

THE Spotlight

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NEWS

We at peace?

We ask local police agencies to weigh in on current climate between police and citizens

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Lots to celebrate

Indian Ladder Farms has much to be thankful for over the past century

Story on Page 4



TOP STORY

Times Union Center to get facelift

County legislators also defeat motion to allow public hear downsizing measures

By ALI HIBBS
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ALBANY COUNTY — At the county legislature's monthly meeting on Monday, July 11, legislators made a series of decisions regarding the Times Union Center in Albany and continued to butt heads over proposed changes to the county charter and how legislation flows through the body itself.

Legislators approved six work agreements with various contractors to complete a series of upgrades to the county-owned Times Union Center that will redesign the front of the building and create a new, enclosed atrium, as well

▲ County legislators took the first step towards upgrading the near 30-year old multipurpose arena, approving six work agreements with several contractors.

Continues on page 15

Rendering provided

ENTERTAINMENT



Flip the switch

Jocelyn and Chris Arndt out promoting "Edges" between semesters at Harvard

Story on Page B1

SPORTS



Going national

Local qualified for national competition in taekwondo

Story on Page 7



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SPOTLIGHT ON FINANCE

Beating college debt: The graduate's guide to financial freedom

By RUTH MAHONEY,
President, Capital Region,
KeyBank

Approximately 20 million Americans attend college each year. According to the Tax Act, of those who graduated in 2015, more than 70 percent had to borrow money to pay for the cost of courses and housing. The average student loan debt for these graduates: more than \$35,000.

For most college students, the perception is that a degree is the ticket to a good-paying career and a secure life. And this view is warranted; according to a 2014 Pew Research Center study, today's workers with only a high school diploma earn 62 percent of what a college graduate earns. However, there may be a false sense of security. A college degree guarantees you neither a high-paying job nor even a good job. It just makes obtaining either or both easier.

Unfortunately, many of today's graduates find securing a job in their field of study difficult, and many start in entry level jobs that do not require their education or even a high school diploma. In fact, according to the New York Federal Reserve, almost 44 percent of recent college graduates

are underemployed and more than 8 percent of graduates younger than 25 are unemployed. This makes paying back those large student loans all the more difficult.

So if you're a recent college graduate, what are you supposed to do when it comes to debt . . . especially when you're struggling just to make ends meet from month to month?

Learn to manage your loans

First, avoid new debt. You're likely in this position because not only did you borrow money for class credits, but you also accrued credit card debt for dinners and drinks out, clothing and accessories, and books and entertainment. So learn from past mistakes and spend only what you can afford to pay.



Ruth Mahoney

Second, don't settle for your lender's standard repayment plan, which is probably along the lines of 10 years with flat monthly payments. Instead, pay more than you can when you can. If you can't afford your current plan, contact your lender to see what other options are available to you based on the loan type you have. Just remember, the longer the payment term, the more you will repay in interest.

Also consider consolidation or deferment, and research interest rates. You may be able to negotiate for lower rates or take advantage of promotions. And don't forget to consider loan forgiveness programs. These are programs designed to eliminate your student loan debt—for free. For example, the public service loan forgiveness program requires that you work in public service for 10 years. Some volunteer positions also qualify for forgiveness, but they typically require many hours of service.

Finally, review your student loan status, current debt obligations and budget. Write it all down on paper and make some honest calculations. Sometimes the simple exercise of making a list is enough to sound a wake-up call.

Get your budget on track

The most important part of getting your finances in order is to have a plan, which should be dictated by your budget. The following tips will help you get your budget on track:

- Prioritize payoffs. Decide what and how much needs to be paid first. Start by looking at your debts with the highest interest rates. Pay as much as you can on the highest rate loan and make at least the minimum payment on your other loans. Once this loan is paid off, apply the payment to the next loan on your list with a high interest rate.

- Eliminate hidden expenses. Review all automatic payments. You could be paying for things you no longer use, such as a membership fee for a club you signed up for in college. Cancel these accounts.

- Discuss debt obligations with family. Your parents and family are probably the last people you want to know about your 21 percent interest rate credit card, but they can be a great support system. Chances are, mom and dad—or even your grandparents—have been through some tough times as well. Furthermore, they may be have co-signed your loans, so they can and should be involved in helping you develop a strategy that is realistic, focused and actionable.

- Build an emergency fund. It will be hard, but automate trans-

fers into a savings account each month. It might seem counterintuitive, but building six months of living expenses into an emergency fund will give you access to cash if you encounter an emergency, which will spare you from incurring even more debt.

- Pay bills on time. This will save you money in fees and help establish a good credit history.

- Start saving. Even if it's a few dollars, making small contributions will add up—for either retirement savings or a rainy day. So skip the latte at Starbucks and put the cash away.

Perhaps the most important thing to managing debt is to commit to spending wisely. Try to keep your debt ratio at or below 30 percent of your income, because whether you create a budget or pay your bills on time,

if you don't live within your means you are going to find yourself in a deeper financial hole. And remember, you can do this. You have your degree. It was a worthwhile investment. With hard work and focus, the future you envisioned for yourself when you first walked on campus, as well as the revised version of it you left with upon graduating, is well within reach.

Ruth Mahoney is president of KeyBank's Capital Region. She may be reached at either 518-257-8619 or ruth.mahoney@keybank.com. This material is presented for informational purposes only and should not be construed as individual tax or financial advice. Please consult with legal, tax and/or financial advisors. KeyBank does not provide legal advice. ©2016 KeyCorp. KeyBank is Member FDIC.

Tips for staying debt free throughout the college years

Each year, tens of billions of dollars in scholarships are given out across North America, and every year, tens of millions of dollars go unawarded due to lack of applicants. For those that go unawarded, it's a lost opportunity for a student to avoid debt.

Research and applying for scholarships can be a time-consuming process, but if you can lay claim to some available scholarship dollars it will be well worth your while because the more money you receive to help with funding for your college education today, the less you have to borrow and repay tomorrow. For more information about scholarships you may be eligible to apply for, visit collegeboard.com or salliemae.com.

Other ways to help fund your education and graduate college debt free include the following:

- Advanced placement classes. If you are still in high school, you can start earning college credit by taking college level courses through your school. This will help save you credit hours in college, which will save you big money. Consult with your guidance office about offerings available in your school.

- Stay local. Consider beginning your college education at a two-year community college, then transfer to a four-year college. Not only is tuition typically lower at community colleges, but you may find you if change your career goals,

credits for your course of study do not transfer. Community colleges help you fulfill your basic educational needs while introducing you to various fields of study that may help you bring focus to your educational plans.

- Get frugal. Use public transportation instead of buying and parking your car on campus. Find alternative sources for textbooks.

- Live at home. You can save up to \$25,000 over the course of a four-year college enrollment by living at home. If your college is too far from home, rent an apartment off campus and get a roommate or two.

- Stay on schedule. Graduate in four years . . . or on time for your college standards.

- Work a little harder. Look for opportunities to make money. Aside from a part-time job, seek work-study opportunities, tutoring, note-taking, or odd jobs off campus.

You may not like the idea of living at home or taking public transportation to college, but the decision to make these compromises will help you keep money in the bank or, at the very least, keep your student loan or debt obligations at reasonable amounts. So think about it. Would you rather be paying back a large student loan debt when you graduate college, or would you rather be on a shorter path to buying your own car or home?



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■ COMMUNITY

Local police and town at peace

Recent vandalism prank baffles Colonie

BY MICHAEL HALLISEY & ALI HIBBS

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CAPITAL DISTRICT — A case of graffiti vandalism at a popular town park has brought a nationwide topic home, and unnecessarily so.

Colonie residents visiting The Crossings at Colonie Monday morning bore witness to spraypainted words of “It’s your move,” and “Cops get killed for less,” on the facade of one of the community restrooms at the south end of the park. By Tuesday, town employees had the graffiti cleaned off its property.

An apartment complex under construction along Aviation Road was also reportedly hit with similar vandalism at the same time.

Colonie Police Chief Lt. Robert Winn said his agency is treating both incidents like any other vandalism case. The level of the offense is still yet to be determined as the expense of damages has not been assessed.

“At this time, there’s not that much to go on,” said Winn. “We’re still reviewing videotape that we recovered, not only from the park, but surrounding areas. That has not yielded any actual suspects at this time. It’s still being treated, at this point, as a graffiti incident — criminal mischief.”

Nevertheless, the words appear to taunt local law enforcement, and threaten something violent.

Over the course of the past several weeks, the use of deadly force by several law enforcement agencies has been scrutinized. Philando Castile, who was a passenger when his girlfriend was pulled over by police, was shot and killed in Falcon Heights, Minn. Alton Sterling was outside a convenience store in Baton Rouge, La. when he was approached

“We have an excellent reputation, an excellent relationship with not only our citizens, but our businesses [and] community leaders. So, we’re not seeing that kind of hostility.”

— Lt. Robert Winn
Colonie Town Police Chief

by police responding to a call of a man brandishing a gun. After a struggle, Sterling was shot and killed. Common denominators in each case involve a white police officer, a black suspect and each suspect carrying a gun.

Days later, nine Dallas police officers were gunned down during a peaceful rally organized to protest the Minnesota and Louisiana shootings. Five of them died. Three more officers in Baton Rouge were reportedly ambushed, shot and killed days after Dallas.

The headlines from current events still have an impact on local law enforcement. Each shift is started with a briefing. From violence against fellow police officers to terrorist acts overseas, each is used as lessons for his officers to remain “vigilant” and “professional” every day.

“Even in light of what happened in France,” said Winn. “We were talking about that today. And, this is not a tactic we were unaware of. This is something that has been discussed. For terrorists to use trucks to mow people over has been discussed for six years, or so.”

Commander Adam Hornick of the



This bathroom facility in the south end of The Crossings in Colonie was the one of a few targets vandals hit, including words that appeared to taunt local law enforcement in distressing language considering recent headlines.

Photo by Michael Hallisey/Spotlight

Bethlehem Police Department said, “Anytime incidents like this happen, we stay attuned to what’s going on; we’re updated through state and federal agencies as to all the circumstances of it and we adjust accordingly and make recommendations and provide information to our staff for safety precautions.” He said that the department, even before the last two dramatic events, had already begun increasing officer training on what he called “lone wolf” incidents and other types of training to prepare officers for situations that seem to be becoming all too commonplace throughout the country.

“I think the issue, here in Bethlehem or nationwide,” said Hornick, “is more of a disrespect toward police officers in general that’s going on. We’re seeing an increase in use-of-force incidents because of the way people are acting toward the police department and that’s putting our officers in dangerous situations. We know there’s definitely been an increase in use-of-force incidents over the last six months and the feedback that we’re getting from the officers on the street is that people are more concerned about video-taping what’s going on instead of becoming involved and

calling the police. They’re more concerned with taping a crime or an incident than contacting police and letting us handle it.”

While he said they’ve discussed such measures, Hornick said there are no immediate plans to outfit officers with body cameras or place cameras in the patrol cars. The cost, he said, would be difficult due to funding cuts the department has sustained over the last three years.

In Colonie, Winn said the climate between his police officers and the community they serve is not as tumultuous, making the graffiti spraypainted in blue all the more confusing. “Especially here in Colonie, I can speak to that extensively,” said Winn. “We have an excellent reputation, an excellent relationship with not only our citizens, but our businesses [and] community leaders. So, we’re not seeing that kind of hostility. ... This may be a disgruntled person against us, or it could be just kids. We don’t know at this time.

We’re very fortunate. We enjoy a very good relationship with our community.”

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■ COMMUNITY

Lots to celebrate at Indian Ladder Farms

ALTAMONT — Indian Ladder Farms celebrated multiple occasions: its centennial, a second anniversary and a grand opening during its summer festival, held on Sunday, July 17.

Peter G. Ten Eyck, the man who founded the farm 100 years ago, grew up on a farm in Albany. It burned down when he was still a child and he was left with a desire to begin a new farm; educated as an engineer, he opened his dairy farm and orchard in 1916. His son, Peter G. Ten Eyck II, took part in the festivities on Sunday, where he announced the grand opening of the Indian Ladder Farmstead Cidery & Brewery.

“My son and nieces are the fifth generation of our family on the farm. One of our proudest accomplishments is to have been able to protect this land as ‘forever farmland’ for future generations with help from the Mohawk Hudson Land Conservancy, the Open Space Institute and funding from the State of New York,” said Indian Ladder Farms’ Laura Ten

Eyck. (In 2003, the Mohawk Hudson Land and the Open Space Institute permanently protected Indian Ladder Farms from real estate development with an agricultural conservation easement.) “We are kicking off our next century with the planting of extensive new orchards and the opening of the Indian Ladder Farmstead Cidery and Brewery, which is making hard cider and beer with ingredients we grow here on the farm. My brother and I are working together with Indian Ladder Farms’ management team to facilitate my father’s retirement, while continuing to grow the business.”

The Mohawk Hudson Land Conservancy was there, and celebrating the second anniversary of its Hike-A-Thon event, in which participants go on guided hikes through locally preserved natural areas. “This has become a very popular annual tradition for the Conservancy, and we are thrilled to be able to expand the event this year in celebration of the 100th Anniversary of Indian Ladder



From left to right: Co-owner Dieter Gehring; Rep. Paul Tonko, Co-owner Stuart Morris, New York State Commissioner of Agriculture and Markets Richard Ball, and Albany County Executive Dan McCoy participate in the ceremonial ribbon cutting to mark the grand opening of the Indian Ladder Farmstead Cidery & Brewery in the village of Altamont on Sunday, July 17. View a photo gallery with additional images from Indian Ladder Farms’ Summer Festival at <http://www.spotlightnews.com>.

Submitted photo

Farms and the grand opening of the Indian Ladder Farmstead Cidery & Brewery,” said Mark King, executive director of the Mohawk Hudson Land

Conservancy, who called the event “a great community gathering.”

Hikers this year had a choice of six different trails: History

Hike at Indian Ladder Farms; Agricultural Tour at Indian Ladder Farms; A Family Wildflower and Amphibian Hike at MHLIC’s Craven Easement; a wheelchair accessible hike on the Albany County Helderberg Hudson Rail Trail; a History Hike at MHLIC’s Bennett Hill Preserve; or a self-guided tour and treasure hunt with preserve docents at MHLIC’s Bozen Kill Preserve.

The 12 p.m. opening ceremonies at the festival featured the unveiling of a historic marker commemorating the farm’s centennial anniversary and remarks by King, Ten Eyck II and other local dignitaries. Hikers set out at 1 p.m., and remaining festival-goers enjoyed hayrides, pony rides, berry-picking, face painting and a variety of exhibitions until 5 p.m.. Bethlehem Traditional Irish Dancers and the Squeeze Play Accordion Band performed; and anyone of age was able to sample offerings from the new Indian Ladder Farmstead Cidery & Brewery.

Town board to discuss proposed athletic field fees

BETHLEHEM — Baseball, softball and soccer are all child’s play, until grown-ups get involved.

Then, it goes to Town Hall. The Bethlehem Town Board is expected to hear the details on the parks and recreation department’s proposed guidelines regarding use of its athletic fields. On the table are changes to determine who gains first priority, and how much they pay to use.

Parks and Recreation Administrator Nan Lanahan’s proposal falls on the heels of a

consulting firm’s assessment on the town’s overall quality of park services. In 2014, Lanahan said a parks master plan would improve opportunities for grants, help share costs with outside groups, and streamline capital plans for future development.

GreenPlay, LLC, a Colorado-based firm, concluded its study in 2015 stating Bethlehem residents could stand for more from its parks. The firm looked into park trends and demographics, what facilities were used most and how to prioritize investments and usage policies.

Bethlehem drafted a master plan to logistically enhance park services. Town Supervisor John Clarkson said part of the assessment process started in 2014 with reaching out to youth sport organizations, and asking about their specific needs. However, it has also assessed the logistics behind its proud athletic fields spread predominantly throughout the Elm Avenue Park.

Bethlehem’s Babe Ruth and Mickey Mantle baseball, TomBoys softball and Soccer Club organizations were

introduced to Lanahan’s draft proposal in March. Since then, some of the organizations have balked on a 90 percent threshold that requires youth teams to be mostly town residents to gain first priority. In turn, teams that fail to meet the requirement not only fall down the priority list, they could see an increase in fees.

The fees to use town fields have mainly stayed unchanged, outside of a \$5 increase to the \$30 daily and \$100 weekly charge for youth sports organizations. But, for those youth leagues that now fail to

meet the 90 percent requirement, that fee jumps to \$50 a day, and they don’t qualify for weekly reservations.

A college-aged team under Bethlehem Mickey Mantle, which currently qualified as a youth team, could be deemed an adult team. Field usage fees would then increase from \$35 to \$100, with choice for weekly reservation.

The Bethlehem Town Board meets Wednesday, July 27 at 6 p.m., at the town hall on Delaware Avenue.

— Michael Hallisey

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■ COPS, COURTS, AND EMERGENCY CALLS

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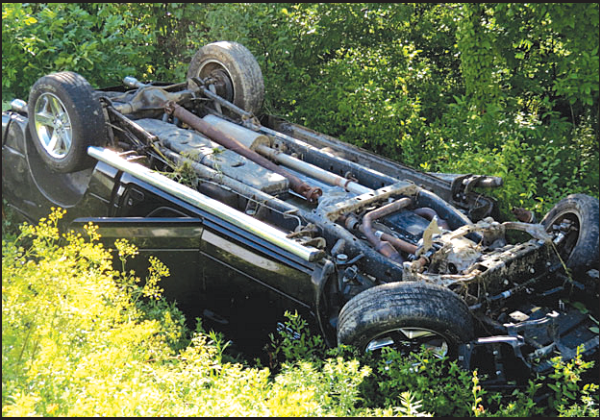


Photo by Thomas Heffernan, Sr.

Around 5 p.m. on Thursday, July 14, on Route 32 in the Town of New Scotland, during a period of heavy rainfall, this pickup truck crossed over into the other lane, went off the road, flipped over and landed on its roof. The driver was able to escape from the vehicle and was treated at the scene. The Albany County Sheriff's Department has not yet determined what caused the accident.

Pair drowns while fishing in Lawson Lake

Victims were cousins, employed by Albany County

COEYMANS — At around 7:30 in the evening of Thursday, July 14, a boat carrying county employees Michael Marshall, 52, and Audley Sealy, 51, capsized on Lawson Lake in Coeymans. The two men, who were cousins, were found approximately 18 hours later under nine feet of water, 26 feet from the shore.

Witnesses said they heard a yell before the two men, who had been fishing in an aluminum boat near the shore, capsized and went into the water. One, who had been swimming toward the shore, reportedly went back for the other before disappearing under the water. The murky nature of the water in the lake necessitated the use of

"I am deeply saddened by the loss of two county employees who apparently drowned at Lawson Lake County Park Thursday evening,"
Dan McCoy, Albany County Executive

sonar to find the men.

Marshall was an employee at the Department of Public Works, while Sealy worked for the county's sewer district. Each of the men was married with children. Families of the two men were notified and gathered Friday at Empire Christian Center of Colonie, where one of the men reportedly attended church, to mourn their loss.

"I am deeply saddened by the loss of two county

employees who apparently drowned at Lawson Lake County Park Thursday evening," said County Executive Dan McCoy in a press release on Friday afternoon. "I join the entire county workforce in offering my prayers to the families and fellow workers of these employees on this sad day. We have reached out to their co-workers to provide any assistance necessary to help them through this emotional time."

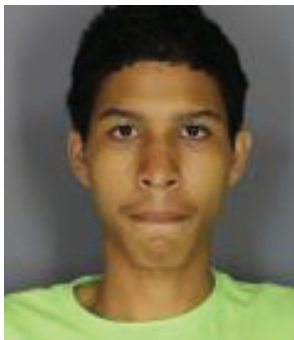
Teen arrested for theft at New Scotland ice cream shop

VOORHEESVILLE — The Albany County Sheriff's office reported the arrest of Josiah Phillips, 19, on felony burglary charges on Thursday, July 14, at around 3:30 a.m., after a sheriff's sergeant who was on routine patrol reportedly observed him walking south on New Scotland Road in the Town of New Scotland. The sheriff's sergeant reportedly asked if Phillips needed any help, to which he responded that he just left work at the Tastee Treat Ice Cream stand located on New Scotland Road in the Town of New Scotland and requested a ride to the City of Albany. A sheriff's deputy checked

the Tastee Treat Ice Cream stand and observed that the front window had been smashed.

During the investigation it was allegedly deduced that Phillips had thrown a concrete block through the front window and entered the business, where he is believed to have stolen two Tastee Treat T-shirts that he was reportedly wearing at the time of his arrest.

Phillips was charged with one count of third-degree burglary, a class D felony; one count of third-degree criminal mischief, a class E felony; and one count of petit larceny, a class A misdemeanor. He was arraigned in the



Phillips

Town of New Scotland Court by Judge David Wukitsch and remanded to the Albany County Correctional Facility in lieu of \$10,000.00 bail. The defendant was also found to have an active warrant in the City of Albany for the charge of resisting arrest.

