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■ TOP STORY

First impressions don't last

NEWS

Riding in heaven

A mother shares her experiences after losing her disabled son to abusive caretakers

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Police action

We have the summary on the latest law enforcement action

Story on Page 4

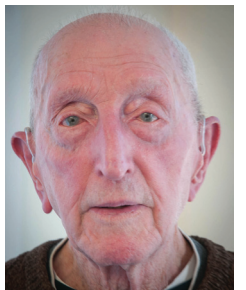


Frank Murphy, left, fought on the front lines in two wars — World War II and Korea.

Photo courtesy of Frank Miller

Veteran of World War II, Korean and Vietnam wars shares his story

By **MICHAEL HALLISEY**
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MURPHY

Irony is sometimes the way a man lives his life despite first impressions.

Born in Cohoes in 1925, Delmar resident Frank Murphy is among what television anchor Tom Brokaw coined "The Greatest Generation." Yet, in 1943, Murphy was no more than someone who would "gripe" too much in the eyes of his squad leader in the 339th regiment of the 85th Infantry Division in World War II.

"In World War II, I had a big mouth and got in trouble all the time," said Murphy, with an ever-present smile on his face. "I could never make (Private First Class) because I was moanin' and groanin'. My squad leader, with me being a kid, when there was a dirty job to do it was 'Murphy,' 'Murphy,' 'Murphy.' In the beginning, I didn't mind. Then, after awhile, I got in trouble."

An Albany native, Murphy joined the Army in June 1943 with aspirations of being a paratrooper.

He trained at Camp Croft, S.C., and within days of deployment, he broke his thumb while

Continues on page 15

■ ENTERTAINMENT



Capturing rock's icons

Photographer shaped the image of rock's elite

Story on Page B1

■ SPORTS



Still going...

Bethlehem boys soccer advanced to the state Final Four.

Story on Page 9



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■ COMMUNITY

‘Riding a White Horse in Heaven’

A mother shares her experiences after losing her disabled son to abusive caretakers

By ALI HIBBS

hibbsa@spotlightnews.com

BETHLEHEM — The mother of a developmentally disabled boy who was killed in 2007 by a caretaker at a state facility in Niskayuna at the age of 13, has just published a short story in a Chicken Soup for the Soul book titled “Angels and Miracles,” released on the first of this month.

The story, called “Riding a White Horse in Heaven,” tells of the dreams that Jonathan Carey’s parents had about their son in the weeks following his murder—Lisa and Michael Carey both saw their son, who had been an enthusiastic lover of horses, riding a white horse while wearing a breast plate and wielding a sword.

Shortly after they initially spoke of that shared dream, they attended a memorial service at the facility where Jonathan was killed and saw a photograph of their son they had never seen. He was leaning over a fence to kiss a white horse.

“It basically just confirmed to Mike and I that Jonathan was riding a white horse in heaven,” said Lisa Carey. She discovered a Bible passage that she says helped to give her family comfort in those first terrible months—Revelations 19:14, which reads, “The armies of heaven, dressed in fine linen, white and pure, follow Him on white horses.”

“We both felt our dreams were like a picture of him riding with the armies of heaven,” said Jonathan’s mother.

Three months after those events, New York state passed “Jonathan’s Law,” due to the efforts of his parents, who



Photo courtesy of The Carey Family

actively sought justice for the death of their son. The law requires facilities to notify parents and guardians of any incidents that involve their loved ones and gives them access to incident reports and records of abuse that had previously been sealed. An inability to access such records is how Jonathan’s parents were kept ignorant of years of abuse their son underwent at two different state facilities, years of abuse that left Jonathan with a PTSD diagnosis and eventually led to his death.

Since that law, the Careys have managed to get other legislation passed, including: a ban on the withholding of

food as a behavior modification tool, something that Jonathan Carey’s caretakers did when he was just ten years old; a bill to study the effects of overtime on the behavior and performance of employees who work with the disabled; and a bill that increased the penalty for endangering the welfare of a disabled person from a misdemeanor to a felony.

In 2008, they managed to change the definition of Social Services Law 412, which previously stated that children in residential care had to be at serious risk of death, protracted disfigurement, bodily organ damage, have protracted physical or emotional damage,

or be sexually abused to be considered abused by New York state—anything less was deemed “unfounded.” The new definition expands the definition of abuse to include when a child is kicked, choked, burned, slapped, punched, smothered or suffers any such similar incident, despite the level of damage to the child.

Lisa Carey’s story was chosen from 5,000 entries to run alongside 100 other selected authors in “Chicken Soup for the Soul: Angels and Miracles: 101 Inspirational Stories about Hope, Answered Prayers, and Divine Intervention.” The book came out on Nov. 1 and can be purchased on Amazon or at your

“It basically just confirmed to Mike and I that Jonathan was riding a white horse in heaven. . . . We both felt our dreams were like a picture of him riding with the armies of heaven.”

— Lisa Carey
mother of
the late Jonathan Carey

local bookseller.

Carey has also written a full-length, non-fiction book, not yet published, about the experiences her family went through trying to care for their son and then dealing with his death. She says she writes to share with others, particularly those who may be dealing with similar challenges, so they might benefit from her experience as they navigate the waters of trying to secure care and justice for loved ones. Currently, she said, she is looking for the right literary agent.

Lisa Carey and her husband continue to seek justice for disabled individuals who suffer abuse at the hands of their caretakers. “I really believe the 911 bill needs to be passed,” she said. “That bill would require people to call 911 in situations of emergency or abuse of the disabled, which currently does not happen. That’s a civil rights issue. We believe 911 was created for all people.” The Careys have been working to get the 911 legislation passed for nine years, according to Lisa. But they haven’t given up.

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■ CORRECTION

In last week’s edition of *The Spotlight*, in an article headlined “Last year: Supervisor race very close,” the margin of victory between Bethlehem Town Supervisor incumbent John Clarkson and challenger Jim Foster was ultimately determined to be 10 votes by Albany County Board of Elections. The figures reported to the press by the board at the time the story originally went to print last year, the margin was stated as 12.

■ TOWN GOVERNMENT

Town saves taxpayers nearly \$1M on water, sewer bond payments

Improved bond-rating score, lower interest rates allow the town to refinance a 27-year, \$8 million public improvement bond



The Clapper Road Project

Spotlight file photo

By ALI HIBBS
hibbsa@spotlightnews.com

BETHLEHEM— Last month, town officials worked out a deal to refinance a 2009, \$7.96 million public improvement bond for water, sewer and pool projects.

According to town Comptroller Michael Cohen, the refinancing will save the town almost \$1 million in interest — or, approximately \$44 thousand per year. This is the second bond, purchased during economic times when interest rates were inflated, the town has been able to refinance. The first, a bond for the Clapper Road project, saved taxpayers \$1.3 million when it was refinanced in 2012.

“These opportunities don’t come up very often,” said Cohen. “Obviously, you have to have debt with inflated interest rates to make this process work, as the cost and the effort to go through this is fairly large.” The cost to the town, he said, was \$78,000, which will be absorbed by the total savings of \$977,000. The cost includes payments to: the underwriter, who markets and sells

the bonds; the financial advisor, who works with the underwriter; bond counsel, who drafts the documents and provides certifications on behalf of the town; and the rating agency, which reviews the town’s ability to repay.

Typically, restrictions prohibit redemption or refinancing of these types of bonds before 10 years, but the town’s financial advisor, Fiscal Advisors, came up with a way to get around the restriction and take advantage of low market rates, which, according to Cohen, have dropped dramatically. This will be done by placing funds in an irrevocable trust, with an escrow agent to provide for all future debt payments until it can be officially paid off.

