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## NEWS

### Happy trails

Bethlehem Police lieutenant says goodbye after 37 years

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## New hire

Judd Krasher named to newly vacated spot at County Board of Elections

Story on Page 2

## TOP STORY



# High lead levels present

District officials shut off 11 water sources between Elsmere, Slingerlands elementary schools

By **JIM FRANCO**  
francoj@spotlightnews.com

**DELMAR** — Lead was discovered in 11 water sources in two elementary schools in the Bethlehem Central School District, including one drinking fountain.

The district received the results from Elsmere and Slingerlands elementary schools on Oct. 13 and Oct. 11, respectively, and have since shut off the water at all 11 sources.

Of the 69 samples drawn from the Elsmere Elementary School, built in 1927, three locations

showed lead levels above the 15 parts per billion threshold deemed unsafe by the state:

- Sink in Room 35: 22 ppb
- Bathroom sink in Room 3: 24 ppb
- Water fountain in front wing near the handicap entrance: 22 ppb

Of the 107 samples drawn throughout Slingerlands Elementary School, eight had the presence of lead at more than 15 ppb:

- Sink in Room A: 18 ppb
- Sink in Room 2: 23 ppb

▲ **Out of the 69 samples drawn from locations within Elsmere Elementary School, three areas tested indicated lead levels above the 15 parts per billion (ppb) threshold, which is deemed unsafe by state officials.**

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Photo by Jim Franco/Spotlight

## ENTERTAINMENT



## Bean of knowledge

Loudonville coffeehouse serves up more than just a cup of coffee, you can walk away with sound financial advice

Story on Page B1

## SPORTS



## Queue playoffs

Bethlehem take the loss, but qualify for the playoffs

Story on Page 9



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■ COMMUNITY

# Empowering Africa

Bethlehem native working with the disabled in Ghana

By ALI HIBBS  
hibbsa@spotlightnews.com

The first time Carrie Brown visited Africa, it was when she was just 16 years old—on a two-week safari through Kenya with a group of classmates and teachers from Bethlehem High School. “It was amazing,” she said. “I knew I really wanted to go back. But it didn’t happen right away.”

Then, in 2002, while she was studying photography at the Savannah College of Art and Design, she was given the opportunity to return to Africa, this time traveling to Ghana for six months as a photography intern for a non-profit volunteer organization called Cross-Cultural Solutions. After graduating in 2005, she returned to Ghana and says that she spent more than a year traveling the country, visiting schools, learning the culture and developing



Roselinda and Rosemond are now attending the Volta School for the Deaf. Submitted photo

a vision of the kind of work she would ultimately do there.

“That’s where Kekeli, Inc. was born,” she said of her organization, a nonprofit aimed primarily at empowering disabled children in the Volta region in the southeast of Ghana. Then I came home to begin the work.” She returned to the states, incorporated as a non-profit and

began to develop Kekeli’s programming with the help of several like-minded friends made during her travels. Kekeli now serves more than two million Ghanaian in the region and provides assistance elsewhere in the country upon request.

There is a big stigma attached to children with disabilities in Ghana, said Brown. They’re often

hidden away and, in extreme cases, sometimes killed because they’re believed to be wicked or devil children or things like that. A major goal of her organization is to raise awareness about people with disabilities and to educate families about available support services, as well as advocate for more services to be made available.

When Kekeli goes into a new community, Brown and other members typically go through the tribal chiefs first and will then hold a community meeting where they start a dialogue and are able to begin to understand the specific challenges facing that community. “Stories will start to come out to us,” she said. “You start to hear about people with disabilities, and children, who have been abused or denied certain rights within the community.”

It was during one of those meetings, she said, that a Ghanaian teacher began to complain about two students she had kicked out of school—deaf sisters belonging to a set of triplets. “She claimed she couldn’t handle them, couldn’t do anything with them,” said Brown. Because both parents had to work a farm to feed their family of ten, the girls spent then their days alone at home or wandering in the roads, said Brown, and separated from their other sister.

That conversation gave Kekeli a chance to talk with the community about available services in Ghana of which they had previously been unaware. The organization was able to get the girls into a special school for the deaf. They’ve been enrolled for two years now.

Ghana has recently developed an “inclusive education” policy, according to Brown, and Kekeli hopes to be able to transfer many of the special needs children back into these inclusive schools so they can be closer to their families and learn to function and thrive in the

■ ALBANY COUNTY



Albany Councilman Judd Krasher was recently hired at the county Board of Elections. File photo

## Clyne hires Krasher at BOE

By JIM FRANCO  
francoj@spotlightnews.com

ALBANY – Board of Elections Commissioner Matt Clyne didn’t waste any time filling the vacancy created when he fired county Democratic Party Chairman Jack Flynn.

Councilman Judd Krasher, D-11th Ward, will start in Flynn’s old spot within the next two weeks.

“I was and I am grateful to Commissioner Clyne for giving me this opportunity,” Krasher said. “I’ll be starting with about two weeks until a very volatile Election Day and I am ready to get to work.”

Krasher currently works for a marketing company doing research. Krasher’s BOE salary is being finalized. Flynn was making \$48,500.

Shortly after the Democratic Party Committee ousted former Chair Carolyn McLaughlin, the Albany Council president, and replaced her with Flynn, there was a motion made to table the recommendation to appoint Clyne to another two-year term.

The motion, made by Flynn ally Andrew Joyce, failed and the Legislature, as per the procedure to appoint BOE commissioners in state Election Law, is expected to officially appoint Clyne early next year.

The following morning, Clyne fired Flynn, who is related by marriage to County Executive Dan McCoy.

Despite the obvious

political overtures of the BOE’s newest employee – Krasher was Dan Egan’s campaign manager in his failed bid to take on McCoy in 2015 – the councilman said he is staying above the political fray.

“I was and I am grateful to Commissioner Clyne for giving me this opportunity.”

— Judd Krasher  
City Councilman

“I supported the commissioner when the motion was made to table his appointment as did the majority of the committee. I think we were all taken by surprise,” Krasher said. “But I wasn’t involved in the fight over the chairmanship.”

Krasher is also one of the most vocal critics of Mayor Kathy Sheehan on the Council, and is already publicly supporting a primary challenge by Councilman Frank Commisso Jr., D-15th Ward. Commisso has not announced his intentions, but is eyeballing a city wide run and is aggressively fundraising towards that end.

“Frank has done an outstanding job on the Council. He knows the city finances inside and out and has proposed some sound policy,” Krasher said of his colleague. “He would make an exceptional mayor.”

McCoy said he is supporting Sheehan, should the mayor opt to run for a second term.

# Garden Bistro

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Continues on 16

## ■ TOWN GOVERNMENT

# Suggested revisions could help, hinder development

If approved, changes would be the first made to zoning, subdivision regulations since 2011

By **ALI HIBBS**

hibbsa@spotlightnews.com

**BETHLEHEM** — The Bethlehem Town Board met for nearly three hours on Thursday, Oct. 13. During that time, its members discussed issues that have been brought before the board by concerned residents—namely, the pace, planning and effect of development in the town, and, to a lesser extent, insufficient sidewalk access on routes often traversed by pedestrians and cyclists. It also reviewed a number of amendments necessary to address gaps in the 2017 preliminary town budget presented during the last board meeting in late September and voted to schedule a public budget hearing during its upcoming meeting on Wednesday, Oct. 26.

The last time the town made changes to its zoning laws or subdivision regulations was in 2011, said Town Planner Jeff Lipnicky during a presentation in which he was proposing a number of amendments meant to address issues identified by the various town departments. The changes he was putting before the Town Board, he added, had already been approved by the Planning Board after two presentations by the Department of Economic Planning and Development: an initial proposal presentation, and then an amended follow-up presentation on Oct. 4—after considering and addressing comments made by the board subsequent to the first meeting.

Following a lengthy proposal and questions put forward by members of the board, they ultimately voted, after a brief debate, to schedule the requisite public hearing on the proposed amendments for the Nov. 9 board meeting.

Many of the proposed subdivision and zoning changes, explained Lipnicky, are meant to clarify requirements or facilitate fluidity in negotiations with developers. However, several seem to clearly increase the discriminatory

power of both the Town and Planning Boards. Whether the goal is reduce unhelpful red-tape regulations or to increase the power of town government to allow favored projects to cut corners, it seems that, at least in some cases, there is a potential for either outcome.

Concerns about the latter possibility have been voiced by at least one member of each board, at their respective meetings this month.

“It basically gives the Planning Board the authority just to waive the 50 percent requirement,” said Town Board Member David VanLuven on Oct. 13, in response to the second amendment proposed to the open space requirement for conservation subdivisions, which includes the phrase, “the board may waive such requirement provided that the open space land, as configured, is consistent with the goals, objectives and remaining standards of this section.”

“As long as we have people on the Planning Board that have a strong land conservation ethic,” said VanLuven, “I think it would work out fine. But people change, politics change, things change, and I could see us going into a situation where the Planning Board could conceivably be regularly allowing greater density for less protection.”

During the Oct. 4 Planning Board meeting, it was during a discussion regarding a detailed amendment that would establish new zoning districts called Planned Hamlet Districts (PHDs), “intended as floating zones for mixed residential and commercial uses in a compact hamlet-like setting that encourages pedestrian activity using traditional hamlet design principals,” that Lipnicky pointed out that the planning department had deleted part of a passage on land use intensity. The stricken sentence, “In no case shall the permitted density exceed the maximum

density established at §128-41.F of this Chapter,” was omitted, he said, because it conflicted with another passage. Section F sets forth standards for development within a PHD, things like minimum and maximum lot and yard dimensions, lot coverage limits, height regulations and dwelling unit density, as well as parking regulations, accessory buildings and public space requirements. “Notwithstanding,” reads its introductory paragraph, “the Town Board may modify these standards at the time of approval of the District Plan where it finds the such modifications would result in an improved district design that better serves the purpose of the Planned Hamlet District.”

“This is so that the town and Planning Board, once it gets the referral, have a chance to better understand what’s in the project developer’s mind,” said Rob Leslie, chairman of the Planning Department, once discussion got to the public space requirements that had been written in at the request of Planning Board members. In his mind, he said, standards provide more of a guideline, from which board members can deviate when it’s deemed that a better outcome could be achieved by doing so.

“We want to give as much clarity as possible to the developers,” said board member Kate Powers. “Especially if it’s an issue of contention, I think we would want to have it as clear as possible.” Agreeing with board member Scott Lewendon that an articulated flexibility within the open space standard might be a desirable option, Powers asked, “Why have standards if the Planning Board can just waive any given standard?”

Before the Planning Board voted unanimously to forward the proposal to the Town Board with their referral, Lipnicky made mention of conversations regarding of their suggestions that did not make it into this proposal, but are under consideration as potentially worthwhile to pursue: the establishment of an architectural

review board to review building, and potentially signage, design to ensure consistency with existing neighborhood character; and potentially adopting street tree standards. While the planning department opted not to include them in this spate of proposed zoning changes, he said they would be included in his proposal letter to the Town Board.

“Is there a timeline for when those will come forward?” VanLuven asked Lipnicky, when he made mention of the items toward the end of his proposal to the Town Board. “I think both of those sound great.”

“We don’t have any timeline now,” responded Lipnicky, saying that more discussion was needed. “At least as far as the Architectural Review Board,” he said, “I think there will be varied opinions on that. I think the tree ordinance is more likely to get broad-based support.” After being pressed by other board members, he and Leslie told them they were unlikely to see any such proposals before next spring.

Before the Town Board voted to put the proposals before the public on Nov. 9, Supervisor John Clarkson suggested tabling the vote pending more information, specifically regarding the concerns raised earlier in the discussion by VanLuven and an expected memorandum to clarify maximum density requirements for multi-

family developments. While Clarkson said he would prefer to have a final draft to present to the public, VanLuven suggested that public opinion might be helpful in identifying potential improvements and that time would be needed to make such revisions. “All right,” said Clarkson. “We can always move it if we need to.”

The zoning amendments were followed by a conversation regarding the preservation of open spaces in town, meant to be the first in a series of community discussions regarding how best to balance economic development with conservation of natural, green spaces.

In a less lengthy presentation earlier in the evening, Leslie presented to the board three grant proposals, promised during last month’s capital project proposal, requesting millions in funding from the federal government to connect sidewalks on Fuera Bush and Glenmont roads. The planning department doesn’t expect to receive all three, but, said Leslie, “Even if we only get one, who knows when more money will become available?”

One of the three projects, pointed out Clarkson, will be funded either way, with funds that have been committed through the town capital plan. Due to the amount of neighborhoods in the area, the sidewalk connection on Glenmont to Glenmont Elementary School will

not be dependent on grant funding, although the town would certainly like to see the project approved for federal dollars.

The board voted easily to approve the submission of the grant application to the state Department of Transportation, which is administering the funds made available through the Federal Highway Administration.

At the next Town Board meeting, on Oct. 26, the public will have a chance to hear an overview of major budget items and have the chance to ask questions or voice objections. Last minute amendments, explained town Comptroller Michael Cohen, were due to unexpected increases in workers comp payments and only amounted to \$159,907. The shortfalls were corrected by revising some conservative revenue estimates and shifting smaller amounts between town funds.

More detailed information on any of the above items can be found by visiting the town website, clicking on Town Board and going to the agenda and meeting portal. In addition to video of the various board meetings, residents can view detailed documents of project proposals, bond projects, budget items and proposed legislation, as well as learn when certain projects are up for discussion or vote.

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■ COPS, COURTS AND EMERGENCY CALLS

# Man charged with felony burglary

ALBANY— District Attorney David Soares announced that Carlos Lopez-Rodriguez, 50, of Coeymans, pleaded guilty to one count of attempted burglary in the second degree, a class D felony, before Judge Thomas A. Breslin in Albany Supreme Court on Wednesday, Oct. 12.

On two separate occasions in April 2016, Lopez-Rodriguez unlawfully entered his neighbor's home in the Town of Coeymans, taking various collectibles and property totaling an amount of approximately \$15,000. After being arrested by the Coeymans Police Department, Lopez-

Rodriguez admitted that he committed the burglaries.

Lopez-Rodriguez faces up to five years in state prison, to be followed by three years of post-release supervision, as well as being ordered to pay \$15,000 in restitution to the victim, when sentenced on Dec. 12, 2016.

# Woman arrested after failing sobriety tests

NEW SCOTLAND— Dominique Fantroy, 25, of Guilderland, was stopped for a traffic infraction on Western Avenue and during the interview displayed signs of intoxication.

She allegedly failed field sobriety tests and officers report that it was later determined that she had a BAC of 0.13 percent. She was also found to be in possession of a small

amount of marijuana.

She was charged with DWI and unlawful possession of marijuana. She is due back in Guilderland Town Court on Oct. 20.

# Harvest Festival and Bake-off

BETHLEHEM— Bethlehem Children's School invites young bakers to enter its first Harvest Festival and Bake-off Saturday, Oct. 22, from 1 to 5 p.m. at the school, 12 Fisher Blvd.

The bake-off is just for kids, but parents can help with reading recipes, handing the correct measuring cup and opening the oven door.

The afternoon also includes a pie auction, a bouncy house, scarecrow building, pumpkin painting and a visit from pet alpacas. There is also a book sale

sneak peek, live music, food and more.

The entry fee for the bake-off is \$25, and entries are due by Friday, Oct. 21. Forms are available at the school, or can be obtained by emailing heather@bethlehemchildrensschool.org or visiting bethlehemchildrensschool.org.



## Retirement Ceremony

Bethlehem Police sent off one of their own Friday, Oct. 14, with a piping out ceremony for retiring Lt. Robert Berben. Individuals from neighboring agencies, including a mounted police officer from Albany Police, were observed to be attendance. Berben served the community for 27 years. Friday marked his final day on the job. His fellow officers lined as more than 50 people attended at the back entrance of the Bethlehem Police Station.

Photo by Michael Hallisey / SpotlightNews



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Chamber of Commerce

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LOCAL NEWS

# Home for the high holidays

Bethlehem Chabad has found new home in Adams House

By ALI HIBBS  
hibbsa@spotlightnews.com

**BETHLEHEM—** Less than two weeks after they closed on the long-vacant property, the newest tenants of Delmar’s historic Adams House, Bethlehem Chabad, were moved into their new home in time to celebrate the Jewish high holiday of Yom Kippur on Wednesday, Oct. 12.

“Community members really pitched in to clean the building, remove some furniture and set up for the high holidays,” said Rabbi Zalman Simon, a Delmar native who returned home almost six years ago to help co-direct the Chabad with its founder, his father, Rabbi Nachman Simon. “We will continue to update the building gradually, we just wanted to use the space right away.”

Changes to the well known building will be minimal, according to the rabbi, and plans that have been submitted to the Town of Bethlehem. “The charm and the style of the building is something we plan on keeping the same,” said Simon, explaining that the decking will likely be replaced, the exterior painted and the grounds landscaped. “But it won’t really look any different. That’s the same for the interior as well—we plan on keeping the building the way it is, but updating it with carpet, paint, fixtures and so on.”

When Simon moved back to the area with his wife in January 2011, Bethlehem Chabad was called Delmar Chabad and they returned with the intention of helping to rebrand and expand the organization’s outreach activities, beginning with renaming the Chabad to reflect the larger Jewish community they wished to reach.

In early 2011, Bethlehem Chabad was serving approximately 25 families in the area; in 2016, those numbers have



The Adams House

Submitted photo

grown to approximately 100 households on a regular basis and closer to 300 on significant religious holidays. For the last three and a half years, they’ve been holding services, classrooms and other activities in a small storefront property on Kenwood Avenue at Delmar’s Four Corners.

In the search for a new property to accommodate the growth in community and programming, Bethlehem Chabad was limited in its search by certain factors such as the prohibition against driving on Shabbat and certain holidays, which

necessitated a property within walking distance of that growing community, but also had adequate space and parking to serve their other needs. “This is what led us to this location,” Simon said. “Everyone is very excited about this new location. It has a grand look and a great amount of space for growth. We’re a nonprofit, so it’s with the community’s support—both financially and with their time and energy—that we’ve been able to do this and to get the building ready.”

The 7,320 square-foot Adams House at 393

Delaware Ave. was built as a hotel in the Greek revivalist style by Delmar founder Nathaniel Adams in 1836. Since 1920, it has been home to the Delmar Fire Company, Bethlehem Town Hall and, most recently, a nonprofit for the developmentally disabled. It has been vacant since NYSARC Trust Services moved to Latham last December.

“It’s great to have to have the Bethlehem Chabad staying in the Four Corners area as their space needs grow,” said Supervisor John Clarkson, “and to have the Adams Hotel back in use. It’s a perfect place for a synagogue and I look forward to their annual Chanukah celebration every year.”

Simon looks forward to pursuing more community outreach out of the new

space and believes that the historic significance of the building will be an asset.

“We cater to the entire demographic, from kids to seniors, both religiously and also socially and so on,” said Simon. Programming offered at Bethlehem Chabad includes adult classes on Judaism as well as both women’s and men’s groups, a kid’s club and senior services.

“Building on the foundation of the past,” said the elder Rabbi Simon, “Bethlehem Chabad looks forward to a bright future in its historic home.”

“We plan on building a sukka, which the community is going to help out with, on Sunday,” said Simon on the day after Yom Kippur. A “temporary hut” built for the Jewish

Festival of Sukkot, which began on Sunday, Oct. 16, a sukka provides a temporary dwelling meant to commemorate the 40 years of wandering as told in the Book of Leviticus. “It’s an eight-day festival,” said the rabbi. “And it will be open for the community, so anyone who wants to come by and check it out or use it.” In addition to its historical significance, Sukkot can also be considered a Jewish harvest holiday and religious observers will gather in the sukka to eat meals.

