

# THE Spotlight

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## NEWS

### Egan dies

Longtime public servant was head of several different offices over the years

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## Hello, 518?

You don't have to say goodbye to 518, but newcomers will soon know a different area code

Story on Page 4



# Savory sustainability



Davey Doemel finds a worm at the middle school garden. Meanwhile, members of the BCMS garden club enjoy carrots fresh-picked from the garden.

Submitted photo

BC's teaching gardens will provide fresh produce for local restaurant through October

By ALI HIBBS  
hibbsa@spotlightnews.com

**BETHLEHEM** — “We’ve been working with [the Bethlehem Central School District] basically since last October or November,” said John Grazzaffi, owner and chef at Garden Bistro 24 in Slingerlands, “but we really started the planning for these events in February.”

Commending Middle School Assistant Principal Mark Warford for the work he has done with its garden club, Grazzaffi said a conversation between Warford and his father during a Chamber of Commerce meeting is what initially inspired this October’s series of weekly dinners sourced directly

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## SPORTS

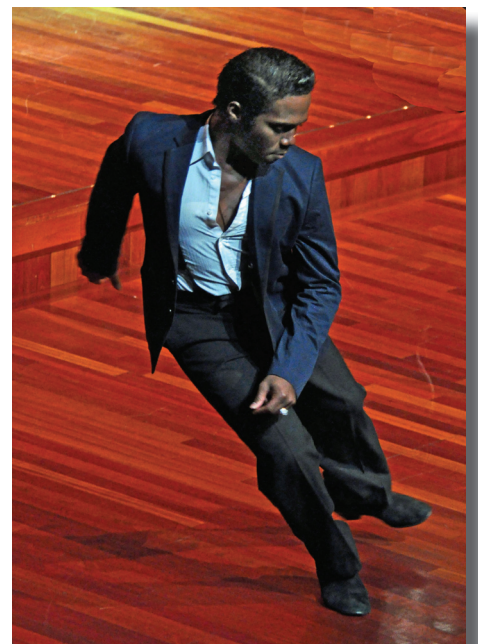


## Domination

Guilderland took Ballston Spa to the shed

Story on Page B9

## ENTERTAINMENT



## The Pack is back

Sandy Hackett’s Rat Pack Show brings back the magic of Sinatra, Davis, Martin and Bishop

Story on Page B1

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■ COMMUNITY NEWS

# Egan's efforts reflected in Albany skyline

ALBANY — Having spent more than 50 years in public service — including two stints as head of the state Office of General Service, CEO of the Albany International Airport and commissioner of the state Department of Transportation and the Dormitory Authority — John Egan was known as a man who could get things done around the Capitol.

He died on Friday, September 23 at the age of 86.

"He used to give me an hour," said Albany County Executive Dan McCoy, who worked with Egan at the airport. "Anything you have to say can be said in an hour."

Egan was born in Plattsburgh and started his career at the

Clinton Correctional Facility in Dannemora. He was a veteran of the U.S. Army Infantry where he rose to the rank of staff sergeant while serving in the Third Infantry Division, 10th Mountain Division and the 101st Airborne Division.

Locally, as the airport CEO from 1995 to 2003, he spearheaded the multi-million-dollar expansion and, prior to that, he was on the team that oversaw construction of the Harriman Office Campus and the Empire State Plaza.

"He was a great man. His legacy is changing the skyline of Albany," McCoy said. "He was known for fairness and for getting the job done. He will be sorely missed."

His first stint as commissioner of OGS was from 1990 through 1989. He was re-appointed in 2007 by Gov. Eliot Spitzer.

In all, he served under

seven different governors, of both parties, in one capacity or another.

He also donated his time to a number of philanthropic and non-profit organizations, serving as a board member for the St. Peter's Hospital Foundation, Wildwood Programs, the New York State Trooper Foundation, St. Matthew's Church Senior Citizens Center, the New Scotland Residents Planning Advisory Committee and Catholic Charities.

He married Virginia Lacy Egan on Oct. 3, 1953 and together they had four children.

Services are private, however the family asks those wishing to honor Egan's memory to make a charitable contribution either the Wildwood Foundation (wildwood.edu, 518-836-2305) or the National Kidney Foundation (kidney.org, 855-653-2273).



Egan

# Amedore rival receives Sanders' support

By ALI HIBBS  
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GUILDERLAND — Sara Niccoli, the Democrat challenging George Amedore for New York's 46th Senate District seat, was one of ten candidates recently endorsed by Bernie Sanders' post-primary progressive political organization, Our Revolution. She is one of only three candidates in the state endorsed by the group, which previously named Assembly candidates Zephyr Teachout in the 19th district and Anthony Eramo in the 20th.

"Sara Niccoli is a farmer and advocate for working people running for New York's state senate," pronounced a fundraising email sent out by the organization's Executive Director Sharon Jackson, which also endorsed nine other candidates from other states. "She's running on a platform that will always put her community ahead of corporate interests. A victory for Sara would help turn the tide against the narrow majority in New York's senate held by conservatives and corporate-backed politicians."

"George Amedore opposes a woman's right to choose, refuses to acknowledge climate change, and voted to extend the Common Core and high stakes testing," said Niccoli. "I recognize that we must

trust women's choices, protect the environment for future generations, invest in quality education for all students, and revive the local economy by investing in small businesses and paying a fair wage. That's why I've been named as one of the top ten local races to support by Our Revolution."

Niccoli says she's honored to receive the support. "Some of these candidates could help determine how congressional districts are drawn for the remainder of the next decade — a key to progressives gaining power in the House of Representatives for the decade to come," wrote Jackson. "Others can use their offices to create real change for voting rights, equal pay, and economic justice."

At present, Republicans hold power in the state Senate. While party membership is evenly split, an independent caucus composed of five Democrats and one rogue party member, Simcha Felder, often sides with its conservative counterparts.

"Through supporting a new generation of progressive leaders, empowering millions to fight for progressive change and elevating the political consciousness," claims Sander's organization, "Our Revolution will transform American politics to make our political and economic systems once again responsive to the needs of working families."

■ COPS, COURTS AND EMERGENCY CALLS

# Woman arrested for DWI

GUILDERLAND — On Sept. 17, at approximately 11:40 p.m., New York state troopers stopped a vehicle on I-90 for a speeding violation. The driver of the vehicle, Gladys Robinson, 52, of Schenectady, was reportedly found to be intoxicated while traveling with her 14-year-old child. Robinson's BAC was determined to be 0.13 percent. She was charged with: DWI with a child in the vehicle, a class E felony; endangering the welfare of a child; obstruction of governmental administration in the second degree and resisting arrest, all class A misdemeanors; and a speeding violation. She was arraigned before the Town of Guilderland Court and released on her own recognizance to reappear at a future date. The child was turned over to a responsible party.



Robinson

# Traffic stop leads to Vermont man's arrest

GUILDERLAND — On Sept. 20, at approximately 12:30 p.m., State Police stopped a vehicle on I-87 for a traffic violation. The driver of the vehicle, George B. Carpenter, 26, of Stowe, Vt., was found to in possession of hallucinogenic mushrooms and marijuana. Carpenter was taken into custody and was subsequently charged with criminal possession of a controlled substance in the fourth degree, a class C felony, and unlawful possession of marijuana, a violation. He was arraigned before the Town of Guilderland Court and was released after posting \$400 cash bail. He was scheduled to reappear on September 22 at 5:30 p.m.



Carpenter

# Woman charged with DWI

BETHLEHEM — Bethlehem police arrested Kathryn Benedict, 56, of Slingerlands, on Sept. 11, after officers reportedly witnessed her veering dangerously close to their patrol vehicle. She was pulled over and responding officers report that she showed signs of intoxication and tested positive for alcohol on a pre-screening device. She was taken into custody and submitted to a chemical blood alcohol test, reportedly registering a BAC of 0.07 percent. She was charged with a first offense DWI, driving while ability impaired and failure to exercise due care to avoid emergency vehicles.



# High-speed chase

State troopers began chasing a dark sedan on I-90 west, and continued to pursue it through the toll booths at Exit 24, and south on I-87, until Exit 22, where the vehicle exited and headed north. The chase was called off. The car was later found in a parking lot in the 700 block of South Pearl Street in Albany. According to Lt. Chris West, a "person of interest is in custody." No additional details were available as of press deadline.

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## TOWN GOVERNMENT

# Residents oppose proposed apartment complex

By ALI HIBBS  
hibbsa@spotlightnews.com

**BETHLEHEM** — Bethlehem Planning Board member Leah Farrell received a round of applause from residents during the Sept. 20 board meeting after she expressed reservations about a proposed apartment complex on Delaware Avenue in Delmar.

More than 500 residents have signed a petition opposed to the prospect of a two-building, 16-unit development on approximately 1.6 acres in the neighborhood of Elsmere Elementary School.

Before the board began discussing plans to build the apartment complex at 224 Delaware Ave. with the project developer, 11 residents and one lawyer took advantage of the public comment period to express their opposition to the proposal. Two other speakers voiced concern about a potential plan to build a six-unit apartment building at 267-268 Delaware Ave. that is in earlier stages of the plan approval process. No decision was made that night, other than to table the project pending more information, but there was much discussion of development on that section of the road, which some residents feel is developing too quickly and in undesirable ways.

The petition cited a number of reasons, many of which were echoed by those who spoke on the matter: the privacy of the residents of the single-family homes surrounding the property; number of planned apartments; traffic flow and access for emergency and fire vehicles; pedestrian and, more specifically, student safety; noise generation; aesthetics; and the general character of the neighborhood, which many seem to feel is being threatened.

"When we moved here in 1958," said a resident named Rita, "we did so because of the quaintness and charm of our lovely neighborhood." She blamed town zoning laws for a recent

uptick in commercial development. "Some of my past neighbors have come back and visited the area that they used to live in, saying it looks like Central Avenue in Albany. Delaware Avenue in front of our property looks like a strip mall." Rita said she was concerned about falling property values and about declining quality of life in the neighborhood.

Another resident who lives behind Elsmere Elementary School echoed those sentiments. She and her husband, she said, signed the petition because of "how much we love our neighborhood, and how much we like the character of Delmar. And if you build too much more without thinking about it and without planning it correctly, it is going to look like Central Avenue in Albany or going out to Colonie."

A former fire chief spoke about concerns regarding access for emergency responders, as the proposal places the buildings back from the street, with a narrow driveway leading to a larger parking lot. A lawyer representing neighboring residents stood up to request that the board address the issues raised by and require a traffic study before referring the plan to other state and county agencies for review. And a Selkirk resident who is moving to the neighborhood said he chose the area because of its character, and asked the board to consider a "much more scaled down version" of the project. Other concerns raised by residents involved water resources, drainage, snow removal and the number of vehicular accidents that occur along that stretch of Delaware Avenue.

When the board addressed the agenda item later that evening, members commended the property developer, Quality Holdings, LLC, for addressing certain preliminary issues such as sightlines to neighboring yards and landscaping concerns, but were ultimately unconvinced that enough questions had been answered and elected to table the project

and forward the proposal and other information to interested state and county agencies, who will provide additional feedback and insight regarding things such as traffic impact and emergency response.

Generally speaking, said Farrell, the town is in need of more diverse housing options, and the comprehensive plan reflects an intention to find ways to address that need. Even so, she said that, while the developer has made progress since the last proposal, she doesn't feel that it's ready for approval until more has been done to address the residents' concerns—provoking applause from those in attendance.

"We have seen some good projects from you," she told the developer, "in terms of infill and density—so I would like to see this project go somewhere else."

Board member Kate Powers raised the question of installing a traffic light somewhere along that stretch of Delaware Avenue as a way to ease some of the congestion and difficulty making left-hand turns. Bethlehem senior planner Ken Kovalchik agreed that corridor "has long been an issue," and offered that the town will be conducting a grant-funded study on that stretch of road to see what can be done to alleviate the problem. Possibilities he mentioned included a center left-turn lane or the installation of a median "pedestrian refuge," so that pedestrians do not have to cross four lanes of traffic at once. (He added that he doubted a traffic light would be the solution.) "We expect to introduce that project to the town board at a meeting in October, to give them a sense of what the goals of the study will be and what they should expect to receive."

"It's great that the neighborhood is joining together and voicing their opinion," said Board Member Thomas Coffey to the 30-plus residents in attendance that night. "That's what people are supposed to do at forums like this—to tell us what you want to see in your community."

## COMMUNITY

# Volunteers assemble Elm Avenue Park playground

By ALI HIBBS  
hibbsa@spotlightnews.com

**BETHLEHEM** — Volunteers showed up at Elm Avenue Park on Saturday, Sept. 17, to take part in a community build day helping to install brand new playground equipment funded by grant money that was secured by local Assemblymember Patricia Fahy (D-109).

In four two-hour shifts, approximately 100 volunteers, guided by a crew from Miracle Recreation, shoveled dirt, mixed and poured concrete, and helped assemble the new state-of-the-art playground.

"It was my honor to help mix and pour some concrete," said Jesse Calhoun, the Republican candidate running against Fahy in the upcoming election. "It was humbling to see all the firefighters out helping — they are the

real heroes here, helping to make our communities better every day. They must help with tasks like this more often than we imagine.

"As a preschool teacher," he said, "I have to say that this seems to be one the most fun looking playgrounds around. The design team did a great job creating a playground that allows children to take risks and get some solid gross motor exercise. I just might have to take my preschool class on a field trip!"

The equipment was purchased with part of a \$250,000 state grant, the only money Bethlehem is currently set to receive of more than a billion dollars appropriated for the State and Municipal Facilities Program (SAM), a discretionary fund from which state legislators can request specific amounts for capital projects such as infrastructure maintenance

and upgrades for municipalities within their districts.

While critics say that discretionary funds, such as SAM, allow too much opportunity for corruption among those who control the flow of those funds—namely, legislative leadership and the governor—Assembly Speaker Carl Beastie defended the program earlier this year, saying the money was "going to government entities to do good things," and claiming that there is adequate oversight regarding its apportionment.

The rest of the \$250,000 secured by Fahy was spent on a new kayak launch at Henry Hudson Park and will also go towards the purchase of new fitness equipment for Elm Avenue Park, that is expected to be installed next spring.

## Garden Bistro 24

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Garden Bistro 24 is a casual restaurant serving classic bistro inspired fare in a lively, comfortable setting. The food is prepared fresh daily and seasonally motivated. We do not have a freezer or a microwave. Our produce is locally grown when available to ensure that our customers get the finest and freshest ingredients on the market.



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## STATE NEWS

# Public to comment on possible Common Core revisions

By ALI HIBBS  
hibbsa@spotlightnews.com

ALBANY — The New York State Education Department (NYSED) has released new draft New York State English Language Arts (ELA) and Mathematics learning standards, the culmination of a year-long effort to gather feedback from thousands of educators and parents through a statewide survey and subsequent committee review. This summer, two committees of more than 100 teachers and parents reviewed every standard over the course of a week and recommended changing 60 percent of the ELA and 55 percent of the math standards. NYSED is now accepting public comments on the draft standards through Nov. 4.

“For ELA, the big change they’re really looking for is in the Pre-K to grade two standards,” said David Hurst, assistant superintendent for the Bethlehem Central School District, at the Sept. 21 school board meeting. “There was a lot of discussion about developmental appropriateness at those levels.” Hurst participated in the committee review, which took place at the Capital Region BOCES during the second week of June. “For math, really more clarification is what people were looking for. Standards were vague in the past.”

Ultimately, ELA changes include: refocusing Pre-K through Grade 2 to emphasize learning through play and emphasizing “whole child” development; creation of a state Early Learning

Task Force to address early learning concerns; the merging of Reading for Information and Reading for Literature standards; and the reorganization of Writing standards to make them easier to teach and to clarify expectations. The committees also recommend the development of a set of guidelines and resources for educators to utilize, better communication with parents and the creation of a glossary of terms to mitigate potential confusion.

In math, clarification of standards, specifically between the Algebra I and Algebra II standards, was recommended, as well as strengthening their coherency “to allow for a stronger connection of learning within and across grade levels.” A glossary of math verbs was also recommended.

More information about the revisions, as well as the link to provide feedback, can be found on the NYSED website at <http://www.nysed.gov/aimhighny>. An introductory video on the site features Hurst talking about the review process. “Coming in there were no ground rules really put forth,” he says. “We were able to really bring our own perspectives and those that we had gathered from colleagues. The State didn’t really set an agenda in terms of what the outcome should look like. It was really left to us to read the standards carefully.”

After the public comment period closes, the hope is that the new standards will be adopted at the January Board of Regents meeting.

# New area code for Eastern Upstate New York

By ALI HIBBS  
hibbsa@spotlightnews.com

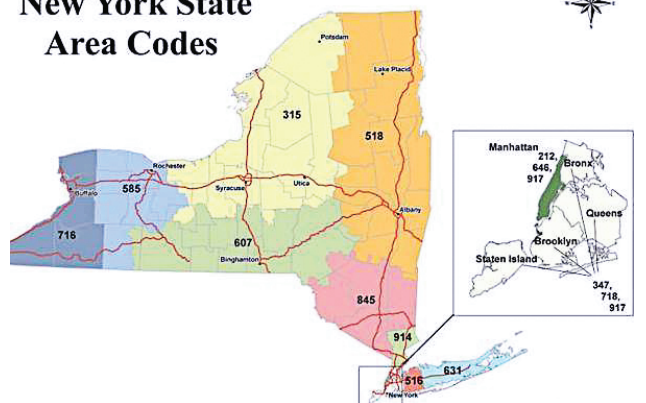
ALBANY — The New York State Public Service Commission (NYSPSC) announced on Tuesday (Sept. 20) that a new area code number has been assigned for Eastern Upstate New York. The new area code—838—will provide additional much-needed phone numbers for residents and businesses in the existing 518 area code region and will be activated by fall of next year, when the North American Numbering Plan Administration (NANPA) has predicted the exhaustion of available 518 numbers.

