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Serving the Towns of Bethlehem &

Chief to nominate Corsi for top post

By SUSAN GRAVES

Bethlehem Police Chief Richard LaChappelle, who is retiring this month, will recommend the appointment of Deputy Chief Louis G. Corsi to the chief's position at the town board meeting tonight.

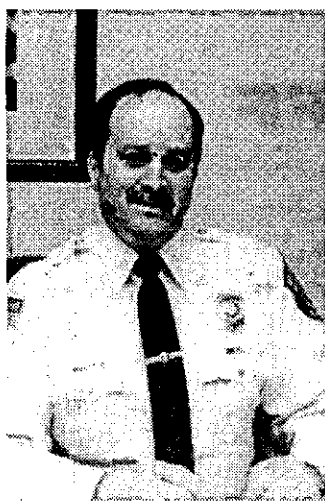
"I've known Lou since he came on board in July of 1985 and since he became deputy chief in December of 2001, he's shown himself to be an excellent administrator," LaChappelle said.

"His goal — as my goal has been — is that he wants to provide the best service for the town," he added, "We're on the same page. Lou's concern for the community is foremost."

LaChappelle said Corsi, 45, has "infinite patience and unusual wisdom for a man his age."

Reflecting on his tenure as chief since 1991, LaChappelle said if Corsi is appointed, "He will be left with a police department that is experienced and full of integrity and a force that shares in the direction for the future that's in the best interest of the town."

Corsi, a graduate of Ravena-Coeymans-Selkirk High School and Schenectady County Community



Louis Corsi

College with a degree in criminal justice, is currently completing work on a bachelor's degree at the University at Albany.

He said he knew since he was a child that police work was his chosen field.

"Since I was a little kid, it's all I ever wanted to do. ... It's a great opportunity to serve your community and a great profession and a great career."

Corsi worked for the town of Coeymans Police Department and the Albany County Sheriff's Department before joining the Bethlehem force.

Today, both Corsi and LaChappelle point to programs that have strengthened ties with the Bethlehem community. They said the school resource officer program, DARE and the Family Services Unit all serve to

bring the police and the community closer together.

One major concern of the department is computer-generated crimes. Corsi said that with computers in almost every home, "Children are vulnerable and the police recognize the potential threat there."

"The school resource officer is probably

□ CORSI/page 28

Off and running



The start of the Delmar Dash kids race last Sunday.

Jim Franco

Possible candidates weigh options

By KRISTEN OLBY

With Bethlehem's Republican and Democratic committees expected to announce their official candidates for the town supervisor post next month, several potential candidates are weighing their options.

Republican Supervisor Sheila Fuller announced in March she will not seek a sixth term after 10 years at the helm. The full-time position has an annual salary of \$87,806.

Among those considering a run for the town's top seat is Republican Michael Tucker, who has served as chairman of the town Industrial Development Agency for the last five years.

"As IDA Chairman, I have worked closely with Sheila Fuller over the past five years and have

□ WEIGH/page 28

Davis will step down after term ends

By SUSAN GRAVES

Bethlehem town board member Doris Davis will not seek another term in November.

Davis, a Delmar resident since 1965, said she and her husband decided they wanted to be able to travel more extensively when they retired.

"If I served for another term, I would not be able to do that," she said.

"When I retired, and Jim had retired previously, we realized we didn't feel we could travel to the extent we wanted to and fulfill my town board responsibilities," Davis said.

"I've enjoyed what I've done much because of the people in this town — they care, and it's important that people care," she said of her board service.

Davis first entered public service in 1991 when she was appointed to the planning board. In 1994, she was appointed to the town board and elected that same year, after filling the unexpired term of

Sheila Fuller who became supervisor. Davis ran again in 1995 and was elected to her first full four-year term.

She said one of the most pressing issues that faced the board during her tenure was water.

"A big issue was whether the water (from the new plant on Schermerhorn Island) would be used for drinking water," she said.

In the end, the water from the plant was used primarily for industrial use.

Davis, one of the founders of Bethlehem Youth Court, has been an active supporter of

many advocacy groups in the town including Citizens for Pedestrian Safety and the town traffic safety group.

"It's (traffic/pedestrian safety) an ongoing issue," and some headway has been made, Davis said.

She referred to greater awareness of crosswalk law, and lights to slow traffic down near St. Thomas and the middle school.

In addition, she said representatives from safety groups go into the schools to spread the word to children. She also said more sidewalks have been installed since safety groups were formed.

Davis has also been an advocate for senior citizens and serves on the Bethlehem Senior Projects board.

"I was attacked for supporting zoning," that paved the way for the development of Marie Rose Manor, she said.

And she recalls "fighting really hard" for the boat launch in Henry Hudson Park.

Overall, Davis said her town board service has been rewarding. "I've enjoyed meeting the people I've met — it's a very special town."

"Her commitment and enthusiasm for town government made it a pleasure to work with Doris," Fuller said. "Her positive can-do attitude certainly helped us through many difficult times."

"Bethlehem is a better place because of Doris Davis," Fuller added.



Doris Davis



State smoking ban perplexing to some bar owners

By KRISTEN OLBY

Walk in to My Place & Co. restaurant in Delmar on any given night and you're likely to find a crowd of sports enthusiasts watching the big game while sipping beer, enjoying food and puffing on a cigarette.

Beginning this July, the smoke

inside My Place will be a thing of the past. Under a law signed by Gov. George Pataki last month, smoking will be banned in every workplace, bar and restaurant — just about anywhere people socialize. But several loopholes in the law that allow smoking in certain situations have left some business owners perplexed and

frustrated.

"They can't smoke here, but they can smoke in different associations that are membership driven," said Jim Giacone, owner of My Place & Co.

While smoking is banned in most establishments, it remains legal at membership clubs such as a VFW or Knights of Columbus: "In which all of the duties ... are performed by members of the association who do not receive compensation of any kind," according to the law.

The exception has Giacone

concerned his clients will travel to membership organizations where they can drink and enjoy a smoke at the same time.

"I definitely feel there will be some migration of customers," he said.

In the warm weather, smokers will likely head down the street to Beff's on Delaware Avenue where they can light up on the outdoor patio. Under the law, smoking is permitted in restaurants that have outdoor dining areas, "with no roof or other ceiling enclosure ... in a contiguous area designated

for smoking so long as it constitutes no more than 25 percent of the outdoor seating area."

Beff's will have six tables that can seat up to 26 people allotted for smokers, and manager David Ainsworth expects the patio to be a hot spot.

But the benefit does have its downside, "I'm afraid with it being the only place people can smoke people will stay longer, slowing our table turnover," said Ainsworth.

A member of the Empire State Restaurant & Tavern Association, Giacone had been working with county legislators to create a countywide smoking ban that would have made some exceptions for smoking in certain areas.

"We were railroaded with backdoor legislation," Giacone says of the state law that was passed less than two hours after a vote in the Assembly.

Wiggle room is exactly what Giacone would like to see implemented.

He said he is pushing for an amendment that would include, "A grandfather clause with a reasonable compromise we can all live with," such as a separate smoking room with proper ventilation.

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BC board names new principal

By RONALD E. CAMPBELL

Katherine Kloss will become principal of Elsmere Elementary School when the school's longtime head, Dorothy Whitney, retires June 30.

"Kate is a very bright, committed and capable educator. She will be a great addition to our administrative staff," said school Superintendent Les Loomis.

The board appointed Kloss at its March 26 meeting.



Kloss

Kloss, currently principal of Waterford-Halfmoon Elementary School, has had administrative and teaching assignments in Schaghticoke, Colonie, Rotterdam and Voorheesville over the last six years. Prior to that, she taught in Texas and Maryland before moving to the Capital District.

The Delhi, Delaware County, native graduated from Catholic University in Washington, D.C., and has a master's degree from Trinity College, also in

Washington. She has done additional graduate work at the University at Albany and is a state certified school district administrator. She is finishing up work at the University at Albany toward a certificate of advanced studies in educational administration.

Kloss said she applied for the position because of the school district's reputation.

"I am very enthusiastic about joining the district and becoming part of this community. And I am looking forward to working with the very fine staff at Elsmere," she said.

In fact, she and her husband plan to move from Round Lake to a location in the Bethlehem school district, so their children can be educated in the district.

Her husband Andy, an architect, does consulting work from home. They have a 2-and-a-half-year-old son, Stefan, and are expecting another child in the fall. Kloss said her husband is a stay-at-home dad and able to conduct his business and tend to Stefan during the day.

The selection process for the principal's job was rigorous. After screening more than 20 applications, a school district committee conducted two rounds of interviews before selecting Kloss.



Many tree limbs in Bethlehem were low to the ground last weekend after an ice storm.

Jim Franco

Weekend storms wreak havoc

By KRISTEN OLBY

The calendar may say spring has arrived, but winter weather made a comeback last weekend as freezing rain, snow, sleet and ice fell from up above.

Heavy layers of ice brought tree limbs and power lines crashing to the ground throughout Bethlehem, blocking roads and leaving many residents in the dark. By late Monday afternoon, roughly 4,400 Niagara Mohawk customers were still without power in Bethlehem, along with another 100 in both Voorheesville and New Scotland.

"In some cases, just the weight of the ice will bring down wires and snap poles," said Niagara Mohawk spokesman Steve Brady.

NIMO's power system suffered severe structural damage according to Brady, with several transformers exploding, setting off an array of high-flying sparks.

Roughly 150 utility crews were activated to restore power throughout the Capital District, with much of it back in service by Monday evening.

As lines came tumbling down, firefighters and police scrambled

to secure roadways, including Elm Avenue, where fallen lines halted traffic for several hours Friday night. Bender Lane, Glendale, Snowden and Lincoln avenues were all closed for a portion of the weekend.

"We were up day and night," said Elsmere Fire Department Chief Ned Costigan.

The 76-member volunteer department worked round the clock responding to at least 30 calls for help, with many still pouring in Monday morning.

"That's like a month's worth of calls in two nights," said Costigan.

In addition to downed power lines and trees, the company answered calls for flooded basements and house fires. A home in Glenmont's Colonial Acres caught fire after hot lamps were left on furniture.

"Fortunately, they were home and smelled it and caught it," said Costigan.

Volunteer firefighters with the

Delmar Fire Department were also swamped, answering 28 calls for downed lines and trees over the weekend.

"We pretty much didn't leave here; we just waited for the next alarm," said Chief David Languish.

It was much the same situation for Bethlehem police, who started fielding storm-related calls Friday morning and didn't stop until Monday after-

We had over 150 calls that were just storm related.

Thomas Heffernan Jr.

noon. "We had over 150 calls that were just storm related," said Sgt. Thomas Heffernan Jr.

Officers were called in or asked to work overtime to cover the influx.

"It's always difficult when you have power outages. You start getting alarms when power comes on or off," said Heffernan.

By Monday evening, police and fire departments throughout Bethlehem were ready for a good rest and the arrival of spring weather.

Town OKs AT&T plan for several antennas

By KRISTEN OLBY

Static plagued cell phone calls are about to get clearer for AT&T Wireless customers. The company has been granted permission to add several communication antennas to existing cell phone towers in Bethlehem.

"The town of Bethlehem does not have adequate service coverage, in fact, there are no AT&T facilities currently in the town," said John Pappano, a Buffalo-based attorney representing AT&T.

The zoning board of appeals recently granted AT&T permission to collocate up to six antennas on communication towers located on Old Quarry Road in Selkirk and Jolley Road in Glenmont.

In keeping with the town's

telecommunication law, which encourages shared use of communication towers, AT&T sought a special permit to add the antennas rather than attempting to build additional towers. The directional panels will be 51-inches tall and 8 inches in width, with up to six placed on each tower.

"It will really be difficult to notice from a distance on this tower given the sheer size of the tower," said AT&T engineer Scott Heffernan of the Old Quarry Road location.

Board members seemed to agree, finding little aesthetic or negative environmental effect as a result of the additional antennas.

"I think any impact is already there. There's very little being added to it other than some panels and there's very little environmental impact," said board member Marjory O'Brien.

The board voted unanimously in favor of granting the special permit at its April 2 meeting, with Chairman Michael Hodom absent due to illness.

The mounting of the antennas and construction of two equipment cabinets on each site will take about a month to complete. But the company's work in Bethlehem is expected to continue. AT&T is considering adding an additional antenna to the Delmar water tank on Kenwood Avenue.

Woman dies following wrong-way crash

An elderly Delmar woman was killed after her car hit a tractor-trailer head-on Monday morning on Interstate 90 near the Harriman State Office Campus.

The 10 a.m. accident snarled traffic in the area for several hours as police investigated.

Eleanor Haywood, 90, of Orchard Street in Delmar crashed her sedan after she entered I-90 from the Exit 3 off-ramp, driving east in the westbound lane.

Police said Haywood drove nearly 100 yards before hitting

the tractor-trailer driven by Artur Formejster of Chicopee, Mass.

Haywood was extricated from the car and pronounced dead at Albany Medical Center Hospital.

Formejster, 30, was not injured or ticketed.

Town police probe armed burglary

By KRISTEN OLBY

Bethlehem police are investigating a home invasion and armed robbery at a North Bethlehem home on Friday, April 4.

Police were summoned the home when a panic alarm went off

around 8 p.m. The homeowner, 57-year-old Robert Wilson, told police that when he arrived at his house and pulled into his garage, three black males with handguns confronted him.

The suspects forced Wilson into the house, where he was bound and assaulted, suffering head injuries, according to police.

Wilson's wife, child and grandchild were home during the assault, but were unharmed.

The three men got away with

cash, jewelry, two fur coats and other property in an unknown car that may have been parked on Russell Road near the Thruway overpass.

Wilson was later charged by Albany City Police with criminal sale of narcotics stemming from an outstanding warrant.

Police are asking anyone who with information or those who may have been in the vicinity of Russell Road on Friday night to call them at 439-9973.

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Winter's clutches have driven us over the edge

BY KATHERINE MCCARTHY

Here's a sure sign that the weather has us down: Last week, two people offered to give me their children outright, and one boy told me his dad was going to put him up for sale for \$8,000.

One friend offered me her daughter, telling me I should really have the experience of parenting a girl. Another said that to better understand her life with three sons, she'd be glad to loan me one.

As for the boy with the price on his head, I suppose the logic there was that he's toilet trained, does well at school, eats relatively little, and plays outdoors a lot.

Of course, nobody would actually part with a child — well, maybe for a play date, a sleep-over, or a weekend — but the nerves that were loosening when we were raking and looking at crocus buds tightened in last week's rainy gloom. As ice and tree branches crashed onto our roofs, decks and lawns, those nerves stretched taut.

"I feel like I live in a box with all these gray skies," 10-year-old Cormac said on the way to school last week. That was before ice caused a snow day, a reason for the kids to rejoice and parents everywhere to wonder what injustices we had wreaked that the gods above felt fit to punish us with a return of winter.

Cormac's box felt like a perfect

COMMENTARY:

*Mom's
the
Word*



analogy, and it was hard to be the grown-up and remind him that better weather would come and stay someday soon. I was reminded of my most literal sibling, Patrick, who once reported at dinner that he'd checked and spring was absolutely not just around the corner.

The unrelenting winter, coupled with news of the war, makes it far too easy to brood and second-guess ourselves in these early April days.

Wishing for springtime brings to mind other things I miss, primarily the family members who've left this earth before us. Gazing out the kitchen window at the tree house that could use some repair work, I think about my father, who was so delighted to be the moving force behind its construction. What would he think of the small grandsons he built it for, one now towering over me, the other fast approaching my height? I wonder what Chris' father, who died just after Christopher was born, would think of these boys he never met, as well as his daughter's son, a 3-year-old whose growing use of

language amuses and delights us all. The fourth anniversary of my brother-in-law's death recently passed, and there's nothing to do for that sorrow but to let that day be full of him.

The fancy café we've all wanted in our town recently opened, and with it comes a reminder of our friend Nancy, whose mid-life dream had been to have a small bakery, with good coffee in her hometown.

Perhaps waking up and smelling the coffee is the best way we can honor these people who remain so alive in our hearts and minds. Especially in a time of war, we are blessed to be alive, to live in a safe place and to have the luxury of using late winter to brood about what changes we want to make in our lives.

Being stuck inside is a good opportunity to put things in order. Perhaps, with winter gasping a final breath, I will finally sort through all the toys I took out of the playroom when we painted it during the February break. Some need to be donated, some need to be stored in the cellar and some need to be tossed. Other people may have more lofty goals, but it would be good to have the toys out of the dining room before the April vacation starts.

A close examination of our lives in this wartime winter has left us feeling grateful for the important things in our lives. Sure, our children could fuss less about homework, be more

obedient and certainly do more chores around the house, but they are here, they are funny and they have taught us more about love than we ever thought we needed to learn.

Our cozy house is a gift, too. It could use a fresh coat of paint and some new wallpaper, but it is a solid, warm shelter that cradles the four of us. As our boys move into their teen years and it feels like no space on earth is big enough for them, we wonder if we should move to a bigger house, but they are adamant that they don't want to leave.

In truth, it's nice to be able to casually cruise by the computer when they're on it and to hear their voices chatting in their upstairs bedroom when they have just turned out the light at night.

Chris and I spend a lot of time thinking about our work and our lives, wondering if we're living up to our expectations, if we're setting a good example for our children and if we should be doing things any differently. That can be a slippery slope, and it's hard to balance appreciating all

the good things we have with wondering if we're on the right track.

My wondering gets put aside when my children come home from school and chaos ensues. Sure, it can be a trial to see jackets and backpacks strewn on the kitchen floor, and the noise that boys make inside a house can threaten to pop the top of this box right off.

It's fleeting though, for mostly they and their friends head outside to continue the game they've invented, assigning each other powers, claiming bases and wielding sticks that they have named, but never strike each other (within my sight, anyway). Eventually, they drift inside for the modern-day pursuits of computers and video games, friends head home and the day slides into evening.

The homework and bedtime routine still dominates the night and leave us little time to worry. Stealing one more kiss from our sleeping boys, it occurs to me that this life, even inside a box, is a pretty great thing.

Easter Bunny to visit bank

The Easter Bunny will be at Pioneer Savings Bank at Town Squire Shopping Center in Glenmont on Saturday, April 19, from 10 a.m. to 1 p.m.

The bunny will be giving out Easter treats, and parents are encouraged to bring cameras for

pictures with the bunny.

All residents are invited to stop by and visit with the bunny.


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Matters of Opinion

Some Americans misled Protestors fail to grasp big picture

Editor, The Spotlight:

Although a town newspaper such as *The Spotlight* doesn't seem like the correct forum to discuss international politics, a previous article and previous letters have motivated me to add my thoughts to the thread.

Many Americans have allowed themselves to be misled into believing there is a connection between Iraq and the horrible attacks of Sept. 11. But even our own intelligence agencies stated there was no connection. Wanting to bomb Iraq because of Sept. 11 is a complete disconnect.

As Thomas Friedman, an expert in Middle Eastern affairs wrote, "The invasion of Iraq today is not vital to American security. Saddam Hussein has neither the intention nor the capability to threaten America, and is easily deterrable if he did."

As for the case that Colin Powell made to the United Nations, anyone who actually listened to his speech with an objective mind would have heard no overwhelming evidence. He made many declarative statements such as "we know that" and "sources tell us." His photographs were equally unconvincing.

In the end, very little actual evidence was placed on the table. It is not enough for us to read a headline that states "the case was made" to come to conclusions on such important matters.

While there can be no doubt that Saddam Hussein is a barbarous dictator, Iraq is not a threat to the safety of the United States. To attack a sovereign nation without the justification of having solid evidence of imminent danger to our country sets a precedent for other countries to start preemptive wars.

Rather than securing safety, our actions will result in the enlistment of more terrorists to organizations such as al-Qaeda as Middle Eastern Muslims react to our attacks in frustration and anger. A recent *Spotlight* letter writer said that "terrorists.... hate America because it stands for freedom, dignity, and human rights."

This often repeated theme certainly sounds nice for us to

hear, but it is far from the reality of the situation. America is not hated because of those wonderful traits. We are hated because our culture is reviled and because our government has consistently meddled in the affairs of other countries, creating and supporting regimes that are detrimental to its citizens.

There is no question that

Letters

America has made positive contributions to countless countries over the years. But have we forgotten that it was the U.S. that helped put Saddam Hussein in power and armed him so that he would do battle with Iran?

Have we forgotten that we armed Afghanistan in order to defeat the Soviets, and then when the Soviets retreated we pulled out of that country without any assistance to help rebuild it, leaving the way open for the Taliban to come to power? Have we forgotten the ruthless regimes we installed throughout Latin America in order to keep Communism at bay?

Decades later, countries like Nicaragua are still paying the price. I love this country and I too want to "make a better world for our kids," as a letter writer stated. But encouraging other nations to hate us, to kill thousands of Iraqis in order to "bring them democracy," to encourage fanatical hatred of America by our actions, will not make the world a better place for my precious son.

Finally, I heartily protest a letter writer's sentiment that discussing the cost of war and debating issues like better schools and health care "in the context of a threat of this magnitude is to put the cart before the horse." The magnitude of Iraq's threat to us was minuscule, not even worth considering but for the profits its oil represents. Now consider how much good we could have done with the hundred billion dollars or so it will take to destroy and then help rebuild Iraq.

Jim Garry
Delmar

By JOSEPH CARDAMONE

The writer is a resident of Slingerlands.

I believe in the right of free speech, and I believe that people have the right to speak out against the war.

I also believe the opinions and conduct of the anti-war protestors are misguided, selfish and irresponsible. Having the right to do something does not necessarily mean that you should exercise that right without regard to the consequences.

The war on terrorism was started by the terrorists with their unprovoked attack on 9/11 when more than 2,000 of our fellow citizens were murdered. The terrorists had hoped to kill 10 times that many people. The current action in Iraq should not be viewed as a separate war started by the United States but as part of the larger war on terrorism.

Even if there is no direct link between Iraq, for example, and the 9/11 attack, it would be irrelevant. Terrorism is not just about that one attack, it is about a culture of hatred and violence against the United States that permeates the entire Middle East. We fought in World War II to rid the world of tyrants; not just to retaliate for the attack on Pearl Harbor.

Similarly, we should pursue the war on terrorism to rid the world of terrorists and terrorist states, not just as a response to the 9/11 attack.

Most people (65 percent to 70 percent according to recent polls) quietly go about their lives and the business of our country with a clear understanding that the war is necessary.

However, a relatively small but vocal group of people appear to be willing to raise the white flag and surrender to the terrorists, rather than wage war. These people insist that war is not the answer; however, they offer no alternative solutions. They appear to be acting out of a selfish need to indulge their personal aversion to war without any regard to the

Point of View

fact that doing nothing in the face of terrorism will risk the safety of this country and the lives of their fellow citizens. It would be one thing to say I see the need for the war but, for personal reasons, I remain a pacifist. It is an entirely different situation to try to force your country to surrender just so that you can feel better about yourself.

The protestors point out the obvious, that the war is costly and may result in many casualties. I suggest that this is used to dramatize their opposition to the war rather than as a reason. I suspect that they would be no less opposed to the war if it cost less and there were few casualties. It appears that many protestors choose to protest simply because they can and not because they actually believe that doing nothing about terrorism will make it go away.

