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NEWS Police action

A summary of activity from local law enforcement agencies

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Demands debate

GOP challenger demands a debate with Senator Breslin

Story on Page 5



Carolyn McLaughlin (above) was unseated from her seat as Albany County Democratic Party chair last week, losing to Jack Flynn (below). But, that's only the beginning.

Carolyn McLaughlin/Facebook



"What did he expect? He didn't only challenge me, he challenged his boss. How did he think he had a job today? ... I'm sure that Mr. McCoy will find a job for him."

— Carolyn McLaughlin now-former Democratic Party Chairman on new party chairman Jack Flynn losing his Albany County Board of Elections job

■ Albany County Democratic Party Chairman Jack Flynn

■ TOP STORY

Dems divided

Jack Flynn wins chairman of Albany Dems, loses BOE job in power play against Matt Clyne

By ALI HIBBS & JIM FRANCO

hibbsa@spotlightnews.com francoj@spotlightnews.com

ALBANY COUNTY — On Friday, Sept. 30, the morning after Carolyn McLaughlin was ousted as the Democratic Party Chairman, the new chairman, Jack Flynn, was fired from his \$48,500 job at the Board of Elections.

According to longtime Democratic Party Committeeman Gil Ethier, one of the first actions of the newly elected chairman that night was to try and table the recommendation to re-appoint Board of Elections Commissioner Matt Clyne to another two-year term. The motion to table it was brought by Andrew Joyce, a member of the committee.

"I spoke up and said this has not been the way we have done things since I got involved in 1960," Ethier said. "The funny part of it was, there was nobody to run

Continues on page 5

ENTERTAINMENT



Northern roots

The Gibson Brothers return to the Capital District with new songs and their humble humor

Story on Page B1

SPORTS



Eagles soar

Bethlehem plays poor host to Schenectady, denies them from the end zone

Story on Page 9



Jules Ianniello 518-478-9100 257 Delaware Avenue Delmar jianniello@allstate.com



= BIG SAVINGS



Auto Home Life Retirement

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IN BRIEF

Turkey supper at New Scotland Presbyterian

BETHLEHEM — The New Scotland Presbyterian Church, 2010 New Scotland Road in Slingerlands, is hosting its annual turkey supper Saturday, Oct. 22, from 4 to 7 p.m. in the Fellowship Hall.

The menu includes roast turkey, mashed potatoes, gravy, stuffing, cranberry relish, squash, green bean salad, rolls and butter, and homemade pies for dessert.

The cost is \$12 for adults, \$5 for children and free for children under five. Seating is on a first-come, first-served basis. Take out meals are available.

For more information, call 439-6454.

Spirit Circle with Paranormal Society

COLONIE — The Shaker Heritage Society and the Tri-City NY Paranormal Society are holding a spirit circle Saturday, Oct. 15, from 7 to 9 p.m. at the 1848 Shaker Meeting House, 25 Meeting House Road in Colonie.

Join Tri-City's team of psychics for a spirit circle. The cost is \$20 per person, and pre-registration with payment is required. Proceeds will go toward tree removal in the historic Shaker cemetery. in an effort to preserve headstones from further damage.

For more information, call 456-7890 or visit www.shakerheritage.org.

COPS, COURTS AND EMERGENCY CALLS

Brooklyn man arrested for drug possession

BETHLEHEM

- On Thursday, Sept. 22, at approximately 1:57 a.m., state police reportedly stopped a vehicle on I-87 for a traffic violation. The driver of the vehicle, Lavell R. Jones, 38, of Brooklyn, NY, was allegedly found to be in possession of heroin, cocaine, marijuana, and brass knuckles. Jones was taken into custody, transported, and processed at State Police Albany where he was subsequently charged with: fourthdegree criminal possession of a controlled substance, a class C felony; fifthdegree criminal possession of a controlled substance, a class D felony; and fourth-degree criminal possession of a weapon, a class A misdemeanor; and unlawful possession of marijuana, a violation. He was arraigned before the Town of Bethlehem Court and remanded to the Albany County Jail without bail. He was scheduled to



Jones

reappear in court on Sept. 26.

Thank You

Thank you to the brave firefighters, first responders, and police who responded to our home fire in the early morning hours of August 2nd. Thumbs up to:

- Delmar Fire Department
- Elsmere Fire Department
- Selkirk Fire Department
- North Bethlehem Fire Department
- Bethlehem Police
- Bethlehem First Responders

We were treated with respect and courtesy and witnessed brave firefighters going into a very toxic environment to save our home.

We would be remiss if we did not also thank our wonderful neighbors who opened their doors, put shoes on our feet, jackets over our pajamas, umbrellas over our heads and continue to offer their homes as we have been displaced by the fire.

Laurie, Marc, Colleen, Bob, Mr. Sood – you're the best!

Thank you to all our neighbors who have offered their help - we feel blessed to live in such a great neighborhood!

— Guy & Ann Dupuis

Man charged with felony aggravated DWI

GUILDERLAND—

In the early morning of Monday, Sept. 24, state troopers stopped Michael P. Jones for numerous traffic violations on Western Avenue, in the Town of Guilderland. During interview, Jones reportedly displayed obvious signs of intoxication and, subsequent to field sobriety tests, was arrested for DWI. In addition, Jones was allegedly found to be in possession of a small quantity of cocaine.

Jones was taken to the State Police's Latham station for arrest processing, where police report that he was determined to have a 0.21 percent BAC. They also reportedly discovered that he had two prior DWI convictions within the previous 10 years, making this DWI arrest a class D felony. Finally, he was found to be driving with a suspended license subsequent to a prior DWI.

Jones was ultimately charged with felony aggravated DWI, felony aggravated unlicensed operation of a motor vehicle in the first-degree and misdemeanor criminal possession of a controlled substance in the seventh-degree.

He was arraigned in the Guilderland Town



Jones

Court and remanded to Albany County Jail in lieu of \$10,000 bail. He was scheduled to reappear in court before the end of the month.

Man arrested in connection with Glenmont burglaries

BETHLEHEM

— Bethlehem Police arrested Dwayne L. Britt Jr., 24, of Troy, on Tuesday, Sept. 27, in connection with a series of daytime burglaries in Glenmont.

Police conducted a month-long investigation into residential burglaries in Glenmont that had many similarities. After developing a suspect vehicle and executing search warrants in Troy, oolice said it recovered two shotguns that had been stolen in one of the burglaries, as well as property stolen from residential burglaries in other towns.

Britt was charged with two counts of seconddegree burglary and two



Britt

counts of fourth-degree grand larceny. He was arraigned in Town of Bethlehem Court and remanded to Albany County Jail in lieu of \$75,000 bail. He was scheduled to return to court Friday, Sept. 30, at 9 a.m., for a preliminary hearing.

Bethlehem Police worked with Colonie Police during the investigation, while Troy Police assisted with the search warrant. The investigation into these burglaries continues. www.spotlightnews.com October 5, 2016 | THE SPOTLIGHT 3

EDUCATION

Settlement reached

Details of agreement between Landry, BCDS not disclosed

By MICHAEL HALLISEY

halliseym@spotlightnews.com

DELMAR — During a special meeting of Bethlehem Central School District's Board of Education, held at 7:30 a.m. on Thursday, Sept. 29, trustees ratified a settlement agreement between the district and its former high school principal, Scott Landry.

The board met in executive session following last Wednesday's negotiations at Capital Region BOCES in Colonie. While BCSD Superintendent Jody Monroe declined comment following the school board meeting, several sources involved with the proceedings confirmed that the school board had ratified the settlement agreement.

The terms of the agreement have not been disclosed. SpotlightNews has filed a request with Bethlehem Central to obtain a copy of the agreement through the Freedom of Information

Landry has been on leave from his role as principal since early May, when the school district allegedly reacted to a series of emails exchanged between the administrator and potential clients for his private consulting business in late April.

Landry had attended a Capital District-wide job fair as a representative of BCSD prior to being placed on leave. He reportedly obtained a mailing list of people looking for jobs. Soon afterwards, he had sent emails out to those people, offering his insight and coaching advice for a fee to help clients land prospective jobs in education. Immediately afterwards, Bethlehem Central received complaints about the emails.

Landry has maintained his innocence, claiming that he had done nothing wrong by sending solicitations for his consulting services.

Lawyers from both sides were prepared to present arguments in what was scheduled to be a disciplinary hearing last Wednesday. Boxes of evidence were visible from both sides of the conference table, as Landry, his lawyer, the hearing officer and school district lawyers appeared ready to



In this file photo from May 2015, Bethlehem High **School Principal Scott** Landry works with a student in the kitchen to prepare ingredients for a batch of Sydney's Cycling Sauce.

Spotlight File Photo

proceed. It was then that Monroe appeared before the doorway, not stepping inside until everyone left the hearing room to meet in private. An agreement was announced nearly four hours later.

SpotlightNews will continue to report on the terms of the agreement once they are made available to us.

Weather spotters sought

ALBANY — The Albany Pine Bush Preserve Commission is looking for neighbors who live within half a mile of the Preserve to help track changing weather patterns by measuring the depth of snow in their own backyard. On Wednesday, Oct. 5, from 7 to 8 p.m., volunteers can come to the Discovery Center at 195 New Karner Road to learn how to collect and submit measurements.

While climate change is altering seasonal weather patterns, especially temperature and precipitation regionally, little is known about specific changes in the Albany Pine Bush Preserve. The Albany Pine Bush Preserve Commission is therefore asking Preserve neighbors to help fill this knowledge gap by inviting them to participate in a citizen-science project to document snow depth around the Preserve.

"Many plants and animals have evolved to require cold, snowy winter weather", said Neil Gifford, Conservation Director for the Albany Pine Bush Preserve Commission. "For example, such conditions appear essential to the

success of the endangered Karner blue butterfly's eggs, which overwinter under the snow. Prolonged cold temperatures also provide the refrigeration critical to the germination of many native plant seeds, and snow can affect how much water is in vernal ponds for frog and salamander breeding in spring."

According to Gifford, understanding how weather patterns in the Preserve are changing is the first step to understanding what the Commission can do to improve the long-term survival of the Karner blue butterfly as well as 68 other rare wildlife listed as Species of Greatest Conservation Need in New York state.

This program is free and recommended for ages 15+. Snow monitoring materials will be provided. Participants must live within one half mile of the Albany Pine Bush Preserve. Pre-registration is required for all programs. The Discovery Center is located at 195 New Karner Road in Albany. To sign up, please visit www. AlbanyPineBush.org/events or call 456-0655.

OGOBERIS SAVINGS MONTH GROSSROADS

2016 FORD F150 SUPERCAB XLT 4X4

XLT Chrome Package, 5.0L V8, navigation, Stk#N7664T. MSRP \$49,815

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2016 FORD ESCAPE SE 4WD

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2016 FORD FIESTA ST

Shadow black with charcoal black/silver stick interior, moonroof, 6 speed manual, 1.6L GTDI engine, MyFord touch, Stk#N7662C. MSRP \$23,130

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2013 FORD FOCUS TITANIUM



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2010 FORD FUSION HYBRID



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2009 TOYOTA TACOMA TRD 4X4



Crewcab, alloys, V6, SR5 package, power w/l, automatic, 91,692 miles. Stk#U9069T. \$21,900 or \$356 a month tax/tags down

2013 FORD FIESTA HATCH



AC, heated seats, 33 plus mpgs, power locks, 41,700 miles, Stk#U8837PC. \$9,495 or \$169 a month \$0 down



4x4, double cab, TRD Rock Warrior edition 52,100 miles, 1 owner, Stk#U9106T. \$27,400

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TOWN GOVERNMENT

'Good policy'

Bethlehem's proposed 2017 budget builds on sound practices, invests in infrastructure

By ALI HIBBS

hibbsa@spotlightnews.com

BETHLEHEM -

There were few surprises in the budget presentation put together by Town Supervisor John Clarkson and Town Comptroller Michael Cohen and presented to the Town Board by Cohen during the Sept. 28 board meeting.

The bulk of the budget is based on a \$52.5 million capital plan to invest in town infrastructure upkeep and improvement over the next five years, a plan that has been brought before the town and its residents several times over recent months.

In terms of the town's financial situation,
Bethlehem is in good shape, especially in comparison to the rest of the Capital
District, according to fiscal stress assessments recently released by the state
Comptroller's Office. The



Bethlehem Town Board member Joyce Becker comments on Supervisor John Clarkson and Comptroller Michael Cohen's proposed 2017 budget during the board's meeting on Wednesday, Sept. 28.

Ali Hibbs/Spotlight

assessments, which monitor the financial health of every municipality in New York state, look at financial indicators such as budgetary solvency, revenue versus expenditures, fixed costs in and the use of short-term debt to finance municipal projects. They also consider "environmental indicators," trends that

influence revenue-raising capabilities and demand for services. For the second consecutive year, the Town of Bethlehem was given a perfect score, which Clarkson attributes to new fiscal policies adopted during his first term in 2012.

"The town was facing an enormous budget gap of \$3.5 million dollars," said Clarkson. "So that year we had a huge Citizens Budget Committee effort. We made a lot of reductions, both mid-year and in the budget, and we also adopted the fiscal policies."

The policies adopted by the town were threefold: a fund balance policy directing the town to maintain a "contingency reserve" balance in the town's general fund equal to 15 percent of budgeted expenditures; the annual generation of a five-year capital plan; and the annual generation of a multi-year financial plan.

"These are all best practices recommended by the state Comptroller's Office," said Clarkson.
"Despite that, they're not widely followed. Bethlehem is the only municipality in the Capital Region that follows these practices." In the projected capital plan, he said, the town not only identifies potential projects and estimates cost, but also where the money will come from.

The proposed 2017 budget would increase property taxes 2.5 percent over the current fiscal year, an increase of \$16 for residents who own a

Highlights of proposed 2017 budget

Total: \$41.9 million

Major Component:

\$52.5 million five-year capital plan for infrastructure upkeep and improvement; approximate 2017 allocations include:

- •\$17.6 million for water and sewer projects
- •\$2.8 million for sidewalks and other 'enhancements'
- •\$3.7 million for public safety projects

Property Tax: 2.5 percent increase over 2016 budget (equates to an increase of \$16 for someone who owns a property valued at \$260,000)

Town Employee Salaries: 2.0 percent COLA increase

\$260,000 home. Almost two thirds of the increase will go toward projects outlined in the town's capital plan, the most recent version of which was presented by Cohen at the previous Town Board meeting on Sept. 14. The budget would keep the town under the state tax cap for the sixth consecutive year and includes a 2 percent cost of living increase for town employees.

As proposed in the five-year capital plan, the 2017 budget proposal includes disbursements of approximately \$17.6 million for water and sewer projects, \$2.8 million for sidewalks and other community "enhancements," and \$3.7 million for public safety projects, including the renovation of a garage on Adams Streeet to provide a home for the town's emergency response services and alterations to the town court and police station.

"Things have gotten a lot more focused," said Cohen, who also credited the policies adopted in 2012. "It's because the policies and the ideas we had really allowed us to identify important areas and then work towards certain goals."

~~~~ Clip and Save ~~~~

# NOTICE TOWN OF BETHLEHEM WATER MAIN FLUSHING PROGRAM Fall 2016

AREA #1 – 10/3 to 10/14 Slingerlands, North Bethlehem, Town of New Scotland

AREA #2 — 10/12 to 10/31 Delmar, Elsmere

AREA #3 — 10/26 to 11/09 Glenmont, Selkirk

Some discoloration may be seen during this flushing program, which could result in staining of laundry.

Run water until it clears before doing laundry.

Please post near washing machine.

~~~~ Clip and Save ~~~~

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STATE GOVERNMENT

Davis demands debate

GOP challenger demands Senator Breslin to debate

By ALI HIBBS

hibba@spotlightnews.com

ALBANY—

Republican candidate for state senate in the 44th district, Christopher Davis of Cohoes, announced last month that he is demanding debates with 20-year incumbent, Senator Neil D. Breslin of Bethlehem.

Davis, who said that he believes it is the right of the people to hear from candidates seeking to represent them, has reached out to media outlets and voter organizations to host potential debates but, according to Breslin's office, has not reached out to the incumbent senator himself.

"We issued an open

challenge and multiple outlets have contacted him," said Davis, who said he would like to debate Breslin on the issues of infrastructure, corruption in state government, energy policy and his position on the Child Victims Act. He also questioned the visibility of the senator in the months leading up to the election. "He feels he doesn't need to earn our votes."

"While my opponent lashes out and attacks the media and voter organizations, I will continue to focus on my job which is serving the residents of the 44th Senate District," responded Breslin in a statement. "I am proud of my work to help make our local communities and New York State a better place to work, go to school and raise a family. Whether it be record increases in education aid, historic investment in our higher



BRESLIN

education system and helping to enact ethics reform, I have always fought for the issues important to the people of the 44th Senate District."

"The Senator has been absentee unless it's to show up and raise taxes," countered Davis. "It would be funny, but this isn't a joke. How can someone seek re-election when, in just their last term, roads literally swallowed cars and entire neighborhoods were without water for weeks at a time? Why hasn't the



DAVIS

senator fought for a single penny of money to go into infrastructure? For decades we have known about the woes facing our water lines, roads and bridges. And yet, little to no action. But, our representative is quick to support massive corporate tax breaks and an ever expanding social welfare system that is economically enslaving the masses."

"Making critical investments in our infrastructure is a key component to a thriving economy," Breslin told SpotlightNews in an email, "which is why I am proud to have helped secure more than \$222 million in state funding since state fiscal year 2011/12 to improve our roads and bridges. Much has been accomplished, but more work needs to be done."

Davis also said he would like to challenge the longstanding senator about the widespread corruption among his legislative colleagues during his time in office. "Asleep at the wheel?" he asked. "Or complicit? Either way, it's unacceptable." Davis said that he would support term limits, which he said would prevent gridlock and the "three-men-ina-room" power dynamic. He also said he would like to question the senator on his views regarding transparency, asserting that he would have the "most transparent office in state history."

"As one of only four

members of the State Legislature appointed to the New York State Legislative Ethics Commission I hold myself to the highest standard of integrity," said Breslin. "The commission is tasked with rooting out corruption in government. We have been successful in many of our efforts. This cannot happen without meaningful ethics reform, which we have been able to enact over the past number of years. In fact, I was the first member of the legislature to sponsor a bill to require public officials to forfeit their pension if they are convicted of a felony."The senator added that "meaningful" campaign finance reform would also be a useful tool in stemming political corruption.

On energy, Davis criticized the cost of

Continues on 15

From page 1 ... Dems divided

against [Clyne.] If you want to run against him, fine, bring it to the committee for a vote but don't play games. This type of thing does not help in building a party."

Even though Clyne was unopposed, Flynn called for a roll call vote anyway and the motion to table his re-appointment failed. The party's recommendation of Clyne will now go to the Albany County Legislature for an official vote early next year.

