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NEWS Police action

A summary of activity from local law enforcement agencies

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Learning to coexist

Multi-faith coalition of local religious leaders to provide guidance to the county's leaders

Story on Page 3



TOP STORY

Making connections

Proposed roadway pits residents, developers against town officials

By **ALI HIBBS**
hibbsa@spotlightnews.com

BETHLEHEM — At the town planning board's bi-monthly meeting on Tuesday, July 19, the majority of the three-hour meeting was devoted to discussing a roadway which would connect Fieldstone Drive with Elm Avenue through a proposed subdivision at Elm and Shanks Place. In an unusual twist, the developer sided with residents, requesting that the board approve a pedestrian walkway to connect Fieldstone with the new, neighboring subdivision—an apparent compromise that came out of a series of meetings with residents concerned about increased traffic in their neighborhood.

Town of Bethlehem officials, however, seemed intent on adhering strictly to its Town Comprehensive Plan, which, they said, calls for an eventual vehicular road connection at that end of Fieldstone Drive. Ken Kovalchik, a senior planner with the town's department of economic development and planning (EDP), said that, at the time that the Fieldstone Creek area was

Continues on page 15

◀ The Fieldstone Drive neighborhood is facing an end to its tranquil days with a proposed road that will bridge Murray and Elm avenues.

Photo by Michael Hallisey/Spotlight

ENTERTAINMENT



The world of Howard Plum

Local television, Internet personality weighs in on "Smallbany"

Story on Page B1

SPORTS



Starry night

East beat West in annual PGCBL All-Star Game

Story on Page 7



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■ COPS, COURTS AND EMERGENCY CALLS

Albany woman arrested for DWI



Holloway

GUILDERLAND — On Friday, July 15, at approximately 10:43 p.m., state police arrested Verdell R. Holloway, 32, of Albany, after pulling her vehicle over on I-90 for a traffic violation. Troopers reportedly found her to be intoxicated while traveling with her 7-year-old child. Holloway was taken into custody, transported, and processed at the Albany State Police station, where her blood alcohol content was reportedly determined to be 0.13 percent. She was subsequently charged with driving while intoxicated with a child in the vehicle, a class E felony; endangering the welfare of a child, a class A misdemeanor; and “numerous” vehicle and traffic violations.

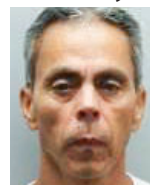
Holloway was released on appearance tickets and turned over to a sober third party, while her child was reportedly turned over to a responsible party. Holloway is scheduled to appear in Town of Guilderland Court on Wednesday, July 28, at 5:30 p.m.

Traffic stop leads to DWI arrest

GUILDERLAND — State troopers initially stopped Hector Colon-Rodriguez during the early morning hours of Saturday, July 16, for a traffic infraction on Western Avenue in the Town of Guilderland. While being interviewed, Colon-Rodriguez allegedly displayed signs of After troopers administered standardized field sobriety tests, he was arrested for DWI and taken to New Scotland station for arrest processing, where he was reportedly determined to have a .10 percent blood alcohol concentration.

Colon-Rodriguez was charged with misdemeanor DWI and released on tickets. He is due to appear in the Town of Guilderland Court on July 28.

Albany man charged with drug possession



Negron

BETHLEHEM — On Sunday, July 17, at approximately 5:25 p.m., state police stopped Richard Negron, 52, of Albany, on I-87 for multiple traffic violations. Negron was found to be in possession of both heroin and marijuana. He was taken into custody, transported, and processed at the Albany State Police station, where he was subsequently charged with second-degree criminal possession of a controlled substance, a class A felony; third-degree criminal possession of a controlled substance with intent to sell, a class B felony; unlawful possession of marijuana; and “numerous” vehicle and traffic violations.

He was arraigned before the Town of Bethlehem Court and remanded to the Albany County Correctional Facility without bail.

Bethlehem, Guilderland police announce National Night Out events

This year's annual National Night Out, a nationwide event aimed at improving relationships between police officers and the communities they serve will take place on August 2.

Neighbors will participate across thousands of communities from all 50 states, United States territories, Canadian cities, and military bases worldwide. In 2015, 38.3 million people participated in NNO events.

“There were incidents during the year leading up to NNO that did not portray local law enforcement very favorably,” Matt Peskin, NNO's national project coordinator, said last year. “We could sense that communities were using National Night Out as a way to highlight the job local law enforcement is doing and how powerful their partnership is with local police.”

Throughout the nation, along with the traditional ‘lights on’ and front porch vigils, there will be tens of thousands of block parties, cookouts, parades, potlucks, ice cream socials, neighborhood visits by local police, flashlight walks, safety fairs, poster contests, festivals and other events and activities for communities to enjoy alongside their local law enforcement officers.

Community members will have a chance to meet and socialize and ask questions of those who “serve and protect” their neighborhoods.

Bethlehem Police Department will host its NNO event at Elm Avenue Park in Bethlehem, while the Guilderland Police Department will host theirs at Tawasentha Park in Altamont. Details are as follows:



★ Elm Avenue Town Park ★	★ Tawasentha Park ★
7 - 9 p.m.	6 - 9 p.m.
Free Pool Admission	Free Ice Cream
Crime Prevention and Personal Safety Information	GPD Explorer Post, Crime Prevention and Traffic Safety
Fire & EMS Truck Displays	K9 Rocky
Bounce House	Bounce House
Inflatable Obstacle Course	Pony Rides & Petting Zoo
Music by KISS 102.3 FM	Live Music by The Refrigerators and Grand Central Station

■ COUNTY GOVERNMENT

Learning to coexist

Multi-faith coalition of local religious leaders to provide guidance to the county's political leaders

By **ALI HIBBS**
hibbsa@spotlightnews.com

ALBANY — On the morning of Thursday, July 21, Albany County Executive Dan McCoy announced the formation of an interfaith coalition “to help deepen understanding of diversity in race, culture and religion in the region as well as its relationship with community policy and police enforcement.”

“Recently, many tragedies have occurred across our nation,” said McCoy, standing in First Lutheran Church in Albany, backed by leaders from a variety of faiths who have agreed to serve on the coalition. “And, while Albany County is an extremely diverse county, we still struggle with some of these issues.” Mentioning the incident last month in which someone set fire to the pride flag hanging in front of the adjacent Damien Center, a haven for individuals who have been diagnosed with HIV and AIDS, he said, “Our community reacted and we came together and it was great to see everyone come together and stand in solidarity with everyone. But, we shouldn’t have to react to situations like that; we’re a better community than that.”

McCoy named Deb Riitano, executive director of the Capital Area Council of Churches, to chair the coalition. Other members and their affiliations are listed above. More are expected to be added.

“The United States military recognizes over 5,000 religious beliefs,” said McCoy. “Over 5,000. We’re a nation that tolerates different beliefs, different colors, different races—we all come together. We are a county of immigrants; people seem to forget that,



Deb Riitano speaks during the press conference in which Albany County Executive Dan McCoy introduced the members of the county's interfaith coalition. Riitano will serve as the coalition's chairperson.

Ali Hibbs/Spotlight

especially during this debate for president coming up. People are arguing about immigration and refugees—but, have they forgotten what this country was based on?”

“5,000 religions,” exclaimed Riitano, after she was introduced by McCoy. “We’re going to need a bigger church!” After extolling the work the county executive has done to help many of the most underprivileged and marginalized segments of the county’s population, she invoked the Orlando shootings and called the ensuing weeks “a month that would become a kaleidoscope of grief.”

“The scars of hate and bigotry can be found throughout our country,” she said. “And in our community, as well. . . . We have a very large and very vibrant faith-based county. As we continue to see the spread of racism and islamophobia, the County of Albany will now have an official interfaith response team to ensure that the misinformation that is rooted in fear will be addressed. This new coalition will be part of the solution.”

“The Muslim community is involved in interfaith because we care about each other,” said Imam Sebkhauoui, of Al-Hidaya Center. “Because we have common values that we have to cherish and protect. The Quran says, ‘Help you one another in virtue, righteousness and piety but do not help one another in sin and transgression.’ We are involved in faith because we need to know one another. Ignorance is not bliss.”

“In the Capital Region, the Hindu community has an ongoing history of cooperation, respect and being part of interfaith discussions and educational panels,” said Balasubramanian, known internationally as Bala. “Such dialogue is more important now than ever.”

“In these troubled times, an interfaith group that works with our elected leaders to facilitate communication across Albany’s diverse communities is a welcome body,” said Rabbi Magidson. “We hope that our presence strengthens understanding and trust at the highest levels.”

Inter-faith Coalition Members and Affiliation(s)

- | | |
|--------------------------|---|
| Rev. Chris DeGiovin | St. Matthew’s Church |
| Rev. Charles Daniel | Mount Calvary Baptist |
| Rev. James Kane | St. Patrick’s Church |
| Rev. Tony Green | Pastoral Care Director at Ellis Hospital |
| Rabbi Beverly Magidson | Jewish Federation of Northeastern New York |
| Rabbi David Eligberg | Temple Israel |
| Rabbi Moshe Bomzer | Vaad HaKashruth |
| Imam Djafer Sebkhauoui | Al Hidaya Center |
| Imam Abdulkadir Elmi | Masjid As-Salam |
| Imam Abdul Rahman Yaki | Islamic Research and Humanitarian Services Center; Dept. of Correctional Services |
| Ven. Monshin Paul Naamon | Karuna Tendai Dharma Center; Tendai Buddhist Community; Religions for Peace Executive Council |
| Bala K. Balasubramanian | Commonwealth of Learning |
| Rev. Damone Johnson | Metropolitan New Testament Mission Baptist |

The coalition’s first task will be a community forum, planned for Monday, August 15, moderated by Rex Smith, editor at the Times Union, and will feature community leaders discussing the recent violent events and the tension they have caused within our community. Panelists will include: Dr. Alice Green, executive director of the Center for Law and Justice; Aaron Mair, national president, Sierra Club; Deb Riitano; former Colonie Police Chief Steve Heider; Perry Junjulas, executive director of the Albany Damien Center; and Roman Catholic Diocese of Albany Bishop Emeritus Howard Hubbard.

“We need to have a realistic

conversation about these underlying issues. This forum won’t just be two hours of discussion. We will work on solutions and develop a road map that we can use to effect change,” said McCoy, who invited any organization who would like to be a part of the discussion to reach out to his office or to Riitano. “We need to recognize what we are doing right, what we may need to do differently, and what we can do in the future to improve.”

“Shockingly,” he said to laughter, “I’ll be in the audience listening. Because, as leaders, that’s what we need to do. We need to take a step back and hear from the people we represent.”

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COMMUNITY

Tyler Witazek demonstrates skills at MLB's Pitch, Hit & Run finals

By **ROB JONAS**
jonasr@spotlightnews.com

SLINGERLANDS — Tyler Witazek got to live a dream so many others before him never had: to play on a Major League Baseball field. Twice.

Witazek, an 8-year-old who plays for Guilderland Little League, participated in the national finals of MLB's Pitch, Hit & Run Competition during last week's All-Star Break festivities at San Diego's Petco Park. That came on the heels of winning a regional competition at Yankee Stadium last month.

"It was very exciting," said Tyler, who will be entering third grade this fall. "When I got on the field, I thought I was going to throw up."

It was also exciting for his family, who made the cross-country trip to see Tyler play on the same field as Major League all-stars such as David Ortiz, Kris Bryant and Jose Fernandez.

"It was very exciting and kind of nerve wracking," said Tyler's father, Joe Witazek. "In many ways, it was hard to believe just being there. He didn't seem very nervous, but we were."

Competing against two other young ballplayers, Tyler had the longest distance in the hitting competition and had one of the fastest times running the bases. The lone setback was in pitching, where he finished third in his age group — which is where he finished overall, as well.

"I did great on the hitting," said Tyler. "I hit the ball maybe 150 feet."

Joe said Tyler was disappointed by his performance, but he helped put things in perspective for his son.

"I told him to look at his surroundings. There were 42,000 people in the stands, and I told him that he was

better than most of the kids there," said Joe. "That revived him a bit."

Tyler's Major League adventures didn't end with the Pitch, Hit and Run Competition. He and his family watched the Home Run Derby and the All-Star Game, he tried the different activities at Fan Fest and he received an autographed baseball from Hall of Fame reliever Rollie Fingers.

To cap off the trip, the Witazeks also went to the San Diego Zoo and Sea World, where Tyler got an up-close view of the orca whales during their show.

Now that Tyler has returned from the West Coast, he is focused on the next round of games for Guilderland Little League's 8-and-under travel team, as well as basketball camp.

"Believe it or not, his favorite sport is basketball," said Joe. "His favorite player is Steph Curry (of the Golden State Warriors)."

However, Tyler said baseball has caught up to basketball on his list, thanks to his experience in San Diego.




Tyler Witazek, 8, has played on a Major League Baseball field twice, but says he enjoys playing basketball just as much, despite his already impressive baseball career.

Submitted photo

"I keep thinking I like basketball a little more, but I actually like them both the same," said Tyler.


And, Tyler wants another crack at the Pitch, Hit and Run Competition, which is for ballplayers ages 7-14.

"Next year is Miami, so I'm hoping to get there," said Tyler.



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All is clear

Fire trucks gathered at Bethlehem Central Middle School on July 14 due to an alarm that went off after a brief thunder storm.

Photo by Michael Hallisey/Spotlight



Delmar man wins 10 grand

Dan Morin of Delmar, left, was one of the CAP COM's 2016 Spring BIG Benefit Raffle winners. Morin won the largest sum of money, which was \$10,000.

Photo by Thomas Hefferman, Sr.

■ CAPITAL DISTRICT BUSINESS

Landmark makes house calls

By **ALLISON FRY**
frya@spotlightnews.com

LATHAM— Landmark Health is teaming up with BlueShield of Northeastern NY and CDPHP to bring house-calls back to patients in the Capital District through their office in Latham. Providing home-based medical care to those with multiple chronic conditions that can make it difficult to leave the house, their ever-growing staff seeks to provide comprehensive, 24/7 care to meet all of their patients' needs.

Dr. Michael Le, co-founder and chief medical officer for the company, spoke with *Spotlight News* about the inspiration for bringing home visits back, and how they will benefit their patients.

Having been exposed to the healthcare system from a young age, "I actually watched my dad do house-calls in a small town in Massachusetts," said Le, who then noticed a shift when

he became a doctor and saw how office-based the practice had become. "You would see these patients in the hospital, they looked very good in the office but for some reason they kept coming in and out. I went to these patients' homes and it was really eye-opening, because the same patient that looked good in the office, at home there was no place to hide [their symptoms]. You see how they're really living and the lack of social support and everything around them. You started to see the root cause of why they couldn't stay out of the hospital."

Le noted that not all of their patients are strictly home-bound, but many are frail and it isn't easy for them to travel all the way to their doctor's office for a quick 15-minute visit. With these house visits they're able to bring doctors, physician's assistants, pharmacists, technicians, social workers, and more to the patient's home in order to ensure they have access to every aspect of care they need.

Landmark's services aren't exclusively based around physical health, as Le stressed the importance of having a strong social network in order to maintain physical health. "Social and behavioral challenges are often under-diagnosed and underrated. We have our own social workers because patients might not have the resources for food or medications or rent," said Le, "We can arrange for Meals on Wheels or assistance with payments on medication."

With these home visits, there's a large focus on proactive care. According to Le, they have specialists who can come and screen for several conditions, do x-rays and ultrasounds, as well as those that can do minor procedures, "A lot of stuff that can be done in an emergency room or urgent care, we can bring to the home."

With longer visits that start at an hour and a half, these house visits aren't looking to replace a primary care physician, but rather

add to the the greater picture. "We're additive to the existing system," says Le, "Our expertise is going into the home and seeing all this valuable information that most don't see and communicating that back with the primary care or the specialist."

"So now, we have the most comprehensive picture."

Since implementing this system in other markets across the country, they've noticed great successes in their patients' well being. "We've done over 45,000 home visits and we are seeing impacts in terms of lower hospitalization rates," says Le, "when we look at our populations, we see about a 20 percent reduction in mortality rates."

With better quality of life being the goal for their patients, Landmark Health seeks to revolutionize the healthcare system. For more information, and to see if you qualify for their program, visit LandmarkHealth.org or call their Latham office at 348-3176.



Last year's Hall of Fame inductee, Wallace Campbell. Submitted photo

LOOKING FOR HEROES TrustCo accepting nominees for Hometown Heroes Hall of Fame

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Story on Page B23

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On your mark, get set ... rhyme

Richie Phillips, veteran local radio personality and former co-host of "Sean and Richie" on WGNA, is bringing his kid-friendly "Rhyming with Richie" songwriting program to Bethlehem Public Library on Thursday, July 28, at 2:30 p.m.

The ultimate goal of this fast-paced program is to use collaboration and teamwork to come up with an original musical jingle based on the library's Summer Reading theme — "On Your Mark, Get Set ... READ." Smaller groups will brainstorm ideas before coming together to create a finished song to be recorded and shared. The program is free and suitable for kids and families.

Phillips, whose school rhyming programs have been around for more than 20 years, has received numerous awards, including those from the Academy for Character Education at Sage Colleges and the School Administrators Association of New York. He has also received two New York State Broadcasters Awards. He retired in January 2016 after 27 years on morning radio and is now focusing his talents on expanding his songwriting and character-building



programs for young people.

For more information, call 439-9314 or visit www.bethlehempubliclibrary.org.

More Flipster to flip through

Our patrons are loving the library's new digital magazine service Flipster, and now there's even more to love. We have nearly tripled the collection to include dozens of additional titles, such as Bon Appetit, Dwell, Popular Mechanics, Vanity Fair and many more. See the complete list by clicking through the Flipster icon on our website.

Since its launch earlier this summer, Flipster has seen robust use, and many people have remarked on its user-friendly interface that allows readers the option of downloading a title or just flipping through it in a browser. Another bonus is the ability to track down back issues and easily print pages — a big plus for fans of McCall's Quilting, Popular Woodworking and other magazines for hobbyists that include patterns and project plans. Also a plus, the number

of simultaneous users for any given title means potential readers aren't likely to get turned away.

You can easily browse and view magazines through the Flipster link on our website, or select the "Open in App" option to download magazines to a free, easy-to-install app, where they can be read and managed offline. You will need a Bethlehem library card to download titles or view them in an off-site browser. If you're in the library, you won't need to sign in at all.

And just so our digital-magazine-loving patrons have plenty of options, Bethlehem cardholders still have access to the UHLS shared digital magazine catalog through Overdrive.

August Evenings on the Green

Our Evenings on the Green concert series continues into August with a performance Wednesday, Aug. 3, by Toss the Feathers. The band, which plays traditional Irish tunes, features Amy Schoch on fiddle and vocals; Dave Smith on banjo, bouzouki, mandolin and vocals; and Liam O'Neill on uilleann pipes, whistle and vocals.

The final performance of the series, on Aug. 10, promises to be equally

exciting. Andy the Music Man is closing out the season with an energetic and interactive family-friendly performance. Stop by a little early and enjoy an ice cream social and membership drive at 6:30 p.m. sponsored by our Friends of the Library.

Evenings on the Green concerts are always free, appropriate for all ages, and they take place every Wednesday in July at 7 p.m.

Upcoming events

All events are free and take place at Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 439-9314 or visit bethlehempubliclibrary.org.

Friday, July 29

Story Walk at the Park

Meet at Elm Avenue Park to hear some stories and take a walk to exercise your mind and body. Gather under the trees at the head of the Fit Trail and wear appropriate footwear, 10 a.m. For kids and families.

Coffee & Cinema:

Encounters at the End of the World

Travel the world through film in the comfort of the library's Community Room. Coffee, tea, and light refreshments



The humble potato was the star of the show at Bethlehem library's "Spudtastic" program on Monday, July 18. A blank canvas got a potato print makeover, while other participants competed in potato sack races or cast their votes in a chip-tasting contest.

