

Police Blotter

Health aide worker charged in theft

A Rensselaer woman working as a health aide for Interim Health Care of Albany has been charged with stealing more than \$3,000 from a senior couple under her care.

Lakeisha Stewart, 27, of 1489 First St. is charged with felony grand larceny, identity

theft, criminal possession of stolen property and unlawful possession of a person's identification.

Police report Stewart allegedly admitted to making unauthorized cash withdrawals and was found to be in possession of credit cards belonging to a

Slingerlands couple without their permission.

Police found store receipts detailing unauthorized purchases from Kmart. All receipts, cash and credit cards were placed into evidence. According to police reports, the amount Stewart allegedly took

was in excess of \$3,000.

Her bail was set at \$3,500 cash, and she was released on \$100 cash bail under the supervision of the county probation department.

She has a return date of Nov. 20 in Bethlehem Town Court. The investigation continues.

Glenmont teen charged with DWI

An 18-year-old Glenmont resident is charged with DWI and several other traffic infractions after being stopped by Bethlehem police driving on Delaware Avenue with two flat tires.

Tricia Lynn Bailey, 18, of 202 Glenmont Road, is charged with driving with more than .08 percent

blood alcohol content, aggravated DWI, illegal tires, no headlamps, and violating the state's open container law.

Police responded to Delaware Avenue after receiving a report of a vehicle involved in an accident in New Scotland. When authorities arrived, Bailey was driving east on Delaware

Avenue with two flat tires, front-end damage to the vehicle and driving on the rims of the wheels, police said.

After being stopped, Bailey told police she was driving her boyfriend's vehicle and was attempting to make it to Clarksville when she was stopped. Police detected an odor of alcohol and reported that Bailey also had bloodshot eyes. Bailey was given a ticket for a return court date of Nov. 6 in Bethlehem Town Court.

Other Arrests

• A 24-year-old Albany woman is charged with DWI by Bethlehem police.

Ashley Freilich, of Hudson Avenue, was charged with DWI and failure to keep right along with driving with more than .08 percent blood alcohol content. Police report Freilich was driving south on Route 9W when she was stopped. Freilich told police she drank two alcoholic beverages at an Albany bar prior to being stopped. She was ticketed and charged by police and processed.

Little Sisters of the Poor to host radiothon

The Little Sisters of the Poor invite the public to join them on Friday and Saturday, November 9 and 10 for a radiothon sponsored by Albany Broadcasting Co., Inc. on AM 590 WROW for the benefit of Our Lady of Hope Residence in Latham. Listen for times on the radio.

Host of the radiothon will be Scott Allen Miller. The live radio broadcast will be held at The Residence, 1 Jeanne Jugan Lane (off Old Loudon Road), Latham. The Second Annual celebrity chef dinner will also be held, and will be catered by Carmine Sprio and Yono Purnomo on Friday, Nov. 9. For reservations, call 322-9049. Seatings will be early bird 4 p.m.; and 6 and 8 p.m. There will be a silent auction and the gift shop will be open both days.

Light lunch of hamburgers and hot dogs will be available. Please plan to visit The Residence either day. Donations will be accepted by phone during the radiothon, by mail, via website www.wrow.com, or in person at The Residence. All donations will be used for a generator (72-hour capability), and to meet the needs of the elderly poor who reside at the home. The event is open to the public and everyone is welcome. Free parking is available.

Our Lady of Hope Residence is a residence for the elderly poor, operated by the Little Sisters of the Poor. The home in Latham recently celebrated its 31st anniversary.

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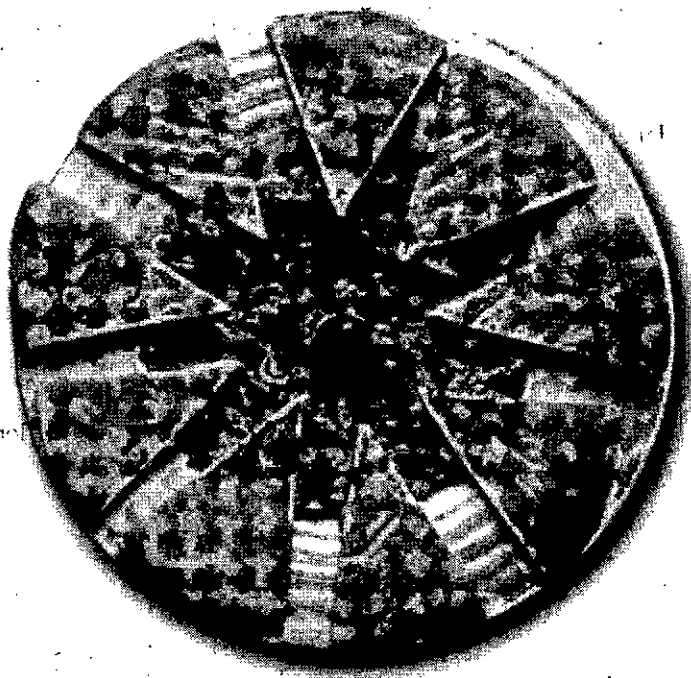


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Dems line up to fill McNulty's shoes

Party's power split could affect final choice

By JIM CUOZZO
cuozzoj@spotlightnews.com

Will the split in Albany County's Democratic Party power mean that a candidate to replace retiring U.S. Rep. Michael R. McNulty, D-Green Island, in the 21st District will come from Schenectady or Montgomery County?

Schenectady County Democratic Chairman Brian Quail believes his county has some excellent possibilities, including Schenectady Mayor Brian Stratton.

"I think it will be exciting to see who lines up to run," said Quail.

It will be several weeks, possibly months, before any candidate will be endorsed.

McNulty will finish out his term, which ends Dec. 31, 2008. The 21st Congressional District is made up of eight counties, including all of Montgomery, Schoharie, Schenectady and Albany counties and portions of

Saratoga, Fulton and Rensselaer counties.

Albany County comprises the largest number of voting Democrats, carrying about 55 percent of the total district party enrollment. Party power in Albany County is divided between the growing suburbs and the city of Albany, with two co-chairs named in the Democratic Party. David Bosworth, one of the Albany County Democratic co-chairmen from Guilderland, said it is possible the current party power split may affect who receives the endorsement.

"Anything is possible and likely in the current environment," said Bosworth.

Potential candidates to replace McNulty on the Democratic side include state Sen. Neil Breslin of Delmar, New York State Energy Research and Development Authority president and former 105th District Assemblyman Paul Tonko of Amsterdam, Assemblymen Ron Canestrari from Albany, and Stratton from Schenectady.

"I am confident the process will be inclusive of all counties,"



Michael R. McNulty

said Bethany Schumann-McGhee, Montgomery County Democratic chairwoman.

Schuman-McGhee said one woman from Montgomery County is already expressing interest in the seat. Bosworth said Breslin reached out to express interest in the seat as well.

"There is going to be a lot of competition," Bosworth said.

Quail said all of the prospective Democratic candidates for the 21st Congressional seat are worthy of holding the office

because of their differing strengths.

"We have a very deep bench of excellent candidates, and as a party leader that is a good thing," said Quail.

Quail was not as kind to the Republican Party speculation of choices he has heard so far, including state Assemblyman Jim Tedisco of Schenectady and newly elected state Senator Greg Amedore of Rotterdam.

"Assemblyman Tedisco would not be a good choice," said Quail.

All of the party chairs agree that McNulty will continue to serve his constituents well through the remainder of his last term.

"I have known Mike throughout his career, and he has been a great leader," said Bosworth.

Quail expressed sadness regarding McNulty's Monday, Oct. 29, announcement that he is ending his government service.

"I am very sad to see him retire, but very excited for him that he will be spending time with his family," said Quail.

Congressman: 'I am coming home'

U.S. Rep. Michael R. McNulty, D-Green Island, made the following statement on Monday, Oct. 29, at the Crowne Plaza Hotel in Albany, New York:

Thank you for joining me today. It is a very happy day for me and my family.

I am pleased to announce that when my 10th term in the United States House of Representatives expires in January of 2009, I am coming home to the people and the community I love so much.

Words could not adequately express the gratitude I feel today. Surely, I am one of the luckiest people on the face of the Earth.

Paralyzed by polio in 1949 at the age of 2, God granted me a near-complete recovery.

I have been blessed with a loving family, wonderful friends and a career that I have thoroughly enjoyed.

I have been elected to public office in five different decades, beginning in 1969. I have been honored to serve as town supervisor and mayor of my beloved home town of Green Island, as a member of the New York State Assembly, and for 10 terms as a member of the U.S. House of Representatives – longer than anyone has ever served in this seat.

It has been a wonderful life

so far, and I look forward to beginning the next chapter.

The main reason for making this decision now is that I want to come home. I do not intend to stop working, but I do want to have a job where, when Monday morning rolls around, I am not headed to the airport. In short, I want to be with my family.

And while not the main reason for this decision, my physical condition is a factor. First, let me state that my overall health condition is excellent. I undergo a comprehensive physical examination every year, and my doctors predict that you are going to have to put up with me for many years to come.

I do, however, have Post Polio Syndrome (PPS). It does affect my stamina, and, to some extent, my mobility. I am back to wearing my brace on my right leg – just as I did as a young boy. And I am using an electric scooter to travel the lengthy halls of the Capitol.

My condition has not yet affected my ability to do this job, but I know that some day it could. I have too much respect and reverence for this job – and the people who gave it to me – to wait for that to happen.

So I will leave at the end of this term, knowing that I gave my wonderful constituents my best efforts for 20 years.

I asked that you come here today, so that I could publicly express my gratitude:

- to God for the many blessings which have been bestowed upon me;
- to my constituents for their constant and overwhelming support;
- to all the committee people who walked the streets, year

after year, with my nominating petitions;

- to the working men and women who volunteered on our campaigns over the past four decades and;

- to all who contributed to our campaigns, so that an average citizen, who does not possess personal wealth, could serve in the halls of Congress.

Consider my good fortune. I have been elected to public office for almost 40 years. Next year, I will complete 20 years in the U.S. House of Representatives. I rank 68th in seniority out of 435 members of the House, I am a senior member of the Ways and Means Committee, and chairman of the subcommittee on Social Security.

And in my last election to Congress in a seven-county district, five of which are controlled by the other party, my constituents gave me:

- victory in every county, city, town, and village;
- 78 percent of the vote, my biggest victory ever and;
- the highest number of votes cast for any congressional candidate – of either party – in the entire state of New York.

I can't thank you enough!

I want to give special thanks to my staff: Charlie Diamond and all our district staff, and David Torian and all our Washington staff. Through the years I have always referred to "our" accomplishments, not "my" accomplishments, because they have always been the result of a team effort. And no one could ask for a better team than the one I work with.

That team has brought literally hundreds of millions of dollars to our district for health care, education, transportation,

economic development, and other projects. And they accomplished this under budget, returning to the taxpayers from our office budgets – so far – over \$2.7 million (exact figure, through 2006, is \$2,779,430.69).

And, finally, I want to thank my family, especially:

- Nancy, with whom I just celebrated 36 years of marriage earlier this month;
- our children, Michele, Angela, Nancy, and Maria for the sacrifices they made so that I could pursue this wonderful career, and;
- all the other members of my family, and Nancy's – past and present – who supported me every step of the way.

That support is best exemplified by my dad – commonly referred to as Big Jack. One of my colleagues once told me I was extremely lucky to have a dad who represented me at countless events in the district, while I was working in Washington. I said, "You're right. When my father represents me at an event, it's just as good as me being there myself." I'll never forget my friend's reply, "Oh, it's MUCH better!"

My friends, please recognize the dean of public officials in the Capital Region, having been elected to public office in seven different decades, beginning in 1949, my Dad, Jack McNulty.

So, my friends, I look forward to serving my 20th year in Congress, and then to the opportunities which may lie ahead when I come home.

Many of you know that I am fond of quoting Gov. Al Smith, who was famous for saying, "Let's look at the record." My record clearly demonstrates that I have been truly blessed.

To all who have helped me – and who continue to do so – I extend my deepest gratitude.

Thank you.

Team to tackle corridor

By JIM CUOZZO
cuozzoj@spotlightnews.com

A section of Delaware Avenue from the Four Corners to Elsmere Avenue will be under review according to a Memorandum of Understanding between the town and the Capital District Transportation Committee.

The Delaware Avenue Hamlet Study is to encourage compact mixed-use commercial and residential development and redevelopment, said Mike Morelli, assistant economic development director.

Morelli said making Delaware Avenue more pedestrian friendly through a main street approach is one of the goals.

The cost of the study is \$75,000, with the town chipping in \$30,000 and the Capital District Transportation Committee underwriting the rest.

The actual study area begins at the Kenwood Avenue Four Corners and proceeds to Elsmere Avenue. It will also include Hudson Avenue to the north and Herber Avenue to the south. A committee will be appointed by the town in the next month to be a part of the study team.

"The idea here is to work with residents and businesses to establish a vision for that piece of corridor," said David Jukins, of CDTC.

Jukins said the study would develop a land-use vision that will have better pedestrian connections and minimal impact.

"The idea is a visionary exercise – what do we want this part of the community to look like?" said Jukins.

Marty DeLaney, president of the Bethlehem Chamber of Commerce views the study as an enhancement of the work by many groups including the town, NYSDOT, and the chamber business community to make the Four Corners more attractive.

"It's another good addition to making our business community attractive and pedestrian friendly," DeLaney said.

Town planning board chair Parker Mathusa believes the study is important for future development.

"This is an entrance into the community and will become more important as the town develops," said Mathusa.

Town board member Sam Messina said the Delaware Avenue study is now the third being undertaken by the town, including the Route 9W corridor study and the local waterfront study.

"Delaware Avenue is an entry way to Bethlehem that needs to be put in the right tone," said Messina.

Index

Editorial Pages	6-7
Sports	37-40
Obituaries	22
Neighborhood News	
Voorheesville	5
Family Entertainment	
Calendar of Events	25
Classified	29-30
Crossword	25
Legals	31-36
Real Estate	30
Weddings	23
At Your Service	27-28

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Some straight talk about curved spines

By ROBIN SHRAGER SUITOR
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It's been more than 25 years since I wore a back brace, yet my mother still feels guilty about it.

Scoliosis, or curvature of the spine, runs in families. My mom has scoliosis and so do I.

She never jokes about it or says things like, "Don't say I never gave you anything."

It's not because she lacks a sense of humor. It's because she doesn't find anything funny about scoliosis.

My mother's got the worst case of scoliosis that her doctor has ever seen. Her internal organs are all squished together. If she happens to move the wrong way, a rib jabs her from the inside out. The pain is horrendous.

When she was a child, her parents did not force her to wear a back brace. She says the "contraptions" that existed at the time were not like the brace I wore.

I look at my mother. I see how she can't stand up straight. The combined forces of the scoliosis and osteoporosis have taken their toll.

I often wonder why the heck I don't make a concerted effort to drink more milk. But never, ever, do I blame my mother for my scoliosis, nor do I harbor any ill feelings towards her, or my father, for forcing me to wear the back brace.

If anything, I applaud their courage, and I empathize with the agony they had to endure. No parents want to see their children suffer in any way, emotionally or physically.

The irony is that I stopped thinking about the back brace the minute I was no longer required to use it. My mother, however, has had a harder time letting go of the heartache associated with my scoliosis. She doesn't believe that I let mine go long ago.

The guilt continues to consume her. Recently she recalled how at the time I had said to her, "Don't

Commentary:

From
Robin's Nest



make me do this, Mommy." And how she cried and cried.

I don't remember saying, "Don't make me do this." But I do remember screaming, "Why me?" until my voice gave out and I collapsed from exhaustion.

There is no question. My mother did the right thing. She made the right decision and this was without knowing how much additional back and body pain was in store for her. She is a hero. She saved me from a lifetime of pain and suffering.

It must have been my pediatrician who first noticed the curve in my spine. He sent us to an orthopedic surgeon. The surgeon was tall and serious and I didn't like him. I was in fourth grade.

At first I just went for periodic check-ups. The doctor gave me a set of exercises to do each night, such as sit-ups and leg lifts. I sometimes cheated and did the sit-ups on my bed, using the bounce from the mattress springs to easily propel myself up and down.

A few years later, when the doctor said I would need to wear the back brace, I felt guilty and thought that maybe if I'd taken the exercises more seriously I wouldn't have needed the brace.

The brace spanned from my neck to my pelvis. It fastened around my waist and my neck. The molded plastic base went around my stomach area and was secured with straps. There were two evenly-spaced straight metal bars coming up from the back of the base and one slightly curved metal bar coming up from the center of the front of the base. The bars were attached to the part that encircled my neck.

The brace felt confining and it

I often wonder why the heck I don't make a concerted effort to drink more milk. But never, ever, do I blame my mother for my scoliosis, nor do I harbor any ill feelings towards her, or my father, for forcing me to wear the back brace.

was no fun if my belly itched!

My clothes would get rips from the screws in the metal bars. I was limited in the style of clothes I could wear. I couldn't wear anything form-fitting. One birthday my mother bought me some skirts and it just made me cry to think I couldn't wear them to school.

I actually got off easy. Some scoliosis patients must wear their braces all the time, except when they bathe. The most I was required to wear the brace was about 15 hours each day. At first I didn't want to wear the brace at school. So, I would put it on when I got home from school and I would wear it to sleep. This made for a very tense bus ride home. As the bus got closer to my house I would just fill with dread. I must have been fun to welcome home.

I reached a point where I decided that it made sense to use my non-school time as the time I was free from wearing the back brace. I wasn't popular to begin with, so I didn't have a lot to risk by wearing the brace during school. And of course, as the saying goes, people who might have stopped being my friend because of the brace, wouldn't have been real friends anyways.

The reality is that the back brace didn't stop me from being a regular student. It affected the clothes I wore, but not the person I was inside. I had friends, participated in school clubs, took dance lessons, and went to youth group conventions. The brace didn't stop boys from liking me. (Feeling better yet, Mom?)

My mother may not choose to

brace.

So I ended up getting braces on my teeth while I was in college. "Why didn't you just have me get it all over with at once?" I complained to my parents at age 19.

See Mom and Dad, you just can't win.

But don't worry, as with the back brace, I don't remember much about my orthodontia either.

I do remember appreciating the book "Deenie," by Judy Blume. The story's title character wore a back brace. Deenie had experiences and feelings similar to my own. Reading the book made me feel less alone.

If only Judy Blume had published a companion book, written from the viewpoint of Deenie's mother. Perhaps a book like that would have brought comfort to my mother as we all endured my back brace years.

Though Mom's actual spine has not been reliable, her figurative backbone has always been quite strong and determined when it comes to handling the health and well-being of her children. And for that, I stand straighter and prouder.

Got views?

Spotlight Newspapers welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length and should be contained to 500 words or less.

All letters must include the writer's name, address and phone number. Spotlight Newspapers reserves the right to limit the number of letters published from a single author.

Submissions can be e-mailed to news@spotlightnews.com, faxed to 439-0609, or mailed to Spotlight, P.O. Box 100, Delmar 12054.

The deadline for all letters is noon Friday prior to publication.

Spotlight Newspapers also welcomes longer opinion pieces for the Point of View section.

For information about on submitting a Point of View, e-mail Senior Managing Editor Katherine McCarthy at mccarthyk@spotlightnews.com or call 439-4949.



WEEKLY WEATHER

Chief Meteorologist Mike Bono



TIME WARNER
CABLE

Albany Almanac

Record high/low/year

AVERAGE HIGH 49°	AVERAGE LOW 32°
Day	High/Year Low/Year
Wednesday, November 7	72°/1948 18°/1962
Thursday, November 8	75°/1975 18°/1971
Friday, November 9	71°/1975 18°/1971
Saturday, November 10	72°/1931 16°/1965
Sunday, November 11	70°/2002 15°/1956
Monday, November 12	68°/1909 15°/1976
Tuesday, November 13	69°/1964 13°/1981

ANNUAL PRECIPITATION

37.44 inches as of Friday, November 2nd
4.69 inches above average

This week in weather

November 12, 1968 A severe coastal storm produced high winds and record early snows from Georgia to Maine. Winds reached 90 mph in Massachusetts, and ten inches of snow blanketed interior Maine. Albany received 7.3 inches of snow from the storm.

Sun & Moon

Day	Sunrise	Sunset
Wednesday	6:36am	4:41pm
Thursday	6:37am	4:40pm
Friday	6:39am	4:39pm
Saturday	6:40am	4:38pm
Sunday	6:41am	4:37pm
Monday	6:43am	4:36pm
Tuesday	6:44am	4:35pm

Moon Phases

Nov 9th New Nov 17th First



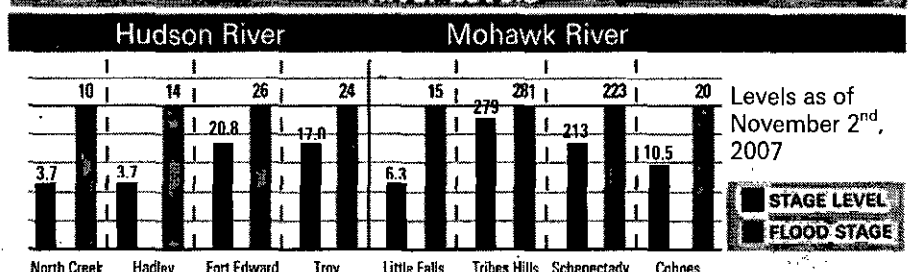
Planets	When	Where
Saturn	Dawn	V. High SE
Mars	Dawn	V. High S
Venus	Dawn	Bright ESE
Jupiter	Dusk	V. Low SW

Rivers & Recreation

Tides at Albany

Day	High	Low
Wednesday	2:44am, 3:17pm	9:15am, 9:48pm
Thursday	3:31am, 4:00pm	10:00am, 10:35pm
Friday	4:14am, 4:40pm	10:43am, 11:20pm
Saturday	4:54am, 5:19pm	11:25am, -----
Sunday	5:32 am, 5:56pm	12:04am, 12:06pm
Monday	6:09am, 6:34pm	12:47am, 12:46pm
Tuesday	6:45am, 7:12pm	1:31am, 1:28pm

River Levels



Factoid

The switch to Standard Time didn't happen until the first Sunday of November this year in order to squeeze a little more daylight and a bit of energy savings into the daily lives of Americans.

IN BRIEF

HVCC schedules open house

Hudson Valley Community College will host an open house on its campus for prospective students and their families on Saturday, Nov. 10.

Anyone interested in full- or part-time study at Hudson Valley is welcome to attend. Admission and financial aid counselors will be present, as will representatives of the college's four academic divisions.

Representatives also will be available from the college's various student services and academic services offices.

The event will begin with registration at 9 a.m. and run until 1 p.m. For information, contact the Hudson Valley Community College Admissions Office at 629-7309, or register online at www.hvcc.edu/openhouse. Pre-registration is required.

Fire department to hold barbecue

The Voorheesville Volunteer Fire Department, 12 Altamont Road, Voorheesville, will hold a Brooks barbecue at the firehouse on Tuesday, Nov. 13, from 3 to 7 p.m. Brook's chicken and rib dinners will be sold.

Progress Club to sponsor card party

The Delmar Progress Club is sponsoring a card party on Saturday, Nov. 10, from 1 to 4 p.m. at Normanside Country Club. All ladies are invited. Proceeds will go to a scholarship for a Bethlehem High School student.

Call Connie at 439-3802 for tickets and information.

Irish tenor to perform at The Egg

Irish tenor Ciaran Sheehan will perform "From Galway to Broadway" at The Egg on Sunday, Nov. 11, at 7 p.m.

Sheehan has starred on Broadway musicals such as "Les Miserables" and "The Phantom of the Opera." He will be joined by soprano Gay Willis for an evening of show tunes and traditional Irish favorites.

Tickets are \$28 (adult), \$24 (senior) and \$14 (child) and are available at The Egg Box Office at the Empire State Plaza in Albany, by phone at 473-1845 or online at www.theegg.org.

Button Club to hold November meeting

The Half Moon Button Club will hold its November meeting on Wednesday, Nov. 14, at the Bethlehem Public Library, Delmar.

Commencing at 11 a.m., after a brown bag lunch, there will be a business meeting followed by a program including all members, demonstrating a button craft of their own choice. The public is welcome.

Historical group to host lecture

The Bethlehem Historical Association will host a lecture by Jay Fuller, "Memories of a Helicopter Pilot in Vietnam," on Thursday, Nov. 15, at 7:30 p.m. at the Cedar Hill Schoolhouse, 1003 River Road, Selkirk.

Town meeting set for Wednesday

The Town of New Scotland will hold its next regular meeting on Wednesday, Nov. 14, at 7 p.m. at town hall on New Scotland Road.

NEWS NOTES

Voorheesville
Betsy Glath
765-4415



information, call 765-2791.

All are invited to this free event.

Schools celebrate Veterans Day

Schools in the Voorheesville Central School District will be closed Monday, Nov. 12, for the Veterans Day holiday.

Mission bazaar scheduled

The Voorheesville Mission Bazaar will be held on Saturday, Nov. 17, from 9 a.m. to 2 p.m. at the Voorheesville Methodist Church, 68 Maple Ave.

There will be crafts, white elephant items and baked goods for sale. All proceeds will be used for mission projects selected by United Methodist Women.

Lunch will be available.

St. Matthew's to serve breakfast

The Men's Association of St. Matthew's Church in Voorheesville is holding a breakfast on Sunday, Nov. 11, from 7:30 a.m. to noon in the social hall at St. Matthew's Church, 2 Mountainview Drive.