It is widely believed, Ethier said, Flynn was angling for the BOE's top spot and its \$98,700 salary. Evidently, Clyne wasn't too keen on that and fired Flynn, a councilman from the Eighth Ward, early Friday morning.

McLaughlin said the vote to oust her was nothing short of a power grab by Albany County Executive Dan McCoy and Albany Mayor Kathy Sheehan.

"Dan McCoy and

Kathy Sheehan are trying to take control of the City of Albany and Albany County," said McLaughlin, echoing the thoughts of at least three other committee members who chose to remain off the record. Set to retire from her job with the state retirement system in just a few weeks, McLaughlin said she has been "seriously" considering challenging Sheehan in the next mayoral election.

"It's all about trying to scare me off from running." said McLaughlin, who touted her accomplishments during her time as chairman, including her efforts to diversify party leadership by encouraging the participation of minority and female membership, and said there was no other reason to challenge her re-election.

Sheehan's policies, she said, are the reason she is thinking of challenging the incumbent. In particular, she criticized

the mayor's fiscal choices and characterized her as unresponsive to Albany's inner city populations.

McLaughlin was not surprised when Flynn was fired the morning after winning the chairmanship and losing his ostensible bid to unseat Clyne.

"What did he expect? He didn't only challenge me, he challenged his boss. How did he think he had a job today?" Alluding to the fact that Flynn and McCoy are related by marriage, she said, "I'm sure that Mr. McCoy will find a job for him."

Bailey said the McCoy and Sheehan team are also coming after his spot in the Third Ward by backing Joyce Love, who waged a write in campaign against him the last time out.

"McCoy is trying to take over everything," Bailey said, adding that he went against the county executive over ownership of the nursing home. He was also at odds with Sheehan and the Police Department in the wake of Dontay Ivy's death and over the trash tax, which he said would

Continues on 15



Where the Food is Fresh, Local, and Seasonally Motivated

Garden Bistro 24 is a casual restaurant serving classic bistro inspired fare in a lively, comfortable setting. The food is prepared fresh daily and seasonally motivated. We do not have a freezer or a microwave. Our produce is locally grown when available to ensure that our customers get the finest and freshest ingredients on the market.



On Tuesdays all October we will only use produce organically grown in the gardens at all BC Schools. 15% of proceeds from each evening go back to the Sustainability and Garden Club at BCSD.

Sunday Brunch from 10am-2pm

Mussel Mondays \$13.50 All Day

We only use Prince Edward Island mussels. They are rope cultured in the cool Canadian waters and never touch the ocean bottom. The mussels grow naturally in nutrient-rich waters, and are self-sustained with no feed or additives. Our mussels are plump, sweet and free of grit.

Burger Wednesday is BACK! Choose from 7 burgers

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All of our beef comes from Herondale Farm in Ancramdale, New York. It is 100% grass-fed organic beef. Herondale Farm does not use hormones or antibiotics.

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COMMUNITY

Puppet people

he Puppet People return to the library on Sunday, Oct. 9, from 2 to 3 p.m. for "The Tortoise and the Hare," a fanciful mash-up of three of Aesop's most popular fables. Do you remember the story about the tortoise racing the hare? How about the one with the mouse and the lion? Or the ant and the grasshopper? This all-ages performance uses humor, audience participation, colorful sets and beautifully designed puppets to give a new spin to the classic stories featuring important life lessons. The performance is part of the Ann Seegal Memorial Storytelling Series.

We've got rhythm

School may be closed on Columbus Day, but at the library, we're drumming up some fun with percussionist and educator Jonathan Duda. Children ages 5 and up, along with their caregivers, will love "Let's Drum," an interactive educational program for all levels of musical ability. Duda uses games, structured traditional rhythms and improvisation in a hands-on approach to learning rhythm, history



and culture. The program brings people together in a fun and welcoming setting, fostering their rhythmic and creative abilities while developing a better sense of self-confidence, cultural understanding, communication, and respect for each other. Kids will be excited to try their hands at some exciting percussion instruments, like djembes, congas, tambourines, cowbells, bongos, doumbeks, maracas and more!

"Let's Drum" takes place Monday, Oct. 10, from 10 to 11 a.m. Sign up online at www. bethlehempubliclibrary. org or call 439-9314.

Costume swap

Get ready for Halloween with our Costume Swap. Drop off your gently used costume(s) from now until Oct. 13 and receive a ticket to pick out one that's new to you on the day of the swap, which takes place Friday, Oct. 14, from 5 to 8:30 p.m. It's a great way to recycle and repurpose those outgrown get-ups and save some money while you're at it.

We are accepting costumes in all sizes – from infant to adult.

Read for the fun of it

Teens, don't forget! You can stop by the Teen Area anytime from Oct. 9-15 to celebrate Teen Read Week with our interactive display. You'll also see how to vote online for your pick of the Teens' Top 10 Book award nominees.

Bus trip to NYC

Seats are still available for the library Friends' trip to New York City on Saturday, Dec. 3. Enjoy a day in the city doing some seasonal shopping, shows or sight-seeing and support the Friends at the same time.

The bus will leave CDTA's Delaware Avenue park-and-ride lot next to Mercato's Restaurant at 7 a.m. It will depart New York City promptly at 6 p.m. Bryant Park is the arrival and departure point in New York.

The cost is \$43 for members and \$48 for nonmembers. Find the purchase form in the most recent edition of Footnotes and online at www. bethlehempubliclibrary.org. For more information, call



Participants in the library's Million Pillowcase Challenge on Thursday, Sept. 29, created some adorable, child-friendly pillowcases to donate to the Ronald McDonald House, which provides a home away from home for families of seriously ill children.

Kristen Roberts

Polly Hartman at 439-3291.

Upcoming events

All events are free and take place at Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 439-9314 or visit bethlehem publiclibrary.org

Friday, Oct. 7

Coffee and Conversation: Brian Patneaude Duo

A mixture of classic jazz standards and modern

compositions featuring the tenor saxophone and piano, 1 to 3 p.m.

Monday, Oct. 10

Tai Chi for Health

Practice the ancient Chinese art that promotes health and wellness while focusing on the core movements in the Tai Chi for Diabetes form, 4 p.m. All ages and abilities welcome.

DayBooks

Discuss "Mycroft Holmes" by Kareem Abdul-Jabbar. Copies are available at the information desk. Audio and downloadable copies may be available. 1:30 p.m.

Tuesday, Oct. 11

Library Board meets

The library's board of trustees meets; public is welcome, 6 p.m.

AfterDinner Too

Discuss "The Life We Bury" by Allen Eskens. Copies are available at the information desk. Audio and downloadable copies may be available. 7 p.m.

— Kristen Roberts

NEIGHBORHOOD NEWS

American Legion slates tag sale

VOORHEESVILLE—The

Voorheesville American Legion Auxiliary is holding its annual community tag sale Saturday, Oct. 10, from 8 a.m. to 3 p.m. at the Legion Hall on Voorheesville Avenue.

Anyone interested in donating items can call Robin Hull-Pease at 765-4580 to make an appointment to drop off items. The auxiliary

requests that no large items, electronics or clothing, other than baby items, are donated.

Fall foliage walk at Thacher Park

VOORHEESVILLE —

There will be a fall foliage walk in Thacher State Park Saturday, Oct. 8, at 10 a.m.

Enjoy the evergreens and golds of autumn on this forest stroll. Participants will walk two

miles along the Blue Trail in the southern part of the park. The trail is mostly flat, with the exception of two short, steep inclines. Participants are asked to meet at Beaver Dam Road.

To register, call 872-0800.

William Hartung to speak at UHPA dinner

ALBANY — Author William Hartung will speak at the Upper Hudson Peace Action's annual dinner Friday, Oct. 14, at 5:30 p.m., at St. Andrew's Episcopal Church, 10 North Main Ave.

Hartung's topic is "Stopping the Spread of War and Weapons: A Citizen's Agenda." He is the author of "Prophets of War: Lockheed Martin and the Making of the Military-Industrial Complex" and the co-author of "Lessons from Iraq: Avoiding the Next War." His articles about security issues have appeared in several major newspapers and

magazines, and he has been a featured expert on national security on news programs such as "60 Minutes" and "NBC Nightly News." Hartung currently blogs for the Huffington Post.

This is a potluck dinner, so participants are asked to bring a dish to share. There is a \$25 suggested donation, though people can give what they can afford, and admission is free for students.

To make a reservation, call 595-9324 or email info@peaceact.net.

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COMMUNITY

RAD training for women

fficers from the Guilderland Police Department will be at GPL on Tuesday, Oct. 11, at 5:30 p.m., to begin the three-part Rape Aggression Defense (RAD) program for women. The RAD course is a total of 12 hours long and is divided into three, four-hour sessions. The other two sessions — you must attend all three — are on Wednesday, Oct. 12, and Tuesday, Oct. 18. All sessions start at 5:30 p.m.

RAD Training begins with awareness, prevention, risk reduction and risk avoidance, while progressing on to the basics of hands-on defense training. It is not your typical self-defense course, where the student GUILDERLAND PUBLIC LIBRARY www.guilpl.org

learns how to punch or kick through repetition — rather, it is designed for the student to survive attacks.

This program is for women 18 years of age and older. No experience is necessary. Seats are limited. Register in person, by calling 456-2400, ext. 2, or go online to www.guilpl. org.

Hoe-Down with Barbara Lukas

Join WMHT's Barbara Lukas on Saturday, Oct. 8, at 10:30 a.m., for "Hoe-Down," a family literacy program. Children will find out what happens when farm animals have their own hoe-down dance in the middle of the night. Youngsters will also do some fun crafts, and get a book to take home and keep. Children must be accompanied by an adult caregiver. Please register by calling 456-2400, ext. 4, or online at www.guilpl.org.

Shear joy

Former New York state Legislator Cecilia Tkaczyk, owner of CeCe's Wool in Esperance, will be at GPL on Monday, Oct. 10, at 2 p.m., for "Shear Joy! with CeCe's Wool Shop," a demonstration and discussion of how sheep's fleece becomes yarn. Kids will learn about shearing and spinning through hands-on activities and live demonstrations.

Komotion and the Clown Red Show

"Clown Red" wants youngsters and families to visit GPL on Monday, Oct. 10, at 10:30 a.m., as he uses juggling, clowning, pantomime and music to create a glorious show sure to tickle your funny bone. Clown Red is really Rich Kuperberg, an acclaimed solo performer who will dazzle your senses and excite your imagination. Delight in watching him deal with the hilarious

predicaments he finds himself in ... and be ready to lend a hand in helping him out.

First Friday Family Films: Angry Birds

Why are those birds so angry? Find out when you come to GPL on Friday, Oct. 7, at 6:30 p.m., to watch the "Angry Birds Movie."

Here's a hint: The birds' island is visited by mysterious green piggies. It's up to three unlikely outcasts — Red, Chuck and Bomb — to figure out what the pigs are up to. This is a very funny flick. Rated: PG, released this year, and 97 minutes long.

Kent State: A Firsthand Look

Join Thomas M. Grace, author of Kent State, Death and Dissent in the Long Sixties, at GPL on Thursday, Oct. 6, at 7 p.m., for an enlightening discussion of the tragic events of May 4, 1970. Dr. Grace, an adjunct professor of history at Erie Community College, will give a first-hand account of the day's events, and sign copies of his book. Not only was he an eyewitness, he was among the nine who were wounded that fateful day. Another four people were killed.

- Mark Curiale

Buy a ticket to support BSP

upport Bethlehem Senior Projects, Inc. and enjoy Broadway's hilarious smash hit "Something Rotten!" on Jan. 14, 2017 at Proctor's. You do not need to be a senior all are welcome. Your paid reservation of \$95 includes your ticket for the show, charter bus transportation and a tax deductible donation to BSP, Inc. Yon can also join us for an all-inclusive dinner after the show for \$29 at Normanside Country Club. Call 439-4955, ext. 1176. Make your reservations now. Tickets will go fast.

Town Hall is closed



Town of Bethlehem

on Monday, Oct. 10, for Columbus Day. There is no Senior transportation that

Register now for "Food for Thought — Caregivers: You Are Not Alone," to be held at St. Thomas Church on Monday, Oct. 17, at 6:30 p.m. Speakers will include professionals from Catholic Charites, Bethlehem Senior Services, Reed &Vella, LLP, and a parishioner at St. Thomas who will share his experience with the Alzheimer's Care Team. Call Marie Copeland at 439-4050 or email, mariecopeland62@gmail.com.

Call 439-4955, ext. 1176, to register for the following programs:

- Legal services, provided by the Legal Aid Society, on Thursday, Oct. 13, from 9:30 to 11:30 a.m.
- The Caregiver Support Group, for those caring for a loved one with a chronic and/or terminal illness, on Wednesday, Oct. 12, from 10:30 a.m. to noon,

• Medicare Basics on Wednesday, Oct. 12, from 12:30 to 3 p.m. Those turning 65 this year can learn about the basics of Medicare and EPIC, NYS Senior Prescription Drug Program.

Bethlehem Senior
Projects, Inc. is sponsoring
a Boscov's fundraiser.
Purchase a \$5 shopping pass
and receive a 25 percent
discount on most purchases
at Boscov's on Tuesday, Oct.
18. Passes may be purchased
in advance at the Senior
Services Office in Town
Hall.

Books to People is a free library program that delivers

books to those who are unable to visit the library. Request books, magazines, DVDs, CDs and audiobooks. Call 439-9314, and press 2.

The Food Pantry is in need of cleaning supplies, deodorant, toilet paper, mustard, and canned vegetables and fruit. Bring your items to the pantry at Town Hall. If you would like to access the food pantry, call 439-4955, ext. 1176, to make an appointment.

The Bethlehem Senior Citizens Club meets weekly on Thursdays for an enjoyable afternoon of games and socializing at the Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar, from 11 a.m. to 4 p.m. Bring a lunch and play pinochle, bingo or mah jongg. Or just come for a chat with friends. Call Yvonne Mendleson at 472-0202 for more information.

Donations can be made to Bethlehem Senior Projects online at bethlehemseniorproject. org, or via check payable to Bethlehem Senior Projects, Inc., 445 Delaware Ave., Delmar 12054.

— Wilma DeLucco

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COMMUNITY

Always something new

hat do you see when you walk into the Bethlehem YMCA?

Usually, you see the same things, depending on the entrance you use. In the early morning, it could be a young figure skater practicing jumps and spins on the ice rink. From the other entrance, your first vision is of people swimming laps or taking an aquatics class.

Of course, there are kids in the childcare area, perhaps a birthday party in the conference meeting room and always a smiling face at the reception desk to greet you. And don't forget others playing basketball or upstairs running on treadmills, riding spin bikes, taking a yoga class, lifting weights, etc.

These are the usual activities you see at the Y. They are comforting. This is your place where you work out and see your



friends and neighbors. Join right in.

That's why it struck me when I recently saw people enjoying a different activity at the Y. One morning, I walked past the gym, and instead of a basketball game or a lone person shooting jump shots, I saw a man and woman dancing. Jazzy music from the boom box accompanied them, providing the soundtrack as they glided and twirled across the court, hand in hand. "Dancing with the Stars" live, right in the YMCA.

They moved polished and smooth, like Fred Astaire and Ginger Rodgers; Patrick Swayze and Jennifer Grey; or Justin Timberlake and Jessica Biel. Pick your generation's dancing idols. I later learned that the dancers come to the Y frequently to practice their moves, and that they are dance instructors who like to keep their skills sharp. Sometimes, others join them.

For me, it was a pleasure to watch them dance, even for just a few minutes. And it was nice to know that the Bethlehem YMCA is such a magnificent facility that it can be used for just about any kind of workout from lifting heavy weights to treading gracefully with the lightest of footsteps.

Togetherhood project

Our Togetherhood Committee here at the Bethlehem Area Y has a Walking Trail Project scheduled to take place on Saturday, Oct. 15 (rain date is Sunday, Oct. 16), benefitting the Colonial Acres Golf and Learning Center. We plan to meet in the parking lot and hope to get underway by 9 a.m., finishing up sometime close to 1 p.m. If this type of work interests you, we hope you will consider joining us.

Pumpkin carving party

Come join us for some family fun, and don't forget to bring your pumpkins. It's the Y Time BYO Pumpkin event on Thursday, Oct. 20, from 5 to 6 p.m. We will be carving pumpkins and playing fun, festive games. It will be a family night that you don't want to miss. Y Time will be providing carving tools and stencils.

Please sign up by sending an email to YMCA Child Care Coordinator Katie Eagan at KEagan@cdymca.org. We hope to see your there.

— Mark Hansen

Drop into the library

here's always something to do at the library!

In October, kids can play our Skeleton Matching Game to win a prize from our Treasure Box. The library will be collecting letters and art for our Thank a Veteran program. Community members can stop by the library and use our supplies, write a letter and drop it in our special mailbox. Take our Literary Pumpkin Challenge, and find our book character pumpkins scattered around the library. Post them to your Instagram account for extra fun. Don't forget to tag us @rcs_community.library.

Oktoberfest

If you can't make it to Germany this year for Oktoberfest festivities, you can join us at the library

RCS COMMUNITY LIBRARY

on Tuesday, Oct. 11, at 6:30 p.m., as we sample your favorite pairings of German brews and foods. Bring a German-inspired dish, along with a bottle of beer that would go best with your creation. We will eat, drink and compare notes on our favorites. Registration is appreciated via email at info@rcscommunitylibrary. org or phone at 756-2053. You must be 21 or older.

Wand making

Aspiring wizards: here's your chance to have your own magic wand. Drop into the library anytime on Monday, Oct. 10, and make a Harry Potter wand.

— Carol Melewski



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Read about local sports as they happen — @jonas_spotlight.

October 5, 2016





■ PLAYER OF THE WEEK



RYAN DALY

For the second week in a row, Voorheesville's Ryan Daly is The Spotlight Player of the Week. Daly threw for 309 yards and three touchdowns to lead the Voorheesville football team to a 34-20 victory over Mechanicville Saturday, Oct. 1, that clinched the Class C Central Division title.

INSIDE



Home setback

The Bethlehem girls soccer team was shut out by Mohonasen 3-0 in a Suburban Council home game Thursday, Sept. 29. See the photo gallery both in print and online.

Page 10

FOOTBALL



Rainy victory

SCHENECTADY — On a rainy night in Schenectady, the Bethlehem football team pulled out a 20-0 Liberty Division victory over the Patriots Friday, Sept. 30.

Ryan Pelow ran for one touchdown and caught another to lead the Eagles (3-2) to victory. Tailback Steve Mendelson contributed 97 yards and a touchdown.

To view a Spotted photo gallery from this game, visit spotlightnews.com.

