

Area News



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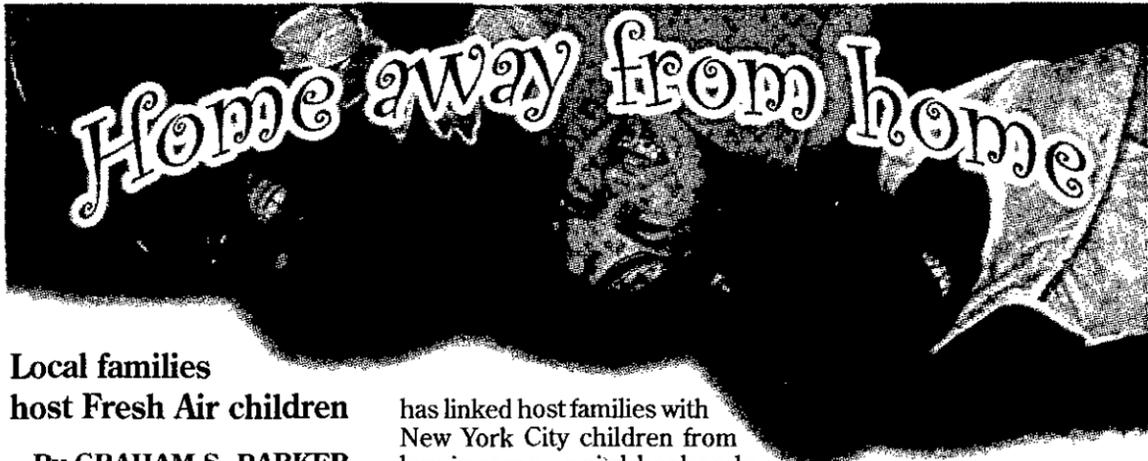
VOLUME L NUMBER 30 75¢ JULY 26, 2006



BC names new board president

Reconnecting the community is the No. 1 goal for Stuart Lyman, Bethlehem Central School District's newly elected school board president.

See story on Page 11.



Local families host Fresh Air children

By GRAHAM S. PARKER

Some children from New York City are getting a taste of Capital District living this summer.

Last week, 15 area host families with 26 Fresh Air Fund children had a farewell picnic at The Crossings Park in Colonie for the first group of kids to arrive in the area. On Friday, July 14, 40 more were due to arrive to stay with host families. For many children, it will be their second, third or fourth time staying with their hosts.

Every year since 1877 the fund

has linked host families with New York City children from low-income neighborhoods. From Staten Island to the Bronx, more than 1.7 million children have spent a few weeks out of the city, in the homes of upstate families.

"My guidance counselor talked to my mom and showed her some stuff about the program," said Vanessa Figueroa, 14, of Staten Island.

Her father recommended that she try the program. Her three brothers and three sisters also tried the program as well.

This summer is Figueroa's fourth year with the Van Valkenburgh family. Carol Van Valken-

burgh is the Fresh Air Fund representative for the Albany area. This is her 15th year with the fund, and her first as fund representative.

"Remarkably, not all that much has changed in 15 years. It's basically the same program," she said. "It's grown slightly. The average now is about 6,000 children a summer. About 70 of them typically come to the Albany area."

The success of the program rests solely with the host families, she said. Typically, 80 percent of host families return year after year to participate in the program. The ones that leave

□ Home Page 39



EZ-Pass, forged transcripts focus of Monday's testimony

By JIM CUOZZO

A forensic investigator for the New York State Police testified that Christopher Porco's EZ-Pass was found stuffed inside the center console of his Jeep Wrangler when police performed an exhaustive inventory of the vehicle to collect evidence just days after the crimes against his parents at 36 Brockley Drive.

Investigator Kelly Strack said Porco's Jeep was searched from dashboard to glove compartment to gas pedal in the hunt for clues.

"Is it safe to say you were looking for blood?" asked Prosecutor David Rossi.

"Yes, it is," said Strack.

Instead what police found was Christopher Porco's EZ-Pass — the device used for quicker passage through Thruway toll lanes —



For daily coverage of the Porco trial, visit our Web site at www.spotlightnews.com

jammed in the center console next to the loose change. Prosecutors believe Porco drove down the Thruway from Exit 46 in Henrietta, outside of Rochester, to Exit 24 in Albany to kill his parents Peter and Joan Porco before returning on the Thruway to the University of Rochester campus as students were waking for class.

The EZ-Pass in Porco's vehicle was used prior to the Nov. 15, 2004

attacks on the Porcos, on Nov. 12 and 13 of 2004, according to Eric Christensen, Thruway Authority operations manager. Porco's EZ-Pass with tag numbers 00401730245 registered when he drove from Rochester to Albany to see his then-girlfriend Sarah Fischer that weekend. Prosecutors believe that on Nov. 14 and 15, Porco removed the EZ-Pass located above the rear view mirror inside his car and paid for tolls using manned toll stations from Albany to Rochester and back. Two toll booth operators at Exit 24 and Exit 46 earlier testified they saw a yellow Jeep Wrangler drive through their lanes at times before and after the attacks occurred.

The Jeep was ripped from top to bottom by police, but Defense Attorney Laurie Shanks reminded

□ Testimony Page 20

Porco's brother testifies

Johnathan, Christopher don't make eye contact during proceedings

By JIM CUOZZO

Johnathan Porco once helped post bail for his brother Christopher after he was charged with murdering their father. On Monday, July 24, in a crowded Orange County courtroom, the naval lieutenant told the jury in his brother's murder trial that an ax kept in the family's garage looks similar to the ax used to attack his parents.

"You were shown a photograph of the ax," said prosecutor David Rossi. "Does it look like the ax your parents owned?"

"It looks similar because it had a marking from the local hardware store," said Johnathan Porco.

"Can you describe the ax?" asked Rossi.

"It has a red head and a wooden handle," said Porco.

Christopher Porco is accused of wielding an ax in the middle of the night on Nov. 15, 2004, after driving from Rochester to Albany on the state Thruway and striking his mother and father, Joan and Peter Porco, between 10 and 30 times in the master bedroom of their Brockley Drive, Delmar, home. Peter Porco died from injuries sustained in the ax attack. His wife Joan Porco survived her critical injuries but has no recollection of the crime.

Money, according to prosecutors, is believed to be one of the motives. Christopher Porco forged his father's signature electronically on two loans totaling \$48,000 during the summer and fall of 2004 to the dismay of his father, Peter.

"Do you know if you or your brother were beneficiaries of your mother and father's will?" asked Rossi.

"Yes, I did know if either my mother or father died, one of us would be beneficiaries," said Johnathan Porco.

"Was your brother Chris ever a part of these conversations?" Rossi asked.

"Yes, because we would probably talk about it over dinner," said Porco.

□ Brother Page 20

More coverage on Pages 3, 21 & 23



A tale as old as time ...

When the magic of Disney meets the oft-spoken-of magic of Park Playhouse, the combination is dazzling. Park Playhouse in Albany's Washington Park opened its 18th seasonal, with the now-classic musical, "Beauty and the Beast."

See story on Page 27.



Women's soccer

The Capital District has built a statewide reputation as a women's soccer hotbed. Now, it has proof that it is a national women's soccer hotbed.

See story on Page 38.

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 THE SPOTLIGHTS.75

Blotter

Bethlehem police arrest 3

Suzanne Marie Fusco, 28, of 407 Baxter Court in Delmar, was charged with DWI, driving with more than .08 percent blood alcohol content and failure to keep right.

Fusco was stopped by Bethlehem Police on July 19 for a traffic violation and was charged.

• Kevin Gary Vanderzee, 29, of 702 Starr Road, Ravena, was stopped by Bethlehem Police for failure to keep right and then charged with DWI, and driving with more than .08 percent blood alcohol content. Vanderzee was stopped near Cherry Avenue on July 14.

• Matthew Smith, 32, of 14 Terry Lane, Monticello, was charged with felony possession of a criminal substance third degree. Smith was stopped by Bethlehem Police on July 17, along Delaware Avenue for driving without head lights. After police stopped the vehicle they said they found 18 packs of crack cocaine in a black stocking in the car.

Garden project



The Slingerleaders Club at Slingerlands Elementary School recently provided muscles, smiles and enthusiasm for a recent garden improvement project. Students pulled weeds, moved topsoil and mulch, and planted new bushes and perennials.

IN BRIEF

BC class of 1976 to reunite

The Bethlehem Central High School class of 1976 Reunion will be held on Sept. 9 at 8 p.m. at Normanside Country Club.

The cost is \$20 per person, and there will be a cash bar and hors d'oeuvres. RSVP by Aug. 31, and send your check payable to: Mark Bryant, P.O. Box 219, Slingerlands, NY 12159.

For information, e-mail eanderso@nycap.rr.com.

St. Thomas seeks alumni for 50th anniversary event

In anticipation of its 50th anniversary, St. Thomas the Apostle School in Delmar is updating its alumni list and collecting old uniforms and school artifacts.

Alumni will be invited to attend the jubilee celebration, which will culminate in a Sept. 17 Mass to be celebrated at the parish church by Bishop Howard Hubbard. Memorabilia and uniforms will be displayed at a reception following the Mass.

Alumni are asked to visit www.stthomas-school.org/alum to update contact information. Those with memorabilia — old uniforms, certificates or awards, trophies, school books, or notebooks, projects and photos, should send them to St. Thomas the Apostle School, 42 Adams Place, Delmar, 12054.

For information, call 439-5573.

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Delmar woman named Nurse of Excellence

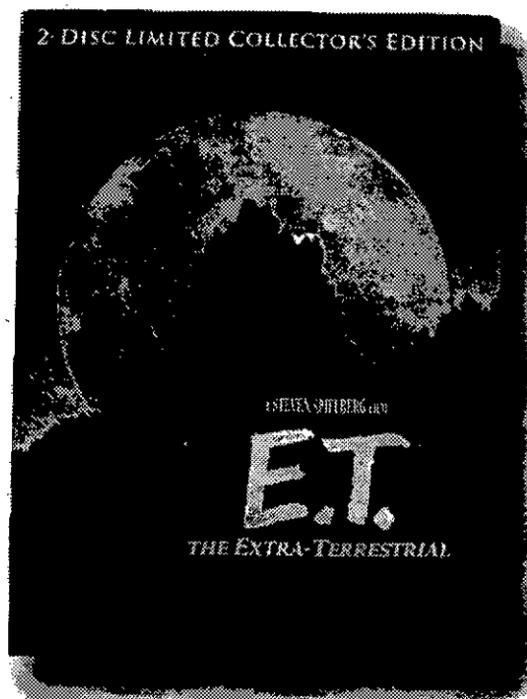
Mary Preska, R.N., of Delmar, an experienced nurse in St. Peter's Hospital Emergency Department, was named the Nurse of Excellence for 2006 at St. Peter's Health Care Services. A panel of registered nurses selected Preska from a field of nominations as an individual who exemplifies professional nursing practices at St. Peter's.

Correction

In the recent Update issue, Spotlight Newspapers incorrectly stated the number of years that Closet Crafters has been in business. The company opened in 1987. We regret this error.



2



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E-mails between father, son show strained relations

By JIM CUOZZO

A series of e-mails exchanged between a father and son over an 11-month period from January to November 2004 are at the heart of the prosecution's evidence in the murder trial of Christopher Porco.

Fifty-two computer correspondences between Peter Porco and Christopher Porco that Chief Prosecutor Michael McDermott to the jury, reveal a father who shows patience and devotion even as he begins to realize his son is lying about his financial and academic affairs.

The first correspondence tells Christopher Porco that his mother will pick him up at the University of Rochester and take him back home because he has

been "separated" from the school because his grade point average is 1.14.

"Mom will be arriving with the van on Tuesday, Jan. 13, 2004, to pack you up and bring you home. Please call as soon as possible, Dad."

The next correspondence from March 2004 is from Christopher Porco entitled "Failing Grades, you did it again," in response to his father's query that his son is failing in school again, this time at Hudson Valley Community College.

"Hi, I'm in London and have been touring around with Sarah a bit," wrote Porco. "I don't know why my grades would say that and assure you I didn't do it again."

"One reason it may say that is when I registered, my teachers initially had no record of me in their classes," Porco wrote.

In September, an e-mail from Peter to Christopher Porco asked why Christopher has yet to pay the IRS a refund check of \$337.88.

"Obviously whatever steps you thought you took to iron out this matter haven't satisfied the IRS," wrote Peter.

A few weeks later, Peter Porco

found out that car loan payments on the yellow Jeep Wrangler Christopher Porco drove were delinquent.

"Chris, we received mail on the weekend indicating your car loan payment was overdue and you had five days to pay it before they begin collection activities. You need to take immediate action on this, Dad."

Christopher wrote back he is waiting for a new credit card to come through. In October 2004, Christopher Porco told his father he needed documents so he can

borrow \$2,000. In reality, Porco is borrowing \$31,000 at a high interest rate and forging his father's name as a co-signer to the electronic

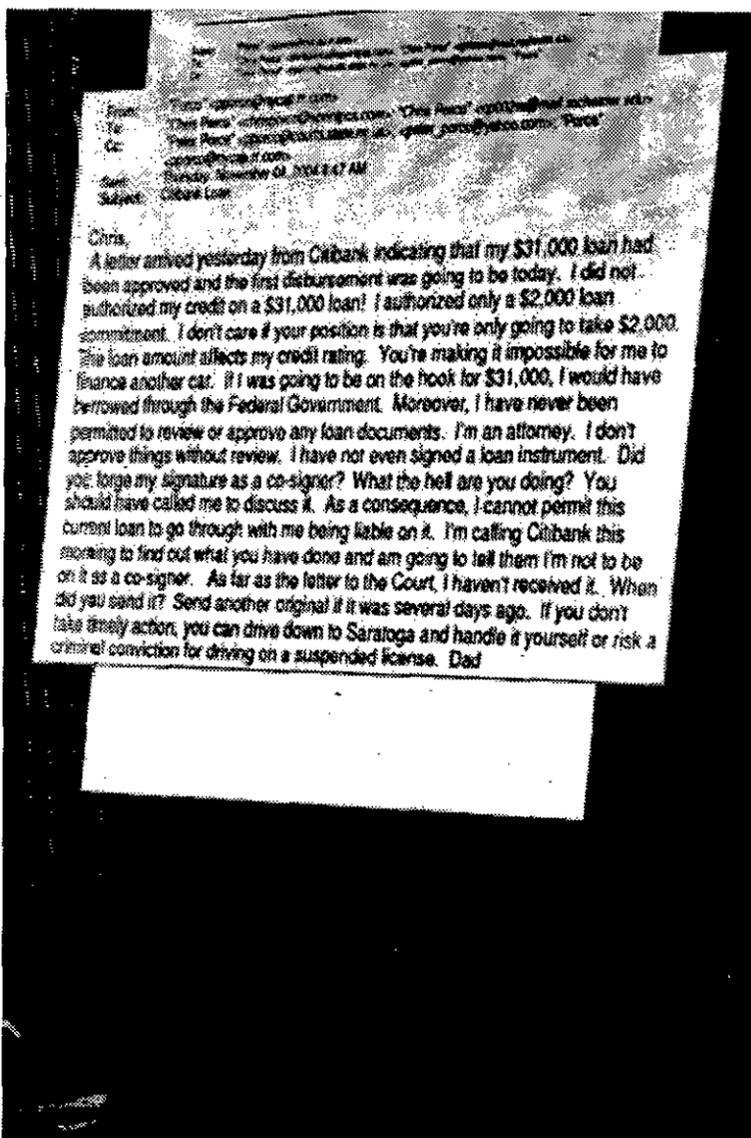
document from his university computer.

"Hey dad, I just talked to the Citibank people and they won't give me the loan without a co-signer. I know you don't want your credit tied up in a co-sign but hear me out. With you and mom's current income level an education loan for \$2,000 won't even show up. I will call you guys tonight to talk it over, love Chris."

Peter wrote back that he would rather advance his son \$2,000 than co-sign a loan, but he would need some time to accumulate the cash. Also in October, Peter Porco pays the IRS \$340.98 because he does not want his son to receive a tax levy. He also writes:

"I trust you will bring your car loan up to date. It distresses me that you have accumulated so much debt. I don't see how you can possibly make payments."

Christopher Porco's finances continued to spin out of control so much that his father sends five e-mails in one day asking Christopher why several issues have yet to be addressed, including a fee for a late inspection ticket to Saratoga Springs



E-mails exchanged between Peter Porco and his son Christopher, lower right, are displayed on a screen in the Orange County Courthouse in Goshen Thursday, July 20. Phillip Kamrass/pool photo

City Court, unpaid car loans and other financial issues.

"Hey guys," writes Christopher Porco. "I get back to my room (e-mail written at 5:30 a.m.) after studying for a test all night and I get like five e-mails from you, all dated the same time. As far as I know I am paid up on my car loan. I will give you a call tomorrow, thank you for keeping after me, love Chris."

On Nov. 4, 11 days prior to Peter Porco's murder, he writes to his son to reveal he is now aware the \$2,000 loan Christopher is applying for is in reality a \$31,000 loan and his name has been forged as co-signer.

"I did not authorize credit on a \$31,000 loan," wrote Peter Porco. "I have not even signed a loan instrument. Did you forge my signature as a co-signer? What the hell are you doing?"

Peter Porco then calls and writes both Citibank and the University of Rochester to stop payments on the loan, and on Christopher's school tuition.

"You have a lot of explaining to do," wrote Peter Porco. "It's time to stop the b.s. and call me at the office right away, Dad."

Christopher wrote back the same day saying "the school and

Citibank talked to each other to figure out how much the school will be getting. The final loan amount will be \$2,000, the amount was given a ceiling of \$31,000 but not all of that will be used. I haven't signed anything yet either, I assume we both sign when the loan amount is figured out. Chris."

The next day Peter Porco learned that his son forged his name on a car loan as well. His response:

"I want you to know that if you abuse my credit again, I will be forced to file forgery affidavits in order to disclaim liability. Things are obviously spinning out of control with you. I think you should come home so we can talk. We may be disappointed in you, but your mother and I still love you and care about your future. We can't help you problem solve without information and input from you, Dad."

Christopher Porco then stopped communicating with his father. There were no phone calls, no e-mails; just one final e-mail on Tuesday, Nov. 9, at 1:14 a.m.

"I am very sorry for not communicating with you recently," wrote Porco.

He wrote in the e-mail, "I feel like for the first time in my life I really have a handle on school work. I cannot apologize enough for the s...t you have been through in the past couple weeks. My intentions were exactly the opposite. Thank you so much for everything, and again I am so very sorry for all you have been through. I love you guys, love, Chris."

It is the last known correspondence between Christopher and his father before the crimes on Brockley Drive.

About 50 witnesses for the prosecution have been called so far. Another 30 to 35 will be called over the next several days before the defense begins to call their witnesses. Summonations are not expected for at least another two to three weeks.

For past stories, photos on the Porco trial, visit www.spotlightnews.com

Former friend: Christopher Porco knew parents' had will

By JIM CUOZZO

Daniel Kidera, a former high school friend of Christopher Porco, testified the defendant told him he knew that his mother and father Peter and Joan Porco had a will.

"He told me he had seen both his mother and father's will and he knew where they were kept," said Kidera.

Kidera who is from Delmar now lives in Virginia and works on the

staff of U.S. Sen. Charles Schumer. Porco asked Kidera for assistance with a \$2.8 million gift he said he was receiving from his grandmother and to set up an appointment with an investor to help organize his new found wealth. The reality according to prosecutors is that Porco was never going to receive any large gift from his grandmother. Kidera was only allowed to mention the will and not the expected gift in his testimony to the jury. Prosecutors want to show the jury that the defendant believed he would acquire family assets if his parents were dead.

Second Law Clerk in the office of New York State Third Appellate District in Albany, Michelle McKay, testified that Peter Porco was very concerned about his son Christopher in the fall of 2004.

"He was visibly worried about many things, and Christopher was

one of them," said McKay.

Defense attorney Laurie Shanks to the surprise of prosecutor Michael McDermott told the jury McKay heard Peter Porco say "he was afraid his son was a sociopath."

"I was stunned because that was such an uncharacteristic thing for Peter to say," said McKay. McDermott believes hearing the word 'sociopath' to describe Christopher Porco is damaging to the defense.

"I think that comment is going to be very hard for the jury to get out of their head," said McDermott.

Several e-mails were read to the jury between Peter Porco and son Christopher revealing that Porco's life was 'spinning out of control' according to his father. Peter Porco wrote those remarks in response to learning his son was accumulating debt, not paying bills, lying about his finances and

forging his father's name twice on two loans totaling \$48,000.

"It's pretty sad," said McDermott. "It's just staring Peter right in the face and he keeps bailing him (Christopher Porco) out." "I think it's some pretty powerful stuff," McDermott added.

Julia Cannizzaro, confidential secretary to Appellate Court Judge Anthony Cardona took the stand a second day and was asked by McDermott to verify if numerous signatures on a Capital One Loan Application is that of Peter Porco.

"No it is not," said Cannizzaro. "The next one please," asked McDermott.

"No it is not," said Cannizzaro. "Is that Peter Porco's signature," McDermott said.

"No it is not," again answered Cannizzaro.

Rachel Boylan, a lieutenant in the Marine Corp stationed in Okinawa, testified she saw Christopher Porco on Monday morning, Nov. 15, at 8:45 a.m. jogging under a bridge at the University of Rochester close to Munro Hall where Porco lived at the

time.

"He was in a light jog wearing a dark sweatshirt, short khakis and shirt with a ball cap and eyeglasses," said Boylan.

Prosecutors have been trying to establish a timeline since the beginning of the trial that would show Christopher Porco not only had a motive but the opportunity to attack his parents in Delmar inside their Brockley Drive home. Boylan's testimony is consistent with the time period on Monday, Nov. 15, 2004 when Porco is seen driving his Jeep Wrangler near Genesee Street just outside the University of Rochester campus.

Julio Lopez of Capital One Auto Finance testified that a \$17,000 car loan was issued to Christopher Porco on May 17, 2004, with two signatures on the electronic credit application.

"One signature in front is from Christopher Porco and the other signature is for Peter Porco," said Lopez. Prosecutors believe Christopher Porco forged his father's name on this loan application as well.

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Swimming and snacking as summer floats on

By ROBIN SHRAGER SUITOR

Commentary:



You've got the goggles, the mask, the sunscreen, some towels, bathing suits, and a blanket to sit on. Yes, you're all set for a day of eating at the town pool. Oh, and maybe there'll be some swimming, too.

"Can we get something from the snack bar?" ask all children upon arrival.

It doesn't matter that you just ate lunch before leaving the house or that you've lugged a cooler full of fruit, pretzels and cheese.

"We're hungry!" say the children. These are the same children who 20 minutes earlier didn't feel like finishing a sandwich at home.

"I brought grapes," you tell the children. But the same children who watched you pack the cooler now have an aversion to grapes.

"We don't want grapes," the children whine.

The best thing to do at this juncture is to suggest that the children go swimming. This is only a stall tactic because after they've been jumping, splashing, and playing tag in the water the kids come back even hungrier than before.

Swimming increases your appetite. And so does watching other people swim. I know, because from where I sit on my blanket I have a good view of the

lap swimmers. And since the whole area is wide open, I also have a view of the snack bar.

Some parents take a hard-line approach. They lay down the law in advance. "We're not getting food from the snack bar. No food, no drink, no ice cream, no enormous paper straws filled with pink-colored sugar. Nothing. Zip. Understand?"

And then a group of their children's classmates rush by slurping Slushies, dripping Popsicles, and licking ketchup off golden-brown curly fries.

Don't even get me started on the French fries. It's best to just walk away from anyone eating fries. You want fries when you see fries.

Kids don't care that fries, known in the medical profession as Deadly Potatoes, are not good for you. Kids say things like, "But I didn't have any fries when we went to Friendly's last week" (They omit the fact that the quesadilla didn't come with fries, only a hot fudge sundae.)

Curly fries help feed your

denial. When you eat them you can be truthful when you say, "I only had a couple of fries." However, the full truth is that, if straightened, each curly fry is approximately two feet long. This means that one curly fry equals many regular fries. But if you are going by literal units, by all means feel less guilty.

When you're on vacation, there should be no guilt about enjoying food. When I'm at the pool I feel like I'm on vacation. Being on vacation, like watching lap swimmers, also increases my appetite.

So, I'm with the kids. I like going to the snack bar.

My favorite snack bar item is the standard ice cream sandwich, whereas my 10-year-old daughter has a weakness for the nacho chips with cheese sauce.

When I see the nachos, I have to have some too. And once you have one, the salty chips send a message to your brain: EAT MORE CHIPS!

Salty, greasy, fat-filled chips covered in cheese-food. It's not even cheese. There's no calcium coming our way. There is nothing nutritionally redeeming about this snack. But if I deny her the snack she will see me as the bad guy. Therefore, I compromise. I let her get the nachos, but then I eat some, so the whole fatty, artery-clogging mess doesn't go into her veins. Am I a great mother, or what?

On the weekend, I like going to the pool after 3 p.m. and staying until closing time. When I leave the house in the late afternoon it's in between meal times so I don't think about packing food. Then when I'm at the pool dinnertime creeps up on me, but I don't want to leave (no one likes their vacations to end.)

The snack bar closes at 6 p.m., with grill orders stopping 15 minutes prior. At 5:30 p.m., pool patrons are given a warning via loud speakers that the snack bar closing time is approaching. At this point you have to quickly decide whether or not you are buying dinner at the pool. If you decide against a junk food dinner then you need to pack up your stuff and go home for dinner. Another option is to ignore that every one needs nourishment and keep swimming until the lifeguards order you from the water. Experience tells me to avoid this last option, because every one ends up overtired, hungry and cranky.

Recently, we missed the last call for grill items, so my husband brought subs to the pool for Rachel, her friend and me. Most of the time, if we are staying late, we purchase dinner from the snack bar. For this reason, Jeff usually opts out of the late afternoon swims. He is more civilized than I and prefers to eat at home at a table. I'm happy leaning over the plastic tray on the blanket.

Aside from the sugar, the grease, the calories and the potential for promoting slovenly eating habits, frequenting snack bars also puts a dent in your wallet. Even when items are reasonably priced, the tab starts to add up.

One way to keep the spending down is to leave your cash at home. Another is to set a summer-time cap on snack bar funding and/or to tell your children they need to bring and use their own money.

If your concerns are health-related, not financial, then one compromise might be to require your children (and yourself) to eat some vegetables or fruit prior to the junk food consumption. Our snack bar even sells baby carrots and dip!

That's right; you can try to make good choices at the snack bar. You can even get a grilled cheese sandwich for your child. A lot of parents serve those things. And parents can buy themselves a grilled chicken sandwich. It's not all about hot dogs and mozzarella sticks and the tempting curly fries.

It's a challenge to re-train our brains to the way we think about food. I always bring bottles of water and I try to pack fruit. But face it, a pear, even kept chilled with an ice pack in an insulated cooler, is not as enticing as a frozen Snickers bar. It's just the science of the appetite.

So, when you're being beckoned to the pool snack bar, it's important to remember the actual pool and its cool, refreshing water. Swimming offers the opportunity for low-impact aerobic exercise. Try some jumping jacks in the water. Try some laps. Get your kids to do the same. And don't feel too guilty about moderate amounts of junk food. After all, you'll burn calories schlepping the cooler, the blanket, the towels, the goggles and the exhausted children back to your car at the end of the day.

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Got news?

Spotlight Newspapers welcomes announcements of programs or events occurring in our coverage area. All events must be open to the public and announcements should contain the date, time, location and cost (if any) of the event, along with contact information. Announcements are published space and time permitting.

Submissions can be e-mailed to spotnews@nycap.rr.com, faxed to 439-0609, or mailed to Spotlight, P.O. Box 100, 125 Adams St., Delmar 12054.

The deadline for all announcements is noon Thursday prior to publication.

WEEKLY WEATHER

Chief Meteorologist Mike Bono

TIME WARNER CABLE

Albany Almanac

Record high/low/year

Day	AVERAGE HIGH	AVERAGE LOW
Wednesday, July 26	82°	60°
Thursday, July 27	96°/1963	46°/1976
Friday, July 28	97°/1955	47°/1977
Saturday, July 29	99°/1929	44°/1972
Sunday, July 30	97°/1894	47°/1987
Monday, July 31	100°/1933	44°/1968
Tuesday, August 1	98°/1917	49°/1978
	101°/1933	46°/1964

ANNUAL PRECIPITATION
 26.97 inches as of July 20th
 5.89 inches above average

This week in weather

On July 27, 1819 Fifteen inches of rain fell in Catskill, NY and Westfield, MA, associated with the simultaneous formation of cloudbursts. Both areas reported episodes of flash flooding and massive erosion following the storms.

Sun & Moon

Day	Sunrise	Sunset
Wednesday	5:41am	8:22pm
Thursday	5:42am	8:21pm
Friday	5:43am	8:20pm
Saturday	5:44am	8:19pm
Sunday	5:45am	8:18pm
Monday	5:46am	8:17pm
Tuesday	5:47am	8:16pm

Moon Phases
 August 2 First August 9 Full

Planets	When	Where
Jupiter	Evening	Bright, SW
Venus	Dawn	Low, ENE
Mars	Dusk	Low, W
Saturn	Sunset	Very Low, W

Rivers & Recreation

River Levels

Station	Level
North-Creek	3.4
Hadley	3.7
Fort Edward	22.0
Troy	17.2
Little Falls	6.7
Tribes Hills	27.9
Schenectady	213
Cohoes	223
	20

Levels as of July 21, 2006

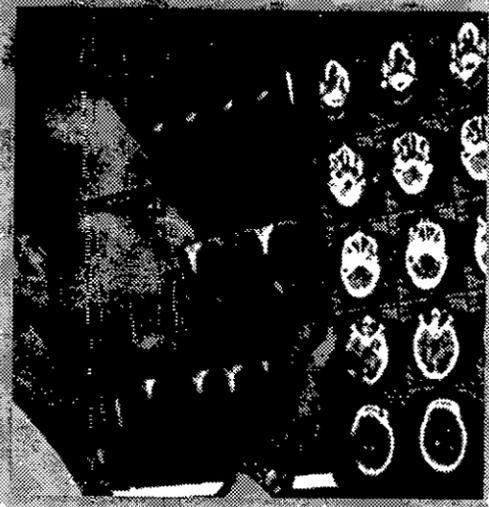
Water temp.

Location	Temp
Lake George	77°
Bolton Landing	78°
Sacandaga Lake	77°
Saratoga Lake	78°
Jersey Shore	75°
Cape Cod	74°

Tides at Albany

Day	High	Low
Wednesday	6:24am, 6:57pm	12:32am, 1:14pm
Thursday	7:02am, 7:37pm	1:17am, 1:56pm
Friday	7:39am, 8:17pm	2:02am, 2:37pm
Saturday	8:15am, 8:58pm	2:48am, 3:18pm
Sunday	8:52am, 9:41pm	3:35am, 4:00pm
Monday	9:32am, 10:28pm	4:25am, 4:44pm
Tuesday	10:18am, 11:18pm	5:18am, 5:31pm

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Matters of Opinion *in the* Spotlight

Main a-track-tion

They're off this week at Saratoga Race Course, kicking off the region's only real celebrity season.

The track, as it is fondly referred to by most local residents, offers us the opportunity to peek at the lives of some of the rich and famous — many politicians as well — strutting their finest.

Of course, most of us camp out in the picnic area for the better part of the day, but it's well worth it to pay an extra couple of bucks to upgrade to a clubhouse ticket, where most of the ritzy action takes place. Standing at the finish line offers a wonderful perspective of the privileged box seats holders.

The women's hats are reminiscent of Aurora in "Terms of Endearment" on her first lunch date with former astronaut played by Jack Nicholson. But at Saratoga, no one seems to get as mussed up as poor Aurora does in the movie.

Many of the chapeaus are likely more costly than the average Jane can afford, but hey, it's the track, and anything goes.

In the picnic area, the only hats you'll see are mostly sported by men and boys with baseball caps pointing backward or forward, depending on the age of the wearer.

But the atmosphere is more relaxed and far less conspicuous than the clubhouse. Coolers packed with food, soda and beer abound, and you have a chance to see the horses, the real stars of the day, up close as they move to the paddock for the riders up call. After that there's still time to try for a spot on the rail or on the finish line in the clubhouse.