Woman charged with possession of child possession

BETHLEHEM — On Friday, July 15, the Bethlehem Police Department arrested a Glenmont woman after an investigation into the possession of child pornography.

As a result of a joint investigation by the Bethlehem Police Department and the New York State Police Computer Crimes Unit, and following the execution of a search warrant, police arrested

Joanne Brannock, 57, of Glenmont. The investigation allegedly determined that Brannock was in possession of, and had viewed images that contained child pornography. She was charged with felony counts of promoting a sexual performance by a child and possessing a sexual performance by a child. She was arraigned by Judge Ryan Donovan in the Town of Bethlehem Court and remanded to the Albany County Jail in



Brannock

lieu of \$10,000 bail. She is scheduled to return to the Town of Bethlehem Court on August 2, 2016, at 4:00 p.m.

Traffic stop in Guilderland leads to DWI arrest

NEW SCOTLAND — On July 10, New York State Troopers stopped Brian Sweeney for speeding on Western Avenue in the Town of Guilderland. While being interviewed, Sweeney

allegedly displayed signs of intoxication and was administered standard field sobriety tests, after which he was arrested for DWI and taken to New Scotland state police station for processing. There, he was determined to have a .10

percent blood alcohol concentration.

Sweeney was charged with misdemeanor DWI and released on tickets. He was due to appear in the Town of Guilderland Court on July 18.

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■ COMMUNITY

Summer reading going strong

Summer reading at the library is off to a great start! Sign-up continues apace among kids, teens and adults, and there's still plenty of time to join the growing ranks of summer readers. Our librarians and teen volunteers are available in the Children's Place to assist those new to the program, and participants can set goals and track their progress through our website. Adults can sign up at the library Information Desk and take part in a Bingo-inspired summer reading challenge. We've got great weekly prizes and goal prices, as well as some fantastic raffle collections for adults. On your mark, get set ... READ!

We're also holding some exciting events in the coming week to support our Summer Reading Program. On Monday, July 25, it's a day at the races ... at the library. From 10 to 11 a.m. children and families are invited to "And They're



Off!" where they can place their bets, roll the dice, and see which stuffed animal wins it all! Those who feel like getting fancy are welcome to wear a Saratoga hat. Later on the day, we're holding "Kindergarten Bootcamp," where children entering kindergarten this fall accompanied by an adult can work on different skill-building activities at their own pace and pinpoint areas that need practice. Bootcamp starts at 2 p.m. If you can't make the session, pick up a kindergarten readiness packet in the Children's Place.

On Tuesday, July 26, our friends from Austin's School of Spa Technology will be dropping by for a couple of sessions to help us out with some hair and makeup tips. First up is "Hair How-To's" for kids

and families from 3 to 4 p.m. Find out how to make elegant braids and simple updos. At 4:30 p.m., teens in grades 6-12 are invited to a makeup clinic, where they will learn some tips and tricks from the experts.

The following week, on Thursday, July 28, award-winning radio personality Richie Phillips will be dropping by to help kids create a musical jingle based on the 2016 Summer Reading theme. Smaller groups will brainstorm ideas before a final performance and recording of the end result. The fun starts at 2:30 p.m. and is suitable for kids and families.

New trustee and 2016-17 officers

On Monday, July 11, the Bethlehem Public Library Board of Trustees selected the following officers for 2016-17: Mary Redmond, president; Mark Kissinger, vice president; Brian Sweeney, treasurer;



It was a full house at Bethlehem library's Monday, July 11, Paint and Sip program for families. Kids exercised their artistic talents while sipping juice boxes and listening to music.

Kristen Roberts

Harmeet Narang, assistant treasurer; and Joyce Becker, secretary. Lisa Scoons will continue to serve on the Upper Hudson Library System board.

At the same meeting, newly elected trustee Paula Rice was sworn in. Her seat holds a five-year term. Paula has been a Bethlehem resident for more than 35 years and is a local realtor. She says the library has been a

wonderful resource for her and her family over the years.

Summer hours reminder

During the summer, the library is closed on Sundays, with regular Sunday hours resuming in September. You can access the library catalog and other library services

online anytime at www.bethlehempubliclibrary.org.

Friday, July 22 Story Walk at the Park

Meet at Elm Avenue Park to hear some stories and take a walk to exercise your mind and body. Gather under the trees at the head of the Fit Trail and wear appropriate footwear, 10 a.m. For kids and families.

— Kristen Roberts

Coloring club

Join us on Wednesday, July 20, at 6 p.m., for our Adult Coloring Book Club. We will provide different coloring sheets with multiple pages to choose from, as well as a large selection of colored pencils, markers and crayons. The library community room will provide a welcoming environment with soothing music to help you relax and enjoy some "you time." Supplies will be provided, but you are welcome to bring your own.



about essential oils? This workshop on Tuesday, July 26, at 6:30 p.m., will provide you with a hands-on experience that will allow you to leave with an understanding of what an essential oil is and what it can do to improve your lifestyle.

Throughout this hour, you will be able to enjoy the aromas of various oils, apply oils topically and even taste the oils if you would like. We will discuss safety of the oils, how and when to use the oils, and what the oils can do for you and your family (and

even your favorite pet).

Come join us for this wonderful program. It's time to empower yourself and take control of your own health. The instructor is Karen Chenel.

Encore

The Friends of Voorheesville Library used book store Encore is open every Tuesday through Sept. 1, from 10 a.m. to 7:30 p.m. Encore is located in the front parking area at the Voorheesville Library.

— Lynn Kohler

Essential oil benefits

What is all this talk

Theatre trip

Join us for "Into the Woods" at Mac-Haydn Theater on Sunday, July 31 at 2 p.m. We will have lunch at Winding Brook Country Club. The cost is \$45.50 for the show and lunch. Lunch options are beef or chicken, chef's choice. This storybook musical is a favorite and is sure to please. Call 439-4955, ext. 1176 to make your reservation.

Are you turning 65 this year? Learn about Medicare and EPIC, (NYS Senior Prescription Drug Program) on Wednesday, July 27, from 6:30 to 8:30 p.m. at the Town Hall. You will learn what Medicare covers, options for additional insurance and who should



consider Medicare Part D. Call 439-4955, ext. 1176.

Are you caring for a loved one with Alzheimer's or another dementia? Meet with others in similar situations on Wednesday, July 27, at the Town Hall, from 10:30 a.m. to noon. Call 439-3955, ext. 1176.

Enjoy Coffee and Cinema at the Bethlehem Public Library at 10 a.m. On July 19, you will see the film "Encounters at the End of the World." Call 439-4955, ext. 1176, to

arrange transportation.

Senior Services is collecting school supplies for children in our local school districts. Bring locker stacks, markers, index cards, folders, calculators, back packs, paper, scissors, binders, notebooks, glue sticks, post-its, tissues, etc., to Senior Services at the Town Hall or to the Bethlehem YMCA. Donations can also be made with checks payable to Bethlehem Senior Projects, Inc., School Supplies.

Books to People is a free library program that delivers books to those who are unable to visit the library. Call 439-9314 and press 2.

— Wilma DeLuca

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■ VALLEYCATS PLAYER OF THE WEEK



RANDY CESAR

Third baseman Randy Cesar is The Spotlight Tri-City ValleyCats Player of the Week for the period ending Sunday, July 17. Cesar had a strong start to the ValleyCats' latest homestand, collecting nine hits, scoring seven runs and driving in four runs over the course of four games.

■ INSIDE



Best of the best

The top Perfect Game Collegiate Baseball League players converge on Bob Bellizzi Field Wednesday for the league's All-Star Game.

Page 8

■ MARTIAL ARTS



One step closer

Pil Sung student Jamie Lam qualifies for AAU national team trials

By **ROB JONAS**
jonasr@spotlightnews.com

GUILDERLAND — Jamie Lam is one step closer to competing on the world stage.

The 17-year-old Colonie resident qualified for the Amateur Athletic Union's USA Taekwondo team trials by placing third in her age group at the AAU National Championships in Fort Lauderdale, Fla., earlier this month. The top four black belts in each age group earn a berth to the team trials.

Lam, who trains at Guilderland's Pil Sung Taekwondo, said making the national team has been a goal of hers for a while.

"Nationals is a first step towards the team trials," said Lam, who will be a senior at Colonie Central High School in the fall. "Now, I've got to work harder to reach my next goal."

Lam has been involved in taekwondo — a Korean martial art — since she was five years

Continues on page 8

▲ Jamie Lam will compete in the AAU National Taekwondo Team trials in September. The Colonie Central High School student trains with Joe Hasan at Guilderland's Pil Sung Taekwondo.

From left: Hasan, Jamie Lam and her father, Gary.

Rob Jonas/Spotlight



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From page 7 ...
One step closer

old. Her teacher, Joe Hasan, said he knew she could be one of the best in the country, even when she started.

“She was one of the kids who would be focused and ready to learn every time,” said Hasan.

Lam was such a quick learner that within five years of starting taekwondo lessons, she was helping teach lessons. She now teaches the Little Dragons class for 4-6 year olds at Pil Sung.

“There’s a sense of accomplishment when they achieve their goals,” said Lam.

Lam had performed well at previous AAU tournaments around the eastern half of the United States, but this was the first year she could compete for a spot in the national team trials, since she graduated to black belt status in the past 12 months.

“When she puts her mind to something, she accomplishes it,” said Lam’s father, Gary.

To make the national

team, Lam must win a round robin tournament against the three competitors that rounded out the top four of her age group — Brooklynn Guthery of Texas, Wiley Simard of Vermont and Annelisse Velazquez of Puerto Rico.

“Because she’s seen all of them before, I think she’s got a good idea of what she has to do to compete,” said Hasan.

Lam said her top priority at the team trials is managing her nerves. “I’ve just got to learn to keep my emotions in check,” she said.

Lam’s father said he might be as nervous as she is when he watches her from the stands.

“I think I’m more nervous for her than anything,” said Gary. “It’s always fun watching her in competition, but nervous at the same time.”

The AAU national team trials are set for Sept. 9-11.

■ **ALBANY DUTCHMEN**

PGCBL’s best come to Albany

Bob Bellizzi Field hosts league All-Star Game Wednesday

ALBANY — The top players in the Perfect Game Collegiate Baseball League will be at Bob Bellizzi Field Wednesday, July 20, for the league’s All-Star Game.

The Albany Dutchmen have five players on the East Division All-Star Team, led by outfielder JJ Shimko, who will start alongside Ryan Hooper of the Glens Falls Dragons and Alex Thrower of the Saugerties Stallions. Justin Childers is a reserve utility player, while Evan Giles, Troy Montemayor and Jeff Rivera are part of the pitching staff.

The rosters are:

■ **East All-Stars**

■ **Albany Dutchmen**

JJ Shimko (outfield), Justin Childers (utility), Evan Giles (pitcher), Troy Montemayor (pitcher), Jeff Rivera (pitcher)

■ **Amsterdam Mohawks**

Joe Genord (catcher), Chris Givin (second base), Tyler Frank (infield),

Chris LaVorgna (outfield — injured), Chase Haney (pitcher), Austin Keen (pitcher), Griffin Roberts (pitcher)

■ **Glens Falls Dragons**

Chris Kwitzer (first base), Robbie Knightes (third base), Ryan Hooper (outfield), Andrew Kneussle (pitcher)

■ **Mohawk Valley Diamond Dawgs**

Tanner Leenknecht (catcher), Kevin Radziewicz (catcher), Michael Ketchmark (first base), Andrew Turner (third base), Sean Mazzio (infield), Drew Arciuolo (outfield), Mac Crispino (outfield), David Palmer (pitcher)

■ **Oneonta Outlaws**

Alex Malsch (shortstop), Quinn Cotton (outfield — injured), Kyle Ruedisili (outfield), Antonio Baglivo (pitcher)

■ **Saugerties Stallions**

Alex Thrower (outfield), Nick Burns (pitcher)

■ **West All-Stars**

■ **Adirondack Trail Blazers**

Kyle Cunningham (utility), Connor Donahue (pitcher)

■ **Elmira Pioneers**

Troy Dixon (third base), Tyler Plantier (first base), Rob Pertee (outfield), Taylor Ahearn (pitcher), Steve Arntsen (pitcher), Parker Caracci (pitcher), Austin Hansen (pitcher)

■ **Geneva Red Wings**

Sam Fuller (outfield), Dalton Reed (pitcher)

■ **Jamestown Jammers**

Chris Conley (catcher), Ben Brookover (first base), Skyler Valentine (outfield), Cory Blessing (pitcher)

■ **Newark Pilots**

Sam Fragale (third base), Greg Cullen (infield), Chris Whelan (infield)

■ **Utica Blue Sox**

Joe Spitaleri (shortstop), Franklin Jennings (outfield), Mitch Calandra (catcher), Taylor Olmstead (outfield),

Ryan Green (pitcher), Mike Hope (pitcher)

■ **Victor RailRiders**

Nick Russo (second base), Dale Wickham (outfield), Nate Koslowski (outfield), Brennen Smith (pitcher)

Preceding the 7 p.m. All-Star Game is the Home Run Derby at 5:30 p.m. Twelve players, including Albany’s Malcolm Nachmanoff, will have 2:30 to hit as many home runs as they can. The top three players advance to the finals.

The other Home Run Derby competitors are Ben Brookover (Jamestown), Tristen Carranza (Amsterdam), Lucas Denney (Elmira), Mason Fessler (Utica), Darian Herncane (Newark), Michael Ketchmark (Mohawk Valley), Mike Korchak (Geneva), Chris Kwitzer (Glens Falls), Vince Lakes (Saugerties), Mark Venice (Adirondack) and Dale Wickham (Victor).

— Rob Jonas

■ **TRI-CITY VALLEYCATS**



ValleyCats give fans a present

The Tri-City ValleyCats celebrated “Christmas in July” by shutting out the Connecticut Tigers 2-0 Thursday, July 14, in a New York-Penn League game at Joseph L. Bruno Stadium. Ronnie Dawson cranked a two-run homer in the bottom of the seventh inning to provide all the runs the ValleyCats needed to pull out the win. Three Tri-City pitchers combined on the shutout, with Enrique Chavez picking up the victory after pitching the final four innings. Starter Hector Perez (above) tossed four solid innings before being relieved in the fifth. Some of the fans, left, got into the holiday spirit.

Photos by Rob Jonas/Spotlight

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■ COMMUNITY

Photo Forum weathers it

This month, the Digital Photo Forum invites one and all to come to GPL on Thursday, July 21, at 7 p.m., and bring your best shots of weather events. (Remember that big snow? The storms we've had lately? That's what we're talking about.) We'll share work. Beginners are welcome.

Get 'em while they're hot

Did you know that July is National Hot Dog Month? We did! So, to mark this summer-food celebration, GPL is holding its own National Hot Dog Lunch on Saturday, July 23, from 11 a.m. to 2 p.m., by serving a grilled hot dog – or two – to anyone who stops by the library.

It'll be easy to find. The grill and chefs Tim and Sean will be right in front of the library's entrance.

It's magic

Master magician Jim



Snack will be at GPL on Thursday, July 28, at 6:30 p.m., to delight and amaze you with mind boggling illusions and spellbinding sleights of hand. His show is guaranteed to bring a smile to your entire family. No registration required, but get to the library early. Jim Snack's magic shows are packed.

Origami fun and folding

Take folding paper to a whole new level when you come to GPL on Monday, July 25, at 3 p.m. to learn about origami, and then create your own masterpiece. We supply the paper and fun; you supply the creativity. Open to children grades 3 - 6. Please call 456-2400, ext. 4 to register.

Songs for Kids

Guitarist Tom Fisch

brings his fabulous Songs for Kids performance to GPL on Monday, July 25, at 6:30 p.m. No registration required, but bring your sing-along voice.

Book discussion and party

Sparkles the Pony has a secret he knows that Ballet Cat won't want to hear. What Sparkles doesn't know is that Ballet Cat has a secret of her own — a totally secret secret. And, you'll learn all about it when you come to GPL on Tuesday, July 26, at 3 p.m. Once their secrets are shared, will their friendship end or be stronger than ever?

We'll discuss the book and have fun inspired by "The Totally Secret Secret." Please register by calling 456-2400, ext. 4, and then come to the Children's Desk and pick up a copy of the

book to read in advance. It's yours to keep.

Teen Wii Zumba & Just Dance Party

Teens are invited to a Wii Zumba & Just Dance Party with the latest Wii Just Dance games on the big screen. It's all happening on Tuesday, July 26, at 3 p.m. Just give us a call at 456-2400, ext. 4 to let us know you're coming.

Teen Iron Chef

Food! Prizes! Fun! Competition!

Teens, come to GPL on Tuesday, July 26, at 6 p.m., and bring your cooking chops. You'll compete to make the best dish using your creativity, your wits and whatever random food the library gives you.

Work as a team to make the best appetizer and entrée possible. There is a maximum of four people per team. Each person should sign up individually. Teams of more than four will be split up.

Please register by calling 456-2400, ext. 4. If you have concerns about food allergies, this may not be the right program for you, as various food products may contain nuts.

Groovin' in the Garden

Gardeners, bookworms and kid community heroes all meet up in Story Laurie's highly original musical storytelling adventure, "Groovin' in the Garden," and it's yours to enjoy at GPL on Wednesday, July 27, at 2 p.m.

Your family will love singing (and buzzing) along in this fun performance about a group of kids working together to grow their community. Story Laurie has been referred to as "the very embodiment of a modern day troubadour" and was named the "Best Children's Performer" by Hudson Valley Magazine.

Please register by calling 456-2400, ext. 4.

Mathematical Menace

Frankie Pickle hates math, but his family and friends help him learn that math can be fun and practical. And you can, too, when you come to GPL on Thursday, July 28, at 2 p.m. to join us for a discussion of this book, and some real-world math activities that will prove math can be fun. Please register by calling 456-2400, ext. 4, and pick up a free copy of the book at the Children's Desk.

Twinn Zumba & Just Dance Party

Tweens! Mark this date/time: Thursday, July 28, at 3 p.m. That's when everyone in grades 3 through 6 is invited to GPL for a Wii Zumba & Just Dance Party with the latest Wii Just Dance games on the big screen. We have the hula hoops, party lights and freeze pops ... all we need is you! Give us a call at 456-2400, ext. 4.

— Mark Curiale

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■ DEAN'S LIST AND GRADUATES

Mary Sica, of Glenmont, graduated with a bachelor's degree from SUNY Buffalo State.

Luke Jenkins, of Slingerlands, graduated with a bachelor's degree from SUNY Buffalo State.

...

The following students graduated from Hudson Valley Community College:

Albany

Anthony Toffenetti, Ashlyn Pracuta, Michael Paparian, James Nowell, Samantha Garavelli, Josiah Koehn, Tyler Holmes, Brooke Baglione, Jiwan Chamlagai, Kifayatullah Karimi, Shehnaz Karimi, Mark Morelli, Carlton Chambers, Danielle Gabel, Adrianna Conti, Wahida Safi, Ronaldo Cabuhat, Elaina Foster, Kenneth Hackman, Emily Gort, Holly Potter, Zakia Safi, Temika Nesbeth, Antonette Atkins, Kylee Nicklas, Christina Castro, Michael Gardner, Christopher Fitzgerald, Kyle Molesky, Rolando Rowe and Jeffrey Tybur

Altamont

Christopher Dvorscak, Christopher Shea, Sidney Kriz, Carmelina Liuzzi, James Roe, Troy Brock, Michael Lavelle, Slater Nolan, Chelsea Meyers, Sara Cuervo, Amanda Adkins, Catherine Woods and Jason Shank

Delmar

Andrew Wexler, Danielle Earing, Andrew Lennox, Rebecca Crisorio, Anna Kolbay, Sonupreet Kaur, Maureen Barker, Randall Vanwie, John Anastasi, Zachary Carpinello, Morgan Lacey, Audrey McKee, Christopher Orzeszek, David Considine, Peter Downey, Ingrid Carlson, Alexandra Friedland, Taylor Nunez, Danielle Ruf, Jacob Zaccagnino, Kevin Hilton, Richard Melendez, Caroline Mendoza-Dreany, Lynda Burnett, Brooke Plotzker, Anirudh Bharadwaj, Samantha Mall, Michael Caruso and Genevieve LaMay

Feura Bush

Kevin Haskell, Rebecca Miller and Eric Segerberg

Glenmont

Rosetta Dale, Michael Knott, Steven Pierson, Jennifer Badi, Brian Filson, Devin Vickery, Alison Nickford, Carly Bashant, Kayla Pellman, Laura Pierson, Danielle Whatley, Shannon Tindall, Patricia Haverstock, Denedra Meisner and Catheryne Muller

Guilderland

Chrystie Koottumkal, Rony Abraham, Anthony Grillo, and Jason Bren

Schenectady

McKenzie Ryan, Andrew Klug, Gabrielle Billsborrow, Cheyenne Turner, Alexander Glowacki, Adrian Cattell, Rebecca Fortune, Erin Jackson, Thomas Shuler, Christopher Weimer, Jennifer Albert, Eric Bowers, Tamika Richardson, Courtney Chludzinski, Kevin Loughman, Karissa West, Michael Barton, Jordan Cotton, Madeline DelSignore, Kevin Hatch, Thomas Marr, Norendra Ramcharran, Sarah Reilly, Bryanna Rosenthal, Dean Segatto, Kevin Datnarain, Chubydat Phaskanram, Divya Pitamber, Racheal Robert, Fahreta Altekin and Adeline Gregory

South Bethlehem

Robyn Filkins

Selkirk

Victoria Hammer, Allison Prior, Jesse Sorel, Kohlton Barkman, Jessica Gruss, Christopher Jackson, Sean Kibbey, John Whalen and Jessica Seaburg

Slingerlands

Sarah Hooper, Andrea Krusieski, Adam Poskanzer, Luke Herzog, Dustin Burns, Maureen Philippi, Bryan Rapp and Subhen Bose

Voorheesville

Charles Millson, Christopher Arzoumanian, Nikolas Asher, Kaylynn Lawson, Michaela Muth, Chanel McMillen, Ellen Sandman-Young, Patrick Gillespie, Philip Bache, Casey Greenwood, Lauren Meixner, Donald Rivenburg, Steven Schleinitz, Samantha Longton, Nicholas Pettograsso, Jordan Fuller, Michelle Lisboa, Lindsay McCormick and Dina Fisher

...