An analysis conducted by NANPA in April originally predicted that 518 numbers would run out in early 2019, but that forecast was amended to reflect an “unprecedented” increase in demand for numbers in the region, causing NYSPSC to shorten the implementation timeline for the new area code.

“We needed to create a new area code because of strong and robust demand for telecommunication services,” said Commission Chair Audrey Zibelman. “With the creation of the new 838 area code, eastern New York is well-positioned to accommodate future growth in this important sector of the economy, and it will ensure that local telephone service remains efficient.”

To provide area code relief as required by federal law, NYSPSC examined “overlay” and “geographic split” options for 518, the only remaining original New York area code to remain unaltered, and

## New York State Area Codes



the public comments period of the deliberation. There will now be 19 area codes in New York State; NANPA estimates that the new code will not be exhausted until 2065.

According to NYSPSC, the 838 implementation will consist of a network preparation period—a permissive dialing period that allows both 7-digit and 10-digit (area code plus 7-digit number) dialing to work—and then a mandatory dialing period when 10-digit dialing will be required. (Regions served by multiple areas codes must employ 10-digit dialing as required by Federal Communications Commission (FCC) mandate. All existing telephone users in the region will retain their current phone numbers.) Implementation dates will be determined by NYSPSC staff working with incumbent local wireline carriers, competitive local exchange carriers, cellular carriers, and broadband carriers within the next 45 days.

Once the new code is activated, new telephone numbers could be assigned to either the 518 or the new 838 area code, depending on when the 518 numbers run out in each of the 140 geographic areas that determine the boundaries for local calling, billing and assigning phone numbers, in the 518 area code region. Less populous areas could find 518 numbers lasting longer than in larger, more populated areas.

Throughout the implementation, NYSPSC will be conducting outreach to the public to ensure that customers are aware of the area code change and its implementation milestones. The geographic area associated with the new 838 area code is located in all or part of 17 central and upstate counties: Albany; Clinton; Columbia; Dutchess; Essex; Franklin; Fulton; Greene; Hamilton; Montgomery; Rensselaer; Saint Lawrence; Saratoga; Schenectady; Schoharie; Warren; and Washington.

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■ COMMUNITY

# Darling to visit GPL in November

If you're a New York Mets fan — and even if you're not — the name Ron Darling probably comes to mind as one of the Mets' star pitchers and the rollercoaster 1986 World Series in which he pitched against ... that "other team."

You'll get to hear all about that game, and so many other behind-the-mound stories, when Darling speaks at the Guilderland Library Foundation's next Notable Author event the evening of Friday, Nov. 18.

Along with his time with the Mets and his award-winning career as a color commentator for TBS's Major League Baseball coverage, Darling is an author. His most recent work — the centerpiece of his talk at the library — is "Game 7, 1986: Failure and Triumph in the Biggest Game of My Life."

Darling's book is published to mark the 30th anniversary of the 1986 New York Mets championship season. "Game 7, 1986" breaks down one of baseball's great "forgotten" games — a game that stands as a thrilling, telling and tantalizing exclamation point to one of the best-remembered seasons in Major League Baseball history.

This is a ticketed event. Tickets will be available at the library's Circulation Desk starting Monday, Oct. 3, at 6 p.m. There are two types of tickets:

- Premium tickets to the author's "Beer & Pretzel" reception at 6:30 p.m. These give you the opportunity to spend with Darling, and you get preferred seating at the 7:30 p.m. Author Talk.



Please, only two premium tickets per person; price \$50 each. These tickets will go fast, as there is a very limited amount.

- Free tickets to the Author Talk and book signing at 7:30 p.m. Only four free tickets per person, please.

For more information about this Notable Author event, please visit [www.guilpl.org/darling](http://www.guilpl.org/darling).

## Family Science Night

Family Science Night at GPL on Monday, Oct. 3, at 6:30 p.m. is a time for everyone to learn.

RPI's Engineering and Science Ambassadors will be here with fun science activities for kids in grades three to five and their families. It's an evening of hands-on science activities for young students and their folks to do together.

Please register by calling 456-2400, ext. 4, or online via the Events and Registration Calendar on [www.guilpl.org](http://www.guilpl.org).

## Fire prevention storytime

GPL is holding a very special "Fire Prevention Storytime" on Wednesday, Oct. 5, at 10:30 a.m., in a perfectly wonderful place: the North Bethlehem Fire House.

This is a great way to get ready for Fire Prevention Week with a story and craft at one of our local fire

departments. For children up to age 6 and an adult caregiver.

## Movies meet music

This is going to be wild. GPL's Movie & Music Sync-up on Friday, Sept. 30, at 6:30 p.m., teams the "Star Trek: Into Darkness" movie (muted, of course) with David Bowie's "Blackstar" album as the soundtrack. In the words of someone who's already done this, "It's awesome!"

It's going to be especially awesome as you'll see it on the Helderberg Room's big screen, while hearing it on our booming sound system. There will be snacks. And save Friday, Oct. 28: We're teaming "12 Monkeys" with Radiohead's "OK Computer." Wow. Just ... wow.

## Legal Resources for Seniors

In "Legal Resources for Seniors: A Presentation by Albany Law School," being held at GPL on Saturday, Oct. 1, at 11 a.m., Albany Law's Elder Law Pro Bono Project provides free presentations regarding legal resources important to senior citizens, family members of seniors, caregivers and elder care professionals.

Presentation topics range from power of attorney, health care proxies, wills and estates to telemarketers and grandparents' rights. Project members are Albany Law

School students and are not lawyers, and they cannot give legal advice regarding particular situations. But they can answer general questions in the areas of advanced planning, consumer rights, family law, housing and public benefits.

## Kent State: A Firsthand Look

Join Thomas M. Grace, author of "Kent State, Death and Dissent in the Long Sixties," at GPL on Thursday, Oct. 6, at 7 p.m., for an enlightening discussion of the tragic events of May 4, 1970 ... by someone who was there.

Dr. Grace, an adjunct professor of history at Erie Community College, will give a first-hand account of the day's events and sign copies of his book. Not only was he an eyewitness, he was among the nine who were wounded that fateful day. Another four people were killed.

— Mark Curiale

# Coffee and jazz on tap

Enjoy Coffee and Conversation at the Bethlehem Public Library. On Friday, Oct. 7, at 1 p.m., Brian Patneaud will perform classic jazz standards on the tenor sax and piano. There is no cost for the program. We will have lunch before the show at Tool's, cost on your own. Call 439-4955, ext. 1176.

Go shopping with us on Monday, Oct. 3, at Colonie Center and Northway Mall. Call 439-4955, ext. 1176.

We are doing outdoor nature walks this fall. Join us for a guided walk on the Bethlehem Rail Trail on Thursday, Sept. 29, from 10 a.m. to noon. Wear sturdy shoes or hiking boots, and bring a bottle of water and a bag lunch. Call 439-4955, ext. 1176, to make your reservation.

Bethlehem Senior Projects, Inc. is sponsoring



a Boscov's fundraiser. Purchase a \$5 shopping pass and receive a 25 percent discount on most purchases at Boscov's on Tuesday, Oct. 18. Passes may be purchased in advance at the Senior Services Office in Town Hall.

The Food Pantry is in need of cleaning supplies, deodorant, toilet paper, mustard, and canned vegetables and fruit. Bring your items to the pantry at Town Hall. If you would like to access the food pantry, call 439-4955, ext. 1176, to make an appointment.

— Wilma DeLucco

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 — Michael Taylor, Delmar

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## COMMUNITY

# Scare up some fun

Do you know a child who has a talent for telling terrifying tales? We're looking for storytellers in grades 1-6 who can spin a yarn that is both creative and creepy to enter the library's online Spooky Stories contest. Beginning Oct. 1, interested young writers can go to [www.bplkids.org](http://www.bplkids.org), click on the link, and enter their original scary stories of 500 words or less.

Need a little help getting started? Come to our "Spooky Stories: Good Beginnings" writing program on Wednesday, Oct. 5, at 4 p.m. to get your creative juices flowing. We'll listen to some successful scary stories and brainstorm ideas to get those creative juices flowing.

The winning story will be posted online and transformed into a library storywalk display. You'll find more details at [www.bplkids.org](http://www.bplkids.org).



[bplkids.org](http://bplkids.org). Last day to enter: Oct. 31.

### A Welcome place

The library has always been a place where people of all abilities are welcome. That's why we support the Office for People with Developmental Disabilities' Welcome campaign to promote community inclusion. You can too by submitting your own Welcome message on social media using hashtags #nysopwdd and #welcome.

### Volunteers needed

Attention teens! Do you love chess and helping others learn how to play? The library is looking for volunteers in grade 6-12 who are willing to teach chess to younger kids and

play games with them on Tuesday evenings. Sound like fun? Call or email Tori at 439-9314, ext. 3034, or [tori@bplteens.org](mailto:tori@bplteens.org) and see how you can get involved.

### Alzheimer's programs

This October, the library is partnering with the Alzheimer's Association of Northeastern New York to offer a pair of programs targeted to those who care for people with Alzheimer's disease.

On Wednesday, Oct. 5, from 6 to 7 p.m. Maura Fleming, a presenter with the Alzheimer's Association, will discuss "The Basics," an overview of what you need to know about memory loss and the difference between age-related memory loss and Alzheimer's and other forms of dementia.

Fleming returns Wednesday, Oct. 26, from 6 to 7

p.m. for "Communication Strategies," where she will talk about ways to understand the verbal and behavioral messages of someone with Alzheimer's and identify strategies that may help caregivers connect and communicate.

The programs are free, but registration is required.

### WiFi at playground

We've boosted the library WiFi signal at the Town Park to include areas around the tennis court, the Parks and Rec building, and the brand-new playground area, which is located behind the pool complex. We're looking at other public areas where we can provide free WiFi to residents in the future, so stay tuned to find out where we're going next!

### Drink up

The newly installed

replacement water fountain near our parking lot entrance has a very special feature – a sensor-activated bottle filler. A counter near the top right hand side of the fountain shows how many water bottles are saved from the landfill with each use. A refreshing and eco-friendly addition to the library!

### Upcoming events

All events are free and take place at Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 439-9314 or visit [bethlehempubliclibrary.org](http://bethlehempubliclibrary.org)

### Friday, Sept. 30 Quilting Basics

Learn about quilting and start working on a table runner of your own. Bring 1/2 yard of three coordinating 100 percent cotton fabrics, 1 to 5 p.m. Sign up online or call.

### Monday, Oct. 3

#### Back-to-School Crafts

Stop by the Teen Area to outfit yourself for the school year with fuse bead keychains, bottle cap magnets, Sharpie art and more, 2 to 3:30 p.m. For grades 6-12.

#### Tai Chi for Health

Practice the ancient Chinese art that promotes health and wellness while focusing on the core movements in the Tai Chi for Diabetes form, 4 p.m.

#### Fun and Games for Grownups

An adults-only gathering where you can play games, color and socialize, 6:30 to 8:30 p.m. Snacks will be served!

#### Open Sewing

The library's sewing machines will be available for independent projects. Bring your own supplies, 6 to 8 p.m. Sign up for one or more two-hour sessions.

— Kristen Roberts

## Tea with Freud

You are invited to join local psychiatrist and author Steven Sandler on Tuesday, Oct. 4, at 7 p.m., when he will discuss modern Freudian psychotherapy and how it has evolved over time, as presented in his latest book, "Tea with Freud: An Imaginary Conversation about how Psychotherapy Really Works."

For his novel, Sandler researched Freud's letters and used what he learned to frame the imaginary conversation held with Sigmund Freud. He has also drawn on actual cases from his psychiatry practice at Albany Medical Center.

The program is for



adults who are interested in understanding emotions, emotional problems and how therapy can help. Please register.

### Make a Great Pumpkin

Join us on Sunday, Oct. 9, at 1:30 p.m. as we showcase our creative skills to decorate pumpkins for Halloween and the fall season.

What is your fancy? Spooky, silly, whimsical, humorous or artistic? Pumpkins and decorating supplies will be provided

for all participants. We will end the program by watching "It's the Great Pumpkin, Charlie Brown" and snacking on pumpkin bread and cider.

Decorated pumpkins will be displayed in the library Oct. 17-23 for the entire community to enjoy. Pumpkins may be picked up beginning Oct. 24.

This program is for children in grades K through 5 and their families. Please register.

### Holiday hours

In observance of Columbus Day Monday, Oct. 10, the Voorheesville Library will close at 5 p.m.

— Lynn Kohler

## Friday Flicks at the library

We will be screening "Free State of Jones" on Friday, Oct. 14, at 2 p.m. Matthew McConaughey stars as a disillusioned Confederate army deserter who leads a militia of fellow deserters, runaway slaves and women in an uprising against the corrupt local Confederate government. Based on a true story, this is a must see for history buffs.

### Pokemon Club

Gotta catch 'em all! Kids are invited to bring their cards, make some friendly

### RCS COMMUNITY LIBRARY

trades and talk Pokemon on Wednesdays at 4 p.m. No registration needed.

### Open mic night with Tom Dolan

Join us for the library's first open mic night. Come to listen or perform. All levels and formats are welcome. Participants are invited to share up to two pieces or 10 minutes of material. Light refreshments will

be served. Bring your friends! Thursday, Oct. 6, at 7 p.m.

### Peds screening

Have a concern about your child? Meet a specialist in early development screening to learn about the assessment process, which makes sure a child is performing at age level. Ask questions and have the opportunity to set up a screening appointment, while your child enjoys open play, on Friday, Oct. 7, at 11 a.m. No need to register.

— Carol Melewski

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September 28, 2016

# Spotlight on Sports

www.spotlightnews.com PAGE 7

Go to  
**Spotlightnews.com**  
for more Sports stories!

## ■ PLAYER OF THE WEEK



### RYAN DALY

Voorheesville quarterback Ryan Daly is The Spotlight Player of the Week for the period ending Sunday, Sept. 25. Daly threw for 133 yards and the game-winning touchdown in the Blackbirds' 35-31 victory over Fonda-Fultonville Saturday, Sept. 24. Daly also rushed for 60 yards.

## ■ INSIDE



### Back to earth

After a pair of 7-0 wins against Troy and Albany, the Bethlehem girls soccer team suffered a 2-0 loss to Saratoga Springs Saturday, Sept. 24.

Page 8

## ■ FOOTBALL



### Dutchmen dominate at home

The Guilderland football team improved its record to 4-0 with a convincing 47-8 victory over Ballston Spa Friday, Sept. 23, in an Empire Division game. Tailback Jared Schwartz had three touchdowns, and Steven Fedorchak returned an interception 58 yards for six points to guide the Dutchmen to victory. For a complete photo gallery from this game, visit [spotlightnews.com](http://spotlightnews.com).

Photos by Rob Jonas/Spotlight



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SPORTS BRIEFS

**Saratoga shuts out Bethlehem soccer**

**BETHLEHEM** — Bethlehem could not get its offense going in a 2-0 loss to Saratoga Springs Saturday, Sept. 24, in a Suburban Council girls soccer game.

The Lady Eagles (4-3-1 league, 4-4-1 overall) managed only three shots on goal in the loss to the Blue Streaks (6-1-1, 7-1-1).

Julia DiMenna scored both of Saratoga's goals, while Bethlehem

goaltender Tessa Hughes stopped eight shots.

Bethlehem entered Saturday's game off a pair of 7-0 victories earlier in the week against Troy and Albany.

Grace Hotaling recorded a hat trick, and Kacie Oliver added two goals and an assist in the Lady Eagles' victory over Troy Tuesday, Sept. 20. Hotaling and Oliver also tallied in the win against Albany Thursday, Sept. 22, as did Jensen Bononno, Sophia Calabrese, Beatrice Jones, Holly Moore and Brianna Price.

**Ensslin seventh at McDaniel-Baxter invy**

**VOORHEESVILLE** — Evan Ensslin posted a top 10 finish for the Voorheesville boys cross country team at the McDaniel-Baxter Invitational Saturday, Sept. 24, at Chenango Valley State Park — site of this year's New York State Public High School Athletic Association championships.

Ensslin was seventh with a time of 17:14.6 in the Blackbirds' division of the race. Teammate

Matt Tipton placed 17th with a time of 17:45.4.

Voorheesville finished seventh in its division with a total of 181 points. Arlington of Section 1 claimed the team title with 49 points, while Goshen finished second with 68 points.

Voorheesville's girls team placed sixth in its division with 161 points. Robin Wakeley paced the Blackbirds with a 23rd-place finish in a time of 21:49.9.

Arlington eased to the team title with 46 points, 26 points ahead of runner-up Goshen.

**Sancilio, Anderson lead BC swimmers**

**BETHLEHEM** — Kathryn Sancilio and Emma Anderson each won two individual events to lead the Bethlehem girls swim team to a 100-84 victory over Mohonasen-Schalmont Friday, Sept. 23.

Sancilio won the 50- and 100-yard freestyles, while Anderson took first place in the 100 butterfly and the 500 freestyle. Sydney Sorbello added a victory in the 200 individual medley.