In between races, there are all kinds of activities to be entertained and delighted. There are usually bands playing festive music at an already festive atmosphere.

Eavesdropping while waiting in line to bet is also educational to hear the merits of one horse or another. "No 5 is gray, and gray horses often win" or "I like No. 3's jockey" and even, "No. 6 has a nice name," bettors often say.

Whatever, win or lose, it's a chance to have a unique experience in a place that is like no other.

The ambiance of the track is almost intoxicating — the horses, the old buildings, the flowers, the people, the music and the aromas are wonderful to savor and enjoy.

So pick a day, bring plenty of cash for parking and some for betting and most of all, pick a winner.

Good luck.

Editorial

A gamble that paid off for Saratoga

This weekend's track activities include hats and a performance by Marvin Hamlisch

If you live in the Capital District, you've probably already marked your calendar for the days you'll spend at the track this summer. In addition to being a fun summer place, the Saratoga Race Course is full of history.

According to the New York Racing Association, this year's meet kicks off this week, on Wednesday, July 26 and runs through Monday, Sept. 4, Labor Day.

It has come a long way since the first thoroughbred meet, staged by gambler, casino owner, ex-boxing champion and future Congressman John "Old Smoke" Morrissey, was run Aug. 3 - 6, 1863. All accounts say that the meet was run on the "old course," leading to the belief that a few thoroughbred races, including one won by Lady Digby on Sept. 16, 1847, were mixed in with the early trotting races so popular in Saratoga Springs.

Also in August 1863, Morrissey enlisted his friends, John R. Hunger, William Travers and Leonard Jerome to form the Saratoga Association. Travers, whose namesake the Travers Stakes is one of racing's oldest stakes, was named president of the organization. It was responsible for building a new course the following year — on the east side of Saratoga Race Course — while the old course became a training site known as "Horse Haven."

Saratoga's population embraced racing from the beginning, and when the trains arrived at the old station on West Circular Street, people would greet the horses and escort them around Congress Park to the barns out on Union Avenue and off Nelson Avenue.

Racing and Saratoga have been together ever since.

There have been bumpy times. Back in the early 1960s, there was a feeling that summer

Point of View

racing should be held at Aqueduct, that Saratoga wasn't all that popular. In 1962, however, Gov. W. Averill Harriman, who owned Log Cabin Stud, put into effect "The Harriman Law." That law mandated that Saratoga Race Course must race a minimum of 24 days every year.

The phenomenon was born.

Today, Saratoga Springs is a town of about 25,000 whose population triples every summer when the thoroughbreds run. People come for the races and discover the Spa City and our part of the state. Saratoga Springs was named the inaugural winner of the "Great Places Award" by American Heritage magazine in 1997.

NYRA keeps the chronicles of events like those outlined above, and all of Saratoga seems full of horse events each summer. Here's what's coming up this week, the first week of the 2006 season.

Hats too nice to take off

The 15th annual hat contest will be held this Saturday, July 29, as part of the "Hats off to Saratoga" Festival.

Horses of a different breed, the world famous Budweiser Clydesdales, will punctuate the fashionable opening weekend festivities at Saratoga Race Course as they make their way to the Spa for the contest.

The afternoon will also feature the running of the Grade 2 Jim Dandy — the traditional prep for the Travers Stakes — and the Grade 1 Diana Handicap. Both graded stakes carry purses of \$500,000.

The annual chapeau competition will include three distinct categories — Uniquely Saratoga, Fashionably Saratoga, and for younger patrons, Kreative Kids.

New this year, the winner of the Uniquely Saratoga category will be escorted down the main track by the Budweiser Clydesdales following the 6th race. Sitting in the Clydesdale-drawn red, white and gold wagon, the Uniquely Saratoga hat contest winner will have the opportunity to show off his or her creation to the entire crowd.

The Budweiser Clydesdales date back to 1933 when August A. Busch Jr. decided to present a hitch of the mighty horses to his father to commemorate the first bottle of post-Prohibition beer brewed in St. Louis. Today, five traveling hitches make more than 300 annual appearances. Defined by their stark white stockings, blaze of white on their faces and black manes and tails, the hitch traveling to Saratoga will be comprised of eight horses, each weighing an average of 2,000 pounds.

Hat contest registration will begin at noon under the grandstand where patrons will await their turn to flaunt their fabulous headpieces. The heady competition will unfold on the track apron after the second,

third and fourth races, as participants parade in front of the judges for the chance to win a variety of Saratoga prizes, including betting vouchers, lunch and gift certificates.

The first category of the afternoon, "Kreative Kids," is reserved for those 18 and under. There will be three prizes: a clubhouse lunch for three and a Saratoga sweatshirt, while second place earns a \$50 gift certificate for Saratoga merchandise, and third place takes home a \$25 gift certificate for Saratoga merchandise.

The category entitled, "Fashionably Saratoga," invites contestants to don their most beautiful hats. Taking place after the third race, the most fashionable female will enjoy a Clubhouse lunch for two and a \$100 betting voucher. Runners-up receive a sterling cut glass clock.

Following the fourth race, the most original artisans and architects will go head to head for the title of "Uniquely Saratoga." In addition to earning the ride of a lifetime with the Budweiser Clydesdales, the winner with the most creatively inspired hat will receive a Clubhouse lunch for two and \$500 betting voucher. Runners-up take home a beautiful clock. This whimsical category traditionally features the most eclectic designs. Past efforts have even included a battery-operated horse race atop a hat.

Marvin Hamlisch, principal pops conductor for the Pittsburgh Symphony Orchestra, will perform on piano in the Winner's Circle Saturday afternoon. Winner of three Oscars, four Grammys, four Emmys and one Tony, Hamlisch has composed scores for more than 40 motion pictures and Broadway shows including "They're Playing Our Song," "The Goodbye Girl" and "The Way We Were."

Saturday's traditional hat contest will give way to Sunday's popular hat giveaway. All fans receive a Saratoga baseball cap free with their paid admission, while supplies last. The baseball cap is traditionally among the most popular of the season's premium giveaways.

The Hats Off to Saratoga festival will begin Friday, July 28, with a musical medley downtown and at the track. Live music under the bandstand at Saratoga Race Course will be followed by an array of performers and acoustic soloists sprinkled throughout downtown, beginning at 7 p.m. The Broadway downtown music festival will return on Saturday, again starting at 7 p.m.

Post time for the races is at 1 p.m. except on Travers Day when racing begins at 12:30 p.m. and on Friday, Sept. 1, when Twilight Racing makes its debut at Saratoga with a special post time of 3 p.m. Tuesdays at Saratoga are dark.

For information, call 518-584-6200 or log onto www.nyra.com.

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Your Opinion *in the* Spotlight

Milano says thank you for honor of service

Editor, The Spotlight:

I have had the honor and privilege of serving as one of the two town justices for the last five years.

Recently, I resigned that position, having been given another professional opportunity, which, unfortunately, prevents me from simultaneously holding the position of town justice.

The position of town justice has been the most professionally rewarding and important position that I have ever held, and I wanted to thank the citizens of Bethlehem for entrusting me with that responsibility and twice giving me the opportunity to serve. I have endeavored to repay that trust by being diligent and fair, and by working to have all who appeared in Court the thought that they

were respectfully heard and fairly treated.

Thanks are also due to those who made my service to Town Court, so enriching and rewarding, including those working in Town Court — Court Clerk Barbara Hodom, Lisa Bopp, Tracie Roberts, Karen Creed and Joe Sleurs, and to my two judicial colleagues, the Hon. Theresa Egan and the Hon. Paul Dwyer, both of whom were extremely helpful, kind and collegial working companions.

Finally, I would once again like to thank the town's citizens for having provided me the opportunity to serve. Truly, the pleasure has been all mine. Thank you.

Frank Milano
Delmar

It's deja vu all over again

Editor, The Spotlight:

In reading an AP article entitled "Democrats scrutinize Pataki's GOP dinner," I was reminded of my letter to the editor which appeared in August 1996 in area newspapers.

Excerpts from that letter follow:

"I am hopeful that the media and the forces for good government will make every effort to further dissect the very reluctantly released records of fundraising and spending by the Pataki administration's inaugural and transition committees.

The arrogance of any attempt to withhold this information from the electorate is astounding, if not criminal. This — my fellow Americans — is government for sale. My question to you is: If you did vote for Pataki, was it a vote for Pataki or a vote against

Cuomo? In all of Mario Cuomo's years as governor, was there ever even a hint of scandal of the magnitude that Pataki and company have provided us?

My fondest wish is that New York state residents, geographically removed from the hallowed halls of government in Albany, could be better informed and would rise up against the rampant political tyranny of this administration.

The electorate in this state can ill afford to have short term memories when election 1998 rolls around. Of course, I am sure that short memories — or worse yet, indifference — will abound in the Capital District also.

We need to become aware, incensed and motivated to do something about our present political situation. We have witnessed appointments to high-

level agency positions of political hacks who, at best, are incompetent and, at worst, are of questionable character. Now we have entire state agencies in such states of disarray and confusion as to be more ineffectual than ever could have been imagined."

Sounds like it could have been written last week, doesn't it?

Well, here we are 10 years later, still reading articles about Pataki's political hack appointments and questionable fundraisers as he embarks on his quixotic quest for the U.S. Presidency.

Are we any better off after nearly 12 years of George and his cronies? I think not!

Please, folks, remember in November.

Al Haugen
Glennville

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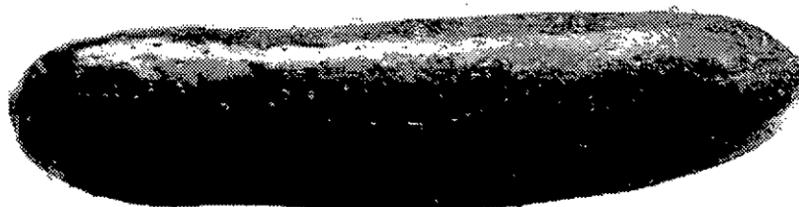


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more than \$14 million in support of promising research at leading institutions, the Lustgarten Foundation is igniting interest in promising new areas of scientific study, and forever changing the face of pancreatic cancer. But much more remains to be done.

Neil and Shery Piper of Delmar are organizing their third annual "in my community" walk for the Lustgarten Foundation. Join them in the fight against pancreatic cancer by organizing a team or becoming a member of their team (Piper's Walkers) on Sunday, July 23, for the 2006 Capital District Walk for Pancreatic Cancer Research. They will meet at 9 a.m. to register walkers and start the walking circuit at the Elm Avenue Town Park Nature and Fitness Trail in Delmar. The Pipers will

once again secure sponsorship from local businesses such as Dunkin' Donuts and Price Chopper to provide bottled water, coffee, bagels, etc.

If you can't walk because you are too far away or because of a scheduling conflict, consider one of these two options: Participate as a virtual walker — register as a team member, and get folks to sponsor you virtually. Or, make a donation in support of their participation in the Walk. All donations will go directly to the Lustgarten Foundation, and are tax-deductible to the extent of the law. No matter what you do, you will be helping the Lustgarten Foundation come closer to a cure.

For information, go to www.pipertech.net.

Bonafide, Hughes re-elected to RCS board leadership

The RCS Board of Education on Monday re-elected John Bonafide president and Scott Hughes vice president of the board.

It is the second term for each at the helm of the board.

"I thank my board colleagues for their support, and I look forward to a continued collaborative spirit that has been the hallmark of the RCS board of education over the past several years," Bonafide said.

"I am proud to be part of a group that is working diligently along with this administration to redefine RCS as a center for quality education. In addition, I welcome the ongoing challenge of rebuilding how this district conducts business and to make the most of each dollar that the public entrusts to this institution," he added.

Hughes thanked fellow board members and said, "We face many challenges this year, and I look forward to working in a collaborative environment to continue to improve the RCS district."

Bonafide, who is coordinator of preservation services for the state Office of Parks, Recreation and Historic Preservation, and his wife Anna Marie, live on McConnell Avenue in Ravena with their family. He is involved in several community organizations.

Hughes, who is senior director for First Health Services in Albany, is in his second term on the board. He has been the assistant director for First Health Services since 1998. He lives on Trinity Place in Selkirk with his wife Denise and their family.

Bonafide, who is also in his second term on the board, served as vice president of the board until May, 2005 when he was appointed acting president upon the resignation of then-president Mona Selover. He was then elected president in July.

New board members Dick Brooks, Cindy Elliott and Sarah Hafensteiner took the oath of office at the July meeting sworn into office, as did incumbent Beth Hazelton.

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Volunteering - It's good for the soul
Volunteering is a great way to give back to your community. Senior Services of Albany and the University at Albany are excited to be developing such services for our seniors.

Senior BLUE
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Guidelines Announces Senior Job Fair for May
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capital district SENIOR Spotlight

Advisory committee members spar over open space

Mapping proves to be contentious issue in funding discussion

By MARY LANNON

Diverging views about the environment, taxes and property rights — issues all reflected in the comprehensive planning process — got another airing on Monday, July 10, as a town committee worked on an informational report on how to fund open space.

Despite the tension, the Citizens Advisory Committee on Conservation — chair John Smolinsky said he hoped the report would be done in September or October.

The usual suspects in the environmental preservation field such as the federal environmental protection fund, the federal farmland protection program and nonprofit organizations like the Open Space Institute and the Albany Mohawk Land Conservancy — were all mentioned as part of the report with little comment.

Preservation tools like purchasing or leasing development rights or putting in natural resource zoning similarly drew little notice from committee members.

But the word “mapping” did get attention. Mapping means to map out desirable parcels of land in town for potential preservation.

Both Mike Waldenmaier and Valerie Newell, committee members and owners of large properties of land, argued that

such a practice would devalue land.

“When you say the word ‘mapping,’ I think you are getting the hair on everybody’s neck up,” Newell said.

Waldenmaier argued that during the comprehensive plan, the town board had assured large landowners that preservation would be a voluntary process.

Mapping flies in the face of that promise, Waldenmaier asserted.

Newell agreed, explaining that potential buyers, fearing a political fight, might shy away from land that the town had targeted for preservation.

But committee member Libby Liebschutz said that such a designation might have the opposite effect with the town becoming another bidder on property.

“If there is another bidder, you can only benefit,” Liebschutz said.

Smolinsky said that even without mapping, buyers can figure out from the list of criteria whether the town desires a piece of property.

For example, he said, wetlands are already mapped out so buyers can figure out that properties with wetlands are desirable.

Newell countered that such indirect methods were preferable to mapping.

Waldenmaier also said that the more the town gets involved in buying property, the more costs for taxpayers.

“Everybody wants something, but somebody else has to pay for it,” he said.

Once the town buys the land, he explained, it then has to pay to maintain it, leading to the higher taxes.

For some in town, he added, this is an expensive proposition.

“There are a lot of people who aren’t making six figures, and they are barely making ends meet now,” Waldenmaier said.

But Smolinsky said that grants and other funding would pay some of the costs. Prioritizing the land will also ensure that tax dollars are well spent.

“I think the fiscal concerns really underscore the necessity for us to give a good report on priorities,” Smolinsky said.

He added that the town board had asked the committee to make recommendations on a funding plan for open space and the committee must fulfill its charge.

Dissension arose again as the

committee discussed outside reviewers of the draft report. Committee member Caleb Wistar said he wanted the Albany County planning department to review the report for accuracy. The committee also agreed that Ravena-Coeymans-Selkirk school district should review parts of the report.

Newell suggested someone from the Farm Bureau should take a look at the report. She also said she feared that outsiders might bring their private agendas to the table.

“I’m not always comfortable with some of the experts who have their own private agendas,” Newell said.

It was late in the meeting, and Newell said she was having trouble explaining exactly what she meant, but she worried that both sides of the debate on conserving land would not be represented.

“My thrust is to get the most accurate information,” Wistar said.

Smolinsky said the town board already decided it wanted to identify funding sources. The committee needed to comply.

“Our starting point is the comprehensive plan,” he said.

He added that the report was still in draft form. The committee is scheduled to meet again Aug. 14.

Which *Spotlight* do you read?

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Lyman will serve as school board president this year

Head custodian, who served for 30 years, hears words of praise

By JIM CUOZZO

Reconnecting the community is the No. 1 goal for Stuart Lyman, Bethlehem Central School District's newly elected school board president.

Lyman replaces Richard Svenson, whose term as president expired in June. Svenson remains on the board.

"I think I am going to be president of a very experienced board, and I look forward to the next year," Lyman said at the mid-July meeting.

This past school year, voters in Bethlehem defeated the proposed school budget for the first time in more than two decades. A revised budget later received approval from voters.

Lyman said he will work to ensure that the school district and the community are on the same page.

"I will try and get parents more involved in their school, and the community [member] who doesn't have school age kids involved and understanding why our schools are so important," Lyman said.

This is the first time Lyman has served as board president in his 13 years on the board.

James Lytle, who will serve as vice president, said he agrees with Lyman's goals.

"The revote of this past year's school budget reflects both strong community support in the district and concern by some voters of budgetary issues," Lytle said.

"Some members of the community may not appreciate what we're trying to achieve with the dollars we have to spend."

The board and administration thanked Svenson for a job well done as president.

"We thank you for all of your efforts," said Superintendent Les Loomis.

Svenson said he appreciated the board's support.

This year's school audit committee will include board members Lytle, Svenson, and James Dering.

The district police committee will consist of Lyman, Warren Stoker, and Robin Storey.

The organization meeting of the board is a time for many changes, including resignations of existing staff and faculty, along with many new appointments and hires.

Thirty-year employee Mike Meyers, head custodian at Bethlehem Central High School, will retire at the end of the year.

He was present at the July meeting to hear the many words

of thanks given to him for his years of service.

"I would just like to thank you for doing outstanding work,"

"I'm going to miss a lot of people."

Mike Meyers

Loomis said. "There is a marked improvement in cleanliness in not only the school building but the school grounds, and you have brought things to a new standard here."

Meyers said working with the school district the many years he did was quite an experience.

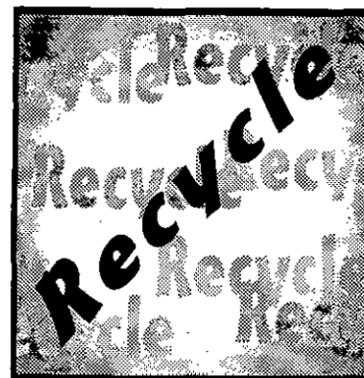
"I'm going to miss a lot of people," Meyers said.

The board also approved a new school code of conduct policy.

"What we had before wasn't very functional," Lyman said of the previous code. "The new policy is very good and I appreciate all your hard work."

Storey served as member of the committee that worked on the new changes.

"Assistant Superintendent Mike Tebbano kept the committee together and focused," Storey said.



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DELMAR COLONIE LOUDONVILLE GUILDERLAND

Carriage Hill takes another step forward

The Bethlehem planning board approved the draft conditional final approval for the Carriage Hill subdivision off Jericho Road at its July 11 meeting.

The project is being undertaken by Charlew Builders of Schenectady, and includes the proposed construction of 85 single-family homes in that area.

The Carriage Hill subdivision received initial approval in 2001, but new stormwater regulations from the state delayed the project and reduced the overall size of the project from 90 to 85 homes. The homes, when built, will rely on water and sewer service to be provided by the town. The developers will pay for the cost of hookup.

Other conditions still need to be met by developers before the project is ready for construction.

The planning board also gave the go-ahead for site plan approval for Whiting Insurance. The business owners will take a single-family home on Route 9W next to Monroe Muffler and turn it into an insurance business location.

A draft state environmental quality review recommendation for the Meadowbrook planned development district on Blessing Road was also approved. The draft SEQR also received approval from the town board at its regular meeting.

The next planning board meeting is scheduled for Aug. 1.

Hard cut



Bethlehem third baseman Matt Nash takes a swing Saturday during a game against Sorensco (East Greenbush) at the Eastern New York State Babe Ruth tournament at Line Drive Fields in Delmar. See story, photo, page 36. *Jim Franco*

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Real Estate TODAY



by **Cathy Cooley**
Licensed Associate Broker, CBR, SRES

BUYING A HOME WITH AN OBJECTIVE VIEW

While purchasing a home has definite emotional appeal, it pays for buyers to retain a certain amount of objectivity. By viewing a property with an objective eye, buyers can assess its investment potential. This helps buyers evaluate whether they are paying reasonable market value for the home. After that, they might want to ask themselves if the property can be expected to stay competitive on the market. If not, what upgrades might be considered to make it so? Beyond that, buyers will want to rate the desirability of the neighborhood and its prospects for growth and appreciation. However, these are difficult questions that a buyer may not be able to answer. A real estate agent can help answer these questions.

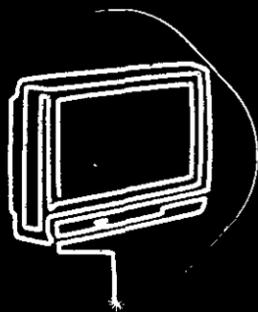
Using the knowledge and experience of a realtor, a buyer will be able to make a much better business decision. A market analysis of the area will prove to be extremely helpful as well as tapping into the realtor's knowledge of current buying and selling trends. Making an educated business decision, with help from your realtor, is always the best decision when purchasing a home.

Remember, I will be that objective party that will make sure your best interests are always served. As a licensed Associate Broker, let my 15 years of experience and top producer status help you make that educated and informed business decision.



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Cannot be combined with other discounts or promotions. **FiOS Internet Service:** Verizon FiOS Internet is provided by Verizon Online and is not available in all areas. Service availability subject to final confirmation by Verizon. Verizon installation required. Free installation includes main computer only. (There will be an extra charge for all additional computers.) Acceptance of Verizon Online Terms of Service is required. Minimum system requirements apply. Equipment provided will be new or fully inspected, tested and warranted return unit. Limited to one router provided at no charge per household per FiOS service, FiOS Internet and/or FiOS TV. If service is cancelled between months 2 and 12, \$39 early termination fee may apply and router provided at no charge must be returned or \$89.99 equipment fee applies. Month-to-month packages are available. The 30-day money-back guarantee applies to Verizon Online charges only. CAT5 or higher-grade inside wiring required. 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Waxing nostalgic, painting an image with words

By BILL KELLERT

The dog days of summer appear to be upon us, though as this column is being written, we are experiencing one of the "perfect" summer days. No humidity, a pleasant breeze, the birds chirping in the trees, the rustle of leaves on a sunny day, a sky so clear it literally feels as if it climbs forever. It is reminiscent of the perfect summer days of my youth. Those days when camp was out, you got on your bike and rode for hours ... wind in your hair, not a care in the world, free as those birds in the trees. Back

in the days when parents need not have been neurotic about the minute-by-minute location of their progeny. You could leave the house in the morning with a couple of bucks in your shorts, a sandwich in a paper bag, a summer-fresh juicy peach and perhaps a bottle of soda strapped to your bike and go and conquer the world. Your were free to explore as long as you were home in time for dinner.

What was the purpose of the above exposé? Hopefully, I was able to create a picture in your mind's eye. Something the words were able to create without your

Notes from the Advertising Desk

Bill Kellert



ever having seen it; yet, you knew immediately what I was saying. The same is true with your advertising. Whether in print or radio, the words need to be able to create not only an image of your product, but also evoke whatever emotion you're hoping will give your customer the motivation to forward and choose your product over your competitors. Whatever you're selling, promoting or informing your audience about, do it with a flair that makes you stand out from the crowd ... If the words are right, a word can be worth 1,000 pictures!

Enjoy the sunshine while it lasts... the cold snowy icy blast of winter will be chilling us to the bones before we know it. Oops, let's go back to the summer

picture.

On the people front ... Weichert Realtors has announced that Associate Broker Victoria Aldrich has been promoted to branch manager of the Saratoga office, Suzanne Miller and Sara Marchand have joined that office as agents and Emily Modan hooks up with the firm's Guilderland office ... Saratoga area realtors are busy growing. ProRealty of New York, Inc. has announced the addition of Real Estate Associates David J. Jones and Peter J. Zimmer ... Sometimes the old "point and click" is profitable. Capital Communications Federal Credit Union member Thomas Rotondaro won a \$500 Home Depot gift certificate simply for using the online bill payment option. The giveaway was part of a national online sweepstakes... Cap Com also informs The Ad Desk that Carla Leto has been promoted to branch administrator of the Niskayuna branch and Joanne D'Ambrosio takes the reigns as the Call Center manager, overseeing the center's 14-member staff ... Sunnyview Rehabilitation Hospital announced that five of its nurses — Frances Pesez, Jennifer Malanowski, Kathleen Perrella, Tammy Castellano and Paul Cornick — have earned the designation of CRRN, certified rehabilitation registered nurse ... Area photographer and author, Sue Gersten, will have

a photography exhibit from Aug. 1 through Sept. 30 at the Niskayuna town hall on Nott Street in Niskayuna; the exhibit is a retrospective of the World Trade Center site over the past five years ... Eileen Michaels has become a partner in Harris Brand Recruiters in Troy. The firm specializes in placement of physicians, dentists, and medical professionals throughout the Northeast ... one of Spotlight Newspapers' past employees returned last week to share his experiences and successes with fellow editors and reporters. Michael Larabee began his career as assistant to Susan Graves, later became a reporter and ultimately ended his tenure at the paper as managing editor of the Colonie and Loudonville papers before going off to pursue fame and fortune. He has since settled in at The Washington Post where he is a slot editor and will move this fall into the role of editorial page copy editor. Larabee shared his exploits and experiences, and offered advice to Spotlight reporters and editorial staff on how to better perfect their craft.

And that clears the pile on my desk just in time to enable me to get out there and soak up some of that aforementioned summer sun and recall my long-lost youth. As always, if you have anything you'd like to see in the column, feel free to send me an e-mail at: kellertw@spotlightnews.com. We can't guarantee they will all get in, but we'll give it our best shot.



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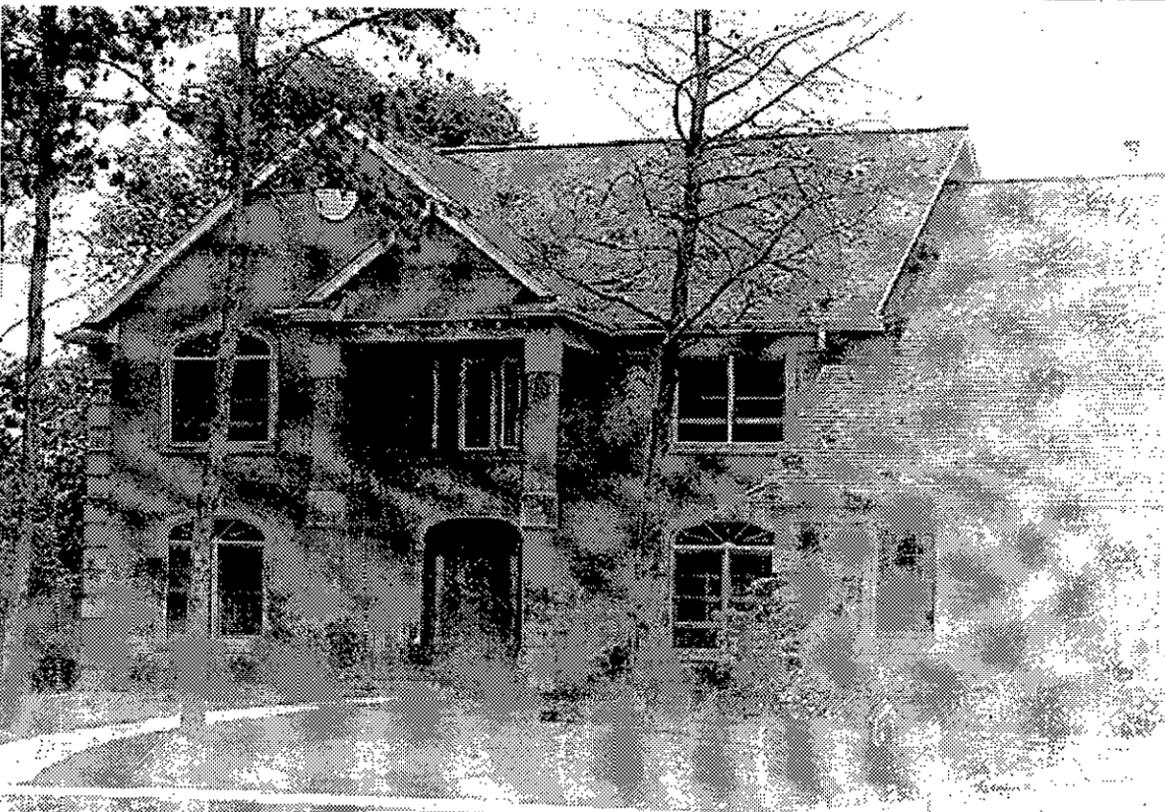
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JANUARY

- Health Diet & Fitness**
Issue: Jan. 4 • Deadline: Dec. 21
- Update 1 – Education/ At Home**
Issue: Jan. 18 • Deadline: Jan. 4

FEBRUARY

- Update 2 – Banking/Finance/Law**
Issue: Feb. 1 • Deadline: Jan. 18
- Update 3 – Health/ Communications/ Services**
Issue: Feb. 15 • Deadline: Feb. 1

MARCH

- Spring Home Improvement**
Issue: March 1 • Deadline: Feb. 15
- Update 4 – Retail/Leisure/Food/ Building Our Future**
Issue: March 15 • Deadline: March 1
- Health**
Issue: March 29 • Deadline: March 15

APRIL

- Automotive**
Issue: April 12 • Deadline: March 29
- Senior Living**
Issue: April 26 • Deadline: April 12

MAY

- Home & Garden**
Issue: May 10 • Deadline: April 26
- Capital District Summer**
Issue: May 24 • Deadline: May 10

JUNE

- Summer Health**
Issue: June 7 • Deadline: May 24
- Home Improvement**
Issue: June 21 • Deadline: June 7

JULY

- Update 5 – Summer of Excellence**
Issue: July 12 • Deadline: June 28
- Senior Lifestyle**
Issue: July 26 • Deadline: July 12

AUGUST

- Back to School**
Issue: Aug. 9 • Deadline: July 26
- Campus Survival Guide**
Issue: Aug. 23 • Deadline: Aug. 9

SEPTEMBER

- Community Services**
Issue: Sept. 6 • Deadline: Aug. 23
- Fall Foliage/ Autumn Adventures**
Issue: Sept. 20 • Deadline: Sept. 6

OCTOBER

- Women's Health**
Issue: Oct. 4 • Deadline: Sept. 20
- Home Decorating & Remodeling**
Issue: Oct. 18 • Deadline: Oct. 4

NOVEMBER

- Senior Lifestyle**
Issue: Nov. 1 • Deadline: Oct. 18
- Holiday Gift Guide**
Issue: Nov. 15 • Deadline: Nov. 1
- Non-Profits**
Issue: Nov. 29 • Deadline: Nov. 15

DECEMBER

- Holiday Gift Guide 2**
Issue: Dec. 13 • Deadline: Nov. 29
- Bridal/ With this Ring**
Issue: Dec. 27 • Deadline: Dec. 13

Dixieland jazz tonight on the library Green

Perennial favorite Skip Parsons brings his special brand of Dixie to the Green tonight at 7 p.m.

Parsons celebrates two birthdays this year: his 70th and the 50th of his Riverboat Jazz Band. A clarinetist since the age of 9, Parsons played his first dance job at 13 and soon took a fancy to the sound of early jazz.

In 1956, following several Sunday jam sessions with friends, the Riverboat Jazz Band was born.

In the 50 years since, the band has performed with great names in jazz, including Jimmy McPartland, Woody Herman, Mary Ann Mobley Pee Wee Erwin, Doc Cheatham, Spanky Davis and many more. Parsons and his band got international exposure as the official jazz band at the Lake Placid Winter Olympics in 1980.

Parsons nurtures the performance of traditional jazz by promoting jazz groups of all sizes. In the late 1970s, Parsons and his band organized the Great Northeastern Traditional Jazz-fest, which they hosted for the next 20 years.

Parsons' commitment to traditional jazz continues today with a busy schedule of concerts, cruises and festivals throughout the Northeast.

And he's here tonight. Bring a blanket or a lawn chair. The concert will be held indoors if it rains.