The protestors argue that money could be better spent on domestic social programs. Even with more social programs, what would the quality of our lives be if we live in constant fear of more terrorist attacks while we hide in our homes with a "survival" kit of duct tape and bottled water?

It is a fact of life that our self-preservation must come first, regardless of the cost. It should also be pointed out that the money and resources expended dealing with the disruption caused by the protestors could be put to better use for homeland security. It is ironic that the protestors have no qualms about terrorizing their own country in an effort to stop the war on terrorism.

The protestors argue that our war on terrorism only invites more terrorism. This is a spurious argument. The terrorists have already proven that they are willing to attack us without provocation. More importantly, the notion that we should not fight terrorists for fear that we will make them angry is to acknowledge that they pose a real threat to this country while, at the same time, choosing to live in fear and be willing to give up our freedom.

Finally, it proves the point that Iraq is a terrorist state if terrorists would feel compelled to attack in retaliation. I doubt that we would worry about terrorist reprisals if we were invading a country not in the Middle East.

Great concern is shown for the possible loss of "innocent" civilian lives in Iraq. Yet, at the same time, it is argued that the war on terrorism will only serve to hasten the recruitment of a new generation of terrorists. It must be, then, that terrorism is a way of life that is readily accepted by people throughout the Middle East.

The response to the 9/11 attack of people rejoicing in the streets only serves to show that many are, at least, guilty of complicity in terrorism.

Terrorism is, by and large, a grass-roots enterprise conducted by civilians who are encouraged by their fellow citizens and inspired by calls for a holy war from their governmental and religious leaders. You have to question the innocence of these civilians.

Some protestors argue that we can contain Iraq and other terrorist states through passive means. History has shown us that the notion of containing threats, rather than confronting and defeating them, is shortsighted and dangerous.

For example, during the Korean War, when we finally started to turn the tide against the North Koreans, Gen. MacArthur advised President Truman that we should finish the job and push the enemy all the way to the Chinese border. President Truman refused, in the belief that North Korea could be contained. We can see the folly of that decision. North Korea is as much a threat to the world now as it was then.

Some protestors raise the issue of world opinion. Our most vocal critics, France, Germany and Russia, are not motivated by a sincere desire for peace. They are motivated by the self-interest of maintaining relations with the current regime in Iraq and by their desire to recapture a measure of lost power in the community of nations.

I wonder how they would react if the terrorists had attacked Paris, Berlin or Moscow? I agree with President Bush that our national security is not subject to the approval of other countries.

Some protestors question the president's motives and suggest that the action against Iraq is a personal vendetta. The easy and only answer is that we all should be outraged by the 9/11 attack and the constant threats of more terrorist attacks. We should take it personally when our country is attacked and our fellow citizens are murdered. The 9/11 attack should be our call to arms to rid the world of all terrorist and terrorist states. I suggest that it is time for the self-righteous protestor to exhibit some righteous indignation and join our nation's call to action.

No amount of rallies, slogans and misguided visits to Baghdad will make the problem go away. This willful and childlike approach to the realities of the world is doing as much harm to our national security as the terrorists. It makes us look weak and ineffectual to our enemies, giving them comfort and cause to resist.

If history has taught us anything, it is that the only way to deal with threats, such as those posed by terrorists and the countries that support them, is to have the resolve to take decisive action and see the job through to its conclusion.

The only real solution is to pursue unrelenting war on terrorists and terrorist countries until their ability to commit acts of terrorism no longer exist.

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Matters of Opinion

Iraq war: Lest we forget the lessons of history

Thanks to veterans park supporters

Editor, The Spotlight:

I have been reading the recent flurry of letters in *The Spotlight* concerning people's opinions on whether America should be involved in the war in Iraq and the apparent lack of support for our president and our military troops deployed overseas.

My question is: Have we forgotten? It is sadly ironic that it has taken past horrific events to place things into perspective. The lessons learned, the things we had taken for granted, the seeming improvement of our national character, the vulnerability that taught us to appreciate the fragility of life seems to have been forgotten. Why has the flag-waving stopped, where are the yellow ribbons and our unity?

Whether or not you support this war, the debate is over! Whether or not you support our president, nobody wants war. Whether or not Iraq harbors terrorists, there are people in the world who are not terrorists, but do have resentments toward the United States and who hate Americans. Though I disagree with your comments and your facts, I also realize that you have a right to say them. What I don't agree with is how you justify your comments by claiming that you care about the loss of innocent lives. I strongly disagree that our president committed our troops to war for the purpose of taking innocent lives. I believe he did it to protect innocent lives.

What are you doing to deserve the successes and freedoms you are enjoying besides complaining and placing blame? It appears you fail to realize that perhaps you have obtained your success and the freedoms you enjoy each day because of our great nation and its American servicemen and women who are sacrificing their very lives for these freedoms that you take for granted. I don't know about you, but I have enjoyed feeling safe in the United States, but the recent terrorist attacks have left me fearful in my own country. For the first time, I am worried about mine and my children's safety. Now, I thank God every time I leave a mall or road and arrive home safely.

The split in our views about the war is only contributing to energy that creates war and it is impossible to "fight" for peace. The only way to stop war is to get peaceful. It's impossible to create peace and harmony if you are condemning

President George W. Bush, Dick Cheney or Colin Powell. You don't have to agree with them, but don't contribute to the energy that creates war by placing blame. To create peace, you have to be peaceful. The only way to do that is to begin with yourself. It may sound trite, but the best thing we all could do right now is to pray for the protection of our service men and women; that our president and his advisers and our military leaders continue to make the best decisions they can.

There is no doubt that we are in a very frightening and position right now; that doesn't mean we are powerless to change it. But I believe that the only way to do so is to change our thoughts and emotions from anger and fear to compassion and peace. Let's not "feed" our negative energy, but send our positive energy and compassion to them.

Marianne C. Brownell
Selkirk

Editor, The Spotlight:

A resounding thanks to the anonymous donor to the Bethlehem Veterans Park Restoration and Enhancement fund. A \$500 challenge was posed to the community and within three weeks — through the efforts of word of mouth, the press and our Web site — the challenge was met.

Bethlehem First Beautification committee, the park's original sponsor, stepped up to the plate and generously gave to the cause.

A special mention to Merri Meisland, Karen Kermani, Shirley Seymour, Bob Horn, Ted Howell and Elaine Loder from the Beautification Group the town for their unwavering support.

As an update on the park's activities, there will be a Veterans Valor Exhibit at Bethlehem Public Library and a community art display at town hall, exemplifying our American heritage.

Both collections will be available for public viewing during May. On June 18, the park will be featured on the Bethlehem Garden Club's annual garden tour

giving our town residents an opportunity to see what a village can do with personal community commitments. Sandra Walck, our local landscape designer, has given hundreds of hours to prepare the park for public appreciation. Keep posted for

details or visit the Web site at bethlehemfirst.com/veteranspark.

Bricks are still available for veterans and non-veterans. Forms are on the Web or at town hall.

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Matters of Opinion

Thanks to all who helped on pageant

Editor, The Spotlight:

On behalf of Ms. Wheelchair New York, I would like to thank the businesses and local volunteers who contributed to our recent state pageant held in Delmar.

A special thanks to Blanchard Kenney, club manager, and the staff of the Normanside Country Club for welcoming us, their excellent service, fine food and

for making our day go smoothly.

We salute Bruegger's Bagels and Verstandig's Florist for their in-kind donations to the event. We also thank the following Delmar volunteers for their help on the day of the pageant: Nancy Heinzen, Janet Griffen, Sandy DiNoto, and Joshua and Daniel Gally.

Delmar resident, Cindy Hill, concluded her year as Ms.

Wheelchair New York 2002 at this event. We are a richer organization for her involvement and her enthusiastic advocacy efforts shared on behalf of all individuals with a disability.

Many thanks to all for supporting our cause.

Denise DiNoto
state coordinator

Ms. Wheelchair New York

Kudos to Kim Wise for BC coaching magic

Editor, The Spotlight:

What an unbelievable display of coaching magic.

Bethlehem Central girls varsity basketball coach Kim Wise has made us as proud as could be as parents, students, alumni and former players as we watched the varsity girls play their hearts out over the past 10

years, especially throughout the 2003 season.

How exciting it has been to watch Kim in action coaching her team to the state championship and watching her players radiate respect and admiration for their coach and friend.

Kim has been a coach that not only knows the game of basketball but a person who has clearly taught her players how to respect the game, their teammates and their competitors.

Thanks to Kim Wise, Bethlehem girls' athletics has been raised to a higher standard and we will be forever grateful. We will miss you Kim. Thank you for making us so proud.

Donna Vogel McGinnis

Wendy Vogel

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Matters of Opinion

Thanks to Fuller for years of service

Editor, The Spotlight:

Over the years, Supervisor Sheila Fuller has attended to the everyday business at hand to give the residents of the town of Bethlehem a home to be proud of. Many hours of planning, thought and consideration go into every decision. During the course of these years, I have had occasion to deal directly with the supervisor, both personally and professionally.

As chairperson of the Albany County Volunteer Emergency Services Recruitment and Retention Committee, my professional experience with her always very supportive of the town's volunteer community. In this day and age of dwindling numbers in the volunteer ranks, it is important that the volunteers in every community have the complete support of its civic leaders. Fortunately for the residents and the town of Bethlehem fire and rescue volunteers, Supervisor Fuller has been a true proponent of these organizations, understanding that without these volunteers, the services that town residents have come to expect would surely become very expensive to continue.

As a homeowner in the immediate landslide area of 2000, I had communication with Supervisor Fuller on a much more personal basis. Working and coordinating with so many different public services must have been a nightmare of sorts for the supervisor to deal with. I was putting an addition on my house. My family and I were understandably upset about the entire situation. Wondering if my property was going to fall into the Normanside Creek made for very anxious times. I found that whenever I needed a question answered, all I had to do was call or stop by town hall. I didn't always get the answers I wanted, but in the overview got the best possible answer given the enormous emergency at hand.

Imagine my surprise when CDTA started running up and down my tiny street early every morning. The sightseers, the litter, the noise. No, I didn't get every answer I wanted. In retrospect, the inconvenience turned out to be small in comparison to what I was envisioning as worst case scenario. With Supervisor Fuller's guidance, we survived landslide 2000.

Thank you Supervisor Fuller for your many years of fair and impartial service to the residents of the town of Bethlehem and for contributing so very much to our quality of life. Enjoy your retirement, you deserve it.

Stephen R. Wright
Elsmere

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Matters of Opinion

Reader takes issue with anti-war argument

Editor, The Spotlight:
Over the last several weeks, I have read with interest the various letters to the editor promoting "peace: and/or critical of our country's war with Iraq. Ursula R. Mertz's letter published on April 2, 2003, however, has forced me to respond.
Let me first point out where Ms. Mertz and I agree. I agree with Ms. Mertz that no one

should uncritically accept the statements of President Bush, or the statements of any other governmental leader for that matter. We should all scrutinize the actions of our leaders because that is what keeps them accountable. Additionally, I, like Ms. Mertz, am glad I live in a country where one can express dissent. That tradition is what sets America apart from many

other countries in the world. Just like we shouldn't "uncritically accept" the statements of our leaders, we should not "uncritically accept" the absurd analogies of some who are opposed to the current war, like Ms. Mertz's implication that President Bush's policies are akin to Adolph Hitler's. According to Ms. Mertz, President Bush's statements "call up frightening


memories" because some of Hitler's phrases "very convincingly expounded on preemptive strikes and blitzkrieg, and God Almighty (der Allmaechtige) was called upon him and always on his side."
President Bush's policy goals for the war against Iraq are: 1. the enforcement of international law as expressed by numerous United Nations resolutions; 2. the disarmament of a regime that has invaded its neighbors, harbors terrorists and has used weapons of mass destruction against its neighbors and its own people; and 3. the liberation of the people of Iraq from a regime that regularly tortures, murders and rapes its people for dissenting.

like any war (like most people), I am willing to bet whose side he would rather be on if he had to choose between the two above.
If those opposed to the war want to debate whether Iraq was enough of a threat to justify war, that's a legitimate debate to have. Making insulting comparisons between President Bush and Hitler, however, adds nothing to legitimate debate and only further demonstrates the thinking of some who oppose the war.

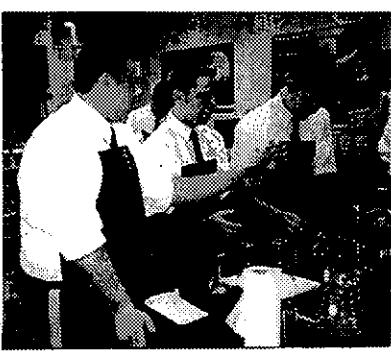
Ms. Mertz concludes her letter by stating that she is glad that "ample resources are available to inform oneself, other than Mr. Bush and his circle or Web sites of extremist fringe groups." Again, I also am glad we have ample information sources in this country. Based on Ms. Mertz's letter, however, it appears she is the one who has been surfing the Web sites of extremist fringe groups.

Peter A. Lauricella
Glenmont

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A LOOK AT GROWTH HORMONE

New research shows that the health disadvantages of using growth hormone to fight the aging process far outweigh any benefit it may carry. According to the study, men and women treated with growth hormone alone or in combination with sex hormones showed a significant increase in lean body mass and a decrease in fat. While muscle mass increased, however, their strength did not, meaning that the cells in the lean body tissues simply had more water in them. Thus, the treatment changed the architecture of the body without improving its function. Another problem with hormone treatment is the side effects. Forty percent of the men and women in the study experienced swelling, joint pain, and glucose intolerance or diabetes.

Taking hormones or any medication always carries some risk, risks we are not always aware of. At Good Samaritan Lutheran Health Care Center, 125 Rockefeller Road, Delmar, we stay on top of medications for our residents so their optimum health is assured. Call us at 439-8116 for more information.

Grants help to enhance services

Grant money is harder to come by these days, as state and federal money gets spread thin and investments go flat. Nevertheless, the library recently received a second technology grant from the Albany County Legislature.

The first grant, \$13,750 received in 2001, was used to purchase our wireless computer lab. This lab has resulted in ongoing computer instruction

Check It Out Bethlehem Public Library

workshops popular with our patrons, as well as instruction for our staff on the fine points of our new cataloging system.

The second county grant, in the amount of \$6,705 (25 cents per capita) will be used to expand and enhance the lab. This will allow for larger class sizes and shorter waiting lists.

Taught by library staff, our computer workshops for patrons have included instruction in the basics of computer use, overviews of our library catalog and databases, basic and advanced Internet search techniques, Web sites for senior citizens, genealogy searching, and more. These workshops are ongoing and repeated. Upcoming workshop dates and times are posted regularly in the library newsletter footnotes, on our Web site www.bethlehempubliclibrary.org (click on Programs) and in local papers.

More grants

We have recently received a New York State Education Law Public Library Construction grant in the amount of \$2,987 to help pay for new automatic doors. We will apply to the New York State Energy Research & Development Authority for money to offset expenses for new lighting

fixtures. We were also selected to receive state funding in the amount of \$15,900 through a special legislative grant of the Community Services Provider Assistance Program to help pay for parking lot repaving completed in 2002.

Past grants have included a \$13,406 Parent and Child Library Grant from the New York State Library in 1999, which funded a multimedia educational project promoting successful homework learning.

An American Library Association grant, matched by Friends of Bethlehem Public Library, allowed us to host author June Jordan as part of the New York State Writers Institute's 1999-2000 season. The New York State Council on the Arts, through Poets & Writers, Inc., helped to fund a poetry workshop

with Susan Fantl Spivak in 2000.

Board petition deadline

A reminder: nominating petitions for three vacancies on the Bethlehem Public Library board of trustees are available in the office of the library director. Terms of office begin July 1. Vacancies are seat-specific.

Two of the seats are for a full five-year term; one is for a partial term of three years.

Petitions must contain at least 75 signatures of voters residing in Central School District No. 6 of the towns of Bethlehem and New Scotland. Petitions must be filed with the district clerk, 90 Adams Place, Delmar by 5 p.m. on Monday, April 21.

Election Day is May 20 from 7 a.m. to 9 p.m. at Bethlehem Central Middle School.

Louise Grieco

Bethlehem seniors to host program on consumer fraud

Bethlehem Senior Citizens will sponsor a program about consumer fraud tactics with Brian Butler of the state Attorney General's Office on Thursday, April 10, at 1 p.m. in the town hall auditorium at 445 Delaware Ave. in Delmar.

Butler will share his

knowledge and expertise about what to look for when your roof is in need of repair or your driveway needs resurfacing.

There will be time for questions and answers.

Coffee and desert will be served.

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Ambulance volunteers to serve breakfast

Voorheesville Area Ambulance volunteers will serve their annual breakfast on Sunday, April 13, from 7 a.m. to noon at the Legion Post on Voorheesville Avenue.

The cost is \$5 for adults and \$3.50 for children age 5 to 12. Tickets will be sold at the door.

Kiwanis to hold Meet and Greet Night

The New Scotland Kiwanis Club will hold a Meet and Greet night on Thursday, April 10, at 7:30 p.m. in the basement meeting room of New Scotland Presbyterian Church on Route 85.

The event is to better acquaint area residents with the objectives and community services of the organization and to stimulate

NEWS NOTES

Voorheesville
Betsy Glath
765-4415



membership interest.

Refreshments will be served. Everyone is invited to attend.

PTA to hold meeting

The next regular meeting for the Voorheesville PTA will be on Thursday, April 10, at 7:30 p.m. in the library at the elementary school. All are welcome to attend.

Five Rivers sets teacher workshop

A Project WET teacher

workshop will be held on Saturday, April 12, from 10 a.m. to 3 p.m. at Five Rivers Environmental Education Center, 56 Game Farm Road.

The workshop, open to teacher and youth leaders, will introduce Project WET (Water Education for Teachers), an inter-disciplinary program which emphasizes water and the creatures that inhabit it.

Participants should dress for the outdoors and must pre-register. For information, call 475-0291.

Friday fish fry

The New Salem Volunteer Fire Department is serving its annual fish fry dinners Fridays through April 18 from 4:30 to 7 p.m. at the firehouse on Route 85A.

Dinners include fish fry, clam roll, french fries, baked potato,

coleslaw and a beverage. New England clam chowder and dessert are also available for \$1.50.

Eat-in dinning is offered, or takeouts can be ordered by calling 765-2244.

The cost is \$6.50 for adults, \$6 for seniors and \$4 for children under age 12.

Food co-op orders

Extra Helpings food co-op will be accepting food orders until noon on April 10 for delivery April 24.

Forms and menus can be picked up at New Scotland town hall on Route 85 or at St. Matthew's Church on Mountainview Road.

Each order costs \$14, and payment can be in cash or food stamps.

Teen advisory board to hold first meeting

The first meeting of the new Teen Advisory Board is Friday, April 11, from 4 to 5:30 p.m. at the library.

Teens can join librarian Joyce Laioa to brainstorm activities for the summer and discuss ideas for library programs, especially for you and your friends. Refreshments will be served.

Anyone in grade six and higher can be a part of this group.

The Every Other Thursday

Voorheesville
Public Library



Night Poets are hosting a poetry open mike at the library Saturday, April 12, from noon to 3 p.m. Adults and teens are invited to bring poems to share or just sit back and enjoy the poetry and refreshments.

Electro-acoustic improvisation will be provided by kitchen sync. Sign-ups for the open mike begin at 11:30 a.m. You can register early by phone at 765-2791 or e-mail: vinkb@uhls.lib.ny.us.

EOTNP support group meets April 10 at 7 p.m.

Don't get confused – the May book discussion is meeting at the end of April. Sign up now for Wednesday, April 30, to discuss *The Crusader* by Michael Eisner, a novel set in the Year of Our Lord 1275, in Santa Creus monastery, Spain.

Francisco de Moncada, son of a wealthy family, has returned from the Crusades mute and seemingly possessed. Brother Lucas, an ambitious and crafty monk, has been promised great rewards for himself and his monastery if he can exorcise Francisco's demons.

As Francisco emerges from his madness, he begins to describe the events that motivated him to dedicate himself to free the Holy Land from the "infidel." He tells of his devotion to his cousin Andres, with whom he joined the Knights of Calatrava before embarking on their journey, and his love for Isabel, Andres' sister.

As he recounts his version of the fight for the Holy Land, he unfolds a tale of fierce battles, sieges, sadistic commanders, cruel imprisonment, unimaginable suffering and self-sacrifice.

Copies of the book are available at the reference desk.

Looking ahead to school vacation week: Kids age 6 to 12 are invited to attend a program about fish when a traveling pond from the Dyken Pond Environmental Center visits the library. Registration is limited, so sign up now for Tuesday, April 22, from 10:30 a.m. to noon.

The library board of trustees meets at 7 p.m. on Monday, April 14.

Final spring story hour is April 16.

For program details, library information and links to valuable, fun and educational sites, visit the Web site at www.voorheesville.org.

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Sports

Rodriguez sprints to Delmar Dash championship

By ROB JONAS

Jamie Rodriguez said he isn't good running in cold weather. The other runners in this year's Delmar Dash would beg to differ.

Rodriguez took control of the race one-third of the way into the five-mile road course and cruised to the victory by more than one minute over his nearest competitors in Sunday's race in Delmar.

"I just wanted to go out and establish my pace, and basically hold on to or improve on it," Rodriguez said.

Rodriguez had a 150-yard lead on the rest of the lead pack by the time he made the turn from Oldox Road onto Mosher Road at the one-and-a-half-mile mark. By the time he rounded the final corner onto Elsmere Avenue, there was no one near him.

"I just wanted to go in and run a hard race — try to push myself," said Rodriguez, who finished with a winning time of 25:41.

A more compelling battle took place for second, third and fourth place. **Ben Greenberg** of Slingerlands fended off **Josh Merlis** and **Chris Molison** of Albany for second with a time of 26:54. Merlis passed Molison at the finish line for third place in 26:55.

Albany's **Megan Leitzinger** was the top female finisher.

Club schedules master's 10K race

The Hudson Mohawk Road Runners Club will hold its annual Bill Robinson Memorial Master's Championship Saturday, April 26, at 10 a.m. in Guilderland.

The 10-kilometer race begins and ends at Guilderland High School and follows a road course close to the school. Awards will be presented to the first three male and female finishers in each age group.

The event memorializes **Bill Robinson**, an HMRRRC member who was paralyzed when struck by an automobile while running in 1990.

Runners ages 40 and older can register the day of the race starting at 9 a.m. at Guilderland High School. The entry fee is \$10 for club members and \$12 for non members. A T-shirt will be given to the first 75 runners to register.

The Bill Robinson Memorial Championship is a HMRRRC Grand Prix race, with points counting toward the club championship. It also serves as the Adirondack chapter of the United States Association of Track and Field masters championship.

For information, call **Jim Tierney** at 869-5597.

Leitzinger completed the course in a time of 31:55, 44 seconds ahead of **Kimberly DeRocco** of Cohoes.

The following is a list of age group winners from the Delmar Dash:

Male 15-and-under: **Matthew Shaffer** (Delmar), 30:18.