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## ■ IN BRIEF

### Bethlehem Grange monthly dinner

**BETHLEHEM** — The Bethlehem Grange is holding its monthly community dinner Saturday, Oct. 1, from 4 to 7 p.m. at the Grange Hall, 24 Bridge St. in Selkirk.

This month, the Grange is

trying something new by offering a choice of country fried steak or chicken. Dinners also include vegetables, rolls, beverages and dessert — all served family style.

Meals can be eat in or take out. The cost is \$12 for adults, \$6 for children ages 5-11 and free for children under five.

For more information, call Carol Carpenter at 421-1384.

### Fire department hosts open house

**BETHLEHEM** — The Delmar Fire Department is holding an open house Sunday, Oct. 2, from 1 to 4 p.m. at the station, 145 Adams St.

There will be food, fun and games at the open house.

### Fish and Game Club monthly breakfast

**NEW SCOTLAND** — The Onesquethaw Fish and Game Club, 2032 Tarrytown Road in Feura Bush, is holding its monthly breakfast Sunday, Oct. 2, from 7:30 to 11 a.m.

Breakfasts include a choice

of regular, blueberry and whole wheat pancakes, eggs, bacon, home fries, toast, sausage and sausage gravy.

The cost of the meal is \$8 for adults, \$5 for children ages 6-10 and free for children ages five and under.

Take outs are available by calling 526-8721 the morning of the breakfast.

#### LEGALS

##### LEGAL NOTICE

**NOTICE OF PUBLIC HEARING** Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, October 5, 2016 at 7:00 PM, at the Town Offices, 445 Delaware Avenue, Delmar, New York, to take action on an application by Jennifer Howard of Stewart's Shops Corporation for area variances located at 309 Delaware Ave, Delmar. The Applicant would like to construct a 178 square foot addition to the rear of the existing building. The project does not meet the Town's requirements for minimum side and rear yard setbacks under Article VI, Section 128-56. Daniel W. Coffey Chairman Board of Appeals Ad#131546

##### LEGAL NOTICE

AM Masters, LLC. Filed 4/21/2016. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St, #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#125816

##### LEGAL NOTICE

APPLIED SUPPORT FOR AUTISM LLC Articles of Org. filed NY Sec. of State (SSNY) 9/7/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 915 Bushwick Ave., Brooklyn, NY 11221. Purpose: Any lawful purpose. Ad#130268

##### LEGAL NOTICE

ARCAVIX, LLC Articles of Org. filed NY Sec. of State (SSNY) 8/24/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 137-11 Jewel Ave., #B, Flushing, NY 11367. Purpose: Any lawful purpose. Ad#128859

##### LEGAL NOTICE

Notice of Formation of BAASE, LLC. Arts of Org. filed with New York Registered Agent (NYRA) on 8/10/16. Office location: Albany County. NYRA is designated as agent of LLC upon whom process against it may be served. SSNY shall mail

#### LEGALS

process to: 90 State St Suite 700 Office 40 Albany NY 12207. Purpose: any lawful activity Ad#128897

##### LEGAL NOTICE

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY.** NAME: BETHLEHEM TRADITIONAL IRISH DANCE LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on August 15, 2016. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 16 Belmont Court, Selkirk, New York 12158. Purpose: Dance Lessons. Ad#128689

##### LEGAL NOTICE

Notice of Formation of BYBF LLC. Arts of Org. filed with New York Secy of State (SSNY) on 8/1/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 90 State Street, Ste 700, Office 40, Albany, New York, 12207. Purpose: General. Ad#128855

##### LEGAL NOTICE

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)** The name of the LLC is Canterbury Times LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on August 10, 2016. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 302 Washington Avenue Extension, Albany, New York 12203. Ad#128690

##### LEGAL NOTICE

Notice of Formation of DeLorenzo & Geary, LLC, filed Sec'y of State (SSNY) 7/29/16. Office location: Albany County. SSNY designated as agent of LLC upon

#### LEGALS

whom process against it may be served. SSNY shall mail copy of process to 28 Greystone Drive, Voorheesville, NY 12186. Purpose: any lawful activities. Ad#130199

##### LEGAL NOTICE

Demalem123, LLC, Art.of Org. filed with the SSNY on 08/12/16. Office: Albany County, SSNY designated as agent of the LLC, upon whom process against it may be served. SSNY shall mail process to the LLC c/o Veil Corporate, LLC @ 911 Central Ave # 188 Albany, NY 12206. Purpose: any lawful purpose. Ad#129596

##### LEGAL NOTICE

Notice of Formation of Developing Happy, LLC. Arts of Org. filed with New York Secy of State (SSNY) on 8/22/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1702 Western Ave Apt 2-309, Albany, NY 12203. Purpose: any lawful activity. Ad#128909

##### LEGAL NOTICE

**NOTICE OF FORMATION OF DUNN FINANCIAL GROUP LLC** On 8/26/16, Articles of Organization of Dunn Financial Group LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within in New York State to which the SSNY shall mail a copy of any process against it served upon him or her is Dunn Financial Group LLC, 2 Wall Street, Suite 4, Albany, NY 12205. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#130275

##### LEGAL NOTICE

**NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC).** Name: DYNAMITE DIVA HAIR LLC. Articles of Organization filed with NY Secretary of State, March 2, 2016. Purpose: to engage in any lawful act or activity.

#### LEGALS

Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to c/o CORPORATION SERVICE COMPANY, 80 State ST., Albany, NY 12207. Ad#128694

##### LEGAL NOTICE

**NOTICE OF FORMATION OF EMILEAH PROPERTIES LLC.** Articles of Org. filed with NY Secy of State (SSNY) on 5/24/2016. Office located in Albany County. SSNY designated as Agent upon whom process may be served. SSNY shall mail process to Joshua Robbins, 18 Albion St., Melrose, MA, 02176. Purpose is any lawful activity. Ad#128692

##### LEGAL NOTICE

**NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY** Name: GLION Property-01, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 8/11/16. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 72 Fielding Way, Albany, NY 12203. Purpose: Any lawful act or activity. Ad#131536

##### LEGAL NOTICE

Greenbridge OBC, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 08/12/16. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 444 West 19th Street, PH3, New York, NY 10011. Purpose: General. Ad#129598

##### LEGAL NOTICE

Notice of Formation of Helderberg Webworks, LLC. Arts of Org. filed with NY Secy of State (SSNY) on 7/29/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 35 Arnold Rd, Delanson, NY 12053. Purpose: website dev & user experience consulting. Ad#129410

**To place your Legal Notice: Call 439-4349**

#### LEGALS

##### LEGAL NOTICE

JAGGER LLC Articles of Org. filed NY Sec. of State (SSNY) 8/19/16. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 4545 Center Blvd., Apt. 605, Long Island City, NY 11109. Purpose: Any lawful purpose. Ad#128691

##### LEGAL NOTICE

John Kuehn Design, LLC. Arts. of Organization filed with Secy. of State of NY (SSNY) on 08/11/16. Off. loc: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 146-12 20th Ave, Apt. #2, Whitestone, NY 11357. Purpose: General. Ad#128665

##### LEGAL NOTICE

LaFren Lakepointe, LLC Notice of formation of the above Limited Liability Company ("LLC"). Articles of Organization filed with the Secretary of State of NY ("SSNY") on 04/19/2016. Office location: Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any such process served to: LaFren Lakepointe, LCC, c/o Michael LaFreniere, 402 Jessamine Lane, Schenectady, NY 12303. Purpose: any lawful business purpose. Ad#129638

##### LEGAL NOTICE

**NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC).** Name: LOUGHLIN DAWN LLC. Articles of Organization filed with NY Secretary of State, August 15, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Dawn Homes Management LLC, 20 Corporate Woods Blvd, Albany, New York 12211 Ad#129879

##### LEGAL NOTICE

Notice of Formation of an LLC: Ma's Corner Store, LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on July 28, 2016. Office location is

#### LEGALS

in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served, SSNY shall mail a copy of Process to the LLC, at 4449 Western Turnpike, Altamont, NY 12009. Purpose: for any lawful purpose. Ad#128673

##### LEGAL NOTICE

**ARTICLES OF INCORPORATION OF MAC PERFORMANCE Rocketry LLC.** The purpose for which the Company was formed on August 11, 2016 in Albany County is to engage in any lawful act or activity under the LLC of the State of New York. The Secretary of State is designated as the agent of the LLC upon whom process against it may be served at PO Box 11, Altamont, NY 12009. Ad#130280

##### LEGAL NOTICE

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY** Articles of Organization of MS Center of Northeastern NY, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on September 8, 2016, effective on the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC at 1205 Troy-Schenectady Road, Suite 105, Latham, NY 12110, which shall be the principal business location. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the NYS Limited Liability Company Law. Ad#

##### LEGAL NOTICE

Notice of formation of Limited Liability Company. Name: New World Contractors LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 8/24/16. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the Single Member Andrew Szmurlo, 4 Herman Street, Albany, NY 12205. Purpose: for any lawful purpose Ad#130843

#### LEGALS

##### LEGAL NOTICE

**NOTICE OF PUBLIC HEARING ON THE BUDGET** NOTICE IS HEREBY GIVEN that the Proposed Budget of the Slingerlands Fire District located in the Towns of Bethlehem and New Scotland, Albany County, State of New York, will be presented to the Board of Fire Commissioners of the Slingerlands Fire District, for its consideration.

A PUBLIC HEARING will be held at 7:00 p.m. at the Slingerlands Fire District firehouse located at 1520 New Scotland Road, Slingerlands, New York 12159, for the Towns of Bethlehem and New Scotland, Albany County, State of New York on the 18th day of October, 2016.

Pursuant to Town Law §105, the Board of Fire Commissioners must hold a public hearing on the budget, make the proposed budget available to the public prior to the public hearing, allow the public to comment on the budget at the public hearing. This public hearing must be held to allow maximum public participation in the hearing.

The purpose of the public hearing is to allow any person to be heard in favor of or against the proposed budget as it is submitted, or for or against any item or items contained in the proposed budget, and hearing all persons interested in the subject concerning same.

That a copy of the proposed budget is available at the Office of the Town Clerk's Office for the Town of Bethlehem at 445 Delaware Avenue, Delmar, New York and the Town of New Scotland at 2029 New Scotland Road, Slingerlands, New York and the Fire District Secretary at the Slingerlands Fire District's firehouse where it may be inspected by an interested person during office hours. Ad#131565

##### LEGAL NOTICE

**PINNACLE BUSINESS VENTURES LLC** Filed with SSNY on 09/21/2015. Office: Albany County. SSNY designated as agent for process & shall mail to:

#### LEGALS

222 South Pearl Street, Albany NY 12202. Purpose: Any Lawful activity. Ad#131276

##### LEGAL NOTICE

Notice of Formation of Real Estate Revival LLC. Arts of Org. filed with New York Secy of State (SSNY) on 7/20/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Real Estate Revival LLC, 98 Hudson Ave. Green Island, NY 12183. Purpose: any lawful activity. Ad#128702

##### LEGAL NOTICE

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)** The name of the LLC is SRS Saratoga LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on September 6, 2016. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 302 Washington Avenue Extension, Albany, New York 12203. Ad#130837

**LEGAL NOTICE** TACHYON ENERGY, LLC. Art. of Org. filed with the SSNY on 05/02/216. Office: Albany Co. SSNY desig. agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to 2122 Harmony Mills Lofts, Cohoes, NY 12047. Purpose: Any lawful purpose. Ad#129448

##### LEGAL NOTICE

**LEGAL NOTICE** XANDER 41 LLC Articles of Org. filed NY Sec. of State (SSNY) 7/6/15. Office in Albany Co. SSNY designated Agent of LLC whom process may be served. SSNY shall mail copy of process to The LLC @ 41 Fuller Rd. Albany NY 12205. Purpose: Any lawful activity. Ad#130677



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September 28, 2016

# Spotlight on Opinion

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## FROM THE EDITOR'S DESK

# All eyes on expanding landfill

There was much to be said about the Colonie Landfill last week, and as one would expect, not all of the voices were in agreement.

The landfill is often in conversation. There it lies on the town's northern most border, casting a shadow upon the Mohawk River and Route 9. Perhaps not a pleasant sight for those who live immediately across the river in Saratoga County, nonetheless, it is a necessary evil to maintain waste management in Colonie.

And, perhaps, there's just more coming into the waste facility. According to US Census reports, there are roughly 4,000 more residents in Colonie than there were in 2000. Tied into those rising numbers is the town's reputation. For several years, Colonie has been listed among the safest places to live in the country, and among the best places to live based on services provided. With that kind of distinction,

it's easy to understand how the population continues to increase at roughly three to four percent each decade.

With the uptick on people now calling Colonie home, such services as waste management conceivably become challenged. But, that's not the case here.

Permits are being sought from the state Department of Environmental Conservation to develop within the landfill's 212-acre footprint. There is no expansion. This fact brings us back to last October, when Paula Mahan was specifically asked about expanding the landfill while she defended her seat as town supervisor. In October, she said there was no need to expand, as the landfill was adequate to sustain the town's needs for many years. Technically, true. Waste Connections, the California-based company that owns the landfill, appears to be increasing the landfill's developed land to another 132-acres. As the landfill

stands now, the area currently taking in waste will be filled in 2018. The proposed development will increase the lifespan of the landfill to another 20 years.

Right now, Colonie residents enjoy the convenience of having a landfill close by, but such a convenience isn't always a pleasant one. Ideally, the landfill would reside someplace else. Some place far away. Because, who wants a dump in their backyard? And, that's what it ultimately comes down to.

When a more viable, environmentally friendly option presents itself, there is little reason to stand in the way of this proposal. The landfill provides town residents with a needed resource. Assuming the proposal is passed by the DEC, opponents will have the next 20 years to devise a better option. And, hopefully they do.

*The landfill is often in conversation. There it lies on the town's northern most border, casting a shadow upon the Mohawk River and Route 9. Perhaps not a pleasant sight for those who live immediately across the river in Saratoga County, nonetheless, it is a necessary evil to maintain waste management in Colonie. And, perhaps, there's just more coming into the waste facility. According to US Census reports, there are roughly 4,000 more residents in Colonie than there were in 2000.*

## WHAT HAPPENED IN 1956 ...

# Sixty years ago: Hi, Neighbor

**DELMAR** — Truth be told, *The Spotlight* was a modest periodical focused mostly on advertising and coupons when it was on the stands in 1956.

However, there were announcements to be read that served the general public, much like an ultra-local community newspaper would do, even today.

### Welcome, Neighbor

Page 3 had a corner hole set aside for the "Hi, Neighbor" column, sponsored by Tri-Village Cleaners at 397 Kenwood

Avenue. Six families were welcomed into the community, by name and address. As was customary of the time, the wife's name was omitted. She was identified as "Mrs." and the husband's given name. That doesn't happen too often nowadays.

### Fashion Show

The Tri-Village Welcome Wagon Newcomers Club advertised the opening of its fall season with a luncheon and fashion show at the Normanside Country Club on Tuesday afternoon. The fashion

show was to be conducted by the Town and Tweed Shop, and Mrs. Ralph Brooks — *see?* — was to be commentator. The models of the day were to be Ann Kelly, Rhodi McClure, Audrey Smith, Connie Strong, Karen Tuero, Betty Conway, Alice Knickerbocker, Ann Patchen, Mary Hutchins, Ann Caldwell and Dawn Voorhees — and, apparently, unwed?

### Well, it's hydromatic

Studler's Sales and Service center at 243 Delaware Avenue advertised a half

dozen vehicles varying in age and wear. There was the 1951 Ford station wagon. No miles were reported, but it's the only car in the advertisement with a price tag. At \$495, today, could you walk away from such a deal? Then, there was the Nash Rambler, custom cross-country and hydromatic. (Did you think of "Grease" when you read that?)

Bob Martin, of Bob Martin Auto Sales Co., down the road at 325 Delaware, advertised prices on his cars that week. He also guaranteed the quality of his cars, in writing. Before the Lemon Law.

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## LETTERS TO THE EDITOR



*The Spotlight* welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. *The Spotlight* reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to news@spotlightnews.com. The deadline for all letters is noon Friday prior to publication.

*The Spotlight* also welcomes longer opinion pieces for the Point of View section.

For information on submitting a Point of View, email news@spotlightnews.com or call 439-4949.

Our full letter policy can be viewed online at www.spotlightnews.com.

# Apartments won't fit here

Editor, *The Spotlight*,  
Every seat was taken as the Sept. 20 planning board meeting was met with urgency and valid concerns from town residents. Controversy over construction of apartment buildings continues. In listening to the discussion one has to wonder: How did these proposals ever come to the drawing board?

A smaller project might sound more manageable but still impacts the existing neighborhood in a major and negative way. The fact that the initial project stated 20 units and then was reduced to 16 is no argument for approval. One resident mentioned that town previously adopted a plan that called for no more than six units on one acre of land.

Another question demands universal attention and concern as well as an answer: What does this say about the planning board's intentions for

development in Delmar?

These proposed projects send a message about what planners think of neighborhoods in our town. It appears the board thinks multiple units on small spaces with, at best, cramped access for emergency/snow/garbage removal are worth consideration. The problems as a result are well documented. The tax base is far from enhanced. One pays more in taxes to deal with all the inconveniences that crowding and lack of infrastructure bring. All while the value of existing homes nearby drops.

If I purchased a house in your neighborhood, tore I down and proposed a 20-unit apartment building, how would you feel? If after some protest I came back and proposed a 16-unit building, would that be cause for relief or insult?