Enter a drawing for NYC trip

Participants in our "Books-a-Treasure" summer reading program could win a visit to New



York City for a family of four and lunch with magician David Blaine.

Fill out an entry form each time you finish a book, and give the form to one of our librarians. The last day to participate is Aug. 12.

Four winners will be drawn from entries across the state. The prize includes hotel accommodations for two nights, admission to various attractions, and that magical lunch dates and locations to be announced.

(Transportation to Manhattan and meals other than the lunch are not included.)

Stop in at The Children's Place for entry forms and contest details, or call 439-9314.

Coming attractions

Children's Writing Workshop -



Skip Parsons brings jazzy style to Delmar tonight.

Friday, July 28, at 9:30 a.m. (grade three and up)

Books Before Bed - Monday, July 31, at 7 p.m. (age 2+ and family)

Morning Stories - Wednesday, Aug. 2, at 10:30 a.m. (age 2-6 and family)

Create a Treasure: Treasure Chests - Wednesday, Aug. 2, 1 to 5 p.m. (all ages)

Louise Grieco

All library programming is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar. For information, call 439-9314.

Got news?
Call Spotlight at 439-4949
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Local student edits travel guide

Virginia Fisher of Delmar and a student at Harvard University worked as an associate editor for the popular travel guidebook *Let's Go: Europe*, which hit bookstores in November 2005.

As an associate editor, Fisher assisted with the general production of *Let's Go: Europe*. She created a plan for the content and organization of the book; hired, trained and prepared a student staff of traveling research-writers; and edited copy sent back from the road.

This year, the format has been updated for the spontaneous and adventurous traveler.

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Punkintown Fair set for this weekend

The 64th annual Punkintown Fair will be held on July 27 to 29 at the fairgrounds across from the New Salem Fire Dept. on New Salem Road. The fair will start at 7 p.m. Thursday and Friday, and 6 p.m. Saturday.

The family-oriented event has been run by the New Salem Fire Dept. since 1942. This year's fair will feature games for all ages from toddlers to adults. The Animal Guy Dean Davis, clowns drawings, food and beverages will be available.

Library concert tonight

The Dyer Switch Band will perform bluegrass and acoustic music on the lawn at Voorheesville Public Library tonight, July 26, at 7. Bring chairs and or blankets. Refreshments will be available. The free concert is open to the public. For information, call 765-2791.

Thacher plans summer programs

The weekly walk in the woods will be held on Thursday, July 27, from 9:30 to 11 a.m. These walks will be held every Thursday throughout July and August. The walk is easy to moderate and appropriate for ages 7 and older. Take a leisurely walk on one of the many trails in the park with Joy Scism. In the event of inclement weather, the walk will be meet the following day at 9:30 a.m.

For information and the meeting place, call 872-1237.

• Skip West will be performing a free concert from 7 to 9 p.m. at Thacher State Park's Pear Orchard Picnic shelter. If inclement weather, patrons may confirm event at 872-1237.

NEWS NOTES

Voorheesville
Betsy Glath
765-4415



• Indian Ladder trail walk will be held on Saturday, July 29, at 2 p.m. and will meet at the Indian Ladder picnic area. Learn about the cultural and geologic history of the Heldebergs on this guided walk.

There will be a park entrance fee of \$6 per vehicle. For information, call 872-0800.

• A fly-tying workshop will be held on Saturday, July 29, at 10 a.m. at the Thacher Nature Center. Learn how to make your own fishing flies, and get tips on casting. Members of the Trout Unlimited will demonstrate and instruct participants. For information or to register, call 872-0800.

Five Rivers plans walk

Five Rivers Education Center will be holding a walk featuring the waterfowl of Five Rivers on Saturday, July 29, at 2 p.m. Join center naturalists for an outdoor survey of the ducks and geese found on the center's ponds and wetlands.

For information, call 475-0291.

Kiwanis to host golf outing

The New Scotland Kiwanis is holding its annual golf outing, Monday, Aug. 14 at the Orchard Creek Golf course in Altamont. The event includes lunch, dinner, contests and team prizes. Proceeds benefit the Children's Medical Center at Albany Medical Center.

For information, call 482-4425.

Parish planning September clambake

A St. Matthew's Day celebration clambake will be held on Saturday, Sept. 16, immediately following its 5 p.m. Mass as the parish community celebrates the feast of the patron saint, St. Matthew. There will be a planning meeting on Sunday, July 30, at 9:30 a.m. in the parish social hall as help and creative ideas are needed for this event.

Voorheesville requests physical forms

Voorheesville Junior/Senior high school athletes participating in fall sports must have a current physical examination and a parent permission/health history form on file in the health office by Monday, Aug. 14.

Students will not be allowed to participate in team practices until they submit their forms.

Varsity and junior varsity football tryouts will begin Aug. 14, while all other varsity and junior varsity sports will begin tryouts Monday, Aug. 21. Modified soccer, cross country and girls volleyball will begin Sept. 1.

Forms are available in the high school foyer.

For information, call Joe Sapienza at 765-3314, ext. 208.

Mingle with the library's Thursday Night Poets



readings from the book. Also on hand will be JAMZ radio 96.3 to broadcast live some of the festivities. Bring friends and stop in for a great time.

Stop by for cheese and crackers (sorry, no wine) and look at an exhibit of art from the multitalented Every Other Thursday Night Poets at a reception on Thursday, Aug. 3 beginning at 7 p.m.

The Poets' first show several years ago proved memorable for its unusual, some might say crazy, submissions and we expect the same this time. EOTNP will also be introducing an anthology of their poems called *Poetry Don't Pump Gas*. You can find out where the book's title came from, meet the poets and hear a selection of

Together at twilight

Dyer Switch Band presents a foot-tapping performance at the library Wednesday, July 26, at 7 p.m. on the lawn. Bring friends and your lawn chairs.

Barbara Vink

• All library programming is free (unless otherwise noted) and open to the public. Voorheesville Public Library is located at 51 School Road, Voorheesville. For information, call 765-2791 or visit www.voorheesvillelibrary.org.

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PORCO ON TRIAL

Brother

(From Page 1)

Porco explained how a security alarm system was installed in the Brockley Drive home after a burglary during Thanksgiving weekend 2002 and only the immediate family knew the four-digit code.

Johnathan Porco also told jurors that relations are now strained between him and Christopher, but did not elaborate. Defense Attorney Laurie Shanks said outside the courthouse that police are to blame for the family split.

"They have played one family member against the other," said Shanks. "I think it is understandable that everyone is under a tremendous amount of stress."

On Monday, Johnathan never looked at Christopher while testifying on the witness stand.

"I think the jury found out the relationship is strained," said Chief Prosecutor Michael McDermott. "Johnathan Porco is a very private person, and I think what he believes in his heart he wishes to remain private."

Joan Porco is on the witness list of both the prosecution and the defense, but has yet to testify. She has publicly stated her son would never commit the crime though she has no recollection of that night. Jurors heard Johnathan Porco fondly describe his father Peter Porco.

"Dad was a hard-working guy who loved the law, and he was a good father," Johnathan Porco said.

The defense introduced a new development in the beginning of the trial's fifth week, a shadowy figure that Joan Porco believes she saw two weeks prior to the crime outside her Delmar home. Joan Porco told police through a family friend that the motion sensor lights outside the Brockley Drive home went off when the stranger was visible in the driveway. Shanks said Bethlehem police, including lead Det. Christopher Bowdish, were aware of this matter but never bothered to investigate it.

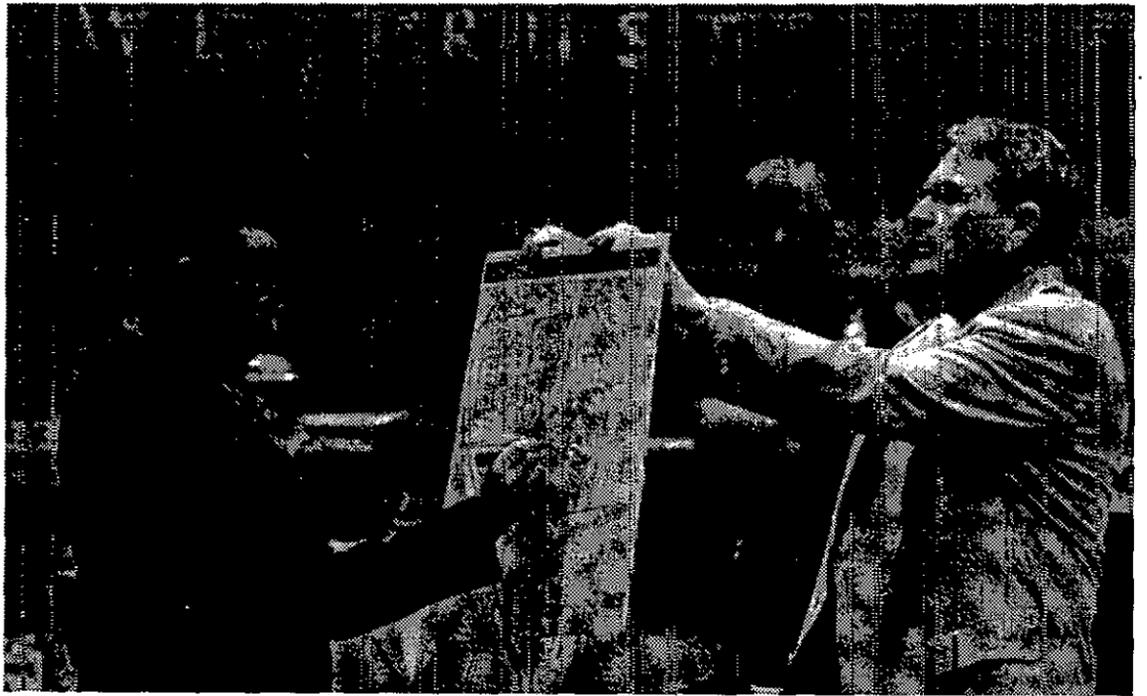
"We just want to show what Det. Bowdish did or didn't do," said Shanks after the jury was out of the courtroom.

"The police absolutely refused to follow any leads," she added.

McDermott said over 200 neighbors in the vicinity of 36 Brockley Drive were interviewed after the crimes, and the defense allegations of shoddy police work are preposterous.

"This is completely irrelevant," said McDermott. "It is not a defense claim that a police investigation was sloppy."

Bowdish is an important witness for the prosecution. Not only was he the lead investigator in the Porco murder case for the Bethlehem police department, he was also one of the first officers on the scene at Brockley Drive in November 2004. He is expected to testify that Joan Porco nodded "yes," her son Christopher committed the crimes against her and Peter Porco when she was lying near death and couldn't speak from injuries sustained in the attack.



Dana Perrin, a manager in the University of Rochester security department, marks a map of the university and surrounding neighborhoods, while defense attorney Terence Kindlon holds the defense submitted map in the Orange County Courthouse Tuesday.

Philip Kamrass/pool photo

Testimony

(From Page 1)

jurors that no blood from Peter and Jean Porco was ever found.

"You took all this evidence and found no blood in the Jeep," said Shanks.

"I believe there was blood from one of the items, the blood of Christopher Porco on his shirt," Strack told jurors.

Defense Attorney Terence Kindlon reminded jurors that sometimes the radio signal emitted from EZ-Pass doesn't always work right when a person drives through the tolls.

"If you take an EZ-Pass and stick it somewhere else, there is no guarantee it won't read in the car," Kindlon said.

Police seized Porco's Jeep Wrangler on the day of the crime and hoisted it on a flatbed truck to take to State Police Troop G in Loudonville. Even though Porco's EZ-Pass at that time was inside the center console, it registered leaving the Rochester toll station but not as it passed through the Exit 24 Albany tolls.

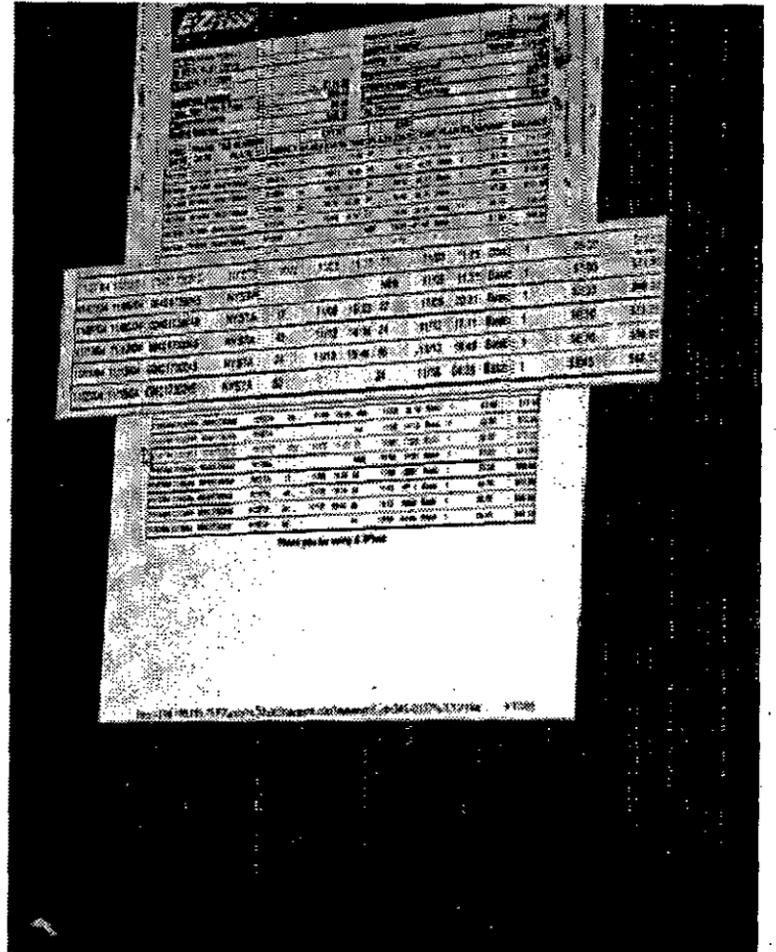
Testimony on Monday, July 24, also centered on Porco's failing grades at the University of Rochester. Prosecutors believe Christopher Porco was obsessed with re-entering the university in the fall of 2004, just one year after he was asked to involuntarily separate because of failing grades.

"Mr. Porco performed poorly and was placed on academic probation," stated Marcy Krauss, senior associate director for academic support at Rochester.

After Porco was brought back home by his parents, he enrolled in classes at Hudson Valley Community College, but never attended and received failing grades. He then forged his transcripts and sent the illegal document back to the University of Rochester with a letter asking for readmission. Prosecutors were not able to elicit testimony regarding Porco's forged HVCC transcripts from the spring of 2004.

"I will not permit it to come in," said Judge Jeffrey Berry presiding over the trial. "Neither Joan or Peter Porco knew of the forged transcripts at the time of the Nov. 15, 2004 attacks," the Judge added.

Chief Prosecutor Michael McDermott argued to Judge Jeffrey Berry that his opening statements to the jury on June 28



Defense Attorney Laurie Shanks and defendant Christopher Porco are silhouetted against a slide showing the EZ-Pass records covering November 2004.

Philip Kamrass/pool photo

announced that Christopher Porco forged his transcripts, and now jurors will not be able to hear why.

"The HVCC transcript is interwoven with deceit and deception this defendant engaged in," said McDermott.

Krauss explained to the jury that when Porco re-enrolled in the fall of 2004 he soon struggled academically again.

"His calculus professor notified the registrar's office he had no written work registered for Mr. Porco, and that the student never attended his course," said Krauss. Porco never met with Krauss that fall even though he was asked to on several occasions.

University Bursar Karen Gorton testified that Porco's fall tuition bill of \$17,126 was past due in October 2004 and the defendant e-mailed a response back that the money was on its way.

"He said, 'I am waiting for a loan to clear and I will pay it in the next few days,'" said Gorton. The loan Porco was waiting for was from Citibank in the amount of \$31,000; on which he forged his father's name as a co-signer.

Assistant District Attorney David Rossi asked Kate Crowley, the director of network communi-

cations at the university if any calls were made from the phone in Porco's dorm room on the day of the crime, Monday, Nov. 15.

"Three calls were made, one at 3:11 p.m., a 38-second call at 4:03 p.m., and a third lasting four minutes at 4:04 p.m.," said Crowley. Two of those three calls are believed to be calls Porco made to the Bethlehem police to find out if his parents were dead on the afternoon of the crime.

Before testimony began on Monday, July 24, Berry asked why there was a shift of witnesses from Friday's court proceedings to Monday.

"All of a sudden you're coming in with all these other witnesses," said Berry. "I would prefer we stay on the same course of things."

Prosecutors wanted to bring in college professors employed at the University of Rochester to verify Porco was performing poorly in school.

"These professors are in California, Arizona and Canada, and some are not available this week," said McDermott.

The prosecution's case is expected to be finished by early next week.

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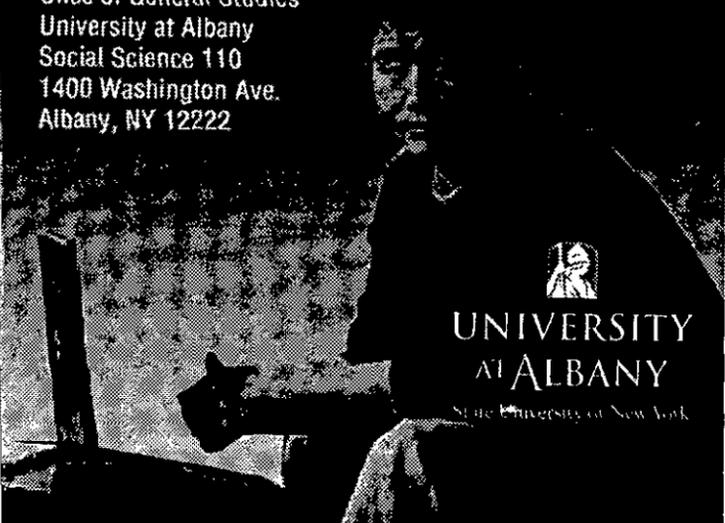
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Senior Lifestyles

July 26, 2006

A supplement to
Spotlight
NEWSPAPER

This aging generation goes boom

Baby boomers are a generation like no other. Socially conscious, revolutionary and taboo-shattering, these Americans continue to challenge the status quo, even as the first wave enters their "golden years." Incredibly, the first boomers turned 60 last January.

It's no surprise that as boomers have aged, their trend-setting beliefs have deeply impacted their personal lives, careers, retirement decisions and relationships with the world around them. In a reversal of previous "getting old" mindsets, boomers are trading shuffle board for skydiving, Cadillacs for Vespas and denture glue for sunscreen.

As healthcare improves, so do the lives of boomer Americans who, as beneficiaries of the "Longevity Revolution," will have more years to contribute to society and accomplish their life goals than any previous generation. In fact, most boomers plan to continue working well into their 60s and 70s as was the case of Arthur Wilson, the Los Angeles bus worker who decided to finally retire on his 100th birthday this year. As lives are extended well beyond outdated natural life expectancy, boomers are setting their sights on the future and planning for a great one.

The boomer legacy will leave behind a distinct set of values, but most notably inspiring, inviting, informing and spirited lives. For them and generations to follow, a new life begins at 50. Boomers are showing America how to live without restraints, armed with the confidence to look into the future and to continue building fulfilling lives. Boomers are not bound by typical roles and limitations in their "Age of Mastery," as dubbed by acclaimed author Gail Sheehy. Many boomers are moving past dealing with "empty nest syndrome" and a larger number are actively dating. It's a natural transition for boomers with more spare time and freedom to take exotic vacations and to spend liberally, enjoying life to the fullest.

For many Americans, turning 50 is seen as a chance to finally take risks and explore options they have always thought about, but never had the time or money to accom-

lish. There has been an increase in volunteerism and even entrepreneurship among people age 50 and older. By the year 2015, about one-fifth of the workforce is expected to be 55 or older, making older workers even more vital to private and non-profit industries.

Not only are boomers one of the most commanding consumer groups, but they are just as influential in almost every

facet of society. Boomers are discerning, innovative and many have large amounts of expendable income. Well educated, many are health-conscious and some even

prefer gray hair and wrinkles to collagen-filled lips and facelifts. Recognizing the power of boomers and seniors, more companies now resonate with the specific needs and interests of



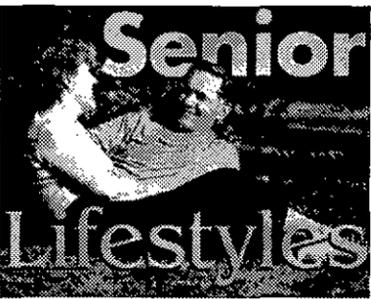
these rebellious Americans.

Boomers are quickly overtaking Gen Y's reputation as America's most influential age group as they continue to break ground on new territory for

those 50 and older. Boomers have shown time and time again that even as they age, they will not be put out to pasture. Taylor may have said it best, echoing the boomer agenda with his

motto, "Let's live to be 100 or die trying."

If history has taught us anything, boomers will try and most likely succeed.



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Get pro advice on blood pressure

Joe Montana is teaming up with his wife Jennifer, cardiologist James M. Rippe, M.D., nutritionist Heidi Skolnik, M.S., and fitness expert, Liz Neporent, M.A., to bring you a new valuable book for staying heart-healthy: *Joe Montana's Family Playbook for Managing High Blood Pressure*.

The four-time Super Bowl champion may be one-of-a-kind

on the football field, but Montana is just an "average Joe" when it comes to high blood pressure. Joe is one of the 65 million Americans who currently suffer from this condition, 70 percent of whom do not have it under control. Joe has been spreading high blood pressure awareness around the country with Dr. Rippe as part of the BP Success

Zone program (sponsored by Novartis Pharmaceuticals Corp.).

The book is designed to help people manage their high blood pressure and live a healthier lifestyle. It contains a wealth of information including:

- An overview of high blood pressure and the means available for treatment
- Informative tips on showing your children how to lead heart-healthy lives
- Strategies for staying motivated and focused on your treatment plan
- Joe Montana's favorite heart-healthy recipes
- Creative, family-oriented exercises to incorporate into your daily routine.
- Personal stories from the Montanas and other high blood pressure patients

Joe Montana's story

Montana was shocked when he was diagnosed with high blood pressure during a routine physical in 2002. But Dr. Rippe pointed out that, "Joe is the classic example of someone with hypertension. He was in his 40s, had a family history of high blood pressure, and at the time of



for her and Joe, but also for their children.

"Along with learning about a healthier way to eat, the kids now see the importance of exercise and an active lifestyle," Jennifer Montana said. "We've really made it a part of our everyday life."

In order to get his blood pressure under control, Joe worked with his doctor to set and achieve a blood pressure goal within the BP Success Zone, which is defined as a blood pressure of 140/90 to 120/80 mm Hg or below. After the first medication did not work for him, Joe began taking a combination antihypertensive medication called

Lotrel (R) (amlodipine besylate/benazepril HCl), in addition to regularly monitoring his blood pressure and making lifestyle changes to reach his target blood pressure.

With the support of his family, "The Comeback Kid" has been able to achieve and maintain a healthier blood pressure goal. Now, with *Joe Montana's Family Playbook for Managing High Blood Pressure*, Joe and Jennifer are reminding

diagnosis exhibited no symptoms. High blood pressure is called the silent killer for that very reason. Who would ever expect that 'Joe Cool,' four time Super Bowl champion, could ever have it?"

"I know first-hand about the disease and the challenges of healthy eating and exercise," Montana said. "Having a supportive family has been imperative for me. My wife and kids keep me on my toes

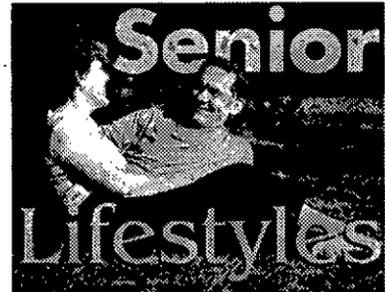
and we try to do a lot of heart-healthy activities together."

Fitness expert Liz Neporent encourages people to choose physical activity they enjoy. "Lack of motivation is one of the biggest obstacles to starting a healthy lifestyle," she said. "But people are more likely to be physically active if they do something they find fun."

Jennifer Montana agrees and believes her family's experience has been a great lesson not only

other high blood pressure patients and their loved ones that managing high blood pressure is a team game and if Joe Montana can do it, so can you!

To order your free copy of *Joe Montana's Family Playbook for Managing High Blood Pressure* and learn more about the BP Success Zone program, visit www.GETBPDOWN.com. Information is also available toll-free at (877) GET-BP-DOWN (877-438-2736).



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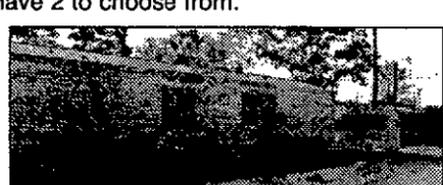
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Elder Network offers services for seniors

By SHERI SANDUSKI

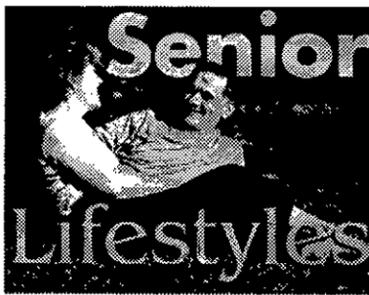
The first wave of baby boomers turn 60 this year, officially designating them as among the 78 million "seniors" in our country. What does it mean for you to be a senior or an elder? Maybe you opt to continue to work, volunteer, spend time with your family and friends, or ease back into a slower lifestyle. You may also face increasing health care issues and other needs which involve major life decisions. In any case, you will join the ranks of the swelling number of older adults in our area.

The number of people age 60 and over in the four-county Capital District is expected to grow from about 140,000 to

181,000, a rise of almost 30 percent by 2015, according to state, Census and Cornell University figures; within that period, the proportion of people 85 and older will increase by 34 percent. The senior population is booming at the same time large numbers of elders are in transition in terms of job status, health issues and quality of life concerns. As they cope with these changes, many older adults are now seeking ways to continue to live at home in the community and to avoid entering more institutional settings. The Elder Network of the Capital Region is a resource that can help.

Since its creation in 2003, the Elder Network has been laying the groundwork to make Albany,

Rensselaer, Saratoga and Schenectady counties more aging-prepared. The organization



and its partners foster a regional approach for communities to better accommodate elders in transition across a wide geographic area.

"The Elder Network is a first step to help connect people with services and resources that meet their interests and needs," said Harry Rosenfeld, chairman of the board of the Elder Network. "Our purpose is to allow older adults the option to live well, preferably at home."

In May, the Elder Network unveiled a new Web site, www.ElderNetworkNY.org, through which seniors, families and caregivers can find a host of services, assistance and referrals for qualified professionals in their county and region. The Elder Network does not provide direct care services; instead, it partners with county offices for the aging and local providers that offer or arrange needed services, e.g., transportation, meals, grocery shopping, lawn care and home medical assistance.

"We encourage seniors and elders in transition to understand options on how to live well now, and to empower them to make major lifestyle choices and life decisions," Rosenfeld said.

The Elder Network actively promotes community collaborations through the University at Albany's School of Social Welfare where it is based. Private philanthropic support from the John A. Hartford Foundation and funding from the state Office for

the Aging and the Research Foundation of SUNY provided the initial support to create the Elder Network through a collaboration of older adults, faith communities, health and provider networks, government, businesses and the University at Albany.

The Network continues to work with a variety of community organizations and government. An important role is to serve as an informational clearinghouse.

"By linking people with resources before a crisis hits, we can potentially keep more older adults in the community and decrease costly institutionalized care," said Rosenfeld. For information, check out www.elder-networkny.org to find out about community resources that are available throughout the region.

Sheri Sanduski joined the Elder Network in 2005 as executive director and can be reached at: ssanduski@uamail.albany.edu.

Gain independence after a stroke

Take a walk, use a phone to call a friend, or remember your favorite recipe - these are all taken for granted unless you've suffered a stroke.

Stroke is a cardiovascular condition that occurs when oxygen-rich blood being carried to the brain is either blocked by a clot or the vessel bursts. According to the American Heart Association, each year approximately 700,000 Americans suffer a new or recurrent stroke. It is the third leading cause of death for Americans.

Stroke survivors often experience many problems in walking, using their hands, or not being able to think or speak clearly. In short, being able to perform everyday tasks becomes a critical part of recovery. Stroke survivors need to relearn basic tasks so they can live as independently as possible.

Rehabilitation is designed to help stroke survivors return to normal activities of daily living (ADLs) through the use of physical, occupational or speech therapy. Therapists work with the survivor on goals that maximize functional abilities and regain skills essential to independent living. Examples of these skills include getting out of a bed or chair, walking to the bathroom, organizing a shopping list, preparing meals, eating and swallowing, dressing, driving, and even balancing a checkbook.

Stroke often affects cognitive processes such as concentration, organizing thoughts or memory. Cognitive rehabilitation focuses on functional tasks that involve thought and execution of thought into action. This may be provided by either a speech or occupational therapist, depending upon an individual's retraining needs.

Neurodevelopment technique (NDT) is a hands-on approach used by physical or occupational therapists to help restore strength, flexibility, normal move-

ment and gait. For example, a therapist can help you connect your thoughts to your muscles so that you may make that phone call or prepare a lunch. Being able to walk into the kitchen, sit down and remain balanced throughout all these activities may be part of your goals during therapy.

Additionally, a speech therapist will work with stroke survivors on expressing thoughts, language and voice. Speech therapy also focuses on improving swallowing so that individuals can return to a normal diet. Other special techniques are available to aid recovery.

Recovery can be challenging because each stroke affects the body differently. The rehabilitation process can help stroke survivors regain as much independence as possible.

To learn more about stroke recovery, contact St. Peter's Rehabilitation Services at 525-1372.

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Coping with that pain in the neck

By MATTHEW G. ZMURKO, M.D.

Degenerative cervical (neck) disc disease is a common problem in the aging population. Over 70 percent of men and women older than 70 have evidence of degenerative cervical disc disease on X-rays. Fortunately, the majority of these individuals continue to perform their regular daily activities without any difficulties. However, for the unfortunate, degenerative cervical disc disease can cause unrelenting neck pain, radiating arm pain, muscle weakness and numbness.

The cause of neck pain in degenerative cervical disc disease remains controversial. As the disc wears out, chemical changes occur, and the disc shrinks and can no longer function as the "shock absorber" of the neck. As the disc space narrows, the disc bulges outward. This decreases the space available for the spinal cord and exiting nerve roots which provide the muscles of the upper arm with strength and the skin with sensation.

Radiculopathy refers to the inflammation and irritation of the nerve roots that extend out from between the cervical vertebrae. This may result in muscle weakness and decreased sensation in the upper extremity. Myelopathy differs from radiculopathy in that the inflammation and irritation are of the spinal cord itself. These findings vary

between individuals, but often are described as increasing clumsiness of the hands and/or lower extremities, change in handwriting, difficulty in performing fine motor movements such as buttoning a shirt, and change in



urinary habits with increasing urgency, hesitation, or frequency.

Treatment options for cervical degenerative disc disease are broadly divided between surgical and non-surgical interventions. The majority of people experiencing neck pain and cervical radiculopathy improve with non-operative treatment. Non-operative treatment options include medications, physical therapy, cervical traction and cervical epidural steroid injections. Medications usually consist of non-steroidal anti-inflammatory medications that include over the counter medications, like Motrin. Mild narcotics (pain relievers) may be indicated for short-term use in special circumstances. Patients on narcotics need to be routinely monitored by their physician. Physical therapy initially consists of passive

modalities, which include heat packs, massage, and electrostimulation, with eventual progression to isometric muscle strengthening of the neck and shoulder muscles. Cervical traction would also be used in this setting.

Cervical epidural steroid injections are the delivery of medications into the tissue surrounding the spinal cord where degenerative disc disease is occurring. The medications are placed by spinal needles, brought into the appropriate area of the cervical spine via X-ray guidance. Medications that are placed include an anesthetic agent, such as Lidocaine, as well as corticosteroids that decrease any inflammation of the nerve roots or spinal cord in the area of degenerative disc disease.

Surgical indications for cervical radiculopathy include worsening nerve deficits, disabling motor weakness, and persistent radicular symptoms despite adequate attempts at various non-surgical treatment. Patients with cervical myelopathy typically experience a slow progression of symptoms. Due to this progressive worsening of symptoms, surgery is typically recommended to remove the pressure existing on the spinal cord. The goal of the surgery is to prevent further deterioration of the spinal cord.