— Rob Jonas



TOP: Bethlehem tailback Steve Mendelson avoids a pair of Schenectady defenders during a Liberty Division game Friday, Sept. 30. LEFT: Eagles quarterback David Montalvo throws a pass. For a complete photo gallery, visit spotlightnews.com.

Photos by Jim Franco/ Spotlight



Issue Dates: Oct. 5, 12, 19 & 26

Deadlines: Sept. 28, Oct. 5, 12, 19





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Mohon shuts out BC girls

The Mohonasen girls soccer team defeated Bethlehem 3-0 in a Suburban Council game Thursday, Sept. 29, in Delmar. Lexi Canavally, Lexi Dean and Josie DiLallo all scored goals for Mohonasen, while goaltender Milan Pfister stopped 10 shots. For a complete Spotted photo gallery, visit spotlightnews.com. Photos by Rob Jonas/Spotlight







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GRADUATION



Thomas Wainwright, left, of Delmar, graduated Magna Cum Laude from Rensselaer Polytechnic Institute on May 28, 2016 with dual degrees in games and simulation arts and sciences (GSAS) and communications. He is a 2012 graduate of Bethlehem Central High School and is currently working on freelance projects. His father, Tim, is also an RPI alumnus.

Submitted photo

COMMUNITY

Make a great pumpkin

Join us on Sunday, Oct. 9, at 1:30 p.m. as we showcase our creative skills to decorate pumpkins for Halloween and the fall season.

What is your fancy? Spooky, silly, whimsical, humorous or artistic? Pumpkins and decorating supplies will be provided for all participants. We will end the program by watching "It's the Great Pumpkin, Charlie Brown" and snacking on pumpkin bread and cider.

Decorated pumpkins will be displayed in the library Oct. 17-23 for the entire community to enjoy. Pumpkins may be picked up beginning Oct. 24.

This program is for children in grades K through 5 and their families. Please register.

Holiday hours

In observance of Columbus Day Monday, Oct. 10, the Voorheesville Library will close at 5 p.m.



Gluten Free and Paleo Baking

Come to the library at 6:30 p.m. on Thursday, Oct. 13, for a presentation by cookbook author Elizabeth Barbone.

Despite being born with life-threatening food-allergies, Barbone graduated from the Culinary Institute of America. Now, she shares her delicious and creative recipes for the food allergic and glutenfree communities through her site GlutenFreeBaking. com, cooking classes, and regular radio and television appearances. She is the author of three cookbooks: "Easy Gluten-Free Baking," "How to Cook Gluten-Free" and the "World's Easiest Paleo Baking.'

Samples will be offered; registration required.

— Lynn Kohler



LEGALS

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LEGAL NOTICE

ALBANY COUNTY NOTICE OF LOCAL REGISTRATION

PLEASE TAKE NOTICE that the following locations in the County of Albany will be open for Local Registration on the days and during the hours thereafter set forth for the taking of registration of all qualified voters in the County of Albany.

> THURSDAY, OCTOBER 13, 2016 4:00 P.M. TO 8:00 P.M. SATURDAY, OCTOBER 15, 2016 1:00 P.M. TO 9:00 P.M.

POLLING SITE LOCATIONS

CITY OF ALBANY ALL DISTRICTS

ALBANY CITY HALL - 24 EAGLE ST. ALBANY COUNTY BOARD OF ELECTIONS 32 N. RUSSELL RD.

CITY OF COHOES **ALL DISTRICTS**

COHOES SENIOR CITIZEN CENTER 10 CAYUGA PLAZA

CITY OF WATERVLIET & GREEN ISLAND ALL DISTRICTS

J. LEO O'BRIEN SENIOR FACILITY 1501 BROADWAY

TOWN OF BERNE **ALL DISTRICTS**

BERNE VOL. FIRE COMPANY 30 CANADAY HILL RD.

TOWN OF BETHLEHEM ALL DISTRICTS

BETHLEHEM TOWN HALL 455 DELAWARE AVE.

TOWN OF COEYMANS

COEYMANS TOWN HALL 18 RUSSELL AVE.

TOWN OF COLONIE

COLONIE MEMORIAL TOWN HALL 543 LOUDON RD. - THURSDAY COLONIE PUBLIC SAFETY CENTER 312 WOLFE RD. - SATURDAY

TOWN OF GUILDERLAND **ALL DISTRICTS**

GUILDERLAND TOWN HALL 5209 WESTERN AVE.

TOWN OF KNOX **ALL DISTRICTS**

KNOX TOWN HALL - ROUTE 156

TOWN OF NEW SCOTLAND ALL DISTRICTS

NEW SCOTLAND TOWN HALL 2029 NEW SCOTLAND AVE

TOWN OF RENSSELAERVILLE ALL DISTRICTS

RENSSELAERVILLE TOWN HALL 87 BARGER RD., MEDUSA

TOWN OF WESTERLO

WESTERLO TOWN HALL -933 CR 401

RACHEL L. BLEDI COMMISSIONER

MATTHEW J. CLYNE COMMISSIONER

ALBANY COUNTY BOARD OF ELECTIONS (518) 487-5060

Ad#132041

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LI-ABILITY COMPANY Name: 18 HOSPITALITY

LLC. Articles of Organization filed with NY Secretary of State, September 26, 2016. Purpose:

to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to 22 Century Hill Drive, Suite 201, Latham, New York

LEGALS

LEGAL NOTICE

93 CENTRAL AVE LLC Articles of Org. filed NY Sec. of State (SSNY) 9/26/2016. Office in Albany Co. SSNY designagent of LLC upon whom process may be served. SSNY shall mai copy of process to 93 Central Ave., Apt. 1R, Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful pur-Ad#131931

LEGAL NOTICE

95 CENTRAL AVE LLC Articles of Org. filed NY Sec. of State (SSNY) 9/26/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mai copy of process to 93 Central Ave., Apt. 1R, Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful pur-Ad#131933

LEGAL NOTICE

AM Masters, LLC. Filed 4/21/2016. Office: Al-bany Co. SSNY desig-nated as agent for process & shall mail to: 54 State St, #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#125816

LEGAL NOTICE

APPLIED SUPPORT FOR AUTISM LLC Articles of Org. filed NY Sec. of State (SSNY) 9/7/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 915 Bushwick Ave., Brooklyn, NY 11221. Purpose: Any lawful purposė. Ad#130268

LEGAL NOTICE

ARCAVIX, LLC Articles of Org. filed NY Sec. of State (SSNY) 8/24/2016. in Albany Co. Office SSNY desig. agent of LLC upon whom pro-cess may be served. SSNY shall mail copy of process to 137-11 Jewel Ave., #B, Flushing, NY 11367. Purpose: Any lawful purposė. Ad#128859

LEGAL NOTICE

Notice of Formation of BAASE, LLC. Arts of Org. filed with New York Registered Agent (NYRA) on 8/10/16. Office location: Albany County. NYRA is designated as agent of upon whom process against it may be served. SSNY shall mail process to:90 State St Suite 700 Office 40 Albany NY 12207. Purpose: any lawful activity

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY NAME: TRADI-COMPANY. BETHLEHEM TIONAL IRISH DANCE LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on Au-gust 15, 2016. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom pro-

LEGALS

cess against it may be served. SSNY shall mail a copy of process to the LLC, 16 Belmont Court, Selkirk. New York 12158. Purpose: Dance Lessons Ad#128689

LEGAL NOTICE

Notice of Formation of BYBF LLC. Arts of Org. filed with New York Secy of State (SSNY) on 8/1/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 90 State Street, Ste 700, Office 40, Albany, New York, 12207. Purpose: Gener-Ad#128855

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LI-

ABILITY COMPANY (LLC) The name of the LLC is Canterbury Times LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on August 10, 2016. The purpose of the LLC is to engage in any lawful act or ac-The office of the tivity. LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 302 Washington Avenue Extension, Albany, New York 12203.

Ad#128690 LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LI-ABILITY COMPANY (LLC). Name: CHESTNUT 18 LLC. Articles of Organization filed with NY Secretary of State, September 26, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secre-

tary of State is agent for process against LLC and shall mail copy to 22 Century Hill Drive, Suite 201, Latham, New York 19110 Ad#132074

LEGAL NOTICE

Notice of Formation of DeLorenzo & Geary, LLC, filed Sec'y of State (SSNY) 7/29/16. Office location: Albany County. designated as of LLC upon SSNY agent whom process against it may be served. SSNY shall mail copy of pro-cess to 28 Greystone Voorheesville, NY Drive. Purpose: lawful activities. Ad#130199

Demalem123, LLC, Art.of Org. filed with the SSNY on 08/12/16. Officer Alberta 2 fice: Albany County, SSNY designated as agent of the LLC, upon whom process against it may be served, SSNY shall mail process to the LLC c/o Veil Corporate,

LEGALS

LLC @ 911 Central Ave # 188 Albany, NY 12206. Purpose: any lawful pur-Ad#129596

LEGAL NOTICE

Notice of Formation of Developing Happy, LLC. Arts of Org. filed with New York Secy of State (SSNY) on 8/22/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1702 Western Ave Apt 2-309, Albany, NY 12203. Purpose: any lawful activity. Ad#128909

LEGAL NOTICE

NOTICE OF FORMATION OF Dunn Financial Group LLC

On 8/26/16, Articles of Organization of Dunn Financial Group LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSSNY shall mail a copy of any pro-cess against it served upon him or her is Dunn Financial Group LLC, 2 Wall Street, Suite 4, Albany, NY 12205. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#130275

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LI-ABILITY COMPANY (LLC). Name: DYNA-MITÉ DIVA HAIR LLC. Articles of Organization filed with NY Secretary of State, March 2, 2016. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to c/o CORPO-RATION SERVICE COM-PANY, 80 State ST., Albany, NY 12207. Ad#128694

LEGAL NOTICE

NOTICE OF FORMATION OF EMILEAH PROPER-TIES LLC. Articles of Org. filed with NY Secy of State (SSNY) on 5/24/2016. Office located in Albany County. SSNY designated as Agent upon whom process may be served. SSNY shall mail process to Joshua Robbins, 18 Albion St., Melrose, MA, 02176. Purpose is any lawful activity. Ad#128692

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILI-TY COMPANY

Name: GLion Property-01, LLC. Articles of Or-ganization filed with sec. of state of NY(SOS) on 8/11/16. Office location: Albany County. SOS is designated as agent of LLC for service of pro-

LEGALS

SOS shall mail cess. copy of process to 72 Way, Albany, 3. Purpose: Fielding NY 12203. Any lawful act or activi-Ád#131536

LEGAL NOTICE

Greenbridge OBC, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 08/12/16. loc.: Albany Co. SSNY des. as agent of LLC upon whom process be served. may SSNY shall mail process to the LLC, 444 West 19th Street, PH3, New York, NY 10011. Purpose: General. Ad#129598

LEGAL NOTICE

HARVEST OF THE SEA, LLC Articles of Org. filed NY Sec. of State (SSNY) 9/26/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be SSNY shall mail served. copy of process to 214 North 11th St., #6S, Brooklyn, NY 11211 which is also the principal bsuiness location. Purpose: Any lawful pur-Ad#131934

LEGAL NOTICE

Notice of Formation of Helderberg Webworks, LLC. Arts of Org. filed with NY Secy of State (SSNY) on 7/29/16. Oflocation: Albany County. SSNY is designated as agent of LLC whom process against it may be served. SSNY shall mail process to: 35 Arnold Rd, Delanson, NY 12053. Purpose: website dev & user experience consult-

Ad#129410

LEGAL NOTICE JAGGER LLC Articles of Org. filed NY Sec. State (SSNY) 8/19/16. Office in Albany Co. desig. agent of SSNY LLC upon whom process may be served. SSNY shall mail copy of process to 4545 Center Blvd., Apt. 605, Long Island City, NY 11109. Purpose: Any lawful pur-. Ad#128691

LEGAL NOTICE

John Kuehn Design, LLC. Arts. of Organization filed with Secy. of State of NY (SSNY) on 08/11/16. Off. loc: bany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 146-12 20th Ave, Apt. #2 Whitestone, NY 11357. Purpose: General. Ad#128665

LEGAL NOTICE

NOTICE OF FORMATION OF PROFESSIONAL LIM-NY. NAME: LACLAIR & DELUCA, PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 7/29/16. Of-fice Location: Albany County. SSNY has been designated as agent to the PLLC upon whom process against it may be served. SSNY shall mail a copy of the pro-

LEGALS

cess to the PLLC. 5 Clinton Square, Albany, New York 12207. For any lawful purpose. Ad#131950

LEGAL NOTICE

LaFren Lakepointe, LLC Notice of formation of the above Limited Liability Company ("LLC"). Articles of Organization filed with the Secretary of State of NY ("SSNY") on 04/19/2016. Office location: Albany. has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any such process served to: LaFren Lakepointe, LCC, c/o Michael LaFreniere, 402 Jessamine Lane, Schenectady, NY 12303. Purpose: any lawful business purpose. Ad#129638

LEGAL NOTICE NOTICE OF FORMATION DOMESTIC LIMITED LI-**ABILITY** (LLC). LOUGHLIN Name DAWN LLC. Articles of

Organization filed with NY Secretary of State, August 15, 2016. Purpose: to engage in any lawful act or activity.
Office: Albany County. Office: Albany County. Secretary of State is agent process against LLC and shall mail copy to Dawn mail copy Management Homes 20 Corporate Blvd. Woods Albany, New York 12211

Ad#129879 LEGAL NOTICE

Notice of Formation of an LLC: Ma's Corner Store, LLC Articles of Organization were filed with the Sec-

retary of State of New York (SSNY) on July 28, Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served, SSNY shall mail a copy of Process to the LLC, at 4449 Western Turnpike, Altamont, NY 12009. Purpose: for any lawful purpose. Ad#128673

LEGAL NOTICE

ARTICLES OF INCORPORATION of MAC Performance Rocketry LLC The purpose for which Company formed on August 11, 2016 in Albany County is to engage in any lawful act or activity under the LLCL of the State of New York. The Secre-New York. tary of State is designated as the agent of the LLC upon whom process against it may be served at PO Box 11, Altamont, NY 12009. Ad#130280

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of of MS Center of Northeastern NY, LLC ("LLC") filed with the Secretary State of New York ("SSNY") on September 8, 2016, effective on the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail

LEGALS

a copy of any process to the LLC at 1205 Troy-Schenectady Road, Suite 105, Latham, NY 12110, which shall be the principal business location. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the NYS Limited Liability Company Law. Ad#

LEGAL NOTICE

Notice of formation of Limited Liability Company. Name: New World Contractors LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 8/24/16. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the Single Member Andrew Szmurlo, 4 Herman Street, Albany, NY 12205. Purpose: for any lawful purpose Ad#130843

LEGAL NOTICE

NOTICE OF PUBLIC HEARING ON THE BUD-

NOTICE IS HEREBY GIV-EN that the Proposed Budget of the Slingerlands Fire District located in the Towns of Beth-lehem and New Scotland, Albany County, State of New York, will be presented to the Board of Fire Commissioners of the Slingerlands Fire District, for its consideration.

A PUBLIC HEARING will be held at 7:00 p.m. at the Slingerlands Fire District firehouse located at 1520 New Scot-land Road, Slingerlands, New York 12159, for the Towns of Bethlehem and New Scotland, Albany County, State of New York on the 18th day of October, 2016.

Pursuant to Town Law §105, the Board of Fire Commissioners must hold a public hearing on the budget, make the proposed budget available to the public prior to the public hearing, allow the public to comment on the budget at the public hearing. This public hearing must be held to allow maximum public participation in the hearing.

The purpose of the public hearing is to allow any person to be heard in favor of or against the proposed budget as it is submitted, or for or against any item items contained in the proposed budget, and hearing all persons interested in the subject concerning same.

That a copy of the proposed budget is available at the Office of the Town Clerk's Office for the Town of Bethlehem at 445 Delaware Avenue, Delmar, New York and the Town of New Scotland at 2029 New Scotland Road, Slingerlands. New York and the Fire District Secretary at the Slingerlands Fire Dis-

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LOCAL LEGISLATION

Renowned clergy voice support aid-in-dying legislation

Capital District'aid in dying' legislation to reappear during session this year

By KASSIE PARISI

parisik@spotlightnews.com

COLONIE—Three nationally recognized clergy members visited the William K Sandford library in Colonie to host a panel about end of life options, and to voice their support for local and national aid-in -dying initiatives.

The free event, called "Interfaith Dialogue and Perspectives on End of Life Options," was hosted by the organization Death with Dignity-Albany at the library on Thursday, Sept. 29. The purpose of the event was to educate audience members about end of life options while also advocating for the passage of legislation in the New York State legislature that would allow terminally ill patients to end their life on their own terms with prescribed medication.

Rabbi David M. Gordis, visiting senior scholar at the University at Albany, Reverend Eric Shaw and William Levering were the panel speakers, and they addressed their opinions on aid in dying initiatives as it applied to their respective faiths.

"I'm here to talk to you all because I am opposed to torture. I am opposed to torture in the way we treat people actively, and in the way we treat people passively. I am apposed to torturing people with pain who don't have a choice. I am opposed to torturing people with confinement, who don't have a choice. I am opposed to torturing people with humiliation, who don't have a choice," Levering said. "We're gathering here to enforce a freedom. A freedom from pain. A freedom from humiliation, and a freedom from unwanted restraint."

He explained that something most religious institutions have in common is their desire to speak for those who are powerless. Aid in dying legislation, Levering said, is one way that power can be given back to those who have had their power taken from them, sometimes at the hands of medical institutions. Aid in dying legislation, he said, would also put power back into the hand of those doctors who would like to be able to grant their patients' request, but cannot at



Audience members visited the William K Sandford Library for an interfaith discussion about end of life options.

Kassie Parisi/Spotlight News

this time due to fear of consequences.

"We're not going to legislate morality. We're going to give options to people" he said. "I know this is a political issue. I hope you can support the legislation. But this is also a personal issue."

Gordis said that it

was not his intention to advocate for one specific path, but to allow every person to access all options.

"We're not talking about imposing one or another option. We are saying that in this most poignant, personal moment, each of us facing death, at some point in the course of our lives, should have the options of choosing the sources from which we make the decisions about the quality in our end of life," Gordis said. "I strongly feel that a person should have the right to call on any authority, on any religious tradition, on any religious functionary, that he or she wishes to, to shape their own perspective. But those who do not choose some religious authority, who do not choose some outside authority, but choose rather the autonomy of their own self, speaking to themselves within themselves, and shaping the option that they want to chose, that should be the freedom of the individual."

Shaw, who lost his 7 year old son in 2008 after he was diagnosed with cancer, said that the issue of death with dignity has become a very personal issue for him. He said that no matter what a person chooses, the most important thing is for loved ones and others to be present and supportive of

the person's decision.