Menu items include pancakes,

sausage, scrambled eggs, home fries, toast, juice, coffee, tea and hot chocolate. Take-out meals will also be available.

The event helps the association raise money for activities around the parish and in the community. The cost for an adult is \$5 and children are \$3.

Library to host storyteller

The Voorheesville Public Library is having storyteller Kate Dudding tell her stories and songs of World War II on Sunday, Nov. 11, at 2 p.m. For

Library to host bus trip

The Voorheesville Public Library is hosting a holiday lights bus trip to New York City on Saturday, Dec. 8. The cost is \$30 for Friends of the Library members and \$40 for nonmembers. Paid reservations are being taken at the library circulation desk.

For information, call 765-2791.

Friends of Music meeting set

The Voorheesville Friends of Music is having its next meeting on Tuesday, Nov. 13, at 7 p.m. at the high school in Room 159. All are invited to attend.



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Matters of Opinion *Spotlight*

Don't cheapen the day

It's a common accusation, that our national holidays have become reduced to days of shopping.

Sunday is Veterans Day, and since we are a nation at war, to spend the day buying bed linens does a disservice to those who served, lost their lives serving this country, or are currently fighting under our flag.

Veterans Day began as Armistice Day, which is why Nov. 11 on calendars carries the imprint "Veterans Day." An Armistice was signed on Nov. 11, 1918, between the Allies and the Germans fighting in World War I, bringing a ceasefire on the Western Front. Fighting continued until The Great War came to an end, but the armistice signed in the 11th hour of the 11th day in the 11th month began to bring an end to World War I, which claimed 8 million lives, and decimated the population of young men throughout Europe.

Too soon, World War II broke out, and it wasn't until well after that, on June 1, 1954, that President Dwight Eisenhower turned Armistice Day into Veterans Day.

Since then, wars in Korea and Vietnam have claimed many soldiers' lives, and followers of The Cold War will remind you that Friday, Nov. 9, marks the 18th anniversary of the opening of The Berlin Wall.

Tomorrow's veterans are fighting in Iraq and keeping a worried eye on Iran, Pakistan and Afghanistan. It's good that the soldiers of this war are honored and prayed for, unlike those who were reviled upon their return from Vietnam.

There are ceremonies planned throughout the Capital District to honor veterans on Sunday. Try to attend one and thank a vet who is present. In the past, Armistice Day was marked by two minutes of silence; at 11 a.m. this Sunday, take two minutes to think about those who put their lives on the line in battle.

Maybe you could put together a box of supplies for the soldiers serving overseas. Web sites like anysoldier.com and adoptausoldier.org can point you in the right direction. Or, if you know a vet who will be alone this holiday season, invite him or her to join you for Thanksgiving or Christmas. If you know older veterans, maybe you could rake their lawn, or run an errand for them.

It seems like the least we can do for those who served.

Editorial

100-mile diet about discovery

By JILL U. ADAMS
news@spotlightnews.com

This September, I rediscovered the pleasure of simple condiments. Good butter on homemade bread? Lovely. Local honey on cornbread? Delicious.

Unfussy toppings were but one of the many things I learned from the 100-mile diet. Inspired by a local effort—the 100-mile diet challenge in the Capital District—I vowed to eat only those foods grown or produced within 100 miles of my home for an entire month.

I decided to use state boundaries rather than mileage as my guide, restricting my "foodshed" to New York and Vermont. It seemed easier than keeping a map and a compass at the ready, but it also freed me up to drink wine. New York's major wine producing regions—the Finger Lakes and Long Island—lie farther than 100 miles away.

In other matters, I was stricter. I wanted to source ingredients, not just foodstuffs. Beer brewed in Vermont? Verboten. Nearby brewers get their barley from North Dakota and their hops from Washington. Locally produced marinades and salad dressings may taste great, but they are likely concocted from well-traveled supermarket ingredients.

I did make some exceptions, like coffee, chocolate, olive oil and spices. I wanted to bake bread, so I allowed myself leavening agents like yeast, baking powder and baking soda.

On the first morning, I sliced a Macintosh Apple and some New York sharp cheddar cheese. I also drank coffee with a splash of milk. Going to the farmers market for produce was the extent of my preparation. I hadn't yet shopped for local dairy products, meat, eggs or flour. Breakfast was good, but by midmorning I feared I might have to eat the same thing for lunch.

Point of View

I wanted to make the 100-mile diet about discovery, not deprivation. But it required learning new habits, like shopping. For the month, I eschewed the local supermarket and made all my food purchases at farmers markets (Delmar and Troy) and Indian Ladder Farms, which offers a variety of local farmers' products.

Eating local can mean eating less processed food, supporting local business and small farmers, saving energy, and showing my kids where food comes from (our garden for vegetables and local farms for pick-your-own fruit). For me, the 100-mile diet pulled together a lot of vague notions, leanings and beliefs that made me want to give it a try.

I told my kids it was about energy conservation. Typically, food travels 1,500 miles before it reaches the average American's plate—that's the statistic bandied about by 100-mile diet proponents. For us in New York, maybe it's more. Grocery store produce comes mostly from California and, while they're harder to source, meat and grains are likely from the Great Plains.

As I ate dinner with my family on the eve of my experiment, I explained that by eating food that's from New York (or neighboring Vermont), less gas has been used to get the food to me.

Audrey, 8, wondered how that saved gas, because the food still comes "whether you eat it or not." Well, yes. My husband jumped in to say that if a lot of people did this, it might make a difference.

My daughter's question highlighted the personal and exploratory nature of my experiment. I realized that many more assumptions on my part would be challenged in the coming weeks.

No. 1 was how accustomed I was to the vast variety of food that is available. Me, who likes to eat fresh, whole foods, who loves to shop at farmers' markets, who thought I was partway to eating locally already.

I should clarify that while I talked up the 100-mile diet to my family, I didn't ask them to join me. I didn't want to deal with anybody else's negativity. School lunches are hard enough, even with a closet full of packaged foods.

But the very first weekend, I managed to cook two local dinners that everyone ate. On Saturday, we dined on roast pork, homemade applesauce, green beans and corn bread. Sunday, we ate homemade pasta, fresh tomato sauce, and buttered white toast.

A week later, I was priding myself on not eating sugar. No high fructose corn syrup, no aspartame, no saccharine, no sucrose. The only sweeteners I'd consumed were honey and maple syrup—or so I thought.

Turns out the wild elderberry

jam I've been spreading on my toast in the mornings has four ingredients—sugar, elderberry juice, lemon juice, pectin. That's only 1 for 4 for the 100-mile diet. Digging deeper into the fridge, I discovered dextrose lurking in the German-style brats I bought at the Troy Farmers Market (Flying Pigs Farm).

I can say that I ate far fewer processed foods. That means less refined sugar, no trans fats, fewer additives and preservatives, and very little of the starchy carbohydrates that usually fill my diet. While not my primary motivation, I do think I ate a healthier diet during the month, which I view as a desirable side benefit.

I ate meat, but less of it. Local meat is a chore to get (a farther drive for me, if not the meat) and is much more expensive. I see that expense as reflecting the work that went into preparing it in a small, sustainable way.

I ate bread and pasta, but only after expending calories making those things from scratch. I still relied on dairy products like cheese and yogurt—good protein sources and nicely filling.

I upped my volume of fruits and vegetables. All fresh, given the season. And those turned out to be the easy snack items. I could eat an apple when I was hungry, or munch on some carrots before dinner, or quickly slice some cucumber to fill an empty spot on my plate.

I also used vegetables to cook main dishes like ratatouille, baba ganoush (delicious as a sandwich filling), and my marinara sauce, in addition to the usual sides of green beans, broccoli, squash and corn.

What I missed were the habit foods. Snacks of dried apricots, cashews or pretzels. The granola on my morning yogurt, the peanut butter on my midday sandwich. Dinner cooked for me, whether by my husband or at a restaurant. I missed easy.

What I found—with fewer choices at hand—was that I ate food with more attention. Take the homemade pickles, from a friend who grew the cucumbers and cold-packed them. They were glorious. I'm not sure I can do justice to the taste and texture of munching that first pickle with a glass of white wine one evening. Swooning comes close.

That may sound over-the-top, but for me it represents a big takeaway lesson. It made me wonder how I otherwise eat to fill, paying little mind to what I'm eating, adding heat and sweet and tart and sour with condimental abandon. Adding more and noticing less. Wasting taste instead of savoring flavor.

I found the 100-mile diet to be a recipe for change, for health, for simple pleasures, for living small. I'll do it again next year and I may take the family for a ride.

For more about the 100-mile diet in the Capital District, go to www.100milechallenge.com.

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Your Opinion *in the* Spotlight

Cemetery is a place of reverence, respect

Editor, *The Spotlight*:

There are many things that as administrator of the Bethlehem Cemetery that come across my desk which puzzle me, but more recently, one which saddens me. This was the theft of costly equipment from the cemetery tool shed. The value of the tools stolen is more than \$1,000, but it is worse than just money – it is the principle of the matter. Cemeteries should be respected. To my way of thinking, they are places of reverence. Consideration and integrity should be paramount.

I personally recognize that our grounds are a lovely place to take a stroll and a convenient shortcut for students from the middle school. In most instances, the students use the roadways, don't tread on graves and are courteous to myself and those visiting graves. It is always easy to blame the youth for the problems we have in the town – but the issues I have been seeing fall outside of youthful blame, especially the theft of costly grounds-keeping equipment and grass seed.

In the last few years, we have noticed a difference in the way people behave toward the cemetery, evidenced by the large bags of lawn debris dumped in

the hedge-rows, unapproved trails cut through cemetery property complete with trees sawed down, people hunting, and a variety of recreational activities – anything from picnicking, walking dogs, bicycling and jogging. To me, this shows clear evidence of a lack of respect for cemetery grounds. These are not the actions of youth, but by

adults who should know better. What happened to respect for the deceased, their families and private property?

This letter has been on my mind for a bit now, but this most recent assault on the cemetery really has pushed me to write. It frustrates me to hear families complain that they cannot visit graves without having their

privacy invaded by people using the cemetery as a park, and to see the lack of respect by trespassers. If you are not visiting a grave, you have no business in the cemetery, especially if you are going for the purpose of stealing, causing property damage or recreating which invades the privacy of a person there legitimately. The theft

of equipment right out of our garage – equipment used in the care of burial grounds, really represents a very sad state of affairs for us as a community and unfortunately, I think it may reflect more about what some find as acceptable behavior.

Valerie Newell
Administrator
Bethlehem Cemetery

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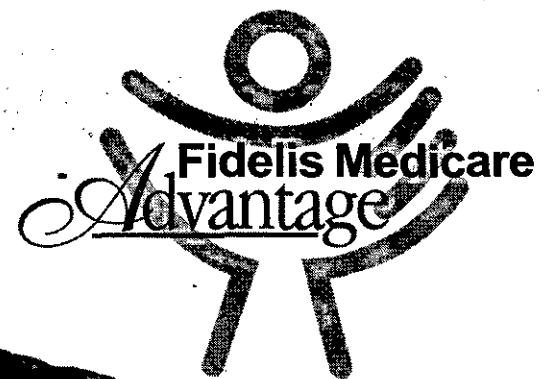
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Real Estate TODAY



by
Cathy Cooley
Licensed
Associate Broker,
CBR, SRES

THE GREENING OF AMERICA'S HOMES

Going "green" is no longer the sole propriety of a minority of environmentally conscious groups and individuals. Proponents of "green" or "sustainable buildings" now include a new generation of builders, architects, and developers. Each has embraced the notion that green construction increases a building's efficiency, conserves water and building materials, and reduces the building's impact on health and the environment.

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Your Opinion *in the* Spotlight

Let's help kids understand use of self Family thanks firehouse

Editor, *The Spotlight*:

By now, school has become routine for students and parents. Earlier bedtimes are the norm, the new school supplies are showing their wear, and afternoon activities are part of the normal routine.

There's something that we should pay close attention to as the school year moves along.

As a parent, school counselor, therapist and youth advocate with more than 16 years experience, I have a front-row seat (if you will) to see that although our children are "geared up" for school, they are often unequipped to understand the importance of their "use of self," positively, negatively, and the lack of use at all. I see and talk to many youth that are victims of purposeful exclusion and bullying, that often involves, teasing, harassment and in some cases, violence. These

experiences often lead to feelings of anxiety, depression, low self-esteem and chronic stress. If you are a parent/caregiver of a child who has been victimized, you know firsthand the daily repercussions for your child, as well as your family. The youth that are "socially accepted" are often not aware of the depth of their peers' feelings, especially if they are not individually responsible for the excluding or bullying (or they are just thankful it is not being done to them).

As creator and facilitator of T.A.G. "Teaching Acceptance Globally" a program designed to promote peer tolerance and acceptance, I set forth these challenges:

1. Challenge youth to learn about the importance of their "use of self" (perform random acts of kindness; smile or

say hello to someone new; include someone that is alone or ethnically/racially different, speak up to let others know it is not "cool" to make fun of others. Tell adults if you witness someone in trouble. Put yourselves in another's shoes (think "what if that was me?")

2. Challenge parents/caregivers to prepare their children for school by reminding them that "they should treat others the way they wish to be treated." Check in with their children frequently about their friends and experiences - know what is going on. I further challenge you to be role models in your everyday lives. (Remembering that you are their best teacher.)

3. Challenge myself and other professionals to educate youth about the power they possess in making a difference

in the lives of others. Make youth knowledgeable about the repercussions victims suffer, and support those who are victims.

4. I challenge us all to make this pledge: "I pledge allegiance to the belief that every one deserves the right to be happy, accepted, and treated with respect. That my actions alone can make a difference in the lives of others; one act, one person, one day at a time."

5. If your child suffers from peer problems, exclusion or bullying - there is help. For information, please contact:

Patricia M. DeVost, LCSW, Upper School Counselor, Academy of the Holy Names Creator/Facilitator of T.A.G. - Teaching Acceptance Globally, 438-7895.

Patricia M. DeVost
Albany

Editor, *The Spotlight*:

We would like to thank all of the Slingerlands Fire Department volunteer firefighters and their families for putting on a very fun haunted house and Halloween social. Each year we look forward to ending our evening at the Fire House where we know we will run into friends and families from all over the area.

Anyone who lives close by can see that the efforts to create the haunted house start a couple weeks in advance and involve many hours on the part of the people putting it together. We also appreciate the special efforts made to ensure that the younger children aren't too frightened and have plenty of games to play while they wait for the braver of us to go through the haunted house. Thank you for making our community a special place in which to live.

The Forsyth Family
Slingerlands

You go, girls

Editor, *The Spotlight*:

We would like to congratulate the Bethlehem Central High School girls swim and dive team on their perfect 8-0 season!

The hard work and dedication of head coach Doug Gross, diving coach Dan Kohler, the team managers, and most of all, their athletes was evident throughout the season.

The season was capped with a wonderful team effort at the sectional meet this past Saturday. For the second consecutive season, the girls are undefeated and Section 2, Division 1 champions!

Of the 12 events held at the sectional meet, our girls won only two events. However, each of the three divers and 14 swimmers that competed placed in the top 16 of their respective events and scored points for the team. This was a true team effort. Girls, you have made your town, school and families very proud. Good luck to swimmers Katie O'Donnell and Bethany Powhida and divers Kirstie Russell and Meredith Michl at the state high school meet in Long Island.

Paula and Simon O'Donnell
Glenmont

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IN BRIEF

Community Christmas Festival seeks choir members

The 18th Voorheesville Community Christmas Festival will be presented on Sunday, Dec. 16, at 7 p.m. at the Voorheesville Methodist Church.

All interested area singers are invited to join the Community Choir for this performance. Practice sessions will be on Thursday evenings, Nov. 29, Dec. 6 and 13, at 7:30 p.m. at the Methodist Church.

For information, call 765-4442.

Delmar residents to perform at music hall

Barbara Eckhaus, soprano opera singer and William Jones, pianist, both of Delmar, will be featured in the Troy Savings Bank Music Hall, Music at Noon concert on Tuesday, Nov. 13.

Admission is free.

Their program will feature piano works of Paderewski, Leschetizky, Rachmaninoff and Schumann; vocal arias of Donizetti, Saint-Saens, Schumann and Mozart.

BCCO to host special teen-depression talk

The Bethlehem Central Community Organization (BCCO) will be hosting a special program for parents and guardians of high school students about the many challenges they face as they enter adulthood. It will take place Thursday, Nov. 8, at 7 p.m. in the library media center at Bethlehem Central High School.

The program, "Depression in Teens," co-sponsored by Bethlehem Central's department of pupil personnel services (PPS), will provide parents and guardians with the information on the signs of depression in children, particularly teenagers. Participants will be provided with information about identifying depression and how to help in the community and at the home.

The program's presenters are:

- Joseph Albert, PhD, director, Counseling Center, Rensselaer Polytechnic Institute - RPI has a grant that focuses on the identification and treatment of students with depression.

Dr. Albert has also been a member of the Bethlehem Mental Health Task Force for several years.

- Rita Levay, director, pupil personnel services, Bethlehem Central School District.

Levay will provide information on the resources and services available to teenagers through the district and in the community.

- Social workers will be available for private one-on-one discussions on specific situations.

For information, call 475-0441 or 727-0239.

New group to help with Prader-Willi Syndrome

The Prader-Willi Alliance of New York, in conjunction with Catholic Charities Disabilities Services, is starting a Prader-Willi Syndrome support group in the Capital District for parents and caregivers of people with the syndrome.

Prader-Willi syndrome has as one of its defining characteristics an insatiable appetite and is caused by a genetic abnormality.

Its first meeting will be held on Wednesday, Nov. 14, at 7 p.m. at the Catholic Charities offices at One Park Place, just off Wolf Road, in Colonie.

Childcare will be available by reservation.

Call 584-6340 for information and to register for childcare.

Q.U.I.L.T. Inc. to hold meeting

Q.U.I.L.T. Inc. will meet on Friday, Nov. 9, at Delmar Reformed Church, 386 Delaware Ave., Delmar, at 9:45 a.m.

There will be a \$5 visitor donation. General meeting and lecture by Debby Field.

For information, call 439-1194

or visit www.timesunion.com/communities/quilt.

Family dance to be held

A family dance will be held at 4 p.m. on Sunday, Nov. 11, at Delmar Reformed Church, 386 Delaware Ave., Delmar.

Paul Rosenberg will be the caller, with live string band music by Tame Rutabaga. Participatory contra, square and international folk dancing, singing, play party games. All dances taught. No experience or partner needed.

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Students in the spotlight at V'ville cabaret

Concert offerings span many genres

By JACQUELINE M. DOMIN
dominj@spotlightnews.com

He might have been a little before her time, but Erika Niner is a big fan of Elvis Presley – so much so that she pushed for her eighth-grade clarinet ensemble to perform one of Presley's songs at the Voorheesville cabaret Saturday, Nov. 3.

Niner and the other girls in her group – Melissa Bogart, Brianna Lee, Gabrielle Ligouri, Casey Morrison and Eliza Vera – took the stage in the Clayton

A. Bouton High School gym and played Presley's "A Little Less Conversation."

Niner's tribute to Presley didn't stop with the musical selection. She also wore a pair of The King's trademark gold sunglasses with attached sideburns that she got in an Elvis impersonator kit at The Little Bookhouse in Guiderland.

"I love Elvis," she said, beaming after the ensemble wrapped up its portion of the show.

Niner was in good company Saturday night, as music lovers from all over the area filled the gym. The room was made over for the event to

look like a supper club. The lights were low and several round tables were covered with white tablecloths and electric candles. Students clad in black-and-white outfits played the part of waiters and waitresses, delivering treats such as cheesecake, coffee, popcorn and brownie sundaes to tables.

There was also seating in the bleachers in the back of the gym, but those were pretty much full by the time the evening's entertainment kicked off around 7 p.m. The standing-room only crowd was treated to more than 20 musical performances by faculty and staff, who performed on a stage in the front of the room where the beams of two spotlights fell.

The night included a range of instruments and musical styles. The seventh-grade Latin ensemble performed "Oye Como Va," while the ninth-grade clarinet ensemble



Eric Sowalskie, left, and Jessica Brown perform at Saturday night's cabaret at Clayton A. Bouton High School in Voorheesville.

Jacqueline M. Domin/Spotlight

performed Gnarl's Barkley's hit "Crazy."

Niner wasn't the only

student who brought some levity to the stage. The middle-level clarinet duet of Caroline Weiss and Maeve Brennan played the theme song from "The Flintstones."

Brennan was also in the Latin ensemble, making her one of several students who pulled double duty. Another was senior John MacDonald, who sang with the T-Tones in addition to playing the piano while singing an original song called "Live."

MacDonald said he started to really get into music when he entered high school. By his estimation, he was in 10th grade when he wrote his "first good song." He performed another one of his own songs at last year's cabaret and has also sung at a talent show and Relay for Life.

But that didn't stop him from having some jitters as he looked out into the crowd Saturday.

"I was nervous," he said with a laugh.

It was hard to tell, though, as MacDonald, who plans to study music composition in college, sang in a strong, clear voice, earning a loud ovation.

Shelly Connolly, of the Voorheesville Friends of Music, thought the crowd seemed even bigger than in years past, a sentiment echoed by fellow member Pat McArdle. They said more than 300 people packed into the gym, paying \$5 admission to benefit the Friends of Music. The group was also selling raffle tickets (still available by calling the high school) for two tickets to CBS6's annual holiday extravaganza, "Melodies of Christmas."

Overall, the women agreed, the night was a hit.

"I think the turnout is good," McArdle said.

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	MVP Gold On the Ball	Thursdays 12:15 - 1 pm	
	MVP Gold Chair Moves	Tuesdays 9:30 am - 10:15 am	
Shenendehowa Senior Center	October 29 - November 27		☎ 383-1343
	MVP Gold Moves	Tuesdays 1:30 pm - 2:30 pm	
Watervliet Senior Center	October 29 - December 6		☎ 273-4422
	MVP Gold Moves	Thursdays 4 pm - 5 pm	
First United Methodist Church	October 29 - December 6		☎ 388-2485
	MVP Gold Moves for MVP Gold members only	Fridays 10 am - 11 am	
National Museum of Dance (NMD)	October 29 - December 10		☎ 584-2225 x3001
	Healthy Living Dance Program	Mondays 1 pm - 2 pm	

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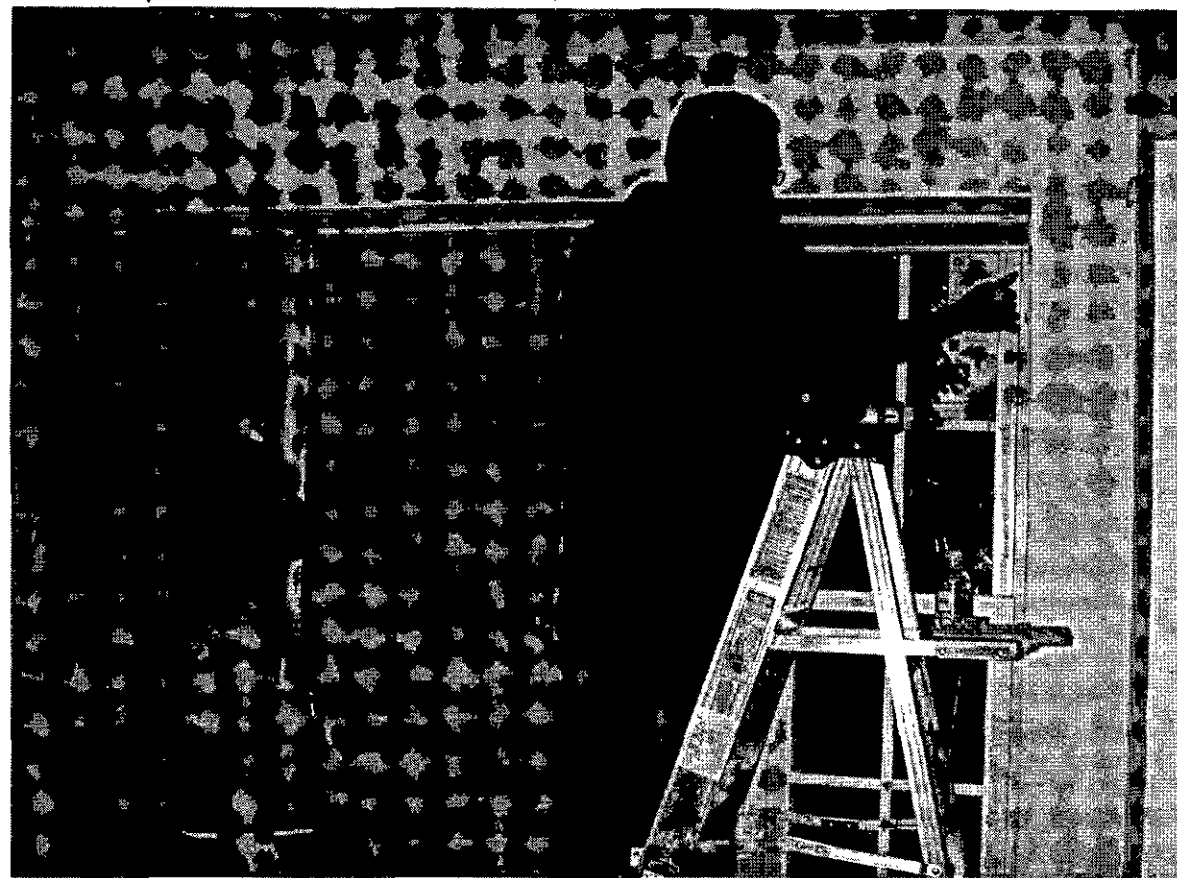
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Lending a helping hand



Home Depot employees Valerie Greene and Dan Jermott work on the second floor of To Life! installing window treatments on Thursday, Nov. 1. Home Depot donated \$2,500 plus a day's worth of volunteer manpower to perform the installation at the breast cancer support and education center at 410 Kenwood Ave., Delmar.