The most commonly employed surgery in the treatment of degenerative cervical disc disease



is the anterior cervical discectomy and fusion. This procedure involves removing the worn disc and extra bone compressing the spinal cord and/or exiting nerve roots. This space is then "fused" together by inserting bone graft into the space. Many times surgeons will place a small metal plate and screws into the vertebrae bodies above and below the discs. It is believed that this helps fuse the bones together faster and allow earlier mobilization of the neck. The bone graft material may be from the patient's hip or from a cadaver.

For patients without neck pain or significant degenerative changes, a posterior decompression or foraminotomy may be an option. This is the opening up

of the hole that a nerve root has to travel through after it leaves the spinal cord. The benefit of this procedure would be to maintain the motion between the neck bones by not fusing them together. Another option, in the foreseeable future may be a cervical disc replacement. Currently, several types of cervical discs are undergoing clinical trials in the United States.

If experiencing any of the above symptoms or have concern, definitely talk to your doctor or surgeon about further studies or tests that may be appropriate to help develop a plan of treatment.

Dr. Zmurko works with Northeast Orthopaedics.



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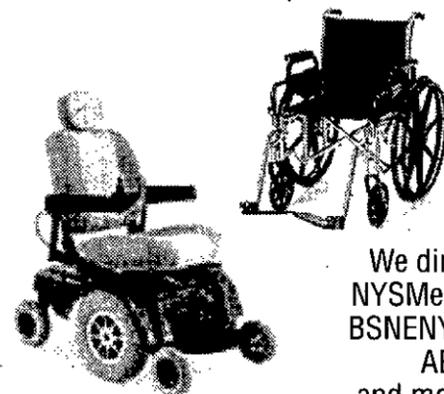
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Plan now to be in control

Being in control of your life is the American way. We are self-made, self-reliant people who covet and protect our independence. But age or illness can rob us of the chance to make our own choices about health care.

Without explicit directions about how you want health care and end of life issues handled, if you are incapacitated and unable to make your choices known, the burden of these decisions will fall to your family. An advance care plan gives you a choice to make your wishes known, even if you are unable to communicate.

While putting together your plan and discussing it with family members may be emotional, it's one of those things, like making a will that will give you peace of mind. Having a plan in place also makes it easier on your loved ones, since they will know they are carrying out your wishes.

Your plan will ensure that your care is customized to reflect your personal preferences and health needs, as well as your social, cultural and religious requirements. As part of its educational materials developed for heart failure patients, the Heart Failure Society of America has put together a booklet explaining advance care planning that is helpful not only to those with a chronic condition such as heart failure, but also for others who may be thinking about their future.

The booklet explains that an advance care plan may include some or all of these documents:

- An advance care directive - This document should provide

clear evidence of your wishes regarding treatment and can include a living will, a durable health care power of attorney and a statement about organ donation.



- A do-not-resuscitate order - This directive made by you or your family in consultation with the doctor, tells doctors, nurses and other rescue personnel what they should or should not do when a person stops breathing or when their heart beats so irregularly as to threaten life or stops beating entirely. A do-not-resuscitate order can include instructions on whether to use different types of methods to revive a person.

- A living will - This legal document lets a person who is unable to participate in decisions about their medical care express their wishes about life-sustaining treatment. A living will is usually used during a terminal illness when a person is unable to communicate; it lets you set limits on what is done to you regarding the use of medical treatments such as CPR, blood transfusions, mechanical breathing, surgery, antibiotics, kidney dialysis and invasive measure to provide nutrition and fluids.

- A health care power of attorney - This allows someone you designate to make all health care decisions for you, including the decision to refuse life-sustaining treatment if you are unable to make the decision for yourself. You can give someone a general power of attorney or you can limit their decision-making to certain issues by including instructions about your care. For example, you can specify preferences regarding particular treatments such as tube feeding, intravenous fluids and organ donation if you have not covered those subjects in a living will.

- A financial plan - You and your family may have concerns about paying for medicines, doctor and hospital bills and other types of health care. A financial plan can help you deal with these issues and also provide for your family.

Talk to our doctor, nurse or hospital about where to get information about advance care planning as well as discuss various health care options with you. You may also wish to consult a lawyer to help you ensure that your plan meets your individual wishes and state legal requirements. And be sure that your family knows and understands your wishes for care. Discussing these issues now will make implementing them easier when that becomes necessary.

To learn more about advance care planning, visit the Heart Failure Society of America patient education Web site abouthf.org.

Hot tips

Seniors should take special precautions during the hot days of summer. Senior Services of Albany has compiled some tips to help you stay healthy and cool.

- Stay in the coolest place available

If you don't have an air conditioner, spend time in air-conditioned public places, such as the Louise Corning Center, 25 Delaware Ave., Albany, open 9 a.m. to 4:30 p.m., Monday through Friday.

SSA offers air-conditioned curb-to-curb transportation for Albany County adults over the age of 60. Drivers take clients to senior centers, libraries, movies or other air-conditioned locations. Call 434-4219 for details. To make a transportation reservation, call 1-866-208-7357. Reservations must be made in advance.

The Louise Corning Center serves lunch Monday through Friday at noon in an air-conditioned dining room. For a lunch reservation, menu and details, call 465-3325. Transportation is available.

- Drink 8 glasses of cool water and juices a day, even if you're not thirsty.

Stay away from caffeinated and alcoholic drinks such as soda, coffee, tea, liquor and beer.

- Dress in loose fitting, lightweight and light-colored, natural fiber clothing. Wear a hat to protect your head from the sun.

- Rest during the middle of the day when temperatures are hottest.

- Use fans properly.

Use a fan to bring in cooler air from outside or vent hot air out—box fans are best.

DO NOT use fans in a closed room without windows or doors open to the outside.

DO NOT use a fan to blow directly on you when the temperature is 95 degrees or above. This can cause your temperature to increase and cause heat stroke.

- Bathe or shower often in cool water.

- Know when your body has heat stroke or heat exhaustion and what to do:

Heat stroke signs: hot, red skin, very high body temperature of 104 degrees to 106 degrees, fast breathing, sick to stomach, not hungry.

Heat stroke is life threatening—call 911 immediately.

Senior Services of Albany, a nonprofit organization, has been dedicated to enhancing the quality of life and fostering independence for all older adults and their caregivers for more than 53 years. More than 5,000 older people are served annually through the programs and services of Senior Services. Services provided by the agency include congregate and home-delivered meal programs, transportation, ElderSource Line (518-465-1903), adult day care, caregiver support services and health and wellness programs. More information about the organization and its programs can be found at www.seniorservicesofalbany.com or by calling 465-3322.

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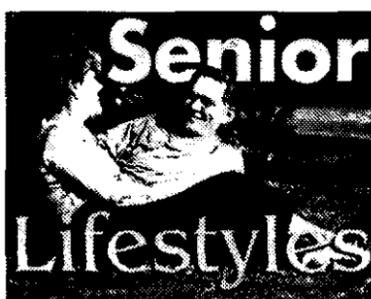
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Assessing and living with heart failure

Although the term "heart failure" sounds ominous, it does not mean that the heart has stopped or is about to stop suddenly. Heart failure means that the heart is not pumping blood as well as it should through its chambers to the rest of the body. It is a common condition that can be caused by a heart attack, long-term high blood pressure, a heart valve abnormality, a viral infection of the heart or a genetic condition that runs in families. Sometimes the exact cause of heart failure is not known.

If allowed to progress without treatment, heart failure has a great impact on quality of life and



can shorten life expectancy. In the United States, it is the single most frequent cause of hospitalization for people over age 65, and more people die from heart failure than from all forms of cancer combined.

It is important that patients

with heart failure learn how to take good care of themselves. By educating patients, those at risk and their families, the Heart Failure Society of America (HFSA) is committed to providing reliable and up-to-date information about heart failure.

"People with heart failure can lead relatively normal, active lives. The key is early diagnosis and treatment," said Dr. Barry Greenberg, chairman of the HFSA's education committee, and the director of the Advanced Heart Failure Treatment Program at the University of California, San Diego. New treatments can be very effective in slowing and stopping the progression of the disease, and in some cases can even reverse the process.

Symptoms of heart failure include:

- Feeling tired
- Congestion
- Shortness of breath, which can happen even during mild activity
- Swelling in the feet and legs from fluid retention (results in weight gain)
- Cough with frothy sputum
- Difficulty breathing when lying down, which may wake patients from sleep at night

Those diagnosed with heart failure should work with a doctor to develop a treatment plan and to follow it. Proper medications in the right doses, careful monitoring and self-care are the basis of effectively managing heart failure.

Most people with heart failure require several medicines to achieve the best results. Two of the most common medicines used to treat heart failure are ACE



inhibitors and beta blockers. Both of these medicines block the effects of harmful stress hormones produced by the body that can make heart failure worse. Diuretics (water pills) are often used to reduce excess fluid. Other medications used for the treatment of heart failure include angiotensin-receptor blockers (ARBs), aldosterone antagonists and a new combination pill of hydralazine and isosorbide dinitrate that was recently approved by the FDA for treatment of African Americans with heart failure.

There is also evidence that device therapy can favorably affect the clinical course of heart failure patient. The addition of an implantable cardioverter/defibrillator (ICD) and/or biventricular (BiV) pacemaker to medical therapy is now recommended in many heart failure patients.

In addition to taking medicines exactly as directed, people with heart failure should:

- Weigh themselves every day
- Follow a low-sodium (salt) diet

- Get regular physical activity
- Quit smoking
- Avoid alcohol or drink sparingly
- Control body weight
- Monitor symptoms and learn when to consult a doctor or nurse

Friends and family members can help by learning about heart failure and participating in the patient's treatment plan. The Heart Failure Society of America provides educational materials written in easy to understand language.

These materials include information on following a low-sodium diet and a description of medicines and devices used to treat heart failure. There's also advice on how to become more active and manage emotional stress, as well as tips about advance care planning and how to evaluate claims about new treatments and cures.

You can visit aboutHF.org to download a copy or to leave a request to have a complimentary set of materials sent to you.

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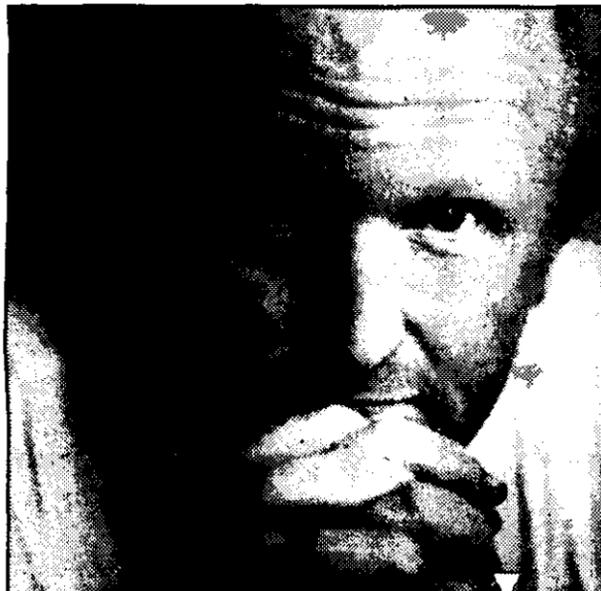
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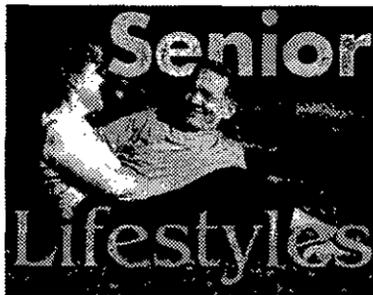
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Respite offers a break to caregivers

By WENDY R. COLONNO



There are approximately 25 million caregivers of the elderly in the United States, according to research done by the National Alliance for Caregiving and AARP.

They don't think of themselves as caregivers. Mom or Dad may still live "independently" in the family home, but these adult children make sure mom gets to the doctor each month, take her grocery shopping every week, prepare freezer meals for Dad so he has a hot meal each night, stop by to mow the lawn or shovel the driveway, or bring in the mail each night on the way home from work.

In America today, families or friends provide 80 percent of the care to older people. One in four households is engaged in caregiving for an older adult.

Colonie Senior Service Centers, Inc. and Bright Horizons Social Centers are committed to providing solutions for these caregivers.

Most people are unprepared for the responsibilities associated with caregiving, especially when they are caring for a loved one in need of increasingly more attention.

In many cases, the time and energy demanded increases gradually over time. Suddenly, they realize that the demands are exhausting not only their own emotional, physical, and financial resources but also those of the entire family, including their loved one.

Most caregivers do not know where to turn for help. Bright Horizons can help before the crisis occurs.

Respite, such as that offered by Bright Horizons Social Cen-

The Beltrone program has developed a strong connection between the participants and their community.

Both programs provide an affordable, fun and positive experience in a structured setting.

Since opening in 1985, Bright Horizons has adapted to the changing needs of seniors and their families by growing into a program that is more like a traditional senior center within a supportive and secure environment.

According to the Robert Wood Johnson Foundation report in 2002, the need nationally for more adult day services programs, both social and medical, is acute.

The report specifically sites

Albany County as underserved, with a current need for six (now down to five since CSSC opened Bright Horizons Social Centers at St. Joseph's Provincial House in 2004) more adult day services programs to care for an average of 38 individuals each.

Development of enough programs to provide this level of care is essential.

Colonie Senior Service Center is seeking a third location in response to this continued need for adult day services programs.

Bright Horizons seeks to

improve their daily lives by reducing stress, increasing the mental and physical well-being of their loved one.

This often results in better family relationships and more quality time with their parent or loved one.

For information about Bright Horizons, call 459-2857, ext. 322.

Wendy R. Colonno is the Adult Day Services Program Director at the Colonie Senior Service Centers, Inc.

ters, is key, giving caregivers a break from the constant responsibilities of caring for a loved one, a little R & R, so to speak.

Colonie Senior Service Centers has two centers to meet the needs of the growing caregiving population and the seniors they care for, Bright Horizons Social Centers at the Beltrone and Bright Horizons at Carondelet.

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Fighting hospital infections

The statistics are staggering. The end result often is heart-breaking, but patient safety advocates say there is hope. The Centers for Disease Control and Prevention (CDC) reports that each year more than 2 million patients suffer, and more than 90,000 of them actually die from hospital acquired infections. In addition, the CDC estimates that these infections cost more than \$5 billion annually.

Hit hard by the human and financial costs of this national crisis, the industry is joining forces with government and patients to help to turn the tide. To help combat this deadly problem, federal, state and local governments, hospitals, and healthcare manufacturers are teaming up on numerous national patient safety initiatives that are making significant strides for patient safety.

Major initiatives such as the Institute for Healthcare Improvement's (IHI) 100,000 Lives Campaign and the Surgical Care Improvement Project (SCIP) are forming powerful partnerships to

help reduce risk. "One of the most exciting things about the SCIP project is that we are bringing together the partnership of the governmental agencies that have a role and also the healthcare organizations and experts across our country," says Julie Gerberding, M.D., director, Centers for Disease Control and



Prevention. "By working in partnership with the people on the frontline of care, we can come up with better solutions and we can mobilize to make these solutions lead to better patient outcomes much more quickly."

According to patient safety advocates, such as The Committee to Reduce Infection

Deaths, patients and their families can also take an active role by doing the following:

- Ask that hospital staff clean their hands before they treat you.
- Before your doctor uses a stethoscope, ask the doctor to sanitize it.
- Ask visitors to clean their hands and avoid sitting on your bed.
- Do not shave the surgical site - ask the hospital to use clippers because razors can cause nicks in the skin where bacteria can enter.

Medical product manufacturers are also taking part by developing cutting-edge products to help reduce risk. Illinois-based Medline Industries, Inc., is one of the companies actively involved in the manufacturing and distribution of these advanced medical products. Following the 1999 Institute of Medicine report "To Err is Human," we began a concerted effort to bring products to market that focus on patient safety and infection control," says Medline President Andy Mills.

"We are actively participating in the national patient safety initiatives because as a medical products manufacturer, it is our responsibility to contribute to reducing the risk for infection," said Mills.

Mills pointed out that Medline's first breakthrough in this area targets what many experts believe is a major contributing problem - lack of proper



hand hygiene. Specially coated with pure aloe, Aloetouch gloves are designed to help to soothe and hydrate skin. Researchers have long believed that raw chapped

skin can be a major barrier to hand hygiene.

"Clinicians want to do what is right. But it makes sense, if your hands hurt, that you are less likely to be washing and sanitizing them as frequently as perhaps you should be," says Alecia Cooper, RN, BSN, MBA, CNOR. "Research shows that the gloves do help to keep the skin moist and hydrated, so hopefully these gloves help clinicians follow proper hand hygiene protocol."

The manufacturer was also recently involved in a nine-hospital patient safety study in Ohio. As part of the study, participants designed a medical drape that they believed would help to reduce central line bloodstream infections, which, according to the CDC, is one of the leading causes of hospital acquired infections. The group asked Medline to help further develop and specially manufacture the drape. The study won national acclaim for nearly eradicating central line infections by lowering their number of this type of infection by more than 50 percent in less than a year.

"This project demonstrated how well healthcare works when we all work together — administrators, clinicians, physicians and manufacturers — helping us to reach our goal of improved patient safety and improved outcomes," said Debbie Hayes, vice president, patient care services and chief nursing officer at The Christ Hospital "We were so pleased that Medline was willing to work with us and custom make a full body drape that would help us reach our goals and significantly reduce our infections. This kind of collaboration is great news for patients."

For information about what's being done to battle hospital-borne infections, log on to www.cdc.gov and www.medline.com.

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Jurors see video of Porco's Jeep leaving campus

By JIM CUOZZO

The jury in Christopher Porco's murder trial viewed a stylish high-tech display from a forensic video expert utilizing 10 large-screen monitors inside the courtroom to identify the defendant's exact location in November 2004 as he drove through the streets of Rochester.

The Albany County district attorney's office hired Grant Fredericks of Avid Technology at \$250 an hour fee. Fredericks was asked to break down a few seconds of security camera footage captured outside the campus of the University of Rochester on Nov. 14 and 15, 2004, the night before and the morning after the attacks on Peter and Joan Porco at their Delmar home on Brockley Drive. Peter was murdered and Joan survived with injuries; their son Christopher is on trial for murder and attempted murder.

The first task is to extract the data, the next task is to determine what the data is," Fredericks explained in court on Tuesday, July 18.

Jurors viewed four separate segments of tape showing Christopher Porco driving his black Jeep Wrangler out of the university South parking lot in front of Munro Hall on Nov. 14, traveling off campus to the intersection of Kendrick Road and Crittendon Boulevard in an ebound direction. Prosecutors believe Porco used this route to travel to Thruway Exit 46 in Henrietta and make his way east on the Thruway toward Delmar to attack his parents.

Another segment of security camera footage taped on Nov. 15, 2004, shows Porco traveling back on Kendrick Road and Crittendon Boulevard toward the university campus.

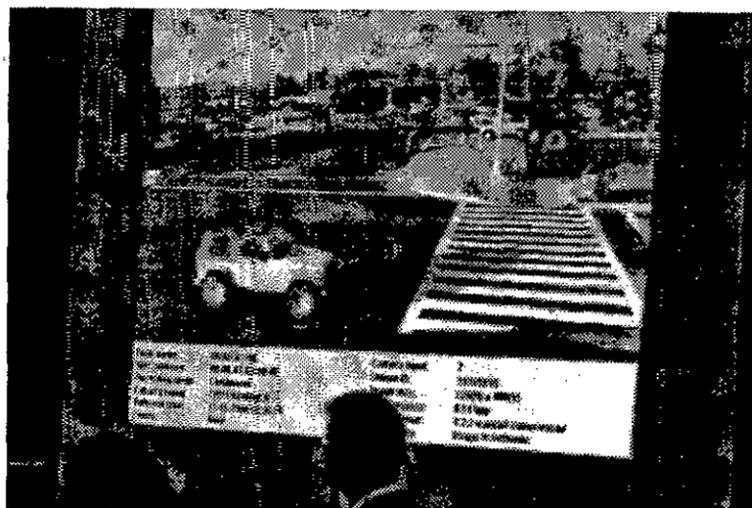
The time sequences on the tape reveal Porco's Jeep leaving away from the campus late evening, Nov. 14, 2004, at 12 p.m. and then heading back toward campus on Monday, Nov. 15, 2004 at 8:30 a.m.

Prosecutors believe Porco left the Albany area around 5 a.m. on Nov. 15, 2004 after Peter and Joan were attacked and made it to Exit 46 at 8:18 a.m. Judge Jeffrey Berry would not allow the data on the camera footage to be used as evidence until the records as evidence until the records as evidence until the records as evidence until

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Defendant Christopher Porco, right, and defense attorney Laurie Shanks, view a still image from a surveillance video of what prosecutors say is Porco's Jeep driving near the University of Rochester on the morning of Nov. 15, 2004, in the Orange County Courthouse in Goshen on Tuesday, July 18.

Philip Kamrass/pool photo

campus security testify to its authenticity.

"The defense is fighting tooth and nail every step of the way, but I am confident we will be able to establish that timeline," said Chief Prosecutor and Assistant District Attorney Michael McDermott.

"I think the jury realizes the defense is nitpicking, and their time is being wasted," he added.

It was a hot, 90-degree day outside in Goshen and warm

inside the courtroom as well because the Orange County Court building ventilation system was not working at full power.

"Thirty years ago I worked for a judge whose name was Murphy and he would always tell me about Murphy's law," said Judge Berry. "Our Murphy's law today is the ventilation system."

There were times during Frederick's testimony that Christopher Porco could be seen

taking several drinks of water from a plastic cup while also closely viewing the same tape the jury was watching of his Jeep leaving the university campus.

The defense team, led by Terence Kindlon, said prosecutors proved nothing except that the expert witness cost Albany County taxpayers \$10,000 so far to testify.

"Your travel is being paid for by the taxpayers of Albany County," Kindlon queried.

"Yes," answered Fredericks.

After proceedings ended for the day, Kindlon said that the only thing prosecutors proved is "Christopher and his Jeep went off the campus because he has to park off campus because he does not have a permit."

More motions were filed by the defense to preclude much of this week's testimony. Kindlon told Berry that much of the prosecution's witness testimony comes from an illegal and unconstitutional interrogation of Christopher Porco by the

Bethlehem police department the night after the murder with much of their witness testimony.

"We are going to make a motion to preclude such evidence," said Kindlon.

Berry told the defense it is entitled to its motions and applications, but they are denied.

"It is clear in testimony the people have established the defendant's whereabouts independently of the videotape through established testimony," said Berry.

Computer technology specialists were scheduled to be called on Wednesday, July 19, to tell how they extracted several hundred e-mails exchanged over the computer between Christopher Porco and his parents. The e-mails cover a time period between January and November 2004 and are expected to show the personal and financial problems Christopher Porco had while attending the University of Rochester.



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What the jury is and isn't seeing in Porco murder trial

Former roommate's IM shows loyalty to Christopher Porco

By JIM CUOZZO



Matthew Ambrosio, a former roommate of Christopher Porco at the University of Rochester, testifies in Gcshen Wednesday, July 19.

Philip Kamrass/pool photo

Information the jury is not allowed to see or hear is emerging as a major development in the murder trial of Christopher Porco.

While the jury listened to several hours of testimony Wednesday, July 19, two witnesses sat in a waiting area all afternoon who may have been able to shed even more light on the case.

Chief Prosecutor Michael McDermott said after the day's proceedings that a witness who heard that Christopher Porco stood to gain several million dollars from his grandmother's trust had been ready to testify. A second witness from an investment firm was ready to testify that Porco had met with him to establish an investment schedule for his potential nest egg.

"The two witnesses were going to explain that Christopher Porco was to gain \$2.8 million from his grandmother by the end of 2004, and that summer the defendant met with a financial planner from Northwestern Mutual Life Insurance to discuss an investment strategy," McDermott said.

When asked why the witnesses were not allowed to testify, McDermott said Judge Jeffrey Berry, who is presiding over the trial in Orange County, believed the information was too remote.

McDermott said that Porco's grandmother did not have anywhere near \$2.8 million in any trust or savings.

"This case is riddled with Christopher Porco telling 'tall tales' about his wealth," said McDermott.

to the jury, but began having second thoughts when he realized prosecutors could not follow up with any testimony that Christopher Porco knew the will existed.

"The people have a right to establish there was a will and defendant could gain from it," Berry first stated, then added, "Whether the people can link that will to the defendant's knowledge is a completely different issue."

Berry read the will, then decided, "it is not coming in today, only if I find a connection."

Cannizzaro testified that she did not remember any phone calls for Peter Porco from his son Christopher on Monday morning, Nov. 15, a few hours after the law clerk's murder.

"I do not," Cannizzaro said as to whether she remembered Christopher Porco calling. "I remember very much that morning."

Christopher Porco repeatedly told friends and frat brothers at the University of Rochester that he made several calls on Sunday and Monday morning before and after his parents were violently attacked. Witnesses, including close friend and college roommate Matthew Ambrosio, testified that Porco could not reach either parent.

"He mentioned he hadn't contacted them (Porco's parents) in a

That, according to the prosecution, includes forging his father's signature on two loans totaling close to \$50,000 to pay for his Jeep Wrangler and college tuition. That information, along with information about a trust that never existed, has yet to reach the jury. The prosecution believes inheritance is a motive for murder in this trial.

McDermott said, "either Christopher Porco is engaging in fabrication as a pastime or Christopher Porco was exploring investment strategy in anticipation he would come into some money in the future."

Earlier in the day, Julia Cannizzaro, the confidential secretary to Third Appellate Department Judge Anthony Cardona, Peter Porco's employer, testified about Peter Porco's will, which Assistant District Attorney David Rossi tried to have offered as evidence, to strong objection from the defense.

"There is no evidence Christopher (Porco) ever knew this will existed," said Defense Attorney Laurie Shanks. "Nor is there any evidence that he knew he was a beneficiary in this will." Berry was ready to offer up the will as evidence

couple of weeks, and he tried to contact them on their house, work and cell phones," Ambrosio said.

The jury heard a three-page long computer instant message between Ambrosio and Porco sent two weeks after the crime. Ambrosio offered to help Porco, and the two discussed his mother Joan's condition and the Bethlehem police department, which interrogated Porco and questioned Ambrosio.

"I'm sorry you had to deal with that whole cop thing," wrote Porco to his friend, using the computer screen name of "jeffsalosa."

"They are lying idiot b.....ards," said Porco.

"Hey man, I'd do anything for you," said Ambrosio under the alias Pygmyhippo.

"Does it look like you're gonna have to go to court?" asked Ambrosio.

"Hopefully soon, the cops are going to talk to my mom, and as soon as she says it wasn't me, it should be over, but they are doing their best to put it all on me," Porco said.

"Did you talk to Bethlehem cops or Rochester?" asked Porco

"Bethlehem," said Ambrosio.

"They are morons," said Porco.

"Dude, please just tell me you were somewhere Sunday night into Monday morning, I don't care where, just tell me you are going to be fine," asked Ambrosio.

"I'll be fine, dude, I was on the hall (Munro Hall Dormitory, University of Rochester)," Porco said. "The cops know that."

Several students from Rochester testified Tuesday and Wednesday, July 18 and 19, that they never saw Christopher Porco at Munro Hall during the overnight hours of Nov. 14 and 15, 2004. The instant message text between Ambrosio and Porco concluded shortly after that point.

"Best wishes to your mom," said Ambrosio.

"Later, bro," said Porco. "Say hey to people for me when you get back."

"I love you all."

"I love you too," said Ambrosio

"Bye man," Porco signed off.

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Open mic night attracts range of performers

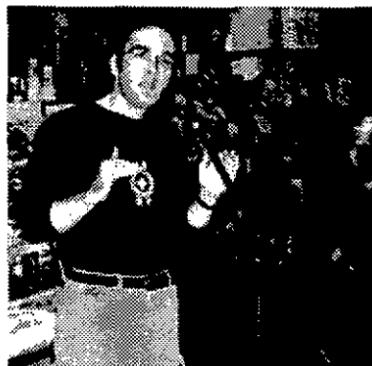
By DICK BUYER

The Perfect Blend in Delmar is a local venue for aspiring amateur musicians to display their talents and achieve a dose of fame.

Once a month, on a Wednesday evening, it serves as a relaxed, supportive site for area performers to test their musical repertoire in front of a live audience.

Their motivations run the gamut from playing original work, improving confidence, practicing and using the opportunity as a launching pad toward professionalism.

Imagine: you arrive at the coffee house before 7 p.m., sign your name on a list and wait for your name to be called. While listening



Bill Burris, of Albany, performs recently during an open mic night at The Perfect Blend in Delmar.

to your musical cohorts, the audience applauds, hoots and whistles for each participant, creating an incentive to return for another chance of stardom.

The shows run about two hours, beginning at 7:30 p.m. Musicians are asked by the emcee, usually George Kansas of Delmar, to limit themselves to three selections.

Kansas is credited with starting the open mike night after he suggested the idea in 2003 to Roberta Bastow, owner of the Perfect Blend.

"She was not ready," he said, "because Roberta was involved at the time in starting the business."

But a year later, in Spring 2004, when the coffee house was more established, she agreed to offer the location as an entertainment venue with Kansas serving as host.

"From Day 1," Kansas said, "the Perfect Blend has been a safe, comfortable and supportive environment for patrons and performers."

According to Kansas, the site's relaxed atmosphere encourages hesitant musicians to take the plunge.

On a recent evening, Sean Madden of Delmar, in addition to performing, served as substitute host. The audience was largely a group of 20- and 30-somethings, with a smattering of few older guests.

Madden is a guitarist and singer who also plays the harmonica. An open mike night regular, he began performing in 2004 when the Blend began its free format.

"I do songwriting on the side," Madden said.

He has written 40 or 50 songs.

The open stage on open mike night provides him with an opportunity to play some of his original numbers.

"Music is something that people should be doing every day," Madden said.

Four other open mike regulars have achieved some measure of success, with the release of "Decaffeinated," a CD featuring 12 songs of Brett Sears, Aaron Brown, Brian Kaplan, Valerie Webb and Madden. The collaboration was truly a perfect blend of open mike night regulars as regular emcee joined in to produce the album.

Bill Burris, of Albany, the second act of the evening, also plays guitar and offers listeners blue grass and old standards, including Wabash Cannon Ball and Will the Circle be Unbroken?

"I become bored playing in the living room," he said. "It's good to get out and share your music."

A guitarist for 15 years and a five-performance veteran of The Perfect Blend's open mike night, he began strumming after retiring from the Navy. He has also played at Border's on Wolf Road.

Aaron Ward, of Ballston Spa, was one of two stand-up comedians this particular evening.

The humor tumbled out rapidly with wit and style.

Poking fun at himself, he quipped: "I'm spending more on therapy than (eye) contacts."

Admitting to his vanity, Ward

said he's losing his hair, attributing that condition to his mother.

"I'm 90 percent chilly," he joked "due to hair loss from the top of my head."

Ward fancies the comedy stylings of George Carlin.

"He has an amazing comedy range," noting the famous comedian's penchant for "self-deprecating, cerebral" comedy and Carlin's talent for "expressing strong opinions about what's wrong with the world."

Performing comedy the last four years, Ward writes his own material, and has appeared at the Blend six times.

"I'm out three or four times a week," he said, listing venues in Albany, Troy and Schenectady.

He has entertained at comedy clubs in the Northeast and Midwest in addition to restaurants and bars. In the fall, Ward will parade his gags at the Boston Comedy Festival for the first time.

Matt Sauer and Courtney Blackwell, a young Slingerlands duo, entertained with acoustic guitars. Performing together for a year, their musical agenda includes harmonizing on what they call "Americana," and folksy old songs.

A relative newcomer to Blend's open mike, Keith Drinkwine, plays guitar and harmonica.

Drinkwine calls his style "skudle," a combination of drums, bass and guitar. He's found musical inspiration in the performances of Bob Dylan.

And on the keyboard we have Andrew Eckel, who segued from percussion instruments to the keyboard.

Now, he has produced a poem into an album called Summer Heat.

Other performers were Matt Durfee and Nick Cosimano and Brian Murphy, all guitar players. The final act this night was comedian Torek Silk, of Brunswick, formerly of Slingerlands.