Female 15-and-under: **Roxanne Wegman** (Delmar), 34:51.

Male 16-19: **Patrick Shaffer** (Delmar), 28:23.

Female 16-19: **Kelsey Hanno** (Candor), 35:37.

Male 20-29: **Chris Molison**

(Albany), 26:55.

Female 20-29: **Michelle Milton** (Loudonville), 35:23.

Male 30-39: **Vincent O'Brien** (Troy), 27:59.

Female 30-39: **Kari Gathen** (Albany), 33:00.

Male 40-49: **Derrick Staley** (Ballston Spa), 28:37.

Female 40-49: **Beth Stalker** (Clifton Park), 33:19.

Male 50-59: **Dale Keenan** (Selkirk), 29:11.

Female 50-59: **Martha DeGrazia** (Slingerlands), 35:54.

Male 60-69: **Jim Moore** (Niskayuna), 39:35.

Male 70-79: **Ed Doucette** (Bennington, Ver.), 39:46.

Chris Cure of Altamont won the kids mile race with a time of 6:43. **Justin Henricks** of Averill Park was second in a time of 7:05, and **Molly Howland** of Delmar finished third in a time of 7:10.

The rest of the top 10 from the kids mile is as follows:

4. **Emily Cure** (Altamont),

7:29; 5. **Lea Cure** (Altamont), 7:35; 6. **Brad Campion** (Delmar), 7:48; 7. **Samantha Giglio** (Albany), 7:52; 8. **Carter Broderick** (Delmar), 8:05; 9. **Steve Booker** (Delmar), 8:19; 10. **Matthew Crawford** (Delmar), 8:32.

More than 370 runners took part in the Delmar Dash, and 27 children participated in the kids mile. The event was sponsored by Bruegger's Bagels, WYJB 95.5 FM and Charter One Bank.

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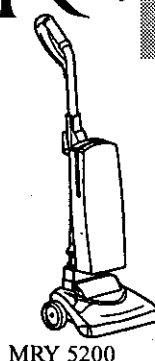


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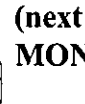
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Got sports news?

The Spotlight welcomes reports on games, updates on local athletes in college and community sports releases.

Information can be faxed to 439-0609 or e-mailed to spotnews@nycap.rr.com. E-mailed photos must be in JPEG or TIFF form.

Soak up some savings with clothes washer rebate

We all do it. Every day, or a couple times a week, maybe on the weekends - we all have to do the laundry! Clean clothes are a must, they make a statement about us. And while we're separating the lights, whites, colors, selecting the detergent and softener, we generally do not give much thought to how much water and energy is consumed when washing clothes. As we see Spring emerge, many of us cannot wait to get the clothesline out to save energy on drying while getting the scent of fresh air on our clothes. This does save energy, but let us look closer

at the washer to see where we can save even more energy and water. You might be very surprised by what you learn.

A conventional clothes washer uses 40 gallons of water to clean a single load of laundry. Do three loads of laundry on the weekend and,

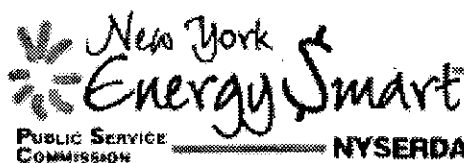


well, get the picture? 120 gallons of water is used this one time! If you do three loads

of laundry per week, with 52 weeks in a year, that equals more than 6,200 gallons of water used each year! WOW. Many of us pay for water from the village, town or city water treatment plant. Some rely on wells and need to be sensitive to water use, especially in times of drought. We often take for granted clean water and wastewater disposal. This can amount to an astounding cost when buying clean water, heating water for washing, disposing of wastewater, and to dig a deeper well.

ENERGY STAR clothes washers, on average, will use

50% less water than most conventional washers and could save you up to 55% per year on your electric bill. The top appliance manufacturers all feature ENERGY STAR



clothes washers in their products lines, available at many of your favorite retailers. With improved design and performance, an ENERGY STAR clothes washer saves water and energy. Less water

use is good for the environment with less treatment needed for wastewater. ENERGY STAR clothes washers have faster spin cycles so the clothes come out drier, needing less time on the clothesline or in the dryer!

To make clothes washers even more affordable, the New York Energy SmartSM program has joined with participating appliance manufacturers to offer a \$100 rebate on ENERGY STAR clothes washers purchased, from a participating retailer, between April 15 and July 15, 2003.

Soak Up Some Savings!

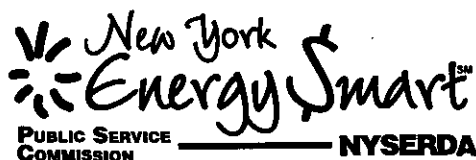
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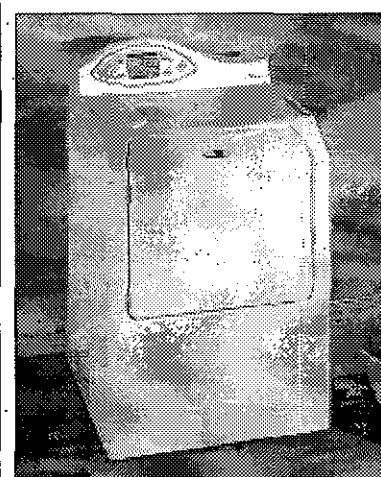
Visit www.GetEnergySmart.org or
call 1-877-NY-SMART for more information.



George E. Pataki, Governor



Money Isn't All You're Saving



Matag Neptune washer

Please visit your local appliance retailers to learn about the benefits of an ENERGY STAR clothes washer and maybe soak up some savings with the \$100 rebate! You will benefit from using a state-of-the-art clothes washer, saving water and energy, plus saving the environment. We all win from this combination. To learn more about the New York Energy SmartSM programs, our Soak Up Some Savings Rebate and to find participating retailers, please visit www.GetEnergySmart.org or call 1-877-NY-SMART.

All New York Energy SmartSM programs are funded by a Systems Benefit Charge (SBC) paid by electric distribution customers of Central Hudson Gas & Electric, Consolidated Edison, New York State Electric & Gas, Niagara Mohawk - a National Grid Company, Orange and Rockland, and Rochester Gas and Electric. NYSERDA, is a public benefit corporation established by law in 1975, administers SBC funds and programs under an agreement with the Public Service Commission.

New York Energy SmartSM programs are designed to lower electricity costs by encouraging energy efficiency as the State's electric utilities move to competition. The programs are available to electric distribution customers (residential, commercial, and industrial) who pay into the Systems Benefits Charge (SBC).

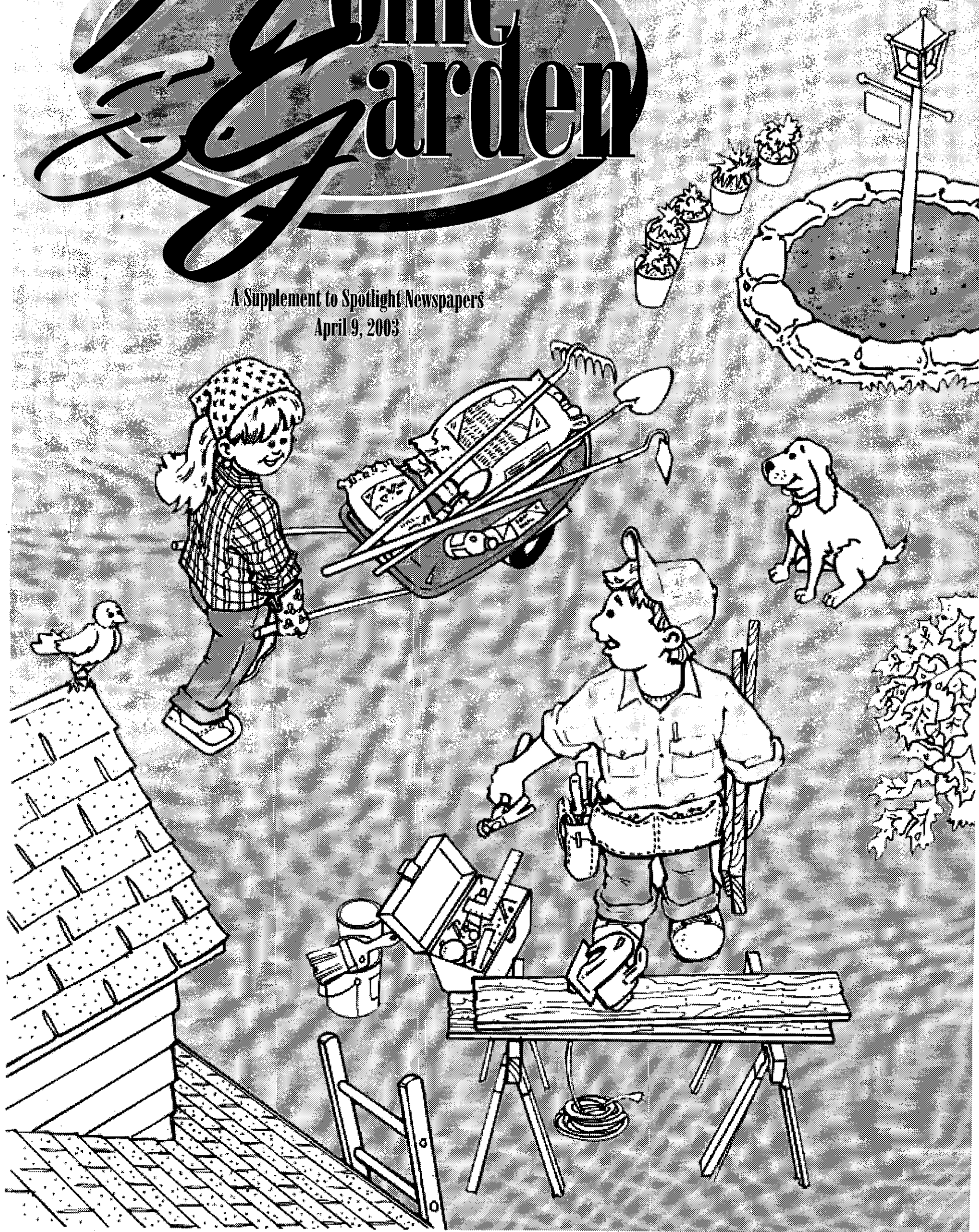
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Spring 2003

Home Garden

A Supplement to Spotlight Newspapers
April 9, 2003

Your guide to getting
your house and grounds
ready for the warm weather



Four inexpensive tips to update rooms for spring

As the fresh breezes of spring blow through your house, sweeping away the winter doldrums, you may be looking for ways to welcome spring to your decor.

Anyone can do that with an unlimited budget, but if economy is one of your criteria, you might need some help getting the creative juices flowing. Here are some ideas for easy, inexpensive ways to decorate on a budget.

• Change the color of your room.

A fresh coat of paint in a fun, upbeat color can do wonders for a weary room. If your current wall color is outdated, suffering

from too many fingerprints, or just plain boring, it doesn't cost much to change it. All you need are a few cans of paint, brushes and rollers and a little elbow grease. Some of spring's hottest colors are pale pink, grass green and turquoise blue.

• Consider slipcovers.

If you're tired of your old furniture, but aren't ready to redecorate the

entire room right now, slipcovers provide an inexpensive way to change your look. Choose a color or pattern that blends or contrasts with your existing furniture; you'll be amazed at what a difference new fabric in the room will make. If money permits, think about buying one slipcover for warmer spring and summer months and



another slipcover, perhaps in a darker, heavier fabric, for fall and winter.

• Jazz up your accessories.

Changing items like paintings, vases and photos can really change the feel of a room. Are the pictures of your family so old that your youngest child isn't in them? Time to go through the photo shoebox and choose some newer ones. While you're at it, why not invest in new picture frames. Discount stores have a wide variety of

choices to add pizzazz to your walls. Local art schools can be a good place to buy paintings for your room at reasonable prices. And who knows, you might buy something by a Picasso in the making.

• Wake up with new window treatments.

Windows are a focal point of any room. Make the most of them with colorful, eye-catching shades, blinds and curtains. You don't have to spend a fortune to add interest to your windows. Plantation shutters create

cottage charm instantly, while floor to ceiling panels of color-drenched fabric add drama and sophistication.

If you don't want to block the light coming into the room, choose sheer curtains that let the sun shine through while still adding a bit of character to the room. Add even more impact with interesting curtain rods and unusual tie-backs.

With a lot of imagination and a little work, you can have a new look to help greet the new season.



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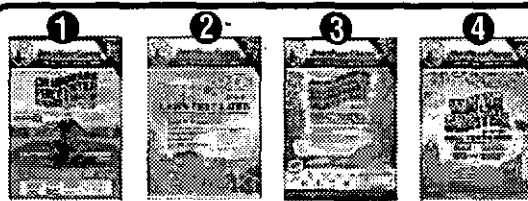
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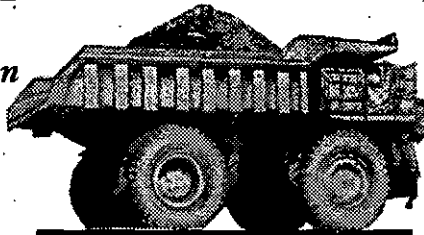
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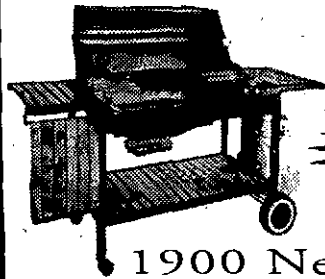
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How to paint your home like a professional

Having trouble picking the perfect paint color for your home decorating project? Not sure what type of paint you should use? Don't feel bad — even the pros need help from time to time.

Paint experts frequently field questions from home decorators and interior designers. Here's a list of their top 10 questions and answers to help you better understand the basics of color and paint selection and transform your weekend project into a professional quality job.

1. What is the best way to decide which color is best for my room?

The first step is determining your color scheme by examining your existing furniture, window treatments and other accessories. Choose your favorite colors in these items and visit your paint dealer to get coordinating color chips. Look at the color chips in the daylight and at night so you will see how lighting will affect your color choices. As a last resort, you might want to buy a quart of your chosen color and test it on one of your walls.

2. My room has a chair rail and I am using two colors. Which one goes where?

If you want an open, airy look, always paint the portion of the wall below the chair rail with the darker color. This allows the lighter color to dominate.

3. Should trim work be painted the same color as the walls, or a different shade?

The answer to this question depends on what you are trying to achieve with your room. Use the same color on the trim if you are trying to disguise ordinary or unattractive trim work, or if you are trying to create a uniform, monochromatic look. Use a lighter or darker color to accentuate trim work or to add subtle hints or bold flashes of color to your room.

4. Will the paint I chose look lighter or darker on the wall?

Over a larger surface area, most colors appear darker. It's a good idea to choose colors a shade or two lighter than what you want. Clean, bright colors can appear either lighter or darker depending on the surrounding colors and lighting in the room.

5. I've just finished painting my room and the color is bolder than I expected. How can I soften the look?

Try applying a lighter or more muted color over the original color using a design technique such as rag rolling, sponging, or color washing.

6. How do colors affect a room's size?

Generally, strong, warm colors like reds, oranges and yellows tend to close a space. These colors are known as advancing colors because they jump out and meet the eye. Conversely, receding colors like blue, green and violet tend to

make a room look larger because they "stand back" visually.

However, the darkest values of the receding colors, like navy blue or hunter green, also tend to have a diminishing effect on a room's size. Small rooms are best made to appear larger by painting them white or a light neutral color.

7. What color should I paint my ceiling?

It is customary to paint ceilings white or off-white. This creates the illusion of higher ceilings and a more open space. Medium to dark colors will create the illusion of lowering the ceiling, which can create a cozy look if the ceiling is higher than usual.

With normal height ceilings, medium and dark colors could close in the area too much creating a cave-like appearance.

8. What's the difference between different types of paint finishes and which finish works best where?

Flat finishes have no shine, making them ideal for hiding minor surface imperfections.

Eggshell or velvet finishes work in just about any room. They are easier to clean than flat finishes and offer a soft glow that warms up any room.

Satin or semi-gloss finishes are easy to clean and are good for highlighting architectural details. They work well in kitchens, baths, and on doors and trim.

Gloss finishes are shiny and scrubable, so they are perfect for doors, trim and specialty uses.

Note that sheen terminologies vary by manufacturer.

9. What is the difference between oil-based and water-based paint, and what are the advantages of each?

Alkyd, or oil-based paint penetrates wood better than latex (water-based) paint and won't stick when you keep your doors and windows shut for the winter.

For the bulk of most jobs, latex (water-based) paint is the better choice. It dries faster, doesn't yellow and can be cleaned up with soap and water when you break for the day.

10. How do I determine the amount of paint I'll need for a particular job?

The first step is to add the width of all walls in the room together. Multiply this sum by the height of one wall from floor to ceiling. Take this total number and subtract the total area of your doors,



windows, archways, etc. to get the exact area of wall space you will paint. A flat surface usually requires one gallon for every 400 square feet.

Take into account the number of coats you will need to do the job right. Blue and yellow are hard colors to cover up with just one coat.



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Trust your creativity when using color

If you're looking for permission to love color again — here's the visual nourishment you've been thirsting for. Today's lively hues aren't just for clothing and magazine spreads.

Color and pattern can make anyone's surroundings more interesting, personal, and vivid, said artisan, designer and colorist, Susan Sargent, who lives in a mango, lime, and violet world of vibrant as well as subtle color.

Sargent, who honed her colorist's eye mixing dyes in a Swedish textile mill for four years, is a firm believer in empowering others to work comfortably with color, even if that means letting go of inhibitions. Being creative with

your home requires taking chances, expressing yourself, and staying relaxed enough to follow through on your instincts, said Sargent.

"Play, experiment, have fun," she said. "Don't be afraid to make mistakes."

Decorating for Sargent is not starting out with a grand scheme, but trying out ideas as they occur and time permits — in an afternoon or over a weekend — one corner at a time.

"Home can be an ever-evolving stage for personal expression as well as a haven to relax and recharge," Sargent said.

Forget "The Rules"

So, if you're one of those who can't seem to find the time to create a grand plan, if a cookie

cutter designer look is intimidating or turns you off, or if your own personal design style just seems to happen, a piece at a time ... it's OK. Give in to spontaneous self-expression and do-it-yourself creativity, said Sargent. Use a piece of furniture in a new way (dressers make striking buffets or add class to an entryway, for instance), or use paint and fabric to experiment with new looks and colors.

Looking for inspiration? Pay attention to color in the world around you, Sargent said. Which ones catch your eye? Which combinations please, surprise, or excite you? Sargent's own inspirations include her Vermont landscape as well as Scandinavian folk art, and such design predecessors as Sweden's Carl Larsson and Britain's William Morris and Laura Ashley.

Finally, forget the rules:

- Recognize that, like you, your home is a work in progress — never finished, never perfect.

- Don't fret about planning down to the last detail. Start with an inspiration and have the fun of following your instincts.

- Open your eyes to color. Trust your own tastes (not those of the palette police) and experiment when combining colors.

- Be flexible. Mix styles. Create visual surprises.

- Edit your belongings; surround yourself only with

things you love to have around you.

- If you can't find what you want, make it; paint it, strip it, fake it.

- Create a home that makes you smile when you walk in the door.

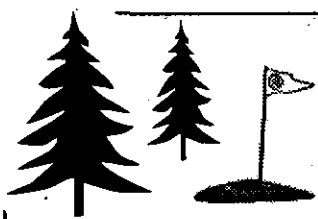
Paint tips: Experiment

For those inspired to pick up a brush and experiment, Sargent offers a couple of tips to get you started:

- Expect to test several shades of a color before you find the one that's just right. Be brave, think in color.

- If debating between several shades of a color, go with the lighter shade first. The paint store can simply add more pigment to bring it to the next darker shade — and save you the expense of buying another quart of paint.

- Be sure to test your color on different walls and during various times of day. This is easily done by painting a large poster board that can be moved from place to place.



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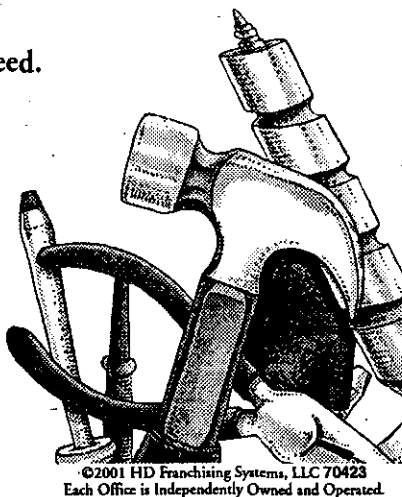


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Did your roof survive the winter?

Winter months can be cruel to your roof, your home's first line of defense against high winds, heavy rains, sleet or snow. If your roof fails, it can cause great expense, significant damage and wasted time and money.

Now that spring is here, it's wise to give your roof a quick check-up to insure that your home is protected. Leaking roof systems can result from several sources. The most common include cracks in flashing around the chimney and vents, worn out or missing shingles, or condensation from inadequate attic ventilation.

Here are some warning signals that your roof may be costing you money and leaving your property vulnerable.

- Warning sign: dark, "dirty-looking" areas on roof — possible cause: environmental pollutants; vegetation, fungus or algae; loss of granules due to shingle age.

- Warning sign: missing, cracked or curling shingles — possible cause: shingles at the end of their useful life.

- Warning sign: leakage in attic after driving rain — possible cause: leaky or inadequate shingle underlayment or deteriorated flashing.

- Warning sign: roof shingle, sheathing and siding decay — possible cause: poor attic ventilation.

- Warning sign: blistering/peeling of outside paint — possible cause: excessive temperature or high humidity due to poor attic ventilation.

- Warning sign: stains on interior ceilings/walls or mold and mildew growth — possible cause: inadequate or faulty shingle underlayment allowing leakage or inadequate ventilation.

- Warning sign: excessive energy costs — possible cause: insufficient attic ventilation allowing heating/cooling system to run excessively.

If you notice any of these warning signs, consider using a professional roofing contractor. Many people neglect their roof or think roofing installation is simple. A well-installed, well-maintained roof is one of the most important things you can do for your home.

Don't hire just any contractor to perform repairs or replace your roof. Beware — roofing is one of the top reasons for complaint calls to the Better Business Bureau. Look for an established contractor, one with a track record he can prove.

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Making your kitchen work for you . . .

The kitchen often becomes a family hub, the heart of the home for daily activity and entertaining.

For this reason, the design of a kitchen space should address how the room is used on a daily basis. Identifying how you like to cook, eat and entertain are important steps in creating an efficient kitchen space.

Whether you are building from the floor plan up or simply reorganizing, kitchen tools and space planning have the most powerful impact on a kitchen's effectiveness.

Kitchen pro

Ask any chef and they'll tell you that cooking with the right equipment makes all the difference in the world. While a full kitchen overhaul can be costly, here are a few innovative

ideas that blend functionality and fashion.

• Mix and match.