Susan Wooster  
Delmar

## COMMUNITY

# Youth basketball coaches needed

Have you ever dreamed of being a big time basketball coach? Do you see yourself on the sidelines wearing expensive suits and sending LeBron, Kobe or Stephen Curry out onto the court? What about joining the ranks of the college greats like coach K or, of course, Jim Boheim?

OK, that's great, but you have to start somewhere. How about coaching youth basketball at the Bethlehem YMCA? After all, basketball was invented at the Y, and James Naismith was the first basketball coach ever and he started at the YMCA.

The Y is recruiting volunteer coaches and players for Bethlehem YMCA Travel League Basketball teams. We are putting together three teams; third/fourth grade, fifth/sixth grade and seventh/eighth grade. Teams will travel to play other squads at Capital District YMCA branches.

There will be free open gym time in October for prospective players and coaches. Team practices will begin in November and the league games will begin Dec. 3. Games are played on Saturdays, late morning or early afternoon. Players get 10 regular season games plus playoffs, team jerseys and matching shirts (to keep) and certified basketball officials at each game.



Also, starting Nov. 5, the Bethlehem YMCA will offer the Saturday Morning Basketball Program. This will be for pre-k through third grade. Players will meet each Saturday to go through stations of drills and skills. Some stations will include small-sided games, but this program is mostly instructional. We are also looking to secure some volunteer coaches for the program.

So, please consider volunteer basketball coaching at the Y — if you want to start off your coaching career, or even if you just want to spend some quality time with your son or daughter who loves basketball. Please contact Rusty Decker at the Bethlehem YMCA, 439-4394, if you are interested.

### Fit Over 50 Boot Camp

Anyone over 50 can attest to the fact that the older you get, the harder you have to work to stay in shape ... or even something resembling good shape.

If this resonates with you, then the Bethlehem YMCA has a special class

you should check out. The Fit Over 50 Boot Camp is designed for anyone over the age of 50 looking to improve their health and happiness with a fun and diverse series of workouts.

Each class will keep you challenged and guessing what new fitness feats your body can conquer. Fit Over 50 Boot Camp keeps it interesting with the use of dumbbells, resistance bands, kettlebells and more. The format of the class is comprised of cardio, strength training and flexibility segments to give you a challenging total body workout.

The nine-week session begins Oct. 10. See or call Jerry Cunningham at the Bethlehem YMCA, 439-4394, for more details.

The Y has 85 wellness classes a week that are all included with your YMCA membership. They range from aquatics to aerobics, spinning, yoga, zumba and so much more. And, we have many great personal trainers who can work with you one-on-one to customize a fitness routine just for you.

There is truly something for everyone of all ages at the Bethlehem YMCA. So please come by for a tour, see what we have to offer and how we can make for a fitter, happier you.

— Mark Hansen

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## From page 1 ... Savory sustainability

from the district's organic gardens. "My father asked him what they do with all the extra produce," he said. "They do lots of things with it, they donate it and they let students and staff take some home, but we suggested that we might buy some of it. We started with just buying herbs from the herb garden because we thought it would be nice to have really fresh herbs. Then we came up with the idea of doing some kind of event where the students help grow it and help harvest the food, and I have students that are employed at the restaurant too, who will be helping to cook and serve it."

Fifteen percent of the food sales during the weekly events will go to the district's garden programs, said Grizzaffi, to help purchase seeds or equipment. "It's a really great project and they're doing an incredible job with the produce; it's so organized and clean. We've been picking up produce here and there over the summer, but the fall harvest is specifically for us, which is wonderful. Squash and lettuce and onions and different types of vegetables. Beets and carrots and all different things. On those Tuesdays, all the produce will be harvested directly from the schools."

Every school in the district has an organic garden, which supplements

the food that is prepared and served in their cafeterias. The students not only see the end result of their school's garden in their own school lunches but also take an active role in planting, tending to and picking produce from it.

Warford was recently working in the organic teaching garden at the middle school with the school's new Interim Principal Dave Doemel and his children, explaining to Doemel's five-year-old son why worms are good for gardens. "Worms are an important part of the ecosystem of a garden," he said. "When we add compost to a garden, we're not actually feeding the plants, we're feeding the soil. Already living in the soil are all kinds of organisms, including worms, who all do their part to enrich the soil—which helps the plants to grow."

"That's why it's a bad idea to use pesticides," Warford explained. "Because pesticides kill ALL those living organisms." Warford is such an avid gardener that he has invented a simple machine for planting carrot seeds at the ideal depth and spacing, after getting the idea for it at a Northeast Organic Farming Association conference.

In addition to providing fresh produce for patrons at Garden Bistro, the

middle school expects that its second crop rotation of the year—carrots, green beans, chard, beets, kale, spinach, radishes and more—will be ready in time for the school's annual "Salads for Kids Day," a celebration of the fall harvest when members of the Healthy Kids Committee and parent volunteers prepare fresh salads for the students using vegetables from the school garden. Produce that is not consumed by students or being featured at Garden Bistro is sold at the local farmer's market and, according to district officials, more than 1,000 pounds is donated to the Bethlehem Food Pantry every year.

The middle school garden is set to receive a donation of nearly \$4,000 from the Albany County Soil and Water Conservation District to install a movable "hoop house," a tunnel greenhouse, 14 feet wide and 20 feet long, which will allow them to extend the growing seasons in the spring and fall; and the garden club has raised money to build a pavilion on the grounds, between the gardens and the running track, to be used by students and the community. Tie-in health and sustainability projects abound at the middle school, including recycling stations built for the cafeteria and Earth Tub composting vessels for composting cafeteria waste.

Grizzaffi has already begun planning the first Bethlehem Central School



Julianna, Davey and Dave Doemel plant carrot seeds along with Dana and Ryan Burns. Mark Warford uses the carrot dimpler to prepare the holes.

Submitted photo

District Garden Night menu. "I know we're going to have butternut squash bisque with toasted seeds and 100 percent pure local maple syrup," he said. "We're doing a really nice salad with roasted carrots and roasted beets, kind of cinnamon charred and spiced with a local butter and bib lettuce. For the entrees, we'll be using local duck breast and are waiting to see what we'll do with

that—there were some heirloom tomatoes that looked really good, but also some golden beets." With the exception of a fish dish, he said, everything on the tables will have been locally sourced.

"Right now, we have a roasted garlic vinaigrette and all of that garlic was grown at the high school," he said. "And the feedback has been tremendous." Every time they sell a

bottle, he added, \$3 goes back to sustainability programming at the school.

"It's just been so much fun," said Grizzaffi. "It's great working with the students. It's great being part of the community and seeing how excited the kids are about all these things they're learning." He laughed. "I think they're almost as excited as we are!"



◀ Mark Warford built the carrot dimpler to help small hands plant carrot seeds at a predetermined depth and spacing.


Submitted photo

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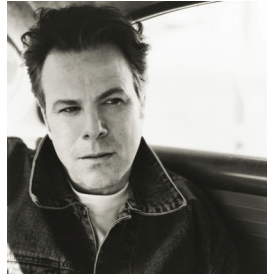
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**Lovett & Keen**

Two music legends are set to play Troy Savings Bank Music Hall.

Page B5

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**ENTERTAINMENT**

**PICK OF THE WEEK**



**Holly & Evan**

The four-piece blues and alternative band out of Albany are to play at the Olde English Pub in Albany, Wednesday, Sept. 28 at 7 p.m.

Page B7

**INSIDE**



**Arts calendar**

Pages B7-B11



**The Pack is back**

Sandy Hackett's Rat Pack Show brings back the magic of Sinatra, Davis, Martin and Bishop

By **MICHAEL HALLISEY**

[halliseym@spotlightnews.com](mailto:halliseym@spotlightnews.com)

**COHOES** — Just as Frank Sinatra opened the then-Knickerbocker Arena, Sandy Hackett's Rat Pack Show is set to help reopen the city's storied music hall.

"I'm actually surprised we're coming to Cohoes," said Hackett, calling in from his hotel room in Washington D.C. last week. "Because, last time when we were in the Palace Theatre in Albany... the mayor was involved. I forget his name, but he was very tanned in the wintertime. And, I made fun of him." Hackett said Mayor Jerry Jennings took the ribbing in stride, and everyone had a good time. But, "I said, 'Boy, we'd love to come back,' and he said, 'It will be a cold day.'"

Well, it's still too early to say whether or not Saturday, Oct. 1 will be a cold day when Hackett and his crew

Continues on page B27

**TIMEWARP**

The reincarnation of the Rat Pack is a tip of the hat to old-time, quality entertainment.



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**MOODY**

We ushered in the coming of fall last week, and this image looks to capture the moment summer said

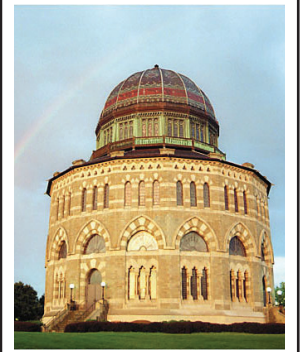
"goodbye."

dannymaggs / Instagram

**quote of the week**

"I'm actually surprised we're coming to Cohoes, because, last time when we were in the Palace Theatre in Albany... the mayor (of Albany) was involved. I forget his name, but he was very tanned in the wintertime. And, I made fun of him. He took it all in stride and everyone had a good time. Then [later], I said, 'Boy, we'd love to come back,' and he said, 'It will be a cold day.'"




— Sandy Hackett, producer, director, comedian  
Sandy Hackett's Rat Pack Show



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RECENTLY ANNOUNCED

# Look who we've got

TheSpot518 presents  
The Fleshtones at  
The Ale House

**TROY** — The Fleshtones hail from Queens, but the band's been adopted by the Collar City since Troy native Bill Milhizer started playing drums for the group in 1980.

The garage, punk band has had a storied past in its 40 years. Playing joints and rubbing elbows with some of the biggest names in music history —

CBGBs, American Bandstand, Debbie Harry, The Ramones. The Fleshtones were out in front of a sound that would be captured by a young MTV generation, and the band hasn't stopped since.

On Saturday, Oct. 15, at 3 p.m., The Fleshtones hit the stage at The Ale House in Troy as part of its "40th Anniversary Tour."

Also on the bill to open things up is local rock trio, Off the Record.

The Fleshtones originally formed in New York City in 1976. The four-piece band played regularly in Manhattan's East Village, most notably at the iconic music club CBGB, where Harry, The Ramones, Talking Heads, Iggy Pop and other pioneering rock artists

played before hitting mainstream.

Off the Record has received a healthy following locally with a reputation of covering tracks from the '60s and '70s.

Tickets are \$10. For tickets and information, go to [www.TheSpot518.com/tickets](http://www.TheSpot518.com/tickets).

— Michael Hallisey



**CHEERS**

TheSpot518 helps The Fleshtones celebrate 40 years with a show at The Ale House.

Submitted photo

BENEFIT

# Melt away cancer

**TROY** — Two locations over a two-day span will host the Melt Away Cancer Benefit in the Collar City, Friday, Sept. 30 and Saturday, Oct. 1.

Prism Glassworks hosts a glassblowing "Flameraiser," featuring a bevy of local female artists who will be creating artwork to be donated at the following day's silent auction.

Doors open to the general public for free at 5 p.m. and remain open until 11 p.m. VIP passes are available for \$20, which allow patrons in the doors from noon to 5 p.m. The price also includes food, drinks, a pass for Sunday's festivities and five raffle tickets.

Prism Glassworks is located at 225 4th Street in Troy. Day Two is marked by a benefit concert at Little Italy Market Place, 36 Hill Street, from noon to 9 p.m.

The list of acts include Lucky Jukebox Brigade, Victory Soul Orchestra, Erin Harkes, The CC Vagabonds and others.

Aggressive Metalworks and Prism Glassworks will each present demonstrations on blacksmithing and glassblowing, respectively. Other live art demonstrations are planned, as well.

Food and craft beverages will be on hand, and for children, a bounce house and wall climbing will be present.

A \$10 donation is suggested for the day's festivities, all of which to benefit research of low-grade carcinomas.

— Michael Hallisey

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"Even if you are a little wary, please come down. We are some of the coolest clowns on the planet."

— Brian Wright, circus clown

ENTERTAINMENT

# Here are the clowns!

The circus is coming to town, and so are the clowns

By MICHAEL HALLISEY  
halliseym@spotlightnews.com

ALBANY — Brian Wright has been enamoured with clowns since he first attended a Ringling Bros. and Barnum & Bailey circus show at Madison Square Garden on his fourth birthday.

Now, the 24-year-old, is one of them.

"I consider myself quite lucky to be a clown with The Greatest Show on Earth," said Wright.

The Brooklyn native attended Philippa Schuyler School for the Gifted and Talented and

Brooklyn High School of the Arts, where he ultimately met his wife. Wright admits that he spent his teenaged years focused on wrestling and video games. The life of a circus clown was far from his mind, until his now wife convinced him to take her to the circus. "I was too old for the circus," he said. But, when the show was over, "I nearly cried because I felt like I was back home."

After that date, the then-17-year-old picked up as many videos of clowns he could find. He developed a fandom for the clowning talents of performers Tom and Tammy Parish, David Solove, Dean Kelley and Jeff Schott. Today, Wright cites Robin Eurich (Rusty the Handyman) of The Bozo Super Sunday Show

IF YOU GO

- **What:** Ringling Bros. Circus
- **When:** Thursday, Oct. 6 to Sunday, Oct. 9
- **Where:** The Albany Times Union Center, Downtown Albany
- **How much:** \$29 - \$74
- **Info:** www.timesunion.center-albany.com

as his friend and mentor throughout his career.

"A lot of people want to get a scoop with the ringleader because he's a high profile guy. He's the leader of the show. But, the clowns, they are in so much of the show. They are kind of the unsung heroes of the show. We are out there performing, from one hour before the show starts... and it ends with the clowns. We're all over the place."

Now touring with his wife of two years, Wright feels like he's "living the

Continues on B23



SCARED?

Certainly not of these guys. They are the unsung heroes of the show.

Submitted photo

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■ WHAT'S HAPPENING

# Showcasing his roots

Robert Earl Keen joins Lyle Lovett on new tour

By **ROB JONAS**  
jonasr@spotlightnews.com

**TROY** — One of Robert Earl Keen's most famous songs is "The Road Goes On Forever."

The road Keen travels carries him and his long-time friend, Lyle Lovett, to the Troy Savings Bank Music Hall Thursday, Sept. 29, for the first stop on a new tour where the two Texans perform their songs together and tell the stories behind them.

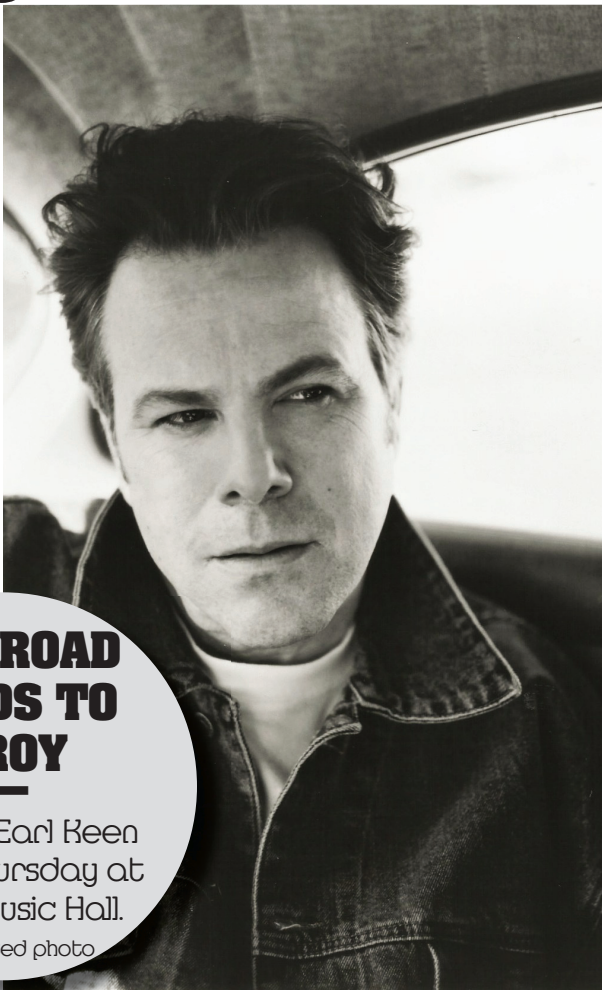
It's the first time Keen and Lovett have done an entire tour together. Speaking to Spotlight News by phone last week, Keen said they had done a few shows here and there before deciding to hit the road for their first extended tour.

"We've been friends since 1976," said Keen, who turned 60 earlier this year. "In a way, we just grew up together in the music business."

The format is similar to other recent tours Lovett has had with artists such as John Hiatt and Joe Ely. Armed with only their acoustic guitars and their voices, Keen and Lovett will back each other and swap stories.

"What they (the audience) can expect, and what I personally love as a songwriter, is the core of the song — how it originally sounded when it was

**Continues on B23**



**THE ROAD  
LEADS TO  
TROY**

Robert Earl Keen plays Thursday at Troy Music Hall.

Submitted photo

■ THIS WEEK IN ALBANY

**R. Kelly**

Albany Palace Theatre — Thursday, Sept. 29

**ALBANY** — Lauded as an R&B legend, R. Kelly is one of the most successful artists of all time with over 40 million albums sold, three Grammy Awards, six American Music Awards, six Billboard Awards and eight Soul Train Awards. And, he's to perform at the Albany Palace Theatre on Thursday, Sept. 29.

His chart-topping include "Bump N' Grind," "Your Body's Callin'" to Grammy Award winning "I Believe I Can Fly."