Jim Cuozzo/Spotlight

IN BRIEF

Epilepsy Foundation to hold awards dinner

The Epilepsy Foundation of Northeastern New York will hold its annual awards dinner on Thursday, Nov. 15, at Wolfers Roost Country Club.

The guest speaker will be Steve Sabatini, chairman of the Epilepsy Foundation National Board of Directors.

The Epilepsy Foundation of Northeastern New York is a nonprofit organization serving 22 counties in northeastern New York, including the Capital District, North Country and Upper Hudson. For information, visit www.epilepsyfoundation.org/efneny or call 456-7501 to request an invitation.

Men's association to put on breakfast

The men's association at St. Matthew's Church on Mountainview Street is sponsoring a breakfast Sunday,

Nov. 11, from 7:30 a.m. to noon in the social hall. The menu includes pancakes, sausage, scrambled eggs, home fries,

toast, juice and coffee. Take-outs are also available.

The cost is \$5 for adults and \$3 for children.

UAlbany to host choral festival

The University at Albany Department of Music will present the Capital Collegiate Choral Festival on Sunday, Nov. 11 at 3 p.m. in the Main Theatre of the Performing Arts Center on the uptown campus.

This concert marks the eighth annual performance of this event. Along with the University Chorale and the University Chamber Singers under the direction of David M. Janower, the concert will include the Vocal Chamber Ensemble of Schenectady County Community College under the direction of Yiping Wu, The College of Saint Rose Chamber Singers under the direction of Michael Levi and The College of Saint Rose Masterworks Chorale under the direction of Barbara

Wild in her debut performance with the group.

The five choruses will sing a varied program featuring the music of Mozart, Beethoven and Carl Orff plus music from South America and the Southwest. There will also be music from the Renaissance period and music by composers such as William Hawley, Robert S. Cohen, Edward Tyler, Conrad Susa, Robert Young, Andre Thomas and Berkshire composer Stephen Murray.

Tickets are \$8 for the general public and \$4 for students and may be purchased through the Performing Arts Center Box Office. For information, contact the box office at 442-3997 or visit the Performing Arts Center Web site at www.albany.edu/pac.

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We've started a new season of the **MVP Gold Striders Walking Club** at Colonie Center! The **MVP Gold Striders Walking Club** at Colonie Center meets every Wednesday, now through December 19, from 9 am to 10 am (meet at the Food Court). Join us afterward for free activities such as Living Well seminars and health screenings.

The **MVP Gold Striders Walking Club** is sponsored by MVP Gold, a Medicare Advantage Health Plan that helps you take on life and live well!

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IN BRIEF

Cinderella Project receives grant

The Cinderella Project of the Capital Region recently received a \$1,000 grant from The Standish Family Fund to help with operating expenses.

The Cinderella Project is a nonprofit organization that collects donated, gently used gowns and accessories and distributes them to young women in need.

'Cleo from 5 to 7' to be screened

"Cleo from 5 to 7" will be shown on Friday, Nov. 9, at 7:30 p.m., Page Hall, 135 Western Ave., on the University at Albany's downtown campus. Sponsored by the New York State Writers Institute, the screening is free and open to the public.

Travel writers discuss Colonial New England

Join us this Sunday, Nov. 11, at 2 p.m. for an armchair journey through history. Travel writers Patricia and Robert Foulke present "A Visitor's Guide to Colonial and Revolutionary New England," a slide presentation based on their book of the same name (Countryman Press, 2006). The talk will feature sites to visit and stories of the people who lived in this historical mother lode.

The Foulkes have a lifetime of travel under their belts. Soon after they married, they traveled to Wales and Sweden to trace their ancestors. College teachers, they spent sabbatical leaves and research grants in Europe with their children.

"Living on half-salary kept us camping, but carefully planned itineraries led to our



first guidebook, 'Europe Under Canvas' (Prentice-Hall, 1980)," they said.

Fourteen more guidebooks followed; several have been in print for 20 years. The Foulkes have written more than 950 travel articles in magazines and newspapers, with an emphasis on history, culture and outdoor activities. "A Visitor's Guide to Colonial and Revolutionary New England" is part of a trilogy of guidebooks that celebrate the people who "carved homes out of the wilderness, fought for freedom, and forged our political landscape."

"Mid-Atlantic America" came out this year; the final volume, on the American South, is due out in 2008. The talk is the latest of our annual trustee lectures marking American Education Week. It is free and open to the public.

Donate blood at the library

Our annual blood drive will take place at the library this Saturday, Nov. 10, from 10 a.m. to 3 p.m. Walk-ins are welcome, or you can pre-register by calling the library at 439-9314. Donors must be 17 years of age and weigh at least 110 pounds.



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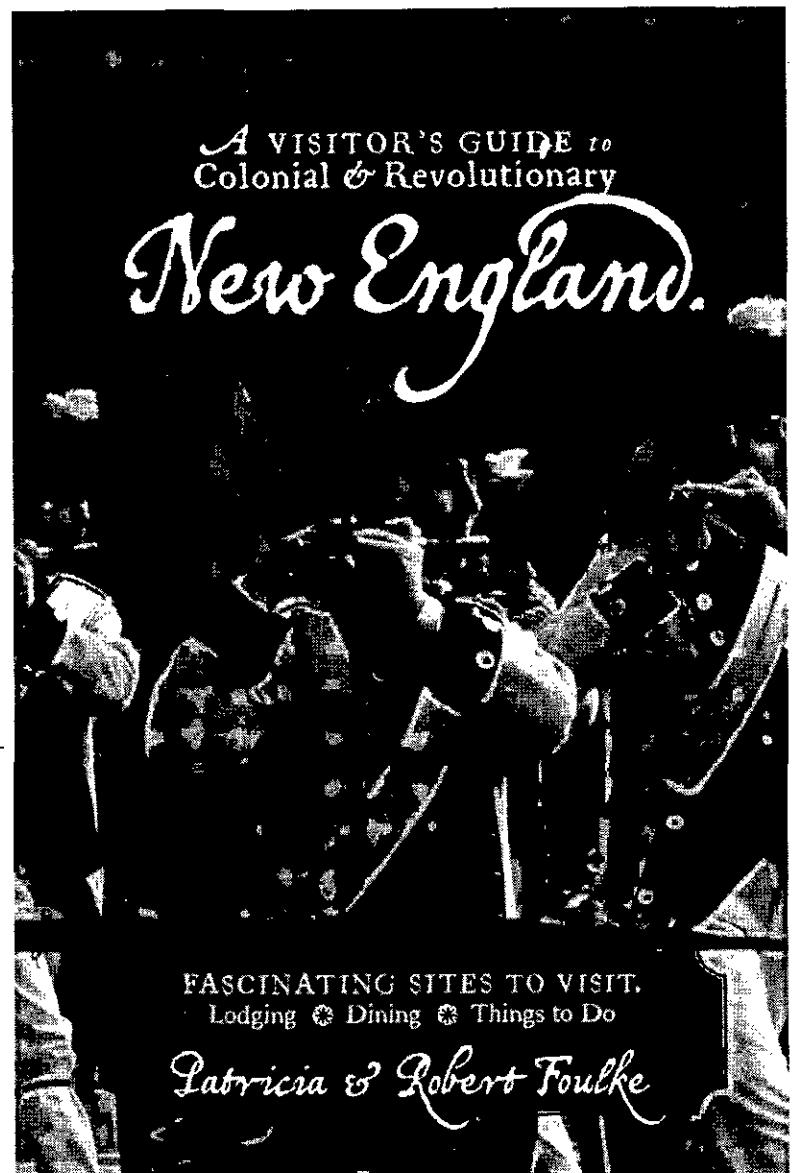


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Travel writers Patricia and Robert Foulke, who wrote "A Visitor's Guide to Colonial and Revolutionary New England," will be at the Bethlehem Public Library on Sunday, Nov. 11.

For information, go to www.redcross.org and click on "give blood."

Louise Grieco

- All library programming

is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar. For information, call 439-9314.



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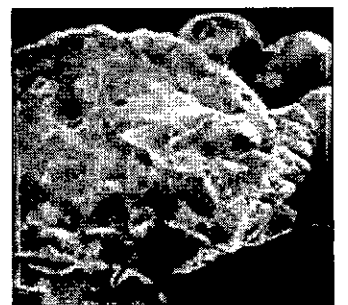
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Alternate modes of transportation can save time, money

The automobile is not the only way to get around, area residents say

By JACKIE SHER
news@spotlightnews.com

Riding a bike or taking public transportation to get from Point A to Point B makes sense if you live in a major city. You don't have to worry about parking a car, it's environmentally friendly, you save money on gas and sometimes it's faster than driving. Living in the Capital District, however, it makes more sense to drive a car, right? There isn't a subway system, and driving is easier than it is in Boston or Manhattan. For example, there isn't as much congestion on the roadways, and finding a parking spot is rarely a problem.

Some Capital District residents, however, beg to differ.

"One time when I was going home close to work I was on my bike and I saw someone I knew in a car. We made eye contact and I thought, 'Okay, now it's a race,' and I got to Delaware Plaza (in Delmar) before he did," said Lisa Vines, an associate professor at the Albany College of Pharmacy. "Sometimes it's faster to ride a bike."

Vines rides her bike from Delmar to downtown Albany every day — until it gets too cold. Her bike ride takes about 40 minutes roundtrip, for a total of eight miles. She said not only is this an effective, sometimes faster mode of transportation for getting to and from work, it provides a great workout,



While there isn't a subway or light rail system for Capital District residents to use to get from place to place, there is the CDTA bus system, which runs throughout the area.

Submitted photo

which some bikers would otherwise neglect.

"I wanted a way to stay in shape," said Jason Berard, an Albany resident who rides his bike in warmer weather from downtown Albany to work at L.L.Bean in Colonie Center. "Plus, it helps me save on gas money."

With the ever-rising price of gas, it makes sense to start finding an alternate mode of transportation.

But what if you're not a biker and you still don't feel like driving to work every day? What if you live too far away to bike to work? While there isn't a subway or light rail system in

the Capital District, there is the CDTA bus system, which runs through the area.

"I started [taking the bus] more than 20 years ago because I didn't have a parking space downtown, and I was waiting to get [a] parking space," said Michael Manning, who works for the state in downtown Albany. He started driving on-and-off once he finally got his parking spot, after waiting for 14 years. In recent months, though, Manning has returned to riding the bus to and from work. While the ride adds an extra 12 minutes to his commute each way, it gives him a chance to relax or read a book for a while since he doesn't have to pay attention to traffic.

Riding the bus also saves money.

"You can buy a day pass [from CDTA] for about the price of a gallon of gas and get anywhere in the Capital

Region," said Ray Melleady, executive director of CDTA. Melleady also emphasized the many conveniences that come with riding the bus instead of driving.

"When you use our system, you don't have to worry about parking in some of these congested areas," said Melleady. You're also saved the annoyances of having to put coins in parking meters or walk a quarter of a mile to your destination after you've parked.

"[Consider] cost, convenience and our ability to impact energy consumption on the Capital Region," said Melleady. "Think about quality of life in this region 20 years from now and think about what today's residents can do to maintain the quality of life for their kids."

For information about the CDTA system, visit www.cdta.org.

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Show features local faces

"Everyday Bethlehem People" aired for the first time on Monday, Oct. 29, on Channel 18 in Bethlehem.

Mary Rea, show host, came up with the idea to tape a program featuring the residents of Bethlehem in their many civic, volunteer and professional capacities.

"The show will offer a greater awareness of the people in our town who make it such a wonderful place to live," said Rea.

The first show will feature Delmar resident Richard Riccio, executive director of St. Anne Institute in Albany.

TV-18 program manager Janice Irwin said "Everyday Bethlehem People" will air each Monday evening through November.

Rea, who works at St. Anne Institute, does voiceover radio work, and the idea of hosting a TV show has been something she has always wanted to do.

"Everything about the show is hometown – even the theme song," said Rea. The theme song was written by Rea and Mike Harrison. Scenes of the town will be aired while the song plays.

The next guest, in late November, will be Marty DeLaney, president of the Bethlehem Chamber of Commerce.

Halloween parade



Children from the Tri-Village Nursery School of Delmar stroll along Kenwood Avenue on Halloween, Wednesday, Oct. 31, showing off the various costumes worn to school.

Jim Cuozzo/Spotlight

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Around the County

HATAS' 'Gingerbread Home' benefit open to public

The Homeless and Travelers Aid Society of the Capital District (HATAS) announces its second "Home Sweet Gingerbread Home," fundraising event to benefit low-income and homeless families.

On Saturday, Nov. 17, and Sunday, Nov. 18, Gunderland's Crossgates Mall will be filled with the aroma of gingerbread, and displays of festive gingerbread dream-houses, with prizes going to the most innovative designs.

There will be three programs involving gingerbread house

construction and decoration: a professional chef/culinary artist and student competition and silent auction; a corporate and community team competition and silent auction; and a Saturday and Sunday family event, with prizes for ingenious and creative efforts.

Gingerbread dream-house festivities take place near the Regal Cinema 18 Megaplex and Houlihan's in Crossgates Mall.

HATAS "Home Sweet Gingerbread Home" events:

- Professional Chefs

and Culinary Art Students competition and display.

See local chefs and soon-to-be chefs star in our Gingerbread House competition.

Houses will be displayed in the silent auction and contest at Saturday and Sunday.

Awards ceremony and silent auction bids close Sunday at 3 p.m.

- Community Challenge - Corporate and Community Team Competition.

Teams from regional businesses and local community

groups will be represented.

Awards ceremony and silent auction bids close Sunday at 3 p.m.

- Family Event

Bring the whole family and show your creativity.

Families can purchase a home - gingerbread that is - to

help the homeless. Gingerbread House cookies will be available for decorating.

Entry forms and donation/fee information are available at www.hatas.org. The entry deadline is Nov. 9.

For information contact, Natasha at HATAS, 463-2124 or info@hatas.org.

IN BRIEF

Men's Garden Club of Albany to hold dinner meeting

The Men's Garden Club of Albany, consisting of more than 100 members who voluntarily, professionally and dedicatedly serve the Capital District, will be holding a dinner meeting on Thursday, Nov. 15 at the Best Western Sovereign Hotel, 1228 Western Ave., Albany.

The guest speaker will be Ryan McDaid from Harvest Moon Hydroponics in Cohoes.

He will give a Power-Point presentation on indoor

gardening.

With winter just around the corner, learn how to bring your garden (or at least part of it) indoors so you may still enjoy working in a garden

— even during the winter season.

You don't need to be a club member to attend; just call 438-0022 to make a reservation.



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BCSD launches search with survey

As the Bethlehem School district begins the process of selecting the next superintendent; the Board of Education is looking for community input.

The BCSD Web site offers a link for a community survey for teachers, support staff, parents, community members, and students on what attributes/qualities they are looking for in the next superintendent.

Questions include rating the most important attributes of a superintendent, including educational and public speaking experience.

The survey will be available until Dec. 1. After that, the results will be compiled to assist in the development of the profile of an ideal candidate. The profile will be used as part of the effort to attract the best candidates to apply for the position, and ultimately to evaluate the applicants.

School officials believe the superintendent search survey is an avenue for the community to be involved in the superintendent search process. The district Web site can be accessed at bcsd.k12.ny.us.

Town posts comp plan review

Town of Bethlehem Supervisor Jack Cunningham announced that the first report from the comprehensive plan oversight committee is now available for viewing on the Town of Bethlehem Web site.

"This report is an important milestone for the town of Bethlehem," said Cunningham in a written statement. "We continue to assess the implementation of the comprehensive plan to ensure growth is consistent with the interest of the community as a whole."

In August 2005, Bethlehem adopted its first-ever comprehensive plan and substantial amendments to its zoning law and subdivision regulations. Included as a recommendation of the comp plan was the establishment of a comprehensive plan oversight committee (CPOC), to assist the town board and help guide the plan implementation effort. The town board established the CPOC in April 2007. CPOC was charged with preparing a status report on the comp plan

implementation progress and with developing recommendations for consideration by the town board.

CPOC analyzed building trends in town and found that there are clearly positive trends regarding town growth. There has been a significant downturn in residential building permits issued and a slight increase in commercial development activity. Despite these favorable trends, CPOC identified the need for the continued diligence of the town in managing and monitoring growth and development activity to ensure long-term consistency with the comp plan.

CPOC's report points to the citizens advisory committee on conservation (CACC), the 9W linkage study, the Vista tech campus, the local waterfront revitalization program (LWRP) and the New Scotland Road hamlet master plan as prime examples of significant progress. CPOC also provides more than a dozen recommendations for further implementation of the comp plan. Some CPOC recommendations

include:

1. Continue to perform annual technical reviews of the town's new land use regulations;
2. Take action to implement the recommendations of the LWRP, 9W linkage study, and New Scotland Road hamlet master plan;
3. Participate in and support efforts to market the Vista Tech campus;
4. Continue to identify and encourage new investment and infill development where infrastructure capacity and development, including buildings, already exist;
5. Identify a hamlet district for a master planning effort during 2008;
6. Create a farm and open space protection program;
7. Continue to make pedestrian and bicycle improvements in strategically located areas;
8. Consider development of a town-wide pedestrian/bicycle/bridle path master plan;
9. Continue investigating and implementing productivity measures related to both town and related municipal services, including fire and emergency services; and,
10. Consider development of a town-wide recreation master plan.

CPOC has prepared a summary of its report for broad distribution to the public. The town will be mailing a copy of the summary report to every household in mid-November and encourages continued public participation in the initiatives that have emanated from the Comp Plan adoption.

The full CPOC report is available for review at the town's Web site: www.townofbethlehem.org.



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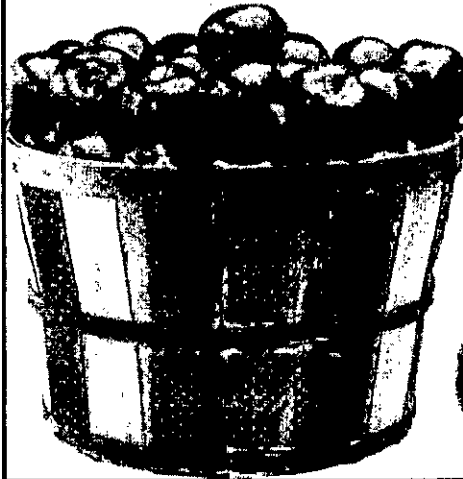

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Spotlight
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Coming back to pain-free living

Chiropractors work to give patients back the power

By CARI SCRIBNER
scribnerc@spotlightnews.com

How many of us have uttered the following phrase: "I threw out my back!"

What does this mean? For most of us, it's that startling spasm that snakes from the neck down to the tailbone, rendering us useless when it comes to standing, sitting and even considering bending to pick up anything in the near future.

Take heart: there is research that suggests that most episodes of lower back pain will resolve, with or without care, in approximately four to six weeks. But this data doesn't take into account recurrences, which are frequent, and the fact that the 15 percent of patients who don't respond in this time frame utilize about 90 percent of all money spent on lower back pain care.

Local chiropractor Rob Block, who practices in Milton and Malta, said he wants to tackle (not a football tackle, which could bring injury) this statistic head-on.

"What this tells me is we need to emphasize prevention and management, because if we can decrease the 15 percent that respond poorly, we can significantly decrease the overall costs and impact on people's lives," said Block. "Patients usually have a very good prognosis, but it takes work."

For years, many people have flocked to their chiropractor seeking relief of back pain from many origins. But the notion



that in a handful of visits, chiropractors can make adjustments, or "crack the back" into shape, erasing the pain to a faint memory, is inaccurate.

Today's chiropractors take a multi-faceted approach that begins with isolating the origin of the pain.

"Being effective means looking at the nature of the pain,

when was the onset, what is the characterization of the pain, what underlying factors may have built up to it," said Robert Block, a chiropractor in the town of Milton. "I can't just make adjustments and say, 'see you later.'"

The old cure-all, taking to your bed and downing lots of Advil until the back pain eases,

isn't necessarily the right medicine, Block said.

"You want to get back into activity to strengthen those muscles, but at the same time not tick off the area and launch more pain," said Block.

Block conceded, however, that some pain is enough to send even the bravest person to bed in pajamas.

"Of course, if a person is in searing pain and it hurts when they move, if they need a day or two in bed that's an option," said Block. "But it's important to note that you don't see people going into the hospital in traction these days; it doesn't happen and it doesn't help."

Electrical Muscle Stimulation is also something chiropractors now use to help relieve pain. Patients are hooked up with pads emitting electronic pulses on the areas triggering pain for about 20 minutes.

"It's part of our arsenal of pain management; in most cases it acts like aspirin to the affected site," said Block.

By far the best medicine for relieving back pain is learning how to avoid strain in the first place, but if it comes along, to find ways to manage it yourself. Thus, the new emphasis is on patient-focused care.

"We've taken the perspective that the patient is a strong contributor in the decision making process and that their concerns and goals help drive the choices made about their care," said Block. "I focus on providing self-management tools that enhance their control, as opposed to giving with passive care that they don't participate in."

This treatment approach includes training people on proper sitting and standing posture, exercises to strengthen core muscles, and other techniques.

"You don't necessarily get rid of back pain, but I teach people how to manage it, so they can take the power back," said

Block.

According to the Web site revolutionhealth.com, 90 percent of American adults will experience an episode of back pain during their lifetime. Back pain is the second most common reason people visit their family physician (just behind upper respiratory infections).

On any given day, almost 2 percent of the entire United States workforce is disabled by back pain. In people younger than 40, back pain is the most common reason for inability to perform daily activities.

Other treatment options include:

- Spinal cord stimulation, a procedure that uses an electrical current to treat chronic, unresponsive pain. In this procedure, a small pulse generator is implanted in the back, to transmit electrical pulses to the spinal cord and interrupt the path of pain.

- Painkillers or anti-inflammatory medications as prescribed by a physician.

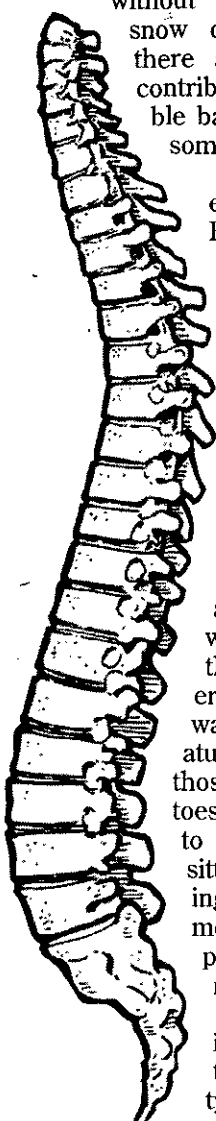
- Gathering more information via X-rays or MRI imaging to look for an underlying cause of chronic pain.

- Surgery is a treatment only for specific back disorders, and physicians urge patients to consider it only after all other non-surgical treatments fail. There are two types of back surgery: decompression and stabilization. Decompression can be used on a patient a bulging disc or a herniation of the disc which is pressing on a nerve. Decompression can effectively relieve pressure on one or more nerve route. Stabilization or spinal fusion is performed to eliminate spinal weakness.

- Alternative medicine can be helpful, depending on the condition, including yoga, acupuncture, massage, herbal remedies, meditation, relaxation techniques and biofeedback.

Back

(From Page 1)



without the slippery snow or black ice, there are countless contributors to possible back strain and sometimes injury.

It gets darker earlier, said Bender. When most people wake up, it's dark, and when they come home, it's dark. Black ice is hard enough to spot, he said. Not too many people are active in the winter, even if they are generally active in warmer temperatures. And for those couch potatoes who are sure to increase their sitting time during the winter months, the cold poses inevitable risks.

"Everybody is susceptible to injuries, but typically it's

people who don't engage in activities and then they hit full gear in winter with shoveling or snowblowing," said Dr. Charles Buttaci, a board certified physiatrist who specializes in interventional pain management. He is the latest addition to Northeast Orthopaedics.

Most of the issues are soft-tissue injuries, he said. But there are key areas to the little twists and turns the body's core counts on. They are debilitating and can haunt people the rest of their lives if not dealt with, said Buttaci.

And it's not just shoveling accidents.

Most winters, scores of municipal or private snowplow drivers frequent Buttaci's practice.

Those workers can spend 20 hours straight during large storms sitting in one spot on often-uncomfortable seats, he said. Some are subdued by poor posture and others injure themselves with occasional manual labor in or around the trucks.

The best medicine is to be proactive.

"It's kind of like starting your car. You have to warm up a bit, get the blood flowing before you go out and shovel the driveway or shovel the walk," said Bender.

Stretch a little. Give yourself more time in the morning or in the afternoon to finish the walk. Know your limits, Bender said.

Use good form when shovel-

ing. Lift with the knees; avoid twisting while bearing weight. And sit up straight.