It is perfectly acceptable to equip your kitchen with appliances you like, one by one. Most culinary experts do not choose an entire matching set of appliances from one manufacturer. Instead look at individual appliance features and stick to easy-to-match finishes like black, white and stainless.

• Stainless steel fixtures and appliances are in vogue for good reason — they work with any color palette and many are built for standard sizes so they are easily retrofitted to your space.

• Streamline food preparation and cleanup with specialized fixtures.

• If frozen dinners come flying out of the freezer door every time you open it, consider adding refrigeration or freezer drawers in your kitchen work island. These products are specifically designed to keep certain items, such as produce, at the exact temperature and humidity to stay their freshest. These compact units can add as

much as 30 to 40 percent more refrigeration and freezer space to a kitchen.

Conquering space

Gadgets and small appliances can be very handy but tend to gobble up space. Consider these tips to manage clutter so that nothing interferes with your culinary projects.

• What's good for your wardrobe is good for your kitchen — donate items that you have duplicates of or that

you no longer use and replace them with sleek versions of must-have kitchen elements.

Sinks with integrated accessories, like drainboards and colanders, are more efficient, stylish and eliminate kitchen clutter.

• Create more counter space by adding a small center island or rolling cart. Look for a cart that is decorative but also offers storage space below the work surface.

• Trade in your kitchen table for a bar-style counter and stools. Not only will this free up floor space to add more cabinets or extend counters, it will also prompt you to use your formal dining room more often for family meals.



Innovative area business wins national award

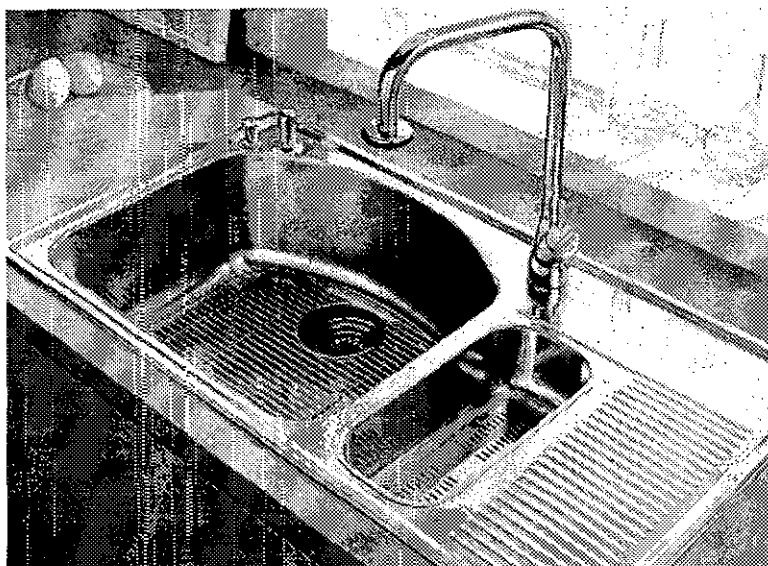
Tangora Technologies recently received it's second national award in two years at the Electronic House Expo in Orlando, Fla.

Consumer Electronics Association (CEA) TechHome Division awarded Tangora Technologies, Inc. the March of Excellence Award Classic Home System of the Year 2003.

Tangora Technologies, Inc. presented a technology dream home which included integrated, structured wiring, home automation, central vacuum and atmosphere enhancing entertainment systems. The home is interactive, functions as a home office and provides the comforts of everyday living.

Tangora also honored at the Electronic House Expo by Home Automation Inc. (HAI) as a five star dealer. This award is presented by HAI to recognize and reward it's outstanding dealers. Winners were selected based on the number of years a dealer has been installing HAI products, number of systems installed in the year 2002 and unique marketing or programming solutions.

Michael Tangora of Delmar, president of Tangora Technologies, was recently selected by *The Business Review* as one of the "40 under 40" honorees. The award is designed to recognize 40 young professionals under the age of 40 who are making a difference in their businesses and communities.



• Annex space from another room to create a walk-in pantry. This is one of the most popular features for homebuyers. It allows for storage of bulk food items and large appliances like chafing dishes that are used infrequently.

• Get creative to better utilize deep cupboards and

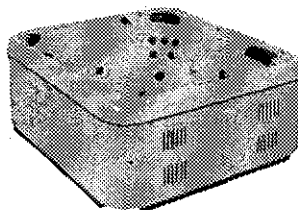
organize drawers. Lazy Susan rotating trays and stackable spice racks are just the tip of the iceberg — install shelves that pull out for easy access items in the back. Also, fit a horizontal knife block next to your flatware caddy to protect your fingers and the life of the blades.

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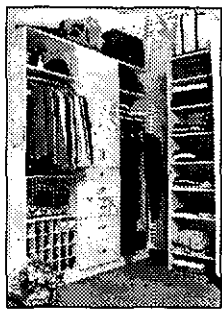
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Investing in landscaping increases curb appeal

While trying to sell your home, you may find prospective buyers aren't getting past the front door to appreciate your exceptional interior design. The problem? Your home may lack curb appeal.

Curb appeal is the allure or attraction to a home from the exterior. Many factors contribute to a winning

curb appeal, such as fresh paint, manicured shrubs and trees, and the lack of clutter. However, one of the most effective ways to enhance your home's curb appeal and increase the resale value is through landscaping.

In fact, a recent *Smart Money* article stated that landscaping could add up to 15 percent to a home's value. National Association of Realtors

President-Elect Walt McDonald was quoted in the article. "When people ask me how they can get strong interest in their property, I always tell them to fix up their landscaping," he said.

Dave Middleton of Coldwell Banker Burnett agreed. "First impressions go a long way and landscaping is part of the first impression," Middleton said. "Average returns can be upward of 100 to 200 percent — if you invest \$1,000 in landscaping, you can get double back."



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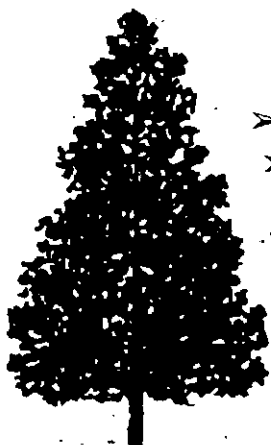
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Choosing to do nothing or allowing shrubs to become overgrown, which blocks out natural sunlight and obstructs the exterior of the home, can negatively affect the price of a home. Take the example of Rich Goldsmith, who bought his home two years ago. After spending about \$2,000 on landscaping projects, he added approximately \$10,000 to his home's value, according to his appraiser. This means Goldsmith will get back about five times more than his investment.

"I really wanted to do some landscaping that would update the look and appeal of my house," Goldsmith said. "It didn't take a lot of work, it looks great and now I have the added

benefit of an increased resale value."

A landscape expert offered a few landscaping ideas to upgrade a home's curb appeal:

- Attractive entryways — A stairway leading from the driveway or street to your front door will welcome visitors to your home in style. A staggered or curved stairway edged by a short garden wall adds character to your yard.

- Raised planting beds — Border the front of your home with planting beds along the foundation. These beds can enhance drainage and add an architectural element to the landscape.

- Terraces — Tame steep slopes and hard-to-maintain areas with terraced walls.

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Tips to creating a customized backyard

Want to expand your living space without the cost of adding on? A great place to add living space is right out your back door. Through creative landscaping, homeowners are discovering the benefits of turning unused yards into another "room" for entertaining or relaxing.

These economics support the idea:

- More livable space at a

fraction of the cost of adding rooms;

- Increased resale appeal and value; and
- Turning unused space into a valuable asset.

Here are four ways homeowners are transforming their outdoor space.

1. More than a patio.

The days of throwing a few pavers on a sand bed to create a patio are gone. Rather,

homeowners are asking for multi-tiered backyards featuring seating areas, flower beds, an area for the grill and even an outdoor fireplace.

2. Conquer that hillside.

For some homeowners, their yards present landscaping challenges such as steep hills that steal space and compromise utility. Block walls with terraced gardens can tame hillsides and create more usable outdoor space.

3. Timber!

A favorite landscaping tool for decades has been treated wood. But after a few years, the timbers become discolored and begin to rot — not to mention, they pose a threat because of the wood treatment chemicals. Homeowners are switching to lasting and environmentally friendly decorative block walls as a solution for replacing timber walls, planters or flower beds.

4. Outdoor oasis.

Many homeowners are seeking a quiet sanctuary for

escape from the rat race. The yard can be the answer — an outdoor oasis with a personal, cozy cove to relax and rejuvenate.

For complex landscaping jobs such as building tiers and multiple sets of stairs or walls greater than 6 feet high, homeowners will want to work with a landscape contractor.

For more basic landscaping jobs, such as walls less than six feet, homeowners can look to their landscape supply store for products and installation instructions.



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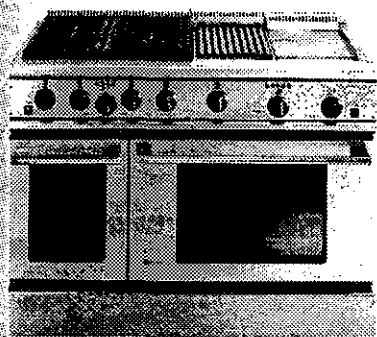
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Environmental etiquette: Keeping a healthy lawn

A healthy lawn is not only a pleasure to look at, but it is also good for our environment. Here are several reasons why:

- Lawns and other turf areas provide a natural water filtration system.

- The root system purifies the water that goes through it. * The lawn helps replenish the oxygen supply and filters airborne pollutants, like dust and soot.

- A healthy lawn also prevents soil erosion, reduces sunlight glare, builds topsoil, reduces noise and increases home value.

So now that you know why a healthy yard is good for the

environment, here are some things you can do:

Composting

You may have noticed compost bins in your neighbor's backyard. You can build one yourself or buy a composter. If you build one, it should be at least 3 feet in diameter and 4

feet high in order to build up a hot internal temperature that gets it "cooking." You should

also use a fertilizer with 10 parts each of nitrogen, potassium and phosphorus. To control odor, use lime and a layer of soil. You can use many things to make your compost, but organic materials that will easily decompose, like leaves, grass clippings, straw and other



Grasscycling

Did you know that grasscycling is a way you can be environmentally friendly? Grasscycling is a process that

returns nutrients to the soil while solving the problem of disposing of yard debris. You can grasscycle by following the one-third rule, which is to mow only one-third of the grass blade at a time. Or, you can use a mulching mower to cut and re-cut clippings into tiny pieces. And don't worry — grasscycling won't cause thatch. Grass clippings are 85 percent water, so they decompose quickly and return nutrients to the lawn.

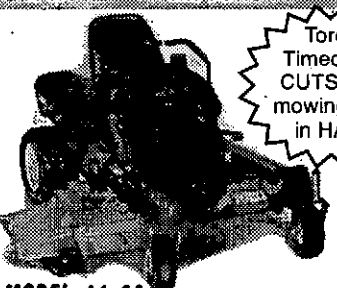
Watering

Water pollution has been a cause for concern around the globe. Did you know you have a water purification system right outside your door? It's your lawn. A healthy lawn actually helps filter contaminants out of rainwater. And maintaining this purification system can be simple. First, take a soil sample from your lawn and have it analyzed by your county extension agent or a landscape professional to make sure your lawn is receiving the nutrients it needs. Second, always follow the one-third rule. Third, make sure you follow fertilizer application directions to avoid burning your lawn. Finally, when it's time to water, water deeply, but infrequently — about 1 to 1 and a half inches each week. Following these simple tips can help protect your yard and the environment.

disease-free vegetable matter, are best. And, in the spring, you can use your compost to spruce up your vegetable garden ... it's called "gardeners' gold."

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Extension sponsors gardening hot line

For information about tree and shrub care, and tips on successful pruning, call the Master Gardener Hotline at 765-3500, Monday through Friday from 9 a.m. to 1 p.m.

Trained volunteers and Cornell Cooperative Extension staff offer solutions to landscaping problems. They can assist with ants, moles, turf weeds and perennial flower selection.

Planning for your outdoor living room

How-to basics for a ground level deck

For anyone desiring more

living space, decks offer an easy, attractive and cost-effective solution. They connect indoor space to the outdoors, integrate home and landscape, make use of damp or rough terrain and even add an element of class and craftsmanship to the home.

A ground level deck may be the simplest way to expand outdoors. Attached to the house or freestanding, decks remain one of the fastest ways to create usable space. Shallow pools, tubs and planters work well when set into a deck, or it may be a good place to drop in a hot tub or attach a gazebo.

Like any expansion project, decks require careful planning. Think about its intended use, environment and style when deciding placement, size and design. The novice do-it-yourselfer, with a little expert assistance, a solid plan and a helping hand, is more than qualified for the job. Measuring carefully and having a little patience will ensure the job gets done right the first time.

Choosing materials

Start by evaluating quality decking material that suits your tastes. There is a wide range of choices, but perhaps the most popular natural material is western red cedar. The natural compounds in the wood specifically resist rot and mildew, and release the fragrance unique to western red cedar.

Building basics

Space deck boards apart to allow proper water drainage, because decks that dry quickly will last longer. Moisture and debris may collect where joints occur over joists, so make sure to leave a drainage space — about 1/8 inch — between the ends of boards.

When building with western red cedar, hot-dipped galvanized, aluminum and stainless steel nails are all corrosion-resistant and make good fasteners. Double hot-dipped galvanized screws can also be used. Electro-plated

nails are not recommended, and avoid stainless steel screws. Blind fastening systems create a fastener-free deck surface. In all cases, the fasteners should be long enough to penetrate support and structural components by about 1 and a half inches.

Protecting the deck

Before the summer barbecue begins, there remains one last critical step. Apply a protective finish soon after deck

construction to prevent surface degradation. Water-repellent preservatives and semi-transparent stains are the best choices to capture and retain the beauty of the wood. Choose from a broad spectrum of colors.

For the best results, be sure to select a finish that contains water-repellent fungicide and mildewcide, and protection against ultraviolet light. Each type of finish will come with

specific instructions, so always follow the guidelines from the finish manufacturer.

In general, apply a finish when the moisture content has stabilized at the level that will prevail during the life of the wood.

Lightly scuff smooth cedar with sandpaper prior to applying the finish.

Easy maintenance

Proper maintenance practices for cedar decks include allowing proper water drainage;

sweeping the surface to remove loose dirt, leaves, pine-needles and other debris; and moving planters, benches and other deck accessories from time to time to permit the deck to dry thoroughly.

Depending on the finish used and the climate, a deck may need cleaning and refinishing every two to five years. Decks provide beauty and increased value to any home — not to mention an ideal space for entertaining and relaxing.



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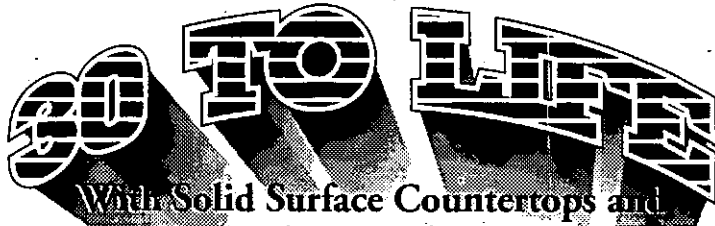
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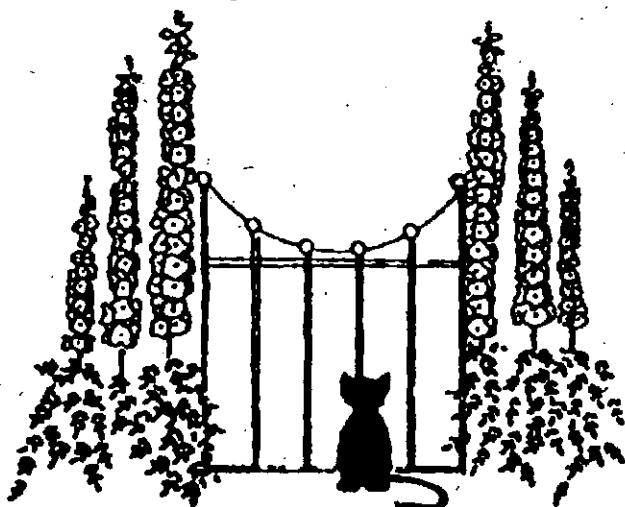
Extension offers vegetable list

Cornell University offers a "Recommended Vegetable Varieties" list of new disease-resistant plants.

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Five simple projects for your garden

April showers bring May flowers — but not without some diligent preparation from homeowners.

In order to get your yard and garden up to par for the warm months of summer, spring is the perfect opportunity to start on a few projects. By getting your hands dirty and sprucing up your yard and garden, you'll make your home more appealing and the envy of your neighbors.

The following tips will help:

• **Fix cracks.**

Cold winters can wreak havoc on cement, causing dangerous and unsightly cracks in your driveway, patio or sidewalk.

• **Prepare mulch and planting beds**

Spring is the best time to prepare mulch beds and gardens for summer planting. Start by removing old mulch or plants and loosen the ground. Using the proper tools will make this job much easier and produce better-looking results.

• **Build a retaining wall.**

Building raised planting beds and retaining walls are beautiful and simple do-it-yourself projects. Using different colors as well as straight or beveled faced landscape blocks can add an interesting architectural dimension and style to any conventional yard.



• **Fertilize your lawn.**

Spring and summer is prime time for weeds to invade your

lawn. By fertilizing your lawn one to three times per year you can reduce weed invasion and

keep it looking healthy. In addition, remember to water your lawn frequently during the warmer months to keep it in peak condition.

• **Install a brick patio or walkway.**

Add a brick patio or a walkway to your garden or as the finishing touch to your yard. Before you begin, map out the path of the project. Remember to choose a brick that will withstand weather conditions in your area. It may be more expensive, but will save you money in the long run from replacing cracked bricks.

Although time consuming, these spring projects will not only give your yard a facelift, but help you to enjoy the longer spring and summer days outdoors.



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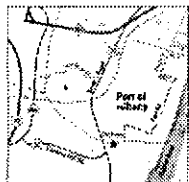
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Listening to your lawn will help it grow

Worried constant mowing is killing your lawn? Wondering if you should add lime or iron? If you are asking yourself these questions, here are some general lawn care tips to ease your mind and help you maintain a healthy yard.

When is it time to water?

Your lawn will give you many signs when it needs water. The leaves will curl to conserve moisture, the color will turn bluish-green and when you walk across it and look back, you will see your footprints.

When you discover these signs, we recommend that you give your lawn a long drink of water. For healthy roots, water infrequently but deeply; this trains roots to grow deep in the soil for strength.

Wondering how much water makes a "long drink"? Measure it. Scatter throughout the watering zone plastic food containers that have been marked 1 inch from the bottom. Then when you are watering, time how long it takes for water to reach the 1-inch mark in the containers.

In general, a lawn needs about 1 inch of water a week for healthy development.

Is it possible to over mow?

Actually, just the opposite — mowing is healthy. You're trimming away the oldest part of the plant because grass grows from the bottom up, and a higher cut will ensure a deeper root system.

Experts recommend mowing on the high side. For bluegrass and fescue, mow at about 3 and a half inches, for Bermuda and centipede grass mow at 1 to 2 inches, and for St. Augustine grass mow at 3 inches.

Mowing encourages a lawn to spread and thicken to choke out weeds, and a deep root system is important because it can

reach water farther down in the soil. When a lawn has shallow roots, there's more likelihood of a deep thatch layer harboring insects and disease.

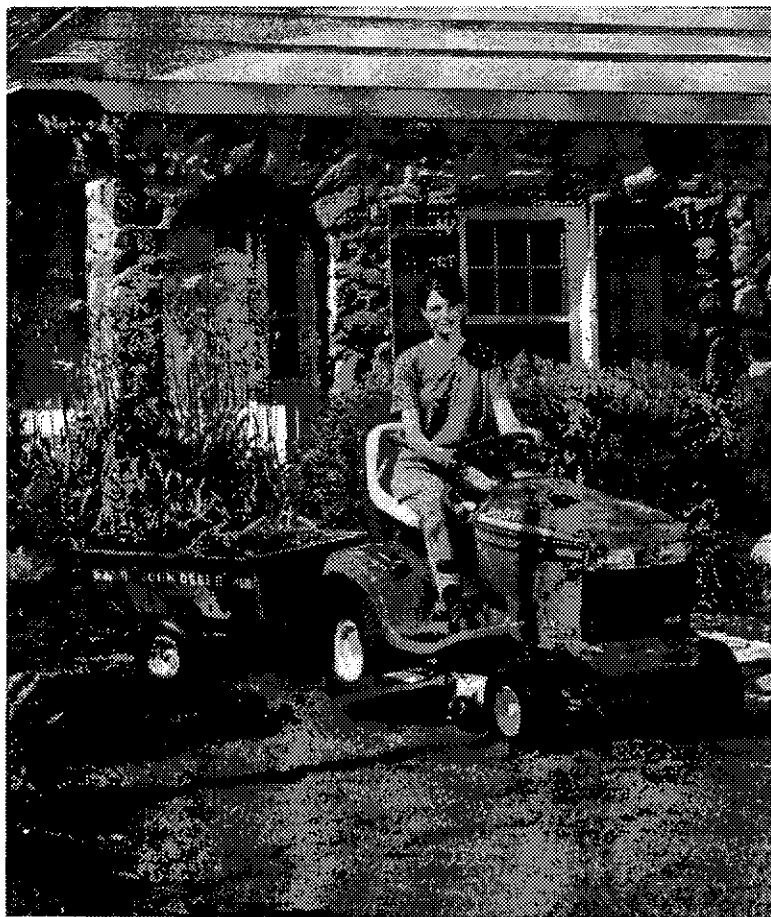
Should you change your lawn's chemistry?

Here are some guidelines for adding lime or iron to your lawn. Grass prefers slightly acidic soil, so you either add lime to bring the acid level down or add sulfur to increase it. If you live in an area where it rains a lot, you might have to

add lime each year. If a lawn turns yellow, sometimes the culprit is lack of iron.

Experts recommend getting a soil test before you do anything. If you're new to a community, ask your neighbors.

If they lime their lawns, it's probably because they've learned that it's necessary for good results. You don't have to be an expert gardener or landscaper to maintain a beautiful lawn. Just follow these simple tips and soon you will be able to recognize and respond to your lawn's needs.



Extension publishes lawn care book

Cornell University is offering a "Lawn Care Almanac."

The plastic-coated, spiral bound notebook uses a month-to-month approach to explain steps to environmentally-friendly lawn care throughout the year.

Information includes watering methods, fertilizing needs, disease diagnostics, weed prevention and pest management.

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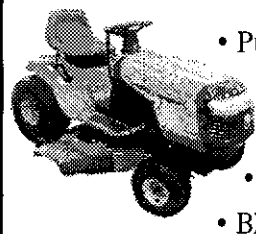
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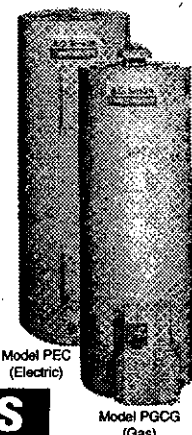
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Proper tools make for enjoyable gardening

A hobby for some, while a chore for others, gardening is an activity undertaken by two-thirds of all American homes each year, according to the National Gardening Association. Odds are, you're one of these garden enthusiasts.

