

Candidates provide responses to *Spotlight* survey
See Page 3



Area News



Gunfire leads to arrests

Bethlehem Police reported several arrests after they received a report of gunfire at a Glenmont home on Tuesday, Aug. 26, at 10:08 p.m.

See story on Page 5.



Five Rivers holds autumn events

With summer winding down, the leaves will be changing color soon, and with that change comes a great opportunity for area families to learn more about nature and the environment.

See story on Page 24.



HS football

The Bethlehem football team has a simple goal this year.

"We're all counting on (going to) the Super Bowl this year," said senior quarterback Randy Bowers. "We want to improve and get more people out to the games."

See story on Page 36.

THE

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Making the Grad



Local districts focus on student involvement to keep graduation rates up

A focus on targeting academic problems before students reach their sophomore year and getting students involved in extracurricular activities and sports has been cited as the reason for high graduation rates among a number of Albany, Saratoga and Schenectady county schools.

Graduation rates in Albany, Saratoga and Schenectady counties are, on average, higher than the statewide graduation rate, with Voorheesville Central School District leading the pack with 97 percent of its 123 seniors who started as freshman in 2003.

According to that same report released by the state Department of Education, the statewide high school graduation rate is 69 percent for students who started in 2003 and graduated in 2007, a four-year time frame that defines a group of students known as a cohort.

The 26 school districts in Albany, Saratoga and Schenectady counties, averaged an 80 percent graduation rate.

Close behind Voorheesville in terms of graduation rates are Burnt Hills, with 93 percent of the 297 students in its 2003 co-

hort graduating, and Niskayuna, with 91 percent of its 2003 cohort graduating.

State Education Commissioner Richard Mills highlighted the need for a hands-on approach to helping students graduate in a written statement he made accompanying the report.

"School leaders and teachers must use practices that work, create better connections between middle and high school, and call on higher education and business to partner. ... This will be a major issue for the Board of Regents this coming year."

He also said more resources are going to be made available to teachers and administrators in the future.

Getting focused

Local school districts have taken this advice seriously, and many have begun focusing on personalized initiatives that target students still in middle school who may be struggling.

Patrick McGrath, assistant superintendent for curriculum and instruction in the Rotterdam-Mohonasen Central School District,

□ Grad Page 17

Town noise law tabled for review

Town Board asks for more detail after task force recommends local law

By JARRETT CARROLL
Spotlight Newspapers
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After nearly a full calendar year, the proposed Bethlehem noise law still has a little ways to go before being drafted.

Commissioned in September 2007, the Noise Ordinance Task Force, headed by Councilman Sam Messina, recommended to the Town Board that Bethlehem go forward and create a new local noise law.

During a well-attended public hearing earlier in the year, the majority of residents spoke overwhelmingly in favor of the noise ordinance. A vocal minority did speak out, saying a noise law would be overly regulative and could be used to harass neighbors if not drafted properly.

Messina also pointed out that out of 40 e-mails the town received about a possible noise law, only two were against the ordinance.

"Almost all of those were supportive of the noise ordinance," Messina said at the task force's last public meeting. "My feeling is that there is nothing left to do but to recommend this to the Town Board."

The Noise Ordinance Task Force ultimately decided to recommend to the Town Board that Bethlehem was in need of a new noise law.

"We conducted eight meetings; the meetings were very well attended," Messina told residents and the board. "This whole process could have been done in one swipe, the Town Board could have said go forth and draft an ordinance."

Instead, Messina said, the task force had been diligent and comprehensive in its research and the public has been involved in the process every step of the way.

□ Review Page 16

Residents protest Selkirk Bypass

Hundreds sign petition objecting to "preferred route" of proposed bypass

By JARRETT CARROLL
Spotlight Newspapers
carrollj@spotlightnews.com

A group of Selkirk residents appeared at Town Hall, submitted a petition with 440 signatures and stood in solidarity against a proposed Selkirk Bypass at the Wednesday, Aug. 27, Town Board meeting.

The group's message was clear, borrowing from the recent speech of Sen. Hillary Clinton at the Democratic National Convention in Denver, Selkirk resident Lisa Evans told the board, "No way, no how, no bypass."

The town is looking to divert truck traffic from River Road and Creble Road, and away from residential neighborhoods; and one proposal calls for a so-called Sel-

kirk Bypass with possible new interchange to the New York State Thruway.

However, local residents do not want to see current green space converted into roadway, and one resident even pleaded with the board to complete the town's Comprehensive Open Space Plan before initiating a bypass project.

"We understand the 9W Corridor Study Committee plans to vote for the 'preferred route' for a so-called Selkirk Bypass (more recently named the Creble Road Ext.), extending from Creble Road, through the Weisheit and Clapper Road communities at a new Thruway exchange, and ending at Route 144 near the Job Corps," Evans read from a prepared statement to the board.

"We sensed strong opposition to this project in the community. Accordingly, we circulated a petition, which concludes, 'We do not want a Selkirk bypass anywhere. Please use the money for something productive, such as improv-

□ Bypass Page 16

Police Blotter

Bethlehem man gets 24 years for raping minor

Richard Clevestine, 59, of Bethlehem, was sentenced to 24 and two-third years in prison and 29 years post release supervision by Albany County Judge Thomas Breslin for the rape of two minors.

Clevestine was found guilty of 11 counts after a jury trial in June, including two counts of felony second-degree rape; three counts of felony third-degree rape; one count of felony third-degree criminal sexual act; three counts of misdemeanor endangering the welfare of a child; one count of misdemeanor third-degree attempted criminal sexual; and one count of misdemeanor third-degree sexual abuse.

Albany County District Attorney David Soares said between January

2006 and August 2007, Clevestine repeatedly sexually abused two teenage girls.

Prosecutors in the case said Clevestine "engaged in sexual and oral intercourse with one child who was less than 15 years old, he directed both girls to masturbate, and also engaged in sexually explicit dialogue by way of instant messages with both girls."

Soares' spokeswoman Heather Orth said Clevestine befriended the family of the two victims in order to gain their trust and then engaged in a "grooming process with both girls" in order to maintain their silence about the crimes.

Assistant District Attorney's Christina Calabrese and Shannon

Sarfoh handled the prosecution of the case.

Other arrests

• James P Calvery, 37, of Selkirk, was arrested on Saturday, Aug. 23, for felony DWI; felony operating of motor vehicle with a BAC of .08 percent or greater; felony aggravated unlicensed operation of a motor vehicle; an exhaust muffler violation; and a license plate lamp light violation.

Bethlehem Police say an officer on patrol was stopped at a red light on the Delmar Bypass facing east when he saw Calvery drive by with a malfunctioning license plate lamp.

When the officer followed Calvery south on Elm Avenue, he could hear a loud noise from his muffler and pulled him over, according to the arrest report.

Calvery verbally identified himself but "stated that his license was suspended and that he was attempting to rectify the issue," and they smelled alcohol on his breath when interviewing him, the report states. He also displayed signs of intoxication, according to the report.

After failing three field-sobriety tests and testing positive for alcohol, Calvery was transported to the Bethlehem Police Department where he submitted to a chemical test, according to police.

He was arraigned by Bethlehem Justice Ryan Donovan and sent to the Albany County Correctional Facility and is scheduled to return to town court on Sept. 16, the report states.

• Thalís N. Orietas, 24, of Delmar, was arrested on Thursday, Aug. 21, for DWI; operating a motor vehicle with a BAC of .08 percent or greater; unlawful possession of marijuana; speeding; and driving on the shoulder.

Bethlehem Police say they saw Orietas driving west on Delaware Avenue and he was stopped for vehicle and traffic law violations, but when interviewing him officers smelled alcohol on his breath.

After displaying signs of intoxication, Orietas told officers "he had three Bud Light beers in Albany with friends before driving home," according to the arrest report.

He failed three field-sobriety tests and was taken into custody, the report states, and submitted to a chemical test, which revealed that his BAC was nearly double the legal limit.

Police said a search of his vehicle also revealed a plastic bag containing marijuana inside of a cigarette pack and that he was arraigned before Bethlehem Town Justice Paul Dwyer.

His mother picked him up from the Bethlehem Police Department, the report states.

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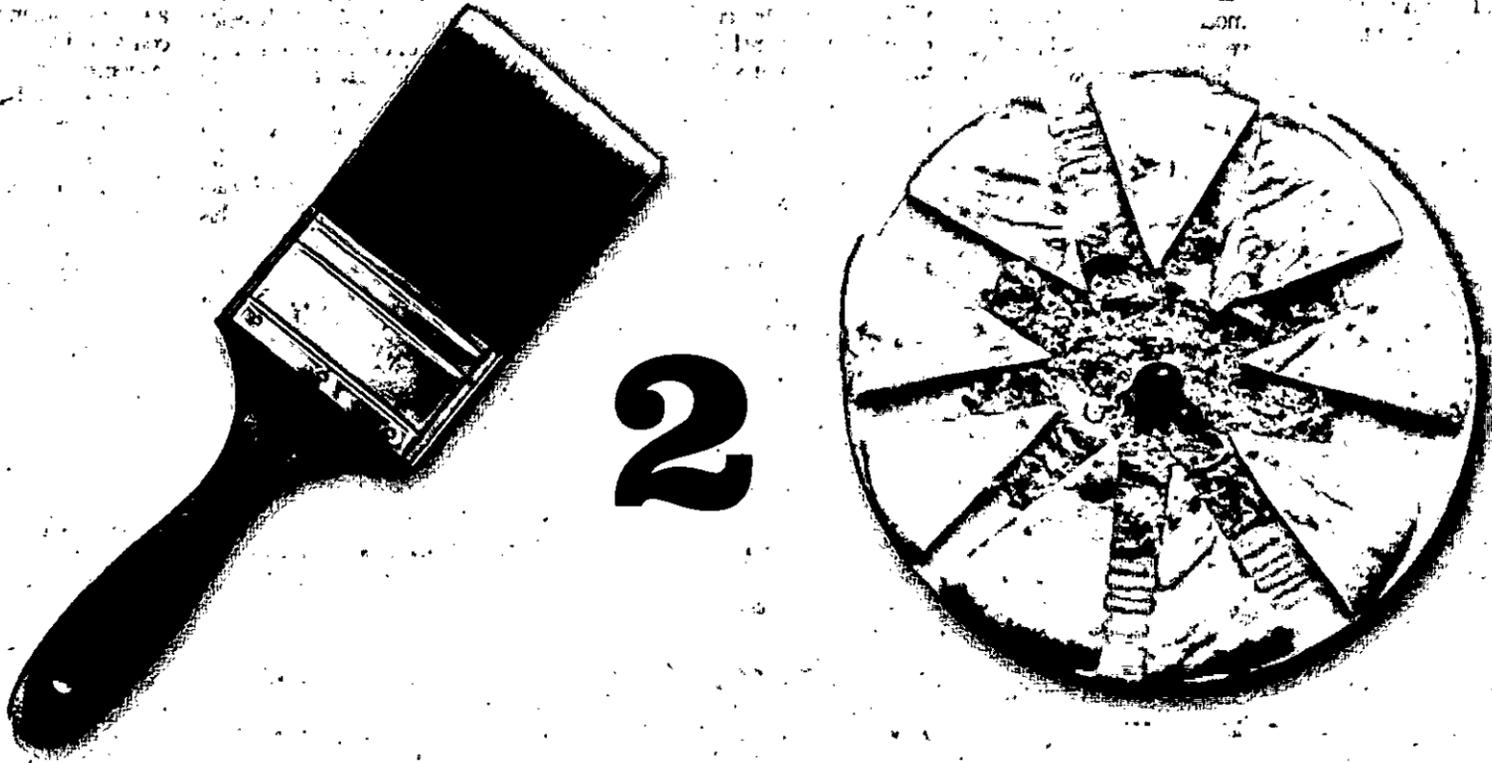
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Voter's preview

21st District candidates at a glance

Tuesday primary sees 5 Dems and 2 Republicans vying for their party's nomination

By JARRETT CARROLL
Spotlight Newspapers
carrollj@spotlightnews.com

After campaigning all summer, and since last winter for some, it all comes down to the Tuesday, Sept. 9, primary for the seven candidates vying for retiring Congressman Michael McNulty's seat in the 21st District.

At the end of the day, one Democrat and one Republican will fight to be the area's new representative after McNulty's 20-year tenure. McNulty's early announcement that he was retiring last year led to a substantial amount of interest in the seat, with as many as 10 candidates in the running at one time.

The Democratic-dominated district encompasses seven counties: Albany, Schenectady, Schoharie, and Montgomery counties, as well as parts of Fulton, Rensselaer, and Saratoga counties.

Republicans James Buhmaster, a Schenectady County legislator, and entrepreneur businessman Steven Vasquez will face off in their party's primary.

On the Democratic ticket there will be five candidates on the ballot: Albany County legislator and Colonie Democratic chairman Phil Steck was the first to announce his candidacy for McNulty's seat, followed by former Sen. Hillary Clinton aide and attorney Tracey Brooks. Former Congresswoman Kirsten Gillibrand aide Darius Shahinfar then threw his hat into the ring. He did not until later in the race that Paul Tonko, a former state assemblyman and former CEO of NYSERDA, finally announced he would run for McNulty's seat after months of speculation and denial by the state's former energy chairman. Then, shortly before state petitions were due, conservative Democrat Joseph Sullivan decided to make a go of it himself. Sullivan, a former Albany City Republican chairman, made the deadline and survived a petition challenge to make the final cut on the ballot for Tuesday's primary.

Spotlight Newspapers invited all of the candidates to participate in a survey and questionnaire in order to shed some light on their candidacy as voters head to the polls on Tuesday, Sept. 9.

The survey included a rank of five specific priorities, with one being the first and most important; how the candidates grade the current congress; their pick for president; religion; campaign staff size; if political experience is necessary to run for congress; and their annual salary.

The candidates, in alphabetical

order, responded as follows:

Tracy Brooks, D-Coeymans

"I'm running for Congress to undo the damage done by George Bush and stand up to the Republicans in Washington, to take on the special interests who stand in the way of change, and to make our government accountable again to our families, our communities and to the people," Brooks said.

Brooks, 38, an attorney who worked as regional director for Clinton, campaigned in all seven counties of the district in seven days one week after she announced her candidacy in February.

She leads the pack in fundraising and said her top priorities are the economy, the war, health care and the cost of living. Brooks has received several major endorsements, including Congresswoman Carolyn B. Maloney, Albany Mayor Gerald Jennings; McNulty's father and former Green Island Mayor, Jack McNulty; McNulty's sister, Green Island Mayor Ellen McNulty Ryan; and many others.

On McNulty, Brooks said, "His long-lasting legacy will be one as an honest, compassionate, hardworking advocate for the people of the Capital Region."

Her one criticism: "Recently, I disagreed with Congressman McNulty's original position on the so-called Iran blockade amendment, which I opposed from the start."

She also recently gave a speech at the Democratic National Convention in Denver, and often touts herself as the pro-choice candidate who will go to Washington and fight for women's right to choose.

"People across the Capital Region are telling me they're hungry for change. They're tired of the same old talk from the same old politicians," said Brooks. "And they're looking for new leadership who will bring about REAL change. I'm the only candidate in this race who has the experience and represents real change."

• Priorities: Health care; economy; energy; war on terrorism; campaign finance reform.

• Congress: C

• President: Barack Obama

• Religion: Catholic

• Campaign workers: 1,000 registered volunteers, seven paid staff

• Need experience to run: No

• Salary: \$60,000

James Buhmaster, R, C-Scottia

"Congress is broken. Regardless of which party is in the majority, Congress has a record of producing bitter partisan gridlock instead of results, and all of us are worse off because of it," Buhmaster said. "We all pay taxes and expect results from our government. Right now, we're doing more than our part by paying the taxes, but Congress has been pretty weak on the results side on a number of very significant issues."



Buhmaster



Vasquez



Brooks



Shahinfar



Steck



Sullivan



Tonko

Buhmaster, 62, head of Buhmaster Energy Group and a Schenectady County legislator, said that ever since he announced his candidacy in mid-March, he's been juggling a busy evening schedule. He was unable to appear at one of the congressional debates because of his demanding schedule as a county legislator.

Buhmaster, who has a history of breaking party ranks with his fellow Republican legislators, has said he will vote in the interest of his constituents, regardless of party affiliation.

On McNulty, Buhmaster said, "Mike McNulty deserves a lot of credit for his service to the community. I thank him for his work on behalf of the Capital District and for his friendship over the years."

He did not respond to one thing he has disagreed with McNulty on.

Buhmaster primarily views himself as a businessman who wants to put an end to a "dysfunctional" federal government. In addition to the Republican ticket, Buhmaster will also be on the Conservative line in the election.

"I am not a career politician or an aide to career politicians; I am a businessman with a long history of involvement in the community. I know how hard it is to make it in upstate New York, and I know that more taxes will only make that challenge more difficult. That's why I signed a pledge to not raise income taxes," Buhmaster said. "On the other side of the aisle, there are a number of candidates who are instead pushing agendas that will raise taxes. During times like this, we need to make it easier for small businesses and working families to make ends meet, not more difficult."

• Priorities: Economy; health care; energy; war on terrorism; campaign finance reform

• Congress: F

• President: John McCain

• Religion: Protestant

• Campaign workers: "Hundreds of volunteers"

• Need experience to run: "Helpful"

• Salary: Abstained

Darius Shahinfar, D-Albany

"I'm running for Congress to renew America's promise and make America work for working families again. We are the nation of freedom, opportunity and hope, but for too many of us, the American dream is slipping away," Shahinfar said. "We need to undo the damage the Bush Administration has caused to our standing in the international community, our economy and our rights here at home over the past eight years. Finally, I'm running to ensure that another career politician or lobbyist isn't sent down to Washington to listen to special interests, but not listen to our interests."

Shahinfar, 41, an attorney and

former regional representative for Kirsten Gillibrand in the 20th District, is a backer of "A Responsible Plan to End the War in Iraq."

The plan, if passed, would shift military efforts to diplomatic, humanitarian and economic efforts.

Being of Iranian descent, Shahinfar has warned against bully tactics when dealing with an Iranian nuclear treat and believes diplomacy should be used at all costs. He said he wants to return America to a land of opportunity for his children's sake, like it was for his parent's generation.

On McNulty, Shahinfar said, "Congressman McNulty's legacy will be of a dedicated representative with a consistent and reliable constituent service by always having an open door for the people in his district."

His one criticism of McNulty: "I would not have voted in favor of the resolution authorizing the President to go to war in Iraq."

He missed one of the Congressional debates to attend his daughter's birth at Albany Medical Center at the time.

"If we want to change Washington, we need to change who we send there. I'm the only candidate in this race who has signed the Ethics and Good Governance Contract, which refuses to accept gifts or funds from lobbyists and corporate PACs," Shahinfar said. "I'm also the only candidate who has refused Congressional health benefits until every American has quality, affordable health care. I'll bring the same work ethic and service that I learned from Congresswoman Gillibrand to our district and make people my special interest. As the unbought and unbossed candidate in this race, I'll be beholden only to you."

• Priorities: Economy; health care; energy; war on terrorism; campaign finance reform

• Congress: D

• President: Barack Obama

• Religion: Dutch Reformed (Protestant)

• Campaign workers: 150 (include staff and volunteers)

• Need experience to run: No

• Salary: \$0 (Replied: "\$0 Full-time candidate")

Phil Steck, D-Colonie

"I believe that we need a community-based person in this office. I am not tied in with any lobbyists or special interests that have obstructed progress in government. This is a change election. If people really want change, we are not going to be able to get there with lobbyist-dominated candidates," Steck said. "My background as a civil rights attorney, as a County Legislator, and as Colonie Democratic Chairman shows a consistent willingness to push for change. Indeed, no change has been as remarkable as the change we made Colonie."

Steck, 48, said his campaign is all about grassroots politics and that he will continue fighting for voters locally in order to fight for them nationally.

He pointed to his party defeating the Republican-controlled Colonie town government, even though

the town has a high enrollment of Republicans, as a credit to successful grassroots campaigning.

Steck said he would push for single-payer health care in Washington, which he says, "is not posturing," because he has pushed for it in the Albany County Legislature. Steck also has many local lawmaker endorsements, as well as the backing of the Albany County Democratic Committee.

On McNulty, Steck said, "Mike provided outstanding constituent service and has always been responsive to the needs of our local communities."

His one criticism: "I am 100 percent pro-choice."

In addition to the Democratic ticket, Steck will also appear on the Independence line on the ballot Sept. 9.

"At this point in our history, we do not need politics as usual, that is, people who say one thing and do another. My background shows a constant commitment to reform, and I am the only candidate in the race with that type of record. Everyone agrees that our state government has not moved forward in the past 20 years. For example, our state has the 2nd highest energy costs in the nation, which is crippling our upstate economy," Steck said. "If we are to have progress on this and other issues, we need a Congressman who is thoughtful, committed to reform, and free of the influence of the lobbyists and interests that have caused stagnation in our state government"

• Priorities: Energy; economy; health care; war on terrorism; campaign finance reform

• Congress: C

• President: Barack Obama

• Religion: Jewish

• Campaign workers: "Hundreds of volunteers"

• Need experience to run: No

• Salary: \$100,000 as attorney, \$19,000 as county legislator

Joseph Sullivan, D-Albany

"Our survival is on the line in the 2008 election. Who we elect as President, Vice-President and to Congress, will determine our fate. September 11 changed our lives forever; nothing will be the same evermore," Sullivan said. "Homeland security, emergency/disaster preparedness and maintaining a steady flow of oil, the lifeblood of our economy and way of life, while we adapt to a world where oil will be scarce and expensive, are the priorities. So long as we depend on imported oil our military forces must remain on station, in the world's oil producing regions. The troops are not coming home."

Describing himself as a conservative Democrat, Sullivan, 71, is no stranger to politics after being active during the days of former Democratic Gov. Hugh Carey and former longtime Democratic boss Daniel O'Connor.

Sullivan switched to the Republican

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Wake up! It's time to get ready for school

By ROBIN SHRAGER SUITOR
news@spotlightnews.com



Long after I graduated from high school, and even college, I would periodically have a variation of the dream where you go to class and find out that there is a test for which you haven't studied. In some of the dreams I would be sitting for a final exam in college and suddenly realize I had forgotten to attend the class all semester. More often there would be a sequence involving my high school calculus teacher. She'd be handing me an exam booklet or collecting homework I hadn't done.

I found those dreams annoying and bizarre. Those types of situations never happened to me in real life. Why would they happen in my subconscious?

Someone who read dream interpretation books once told me that these dreams meant that I felt unprepared. That didn't make sense to me either. I spend all my waking hours preparing for things and then at night while I sleep I worry about being unprepared? At night my brain should be relaxing and celebrating. I should be dreaming about reclining under a cabana at the beach.

And then somewhere in the 1990s the school dreams went away. Or so I thought.

Recently I started dreaming a variation of the old dream. In the new dreams I can't remember my locker combination or even which locker is mine. I don't know the location of my classrooms and I still show up without having my homework to hand in.

In one dream I showed up late for English class and the teacher was my daughter's former music teacher and the homework (which I didn't have) was a drawing assignment. In another I missed the bus and was waiting for my brother to drive me to school until I remembered that I could drive myself. The car I took was our family's '77 Chevy Impala. My brother showed up at the school anyway. He remembered that I'd forgotten to bring a note from home explaining my tardiness, so he came to the main office to sign me in.

Several of the dreams again involve math class, but the instructor is my daughter's math teacher from last year. Class is always ending as I arrive at the door, because I spend too much time wandering around looking for my locker.

When I told my daughter about the most recent dream, where her music teacher was the English teacher, she cracked up laughing.

I always did my homework, I told Rachel, and so I don't know why I would have this type of dream.

She said, "Maybe you're thinking about me going back to school."

How interesting! Perhaps the dream isn't about me. Maybe it's about her. Now there's something that makes sense, although it's still annoying. It means my brain has been gearing up for the nagging season: How much homework do you have? Did you get any done in school? Do you have any tests coming up? What is due tomorrow? I need to hear you practice your cello. Don't overstuff your backpack. When was this big project assigned?

Ah, it was such a peaceful summer. Even school supplies shopping went relatively smoothly, despite my

announcement that I would NOT buy any new pencils. Our home is filled with pencils, most of which have never been sharpened. It's time to get the old lead out of the house.

I splurged on a new backpack that I hope is sturdy enough to last at least through the remaining two years of middle school. And last year's canvas locker organizer is at the ready to store binders and folders. I purchased it when Rachel started sixth grade and was assured by the salesclerk that the item would last through high school graduation.

We got the binders in the specified colors, the index dividers, the spiral notebooks, the composition notebooks, the index cards, the three-pronged pocket folders, the calculator, the graphing paper and the box of tissues. Yes, even in middle school you need to send your kid in with tissues. This year they've told us up front that we'll need to send in another box for the second half of the year!

My daughter was excited when she got her class list. By August she looked forward to returning to school. We had gathered all the school supplies and picked up some new clothes. Other than not relishing the thought of homework, Rachel showed only enthusiasm for starting seventh grade.

So, if she wasn't worried about forgetting her locker combination or showing up late for class, then that means my dreams were about me worrying about myself, not me worrying about her.

It's time for increased deadlines and hectic schedules and after-school activities. It's time for repeated warnings to GET OUT OF BED NOW!

The latest dream suddenly makes sense.

In the dream, the music teacher taught the English

class. Maybe my brain was wondering who my daughter's teachers are and what they are like.

In the dream I was driving to the school. That's easy: I know there will be cold, dark mornings when I'll drop off my daughter at school rather than have her take the early bus.

In the dream my brother offered to drive me. In real life that same week he took both his daughters to Binghamton University, the same college I attended.

In the dream I don't make it to math class. I stand outside the door mildly embarrassed, but not terribly upset. This likely reflects how I am relieved that I no longer have to attend math class, but concerned that I will have a hard time helping Rachel with her homework.

Or maybe the meaning of the dream is more generic. Maybe my mind is telling me: You worry about things that never will happen. You are prepared, so you should stop worrying. Or better yet, you should stop worrying about being prepared, because you can't prepare for everything. Stop wasting so much time worrying!

I have to remember that it's my daughter's responsibility to keep track of her assignments and meet deadlines. If she forgets to bring her homework to school, then she'll be the one sitting empty-handed when the teacher walks by. If she doesn't prepare properly for a test, it will be her grades that suffer, her problem getting into a good college. Yikes, I'm getting ahead of myself again.

Maybe this school year our weekday mornings will be less frantic. Everyone will rise when their alarm clocks go off, enjoy a leisurely nutritious breakfast, and leave the house feeling calm and prepared.

Now I know I'm dreaming!



WEEKLY WEATHER

Chief Meteorologist Mike Bono



TIME WARNER CABLE

Albany Almanac

Record high/low/year

Day	AVERAGE HIGH 75°	AVERAGE LOW 53°
Wednesday, September 3	100°/1953	39°/1976
Thursday, September 4	97°/1929	37°/1946
Friday, September 5	91°/1973	37°/1974
Saturday, September 6	91°/1983	38°/1938
Sunday, September 7	96°/1945	36°/1962
Monday, September 8	93°/1945	34°/1978
Tuesday, September 9	94°/1959	36°/1938

ANNUAL PRECIPITATION
31.48 inches as of August 28th
5.85 inches above average

This week in weather

August 29-September 3, 1953 A heat wave baked the Northeast, accounting for six consecutive days of record highs in Albany. September 2nd and 3rd mark the only days on record in September to reach 100°, as well as the most recent time that Albany has reached the 100° mark.

Sun & Moon

Day	Sunrise	Sunset
Wednesday	6:23am	7:25pm
Thursday	6:24am	7:24pm
Friday	6:25am	7:22pm
Saturday	6:26am	7:20pm
Sunday	6:27am	7:18pm
Monday	6:28am	7:17pm
Tuesday	6:29am	7:15pm

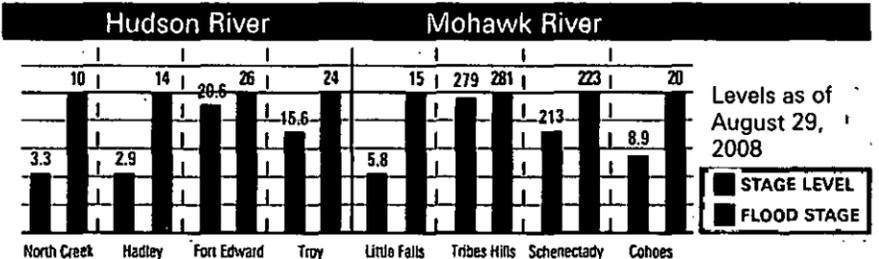
Moon Phases
September 7th First
September 15th Full



Planets	When	Where
Mars	Dusk	V Low, WSW
Venus	Dusk	V Low, WSW
Mercury	Dusk	V Low, WSW
Jupiter	Evening	Bright, S

Rivers & Recreation

River Levels



Water temp.

Lake George	73°
Bolton Landing	72°
Sacandaga Lake	74°
Saratoga Lake	75°
Jersey Shore	72°
Cape Cod	71°

Tides at Albany

Day	High	Low
Wednesday	2:14am, 2:49pm	9:09am, 9:15pm
Thursday	3:15am, 3:49pm	10:03am, 10:12pm
Friday	4:10am, 4:44pm	10:55am, 11:06pm
Saturday	5:02am, 5:35pm	11:43am, 11:57pm
Sunday	5:49am, 6:22pm	-----, 12:29pm
Monday	6:34am, 7:06pm	12:47am, 1:13pm
Tuesday	7:17am, 7:49pm	1:35am, 1:57pm

Shotgun blast leads to illegal immigration arrests

Shot fired during Glenmont altercation, man arrested for felony assault

By JARRETT CARROLL
Spotlight Newspapers
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Bethlehem Police made several arrests after they received a report of gunfire at a Glenmont home on Tuesday, Aug. 26, at 10:08 p.m.

Officers responded to 486 Feura Bush Road, Glenmont, when reports of a woman screaming and a gunshot were made, the report states. A police investigation revealed a dispute between some of the people at the residence occurred, and during the altercation, a shotgun was fired, according to police.

Bethlehem Police arrested Umer F. Kiani, 25, of Glenmont, for felony second-degree assault; felony first-degree reckless endangerment; fourth-degree criminal possession of a weapon, a misdemeanor; as well as a felony immigration offense.

Mohammed A. Kiani, 22, of Delmar, was arrested for third-degree assault and an immigration violation, the report states. In addition, Harvey J. Wells, 19, of Clifton Park and Keirstyn L. O'Brien, 18, of Troy were both arrested for trespassing, a violation, according to police.

Bethlehem Police said they responded to the Glenmont residence for a "confirmed report of shots fired," and that upon arrival it was determined that a single round from a 12-gauge Mossberg shotgun had been fired during an altercation in the driveway.

Nobody was shot during the incident, but Wells was treated at Albany Medical Center for injuries sustained during the scuffle, according to the arrest reports.

The Kiani brothers admitted to police that they had been involved in an altercation and were transported to the Bethlehem Police Department, the reports state. Police say they discovered the shotgun involved in the incident inside of a side door of the residence and that it was secured for evidence.

Bethlehem Police brought in a K-9 unit in order to search for other individuals at the scene, but did not find any, and Mohammed Kiani told police that he received numerous calls on his cell phone from an unknown person threatening him, the report states.

However, Kiani said, the calls "did not bother or harass" him, according to police.

A verbal confrontation with Wells began at the end of the driveway between two cars, one of which O'Brien was in. Umer Kiani arrived on the scene with a black shotgun and requested that everyone leave the property, the reports state.

When they failed to do so, Umer Kiani fired the shotgun "in a reckless manner," according to police.

Wells fell down during the altercation and was struck over

the head and back with the shotgun, the reports state, and he fled in an easterly direction through the wooded line to a "waiting car."

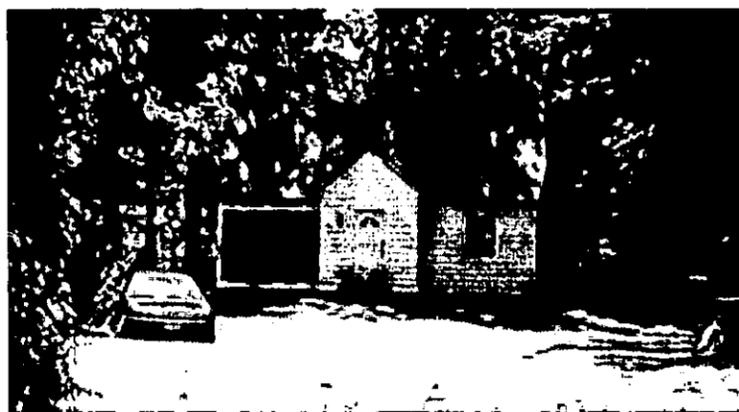
Wells left his vehicle in the driveway, which was eventually towed by police, and he and O'Brien were processed at the Bethlehem Police Department for trespassing, after Caite Suisan Shin Kiani, a relative of Mohammed and Umer, pressed charges against them.