The new space, said Simon, already feels more like home and its size allows for more activity. “Now the community has a sense of ownership, not just of the building but also the organization. They feel like they’re a part of it—which is great.”

~~~~~ Clip and Save ~~~~~

## NOTICE TOWN OF BETHLEHEM WATER MAIN FLUSHING PROGRAM Fall 2016

**AREA #1 – 10/3 to 10/14**  
**Slingerlands, North Bethlehem,**  
**Town of New Scotland**

**AREA #2 – 10/12 to 10/31**  
**Delmar, Elsmere**

**AREA #3 – 10/26 to 11/09**  
**Glenmont, Selkirk**

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## COMMUNITY

# Pumpkin fun at the library

We're gearing up for some super Halloween fun at the library.

What makes a pumpkin great? Your very own artistic touch. On Wednesday, Oct. 26, at 4 p.m., kids 3 and up and their families are invited to the library to watch the Charles Schulz animated classic, "It's the Great Pumpkin, Charlie Brown," and decorate a pumpkin. It's BYOP — bring your own pumpkin — but we'll provide the decorating supplies.

Our Halloween festivities culminate with one of our most popular events of the year — the Halloween Parade through the library for children up to age 6 and their families. The parade is so popular, in fact, that we have scheduled two of them, at 10:15 a.m. and 1:30 p.m. on Monday, Oct. 31. Festivities will kick off with some seasonal movie shorts and a craft before trick-or-treaters make their way through the library. Costumes are optional.

### Books to people

"Books to People" is Bethlehem Public Library's free delivery service provided for patrons living within the Bethlehem Central School District who are unable to visit the library. If you qualify, a librarian selects items from our collections based on



your interests. These items are delivered every other week by the Bethlehem Public Library van.

Choose from a wide variety of new and classic fiction and nonfiction in several formats: print, large-print, audiobooks and Playaways. (A Playaway is an audiobook and player in one neat package.)

You can also choose magazines from our periodicals collection, which includes general-interest publications, as well as specialty magazines devoted to science, health, sports, nature, gardening, home design, travel, cooking, knitting and more.

Our music CDs encompass everything from classics to jazz, rock, pop, folk and world music. You can borrow DVDs, as well — feature films and documentaries, or health, travel and how-to films.

You qualify for Books to People if you live in the Bethlehem Central School District and if you have a permanent or temporary physical disability or medical condition that prevents you from coming to the library. There is no age restriction. The library van will make deliveries to your home every two weeks

and pick up materials ready for return.

To request the Books to People delivery service for yourself or someone you know, call the library at 439-9314. A librarian will take your name, address and phone number, ask about what you would like to receive, and set up a delivery schedule. Deliveries will begin shortly after your request is processed. You can end the service at any time.

### Understanding Alzheimer's

In the second part of our Understanding Alzheimer's series — Communication Strategies — we'll be learning about ways to understand the verbal and behavioral messages of someone with Alzheimer's, as well as identify strategies that might facilitate communication. Join presenter Maura Fleming of the Alzheimer's Association of Northeastern New York on Wednesday, Oct. 26 at 6 p.m. for this informative presentation. This program is co-sponsored by Community Caregivers and the Alzheimer's Association. Sign up online at [www.bethlehempubliclibrary.org](http://www.bethlehempubliclibrary.org) or call 349-9314.

### Upcoming events

All events are free and



The Puppet People entertained an audience of all ages on Sunday, Oct. 9, with a retelling of three of Aesop's more well-known fables, including "The Tortoise and the Hare."

Library staff

take place at Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 439-9314 or visit [bethlehempubliclibrary.org](http://bethlehempubliclibrary.org)

### Friday, Oct. 21

#### Coffee and Conversation: Steinmetz the Electrical Wizard

Photographs and tales from the Traveling Museum about Charles Steinmetz — Schenectady community leader, mathematician, immigrant and family man, 1 to 3 p.m.

### Saturday, Oct. 22

#### Parachute Play

Enjoy songs and games with a parachute for some up, down and turn-around fun, 3 to 3:30 p.m. For children in grade 1-5. Sign up online or call.

### Sunday, Oct. 23

#### Zentangle and Creative Coloring

Relax and improve your focus with coloring or Zentangle, a tranquil drawing technique that uses patterns to create beautiful images, 2 to 3:30 p.m. Sign up online or call.

### Monday, Oct. 24

#### DayWriters

Spend an hour writing

with the final half hour for optional sharing and feedback. Open to anyone interested in writing; all genres and abilities are welcome, 1:30 to 3 p.m.

#### Open Sewing

The library's sewing machines will be available for independent projects. Bring your own supplies, 6 to 8 p.m. Sign up for one or more two-hour sessions.

### Thursday, Oct. 27

#### Paws to Read

Bring a book and read to a gentle dog who loves stories, 3:45 to 4:45 p.m. Grade 1-5.

— Kristen Roberts

## IN BRIEF

### BAA art exhibit at Bethlehem Town Hall

**BETHLEHEM** — There is a new art exhibition by members of the Bethlehem Art Association currently on display at Bethlehem Town Hall through the end of November.

The exhibition includes 24

pictures created in a variety of mediums by local artists.

The Bethlehem Art Association is celebrating its 50th anniversary this year by holding exhibits at Town Hall on Delaware Avenue, the Bethlehem Public Library and the Delmar Reformed Church this fall.

For more information visit

[www.bethlehemartassociation.com](http://www.bethlehemartassociation.com).

### To Life's Pink Ball at Hall of Springs

**SARATOGA SPRINGS** — To Life! holds its annual Pink Ball Friday, Oct. 21, at 6:30 p.m. at the Hall of Springs in Saratoga Spa State Park.

This elegant, black-tie event celebrates women, honors members of the community dedicated to supporting women and families dealing with breast cancer and provides the resources necessary to continue To Life's ongoing mission.

This year's recipients of the Community Advocate Award are James and Megan Morrell from

Destination KIA. Rita Cox is the Mistress of Ceremonies, and New York Players will provide the music. There is also a silent auction.

Tickets are \$200 per person or \$350 per couple, and can be purchased by calling To Life's Delmar office at 439-5975 or online at [www.tolife.org](http://www.tolife.org).

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## SPOTLIGHT ON FINANCE

## Why diversification matters

By RUTH MAHONEY,  
President, Capital Region,  
KeyBank

**D**iversification is simply the “act of introducing variety.” Diversifying your investment portfolio does just that, adding a variety of investments that will allow you to take a little risk with some investments while playing it safe with others.

In the short-term, diversified investments do not yield big results. Nor are they designed to net you the largest possible return on investment possible. Instead, being diversified is about having a variety of investments that balance each other out over the long term to yield positive, safer returns. For example, investing heavily in one sector of the economy or a hot business may yield great returns if you time it right, but if that market stagnates or declines, your exposure to risk and the potential to lose big money is both real and likely. Diversification protects you against such market volatility.

Here is another example of the power of diversification. Between Jan. 1, 2001, and Nov. 30, 2011, Standard and Poor’s 500 Fund Index returned a 1.4 percent gain. According to Index Fund Advisors, investors with diversified portfolios averaged a 5.7 percent

annual return during the same time period. While some asset classes purchased by diversified investors have suffered, as a whole, largely due to the strong performance of bonds, diversification has leveled the drops. Had investors only bought the best stocks of 2007 and held them in the 2008 market downturn, they would be down more than 60 percent, according to T. Rowe Price.



Ruth Mahoney

### The benefits of diversifying your portfolio

With any investment, there are risks, including loss of money and price volatility. A diversified portfolio is not immune to these exposures. However, the benefits are many. A diversified portfolio will:

- Reduce the overall risk on your investment.
- Further reduce risk when the diversification is among assets with low correlations to one another.
- Limit losses.
- Account for the uncertainty of knowing which investments or asset classes will perform well or poorly or when.
- Protect your portfolio from events that you cannot foresee, such as a business bankruptcy.

- Maximize the odds that you will reach your financial goals when combined with a solid financial plan.

The goal of a diversified portfolio is to select enough investment categories to keep the option of a lower return minimal—to better maintain your investment in hopes to see larger growth and maximized returns.

Your allocation of investments should be largely based off of your financial plan. In other words, it should take into account your cash flow needs, investment goals, risk tolerance and when you think you may need to access the funds in the future.

Also, as your financial needs change as life events happen, you will likely review your financial plan and reset goals. When this happens, you should reevaluate your investment portfolio and account for these changes.

### A deeper understanding of diversification

An investment that performs well one month or year may not perform as well the next. For example, according to Charles Schwab, emerging market stocks were the top-performing asset class in 2012 but have ranked toward the bottom every year since. Core bonds, which include Treasury bonds, agency bonds and mortgage-backed bonds, ranked near the bottom in 2012 and 2013 but toward the top in 2014 and 2015.

A diversified portfolio distributes investments across several different investment categories such as stocks, bonds, certificates of deposits (CDs), money market funds, mutual funds, exchange traded funds (ETFs), real estate and/or other asset types so that your money isn’t all in one place. This is a strategy to combine a variety of assets to reduce your overall risk.

How you diversify your portfolio should account for a variety of factors, such as your age, income streams, and risk tolerance. Diversification, while a sound strategy for all, is not a one-size-fits-all, and spending the time to determine which ratio is right for you will pay big in the future. And while the perfect balance is hard to achieve, a diversified portfolio coordinates investments that fluctuate in value at different times

so that the overall investment can increase in value.

As an investor, it’s natural to want to maximize the return on your investment. However, you should avoid succumbing to the temptation to invest all your money in the hottest stock available. Sure, the reward could be huge, but it isn’t a sound approach because you are just as likely to lose everything as you are to hit the investment lottery. If you do want to be more aggressive and have a higher tolerance for risk, there’s a way to do it. Pair “risky,” high-return investments with “safer” investments that deliver lower, more predictable returns. This will help create a balanced portfolio that performs more steadily.

Just as you should evaluate your financial plan regularly, you should review your portfolio regularly, especially as you get

older. What works when you are young and graduating college may not work as well when you start a family or change jobs. And as retirement nears, it’s important to shift money into asset classes that may not be as risky. The key is to find the right level of diversification for you. Contact your financial advisor if you need help creating or adjusting your portfolio.

**About the author: Ruth Mahoney is president of KeyBank’s Capital Region. She may be reached at either 518-257-8619 or ruth.mahoney@keybank.com. This material is presented for informational purposes only and should not be construed as individual tax or financial advice. Please consult with legal, tax and/or financial advisors. KeyBank does not provide legal advice. ©2016 KeyCorp. KeyBank is Member FDIC.**

## Tips for staying debt free throughout the college years

A variety of investment options are available that can help you build a diversified portfolio that meets your short- and long-term goals. Let’s take a deeper look into some of these investment vehicles:

**Stock** – A type of security that signifies ownership in a company and represents a claim on part of the company’s assets and earnings. A holder of stock (a shareholder) has a claim to a part of the company’s assets and earnings. Stocks are bought and sold electronically through stock exchanges such as the New York Stock Exchange (NYSE) and the National Association of Securities Dealers (NASDAQ).

**Bond** – A debt investment in which an investor loans money to an entity (typically corporate or governmental) that borrows the funds for a defined period of time at a variable or fixed interest rate. In other words, they are loans where you serve as the bank. You loan your money to a company, a city, the government and they promise to pay you back in full, with regular interest payments. Different types of bonds include government, corporate and U.S. treasury bonds.

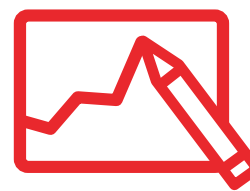
**CDs and money market funds** – A certificate of deposit (CD) is a savings certificate with a fixed maturity date, specified fixed interest rate and can be issued in any denomination aside from minimum investment requirements. You can’t just withdraw money whenever you would like.

A money market fund, on the other hand, keeps your money liquid while earning you interest. A money market fund’s purpose is to provide a safe place to invest easily accessible, cash-equivalent assets. Money market funds are a low-risk, low-return investment. Both are good ways to put your cash to work to make you more cash.

**Mutual funds** – Made up of a pool of funds from many investors that buys stocks, bonds or other securities. If a mutual fund is part of your portfolio you will have access to all the investments in that fund. This is a good option for diversifying your portfolio.

**Exchange traded fund** – An ETF is an investment fund traded on stock exchanges, much like stocks, but it holds assets such as stocks, commodities or bonds much like a mutual fund. ETFs may be attractive as investments because of their low costs, tax efficiency and stock-like features. An ETF combines the valuation feature of a mutual fund or unit investment trust, which can be bought or sold at the end of each trading day for its net asset value, with the tradability feature of a closed-end fund, which trades throughout the trading day at prices that may be more or less than its net asset value.

Contact your financial advisor to learn more about the best investment options available to you to get the most out of a diversified portfolio. A little today will go a long way in the future.



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COMMUNITY

# Drug Take-Back Day

Got drugs? Get rid of them! On Saturday, Oct. 22, from 10 a.m. to 2 p.m., you can get rid of all your unused or expired medications at a National Drug Take-Back Day drop-off point in the Guilderland Library's parking lot ... no questions asked.

The library and the Guilderland Police Department have teamed up for the U.S. Drug Enforcement Administration's nationwide Drug Take-Back Day, a collaborative effort between the DEA and state and local law enforcement agencies that focuses on removing potentially dangerous controlled substances from your home.

It does not matter if the medications are over-the-counter or prescription drugs. Get rid of them at GPL.

All surrendered expired, unwanted or unused pharmaceuticals/controlled substances and other medications are destroyed by law enforcement officers.

Medications cannot be left at the library before 10 a.m. on Oct. 22. Medications may be turned in at the library's auxiliary parking lot from 10 a.m. to 2 p.m. on Oct. 22 only.

What can be disposed:

- Controlled, non-controlled, and over the counter substances
- Medication in its original container or removed from its container



and disposed of directly into the disposal boxes. (If an original container is submitted, be sure to remove any identifying information from the prescription label.)

What cannot be disposed:

- No sharps and syringes

## 'Politics & Patriots' concert

The ever-popular Lost Radio Rounders will be at GPL on Saturday, Oct. 29, at 2 p.m., to present "Politics & Patriots," a perfectly fun and calming concert to enjoy during this tumultuous presidential election season. It features campaign songs and stories from America's founding to World War II; from George Washington to Franklin Delano Roosevelt. There is humor, history, and hummable melodies from across the aisle and through the years. Turns out, candidates talking trash is nothing new.

## Get your flu vaccine at GPL

Protect yourself this flu season. Pharmacists from Rite Aid will be at GPL's Tawasentha Room on Thursday, Nov. 27, from 3 until 7 p.m. to administer flu shots to anyone in need of one.

Please be sure to bring your insurance card. No appointment necessary; please just walk in.

## Nevermore

Meet Edgar Allan Poe at the Guilderland Public Library when you come to "Nevermore! – An Evening with Edgar Allan Poe" on Wednesday, Oct. 26, at 7 p.m.

You'll get in the spirit of Halloween by watching a one-hour performance of "The Raven" and "The Tell-Tale Heart," featuring Mr. Campbell Harmon as the author himself. This is spooky-great fun for families.

## Night of the Living Bread

At "Night of the Living Bread: Munch on Monsters" on Friday, Oct. 28, at 4 p.m., tweens and teens can play Frankenstein chefs as they assemble a set of weird and wacky medium-pita faces for party snacks. Grades 5 through 8. Please call 456-2400, ext. 4 to register.

## Italian Genealogy Webinar

An expert genealogist from the New England Historic Genealogical

Society will present a webinar on how to conduct genealogical research on Italian ancestry; this will be shown in the Helderberg Room on Saturday, Oct. 22, at 10:30 a.m.

This webinar will go over the various US records and resources to use in your family history research, settlement patterns, methods for identifying origins in Italy, understanding Italy's geographical changes and how they affect records, and resources to assist with the Italian language.

You have two ways to see the webinar: at GPL or at home.

- To see the webinar on our screen at the GPL, please call 456-2400, ext. 2, or register online at [www.guilpl.org/italiangenealogy](http://www.guilpl.org/italiangenealogy)

- To view the webinar on your computer at home, please use the 'At home webinar' link you'll find at [www.guilpl.org/italiangenealogy](http://www.guilpl.org/italiangenealogy).

## The Albany Yankees at GPL

Take a trip down baseball's memory lane on Monday, Oct. 24, at 7 p.m., as local photographer Steve Twardzik shows photos from Albany's years as a farm team for the Yankees and Athletics, from 1983 to 1994. Steve will also be bringing memorabilia to share.

— Mark Curiale

# Coffee and conversation

Enjoy Coffee and Conversation at the Bethlehem Public Library. On Friday, Oct. 21, at 1 p.m., the program will include photographs and tales from the Traveling Museum about Charles Steinmetz — Schenectady community leader, mathematician, immigrant and family man. There is no cost for the program. We will have lunch before the show at Swifty's, cost on your own. Call 439-4955, ext. 1176.

A free medication collection event will take place on Saturday, Oct. 22, from 1 to 2 p.m. at the Elm Avenue Park in Delmar. Prevent old medicines from falling into the wrong hands, where they can endanger lives and community health. Avoid flushing medicines down the drain, where they can pollute drinking water and harm the environment. Participation is anonymous, and prescription and over the counter items are accepted. Labels may be removed beforehand.

Books to People is a free library program that delivers books to those who are unable to visit the library. Request books, magazines, DVDs, CDs and audiobooks. Call 439-9314, and press 2.

The Food Pantry is in need of cleaning supplies, deodorant, toilet paper, mustard, and canned vegetables and fruit. Bring your items to the pantry at Town Hall. If you would like



Town of Bethlehem

to access the food pantry, call 439-4955, ext. 1176, to make an appointment.

The Bethlehem Senior Citizens Club meets weekly on Thursdays for an enjoyable afternoon of games and socializing at the Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar, from 11 a.m. to 4 p.m. Bring a lunch and play pinochle, bingo or mahjong. Or just come for a chat with friends. Call Yvonne Mendleson at 472-0202 for more information.

Federal funding (HEAP) is available for income eligible people who need assistance with home heating costs. Outreach workers are available to assist with counseling on HEAP, as well as health insurance, housing issues, food stamps and health and income related programs. Make an appointment by calling 439-4955, ext. 1176.

Donations can be made to Bethlehem Senior Projects online at [bethlehemsenioproject.org](http://bethlehemsenioproject.org), or via check payable to Bethlehem Senior Projects, Inc., 445 Delaware Ave., Delmar 12054.

— Wilma DeLucco

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|  | (2) Free or Nominal Rate In-County Copies Included on PS Form 3541  | 202  | 212   |
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## IN BRIEF

### Fall Family Festival Sunday

LOUDONVILLE — The Greater Loudonville Association will hold its annual Fall Family Festival Sunday, Oct. 23, from 2 to 4 p.m. at the Pruy House on Old Niskayuna Road.

There will be pony rides, a petting zoo, a hay ride, pumpkin decorating, face painting, games and refreshments. Children are encouraged to wear costumes.



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October 19, 2016

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## ■ PLAYER OF THE WEEK



### STEFAN BRANTLEY

Guiderland football player Stefan Brantley is the Spotlight Player of the Week for the period ending Sunday, Oct. 16. Brantley rushed for 149 yards and three touchdowns to lead the Dutchmen to a 47-44 victory over Shenendehowa that clinched Guiderland's first undefeated regular season and earned the team the No. 1 seed out of the Empire Division for the Section 2 Class AA playoffs.

## ■ FOOTBALL



## ■ INSIDE



### BMX Champ

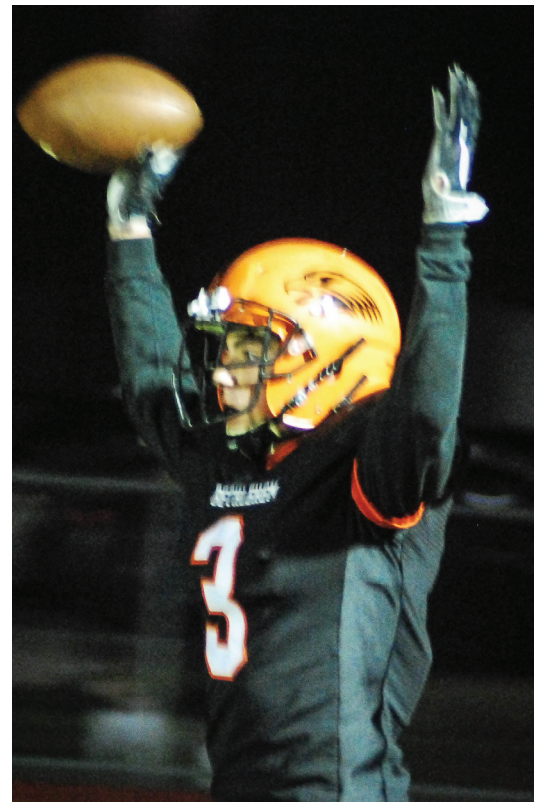
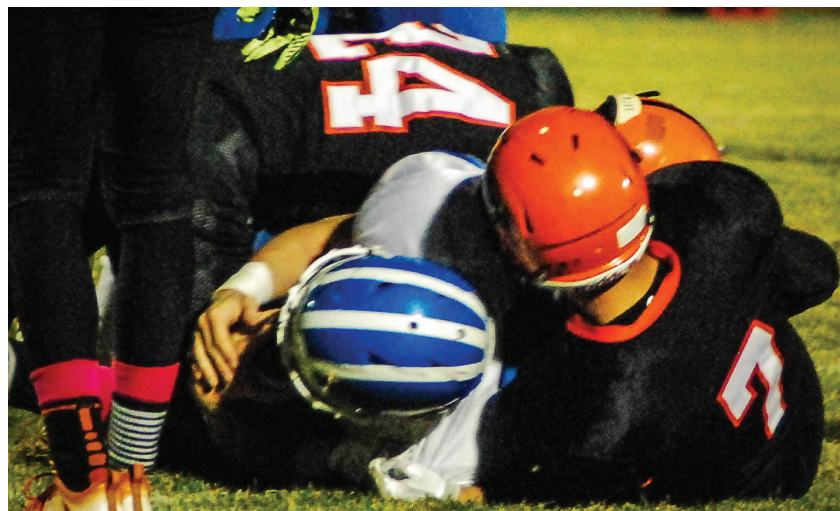
Bethlehem Central Middle School student Logan Schmidt recently won his age division at the New York State BMX Championships on Long Island..

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## Shaker spoils BC's Senior Night

Mikael Brown and Anthony Johnson scored second-half touchdowns to help Shaker pull away for a 20-7 Liberty Division victory over Bethlehem on the Eagles' Senior Night Friday, Oct. 14. Bethlehem finished the regular season with a 3-3 league record (4-3 overall) and received the No. 4 seed for the Section 2 Class AA playoffs. To view the complete photo gallery from Friday's game, visit [spotlightnews.com/spotted](http://spotlightnews.com/spotted).

Photos by Rob Jonas/Spotlight



# Women's Health

& Breast Cancer Awareness Month

Issue Dates: Oct. 5, 12, 19 & 26

Deadlines: Sept. 28, Oct. 5, 12, 19



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■ **BMX RACING**



Above and top right photos submitted



## Schmidt rides to state title

By **ROB JONAS**  
jonasr@spotlightnews.com