Julia Xiong, of Slingerlands, was named to the dean's list for the spring 2016 semester at the University of Minnesota Twin Cities.

Sujin Lapinski-Barker, of Albany, was named to the honor's list for the spring 2016 semester at Farleigh Dickinson University.

...

The following students were named to the dean's list for the spring 2016 semester at The College of Saint Rose:

Albany

Shawn Berman, Nicholas Cavin, Wayne Dazelle, Kristina

Golden, Conor Grocki, Meghan Mallon, Tess Thapalia, Matthew Cerutti, Jordan Crandall, Travis Grossman, Jack Jones, Mitchell Labanowski, Julian Lipinski, Laura Miller, My Nguyen, Kendal Price, Rachel Anderson, Tanya Farley, Darcy Ingabire Buder, Catherine Jankovic, Pablo Lajeunesse, Kathleen Mills, Noor Salah Zaky Kotb, Alana Zervos and Michael Zervos

Altamont

Shelby Amato, Alexander Sand, Hannah Conroy, Jodi White, Caroline Bablin, Keilan Christopher and Michael Hitt

Clarksville

Carli Cass

Delmar

Mary Copeland, Sean Gunner, Leticia Monroe, Matthew Barranca, Rebecca Friedman, Jennifer O'Keefe and Christopher O'Brien

Feura Bush

Shannon Killar

Glenmont

Elizabeth Harmon, Ryan Kilgallon, Rachel Inglis and Olivia Harmon

Schenectady

Samuel Crocker, Daniel Hoke, Sean Obach, Mackenzie Seeley, Alyssa Varsanyi, Adam Bowers, Ashley Doherty, Christopher Johnson, Lauren Ward, Kyle Wright, Brittany Countryman, Megan Lineback, Hannah Parker, Nadia Rubino, Olivia Bacon, Peter New, Kristen Pohl and Mason Tallman

Selkirk

Meagan McGuinness

Slingerlands

Taylor Macmillan, Michelina Scotti, Deanna Strait, Callie Bryant, Lacy Palmiotto, Maria Ragonese, John Robert Graham, Alexis Matherly and Erin O'Sullivan

Voorheesville

Shawna Brown and Danielle Vogel

...

The following students were named to the dean's list for the spring 2016 semester at SUNY New Paltz:

Albany

Tierney Hornbeck, Lilianna Maxwell, Anthony Albanese, Toby Wykes, Kelsey Ryan and Kayla Lanza

Altamont

Korey LeClair

Clarksville

Robert Christenson

Delmar

Luke Riccio, Kasey Brock, Anna Bango, Robynne Yokota, Elizabeth Leupold, Caroline Phelps, Jonathan Wittmann, Emily Viscuso, Joseph Drake and Jared Flagler

Glenmont

Connor Hynes, Jessica Stemlicht, David Knauer, Allison Doherty and Amanda Clark

Schenectady

Daniel Schutten, Ali Gruett and Jesse Deisinger

Selkirk

Katherine Mattison, Kathleen Askew and Matthew Delaney

Slingerlands

Madeleine Del Cano, Erin Abriel and Victoria Burnham

...

The following students were named to the dean's list for the spring 2016 semester at Ithaca College:

Ashley Cohen of Slingerlands
Emily Honen of Slingerlands
Benjamin McHugh of Slingerlands
Anthony Stanish of Slingerlands
Sarah Fielman of Selkirk
John Riker of Selkirk

■ COMMUNITY

Batman vs. Superman

Convinced that Superman is now a threat to humanity, Batman embarks on a personal vendetta to end his reign on Earth. See this collision of super heroes on the library's big screen in air-conditioned comfort on Friday, July 29, at 2 p.m.

Story time travels to Feura Bush Park

Explore our local parks with the library this summer on Wednesday evenings, beginning at 6:30 p.m. Bring the family and a blanket and enjoy a summer evening story time at a new park each week.

Story time will be at Feura

RCS COMMUNITY LIBRARY

Bush Park on Mathias Place on Wednesday, July 27. No story time in the event of inclement weather.

Story time at the library, too

Join us Thursdays at 10:30 a.m. for preschool story time and Fridays at 10:30 a.m. for Romp and Read for the youngest listeners. Romp and Read is also Tuesdays at 10 a.m. at the Maple Ave. Selkirk Fire Station.

— Carol Melewski

Ian Foley of Delmar
Abigail MacKenzie of Delmar
Daniel Thien of Delmar
Emma Oliver of Albany

...

The following students were named to the dean's list for the spring 2016 semester at Loyola University Maryland:

Giovanni Barr of Slingerlands
Emily Blow of Altamont
Robert Trosset of Delmar

...

The following students were named to the dean's honor list for the spring 2016 semester at Rensselaer Polytechnic Institute:

Victorial Buehler of Delmar
Alexandra Cunningham of Voorheesville
Azmad Din of Altamont
Jennifer Ding of Slingerlands
Noah Dropkin of Delmar
Zachary Frangella of Delmar
Alison Goldsmith of Slingerlands
Amanda Lewis of Delmar
Kathryn Liotta of Schenectady
Rachael Melita of Slingerlands
Nicola Mesiti of Slingerlands
Mary Powathil of Slingerlands
Nicholas Schaffer of Schenectady
Anna Schneggenburger of Glenmont
Rebecca Smith of Delmar
Anthony Tate of Schenectady
Matthew Van Wie of Clarksville

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<p>LEGAL NOTICE</p> <p>111 Dahlgren Place LLC. Filed 6/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124159</p> <p>LEGAL NOTICE</p> <p>19 Prospect Park SW LLC. Filed 5/3/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122366</p> <p>LEGAL NOTICE</p> <p>2321 Pitkin Ave LLC. Filed 4/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122399</p> <p>LEGAL NOTICE</p> <p>3524 JA LLC. Filed 3/22/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122394</p> <p>LEGAL NOTICE</p> <p>416 BBA, LLC. Filed 5/14/03 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#123431</p> <p>LEGAL NOTICE</p> <p>4402 Ave L Realty LLC. Filed 4/25/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122377</p> <p>LEGAL NOTICE</p> <p>47-16 45th Street, LLC. Filed 4/5/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122409</p> <p>LEGAL NOTICE</p> <p>51-70 Manilla Street LLC. Filed 4/18/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg.</p>	<p>Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122398</p> <p>LEGAL NOTICE</p> <p>534 44th St LLC. Filed 3/29/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122397</p> <p>LEGAL NOTICE</p> <p>6621 18th Avenue LLC. Filed 5/24/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122370</p> <p>LEGAL NOTICE</p> <p>6623 18th Avenue LLC. Filed 5/24/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122374</p> <p>LEGAL NOTICE</p> <p>AAA Mechanical LLC. Filed 4/8/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122404</p> <p>LEGAL NOTICE</p> <p>AH Equities LLC. Filed 4/27/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122379</p> <p>LEGAL NOTICE</p> <p>Notice of Formation of ALBANY IMPROV LLC. Articles of Organization filed with Secy. Of State of NY (SSNY) on 06/10/16. Office location: Albany County. LLC formed in New York (NY) on 06/10/16. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to c/o Corporate Filings of New York 90 State Str., Albany, NY 12207. Purpose: Any Lawful. Ad#122351</p> <p>LEGAL NOTICE</p> <p>NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: AMAJAM LLC. Articles of Org. filed with NY Secretary of State (NS) on 06/07/2016. Of-</p>	<p>Office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to NW Registered Agent LLC @ 90 state street, ste 700 office 40. Purpose: to engage in a any lawful act or activity. Ad#121647</p> <p>LEGAL NOTICE</p> <p>American Realty WK LLC. Filed 3/22/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122395</p> <p>LEGAL NOTICE</p> <p>Apollo Ingredients LLC. Filed 5/18/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122375</p> <p>LEGAL NOTICE</p> <p>AR Immobilier, LLC. Filed 6/1/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124161</p> <p>LEGAL NOTICE</p> <p>Art Domain Name LLC. Filed 5/18/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122376</p> <p>LEGAL NOTICE</p> <p>Awen Films LLC. Filed 6/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124152</p> <p>LEGAL NOTICE</p> <p>Bar Harbor Construction LLC. Filed 3/22/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122396</p> <p>LEGAL NOTICE</p> <p>Notice of Formation of Limited Liability Company Pursuant to Section 206 of the New York Limited Liability Law a.The name of the Limit-</p>	<p>ed Liability Company is BLC Strategic Advisors, LLC.</p> <p>b. The Articles of Organization were filed with the Secretary of State on June 29, 2016.</p> <p>c. The office of the Limited Liability Company will be located in Albany County.</p> <p>d. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The address to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her is: BLC Strategic Advisors, LLC c/o Barbara L. Cohn 14 Wicklow Terrace Delmar, New York 12054</p> <p>e. The Limited Liability Company is formed for any lawful business purpose or purposes. Ad#123948</p> <p>LEGAL NOTICE</p> <p>Bronco Real Estate, LLC. Filed 5/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122363</p> <p>LEGAL NOTICE</p> <p>BROOKLYN HOT WHEELS, LLC. Art. of Org. filed with the SSNY on 07/01/16. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1735 Norman Street, Apt. 1R, Queens, NY, 11385. Purpose: Any lawful purpose. Ad#124013</p> <p>LEGAL NOTICE</p> <p>Chatham Office Suites, LLC. Filed 4/11/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122402</p> <p>LEGAL NOTICE</p> <p>Continuing Vision LLC. Filed 4/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122401</p> <p>LEGAL NOTICE</p> <p>Crown Royal Realty LLC. Filed 6/21/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany,</p>	<p>NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124149</p> <p>LEGAL NOTICE</p> <p>Please take notice of the formation of D&D PROPERTY MANAGEMENT, LLC, a limited liability company authorized to engage in any lawful purpose. D&D PROPERTY MANAGEMENT, LLC, is located in Albany County and maintains a postal address of 90 State Street, Albany, New York 12207. The Articles of Organization were filed with the Secretary of State on June 3, 2016. The Secretary of State is designated as agent for service of process upon D&D PROPERTY MANAGEMENT, LLC. Ad#122056</p> <p>LEGAL NOTICE</p> <p>Dining With Daniel LLC. Filed 4/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122378</p> <p>LEGAL NOTICE</p> <p>NOTICE OF FORMATION OF EAGLEVIEW CONTRACTING LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 6/07/2016. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 22 Gadsden Court, Albany, NY 12205. Purpose: any lawful activity. Ad#123029</p> <p>LEGAL NOTICE</p> <p>Notice of formation: East End Acquisitions, LLC. Articles of Organization filed with the Sec'y of State, New York, on My 6, 2016. Office located in Albany County. SSNY has been designated for service of process. SSNY shall mail a copy of any process served against the LLC. at 5758 246 Crescent, Douglaston, NY 11362. Purpose: any lawful purpose. Ad#121126</p> <p>LEGAL NOTICE</p> <p>NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC) Name: Exotic Staffing, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on April 27, 2016. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to The LLC, 7014 13th Ave., Suite</p>	<p>202, Brooklyn, New York 11228. Purpose: Any lawful business purpose. Ad#119975</p> <p>LEGAL NOTICE</p> <p>On June 24, 2016, Family Life Ministries, Inc., licensee of WOLF-FM, Baldwinsville, NY operating on FM frequency 92.1, filed an application to assign the station's FCC license to Foxfur Communications, LLC. The Family Life board of directors and officers are Tim Beach, Norb Fuest, Phyllis Gaerte, David Buckler, Bill Duell, John Farrell, Tim Landers, Gary Passero, Mike Stuart, Brad Kellett, and Richard Snavelly, Jr. The members and officers of Foxfur Communications, LLC are Craig Fox and Samuel J. Furco, Jr. A copy of the filed application is available for public inspection at PO Box 506, Bath, NY, 14810. Ad#123428</p> <p>LEGAL NOTICE</p> <p>FAMILY PEST SOLUTION LLC OF Org. filed NY Sec. of State (SSNY) on 5/7/16, Office in Albany Co. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of the process to the LLC, To Family Pest Solutions LLC, 1039 Gates Dr, Schenectady, NY 12306, Purpose: Any lawful activity Ad#123941</p> <p>LEGAL NOTICE</p> <p>Geraldson Properties LLC, a domestic LLC, Articles of Organization filed with the SSNY on 6/8/2016. Office Location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 325 Manning Boulevard, Apt. #1, Albany, NY, 12206. General Purposes. Ad#122808</p> <p>LEGAL NOTICE</p> <p>Good Apple Achievement (Astoria) LLC. Filed 5/2/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124156</p> <p>LEGAL NOTICE</p> <p>GRAMERCY PARK, LLC. Filed 2/19/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#123430</p>	<p>LEGAL NOTICE</p> <p>Gramo Contracting LLC. Filed 5/4/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122383</p> <p>LEGAL NOTICE</p> <p>NOTICE OF FORMATION OF HADA AMSTERDAM, LLC On 6/27/2015, Articles of Organization of Hada Amsterdam, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSNY shall mail a copy of any process against it served upon him or her is Hada Amsterdam, LLC, 29 Windsor Court, Slingerlands, NY 12159. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#124646</p> <p>LEGAL NOTICE</p> <p>Hathaway Holdings LLC. Filed 5/19/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122372</p> <p>LEGAL NOTICE</p> <p>PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY FIRST: The name of the Limited Liability Company is IDA STREET ASSOCIATES LLC (hereinafter referred to as the "Company"). SECOND: The Articles of Organization of the Company were filed with the New York Secretary of State on June 13, 2016. THIRD: The County within New York State in which the office of the Company is to be located is ALBANY. FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is 159 Delaware Avenue #115 Delmar, New York 12054 FIFTH: The purposes of the business of the Company is The Company's purpose is to engage in any lawful act or activity for which limited liability</p>	<p>companies may be organized under the New York Limited Liability Law. Ad#123045</p> <p>LEGAL NOTICE</p> <p>Notice of formation of Insight physical therapy PLLC. Filed with Secretary of State of New York (ssny) on 6/7/16. Office location: Albany county. SSNY has been designated as agent of the PLLC upon whose process against it may be served. SSNY shall mail process to 244 bender lane Glenmont NY 12077. Purpose: all lawful activities. Ad#122055</p> <p>LEGAL NOTICE</p> <p>Integrity Dental PLLC. Filed 3/31/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 19 W 34th St #1018, NY, NY 10001 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: Dentistry Ad#122392</p> <p>LEGAL NOTICE</p> <p>Iuris Argumentum Consultants LLC. Filed 4/7/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122406</p> <p>LEGAL NOTICE</p> <p>Jimena Companies LLC. Filed 5/13/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122390</p> <p>LEGAL NOTICE</p> <p>JR's Red House LLC. Filed 4/27/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122380</p> <p>LEGAL NOTICE</p> <p>NOTICE OF FORMATION Content: JUNCTION 63K, LLC. Art. of Org. filed with the SSNY on 06/28/16. Office: Albany County. Registered Agents, Inc. designated as agent of the LLC upon whom process against it may be served. Registered Agents, Inc. shall mail copy of process to the LLC, c/o Junction 63K, 90 State St, Albany, NY 12207. Purpose: Any lawful purpose. Ad#124781</p> <p>LEGAL NOTICE</p> <p>NOTICE OF FORMATION OF JW FURS, LLC On 6/21/2015, Articles</p>

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of Organization of JW Furs, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSSNY shall mail a copy of any process against it served upon him or her is JW Furs, LLC, 1475 Western Avenue, #23, Albany, NY 12203. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#124640

LEGAL NOTICE

Katjes Fassin USA LLC. Filed 4/28/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122391

LEGAL NOTICE

KF 98 Flatotel Retail LLC. Filed 3/14/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122388

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)
1. The name of the LLC is: LAVIANO PROPERTIES, LLC
2. The date of the filing of the Articles of Organization with the Secretary of State of the State of New York (SSNY) is: 12/31/11
3. The office within New York State of the LLC is located in Albany County.
4. The SSSNY is designated as agent of the LLC upon whom process against it may be served. The post office address to which the SSSNY shall mail a copy of any process against the LLC served upon him or her is: 528 Town Woods Drive, Albany, NY 12203
5. The purpose of the business of the company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law. Ad#121353

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC)
Name: LDFT III LLC. Articles of Organization filed with NY Secretary of State, June 2, 2016. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 302 Washington Avenue Ext., Albany, NY 12203. Ad#122022

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC)
Name: LDFT III LLC. Articles of Organization filed with NY Secretary of State, June 2, 2016. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 302 Washington Avenue Ext., Albany, NY 12203. Ad#122022

LEGALS

LEGAL NOTICE
LeRose Dance Company, LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on 06/02/16. Off. loc.: Albany Co. SSSNY des. as agent of LLC upon whom process may be served. SSSNY shall mail process to the LLC, 528 Montauk Highway, East Quogue, NY 11942. Purpose: General. Ad#122280

LEGAL NOTICE

Please take notice of the formation of LIFE ISN'T VALUED ENOUGH J.U.I.C.E. LLC, a limited liability company authorized to engage in any lawful purpose. LIFE ISN'T VALUED ENOUGH J.U.I.C.E. LLC is located in Albany County and maintains a postal address of 221 Central Avenue, Albany, New York 12206. The Articles of Organization were filed with the Secretary of State on August 27, 2015. The Secretary of State is designated as agent for service of process upon LIFE ISN'T VALUED ENOUGH J.U.I.C.E. LLC. Ad#122057

LEGAL NOTICE

Name of LLC: Loudmouth Racing, LLC Date of filing: June 2, 2016 Office of the LLC: Albany County The NY Secretary of State has been designated as the agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 1 Turner Lane, Loudonville, NY 12211 Ad#123422

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC)
Name: LOUGHLIN I LLC. Articles of Organization filed with NY Secretary of State, June 27, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Tri City Rentals LLC, 255 Washington Avenue Extension, Albany, New York 12205. Ad#124789

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC)
Name: MARJAM ASSOCIATES LLC. Articles of Organization filed with NY Secretary of State, June 13, 2016. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 123 Spy Glass Court, Albany, NY 12203. Ad#122801

LEGAL NOTICE

Mountainview Drive LLC. Filed 5/25/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg.