Under the terms of the new refinance, another ten-year limit on redemption will prohibit another refinance before 2027, unless another irrevocable trust is established. “Serial bonds mature at regular intervals over time so there is a different interest rate associated with each year,” said Cohen. “The original debt had interest rates that ranged from 3.25 percent in the earliest years to 4.5 percent in the latest

years. The current debt ranges from 2 percent in the earliest years to 3 percent in the latest years. The reduction in interest owed is where the town will save its money. The original debt covered a period ranging from 2010 to 2037. The current sale does not extend the repayment, holding the final year to 2037.”

The comptroller reiterated that the savings to the town was in interest only. “The principle payback,” he said, “is the same as in the original offering.”

Asked if there were any other opportunities of this nature available, Cohen said, “We only have one more bond with inflated interest, which was a 10-year outstanding issue from 2008, used to finance the police officers increase in pension fund. As we only have two years left to pay it off, it would cost us more than we’d save.” When they looked at refinancing it a few years back, he said, the town’s financial advisor recommended against it.

As well as the drop in interest rates and the financial advisor’s maneuvering, Cohen credited Bethlehem’s 2014 bond-rating upgrade,

from AA to AA+, for allowing the town to reduce interest rates by 2 percent in the coming

year. “We are grateful to be in a situation where we can provide a substantial savings to the town at

no cost to the taxpayer, he said, calling it “a wonderful position to be in.”



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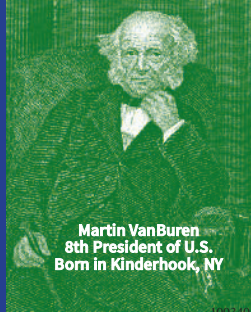
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REAL FACT

Even U.S. Presidents hang out in Kinderhook.



■ COMMUNITY



Let's play!

The Town of Bethlehem officially opened the new Elm Avenue playground at Elm Avenue Park on Wednesday, Oct. 26 with a ribbon cutting ceremony attended by members of the Town Board, Bethlehem Chamber of Commerce and Assemblymember Patricia Fahy. The construction was financed through a \$155,000 state grant secured by Assemblymember Fahy. Additionally, the Bethlehem town board approved up to \$50,000 in additional funding that is coming from the town's Parkland Set Aside Fund to cover the remaining project costs.

Photos by Michael Hallisey/Spotlight

Boy Scout Troop 75 to hold annual fundraiser

BETHLEHEM — Boy Scout Troop 75 will hold its 44th annual Sportsmart fund raiser on Nov. 19 at the Bethlehem High School Cafeteria. From 8:30 to 11 a.m. the community brings in sporting goods to sell or donate, from 1 to 4 p.m. there is a general sale open

to the public and from 5 to 6 p.m., the public can come back to pick up their items and checks for any items sold. If items are sold, the seller gets 2/3 of the sale price while the Troop gets 1/3. You do not have to bring in goods to sell. Sportsmart will also

hold a silent auction and raffle. Troop 75 will ask for a minimum \$1 donation to the Regional Food Bank. For more information, visit Sportsmart's facebook page at www.facebook.com/sportsmarttroop75 or email Sportsmart's co-chair at peter.lauricella@wilsonelser.com.

■ COPS, COURTS AND EMERGENCY CALLS

Over 200 arrested, 11,000 ticketed during recent DWI Crackdown

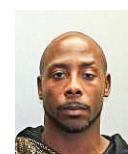
ALBANY — New York State Police reported 242 DWI arrests during a Halloween enforcement period that started Friday, Oct. 28 and ended Tuesday, Nov. 1. The initiative was aimed at significantly reducing deaths and injuries caused by motorists driving drunk or impaired by drugs. "Drunk and impaired drivers pose serious dangers to themselves and other motorists," said Gov. Andrew Cuomo. "I commend the State Police and local law enforcement for their continued vigilance in getting these dangerous drivers off of our roads, and protecting the safety of all New Yorkers."

State Police and local law enforcement agencies also targeted drivers who were distracted, speeding, not wearing seat belts, and not abiding by the "move over" law. During the five-day campaign, State Troopers issued 11,497 total tickets, including 4,342 for speeding, 322 for distracted driving, 333 for child restraint and seatbelt violations, and 176 for failing

to "move over." Additionally, Troopers investigated a total of 1,111 crashes— compared to 736 last year. Of these crashes, 227 people were injured, and 3 people were killed. Here in the Capital District, state troopers made 20 DWI arrests and issued a total of 794 total tickets during the enforcement period. The campaign was coordinated and funded by the Governor's Traffic Safety Committee and county STOP-DWI programs. During last year's 3-day campaign, State Police arrested 167 people for DWI, and issued total of 7,642 tickets. "Safety on the roads is a top priority for the State Police," said State Police Superintendent George P. Beach II. "We will continue to work with our law enforcement partners to crack down on drunk and impaired drivers, and hold offenders accountable for their actions."

Albany man charged with felony DWI

GUILDERLAND — On October 30, 2016, at approximately 10:15 p.m., State Police stopped a vehicle on I-90 for a traffic violation. The driver of the vehicle, Quine Liddell, 35, of Albany, was reportedly found to be intoxicated and in possession of marijuana. He was transported and processed



LIDELL

determined to be 0.09 percent. Since Liddell had a prior DWI conviction within the last 10 years, he was charged with a

felony DWI, along with unlawful possession of marijuana, a violation, and multiple vehicle and traffic violations. Liddell was turned over to a sober third party and released on appearance tickets returnable to the Town of Guilderland Court on Thursday, Nov. 17 at 5:30 p.m.

Schenectady man arrested after traffic stop

GUILDERLAND — On Tuesday, Nov. 1, at approximately 9:30 p.m., state police stopped a vehicle on I-90 for a traffic violation. The driver of the vehicle, Dale Wildman, 35, of Schenectady, was reportedly found to be intoxicated. He was transported and processed at the state police station



WILDMAN

in Albany, where he refused to submit to a breath test to determine the alcohol content in his system. Since Wildman had a prior DWI conviction within the last 10 years,

he was charged with a felony DWI along with multiple vehicle and traffic infractions. Wildman was turned over to a sober third party and released on appearance tickets returnable to the Town of Guilderland Court on Thursday, Nov. 17 at 5:30 p.m.

THE MARKET MOVES INDOORS

Local farm products and crafts. Every Saturday 9-1 • Through Dec 17 Bethlehem Middle School • Delmar visit us @ delmarmarket.org

■ COUNTY GOVERNMENT

Final budget presentations tonight

Nursing home expected to turn a \$2 million profit in 2017

By **ALI HIBBS**
hibbsa@spotlightnews.com

ALBANY — Since late October, the Albany County Legislature’s Audit and Finance Committee, as well as other interested parties, have been sitting in a series of meetings with the various county departments

to hammer out details for the county’s 2017 budget. According to legislators, the budget process has gone relatively smooth thus far, as the county’s financial position has improved considerably over the last several years. The final departments will be heard this evening.

One department that has

made a substantial contribution to the turnaround of county finances is the Albany County Nursing Home, which was in questionable circumstances four years ago, losing \$12 million a year according to County Executive Dan McCoy. This year, ACNH was a mere \$4 million in the red and expects to end the

coming year with \$2 million more than budgeted expenditures.

McCoy, who, early in his first term as county executive, fought with legislators to privatize the nursing home — a step that has been taken by at least 15 municipalities in New York, with varying results — has changed his tune and commended the current director of ACNH for making the tough decisions that allowed

for such a rapid recovery. He has since said his reason for doing so was to push the legislature to finally make a decision about ACNH, which had been a long-contested money pit.