All tickets are on sale at the Palace Theatre Box Office, Ticketmaster Charge-by-Phone at 800-745-3000 or online at ticketmaster.com.

■ ALSO IN ALBANY

**WEQX Presents: Dreamers**

Lucky Strike Social — Monday, Oct. 3

**ALBANY** — WEQX, the Capital District's alternative radio station, presents Dreamers at Lucky Strike Social in Crossgates Mall, Monday, Oct. 3, as part of its free concert series.

This three-piece, cosmic rock band out of Los Angeles, Calif. is currently touring in promotion of its latest album, "This Album Does Not Exist."

The band's latest singles, "Sweet Disaster," and "Drugs" has received generous play time on the radio.

The concert starts at 8 p.m. and is open to all ages. Listeners can preview the band's work on Spotify. For more information on the show, visit weqx.com/events.



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# Night & Day

## Night: Steven Wright at The Egg

**ALBANY** — Spend an evening with award-winning comedian, actor and producer Steven Wright this Saturday in the Hart Theatre at The Egg beginning at 8 p.m.

Raised in Burlington, Massachusetts, Wright is a prototype comedian that many others continually try to follow. After graduating from Emerson College and holding a bevy of odd jobs, Wright attended an “open mike” audition and became a regular performer at Ding Ho’s Comedy Club and Chinese Restaurant in Cambridge, Massachusetts.

During that time, Wright was booked for his first “Tonight Show” appearance on Aug. 6, 1982. Johnny Carson, the King of Late Night, enjoyed his performance so much that he invited Wright to appear again the following Thursday, pushing his fledgling career into high gear. The comic soon found himself performing his off-beat routines on “Saturday Night Live,” and “Late Night with David Letterman,” in addition to making numerous trips back to “The Tonight Show with Johnny Carson.”

Within the next couple of years, Wright expanded his career to not only include comedy albums but film and television appearances as well. Both his debut and follow-up albums, “I Have A Pony,” released in 1985, and “I Still Have A Pony,” released in 2007, earned him Grammy nominations for Best Comedy Album. In 1989, Wright starred in and co-wrote a short film titled “The Appointments of Dennis Jennings,” which received an Academy Award for Best Short Film. Since then, Wright has appeared in a number of films with well-known actors, such as John Cleese



Comedian Steven Wright

Photo by Jorge Rios

and Mike Meyers, in addition to writing, directing and starring in his own films. In 2014, Wright was nominated for an Emmy Award as a producer for the hit FX series, “Louie” and can be seen in Louis CK’s critically-acclaimed new web series, “Horace and Pete.”

Currently, Wright regularly performs on popular late night shows and continues to tour both at home and abroad.

Tickets, which cost \$35, \$45 and \$55 depending on seating location, are still available for purchase either online at <https://tickets.theegg.org/TheatreManager/98/login&performance=26254> or in person at The Egg Box Office, weekdays from 11 a.m. to 3 p.m. and from 3 p.m. until 30 minutes after the curtain rises the night of the show.

For driving directions and parking information, visit [www.theegg.org](http://www.theegg.org).

For more information about Wright, visit his official website, [www.StevenWright.com](http://www.StevenWright.com), or follow him on either Facebook or Twitter.

## Day: Kids Country Play Day at Goold Orchards



Someone found a great pumpkin in Goold Orchard’s pumpkin patch!

Photo courtesy of Goold Orchards

**CASTLETON** — Enjoy a day of fun and games at Goold Orchards during the 12th annual Kids Country Play Day, taking place this Saturday, from 10 a.m. to 4 p.m. This free event is sponsored by the Rensselaer County Safe Kids program and Fidelis Care.

There will be all sorts of things to do throughout the day, including watching a puppet show, playing in a bounce house, taking a wagon ride around the farm, interacting with animals in a small petting zoo, getting your face painted and, of course, picking your own apples. Take a stroll through the pumpkin patch and be sure to check out the reptile and insect exhibit from Five Rivers Environmental Education Center.

For more information, visit the orchard’s website at [www.goold.com](http://www.goold.com) or its Facebook page at [www.facebook.com/Goold-Orchards-155945068840/?fref=ts](http://www.facebook.com/Goold-Orchards-155945068840/?fref=ts). Goold Orchards is located at 1297 Brookview Station Road in Castleton.

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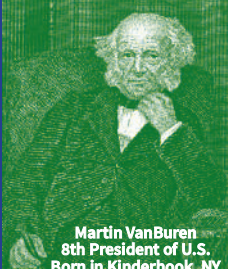
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**Latham**  
 782 Troy-Schen. Rd  
 518.213.8033

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 2967 Route 9  
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**REAL FACT**

Even U.S. Presidents hang out in Kinderhook.



**CLUBS**

**9 Maple Avenue**  
9 Maple Ave., Saratoga Springs.  
www.9mapleave.com  
Fri: **Arch Stanton Quartet** | 9 p.m.  
Sat: **Michael Benedict Jazz Vibes** | 9 p.m.

**Aperitivo**  
426 State St., Schenectady. 579-3371  
Tue: **Jecco Duo** | 7 p.m.

**Arthur's Market**  
35 N. Ferry St., Schenectady. 382-1938  
Wed: **Jim Connelly** | 7 p.m.  
Every Thur: **Edith's Amazing Jam** | 6:30 p.m.  
Fri: **Lisa Lambert & Ryan Legere** | 7 p.m.  
Sat: **Tango** | 8 p.m.

**Athos**  
1814 Western Ave., Albany. 608-6400  
Fri: **Patricia Dalton & The Jazz Colleagues** | 7 p.m.

**Caffé Lena**  
47 Phila St., Saratoga Springs. 225-0882  
Wed: **Acoustic Blues Open Jam** (@ 110 Spring St.) | 7 p.m.  
Every Thur: **Open Mic** (@ 42 Phila St.) | 7 p.m.  
Fri: **Peter Mulvey with David Greenberger** (@233 Lake Ave.) | 7 p.m.

**Carney's Tavern**  
17 Main Street, Ballston Lake. 280-7959  
Every Thur: **Matty Finn** | 6 p.m.  
Fri: **In Spite of Ourselves** | 7:30 p.m.  
Sat: **18 Strings of Trouble** | 7:30 p.m.

**Castle Street Café**  
10 Castle St., Great Barrington, Mass. 413-528-5244  
Fri: **Francesca Tanksley Duo** | 8 p.m.

**Centre Street Pub**  
308 Union St., Schenectady. 393-2337  
Wed: **Jecco Trio with Vinnie Fazio** | 6 p.m.  
Thur: **Mike Thomas** | 7 p.m.  
Fri: **The Deadbeats** | 9 p.m.

# ARTS CALENDAR



## Feeling the blues

The Holly and Evan Band takes over the Olde English Pub in Albany for a show Wednesday, Sept. 28, at 7 p.m.

Ed Conway/submitted photo

**City Beer Hall**  
42 Howard St., Albany. 449-2337  
Every Sat: **90s Dance Party** | 11 p.m.

**Club Helsinki**  
405 Columbia St., Hudson. 828-4800 or helsinkiHUDSON.com  
Fri: **Ian Hunter & The Rant Band** | 9 p.m.  
Sat: **Amy Ray & Her Band,**

**Chely Wright** | 9 p.m.  
Sun: **Tom Brousseau & Sean Watkins** | 8 p.m.  
**Dolce Vita**  
1727 State St., Schenectady. 357-3324  
Fri & Sat: **Music and Dancing with Randy Loren** | 5 p.m.

**Eden Cafe**  
269 Osborne Road, Loudonville. 977-3771

Fri: **aCoustiK, Fright for Hunger** | 7:30 p.m.  
Sat: **Open Mic** | 7:30 p.m.

**Emack & Bolio's**  
366 Delaware Ave., Albany. 512-5100  
Fri: **Kate McDonnell** | 7 p.m.  
**Mark LaRose** | 8:30 p.m.  
Sat: **Emerald Dawn** | 7 p.m.  
Tue: **Open Mic with**

**special guest Hovey Otis** | 7 p.m.  
**Fuze Box**  
12 Central Ave., Albany. 703-8937  
Thur: **Speak Low If You Speak Love, Homesafe, Let it Happen, Young Culture, Luciano Ferrara** | 6 p.m.  
Sat: **Selector David Normal & Guests** | 9:30 p.m.

**Gaffney's**  
16 Caroline St., Saratoga Springs. 587-7359  
Thur: **Woodstone** | 9 p.m.  
Fri: **Ubuntu** | 9 p.m.  
Tue: **Open Mic with Rick Bolton** | 8 p.m.

**Garden Bistro 24**  
5 Vista Blvd., Slingerlands. 439-3832  
Thur: **A3** | 6:30 p.m.

**Ginger Man**  
234 Western Ave., Albany. 427-5963  
Fri: **Closet Classics** | 8 p.m.

**Grappa '72**  
818 Central Ave., Albany. 482-7200  
Wed & Thur: **Hamilton Street Jazz Company** | 6:30 p.m.

**The Hangar**  
675 River St., Troy.  
Fri: **SIMO** | 8 p.m.

**The Happy Cappuccino**  
1 Crossgates Mall Rd., Albany. 313-7423  
Fri: **Jeff Nania & Lecco Morris** | noon

**The Hollow Bar + Kitchen**  
79 N. Pearl St., Albany. 426-8550  
Sat: **Skeleton Keys** | 9:30 p.m.

**Hudson River Music Hall**  
10 Maple St., Hudson Falls. 832-3484  
Sat: **Gioacchino Longobardi** | 7 p.m.  
Every Wed: **Open Mic** | 7 p.m.

**Lanie's Café**  
471 Albany-Shaker Road, Loudonville, 438-5005  
Every Tue: **Dan Sherwin** | 6 p.m.

**The Low Beat**  
335 Central Ave., Albany. 432-6572  
Every Wed: **The Deadbeats** | 10 p.m.  
Thur: **A Story in Static** | 7:30 p.m.  
Fri: **Bendt, Desafinado, Nobody for President** | 7 p.m.  
Sat: **Blind Crow Band** | 7 p.m.

**Lucas Confectionary and Wine Bar**  
12 2nd St., Troy. 326-3450  
Mon: **Le Trio Vino** | 7 & 8:45 p.m.

**Continues on B8**

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**ACROSS**

- Computer-generated image (acronym)
- Some horses
- Slope of loose rock debris
- Ashes holder
- Circle
- Certain sorority member
- Dust remover
- Afraid of performing
- Waste piece of casting
- Achilles, e.g.
- Restaurant for tea and light meals
- Take off
- Followed
- Brat
- \_\_\_-Wan Kenobi
- Beg
- Characteristic carrier
- Campus military org.
- Holding one's piece
- Cut, maybe
- Unfair?
- Brown shade
- Crystal meth, in slang
- Fancy hat
- Italian \_\_\_
- Discern
- Muscle contracting disease
- Cover
- Appeared
- Ancient
- Bit
- Atmospheres
- Beautiful young woman
- Bird-to-be
- Bait
- Put in
- "Comprende?"

**DOWN**

- Affected by something bad (arc.)
- Vineyard fruit

- Lack of appreciation
- Rose plant fruit
- Crumb
- "The \_\_\_ Daba Honeymoon"
- Approaching
- Charger
- Didn't shuffle
- "The Sweetheart of Sigma \_\_\_"
- "Andy Capp" cartoonist Smythe
- Addis Ababa's land: Abbr.
- "Dig in!"
- Fingerboard ridge
- Cable network
- Cantina cooker
- Equals
- Advocate
- Memos issued by seller to buyer
- Bartender's supply
- Women of rank
- Network of nerves
- "Carmina Burana" composer
- Like visiting teams, often
- Cache
- Coagulate
- Banquet
- Bromo ingredient
- Doctor
- Air force heroes
- Ring bearer, maybe
- Church donation
- Grammar topic
- Bulrush, e.g.
- Come into view
- Congratulations, of a sort
- Morgue, for one
- Victorian, for one
- Consumes
- Hangup
- Anger

Answers on Pg. B26

## ARTS CALENDAR

### Madison Theater

1036 Madison Ave., Albany. 438-2094  
Fri: **The Garcia Project** | 8 p.m.

### McGeary's

4 Clinton Square, Albany. 463-1455  
Wed: **Best Damn Open Mic Ever with MotherJudge** | 7:30 p.m.  
Sun: **Blues Jam** | 7:30 p.m.

### Merry Monk Saratoga

84 Henry St., Saratoga Springs. 584-6665  
Sun: **Hot Club of Saratoga Trio** | noon

### Moon & River Café

115 S. Ferry St., Schenectady. 377-5100  
Wed: **Mike, John & Jere** | 7 p.m.  
Thur: **Steve Sullivan** | 7 p.m.  
Fri: **Don Ferber & Luke Ryan** | 7 p.m.  
Sat: **Steve Sachar** | 7 p.m.  
Every Sun: **Open Mic** | 7:30 p.m.

### Mouzon House

1 York St., Saratoga Springs. 226-0014  
Thur: **Hot Club of Saratoga Trio** | 7 p.m.  
Fri: **Brass & Blues** | 7 p.m.  
Sat: **Joe Gitto & Dan Wancyk** | 6:30 p.m.

### Mulligan's

6 Round Lake Road, Ballston Lake. 877-7938  
Sat: **The Blenders** | 7 p.m.

### Oh Bar

304 Lark St., Albany. 463-9004  
Thur: **Karaoke** | 10 p.m.

### Olde English Pub

683 Broadway, Albany. 434-6533  
Wed: **Holly and Evan Band** | 7 p.m.

### One Caroline Street

1 Caroline St., Saratoga Springs. 587-2026  
Wed: **The Masters of Nostalgia** | 8:30 p.m.



## Music from Wales

Welsh quintet Calan puts a modern twist on the traditional music of its native land. See the band perform Friday, Sept. 30, at Old Songs Community Arts Center, 37 South Main St., Voorheesville. For more information, call 765-2815 or visit [oldsongs.org](http://oldsongs.org).

Submitted photo

Thur: **Cloud Lifter** | 8 p.m.

Sat: **Graham Tichy Trio** | 9 p.m.

Sun: **Eric Mangan** | 6 p.m.

Mon: **Tim Wehgelaer** | 7:30 p.m.

### Parish Public House

388 Broadway, Albany. 365-0444

Wed: **Alanna Royale, Bad Mothers** | 8 p.m.

Fri: **The Kindness, Factory Radio, Jasper** | 8 p.m.

### The Parting Glass

40 Lake Ave., Saratoga Springs. 583-1916

Wed & Thur: **Irish Celtic Session** | 7 p.m.

### Panza's

510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. 584-6882

Wed: **Artie Mozeik** | 6 p.m.

Fri: **Charles Cornell** | 6:30 p.m.

Sat: **Noreen Pratt** | 7 p.m.

### Pauly's Hotel

337 Central Ave., Albany. [paulysshotel.com](http://paulysshotel.com)

Wed: **Unwelcome Guests**,

**Va Va Voodoos, Mike Moak** | 8:30 p.m.

Thur: **Return of the Fly** | 8 p.m.  
Fri: **Wavy Cunningham & Friends** | 8 p.m.

Mon: **Blues Jam** | 8 p.m.

### Prime at Saratoga National

458 Union Ave., Saratoga Springs. 583-4653

Sun: **Joe Sorrentino Trio (jazz brunch)** | 10:30 a.m.

### Putnam Den

63a Putnam St., Saratoga Springs. 584-8066

Thur: **Big Something, Half Step Duo** | 9:30 p.m.

Fri: **Let's Be Leonard, Functional Flow** | 9:30 p.m.

Sat: **Badfish, Paranoid Social Club** | 9:30 p.m.

### River Street Beat Shop

197 River St., Troy. 272-0433

Fri: **Nobody for President** | 6 p.m.

### Rustic Barn Pub

150 Speigletown Road, Troy. 235-5858

Every Thur: **Open Mic** | 8 p.m.

Fri: **The Alchemystics** | 9 p.m.

Sat: **Soul Provider** | 9 p.m.

### Sake Japanese Steakhouse

611 Troy-Schenectady Road, Latham. 785-7215

Sat: **Nitro Jive** | 7:30 p.m.

### Speakeasy 518

42 Howard St., Albany. 449-2332

Wed: **Chris Carballeira** | 8 p.m.

Thur: **Wayne Hawkins Duo** | 9 p.m.

Fri: **Tyler Giroux Trio** | 9 p.m.

### Spillin' the Beans

13 3rd St., Troy, 268-1028

Fri: **Keith Pray's Soul Jazz Revival** | 7 p.m.

# CELEBRATING 200 YEARS

**SEPT 29 - OCT 22**  
**Reclamation**  
14 emerging and under-represented artists create work that relates to the act of returning something to a former state. Collar Works, 621 River Street, Free

**SEPT 30 - NOV 30**  
**North Troy Peoples' History Museum/ Story Candles**  
Two exhibits explore the changes and evolution of families in this Troy neighborhood. NATURE Lab, 3334 6th Ave., 6-9 pm, Free

**SEPT 30 - NOV 30**  
**Breathing Lights**  
One of the most ambitious public art projects the Capital Region has ever seen aims to transform perceptions of vacant buildings and stimulate revitalization. Nightly 6-10 pm throughout Oct & Nov, Free

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## 2016 Rotary Pet Fair

**Saturday October 1, 2016 10am-4pm**  
**Shaker Heritage Society, 25 Meeting House Rd, Albany**  
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- Exhibitors offering pet related products and services
- Micro Chipping Clinic
- Animal Rescue groups
- Demonstrations, Police K-9 Unit
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**Please bring your leashed and vaccinated pets to the event.**

Proceeds from the Pet Fair will support the not-for-profit pet organizations, the Shaker Heritage Society and the Colonie-Guilderland Rotary Club. To learn more visit [www.cgrotary.org](http://www.cgrotary.org) or visit us on Facebook.