**BETHLEHEM** — Logan Schmidt has been riding bikes since he was four years old.

Recently, the 12-year-old Bethlehem Central Middle School student earned his first major title by winning his age group at the state finals on Long Island. This

followed a regular season where he had to earn his way to the state finals through competing in a series of regional qualifiers.

“I was tied for first (in points after the qualifiers), and then I beat the kid I was tied with (in the state finals),” said Logan.

BMX racing is in Logan’s blood. His father, Christopher Schmidt, was

a BMX racer growing up and still races in the adult division. Christopher taught Logan how to ride.

“I was kinda scared at first, so I started one straight (away) at a time,” said Logan.

Logan’s next challenge is to compete at the national level. He’ll continue his training at Tri-City BMX in Rotterdam.

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■ **IN BRIEF**

### Thacher Park’s tropical history

**VOORHEESVILLE** — Thacher Park is offering a geology walk Saturday, Oct. 22, at 10 a.m.

Titled “Tropical Times at Thacher Park,” geologist Dr. Chuck Ver Straeten will take people on a walk to explore the rocks and fossils that indicate the park’s past, when tropical seas — from tide flats to waters several hundred feet deep — occupied the land. Participants should dress for walking both on and off trail.

Nearby, Thacher Nature Center offers a program about bats Sunday, Oct. 23, at 2 p.m. Learn how bats fly differently from birds, their ecological impacts, why their populations are declining and what you can do to help them.

Upcoming Saturday, Oct. 29: Nature’s Creepy Mystery Trail at 11 a.m. and Hootin’ and Howlin’ at 6 p.m.

To register for these events or more information, call 872-0800.

689-0162 • TheSpinneyatVanDyke.com

## COMMUNITY

# Keep on swimming

As the temperature drops, I am fond of saying that the YMCA pool is the warmest place in town. The water is always churning with people taking swimming lessons, dedicated swimmers doing their daily laps, young kids playing with their families in the instructional pool, older adults enjoying an aquatics wellness class and our own BAY Rays swimming team practicing for competitions.

The Bethlehem YMCA is fortunate to have a terrific group of experienced leaders for all aspects of our aquatics programs. Jean Berry is the new aquatics director for the Bethlehem and Albany YMCAs. She taught in Albany, and worked at the Troy YMCA in childcare and served as head lifeguard. She is originally from Buffalo, where she swam competitively, and also coached the under-8 swim team.

"The Bethlehem YMCA has so much to offer, from private swimming lessons to the BAY Rays swim team," said Berry. "There are so many opportunities to build your swimming skills and grow through the Y. The Y has something to offer everyone. It's not a typical gym. It's a place for families to develop and grow together. The people and community of Bethlehem are great."

One of Berry's goals is to build the Y's master swimming program to help swimmers over age 19 to refine their strokes and swim competitively.



Zahara Moore has been with the Bethlehem YMCA for four years, and she coaches the Y's 80-member BAY Rays swim team. She has worked with the BAY Rays for several years and led them to a very successful season last year. Moore swam competitively for more than eight years, and touts the sport for exercise and competition.

"Swimming is a really great, whole-body workout. It's not just legs and arms, but for your heart and lungs," said Moore. "You have to have focus, patience and dedication to hone your craft over time."

Moore loves coaching the BAY Rays and sharing her expertise.

"I had some really great coaches when I was swimming," Moore said. "I had the opportunity to coach here and give back, teaching kids things that helped me when I started to swim competitively and teaching them things I picked up on my own. It's great to see kids drop time and really learn to love the sport. To me, it's more than an activity or a sport because you form relationships with people and become friends. It's part of what the Y is, and also part of what I want our team to be."

Moore also enjoys talking with swim team parents and said they are

great at volunteering. Some have even taken the next step by training to help with competitions.

Sayaka Palomba recently joined the Bethlehem YMCA aquatics staff and also coaches the BAY Rays. Palomba swam competitively since age 9 and, after college, coached the team she swam for as a child. Palomba is originally from New Jersey and moved here earlier this year with her husband and two young children.

"I like being able to show kids new ways to swim," said Palomba. "I know how much I liked swimming at that age, and it's nice to pass that along to the little ones and see them excited to jump in the water. I love the Bethlehem YMCA. Everyone is very friendly, so I decided to see if they needed a swim coach and they did."

Another new member of the Bethlehem YMCA aquatics team is Padraic "Pat" Smith, who has come on board as aquatics coordinator to oversee lifeguards and scheduling. Smith brings a wealth of experience to the Bethlehem YMCA's outstanding aquatics program, as do all of our lifeguards, coaches and swim teachers.

You don't have to wait for the weather to get cold to jump in where the water's warm. Please come by the Bethlehem YMCA and see how participating in our aquatics programs can help you become more fit while you have fun.

— Mark Hansen

# Coloring fun for adults

Each month, the Adult Coloring Book Club will provide different coloring sheets to choose from, as well as a large selection of colored pencils, markers and crayons, or you may bring your own. Relax and enjoy some you time. This month, we will meet at 6 p.m. on Wednesday, Oct. 26. Please register.



## I Love Olive Oil

Please join us in welcoming Hayley Stevens-Miller from the Saratoga Olive Oil Company. Stevens-Miller is one of very few National Organization of Olive Oil Tasters (ONAOO) certified professional olive oil

tasters and is the 2015 Tasting Champion. Some of you may remember her from this past spring, when she stopped by the library to introduce us to different flavors of olive oil. On Tuesday, Nov. 1 at 6:30 p.m., she will give an interactive talk and offer some new varieties of olive oil for your tasting pleasure. Please register.

— Lynn Kohler

# 'Ghostbusters' on the big screen

Answer the call and see the 2016 remake starring four funny women on Friday, Oct. 21, at 2 p.m. Big screen, great sound system and fresh popcorn. Bring a friend.

## Zombie Walk for teens

Crawl, drag, snarl and moan while you make your way down Main Street on Wednesday, Oct. 26, in our first Zombie Walk. Be in your best zombie-like clothing at the library by 6 p.m., when we unleash the living dead on Ravena.

## November non-fiction book discussion

Our nascent non-fiction book club will

## RCS COMMUNITY LIBRARY

be discussing Nathan Philbrick's "Heart of the Sea," an account of the tragedy of the whaleship Essex, on Nov. 1 at 10:30 a.m. Books are available at the library. Titles are selected by the group, so bring your suggestions.

## Job search strategies that work

Thinking about changing your job? Ever wonder why your job search is stalled? Come and learn the real top ten job search techniques.

Meet Dr. Tom

Denham from Careers in Transition. He'll go over job search considerations, analyzing a potential employer and researching job prospects. In addition, he'll discuss LinkedIn and the importance of a professional online reputation.

Registration is required. Join us on Wednesday, Nov. 9, at 6 p.m.

This program is supported by funds from the New York State Library's Adult Literacy Library Services Program, in partnership with the Capital Region Workforce Development Board and NYSED's ACCES-VR.

— Carol Melewski

**GLENMONT ABBEY VILLAGE**

**OPEN HOUSE**

Active Senior Living for Adults 55+

**Tuesday, October 25<sup>th</sup>**  
**11 am – 3 pm**

7 Thomas Cole Drive, Glenmont, NY 12077  
**(888) 700-9157**

Flu shots available from Price Chopper from 11 am – 2 pm

Facebook.com/GlenmontAbbeyVillage | GlenmontAbbeyVillage.com

**LEGALS**  
LEGAL NOTICE

**NOTICE OF PUBLIC HEARING UPON PRELIMINARY BUDGET**

NOTICE IS HEREBY GIVEN that the Preliminary Budget for the fiscal year beginning January 1, 2017 has been completed and filed in the Office of the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, NY where it is available for inspection by any interested person during office hours.

NOTICE IS FURTHER GIVEN that the Town Board of the Town of Bethlehem will meet and review said Preliminary Budget and hold a public hearing thereon, at the Town Hall, Delmar, NY at 6:00 p.m. on the 26th day of October 2016 and that at such hearing any person may be heard in favor of or against any item or items therein contained.

BE IT FURTHER RESOLVED, that pursuant to Section 108 of the Town Law, the proposed salaries of the following officers, subject to final approval of the 2017 Town Budget, are hereby specified as follows:

|                            |            |
|----------------------------|------------|
| Supervisor                 | \$ 115,702 |
| Town Board Members (each)  | \$ 15,266  |
| Town Clerk                 | \$ 75,457* |
| Superintendent of Highways | \$101,958  |
| Town Justice (each)        | \$ 50,457  |
| Receiver of Taxes          | \$ 54,515  |

\*This amount includes a stipend for serving as Registrar of Vital statistics as well as a longevity payment which cannot be paid to newly elected officials but also cannot be removed from elected officials serving as of November 26, 2013 (by resolution AI-2013-163).

and

BE IT FURTHER RESOLVED, that such Notice shall be published once in the following newspapers: THE SPOTLIGHT, the official newspaper of the Town on October 19, 2016 and the TIMES UNION, an Albany newspaper, on October 19, 2016.

**BY ORDER OF THE TOWN BOARD  
TOWN OF BETHLEHEM  
NANCI MOQUIN, TOWN CLERK  
Ad#133485**

**LEGAL NOTICE**

NOTICE OF FORMATION OF 1218 Realty LLC. Art. of Org. filed w/ Secy. of State of NY (SSNY) on 09/07/2016. Office location: Albany County. SSNY designated as agent of LLC for service of process. SSNY shall mail process to: 1659 Central Avenue, Albany, NY 12205. Purpose: Any lawful activity. Ad#133506

**LEGAL NOTICE**

1400 Meadow Lane, LLC was filed with the SSNY on 09/22/2016. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The address which SSNY shall mail any process against the LLC served upon him: c/o CorpCo, 910 Foulk Rd., Suite 201, Wilmington, DE 19803. Purpose: any lawful purpose. Ad#133219

**LEGAL NOTICE**

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: 18 HOSPITALITY LLC. Articles of Organization filed with NY Secretary of State, September 26, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to 22 Century Hill Drive, Suite 201, Latham, New York 12110. Ad#132127

**LEGAL NOTICE**

25 PARK AVENUE REALTY, LLC NOTICE OF FORMATION OF LLC 25 Park Avenue Realty, LLC Art. or Org. Filed with

**LEGALS**

**LEGAL NOTICE**

Annual Meeting - Bethlehem Cemetery Assoc., Inc., 7:00pm Monday, November 7, 2016 at the Delmar Reformed Church 386 Delaware Ave., Delmar, NY. Those wishing to vote must contact via phone (439-2394) for ownership verification no later than 10/19/2016. Ad#130616

**LEGAL NOTICE**

APPLIED SUPPORT FOR AUTISM LLC Articles of Org. filed NY Sec. of State (SSNY) 9/7/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 915 Bushwick Ave., Brooklyn, NY 11221. Purpose: Any lawful purpose. Ad#130268

**LEGAL NOTICE**

Notice of formation of Arista Advisory Group, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on October 5, 2016. Office location: 255 Washington Avenue Extension, Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Arista Advisory Group, LLC, 255 Washington Ave Ext, Suite 204, Albany, NY 12205. The purpose is to perform any lawful act or activity. Ad#133475

**LEGAL NOTICE**

Notice is hereby given that the fiscal affairs of Bethlehem Central School District for the period beginning on July 1, 2015 and ending on June 30, 2016, have been examined by an Independent Public Accountant, and that the report of examination has been filed in my office where it is available as a public record for inspection by all interested persons. Pursuant to §35 of the General Municipal Law, the governing board of Bethlehem Central School District may, in its discretion, prepare a written response to the report of external audit and file any such response in my office as a public record for inspection by all interested persons not later than January 30, 2017.

**LEGAL NOTICE**

93 CENTRAL AVE LLC Articles of Org. filed NY Sec. of State (SSNY) 9/26/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 93 Central Ave., Apt. 1R, Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful purpose. Ad#131931

**LEGAL NOTICE**

95 CENTRAL AVE LLC Articles of Org. filed NY Sec. of State (SSNY) 9/26/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 93 Central Ave., Apt. 1R, Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful purpose. Ad#131933

**LEGAL NOTICE**

AM Masters, LLC. Filed 4/21/2016. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St. #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#125816

**LEGALS**

**LEGAL NOTICE**

Annual Meeting - Bethlehem Cemetery Assoc., Inc., 7:00pm Monday, November 7, 2016 at the Delmar Reformed Church 386 Delaware Ave., Delmar, NY. Those wishing to vote must contact via phone (439-2394) for ownership verification no later than 10/19/2016. Ad#130616

**LEGAL NOTICE**

APPLIED SUPPORT FOR AUTISM LLC Articles of Org. filed NY Sec. of State (SSNY) 9/7/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 915 Bushwick Ave., Brooklyn, NY 11221. Purpose: Any lawful purpose. Ad#130268

**LEGAL NOTICE**

Notice of formation of Arista Advisory Group, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on October 5, 2016. Office location: 255 Washington Avenue Extension, Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Arista Advisory Group, LLC, 255 Washington Ave Ext, Suite 204, Albany, NY 12205. The purpose is to perform any lawful act or activity. Ad#133475

**LEGAL NOTICE**

Notice is hereby given that the fiscal affairs of Bethlehem Central School District for the period beginning on July 1, 2015 and ending on June 30, 2016, have been examined by an Independent Public Accountant, and that the report of examination has been filed in my office where it is available as a public record for inspection by all interested persons. Pursuant to §35 of the General Municipal Law, the governing board of Bethlehem Central School District may, in its discretion, prepare a written response to the report of external audit and file any such response in my office as a public record for inspection by all interested persons not later than January 30, 2017.

**LEGAL NOTICE**

93 CENTRAL AVE LLC Articles of Org. filed NY Sec. of State (SSNY) 9/26/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 93 Central Ave., Apt. 1R, Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful purpose. Ad#131931

**LEGAL NOTICE**

95 CENTRAL AVE LLC Articles of Org. filed NY Sec. of State (SSNY) 9/26/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 93 Central Ave., Apt. 1R, Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful purpose. Ad#131933

**LEGAL NOTICE**

AM Masters, LLC. Filed 4/21/2016. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St. #103, Albany, NY 12207 Reg. Agent: USA Corporate Services Inc @ same address. Purpose: all lawful Ad#125816

**LEGALS**

**LEGAL NOTICE**

of any process served to LLC, c/o Corporation Service Company, 80 State St., Albany, NY 12207. The address of the office required to be maintained in MA is Two Center Plaza, Suite 700, c/o Beacon Communities LLC, Boston, MA 02108. Authorized officer in MA: Secretary of the Commonwealth of MA, Division of Corporations, McCormack Division, One Ashburton Place, 17th Fl, Boston, MA 02108. Purpose: any lawful activity. Ad#133230

**LEGAL NOTICE**

CELESTE HAIR SALON & BARBER SHOP LLC Articles of Org. filed NY Sec. of State (SSNY) 10/5/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 289 South 1st St, #1B Brooklyn, NY 11211. Purpose: Any lawful purpose. Principal business location: 242 South 2nd St., Brooklyn, NY 11211. Ad#132685

**LEGAL NOTICE**

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: CHESTNUT 18 LLC. Articles of Organization filed with NY Secretary of State, September 26, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to 22 Century Hill Drive, Suite 201, Latham, New York 12110. Ad#132074

**LEGAL NOTICE**

Notice of Formation of DeLorenzo & Geary, LLC, filed Sec'y of State (SSNY) 7/29/16. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 28 Greystone Drive, Voorheesville, NY 12186. Purpose: any lawful activities. Ad#130199

**LEGAL NOTICE**

Notice of Formation of Developing Happy, LLC. Arts of Org. filed with New York Secy of State (SSNY) on 8/22/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1702 Western Ave Apt 2-309, Albany, NY 12203. Purpose: any lawful activity. Ad#128909

**LEGAL NOTICE**

NOTICE OF FORMATION OF DUNN FINANCIAL GROUP LLC On 8/26/16, Articles of Organization of Dunn Financial Group LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSNY is designated as

**LEGALS**

**LEGAL NOTICE**

the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSNY shall mail a copy of any process against it served upon him or her is Dunn Financial Group LLC, 2 Wall Street, Suite 4, Albany, NY 12205. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#130275

**LEGAL NOTICE**

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: GLion Property-01, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 8/11/16. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 72 Fielding Way, Albany, NY 12203. Purpose: Any lawful act or activity. Ad#131536

**LEGAL NOTICE**

HARVEST OF THE SEA, LLC Articles of Org. filed NY Sec. of State (SSNY) 9/26/2016. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 214 North 11th St., #6S, Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful purpose. Ad#131934

**LEGAL NOTICE**

Notice of Formation of Helderberg Webworks, LLC. Arts of Org. filed with NY Secy of State (SSNY) on 7/29/16. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 35 Arnold Rd, Delanson, NY 12053. Purpose: website dev & user experience consulting. Ad#129410

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: IZZY D REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/13/16. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC at, 2621 East 63rd Street, Brooklyn, NY 11234. Purpose: For any lawful purpose. Ad#133478

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: JG and TG Holdings LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/11/16. Office loca-

**LEGALS**

**LEGAL NOTICE**

tion: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLCat, 1755 Broadway, Brooklyn NY 11207. Purpose: For any lawful purpose. Ad#133477

**LEGAL NOTICE**

NOTICE OF FORMATION OF PROFESSIONAL LIMITED LIABILITY COMPANY. NAME: LACLAIR & DELUCA, PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 7/29/16. Office Location: Albany County. SSNY has been designated as agent to the PLLC upon whom process against it may be served. SSNY shall mail a copy of the process to the PLLC, 5 Clinton Square, Albany, New York 12207. For any lawful purpose. Ad#131950

**LEGAL NOTICE**

Larsen Property Development, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 09/23/16. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 11 Danton Lane, Lattingtown, NY 11560. Purpose: General. Ad#133222

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: LEANNE TASHJIAN DESIGNS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on October 06, 2016. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 80 Mordella Rd, Albany, New York 12205. Purpose: Jewelry Design and Sales. Ad#133482

**LEGAL NOTICE**

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: LOUGHLIN DAWN LLC. Articles of Organization filed with NY Secretary of State, August 15, 2016. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Dawn Homes Management LLC, 20 Corporate Woods Blvd, Albany, New York 12211 Ad#129879

**LEGAL NOTICE**

ARTICLES OF INCORPORATION OF MAC PERFORMANCE ROCKETRY LLC. The purpose for which the Company was formed on August 11, 2016 in Albany County is to engage in any lawful act or activity under the LLC of the State of New York. The Secretary of State is designated as the agent of the

**LEGALS**

**LEGAL NOTICE**

LLC upon whom process against it may be served at PO Box 11, Altamont, NY 12009. Ad#130280

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY Articles of Organization of MS Center of North-eastern NY, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on September 8, 2016, effective on the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC at 1205 Troy-Schenectady Road, Suite 105, Latham, NY 12110, which shall be the principal business location. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the NYS Limited Liability Company Law. Ad#

**LEGAL NOTICE**

Notice of formation of Limited Liability Company. Name: New World Contractors LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 8/24/16. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the Single Member Andrew Szurlo, 4 Herman Street, Albany, NY 12205. Purpose: for any lawful purpose Ad#130843

**LEGAL NOTICE**

NOTICE OF PUBLIC HEARING ON THE BUDGET NOTICE IS HEREBY GIVEN that the Proposed Budget of the Slingerlands Fire District located in the Towns of Bethlehem and New Scotland, Albany County, State of New York, will be presented to the Board of Fire Commissioners of the Slingerlands Fire District, for its consideration.

A PUBLIC HEARING will be held at 7:00 p.m. at the Slingerlands Fire District firehouse located at 1520 New Scotland Road, Slingerlands, New York 12159, for the Towns of Bethlehem and New Scotland, Albany County, State of New York on the 18th day of October, 2016.

Pursuant to Town Law §105, the Board of Fire Commissioners must hold a public hearing on the budget, make the proposed budget available to the public prior to the public hearing, allow the public to comment on the budget at the public hearing. This public hearing must be held to allow maximum public participation in the hearing.

The purpose of the public hearing is to allow

**LEGALS**

**LEGAL NOTICE**

any person to be heard in favor of or against the proposed budget as it is submitted, or for or against any item or items contained in the proposed budget, and hearing all persons interested in the subject concerning same.

That a copy of the proposed budget is available at the Office of the Town Clerk's Office for the Town of Bethlehem at 445 Delaware Avenue, Delmar, New York and the Town of New Scotland at 2029 New Scotland Road, Slingerlands, New York and the Fire District Secretary at the Slingerlands Fire District's firehouse where it may be inspected by an interested person during office hours. Ad#131565

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: PHG CAPITAL FUNDING LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/13/16. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLCat, 48 South Service Road, Melville, NY 11747. Purpose: For any lawful purpose. Ad#133480

**LEGAL NOTICE**

PINNACLE BUSINESS VENTURES LLC Filed with SSNY on 09/21/2015. Office: Albany County. SSNY designated as agent for process & shall mail to: 222 South Pearl Street, Albany NY 12202. Purpose: Any Lawful activity. Ad#131276

**LEGAL NOTICE**

PRACTICAL ENVIRONMENTAL SOLUTIONS LLC Notice of formation of Practical Environmental Solutions LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 9/26/16. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, 11 Winners Circle, Albany, New York 12205. Purposes: are to incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the Limited Liability Company; and to carry on any other activities necessary to, in connection with or incidental to the foregoing, as the Managers in their discretion may deem desirable. Ad#132654

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: RED BARK PROPERTY MAN-

## NEWS

# Teal-N-Treat

Teal pumpkin homes offer safe alternatives for children with food allergies this Halloween