"He never complained. While the chemo was racing through his body, he never complained," Shaw said about his son. "While doctors poked and prodded at him, he never complained. But one day, when I had to rush him to the hospital, he said, 'Daddy, do something.' Daddy, do something. And I'm here today to let you know that I want to do something. I want to do something today, and I pray that my presence of others will bless those that are dealing with this issue, and that at the end of the road, when they've made their decision, that we can be present with them, and demonstrate the love and compassion of God that will give them just that iota of peace."

Some medical and disability groups such as New York Alliance Against Assisted Suicide and the Medical Society of New York have pushed against the passage of such legislation. Advocates of the disabled have demanded better care for living patients, as opposed to aid in death. Other groups argue that terminal diagnoses are sometimes incorrect, and that the law will cause people to give up on treatment. Opponents also voice concern over

assisted suicide becoming a cheap alternative to expensive treatment.

In May, the New York State Assembly Health Committee pushed through the Medical Aid in Dying Act. That bill, which is modeled after Oregon's Death With Dignity bill, would allow only qualified, terminally ill and mentally capable adults to receive life-ending medication. Two physicians must confirm that the prognosis is indeed terminal. It would require two witnesses to attest that the patient's request is voluntary.

The bill has safeguards built in. It would allow criminal law prosecution for coercing or forging a request to die, while also ensuring that life insurance payments cannot be denied to the families of those who use the law. It also states that any actions taken within the provisions of the law will not be defined as "suicide" or "assisted suicide."

The legislation did not make it to the governor's desk and will be introduced during session again.

LEGALS

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LEGAL NOTICE

PINNACLE BUSINESS
VENTURES LLC Filed
with SSNY on
09/21/2015. Office: Albany County. SSNY
designated as agent for
process & shall mail to:
222 South Pearl Street,
Albany NY 12202. Purpose: Any Lawful activity.
Ad#131276

LEGAL NOTICE

Notice of Formation of Real Estate Revival LLC. Arts of Org. filed with New York Secy of State (SSNY) on 7/20/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Real Estate Revival LLC. 98 Hudson Ave. Green Island, NY 12183. Purpose: any lawful activity. Ad#128702

LEGAL NOTICE

LEGALS

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NOTICE OF FORMATION OF A DOMESTIC LIMITED LI-ABILITY COMPANY (LLC)

(LLC)
The name of the LLC is
SRS Saratoga LLC. The
Articles of Organization
of the LLC were filed
with the NY Secretary of
State on September 6,
2016. The purpose of
the LLC is to engage in
any lawful act or activity.
The office of the LLC is
to be located in Albany
County. The Secretary

LEGALS

of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 302 Washington Avenue Extension, Albany, New York 12203. Ad#130837

LEGAL NOTICE

TACHYON ENERGY, LLC. Art. of Org. filed with the SSNY on 05/02/216. Office: Albany Co. SSNY desig. agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to 2122 Harmony Mills Lofts, Cohoes, NY 12047. Purpose: Any lawful purpose.

LEGAL NOTICE

TEARIFFIC LLC Articles of Org. filed NY Sec. of State (SSNY) 9/27/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 214 North 11th St., #6S, Brooklyn,

LEGALS

NY 11211, which is also the principal business location. Purpose: Any lawful purpose. Ad#131935

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LEGAL NOTICE

XANDER 41 LLC Articles of Org. filed NY Sec. of State (SSNY) 7/6/15. Office in Albany Co. SSNY designated Agent of LLC whom process may be served. SSNY shall mail copy of process to The LLC @ 41 Fuller Rd. Albany NY 12205. Purpose: Any lawful activity. Ad#130677

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October 5, 2016



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■ FROM THE EDITOR'S DESK

Beyond the headlines

It's relatively uncommon for our newsroom to receive a phone call to criticize the contents of the previous edition. Which either means we're doing a good job, or no one is reading.

But, a few weeks back, a caller left a message on our voice mail. So eager was he to share his constructive criticism, when the phone call was inexplicably dropped, he immediately called back to continue. The caller shared his compassion, of which we apparently lacked, for blacktop pavers. He chastised us for writing a headline that alerted readers to watch out for scammers. Not all blacktop pavers are criminals, but from this person's point of view, our headline had done just that. It was insensitive, he said, to honest working people who blacktop driveways for a living.

In the same edition we ran a story with another insensitive headline regarding a DWI arrest. This headline was particularly egregious for it played on the arrested party's name as a verb. We made fun of this person, he said. In the caller's eyes,

we stooped to the level of a seedy, New York City tabloid. Our choice of headline would be the crux of this person's public ridicule — in front of perceived children, despite simply having "a bad day," and we would be to blame. To emphasize his displeasure, the caller used the adjective form of a vocabulary enhancer thoroughly defined by comedian George Carlin, followed by the noun "amateur."

The messages were listened to, but not returned in kind.

Stories go beyond the headlines. Often our front page stories are no more than three words. Last November, we had a number as a front page headline. The facts of a story can not be gleaned off headlines alone.

Points of authority are relentlessly getting pummeled in the court of public opinion, whether it be justified or not. Thanks in part to the ease of social media and the speed of the internet, cursory glances to the facts are quickly formulated into stories when imagination and assumption is used to fill in the blanks.

Not all blacktop pavers are criminals. We agree. The article we published warned readers not to pay for services up front. A reputable service would not ask for payment before doing the job. The New York State Police wanted to inform the public to be aware before accepting unsolicited services, and paying before the job is done.

But, headlines do grab the reader's attention. We understand this, because that's why they are there. Sometimes they are clever or cute, maybe even misspelled in order to fit as many words in the few inches of space allotted to encapsulate the essence of a 200- or 2,000-word story. In the case of a local driver who had "a bad day," it turns out he hasn't had just one. Nor two. In fact, the driver had more than a dozen prior convictions.

It's safe to say that our headline is the least of this person's problems. And, if you've reached this far, we'd like to thank you for reading our papers.

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■ WHAT HAPPENED IN 2011 ...

Five years ago: Colonie sued over landfill

COLONIE — As the Colonie landfill continues to be the crux of arguments in Colonie Town Hall in 2016, so it did five years ago when the town was presented with a lawsuit.

The Town of Colonie largely dismissed a lawsuit brought against it by Albany County Comptroller Mike Conners and five residents of the town that seeks to invalidate a recent agreement over the town landfill.

Conners filed a lawsuit on Thursday, Sept. 29, 2011 that claims the town signed a lease agreement, not an operational agreement, for the Colonie landfill, and thus a permissive referendum must be held.

"They're leasing it and trying to say it is not a lease," he said of the deal with Waste Connections, Inc.

The suit cited an email dated Aug. 26, 2010, forwarded on by Department of Public Works Commissioner Jack Cunningham to Town Attorney Mike Magguilli discussing lease agreements in Monroe and Chemung counties for their landfills.

"You can see in that email their mind

was made up last June," Conners said.

In the email, Cunningham wrote to Magguilli, "These may be useful as we move forward with the lease," with the original email sent by Frank LaVardera from Clough Harbour and Associates.

LaVardera's email explains that Chemung County used the municipal law 120-w to go through its landfill deal process while Monroe employed a professional service agreement.

"In general, you will note that both have a structure that is similar to what I believe the town [of Colonie] is looking

for," LaVardera said in his email. "Also note that the Chemung deal was a 120-w but Monroe did it as a professional service agreement. Not sure how it did that."

Conners submitted this email as evidence that the town actually signed a contract on a lease agreement. He also compared the two contracts to the one Colonie made with Waste Connections, Inc., for its landfill. Conners said much of the language and agreements in the Monroe and Chemung contracts are identical to Colonie's.

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From page 5... Davis demands

energy bills and asked why National Grid is allowed to have a monopoly in the area, saying that the company disproportionately levies fees against lower- and middle-income residents.

Breslin said that he supports a number of programs designed to lower energy bills. "Programs such as EmPower New York, Home Performance with Energy Star, Advanced Buildings Program, and the Solar Electric Program (NY-Sun)," he said, "are all designed to increase our energy savings also while also increasing our reliance on renewable energy."

Davis characterized the state's home energy assistance program as "extreme corporate welfare" for companies like National Grid, saying that

they continue to charge "exhorbitant delivery fees" while benefiting from taxpayer money through the state programs. "If these fees were cut severely," he said, "there would be no need for such a program, saving taxpayers money. In fact, it would save everyone money. "

Finally, Davis said he would like to ask, "Why has the senator opposed for decades the comprehensive Child Victim Act? This would allow a child who as abused sexually that has proof come forward as an adult and face their accuser. Currently NYS has among the narrowest statute of limitations in the country. It's wrong. We're a progressive state, but backwards on this issue."

"Unfortunately during this past legislative session the Senate Republican majority blocked multiple efforts to find an agreeable solution," said Breslin, who voted with his party to bring the bill to the

floor for a vote despite voicing reservations about aspects of the bill. "In addition to the Child Victims Act sponsored by my friend and colleague Senator Brad Hoylman, there were numerous other iterations that were also introduced attempting to provide justice to victims of these heinous crimes. I look forward to working with advocates, victims and my colleagues in the Legislature on both sides of the aisle with the hope of finding a solution that is satisfactory to all parties.

Breslin's office has not outright refused to debate Davis, but claims he has not reached out to the senator himself to ask for

"I've been making the rounds on this issue,' was Davis' reply. "They shouldn't be acting surprised by this and demanding I come up and kiss the ring. The challenge is official."

From page 6 ... evening. "And a vice-chair, and there's going to be Dems divided a new candidate review committee, and a new executive committee. In unfairly target people in his

Andrew Joyce, who supported Flynn for committee chair, said that he called to table the re-appointment because he has been dissatisfied with Clyne's performance during his tenure as BOE commissioner.

ward.

Specifically, he said, he wasn't comfortable with the way Clyne handled a 2014 state Supreme Court race, when Clyne and the BOE Republican Commissioner Rachel Bledi tossed the majority of judicial delegates supporting Family Court Judge Margaret Walsh on the grounds that she was running both for the Supreme Court and for re-election to Family Court. The move was widely perceived to be a political one, meant to throw support to Justin Corcoran, who Clyne presumably preferred for the judicial position. Ultimately, . Supreme Court Judge Thomas McNamara ruled that the move was "beyond the scope of the board's authority.'

"Especially since we just selected a new chair," said Joyce, who claims he was unaware that the BOE appointment would be voted on that same the interest of a new way of doing things—transparency, opening the party up—lets pump the brakes on this a little bit and give the new executive committee a chance to look at it. Matt can re-apply if he wants."

Noting that the job pays more than \$90 thousand a year, he continued, "he has had issues. And, as a committee person, I would like for him to answer for them." He added that he also feels BOE has not been proactive enough in reaching out to Albany's growing immigrant populations and helping them register to vote.

Joyce also pointed out that McLaughlin replaced Clyne as chair two years ago and he said that he was happy to see her win the position—at the time.

'She's very vocal and high-spirited," he said. "I felt like she was what we needed at that time because Matt was very cerebral and I felt we needed someone who could promote the party a little bit more.

Two years later, Joyce said she is "a terrible leader" and said that she displays contempt for other committee members. When she spoke at Thursday's meeting, just before losing her seat, Joyce said, "She spoke in a very passive-aggressive tone and told us that, if we didn't like what we heard, we could leave. That's just not something that a leader should say."

He commended her for her accomplishments, such as becoming the first African American woman elected to the state Supreme Court and her efforts to increase minority representation in the committee, but, he said, "There were some critical missteps."

"Jack is extremely popular," said Joyce. "He represents a large portion of the City of Albany and has that Board of Elections background. He also has a lot of great ideas."

At a meeting of the new committee leadership convened on Saturday night to consider the events of the previous two days, McLaughlin reportedly showed up with her sister, County Legislator Wanda Willingham, and the rest of their family at committee headquarters on Colvin Avenue to express discontent with the results of the committee vote. A democrat with knowledge of the meeting said that the women accused membership of being motivated by racial discrimination.

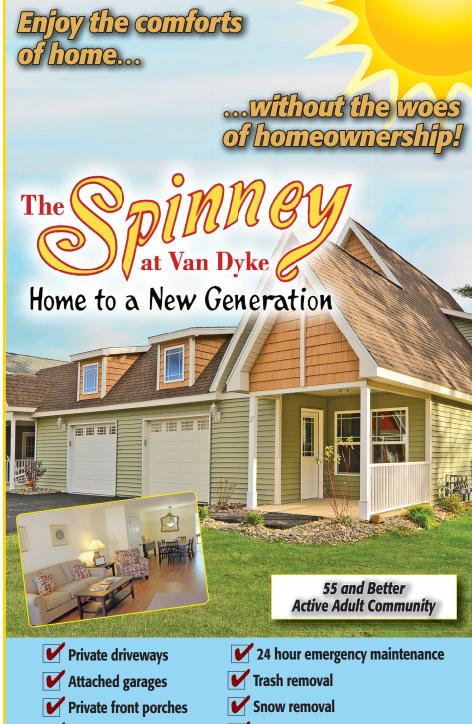
MILESTONE

Like father, like son

Thomas Wainwright, of Delmar, graduated Magna Cum Laude from Rensselaer Polytechnic Institute on May 28, 2016 with dual degrees in **Games and Simulation Arts and Sciences** (GSAS) and Communications. He is a 2012 graduate of Bethlehem Central High School and is currently working on freelance projects. His father, Tim, is also an RPI alumnus.



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Lost & **Found Tommy Watkins comes** back to a local gallery closing its doors.

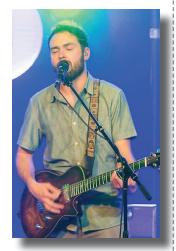
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INTERVIEW

PICK OF **THE WEEK**



This three-piece, Anthemic Synth-Washed Rock'n Roll — that's right — band out of Ithaca takes to the stage at The Hollow Bar + Kitchen in Albany, Saturday, Oct. 8 at 9 p.m.

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INSIDE



Arts calendar

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The Gibson Brothers return to the Capital District with new songs and their humble humor

By ROB JONAS

jonasr@spotlightnews.com

TROY — Eric and Leigh Gibson — the namesake of their bluegrass band, The Gibson Brothers — are rooted to northern New York. They were born there, they were raised there and Eric still calls that part of the state home.

So, it's no surprise that they look forward to every show they play in the region they call home, including their Troy Savings Bank Music Hall concert Saturday, Oct. 8, at 7:30 p.m.

Continues on page B31





Issue Dates: Oct. 5, 12, 19 & 26

Deadlines: Sept. 28, Oct. 5, 12, 19

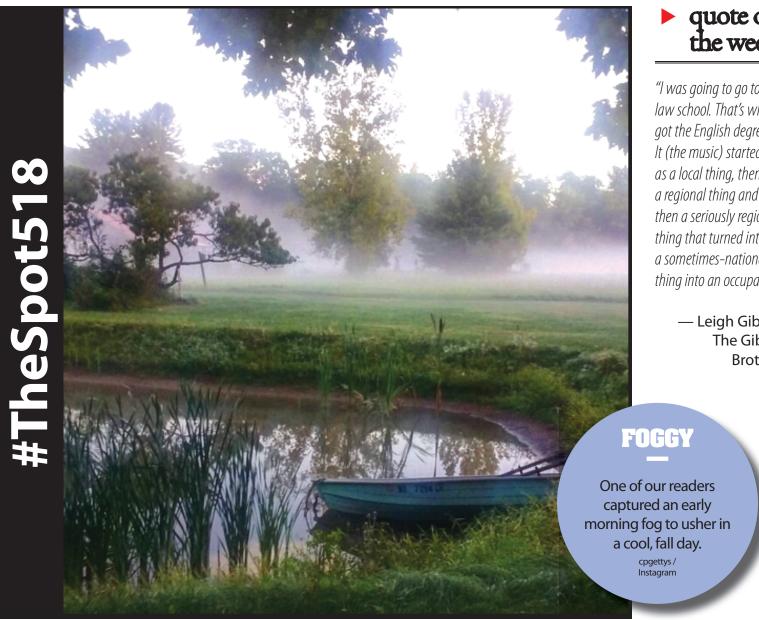


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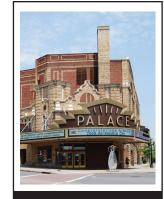
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quote of the week

"I was going to go to law school. That's why I got the English degree... It (the music) started as a local thing, then a regional thing and then a seriously regional thing that turned into a sometimes-national thing into an occupation."

> — Leigh Gibson, The Gibson **Brothers**



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WHAT'S HAPPENING

Night of the Walking Red

It's gingers on parade in Troy

TROY — More than 100 red heads will gather in Troy this month for their annual toast of Pumpkin Ale, an Autumn tradition.

On Tuesday, Oct. 11, starting at 5 p.m., The League of Extraordinary Red Heads will present "Night of the Walking Red IV" at Ryan's Wake Public House, located at 403 River St. in downtown Troy.

The League of Extraordinary Red Heads formed in a flash in Troy on Jan. 30, 2013 and quickly earned the rank of No. 7 in the world for "Best Redheaded Gatherings of 2013" according to social media website, BuzzFeed. League gatherings typically attract more than 100 redhaired participants.

Though this highly visible group assembles suddenly in public spaces, not much is known of the inner

workings or its true purpose. It purports to be "a social get-together for those with reddish hair and those who love them," but some suspect it may be a drinking club with vague plans for world domination. These conspiracy theories are bolstered by the fact that red heads comprise only 2 percent of the human population, and yet — for scientifically unexplained reasons — their ranks include a disproportionately high number of prominent figures, including world leaders, famous authors and celebrity actors. People of all types and backgrounds can have natural red hair.

The fiery festivities feature an autumnal rite known as the "Toast of Coppertops," during which members of the red-haired collective raise glasses of Saranac Pumpkin Ale and 2 Gingers Whiskey. As is their custom, the League will also discuss the items on their concise meeting

agenda: "1) Us. 2) Them."

There will be a sunset group photograph on the deck at 6:15 p.m. Local blue grass band Red Haired Strangers will perform live starting at 6:45 p.m.

Sponsorship for Night of The Walking Red IV comes from 2 Gingers Whiskey and Saranac Brewery. Representatives from both companies will be pouring free samples, speaking about their product and distributing free company "swag." There will be a photo booth and other fun activities. Admission is free.

Those planning to attend are encouraged to RSVP on the facebook event so organizers can better prepare for the expected crowd. Visit https://www.facebook.com/LeagueOfExtraordinaryRedheads.

— Duncan Crary

SCIENCE

Hackers unite

Hackathon returns to Collar City

TROY — A 32-hour competition next month in Troy will offer \$5,000 in prizes for clean technology "backs"

From 9 a.m Saturday, Oct. 15 to 4 p.m. Sunday, Oct 16, teams of computer programmers, engineers, inventors, scientists and entrepreneurs will work in teams around the clock to devise clean technology solutions during the Tech Valley Center of Gravity Clean Tech Hackathon (TVCOG).