If people can't, or won't, get out and get some exercise in the winter months, good posture can go a long ways, said Buttaci.

Bender suggests the following tips for avoiding back injuries from snow shoveling:

- Take five to 10 minutes to stretch your lower back, legs and arms as a warm-up before you start.

- Lift smaller loads of snow, rather than heavy shovelfuls. Take care to bend your knees and lift with your legs rather than with your back.

- Use a shovel with a shaft that lets you keep your back straight while lifting. A short shaft will cause you to bend more to lift the load. Using a shovel that's too long can make the weight at the end heavier.

- Step in the direction in which you are throwing the snow. Reducing the amount of excessive twisting will help avoid the next-day back fatigue many shovelers experience.

- Take frequent breaks when shoveling. Stand up straight and walk around periodically to extend the lower back. Standing extension exercises will help reverse the excessive forward bending that occurs while shoveling. Stand straight and tall, place your hands toward the back of your hips and bend backward slightly for several seconds.

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Art studio puts on the dog

Local family opens supply store and workshop

By JILL U. ADAMS
news@spotlightnews.com

A new art space has opened at 333 Delaware Ave. in Delmar. Owners Tracie and Bob Killar say their new business is a place to pick up art supplies and a place to get hands-on experience.

Blue Dog Art is a large space with an open feel. Two blue walls contrast with the gleaming white everywhere else. Islands of art kits, art supplies, and gifts made by local artisans are scattered around the front of the store. Further in, benches and tables form gathering places and dog-shaped chalkboards dot the walls.

Beginning in November, Blue Dog Art will offer afternoon drop-in activities for school-aged children. Tuesday sessions will feature art projects, and Thursday sessions are all about painting. A \$10 fee includes all materials.

While the drop-in activities will result in a finished piece of art, the product is not the main goal, said Tracie Killar.

"We are very process-oriented people," she said.

In addition to drop-in art afternoons, Blue Dog Art will run a six-week class for 8- to 12-year-old girls on Wednesdays, called Gifts Galore. Students will make different artistic gifts in each class and will finish by gift-wrapping items and adding hand-made cards.

Both Killars believe that society needs the arts, and they're not talking about art museums,

but the importance of creating things.

"I think we all have the ability to create," said Bob Killar.

The Killars stress that they are not professional artists, but they both have a lifelong relationship with art.

"I grew up using drawing and creative writing as a way to express myself," said Tracie Killar, who remembered taking comfort in pieces of paper for drawing.

Kids who are given opportunities to create also do better academically and socially, said Tracie Killar. She's not just citing research — the Killars have witnessed these tangible benefits in their own children.

They saw it in the kids who came to the inner city art program they founded in Albany's South End. Run as a nonprofit organization, New Day Art held after-school programs for children who couldn't afford classes of any kind. When government funding dried up, Catholic Charities stepped in to continue the program.

Recently, though, the Killars, who live in Slingerlands with their six children, decided to do something closer to home. Their dog, Speed, a Weimaraner with a silvery blue coat, inspired the name of the studio.

Tracie Killar can make a successful art experience from almost nothing. Sometimes she'll dump a pile of supplies on the table and prompt the kids to be teachers. Other times she'll ask kids to share something about themselves.

"Art creates a community," said Tracie Killar, which may carry over to other settings. She often sees high school kids from different cliques working to-

gether. She stresses acceptance and nurtures self-esteem; and works to get kids to partner, not compete. But she also knows where the boundaries are.

"It's expressive arts, not art therapy," she said.

Fitting into the community is important to the Killars. In addition to selling wares made by local artists, they hope to partner with other artists and art studios in town to create a supportive art community. After contacting the art supervisor in the Bethlehem schools, Tracie is stocking art supplies required for high school classes. Likewise, high school students are hired as staff at Blue Dog Arts, where they can gain work experience.

While the kids' programs are up and running this month, the Killars are still in the planning stages for the future. Activities at the store might include classes for adults and workshops in specialty areas like beading. The Killars may invite artists in to teach classes.

"We don't think we're great artists," said Bob Killar. "We think art is great."

For information about Blue Dog Arts, call 439-3309.



Tracie Killar, co-owner of Blue Dog Art, which offers art supplies and workshops at their location on Delaware Avenue in Delmar.

Jill U. Adams/Spotlight

Stoplights

(From Page 1)

spokesman.

Traffic approaching roundabouts needs to slow to 20 miles per hour. Motorists should also be aware of what lane they need to drive in before approaching the roundabout. Any change of lane while in the roundabout is a ticketable offense.

Roundabout pamphlets are now being distributed through-

out the community at convenience stores and Price Chopper to educate the public.

"We realize roundabouts are new animals for this area, and we have to do some education to bring people up to speed," said Van Keuren.

Bethlehem's Senior Services department is assisting its target audience by holding roundabout information seminars with DOT staff in attendance. Senior Services has also put together roundabout maps of Blessing Road and Cherry Avenue to help seniors before they begin their roundabout driving adventure.

"I think anything new can be scary," said Karen Pelletier, director of Bethlehem Senior Services.

Pelletier encourages residents to begin their roundabout driving during off-peak traffic hours, like weekends or evenings.

"Once we get used to it and

practice, we will be fine," Pelletier said.

Town board member Kyle Kotary has heeded Pelletier's advice by driving through the roundabouts at various stages of their construction and at different times of the day.

"Things are very self explanatory," said Kotary, who said he has also enjoyed the pastoral view driving by the Blessing and Maher Road roundabouts.

"I really like the curve and the aesthetics of the view," said Kotary, who is working with Cunningham and other town officials to come up with a plan to make the roundabouts an "entrance to the community" by planting gardens or putting up historical markers near the roundabout locations.

Work on the Blessing Road roundabout is expected to continue in the coming weeks.

Voters

(From Page 1)

dent Les Loomis.

Officials indicated in writing to the community that if the EXCEL vote were to be defeated, full-day kindergarten would have to be reconsidered. Another concern was that the cost of an eight-classroom addition at Eagle would have to be covered by taxpayers if the vote went down.

"I want to thank the community for once again standing behind the students of the district," said Loomis.

The actual cost to district taxpayers is expected to be no more than 34 cents a year for the owner of a \$200,000 home.

"People understood it was several steps forward for the district without a local tax burden," said Loomis.

Other projects slated under Bethlehem's EXCEL funding include roof restoration at the high school, pool upgrades to the middle school, and renova-

tions to existing elementary classrooms. Replacing the roof at Clarksville Elementary School and replacing asbestos tile flooring districtwide are projects also slated under Bethlehem EXCEL Aid.

Funding for EXCEL (Expanding Our Children's Education and Learning) is already allocated in the state budget for capital projects for districts statewide.

The Bethlehem school district is currently finishing work on a \$93 million capital construction project, which included a major expansion at the high school and renovations to the middle school and all elementary schools.

"Because we have been in the midst of a large capital construction project, we were well aware of the additional needs we wanted to address," Loomis said.

Collins and Scoville architects, the designers of the current capital construction project, will also be architects for the new Eagle classrooms. Work is expected to begin next spring.

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Bountiful harvest

ABOVE: Harriet Johnson sells baked goods at the annual Harvest Fair at the First United Methodist Church Saturday. LEFT: Warren Stoker demonstrates his wares to Hazel Van Wormer and Edna Weisheit during the event. FAR LEFT: Owen Rutnik tries out a rocking horse at the event.

Jim Franco/Spotlight



IN BRIEF

College of Saint Rose to sponsor coat drive

The College of Saint Rose Campus Ministry is sponsoring a coat drive to benefit local homeless shelters on Saturday, Nov. 10, from 10 a.m. to 2 p.m.

The coat drive drop-off area will be at Crossgates Mall on the upper level near Best Buy.

Call The College of Saint Rose Campus Ministry office at 454-5250 for information.

USS Slater to open for Veterans Day weekend

The USS Slater will be open to the public for guided tours from 10 a.m. to 4 p.m. each day

this Veterans Day weekend, Friday, Nov. 9, to Monday, Nov. 12.


USS Slater volunteers will host a brief ceremony honoring all veterans at 11 a.m. on Veterans Day, Sunday, Nov. 11.

The USS Slater is docked on the Hudson River in downtown Albany, just south of the Dunn Memorial Bridge.

Admission is \$7 for adults and \$5 for children. The last day to visit the ship this season is Sunday, Nov. 25.

For information, call 431-1943 or visit www.uss Slater.org.

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Jewish Community Center honors 6 at annual dinner

The Sidney Albert Albany Jewish Community Center (JCC) held its eighth annual "Pillars of our Community" dinner on Thursday, Oct. 25, at the Albany JCC.

The event honored the devotion and commitment of six individuals who serve as role models in the community.

The recipients of this year's awards were: Albany County Executive Michael Breslin, D-Delmar, and his brother, state Sen. Neil Breslin, D-Delmar; Donald and Susan Cohen; and Dr. Stuart and Bonnie Rosenberg.

"On behalf of the entire board of directors, I am honored to know and celebrate with the Breslins, Cohens and Rosenbergs, this year's recipients of the Sidney Albert Albany Jewish Community Center's Pillars Award," Bill Golderman, president of the board of the Albany JCC said.

"Once again we recognize exemplary members of our community who have over the years made the commitment

to better not only our Jewish community, but the community as a whole."

Both Neil and Michael Breslin praised the Albany JCC.

"The JCC adds immensely to the community here," Michael Breslin said. "Children learn to play the right way and are given the same values we grew up with. It's a relatively controlled environment. Children need control to be safe and the freedom to grow. Dads bring their sons, demanding that they now try to do their best. Children learn by example." Michael Breslin is on the executive committee of the JCC. Neil Breslin learned self-sacrifice as part of the basketball team at the former Albany JCC on Washington Avenue in Albany. He remains friends today with his former teammates.

Neil Breslin is serving his sixth term as state Senator for the 46th District, Albany County.

Both Breslins have worked with organizations such as Arbor House, St. Anne's Institute,

Hospitality House, LaSalle School for Boys and the Interfaith Partnership for the Homeless.

An Albany JCC Board Member from 1996 to 2006, Don Cohen has been a strong advocate for helping the center become more accessible.

He spearheaded projects to install handrails along the halls, remove curbs from the parking lot entryways, improve handicap-accessible parking in the back, add a handicap-accessible bathroom on the main floor and install automatic doors at both entrances.

He has been the liaison between the Center's Senior Adult Committee and the board, served congregational meals to seniors on Monday nights, coordinated a JCC lecture-lunch series, now called Tuesdays with Lunch, and supported the idea of moving senior programs into dedicated space in the Massry Family Senior Center.

Cohen taught mathematics for 30 years and continues to teach at the University at Albany.

A former Guilderland high school math teacher and gifted motivator, Susan Cohen has given uplifting presentations to youths participating in the



Michael and Neil Breslin



Donald and Susan Cohen



Stuart and Bonnie Rosenberg

Fair, which is co-sponsored by Congregation Beth Emeth.

He actively participated in the early years of the Health Fair at Beth Emeth and continued to play an active role when the Health Fair expanded to the larger facility of the Albany JCC.

Much recognized by his peers in the field of urology, Dr. Rosenberg continues to teach and care for patients.

Bonnie Rosenberg taught and later volunteered her time in the service of children.

She was instrumental in starting CASA (Court Appointed Special Assistant) for Albany County, and worked with it for 15 years, guiding the CASA volunteers who worked with more than 2,200 children.

In April 2007, she received the Mediation Matters Founders Award for longtime service to the community.

The Sidney Albert Albany Jewish Community Center is a family oriented resource for the entire community.

One does not need to be of the Jewish faith to apply for membership. It offers an early childhood center, with programs from eight weeks to kindergarten, stressing early childhood education in a safe and nurturing environment.

During the summer, camp is available for children 3 to 11 years old. Teen programs throughout the year include Teen Summer Camp. The center is known for wellness and fitness with one indoor pool, two outdoor pools, state-of-the-art fitness center, cardio room, CYBEX circuit, free weights, classes, and certified personal trainers. The center offers numerous senior adult programs including kosher meals, entertainment programs, holiday celebrations and trips. Founded in 1921, the Sidney Albert Jewish Community Center of Albany has provided 85 years of continuous community service.

The JCC is located at 340 Whitehall Road in Albany. For information, call 438-6651.

Bethlehem Tomboys Girls Softball League 2008 REGISTRATION

The Bethlehem Girls Softball League will hold registration for girls grades K to 12.

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SILENT AUCTION CLOSING & AWARDS CEREMONY: Sunday Nov. 18th 3 p.m.

TO REGISTER OR FOR MORE INFORMATION: HATAS (518) 463-2124 or info@hatas.org. Entry forms available at www.hatas.org.

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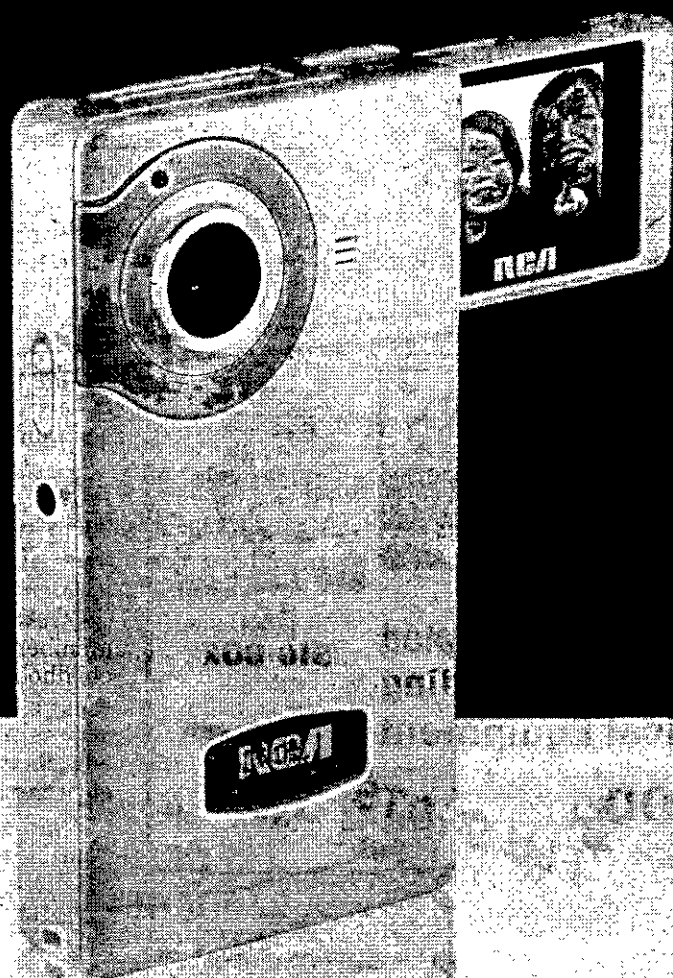
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Obituaries *in the* Spotlight

IN BRIEF

Virginia K. King

Virginia K. King, 84, of Beverwyck and formerly of Elsmere died Sunday, Oct. 28, at the Hospice Inn at St. Peter's Hospital.

Survivors include two sons, Butch (Dee) Klink of Feura Bush and Edwin (Sheila) Klink of Santa Fe, N.M.; a daughter-in-law, Jean Klink of Daytona Beach, Fla.; nine grandchildren; and 13 great-grandchildren.

Private funeral services were held at the family's convenience. There were no calling hours. Arrangements by the Applebee Funeral Home, Delmar.

Erich J. Schaming

Erich J. Schaming, 47, of Delmar, died Saturday, Oct. 27.

Born in Albany, he worked for the Clifton Park Water

Authority. Survivors include his wife, Kerstin R. Schaming; two children, Natasha and Gabrielle Schaming; and his mother, Mary Ellen Schaming.

Services were from the Applebee Funeral Home, Delmar. A Mass of Christian Burial was held at St. Thomas the Apostle Church, Delmar.

Lorraine O'Toole

Lorraine O'Toole, 84, of Delmar, died Wednesday, Oct. 17, at St. Peter's Hospital.

Born in Rensselaer, she resided in Glenmont and Delmar for most of her life. She was employed by the D&H Railroad and Key Bank in Delmar, until her retirement in 1985. During her retirement, she served as a volunteer at St. Peter's Hospital and Glenmont Elementary School. She was a loving mother,

caregiver and friend to many. She took great pride in her Irish heritage and enjoyed listening to classical music and the opera.

She was the widow of John B. "Jack" O'Toole.

Survivors include four children, Kevin O'Toole (Carol Bailey) of Voorheesville, Kathleen O'Toole (Frank) Davis of Winchester, Mass., Brian O'Toole Makepeace of Ithaca, and Megan O'Toole (Tom Arnstein) of Delmar; two sisters, Jacqueline Finch and Rosemary Smith; and seven grandchildren.

A Mass of Christian Burial was held at St. Thomas the Apostle Church in Delmar. Burial was in Holy Sepulchre Cemetery in East Greenbush. Contributions may be made to Community Hospice, 295 Valley View Blvd., Rensselaer 12144.

Helen L. Wideman

Helen L. Wideman, 85, of Berne, died Friday, Nov. 2.

She was the widow of Vincent E. Wideman.

Born and raised in New Scotland, she graduated from Bethlehem Central High School. During World War II, she worked in the Voorheesville Army Depot. In the late 1950s, she started to work for the Berne Knox Westerlo School District as a bookkeeper and continued to work there until her retirement in the early 1980s. After retirement she traveled extensively throughout the United States with her husband in their RV.

Survivors include a daughter, Louise Cook of Rotterdam; two sons, Robert Wideman of Eagleville, Pa., and Timothy Wideman of Berne; nine grandchildren; seven great-grandchildren.

Services were held by the Fredendall Funeral Home, Altamont. Burial was in Woodlawn Cemetery, Berne.

Car Wash to pay tribute to Veterans

Hoffman Car Wash announces they will be washing veterans cars free on Veteran's Day, Sunday, Nov. 11.

For the third consecutive year, Hoffman Car Wash is inviting all active duty and former members of the military to have their vehicles washed free of charge on Sunday.

Speaker to discuss current TV news

The Northeast Jewish Singles, a social group for men and women age 55+, will meet on Thursday, Nov. 15, at 3 p.m. in the Building 2 party room, Towers of Colonie, 422 Sand Creek Road, Colonie.

Paul Lewis, WNYT news director, will discuss the current state of television news.

Refreshments will be served. The cost is \$5 for members; nonmembers are \$8.

All single Jewish adults, age 55 and older, are invited.

Call Trudy Cohen at 381-9187 by Tuesday, Nov. 13, for reservations or information.

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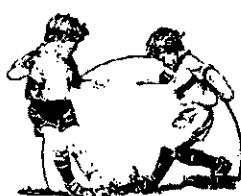
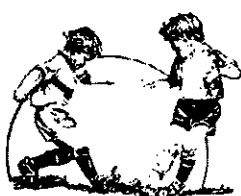
The 15 week program will be held at
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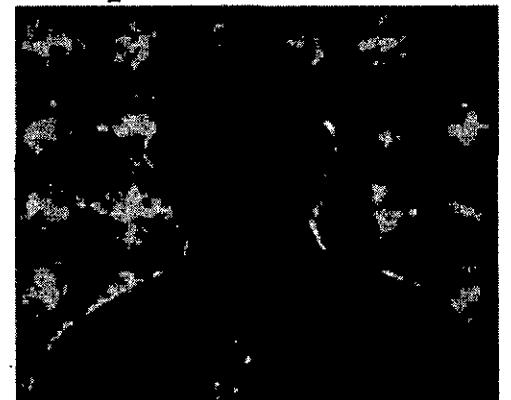
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Milestones *in the* Spotlight

Schallmo, Dowd marry in August in Java Center

Sarah Schallmo, daughter of Mark and Nancy Schallmo of Rochester, and Bryan Dowd, son of Kevin and Colleen Dowd of Glenmont, were married Aug. 11.

The ceremony was performed by Michael Skrzypek at Beaver Hollow Conference Center in Java Center, where a reception followed.

The maid of honor was Melissa Schallmo, sister of the bride. Bridesmaids were Courtney Dowd, sister of the groom; Shauna Williams, sister of the groom; Lisa Baker; Teresa Crozier; and Emily Sawyko.

Grace Williams, niece of the groom, was the flower girl.



Sarah and Bryan Dowd

The best men were law of the groom; Michael Brandon Waylett and Brian Schallmo, brother of the Didsbury. Groomsmen were bride; Jared Alston; and Scott Williams, brother-in-law of the groom; Michael Frank Scaglione.

Donovan Eady, cousin of the groom, was ring bearer.

The bride is a graduate of Aquinas Institute, the State University of New York at Fredonia and the University at Albany, where she earned a master's degree in social work.

She is a middle school substance abuse counselor for

Arapahoe House in Denver.

The groom is a graduate of Bethlehem Central High School and the State University of New York at Fredonia.

He is self-employed with All Good Audio in Denver.

Following a honeymoon to Puerto Rico, the couple resides in Denver.

Galka, Charest marry

Kimberly Cynthia Galka, daughter of Casmir and Anita Galka of Latham, and Andrew Thomas Charest, son of Thomas and Cynthia Charest of Springfield, Mass., were married Sept. 1.

The ceremony was performed by the Rev. Francis H. Crombie at St. Patrick's Church in Springfield, Mass. A reception followed at The Lord Jeffery Inn in Amherst, Mass.

The maid of honor was Christine Piscitella, sister of the bride.

The best man was Timothy Charest, brother of the groom.

The bride is a graduate of Shaker High School and the University at Albany.

She is an executive marketing associate for Premier Education Group in Springfield, Mass.

The groom is a graduate of Springfield Central High School.

He is a driver for United Parcel Service in Springfield, Mass.

Following a honeymoon trip to Maui and Oahu, the couple resides in Springfield, Mass.

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Entertainment *in the* Spotlight



Student actors strike a pose during rehearsals for 'The Music Man' at SLOC.



Christopher Parker as Harold Hill instructs River City's young musicians.

'The Music Man' and 'Annie' march in SLOC to showcase young talent in upcoming performances

JESSICA HARDING
hardingj@spotlightnews.com

Schenectady Light Opera Company's 81st season is set to begin next week by showcasing some of the hottest young talent in the Capital District.

SLOC is performing "The Music Man" and "Annie" in November, both geared toward a younger audience with a younger cast.

The first show, "The Music Man," is an all-children's cast with 75 performers ranging in age from 8 to 18.

Sara Smigen, 17, a Niskayuna High School senior, is playing Marion in this year's production of "The Music Man." This is Smigen's first role with SLOC, but she is not new to performing or to musical theater. She per-

formed in Niskayuna's production of "Beauty and the Beast" last spring.

The cast of "The Music Man" has been working together since September. Smigen said the three-hour practices four times a week can get tiring, but she enjoys the work. She also said it is interesting working with so many cast members with such a wide variety of ages.

"It's a different experience, but everyone gets along and works together. We talk a little too much because we're kids, but at the end of the day we are all there because we want to be there," she said.

This is the first time that SLOC will be performing at the new GE Theater at Proctors.

Donna Z. Bayter, SLOC spokeswoman and co-producer of "Annie" said the company is looking for a new home with more space and handicapped accessibility. She said it is too soon to tell whether the GE Theater would become SLOC's permanent location, but it is a possibility.

SLOC is also staging "Annie," with a cast of 23, including 10 young girls. The show is scheduled to run for three weekends instead of the usual two, so two different girls are scheduled to play Annie.

Suzanne Rayome, who directed last season's production of "Hello, Dolly," is playing Hannigan in "Annie." She said she is excited to throw herself into the role.

"This is my fourth time doing Annie," she said. "This is a kids' classic and it is the perfect time

of year for it. As a teacher I also like working with all the kids."

Rayome said the talent the company has assembled for "Annie" and "The Music Man" rivals any community theater company.

"The talent in this area is amazing. I was blown away every time I saw someone audition," Rayome said.

Emily Franklin, 11, of Loudonville is one of the young talents; she is playing Annie. She is a veteran SLOC performer who got involved with the show because her family is also involved with musical theater.

"I've always wanted to play this role," Franklin said. "It is fun to hang out with all the cast members."

Jessica Carrozzi, 9, of Richmondville is the second actor playing Annie. It's her first stint in musical theater, but she isn't new to performing in front of audiences, including singing in local parades.

Carrozzi said the hardest thing is paying attention during rehearsals and learning to take direction.

This show's director, Matthew T. Teichner, said although SLOC is a community theater company, he gives his actors a professional experience. The actors work with an acting coach and Teichner has his hand in everything from lighting to set design and choreography.

"The kids are very talented and eager to learn. A lot of them are taking classes at the New York State Theater Institute and they are really catching on," he said.

Under Teichner's direction, the characters in "Annie" are more developed than usual, which gives the audience a different look at the play.

"Everyone has seen 'Annie' 1,000 times," Teichner said. "It is an old-style comedy, so this is going to be a different spin off."

"The Music Man" runs from Thursday, Nov. 15 to Sunday, Nov. 18. For tickets, call the Proctors Box Office at 346-6204. "Annie" runs for three weekends beginning Thursday, Nov. 29, and running through Saturday, Dec. 15. For tickets, call 877-350-7378 or visit www.sloctheater.org.

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MISS SAIGON

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SIDE MAN

Presented by Home Made Theatre, Spa Little Theatre, Saratoga Spa State Park, Saratoga Springs, through Oct. 28. Information, 587-4427.