By ALI HIBBS

hibbsa@spotlightnews.com

**BETHLEHEM**—Food Allergy Awareness month may not be until next May, but for those who would like to help raise awareness as we near Halloween—a night when children will be going door to door collecting treats by the bagful—will have at least two opportunities to promote food safety and awareness in their communities by taking part in the Food Allergy Research and Education (FARE) Teal Pumpkin Project.

Originally launched as a local awareness activity in Tennessee, the Teal Pumpkin Project went national with FARE in 2014 and has since become an international movement, reaching all 50 states and 14 countries last year. According to the project, 1 out of every 13 children has food allergies and they send someone to the emergency room every three minutes. A 2013 study done by the Centers for Disease Control and Prevention found that food allergies among children increased approximately 50 percent between 1997 and 2011, the cause of which has not yet been identified. In an effort to include those children in the fun of Halloween trick-or-treating, households are encouraged to place a teal pumpkin in front of their homes to signify that they also have non-food treats, such as glow sticks or stickers, to offer children with food allergies which prevent them from eating traditional Halloween candy.

Bethlehem High School senior Lindsey Stento lost her friend Natalie Giorgi to a peanut allergy when Giorgi was only 13 years old. “She passed away three years ago,” said Stento, “and we would always do the walk for food allergies with FARE (the most recent took place on the first of October), and I was looking into doing more for food allergies and I found the Teal Pumpkin Project.” Teal, Stento explained, “is for food allergies as pink is for breast



Lindsey Stento

Submitted photo

cancer.” So, last year, she was able to acquire 50 pumpkins at a discounted price from Hewitt’s Garden Center in East Greenbush, and she got a group of friends together to paint and distribute them throughout her neighborhood.

“There was one on every doorstep,” she said proudly. “And so this year, I wanted to go a step further.” This year, said Stento, she managed to get 100 pumpkins, all donated this time (thanks, she said, to the Slingerlands Price Chopper, the Glenmont Hewitt’s and Trader Joe’s in Colonie) and, as well as distributing them throughout her immediate neighborhood, she will be selling them at the Delmar Farmers Market at Bethlehem Middle School on October 22, for \$5 a piece, to any one

who wants to show support. Proceeds will go to support food allergy awareness and research.

Stento, who has been painting pumpkins all month, said that’s she’s received a lot of support from her family and friends. “Even my brother’s friends come over and help out,” she laughed. “There are pumpkins all over the garage; it’s definitely a big group effort.”

“Normally,” Stento continued, “people don’t realize on Halloween the allergies that people can have; it’s a thing that people look past and they just hand out candy. FARE definitely helped to put out the idea that there should be non-candy treats so that people who do have allergies are able to still go trick-or-treating and not worry.

“I feel like kids nowadays are definitely more prone to allergies,” said the senior, who has no allergies herself but has seen first-hand the effects of a serious allergic reaction. “So when I do go door to door to hand out the pumpkins, they think it’s such a great idea that’s someone is thinking about kids with allergies at this time of year.”

Stento particularly appreciated the relationship she established with Trader Joe’s. “They’re all about organic and healthy and so the manager that I dealt with loved the idea,” she said. He not only supported her cause, she said, but also gave her organic, “allergy-free” lollipops made with a limited amount of typically non-allergenic ingredients.

Stento, who is applying for early admission to several colleges, says that she wants to major in biology, with the goal of working in the medical field—a fitting focus—when she settles on a college for next year. Noting that the Teal Pumpkin campaign is still very new, she said she also hopes to keep painting pumpkins “for many years to come.”

One week after Stento will be selling her teal pumpkins at the Delmar Farmers Market, on Saturday, Oct. 28, the Guilderland Center Rehabilitation and

Extended Care Facility, located at 428 Route 146 in Altamont, will host its first annual Guilderland Center Trick-or-Treat Spooktacular in partnership with the Teal Pumpkin Project.

“Food allergies are a life-altering and potentially life-threatening disease, and a growing public health issue,” said Guilderland Center Rehabilitation and Extended Care Facility Admissions Coordinator Wendy Decker. “For these children, even a tiny amount of their allergen has the potential to cause a severe reaction.

“By placing a teal pumpkin in front of our facility and offering non-food treats such as yo-yo’s, teal-colored frisbees and other toys as an alternative to candy, we can show children with severe allergies that Guilderland Center Rehabilitation and Extended Care Facility is a safe place to trick-or-treat without the dangers,” she added.

The afternoon will feature a costume contest with prizes by age group and trick-or-treating throughout the facility, collecting devilish delights along the way. Halloween bags will be provided for children to collect their treats.

“For the residents of nursing facilities, children are always a welcome addition to the day,” said Guilderland Center Rehabilitation and Extended Care Facility Administrator Josh Gurock. “Halloween provides an opportunity for them to interact with young children and bring back memories of their childhood. It also takes them back to the days when their own children were the kids dressing up.”

Anyone wishing to learn more about the Teal Pumpkin Project, learn how to manage food allergies, advocate for those who have them, or simply to donate to FARE, should visit [www.foodallergy.org](http://www.foodallergy.org). Alternately, donations can also be made through the Natalie Giorgi Sunshine Foundation at [nateam.org](http://nateam.org).

### LEGALS

AGEMENT LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on October 11, 2016. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 18 Buchanan Street, Albany, New York 12206. Purpose: Property Management. Ad#133484

LEGAL NOTICE  
ROOPBY, LLC NOTICE OF FORMATION OF LLC ROOPBY, LLC Art. or

### LEGALS

Org. Filed with NYS Dept. of State 8/2016. Office Location Albany Co. SSNY is designated as agent upon whom process against LLC may be served. SSNY shall mail copy of process to The LLC, c/o The Bronsther Law Firm, 12 Century Hill Drive, Latham, NY 12110. Any lawful purpose. Ad#132757

LEGAL NOTICE  
NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: SO RAD APPAREL, LLC. Articles of Organization were filed with the Secretary of State of New

### LEGALS

York (SSNY) on 9/13/16. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC c/o Ann Marie F. Lizzi, 64 Manning Blvd., Albany, New York 12203. Purpose: For any lawful purpose. Ad#130615

LEGAL NOTICE  
NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC) The name of the LLC is SRS Saratoga LLC. The

### LEGALS

Articles of Organization of the LLC were filed with the NY Secretary of State on September 6, 2016. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 302 Washington Avenue Extension, Albany, New York 12203. Ad#133508

### LEGALS

LEGAL NOTICE  
TEARIFFIC LLC Articles of Org. filed NY Sec. of State (SSNY) 9/27/2016. Office in Albany Co. SSNY design. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 214 North 11th St., #6S, Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful purpose. Ad#131935

LEGAL NOTICE  
Notice of formation of Wetch Solutions LLC. Art. of Org. filed with the SSNY on 09/20/16. Of-

### LEGALS

lice: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 827 Greenthorne Blvd, Schenectady, NY, 12303. Purpose: Any lawful purpose. Ad#131884

LEGAL NOTICE  
XANDER 41 LLC Articles of Org. filed NY Sec. of State (SSNY) 7/6/15. Office in Albany Co. SSNY designated Agent of LLC whom process may be served. SSNY shall mail

### LEGALS

copy of process to The LLC @ 41 Fuller Rd. Albany NY 12205. Purpose: Any lawful activity. Ad#130677

LEGAL NOTICE  
NOTICE OF PUBLIC HEARING  
TOWN OF BETHLEHEM

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Town Board of the Town of Bethlehem on the 9th day of November at 6:00p.m. to consider a proposed Local Law Amending the Code of the Town of Bethlehem, Chapter 103, Subdivision Regulations and

### LEGALS

Chapter 128 Zoning, various sections All interested persons and citizens will have an opportunity to be heard at the said hearing. BY ORDER OF THE TOWN BOARD  
TOWN OF BETHLEHEM  
Nanci Moquin  
Town Clerk  
Dated: October 14, 2016  
Ad#133488

To place your Legal Notice: Call 439-4949



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October 19, 2016

# Spotlight on Opinion

www.spotlightnews.com PAGE 14

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## FROM THE EDITOR'S DESK

# Teen is an inspiration

Remembering back to the crucible that was high school, the thought of standing out from amongst the crowd still makes for an anxious, heart-racing moment for many. Few is the count of young adults who have a strong grasp on self-awareness. Those such teenagers who read this now please take this as a compliment. There are adults well into their 30s and beyond who have yet to stand on their own two feet.

Looking back on the teenaged years, one has to understand that the environment of the past is far different from that of today. Where us adults could fall into the sanctity of our bedrooms and hide away from the embarrassment and anxiety of the school day, today's teens can still be reminded of an awkward day through an unwelcomed text, or reading about it on social media. But, the principle of the matter remains the same for every generation. Sometimes the best way to avoid the drama and potential conflict is to keep your nose to the ground, or go along with the tide of popularity defined by the social elite.

Huh, maybe adult life isn't all that different.

So, those precious few brave enough to stand out from a crowd always face adversity. Always. The difference can be as subtle as the wrong shoes or the wrong jeans. The perceived oddity is relentlessly picked at. And, when the day passes on to the next, the faux pas is remembered throughout the course of conversation.

Then, there are individuals like 17-year-old James Charles. James' interests differ from your stereotypical young man. He wears make-up. He wears nails. And, he makes it known. To everyone. His face, done up with some of the most incredible examples of cosmetic creativity is all over Instagram, where he has half a million followers. He shares his technique through videos on YouTube. Nothing subtle there.

James is standing, jumping, dancing, screaming against conformity. Where older generations defined their environment within the walls of their respective high school, James has done what many younger men and women do

today. They push out into the internet. Their world is no longer defined by the hallways they walk in between classes. They're bold enough to declare the world as the environment they navigate through.

And, people have taken notice of James.

CoverGirl, an icon in the cosmetic industry, has associated itself with famous actors and entertainers by naming them as the face of its company. Cybil Shepherd, Drew Barrymore, Rihanna, Queen Latifah, Pink, Taylor Swift, Katy Perry — just to name a few. For nearly 60 years, a woman has been the spokesperson. Last week, James was able to drop those names as among his peer group, as he was named the company's new CoverBoy.

Robert Frost said something about walking the road less traveled. Truth be told, most adults still find it difficult to walk away from the peer pressure of buying North Face or Starbucks.

Well done, James!

*Looking back on the teenaged years, one has to understand that the environment of the past is far different from that of today. Where us adults could fall into the sanctity of our bedrooms and hide away from the embarrassment and anxiety of the school day, today's teens can still be reminded of an awkward day through an unwelcomed text, or reading about it on social media. But, the principal of the matter remains the same for every generation. Sometimes the best way to avoid the drama and potential conflict is to keep your nose to the ground, or go along with the tide of popularity defined by the social elite.*

*Huh, maybe adult life isn't all that different.*



David and Ruth Hoffman ride the train at Hoffman's Playland one last time. Spotlight File Photo

## WHAT HAPPENED IN 2014 ...

# Goodbye Hoffman's

NEWTONVILLE — Hoffman's Playland, the iconic amusement park that entertained generations of children throughout the years, ended its storied chapter with a promise to start anew in Albany.

Spotlight's John Purcell reported the following on Oct. 14, 2014.

*The "more" in Huck Finn's Warehouse and More has taken on a whole new meaning after plans were announced to move the rides from Hoffman's Playland to the store in North Albany.*

*David and Ruth Hoffman, owners of*

*Hoffman's Playland, took one last ride on the amusement park's train before announcing a deal with Huck Finn's to keep the rides within Albany County. The new Huck Finn's Playland was to \$1.8 million to open, with \$650,000 provided through grants. The push to save the park, or at least the equipment, was started through an outpouring of community support.*

*Albany County Executive Dan McCoy said he was determined to keep the park in the county and not have the rides separated and shipped out to buyers across the country.*

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■ COMMUNITY

# Young man named face of CoverGirl

17-year-old first CoverBoy in company's history

By MICHAEL HALLISEY  
halliseym@spotlightnews.com

**DELMAR** — For the first time in the cosmetic company's 55-year history, CoverGirl is featuring a young man for the face of its products.

And, he's one of our own.

James Charles, 17, a Bethlehem Central High School student whose

cosmetology talents have lent him notoriety on social media, announced to the world he is the newest spokesman for the popular cosmetic company.

"I am so beyond excited and overwhelmed and happy and astonished and of course, SHOOK, to announce that I am the newest face of @covergirl," stated Charles on his Instagram account Tuesday, Oct. 11. "First ever male ambassador for the brand and I am so honored and excited to be working with such an iconic brand."

The teen has spent the

past year posting self-portraits featuring his make-up work online. His Instagram account, @jcharlesbeauty, has since garnered more than 500,000 followers.

"I started my Instagram one year ago to inspire others and as an artistic outlet to challenge myself creatively," stated Charles. "I truly hope that this shows that anyone and everyone can wear makeup and can do anything if you work hard. I can't wait to share with you all what we have in store, but trust me when I say it's gonna be

real good."

News of CoverGirl's announcement lit up like fireworks throughout the day since pop singer Katy Perry posted a picture of herself with Charles to break the announcement.

"Just wrapped another great@COVERGIRL shoot. Honored to have the pleasure to announce the

very first COVERBOY, James Charles!" stated Perry, who was named CoverGirl in 2013.

CoverGirl, a Proctor & Gamble company, launched in 1961 with a "Girl Next Door" campaign helped by the face of television and film actress, Cybil Shepherd. Today, entertainers

of all sorts including Drew Barrymore, Zooeey Deschanel, Ellen DeGeneres, Dania Ramirez, Christobelle Grierson-Ryrie, Rihanna, Queen Latifah, Sofia Vergara, Taylor Swift, Zendaya, Janelle Monae, and Pink now represent the company's product line.

## From page 1 ... High lead levels

- Sink in Room 45: 24 ppb
- Sink in the Room 19 bathroom: 28 ppb
- Sink in the gymnasium: 18 ppb
- Sink in the library office: 26 ppb
- Sink in Room 1A: 40 ppb
- Dishwasher sprayer in the kitchen: 18 ppb

The testing was done in accordance with a law signed by Gov. Andrew Cuomo in September mandating all schools across the state test all sources of water potentially used for drinking and/or cooking.

Sampling for all five elementary schools in Bethlehem was done in September, and all the sources of water in three were below the 15 ppb threshold. The state requires

remediation of any source of water that has 15 ppb or more of lead.

Results of tests from water sources at the Bethlehem high school and middle school are expected next month.

"We take the safety of our students and staff very seriously and are complying with the new testing regulations," said Superintendent Jody Monroe in a statement. "In all, 900 water outlets are being tested districtwide."

According to the district, a number of samples came back with lead levels less than 1 ppb. The average ppb of lead in the water at Slingerlands Elementary School was 4.7 ppb and at Elsmere it is 5.3 ppb, well below the 15ppb threshold.

Before a plan of action

is determined to rectify the issue, the district will draw a second sample from each of the 11 water sources to confirm the initial results.

District spokeswoman JoEllen Gardner, in an email, said the district will know more about what the long term solution entails – to replace pipes or fixtures or both – after "closer inspection and further testing."

Lead ingested by children can lead to developmental delays, learning difficulties, irritability, loss of appetite and abdominal problems.

Anyone with questions about the lead situation at Elsmere Elementary School can contact Principal Kate Kloss at [kkloss@bcsd.neric.org](mailto:kkloss@bcsd.neric.org).

Those with questions about the lead situation at Slingerlands can contact Principal Heidi Bonacquist at [hbonacquist@bcsd.neric.org](mailto:hbonacquist@bcsd.neric.org).

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## From page 2 ... Empowering Africa

larger community. She has no illusions that this will happen overnight, so right now the organization is working on developing a model inclusive education school, to be used as an example to others. "And then," she said, "hopefully we can spread it through the whole country."

The ten years she's spent in Ghana haven't been easy, Brown admitted.

One thing Kekeli strives for is early intervention. Brown says the saddest thing she has experienced was watching a hydrocephalic infant die last year at the hands of indifferent doctors who not only neglected to give the child adequate care, but callously insinuated that the parents should have let her die. "It's very difficult when we have to face those challenges," she said.

For better or worse,

Brown now considers Ghana her home and says she looks forward to going back in early November. She returns home once month each year to visit family and to raise funds for the work she's doing. "Fundraising is a very important part," said Brown. "But we do spend most of our time working with the children." In her absence, Bradford Tay, Kekeli's project manager, has overseen continuing programs and conducted a series of inclusive education workshops.

Brown clearly misses her home in the town of Ho, the capital of Volta. "I can't be gone too long," she laughs ruefully. But, she said, before she returns to Africa, she plans to hold an African Festival fundraiser at the Delmar Reformed Church on Delaware Avenue., to share her work abroad with the town

where it all began.

Between 2 and 5 p.m. on Oct. 23, Brown will talk about Kekeli's work and visitors will be able to hear two traditional African drumming groups perform. There will be opportunities to learn to play traditional African instruments, make jewelry, participate in a silent auction and learn about Ghanaian culture.

"We are always working," said Brown. "We have opportunities to donate online, where we share stories." The biannual newsletters posted in June and December highlight personal stories and talk about the successes or failures of Kekeli's various endeavors, as well as feature photographs taken by Brown. Anyone wishing to learn more can visit the website at <http://www.kekelighana.org/> or attend the festival on Friday, Oct. 28, experience some African culture first-hand and have a chance to speak with one of Bethlehem's own humanitarian heroes.

## McCoy's pick withdraws name

By ALI HIBBS  
[hibbs@spotlightnews.com](mailto:hibbs@spotlightnews.com)

ALBANY—On Oct. 13, the county Legislature, voted to approve County Executive Dan McCoy's appointment of Judge Stephen Herrick as the county's public defender, but they were never given a chance to decide on his choice for director of the Economic Development, Conservation and Planning Department.

After telling the legislature's Personnel Committee the job was a dream come true in late September, Matthew Cannon withdrew his name from consideration before a vote could take place.

Typically, legislators are reluctant to challenge executive appointments, as those positions report to and serve at the pleasure of the county executive. In this case however, it seems the lack of qualifications was something they were unable to overlook.

In a letter to McCoy Planning Board Acting Chairman Dominic Rigosu indicated the board met on Oct. 13—the same day the appointment was withdrawn—to review Cannon's qualifications per

a September request from the county executive.

"The board has determined that the candidate does not appear to possess the professional training and experience in the field of metropolitan, regional, county or municipal planning as described in Section 1101 of Article 11 of the Albany County Charter," wrote Rigosu.

John Marsolais, director of the county Department of Civil Service, addressed a letter to McCoy's chief counsel, Christine Quinn, reading simply, "I have determined that he does meet the qualifications for the Director of Economic Planning, Conservation and Planning position."

Legislators on both sides of the aisle appeared dissatisfied with, if not confused by, McCoy's appointment. Several pointed to a former relationship the two men had through Gramercy Communications, where Cannon worked twice and had at least some dealings with McCoy's previous campaign efforts.

"It's a political resume," said Legislator Mark Grimm of Guilderland (R-29). "I really feel that

the county executive should have his choice of appointments, because we do hold him responsible for how well he does, but who are we kidding?"

He mentioned that McCoy has said that it has been hard to fill the position—which has been vacant since 2013—because the \$120,000 budgeted salary isn't attractive enough. "I have a hard time believing that," said Grimm.

My vision for an Economic Development director for Albany County is to find someone to effectively market the county to attract businesses and show them what the county has to offer," said McCoy in a prepared statement, after abruptly cancelling an interview to discuss the topic. "That is why I nominated Matt Cannon for the position."

McCoy declined to answer questions about his vision for the future of the department. His office said that he will be holding a press conference in coming weeks to go over his plans for a "cultural and economic development fund," for which he included \$250,000 in his proposed 2017 budget.





**PICK OF THE WEEK**



**Eric Johnson**

Texas blues legend Eric Johnson brings "An Evening of Acoustic Guitar & Piano" to the Cohoes Music Hall, Saturday, Oct. 22 in celebration of the release of his new album "EJ"

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**Arts calendar**

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**Making friends**

A local series offers a more sociable take on "social media"

Page B6

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**POP CULTURE**

# Bean of knowledge



Loudonville coffeehouse serves up more than just a cup of coffee, you can walk away with sound financial advice