Its current director, Larry Slatky, was considered for the position — one of the highest paid in the county — while he was under indictment downstate

Continues on Page 13

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11/10	Hampton Inn–Guilderland	1:30–2:30 pm
11/15	Bethlehem Public Library	9:30–10:30 am
11/16	Comfort Inn–Latham	10:00–11:00 am
11/16	Comfort Inn–Latham	1:30–2:30 pm
11/21	Comfort Inn–Glenmont	10:00–11:00 am
11/21	Comfort Inn–Glenmont	1:30–2:30 pm
11/21	Comfort Inn–Glenmont–SmartFund (MSA)	3:30–4:30 pm

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COMMUNITY

Time for A Little Sunday Music

It's that time of year again – time for the return of our ever-popular winter concert series, A Little Sunday Music. The Etude Club of Schenectady opens the 2016-17 season on Sunday, Nov. 12, at 2 p.m. with a performance of chamber music by Mendelssohn, Mihaud, Brahms and more. Expect to hear a variety of soloists, duos and trios on piano, violin, cello, flute and clarinet.

The Etude Club brings together women from all over the Capital District who share a love of music study and performance. It was founded in 1925 by Louise Newkirk. The club traditionally focuses on the music of recognized masters, but is open to performing pieces by composers in many genres. Many of the members of the Etude Club share their love of music by teaching their chosen instrument, as well as performing in the Schenectady Symphony and at other musical events.

A Little Sunday Music continues with a performance by the Helderberg Madrigal Singers on Dec. 4 and a recital by soprano Rose Hargrave on Feb. 5. The 2016-17 season closes with Capital City String Quartet featuring pianist Michael Clement on March 5.

A Little Sunday Music is underwritten by Friends of Bethlehem Public Library. All concerts are free and open to everyone.

A salute to naval heroes of the past

On Friday, Nov. 11, the focus of our Coffee and Conversation series will be "Heroes All Around Us," featuring staff from the



USS Slater.

This program explores the fascinating history of destroyer escorts, the USS Slater and the lives of three men who served in the United States Navy during World War II and are tied in some way to these trim but deadly warships. The first is Frank Slater, killed in action at Guadalcanal and for whom the USS Slater is named. The second is Leonard Roy Harmon, who served alongside Frank Slater aboard the USS San Francisco and would go on to receive the posthumous distinction of being the first black man to have a ship named in his honor. Finally, the remarkable story of the USS Samuel B. Roberts will be examined, highlighting the actions of Paul Henry Carr.

The hourlong program begins at 1 p.m. and is followed by a coffee hour featuring beverages and light refreshments. Coffee and Conversation is co-sponsored by Bethlehem Senior Projects, Inc.

Second chance to catch 'em all!

Did you miss the first Pokémon hunt last Sunday? Don't worry, we are hosting a second session of Pokémon Go(es) to the Four Corners on Friday, Nov. 11, at 10 a.m. Meet at the library with your Pokémon Go app ready to play, and we'll provide the free WiFi with our mobile hotspot devices as we walk to the Four Corners to see if we can catch 'em all. For all ages; children must be accompanied by an adult.

Not sure how to play?



The library hosted two not-so-spooky parades on Monday, Oct. 31, for pint-sized trick-or-treaters. The parades made their way through the main part of the library to the delight of patrons and staffers.

Kristen Roberts

No worries. Email librarian Cathy Brenner at cathy@bethpl.org to ask questions or set up a tech help appointment.

Blood drive at the library

According to the Red Cross (www.redcrossblood.org/learn-about-blood/), someone in the U.S. needs blood every two seconds. You can do your part. Bethlehem Public Library is once again hosting a Red Cross Blood Drive Thursday, Nov. 10, from 1 to 6 p.m. in the Community Room. Donors must be at least 17 years old and in good general health.

Walk-ins are welcome. Call 1-800 RED-CROSS or go to www.redcrossblood.org to register or for more information.

Holiday hours

The library will close at 5 p.m. Wednesday, Nov. 23, and remain closed Thursday, Nov. 24, for the Thanksgiving holiday. The library will be open 9 a.m. to 5 p.m. on Friday, Nov. 25.

Upcoming events

All events are free and take place at Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 439-9314 or visit bethlehempubliclibrary.org

Friday, Nov. 11

NaNoWriMo Write-In
Join others in the challenge of writing a novel in one month during National Novel Writing Month, 5 to 8 p.m. Writing instruction not provided. Visit nanowrimo.org for details.

Saturday, Nov. 12

Birdwalk with George Steele
Meet on the library plaza for some bird watching with environmental educator George Steele, 10:15 to 11 a.m. Bring your own binoculars or use ours. Please dress for the weather. Rain date: Nov. 19. For adults, teens, children and families.

Monday, Nov. 14

DayBooks
Discuss "The Accidental Empress" by Allison Pataki, 1:30 p.m. Copies are available at the information desk. Large-print audio and downloadable copies may be available.

Tuesday, Nov. 15

Fingerknitting: Cowl Scarf
Make a cowl scarf using just your fingers and some yarn, 1:30 to 3:30 p.m. Bring

one skein of bulky yarn. No experience necessary.

READ Portraits

Help promote reading for a BPL marketing campaign and star in your very own READ poster. Get your picture taken with your favorite book — bring your own or borrow one from us. Participants will receive a digital copy of the completed poster. Sign up to drop in during one of three hourlong time slots between 5 to 8 p.m. No green clothing, please.

Wednesday, Nov. 16

Lego WeDo & Mechanisms

Make Lego projects come to life in this workshop. Beginners and experienced builders will use engineering and computer programming skills to put it all together, 6 p.m. For families.

— Kristen Roberts

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COMMUNITY

Online newsletter

Check out all that's happening at GPL — free concerts, beer and hard cider tasting, Family Science Nights, Yoga Dance, flu vaccine clinic, Medicare primer and so much more — when you read the library newsletter online at bit.ly/NovDecAtGPL. If you still want a print copy, please call 456-2400, ext. 112.

Nutrition during Breastfeeding

On Thursday, Nov. 10, at 6 p.m., CDPHP presents a program on the benefits of breastfeeding. Patty Schardt, registered dietitian, will discuss topics including the particular nutritional needs for both mom and baby; issues surrounding bottle vs. breastfeeding; and strategies for successful weaning. To attend, please register by calling 456-2400, ext. 2.

GUILDERLAND PUBLIC LIBRARY
www.guilpl.org

'Why is Gregory a Terrible Eater?'

Join WMHT's Barbara Lukas at GPL on Saturday, Nov. 12, at 10:30 a.m., for a family literacy program and discover why Gregory the goat decides he only wants to eat food for people, not for goats. What are his parents going to do?

Please register for this highly entertaining program for children by calling 456-2400, ext. 4. All children must be accompanied by an adult caregiver.

'Piecework: When We Were French'

Join us for a film and celebration as GPL unveils its Franco-American

collection of family history materials on Saturday, Nov. 12, at 2 p.m.

In the movie "Piecework," actress Abby Paige depicts various characters representing present-day Franco-Americans whom she interviewed as part the 400th anniversary of Samuel de Champlain's explorations of New France.

We will also showcase the collection of genealogy research materials formerly housed at the Cohoes Public Library. Our modern languages collection now features works by Quebec authors. A reception will follow the film.

Time grows short, Harry Potter fans

Grab your remembrall, get ready to pass

your O.W.Ls and N.E.W.Ts, and join us for "You're a Quizzard, Harry," our second annual HP trivia event, on Monday, Nov. 14, at 7 p.m. Celebrate the release of "Fantastic Beasts and Where to Find Them" (Nov. 18) and "Cursed Child" (summer 2016) by competing in several grueling rounds of Harry Potter trivia for grownups. Winners will have first pick from a slew of great prizes.

Teams of 1-5 players can register online or by calling 456-2400, ext. 2. Ages 16 and over, please. Only one team member needs to register. Please indicate how many are on your team in the online notes field.

Tea Talks: Brewing Tea and Tisanes

In an informative session on Wednesday,

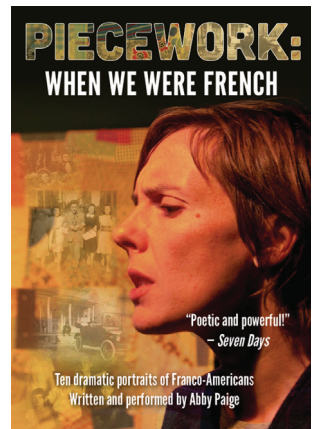
Nov. 9, at 6:30 p.m., Matthew from Short and Stout Tea in Guilderland will discuss topics on tea basics including what is tea, history of tea, how to brew tea and, of course, a tea tasting.