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# ARTS CALENDAR

## Stockade Inn

1 North Church St., Schenectady.  
346-3400  
Thur: **Sonny & Perley** | 7 p.m.  
Fri: **Don Egrý & Lew Scott** | 7 p.m.

## Twisted Vine

384 Kenwood Ave., Delmar. 439-3241  
Thur: **Mike Benedict Jazz Trio** | 8 p.m.

## Universal Preservation Hall

25 Washington St., Saratoga Springs.  
584-2627  
Sat: **Chuck Lamb Quartet** | 7:30 p.m.

## Upstate Concert Hall

1208 New York 146, Clifton Park.  
371-0012 or upstateconcerthall.com  
Fri: **Life of Agony** | 7 p.m.

## Waterworks Pub

76 Central Ave., Albany. 465-9079  
Thur: **DJ Shawn Gillie** | 11 p.m.  
Fri: **Karaoke** | 10 p.m.  
Sat: **DJ David Barna** | 10 p.m.  
Mon: **Karaoke** | 10 p.m.

## Yono's

25 Chapel St., Albany. 436-7747  
Fri and Sat: **Hamilton Street Jazz Duo** | 6:30 p.m.

## MUSIC

### Alice Cooper

Classic shock rocker returns with his "Spend the Night with Alice Cooper" tour. Sept. 28, 8 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$39.75-\$94.75. Information: palacealbany.com.

### Blake Shelton

Country music superstar and judge on "The Voice." Sept. 29, 7:30 p.m., Times Union Center, 51 South Pearl St., Albany. Tickets: \$39.75-\$89.75.



## Art sale for preservation league

The annual Trask Art Show and Sale — benefitting the Saratoga Springs Preservation Foundation — takes place Thursday, Sept. 29, at 6:30 p.m. inside the Canfield Casino in Saratoga's Congress Park.

Submitted photo

Information: www.timesunioncenter-albany.com.

### Richie Furay

Member of such bands as Buffalo Springfield, Poco and the Souther-Hillman-Furay Band performs solo. Sept. 29, 7:30 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$36. Information:

473-1845 or www.theegg.org.

### Lyle Lovett and Robert Earl Keen

Two great Texas troubadours kick off their United States tour. Sept. 29, 7:30 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$29-\$79. Information: 273-0038 or troymusicall.org.

### Donna the Buffalo

Western New York-based jam/American band, with opening act The Nellies. Sept. 29, 8 p.m., Cohoes Music Hall, 58 Remsen St. Tickets: \$25. Information: thecohoesmusicall.com.

### R. Kelly

R&B hitmaker showcases a variety of

styles in his "Buffet Tour." Sept. 29, 8 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$68 and \$98. Information: palacealbany.com.

### Calan

New ambassadors of "Welsh Cool," the quintet takes the traditional music of Wales and gives it a modern

spin. Sept. 30, 7:30 p.m., Old Songs Community Arts Center, 37 South Main St., Voorheesville. Tickets: adults \$23, children 12 and under \$5. Information: 765-2815 or oldsongs.org.

### The Hot Sardines

"Hot jazz" ensemble. Sept. 30, 7:30 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$34.50. Information: 473-1845 or www.theegg.org.

### Scott Bradlee's Postmodern Jukebox

An ensemble of musicians and singers take today's hit songs and turns them into jazz, ragtime and swing tunes. Sept. 30, 8 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$39.50-\$105. Information: palacealbany.com.

### Sandy Hackett's Rat Pack Show

Son of Buddy Hackett leads a group of actors as they re-create the iconic quartet of Frank Sinatra, Sammy Davis Jr., Dean Martin and Joey Bishop. Oct. 1, 2 and 7:30 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes. Tickets: matinee show — \$27-\$47; evening show — \$48 and \$55, with a \$100 VIP package. Information: thecohoesmusicall.com.

### Il Divo

Four young opera singers come together to form a super group. Oct. 1, 7:30 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$45-\$125. Information: palacealbany.com.

### Rachel Barton Pine and Trio Settecento

An evening of French baroque music kicks off Friends of Chamber Music's

**Continues on B10**

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## ARTS CALENDAR

2016-17 season. Oct. 1, 7:30 p.m., Kiggins Hall, Emma Willard School, 285 Pawling Ave., Troy. Tickets: adults \$25, students \$15. Information: 833-1874 or www.friendsofchambermusic.org.

### Peter Yarrow and Noel Paul Stookey

The two surviving members of Peter, Paul and Mary celebrate the group's 50th anniversary. Oct. 1, 8 p.m., Troy

Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$39-\$57. Information: 273-0038 or troymusicall.org.

### Saint Rose Jazz Ensemble

Starting the fall semester performance schedule for The College of Saint Rose. Oct. 2, noon, Kathleen McManus Picotte Recital Hall, Massry Center for the Arts, 1002 Madison Ave., Albany. Free. Information: 454-5178 or www.strose.edu/music.

### Lake Street Dive

Acclaimed indie band, with special guest Rubblebucket. Oct. 4, 8 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$30. Information: 273-0038 or troymusicall.org.

## THEATER

### Annie Get Your Gun

The classic Broadway musical about Annie Oakley and Buffalo Bill. Presented by Schenectady Light Opera Company, 427 Franklin St., Schenectady, Sept. 29 through Oct. 2. Information: 877-350-7378 or www.slotheater.org.

### Southern Comforts

Kathleen Clark's romantic comedy about a late-in-life relationship between a quiet, reclusive widower and a vivacious Southern widow. Presented by The Lake Theatre, Holiday Inn Resort, Lake George, through Oct. 22. Shows: matinees Tuesdays through Thursdays, dinner shows Wednesdays through Saturdays, with special Sunday matinees on Sept. 24 and Oct. 8. Information: 668-5762, ext. 411 or LakeTheatreProductions.com.

### Time Stands Still

Donald Margulies' play about a photojournalist who returns from Iraq to find things have changed back home. Presented by Curtain Call Theatre, 210 Old Loudon Road, Latham, through Oct. 15. Shows: Thursday 7:30 p.m., Friday and Saturday 8 p.m., Sunday 3 p.m. Tickets: \$24. Information: 877-7529 or www.curtaincalltheatre.com.

### Disenchanted!

An irreverent musical featuring some of the best-known fairy tale princesses

letting their hair down. Oct. 4-9, GE Theatre at Proctors, 432 State St., Schenectady. Information: 346-6204 or www.proctors.org.

## COMEDY

### The Funny Bone

John Heffron headlines. Sept. 29, 7:30 p.m., Sept. 30, 7:30 and 10 p.m., Oct. 1, 7 and 10 p.m., Oct. 2, 7 p.m. Crossgates Mall, Western Avenue, Guelderland. Information: 313-7484 or Albany.funnybone.com.

### The Comedy Works

Jim Florentine. Sept. 29 and 30, 8 p.m.; Oct. 1, 8 and 10 p.m. The Comedy Works Local All-Stars, Sept. 30, 10 p.m. 388 Broadway, Saratoga Springs. Information: 275-6897 or thecomedyworks.com.

### Steven Wright

The king of deadpan non-sequiturs. Oct. 1, 8 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$35-\$55. Information: 473-1845 or www.theegg.org.

## FILM

### Zoot Suit Riots

Film screening and discussion with writer and director Joseph Tovares, sponsored by the New York State Writers Institute. Sept. 30, 7 p.m., Page Hall, University at Albany downtown campus, 135 Western Ave., Albany. Information: 442-5620 or www.albany.edu/writers-inst.

### The Asbury Shorts Film Concert

Now in its 35th year, this show features some of the best short movies in the world. Oct. 1, 8 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Information: 465-5233 or thelinda.org.

### The Godfather

Martin Scorsese's masterpiece. Oct. 4, 1 and 7 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes. Tickets: \$5. Information: palacealbany.com.

### He Named Me Malala

Documentary about Nobel Prize Laureate Malala Yousafzai, a Pakistani teen who was targeted by the Taliban and severely wounded by a gunshot while returning home on her school bus. Oct. 4, 6 p.m., Bush Memorial Center, Russell Sage College, First Street, Troy. Information: 489-8100, ext. 112.

### Idiocracy 10 Year Anniversary with Live Mike Judge Q&A

A screening of the cult classic about a dumbed-down America of the future with a former pro wrestler as its president, followed by a live-streamed question and answer period with director Mike Judge and one of the film's stars, Maya Rudolph. Oct. 4, 9:45 p.m., Madison Theatre, 1036 Madison Ave., Albany.

## LITERARY

### Stephen Burt

Leading poetry critic discusses his new book, "The Poem is You." Sept. 29, 8 p.m., Huxley Theatre, New York State Museum, Empire State Plaza, Albany. Free. Information: 442-5620 or www.albany.edu/writers-inst.

### Imbolo Mbue

Young Cameroonian-American author discusses her novel, "Behold the Dreamers" as part of the New York State Writers Institute's series, "The New Americans: Recent Immigrant

Experiences in Diction, Nonfiction, and Film." Oct. 6, 8 p.m., University at Albany Performing Arts Center, uptown campus, 1400 Washington Ave., Albany. Free. Information: 442-5620 or www.albany.edu/writers-inst.

## MISCELLANEOUS

### Muddy Paws

Socialization 101 — how to help maximize your dog's socialization skills. Sept. 28, 6:30 p.m. 836 Loudon Road, Latham. Register: 847-9941.

### Trask Art Show and Sale

Fundraiser featuring original art for sale by more than 50 local artists, hors d'oeuvres, drinks and live music. Sept. 29, 6:30 p.m., Canfield Casino, Congress Park, Saratoga Springs. Tickets: \$55 Saratoga Springs Preservation Foundation members, \$65 non members. Information: Nicole Babie, 587-5030.

### Upstate Latino Summit

Bringing together Latino leaders from the fields of education, health, business, government and other sectors to discuss important issues, trends and benefits of engaging in the Latino community. 8 a.m., Sept. 28, Desmond Hotel, 660 Albany Shaker Road, Colonie. Information: Centro Civico, 465-1145.

### Upper Union Street

Harvest Fest & Art Show Featuring food, art, a flea market, children's activities and music by the Long Bow Trio, Lecco Morris & Company, Tanager and John McIntosh. Oct. 1, 10 a.m. to 3 p.m., Union Street from Garner Avenue to the Niskayuna town line. Information: Maureen Gebert, 730-

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**Answers on Pg. B26**



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## ARTS CALENDAR

6896 or www.upperunionstreet.com.

### Oktoberfest

Debut of village-wide harvest celebration featuring music, a cooking contest, food and family activities. Oct. 1, 11 a.m. to 10 p.m., Chatham. Information: visitchathamny.com.

### Professional Bull Riders 'BlueDEF Tour'

Some of the top bull riders in the world will try to hang on to their rides for eight seconds. Oct. 1, 7 p.m., Times Union Center, 51 South Pearl St., Albany. Tickets: \$18-\$103. Information: www.timesunioncenter-albany.com.

## EXHIBITS

### Albany Center Gallery

"Where Things Go: Sculpture by Paul Mauren," Oct. 7 through Nov. 4. Opening reception: Oct. 7, 5 p.m. 39 Columbia St., Albany. Information: 462-4775 or www.albanycentergallery.org.

### Albany Institute of History and Art

"The Art of Seating: 200 Years of American Design," Oct. 1 through Dec. 31; "Spotlight: Alexander Hamilton," through Dec. 31; plus "A Gather of Glass: Selections from the Museum's Collection," "Ancient Egypt" and more. 125 Washington Ave., Albany. Information: 463-4478 or www.albanyinstitute.org.

### Albany Public Library — Pine Hills Branch

"Too Many Words," featuring works by Emily Armstrong, Michael Conlin, Shea Lord-Farmer, Mark Oujja, Erik Savage and Larissa Tapler, through Oct. 2. 517 Western Ave., Albany. Information: www.albanypubliclibrary.org.

### Brookside Museum

"Journeys," a solo art exhibition by artist/author Eva Marie Loucks, through Nov. 5; artist reception Oct. 7, 6 p.m. 6 Charlton St., Ballston Spa. Information: 885-4000 or www.brooksidemuseum.org.

### Esther Massry Gallery

"Hitting Bumps on the School Bus," an exhibition of paintings by Danny Ginsburg, through Feb. 26. The College of Saint Rose, Massry Center for the Arts, 1002 Madison Ave., Albany. Information: 485-3902 or www.strose.edu/gallery.

### The Hyde Collection

"Dürer & Rembrandt: Master Prints from the Collection of Dr. Dorrance Kelly" and "The Hydes & Rembrandt," through Oct. 2. 161 Warren St., Glens Falls. Information: 792-1761 or www.hydecollection.org.

### The Laffer Gallery

"Nurture Nature," an exhibit featuring works by Audie Sturman, Celeste Susany, David Hill, Karen Elem, Kate Edwards, Leslie Prck, Mikel Wintermantel, Nancy Magnell and Takeyce Walter. Through Oct. 16. 96 Broad St., Schuylerville. Information: www.thelaffergallery.com.

### Lake George Arts Project

"Oatman & Father, Signmakers," featuring the creations of Gordon and Michael Oatman, through Oct. 28. Courthouse Gallery, Old County Courthouse, corner of Canada and Lower Amherst streets, Lake George. Information: 668-2616 or www.lakegeorgearts.org.

### The Little Gallery

"One Ground Beetle: A Year in Haiku," featuring poems by Melody Davis and prints by Harold Lohner, through Oct. 15. Rathbone Hall, Sage College of Albany, 140 New Scotland Ave. Information: sage.edu.

### Mabee Farm Historic Site

"In Whom We Trust: At the Crossroads of Faith & Community," a photography exhibit by Michael Diana. 1100 Main St. (Route 55), Rotterdam Junction. Information: schenectadyhistorical.org/exhibits.

### miSci

"Tinkering: Bring Out Your Inner Engineer," a hands-on exhibit from the San Francisco Exploratorium, through May 17. Nott Terrace Heights, Schenectady. Information: 382-7890 or www.miSci.org.

### National Museum of Dance

"50 Years at SPAC," celebrating the golden anniversary of the venerable performance venue; "The Dancing Athlete," an exhibit that explores the connection between dance and sports; "Gen," a life-sized sculpture of former New York City Ballet principal dancer Gen Horiuchi; plus "A Tribute to Dancers in Film," "Making Art Dance" and "2015 Hall of Fame Inductees Mark Morris and Rudolf Nureyev." 99 South Broadway, Saratoga Springs. Information: 584-2225 or www.dancemuseum.org.

### New York State Museum

"Best of SUNY Student Art Exhibition 2016," through Oct. 23; plus "Hudson Valley Ruins," "Art for the People" Decorated Stoneware from the Weitsman Collection," "Beneath the City: An Archaeological Perspective of Albany" and more. Empire State Plaza, 222 Madison Ave., Albany. Information: 474-5877 or www.nysm.nysed.gov.

### Photography Center of the Capital District

"Tenth Annual Members Show," featuring prints by 34 center members, Sept. 30

through Oct. 30. Opening reception: Sept. 30, 5 p.m. 404 River St., Troy. Information: 273-0100 or www.photocentertroy.org.

### Saratoga Arts Center

"30th Anniversary Invitational," featuring 30 artists who have previously exhibited their works at the gallery, through Oct. 29, 320 Broadway, Saratoga Springs. Information: 584-4132 or www.saratoga-arts.org.

### Saratoga Clay Arts Center

"Convergence," featuring works by Shoji Satake and Jenn Allen, through Oct. 15. 167 Hayes Road, Schuylerville. Information: saratogaclayarts.org.

### Shirt Factory Gallery

"The Colors of Fall," featuring works in all media by local and regional artists that celebrate autumn in the Adirondacks. Through Oct. 29. 71 Lawrence St., Glens Falls. Information: www.northcountryartscenter.org.

### Tang Teaching Museum

"Sixfold Symmetry: Pattern in Art and Science," an exhibition of contemporary and historical art, artifacts and material culture, featuring collaborations with faculty members from multiple departments, through March 12, Skidmore College, North Broadway, Saratoga Springs. Information: tang.skidmore.edu.

### Thomas Cole

#### National Historic Site

"Open House: Contemporary Art in Conversation with Cole," a new series of art projects starting with Jason Middlebrook, through Oct. 30; plus "Thomas Cole: The Artist as Architect," through Oct. 30. 218 Spring St., Catskill. Information: 943-7465 or thomascole.org.

### Union College

"Slippery Slope by Georgie Friedman," Peter Irving Wold Center, College Atrium, second floor, through Nov. 30. Information: 388-6318 or www.union.edu/gallery.

### University Art Museum

"Future Perfect: Picturing the Anthropocene," through Dec. 10. University at Albany uptown campus, 1400 Washington Ave., Albany. Information: 442-4038.

## CALL FOR ARTISTS

### Battenkill Chorale

Seeking experienced choral singers for its 22nd year. Rehearsals are Thursdays at 7:30 p.m., 25 East Main St., Cambridge. New members accepted through Oct. 6, with auditions for vocal placement and solos only. Membership fee: \$35 per concert program, plus the cost of music. Information: 677-8233.



## Chairs as art

The Albany Institute of History and Art opens its new exhibit, "The Art of Seating: 200 Years of American Design," on Saturday, Oct. 1. For more information, call 463-4478 or visit www.albanyinstitute.org.