Kristen Roberts

will be available, 10 a.m.

Summer Cinema: Kung Fu Panda 3

Bring a blanket or pillow; the library will provide the popcorn, 2:30 p.m. For children and families.

Monday, Aug. 1

Tabletop Gaming and Coloring

We provide chess boards, coloring and a variety of games, or bring

your own favorites. Snacks will be served! 6:30 to 8:30 p.m.

Wednesday, Aug. 3

Paper Circuits & Pop-Up Cards

Make cool illuminated pop-up cards with easy electrical circuits using LED lights and copper tape, 2:30 p.m. For grades 6-12.

— Kristen Roberts

NEIGHBORHOOD NEWS

Bethlehem Grange Giant Rummage Sale

BETHLEHEM — The annual Fall Giant Rummage Sale will be held at the Bethlehem Grange No. 137, located at 24 Bridge St. in Selkirk, from 9 a.m. to 4 p.m. on Sept. 9 and 10, and again the following weekend, Sept. 16 and 17.

Both indoors and outdoors, the sale boasts a large selection where

you're likely to find just about anything you may need.

Donations will be accepted after Aug. 25, and the Grange will take items including furniture, crafts, tools, books, music, decorative items, glassware, linens, toys and more — with the exception of TVs and tires.

The proceeds from this year's sale are going towards replacing the Grange building's roof, which over the years has been patched

up too many times, and is now leaking and causing damage to other parts of the building.

To arrange for delivery or pickup, contact Caroline Wirth at 424-4953 or Carol Carpenter at 421-1384.

New members are welcome to join the Bethlehem Grange. Meetings are held the fourth Tuesday of each month. For more information, call Caroline Wirth at 424-4953.

Onesquethaw hosts chicken barbecue

BETHLEHEM — The Onesquethaw Fish and Game Club, 2032 Tarrytown Road in Feura Bush, is hosting a chicken barbecue Saturday, Aug. 6, from 1 p.m. until all meals are sold out.

Meals include 1/2 chicken, baked potato, cole slaw and a roll for \$10. All meals are take out only.

For more information, call 526-8721.

Herb gardening with the Shakers

VOORHEESVILLE — Learn about the Shaker influence on herb gardening at the first Cornell Cooperative Extension "Talks in the Garden" Wednesday, July 27, at 6:30 p.m. at its headquarters, 24 Martin Road. The cost is \$5.

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Spotlight on Sports

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■ VALLEYCATS PLAYER OF THE WEEK



CHUCKIE ROBINSON

Catcher Randy Cesar is The Spotlight Tri-City ValleyCats Player of the Week for the period ending Sunday, July 24. Robinson ran his hitting streak to 11 games by belting six hits in his four appearances last week, including a pair of two-hit evenings.

■ INSIDE



Moving on

The Tri-Village Little League 9/10 All-Stars won the Section 2 South Region championships to advance to this week's New York State Tournament in Guilderland.

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■ PERFECT GAME COLLEGIATE BASEBALL LEAGUE



Clockwise from top: Albany's Evan Giles throws the first pitch of the PGCBL All-Star Game; Jamestown's Ben Brookover makes contact in the Home Run Derby; and fans watch from the fence.

Rob Jonas/Spotlight



Starry night

East beats West in annual
PGCBL All-Star Game

ALBANY — Mohonasen High School graduate Robbie Knights had two hits, including a two-run homer, to lead the East All-Stars to a 9-1 victory over the West All-Stars in the Perfect Game Collegiate Baseball League's All-Star Game at Bob Bellizzi Field.

Knights received the game's Most Valuable Player award, while his Glens Falls Dragons teammate, Chris Kwitzer, won the Home Run Derby.

— Rob Jonas

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All-Star fun
 Clockwise from top left: East All-Star catcher Joe Genord stands with two “Baseball Buddies” during the National Anthem prior to the start of the Perfect Game Collegiate Baseball League All-Star contest at Bob Bellizzi Field; a young fan gets his commemorative T-shirt signed by a player; young players shag a ball during the Home Run Derby; and players from the East All-Stars enjoy a moment in the dugout.

Photos by Rob Jonas/Spotlight



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LITTLE LEAGUE



Next stop: Guilderland

Tri-Village Little League's 9/10 year-old All-Star team are playing in this week's New York State Championships at Guilderland's Keenholts Park. Tri-Village qualified by winning both the District 13-14 and the Section 2 South Regional championships with a combined record of 13-1. The Bethlehem-based squad defeated Guilderland for the district title and Saugerties for the section championship. Players on Tri-Village's roster are, from left, CJ Franchini, Danny Battista, Willem Kotary, Jack Vagianelis, Brian Carrothers Jr., Jack Lanzoni, Drew Kindlon, Jack Fuller, Kieran Kostanoski, George Abdo, Scott Sleurs, Mike Waldenmaier and Joe Monserrat. The team is coached by manager John Vagianelis and assistants Nick Abdo and Keith Kostanoski.

Submitted photo

■ COMMUNITY

Irish night for seniors

It's an Irish night on Aug. 3. We'll have dinner at O'Slattery's Restaurant, cost on your own, and then listen to Toss the Feathers Band on the lawn at the Bethlehem Public Library. Bring a lawn chair. Call 439-4955, ext. 1176, to make your reservation.

Join your friends at the free VFW chicken barbeque picnic at the Slingerlands Fire Pavilion on Thursday, Aug. 4. Reservations are a must. Call 439-4955, ext. 1176.

The farmers' markets are open. Transportation is available on Tuesdays to the market at the United Methodist Church in Delmar. Call 439-5770. A limited number of \$20 coupons may be available for those who are income eligible. Call 439-4955, ext. 1170, to add your name to the interest list.

Enjoy Coffee and Cinema at the Bethlehem Public Library at 10 a.m. On July 29, you will see the film "Encounters at the End



of the World." Call 439, 4955, ext. 1176, to arrange transportation.

Bethlehem Senior Projects, Inc. is sponsoring a Boscov's fundraiser. Purchase a \$5 shopping pass and receive a 25 percent discount on most purchases at Boscov's on Tuesday, Oct. 18. Passes may be purchased in advance at the Senior Services Office in Town Hall.

Senior Services is collecting school supplies for children in our local school districts. Bring locker stacks, markers, index cards, folders, calculators, back packs, paper, scissors, binders, notebooks, glue sticks, post-its, tissues, etc., to Senior Services at the Town Hall or to the Bethlehem YMCA. Donations can also be made with checks payable to

Bethlehem Senior Projects, Inc., School Supplies.

Senior Services is collecting school supplies for children in our local school districts. Bring locker stacks, markers, index cards, folders, calculators, back packs, paper, scissors, binders, notebooks, glue sticks, post-its, tissues, etc., to Senior Services at the Town Hall or to the Bethlehem YMCA. Donations can also be made with checks payable to Bethlehem Senior Projects, Inc., School Supplies.

Books to People is a free library program that delivers books to those who are unable to visit the library. Request books, magazines, DVD's, CD's and audiobooks. Call 439-9314, and press 2.

The Food Pantry is in need of soap, deodorant, toilet paper, mustard and canned fruit. Bring your items to the pantry at Town Hall. If you would like to access the food pantry, call 439-4955, ext. 1176, to make an appointment

The Senior Legal Services program, funded by Albany County Department for Aging, is available to Albany County residents who are age 60 or older. Call 462-6765 to make an appointment.

Federal funding (HEAP) is available for income eligible people who need assistance with home heating costs. Outreach workers are available to assist with counseling on HEAP, as well as health insurance, housing issues, food stamps and health and income related programs. Make an appointment by calling 439-4955, ext. 1176.

Bethlehem Senior Transportation Service provides rides to medical, dental, therapy and clinic appointments; grocery stores; and a variety of social and recreational programs. Come to the Senior Office in Town Hall for a copy of our newsletter, or visit the Senior Services website at www.townofbethlehem.org.

— Wilma DeLucco

Judo demonstration

On Saturday, July 30, at 10 a.m., world-class judoka Nick Kossor will provide participants in grades 4 through 8 with an introductory lesson to the sport of judo, so dress for action!

Kossor has won numerous championships and been ranked among the top 30 judoka in his weight class worldwide. He has 13 years of experience teaching judo to people of all ages and abilities.

Space is limited, so please register early.

Polymer clay minis

On Saturday, Aug. 6, at 2 p.m., participants in grades 6 and up will learn to shape a cute, realistic cupcake charm from polymer clay. While your creations bake, Miss Sternklar will share some



sources for more polymer clay inspiration. Please register.

Healthy Habits show

Children in grades kindergarten through 4 can join in on Monday, Aug. 8, at 2 p.m., as the fumbling, bumbling professor discusses healthy habits along with his hilarious puppet side-kicks, Percy the Penguin and Freddie the Frog. The show includes magic, juggling, interactive music and lots of audience participation.

The FOL used book store, Encore, will be open every Tuesday through Sept. 1 from 10 a.m. to 7:30 p.m. Encore is located in the front parking area at the library.

— Lynn Kobler

Friday movies

Convinced that Superman is now a threat to humanity, Batman embarks on a personal vendetta to end his reign on Earth. See this collision of super heroes in air-conditioned comfort when we screen "Batman vs. Superman" on the library's big screen on July 29 at 2 p.m.

See the hit movie "Zootopia" at the library on Friday, Aug. 5, at 2 p.m.

RCS COMMUNITY LIBRARY

This buddy cop comedy/mystery adventure is worth watching again and again.

Summer reading for all ages

Teens and adults are invited to enter our Rewarding Readers drawing

each time they read three books. Each Friday, the library draws the name of a teen and an adult winner.

Kids can get their Summer Reading Passport at the library and get rewarded each week, too. Earn four raffle tickets each week to enter in our end-of-the-summer prize drawing.

Stop by the Circulation Desk and sign up.

— Carol Melewski

■ IN BRIEF

BCHS Class of '80 reunion Aug. 6

BETHLEHEM — The Bethlehem Central High School Class of 1980 reunion takes place Saturday, Aug. 6, at 6:30 p.m. at The Hollow Bar + Kitchen, 79 North Pearl St. in Albany.

For more information or to make a reservation, call or text Lori at 518-441-7121.

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3 LBS OR MORE EX-LEAN BACON \$3⁹⁹ LB.	WHOLE PORK TENDERLOINS \$3⁹⁹ LB. <i>(Great for the Grill)</i>	OUR-OWN STORE COOKED TURKEY BREAST \$6⁹⁹ LB.
U.S.D.A. CHOICE & HIGHER WHOLE N.Y. STRIP LOINS \$9 ⁹⁹ LB. <small>15 Lbs. Avg. Weight</small> U.S.D.A. CHOICE & HIGHER WHOLE TENDERLOINS PEELED \$16 ⁹⁹ LB. <small>7 Lbs. Avg. Weight</small>		10 LBS. OR MORE GROUND CHUCK \$3 ¹⁹ LB. GROUND ROUND \$3 ⁹⁹ LB. GROUND SIRLOIN Extra Lean \$4 ²⁹ LB.

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LEGALS

LEGAL NOTICE

111 Dahlgren Place LLC. Filed 6/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124159

LEGAL NOTICE

14340 9W LLC, a domestic LLC, Articles of Organization filed with the SSNY on 6/29/2016. Office Location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 130 Main Street, Ravena, NY, 12143. General Purposes. Ad#125452

LEGAL NOTICE

19 Prospect Park SW LLC. Filed 5/3/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122366

LEGAL NOTICE

2321 Pitkin Ave LLC. Filed 4/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122399

LEGAL NOTICE

3524 JA LLC. Filed 3/22/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122394

LEGAL NOTICE

416 BBA, LLC. Filed 5/14/03 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#123431

LEGAL NOTICE

4402 Ave L Realty LLC. Filed 4/25/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122377

LEGAL NOTICE

47-16 45th Street, LLC. Filed 4/5/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122409

LEGAL NOTICE

5 Lower Hudson Avenue, LLC articles of organization filed with the

LEGALS

Secretary of State of NY [SSNY] on 7/8/16 with office located in Albany County at 65 Albany Ave., Green Island, NY 12183. SSNY has been designated as agent for the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. Ad#125210

LEGAL NOTICE

51-70 Manila Street LLC. Filed 4/18/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122398

LEGAL NOTICE

534 44th St LLC. Filed 3/29/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122397

LEGAL NOTICE

6621 18th Avenue LLC. Filed 5/24/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122370

LEGAL NOTICE

6623 18th Avenue LLC. Filed 5/24/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122374

LEGAL NOTICE

AAA Mechanical LLC. Filed 4/8/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122404

LEGAL NOTICE

AH Equities LLC. Filed 4/27/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122379

LEGAL NOTICE

Notice of Formation of ALBANY IMPROV LLC. Articles of Organization filed with Secy. Of State of NY (SSNY) on 06/10/16. Office location: Albany County. LLC formed in New York (NY) on 06/10/16. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to c/o Corporate

LEGALS

Filings of New York 90 State Str., Albany, NY 12207. Purpose: Any Lawful. Ad#122351

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: AMAJAM LLC. Articles of Org. filed with NY Secretary of State (NS) on 06/07/2016. Office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to NW Registered Agent LLC @ 90 state street, ste 700 office 40. Purpose: to engage in a any lawful act or activity. Ad#121647

LEGAL NOTICE

American Realty WK LLC. Filed 3/22/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122395

LEGAL NOTICE

Apollo Ingredients LLC. Filed 5/18/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122375

LEGAL NOTICE

AR Immobilier, LLC. Filed 6/1/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124161

LEGAL NOTICE

Art Domain Name LLC. Filed 5/18/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122376

LEGAL NOTICE

Awen Films LLC. Filed 6/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124152

LEGAL NOTICE

Bar Harbor Construction LLC. Filed 3/22/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122396

LEGAL NOTICE

Public Hearing Notice, TOWN OF BETHLEHEM, ALBANY COUNTY, NY. Notice is hereby

LEGALS

given that the Planning Board will conduct a Public Hearing as part of its regularly scheduled Board Meeting on Tuesday, 08/02/2016 at 6:00 p.m., at the Town Offices, 445 Delaware Ave., Delmar, NY regarding a Subdivision Application, submitted by Cardona Development, LLC, as shown on drawing entitled "Preliminary Plat, Bender Farms, 250 and 288 Bender Lane, Town of Bethlehem, Albany County, State of New York", dated 06/02/2015 and revised through 07/13/2016, prepared by Ingalls & Associates, LLP, 2603 Guilderland Ave., Schenectady, NY, 12036. Documentation related to the application can be viewed in the Planning Dept. at Town Hall, M-F, 8:30 a.m.- 4:30 p.m. Notice of Public Hearing will be mailed to property owners within 200' of the subject property. Said notice will also be published in the 07/27/2016 issue of the Spotlight Newspaper. All interested persons are invited to attend and be heard. Ad#125346

LEGAL NOTICE

Berben and Wolffs, LLC, a domestic LLC, filed with the SSNY on 03.04.16. Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 111 N Pine Ave., Albany NY, 12306. General purpose. Ad#125272

LEGAL NOTICE

Notice of Formation of Limited Liability Company Pursuant to Section 206 of the New York Limited Liability Law a. The name of the Limited Liability Company is BLC Strategic Advisors, LLC. b. The Articles of Organization were filed with the Secretary of State on June 29, 2016. c. The office of the Limited Liability Company will be located in Albany County. d. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The address to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her is: BLC Strategic Advisors, LLC c/o Barbara L. Cohn 14 Wicklow Terrace Delmar, New York 12054 e. The Limited Liability Company is formed for any lawful business purpose or purposes. Ad#123948

LEGAL NOTICE

Boomly LLC Filed 7/12/16 Office: Albany Co SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207

LEGAL NOTICE

Reg. Agent: USA Corporate Services Inc @ same address Purpose: all lawful Ad#125275

LEGALS

Reg. Agent: USA Corporate Services Inc @ same address Purpose: all lawful Ad#125275

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: BROADWAY 414 LLC. Articles of Organization filed with NY Secretary of State, June 6, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County, Secretary of State is agent for process against LLC and shall mail copy to Thomas Kennedy, 60 North Helderberg Parkway, Slingerlands, NY 12159. Ad#125335

LEGAL NOTICE

Bronco Real Estate, LLC. Filed 5/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122363

LEGAL NOTICE

BROOKLYN HOT WHEELS, LLC. Art. of Org. filed with the SSNY on 07/01/16. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1735 Norman Street, Apt. 1R, Queens, NY, 11385. Purpose: Any lawful purpose. Ad#124013

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: BuddyLyn LLC. Articles of Organization filed with NY Secretary of State, May 31, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Stephen Malinowski, 171 Adams Street, Delmar, NY 12054. Ad#125329

LEGAL NOTICE

Chatham Office Suites, LLC. Filed 4/11/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122402

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CiaoConnect LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 6/22/16. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC,

LEGALS

200 Longhouse Lane. Slingerlands, NY 12159 Purpose: For any lawful purpose. Ad#124846

LEGAL NOTICE

Continuing Vision LLC. Filed 4/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122401

LEGAL NOTICE

Crown Royal Realty LLC. Filed 6/21/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124149

LEGAL NOTICE

Please take notice of the formation of D&D PROPERTY MANAGEMENT, LLC, a limited liability company authorized to engage in any lawful purpose. D&D PROPERTY MANAGEMENT, LLC, is located in Albany County and maintains a postal address of 90 State Street, Albany, New York 12207. The Articles of Organization were filed with the Secretary of State on June 3, 2016. The Secretary of State is designated as agent for service of process upon D&D PROPERTY MANAGEMENT, LLC. Ad#122056

LEGAL NOTICE

Dining With Daniel LLC. Filed 4/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122378

LEGAL NOTICE

NOTICE OF FORMATION OF EAGLEVIEW CONTRACTING LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 6/07/2016. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 22 Gadsden Court, Albany, NY 12205. Purpose: any lawful activity. Ad#123029

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC) Name: Exotic Staffing, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on April 27, 2016. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 202, Brooklyn, New York 11228. Purpose: Any lawful business purpose. Ad#119975

LEGALS

LEGAL NOTICE

On June 24, 2016, Family Life Ministries, Inc., licensee of WOLF-FM, Baldwinsville, NY operating on FM frequency 92.1, filed an application to assign the station's FCC license to Foxfur Communications, LLC. The Family Life board of directors and officers are Tim Beach, Norb Fuest, Phyllis Gaerte, David Buckler, Bill Duell, John Farrell, Tim Landers, Gary Passero, Mike Stuart, Brad Kellett, and Richard Snavey, Jr. The members and officers of Foxfur Communications, LLC are Craig Fox and Samuel J. Furco, Jr. A copy of the filed application is available for public inspection at PO Box 506, Bath, NY, 14810. Ad#123428

LEGAL NOTICE

FAMILY PEST SOLUTION LLC OF Org. filed NY Sec. of State (SSNY) on 5/7/16. Office in Albany Co. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of the process to the LLC, To Family Pest Solutions LLC, 1039 Gates Dr, Schenectady, NY 12306, Purpose: Any lawful activity Ad#123941

LEGAL NOTICE

NOTICE OF FORMATION OF Fortay Consulting LLC. Articles of Org. filed with NY Secy of State (SSNY) on 6/22/2016. Office located in Albany County. SSNY designated as Agent upon whom process may be served. SSNY shall mail process to the LLC at P.O. Box 8904 Albany, New York 12208. Purpose is any lawful activity Ad#125458

LEGAL NOTICE

Geraldson Properties LLC, a domestic LLC, Articles of Organization filed with the SSNY on 6/8/2016. Office Location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 325 Manning Boulevard, Apt. #1, Albany, NY, 12206. General Purposes. Ad#122808

LEGAL NOTICE

Good Apple Achievement (Astoria) LLC. Filed 5/2/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124156