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Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122364

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC)
Name: MRP RUSTIC VILLAGE LLC. Articles of Organization filed with NY Secretary of State, June 27, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Tri City Rentals LLC, 255 Washington Avenue Extension, Albany, New York 12205. Ad#124792

LEGAL NOTICE

NASE New York International Consultancy & Trading LLC. Filed 6/23/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124150

LEGAL NOTICE

NSA Lighting, LLC. Filed 5/24/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122362

LEGAL NOTICE

OAC 135 West 52nd Street LLC. Filed 11/25/15 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122386

LEGAL NOTICE

Per Annum Wine Co. LLC. Filed 5/6/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122381

LEGAL NOTICE

NOTICE OF FORMATION OF Limited Liability Company ("LLC")
Name: Perfect Threading and Hair Design, Limited Liability Company, Articles of Organization filed with the Secretary of State of New York ("SSNY") on 05/04/2016. Office Location: Albany County. The "SSNY" is designated as agent of the "LLC" upon whom process against it may be served. "SSNY" shall mail a copy of any process to the LLC at : Perfect Threading and Hair Design, Limited Liability Company, 3 Eastwood Dr. Albany, NY 12205. Purpose: To engage in any lawful act or activity. Ad#123432

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LEGAL NOTICE
NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY
Name: Pinnacle Newton Holding Company, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 7/6/16. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 1111 Troy Schenectady Road, Latham, NY 12110. Purpose: Any lawful act or activity. Ad#124125

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY.
NAME: POWER TO CHANGE PERSONAL TRAINING, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 5/27/2016. Office location: Albany County. SSSNY has been designated as agent of the LLC upon whom process against it may be served. SSSNY shall mail a copy of the process to the LLC c/o Michelle H. Wildgrube, Esq., Cioffi Slezak Wildgrube P.C., 2310 Nott St. E., STE 1, Niskayuna, NY 12309. Purpose: For any lawful purpose. Ad#123426

LEGAL NOTICE

Prime Plumbing, LLC. Filed 6/21/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124154

LEGAL NOTICE

Queued Consulting LLC. Filed 6/13/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124160

LEGAL NOTICE

Notice of formation of RAGULE ENTERPRISES, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on May 13, 2016. Office location: Albany County. The SSSNY has been designated as agent of the LLC. The SSSNY shall mail a copy of any process to the LLC, at 82 Rockhill Road, Voorheesville, NY 12186. The purpose of the LLC is to engage in any lawful purposes. Ad#121339

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY
Articles of Organization of RAT PACK ENTERPRISES, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on June 24, 2016, effective on the

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date of filing. Office Location: Albany. SSSNY has been designated as agent of the LLC upon whom process against it may be served. SSSNY may mail a copy of any process to the LLC at 1 Columbia Circle, Albany, NY 12203, which shall be the principal business location. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the NYS Limited Liability Company Law. Ad#123433

LEGAL NOTICE

NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY
FIRST: The name of the Limited Liability Company is Real Treasures, LLC (hereinafter to as the "Company")
SECOND: The Articles of Organization of the Company were filed with the Secretary of State on June 3, 2016
THIRD: The County within New York State in which the office of the Company is to be located is Albany.
FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is Joanne Bongalo, 8E Denise Drive, Latham, NY 12110.
FIFTH: The purpose of the business of the Company is for any lawful purpose. Ad#122027

LEGAL NOTICE

Notice of qualification of RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose. Ad#123112

LEGAL NOTICE

Red Flags Consulting LLC. Filed 4/7/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. DE address: 3500 S Dupont Hwy, Dover, DE 19901 Cert. of Form. filed w/DE: 401 Federal St. #4, Dover, DE 19901. Purpose: all lawful Ad#122405

LEGAL NOTICE

SAN JOSE QUEENS LLC Articles of Org. filed NY Sec. of State (SSNY) 6/9/2016. Office in Albany Co. SSSNY desig. agent of LLC upon whom process may be served. SSSNY shall mail

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copy of process to 8064 59th St., Glendale, NY 11385. Purpose: Any lawful purpose. Ad#121675

LEGAL NOTICE

Sawaddee LLC. Filed 5/20/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122371

LEGAL NOTICE

Scarlett LLC. Filed 4/11/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122403

LEGAL NOTICE

SHF Foods LLC. Filed 6/21/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124151

LEGAL NOTICE

ARTICLES OF ORGANIZATION OF
Sierra Property Maintenance, LLC
FIRST: The name of the limited liability company is Sierra Property Maintenance, LLC
SECOND: The county within this state in which the limited liability company is to be located in Albany. Original filed date 04/18/16.
THIRD: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The address within or without this state to which the Secretary of State shall mail a copy of any process accepted on behalf of the limited liability company served upon him or her is: c/o United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228.
FOURTH: The name and street address in this state of the registered agent upon whom and at which process against the limited liability company may be served is: United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Any lawful purpose. Ad#121684

LEGAL NOTICE

SM Production Group LLC. Filed 5/25/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122367

LEGAL NOTICE

SMART FOOD VENDING LLC Articles of Org. filed NY Sec. of State (SSNY) 6/30/16. Office in Albany Co. SSSNY desig. agent of LLC upon whom process may be served. SSSNY shall mail a copy of any process to the LLC at: 8064 59th St., Glendale, NY 11385. Purpose: Any lawful purpose. Ad#121675

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cess may be served. SSSNY shall mail copy of process to 276 53rd St., Brooklyn, NY 11220. Purpose: Any lawful purpose. Ad#123901

LEGAL NOTICE

Sound Shore Operations LLC Filed 1/12/16 Office: Albany Co SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. DE address: 3500 S Dupont Hwy, Dover, DE 19901 Cert. of Form. filed w/DE: 401 Federal St. #4, Dover, DE 19901 Purpose: all lawful Ad#124162

LEGAL NOTICE

SPECXS TRANSPORT, LLC (the "LLC") filed Articles of Organization with the Secretary of State of New York ("SSNY") on 6/14/16. LLC office location: Albany County. The SSSNY has been designated as agent of the LLC upon whom process against it may be served. The SSSNY shall mail a copy of any process served to LLC, c/o Tiant Ware, 183 Livingston Ave, Albany, NY 12210. Purpose: any lawful activity. Ad#123436

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)
The name of the LLC is State Street Spa LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 8, 2016. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 302 Washington Avenue Extension, Albany, New York 12203. Ad#124605

LEGAL NOTICE

Sweet 3 LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on 06/03/16. Off. loc.: Albany Co. SSSNY des. as agent of LLC upon whom process may be served. SSSNY shall mail process to the LLC, PO Box 2231, Albany, NY 12220. Purpose: General. Ad#122272

LEGAL NOTICE

TB Footwear LLC. Filed 6/16/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124155

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County. SSSNY designated as agent of LLC upon whom process against it may be served. SSSNY shall mail copy of process to P.O. Box 7314, Albany, NY 12224. Purpose: any lawful activities. Ad#124885

LEGAL NOTICE

Tengger Cavalry LLC. Filed 6/14/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124158

LEGAL NOTICE

THE ACHIEVEMENT CHANNEL LLC Articles of Org. filed NY Sec. of State (SSNY) 7/6/16. Office in Albany Co. SSSNY desig. agent of LLC upon whom process may be served. SSSNY shall mail copy of process to 1001 Grand Concourse, Ste. 5-G, Bronx, NY 10452. Purpose: Any lawful purpose. Ad#124117

LEGAL NOTICE

Please take notice of the formation of THE CHAMPAGNE ROOM, LLC, a limited liability company authorized to engage in any lawful purpose. THE CHAMPAGNE ROOM, LLC, is located in Albany County and maintains a postal address of 67 Catherine Street, Albany, New York 12202. The Articles of Organization were filed with the Secretary of State on June 3, 2016. The Secretary of State is designated as agent for service of process upon THE CHAMPAGNE ROOM, LLC. Ad#122059

LEGAL NOTICE

The Mui Group, LLC. Filed 4/4/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122407

LEGAL NOTICE

The NBB Group LLC. Filed 5/17/16 Office: Albany Co. SSSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122368

LEGAL NOTICE

Unleash Athletics, LLC, Arts. of Org. filed with SSSNY on 05/19/16. Off. Loc.: Albany County, SSSNY designated as agent of LLC upon whom process against it may be served. SSSNY shall mail a copy of process to: The LLC, 52 Corporate Circle, Ste. 207, Albany, NY 12203. Purpose: to engage in any lawful act. Ad#121484

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY

To place your Legal Notice: Call 439-4949

■ BUSINESS

Rosenblum Cos. signs new tenant

Environmental infrastructure consultant Weston and Sampson is first tenant signed under new ownership

GUILDERLAND — The Rosenblum Companies announced on Wednesday, July 14, that the engineering firm Weston & Sampson has signed a seven-year lease at 1 Winners Circle, one of four office properties it acquired from The Beltrone Group in a \$57 million transaction in May. This represents the first lease signed under Rosenblum's ownership.

Weston & Sampson, which is headquartered in Peabody, Mass., will lease 7,500 square feet of space on the first floor of 1 Winners Circle, located adjacent to the busy Wolf Road corridor by the Albany Marriott hotel and Rosenblum will oversee a turnkey renovation of the new suite for the occupant.

"The Rosenblum Companies has been providing premium office space to leading regional, national and international office tenants in the Capital Region since 1979," said Seth Rosenblum, Chief Executive Officer of The Rosenblum Companies. "This endorsement by Weston & Sampson, a century-old firm committed to offering sustainable environmental and infrastructure solutions, further validates our investment in these properties."

"Weston & Sampson is thrilled to be one of Rosenblum's newest tenants as we increase our presence in the engineering and technical services marketplace in the Capital District," said Skip Francis, Weston & Sampson's Regional Manager in New York. "The central location and easy access to conveniences like restaurants, along with Rosenblum's reputation in the market for top-notch customer service, made Winners Circle the best choice for our firm."

Since their purchase of the Beltrone portfolio, The Rosenblum Companies has begun an ambitious upgrade program

for the Wolf Road area office properties. Improvements already underway at 1 Winners Circle include: completely renovated lobbies with more efficient LED lighting; enhanced landscaping incorporating native plants; and a redesigned central courtyard.

The company showcased these improvements at a meeting of the Commercial & Industrial Real Estate Brokers (CIRESB) at its 2 Winners Circle property on Thursday, July 14. The meeting featured a keynote address by Colonie Town Supervisor Paula Mahan, who spoke to an audience of commercial real estate brokers and affiliated professionals about development and redevelopment in the Town, including the potential Albany Shaker/Sand Creek road connector, which would provide a direct outlet, parallel to Wolf Road, from Winners Circle to Albany Shaker Road.

Founded by Robert Spurr Weston in 1899, the Weston & Sampson partnership was formed when George Sampson joined the practice in 1916. Together, they were instrumental in developing innovative approaches for water treatment that continue to provide the basis for state-of-the-art treatment processes. Currently, Weston & Sampson employs nearly 500 professionals in offices along the East Coast. They believe the move to Albany County will allow the firm to expand its growth and better serve the Capital District.

About The Rosenblum Companies: The Rosenblum Companies is a developer and full service owner-operator of premier properties in the Capital Region totaling over one million square feet. For nearly four decades, Rosenblum has focused on providing



Rosenblum Companies purchased three properties in Colonie's Winners Circle, including 3 Winners Circle shown above.

Spotlight File Photo

better spaces and real estate services to Fortune 500 corporations, regional businesses, medical practices, government

agencies, and nonprofit institutions alike. Rosenblum was the first to construct office space on Washington Avenue Extension.

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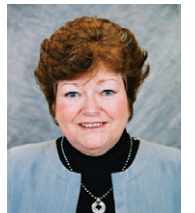
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TY COMPANY
Name: Vent Fitness LLC. Articles of Organization filed with sec. of state of NY(SOS) on 6/28/16. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 2080 Western Avenue, Suite 115 Guilderland, NY 12084. Purpose: Any lawful act or activity. Ad#123437

LEGAL NOTICE

Villa Graziella LLC. Filed 4/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207

LEGALS

Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122400

LEGAL NOTICE

NOTICE OF FORMATION OF WIGGAND VACATION PROPERTIES, LLC
On 6/20/2015, Articles of Organization of Wiggand Vacation Properties, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office ad-

LEGALS

dress within New York State to which the SS-NY shall mail a copy of any process against it served upon him or her is Wiggand Vacation Properties, LLC, 252 Glenmont Road, Glenmont, NY 12077. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#124625

LEGAL NOTICE

YAD Realty Management, LLC. Filed 5/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg.

LEGALS

Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122369

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Zipper Eisner Associates LLC. Filed 3/31/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122393

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July 20, 2016

Spotlight on Opinion

www.spotlightnews.com PAGE 14

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FROM THE EDITOR'S DESK

Let them play

Johnny Evers once said you could find kids playing baseball at every vacant lot in town. The Hall of Fame infielder was speaking of his time as a kid growing up in South Troy, and it points out to a number of aspects that have changed over the years.

Baseball, or any sport for that matter, is a game that conjures memories of childhood. Relatively speaking, most adults today can recall carefree times when all you needed to play was a ball, a patch of grass and kids from the surrounding neighborhood. Much like Evers' childhood, you didn't need a manicured lawn, high tech equipment or much else beyond the want to do something, and the imagination to do it.

Baseball, in particular, brings back memories for kids who grew up in the '80s in Bethlehem. That's when Jesse Braverman drove up to the Bethlehem Central Middle School, with a bag of bats, a bag of helmets and a bag of balls. There would already be enough kids to field six

baseball teams waiting for him on the ballfield. No money. No insurance policy. Scrape a knee, rub some dirt, and play some ball.

But, some adults had to stop that.

Frankly, sports today are a microcosm of what's wrong in today's society. Too many adults in suits who cater to actuarial tables and formulate costs and look for potential revenue streams. It's doubtful you read such words from Bazooka Joe. That all comes from years spent in an office atmosphere, where system matter experts drill down on the logistics of an issue and are tasked with reporting back with an estimated time of arrival on the next presentation.

Right now, the Town of Bethlehem has the potential to mess things up. There's a proposal to shift the dynamic as to who gets onto its many ball fields, and for how much. Today, the fields are well manicured, and in great number. Outside of Tri-Village Little League and the Bethlehem

Soccer Club, these organization don't own the fields. They pay to use. Drive past Elm Avenue Town Park on any given weekend, and the fields are teeming with activity. It's a stark contrast to what the atmosphere was like 20 years ago. — Plenty of kids, but not enough fields. Some of the fields, in fact, were in abandoned and in worse shape than Evers' vacant lots.

Today's children benefit from the hard work of the leagues playing within the Capital District. If a child wants to play ball, there's a team for him or her. Within sporting circles, towns are defined by the facilities they keep.

In Bethlehem, Town Hall has expressed pride in those fields, but are endangering the organization who have a vested interest in maintaining them. The town's effort to improve services and assess where all its residents can enjoy the fields is commendable. Even hiring a consulting firm to aid in the effort. But, something is missing.

The parks and recreation department reached out to those organizations for input after a draft proposal was presented to them. Requiring 90 percent of kids be from the town is a threshold many of today's organizations can't meet.

Colonie, on the other hand, licenses the use of its town fields to organizations. There is no question who plays on the field. The organization pays a nominal fee, maintains the field, and has access to them all season long, so long as 51 percent of kids are from the town. And, if there's conflicting requests, the team or league with the most town residents receives priority.

It doesn't seem like there's enough communication between the town and the leagues impacted by the proposed regulations. From our assessment, everyone plays a factor in that failure. For this to get resolved in a manner everyone is satisfied with, there simply needs to be a want to do something, and the imagination to do it.

GET TO KNOW ...



Shannon Keyes
Ciucevic

Hypnotist & yoga instructor

Hometown: Hubbard, OH
Residency: Colonie, N.Y.

What kind of music do you listen to?

It's a very wide variety because my husband is a classical musician. So, I listen to a lot of classical music and kirtan music (sacred chanting).

What was the last movie you saw?

I usually watch a lot of documentaries.

What was the last book you read?

Most of the books I read are some kind of training manual for hypnosis and yoga, chakras. But, you know what, I do listen to audio books. "Getting to Yes with Yourself," by William Ury. Fabulous book. I'm always looking to learn more on how to help people.

What kind of hobbies do you have?

I love walking. Love yoga. Love music. So, we have a lot of things with my husband being a musician. Singing. We actually go to Beatfest down in the New Jersey area once a year. We're huge Beatle fans.

If you could have dinner with anyone (alive, dead or fictitious), who would it be?

My dad.

What would be your dream vacation?

I think I just had it. We went to Booth

Bay, Maine. ... They had cinnamon buns as big as your head. They were *ginormous!*

If you were on a deserted island, what three things would you bring?

If I was on a desert island, I'd want to make sure I bring something so I can drink water. So I can continue. I want to have my husband there. And, a really good hammock.

"Get to know" is a weekly feature where community members are asked questions that aren't necessarily related to their jobs. If you know of someone you think should be highlighted, email news@spotlightnews.com.

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From page 1 ... TU Center to get facelift

as create new interior space in the back of the building and make several other improvements, such as installing a sprinkler system and new fire alarms. Work on the upgrades could begin as soon as next month, according to county officials, following approval by County Executive Dan McCoy, and would be competed in two phases alongside the Albany Convention Center a few blocks away. The project is anticipated to be complete by late fall of 2017 and the center will remain open during the renovation process.

Contracts were awarded as follows: Murnane Building Contractors of Whitesboro, NY—14.2 million, general construction work; DiGesare Mechanical of Schenectady (2 contracts)—\$3 million, mechanical and plumbing construction; Condor Fire Sprinkler Co. of Schenectady—\$312,500; DakTronics, Inc. of Brookings, S. Dak.—

\$803,500, digital display boards in the new atrium; and Coughlin Electrical Contractors of Worcester, Mass.—\$1.3 million.

The project is not expected to affect county property taxes. “We anticipate paying for this project through arena profits and hotel occupancy taxes,” Majority Leader Frank Commisso said. “This project will help us continue to attract the best acts and sporting events to downtown.”

After all contracts were unanimously awarded, legislators turned to the business of charter reform proposals and, more specifically, the scheduling of public hearings regarding proposed local laws that would reduce the size of the legislature itself. The subject has been a notoriously controversial one, as it has been tied up with attempts at legislative reform which have been narrowly rebuffed by majority legislative leadership several times in the last year.

Prior to voting on three proposed public hearings—which are mandatory before a local law can be passed—on a series of laws sponsored by a contingent of minority members (which closely resemble recommendations made by a commission on charter reform, but were revised by majority leadership before being rejected by the public last November), Legislator Chris Higgins (D-5) stood to offer a proposed amendment that would allow for a public hearing on rival legislation regarding one contentious issue—the downsizing of the legislature.

Higgins amendment would have allowed voters to hear about both proposed laws — one, introduced by Legislator Peter Crouse, would reduce the size of the legislature from 39 members (the largest in the state) to 29 over the course of the next two redistricting efforts (which happen after the federal census every 10 years); the other, introduced by Higgins, would reduce the number of members to 25 after the 2020 census.

Those who were

opposed to Higgins’ amendment questioned the legality of the process, saying that it’s customary for legislation to be reviewed by committee before being heard by the public. Supporters argued that it would be less onerous for the public to be able to hear both options side-by-side, rather than over the course of several hearings. The amendment failed, 22-17. The resolution to set a public hearing date for Crouse’s legislation narrowly passed, 24-15. Public hearings were also approved for Crouse’s two other laws — one which would name an independent redistricting body and another intended to clean up the charter and clarify some language. There are some legislators who believe that the redistricting commission doesn’t do enough to ensure impartiality; others are bothered by the coroner clause in the third law, preferring that a licensed medial examiner be hired for the job —these are some of the questions that the public can expect to hear raised at the hearings on July 26.

The first resolution introduced for a vote at the July 11 meeting —No. 81, also introduced by Higgins — represents continued efforts by reform members of the legislature to reduce the power of party leadership by limiting the chairman’s power to send proposed legislation back to committee. Under the current system, the chairman can send legislation back “at any time on his own motion,” and the resolution would amend the current rule to limit that ability and only allow him to send legislation to committee “upon initial introduction or following a public hearing on a local law.” Those who support such limitation feel that, currently, the chairman essentially has the power to ensure that some legislation never makes it to the floor for a vote by the whole body; the proposed resolution called the current practice “undemocratic” and said that it “prevents members from exercising their rights to vote on such issues.” Ultimately, resolution no. 81 failed with a vote of 25-14.

IN BRIEF

Guilderland Restaurant Week

GUILDERLAND — The Guilderland Chamber of Commerce’s annual Guilderland Restaurant Week continues through Saturday, July 23.

Participating restaurants are offering three-course meals to patrons for the fixed price of \$20.16. Among this year’s participants are Athos, Cider House at Orchard Creek Golf Course, Peaches Café, Barcelona Restaurant, Provence and The Melting Pot.

For a full list of participating restaurants, links to their web sites and Restaurant Week menus, visit www.tasteofguilderland.com.

BHA museum open Sundays

BETHLEHEM — The Bethlehem Historical Association’s Cedar Hill Schoolhouse Museum, 1003 River Road, is open Sundays from 2 to 4 p.m. through Aug. 28.



That’s a lot of cheese

ALBANY — CAP COM Federal Credit Union and its charitable giving arm, the CAP COM Cares Foundation, recently announced eight winners to its Spring BIG Benefit Raffle fundraiser. Dan Morin, left, walked away with the grand prize of \$10,000. Prizes for the raffle winnings ranged from \$10,000 to \$1,000. Loudonville’s Lisa Ryan took home \$5,000.

Photo by Thomas Heffernan, Sr.

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Daniel P. McCoy
Albany County Executive

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PICK OF THE WEEK



White Denim

The four-piece fusion band out of Austin, Texas is coming up north to play at The Hollow Bar + Kitchen Saturday, July 23 at 9 p.m.

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INSIDE



Arts calendar

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Get outside and play

Pokemon Go has officially taken over summer.

Page B6

ENTER TO WIN GREAT PRIZES IN ...
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INTERVIEW

Flip the switch

Jocelyn and Chris Ardnt out promoting "Edges" between semesters at Harvard

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

GLOVERSVILLE — Fun is often the word used around Jocelyn and Chris Ardnt.

The two college-aged, sibling rockers out of Fort Plain live at home with their parents when not attending Harvard University. Smart. Gifted. Hard working. Yeah. You can use those words to describe them, too. But, fun. That's what you get.

There isn't a moment when the two aren't working on music. Of course, the morning shower is the ubiquitous setting for all would-be singers. Where you and I may sing [horribly], Jocelyn has been found to write.