But before you start thinking about what to plant and where, make sure you're thinking safety, as well. Start by ensuring that you're not overexposed to the sun. This can be done by avoiding gardening during the midday and wearing sunscreen.

And don't forget to warm up before beginning to avoid pulling a muscle. To avoid fatigue or exhaustion, also remember to take frequent breaks, keep yourself well hydrated and be realistic about tackling large tasks in a single day.

It's also important that your garden equipment is properly maintained.

Clean, sturdy, sharp tools can make all the difference in the world to make gardening easier and safer. The proper use of lawn and garden tools is also important to avoid strain.

When using long-handle tools, such as a rake or shovel, try to keep your back straight. Grip your tools lightly when working to avoid injury. Experts recommend that all your tools have comfortable grips.

Fortunately, there are new lines of tools that aid in making lawn and gardening work easier and safer. Many tools are now made with fiberglass, instead of wood, which cuts down on the weight of the tool, keeping exertion to a minimum.

The International Chiropractors Association recommends using long-handle tools to give better leverage and avoid having to stoop and twist with your back while performing tasks such as raking or digging. They also advise avoiding continually bending over while you're standing. Instead, use a garden stool, or kneel, and keep your back protected by rising via straightening the legs and knees, not lifting your upper body from the waist.

It is also advantageous to rotate tasks to avoid staying in one position too long. The Canadian Physiotherapy Association suggests selecting a tool by matching the size of the tool handle to the size of your hand and using a loose,

comfortable grip. An extended handle is also ideal for many tasks to reduce overreaching.

Have the right tools for the



job and find your "easy zone," which is a comfortable position to work in and use tools to assist you as you move with your work. One of the most common gardening tasks that often results in injury is shoveling.

To avoid injury, experts recommend the following shoveling tips. First, make sure the shovel's head is perpendicular to the ground when you are pushing in with your foot. If you cannot push with one foot, don't attempt jumping onto the shovel with both feet to drive the tip in; if the ground is this hard, you'll need a back hoe or pry bar for the job.

Second, when lifting dirt out of the hole, don't grip close to the bottom of the shovel or too far at the end of the handle, because this causes strain on your back. Grip in the middle and continue the upward motion of lifting the dirt to throw it into a wheelbarrow or onto a tarp.

Third, should you encounter roots while digging, don't attempt to use your shovel as a pry bar. Instead, use the tip of the shovel as a chopping tool and cut cleanly through the root by turning the shovel around. And as with any other gardening task, always keep your back straight while shoveling.

The final gardening tip is to wear the proper attire. Always wear gloves and kneepads to keep warmer, dryer and more comfortable. Wearing an apron with large pockets is also helpful to keep commonly used tools at hand, which avoids constant rising and squatting, as well as continual trips to the garage or shed.

With these tips in mind, gardening should be much easier and safer for you this spring, leaving your lawn and garden beautiful and you more rested and injury-free.



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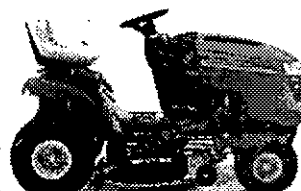


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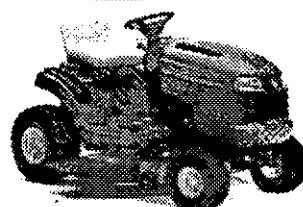
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Baseball teams rely on youth for upcoming season

By ROB JONAS

The fields may be underneath several inches of ice and snow, but the three area high school baseball teams are ready to go. Here is a look at the teams.

Bethlehem

The Eagles start the 2003 season with one goal in mind — to reclaim the Suburban Council Gold Division title.

"We look to be competitive in the Council this year, but it's going to be tough," Bethlehem coach John DeMeo said. "A lot of teams have a lot of players back."

The Eagles will be led by a group of six veterans, starting with sophomore shortstop Cameron Brown.

"He's put on a little bit of muscle, and he's had a pretty good off-season in terms of putting on muscle and adding speed," DeMeo said.

Other returning players are Connor McMahon and Jeff Young, right fielder Jason Colacino and first baseman Matt Young.

"I look for their experience last year to provide some leadership for our younger guys," DeMeo said.

The rest of the lineup will consist of a group of newcomers from the junior varsity team including outfielder Dan Filetti, infielder Marcus Kaplan and pitchers Kevin Manilenko and Mike Dax.

"We're going to have a young roster in terms of age and experience, but hopefully they'll be able to gain experience early on," DeMeo said.

Ravena-Coeymans-Selkirk

The Indians are in a similar position to Bethlehem in that they will have a lineup that features several veterans and a host of new faces.

"I think there's going to have to be a period of learning for the younger kids, but they're all athletic," RCS coach Bob Dorrance said. "So hopefully, the learning curve goes quickly because the Colonial Council is very tough."

The pitching rotation will be anchored by veteran Gary

Auclair and newcomers Charlie Olinger and Tim Segrue.

"I think we will be decent," Dorrance said. "I don't think I have one overpowered guy, but they're all pretty solid. They will get their outs."

Dorrance said the defense behind the pitchers will be solid as well with the return of catcher/shortstop Anthony Teriele, infielders Steve Correll and Steve Sheppard and outfielder Rich Olinger.

"The outfielders cover a lot of ground, and they get a good jump on the ball," he said. "The infield is probably the best I've had."

Voorheesville

The Blackbirds are faced with a larger rebuilding project after losing all but two starters from last year's team, but second-year coach Craig Tynan is optimistic.

"It'll be young and inexperienced," Tynan said, "but from what I've seen so far, they're a skilled bunch. So, that's a positive I've seen so far."

One key addition is freshman infielder/pitcher Pete Lindner.

"Me and my JV coach talked,

and he told me how he hit last year. So, I know he can hit the ball hard," Tynan said. "He's also a very good fielder, so I could see that he could become one of the top players in Section II by his

junior or senior year."

Two more underclassmen, sophomores Chris Hensel and Brett LaFave, will join returning senior Adam Hatch in the pitching rotation this season.

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LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY(LLC)

The name of the LLC is 49 RAILROAD AVENUE ASSOCIATES,LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on February 5,2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 9 Washington Square, Albany, New York 12205. LCD-2990 (April 9, 2003)

LEGAL NOTICE

ARTICLES OF ORGANIZATION OF HOLLYFIELD FARMS, LLC Under Section 203 of the Limited Liability Company Law The undersigned, for the purpose of organizing a limited liability company in the State of New York, does hereby certify:

FIRST: The name of limited liability company is HOLLYFIELD FARMS,LLC SECOND: The county within this state in which the office of the limited liability company is to be located is ALBANY COUNTY THIRD: The Secretary of State is designated as an agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail copy of any process against the limited liability company upon him is HOLLYFIELD FARMS, LLC C/O MICHAEL PARMELEE 109 SUSSEX COURT VOORHEESVILLE, NY 12186 IN WITNESS WHEREOF, this certificate has been subscribed this 2/21/2003 by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

S/MICHAEL PARMELEE
MICHAEL PARMELEE/
ORGANIZER
109 SUSSEX COURT
VOORHEESVILLE, NY 12186
LCD-2851
(April 9, 2003)

LEGAL NOTICE

CERTIFICATE OF LIMITED PARTNERSHIP OF MILFORD PARTNERS OF ALBANY, L.P.

1. The name of the limited partnership is "MILFORD PARTNERS OF ALBANY, L.P."

LEGAL NOTICE

of the limited partnership is located in Albany County, New York. 3. The Secretary of State is hereby designated as agent of the limited partnership upon whom process against it may be served, and the office address to which the Secretary of State shall mail a copy of any process against the limited partnership served upon him is 596 New Loudon Road, Latham, New York 12110. 4. The name and business address of the sole general partner is: Shopping Center Development Co., L.L.C. 596 New Loudon Road Latham, New York 12110 5. The latest date upon which the limited partnership is to dissolve is March 17, 2103. IN WITNESS WHEREOF, the undersigned has executed this Certificate of Limited Partnership on the 17th day of March, 2003, and verify and affirm under penalties of perjury that the foregoing is true and correct of the date hereof.

SHOPPING CENTER DEVELOPMENT CO., L.L.C.
BY: KENNETH B. SEGEL,
Member
LCD-2972
(April 9, 2003)

LEGAL NOTICE

Notice of Qualification of Pitcairn Properties Management Company, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 3/12/03. Office location: Albany County, LLC formed in Pennsylvania (PA) on 2/21/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. PA address of LLC: c/o Pitcairn Properties Inc., 165 Township Line Rd., Suite 1500, Jenkintown, PA 19046. Arts. of Org. Filed with PA Secy. of State, Corp. Div., 302 North Office Bldg., Harrisburg, PA. Purpose: any lawful activity. LD-2989 (April 9, 2003)

LEGAL NOTICE

Notice of Qualification of Neelytown Road Investors LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 3/26/03. Office location: Albany County. LLC formed in Delaware (DE) on 3/11/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: c/o UBS Realty Investors LLC, 242 Trumbull St., Hartford, CT 06013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: any

LEGAL NOTICE

lawful activity.
LD-2982
(April 9, 2003)

LEGAL NOTICE

Notice of formation of Harris, Blazer & Conway, PPLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 3/10/03. Office location: Albany County. SSNY designated as the agent of PLLC upon whom process against it may be served. SSNY shall mail a copy of process to 5 Clinton Sq., Albany, NY 12207. The latest date upon which the PLLC is to dissolve is 12/31/2080. Purpose: to practice the profession of law. LCD-2974 (April 9, 2003)

LEGAL NOTICE

Notice is hereby given that Time Warner Entertainment-Advance/Newhouse Partnership (d/b/a New Warner Cable), has filed with the New York State Public Service Commission a request for approval of its cable television franchise in the Town of Bethlehem. A copy of the materials constituting the application will be available for public inspection at the office of the Town Clerk, the Commission and the Company during normal business hours. Interested parties may file comments or objections with the Public Service Commission, Office of the Secretary, 3 Empire State Plaza, Albany, NY 12223-1350. The renewal may not take effect without prior approval of the New York State Public Service Commission. LD-2973 (April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is SABLE TECHNICAL SERVICES, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on March 27, 2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 2642 Marco Avenue, Odessa, Texas 79762. LCD-2971 (April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Articles of Organization for AGS GROUP, LLC were filed with the Secretary of State of New York on

LEGAL NOTICE

March 12, 2003. Office located in Albany County. The Secretary of State has been designated as agent upon which process may be served and copy of process shall be mailed by the Secretary of State to the LLC, 241 Delaware Avenue, Delmar, New York 12054. Purpose: For any lawful purpose. LD-2968 (April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. A Certificate of Conversion of Viceroy Investment Properties to Viceroy Investment Properties, LLC ("LLC") was filed with the Secretary of State of New York ("SSNY") on March 18, 2003, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o 8 Breeman Street, Albany, NEW YORK 12205. The purpose for which the LLC is formed is to engage in the acquisition, improvement, finance, construction, management, leasing, operation, and sale of residential and/or commercial real estate and for any lawful act or activity in furtherance thereof, in connection therewith, or incidental thereto, for which limited liability companies may be formed under the Limited Liability Law of the State of New York. LCD-2957 (April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY Pursuant to Section 206 of the New York Limited Liability Law 1. The name of the Limited Liability Company is JMB Capital, LLC. 2. The Articles of Organization were filed with the Secretary of State on March 19, 2003. 3. The office of the Limited Liability Company is to be located in Albany County. 4. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without New York to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: JMB Capital, LLC 121 State Street Albany, New York 12207 5. The limited liability company is formed to engage in any lawful act or activity for which limited liability companies may be formed under the laws of the State of New York. LD-2939 (April 9, 2003)

LEGAL NOTICE

Notice of Qualification of MessagePro of Houston, L.P. Authority filed with Secy. of State of N.Y. (SSNY) on 1/29/03. Office location: Albany County. LP formed in Texas (TX) on 9/13/00. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail copy of process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. TX address of LP: 9700 Bissonnet, Suite 1500, Houston, TX 77036. Name/address of each genl. ptr. available from SSNY. Cert. of LP filed with TX Secy. of State, P.O. Box 13697, Austin, TX 78711. Purpose: all lawful activities. LD-2938 (April 9, 2003)

LEGAL NOTICE

Notice of Qualification of Centrix Financial LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 3/10/2003. Office location: Albany County. LLC formed in Colorado (CO) on 6/30/1998. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. CO address of LLC: 6782 South Potomac St., Englewood, CO 80112. Arts. of Org. filed with CO Secy. of State, 1560 Broadway, Suite 200, Denver, CO 80202. Purpose: any lawful activity LD-2927 (April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is THE COLO-NIAL INSURANCE AGENCY, LLC. The articles of Organization of the LLC were filed with the NY Secretary of State on March 19, 2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 7 Airport Park Boulevard, Latham, New York 12110. LCD-2925 (April 9, 2003)

LEGAL NOTICE

Notice of Qualification of Cornerstone Apartment Venture I, LLC. Authority filed with Secy. of State N.Y. (SSNY) on 3/07/03. Office location: Albany County. LLC formed in Delaware (DE) on 1/9/

LEGAL NOTICE

03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: One Financial Plaza, Suite 1700, Hartford, CT 06103. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: any lawful activity. LD-2923 (April 9, 2003)

LEGAL NOTICE

Notice of formation of limited liability company ("LLC"). Name of LLC: Helderberg Roof Consultants, L.L.C. Articles of organization filed with the Secretary of State of New York ("SSNY") on March 19, 2002. Office location: Albany County. SSNY has been designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process against the LLC served upon it to 2706 New Scotland Road, Voorheesville, New York 12186. Purpose: to engage in any activity for which LLCs may be organized under the LLC Law. LD-2843 (April 9, 2003)

LEGAL NOTICE

Notice of Qualification of Benchmark Assisted Living LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/19/03. Office location: Albany County. LLC formed in Delaware (DE) on 6/16/1997. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Principal office of LLC: 35 Walnut St., Wellesley Hills, MA 02481. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purposes. LD-2828 (April 9, 2003)

LEGAL NOTICE

Notice of Formation of R S & REBATH,LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 2/13/03. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 130 Wilton Rd., Greenfield Center, NY 12833. Purpose: any lawful activity. LD-2827 (April 9, 2003)

Recycle

LEGAL NOTICE

LEGAL NOTICE

PUBLIC NOTICE

Notice is hereby given that the fiscal affairs of the Town of Bethlehem Industrial Development Agency for the year ending on December 31, 2002 have been examined by Alexander W. Cruden & Company, Certified Public Accountants, and that the report of the independent public accountant has been filed in my office where it is available as a public record for inspection by all interested persons. Pursuant to section thirty-five of the General Municipal Law, the governing board of the Town of Bethlehem Industrial Development Agency may in its discretion, prepare a written response to the report of external audit by the independent public accountant, and file any such response in my office as a public record for inspection by all interested persons, not later than June 30, 2003.

TOWN OF BETHLEHEM
Kathleen A. Newkirk, CMC, RMC
Town Clerk
Dated: March 31, 2003

LD-2976
(April 9, 2003)

LEGAL NOTICE

PUBLICATION NOTICE

1. The name of the Limited Liability Company is DCM ENTERPRISES, LLC (hereinafter referred to as the "Company").
2. The Articles of Organization of the Company were filed with the Secretary of State on January 13, 2003.
3. The County within the State of New York in which the office of the Company is to be located is Albany County.
4. The Secretary of State has been designated as agent upon whom process against the Company may be served. The Post Office address to which the Secretary of State shall mail process is 421 Second Avenue, Watervliet, New York 12189.
5. The purpose of the business of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York.

LD-2917
(April 9, 2003)

LEGAL NOTICE

PUBLICATION NOTICE

1. The name of the Limited Liability Company is CHANGE TAC, LLC (hereinafter referred to as the "Company").
2. The Articles of Organization of the Company were filed with the Secretary of State on December 12, 2002.
3. The County within the State of New York in which the office of the Company is to be located is Albany County.
4. The Secretary of State has been designated as agent upon whom process against the Company may be served. The Post Office address to which the Secretary of State shall mail process is 4 Arbor Court, Albany, New York 12211.
5. The purpose of the business of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York.

LD-2916
(April 9, 2003)

LEGAL NOTICE

PUBLICATION NOTICE

1. The name of the Limited Liability Company is INVENTORY MANAGEMENT SYSTEMS, LLC (hereinafter referred to as the "Company").
2. The Articles of Organization of the Company were filed with the Secretary of State on August 13, 2001.
3. The County within New York in which the office of the Company is to be located is Albany County.
4. The Secretary of State has been designated as agent upon whom process against the Company may be served. The Post Office address to which the Secretary of State shall mail process is 2622 Seventh Avenue, Watervliet, New York 12189.
5. The purpose of the business of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York.

LD-2915
(April 9, 2003)

LEGAL NOTICE

LEGAL NOTICE

PUBLICATION NOTICE

1. The name of the Limited Liability Company is ROI PROPERTIES, LLC (hereinafter referred to as the "Company").
2. The Articles of Organization of the Company were filed with the Secretary of State on August 13, 2001.
3. The County within New York in which the office of the Company is to be located is Albany County.
4. The Secretary of State has been designated as agent upon whom process against the Company may be served. The Post Office address to which the Secretary of State shall mail process is 2622 Seventh Avenue, Watervliet, New York 12189.
5. The purpose of the business of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York.

LD-2914
(April 9, 2003)

LEGAL NOTICE

TOWN OF BETHLEHEM BOARD OF APPEALS

NOTICE OF PUBLIC HEARING
Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, April 16, 2003, at 8:00 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Kevin Kennedy 37 Upper Parker Road, Selkirk, New York for Area Variance Under Article XVI, Front Yards, Section 128-71, Accessory Buildings of the Code of the Town of Bethlehem for construction of a garage, which will encroach into the Front Setback requirement at premises 37 Upper Road, Selkirk, New York.

Michael C. Hodom
Chairman
Board of Appeals
LD-2988
(April 9, 2003)

LEGAL NOTICE

TOWN OF BETHLEHEM BOARD OF APPEALS

NOTICE OF PUBLIC HEARING
Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, April 16, 2003, at 7:30 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Albany Ready Mix & Precast Concrete, LLC, proposed owner, Route 144, River Road, Glenmont, New York 12077 for Special Exception under Article VI, Permitted Uses, Section 128-20 C(7), Building Materials or Supplies of the Code of the Town of Bethlehem to install a portable ready mix concrete plant at premises Route 144 (River Road), Glenmont, New York.

Michael C. Hodom
Chairman
Board of Appeals
LD-2987
(April 9, 2003)

LEGAL NOTICE

VOORHEESVILLE CENTRAL SCHOOL DISTRICT

NOTICE OF PUBLIC HEARING, BUDGET VOTE AND ELECTION NOTICE IS HEREBY GIVEN
THAT a public hearing of the qualified voters of Voorheesville Central School District, County of Albany, State of New York will be held on May 12, 2003 at 7:30 p.m. in the Commons Area of the Clayton A. Bouton High School in said district for the presentation of a budget for the school year 2003-2004.

And notice is also given that said vote will be held on Tuesday, May 20, 2003. The polls will open at 2:00 p.m. Eastern Daylight Saving Time and voting will proceed until 9:30 p.m. on the following:
1. To elect a member of the Board of Education for a 5-year term to fill the vacancy created by the expiration of the term of Thomas J. McKenna.
2. To vote on the Annual School Budget and the appropriation of the necessary funds to meet the estimate of expenditures, and to authorize the levy of taxes for this purpose.
3. NOTICE IS HEREBY FURTHER GIVEN that at said Annual District Election and Budget Vote to be held on May 20, 2003, the following proposition will be submitted:
PROPOSITION
Shall the following resolution be adopted, to-wit:

LEGAL NOTICE

RESOLVED, that the Board of Education of the Voorheesville Central School District, Albany County, New York, is hereby authorized to purchase buses and vans at a maximum estimated cost \$246,500 and that such sum, or so much thereof as may be necessary, shall be raised by the levy of a tax upon the taxable property of said School District and collected in annual installments as provided by Section 416 of the Education Law; and in anticipation of such tax, obligations of said School District shall be issued.

And notice is also given that a copy of the statement of the amount of money which will be required for the ensuing year for school purposes, exclusive of public money, may be obtained by any taxpayer in the district during the fourteen days immediately preceding the Annual Meeting, except Saturday, Sunday or holiday, at the following schoolhouses in which school is maintained during the hours designated:
Schoolhouses
Voorheesville Elementary School
Hours
8:30 a.m. to 3:00 p.m.
Clayton A. Bouton High School
Hours
8:30 a.m. to 3:00 p.m.

And notice is also given that petitions nominating candidates for the office of member of the Board of Education must be filed with the Clerk of the district not later than the 30th day preceding the school meeting. Each petition must be directed to the Clerk of the district, must signed by at least twenty-five (25) qualified voters of the district, must state the name and residence of the candidate and must describe the specific vacancy for which the candidate is nominated including at least the length of the term of office and the name of the last incumbent.

And notice is further given that letters requesting application for absentee ballots may be received by the District Clerk not earlier than the thirtieth (30th) day nor later than the seventh (7th) day before the election. Requests should be addressed to:
Clerk Board of Education
Voorheesville Central School District
P.O. Box 498
Voorheesville, New York 12186
Dated: April 2, 2003
Dorothea Pfeleider
District Clerk

AND NOTICE IS ALSO GIVEN
THAT at said public hearing of the qualified voters of Voorheesville Central School District, County of Albany, State of New York held on May 12, 2003 at 7:30 p.m. in the Commons Area of the Clayton A. Bouton High School in said district, the Public Library budget for the year 2003-2004 will be considered and such other business transacted as is authorized by law.

And notice is also given that said vote will be held on Tuesday, May 20, 2003. The polls will open at 2:00 p.m. Eastern Daylight Saving Time and voting will proceed until 9:30 p.m. on the following:

1. To elect a member of the Library Board for a 5-year term to fill the vacancy caused by the resignation of the term of Ellen Bidell.
2. To vote on the Public Library budget and the appropriation of the necessary funds to meet the estimate of expenditures, and to authorize the levy of taxes for this purpose.

And notice is also given that a copy of the statement of the amount of money which will be required for the ensuing year for library purposes, exclusive of public money, may be obtained by any taxpayer in the district during the fourteen days immediately preceding the Annual Meeting, except Saturday, Sunday or holiday at the following schoolhouses in which school is maintained during the hours designated:
Schoolhouses
Voorheesville Elementary School
Hours
8:30 a.m. to 3:00 p.m.
Clayton A. Bouton High School
Hours
8:30 a.m. to 3:00 p.m.