LEGAL NOTICE

GRAMERCY PARK, LLC. Filed 2/19/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#123430

LEGALS

LEGAL NOTICE

Gramo Contracting LLC. Filed 5/4/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122383

LEGAL NOTICE

NOTICE OF FORMATION OF HADA AMSTERDAM, LLC On 6/27/2015, Articles of Organization of Hada Amsterdam, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSSNY shall mail a copy of any process against it served upon him or her is Hada Amsterdam, LLC, 29 Windsor Court, Slingerlands, NY 12159. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#124646

LEGAL NOTICE

Hathaway Holdings LLC. Filed 5/19/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122372

LEGAL NOTICE

IAR Group LLC Filed 7/5/16 Office: Albany Co SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address Purpose: all lawful Ad#125278

LEGAL NOTICE

PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY FIRST: The name of the Limited Liability Company is IDA STREET ASSOCIATES LLC (hereinafter referred to as the "Company"). SECOND: The Articles of Organization of the Company were filed with the New York Secretary of State on June 13, 2016. THIRD: The County within New York State in which the office of the Company is to be located is ALBANY. FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is 159 Delaware Avenue #115 Delmar, New York 12054 FIFTH: The purposes of the business of the Company is The Company's purpose is to engage in any lawful act or activity for which limited liability

LEGALS

companies may be organized under the New York Limited Liability Law.
Ad#123045

LEGAL NOTICE

Notice of formation of Insight physical therapy PLLC. Filed with Secretary of State of New York (ssny) on 6/7/16. Office location: Albany county. SSNY has been designated as agent of the PLLC upon which process against it may be served. SSNY shall mail process to 244 bender lane Glenmont NY 12077. Purpose: all lawful activities.
Ad#122055

LEGAL NOTICE

Integrity Dental PLLC. Filed 3/31/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 19 W 34th St #1018, NY, NY 10001 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: Dentistry
Ad#122392

LEGAL NOTICE

IntraMotive, LLC Filed 7/5/16 Office: Albany Co SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address Purpose: all lawful
Ad#125280

LEGAL NOTICE

Iuris Argumentum Consultants LLC. Filed 4/7/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122406

LEGAL NOTICE

Jimena Companies LLC. Filed 5/13/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122390

LEGAL NOTICE

JR's Red House LLC. Filed 4/27/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122380

LEGAL NOTICE

NOTICE OF FORMATION Content: JUNCTION 63K, LLC. Art. of Org. filed with the SSNY on 06/28/16. Office: Albany County. Registered Agents, Inc. designated as agent of the LLC upon whom process against it may be served. Registered Agents, Inc. shall mail copy of process to the LLC, c/o Junction 63K, 90 State St, Albany, NY 12207. Purpose: Any lawful purpose.
Ad#124781

LEGALS

LEGAL NOTICE

NOTICE OF FORMATION OF JW FURS, LLC. On 6/21/2015, Articles of Organization of JW Furs, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSNY shall mail a copy of any process against it served upon him or her is JW Furs, LLC, 1475 Western Avenue, #23, Albany, NY 12203. The purpose of the limited liability company is for any lawful business purpose or purposes.
Ad#124640

LEGAL NOTICE

Katjes Fassin USA LLC. Filed 4/28/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122391

LEGAL NOTICE

KF 98 Flatotel Retail LLC. Filed 3/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122388

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: LDFT III LLC. Articles of Organization filed with NY Secretary of State, June 2, 2016. Purpose: to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is agent for process against LLC and shall mail copy to 302 Washington Avenue Ext., Albany, NY 12203.
Ad#122022

LEGAL NOTICE

LeRose Dance Company, LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on 06/02/16. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 528 Montauk Highway, East Quogue, NY 11942. Purpose: General.
Ad#122280

LEGAL NOTICE

Please take notice of the formation of LIFE ISN'T VALUED ENOUGH J.U.I.C.E. LLC, a limited liability company authorized to engage in any lawful purpose. LIFE ISN'T VALUED ENOUGH J.U.I.C.E. LLC, is located in Albany County and maintains a postal address of 221 Central Avenue, Albany, New York 12206. The Articles of Organization were filed with the Secretary of

LEGALS

State on August 27, 2015. The Secretary of State is designated as agent for service of process upon LIFE ISN'T VALUED ENOUGH J.U.I.C.E. LLC.
Ad#122057

LEGAL NOTICE

Name of LLC: Loudmouth Racing, LLC Date of filing: June 2, 2016 Office of the LLC: Albany County The NY Secretary of State has been designated as the agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 1 Turner Lane, Loudonville, NY 12211
Ad#123422

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: LOUGHLIN I

LLC. Articles of Organization filed with NY Secretary of State, June 27, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Tri City Rentals LLC, 255 Washington Avenue Extension, Albany, New York 12205.
Ad#124789

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC) The name of the LLC is Loughlin RNR LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 14, 2016. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 20 Corporate Woods Boulevard, Albany, New York 12211.
Ad#125347

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: MARJAM ASSOCIATES LLC. Articles of Organization filed with NY Secretary of State, June 13, 2016. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 123 Spy Glass Court, Albany, NY 12203.
Ad#122801

LEGAL NOTICE

Notice of Formation of MissFleck Consulting, LLC Articles of Organization filed with Secretary of State of New York (SSNY) on March 1, 2016. Office location: Albany County. The SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of pro-

LEGALS

cess to the LLC, PO BOX 38033, Albany, NY 12203. For any lawful purpose.
Ad#123563

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY NAME: Morris Gilbert LLC Articles of organization filed with the Secretary of State's Office on June 3, 2016. Office location: Albany County. The Secretary of State has been designated as agent of the Limited Liability Company upon whom process against it may be served. The Secretary of State shall mail a copy of the process to the Limited Liability Company at 18 Ten Broeck Place #2, Albany, New York 12210. Purpose: for any lawful purpose.
Ad#125182

LEGAL NOTICE

Mountainview Drive LLC. Filed 5/25/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122364

LEGAL NOTICE

NSA Lighting, LLC. Filed 5/24/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122364

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: MRP RUSTIC VILLAGE LLC. Articles of Organization filed with NY Secretary of State, June 27, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Tri City Rentals LLC, 255 Washington Avenue Extension, Albany, New York 12205.
Ad#124792

LEGAL NOTICE

NASE New York International Consultancy & Trading LLC. Filed 6/23/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124150

LEGAL NOTICE

Per Annum Wine Co. LLC. Filed 5/6/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122381

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town of Bethlehem hereby invites sealed bids for the Town of Bethlehem Wastewater Treatment Plant Aeration Tank Sediment, Sludge and Accumulated Debris Removal and Disposal Contract. Work shall consist of providing sludge, sediment and debris removal and disposal services for the Wastewater Treatment Plant Aeration Tank located on Dinmore Road in Selkirk, NY. Bids will be received up to 3:00 p.m. on the 16th day of August, 2016 at which time such bids

LEGALS

will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes, which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted. Bid documents may be obtained at the Bethlehem Town Clerk's Office, 445 Delaware Avenue, Delmar, NY 12054. Contract documents will be provided electronically on a compact disc (CD) in PDF format and may be obtained at no cost. Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at www.townofbethlehem.org Purchasing Division. The Town Board reserves the right to waive any informality in the bid and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM NANCY MOQUIN TOWN CLERK Dated: July 27, 2016
Ad#125342

LEGAL NOTICE

Queued Consulting LLC. Filed 6/13/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#123426

LEGAL NOTICE

Prime Plumbing, LLC. Filed 6/21/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#123112

LEGAL NOTICE

Red Flags Consulting LLC. Filed 4/7/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124154

LEGAL NOTICE

Scarlett LLC. Filed 4/11/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124160

LEGAL NOTICE

SHF Foods LLC. Filed 6/21/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122371

LEGALS

"SSNY" shall mail a copy of any process to the LLC at : Perfect Threading and Hair Design, Limited Liability Company, 3 Eastwood Dr. Albany, NY 12205. Purpose: To engage in any lawful act or activity.
Ad#123432

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: Pinnacle Newton Holding Company, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 7/6/16. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 1111 Troy Schenectady Road, Latham, NY 12110. Purpose: Any lawful act or activity.
Ad#124125

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: POWER TO CHANGE PERSONAL TRAINING, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 5/27/2016. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of the process to the LLC c/o Michelle H. Wildgrube, Esq., Cioffi Slezak Wildgrube P.C., 2310 Nott St. E., STE 1, Niskayuna, NY 12309. Purpose: For any lawful purpose.
Ad#123426

LEGAL NOTICE

RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

LEGAL NOTICE

Sawaddee LLC. Filed 5/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124160

LEGAL NOTICE

Sound Shore Operations LLC Filed 1/12/16 Office: Albany Co SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122405

LEGAL NOTICE

Specxs Transport, LLC (the "LLC") filed Articles of Organization with the Secretary of State of New York ("SSNY") on June 24, 2016, effective on the date of filing. Office Location: Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC at 1 Columbia Circle, Albany, NY 12203, which shall be the principal business location. The purpose for which the LLC is formed is to engage in any lawful act or activity

LEGAL NOTICE

SM Production Group LLC. Filed 5/25/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122367

LEGAL NOTICE

SMART FOOD VENDING LLC Articles of Org. filed NY Sec. of State (SSNY) 6/30/16. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 276 53rd St., Brooklyn, NY 11220. Purpose: Any lawful purpose.
Ad#123901

LEGAL NOTICE

Sound Shore Operations LLC Filed 1/12/16 Office: Albany Co SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124162

LEGALS

for which limited liability companies may be organized under the NYS Limited Liability Company Law.
Ad#123433

LEGAL NOTICE

NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY FIRST: The name of the Limited Liability Company is Real Treasures, LLC (hereinafter to as the "Company") SECOND: The Articles of Organization of the Company were filed with the Secretary of State on June 3, 2016 THIRD: The County within New York State in which the office of the Company is to be located is Albany. FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is Joanne Bongalo, 8E Denise Drive, Latham, NY 12110. FIFTH: The purpose of the business of the Company is for any lawful purpose.
Ad#122027

LEGAL NOTICE

NOTICE OF qualification of RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

LEGAL NOTICE

Red Flags Consulting LLC. Filed 4/7/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124154

LEGAL NOTICE

Queued Consulting LLC. Filed 6/13/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#123426

LEGAL NOTICE

Red Flags Consulting LLC. Filed 4/7/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124154

LEGAL NOTICE

Queued Consulting LLC. Filed 6/13/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#123426

LEGAL NOTICE

Prime Plumbing, LLC. Filed 6/21/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#123112

LEGAL NOTICE

RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

LEGAL NOTICE

RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

LEGAL NOTICE

RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

LEGALS

agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124151

LEGAL NOTICE

ARTICLES OF ORGANIZATION OF Sierra Property Maintenance, LLC FIRST: The name of the limited liability company is Sierra Property Maintenance, LLC SECOND: The county within this state in which the limited liability company is to be located in Albany. Original filed date 04/18/16. THIRD: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The address within or without this state to which the Secretary of State shall mail a copy of any process accepted on behalf of the limited liability company served upon him or her is: c/o United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. FOURTH: The name and street address in this state of the registered agent upon whom and at which process against the limited liability company may be served is: United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Any lawful purpose.
Ad#121684

LEGAL NOTICE

SM Production Group LLC. Filed 5/25/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#122367

LEGAL NOTICE

SMART FOOD VENDING LLC Articles of Org. filed NY Sec. of State (SSNY) 6/30/16. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 276 53rd St., Brooklyn, NY 11220. Purpose: Any lawful purpose.
Ad#123901

LEGAL NOTICE

Sound Shore Operations LLC Filed 1/12/16 Office: Albany Co SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful
Ad#124162

LEGAL NOTICE

Specxs Transport, LLC (the "LLC") filed Articles of Organization with the Secretary of State of New York ("SSNY") on June 24, 2016, effective on the date of filing. Office Location: Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC at 1 Columbia Circle, Albany, NY 12203, which shall be the principal business location. The purpose for which the LLC is formed is to engage in any lawful act or activity

LEGAL NOTICE

RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

LEGAL NOTICE

RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

LEGAL NOTICE

RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

LEGAL NOTICE

RecoverLINK, LLC. Application of authority filed with the Secretary of State of New York (SSNY) on 6/9/16. Date of formation in DE: 01/08/15. Office Location: Albany County. SSNY has been designated as an agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 602 Madison Ave, Fl 2, Albany, NY 12208. Purpose: any lawful purpose.
Ad#123112

Congratulations

To Our **JUNE SALES LEADERS!**



Emily Modan
Lic. RE Salesperson



Linda Meany
Lic. RE Salesperson

DEAN'S LIST AND GRADUATES

Danielle Bookhout, of Schenectady, graduated magna cum laude with a bachelor's degree in criminal justice from SUNY Delhi.

Morgan Kehn, of Altamont, graduated with an associate degree in veterinary science technology from SUNY Delhi.

Matthew Jones, of Schenectady, graduated with a master's degree in business administration from SUNY Oswego.

Clare Ladd, of Altamont, graduated summa cum laude with a bachelor's degree in sociology from Tufts University.

The following students graduated from SUNY Oneonta:

- Hannah Ingoldsby of Albany
- Taylor Lee of Albany
- Laura O'Connor of Albany
- Andrew Port of Altamont
- Rose Biggerstaff of Delmar
- Danielle Knabe of Delmar
- Jenna Marcal of Delmar
- Grace McDermott of Delmar
- Kacey Quenzer of Delmar
- John Sica of Glenmont
- Andrea Bellinger of Guilderland Center
- Melissa Cannistraci of Schenectady
- Kelsey Dorado of Schenectady
- Michael Perkins of Schenectady
- Rachael Degnan of Slingerlands
- Allison Gehrher of Slingerlands

The following students graduated from SUNY Oswego:

- Justine Polonski of Altamont

- Daniel Hogan of Delmar
- Nicholas Jira of Delmar
- Garrett Doblewski of Feura Bush
- Ian Dembling of Glenmont
- Sara Weinman of Glenmont
- Daniel Lonky of Schenectady
- Joseph Hoffman of Slingerlands

The following students graduated with bachelor's degrees from Rochester Institute of Technology:

- Kathryn Cloutier of Glenmont
- Gary Cox of Delmar
- Christopher Jones of Slingerlands
- Sydney MacMillan of Slingerlands
- Matthew Pelletier of Voorheesville
- Ian Richardson of Altamont
- Neil Sanders of Slingerlands
- Nicholas Shafarzek of Schenectady
- Lisa Trova of Schenectady

Benjamin Chaplin, of Delmar, was named to the dean's list for the spring 2016 semester at Lafayette College.

Lauren Thomas, of Albany, was named to the dean's list for the spring 2016 semester at Lafayette College.

Katherine English, of Glenmont, was named to the dean's list for the spring 2016 semester at Azusa Pacific University.

Clare Ladd, of Altamont, was named to the dean's list for the spring 2016 semester at Tufts University.

Joseph Polito, of Slingerlands, was named to the dean's list for the spring 2016 semester at Tufts University.

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LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS
agent of the LLC upon whom process against it may be served. The SSNY shall mail a copy of any process served to LLC, c/o Tiant Ware, 183 Livingston Ave, Albany, NY 12210. Purpose: any lawful activity. Ad#123436	7. The purpose of the Limited Liability Company is to conduct all lawful activity. Ad#125344	to the LLC, PO Box 2231, Albany, NY 12220. Purpose: General. Ad#122272	LEGAL NOTICE Tesschristine LLC Filed 7/6/16 Office: Albany Co SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address Purpose: all lawful Ad#125279	retary of State on June 3, 2016. The Secretary of State is designated as agent for service of process upon THE CHAMPAGNE ROOM, LLC. Ad#122059	bany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address Purpose: all lawful Ad#125276	#103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address Purpose: all lawful Ad#1252777	and the post office address within New York State to which the SSS- NY shall mail a copy of any process against it served upon him or her is Wiggand Vacation Properties, LLC, 252 Glenmont Road, Glenmont, NY 12077. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#124625
LEGAL NOTICE NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY 1. The name of the Limited Liability Company is SPINNING YARN TALES, LLC 2. The Articles of organization of the Limited Liability Company were filed on July 14, 2016 with the New York Secretary of State. 3. The office of the Limited Liability Company is located in Albany County. 4. Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. 5. The Secretary of State shall mail a copy of process served to the Limited Liability Company to 190 Main Street, PO Box 427, Altamont, NY 12009. 6. The latest date to dissolve is indefinite.	LEGAL NOTICE NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC) The name of the LLC is State Street Spa LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 8, 2016. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 302 Washington Avenue Extension, Albany, New York 12203. Ad#124605	LEGAL NOTICE TB Footwear LLC. Filed 6/16/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124155	LEGAL NOTICE THE ACHIEVEMENT CHANNEL LLC Articles of Org. filed NY Sec. of State (SSNY) 7/6/16. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 1001 Grand Concourse, Ste. 5-G, Bronx, NY 10452. Purpose: Any lawful purpose. Ad#124117	LEGAL NOTICE The Mui Group, LLC. Filed 4/4/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122407	LEGAL NOTICE NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: Vent Fitness LLC. Articles of Organization filed with sec. of state of NY(SOS) on 6/28/16. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 2080 Western Avenue, Suite 115 Guilderland, NY 12084. Purpose: Any lawful act or activity. Ad#123437	LEGAL NOTICE NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: Whiteman Health & Human Services LLC. Articles of Organization filed with sec. of state of NY(SOS) on 5/4/16. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 54 State St #103, Albany, NY 12260. Purpose: Any lawful act or activity. Ad#125354	LEGAL NOTICE YAD Realty Management, LLC. Filed 5/20/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#12369
	LEGAL NOTICE Sweet 3 LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on 06/03/16. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process	LEGAL NOTICE Tengger Cavalry LLC. Filed 6/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#124158	LEGAL NOTICE Please take notice of the formation of THE CHAMPAGNE ROOM, LLC, a limited liability company authorized to engage in any lawful purpose. THE CHAMPAGNE ROOM, LLC, is located in Albany County and maintains a postal address of 67 Catherine Street, Albany, New York 12202. The Articles of Organization were filed with the Sec-	LEGAL NOTICE Turbo Dream Production, LLC Filed 7/11/16 Office: Albany Co SSNY designated as agent for process & shall mail to: 54 State St #103, Al-	LEGAL NOTICE Villa Graziella LLC. Filed 4/14/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122400	LEGAL NOTICE On 6/20/2015, Articles of Organization of Wiggand Vacation Properties, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSSNY is designated as the agent of the limited liability company upon whom process against it may be served	LEGAL NOTICE Zipper Eisner Associates LLC. Filed 3/31/16 Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#122393

To place your Legal Notice: Call 439-4949

■ CAPITAL DISTRICT BUSINESS

Write an essay, win a yoga studio

Instructor is holding a contest inspired by the concept of paying it forward

By **MICHAEL HALLISEY**
halliseym@spotlightnews

COLONIE— In the world of science, energy can not be created, nor can it be destroyed.

As a yogi, Shannon Keyes Ciucevic is aware of the ubiquitous nature of energy; how it flows, its influence upon people around it. Many are prone to calling serendipitous acts as luck, like when Ciucevic met her best friend.

Ciucevic's professional career started as an accountant for Deloitte and Tush in Columbus, OH. A visit from the company's auditor out of New York City was the tossed stone that rippled throughout Ciucevic's life.

"She came in... she's very New York," Ciucevic recalled. "The nails matched the lipstick. The belt matched the shoes. I mean, she was dressed to the nines. And, she goes, 'I have an expense

account, and I want to eat at a restaurant that has linen napkins.'" No one responded, except for Ciucevic. She didn't have an answer, but she found one, and the two went to dinner at a winery. "She shows up with her hair all wild and crazy, an over-sized tee-shirt, stretch pants and red cowgirl boots. I'm like, 'I like this gal.'"