By **MICHAEL HALLISEY**  
[halliseym@spotlightnews.com](mailto:halliseym@spotlightnews.com)

**LOUNDONVILLE** — There is more than meets the eye of the novice customer walking into Edén Cafe.

Take in, for an example, the Tree of Knowledge — complete with the apple — incorporated into the cafe's logo. Wrapped around the logo is the coffee house's full name: Edén Advisory Services Cafe.

Therein lies your first clue.

Certainly, Edén Cafe is a coffeehouse. The menu offers up witty options to choose from. An assortment of muffins are offered under "Do you know the Muffin Man?," or a "No Soup For You!" featuring a choice between New England clam chowder or lobster bisque. (There's even a response to Bruce Feirstein's bestseller with "Real Man Quiche.") And, for sides, you can order up a financial adviser for 20 minutes.

"Technically, we're an advisory services practice that has a really cool lobby.... I was in the advisory services industry for 28 years. 2008 had a lot of turmoil in the market... It was a nightmare internally

**Continues on page B31**

**LEARN, RELAX**

—

There's more behind the name at Edén Cafe

Michael Hallisey / TheSpot518

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### AUTUMN WONDERLAND

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### quotes of the week

"It's like Dave and Busters for adults, but on crack."

— Mike Cavanaugh, General Manager, Lucky Strike Social Crossgates Mall

"I run a cafe, but the baristas and managers can basically run it while I can sit with my clients and have breakfast. Have lunch. Have dinner. I can invite them to listen to an acoustic guitarist. Every so often, I can get up and play it myself, which I love to do."




— Joe Ventura, Owner of Eden Cafe



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■ JUST ANNOUNCED

# Palace to host Beach Boy

Brian Wilson celebrates 50 years of 'Pet Sounds'

**ALBANY** — Brian Wilson is bringing his Pet Sounds 50th Anniversary World Tour to Albany's Palace Theatre on April 26, 2017.

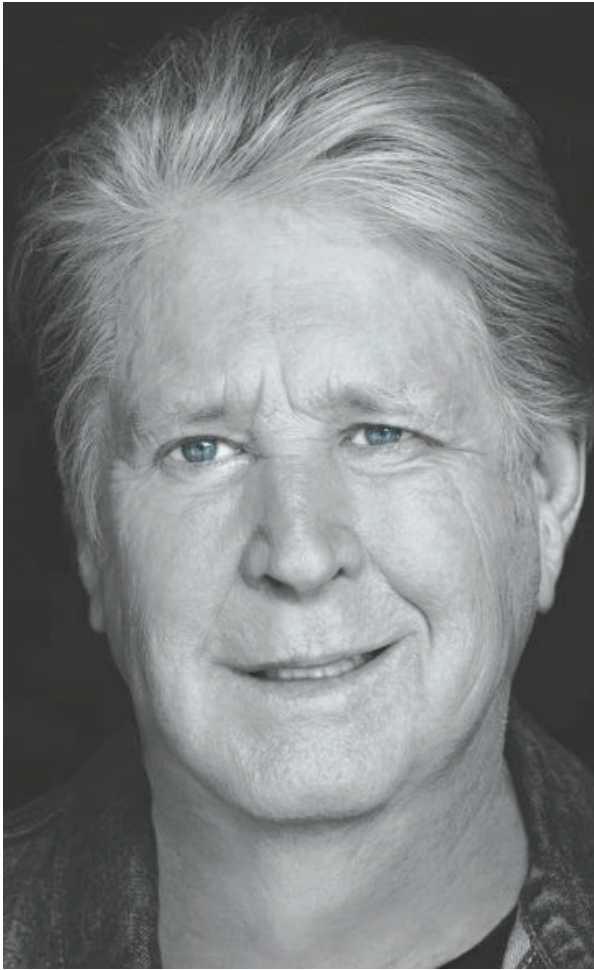
Wilson and his band, which includes former Beach Boys members Al Jardine and Blondie Chaplin, will perform the entire "Pet Sounds" album, as well as other hits and fan favorites from the classic American band's catalogue.

"There were so many cities on this great tour that myself, my band, Al and Blondie just couldn't get to playing," Wilson said in a press release. "We're performing more shows than ever before, and the fans keep asking for more. It's been a real trip so far, and I'm happy that we'll have the chance to reach so many people that weren't able to catch our shows."

The originator of the California Sound, Wilson was the man behind the success of the Beach Boys in the '60s. In addition to performing on stage, he is responsible for writing or co-writing more than two dozen Top 40 hits for the super group. His early success allowed him to unprecedented freedom in the recording studio, where he was allowed complete autonomy to produce without corporate input.

The Grammy-award winning artist was inducted into the Rock and Roll Hall of Fame in 1988. Rolling Stone magazine listed him among its "100 Greatest Singers of All Time" in 2008.

Tickets range from \$39.75 to \$89.75 and are on sale at the Palace Theatre box office, through Ticketmaster Charge-by-Phone at 800-745-3000 or online at ticketmaster.com.



Submitted photo

■ COMING UP IN ALBANY

## Bill Maher

Albany Palace Theatre — Sunday, Nov. 6

**ALBANY** — Comedian Bill Maher has made his living talking politics, and come this November he'll have plenty to share in Albany.

Bill Maher takes to the Albany Palace Theatre stage Sunday, Nov. 6 at 8 p.m.

For more than 20 years, Maher has set the boundaries of where funny, political talk can go on American television. First on "Politically Incorrect" (Comedy Central, ABC, 1993-2002), and for the last thirteen years on HBO's "Real Time," Maher's combination of unflinching honesty and big laughs have garnered him 34 Emmy nominations.

Tickets range from \$39.50 to \$95 and are on sale at the Palace Theatre Box Office, Ticketmaster Charge-by-Phone at 800-745-3000 and online at ticketmaster.com.

■ ... ALSO IN ALBANY

## Henry Rollins

The Egg — Wednesday, Nov. 2

**ALBANY** — The Egg, the Empire State Plaza's Center for the Performing Arts will present the spoken word of Henry Rollins, Wednesday, Nov. 2 at 8 p.m.

Rollins provides often biting commentary on the current state of politics with anecdotes on his latest L.A. experiences, and his perspective gained from his extensive world travels. Rollins' first vehicle for expression was that as frontman for iconic punk band Black Flag.

Tickets are available for \$25. For tickets and more information, visit TheEgg.org.

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■ VENUE PROFILE

# Another planet: Jupiter Hall

New venue changing what it means to go to the mall

By ALI HIBBS  
hibbsa@spotlightnews.com

“It’s like Dave and Busters for adults, but on crack,” said Mike Cavanaugh, the general manager of Lucky Strike Social at Crossgates Mall. He pointed out that the games, restaurant and bowling lanes are suitable for children, but that they’re not the venue’s targeted customers. It’s past 11 p.m. on a Saturday night and Cavanaugh is overseeing the launch of a weekly electronic dance music (EDM) night—and the grand opening of Jupiter Hall, the venue’s 650-person performance space.

It’s an admittedly strange feeling to walk into a mall late at night on one’s

way to what is essentially a rave—in a mall, in a video arcade/gastropub, with bowling lanes. It’s certainly a far cry from the empty warehouses and giant venues of years past. Need a break from the thumping house beats in the 650-person music hall? No problem, just go play a little skeeball or bowl a round.

“It’s really a big adult playground,” said Cavanaugh, leading the way down a blue-lit hallway past a uniformed doorman into Jupiter Hall. DJ Costa was well into his set and the dance floor vibrated with exuberant revelers alternately showered by bubbles and confetti canons, lit up by lazer lights and glow necklaces (handed out exclusively by hot girls), and tossing large blow-up animals around the space. Everyone was dressed to the nines in short skirts, sparkly heels and sport

coats.

In the middle of the club space is an open VIP area, divided by an entrance to the dance floor, where guests receive bottle service and lounge on black leather couches. The bar at the back of the room has a good selection, if the bartender can manage to hear you over the DJ set. Heading out to the bar in the venue’s main area, however, is a nice way to compose oneself after an hour of solid dancing. (And skeeball.)

Even those of us who remember earlier days in the electronic music scene would have to admit: this place is pretty dope. Hell, most of us would have probably tried to book it immediately. The biggest drawback, frankly, is its location.

Honestly, the mall?

Yep. This, my friends, is the next evolution of mall—Mall 2.0. Via



Photo by Ali Hibbs / The Spot518

Port in Rotterdam, for instance, has redesigned Rotterdam Square Mall into a mixed use retail and entertainment zone that even includes an aquarium. The DestinyUSA mall in Syracuse offers indoor rope climbing, glow-in-the-dark golf and a mirror maze. As retail moves increasingly online, malls have been looking for ways

to remain solvent and it seems that moving away from retail-only to mixed-use, entertainment-heavy models is the fix of choice. Visitors can still shop, but are also encouraged to stay and play. Across the county, malls have been adding a variety of entertaining attractions such as laser tag, go-kart courses, state-of-the-art gaming options,

comedy venues, escape rooms, simulated skydiving and, apparently, dance clubs.

This Saturday, Oct. 22, you can check it out for yourself. DJ Dirty Dek, a prog house turntablist based out of Boston, will be rocking the decks from 10 p.m. until late night.

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■ PICK OF THE WEEK

# Guitar legend takes to Cohoes stage

**COHOES** — Texas blues legend Eric Johnson brings “An Evening of Acoustic Guitar & Piano” to the Cohoes Music Hall, Saturday, Oct. 22 in celebration of the release of his new album “EJ.”

Thirty years after his breakthrough solo release “Tones” brought him national recognition, Texas guitar legend Eric Johnson is releasing his first all-acoustic album. Showcasing nine original compositions and four covers, “EJ” is easily Johnson’s most intimate album to date. “Ever since I was young, I’ve played piano and acoustic guitar in my private life,” Johnson says. “This type of music has always been a part of me, but I never showcased it on any kind of bigger level, like a full acoustic record. With ‘EJ,’ I just decided to be more honest with myself and everybody, and show more of my personal side.” “EJ” brings listeners as close as possible to hearing Johnson in his own living room, performing songs on piano and steel-string and nylon-string acoustic guitars.

Johnson, long known for his painstaking approach to making records, used a much more immediate approach for the self-produced “EJ.” “Almost all

of that material was cut live,” Johnson explains. “Some of the songs I actually sang and played at the same time – just live in the studio. Recording this way gave it more of an honest realism and organic emotion. Especially on the acoustic, you just have to get in there and play.” Throughout his career, Johnson has approached music as a healing force, a way to enhance a listener’s consciousness and conjure joy and inspiration. “That’s what I’ve always appreciated most about other artists,” he says. “Some artists inspire us to wake up and get back to the clarity of consciousness. With this record, I’m trying to do that too, because I appreciate it so much in other people.”

Tickets are on sale at the Cohoes Music Hall Box Office (58 Remsen St. Cohoes, NY). Cohoes Music Hall Box Office hours are Monday through Friday 9 a.m. to noon. Tickets are also available for purchase at the Palace Theatre Box Office (located at 19 Clinton Ave), via Ticketmaster Charge-by-Phone at 800-745-3000 online at ticketmaster.com.

For more information call 953-0630 or visit thecohoesmusichall.com or palacealbany.com.



Submitted photo

■ WHAT’S HAPPENING

## Holly & Evan Band

The Newberry Music Hall — Saturday, Oct. 22

**SARATOGA SPRINGS** — The Albany-based trio takes its blend of blues, alternative rock, jazz and soul and brings it to the Newberry Music Hall stage on Saturday, Oct. 22.

Holly Taormina (guitar and vocals), Evan Conway (upright and electric bass) and Bob Morris (drums) promise a high energy show with plenty of music to which concertgoers can dance.

“If I Said It,” is the No. 1 hit listed on

ReverbNation.com. The track is deeply rooted in jazz, wonderfully accompanied by the Taormina’s sultry vocals.

Tickets are \$10 in advance and \$10 on the day of the show. Doors open at 8 p.m., with the show scheduled to start at 9 p.m.

The Newberry Music Hall is located at 388 Broadway in Saratoga Springs. For information, visit newberrymusichall.com.

## Chase Con Presents: Saratoga Comic Con

Saratoga City Center — Saturday & Sunday, Oct. 22 - 23

**SARATOGA SPRINGS** — It’s a weekend full of cosplay, gaming, anime, comics, artists and furies at the Saratoga City Center starting Saturday, Oct. 22.

Chase Con’s Saratoga Comic Con was founded in 2014 by Samuel J. Chase, with aspirations of it becoming a “Comic Con Expo.” The weekend event not only features comic book dealers, but also showcases artists, vendors and guest stars that go beyond the comic panels.

Guest stars scheduled to appear include actor J.G. Hertzler (Star Trek, Zorro), voice actor Alyson Leigh Rosenfeld (Pokemon), actor Scott Schiaffo (Clerks), Dahlia Legault (The Walking Dead), Jeremy Ambler (The Walking Dead), Gene Snisky (WWE wrestling) and comic artist Jim Lawson.

Saratoga City Center is located at 522 Broadway in Saratoga Springs. For tickets and information, visit chasecon.org.

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POP CULTURE

# Making art and friends

Ongoing series combines cocktails with artful play

**TROY** — A local arts organization is hosting a series of events that offers a more sociable take on “social media.”

The Arts Center of the Capital Region is hosting a monthly “Social Media” event series that combines making art with making cocktails with making friends.

“We call this thing on the Internet ‘social media,’ but are we actually being social with our friends?” asked Andrea LaRose, marketing coordinator for the Arts Center. “These events at The Arts Center are happening ‘offline,’ in real life. This is the original social media.”

The series debuted last month with a sold out “Pottery & Mudslides” that invited participants enjoy a mudslide cocktail with

friends and then channel their inner Patrick Swayze by putting their hands in the clay and learning to throw on a potter’s wheel in the ceramics studio.

Each of the two remaining Social Media events this year will pair a signature drink in a clever nod to the artistic medium of the evening. A letterpress printing night will serve up “colored martinis.” And, spiked eggnog will be the drink of choice for Taffy Pulling. Each event will have food.

“A lot of people are afraid to try making art because they think they aren’t creative,” said Nicole Peterson, Arts Center director of development, who designed the series with LaRose. “This is a low pressure environment where you can have a drink, meet new people, make new things and just have fun.”

Both Peterson, 29, and LaRose, 24, said Social

Media events, which occur on the third Tuesday of every month, are mostly about friend making, and they hope newcomers will make friends with the Arts Center in the process.

“The Arts Center is not just a place to take classes, it’s also an art gallery and a theater and a cool place to come visit and hang out,” Peterson said.

Though all are welcome at Social Media events, the organizers expect to attract those in the 21 to 45 age range who are hungry for an alternative to the bar scene.

“This could be a great thing to do on a date,” LaRose said. “You can bring a friend, make a friend. The vibe will be relaxed and low pressure. Just put your phone down, get a drink and make something fun.”

Elizabeth Reiss, Arts Center CEO, said the series is “not about pounding drinks or taking

art too seriously” but rather it’s about “doing your own thing, learning a little something and discovering something about yourself.”

Though the first event attracted a large number of young women, Reiss said the second event is expected to be a mixture of young and older participants.

“One of the great things about the cultural scene in Troy is that it’s enjoyed by people of all ages having fun together,” Reiss said. “I feel like we have a lot of people who try on Troy here at the Arts Center. They’re wearing it for a night kind of thing.”

The Social Media series is an example of the new programming that a relatively new and young Arts Center staff is rolling out.

Social Media events are sponsored in part by Recognize Vodka and Star Bartenders Institute, located on Fourth Street in Troy, which will supply one bartender per event. The schedule of events is as follows:

**Tuesday, Nov. 15:**

Letterpress Printing & Colored Martinis 5:30 to 7:30 p.m.: Drink Ink (not really) with colorful martinis, then venture into the print studio to explore this centuries old art. You’ll print a short phrase to take home and hang on your wall!

**Tuesday, Dec. 20:**

Taffy-Pulling & Spiked Eggnog 5:30 to 7:30 p.m.: ‘Tis the season to indulge your sweet tooth! Join us to make and pull your own taffy. Showcase your culinary art at your holiday soiree, or give it as a handmade gift from the heart. Enjoy spiked eggnog, and go home to celebrate the holidays!

Tickets for Social Media cost \$25, which includes materials, a snack and a first drink. For more information, call Nicole at 273-0552 ext. 226.

Buy online: <https://www.artscenonline.org/social-media/>.

— Duncan Crary

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■ ON THE HORIZON

# Food & Wine event names dates

8th Annual Albany Chef's Food & Wine Festival next January

By **ALI HIBBS**  
hibbsa@spotlightnews.com

**ALBANY**— The annual three-day food and beverage festival supporting local arts now collaborating with new weeklong city-wide “festival week” to support local businesses

Savory symbiosis at its finest.

Since its conception in 2009, The Albany Food and Wine Festival: Wine & Dine for the Arts has evolved into a spectacular display of local culinary talent and myriad beverages, from wine and craft beers to astonishingly crafted cocktails. It is also one of the region's largest fundraisers for local arts organizations, for which it has raised nearly \$700,000 since Donna and Yono Purnomo, of Yono's, originally undertook to save the endangered Capital Repertory Theatre.

This year, the popular event will take place Monday to Wednesday, Jan. 12 to 14, 2017 at the Hilton in Albany, featuring a series of independent events

that can be enjoyed individually or as a package: Grand tastings featuring 70 of the region's top chefs and more than 250 global, local and craft beverage producers; competitions such as the Battle of the Bartenders Manhattan and Bloody Mary competitions; and a Slider Slam event at 90 State Street—all of which culminates in a six-course culinary experience prepared by 11 local “Signature Chefs” who have demonstrated “the highest standards of culinary excellence.”

In an effort to build on the success of the event, and benefit the very restaurants that have produced some of this region's best culinary artists, City of Albany Mayor Kathy Sheehan has just proclaimed the week leading up to the festival “Albany Chef's Food & Wine Festival Week.” Throughout the week, the city will celebrate great chefs and culinary institutions—primarily in downtown Albany—that lend their support to the festival each year. Restaurants will have the opportunity to offer featured events or promotions in collaboration with one of the festival's wine, spirit or craft beer vendors, which will then be marketed under the festival umbrella and with the support of its partnerships.



## 2017 Signature Chefs

- AJ Jayapal – Swifty's / Miss Sydney's
- Brian Molino - Mazzone Hospitality
- Dominique Brialy
- Jaime Ortiz – 677 Prime & Mazzone Hospitality
- Jim Rua - Café Capriccio
- Jared Margopolous – Hilton Albany
- Marla Ortega - Illium Café
- Rachel Mabb – The Ruck / Next Level at the Ruck
- Ric Orlando – New World Bistro Bar & New World Catering
- Yono Purnomo – Yono's / dp an American Brasserie

## Rising Star Chef Finalists

- Adryana Washock – The Next Level at the Ruck
- Benjamin McDonough – Rascal's Steakhouse
- Chance Borawski – Wellington's at the Renaissance
- Chris Torncello- Twisted Vine Wine & Tap
- Elliot Vogel – Tala Bistro
- Matt Masto – Yono's / dp an American Brasserie
- Mike Stopczynski – Jack's Oyster House
- Patrick C. Brown – The Brook Tavern
- Peter Hahm – Druther's
- Tracey Kwiecien – Angelo's Prime Bar +Grill

Sheehan, along with the Purnomos and Michelle Hines-Abram, the primary ground-floor organizer of Albany Food & Wine, presented the 2017 event on Oct. 13 at the Palace Theatre in Albany—one of 13 art venues that will be 2017

funding recipients. At that time, the Signature Chefs were announced, as were the “Rising Star” finalists—whose victor is ultimate chosen based on both professional and public scoring metrics,

Continues on B27

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# Night & Day

## SleepWalks at The Chapel & Cultural Center

**TROY** — The Ellen Sinopoli Dance Company will present “SleepWalks: The Body of Dreams” a collaborative multimedia dance performance on Friday, Oct. 21, and Saturday, Oct. 22 at 8 p.m. Both performances will take place at the Chapel and Cultural Center, located at 2125 Burdett Ave., in Troy.

Recalled collective dreams and strong dreamworld themes shared by overnight SleepWalks participants are the source material for these performances with music by composers Lee Pembleton and Andrea Williams. Company dancers transform themselves into the dreamer bodies as they are immersed in Williams’ video projection environments. Reality blurs with the dreamworld as the dancers move back and forth between the reality of sleep and the revelation of our dreams.

A water-themed soundscape encouraged water-themed dreams as well as collective dreams. Utilizing the timestamps of the EEG headband readers worn by participants provided by scientist Todd Anderson and the sound sample timestamps by Pembleton and Williams, there is evidence that sounds can, and indeed do, shape the dreamworld of participating dreamers.



Members of the Ellen Sinopoli Dance Company perform during Made in the Shade at The Egg on Aug. 10.

Michael Hallisey/Spotlight

General admission tickets, which cost \$10 each (plus a \$1.34 service fee), are available for purchase online at [sleepwalksbodyofdreams.brownpapertickets.com](http://sleepwalksbodyofdreams.brownpapertickets.com).

For more information about the Ellen Sinopoli Dance Company, visit [www.sinopolidances.org](http://www.sinopolidances.org).

## A Brown Bear, A Caterpillar & A Moon at The Egg

**ALBANY** — The Mermaid Theatre of Nova Scotia will bring a trio of treasured children’s stories to life during “Brown Bear, Brown Bear and other Treasured Stories by Eric Carle” at 3 p.m. in the Hart Theatre at The Egg on Sunday, Oct. 23.

The show, which initially premiered in 2011, brings old favorites and new friends from three of Carle’s classics together. Since it was first published in 1967, “Brown Bear, Brown Bear, What Do You See?,” written and illustrated by Carle and Bill Martin, Jr., has been a valuable tool in helping hundreds of thousands of toddlers associate colors and meanings with objects. “The Very Hungry Caterpillar,” first published in 1969, joins the whimsical menagerie drawn from the pages of “Brown Bear.”

Finally, “Papa, Please Get the Moon for Me,” published in 1986, is considered one of Carle’s most imaginatively-designed works. A heartwarming exploration of a father’s love for his daughter, it’s the tale of an unusual quest for a unique plaything – the moon – and offers a splendid introduction to the wonderment of the lunar cycle.

Children’s tickets for the show cost \$18 each; one adult will be admitted for free when accompanied by a child with a ticket.

Founded in 1972, the Mermaid Theatre of Nova Scotia is best known for its unique stage adaptations of children’s beloved literary classics. Its innovative puppetry, striking scenic effects, evocative original music and gentle storytelling have been applauded by five million spectators in 15 countries.

The performance is part of The Egg’s Family Wonders series.

For more information or to purchase tickets, visit [www.theegg.org](http://www.theegg.org).



Publicity poster for “Brown Bear, Brown Bear and other Treasured Stories by Eric Carle.”

Margo Ellen Gesser photo

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**CLUBS**

**9 Maple Avenue**  
9 Maple Ave., Saratoga Springs.  
www.9mapleave.com  
Fri: **New Regime** | 9 p.m.  
Sat: **Chuck Lamb Quartet** | 9 p.m.

**Aperitivo**  
426 State St., Schenectady. 579-3371  
Tue: **Jecco Duo** | 5:30 p.m.

**Arthur's Market**  
35 N. Ferry St., Schenectady. 382-1938  
Wed: **Harry Pellegrin** | 7 p.m.  
Every Thur: **Edith's Amazing Jam** | 6 p.m.  
Fri: **Kitchen Jazz** | 7 p.m.  
Sat: **John Slovacek** | 2 p.m.  
**Ferriday, Tor Loney** | 7 p.m.  
Sun: **Jordan Nankey** | 7 p.m.  
Tue: **The Dynamic Duo** | 7 p.m.

**Athos**  
1814 Western Ave., Albany. 608-6400  
Fri: **Fresh** | 7 p.m.

**Café NOLA**  
617 Union St., Schenectady. 357-8628  
Fri: **Yankee Holler** | 6:30 p.m.  
Sat: **E.J. Ray Acoustic** | 6:30 p.m.

**Caffé Lena**  
47 Phila St., Saratoga Springs. 225-0882  
Every Thur: **Open Mic** (42 Phila St.) | 7:30 p.m.  
Fri: **Don Armstrong** (233 Lake Ave.) | 7 p.m.  
Sat: **Aztec Two-Step** (233 Lake Ave.) | 7 p.m.

**Carney's Tavern**  
17 Main Street, Ballston Lake. 280-7959  