Bethlehem police said another minor was also at the scene, but because of a lack of cooperation with the parties involved, she was not charged

or connected with the incident. Wells did not seek an order of protection after the incident, according to police.

Police said they discovered the Kiani's were "not legally in the United States," and they contacted Home Land Security's Immigration and Customs Enforcement department.

Bethlehem Town Justice Judge Ryan Donovan sent Umer Kiani to Albany County Correctional Facility without bail and revoked his passport, according to the arrest report.



Bethlehem Police were called to the scene at 486 Feura Bush Road in Glenmont Tuesday after they received a report of gunfire.

Thomas Heffernan/Spotlight

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Capital District Transportation Committee
One Park Place
Albany, New York

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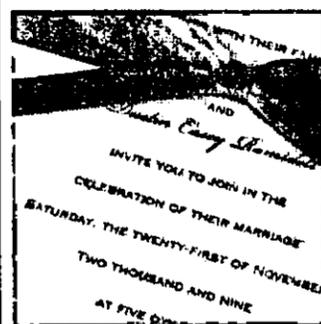


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Matters of Opinion *in the* Spotlight

A new school year and a new hope

This week, many of the youngsters in Spotlight Newspapers' coverage area will step into a classroom; many for the first time in their lives.

Lunches will be packed, new clothes donned and shown off, new friends made and old ones reunited, and — though some older kids may not like to admit it — parents will be missed.

Parents, in turn, will be filled with a sense of pride and more than a little twinge of sorrow as they say goodbye to the kids they knew only the day before and surrender a little bit of their children's lives to the educators and administrators that will influence them in their parents' stead.

There is a great deal of trust bestowed upon those in our school districts. We trust them to educate, guide and shape the futures of those we hold most dear. Most of all, we trust them to act as responsibly and as properly around our children as we would if we could be there with them.

Over the course of the summer, Spotlight Newspapers has reported on some unfavorable occurrences within our school districts. There has been in-fighting, scandal, dismissals, so-called demotions and, in some cases, criminal activity.

The child entering a classroom this fall should not be affected by any of this. We feel that in the case of our school districts, students are afforded the luxury of taking the good without the bad and being influenced by nothing more than the positive instruction of their educators.

We also understand that there will be conflict and unforeseen problems in any governing body. If there weren't, we would question the passion and dedication of the members of those bodies. We can't ask that you take the enthusiasm out of an organization filled with passionate educators and administrators. It's only human.

We do ask, however, that any conflict that remains unsettled or that may arise take a back seat to the duty that our districts have to the education and safety of our children. The politics of what should be such a noble organization as a school system should not taint that organization's noble purpose.

We often hear of how impressionable our youth are. Impress upon them the wisdom, maturity and competence that befits your profession.

Editorial

Wednesday with the Justice League

By SEAN AHERN
news@spotlightnews.com

The writer was a summer editorial intern at Spotlight Newspapers.

There are few things that bring me more joy in this world than a Wednesday afternoon — the sight of a beautiful woman reading Kerouac, finding a twenty in my back pocket or running a 50-second split in the 4x400 meter relay, perhaps — but few things are better than a Wednesday afternoon. Why you ask?

Wednesday is comic book day.

Every Wednesday, every week, since the beginning of time, is the day new issues of comic books come out, and for a closet geek like me, it is better than a late Saturday night that rolls into an early Sunday morning.

Every week in the summer, I find myself driving into Albany to the comic book shop with my two compadres (or three if we drag along a girlfriend we have deemed "worthy" enough to be part of our world) to figure out which issues are worth picking up for the week.

I might have just turned 21, but as I pass through those doors and go toward the rack of monthlies lined across the wall, I immediately turn back into a 12-year-old as I reverently pick up the newest issues of my favorites: "Teen Titans," "Justice League of America," "Astonishing X-Men," "The Flash," "The Spirit," "Green Lantern," "Madman," "Superman," "Batman" — the list goes on.

As I look at the stack of books in my hands I hear my friends and the other patrons of the store talking in a language that makes Mandarin Chinese sound simple. Comic-book-speak is so intricate that if you mess up one word it will change the meaning of the whole sentence and bring to you incredible

Point of View

levels of dishonor in geekdom. This language has the ability to repel any woman in a 10-mile vicinity, alienate anyone who is not a part of "the scene," paint a symbolic "kick me and shove me in a locker" sign on your back, at the same time attracting every opinionated nerd, halfwit and creature from the depths of the Internet to you.

"Winick hasn't surprised me on 'Titans' as of late."

"DC has one theory of comics — when in doubt, re-hash a storyline."

"DC COMICS SUCKS; MARVEL COMICS ALL THE WAY," one very misguided 12-year-old roars at my friend, who was innocently thumbing through the newest copy of "Robin" at that very moment.

"Marvel fanboys sicken me," my friend responds. "Hey kid, remember — the book won't sell without Wolverine or Spiderman on the cover!"

Worse than the Comic Book Guy from "The Simpsons," we question one another's recent acquisitions. The fact that someone might actually still buy a "Spawn" comic in this day and age is revolting to me. But the fact that someone might consider picking up the newest "KISS" comic book (yes, the "greatest rock band of all times" has a comic book) makes me go blind with anger.

And you wouldn't like me when I'm angry.

Many of my other friends, those with whom I run track or do other masculine things such as high-fiving, question why I like to read comic books. To them it seems inane and in some cases just plain silly. I remind them that we all have our hobbies, and for some of us, reading comic books is a hobby.

Then, for some reason, I find myself shoved in a locker on a college campus where there are no lockers, and I question what lengths they went to finding a locker to shove me in.

I guess it has to do with the general consensus that comic books are for kids and 30-year-old shut-ins, which could not be further from the truth. If recent summer movie blockbusters show us anything, comic books are gritty ("Sin City"), violent ("300"), dark ("Punisher"), filled with self-realization ("Ghost World") and inundated with millionaire playboys with daddy issues ("Iron Man," "Batman," "Howard the Duck"). Yet even though we see the likes of Robert

Downey Jr. playing a superhero who was made famous in the comic world for his excessive drinking, womanizing and overall egotistical behavior; somehow comic books still get written off as kids books that you should hopefully stop reading before you kiss a girl for the first time.

Well, they were until "Dark Knight" came out.

Thank God for Christopher Nolan's amazing direction and Christian Bale's amazing ability to make Batman his own, thereby erasing earlier interpretations of the caped crusader by Val Kilmer, George Clooney and Michael Keaton.

Since this movie has come out it is cool — dare I say, chic — to be a comic book geek. People I know now ask me about the Batman comics on a regular basis. I am the center of attention at parties where I can now point out why Heath Ledger's interpretation of the Joker was spot on, and people listen.

Girls listen, and that makes it all sweeter.

There are more comic book movies coming out in the next few years. A sequel to "Iron Man" is already in the works and "Captain America" is slated for 2011 among other Marvel Comic franchises hitting the big screen. "Watchmen," based on the critically acclaimed DC Comics graphic novel, is coming out in March and "X-Men Origins: Wolverine" is coming out next May. Comic books are no longer for children, and it's about time.

Comic books are now a legitimate storytelling medium. Gone are the days of campy storylines that involve Batman running after a guy wearing clown makeup over his moustache stealing hand buzzers from the local comedy shop emporium (Thank you, Cesar Romero, you made me think the Joker had a wicked 'stache for five years of my life.), or Superman fighting aliens from the Crab Nebula because he is overwhelmingly stronger than any other person on earth.

Now Batman systematically hunts down killer clowns before they murder innocent children in a preschool in South Gotham, and it makes for great reading. I jump for joy at the end of a great Batman storyline, when the Green Lantern's newest story has a giant M. Night Shyamalan twist at the end, I scream out loud. It brings me back every week. I wait every Tuesday night in anticipation of what is going to happen when I read the next day's stories.

And that's why nothing is better than a Wednesday afternoon.

THE Spotlight

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Your Opinion *in the* Spotlight

Hudson, historian substantiated

Editor, The Spotlight:

Regarding the issue of Henry Hudson: I'm no historian, I'm Ed Mulligan's daughter-in-law, defending his good name.

In a matter of five minutes of surfing the Web I was able to find documentation that Henry Hudson landed "south of Albany."

• According to the Web site www.ianchadwick.com/hudson/hudson_03.htm; "Some authorities suggest Hudson landed at latitude 42° 18', five or six miles above the present city of Hudson. However, a careful computation of the distances covered each day, as entered in (Robert) Juet's book, shows that on Sept. 18 the Half Moon was six leagues higher up the river; the real landing probably was in the neighbourhood of today's Schodack and Castleton."

• According to the Web sites www.infoplease.com/ce6/people/A0824435.html and www.answers.com/topic/henry-hudson, "He was the first European to ascend the Hudson River (named for him), nearly to present-day Albany."

Hudson River (named for him), nearly to present-day Albany."

Need I go farther?

Ed Mulligan was a decorated WWII pilot who was shot down over Germany. He spent over two years in a Nazi prison camp. He produced a journal about his time there which was used in the movie "The Great Escape."

After the war, Ed worked as a writer for the Knickerbocker News. I'm sure that he knew how to research a project and I'm sure that he researched the history of Henry Hudson before recommending a monument in Bethlehem.

Patricia and Peter Mulligan
Selkirk

Buy a sneaker, walk for a cure

Editor, The Spotlight:

Five local merchants are selling paper sneakers for only \$1 each to benefit diabetes research.

This great sneaker sale is part of the effort of our townwide team, Bethlehem Cares, that will participate in the Juvenile Diabetes Research Foundation's Walk to Cure Diabetes on Sunday, Sept. 21, at Corporate Woods in Albany.

Bethlehem Cares would like to thank these businesses for supporting our quest to cure diabetes by selling paper sneakers for us: Delmar Marketplace and CynderElla Subs, both in Delmar; VanAllen Farms in Glenmont; Gold Coin Restaurant in Slingerlands; and Ravenna Shop 'n' Save in Ravenna.

The next time that you visit one of these businesses,

please consider making a \$1 donation. You won't just be buying a paper sneaker. You'll be buying hope for a lot of people that a cure will be found for diabetes and its complications.

For information on participating in the Walk to Cure Diabetes, call Bethlehem Cares at 439-6894.

If you can't participate but

would like to make a donation to support diabetes research, you can mail your check (payable to Juvenile Diabetes Research Foundation) to Bethlehem Cares at 65 Boylston Drive, Delmar 12054.

Thank you.

Tim Carey
Delmar



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New Scotland court clerks get more hours

IN BRIEF

Justices petitioned to raise court clerk hours due to increased case volume

By DAN SABBATINO
Spotlight Newspapers
sabbatinod@spotlightnews.com

The New Scotland Town Board approved a motion to increase the cap on the hours the justice department clerks can work, at a Wednesday, Aug. 20, meeting.

The increase comes as a

result of New Scotland seeing an increase in the number of overall cases from 393 in 2006, to 552 in 2007, and 731 through July of this year, said Town Justice David Wukitsch at the meeting.

"That really wasn't anticipated," he said. "We're seeing more DWI cases. There have been significant changes in the law, [and now] these cases are being litigated with hearings," Wukitsch said.

Wukitsch said this leads to additional work for the justice department.

A clerk's hours would increase from 25 to 30 hours each week to handle the additional paperwork, Supervisor Tom Dolin said.

He said a large reason for

the increase in cases has been the availability of the sheriff's department and State Troopers to do road patrols in the town.

"It's mostly a function of enforcement. Probably 90 percent are traffic tickets," Dolin said. "It doesn't reflect an increase in crime, it reflects an increase in man hours."

He did acknowledge that some of those traffic tickets are DWIs, and are considered misdemeanor crimes.

Dolin said the amount of enforcement fluctuates because of administrative reasons. He gave the example of a decrease in traffic violations after 9/11 because county and state law enforcement officials were occupied at the county's airports.

The town will need an additional \$2,800 to increase the clerks' man hours from now until the end of the budget period, on Dec. 31, but Dolin estimates they will generate

and additional \$20,000 in traffic fines and will be able to cover the costs with funds left over.

Those funds will go into a "rainy day" fund and could be used for a number of things, Dolin said.

The town has collected \$60,000 as of July, and unofficially the town has calculated that they surpassed the expected \$65,000 mark they budgeted for already, Dolin said.

Town Justice Margaret Adkins said the congestion of cases has led to cases being put on the backburner longer than they should, and adversely affecting some of the town's residents.

"I can think of one Voorheesville High School student who still has an open case that hasn't been disposed of, Adkins said. "When your senior prank can't be removed...it's not fair."

Delmar resident named to Excelsior board

Excelsior College has named Delmar resident Kathleen Butler to the Alumni Association Advisory Board, which provides leadership to the Alumni Association and counsel to the distance learning college's alumni programs, activities and operations.

Butler was elected to the board this summer.

A 2007 Excelsior graduate, she was Excelsior's commencement speaker in 2007. Butler came to Excelsior as a displaced homemaker with little education and few career prospects.

In one year she earned 93 credits toward a bachelor's degree in psychology and graduated with honors, and she is now finishing a master's degree in social work at the University at Albany, where she has a 4.0 grade-point average.

She is an intern therapist at Ellis Hospital in Schenectady and plans to become a licensed social worker after graduation in 2009. Butler has been the Capital District Fund representative for the Fresh Air Fund in New York City for more than 10 years, winning two national awards for excellence.

The Excelsior College Alumni Association Advisory Board is made up of nine members who are elected by the alumni. The members serve a term of three years and are guided by an executive committee consisting of a president, vice president and secretary.

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46th Senate District to be decided by primary

Candidates face off against six-term incumbent

By DAN SABBATINO
Spotlight Newspapers
sabbatinod@spotlightnew.com

Constituents in the 46th Senate District in New York will be faced with a choice of three Democratic candidates in the Sept. 9 primary.

The primary election will decide the Senate seat, as there are no challengers outside of the Democratic Party. The 46th Senate district encompasses the entirety of Albany County and features incumbent Neil Breslin, who is serving his sixth term in the district.

Challengers Charlie Voelker and David Weiss, have not held elected office, but bring a diverse background of qualifications.

The candidates are as follows:

Neil Breslin, 66, Albany

Annual salary: \$79,500
Education: Fordham College and University of Toledo Law School

Endorsement: Democratic Party and Working Party

Endorses for President: Barack Obama

Religious affiliation: Roman Catholic

Number of campaign volunteers: 50-plus

Grade given to the current state Legislature: C. "Yet, this will greatly improve once the Democrats assume the Senate majority after November."

Legislative priorities (in order of importance): Health care, economy, energy, war on terrorism, campaign finance reform.

Sen. Neil D. Breslin is currently serving his sixth term as New York State Senator.

In the 2008-2009 Legislative Session, Breslin served on the insurance, agriculture, banks, codes, judiciary and labor committees. He was the ranking minority member of the insurance committee.

He was a partner in the firm Garry, Cahill, Edmunds & Breslin and currently practices law as "of counsel" to the firm of Hiscock and Barclay.

Breslin has been a member of the state Bar Association in several positions such as editor of the newsletter, chair of the General Practice Law Section and a member of the House of Delegates. He was formally the chair of the State and Federal Relations Committee of the National Conference of Insurance Legislators (NCOIL), according to his campaign Web site.

Why are you running?

"The reason I am running for election to the New York State Senate is very simple: I want to better the lives of our residents."

Do you feel that prior political experience is necessary to be a member of the state Legislature?

"I do not feel as though having prior political experience is necessary in order to be a member of the Legislature. Although I believe that it can be helpful and has been in my situation, all one really needs to possess is the desire and drive to create positive change in the community."

Why should someone vote for you?

"Over the past 12 years, serving the people of Albany County has been my top priority. It will continue to be my top priority if reelected. I will keep supporting job growth, improving education for our children and working to ensure better health care and increased public protections for all."

Charlie Voelker, 44, Delmar

Annual salary: \$86,000
Education: University at Albany

Endorsement: Democratic Party and Conservative Party

Endorses for President: Barack Obama

Religious affiliation: Catholic

Number of campaign volunteers: 25-plus

Grade given to the current state Legislature: D

Legislative priorities (in order of importance): Economy, health care, energy, war on terrorism, campaign finance reform.

Volker has served as the

University at Albany's athletic department head of the athletic marketing and ticket efforts since 2003.

He also held positions as a commercial engineer for Time Warner Cable, worked as a sports broadcaster, and was vice president and general manager of the Albany-Colonie Diamond Dogs minor league baseball team.

Voelker focused on increasing the University at Albany's television exposures; game attendance and revenues; and the development of corporate partnerships, according to his Web site.

"Charlie's marketing plan was integral to the recent naming of SEFCU arena. He

is currently the Associate Athletic Director of External Affairs," according to his Web site.

Why are you running?

"I believe that New York state government has to change or our children will not have the opportunity to stay here in the future. Our taxes are out of control. It is a mess. I believe I can bring the ideas, the effort and the ability to work with everyone, as a team, in order to enact that change. I will work full-time to produce that change and generate revenue for the state, instead of continually taxing the people of New York state and especially, the citizens of

□ 46th Page 10

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46th

(From Page 9)

Albany County."

Do you feel that prior political experience is necessary to be a member of the state Legislature?

"Prior political experience has contributed to our Legislature being labeled as the "most dysfunctional state government in America." Therefore, I would prefer not to have any prior political experience."

Why should someone vote for you?

"I will work full time, instead of part time like our current state senator. I have the experience to partner with businesses to create jobs and revenue for the state and the people of Albany County. My job will be to lower

your taxes and make New York a better place to live for our families. I am a team player and believe that we can change the way things are if we work together. I will constantly hold town hall meetings to listen to the people of Albany County. Most of all, I have a family. I am a New Yorker. I have lived in New York for my entire life. Being a life-long New Yorker means something to me. I want to give our children that same opportunity."

David Weiss, 52, Rensselaerville

Annual salary: Unanswered
Education: Cabrillo College and the University of California at Santa Cruz

Endorsement: Democratic Party

Endorses for President: Barack

Obama

Religious affiliation: Unanswered

Number of campaign volunteers: Unanswered

Grade given to the current state Legislature: C

Legislative priorities (in order of importance): Energy, healthcare, economy, campaign finance, war on terrorism.

Weiss is the president of a community-owned renewable energy development company, the New York Farmers Wind Power LLC and a firefighter with the Rensselaerville Volunteer Fire Department, and is a member of its board of directors, according to his Web site.

He is also the president of the Rensselaerville Library Board and served on the 2006 Town of Rensselaerville Land Use Committee. He was chair of the Natural Resource

Committee as well, the Web site states:

"Weiss has been a social and environmental activist for more than 35 years. He has a proven track record of standing up for what he believes in," according to his campaign Web site.

Why are you running?

"I believe in democracy, and over the years many people who have heard me talk about my ideas insist that I must run for office. Now as the father of two young children I feel a new urgency about bringing change to government.

I will be a full-time senator and freely available to listen to the public. I am running for state Senate because it occurred to me several years ago that we rarely hear from Sen. Breslin out here in the Hilltowns. That made me curious. I discovered that he

co-sponsors legions of bills, many of minor importance, and votes a reliable party line, but doesn't "rock the boat" or introduce groundbreaking legislation. I also discovered that he takes money from insurance and pharmaceutical companies, realty associations, banks, and many major U.S. companies, just to name a few.

The more I learned, the more dissatisfied I felt about being represented by Mr. Breslin."

Do you feel that prior political experience is necessary to be a member of the state Legislature?

"I have been politically active all my life. Among others, Arnold Schwarzenegger, Jesse Ventura, Carolyn McCarthy, and Neil Breslin never held office before being elected to their current high profile positions.

There are many accomplishments that can prepare one for elected office, and I believe that mine are more than adequate."

Why should someone vote for you?

"Because I have always vigorously defended what's right and I cannot be bought. As senator, I will continue my lifelong commitment to justice and action."

Primary Election Day is Tuesday, Sept. 9. To check voting registration and look up polling locations, visit www.elections.state.ny.us.

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Schools in Voorheesville district set to open

IN BRIEF

Schools in the Voorheesville Central School District will open for the new 2008-2009 school year on Thursday, Sept. 4.

NEWS NOTES

Voorheesville
Betsy Glath
765-4415



or to register call 872-1237.

Library plans Healthy Choices workshop
The Voorheesville Public Library will also be holding a "Healthy Choices Workshop" which begins on Wednesday,

Sept. 3, from 1 to 4 p.m. This is a six-week workshop for seniors and/or caregivers on healthy living.

Call the library at 765-2791 for information.

Helderview Garden Club to meet

The next meeting for the Helderview Garden Club will be at the Albany Cornell Cooperative Extension, on Martin Road in Voorheesville on Thursday, Sept. 4, at 7 p.m.

Speaker Anita Sanchez from Five Rivers Environmental Education Center in Delmar will speak on "Wildflowers of New York."

The public is welcome. For information, call 765-4544.

Town board to meet

The next meeting for the Town of New Scotland will be held on Wednesday, Sept. 10, at 7 p.m. in the Town Hall on Route 85, in Slingerlands. All are welcome.

Language Learning Inst. offering class in Delmar

The Language Learning Institute is opening a Delmar location, starting Sept. 11, by offering a Beginning French for Adults class at St. Stephen's Episcopal Church on Thursday evenings from 6 to 7:30.

A Mommy and Me program, for children ages 2 months to 4/5 years of age, will be launched during the week of Sept. 29.

For information or to register, call 346-7096, e-mail nscarselletta@languagelearninginstitute.com or visit www.languagelearninginstitute.com.

PTA to meet

The first meeting of the new school year for the Voorheesville PTA will be held on Wednesday, Sept. 10, at 7 p.m. in the elementary school library.

School Board to meet

The next meeting for the Voorheesville Board of Education will be held on Monday, Sept. 8, at 7:30 p.m. in the high school cafeteria.

Thacher plans mixed-media art class

The Thacher Nature Center will offer a Mixed Media Layering and Collage art class Sept. 6, from 10 a.m. to 3 p.m.

Participants will learn the basics of layering acrylic paint on watercolor paper to create a textured, collaged piece of artwork.

Participants should bring the following materials: one or two large sheets of heavy watercolor paper, acrylic or gloss matte medium, old watercolor brushes, 2" or larger brush, two spray bottles, rubbing alcohol, water container, eyedropper, old newspapers or printed material, toilet paper, paper towels, paint palette, hairdryer, photocopies of pictures, things to make textures including bubble wrap, tissue paper, corrugated cardboard, stamps, open weave grid objects, plastic scraper, toilet paper. Some acrylic paint colors will be provided, but participants may wish to bring additional paint.

Participants should be 14 years old and up. Fee for the class is \$12 and for information

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Share experiences at parent-child workshops

Does your two-year-old think 2 a.m. is get-up-and-play time? Does your three-year-old want nothing to eat but cheese?

If so, you should be signed up for the VPL Parent-Child workshops where you will meet and share experiences with other parents and caregivers of young children.

Each week different guest experts will be in attendance to answer questions, give parenting tips and point you to local resources available to enrich your toddler's life. Did you know, for example, that free immunizations, speech



therapy and other health services are available for your child?

Your youngsters will have a great time meeting other children and enjoying our craft and play stations with you and the new toys we have purchased with the Family Place grant. One week will feature a wonderful performance by Kindermusik. We will wrap up each day's

fun with a song participation segment and perhaps some parachute play. Show your child that the library is a fun and interesting place. We invite you to sign up today for the five-week series, which will meet Sept. 10 through Oct. 8 Wednesdays from 10:15 to 11:45 a.m. For information, visit www.voorheesvillelibrary.org or call the library.

Pick a Mii for the Wii

The library has a fun new gadget available for you! Wii is a game system by Nintendo that offers an amazing gaming experience that can be played alone, with a partner or as a team. The whole family can play at billiards, baseball, bowling, tennis or ping-pong and other

sporting activities. You can go fishing or golfing, race motors bikes or choose one of several other competitive sports, depending on which games you are using. Your Mii is you - your personal gaming character who will swing, pitch or cast your club, ball or line, as you instruct it to. Wii also makes an impressive at-home workout game, Wii Fit, which features a gentle form of exercise for senior citizens and people with disabilities as well as more robust activities so everyone can get a great workout. As soon as Wii Fit is here (it is so popular that stores cannot keep it in stock), we will arrange some exercise programs.

Beginning Sept. 13, Wii will be set up for gaming every Saturday afternoon, when there are no other programs, from 1 to 3 p.m. for drop-in players. You will need your library card to sign out the game software and controllers

(in-library use only) and at least one player must be over the age of 18. If you are not familiar with Wii, there will be an orientation night Wednesday, Sept. 10, at 7 p.m. Come on over and meet Wii.

Additional programs

• It's not too late to sign up for the free crash course in basic ballroom dance that will be held at the library on Saturday, Sept. 6, at 11 a.m. Sign up and enjoy an hour of fun.

• Lapsits for Babies will be on Thursday, Sept. 4 at 10:15 a.m. Regular storytimes begin Tuesday, Sept. 9, on Tuesdays and Fridays at 10:15 a.m.

Barbara Vink

• All library programming is free (unless otherwise noted) and open to the public. Voorheesville Public Library is located at 51 School Road, Voorheesville. For information, call 765-2791 or visit www.voorheesvillelibrary.org.

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Event to preview 'Italian Masterpieces' tour

Friends of Bethlehem Public Library have teamed up with Collette Vacations and Smithsonian Journeys Travel Adventures to sponsor an 11-day spring "Italian Masterpieces" tour.

Rome and Florence are the high points; from these cities tourgoers go on to explore the Vatican, Siena, Lucca, Perugia, Assisi, Montepulciano and Orvieto.

The tour also includes an educational component, with talks about Renaissance art and architecture, fresco painting and local cuisine. Affiliation with the Smithsonian assures expert speaker presentations.

The tour is Monday, March 23 to Tuesday, April 2; cost is \$3,549 per person (double occupancy) and includes air travel from Albany Airport, air taxes, fees and surcharges, hotel transfers and 15 meals.

Find out more about this exciting travel opportunity by attending a tour preview and slide show Thursday, Sept. 11, at 7 p.m. at the library.

Tour brochures with



full itinerary are available in the library lobby, or go to <http://friends.bethlehempubliclibrary.org>.

Strike up the band

Ruth Robin of the Scotia-Glenville Museum presents "Strike Up the Band: the history of community bands through the ages" on Friday, Sept. 12, at 2 p.m.

Illustrated with musical examples, the talk begins with the early bands of Europe's medieval fairs and

continues through the Civil War and the music of John Philip Sousa to the African-influenced New Orleans brass bands.

A look at high school bands and the recent rebirth of community bands rounds out the talk. A singalong of old favorites follows.

The program is cosponsored by Bethlehem Senior Projects, with funding from the Albany County Department of Aging.

Computer instruction for adults

A computer is a great tool for keeping in touch (e-mail), doing research (databases), shopping

(online stores), or reserving and renewing library books ("my account" at www.bethlehempubliclibrary.org).

If you're new to computers and anxious or shy about learning how to use them, Computer Partners is just the thing for you. You'll work one-on-one in the library with an adult volunteer. You'll learn the basics at your own pace, in the privacy of one of our study rooms. If you're interested in becoming a

Computer Partners student, call the information desk at 439-9314.

If you're computer-savvy and would like to share your expertise with a beginner, contact Michele Giuffre at 439-9314, ext. 3018, or at giuffrem@uhls.lib.ny.us.

Louise Grieco

All library programming is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar. For information, call 439-9314.

IN BRIEF

H.I.L.L. classes start Sept. 29

The Bethlehem Humanities Institute for Lifelong Learning will begin its 16th year of offering university level classes. Taught by local college faculty, to residents of Bethlehem and the Capital District Monday, Sept. 29.

H.I.L.L. was founded in 1993 by Helen and Fred Adler, and is an adjunct organization of the Bethlehem Central School District, run by a committee of community volunteers.

Five courses are being offered this fall semester. Course descriptions and registration forms are available at bcsl.k12.ny.us. For information, call 439-6719, 475-1757 or 439-4788.

Community Caregivers to sponsor poetry workshop

Community Caregivers is sponsoring a workshop, "Poetry for Caregivers," on Monday, Sept. 15, from 6:30 to 8:30 p.m., at the Bethlehem Public Library.

In the workshop, participants will read poetry written by caregivers and about caregiving, and will learn writing exercises to begin or improve their poetry-writing skills.

The workshop will be facilitated by Mimi Moriarty, a long-distance caregiver for her parents for many years. Mimi has a master's of fine arts degree from Goddard College, and her poetry has been published in many journals and magazines. Her book of poetry, *War Psalm*, was published in 2007.

For information about the workshop, call Community Caregivers at 456-2898.

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Two new replacement vans put into service

The Bethlehem Senior Projects Inc. Board of Directors and the Senior Services staff members are delighted that the two new replacement vans that help transport our town's seniors are now on the road. Senior Projects is most grateful to all individuals and groups in the community who helped make its purchase possible, which totaled almost \$100,000.

The two-year fundraising campaign was certainly a challenge, but the end result was well worth the time and effort involved. Sincere thanks to all who made a donation of any size. We know our seniors who ride the vans are appreciative as well.



Masonic Temple including a lobster or steak dinner with baked potato, corn, slaw, dessert and beverage, and all for only \$25. Bethlehem Senior transportation will leave Town Hall at 3:30 p.m. with home pick-up available on a pre-arranged basis. Be sure to call 439-4955, ext. 1176, now because reservations end on Wednesday, Sept. 3.

Monday, Sept. 8

• Shopping center trip to Colonie Center and Northway Mall with Bethlehem Senior transportation. For reservations,

Program highlights

Saturday, Sept. 6

• Down East Lobster Bake Dinner at the East Greenbush

call 439-5770.

• Legal Aid Society and Albany County Department of Social Services Medicaid representatives will be available at Bethlehem Town Hall to answer food stamp questions and assist with applications, 10 a.m. to noon. Appointments necessary. Call 439-4955, ext. 1176.

Tuesday, September 9

• Watercolor Class, 9:30 a.m. to 11:30 a.m. at the First Reformed Church of Bethlehem, 38 Church Road, Selkirk. Instructor: Susan Wooster Pace. Supplies will be provided and the program is free, although a voluntary contribution is welcome to help fund materials for the classes that are scheduled for every Tuesday through Oct. 29. To sign up, call Karen Harmon at 439-1505. The program is supported by STARS Intergen Corp., Albany County Dept. for Aging, state Office for the Aging and the U.S. Administration on Aging.

• Weather permitting, go shopping at the Farmers, Market, First United Methodist

Church parking lot, 428 Kenwood Ave., Delmar. Great fresh fruits and vegetables and other food and specialty items are available. Bethlehem Senior transportation leaves Town Hall at approximately 2 p.m. with home pick-up available on a pre-arranged basis. (Suggested van donation is \$2) For reservations, call 439-4955, ext. 1176.

Wednesday, Sept. 10

• Seniors grocery shopping for residents of Elsmere, Delmar, Slingerlands, North Bethlehem and Marie Rose Manor. For reservations, call 439-5770.

Thursday, Sept. 11

• Weekday Walkers, 10:30 a.m. to noon at one of the area's nature preserves. Wear comfortable walking shoes and bring a bagged lunch. At 10 a.m., meet the group at Bethlehem Town Hall, 445 Delaware Ave., Delmar, and Bethlehem transportation will depart at 10:15 a.m. Home pickup is available on a pre-arranged basis. (Suggested van donation is \$3) For information and reservations, call 439-4955,

ext. 1176.

• Senior Legal Services Program - free for Albany County residents 60 years of age or older, Bethlehem Town Hall, 445 Delaware Ave., Delmar. Appointment necessary. Call 439-4955, ext. 1176. Program is funded by Albany County Dept. for Aging and staffed through the Legal Aid Society of Northeastern NY Inc.

• Bethlehem Senior Citizens Club - for an enjoyable social afternoon of games and other entertainment, Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar, 11:30 a.m.

• Seniors grocery shopping for residents of Glenmont, Selkirk and South Bethlehem. For reservations, call 439-5770.