A hackathon is an event, usually lasting more than a day, where groups of computer programmers and other tech-oriented people collaborate intensely on projects using software. Hackers typically staying in the space the entire time working constantly. To help inspire the competitors, organizers of the TVCOG Clean Tech Hackathon have solicited problem statements from key players in the industry in the areas of Advanced Buildings, Renewables and Clean Transportation. Some problems hackers may tackle include: making solar photovoltaic and wind energy more predictable; innovations in "smart" building technology that can adjust energy usage based on intelligent predictions of the occupants' behaviors; and designing hardware/software solutions that use on-street installations to improve bike and pedestrian safety and comfort.

Registration is free but required. An abundance of high quality free food is available to all hackers and participants.

— Duncan Crary

FILM

Local film festival turns 5

ALBANY — Now in its fifth year, the 15 Minutes Max Student Film Festival continues to showcase and celebrate the best films produced by area students.

Organized by The College of Saint Rose, and hosted across the street at the Madison Theater, the film festival takes place Friday, Oct. 7 from 5 to 7 p.m.

Aspiring filmmakers are given 15-minutes or less to produce a film with the potential to win cash prizes that range from \$50 to \$200. Organizers said they hope to inspire everyone to take an interest in film production, and to give students from diverse disciplines and institutions the opportunity to exhibit their work and engage in a community dialog.

The exhibit features films from students enrolled in high schools, colleges and universities within a 50-mile radius of The College of Saint Rose.

For information, visit the 15 Minutes Max website at 15 minmax.wordpress.com. $\,$

— Michael Hallisey









the spot | October 5, 2016 www.spotlightnews.com

IN BRIEF

Celebrated dancer, actor coming to UAlbany this week

ALBANY - Savion Glover, tap dancer, choreographer and actor, is to appear at the University at Albany, Saturday, Oct. 15 at 1 p.m. at Page Hall, 135 Western Ave. Downtown Campus.

Glover is a Tony award-winning choreographer and "the greatest tap dancer to ever lace up a pair of tap shoes" (Gregory Hines).

Glover has made numerous appearances on "Sesame Street" and also performed the live capture dance moves for "Mumble," the penguin in the Disney film HAPPY FEET (2006) and its 2011 sequel.

Glover will also premiere his latest work New Soundz, at The Egg on Oct. 15 at 8 p.m. For information contact The Egg Box Office at 473-1845.





ARTS

Lost & Found

A pioneer of the local arts scene returns home to say goodbye to the gallery he helped to open

Bv ALI HIBBS

hibbsa@spotlightnews.com

ALBANY — When Tommy Watkins left the Albany art scene, he said he was ready for the change. "I had been in this scene for a long time and had done al these really great things here," he said. "And I think I was ready to spread my wings a little bit." Watkins traveled to Great Britain with a friend, intending to stay for just a few months. "It ended up becoming years and years," he said. "I ended up meeting lots of people and lots of really great artists and plugged into the scene over there. And I had this realization that I could try to make art in another place in the world and got really excited about starting this new chapter.

"I think, when I left Albany, I was doing some soul-searching," he said. During his time in

PENSIVE TIMES

Tommy Watkins, center, talks from inside the Upstate Artists Guild, prior to its closing. Ali Hibbs / TheSpot518

Watkins England, art has matured and taken on new

dimensions. When he first turned to art, he said it was as a form of personal therapy — he created bold abstract paintings with lots of color, many of which are now hanging on the walls of homes and businesses all over the region. Now, he said, he's been working more with social and political themes, and has diversified his mediums. He recently just finished a performance piece commenting on gun violence in America.

"The me that made those first paintings, those intellectual abstract things," he said thoughtfully. "They weren't really me anymore. The me that had made those, that had been searching for myself—I had found that person." So, he said, he turned

Continues on B25

COMING SOON OUR ANNUAL

OG 14-13

Look in next week's paper for details from / Pool/

kes, Skis, Skiwear & Morell

329 GLENMONT RD. (9W), Glenmont 427-2406

Mon-Th 10-6. Fri 10-8 Sat. 9-5. Sun. 11-4 www.steinersskibike.com

A Lifetime of Beautiful Smiles!

Welcomes **Arvin Kadempour, D.D.S.** Prosthodontics and Maxillofacial Prosthetics

r. Arvin Kadempour is a specialist in Esthetic, Implant

and Reconstructive dentistry. He joined Rose Dental in August and welcomes new patients. Dr. Kadempour's passion is to create beautiful smiles. He is dedicated to delivering high quality care in a comfortable setting.



5 Pine West Plaza Washington Ave. Ext., Albany (1 mile west of Crossgates Mall) www.rosedentalassociates.com

October 5, 2016 | **the spot B5** www.spotlightnews.com

COMING UP IN SCHENECTADY

An American in Paris

A theatrical reboot to popular Gene Kelly film

■ IF YOU GO

• When: Oct. 14 to Oct. 21

• Where: Proctors Theatre,

downtown Schenectady

• **Info:** Proctors.org

By MICHAEL HALLISEY

halliseym@spotlightnews.com

SCHENECTADY—

Actor Etai Brown does not envy the dancer he shares the stage with in his upcoming performance in "An American in Paris", but he "appreciates them."

Lauded as the most awarded new musical in 2015, "An American in Paris"

closes its run on Broadway this week and launches a nationwide tour from Proctors Theatre. The production plays in Schenectady for a one-week run, from Friday, Oct. 14 to Friday, Oct. 21.

Inspired by the 1951 Gene Kelly film, the musical tells the tale of three men who unwittingly fall in love with the same woman. But, overall, it's a story of individuals just trying to find happiness immediately after World War II. But, Brown said, there are tweaks to the story portrayed from the film that enables it to connect with contemporary audiences.

Despite changes what remains untouched is the musical score by George Gershwin, accompanied by an impressive dance choreography by Christopher Wheeldon that swept all major awards.

On Broadway, "An American in Paris" earned four Tony Awards, three Outer Critics Circle Awards, a



BROWN

Drama League Award, two Theatre World Awards, four Drama Desk Awards, three Fred and Adele Astaire Awards and an Actors Equity Association "ACCA" Award.

"Fans of the film will definitely appreciate it," said Brown. "It's sort of like experiencing the story in a whole new way."

Brown plays Adam, an expatriate who decides

to continue living in liberated Paris after fighting in the war. Adam, a composer and pianist, sees that his place in the world is to provide light, in a world that has seen much darkness. Much of which the Jewish soldier witnessed first-hand.

"I had known the film, but this is brand new," said Brown, adding that he's had his eye on this particular role since he was first handed the script three years ago. "It's a very juicy character. He's funny, and he's dry. He's sarcastic and he's witty. But, he's also got a lot of soul, and a lot of heart, and a lot of passion. It immediately spoke to me..."

"One of my favorite lines he says is, 'Life is so dark, but if you have the talent to make it brighter, to bring people joy and hope, why would you withhold that?' And, to me, that's the message to the show. ... A lot of people go to the theatre to escape that darkness. And, especially right now, I think we could use that."



The Rocky Horror Picture Show

Albany Palace Theatre — Wednesday, Oct. 12

ALBANY — Part of the Citizens Bank Movie Series, the annual Rocky Horror Bash comes back to the Albany Palace Theatre, Wednesday, Oct. 12.

Celebrate the 40th Anniversary of the original outrageous musical masterpiece featuring the live shadowcast, "The Kids of Albany"

For tickets and more information, go to PalaceAlbany.

■ ... IN TROY

The 24th Street Wailers

The Hanger on the Hudson—Wednesday, Oct. 5

TROY—The 24th Street Wailers take the stage at The Hanger, Wednesday, Oct. 5 at 9 p.m. in Troy.

This five-piece band out of Canada has a playlist with equal parts rhythm and blues, and good ol' fashioned rock and roll.

Formed in 2009, the band has earned wide-spread praise that includes 12 Maple Blues Award nominations, and a Juno nomination (the Canadian equivalent to the Grammy Award) for Blues Album of the Year.

For information on the band, visit The 24th Street Wailers.com. For tickets, contact The Hanger at 272-9740.

CORRECTION

The Fleshtones are to play at The Hanger on the Hudson, Saturday, Oct. 15 at 3 p.m. Last week's edition stated the incorrect venue.







B6 the spot | October 5, 2016 www.spotlightnews.com



ALBANY — Ringling Bros. and Barnum & Bailey's Circus XTREME, the ultimate family entertainment experience, comes to the Capital Region for several shows later this week.

Circus XTREME features artists who redefine the word extreme in everything they do, magnifying traditional elements of the circus and combining them with never-before-seen spectacles, original fast-paced performances, and incredibly hilarious moments. The show includes more than two hours of extreme thrills performed by more than 100 exceptionally talented performers, including high-wire wizards, powerful strongmen, BMX trick riders, trampoline daredevils, inconceivable contortionists, a high-flying human cannonball and bungee aerial skydivers. A full menagerie of amazing animals, including Bengal tigers and two-humped camels, will also be on hand.

Performances will take place on Thursday, Oct. 6 and Friday, Oct. 7 at 7 p.m;, Saturday, Oct. 8 at 11 a.m., 3 p.m. and 7 p.m.; and on Sunday, Oct. 9 at 2 p.m.

Tickets, which range from \$15 to \$83, depending on seat location and performance time, are available for purchase online at www.timesunioncenteralbany.com or in person or by phone (518-487-2000) via the Times Union Center Box Office weekdays from 10 a.m. to 6 p.m. and Saturday from 10 a.m. to 2 p.m. Please note that there is an 8-ticket limit per person and that children ages 2 and older will need a ticket for admission.

Doors open one hour prior to performance time for the All Access Pre-Show, which is included in the ticket price.

For more information about the show, visit www.timesunioncenter-albany.com.



10th Annual Chowderfest

TROY — On Sunday, Oct. 9, it's all about "Soup For The People" during the Downtown Troy BID's 10th Annual Chowderfest.

From noon to 4 p.m., more than 15,000 chowder lovers will descend upon the Collar City to taste and judge some of the best chowders in the area to crown this year's winner.

First, head over to Monument Square to purchase your tasting tickets and inquire about the prizes you could win just for participating! While you're there, listen to some free live music while you browse to see what the vendors have to offer. Or, partake in one of the free children's activities that will be going on throughout the afternoon. Live music

performances will also be taking place at several other locations downtown at various times during the event.

From there, hop on the Chowder Shuttle and make your way to your favorite Downtown Troy eateries to sample the chowders they're distributing.

Be sure to check out the city's other businesses as you stroll between restaurants, and be on the lookout for some fantastic deals during a citywide sidewalk sale.

For more information, including a detailed schedule of performances and event policies, visit www.downtowntroy. org/chowder-fest. Please note that the event will be held rain or shine.











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CLUBS

9 Maple Avenue

9 Maple Ave., Saratoga Springs. www.9mapleave.com

Fri: **Steve Lambert Quartet** | 9 p.m. Sat: Nelson Esposito Quintana

Albany Rail Yard

1118 Central Ave., Albany. 489-2990 Thur: Nitro Jive | 7 p.m.

Aperitivo

426 State St., Schenectady. 579-3371 Tue: **Jecco Duo** 5:30 p.m.

Arthur's Market

35 N. Ferry St., Schenectady. 382-1938 Wed: John Slovacek | 7 p.m.

Every Thur: Edith's Amazing Jam 6 p.m.

Fri: **Korisoron** | 7 p.m.

Sat: The Soulman:

The British Invasion | 7 p.m.

Sun: Bill Swart | 2 p.m. Mark Meritt | 7 p.m.

Mon: **Ukelele Night** | 7 p.m.

Tue: Dave Kitchen Jazz Trio | 7 p.m.

Athos 1814 Western Ave., Albany. 608-6400 Thur: Bronte Roman

Jazz Ensemble 6:30 p.m. Fri: **OASIS** | 7 p.m.

Café NOLA

617 Union St., Schenectady. 357-8628 Fri: Tribute to Frank Jaklitsch 6:30 p.m.

Caffé Lena

47 Phila St., Saratoga Springs. 225-0882 Every Thur: **Open Mic** (42 Phila St.) 7 p.m.

Fri: Roy Book Binder (233 Lake Ave.) | 7 p.m.

Sat: **Prof. Louie and the Crowmatix** (233 Lake Ave.) 7 p.m.

Carney's Tavern

17 Main St., Ballston Lake. 280-7959 Every Thur: **Matty Finn** | 6 p.m. Fri: **New Shoes** 7:30 p.m. Sat: **Take 2** | 7:30 p.m.

ARTSCALENDAR



The music of 'la belle Province'

Quebecois trio De Temps Antan perform Saturday, Oct. 8, at the Old Songs Community Arts Center, 37 South Main St. in Voorheesville. For tickets or more information, call 765-2815 or visit oldsongs.org. Submitted photo

Castle Street Café

10 Castle St., Great Barrington, Mass. 413-528-5244

Fri: Rob Putnam & Kelly, Jeff Stevens, Jay Bradley | 8 p.m. Sat: Bev Roehler Band & John Colby Band | 8 p.m.

Centre Street Pub 308 Union St., Schenectady. 393-2337 Wed: **Jecco Trio** | 6 p.m. Thur: **Justin & Kevin** | 6 p.m. Fri: **Spittin Sirens** | 9 p.m. **City Beer Hall**

42 Howard St., Albany. 449-2337 Every Sat: 90s Dance Party | 11 p.m.

Club Helsinki

405 Columbia St., Hudson. 828-4800 or helsinkihudson.com

Fri: Grant Gordy & Ross Martin, **The Lucky 3** | 9 p.m. **Diamond Club Grill**

Embassy Suites, 88 Congress St., Saratoga Springs. 886-1111 Sat: **Phil Drum** | 7:30 p.m.

Dolce Vita

1727 State St., Schenectady. 357-3324 Fri & Sat: Music and Dancing

with Randy Loren | 5 p.m. **Emack & Bolio's**

366 Delaware Ave., Albany. 512-5100 Fri: Wheatley Matthews | 7 p.m. Sat: **Sydney Worthley** | 7 p.m. Every Tue: **Open Mic** | 7 p.m.

The Fountain Restaurant 283 New Scotland Ave., Albany.

482-9898

Fri & Sat: Skip Parsons' Riverboat **Jazz Band** | 9:30 p.m.

Fuze Box

12 Central Ave., Albany. 703-8937 Fri: DJ Devil's Advocate, DJ Vellocet, R3CLU23 | 9 p.m. Sat: 90s Dance Party | 9 p.m.

Gaffney's

16 Caroline St., Saratoga Springs. 587-7359

Thur: Rachael VanSlyke | 8 p.m. Fri: TJ Clancy and Babby Vannier

Sat: Foldin' Money | 9 p.m. Tue: **Open Mic** | 7:30 p.m.

Ginger Man

234 Western Ave., Albany. 427-5963 Fri: Dave Gleason | 8 p.m.

Grappa '72

818 Central Ave., Albany. 482-7200 Wed & Thur: Hamilton Street Jazz Company 6:30 p.m. Fri: **A3** | 6:30 p.m.

The Half Moon

48 S. Front St., Hudson. thehalfmoonhudson.com Sat: She Keeps Bees,

Last Good Tooth | 8 p.m. The Happy Cappuccino

1 Crossgates Mall Road, Albany. 313-7423

Fri: **Jeff Nania & Lecco Morris** | noon Brass & Blues | 7 p.m.

The Hollow Bar + Kitchen 79 N. Pearl St., Albany. 426-8550

Wed: **Girl Blue** | 8 p.m. Fri: **Moon Hooch** 9:30 p.m. Sat: **Jimkata** | 9:30 p.m.

Hudson River Music Hall

10 Maple St., Hudson Falls. 832-3484 Every Wed: **Open Mic** | 7 p.m. Fri: Wylie Mob | 8 p.m.

Lanie's Café

471 Albany-Shaker Road, Loudonville, 438-5005

Every Tue: **Dan Sherwin** | 6 p.m.

Continues on B8

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ACROSS 1.100%

- 5. Duke
- 9. For swimming
- 14. Affirm 15. Doing nothing
- 16. Indian coin
- 17. Expert 18. Advertising sign
- 19. Aquatic mammal
- 20. To simplify something
- 22. "All That Jazz" director
- 23. Carries on
- 24. A flat place? 26. Chem class
- 29. Be a busybody
- 33. close together
- 38. Petition to God
- 39. Halo, e.g.
- 40. Bait
- 42. Freshman, probably
- 43. Commendation
- 45. Theater area
- 47. Opposite of buyer
- 48. ___ green 49. Far from fresh
- 52. Punishes, in a way
- 57. Match play?
- 60. For a short time 63. Air freshener option
- 64. Den
- 65. Make, as a CD
- 66. Be crazy about
- 67. "Giovanna d'___" (Verdi opera) 68. Sundae topper, perhaps
- 69. Marsh growth
- 70. Become unhinged
- 71. Actor Paul

Answers on Pg. B 21

DOWN

- 1. Cell alternative
- 2. Throat dangler 3. Any "Seinfeld," now
- 4. Belch
- 5. Discovery
- 6. "I had no __
- 7. Gambling machines
- 8. Article of faith
- 9. An offer
- 10. Old
- 11. Chooses, with "for" 12. Bottom of the barrel
- 13. Arid 21. "Cast Away" setting
- 25. Current amount 27. Back
- 28. Drone, e.g. 30. Textile worker
- 31. Bad look
- 32. Coastal raptor 33. Beanies
- 34. Artificial bait
- 35. Face-to-face exam
- 36. Windsurfing vehicle 37. Bug
- 41. Chucklehead
- 44. Spiritual meetings
- 46. Bell 50. Book of ma
- 51. Discover
- 53. Ann ____, Mich.
- 54. Independent republic island 55. Blew it
- 57. Apple spray
- 56. Church assembly
- 58. Carnival attraction
- 59. ___ gin fizz
- 61. Flexible mineral 62. Support, with "up"

B8the spotOctober 5, 2016www.spotlightnews.com

ARTS CALENDAR

The Low Beat

335 Central Ave., Albany. 432-6572 Every Wed: **The Deadbeats** | 10 p.m. Thur: **Jasper, The Kindness, Factory Radio** | 8 p.m.

Fri: Disco Funk Happy Hour | 4 p.m. Kimono Dragons,

Henry's Rifle, Sun Natives | 8 p.m.
Sun: Throat Culture, Bleak,
Hellkeener, Dead Letters | 8 p.m.

Hellkeeper, Dead Letters | 8 p.m. Lucky Strike Social

1 Crossgates Mall Road, Albany. 556-3350

Sat: **Costa's House Party** | 10 p.m. Tue: **Marian Hill** | 9 p.m.