"The open mic is a great opportunity to find new talent and a launching pad to develop confidence," Bastow said.

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Obituaries

Milestones *in the* Spotlight

George E. Lemieux

George E. Lemieux, 80, of Voorheesville, died Wednesday, July 19.

Born in Plattsburgh, he lived in Voorheesville for the past 46 years. He was an Army veteran of World War II. He worked for 33 years for the United States Postal Service and retired as a postal carrier from the Voorheesville Post Office in 1981.

Survivors include his wife Alice Macnab Lemieux; two sons, George Lemieux of Noblesville, Ind., and Emery Lemieux of Voorheesville; a brother, Donald Lemieux of Plattsburgh; and five grandchildren.

Services were from the Reilly & Son Funeral Home of Voorheesville.

Contributions may be made to New Scotland Presbyterian Church or the Community Hospice of Albany Inn, 315 S. Manning Blvd., Albany 12208.

Kenneth E. McNary

Kenneth E. McNary, 94, of Delmar, died Sunday, July 9.

Born in Guilderland, he was a World War II Army veteran, serving in Africa, Europe and the Middle East.

Mr. McNary was a supervisor for Mobil Oil Corp. in Albany for more than 35 years.

He was a member of Elsmere Fire Co. A for more than 75 years, joining in 1930. He was a member of the NYS Association of Fire Chiefs, the International Association of Fire Chiefs and the American Legion Blanchard Post 1040. He was also a longtime member of St. John's Lutheran Church in Albany.

He was the husband of the late Alma Engel McNary.

Survivors include many nieces, nephews, great nieces and nephews. Services were from the Applebee Funeral Home, Delmar.

Contributions may be made to the Elsmere Fire Co. A, Inc., 15 West Poplar Drive, Delmar, 12054.

Gene Nason

Gene A. Nason, 69, of Clarksville died Sunday, July 23, at home.

Mr. Nason is the son of William Charles Nason Jr. He was raised by his mother and stepfather, Dorothy and Bill King. Mr. Nason was born in Bennington, Vt. and

lived in Shelton, Conn., where he graduated from Shelton High. He also lived in Woodford, Vt. and most recently lived in Clarksville.

He served in the Air Force from 1955 to 1959. He was employed as a truck driver for Albany Transport.

Survivors include his wife Marilyn Scoons Nason; a daughter, Laura McDonald of Clarksville; two sons, Ronald Hughes of Rensselaerville and Timothy Hughes of Brattleboro, Vt.; a brother, James Nason; and eight grandchildren.

A funeral service will be held Thursday, July 27, at 10 a.m. at the Durant Funeral Home, 17 Languish Place, Glenmont. Friends may call Wednesday, 4 to 8 p.m. Interment in Saratoga National Cemetery, Schuylerville. Contributions may be made to either the Onesquethaw Rescue Squad, Clarksville 12041 or the Community Hospice of Albany Co., 445 New Karner Road, Colonie 12205.

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Jeffrey Krenn of Delmar, bachelor of arts in music industry

Andrew Murphy of Delmar, bachelor of science in business economics

Josh Okun of Glenmont, bachelor of arts in music industry

Stephen Stannard of Glenmont, bachelor of science in biology

Kathleen Ising of Slingerlands, bachelor of science in English

Michelle Kaplan of Slingerlands, bachelor of arts in music industry

Christopher Bechard of Voorheesville, bachelor of arts in mass communications

Jordan Liberty of Voorheesville, bachelor of

science in communication studies, cum laude

Evan Miller of Voorheesville, bachelor of science in communication studies

SUNY Cortland

Danielle Blanchard of Clarksville, bachelor of science in education, cum laude

Kara Byron of Altamont, bachelor of science, magna cum laude

Beth Deitcher of Slingerlands, bachelor of science cum laude

Jessica Dvorscak of Altamont, bachelor of arts

Jaimie Giglio of Voorheesville, bachelor of arts

Jeremy Irwin of Ravena, bachelor of arts

Melissa Jenks of Delmar,

bachelor of arts, cum laude

Bryan Mannarino of Delmar, bachelor of science

Megan McGraw of Ravena, bachelor of arts, cum laude

Michael Music of Feura Bush, bachelor of science in education, summa cum laude

Caitlyn Plummer of Delmar, bachelor of arts

Aaron Willen of Slingerlands, bachelor of science

Mark Willey of Delmar, bachelor of science, cum laude

Bryant and Stratton College

Josie Klersy of Slingerlands, associate in occupational studies degree, summa cum laude

(More, Page 26)

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Milestones *in the* Spotlight

Class of '06

Lafayette College

Arno Martin Alarcon of Delmar, bachelor of science in mechanical engineering, cum laude, Delta Phi Alpha.

Harvard University

Lauren Elizabeth Marar of Delmar, master of education in international education policy.

Western New England College

Lauren M. Schucker of Delmar, magna cum laude, chemistry book prize.

Franklin Pierce College

Mark Murray of Voorheesville, bachelor of arts in sociology, magna cum laude.

University of Rochester

Daniel Israel of Delmar, bachelor of arts in music, magna

cum laude

Andrew Wendth of Slingerlands, bachelor of arts in history

University of Hartford

Benjamin Greenberg of Delmar, bachelor of arts in interactive information technology, cum laude

Umass-Amherst

Andrea Greenberg of Delmar, master of science in labor studies

St. Lawrence University

Shannon Boynton of Delmar, biology and music

Erica Brunner of Delmar, biology

Catherine Luke of Delmar, English and government

Shawn Mayo-Pike of Delmar, government and history, cum laude

Brian Wasserstein of West Hartford, biology, cum laude

Hamilton College

Kalin Jaffe of Glenmont, bachelor of arts in mathematics

and psychology, cum laude

Christopher Abbot of Slingerlands, bachelor of arts in economics, cum laude

Colgate University

Katherine Donovan, neuroscience and Spanish, magna cum laude

Boston University

Gabriel Belfort of Slingerlands, medicine and biochemistry.

Siena College

Michael Ricchiuti of Delmar, accounting, magna cum laude

Jeffrey Ricchiuti of Delmar, marketing and managing, magna cum laude

Mount Holyoke Collge

Sarah Dorman of Slingerlands, bachelor of arts in English and film studies, cum laude.

Dean's List

Providence College

Jenna Molella of Delmar

Announcements

Spotlight Newspapers welcomes your announcements. There is no charge. For information, call 439-4949.



Joan and Vince Grady

Gradys celebrate 50 years of marriage

Joan and Vince Grady of Glenmont recently celebrated 50 years of marriage. They enjoyed a cruise aboard the Royal Caribbean to the Western Caribbean Isles. They were surprised by a reception at Jack's Oyster House hosted by their children.

The Gradys have seven children and 19 grandchildren. They were married June 2, 1956, at Sacred Heart Church in North Albany, and have lived in Glenmont ever since.

Joan attended Vincentian Institute and St. Peter's School of Nursing. Vince attended CBA and served in U.S.M.C. He was employed by Albany Asphalt and Aggregates Corp. for 33 years.



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Wedding Directory for Bridal Services

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FLORISTS

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Paper Mill Delaware Plaza. 439-8123 Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.

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WEDDING INFORMATION

Bridal Show Dates, Articles: 1st Planning Step, Bridal Experts, Pre-marital Stress, Past Relationships. www.PocketWeddingGuide.com



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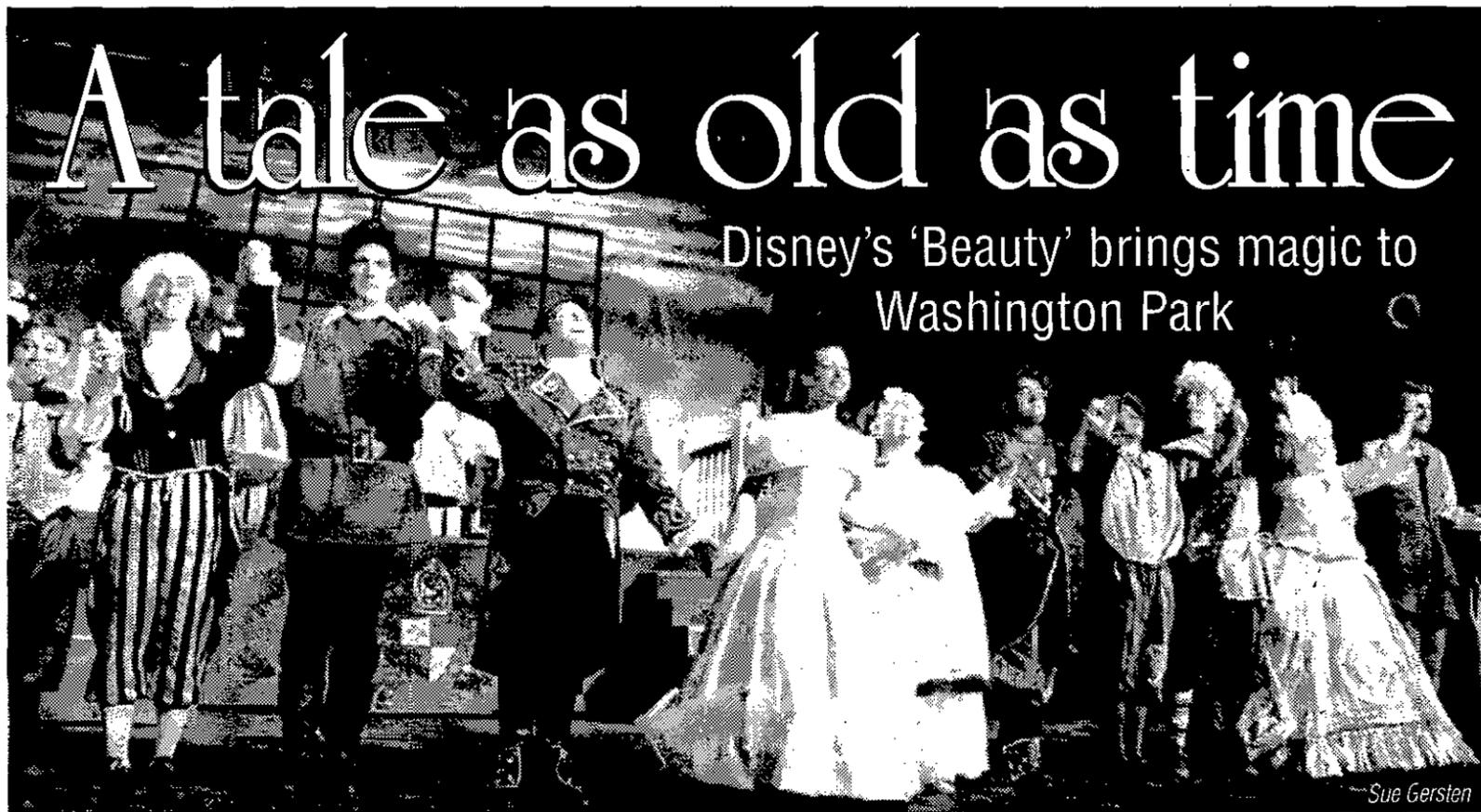
By W.K. AARON

When the magic of Disney meets the oft-spoken-of magic of Park Playhouse, the combination is dazzling. Park Playhouse in Albany's Washington Park

opened its 18th season with the now-classic musical, "Beauty and the Beast." The Alan Menken/Howard Ashman/Tim Rice music and lyrics combined with Linda Woolerton's book bring the stories of looking beyond the surface, and love conquers all, to life on the stage at the boathouse.

Ven Borromeo, Park Playhouse producer, doubles up as scenic designer. His sets, coupled with June Wolfe's costume designs, mix exactly the right amount of fairy tale and realism in this tale of a castle's population bewitched into household objects, and their handsome master turned into an ugly beast. Gary Castler's costumes for the enchanted objects hit the line but never cross over it to the absurd, if in fact you believe that clocks, candlesticks, teapots and corkscrews can sing and dance.

But enough of the technical; this show is about the performers who bring this fable to life. Lia Sumerano as Belle, the young lady who lives with her head in a book and around whom the tale revolves, is totally captivating. Her looks and charm leap off the stage. She is engaging, innocent and wise. Her voice carries us through her numbers much like



Sue Gersten

A tale as old as time

Disney's 'Beauty' brings magic to Washington Park

the summer breeze in the park, refreshing, on target and always welcome when it appears.

Shawn Morgan as the overly muscled Gaston is perfectly cast. Physically, he fits the bill,

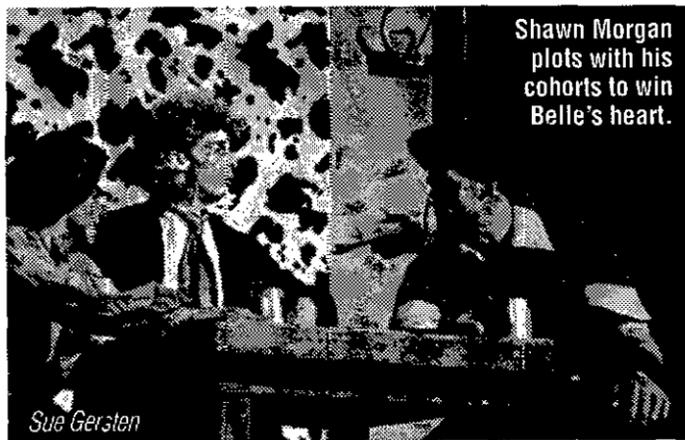
with great elegance, making it apparent that there is more to him than a deformed ogre.

That, of course, brings us to the entire point of "Beauty and the Beast:" looks are at best skin

deep and very deceiving. One must look beyond the outer shell to find the true person within.

The actors ably depict people trapped under the curse of the evil witch, and become more and more inanimate as the days wear on. The candelabra sings, dances

Shawn Morgan plots with his cohorts to win Belle's heart.



Sue Gersten

never afraid to mug shamelessly. His athletic prowess shines through and his rich bass voice fills the stage. John Anthony Lopez brings The Beast alive with just the right touch of self-loathing and pity, as well as the inner searching to bring his heart of gold out of a deep freeze. He moves around the stage, leaping and jumping

and runs the show, the clock runs the household, the teapot is a kindly mother and the broken teacup, well, he's a chip off the old block. Dishes dance and sing, as do napkins, flower arrangements and silverware; and there's an armoire who longs for the days when she appeared singing opera before the king of England.

Paula Ginder as Mrs. Potts the housekeeper-turned-teapot is perfection. Her singing of the title song conveys all the warmth and love that

any Disney tune can muster. Elisa Beth Verb is Madame de la Grand Bouche, and a grand bouche (mouth) she has. Her operatic musings snap the night air and make one sit up and take notice. Gregory Rose, Cogsworth, is perfect in his performance as the head of the staff turned into a grandfather

clock. He becomes more ruffled and excited as the show progresses and is quite obviously losing control of his tightly run ship. Jason Jacoby is Lumiere, half-candelabra, half-man, who positively steals the show whenever he is onstage. Jacoby is incandescent in his role as a

singing, dancing candleholder. His French accent, his movements on stage in spite of a costume that appears to be

woefully cumbersome, prove him light on his feet, and his singing and acting ignite a spark whenever he appears.

Owen Smith took the director's reins of this show and rode it home in fine form. The Delmar native has made his Park Playhouse directorial debut a smash.

"Beauty and The Beast" is a

perfect night out for the entire family. The show runs Tuesday through Sunday evenings at 8 p.m. through August 20. Admission is free. Reserved seating is available; ticket prices are \$10 and \$12. Call the box office at 434-0776.



Sue Gersten

Lia Sumerano and John Anthony Lopez show the power of love in "Beauty and the Beast" at Park Playhouse.

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Jul 27, Thu at 2:15, 4:45 & 7:30
Jul 28, Fri at 8:00 p.m.

WALK THE LINE

Jul 29, Sat at 2:00, 4:45 & 7:30
Jul 30, Sun, at 1:00, 3:45 & 6:30

GOOD NIGHT & GOOD LUCK

Jul 31, at 7:30
Aug 1, at 5:15 & 7:30
Aug 2, at 3:00, 5:15 & 7:30

V FOR VENDETTA

Aug 5, at 1:30, 4:00, 6:30, 9:00
Aug 6, at 1:30, 4:00, 6:30
Aug 7, at 7:30 p.m.



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Arts & Entertainment

Theater

CATS

Andrew Lloyd Weber's famous musical, presented by Mac-Haydn Theatre, 1925 Route 203, Chatham, through Aug. 6, \$23.50-\$24.50, \$22.50 matinees, \$12 children under 12. Information, 392-9292.

BEAUTY AND THE BEAST

The Disney musical version, presented by Park Playhouse, Washington Park, Albany, through Aug. 20, 8 p.m. Tuesdays through Sundays, amphitheatre seating is free, call for reserved seats. Information, 434-0776.

GREATER TUNA

Presented by Curtain Call Theatre, 210

Old Loudon Road, Latham, through Aug. 25, 8 p.m. Wednesday through Saturday, 2 p.m. Sunday, \$20. Information, 877-7529.

FIVE COURSE LOVE

Summer production presented by Capital Repertory Theatre, 111 N. Pearl St., Albany, through Aug. 19, \$34-\$42. Information, 408-1341.

Music

CHARLIE DANIELS BAND

Classic country rock, July 26, 7 p.m., Empire State Plaza, Albany, free. Information, (877) 659-4377.

SIRSY

Local alt-rock band, with blues/jazz singer

Sarah Pedinotti, July 27, 11:30 a.m., Ten Eyck Plaza, Albany, free. Information, 465-2143, ext. 17.

ENTER THE HAGGIS

Celtic rockers highlight this installment of the Alive at Five series, July 27, 5 p.m., Riverfront Park, Albany, free. Information, 434-2032.

NO OUTLET

Régional alt-country rock trio, July 27, 7:30 P.M., Guilderland Performing Arts Center, Tawasentha Park, Route 146, Guilderland, free. Information, 356-1980.

CHRISTOPHER SHAW

Capital District folk musician, July 29, 7 p.m., Round Lake Auditorium, Round Lake, \$5-\$10. Information, 899-7141.

BLUE OYSTER CULT

Early 1980s rock band famous for songs such as "Don't Fear the Reaper" and "Burning for You," Aug. 2, 7 p.m., Empire State Plaza, Albany, free. Information, (877) 659-4377.

HAIR OF THE DOG

Area favorites perform as part of Irish night at the Pruyn House, Aug. 2, 7 p.m., Old Niskayuna Road, Newtonville, \$5 adults, \$2 children. Information, 783-1435.

Visual Arts

NEW YORK STATE MUSEUM

"Preserving Family History: the Heritage

of an Albany County Family," through Dec. 31; "Op Art Revisited: Selections from the Albright-Knox Gallery," through Aug. 13; "Focus on Nature IX," through Sept. 10; "COM. EN. ART," through Aug. 30. Plus permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

THE CLARK

"The Clark Brothers Collect: Impressionists and Early Modern Paintings from the Collection of Sterling and Stephen Clark," through Sept. 4; "Delacroix and the Horse," featuring world premiere of Eugene Delacroix work; and other ongoing exhibitions. Information, 413-458-0524.

ALBANY INSTITUTE OF ART

"Common Ground: 200 Years of Washington Park," through Dec. 3; "The Autobiography of Bill Sullivan," through July 30; plus exhibits on Hudson River School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

SCHENECTADY MUSEUM

"Robots Rock!" an interactive exhibit presented by the League of Musical Urban Robots, plus Spirit of Schenectady, collection highlights and planetarium, Nott Terrace Heights. Information, 382-7890.

ALBANY AIRPORT GALLERY

"Saving Troy," a photographic exhibit coinciding with the book of the same name by William B. Patrick, plus site-specific installations by Larry Kagan and Cara Nigro, plus installations by Anthony Garner, Baris Karayazgan, Paul Katz, Nancy Klepsch and Victoria Palermo. Information, 242-2243.

EXPOSED

"Equus Vita," through Sept. 5, Main Square Plaza, 318 Delaware Ave., Delmar. Information, 475-1853.

LOCAL COLOR ART GALLERY

"Spring into Summer," featuring works by 35 area artists, through July 31, 961 Troy-Schenectady Road, Latham. Information, 786-6557.

NATIONAL MUSEUM OF DANCE

"Dancing Rebels," an exhibit about the New Dance Group, plus ongoing exhibits, 99 South Broadway, Saratoga Springs. Information, 584-2225.

NATIONAL MUSEUM OF RACING AND HALL OF FAME

Ongoing exhibits, 191 Union Ave., Saratoga Springs. Information, 584-0400.

NEW YORK STATE MILITARY MUSEUM

"New York's Fighting Zouaves," through October, "Battleground for Freedom: New York during the Revolutionary War," and "To the Standard: Civil War Cavalry Flags from the New York State Battle Flag Collection," ongoing, 61 Lake Ave., Saratoga

Springs. Information, 581-5100.

SARATOGA AUTOMOBILE MUSEUM

Ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

TANG TEACHING MUSEUM AND GALLERY

"And Therefore I am," an exhibition about the world of human consciousness, through Sept. 10; "Opener 11: Nina Katchadourian: All Forms of Attraction," through Dec. 30, Skidmore College, 815 North Broadway, Saratoga Springs. Information, 580-8080.

THE HYDE COLLECTION

"Decoding the Hyde Collection's Mona Lisa," featuring the museum's drawing of the famous painting, through Aug. 27; plus "Selections from the Arkell Museum at Canajoharie" through July 16 and "Edward Weston: Life Work," a photography survey of the artist, through Aug. 13, 161 Warren St., Glens Falls. Information, 792-1761.

Call for Artists

DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 439-7749.

COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guilderland. Information, 861-8000.

FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Community United Methodist Church 1499 New Scotland Road, Slingerlands. Information, 439-2360.

A CAPPELLA

New, informal, coed a cappella group in Delmar, for adults and teens 16 and older. Information, 439-0130.

SIENA CHAMBER ORCHESTRA AND CHOIR

Rehearsals Thursdays at 7:30 p.m. for orchestra, Wednesdays at 6 p.m. for choir, Siena College, Route 9, Loudonville. Information, 783-2325.

Super Crossword

AUTHORS GONE AWRY

- ACROSS**
- 1 Hailed vehicle
 - 4 Inquires
 - 8 Speedometer letters
 - 11 Zone
 - 15 ___ Cod
 - 16 Dissolve
 - 17 Author many are rather fond of?
 - 19 Flowery author?
 - 22 Repetition
 - 23 Have a meal
 - 24 Slangy word
 - 25 Blend together
 - 27 Reverend's home
 - 28 Goodies
 - 30 Enlighten
 - 33 Gist of the matter
 - 35 Veritable
 - 36 UFO named for an author?
 - 42 6-6-44
 - 44 Lamb work
 - 45 Properties
 - 47 ___ Moore
 - 50 Qt. or gal.
 - 52 1000 symbols
 - 54 Contraction
 - 55 Subsidies
 - 57 ___ wild; unrestrained
 - 60 Suffix for lime or lemon
 - 61 Volcanic mount in California
 - 62 Active
 - 63 House topper
 - 65 Drivers' assn.
 - 67 David, to J esse
 - 68 Melancholy author?
 - 72 Fi's forerunner
 - 75 However
 - 76 Straighten up
 - 77 Essential
 - 79 Garb
 - 84 Turncoat
 - 86 "Of course!"
 - 87 Calm
 - 88 Humiliation
 - 89 School yr. div.
 - 90 Gift for a child
 - 92 Personalities
 - 93 In the future
 - 95 Simple broom
 - 100 Part of the arm
 - 102 Author from the city?
 - 105 "___ boy!"
 - 108 Wise biblical king, for short
 - 109 Fanciful vision
 - 110 Cubic meters
 - 112 Skim milk carton phrase

- 117 Lake Malawi's former name
 - 119 Hawaiian island
 - 121 Wrath
 - 122 Author afloat?
 - 124 Landscaping author?
 - 128 ___ work of mercy; tends the sick, e.g.
 - 129 Order
 - 130 Skillful
 - 131 Adam's grandson
 - 132 Brownies' org.
 - 133 Rogers and Clark
 - 134 Fleur-de-___
- DOWN**
- 1 Happy ___; contented person
 - 2 King Kong
 - 3 Bawled out
 - 4 Word of confirmation
 - 5 Love seat
 - 6 End of the first half of the alphabet
 - 7 Erwin of old TV
 - 8 Revolt
 - 9 Nerve networks
 - 10 Pronoun
 - 11 Shaving lotion
 - 12 Harness part
 - 13 Love
 - 14 Name for two of Henry VIII's wives
 - 15 Trial scene
 - 17 Backus or Henson
 - 18 Uncle ___
 - 19 Modern transport, familiarly
 - 20 Little girl's roommate, often
 - 21 Irritates
 - 26 "___ Breckinridge"
 - 29 Reviews ledgers
 - 31 Female animal
 - 32 "No __, ands..."
 - 34 4-year earnings: abbr.
 - 36 High school building
 - 37 Observed
 - 38 State
 - 39 Dear, in Naples
 - 40 Summers abroad
 - 41 Occupy for a fee
 - 43 Certain batteries
 - 46 Buses' home: abbr.
 - 47 Tiny amounts
 - 48 River in Spain
 - 49 Common street name
 - 51 Place to see a British film
 - 53 Most hardhearted
 - 56 Supplement
 - 58 Bobby the Bruin
 - 59 Jack's foe, in fairy tale
 - 60 Ease
 - 61 ___ Paulo
 - 63 Years lived
 - 64 Pub offering
 - 66 Wheat fiber
 - 69 Color
 - 70 Nourished oneself
 - 71 Genesis figure
 - 72 Forest animal
 - 73 Roman statesman
 - 74 ___ de la Soci t 
 - 78 Dream up
 - 79 Beast of burden
 - 80 One spoken to
 - 81 Tap down firmly
 - 82 "...to St. Ives, ___ a man..."
 - 83 Type again
 - 85 Both: pref.

- 87 Part of a wd.
- 89 "Tired" & "weary"
- 91 Your and my
- 94 Sympathetic words
- 96 Calls a halt to
- 97 "Take a hike!"
- 98 Spanish shout
- 99 Sheep's cry
- 101 Unaffected
- 103 ___ fox
- 104 "___, You're Okay"
- 106 Difficult times
- 107 Eaglet's home
- 110 That girl
- 111 Cong. member
- 112 Negative reply
- 113 Sign
- 114 Gambling game
- 115 Kennel sounds
- 116 Ref.'s decision
- 118 Alias letters
- 120 Siamese coins
- 123 S.A. nation
- 125 Continent: abbr.
- 126 48 Down, for example
- 127 Mariner's stat.

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DOUBLE TAKE

By Mark Szorady

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Calendar of Events *in the* Spotlight

Wednesday, July 26

BETHLEHEM DELMAR ROTARY
Normanside Country Club, 7:30 a.m. Information, 767-2930.

PLAYGROUP MEETING
First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for child caretakers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

MOTHERS OF PRESCHOOLERS (MOPS)
Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., Information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

BETHLEHEM LIONS CLUB
Normanside Country Club, Delmar, 7 p.m. Information, 439-4857.

ALZHEIMER'S SUPPORT GROUP
Northeast NY Alzheimer's Association meetings for families, caregivers, and friends; Delmar Presbyterian Church, 585 Delaware Ave., 7 p.m.

SOLID ROCK CHURCH
1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION
Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., Information, 374-1792.

ZONING BOARD OF APPEALS
Bethlehem Town Hall, 445 Delaware Ave., Delmar, 7:30 p.m. Information, 439-4955.

BINGO
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58
Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

BC SCHOOL BOARD
district office, 90 Adams Place, 7 p.m. Information, 439-7098.

BETHLEHEM ELKS LODGE 2233
1016 River Road (Route 144), Cedar Hill, 8 p.m. Information, 767-2886.

HEALING TESTIMONY MEETING
First Church of Christ, Scientist, 555

Delaware Ave., 7:30 p.m. Information, 439-2512.

NEW SCOTLAND FAITH TEMPLE
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

PRAYER MEETING
evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

NEW SCOTLAND SENIORS
A service supported by area Reformed churches to provide clothing to those in need; volunteers welcome. Clarksville Reformed Church, Route 443, Clarksville, 8:30-11:30 a.m. and 4-7 p.m. Information, 768-2916 or 439-5400.

Thursday, July 27

BETHLEHEM BETHLEHEM SENIOR CITIZENS
Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

ADULT BIBLE STUDY
First Reformed Church of Bethlehem, 7 p.m., Route 9W, Selkirk. Information, 767-2243.

AA MEETINGS
Slingertands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m.

NEW SCOTLAND THE CLOTHING CLOSET
A service supported by area Reformed churches to provide clothing to those in need; volunteers welcome. Clarksville Reformed Church, Route 443, Clarksville, 8:30-11:30 a.m. and 4-7 p.m. Information, 768-2916 or 439-5400.

Friday, July 28

BETHLEHEM CHILDREN'S WRITING WORKSHOP
Bethlehem Public Library, 451 Delaware Ave., 9:30 a.m. - 11:30 a.m., Information, 439-9341.

VISUAL SUPPORT GROUP
Strategies to cope with visual impairment, led by Dr. Edwin Pesnel. Refreshments. Room 101, Bethlehem Town Hall, 445 Delaware Avenue, Delmar, 1-2 pm. Sponsored by Bethlehem Senior Services. Information, 439-4955, ext. 4.

AA MEETING
First Reformed Church of Bethlehem, Route 9W, 7:30 p.m.

CHABAD CENTER
Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

NEW SCOTLAND PIONEER CLUBS
For children grades 1 through junior high;

Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

YOUTH GROUP MEETINGS
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

Saturday, July 29

BETHLEHEM AA MEETING
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m.

Sunday, July 30

BETHLEHEM ST. THOMAS THE APOSTLE
Masses — Saturday at 5 p.m. and Sunday at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Information, 439-4951.

ST. STEPHEN'S EPISCOPAL
Holy Eucharist, 8 and 10 a.m. through the summer, coffee and fellowship, nursery care provided, youth education 9 a.m., church school 10 a.m., Poplar Drive and Elsmere Avenue. Information, 439-3265.

BETHLEHEM LUTHERAN
85 Elm Ave., worship services 8 a.m. and 10:30 a.m. coffee/fellowship following worship. Sunday School and Bible classes 9:15 a.m., infant and nursery care, assistive listening devices. Bible class for developmentally disabled, second and fourth Sundays of each month. Information, 439-4328.

BETHLEHEM LUTHERAN
85 Elm Ave., summer communion worship service 8 a.m. and 10 a.m., fellowship breakfast 9 a.m. Assistive listening devices, handicap accessible. Information, 439-4328.

DELMAR REFORMED CHURCH
Traditional style worship 9:30 a.m.; Contemporary style worship 11:15 a.m. Coffee/fellowship following worship, complete children's program all morning. Handicap accessible. Contemplative worship with communion at 6:30 p.m. Information, www.drchurch.org. 386 Delaware Ave. 439-9929.

BETHLEHEM COMMUNITY CHURCH
Worship service 9:30 a.m.; nursery and Sunday School through 5th grade provided. 201 Elm Ave. Information, 439-3135.

SOUTH BETHLEHEM UMC
Sunday school, 9:30 a.m., worship service, 11 a.m., followed by coffee hour, 65 Willowbrook Ave. Information, 767-9953.

DELMAR FULL GOSPEL
Sunday service, 9:30 a.m., with Sunday school and nursery, home groups, women's Bible studies and youth group, 292 Elsmere Ave. Information, 439-4407.

FIRST REFORMED OF BETHLEHEM
Church school 9:45 a.m., worship 11 a.m., fellowship hour after worship; child-care provided, Route 9W, Selkirk. Information, 767-2243.

FIRST REFORMED OF BETHLEHEM
Summer hours, worship service, 10 a.m., child-care provided, no church school for summer. Route 9W, Selkirk. Information, 767-2243.

FAMILY OF GOD NAZARENE CHURCH
Worship 10 a.m. and 5 p.m., Sunday school 11:30 a.m., Krumkill and Blessing roads, North Bethlehem, Information 453-9953.

FIRST UMC OF DELMAR
Sunday school 9:30, Worship service 9:30 & 11 a.m. (in chapel); adult classes and fellowship 11 a.m., child-care provided, 428 Kenwood Ave. Information, 439-9976.