Douglas J. Eng/submitted photo

<p><b>GRAND OPENING</b> <b>Donna the Buffalo</b> Sept 29 · 7pm</p>	<p><b>MOVIE SERIES</b> <b>The Godfather</b> Oct 4 · 1pm &amp; 7pm</p>	<p><b>Boogie Stomp</b> Classic boogie woogie piano Oct 15 · 7:30pm</p>
<p><b>GRAND OPENING</b> <b>Sandy Hackett's Rat Pack Show</b> Oct 1 · 2pm &amp; 7:30pm</p>	<p><b>MOVIE SERIES</b> <b>Jurassic World</b> Oct 11 · 7pm</p>	<p><b>MOVIE SERIES</b> <b>Friday the 13th</b> Oct 18 · 7pm</p>
<p><b>Fantastic Negrito</b> Roots blues with a punk attitude Oct 13 · 8pm</p>	<p><b>Eric Johnson</b> Grammy winning Texas blues Oct 22 · 8pm</p>	

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# Food & Vino

Cannoli Dip

By **MICKEY SPELVIN**  
news@spotlightnews.com

## CULINARY ARTS

It is this time of year when the consumer world is inundated by marketers trying to push pumpkin spice into every possible edible product.

Not here.

October in the Northeast, and especially in New York state, means apple picking season. This week's recipe doesn't necessarily call for apples, but the wine pairing should give you a hint of the Empire State's favorite fruit.

A moscato d'asti is known as a dessert wine; a relatively low alcohol content, and a little more on the sweet and fruity taste. A bottle makes for a great purchase for those who don't typically drink.

An argument can be made that a bottle of moscato d'asti can be paired with just about any meal. However, true to its nickname, this wine is

often consumed after the main course.

This week, we've turned the tables by choosing our wine first, following it with the best meal to go along with it. In this case, who can go wrong with cannoli dip?

The ingredients and preparation speak towards the dip itself. Whether you choose to purchase the traditional shells, or provide a package of cookies for your guests, is completely up to you. Either way, cannoli dip is always a big hit.

### Ingredients

- 2 cups ricotta cheese
- 1 (8 ounce) package of cream cheese
- 1 1/2 cups of confectioner's sugar
- 1 teaspoon vanilla extract
- 1 cup miniature semisweet chocolate chips

### Preparation

Beat the ricotta cheese and the cream cheese together in a bowl until it is smooth. Add sugar and vanilla to the mix. Continue to stir mixture until sugar is completely enveloped. Next, fold chocolate chips in with the cheese mixture.

Once you are done mixing, cover the bowl with plastic cling wrap and place into the bowl into the refrigerator to chill for at least 15 minutes.

### Wine Pairing

*Rinaldi 'Bug Juice' Moscato d'Asti* — Italy — Straw-yellow color. The bouquet is delicate and intense with aromas of fruit (apple, peach) and spices (sage). The palate is sweet and smooth with lingering aromatic persistence.



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■ CULINARY ARTS

# Cooking what you catch

Okay, you can catch a fish, but can you cook it over an open fire?

By **CRAIG W. ARMSTRONG**  
news@spotlightnews.com

Reeling in the big ones is nothing new to you. You've been fishing since Grandpa taught you how and you know your way around a body of water. But can you cook what you catch? Sure you can take your catch home and have your spouse prepare it, but can you cook your catch while still at the fishing hole? If you're more of a fish eater than a fish preparer, here are few tips for cooking fish on an open fire.

You'll need a fire, and safety always comes first. Make sure a fire is allowed where you plan to start it. Make sure it's far from a wooded area or any dry foliage that could catch fire. Starting a forest fire would be a nightmare and it could happen, so use your head with building your fire.

It's best to create a barrier between your fire and the rest of the world. This can be done by creating a short rock wall around it. You can also create a wall with green logs, as long as you keep it wet. This wall structure will also somewhat block the wind. Wind is another safety concern, keep an eye on it and make sure it doesn't

spread your fire.

Starting fire starts with kindling. This means paper and/or dry twigs. Start small and grow your fire. Layer your kindling while alternating directions. Do not build your kindling in a teepee shape. Once the kindling is burning, add more and finally bigger pieces of wood and finally logs. One last word about fire safety, keep a fire extinguisher or at least a bucket of water handy, just in case.

Next you will need to clean your catch. If you are a fisherman, you are probably familiar with this process. The main ways to prepare the meat for cooking is either in the form of a filet or a steak. Filets are lateral cuts of meat and steaks, and usually the cut for larger fish are perpendicular cuts. These chunks are usually 2 inch to an inch thick.

How you cook your fish will determine your next step. The three basic ways are to fry, boil or cook over an open flame. Any method will require a cooking base. This means using stones, bricks or concrete blocks that is on both sides of the fire. From there you will need a metal grill to place onto of the blocks.

If you're frying, you will need a frying pan and oil. If you are boiling, a pot and water and if grilling, you'll need foil.

For frying, once the oil is heated in your pan, place the breaded filets in the oil

and cook to a golden brown. For boiling, get your water to a boil, drop in your fish and cook. You'll know when they are done with the meat flakes apart. For cooking on the grill, wrap the meat in foil, adding lemon, salt and pepper or whatever you choose. Continue to flip the foil packs

until the meat is cooked, again, flaky means done.

Cooking your catch in the great outdoors can be the perfect end to the perfect day. So don't think the fishing trip ends when you reel them in, it ends when you plate them up.



## Important Information for Breastfeeding Mothers



Lawrence Karlow DDS



As a parent you have great expectations for motherhood. Unfortunately for many mothers, breastfeeding becomes a toe-curling, painful experience because of poor or missed diagnoses of tethered oral tissues such as tongue-ties and lip-ties. Dr. Kotlow's new book, SOS 4 TOTS, demystifies why. Dr. Kotlow has been treating infants for breastfeeding difficulties due to tongue and upper lip-ties since 1974. In recent years, with the increased number of mothers desiring to breastfeed their infants, he has revised countless abnormal frenum attachments of what are now referred to as "tethered oral tissues" (TOTs). Don't let anyone tell you it is a "Placebo" effect when these tissues are revised. Thousands of infants and mothers have been able to successfully resolve these issues and have a pleasurable, successful breastfeeding experience. No need for your baby to undergo needless general anesthesia or spend time in the hospital, using the state of the art in laser oral surgery, infants and older children can safely and quickly have these tissues corrected. No need to have most infants take adult acid reflux drugs when most infants having reflux do so due to swallowing air. Air induced reflux, not adult acid reflux! Rekindle that bond you wanted with your infant.

If you are a mother who has been suffering needlessly; there may be times when you will cry as you read this book because you will realize the problems are not your fault; the professionals on whom you were depending for help had a basic lack of understanding. SOS 4 TOTS seeks to expose the myths about breastfeeding and heal the heartbreak to make breastfeeding a joy.

For more information, call my office @ 518-489-2571 or visit my website @ [kiddsteeth.com](http://kiddsteeth.com).

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■ HEALTH & FITNESS

# Success v. Failure

When it comes to losing weight, what path helps leads to success

By **DAN ROMAND**  
news@spotlightnews.com

I was asked by someone recently: "What is the difference between success and failure when it comes to losing weight?"

My answer: Dedication.

Not ability. Not being smarter. Faster. Stronger. Nor, having insane levels of willpower. Not some crazy fad diet (none of them work) or those exercise videos you see in the infomercials.

Not the magic pill, potion or formula a certain TV doctor seems to push every week.

Simply dedication.

What is dedication? I define it as this:

Making small changes each and every day to continuously improve.

In the business world this is known as *Kaizen*. It is a Japanese business philosophy that focuses on continuous improvement of working practices and personal efficiency.

Put another way its not about making huge fast changes instead you focus on making small improvements to thoughts and processes each and every day that in the end lead to huge improvements.

And its something that can be applied

everywhere in life. Family, work, school you name it, if you dedicate yourself to making small changes that keep you moving forward towards any goal you want to achieve you can get there and overcome any obstacle

What does that mean for you now and moving forward when it comes to say losing weight and getting healthy?

It means deciding to eat right. Not just for a few days or a few weeks, but for life. Yes, you can have the occasional splurge but let's face it the definition of occasional for most of you has been every single day

It means making sure you workout and when you do you go as hard as you can.

Notice i didn't say harder than someone else. Instead you should strive to go a little bit faster, lift a little bit heavier weight or go just a little bit longer than you did before.

And it is not about working out for hours and hours. You don't need to. If you give it your all for 30 minutes you'll get more out of it than if you go at a slow pace for an hour or even two.

You should leave your workout knowing you gave it 100 percent and you couldn't give anything more.

It means when life gets in the way making your health a priority instead of finding lame excuses.

We all have to work late occasionally (I average 80 hours a week).

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MUSIC REVIEW

# Off on the right foot

Glens Falls' Red Shift launch debut EP

By KERSTEN MASON  
nysmusic.com

Red Shift is a newly emerging alternative rock band from the Glens Falls area. The band currently has four singles released: "Around the Sun," "By Design," "Heads or Tails," and "Victorious." The members consist of Keiran Dupper and Chad Jones on guitars, Andy Frasier on bass, Erich Hobus on drums, and Tim Ortiz on synth while providing the vocals. Named "Best Bets" by the Post Star, the band released its first album on Sept. 23.

Red Shift is a respectable band in the rock genre. Its music is impressive in many ways and, as a brand new band, the five band members have a lot of potential. Ortiz has a very nice voice

that fits in well with the rock genre. His voice is equally as impressive in "Heads or Tails," one of its more rock-out tracks, as it is in "Around the Sun" which is slightly more mellow, giving the group plenty of options for the future.

One thing that I would like to see improved as the group continues to release albums is the lyrics. I felt in at least two of the four tracks that the lyrics could've been significantly better. I found some of the content a little cliché at times and if it wasn't the lyrics themselves it was just the fact that the songs had vague and generalized subjects/topics. I found them relevant and relatable, but had trouble relating on a deeper level. While the band were giving me a message, its songs' messages weren't particularly clear.

Despite these minor issues, I find the instrumentals in this group

to be extremely impressive. Dupper and Jones on guitar have pleasantly surprised me with every track. Its guitar lines are fantastic and after every song I hear, I go away wishing I could play guitar like that. Frasier on bass does a fantastic job as well, really filling out that hardcore rock vibe and giving some great lines in the process. Hobus on the drums delivered some fantastic lines as well which helped fill out some of the instrumental breaks that seemed to carry out for a little longer than I would've liked them to, particularly in "Heads or Tails." Personally, I believe the instrumentalists did a fantastic job throughout all of "Around the Sun,"



**RED SHIFT**  
Local newcomers on the alternative scene gives "respectful" first release.  
Submitted photo

which is my favorite track by far. I also greatly enjoyed the use of synth in its music because not only do I love synths, but it was both surprising and refreshing when I recognized the synth playing as I hadn't

expected one to be a major part in a band like this.

Overall, Red Shift is a relatively respectable rock band. The band is new so there is plenty of time in the future for them to improve, and since the band is starting off in a very good position to begin with through great instrumentals, vocals and

talent, it will be exciting to see where this takes them in the future.

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All sorts of people were out to enjoy this year's LarkFest on Saturday — on two legs and four.

Photos by GMac Photography & M. Hallisey / TheSpot518



IN BRIEF

Brooks Barbecue

ALBANY — The McKownville United Methodist Church at 1565 Western Ave. is hosting a Brooks Chicken Barbecue from 11 a.m. to 7 p.m. on Saturday, Oct. 1.

It is the 61st barbecue at the McKownville United Church. Also, the annual pumpkin patch will be open for business on the church grounds.

For more information, call the church at 456-1148.

Old Songs Fall Concerts

VOORHEESVILLE — The Old Songs fall concert series continues with a performance from Calan, Friday, Sept. 30 at 7:30 p.m.

Calan features five musicians presenting fresh and vibrant Celtic music from Wales.

All events are held at 37 South Main St. in Voorheesville. Tickets are

on sale for \$23.

For more information, visit oldsongs.org/concerts.

Who killed Vincent Chin?

ALBANY — The New York State Writers Institute poses the question, "Who killed Vincent Chin," Friday, Oct. 14

A Chinese automotive engineer is mistaken as Japanese and murdered by two autoworkers who blame

him for the competition from the Japanese auto industry. The film, which was nominated for a Best Feature Documentary Oscar, recounts the repercussions for the families and the failures of the American justice system.

A screening of the film accompanied by commentary from director Christine Choy is to be held at 7:30 p.m. at Page Hall, 135 Western Ave, in Albany.

For more information, visit www.albany.edu.

Troupe 'Sleep-Walks' in Troy

The Ellen Sinopoli Dance Company will perform "SleepWalks: The Body of Dreams" at the Chapel and Cultural Center in Troy, Friday, Oct. 21 and Saturday, Oct. 22.

The multi-media performance presents dance and visual art derived from collective dream

experiences shared by ESDC in collaboration with Sound/video artist Andrea Williams, composer Lee Pembleton and creative coder Todd Anderson.

The show starts at 8 p.m. on both nights. For information call 274-4493 or visit chapelandculturalcenter.org.

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Spotlight NEWS

■ MUSIC REVIEW

# The subtle genius

MC Chris' speedy delivery, easter eggs and casual display rewards those who stay

By **DAVE OSTROFF**  
nysmusic.com

It's hard to tell what MC Chris took seriously while developing this album "MC Chris is Dreaming." There are times where the listener may think, "This is a complete joke, he must have completed this album in a night. For heaven's sake, the album cover looks like it was drawn with pen on loose leaf paper." And, half way through the album, one may think that was one of the quickest, nerdiest, and wittiest rhymes that's ever been spat.

In other words, the quality of the album is proportionate to how much time is invested to finding all the little hidden lyrical gems.

The album, set to drop

Friday, Sept. 30, will sound absolutely ridiculous to anyone who has not heard of the genre nerd rap. MC Chris has a nasally and high pitched voice that spits culturally driven lyrics powered by straightforward videogame-like beats. Take it as a whole and the album seems childish. But dissect it just a little bit and it becomes a pretty comical album.

This isn't necessarily a concept album but there is some inspiration to it. Freddy Krueger haunts the dreams of the former Adult Swim contributor, and while most of the songs are utterly ridiculous stories about how awesome he is, like "MC Chris Is The Sh\*t," or the death of Krueger, "Freddy's Dead," the album is rewarding if listened to closely.

The beats can be very

familiar, most likely a mockery of today's popular rap sounds, and the lyrical content is a poetic version of anything that comes to his mind or dreams. The man must have ADD.

Granted, there are some pretty clever lines that can be caught if listened to very closely. His nasally voice can be very distracting though and requires the listener to be completely invested into what he's saying. Once someone is, they'll find clever little lines like in "MC Chris is Dreaming."

Written down, the lyrics do not seem so special but the relentless speed at which they are delivered makes it pretty remarkable. He keeps up that quick pace throughout almost all of the tracks and it makes it a fairly impressive run, but once again, the listener needs to be totally invested into the song to catch these lines. This album is similar to watching a Disney movie with loads of



adult humor – the movie can be enjoyed as a whole, but watch it closely and find some pretty raunchy and rewarding cameos and easter eggs. In the album, these lines pop up one after another and can be hard to catch with the beats sometimes overpowering his squeaky voice.

Many of the tracks have to do with Freddy Krueger invading Chris' mind which are entertaining but are some of the funniest parts of the album, these little run-on stories and dialogues between Chris and Freddy or Chris and the producers he's trying

to sell the album to. The two characters will go off on seemingly never ending tangents which shows some thought went into the chemistry of the characters but still makes one think, "These guys are just screwing around."

Aside from the dialogues, other songs like "Sad Sack," are a bit more raunchy but pretty funny. It's a typical trap beat with lyrics about, well, his sack. It's clever because usually songs with this kind of tone are more aggressive and hardened. But this is reminiscent of Eminem in terms of lyrics. It's some

pretty X-rated stuff, but the sharpness and speed of it makes it more professional.

If an open mind is kept, the album can be rewarding, but there's a lot of time and focus to invest if the album is to be fully appreciated. Maybe when a lyrics sheet comes out the songs will need less attention and can be more easily enjoyed.

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Angels on the Fourth

■ MUSIC REVIEW

# Smells like the '90s

Angels of the Fourth is a godsend to old school grunge

By **MICKEY SPELVIN**  
news@spotlightnews.com

Angelic is far from what you may call Saratoga Spring's Angels on the Fourth.

The band's name is said to have originated from an encounter its lead singer had with a flying bat on the fourth floor of the "haunted" Adelphi Hotel in the Spa City. Grungy, on the other hand, may be more appropriate.

On its recently dropped debut, Angels' five-track EP is a throwback to the alternative scene of the '90s, and that's no mistake. This five-band, comprised of Kane Grogan (vocals), Brad Thibodeau (guitar), Dustin Alexander (bass), Marc Montano (drums) and Jeff Ayers (violin and keyboard) is influenced by the distorted guitars and bass from '90s grunge. But, it's part punk, stadium rock and maybe a little Neil Young, too.

The title track delivers on conjuring up that yesteryear sound. And, as the opening track, the lyrics set the tone as for the rest of the subject matter for the EP.

"Waits around, for someone to take her from this place / Another nose bleed, halfcocked, she's just bugged eyed / Good things come to those who wait, but they've been up for six days straight."

No Telly Tubbie feel good inspiration coming from out of here.