McGeary's

4 Clinton Square, Albany. 463-1455 Every Wed: **Best Damn Open Mic Ever with MotherJudge** | 7:30 p.m. Every Sun: **Blues Jam** | 7:30 p.m.

Merry Monk Albany 90 N. Pearl St., Albany. 463-6665

Sun: **Hot Club of Saratoga Trio** | noon

Moon & River Café

115 S. Ferry St., Schenectady. 377-5100 Every Sun: **Open Mic** | 7:30 p.m.

Mouzon House

1 York St., Saratoga Springs. 226-0014 Thur: **Hot Club of Saratoga Trio** | 7 p.m.

Sat: **Joe Gitto & Dan Wancyk** 6:30 p.m.

Mulligan's

6 Round Lake Road, Ballston Lake. 877-7938 Fri: **Joe's Boys** | 7 p.m.

Oh Bar

304 Lark St., Albany. 463-9004

Thur: Karaoke | 10 p.m.

Olde English Pub

683 Broadway, Albany. 434-6533 Wed: **Fish 'n' Chips vinyl-only DJ Night** | 8 p.m.

One Caroline Street

1 Caroline St., Saratoga Springs. 587-2026

Wed: **The Masters of Nostalgia** | 8:30 p.m.

Thur: Rodeo Barons | 8 p.m. Fri: Ultra Faux | 9 p.m. Sat: The New Standard | 9 p.m. Mon: Tim Wechgelaer | 7:30 p.m.

Panza's

510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. 584-6882

Sat: Colleen Pratt with Peg & Bill Delaney | 7 p.m.

Pauly's Hotel

337 Central Ave., Albany. paulyshotel.com Sat: Built for Battle, All For Revenge, Burden, Kill All Betrayers, Sworn To Vengeance | 8 p.m.

Prime at Saratoga National

458 Union Ave., Saratoga Springs. 583-4653

Sun: Joe Sorrentino Trio (jazz brunch) | 10:30 a.m.

Mon: Blues Jam | 8 p.m.

Putnam Den

63a Putnam St., Saratoga Springs. 584-8066

Thur: Melvin Seals & JGB, Cousin Earth | 9 p.m. Fri: Melvin Seals & JGB, Cold Flavor Repair | 9 p.m. Sat: Aqueous, Lord Electro | 9:30 p.m.

Rustic Barn Pub

150 Speigletown Road, Troy. 235-5858 Every Thur: **Open Mic** | 8 p.m.

Fri: **Knot Dead** | 8 p.m. Sat: **Big Frank and**

the Bargain Bingers | 8 p.m.
Sun: Maurizio Russomanno | 4 p.m.

Sake Japanese Steakhouse

611 Troy-Schenectady Road, Latham. 785-7215

Sat: **Groove Nouveau** 7:30 p.m.

Savoy Taproom

301 Lark St., Albany. 599-5140 Thur: **Savoy Soul Club vinyl night** 8 p.m.

Fri: Funk, soul, jazz night | 10 p.m.

Stockade Inn

1 North Church St., Schenectady. 346-3400

Thur: **Tommy Verrigni** | 7 p.m. Fri: **Bronte Roman** | 7 p.m.

Stoney's Irish Grill

1859 Van Vranken Ave., Schenectady. 382-9759

Thur: **Jecco** | 6 p.m.

Twisted Vine

384 Kenwood Ave., Delmar. 439-3241 Thur; **Skip Parsons' Clarinet Marmalade Trio** | 8 p.m.

Universal Preservation Hall

25 Washington St., Saratoga Springs. 584-2627 Sun: **Pierce Pettis** | 7 p.m.

The Upper Room 59 N. Pearl St., Albany. 694-3100

Sat: **American Zeppelin** | 7 p.m. **Upstate Concert Hall** 1208 New York 146, Clifton Park.

371-0012 or upstateconcerthall.com

Sat: **Ace Frehley** | 7 p.m.

The Van Dyck

237 Union St., Schenectady. 348-7999

Sat: Drum Battle: Michael Benedict, Mark Foster, Bob Halek, Brian Melick & Pete Sweeney with Keith Pray & Jon LeRoy | 8 p.m.

Waterworks Pub

76 Central Ave., Albany. 465-9079 the Thur: **DJ Shawn Gillie** | 11 p.m. 1). (Fri: **Karaoke** | 10 p.m. Mus

Sat: **DJ David Barna** | 10 p.m. Mon: **Karaoke** | 10 p.m.

Yono's

25 Chapel St., Albany. 436-7747 Fri and Sat: **Hamilton Street Jazz Duo** | 6:30 p.m.

MUSIC

Black Violin

Violinists Will Baptiste and Kevin "Kev Marcus" Sylvester perform their blend of classical, hip-hop, rock, R&B and bluegrass music with their band. Oct. 6, 7:30 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$20-\$39. Information: 273-0038 or troymusichall.org.

Kaia Kater

Canadian singer-songwriter steeped in the traditions of Appalachian music, hosted by Michael Eck. Oct. 7, 8 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Tickets: \$20. Information: 465-5233 or thelinda.org.

Holly Near

Singer-songwriter, activist, actress and women's music legend. Oct. 8,

information, call 434-1703.

7:30 p.m., Eighth Step Upstairs, First Presbyterian Church, corner of State and Willett streets, Albany. Tickets: general admission \$30, Gold Circle \$50. Information: 434-1703.

The Gibson Brothers

Two-time IBMA Entertainers of the Year and one of the biggest bluegrass acts in the United States (see feature on Page 1). Oct. 8, 7:30 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$25 and \$30. Information: 273-0038 or troymusichall.org.

De Temps Antan

Traditional music from Quebec with an energetic, contemporary lift. Oct. 8, 7:30 p.m., Old Songs Community Arts Center, 37 South Main St., Voorheesville. Tickets: adults \$25, children 12 and under \$5. Information: 765-2815 or oldsongs.org.

An Evening with Graham Nash

Classic folk-rock singer-songwriter best known for his work with the Hollies and Crosby, Stills & Nash. Oct. 9, 7:30 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$36-\$66. Information: 273-0038 or troymusichall.org.

Gavin DeGraw and Andy Grammer

Two adult-contemporary singer-songwriters, with special guest Wrabel. Oct. 11, 8 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$34.50-\$79.50. Information: palacealbany.com.

Fantastic Negrito

Modern American bluesman Xavier Dphrepaulezz performs. Oct. 13, 8 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes. Tickets: \$26 and \$32. Information: palacealbany.com.

Daisycutter

Sara Milonovich and her band celebrate the release of a new CD. Oct. 14, 8 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Tickets: \$20. Information: 465-5233 or thelinda.org.

Sandi Patty

Christian music icon brings her "Forever Grateful" farewell tour to town with a lineup of special guests including Veritas and members of Patty's family. Oct. 15, 7 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$25 and \$45, with a \$100 platinum package available. Information: 273-0038 or troymusichall.org.

Boogie Stomp

The piano-playing blues/Americana duo of Bob Baldori and Arthur Migliazza come to town for a night of rollicking music. Oct. 15, 7:30 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes. Tickets: \$22. Information: palacealbany.com.

Celtic Fiddle Festival

Kevin Burke, Christian Lemaitre and Charlie McKerron showcase the fiddle styles of Ireland, Scotland and the Brittany section of France. Oct. 15, 7:30 p.m., Old Songs Community Arts Center, 37 South Main St., Voorheesville. Tickets: adults \$25, children 12 and under \$5. Information: 765-2815 or oldsongs.org.

The Eighth Step Presents John McCutcheon

Multi-instrumentalist singer-songwriter. Oct. 15, 7:30 p.m., GE Theatre at Proctors, 432 State St., Schenectady.



Saturday: 9am-6pm | Sunday: 9am-5pm

SteubenStMarket.com



www.spotlightnews.com October 5, 2016 | the spot B9

ARTS CALENDAR

Information: 346-6204 or www.proctors.org.

Nick Barr: 50 Years in the Making

WAMC's "Bluegrass Time" host celebrates 50 years in bluegrass music with the help of special guests including Dave Kiphuth and Phil Rosenthal, Al & Kathy Bain, Marty Wendell and an appearance by the Barr Brothers. Oct. 15, 8 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Tickets: \$15. Information: 465-5233 or thelinda.org.

THEATER

Outside Mullingar

John Patrick Shanley's comedy about an unlikely romance between two rural, middle-aged neighbors in the Irish countryside. Presented by Capital Repertory Theatre, 111 North Pearl St., Albany, through Oct. 16. Shows: Tuesday through Thursday 7:30 p.m., Friday 8 p.m., Saturday 3 and 8 p.m., Sunday 2 p.m. Information: 445-7469 or capitalrep.org.

Southern Comforts

Kathleen Clark's romantic comedy about a late-in-life relationship between a quite, reclusive widower and a vivacious Southern widow. Presented by The Lake Theatre, Holiday Inn Resort, Lake George, through Oct. 22. Shows: 11:30 a.m. matinees Tuesdays through Thursdays, 6:30 p.m. dinner shows Wednesdays through Saturdays, with a special 11:30 a.m. matinee on Oct. 8. Information: 668-5762, ext. 411 or LakeTheatreProductions.com.

Time Stands Still

Donald Margulies' play about a photojour-



nalist who returns from Iraq to find things have changed back home. Presented by Curtain Call Theatre, 210 Old Loudon Road, Latham, through Oct. 15. Shows: Thursday 7:30 p.m., Friday and Saturday 8 p.m., Sunday 3 p.m. Tickets: \$24. Information:

877-7529 or www.curtaincalltheatre.com.

Disenchanted!

more information, visit www.albany.edu/writers-inst.

An irreverent musical featuring some of the best-known fairy tale princesses letting their hair down, through Oct. 9, GE Theatre at Proctors, 432 State St., Schenectady. Shows: Wednesday through Saturday 7:30 p.m., Sunday

1:30 amd 6:30 p.m. Information: 346-6204 or www.proctors.org.

An American in Paris

The Tony Award-winning musical about an American soldier and a mysterious French girl in post-war Paris. Oct. 14-21, Proctors, 432 State St., Schenectady. Shows: Oct. 14 and 15 8 p.m., Oct. 16 2 p.m., Oct. 18 and 19 7:30 p.m., Oct. 20 1:30 and 8 p.m., Oct. 21 8 p.m. Tickets: \$25.75-\$95.75. Information: 346-6204 or www.proctors.org.

Submitted photo

COMEDY

The Funny Bone

Chicks Are Funny, Oct. 5, 7:30 p.m. Get Your Rack Back Comedy Night, Oct. 6, 7:30 p.m. Jay Pharoah, Oct. 7, 7:30 and 10 p.m., and Oct. 8, 7 and 10 p.m. Bill Blank, Oct. 9, 7 p.m. Crossgates Mall, Western Avenue, Guilderland. Information: 313-7484 or Albany.funnybone.com.

The Comedy Works

John DiCrosta headlines, Oct. 5 and 6, 8 p.m., and Oct. 7 and 8, 8 and 10 p.m. 388 Broadway, Saratoga Springs. Information: 275-6897 or thecomedyworks.com.

Pretty Much the Best Comedy Show

Rapper, comedian, writer and actor Zach Sherwin headlines this month's show. Oct. 15, 8 p.m., Proctors Underground, 432 State St., Schenectady. Tickets: advance \$15, day of show \$20. Information: 346-6204 or www.proctors.org.

DANCE

Albany First Friday Swing Dance

A free swing dance lesson, followed by open dancing, with music performed by the Nisky Dixie Cats and a mid-event showcase. Oct. 7, 7 p.m., Albany Elks Club, 25 South Allen St., Albany. Tickets: general admission \$15, Dance Flurry members \$12, students/seniors \$10. Information: www.danceflurry.org.

Hudson Valley Dance FestivalA fundraiser by Dancers Responding to AIDS featuring pieces by Les Ballets Trockadero de Monte Carlo, Caleb Teicher

& Company, Emery LeCrone Dance, Jen-Continues on B10





B10 the spot | October 5, 2016 www.spotlightnews.com

ARTS CALENDAR

nifer Muller/The Works, Kyle Abraham/ Abraham.In.Motion and MADBOOTS DANCE, as well as choreography by Nick Kenkel. Oct. 8, 2 and 5 p.m., Catskill Point, 1 Main St., Catskill. Tickets: \$40. Information: 212-840-0770, ext. 229 or www.dradance.org.

FAMILY

The Addams Family

Saratoga Children's Theatre's production of the Broadway hit musical. Oct. 14 and 15, Saratoga Music Hall, City Hall, Broadway, Saratoga Springs. Shows: Friday and Saturday 7 p.m., Saturday matinee 1 p.m. Tickets: adults \$10, children 10 and under free. Information: 430-7423 or www.saratogachildrenstheatre.org.

FILM

Before the Devil Knows You're Dead

Crime movie featuring Ethan Hawke, Albert Finney, Marisa Tomei and the late Philip Seymour Hoffman. Presented by the New York State Writers Institute, Oct. 7, Page Hall, University at Albany downtown campus, 135 Western Ave., Albany. Free. Information: 442-5620 or www.albany.edu/writers-inst.

Music Hall Movie Series

See "Jurassic World." Oct. 11, 7 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes. Tickets: \$5. Information: palacealbany.com.

The Rocky Horror Picture Show

The cult classic, with a shadowcast provided by the Kids of Albany. Oct. 12, 7 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$7. Information: palacealbany.com.

LITERARY

New York State Writers Institute

Author William Kennedy, composer Evan Mack and librettist Joshua McGuire discuss the new, original opera, "Roscoe." Oct. 5, 7 p.m. Small Courtroom, Federal Building, SUNY System Administration, 353 Broadway, Albany. Information: 442-5620 or www.albany.edu/writers-inst.

Imbolo Mbue

Young Cameroonian-American author

discusses her novel, "Behold the Dreamers" as part of the New York State Writers Institute's series, "The New Americans: Recent Immigrant Experiences in Diction, Nonfiction, and Film." Oct. 6, 8 p.m., University at Albany Performing Arts Center, uptown campus, 1400 Washington Ave., Albany. Free. Information: 442-5620 or www.albany.edu/writers-inst.

October Book Talks

Barry Finley reviews "Valiant Ambition: George Washington, Benedict Arnold, and the Fate of the American Revolution" by Nathaniel Philbrick. Oct. 11, 12:15 p.m., Albany Public Library main branch, 161 Washington Ave., Albany. Free. Information: 427-4300.

MISCELLANEOUS

Ringling Bros. and Barnum & Bailey Circus

World-renowned circus company returns to town. Oct. 6-9, Times Union Center, 51 South Pearl St., Albany. Shows: Thursday and Friday 7 p.m.; Saturday 11 a.m., 3 p.m. and 7 p.m.; Sunday 2 p.m. Tickets: \$29-\$74. Information: www.timesunioncenteralbany.com.

Moon Gazing at Grafton Lakes State Park

Celebrate "Observe the Moon Night" with the help of Albany Area Amateur Astronomers, who will share their wisdom about the Moon. Oct. 8, 7 p.m., Grafton Lakes State Park, Route 2, Grafton. Cloudy skies may cancel the program: call 279-1155 to confirm.

University at Albany Speaker

Series: Brandon Stanton

Photographer and creator of Humans of New York, a popular and influential website. Oct. 8, 8 p.m., SEFCU Arena, University at Albany uptown campus, 1400 Washington Ave., Albany. Free; registration required. Information: www.albany.edu.

Pretty in Pink Zumbathon

Fundraiser for the American Cancer Society. Participants are asked to wear their best pink zumba gear, and there are prizes for the best dressed. Oct.12, 6 p.m., Proctors, 432 State St., Schenectady. Tickets: \$10. Sponsored by Best Fitness. Information: 836-5624, 346-6204 or www.proctors.org.

Stillwater United Church Harvest Roast Beef Dinner

Family-style servings of roast beef, mashed potatoes and gravy, winter squash, coleslaw, rolls, homemade pie and beverages. Takeouts are available. Cost: adults \$12, children ages 5-10 \$5, children under 5 free. Oct. 13, 747 Hudson Ave., Stillwater. Information: 664-7984.

Candlelight Walking Tours

Explore the haunted past of the historic Stockade section of Schenectady. Oct. 14, 21 and 28. Tours leave at 7 and 7:30 p.m. from the Schenectady County Historical Society, 32 Washington Ave. Tickets: \$12. Information: 374-0263, ext. 5 or schenectadyhistorical.org/walkingtours.

Costume swap

Castleton Public Library is seeking donations of Halloween costumes and accessories for its annual Halloween

Costume Swap, to be held Oct. 15 from 11 a.m. to 4 p.m. New or used costumes, masks, wigs and accessories for adults, teens and children are accepted. Items must be in clean condition. Donations are accepted through Oct. 14 at the library, 85 South Main St., Castleton. Information: 732-0879.

Children and teen acting classes

Five-week programs for children ages 7-16 on Saturdays beginning Oct. 22. Home Made Theater, Spa Little Theater, Saratoga Spa State Park, Saratoga Springs. Information: 587-4427.

Geeks Who Drink

A quiz show with eight rounds of eight questions each, including a music round, an audio round and a picture round. Free to play, with prizes for the top two teams and bonus prizes throughout the game. Tuesdays, 8 p.m., Olde English Pub, 683 Broadway, Albany.

Weekly ceramics

Two-hour Thursday class taught by Chris Singer, 1 to 3 p.m., Schenectady Jewish Community Center, 2565 Balltown Road, Niskayuna. Cost: members \$8, guests \$12; all materials are included. Information: 377-8803 or www.schenectadyjcc.org.

One Big Roof

Weekly classes include Gentle Yoga Essentials (Monday, 8:30 a.m.), Tai Chi (Tuesday, 7 p.m.), Deepening Gentle Yoga (Wednesday, 8:30 a.m.), and Dharma Meditation (Sunday, 9 a.m.). 538 Maple Ave., Saratoga Springs. Information: www.oneroofsaratoga.com.







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ARTS CALENDAR

EXHIBITS

Albany Center Gallery

"Where Things Go: Sculpture by Paul Mauren," Oct. 7 through Nov. 4. Opening reception: Oct. 7, 5 p.m. 39 Columbia St., Albany. Information: 462-4775 or www.albanycentergallery.org.

Albany Institute of History and Art

"The Art of Seating: 200 Years of American Design," through Dec. 31; "Spotlight: Alexander Hamilton," through Dec. 31; plus "A Gather of Glass: Selections from the Museum's Collection," "Ancient Egypt" and more. 125 Washington Ave., Albany. Information: 463-4478 or www.albanyinstitute.org.

Brookside Museum

"Journeys," a solo art exhibition by artist/author Eva Marie Loucks, through Nov. 5; artist reception Oct. 7, 6 p.m. 6 Charlton St., Ballston Spa. Information: 885-4000 or www.brooksidemuseum. org.