Ron Darling event

Just a reminder to ticket holders: the Ron Darling event on Friday, Nov. 18, is only a week away. The 6:30 p.m. Author's Reception — orange tickets — will be held in the library's Helderberg Room. The 7:30 p.m. Author Talk & Book Signing — tan tickets — will be held in the Farnsworth Middle School's cafetorium. CBS 6's anchor Greg Floyd will introduce Darling.

Veterans Day

The library will be closed Friday, Nov. 11, for Veterans Day. We thank all those who have served.



"Piecework: When We Were French" will be shown Nov. 12 at 2 p.m. Image submitted

Board meets

The library's Board of Trustees will hold its monthly business meeting on Thursday, Nov. 10, starting at 7 p.m. View the meeting on Facebook Live. Just go to www.facebook.com/Guilderland.Library, and try it out. Let us know what you think.

— Mark Curiale

TOWN OF BETHLEHEM AMERICA RECYCLES DAY!

This program is Cosponsored by Bethlehem Central School District Green Team, BCHS Environmental Club, and Delmar Farmers Market.

When
Saturday, November 19, 2016
10:00 a.m. - 1:00 p.m. (Arrive no later than 12:45 p.m.)

Where
Bethlehem Central Middle School
332 Kenwood Avenue, Delmar
Event is open to all area residents, Except Free Document Shredding*

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NOTE: *Clothing and Textile Recycling: See list of acceptable items below. **Secure shredding is limited to Town of Bethlehem residents and BCSD taxpayers with ID only. Shredding limit: 3 medium sized (i.e. copy paper size) boxes per household. Books collected for reuse or recycling by Grassroot Givers; monetary donations gratefully accepted.

Seniors: Do you need assistance transporting your documents? If you are over the age of 60, Bethlehem Senior Transportation may be able to help with home pickup for documents (but not for other items). For more information, and to schedule a pre-arranged pickup time, please call 439-4955, extension 1176.

***CLOTHING AND TEXTILE REUSE AND RECYCLING ACCEPTABLE ITEMS:**

- ALL types of clothing
- Fabric, and household textiles (tablecloths, sheets, blankets, pillows, curtains, towels), stuffed animals, etc.
- Belts, hats, gloves, purses, bags, backpacks, footwear
- All items must be clean and dry, but it is okay if they are worn, torn, ripped, stained or damaged! Backpack with a broken zipper? Shoe without a mate?

UNACCEPTABLE ITEMS: Do NOT include mattresses, loose foam stuffing, toys and household goods. No wet or mildewed textiles. No smelly items. No items contaminated with oil, paint or hazardous materials. For more info contact Dan Rain, Recycling Coordinator by email recycle@townofbethlehem.org or phone 518-439-4955 x1510. Visit www.nytextiles.org for facts and more informaton about textile recycling in NY State.

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COMMUNITY

Dollars for Scholars

Come to the Delmar Progress Club Dollars for Scholars Card Party on Saturday, Nov. 19, at noon at the Normanside Country Club. The cost is \$25 and includes a buffet lunch and a donation towards a scholarship for a Bethlehem Central senior. You can play cards or board games or just visit with friends. There will be silent auction, a bake sale and a raffle. You do not need to be a Progress Club member to attend. Call Deanne Sodergren at 439-6878 for sign-up information.

Support Bethlehem Senior Projects, Inc. and enjoy Broadway's hilarious smash hit "Something Rotten!" on Jan. 14 at Proctor's. You do not need to be a senior. All are welcome. Your paid reservation of \$95 includes your ticket for the show, charter bus transportation and a tax-deductible



donation to BSP, Inc. You can also join us for an all-inclusive dinner after the show for \$29 at Normanside Country Club. Call 439-4955, ext. 1176. Make your reservations now. Tickets will go fast.

Support the Bethlehem Food Pantry on Thanksgiving Day at the Our Towne Bethlehem Turkey Trot on Thursday, Nov. 24. Bring canned goods, paper supplies or other items to the Bethlehem Middle School on that day or on Thanksgiving Eve, Nov. 23. Enjoy the fireworks on Thanksgiving Eve.

Enjoy Coffee and Conversation at the Bethlehem Public Library. On Friday, Nov. 18, at

1 p.m., the program will include songs from "The Great American Songbook" performed by Sonny and Perley. There is no cost for the program. We will have lunch before the show at Tool's, cost on your own. Call 439-4955, ext. 1176.

Federal funding (HEAP) is available for income eligible people who need assistance with home heating costs. Outreach workers are available to assist with counseling on HEAP, as well as health insurance, housing issues, food stamps and health and income related programs. Make an appointment by calling 439-4955, ext. 1176.

Get your flu shot at the Albany County Health Department, 175 Green St., in Albany. Call 447-4589 for an appointment. You can also see your physician or local pharmacy.

— Wilma DeLucco

Work off that Halloween candy

The Bethlehem YMCA would like to thank everyone that participated in our Halloween celebrations. The Spooky Skate and the young kids' pumpkin carving events were huge successes. A great time was had by all, and we look forward to having even more kids join in the fun next year.

So now is the perfect time to work off all our your child's Halloween candy that you ate. The YMCA has new rounds of popular programs to help you get fit and lead a healthier lifestyle — programs that appeal to all ages and interests.

Fit Over 50 Boot Camp

Anyone over 50 can attest to the fact that the



older you get, the harder you have to work to stay in shape ... or even something resembling good shape. If this resonates with you, then the Bethlehem YMCA has a special class you should check out.

The Fit Over 50 Boot Camp is designed for anyone over the age of 50 looking to improve their health and happiness with a fun and diverse series of workouts. Each class will keep you challenged and guessing what new fitness feats your body can conquer.

Fit Over 50 Boot Camp keeps it interesting with the use of dumbbells, resistance bands, kettlebells and more. The format of the class is comprised of cardio, strength training and flexibility segments to give you a challenging total body workout.

TRX Meltdown

The Y's TRX Meltdown program is a high-intensity interval training class incorporating limited free weights, TRX suspension training and cardio exercise. Participants will challenge their body with a variety of training techniques including core stability, body weight resistance and suspension training.

In addition to these, the YMCA offers weightlifting 101 for beginners and women on a program that is focused on training women how to properly use weights to build strength and improve fitness.

Youth sports training

Youth sports have become year-round activities for many participants. There is the season, and there are pre-

and off-season workouts to stay in shape, build up strength and endurance, and sharpen your skills.

The YMCA is already partnering with Bethlehem Youth Hockey and the Guilderland girls basketball program on youth sports training programs. The Y is also training the Guilderland/Mohonasen/Scotia-Glenville Storm hockey team.

If you are involved with a youth sports program, whether it's through school or outside of school, the Bethlehem YMCA has expert trainers that can design a workout program to help young athletes who are focused on improving their bodies and their game — whether it's hockey, basketball, baseball and softball, football or any sport at all. Contact Jerry Cunningham at the Bethlehem YMCA, 439-4394, for more details.

Use the 'Buddy System' to save money

Do you have a workout partner? A buddy you like to run, swim and lift weights (etc.) with?

During the month of November, the two of you can come to the Bethlehem YMCA, sign up and save. The Y will waive the \$100 joiner fee for both of you. In addition, you will benefit from our 20/20 referral program where you save 20 percent on your memberships for as long as you are members.

Working out with a friend has many benefits — motivation, competition, accountability, more fun and better results, to name just a few. So come to the Bethlehem Y, get sign up to get fit and save money.