The chain of acts that followed Ciucevic since that day led her following Joy to New York City, and later to upstate New York, where she opened her yoga and wellness center, Key 2 Joy, six years ago. Now, she plans to sell her 1300-square-foot studio in an unorthodox way. She's taking a financial auditor's approach to ensuring the positive energy remains with the next owner of the Vly Road yoga studio.

What would owning and operating a wellness center mean to you?

That's the question Ciucevic has posed to her

would-be successor through the means of an essay contest. Contestants are asked to answer in as little as 300 words, and a maximum of 1000, to elaborate. The person selected out of the field essentially earns a fully equipped wellness center and a pre-paid six-month lease.

"When I started this place, I had several friends who just gave me money," said Ciucevic. "Here, build a website. Here, just cover your costs. And, I said I don't know if I can pay you back.

"Just pay it forward," Ciucevic recalled.

When the lease changes hands Oct. 1, Ciucevic's successor will be the benefactor of \$10,000 worth of yoga equipment (blankets, mats, bolsters, back jacks, tables, chairs, etc.) and furniture, six months of paid rent in the current location valued at over \$9,900, and a mailing list with more than 2,200 subscribers.

The contest will help

generate the mailing list, another effort to help Ciucevic "pay it forward." A \$250 entry fee will aid Ciucevic in helping her ailing mother in Ohio — her next path.

Ciucevic is a ball of positive energy, and a habitual hugger to the people who cross her path. She is both a student and practitioner of the healing powers of yoga and hypnosis — which she credits for staving off the effects of the muscular sclerosis she was diagnosed with several years ago. It had already taken part of her sight, and threatened to place her in a wheelchair. Now, her sight is back and she walks fine.

Key 2 Joy has been a home for Ciucevic and more than 3,500 of her clients, but she has to leave. She's going back to her hometown in Ohio to take care of her 76-year-old mother, Bonnie Keyes. Ciucevic's mother was diagnosed with stage three colon cancer last year. After

surgery and eight cycles of chemotherapy, the cancer returned. Her prognosis now involves a timetable, instead of a cure.

A hint of Ciucevic's mid-western accent peeks out when she speaks of home. She grew up on a farm "with mostly corn," but with an eclectic array of animals that included donkeys, goats and geese. Her mother remains in the Civil War-era home that has stayed in the family for four generations. When most her age enjoy the leisure of retirement, her mother continues to work as a dental assistant — something she's done for 50 years.

Ciucevic calls her mother "tough." She's a veteran of the Women's Army Corps. Ciucevic said she has never known her mother to cry. She was married for 47 years, 12 of which spent taking care of her husband after a debilitating stroke. He died in 2012. But, in recent years, as the family has suffered the loss of loved ones by the

hand of cancer, those tears have appeared.

The winner of the essay contest will be determined at the end of September. Ownership of the wellness center changes hands on Oct. 1, as will the name. The Key 2 Joy name will stay with Ciucevic, as she and her husband go back to the family farm. The contest's entry fee will go towards retrofitting the farmhouse to be handicapped accessible.

Details of the contest were posted on Key2Joy.net/contest/ early last week. The culmination of careful planning manifesting itself in one click of a website's "publish" button. Already, there have been several inquiries posted to the contest's email address, an indication to Ciucevic on Key 2 Joy's positive impact on people's lives. Before the contest all comes to an end, she said she hopes to have a gathering full of extended family, friends and chanting.

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July 27, 2016

Spotlight on Opinion

www.spotlightnews.com PAGE 14

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FROM THE EDITOR'S DESK

No accountability

It's difficult to wrap one's head around the idea that anyone can get away with anything with today's technology, especially if that one is in politics and is writing what he or she should not on e-mail. In fact, it takes a special kind of stupid to do just that, if not a brazenly inflated sense of self-worth that would make one believe to be untouchable.

As the Democratic National Committee meets in Philadelphia this week, details of the party's back office antics have come to light. The release of email documents from Wikileaks revealed all what many had already expected. If nothing else, the committee was playing favorites with its party nominations. And, committee chairman Debbie Wasserman Schultz was foolish enough to document it. Since then, she's announced her resignation, which is to take place after the close of the convention. It's a few days too long, as she's already done enough damage to the credibility of her party. What ever merits she brought to the table are now

overshadowed by this latest scandal. Which makes for a jagged pill to swallow for those affiliated with the party, and mores for those who thought they were before being turned down at this year's primaries.

News has it she won't be unemployed for long.

The brazen attitude is not limited to Wasserman. In this Internet-laden world, it is unfathomable to understand how one can think they can get away with flip-flopping on issues. Now, changing one's mind is not a crime. It can reveal someone with an open mind. A potential leader should possess enough courage to stand and admit a change in thought. Shows growth. A backbone. Unless other nefarious factors have come into play. But, to say one thing, and then the other, all while denying your initial opinion is comical. Public figures usually understand that when a microphone is in front of them, it's assumed it is recording. It should also be assumed that recording will not

go away. Sound clips, television archives, YouTube and Facebook are the tools we see used, within hours, to confirm when officials discredit themselves.

But, what should scare people is that today's leaders do not seem to care. We've gone from carefully crafted images, to employing spin doctors to mitigate scandals, to flat out lying in the face of facts that scream "liar." And, so on to the next podium. What may be more unsettling is how support seldom waivers. You can lie, plagiarize or allegedly tamper with the very system that guides our citizens with choosing our representative, and the general public remains apathetic.

It can't be a generational flaw. We all share a penchant for going against the norm. Millennials have established a reputation for seeking out information, pushing against the grain of the status quo and fighting for what they feel they are entitled to receive. Generation X raged against the machine, broke the corporate mold and grew into a horde

of entrepreneurs. Baby boomers — Woodstock. Chicago. The word "protest" was practically invented in the 1960s.

Yet, today's political climate leaves us scratching our heads. The issues debated between the two parties, those that polarize the two groups the most, hasn't changed in years. No, it's the attitude. The term public servant is seldom used, and when it is, rings hollow. Is it because we as voters have grown more intelligent, or more jaded? And, do we even care anymore?

We should. But, the finger is always pointed at the politician wearing the wrong tie. Doesn't seem we hold everyone accountable these days, just the opponent. And, that's foolish. If that's how you see the world, you're why we continue to use the electoral college.

And, the next politician that stands before a podium preaching the need for good ol' fashion moral values, deserves a tossed tomato.

GET TO KNOW ...



Howard Plum

Audio for Newschannel 13

Master Control for MY4

Hometown: Niskayuna

Residence: Niskayuna

What type of music do you listen to?

Rusted Root, David Gray, Third Eye Blind, Li'l Wayne, 50 cent, Bob Marley, endless.....

What was the last movie you saw?

"Me Before You" (a mushy romantic film).

What was the last book you read?

It's been too long that I can't remember. (I should read more.)

What are some of your hobbies?

I love editing video and creating graphics! I'm scared of the woods!

If you were to have dinner with anyone (alive, dead or fictitious) who would it be, and why?

Billy Bush from "Access Hollywood." He is one of my favorite people who conducts great interviews.

What would be your dream vacation be?

Another country, anyone.

What is your favorite local moment?

Being swamped with at least a hundred drunk people wanting to all get interviewed at once at Pearlpalooza 2013. That was truly an epic year!

If you were to be stranded on a deserted island, what three things would you bring?

A woman, alcohol and treats.

What would your last meal be?

Pizza pie.

"Get to know" is a weekly feature where community members are asked questions that aren't necessarily related to their jobs. If you know of someone you think should be highlighted, email news@spotlightnews.com.

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■ LETTER TO THE EDITOR

Black History Matters, too

Dear Editor, *Spotlight* Albany Common Councilman Mike O'Brien proposed an ordinance to rezone Sandidge Way (formerly Loughlin Street) to allow the building of six four and five story apartments in what is currently a quiet residential neighborhood. Columbia Development secretly bought all the homes on the street by engaging in what some have called block busting. Columbia is currently being investigated. Columbia very recently sold the properties to Tri-City Rentals owned by Massry Realty Partners. Dawn Homes plans to demolish the existing houses in order to build the apartments. Clear cutting is apparently part of the plan.

I spoke at two Albany Common Council public hearings on the proposed rezoning. At the hearings, many people from the surrounding neighborhood spoke eloquently in opposition to the rezoning for many excellent reasons including traffic on Fuller Road and water, drainage and sewer problems. For these reasons alone, the street should not be rezoned. However, I believe that there is an overriding moral issue that is more important.

Letters to the Editor

The *Spotlight* welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. The *Spotlight* reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to news@spotlightnews.com. The deadline for all letters is noon Friday prior to publication.

Our full letter policy can be viewed online at www.spotlightnews.com.

Loughlin Street is officially being renamed Sandidge Way allegedly to honor Teresa and Jesse Sandidge who, in the early 1960s, were pioneers of the long lasting integrated community on that street. Actually, the Sandidges will be dishonored because the houses on that street are "slated for demolition."

Black history matters! Black history is usually eradicated. This time, concrete evidence of it will be bulldozed.

At the second hearing, I quoted one word from John Lennon: "Imagine." Imagine a country, and in this case a city, in which we were surrounded by positive examples of black history. This would clearly convey the message that black lives do matter.

*Carol Waterman
Guilderland*

From page B1 ...

Making connections

conceived, Fieldstone Drive was left as a "stub street," with the specific intention that it would someday be extended.

In both a memorandum sent to the town board on July 13 and in statements he made at the board meeting six days later, Kovalchik cited seven sections of the town's comprehensive plan in support of a connecting street, including the plan's vision statement, its goals (Goals 3.3) and its recommendations (Recommendations for Residential Areas, Tier 2); as well as sections of town law. Other documentation provided with the meeting agenda contained a letter from the town's Superintendent of Highways, Brent Meredith, affirming a previously taken position that Fieldstone Drive should be connected to the new Elm Avenue subdivision, claiming that it would lead to safer, more efficient operations such as brush and leaf collection

and snow removal. The need to turn around at what he characterized as a "dead end," he said, was riskier and more time-consuming for town employees.

Another communication — from the Albany County of Department Public Works (which declined to act as the lead agency regarding the environmental impacts of the proposed development), not only summarized the primary issue raised by residents at the board meeting, but was also quoted by Fieldstone Drive resident Arthur Seigel. This document specifically recommended in June 2015 that the town "should consider connections between subdivisions against whether or not the through connection to Fieldstone Drive from this subdivision will encourage cut through traffic from Murray Ave to CR 52/ Elm Ave. and Old Elm Ave. In addition, the connection to Fieldstone

Drive forces wetland mitigation."

Seigel, a 15-year resident of Fieldstone Drive, represented a group called the Fieldstone Drive Coalition to Preserve the Safety and Character of our Street and came bearing a petition opposing a connecting vehicular roadway that he said outlined, "the compelling reasons why a through-street will only accomplish harm."

"Besides disturbing and destroying state- and federally-protected wetlands," he continued, "a through-street will create nothing more than a dangerous shortcut to the town park. When you combine a road with curves, blind spots and numerous small children accustomed to only local traffic; with high speed cut-through traffic to the town park, there is only one result: the unnecessary creation of daily life-threatening conditions."

Siegel went on to say that his coalition supported the "very reasonable" proposal by builders Barbera Homes, Inc. to connect

Fieldstone Drive with the new development via a pedestrian walkway and was scornful of the notion that a vehicular roadway would benefit town services. He called the highway department's request both "convenience-driven" and "selfish," adding that it would only "marginally simplify routine operations that the department has been performing for over 20 years."

Kovalchik pointed out that, when the project was originally presented to the board in May 2015, the plans included a vehicular roadway connection, but that the plans had since been revised to show a pedestrian walkway. Rob Osterhoudt, a project manager from Bohler Engineering who spoke on behalf of the project, explained that the original plan included no connection to Fieldstone Drive at all, but that it was added after the highway department reviewed the plans and requested a road connection. After receiving feedback from concerned residents, he said, the current pedestrian plan was conceived. "We



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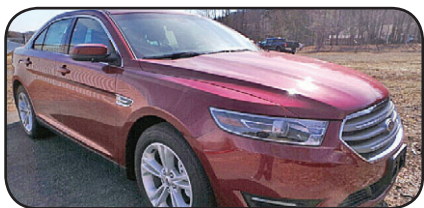
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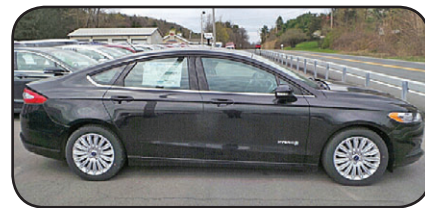
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feel that that's a suitable alternative here, given all the conflicting concerns and constraints that we're trying to deal with. Obviously, there is a provision in the town code for road connectivity and we recognize that; Rob [Leslie, EDP Director] and Ken [Kovalchik] have been very forthright and steadfast in expressing that section of the code and their concerns that we're not meeting it if we don't provide the road connection." The pedestrian path, he said, represents a compromise that he hoped would assuage the town's concerns about connectivity, while also satisfying residents that Fieldstone would not become a throughway for non-residential traffic. It also, he added, could reduce the impact to the Army Corps federal jurisdictional wetlands in the area by potentially as much as half.

Osterhoudt later noted that, since the time of the Fieldstone Creek development, which took place more than 20 years ago, wetland regulations have changed and said that, while the development may have originally been planned for extension via Fieldstone Drive, the stricter regulatory environment is a consideration. Leslie countered that every development has some degree of wetland impact, citing several other current projects.

John Smolinsky, chairman of the planning board, expressed support for the vision put forth in the comprehensive plan and of the importance of connections between areas of town. "I don't see anything here in this project that makes this project the exception to the guidance that we have and to our consistent approach to connections," he said.

In response to concerns about through-traffic, Kovalchick did a comparison of several routes from different points around the proposed development and reportedly found that, of four potential routes, taking Fieldstone would only be the fastest in one direction—concluding that non-residential drivers are likely to take alternate routes. He said he took into account factors such as the slower speed limits and numerous turns that would slow travelers down on the Fieldstone route.

Planning Board member Scott Lewendon said, "I agree with your conclusions. Not necessarily the driving time, but the convenience of the route." Because he believes that the amount of turns are likely to deter drivers, he said he could not agree with the assertion that it would become a major cut-through and added that he thought it would provide greater access to Elm Avenue Park for those who live on the other side of the proposed development and Fieldstone Creek. "I don't see any reason to deviate from the comprehensive plan or the subdivision regulations and I would like to see the connection made."

"I'm sure I could be persuaded to hear an argument against making the connection," said board member Kate Powers, who added that she could see the potential for cut-through traffic before deferring to the comprehensive plan and other board members and saying, "I won't hold it up."

"I kind of concur with Kate a little bit," said board member Tom Coffey. "I'm not convinced that we need to make that connectivity at this point in time." He asked Kovalchik and Leslie what decisions

needed to be made that night.

Osterhoudt got back up and pointed out that the project had already been at the early stages for more than a year. "We've tried to be diligent," he said, noting that all the roadway changes had been made at the behest of the town or its residents. "What we're trying to do is balance the needs of everybody and so that's why we came back in with the pedestrian connection. We figured that's a good alternative to try to meet in the middle here."

"We feel it's a very balanced approach, a very just approach," he concluded, "and we would respectfully request that the board consider the pedestrian connection over the roadway connection."

Smolinsky eventually made a motion for the board to accept the plans containing a vehicular roadway connection, and challenging the developer to devise a traffic-calming roadway that will discourage through-traffic. "You guys are the experts," he said. "You guys take a look at it and come back to us with a proposal."

Before the motion was voted on, Frank Barbera of Barbera Homes addressed the board. "One of the things that we've tried to do is work very closely with the neighborhood associations," he said after acknowledging the consistency of the town's position on connectivity. "And they've also been very consistent in how they feel about this issue, which is why we proposed, as you know, the option of putting a multi-use path in, so that we can create that diversity that you're looking for in the town with pedestrian traffic or connectivity." Designing a road, he said, would be easy, but he pointed to the relationship that his company had developed with neighboring residents and said that's something that he would like to see continue.

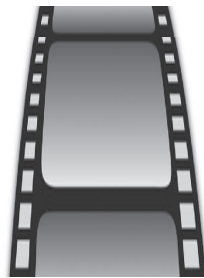
"Is there any other room," he asked, "to discuss this pedestrian connection?"

"I don't think so," was Smolinsky's reply.

As Smolinsky was asking Barbera if he would prefer to hold the vote until a later date, and thus hold up the progress of the project further, Seigel once again approached the microphone, apologizing briefly for talking out of turn before launching into a litany of legal reasons that the board couldn't possibly vote on the measure to approve the road connection plan—including the need for a preliminary public hearing. "Thanks for the Roberts Rules lesson, I guess," responded Smolinsky, before re-wording his previous motion, "to give the applicant guidance to prepare a plan that has the road connection."

After 20 more minutes of discussion, Smolinsky reiterated his challenge to the developer and said that he wasn't interested in seeing any alternate pedestrian path options before the board finally voted unanimously, albeit not all enthusiastically, to approve the measure and compel Barbera to return with another roadway connection plan.

Before that plan can be approved, a public hearing will be scheduled for residents to voice their concerns and ask questions.



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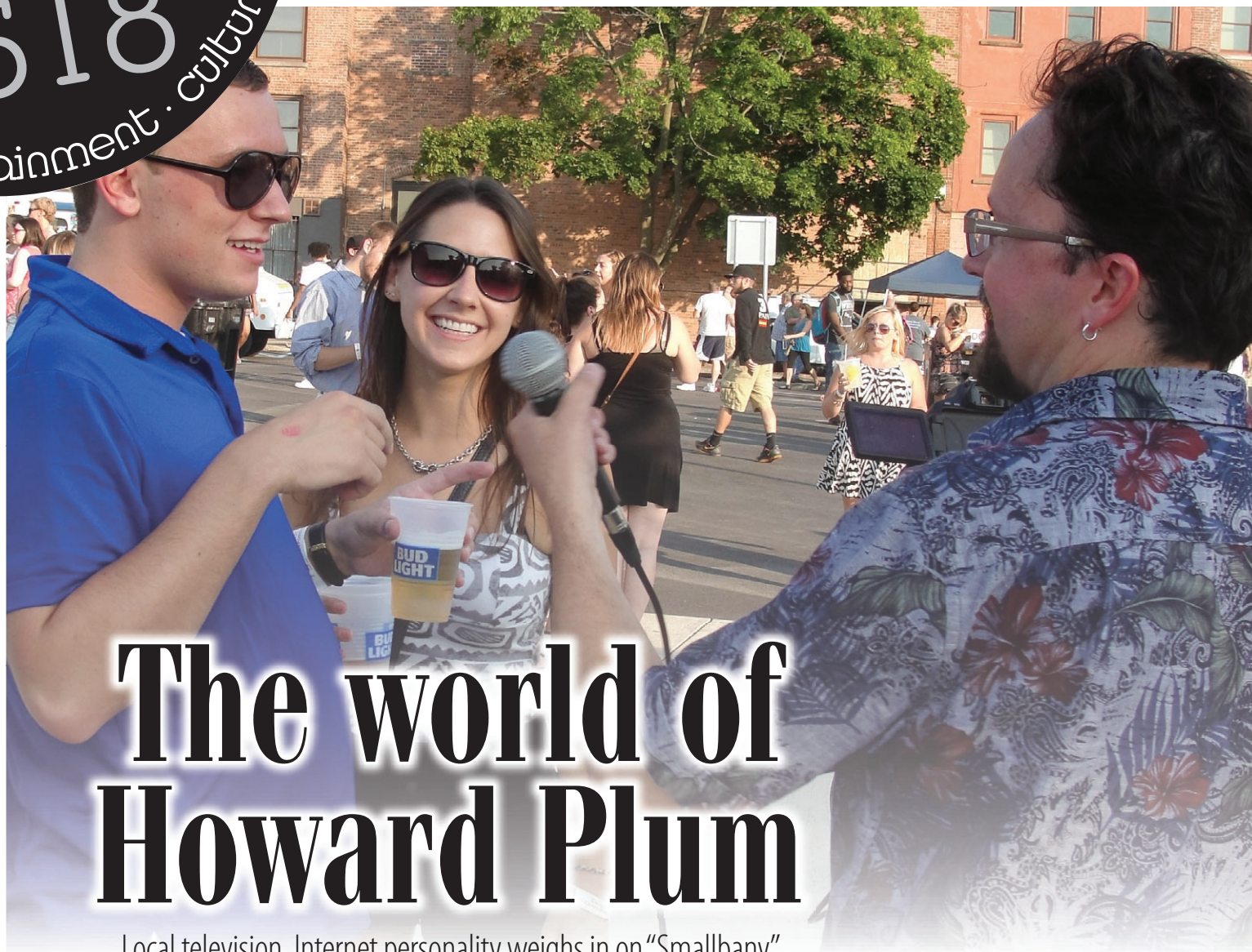
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The world of Howard Plum

Local television, Internet personality weighs in on "Smallbany"

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

Howard Plum may just be the No. 1 authority on everything the local scene has to offer.