Collar Works

"Reclamation," an exhibit guest curated by Ian Berry, Dayton Director of Skidmore College's Tang Teaching Museum and Art Gallery, through Oct. 22. 621 River St., Troy. Information: 285-0765 or www.collarworks.org.

Esther Massry Gallery

"Hitting Bumps on the School Bus," an exhibition of paintings by Danny Ginsburg, through Feb. 26. The College of Saint Rose, Massry Center for the Arts, 1002 Madison Ave., Albany. Information: 485-3902 or www.strose. edu/gallery.

The Laffer Gallery

"Nurture Nature," an exhibit featuring works by Audie Sturman, Celeste Susany, David Hill, Karen Elem, Kate Edwards, Leslie Prck, Mikel Wintermantel, Nancy Magnell and Takeyce Walter. Through Oct. 16. 96 Broad St., Schuylerville. Information: www.thelaffergallery.com.

Lake George Arts Project

"Oatman & Father, Signmakers," featuring the creations of Gordon and Michael Oatman, through Oct. 28. Courthouse Gallery, Old County Courthouse, corner of Canada and Lower Amherst streets, Lake George. Information: 668-2616 or www.lakegeorgearts.org.

The Little Gallery

"One Ground Beetle: A Year in Haiku," featuring poems by Melody Davis and prints by Harold Lohner, through Oct. 15. Rathbone Hall, Sage College of Albany, 140 New Scotland Ave. Information: sage.edu.

Mabee Farm Historic Site

"In Whom We Trust: At the Crossroads of Faith & Community," a photography exhibit by Michael Diana. 1100 Main St. (Route 5S), Rotterdam Junction. Information: schenectadyhistorical.org/exhibits.

miSci

"Tinkering: Bring Out Your Inner Engineer," a hands-on exhibit from the San Francisco Exploratorium, through May 17. Nott Terrace Heights, Schenectady. Information: 382-7890 or www.miSci.org.

National Museum of Dance

"50 Years at SPAC," celebrating the

golden anniversary of the venerable performance venue; "The Dancing Athlete," an exhibit that explores the connection between dance and sports; "Gen," a life-sized sculpture of former New York City Ballet principal dancer Gen Horiuchi; plus "A Tribute to Dancers in Film," "Making Art Dance" and "2015 Hall of Fame Inductees Mark Morris and Rudolf Nureyev." 99 South Broadway, Saratoga Springs. Information: 584-2225 or www.dancemuseum.org.

New York State Museum

"Best of SUNY Student Art Exhibition 2016," through Oct. 23; plus "Hudson Valley Ruins," "Art for the People" Decorated Stoneware from the Weitsman Collection," "Beneath the City: An Archeaological Perspective of Albany" and more. Empire State Plaza, 222 Madison Ave., Albany. Information: 474-5877 or www.nysm.nysed.gov.

Photography Center of the Capital District

"Tenth Annual Members Show," featuring prints by 34 center members, through Oct. 30. 404 River St., Troy. Information: 273-0100 or www.photocentertroy.org.

Saratoga Arts Center

"30th Anniversary Invitational," featuring 30 artists who have previously exhibited their works at the gallery, through Oct. 29, 320 Broadway, Saratoga Springs. Information: 584-4132 or www.saratoga-arts.org.

Saratoga Clay Arts Center

"Convergence," featuring works by Shoji Satake and Jenn Allen, through Oct. 15. 167 Hayes Road, Schuylerville. Information: saratogaclayarts.org.

Shirt Factory Gallery

"The Colors of Fall," featuring works in all media by local and regional artists that celebrate autumn in the Adirondacks. Through Oct. 29. 71 Lawrence St., Glens Falls. Information: www.northcountryartscenter.org.

Tang Teaching Museum

"Sixfold Symmetry: Parrern in Art and Science," an exhibition of contemporary and historical art, artifacts and material culture, featuring collaborations with faculty members from multiple departments, through March 12, Skidmore College, North Broadway, Saratoga Springs. Information: tang.skidmore.edu.

Thomas Cole National Historic Site

"Open House: Contemporary Art in Conversation with Cole," a new series of art projects starting with Jason Middlebrook, through Oct. 30; plus "Thomas Cole: The Artist as Architect," through Oct. 30. 218 Spring St., Catskill. Information: 943-7465 or thomascole.org.

Union College

"Slippery Slope by Georgie Friedman," Peter Irving Wold Center, College Atrium, second floor, through Nov. 30. Information: 388-6318 or www.union. edu/gallery.

University Art Museum

"Future Perfect: Picturing the Anthropocene," through Dec. 10. University at Albany uptown campus, 1400 Washington Ave., Albany. Information: 442-4038.

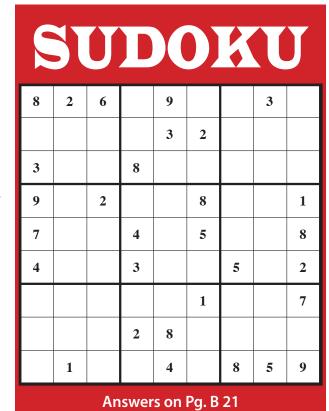
CALL FOR ARTISTS

Battenkill Chorale

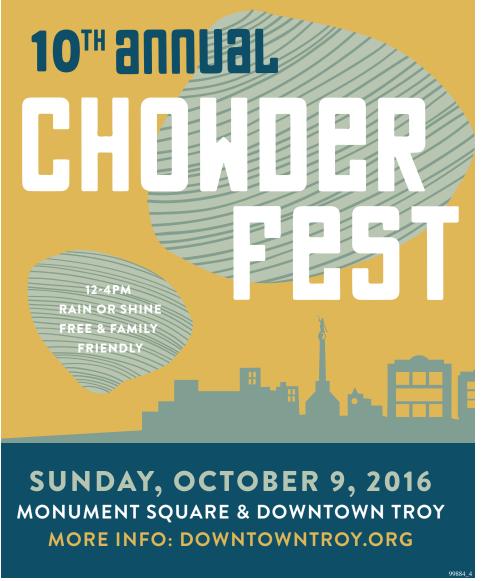
Seeking experienced choral singers for its 22nd year, which opens Jan. 22 at Skidmore College's Zankel Music Center with a Civil War-themed concert. Rehearsals are Thursdays at 7:30 p.m., 25 East Main St., Cambridge. New members accepted through Oct. 6, with auditions for vocal placement and solos only. Membership fee: \$35 per concert program, plus the cost of music. Information: 677-8233.

Community Voices

Seeking singers in all voice parts for its December concert, "All is Calm, All is Bright — Celebrating the Christmas Truce of 1914." Rehearsals are Tuesdays at 7 p.m. in East Greenbush. Information: 370-5434.









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CULINARY ARTS



By ANN LINDA CIOTOLI

news@spotlightnews.com

Ingredients — Serves five to eight

10 uncooked bratwurst links

- 3 bottles of your favorite beer (12ounce)
- 1 large sweet onion sliced
- 1 jar (14ounce) sauerkraut well drained
- 3/4 cup mayonnaise
- 1/4 cup chili sauce
- 2 tbs. Ketchup
- 1 tbs. finely chopped onion
- 2 tsp. sweet pickle relish
- 1 clove of garlic chopped fine
- 1 tsp. fresh ground pepper
- 10 hoagie rolls
- 10 slices of Swiss or white cheddar cheese

Preparation

In a large skillet brown bratwurst in batches. Drain, and in a five-quart slow-cooker add beer, sliced onion, and sauerkraut, and then bratwurst. Cook covered seven to nine hours or until the sauerkraut is cooked through.

Preheat oven to 350°. In a small bowl, mix mayo, chili sauce, ketchup, chopped onion, relish, garlic and pepper until blended. Spread over cut sides of rolls, top with cheese, bratwurst and sauerkraut. Place on ungreased cookie sheet. Bake eight to ten minutes until cheese is melted.

Wine Pairing

Vino Cobos Felino Malbec - Mendoza, Argentina - This wine is ruby red with violet hues. It has aromas of dark berries, and tastes of black licorice, and chocolate.

> Until next recipe, Annie

Ann Linda Ciotoli owns a catering business called Good Enough to Eat. You can often find her here in the Culinary Arts section of The Spot 518 under the weekly column Food & Vino. For questions and more information, e-mail Ann at sodeliciousalc@yahoo.com.



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CULINARY ARTS

Destroy excuses

Just another hurdle you can overcome, if you only get up

By DARRYL PARTRIDGE

news@spotlightnews.com

I'm too tired. There's no time. I can't due to an old injury. I never see results, so it does no good. I'm too busy during the summer, I will start in the fall. I will start tomorrow.

Sound familiar?

These are all the excuses that prevent us from getting in the gym to work out and become a better, healthier person.

Life is busy and hectic. However if we don't take care of ourselves our daily lives only become more exhausting and stressful. Excuses for not

working out and pushing ourselves physically only result in cheating ourselves. Recently a client shared a motivational email with me. I am not much for getting my motivation and inspiration from quotes that are shared over social media — I am motivated and inspired by action, not reading words — although, every once in a while a quote will resonate with me like this one did. It speaks to what I

strive to instill in my training clients.

"Be the person you could've been, now," said Darren Hardy.

I had just finished my Friday 5:30 to 10:00 morning shift. Tired and dragging from a week of early hours, I was looking forward to getting home, popping my leg off and relaxing for a few hours. I had even considered taking a nap, something I never do. After making myself a cup of coffee and settling into my favorite spot on the couch, I removed my leg, tossed my stump and foot up on the ottoman, then sat back to relax. I open my first email and there was the quote, "Be the person you could've been, now." I quickly realized that sitting around doing nothing for the next few hours wasn't being the person I could have been. I wanted more, and with the Tough Mudder coming up, I decided I didn't want to just complete it, I want to kill it. My plans for the next few hours changed.

Before I knew it, I found myself running through the nature trails at a local nature preserve. I then returned home for some lunch and then back to the gym for a two-hour strength and power workout. At the end of the day when I crawled into bed, I slept well knowing I had not cheated myself out of being the person I could have been.

Anyone who has seen me in action or has trained with me will tell you two

Continues on B31



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THEATER REVIEW

Submitted photo

Hanky best for this comedy

Impressed by set detail, but moved by everything else

By JAMES YEARA

news@spotlightnews.com

he rain falls mainly upstage. The rain is intermittently interesting to watch fall. "It's raining onstage" someone whispers. It is steady and regular, hardly noticeable except when the LED lights catch a stream of water and then it sparkles just for a moment. That is quite beautiful and melancholic to witness. As John Patrick Shanley's 2014 "Outside Mullingar" is set just outside the town of Mullingar in Ireland, and as most of the action occurs mainly outside of what transpires on stage, the rain is a perfect metaphor. It gives a sense of Ireland without giving you a cold or a chill or any

■ IF YOU GO

- What: "Outside Mullingar"
- When: Now through Oct. 16
- Where: Capital Repertory Theatre, downtown Albany
- **How much:** \$20 \$55
- **Info:** The Capital Rep. org

like a screenplay, leaping over settings and idle chitchat about the 2008 Beijing Olympics, but after Act I's four scenes and 80 minutes of exposition expire, Act II engages the audience as CapRep Artistic Director Maggie Mancineli-Cahill's sure touch with lyrical romance massages the play and the slow-burn romance between the outsiders Anthony Reilly (David Keener) and Rosemary Muldoon (the luminescent Kim Stauffer, whose Irish accent is as believable as her Rosemary's yearning to

"The Quiet Man" (the accents here much closer to John Wayne's Sean Thornton Iowan Irish than Maureen O'Hara's Mary Kate Danaher Gaelic authenticity), "Outside Mullingar"s Act II strips the play to Anthony and Rosemary. It is all the better for it. As the pair's prickly duet lay bare their aches over their "otherness," i.e., their souls' individual visions of the world that keeps them outside even their small town's society, they wend their whirling ways to unity. What makes Anthony and Rosemary outsiders----"I believe that I am a honey bee but I know what I am" Anthony declares desperately; "There are cures for cancer easier than your moods" he utters in frustration; "I hate the Bible: they ought to call it 'The Book of Awful Stories" Rosemary exclaims---makes for a believable and heartmatters little when there's not a dry eye in the house. Fans of happy Irish endings a la "The Quiet Man" should not miss "Outside Mullingar." Bring a hanky.

Friday paint club in Menands

MENANDS —

The Friday Paint Club continues to meet at the Historic St. Agnes Cemetery from 10 a.m. to noon on a number of days over the next two months in the Living Arts Room Art Gallery.

Price per class is \$20 for an 8x10-inch canvas and \$25 for an 11x14inch canvas.

Paints brushes and two hours of professional instruction are included. No prior experience is necessary. Paint Club participants put their own spin and apply their own style to whatever the instructor presents.

Coffee, juices and baked goods from the Schuyler Bakery in Watervliet are provided. Dates and themes are:

Oct. 7: Flowers in a Tree Trunk

Oct. 21: Angel in the Fog

Oct. 28: Beautiful

Nov. 4: Colorful Clouds

Nov. 18: Night Sky

Dec. 9: Karner Blue Butterfly

Dec. 16: Red Wing Blackbird in the Reeds



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IN BRIEF

Troupe 'Sleep-Walks' in Troy

TROY — The Ellen Sinopoli Dance Company will perform "SleepWalks: The Body of Dreams" at the Chapel and Cultural Center in Troy, Friday, Oct. 21 and Saturday, Oct. 22.

The multi-media performance presents dance and visual art derived from collective dream experiences shared by ESDC in collaboration with Sound/video artist

Andrea Williams, composer Lee Pembleton and creative coder Todd Anderson.

The show starts at 8 p.m. on both nights. For information call 274-4493 or visit chapelandculturalcenter.org.

Who killed Vincent Chin?

ALBANY — The New York State Writers Institute poses the question, "Who killed Vincent Chin," Friday, Oct. 14

A Chinese automotive engineer is mistaken as Japanese and murdered by two autoworkers who blame him for the competition from the Japanese auto industry. The film, which was nominated for a Best Feature Documentary Oscar, recounts the repercussions for the families and the failures of the American justice

A screening of the film accompanied by commentary from director Christine Choy is to be

\$1 off all Drinks,

3 Bottles for \$10, 3-7 Monday-Saturday

held at 7:30 p.m. at Page Hall, 135 Western Ave, in Albany.

For more information, visit www.albany.edu.

Leaf peep at Thacher Park

NEW SCOTLAND

Thacher Park continues with featuring programs focused on appreciating the wonders of nature.

Below is a list of programs scheduled for the coming weeks:

Fall Foliage Walk — Saturday, Oct. 8, at 10:00 a.m.: A leisurely two-mile walk along the Blue Trail in the southern part of Thacher Park. Meet at Beaver Dam Road.

Moonlight Escarpment -Saturday, Oct. 15, at 6:00 p.m.: Enjoy a unique view of Thacher Park after hours on a moonlight walk along the Escarpment Trail. Learn about moon astronomy and witness sunset and moonrise at about the same time. Meet

at the Park Office.

Fall Foliage Walk — Sunday, Oct. 16, at 2:00 p.m.: There is nothing that says Fall has come like the changing of the leaves! Walk along the Escarpment Trail and marvel at the beautiful colors of fall as we peer out over the cliffs. Along the way learn how to identify some of New York's native trees. Meet at the Pear Orchard picnic area.

Please call 872-0800 to register. for any of the above programs.



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Lawrence Karlow DDS

LAWRENCE A. KOTLOW DDS

As a parent you have great expectations for motherhood. Unfortunately for many mothers, breastfeeding becomes a toe-curling, painful experience because of poor or missed diagnoses of tethered oral tissues such as tongueties and lip-ties. Dr. Kotlow's new book, SOS 4 TOTS, demystifies why. Dr. Kotlow has been treating infants for breastfeeding difficulties due to tongue and upper lipties since 1974. In recent years, with the increased number of mothers desiring to breastfeed their infants, he has revised countless abnormal frenum attachments of what are now referred to as "tethered oral tissues" (TOTs). Don't let anyone tell you it is a "Placebo" effect when these tissues are revised. Thousands of infants and mothers have been able to successfully resolve these issues and have a pleasurable, successful breastfeeding experience. No need for your baby to undergo needless general anesthesia or spend time in the hospital, using the state of the art in laser oral surgery, infants and older children can safely and quickly have these tissues corrected. No need to have most infants take adult acid reflux drugs when most infants having reflux do so due to swallowing air. Air induced reflux, not adult acid reflux! Rekindle that bond you wanted with your infant.

If you are a mother who has been suffering needlessly; there may be times when you will cry as you read this book because you will realize the problems are not your

fault; the professionals on whom you were depending for help had a basic lack of understanding. SOS 4 TOTS seeks to expose the myths about breastfeeding and heal the heartbreak to make breastfeeding a joy.

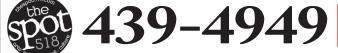
For more information, call my office @ 518-489-2571 or visit my website @ kiddsteeth.com.

Books available on Amazon, online through our web-site or locally at the BookHouse in Stuyvesant Plaza.











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BREAST CANCER AWARENESS MONTH

Fight cancer looking fabulous

Rumors Salon partners with local hospitals with special spa program

LATHAM — A new program will enable patients at St. Peter's Hospital Cancer Care Center to enjoy a free salon, beauty, and other service at Rumors Salon and Spa.

The new program, called "Tuesdays with Rumors," was announced Sept. 16 at a celebration to commemorate Rumors'

30-year anniversary.

Beginning in October, Rumors will open their salon and spa on the second Tuesday of every month to women who are patients of St. Peter's Hospital Cancer Care Center.

Complimentary services to be offered include: hair removal, manicure, pedicure, mini facial, mini massage, wig fitting, wig washing, wig styling, blowout blow-dry, and conditioning treatment.

"We are so pleased to partner with Rumors Spa and Salon on this program, and so thankful to them for the generosity, compassion, and comfort they are offering to our patients who are battling cancer," said Virginia Golden, chief executive officer of St. Peter's Hospital and Albany Memorial Hospital.

"A cancer diagnosis is one of the most difficult challenges a person can face in life," Golden said. "We should all strive to be a healing presence, as Rumors is with this new initiative, for those who are in the process of overcoming cancer and getting back to the lives they love."

Rumors partners Marri Aviza and Lisa Norgrove founded Rumors Salon and Spa in 1986 with a team of four and a single goal: "We want you to feel royally gorgeous, from the inside out." Today, the Rumors team is comprised of 104 internationally trained professionals.

"The 'Tuesdays with Rumors' program will have a very special meaning to me," Aviza said. "Being a veteran of breast cancer, I was inspired to start this program because not all women have access to beauty services to help them look better and feel better. In doing this program, we believe that we will help the outlook of these special ladies on their diagnosis and brighten their moods. I know how these women feel and being

able to provide them a day of peace and pampering is truly beyond words.