And notice is also given that the petitions nominating candidates for the office of the Library Board must be filed with the Clerk of the Library Board not later than the 30th day preceding the school meeting. Each petition must be directed to the Clerk of the Library Board, must be signed by at least twenty-five (25) qualified voters of the district, must state the name and residence of the candidates and must describe the specific vacancy for which the candidate is nominated including at least the length of the term of office and the name of the last incumbent.
And notice is further given that letters requesting application for

LEGAL NOTICE

absentee ballots may be received by the District Clerk not earlier than the thirtieth (30th) day not later than the seventh (7th) day before the election. Requests should be addressed to:
Clerk, Board of Education
Voorheesville Central School District
P.O. Box 498
Voorheesville, NY 12186
Dated: April 2, 2003

Gail Sacco
Clerk

LD-2953
(April 9, 2003)

LEGAL NOTICE

NOTICE FOR PUBLICATION PURSUANT TO NY LLC LAW SECTION 1203 (c)

The name of the professional service limited liability company is LEONARD F. VALLETTA ENTERPRISES, LLC. The date of the filing of the Articles of Organization with the Secretary of State was February 13, 2003. The County in which the office of the LLC is to be located is Albany. The agent of the LLC upon whom process against it may be served is the Secretary of State and such shall mail a copy of any process to: Burke, Casserly & Gable, P.C. 255 Washington Avenue Extension, Albany, New York 12205. The purpose of the Company is to engage in any lawful act or activity for which limited liability companies may be formed under the Limited Liability Company Law.

LD-2985
(April 9, 2003)

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION

1. The name of the Company is: T.G.R. FOODS, LLC
2. The Articles of Organization of the Company were filed with the Secretary of State on February 12, 2003.

3. The County within the State of New York in which the Company's office is to be located is Schenectady County.

4. The Secretary of State is designated as agent of the Company upon whom process against it may be served. The post office address to which the Secretary of State shall mail process against it is 204 Vley Road Scotia, New York 12302

5. The registered agent of the limited liability company upon whom process against the liability company may be served is Thomas G. Rimmer, Jr., 204 Vley Road, Scotia, New York 12866.

6. The character of the business is to conduct any lawful business activity for profit that is not otherwise prohibited by the laws of the State of New York.

LD-2822 (B)
(April 9, 2003)

LEGAL NOTICE

Notice of Formation of West End Pharmacy, LLC, Art. of Org. filed Secy. of State (SSNY) 2/26/03. Office location: Albany County, SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process: 68 Ontario Street, Albany, NY 12206. Purpose: any lawful purpose.

LD-2889
(April 9, 2003)

LEGAL NOTICE

Notice of Formation of Brandywine Development, LLC, Art. of Org. filed Secy. of State (SSNY) 1/24/03. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process: c/o Becker & Becker, P.O. Box 575, Albany, NY 12201-0575. Purpose: any lawful purpose.

LD-2880
(April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF

LEGAL NOTICE

LIMITED LIABILITY COMPANY, NAME: BALMORAL PARTNERS, LLC.
Articles of Organization were filed with the Secretary of State of New York ("SSNY") on 09/12/02. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 200 LANCASTER ST #100 ALBANY NY 12210. Purpose: For any lawful purpose.

LD-2874
(April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY, NAME: RIVERTOWN INVESTMENTS, LLC.

Articles of Organization were filed with the Secretary of State of New York ("SSNY") on 10/18/02. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 200 LANCASTER ST #100 ALBANY NY 12210. Purpose: For any lawful purpose.

LD-2873
(April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is UNIFIED HOLDINGS, LLC. The Articles of Organization of the LLC were filed with the Secretary of State on February 25, 2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Name County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 5 Edgewood Circle, Menands, New York 12204.

LD-2866
(April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY, NAME: M & T DEVELOPMENT COMPANY LLC.

Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/09/02. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 17 Homestead Avenue, Albany New York 12203. Purpose: For any lawful purpose.

LD-2844
(April 9, 2003)

LEGAL NOTICE

Notice of Qualification of Business Incubation Support Services International, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 3/07/03. Office location: Albany County. LLC formed in New Jersey (NJ) on 1/29/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served.

NJ address of LLC: 350 W. Passaic St., Rochelle St., Rochelle Park NJ 07662. Arts. of Org. filed with NJ Dept. of Treasury, Division of Revenue, 225 West State St., Fl., Trenton, NJ 08608. Purpose: any lawful activity.

LD-2905
(April 9, 2003)

LEGAL NOTICE

Notice of Qualification of New Bedford Realty Development, LLC, Authority filed with Secy. of State of N.Y. (SSNY) on 3/3/03. Office location: Albany County.

LEGAL NOTICE

LLC formed in Massachusetts (MA) on 3/19/01. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. MA address of LLC: c/o The Richmond Company, Inc., 7 Essex Green Dr., Suite 56, Peabody, MA 01960. Arts. of Org. filed with MA Secy. of Commonwealth, One Ashburton Place, 17th Fl., Boston, MA 02108. Purpose: any lawful activity.

LD-2879
(April 9, 2003)

LEGAL NOTICE

Notice of Qualification of NB Realty, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 3/3/03. Office location: Albany County. LLC formed in Delaware (DE) on 2/27/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Suite 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: any lawful activity.

LD-2878
(April 9, 2003)

LEGAL NOTICE

Notice of Qualification of Xerox XBS Warehouse Holding LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/4/03. Office location: Albany County. LLC formed in Delaware (DE) on 12/18/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 800 Long Ridge Rd., Mail Stop 2-4B, Stamford, CT 06904. Arts. of Org. filed with DE Secy. of State, Lookerman & Federal Sts., Dover, DE 19901. Purpose: any lawful activity.

LD-2872
(April 9, 2003)

LEGAL NOTICE

Notice of Qualification of Eby-Brown Transportation, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/21/03. Office location: Albany County. LLC formed in Delaware (DE) on 9/17/01. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 280 West Shuman Blvd., Suite 280, Naperville, IL 60566. Arts. of Org. filed with DE Secy. of State, Federal & Duke of York St., Dover, DE 19901. Purpose: any lawful activity.

LD-2871
(April 9, 2003)

LEGAL NOTICE

NOTICE OF FORMATION OF DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is NXIUM PROPERTIES, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on January 23, 2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 455 New Karner Road, Albany, New York 12205. LCD-2944
(April 9, 2003)

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Markus and Jan Snedaker

Isenberg, Snedaker wed

Jan Isenberg, daughter of Barry and Diane Isenberg of Slingerlands, and Markus Snedaker, son of Richard Snedaker of Binghamton and Elfrieda Lemberger of Binghamton, were married Nov. 2.

Frank Moriella conducted the ceremony at The Desmond in Colonie. A reception followed.

The matron of honor was Kristin Isenberg, sister of the bride. The maid of honor was Jennifer Zeno.

Bridesmaids were Sylvia Kaufeltz, sister of the groom, and Suzanne Hasko.

The best men were Jim Moyle,

Paul Hogan, Scott McGowan, Jason Micare, Mike Ginsberg, Joe Kliment, Don Stone, Al Muse, Dave Meienschein and Mike Levine.

The bride is a graduate of Bethlehem Central High School and Ithaca College.

She also has a master's degree from The College of Saint Rose. She is a special education teacher at Guilderland Central High School.

The groom is a graduate of Keuka College.

He is director of therapies at Advanced Therapy in Albany.

After a wedding trip to Jamaica, the couple lives in Colonie.

Attorney earns Army Reserve promotion

William Paczkowski has been promoted to the rank of captain in the Army Reserve.

Paczowski is a senior administrative attorney for the 7th

Legal Support Organization at the Army Reserve Center in Albany.

His wife Lisa is the daughter of Dr. Peter and Rosemary Myers of Delmar.

Class of '02

Siena College

Lani Maloney of Delmar (bachelor's in psychology).

Dean's List

Indiana University

Jeremy Malloch of Delmar.

University of Rochester

Daniel Dipaolo, Elizabeth Del Giacco, Timothy Corson, Daniel Israel, Jennafer Englestein, Nancy Gort and Stephen Maltzman, all of Delmar; Andrew Hayes and Lauren Murray, both of Slingerlands; and Megan Fish of Glenmont.

Local students studying abroad

Michael Cardamone of Slingerlands, a junior majoring in mechanical engineering at Syracuse University's L.C. Smith College of Engineering and Computer Science, and Christian Jackstadt of Voorheesville, a junior majoring in economics at Syracuse University's College of Arts and Sciences, are spending the spring semester studying in London, England, through the university's Division of International Programs Abroad.

Students may study fine arts, international business, drama and public communications, or take a wide range of courses in the liberal arts. Students also may complete internships with British firms and agencies and conduct research and studies at historic sites throughout England.

Sarah Bartow of Slingerlands, a junior majoring in textiles at Syracuse University's College of Visual and Performing Arts, and Kristen Portanova of Voorheesville, a junior majoring in television-radio-film at Syracuse University's S.I. Newhouse School of Public Communications, are spending the spring semester studying in Florence, Italy, through the university's Division of International Programs Abroad.

Students may study art history, studio art, architecture and Italian language and culture, or take a wide range of courses in the liberal arts.

Many students live with local families and visit historic sites in Rome, Venice, Assisi and other destinations.



Melanie Relyea and Scott Potter

Relyea, Potter engaged

Melanie L. Relyea, daughter of Gerald and Debra Relyea of Ravena, and Scott A. Potter, son of Alexander and Shirley Potter of Merlin, Ore., are engaged to be married.

The bride-to-be is a graduate of Ravena-Coeymans-Selkirk Senior High School and Marist College.

She is a special education

teacher at Mililani Middle School in Mililani, Hawaii.

The future groom is a graduate of Watsonville High School in Watsonville, Calif.

He is an Army sergeant stationed at Schofield Army Base in Mililani.

The couple plans a Sept. 18, 2004, wedding.

Albany Law prof receives state Bar award

Joan Leary Matthews of Glenmont, associate lawyering professor at Albany Law School, received a special award from the Section Council of the New York State Bar Association's Environmental Law Section.

The award was in recognition of her service in continuing legal education programs, particularly relating to the state Environmental Quality Review Act, and her dedication to diversity in the section's membership programs.

It was presented at a luncheon during the New York State Bar Association's annual meeting in New York City.

Matthews, a graduate of the University of Maryland and a 1983 graduate of Albany Law School, joined the law school

in 1998. She was previously in private practice, focusing on environmental law, employment discrimination, disability and personal injury litigation.


She served as assistant attorney general for eight years in the Environmental Protection Bureau of the Attorney General's Office and as a research attorney for the Law Revision Commission.

In November, she received Albany Law School's Bernard E. Harvith Distinguished Environmental Service Award, recognizing outstanding service on behalf of New York's environment.

Matthews teaches environmental law, environmental regulation, introduction to lawyering and legislative drafting.

Wedding Directory

for Bridal Services



FLORISTS
Floral Garden Specializing in Weddings 339 Delaware Ave., Delmar, 478-7232 www.thefloralgarden.com Catering to all budgets

JEWELRY
Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie, 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

INVITATIONS
Paper Mill Delaware Plaza, 439-8123 Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.

PHOTOGRAPHY
Personal, Professional Photographic Services. - 469-6551.

Community Corner



Slingerlands church to serve dinners

Community United Methodist Church of Slingerlands will serve Zippy Tuesday dinners through June 3.

Drive up and place your order at the side door from 4:30 to 6:30 p.m. and a runner will bring you your meals. Dinners come in two sizes, regular for \$6 and large for \$8.

The next dinner is April 8 and will include turkey (light or dark) dressing, gravy, corn, cranberry sauce and dessert.

The church serves about 80 dinners a night. You can also call ahead to order at 439-1766.

Obituaries

Martin Miller

Martin L. Miller, 87, of Voorheesville died Tuesday, April 1.

Born in Albany, he was a graduate of Christian Brothers Academy.

Mr. Miller was a Navy veteran of World War II.

He was appointed U.S. Court Reporter for the Northern District of New York. Mr. Miller was elected official stenographer of the state Assembly in 1965 and continued in that position until he retired in 1971. In 1967, he was appointed official stenographer of the New York State Constitutional Convention.

He was a member of Albany Country Club.

Mr. Miller was a communicant of St. Matthew's Church in Voorheesville.

He was husband of the late Ruth Lennon Miller.

Survivors include his wife, Patricia DeMore Miller; a son, Robert Miller of Schroon Lake; three daughters, Diane Miller of Albany, Maureen Klein of Loudonville and Sandra Miller of Delmar; a stepdaughter, Sharon Lavery of Troy; a stepson, Sean Hogan of Redlands, Calif.; 11 grandchildren; and four great-grandchildren.

Services were from the Daniel Keenan Funeral Home in Albany and St. Matthew's Church.

Burial was in Calvary Cemetery in Glenmont.

Contributions may be made to St. John's-St. Ann's Church, 157 Franklin St., Albany 12202.

Beatrice Ritchie

Beatrice H. Ritchie, 91, of Delmar died Sunday, April 6, at her home.

Born in Concord, N. H., she graduated from the Eastman School of Dental Hygiene at the University of Rochester. She did post-graduate work at SUNY Cortland.

Mrs. Ritchie was a dental health teacher for the Menands School District in the 1960s.

She was the widow of Dr. William A. Ritchie.

Survivors include a son, Dr. Galen B. Ritchie of Delmar, and two sisters and a brother.

Services are scheduled at 1 p.m. today, April 9, at the Applebee Funeral Home, 403 Kenwood Ave., Delmar.

Burial will be in Bethlehem Cemetery in Delmar.

Contributions may be made to Five Rivers Environmental Education Center, Game Farm Road, Delmar 12054.

BY KATHERINE MCCARTHY

The temperature hovered right around freezing, but Adam and James Derway, 8 and 10 years old respectively, shivered more in anticipation than cold as they prepared to run in the Delmar Dash on Sunday.

The Derway boys had lots of training for the Delmar Dash, since they both participated in the "Fun on the Run" program that family nurse practitioner Veronica Armbruster had offered during the month of March.

Thirteen kids, between the ages of 5 and 13, participated in the twice-weekly program that met at Delmar Pediatrics on Delaware Avenue in Delmar. The kids and their parents met on Tuesdays and Fridays and spent most of their time outside playing games in the parking lot.

Armbruster started the program in response to parents' requests and observations that doctors and nurses at Delmar Pediatrics were making that bears out recent news of childhood obesity being on the increase nationwide.

"The doctors are finding it depressing to take nutritional histories," Armbruster said. "Parents are also expressing their frustration at being able to combine healthy eating with today's busy lifestyle."

Armbruster pointed to the usual culprits in identifying why childhood obesity is becoming identified as an epidemic in our country.

"Our lives are busy and we're spending less time in the kitchen," Armbruster said. "If you eat out, everything is gigantic-sized. An 8-ounce Coke used to be the norm, and now you see high school kids with 1,000-calorie cups of Mountain Dew."

Concerns about safety play a big role, as parents are reluctant to let their children wander far from home.

"We used to play 'Ghosts in the Graveyard,'" Armbruster said. "You don't see that anymore."

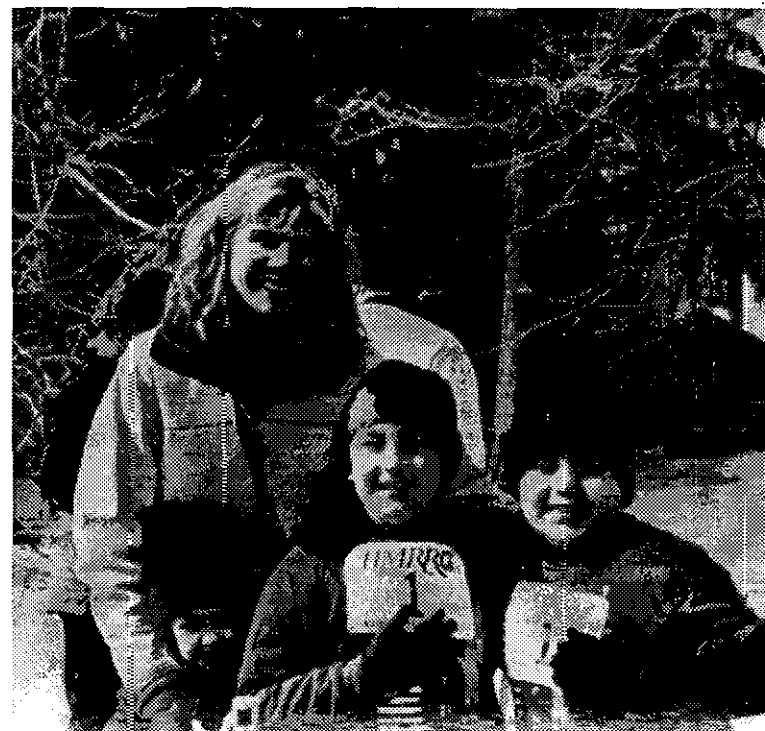
While a number of children are plugged into organized sports, Armbruster said, it's not the same as just being outside playing. Also, overweight kids are likely to feel self-conscious and not participate in an organized sport.

Armbruster started "Fun on the Run" by including Kendra Evans, a registered dietitian.

"Kendra led a roundtable discussion to talk to the kids about curbing bad eating behaviors," Armbruster said.

Some of the behaviors that Evans advised against were eating in front of the television or the computer.

"It's important for families to eat together, to eat foods with a



Veronica Armbruster, her daughter Julianne and Adam Derway and James Derway enjoy preparing for the Delmar Dash.

lot of variety, and in moderation, Armbruster said. "People should beware of all processed food and should shop around the outside of the grocery store, where the fresh foods are."

Mindless snacking went onto the list of bad behavior.

"If you're going to have Cheetos, don't just eat out of the bag," Armbruster said. "Take a serving and put it on a plate."

At mealtimes, Evans advised the group, have a fist-sized portion of protein, a little bit of carbohydrates and a lot of vegetables. Evans and Armbruster stressed that there's no such thing as a bad food, and that the kids weren't dieting, but making healthy choices.

Primarily, though, Armbruster concentrated on movement. Drawing on her own memory and using tips found on the Web site, kidsrunning.com, Armbruster came up with a number of noncompetitive games for the kids to play.

"I was a little nervous, but the kids were drawn to the simplest games," Armbruster said.

The Fun on the Run group played a version of TV tag where they called out healthy vegetables instead of TV shows: Octopus tag where the "it" group expanded every time somebody else was tagged; and Hounds and Rabbits, where parents got to chase their kids.

"It was so infectious to just see the kids cut, laughing and having fun," Armbruster said. "There were no put-downs, and in spite of the age differences, the kids had fun just being kids."

To keep the kids' interest, Armbruster gave each child a folder, and they received a footprint to add to the border when they participated in a fun activity or chronicled good food choices in their diaries. The group also got T-shirts.

The Derway boys agreed that the program had been fun and informative.

"Octopus tag was fun," James said.

"We learned a lot about healthy eating," Adam added.

"We found out about the program through the doctor's office," Susan Derway said,

expressing her confidence that the kids will stick with it.

Armbruster said she incorporated the goal of running in the Delmar Dash to give the kids both a sense of accomplishment and to show them that fun and physical events are available throughout the community. Kick-boxer Tina Mulvey also attended one of the Fun on the Run sessions to show kids another activity available to them.

Armbruster, an avid runner, said the benefits of movement are many. While being overweight as a child can lead to high blood pressure, diabetes and aching joints later in life, getting out and moving can increase children's self-esteem, make their hearts healthier, help them sleep better and help them cope with difficult days.

Reaching the American Heart Association's goal of 30 minutes of physical activity three times a week doesn't need to be complicated, Armbruster said. Some of the kids in the group were surprised to learn that snowball fights and sledding counted.

"You can break the 30 minutes into 10-minute intervals, which is the way kids like to play," Armbruster said. "They like to have a brief run, then a rest."

At the end of the day, Armbruster said, getting kids — and parents — moving doesn't have to be difficult.

"It's really that simple," she said. "Just take the kids out and play."

Armbruster suggested a few sources for parents and children who want to get more activity. They include a book called *Restaurant Confidential: kidsrunning.com*; *www.shapedown.com*; and *www.committedtokids.com*. The Center for Disease Control has growth charts online that measure kids' body mass index, and indicator of when weight becomes a problem. That Web site is *www.cdc.gov/growthcharts*. The Hudson Mohawk Roadrunners Club has a Web site that lists local races at *www.hmrrc.com*.

Building plan irks neighbors

By KRISTEN OLBY

A proposed plan to extend Willow Drive in Delmar and build four additional homes on the street drew nearly two dozen neighbors to the April 1 Bethlehem planning board meeting. Neighbors expressed concern and at times criticized Glenmont developer A.T. Zautner & Sons plan to build the homes on 2.5 acres.

"It's going to destroy the feel of the neighborhood, it's a park-like setting," said Michael Lipnick, who lives on Huron Road.

The houses would sit adjacent to Lipnick's backyard in a heavily wooded area that's home to a variety of wildlife.

"Instead of looking out at deer and foxes we're going to have headlights coming in," said Lipnick.

Several neighbors agreed. "What happens to an unspoiled spot is that the complete nature of it is about to be changed if this is approved as planned," said Daniel Button.

Many of the neighbors fear the natural beauty and privacy they've come to appreciate in the area that sits just off Cherry Avenue will dissipate once the houses are built.

"I think there's a real concern for putting four homes on less than 2.5 acres including a street, including sewer, including

setbacks, including easements. We are putting too many homes in that particular area," said Theresa Egan, who used to own the property and still lives nearby.

Egan said she sold the land to Zautner in 2001 after being told by town officials only two homes could be built on the 2.5 acres.

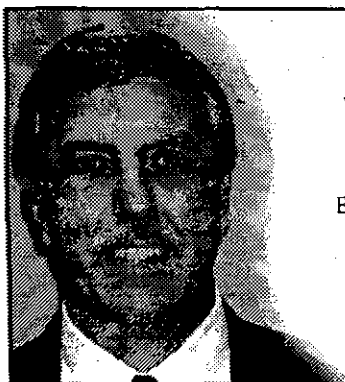
While neighbors argue four homes is a tight squeeze, Douglas Hasbrouck, chairman of the planning board, said Zautner's proposed lots actually exceed the minimum 12,000 square feet required to build in a Residence A district. The smallest lot would be about 18,000 square feet, with the largest approximately 28,000 square feet.

"I understand the backyard concerns, but what's proposed here is well above the minimum code requirements for the Residence A area," said Hasbrouck.

Developer William Zautner didn't give any exact dimensions of the homes he plans to build but tried to put neighbors concerns to rest.

"You have to build to the market, three- to four-bedroom style houses, colonials or possibly ranches. That's what we've been doing and I think we'll maintain that," said Zautner.

If approved, Zautner hopes to begin construction this summer, building two homes each year. The planning board will discuss the matter at its April 15 meeting.



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Family ENTERTAINMENT

CALENDARS ♦ ARTS & ENTERTAINMENT

By DEV TOBIN

As with any art collectors, Sterling and Francine Clark, the Singer heir and his French wife whose collection forms the basis of the eponymous

art institute in Williamstown, bought artworks they liked.

And their most favorite artist was the 19th-century French Impressionist painter Pierre Auguste Renoir. Indeed, Sterling Clark said that his favorite painting in the collection was a simple still life of onions by Renoir.

The Clark has more than 30 Renoir works, including the colorful "Mademoiselle Fleury in Algerian Costume," painted during one of Renoir's two trips in the early 1880s to Algeria, then a French colony.