For more than 15 years, Plum has thrust his face, and microphone, into scores of festivals, restaurants and live music venues as the titular, on-screen personality of The Howard Plum Show and Access Hollywood.org. The cable access television show highlights the hijinx and party atmosphere that draws people out to all our favorite jaunts.

Referring to himself by his stage name, Plum is star of the campy, cable television access show. Plum's on-screen persona is purposely over the

top. Paired with his bespectacled face and curly dark hair, to say he resembles Weird Al Yankovic would be a stretch. Maybe if Yankovic expressed more interest in women than the squeezebox. "People get a bit timid because they don't like the in-your-face personality," he said, "I have toned it a bit over the years. ... But, I've been told not to come back to certain restaurants. And, it's not from me being outrageously loud and drunk or anything. I would create [an environment] where people want to stay." Nevertheless, the lucid concoction of man on the street interviews with random, attractive (and sometimes intoxicated) people, enjoying what "Smallbany" has to offer, presents a PG-13 version of your local Chamber of Commerce.

Continues on page B7

MAN ON THE STREET

Howard Plum hits Troy for Rockin' on the River last week, interviewing concert-goers along the way.
 Michael Hallisey/
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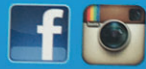
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quotes of the week

"When we have an El Niño event like we did this past year, what that means is that the ocean gives off a lot of heat, and therefore our planet warms up. In fact for the first 6 months of 2016 every month, if we look at the planet as a whole, we set a new record for the temperature."

— Dr. Matthias Vuille
SUNY Albany's
Department of
Atmospheric and
Environmental
Sciences

"I actually get very pissed when people say [Smallbany]."

— Howard Plum
Television and
Internet personality



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COMING UP IN ALBANY

Alive at Five Concert Series

Tricentennial Park— Thursday, July 28



TheSpot518 File Photo

ALBANY — LoCash with Skeeter Creek amp up downtown as the scheduled act for Albany's weekly Alive at Five concert series, Thursday, July 28 at 5 p.m.

Both bands promise to bring a taste of country to the urban jungle of downtown Albany. LoCash, hailing from Nashville, Tenn. is currently on tour in support of its latest record "The Fighters," which dropped last month.

Hometown favorite, Skeeter Creek, riled up a Rockin' on the River crowd last month in Troy. The band previously earned best country and cover band accolades from Metroland from 2011 to 2015.

The Alive at Five concert series is located downtown at Tricentennial Park this year. Performances are free to the public and music starts at 5 p.m. Admission is free. For more information, go to albanyevents.org.

...TROY

Troy's Powers Park Concert Series

Powers Park — Saturday, July 30



Powers Park/Facebook

TROY — The 13th annual Powers Park Concert Series continues with Blue Hand Luke taking the stage Saturday, July 30 at 6 p.m.

The six-piece rock and roll band out of upstate New York is no stranger to the Collar City music scene, having played throughout the Capital District for more than 15 years. Saturday's show is expected to be the band's first performance on the Neil Kelleher Stage with Tommy Lee in eight years.

This year's concert series, presented by both the City of Troy and WVCR 88.3 FM, is dedicated to the memory of City Director of Operations Bill Chamberlain, who was killed last December.

For more information, see our June 10 article online at TheSpot518.com.

...SCHENECTADY

Music Haven Concert Series

Schenectady's Central Park — Sunday, July 31 at 7 p.m.



Monty Alexander/Facebook

SCHENECTADY — Central Park continues to host an eclectic display of world music as the Music Haven Concert Series presents Monty Alexander-Harlem Kingston Trio, Sunday, July 31 at 7 p.m.

The legendary pianist is known for taking pop and jazz and infusing it with the sounds from his native Jamaica. For five decades, he has shared the stage with the likes of Frank Sinatra, Dizzy Gillespie, Bobby McFerrin and Sly & Robbie.

The Music Haven Concert Series is located in Schenectady's Central Park, 500 Iroquois Way. For more information about the concert series, visit MusicHavenStage.org.

For more information on Monty Alexander, visit MontyAlexander.com

AND, BACK TO ALBANY

Dana Park Concert Series

Dana Park— Monday, Aug. 1

ALBANY — Dana Park's 7th annual concert series continues with a performance by Bell's Road and Ryan Leddick Trio, Monday, Aug. 1.

The Dana Park Concert Series began in 2009 to celebrate the efforts of neighbors to reclaim and restore the park.

Dana Park is located off the intersection of Lark and Madison streets in Albany. For information, visit DanaParkConcerSeries.com.

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RECENTLY ANNOUNCED

Adirondack Independence Music Festival Lineup
Charles R. Wood Festival Commons — Sept. 30 and Oct. 1

LAKE GEORGE — The second annual Adirondack Independence Music Festival is set to take place Friday Sept. 30 and Saturday Oct. 1 at the Charles R. Wood Festival Commons in Lake George.

The festival features Robert Randolph and the Family Band, Fabulous Thunderbirds, Capital Zen, and many more national and local favorites. Spin Doctors, Hayley Jane and the Primates, and Sophistafunk are set to perform Saturday. More acts will be announced soon.

The festival will also feature food vendors, craft beer, and a fun zone for kids.

Advance tickets can be purchased



here: www.adkmusicfest.eventbrite.com. Tickets can also be purchased at Duffy's Tavern and the Lake George Village Hall. Advance tickets are \$15 per day or \$20 for a two day pass.

For more information, visit <http://adkmusicfest.com/>.

— *nysmusic.com*

Riverdance to return to area
Proctors Theatre — June 16-18, 2017



SCHENECTADY — Moya Doherty is proud to announce the international Irish dance phenomenon is back by popular demand with Riverdance–The 20th Anniversary World Tour, which is celebrating an extraordinary milestone for an incredible show, as it makes stops in over 60 North American cities during the 2016/2017 season. The Edinburgh Evening News raves about Riverdance–The 20th Anniversary World Tour, “As for the flaws? Well, there simply aren’t any. Here’s to another 20 years!”

Tickets for Riverdance–The 20th Anniversary World Tour, June 16-18, 2017, at Proctors, \$25-\$75, go on sale 10 a.m. Thursday, July 21 at the Box Office at Proctors, 432 State Street, Schenectady; by phone at 346-6204; and online at proctors.org.

Riverdance–The 20th Anniversary World Tour, composed by Bill Whelan, produced by Moya Doherty and directed by John McCollgan, recently celebrated a sold out, critically acclaimed run across Europe and Asia, arriving in North America in early 2016. To mark the eagerly awaited return of the show to North America, ending a four-year

absence, Riverdance–The 20th Anniversary World Tour will feature new costumes, new lighting, new projections and the addition of a brand new number, “Anna Livia,” featuring the female members of the Irish dance troupe in an a capella hard-shoe number. For a complete list of tour engagements and ticket information for the North American tour cities, please visit www.riverdance.com.

“The success of Riverdance across the whole world has gone beyond our wildest dreams,” said producer Moya Doherty. “The fact that the show continues to draw and excite audiences is a tribute to every dancer, singer, musician, staff and crew member who have dedicated themselves to the show. This 20th Anniversary Tour is a thank you to our audiences and a celebration of what has been an incredible journey across two decades.”

Riverdance–The 20th Anniversary World Tour is an innovative and exciting blend of dance, music and song. Drawing on Irish traditions, the combined talents of the performers propel Irish dancing and music into the present day, capturing the imagination of audiences across all ages and cultures.



■ EDUCATION

All Shook Up

Summer Broadway camp students to stage full musical

By **ALI HIBBS**

hibbsa@spotlightnews.com

SCHENECTADY

— For the first time since Proctors began offering its series of educational performance camps for youth, the theater is producing a full-length stage musical featuring more than 30 teenagers and young adults between the ages of 14 and 20—under the direction of Broadway-accredited talent—following a four-week intensive course in which the students were responsible for all aspects of the production.

“He asked me if I liked children,” said actor/producer/director Steven Yuhasz of Proctors CEO Philip Morris. He laughed. “And, I said ‘it depends.’”

Morris told Yuhasz that Proctors wanted to try something new with its educational programming and was looking for someone to help conceive and execute a full stage production with young students. “I know they interviewed a couple of people,” he said, before affectionately admonishing a member of the ensemble for her enthusiastic drumming on a nearby seat as a few of her cast mates rehearsed on the theater’s Main Stage.

After traveling between New York City and the Capital District for 20 years, Yuhasz said that he retired last year and had been considering transitioning into

teaching theater. “And this opportunity came up,” he said. “I said, I think it’s a great opportunity, but I don’t want to do children’s theater. What I want to do, and what I can bring to the table, is to do a professional production.” As it turned out, that’s exactly what the program was looking for.

After reviewing more than 20 plays, Yuhasz chose “All Shook Up” because he wanted to produce a show with a big cast so that he could offer the experience to a larger number of students. “All Shook Up,” he said, has 10 major roles and 20 members in an ensemble cast. The premise of the musical, he explained, is essentially Shakespeare’s “Twelfth Night” meets the ’80s movie “Footloose,” featuring Elvis tunes. “It’s a jukebox musical,” he said, comparing it to “Jersey Boys” and “Mama Mia.”

“It’s interesting,” said Yuhasz, glancing over his shoulder at the chastened drummer and another member of the ensemble cast. “They’re listening to me right now.” He smiled and continued, “How can I say this? I’ve worked with some of the best people in the industry and the process doesn’t change.”

While his students may not have the history or background of some of his more accomplished colleagues, he said, “they come with the energy and the excitement and the focus. And, it’s part of my responsibility to get all

of these pieces and bring them together as one.”

Yuhasz said that he worked closely with his choreographer and musical director to bring the show together in just four short weeks. “What we do,” he said, “is we find the best in each of them and make it cohesive. When the audience comes to see the show, they’re going to see the best of what each of these kids can do.”

Ensemble cast member Louis Blair, 16, said that he has taken other classes through Proctors before, including the Matilda Master Class last December. “But there’s really nothing like doing a show at this level,” he said. “I tell people that I’m doing a show this summer and they’re like, ‘Where?’ And, I’m like, ‘Proctors.’ And they’re like, ‘What?’”

“Just coming into the theater on the first day,” said 17-year-old Anna Fernandez, who plays Miss Sandra, the libidinous caretaker of a fictional Midwestern town museum who mistakes a girl for a boy. “The first song that we did, you kind of suddenly realize, ‘Oh, this is happening now!’ And it’s cool to hear everyone for the first time because you don’t really know who you’re working with or what it’s going to sound like together—and we have a group that’s really talented.”

“It’s a very male-dominated field,” said 17-year-old Maya

Pomazal-Flanders, a renaissance member of the all-female backstage crew. “When I came in and saw an all-girl production crew, that made me really happy.”

Pomazal-Flanders, who has been involved with community theatre for three years, said that while she signed up to work on several different technical aspects of the production, she has since developed a preference for lighting design. “It’s been an amazing experience getting to work on Proctors Main Stage,” she said.

“I love when we’re out somewhere and one of us will hear something, and then suddenly we’re all just singing along,” said Blair. “It’s crazy.”

“It’s a plague,” said a grinning Tahya Hurn, a 15-year-old member of the ensemble cast and occasional drummer of chairs. “I love performing. It may be a little work, but I can handle it. So I auditioned with all my might, and I got in.”

“It was just the other day that everything clicked,” said Yuhasz of his youthful cast and crew. “There’s that moment when everything starts to work. Every rehearsal we have, I push them to another level. And they push themselves. These kids really care. I ask them for more, and they give it — and that’s what being a professional is.”

In addition to working with seasoned professionals including Yuhasz, students



Check it out!

In case you haven’t paid attention, we’ve been out spreading the word on TheSpot518. You can often catch us in Albany at Alive at Five, or in Troy for Rockin’ on the River. If you find us, let us know what you think. And, when you get home, visit our website at TheSpot518.com to see if your picture made it in our “Spotted” galleries.

Photo by Michael Hallisey/TheSpot518

attending the program are also provided with vocal coaching, a professional headshot, makeup and wardrobe consultation, resume review and development, along with audition preparation, among other things. “We’re getting so much education,” said Blair. “And, I just love being with everybody and knowing that, in two weeks, it’s real. We’re going to be

doing a show, and it’s very professional compared to school shows or community theater. It’s up 10 more notches, and it’s real.”

Performances of “All Shook Up” will take place at Proctors Main Stage on Friday, Aug. 5, at 7 p.m. and Saturday, Aug. 6, at 2 and 7 p.m.

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SCIENCE

Can't avoid the talk

Our Allison Fry speaks with local scientist on global warming

By ALLISON FRY
frya@spotlightnews.com

It has become a daily occurrence to hear someone mention global warming and the impact it's having on our planet, and there's no avoiding the topic with the temperatures the Capital District has seen so far this summer. Often with these discussions comes the mention of El Niño and La Niña, which refer to the wind and climate patterns of the southern Pacific Ocean.

Dr. Matthias Vuille from the Department of Atmospheric and Environmental Sciences explained how these patterns are studied, and what makes them worth mentioning. "The way we measure that is basically we look at what the temperature is on the surface ocean of the Pacific," said Vuille. "When it

[El Niño] ends it reverses into its opposite behaviors. It's then its 'sister' as we call it, which is La Niña," he added, noting that El Niño is defined by warm water in the tropical Pacific, with La Niña conversely referring to colder measures.

The current high temperatures can be explained by the lack of either pattern, as Vuille explains "Right now we are in neutral. We have neither El Niño nor La Niña, so the temperatures are above normal in the Pacific."

Vuille also took a moment to note how this affects our global climate as well. "It has implications for the planet as a whole, and strong implications in different parts of the world. When we have an El Niño event like we did this past year, what that means is that the ocean gives off a lot of heat, and therefore our planet warms up. In fact for the first six months of 2016 every month, if we look at the planet as a whole, we set a new record for the temperature."

Noting that this January was the hottest on record since 1850, and that every month so far has been record-

breaking, Vuille explained that this is both the result of climate change that we've been seeing over the last several years, as well as the heat released into the ocean and atmosphere from this year's extraordinarily warm El Niño.

Despite it being halfway across the globe, these patterns have effects on our weather here in the Northeast, as Vuille explains "In New York state, El Niños tend to be warm here and tend to lead to warm weather and rather dry conditions. La Niñas on the other hand tend to be rather wet, but La Niña does not tend to have a huge impact on temperature." He noted that the dryer, warmer than usual winter we experienced last year was definitely a result of the El Niño that ended this spring, as it was stronger than usual and peaked in the wintertime.

As for what to expect in the coming months, it's hard to tell given the current neutral state, but Vuille believes the outlook for precipitation in the fall to be fairly normal compared to last year.

El Niño, La Niña is a part of everyday conversation these days, and it all has to do with all the warm weather we've been having.

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Netflix and chill?

If you're interested in what we think of movies, check out our reviews here in TheSpot518. Past reviews can also be found online at TheSpot518.com, which comes in handy when you're looking to Netflix and Chill.



SARATOGA

Jim Dandy Saturday

SARATOGA — The \$600,000 Jim Dandy on Saturday, July 30 highlights a weekend of racing at the Saratoga Race Course.

The dirt track race featuring three-year-olds will run one and one-eighths around the track. Other featured races this weekend include:

Friday: The \$100,000 Curlin

Saturday: The \$350,000 Alfred G. Vanderbilt Handicap, \$200,000 Amsterdam, Jim Dandy and \$250,000 Bowling Green Handicap.

For more information about the Saratoga Race Course and the schedule of events for the 2016 season, visit nyra.com/saratoga.

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From page B1 ... Howard Plum

“At one time the show was always about Howard Plum, the character,” he said. “But, now I’m starting to realize, it’s more fun to have it about the people, and bring them in. And, people don’t always know how exciting things are out there.”

Plum came to be about 20 years ago, when he first started with hundreds of interviews on a personal video camera on VHS tape from college in Pittsburgh. Raised in Niskayuna, he said he felt he

came to his own while away at school. “I started interviewing people on the streets with a VHS camera — I still have all the footage, about 200 tapes — and, I didn’t really know what I was doing,” he said. “But, I was interviewing people every day.” The format of the show has changed over the years, but one shared memory from his school days sounds familiar to what his show is now. “They closed down the block and everyone was drinking in this huge radius,” he said. “So from daytime to nighttime ... the vampires all came out, and little Howard Plum was interviewing and found himself in a limousine with his camera. It was somebody’s birthday party. So, I’m just doing this. I’m not saying anything. I’m just taping and one drunk guy says, ‘Well, who the hell are you?’ I said, ‘I’m just here taping, dude.’ They kicked me out of the limo. I start running.

The stuff you find yourself in is hilarious.”

What started as a hobby, he said, then developed into a lifestyle. Today, the lifestyle is more passion than vocation. It’s

Howard Plum is your man on the street, covering the happenings in and around the Capital District. He and his crew are off pushing the #TVMovement on Internet and cable.

Michael Hallisey/
TheSpot318

a second skin that lies underneath after parting from his vocation doing audio for a local television station. It’s the man strangers identify with the most when he arrives with microphone and crew in tow. His calling now has allowed him to coax people out of a crowd and, like Warhol once said, provide them their 15-minutes of fame.

Right. Cable access television has a limited audience, you just said — though, in not so many words. Plum and his production staff, Liz (co-host), Nate the Beard (correspondent) and Nick Inc. Co. (the cameraman), pushes the #TVMovement upon every audience he can reach. His outlet runs extensive with multiple channels that have spread from his first channel in Schenectady in 1999, to Albany, Saratoga, Troy and now New York City. Couple that with a YouTube channel, website and social media presence that audience has grown. But, time has also played a factor in changing attitudes, he said.

“There was a time, when I interviewed in the year 2000 in Saratoga, people were paranoid,” said Plum. People would ask, “What are you doing? Is this going to end up on the Internet?” But, now, things have changed. “2016?

They’re throwing their kids in front of our camera, because the world literally wants to be a part of this media.”

Just don’t call home “Smallbany.”

“When I hear that. Smallbany. I go, ‘Oh, you must never attended,’” said Plum. “Because, to me, it’s so diverse. It’s so much larger.” Plum said he sees the Capital District as consisting of different worlds. There’s a different consciousness surrounding the people of Troy, versus the people of Clifton Park. “I actually get very pissed when people say [Smallbany]. ... They don’t understand. ... People come up to us and go ‘I didn’t know this was going on in Albany. I didn’t know people still went out. Where do you find these beautiful people?’”

With Plum’s audience extending down to New York City, he looks to include story content that goes beyond the home. Some of that content, he said, includes news. “We’re starting to venture out. Because, I want news stories, and people are so different in other areas.” He’s looking at random road trips, possibly as far as Ohio. “Because, we’ve got to expand our horizons.