— Mark Hansen

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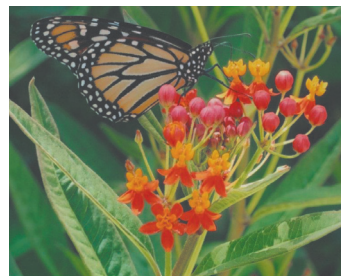
— Thomas H. Abele, DMD



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Spotlight on Sports

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■ PLAYER OF THE WEEK



BELEN MARRIAGA

Guilderland-Voorheesville's Belen Marriaga is The Spotlight Player of the Week for the period ending Sunday, Nov. 6. Marriaga won the 100-yard butterfly at the Section 2 Girls Swimming and Diving Championships Saturday, Nov. 5, at the Shenendehowa Aquatic Center.

■ INSIDE



Falling short

Niskayuna rallied from a 2-1 halftime deficit to defeat Bethlehem 5-2 in the Section 2 Class AA girls soccer final Tuesday, Nov. 1, at Stillwater High School.

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■ BOYS SOCCER



Eagles soar to final four

After surviving penalty kicks against Shen,
Bethlehem edges Liverpool to advance

BETHLEHEM — The Bethlehem boys soccer team is heading to Middletown this weekend for the New York State Public High School Athletic Association Class AA tournament.

After playing to a scoreless tie against Shenendehowa in the Section 2 finals Monday, Oct. 31, the Eagles outlasted Shenendehowa 5-4 in penalty kicks to advance to regionals. There, Bethlehem edged Section 3 champion Liverpool 1-0 Saturday, Nov. 5, on Devin Gumustop's second half goal.

The Eagles meet Section 5 champion Fairport in the Class AA semifinals Saturday, Nov. 12, at 4 p.m. in Middletown. To view Jim Franco's photo gallery from the Section 2 final, visit spotlightnews.com/spotted.

— Rob Jonas



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■ GIRLS SOCCER



Bethlehem's Beatrice Jones, right, heads the ball away from Niskayuna's Katrina Colby during the Section 2 Class AA final Tuesday, Nov. 1, at Stillwater High School.

Jim Franco/Spotlight

BC's road ends in final

STILLWATER — Top-seeded Niskayuna overcame a 2-1 halftime deficit to defeat No. 7 Bethlehem 5-2 in the Section 2 Class AA girls soccer final Tuesday, Nov. 1, at Stillwater High School.

Olivia Miranda scored twice in the

first half to give the Lady Eagles the lead, but the Silver Warriors roared back with four unanswered goals in the final 40 minutes to advance.

To view Jim Franco's photo gallery, go to spotlightnews.com/spotted.

— Rob Jonas

■ CROSS COUNTRY

Carey wins title

Tindale, Grossman qualify for state meet

By **ROB JONAS**
jonasr@spotlightnews.com

SARATOGA SPRINGS — Guilderland's Noah Carey breezed to the Class A individual title at the Section 2 Cross Country Championships Friday, Nov. 4, at Saratoga Spa State Park.

The senior completed the course with a time of 14:59.3, more than seven seconds ahead of runner-up Declan Hines of Saratoga Springs. Noah Tindale, Carey's teammate, placed third with a time of 15:23.8.

Saratoga claimed the boys team title with 38 points. Niskayuna was second with 83 points, and Shenendehowa finished third with 90 points.

Carey and Tindale are among the five runners representing the Section 2 team at the New York

State Public High School Athletic Association Championships Saturday, Nov. 12, at Chenango Valley State Park. The rest of the Section 2 team is Queensbury's Kevin Bouyea, Bethlehem's Riley Grossman and Niskayuna's Tucker Donovan.

Grossman placed sixth overall with a time of 15:32.4 for Bethlehem, which finished fourth in the team standings with 111 points. Teammate Cameron Davis barely missed qualifying for states after finishing eighth with a time of 15:33.4, three-tenths of a second behind Donovan.

The Class A girls race was a tight affair, as Saratoga edged Shen 47-50 to keep its streak of Section 2 team titles intact. Niskayuna placed third with 58 points. Saratoga's Kelsey Chmiel won the individual title with a time of 16:41.71.

The Section 2 team features three Shen runners, a Niskayuna runner and a Guilderland runner. Hannah Reale, Julia Zachgo and Olivia Lomascolo will represent Shen at states, along with Niskayuna's Abigail Spiers and Guilderland's Emily Bini, who finished sixth with a time of 18:04.43.

In Class C, Voorheesville's Evan Ensslin placed second with a time of 16:10.57 to qualify for states as a member of the Section 2 team. Matt Tipton finished 10th with a time of 17:05.59.

The Blackbirds were seventh in the team standings with 186 points. Albany Academy earned the Class C team title with 46 points.

The Voorheesville girls team took fifth place in its division with 160 points, but failed to qualify any runner for states.

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■ GIRLS SWIMMING

Guilderville places second at Sectionals

Belen Marriaga, Evanna Peng win individual titles

CLIFTON PARK — Niskayuna eased to the Division 1 team title at the Section 2 Girls Swimming and Diving Championships Saturday, Nov. 5, at the Shenendehowa Aquatic Center.

The Silver Warriors compiled 403.5 points to finish first. Guilderland-Voorheesville was second with 322 points, and Shenendehowa placed third with 284.5 points.

Burnt Hills/Scotia's Olivia Jack was the standout of the meet. The junior won the 100-yard breaststroke with an All-American time of 1:01.61 and finished first in the 100-yard freestyle with an All-American consideration time of 50.57 seconds.

Niskayuna's Maggie Wyngowski and Shaker's Emma McElrath each won a pair of individual events. Wyngowski finished first in the 200-yard individual medley and

the 100-yard backstroke, while McElrath won the 200- and 500-yard freestyles.

Saratoga Springs' Taylor Patnode (50-yard freestyle) and Guilderville's Belen Marriaga (100-yard butterfly) also won individual events. Guilderville's Evanna Peng took first place in the diving competition, which took place Thursday, Nov. 3.

Relay victories went to Burnt Hills-Scotia (200-yard medley), Guilderville (200-yard freestyle) and Niskayuna (400-yard freestyle).

For complete results from the Division 1 and Division 2 meets, visit www.section2swim.com. To view Diane Deyoe's photo gallery from the event, visit spotlightnews.com/spotted.

— Rob Jonas



Guilderland-Voorheesville's Belen Marriaga, foreground, leads the pack toward the finish line in the 100-yard butterfly at the Section 2 Division 1 Girls Swimming and Diving Championships Saturday, Nov. 5.

Photo by Diane Deyoe/Special to Spotlight News

■ COMMUNITY

Bike repair clinic

The library recently installed a bike repair station, thanks to a grant through state Senator George Amedore. The station has all the tools necessary to perform basic bike repairs and maintenance, from changing a flat to adjusting brakes and derailleurs. On Saturday, Nov. 12, stop by the library at 10:30 a.m. and learn how to fix and maintain your bike. Bring your bike for hands on experience.

Science of hibernation

Can't bear to be

RCS COMMUNITY LIBRARY

cold? Elementary aged kids are invited to Library Science Lab to experiment with techniques that hibernating animals use to get through the winter. This takes place Wednesday, Nov. 16, at 4 p.m. Registration is appreciated.

Open Mic Night returns

Our first Open Mic

Night was a success. Find out what it's all about on Wednesday, Nov. 16, at 7 p.m. Come to listen or perform. All levels and formats are welcome. Participants are invited to share up to two pieces or 10 minutes. Light refreshments will be served. Bring your friends.

Holiday hours

The library will be closed on Friday, Nov. 11, in observance of Veterans Day. We will re-open on Saturday, Nov. 12, at 10 a.m.

— Carol Melewski

Local author talk

Join us Wednesday, Nov. 9, at 6:30 p.m. for "Stand Tall: Against the Odds," an inspirational memoir about Everett Rau's life and farming in 20th century America.