MOUNT MORIAH MINISTRIES
Sunday school, 9:45 a.m., morning worship, 11 a.m., youth group, 6 p.m., evening service, 7 p.m., Route 9W, Glenmont. Information, 426-4510.

UNITY OF FAITH CHRISTIAN FELLOWSHIP
Sunday school and worship service, 10 a.m., 436 Krumkill Road. Information, 438-7740.

FIRST CHURCH OF CHRIST, SCIENTIST
Sunday school and worship service, 10 a.m., child-care provided, 555 Delaware Ave. Information, 439-2512.

KING'S CHAPEL
Traditional Baptist Bible service, 10 a.m.; contemporary music, full band; 440 Route 9W, just south of Glenmont Road, Glenmont. Information, 426-9955.

BETHLEHEM CONGREGATION OF JEHOVAH'S WITNESSES
Bible lecture, 10 a.m., Watchtower Bible study, 10:55 a.m., Elm Avenue and Feura Bush Road. Information, 439-0358.

SLINGERLANDS COMMUNITY UMC
Worship service and church school, 10 a.m., fellowship hour, nursery care provided, 1499 New Scotland Road. Information, 439-1766.

DELMAR PRESBYTERIAN
Worship service, church school, nursery care, 10 a.m., fellowship and coffee, 11 a.m., adult education, 11:15 a.m., family communion service, first Sunday, 585 Delaware Ave. Information, 439-9252.

GLENMONT COMMUNITY CHURCH
Sunday school and worship service, 10:30 a.m., child-care available, 1 Chapel Lane. Information, 436-7710.

SOLID ROCK CHURCH
Worship service, 11 a.m., 1 Kenwood Ave. Information, 439-4314.

GOSPEL FELLOWSHIP
Service 10 a.m., 10 Rockefeller Rd., beneath the Normans Kill Bridge, Delmar, Information, 482-2132.

BREAKFAST AT ELKS LODGE
Pancakes, French toast, eggs, sausage, bacon, toast. Bethlehem Elks Lodge # 2233, 1016 River Road (Route 144), Cedar Hill, 8:30 a.m.-noon. \$5 adults, \$4.50 seniors, \$3 for ages 3-12. Information, 767-3038.

ADAMSVILLE ANCIENTS FIFE & DRUM CORPS
Rehearsal, 7:30 p.m., Information 432-1244 or 439-8727.

NEW SCOTLAND ST. MATTHEW'S CHURCH
Masses Saturday at 5 p.m. and Sunday at 8:30 and 10:30 a.m., Mountain View Road, Voorheesville. Information, 765-2805.

FIRST UNITED METHODIST
Early worship, 8:30 a.m., worship celebration, 10 a.m., church school classes for nursery through high school, 10 a.m., choir rehearsals, 11:15 a.m., 68 Maple Ave., Voorheesville. Information, 765-2895.

BETHEL BAPTIST CHURCH
Sunday school, 9:15 a.m., worship service, 10:15 a.m., Auberge Suisse Restau-

rant, Route 85. Information, 475-9086.

JERUSALEM REFORMED
Worship service and Sunday school, 10 a.m., followed by coffee hour, Route 32, Feura Bush. Information, 439-2363.

UNIONVILLE REFORMED
Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by fellowship, Delaware Turnpike. Information, 439-5001.

CLARKSVILLE COMMUNITY CHURCH
Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by coffee hour, nursery care provided, Route 443. Information, 768-2916.

MOUNTAINVIEW EVANGELICAL FREE CHURCH
Family Bible Hour, 9:15 a.m.; worship service, 10:30 a.m., nursery care provided. Route 155, Voorheesville. Information, 765-3390.

ONESQUETHAW REFORMED
Worship service, 9:30 a.m., Sunday school, 10:45 a.m., Tarrytown Road, Feura Bush. Information, 768-2133.

FAITH TEMPLE
Sunday school, 10 a.m., worship service, 7 p.m., New Salem. Information, 765-2870.

NEW SCOTLAND PRESBYTERIAN CHURCH
Worship service, 10 a.m., fellowship following worship service; Sunday school, 9:15 a.m., nursery care provided; 2010 New Scotland Road, New Scotland. Information, 439-6454.

UNITED PENTECOSTAL CHURCH
Sunday school and worship service, 10 a.m., choir rehearsal, 5 p.m., evening service, 6:45 p.m., Route 85, New Salem. Information, 765-4410.

JERUSALEM REFORMED
Worship service, 10:30 a.m., followed by coffee hour, child-care provided, Route 32, Feura Bush. Information, 439-0548.

FAMILY WORSHIP CENTER
Sunday Worship 10:30 a.m., nursery and Sunday School available, Thursday night prayer and praise at 7 p.m. 92 Lower Copeland Hill Road, Feura Bush. Information, 768-2021.

BETHLEHEM PEACE VIGIL
Bethlehem Neighbors For Peace, weekly peace vigil, Four Corners intersection, Delmar, 5-6 p.m., Information, 439-1968.

DELMAR KIWANIS
Tool's Family Restaurant, Delaware Avenue, 6:15 p.m. Information, call Chris at 439-3026 or Gary 439-9629

PLAYGROUP
First United Methodist Church, 428 Kenwood Ave. Meets 10:30 a.m. to noon in the nursery. The playgroup provides opportunities for child care takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976 ext. 228

YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Also Wed. 2-5:30 p.m. Information, 439-0503.

CLASS IN JEWISH MYSTICISM
Delmar Chabad Center, 109 Elsmere Ave.,

7 p.m. Information, 439-8280.

INDOOR PISTOL SHOOTING
Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

DELMAR COMM. ORCHESTRA
rehearsal, Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-7749.

AA MEETING
Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m.

NEW SCOTLAND QUARTET REHEARSAL
United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

Tuesday, Aug. 1

FIRST TUESDAY BETHLEHEM FARMERS MARKET
Market and Chicken Barbeque, 2:30 p.m. to 6 p.m. rain or shine, First United Methodist Church, 428 Kenwood Ave.

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CHURCH LUNCH
Sponsored by the South Bethlehem United Methodist Church, Willowbrook Avenue, weekly on Tuesdays, 11:30 a.m. to 1 p.m. Information, 767-9953.

ELSMERE FIRE COMMISSIONERS
Firehouse, Poplar Drive, 7:15 p.m. Information, 439-9144.

PRAYER MEETING
At Gospel Fellowship, 7 p.m., 10 Rockefeller Rd., Delmar, beneath Normans Kill bridge, Information 482-2132.

PLANNING BOARD
Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BINGO
at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

A.W. BECKER PTA
Becker Elementary School, Route 9W, 7:30 p.m. Information, 767-2511.

SLINGERLANDS FIRE COMMISSION
firehouse, 8 p.m. Information, 439-4734.

NEW SCOTLAND PRESCHOOL STORY TIME
Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

NIMBLEFINGERS/QUILTERS (SEPTEMBER-JUNE ONLY)
Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

PLANNING BOARD
New Scotland Town Hall, Route 85, 7 p.m. Information, 765-3356.

VVILLE PLANNING COMMISSION
Village Hall, 29 Voorheesville Ave., 7 p.m. Information, 765-2692.

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SAWMILLS from only \$2,795.00—Convert your LOGS TO VALUABLE LUMBER with your own Norwood portable band sawmill. Log skidders also available. www.norwoodindustries.com -FREE information: 1-800-578-1363- Ext:300-N.

FINANCIAL

\$\$CASH\$\$ Immediate Cash for Structured Settlements, Annuities, Law Suit, Mortgage Notes & Cash Flows. J.G. Wentworth #1 1-(800)794-7310.

FINANCIAL OPPORTUNITIES

FREE CASH GRANTS!*** \$500-\$75,000++ 2006 Never Repay! Personal, Medical, Business, Real Estate, School. No Credit Check! Same Day processing! Live Operators! Listings 1-800-785-9615 Ext. 228

FLOORING

UNIVERSAL GYM (5 piece): FREE to community organization and/or general public. Must pick-up. 372-2370.

FOR SALE

CARRIER AIR-CONDITIONER 22,000 BTU, Energy Star. \$375. 371-2665

GARAGE SALES

7/29 - 9-4 236 Murray Ave. household furnishings, paintings, jewelry, books, clothes, TV, treadmill.

FIREWOOD

SEASONED HARDWOOD- Cut, Split, Delivered. \$75 Face Cord. 756-9419.

FURNITURE

CHERRYWOOD DINING SET- 10 PCS. SOLID WOOD, ORIGINAL BOX, CAN

DELIVER. ORIGINAL COST \$5,000, SELL FOR \$1,600. JOHN 212-380-6247

ITALIAN LEATHER LIVING ROOM SET in original plastic, never used. Original price \$3,300, sacrifice \$975. Bill 347-328-0651.

FURNITURE FOR SALE

3 LADDER BACK CHAIRS with rush seat. Light wood. Like new! \$70. each. Can e-mail pictures. 885-2637.

CHERRY BEDROOM SET. Solid Wood, never used, brand new in factory boxes. English Dovetail. Original cost \$3500. Sell for \$849. Can deliver. 917-731-0425

HANDYMAN

BEST BET HANDYMAN, Home Repairs & Maintenance,

Electrical, Plumbing, Gutters, etc., Senior Discounts, Call 434-5612.

CEILING FANS/ Additional outlets installed. Licensed, insured Electrician. Handyman work, too. Call Bill: 456-1818, 470-4932.

HOME IMPROVEMENT

HAS YOUR BUILDING SHIFTED? Structural repairs of barns, houses and garages. Call Woodford Bros., Inc. for straightening, leveling, foundation and wood frame repairs. 1-800-OLD-BARN. www.1-800-OLD-BARN.COM

LAWN SERVICES

S&J LAWN CARE Residential/ Commercial All lawn care needs professionally done. Call Joe or Steve 462-3379. Free estimates.

LOST

FIND SOMETHING? Advertise it free. Call 439-4940.

MERCHANDISE FOR SALE

ABSOLUTELY NO COST TO YOU!! ALL BRAND NEW POWER WHEELCHAIRS, HOSPITAL BEDS AND SCOOTERS IMMEDIATE DELIVERY CALL TOLL FREE 1-888-998-4111 TO QUALIFY

MISCELLANEOUS FOR SALE

DISNEY CHARACTER Music Boxes. Best offer. 885-2637.

Various custom HO-scale model railroad locomotives and rolling stock. All are priced to move. Please call Rich at 785-8751 & leave message or email me at rweriksen@gct21.net.

Yard Machine Snowblower, 8HP, 26 inch, electric start, excellent condition, \$300, call Mike 518-280-2875.

MUSIC

STRING INSTRUMENT REPAIR: Bow Rehairing. 439-6757.

MUSIC LESSONS

GUITAR LESSONS: Guitarist available for private lessons. Your home or mine. 20+

years experience. Call Rob, 810-6378.

SAXAPHONE & CLARINET private lessons, 40 yrs. professional musician, leave message, 356-3381 or e-mail wondersg@aol.com

MUSICAL INSTRUMENTS

Guitar Festival- Central NJ Buy, Sell, or Trade- all instruments Sunday, August 6, 9am- 4pm. Polish Falcons, Falcon Road- Off RT

206 Hillsborough, NJ- www.guitarshows.com Or call 508-865-5935

PAINTING

Door frames, windows, railings, & decks. No job too small. Respectful, neat & clean. Call Flat Stanley Painters at 377-4632.

PET ADOPTION

4 GREY KITTENS, 2 mos. old, short fur, 2 males, 2 females. 463-7042.

Classified Information



Office Hours Deadline

8:30 AM - 5 PM Monday-Friday
Deadline: Thursday at 4PM for following week



Mail Address • In Person

Spotlight Newspapers
P.O. Box 100
Delmar, NY 12054
125 Adams St.
Delmar, NY 12054



READERSHIP:
11 Newspapers;
113,400 Readers



Phone • Fax

(518) 439-4940
(518) 439-0609 Fax

E-MAIL: spotclas@nycap.rr.com

Classified Ads Appear In All Eleven Papers

In Albany County

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight

In Schenectady County

Niskayuna Spotlight • Scotia-Glenville Spotlight • Rotterdam Spotlight

In Saratoga County

Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight
Malta Spotlight • Saratoga Spotlight

Classified Rates

Private Party Classifieds - Line Ads - Eleven paper combo - \$15.00 for 15 words 50 cents for each additional word.

Commercial Classifieds - Line Ads - Eleven paper combo - \$17.50 for 15 words 50 cents for each additional word. Multiple insertion discounts available. Please call for information.

All line ads must be pre-paid in order for placement.

Ads will appear in all eleven newspapers, as well as on the internet for the number of weeks requested.

Order Form

Classified Category: _____

Name: _____

Address: _____

City: _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Amount Enclosed _____ Number of Weeks _____

MasterCard or Visa# _____

Expiration date: _____ Signature: _____

Super Crossword Answers

C	A	B	A	S	K	S	M	P	H	A	R	E	A						
C	A	P	E	M	E	L	T	J	U	L	E	S	F	E	R	N			
S	O	M	E	R	S	E	T	M	U	M	I	T	E	R	A	T	I	O	N
S	U	P	A	I	N	T	I	M	M	I	X	M	A	N	S	E			
T	R	E	A	T	S	E	D	I	F	Y	N	U	B						
T	R	U	E	G	E	O	F	F	R	E	Y	S	A	U	C	E	R		
D	D	A	Y	E	S	S	A	Y	E	S	T	A	T	E	S				
D	E	M	I	A	M	T	E	M	S	A	R	E	N	T					
A	B	A	T	E	S	H	O	G	A	D	E	S	H	A	S	T	A		
B	R	I	S	K	A	E	R	I	A	L	A	A	A						
S	O	N	E	D	G	A	R	A	L	L	A	N	W	O	E	S	C	I	
A	T	T	I	R	E	R	A	T	Y	E	S	S	E	D	A	T	E		
S	H	A	M	E	S	E	M	T	O	Y	E	G	O	S					
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U	P	T	O	W	N	S	I	N	C	L	A	I	R	A	T	T	A		
S	O	L	D	R	E	A	M	S	T	E	R	E	S						
N	O	F	A	T	N	Y	A	S	A	O	A	H	U	I	R	E			
O	M	A	R	K	A	Y	A	K	M	A	R	K	T	E	R	R	A	I	N
P	E	R	F	O	R	M	S	A	F	I	A	T	A	B	L	E			
E	N	O	S	G	S	A	R	O	Y	S	L	I	S						

Would You Like To Advertise Your Business In Our Papers? Give Us A Call At: **439-4949** To Place Your Ad Today!

The Spotlight • Colonie Spotlight • Loudonville Spotlight
Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight
Burnt Hills Spotlight • Malta Spotlight • Saratoga Spotlight

Class Info AD

Spotlight Classifieds

PETS

FREE Beautiful 5 yr. old grey very gentle rabbit. Comes with new large, expensive, cage. Free to very good home. 439-8705.

PET SERVICES

DELMAR RESIDENT & ANI-

MAL LOVER will provide in-home pet sitting services within the Tri-village area. Daily/weekly. Excellent References. Please leave message 727-6886.

PET AND HOME SIT in your home. Niskayuna, references, neat reliable, honest. Chad 429-7932

SITUATION WANTED

AIDE: Certified, mature, excellent references, transportation, reasonable rates. 355-0951, 209-4878.

AIDES AVAILABLE: Mature, Reliable, Specializing in Alzheimer's, stroke, rehab & eldercare. Bonded & insured.

Over 30 yrs. experience. Clean background checks. 312-7404.

SPECIAL EVENTS

ARE YOU HAVING A SPECIAL EVENT- Let Everybody know about it in the Spotlight Newspapers. DEADLINE is Thursday by 4 PM.

Call Juli 439-4940.

WANTED

BUYING >: All old costume and better jewelry. Call 439-6129.

WANTED TO BUY > PRE-1955 TELEPHONES, RADIOS, MICROPHONES, TELEVISION

SETS, Tube amplifiers, Cameras, Pocket lighters, fishing lures, pre-1960 Comic Books, Pre-1920 Crocks, Jugs, Firemen hats, Badges, Photos, Pre-1965 toy trains, plastic model kits, toy cars, trucks, boats, gasoline-powered toy cars, all plastic toys, Pre-1920 photographs,

postcards, penny bank books. Pre 1950 Fountain Pens, Teddy Bears, Dolls, pre-1970 guitars/ all musical instruments, World War II/American or Nazi items, Civil War swords, pictures etc.. Any condition, even broken or rusty. Call 683-8053.

Employment Classifieds

HELP WANTED

'06 GRADS/Other students. Fun summer work, \$16.25 base/appt, full training in customer sales, service, flexible schedules, conditions apply must be 17+, positions available in Capital District and other areas. 862-0632 Albany, 587-7020 Saratoga.

All employment advertising in this newspaper is subject to section 296 of the human rights law which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or dis-

crimination. Title 29, U.S. Code, Chap. 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

DATA ENTRY! Work From Anywhere. Flexible Hours. Personal Computer Required. Excellent Career Opportunity. Serious Inquiries Only 1-800-344-9636 Ext. 800

DOG WARDEN - The Town of New Scotland is seeking an individual for a part-time/on-call position as Dog Warden. If interested, please

contact the Supervisor's office at 439-4889.

Driver CDL training, \$0 down, financing by Central Refrigerated. Drive for Central & earn up to \$40k+ 1st year! 800-727-5865 x 2944 www.centraldrivingjobs.net

Driver CDL training, \$0 down, financing by Central Refrigerated. Drive for Central & earn up to \$40k+ 1st year! 800-727-5865 x 2944 www.centraldrivingjobs.net

MECHANICS: Up to \$20,000 bonus. Keep the Army National Guard Rolling. Fix Humvees, Strykers, etc. Expand your skills through career training. Be a soldier. 1-800-GO-GUARD.com/mechanic.htm

Earn extra income working

from home. Cash, Trips, recognition- pay an extra bill a month. Free information and Ideal Gifts/ Karla's Kitchen catalogs. 1-800-488-4875 www.idealgifts.com

Driver- COVENANT TRANSPORT has opportunities for CDL-A drivers in your area! No matter what your experience level is, we have what you're looking for. Now hiring Students, Solos, Teams, Lease Purchase and O/Os Call today (866)684-2519. EOE

DRIVERS EARN \$35,000+ YEARLY! Sage Truck Driving Training in cooperation with MVCC in Rome offers CDL A or B in 5 weeks 888-878-2528 New classes starting. www.sageschools.com

DRIVERS: get paid as much as \$18.40/hr. + great benefits. Home daily! Pd. holidays. CDL-a+ Hazmat tank. 800-334-1314 x158, x155 Wadhams.com

Earn extra income working from home. Cash, Trips, recognition- pay an extra bill a month. Free information and Ideal Gifts/ Karla's Kitchen catalogs. 1-800-488-4875 www.idealgifts.com

EXPERIENCED ASSISTANT Yard Supervisor Needed Up to 30K first year!

Bring your customer service orientation, experience in yard management and desire to succeed. Curtis Lumber Co. Inc. will provide excellent wages, great ben-

efits and a culture that offers opportunity. Several of our store managers started in the yard! Apply in person to our Delmar Facility 11 Grove Street Delmar or online at www.curtislumber.com or by fax 885-1210

Full Time Medical Records Coordinator; Full Time Medical Receptionist for a Busy Capital District Ophthalmology Group Competitive Salary and Benefits Please mail/fax resume to: Capital Eye Care, 2200 Burdett Avenue, Suite 102 Troy, New York 12180 Fax# (518) 274-0823 Attention: Mary Ann

Class A Drivers. Regional runs, great, hometime. Comprehensive benefits package and mileage bonus. 1yr Exp. Required. Clean MVR. Apply www.relcossystems.com or 800-262-1020

High-Paying Postal Jobs! No Experience Required! DON'T PAY for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit www.ftc.gov to learn more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

JOIN A LOG HOME LEADER Nationally Recognized Original Old Timer Log Homes Seeks Representatives Great Earning Potential, Quality Products Contact Mr. Vester

today! 1-800-467-3000 www.oldtimerloghomes.com

LEGISLATIVE GAZETTE: The Weekly Newspaper of NY State Government has opening in advertising, sales and production departments. Positions 30 hrs. per wk. w/ July & August off. Exc. income opp. w/full benefits and retirement. Reply The Legislative Gazette, PO Box 7329, Albany, NY 12224

MECHANICS: Up to \$20,000 bonus. Keep the Army National Guard Rolling. Fix Humvees, Strykers, etc. Expand your skills through career training. Be a soldier. 1-800-GO-GUARD.com/mechanic.htm

SEEKING FULL-TIME Assistant Teacher for local Catholic school. Educational Daycare Program for 3 & 4 yr. olds. Send resume by August 1 to Principal, 1801 Union Street, Schenectady, NY 12309.

SUMMER WORK for students. \$14 base-appt. Secure your position NOW! Fun customer sales/service, no experience necessary, flexible schedules, ages 17+, condition apply. 464-0200 Albany, 587-7020 Saratoga.

TEACHER AIDS - 1-6 or 3-6 PM. Bethlehem Pre-School. 463-8091, EOE

WANTED: A dedicated Christian person to play the piano Sunday mornings in a small Christian Church. Call 482-2132

Real Estate Classifieds

REAL ESTATE FOR RENT

850+ DELMAR; 2 bedroom duplex. W/D hkup, storage, lg yard, quiet, no pets. Avail 8/1 858-7502

DELMAR, \$2,000, 4 bdrms, hardwood flrs. throughout, eat-in kit, lg yd, 2 car garage, pet neg. 766-4325

DELMAR, WOODGATE, Large 3 Bedroom, 2 1/2 Bath Condo, Living Room, Dining Room, Fireplace, Laundry Room, Garage, Gas heat, Central Air, Swimming Pool, Maintenance provided. \$1,200/mo. Available Sept. 1st. 273-1854

Selkirk, Apt. for Rent 2 br. Great location private driveway, gas heat \$600. call Mike VAN SCHICK ISL. \$675+, 2 br, spotless, no pets, lst; last secs., Refs, avail now 783-0097

HOUSE FOR RENT

DELMAR \$1,300 plus utilities - lg. kitchen, 3 bedroom, den, 2 bath, 2-story, dead-end street. Sec. and ref required. Karin (646) 245-6556.

REAL ESTATE FOR SALE

Dwell meets Country Living. Upstate NY homes for sale- Urban Flair, Country Charm. 1 farmhouse, 1 Modern left. Prices from \$400k. 845-482-9300 www.thecatkillfarms.com

CAMPGROUND MEMBERSHIP RV's and tenting. Lake George and Warrensburg plus 11 locations. Low maintenance fee. (518)382-7599

HOUSE FOR SALE: Colonie - one family - 10 yr old split level; first time advertised - very nice 3 br w/central air; 2 car detached garage. \$210,000 Call Robert (518) 527-8180.

North Carolina Gated Lakefront Community 1.5 acres plus, 90 miles of shoreline. Never before offered with 20% pre-development discounts, 90% financing. Call 800-709-5253

HOUSE FOR SALE

BURNT HILLS: Custom Colonial, 5+ acres, 4BR, 2.5BA, Family room w/FP, Formal DR, plus 3 room apartment. \$465,000. (800)272-7450 x2011 www.luannnickles.com

DELMAR RANCH, 3 br, 2 bath, LR w/fireplace, DR, Hajmagrael, Bethlehem Schools. All new from chimney to basement. 136 Moser Rd. \$249,900 (518)439-1449

SLINGERLANDS: Open-house; Sun. 7/23 1-4 pm; 24 Iriquois Trail, CH Colonial, 3 bdrms, 2 1/2 bath. Exc. cond. \$397,500, 482-6941

TOWNHOUSE FOR SALE

HARVEY'S LAKE, PA near Poconos. Luxury Waterfront

Townhomes. "One of the top 100 places to live in the U.S." says MSN & NY Post. Incredible investment from low \$300's. 866-678-6964 marina-pointe.com

LAND

LOOKING TO OWN LAND? Invest in rural acreage throughout America: coastal, mountain, waterfront properties, 20 to 200 acres. For FREE Special Land Reports: www.landbuyersguide.com/ny

LAND FOR SALE

ADIRONDACK LAND SALE 42 acres - was \$71,800, NOW \$64,900. Woods, driveway, subdividable! Black River Valley region! Great Hunting, snowmobiling! Twn road, Exc. terms! Hurry 877-928-5263

WILDERNESS RETREAT! Save 10% on these and other fine properties this weekend only! 5 acres-\$19,900. 13 acres-\$29,900 Escape to the Adirondacks! Nice woods adjoining State Land! Near major rivers and lakes! On snowmobile trail! Terms avail! 800-890-0976 www.mooseriverland.com

ADOPTION ***A wonderful home filled with love awaits your newborn. Will provide happiness, security and loving extended family. Expenses paid. Call Jeanmarie at 1-800-368-1402

LAND/LOTS

A Deep Water Lot, intracoastal, Historic Savannah, Georgia. Gated entrance, pool, tennis, 40' Boat Slip, boat hoist, dry storage. Priced for quick sale. \$625K Call (912) 748-2481

LAND AUCTION 240 Props Must be Sold! Low Down/ E-Z Financing Free Catalog 800-7765-0367 WWW.LANDAUCTION.COM

NC MOUNTAIN ACREAGE Near Asheville, NC. 1 to 8 acres parcels. Gated community with amenities. 4+ miles of riverfront! Just 5 minutes to town of Hot Springs. Phase II opens Fall 06. 866-340-8446.

Spectacular Virginia Waterfront CORBIN HALL Gated, private community on Atlantic side of Virginia's Eastern Shore. 3+ acre lots available from \$130K to \$650K with immediate, deepwater access to Chincoteague Bay. Amenities include community pier, boat launch & beautiful community center w/ guest suites, pool, spa & fitness room. PORT SCARBURGH Gated, private community on Virginia's Chesapeake Bay. 1 to 12 acre waterfront lots available with pier access. Priced from \$370K to \$599K. Location ideal for boating & fishing. Privacy close to quaint vil-

lages, shopping & water activities. Both properties feature spectacular views, mild climate, low taxes, abundant wildlife. 757-709-9525 or visit www.corbinhall.com.

LAND WANTED

LAND WANTED Serious cash buyer will pay top dollar for all types of acreage over 100 acres in the Central/ Finger Lakes, So. Tier and Catskills Regions of NY State. Brokers protected. For immediate confidential response, call 607-563-8875 ext. 24

VACATION RENTALS

MADIERA BEACH FLORIDA WATERFRONT HOME. Sleeps Six with Pool and Dock Walk to Gulf Beaches. No Minimum Stay. \$2,800.00 Monthly. \$1,200.00 Weekly. Negotiable. 489-2341. www.floridagulfrentalhome.com.

OCEAN CITY, MARYLAND. Best selection of affordable rentals. Full/ partial weeks. Call for FREE brochure. Open daily. Holiday Real Estate. 1-800-638-2102. Online reservation www.holidayoc.com

SPECULATOR CABIN. \$600/wk. 2br. sleeps 4-6. Full kitchen. Screened porch. Gas grill. Cable/VCR. Walk to lakerights. Canoe. Avail 8/26-9/2, Labor Day Wknd., other partial weeks. 810-7216.

Automotive Classifieds

AUTOMOTIVE FOR SALE

1993 Jeep Grand Cherokee Laredo, 4X4, runs strong, fitted with personal plow, new AC compressor and more, needs brakes, \$2,750, call Mike 518-280-2875.

1995 MERCURY SABLE GS, Good condition, PW, PL, AC, ABS, remote mirrors, cruise, am/fm/cassette, keyless entry, \$1,750. Or best offer. 435-0742.

2004 VW Turbo Beetle Convertible, Black, 37,000 miles, 5 speed, engine upgrades to 230 horse power, FUN car!! garaged, bra, mud flaps, car cover, extra mats, \$18,600/80, call Mike 518-280-2875.

2005 Chevrolet Cobalt ls, 12900 Miles, coupe, red, 5 speed, sun roof, XM/ Mp3/Cd radio, car starter, Pioneer sound w/ subwoofer, cruise, excellent shape, like new, great gas mileage, asking \$14,750, NADA \$15,300, moving to VT, need to sell, call: 518 506 8346 or email: jdmjr1982@gmail.com

81 MONTE CARLO, 21K Original. Excellent condition. Asking \$4995. 439-1446.

BOATS

1988 FOUR WINDS 200 HORIZON. Bow rider, 20 ft. exc. cond. \$6,500. 863-2385

Advertise your business with Spotlight Newspapers - Call us today at 439-4949

LEGAL NOTICE

LEGAL NOTICE
 CHAGHTICOKE PARTNERS OF ALBANY, L.P., notice of formation of a limited partnership (LP) Certificate of Limited Partnership filed with the New York Secretary of State on June 5, 2006. The purpose of the LP is to engage in any lawful activity. The office of the LP is to be located in Albany County. The Secretary of State is designated as the agent of the LP upon whom process against the LP may be served. The address to which the Secretary of State shall mail a copy of any process against the LP is 596 New Loudon Road, Latham, New York 12110. LCD-13583 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Javits Center Member LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/16/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 95 Delancey Street, New York, NY 10002 Purpose: any lawful activity. The latest date the LLC should dissolve is 12/31/2099. LCD-13696 (July 26, 2006)

LEGAL NOTICE
 NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is P & B KARL, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 1, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 36 East Maynes Avenue, Albany, New York 12203. LCD-13618 (July 26, 2006)

LEGAL NOTICE
 Notice of Publication Durango Retail LLC Arts. of Org. was filed with SSNY on 06/20/2006. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LCD-13641 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Camden Enterprises LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 5/26/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 111 Great Oaks Blvd., Albany, NY 12203 Purpose: any lawful activity. LCD-13643 (July 26, 2006)

LEGAL NOTICE
 NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is WELCOME HOME PROPERTIES, LLC. The Articles of Organization of the LLC were filed under Section 203 of the Limited Liability Law of the State of New York with the NY Secretary of State on June 22, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to

LEGAL NOTICE

which the Secretary of State shall mail a copy of any process against the LLC is 37 John David Lane, Albany, New York 12208. LCD-13646 (July 26, 2006)

LEGAL NOTICE
 NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is 24 RIDGE LLC. The Articles of Organization of the LLC were filed under Section 203 of the Limited Liability Law of the State of New York with the NY Secretary of State on June 15, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 11 Furman Place, Delmar, New York 12054. LCD-13654 (July 26, 2006)

LEGAL NOTICE
 NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is 7 WALKER WAY ASSOCIATES, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 28, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 5 Walker Way, Albany, New York 12205. LCD-13681 (July 26, 2006)

LEGAL NOTICE
 CPI INTEGRATED SOLUTIONS, LLC
 Notice of formation of CPI Integrated Solutions, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Sec. of State of NY (the "SSNY") on 6/16/06. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, c/o Richard E. Rowlands, Esq., The Rowlands & Clark Law Firm, LLC, P.O. Box 634, Troy, New York 12181, the Registered Agent. The purpose of the LLC are to market and promote services related to asset integration and portfolio-wide real estate, human capital and environmental management to multiple-facility commercial and industrial clients, and governmental entities through the application of software technology. Projects may be conducted on a fixed-fee or performance basis. LCD-13689 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of 1728 Amsterdam 510 W. 146 LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/01/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 95 Delancey Street, New York, NY 10002 Purpose: any lawful activity. The latest date the LLC should dissolve is 12/31/2099. LCD-13693 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of 1850 2ND LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/01/06 Office location: Albany County.