THREE VIEWINGS

Three one-act monologues set in a funeral parlor, presented by Albany Civic Theater, 235 Second Ave., Albany, through Nov. 11, 8 p.m. Thursdays through Saturdays, 3 p.m. Sundays, \$15. Information, 462-1297.

TUESDAYS WITH MORRIE

Based on Mitch Albom's book, presented by Epiphany Theater Company, 153 Regent St., Saratoga Springs, through Nov. 18. Information, (877) 238-5596.

Music

BACK OF THE MOON

Traditional music and song of Scotland, Nov. 9, 8 p.m., Old Songs Inc., 37 South Main St., Voorheesville, \$17. Information, 765-2815.

KEITH PRAY'S BIG SOUL ENSEMBLE

Powerful jazz band, Nov. 9, 8 p.m., Unitarian Whispersome, Schenectady, \$15. Information, 393-4011.

SUBDUDES

New Orleans soul-rock band, with special guest Marcia Ball, Nov. 10, 7:30 p.m., The Egg, Empire State Plaza, Albany, \$28. Information, 473-1845.

RAIN: THE BEATLES EXPERIENCE

Covering the greatest hits of Britain's greatest rock quartet, Nov. 10 and 11, Proctor's Theatre, State Street, Schenectady, \$20-\$40. Information, 346-6204.

CIARAN SHEEHAN

With Gay Willis, Nov. 11, 7 p.m., The Egg, Empire State Plaza, Albany, \$28. Information, 473-1845.

THE NIELDS

Family band, Nov. 16, 8 p.m., WAMC Performing Arts Studio, Central Avenue, Albany, \$18. Information, 465-5233, ext. 4.

JIM GAUDET

Capital District singer-songwriter celebrates release of new CD, Nov. 17, 8 p.m.,

WAMC Performing Arts Studio, Central Avenue, Albany, \$10. Information, 465-5233, ext. 4.

"SONGS OF THE SPIRIT"

Featuring the Klezmatics, Odetta, Hugh Masekela and more, Nov. 17, 8 p.m., Troy Savings Bank Music Hall, Troy, \$37-\$40. Information, 273-0038.

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Americana band, Nov. 18, 8 p.m., WAMC Performing Arts Studio, Central Avenue, Albany, \$18. Information, 465-5233, ext. 4.

Comedy

BRAD GARRETT

"Til Death" star, Nov. 14, 8 p.m., Palace Theatre, corner of Clinton Avenue and North Pearl Street, Albany, \$28-\$68. Information, 476-1000.

Visual Arts

NEW YORK STATE MUSEUM

"Unseen America NYS: Pictures of Working Lives Taken by Working Hands," through Oct. 21; "Look Alikes: The Amazing World of Joan Steiner," through Dec. 31; plus permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE OF ART

"Indian Ladder, A Lyric Journey: Photographs by John Yang," and "The Helderberg Escarpment: A History of Tourism and Science," through Dec. 30; "Full Steam Ahead: Robert Fulton and the Age of Steamboats," through Dec. 31; plus exhibits on Hudson River School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

SCHENECTADY MUSEUM

"A Woman's Touch," featuring works by Aleathia Brown, Fern Cunningham, Catherine Reavis, Sharon Cropper, Raymina Mays and Deborah Jack, through Nov. 11, plus Spirit of Schenectady, collection highlights and planetarium. Nott Terrace Heights. Information, 382-7890.

ALBANY AIRPORT GALLERY

Site-specific installations by Larry Kagan and Cara Nigro, as well as installations by Anthony Garner, Baris Karayazgan, Paul Katz, Nancy Klepsch and Victoria Palermo. Information, 242-2243.

ALBANY CENTER GALLERIES

"Structural Interludes: Works by Thomas Lail, Timothy M. Martin and Emily Rauch," through Nov. 24, 39 Columbia St., Albany. Information, 462-4775.

NATIONAL MUSEUM OF DANCE

"Dawn of Modern Dance: Music, Myth and Movement," exhibit chronicling the careers of Ruth St. Denis and Isadora Duncan, plus ongoing exhibits, 99 South Broadway, Saratoga Springs. Information, 584-2225.

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Information, 581-5100.

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Ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

TANG TEACHING MUSEUM AND GALLERY

"West African Masquerade," photographs by Phyllis Galembo, through Dec. 29; "Atmospherics/Weather Works," through Dec. 30; "Stripes," through Dec. 30, 815 North Broadway, Saratoga Springs. Information, 580-8080.

THE HYDE COLLECTION

"Natura Morta: Still-Life Painting and the Medici Collections," through Jan. 13, 161 North Warren St., Glens Falls. Information, 792-1761.

CLARK ART INSTITUTE

"Gainsborough, Constable and Turner: The Manton Collection," through Dec. 21; "Facing the Lens: 19th-Century Portrait Photographs," through Jan. 13; "Consuming Passion: Fragonard's Allegories of Love," through Jan. 21, 225 South St., Williamstown, Mass. Information, (413) 458-9545.

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ACROSS

- 1 Midsection muscles, familiarly
- 4 Fastener
- 8 Bit of butter
- 11 Curved molding
- 15 "Phooey!"
- 16 Slimy
- 17 Patrick + Glenn?
- 19 Dean + Fulton?
- 22 Decreeing
- 23 Jackie's 2nd
- 24 __ Parks
- 25 Ancient port of Rome
- 27 Recipient
- 28 Go back
- 30 Take a picture
- 33 Org. for small companies
- 35 Dry
- 36 Eli + Samuel?
- 42 __ Adams
- 44 Seed covering
- 45 Kampala native
- 47 Secular
- 50 Genetic matter
- 52 Piece of land
- 54 Because of
- 55 Macy's Yuletide hires
- 57 Sack
- 60 Poet's word
- 61 Cartoon George
- 62 Lock of hair
- 63 Handle
- 65 V forerunners
- 67 View
- 68 Joe + Thurgood?
- 72 Toward the rear
- 75 Head movement
- 76 Paper bigwig
- 77 Pie ingredient
- 79 Fragrances
- 84 Exclamations of surprise
- 86 Semicircular canal site
- 87 Skillful
- 88 Opposites of
- 26 Down
- 89 Convalescent home worker, often: abbr.
- 90 Shade provider
- 92 This: Sp.
- 93 Like Pope Pius X
- 95 Hoarse-

voiced

- 100 Jungle beasts
- 102 Joe + Neil?
- 105 Siamese coins
- 108 French article
- 109 Ethiopian native
- 110 Barbecues
- 112 Refrigerator name
- 117 Actress Massey
- 119 After that
- 121 Mauna __
- 122 Seasoning liquids
- 124 John + Isaac?
- 128 Pearl + Jesse?
- 129 Inert gas
- 130 Flow out slowly
- 131 Type of plum
- 132 Suffix for low or old
- 133 Sharp tools
- 134 Kennedy, for one

DOWN

- 1 Show up
- 2 Night flier
- 3 Moved
- 4 Former First Lady
- 5 Go over again
- 6 Brew
- 7 Coloring

8 Die

- 9 Up __; active
- 10 Refrain syllable
- 11 __ consequence; insignificant
- 12 Enter
- 13 White-tailed eagle
- 14 Boundary
- 15 Challenges
- 17 Weather forecast
- 18 Eastern Eur. lang.
- 19 Deface
- 20 Negative word
- 21 Lunchtimes
- 26 Note to a printer
- 29 Constructs
- 31 Batter's delight
- 32 Suffix denoting origin
- 34 Calendar abbr.
- 36 Scalp cyst
- 37 Prestigious school
- 38 Marquis de
- 39 Type of bolt fastener
- 40 Poetic works
- 41 Intl. alliance
- 43 Treasury Dept. agcy.

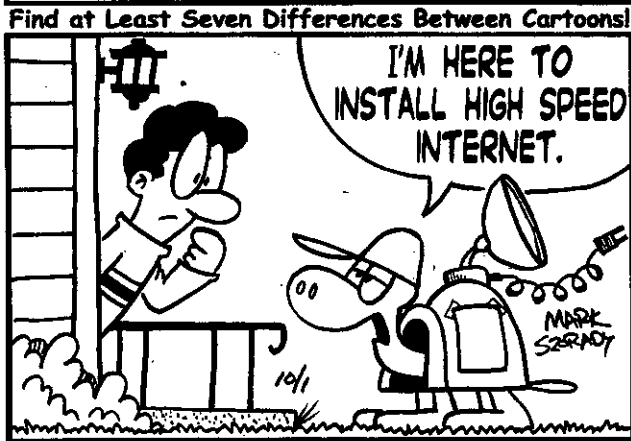
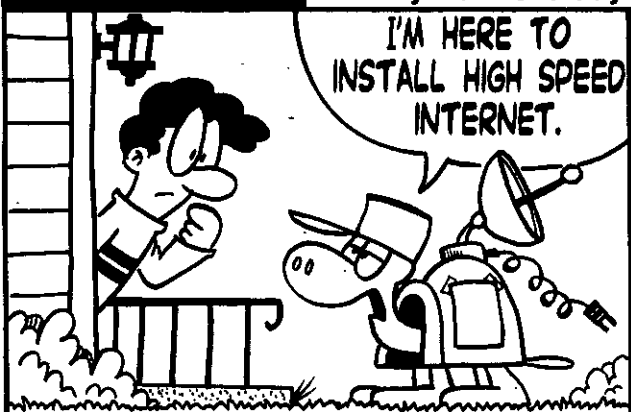
- 46 Prefix for fat or sense
- 47 Naval transports: abbr.
- 48 Swiss river
- 49 Arrow poison
- 51 Desert
- 53 Beached
- 56 Snake
- 58 Word with thing or body
- 59 Hearts and others
- 60 Uncanny
- 61 Part of summer: abbr.
- 63 File drawer, perhaps
- 64 Wander about idly
- 66 Dark, sticky liquid
- 69 N N N
- 70 Bus depot: abbr.
- 71 Youth
- 72 Military addrs.
- 73 Fly lightly and rapidly
- 74 Pierre's noodle
- 78 Magician's word
- 79 Commercials
- 80 Genuine
- 81 Mishmash
- 82 List of dishes
- 83 Town in Italy
- 85 Injure

87 Elec. unit

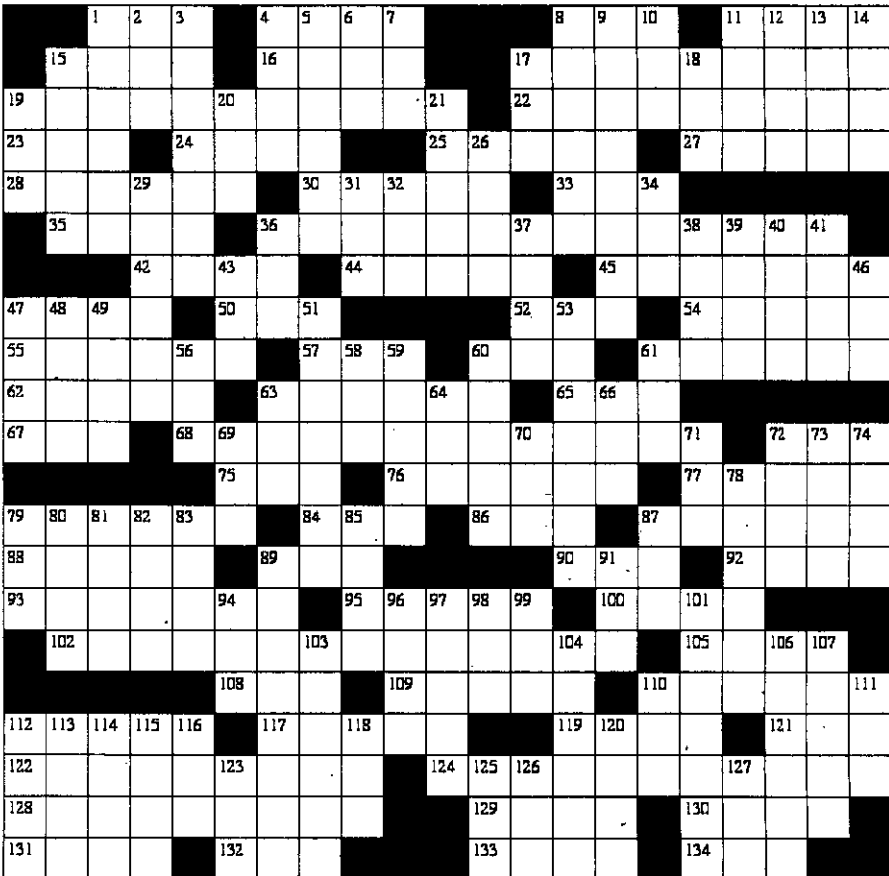
- 89 Poisonous substances
- 91 Fall behind
- 94 Baton Rouge school: abbr.
- 96 "You shall conceive and bear ____" (Luke 1:31)
- 97 Milkshake drinker's item
- 98 For
- 99 __ Kippur
- 101 Sincere
- 103 Give in
- 104 Later
- 106 Alop
- 107 Sailing vessel
- 110 Franklin
- 111 Part of many California city names
- 112 Envoys: abbr.
- 113 Manhandle
- 114 Gas station chain
- 115 Shoe name
- 116 Spanish year
- 118 WWII agcy.
- 120 Layers
- 123 Wonder
- 125 Reply: abbr.
- 126
- Cheerleader's yell
- 127 Minute

DOUBLE TAKE

By Mark Szorady



ANSWERS: 1. HAIR DIFFERENT 2. SATELLITE DISH
DIFFERENT 3. HAT DIFFERENT 4. CORD MOVED
5. SHIRT STRIPES DIFFERENT 6. RAILING CHANGED
7. SMALL BUSH MISSING



Calendar of Events *in the* Spotlight

Wednesday, Nov. 7

CLARKSVILLE

Wednesday evening at 7:00 P.M. at the Clarksville Church on Rt. 443 in Clarksville is The Clarksville Historical Society Fall Program, "Civil War Medicine" By: "Dr. Matthew Farina
Dr. Matthew Farina, from Unionville, NY, will present a power point Free open to the public. "All are welcome.

BETHLEHEM

DELMAR ROTARY

Normanside Country Club, 7:30 a.m. Information, 767-2930.

PLAYGROUP MEETING

First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for childcare takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

MOTHERS OF PRESCHOOLERS (MOPS)

Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

OPPORTUNITIES UNLIMITED

Board meetings first Wednesday of each month, open to public. Bethlehem Town Hall, 445 Delaware Ave., 4 p.m.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

BETHLEHEM BUSINESS WOMEN

Normanside Country Club, Salisbury Road, Elsmere, 6 p.m.; dinner 6:30 p.m., program and meeting to follow dinner. Information, 439-7237.

SOLID ROCK CHURCH

evening prayer and Bible study, 1 Kenwood Ave., 7 p.m. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION

Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., information, 374-1792.

BETHLEHEM LIONS CLUB (NOT IN JULY OR AUGUST)

Normanside Country Club, Delmar, 7 p.m. Information, 439-4857.

BETHLEHEM ELKS LODGE 2233

1016 River Road (Route 144), Cedar Hill, 7 p.m. Information, 767-2886.

HEALING TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

ZONING BOARD OF APPEALS

Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58 (WHEN SCHOOL IS IN SESSION)

Bethlehem Lutheran Church, 85 Elm Avenue, 7:30 to 9 p.m.

BC SCHOOL BOARD

district office, 90 Adams Place, 7 p.m. Information, 439-7098.

ORDER OF THE EASTERN STAR

Onesquethaw Chapter, Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

NEW SCOTLAND

V'VILLE ZONING BOARD

Village Hall, 29 Voorheesville Ave., 7 p.m. Information, 765-2692.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m.

Thursday, Nov. 8

BETHLEHEM

DELMAR ROTARY

Normanside Country Club, 7:30 a.m. Information, 767-2930.

PLAYGROUP MEETING

First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for childcare takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

MOTHERS OF PRESCHOOLERS (MOPS)

Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

SECOND MILERS (OCTOBER THRU JUNE)

Normanside Country Club, noon, information, 439-2752.

SOLID ROCK CHURCH

evening prayer and Bible study, 7 p.m., 1 Kenwood Ave. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION

Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., information, 374-1792.

TOWN BOARD

Bethlehem Town Hall, 445 Delaware Ave., 5:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS

The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

EVENINGS ON THE GREEN (JULY)

Bethlehem Public Library's Free Summer Concert Series, 7 p.m. Information, 439-9341.

BINGO

Blanchard American Legion Post, 16 Poplar

Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58 (WHEN SCHOOL IS IN SESSION)

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

DELMAR FIRE COMMISSION

firehouse, Adams Place, 7:30 p.m. Information, 439-3851.

HEALING TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

NEW SCOTLAND

TOWN COUNCIL

New Scotland Town Hall, Route 85, 7 p.m. Information, 439-4889.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m.

Friday, Nov. 9

AA MEETING

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m.

CHABAD CENTER

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

Q.U.I.L.T. INC.

meeting at Delmar Reformed Church, 386 Delaware Ave.

NEW SCOTLAND

PIONEER CLUBS

For children grades 1 through junior high; Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

Saturday, Nov. 10

BETHLEHEM

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m.

GLENMONT

STORY HOUR

at Tea and Tattered Pages Used Books, 329 Glenmont Road, Glenmont, 10:30 a.m.

Sunday, Nov. 11

BETHLEHEM

WORSHIP INFORMATION

Bethlehem Community Church, 201 Elm Ave., 439-3135.
Bethlehem Congregation of Jehovah's

Witnesses, Elm Avenue and Feura Bush Road, 439-0358.

Bethlehem Lutheran Church, 85 Elm Ave., 439-4328.

Delmar Full Gospel Church, 292 Elsmere Ave., 439-4407.

Delmar Presbyterian Church, 585 Delaware Ave., 439-9252.

Delmar Reformed Church, 386 Delaware Ave., 439-9929.

Family of God Nazarene Church, Krumkill Road at Blessing Road, North Bethlehem, 453-9953.

First Church of Christ, Scientist, 555 Delaware Ave., 439-2512.

First Reformed Church of Bethlehem, Route 9W, Selkirk, 767-2243.

First United Methodist Church of Delmar, 428 Kenwood Ave., 439-9976.

Glenmont Community Church, 1 Chapel Lane, Glenmont, 436-7710.

Gospel Fellowship, 10 Rockefeller Road, Delmar, 482-2132.

King's Chapel, 434 Route 9W, Glenmont, 426-9955.

KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 10 a.m. meditation, 11 a.m. tea, 11:30 a.m. study course, 374-1792.

Mount Moriah Ministries, Route 9W, Glenmont, 426-4510.

Slingerlands Community UMC, 1499 New Scotland Road, 439-1766.

Solid Rock Church, 1 Kenwood Ave., Glenmont, 439-4314.

South Bethlehem United Methodist Church, 65 Willowbrook Ave., 767-9953.

St. Michael's Shrine, Beacon Road at Route 9W, Glenmont, 462-2016.

St. Stephen's Episcopal Church, Poplar Drive and Elsmere Avenue, Delmar, 439-3265.

St. Thomas The Apostle Church, 35 Adams Place, Delmar, 439-4951.

Unity of Faith Christian Fellowship, 436 Krumkill Road, North Bethlehem, 438-7740.

NEW SCOTLAND

WORSHIP INFORMATION

All Nation's Baptist Church, 2558 Western Ave., Guildertland, 475-9086, ESL and Bible classes, 9 a.m.; Worship Services, 10 a.m. Clarksville Community Church, Route 443, 768-2916.

Family Worship Center, 92 Lower Copeland Hill Road, Feura Bush, 768-2021.

Faith Temple, New Salem, 765-2870.

First United Methodist Church, 68 Maple Ave., Voorheesville, 765-2895.

Jerusalem Reformed Church, Route 32, Feura Bush, 439-0548.

Mountainview Evangelical Free Church, Route 155, Voorheesville, 765-3390.

Onesquethaw Reformed Church, Tarrytown Road, Feura Bush, 768-2133.

New Scotland Presbyterian Church, Route 85, 439-6454.

St. Matthew's Church, Mountain View Road, Voorheesville, 765-2805.

Unionville Reformed Church, Delaware Turnpike, 439-5001.

United Pentecostal Church, Route 85, New Salem, 765-4410. DAY —

Monday, Nov. 12

BETHLEHEM

FOOD STAMP ASSISTANCE PROGRAM

Bethlehem Senior Services sponsors free program where representative of Legal Aid Society will help with food stamp applications. Appointment required, 10 a.m. to noon, Bethlehem Senior Services office, 445 Delaware Ave., 439-4955 ext. 173 or 174.

PEACE VIGIL

Bethlehem Neighbors For Peace, weekly peace vigil, Four Corners intersection, Delmar, 5-6 p.m., information, 439-1968.

PLAYGROUP

First United Methodist Church, 428 Kenwood Ave. Meets 10:30 a.m. to noon

in the nursery. The playgroup provides opportunities for child care takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976 ext. 228.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Also Wed. 2-5:30 p.m. Information, 439-0503.

DELMAR KIWANIS

Tool's Family Restaurant, Delaware Avenue, 6:15 p.m. Information, call Chris at 439-3026 or Gary at 439-9629

CLASS IN JEWISH MYSTICISM

Delmar Chabad Center, 109 Elsmere Ave., 7 p.m. Information, 439-8280.

INDOOR PISTOL SHOOTING

Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

DELMAR COMMUNITY ORCHESTRA

Rehearsal, Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-7749.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m.

NEW SCOTLAND

QUARTET REHEARSAL

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

Tuesday, Nov. 13

DELMAR

WEIGHT WATCHER DELMAR MEETINGS

The local chapter of Weight Watchers meets today at 12:15 p.m. at St. Stephen's Church, Delmar.

BETHLEHEM

FARMERS MARKET (SUMMER ONLY)

Market and Chicken Barbecue, 2:30 p.m. to 6 p.m. rain or shine, First United Methodist Church, 428 Kenwood Ave.

TREASURE COVE THRIFT SHOP

First United Methodist Church, 428 Kenwood Ave., 10 a.m. to 6 p.m. Gently used brand name clothing and accessories at very low prices.

CHURCH LUNCH (JUNE, JULY, AUGUST)

Sponsored by the South Bethlehem United Methodist Church, Willowbrook Avenue, weekly on Tuesdays, 11:30 a.m. to 1 p.m. Information, 767-9953.

PRAYER MEETING

At Gospel Fellowship, 7 p.m., 10 Rockefeller Rd., Delmar, beneath Normans Kill bridge, information 482-2132.

ELSMERE FIRE COMMISSION

firehouse, Poplar Drive, 7:15 p.m. Information, 439-9144.

A.W. BECKER PTA

Becker Elementary School, Route 9W, 7:30 p.m. Information, 767-2511.

BINGO

at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

SLINGERLANDS FIRE COMMISSION

firehouse, 8 p.m. Information, 439-4734.

NEW SCOTLAND

PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

NIMBLEFINGERS/QUILTERS (SEPTEMBER-JUNE ONLY)

Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

Wednesday, Nov. 14

BETHLEHEM

DELMAR ROTARY

Normanside Country Club, 7:30 a.m. Information, 767-2930.

PLAYGROUP MEETING

First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for childcare takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

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Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

SECOND MILERS (OCTOBER THRU JUNE)

Normanside Country Club, noon, information, 439-2752.

SOLID ROCK CHURCH

evening prayer and Bible study, 7 p.m., 1 Kenwood Ave. Information, 439-4314.

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439-7922

PLUMBING

WMD Plumbing

Plumbing Michael Dempf
475-0475

Advertise in the Spotlight Newspapers Service Directory!

Is your ad here?
Do you want to advertise with us?
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RECYCLE

Mike's STUMP REMOVAL

Free Estimates/Insured
Reliable Service
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Call to place your ad today!
BUSINESS DIRECTORY
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WM H. ROTHER PAINTING
INTERIOR - EXTERIOR

Fine Quality Workmanship
INSURED • REFERENCES • FREE ESTIMATES
381-6618 364-2007

Artisan Contracting
Water • Sewer • Septic

- Installation and Repair
- Drain Cleaning
- Camera Inspection
- Foundation Repair

Excavation Fully Insured
378-9111

Do you want to advertise with us?
Call: **439-4940**

Your Local Plumber
Call: **Bob McDonald**

Licensed Master Plumber • Fully Insured
PLUMBING • HEATING
HOME REPAIRS • NEW INSTALLATIONS
Serving the Community Since 1978
756-2738

SNOWPLOWING

SMALL ENGINE MOBILE MEDIC

House Call Repairs • Tune-ups, Maintenance, Repairs
Why toss it when I can fix it?
YARD MACHINE, TORO, ARIENS,
CRAFTSMAN, BOLENS, M.T.D.
Mike 518.489.5720
518.320.4512 (cell)

Don't let these little ads fool you!
They can really work for your business.
Call **439-4940**

Ring up more \$ales!

When you call us and put our
Services in the Spotlight ads to work for you!

These little ads can make a BIG difference for your business!

Call **439-4940** to place your ad today.

Services *in the* Spotlight

a guide to services for your home

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight • Malta Spotlight • Saratoga Spotlight • Milton Spotlight

Spotlight Classifieds

AUTOMOTIVE FOR SALE

1996 Ford Taurus. Big, 4 door. 180,000+ miles. Great Heat and AC! \$1000 OBO. 813-0026

2000 Dodge Neon only \$225! 1996 Nissan Maxima only \$800! Buy Police Impounds! More Cars/ Trucks/ SUV's from \$500! For listings 800-546-5204 ext T309

2001 Nissan Maxima GLE 3 liter, automatic, loaded, female owned, maintained, new brakes front/rear, needs nothing, runs super, 4 extra snow tires, asking \$9,200. Call 767-3427, leave message.