And the Clark is now the first stop on an international tour of "Renoir and Algeria," 15 portraits, landscapes and genre scenes from those trips, including the Mlle. Fleury portrait.

The exhibit, organized by the Clark and curated by leading French Orientalist scholar Roger Benjamin of the University of Sydney, Australia, includes three works from the Musée d'Orsay in Paris, the world's pre-eminent collection of 18th-century French art, and four from private collections.

According to Clark director Michael Conforti, the exhibit continues a Clark tradition of focusing on a special aspect of a popular artist and presenting new scholarship to the public.

"Renoir was one of a line of progressive painters-travelers,

extending from Delacroix to Matisse," Conforti said. "There is an unexpected beauty and emotional resonance to these little-known works."

The exhibit also features period Algerian travel postcards from Benjamin's collection and 19th-century photographs of French Algeria.

The Clark's regular collection makes it one of the strongest small museums in the world. Nineteenth-century French painting anchors the collection, with important pieces by Monet and Corot, in addition to Renoir.

Other must-sees include a Turner seascape with rockets, several Homers and Remingtons, a striking Sargent, several Degas bronzes of dancers, a huge Bouguereau, a Gilbert Stuart portrait of George Washington, a remarkable piano

decorated by Alma-Tadema and a world-class silver collection.

In conjunction with the special



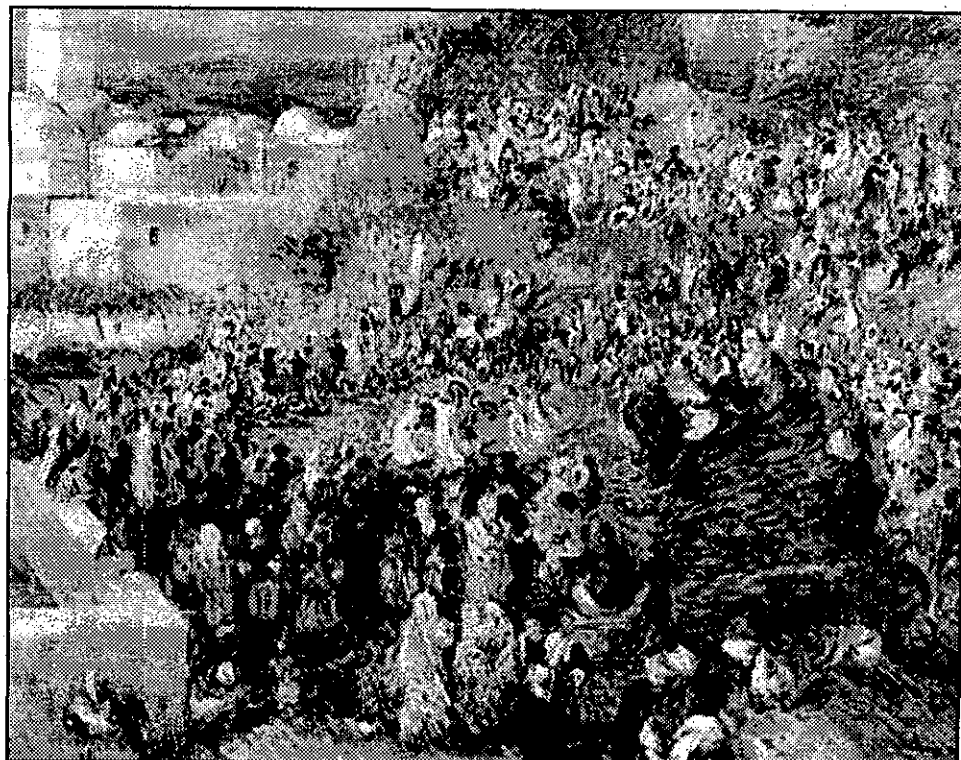
Mademoiselle Fleury in Algerian Costume, 1882, by Pierre-Auguste Renoir



Madame Clémentine Valensi Stora (L'Algérienne), 1870, by Pierre-Auguste Renoir

A lasting impressionist

Exhibit offers insight into Renior in Algeria



Arab Festival, Algiers, The Casbah, 1881, by Pierre-Auguste Renoir

exhibit, there will be gallery talks (guided tours of the exhibit by Clark curators) on Sundays, April 13 and May 11, at 2 p.m.

The Clark will also sponsor a lecture on Sunday, April 27, at 2 p.m. on "Colonial Realities vs. Artistic Representation in French Algeria" by Jonathan Gosnell, professor of French language and literature at Smith College.

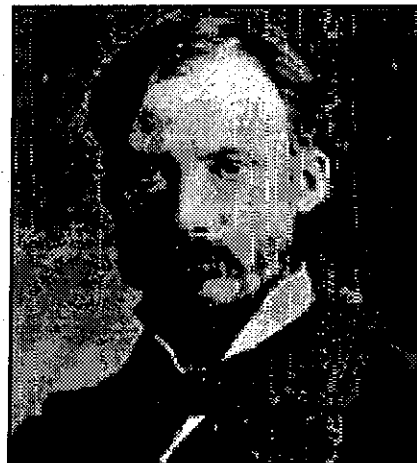
And the Clark will also screen "Overseas," a film that deals with the French experience in Algeria, on

Sunday, April 20, at 2 p.m. "Renoir and Algeria" runs through May 11.

Admission to the museum for this exhibit, and the related talks and movie, is free; the Clark's \$10 admission fee is in effect only from July 1 to Oct. 31.

The Clark is on South Street, a half mile south of the intersection of routes 7 and 2 (the village green). It is open from Tuesday through Sunday from 10 a.m. to 5

p.m. For information, call 1-413-458-2303.



Pierre-Auguste Renoir

ARTS and ENTERTAINMENT

Theater

DRIVING MISS DAISY
Capital Repertory Theatre, 111 N. Pearl St., Albany, through April 19, \$30 to \$38. Information, 445-7469.

THE COCKTAIL HOUR
A.R. Gurney comedy, Curtain Call Theatre, 210 Old Loudon Road, Latham, through April 27, \$15. Information, 877-7529.

DEATH OF A SALESMAN
Hilton Center for the Performing Arts, 40 Russell Road, Albany, April 11 and 12 at 8 p.m., April 13 at 1 p.m., \$10, \$8 for seniors and students. Information, 453-1048.

Albany, April 10, 8 p.m. Information, 432-6572.

LOUDON WAINWRIGHT III
The Egg at Empire State Plaza, Albany, April 11, 8 p.m., \$24. Information, 473-1845.

NASH ENSEMBLE OF LONDON
playing works by Mozart, Brahms and Stavinisky, Memorial Chapel of Union College, Schenectady, April 11, 8 p.m., \$20. Information, 372-3651.

DENI BONET
RPI Cultural Center, Troy, April 11, 8 p.m., \$10. Information, 274-7793.

EUGENIA ZUCKERMAN
and the Shanghai Quartet, Troy Savings Bank Music Hall, State and Second streets, April 11, 8 p.m., \$23 and \$26. Information, 273-0038.

JANE BUNNETT AND SPIRIT OF HAVANA
Troy Savings Bank Music Hall, State and Second streets, April 12, 8 p.m., \$21 and \$24. Information, 273-0038.

THE CANADIAN BRASS
Proctor's Theatre, 432 State St., Schenectady, April 12 8 p.m., \$29, \$32 and \$36. Information, 346-6204.

KENNY RANKIN
The Van Dyck, 235 Union St., Schenectady, April 18, 7 and 9:30 p.m., \$16. Information, 381-1111.

THE MACHINE
The Van Dyck, 235 Union St., Schenectady, April 19, 7 and 9:30 p.m., \$18. Information, 381-1111.

Dance

ELLEN SINOPOLI DANCE COMPANY
music and dance performance in celebration of The Egg's 25th anniversary, The Egg at Empire State

Plaza, Albany, April 12, 8 p.m., \$18, \$15 for seniors and students, \$9 for children under 13. Information, 473-1845.

Visual Arts

NEW YORK STATE MUSEUM
Strangely Familiar: Approaches to Scale in the Collection of the Museum of Modern Art, through June 29, plus permanent collections on New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE OF HISTORY AND ART
Richard Callner retrospective, through June 1; plus exhibits on Hudson River School painting, American sculpture, Egypt and the history of Albany, 125 Washington Ave. Information, 463-4478.

SCHENECTADY MUSEUM
Spirit of Schenectady and Collection Highlights, Nott Terrace Heights. Information, 382-7890.

ALBANY INTERNATIONAL AIRPORT GALLERY
Albany-Shaker Road, Colonie, "Show Off," artwork and ephemera from 57 upstate museums and historic sites, through April 30, 7 a.m. to 7 p.m. daily. Information, 242-2241.

YATES GALLERY
at Siena College, Route 9, Loudonville, photographs of Ecuador by Dale Raisig, through May 21, Wednesday to Sunday. Information, 783-2517.

LOCAL COLOR ART GALLERY
961 Troy-Schenectady Road, Latham, "Winter Blues," through April 30, Wednesday to Sunday. Information, 786-6557.

Call for Artists

ARTISTS WANTED
exhibit space available for original paintings at Local Color Art Gallery, 961 Troy-Schenectady Road, Latham. Information, 786-6557.

DELMAR COMMUNITY ORCHESTRA
openings in the string, horn and percussion sections. Information, 439-7749.

COLONIE TOWN BAND
several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR
openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SUBURBAN SOUNDS COMMUNITY CHORUS
openings in mixed chorus, rehearsals Sundays at 7 p.m. at Altamont Village Hall, 115 Main St. Information, 861-8000.

FRIENDSHIP SINGERS
openings in women's singing group, focusing on old favorites and show

tunes, rehearsals Tuesday mornings at Community United Methodist Church 1499 New Scotland Road, Slingerlands. Information, 439-2360.

SIENA CHAMBER ORCHESTRA AND CHOIR
rehearsals Thursdays at 7:30 p.m. for orchestra, Wednesdays at 6 p.m. for choir, Siena College, Route 9, Loudonville. Information, 783-2325

ANNIE SCHAFFER ORCHESTRA
openings in the string section, rehearsals Thursdays 9:30 a.m. to noon, Nott Terrace and Eastern Avenue, Schenectady. Information, 372-5146.

MALE SINGERS NEEDED
for Electric City Chorus, training provided, rehearsals at Faith United Methodist Church, Brandywine Avenue and Eastern Parkway, Schenectady, Tuesdays, 7:30 p.m. Information, 785-4807.

MONDAY MUSICAL CLUB WOMEN'S CHORUS
invitation for new members to join in singing classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

CAPITAL COMMUNITY VOICES
rehearsals at Columbia High School, Luther Road, East Greenbush, 7 to 9 p.m., Tuesdays. Information, 477-8308.

CRAFTERS WANTED
for 2003 New Scotland Plum Fest on Sept. 20. Information, 439-5488.

Classes

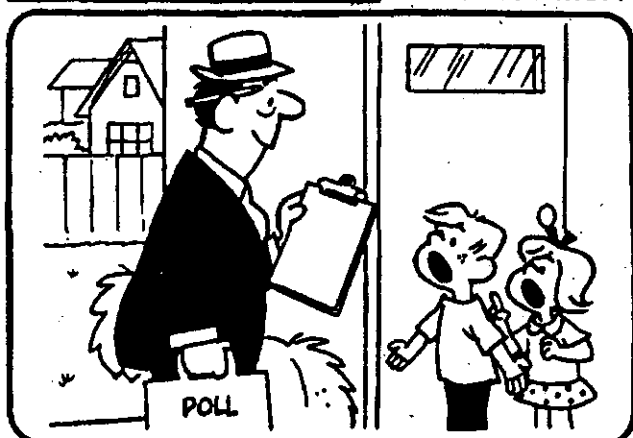
DANCE CLASSES
ongoing, all levels, ballet, jazz and modern, New School of Ballet, 1098 Parkwood Blvd., Schenectady, Mondays to Thursdays and Saturdays. Information, 346-1096.

ART CLASSES
watercolor, oil and drawing, beginner and intermediate, Wednesdays and Thursdays, taught by Kristin Woodward. Information, 783-1828.

Music

NRBQ
Valentine's, 17 New Scotland Ave.,

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Door window is larger. 2. "Poll" is written on clipboard. 3. Briefcase is blank. 4. Pencil is missing. 5. Fence is different. 6. Shrub is missing.

MAGIC MAZE • DEEP —

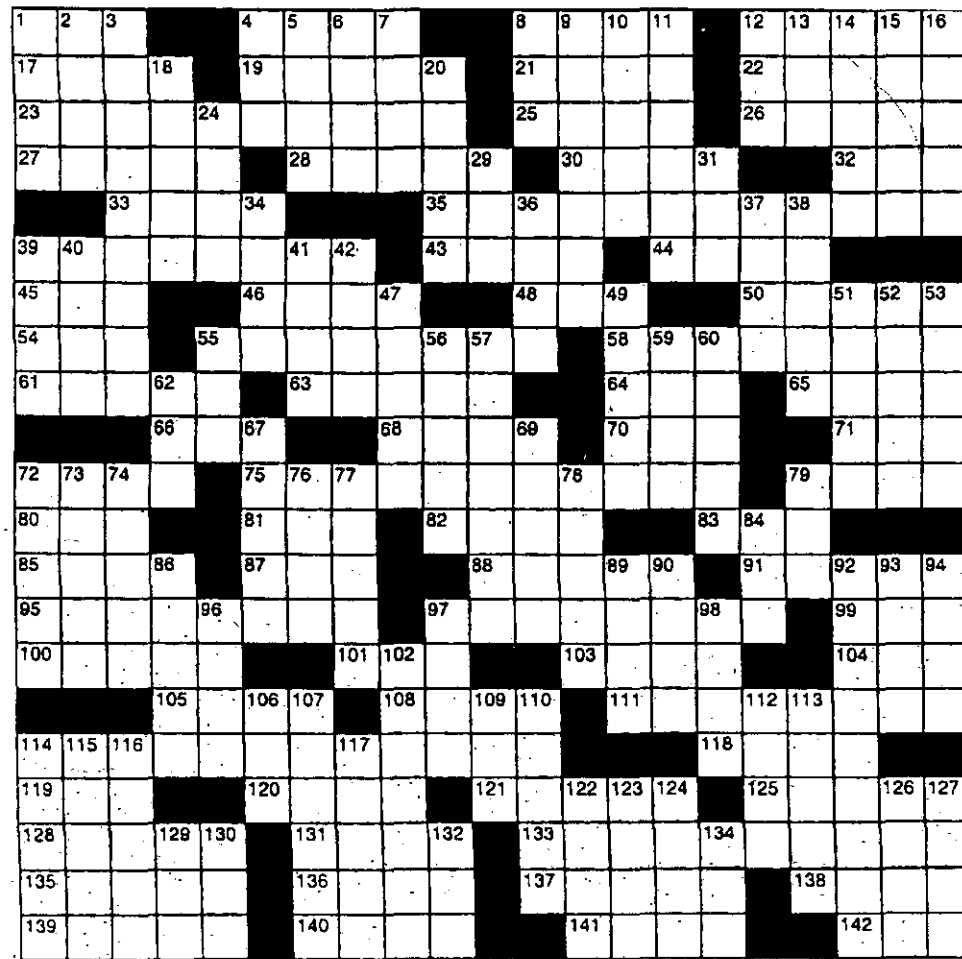
WYVROTLIFCZWTQN
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ECZREXCUSNSFQNL
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NLKEIIRGTTEAE OU
TBEDNINCUSRBTZP
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JIGEDWONSMBAFYX

Find the listed words in the diagram. They run in all directions — forward, backward, up, down and diagonally.

Breath Feelings Mystery Snow
Concern Freezer Pockets South
Discount Fryer Purple Thinker
Fat In debt Roasted

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The Super CROSSWORD



- ACROSS**
- 1 Matterhorn, e.g.
 - 4 It's a long story
 - 8 Steel support
 - 12 Indescent stones
 - 17 Ocho —, Jamaica
 - 19 Move through mud
 - 21 Submarine base?
 - 22 Warhol subject
 - 23 Start of a remark
 - 25 Not give — (be indifferent)
 - 26 Play
 - 27 Moshe of Israel
 - 28 Growl
 - 30 Appearance
 - 32 Pro foe
 - 33 Walked
 - 35 Part 2 of remark
 - 39 Little or Straight
 - 43 Coasted
 - 44 — Pea (Popeye's kid)
 - 45 "The Greek Tycoon" subject
 - 46 Actress Tyne
 - 48 Rock's Fleetwood
 - 50 Layette fasteners
 - 54 Unwell
 - 55 Fall in a heap
 - 58 "The Messiah," for one
 - 61 Electrical inventor
 - 63 Word form for "large"
 - 64 Morticia, to Pugsley
 - 65 Coarse flour
 - 66 Clean-air org.
 - 68 Dutch painter
 - 70 Ram's remark
 - 71 Compass pt.
 - 72 Casino cubes
 - 75 Part 3 of remark
 - 79 New Mexico resort
 - 80 Curie or Arden
 - 81 Actress Tyler
 - 82 General Bradley
 - 83 — Canals
 - 85 A bad figure?
 - 87 Alias initials
 - 88 Corpulent
 - 91 Furnishings
 - 95 Noisy quarrels
 - 97 Like some butter
 - 99 Exist
 - 100 Innsbruck's locale
 - 101 Cable channel
 - 103 Little than little
 - 104 JVC competitor
 - 105 Summer stinger
 - 108 Promise
 - 111 Part of PG
 - 114 Part 4 of remark
 - 118 New York county
 - 119 Sopranos' network
 - 120 Geometry calculation
 - 121 Trepidation
 - 125 67 Down feature
 - 128 — beaver
 - 131 Can openers?
 - 133 End of remark
 - 135 Put on
 - 136 Frozen capital
 - 137 Flynn of films
 - 138 Fabled racer
 - 139 Mortise's mate
 - 140 Have to have
 - 141 '60s talk-show host
 - 142 TV's "The Flying —"
 - 3 Youthful hairdos
 - 4 Fast flier
 - 5 "Oh, wool"
 - 6 Wedding wear
 - 7 Disoriented
 - 8 Journalist
 - 9 — onion
 - 10 Actor Delon
 - 11 Matures
 - 12 "Grumpy — Men" ('93 film)
 - 13 Norm
 - 14 You can count on them
 - 15 "Tree" ('62 hit)
 - 16 Street talk
 - 18 Get cracking
 - 20 Rosemary and basil
 - 24 "Are you — out?"
 - 29 "— Abner"
 - 31 Hot off the press
 - 34 "The Aeneid" character
 - 36 Use a stopwatch
 - 37 Take a breather
 - 38 Poison
 - 39 Angler's dangle
 - 40 Agatha's colleague
 - 41 Unruffle
 - 42 Grasso or Raines
 - 47 Marina sight
 - 49 Small band
 - 51 Where the action is
 - 52 Perahia's instrument
 - 53 Pump parts
 - 55 Graduation gear
 - 56 Bandleader
 - 57 Wise guy
 - 59 Laugh loudly
 - 60 Pile up
 - 62 Poe's "Annabel —"
 - 67 Book of maps
 - 69 Strike-breakers
 - 72 Dutch pottery
 - 73 Tower
 - 74 Composer Franck
 - 76 Walk in the woods
 - 77 "Stop, sailor!"
 - 78 Pick up the — check
 - 79 Low digit
 - 84 Eccentric
 - 86 Crab's expression
 - 89 Lingerie item
 - 90 Empedocles' last stand?
 - 92 — coordinates
 - 93 Nantou or Willy
 - 94 Genuine
 - 96 Be — unto oneself
 - 97 Home of the Osmonds
 - 98 Thordfield governess
 - 102 Distinguished
 - 106 — Na Na
 - 107 C&W's Dolly
 - 109 It's in the bag
 - 110 Chrissie of The Pretenders
 - 112 Hockey's Lindros
 - 113 Last inning
 - 114 It's often heaved
 - 115 Subside
 - 116 Boston airport
 - 117 Make one's hair stand on end?
 - 122 Trail mix
 - 123 Nimble
 - 124 '82 Jeff Bridges film
 - 126 Neutral tone
 - 127 Rock hound?
 - 129 Freud topic
 - 130 Cartoon canine
 - 132 Turf
 - 134 Flagon filler

The Spotlight CALENDAR

Wed. 4/9

BETHLEHEM

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m.-noon. *Also Thurs., 2-4:30 p.m.* Information, 439-0503.

SOLID ROCK CHURCH

evening prayer and Bible study, 7 p.m., 1 Kenwood Ave. Information, 439-4314.

TOWN BOARD

Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS

The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

DELMAR FIRE COMMISSION

firehouse, Adams Place, 7:30 p.m. Information, 439-3851.

TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

'NONFICTIONADOS'

Discussion of "What Went Wrong: the clash between Islam and the modernity in the Middle East by Bernard Lewis, copies available at reference desk, Bethlehem Public Library, 451 Delaware Ave., 7 p.m., Call 439-9314 to register.

NEW SCOTLAND

TOWN COUNCIL

New Scotland Town Hall, Route 85, 7 p.m. Information, 439-4889.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

CAREGIVER SUPPORT GROUP

Church of St. Thomas the Apostle, 35 Adams Place, 7 p.m. Information, 439-7387.

DELMAR FIRE DEPARTMENT AUXILIARY

firehouse, Adams Place, 7:30 p.m.

ELSMERE FIRE CO. AUXILIARY

firehouse, Poplar Drive, 7:30 p.m.

BETHLEHEM LUTHERAN

children's choir, 6:15 p.m., senior choir, 7 p.m., 85 Elm Ave. Information, 439-4328.

BETHLEHEM MEMORIAL VFW

Post 3185, 404 Delaware Ave., 8 p.m. Information, 439-9836.

AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND

THE CLOTHING CLOSET

A service supported by area Reformed churches to provide clothing to those in need; volunteers welcome. Clarksville Reformed Church, Route 443, Clarksville, 8:30-11:30 a.m. and 4-7 p.m. Information, 768-2916 or 439-5400.

POETS SUPPORT GROUP

The Every Other Thursday Night Poets & Writers Support Group, 7 p.m., Voorheesville Public Library.

Fri. 4/11

BETHLEHEM

AA MEETING

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

CHABAD CENTER

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

'BATHTIME IN STORY AND RHYME'

Stories, songs and crafts for toddlers, Bethlehem Public Library, 451 Delaware Ave., 10 and 11 a.m., Call 439-9314 to register.

NEW SCOTLAND

PIONEER CLUBS

For children grades 1 through junior high; Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

TEEN ADVISORY BOARD

6th grade and older welcome, 4 p.m., Voorheesville Public Library.

Readings from noon - 3 p.m., Voorheesville Public Library, Register early by phone 765-2791.