With what?

Evidenced by their Facebook page, you can add resourceful as yet another adjective to describe these two.

In a recent post, one of them shared a picture of the shower in the family's bathroom. On clean white tile are the words and phrases scribbled in black. "Don't worry Mom, I'll clean it off as soon as I transfer those lyrics to my notebook."

Their father, Ted, replied, "Wait till mom sees her eye liner! You're soooo busted!"

Their parents are both educators. Libby teaches first grade, and Ted teaches special ed. Outside of Libby's stint singing in choirs, neither one was as musically inclined as their children. But, their love for music was passed down to them, as was their music collection. When Jocelyn and Chris started talking last year about putting their college education on hold, their parents encouraged them to pursue their passion for

Jocelyn and Chris Ardnt are making a name for themselves outside the Capital District. They talk to us about the past year and what it's like to perform on stage together.

File photo

Continues on page B17

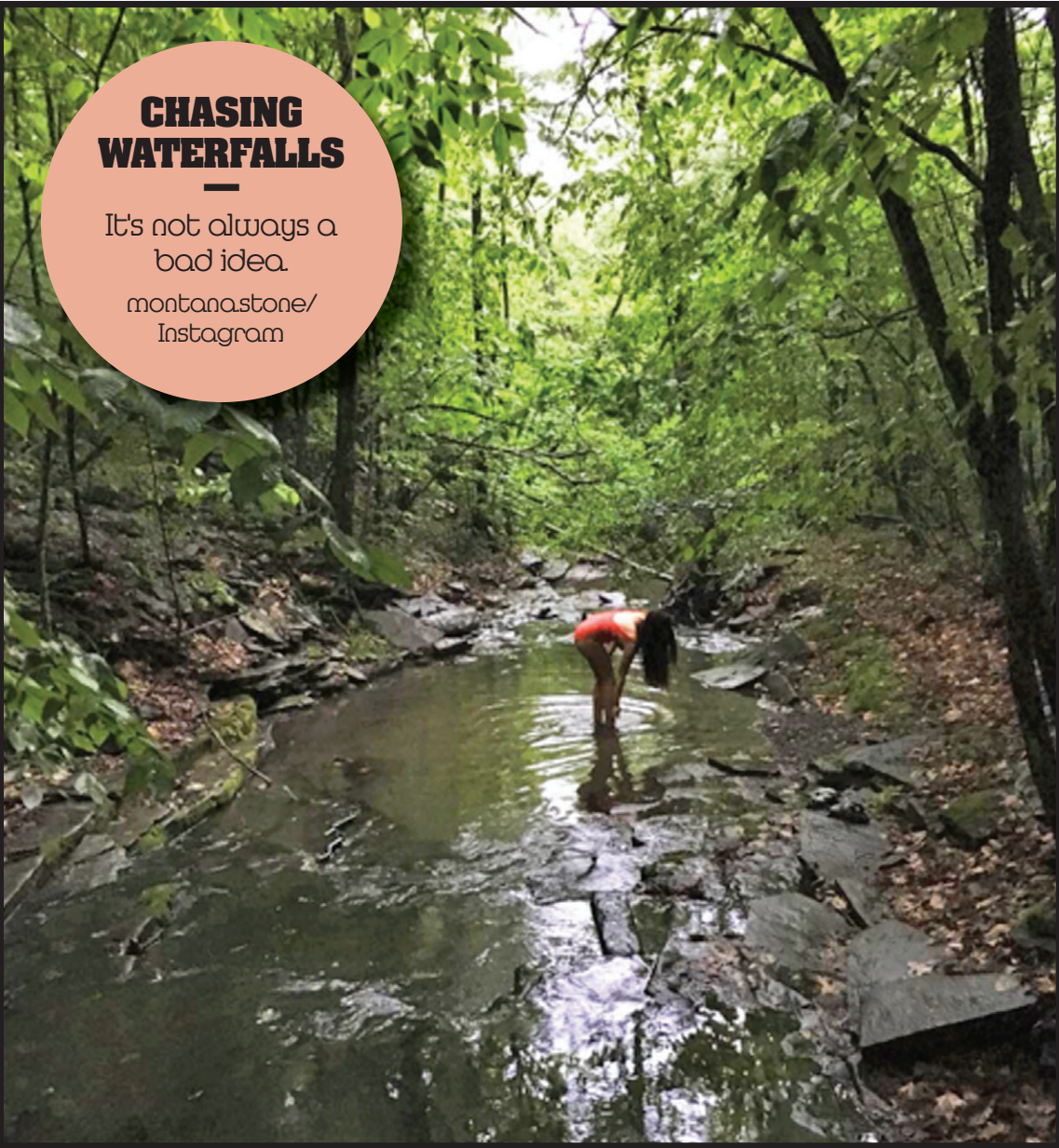
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CHASING WATERFALLS

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quotes of the week

"It's the weirdest thing. It's the weirdest transition in my head. I feel like every show starts with me being nervous because I'm a nervous wreck. I just get nervous performing beforehand, and then all of a sudden I walk on stage and something kind of clicks. And, it's like, 'okay, I'm not nervous anymore. I'm up here. I'm going to do what I came here to do.' It's like our alter ego. Off stage, we're us. On stage, I think we're us, but we're like an amplified version of us. It's like someone I wouldn't be able to be, otherwise."



— Jocelyn Arndt, of Jocelyn and Chris Arndt



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COMING UP IN ALBANY

The Dylan Perrillo Orchestra The Empire State Plaza — Wednesday, July 20

ALBANY — The influence of jazz greats Billie Holiday, Louis Armstrong and more play to a lunchtime crowd under the shade of The Egg.

The Dylan Perrillo Orchestra, which hails from the Capital District, is a colorful ensemble of instruments and people who have come together to celebrate the beginnings of jazz. The group began playing together in early 2013, performing arrangements from the 20s to 40s. The orchestra prides itself on bringing America's most original musical tradition to people of all ages.

For more information about the orchestra, visit its Facebook profile at Facebook.com/



The Dylan Perrillo Orchestra / Facebook

DylanPerrilloOrchestra.

Made in The Shade at The Egg takes place every Wednesday at noon at the Empire State Plaza in Albany through August 31.

Next week, the concert series will feature Ten Strings and A Goat Skin.

...SCHENECTADY

Gratefully Yours Under The Stars The Centre Street Pub — Sunday, July 23

SCHENECTADY — The Grateful Dead comes back to life this weekend.

Gratefully Yours Under The Stars will be at The Centre Street Pub, 308 Union Street in Schenectady, Saturday, July 23 at 9 p.m.

Gratefully Yours is a revolving all star line up of Grateful Dead inspired musicians who bring the experience back to life for "dead heads." The band often consists of co-founder Alex Mazur on keyboard, co-founder Rick Nelson on guitar, Russ Lawton on drums, Zach Nugent on guitar and Ed Grasmeyer on bass.



Gratefully Yours Under The Stars / Facebook

For more information, visit the band's Facebook profile at Facebook.com/GratefullyYoursBand.

...SARATOGA SPRINGS

Albany Pro Musica

Saratoga Performing Arts Center — Wednesday, July 20; Friday, July 21 and Saturday, July 22



Public domain

SARATOGA SPRINGS — Albany Pro Musica kicks off its 36th Season by performing with the world renowned New York City Ballet, Wednesday, Friday and Saturday, July 20, 22, and 23, at the Saratoga Performing Arts Center.

Albany Pro Musica's select Women's Chorus will sing Felix Mendelssohn's "A Midsummer Night's Dream" as The New York City Ballet dances George Balanchine's iconic ballet. This ballet was originally danced at SPAC's opening night performance in 1966.

Single tickets to any show in the Albany Pro Musica 2016-2017 Season are on sale. Subscriptions are still available. Please call the Troy Savings Bank Music Hall Box Office at 273-0038 for more details, or visit albanypromusica.org. Albany Pro Musica is the chorus in residence at the Troy Savings Bank Music Hall.



TheSpot518 File Photo

OPENING WEEKEND

Running amok in Spa City

The Saratoga Race Course opens this Friday

SARATOGA SPRINGS — For some, summer starts with the first barbecue. Others can't wait until the opening show at Saratoga Performing Arts Center. Still others don't see summer go into full swing until the Saratoga Race Course opens its gates for the season.

That day arrives Friday, July 22 at 11 a.m. Ticket prices range from \$8 for clubhouse seats and \$5 for grandstand. Children 12 and under get in free with an adult.

Many of the world's best thoroughbreds and jockeys race at the storied grounds of Saratoga, enticing celebrities to visit and writers to sing about it.

Opening Day also kicks off two accompanying events, Taste NY: Craft Beer and Hats Off to Saratoga Festival.

Track patrons are going to have a chance to sample some of the best craft beers from New York state. The craft beer tasting is the first of several planned for each Friday

of the season. Every tasting will run from noon to 5 p.m. from the Saratoga Pavillion.

For Taste NY: Craft Beer, patrons must be 21-years-old or older to participate. A price of \$5 will buy five samples.

Hats Off to Saratoga launches a two-day festival starting with the races, and followed by live music in downtown Saratoga Springs.

Friday's musical acts include Porch Fire (at The Savory Pantry), SIRSY (Division Street), Hot Club of Saratoga (The Adirondack Trust Company), Bluz House Rockers (Caroline Street), Racing City Chorus (Saratoga Tea & Honey) and Alan Darcy (Ben & Jerry's).

Many of the acts return on Saturday, accompanied by Fenimore Blues (at The Adirondack Trust Company) and Erin Harkes Band (Caroline Street).

For more information, visit <http://www.nyra.com/saratoga>.

— Michael Hallisey

Beyond the Piggy Bank

STUDENT CHECKING FOR AGES 13-23

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Lindsey Stirling / Facebook

COMING UP

Lindsey Stirling at The Palace

A new album is set for release next month

ALBANY — On Monday, Lindsey Stirling will bring her eclectic blend of ballet, violin, electronica and Celtic folk rock to Albany.

Stirling continues her Summer Tour 2016 with a stop at the Albany Palace Theatre, Monday, July 25.

Stirling is one of the biggest artist development breakthrough stories in recent years. A classically trained violinist from Gilbert, Ariz., she has entered a futurist world of electronic big beats and animation, leaping through the music industry with over 7.8 million YouTube subscribers, over 1 billion views on her YouTube channel, Billboard chart-topping hits and sold out tours worldwide. She's created a new music world where the romance of Celtic folk music and modern classical meet the infectious energy of dance and electronica. On stage, Stirling moves with the grace of a ballerina but works the crowd into a frenzy, "dropping the beat" like a rave fairy.

Stirling's self-titled debut album, released in September of 2012, featured twelve original tracks; including the viral smash "Crystallize," which has racked up over 145 million YouTube views. The album earned her a 2014 Billboard Music Award nomination for "Top Dance/Electronic Album," and

was recently certified Gold in the US without the backing of a major label. The album reached #1 on Billboard's Dance/Electronic Chart and Classical Album Chart and peaked at #23 on the Billboard Top 200.

In 2014, Stirling released her sophomore album "Shatter Me" which debuted at #2 on Billboard's Top 200 album chart and has sold over 320,000 copies to date in the US alone. The album includes a collaboration with Halestorm lead singer Lizzy Hale on her smash single "Shatter Me," which has over 50 million views on YouTube. The album won a 2015 Billboard Music Award for "Top Dance/Electronic Album."

Stirling is the model of a modern independent recording artist, with a symbiotic relationship with her fans. A motivational speaker in her spare time, Stirling uses her own story to show teenagers that you've got to have confidence in the very thing that makes you unique - then wait for the world to catch up.

Next up, Lindsey is prepping to release her highly anticipated third studio album through her own label, Lindseystomp Records. The album is scheduled for release in August.



Palace Theatre Executive Director Holly Brown described the theatre's expansion efforts as providing a "bridge" between Albany's downtown area and its ever-developing Warehouse District.

Rendering provided

ARTS

The Palace Theatre looks to expand

\$65M addition to bridge downtown to developing warehouse district

By MICHAEL HALLISEY
halliseym@spotlightnews.com

ALBANY — The Palace Theatre announced last Wednesday its plans for a large-scale renovation and expansion project for the near century old venue. Its next step is to seek funding.

The Palace Performing Arts Center, Inc., the not-for-profit corporation that operates the historic Palace Theatre, presented its vision for a \$65 million renovation and expansion project designed to elevate arts and entertainment within the community and bridge together downtown Albany with the growing development of the city's Warehouse District.

The Palace Performing Arts Center project will include the following elements:

- **Addition of a new 600-seat theatre:** Located on Pearl Street adjacent to the Palace Theatre, the new space will host small shows for which the main theatre

is too large and will more than triple the number of performances hosted by the Palace Performing Arts Center. Additional programming will include programs with partner organizations Park Playhouse and Albany Symphony, as well as dance and family-friendly events.

- **Addition of a new video post-production center:** As the only facility of its kind between New York City, Toronto and Montreal, the post-production center will serve as a professional-quality suite for digital video production companies to mix sound, edit video and create video effects. The space will also include large and small

Continues on Page B17

2016 CONCERTS IN THE BARN AT THE PRUYN HOUSE

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Wed. July 27th: German Night
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Thurs. July 28th: Children's Concert
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A Toe-Tapping, Interactive Musical Concert
All Children and Families Can Enjoy!
MUSIC 6:00 – 8:00 p.m.
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It's fun and arguably healthy, as it gets everybody outside and walking. Just be careful were you walk.

Michael Hallisey/
TheSpot518

‘Cats return Sunday for a three-game series

July 24-26 vs. Vermont Lake Monsters

7/24 SouthPaw's Birthday / Kids Club Day @ 5 pm

7/25 Nickelodeon Night featuring SpongeBob SquarePants / Jersey Raffle @ 7 pm

7/26 Dark Tuesday: Track Night 2016 Team Poster Giveaway @ 7 pm

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POP CULTURE

Get out and play

Pokémon Go! has taken over summer

By **THESPOT518 STAFF**
news@spotlightnews.com

As if there wasn't already enough on our smart phones to keep us tethered to our devices, the world now has Pokémon Go!

The augmented reality game released just last week by The Pokémon Company works in conjunction with Google Maps, creating a virtual environment you ought to be familiar with, but inhabited by the ultra popular fictitious creatures. A player signs up through their Google account, customizes their avatar's physical attributes and attire, and then proceeds to "catch them all."

Your rate of success in finding Pokemon increases as you walk around your surroundings. This has already proven to be both a benefit and a detriment to gameplay. The urge to find more creatures encourages players to move around, promoting a healthier lifestyle than games that keep you chained to a television. However, many players have already found themselves getting hurt as they disregard the hazards surrounding them, as they plant nose firmly into phone. To make matters worse, drivers are playing the game as they drive. Enough to have the New York state Department of Motor Vehicles issue a statement Tuesday, July 12.

"This new, all-consuming Pokémon Go! craze has caught the entire country by surprise and as such we are concerned about the consequences playing this game can have on public safety," said DMV Executive Deputy Commissioner and GTSC Acting Chair Terri Egan.

"Distracted driving is behavior we at DMV and GTSC speak out against all year long. What is meant to be a fun game can have tragic real-world consequences if you're playing it while driving or crossing the street. Simply put, catching virtual creatures to get to the next level is not worth risking your life or the lives of others."

New York State prohibits all drivers from using portable electronic devices while operating a motor vehicle. Illegal activity includes:

- ▶ Holding a portable electronic device.
- ▶ Talking on a handheld mobile telephone.
- ▶ Composing, sending, reading, accessing, browsing, transmitting, saving, or retrieving electronic data such as e-mail, text messages, or websites.
- ▶ Viewing, taking, or transmitting images.
- ▶ Playing games.

The application, developed by Niantic, Inc., is available for free on both Apple and Android devices, with in-app purchases available.

The game's popularity has arguably become out of hand. People have reportedly fallen off seaside cliffs in California. A stampede of players ascended upon New York's Central Park near midnight for the prospect of catching a rare version of a Pokemon. Still, other reports across the Internet claim romantic partners being caught cheating, thanks to the GPS function of the game, to people overseas losing their jobs over the game.

Continues on Page B21

■ HAPPENING NOW

Funky flea market returns to Troy

Search for kitschy, vintage, upcycled treasures at Riverfront Park on the second and fourth Sundays of the month through Oct. 23

TROY — The quirky and popular Troy Flea returns to Riverfront Park this Sunday, July 24, from 9 a.m. to 2 p.m.

Kristin Jackson of Troy is now managing the market, with guidance from Troy Flea founder Jessica McEnaney, who is currently living in Florida.

“I liked what Jessica did with the market last year. I feel like it had a lot of personality — really kitschy stuff that’s different from what you typically see at street fairs,” said Jackson. “I thought it would be a shame if we didn’t keep it going on Sundays.”

Earlier this year, Jackson and a business partner formed the new Troy Flea Market company, with McEnaney retaining a share and remaining involved from afar. Jackson, who works at The Shop (tavern & restaurant) in Downtown Troy, previously worked in hospitality and event planning for music festivals in Indiana. She says her professional background should help in keeping up the flea market’s festival-like vibe.

New this year will be larger furniture items — some reclaimed and upcycled, others new — including locally handmade bunk beds. Other new-to-the-market vendors will sell quality vintage clothes, jewelry, old comic books and posters. Many vendors from last year will return, including those selling Pyrex glassware, housewares, and old storage containers.

“Great cities have great flea markets, and I am so glad the Troy Flea will continue to help draw people downtown on Sundays,” McEnaney said. “Though I’m at a distance now, this is where I saw the flea progressing to — working more with vendors and having their input and insight and help; having partners who see the potential for Troy and for growing this business. The impact of community events like the flea and our winter market, ‘Babes



in Troyland,’ give Troy our character and edge that attract more and more people to the area. We are so happy to be part of this city’s love.”

Under Jackson’s management, Troy Flea will continue to be selective about its vendors to ensure quality, diversity and attractive pricing. She and her partners view this year’s Flea as an opportunity to continue growing the market by adding new vendors throughout the summer while helping attract additional shoppers and revenue into downtown Troy on Sundays.

“We will keep the focus on fun, kitschy, beautiful, eclectic and weird things,” she said.

Starting July 10 and running until Oct. 23, Troy Flea will be held on the second and fourth Sunday of every month from 9 a.m. to 2 p.m., in Riverfront Park through Sunday, Oct. 23.

While Jackson and her partners are currently searching for an indoor location in case of rain, there is no alternative rain location for Troy Flea at this moment. Marketgoers are asked to check the Troy Flea website or Facebook page for announcements about rain cancellations.

For more information, call 281-0592, or visit <http://TroyFlea.com> or <https://www.facebook.com/TroyFlea>.



Painting the town

In case you haven’t paid attention, we’ve been out painting the town and spreading the word on what we’re doing here at TheSpot518. You can often catch us in Albany at Alive at Five, or in Troy for Rockin’ on the River. If you find us, don’t be shy. Let us know what you think. You can even ask to have your picture taken, like these two here, if you ask nicely. You can always share your own photos with us through social media by using our hashtag #TheSpot518.

Photo by Michael Hallisey/TheSpot518

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Night: Angels on the Fourth debut EP release party

SARATOGA SPRINGS — Angels on the Fourth, a five-piece rock band from the Spa City, will release its debut EP, "Breaking Skin," this Saturday, July 23, during a special 18 and over performance at the Putnam Den in downtown Saratoga Springs. Doors open at 8:30 p.m. followed by the show at 9:30 p.m.

Brand new and eager, Angels on the Fourth harken back to the 90s alternative scene. Inspired by equal parts punk, hip hop and stadium rock, the band delivers hard hitting music with infectious hooks. Each of its five members is stage seasoned from previous projects. Deriving the name from a transcendent experience its lead singer Kane Grogan had with a bat in a haunted hotel, the band is poised to make their presence one you won't soon forget.

Angels on the



Angels on the Fourth

Debut EP release party
 Putnam Den,
 Saratoga Springs
 Sat. July 23 - 8:30 p.m.

Angels on the Fourth/Facebook

Fourth also features Brad Thibodeau on lead guitar and vocals, Marc Montano on drums, Dustin Alexander on bass and vocals and Jeff Ayers on

violin and keyboard.

Tickets are \$5 at the door. There is an extra \$5 surcharge for attendees under the age of 21.

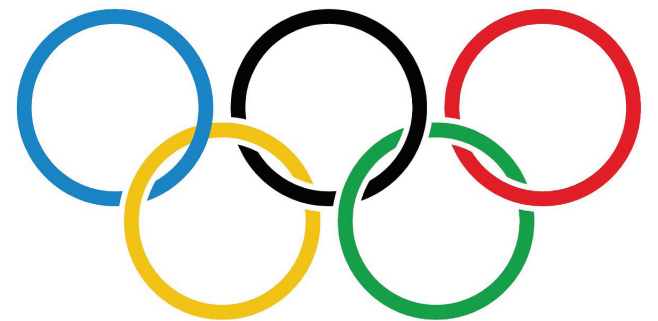
For more information about the band, its forthcoming release, or other concert dates, visit the band's facebook page at www.facebook.com/angelsonthefourth.