AUTOS WANTED

DONATE YOUR CAR - Help Families in Need! Fair Market Value Tax Deduction Possible through Love Inc. Free Towing. Non-Runners OK. Call for Details #800-549-2791.

Donate Vehicle, running or not accepted, FREE TOWING TAX DEDUCTIBLE, NO-AHS ARC, Support No Kill Shelters, Animal Rights, Research to Advance Veterinary Treatments/ Cures 1-866-912-GIVE.

BEAUTY SHOP RENTAL

SLINGERLANDS: 2-chair Beauty Shop/Barber Shop, off-street parking \$550/month. 869-9081.

BUSINESS OPPORTUNITIES

ALL CASH CANDY ROUTE. Do you earn \$800 in a day? Your own local candy route. Includes 30 machines and candy. All for \$9,995. CALL 888-771-3496

CAREER TRAINING

TRACTOR TRAILER TRAINING Accredited by ACCSCT courses certified PTDI, Student Loans, Pell Grants, Veterans Benefits if qualified. National Tractor Trailer Schools Buffalo/ Liverpool NY. Brochure 1-888-243-9320. www.ntts.edu

CHILD CARE NEEDED

Occasional/part-time sitters needed weekdays for two children, 6 & 2 years. Flexible schedule and convenient location! Call 439-4211 for more information.

Seeking a dependable person to fulfill in-home infant card needs. Starting late November. 4-5 weekdays 8am-noon. Near SUNY Albany. Reliable transportation, references. Hourly/weekly salary negotiable. 813-4437 for interview.

CLEANING SERVICES

HUNGRY LEAF RAKER!

Call Tim 439-2924

HOLIDAYS ARE HERE -cleaning, errands, reliable experience. Holiday Specials! Call Angela for details 767-2026

HOUSE PAINTING, HOUSE WINDOW CLEANING & GUTTER CLEANING. Free estimates, Low prices. Call 452-1551.

HOUSE CLEANING: Honest, reliable, References. I have Some Openings Available. Please leave a message 527-4005

HOUSE CLEANING: Residential, Dependable, Experienced, Reasonable rates. Jackie: 464-1844.

ESTATE SALES

Estate Sale: Nov. 9th-10th 8:30-4, 11th 9-2, 1619 Helderberg Trail, Berne (near Berne Store). NO EARLY BIRDS.

FIREWOOD

DRY SEASONED HARDWOOD, Cut, Split, and delivered. \$110 Facecord. 518-312-0934

Mixed seasoned hardwoods. Cut, split, and delivered. \$90 a face, \$225 a cord. 756-9419.

Prime hardwoods. Sun seasoned/split. Full Half cord. Fashionably delivered. 1/2 cord = 100 gallons oil. \$185. 518-669-9512.

Seasoned Fire Wood. \$90.00 a face cord. Call 797-3729

SEASONED, MIXED HARDWOODS: Full cords, \$200. face cords, \$95. Jim Haslam, 439-9702.

FOR SALE

Antique Buggy Seat \$225, True Treadmill gym quality \$950, Boardman and Gray Upright Piano \$175. 885-5739

Bedroom, twin bed, dresser, chest, night table, desk, mirror, \$250. Excellent condition. 482-7180 4-8pm

Coffee Table with two end tables. Oak with Glass tops. \$125.00. 783-5591 or 783-0841.

FURNITURE FOR SALE

Upholstered stool mauve \$35. 885-2637.

GRAND OPENING

B'eyond Style Hair Studio. Grand Opening! Two Locations: 11 Colvin Ave, 453-0050, 573 New Scotland, 454-0050. Special: \$75 highlights w cut.

HANDYMAN

BEST BET HANDYMAN, Home Repairs & Maintenance, Electrical, Plumbing, Gutters, etc., Senior Discounts, Call 434-5612.

Experienced and affordable Handyman in CAPITOL DISTRICT. Any work inside or out, licensed and insured. References available. 221-4177.

HUNTERS

Wanted to Buy: Wild Ginseng Roots, Top Cash Paid for Quality Roots. Serving the Ginseng Hunters since 1936. Cash Paid, Fair Dealing. Dave Hicks- 518-632-5422

LAWN SERVICES

ALWAYS THE BEST CLEAN UP - Landscaping. Capital District Northern Greens. 518-320-0260. Albany/Schenectady County.

LOST

FIND SOMETHING? Advertise it free. Call 439-4940.

MASONRY

Look for Best Ever Masonry in our Service Directory for your Masonry needs! 518-355-0632

MEDICAL EQUIPMENT

GET YOUR NEW POWER WHEELCHAIRS, POWER SCOOTERS AND HOSPITAL BEDS AT ABSOLUTELY NO COST TO YOU!! FASTEST DELIVERY AVAILABLE!! CALL TOLL FREE TO QUALIFY. 1-800-470-7562

MERCHANDISE FOR SALE

CHERRY BEDROOM SET. Solid Wood, never used, brand new in factory boxes. English Dovetail. Original cost \$4500. Sell for \$795. Can deliver. 917-731-0425

MISCELLANEOUS FOR SALE

Firestone Tires - Winter-tires: P185/70R14. \$50 for the pair. 269-1818.

Assorted toys/ videos for toddler- boys to age 6. Call for info 885-2637.

DISNEY CHARACTER Music Boxes. Best offer. 885-2637.

ITALIAN LEATHER LIVING ROOM SET in original plastic, never used. Original price \$3,000, sacrifice \$975. Bill 347-328-0651

CHERRYWOOD DINING SET- 10 PCS. SOLID WOOD, ORIGINAL BOX, CAN DELIVER. ORIGINAL COST \$6,500, SELL FOR \$1599. JOHN 212-380-6247

Various custom HO-scale model railroad locomotives and rolling stock. All are priced to move. Please call Rich at 785-8751 & leave message or email me at rwenksen@verizon.net

MUSIC LESSONS

GUITAR LESSONS: Guitarist available for private lessons. Your home or mine. 20+ years experience. Call Rob, 810-6378..

Guitar Lessons. Also banjo, mandolin, fiddle and harmonica. Available in Delmar, Colonie, Latham and Clifton Park. All styles, ages, and skill levels. 25 years experience. 767-9595. www.celticguitar-music.com

PIANO TUNING & REPAIR

Piano Tuning and Repair. Carl A. Treiber. Experienced and insured. 765-4095.

PROFESSIONAL TUNING and REPAIR, Michael T. Lamkin, Registered Piano Technician, Piano Technicians Guild. Over 25 years. 427-1903.

PUPPIES

Gender: Female Age: 12 weeks Color/Markings: red with white markings Size at Maturity: Medium Bloodlines: Yes Champion Sired: No For more information email: md1_ryan@yahoo.com

English Bulldog Puppies, looking for a nice, lovely and caring family with good home which will be happy to live with a nice family as well. The Pups have 100% Health Guarantee, Current on Vaccinations, Vet Checked, Shots and Worms up to date, Love able and Adorable. You can get back to me via email mikepet1980@yahoo.com.

Puppies Available Now!! Cute AKC registered Male and Female English Bulldog puppies for sale. Healthy, lots of wrinkles, big head and big chest. Champion Bloodlines. All pups come with a one year written guarantee, immunizations to date, de-wormings to date, 60 days free health insurance and ready to give lots of hugs and kisses. They have excellent Champion bloodlines, 67 champions in 5 generations, with personalities to match.... Puppies Available Now!! For More information contact: Nowbreeders@yahoo.com

SITUATION WANTED

AIDES AVAILABLE: Mature, Reliable, Specializing in Alzheimer's, stroke, rehab & eldercare. Bonded & insured. Over 30 yrs. experience. Clean background checks. 312-7404.

SPECIAL SERVICES

EARN UP TO \$550 WEEKLY Helping the government PT No Experience. Excellent Opportunity. Call Today!! 1-800-488-2921 Ask for Department D-9

TUTORING

MATH TUTORING HIGH SCHOOL All Math levels including SAT Prep. 36 Years Experience. NYS Certified. Also Interested in Albany Academy Students. 439-0610. SAVE THIS NUMBER!

WANTED

ALL ANTIQUE AND VINTAGE CLOTHING: Men's & Women's- 1960's and older. Dresses, suits, gowns, bags, shoes, costume jewelry and fancy linens. Maureen: 434-4312.

BUYING: All Old Costume and Better Jewelry. Call 439-6129.

Classified Information



Office Hours Deadline

8:30 AM - 5 PM
Monday-Friday
Deadline: Thursday at 4PM for following week



Mail Address • In Person

Spotlight Newspapers
P.O. Box 100
Delmar, NY 12054
125 Adams St.
Delmar, NY 12054



READERSHIP:
12 Newspapers;
113,400
Readers



Phone • Fax

(518) 439-4940
(518) 439-0609 Fax

E-MAIL: spotclas@nycap.rr.com

Classified Ads Appear In All Twelve Papers

In Albany County

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight

In Schenectady County

Niskayuna Spotlight • Scotia-Glenville Spotlight • Rotterdam Spotlight

In Saratoga County

Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight
Malta Spotlight • Saratoga Spotlight • Milton Spotlight

Classified Rates

Private Party Classifieds - Line Ads - Twelve paper combo - \$17.00 for 15 words 50 cents for each additional word.

Commercial Classifieds - Line Ads - Twelve paper combo - \$19.95 for 15 words 50 cents for each additional word. Multiple insertion discounts available. Please call for information.

All line ads must be pre-paid in order for placement.

Ads will appear in all twelve newspapers, as well as on the internet for the number of weeks requested.

Order Form

Classified Category: _____

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Home Phone: _____

Work Phone: _____

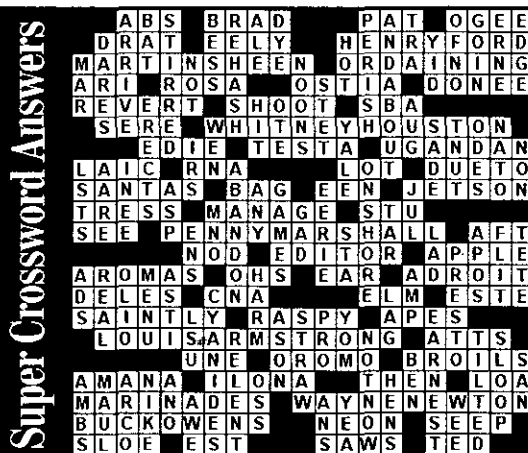
Amount Enclosed: _____

Number of Weeks: _____

MasterCard or Visa# _____

Expiration date: _____

Signature: _____



Would You Like To Advertise
Your Business In Our Papers?

Give Us A Call At:

439-4949

To Place Your Ad Today!

The Spotlight • Colonie Spotlight • Loudonville Spotlight
Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight
Burnt Hills Spotlight • Malta Spotlight
Saratoga Spotlight • Milton Spotlight

Real Estate Classifieds

LAND FOR SALE

10 ACRES. MAGNIFICENT STONEWALLS. EZ Commute to Albany Area. Surveyed - Subdividable. Excellent Financing. Only \$79,900. Call Today! 1-866-789-8074 X.3240

NEW SCOTLAND 33 ACRES - VIEWS INCREDIBLE STONEWALLS. ONLY \$149,900 Excellent financing. Quiet location. Surveyed. Call 1-866-789-8074

LAND/LOTS

ADIRONDACK/ TUG HILL LAND SALE! 8 acres- was 19,900, NOW \$14,900! 10 acres- was 25,900, NOW \$19,900! 50 acres- was 79,900, NOW \$69,900! Ad-joins State Land, ponds, direct snowmobile trail access, views, apple orchards, trophy deer! Ez terms! Hurry! 800-890-1297

REAL ESTATE FOR RENT

DELMAR DUPLEX: 2BR, laundry hook-up, garage, \$825+ utilities. No dogs. Avail. Jan 1 or negotiable. Security required. 588-9201.

1500 + Utilities. Chadwick Square - Glenmont, 2 story 2 BR + Loft (2nd floor), 2-1/2 Bath, hardwood floors, all appliances, gas Climate Control system, 2 car garage, Pool & Tennis Court. Sec. + References. Available Sept 15th. Call Karin @ 646-245-6556.

3 bedroom apartment \$800 and 2 bedroom apartment for \$700 and 2 bedroom house rental on lake \$800 with one car garage, call 439-0600

DELMAR \$1,200 plus utilities - Lg. Kitchen, 3 Bedroom, Den, 2 bath, 2-story, Dead-End Street. Sec. and Ref. Required. Karin 212-665-5251

DELMAR- 1BD hardwood floors \$705 1st floor. Heat and hotwater included. Available 11/5. 456-6644

For those who enjoy a care-free lifestyle made affordable...Mariposa welcomes you, 2BR & Bath. Property Feats. include: Air conditioning, Cable ready, Carpeting, Ceiling fan, Walk-in closets, Dishwasher, Garbage disposal, Refrigerator, Laundry room, Balcony/Deck/Patio, Assigned, Covered, Fitness center, Playground, Pool, Spa/Hot tub, Controlled access, Extra storage units. Contact ryan.mariposa@yahoo.com

Glenmont, 2 Bedroom Apartment. Clean, new appliances, washer/dryer hookup. \$745 + utilities. 439-4962 or 210-5119

Small Country, 1BD. \$600/month, util. included. Security deposit, Reference of current landlord. 756-7833.

REAL ESTATE (SALES)

UG Sells Houses Too.com. Looking to invest in real estate? We have properties! HomeVestors "Ameri-

ca's #1 Home Buyer". Each franchise office is independently owned and operated. Call: 800-301-3223.

VACATION RENTALS

MADIERA BEACH FLORIDA WATERFRONT HOME. Sleeps Six with Pool and Dock Walk to Gulf Beaches. No Minimum Stay. \$2,800.00 Monthly. \$1,200.00 Weekly. Negotiable. 489-2341. www.floridagulfrental-home.com.

Employment Classifieds

HELP WANTED

All employment advertising in this newspaper is subject to section 296 of the human rights law which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, U.S. Code, Chap. 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in

violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

ACT NOW - At-home Wine Tasting party plan looking for consultants. Incredible opportunity for men and women. Free training! Call 518-281-8433. This will be the best "job" you've ever had!

A small company is looking for part time Work from home account managers and sales representatives, it pays 4000 Dollars a month plus benefits and takes only little of your time. Please contact us for more details.Requirements

- Should be a computer Literate. 2-3 hours access to the internet weekly. Must be over 19yrs of age. Must be Efficient and Dedicated.If you are interested and need more information, Please send e-mail to hopejose2002@yahoo.com for any Questions for Details on Pics and Price.

Are you bight, ambitious and like helping people? Join our team. Call Maryann 783-7897

DRIVER/DELIVERY

Must have own vehicle, cargo van or larger. Excellent rates. Call: 463-2501 or apply in person at: 926 Broadway, Albany

Drivers: Home Daily! \$2000 sign on! Paid holiday and vacation! Excellent benefits! CDL-A 800-334-1314 ext.178. www.wadhams.com

Driver -Van driver - PT, transport adults with developmental disabilities to/from our Day program. Clean NY license req'd, CDL pref'd. Hours are 7-9 a.m. and 2:30-4:30 p.m., M-F (20 hours/week). Good benefits, friendly team environment. Fax Resume to 459-0725 or apply to Transport. Director, New Visions, 334 Krumkill Road, Slingerlands, NY 12159 518-459-0750. EOE/AA/F/M/D/V

GiftShop-Holiday/Seasonal help. The Parisian Cottage is seeking customer service oriented sales associate for our exclusive gift shop. Must be flexible and available days, eves, Sat & Sun. Retail exp pref. Prof. appear, enthusiasm and love of the home and garden required. Voorheesville (next to Nicol's Shop n'Save) Call Donna at 209-5002 or fax letter of interest with exper. to 765-3909.

HAIR STYLIST - Booth rental or commission. Glenmont. Ask for Joanne at 455-8737

High-Paying Postal Jobs! No Experience Required! DON'T PAY for information

about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit www.ftc.gov to learn more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

Music Director/Organist. A progressive American Baptist and United Church of Christ congregation in downtown Schenectady seeks a part-time person to lead its sanctuary choir with both musical excellence and spiritual inspiration. Send resume to Emmanuel-Friedens Church 218 Nott Terrace, Schenectady, NY 12307

NOW AVAILABLE! 2007 POST OFFICE JOBS. \$18-\$20/ HR. NO EXPERIENCE, PAID TRAINING, FED BENEFITS, VACATIONS. CALL 1-800-910-9941 TODAY! REF #NY07

REPO AGENTS needed to cover Syracuse, Rochester and Albany. Must have own truck or equipment. Clean driving record a must. Email cyberasset@bex.net

Seasonal - light yard work. 10 to 15 hours a week. Earn \$100-175 weekly. Perfect for someone who is retired and bored. For more information call 458-8601, ask for Barry.



Spotlightnews
A.COM

In Print and Online!

Notice of Qualification of
QPPII - 41-46 50 Street LLC.
Authority filed with Secy.
of State of N.Y. (SSNY) on
9/13/07. Office location:
Albany County, LLC formed
in Delaware (DE) on 9/10/07.
SSNY designated as agent
of LLC upon whom process
against it may be served.
SSNY shall mail process to

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Articles of Organization of METROPOLITANS CHOCOLATE, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on September 19, 2007 effective on the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC, 129 Birchwood Drive, Schenectady, New York 12303, which shall be the principal business location. The purpose for which the LLC is formed is to engage in any lawful act or activity for

LEGAL NOTICE

which limited liability companies may be organized under the LLC. LD-17285 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of ALPHA PROPERTY DEVELOPMENT LLC, a domestic Limited Liability Company, Arts. of Org. filed with the SSNY on 05/03/07. Office location: Albany County, SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail a copy of process to: The LLC, PO Box 46, Glenmont, NY 12077. Purpose: Any Lawful Purpose. LD-17286 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Hollywood Tans, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 5/22/07. Office location: Albany County, LLC formed in Delaware (DE) on 4/23/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: holding company. LD-17287 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: Meredith Jayne Interior Spaces, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on August 16, 2007. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: Towns, Bartkowski & DeFio Kean, P.C., 450 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-17291 (November 7, 2007)

LEGAL NOTICE

Notice of formation of 1805 Best Avenue B LLC. Articles of Organization filed with the New York Secretary of State on August 24, 2007. Office location: Albany County, New York Secretary of State designated as agent of LLC whom process against may be served. New York Secretary of State shall mail process to: 1349 Broadway, Albany, NY 12204. Purpose: any lawful activity. LD-17292 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Chelmsford Associates, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 5/2/07. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 6 Schuyler Meadows Rd., Loudonville, NY 12211. Purpose: any lawful activities. LD-17293 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of TCL GCP, LLC. Authority filed with Secy. of State of NY (SSNY) on 9/19/07. Office location: Albany County, LLC formed in Delaware (DE) on 3/9/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Delaney Corporate Services LTD, 41 State St., Ste 405, Albany, NY 12207. Address to be maintained in DE: 615 South DuPont Hwy, Dover,

LEGAL NOTICE

DE 19901. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-17294 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of DMW GCP, LLC. Authority filed with Secy. of State of NY (SSNY) on 9/19/07. Office location: Albany County, LLC formed in Delaware (DE) on 9/5/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Delaney Corporate Services LTD, 41 State St., Ste 405, Albany, NY 12207. Address to be maintained in DE: 615 South DuPont Hwy, Dover, DE 19901. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-17295 (November 7, 2007)

LEGAL NOTICE

ABRAHAM FAREWOOD STEEL TRADE LLC was filed with the SSNY on 09/17/07. Office: Albany County, SSNY Designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Vanguard Corporate Services, Ltd., 307 Hamilton Street, Albany, NY 12210. The Registered Agent is the SSNY. Purpose: any lawful purpose. LD-17296 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of REALOGY GLOBAL SERVICES LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 9/17/07. Office location: Albany County, LLC formed in Delaware (DE) on 12/18/96. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to principal business location: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-17307 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of National Coordination Alliance LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 8/27/07. Office location: Albany County, LLC formed in California (CA) on 7/2/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC-Lawyers Incorporating Service, P.O. Box 526036, Sacramento, CA 95852. Arts. of Org. filed with CA Secy. of State, 1500 11th St., 3rd Fl., Sacramento, CA 95814. Purpose: any lawful activity. LD-17302 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Coldwell Banker Residential Real Estate LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 8/27/07. Office location: Albany County, LLC formed in California (CA) on 7/2/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC-Lawyers Incorporating Service, P.O. Box 526036, Sacramento, CA 95852. Arts. of Org. filed with CA Secy. of State, 1500 11th St., 3rd Fl., Sacramento, CA 95814.

LEGAL NOTICE

Purpose: any lawful activity. LD-17303 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Realogy Operations LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 8/27/07. Office location: Albany County, LLC formed in California (CA) on 7/2/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC-Lawyers Incorporating Service, P.O. Box 526036, Sacramento, CA 95852. Arts. of Org. filed with CA Secy. of State, 1500 11th St., 3rd Fl., Sacramento, CA 95814. Purpose: any lawful activity. LD-17304 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of NRT NEW YORK LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 9/17/07. Office location: Albany County, LLC formed in Delaware (DE) on 8/20/01. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to principal business location: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-17305 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Burdoff LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 9/17/07. Office location: Albany County, LLC formed in Delaware (DE) on 6/14/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to principal business location: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-17306 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY. NAME: JACKSON HEIGHTS OBS PODIATRY PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 05/14/07. The latest date of dissolution is 12/31/2017. Office location: Albany County, SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC, c/o Law Offices of Cushner & Garvey, LLP, 155 White Plains Road, Tarrytown, New York 10591. Purpose: For the practice of the profession of Podiatry. LD-17310 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: NOSH SPECIALTY FOOD & BEVERAGES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/24/07. The name was amended to NOSH LLC on 09/25/07. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 22 Alden Court, Delmar,

LEGAL NOTICE

New York 12054. Purpose: For any lawful purpose. LD-17311 (November 7, 2007)

LEGAL NOTICE

NOTICE FOR PUBLICATION FORMATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206 (c) 1. The name of the limited liability company is 41 Roberts Drive, LLC. 2. The date of filing of the articles if organization with the Department of State was April 26, 2007. 3. The county in New York in which the office of the company is located is Albany. 4. The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to c/o Jeremiah F. Manning, Esq., 49 OhDox Road, Delmar, NY 12054. 5. The latest date upon which the company is required to be dissolved is August 31, 2069. [Note: use only if a specific date of dissolution is included in the Articles of Organization.] 6. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York. [Note: if general purpose clause is appropriate, use "any and all business activities permitted under the laws of the State of New York".] LD-17313 (November 7, 2007)

LEGAL NOTICE

NOTICE FOR PUBLICATION FORMATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206 (c) 1. The name of the limited liability company is 71 Lincoln Avenue, LLC. 2. The date of filing of the articles if organization with the Department of State was April 26, 2007. 3. The county in New York in which the office of the company is located is Albany. 4. The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to c/o Jeremiah F. Manning, Esq., 49 OhDox Road, Delmar, NY 12054. 5. The latest date upon which the company is required to be dissolved is August 31, 2069. [Note: use only if a specific date of dissolution is included in the Articles of Organization.] 6. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York. [Note: if general purpose clause is appropriate, use "any and all business activities permitted under the laws of the State of New York".] LD-17314 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of FLY-VENTURES LLC. Arts. of Org. was filed with SSNY on 3/27/03. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17321 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of IMR INTERNATIONAL MARKET RESEARCH LLC. Arts. of Org. was filed with SSNY

LEGAL NOTICE

on 4/28/03. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17322 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of R.S.S. ROAD SURFACE SUPPLIER LLC. Arts. of Org. was filed with SSNY on 10/24/03. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17323 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of UNIBASE LLC. Arts. of Org. was filed with SSNY on 10/08/03. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17324 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of BRISTLE LLC. Arts. of Org. was filed with SSNY on 11/29/05. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17325 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of FOUNDATION JIRANI LLC. Arts. of Org. was filed with SSNY on 11/29/05. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17326 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of PER-SPEX CONSULTANTS LLC. Arts. of Org. was filed with SSNY on 6/06/03. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17327 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of RAHINI LLC. Arts. of Org. was filed with SSNY on 12/06/04. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same

LEGAL NOTICE

address. Purpose: all lawful activities. LD-17328 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of VOLLEY & FASHION AGENCY LLC. Arts. of Org. was filed with SSNY on 12/06/01. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17329 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of CALMI & LIAISON TRADING AMERICA LLC. Arts. of Org. was filed with SSNY on 10/02/07. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17330 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of SPORTS CAPITAL LLC. Arts. of Org. was filed with SSNY on 9/16/03. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17331 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: IOCOVELLO & SONS BUILDERS & REMODELERS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/21/07. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Anthony Iocovello, 2988 Lawton Avenue, Bronx, New York 10465. Purpose: For any lawful purpose. LD-17332 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: PAG WINE & LIQUOR LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/27/07. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 9 Toronado Drive, Latham, New York 12110. Purpose: For any lawful purpose. LD-17333 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: PRO PAINT SQUAD LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/28/07. The latest date of dissolution is 12/31/2099. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1375 Broadway, Suite 600, New York, New York 10018.