At age 97, Everett Rau still farms the land where he was born in 1919. Hoping that his tales of survival can inspire others, he reminisces about early life in Altamont, farming during the Depression, working for General Electric in World War II and the rise and catastrophic failure of his own small business.

Voorheesville Public Library

Finding the Right College at the Right Price

Dr. Dean Skarlis will be joining us on Thursday, Nov. 10, at 6:30 p.m., to discuss the world of college admissions.

Dr. Skarlis, of The College Advisor of New York, holds a doctorate in educational policy and administration from the University of Pittsburgh. He attended the Harvard

University Institute on College Admissions, and he is a member of the National Association of College Admissions Counseling and the Independent Educational Consultants' Association.

Some of the topics Skarlis will cover include: how your child will be evaluated; the top five factors colleges look for in applicants; strategies to reduce college costs; college rankings; understanding why "fit" is critical; and more.

— Lynn Kohler

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November 9, 2016

Spotlight on Opinion

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FROM THE EDITOR'S DESK

Don't be shy, give thanks

There are 21.8 million veterans of the U.S. armed forces as of 2014, according to the Census Bureau. To put that into context, the bureau has counted 319.2 million Americans.

Veterans Day falls within the same month as Election Day and Thanksgiving simply by coincidence, but nonetheless appropriate. We take the time to recognize those who served our country. But, how often are we introduced to a war veteran and thank them for their service? The question was presented to our newsroom a few weeks ago.

The fervor of events leading to Election Day has polarized the nation into shades of red and blue. There's a divide between both political parties that has not been more evident than today. It's to the point we are willing to argue whether a newspaper is black and white, or white and black. Wars, too, are often the basis of argument. Why they start, and the legitimacy for it in the first place, are sometimes argued based on what side of the aisle you wish to stand.

The generation that fought in World War II was coined as "The Greatest Generation." Men and women volunteered to serve, many of whom did so long before the Japanese Empire forced our country's hand on Dec. 7, 1941. And, once Pearl Harbor was attacked, a wave of volunteers flooded recruitment centers. Flash forward a generation to Vietnam, and the war effort was supplied by individuals forced into service through a draft. For the lack of a better term, one war was popular, and the other was not. One group showered as heroes upon their return. The other, unfairly showered disgracefully.

Political views should not factor into why we don't stop to thank veterans for serving our military. These are individuals who answered the call when their nation asked for help. They left home, endured the unimaginable, and many times did not come back the same way they left. For those of us who did not serve, we can't relate.

Our newsroom was introduced to

a World War II vet by the name of Frank Murphy. According to the U.S. Department of Veterans Affairs statistics, only 620,000 of the 16 million Americans who served in World War II were alive in 2016. It's not often that Frank wears his U.S. Army hat in public. But, we asked how he felt when people stopped to thank him, and he recalled one story in particular.

One day, as he was wearing his cap, he was approached by a young teenager. He stopped, shook Frank's hand, and thanked him with the utmost sincerity. The outpouring of genuine gratitude from a young man was unexpected, and nearly brought the veteran of three major wars to tears.

Don't be embarrassed or too shy to give thanks to a veteran this Friday.

The generation that fought in World War II was coined as "The Greatest Generation." Men and women volunteered to serve, many of whom did so long before the Japanese Empire forced our country's hand on Dec. 7, 1941. And, once Pearl Harbor was attacked, a wave of volunteers flooded recruitment centers. Flash forward a generation to Vietnam, and the war effort was supplied by individuals forced into service through a draft. For the lack of a better term, one war was popular, and the other was not. One group showered as heroes upon their return. The other, unfairly showered disgracefully.

WHAT HAPPENED in 2011 ...

Five years ago: Vets share stories

COLONIE — Hundreds of veterans joined together at the Beltrone Living Center to recognize Veterans Day and to exchange stories with fellow veterans.

Many were in the room to pay tribute to the men and women who fought for the freedoms Americans enjoy today. The veterans were treated to food, music and even some gifts given to them by the Colonie Senior Services Center and the American Legion Joseph E. Zaloga Post 1520.

There were several speakers at the event, including Albany County

Executive Michael Breslin, a Vietnam War veteran, Colonie Supervisor Paula Mahan and Jerry Perry, the post color guard commander of the Zaloga Post. Perry recognized an empty table set for one, a reminder of those soldiers that are prisoners of war or are missing in action.

Ed Neary, executive director of the Colonie Senior Services Center, said he enjoys the luncheon, which is in its 10th year, because of all the different stories he gets to hear from all the veterans. He also said it is interesting to hear what

many of them were like when they were younger.

"We get a lot of these guys and gals here from World War II and we get to listen to their stories," Neary said. "The thing that strikes me is we look at them now when they are older folks and they are seniors and we say to ourselves, 'They were young kids and they're being sent over with a rifle and probably had no idea what they were doing and were told to do the best they could.'"

With Veterans Day on Friday, Nov. 11, many veterans said they were hon-

ored to be a part of any of the celebrations taking place. Robert Hollner, who served with the Navy on the USS Essex from 1960-64 in Guantanamo Bay, said that if it weren't for the veterans in the room, the United States would not be what it is today.

"It's just nice to see people take part and recognize the veterans on Veterans Day," Hollner said. "I'm proud to be a veteran and I will always be proud to be a veteran. I will always honor the United States flag and I will always honor another veteran when I see one."

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From page 1...

First impressions don't last

horseplaying with some of the guys. After returning from the hospital, he said, his orders were to meet-up with another regiment — the 85th Infantry Division — at Fort Dix, N.J., with plans to embark for North Africa. The troops he'd be joining were already experienced.

"They've been training for a year for the desert, in the Louisiana swamps, and all that bit" he said. "And, everybody's old. 35. 36. Some in their upper 20s. I'm 18. Youngest in the company. They were well trained. And, when they were doing things, here I am out of basic. They were quick. I'm watching what they were doing and trying to learn what's going on," he laughed.

The memories of serving in World War II, the Korea and Vietnam wars flood him at will, at no chronological order. Always preceded by an excited

exclamation, his feet sometimes hopping off the floor like a kid opening a gift on Christmas morning. Each of the tales are devoid of gruesome details. All of his stories speak of his interaction between the people he met along the way. Many of whom are pictured in a modest portfolio he keeps with a sticker of the U.S. Army on the cover.

The years recount the stories of the Battle of the Bulge, and the decisive victory at Normandy. But, a few months prior to Allied forces storming the beaches of Sword, Juno, Gold, Omaha and Utah, the 85th Infantry faced the fiercest of combat. In March 1944, they reached Naples under the cover of night, and in the midst of a bombing raid. They pushed through to the frontlines established at Castleforte and Minturno, and for two months they fought



Frank Murphy speaks of his time fighting in three wars, while wearing a hat he bought in Australia. He met his wife in Australia while on R&R during his tour of duty in the Vietnam War.

Photo by Jim Franco / Spotlight

German soldiers, many of whom had come off the horrific battle conditions of the Russian frontlines.

The Italian front was meant to be a strategic diversion, both taking Italy out of the war and drawing German resources away from Northern France

as Allied forces prepared for Normandy. England's Winston Churchill called Italy the "soft underbelly of the Axis," and so Murphy's squad received limited resources as it battled north to the Apennines, breaking through four German divisions.

Before the war ended, Murphy was named squad leader.

Despite the sideshow it was initially considered to be, the U.S. Army casts the campaign in a different light today. The U.S. Army Center of Military History states: *From the invasion of Sicily in July 1943 until the final Axis surrender just south of the Alps in May 1945, the Allied armies in Italy had battled north over a thousand miles of mountainous terrain, through inclement weather, against a capable and determined enemy. Only the overwhelming Allied material and manpower resources and the countless heroic acts of hundreds of thousands of Allied soldiers*

in small unit actions of a type unique to the war in Italy overcame the Axis forces. Primarily, the Allied soldiers' determination and aggressive spirit forced Germany to divert considerable men and materiel from other, more significant fronts in an ultimately unsuccessful effort to halt the Allied drive north.