Friday, September 12

• Early "Lunch-out" at the Windowbox Café in Slingerlands (cost on your own) followed by "Strike Up the Band," a program presented by Scotia-Glenville Children's Museum at the Bethlehem Public Library, 451 Delaware Ave., Delmar, 2 p.m. The program explores a history of community history through the ages and is sponsored by Bethlehem Senior Projects Inc. and Bethlehem Senior Services. Senior transportation will leave Town Hall at 10:30 to 11 a.m. with home pickup available on a pre-arranged basis. For reservations, call 439-4955, ext. 1176.

• Seniors grocery shopping for residents of Good Samaritan Senior Housing and Van Allen Senior Apartments. For reservations, call 439-5770.

For information on the above or a list of additional activities, call the Bethlehem Senior Services Office at 439-4955, ext. 1176.

— Doris Davis, Bethlehem Senior Projects Inc. board member

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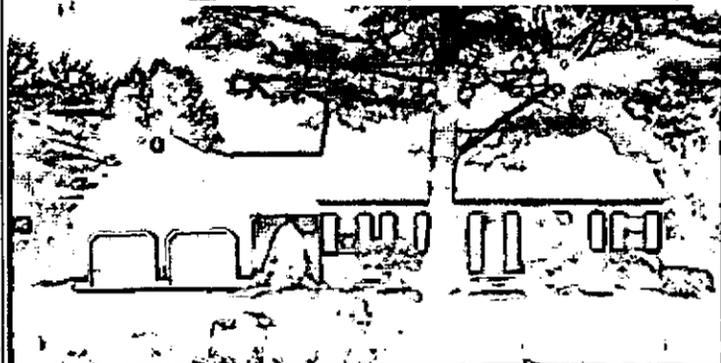
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Sphere announces Target as anchor

As New Scotland town officials consider an extension of the moratorium on commercial development, representatives from Syracuse-based Sphere Development LLC tell *The Spotlight* that they "need" an estimated 137,000 square-foot Target retail outlet to develop the 179-acre plot, formerly the Bender melon farm.

Greg Widrick, a managing partner at Sphere Development LLC said, "We need Target to make it a viable development site."

New Scotland currently has a moratorium on commercial development on buildings over 30,000 square feet. Until an extension is formally made, the moratorium ends Nov. 21.

Town officials say an extension

is necessary so they can have more time for public input and to work out details in zoning law language.

The Commercial Zone Advisory Committee is attempting to bring zoning laws up to speed with the comprehensive plan, and talks about a cap on the limit of commercially developed buildings has been at the crux of the discussions to change the zoning laws.

CZAC chair Roz Robinson said that while they are having trouble deciding on an appropriate cap for the size of commercial developments, but this is not the primary reason for a potential extension.

A public workshop is scheduled for Sept. 17, Robinson said, and officials say the moratorium extension could be two or three months.

Widrick said Sphere understands the precautionary move to propose and draft and extension to the moratorium beyond the deadline.

"We're trying to work with the public to come to a solution to this thing," he said.

Widrick did say, though, that Sphere would be severely limited by a building cap, and in order to "viably" develop the site, they need a building that will far exceed the discussed 50,000 to 60,000 square feet, and Target exceeds that number.

A final plan will need to be reviewed by Albany County and the town board, Robison said and that could take 30 to 90 days.

- Dan Sabbatino

Review

(From Page 1)

However, after Democratic councilmen Kyle Kotary and Mark Hennessey began asking for copies of compiled information, such as the e-mails, and sought more specific information as to noise exemptions and what similar municipalities had in place, it became increasingly apparent the board was not going to vote on the recommendation that evening.

Messina said he would share all of the findings and e-mails with the board but did not have hard copies for board members that evening, which amounted to a very large stack of documents,

he said.

Councilwoman Joann Dawson thanked Messina and the task force for their work, and although she was ready to vote on the recommendation that evening, Dawson said she, too, would like to review more documents from the task force's findings on a possible noise ordinance.

Town Code Enforcer Gil Boucher told *Spotlight Newspapers* at an earlier meeting that the actual drafting of the noise law would take several months to complete. Kotary asked Messina if there could be some kind of timeline attached to project and suggested a possible goal of next spring for having the ordinance drafted.

"I'm going to put forth a sug-

gestion that we continue with fine review, expand the committee to maybe nine people, bringing on a few more people perhaps," Kotary said. "Maybe another person from the board or from another department and at least two or three more residents."

Messina said he would implement the board's suggestions and would continue working with the task force. Following the meeting, Messina said he hoped that too much bureaucracy or red tape wouldn't bog down the task force.

The Noise Ordinance Task Force also includes community representatives Jennifer DeFranco and Robert Jasinski; Bethlehem Deputy Police Chief Tim Beebe; and Boucher.

Bypass

(From Page 1)

ing current state routes," Evans said. "As of the date of this letter, 440 members of the Bethlehem community, the majority live in the Selkirk area, have signed the petition."

Supervisor Jack Cunningham cordially accepted the petition, saying he frequently talks with Evans about the situation and assured the crowd no permanent action has been taken by the town regarding a bypass solution.

Cunningham said although it is a "preferred route," the town is currently looking at existing infrastructure as a potential solution.

Councilman Kyle Kotary thanked Evans for her comments and reiterated Cunningham's comments.

"We are looking at one of the options on how to avoid a route that goes through a lot of green space and potential preservation land," Kotary told Evans. "I wanted you to know my personal commitment to looking at all of those options."

Kotary said the town is always looking for ways to protect and preserve green space, but that they "have a ways to go."

"On behalf of the people who signed the petition we urge you not to approve this 'preferred route', and to rather consider the economic advantages of keeping

the space green," Evans said. "This is why the CACC Advisory Committee was created, and CACC has not been heard from. Most of those who signed the petition feel that there was never an open and fair process by which this route was selected as 'preferred'. The only sense in which this route was 'preferred' was by the planners."

The petition was submitted by residents Anthony DeLuca; Stephen Downs; Lisa Evans; Eugene Hoffert; Appleton Mason III; Dawn Pratt; William Weisheit; Harry Wilbur; and Stephen Wiley, many of who were in attendance at the time.

Political lawn signs questioned

Republican says signs illegal, town to consider code change

By JARRETT CARROLL
Spotlight Newspapers
carrollj@spotlightnews.com

Citing town code, a resident told the Town Board that Bethlehem has become littered with illegal political signs, and called on the town to remove the clusters of political signs.

Norman Morand, a member of the town's Republican committee, delivered a passionate, and at times confrontational, pitch to the town board at its Wednesday, Aug. 27, meeting, asking them to enforce the zoning code and prevent Bethlehem from looking like a "honky tonk town."

Section 128-59 of the town code states, "No signs other than an official traffic sign shall be erected in the right-of-way of any public streets or highway."

Morand asked the town take down the signs, but the board said such a move would be impossible to enforce on a town-wide level.

When the board denied Morand's plea for "immediate action," even though members said they would consider reviewing the sign code section, he threatened to "put up a big sign on my front lawn, and I dare anyone to tell me to take it down, and we can go to court over that."

Morand called on Supervisor Jack Cunningham to take the matter seriously.

"Jack, you do not own the town of Bethlehem. You are elected to uphold the laws of this town and not to carry out your personal desires," Morand said. "If the Town Board wants the public to respect and obey the laws, the board has no alternative but to vote to enforce this law and have the political signs removed now."

Cunningham said the town would take Morand's comments for the record, but without a motion by a board member, no action could be taken that evening.

"The town cannot pick and choose when they decide to enforce the law," Morand concluded, adding that the town brought Glenmont Alteri's owner Harvey Quinn to court over the use of a banner to his business.

Town Attorney James Potter explained the town code to Morand.

"The zoning law restricts where you can put signs, the zoning law provides an exemption for political signs, except that political signs cannot be placed on town property or the town right-of-way," Potter said. "I think the public has a significant misunderstanding about what constitutes the public right

of way. ... Town property actually goes 13 feet onto most people's lawns."

Potter said because of the town technically owns 13 feet past the road that it becomes a significant enforcement issue.

"The town is faced with a dilemma, if you were going to enforce that law to the strict letter of the law, then the highway department and our zoning enforcement people, and perhaps even our police would be spending their entire day removing signs."

It also becomes a constitutional and First Amendment Rights issue, he said.

"That would also raise, a significant issue about First Amendment Rights, I think citizens would be very upset ... and remove signs from what people consider to be their front lawns," Potter said. "You would have significant issues about candidates, from either party, and it doesn't matter which, claiming that we've been engaged in discriminatory enforcement."

Potter said if there were 1,000 signs and the town could only get 999, a candidate would have a valid discrimination case against the town.

"The town does remove any signs from town parks and town property," Potter said. "But in terms of removing them the right-of-way and town roads, that has just not been the practical thing to do."

However, Morand was not

peased by Potter's explanation. "Mr. Potter what do the words mean? Do the words mean you can enforce it at your own leisure, your own discretion?" Morand asked. "The words are very, very straight forward. No signs."

Morand demanded the town enforce the sign issue.

Councilman Kyle Kotary said this issue has come up in past, not just for signs but also for things like Halloween decorations and other residential appearance altering situations.

Kotary, who is helping to manage Democrat Tracey Brooks campaign for U.S. Congress, said the town should look into amending the town's code.

"If we have something that is something like this lawn sign ordinance that is unenforceable, maybe we fix the law, we change the law, specific to the right-of-way issue," Kotary said. "So what I'd rather see is that perhaps we look at that law on your suggestion and amend it."

Councilman Sam Messina also said the section of town code on signs should be revisited by the board and that possible action could be taken.

Potter said a proposed zoning amendment would require a town board proposal and then a public hearing before the board could vote to amend or change a local law.



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Graduation Rates for New York State School Districts

Capital District

- Voorheesville – 97%
- Burnt Hills-Ballston Lake – 93%
- Niskayuna – 91%
- Bethlehem – 90%
- North Colonie – 89%
- Galway – 88%
- Stillwater – 86%
- Guilfordland – 85%
- Shenendehowa – 85%
- South Colonie – 83%
- Duanesburg – 82%
- Schuylerville – 82%
- Scotia-Glenville – 82%
- Bern-Knox-Westerlo – 82%
- Ravena-Coeymans-Selkirk – 80%
- Saratoga Springs City – 79%
- Mechanicville – 78%
- Schalmont – 78%
- Corinth – 77%
- Rotterdam-Mohonasen 76%
- Ballston Spa – 76%
- South Glens Falls – 73%
- Cohoes City – 71%
- Watervliet City – 65%
- Albany City – 61%
- Schenectady City – 56%

State average: 69%
Tri-county area average: 80%

Outside the Capital District

- Bottom 6 New York State H.S. Graduation Rates (outside NYC)
- Colton-Pierrepont – 3%
- Poughkeepsie City – 45%
- Buffalo City – 45%
- Rochester City – 45%
- Syracuse City – 48%
- Fallsburg – 48%

Bottom 6 New York City H.S. Graduation Rates

- NYC Alternative HS District – 19%
- NYC Geographic District #18 – 32%
- NYC Geographic District #16 – 34%
- NYC Geographic District #19 – 39%
- NYC Geographic District #8 – 40%
- NYC Geographic District #12 – 43%

*Statistics compiled by New York State Education Department.

*All percentages are for four year graduation rates for the 2003 total cohort (2003 freshman-2007 seniors), and do not include summer school or five year graduates.

*Statistics do not include Union Free School Districts.

Grad

(From Page 1)

which has a graduation rate of 76 percent, up from 73 percent from its four-year 2001 cohort, said one of the most important initiatives has been the "transition team," that strives to get kids through the pivotal sophomore year of high school.

He said the program targeted 80 students who struggled through the eighth grade, and put a team made up of a social worker and special education and subject teachers to help those kids continue on into their junior and senior years of high school.

He said the program works quietly but effectively.

"What we do is low key. We don't want the kids to feel like we're singling them out."

The team will focus on the at-risk students and encourage them to participate in extracurricular activities, school activities and focus on career development as early as possible.

McGrath said if students get excited about a career early on, it will keep them interested in their education. It is important, he said, to start targeting kids while they are still in middle school and get students excited about education.

The program is new, but McGrath said the district is very confident in its success so far.

"I think we're going to see some real improvement over the next few years," he said.

He said, unofficially, that he is expecting the five-year 2003 graduation rate in Mohonasen High School to be at 87 percent, a significant jump from past years, largely due to the new program.

Bethlehem Central School District, where 90 percent of its 439-member 2003 four-year cohort graduated, ranked fourth among the three counties, although that number is down 6 percentage points from 2001. The district is also moving toward a more engaging approach, as well as targeting problem students early.

"We are building support from the elementary level up," said Jody Monroe, assistant superintendent for the district.

"We're trying to work collaboratively with parents. We want to keep the kids in school. Keep them engaged in school. ... The kids see a value in education that comes from the parents."

She also said there is a good amount of research to support that students who participate in extracurricular activities have a better chance of graduating than those who do not.

'Operation graduation'

Principal Mark Diefendorf of the Clayton A. Bouton High School and Voorheesville Middle School said the success the district has had, a 97 percent graduation rate, is due to several factors. One of which is similar to the personalized approach taken by the Rotterdam-Mohonasen and Bethlehem school districts.

Diefendorf said the 2007 graduating class had 23 students who were at risk of not graduating.

He said the students seemed to be shutting down, possibly because they were afraid to move out of the "protective cocoon" of Voorheesville.

He called a meeting of the senior teachers to rally around the students and make personal con-

nections with them.

They even hired a BOCES consultant to help some students complete assignments that were late but still accepted by the teachers.

The students were encouraged to foster closer relationships with the honor society counselors, coaches and other teachers. Diefendorf said "operation graduation" was a success. All 23 of the students graduated.

"We're raising the water so the boats are floating higher," he said.

Part of the reason he said the district has had such success is the education culture created by the parents, student and energetic teachers.

"With the retirement of many of the baby boomers, we have been able to fill our positions with really young, really qualified teachers," Diefendorf said.

Another tactic used by Voorheesville is to use teaching teams. A common technique in middle schools, the team strategy has also had some success at the high school level.

The teams were based on grades, where core subject teachers in social studies, math, English, science and foreign language focus on a single grade level.

Last year it was only used in the ninth grade, and this year it will be used in all four of the high school grade levels.

"It's a work in progress – an experiment. We'll see if it works," Diefendorf said.

Burnt Hills-Ballston Lake Central School District had a 93 percent graduation rate of its 2003 total cohort, up from 87 percent in the 2001 cohort – the highest in Saratoga County.

"It's something we have been working really hard on for a really long time. It's not something you can change overnight. It takes a lot of time and teamwork," said Christy Multer, the communications specialist for the district.

Multer said precision and focus on a student-by-student basis has helped with the district's success.

Multer said the school district has put a strong emphasis on everyone graduating, including special education students. The district had 34 out of their 38 special education students receive a local, regents or advanced regents diploma. None of the other four dropped out, she said.

She said she realizes, though, this is difficult in city districts that have more students, and more students struggling socio-economically.

"To tell you the truth, I don't know how big schools do this," she said.

Starting early

Ron Lesko, the director of communication for Albany City School District, an urban district that features one of the lower rates in the three counties – 61 percent – said the programs the district uses are comparable to any of the rural districts and also emphasize the early stages of high school.

He said that the programs have worked, and the district has seen a jump from 56 percent in the 2001 four-year cohort.

"Our priority is making sure the freshman are successful. Getting through that freshman year with the maximum number

of credits [is important]," Lesko said.

He explained that support for the freshman class is vital to increasing the overall graduation rate.

He even said the freshman have an opportunity to come in a day early, to get acquainted with the school and learn where their classes are without the pressure of the upper classmen.

"We provide extra support and extra flexibility for our students," he said.

"We're trying to work collaboratively with parents. ... The kids see a value in education that comes from the parents."

Jody Monroe

The district also prides itself on having the highest enrollment of students in pre-kindergarten, with 640 full-time students. Lesko pointed again to early warning systems as the primary means to improve the graduation rate.

"Early childhood development is another staple; identifying where they will need extra support at an early stage," said Lesko. "The district has also hired literacy and math coaches for the teachers at every level, to help utilize the most effective teaching techniques."

Graduation trends by the numbers

Some districts in Schenectady, Albany and Saratoga counties are struggling with graduation rates, despite the success of other schools in the area.

The school districts in the cities of Schenectady, Albany and Watervliet were at the bottom of the list, with 2007 graduation rates of 56, 61 and 65 percent, respectively, according to the reports.

However, the average of the bottom five Capital District graduation rates is higher than both the five lowest in New York City and the rest of New York state outside the Capital District.

The statewide high school graduation rate is up close to three percentage points from two years ago, according to the report.

Further, the report shows a jump in graduation rates for

students who took advantage of summer school, where 71 percent of students graduated after taking classes in August.

An additional jump in rates occurs when students take a fifth year of schooling, with 2007 statewide graduation rates at 73 percent when including high school students who started in 2002.

Statewide, the graduation rate of black students jumped from 45 to 51 percent between 2005 and 2007, the report states.

Graduation rates for Hispanic students increased from 42 to 47 percent between 2005 and 2007, another jump. The report notes, though, that the graduation rates among those minority groups remain far too low.

A fifth year of study had a large impact on black and Hispanic graduation rates, increasing them by close to 10 percent.

"Too many do not graduate, yet the three-year trends are encouraging," education commissioner Mills said in a written statement. "Black and Hispanic students showed 5.5 and 5.2 percentage point gains in the 2003 cohort when compared to those who started ninth grade in 2001. White students improved too, but not as fast, another indicator of a narrowing achievement gap."

New York City increased its four-year graduation rate 5.5 percentage points to 52 percent in 2007 from 2005, according to the report.

The report also states that the four-year graduation rate for students with disabilities decreased, but more of those students are staying in school.

"Graduation rates are especially low in high-need districts. The four-year graduation rate for English language learners is also low and declining," according to the report.

"Graduation rates have improved slightly overall, but they need to improve much faster," Regents Chancellor Robert M. Bennett said. "Students must graduate and continue their education to ensure their lifetime earnings will support themselves and their families."

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Around the County

County cracks down on illegal handicap parking

IN BRIEF

Fines to go toward material to educate the public about the needs of the disabled

By DAN SABBATINO
Spotlight Newspapers
sabbatinod@spotlightnews.com

Local police and law enforcement agencies recently cracked down on motorists illegally parked in spaces designated for handicapped people.

On Friday, Aug. 29, members of Albany County law enforcement agencies and the private agencies in Crossgates Mall and Stuyvesant Plaza participated in "Project Access," according to the Albany County Traffic Safety Board.

"The goal of this one-day effort is to increase the awareness and compliance of handicapped parking issues and to reeducate the public regarding the difficulties encountered by a person with disabilities," according to a written statement provided by the board.

First Sergeant Leonard Crouch, with the Albany County Sheriff's Department, said the initiative featured an increase of personnel specifically dedicated to looking for handicapped parking violators.

Sometimes, Crouch said, there is an excess in other criminal matters, and not enough time to concentrate on it, but it is important to make sure handicapped parking violations do not get overseen.

"It's a huge problem all across the nation," Crouch said.

He also said that in 2004, when he was with the Albany City Police Department, there was an influx of fake handicap parking permits circulating, but he has not encountered that problem working with the county sheriff's department.

Crouch said the sheriff's department has partnered with the Center for Independence, an organization that helps the disabled retrofit their homes and trains them to deal with their ailments and educates the public about the consequences of parking illegally in handicap spots.

"It will educate the public so they understand the needs of people with disabilities," he

said.

Sara Boniface, marketing director for Crossgates Mall, said security at the mall pays close attention handicap parking violations, and would have been attentive to the problem even if the initiative did not exist.

"Our security is on top of that. It's very normal for us to ticket people parked in handicap spots. It's something we do every day," Boniface said.

The effort will be the 38th saturation effort in Albany County since the program's implementation in December of 1994. During that period there has been a total of 1,809 summonses issued, yielding \$185,590 in fines, according to information provided by the traffic safety board.

Lunch program reservations needed

The Sidney Albert Albany Jewish Community Center has scheduled a "Tuesday with Lunch" program on Tuesday, Sept. 9, from 11:30 a.m. to 12:30 p.m. at the Albany JCC, 340 Whitehall Rd.

Robert Altman, president and CEO of WMHT Television will present "Public Broadcasting in the Digital Age." A kosher meatloaf lunch follows the talk. Cost for the lecture-lunch is \$9.50 per person and prepaid reservations can be made up until 9:30 a.m. on Friday, Sept. 5.

Contact the Albany JCC's senior adult office to register, 438-6651 x112.

Albany Academies to host 'Golf & Tennis Classic'

The Albany Academies will offer a day of golf and tennis to benefit arts programs at the school when it hosts the 2008 Golf & Tennis Classic on Monday, Sept. 22, at Schuyler Meadows Club in Loudonville.

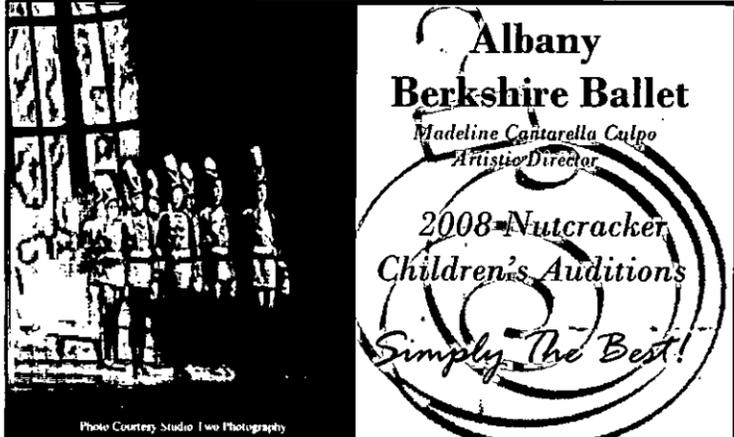
The event is an opportunity to golf or play tennis with parents of Academies' students, distinguished alumni you may not have seen in a long time and prominent community leaders at a beautiful golf course, followed by the chance to network in an enjoyable environment.

Schedule for the day, is as follows:

Registration, 11 a.m.; luncheon buffet, 11:30 a.m.; shotgun start: golf, 12:30 p.m.; tennis start, 1:30 p.m.; cocktail reception, 5:30 p.m.; dinner buffet, 6:30 p.m.; awards presentation, 7 p.m.

There are a variety of sponsorship opportunities available for this event. Registration for the 2008 Golf & Tennis Classic can be done online at www.albanyacademies.org.

For information, contact Director of Annual Giving Susan Tobin at (518) 429-2448 or tobins@albanyacademies.org.



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Being a Good Neighbor

Delmar Florist will be participating in Good Neighbor Day Wednesday, Sept. 3, beginning at 8 a.m., where they will give away one dozen roses to the first 200 people who visit their store at 257 Delaware Ave. Participants will be asked to donate one or more non-perishable food or personal-care items to the Bethlehem Food Pantry, and also be asked to sign a promise to keep one rose for themselves and give the remaining roses to 11 different people. Standing in the Delmar Florist shop are owner Barbara Ostrof and her husband, Jeff.

Submitted photo



IN BRIEF

RCS expands efforts to fight child obesity

Ravena-Coeymans-Selkirk Central School District parents will soon have a better understanding of the health and welfare of their children.

This year, the district will launch an initiative to notify all students and their parents of the student's body mass index (BMI). The effort is partially in response to a new state mandate to track body mass index, as well as an extension of a district-wide initiative to boost student health.

BMI lets health care providers assess whether a person's weight is in a healthy range when factored against other variables.

The state education mandate requires RCS and other school districts to record student BMIs and weight status categories, which are based on the student's BMI, as part of their health record, said A.W. Becker Elementary School nurse Patti LeFevre. This will be done when student physicals are conducted - either by their own physician or by the district physician.

Students impacted by the state mandate will be those taking physicals for sports participation, as well as students entering

pre-kindergarten, kindergarten, second, fourth, seventh and 10th grade.

For students having their physical appraisals done in school, Middle School nurse Kathi Rice says, RCS will notify parents when their child's weight status classification is outside of healthy ranges.

As RCS was chosen by the state to take part in a survey this year, weight status classification information will also be sent to the state, though no identifying information about individual students will be sent.

In a separate initiative, the district's physical education department is expanding its own first-of-its-kind in the Capital District body mass index tracking and reporting program for students.

Physical Education Coordinator and Athletic Coordinator Ron Racey said the district will now send home body mass index reports to all students in kindergarten through 12th grade.

Previously, BMI's were only provided to high school students, but the initiative this year is being expanded to middle and elementary school students - whose parents will receive the reports, Racey said.

"Body Mass Index is one of the best predictors of different kinds of diseases and illness," Racey said. "I have long been a big proponent of notifying parents of their child's BMI."

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Obituaries *in the* Spotlight

Kimberly Schoening

Kimberly Schoening, 53, of Delmar, died Monday, Aug. 25, at her home.

She was the eldest of six children in an active family located in Kenmore, Wash. During her childhood, Mrs. Schoening was involved with and a leader in Girl Scouts, and a pioneering participant in organized girl's soccer.

After graduating from Oregon State University, where she competed in varsity women's soccer, and working for several years for AT&T in Portland, Ore., as an engineer, she set out in 1981 with one of her sisters to hike the Appalachian Trail.

The trip changed the direction of her life when she met her future husband, Rich Wilsey.

After a few years of courtship in Seattle, the two were married and, in 1985, moved to the area to raise a family near Rich's family in Selkirk.

Throughout her years as a mother and homemaker in Delmar, Mrs. Schoening had made numerous contributions to Cub and Girl Scouts, her church, and her boys' school and sports activities.

Mrs. Schoening maintained contact with her family in Washington by serving as director of the family's annual summer "Cousin Camp."

She enjoyed the outdoors, and enjoyed many outdoor adventures by canoe, bike or foot with her friends and family.

Survivors include two sons, Christopher and David Wilsey; her husband, Rich; her mother; five siblings; and numerous nieces, nephews, in-laws and cousins.

Memorial contributions may be made to the Bethlehem Soccer Club (448-5904); the First Church of Christ Scientist, 555 Delaware Ave., Delmar 12054; or the

Appalachian Trail Conservancy, P.O. Box 807, Harper's Ferry, WV 25425.

Robert Eugene Walker

Robert Eugene Walker, 73, of Delmar, died Monday, Aug. 18, at St. Peter's Hospital.

Born in Duke Center, Pa., he was the son of the late Robert Walker and Hazel Walker Lamb. Mr. Walker was a Navy veteran who served during the Korean War.

He retired from the state's Division of Housing and Community Renewal.

Mr. Walker was a pioneer in computers and computer programming, having worked in the field from his service time in the Navy through retirement.

Survivors include his wife of 47 years, Kay Walker; a daughter, Jan (Stephen) Bourassa; a son, Dale (Lisa) Walker; and five grandchildren.

Arrangements were by the Applebee Funeral Home in Delmar.

Services were from the St. Paul's Episcopal Church in Albany, and burial was in Calvary

Cemetery in Glenmont.

Contributions may be made to the National Emphysema Foundation, 128 East Ave., Norwalk, CT 06851 or St. Paul's Episcopal Church, 21 Hackett Blvd., Albany 12208.

Marvin Glazier

Marvin Glazier, 77, of Slingerlands, died on Thursday, Aug. 21, at St. Peter's Hospital in Albany.

He was the son of Harry and Esther Coplon Glazier and was born in Albany and raised in Troy. Mr. Glazier graduated from Troy High School and served in the Navy during the Korean War.

He was the former owner of Safe-Guard Maintenance Supplies for over 30 years and enjoyed playing tennis or lunching with his friends.

Mr. Glazier was a communicant of the Ohav Shalom Synagogue in Albany, and was a past president. He was also a member of the Independent Benevolent Society in Albany.

Survivors include his wife of 51 years, Addie (Wasserman) Glazier; two daughters, Rona (Michael) Wilker of Guilderland

and Wendy (Ralph) Barton; a granddaughter; a sister, Rosalind (Stanley) Togut of Boca Raton, Fla.; and three nephews.

Services were from the Congregation Ohav Shalom in Albany and interment was in the Independent Benevolent Cemetery in Guilderland.

Arrangements were by Levine Memorial Chapel Inc., in Albany and a period of mourning was observed at the home of Michael and Rona Wilker in Slingerlands after the services.

Contributions may be made to Congregation Ohav Shalom, 115 New Krumkill Road, Albany 12208.

Gwen D. Willoughby

Gwen D. Willoughby died Friday, Aug. 22, at her home.

Born in England, she moved to the United States when she was 11 and retired from the University at Albany as senior personnel administrator after 28.

She will be remembered as a beloved daughter, wife, mother, friend and neighbor, her family wrote in a tribute.

Survivors include her husband, Richard Libutti; a daughter, Jennifer Libutti; her father, Jack Willoughby; and a sister, Anne Weber.

Services were by the Applebee Funeral Home in Delmar and burial was in the Bethlehem Cemetery.

Contributions may be made to the Lung Cancer Alliance, P.O. Box 630972, Baltimore, MD 21263-0972.

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Glance

(From Page 3)

Party, even chairing the Albany City Republicans, before recently returning to his Democratic beginnings.

A Navy veteran, Sullivan said national security and continuing the flow of oil that greases the American economy are his main priorities. Without those two things, Sullivan contends, "none of the rest of it matters."

On McNulty's, Sullivan said, "Congressman McNulty's lasting legacy will be his pro-life stance."

His one criticism: "In contrast to Mike, I am a firm supporter of the Second Amendment right of law abiding citizens to keep and bear arms."

Often outspoken, he has vowed to run his campaign for Congress, not cash, saying he's "not going to pay a lot" for McNulty's old seat.

"I am a veteran, senior citizen and the oldest of the candidates with a clear understanding of the significance of this election to our survival as a nation, and what we must do to survive. My priorities are clearly stated, my platform and issue positions are explicit," said

Sullivan. "I have not raised or spent any money. No politicians, unions or special interests have endorsed me. I will be beholden only to the voters who elect me. If the voters want substance, straight talk, independence, a clear view of what we face and what we must do, campaign reform and term limit — I am their man."

- Priorities: War on terrorism; energy; economy; health care; campaign finance reform

- Congress: F
- President: John McCain
- Religion: Catholic
- Campaign workers: 12
- Need experience to run: Yes
- Salary: \$14,724 listed (Social Security)

Paul Tonko, D-Amsterdam

I am running for congress so that I can bring my experience in representing progressive causes to Washington. Throughout my 25-year legislative career, I have advocated for making investments in our community through better funding for education, responsible energy policy and innovation-oriented economic development," Tonko said. "I believe that experience leadership in all of these fields is exactly what we need in

a Congressional Representative."

Tonko, 58, is well-known figure in state politics as the longtime assemblyman representing Montgomery and Schenectady counties and former energy chairman of the state. He is also the former CEO and president of NYSERDA.

Tonko says he will bring his energy experience to Washington in order to help combat the nation's current energy crisis and wean the county off its dependence on foreign oil.

On McNulty, "I believe that Congressman McNulty's lasting legacy will be his tireless advocacy on behalf of the citizens of our district, especially demonstrated with the resurgence of the Watervliet Arsenal."

His one criticism: "My main disagreement with Congressman McNulty is his position against a woman's right to choose."

He has listed several issues of concern during his campaign including energy, education, the war in Iraq, health care, immigration and the nation's tax policy. Some of his endorsements include congressmen Maurice Hinchey and Eliot Engel, as well as powerful union endorsements, such as the state's Public Employees Federation (PEF) and Civil Service Employees Association (CSEA).

"The citizens of the 21st Congressional District should support me because I will be an experienced and effective advocate for their interests in Washington. I have experience as a New York State Assemblyman fighting

for change, and experience reaching out to fellow lawmakers to build the coalitions that makes change possible," Tonko said. "I am different from the other candidates because I am an engineer, and a nationally recognized expert on energy. I have the technical expertise to help Congress fashion a national energy policy that is focused on conservation, efficiency, and renewable energy sources while lessening our dependence on foreign oil."

- Priorities: Economy; energy; health care; war on terrorism; campaign finance reform

- Congress: C
- President: Barack Obama
- Religion: Roman Catholic
- Campaign workers: Over 300 staff and volunteers
- Need experience to run: Yes
- Salary: \$0

Steven Vasquez, R-Ballston Lake

"I am running to represent you and restore responsibility and accountability to our government," Vasquez said. "With an MBA and Masters of Engineering from RPI and starting a successful technology business that created jobs in the district, I know how to get a great deal done with few resources, unlike our government, and together we can change that."