Every Thur: **Matty Finn** | 6 p.m.  
Fri: **E.J. Hopeck** | 8 p.m.  
Sat: **The Bremners** | 7:30 p.m.

**Castle Street Café**  
10 Castle St., Great Barrington, Mass. 413-528-5244  
Fri: **Wanda Houston Band** | 8 p.m.  
Sat: **Michael Benedict Trio** | 8 p.m.

**Centre Street Pub**  
308 Union St., Schenectady. 393-2337  
Wed: **Jecco Trio, with Vinnie Fazio** | 6 p.m.

# ARTS CALENDAR



## Divergent paths

Schenectady Civic Players presents "Rapture, Blister, Burn," a 2013 Pulitzer Prize finalist for drama about two friends who take different paths in life, through Sunday, Oct. 23.

Submitted photo

Thur: **Josh & Justin** | 6 p.m.  
Fri: **High Peaks** | 9 p.m.

**Chrome Food & Spirits**  
405 Hudson River Road, Waterford. 326-2725  
Sat: **Wicked wsg ROKKEN** (Dokken tribute) | 8 p.m.

**City Beer Hall**  
42 Howard St., Albany. 449-2337

Every Sat: **90s Dance Party** | 11 p.m.

**Club Helsinki**  
405 Columbia St., Hudson. 828-4800 or helsinki@hudson.com  
Fri: **The Suitcase Junket, Dupont Brothers** | 9 p.m.

**Danceland**  
638 Columbia St., Latham. 785-3888

Sat: **Georgie Wonders Orchestra** | 7:30 p.m.

**Diamond Club Grill**  
Embassy Suites, 88 Congress St., Saratoga Springs. 886-1111  
Fri: **Allen Halstead & Azaam Hameed** | 7:30 p.m.

**Dolce Vita**  
1727 State St., Schenectady. 357-3324

Fri & Sat: **Music and Dancing with Randy Loren** | 5 p.m.

**Eden Cafe**  
269 Osborne Road, Loudonville. 977-3771  
Fri: **Network Jam** | 6 p.m.

**Emack & Bolio's**  
366 Delaware Ave., Albany. 512-5100

Fri: **Joe Gorman** | 7 p.m.  
Sat: **Hoot Owl Moon** | 7 p.m.  
Every Tue: **Open Mic** | 7 p.m.

**Fuze Box**  
12 Central Ave., Albany. 703-8937  
Fri: **Cretin Hop** | 9 p.m.  
Sat: **Viewpoints, American Runaways, One for the Braves, Light It Up, The Steadfast Son** | 6:30 p.m.

**Gaffney's**  
16 Caroline St., Saratoga Springs. 587-7359  
Fri: **Rick Bolton & Jeff Walton** | 5 p.m.  
**Lessard Band** | 9 p.m.  
Sat: **Rich Ortiz** | 9 p.m.  
Tue: **Open Mic w/ Rick Bolton** | 7:30 p.m.

**Ginger Man**  
234 Western Ave., Albany. 427-5963  
Fri: **Dennis Dominic** | 8 p.m.

**Grappa '72**  
818 Central Ave., Albany. 482-7200  
Wed & Thur: **Hamilton Street Jazz Company** | 6:30 p.m.  
Fri: **Groove Nouveau** | 6:30 p.m.

**The Half Moon**  
48 S. Front St., Hudson. thehalfmoonhudson.com  
Fri: **Palm, And the Kids, Battle Ave** | 8 p.m.

**The Happy Cappuccino**  
1 Crossgates Mall Road, Albany. 313-7423  
Fri: **Jeff Nania & Lecco Morris** | noon

**The Hollow Bar + Kitchen**  
79 N. Pearl St., Albany. 426-8550  
Thur: **The Record Company** | 9 p.m.  
Fri: **Mister F** | 9:30 p.m.

**Hudson River Music Hall**  
10 Maple St., Hudson Falls. 832-3484  
Every Wed: **Open Mic** | 7 p.m.  
Sat: **Hungry Jack w/s/g ludica** | 6 p.m.

**Lanie's Café**  
471 Albany-Shaker Road, Loudonville, 438-5005  
Every Tue: **Dan Sherwin** | 6 p.m.

**Continues on B10**

|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
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| 20 |    |    |    | 21 |    |    |    | 22 |    |    |    |    |    |    |    |
| 23 |    |    |    |    | 24 | 25 |    |    |    |    | 26 | 27 | 28 |    |    |
| 29 |    |    |    |    | 30 |    |    |    |    | 31 |    | 32 |    |    |    |
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| 42 |    |    |    |    |    | 43 |    |    |    |    |    |    |    |    |    |
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| 67 |    |    |    |    |    |    | 68 |    |    |    |    | 69 |    |    |    |

**ACROSS**

- 1. Hand warming device
- 5. Aquatic plant
- 9. Put to the test
- 14. Cantina cooker
- 15. 2:00 or 3:00
- 16. Batman's sidekick
- 17. Brought into play
- 18. Robust (hyph.)
- 20. Charger
- 22. Agreeing (with)
- 23. A spy
- 26. "It's no \_\_\_!"
- 29. "... \_\_\_ he drove out of sight"
- 30. Bit
- 31. Depressing experience
- 33. Dress down
- 36. Palm berry
- 37. Large retail store
- 42. Archaeological site
- 43. Begin
- 44. Angioplasty target
- 47. "A Nightmare on \_\_\_ Street"
- 48. Computer monitor, for short
- 51. Cracker Jack bonus
- 52. Dealer in men's furnishings
- 56. Justice Frankfurter
- 57. Go after
- 58. Daydreamer
- 63. Kuwaiti, e.g.
- 64. "Farewell, mon ami"
- 65. Trickster god
- 66. "Let's \_\_\_"
- 67. Strips
- 68. Initial substance of universe
- 69. "Trick" joint

**DOWN**

- 1. Puddinglike dessert
- 2. Heavy overcoat
- 3. Rip off
- 4. Chemical dye remover

- 5. "Bingo!"
- 6. Court ploy
- 7. Soviet labor camp
- 8. Aggregate of qualities
- 9. "Now!"
- 10. Harassed
- 11. \_\_\_-Wan Kenobi
- 12. Compete
- 13. Armageddon
- 19. 007
- 21. Block
- 24. Bakery buy
- 25. Monroe's successor
- 26. So unusual as to be surprising
- 27. Brand, in a way
- 28. Ashtabula's lake
- 32. Light bulb unit
- 33. Bite noire
- 34. Golf ball support
- 35. "Come in!"
- 37. "Dang!"
- 38. Coin featuring Leonardo da Vinci's Vitruvian Man
- 39. Compassion
- 40. "I \_\_\_ you!"
- 41. Poison plant
- 45. Kind of monkey
- 46. Its motto is "Lux et veritas"
- 48. Styx ferryman
- 49. Flea market deal
- 50. Stereo knob
- 53. Soft flour roll with onion and poppy seed
- 54. Glorify
- 55. Predator
- 56. Feed
- 58. Drink from a dish
- 59. "\_\_\_ to Billie Joe"
- 60. 20-20, e.g.
- 61. Barely get, with "out"
- 62. Backboard attachment

Answers on Pg. B30

ARTS CALENDAR



Taking on Mussorgsky

University at Albany music faculty member Max Lifchitz performs Modest Mussorgsky's "Pictures at an Exhibition" Monday, Oct. 24, at 7 p.m. at the UAlbany Performing Arts Center on the school's uptown campus.

Submitted photo

The Low Beat

335 Central Ave., Albany. 432-6572  
Wed: **Hamell on Trial** | 6 p.m.

**The Deadbeats** | 10 p.m.

Thur: **Blank Slate, Bluem** | 7:30 p.m.

Fri: **Briteny Holden, Liam Davis, Vladimir Zeleny, Connor Walsh** | 6 p.m.

**Anthill Annihilator, Factory Radio, Valuable Currency, Honey Ridge Blues Band** | 8 p.m.  
Sat: **Society High, Totally Gnarly, Savage Randys, Agency** | 8 p.m.

Lucky Strike Social

1 Crossgates Mall Road, Albany. 556-3350

Thur: **Nothing But Thieves** | 8 p.m.

Sat: **DJ Dirty Dek** | 10 p.m.

McGeary's

4 Clinton Square, Albany. 463-1455

Every Wed: **Best Damn Open Mic Ever with MotherJudge** | 7:30 p.m.

Every Sun: **Blues Jam** | 7:30 p.m.

Moon & River Café

115 S. Ferry St., Schenectady. 377-5100

Thur: **Running the River** | 7 p.m.

Sat: **Mick Mahoney** | noon

**Kevin Mitchell & Steve Sullivan** | 7 p.m.

Every Sun: **Open Mic** | 7:30 p.m.

Mon: **Nancy's Hootenanny** | 7 p.m.

Tue: **Dave Kitchen Jazz Trio** | 7 p.m.

Mouzon House

1 York St., Saratoga Springs. 226-0014

Thur: **Hot Club of Saratoga Trio** | 7 p.m.

Fri: **Brass & Blues** | 7 p.m.

Sat: **Joe Gitto & Dan Wancyk** | 6:30 p.m.

Newberry Music Hall

388 Broadway, Saratoga Springs. (877) 565-3849

Fri: **Latin Night** | 9 p.m.

Sat: **Holly & Evan, Intell Hayesfield** | 9 p.m.

Oh Bar

304 Lark St., Albany. 463-9004

Thur: **Karaoke** | 10 p.m.

One Caroline Street

1 Caroline St., Saratoga Springs. 587-2026

Wed: **The Masters of Nostalgia** | 8:30 p.m.

Thur: **Cloud Lifter** | 8 p.m.

Fri: **George Muscatello, Shiri Zorn, Bobby Kendall & Eric Hamell** | 9 p.m.

Sat: **The North and South Dakotas** | 9 p.m.

The Parting Glass

40 Lake Ave, Saratoga Springs. 583-1916

Fri: **Big Medicine** | 9 p.m.

Sat: **Neshama** | 8 p.m.

Panza's

510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. 584-6882

Sat: **Chris Dollard** | 7 p.m.

Pauly's Hotel

337 Central Ave., Albany. paulyshotel.com

Fri: **Iudica, Keep Her Warm, Dustin Sawyer** | 8 p.m.

Sat: **Becoming a Ghost, Tell Keller, Colorway, C.K. Flach** | 8 p.m.

Mon: **Blues Jam** | 8 p.m.

Prime at Saratoga National

458 Union Ave., Saratoga Springs. 583-4653

Sun: **Joe Sorrentino Trio (jazz brunch)** | 10:30 a.m.

Putnam Den

63a Putnam St., Saratoga Springs. 584-8066

Thur: **Lord Electro** | 9:30 p.m.

Sat: **Capital Zen, Cosmic Swine** | 9:30 p.m.

Roux

10-01 Vista Blvd., Slingerlands. 487-4358

Fri: **The Upstate Dance Band** | 6 p.m.

Sat: **Andy Baker** | 6 p.m.

Rustic Barn Pub

150 Speigletown Road, Troy. 235-5858

Every Thur: **Open Mic** | 8 p.m.

Fri: **The Harmonic Duo** | 8 p.m.

Sat: **Emerald City** | 8 p.m.

Sake Japanese Steakhouse

611 Troy-Schenectady Road, Latham. 785-7215

Sat: **One-Eyed Cat** | 7:30 p.m.

Speakeasy 518

42 Howard St., Albany. 449-2332

Wed: **Mark Kleinhaut** | 8 p.m.

Thur: **Mark Kleinhaut Duo** | 9 p.m.

Fri: **Nate Giroux Trio** | 9 p.m.

Sat: **Joe Barna Trio** | 9 p.m.

Mon: **Joe Finn** | 8 p.m.

Tue: **Swing Night** | 9 p.m.

Stockade Inn

1 North Church St., Schenectady. 346-3400

Thur: **Completely Different** | 7 p.m.

Fri: **Eileen Mack & Wayne Hawkins** | 7 p.m.

Twisted Vine

384 Kenwood Ave., Delmar. 439-3241

Thur: **Skip Parsons' Clarinet Marmalade Trio** | 8 p.m.

Universal Preservation Hall

25 Washington St, Saratoga Springs. 584-2627

Fri: **John Doyle with Colin Farrell** | 7 p.m.

Sun: **The Lonely Heartstring Band** | 7 p.m.

The Upper Room

59 N. Pearl St., Albany. 694-3100

Sat: **Rumors** | 7 p.m.

Upstate Concert Hall

1208 New York 146, Clifton Park. 371-0012 or upstateconcerthall.com

Thur: **Chelsea Grin, Emmure, Sylar** | 7:30 p.m.

Sat: **Dirty Heads** | 7 p.m.

The Van Dyck

237 Union St., Schenectady. 348-7999

Fri: **The Bird Dogs** | 7 & 9 p.m.

Sat: **California Guitar Trio** | 6:30 p.m.

Waterworks Pub

76 Central Ave., Albany. 465-9079

Thur: **DJ Shawn Gillie** | 11 p.m.

Fri: **Karaoke** | 10 p.m.

Sat: **DJ David Barna** | 10 p.m.

Mon: **Karaoke** | 10 p.m.

Yono's

25 Chapel St., Albany. 436-7747

Fri and Sat: **Hamilton Street Jazz Duo** | 6:30 p.m.

MUSIC

Drums of India

An electrifying evening of drums and vocals from India, featuring renowned table player Bickram Ghosh. Oct. 19, 7:30 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$30. Information: 273-0038 or troymusicall.org.

Music for Four Hands

Pianists Duncan Cumming and Melinda Cestaro perform works by Mozart, Schubert, Fauré and Dvorak. Oct. 19, 8 p.m., University at Albany Performing Arts Center, uptown campus, 1400 Washington Ave., Albany. Tickets: general public \$8, students/seniors/UAlbany staff \$4. Information: 442-3997 or www.albany.edu/pac.

Tim Keegan

Irish tenor who sang for many years with the Foothills Trio and the Inter-Mountain Trio. Oct. 20, 7 p.m., Paul Nigra Center for Creative Arts, 2736 State Highway 30, Mayfield. Tickets: \$10. Information: 661-9932 or www.pncreativeartscenter.org.

Frobenius Organ Concert

An evening of Bach music to celebrate the 20th anniversary of the Frobenius organ and the debut of a French double-manual harpsichord built by Rand Reeves, with performances by Pamela Easler, Alfred Fedak, Brenda Vredenburg, Findlay Cockrell and John Norton, plus a chamber choir. Oct. 21, 7:30 p.m., Saratoga United Methodist Church, 175 Fifth Ave., Saratoga Springs. Admission: free will offering. Information: 584-3720, ext. 110 or

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SATURDAY  
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GIVEN TO FLY (Pearl Jam Tribute)



FRIDAY  
October 28, 2016 | 9 pm  
LET GO DAYLIGHT  
w/s/g PHILLIPS HEAD



SATURDAY  
October 29, 2016 | 9 pm  
BAND OF GHOSTS  
w/s/g RECHORDURYS

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## ARTS CALENDAR

www.saratogaumc.org.

### David Scheel in: Don't Shoot Me, I'm Only the Piano Player

A musical and comedic romp through classical and Broadway music — think a modern-day Victor Borge. Oct. 21, 7:30 p.m., GE Theatre at Proctors, 432 State St., Schenectady. Tickets: \$27.50. Information: 346-6204 or www.proctors.org.

### The Eighth Step presents

#### Dave Rowe

Born and bred in Maine music, this singer-songwriter will entertain with his blend of sea songs, Irish tunes and originals. Oct. 22, 7:30 p.m., Proctors Underground, 432 State St., Schenectady. Tickets: \$24-\$35. Information: 434-1703, 346-6204, www.proctors.org or www.8thstep.org.

### Around the World in 80 Minutes

Saxophonist Harry White and pianist Todd Sisley perform songs from several nations. Oct. 22, 7:30 p.m., Kathleen McManus Picotte Recital Hall, Massry Center for the Arts, 1002 Madison Ave., Albany. Free. Information: 337-4871 or www.massrycenter.org.

### Eric Johnson

Texas blues legend goes acoustic with his latest tour in support of his new album. Oct. 22, 8 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes. Tickets: \$42-\$62. Information: palacealbany.com.

### George Winston

A solo piano concert featuring selections from his seasonal favorites. Oct. 22, 8 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$34.50. Information: 473-1845 or www.theegg.org.



## New play premieres at The Barn

Michael Kennedy's new, original play, "SRO: Single Room Occupancy," makes its debut with two performances Oct. 21 and 22 at the Albany Barn, 56 Second St., in Albany.

Submitted photo

### Max Lifchitz

University at Albany music faculty member performs Modest Mussorgsky's "Pictures at an Exhibition." Oct. 24, 7 p.m., UAlbany Performing Arts Center, uptown campus, 1400 Washington Ave., Albany. Tickets: general public \$8, students/seniors/UAlbany staff \$4. Information:

442-3997 or www.albany.edu/pac.

### Acoustic Blues Open Mic & Jam

Dave Scheffel and Ray Giguere are this month's featured artists at the jam, hosted by Sonny Speed. Oct. 26, 7 p.m., Spring Street Gallery, 110 Spring St., Saratoga Springs. Admission: \$5. Information: 587-6433.

### Warsaw Philharmonic

One of Poland's most renowned musical institutions, the orchestra makes its fourth American tour this season, performing works by Weinberg, Chopin and Brahms. Oct. 26, 7:30 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$45 and \$55. Information:

273-0038 or troymusichall.org.

### Elvis Costello & The Imposters

Eclectic singer-songwriter famous for hits such as "Pump It Up," "Allison" and "Veronica." Oct. 26, 8 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$49.50-\$99.50. Information: palacealbany.com.

## THEATER

### Southern Comforts

Kathleen Clark's romantic comedy about a late-in-life relationship between a quite, reclusive widower and a vivacious Southern widow. Presented by The Lake Theatre, Holiday Inn Resort, Lake George, through Oct. 22. Shows: 11:30 a.m. matinees Tuesdays through Thursdays, 6:30 p.m. dinner shows Wednesdays through Saturdays. Information: 668-5762, ext. 411 or LakeTheatreProductions.com.

### An American in Paris

The Tony Award-winning musical about an American soldier and a mysterious French girl in post-war Paris, through Oct. 21, Proctors, 432 State St., Schenectady. Shows: Oct. 19 7:30 p.m., Oct. 20 1:30 and 8 p.m., Oct. 21 8 p.m. Tickets: \$25.75-\$95.75. Information: 346-6204 or www.proctors.org.

### Rapture, Blister, Burn

2013 Pulitzer Prize finalist for drama about two grad school friends who take different paths in life. Presented by Schenectady Civic Players, through Oct. 23, Schenectady Civic Playhouse, 12 South Church St., Schenectady. Shows: Wednesday and Thursday 7:30 p.m., Friday and Saturday 8 p.m., Sunday matinees at 2:30 p.m. Tickets: \$20. Information: 382-2081 or www.civicplayers.org.

### Shrek: The Musical

Current Broadway musical hit based on the animated movie series. Presented by Home Made Theater, through Oct. 30, Spa Little Theater, Saratoga Spa

Continues on B12

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## ARTS CALENDAR

State Park, Saratoga Springs. Shows: Friday and Saturday 7:30 p.m., Sunday matinee 2 p.m. Tickets: \$26 and \$29. Information: 587-4427 or www.homemadetheater.org.

**SRO: Single Room Occupancy**  
Set in a single room occupancy for women in downtown Albany, Michael Kennedy's original play follows three residents as they struggle to avoid homelessness, keep the support they receive and work toward improving their daily lives. Presented by Creative Action Unlimited, with a mini-performance by the Creative Action Playback Theater Company following the play. Oct. 21 and 22, 7:30 p.m., Albany Barn, 56 Second St., Albany. Admission: pay what you can.

**The Door Next Door**  
A murder mystery about what goes on behind closed doors. Presented by Women With Voices, Oct. 22, 6 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Tickets: \$40, includes dinner. Information: 465-5233 or thelinda.org.

7:30 and 10 p.m., Oct. 22, 7 and 10 p.m. and Oct. 23, 7 p.m. Crossgates Mall, Western Avenue, Guilderland. Information: 313-7484 or Albany.funnybone.com.

**The Comedy Works**  
Ladies Night with Liz Russo, Oct. 20, 8 p.m. Eric McMahon, Oct. 21 and 22, 8 and 10 p.m. 388 Broadway, Saratoga Springs. Information: 275-6897 or thecomedyworks.com.

**Louis C.K.**  
Comedian/actor continues his stand-up tour. Oct. 19, 8 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$50. Information: palacealbany.com.

**Dessert and Stand Up**  
Capital District comedians Jaye McBride, Harry White, Jon Tenace (Sat) and Vinnie Mark (Sun) perform. Hosted by Schuylerville Community Theater's Lauren Turczak. Oct. 22, 7:30 p.m., and Oct. 23, 1:30 p.m., Schuylerville Room, Town of Saratoga Building, corner of routes 4 and 29, Schuylerville. Tickets: adults \$15, students/seniors \$12. Information: 695-5480.

21, 8 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$28. Information: 473-1845 or www.theegg.org.

**Ellen Sinopoli Dance Company**  
Local dance troupe presents "SleepWalks: The Body of Dreams," a multi-media collaboration with sound/video artist Andrea Williams, artist Lee Pembleton and scientist Todd Anderson. Oct. 21 and 22, 8 p.m., the Chapel + Cultural Center, 2125 Burdett Ave., Troy. Tickets: \$10. Information: www.sleepwalks.org.

**Vertigo Dance Company**  
Israeli dance company performs "Vertigo 20," a program which weaves together 20 years of the company's creations. Part of the Dance in Albany series. Oct. 26, 7:30 p.m., University at Albany Performing Arts Center, uptown campus, 1400 Washington Ave., Albany. Advance tickets: general public \$15, students/seniors/UAlbany staff \$10. Day of show: general public \$20, students/seniors/UAlbany staff \$15. Information: 442-3997 or www.albany.edu/pac.

controversies surrounding birth and infant feeding. Oct. 20, 7 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Tickets: \$8. Information: 465-5233 or thelinda.org.

**Snowpiercer**  
Screening of a 2013 film about a small group of survivors from a failed climate change experiment who must live on a train that travels in a continuous loop around the Earth, followed by commentary and a question and answer period with screenwriter Kelly Masterson. Oct. 21, 7 p.m., Page Hall, University at Albany downtown campus, 135 Western Ave., Albany. Free. Presented by the New York State Writers Institute. Information: 442-5620 or www.albany.edu/writers-inst.

**Psycho**  
Alfred Hitchcock's classic thriller starring Anthony Perkins and Vera Miles. Part of the Citizens Bank Movie Series. Oct. 24, 7 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$5. Information: palacealbany.com.

**The Exorcist**  
The horror movie that will leave your head spinning. Part of the Music Hall Movie Series. Oct. 25, 7 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes. Tickets: \$5. Information: palacealbany.com.

**A Night of Surrealist Film**  
Three French silent films from the 1920s — "L'Etoile de Mer," "Le Retour a La Raison" and "Un Chien Andalou" — with original music provided by local band Scum Couch. Part of the Silent Film Spectacular film series. Oct. 26, 7 p.m., Albany Public Library Main Branch, 161 Washington Ave., Albany. Free. Information: 427-4349.

### LITERARY

**Third Thursday Poetry Night**  
Charlie Rossiter, founding member of the poetry performance group "3 Guys from Albany," reads from his work, followed by an open mic. Oct. 20, 7:30 p.m., Social Justice Center, 33 Central Ave., Albany. Suggested donation: \$3. Information: Dan Wilcox, 482-0262 or dwwl@earthlink.net.

**An Evening with Raina Telgemeier**  
Bestselling children's book author will talk about her new graphic novel, "Ghosts," and take questions from the audience. Presented by Northshire Bookstore, Oct. 21, 6 p.m., Bethesda Episcopal Church, 41 Washington St., Saratoga Springs. Tickets: \$17 for one seat and one copy of "Ghosts," \$22 for

two seats and one copy, and \$27 for three seats and one copy. Information: 682-4200 or www.northshire.com.

**Emily McCully**  
Children's book author and Caldecott Medalist will sign copies of her book "Clara: The (Mostly) True Story of the Rhinoceros Who Dazzled Kings, Inspired Artists and won the Hearts of Everyone . . . While She Ate Her Way Up and Down a Continent." Oct. 22 (note date change), noon, The Open Door Bookstore and Gift Gallery, 128 Jay St., Schenectady. Information: 346-2719 or www.opendoor-bookstore.com.

**Mark Teague**  
Children's book illustrator will sign copies of his book "Pirate Jamboree and How Do Dinosaurs Stay Friends." Oct. 22, 1 p.m., The Open Door Bookstore and Gift Gallery, 128 Jay St., Schenectady. Information: 346-2719 or www.opendoor-bookstore.com.

**October Book Talks**  
Jonathan Skinner reviews Emmanuel Todd's "Who is Charlie? Xenophobia and the New Middle Class." Oct. 25, 12:15 p.m., Albany Public Library main branch, 161 Washington Ave., Albany. Free. Information: 427-4300.

### EDUCATION

**Presidential Campaigns: An Election Year History**  
A series of discussions about the history of Presidential election campaigns. Next topic: 1828-1864: Andrew Jackson to Abraham Lincoln. Oct. 20, 6 p.m., Huxley Theater, New York State Museum, Empire State Plaza, Albany. Free. To register, call Nicole LaFountain at 474-0575 or email nicole.lafountain@nysed.gov.

**America in the Late Eighteenth Century: 225th Anniversary Lecture Series**  
Mary Beth Norton — the Mary Donlon Alger Professor of American History and Stephen H. Weiss Presidential Fellow at Cornell University — discusses "Liberty's Daughters: The Revolutionary Experience of American Women, 1750-1800." Oct. 23, 2 p.m., Albany Institute of History and Art, 125 Washington Ave., Albany. Information: 463-4478 or www.albanyinstitute.org.

**Brain Food for the Curious**  
"Something Old, Something New," a program exploring the New York State Museum's wedding dress collection. Oct. 25, 12:10 p.m., Huxley Theater, NYS Museum, Empire State Plaza, Albany. Free. Information: 474-5877 or www.

nysm.nysed.gov.

### MISCELLANEOUS

**Art Song Festival**  
A three-day, non-competitive festival giving high school, young adult and non-professional singers an opportunity to explore, coach and perform new repertoire while being evaluated by judges from the Eastern New York Chapter of the National Association of Teachers of Singing. Oct. 21-23, University at Albany Performing Arts Center, uptown campus, 1400 Washington Ave., Albany. The event concludes with performances on Oct. 23 at 1 and 4:30 p.m. Concerts are free and open to the public. Information: 442-3997.

**Candlelight Walking Tours**  
Explore the haunted past of the historic Stockade section of Schenectady. Oct. 21 and 28. Tours leave at 7 and 7:30 p.m. from the Schenectady County Historical Society, 32 Washington Ave. Tickets: \$12. Information: 374-0263, ext. 5 or schenectadyhistorical.org/walkingtours.

**Children and teen acting classes**  
Five-week programs for children ages 7-16 on Saturdays beginning Oct. 22. Home Made Theater, Spa Little Theater, Saratoga Spa State Park, Saratoga Springs. Information: 587-4427.

**Genealogy Day**  
A way for family history researchers from beginners to experts to learn more about where and how to find information, with guest lecturers including Jenn Baumstein, John McGuire, Dave Peck and Darby Penney. Oct. 22, 9 a.m., Schenectady County Historical Society, 32 Washington Ave., Schenectady. Admission: general public \$5, SCHS members free. Information: 374-0263 or www.schenectadyhistorical.org.

**Healing Moments**  
A community conversation about issues involving race, diversity and community policing, with a focus on students, new graduates and intersectionality. Presented by Albany County and hosted by county Executive Dan McCoy. Oct. 24, 3 p.m., SEFCU's Dora Maxwell Auditorium, 700 Patroon Creek Blvd., Albany. Seating is limited, and RSVPs are required by Oct. 20. Information: 447-7218 or email Mary.Rozak@albanycountyny.gov.