Day: Stories and Art in the Park

ALBANY — Can't make it to Rio for the 2016 Summer Olympic games? Head on over to the upper section of Lincoln Park near the playground on Monday, July 25, for some free Olympic-themed fun beginning at 10:30 a.m.

Rain site is the Delaware Branch of the Albany Public Library, located at 331 Delaware Ave. in Albany.

After listening to fun stories read by librarians, Albany Barn artist in residence



Stories and Art in the Park

Upper section of Lincoln Park
 Monday, July 25
 10:30 a.m.

Public domain photo

Megan Ruch will lead children through an Olympics inspired arts and crafts project which they can take

home. This program lasts for about an hour and is best-suited for children

ages 2 through 5.

Stories and Art in the Park is presented through a collaborative effort between the City of Albany Department of Parks and Recreation, the Albany Public Library, the Albany Barn, and local PBS-affiliate WMHT.

For more information, visit www.albanybarn.org.

CLUBS

9 Maple Avenue
 9 Maple Ave., Saratoga Springs.
 www.9mapleave.com
 Fri: **Chuck Lamb Quartet** | 9 p.m.
 Sat: **Pete Sweeney Quartet** | 9 p.m.

Arthur's Market
 35 N. Ferry St., Schenectady. 382-1938
 Every Thur: **Edith's Amazing Jam**
 | 6 p.m.
 Fri: **Bob Funck** | 7 p.m.
 Sat: **Kitchen Jazz** | 7 p.m.
 Sun: **John Serrao & Mike Kailas** |
 6:30 p.m.
 Tue: **Dynamic Duo** | 7 p.m.

Café NOLA
 617 Union St., Schenectady. 357-8628
 Fri: **Yankee Holler** | 6:30 p.m.
 Sat: **Tapestry** | 6:30 p.m.

Caffé Lena
 47 Phila St., Saratoga Springs. 225-0882
 Every Thur: **Open Mic** | 7 p.m.
 Fri: **Bumper Jacksons** | 7 p.m.
 Sat: **Jean Rohe & The End of
 the World Show** | 7 p.m.

Carney's Tavern
 17 Main Street, Ballston Lake. 280-7959
 Every Thur: **Matty Finn** | 6 p.m.
 Fri: **Karen & Abby** | 7:30 p.m.
 Sat: **Whitewater Duo** | 7:30 p.m.

Castle Street Café
 10 Castle St., Great Barrington, Mass.
 413-528-5244
 Fri: **Beth Rose Band** | 8 p.m.
 Sat: **Bev Rohlehr and
 John Colby Band** | 8 p.m.

City Beer Hall
 42 Howard St., Albany. 449-2337
 Every Sat: **90s Dance Party** | 11 p.m.

Club Helsinki
 405 Columbia St., Hudson. 828-4800 or
 helsinkiHUDSON.com
 Sun: **Alejandro Escovedo** | 8 p.m.
 Tue: **Shakey Graves** | 8 p.m.

Crown Grill
 390 Broadway, Saratoga Springs.
 583-1105
 Wed: **Azzaam & Roosevelt** | 7 p.m.

ARTS CALENDAR



Happening in Lake George

The High Rollers — featuring vocalist Jill Hughes and guitarist Matt Mirabile — perform at the Lake George Arts Project Summer Concert Series tonight, July 20, at 7:30 p.m.

Submitted photo

Dolce Vita
 1727 State St., Schenectady. 357-3324
 Fri: **Music and Dancing with Randy**
 | 5 p.m.
 Sat: **60s Music Summer Bash,
 featuring the Rogues** | 8 p.m.

Emack & Bolio's
 366 Delaware Ave., Albany. 512-5100
 Fri: **Luke Ryan and Don Ferber** |

7 p.m.
 Sat: **Will Foley** | 7 p.m.
 Sun: **Deb Cavanaugh Family Concert**
 | 3 p.m. | **Leslie Barkman** | 7 p.m.
 Every Tue: **Open Mic** | 7 p.m.

Fuze Box
 12 Central Ave., Albany. 703-8937
 Fri: **Tall Ass Matt, Kohl Modelo,
 Yung Cashew, DJ Disco Naps** | 9 p.m.

Sat: **SEASONS Skateshop Presents:
 "Albany," Tall Ass Matt** | 8 p.m.

Gaffney's
 16 Caroline St., Saratoga Springs.
 587-7359
 Thur: **Gwen Tracy Trio** | 9 p.m.
 Fri: **Rick Bolton and Jeff Walton** |
 5 p.m. | **Wide Awake** | 9 p.m.
 Sat: **Virgil Cain** | 9 p.m.

Sun: **Sirsy** | 9 p.m.
 Every Tue: **Open Mic with Rick Bolton**
 | 8 p.m.

Garden Bistro 24
 5 Vista Blvd, Slingerlands. 439-3832
 Thur: **A3** | 6:30 p.m.

Ginger Man
 234 Western Ave., Albany. 427-5963
 Fri: **Dave Gleason** | 8 p.m.

Grappa '72
 818 Central Ave., Albany. 482-7200
 Wed & Thur: **Hamilton Street
 Jazz Company** | 6:30 p.m.
 Fri: **Jeanne O'Conner with Peg
 and Bill Delaney** | 6:30 p.m.

Hamlet and Ghost
 24 Caroline St., Saratoga Springs.
 450-7287
 Wed: **Hot Club of Saratoga Trio** |
 8 p.m.

The Hangar
 675 River St., Troy.
 Fri: **Joe Ely** | 7 p.m.

The Hollow Bar + Kitchen
 79 N. Pearl St., Albany. 426-8550
 Sat: **White Denim** | 9 p.m.

The Low Beat
 335 Central Ave., 432-6572
 Every Wed: **The Deadbeats** | 10 p.m.
 Thur: **Freakwater, Drunken Prayer**
 | 8 p.m.
 Fri: **The Wheel** | 9 p.m.
 Sat: **Society High, Girth Control,
 Savage Randys, Lame** | 8 p.m.

**Lucas Confectionary
 and Wine Bar**
 12 2nd St., Troy. 326-3450
 Mon: **Le Trio Vino** | 7 & 8:45 p.m.

McGeary's
 4 Clinton Square, Albany. 463-1455
 Wed: **Best Damn Open Mic Ever
 with MotherJudge** | 7:30 p.m.
 Thurs: **Blue Hand Luke** | 8 p.m.
 Sat: **One Red Martian** | 8 p.m.
 Sun: **Blues Jam** | 7:30 p.m.

Moon & River Café
 115 S. Ferry St., Schenectady. 377-5100
 Thur: **Lisa Lambert
 and Ryan Legere** | 7 p.m.
 Fri: **John Birchler** | 7 p.m.
 Sat: **John Slovacek** | 6 p.m.
 Every Sun: **Open Mic** | 7:30 p.m.
 Mon: **Nancy's Hootenanny
 Open Song Circle** | 7 p.m.
 Tue: **Dave Kitchen Jazz Trio** | 7 p.m.

Continues on B10

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- ACROSS**
- Blast
 - Fly high
 - Drag one's feet
 - "La Scala di ____" (Rossini opera)
 - Beep
 - Birchbark
 - Not worked on
 - Absurd
 - Distance runner
 - American symbol
 - Absorbed, as a cost
 - Appear
 - Queen, maybe
 - Hooter
 - Fastest land animal
 - Schuss, e.g.
 - Baby's first word, maybe
 - Science used to solve crimes
 - Final: Abbr.
 - Light bulb unit
 - German physicist
 - Court figures
 - Charlotte-to-Raleigh dir.
 - Close friend
 - An end to sex?
 - Fla. neighbor
 - Person who eats too much
 - Certain theater, for short
 - Campaigner, for short
 - Moray, e.g.
 - Morgue, for one
 - Have another go at
 - A-list
 - Inspired poet of Vedic hymns
 - Known as the City of Pearls
 - Bit of high jinks
 - A man devoted to a life of sensual pleasure
 - Fashion books (abbr.)
 - Center point of an armorial escutcheon
 - Done for
 - A pint, maybe

- DOWN**
- Highest point
 - Potsdam Conference attendee
 - Reduce, as expenses
 - Marienbad, for one
 - ____grass
 - "Act your ____!"
 - Cabernet, e.g.
 - Kind of nerve
 - Bite
 - Similar to something else in design
 - Flying solo
 - "Malcolm X" director
 - Poison plant
 - A Muse
 - To set on fire
 - Used for a hard metallic substance
 - Caused by heat
 - Quiet
 - Gobs
 - Lizard, old-style
 - 40 winks
 - Dam
 - Resembling a goose
 - Violent windstorms
 - Abbr. after a name
 - Fancy
 - King or queen
 - ____ council on "Survivor"
 - Power problem
 - Demands
 - "Get ____!"
 - Dalai ____
 - Churchill's "so few": Abbr.
 - "48 ____"
 - "____ rang?"
 - Gloomy
 - "A rat!"

Answers on Pg. B25

ARTS CALENDAR

Mouzon House

1 York St., Saratoga Springs. 226-0014
 Wed: **Joe Gitto & Dan Wancyk** | 6:30 p.m.
 Thur: **Hot Club of Saratoga Trio** | 7 p.m.

Oh Bar

304 Lark St., Albany. 463-9004
 Thur: **Karaoke** | 10 p.m.

One Caroline Street

1 Caroline St., Saratoga Springs. 587-2026
 Wed: **The Masters of Nostalgia** | 8:30 p.m.

Thur: **Rodeo Barons, with Miss Tess and the Talkbacks** | 8 p.m.

Fri: **George Muscatello & Shiri Zorn** | 6 p.m. | **Matt Mirabile** | 9 p.m.

Sat: **Cliff Brucker** | 6 p.m. | **Blind Crow** | 9 p.m.

Mon: **Tlm Wehgelaer** | 7:30 p.m.

Parish Public House

388 Broadway, Albany. 365-0444
 Thur: **The Deadbeats, with A-Bear** | 8 p.m.

Fri: **Ampevene, with Bushicks, Spaceman, The Phryg** | 8 p.m.

Sat: **realation, with Walking Tree, Under the Den**

The Parting Glass

40 Lake Ave, Saratoga Springs. 583-1916
 Wed & Thur: **Irish Celtic Session** | 7 p.m.

Fri & Sat: **Forthlin Road** | 9 p.m.

Mon & Tue: **Luck of the Draw** | 7 p.m.

Panza's

510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. 584-6882

Fri: **Larry Finke** | 7 p.m.

Sat: **'Azzaam Hameed** | 7 p.m.



Puerto Rican dance music comes to Schenectady

Gary Nunez leads Plena Libre into Schenectady's Central Park for a free concert as part of the Music Haven Concert Series Sunday, July 24, at 7 p.m. Jose Conde kicks off the show with an acoustic performance. For more information, visit www.musichavenstage.org.

Submitted photo

Pauly's Hotel

337 Central Ave., Albany. paulyshotel.com

Wed: **Final, Dead Hero, Chloroform Party** | 8 p.m.

Thur: **Hot Mayonaise, The Jagaloons** | 8:30 p.m.

Mon: **Blues Jam** | 8 p.m.

Tue: **Acoustic Open Mic** | 7 p.m.

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Every Tue: **Open Mic**

Provence

Stuyvesant Plaza, 1475 Western Ave., Albany. 689-7777

Sun: **Henry David Duo** | 7 p.m.

Prime at Saratoga National

458 Union Ave., Saratoga Springs. 583-4653

Sun: **Joe Sorrentino Trio (jazz brunch)** | 10:30 a.m.

Putnam Den

63A Putnam St., Saratoga Springs. 584-8066

Thur: **Michelle Shocked** | 9 p.m.

Fri: **Paradox Saints, Iudica, Factory Radio, Conor Jackson** | 9:30 p.m.

Sat: **Angels on the Fourth, The Black Ships, The End Men** | 9:30 p.m.

Rustic Barn Pub

150 Speigletown Rd., Troy. 235-5858

Every Thur: **Open Mic** | 8 p.m.

Speakeasy 518

42 Howard St., Albany. 449-2332

Wed: **Mark Kleinhaut** | 8 p.m.

Thur: **Rick Rosoff Duo** | 9 p.m.

Fri: **Nate Giroux Trio** | 9 p.m.

Sat: **Dylan Canterbury Trio** | 9 p.m.

Mon: **Joe Finn** | 9 p.m.

Tue: **Swing Night** | 8 p.m.

Waterworks Pub

76 Central Ave., Albany. 465-9079

Thur: **DJ Shawn Gillie** | 11 p.m.

Fri: **Karaoke** | 10 p.m.

Sat: **DJ David Barna** | 10 p.m.

Mon: **Karaoke** | 10 p.m.

Wishing Well Restaurant

745 Saratoga Rd, Wilton. 584-7640

Fri: **Christine Spero** | 6:30 p.m.

Sat & Sun: **Rob Aronstein** | 6:30 p.m.

Mon: **Nat Phipps** | 6:30 p.m.

Tue: **Roger Held** | 6:30 p.m.

Yono's

25 Chapel St., Albany. 436-7747

Fri and Sat: **Hamilton Street Jazz Duo** | 6:30 p.m.

MUSIC

Rockin' on the River

Catskill roots rockers the Felice Brothers, with opening act The Parlor. July 20 5 p.m., Riverfront Park, Troy. Free. Information: 279-7997 or www.downtowntroy.org.

Buhrmaster Barn Concert Series

Italian Night with the Good Times Band. July 20, 6:30 p.m., Pruyn House, 207 Old Niskayuna Road, Latham. Admission: adults \$5, children 12 and under free. Information: 783-1435 or www.pruynhouse.org.

The Joey Thomas Big Band

Swing to the big band era. July 20, 7 p.m., Freedom Park, Schonowee Avenue, Scotia. Free. Information: www.freedomparkscotia.com.

Lake George Arts Project Summer Concert Series

The High Rollers, featuring vocalist Jill Hughes and guitarist Matt Mirabile. July 20, 7 p.m., Shepard Park, Lake George. Free. Information: 668-2616 or www.lakegeorgearts.org.

Lisa Batiashvili and Francois Leleux

Violinist and oboist perform works by Saint-Saens, Mozart, Debussy and Britten, accompanied by pianist Emanuel Ax, violist Kim Kashkashian and cellist Lynn Harrell. July 20, 8 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$19-\$66. Information: www.bso.org.

Jazz on Jay

Heard performs. July 21, noon, "The Circle" at State and Jay streets (across from Proctor's), Schenectady. Free. Information: 372-5656.

Alive at Five

Indie rock band Bloc Party headlines, with opening act Titans. July 21, 5 p.m., Tricentennial Park, Albany. Free. Information: 434-2032 or www.albanyevents.org.

Concerts in the Park

Crazyland Sages perform. July 21, 6 p.m., Wiswall Park, Ballston Spa. Free.

Saturday July 23rd 2016
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The Elsmere Fire Company will be hosting a motorized Firefighters competition. This is the only time this year that a motorized firefighter competition will be hosted in the Capital District. Various fire departments throughout New York State will be joining us.

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Answers on Pg. B25

ARTS CALENDAR

Vellano Corporation Summer Concert Series

Two Broads with a Lot of Sound performs. July 21, 6:30 p.m., The Crossings, 580 Albany Shaker Road, Colonie. Free. Information: 456-2136.

Hey Jude

Authentic Beatles tribute band. July 21, 7:30 p.m., Guilderland Performing Arts Center, Tawasentha Park, Route 146, Guilderland. Free. Information: 456-3150.

Festival of Contemporary Music

The FCM Chamber Orchestra performs works by Stucky, Lutoslawski, Salonen and Lindberg. July 21, 8 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$12. Information: www.bso.org.

Festival of Contemporary Music

Fromm Players perform works by Phibbs, Abrahamsen, Currier and Dennehy. July 22, 2:30 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$12. Information: www.bso.org.

Rock the Block Concert Series

White Ford Bronco performs. July 22, 6 p.m., Canal Square, 72 Remsen St., Cohoes. Free.

Upbeat on the Roof

Original jazz from the Terry Gordon Quintet. July 22, 7 p.m., Tang Teaching Museum and Art Gallery, Skidmore College, North Broadway, Saratoga Springs. Free. Information: 580-8080 or tang.skidmore.edu.

Rattail Jimmy

featuring Alan Payette
Delayed fireworks night. July 22, 7 p.m., Freedom Park, Schonowee Avenue,



Up on the roof

Jazz trumpeter Terry Gordon leads his ensemble to the roof of Skidmore College's Tang Teaching Museum and Art Gallery for an Upbeat on the Roof concert Friday, July 22, at 7 p.m.

Submitted photo

Scotia. Free. Information: www.FreedomParkScotia.com.

Josh Ritter & The Royal City Band

Singer-songwriter touring in support of his new album, "Sermon on the Rocks," with special guest Darlingside. July 22, 8 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$28 and \$34. Information:

473-1845 or www.theegg.org.

Boston Symphony Orchestra

Sir Andrew Davis conducts the orchestra through works by Williams, Dvorak and Sibelius, with guest violinist Lisa Batiashvili. July 22, 8 p.m., Koussevitzky Music Shed, Tanglewood, Lenox, Mass. Tickets: \$11-\$101. Information: www.bso.org.

Festival of Contemporary Music

Works by Ogonek, White, Jalbert, Gee, Crockett and Levering. July 23, 2:30 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$12. Information: www.bso.org.

Powers Park Concert Series

Oldies Night featuring Al Bruno. July 23, 6 p.m., Powers Park, 420 Second Ave., Troy. Free. Information: 279-7162.

Triskele

Traditional and modern Celtic/Irish group. July 23, 7 p.m., Freedom Park, Schonowee Avenue, Scotia. Free. Information: www.FreedomParkScotia.com.

Meadowmount School of Music

A quartet of young musicians from this summer program perform works by Tchaikovsky and others as part of Violin Days. July 23, 7:30 p.m., The Sembrich Studio, 4800 Lakeshore Drive, Bolton Landing. Tickets: \$25. Information: 644-2431 or www.thesembrich.org.

Boston Symphony Orchestra

Juanjo Mena conducts the orchestra through works by Tchaikovsky and Falla, with special guests Garrick Ohlsson (piano) and Raquel Lojendio (soprano). July 23, 8 p.m., Koussevitzky Music Shed, Tanglewood, Lenox, Mass. Tickets: \$20-\$101. Information: www.bso.org.

Festival of Contemporary Music

Works by Hillborg, Dean, Harvey, Boulez, Donatoni and Meltzer. July 24, 10 a.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$12. Information: www.bso.org.

Boston Symphony Orchestra

Juanjo Mena conducts the orchestra through works by Ginastera, Mozart and Beethoven, with special guest Veronika Eberle (violin). July 24, 2:30 p.m., Koussevitzky Music Shed, Tanglewood, Lenox, Mass. Tickets: \$20-\$101. Information: www.bso.org.

Music Haven Concert Series

Gary Nunez Y Plena Libre brings its classic Puerto Rican dance music to town, with opening act Jose Conde Unplugged. July 24, 7 p.m., Central Park, Schenectady. Free. Information: www.musichavenstage.org.

Continues on B12



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ARTS CALENDAR



Colorful exhibit

Works by Peris Carbonell and John Van Orsouw are featured in the Laffer Gallery's new exhibit, "Symphony in Color." The exhibit opens Saturday, July 23, with an artists' reception at 5 p.m.

Submitted photo

LITTLE FALLS LUMBER

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Maria Z and Alegria

Flamenco/classical quartet. July 24, 7 p.m., Freedom Park, Schonowee Avenue, Scotia. Free. Information: www.FreedomParkScotia.com.

Slipknot

Masked heavy metal masters. July 24, 8 p.m., Saratoga Performing Arts Center, 108 Avenue of the Pines, Saratoga Springs. Tickets and information: www.spac.org.

Dana Park Concert Series

The Ramblin' Jug Stompers, with opening act Frederick & Werthner. July 25, 5 p.m., Dana Park, Lark Street, Albany. Free.

Festival of Contemporary Music

Lorelei Ensemble performs works by Benjamin and Messiaen. July 25, 8 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$12-\$55. Information: www.bso.org.

Josh Groban

Modern-day balladeer. July 25, 8 p.m., Saratoga Performing Arts Center, 108 Avenue of the Pines, Saratoga Springs. Tickets and information: www.spac.org.

Lindsey Stirling

Electronic dance artist and classically-trained violinist. July 25, 8 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$29.50-\$69.50. Information: palacealbany.com.

Made in the Shade of The Egg

Traditional and original Celtic band Ten Strings and a Goat Skin performs. July 27, noon, Empire State Plaza Concourse, Albany. Free. Information: 473-1845 or www.theegg.org.

Silver Bay Quartet

Performing works Schumann, Barber and a new work by Mark O'Connor. July 27, 1:30 p.m., The Sembrich Studio, 4800 Lakeshore Drive, Bolton Landing. Tickets: \$15. Information: 644-2431 or www.thesembrich.org.