A self-declared fiscal conservative, Steven Vasquez, 33, is CEO and founder of the Tech Valley company ReQuest. He said he hopes to take the attitude

of a businessperson to Congress, and he'll focus on putting an end to rising taxes if elected.

On McNulty, Vasquez said, "McNulty will be remembered for his long record of public service and being admired by the people of the 21st District."

His one criticism: "As chair of the Social Security subcommittee, we all are disappointed that McNulty did not make it a national topic that Congress loots up to \$150 billion a year from the Social Security and Medicare Trust Funds, which is the equivalent of stealing from Americans pension funds."

Vasquez lives just outside the boundaries of the 21st District, but said he would move into the district if elected. He added he doesn't feel living outside of the 21st will hurt his chances to win his party's primary.

Vasquez said he believes that America's time as a world police "has come and gone," and that the nation needs to focus more on its own domestic problems rather than the problems of other nations.

"With the economy falling and unemployment rising, we need a representative with business experience to strengthen the dollar and combat poverty and inflation. Irresponsible deficit spending has brought the debt to \$10 Trillion in 2009, and over \$53.3 trillion when the unfunded obligations of Social Security and Medicare are included," Vasquez said. "This is over \$400,000 per household that our children will pay for the rest of their lives. America was built on sweat, not debt. We can restore America's industrial and morale greatness by balancing the budget, stop wasting money overseas, and follow our oaths to obey and uphold the Constitution."

- Priorities: Economy; health care; energy; war on terrorism; campaign finance reform

- Congress: F
- President: Bob Barr
- Religion: Christian

- Campaign workers: 42 "active volunteer"

- Need experience to run: No
- Salary: \$60,000

For more coverage on the primary race, visit www.spotlightnews.com.

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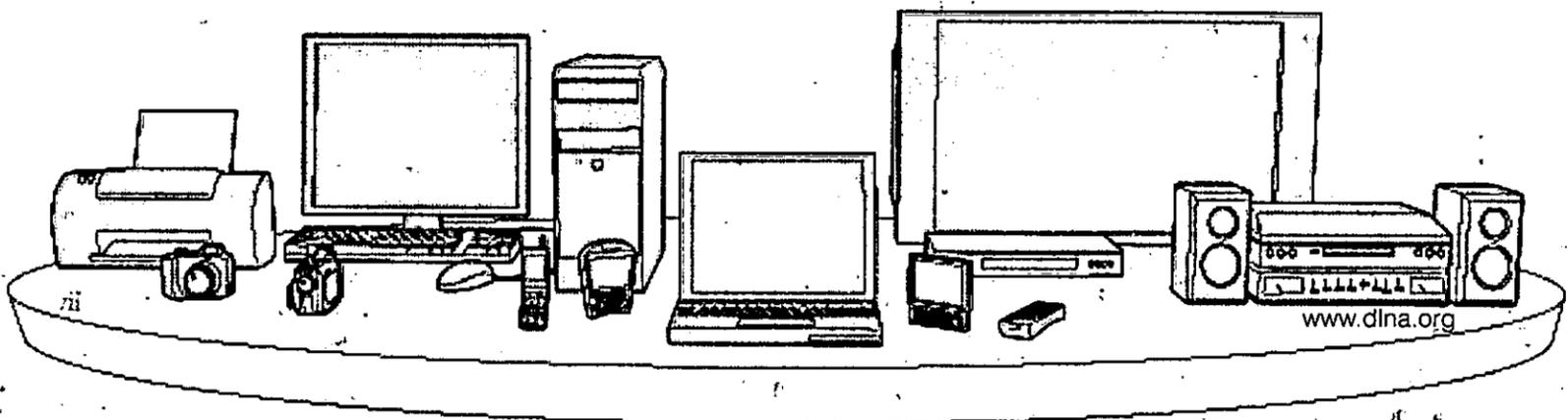
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Lifestyles *in the* Spotlight



It's a wireless world

Appliances and electronics that communicate are far from science fiction

Soon life might feel more like something out of an episode of "The Jetsons" thanks to the latest product trends in wireless technology.

Although wireless technology is nothing new, there are a number of products soon to be released that will expand this field even further. Coming soon to a home near you, with the goal of making life a little easier, are computers, televisions, stereos, dishwashers, alarm clocks — you name it — that are able to communicate with one another over a wireless network.

The wireless network through which those appliances will communicate is getting better than ever, too, with the development of WiMAX, or Worldwide Interoperability for Microwave Access.

Proponents say WiMAX will make access to the Internet stronger and more efficient.

"It has up to a 30-mile radius," says Pavel Zaichenko, CEO of Computer Answers in Albany. "It is extremely fast and extremely powerful."

Not only will wireless networks expand beyond the home, but it may someday replace phone lines and television, streamlining everything off of the Internet. The days of making expensive long-distance telephone calls to remote locations across the globe, for example, will be over, with people able to make phone calls through the Internet (but in a more efficient manner than Skype).

"It is much more expandable than any network that's been out there before. It changes everything," says Zaichenko.

Leading manufacturers of high-tech products, such as SONY, Samsung and Sharp, are working on

creating electronics that can communicate with each other wirelessly. On a small scale, for example, they're working on an alarm clock that will communicate with a PC, so that in the event of a power outage, the PC can reset the alarm clock to its proper time. People will also soon be able to send pictures from their mobile phones to their televisions. That same mobile phone will also be able to find the contact list on a computer wirelessly and download it.

"If you have a wireless connection on your computer with a Plasma TV, they can talk to each other and streamline music, for example," says Anthony Seaburg, vice president of sales and marketing for Computer Answers.

The new, networked home is supposed to make life easier for its consumers, and it's also supposed to make home entertainment more convenient. However, currently, not all of these products know how to "communicate" with one another initially, making setup difficult. Until this hurdle is overcome, market researchers suspect that the transition to the "wireless home" will take time, as consumers won't truly embrace these new wireless products until they're easy to set up and use.

A company that is working on the broader picture is DLNA (Digital Living Network Alliance), consisting of nearly 250 companies, including consumer electronics, computers and mobile device manufacturers. DLNA's goal is to allow consumers to easily and conveniently acquire, view and manage digital content in their homes through their electronics and mobile devices, from any device, in any location in the home or beyond. The goal is to have customers pull a product out of the

Trends & Technology

Jackie Sher



box and have it seamlessly connect to the Internet or another device without trouble.

How does it work? All that is needed is an Internet network — not dial-up. Say you want to watch a movie on your PC in your home office upstairs on a television in your living room downstairs. The movie you want to watch is stored somewhere called NAS (network attached storage), which is a certified DMS (digital media server). You can use your television to find the movie on your DMS, and voila! There it is, appearing on the television in front of your favorite armchair.

Once all of the glitches of the wireless network have been worked out, one problem remains. In order for these products to work together, they have to be DLNA-certified, which might mean replacing many of the electronics already in a home.

Perhaps someday companies will come up with the equivalent of the laptop's wireless card for, say, your washing machine, or that Plasma television you just bought last week. Until these glitches are worked out, however, and the products are more readily available on the market, you'll have to do things the old fashioned way by using discs, e-mails, wires, etc.

For information, visit dlna.org. Trends and Technology writer Jackie Sher can be reached at news@spotlightnews.com.

Great Pumpkin Festival

Free Admission!

Central New York

Saturday, October 4th - 11a - 6p

Sunday, October 5th - 11a - 5p

Washington Square Park,
Cor. East Bridge & 4th Sts, Oswego

Great Food and Fun for the Whole Family!

Live Entertainment

- Silver Spur, Saturday 11 - 1p
- Doc Apple, Saturday 1 - 3p
- The Jam Bones, Saturday 3 - 6p
- Halfway to Nowhere, Sunday 11 - 5p

Family Fun

- Wine & Cheese Tasting • Great Food
- Corn Maze • Face Painting
- Air Hops • Carnival Rides • Arts & Crafts

Sunday - 50/50 Drawing (3pm)

Sat. - Giant Pumpkin Weigh-in 10 am

Sponsored By

Greater Oswego-Fulton Chamber of Commerce

44 East Bridge St. - Oswego - 343-7681

www.oswegofultonchamber.com



There's never been a better time to visit Schenectady County!

There's always something to do!

Saturday Sept 6

Stockade Villagers Outdoor Art Show

More than one hundred artists' work will be shown!
11:00 am-5:00 pm

Location: Centered around the Lawrence Statue in the Historic Stockade

St. George Greek Festival

Live entertainment, dancing, greek food, pastries, crafts and carnival rides. Admission is free and open to the public. September 5, 6 and 7.

Location: 510 Liberty St., Schenectady

Little Italy Street Festival

Lots of food, entertainment and crafts. Noon - 9 pm
Location: North Jay Street

Want more? www.schenectadyhappenings.com

SAV I♥NY
schenelectady

Entertainment *in the* Spotlight

By ERIC JONES
Spotlight Newspapers
news@spotlightnews.com

With summer winding down, the leaves will be changing color soon, and with that change comes a great opportunity for area families to learn more about nature and the environment. The Five Rivers Environmental Education Center in Delmar will be holding a pair of fall events in September to showcase the beauty of the season.

The first event is a series of early-morning bird programs to be held at the center Thursdays, Sept. 4, 11, 18 and 25. The events will kick off at 7 a.m. with an observation period at the bird feeders, and will continue with a trek through the forest area in search of more species.

According to center director Craig Thompson, the events provide area residents a great opportunity to see birds they may not often see.

"There's a lot of birds just passing through to their winter homes. ... It's a good way to see birds you don't often see that don't live around here, but it also helps us develop a significant body of scientific data," Thompson said.

The walks, which have been held by the center for about 30 years, are a great way for the beginning bird watcher to learn more about our feathered

friends, and it is recommended that participants bring along binoculars and bird books, which will also be on loan from the center.

The second event is a guided plant walk on Saturday, Sept. 6, along the center's trails in search of seasonal vines. The walk is an educational way to learn more about vines, and

participants will be able to find fall varieties, such as wild grape and cucumber vines. Both varieties are common within New York, but according to

Thompson, most people just don't know to look for them.

"Fall is a great time of year to look for vegetation - fruits,

"We like to consider ourselves the 'minor leagues' of environmental conservation, because you have to start people somewhere."

— Craig Thompson, Center Director

berries, and vines, which are at their best in late fall," Thompson said. "There are a number of vines that are really coming into their beauty right now."

The Five Rivers Environmental Education Center in Delmar is a

446-acre environmental preserve that features 12 miles of trail, 16 different ponds and wetlands, and an expansive forested area. The center's mission is to "develop

public awareness and appreciation of natural resources and instill in people a conservation ethic through repeated visits."

According to Thompson, "The goal is to make people aware of what's out there and what's

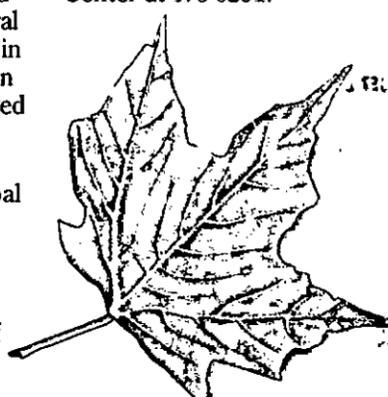
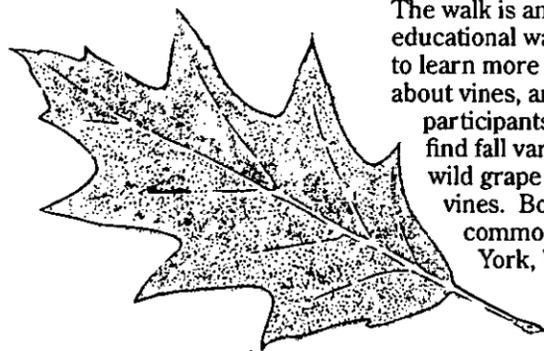
natural. Then people begin to appreciate the necessity of conservation and changing

lifestyles. All events are open to the public and admission is free of charge. For more details, contact the Five Rivers Environmental Education Center at 475-0291.

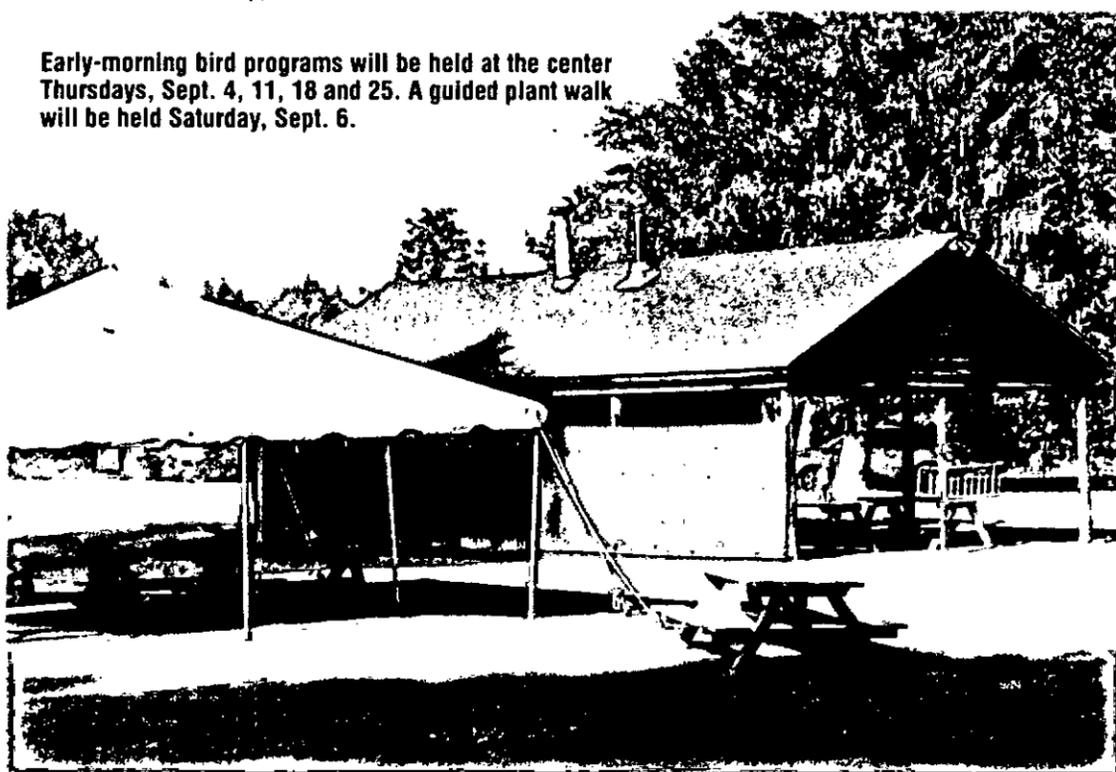


Five Rivers salutes fall

Two free programs highlight nature's autumn bounty



Early-morning bird programs will be held at the center Thursdays, Sept. 4, 11, 18 and 25. A guided plant walk will be held Saturday, Sept. 6.



SPORTS TALK

with **John Graney**

The Capital Region's Longest Running Sports Talk Program

Now On **TALK 1300 AM**
THE CAPITAL DISTRICT'S TALK RADIO

Sundays 6-10PM **476-1300**

Arts & Entertainment

Theater

GREATER TUNA

Presented by Lake George Dinner Theatre, Holiday Inn Turf, Lake George, through Oct. 18, Tuesdays through Saturdays with matinees Tuesdays and Wednesdays, \$56 dinner show, \$48 luncheon matinee. Information, 668-5762, ext. 411.

NOISES OFF

Farcical musical, presented by C-R Productions, Cohoes Music Hall, 58 Remsen St., Cohoes, through Sept. 21, \$23-\$32. Information, 237-5858.

DISNEY'S HIGH SCHOOL MUSICAL

Stage version of popular movie musical, presented by Mac-Haydn Theatre, 1925 Route 204, Chatham, through Sept. 14, \$18 adults, \$15 seniors and children 13-19, \$12 children 12 and under. Information, 392-9292.

Music

CARRIE RODRIGUEZ

Singer-songwriter and violinist that straddles alternative country and bluegrass, Sept. 4, 8 p.m., WAMC Performing Arts Studio, 339 Central Ave., Albany, \$18. Information, 465-5233, ext. 4.

QUINGA

Brazilian guitarist, with Leala Cyr and Ricardo Vogt, Sept. 5, 8 p.m., The Egg, Empire State Plaza, Albany, \$26. Information, 473-1845.

BOB LORD

Guitarist/singer-songwriter, Sept. 5, Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

CHRISTINE DANIEL

Acoustic guitarist, Sept. 6, Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

SONGWRITERS SHOWCASE

Featuring a tribute to local songwriter Jim Duffy featuring Dale Wade-Keszey, Kevin Wayne, Janet Brady, Mark Baptiste, Bill Graham, Drew Jacobs, 2Lale and Three Quarter North, Sept. 7, 1 p.m., Mabee Farm, Route 5S, Rotterdam Junction, \$5-\$8. Information, 783-7032.

THE FELICE BROTHERS

Alternative country rock band from the Catskills, Sept. 11, 8 p.m., WAMC Performing Arts Studio, 339 Central Ave., Albany, \$15. Information, 465-5233, ext. 4.

JEZ LOWE & THE BAD PENNIES

British folk group, Sept. 12, 8 p.m., Old

Songs Inc., 37 South Main St., Voorheesville, \$20. Information, 765-2815.

LORI MCKENNA

With Mary Gauthier, Sept. 12, 8 p.m., The Egg, Empire State Plaza, Albany, \$22. Information, 473-1845.

BILL CHARLAP TRIO

One of the most highly regarded interpreters of classic jazz songs and standards, Sept. 12, 8 p.m., Whisperdome at First Unitarian Society, 1221 Wendell Ave., Schenectady, \$15. Information, 393-4011.

Comedy

JEFF DUNHAM'S "SPARK OF INSANITY"

Comedian/ventriloquist, Sept. 4, 7:30 p.m., Times Union Center, South Pearl Street, Albany, ticket prices to be announced. Information, (800) 303-8368.

Visual Arts

NEW YORK STATE MUSEUM

"Art for the People: Decorated Stoneware from the Weitsman Collection," through fall 2009; "Focus on Nature X: Natural History Illustration," through Sept. 7; "Rockefeller at 100," through Oct. 12; "Latin America and Caribbean Art: Selected Highlights from the Collection of the Museum of Fine Art," through Oct. 13; plus permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE OF ART

"The Folk Spirit of Albany: Folk Art from the Collection of the Albany Institute of History and Art" and exhibits on Hudson River School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

ALBANY CENTER GALLERY

"Then and Now: Works by Willie Marlowe, Charles Steckler and Mary Pal Wager," through Sept. 12, 39 Columbia St., Albany. Information, 462-4775.

SCHENECTADY MUSEUM

"Covering the Bases: The Science of Baseball," exploring the Capital District's baseball history; through Sept. 28, plus Spirit of Schenectady, collection highlights and planetarium, Notch Terrace Heights. Information, 382-7890.

MABEE FARM HISTORIC SITE

"Stoneware: Crocks, Jugs and Pots," through Sept. 27, 1080 Main St., Rotterdam Junction. Information, 877-5073.

ALBANY AIRPORT GALLERY

"Locally Grown," a celebration of the Art & Culture Program's 10th anniversary, through Sept. 7; "Repetitive Nature," in Concourse A gallery; "Air Craft," photos by Jeffrey Milstein; plus site-specific installations by Larry Kagan and Cara Nigro, as well as installations by Anthony Garner, Baris Karayazgan, Paul Katz, Nancy Klepsch and Victoria Palermo. Information, 242-2243.

LOCAL COLOR ART GALLERY

"Harvest Moon," featuring paintings by Colonie Art League artists, through Oct. 31, 961 Troy Schenectady Road, Latham. Information, 786-6557.

NATIONAL MUSEUM OF DANCE

"Dawn of Modern Dance: Music, Myth and Movement," exhibit chronicling the careers of Ruth St. Denis and Isadora Duncan, plus ongoing exhibits, 99 South Broadway, Saratoga Springs. Information, 584-2225.

NEW YORK STATE MILITARY MUSEUM

"Worth a Thousand Muskets: Civil War Field Artillery," "Battleground for Freedom: New York during the Revolutionary War," and "World War II: United for Victory," ongoing, 61 Lake Ave., Saratoga Springs. Information, 581-5100.

SARATOGA AUTOMOBILE MUSEUM

"The Syracuse Mile," featuring two of the central New York's famous stock cars, plus ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

THE HYDE COLLECTION

"Focus on Modernism," through Sept. 14, 161 North Warren St., Glens Falls. Information, 792-1761.

CLARK ART INSTITUTE

"Like Breath on Glass: Whistler, Inness and the Art of Painting Softly," through Oct. 19; "Through the Seasons: Japanese Art in Nature," through Oct. 13; 225 South St., Williamstown, Mass. Information, (413) 458-9545.

TANG TEACHING MUSEUM AND GALLERY

"Elevator Music 12: Jessica Ryan," through Sept. 20; "Amy Sillman: 'Third' Person Singular," through Jan. 4; Skidmore College, 815 North Broadway, Saratoga Springs. Information, 580-8080.

ARKELL MUSEUM

"Wyeth Family Paintings: From the Farnsworth Art Museum," through Sept. 21; "Winslow Homer Watercolors from the Permanent Collection," through Oct. 12;

plus "Arkell's Inspiration: the Marketing of Beech-Nut and Art for the People," ongoing; Canajoharie. Information, 673-2314.

Call for Artists

HISTORIC ALBANY FOUNDATION

Seeking entries for "BUILT: Albany's Architecture Through Artists' Eyes," an art exhibit and silent auction in November, participating artists receive 50 percent of the proceeds, and two judges will be awarding prizes, entry deadline is Sept. 18. Information, 465-0876, ext. 10.

CLASSIC THEATER GUILD, INC.

Auditioning adults and children for December production of family musical/comedy "Twas the Land of the Night Before," Sept. 7, 4 p.m., Wyman Osterhout Community Center, Route 85, Voorheesville, and Sept. 10, 6:30 p.m., St. Sophia Greek Church, 440 Whitehall Road, Albany. Information, 356-3197.

TANGO FUSION DANCE COMPANY

Auditioning professional dancers by appointment at Arthur Murray Dance Studio, 75 Woodlawn Ave., Saratoga Springs. Information, 306-4173.

ADIRONDACK PASTEL SOCIETY

Seeking new artists that work in pastels, meetings are the first Tuesday of every month at the Dave Francis Gallery, the Shirt Factory, Glens Falls. Programs, artist demonstrations and exhibitions are planned throughout the year. Information, 793-9309 or 793-9350.

DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 439-7749.

COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guilderland. Information, 861-8000.

FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Delmar Reformed Church, Delaware Avenue, Del-

mar. Information, 439-2360.

A CAPPELLA

New, informal, coed a cappella group in Delmar, for adults and teens 16 and older. Information, 439-0130.

SIENA CHAMBER ORCHESTRA AND CHOIR

Rehearsals Thursdays at 7:30 p.m. for orchestra, Wednesdays at 6 p.m. for choir, Siena College, Route 9, Loudonville. Information, 783-2325.

THE ORCHESTRA ON THE COMMON

Openings in the string section, also need French horn, trombone, flute and bass drum players, rehearsals Friday at 9 a.m., Shenendehowa Senior Center, Clifton Common, Clifton Park. Information, 372-5146.

ELECTRIC CITY CHORUS

Male singing group, training provided, rehearsals at Faith United Methodist Church, Brandywine Avenue and Eastern Parkway,

Schenectady, Tuesdays, 7:30 p.m. Information, 399-1846.

RIVER VALLEY CHORUS

Sweet Adelines group based in Niskayuna is looking for women to join group. Information, 346-5349.

MONDAY MUSICAL CLUB WOMEN'S CHORUS

Invitation for new members to join in singing, classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

CAPITAL COMMUNITY VOICES

Rehearsals at Columbia High School, Luther Road, East Greenbush, 7 to 9 p.m., Tuesdays. Information, 477-8308.

ARTISTS WANTED

Exhibit space available for original paintings at Local Color Art Gallery, 961 Troy-Schenectady Road, Latham. Information, 786-6557.

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

8			4					1
		2	5				6	4
5			6		2			
	5		3					
2	3	8		6	4			5
			7		9			
		9		5				4
1	7			9	3			
	5			7				8

Weekly Crossword

ACROSS

- 1. ___ as a fiddle
- 6 Bonze
- 10 Trial
- 14 Obscene scene, briefly
- 15 Author Milne's first name
- 16 A Guthrie
- 17 Flush, of a sort
- 18 Fly or drive
- 19 Crazy bird
- 20 Cuckoo
- 21 Soup-to-nuts omission
- 24 What a phon measures
- 26 Kalahari havens
- 27 Fridge adornment
- 29 Sport for Ernesto Troz
- 32 Quaker
- 33 Trophy-case item
- 38 Back or bucket
- 39 Fired, as greenware
- 40 Top drawer
- 41 Kitchen gadget
- 43 Electronic device
- 44 Full-blown
- 45 Be sure of

DOWN

- 1 Guam port
- 2 In no time
- 3 Stovetop vessel
- 4 Pig ___ poke
- 5 Bilbo Baggins' creator
- 6 Coffeehouse option
- 7 Fish sauce
- 8 Fix the potatoes
- 9 Sweeten the pot
- 10 Tortilla topping
- 11 After deux
- 12 Separated
- 13 Whomps

ACROSS

- 22 April Fool's Day, e.g.
- 23 12
- 25 "... and ___ grow on"
- 27 Like some Fr. nouns
- 28 Floundering
- 29 Nudged
- 30 Upside down
- 31 Pipkin top
- 33 Lover's or Lois
- 34 Returns
- 35 Source of graft funds?
- 36 Drive up the wall
- 37 Tool-box item
- 39 Implore
- 42 Washed out
- 43 They do patch work
- 45 Hallowe'en sound
- 46 Strong point
- 47 ___ la Plata
- 48 Burstyn
- 49 Do
- 50 Nail's partner
- 52 ___ Hashanah
- 53 Flushing place
- 54 Stones
- 56 Soup staple
- 57 Computer unit
- 61 Feel of frost

COOKBOOK

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20				21	22						23			
			24	25							26			
27	28						29	30	31					
32						33					34	35	36	37
38						39					40			
41				42						43				
				44					45					
46	47	48	49					50						
51						52	53	54				55	56	57
58						59					60	61		
62						63					64			
65						66					67			

Calendar of Events *in the* Spotlight

Wednesday, Sept. 3

BETHLEHEM

GOOD NEIGHBOR DAY

Delmar Florist is participating in good neighbor day beginning at 8 p.m., and will give away 200 dozen roses for free to anyone who shows up to their store at 257 Delaware Ave. Participants will be asked to donate one or more non-perishable food items or personal care items to the Bethlehem Food Pantry and be asked to sign a promise to keep one rose for themselves and give roses to 11 different people.

DELMAR ROTARY

Normanside Country Club, 7:30 a.m., Information, 767-2930.

DELMAR KIWANIS

Normanside Country Club, end of Salisbury Road, at 6:15 p.m. Information, call Chris at 439-3026 or Gary at 439-9629. Meets every first and third Wednesday.

PLAYGROUP MEETING

First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for child caretakers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

MOTHERS OF PRESCHOOLERS (MOPS)

Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

OPPORTUNITIES-UNLIMITED

Board meetings first Wednesday of each month, open to public. Bethlehem Town Hall, 445 Delaware Ave., 4 p.m.

BETHLEHEM BUSINESS WOMEN

Normanside Country Club, Salisbury Road, Elsmere, 6 p.m.; dinner 6:30 p.m., program and meeting to follow dinner. Information, 439-7237.

SOLID ROCK CHURCH

evening prayer and Bible study, 1 Kenwood Ave., 7 p.m. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION

Meditation on the Bodhisatva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., Information, 374-1792.

BETHLEHEM LIONS CLUB (NOT IN JULY OR AUGUST)

Normanside Country Club, Delmar, 7 p.m. Information, 439-4857.

BETHLEHEM ELKS LODGE 2233

1016 River Road (Route 144), Cedar Hill, 7 p.m. Information, 767-2886.

HEALING TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

ZONING BOARD OF APPEALS

Bethlehem Town Hall, 445 Delaware Ave., 7 p.m. Information, 439-4955.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58 (WHEN SCHOOL IS IN SESSION)

Bethlehem Lutheran Church, 85 Elm Avenue, 7:30 to 9 p.m.

BC SCHOOL BOARD

district office, 90 Adams Place, 7 p.m. Information, 439-7098.

ORDER OF THE EASTERN STAR

Onesquethaw Chapter, Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

NEW SCOTLAND

VVILLE ZONING BOARD

Village Hall, 29 Voorheesville Ave., 7 p.m. Information, 765-2692.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m.

Thursday, Sept. 4

DELMAR

WEIGHT WATCHERS

The local chapter of Weight Watchers meets tonight at 6 p.m. at St. Stephen's Church, Delmar.

BETHLEHEM

BETHLEHEM SENIOR CITIZENS

Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 12:30-4:30 p.m. Information, 439-0503.

ADULT BIBLE STUDY

First Reformed Church of Bethlehem, 7 p.m., Route 9W, Selkirk. Information, 767-2243.

BETHLEHEM LUTHERAN

children's choir, 6:15 p.m., senior choir, 7 p.m., 85 Elm Ave. Information, 439-4328.

AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m.

NEW SCOTLAND

VVILLE LIBRARY

Lapsit stories for newborns to age two at 10:15 a.m. Signup required. Call 765-2791.

Friday, Sept. 5

SLINGERLANDS

SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH

Slingerlands Community United Methodist Church, 1499 New Scotland Road, Slingerlands offers a contemporary worship service, "A Gathering" every Thursday from 6:30 until 7 p.m. Children are most welcome at the Gathering, and child care will be provided.

BETHLEHEM

BETHLEHEM SENIOR CITIZENS

Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

ADULT BIBLE STUDY

First Reformed Church of Bethlehem, 7 p.m., Route 9W, Selkirk. Information, 767-2243.

BETHLEHEM LUTHERAN

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NEW SCOTLAND

VVILLE LIBRARY

Lapsit stories for newborns to age two at 10:15 a.m. Signup required. Call 765-2791.

Saturday, Sept. 6

BETHLEHEM

AA MEETING

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m.

CHABAD CENTER

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

NEW SCOTLAND

PIONEER CLUBS

For children grades 1 through junior high; Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

GLENMONT

Story Hour at Tea and Tattered Pages Used Books, 329 Glenmont Road, Glenmont, 10:30 a.m.

Sunday, Sept. 7

BETHLEHEM

WORSHIP INFORMATION

Bethlehem Community Church, 201 Elm Ave., 439-3135.

Bethlehem Congregation of Jehovah's Witnesses, Elm Avenue and Feura Bush Road, 439-0358.

Bethlehem Lutheran Church, 85 Elm Ave., 439-4328.

Delmar Full Gospel Church, 292 Elsmere Ave., 439-4407.

Delmar Presbyterian Church, 585 Delaware Ave., 439-9252.

Delmar Reformed Church, 386 Delaware Ave., 439-9929.

Family of God Nazarene Church, Krumkill Road at Blessing Road, North Bethlehem, 453-9953.

First Church of Christ, Scientist, 555 Delaware Ave., 439-2512.

First Reformed Church of Bethlehem, Route 9W, Selkirk, 767-2243.

First United Methodist Church of Delmar, 428 Kenwood Ave., 439-9976.

Glenmont Community Church, 1 Chapel Lane, Glenmont, 436-7710.

Gospel Fellowship, 10 Rockefeller Road, Delmar, 482-2132.

King's Chapel, 434 Route 9W, Glenmont, 426-9955.

KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 10 a.m. meditation,

11 a.m. tea, 11:30 a.m. study course, 374-1792.

Mount Moriah Ministries, Route 9W, Glenmont, 426-4510.

Slingerlands Community UMC, 1499 New Scotland Road, 439-1766.

Solid Rock Church, 1 Kenwood Ave., Glenmont, 439-4314.

South Bethlehem United Methodist Church, 65 Willowbrook Ave., 767-9953.

St. Michael's Shrine, Beacon Road at Route 9W, Glenmont, 462-2016.

St. Stephen's Episcopal Church, Poplar Drive and Elsmere Avenue, Delmar, 439-3265;

St. Thomas The Apostle Church, 35 Adams Place, Delmar, 439-4951.

Unity of Faith Christian Fellowship, 436 Krumkill Road, North Bethlehem, 438-7740.