LEGAL NOTICE

Purpose: For any lawful purpose. LD-17334 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BASILICO KLEIN LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/24/07. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 27 West 20th Street, Suite 600, New York, New York 10011. Purpose: For any lawful purpose. LD-17335 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: VELOCITY ASSET GROUP, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/24/07. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 315 Flatbush Avenue, Suite 405, Brooklyn, New York 11217. Purpose: For any lawful purpose. LD-17336 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Virgin Galactic, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 7/23/07. Office location: Albany County, LLC formed in Delaware (DE) on 7/27/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-17337 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of MIL 509 West 212-I, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 9/20/07. Office location: Albany County, LLC formed in Delaware (DE) on 9/19/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Paracorp Inc., 41 State St., Ste. 405, Albany, NY 12207. DE address of LLC: Paracorp Inc., 40 East Division St., Ste. A, Dover, DE 19901. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: real estate investment. LD-17338 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of All Boro Consulting LLC. Arts. of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/19/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17339 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Cookiejar Capital LLC. Arts. Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/20/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs

LEGAL NOTICE

Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17340 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Malcolm Lustgarten LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/21/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 210 E.63rd St., Apt. 6B, New York, NY 10021. Purpose: any lawful activity. LD-17341 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Seven Blades LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 08/24/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17342 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Driggs Ave Studios LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/25/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17343 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Ramiz & Sons LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 10/01/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17344 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of M & J Elite Properties, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/25/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17345 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Pai Studio LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/25/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17346 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Berkley 314, LLC, filed Articles of Organization with the New York Secretary of State on September 19, 2007. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, 677 Broadway, Albany, NY

LEGAL NOTICE

12207. The street address of the principal business location is 677 Broadway, Albany, NY 12207. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-17360 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ALLIED BROADCASTING SATELLITE, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/01/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1140 Avenue of the Americas, Suite 1800, New York, New York 10036. Purpose: For any lawful purpose. LD-17363 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of BULL & BEAR ADVISORY LLC. Arts. Of Org. was filed with SSNY on 9/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17364 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Unicorner Texas, LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 9/25/07. Office location: Albany County. LLC formed in Texas (TX) on 10/22/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. TX address/principal business location of LLC: 1701 Hillebrand Blvd., Houston, TX 70055. Arts. of Org. filed with TX Secy. Of State, P.O. Box 13697, Austin, TX 78711. Purpose: any lawful activity. LD-17365 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Doramati Of NY, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/24/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17373 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Maoz 8th Street, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 08/31/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17374 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Excellence 777, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 08/24/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any

LEGAL NOTICE

lawful activity. LD-17375 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Accessible Brokers, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/25/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17379 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED PARTNERSHIP. NAME: DOONBEG FUND, LP. Application for Authority was filed with the Secretary of State of New York (SSNY) on 09/19/07. The LP was originally filed with the Secretary of State of Delaware on 09/14/07. The duration is perpetual. Office location: Albany County. SSNY has been designated as agent of the LP upon whom process against it may be served. SSNY shall mail a copy of process to the LP, 800 Third Avenue, 30th Floor, New York, New York 10022. LD-17380 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: GOAT ENTERPRISES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/16/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ross Wisdom, CPA, PLLC, 29 Broadway, Suite 1412, New York, New York 10006. Purpose: For any lawful purpose. LD-17381 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: WORLD TALK WIRELESS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/02/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 69 Rogers Avenue, Brooklyn, New York 11216. Purpose: For any lawful purpose. LD-17382 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of WESTIN HOLDINGS LLC. Arts. of Org. was filed with SSNY on 10/05/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17386 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of STATEN HOLDINGS LLC. Arts. of Org. was filed with SSNY on 10/05/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Cor-

LEGAL NOTICE

porate Services Inc. at the same address. Purpose: all lawful activities. LD-17387 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of BUSHWICK ENTERPRISE GROUP II LLC. Arts. of Org. was filed with SSNY on 10/09/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: C/O THE LLC, 2 CROSS ST, BUILDING 2, LAKEWOOD, NJ 08701. Purpose: all lawful activities. LD-17388 (November 7, 2007)

LEGAL NOTICE

Notice of formation of Limited Liability Company (LLC). Name of LLC: Revolutionary Structures, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on October 3, 2007. Business location: 69 Trinity Place #G3, Albany, New York 12202, Albany County. SSNY has been designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process against the LLC served upon it to: Amy Orava, 69 Trinity Place #G3, Albany, NY 12202. LLC shall be manager managed. LLC has been formed to engage in any lawful act or activity. LD-17390 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Newport Television Holdings LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 10/1/07. Office location: Albany County. Principal business location: 8415 E. 21st Street North, Ste. 120, Wichita, KS 67206. LLC formed in Delaware (DE) on 4/17/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-17400 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Newport Television LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 9/27/07. Office location: Albany County. Principal business location: 8415 E. 21st Street N, Ste. 120, Wichita, KS 67206. LLC formed in Delaware (DE) on 4/17/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-17401 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Tastes on the Fly New York, LLC. Arts. Of Org. filed with Secy. Of State of N.Y. (SSNY) on 9/27/07. Office location: Albany County. Principal business location: c/o Albert A. DeNapoli, Esq., Tarlow, Breed, Hart & Rodgers, P.C., 101 Huntington Ave., Ste. 500, Boston, MA 02199. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity. LD-17402

LEGAL NOTICE

(November 7, 2007)

LEGAL NOTICE

TOWN OF BETHLEHEM PUBLIC HEARING ANNUAL PLAN FOR 2008 TOWN OF BETHLEHEM SECTION 8 HOUSING CHOICE VOUCHER PROGRAM DECEMBER 12, 2007 - 6:15 P.M. The Town Board of the Town of Bethlehem will hold a public hearing on Wednesday, December 12, 2007 at 6:15 p.m. at the Town Hall, 445 Delaware Avenue, Delmar, New York 12054 for the purpose of receiving comments from the public on the Town's proposed Agency Plan for 2008 for the Section 8 Housing Choice Voucher Program. Copies of the Agency Plan and all supporting documentation are available for review by the public at the following locations: Town of Bethlehem

Joseph E. Mastrianni, Inc. 445 Delaware Avenue 242 Union Street Delmar, NY 12054 Schenectady, NY 12305 (518) 439-4955

(518) 372-4739 Ext. 26. All parties in interest and citizens will have an opportunity to be heard at the said hearing. The Town of Bethlehem provides reasonable accommodations for the disabled. Disabled individuals who need assistance in order to participate should contact the Town Clerk's office at 439-4955, Ext. 1183. Advanced notice is requested.

BY ORDER OF THE TOWN BOARD TOWN OF BETHLEHEM Kathleen A. Newkirk, MMC, RMC TOWN CLERK Dated: October 10, 2007 LD-17403 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Discount Energy, LLC. Authority filed with Secy. Of State of NY (SSNY) on 9/27/07. Office location: Albany County. LLC formed in Delaware (DE) on 9/20/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave of the Americas, Ste 501, NY, NY 10001. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activities. LD-17411 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of My Trip Productions LLC. Arts. of Org. filed with Secy. Of State of NY (SSNY) on 10/4/07. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 601 West 26th, 17th Floor, NT, NY 10001. Purpose: any lawful activities. LD-17413 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name of LLC is Albany Pegasus Capital, LLC. Articles of Organization of LLC were filed with NY Secretary of State, under Section 203 of Limited Liability Law of State of New York, October 2, 2007. Purpose of LLC is to engage in any lawful act or activity. Office of LLC is located in Albany County. Secretary of State designated as agent upon whom process against LLC may be served. Address to which Secretary of State shall mail a copy of process is 52 Corporate Circle, Albany, New York 12203.

LEGAL NOTICE

LD-17414 (November 7, 2007)

LEGAL NOTICE

Legal Notice of Formation of Capital Title Agency, LLC, a Delaware LLC, formed May 22, 2007. Appl. of Authority filed on June 13, 2007 w/ the SSNY. Office Location: Albany County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 27 Starr Road, Troy, NY 12182. Address of Sec. of State in jurisdiction of organization where Art. Of Org. are filed: 401 Federal Street, Suite 4, Dover, Delaware 19901. Purpose: Any Lawful Purpose. LD-17415 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 158 MARS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/26/07. The latest date of dissolution is 01/10/2072. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Richard S. Brand, Esq., 158 West 13th Street, Suite 2A, New York, New York 10011. Purpose: For any lawful purpose. LD-17418 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Harvel LLC. Arts. of Org. filed with Secy. Of State of NY (SSNY) on 3/25/02. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 46 State St., Albany, NY 12207. Registered agent: USA Corporate Services, Inc., 46 State St., Albany, NY 12207. Purpose: any lawful activities. LD-17426 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of 400 Columbus, LLC. Authority filed with Secy. Of State of NY (SSNY) on 10/5/07. Office location: Albany County. LLC formed in Delaware (DE) on 7/23/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Abby Road Advisors LLC, 8 Wright St., Westport, CT 06880. Address to be maintained in DE: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activities. LD-17427 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of 465 Columbus, LLC. Authority filed with Secy. Of State of NY (SSNY) on 10/5/07. Office location: Albany County. LLC formed in Delaware (DE) on 7/23/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Abby Road Advisors LLC, 8 Wright St., Westport, CT 06880. Address to be maintained in DE: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activities. LD-17428 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Delta Holdings US LLC. Authority filed with Secy. Of State of NY (SSNY) on 10/3/07. Office location: Albany County. LLC formed

LEGAL NOTICE

in California (CA) on 9/13/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Registered Agent Solutions, Inc., 1773 Western Ave, Albany, NY 12203. Address to be maintained in CA: 2000 Powell St., Ste 510, Emeryville, CA 94608. Arts. of Org. filed with CA Secy. Of State, Business Programs Division, 1500 11th St., 3rd Floor, Sacramento, CA 95814. Purpose: any lawful activities. LD-17429 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Wonder City, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/18/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17430 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Ignazio's, LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 10/11/07. LLC Formed in Connecticut (CT) on 06/15/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste.415, Albany, NY 12207. CT address of LLC: 5 Orchard Ln., Simsbury, CT 06070. Arts. Of Org. filed with CT Secy. Of State, 30 Trinity St., Hartford, CT 06115. Purpose: any lawful activity. LD-17431 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of 801 Post Realty LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/11/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17432 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of JTB 95 Himrod LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/26/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17433 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Articles of Organization for 594 DELAWARE AVENUE ASSOCIATES, LLC were filed with the Secretary of State of New York on October 10, 2007. The office of the company is located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at Lombardi, Walsh, Wakeman, Harrison, Amodeo & Davenport, P.C., 111 Winners Circle, Albany, New York 12205. Purpose: for any lawful activity for which limited liability companies may be formed under the law. LD-17435 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: JWT

LEGAL NOTICE

ASSOCIATES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/25/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 900 Stewart Avenue, Suite: Lower Level, Garden City, New York 11530. Purpose: For any lawful purpose. LD-17437 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BROOK GROUP LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/26/07. The latest date of dissolution is 12/31/2082. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 6136 Fieldston Road, Bronx, New York 10471. Purpose: For any lawful purpose. LD-17438 (November 7, 2007)

LEGAL NOTICE

A. PEACE OF MIND HOME INSPECTION-LLC. Articles of Organization filed with Secretary of State of New York. (SSNY) on 10-17-07. Office location: Albany County. (SSNY) designated as agent of LLC upon whom process against it may be served. (SSNY) shall mail process to the LLC at 73 McAlpin St. Albany, N.Y. 12209. Purpose: all lawful activities. LD-17440 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Air Liquide America Specialty Gases LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/9/07. Office location: Albany County. LLC formed in Delaware (DE) on 9/14/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. DE address of LLC: Capitol Services, Inc., 615 South DuPont Hwy., Dover, DE 19901. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: manufacture, sales and distribution of specialty gases and equipment. LD-17441 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Algonquin Capital Management, L.L.C. Authority filed with Secy. of State of N.Y. (SSNY) on 10/4/2007. Office location: Albany County. LLC formed in Connecticut (CT) on 9/27/1995. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. CT address of LLC: c/o Lock Capital Management, 440 Main St., Ridgefield, CT 06877. Arts. of Org. filed with CT Secy. of State, 30 Trinity St., Hartford, CT 06106. Purpose: any lawful activity. LD-17442 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of The Crate Shop, LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 08/15/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415,

LEGAL NOTICE

Albany, NY 12207. Purpose: any lawful activity. LD-17443 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of 250 Manhattan LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 07/18/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17444 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of MARMED INTERNATIONAL LLC. Arts. of Org. was filed with SSNY on 10/09/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17445 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of TEK-LA LLC. Arts. of Org. was filed with SSNY on 12/02/04. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17446 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of DEKA LLC. Arts. of Org. was filed with SSNY on 12/02/04. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17447 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of FOREBRIDGE LLC. Arts. of Org. was filed with SSNY on 10/15/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17448 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of HERTS LLC. Arts. of Org. was filed with SSNY on 10/15/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17449 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of SUN-SIDE LLC. Arts. of Org. was filed with SSNY on 10/15/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may

LEGAL NOTICE

be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17450 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of BIRD-WOOD LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17451 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of KIN-NERDON LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17452 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of LE-VENDALE LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17453 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of MIN-FORD LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17454 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of CHESHUNT LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17455 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of LOW-ERDON LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17456 (November 7, 2007)

LEGAL NOTICE

LEGAL NOTICE

Notice of Formation of VARSITY LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17457 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Cary Street Partners LLC. App. for Auth. filed Sec'y of State (SSNY) 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Nat. Reg. Agents, 875 Ave of the Americas, Ste. 501, NY, NY 10001. VA office addr: 1210 E. Cary St., Ste. 300, Richmond, VA 23219. Art. of Org. on file: VA State Corp. Commission, 1300 E. Main St., Richmond, VA 23219. Purpose: any lawful activities. LD-17459 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of The Hedges Family Limited Partnership, Cert. of LP filed Sec'y of State (SSNY) 10/4/07. Office location: Albany County. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail copy of process to: c/o Marjann Schwager, 60 Salisbury Rd., Delmar, NY 12054. Name/addr. of each gen. ptr. avail. at SSNY. Purpose: any lawful activities. Latest date: 12/31/2106. LD-17460 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of AL-LISON FUNDING LLC. Arts. of Org. was filed with SSNY on 10/18/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17461 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of GB DESIGN LLC. Arts. of Org. was filed with SSNY on 10/10/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17462 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 10253 REALTY, LLC. Articles of Organization were filed with the Secretary of State of New York on 07/10/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 181 Main Street, Babylon, New York 11702. Purpose: For any lawful purpose. LD-17463 (November 7, 2007)

LEGAL NOTICE

TOKYO JUMBO LLC Notice of Formation of TO-

LEGAL NOTICE

KYO JUMBO LLC. Articles of Organization filed with Secretary of State of N.Y. (SSNY) on 10/01/2007. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 1881 Central Avenue, Albany, New York 12205. Purpose: any lawful activity. LD-17464 (November 7, 2007)

LEGAL NOTICE

1893 CENTRAL LLC Notice of Formation of 1893 CENTRAL LLC. Articles of Organization filed with Secretary of State of N.Y. (SSNY) on 10/01/2007. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 1881 Central Avenue, Albany, New York 12205. Purpose: any lawful activity. LD-17465 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of WAY-SIDE LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17466 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of WORGAN LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17467 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of BIRK-DALE LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17468 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of REATHGATE LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17469 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of BRAMLEY LLC. Arts. of Org. was filed with SSNY on 10/12/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the

LEGAL NOTICE

same address. Purpose: all lawful activities. LD-17470 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC. GARNER HOLDINGS, LLC, filed Articles of Organization with the New York Secretary of State on October 16, 2007. Its office is located in Schenectady County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC c/o Richard D. Cirincione, PO Box 459, Albany, New York 12201-0459. The street address of the principal business location is 1001 Morgan Ave., Niskayuna, New York 12309. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act LD-17471 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of RAL-STONE CAPITAL LLC. Arts. of Org. was filed with SSNY on 10/18/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17473 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: LAYTON PARTNERS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/04/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 341 West 47th Street, Suite 2F, New York, New York 10036. Purpose: For any lawful purpose. LD-17475 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ROTTER AND FRIENDS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/03/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1212 Avenue of the Americas, 18th Floor, New York, New York 10036. Purpose: For any lawful purpose. LD-17476 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Bowery Development Group, LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 06/21/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-17484 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of KMT SK TELECOM LLC. Arts. of Org. was filed with SSNY on 10/03/07. Office location: Albany County. SSNY designated as agent of LLC

LEGAL NOTICE

whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17479 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of VSNL INTERNATIONAL LLC. Arts. of Org. was filed with SSNY on 10/03/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17480 (November 7, 2007)

LEGAL NOTICE

Chestnut Exit 12, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 10/22/07. Office located in Albany County at 22 Century Hill Dr. #201, Latham, NY. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of such process to said office location. The character of the LLC is any lawful activity. LD-17482 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Plutus NY, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/10/07. Office location: Albany County. Principal business location: c/o Manager, Rissy Capital S.A., Akara Bldg, 24 De-Castro St., Wickhams Cay I Road Town, Tortola, British Virgin Islands. LLC formed in Delaware (DE) on 8/29/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: real estate. LD-17483 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of JOZECK LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/9/07. Office location: Albany County. Principal business location: Midwood Management Corporation, 430 Park Avenue, Ste. 505, NY, NY 10022. LLC formed in Delaware (DE) on 9/19/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-17484 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of AD-TAR LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/9/07. Office location: Albany County. Principal business location: Midwood Management Corporation, 430 Park Avenue, Ste. 505, NY, NY 10022. LLC formed in Delaware (DE) on 10/16/00. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste.

LEGAL NOTICE

400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-17485 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of JUNB LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/9/07. Office location: Albany County. Principal business location: Midwood Management Corporation, 430 Park Avenue, Ste. 505, NY, NY 10022. LLC formed in Delaware (DE) on 2/7/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-17486 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of JOUP LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/9/07. Office location: Albany County. Principal business location: Midwood Management Corporation, 430 Park Avenue, Ste. 505, NY, NY 10022. LLC formed in Delaware (DE) on 9/19/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-17487 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of DJRA Broadcasting, L.L.C. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 10/10/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Douglas R. Trumpler, Esq., 5522 Broadway, Lancaster, NY 14086, registered agent upon whom process may be served. Purpose: all lawful purposes. LD-17488 (November 7, 2007)

LEGAL NOTICE

Drreams, L.L.C. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 10/10/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Douglas R. Trumpler, Esq., 5522 Broadway, Lancaster, NY 14086, registered agent upon whom process may be served. Purpose: all lawful purposes. LD-17489 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of D & W 18 LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 08/16/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process

LEGAL NOTICE

against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17492 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Ch. B. & S. Management C, LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 06/19/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17493 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ASTORIA WAREHOUSE REALTY, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/15/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 105 Clay Street, Brooklyn, New York 11222. Purpose: For any lawful purpose. LD-17496 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of GDB CAPITAL LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 10/16/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, c/o Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity. LD-17497 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of L. VICTOR CAPITAL LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 10/16/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, c/o Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity. LD-17498 (November 7, 2007)

LEGAL NOTICE

Notice of formation of Britton's Bay, LLC. Articles of Organization filed with the Secretary of State New York (SSNY) on 08/02/07. Office location: County of Albany. Kyle J. Britton, 176 Sickle Rd, Berne, NY 12023 has been designated as the registered agent of the LLC upon whom process against it may be served. The designated agent shall mail a copy of process served to the LLC, 176 Sickle Hill Rd, Berne, NY 12023. Purpose: For any lawful purpose. LD-17499 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Odysia Unlimited LLC. Arts

LEGAL NOTICE

Of Org. filed with Secy. Of State of N.Y. (SSNY) on 06/15/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17507 (November 7, 2007)

LEGAL NOTICE

Notice of formation of Roller Traders LLC. Articles of organization were filed with NY Secy. of State (SSNY) on 7/12/07. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 310 Quail St, Albany, NY 12208. Purpose: any lawful activity. LD-17509 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HEALTH ONE AGENCY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/11/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 72 Ohio Avenue, Long Beach, New York 11561. Purpose: For any lawful purpose. LD-17510 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: FUNKY MUNKY STABLE, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/17/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Richard Munk, 90 Gold Street, Unit 25F, New York, New York 10038. Purpose: For any lawful purpose. LD-17511 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: STUDIO NEWMAN LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/24/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o John Newman, 210 East 23rd Street, New York, New York 10010. Purpose: For any lawful purpose. LD-17512 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: GREEN TROJAN, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/12/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may

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be served. SSNY shall mail a copy of process to the LLC, 31 East 31st Street, Unit 4C, New York, New York 10016. Purpose: For any lawful purpose. LD-17514 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: GAG BROTHERS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/11/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 149 West 27th Street, New York, New York 10001. Purpose: For any lawful purpose. LD-17515 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Medical Healthcare Equipment, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 10/19/07. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 8 Turnberry Drive, Slingerlands, NY 12159. Purpose: any lawful activities. LD-17516 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Rosemark Pictures, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 10/15/07. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 77 East 12th St., Apt. 13K, NY, NY 10003. Purpose: any lawful activities. LD-17517 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of BRAND INTERNATIONAL LLC. Arts. of Org. was filed with SSNY on 6/05/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17518 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of ALDICOT LLC. Arts. of Org. was filed with SSNY on 5/28/02. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17519 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of JACK OPPORTUNITIES LLC. Arts. of Org. was filed with SSNY on 7/08/05. Office location: Albany County. SSNY designated as agent of LLC

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whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17520 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of WYVERN PARTNERS GROUP LLC. Arts. of Org. was filed with SSNY on 6/29/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17521 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of ZELTEG LLC. Arts. of Org. was filed with SSNY on 10/26/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-17522 (November 7, 2007)

LEGAL NOTICE

Notice of formation of Pine Grove Construction, LLC. Arts. of org. filed with the Sec of State of NY (SSNY) pursuant to NY LLC law Section 206 on 8/28/2007. Office location, Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process served to: c/o the LLC, 40 Cramond Street, Albany, NY 12205. Purpose: Any lawful activity. LD-17525 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of 29 Montrose LLC. Arts of Org. filed with Secy. Of State of N.Y. (SSNY) on 05/03/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17526 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Madison Avenue Restaurant LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 10/24/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17527 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of The New Upstate Group LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on

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08/01/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17528 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Dorothy Castille, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 10/19/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17529 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of Makalina LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 10/04/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 4 Park Ave., Ste. 16-G, New York, NY 10016. Purpose: any lawful activity. LD-17530 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of Sheshunoff Management Services, L.P. Authority filed with Secy. of State of N.Y. (SSNY) on 10/22/07. Office location: Albany County. LP formed in Texas (TX) on 1/22/92. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207, registered agent upon whom process may be served. TX address/principal business location of LP: 2801 Via Fortuna, Ste. 600, Austin, TX 78748. Name/address of each genl. ptr. available from SSNY. Cert. of LP filed with TX Secy. of State, The James Earl Rudder Bldg., 109 Brazos, Austin, TX 78701. Purpose: any lawful activity. LD-17538 (November 7, 2007)

LEGAL NOTICE

Name of LLC: SOUTH MOUNTAIN ROAD, LLC. Articles of Org. filed Dept. of State of NY on 8/15/07. Office location in NY: Albany County. Principal bus. loc.: 32 Forest Road, Delmar, NY 12054. Secy. of State of NY (SSNY) designated as agent of LLC upon whom process against it may be served. Sec. of State shall mail a copy of process to: 32 Forest Road, Delmar, NY 12054. Purpose: any lawful activity. LD-17539 (November 7, 2007)

LEGAL NOTICE

Notice of Qualification of CONVOLUTION FILMS LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/22/07. Office location: Albany County. LLC formed in Delaware (DE) on 10/16/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE

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address of LLC: CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-17540 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC BSJ Acquisition, LLC, filed Articles of Organization with the New York Secretary of State on October 24, 2007. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, 146 State Street, Albany, NY 12207. The street address of the principal business location is 146 State Street, Albany, NY. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-17542 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 325 EAST 206 LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/23/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 381 Park Avenue South, New York, New York 10016. Purpose: For any lawful purpose. LD-17543 (November 7, 2007)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Articles of Organization for Draw Casa, LLC (the "LLC") were filed with the Secretary of State of New York ("SSNY") on October 18, 2007, effective upon the date of filing. Office Location: Albany County. SSNY may mail a copy of any process to the LLC c/o 421 Wellington Road, Delmar, New York 12054. the purpose for which the LLC is formed is to engage in the conduct of a company to acquire, develop, renovate, manage, finance, own and sell real estate, and to carry on any other activities necessary to, in connection with, or incidental to the foregoing for which limited liability companies may be formed under the Limited Liability Law of the State of New York. LDG-17543 (November 7, 2007)

LEGAL NOTICE

Notice of Formation of DA AEI2007 LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 10/02/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-17378 (November 7, 2007)

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Sports *in the* Spotlight

Déjà vu: Niskayuna beats Bethlehem on PKs

By ROB JONAS
joansr@spotlightnews.com

For the second consecutive year, the Niskayuna girls soccer team eliminated Bethlehem from the playoffs on penalty kicks.

Goaltender Marie Mutryn stopped Kate Halvorsen's shot, and Alicia D'Alessandro knocked home the winning point in the eighth penalty kick round to propel the Silver Warriors past the Lady Eagles – the state's No. 1 ranked class AA team – in Saturday night's Section II semifinal at Broadalbin-Perth High School.