The biggest thing is, if you’re not growing, you’re plateauing. With the new people I’ve included, our ultimate goal is to get on one of the largest channels, and I would be happy with it. ... But, in the end, Howard is going to get his dream, and it will always be Internet. But, to me, it would be awesome [to have both]. Because, it’s two different worlds.”



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Night: 'Chicago' at Park Playhouse

ALBANY — The curtain closes on Park Playhouse's take on Broadway's classic tale of jazz and vaudeville this Saturday, July 30.

The longest running revival in Broadway history, and the basis for an Academy Award-winning motion picture, Chicago tells the darkly funny and altogether unforgettable story of murderesses Roxy Hart and Velma Kelly, who try to turn crime into fame. With one of Broadway's most memorable scores, and a book that is by turns hysterical and insightful, it's a show that's got it all... and all that jazz. Chicago is presented through special arrangement with Samuel French, Inc.

The musical is best suited for audience members age 13 and older. Performances, which



'Chicago' at Park Playhouse

Lakehouse Amphitheater
 Washington Park, Albany
 Through Sat., July 30

Bill Decker/The Spot 518

take place nightly through Saturday at the Lakehouse Amphitheater in Albany's Washington Park, begin at 8 p.m. Free lawn seating is available on a first-come, first-serve basis, while reserved tickets range from \$16 to \$24. Reserved

tickets may be purchased online by clicking the link at www.parkplayhouse.com/chicago, or by calling the box office at 434-0776.

In the case of inclement weather, check the website for updates at www.parkplayhouse.com.



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Day: Rhyming with Richie

BETHLEHEM — On your mark... get set... rhyme!

Richie Phillips, veteran local radio personality and former co-host of "Sean and Richie" on WGNA, will bring his kid-friendly "Rhyming with Richie" songwriting program to the Bethlehem Public Library on Thursday, July 28, at 2:30 p.m.

The ultimate goal of this fast-paced program is to use collaboration and teamwork to come up with an original musical jingle based on the library's Summer Reading theme:



Rhyming with Richie

Bethlehem Public Library
 451 Delaware Ave., Delmar
 Thurs. July 28 • 2:30 p.m.

Photo provided

"On Your Mark, Get Set... READ." Smaller groups will brainstorm ideas

before coming together to create a finished song to be recorded and shared. The program is free and suitable for kids and

families.

Phillips, whose school rhyming programs have been around for more than 20 years, has received numerous awards, including those from the Academy for Character Education at The Sage Colleges and the School Administrators Association of New York. He has also received two New York State Broadcasters Awards. He retired in January 2016 after 27 years on morning radio and is now focusing his talents on expanding his songwriting and character-building programs for young people.

For more information, call 439-9314 or visit www.bethlehempubliclibrary.org.

The Bethlehem Public Library is located at 451 Delaware Ave. in Delmar.

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Wed: **Mandolin Orange** | 8 p.m.
Thur: **Those Darn Accordions** | 8 p.m.
Fri: **Dub Is A Weapon** | 9 p.m.
Sat: **Seth's Sauerkraut Revue, featuring the Caleb Klauder Band** | 8 p.m.

ARTS CALENDAR



Psychadelic folk on tap

Capital District indie band Swamp Baby plays the Upbeat on the Roof concert series Friday, July 29, at 7 p.m. at the Tang Teaching Museum and Art Gallery at Skidmore College in Saratoga Springs.

Submitted photo

Crown Grill

390 Broadway, Saratoga Springs. 583-1105
Wed: **Azzaam & Roosevelt** | 7 p.m.

Dolce Vita

1727 State St., Schenectady. 357-3324
Fri & Sat: **Music and dancing with Randy Loren** | 5 p.m.

Emack & Bolio's

366 Delaware Ave., Albany. 512-5100
Fri: **Jay Maloney & Friends** | 7 p.m.
Sat: **Gross & Hart** | 7 p.m.
Sun: **Canyon** | 7 p.m.
Every Tue: **Open Mic** | 7 p.m.

Fuze Box

12 Central Ave., Albany. 703-8937
Fri: **The Kings of Nothing**

Eastern Electric, Shrapnel Warning, The Rescott Renegade, Head of Hydrus

6:30 p.m.
Sat: **Gross & Hart** | 7 p.m.
Sun: **Canyon** | 7 p.m.
Every Tue: **Open Mic** | 7 p.m.
Gaffney's
16 Caroline St., Saratoga Springs. 587-7359
Wed: **Toga Boys** | 8 p.m.
Thur: **Chris O'Leary Band** | 9 p.m.
Fri: **Rick Bolton & Jeff Walton** | 5 p.m.

The Switch

9 p.m.
Sat: **Rich Ortiz** | 9 p.m.
Sun: **Sirsy** | 8 p.m.

Garden Bistro 24

5 Vista Blvd, Slingerlands. 439-3832
Thur: **A3** | 6:30 p.m.

Ginger Man

234 Western Ave., Albany. 427-5963

Fri: **Maria Zemantauski** | 8 p.m.

Grappa '72

818 Central Ave., Albany. 482-7200
Wed & Thur: **Hamilton Street Jazz Company** | 6:30 p.m.
Fri: **Paul Borello & Michael Roach** | 6:30 p.m.

Hamlet and Ghost

24 Caroline St, Saratoga Springs. 450-7287
Wed: **Hot Club of Saratoga Trio** | 8 p.m.

The Hollow Bar + Kitchen

79 N. Pearl St., Albany. 426-8550
Thur: **Aurora** | 9 p.m.
Sat: **Coupons (album release)** | 8 p.m.

Hudson River Music Hall

10 Maple St., Hudson Falls. 832-3484
Wed: **Open Mic** | 7:30 p.m.
Sat: **Stephen Sondheim Tribute (cabaret show)** | 7 p.m.
Sun: **Stephen Sondheim Tribute (cabaret show)** | 2 p.m.

The Low Beat

335 Central Ave., 432-6572
Every Wed: **The Deadbeats** | 10 p.m.
Thur: **Factory Radio, Immune Fiction, Ludica** | 8 p.m.
Fri: **Two Cow Garage, Hot Cousin** | 8 p.m.
Sat: **Frank. Ben. Keith.** | 1 p.m.
The Spirit of Violence, Exul, Scavengers | 8 p.m.

Lucas Confectionary & Wine Bar

12 2nd St., Troy. 326-3450
Mon: **Le Trio Vino** | 7 & 8:45 p.m.

McGeary's

4 Clinton Square, Albany. 463-1455
Wed: **Best Damn Open Mic Ever with MotherJudge** | 7:30 p.m.
Sun: **Blues Jam** | 7:30 p.m.

Moon & River Café

115 S. Ferry St., Schenectady. 377-5100
Fri: **Doug Dales and Steve Sachar** | 7 p.m.

Continues on B10

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56						57				58		
59						60				61		
62						63				64		

ACROSS

- Poker action
- 007, for one
- Computer picture
- "Mi chiamano Mimi," e.g.
- Gull-like bird
- "The final frontier"
- Chick's sound
- Beach bird
- Lacks, briefly
- Children hunt for this on a holiday
- A chip, maybe
- Be bombastic
- "Raiders of the Lost ___"
- Kind of beetle
- Headache helper
- "___ to Billie Joe"
- It has points in Arizona
- ___ of the above
- A short street
- Hooter
- Obviously surprised
- ___ line (major axis of an elliptical orbit)
- Ornament
- Something to chew
- Late son by marriage
- Privileges
- "Dig in!"
- Archer, at times
- Clash
- Sway
- Ill-gotten gains
- Coal site
- Halo, e.g.
- King or queen
- Bunches
- 32-card game
- Kind of column (2 wds)
- Big Apple attraction, with "the"
- Cravings

DOWN

- Supergarb
- Length x width, for a rectangle
- "Hogwash!"
- Portable computer
- ___ shooting
- To rid of the undesirable
- Masculine side
- Quick and vigorous
- Actors
- Clearasil target
- After expenses
- Layers
- Astute
- At attention
- Balaam's mount
- Shrubs native to the Andes
- Assume
- To utilize again
- "___ Lang Syne"
- Kind of motel
- Enter
- Demands
- Masked critter
- Couple
- Done again
- "Farewell, mon ami"
- "i" lid
- Ornamental band worn on arm
- Debaucher
- Oily
- Like a foolish old woman
- "Otherwise..."
- Early course
- John Paul II, e.g.
- Mosque V.I.P.
- Microwave, slangily
- Unit of capacity used for measuring herring
- Beanery sign
- "My man!"

Answers on Pg. B 25

ARTS CALENDAR

Sat: **Harry George Pellegrin** | 7 p.m.
Every Sun: **Open Mic** | 7:30 p.m.

Mouzon House

1 York St., Saratoga Springs. 226-0014
Wed: **Joe Gitto & Dan Wancyk** | 6:30 p.m.
Thur: **Hot Club of Saratoga Trio** | 7 p.m.

Oh Bar

304 Lark St., Albany. 463-9004
Thur: **Karaoke** | 10 p.m.

One Caroline Street

1 Caroline St., Saratoga Springs. 587-2026
Wed: **The Masters of Nostalgia** | 8:30 p.m.
Thur: **Cloud Lifter** | 8 p.m.
Fri: **Mark Kleinhaut** | 6 p.m.
Holly & Evan | 9 p.m.
Sat: **Scott Bassinson** | 6 p.m.
People Food Trio | 9 p.m.
Sun: **Michael Malis Trio** | 7 p.m.
Mon: **Tim Wechgelaer & Kevin Thompson** | 7:30 p.m.

The Parting Glass

40 Lake Ave, Saratoga Springs. 583-1916
Wed & Thur: **Irish Celtic Session** | 7 p.m.
Fri: **Big Medicine** | 9 p.m.
Sat: **Erin Og Irish Band** | 9 p.m.
Mon: **Luck Of The Draw** | 7 p.m.
Tue: **Off Track Band** | 8 p.m.

Panza's

510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. 584-6882
Fri: **Azzaam Hameed** | 7 p.m.
Sat: **Michael Panza & Chris Dollard** | 7 p.m.

Pauly's Hotel

337 Central Ave., Albany. paulyshotel.com
Thur: **Machete, Che Guevara T-Shirt,**



Stephen Sondheim's forest

Famous fairy tale characters go "Into the Woods" in the Mac-Haydn Theatre's production of Stephen Sondheim's musical. The show opens Thursday, July 28, and continues through Aug. 7. For tickets and more information, call 392-9292 or visit www.machaydntheatre.com.

Submitted photo

Victory at the Crossroads, Real Blue Sky | 8 p.m.
Fri: **A Nautical Mile, Peter Anello** | 8 p.m.
Mon: **Blues Jam** | 8 p.m.

Platinum Pub
795 3rd Ave., Watervliet. 270-9907
Every Tue: **Open Mic**

Provence
Stuyvesant Plaza, 1475 Western Ave., Albany. 689-7777
Fri: **Colleen Pratt & Peg Delaney** | 7 p.m.
Sat: **A3** | 7 p.m.

Prime at Saratoga National
458 Union Ave., Saratoga Springs.

583-4653
Sun: **Joe Sorrentino Trio (jazz brunch)** | 10:30 a.m.

Putnam Den
63a Putnam St., Saratoga Springs. 584-8066
Thur: **Doobie Decibel System, Midnight North** | 9:30 p.m.

Fri: **Funky Dawgz Brass Band** | 9:30 p.m.
Sat: **The Primate Fiasco (performs Dylan Disco)** | 9:30 p.m.

Rustic Barn Pub
150 Speigletown Rd., Troy. 235-5858
Every Thur: **Open Mic** | 8 p.m.
Fri: **Brian Kane Acoustic** | 6 p.m.

Speakeasy 518

42 Howard St., Albany. 449-2332
Wed: **Tyler Giroux** | 8 p.m.
Thur: **Terry Gordon Duo** | 9 p.m.
Fri & Sat: **Eric DiVito Trio** | 9 p.m.
Mon: **Joe Finn** | 9 p.m.

Spillin' the Beans

13 3rd St, Troy, 268-1028
Fri: **Keith Pray's Soul Jazz Revival** | 7 p.m.

Stockade Inn

1 North Church St., Schenectady. 346-3400
Thur: **Dino Cimino** | 7 p.m.
Fri: **Carla Metz & Larry Acunto** | 7 p.m.

Twisted Vine

384 Kenwood Ave., Delmar. 439-3241
Thur: **Rob Beaulieu & Drew Costa** | 8 p.m.
Sat: **Jazz Connection** | 8 p.m.

Upstate Concert Hall

1208 New York 146, Clifton Park. 371-0012 or upstateconcerthall.com
Fri: **A-Boogie** | 8 p.m.
Sun: **Best Coast** | 7 p.m.
Tue: **Motion City Soundtrack** | 6:30 p.m.

Waterworks Pub

76 Central Ave., Albany. 465-9079
Thur: **DJ Shawn Gillie** | 11 p.m.
Fri: **Karaoke** | 10 p.m.
Sat: **DJ David Barna** | 10 p.m.
Mon: **Karaoke** | 10 p.m.

Wishing Well Restaurant

745 Saratoga Rd, Wilton. 584-7640
Wed: **Christine Spero** | 6:30 p.m.
Thur, Fri & Sat: **Rob Aronstein** | 6:30 p.m.
Tue: **Chris Dollard** | 6:30 p.m.

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ARTS CALENDAR



A little New Orleans blues and jazz

Singer-songwriter Howard Fishman leads his band into Performance Spaces for the 21st Century Saturday, July 30, at 8 p.m. Call 392-6121 or visit ps21chatham.org for more information.

Submitted photo

Yono's
25 Chapel St., Albany. 436-7747
Fri and Sat: Hamilton Street Jazz Duo | 6:30 p.m.

MUSIC

Rockin' on the River
An evening of Grateful Dead songs by Blues for Breakfast. July 27, 5 p.m., Riverfront Park, Troy. Free. Information: 279-7997 or www.downtowntroy.org.

Buhrmaster Barn Concert Series
German Night with Greg Reinwald. July 27, 6:30 p.m., Pruy House, 207 Old Niskayuna Road, Latham. Admission: adults \$5, children 12 and under free. Information: 783-1435 or www.pruynhouse.org.

The Refrigerators
Popular Capital District cover band. July 27, 7 p.m., Freedom Park, Schonowee Avenue, Scotia. Free. Information: www.freedomparkscotia.com.

Lake George Arts Project Summer Concert Series
John Jorgenson Quintet performs. July 27, 7 p.m., Shepard Park, Lake George. Free. Information: 668-2616 or

www.lakegeorgearts.org.
Yanni
Internationally-acclaimed composer and his orchestra. July 27, 7:30 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$48-\$128. Information: palacealbany.com.

Lisa Batiashvili and Francois Leleux
Violinist and oboist perform works by Saint-Saens, Mozart, Debussy and Britten, accompanied by pianist Emanuel Ax, violist Kim Kashkashian and cellist Lynn Harrell. July 20, 8 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$19-\$66. Information: www.bso.org.

Jazz on Jay
The Brian Patneau Quintet performs. July 28, noon, "The Circle" at State and Jay streets (across from Proctor's), Schemectady. Free. Information: 372-5656.

Alive at Five
Country band LoCash headlines, with opening act Skeeter Creek. July 28, 5 p.m., Tricentennial Park, Albany. Free. Information: 434-2032 or www.albanyevents.org.

Concerts in the Park
Emily Teller performs. July 28, 6 p.m., Wiswall Park, Ballston Spa. Free.

Vellano Corporation Summer Concert Series
Holly McCormack performs. July 28, 6:30 p.m., The Crossings, 580 Albany Shaker Road, Colonie. Free. Information: 456-2136.

Scotia-Glenville Community Band and Jazz Band
Classical and jazz music. July 28, 7 p.m., Freedom Park, Schonowee Avenue, Scotia. Free. Information: www.freedomparkscotia.com.

Bluz House Rockers
Covering all of the classic rock hits. July 28, 7:30 p.m., Guilderland Performing Arts Center, Tawasentha Park, Route 146, Guilderland. Free. Information: 456-3150.

Danish String Quartet
Performing works by Norgard, Mendelssohn and Beethoven. July 28, 8 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$18-\$56. Information: www.bso.org.

Rock the Block Concert Series
Back Beat and Marc Macri perform. July 29, 6 p.m., Canal Square, 72 Remsen St., Cohoes. Free.

Continues on B12

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ARTS CALENDAR

Upbeat on the Roof

Psychedelic folk band Swamp Baby performs. July 29, 7 p.m., Tang Teaching Museum and Art Gallery, Skidmore College, North Broadway, Saratoga Springs. Free. Information: 580-8080 or tang.skidmore.edu.

Butch Trucks and The Freight Train Band

Longtime Allman Brothers Band drummer Butch Trucks keeps the group's music going. July 29, 8 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$29.50. Information: 473-1845 or www.theegg.org.

Boston Symphony Orchestra

Andris Nelsons conducts the orchestra through works by Mozart and Mahler, with special guest Jonathan Biss. July 29, 8 p.m., Koussevitzky Music Shed, Tanglewood, Lenox, Mass. Tickets: \$11-\$101. Information: www.bso.org.

Young Artists Orchestra

Students from the Boston University Tanglewood Institute perform Mahler's "Symphony No. 6." July 30, 2:30 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$12. Information: www.bso.org.

Powers Park Concert Series

Classic Rock Night 1 with Blue Hand Luke. July 30, 6 p.m., Powers Park, 420 Second Ave., Troy. Free. Information: 279-7162.

Moriah Formica

Classic rock. July 30, 7 p.m., Freedom Park, Schonowee Avenue, Scotia. Free. Information: www.freedomparkscotia.com.

The Howard Fishman Quartet

Composer, singer/guitarist and bandleader Howard Fishman leads his band through an evening of New Orleans-inflected jazz, blues, country and originals. July 30, 8 p.m., Performance Spaces for the 21st Century, 2980 Route 66, Chatham. Tickets: general admission \$25, PS21 members \$20 and students \$14. Information: 392-6121 or www.ps21chatham.org.

Boston Symphony Orchestra

Andris Nelsons conducts the orchestra through works by Corigliano, Sibelius and Beethoven, with special guest Augustin Hadelich. July 30, 8 p.m., Koussevitzky Music Shed, Tanglewood, Lenox, Mass. Tickets: \$20-\$101. Information: www.bso.org.

Tanglewood Music Center Chamber Music

Three works by John Cage for prepared piano. July 31, 10 a.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$12. Information: www.bso.org.

Young Artists Wind Ensemble

Students from the Boston University



Dance Omi alumni reunite

Monstah Black, above, and Stephanie Miracle perform together to celebrate Art Omi's 25th anniversary on Friday, July 29, at Performance Spaces for the 21st Century in Chatham. For more information, visit ps21chatham.org.

Submitted photo

Tanglewood Institute perform works by Grainger, Gryn, Holst, Strauss, Wagner and BUTI alumni Mason Bates and Roshanne Etezady. July 31, 2:30 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Free. Information: www.bso.org.

Boston Symphony Orchestra

Andris Nelsons conducts the orchestra through an all-Brahms program, with special guest Paul Lewis. July 31, 2:30 p.m., Koussevitzky Music Shed, Tanglewood, Lenox, Mass. Tickets: \$20-\$101. Information: www.bso.org.

Music from Salem

"The Winged Energy of Delight..." featuring performances by Saul Bitran (Cuarteto Latinoamericano member), Sarah Kim (Apple Hill String Quartet) and Judith Gordon, who will play two pieces on a 37-key toy grand piano. July 31, 4 p.m., Hubbard Hall, 25 East Main St., Cambridge. Suggested donation: \$25. Information: 232-2347.

Luke Bryan

Country music superstar, with special guests Little Big Town and Dustin

Lynch. July 31, 7 p.m., Saratoga Performing Arts Center, 108 Avenue of the Pines, Saratoga Springs. Information: www.spac.org.