NEW SCOTLAND

WORSHIP INFORMATION

All Nation's Baptist Church, 2558 Western Ave., Guilderland, 475-9086, ESL and Bible classes, 9 a.m.; Worship Services, 10 a.m.

Clarksville Community Church, Route 443, 768-2916.

Family Worship Center, 92 Lower Copeland Hill Road, Feura Bush, 768-2021.

Faith Temple, New Salem, 765-2870.

First United Methodist Church, 68 Maple Ave., Voorheesville, 765-2895.

Jerusalem Reformed Church, Route 32, Feura Bush, 439-0548.

Mountainview Evangelical Free Church, Route 155, Voorheesville, 765-3390.

Onesquethaw Reformed Church, Tarrytown Road, Feura Bush, 768-2133.

New Scotland Presbyterian Church, Route 85, 439-6454.

St. Matthew's Church, Mountain View Road, Voorheesville, 765-2805.

Unionville Reformed Church, Delaware Turnpike, 439-5001.

United Pentecostal Church, Route 85, New Salem, 765-4410. DAY —

Monday, Sept. 8

SLINGERLANDS

Adamsville Ancients Fife and Drum Corps offer lessons for beginner fife, snare drum and bass drum at 7 p.m.; rehearsal at 7:30. Call 439-8727 for information.

BETHLEHEM

FOOD STAMP ASSISTANCE PROGRAM

Bethlehem Senior Services sponsors free program where representative of Legal Aid Society will help with food stamp applications, Appointment required, 10 a.m. to noon, Bethlehem Senior Services office, 445 Delaware Ave., 439-4955 ext. 173 or 174.

PEACE VIGIL

Bethlehem Neighbors For Peace, weekly peace vigil, Four Corners intersection, Delmar, 5-6 p.m., Information, 439-1968.

PLAYGROUP

First United Methodist Church, 428 Kenwood Ave. Meets 10:30 a.m. to noon in the nursery. The playgroup provides opportunities for child care takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976 ext. 228

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 12:30-4:30 p.m. Information, 439-0503.

DELMAR KIWANIS

Tool's Family Restaurant, Delaware Avenue, 6:15 p.m. Information, call Chris at 439-3026 or Gary at 439-9629

CLASS IN JEWISH MYSTICISM

Delmar Chabad Center, 109 Elsmere Ave., 7 p.m. Information, 439-8280.

INDOOR PISTOL SHOOTING

Albany County Pistol Club, WinnePlace, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

DELMAR COMMUNITY ORCHESTRA

Rehearsal, Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-7749.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m.

NEW SCOTLAND

QUARTET REHEARSAL

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

Tuesday, Sept. 9

DELMAR

PRIMARY ELECTION DAY

Polls will be open from noon until 9 pm, and you must be enrolled in a political party in order to vote in your party's election. For registration information call the Albany County Board of Elections at 487-5060. To learn more about your polling district and where to vote call Bethlehem Town Clerk Kathy Newkirk at 439-4955, ext. 1183.

WEIGHT WATCHER DELMAR MEETINGS

The local chapter of Weight Watchers meets today at 12:15 p.m. at St. Stephen's Church, Delmar.

BETHLEHEM

FARMERS MARKET (SUMMER ONLY)

Market and Chicken Barbeque, 2:30 p.m. to 6 p.m. rain or shine, First United Methodist Church, 428 Kenwood Ave.

TREASURE COVE THRIFT SHOP

First United Methodist Church, 428 Kenwood Ave., 10 a.m. to 6 p.m. Gently used brand name clothing and accessories at very low prices.

CHURCH LUNCH (JUNE, JULY, AUGUST)

Sponsored by the South Bethlehem United Methodist Church, Willowbrook Avenue, weekly on Tuesdays, 11:30 a.m. to 1 p.m. Information, 767-9953.

ELSMERE FIRE COMMISSION

firehouse, Poplar Drive, 7:15 p.m. Information, 439-9144.

A.W. BECKER PTA

Becker Elementary School, Route 9W, 7:30 p.m. Information, 767-2511.

BINGO

at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

SLINGERLANDS FIRE COMMISSION

firehouse, 8 p.m. Information, 439-4734.

NEW SCOTLAND

PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

NIMBLEFINGERS/QUILTERS (SEPTEMBER-JUNE ONLY)

Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

Wednesday, Sept. 10

BETHLEHEM

DELMAR ROTARY

Normanside Country Club, 7:30 a.m.

Information, 767-2930.

PLAYGROUP MEETING

First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for child caretakers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

MOTHERS OF PRESCHOOLERS (MOPS)

Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., Information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

SECOND-MILERS (OCTOBER THRU JUNE)

Normanside Country Club, noon, Information, 439-2752.

SOLID ROCK CHURCH

evening prayer and Bible study, 7 p.m., 1 Kenwood Ave. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION

Meditation on the Bodhisatva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., Information, 374-1792.

TOWN BOARD

Bethlehem Town Hall, 445 Delaware Ave., 5:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS

The Clubhouse, Adams Station Apts. 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

EVENINGS ON THE GREEN (JULY)

Bethlehem Public Library's Free Summer Concert Series, 7 p.m. Information, 439-9341.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58 (WHEN SCHOOL IS IN SESSION)

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assist me in my necessity. O star of the sea, help and show Mother, Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in the necessity. There are none that can withstand your power. Oh show me herein you are my mother. O Mary conceived without sin, pray for us that have recourse to thee. Say three times. Holy Mother, I place this cause in your hands. Say three times, Sweet Mother I place this cause in your hands. Say three times Holy Spirit, you who have solved all problems, light all roads so that I can attain my goals. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me. I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy towards me and mine. Your person must say this 3 consecutive days, after 3 days the request will be granted. This prayer must be published after the favor is granted. CS.

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P	O	R	N	O	A	L	A	N	A	R	L	O
R	O	Y	A	L	T	E	S	T	L	O	O	N
A	N	I	K	I	T	C	H	E	N	S	I	N
M	A	G	N	E	T	P	O	L	O			
A	S	P	E	N	L	O	V	I	N	G	C	U
S	E	A	T	B	A	K	E	D	A	O	N	E
C	A	N	O	P	E	N	E	R	D	I	O	D
A	R	E	E	L	T	O	R	S	I			
S	I	L	V	E	R	S	P	O	O	N	E	B
S	O	L	E	O	H	I	O	E	N	J	O	Y
E	D	E	N	S	E	T	T	R	I	A	N	T
T	E	N	T	H	A	S	H	S	P	R	E	E

Sudoku Answers

8	3	6	4	9	2	5	1	7
9	7	2	5	8	1	6	3	4
5	4	1	7	6	3	2	8	9
7	6	5	9	3	4	8	2	1
2	9	3	8	1	6	4	7	5
4	1	8	2	7	5	9	6	3
3	2	9	1	5	8	7	4	6
1	8	7	6	4	9	3	5	2
6	5	4	3	2	7	1	9	8

Classified Information



Office Hours
Deadline: 8:30 AM - 5 PM Monday-Friday
Deadline: Thursday at 4PM for following week

READERSHIP:
 12 Newspapers;
 113,400 Readers



Mail Address • In Person
 Spotlight Newspapers
 P.O. Box 100
 Delmar, NY 12054
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 Delmar, NY 12054



Phone • Fax
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E-MAIL: classified@spotlightnews.com

Classified Rates

Private Party Classifieds - Line Ads - Twelve paper combo - \$17.50 for 15 words 50 cents for each additional word.

Commercial Classifieds - Line Ads - Twelve paper combo - \$20.50 for 15 words 50 cents for each additional word. Multiple insertion discounts available. Please call for information.

All line ads must be pre-paid in order for placement.
Ads will appear in all twelve newspapers, as well as on the internet for the number of weeks requested.

Order Form

Classified Category: _____

Name: _____

Address: _____

City: _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Amount Enclosed _____ Number of Weeks _____

MasterCard or Visa# _____

Expiration date: _____ Signature: _____

Real Estate Classifieds

APARTMENT FOR RENT

\$550- 1 bdrm, heat inc., laundry, quiet area off 9W, Selkirk, 266-9225 pin 305.

\$715.00+, Selkirk, 1Bedroom, Quiet Secure Location on Dead-end Street., LR, DR, Laundry Room, Galluy Kitchen, Off-Street parking, Non smoking, 6-miles from downtown Albany. 1/4-miles from Thruway exit-22. 518-767-3076

DELMAR- Sunny 2BR/2BTH. DinL, EIK, Porch, Garage, C/A/C, Laundry, Storage. 1st floor. Immaculate. E-Z Access To All. No Dogs \$950+utils. Call 914-410-3294.

DELMAR- Sunny, 2BR/18TH,

DinL, EIK, Porch, Garage, C/A/C, Laundry, Storage, 1stFl, Immaculate. E-Z Access To All. No Dogs. \$950+utils. Call 914-410-3294

Selkirk- \$675 to \$750. 2BR off-street parking, storage, laundry, 917-683-1281.

HOUSE FOR SALE

A Beautiful Location. On Helderberg Lake, 2BR, Summer Home. \$99,500 pvcraestate.com 518-439-7581.

Delmar- Excellent Location! Beautiful updated 5 Bedroom center entrance colonial in sought after section of Delmar. This home has character! \$459,900. View @ ContinentalRealEstate.

com/113284 518.439.1150

LAND FOR SALE

Loudon Rd 3Acres vacant land by Siena College \$675,000-(6 homes). pvcraestate.com 518-439-7581.

STEAL MY MARSHFRONT Owner. sacrifice!!! Drop dead gorgeous Marshfront. My neighbor paid \$389,900. Ill sell mine for less than the bank repo's. My six figure loss is your gain. \$229,900 Call: 866-918-6257.

OUT OF STATE REAL ESTATE

IT'S A GREAT TIME TO BUY! Own a home within minutes of white sandy beaches or

a fort built in 1565? I will let you in on Floridas best kept secret- St. Augustine! 25% Realtor referral fee. Call Shelley Welch Trela, Realtor with Premier Properties Realty Group. 904-669-8107.

REAL ESTATE FOR SALE

Coastal Georgia: Amazing/Affordable Resort Amenities/Gated Golf/Waterfront Community. Closeout EVENT/OCTOBER 3rd/4th - CALL NOW FOR SNEAK PREVIEW (877) 266-7376 - www.cooperspoint.com.

GOVT HOMES! Low & Down! Bank Repos & Foreclosures! CALL NOW! 1-800-881-7410.

VACATION RENTALS

MADIERA BEACH FLORIDA WATERFRONT HOME. Sleeps Six with Pool and Dock Walk to Gulf Beaches. No Minimum Stay. \$2,800.00 Monthly. \$1,200.00 Weekly. Negotiable. 489-2341. www.floridagulfrental-home.com.

Myrtle Beach Winter Rental Furnished Golf Course Condo Aver Temp 69, Sunny end unit, 518-526-6524.

OCEAN CITY, MARYLAND. Best selection of affordable rentals. Full/partial weeks. Call for FREE brochure. Open daily. Holiday Real Estate. 1-800-638-2102. Online reservations: www.holidayoc.com.

2 BEDROOM APT AVAILABLE

FEURA BUSH SENIOR APTS., 34 NEW SCOTLAND AVE., FEURA BUSH, NY 12067 PH/FAX/TTY (518) 478-0130

You must be income eligible & 62 or older or handicapped or disabled to qualify



We do business in accordance with the Federal Fair Housing Law

Office Hours Mon-Fri 4-6pm

Employment Classifieds

HELP WANTED

\$600 Weekly Potential\$\$\$ Helping the government PT. No Experience. No Selling. Call: 1-888-213-5225 Ad Code: R.

All employment advertising in this newspaper is subject to section 296 of the human rights law which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, U.S. Code, Chap. 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

Bartender Training. Prepare you to be employed as a bartender, including all laws, \$250 518-378-1937.

Deliver RVs for pay! Deliver "new" RVs to all 48 states and Canada. Get paid to travel! For details log on to www.RVdelivery-Jobs.com.

Driver - Part-time Van, transport adults with developmental disabilities to/from our Day Treatment

program. Clean NY license req'd, CDL preferred. Will train. Hours are 7-9 a.m. and 2:30-4:30 p.m., M-F (20 hrs/week). We offer comprehensive benefits, a competitive salary, and a friendly team environment. Apply to: Transportation Director, New Visions/Albany ARC, 334 Krumkill Road, Slingertands, NY 12159 518-459-0750, Email: hr@newvisionsofalbany.org. EOE/AAM/F/D/V

Drivers: Home Daily! \$2,000.00 sign on! Paid Holidays! Vacation! Ex-

cellent Benefits! CDL-A + Hazmat/Tank.800-334-1314 x178 www.wadhams.com

High-Paying Postal Jobs! No Experience Required! DON'T PAY for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit www.ftc.gov to learn more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

Job Hunting? Career Devel-

opment & Planning Services, Resume. Sliding-Scale Fee. Global Employment Services, Inc. 518-378-1937.

NAT'L ORGANIZATION NOW HIRING Avg. Pay \$20/hour or \$57K/yr. including Federal Benefits and OT. Placed by adSource 1-866-920-3181.

NOW AVAILABLE! 2008 POST OFFICE JOBS. \$18-\$20/HR. NO EXPERIENCE, PAID TRAINING, FED BENEFITS, VACATIONS. CALL 1-800-910-9941. TODAY! REF #NY08.

HELP WANTED

Individuals will provide support to a small company that manufactures Promotional Products. The location is close to SUNY Albany and Colonie Central High School!

The individuals responsibilities would include graphics design and computer work, operation of lamination equipment and die cutting equipment as well as packing and shipping of products.

The work schedule is flexible and will require 15 to 20 hours per week in a relaxed dress code environment.

Starting wages will be \$8.00 plus an hour

All interested applicants should contact:

Eric Nofall

14-B Railroad Ave. Albany, NY 12205

518-438-7860

eric@imagestuff.com

RETAIL EMPLOYMENT

National Greeting Card Company has a Retail Merchandiser position available in the Albany area. Must be able to work days and weekends as well as holidays, and have reliable transportation.

Go to <http://jobsearch.hallmark.careers.monster.com> & enter 66319558

NEW JOBS IN COEYMANS, NY

The Fort Miller Co., Inc., a 60-year old diversified manufacturer of precast concrete products for our infrastructure, is opening a manufacturing facility in the Port of Coeymans at the P&M Brick Marine Terminal. We are beginning to recruit for the following positions:

Team Leader - Front line supervisor to hire, train and manage approximately 10-15 individuals at this facility. Responsible for safety, product quality and productivity. Reports to the management team in Easton, NY.

QA Associate - Will perform concrete and aggregate testing, pre-pour and post-pour product inspections.

Precasters - To perform all aspects of precast concrete manufacturing, from form set up to steel placement, to pouring and finishing of concrete. We will need a handful of individuals with carpentry, welding and light equipment operating skills (i.e. forklift) to be part of our team.

Interested candidates should apply in person at the P&M Brick Marine Terminal or e-mail a resume and cover letter to mспеzio@fmgroup.com.

OFFICE RECEPTIONIST

One of the Capital District's premier Dental Groups is seeking an experienced Office Receptionist to join our team of professionals. Candidates having experience with Patterson (Eaglesoft) software are encouraged to apply. If you are looking for a career opportunity or just something closer to home, we currently have a position available at our Bethlehem office.

Our generous benefits include:

- Competitive Salaries . . . 401k
- Professionally Managed Practices . . . Stock Option Plan
- Career Advancement Opportunities . . . Short Term Disability Insurance
- Health Insurance . . . Life Insurance
- Dental Insurance . . . Flex Spending
- . . . Health Savings Plan

Submit your cover letter and resume in confidence to:

Office Manager
174 Delaware Ave.
Bethlehem, NY 12054
Fax: 518-439-3589
Email: mhill@amdpi.com

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Experienced Advertising Sales Representative

Sales territory needs a bright articulate motivated go-getter with a great personality. Media or advertising experience a plus.

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No phone calls, please.



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In Print and Online!

LEGAL NOTICE

LEGAL NOTICE

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY Under Section 206 of the Limited Liability Company Law 1. The name of the limited liability company is Kaplowitz Company, Remodeling and Design, LLC. 2. The Articles of Organization were filed with the Secretary of State on July 16, 2008. 3. The office of the limited liability company is to be located in Albany County. 4. The Secretary of State of the State of New York is hereby designated as agent of the limited liability company on whom all process of any action or proceeding against the limited liability company may be served, and the address to which the Secretary of State shall mail a copy of such process is: Kaplowitz Company, Remodeling and Design, LLC, 605 Elkin Court, Delmar, New York 12054. 5. The limited liability company is formed to engage in any lawful act or activity for which limited liability companies may be formed under the laws of the State of New York. LD-19250 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Silvia L. Serpe, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 06/16/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs. Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19251 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Herald Realty II, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 05/27/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs. Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19252 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Bagatelle Holdings LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/10/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19253 (September 3, 2008)

LEGAL NOTICES

Notice of Formation of Kiss and Fly Holdings LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/10/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19254 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of INTERNATIONAL PROJECT DESIGN & MANAGEMENT LLC. Arts. Of Org. was filed with SSNY on 7/14/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose:

LEGAL NOTICE

all lawful activities. LD-19255 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Integrated Biometric Technology, LLC. Authority filed with Secy. of State of NY (SSNY) on 07/07/08. Office location: Albany County. LLC formed in Florida (FL) on 12/05/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207, registered agent upon whom process may be served. Arts. of Org. filed with Secretary of State, Florida Department of State, RA Gray Building, 500 South Bronough Street, Tallahassee, FL 32399. Purpose: Any lawful activity. LD-19256 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of SIRVA Relocation Properties, LLC. Authority filed with Secy. of State of NY (SSNY) on 06/16/08. Office location: Albany County. LLC formed in Delaware (DE) on 05/21/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 6200 Oak Tree Blvd., Independence, OH 44134. Arts. of Org. filed with Secretary of State of Delaware, Division of Corporations, 401 Federal Street, Suite 4, Dover, DE 19901. Purpose: Any lawful activity. LD-19257 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MMSC CONSULTING GROUP LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/20/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 15 Crown Street, 1A, Brooklyn, New York, 11225. Purpose: For any lawful purpose. LD-19258 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ROSETTI PROPERTIES III, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/03/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-19259 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ROSETTI PROPERTIES I, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/03/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-19260 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY

LEGAL NOTICE

COMPANY. NAME: M.CENT PROPERTIES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/17/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 60-23 74th Street, Middle Village, New York 11379. Purpose: For any lawful purpose. LD-19261 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 406 STANHOPE ST. LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/16/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1024 Mosefan Street, Franklin Square, New York 11010. Purpose: For any lawful purpose. LD-19262 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ELEMENTAL PARTNERS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/11/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 237 West 37th Street, Suite 300, New York, New York 10018. Purpose: For any lawful purpose. LD-19263 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HG PARTNERS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/14/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1735 Central Avenue, Albany, New York 12205. Purpose: For any lawful purpose. LD-19264 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Prodovis Mortgage, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/11/08. Office location: Albany County. LLC formed in Delaware (DE) on 9/19/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Incorp Services, Inc., 41 State St., Ste. 405, Albany, NY 12207-2827. Address to be maintained in DE: c/o 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste. 4., Dover, DE 19903. Purpose: any lawful activities. LD-19265 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of University Mortgage LLC. Authority filed with Secy. of State of NY (SSNY) on 7/14/08. Office location: Albany County. LLC formed in New Jersey (NJ) on 11/30/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Incorp Services, Inc., One Commerce Plaza, 99 Washington Ave., Ste. 805A, Albany, New York 12260. Address to be maintained in NJ: 1 Susan Lane,

LEGAL NOTICE

Saddle Brook, NJ 07663. Arts. of Org. filed with NJ Secy. Of State, New Jersey Division of Revenue, 225 West State St., 3rd Floor, Trenton, NJ 08609-1001, New Jersey Department of the Treasury. Purpose: any lawful activities. LD-19266 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of BVT Parking, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 01/22/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19267 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of 4702 Realty LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 01/25/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19268 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of MALDWIN & EDSTROM DEVELOPMENTS LLC. Arts. of Org. was filed with SSNY on 7/17/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities. LD-19269 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: PLAT; FORM, AUDIT GROUP, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on June 23, 2008. Office location: 14 Corporate Woods Blvd., City of Albany, County of Albany, State of New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 14 Corporate Woods Blvd., Albany, New York 12211. For any lawful purpose. LD-19270 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: FCIBM 708 LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on June 23, 2008. Office location: 22 Century Hill Drive, Ste 301., Town of Colonie, Albany County, State of New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 22 Century Hill Drive, Ste 301, Latham, New York 12110. For any lawful purpose. LD-19271 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF A LIMITED PARTNERSHIP (L.P.) Name: 110 SHAIK (L.P.). Certificate of Limited Partnership filed with NY Secretary of State July 15, 2008. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State designated as agent for

LEGAL NOTICE

service of process against L.P. and shall mail copy to 9 Washington Square, Albany, New York 12205. LD-19272 (September 3, 2008)

LEGAL NOTICE

NOTICE OF CONVERSION TO A DOMESTIC LIMITED LIABILITY COMPANY (LLC) COLUMBIA NORTHERN GROUP, a partnership, converted to COLUMBIA NORTHERN GROUP, LLC. Certificate of Conversion filed with NY Secretary of State July 15, 2008. Purpose of LLC - to engage in any lawful act or activity. LLC to be managed by one or more members. Office of LLC to be located in Albany County. Secretary of State is agent for service of process against LLC and shall mail copy of process to 302 Washington Avenue Ext., Albany, NY 12203. LD-19273 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ROSETTI PROPERTIES II, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/03/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-19274 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ROSETTI CONSTRUCTION LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/03/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-19275 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ROSETTI ACQUISITIONS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/03/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-19276 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 111 CONKLYN STREET LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/27/08. The latest date of dissolution is 01/15/2098. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Anthony J. Addeo, Esq., 145 Merritts Road, Farmingdale, New York 11735. Purpose: For any lawful purpose. LD-19277 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MESEE

LEGAL NOTICE

PRODUCTIONS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/07/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ry Russo, 65 Greenwich Street, New York, New York 10014. Purpose: For any lawful purpose. LD-19278 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: WARREN, 1090, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 05/09/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 101 Warren Street, Unit 1000, New York, New York 10007. Purpose: For any lawful purpose. LD-19279 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MENDY'S ON CONEY, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 05/13/08. The latest date of dissolution is 12/31/2108. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1359 8-1361 Coney Island Avenue, Brooklyn, New York 11230. Purpose: For any lawful purpose. LD-19280 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 2013 ASSOCIATES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 05/09/08. The latest date of dissolution is 12/31/2107. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 7024 18th Avenue, Brooklyn, New York 11204. Purpose: For any lawful purpose. LD-19281 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Kerr Group, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/18/08. Office location: Albany County. LLC formed in Delaware (DE) on 7/1/1974. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 101 Oakley St., Evansville, IN 47710. Address to be maintained in DE: c/o National Registered Agents, Inc., 160 Greentree Dr., Ste. 101, Dover, DE 19904. Secy. Of State, 401 Federal St., Ste. 4., Dover, DE 19901. Purpose: any lawful activities. LD-19287 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of PETS-VETSPACE, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/18/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 8 West 65th St., #4B, NY, NY 10023. Purpose: any lawful activities. LD-19288 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Cumberland 268, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/14/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19289 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Reisch Fitness, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/14/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19290 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Church Media, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/15/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19291 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Island Life Surf Company, LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 07/16/08. LLC Formed in Delaware (DE) on 07/14/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. DE address of LLC: 341 Raven Circle, Wyoming, DE 19934. Arts. Of Org. filed with DE Secy. Of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-19292 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of MD Pizzeria, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/11/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19293 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Fine Young Man Productions, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/11/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19294 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Romanians, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 06/19/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served.

LEGAL NOTICE

SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19295 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Sea Distributors, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/17/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19296 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of 56 Windsor, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/09/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19297 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Sky Studio Designs, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 07/17/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Pl., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19298 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: I PRO-NOUN, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/09/08. The latest date of dissolution is 12/31/2060. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Christine Kaitz, 21 Adams Road, Ossining, New York 10562. Purpose: For any lawful purpose. LD-19307 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: KING PICKLEBRAIN PRODUCTIONS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/20/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Law Offices of Howard Leder, 261 Madison Avenue, 12th Floor, New York, New York 10016. Purpose: For any lawful purpose. LD-19308 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: RGRN, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/14/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Law Offices of Stephen R.

LEGAL NOTICE

Markman, 105 Court Street, Suite 510, Brooklyn, New York 11201. Purpose: For any lawful purpose. LD-19309 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 2201 AVENUE X EQUITIES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/14/08. The latest date of dissolution is 12/31/2107. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 460 Kings Highway, Brooklyn, New York 11223. Purpose: For any lawful purpose. LD-19310 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BROADWAY CAPITAL TRADING LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/30/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 65-45 Utopia Parkway, Fresh Meadows, New York 11365. Purpose: For any lawful purpose. LD-19311 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: L SIMON RESTORATION LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/16/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 168 W. 86th Street, PH1, New York, New York 10024. Purpose: For any lawful purpose. LD-19312 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Orton Gillingham Associates, LLC. Authority filed with Secy. Of State of NY (SSNY) on 07/21/08. Office location: Albany County. LLC formed in Massachusetts (MA) on 05/25/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207, registered agent upon whom process may be served. Arts. of Org. filed with Secretary of the Commonwealth of Massachusetts, Corporations Division, One Asburton Place, 17th Floor, Boston, MA 02108-1512. Purpose: Any lawful activity. LD-19313 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of GAVILON, LLC. Authority filed with Secy. Of State of NY (SSNY) on 07/03/08. Office location: Albany County. LLC formed in Delaware (DE) on 12/29/95. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Prentice Hall Corporation System Inc., 80 State Street, Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: Eleven ConAgra Drive, Omaha, NE 68102. Arts. of Org. filed with Secretary of State of Delaware, 401 Federal Street, Dover, DE 19901. Purpose: Commodity trading and merchandising operations. LD-19314

LEGAL NOTICE

(September 3, 2008)

LEGAL NOTICE

Notice of formation of B & A DEVELOPMENT OF NY, LLC a NYS LLC Formation filed with SSNY on 06/27/08. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 50 Brighton 1 Rd., # 5E, Brooklyn, NY 11235. Purpose: Any Lawful purposes. LD-19315 (September 3, 2008)

LEGAL NOTICE

Notice of formation of JJB WORLDWIDE LLC a NYS LLC Formation filed with SSNY on 07/08/08. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 22 Coleridge St., Brooklyn, NY 11235. Purpose: Any Lawful purposes. LD-19316 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of AARON INDUSTRIAL COMPANY LLC. Arts. of Org. was filed with SSNY on 6/18/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o the LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities. LD-19317 (September 3, 2008)

LEGAL NOTICE

Best Practices of America, LLC LLC was filed with the SSNY on 07/17/2008. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Michael T. Rodman 1500 State Street, Ste. 220 San Diego, CA 92101 Purpose: Any lawful purpose. LD-19318 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of a Limited Liability Company (LLC): Name: Grumpy Bulldog LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 05/20/2008. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: Grumpy Bulldog LLC, 234 Davis Ave, Albany, NY 12208 Purpose: Any lawful activity. LD-19319 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: RIVER FOREST ADVISORS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/17/07, with an existence date of 01/01/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 420 East 54th Street, Suite 8D, New York, New York 10022. Purpose: For any lawful purpose. LD-19323 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: RIVERHOUSE LUCKY 7 LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/17/08. Office location:

LEGAL NOTICE

Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 16 East 41st Street, 5D, New York, New York 10017. Purpose: For any lawful purpose. LD-19324 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: FERN LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/21/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Del Prete & Cheng, LLP, 111 Atlantic Avenue, Suite 1R, Brooklyn, New York 11201. Purpose: For any lawful purpose. LD-19325 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 200 E61-23F LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/17/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Tal Shlomi, 206-04 Emily Road, Bayside, New York 11360. Purpose: For any lawful purpose. LD-19326 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of STRAIGHTLINE CONSTRUCTION AND REMODELING, LLC pursuant to NY Limited Liability Law Sec. 203, Art of Org. filed with Secy. of State of NY (SSNY) on 07/16/2008. Office Location: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any process to: c/o the LLC, 34 South Main, Voorheesville, NY 12186. Purpose: To engage in any lawful act or activity. LD-19327 (September 3, 2008)

LEGAL NOTICE

Twice as Nice Consignment Sale, LLC Notice of Formation of the above Limited Liability Company ("LLC"). Articles of Organization (DOM LLC) filed with the Secretary of State of NY ("SSNY") on July 11, 2008. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any such process served to: Twice as Nice Consignment Sale, LLC, P.O. Box 368, Delmar, New York 12054. Purpose: Any lawful act. LD-19329 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of New Penn Financial, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 7/18/08. Office location: Albany County. LLC formed in Delaware (DE) on 4/18/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. DE address of LLC: c/o The Corporation Trust Co., 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-19332

LEGAL NOTICE

(September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 504 ASSOCIATES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/30/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 70 Kensington Drive, Fort Lee, New Jersey 07024. Purpose: For any lawful purpose. LD-19333 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: VOC-COLI FLATS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/17/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Robert Gurbo & Louise Voccoli, 6911 Sixth Avenue, Brooklyn, New York 11209. Purpose: For any lawful purpose. LD-19334 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of BOC LLC. Authority filed with Secy. of State of NY (SSNY) on 07/25/08. Office location: Albany County. LLC formed in Delaware (DE) on 12/05/73. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207, registered agent upon whom process may be served. Arts. of Org. filed with Secretary of State, Delaware, Townsend Bldg., 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: Any lawful activity. LD-19335 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of LIBERTAS CAPITAL LLC. Arts. of Org. was filed with SSNY on 7/21/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-19336 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of RWC Consulting Group, LLC. Authority filed with NY Dept. of State on 7/21/08. Office location: Albany County. Principal business addr.: 1580 S. Main St., Ste. 105, Boerne, TX 78006. LLC formed in DE on 8/29/00. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-19337 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Avega Health Systems, LLC. Authority filed with NY Dept. of State on 7/25/08. Office location: Albany County. Principal business addr.:

LEGAL NOTICE

200 North Point Center East, Ste. 200, Alpharetta, GA 30022. LLC formed in DE on 11/30/05. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-19338 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Absolute Technology Consulting, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 07/23/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19339 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Eco-Rock, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 07/22/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corporate Svcs Corp., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19340 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Pura Vida Beauty, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 06/09/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Albert Tucker and Associates, LLC, 295 Madison Ave., Ste. 1010, New York, NY 10017. Registered Agent upon whom process may be served: Allstate Corporate Services Corp, 41 State St, Ste 415, Albany, NY 12207. Purpose: any lawful activity. LD-19341 (September 3, 2008)

LEGAL NOTICE

New York State, Department of State, Division of Corporations, State Records and UCC, Albany, NY 12231, Under Section 203 of the Limited Liability Company Law, Name: INDIAN MEADOW HORNS' AROUND, LLC. The county is: Albany. The SOS is designated as agent of the LLC upon whom process against it may be served. The address within or without this state to which the SOS shall mail a copy of any process against the LLC served: Smith Philipp, PLLC, 450 New Karner Road, Albany, NY, 12205. For any lawful purpose. LD-19342 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: AD-ZOOMI, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/28/08. Office location: Albany County.