"I'll tell you one thing – I've got a very good goalkeeper," Niskayuna coach Bryce Colby said of Mutryn, who stopped two of the final three shots she faced in the penalty kick shootout. "It wasn't just on penalty kicks, either. She made a ton of saves in the game."

Bethlehem tied the game at 2-2 on Becca Lee's free kick midway through the second half. After that, Mutryn and Bethlehem's Kiersten Swete took over, each stopping several shots over the final 22:31 of regulation and four overtime periods to force the shootout.

"They're very difficult,"

Bethlehem coach Tom Rogan said of the penalty kick shootout. "You might as well do a coin flip."

Each team made its first three penalty kicks before Bethlehem's Kaitlyn Martin missed a shot by inches over the crossbar. Dana Provost had a chance to give Niskayuna the lead, but her attempt also sailed over the crossbar.

Kristina Maksuti, who scored Bethlehem's first goal, made her penalty kick to put the Lady Eagles ahead 4-3, but Whitney Frary connected on her shot to tie the shootout at 4-4. The penalty kicks continued for two sudden-victory rounds before Mutryn made a diving stop on Halvorsen's shot and D'Alessandro knocked her shot past Swete.

The three-hour marathon started promisingly for Bethlehem when Maksuti scored less than three minutes into the first half. But Frary put the Lady Eagles on their heels when she scored 11 minutes later and then assisted on Patty Horan's goal that gave Niskayuna a 2-1 lead. It was the first time that Bethlehem had trailed all season.

"We spoke a little about what it might be like to be behind, and they came back strong," said Rogan. "It was tough being behind

for the first time, though."

Bethlehem controlled the action for the first 18 minutes of the second half, and Lee made the offensive pressure pay off when she launched a 26-yard free kick over Mutryn's head into the goal to tie the game.

"It was a good finish, and we definitely needed that to get our spirits back up again," said Rogan.

Niskayuna stepped up its offensive pressure after Lee's goal, but Swete made several saves to send the game into overtime. Both teams had scoring chances during the two 10-minute overtime periods, but couldn't finish their shots. The two 5-minute overtime periods passed without any goals either, which officially gave Niskayuna and Bethlehem a tie in the record

books. But it will be Niskayuna that moves on to face Shenendehowa in Wednesday's class AA title game at Broadalbin-Perth.

"We'll come up with something (for Shen)," said Colby. "We're just happy to get another couple days of practice to prepare."

In other girls soccer playoff action, Ravena-Coeymans-Selkirk lost to Tamarac 1-0 in Friday's

class B championship game at Broadalbin-Perth. Julia Sloboda scored off a corner kick with less than five minutes left in the second half to give the Bengals the lead.

It was R-C-S's first trip to the Sectional finals since 1978.

"It's a huge accomplishment," said R-C-S coach Danielle Hummel.

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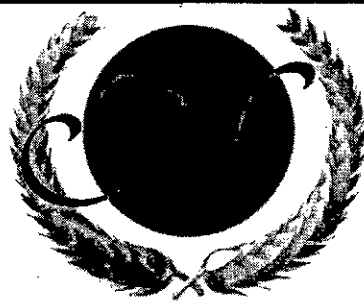
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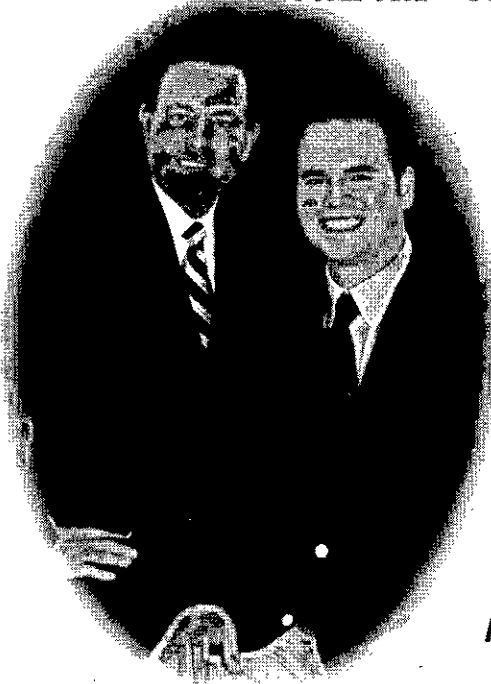
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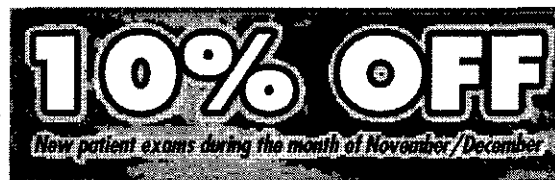
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Saratoga, Shen defend cross country titles

Lloyd leads Voorheesville boys to class C crown

There was some suspense but virtually no surprises at last Friday's Section II Cross Country Championships at Saratoga Spa State Park.

The Shenendehowa boys and Saratoga girls teams defended their class AA titles, though Shaker battled Shen for top honors. The Plainsmen placed four runners in the top 10 to finish with 39 points – five points ahead of the Blue Bison, who had three of the top four individuals.

Saratoga's Demetri Goutos won the class AA boys race with a time of 15:14.5, 11 seconds ahead of Shaker's R.J. Sniffen. Craig Weiss (15:27.6) and Chris Manico (15:28.1) took the next two places for the Blue Bison before Jamie Glover started Shen's pack with a fifth-place time of 15:35.5.

Goutos, Sniffen, Weiss, Manico and Guilderland's Roland Graves

(seventh place, 15:42.1) qualified for the state cross country meet as individuals.

The Saratoga girls remained on top of the class AA heap. Led by Hannah Davidson's victory, the Blue Streaks finished with 30 points, 43 points ahead of second-place Shen.

Davidson covered the 3.05-mile course in a winning time of 17:03.5, while teammate Cassie Goutos place second in a time of 17:21.5. Sydney King (seventh place, 18:10.8) and Brianne Bellon (ninth, 18:23.6) also finished in the top 10 for Saratoga.

Shen's Lizzie Predmore (third, 17:41.3), Cara-Janeczko (fourth, 17:42.3) and Morgan Roche (fifth, 17:46.6) qualified for the state meet, along with Niskayuna's Chelsea Trant (sixth, 18:08.4) and Colonie's Gabrielle Rodriguez (eighth, 18:12.3). Bethlehem's Kristen Kenney finished ninth.

Burnt Hills-Ballston Lake and Queensbury split the two class A titles. Queensbury took the boys title with 20 points, while BH-

BL won the girls championship with 33 points – three ahead of Queensbury.

Queensbury dominated the boys race, placing seven runners in the top 10. Only BH-BL's Otis Ubriaco (second, 15:44.2), Sean Pezzulo (sixth, 16:00.7) and Kent Harlow (10th, 16:10.4) broke up Queensbury's pack. The BH-BL trio qualified for the state meet as individuals.

The girls class A race held more suspense, as BH-BL and Queensbury fought for the title. BH-BL gained the upper hand by taking the top two places and gained some additional help when Alyssa Drapeau (18:11.0) and Rachel Stalker (18:20.9) placed ninth and 10th respectively.

Sam Roecker led the Lady Spartans by winning the class A individual title in a time of 17:04.8, while BH-BL teammate Molly Pezzulo placed second in a time of 17:03.7.

Scotia-Glenville's Jillian King joined Queensbury's Brittany Winslow, Carly Winn, Danielle

Winslow and Morgan Mueller on the Section II team going to states after finishing fourth in the class A race with a time of 17:50.0.

The Voorheesville boys team placed three runners in the top 10 of the class C race to win the

Sectional title.

Macky Lloyd's first-place finish in a time of 15:52.1 paced the Blackbirds. Conor Cashin (fourth, 16:28.3) and Ian Powell (sixth, 16:42.2) also reached the top 10 for the Blackbirds.

Bulldogs

(From Page 40)

VanDerzee elected to go for the touchdown, but a false start penalty followed by an illegal motion infraction pushed the Indians to Cobleskill's 10-yard line. Fortier made a 27-yard field goal after the penalties to give R-C-S a 3-0 lead.

"Any time you're in that close, you want to get the touchdown," said VanDerzee. "Those (penalties) were big plays, but you have to overcome them."

Cobleskill overcame the field goal quickly. Keller completed a 40-yard pass to Charles Willoughby and a shorter pass to Chase Calabrano to put the Bulldogs at R-C-S's 11-yard line. Three plays later, Christman twisted his way into the end zone from a yard out, and Andrew Bartholomew kicked the extra point to put Cobleskill

ahead 7-3.

"The first pass (of the series), Keller did a nice job," said VanDerzee. "We got some pressure on him, but he was able to get out of it and throw to his secondary receiver (Willoughby)."

The Bulldogs systematically drove down the field on their first possession of the second half. A mix of runs and short passes brought Cobleskill inside R-C-S's 5-yard line, and Christman finished the series with a 2-yard touchdown run. Bartholomew's point after kick sailed through the uprights to make the score 14-3.

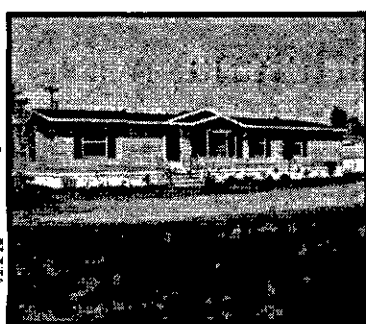
R-C-S kept Cobleskill's offense in check after that to maintain their season-long streak of keeping opponents under 20 points, but the damage was done.

"They made plays when they had to, and that's what a championship team does," said VanDerzee.



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Eagles

(From Page 40)

took first place in the 100 butterfly with a time of 1:01.47, less than a tenth of a second ahead of Shaker's Sara Mion.

"Lily had gone that fast in March (with the Dolphins), but she had struggled a bit during the (high school) season," said Gross. "She was whining, 'I'm not going as fast as last year,' and I told her, 'Don't worry about it. You'll be fine.'"

Shen's Andrea Krok and Kelsey Barbour rounded out the list of individual champions at the Division I meet. Krok won the 1-meter diving competition with a score of 488.65 points, while Barbour took first place in the 100 breaststroke in a time of 1:07.95.

Shen also won two of the three relay events. The 200 freestyle relay team of Barbour, Zebrowski, Deborah Korzun and Olivia Samson took first place in a time of 1:40.97, more than two seconds ahead of runner-up Shaker, and the 400 freestyle relay team of Samson, Barbour, Zebrowski and Caitlin Salerno finished first in a time of 3:40.43.

Saratoga's 200 medley relay team of Callesano, Sloane, Allison Walker and Kathleen Rice won its event in a time of 1:55.50.

The race for the Division II (small school) team title was much closer, as Burnt Hills-Ballston Lake edged Queensbury by one point for first place. BH-BL finished with 388 points despite not having one individual

champion, while Queensbury had 387 points.

Niskayuna's Karoline Hart was the Division II most outstanding swimmer after winning two individual titles. The senior took first place in the 50 freestyle with a time of 25.09 seconds and won the 100 breaststroke in a time of 1:08.20.

Hart was also part of two winning Niskayuna relay teams. Hart joined Emily Whitaker, Kerry Archer and McKenna Murphy on the first-place 200 freestyle relay team (1:42.40) and then teamed up with Whitaker, Murphy and Rachele Marra to win the 400 freestyle relay in a time of 3:44.89.

Whitaker and Murphy each won individual events for the Silver Warriors. Whitaker took first place in the 200 freestyle in a time of 1:58.37, and Murphy finished first in the 100 butterfly with a time of 1:00.33.

Sectional results Division I

Team scores: Bethlehem 411, Shenendehowa 342, Saratoga 340, Shaker 275.5, Guilderville 229, Albany 157, Ballston Spa 149.5, Mohonasen-Schalmont 146, Troy 76, Schenectady 58, Hudson Falls-South Glens Falls 38

Division II

Team scores: Burnt Hills-Ballston Lake 388, Queensbury 387, Niskayuna 273, Glens Falls 237, Gloversville-Mayfield 191, Scotia-Glenville 164, Emma Willard 127, Albany Academy 118, Ravena-Coeymans-Selkirk 99, Amsterdam 81, Fonda-Johnstown 76, Watervliet 24, Tamarac 9

Weekend

(From Page 40)

And speaking of ugly ...

• How bad can it get for Notre Dame and Nebraska football fans? At least Nebraska has an excuse for losing 76-39 to undefeated Kansas — the Jayhawks are good. What explanation can Notre Dame fans give for a 46-44 triple overtime home loss to Navy? Oh, right. The Fighting Irish are rebuilding. They might want to think about rebuilding with better players, though.

• How funny it would be if Connecticut won the Big East football title and played in a BCS bowl game. Seriously, the Huskies — less than a decade removed from being a so-so Division I-AA team — might be the best the conference can do this year. That is, unless West Virginia can crack UConn's stellar defense. Secretly, I'm hoping UConn beats West Virginia.

• How annoying all this trade talk surrounding Kobe Bryant has become. I can't remember the last time I was so annoyed by one player's histrionics over his current situation. Oh wait, yes I can. Alex Rodriguez. How silly of me.

• How Isaiah Thomas is still employed by the New York Knicks. Oh wait, I forgot. The Knicks are

owned by James Dolan, who has systematically turned that franchise into a laughingstock on par with the darkest days of the Los Angeles Clippers. Never mind.

• How I've managed to make it through this much of my column without mentioning the New England-Indianapolis game. I

may be the only sports writer who doesn't comment on the Patriots' victory. That's because just like Bill Belichick, I know this game won't mean a thing if Indy beats New England in the playoffs.

• How many more sports oddities will take place this weekend. We won't know that until next Monday morning.

BC meets Nisky in finals

The Bethlehem boys soccer team played Niskayuna Tuesday in the Section II, Class AA finals at Colonie Central High School.

The Eagles advanced to the championship game with a 1-0 semifinal victory over Shenendehowa last Thursday. Harrison Lane scored Bethlehem's goal.

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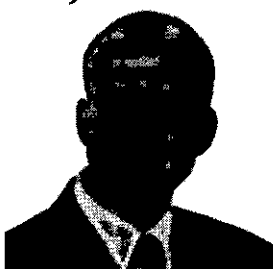
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WELCOME

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Sports *in the* Spotlight

Eagles use depth to win swim title

By ROB JONAS

jonasr@spotlightnews.com

The Bethlehem girls swim team had no trouble defending its Section II title.

The Lady Eagles had several top-five finishes to pull away to a 69-point victory over Shenendehowa and take the Division I (large school) title at last weekend's Sectional meet at Rensselaer Polytechnic Institute. Bethlehem finished with 411 points, while Shen took second with 342 points, two ahead of third-place Saratoga.

"Our depth just did it," said Bethlehem coach Doug Gross. "Event after event, when you looked at the (starting) blocks for the finals, you'd see three or four Bethlehem swimmers."

Mohonasen-Schalmont's Amanda Vitullo was named the most outstanding swimmer of the Division I meet after posting a victory in the 50-yard freestyle and a second-place finish in the 100 backstroke. The senior edged Albany's MaryAnn Gaffuri by .06 seconds to win the 50 freestyle in a time of 24.70 seconds and then battled Shen's Kara Zebrowski and Bethlehem's Katie O'Donnell in the 100 backstroke. Zebrowski won in a time of 59.10 seconds, while Vitullo took second in a time of 59.71 and O'Donnell placed third in a time of 59.76.

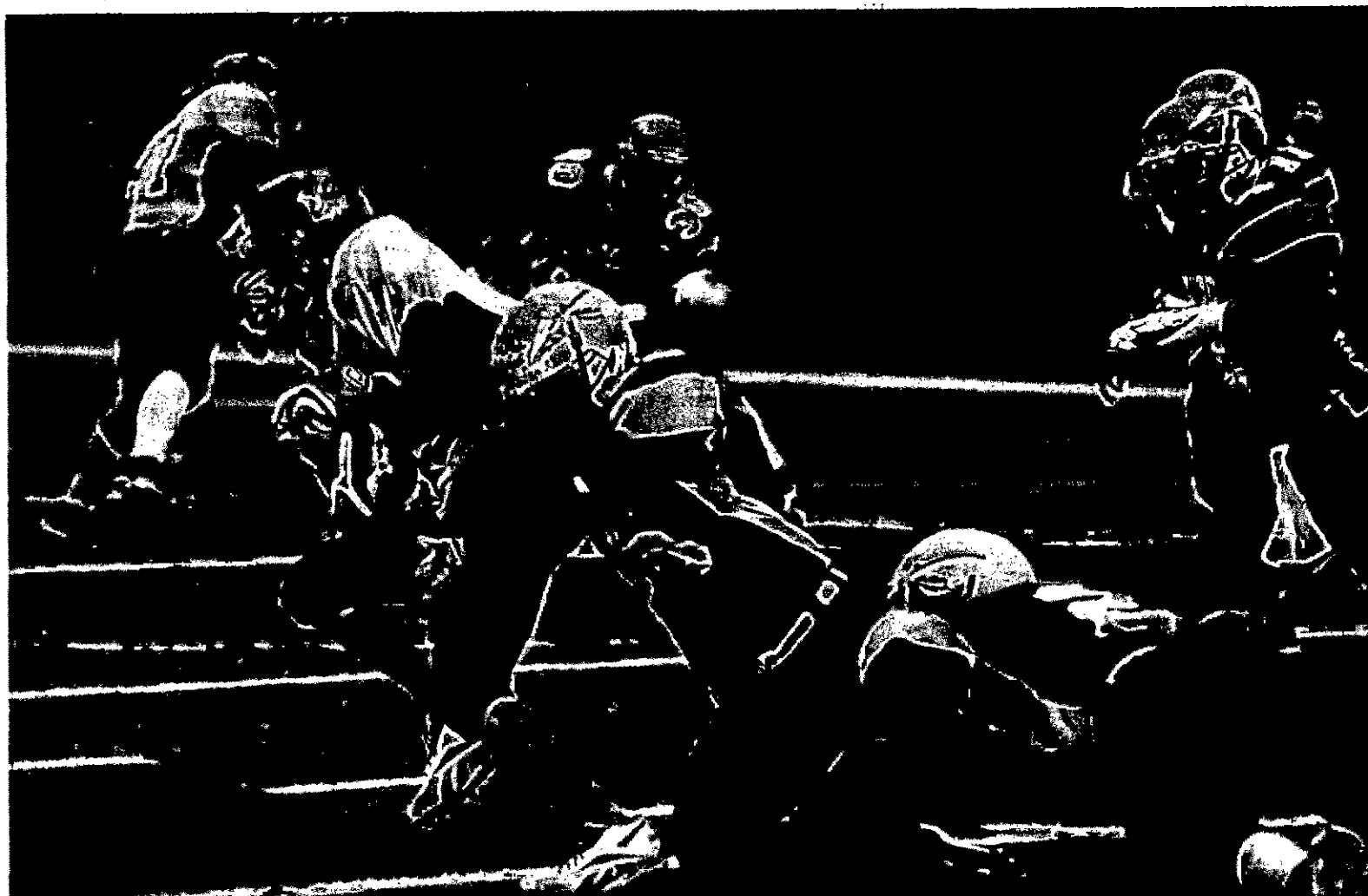
Zebrowski was a double champion for Shen. Besides her victory in the 100 backstroke, the junior won the 200 individual medley with a time of 2:09.21. Saratoga's Maggie Callesano was second in a time of 2:10.82, and O'Donnell finished third in a time of 2:11.91.

Eighth grader Bethany Powhida led Bethlehem with a victory in the 500 freestyle and a second-place finish in the 200 freestyle. Powhida won the 500 freestyle in a time of 5:14.93, more than 10 seconds ahead of Saratoga junior Alyssa DiFabio, and she finished a close second to Saratoga's Taylor Sloane in the 200 freestyle with a state meet qualifying time of 1:58.89. Sloane—who also took first place in the 100 freestyle in a time of 54.26 seconds—won the 200 freestyle in a time of 1:56.90.

"That was just outstanding," Gross said of Powhida. "Bethany has been coming on strong for a while, and then last January on (Delmar) Dolphins, she did some things that opened some eyes."

Lily Powell also won an individual event for Bethlehem. The sophomore

□ **Eagles Page 39**



Ravena-Coeymans-Selkirk's Brian Paeglow (55) tries to tackle Cobleskill-Richmondville's Aaron Christman during Saturday's Class B Super Bowl in Amsterdam. Rob Jonas/Spotlight

No taming these Bulldogs

Cobleskill does enough to defeat R-C-S in finals

By ROB JONAS

jonasr@spotlightnews.com

The Ravena-Coeymans-Selkirk football team did everything it could to stop Cobleskill-Richmondville's high-powered offense, but the Bulldogs still found their way into the end zone.

Tailback Aaron Christman scored on two short runs, and Cobleskill's defense did the rest in beating R-C-S 14-3 in Saturday's Section II, Class B Super Bowl.

at Lynch Middle School in Amsterdam.

The Indians (8-2) limited Christman to less than 70 rushing yards and held quarterback Josh Keller in check for the most part, but the Bulldogs (10-0) did a better job of stopping R-C-S's attack. With the exception of a 21-yard run by Jared Fortier in the second quarter, the Indians' running game was neutralized by an aggressive Cobleskill defense.

"The defense was terrific," said R-C-S coach Gary VanDerzee. "We just didn't do enough things offensively to keep us in the game."

Junior quarterback Jordan

Carnibucci threw the ball well at times for R-C-S, but two second half interceptions by Keller helped Cobleskill pull out the win.

"Jordan did a good job," said VanDerzee. "We put him in a bad position where he had to throw a lot and Cobleskill knew it, but he did a good job."

Christian Tiberia gave the Indians a chance to get on the scoreboard midway through the first quarter when he intercepted Keller and returned the ball to Cobleskill's 19-yard line. R-C-S got as close as Cobleskill's 11-yard line, but came away with no points after Fortier missed a 28-yard field goal.

The Indians had another

opportunity to enter the end zone midway through the second quarter. Fortier's 21-yard run got R-C-S inside Cobleskill's 20-yard line, and then Carnibucci connected with Zach Deering on a 14-yard pass on fourth-down-and-11 to set the Indians up with a first-and-goal situation at the 6-yard line.

R-C-S thought it had a touchdown when Mike Jones made a sliding catch of Carnibucci's pass at the goal line, but the referees ruled Jones' knee came down before he rolled into the end zone. That left R-C-S with a fourth-and-goal situation at Cobleskill's 2-foot line.

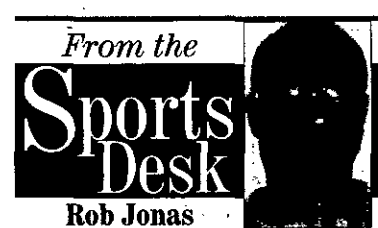
□ **Bulldogs Page 38**

No explanations for weekend weirdness

Things from last weekend I wish I could explain:

- How good Burnt Hills-Ballston Lake High School is in sports. Five teams (girls soccer, field hockey, girls swimming, girls cross country and boys volleyball) won Sectional or league titles last weekend, and two more (football and boys cross country) finished second. And with boys soccer and girls volleyball still going, there's a chance the school could win seven Sectional titles in the fall. Perhaps someone should inspect the water supply out there.

- How brutally unfair deciding a soccer game on penalty kicks is. The Bethlehem and Mechanicville girls soccer teams deserved a better fate Saturday than being eliminated on penalty kicks by Niskayuna and Hoosick Falls, respectively. The games are still marked down as ties in the record books, and Mechanicville at least



Rob Jonas

gets a share of the Section II, Class CC title. But in the players' hearts, it's still a loss.

- Why Broadalbin-Perth High School is used for class AA girls soccer playoff games. None of the class AA teams are located within 20 miles of the Fulton County school. Why should they and their fans be subjected to driving upwards of 30-45 minutes to play there when there are other fields closer to Albany that can be used?

- How long will it take Guilderland to get over giving up a 17-0 lead in the fourth quarter of

the class AA Super Bowl against LaSalle. It took the Dutchmen more than four decades just to get to their first Sectional final, and to have it end the way it did has to be devastating for them and their fans. Hopefully for Guilderland, it won't take four more decades to get back to the Super Bowl.

- How the Detroit Lions could be 6-2 and still run by the Ford family. Doesn't anybody know how bad Ford cars are? If they can't make a good car, how can they own a good NFL team? More importantly, how can Matt Millen actually be responsible for this turnaround?

- How bad the New York Jets are this year. Even when they think they've righted the ship, it still sinks. For evidence, see Sunday's 23-20 overtime loss to Washington. Quarterback Kellen Clemens throws for more than 220 yards and doesn't get picked

off. Yet, the Jets defense lets Washington come back from a 17-3 deficit to pull out the win. I guess quarterback isn't the only position that needs to be changed on Gang Green.

- How the Cleveland Browns can have a winning record with the worst defense in the NFL. Seriously it's a miracle, but long-suffering Browns fans (myself included) will take it. Side note: Derek Anderson is a keeper.

- How mediocre the NFL's western divisions are. All four AFC West teams (San Diego, Denver, Kansas City and Oakland) lost, as did the three NFC West teams that played (Arizona, San Francisco and Seattle). There now isn't a team in either division above .500, and there's still the matter of the 0-8 St. Louis Rams. U-G-L-Y.

□ **Weekend Page 39**