Angels debuted its single "Everytime" on WEQX several months back. Dave Gutter's (of Rustic Overtones) melodic delivery of his back-up vocals contrasts to Kane Grogan's off-kilter style, reminiscent of Neil Young. The album features yet another guest artist in MaryLeigh

Roohan. Roohan's featured cameo on "It's the End of the World (Again)" provides haunting vocals that, combined with Ayers' violin play, makes for a well crafted track that's not as overwhelmingly apocalyptic as the title suggests.

Ayer's violin serves as a bit of a wild card throughout the album, keeping Angels from sounding too much like a homage to Seattle. And, that's not to imply "Breaking Skin" is nothing but a grunge album. Angels goes into a jamming punk tune with "Jaded," the album's second track. Though limited to just the five tracks, the band demonstrates enough versatility throughout the EP. Grogan's vocal delivery is initially unsettling, but in the end, comes across as genuine. "Breaking Skin" earns a nod to be background music while kicking back a few beers with friends, but unlike some of the drivel that passed as popular music in the '90s, its lyrics are worth a read as you listen in private, too.

**GENUINE**  
Angels of the Fourth reveals how the '90s influenced its sound, but shows versatility.  
Submitted photo

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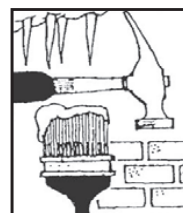


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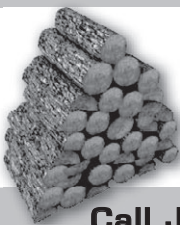
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## From page 4 ... Here are the clowns!

dream” every time he walks through the curtain. In Ringling Bros. and Barnum & Bailey presents “Circus XTREME,” Wright plays the part of a bumbling inventor who tries to come up with ingenious (but comically inept) ways to help his team find *extremecircus* artists.

Ringling Bros. and Barnum & Bailey Presents Circus XTREME features artists who redefine the word extreme in everything they do, magnifying traditional elements of the circus and combining them with never-before-seen spectacles, original fast-paced performances and incredibly hilarious moments. The multi-year tour offers extreme thrills, exotic animals and extraordinary performers that add up to the ultimate family entertainment experience.

High-wire wizards, powerful strongmen, BMX trick riders, trampoline daredevils, inconceivable contortionists, a high-flying human cannonball, a bungee aerial skydiving display and an international assembly of more

than 100 world-renowned artists provide more than two hours of thrilling entertainment.

“Circus XTREME” also features a full menagerie of amazing animals; beautiful Bengal tigers and two-humped camels ridden by brave Mongolian women who are also champion horseback archers.

“We pulled from the realm of extreme sports and competitive acrobatics and brought them into the world of the circus, making this the most contemporary show we’ve ever created,” said co-producer Alana Feld. “We’ve also pushed the limits of all of our amazing artists and performers to create new and different exhilarating elements, providing audiences with extreme family fun.”

The party starts an hour before the show at the All Access Pre-show, which is free with your ticket purchase. You and your family can meet its international cast of performers and get up close to its menagerie of animals. Try on custom costumes, learn circus skills — like juggling and walking the low wire — from the famous Ringling Bros. “Clown Alley.”

“We wanted to create a show that keeps pace with modern families and caters to the ‘edge-of-the-seat’ thrill

that parents and kids are seeking in live entertainment,” said co-producer Nicole Feld. “The experience is enhanced by the interactivity of our All Access Pre-Show, and as a mom, I know that’s my daughter’s favorite part.”

Wright said the All Access Pre-Show is particularly special for him, as it allows him to set a positive, first experience for kids, much in the way he had as a 4-year-old.

“Even if you are a little wary, please come down,” said Wright. “We are some of the coolest clowns on the planet.”

Ticketholders can purchase an upgrade and go backstage with a VIP Behind the Scenes Tour of Ringling Bros. and Barnum & Bailey. The backstage experience includes an insider look at props and wardrobe, an up close and personal encounter with the animals and a chance to meet stars from the show. Fans will also have an opportunity to take pictures and learn educational fun facts. To take advantage of this once-in-a-lifetime experience, just log on to [ringlingbros.expapp.com](http://ringlingbros.expapp.com) from your iPhone or Android smartphone and provide your name, e-mail and phone number to become a VIP circus insider.

## From page 5 ... Keen

first written,” said Keen.

Keen has been busy over the last year. He released “Happy Prisoner: The Bluegrass Sessions” — an album of his favorite bluegrass songs — in 2015 that reached No. 1 on Billboard magazine’s bluegrass album charts for three weeks. He was the first recipient of BMI’s Troubadour Award, which honors songwriters who have written music full of passion and untamed creativity without thinking about ratings or topping charts. And he is about to release “Live Dinner Reunion,” a 20th-anniversary celebration of his first live album “No. 2 Live Dinner” recorded at the John T. Floores Country Store in Helotes, Texas, with artists such as Lovett, Ely and Bruce Robison joining him.

“The plan wasn’t to record the show, at first,” said Keen. “It wasn’t until the week before the show — when I started asking people if they’d like to join me on stage to perform

a song or two and they said yes — when I started thinking about recording it.”

Keen has also been working on his Merry Christmas From The Fam-O-Lee Christmas Tour — a holiday-themed show where he and several special guests perform songs of the season as other characters. That tour takes him through Texas and parts of Oklahoma and Tennessee during the Christmas season.

“It started off like most stuff I do — by accident,” said Keen. “I wrote this song, ‘Merry Christmas from the Family.’ When I wrote this song, it was almost out of frustration because I hadn’t written a Christmas song. It became one of my favorite songs to perform. Sometimes, I’d run through the other songs in my shows just to get to that one.

“As time went by, I wanted to make something more out of it. Over the last few years, we started adding costumes and some staging.”

Keen’s songwriting career has yielded hit songs for other artists such as George Strait, the Dixie Chicks, Nanci Griffith and the Highwaymen — a country supergroup

consisting of Willie Nelson, Johnny Cash, Waylon Jennings and Kris Kristofferson.

“I can honestly say I’ve never heard a song of mine recorded by someone else that I haven’t been tickled to death about,” said Keen. “It’s just awesome. It makes you feel like you’ve done something right.”

And, Keen is also helping young, aspiring musicians learn how to play. He performs an annual fundraising concert for the Hill Country Youth Orchestra, an organization dedicated to helping children as young as 5 years old learn to play instruments and doesn’t charge money to participate.

“I believe that everyone should have the opportunity to play an instrument, regardless of their talent level,” said Keen. “So, when you get little kids ... who have that instinct to go start banging away on an instrument, you have to support it. That’s what the Hill Country Youth Orchestra is all about.”

Robert Earl Keen and Lyle Lovett take the Troy Savings Bank Music Hall stage at 7:30 p.m. Thursday, Sept. 29. For tickets and information, call 273-0038 or visit [troymusichall.org](http://troymusichall.org).

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**IN BRIEF**

**Artists guild is leaving Lark Street**

**ALBANY** — Upstate Artists Guild (UAG) in Albany has just announced that, after 11 years, the gallery will be moving out its location at 247 Lark Street this fall. Long a mainstay of the city's monthly First Friday community arts nights, UAG first moved into the location on Lark in September of 2005, at Lark Fest of that year.

"It is with a heavy heart," wrote Rebecca Schoonmaker in an email on Tuesday, Sept. 20, that the move has been announced. Declining membership and donations, as well as a lack of volunteers over the past year, she explained, are forcing the organization to "reorganize."

"We plan to continue hosting 1st Friday events and have a pop-up show (still themed and accepting submissions) for each 1st Friday starting with November," she assured, adding that UAG will likely be at the current gallery space for the November 1st Friday. "The shows will only be the one

night or possibly the weekend depending on the circumstance. We still plan on hosting our events—just in different spaces until we find a new home. Our goal is to find something more affordable, and perhaps with another organization, by April 2017's 1st Friday."

With or without the Lark storefront, UAG is still accepting donations and new members and has a variety of upcoming events planned. October's First Friday will feature the Lost Love Art Show, a series of original art by local tattoo artists that will be on display through most of the month. November's themed First Friday will be entitled "IN YOUR FACE!: Portraits & Propaganda." And, in December, a book fair, a gingerbread "FunShop," and the annual Black & White Gala have all been announced, in addition to an "Artists and their Wares" themed First Friday show at 100 Washington Ave.

**From page B14 ...**

**Success v. Failure**

We all have to/had to raise kids (I've raised six).

We all have a million things that get in the way — it's called life.

Well I'm prove you can overcome those obstacles. I lost 120 pounds while being on call 24/7; working a high pressure job 70-80 hours a week; raising 6 kids; playing and coaching football; taking some college courses; and dealing with all the things we all have to deal with.

If I can do it, so can you.

It means making smart choices when going to events like, say, weddings or family get togethers.

You don't have to eat like a pig. Do you really think your friends and family will disown you if you don't eat/drink 3-4000 calories at a wedding (which, by the way, studies have shown is the average consumption at a wedding or buffet).

And, if they would are they really someone you want in your life?

It means giving up the booze. Don't know of a single person who has ever died because they did not drink alcohol so stop saying you need it. And no a glass of wine does not equal an hour at the gym.

It means deciding that

you're sick and tired of looking in the mirror and feeling sorry for yourself.

It means deciding that you don't want to be completely out of breath climbing a flight of stairs.

It means you'd rather be out doing things and enjoying life instead of stuck on a couch watching tv because you're too sick or out of shape to do anything else.

Finally, as most of my seniors will tell you because they live with this every single day. It means being able to enjoy life without spending huge sums of time and money on doctors visits and medications.

As one told me about a month ago. her meds cost her bout \$900 a month. And had she made her health a priority when she was younger she wouldn't be taking all of them (good news for her she's already off 2 and we're hoping for more in the near future).

And if you think that won't happen or you can worry about it later...

Guess again...

So what do you want? To be unhappy with the way you look and feel or to look forward to each and every day and the joys that life can bring. Anyone can do it. It just takes dedication.

Need help getting started or perhaps you've tried and you haven't seen any results? Give me a call at 955-6924

Dan Romand is co-owner and operator of Full Circle Fitness-NY in Colonie, where he is also a certified personal trainer. You can read his Health & Fitness column here and online at TheSpot518.com



**Physician Opportunities**



**▼ Cardiothoracic Surgeon**

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**▼ Academic Pediatric Critical Care**

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member of Albany Medical College's clinical faculty as an attending physician within our Pediatric Intensive Care Unit. Physician shall be responsible for diagnosing and treating infants, children and adolescents who are critically ill and/or have an unstable, life-threatening condition such as trauma, birth defects, respiratory illness, heart disease, infectious diseases, neurological illness and injuries, poisoning and child abuse. Physician will also play an important role in training residents and teaching medical students. The minimum requirements for this position are a medical degree; completion of residency program in Pediatrics (36 months) and fellowship program in Pediatric Critical Care Medicine (36 months); Medical License (New York State); and Board Certified or Board Eligible (BC/BE) in Pediatric Critical Care Medicine. The Capital District includes Albany and the surrounding suburbs. It offers a unique blend of city and country living and some of the best schools in New York State. Candidates should be board certified or eligible in Pediatrics and interested in an academic appointment. A competitive compensation package and academic appointment will be offered. Interested physicians please see contact information below.

**▼ Academic Nephrologist**

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To learn more about the capital region please visit [www.amc.edu/greatplace](http://www.amc.edu/greatplace). Albany Medical College is a private institution and a non-discriminatory AA/EEOE (minorities and women are encouraged to apply).



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4	3	7	5	6	9	8	1	2
9	6	1	7	8	2	5	3	4
2	8	5	4	1	3	9	6	7
1	7	6	2	9	5	4	8	3
3	5	2	8	4	7	1	9	6
8	9	4	1	3	6	2	7	5
6	4	3	9	2	8	7	5	1
7	1	9	3	5	4	6	2	8
5	2	8	6	7	1	3	4	9

**Super Crossword Answers**

1	C	G	I		R	O	A	N	S		S	C	R	E	13						
14	U	R	N		15	O	R	B	I	T		16	T	H	E	T	A				
17	R	A	G		18	S	T	A	G	E		19	F	R	I	G	H	T			
20	S	P	R	U	E		22	H	E	R	O										
23	T	E	A	S	H		24	O	P		26	D	E	D	U	C	T				
					30	T	A	I	L	E	D		32	T	E	R	R	O	R		
34	O	B	I		36	P	L	E	A	D			38	G	E	N	E				
39	R	O	T	C		40	A	R	M	E	D		42	E	D	I	T				
44	F	O	U	L		45	S	E	P	I	A		46	I	C	E					
48	F	E	D	O	R		49	S	O	N	N	E	T								
					53	D	E	T	E	C	T		55	T	E	T	A	N	U	S	
										58	V	E	I	L		60	A	R	O	S	E
61	P	R	E	H		63	I	S	T	O	R		65	I	C		67	T	A	D	
68	A	U	R	A	S		69	H	O	U	R	I		70	E	G	G				
71	T	E	A	S	E		72	E	M	B	E	D		73	S	E	E				

## From page B1 ... The Pack is back

play two shows (2:30 and 7:30 p.m.) at the Cohoes Music Hall, but the Pack is certainly back in the Capital District.

Sandy Hackett's Rat Pack Show features performances by Hackett (Joey Bishop), Angelo Babbaro (Frank Sinatra), Louie Velez (Sammy Davis, Jr.) and Tom Wallek (Dean Martin).

As producer and director, Hackett is the natural anchor to today's production. As one of the stage players, he reintroduces audiences to "Uncle Joey." In the Rat Pack, compared to the larger-than-life talents that surrounded him, Bishop considered himself a mouse. As was the title of his biography, "Mouse in the Rat Pack: The Joey Bishop Story" by Michael Seth Starr. Dead panned and sometimes self-effacing on stage, Hackett said it was Bishop who wrote the jokes for Martin, Davis and Sinatra. And, whatever he may have ad libbed on one night, one of the other three would steal and use for the next evening's act. During Sinatra's Rat Pack days he had already received unprecedented accolades for achievements in music, television and

movies. Yet, Starr wrote, it was Sinatra who called Bishop "The hub of the big wheel" for anchoring the group.

"He was very bright, very quick on his feet," said Hackett. "I think he deferred to those guys overtly, in that he respected Frank and Dean and Sammy. He really was unbelievably funny, very quick-witted and held his own with them. Which is why Frank kept him around."

Hackett said Bishop may have been a questionable choice at the onset of the Rat Pack. Members of the Rat Pack were known to drink. Except for Bishop. Martin, Davis and Sinatra were established stars, their names on top of the marquee at each show. His would be on the bottom. "Only tall dogs knew I was working there," he joked on the Dinah Shore show in 1960. Sinatra was the head of the pack. He's credited with putting the group together, though there are many accounts that date the Rat Pack back to Humphrey Bogart. Urban legend has it that Bogart's wife, Lauren Bacall, labeled Bogart, Sinatra, and their band of friends "a pack of

rats," once they returned from a night of drinking. The name stuck around even after Bogart's death in 1957. In his stead, Sinatra became the head of the pack, and Hackett said, he knew talent.

"I think it's the quality of the music and the performances. I mean,

add Dean Martin. Off his successful role with Jerry Lewis, going out on his own. Sammy Davis, who Sinatra thought was the most talented performer he'd ever seen. And, Joey Bishop, a wild card. You didn't know what to expect, but turned out to be the catalyst to everything. You



you have in 1960 a perfect storm of entertainment. You had Frank Sinatra, at the time he was the No. 1 box office attraction, the No. 1 recording artist and a live gate attraction. No other entertainer in the history of show business has held all three monikers at the same time. Then you

just had a perfect storm of incredible entertainment."

Hackett's father was great friends with Sinatra, Martin, Davis and Bishop. Sandy was Bishop's choice to portray him in any production involving the Rat Pack. Producer, Lisa Dawn Miller, has her own personal connection to

the Rat Pack. Her father, legendary songwriter Ron Miller, wrote "For Once In My Life" (recorded by every member of the Rat Pack) and many other huge hits. Together, Hackett and Miller have created an authentic theatrical production based on the musical and comedic legacy of the Rat Pack, capturing the relationship, respect, love and laughter of that once-in-a-lifetime moment in history.

This upcoming production will also serve as a homecoming for one of its stars.

Velez, a native of Amsterdam, has been portraying Davis for several years. He has appeared in every major hotel on the strip in Las Vegas. And, in 1992, the City of Las Vegas invited him to pay tribute to Davis at the Dedication Ceremony of the Sammy Davis Jr. Plaza, with Davis' entire family in attendance.

Velez plays Davis at a time when the gifted entertainer received a relentless barrage of prejudice. On stage, however, he was protected. Sinatra is said to have called Davis the best

entertainer he ever seen.

The 1960s were defined by civil rights marches and war protests, but it was also defined by four cats dressed like executives, standing in front of big bands, equipped with catchy song tunes, fancy footwork and witty banter. The jokes of yesterday probably wouldn't fly with today's audiences who would view some jabs as insensitive.

"Then, in 1960, when Joey ad libbed and picked up Sammy and said, 'I'd like to thank the NAACP for this award,' it got a big laugh," said Hackett. "Then, the next night, Dean picked Sammy up did the joke. And, then everybody picked up Sammy and did the joke. ... Nowadays, is that a funny joke. I still think it's a funny joke, but a lot of people have heard it and some people would be offended." (Never mind we're talking about a group of friends who worked in part with one another for the better part of five decades.) But, that's not how Hackett looks at jokes. Much like his father Buddy, Hackett's litmus paper is simple: "If it's funny, it's funny."

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