LEGAL NOTICE

SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 25 Cardinal Drive, Royal, New York 11576. Purpose: For any lawful purpose. LD-19343 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ANDI KORNFIELD & ASSOCIATES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/29/08. The latest date of dissolution is 12/31/2055. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Philip Narotzky, 141 West 26th Street, Suite 400, New York, New York 10001. Purpose: For any lawful purpose. LD-19344 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: PRESTIGE 404 EAST, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/29/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o The Law Offices of David C. Berg, 425 Madison Avenue, 11th Floor, New York, New York 10017. Purpose: For any lawful purpose. LD-19345 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: BBL VERONA RESTAURANT, LLC. Articles of Organization filed with NY Secretary of State, July 17, 2008. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 302 Washington Avenue Extension, Albany, NY 12203. Sec. 206 LD-19348 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: 594 DELAWARE AVENUE, DELMAR, NY, LLC. Articles of Organization filed with NY Secretary of State, August 5, 2008. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 60 Axbridge Lane, Delmar, NY 12054. Sec. 206 LD-19352 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: FANCHER'S CREEKSIDE FARMS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/18/08. The latest date of dissolution is 12/31/2108. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 350 County Route 402, Westerlo, New York 12193. Purpose: For any lawful purpose. LD-19353

LEGAL NOTICE

(September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 37th REALTY ASSOCIATES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/17/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Robert Miller, 363 Westchester Avenue, Port Chester, New York 10573. Purpose: For any lawful purpose. LD-19354 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: THE BITACHON GROUP, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/31/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 337 R Central Avenue, Lawrence, New York 11559. Purpose: For any lawful purpose. LD-19355 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: EAST COAST SALON SUPPLY, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/31/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 337 R Central Avenue, Lawrence, New York 11559. Purpose: For any lawful purpose. LD-19356 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: WEST FORK CAPITAL EQUITIES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/31/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 468 West 153rd Street, Suite 3A, New York, New York 10031. Purpose: For any lawful purpose. LD-19357 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 457 COMM REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/31/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 456 7th Avenue, Brooklyn, New York 11215. Purpose: For any lawful purpose. LD-19358 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HPA RESTAURANT, LLC. Articles of Organization were filed with the Secretary of State of New York

LEGAL NOTICE

(SSNY) on 07/31/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 255 Fifth Avenue, New York, New York 10016. Purpose: For any lawful purpose. LD-19359 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BUROK LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/22/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1234 Bushwick Avenue, Brooklyn, New York 11221. Purpose: For any lawful purpose. LD-19360 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MARBAR PROPERTIES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/28/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Murphy, 33-315 Bronxville Glen Drive, Bronxville, New York 10708. Purpose: For any lawful purpose. LD-19361 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ENOTRIA WINE IMPORTS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/30/08. The latest date of dissolution is 12/31/2075. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Fassone, 598 Hancock Street, Brooklyn, New York 11233. Purpose: For any lawful purpose. LD-19362 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF EU-RODIM HOLDING LLC. Arts. of Org. were filed with SSNY on 7/25/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-19363 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF Snow Geese, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 8/1/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, c/o Sloss Eckhouse Brennan Lawco LLP, 555 West 25th St., 4th Fl., NY, NY 10001. Purpose: any lawful activities. LD-19365 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF PINE EP MANAGEMENT LLC.

LEGAL NOTICE

Arts. of Org. filed with Secy. of State of NY (SSNY) on 06/04/08. Office location: Albany County. Principal office of LLC: 1 Columbia Circle, 1st Fl., Albany, NY 12203. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Healthcare Associates, Inc., 46 Stauderman Avenue, Lynbrook, NY 11563, registered agent upon whom process may be served. Purpose: Any lawful activity. LD-19367 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Cognitive Operations Group, LLC. Authority filed with NY Dept. of State on 7/25/08. Office location: Albany County. LLC formed in NV on 12/3/07. NY Sec. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: InCorp Services, Inc., One Commerce Plaza, 99 Washington Ave., Ste. 805-A, Albany, NY 12260. NV address of LLC: c/o InCorp Services, Inc., 375 N. Stephanie St., Ste. 1411, Henderson, NV 89014. Arts. of Org. filed with NV Sec. of State, 202 N. Carson St., Carson City, NV 89701. Purpose: any lawful activity. LD-19368 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: SOFIA PIZZA RESTAURANT LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/04/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Alicia Rivera, 2043 West 4th Street, Brooklyn, New York 11223. Purpose: For any lawful purpose. LD-19376 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: OPTIFORM CRYSTALS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/29/08. The latest date of dissolution is 12/31/2107. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, P.O. Box 1727, New York, New York 10159-1727. Purpose: For any lawful purpose. LD-19377 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CHIEF GAS AND POWER LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/06/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 918 McDonald Avenue, Brooklyn, New York 11218. Purpose: For any lawful purpose. LD-19378 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Berkeley Enterprise Associates LLC. Authority filed with Secy. of State of NY (SSNY) on 8/5/08. Office location: Albany County. LLC formed in California (CA) on 7/2/08. SSNY designated as agent of LLC upon whom process against it may be served.

LEGAL NOTICE

SSNY shall mail process to: The LLC, 2000 Powell St., Ste. 510, Emeryville, CA 94608, also address of the principal office. Address to be maintained in CA: c/o Registered Agent Solutions, Inc., 980 9th St., 16th Fl., Sacramento, CA 95814. Arts. of Org. filed with CA Secy. Of State, 1500 11th St., 3rd Fl., Sacramento, CA 95814. Purpose: any lawful activities. LD-19379 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Rapid Realty Franchise LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 05/23/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Registered Agent upon whom process may be served: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19383 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Rapid Realty NYC 600 Franklin Avenue LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 05/07/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Registered Agent upon whom process may be served: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19385 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Revlich LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 06/25/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19386 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of P & T Realty Group LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 07/25/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19387 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Open Guard LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 07/30/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity.

LEGAL NOTICE

LD-19388 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of an LLC: Settles Hill Tree Farm, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on July 7, 2008. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, at 494 Western Turnpike, Altamont, NY 12009. Purpose: for any lawful purpose. LD-19390 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Bill-back Systems, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 6/26/08. Office location: Albany County. LLC formed in Delaware (DE) on 5/19/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 8000 Miller Farm Lane, Centerville, OH 45458. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purposes. LD-19391 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Bam Worldwide LLC. Arts. of Org. was filed with SSNY on 8/08/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-19392 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Scano, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/01/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19393 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 274 JEFFERSON ST., LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/08/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, Post Office Box 650194, Fresh Meadows, New York 11365. Purpose: For any lawful purpose. LD-19395 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: EREZ HAYUN REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/02/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 375 Park

LEGAL NOTICE

Avenue, Brooklyn, New York 11205. Purpose: For any lawful purpose. LD-19396 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: Otto Scooter World, LLC (LLC). Articles of Organization filed with NY Dept. of State on August 1, 2008. Office location: Albany County. Address of principal business location is 1730 Central Avenue, Albany, NY. NY Secretary of State (SOS) is designated as agent of LLC for service of process. SOS shall mail copy of process to 1730 Central Avenue, Albany, NY 12205. Purpose: Any lawful act or activity. LD-19397 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CLARED 150, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/24/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 150 Ramson Street, Cohoes, New York 12047. Purpose: For any lawful purpose. LD-19398 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: C.E. GRIFFIN, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/03/08. The latest date of dissolution is 12/31/2107. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Charles Eubanks, 76 West 86th Street, New York, New York 10024. Purpose: For any lawful purpose. LD-19399 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HALF THE SKY, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/21/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 880 3rd Avenue, 16th Floor, New York, New York 10022. Purpose: For any lawful purpose. LD-19400 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 31 MT. HOPE, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/28/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Vincent Rosso, 117 Wood Street, Tuckerton, New Jersey 08087. Purpose: For any lawful purpose. LD-19401 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 148 OLD LOUDON ROAD, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/22/08. Office location: Albany County. SSNY has been designated

LEGAL NOTICE

as agent of the LLC, upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 31 Windrose Way, Watervliet, New York 12189. Purpose: For any lawful purpose. LD-19402 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ELITE-SIGNATURE-GROUP LLC. Application for Authority was filed with the Secretary of State of New York (SSNY) on 08/08/08. The LLC was originally filed with the Secretary of State of Delaware on 06/17/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 25 Central Park West, Suite 15F, New York, New York 10023. Purpose: For any lawful purpose. LD-19403 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BLUE SCREEN CREATIVE MEDIA LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/07/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 609 Lenox Road, Baldwin, New York 11510. Purpose: For any lawful purpose. LD-19404 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: J.J.C. 18 WEST-36th STREET L.L.C.. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/06/08. The latest date of dissolution is 12/31/2107. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Newmark Knight Frank, 125 Park Avenue, New York, New York 10017. Purpose: For any lawful purpose. LD-19405 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: TRUWSTORY, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/03/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Matthews & Co., LLP, 270 Madison Avenue, New York, New York 10016. The latest date of dissolution is 12/31/2060. Purpose: For any lawful purpose. LD-19406 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BROOKLYN FOOD AND DRINK LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/11/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 111 Atlantic Avenue, Brooklyn, New York 11201. Purpose: For any lawful purpose. LD-19407 (September 3, 2008)

LEGAL NOTICE

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: JAMAICA-88TH AVE., LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/30/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 296 4th Avenue, Brooklyn, New York 11215. Purpose: For any lawful purpose. LD-19408 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MIGUEL PROPERTIES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/16/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 2010 Bruckner Boulevard, Bronx, New York 10473, ATTN: Anthony Torres. Purpose: For any lawful purpose. LD-19409 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 100% ALL NATURAL, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/14/07. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 992 Grooms Road, Rexford, New York 12148. Purpose: For any lawful purpose. LD-19410 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF ARTS OF ORG. NAME: CKR OF NY, LLC. Arts of Org. filed with NY Dept. of State on 8/6/08. Office location: Schenectady County. Sec. of State designated as agent of LLC upon whom process against it may be served and shall mail process to the principal business address: 1619 Main St., Tewksbury, MA 01876. Purpose: any lawful activity. LD-19416 (September 3, 2008)

LEGAL NOTICE

NOTICE OF QUALIFICATION OF TANDUS US, LLC. Authority filed with Secy. of State of NY (SSNY) on 07/25/08. Office location: Albany County. LLC formed in Delaware (DE) on 08/25/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207. Arts. of Org. filed with Secretary of State, Division of Corporations, John G. Townsend Bldg., 401 Federal St., Dover, DE 19901. Purpose: Any lawful activity. LD-19417 (September 3, 2008)

LEGAL NOTICE

NOTICE OF QUALIFICATION OF SODEXO MAGIC, LLC. Authority filed with Secy. of State of NY (SSNY) on 07/21/08. Office location: Albany County. LLC formed in Delaware (DE) on 05/10/06. Principal office of LLC: 9801 Washingtonian Blvd., #1245D, Gaithersburg, MD 20878. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State Street, Albany, NY 12207. Arts. of Org. filed with Delaware Secretary of State, Division of Corporations, John G. Townsend Building, 401 Federal Street, Dover, DE 19901. Purpose: Any lawful activity.

LEGAL NOTICE

activity. LD-19418 (September 3, 2008)

LEGAL NOTICE

NOTICE OF QUALIFICATION OF T5 UNISON SITE MANAGEMENT LLC. Authority filed with Secy. of State of NY (SSNY) on 08/11/08. Office location: Albany County. LLC formed in Delaware (DE) on 05/19/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to c/o Corporation Services Company, 80 State Street, Albany, NY 12207. Arts. of Org. filed with Secretary of State of Delaware, Division of Corporations, John G. Townsend Bldg., 401 Federal Street, Suite 4, Dover, DE 19901. Purpose: Any lawful activity. LD-19419 (September 3, 2008)

LEGAL NOTICE

NOTICE OF QUALIFICATION OF ASSURANCE BROKERAGE INT'L, LLC. Authority filed with Secy. of State of NY (SSNY) on 08/11/08. Office location: Albany County. LLC formed in New Jersey (NJ) on 02/07/06. LLC agrees to use fictitious name of ABI Insurance Services LLC while conducting business in NY. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to c/o Corporation Service Company, 80 State Street, Albany, NY 12207. Arts. of Org. filed with Department of Treasury, Division of Revenue, Business Services Bureau, PO Box 300, Trenton, NJ 08625-0300. Purpose: Insurance Agent. LD-19420 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: Pamela Howe Brown, LLC (LLC). Articles of Organization filed with NY Dept. of State on July 30, 2008. Office location: Albany County. Address of principal business location is 321 State Street, Albany, NY. NY Secretary of State (SOS) is designated as agent of LLC for service of process. SOS shall mail copy of process to 321 State Street, Albany, NY 12210. Purpose: Any lawful act or activity. LD-19421 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). NAME: GUNDERSEN VETERINARY SERVICES, PLLC. Articles of Organization filed with NY Secretary of State, August 7, 2008. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 223 River Road, Glenmont, NY 12077. LD-19422 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is PRIME ORANGE COMMONS, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on March 7, 2007. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o Dean DeVito, 621 Columbia Street, Cohoes, New York 12047. LD-19423 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Green Sleeves By Leah, LLC. filed Articles of Organization with the New York Secretary of State on August 7, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, McNamee, Lochner, Titus & Williams, P.C., 677 Broadway, Albany, New York 12207. The street address of the principal business location is 32 Marion Avenue, Albany, New York 12203. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-19424 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF EYES ON CHELSEA OPTOMETRY, PLLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/05/08. Office location: Albany County. SSNY designated as agent of PLLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: profession of optometry. LD-19426 (September 3, 2008)

LEGAL NOTICE

Levy & Obstarczyk, PLLC filed articles of incorporation with the Secretary of State on July 24, 2008. Its office is in Albany County, New York. The Secretary of State of the State of New York has been designated as agent upon whom service of process against the PLLC may be served. The Secretary of State shall mail a copy of process in any action or proceeding against the PLLC to David J. Levy, Esq., 42 Cloverfield Drive, Loudonville, New York. The purpose of the PLLC is to practice the profession of Law. LD-19426 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF BANDPHOTOWORLD LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/11/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19427 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF TURQUOISE RESTAURANT GROUP LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/08/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19428 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF 100

LEGAL NOTICE

Kosciusko LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 07/02/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19429 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF JM RESTAURANT DESIGN LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 07/29/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19430 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF MIKE & SONS P&H, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 07/30/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19431 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF 2834 CHURCH, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 06/25/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19432 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF 330 EMPIRE, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 06/25/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19433 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF G & V REALTY PROPERTIES LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 01/17/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity.

LEGAL NOTICE

12207. Registered Agent upon whom process may be served: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19434 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF 187 COOK ST. LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 05/08/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Registered Agent upon whom process may be served: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19435 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF NY STATE REFINERY LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/04/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19436 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF 26 SCOTTS LANDING LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 06/11/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Registered Agent upon whom process may be served: Allstate Corp. Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19437 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF 77 WARREN FOODS LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/06/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19438 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF ROSMILL MANAGEMENT, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/06/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19439 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF PASSING FILM LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/07/08. Of-

LEGAL NOTICE

Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19440 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF ZAIN GROUP LLC. Arts. of Org. was filed with SSNY on 8/5/08. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o the LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities. LD-19441 (September 3, 2008)

LEGAL NOTICE

NOTICE OF QUALIFICATION OF EN POINTE GLOBAL SERVICES, LLC. Authority filed with Secy. of State of NY (SSNY) on 07/15/08. Office location: Albany County. LLC formed in Delaware (DE) on 07/02/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to c/o Corporation Service Company, 80 State Street, Albany, NY 12207. Arts. of Org. filed with Secretary of State of Delaware, Division of Corporations, PO Box 898, Dover, DE 19903. Purpose: Computer Services. LD-19442 (September 3, 2008)

LEGAL NOTICE

NOTICE OF QUALIFICATION OF EP BARRIER COATINGS, LLC. Authority filed with Secy. of State of NY (SSNY) on 05/30/08. Office location: Albany County. LLC formed in Delaware (DE) on 04/07/08. Principal office of LLC: 155 Rano Street, Suite 300, Buffalo, NY 14207. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to c/o Corporation Service Company, 80 State Street, Albany, NY 12207. Arts. of Org. filed with Delaware Secretary of State, Division of Corporations, John G. Townsend Bldg., 401 Federal Street, Suite 4, Dover, DE 19901. Purpose: Any lawful activity. LD-19443 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF SAIM LLC. Arts. of Org. was filed with SSNY on 8/5/08. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o the LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities. LD-19444 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LONSDALE HOLDINGS LLC. Arts. of Org. was filed with SSNY on 8/7/08. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o the LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities. LD-19445 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF GANTSHILL LLC. Arts. of

LEGAL NOTICE

Org. was filed with SSNY on 8/5/08. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o the LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities. LD-19446 (September 3, 2008)

LEGAL NOTICE

NAME: EVERGREEN ENGINEERING OF NEW YORK, LLC. Arts. of Org. filed with Secy. of State of NY on 8/5/08. Princ. Bus. Loc.: 401 New Karner Road, Brandon Place, Albany, NY 12205. Office location: Albany County. SSNY designated as agent of PLLC upon whom process against it may be served. SSNY shall mail copy of process to: 401 New Karner Road, Brandon Place, Albany, NY 12205. Purpose: practice the profession of engineering. LD-19447 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC PINWEST ONE LLC. filed Articles of Organization with the New York Secretary of State on August 13, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, c/o Touhey Associates, Pine West Plaza, Building #2, Washington Avenue Extension, Albany, New York 12205. The street address of the principal business location is c/o Touhey Associates, Pine West Plaza, Building #2, Washington Avenue Extension, Albany, New York 12205. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-19448 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY. NAME: MAY-RICH ENGINEERING, PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/11/08. Office location: Albany County. SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC, 1141 Oak Point Avenue, Bronx, New York 10474. Purpose: For the practice of the profession of Engineering. LD-19449 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: DIAMOND APARTMENT, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/05/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ronald H. Gitter, Esq., 110 East 59th Street, 23rd Floor, New York, New York 10022. Purpose: For any lawful purpose. LD-19450 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HUNGER PRESS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/12/08. Office location: Albany County. SSNY has been designated as agent of

LEGAL NOTICE

the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 185 Franklin Street, 5th Floor, New York, New York 10013. Purpose: For any lawful purpose. LD-19452 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY. NAME: DR. WENDY ELIAS WOLFSON DO, PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/11/08. Office location: Albany County. SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC, 137 East 38th Street, Apartment PHC, New York, New York 10016. Purpose: For the practice of the profession of Medicine. LD-19453 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CELEBRATION CARDS II, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/13/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 153-75 Cross Island Parkway, Whitestone, New York 11357. Purpose: For any lawful purpose. LD-19454 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: KELLY & JAMES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/14/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o The Law Office of Thalia Feilen, 928 Broadway, Suite 1000, New York, New York 10010. Purpose: For any lawful purpose. LD-19455 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FILING ARTICLES OF ORGANIZATION OF Integrated Vision Skills, LLC 1) The name of the Limited Liability Company is Integrated Vision Skills, LLC (the "Company"). 2) The Articles of Organization of Integrated Vision Skills, LLC were filed with the Secretary of State of the State of New York on August 13, 2008 3) The County of Albany is the County within the State of New York in which the office of the company is to be located. 4) The Secretary of State of the State of New York is designated as the agent of Integrated Vision Skills, LLC upon whom process against the Company may be served. The post office address to which the Secretary of State of the State of New York shall mail a copy of any process against the Company served upon the Secretary of State is: Integrated Vision Skills, LLC, 37 Glade Drive, Niskayuna, New York 12309 5) The purpose of the Company is for such lawful acts or activities for which limited liability companies may be organized under the LLC; Snyder, Kiley, Toohey, Corbett & Cox, LLP, Attorneys. LD-19456 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). NAME: WATERFORD LASER, LLC. Articles of

LEGAL NOTICE

Organization filed with NY Secretary of State, August 1, 2008. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 9 Washington Square, Albany, NY 12205. LD-19457 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of BRMN, LLC. Authority filed with Secy. of State of NY (SSNY) on 08/14/08. Office location: Albany County. LLC formed in Delaware (DE) on 08/12/08. Principal office of LLC: One Home Campus, MAC# x2401-049, Des Moines, IA 50328-001. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to c/o Corporation Service Company, 80 State Street, Albany, NY 12207-2543. Arts. of Org. filed with Secretary of State of Delaware, Federal and Duke of York Streets, Dover, DE 19901. Purpose: To provide residential mortgage lending. LD-19458 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BIG ENVELOPE LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/11/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 14 Bond Street, Suite 218, Great Neck, New York 11021. Purpose: For any lawful purpose. LD-19468 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: LEISURE 8 GROUP, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/01/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 49 West 44th Street, New York, New York 10036. Purpose: For any lawful purpose. LD-19470 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: WILLIAM GREY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 05/08/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Franklin, Gringer & Cohen, P.C., 666 Old Country Road, Suite 202, Garden City, New York 11530-2013. Purpose: For any lawful purpose. LD-19471 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of 608 Delaware Avenue, LLC, Art. of Org. filed Sec'y of State (SSNY) 12/27/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to c/o Bond Schoeneck & King PLLC, 111 Washington Ave., Albany, NY 12207. Purpose: any lawful activities. LD-19474 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Articles of Organization (as

LEGAL NOTICE

amended by Certificate of Amendment filed on August 6, 2008) for WORD COMMUNICATIONS, LLC were filed with the Secretary of State of New York on July 23, 2008. The office of the company is located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at Lombardi, Walsh, Wakeman, Harrison, Amodeo & Davenport, P.C., 111 Winners Circle, Albany, New York 12205. Purpose: for any lawful activity for which limited liability companies may be formed under the law. LD-19475 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Cole LO Chester NY, LLC. Authority filed with NY Dept. of State on 8/14/08. Office location: Albany County. Principal business address: 2555 E. Camelback Rd., Ste. 400, Phoenix, AZ 85016. LLC formed in DE on 8/11/08. NY Sec. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent. upon whom process may be served. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Sec. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-19476 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Unified's Dance Studio LLC. Arts of Org. filed with Secy. Of State of NY (SSNY) on 08/07/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19482 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Dr. Joan Monaco, MD PLLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/05/08. Office location: Albany County. SSNY designated as agent of PLLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: profession of medicine. LD-19483 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Roama LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/11/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19484 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Colucci Group LLC. Arts Of Org.

LEGAL NOTICE

filed with Secy. Of State of NY (SSNY) on 08/07/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19485 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Moor-sky, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 06/03/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19486 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of No-mold 4 Me LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 06/19/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19487 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Alliance Global Services, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/12/08. Office location: Albany County. LLC formed in Delaware (DE) on 7/28/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Avenue of the Americas, Ste. 501, NY, NY 10001. Address of the principal office: Six Tower Bridge, 181 Washington St., Ste. 350, Conshohocken, PA 19428. Address to be maintained in DE: 160 Greentree Dr., Ste. 1021, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. LD-19488 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: TURK-BAY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/18/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Haker & Ozisik LLP, 29 Broadway, Suite 1500, New York, New York 10006. Purpose: For any lawful purpose. LD-19491 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: VIVA LA RESISTANCE, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/11/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o

LEGAL NOTICE

Miguel Francisco, 37 Vermilyea Avenue, New York, New York 10034. Purpose: For any lawful purpose. LD-19492 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 34-14 42nd STREET LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/19/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 577 Prospect Avenue, Brooklyn, New York 11215. Purpose: For any lawful purpose. LD-19493 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ONE WESTERN TRIANGLE REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/16/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 149 South Main Avenue, Albany, New York 11208. Purpose: For any lawful purpose. LD-19494 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: SPENCER & DRAKE, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/20/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Berlin & Blau, Attorneys at Law, 444 Merrick Road, Suite 102, Lynbrook, New York 11563. Purpose: For any lawful purpose. LD-19495 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: GRAVITY HILL PRODUCTIONS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/21/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 25 Broad Street, #7K, New York, New York 10004. Purpose: For any lawful purpose. LD-19496 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC JT TS Road Property LLC, filed Articles of Organization with the New York Secretary of State on August 15, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, c/o Touhey Associates, Pine West Plaza, Building #2, Washington Avenue Extension, Albany, New York 12205. The street address of the principal business location is c/o Touhey Associates, Pine West Plaza, Building #2, Washington Avenue Extension, Albany, New York 12205. Its business is to engage in any lawful activity, for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-19498 (September 3, 2008)

LEGAL NOTICE

LEGAL NOTICE

Notice is hereby given that the Board of Appeals of the Town of Beth-lehem, Albany County, New York will hold a public hearing on Wednesday, September 17, 2008, at 7:15 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on the application of Stewarts Corp. for a Variance under Article XIII, Use and Area Schedules, Section 128-100, Schedule of Area, Lot and Bulk Requirements of the Code of the Town of Bethlehem for demolition and reconstruction of a gas canopy on property located at 1344 Route 9W, Selkirk, NY 12158. Michael C. Hodom Chairman Board of Appeals NOTE: The Town of Bethlehem provides reasonable accommodations for the disabled. Disabled individuals who need assistance in order to participate in the public hearing, should contact the Town Clerks Office at (518) 439-4955 ext. 1183. LD-19499 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC VT TS Road Property LLC, filed Articles of Organization with the New York Secretary of State on August 15, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, c/o Touhey Associates, Pine West Plaza, Building #2, Washington Avenue Extension, Albany, New York 12205. The street address of the principal business location is c/o Touhey Associates, Pine West Plaza, Building #2, Washington Avenue Extension, Albany, New York 12205. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-19499 (September 3, 2008)

LEGAL NOTICE

Notice is hereby given that the Board of Appeals of the Town of Beth-lehem, Albany County, New York will hold a public hearing on Wednesday, September 17, 2008, at 7:00 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on the application of Frank Tate for a Variance under Article VI, Supplementary Regulations, Section 128-48, Flag Lots and Shared Driveways of the Code of the Town of Bethlehem for one (1) lot in proposed three (3) lot subdivision named Crossroads Subdivision Section 3 located on Wemple Rd., Glenmont, NY 12077. Michael C. Hodom Chairman Board of Appeals NOTE: The Town of Bethlehem provides reasonable accommodations for the disabled. Disabled individuals who need assistance in order to participate in the public hearing, should contact the Town Clerks Office at (518) 439-4955 ext. 1183. LD-19500 (September 3, 2008)

LEGAL NOTICE

VOORHEESVILLE CENTRAL SCHOOL DISTRICT SCHOOL TAX COLLECTOR'S NOTICE Notice is hereby given that I have received the tax list and warrant for the collection of school taxes in the Voorheesville Central School District. I will receive all taxes for a period of 60 days beginning September 2, 2008 at the place listed below. During the 29 day period from September 2, 2008 through September 30, 2008 inclusive, there will be no penalty charge for the collection of the tax. From October 1, 2008 through October 31, 2008, in accordance with Section 2130 of the Educa-

LEGAL NOTICE

tion Law and Section 1328 of the Real Property Tax Law, penalty will be charged at a rate of 2%. No collections will be accepted after October 31, 2008. Postmarks of October 31, 2008 will be accepted. Paying in Person: Voorheesville Central School District 432 New Salem Road, Voorheesville, NY Monday-Friday, 9 a.m. - 4 p.m. Paying by Mail: Voorheesville Central School District Tax Collector P.O. Box 201 Voorheesville, NY 12186 Make checks payable to: Voorheesville Central School District Deborah Baron SCHOOL TAX COLLECTOR Voorheesville Central School District Voorheesville, NY 12186 LD-19501 (September 3, 2008)

LEGAL NOTICE

VOORHEESVILLE CENTRAL SCHOOL DISTRICT NOTICE TO TAXPAYERS FROM THE VOORHEESVILLE BOARD OF EDUCATION For those taxpayers who are having their school taxes paid through an escrow account, the district recommends contacting your bank to ensure proper payment. However, if you receive the tax bill and you have an escrow account, it is your obligation to contact your bank. Deborah Baron School Tax Collector Voorheesville Central School LD-19502 (September 3, 2008)

LEGAL NOTICE

New York State, Department of State, Division of Corporations, State Records and UCC, Albany, NY 12231, Under Section 203 of the Limited Liability Company Law, Name: ROUTE 85 ENTERPRISES, LLC. The county is: Albany. The SOS is designated as agent of the LLC upon whom process against it may be served. The address within or without this state to which the SOS shall mail a copy of any process against the LLC served: The LLC, 18 Darnley Greene, Delmar, NY 12054. For any lawful purpose. LD-19503 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of The Shade Store 989, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 05/27/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Registered Agent upon whom process may be served: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-19504 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Dasher Wappingers Falls, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 07/22/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19505 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Eplanet Ewaste LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/20/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to

Football

(From Page 36)

moving from Class C to Class D.

• A Super Bowl repeat in Class AA isn't likely.

Since Shenendehowa won back-to-back titles in 2002 and 2003, there hasn't been a repeat champion in double A. And the Super Bowl has featured different match-ups for the last three years (Saratoga-LaSalle in 2005, Colonie-CBA in 2006 and LaSalle-Guilderland in 2007). If the trend continues, then we should expect two new teams in the championship game this time around, especially since LaSalle and Guilderland graduated key players from last year's squads.

Teams to look out for this year include Saratoga, Bethlehem and CBA. All three teams return key players from last year, which is usually a harbinger of good things. After all, the last three Class AA champions had veteran-laden lineups - LaSalle in 2005 and 2007, and CBA in 2006. And, you can never count out Shen, which always finds big players for the offensive and defensive lines and great running backs.

• The coaching carousel continues to spin.

As always, several schools have new head coaches as the season begins, although it's only temporary in a couple of cases: Colonie's Mike Ambrosio is taking a year off to watch his son Mark play for Shaker's varsity team, so assistant coach John Preston will take charge of the Garnet Raiders; while Adam Peck becomes Taconic Hill's interim coach after Mike Bowman stepped down.

At Mohonasen, Josh Whipple assumes command of the Mighty Warriors after Scott Sabourin resigned. Albany Academy has a new head coach, too, as former Troy coach Tony Fruscio takes over for Paul Galucci, who won

a Section II title with the Cadets in 2006.

Other coaching changes include Granville (Mario Torres for Terry Wheeler) and Whitehall (James Matta for Bob Prentovost).

• Welcome back, Spa Catholic.

Actually, the school prefers to call itself Saratoga Central Catholic, but the bottom line is that the Saints are back as a varsity-level team for the first time in a couple of decades.

Returning to varsity football will not be an easy transition for Saratoga Central Catholic, as Class D is loaded with tough teams (Canajoharie, Rensselaer, Warrensburg, Lake George, Whitehall and Salem). The Saints should get at least one win this season, though, as they face a Bishop Gibbons squad that has struggled mightily over the years.

It should get better for the

Saints down the road, too. Head coach Phonsey Lambert has built winning basketball and baseball programs at the small Catholic school, and with a track record like that, it's not a stretch to believe he can do the same in football.

• Finally, expect some controversy at playoff seeding time.

As hard as Section II tries to avoid issues at seeding time, there's always something that leads to the use of multiple tiebreakers to determine who gets seeded where or who gets in at all. That's because it's hard to gain real separation between the teams when there's only seven regular season games (or eight, in the case of Class D). Somebody's going to wind up with bruised feelings, even if the tiebreakers are applied correctly (which they always are).

With that out of the way, let's get the 2008 season started.

Dolphins hold team tryouts

The Delmar Dolphins swim club will hold tryouts for the 2008-09 season at 6 p.m. Sept. 12 and at noon Sept. 20 at Bethlehem Central High School.

The tryouts are open to Capital District youth age 7 to 12 who are interested in learning competitive swimming while having fun in a progressive, instructional program.

Swimmers must be able to swim a 25-yard front crawl with good breathing to the side.

There is no fee or pre-registration necessary. Private tryouts can also be scheduled.

Swimmers should bring a swimsuit, towel and goggles.

For information or to schedule an individual tryout, contact coach Doug Gross at 369-9733.

Got sports news?

Spotlight Newspapers welcomes articles on community sports events and updates on athletes in college.

E-mail Sports Editor Rob Jonas at jonasr@spotlightnews.com or fax information to 439-0609.