Music Haven Concert Series

Legendary Jamaican jazz pianist Monty Alexander and the Harlem Kingston Trio, with opening act Alfred St. John's Trinidad & Tobago Steelband. July 31, 7 p.m., Central Park, Schenectady. Free. Information: www.musichavenstage.org.

Hot Club of Saratoga

Gypsy jazz/swing band. July 31, 7 p.m., Freedom Park, Schonowee Avenue, Scotia. Free. Information: www.freedomparkscotia.com.

Dana Park Concert Series

Bell's Roar headlines, with opening act the Ryan Leddick Trio. Aug. 1, 5 p.m., Dana Park, Lark Street, Albany. Free.

Tanglewood Music Center

Vocal recital featuring Wolf's "Italienisches Liederbuch." Aug. 1, 8 p.m., Seiji Ozawa Hall, Tanglewood, Lenox, Mass. Tickets: \$12. Information: www.bso.org.

Tanglewood on Parade

A day of classical music all over the complex, followed by a fireworks display. Aug. 2, 2:30 p.m., Tanglewood Music Center, Lenox, Mass. Tickets: \$24-\$111. Information: www.bso.org.

Made in the Shade of The Egg

American roots music ensemble The Dustbowl Revival performs. Aug. 3, noon, Empire State Plaza Concourse, Albany. Free. Information: 473-1845 or www.theegg.org.

THEATRE

A Night with Janis Jopin

Randy Johnson's tribute to one of rock music's iconic singers. Presented by Capital Repertory Theater, 111 North Pearl St., Albany, through Aug. 7. Shows: Tuesdays through Sundays, call for times and ticket prices. Information: 445-7469 or www.capitalrep.org.

Park Playhouse presents Chicago

All-new take on the classic Broadway

musical, through July 30, Washington Park Lakehouse, Albany. Shows: Tuesdays through Saturdays, 8 p.m. Tickets: reserved seats \$16-\$24, lawn seats free. Information: www.parkplayhouse.com.

Into the Woods

Stephen Sondheim's musical about famous fairy tale characters and the choices they make. Presented by Mac-Haydn Theatre, 1925 NY-203, Chatham, July 28 through Aug. 7. Tickets: evenings \$34, matinees \$31, children under 12 \$14. Information: 392-9292 or www.machaydntheatre.org.

Cyrano

The classic comedy. Presented by Saratoga Shakespeare Company, Alfred Z. Solomon Stage, Congress Park, Saratoga Springs, through July 30. Shows: Wednesday through Saturday 6 p.m. Free. Information: www.saratogashakespeare.com.

Love, Loss and What I Wore

Nora and Delia Ephron's play featuring 28 hilarious and poignant vignettes about life's journeys for different

women. Presented by Curtain Call Theatre, 210 Old Loudon Road, Latham, July 29 through Aug. 20. Shows: Thursdays 7:30 p.m., Fridays and Saturdays 8 p.m. and Sundays 3 p.m. Tickets: \$24. Information: 877-7529 or www.curtaincalltheatre.com.

The Real (Desperate) Housewives of Columbia County

A hilarious musical about the lives of four women. Presented by Mac-Haydn Theatre, 1925 NY-203, Chatham, Aug. 1 and 15. Tickets: \$25. Information: 392-9292 or www.machaydntheatre.org.

COMEDY

The Funny Bone

John Morgan headlines. July 28, 7:30 p.m., July 29, 7:30 and 10 p.m., July 30, 7 and 10 p.m. and July 31, 7 p.m. Crossgates Mall, Western Avenue, Guilderland. Information: 313-7484 or Albany.funnybone.com.

The Comedy Works

Paul Bond headlines, July 27-31. Shows: Wednesday, Thursday and Friday 8:30 p.m., Saturday 8 and 10 p.m., Sunday 8:30 p.m. 388 Broadway, Saratoga Springs. Information: 275-6897 or thecomedyworks.com.

Pretty Much the Best Comedy Show

Stand-up comedian and writer Shane Torres is the featured performer at this month's show. July 30, 8 p.m., Proctors Underground, 432 State St., Schenectady. Tickets: \$15 advance, \$20 day of show. Information: 346-6204 or www.proctors.org.

DANCE

New York City Ballet

Famed ballet company returns for another summer residency. July 27-30, Saratoga Performing Arts Center, 108 Avenue of the Pines, Saratoga Springs. Information: www.spac.org.

Art Omi

Presenting "Miracle and Monstah: Dance Omi Alumni Concert at PS21." July 29, 8 p.m., Performance Spaces for the 21st Century, 2980 Route 66, Chatham. Tickets: general admission \$30, PS21 members \$25 and students \$15. Information: 392-6121 or www.ps21chatham.org.

FAMILY/YOUTH

Barker Park Kids' Summer Series

Dog on Fleas will introduce children to a wide variety of musical styles. July 28,



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■ ARTS CALENDAR



Desperate, but not serious

The Mac-Haydn Theatre brings back "The Real (Desperate) Housewives of Columbia County" for two Monday nights, Aug. 1 and 15. Tickets are \$25. For more information, call 392-9292 or visit www.machaydntheatre.com.

Submitted photo

11 a.m., Barker Park, corner of Third and State streets, Troy. Free. Information: troymusicall.org.

The Frog Prince

The classic children's tale about a royal couple who are cast under a witch's spell. Presented by the Mac-Haydn Children's Theatre, 1925 NY-203, Chatham, through July 30. Shows: Fridays and Saturdays at 10:30 a.m. Tickets: \$10. Information: 392-9292 or www.machaydntheatre.org.

Saratoga Choral Festival

The culmination of a three-week workshop features a semi-staged production of "Magic Tree House — The Musical," plus other children's songs. July 31, 3 p.m., Spa Little Theater, Saratoga Spa State Park, Saratoga Springs. Tickets: adults \$25, seniors \$20, children under 18 \$5. Information: 791-0185 or www.spac.org.

FILM

Construct It Film Festival

A series of seven films about buildings and the people who design them. Aug. 1-7, Performance Spaces for the 21st Century, 2980 Route 66, Chatham. Films begin at 8:30 p.m. each night. Free. Information: 392-6121 or www.ps21chatham.org.

Summer in the City movie series

See Disney/Pixar's "Brave." Aug. 2, 1 p.m., Palace Theatre, 19 Clinton Ave., Albany. Free. Information: palacealbany.com.

LITERARY

Ellen McHale

Author talks about her book, "Stable Views: Stories and Voices from the Thoroughbred Racetrack." Aug. 2, 6 p.m., Northshire Bookstore, 424 Broadway, Saratoga Springs. Information: 682-4200 or www.northshire.com.

Caffé Lena Poetry Open Mic

Featuring readings by two regional poets and an open mic. Aug. 3, 7 p.m., Northshire Bookstore, 424 Broadway, Saratoga Springs. Suggested donation: \$5. Information: 682-4200,

www.northshire.com or www.caffelena.org.

EXHIBITS

Albany Center Gallery

"Compound Fragment," featuring works by Katherine Chwazik and Tara Fracalossi, through Aug. 12. 39 Columbia St., Albany. Information: 462-4775 or www.albanycentergallery.org.

Albany Institute of History and Art

"Masterworks: 225 Years of Collecting," through Sept. 4; "Spotlight: Alexander Hamilton," through Dec. 31; plus "A Gather of Glass: Selections from the Museum's Collection," "Ancient Egypt" and more. 125 Washington Ave., Albany. Information: 463-4478 or www.albanyinstitute.org.

Albany Public Library — Pine Hills Branch

"Too Many Words," featuring works by Emily Armstrong, Michael Conlin, Shea Lord-Farmer, Mark Oujia, Erik Savage and Larissa Tapler, through Oct. 2. 517 Western Ave., Albany. Information: www.albanypubliclibrary.org.

Arts Center of the Capital Region

"Heavenly Body," featuring the work of Artist in Residence Andrea Hersh, through Aug. 27. "Fence Select 2016" and "Ray Felix: Interiors," through Aug. 27. 265 River St., Troy. Information: 273-0552 or www.artscenonline.org.

Heather Ridge Farm

"Farmscapes" by Saugerties artist Prue See, through Labor Day weekend. 989 Broome Center Road, Preston Hollow. Information: 239-6234 or www.heather-ridge-farm.com.

The Hyde Collection

"Camp Iris," a site-specific, interactive work by Victoria Palermo, through Labor Day; "Dürer & Rembrandt: Master Prints from the Collection of Dr. Dorrance Kelly" and "The Hydes & Rembrandt," through Oct. 2. 161 Warren St., Glens Falls. Information: 792-1761 or www.hydecollection.org.

The Laffer Gallery

"Symphony in Color," featuring works by Peris Carbonell and John Van Orsouw, through Aug. 28. 96 Broad St., Schuylerville. Information: www.thelaffergallery.com.

Mabee Farm Historic Site

"In Whom We Trust: At the Crossroads of Faith & Community," a photography exhibit by Michael Diana. 1100 Main St. (Route 5S), Rotterdam Junction. Information: schenectadyhistorical.org/exhibits.

miSci

"Return of the Dinosaurs," through Sept. 18. Nott Terrace Heights, Schenectady. Information: 382-7890 or www.miSci.org.

National Museum of Dance

"50 Years at SPAC," celebrating the golden anniversary of the venerable performance venue; "The Dancing

Athlete," an exhibit that explores the connection between dance and sports; "Gen," a life-sized sculpture of former New York City Ballet principal dancer Gen Horiuchi; plus "A Tribute to Dancers in Film," "Making Art Dance" and "2015 Hall of Fame Inductees Mark Morris and Rudolf Nureyev." 99 South Broadway, Saratoga Springs. Information: 584-2225 or www.dancemuseum.org.

New York State Museum

"St. Paul's Chapel: A Place of Refuge," through Aug. 21. Empire State Plaza, 222 Madison Ave., Albany. Information: 474-5877 or www.nysm.nysed.gov.

Second Floor Gallery

NorthCountryARTS exhibition featuring works by Nancy Powhida and Tom O'Brien. Aug. 1 through Sept. 2, Glens Falls City Hall, 42 Ridge St., Glens Falls. Information: 798-0992.

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Answers on Pg. B 25

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Eating clean

Low-Carb Hawaiian Wedding Cake

By **STACEY MORRIS**
news@spotlightnews.com

CULINARY ARTS

Wedding season is in full swing! And even if you're not participating in one this summer, you can enjoy this amazing dessert, which I've taken from my grandmother's clippings to imbue its sweetness with some gluten-free and paleo heft. All I can say is, Thank God for almond meal! It's my new best friend, subbing beautifully for white flour by adding fiber, protein, and in essence, not ringing the blood-sugar-spiking bell so hard. The vegan cream cheese may take some getting used to, but give it a try. You may be surprised...

Makes: About 20 (2-by-2-inch servings) / Preparation time: 15 minutes / Total time: 1 hour (plus cooling time)

Cake Ingredients

- 3 teaspoons baking soda
- 1 cup coconut flour
- 1 1/2 cups almond meal
- 1/2 cup ground flax seeds
- 1 cup coconut palm sugar
- 1 cup raisins
- 1/3 cup chopped dates
- 1 cup hot coffee or espresso
- 3 eggs
- 1/4 cup coconut oil

- 1 can (20 ounces) crushed pineapple with juice
- 3 teaspoons vanilla extract
- 3 tablespoons coconut oil

Frosting Ingredients

- 8 ounces vegan cream cheese
- 1 can of full-fat coconut milk, refrigerated overnight
- 1 box sugar-free vanilla pudding mix

Instructions

Preheat oven to 340°. Lightly grease a 9-by-13-inch baking dish. Place raisins and dates in a shallow baking dish and spread evenly within dish. Pour hot coffee over the dried fruit and set aside. In a large mixing bowl, combine the baking soda, flour and sugar and mix well. Add the eggs, 1/4 cup coconut oil, pineapple (with its juice), vanilla and coffee mixture. Mix well. Place the 3 tablespoons of coconut oil in the sprayed baking dish and place dish in oven for five minutes, or until oil is melted. Remove from oven and tilt pan to distribute oil evenly.

Pour the batter into the prepared baking dish and bake on the bottom rack for 50 minutes. Turn oven off and let sit in cooling oven at least 20

minutes.

For the frosting, place cream cheese in a mixing bowl. Open coconut milk and drain water, set aside. Scrape coconut fat into mixing bowl. Add pudding mix and beat with electric mixer until smooth. If frosting is too thick, add some coconut water. Blend until fluffy. Spread the whipped cream cheese mixture over the cooled cake. Cut into desired size squares.

Stacey Morris is a Loudonville-based writer, health coach, yoga instructor and cookbook writer. Her website is www.staceymorris.com.



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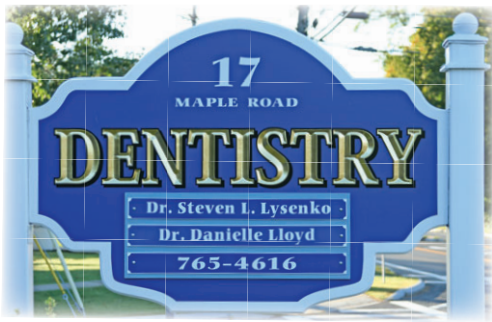
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FITNESS

Baby, it's hot out there!

High temps and humidity can be dangerous to your exercise routine — follow these tips to keep yourself safe

By **DAN ROMAND**
news@spotlightnews.com

We're smack in the middle of summer and with it the heat and humidity that we all have to deal with.

Last week, one of our clients told us how a friend of hers went for a run. Now normally she can run for miles and miles but due to the heat and humidity she ended up throwing up just a couple miles in.

A sure sign she was likely suffering from heat exhaustion or worse heat stroke. **NOT GOOD!**

And she thought she was doing the right thing by waiting until 7 p.m. to do her run.

The challenges summertime fitness throw at us often come as a surprise. Here in the Northeast, we usually only have a couple of months with temperatures in the 90s and high humidity so we tend

to forget that it can adversely affect our bodies when we try to work out outside.

We are so used to the long fall, winter and spring months we forget that our bodies need to re-acclimate to the heat and humidity so that it can react better to the conditions.

It is an adjustment but it can be done. Personally, I am very prone to heat exhaustion and being a red head doesn't help. But I don't let that cause me to lose momentum.

I've learned how to make some adjustments to my approach and keep working hard during the summer months. I thought I'd share some of my tips and tricks with all of you.

1. Do your cool down first

What I mean is lower your body temperature before heading outside. Try taking a cold shower or, if you have one,

Continues on B21



Staying hydrated is crucial during warm weather. Ideally, you should consume half your body weight in ounces of water every day.
Public domain photo

It's not easy being a parent, but here's something simple you can do. Spend two minutes twice a day making sure they brush; it could help save them from a lifetime of tooth pain. Make it fun, text MOUTH to 97779 to join the 2MIN2X Challenge.



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CAN SHE SING

No question, could Kelly McIntyre sing as Janis Joplin.
TheSpot518 File Photo

THEATER REVIEW

A Night with Janis Joplin

By JAMES YEARA
news@spotlightnews.com

Joe Cocker growls “You feelin’ alright/ Not feelin’ too good myself” from the speakers in Capital Repertory’s intimate studio theater. A cute brunette nearby says aloud to no one in particular “They should have started with a dance party.” Thursday’s “Alive at Five” crowd seems to have filled the house, and lively party chatter plays back-up to Cocker’s “You sure took me for one big ride/ And even now I sit and I wonder why.” The set by Brian Prather seems to have been lifted whole from a Tinker Street bar in Woodstock right down to the eclectic mix of electric candles downstage acting as footlights, several mandala pattern carpets in different colors scattered on the stage floor, a slightly raised 3 by 4 foot platform down center, the only dive-bar anomaly two story stacks of aluminum struts packed with rotating led lights upstage left and right. The 8-piece band — 1969 perfectly long-haired and bearded, fringe vested and denim bell-bottom wearing missing only the artisanal hand-rolled clove or other herbal cigarettes tucked behind an ear — waits upstage, guitars, drum, bass, trumpet, trombone, sax, and keyboard (doubling as the front of the wooden bar itself) at the ready. “It’s A HAPPENING!” the cute brunette nearby screams as a blond in the front row stands to dance to Cocker singing “You feelin’ alright/Don’t you get too lost in all I say.”

And “A Night with Janis Joplin” hadn’t even started yet.

Two and a half hours later, with a karaoke thumping sing-a-long to “Mercedes Benz” (the last song Joplin recorded, a pure and direct a cappella), the Thursday “Alive at Five” crowd not only had a good-time tribute show to Janis Joplin, but found out CapRep is “alive” 6 days a week, twice a day on Wednesdays and Saturdays. A splendid time is guaranteed for all who love to groove to music and be moved by its soul.

And while you may show up to spend the night with the Janis Joplin jukebox promise of the title, your ears and soul will leap to your feet at the performances of Danyel Fulton, Jannie Jones, Nikita Jones, and Kimberly Ann Steele singing the songs of the women whose souls influenced Joplin’s. Their performances and the weaving of Joplin’s story with the African-American artists who are the foundation of Joplin’s music are what make A Night With Janis Joplin a show not to miss.

The 25 songs in the show run atop Joplin’s (Kelly McIntyre, who leaves all of her onstage by the end of the night) influences, and fans will stand, dance, and sing along with Joplin’s hits; “Piece of My Heart” in particular grabbed part of mine and didn’t give it back. “Try (Just a Little Bit Harder)” and the poignant “Stay with Me,” done with a backdrop of projected Joplin family photos got people moving and grooving, while the Kris Kristofferson hit “Me and Bobby McGee” was curiously anti-climatic. Performed immediately after the stirring “I Shall Be Released” (performed by Fulton, the Joneses, and

Steele as “Blues Singer,” Nina Simone, Bessie Smith, and Etta James respectively, i.e., the Soul behind Joplin’s soul), which ended with the audience leaping to its collective feet to applaud, “Me and Bobby McGee” kept us on our feet without remembering why we were standing.

That moment underscores the one weakness of “A Night with Janis Joplin”: the strength of the play is the singing of Joplin’s influences, and the staging of Etta James or Odetta or Bessie Smith singing was simply done, lighted without distraction, done with little accompaniment. When Janis sang the same song in her style, the lights flashed and moved and changed colors and the 8-piece band wailed like there were 25 instruments all about to be re-possessed. While Janis Joplin

frequent addresses to the audience were how she would “tell like it is” or “don’t b*llsh!t anyone else and don’t b*llsh!t myself,” the staging pointed out that b*llsh!t is always lit with a lot of moving, changing lights. “When A Night with Janis Joplin” stays true to its roots, it is a happening. When the lights ballyhoo and Janis becomes a contestant on “The Voice” belting every note, the four women singers fade into the background and the second act jukebox tendency of the piece hits big downbeats. It’s a fun show, fans of pop Janis Joplin will love it, but a little bit of her heart is torn away by it. It’s a shame, because the woman could sing without all the b*llsh!t, as “A Night With Janis Joplin’s” first act makes clear.

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RESTAURANT REVIEW

Eating along The Waters Edge

By ELIZABETH SCHAEFER
news@spotlightnews.com

Once the summer months hit, my partner, daughter and I try really hard to only go to places where we can sit outside and enjoy the weather. The summer is so limited, that we want to soak up every second we can. Add great food, great drinks and beautiful view and you have our perfect Saturday night.

After some discussion we decided to head to the Lighthouse in Scotia. We called ahead to see if there was a wait for outside tables, and surprisingly there wasn't. (They don't accept reservations for their outside seating). However, had there been a wait, we really would have been fine with it, because the atmosphere is just so "right" and waiting is just actually quite relaxing.

When we arrived, we realized that there was some construction going on behind the restaurant. I think this may have been part of the reason it wasn't packed, but it did not affect our service or meal at all.