**Conversation: Noa Wertheim and Mary Ellen Mallia**  
Wertheim, co-founder of Vertigo Dance Company, and Mallia, director of the University at Albany's Environmental

### COMEDY

**The Funny Bone**  
Clash of the Comics, Oct. 19, 7:30 p.m. Faizon Love, Oct. 20, 7:30 p.m., Oct. 21,

### DANCE

**Koresh Dance Company**  
Performing its interpretations of Mozart, Bach, Beethoven and Ravel. Part of the Dance in Albany series. Oct.

### FAMILY

**Casper**  
Screening of 1995 live-action comedy based on "Casper the Friendly Ghost," Oct. 19, 5 p.m., Albany Public Library North Albany Branch, 616 North Pearl St., Albany. Free. Information: 463-1581.

**A Brown Bear, A Caterpillar & A Moon**  
Mermaid Theatre of Nova Scotia presents interpretations of three Eric Carle children's stories. Oct. 23, 3 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$18. Information: 473-1845 or www.theegg.org.

**Hocus Pocus**  
Screening of the 1993 Disney movie, Oct. 26, 5 p.m., Albany Public Library North Albany Branch, 616 North Pearl St., Albany. Free. Information: 463-1581.

### FILM

**Man with a Movie Camera**  
Silent 1929 film showcases urban life in a Russian city, with original music provided by local band Buttfort. Part of the Silent Film Spectacular film series, Oct. 19, 7 p.m., Albany Public Library Main Branch, 161 Washington Ave., Albany. Free. Information: 427-4349.

**Food for Thought: Milk**  
Noemi Weis' documentary about the politics, commercialization and

# SUDOKU

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## ARTS CALENDAR

Sustainability, talk about their work. Oct. 25, 7 p.m., University Art Museum, uptown campus, 1400 Washington Ave., Albany.

### Crossing Cultures

An international potluck lunch bringing together longtime residents and new people from around the world. Oct. 26, 11:45 a.m., Clifton Park-Halfmoon Library, 475 Moe Road, Clifton Park. Registration is appreciated, but walk-ins are welcome. Information: 371-8622 or www.cphlibrary.org.

### Brown Bag Talk

Adjunct professor Eleanor Stein discusses "Climate Change and Human Rights." Oct. 27, noon, University Art Museum, University at Albany uptown campus, 1400 Washington Ave., Albany. Free.

## EXHIBITS

### Albany Center Gallery

"Where Things Go: Sculpture by Paul Mauren," through Nov. 4. 39 Columbia St., Albany. Information: 462-4775 or www.albanycentergallery.org.

### Albany Institute of History and Art

"The Art of Seating: 200 Years of American Design," through Dec. 31; "Spotlight: Alexander Hamilton," through Dec. 31; plus "A Gather of Glass: Selections from the Museum's Collection," "Ancient Egypt" and more. 125 Washington Ave., Albany. Information: 463-4478 or www.albanyinstitute.org.

### Brookside Museum

"Journeys," a solo art exhibition by artist/author Eva Marie Loucks, through Nov. 5. 6 Charlton St., Ballston Spa. Information: 885-4000 or www.brooksidemuseum.org.

### Collar Works

"Reclamation," an exhibit guest curated by Ian Berry, Dayton Director of Skidmore College's Tang Teaching Museum and Art Gallery, through Oct. 22. 621 River St., Troy. Information: 285-0765 or www.collarworks.org.

### Esther Massry Gallery

"Hitting Bumps on the School Bus," an exhibition of paintings by Danny Ginsburg, through Feb. 26. The College of Saint Rose, Massry Center for the Arts, 1002 Madison Ave., Albany. Information: 485-3902 or www.strose.edu/gallery.

### The Hyde Collection

"Transforming The Hyde: The Feibes & Schmitt Gift," a selection of works from the collection of Werner Feibes and the



## One twisted fairy tale

Home Made Theater presents "Shrek: The Musical" through Oct. 30 at the Spa Little Theater in Saratoga Spa State Park. Showtimes are 7:30 p.m. Fridays and Saturdays, and 2 p.m. Sundays. For more information, call 587-4427 or visit [www.homemadetheater.org](http://www.homemadetheater.org).

Submitted photo

late James Schmitt, through Dec. 31. 161 Warren St., Glens Falls. Information: 792-1761 or [hydecollection.org](http://hydecollection.org).

### The Laffer Gallery

"Fourth Annual Upstate Invitational," featuring works by Anne Diggory, Janice Medina and Russell Serrienne, Oct. 22 through Nov. 27. Opening reception: Oct. 22, 5 p.m. 96 Broad St., Schuylerville. Information: [www.thelaffergallery.com](http://www.thelaffergallery.com).

### Lake George Arts Project

"Oatman & Father, Signmakers," featuring the creations of Gordon and Michael Oatman, through Oct. 28. Courthouse Gallery, Old County Courthouse, corner of Canada and Lower Amherst streets, Lake George. Information: 668-2616 or [www.lakegeorgearts.org](http://www.lakegeorgearts.org).

### Mabee Farm Historic Site

"In Whom We Trust: At the Crossroads of Faith & Community," a photography exhibit by Michael Diana. 1100 Main St. (Route 55), Rotterdam Junction. Information: [schenectadyhistorical.org/exhibits](http://schenectadyhistorical.org/exhibits).

### miSci

"Tinkering: Bring Out Your Inner Engineer," a hands-on exhibit from the San Francisco Exploratorium, through May 17. Nott Terrace Heights, Schenectady. Information: 382-7890 or [www.miSci.org](http://www.miSci.org).

### National Museum of Dance

"50 Years at SPAC," celebrating the golden anniversary of the venerable performance venue; "The Dancing Athlete," an exhibit that explores the

connection between dance and sports; "Gen," a life-sized sculpture of former New York City Ballet principal dancer Gen Horiuchi; plus "A Tribute to Dancers in Film," "Making Art Dance" and "2015 Hall of Fame Inductees Mark Morris and Rudolf Nureyev." 99 South Broadway, Saratoga Springs. Information: 584-2225 or [www.dancemuseum.org](http://www.dancemuseum.org).

### New York State Museum

"The People's Art: Selectios from the Empire State Plaza Art Collection," opens Oct. 22 and remains on display through Sept. 3, 2017; "Best of SUNY Student Art Exhibition 2016," through Oct. 23; plus "Hudson Valley Ruins," "Art for the People" Decorated Stoneware from the Weitsman Collection," "Beneath the City: An Archaeological Perspective of Albany" and more.

Empire State Plaza, 222 Madison Ave., Albany. Information: 474-5877 or [www.nysm.nysed.gov](http://www.nysm.nysed.gov).

### Photography Center of the Capital District

"Tenth Annual Members Show," featuring prints by 34 center members, through Oct. 30. 404 River St., Troy. Information: 273-0100 or [www.photocentertroy.org](http://www.photocentertroy.org).

### Saratoga Arts Center

"30th Anniversary Invitational," featuring 30 artists who have previously exhibited their works at the gallery, through Oct. 29, 320 Broadway, Saratoga Springs. Information: 584-4132 or [www.saratoga-arts.org](http://www.saratoga-arts.org).

### Shirt Factory Gallery

"The Colors of Fall," featuring works in

all media by local and regional artists that celebrate autumn in the Adirondacks. Through Oct. 29. 71 Lawrence St., Glens Falls. Information: [www.northcountryartscenter.org](http://www.northcountryartscenter.org).

### Tang Teaching Museum

"Sixfold Symmetry: Parrern in Art and Science," an exhibition of contemporary and historical art, artifacts and material culture, featuring collaborations with faculty members from multiple departments, through March 12, Skidmore College, North Broadway, Saratoga Springs. Information: [tang.skidmore.edu](http://tang.skidmore.edu).

### Thomas Cole National Historic Site

"Open House: Contemporary Art in Conversation with Cole," a new series of art projects starting with Jason Middlebrook, through Oct. 30; plus "Thomas Cole: The Artist as Architect," through Oct. 30. 218 Spring St., Catskill. Information: 943-7465 or [thomascole.org](http://thomascole.org).

### Union College

"Slippery Slope by Georgie Friedman," Peter Irving Wold Center, College Atrium, second floor, through Nov. 30. Information: 388-6318 or [www.union.edu/gallery](http://www.union.edu/gallery).

### University Art Museum

"Future Perfect: Picturing the Anthropocene," through Dec. 10. University at Albany uptown campus, 1400 Washington Ave., Albany. Information: 442-4038.

## CALL FOR ARTISTS

### Schenectady Civic Players

Holding open auditions for Frederick Knott's "Wait Until Dark" Nov. 1 and 3, 7 p.m., Schenectady Civic Playhouse, 12 South Church St., Schenectady. Roles for two women (one to play age 30s to 40s, the other for young girl age 12 to 16) and four men (to play ages 30s to 40s). Information: [www.civisplayers.org](http://www.civisplayers.org).

### Community Voices

Seeking singers in all voice parts for its December concert, "All is Calm, All is Bright — Celebrating the Christmas Truce of 1914." Rehearsals are Tuesdays at 7 p.m. in East Greenbush. Information: 370-5434.

### Thursday Musical Club

All women's chorus seeks new members. Rehearsals are Wednesdays 9:30 to 11:30 a.m. at First United Methodist Church, 603 State St., Schenectady. Information: email [mlekd@verizon.net](mailto:mlekd@verizon.net).



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# Food & Vino

Angel Hair Pasta with Cilantro, Sun-Dried Tomatoes and Feta

By **MICKEY SPELVIN**  
[news@spotlightnews.com](mailto:news@spotlightnews.com)

## CULINARY ARTS

### Ingredients — Serves Four

- 8 oz sun-dried tomatoes in oil; coarsely chopped
- 2 tb Olive oil; from tomatoes
- 8 oz Feta cheese; crumbled
- 1 bn Fresh cilantro; coarsely chopped
- 4 oz Angel hair pasta; cooked

### Preparation

Combine the sun-dried tomatoes with the olive oil and the feta cheese, and set aside. Cook pasta to your liking and toss with the tomatoes, cilantro and feta cheese.

It's a matter of personal preference on whether to serve this dish warm or cold. On colder evenings like we

are experiencing now, your guests may prefer something a warm dish.

### Wine Pairing

*A to Z Winery Pinot Noir* — Dundee, Oregon — “The 2013 A to Z Pinot Noir leads with aromas of cherries, raspberries and blackberries, developing to iris, blueberries, strawberries and minerals.

A beautiful attack has vibrant red fruit flavors and floral notes, then deepens with hints of blood orange and blueberry jam.

Ripe tannins are balanced by perfect acidity and the mid-palate reveals spice, tobacco and earth notes adding richness and complexity. The

finish is quite long which allows all the elements of the wine to come together and show the intrinsic balance and complexity of the 2013 Oregon vintage.”

— *Winemaker's Notes*

*Mickey Spelvin is a guest columnist, stepping in for Ann Linda Ciotoli.*

*Ciotoli owns a catering business called Good Enough to Eat. She is also a regular contributor to the Culinary Arts section of TheSpot518 with her Food & Vino column. For questions and more information, e-mail Ann at sodeliciousalc@yahoo.com*



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## Friday paint club in Menands

**MENANDS** — The Friday Paint Club continues to meet at the Historic St. Agnes Cemetery from 10 a.m. to noon on a number of days over the next two months in the Living Arts Room Art Gallery.

Price per class is \$20 for an 8x10-inch canvas and \$25 for an 11x14-inch canvas.

Paints brushes and two hours of professional instruction are included. No prior experience is necessary. Paint Club participants put their own spin and apply their own style to whatever the instructor presents.

Coffee, juices and baked goods from the Schuyler Bakery in Watervliet are provided. Dates and themes are:

- Oct. 21: Angel in the Fog
- Oct. 28: Beautiful Gate
- Nov. 4: Colorful Clouds
- Nov. 18: Night Sky
- Dec. 9: Karner Blue Butterfly
- Dec. 16: Red Wing Blackbird in the Reeds

CULINARY ARTS

# A Dickensian tale on food safety

Casa Visco is glowing example for food industry, safety

By MICHAEL HALLISEY  
halliseym@spotlightnews.com

**SCHENECTADY** — Food companies, perhaps more so than any other industry, depend upon consumers' confidence in their products — something to which fast-food chain Chipotle can attest.

Unlike Chipotle, the story of Casa Visco is far from a Dickensian-tale, as the circumstances that continue to play out for the struggling restaurant chain contrasts with that of the local food processor owned and operated by Adine Viscusi, president of Casa Visco.

Chipotle continues to struggle as it tries to win back its customers' trust after a series of food poisoning outbreaks last year. Customers were exposed to e coli and norovirus from poorly handled food. Several months later, despite giveaways, daily inspections and an aggressive public relations to publicize its revamped safety procedures, sales are still weak.

And, that's how the misfortunes of one company is separated by the fortunes of another.

The details of how meticulous Viscusi is with food safety can be best shared through an outsider's observations.

The Viscusi family hosted a foreign exchange student last year. After expressing interest in seeing Casa Visco's base of operations, he witnessed first-hand why Viscusi lists herself as head bottle washer. She recalled how her guest shared the details of the day with her husband at the dinner table that evening after a day in the processing facility, which started at 6:30 a.m.,

"She was really washing bottles,"



Viscusi recalled him saying, "She was scraping the tomatoes out of the barrel, and she was literally inspecting bottles as they went by. I'm sure they really don't enjoy when she's up there all that much."

Over the last several years, Casa Visco has instilled safety and quality measures company-wide, while simultaneously educating and engaging consumers. Viscusi believes that it's imperative for consumers to read the food labels of the products they purchase, and to buy locally sourced foods.

"We try to encourage people to read food labels carefully, and to try to avoid highly processed food," said Viscusi. "The risks are probably higher in produce, meats and seafood than in center store items. I think there is a growing distrust of highly processed food and big conglomerates mass-producing it. Therefore, buying closer to home, knowing your local farmer(s), shopping at your local food market(s) and supporting local manufacturing are all very

helpful steps in bringing the best quality food home."

There are an overwhelming amount of variables that factor into food safety — from the most basic fundamental step of washing hands, to adhering to the regulations dispersed by the Food and Drug Administration (FDA).

But, Viscusi said, even that is not enough.

Casa Visco is also preparing for the Food Safety Modernization Act that becomes effective in 2017. It brings an additional level of food safety to the table.

Currently, the FDA does not mandate listing sugar on the nutritional labels, although that is supposed to change in the future. The United States doesn't have a national labeling law or standard regarding the term 'Natural' and Genetically Modified Organism (GMO) labeling is more of a statewide effort rather than an industry or national standard. It's important to note that food recalls are voluntary - not mandatory.

Casa Visco employs a rigorous food safety standard called the "Safe Quality Food Program," known in today's food industry as the gold standard of third-party quality programs. Casa Visco hires a third-party to audit its food safety measures.

"The most important aspect of a home cook, or especially a food processor, is to make sure the food is safe and wholesome," said Viscusi, who is pushing her own company to follow rules more stringent than federal mandates. "it is the main tenant of our mission statement which is to provide safe, wholesome food," she said.

**GOLD STANDARD**

Adine Viscusi (here with Congressman Paul Tonko) sets the bar high for her family's SAUCES.

*Casa Visco / Facebook*

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HEALTH & FITNESS

# Fix your focus

By DAN ROMAND  
news@spotlightnews.com

Clients commonly tell us how every aspect of living a healthy lifestyle is “hard.”

Working out is hard. Eating right is hard. Staying on track is hard, and life itself is hard.

Usually, when someone says this to me, I ask what

specifically is hard? The answer is usually an issue over time or effort. But, is it truly too hard?

Let me tell you about “Samantha.” Samantha joined our gym a few months back having to lose about 100 pounds. And, to her credit, she’s dropped about 40 in only 15 weeks — or approximately three pounds a week. But, after

two weeks of seeing no loss, she said, “I’m so frustrated trying to get the weight off. I should just give up.”

Believe me, I’ve been there myself.

A few years back, I lost 120 pounds. It took me nearly 15 months to do it. And, I had weeks at a time where I didn’t lose a

pound. Frustrated doesn’t even begin to describe it.

So how did I get through it? With a little advice from “Star Wars.”

Star Wars creator George Lucas incorporated just as much philosophy and spirituality into his sci-fi fantasy as he did conflict and drama. As an example, a mentor speaks to his struggling apprentice and shares the advice, “your focus becomes your reality.” For context, the apprentice was a young Anakin Skywalker, and for those of you who have not watched the films (the statute of limitations requiring a spoiler alert has long since expired), Anakin fails to heed his teacher’s warnings, focuses on the negative, and becomes the evil Darth Vader.

And, as I struggled with weeks of not losing weight, I remembered those words and that lesson. You see, like Samantha, when I struggled I realized I was focusing on the immediate struggle of having not lost weight, instead of remembering the success of having lost 50 pounds. In Samantha’s case, she viewed herself as a failure because she was focused

on only those two weeks and lost sight of her overall success. That was, it was getting harder for her for her to accept that what she was doing was working. And because of that focus on the negative it became her reality.

We teach our clients that when losing weight your goal should be to lose one to two pounds a week. That is success. And, Samantha not only had done that, she had exceeded it.

Yet, she felt like she had failed because her focus on those two weeks without losing weight had become her reality. (“I’m a failure because of the last two weeks.”)

Samantha is not alone. We see it all the time. Let’s face it, when someone says it’s hard to lose weight, they are right. It’s not easy.

It takes hard work and dedication, but the truth is, if you stick to it, you will get there.

The problem for most is sticking to it. For you to see to see results, you have to accept the inevitable reality that there will be weeks when you won’t lose weight. In fact, there will be weeks when you will

gain weight. It’s a fact and one most people have a hard time accepting.

And, if they don’t accept this fact, then what? Well, no doubt many of you reading this know what I’m going to say, because you’ve done it yourself.

They give up.

Why? Because their focus was on the negative.

So, if you have struggled with sticking to a weight loss program, if you’re the type of person who gives up easily when the going gets tough remember those words and focus instead on how far you’ve come.

Decide for yourself to keep going and you will succeed in spite of the obstacles. You will get the weight off no matter what it takes. You will focus on long term success. Because when you do that, focus will lead to success.

Dan Romand is co-owner and operator of Full Circle Fitness-NY in Colonie, where he is also a certified personal trainer. You can read his Health & Fitness column here and online at [TheSpot518.com](http://TheSpot518.com).

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## Important Information for Breastfeeding Mothers



Lawrence Kotlow DDS



As a parent you have great expectations for motherhood. Unfortunately for many mothers, breastfeeding becomes a toe-curling, painful experience because of poor or missed diagnoses of tethered oral tissues such as tongue-ties and lip-ties. Dr. Kotlow’s new book, *SOS 4 TOTS*, demystifies why. Dr. Kotlow has been treating infants for breastfeeding difficulties due to tongue and upper lip-ties since 1974. In recent years, with the increased number of mothers desiring to breastfeed their infants, he has revised countless abnormal frenum attachments of what are now referred to as “tethered oral tissues” (TOTs). Don’t let anyone tell you it is a “Placebo” effect when these tissues are revised. Thousands of infants and mothers have been able to successfully resolve these issues and have a pleasurable, successful breastfeeding experience. No need for your baby to undergo needless general anesthesia or spend time in the hospital, using the state of the art in laser oral surgery, infants and older children can safely and quickly have these tissues corrected. No need to have most infants take adult acid reflux drugs when most infants having reflux do so due to swallowing air. Air induced reflux, not adult acid reflux! Rekindle that bond you wanted with your infant.

If you are a mother who has been suffering needlessly; there may be times when you will cry as you read this book because you will realize the problems are not your fault; the professionals on whom you were depending for help had a basic lack of understanding. *SOS 4 TOTS* seeks to expose the myths about breastfeeding and heal the heartbreak to make breastfeeding a joy.

**For more information, call my office @ 518-489-2571 or visit my website @ [kiddsteeth.com](http://kiddsteeth.com).**

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■ BREAST CANCER AWARENESS MONTH

# Goal to cut mortality in half

Susan G. Komen announces nearly \$33 million in funding, bold goal to cut breast cancer mortality by 50 percent

Building on its bold goal to reduce current breast cancer deaths by 50 percent in the U.S. over the next decade, Susan G. Komen, the world's leading breast cancer organization, recently announced \$32.7

million in new research grants for 2016. Awarded across 23 states and 7 countries, the projects span the entire continuum of breast cancer research, including research into metastatic disease, novel treatments for aggressive

types of breast cancer, new technologies and health equity – areas that will make a significant impact in achieving the 50 percent goal.

“For nearly 35 years our organization has been a leader in the fight to end

breast cancer, changing how people think about, talk about and treat this disease. Now, with a sharpened focus on our organization's new strategic direction, we are delighted to announce new research funding that will play a significant role in making our bold goal a reality,” said Komen President and CEO Judy Salerno, M.D., M.S.

“Not only will these grants accelerate our understanding of key areas in breast cancer research, but they include funding for early-career investigators. As federal research dollars become increasingly difficult to secure, these awards give promising young researchers an opportunity to establish their careers, and help

ensure breakthrough breast cancer research continues for years to come,” Dr. Salerno added. “Their work



is essential to achieving our vision of a world without breast cancer.”

Grants from Komen's nearly \$33 million 2016 research portfolio –

including more than \$16 million to early-career investigators – will focus on promising areas in research that have the greatest potential to save lives, including:

- ▶ 38 grants expanding our knowledge of metastatic breast cancer and how to stop it.
- ▶ 15 grants looking into novel treatments for aggressive types of breast cancer (specifically, triple negative, Luminal B and inflammatory breast cancer).
- ▶ 21 grants advancing our ability to detect primary and recurrent breast cancer at its earliest stages.
- ▶ 12 grants identifying the causes of breast cancer disparities and testing ways to overcome barriers to care.

These new funds bring Komen's total research investment to more than \$920 million since opening its doors in 1982, the largest of any nonprofit outside the U.S. government. In addition to research, Komen and its nationwide network of affiliates serve women and men in thousands of communities. To date, more than \$2 billion has been invested in community programs that provide education, screening and treatment support.

— Susan G. Komen

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SUNDAY TICKET

RESTAURANT REVIEW