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Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19506 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Nesanet & Feigy, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/19/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19507 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of Anaba Realty, LLC. Arts Of Org. filed with Secy. Of State of NY (SSNY) on 08/11/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Registered Agent upon whom process may

LEGAL NOTICE

be served: Allstate Corp. Svcs., 1 Commerce Plaza, 99 Washington Ave., Ste. 1008, Albany, NY 12260. Purpose: any lawful activity. LD-19508 (September 3, 2008)

LEGAL NOTICE

Notice of Qualification of Cramer Taos L.L.C. Authority filed with Secy. of State of NY (SSNY) on 8/14/08. Office location: Albany County. LLC formed in Delaware (DE) on 7/30/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Avenue of the Americas, Ste. 501, NY, NY 10001. Address to be maintained in DE: 160 Greentree Dr., Ste. 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activities. LD-19511 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of F.P.S. Premier Services LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 8/18/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Avenue of the Americas, Ste. 501, NY, NY 10001; also registered agent. Purpose: any lawful activities. LD-19513 (September 3, 2008)

LEGAL NOTICE

Designs In Life Insurance Marketing, LLC LLC was filed with the SSNY on 8/20/2008. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Sean C. Jeanes 5865 Traffic Way Atascadero, CA 93422 Purpose: Any lawful purpose. LD-19514 (September 3, 2008)

LEGAL NOTICE

NOTICE FOR PUBLICATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206(c) The name of the limited liability company is Burgh Express, LLC The date of filing of the articles of organization with the Department of State was July 16, 2008 The county in New York in which the office of the company is located in Rensselaer The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to Jeremiah F. Manning 49 Oldox Road Delmar, NY 12054 The latest date upon which the company is required to be dissolved is January 1, 2069 The business purpose of the company is to engage in any and all business activities permitted under the laws

LEGAL NOTICE

of the state of New York LD-19519 (September 3, 2008)

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NOTICE FOR PUBLICATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206(c) The name of the limited liability company is Hilchin, LLC The date of filing of the articles of organization with the Department of State was August 12, 2008. The county in New York in which the office of the company is located in Albany The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to Jeremiah F. Manning 49 Oldox Road Delmar, NY 12054 The latest date upon which the company is required to be dissolved is January 1, 2069 The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York. LD-19520 (September 3, 2008)

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NOTICE OF FILING ARTICLES OF ORGANIZATION OF Integrated Vision Skills, LLC The name of the Limited Liability Company is Integrated Vision Skills, LLC (the "Company"). The Articles of Organization of Integrated Vision Skills, LLC

LEGAL NOTICE

were filed with the Secretary of State of the State of New York on August 13, 2008 The County of Albany is the county within the State of New York in which the office of the company is to be located. The Secretary of the State New York is designated as the agent of Integrated Vision Skills, LLC upon whom process against the Company may be served. The post office address to which the Secretary of State of the State of New York shall mail a copy of any process against the Company served upon the Secretary of State is: Integrated Vision Skills, LLC, 37 Glide Drive, Niskayuna, New York 12309 The purpose of the company is for such lawful acts or activities for which limited liability companies may be organized under the LLC; Snyder, Kiley, Toohy, Corbett & Cox, LLP, Attorneys LD-19522 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of OLSON TAX & FINANCIAL PLANNING LLC Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/28/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Leonard Fogelman Esq. 305 Madison Ave, NY, NY 10165. Purpose: any lawful activity LD-19523 (September 3, 2008)

LEGAL NOTICE

Notice of formation of EM-

LEGAL NOTICE

PIRE GRADING SERVICES, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 04/02/2008. Office location: Saratoga County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, at 129 Pruyn Hill Road, Mechanicville, New York 12118. The purposes of the LLC are to engage in any lawful purposes; to incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the LLC; and to carry on any other activities necessary to, in connection with or incidental to the foregoing, as the Members in their discretion may deem desirable. LD-19524 (September 3, 2008)

LEGAL NOTICE

Notice of Formation of NIGHTINGALE INTERNATIONAL LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 07/26/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Leonard Fogelman Esq. 305 Madison Ave, NY, NY 10165. Purpose: any lawful activity LD-19523 (September 3, 2008)

LEGAL NOTICE

Any lawful activity. LD-19528 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: AbMarti Realty LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/15/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 75 Warren Street, Brooklyn, New York 11201. Purpose: For any lawful purpose. LD-19529 (September 3, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BUD-DHA 23 LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 08/04/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Amel Quassel, c/o Richard S. Brand, Esq., 158 West 13th Street, Suite 2A, New York, New York 10011. Purpose: For any lawful purpose. LD-19380 (September 3, 2008)

Sports *in the* Spotlight

Varsity schedule

Wednesday, Sept. 3

FIELD HOCKEY

Burnt Hills-Ballston Lake at Bethlehem, 4 p.m.

GOLF

RCS at Albany Academy, 2 p.m.
Bethlehem at Niskayuna, 4 p.m.
Voorheesville at Cohoes, 4 p.m.

BOYS VOLLEYBALL

Bethlehem at Burnt Hills-Ballston Lake, 5:30 p.m.

Thursday, Sept. 4

GOLF

Mechanicville at RCS, 4 p.m.
Saratoga Springs at Bethlehem, 4 p.m.
Waterford at Voorheesville, 4 p.m.

GIRLS TENNIS

Shenendehowa at Bethlehem, 4 p.m.

GIRLS VOLLEYBALL

Bethlehem at Mohonasen, 4 p.m.

Friday, Sept. 5

FIELD HOCKEY

Bethlehem at Shaker, 4 p.m.

FOOTBALL

Guiderland at Bethlehem, 7 p.m.
Hudson Falls at RCS, 7 p.m.

GOLF

RCS at Schalmont, 4 p.m.

GIRLS SOCCER

Colonie at Bethlehem, 4 p.m.

GIRLS SWIMMING

Emma Willard at RCS, 4:30 p.m.

GIRLS TENNIS

RCS at Ichabod Crane, 4 p.m.

BOYS VOLLEYBALL

Mohonasen at Bethlehem, 4 p.m.

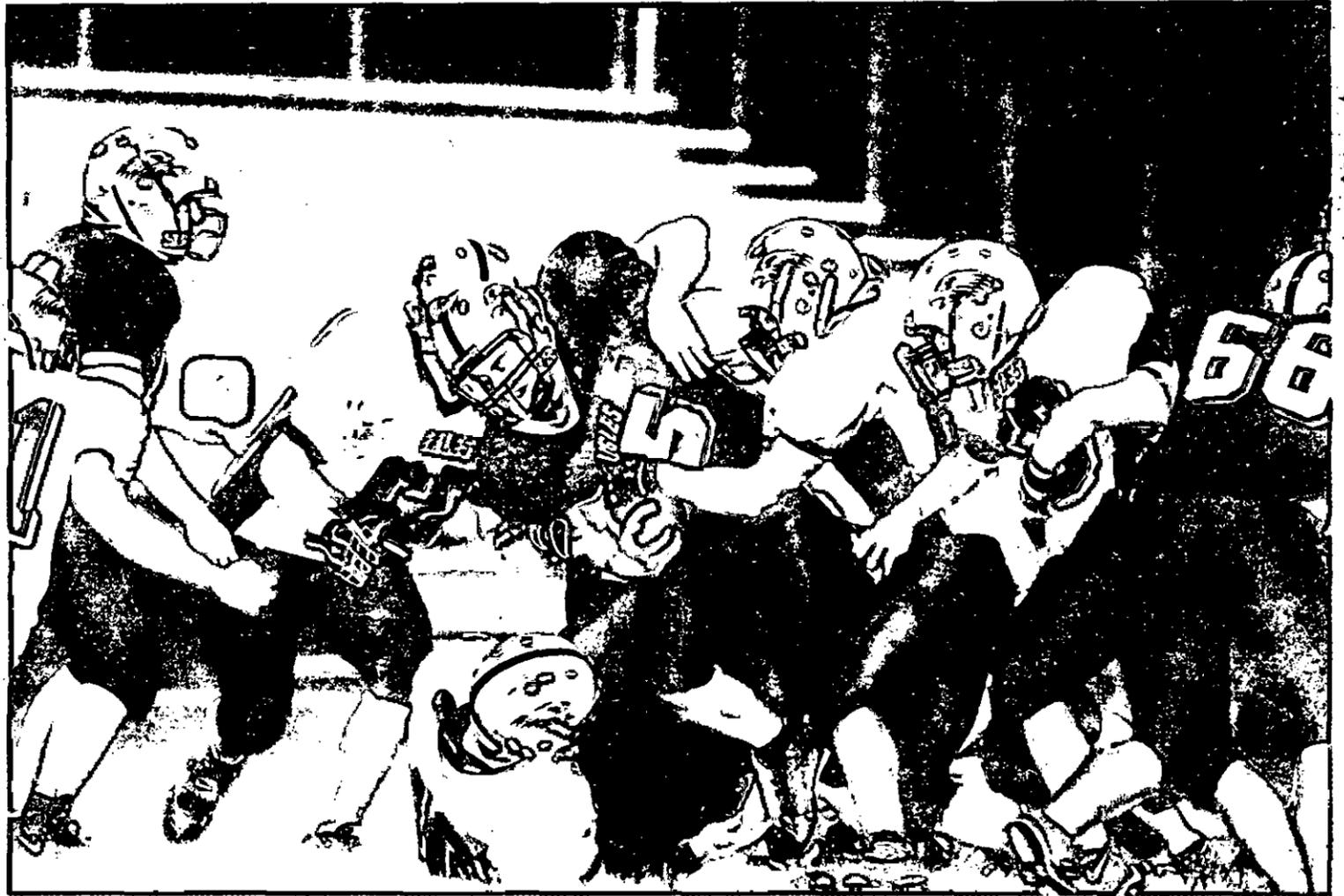
GIRLS VOLLEYBALL

RCS at Cohoes, 4 p.m.
Voorheesville at Watervliet, 5:30 p.m.

Saturday, Sept. 6

FOOTBALL

Tamarac at Voorheesville, 1:30 p.m.



Bethlehem running back Sean Murphy (center) tries to escape a tackle during last Wednesday's Black-Orange Scrimmage. Robert Goo/Spotlight

A year older, a year wiser

Eagles want to soar to the top of Section II heap

By ROB JONAS
jonasr@spotlightnews.com

The Bethlehem football team has a simple goal this year.

"We're all counting on (going to) the Super Bowl this year," said senior quarterback Randy Bowers. "We want to improve and get more people out to the games."

Getting more fans to the games may be easier for the Eagles than getting to the Super Bowl. Though the team was competitive last year, some early season struggles cost Bethlehem a shot at making the Section II, Class AA playoffs.

The Eagles are hoping to

rectify that this year with a veteran offense led by Bowers, tailbacks Kasim Maxwell and Sam Gallup, fullback Sean Murphy and receivers Sam Smith and Kyle Niehaus.

"I'm feeling good (about our chances)," said Bowers. "We've got a lot of returners, and the juniors are stepping up more than I expected."

Bowers could turn out to be one of the top quarterbacks in Class AA this season. He has the capability to throw the deep pass on target, and he has a full varsity season working with the same receivers under his belt.

"I think he's matured a lot," said Bethlehem head coach Ron Smith. "Physically, he's obviously gotten stronger, but he's gotten stronger mentally, too."

Maxwell and Gallup possess breakaway speed, while Murphy

is coming off a junior season in which he rushed for more than 800 yards. And with an experienced offensive line blocking for them, they could be one of the top running back combos in the league.

The defense may be a question mark for Bethlehem, though. While several veteran offensive players will also help out on defense, some newcomers are going to have to step up.

"We went to two camps this summer, and at both of them, other coaches said to me, 'Your offense looks good, but what's

your defense going to be like,'" said Smith. "I think they need to take that as a challenge."

Depth could also be an issue. Smith is carrying only 34 players on the roster — the smallest number since he became head coach several years ago.

Bethlehem gets its first test Friday at 7 p.m. when it hosts Guiderland, last year's Class AA Super Bowl runner-up. It will also be Bethlehem Pop Warner Night, where all BPW players and cheer leaders get in for free if they wear their uniforms.

What to look for in Section II football

Here's what you should know as we enter another Section II football season:

- Class AA's loss is Class A's gain (for better or for worse).

With Troy and Queensbury dropping down a class size, the double A ranks take a small hit, while the single A ranks get that much tougher. Troy hadn't been a true contender in class AA in several years, and Queensbury limped along for the two years it was in the largest school division. Without them, class AA doesn't grow any less competitive.

However, class A could become a real beast of a division. Troy and Queensbury should benefit from the drop to single A because both schools have a large talent pool to draw from and coaches who know how to win (Jack Burger at Troy and John Irion at Queensbury). Add the Flying Horses and Spartans to a division that includes such powerhouses

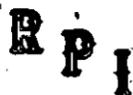
From the **Sports Desk**
Rob Jonas

as Lansingburgh, Burnt Hills-Ballston Lake, Amsterdam and Gloversville, and you can see how things could get very interesting this year.

On the flip side, you might want to send sympathy cards to Scotia-Glenville and Averill Park this year as both teams may struggle to earn wins. Averill Park's first four games include Troy, BH-BL, Lansingburgh and Gloversville, while Scotia-Glenville opens with BH-BL and meets Troy in Week 3. Ugh.

Other moves include Fonda dropping from Class B to Class C, and Lake George and Greenwich

□ Football Page 35



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For information email Martha Mainello at kevinjcase1150@aol.com



Senior Lifestyles



• Local assisted living facility offers a sense of community — S2



• Area senior center offers unique program to nearby homeowners — S6



• Medication management program brings peace of mind to patients and their loved ones — S10

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The Shenendehowa Senior Center offers a variety of computer education opportunities from basic internet use to more advanced operations such as Microsoft Word, EXCEL and basic financial management.

Center helps seniors face computer fears

When it comes to computers, many people, young and old, find themselves entrenched in internet intimidation, lacking basic computer lingo and adrift in the vastness of their hard drives.

Fortunately, there is help.

The Shenendehowa Senior Center, operated by Shenendehowa Senior Citizens Inc., is leading the way with its Adult Computer Mentoring Program. Primarily serving adults living

the life of retirement, the Senior Center offers a variety of computer education opportunities, from basic internet use to more advanced operations such as Microsoft Word, EXCEL and basic financial management.

"I like helping people," said computer mentor Carl Risch. "I have worked with computers my whole life and if I can help someone else get started it is nice."

Many older Americans are computer savvy, using comput-

ers for everything from gaming, downloading music, creating videos, staying in touch with family and even managing their stocks and finances. Unfortunately, there are still a high number of people lacking even the most basic computer skills needed in today's fast paced lifestyle. This problem is compounded when people become unemployable due to their lack of computer skills. The Shenendehowa Senior Center recognized this issue years ago and felt it necessary to tackle the problem head on.

"Seniors are returning to the work force in record numbers," says Judith McKinnon, executive director of the Shenendehowa Senior Center. "In part out of necessity and in part because they want to continue utilizing the skills and interests they have developed over a lifetime. Being computer literate gives them expanded employment options."

Interested in receiving basic computer knowledge in a warm and friendly atmosphere? Contact the Shenendehowa Senior Center at (518) 383-1343 for more information.

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Delmar Place offers sense of community

During the past three years, Delmar Place Assisted Living has become a staple in Delmar and its surrounding communities. As the senior population gets older and needs more care, Delmar Place has become an option for many local families.

Transitioning into assisted living is not a decision made lightly. But according to Delmar Place Executive Director, Donna Sickler, every effort is made to make residents feel at home and remain connected with the public. "Part of our goal is to be a bridge between the community we have built and the one that surrounds us. By doing this our residents have a very full life and continue to be as independent as possible."

Being located in the heart of Delmar, residents can be brought to appointments, shops, eateries, activities, the library and many other locations by the Delmar Place van within minutes, making Delmar an ideal setting for an assisted living residence.

Walking through the building one begins to sense that no detail has been left unattended. Hallways are named after recognizable Delmar street names such as Cherry Ave. The library is named after the first regis-

tered resident, Brant Peelan, of Bethlehem and Delmar Place has its very own Four Corners. Throughout a typical week, volunteers, organizations and various other groups from the community visit with residents and showcase their talents.

"Keeping residents engaged



and socially active is a vital part of their overall health," Sickler said. This community within a community provides a second family to the people who live here. The staff at Delmar Place invites you to stop by for a tour, to sample the cuisine, and see why residents and their families are so happy they are here.

For information, call 434 - HOME (4663) or e-mail info@delmarplace.com.

Thinking about retirement living?

The stereotype of seniors spending their "golden years" doing nothing but playing golf is laughably outdated. "The fact is, seniors today are not only living longer and healthier, but more confidently. They're taking risks, challenging themselves with new and rediscovered interests ... well into their 80s and even beyond," said Scott Flagel, vice president of Eddy Retirement Living.

They're also rightsizing: choosing to leave behind the hassles of home ownership for the free-and-easy lifestyle of a vibrant retirement community, notes Flagel. Seniors say they want - no, insist upon - a diverse and stimulating environment where they can be close to family and friends. In other words, a community in tune with their own needs. "Our residents come to our communities to pursue a lifestyle of freedom without the burdens of home ownership, and where they have a choice of activities, amenities and services.

An ideal retirement community should have the certain small details with the personal touches you are looking for. When touring through communities you should take note of certain things such as: are the hall-

ways brightly decorated, are the residents talking and interacting with each other, do staff members greet other residents by their name and with a smile, and is there a resident council to provide input to or air concerns.

To find the retirement community for you, it is important to start looking early, even several years before you contemplate moving from your current home. One reason is waiting lists. If you find a desirable community, chances are you won't be the first to have discovered it. Another reason is choice. The sooner you start looking, the better your chance of finding a place where you feel not just comfortable, but truly at home. "Our residents are simply themselves: comfortable with their lives, their lifestyles and their life decisions (including the choice for Eddy Retirement Living)," says Flagel of the camaraderie he witnesses at his retirement communities, "and that is just one way that The Eddy stands out."

Trust your instincts. And above all, think ahead ... far ahead. An independent retirement community isn't an end point, it's your new beginning. Avoid the "maybe someday" syndrome and live for the present.

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River cruises bring you closer than you can imagine

BY GLORIA VAN DERPOEL
The writer is a master cruise counselor.

Picture yourself cruising the rivers, the historic and breathtaking scenery along their banks, including but not limited to vineyards, historical castles and countless UNESCO world heritage sites visible from the comforts of your stateroom.

River cruising is a wonderful story of discovery, complete with easygoing comfort and convenience. You will uncover treasures right out of the history books and fairytales. You will see charming village squares, magnificent cathedrals and bustling marketplaces, often just a stroll away from your ship. Some river cruises provide you with the best vacation experience and the most value for your dollar by providing complimentary fine wine during dinner, 24-hour specialty coffee, bottled water in your stateroom, shore excursions and English-speaking guides, transfers on arrival and departure days and bicycles for your onshore use.

There are many ways to visit Europe, but none compare to the intimate, stylish and sophisticated experience of a river cruise. Unpack only once and start enjoying your trip with a small number of other excited travelers like yourself. You will meet people from all over the world, make lasting friendships, while sharing experiences for memories to last a lifetime. As part of planning your trip, you should bring any issues regarding your health and mobility to the attention of your travel consultant, as some of the river cruise ships have elevators. If you are disabled, a companion who will be responsible for providing any required assistance must accompany you.

In addition to river cruising, there is, of course, ocean sailing on the larger cruise ships and land pack-



River cruising is a wonderful story of discovery, complete with easygoing comfort and convenience.

ages available, that also offer some fabulous itineraries and destinations. Some cruise ship itineraries are popular because in addition to their ports of call, they originate and return to New York City year round, thus eliminating the hassle of air travel, transfers and minimizing any potential luggage problems. You should plan to book your trip at least nine months in advance of your departure date to provide for a larger choice of stateroom availability, insure your travel accommodations and to take

advantage of early booking discounts.

Last but not least, if something misfires on your trip, there is no substitute for having your travel counselor working on a solution. Serious difficulties do not occur often, but when they do, your travel counselor is only a phone call away, and the best person for you to be allied with.

Please do not hesitate to contact me at 462-1004 for assistance with your business and/or leisure travel needs.



When irregular heartbeats are combined with a diagnosis of heart failure, consider them a warning sign.

Don't ignore an irregular heartbeat

Does your heart ever beat irregularly? Perhaps you get an occasional flutter, or your heart races or beats slow for a short amount of time. For most people, these occasional, irregular heartbeats are common and harmless. However, when these irregular heartbeats (or heart rhythms) are combined with a diagnosis of heart failure, a condition in which the heart doesn't pump blood through the body as well as it should, consider these irregular heartbeats a warning sign.

If you've been experiencing these sensations with some regularity and especially if you feel lightheaded, dizzy or weak when these irregular beats occur, make an appointment with a doctor who will check to see if you're suffering from heart disease in general and possibly heart failure.

• Diagnosing heart rhythm problems

The first thing your doctor will do is order an electrocar-

diogram (ECG) which records the electrical activity in your heart. ECG adhesive patches (electrodes) will be placed on your chest, arms and legs. The patches are attached to wires and connected to a machine that records the electrical activity in your heart on graph paper.

If no explanation for your heart rhythm irregularities turns up on the ECG, your doctor may ask you to wear a Holter Monitor, a small portable device used to make a tape recording of your heartbeats over a longer period of time. Patients typically wear the device for 24 to 48 hours and keep a diary of their symptoms.

After the test is done, the tape is sent to the lab for analysis and an explanation for the heartbeat irregularities may become apparent. Most importantly, expect to have pictures of your heart made, especially an echocardiogram or 'sono' of your heart. If your heart function is otherwise normal, nothing else may be

continued on page S10

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Spotlight090308

When family caregivers have to make tough choices

In many ways, Suzanne Mintz fits the profile of the lion's share of the nation's 50 million-plus family caregivers. She is a woman, employed, and cares for her loved one at home. Her resources are stretched: time, money, emotions and strength.

But Mintz, president and co-founder of the National Family Caregivers Association (NFCA), can quickly tell you that trying to pinpoint an "average" family caregiver is a futile exercise. Each brings a unique outlook to the task, and a different mix of support and resources. Those who successfully move through the daily challenges seek help when things get tough.

"Unlike when someone dies, the grief family caregivers suffer goes on and on," says Mintz, whose husband has been in a wheelchair for more than 15 years with multiple sclerosis. "Each time there is a worsening in health one grieves anew. Life gets harder and it is sad to watch a loved one decline."

Other caregiver struggles can be counted. According to figures from the National Alliance for Caregiving and the AARP, half of the nation's family caregivers spend 20 hours a week in the task, but 17 percent are providing 40 hours of care a week or more. Research from the U.S. Administration on Aging suggests one-third of all caregivers give up work either temporarily or permanently, or take a leave of absence. Twenty nine percent of regular caregivers report physical or mental health problems.

Mintz says caregiving is more than a one-person job and caregivers shouldn't wait until they are experiencing extremely high stress levels or have a health issue of their own to seek help. For the patient, changes in physical health may point to the need for extra help or a transi-



Family caregivers should be open to support and resources when making tough choices.

tion to senior housing.

"Patient safety is always an issue, but so is the point when doing more really puts the caregiver's own health at risk," Mintz says.

Senior housing offers a range of options, from assisted living and continuing care communities to nursing facilities and group homes. The mistake many caregivers make is talking their loved one into senior housing, rather than presenting the facts so they can make their own decision.

"We can suggest, we can research the options, but ultimately the decision is theirs," Mintz says.

Mintz offers these six tips for family caregivers considering a move:

1) Let the right person make decisions. "The first thing a family caregiver needs to recognize is that they can't control their parents or loved one - after all, it's their life," she says.

2) Plan ahead. Discuss, research and even visit senior living facilities before there's a need to move. Don't wait for a health crisis. Especially in the case of early or mild dementia, the family should openly discuss options with the person who is ill and with each other early, so preferences are known, noted and followed.

The NFCA web site, www.thefamilycaregiver.org, includes a resource section for caregivers researching senior living transitions. It includes a link to the NFCA Senior Housing Locator, powered by SnapforSeniors,

(<http://www.snapforseniors.com>), a current, comprehensive and objective resource of all licensed senior housing in the U.S. The Senior Housing Locator makes it easy to start the search online. For nursing home information, users can link Medicare's Nursing Home Compare and also review comments about the listing.

3) Be realistic about finances. Your loved one may be able to afford a private pay facility in the short-term, but what happens a few years down the road? Many facilities don't take Medicaid. Speak to a financial advisor before making a transition and consider all the options.

4) Location matters. Family caregiving doesn't end when a loved one moves to senior housing. Will friends and family find it easy to visit often?

"You need to think through things like public transportation, especially if it is Dad moving to senior housing and Mom can't drive anymore," Mintz says.

5) Get the relevant information up front. Some facilities offer only limited care and assistance. Find out what happens should your loved one's condition worsen, and whether they can remain or will have to move again.

6) Ask those in the know. "The voice of experience holds many truths," Mintz says. Get facility references from other family caregivers, the local Area Agency on Aging, your loved one's doctor or care manager. Then visit the facilities on your short list and speak to the residents there.



When preparing your home for the golden years there are many ways to ensure that each room in the house is secure.

Safe, sound and solo

According to the U.S. Census Bureau, the number of Americans over age 65 is expected to double, reaching 72 million by 2030. And when it comes to their homes, the National Association of Home Builders reports that this generation is no longer downsizing or moving in with family. Instead, most are choosing to live on their own - updating their current homes or purchasing homes with amenities to meet their changing needs.

As this generation of baby boomers reaches their golden years, creating a safe home environment becomes very important. Although the home is a place of comfort and security, it can also be a dangerous space. Slips, trips, falls and other injuries are more likely as one ages, due to decreased mobility. In fact, those over the age of 70 are the largest group injured by falls in the home each year. So when preparing your home for the golden years, there are many ways to ensure that each room in the house is comfortable and secure, so you can live safe, sound and solo.

Stairs and hallways

Stairs and hallways are two

areas of a home where most falls occur. To increase safety in these areas, make sure each hallway is well lit so you can see any obstacles in your path. Remove throw rugs that can become tripping hazards and never use the stairs to house decorative objects. Finally, be sure that each stairwell has hand rails on both sides.

A simple way to add this safety feature is with decorative hand grips. Home Care by Moen offers attractive-looking 9-inch grips that install easily and blend in with your decor. With these simple updates you'll be able to navigate pathways with confidence.

Bedroom

As we get older, trips to the restroom tend to become more frequent. While this may not be an issue during the daytime, navigating from the bed to the bathroom in the middle of the night can be dangerous - especially if the bathroom is not located close by. For added security, consider purchasing a bedside commode. Models such as the new Premium Bedside Commode from Home Care by Moen offer a sturdy, wide-leg design and extra large seat to keep you

continued on page S5

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Unwise spending can sandbag retirement security



A recent survey indicates more than 50 percent of retirees aren't spending their savings wisely.

When it comes to financial health in retirement, how much you set aside for your senior years is only half the story. Equally important is how you invest and spend what you've saved, and a recent survey indicates more than 50 percent of retirees aren't spending wisely.

Fifty-five percent of seniors aren't sure how much money they will need to last throughout retirement, according to a national survey by Thrivent Financial for Lutherans, which polled 800 retired and not-yet-retired Americans age 60 to 74. What's more, the majority (56 percent) is off target with their monthly spending in retirement; 29 percent spent more than expected while 27 percent spent less.

"This generation has taken a hands-off approach to saving and spending planning when in retirement," says Mark Anema, vice president of accumulation and retirement income solutions for Thrivent Financial. "But the reality is they can't afford to take chances because they often don't have the pension plan or other secure income their parents may have had to ensure they are not destitute in old age. The financial planning process doesn't end at 65."

Upon retiring, seniors should take stock of their assets and income to determine how much of a monthly withdrawal their finances will support, Anema recommends. Comparing what they can afford to spend against essential monthly expenses will give them a perspective on what they'll need to do to make their money last throughout their retirement. "You may find you need to adjust your investment portfolio, or that you can quit

the part-time job you thought you'd need," he says.

Seniors should also be aware that their investment strategy during retirement needs to be different than their parents' approach, Anema adds. "Whereas our parents sought to move their money into less risky investments once they retired, today's retirees often can't afford to do that. Reduced income, inflation, rising health care costs and the very real possibility of outliving one's assets may make it nec-

essary to continue investing in the stock market."

Finally, seniors should not go it alone when it comes to planning their retirement spending. While less than a quarter of seniors polled by Thrivent Financial had consulted a financial planner in the first two years of their retirement, 95 percent of those who did found the advice helpful.

Planning services such as Thrivent Financial's new Thrivent Retirement Income Optimizer (TRIO) can help maximize income potential throughout retirement. The strategy focuses on three principles: diversify one's portfolio to maintain growth, ensure a steady income stream while retaining flexibility, and follow guidelines to achieve the right balance of spending and investment. The plan is reevaluated each year to keep pace with the reality of the retiree's financial situation.

"TRIO is unique in that it works with all one's existing assets and income sources, whether with Thrivent Financial or other firms," Anema says. TRIO also leverages technology that institutional investors use to help manage a person's retirement assets and spending.

"It's understandable that many people overlook the second phase of retirement planning and believe they'll be able to manage their income in retirement on their own," says Anema. "But unknown factors such as market performance, life expectancy, health issues and a person's changing wants and needs make a holistic plan for retirement essential to ensure retirees are living their retirement vision to the fullest."



To learn more about spending in retirement and Thrivent Financial's TRIO, visit www.thrivent.com/TRIO or call 800-THRIVENT to locate a Thrivent Financial representative.

SAFE

from page S4

safe and comfortable. Bathroom

According to the Home Safety Council, falls are the leading cause (66 percent) of all nonfatal home injuries. With the water and slick surfaces, the bathroom is a frequent location for these falls. Luckily, there are many updates to the bath that can provide older adults with the added security and independence they desire.

Studies show that adults over age 60 often have difficulty getting in and out of the shower or bathtub. To combat this issue, the Home Safety Council recommends homeowners install grab bars surrounding the shower or tub area. SecureMount Grab Bars from Home Care provide an extra hand when entering and exiting the tub or shower. Plus they feature a unique anchor installation system that allows homeowners to install grab bars quickly and easily anywhere on the wall - without the need for a

stud - for the ultimate in safety and peace of mind.

If additional help is needed beyond grab bars, a transfer bench may be an additional tool to consider. Products such as Home Care's new Premium Transfer Bench offer sturdy and comfortable construction for a transfer into the bathtub that is easy and worry-free.

Additionally the Home Safety Council recommends installing non-slip strips to the bottom of the tub, using a bathmat with a non-skid bottom near the tub or shower, and always keeping the floor dry to avoid potential slippery spots.

With a few updates to the danger zones of the home you can be sure that no matter what your age, you can feel safe. You'll be able to live the independent lifestyle you choose and your loved ones will have the peace of mind that these safety precautions are in place.

For information on bath safety products from Home Care by Moen, visit homecare.moen.com.

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Individual insurance options for 'Baby Boomers'

In the past, it was somewhat common for a person to work the majority of his or her career at the same company, receiving health benefits the entire time. This often extended to retirement, when former employees and their families would continue to receive health insurance before they became eligible for Medicare coverage.

Now, because of a number of different factors, this type of comprehensive health care coverage throughout a career and into early retirement is extremely rare.

According to an August 2007 U.S. Census report, the percentage of people receiving health insurance coverage from their employer decreased from 64.2 percent in 2000 to 59.7 percent in 2006. Even fewer companies are offering health insurance to retirees, and when you combine this trend with Americans switching jobs more frequently, going the self-employed route, and retiring prior to Medicare eligibility, you have many more people in their 50s and early 60s searching for health insurance.

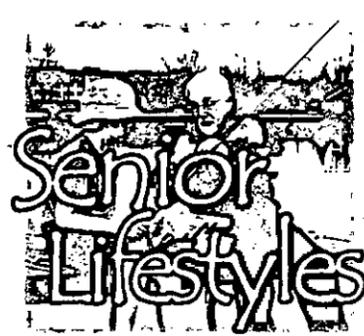
Unfortunately, the decrease in employer-based insurance has come about as the cost of health care during retirement has continued to rise. According to a March 2008 estimate from Fidelity Investments, a 65-year-old couple retiring in 2008 would need approximately \$225,000 to cover their medical costs in retirement, an estimate that has increased 41 percent since it was first calculated in 2002.

In response to this problem, some organizations have developed health insurance products that can be purchased by individuals, rather than through an employer. These types of products give individuals more flexibility if they are between jobs, starting their own business or retiring early.

In one of the more unique, targeted offerings in this area,

AARP has selected Aetna to make health insurance options available to AARP members between the ages of 50 and 64. This product, called AARP Essential Premier Health Insurance, is insured by Aetna and was first offered to consumers in January 2008. It is currently sold in 27 states and Washington, DC.

"There are approximately 18



million AARP members in this age group, and a significant number are uninsured or underinsured," says John Wider, executive vice president for AARP Services, Inc. "These products can provide a tremendous opportunity for affordable, high-quality coverage for millions of Americans."

Picking the Right Plan

While these plans have been designed for one specific age group, there is still a wide range of insurance needs based on differing personal situations. Because of these varying individual circumstances, AARP makes available seven different plan options designed to meet a variety of needs in terms of both coverage and cost.

"You might have a 54-year-old single female in Connecticut who is looking to start her own business, or a 62-year-old man who just retired with his wife and is preparing to move to Florida," says Frank McCauley, senior vice president and head of Aetna's Consumer Business Seg-

ment. "Just because they fall into the same age demographic does not mean they would need the same type of insurance plan."

Both Wider and McCauley mention several important factors that early retirees should consider when purchasing an individual insurance option:

- Helping to keep you healthy - Aside from the health and financial security provided through these plans, many insurers offer health management programs that place an emphasis on enhancing the quality and outcomes of health care, prevention and wellness.

McCauley says these programs, as well as online tools and services, can help individuals become more engaged in their health care and make more informed health care decisions.