We were seated immediately at a table on the second tier of its outside seating. Any table in its outside area has a great view of the Mohawk and the small boats coming in and out, but that night, ours

IF YOU GO

- **What:** The Waters Edge Lighthouse
- **Where:** 2 Freemans Bridge Road
Glenville, N.Y. 12302
- **Phone:** (518) 370-5300

had a particularly serene feel.

Our server arrived quickly and we immediately placed an order of calamari, as well as a "Hummingbird" for me, a Manhattan for him, and a soda for her. I must tell you about the "Hummingbird". It has become my favorite treat to have when we go to the Lighthouse, in part because they serve it perfectly. A Hummingbird is a mix of Sparkling Brut, St. Germain, and club soda. What they do at the Lighthouse is unique to anywhere else I have seen it on the menu (which is very infrequent). The drink comes in a small glass carafe, made by St. Germain, with a glass on the side with or without ice. I always get ice, because I really prefer all my drinks to be very cold. This time did not disappoint, it was perfect and a wonderful way to start to unwind and enjoy the view.

When our waiter returned to take our dinner orders, he did let us know that meals were taking a bit of time, which was fine with us, as we were totally relaxed. As he read the specials, I immediately fell in love with the first item he described. It was a pan seared cod, served over a light pesto cream sauce, sautéed spinach and brown rice. He chose their seafood risotto and based on the server's recommendation went with the larger size,



You should take advantage of these summer days to go out and eat outdoors.

Photo by Elizabeth Schaefer / TheSpot518

because he promised it would heat up wonderfully the next day. The 16-year-old was dying for some sort of steak, so she chose the filet beef tips.

Our calamari arrived shortly after he took our order, and it was good. Not the best I have ever had, but definitely a nice start. After we finished that, it was a bit of a wait for dinner, but we really did not mind it at all. It was gorgeous out, the water calm and quiet and we were able to just sit back and relax. Our server stopped by a few times, checked on us, and even chatted with us for a while.

Once our meals did arrive, we all were immediately thrilled, and that was even before tasting it! First, as I have made it clear before, it is very important to me that a meal be served hot. Lukewarm means it probably has been sitting waiting and that is just not ok with me. To my delight, my meal was probably served directly from the pan. The cod was cooked just right, seared on top, but with enough moisture left inside to make it delicious. The pesto cream sauce was only lightly drizzled on top of the fish, with the rest being under, which I really appreciated, because it allowed me to decide just how much I wanted to have on my cod. The rice and spinach were cooked well, and flavored nicely. There is absolutely nothing

negative to say about the meal. I, as usual, was not able to finish, but it did heat up very nicely the next day and he had it for lunch.

He really enjoyed his seafood risotto, and the seafood was plentiful. It is always a fear that the dish will be mostly risotto with a sprinkling of seafood, but this was not the case. The shrimp, scallops and lobster were all cooked just right, and the ratio was spot on. Since what I ordered was a special, I will probably order this dish when we go back. He too wasn't able to finish, but added it to the lunch of my leftover cod the next day, and was thrilled.

I have no idea what the 16-year-olds filet tasted like, I didn't get a chance to ask for a taste but she had nothing left to bring home, so I take that as a very good sign. Plus, she raved about it.

Before tip, the bill came to just over \$100, which is what I had expected. We all ordered higher end meals (they do have light fare menu), as well as drinks and an appetizer.

I highly recommend you head over there, especially before the summer months are behind us, because sitting outside and enjoying the seafood, is what summer is all about.

Elizabeth Schaefer spends the majority of her time at the gym, as both an instructor and a "gym rat," but strategically plans on at least one "cheat" meal a week. Please submit suggestions at elizabethfoodreviews@gmail.com.

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FILM REVIEW

Star Trek Beyond

Married couples take on Star Trek's latest

By **NICOLE & MATT ROBINSON**

news@spotlightnews.com

Nicole: So, full disclosure, I didn't see Star Trek Into Darkness because, if you remember, you went on a man-date to see it and I was not invited. Did it affect anything in Star Trek Beyond?

Matt: First off, weren't you busy when we went on the man-date?

N: No. I was told, "You aren't invited."

M: Lies. And, not it didn't affect the third movie at all. Some of the character relationships are developed throughout each movie, but that's it.

N: Okay, that's good. I didn't really feel like I was missing anything. Does that make it a less cohesive trilogy or is it better that a viewer can watch each as its own entity?

M: I don't even know if I would call it a trilogy at this point. It's more just a series of movies called Star Trek at this point, because there is no major through line.

N: I have to say, I was sad I missed the second

one and had pretty high hopes for this one. For starters, I loved the first J.J. Abrams' installment of Star Trek. I found myself actually "getting" the easter eggs left for super fans, which means I watched way more of the show as a kid than I ever thought. Plus, this one was written by Simon Pegg. But, ultimately, I was pretty underwhelmed.

M: It wasn't very good.

N: No, right?

M: I mean, even the actors seemed to be tired of the series.

N: They definitely seemed to phone it in. It just didn't seem like the same cast I remembered from the first one, and I couldn't tell if it was the actors themselves or poor direction. But newcomer Sofia Boutella, who played Jaylah, was fantastic and pretty much the brightest spot of the film.

M: Agreed. And I think it's telling when the newcomer is better than several veteran actors. Plus losing J.J. Abrams as a director definitely made an impact. It was missing the darkness that the first

two had. This was just too goofy and cheesy.

N: The motives of the villain were too-long coming, difficult to comprehend, and had to be explained to the audience through dialogue that was almost incomprehensible due to fighting and heavy accents.

M: The fighting and space battles were pretty cool.

N: I guess if you're going to have an epic summer blockbuster, they better be.

M: Yeah. But the good ones are more than that. And this just wasn't.

N: I also had trouble connecting with many of the characters. I know there was a bit of a kerfuffle when Simon Pegg and Chris Pine spoke adamantly in support of Sulu's gay backstory, although veteran George Takei didn't believe it made much sense for the character. But, it really wasn't a meaningful or transcendent part of the movie. Thanks for the gay character, I guess. What was hardest and the most emotional for me was

IF YOU GO

- **Rating:** PG-13
- **Genre:** Sci-Fi
- **Length:** 2 hours, 2 minutes
- **Director:** Justin Lin

watching Anton Yelchin's (Chekov) performance, knowing that his young, talented life was cut short earlier this year.

M: Yeah, Sulu being gay seemed forced. Like even Kirk watching him hug his husband and then smiling and nodding was like reassurance that Kirk is a good guy. And Yelchin's death definitely hung over the film a little bit. But neither of these things were the major problem with the movie. It just wasn't that good.

N: So what would you rate it?

M: Worst of the three, C-.

N: I think I agree with you!

M: Hooray!

N: I think I'd recommend, if you're just a moderate Star Trek fan, that you skip seeing this one in the theater and wait for it to come to Netflix.

M: You gonna rate it there, bud?

N: Doesn't saying I agree with you mean I rated it?

M: Rate it!!

N: Geez. C-. C-!



Jamming along

TROY — The Parlor opened things up nicely for The Felice Brothers at the weekly Rockin' on the River Wednesday, July 20. While the summer heat continued to play factor on band and fans, it failed to put a damper on what turned out to be a good time.

Photo by Michael Hallisey / TheSpot518

Dancing Dave

SARATOGA SPRINGS — It's a near annual event to see Dave Matthews Band play at Saratoga Performing Arts Center. The band played a two-night affair at SPAC, Friday and Saturday, July 15 and 16.

Photo by Michael Allen / TheSpot518



From page B16 ...

Baby, it's hot out there!

a quick dip in the pool. If you are prone to heat exhaustion like I am, apply an ice cold cloth to the back of your neck. There are even head bands and bandanas out now that you can toss in the freezer and use to keep you cool. Personally, I get a couple of bandanas at the dollar store, lightly wet them and keep them in the freezer. When it's hot, I just grab one and go.

2. Find some shade

Don't work out in the blazing sun if you can avoid it. Move to a different area. If you are a runner or biker, change your route. I like to use the Niskayuna Bike trail as much of it is shaded and the temperatures are often a few degrees cooler than in the sun. Those few degrees can make all the difference in the world.

3. Avoid caffeine

As a confirmed coffee addict, this is often a hard one for me to follow, but follow it I must. Caffeine acts as a diuretic; it forces water out of your system. This is the last thing you want when exercising in the summer heat. Hold off on your caffeine intake for several hours before or after your workout, rather than near the time you will be exercising. Remember it's not just coffee that has caffeine; watch for it in many beverages like tea (even iced tea), sports drinks and

sodas.

4. Stay hydrated

Drinking plenty of water before, during and after your workout will reduce the heat stress on your body. General rule of thumb is you should be drinking half your body weight in ounces of water each day. If you weigh 200 pounds, that means you should drink 100 ounces of water.

5. Choose your clothing carefully

Now more than ever it is important to wear clothing that will move sweat away from your body and help it evaporate it quickly. Personally, I prefer a wicking type fabric designed to draw sweat away from the body. Sure, a cotton T-shirt may be fine in the winter, but it could raise your body temperature in the summer as it will retain the heat your body is working so hard to get rid of.

6. Change your workout time

If you are used to exercising during lunch or in the afternoon, you may need to adjust your schedule for the summer months. Early mornings and late evenings are the best times for outdoor exercise. But as mentioned earlier on

those sweltering days, even the shade will not bring much relief.

7. Wear white or light colored clothing

The lighter the color, the better. Plain white is the best. It's not time to make a fashion statement it's time to stay cool. Lighter colors reflect the heat better than darker, more intense colors.

8. Take frequent breaks

Even the Olympians getting ready for Rio take frequent breaks. Fact is a person's body can only handle so much extreme heat. As the thermometer climbs, you may find that you need more frequent breaks to keep performing at your best. Be sure to take them and if you aren't sure... take them anyway. Listen to your body and pay close attention to what it is telling you. Caring for your body is not a sign of weakness: it's smart.

9. Monitor your heart

If you have a Fitbit or similar device, monitor your heart rate. If you don't, then learn how to take your pulse and check it regularly like during the aforementioned breaks. Heat places a greater stress on your heart. Keep tabs on your heart rate as you work out in the heat and if you see it is spiking quickly or stays too high... REST.

10. Hit the gym

Yeah, I know, who wants to go to the gym in the summer? Truth is, most gyms

are barren wastelands in the summer. While I'll be the first to tell you that I enjoy working out outside in the summer months, I'm in the gym on those 90 degree days. And here's the other thing: you'll be more likely to do your work outs in the summer instead of blowing them off as most do when it gets hot. If you're part of a group like at our studio, you'll have the added benefit of personal attention and group accountability. If you haven't tried it, why not give it a try now? Classes are smaller which makes it a great time to try new things. If you're going on your own, focus on improving your form, increasing the intensity, and trying equipment you've always wanted to try but could never do so because everyone else was using it.

Dan Romand is co-owner and operator of Full Circle Fitness-NY in Colonie, where he is a certified personal fitness trainer. Romand is a frequent contributor to TheSpot518 serving as our health and fitness columnist. For more of his articles, visit www.TheSpot518.com.

Call for vendors

ALBANY — The City of Albany Office of Special Events & Cultural Affairs seeks a wide variety of vendors for the 2016 City of Albany Jazz Festival, held on Saturday, September 10 in Washington Park, and the September in the City Art Fair on September Wednesdays in Tricentennial Park.

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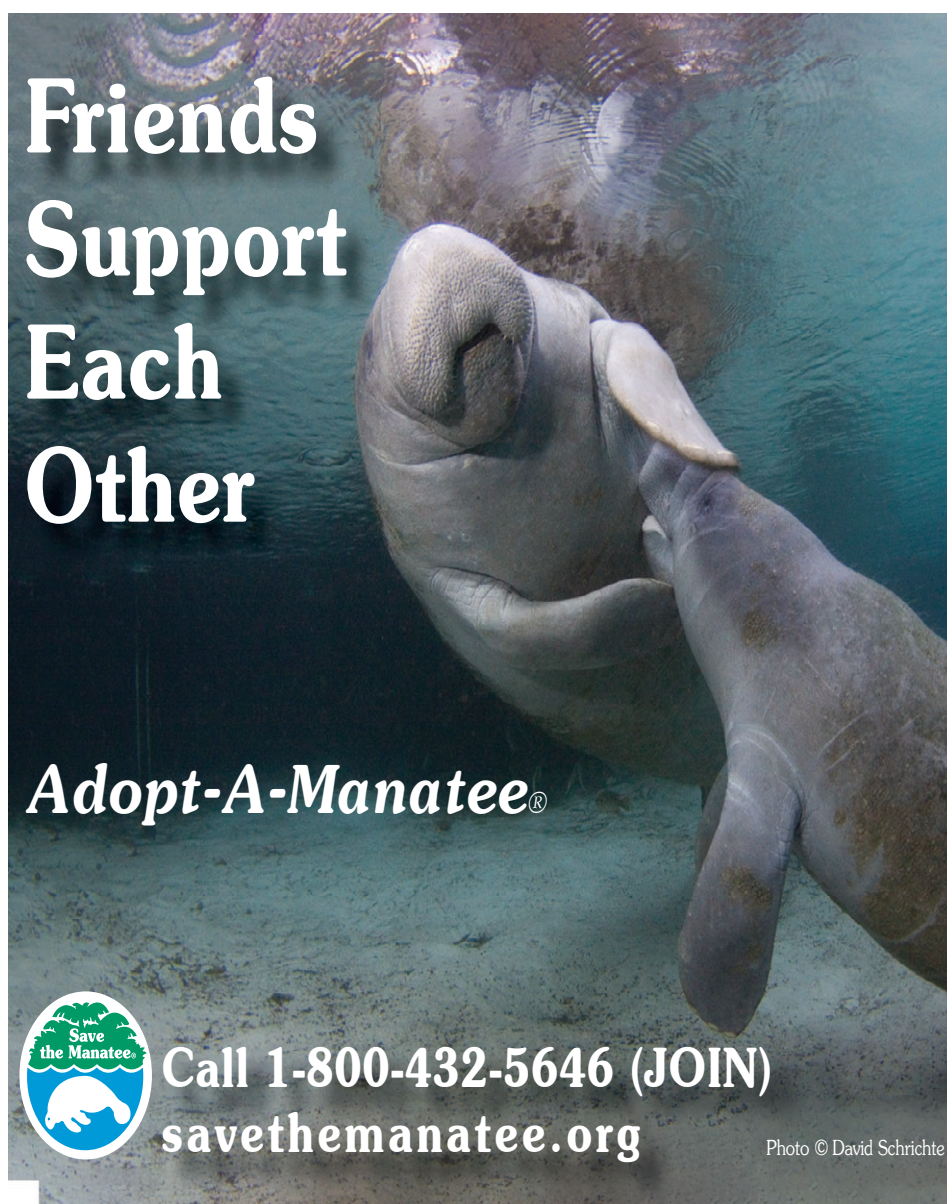
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BUSINESS

New site offers way to see world

Zipskee connects travelers with locals to build authentic experiences

DENVER — Travelers all over the globe are rapidly embracing the new trend of living like locals, rather than being ordinary tourists who flock to well-publicized destinations, attractions, and restaurants. This summer, travelers can locate and connect with locals and others seeking authentic experiences through the new travel site, Zipskee. Zipskee gives both travelers and locals the option to build genuine friendships with one another while discovering non-touristy activities, locations, and culture that are only experienced by local residents.

“While traveling in Austria, I wanted a deeper cultural experience. I had one Austrian friend who was gracious enough to show me the real Austria, and I thought, ‘How great would it be if everyone had a friend like that in every city they visited?’” said Evan Hung, CEO & Co-Founder of Zipskee. “And so, Zipskee was created to fill this gap. With Zipskee, users can find more meaningful experiences with local guides or other travelers looking to learn about a destination outside of what’s in their guidebook — all while making unforgettable, lifelong friendships.”

Now with Zipskee, users can explore the hidden gems of a city through its people. Local foodies can share their

cuisine, multi-generational residents can teach their city’s history, and hometown photographers can show off their favorite scenic spots. With Zipskee, you really can have a friend wherever you go.

Here’s how it works: Users can create an account with their email and password (Facebook login will soon be made available). Travelers and guides set up a profile that includes a photo, description, languages spoken, and interests. Based on this information, users will be matched with others who share the same passions. Users can set their status between “traveling” or “guiding” and also update their current city to help other users find them. To make connections, users type in cities and even landmarks into Zipskee’s search to find travelers and guides in the area. Once connected, travelers and guides can easily communicate over Zipskee’s intuitive chat system, where users can ask for recommendations or even to meet-up — email notifications then let users know when they’ve received a messages. Zipskee values each user’s safety, and with ratings and reviews posted to every user’s profile, others can feel safe and excited to find connections right for them.

“The world is filled with amazing people,

beautiful landscapes, and unique experiences — yet in such a well-connected world, it shouldn’t be so difficult for travelers to connect with locals or other travelers to genuinely experience a destination. With Zipskee, it no longer needs to be a challenge,” said Hung.

Zipskee is currently available via a desktop and mobile-optimized website. Zipskee’s Android and iOS app will launch later this summer. Additional features to be added include a city search option for local events and the capability to integrate with GPS to intuitively update users from a traveler to a guide and vice versa as they change cities.

For more information about Zipkee, visit www.zipkee.com.

Zipskee was founded in 2015 to connect travelers and locals around the world with the belief that people make the culture, and connecting with culture is the best part of traveling.

— Zipkee



Last year’s Hall of Fame inductee, Wallace Campbell. Submitted photo

Searching for Hometown Heroes

CAPITAL DISTRICT — Nominations are currently being accepted for TrustCo Bank’s ‘Hometown Heroes’ Hall of Fame. Now in its fourth year, the Hall of Fame was created to honor local individuals who “demonstrate strong community involvement and work hard to make a positive change in the community.”

“Ordinary people do extraordinary acts to help their community,” said TrustCo President and CEO, Robert J. McCormick. “These individuals work hard every day to make a difference and ask nothing for themselves. We want to honor these Home

Town Heroes who might otherwise go unnoticed.”

The public may submit nominations by going to Trustco Bank’s web site at TrustcoBank.com or by visiting any Trustco branch. Nominations must be submitted by Wednesday, Aug. 31. A committee will review all nominations and announce

the winners. Up to five individuals and/or groups will be selected.

Winners will be invited to a special luncheon and receive a plaque to be displayed next to previous award recipients, at Trustco Bank’s Corporate Headquarters.

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9	1	4	6	3	7	8	2	5
4	9	5	3	7	8	2	1	6
2	7	1	5	6	9	4	3	8
6	3	8	2	4	1	7	5	9
7	6	9	4	1	3	5	8	2
1	5	2	9	8	6	3	4	7
8	4	3	7	5	2	9	6	1

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1	C	2	A	3	L	4	L	5	S	6	P	7	Y	8	S	9	C	10	A	11	N
12	A	R	I	A	13	S	K	U	A	14	S	P	A	C	E						
15	P	E	E	P	16	T	E	R	N	17	H	A	S	N	T						
18	E	A	S	T	19	E	R	E	G	20	A	N	T	E							
				21	O	R	A	T	E	22	A	R	K								
23	C	A	R	P	E	T				26	A	S	P	I	R	I	N				
30	O	D	E		C	A	C	T	U	S											
35	C	O	U	R	T					37	O	W	L								
39	A	P	S	E						40	D	O	O	D							
43	S	T	E	P						44	S	O	N								
										47	E	A	T								
										48	A										
										49	I	M	E	R							
										50	S	P	A	T							
										52	I	N	F	L	U	E	N				
										53											
										54											
										55											
56	B	O	O	T	Y					57	M	I	N	E							
59	R	U	L	E	R					60	A	L	O	T							
62	O	P	E	D						63	M	E	T								
										64	Y	E	N	S							

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Photos by Joseph & John McIntyre



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