Sun. 4/13

BETHLEHEM

WORSHIP INFORMATION

Bethlehem Community Church, 201 Elm Ave., 439-3135.
Bethlehem Congregation of Jehovah's Witnesses, Elm Avenue and Feura Bush Road, 439-0358.
Bethlehem Lutheran Church, 85 Elm Ave., 439-4328.
Delmar Full Gospel Church, 292 Elsmere Ave., 439-4407.
Delmar Presbyterian Church, 585 Delaware Ave., 439-9252.
Delmar Reformed Church, 386 Delaware Ave., 439-9929.
Family of God Community Church (Nazarene), Krumkill Road at Blessing Road, North Bethlehem.
First Church of Christ, Scientist, 555 Delaware Ave., 439-2512.
First Reformed Church of Bethlehem, Route 9W, Selkirk, 767-2243.
First United Methodist Church of Delmar, 428 Kenwood Ave., 439-9976.
Glenmont Community Church, 1 Chapel Lane, Glenmont, 436-7710.
King's Chapel, 434 Route 9W, Glenmont, 426-9955.
Mount Moriah Ministries, Route 9W, Glenmont, 426-4510.
Normansville Community Church, Mill Road, Delmar, 439-5710.
Slingerlands Community UMC, 1499 New Scotland Road, 439-1766.
Solid Rock Church, 1 Kenwood Ave., Glenmont, 439-4314.
South Bethlehem United Methodist Church, 65 Willowbrook Ave., 767-9953.
St. Michael's Shrine, Beacon Road at Route 9W, Glenmont, 462-2016.
St. Stephen's Episcopal Church, Poplar Drive and Elsmere Avenue, Delmar, 439-3265.
St. Thomas The Apostle Church, 35 Adams Place, Delmar, 439-4951.
Unity of Faith Christian Fellowship, 436 Krumkill Road, North Bethlehem, 438-7740.

NEW SCOTLAND

WORSHIP INFORMATION

Bethel Baptist Church, meeting at Auberge Suisse Restaurant, Route 85, 475-9086.
Clarksville Community Church, Route 443, 768-2916.
Family Worship Center, 92 Lower Copeland Hill Road, Feura Bush, 768-2021.
Faith Temple, New Salem, 765-2870.
First United Methodist Church, 68 Maple Ave., Voorheesville, 765-2895.
Jerusalem Reformed Church, Route 32, Feura Bush, 439-0548.
Mountainview Evangelical Free Church, Route 155, Voorheesville, 765-3390.
Onesquethaw Reformed Church, Tarrytown Road, Feura Bush, 768-2133.
New Scotland Presbyterian Church, Route 85, 439-6454.
St. Matthew's Church, Mountain View Road, Voorheesville, 765-2805.
Unionville Reformed Church, Delaware Turnpike, 439-5001.
United Pentecostal Church, Route 85, New Salem, 765-4410.
BETHLEHEM

'DREAMING NOVELS: WRITING FROM PICTURES OUT OF THE SUBCONSCIOUS'

Local author Claudia Ricci talks about her book "Dreaming Maples" and the perils of publishing a novel, Bethlehem Public Library, 451 Delaware Ave., 2 p.m.

Mon. 4/14

BETHLEHEM

PEACE VIGIL

Bethlehem Neighbors For Peace, weekly peace vigil, Four Corners intersection, Delmar, 5-6 p.m., Information, 439-1968.

MOTHERS' TIME OUT

Christian support group for mothers of preschool children, Delmar Reformed

Church, 386 Delaware Ave., nursery care provided, 9:30 to 11 a.m. Information, 439-9929.

DELMAR KIWANIS

Quality Inn, Route 9W, 6:15 p.m. Information, 439-2437 or 439-6952.

CLASS IN JEWISH MYSTICISM

Delmar Chabad Center, 109 Elsmere Ave., 7 p.m. Information, 439-8280.

INDOOR PISTOL SHOOTING

Albany County Pistol Club, Winne Place, 7 to 9 p.m. *Also Tuesday.* Information, 439-0057.

EXPLORER POST 157

For boys and girls 14-21, focusing on environmental conservation, 310 Kenwood Ave., 7:30-9 p.m. Information, 439-4205.

DELMAR COMMUNITY ORCHESTRA

rehearsal, Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-7749.

ROYAL ARCH MASONS

Temple Chapter No. 5; Masonic Temple, 421 Kenwood Ave.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND

QUARTET REHEARSAL

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

Tues. 4/15

BETHLEHEM

DELMAR ROTARY

Quality Inn, Route 9W, 7:30 a.m. Information, 767-2930.

TREASURE COVE THRIFT SHOP

First United Methodist Church, 428 Kenwood Ave., 9 a.m. to 6 p.m.

TAKE OFF POUNDS SENSIBLY

Glenmont Community Church, Weiser Street, 6 p.m. weigh-in, 6:30 p.m. meeting. Information, 449-2210.

PLANNING BOARD

Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BINGO

at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

ONESQUETHAU LODGE 1096 F&M

Masonic Temple, 421 Kenwood Ave.

'COMPUTER FOR THE ABSOLUTE BEGINNER'

Hands-on introduction to computers, Bethlehem Public Library, 451 Delaware Ave., 9:30 and 11 a.m., Call 439-9314 to register.

NEW SCOTLAND

PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

NIMBLEFINGERS/QUILTERS

Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

VOORHEESVILLE PTA

Elementary school cafeteria, 7:30 p.m. Information, 765-3644.

Wed. 4/16

BETHLEHEM

BETHLEHEM LIONS CLUB

Quality Inn, Route 9W, Glenmont, 7 p.m. Information, 439-4857.

ALZHEIMER'S SUPPORT GROUP

Northeast NY Alzheimer's Association meetings for families, caregivers, and friends; Delmar Presbyterian Church, 585 Delaware Ave., 7 p.m.

SOLID ROCK CHURCH

1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

ZONING BOARD OF APPEALS

Bethlehem Town Hall, 445 Delaware Ave., Delmar, 7:30 p.m. Information, 439-4955.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

BC SCHOOL BOARD

district office, 90 Adams Place, 8 p.m. Information, 439-7098.

BETHLEHEM ELKS LODGE 2233

1016 River Road (Route 144), Cedar Hill, 8 p.m. Information, 767-2886.

ORDER OF THE EASTERN STAR

Onesquethaw Chapter, Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

TESTIMONY MEETING

First Church of Christ, Scientist, 555

Delaware Ave., 8 p.m. Information, 439-2512.

NEW SCOTLAND

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

Thurs. 4/17

BETHLEHEM

BETHLEHEM SENIOR CITIZENS

Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

TAKE OFF POUNDS SENSIBLY

Weekly meeting at Delmar Reformed Church, 386 Delaware Ave., Delmar, 1-2:30 p.m. Information, 465-8732.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

BETHLEHEM LUTHERAN

children's choir, 6:15 p.m., senior choir, 7 p.m., 85 Elm Ave. Information, 439-4328.

AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND

THE CLOTHING CLOSET

A service supported by area Reformed churches to provide clothing to those in need; volunteers welcome. Clarksville Reformed Church, Route 443, Clarksville, 8:30-11:30 a.m. and 4-7 p.m. Information, 768-2916 or 439-5400.

NEW SCOTLAND KIWANIS CLUB

New Scotland Presbyterian Church,

Thurs. 4/10

BETHLEHEM

BETHLEHEM SENIOR CITIZENS

Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

TAKE OFF POUNDS SENSIBLY (TOPS)

Weekly meeting at Delmar Reformed Church, 386 Delaware Ave., Delmar, 1-2:30 p.m. Information, 465-8732.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

BETHLEHEM ART ASSOCIATION

Bethlehem Public Library, 451 Delaware Ave., 6:45 p.m. Information, 768-2624.

Sat. 4/12

EVERY SATURDAY

BETHLEHEM

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

'EARTH STORIES'

Storytelling, songs and crafts for toddlers and their family, Bethlehem Public Library, 451 Delaware Ave., 11 a.m., Call 439-9314 to register.

NEW SCOTLAND

POETRY OPEN MIC

Adults and teens are invited to share poems, Signups begin at 11:30 a.m.,

Spotlight on Dining

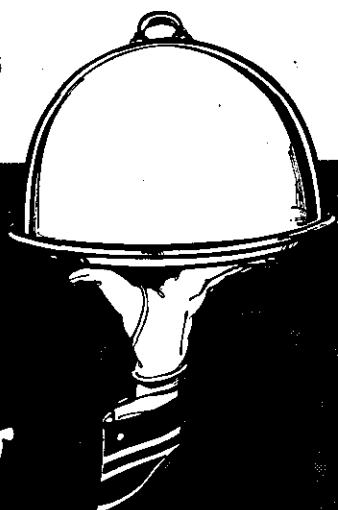
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Spotlight CLASSIFIEDS

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CHILD CARE NEEDED

For 3 School Age Children Ages 9,11,15. In My Delmar Home. Monday- Thursday 7-9 AM & 4-7 PM. Must Have Car And Flexibility With Hours. Call Sandy At 439-8074 After 7 PM.

Full time Nanny needed to care for children, ages 5-9 years, in our Slingerlands home Monday thru Friday. Salary, health ins., vacation and other benefits offered to the right nurturing, patient and energetic person. Must possess a true love of children. Previous childcare experience and references required. Email resume to: cpezz@nycap.rr.com or call 515-378-1771.

CLEANING SERVICES

14 YEARS EXPERIENCE: Satisfaction Guaranteed, Excellent References. Thorough, Dependable! 439-2796.

BC CLEANING: Honest, Dependable. For The Most Reasonable Rates Around! Call 427-1590.

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Affordable Rates, Flexible Hours. Free Estimates. Call Janice 475-9621.

CHILDCARE SERVICES

CHILD SITTING- Weekends & Evenings. Experienced, Mature Women For Care Of Infants to Teenagers. Call Ellen- 782-7700 Ext.1488.

MOTHER of one toddler has openings in her Selkirk home for Full Time child care. Dead end street, large backyard and playroom. If interested, please call Christen at 767-3114.

My ALBANY/DELMAR home ~ 2 openings. Experienced with references, 449-4853.

CLEANING- residential/ small business/industrial. Free estimates. References. Call Rose 439-0350.

CRAFT FAIR

GUILDERLAND PTA COUNCIL CRAFT FAIR- April 12th, 10-4. At High School. (Rt 20 to Rt 146 To School Road).

SPRING CRAFT SALE: APRIL 12TH, 10am-3pm. 2689 New Scotland Rd, New Salem. 765-3143. Do Your Easter Shopping With Us!

SAVE, when you buy 10 personal Fitness Training Sessions. Lose Weight, Tone Up, In Your Own Home, Don't Waste Time Going To A Gym. CALL NOW. 518-286-9280.

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FOUND

ELM ESTATES AREA- (Man's Diamond Ring With Other Stones. For Information Call To Identify. 439-2446

GARAGE SALES

DOWNSIZED- Lots Of Furniture, Decorating Items, Household, Home Products, Toys, Clothes. Lots Of Stuff At Yard Sale Prices. 57 University Street, (Elm Estates). Saturday April 12th, 8AM-2 PM.

GARAGE SALE- April 12, 2003. 10am-2pm. North Bethlehem Fire Dept. 589 Russell Road, Albany, NY 12203.

NORTH BETHLEHEM FIRE DEPT- 589 Russell Rd Albany. April 12th, 10 am.-2 pm.

TAG SALE- Bethlehem Business Women's. Annual Tag Sale. Saturday April 12th. 8AM-1PM. Masonic Temple 421 Kenwood Ave. Delmar.

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A skilled Tradesman (Retired) Yard Work, Lawns, Electrical, Plumbing, Carpentry, Bark, Mulch, Topsoil, Excavation, Septic Systems, Pressure Washing. Jim- 765-2970.

BEST BET HANDYMAN, Home Repairs & Maintenance, Electrical, Plumbing, etc., Senior Discounts, Call 434-5612.

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MISCELLANEOUS

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WANTED

WANTED TO BUY Pre-1955 telephones, radios, television sets, tube amplifiers, cast iron penny banks, cameras, pre- 1920 tin or glass or paper photographs, old wood fishing lures, old toy cars, trucks, boats, or model boats, pre 1960 soda machines any condition, World War II/American or Nazi items, Civil War swords, pictures, etc.. Any condition on above items even broken or rusty. Call 745-8897.

Wanted Used Washers, Dryers, Refrigerators, Ranges. Cash Paid If Working. 439-0912.

WANTED: TOYOTA Awa on XLS, reasonable, 439-1598.

Antique Furniture, Estate And Costume Jewelry. Paintings, Glass & China, Old Clocks, Antique Toys, ETC. 1 Item or Estate. Call Joan Or Jon- 426-1353.

Cap for GMC 1500 pickup, full size bed. 756-7965.

DEAD OR ALIVE! Snowblower, riding mower, rototiller, snowmobile, go-cart, chain saw. 399-6174.

Classified INFORMATION



Office Hours Deadline

8:30 AM - 5 PM
Monday-Friday
Deadline: Thursday at 5PM
for following week



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Delmar, NY 12054



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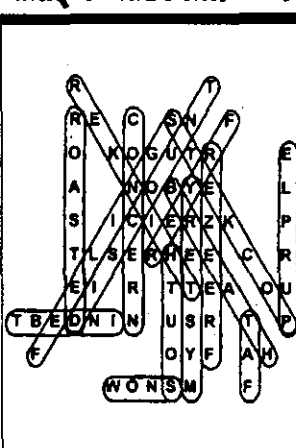
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Ads will appear in all eight newspapers, as well as on the internet for the number of weeks requested.

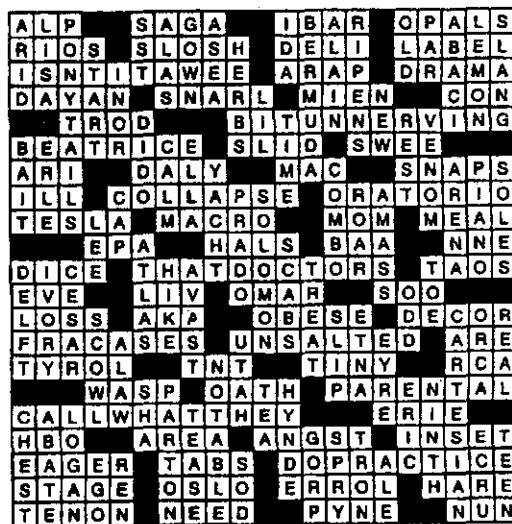
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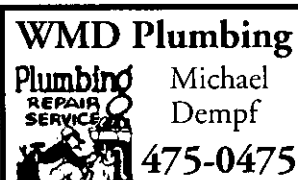
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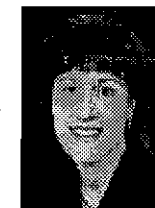
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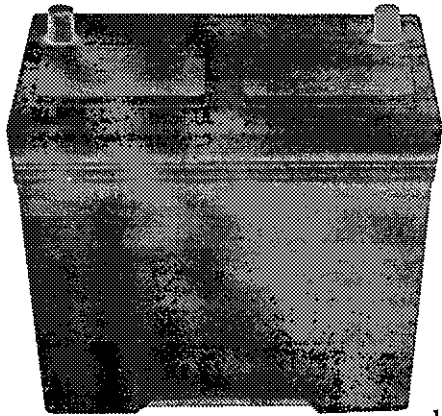
We've all heard the exclamation, "For Pete's sake!" But in the world of automotive emergencies, motorists need to learn certain procedures for "safety's sake." Two of the most valuable lessons, changing a tire and hooking up jumper cables are best learned before an emergency arises, according to the Car Care Council. The process of boosting a battery is especially important in cold weather. Jumper cables or cables on a portable battery booster should be connected properly to avoid sparks, which can cause an explosion of the hydrogen gas emitting from a battery. Beyond this, an incorrect hook up can damage critical, and expensive, electronic components.

The procedure is simple: Connect the positive (+) clamp to the positive terminal of the healthy battery and the other positive clamp to the corresponding terminal of the dead battery. Next, the negative (-), or ground, terminal on the good battery and, finally, the negative clamp to the engine block, frame or other grounded metal as far as possible from the battery. You want to avoid sparks in the vicinity of the explosive hydrogen gas that emits from the battery. Do not connect it to the ground terminal (negative).

When using a portable battery booster, the process is much the same. Connect the positive clamp of the booster cable to the positive clamp of the dead battery. Then connect the negative cable to the engine block or other grounded metal away from the battery.

The Council offers an additional suggestion: if you are buying jumper cables or a portable battery booster, buy the best quality you can afford. Look for well-insulated clamps and 8-gauge wire. (Note: the lower the wire gauge number, the heavier the gauge.) Under the heavy electrical load of boost starting, lightweight cables may not be able to deliver enough current to start some engines. In fact, they have been known to melt in the user's hand.

If your battery is three-years old or older and you haven't had it checked, it's a good preventive measure to do so, suggests the Council. A battery's power is reduced as the temperature drops. And that's when the engine's starting demands are greatest.



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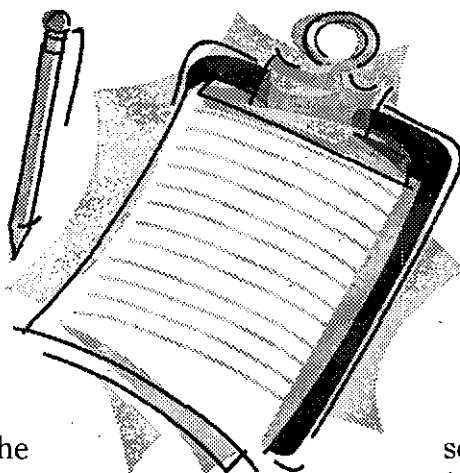
Tow truck operators in resort areas or along Interstate highways see all too many travelers forced to return home ahead of schedule. Car trouble, usually due to neglected preventive maintenance, brings an abrupt end to vacation plans.

The situation usually means more than just a repair bill, says the Car Care Council. It can involve towing charges, lodging and possibly a rental car. Add to that the cost of extra phone calls, meals and general inconvenience, and the ordeal becomes expensive.

This scenario usually can be avoided with a pre-vacation inspection performed by a qualified automotive technician. This

"physical" for your automobile should address the following systems:

- Cooling
- Braking
- Emission control
- Steering/suspension
- Fuel
- Electrical and ignition



In addition, the tech should evaluate engine performance, tires/wheels, A.C./heater/defroster, instruments/gauges, windshield wipers, horns/lights/mirrors, seat belts and the car's body, inside and out.

Not only can a pre-trip inspection help reduce chances of costly and possibly dangerous road trouble, it also provides an opportunity to have repairs made at home, with one's own technician who knows the vehicle.

Especially important, it provides peace of mind.

While no inspection can guarantee a car's performance, it's comforting to know proper precautions were taken.

The Car Care Council is the source of information for the "Be Car Care Aware" campaign, educating consumers about the benefits of regular vehicle maintenance and repair. For more information visit www.carcare.org.

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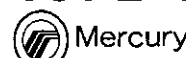
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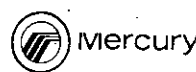
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Weigh

(From Page 1)

become very interested in town government," said Tucker.

The IDA works to promote Bethlehem as an ideal location for businesses to settle and it provides assistance for those who choose the area. Should he decide to run, Tucker said balancing the tax base will be part of his platform.

"I believe there is an opportunity to encourage controlled growth to stabilize and enhance the tax base while preserving the residential

community," he said.

The 48 year-old currently serves as president and chief executive officer of Mercer Management, which he joined in 1983. Mercer Management is an Albany-based energy and real estate development and management firm. The Villanova University graduate is also admitted to practice law in New York and Tucker is a licensed real estate broker. While Tucker volunteers his time on several nonprofit boards, he is also involved in state Republican politics. He has served as treasurer of the Republican Assembly Campaign Committee and secretary of the county

Republican Executive Committee. Despite a busy schedule, the married father of three, believes now is the time to consider seeking political office.

"I am at a point in my career where I would be able to be a full-time supervisor," said Tucker.

Albany County Legislator David Young is also exploring his options, which might include stepping down from his county post to make a run for supervisor.

"I am interested, but I have some family considerations to make and ultimately, it's the party and the local Republican committee that makes the decision," said Young.

The 36 year-old Republican has served in the county Legislature, representing much of Bethlehem, for the last eight years. In 2000, he left his senior analyst position with the Senate Finance Committee after eight years and worked for SUNY's Institute of Entrepreneurship for a year.

In 2002, Young was named Public Official of the Year by the Center For Independence in Albany for his work on behalf of the disabled.

Asked why he would consider entering town government, Young said it all relates to his roots. "It's as simple as I grew up here, and I love the town."

While a run may still be up in the air, Young's focus should he seek the position is crystal clear.

"Balancing our tax base between residential and commercial and to me that means smart growth," which Young describes as actively seeking out companies that taxpayers want to settle in Bethlehem.

Young lives in Delmar with his wife Maureen and their two children.

Republican Joseph Catalano says he's certain he'll seek the party's nomination in the Supervisor's race. The 47 year-old lifelong resident of Bethlehem is eager to give back to his community. "I love the town, I think I have a good understanding of what it needs, how to maintain the character and also continue its growth," said Catalano.

Since 2000, Catalano has worked as the Pastoral Associate at St. Thomas Church in Delmar while also volunteering his time as the Vice President of the Elsmere Fire Department. Prior to these positions, Catalano oversaw all functions of the Solomon and Solomon, PC collections law firm in Albany where for four years he held the position of director. The Siena graduate has a degree in accounting and for 17 years

worked in New York state government with the majority of his time spent serving as the director of the Office of Default Loan Finance. At a time when many municipalities are struggling with finances, Catalano believes he can bring a unique perspective to the position with his public and private sector experience. "I have a very good economic background, a good sense of what business is like," said Catalano. "I'd look for other sources of revenue, trying to offset the tax burden that homeowners have to contend with."

Catalano resides in Elsmere with his wife and they are the parents of two daughters.

Delmar native, Theresa Egan, who currently serves as a Bethlehem town justice is considering a run on the Democratic ticket.

"I know that if I chose to do this, there will be a resignation of my town justice position," said Egan.

Egan was first elected Bethlehem town justice in 1998 and is currently serving her second four-year term which began in January 2002. An Albany Law School graduate, Egan practices with Waite & Associates, a downtown Albany law firm. The 43-year-old, is the mother of two children.

The supervisor's post is appealing to Egan because, "I would be in a position to try and give back to the town and hopefully move it forward," she said.

Due to her position as town justice, Egan declined to comment on what issues she would tackle if elected.

Town Board Member George Lenhardt has opted not to seek the Republican party nomination for the supervisor's position, citing time restraints.

Corsi

(From Page 1)

the most effective law enforcement way to deal with children and adolescents," LaChappelle added.

Other areas of concern include traffic and pedestrian safety, which Corsi said was another initiative of the agency. LaChappelle also credits former town supervisors and current Supervisor Sheila Fuller and the town board for their cooperation with various initiatives including traffic and pedestrian safety over the years.

"We're blessed with this town board and supervisor," LaChappelle said.

"Our goal is to ensure there is no break in services to the town," during the transition, Corsi said.

He said that if he is appointed, he and LaChappelle will continue to serve on the Zone 5 Regional Law Enforcement Advisory Board, which oversees police training at Hudson Valley Community College's training center. All police training is conducted there for a 10-county area.

Bethlehem Police Department consists of 66 employees, 41 of whom are officers. It has an annual budget of \$5 million. The chief's annual base salary is \$74,969.

Corsi and his wife and three daughters live in Selkirk.

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