- Don't just think of yourself - According to Wider, one of the most important features of the new AARP plans is dependent coverage. Spouses, children and grandchildren are all eligible for dependent coverage. In addition, if an AARP member already has coverage he or she is happy

continued on next page



Due to a number of different factors, comprehensive health care coverage throughout a career and into early retirement is rare.

CSSC opens 'Umbrella'

Being a homeowner has many rewards, but as we grow older the rewards seem to become burdens that force many homeowners to make alternate plans. These include hiring professional contractors to perform every-day work around the home, or moving into a senior community where many chores are taken care of by staff.

In May, Colonie Senior Service Centers Inc. (CSSC), the largest provider of services to seniors in Colonie, expanded their housing services for seniors by adding Umbrella of Colonie. With a mission to help seniors stay active, healthy and independent in their own homes, CSSC's Umbrella program offers low-cost home maintenance services for seniors living in the town. By pairing able-bodied retired handymen and handymen with senior homeowners who are unable to maintain their home, the benefits are two-fold.

First, it gives the homeowner the independent living they covet, and it keeps the senior handymen active. "This is a win-win program," says Umbrella of Colonie Director Tony Scardillo. "It's about seniors helping seniors - what could be better?"

Scardillo says Umbrella handymen charge \$12 an hour for their services. These include such things as light carpentry, small electrical work, minor plumbing, painting and other odd jobs including shopping and transportation. Each handyman undergoes a background check and is evaluated on punctuality, thoroughness and customer satisfaction. "These handymen get it - what it's like to live on a fixed-income," says Scardillo. The handymen that work in the program come from all walks of life. "Our handymen include a retired teacher, a retired state employee and a retiree from the phone company," says Scardillo.

Scardillo points out that an

Umbrella handyman may carry out a number of different jobs. "Just this week, we've trimmed shrubs, replaced and repainted a shed door, replaced an electrical outlet, mowed a lawn and installed a new shower head." Anyone who is handy can participate, make a little extra income while staying active.

Members pay an annual membership fee of \$250 to belong to the program. This connects them with the handymen and entitles them to a 17-point home safety inspection by a licensed NYS Home Inspector as well as access to the 24-hour answer phone. But most importantly, it gives them peace of mind and an opportunity to enjoy the many benefits of staying in their own home.

Need more information about being a handyperson or want to sign up as a member? Call Tony Scardillo at 459-7152, today!

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Gloria Van Derpoel, MCC -- Consulting with travel clients for over 17 years. Helping them plan their dream vacations. Below are a couple of travel opportunities that are generating much interest. Please contact me at (518) 462-1004 for details on these and the many other "Specials" I have available.

Norwegian Cruise Lines

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Uniworld Grand River Cruises

Presents a fabulous 9-Day Burgundy and Provence River Cruise on the ship "River Royale."
Sailing from Chalon, France to Aires, France.
Nov. 8 - Nov. 15, 2009.
Starting at \$1895.00 per person plus air. This cruise will be enjoyed by all travelers who want to walk in the footsteps of Van Gogh, Cezanne and Gauguin and see the countryside that inspired their works. History buffs, movie fans, wine connoisseurs and chocoholics will enjoy it as well. This river cruise package is offering great vacation dollar value as it includes but is not limited to complimentary fine wine with dinner, shore excursions, use of bicycles on shore and all arrival and departure transfers. I will be accompanying a group on this cruise. Call me for details and plan to join us for what promises to be a world class time with a world class cruise line and ship.

Routine memory screening can ensure prompt diagnosis of Alzheimer's Disease

More than five million Americans currently have Alzheimer's disease (AD) and this number could triple to 16 million by 2050 as baby boomers join the 65 and older age group. To underscore the importance of early diagnosis, a group of experts in Alzheimer's disease and senior health called the AD Screening Discussion Group recently put forth a consensus statement advising seniors ages 65 years and older, either independently or through the support of loved ones, to request a memory screening during routine physical examinations.

"Early screening is an underutilized strategy in both identifying the substantial number of individuals living with undiagnosed Alzheimer's disease and providing them the necessary medical intervention," says Dr. Paul R. Solomon, professor, department of psychology and program in neuroscience, Williams College; clinical director, The Memory Clinic in Bennington, VT; and a member of the AD Screening Discussion Group.

Reliable memory screening tools now make it possible to help distinguish between the



Memory screening can help distinguish between the normal changes in memory that accompany healthy aging and memory disorders that may signal Alzheimer's disease.

normal changes in memory that accompany healthy aging and memory disorders that may signal Alzheimer's disease. A simple first step can be completing a screener for yourself or on behalf of a loved one online at www.seethesigns.com. While the results are not a diagnosis, it can indicate the need to see a physician for further evaluation.

Undiagnosed and untreated Alzheimer's disease can

also pose a substantial cost to the U.S. health care system. With Medicare expenses for Alzheimer's disease and other dementias expected to more than double within just 10 years - from \$91 billion in 2005 to \$189 billion in 2015 - the AD Screening Discussion Group believes its consensus statement is being released at an ideal time.

"While there is currently no cure for Alzheimer's disease, earlier intervention could minimize the magnitude of its psychological, social and economic impact on society," claims Dr.

Richard Stefanacci, DO, MGH, MBA, AGSF, CMD, founding executive director, Health Policy Institute, University of the Sciences in Philadelphia, and a member of the AD Screening Discussion Group.

The Group's long-term strategies to help encourage earlier Alzheimer's disease screening and diagnosis were revealed during a panel briefing sponsored by Eisai Inc. and Pfizer Inc in Washington D.C. and included the following recommendations:

- Recommend memory screening as part of the "Welcome to Medicare" physical as well as if admitted to an assisted living facility or a long-term care facility
- Offer more counseling and support to patients and their families to help them better manage the decisions and responsibilities surrounding an Alzheimer's disease diagnosis
- Increase public education about Alzheimer's disease and the importance of early screenings
- Encourage use of current memory screening tools in primary care
- Develop culturally sensitive consumer education materials about the signs and symptoms of Alzheimer's disease

and the value of early diagnosis and treatment

Alzheimer's disease is the most common type of dementia - a progressive brain disease. It gradually destroys a person's memory and ability to learn, reason, make judgments, communicate and carry out daily activities. Since people with Alzheimer's disease



often experience difficulties in memory severe enough to impact many aspects of their daily lives, their families and friends are also often significantly impacted. While there is no cure for Alzheimer's disease, there are treatments to help slow the progression of symptoms.

For information on Alzheimer's disease and to take a simple memory screener for yourself or a loved one, log on to www.seethesigns.com.

OPTIONS

from page S6

with, the member can still seek coverage for dependents without personally enrolling in a plan.

• Advantages with 'Uncle Sam' - McCauley notes that several of the high deductible health plan options made available by AARP through insurance providers are compatible with a tax-advantaged Health Savings Account (HSA). With these accounts, consumers can make tax-free contributions to help save for future medical expenses, and they earn interest on these contributions tax-free. When they need to, consumers can then withdraw funds for qualified medical expenses tax-free as well. Two other benefits to these plans - the funds can roll over from year to year, and the individual owns the account, even if he or she changes insur-

ance plans.

The differing needs of individuals within this group extends to the way they obtain information, so AARP has developed several ways its members can learn about these plans, including the Web site: www.AARPhhealthcare.com. Aside from the Web site, members can learn about these plans by calling (866) 844-0888 or from insurance brokers authorized to offer these plans in their area.

"As more and more 'baby boomers' enter this age group and are comfortable making purchases of all kinds on the Internet, we want to continue to improve our site, but still give our members the opportunity to speak with trained professionals if they want," Wider says. "We think these plans can truly address the needs of a large number of AARP members, so we want to make sure they are aware of them."

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Despite the availability of vaccines for adults, a recent survey showed that Americans have a lot of wrong ideas about them and the diseases they prevent.

Integrating adult vaccines into your routine care

Every year, nearly 50,000 Americans, mostly adults, die from diseases that vaccination can prevent. Millions more need to be hospitalized, get too sick to care for loved ones, like children or elderly parents, and are forced to miss work. They also run the risk of spreading illness to those close to them.

"Not getting vaccinated leaves adults all over our country vulnerable to illness, suffering and death," said Dr. William Schaffner, MD, president-elect of the National Foundation for Infectious Diseases (NFID) and

chairman of the Department of Preventive Medicine at Vanderbilt University School of Medicine. "A greater effort is needed to help more adults understand the importance of vaccination."

Despite the availability of many safe and effective vaccines for adults, a recent survey conducted by NFID showed that Americans have a lot of wrong ideas about vaccines and the diseases they prevent.

Nearly half of adults surveyed said they are not concerned about

continued on page S9

Professionals, online tools help seniors find a new home

Helping a parent move to senior housing can seem more intimidating than orchestrating a rocket launch.

The death of a spouse, declining health or safety concerns can trigger the need to move. The first phase comes with the realization that what has been home is no longer suitable.

Emotional ties to a place are hard to overcome. Finding a new home that is appealing and appropriate is no easy task, and neither is culling through a lifetime's accumulation of "stuff."

It may not take a rocket scientist to work through this multi-phase life change. Finding a professional who knows the ropes can make it easier for the more than 29 percent of home sellers age 65 and older who move into an active-adult community or senior-related housing each year.

That professional may be a Seniors Real Estate Specialist (SRES), an agent who receives special training and demonstrates the expertise to navigate the unique housing needs of clients age 50 and older. "Services to seniors are changing to meet the lifestyles we live. Senior communities are changing to meet the expectations of baby boomers and today's retirees, too," says Carol Kairis, managing director, SRES Council and Specialist, National Association of Realtors.

"The range of senior housing options is diverse and would surprise many Americans who often think of senior housing as only nursing homes. Assisted living facilities address the needs of those who need support services, and continuing care retirement communities are wonderful options for those who wish to age in peace."

Nationwide, more than 16,000 realtors have attained the SRES designation. In the same way a real estate agent recommends a plumber or



Finding a professional can make it easier for home sellers age 65 and older who want to move to an adult community.

landscaper to a client, an SRES agent assembles a team to address client needs — repair companies, professional organizers, estate sales agents and senior move managers who pack, transport and unpack in the new location.

"An SRES agent can help you develop a strategy, then



bring in a team to help take one room at a time to organize and dispose of goods. They can help you decide where you're going to go, and recommend a mover," says Armand Christopher, a seasoned SRES real estate broker and member of the SRES National Advisory Board of the National Association of Realtors.

Christopher has an active practice in the Dallas-Fort Worth area and offers these tips no matter where seniors live:

1. Plan ahead. Don't wait for a health crisis to start the process. The smoothest transitions occur when the person moving is in the driver's seat.

2. Engage professionals. SRES agents understand the dynamics of a senior move. They are trained about the benefits and drawbacks of reverse mortgages and can help you understand how to use pensions, 401K accounts and IRAs in real estate transactions. They also know how Medicare, Medicaid and Social Security will affect your real estate decisions.

3. Get a full assessment of the current situation. Physical care needs and financial resources are where to start. Consider the costs of staying in place, including renovation and ongoing maintenance. Add the cost of rising utility bills and taxes, and don't forget transportation and food. Make a list and decide whether it's cheaper to stay or move to a community designed for seniors.

4. Take a multi-phase approach. Christopher says his customers often take longer than a year to actually make the move. An SRES agent can connect the senior with professionals to help walk through the process.

5. Fully explore new housing options. Senior living offers a broader range of options than ever before. SRES agents have an understanding of the services each type of community can provide and can best match the client with the right place.

Christopher and other SRES professionals use SNAPforSeniors (www.snapforseniors.com), an online search tool that is akin to the Multiple Listing Service for senior housing. The SNAPforSeniors database includes more than 60,000 licensed senior housing facilities in the country and is available at no charge.

"It's a great tool," Christopher says. "Especially when adult children live out-of-state and are working with their parents on a move, I tell them about options I find on SNAPforSeniors. Typically seniors want to relocate close to their children, and the online search allows adult children and their parents to research options and start the search together."

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Having a mother with osteoporosis can lead to increased risk for spinal fracture



The estimated 44 million Americans at risk for osteoporosis are often unaware that they have the disease until they break a bone, according to the National Osteoporosis Foundation (NOF).

Of the 10 million Americans with osteoporosis, 80 percent are women, and having a mother with osteoporosis puts a daughter particularly at risk for fractures.

Priscilla Turner, 67, of Memphis, TN., knows this risk all too well. Her 90-year-old mother, Jewell Fondren, suffers from osteoporosis (a disease that causes bone to become weak and susceptible to fracture). During the past 30 years, Fondren has experienced a hip fracture, spinal fractures and has a hunched back that may have been caused by multiple spinal fractures. Fondren, who lives with her daughter, has difficulty walking, cannot bend and finds her clothes don't fit well because of her hunched back.



Two years ago, Turner seemed to be heading toward the same fate as her mother when she suffered from back pain. Turner saw her doctor and discovered she had a spinal fracture. She was also diagnosed with osteopenia or low bone mineral density that can lead to osteoporosis.

"I just thought I was getting older," she says. "I didn't know my bones were breaking, but when my doctor told me I had a spinal fracture, I was very surprised."

Like Turner, the estimated 44 million Americans at risk for osteoporosis are often unaware that they have the disease until they break a bone,

according to the National Osteoporosis Foundation (NOF). Today, more information is known about the risk factors for osteoporosis and fractures.

If you have low bone mineral density coupled with one or more other risk factors, you are at increased risk of having an osteoporosis-related fracture within the next 10 years, according to a recent publication by the World Health Organization (WHO). These risk factors include a previous fracture, a parent who has had a hip fracture, smoking, taking steroid medications, drinking three or more glasses of alcohol daily and suffering from rheumatoid arthritis or from a disorder strongly associated with osteoporosis.

Less was known about osteoporosis years ago when Turner's mother was prescribed pain pills and bed rest to manage her osteoporosis-related spinal fractures. Treatments are now available to help strengthen bones, and new procedures have been de-

continued on page S10

VACCINES

from page S8

vaccine-preventable diseases and one fourth do not know they are serious and can be life threatening.

The truth is that vaccine-preventable diseases can be both serious and life threatening. Every year, influenza kills 36,000 Americans and causes over 200,000 hospitalizations. Influenza has been tied to an increased risk of heart attack, stroke and asthma flare-ups. Pneumococcal disease can cause pneumonia, meningitis and bloodstream infection, known as sepsis. It kills up to 5,000 Americans every year.

One in three adults are not concerned about spreading illness to their friends, family members and co-workers.

Infectious diseases spread easily and can have devastating consequences when they infect vulnerable people. Pertussis (whooping cough) causes illness among adults, but is most harmful when spread to infants, who are at the greatest risk of complications and death. CDC recently reported that a health care worker in the newborn nursery of a general hospital gave pertussis to 11 different infants over a three-month period in 2004. Five of the 11 infants had to be admitted to a pediatric intensive-care unit, but fortunately all survived. The

health care worker got a pertussis vaccine as a child, but immunity decreases over time and the booster vaccine that might have prevented this outbreak was not available at the time. It is now recommended for all adolescents and adults up to age 65.

Four in 10 adults say they were vaccinated as a child so they do not need to be vaccinated again.

It is important to receive appropriate vaccinations at all ages. While some vaccines are only given during childhood, others require booster doses for adults. There are also new vaccines that were not available when today's adults were children. For example, the human papillomavirus (HPV) vaccine, which prevents cervical cancer in women, is now available and recommended for females starting at 11 years of age. Shingles (herpes zoster) vaccine is recommended for individuals 60 years and older, because they are at the highest risk of this disease. Shingles can cause a very painful rash and lead to shingles pain syndrome, which is hard to treat and can last for years.

About one in eight adults say they are too busy to get a vaccine and about one fourth think vaccines are too expensive.

Most insurers provide coverage for vaccinations, so cost may be much less of an issue

than many adults think. What's more, the cost of not getting vaccinated can be high. Hepatitis B causes liver disease and takes the lives of 5,000 people every year, costing roughly \$700 million in health care and lost productivity. Adults can call their health insurance plan to find out whether it covers the vaccinations they need. Vaccines are also often offered at local health clinics.

Talk to your doctor about the vaccines you need.

Vaccines play a key role in protecting adults and their close contacts from dangerous, and sometimes life-threatening, diseases. That is why NFID is encouraging adults to talk to their doctor about what vaccines they need. For more information about vaccines and the diseases they prevent, visit NFID's Web site at www.nfid.org.



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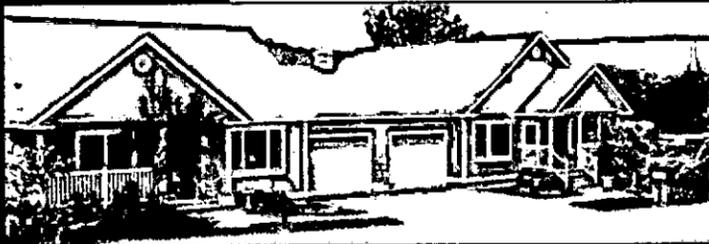
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While there have been advances in pharmacology that have enhanced the length and quality of life, there also has been a related increase in the number of medication non-compliance reactions.

Managing medications

Do you worry that you, your parents or a friend are taking their medications correctly? Do they run out of pills or start a new medication when they aren't certain they should stop taking another?

Up to 60% of all medication prescribed is taken incorrectly, or not at all. Medication non-compliance includes: never filling a prescription, over medication, taking the wrong medication, taking the right medication at the wrong time or taking the wrong amount or forgetting to take medication.

As there have been advances in pharmacology that have enhanced the length and quality of life, we have also seen a related increase in the number of medication non-compliance reactions including confusion, dizziness and breathing difficulties leading to 3.5 million hospital and nursing home admissions. Eighty percent of these hospitalizations are preventable and billions of health care dollars could be saved through medication management.



Family members often contact the program when the number of medications increase, following a hospitalization or when there is a change in the parent's ability to manage and administer medications on their own. One such client's family came in from out of town, after calls from friends, saying his mother seemed confused, jittery and yet had no energy to care for herself or shop for groceries. This person had been active and involved with the community until recently. The son was considering placing his mother in a senior facility, but she didn't want to leave her home.

Today, the mother receives visits from a nurse every two weeks to set up medications. She continues to live at home, and has returned to her community activities. She has been on the medication management program for two years.

The medication management program sends a registered nurse to an individual's home to complete an assessment of the health status, the doctor or doctors are called by the nurse to clarify medication orders. The nurse sets up the medication in a daily dispenser every two weeks, tracks medication supplies, orders and picks up prescriptions at the pharmacy, and refills the dispenser. Just think, a nurse visits every two weeks to monitor medication compliance, check vital signs and contact the doctor with health concerns.

The program brings peace of mind to the client, family and friends and reduces unnecessary hospitalizations. For information, call Interim HealthCare at 452-3655.

FRACTURE

from page S9

veloped to repair spinal fractures.

When Turner experienced her spinal fracture, her primary care physician referred her to orthopaedic surgeon Dr. Edward Pratt* of the Memphis Spine Center, who treated her spinal fracture with balloon kyphoplasty.

Balloon kyphoplasty is a minimally invasive procedure that can reduce back pain and correct the deformity caused by a spinal fracture. Small balloons are inserted and inflated in the fractured area of the spine to restore it back to its normal shape. After the balloons are deflated and removed, the cavity that has been created is filled with special bone cement, creating an internal cast.

Turner is exceedingly close to her mother. They spend afternoons on their parlor couch, reminiscing about their years together or sitting quietly as Turner reads and her mother knits. However, she knows that she does not want to suffer the same fate as her mother.

"Osteoporosis has kept Mama from being as mobile as I knew her years ago," Turner says. "Her movements are restricted. She cannot bend nor do many activities around the house. Her walking is limited."

When Turner experienced her second spinal fracture in 2007 and her activities became restricted due to the back pain, she decided to take ac-

tion to avoid the same fate as her mother. She again had her fracture repaired with balloon kyphoplasty and now exercises regularly and takes prescription drugs and calcium supplements to prevent more bone loss.

"Today I do everything," she says. "We have a two-story home, and I am always going up and down the steps, and I couldn't do that before the (balloon kyphoplasty) procedures because of my back pain. I walk two miles a day and work out

"Today I do everything. We have a two-story home, and I am always going up and down the steps, and I couldn't do that before the (balloon kyphoplasty) procedures because of my back pain."
Priscilla Turner

on weight machines. I am a very active person. I don't sit."

The National Osteoporosis Foundation estimates that one in two women and one in four men over age 50 will experience an osteoporosis-related fracture in their lifetime. "The world is beginning to gradually wake up and see that osteoporosis is a problem and that the best way to treat it is to stay ahead of it," says Dr. Pratt.

To learn more about osteoporosis, visit the National Osteoporosis Foundation at www.nof.org. For more information about spinal fractures and balloon kyphoplasty, go to www.spinalfracture.com.

IRREGULAR

from page S3

required but if weakened or abnormal heart function is noted, there may be a need to do more testing and consider certain therapies.

Other tests that may be used to diagnose heart rhythm problems include: the tilt table test which involves monitoring a patient's ECG and blood pressure while they're in different positions; and an electrophysiology (EP) study which is a test in which special catheters (thin insulated wires) are inserted into a blood vessel and threaded into the heart to record its electrical activity. During an EP study, the doctor will try to provoke a heart

rhythm problem to pinpoint the starting location in the heart and evaluate how the patient responds to the abnormal rhythm.

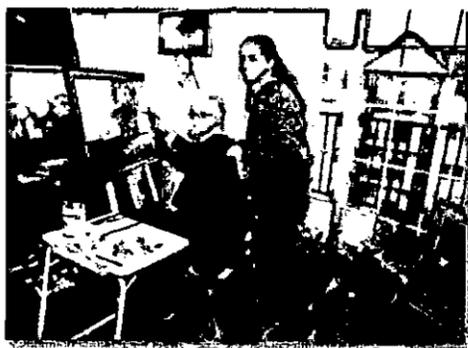
• Treating heart rhythm problems

After your heart rhythm problem has been diagnosed, your doctor will develop a treatment plan that is right for you. You may not need any specific therapy for heart rhythm problems. If you do need therapy, it may include medicines such as anticoagulants (blood thinners) that help prevent blood clots and reduce the risk of stroke, an implantable device, such as a cardiac pacemaker which is used to treat slow heartbeats or a implantable cardioverter defibrillator (ICD) which is used to treat very fast heartbeats, or surgery.

To minimize heart rhythm problems it is highly recommended that you consult your doctor or nurse before taking over the counter remedies (including nutrient supplements); you should also reduce or eliminate your caffeine intake, drink less alcohol, quit smoking, get more sleep, start an exercise program after consultation with your doctor or nurse, and take all your medicines as prescribed. If it is discovered that in addition to the heart rhythm problems that there is also evidence of heart failure, additional treatment recommendations may be necessary.

To learn about heart failure and rhythm problems, log on to the Heart Failure Society of America's Web site, www.heartfailure.org.

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Boomers connect online for better health

Want advice on how to train for a marathon or treat depression? Baby boomers are increasingly finding answers to these kinds of health questions online, and not necessarily just on medical Web sites. They're finding health information, personal stories and support on social networking sites where members engage directly with other members through private messages and online groups.

As boomers fully embrace the concept of social networking online, they are discovering an even more powerful medical resource at their fingertips - the ability to find peers with similar health issues and goals who uniquely understand their life-stage and situations. These online-peers can offer valuable encouragement and emotional support at a time when the person seeking health guidance may not have someone in their offline world to speak with candidly about their health goals or concerns.

The largest online community for baby boomers, eons.com, has more than 700,000 members, many of whom are engaging in the online trend of "conversational health," the concept of social networking around a health issue. The boomers participating in groups on eons.com are eager to share their health challenges and successes and learn from one another.

"Conversational health is a very therapeutic process for

many people. Normalizing someone's experience can help add years to their life," says longevity expert Dr. Tom Perls, a physician and researcher in the study of aging at Boston University Medical School. "The process is made even more effective when groups like boomers, who are at similar life-stages,



share thoughts, feelings and information."

In the past year, 34 percent of adult online users (54 million people) in the United States connected to others online or to content that others created online about health issues, according to a report by Jupiter Research. Seventeen percent of "online health connectors" said they used the Internet "to get emotional support" for a health condition.

"Proactive health is important to boomers who stand to live 20 years longer on average than their grandparents did," says Internet entrepreneur and eons.com CEO/founder Jeff Taylor who coined the term "conversa-

tional health." "In addition to diseases or health conditions that have already occurred, boomers are sharing tips on healthy living, from losing weight to exercise to a vegetarian way of life."

Real time groups address health issues relating to cancer, diabetes, smoking, weight loss and nutrition. These groups become 24/7 support networks for people who may need someone to talk to, no matter what time of day.

People with lesser-known ailments are especially finding comfort in groups that address topics such as fibromyalgia, which is a chronic condition characterized by widespread pain in muscles and fatigue.

"I've had fibromyalgia for over 25 years and while I have very supportive friends and family, it's difficult for them to understand what it's like for me to live with this little-known disease," says Marge Orozco from Long Beach, CA. "Thanks to the incredible fibromyalgia community on eons.com, I finally have friends who get it. We all strive to be supportive of each other, laugh with each other and, when appropriate, gently scold or nudge each other into taking better care of ourselves. This group has changed the way I see and live my life with fibromyalgia."

To learn about conversational health go to www.eons.com/health.



Baby boomers are increasingly finding answers health questions online, not just on medical Web sites, but through private messages and online groups.

Take control of your future health

A quick fix - it's the American way. If we want to lose weight, we try the current fad diet. If we get a new diagnosis, we hope the cure is as simple as popping a pill. When it comes to health, understandably, we all want the instant fix.

Unfortunately, it's not that simple. With many employers, insurance companies, and the government cutting back on health care coverage, people are paying more out of pocket than ever before. Additional factors such as the aging baby boomer population and the increased cost of prescription medication, office visits, procedures, and diagnostic tests, all make health care reform an issue that will affect everyone and their future health.

Personal accountability

To bring health care costs down, doctors and insurance companies may begin to hold patients more accountable for their health. Patients need to take action now to prevent disease - eat healthy, exercise regularly and quit smoking. These three behavior changes alone will reduce the chance of developing cancer, stroke and common chronic conditions such as heart disease and type 2 diabetes. Chronic conditions tend to be expensive to treat because of all of the related issues and the lifelong nature of the diseases.

So how can people become more proactive about their health? There are many resources available in public libraries, gyms, community centers and even in many workplaces to help people get started on a path to

health, wellness and disease prevention. To research and develop a plan for a healthy lifestyle, one place to start is MayoClinic.com, where one can find easy tools for assessing their own health and helpful tips from doctors and health care professionals at Mayo Clinic. Here are some things to consider when creating a personal health plan:

Weight

Maintaining a healthy weight is a key part of overall health. A good place to start is to know your Body Mass Index (BMI). Your BMI is determined by evaluating the proportion of your height to your weight. This number will help indicate if you are at a healthy weight for your body

type or not. People who are overweight are more likely to develop type 2 diabetes, heart disease, cancer, stroke and other conditions such as sleep apnea, bone and joint trouble, depression and acid reflux issues. Adopting exercise as a regular part of your life is an important factor in successful weight management. MayoClinic.com offers an online tool that calculates your BMI for you, and provides nutrition and lifestyle information, including a wide selection of healthy recipes and videos that help guide and teach good exercise technique.

Food and nutrition

It's important to understand *continued on page S12*

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Ensuring your legacy lives on

You have a lifetime to live. Proper planning can reduce your chances of having to depend on others for financial support and help ensure that you have a legacy to pass on to your loved ones; two of the top worries for seniors.

Working toward those goals isn't as complicated as it might seem. In fact, if you have a savings account, 401(k) or investments, you're already on your way. But that may not be enough. It is important to consider how insurance can help to protect your savings from unexpected costs.

"One of the most common mistakes we see seniors make is to

short-change themselves when it comes to life and health insurance coverage," says Scott Perry, president of Bankers Life and Casualty Company, a national life and health insurer focusing on seniors. "A serious illness can eat into even large savings accounts and investment portfolios in a very short time."

Many people fail to realize their risk for illness and the impact that can have on their savings. According to the Centers for Disease Control and Prevention (CDCP), over 30 percent of adults over age 65 fall each year. A study of seniors, age 72 and older, cited by the CDCP, pegged the average health care cost of an injury caused by a fall at

\$19,440.

The non-profit organization Life and Health Insurance Foundation for Education (LIFE) notes that even when their children are grown, life insurance can still play an important role in preserving a couple's retirement plans.

While many nearing, or at retirement, think they no longer qualify for coverage, LIFE says that's not always so. According to their statistics, Americans, age 60 and older, are among the fastest growing markets for life insurance purchases. The key is to purchase while you are still healthy, and since premiums increase with age, waiting can mean higher rates.

For those at risk of needing care in the future, long-term care insurance can play an important role in protecting savings, too. And, while it may seem expensive, it's still much less than the cost of care. According to America's Health Insurance Plans, one year in a nursing home can average more than \$50,000, and in some regions, it can cost twice that amount.

"There are many insurance products that people can benefit from," adds Perry. "However, it's important that they take the time to understand what's available, so they purchase a product that meets their needs and ensures protection from an event that could be financially devastating."



Proper planning can reduce your chances of having to depend on others for financial support and help ensure that you have a legacy to pass on to your loved ones

Once your plans for the future are made, share them with your children. Bankers' "Aging in America" survey found gaps in perception between elder adults' actual decisions on long-term care issues and younger adults' perceptions of what their parents' viewpoints were.

Misconceptions like these reinforce the need for communication

between parent and child, and not just about health care plans. Parents should also share their preferences on how they would like to be cared for in the future as well as how they would like to be remembered.

Addressing these issues today can prevent future family conflicts and ensure that your legacy lives on according to your wishes.

Program matches seniors with jobs

If you are a senior who wants to build new job skills, the Senior Community Service Employment Program is here to help

Employers value the talents older workers bring to the work place and are looking for people 55 or older. Our local SCSEP staff will place you in a part-time community service training assignment to help you gain experience and make the transition to a job that's right for you.

You can serve your community at libraries, hospitals, senior centers and other local organizations while expanding your skills and earning an income. Participants in our program will work an average of 20 hours a week and will receive the highest minimum or prevailing wage. Seniors must meet certain financial guidelines and priority is

given to persons over the age of 60, veterans, qualified spouses of veterans and individuals who have the greatest economical need. As the senior population increases, the need to re-enter the work force becomes greater.

Employers who are looking for reliable, well-trained employees are encouraged to contact SCSEP. There is no fee to employers who participate; although a supervisor must be on site for training. The advantages are twofold. The employers willing to train SCSEP participants will get the help needed without putting the individual on their payroll. The participant will benefit of building new skills and gaining experience.

Remember age is an asset and experience, a benefit.

FUTURE

from page S11

the fundamentals of food and nutrition including the food pyramid, fiber, fat and cholesterol, calories and the elements of a healthy diet. Diet basics can vary depending on your age, sex, and conditions such as being pregnant or having diabetes. The best way to eat healthy is to make nutritious, yet delicious meals you can enjoy. Visit the "Healthy Recipe Center" on MayoClinic.com to search by special diet restrictions, the main ingredient, course type, meal type, preparation method or number of servings.

Self assessment

Every person has their own unique health concerns. Learning more about a variety of conditions by taking a self assessment test in the privacy of your home is a great way to begin looking at your individual needs. Do you think you might have diabetes? Feeling depressed or stressed?



Think you have flu symptoms? Wondering if you drink too much? Taking self assessment tests online helps you learn more about the state of your current health so you can work with your doctor to manage or resolve these issues and make necessary changes for the future.

Health screening guidelines

Ever wonder what health screenings and tests are important for someone your age? Depending on your age, sex and family history, there are guidelines for the tests your doctor should be performing. For example, did you know screening for colon cancer usually starts at age 50? Or that you should get a lipid test done to monitor your cholesterol level every 5 years? Health screening guidelines help you know and understand what

health issues should be monitored and at what age. By monitoring these factors, you can see your progress over time, or identify the need for change.

Family health

Because the health of your family is also important, look for specific information from a reputable source for each individual. MayoClinic.com has special sections with information about baby's health, children's health, men's health, women's health, teen's health and senior health. Each section is filled with information to help guide you and your family toward the best individual health possible.

Taking the steps necessary to develop a health plan now will benefit you in a variety of ways. By focusing on prevention and wellness throughout your lifetime, rather than treating disease after it has already diagnosed, you can take charge of your health and your health expenses. You'll feel better, visit the doctor less and you will lower your health care costs because you are doing everything you can to stay as healthy as possible. Get on the road to good health today by visiting www.MayoClinic.com.

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