LEGAL NOTICE

SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 95 Delancey Street, New York, NY 10002 Purpose: any lawful activity. The latest date the LLC should dissolve is 12/31/2099. LCD-13694 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of 8MDR Realty, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/12/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 158-13 72nd Avenue Apt 2F, Flushing, NY 11365. Purpose: any lawful activity. LCD-13705 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Morningside 126-127 LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/01/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 2226 1st Avenue, New York, NY 10029 Purpose: any lawful activity. The latest date the LLC should dissolve is 12/31/2099. LCD-13695 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Tri-angle Central LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/23/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 95 Delancey Street, New York, NY 10002 Purpose: any lawful activity. The latest date the LLC should dissolve is 12/31/2099. LCD-13698 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of 1835 Manhattan LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/07/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 23 Kirby Lane, Jericho, NY 11753. Purpose: any lawful activity. LCD-13699 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of 22-15 Langhorne Road LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/09/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 40 Exchange Place, Ste 1800, New York, NY 10005 Purpose: any lawful activity. LCD-13700 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of 3901 Broadway LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/12/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 49 Windmill Rd, Great Neck, NY 11021 Purpose: any lawful activity. LCD-13702 (July 26, 2006)

LEGAL NOTICE

process against it may be served. SSNY shall mail process to: 860 East 27th Street, Brooklyn, NY 11210. Purpose: any lawful activity. The latest date the LLC should dissolve is 12/31/2105. LCD-13704 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of 8MDR Realty, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/12/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 158-13 72nd Avenue Apt 2F, Flushing, NY 11365. Purpose: any lawful activity. LCD-13705 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Tri-state Network LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/20/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 181 Kearsing Pkwy Suite F, Monsey, NY 10952 Purpose: any lawful activity. LCD-13706 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Mashkanta, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/20/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: PO BOX 15, Highland Mills, NY 10930. Purpose: any lawful activity. LCD-13707 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Hudson River Speech-Language Pathology PLLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/15/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 43 Ferdon Avenue, Sparkill, NY 10976 Purpose: any lawful activity. LCD-13708 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of PET CREATIONS LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/15/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 87 Kent Avenue, Brooklyn, NY 11211. Purpose: any lawful activity. LCD-13709 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of ROSEN 1, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/16/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1274 49th Street, Ste 407, Brooklyn, NY 11219. Purpose: any lawful activity. LCD-13710 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of New York Property 462 LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/19/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 20 West 20th Street, New York, NY 10011. Purpose: any lawful activity. LCD-13711 (July 26, 2006)

LEGAL NOTICE

Notice of Formation of 54-07-19 Kings Highway LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/29/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 420 Nanny Hagan Rd, Thornwood, NY 10594. Purpose: any lawful activity. LCD-13728 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of NEWYORKKEY LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/08/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 30-60 48th Street, Astoria, NY 11103. Purpose: any lawful activity. LCD-13713 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of HOPE MILLS & GEORGE OWEN LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/12/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 158-13 72nd Avenue Apt 2F, Flushing, NY 11365. Purpose: any lawful activity. LCD-13714 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of CAMDEN & ROCKFISH RD. LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/12/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 111 Great Oaks Blvd, Albany, NY 12203. Purpose: any lawful activity. LCD-13715 (July 26, 2006)

LEGAL NOTICE
 NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is DWM AVIATION, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 30, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 2 Northway Lane, Latham, New York 12110. LCD-13719 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Mordcha G LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/23/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 76 S 8th St Apt 5L, Brooklyn, NY 11211. Purpose: any lawful activity. LCD-13726 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Reb Sucherber Radi LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/23/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 45 Taaffe Pl Apt 1A, Brooklyn, NY 11205. Purpose: any lawful activity. LCD-13727 (July 26, 2006)

LEGAL NOTICE

Notice of Formation of 54-07-19 Kings Highway LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 06/29/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 420 Nanny Hagan Rd, Thornwood, NY 10594. Purpose: any lawful activity. LCD-13728 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Beman Realty LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 07/06/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 98 Cattermill Rd Rm 442B, Great Neck, NY 10021 Purpose: any lawful activity. LCD-13749 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of CK Management Services LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 07/06/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 219 E 84th St, Ste 1B, New York, NY 10028 Purpose: any lawful activity. LCD-13750 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Camden Enterprises LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 05/26/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 111 Great Oaks Blvd, Albany, NY 12203. Purpose: any lawful activity. LCD-13829 (July 26, 2006)

LEGAL NOTICE
 NOTICE OF FORMATION OF LLC ROSENBLUM-RUBIN PROPERTY SERVICES, LLC, filed Articles of Organization with the New York Secretary of State on May 8, 2006. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to Rosenblum-Rubin Property Services, LLC, 624 Delaware Avenue, Albany, New York 12209. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-13441 (July 26, 2006)

LEGAL NOTICE
 NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is Scoops & Sons, LLC. The Articles of Organization of the LLC were filed with the Secretary of State on May 26, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as agent of the LLC upon whom process against it may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 43 Whitehall Street, Cohoes, New York 12047. LD-13569 (July 26, 2006)

LEGAL NOTICE
 NOTICE OF FORMATION OF LLC NorthEast Biogas, LLC, filed Articles of Organization with the New York Secretary of State on May 16, 2006. Its office is located

LEGAL NOTICE

in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to NorthEast Biogas, LLC, 10 Axbridge Lane, Delmar, New York 12054. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-13581 (July 26, 2006)

LEGAL NOTICE
 Notice of Formation of Logright International LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 5/25/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Delaney Corp. Svcs, Ltd, 41 State St, Ste 405, Albany, NY 12207. Purpose: any lawful activities. LD-13584 (July 26, 2006)

LEGAL NOTICE
 Notice of Qualification of Cardinal Health 301, LLC. Authority filed with Secy. of State of NY (SSNY) on 5/31/2006. Office location: Albany County. LLC formed in Delaware (DE) on 5/22/1987. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-13586 (July 26, 2006)

LEGAL NOTICE
 Notice of Qualification of The Barbour Group, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/10/06. Office location: Albany County. LLC formed in (MD) on 3/1/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 73 E. Main St, Ste B, Westchester, MD 21157. Principal address of LLC: 73 E. Main St, Ste B, Westchester, MD 21157. Arts. of Org. filed with Secy. of State of MD, 301 Preston St, Balt, MD 21201. Purpose: any lawful activities. LD-13587 (July 26, 2006)

LEGAL NOTICE
 Notice of Qualification of American General Life Companies, LLC. Authority filed with Secy. of State of NY (SSNY) on 11/18/2004. Office location: Albany County. LLC formed in Delaware (DE) on 11/24/1997. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 2929 Allen Parkway, Houston, TX 77019. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-13589 (July 26, 2006)

LEGAL NOTICE
 MLTW III, LLC, filed Articles of Organization with the New York Secretary of State on May 31, 2006. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to MLTW III, LLC, c/o McNamee, Lochner, Titus & Williams, P.C., 677 Broadway, Suite 500, Albany, New York 12207. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203

LEGAL NOTICE

of the New York Limited Liability Company Act. LD-13594 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 2201 7th AVENUE REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 05/10/05. The latest date of dissolution is 12/31/2104. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 2143 Adam Clayton Powell Jr. Boulevard, New York, New York 10027. Purpose: For any lawful purpose. LD-13605 (July 26, 2006)

LEGAL NOTICE

The limited liability company of MPC Construction Services, LLC was formed on February 2, 2006 by Matthew P. Ceballos. The address of the company is 161 Consaul Road, Albany, New York 12205 in the County of Albany. The Secretary of State is designated as agent of the company on whom process can be served. LD-13606 (July 26, 2006)

LEGAL NOTICE

MLTW II, LLC, filed Articles of Organization with the New York Secretary of State on May 31, 2006. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to MLTW II, LLC, c/o McNamee, Lochner, Titus & Williams, P.C., 677 Broadway, Suite 500, Albany, New York 12207. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-13607 (July 26, 2006)

LEGAL NOTICE

MLTW I, LLC, filed Articles of Organization with the New York Secretary of State on May 31, 2006. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to MLTW I, LLC, c/o McNamee, Lochner, Titus & Williams, P.C., 677 Broadway, Suite 500, Albany, New York 12207. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-13608 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: WA D & D, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/22/05. The latest date of dissolution is 12/31/2104. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Gerald Wolff, 122 East 42nd Street, New York, New York 10168. Purpose: For any lawful purpose. LD-13609 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Plains Marketing Canada, L.P. Authority filed with Secy. of State of NY (SSNY) on 10/21/02. Office location: Albany County. LP formed in Canada (CA) on 9/29/00.

LEGAL NOTICE

SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. CA address of LP: 888 3rd St., SW, Ste. 1400, Calgary, Alberta T2P 5Z5 CA. Name/address of each genl. ptr. available from SSNY. Cert. of LP filed with CA Secy. of State, 3rd Fl., John E. Brownlee Bldg., 10365 97 St. Edmonton AB, CA T5J 3W7. Purpose: any and all lawful purposes. LD-13613 (July 26, 2006)

LEGAL NOTICE

Notice of Formation of 2615-2621 EAST 17 STREET REALTY, L.L.C. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/1/02. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 151 E. 3rd St., Ste. 3-E, NY, NY 10009. Purpose: all lawful activities. LD-13614 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of DFS Equipment Holdings, L.P. Authority filed with Secy. of State of NY (SSNY) on 4/3/06. Office location: Albany County. LP formed in Delaware (DE) on 1/11/06. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LP: c/o The Corporation Trust Company, 1209 Orange St., Wilmington, DE 19801. Name/address of each genl. ptr. available from SSNY. Cert. of LP filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purposes. LD-13616 (July 26, 2006)

LEGAL NOTICE

MDCR Properties, LLC was filed with SSNY on 6/13/06. Office: Albany County. SSNY designated agent of LLC against whom process may be served. P.O. address which SSNY shall mail process against LLC served upon him: 18 Durham Court, Delmar. Purpose: any lawful business. LD-13617 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: INTERVISION PARTNERS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/12/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Gerald Wolff, 122 East 42nd Street, New York, New York 10168. Purpose: For any lawful purpose. LD-13630 (July 26, 2006)

LEGAL NOTICE

Notice of Registration of Gardner Carton & Douglas LLP. Authority filed with Secy. of State of N.Y. (SSNY) on 6/1/04. Office location: Albany County. LLP registered in—Illinois (IL) on 6/1/04. SSNY designated as agent of LLP upon whom process against it may be served. SSNY shall mail process to IL address of LLC: c/o Michael Margot, Gardner Carton & Douglas LLP, 191 N. Wacker Dr., Ste. 3700, Chicago, IL 60606. Purpose: practice of law. LD-13631 (July 26, 2006)

LEGAL NOTICE**LEGAL NOTICE**

Name of For. LLC: Keystone Builders, LLC. Appl. for Auth. filed with Sec. of State of NY: 5/24/06. Jurisd. and date of org.: DE 11/4/05. NY State office loc.: Albany Cty. Sec. of State of NY designated as agent of LLC upon whom process may be served. Sec. of State shall mail copy of process to: The LLC, 645 Elm Avenue, Selkirk, NY 12158. Addr. Of LLC in DE is: c/o National Corporate Research, Ltd., 615 S. DuPont Hwy., Dover, DE 19901. Authorized office in DE where Cert. of Form. is filed: DE Sec. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-13632 (July 26, 2006)

LEGAL NOTICE

Name of For. LLC: Keystone Excavation, LLC. Appl. for Auth. filed with Sec. of State of NY: 5/24/06. Jurisd. and date of org.: DE 11/4/05. NY State office loc.: Albany Cty. Sec. of State of NY designated as agent of LLC upon whom process may be served. Sec. of State shall mail copy of process to: The LLC, 645 Elm Avenue, Selkirk, NY 12158. Addr. Of LLC in DE is: c/o National Corporate Research, Ltd., 615 S. DuPont Hwy., Dover, DE 19901. Authorized office in DE where Cert. of Form. is filed: DE Sec. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-13633 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Allied Security LLC. Authority filed with Secy. of State of NY (SSNY) on 2/19/03. Office location: Albany County. LLC formed in Delaware (DE) on 2/10/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-13636 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Effective Management Services LLC. Authority filed with Secy. of State of NY (SSNY) on 2/19/03. Office location: Albany County. LLC formed in Delaware (DE) on 2/10/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-13637 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of National Vision Administrators L.L.C. Authority filed with Secy. of State of NY (SSNY) on 5/16/05. Office location: Albany County. LLC formed in New Jersey (NJ) on 2/20/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. NJ address of LLC: 1200 Route 46 West, Clifton, NJ 07013. Arts. of Org. filed with NJ State Treasurer, 225 West State St., Trenton, NJ 08625. Purpose: any lawful activity. LD-13638 (July 26, 2006)

LEGAL NOTICE**LEGAL NOTICE**

Notice of Qualification of ShopKo Stores Operating Co., LLC. Authority filed with Secy. of State of NY (SSNY) on 6/12/06. Office location: Albany County. LLC formed in Delaware (DE) on 10/11/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: 1209 Orange Street, Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purposes. LD-13642 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Escalante Solutions, LLC. Authority filed with Secy. of State of NY (SSNY) on 6/19/06. Office location: Albany County. LLC formed in Delaware (DE) on 1/29/01. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purposes. LD-13647 (July 26, 2006)

LEGAL NOTICE

PUBLICATION NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY UNDER LIMITED LIABILITY COMPANY LAW CARE COUNTS, LLC Dated: June 26, 2006
Notice is hereby given of the formation of the above-named limited liability company ("Company") for the transaction of business in the State of New York and elsewhere. Pursuant to section 206 of the Limited Liability Company Law of the State of New York, your attention is directed to the following facts:

LEGAL NOTICE

1. The name of the Company is Care Counts LLC.
2. The articles of organization of the Company were filed with the Secretary of State on June 20, 2006.
3. The County in which the office of the Company shall be located is Albany.
4. The Secretary of State has been designated as agent of the Company upon whom process against it may be served. The Secretary of State shall mail a copy of any process against the Company to the following post office address: 35 Stafford's Crossing, Slingerlands, New York 12159.
5. The character of the business of the Company is as follows: to engage in any lawful act or activity for which a limited liability company may be formed under section 201 of the Limited Liability Company Law. LD-13656 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: GRUPO LUCANO LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/12/06. The latest date of dissolution is 12/31/2106. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 447-451 State Street, Schenectady, New York 12305. Purpose: For any lawful purpose. LD-13657 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: SOUTHSIDE FUNDING,

LEGAL NOTICE

LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/13/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, Post Office Box 38252, Albany, New York 12003. Purpose: For any lawful purpose. LD-13658 (July 26, 2006)

LEGAL NOTICE

KT-LRP, filed Articles of Organization with the New York Secretary of State on June 16, 2006. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to KT-LRP LLC, Attn. Vincent L. Valenza, 677 Broadway, Albany, NY 12207. The street address of the principal business location is 677 Broadway, Albany, NY 12207. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-13660 (July 26, 2006)

LEGAL NOTICE

KT-LRP, filed Articles of Organization with the New York Secretary of State on June 16, 2006. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to KT-PR LLC, Attn. Vincent L. Valenza, 677 Broadway, Albany, NY 12207. The street address of the principal business location is 677 Broadway, Albany, NY 12207. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-13661 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of 55 Broadway, L.L.C. Authority filed with NY Dept. of State on 6/14/06. Office location: Albany County. Principal business address: 2100 McKinney Ave., Dallas, TX 75201. LLC formed in Delaware (DE) on 6/12/06. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-13672 (July 26, 2006)

LEGAL NOTICE

Notice of Publication Whitebridge LLC Arts. of Org. was filed with SSNY on 08/04/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13673 (July 26, 2006)

LEGAL NOTICE

Notice of Publication Oriental Shipping LLC Arts. of Org. was filed with SSNY on 07/03/02. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all

LEGAL NOTICE

lawful activities. LD-13674 (July 26, 2006)

LEGAL NOTICE

Notice of Publication Moon Travel LLC Arts. of Org. was filed with SSNY on 02/07/03. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13675 (July 26, 2006)

LEGAL NOTICE

Notice of Publication Keaton LLC Arts. of Org. was filed with SSNY on 02/20/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13676 (July 26, 2006)

LEGAL NOTICE

Notice of Publication Gatestone LLC Arts. of Org. was filed with SSNY on 04/17/03. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13677 (July 26, 2006)

LEGAL NOTICE

Notice of Publication Craftech LLC Arts. of Org. was filed with SSNY on 03/10/03. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13678 (July 26, 2006)

LEGAL NOTICE

Notice of Publication Bevbras Venture LLC Arts. of Org. was filed with SSNY on 06/16/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13680 (July 26, 2006)

LEGAL NOTICE

Notice of Formation of EFGG LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/22/06. Office location: Albany County. The LLC does not have a principal business address as of yet. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: C/O Marlene Haddad 2206 Ocean Parkway, Bklyn, NY 11223. Purpose: any lawful activity. LD-13682 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of AVA New York LLC. Authority filed with Secy. of State of NY (SSNY) on 6/23/06. Office location: Albany County. LLC formed in Delaware (DE) on 6/2/06. SSNY designated as agent of LLC upon whom

LEGAL NOTICE

process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207. Address of LLC in jurisdiction of formation: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with Secy. of State of DE, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. LD-13683 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of EMP New York LLC. Authority filed with Secy. of State of NY (SSNY) on 6/23/06. Office location: Albany County. LLC formed in Delaware (DE) on 6/2/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207. Address of LLC in jurisdiction of formation: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with Secy. of State of DE, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. LD-13684 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of JJO New York LLC. Authority filed with Secy. of State of NY (SSNY) on 6/23/06. Office location: Albany County. LLC formed in Delaware (DE) on 6/2/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207. Address of LLC in jurisdiction of formation: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with Secy. of State of DE, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. LD-13685 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of SP Process Improvement LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/14/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Delaney Corporate Services Ltd., 41 State Street, Ste. 405, Albany, NY 12207. Purpose: any lawful activities. LD-13686 (July 26, 2006)

LEGAL NOTICE

NOTICE OF QUALIFICATION OF FOREIGN PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY pursuant to the Limited Liability Company Law of the State of New York, notice is hereby given that the foreign limited liability company with the name "BD Engineering LLC", a New Jersey limited liability company formed on 11/02/05 with its principal place of business in New Jersey, has filed with the Secretary of State of New York on June 28, 2006. The professional service limited liability company shall practice the profession of Engineering in the state of New York and is presently authorized to practice such profession in the jurisdiction of its formation. The County for process shall be Albany County, New York. The secretary of State is designated as agent of the professional service limited liability company upon whom process against it may be served. The address within or without this state to which the secretary of state shall mail a copy of any process served against him or her is: 72 Crest Dr. Howell, NJ 07731. The address for which a copy of the articles of organization is filed: New Jersey Department of the Treasury

THE SPOTLIGHT

LEGAL NOTICE

Division of Revenue/Corporate Filing Unit PO Box 308 Trenton, NJ 08625-0308. The nature of the business of the LLC is to engage in any lawful act or activity for which foreign professional service limited liability companies may be organized under the Limited Liability Company Law. LD-13717

July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CHEER INTENSITY ALL-STARS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/12/06. The latest date of dissolution is 12/31/2105. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1529 Barclay Place, Niskayuna, New York 12309. Purpose: For any lawful purpose. LD-13718 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of USA Direct, LLC. Authority filed with NY Dept. of State on 6/20/06. NYS fictitious name: Vertis Communications, LLC. Office location: Albany County, LLC formed in Delaware (DE) on 5/10/06. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: any lawful activity. LD-13736 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Louis Dreyfus Energy Services L.P. Authority filed with Secy. of State of NY (SSNY) on 4/19/06. Office location: Albany County. LP formed in Delaware (DE) on 10/20/2000. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LP: c/o Louis Dreyfus ES GP LLC, 20 Westport Road, PO Box 810 Wilton, CT 06897. Name/address of each genl. ptr. available from SSNY. Cert. of LP filed with DE Secy. of State, Federal & Duke of York, Dover

DE 19901. Purpose: Any lawful activity. LD-13737 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of SNS Insurance Agency, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/2/06. Office location: Albany County, LLC formed in Kentucky (KY) on 6/22/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the principal office of LLC: 650 Missouri Avenue, Jeffersonville, Indiana, 47130. Arts. of Org. filed with KY Sec. of State, 700 Capitol Avenue, Ste. 152, Frankfort, KY 40601. Purpose: all lawful activities. LD-13738 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of 125North10, LLC. Authority filed with Secy. of State of NY (SSNY) on 6/13/06. Office location: Albany County, LLC formed in Delaware (DE) on 5/15/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-13740 (July 26, 2006)

LEGAL NOTICE

cess to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. Principal business location of LLC: 280 Park Ave., 36th Fl., NY, NY 10017. DE address of LLC: c/o CSC, 2711 Centerville Road, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-13739 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of MT BROKERAGE SERVICES, LLC. Authority filed with Secy. of State of NY (SSNY) on 6/20/06. Office location: Albany County, LLC formed in Delaware (DE) on 6/14/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. Principal business location: 9242 Beverly Blvd., Ste. 330, Beverly Hills, CA 90210. DE address of LLC: CSC, 2711 Centerville Road, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-13740 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Southern Folger Detention Equipment Company, LLC. Authority filed with Secy. of State of NY (SSNY) on 6/14/06. Office location: Albany County, LLC formed in Texas (TX) on 1/2/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. TX address of LLC: 4634 South Presa, San Antonio, TX 78223. Arts. of Org. filed with TX Secy. of State, P.O. Box 13697, Austin, TX 78711. Purpose: any and all lawful purposes LD-13741 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION OF DR ADVISORY SERVICES, LLC

1. The name of the Limited Liability Company is: DR ADVISORY SERVICES, LLC.
2. The Articles of Organization of the Company were filed with the Secretary of State on June 21, 2006.
3. The county within New York State which this office of the Company is to be located is Albany County.
4. The Secretary of State has been designated as agent of the limited liability company upon whom process against the Company may be served and the post office address within this state to which the Secretary of State shall mail a copy of any process against the Company served upon it is: 6 Wembley Court Albany, New York 12205
5. The registered agent of the limited liability company upon whom process against the liability company can be served is: 6 Wembley Court, Albany, New York 12205.
6. The character of the business is to conduct any lawful business activity for profit that is not otherwise prohibited by the laws of the State of New York. LD-13745 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of BLP Properties, LLC, App. for Auth. filed Sec'y of State (SSNY) 6/15/06. Office location: Albany County, LLC org. in GA 10/23/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to William Wyrick, 505 Sangables Court, Macon, GA 31220. GA office addr.: 345 Five Acre Rd.,

LEGAL NOTICE

Alpharetta, GA 30004. Art. of Org. on file: SSGA, 2 Martin Luther King Jr. Dr., Suite 315, West Tower, Atlanta, GA 30334. The street address of the foreign LLC's office has not yet been determined. Purpose: any lawful activities. LD-13753 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF PROFESSIONAL LIMITED LIABILITY COMPANY (PLLC) Name: DEL GIACCO'S CREATIVE ARTS THERAPY PLLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on June 19, 2006. Office location: Albany County, SSNY designated as agent of PLLC upon whom process against it may be served. SSNY shall mail copy of process to The LaFave Law Firm 822 Delaware Ave., Delmar, NY 12054. Any lawful business. LD-13759 (July 26, 2006)

LEGAL NOTICE

Notice of Formation of 295 Quail LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/3/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Castro & Remer, P.C., 30 State St., Ste. 100, Ossining, NY 10562. Purpose: any lawful activity. LD-13760 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of R&C Heavy Mechanical, LLC. Authority filed with Secy. of State of NY (SSNY) on 6/19/06. Office location: Albany County, LLC formed in Pennsylvania (PA) on 2/23/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. PA address of LLC: 1104 Park Road, Blanton, PA 19510. Arts. of Org. filed with PA Secy. of State, 206 North Office Bldg., Harrisburg, PA 17120. Purpose: all lawful purposes. LD-13761 (July 26, 2006)

LEGAL NOTICE

38 TRINITY PLACE, LLC

1. The name of the limited liability company is 38 Trinity Place, LLC.
2. The Articles of Organization creating the limited liability company were filed in the Office of the New York Secretary of State on June 30, 2006 and became effective on said date.
3. The principal office of the limited liability company is in Albany County.
4. The street address of the principal business location of the limited liability company is 38 Trinity Place, Albany, New York 12202.
5. The Secretary of State is designated as the agent of the limited liability company upon whom process against it may be served and the post office address to which the Secretary of State shall mail any copy of process against it is 38 Trinity Place, LLC, P.O. Box 20143, New York, New York 10014-0709.
6. The purpose of the limited liability company is to engage in any lawful activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York. Dated: July 12, 2006

NOLAN & HELLER, LLP Attorneys for 38 Trinity Place, LLC 39 North Pearl Street Albany, New York 12207 LD-13762 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY

LEGAL NOTICE

COMPANY. NAME: BGK ALBANY HOLDING LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/28/06. The latest date of dissolution is 12/31/2106. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Kalb & Rosenfeld, P.C., 283 Commack Road, Commack, New York 11725. Purpose: For any lawful purpose. LD-13765 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Jackson & Coker LocumTenens, LLC. Authority filed with NY Dept. of State on 6/28/06. Office location: Albany County, LLC formed in Georgia (GA) on 2/24/06. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to the GA and principal business address of the LLC: 3650 Mansell Rd., Ste. 300, Alpharetta, GA 30022. Arts. of Org. filed with GA Secy. of State, 315 West Tower, #2 Martin Luther King, Jr. Dr., Atlanta, GA 30334. Purpose: any lawful activity. LD-13766 (July 26, 2006)

LEGAL NOTICE

Notice of Formation of The Key USA, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/18/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 321 Great Oaks Blvd., Albany, NY 12203. Purpose: any lawful activity. LD-13767 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Advantage Life Sciences Partners, LLC. Authority filed with NY Dept. of State on 6/28/06. Office location: Albany County. Principal business address: 500 Park Ave., NY, NY 10022. LLC formed in Delaware (DE) on 4/28/04. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-13768 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Church Restoration Group LLC. Authority filed with NY Dept. of State on 6/30/06. Office location: Albany County. Principal business address: 9189 Marshall Rd., Cranberry Township, PA 16066. LLC formed in Delaware (DE) on 9/19/05. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: providing contracting and restoration services. LD-13769 (July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Healthcare Waste Solutions of Pennsylvania, LLC. Authority filed with NY Dept. of State on 6/27/06. Office location: Albany County. Principal business address: 431 Ohio Pike, Ste. 173, Cincinnati, OH 45255. LLC formed in Delaware (DE) on 7/17/03.

LEGAL NOTICE

Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-13770 (July 26, 2006)

LEGAL NOTICE

Maxho International LLC Arts. of Org. was filed with SSNY on 07/07/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13773 (July 26, 2006)

LEGAL NOTICE

Stayreit LLC Arts. of Org. was filed with SSNY on 06/28/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13774 (July 26, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: THE FORT MAYWOOD COMPANIES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/04/05. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 36 Maywood Road, Delmar, New York 12054. Purpose: For any lawful purpose. LD-13777 (July 26, 2006)

LEGAL NOTICE

Notice of Publication Adelphi LLC Arts. of Org. was filed with SSNY on 02/25/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-13779 (July 26, 2006)

LEGAL NOTICE

Notice of Formation of Bridgebar LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 3/3/05. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 3 Moline Ct, Kings Point, NY 11024. Purpose: any lawful activity. LD-13781 (July 26, 2006)

LEGAL NOTICE

The company name is Noble Clinton Windpark II, LLC. The foreign qualification was filed on 6/29/2006. The office location is Albany County. The LLC was formed in Delaware on 5/12/2006. The address for service of process is 301 East 9th St., Suite 24-H, New York, New York 10021. Principal Address of the LLC is 8 Railroad Avenue, Second Floor, Suite 8, Essex CT 06426. A copy can be found at the SSDE, 401 Federal St. Dover DE 19901. The purpose is any lawful

LEGAL NOTICE

activities. LD-13782 (July 26, 2006)

LEGAL NOTICE

SUMMARY NOTICE OF BOND SALE \$18,000,000 BETHLEHEM CENTRAL SCHOOL DISTRICT ALBANY COUNTY, NEW YORK SCHOOL DISTRICT (SERIAL) BONDS, 2006 (Book Entry Only) (Callable) Sealed proposals will be received and considered by the President of the Board of Education of the Bethlehem Central School District, Albany County, New York, at the Office of Fiscal Advisors & Marketing, Incorporated, 120 Walton Street, Suite 600, Syracuse, New York 13202, until 11:30 A.M., Pre-qualifying Time, on the 1st day of August, 2006, at which time and place the bids will be opened, for the purchase IN FEDERAL FUNDS at not less than par and accrued interest of \$18,000,000 School District (Serial) Bonds, 2006, of said School District, dated August 15, 2006, with interest thereon payable on December 15, 2006 and semi-annually thereafter on June 15 and December 15, and maturing June 15 as follows:

Year	Amount*
2008	\$ 865,000
2009	905,000
2010	945,000
2011	990,000
2012	1,035,000
2013	1,180,000
2014	1,130,000
2015	1,180,000
2016	1,230,000
**	
2017	1,285,000 **
2018	1,345,000
**	
2019	1,405,000
**	
2020	1,470,000
**	
2021	1,535,000
**	
2022	1,600,000
**	

* Subject to adjustment by the School District to accomplish level debt.

** Callable maturities.

THE SCHOOL DISTRICT RESERVES THE RIGHT TO CHANGE THE TIME AND/OR DATE FOR THE OPENING OF BIDS. NOTICE OF ANY SUCH CHANGE SHALL BE PROVIDED NOT LESS THAN 24 HOURS PRIOR TO THE TIME SET FORTH ABOVE FOR THE OPENING OF BIDS BY MEANS OF A SUPPLEMENTAL NOTICE OF SALE TO BE TRANSMITTED OVER THE TM3. Each bid, accompanied by an \$360,000 deposit by certified or cashier's check or a Financial Surety Bond in the amount of \$360,000 as more fully described in the Notice of Bond Sale, must be for all of said \$18,000,000 bonds. The award will be made based upon net interest cost. The purchaser will be furnished, without cost, the unqualified legal opinion as to the validity of the bonds of Orrick, Herrington & Sutcliffe LLP, New York, New York, Bond Counsel. Bidders must refer to the complete Notice of Sale for the terms and conditions of the sale. To obtain copies of the complete Notice of Bond Sale, Bid Form, and the Official Statement of the School District, please contact Fiscal Advisors & Marketing, Incorporated, Telephone: (315) 752-0051, telecopier: (315) 752-0057. Additional Official Statements may be downloaded from Fiscal Advisors & Marketing, Inc's Internet address: <http://www.fiscaladvisors.com>. Dated: Delmar, New York, July 21, 2006.

DR. STUART LYMAN President, Board of Education (July 26, 2006)

LEGAL NOTICE

Notice of Formation of Jambalaya Joy LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 7/6/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Graph-Racing

LEGAL NOTICE

LLC, P.O. Box 12652, Tucson, AZ 85732. Purpose: all lawful activities. LD-13797 (July 26, 2006)

LEGAL NOTICE

TOWN OF NEW SCOTLAND NOTICE OF PUBLIC HEARING

Please take notice that a public hearing will be held by the Town Board of the Town of New Scotland on August 9, 2006 at 6:00 p.m. at New Scotland Town Hall, 2029 New Scotland Road, Slingerlands, New York regarding the adoption of Local Law #5 for the year 2006, which would enact a right to farm law in the Town of New Scotland. Copies of the proposed Local Law are available for review at New Scotland Town Hall.

By order of the Town Board of the Town of New Scotland on July 12, 2006. Diane Deschenes New Scotland Town Clerk The Town of New Scotland is an equal opportunity provider and employer. LD-13800 (July 26, 2006)

LEGAL NOTICE

TOWN OF NEW SCOTLAND NOTICE OF PUBLIC HEARING

Please take notice that a Public Hearing will be held by the Town Board of the Town of New Scotland on August 9, 2006 at 6:30 p.m. at New Scotland Town Hall, 2029 New Scotland Road, Slingerlands, New York regarding the adoption of Local Law #6 for the year 2006, entitled "Noise Control Law." Copies of the proposed local law are available for review at New Scotland Town Hall.

By order of the Town of New Scotland on July 12, 2006. Diane Deschenes New Scotland Town Clerk The Town of New Scotland is an equal opportunity provider and employer. LD-13801 (July 26, 2006)

LEGAL NOTICE

SECTION 00100 INVITATION TO BIDDERS Architect: Collins + Scoville Architects, P.C.

40 Beaver Street Albany, NY 12207 PH: 518-463-8068 FX: 518-463-8069 <z4> <z8>Project Information:

Bethlehem Central School District Clarksville Elementary School 58 Verda Avenue Clarksville, New York 12041 The Owner, the School Board of Bethlehem Central School District, will receive separate sealed bids to furnish materials and labor to complete additions, alterations and sitework at Clarksville Elementary School within the school's district. Each bid shall be on a stipulated sum basis for the following contracts

Bethlehem Central School District, 90 Adams Place, Delmar, New York 12054 (phone 518-439-7098). Bids received after this time will not be accepted and returned to Bidder unopened. Bids will be opened publicly and read aloud after specified receipt time. All interested parties are invited to attend.