THEATRE

A Night with Janis Jopin

Randy Johnson's tribute to one of rock music's iconic singers. Presented by Capital Repertory Theater, 111 North Pearl St., Albany, through Aug. 7. Shows: Tuesdays through Sundays, call for times and ticket prices. Information: 445-7469 or www.capitalrep.org.

Park Playhouse presents Chicago

All-new take on the classic Broadway musical, through July 30, Washington Park Lakehouse, Albany. Shows: Tuesdays through Saturdays, 8 p.m. Tickets: reserved seats \$16-\$24, lawn seats free. Information: www.parkplayhouse.com.

Mac-Haydn Theatre presents Chicago

Broadway's tale of murder and jazz. Mac-Haydn Theatre, 1925 NY-203, Chatham, through July 24. Tickets: evenings \$34, matinees \$31, children under 12 \$14. Information: 392-9292 or www.machaydntheatre.org.

Damn Yankees

Broadway musical fable about a man who makes a deal with the devil to become the Washington Senators' top player. Presented by the Not So Common Players, Clifton Common, Vischer Ferry Road, Clifton Park, July 21-24. Show time: 8 p.m. Free. Information: 371-6667 or www.cliftonpark.org.

Second Coming — The Character and Ministry of Mother Ann Lee

Original play written by Bruce Cornwell about the history of the Shakers. July 22-24, Shaker Meeting House, Shaker Heritage Society, 25 Meeting House Road, Colonie. Shows: Friday and Saturday 7:30 p.m., Sunday 3 p.m. Tickets: \$15. Information: 588-4954 or www.secondcomingplay.com.

Cyrano

The classic comedy. Presented by Saratoga Shakespeare Company, Alfred Z. Solomon Stage, Congress Park, Saratoga Springs, through July 30. Shows: Tuesday through Saturday 6 p.m., with a special Sunday matinee July 24 at 3 p.m. Free. Information: www.saratogashakespeare.com.

COMEDY

The Funny Bone

Luenell headlines. July 21, 7:30 p.m., July 22, 7:30 and 10 p.m., July 23, 7 and 10 p.m. and July 24, 7 p.m. Crossgates Mall, Western Avenue, Guilderland. Information: 313-7484 or Albany.funnybone.com.

The Comedy Works

Louis Ramey headlines, July 21-23. Shows: Thursday and Friday 8 p.m., Saturday 7:30 and 9:30 p.m. 388 Broadway, Saratoga Springs. Information: 275-6897 or thecomedyworks.com.

Pretty Much the Best Comedy Show

Stand-up comedian and writer Shane Torres is the featured performer at this month's show. July 30, 8 p.m., Proctors Underground, 432 State St., Schenectady. Tickets: \$15 advance, \$20 day of show. Information: 346-6204 or www.proctors.org.

DANCE

New York City Ballet

Famed ballet company returns for another summer residency. July 20-23 and 26-30, Saratoga Performing Arts Center, 108 Avenue of the Pines, Saratoga Springs. Information: www.spac.org.

Ajkun Ballet

Performing "Notre Dame, a Contemporary Ballet." July 24, 7:30 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$29. Information: 473-1845 or www.theegg.org.

Fourth Sunday Community Dance

Monthly ballroom dance sponsored by Albany DanceSport Club and featuring a group lesson and a mid-event showcase. July 24, 6:15 p.m., Danceland, 638 Columbia St. Extension, Latham. Admission: adults \$10, students \$5. Information: 423-6039.

FAMILY/YOUTH

Barker Park Kids' Summer Series

The Puppet People present "Dig into Reading." July 21, 11 a.m., Barker Park, corner of Third and State streets, Troy. Free. Information: troymusicall.org.

The Frog Prince

The classic children's tale about a royal couple who are cast under a witch's spell. Presented by the Mac-Haydn Children's Theatre, 1925 NY-203, Chatham, through July 30. Shows: Fridays and Saturdays at 10:30 a.m. Tickets: \$10. Information: 392-9292 or www.machaydntheatre.org.

Vanaver Caravan

Dancers and musicians perform several

styles of American dance including swing, hip hop and more. July 22, 1 p.m., Performance Spaces for the 21st Century, 2980 Route 66, Chatham. Free. Information: 392-6121 or ps21chatham.org.

Grease

Saratoga Children's Theatre performs the classic Broadway rock musical. July 22 and 23, Janet Kinghorn Bernhard Theater, Skidmore College, North Broadway, Saratoga Springs. Shows: Friday and Saturday, 1 and 7 p.m. Tickets: general admission \$10, children 10 and under free. Information: www.saratogachildrenstheatre.org.

FILM

Food for Thought

This month's feature is "Dear President Obama," a documentary about the dangers of drilling and clean energy solutions. July 21, 7 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Tickets: \$8. Information: 465-5233 or thelinda.org.

The Boys of '36

A documentary about the group of University of Washington rowers who won the gold medal at the 1936 Olympics in Berlin. Presented by WMHT and the Albany Rowing Center, July 21, 7:30 p.m., Palace Theater, 19 Clinton Ave., Albany. Free. Information: 880-3400 or palacealbany.com.

Free Summer Family Movies

See the modern remake of "Annie," starring Jamie Foxx and Cameron Diaz. July 24, 10:30 a.m. and 1 p.m., Proctors, 432 State St., Schenectady. Information: 346-6204 or www.proctors.org.

Summer in the City movie series

See "Diary of a Wimpy Kid: Dog Days." July 26, 1 p.m., Palace Theater, 19 Clinton Ave., Albany. Free. Information: palacealbany.com.

LITERARY

Third Thursday Poetry Night

Poet and slam performer Amani O+ is the featured reader at this month's show and open mic. July 21, 7:30 p.m., Social Justice Center, 33 Central Ave., Albany. Suggested donation: \$3. Information: Dan Wilcox, 482-0262 or dlwlcx@earthlink.net.

EDUCATION

Gallery Talks

Enjoy a docent-led tour of the museum's exhibitions. Saturdays and Sundays, 1 p.m. (Schedule subject to change, please call to confirm.) Albany Institute of History and Art, 125 Washington Ave., Albany. Info: 463-4478 or membership@albanyinstitute.org.

MISCELLANEOUS

Prose, Poetry and Posies

The Schuylerville Garden Club presents its annual National Garden Club standard flower show. July 23, 1 p.m., Saratoga Town Hall, corner of Spring and Broad streets, Schuylerville. Free. Information: www.schuylervilllegardenclub.org.

Gender Equality in the Workplace

Part of the Democracy in Dialogue Project and featuring panelists Barbara Smith (author and activist), Allison Dunne (host of WAMC's 51%), Carmen

ARTS CALENDAR

Duncan (CEO and founder of Mission Accomplished Transition Services) and Karyn Loscocco (sociology professor at the University at Albany). July 26, 6 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Free. Information: 465-5233 or thelinda.org.

Geeks Who Drink

A quiz show with eight rounds of eight questions each, including a music round, an audio round and a picture round. Free to play, with prizes for the top two teams and bonus prizes throughout the game. Sundays, 7 p.m., Lionheart Pub, 448 Madison Ave., Albany.

Color Between Wines

Adult coloring program. Library supplies the art materials, but adults must bring their own beverages. Wednesdays, 5 p.m., Brunswick Community Library, 4118 State Highway 2, Troy. Information: 279-4023.

Family Fun Ceramics

Weekly 90-minute class taught by Catie Singer on Sundays, 2 p.m., Schenectady Jewish Community Center, 2565 Balltown Road, Niskayuna. Cost: members \$8, guests \$12; all materials are included. Information: 377-8803 or www.schenectadyjcc.org.

Weekly ceramics

Two-hour Thursday class taught by Chris Singer, 1 to 3 p.m., Schenectady Jewish Community Center, 2565 Balltown Road, Niskayuna. Cost: members \$8, guests \$12; all materials are included. Information: 377-8803 or www.schenectadyjcc.org.

One Big Roof

Weekly classes include Gentle Yoga (Monday, 8:30 a.m.), Meditation in Motion Yoga (Monday, 5:30 p.m.), Saratoga Stress Reduction Program (Tuesday, 5:15 p.m. and Saturday, 8:30 a.m.), Tai Chi (Tuesday, 7 p.m.), Deepening your Practice/Embodiment (Wednesday, 8:30 a.m.), Yoga for Beginners (Wednesday, 10:30 a.m.), Health-preserving Qigong (Wednesday,

7 p.m.), Synervation Physical Therapy (Wednesday, 5 p.m.), Candlelight Yoga (Thursday, 6:30 p.m.) and dharma Meditation (Sunday, 9 a.m.). 538 Maple Ave., Saratoga Springs. Information: www.oneroofsaratoga.com.

EXHIBITS

Albany Center Gallery

"Compound Fragment," featuring works by Katherine Chwazik and Tara Fracalossi, through Aug. 12. 39 Columbia St., Albany. Information: 462-4775 or www.albanycentergallery.org.

Albany Institute of History and Art

"Masterworks: 225 Years of Collecting," through Sept. 4; "Spotlight: Alexander Hamilton," through Dec. 31; plus "A Gather of Glass: Selections from the Museum's Collection," "Ancient Egypt" and more. 125 Washington Ave., Albany. Info: 463-4478 or www.albanyinstitute.org.

Albany Public Library — Pine Hills Branch

"Too Many Words," featuring works by Emily Armstrong, Michael Conlin, Shea Lord-Farmer, Mark Oujia, Erik Savage and Larissa Tapler, through Oct. 2. 517 Western Ave., Albany. Information: www.albanypubliclibrary.org.

Arts Center of the Capital Region

"Heavenly Body," featuring the work of Artist in Residence Andrea Hersh, through Aug. 27. "Fence Select 2016" and "Ray Felix: Interiors," through Aug. 27. 265 River St., Troy. Information: 273-0552 or www.artscenonline.org.

Esther Massry Gallery

"The Art and Design Faculty Show," through July 31. Massry Center for the Arts, The College of Saint Rose, 1002 Madison Ave., Albany. Information: 485-3902 or email Jeanne Flanagan, gallery director, at flanagaj@strose.edu.

Heather Ridge Farm

"Farmscapes" by Saugerties artist Prue

See, through Labor Day weekend. 989 Broome Center Road, Preston Hollow. Information: 239-6234 or www.heather-ridge-farm.com.

The Hyde Collection

"Camp Iris," a site-specific, interactive work by Victoria Palermo, through Labor Day; "Dürer & Rembrandt: Master Prints from the Collection of Dr. Dorrance Kelly" and "The Hydes & Rembrandt," through Oct. 2. 161 Warren St., Glens Falls. Information: 792-1761 or www.hydecollection.org.

The Laffer Gallery

"Symphony in Color," featuring works by Peris Carbonell and John Van Orsouw, July 23 through Aug. 28, with an opening reception on July 23 at 5 p.m. 96 Broad St., Schuylerville. Information: www.thelaffergallery.com.

Mabee Farm Historic Site

"In Whom We Trust: At the Crossroads of Faith & Community," a photography exhibit by Michael Diana. 1100 Main St. (Route 5S), Rotterdam Junction. Information: schenectadyhistorical.org/exhibits.

miSci

"Return of the Dinosaurs," through Sept. 18. Nott Terrace Heights, Schenectady. Info: 382-7890 or www.miSci.org.

National Museum of Dance

"50 Years at SPAC," celebrating the golden anniversary of the venerable performance venue; "The Dancing Athlete," an exhibit that explores the connection between dance and sports; "Gen," a life-sized sculpture of former New York City Ballet principal dancer Gen Horiuchi; plus "A Tribute to Dancers in Film," "Making Art Dance" and "2015 Hall of Fame Inductees Mark Morris and Rudolf Nureyev." 99 South Broadway, Saratoga Springs. Information: 584-2225 or www.dancemuseum.org.

New York State Museum

"St. Paul's Chapel: A Place of Refuge," through Aug. 21. Empire State Plaza, 222 Madison Ave., Albany. Info: 474-5877 or www.nysm.nysed.gov.



Violin Days continue

Musicians from the Meadowmount School of Music will perform a program of chamber music as part of The Sembrich Studio's Violin Days concert series Saturday, July 23, at 7:30 p.m.

Submitted photo

Saratoga Arts Center

"Hersteading: Cold Antler Farm," a photographic exhibition by Miriam Romais, through July 31. 320 Broadway, Saratoga Springs. Information: 584-4132 or www.saratoga-arts.org.

Saratoga Clay Arts Center

"Members Juried Exhibition," featuring works by Ellen Aimone, Patricia Collins, Karen Elem, Neil Fryzer, Dan Greenfeld, Carol Gundersen, Cheryl Horning, Patricia Keelen, Sharon Kingsbury, Randi Kish, Phyllis Lee, Nancy Niefeld, Michelle O'Hare, Eric Rosenberg, Sandra Smith, Audrie Sturman and Regina Wickham, through July 30. 167 Hayes Road, Schuylerville. Information: saratogaclayarts.org.

Shirt Factory Gallery

"Second National Pastel Exhibition," sponsored by the Adirondack Pastel Society, through Aug. 13. Artist reception and awards: July 23, 5 p.m. 71 Lawrence St., Glens Falls. Information: 636-5939.

Tang Teaching Museum

"Borrowed Light: Selections from the Jack Shear Gift," through Aug. 14. Skidmore College, 815 North Broadway, Saratoga Springs. Information: tang.skidmore.edu.

Union College

"Slippery Slope by Georgie Friedman," Peter Irving Wold Center, College

Atrium, second floor, through Nov. 30. Information: 388-6318 or www.union.edu/gallery.

CALL FOR ARTISTS

Thomas Cole National Historic Site

Seeking artists to contribute postcard-sized artwork for its "Postcards from the Trail" exhibition, taking place Sept. 18. Art must feature one of the 22 sites along the Hudson River School Art Trail. Submission deadline: Sept. 3. Information: www.thomascole.org/call-to-artists.

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Food & Vino

Eggplant and Mozzarella Stacks with Pesto and Balsamic Reduction

By **ANN LINDA CIOTOLI**
news@spotlightnews.com

CULINARY ARTS

Ingredients — Serves 4-5

1 medium eggplant
 3 Tbs. Extra virgin olive oil
 2-3 heirloom tomatoes
 Sea salt
 fresh ground black pepper
 1/2 cup pesto (use your favorite store bought or make from scratch)
 6 ounces of fresh mozzarella sliced into rounds
 1 cup balsamic vinegar, made into a reduction (recipe to follow)
 6 basil leaves

Preparation

Cut eggplant into 1/2 inch rounds, and grill on a grill pan or outside grill, 5 minutes on each side. You can also roast in a 400 degree oven on a cookie sheet, for 20 minutes, flip once. Place on a plate to cool. Slice tomatoes, and mozzarella.

Layer into stacks, starting first with a large slice of tomato. Salt and pepper, the tomato, add eggplant. Spread with pesto, a slice of mozzarella, and a smaller slice of tomato. Drizzle with balsamic reduction, and top with a basil leave. Continue until you have several stacks. Transfer stacks to a serving plate, or individual plates, to serve.

Balsamic Reduction

Ingredients

1 cup balsamic vinegar

Preparation

Pour vinegar into a small pan, and bring to a boil over medium-high heat. Lower heat to a simmer, and continue

cooking until vinegar is reduced to 1/4 of what you started with. Stir several times throughout. Consistency should be thick when finished.

The eggplant would go great with my favorite lemon pasta.

Lemon Pasta

Ingredients

1 lb. spaghetti
 2/3 cup of extra virgin olive oil
 1/2 cup fresh squeezed lemon juice
 2/3 cup fresh grated parmesan cheese
 1/3 cup chopped fresh basil
 1 Tbs. lemon zest

Preparation

Cook spaghetti according to package directions. Toss with the rest of the ingredients. Serve with eggplant stacks.

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Until next recipe, Annie

Ann Linda Ciotoli owns a catering business called Good Enough to Eat. For more information, e-mail Ann at sodeliciousalc@yahoo.com.

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HEALTH AND FITNESS

Can't vs. Will

Fitness training has as much to do with the mind as it does the body

By **DAN ROMAND**
news@spotlightnews.com

The other night I was watching a program called American Ninja Warrior. For those of you who haven't seen, it's a show featuring a people trying to navigate an insane obstacle course.

As I was watching it, I admired how people were overcoming the obstacles both literally and figuratively. Having done mud runs and the Warrior Dash, I admired the dedication and hours of hard work in training that these folks must have put in simply to try the course, let alone get through it.

As I watched, I remarked to my wife Laurie, "I wish I could give it a try."

Her response "Why don't you?"

Me: "I can't because..."

Well, I never got to finish that sentence because as Laurie correctly pointed out I had used the worst four letter word there is... Can't.

She even said to me... "It's not that you can't, it's that you won't" and she was 100 percent right.

And that's the problem most of us have and one I see in my clients every day. The "I can't" attitude.

I can't lose weight, I can't do <fill in the exercise of your choice>, I can't, well you name it.

Here's the hard truth you don't want to know. What they (and I) are really saying is I won't.

I won't commit myself to doing what is necessary to succeed. I won't commit to making an effort to give it a try. I won't even try.

In other words, I'd rather "play it safe and stay in my comfort zone because then I can't fail."

The problem with that is our comfort zone can be a very bad place to be, especially when it comes to exercise. Doing something that is easy or not hard as so many do doesn't

accomplish much.

Truth is that those who say I won't most often do not succeed in reaching their goals. In other words, they fail.

And it was a lesson that I learned yet again watching the show. I had said I can't when I really should have said I won't... I had failed because I refused to try.

Then I got humbled, because you see just a few minutes after that conversation they showed two different men running the course. The first was a 57-year-old man... in other words... he was five years older than me... DOH!

The second was a man who had had one of his legs amputated. DOUBLE DOH!

There I sat watching these two amazing athletes do something that I had just said I couldn't do. Well, wouldn't do.

I sat cringing to myself thinking I had just come up with a litany of excuses in my head why I couldn't do something like this and these two heroes (and yes to me, they are heroes) just proved to me how foolish I was in my thinking.

Now, neither one of them finished the course but it wasn't from lack of effort or dedication. Truth is, they probably got further than I or I'm sure most people would have ever thought they could.

And that's why they are winners more so in my mind: because they refused to say I can't or I won't.

They said "I WILL".

I will put in the hard work and dedication necessary to get to the starting line. For you see, that in and of itself is the victory. Not completing the course or setting a new time record... but getting to the starting line.

And here's the other thing: as people in the crowd watched these amazing men give it their all, they were cheering, cheering louder than they

did for those that breezed through the course.

The amount of love and support these men got was what made all those hours of training worthwhile. One even said as much in his post interview.

I'm sure they inspired thousands with their effort including me. Now I'm not about to go training for American Ninja Warrior mostly because I looked into it and these guys train four to five hours a day. But it did inspire me to reach for the stars and start training for something else that I never thought I'd do: a triathlon.

Because how can I sit and come up with excuse after excuse on why I can't do it when I just watched someone with a serious handicap literally throw himself into an obstacle and overcome it?

How can I say I won't when they clearly said I WILL.

So, the next time you find yourself thinking I can't, replace the can't with won't.

Instead, be like many of our clients who replace the won't with I will and go on to achieve amazing success.

Like them you might be surprised at how that one simple change can lead you to greatness.

Dan Romand is co-owner and operator of Full Circle Fitness-NY at 251 New Karner Road in Colonie, where he is a certified personal trainer.

Romand is also a regular contributor to TheSpot518 as our health and fitness columnist. Any questions about fitness or getting started on a program, should be directed at 955-6924, or visit fullcirclefitnessny.com.

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Journey lead singer Arnel Pineda's vocals were rich, rangeless and did justice to the classics.

Jim Gilbert
nysmusic.com

■ CONCERT REVIEW

When the lights go down

Journey and The Doobie Brothers make you want to be there at SPAC

By **SKYLER GILBERT**
nysmusic.com

SARATOGA SPRINGS — Leather-vested and sweat-covered, Neal Schon unearthed a solo that — even amid the political hatefest and madness of 2016 — could unite America.

Though the concert was July 5 — not July 4 — Schon's tight fretwork and re-defining of the term "rock anthem" could be appreciated at anytime.

Nearly 50 years into his musical career, he had not lost much in strum speed, not any in his tonal quality.

The masses hooted and hollered, as you might expect an upstate New York crowd to do for an

homage to the troops, but the three-minute solo, just half an hour into Journey's set, was far from the show's sole highlight.

Without an unfair comparison to the voice of Steve Perry, lead singer Arnel Pineda's vocals were rich, rangeless and did justice to the classics. The Filipino, now in his ninth year heading the band, was running and hopping around the stage like a man half his age for many of the upbeat songs — "Any Way You Want It" and "Wheel in the Sky". In the slower, ballad-like hits — "Faithfully", "Lights", "Don't Stop Believing" — he focused more on the notes, avoiding any pitch wavers a jump or leg-kick might cause to a sentimental song.

Drummer Steve Smith was an unsung hero of the

Journey set. Smith, who backed the band from 1978 until 1985, through much of its heyday, rejoined the band this year after Deen Castronovo left in the fallout of a domestic violence arrest.