Six years after the end of World War II, Murphy re-enlisted in the Army to fight in Korea. For a year, he trained troops at Camp Roberts in California before being shipped out with the 7th Division of the 32nd Regiment in 1952. For a moment, Murphy's smile disappeared. The conditions in Korea were worse the World War II, he said. Worse than Vietnam — in which, Murphy fought from 1967 to 1969, during the Tet Offensive.

"What I remember most about Korea was the bitter cold," he said. "It was -20 degrees at night... As we would try to get shut eye at night, the rats would

be crawling through the bunkers."

Murphy is the recipient of two Bronze Stars for service in World War II and the Combat Infantry Badge — affixed with a silver star in recognition of his service as an infantryman on the front lines of both World War II and Korea. Before retiring from the U.S. Army in 1968, the man who was told he'd "go out as a private" earned the rank of Platoon Sergeant.

At 91, Murphy has a particular focus. An Irishman with the gift for gab speaks little about what bothers him. He sits and speaks for more than an hour about war; no gruesome details, no with no complaints about conditions. If he starts remembering such things, he moves on to the next story. Feet springing up into the air, as he opens another gift.

There's no reason to gripe.

From page 13

Budget

unseat the former committee chair, Carolyn McLaughlin, and ostensibly replace Clyne, was widely seen as a move by McCoy to install his allies in positions of power. And the creation of this new job has been seen as the county executive "taking care of his own."

"The person was fired by the election commission," said Grimm. "And then appeared on your payroll three days later. What were the circumstances of that

hire?"

"He needed a job," said Apple. "Honestly, I'm not trying to be smart about it. He needed a job, he has two kids at home."

After Audit and Finance Chair Gary Domalewicz (D-10) attempted to rebuke Grimm, telling him they could discuss the position, but not the individual person, Apple continued.

"I know Jack personally," he said. "He has a background in youth activities, he's a referee, he's coached soccer. I know what his past work history is as well, and I thought he would be a good fit for the county

executive's new Youth and Recreation Bureau."

Asked whether that position had already been budgeted, Apple answered that he placed Flynn in a line item for a paramedic and then changed the designation. Asked whether there were other applicants, Apple answered that there were not and that he had not sought any.

The final meeting will take place tonight, Wednesday, Nov. 9, when the county executive, the public defender, the management and budget committee and the Legislature will make their proposals.

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Q.U.I.L.T. meeting walks on the wild side

BETHLEHEM — There will be a Q.U.I.L.T. meeting Friday, Nov. 11, at 9:45 a.m. at the Delmar Reformed Church at 386 Delaware Ave. in Delmar. Doors open at 9:15 a.m.

The monthly program will be a lecture — “Walk on the Wild Side: Finding Your Style in Contemporary Quilt Making” with Pat Pauly. In Quilting 101, Judy Goodwin will demonstrate “Needle-Turn Appliqué.”

There is a \$5 donation for visitors. Call 393-2284 or visit quiltinc.org for more information.

Pickin’ and Singin’ Gathering at Old Songs

VOORHEESVILLE — There will be a Pick’n and Sing’n Gather’n at Old Songs Community Art Center at 37 South Main St. in Voorheesville on Sunday, Nov. 13, from 1 to 4 p.m.

The Pick’n and Sing’n

Gather’n Inc. is a not-for-profit organization dedicated to playing, singing, and sharing folk and traditional music as a group and family activity.

For more information call 765-2815 or visit oldsongs.org.

First United Methodist Church Mission Bazaar

VOORHEESVILLE — The First United Methodist Church of Voorheesville is holding its annual Mission Bazaar on Saturday, Nov. 12, from 9 a.m. to

2 p.m. at the church, 68 Maple Ave. in Voorheesville.

There will be a White Elephant sale, handcrafted items, holiday crafts, gifts, and food. All proceeds go to the United Methodist Women Outreach.

For more information, call 765-2895.

Delmar Rotary hosts Red Cross blood drive

BETHLEHEM — The Delmar Rotary Club is hosting a

blood drive with the Red Cross on Thursday, Nov. 10, from 1 to 6 p.m. at the Bethlehem Public Library.

Donors will be entered to win a \$50 VISA gift card. Donors can register for a time slot in advance by calling 1-800-RED-CROSS or by visiting redcrossblood.org and using the sponsor code “bethlehemlibrary.” Advance registration is not required.

For more information, contact Sandra DiNoto at 439-3834.

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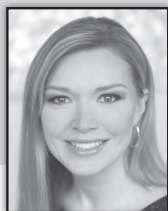
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Thursday, November 17

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Wednesday, November 30

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Tower of Power

Legendary soul funk band hits Cohoes Music Hall this week

Page B4

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Patrick Harbron stands next to the image of Debbie Harry he captured in Toronto in 1978. It is one of several of his photographs on display at the Albany Institute of History & Art.

Photo by Jim Gilbert / NYSmusic.com



PICK OF THE WEEK



The Sea The Sea

The indie folk-pop duo has toured around the East and Midwest, and comes back home to play at The Hangar in Troy on Saturday, Nov. 12

Page B5

ARTS

Capturing rock's icons

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — The photographer stands in front of a print of a young Bruce Springsteen squatting down and looking out upon the crowd as he straddles his guitar.

"I try to tell a story with every picture I take," said Patrick Harbron, acclaimed concert and portrait photographer of some of the biggest names in rock. "Even here with Springsteen. Unless you lived under a rock or were in solitary confinement, you can tell what's happening here."

In Lawrence Kirsch's "The Light in Darkness," a book covering Springsteen's "Darkness on the Edge of Town" tour, Harbron described The Boss' music as "grand but not arrogant." The same could be said for the photographer who penned the words. The helix of Harbron's career wraps around a pivotal time line

Continues on page B26

Photographer shaped the image of rock's elite

Today, Bruce Springsteen is known for making each of his concerts three-hour, intimate experiences, but that reputation began here in 1981 on his "The River" tour.

Photo by Patrick Harbron



INSIDE



Arts calendar

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REFLECTING
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▶ quotes of the week

"Basically, since I'm the writer of 'What is Hip,' it would be kind of foolish of me to say, 'Oh, this is hip,'" because, no sooner that it's out of my mouth, then it's no longer hip."

— Emilio Castillo, Tower of Power

"The photographs on display are only a slice of my archive, and of rock and roll itself. . . . Through it all, I never lost my love of music, the artists or the shows. And, I still have most of my hearing."


— Patrick Harbron, concert photographer



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■ WHAT'S HAPPENING

# Long live rock!

'Groovin' showcases local acts singing, acting as rock's icons

By **MICHAEL HALLISEY**  
halliseym@spotlightnews.com

**SCHENECTADY** — Looking like a rock star on the cover of *Rolling Stone* magazine, can have a formative influence on a high school boy. Throw in the mix the ability to sound like another rock icon, you can imagine feeling the hand of fate grasping firmly on that kid's collar.

"When I was in ninth grade, I was at a keg party in some kid's backyard," said Tommy Love, a fan favorite within the local music scene. "There was a bunch of girls in the corner, under a tree, and they were giggling. One girl comes to me and says... I have a poster in my bedroom, hanging on my ceiling that looks just like you." She spoke of the Rolling Stones' Mick Jagger. Love immediately turned the compliment into the idea to pursue music.

"I got my first paying band at the age of 18," said Love, "and it's snowballed from there to the age of 58."

Love is among 20 different performers in "GROOVIN'... A 60s & 70s MUSICAL JOURNEY," to appear at Proctors Theatre on Saturday, Nov. 19 in Schenectady. The troupe of local talent represent a cornucopia of cover

artists tasked with portraying the legends of classic rock and roll.

Love plays both Jagger and Robert Plant in "Groovin'." He could be a doppelganger for both, but the experience heightens once he starts to sing.