"My business partner, Lisa Norgrove, and I are committed to this community and we love that we are able to help women in this very special way," Aviza said.

Women who are patients at St. Peter's Hospital Cancer Care Center and wish to participate in "Tuesdays at Rumors" should consult their physician, who must fill out a doctor's note specifying approved services and any limitations. With the note in-hand, patients can then call Rumors at 518-786-1777 to make a

In addition to complimentary service for St. Peter's Hospital Cancer Care Center patients, Rumors is giving accompanying patient caregivers a 20-percent discount off a salon or spa

For more information on St. Peter's Hospital Cancer Care Center, please visit:http://www.sphcs.org/ cancercarecenter

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■ IN BRIEF

The Fleshtones at The Hanger

Off the Record opens the show at 3 p.m.

TROY — On Saturday, Oct. 15, at 3 p.m., The Fleshtones hit the stage at The Hanger in Troy as part of its "40th Anniversary Tour."

Also on the bill to open things up is local rock trio, Off the Record.

The Fleshtones originally formed in New York City in 1976. The four-piece

band played regularly in Manhattan's East Village, most notably at the iconic music club CBGB, where Harry, The Ramones, Talking Heads, Iggy Pop and other pioneering rock artists played before hitting mainstream.

Off the Record has received a healthy following locally with a reputation of covering tracks from the '60s and '70s.

Tickets are \$10. For tickets and information, go to www.TheSpot518. com/tickets.



CONCERT REVIEW

Catskill Chill closes out summer



Photo by Michael Allen

First year for New York fest in Keystone State

By KAT HORTON & STEVE OLKER

nysmusic.com

LAKEWOOD, Penn. — Catskill Chill rounded

out the New York summer festival season last week with a stacked line-up and a new location, moving just a few miles from its former location in Hancock, N.Y. to find its new home at New Minglewood.

The three-day festival's inaugural Thursday night pre-party was a great addition to the weekend. Twiddle highlighted the evening with two sets including a sit-in with Scott Hannay of Mister F. Although the turn out for the night's first two bands, Aqueous and Jimkata, was light, the packed house for Twiddle verified that many festival-goers had taken advantage of the Thursday night ticket.

Arriving early had more benefits than just the music. Many festival attendees enjoyed the ability to set up camp and



explore the grounds before the barrage of attendees arrived on Friday. "The best part of the Thursday ticket was being able to get the choice camping spots." Jennifer Bliss of Saratoga Springs, told NYS Music. "It was also nice to have our camp ready to go, so that we could really enjoy the music on Friday."

Mike Gordon drew the largest crowd of Friday night to the main stage. Among the songs performed, the Phish bassist played "Let's Go," a tune generally reserved for a Phish set list. George Clinton and Parliament Funkadelic also enjoyed a great turn out, many of whom had never seen the master of funk live. "I had only heard the name George Clinton, but didn't really know what he was about. Thinking about it, that set might have been my favorite of the weekend. I liked that Chill has artists like that on their line-up," noted Brian Thomas of Cleveland. Ohio.

Other much talked about sets on Friday night included Pink Talking Fish and Pink Talking Fu. The Pink Talking Fish set included a variety of Phish, Talking Heads and Pink Floyd with a sitin from Kung Fu's Tim Palmeri on "Great Gig in the Sky" and "Crosseyed and Painless."The B Stage was turned into a dance party during Pink Talking Fu (Pink Talking Fish and Kung Fu.) The two bands highlighted the music of David Bowie and Prince in a tribute set that

featured both top 40 hits and beloved deep tracks. Shira Elias of Turkuaz and Hayley Jane both sat in for vocal performances throughout the set.

Friday's sleeper sets included music by Funky Dawgz Brass Band, Mister F and Goldfish. All three bands are well worth seeing

and turned out amazing performances.

Saturday's main stage was highlighted with an assortment of musical styles that kept the variety going throughout the day. Ryan Montebleau, Cabinet and Keller Williams' Grateful Grass added an element of relaxation and chill while

Lettuce and Particle were funky and dance worthy.

The B-Stage popped off thanks to sets from Turkuaz and Tauk. Formula 5, Big Something and the Magic Beans all generated note-worthy buzz at their various sets on Saturday as well.

Saturday was the day of tribute sets, providing a plethora of familiar music performed by some of the festivals most beloved artists. Fikus and Shwizz came together to perform as Shwikus Plays the Beatles, while the Heavy Pets played the 80's and Lespecial paid tribute to

Primus.

"I just loved all of the tribute sets at Chill," said Nick Augustine, of Silver Springs, MD. "Every one that I saw was executed perfectly!"

The most intriguing set of the night went to Turbine, whose RadioDead set was at times mind

was overheard often during the set.

For the second year in a row, members of Dopapod and Turkuaz brought the house down during their tribute set, this year with a tribute set to the preppieloved classic soft rock of the 80s known as Yacht Rock. The set was fun,

in the middle of a musical time capsule.

Josh Schwartz (Turkuaz) receives MVP nods for his spot on vocal tribute to soulful baritone Michael McDonald. However, Rob Compa who tackled vocals on the Eagles classic "Hotel California" as well as

> the entire Dopakuaz crew wins honorable mention during a production perfect version of the song. The set also included the most "had to be there" moment as Dopapod bassist Chuck Jones

took to the Chill Fam seas with a stage dive and crowd surfing adventure. The

Chill Fam All-Stars tribute to Michael Jackson was another highlight of the night, however, many

Regain Your Independence!

festival attendees were turned away as the Late Night Hall was packed to capacity before the music even started. Nonetheless, the set was highlighted by the vocals of Elise Testone, whuch were a milky and smooth compliment to the original. The Chill Fam All- Stars included Eric Gould (Pink Talking Fish); Adrian Tramontano and Robert Somerville (Kung Fu); Shira Elias, Chris Brouwers and Michelangelo Carubba (Turkuaz); Danny Mayer (Eric Krasno Band); Steve Molitz (Particle) and Robert Volo on trombone (Deep Banana Blackout).

Sunday's Main Stage was highlighted by performances from Dopapod, Greensky Bluegrassand Electron. The day's most noteworthy performance went to Pigeons Playing Ping Pong. They made the most of their two sets, including a two-hour cover set late night at Club Chill.

NYSmusic.com is a web magazine focused on covering all aspects of music in and around the state of New York. You can often find content from NYSmusic.com within the pages of The Spot518. For more, visit NYSmusic.com.

Same Day Installation



twisting and enigmatic. The concept - Radiohead songs played in the style of the Grateful Dead and Grateful Dead songs played in the style of Radiohead. Turbine did a stellar job of translating the songs into the respective styles, so much so that many attendees couldn't quite wrap their heads around what they were hearing. "Wait, is this Radiohead or the Dead?"

and Photos by executed Michael Allen with perfection. It's a nod to both groups of Berklee trained musicians, as they take such care with music that could otherwise be dismissed. Somehow they find a way to celebrate not only the music, but the production quality that feels like you are square







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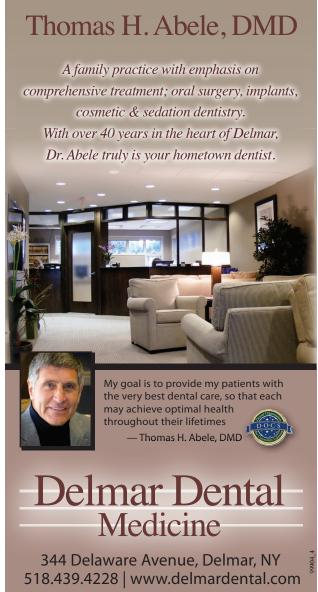
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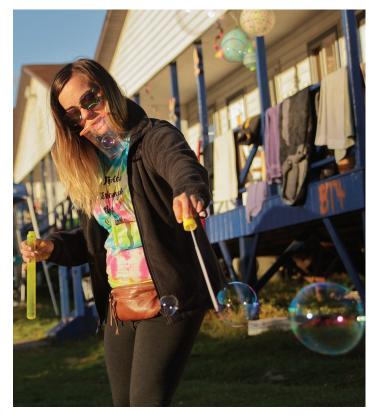














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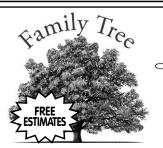
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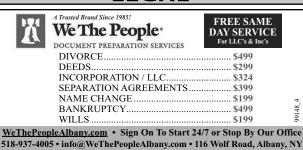
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From page B4 ...

Lost & Found

his attention to the world around him. "I decided to start making work that had a more meaningful message.

"I never thought I'd have the success that I had in upstate New York," said Watkins. "Coming back has been a head trip. Seeing everybody, walking down Lark Street, catching up with friends. It's just this very surreal feeling."

It was by sheer coincidence that his first trip back to the states coincided with the final days of the Lark Street gallery space. "Rebecca Schoonmaker told me that [Upstate Artists Guild] was kind of going under," he said. "And I thought

doing a show there would be kind of a good way to go full circle and have a final celebration there. Also, I knew it would be a good way to get people together and I wanted to see everyone.

"I was able to raise some money for the gallery as well," he added. "Which is a thing I've always done in the past—support the gallery. So it just felt natural to come back and do that with them and for them."

The gallery, which will close its door in early November, will continue to throw themed pop-up shows at First Friday events until it finds a new home. There has been talk of partnering with another struggling gallery and moving into a new home down the street, but nothing final has been announced. Until then, artists and art lovers can contact UAG and donate money at their website at UpstateArtistsGuild.org.

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ALBANY — The Albany Symphony Orchestra, conducted by David Alan Miller, will present Roscoe, a new American opera based on William Kennedy's acclaimed novel.

Roscoe Conway, after years as the motor of Albany's political machine, longs to retire. But just when he thinks he is out, events pull him back in. Composed by Evan Mack, with libretto by Joshua McGuire, the performance will feature opera superstar soprano Deborah Voigt as "Veronica."

The show starts at 7:30 p.m. at the Palace Theater, 19 Clinton Ave. Albany.

For tickets contact the Albany Symphony Box Office at 694-3300.

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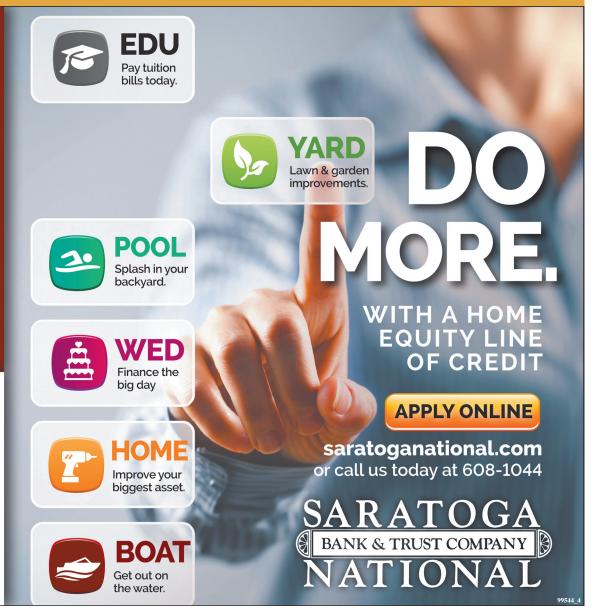
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October 5, 2016 | the spot B31

From page B13 ...

Destroy excuses

things:

- I don't believe in excuses and do not listen to excuses. I will find a way around every single one of them.
- Winning is not coming in first and getting a medal. Winning is challenging and pushing yourself hard to achieve your physical goals showing up and getting it done

Let me destroy the popular excuses I hear every day so you can "be the person you could've been, now."

I just don't have the time

This is the number one excuse. Work, family and home it is tough to juggle everything that needs to be done. I understand, but be honest with yourself. We live in a world where we have become slaves to our technical devices. Make a list of all the time you spend watching TV, surfing the internet, Facebook, playing video games on phones or tablets. Could you use some of that time to exercise? Most likely the answer is yes. In fact, you could exercise while watching TV. I could put together a whole exercise program that could be done while watching TV in the evening. Prioritize some time to get in the gym for a workout.

I am not motivated

Getting to the gym after work or on weekends is difficult. It is to easy to say, "I don't feel like it tonight" and just go home or, "It's the weekend, I need down time." Make yourself accountable. Working with a trainer is a great way to make yourself accountable. Signing up for classes will also help you be accountable.

You are more likely to show up if you have committed to a class or an appointment. Keep in mind that a good workout after work is a great way to erase the stresses of the day or week.

I have an old injury and exercise will aggravate it

If you have doctor's approval and professional guidance, with proper safe exercise you can actually improve your quality of life and have less pain. A good strength-training program will strengthen your muscles, joints and bones, allowing you to function better in your daily life.

I never see any results

If you are not seeing results, you are most likely not putting the work in. To see results you need a plan. The plan needs a cardio component and a good strength-building program. You also

need to work up a good sweat and feel the burn. After I put my clients through a well-planned strength workout, the first thing they say is: "I didn't know what working out was." They feel it afterwards, but as they continue the workouts, over time they report increased energy and improved daily functioning. Focus on how you feel, not on what the scale says.

Too tired

When we spend a large portion of our days sitting as many jobs require, our bodies become lazy and fatigued, and our daily functions become strenuous. Exercise builds muscle strength, boosts endurance and helps your cardiovascular system work more efficiently. By adding



regular physical activity into your daily routine you will have more energy, be less tired and your daily living will become much easier.

Regular exercise can build up your self-esteem and confidence. It will make you feel strong, energize you and make your daily life more functional. destroy excuses find a way to add regular exercise into your daily routine to "become the person you could've been, now."

Darryl Partridge is a Personal Trainer at VENT Fitness Clifton Park. He is certified in teaching TRX and participates in many sport events. They include skiing, cycling, climbing and participates in the Tour-de-Cure, Warrior Dash and Tough Mudder. Darryl also mentors amputees through his website LifeBeyond4Limbs.com "Set your goals high and then grow into the person who can achieve them."

From page B1 ...

Northern roots

"We had such a good time — especially the last time we did it (in 2015) — that we were thrilled when we learned we got the chance to play there again," said Eric during a phone call while he and the band were traveling back from a show in Kentucky on Sept. 25. "There's a lot of history in that building, and it's such an acoustically pleasing room to play."

For Leigh, Saturday's show is his homecoming show. He and his family live in Scotia.

"I think the last time, there were 50 to 100 people from my church that bought group tickets," said Leigh. "It was kind of neat, you know?"

A lot of neat things have been happening for Eric and Leigh in the last five years. They signed to Rounder Records — a major label for roots and bluegrass music — and released their first album for them, "Brotherhood," last year. That came on the heels of two straight wins for Entertainer of the Year at the International Bluegrass Music Association (IBMA) Awards, as well as several

other honors including Vocal Group of the Year, Album of the Year for "Help My Brother" and a Songwriter of the Year award for Eric for "They Called it Music."

The last five years have been a culmination of all the hard work Eric and Leigh have put in since they began performing two decades ago in the small towns that dot the northern edge of New York.

"First of all, I can't believe how quickly the time has passed. I still feel like a relatively young guy," said Eric. "It's been a gradual thing. Whatever success we've had, we've had to work hard and chip away at it."

Leigh said he couldn't have imagined this would be where music would take him and Eric when they were growing up in the farming community of Ellenburg Depot, approximately 30 minutes west of Plattsburgh.

"I didn't know it existed," said Leigh during an interview at More Perecca's in Schenectady. "It's a funny kind of occupation. When I was a teenager on the farm, I knew I wasn't going to be a farmer. My father told me I wasn't going to be. I didn't know what I was going to be, though. I thought I'm going to join the Army. And then, I thought I was going into law enforcement. That led me to believe that I actually like the law, and so I was going to go to law school. That's why I got the English degree.

"It (the music) started as a local thing, then a regional thing and then a seriously regional thing that turned into a sometimes-national thing into an occupation."

The Capital District venues the Gibson Brothers have played in recent years mirrors the band's rise in the bluegrass world. The group went from playing small rooms such as the performance space above Lillian's restaurant in Saratoga Springs to The Egg, and now their second headlining show at the Troy Savings Bank Music Hall.

What's helped vault the Gibson Brothers into the bluegrass stratosphere has been their live shows. Not only do their songs, which Leigh said are mostly personal, resonate with their fans, but also the good-natured barbs that Leigh and Eric are known to throw at each other.

"It's not really planned, so if somebody's got a migraine, it's really rough," joked Leigh.
"But you know, when you see us on stage, you see how we really are.
We like to have a good time and let the audience get to know us a little bit. Our songs are very personal and somewhat autobiographical, but ... the digs back and forth, they sort of get to know us."

"We try not to go overboard with that stuff because we don't want it to seem scripted or canned," added Eric. "I think we're just comfortable with each other, and it just comes naturally. We don't talk about it much before the show."

The unscripted nature of the on-stage banter is an extension of how a Gibson Brothers set list is created on the spot. The brothers gauge the mood the audience is in and run with it, accompanied by two-time IBMA Mandolinist of the Year Jesse Brock, fiddler Clayton Campbell and bass player Mike Barber – the longest-tenured member of the band.

"I've noticed on those nights when we get the

crowd laughing and happy, they'll listen to just about anything," said Eric.

Lately, the Gibson Brothers have been playing several songs from their upcoming album, their first of original material since 2013's "They Called It Music."

"You always have your fingers crossed that they will go over well," said Eric. "But we've already test-driven four of five of the songs, and thankfully, the people have responded very well to them."

Eric and Leigh wrote virtually all of the 13 songs on the new album themselves, with very little outside help. But one of the songs has a special co-writer on it – Eric's eldest son, Kelley, who is beginning his own bluegrass journey at the age of 20.

"It's great because he can stand in front of five or 5,000 people, and I don't think it would affect him or his performing of the music," said Leigh. "He said to his father, 'Music is my language. I really connect to people that way,' and he certainly does a great job. He'll get up and play a song with us, and Jesse Brock described him and his singing style as fearless. And, he is."

Eric said watching

Kelley follow his own musical path has been enjoyable for him, but he knows how tough that path can be.

"I don't push (a music career) on him," said Eric.
"You kind of wish your kids would find something stable to do, so you don't worry about them."

People will get the chance to hear Kelley's musical collaboration with his father and his uncle when the Gibson Brothers' new album comes out at the start of 2017, along with the rest of the songs Eric and Leigh wrote. Fans attending Saturday night's show can expect to hear several of those songs, along with many favorites from the group's past such as "They Called It Music" and "Safe Passage."

Most of all, fans can expect to have a good time at this hometown show.

"You can't help but seem to feel like there's a little bit more excitement ... the audience is engaged with you immediately because they know you so well," said Leigh.

Tickets for Saturday's show are \$25-\$30. Advance tickets can be purchased at the Troy Savings Bank Music Hall, 30 Second St., by phone at 273-0038 or by visiting troymusichall.org.

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