# A moment of Zen

By ELIZABETH SCHAEFER  
news@spotlightnews.com

It was late on a Saturday afternoon, my daughter, my father and I had been out shopping for fall clothes for the two of them, and preparing for our move and of course everyone was starving. The boyfriend was home early from meetings he had, so he wanted to meet up with us as well. So where to go? At my father and daughters suggestion, we decided on sushi. The boyfriend suggested Zen Asian Fusion in downtown Schenectady, and we decided it was a go.

As usual, we made reservations, probably not necessary, as we were going at 5:30, which for us at least is very early. When we arrived we pretty much had the entire place to ourselves. Their menu was vast, but edamame is always a great go to appetizer, so we went with that.

I oddly enough, decided not to go with sushi, and branch out a little bit. I had

not had Pad Thai in years, so I chose that. The boyfriend also decided to switch things up and went with a Thai Coconut Red Curry. Both my father and daughter chose two sets of rolls.

At this point the restaurant started to get a little bit busier, but our edamame came quickly. Everyone's dinners also came with miso soup or salad, and all four of us ended up choosing the soup. The edamame was perfect, fresh, hot, just enough crunch, and a perfect amount of salt. The same can be said from the soup. In my experience, miso soup can end up with an odd taste if it is not done right. I can't quite decipher what the odd taste is, but it isn't pleasant. Theirs was not like that, the broth had a nice flavor to it, and the serving size was typical.

Then the waiting game began. As the restaurant began to fill up even more, we

## IF YOU GO

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- **Phone:** (518) 280-0388

saw less of our server. I know it takes a while to make the rolls, so we were patient, but at one point my daughter did ask "did they forget about us?".

However, once our entrées arrived, the wait was instantly forgiven. The presentation needs to be mentioned first, as it was spot on. Their plates looked extremely appetizing, with the rolls stacked and the sauces drizzled just right. My Pad Thai was steaming hot (which is so important to me) and it just looked good before even tasting it. The same goes for his curry. When I took my first bite of my dinner, I knew I had made the choice. The noodles

Continues on B30



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The Fleshtones and Off the Record had the crowd at The Hangar flying high Saturday, Oct. 15.

Garnet Mac Aoidh / TheSpot518



■ IN BRIEF

**Free show at Jupiter Room**

ALBANY — Alternative rock band Nothing But Thieves will play a free show at Lucky Strike Social on Thursday, Oct. 20 at 8 p.m.

The show is free to the general public, as part of WEQX's free concert series.

The five-piece band is currently on tour in support of its debut, self-titled

album, and hit Albany just a day after playing the Irving Plaza in New York City.

The show takes place in the Jupiter Room. Doors open at 7 p.m. with the show scheduled for 8 p.m. For more information, visit [jupiterhallalbany.com](http://jupiterhallalbany.com)

**Happy Hour at The Low Beat**

ALBANY — The Low Beat is featuring four

musicians for its Friday Happy Hour on Oct. 21 at 6 p.m.

Briteny Holden, Liam Davis, Vevoda, Connor Walsh are the featured artists at the "Home of the 'Mid-Town' Sound."

The Low Beat is located at 335 Central Avenue in Albany. For more information, visit [TheLowBeat.com](http://TheLowBeat.com) or call 432-6572.



Marian Hill / Facebook

■ CONCERT REVIEW

**Marian Hill strikes something sultry**

Philly alt band makes it snow and more at Lucky Strike Social

By **WES THOMAS**  
[news@spotlightnews.com](mailto:news@spotlightnews.com)


ALBANY — When Philly's Marian Hill settled in at Lucky Strike Social on this Monday eve, singer Samantha Gongol, producer Jeremy Lloyd and utility player Steve Davit schooled us in their indisputably sexy sound. Jazz sensibility, infused with electronic beats and samples complimenting its synth and sax heavy pop. All riding on those sultry Etta James meets Norah Jones vocals of Gongol.

Lloyd and Gongol met in school where they starred opposite each other in a production of *The Music Man*. Samantha played Marian and Jeremy played Harold Hill. Little did they know, 10 years later they'd use the name Marian Hill as their moniker.

First off, if you've never been to Lucky Strike Social's Jupiter Room, you owe it to yourself even if it means you have to venture in and out of the mall. The room is truly a great performance space and once inside you quickly forget you're in a mall. The lighting, sound and special effects are all top notch. We were accidentally treated to fake snow during the openers set but then the weather improved and with a

flick of a switch we had lights instead of snow.

Marian Hill opened with "Down" off of its recent full length, "Act One" and gave us a great sample of the night to come. Its single "One Time" followed and the near capacity crowd was suddenly all in. As Marian Hill meandered through its 14-song set it seemed that every song is jazzier, sexier and more sultry than the next. The live sax and bass combined with the synthetic elements and constructed beats gave this sound a real authenticity. I could have just as easily been in an old, smoky jazz club watching a trio instead of this electronic production before me. Lloyd and Davit gave us a little instrumental that was super tight and entertaining before they finished off the set with "I Want You," its track that's currently in heavy rotation and was mostly responsible for the large crowd on hand. And the set closed with "Got It" which was featured in a Taco Bell commercial that the crowd was clearly familiar with. Marian Hill did come back out and delivered an encore that included "Whisky" which was the single that started this "saxy," electro, jazz, soul train rolling. The encore finished with Lovit and back into a second version of "One Time." Hey, you have to give the people what they want and no one can dispute that Marian Hill did just that on this Monday night.



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Photo by Jason Romeyn / NYSmusic.com

■ CONCERT REVIEW

# The Struts' 'Dirty Sexy Summer'

By **JASON ROMEYN**  
news@spotlightnews.com

**CLIFTON PARK** — If you took Mick Jagger, Freddie Mercury and Steven Tyler and threw them in a blender you would get Luke Spiller, lead singer of The Struts.

Spiller along with guitarist Adam Slack, bassist Jed Elliot and drummer Gethin Davis made their way to the Capitol District for the first time on Thursday, Oct. 9 and they brought their unique, throwback rock 'n' roll sound with them to the delight of an Upstate Concert Hall crowd.

Spiller is a true rock and roll frontman, writhing and dancing around the stage capturing every member of the audience in the palm of his hand. When he told the crowd to sing they sang and when he told them to jump they jumped. The Struts are the definition of a down and dirty rock band.

The band tore through a set that included all but one song off of their debut album "Everybody Wants." The biggest response came from their single "Kiss This" and their upcoming single "Put Your Money On Me." While their album is strong and solid, The Struts are a live band. You cannot get the raw and dirty feel off of the album that you do seeing them live.

The show was opened by the band Dorothy. Lead singer Dorothy Martin, drummer Zac Morris, bassist Gregg Cash and guitarist DJ Black got the crowd pumped up with cuts off of their debut album "ROCKISDEAD." Dorothy have a heavy bluesy sound and singer Dorothy Martin could be the reincarnation of Janis Joplin. She has a raw sound to her voice that oozes whiskey and sex. Martin had every eye in the place on her as she danced and sang across the stage. On the closing number "BANG BANG BANG," it was like she made love to the entire place.

**Dorothy Setlist:** Kiss It, Dark Nights, Gun in My Hand, Wicked Ones, After Midnight, Woman, Raise Hell, Bang Bang Bang

**The Struts Setlist:** I Just Know/Roll Up, These Times Are Changing, Could Have Been Me, The Ol' Switcheroo, Kiss This, Mary Go Round, Dirty Sexy Money, Let's Make This Happen Tonight, Young Stars, Put Your Money On Me, Only Just a Call Away

**Encore:** Black Swan, Where Did She Go.

*NYSmusic.com is a web magazine focused on covering all aspects of music in and around the state of New York. You can often find content from NYSmusic.com within the pages of TheSpot518. For more, visit NYSmusic.com.*

■ IN BRIEF

## Writers Institute presents 'Snowpiercer' screenwriter

**ALBANY** — The New York State Writers Institute will screen the 2-13 science fiction movie "Snowpiercer" Friday, Oct. 21, at 7 p.m. at Page Hall on the University at Albany downtown campus, 135 Western Ave.

Based on the French graphic novel, "Le Transperceneige," the movie is about survivors of a new ice age living out their lives on a train as it travels on a continuous loop around the globe. The movie stars Chris Evans, Ed Harris, John Hurt, Song Kang-ho and Tilda Swinton.

Screenwriter Kelly Masterson will be on hand to provide commentary during the screening, and he will take questions from the audience afterwards. Masterson also wrote the screenplays for "Before the Devil Knows You're Dead," "Good People" starring James Franco and "Killing Kennedy" starring Rob Lowe.

The screening is sponsored in conjunction with the University at Albany Art Museum's exhibition, "Future Perfect: Picturing the Anthropocene," on display through Dec. 10.

The screening is free and open to the public. For more information, visit [www.albany.edu/writers-inst](http://www.albany.edu/writers-inst).

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## MUSIC REVIEW

# Aqueous thoughtful in 'Best in Show'

By **KAT HORTON**

*nysmusic.com*

It's been almost two years since Buffalo groove rockers Aqueous released its fourth studio effort, the acclaimed "Cycles." Shortly after the release, the band's founding trio found themselves struggling to keep a pair of sticks behind the kit. After a national search, drummer Rob Houk joined the band full time and the quartet headed into the studio.

The resulting EP, "Best in Show," is a four song reflection not only of the band's time without a permanent drummer, but also a glimpse into the band's future as Houk melts into the Aqueous groove with fluid rhythm that feels as if he's always been here.

Kicked off by the infectious opening track, "Don't Do It," "Best in Show" is a shining example of how Aqueous uses time in the studio to expand on its signature live sound. The band and producer Dan Brace of Sonic Farm Studios find a way to build depth and layers into "Don't Do It" that surpasses the way the band already deposits the song's structures live.

Production on the song, as well as throughout the entire album, is thoughtful and subtle. It leaves room for exploration upon each subsequent listen. "Best in Show" presents like a musical onion,

revealing something new every time you listen. It's a theme that is present in all four tracks. New nuances, subtle changes, and microscopic effects take some of the band's newest songs and turns them into some of the band's most laser focused studio work to date.

"Underlyer" has seen plenty of stage time, but from the studio the song takes on a whole new life with a slightly different tempo. Tender and soulful, it's one of the album's lyrical gems. Musically, the tune is funky while moving, highlighted by a delicious groove anchored by bassist Evan McPhaden. On keys and synth, Dave Loss creates beautiful and whimsical layers that highlight the song as its most intense yet reflective moments. Lead guitarist and



vocalist Mike Gantzer explores moments of falsetto and vocally the song is a showpiece for his continued vocal growth. Gantzer continues to develop a rich, milky quality that settles neatly against Aqueous' harder and more

polished technical musical edge.

"Random Company" and "Calling Out" although vastly different in composition, highlight Aqueous' ability to structurally string together a variety of musical genres and styles that you wouldn't naturally blend. Listening to many Aqueous tracks is akin to strapping in for the front row of a musical roller coaster. It's an ebb and flow that is reflective of the band's moniker. It's a musical device that Aqueous executes with precision, keeping its sound fresh and its live shows full of astonishment to first

time listeners.

The four songs are highlighted by tiny nuggets of rightness; lyrically, musically and in its production Best in Show turns a pointed spotlight on how much Aqueous has grown in the two years since its last studio release. But more importantly, Best in Show is Aqueous' resolve from the challenges they have faced and proves its tenacity to move forward while solidifying its line-up.

Houk flourishes on drums. His previous work as a studio drummer is evident with thoughtful punctuation and temperate pressure. But it is also evident that Houk, Gantzer, Loss and McFadden have wasted no time in melding together a sound that is uniform, distinct and cohesive.

As a producer, Brace clearly utilizes his experience with mixing a variety of the band's live efforts, including its Aqueous Halloween 2015 "Dark Side of the Oz" release, to the band's advantage in the studio. He seems to be coaching them in the best ways to enhance its sound. A nod to not only his skills as a producer, but also a nod to Aqueous for taking direction in nuance.

*NYSmusic.com is a web magazine focused on covering all aspects of music in and around the state of New York. You can often find content from NYSmusic.com within the pages of The Spot518. For more, visit NYSmusic.com.*

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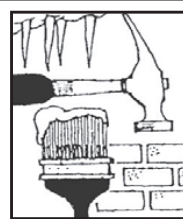
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# RECYCLE



## Zombified

Moviegoers were treated nothing but zombies at Madison Theatre in Albany Friday, Oct. 14. Patrons were treated to live music, movies and some make-up special effects to get everyone in the mood.

Photos by David Abbott / TheSpot518

## From page B7 ... Chef's Food & Wine

and the "Signature Chef Invitational Competitors," who compete on a live stage. In the last category, only two chefs had been named as of Friday, Oct. 14: Michael Mastrantouno of Roux in Slingerlands and Michael Niccoli of Restaurant Navona in Albany.

Two 2017 "Legacy Award" winners were also announced, given to those who have worked to advance and support the arts and the local artistic community.

The Ovation Award, given in honor of founding festival member

Karen Smith-Sfara—of whom Hines-Abram speaks in glowing terms—will go to Ruth Pelham, founder of The Music Mobile.

The Backstage Award, given in recognition of former Mayor Gerald Jennings, will be awarded to Noel Ottery Liberty, founder of The Music Studio in Albany, where she has developed a music education curriculum meant to inspire not only the love of music, but also the ability to learn in students of all ages.

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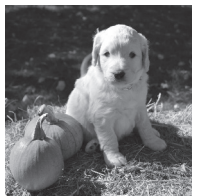
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## From page B19 ...

### A moment of Zen

were cooked just right, the peanuts on top add a nice crunch and the chicken and sauce were plentiful and had an outstanding flavor. The bowl was massive, and honestly seemed to go on for miles! One of the best parts, however, was that the meal continued to stay very hot. Which meant I could enjoy it slowly, and really savor it.

My meal was very filling, so I did not taste anyone else's, but each of them gave rave reviews,

and didn't leave anything behind.

Then my dad and daughter decided that they "had" to have dessert. I had zero interest, I was way too full, but they each ordered one and again, although there was a bit of a wait, it was well worth it. She had fried ice cream, and he had some sort of chocolate cake. The presentation again was gorgeous, and I did sneak of taste of both of theirs and they were as delicious as they looked.

They both polished theirs off in record time and were thrilled.

I definitely would recommend trying Zen Asian Fusion out, especially if you have a group who doesn't like Sushi, but do enjoy other types of Asian cuisine. They do get busy, we discovered that, so either go on the earlier side, or make reservations. Enjoy, and please comment and let me know what you think.

## IN BRIEF

### 'Shrek: The Musical' continues in Saratoga

**SARATOGA SPRINGS** — Home Made Theater presents "Shrek: The Musical" weekends through Oct. 30 at the Spa Little Theater off Avenue of the Pines in Saratoga Spa State Park.

The musical is based on the hit animated movie about an ogre named Shrek, who reluctantly saves a princess who is supposed to marry the evil Lord Farquaah, only to discover that he's falling in love with her. Along the way, Shrek must cope with a talking donkey as his unexpected sidekick, as well as his unexpected feelings toward Princess Fiona.

The play is directed by Dawn Oesch,

with help from musical director Carol Hawks and choreographer Melissa Lacijan. It features actors Mike Belloti, Marc Christopher, Nik Gatzendorfer, Brittany Leigh Glenn, Allison McArdle, Shannon Piegario and John Turner.

Shows are at 7:30 p.m. Fridays and Saturdays, and 2 p.m. Sundays. Tickets are priced at \$26 and \$29. An optional dinner at Longfellows Restaurant is available for an additional \$23 plus tax and gratuity. Students age 18 and under can buy tickets for \$20 for Friday shows in person or by calling 587-4427.

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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 7 | 3 | 5 | 8 | 2 | 6 | 9 | 4 |
| 8 | 5 | 4 | 6 | 9 | 3 | 2 | 7 | 1 |
| 2 | 6 | 9 | 7 | 1 | 4 | 8 | 3 | 5 |
| 3 | 1 | 5 | 4 | 7 | 6 | 9 | 2 | 8 |
| 4 | 8 | 2 | 9 | 3 | 5 | 7 | 1 | 6 |
| 6 | 9 | 7 | 1 | 2 | 8 | 5 | 4 | 3 |
| 7 | 4 | 8 | 2 | 5 | 1 | 3 | 6 | 9 |
| 9 | 3 | 6 | 8 | 4 | 7 | 1 | 5 | 2 |
| 5 | 2 | 1 | 3 | 6 | 9 | 4 | 8 | 7 |

### Super Crossword Answers

|    |    |    |   |   |    |    |    |   |   |    |    |    |    |    |    |    |   |   |   |   |
|----|----|----|---|---|----|----|----|---|---|----|----|----|----|----|----|----|---|---|---|---|
| 1  | M  | U  | F | F | 5  | A  | L  | G | A | 9  | P  | R  | O  | V  | E  |    |   |   |   |   |
| 14 | O  | L  | L | A | 15 | H  | O  | U | R | 16 | R  | O  | B  | I  | N  |    |   |   |   |   |
| 17 | U  | S  | E | D | 18 | A  | B  | L | E | 19 | B  | O  | D  | I  | E  | D  |   |   |   |   |
| 20 | S  | T  | E | E | 21 | D  | 22 | A | T | O  | N  | E  |    |    |    |    |   |   |   |   |
| 23 | S  | E  | C | R | E  | 24 | A  | G | E | N  | T  | 26 | U  | S  | E  |    |   |   |   |   |
| 29 | E  | R  | E |   | 30 | T  | A  | D |   | 31 | D  | O  | W  | N  | E  | R  |   |   |   |   |
|    |    |    |   |   | 33 | B  | E  | R | A | 34 |    | 35 |    | 36 | A  | C  | A | I |   |   |
| 37 | 38 | 39 | P | A | R  | T  | M  | E | N | T  | 40 | 41 | S  | T  | O  | R  | E |   |   |   |
| 42 | R  | U  | I | N |    |    |    |   |   | 43 | S  | E  | T  | O  | U  | T  |   |   |   |   |
| 44 | A  | R  | T | E | 45 | R  | Y  |   |   | 47 | E  | L  | M  |    | 48 | C  | H | E | R |   |
| 51 | T  | O  | Y |   | 52 | H  | A  | B | E | 54 | E  | R  | D  | A  | 55 | S  | H | E | R |   |
|    |    |    |   |   | 56 | F  | E  | L | I | X  |    |    |    |    | 57 | C  | H | A | S | E |
| 58 | 59 | 60 | L | O | T  | U  | S  | E | A | T  | E  | R  | 61 | 62 | 63 | A  | R | A | B |   |
| 64 | A  | D  | I | E | U  |    |    |   |   | 65 | L  | O  | K  | I  |    | 66 | R | O | L | L |
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**From page B1 ...**  
Bean of knowledge

and externally — Ventura walked away. For three years he took on business consulting jobs while on sabbatical, no financial advice because he signed a non-compete agreement. While on sabbatical, he questioned if he would ever go back into advising. Despite the headaches he walked away from, he enjoyed interacting with his clients. “The one part that I really liked about the business was the people, and building relationships.”

“Our business is a relationship business,” said Ventura, speaking of the advisory side of the cafe business. Back when he worked out of the traditional office space business model, Ventura said he recognized that he build his best client-advisor relationships outside the office. “And, I said [to myself], ‘I wonder if I could open a cafe as a lobby and do my business.’”

Ventura said that in the few months the business has been open, the accounts his advisory practice manages value more than \$3 million. “In two months, so I think we’ll be at \$30 million by 18 months.” And, that’s where Ventura hopes to cap the advisory business. Any more would involve

expanding the present location, assuming the cafe end of the operations breaks even.

“And, I haven’t tried to prospect the coffeehouse clientele.” said Ventura. “But, what happens automatically is that they ask me about it. It’s on the sign, it’s on the literature, it’s on the sticker, it’s on the cup. I tell them my story and how I did business, this is how I do business now.”

With the nature of the investment business based on getting to know your customer,” advisors are apt to ask probing questions about age, what do they hold in assets and what are their financial goals, all in order to gauge a client’s investment risk. Placing everyone in a comfortable environment helps put things at ease. “Money is the gateway to everything else in your life,” said Ventura. “When you start talking about money, before you know it you’re talking about the problem that they had with their son. They’re talking about this problem or that. Over the years, you learn about everything there is to know about that family. You are a confidant, maybe more than an attorney, or an accountant or a doctor,

*“I run a cafe, but the baristas and managers can basically run it while I can sit with my clients and have breakfast. Have lunch. Have dinner. I can invite them to listen to an acoustic guitarist. Every so often, I can get up and play it myself, which I love to do.”*

— Joe Ventura  
Owner of  
Eden Cafe

even.” This brilliant flash of an epiphany for Ventura was approached with initial apprehension. At first, he didn’t share it with his wife, “because I thought it was crazy,” he said. He broached the subject with a close friend, he didn’t seemed moved by the idea. But, a few days later, Ventura received a text asking for him to check out a story online.

Turned out MassMutual had recently started a subsidiary business called Society for Grownups in Boston. Again, a noninvasive environment marketed towards millennials, with the focus

of teaching those who walk in the importance of financial planning, and spending wisely. That reaffirmed Ventura’s idea, and opened Eden Cafe late last year. Now, there are other investment firms installing Starbucks in building lobbies, because preparing your clients to talk about their nest eggs sometimes requires a jolt of caffeine.

The learning is not limited to those looking to diversify their investment portfolio. Creative-minded people devoted to music and art wind up

with an education, too. Like any coffeehouse worth its weight in beans, Venutra welcomes in musicians for live music, and artists to showcase their artwork in the front lounge. But, he said, he places an emphasis on self promotion. Musicians sell tickets, artists develop posters. It’s the best lesson to teach anyone, creative or corporate-minded, and that is to learn how to sell yourself.

Ventura hosts a financial seminar once a month, and various types of meet-ups are scheduled (just check

out the chalk board in the back). Otherwise, you can expect “Together Tuesdays and other weekly specials each Friday and Saturday night.

“I run a cafe,” said Ventura, “but the baristas and managers can basically run it while I can sit with my clients and have breakfast. Have lunch. Have dinner. I can invite them to listen to an acoustic guitarist. Every so often, I can get up and play it myself, which I love to do.”

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