Bidding Document drawings and specifications may be examined on and after July 25th, 2006, free of charge at the following locations: Bethlehem Central School District 65 Elm Avenue Delmar, New York 12054 (518) 439-2123

Note: Examination by appointment only. Collins + Scoville Architects, P.C. 40 Beaver Street Albany, New York 12207-1511 518-463-8068 www.csarchpc.com Note: Examination by ap-

Sports *in the* Spotlight

Bethlehem opens with victory Boost

(From Page 38)

The Eastern New York State Babe Ruth 15-year-old division tournament got off to a wet start at Line Drive Fields in Bethlehem Saturday as rain washed out three of the four opening-round games.

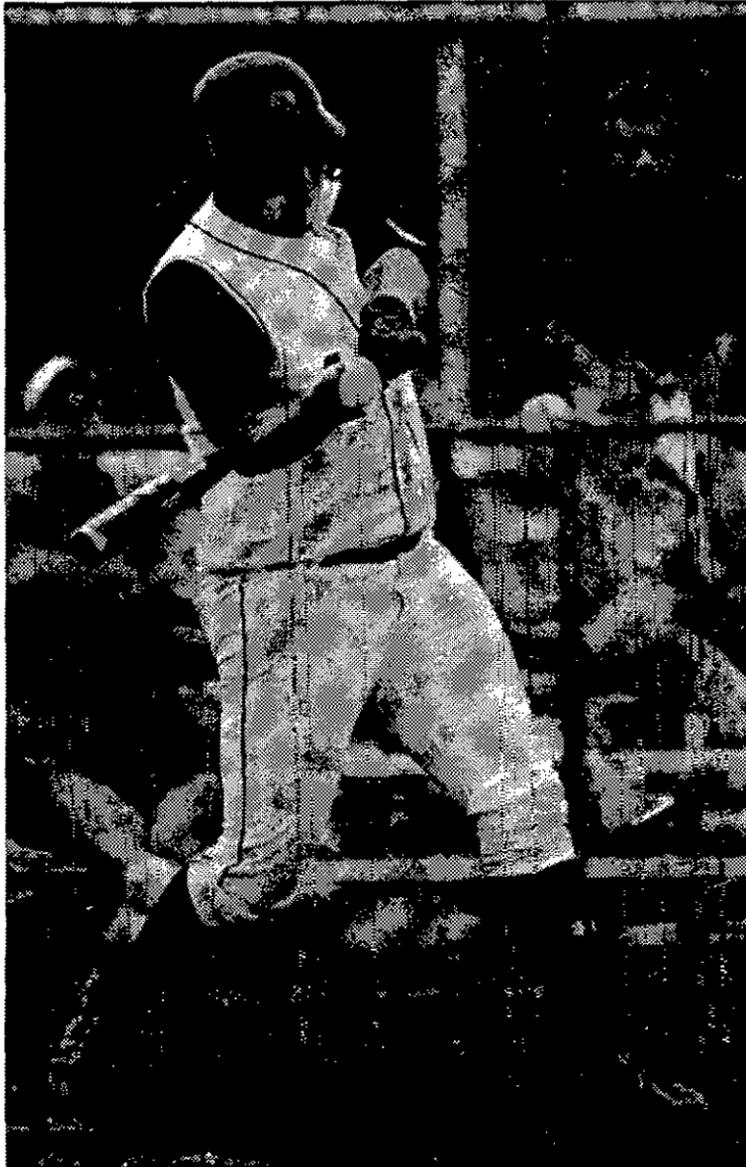
The only game that was completed Saturday was Bethlehem's 9-1 victory over Sorensco (East Greenbush). The host team scored seven runs in the bottom of the first inning and never looked back in dispatching the Rensselaer County champions.

Bethlehem's opponent in Monday's second round was Amsterdam after the Montgomery County champions defeated Oneida County 14-4 Sunday. Amsterdam broke the game open with a six-run second inning.

Monday's other second-round game pitted South Colonie against Saratoga. South Colonie defeated Kingston 12-2 in its opening round game Sunday, while Saratoga beat North Colonie by the same count in its game.

South Colonie's Andy Carucci was the hitting star of Sunday's opening round. Carucci belted two home runs and added a double against Kingston. Derek Zielinski contributed a home run and a single, and Matt Vetrone added three hits in four at bats.

The winners of Monday's second-round games advance to Wednesday's winner's bracket final, while the losers drop into the consolation bracket with the survivors of Monday's elimination round. The tournament concludes Friday with the championship game.



Bethlehem's Cameron Felitte takes a swing during Saturday's opening round game against Sorensco (East Greenbush) at the Eastern New York State Babe Ruth 15-year-old division tournament at Line Drive Fields. Bethlehem scored seven runs in the first inning on its way to a 9-1 victory over Sorensco.
Jim Franco

The Lynx struggled through their first three games before going on a five-game winning streak that vaulted them into first place. Among their victims was the New England Mutiny, which was the 19th-ranked women's soccer team in the world at the time.

"I wouldn't say we outplayed them. We just outscored them," said Wirfel.

As the Lynx kept winning, Motsiff became more convinced his team could compete for the WPSL title. He even sent out an e-mail following his team's regular season-ending loss to the Northampton (Pa.) Laurels July 17 telling his players that he felt they could reach the championship game.

Adirondack came close to proving Motsiff correct. The Lynx defeated the Laurels 3-2 in the Eastern Conference semifinals last Friday at Clifton Common before losing to Long Island 2-0 in Sunday's conference final at the National Soccer Hall of Fame in Oneonta. A victory over Long Island would have placed Adirondack in the WPSL semifinals this weekend in Salt Lake City.

"When you set an expectation and you have players who buy into it, anything can happen," said Motsiff. "These guys aren't in it for themselves. They're in it for the team."

Several Section II players had a hand — or a foot — in Adirondack's success. Shenendehowa graduate Ashley Moore led the Section II contingent on Adirondack's roster with five goals, including a four-goal effort in a 5-3 win over New York Athletic Club June 24. Niskayuna's Brooke Knowlton notched two goals and two assists in four games, and Guilderland graduate Deanna Wachtel contributed two goals. Bethlehem's Vanessa Patry also reached the score sheet in a game against Boston June 10.

"It's great soccer out here," said Knowlton, who is entering her senior year at Niskayuna High School. "Everyone plays college soccer, and I'm still in high school. So, this is getting me ready for college."

Other current or former Section II players that were on Adirondack's roster included Colonie's Caitlin Colfer, Heather Hahn and Erin McGarry of Burnt Hills-Ballston Lake, Scotia-Glenville's Katelyn Bosy and Shen's Ashley Clinton, Erinn Flaherty and Chelsea Maguire.

The players will go their separate ways now that the inaugural season is over, but the foundation they built will raise the expectations for future Adirondack Lynx teams.

"Just coming near .500 this year would have been nice because we would have known what to do for next year," said Wirfel.

www.spotlightnews.com

LEGAL NOTICE

pointment only.
Sano-Rubin Construction Co., Inc.
624 Delaware Avenue
Albany, NY 12209
518-462-6471
Eastern Contractors Association, Inc.
6 Airline Drive
Albany, NY 12205-1095
518-869-0961
www.easterncontractorsassn.org
F.W. Dodge Reports
231 Salina Meadows Parkway, Suite 130
Syracuse, New York 13212-4515
315-451-1044
www.fwdodge.com
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and specifications for a refundable deposit of one hundred dollars (\$100.00) for each set of documents. Sub-contractors and suppliers may purchase full or partial sets of Bidding Documents at costs established by the printer. Only prime contractors who submit a bid will receive a refund of their deposit. Checks for deposit by prime bidders should be made payable to Bethlehem Central School District. Checks to purchase documents shall be made payable to W. L. Coughtry's Inc. In addition, Bidding Document drawings and specifications will be available online at "iSqFt". For further information contact David Witzel at Sano-Rubin Construction Co., Inc (518) 462-6471.
Each Bidder must deposit a Bid Security in the amount and form per the conditions provided in Instructions To Bidders. All Bids will remain subject to acceptance for forty-five (45) days after the Bid Opening. Owner may, in its sole discretion, release any Bid and return Bid Security prior to that date. Pre-Bid Conference will be held at 10:00 a.m. prevailing time, Thursday, August 3, 2006, at Clarksville Elementary School. The meeting will be held in the Cafeteria. Use this page to verify identification as a Bidder. Attendance at this meeting is recommended as the Owner, Architect and consultants will be present to discuss the Project. Attendees should anticipate 30 minutes Q & A session. The Architect will transmit to all listed Bidders record of Addenda in response to questions arising at the Conference. Bids shall not include New York State sales and com-

LEGAL NOTICE

pensating use taxes on materials and supplies incorporated into the Work, the Owner being exempt therefrom. The Bidders must comply with New York State Department of Labor Prevailing Wage Rate Schedule and conditions of employment.
The School Board of Bethlehem Central School District reserves the right to waive any informalities or irregularities in the Bids received, or to reject all Bids without explanation.
By Order Of:
Bethlehem Central School District
LD-13802
(July 26, 2006)

LEGAL NOTICE

Notice of Publication
Skywatch LLC Arts. of Org. was filed with SSNY on 07/10/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-13803
(July 26, 2006)

LEGAL NOTICE

Notice of Publication
Cello Services LLC Arts. of Org. was filed with SSNY on 07/13/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corpo-

LEGAL NOTICE

rate Services Inc. at the same address. Purpose: all lawful activities.
LD-13804
(July 26, 2006)

LEGAL NOTICE

Notice of Formation of Canterbury Animal Hospital, PLLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Apr. 28, 2006 Office location: Albany County. SSNY is designated as agent of PLLC upon whom process against it may be served. SSNY shall mail process to: 88 Delaware Av, Delmar, NY 12054. Purpose: Any lawful activity.
LD-13805
(July 26, 2006)

LEGAL NOTICE

Notice of Formation of CES Property Management, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Apr. 17, 2006 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 88 Delaware Av, Delmar, NY 12054. Purpose: Any lawful activity.
LD-13806
(July 26, 2006)

LEGAL NOTICE

NOTICE OF PUBLIC HEARING
Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, August 2, 2006, at 7:00 p.m. at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Angela & Phil Halwick, for Variance under Article XIII, Use & Area Schedules, Section

LEGAL NOTICE

128-100A, Minimum Side Yards of the Code of the Town of Bethlehem for construction of an attached garage addition, which will encroach into the side yard setback requirement at premises 940 River Road, Selkirk, New York.
Michael C. Hodom
Chairman
Board of Appeals
LD-13809
(July 26, 2006)

LEGAL NOTICE

Public Notice of Hearing
The Town of New Scotland Planning Board
Notice is hereby given that the Planning Board of Town of New Scotland, New York will hold a public hearing pursuant to Article III, Section 1E4-21 of the Subdivision Law on the following proposition:
A Public Hearing for Subdivision # 386.
Subdivision Application # 383: Application submitted by Archibald Munro for a three lot subdivision. The property is owned by Mr. Munro, is located within the Industrial District on Waltenmaier Road and is identified as New Scotland tax parcel # 95-3-33.2 This parcel consists of 12.053 acres and currently houses one single-family dwelling. By subdividing this parcel into three lots the owner would be able to market two of the lots and be able to retain the third lot on which his dwelling is situated. This application is submitted pursuant to Chapter
Sac hearing will take place on August 1, 2006 at the New Scotland Town Hall beginning at 7:00 P.M.
Robert Stapf
Chairman, Planning Board

LEGAL NOTICE

The Town of New Scotland is an equal opportunity provider and employer
LD-13810
(July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Essex Cement Company LLC. Authority filed with Secy. of State of NY (SSNY) on 7/13/04. Office location: Albany County. LLC formed in Delaware (DE) on 8/23/00. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: 1151 Azalea Garden Rd., Norfolk, VA 23502. Arts. of Org. filed with DE Secy. of State, P.O. Box 898, Dover, DE 19903. Purpose: distribute, market and sell cement and cement products.
LD-13812
(July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Travel Nurse Solutions, LLC. Authority filed with NY Dept. of State on 6/30/06. Office location: Albany County. LLC formed in Georgia (GA) on 2/24/06. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to the GA address and principal business address of the LLC: 3650 Mansell Rd., Suite 300, Alpharetta, GA 30022. Arts. of Org. filed with GA Secy. of State, 315 West Tower, #2 MLK Jr. Dr., Atlanta, GA 30334. Purpose: any lawful activity.
LD-13813
(July 26, 2006)

LEGAL NOTICE

Notice of Qualification of Boise Building Solutions Manufacturing, L.L.C. Authority filed with Secy. of State of N.Y. (SSNY) on 9/16/04. Office location: Albany County. LLC formed in Delaware (DE) on 8/9/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: 9 Lockerman St., Ste. 1B, Dover, DE 19901. Cert. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purposes.
LD-13814
(July 26, 2006)

LEGAL NOTICE

Notice of Qualification of 303 Main Residential LLC. Authority filed with Secy. of State of NY (SSNY) on 7/12/06. Office location: Albany County. Principal business location: 2001 Bryan St., Ste. 3700, Dallas, TX 75201. LLC formed in Delaware (DE) on 7/6/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Federal & Duke of York St., Dover, DE 19901. Purpose: any lawful activity.
LD-13815
(July 26, 2006)

Tip

(From Page 38)

claiming race eight months ago in Florida.

Being the cautious person I am, I avoid betting a lot when I visit the track. My budget isn't \$20 or \$50 — it's \$5. If I bet on a favorite, it's only for place or show because I am supremely suspicious of any favorite. I know the track's reputation too well. Besides, I think watching a race is a lot more fun when there's no money riding on it. I don't want to get too hyped up or mad because I'm about to lose money after my pick finishes eighth in a nine-horse race.

When I do bet, I consult the charts in the track guide in an attempt to make an informed decision. The charts can be helpful, but they're also a pain to go through with all those abbreviations in small type (if you think reading the newspaper can be hard on the eyes, try reading something in a font size used for fine print). Then, there's all these cryptic phrases used to describe a horse's prior performances — bid, ridden out, swept wide,

cruised in hand? That gives me about as clear of a picture as a photo of a soccer game in a blizzard.

Some people have suggested to me that looking at a horse in the paddock is a good way to determine if it's fit to win. I would like to counter that by making the Funny Cide argument, which states that what a thoroughbred looks like on the outside doesn't give you an indication of what it has on the inside. Funny Cide hardly looks like a champion thoroughbred from the outside, but it's his heart and determination that helped him win the Kentucky Derby and Preakness. Therefore, I don't trust in outward appearance when making a decision.

So, what ultimately determines which horse I bet on? It comes down to standing in front of the pari-mutuel window, staring at the tote board and then flipping a coin to decide which middle-of-the-betting-line horse to plop two bucks on.

Of course, if the horse could give me a prediction in writing, it might make my decision easier. He'd probably still lose, though.



Getting an up-close look at a horse as they walk to the paddock sometimes helps in determining whether to bet on it. Unfortunately, outward appearance doesn't indicate the heart a horse has. *Rob Jonas*

Nally, Adams win 15K titles at Indian Ladder Trail Run

Seamus Nally of Burnt Hills and Jen Adams of Gansevoort led the pack in the 15-kilometer division of Sunday's Indian Ladder Trail Run at John Boyd Thacher State Park in New Scotland.

Nally posted a time of 57:44 to defeat former Burnt Hills-Ballston Lake High School teammate Alex

James for the men's title. James placed second in a time of 59:05. Adams finished with a time of 1 hour, 8:45 to claim the women's division title.

Nally didn't stop with his 15K title. The 19-year-old also claimed first place in the 3.5-mile race with a time of 20:19, 18 seconds ahead

of runner-up Kristopher Geist of East Berne. Voorheesville's Mackey Lloyd placed fifth with a time of 22:15.

Voorheesville's Hilary Edmunds was the top female runner in the 3.5-mile race, with a time of 25:35. Jessica Sherry of Loudonville was second in a time of 27:23.

Got sports news?

The Spotlight welcomes articles on community sports events and updates on athletes in college.

For information to 439-0609 or e-mail Sports Editor Rob Jonas at jonasr@spotlightnews.com.

The Spotlight also welcomes pictures of area athletes or teams. Pictures can be e-mailed in JPEG format or mailed to P.O. Box 100, Delmar 12054.

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Sports *in the* Spotlight

News & Notes

Spots remain for second camp session

The Bethlehem Lady Eagles Summer Basketball Camp still has openings for its second session Aug. 14-18 at the Sydney Albert Albany Jewish Community Center on Whitehall Road.

The session is open to boys and girls entering grades three through five. Each camper will be grouped by age and ability and will be taught individual skills through drills and games. Campers have equal playing time throughout the sessions.

The camp is taught by Bethlehem varsity girls basketball coach Mark Nealon and assistant coach John Hooper. Additional coaches and Bethlehem girls basketball alumni will be assisting Nealon and Hooper.

The cost is \$100 per camper. Registration forms and checks should be sent to Mark Nealon, 6 Terrace Place, Troy 12180.

For information, contact Nealon at 273-1184 or Jeremy Klugman at 526-5276.

V'ville requests physical forms

Clayton A. Bouton Junior/Senior High School athletes participating in fall sports must have a current physical examination and a parent permission/health history form on file in the health office by Aug. 14.

Students will not be allowed to participate in team practices until they submit their forms.

Varsity and junior varsity football tryouts begin Aug. 14, while all other varsity and junior varsity sports begin tryouts Aug. 21. Modified soccer, cross country and girls volleyball begin Sept. 1.

Forms are available in the high school foyer.

For information, contact high school athletic director Joe Sapienza at 765-3314, ext. 208.

Kiwanis slates golf outing

New Scotland Kiwanis is holding its annual golf outing Aug. 14 at Orchard Creek Golf Course in Altamont. The event includes lunch, dinner, contests and team prizes. Proceeds benefit the Children's Medical Center at Albany Medical Center. For information, call Peter Luczak at 482-4425.



Niskayuna High School student Brooke Knowlton breaks away from the pack during last Friday's Women's Premier Soccer League playoff game between the Adirondack Lynx and the Northampton (Pa.) Laurels at Clifton Common. Most of the Lynx roster consists of current and former Section II players including Bethlehem's Vanessa Patry and Colonie's Caitlin Colfer.

Jim Franco

Area women's soccer gets a boost

Lynx win division in inaugural season

By ROB JONAS

The Capital District has built a statewide reputation as a women's soccer hotbed. Now, it has proof that it is a national women's soccer hotbed.

The Adirondack Lynx completed a strong inaugural season in the Women's Premier Soccer

League — the top women's soccer league in the United States — with an 8-4 record, the Eastern Conference regular season title and an appearance in the conference finals.

And Adirondack did it with a roster loaded with current and former Section II players including four Shenendehowa High School graduates and several standouts from Burnt Hills-Ballston Lake, Guilderland, Niskayuna, Colonie and Bethlehem.

"This is going to go a long way to putting us on the map (as a soccer region)," said team owner Peter Wirfel.

Wirfel and general manager/head coach P.J. Motsiff had plenty of players to choose from. More than 100 area high school and collegiate players participated in a series of tryouts earlier this year.

"We had a good 50 kids at two of the tryouts we held," said Wirfel.

From that group, Motsiff whittled the list down to 34 players, several of whom played for his 2004 Blackwatch Premier under-19 team that went 8-0-1. He then assembled rosters for each of the team's 10 regular season games.

"It's just putting the right people in the right places at the right time," said Motsiff, a former Ballston Spa High School varsity soccer coach.

□ BOOST/page 36

Where's Mr. Ed when you need a hot tip?

By ROB JONAS

If horses could write predictions like the one Southpaw gave me at Sunday's Saratoga Race Course open house, I'd be a millionaire.

Prior to participating in the mascot race, the Tri-City Valley Cats' No. 1 fan grabbed my notebook and wrote, "I will win the mascot race." Then, he went out and beat a field that included Rowdy the Albany River Rat, Kid Quest from the Albany Conquest, Siena College's Saint Bernard and an over-matched cow from Stewart's (must have been the gear from 3N2 that helped him).

Unfortunately for me and other racing fans, horses neither have the ability to make predictions or write legibly (something

about the shape of their hooves prevents them from holding a pen). So, we have to go on our gut instincts and hope that we're

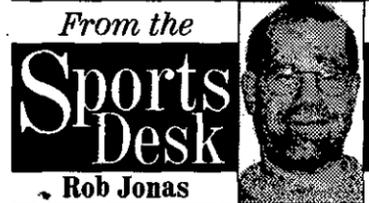
right. That's why it's called gambling.

Oh sure, we can consult the



Southpaw from the Tri-City ValleyCats lived up to his prediction by winning the mascot race at Sunday's Saratoga Race Course open house. Too bad the horses that start running there this week are unable to make such predictions.

Rob Jonas

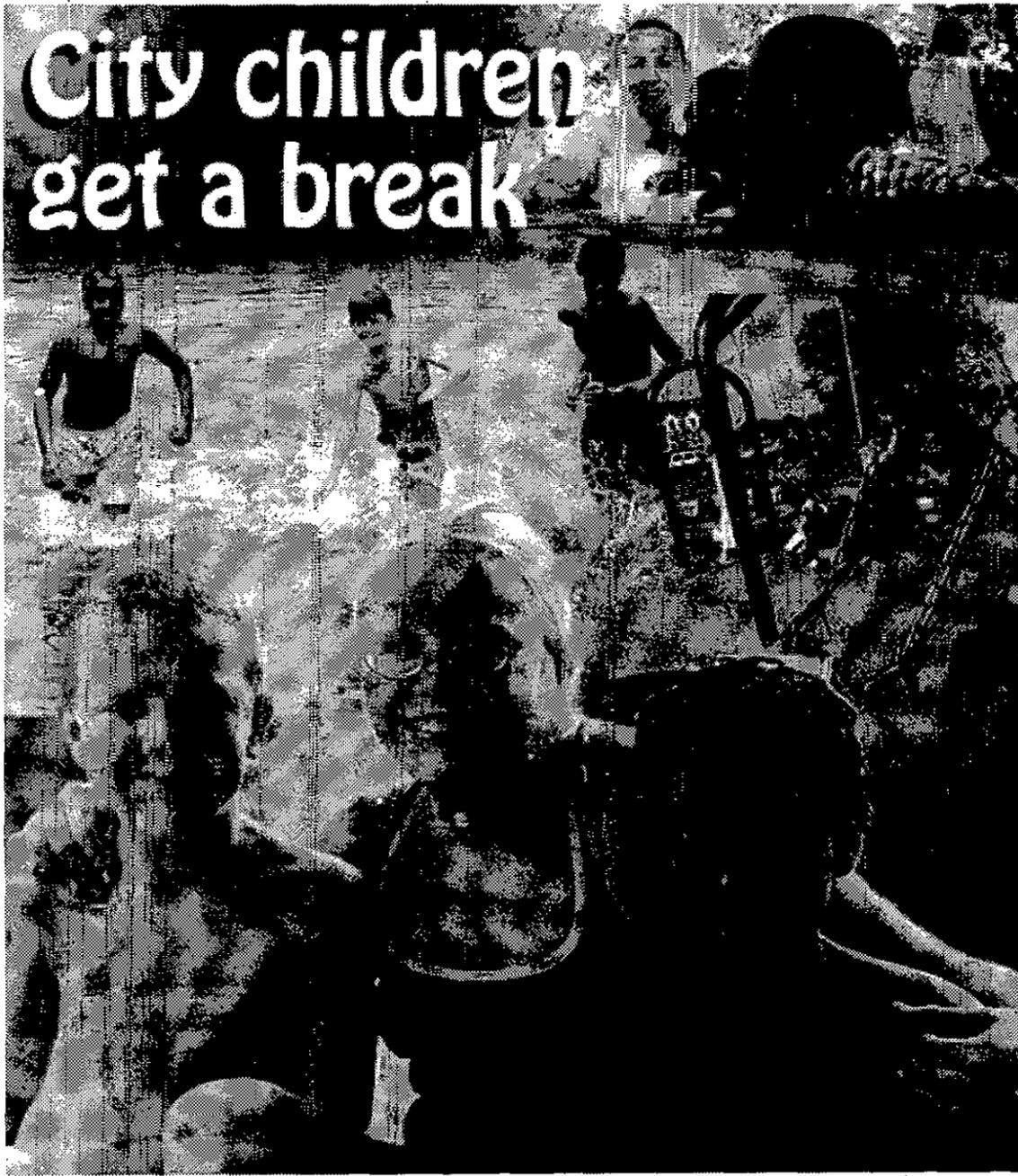


daily programs at the track, *The Daily Racing Form* and the multitude of tip sheets that are sold outside the gates. We can look at the past performances, the training times and even who the horse's parents are. It still doesn't mean squat once those horses are in the starting gate. A bad start or too much traffic at the clubhouse turn can cause a favorite to drop into a hole too deep for it to climb out of.

Saratoga is notorious for wacky things happening to favorites. That's why one of its nicknames is "the Graveyard of Champions." Some hot-to-trot thoroughbred comes in having won the Kentucky Derby, the Preakness and/or the Belmont and winds up losing to a 50-1 long shot who's last victory came in a

□ TIP/page 37

City children get a break



Fresh Air Fund gives children a vacation outside of New York

By TONY GRAY
grayt@spotlightnews.com

The Fresh Air Fund has been placing New York City kids with suburban and rural families for part of the summer to give them a taste of country living for 129 years.

The program has grown over the years and now gives 8,000 city kids a breath of fresh air every summer. Another 2,000 participate in their year-round camping program.

Children in the program are from low-income communities, and most of them receive some sort of public assistance.

Approximately 60 social service and community groups in the city's five boroughs register the youngsters.

Volunteer families in small towns designated as friendly towns serve as host to more than half of the kids. Another 3,000 city kids, between 8 and 15 years old, attend five Fresh Air camps on a 2,300-acre site in Fishkill. The camps group the children by age and gender.

Kids first visit host families for two weeks when they are between ages 6 and 12. Host families can invite kids to stay with them in following years and, according to FAF Executive Director Jenny Morgenthau, more than 65 percent of all children are re-invited to stay with host families, year after year.

"Most hosts simply want to share their homes with inner-city youngsters," Morgenthau said.

"Fresh Air children and volunteer families often form bonds of friendship that last a lifetime."

Kids who are returning to a host family can spend the entire summer in the country and can continue to participate in the program until they are 18.

Host families apply to the fund, and successful applicants go through a screening process that includes a home visit, to ensure the kids are not placed in an unsafe environment.

Families that host children are not paid, although the fund has a program for placing children with special physical or emotional needs.

"What the volunteers do is wonderful," Morgenthau said. "They often say they get as much as they give. There are so many children in New York that can benefit from that kind of experience."

The century-old program began when the minister of a rural parish in Sherman, Pa., the Rev. Willard Parsons, asked his congregation to provide country vacations for children from New York City tenements.

Preserving that tradition has grown into an expensive undertaking.

Giving almost 10,000 kids a summer break from city life costs approximately \$14 million, almost all of which comes from individual donors.

Morgenthau said the fund gets a small amount of money from grants and foundations but, for the most part, is almost totally privately supported.

Contributions may be sent to The Fresh Air Fund, 633 Third Ave. 14th Floor, New York 10017.

Families who wish to be hosts may call (800) 367-0003.

Home

(From Page 1)

either take a break for the summer or have children that have moved on and out of the home.

"My son's in college now, so I wanted to stay involved," said Cindy Mangione, chairwoman of the fund's Northern Albany County area.

When Mangione first enrolled in the program, she hosted a 6-year-old boy. He came up year after year until he was 16. Mangione's sister recently hosted the boy's sister. That type of relationship between host and fund families is typical, she said.

"This is my fifth year in the program, and my fourth year with Megan," said Lynn McCane of Colonie. "I was able to do it. I had the opportunity because I knew I would be home all summer, and I thought it would be nice for my oldest daughter to have someone to pal around with."

Megan Chambers, 14, of Brooklyn enjoys her two weeks out of the city, she said.

McCane is a teacher, but has been a stay-at-home mother during the last several years. She plans to participate in the program next year.

A variety of families participate in the program — teachers like McCane, retirees, and families young and old, said Mangione. But for many families the time required to participate in the program turns many potential hosts away, she said.

"Recruiting families is getting harder because there are fewer families that can take two weeks off," said Van Valkenburgh. "There is no monetary award, so working families find it tough."



Jenny Morgenthau, executive director of the Fresh Air Fund, stands with the first group of children to be taken in to the Delmar area this year.

Jerry Speier

The success of the Fresh Air Fund can mostly be attributed to word of mouth, she said. She, Mangione, and host parents like the McCanes spread the word each spring as recruitment for hosts and city children begin, she said.

Fund participants print out fliers and distribute them throughout their respective towns and schools. The fund receives some donations — roughly \$200 a year — to help with fliers. However, most of the money goes toward the picnics to welcome or see Fresh Air children off, said Van Valkenburgh.

Some families pick up the slack by hosting two children, she said.

Yet, as the number of host families is decreasing, the number of children grows. When they return home, their word-of-mouth campaign draws friends

and families into the program. That's how 6-year-old Dorian Mackins of Queens got here for two weeks of the summer. The picnics are money well spent, if you ask him.

At the farewell picnic, Mackins sat with his host family eating hot dogs. It is Brielle McCarthy's first year hosting a child with the fund. The 25-year-old mother laughed as her 4-year-old son and Dorian stuffed hot dogs into their mouths.

"We just wanted a playmate for Joshua for a couple of weeks. We've had a good time so far," said McCarthy.

"He's my friend," said Dorian with a mouthful of hot dog.

To learn more about the Fresh Air fund, or how to become a host family, call Amanda Cortese at 212-897-8890 or visit www.freshair.org.

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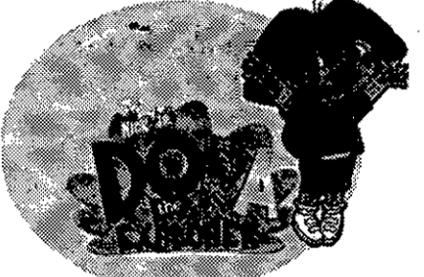
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<p>'04 CHEVY COLORADO</p> <p>EXTENDED CAB, WHITE, 19,214 MILES, ABS, A/C, CD, #6PC42M</p> <p>\$13,995</p>	<p>'03 GMC SIERRA 2500HD</p> <p>REGULAR CAB, 2WD, WHITE, 28,304 MILES, ABS, #6T158AA</p> <p>\$14,995</p>	<p>'02 CHEVY SILVERADO 1500</p> <p>EXT. CAB, 57,113 MILES, 4WD, PWR W&L, ABS, A/C, CRUISE, #6PC16MA, WAS \$16,995</p> <p>NOW \$15,990</p>	<p>'03 GMC ENVOY SLT</p> <p>WHITE, 50,220 MILES, POWER SUNROOF, LEATHER, FULLY LOADED, #6S5A</p> <p>\$15,995</p>	<p>'02 GMC SIERRA 1500</p> <p>EXT. CAB SLE, PEWTER, 45,690 MILES, CRUISE, PWR W&L, SEC. SYSTEM, 4WD, #6T67A</p> <p>\$15,995</p>
<p>'04 FORD F150</p> <p>EXT. CAB, GREY, 76,211 MILES, CRUISE, PWR W&L, CD, FOG LIGHTS, #6T120A</p> <p>\$16,995</p>	<p>'04 GMC ENVOY XUV SLE</p> <p>38,217 MILES, ABS, CRUISE, PRIVACY GLASS, #6T75A</p> <p>\$18,995</p>	<p>'02 CHEVY AVALANCHE</p> <p>CREW CAB, 48,184 MILES, PWR SEAT, W&L, CRUISE, CD, 4WD, #6PC40MA, WAS \$22394</p> <p>NOW \$19,995</p>	<p>'03 GMC SIERRA 1500</p> <p>EXT. CAB, SLE, WHITE, 20,028 MILES, ABS, 4WD, CD, PRIVACY GLASS, #6T62B</p> <p>\$20,995</p>	<p>LOOKING FOR SOMETHING ELSE? VISIT OUR LOT OR OUR WEBSITE!</p>

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