Smith's rolls were precise and military-like and his cymbal work seemed effortless during his solo, about two-thirds through the band's performance. The drummer, using a traditional grip for increased roll speed, may have delivered the best drum solo at the venue since 2013, the last time Neil Peart and Rush were in town; Smith's work on the kit was simply incredible.

Journey was the third band in the night's lineup, immediately preceded by fellow Bay Area group — and also fellow notable Rock n' Roll Hall of Fame snub — The Doobie Brothers.

A fan's first observation of The Doobie Brothers taking the stage is likely the band's size. With four men on guitars and basses

across the front, two kit drummers in the back, and a saxophone and keyboard player too, the group's look is imposing, and the sound was too.

The Doobie Brothers were not as sing-along as Journey was (do not be mistaken, there were more than a couple patrons joining in on "Black Water"), but instead were jamming more. Whereas Journey's song interludes isolated individuals soloing on their instruments, The Doobie Brothers had more collective instrumental sections.

The first performance of the concert came from singer Dave Mason, originally of Traffic. Mason performed three of his own songs, including "We Just Disagree", as well as three from Traffic.

Mason's guitar playing showed little wear from the years, as he demonstrated ample ability. The singer closed his set with "All Along the Watch Tower", originally by Bob Dylan and made famous by Jimi Hendrix.

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From page B5 ...

The Palace

green screen studios with freight elevator access, as well as dedicated dressing rooms and wardrobe support, which will enable shooting video in a variety of techniques as well as audio recording.

- **Expanded Palace Theatre stagehouse:** The project will allow for the expansion of the original Palace Theatre stage and backstage, which will create a deeper and wider stagehouse capable of hosting an increased variety of shows and events and reducing loading and set-up time, while improving safety and reducing energy costs. New backstage support spaces will feature a much larger loading dock that meets current and future industry standards and modernized dressing rooms. New technology will also be installed throughout the stagehouse.

- **Expanded Palace Theatre lobby and box office:** The new lobby will provide a larger and more accessible space with increased amenities for patrons. The lobby will feature new concessions, dining and breakout areas, as well as restrooms, and will connect directly to a completely refurbished box office. Additionally, an elevator and new circulation paths will provide accessible wheelchair seating locations near the stage, at the orchestra level, and in the mezzanine.

- **Performing arts education development:** In partnership with Park Playhouse, the Palace Performing Arts Center will design, build and launch a multi-faceted arts program designed to be available, accessible and affordable to broad and diverse populations of the community, including underserved neighborhoods in and around the City of Albany.

In order to facilitate these developments, ownership of the Palace Theatre building will be transferred to the Palace Performing Arts Center from the City of Albany, pending approval from the Albany Common Council.

“This project is undoubtedly the most transformative arts and culture redevelopment venture in Albany in recent memory, and will further invigorate the downtown area, spur economic development, create jobs and provide a

more sustainable future for the arts in the Capital Region,” said Alan Goldberg, chair of the board of directors for the Palace Performing Arts Center.

The expansion is anticipated to have a \$125 million economic impact on the community and produce an estimated 225 full-time jobs during the three-year construction period. The downtown Albany area is expected to see its annual economic impact more than double to \$10 million as a result of the project upon completion, with the Palace drawing more than 500,000 patrons to the city each year.

“Since the Palace Theatre opened its doors in 1931, the venue has provided a wide array of cultural events and served as a hub for the creative community in Albany and in the Capital District,” said Albany County Executive Daniel P. McCoy. “At a time when similar facilities are facing fiscal challenges, this project affirms the Palace Theatre’s standing in the community and commitment to completing the Albany entertainment triangle which includes the Albany Capital Center and the Times Union Center.”

Over the past four years, the Palace has experienced a major fiscal renaissance under the leadership of its executive management team and has increased the number of shows by 53 percent. The Palace has spearheaded collaboration efforts with Park Playhouse and Albany Symphony, and a venue management agreement with Cohoes Music Hall.

“The expansion and renovation of the Palace will have a long and lasting impact on downtown Albany and the Capital Region. In addition to increasing the opportunities for residents to experience a wider variety of world-class shows and events, our new education program will make the arts more accessible to the next generation of performers and theatregoers,” said Palace Theatre Executive Director Holly Brown. “We are excited to announce these plans to the community and truly believe that our vision will enhance the quality of life of residents in Albany and the Capital Region.”

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From page B1 ...

Flip the switch

music. Right now, they're on summer break, but plan on attending next fall.

This summer, they continue to promote the release of the band's latest LP "Edges." Since its release earlier this year, it has charted with FMBQ, Inc. and has continued to fuel a popularity that has taken them to Mountain Jam last year to L.A.'s Viper Room. On Saturday, July 30, the band plays the Paul Nigra Center for Creative Arts in Gloversville, before heading off to Chattanooga, Tenn. The two stopped to talk to TheSpot518 recently to catch up on where we left off from last August.

Michael Hallisey: I was really looking forward to talking to you. I interviewed you guys last year, and it was a fun interview. You guys have been busy since I last spoke with you?

Chris Ardnt: Yeah! We've been keeping ourselves busy, for sure.

MH: I remember, Chris, you telling me how you like to procrastinate, despite you being a Harvard student and all. Seeing what I read here and how busy you've been — 100 shows, an LP release back in March — I don't think you've really had any time to procrastinate on anything. Am I right?

CA: [Laughs] You are definitely correct.

Jocelyn Ardnt: Now we procrastinate with music.

MH: Also, when I last spoke with you, you were contemplating whether or not to suspend your studies at Harvard, are you still thinking about that?

JA: We are still currently going to school. Well, we just had finals.

CA: We're on summer break. We are definitely still enrolled. We're currently pushing the album to radio. It's getting some pretty good chart success. We're currently at No. 17 nationally for jam bands, and our single is No. 166 nationally for [FMQB.com] Triple A [Conference]. So, if

that continues to go the way it is, chances are we'll do the whole school suspension thing. It's going to get real busy.

MH: I was listening to the LP just leading to the interview, and the only thing I can really say sounds trite, but it sounds like you guys had a lot of fun with that one.

JA: Oh, yeah.

CA: We did. I'm glad it came across that way. It was a blast.

MH: Was there any one of those tracks that came easy, just came out?

CA: Jagged was kind of like that. One day, we just started writing it and it was just there. I don't know, it seemed pretty effortless, whereas the other ones required a little polishing and stuff. It wasn't like it was five minutes and we were done, but it was pretty open and shut.

JA: It started with your riff and it built off of that.

CA: Yeah, it just kind of came together for some reason.

JA: It's nice when that happens.

MH: Yeah, I was listening to it through Glide Magazine, as they're streaming it on SoundCloud. You can see how many times someone has listened to a particular track. So, I purposely chose the track with the least amount of listens, because I want to hear it. That was "Dry Cereal." I like that one.

CA: I really like it.

MH: It has this ethereal sound with the piano that sounds very 70s. Again, you take me back to my childhood, and I'm much older than you are, so that floors me. Tell me about that one. How'd that come about? Is there anyone in particular who influenced that track, or especially that intro, or is that something that just came out organically?

JA: I think that's one of the first songs that Chris and I wrote together.

CA: I was in ninth grade.

JA: Yeah, that was really early in our music career,

I guess. But, yeah, we started fiddling around with the chords on that one.

CA: I was just playing some random stuff on the guitar, and I came across that and thought, "Hey, that sounds kind of cool. We should do something with this."

JA: Yes. So, I started working on the piano. And, [it was] some of the first lyrics I ever wrote, as well. Dry cereal was the snack of choice for band classes in high school. We used to eat those, what were they, Morning Stars? The knock-off Lucky Charms?

CA: Yeah, Lucky Charms.

JA: We would eat those dry. So, that was kinda stuck in my head and I thought, "This is really indie and cool. We're gonna be artists!" [Laughs.] Singing about cereal. No, I'm really happy how it came out. Luckily in the studio, with this album, it's like a playground. We get to go in there and put stuff on it we never would have been able to do by ourselves. It's all sorts of crazy stuff. There's a vibraphone...

CA:... and great percussion sets...

JA: It really brings it to life.

MH: And, it looks like you guys got some help on the LP. You've got some guests on there from Gov't Mule, G Love and Tony Miceli.

CA: Yeah, that was an especially cool experience. Imagine working with your professional hero. It was pretty amazing.

MH: I see you're taking a break from shows until July now, am I right? So, what are you up to know?

JA: We're focused on radio right now.

CA: A lot of radio shows and things like that. We're also in the process of writing another album. I think we're going to do maybe an acoustic "Edges," and head right back to the studio for, uh... I don't know what it's going to be called, yet. But, it's going to be a full-length album.

JA: Yeah, so right now, we're really doing the radio. We recently just added a couple of shows in late June with Delta Rae... I want to go out with them and see how we fit in with those guys, because that would be cool. And, then in August we'll go out and play again. But, right



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now it's a lot of radio and press stuff, which is also fun in a different way, but it's always fun to go out and just rock.

MH: Yeah, I guess it's kinda the necessary evil to go out and promote yourselves, and what not, right? Going back to last year, do you have any highlights? Last I spoke with you were just coming off from playing at Mountain Jam. Anything happen since then that you can share that encompasses what your year has been like?

JA: That's still a huge highlight. We did get down to Texas for South by Southwest.

CA: And, in January we did a cross country tour that started in New York City and ended up in L.A., where we played the Viper Room. We actually had a headlining act at the Viper Room. The whole thing was just surreal. It was amazing.

JA: It was cool that we got to drive across the country. It was always something that I wanted to do. That was definitely a highlight, but about 20 hours in we were like, 'Maybe we should have bought a plane ticket.' But, you know, it's cool to see how big a country we have, and get there and do a show at the end of it.

CA: It's also about being able to play shows along the way, instead of taking a plane.

MH: South by Southwest is in Austin, and is one of the biggest music festivals in the country. That's a feather in your cap, to be able to play there.

JA: It was huge, and it was such a cool feel. We walked around Austin (known as the Live Music Capital of the World) and we've never been there. It was our first time. So, we were just trying to soak everything in. There's a million bands in every single bar. Every single storefront, every single restaurant had bands. Some places had multiple bands. So, you're just walking down the street and it's like [hearing] a mixtape that just keeps shuffling. All these crazy bands with all kinds of different music. Which was so cool for us, because we could just walk into anywhere and see an amazing show.

MH: That's cool. Going into this interview, I was thinking of questions I wanted to ask differently from

last we spoke. And, one thing that popped into my head was how you guys speak with me — it's just a natural conversation. I was thinking to myself while listening to your LP, you sound so differently, and naturally so, because you're not going to speak to me like you're singing at a show...

JA: [Laughs...]

MH: ... Now, I can only draw from my own experience through other things. There's got to be a switch you turn on and off when both of you go to perform. What is that like? Can you describe that to someone who like me, has never been on stage?

CA: [Pause...] That's a good question.



JA: It's the weirdest thing. It's the weirdest transition in my head. I feel like every show starts with me being nervous because I'm a nervous wreck. I just get nervous performing before hand, and then all of a sudden, I walk on stage and something kind of clicks. And, it's like, 'Okay, I'm not nervous anymore. I'm up here. I'm going to do what I came here to do.' It's like our alter ego. Off stage, we're us. On stage, I think we're us, but we're like an amplified version of us. It's like someone I wouldn't be able to be, otherwise.

MH: That makes total sense. What about you, Chris?

CA: So, I actually, when I get nervous before shows,

I just get really tired. Like, I start yawning, and go to sit down, and feel like I'm going to fall asleep. And, then I get up on the stage and... Usually we start out with "Cinderella" right now, and we all know that song so well, it's like second nature. Honestly, there's something about hearing everything from the stage. It just pounds through you. The entire show is just kind of a blur. When we come off stage and I'm like, 'What? Where did all the time go?' I usually don't remember half the show.

JA: I'll say, 'Chris, I really liked that thing you did there in the second solo,' and he'll be like, 'Cool. I don't remember what I did at all!' [Laughs...]

CA: I don't remember playing that, but, okay! It's just a major stress outlet. It's really freeing, I guess. That's the best way to explain it.

MH: That sounds exactly how I imagine it being. I was speaking to another performer, and he was saying how he was very much into the energy of things. And, he would feed off the energy of the crowd. I'm not sure if that's something you are in tune with when you're on stage, or if that's something you disconnect yourselves from.

JA: I think it's a little bit of both.

CA: Yeah. Obviously, if it's a huge crowd, it's easy to feed off of it. When people are standing, and cheering and dancing, it's hard not to get really amped up. But, then on the other side of the coin, you have to be able to bring out that energy from within. Without feeding off the crowd. If there's a crowd there, I generally try to do my best. Feed energy off of it. Otherwise, I just get up there and rock out.

JA: A crowd that's into it just makes it all effortless. Instead of going from normal — zero to 60 [mph] — and the room is already at a solid 45 [mph], you only have to kick that up a couple of notches as opposed to a long ways energy-wise. We played a ton of shows at high school where our parents were there, and that was it. Now, when we play for big crowds, that's easy. It's so fun.

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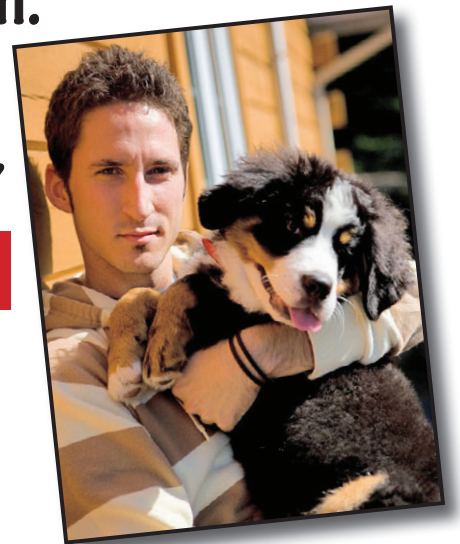
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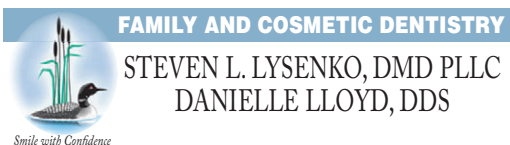


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From page B6 ... Get out and play

Allison Fry, age 20

Level: Doesn't Play

Let me preface this by saying I have nothing against playing PokemonGo. It does, in theory, seem like a fun game, and I can completely understand how it became such a phenomenon overnight.

That being said, I still refuse to download it.

Maybe it's the counterculture spirit in me that was awakened when I first listened to Bob Dylan, but after a few weeks of immense popularity I still refuse to get on board.

Honestly, rather than disliking the game, I find it absolutely adorable and heartwarming to see people of all different ages and backgrounds brought together by something as simple as an app. There's a certain joy to seeing people wander around the park asking each other where the next Pokestop is and gushing

over what level they've reached, and as I was hanging out in Washington Park the other night even I knew where to find a Pokemon, just by seeing where everyone walking with their faces buried in their phones would pause.

Normally when I'm just sitting somewhere I'll have my phone in hand, browsing Twitter and whatnot, but for some reason that night I found myself putting my phone away, just so no one would think that I too was playing this game that has taken the country by storm.

Why, you might ask, would I not want to be associated with this game that is now probably beating out baseball for our nation's favorite passtime? I honestly have no idea, but I have no intentions of letting any stubbornness go for this one.

Michael Hallisey, age 43

Level: 5

Seeing how the rest of the world has taken to this game, I am not embarrassed to say that I play — occasionally.

The game placates to everyone's natural curiosity to find something, like a scavenger hunt. Pledging a fraternity at SUNY Plattsburgh, scavenger hunts ultimately led to being kidnapped by a local sorority, another type of fun entirely, but that's not Pokemon.

The hyper-popularity of the game led me to download the app. And, of course the game tugs at the nostalgic strings of my heart, but now allows me to bond a little bit with my growing children. Where I remember getting Pokemon figures from McDonalds in the '90s, my kids grew up playing the card game. So, when one of the creatures pops up on screen, it beats the hell out of me what it is I'm looking at, but my son is able to identify it right away.

People watching has become a little more entertaining since

the game was released two weeks ago. It is fun to see people walking around outside, and you can distinguish game players from those fishing through Facebook or texts. They're the ones slowly walking, abruptly stopping, swiveling around and spontaneously smiling.

I see more adults than kids playing. And, oddly enough, strangers appear to be bonding over the game.

"You're playing Pokemon, aren't you?"

"Oh, yeah! We just took the gym!"

Say what you want against the game, but it does exactly what all games should do, and that is stimulate some form of social interaction.

Just avoid the stampedes or walking into traffic.

Rob Jonas, age 40's

Level: Doesn't Play

People had plenty of distractions on their cell phones before Pokemon Go came around, but now I fear this app is going to get someone either

killed or seriously injured — all in the name of capturing a fictional, animated character for a game.

It's already turning people who have the app into mindless creatures running around trying to catch Pikachus and Bulbasaur (yes, I know what they are). Unfortunately, I expect it's only a matter of time before one of them tries to run across the street to catch one and gets hit by an oncoming car.

I've already caught glimpses of people playing the game on their phones. Their eyes are glued to their screens instead of their surroundings. Yes, they will work together to try and catch these elusive critters, and they are getting out of their homes and into the world. But still, it's easy to imagine a scenario where a bunch of people run towards one spot to catch a rare Pokemon and don't look before crossing a busy roadway.

My hope is that people playing Pokemon Go will at least be careful enough to look at their surroundings before moving towards their character. Nobody should get injured or killed while playing a phone app.



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ALBANY — Rain postponed it from happening earlier in the year, and a few drops came down on Saturday, but not enough to put a damper for those attending Art on Lark. Art and food was spread throughout the length of the block party, and live music book ended it all.

Photos by Michael Hallisey/TheSpot518



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7	6	3	4	1	5	9	2	8
5	4	7	1	3	6	8	9	2
8	3	9	5	2	7	4	1	6
1	2	6	8	4	9	7	3	5
4	1	5	6	8	3	2	7	9
3	9	8	2	7	1	6	5	4
6	7	2	9	5	4	1	8	3

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1	Z	A	P	4	S	O	A	R	8	S	T	A	L	12				
13	S	E	T	A	14	P	A	G	E	15	C	A	N	O	E			
16	U	N	T	R	E	A	T	E	D	18	I	N	A	N	E			
19	M	I	L	E	R	20	E	A	G	L	E							
21	A	T	E		22	A	C	T		25	A	N	T		27			
28	C	H	E	E	T	A	H		30	S	K	I		31	G	O	O	
					32	F	O	R	E	N	S	I	C		34	U	L	T
35	W	A	T	T		38	B	R	A	U	N		39	R	E	F	S	
40	E	N	E		41	C	O	M	P	A	D		42	R	E			
43	I	S	M		44	A	L	A		45	G	L	U	T	O	N		
49	R	E	P		50	P	O	L		51	E	E	L		52	R	U	E
					53	R	E	T	R	Y			55	E	L	I	T	E
57	R	I	S	H	I		58	H	Y	D	E	R	A	B	A	D		
62	A	N	T	I	C		63	R	O	U	E		64	M	A	G	S	
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Comedian Kevin Brown, known as Dotcom on the hit television show "30 Rock," is no stranger to film festivals.

Submitted photo

ARTS

Dotcom migrates to film fests

By ALLISON FRY
frya@spotlightnews.com

ALBANY — A few weeks ago we wrote about the first ever New York State International Film Festival, which took place right here in Albany at the Madison Theatre. Over the course of its seven days of film, which featured creations from both local and international artists, the event premiered numerous works that were followed by thoughtful discussions and celebrations.

Last Wednesday's comedy night, the event was lucky enough to have comedian Kevin Brown, who you may know as Dotcom from the NBC television show "30 Rock," as a special guest and ultimate host (he took on the duty shortly into the night upon realizing that giving a microphone to those who are used to being behind the camera doesn't always produce the smoothest discussion).

Delighted to be there supporting a film he stars in that was created almost exclusively by film students eager to gain experience in any way, Brown took a moment to speak with us about his own experiences in the film industry.

"I love film festivals, I sort of migrated to them. I've hosted the Long Island Film

Festival, every year for the last couple years," said Brown, who professed his love for working with filmmakers who are just starting out and haven't been too tormented by the industry yet. "They enjoy having me around, you know they're familiar with my work, but they have no idea how much I enjoy being around them and how regenerative it is."

The comedian also spoke about his recently found enjoyment for teaching film students, and shared his wisest words for anyone starting a career in filmmaking. "As an artist, your most valuable asset is your spirit, and you must protect your spirit by any means necessary." Noting that you should shield your art from anyone that is trying to bring you down, he continued, "If you have family that's not supportive of you then you just don't discuss it with them. You can't get rid of your family, but you don't have to involve them in the inner circles of your process."

Brown seems to aim his focus at making youth less terrified about following their dreams. "You've got to keep remember why you started," he said.

You can learn more about the films featured at last week's film festival online at NYSIFF.com.

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