"I've been specializing in [Plant's] voice ever since I was a kid, when I first heard of Led Zeppelin," said Love. He was mesmerized by Plant's diverse vocal characteristics, so much it took him a year to emulate it. "Robert Plant's [voice], I had to work with in order to condition my voice to sound like a woman and a man at the same time, and have that same siren rasp," said Love. "I notice a lot of tribute Robert Plants today... they've got that range, but they don't have that raspy whine."

Love's attention to details is common among his castmates. Trained musicians, some of whom perform separately on their own, as themselves. This is the fourth year Groovin' is appearing at Proctors Theatre. Many of the acts return each year to help audiences relive the memories of concerts



LOVE



## Reliving the '60s

The cast members of "GROOVIN' ... A 60s & 70s MUSICAL JOURNEY" includes 20 performers: Singers Kris Coleman, Krista David (top right), Tommy Love, Collette (right), Bryan O'Neill, Lenny Thomas (top), Marshall Van Buren, Michael Van Hoesen, Donna Lee. Musicians/Band: Lou Chitty, Pat Ginnelly, Neil Laya, Mick Murdick, Gregory Nash; dancers: Baily Dineen, Krista Donnelly, Adrian Mallozzi; and horn section Matt Acenowr, Mike Baneqicz, Paul Jenkins and Mike Perry.

Photos courtesy of Gary Weinlein



Continues on B27

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■ THIS WEEK

# Masters of hipness come to Cohoes

Tower of Power is bringing the soul, funk to Cohoes Music Hall

By **MICHAEL HALLISEY**  
halliseym@spotlightnews.com

**COHOES** — *What is hip?*

Emilio Castillo, the bandleader of the Oakland-based soul funk band Tower of Power, has been asking that question since the song first hit the charts back in 1973, but without resolution. So, with nearly 50

years in the music industry, exhibiting an unrelenting will to maintain the band's original sound, who else is best suited to answer the question then Castillo?

"Basically, since I'm the writer of 'What is Hip,' it would be kind of foolish of me to say, 'Oh, this is hip,'" said Castillo. "Because, no sooner that it's out of my mouth, then it's no longer hip."

"What is Hip" charted on the Billboard Top 100. One of three singles off of the band's 1973 Gold Record album "Tower of Power." The band's third studio album was

released in May of that year, and peaked at No. 15 on the Billboard Top LP chart that year.

First formed in 1968, Tower of Power has remained true to its sound ever since. The ten-piece band provides a powerful performance of soulful funk and rhythm and blues, heavy on the horns that are unabashedly placed stage front. It's a unique experience music lovers don't often see in today's Top 40 music.

"There's music that I like that is out there," said Castillo, laughing as he ducks the loaded question unfairly asked of him. "And, there's music that I don't. It's the same as it was in '69 when I started, and it's the same as it was ten years before that, and ten years before that. It's always the case."

Castillo admits his taste in music has changed over the years. It's expanded from an exclusive catalogue of soul music to other genres, such as bluegrass. A devout Christian, he also listens to gospel.

In July, the members of Tower of Power said goodbye to longtime bandmate Terry "Rufus" Miller, who died at the age of 72. Miller was the band's first lead singer. On the band's website, Castillo released a statement, remembering Miller as a "little guy with a huge gravely voice," and he credited him for the band's success.

"... As a believer in Christ, he's definitely

in heaven with the Lord," stated Castillo. "Rufus was with us when we auditioned at the Fillmore Auditorium and I'm quite sure he was a BIG reason why we got signed to our first record contract by Bill Graham and David Rubinson. Over the years when I described him in interviews I said he was like a Tasmanian Devil up there on the stage. A little guy with a huge gravely voice; always ahead of his time with his fashion, he was the first guy I ever saw wearing a Dakshiki. He was a force to be reckoned with and will be missed."

As Tower of Power continues to tour, stopping at the Cohoes Music Hall for a show on Thursday, Nov. 10, the band is preparing the release of another album next year. Castillo said 28 tracks have already been cut for the new release. The band is now tasked with widdling the track list down to 12. What will come out in the end, should sound familiar. And, it's not a matter of defying what people today consider hip. Castillo said, it's just what Tower of Power sounds like.

"There's always going to be people my age saying you young people don't know what real music is," said Castillo. "And, it's just not true."

To take a line out of Castillo's chartbusting song: "Sometimes hipness is what it ain't."



Tower of Power play the Cohoes Music Hall, Thursday, Nov. 10.

Tower of Power / Facebook

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**PICK OF THE WEEK**

# The long road back home

The Sea The Sea returns to the Capital District for a show at The Hangar

By **ROB JONAS**  
jonasr@spotlightnews.com

**TROY** — After touring the East and Midwest, The Sea The Sea returns to its Capital District home base for a night of acoustic pop.

The duo of Mira Stanley and Chuck E. Costa are playing The Hangar on the Hudson Saturday, Nov. 12, at 8 p.m., with touring mates Cara May Gorman and Eric Margan both backing them and playing their own set to open the show.

“This will be our second big local show of the year,” said Stanley. “We’re trying to make each show an event where we collaborate with other local artists. In this case, we’ve got Cara May Gorman and Eric Margan playing an opening set, and we’re collaborating with The Hudson Standard, which will provide drink specials for the evening.”

Also joining the show is Rochester-born singer-songwriter Mikaela Davis, who uses the harp as her preferred instrument for her folk-pop songs. Stanley said Davis has been friends with her and Costa for a while.

“When we released our first record, we went to Austin for South by Southwest, and that’s where we met (Davis),” said Stanley.

The Sea The Sea will play songs from their 2014 full-length album, “Love We Are We Love,” and their follow-up EP, “In the Altogether,” which they recorded last year after moving to the Capital District. They will also give fans a sneak peak at some new songs they will be recording with Margan and Gorman.

“The next record is starting to take shape,” said Costa. “We’re in the process of writing new songs.”

Costa added that Gorman and Margan have become as much a part of The Sea The Sea as he and Stanley.

“I would say that becoming part of The Sea The Sea family is a perfect statement. We do feel so close to them, and we hope to include them in a lot more of what we do,” said Costa.

Tickets are \$10 per person and can be purchased in advance at brownpapertickets.com or at the door on the night of the show. The Hangar on the Hudson is located at 675 River St. in Troy, across from The Ale House.

**WHAT'S HAPPENING**

## Make Me Laugh Albany/Comedy's Best Kept Secret Tour

GE Theatre at Proctors — Saturday, Nov. 12

**SCHENECTADY** — It’s a double-barrelled night of laughter at the GE Theatre at Proctors Saturday, Nov. 12.

At 7 p.m., some of the best Capital District comedians will compete in the Make Me Laugh Albany finals. These comedians have made it through the audition, preliminary and semifinal stages to reach the final round. The winner will be decided by a panel of celebrity judges from the Capital District.

Then at 9 p.m., the winner will join Dan Frigolette (“Boardwalk Empire,” “Bob and Tom”) and other former Make Me Laugh Albany winners for Comedy’s Best Kept Secret Tour.

Tickets are \$10 and \$15 for the Make Me Laugh Albany finals, and \$15 for Comedy’s Best Kept Secret Tour. For more information, call 346-6204 or visit www.proctors.org.

## Big Eyed Phish

The Upper Room — Friday, Nov. 11

**ALBANY** — Get your “phill” of Dave Matthews Band when Big Eyed Phish perform Friday, Nov. 11, at 8 p.m. at The Upper Room, 59 North Pearl St. in Albany.

Big Eyed Phish is the only regional touring Dave Matthews tribute band in the United States. Over the last eight years, this seven-piece band out of Rochester have been headlining at festivals, resorts, casinos and live music venues. The band performs a blend of DMB originals and cover songs the real band is known to perform live.

Big Eyed Phish is led by singer/guitarist Brandon DePaul, who previously founded the DMB tribute band Tripping Billies.

Tickets range from \$15 for general admission to \$150 for a VIP booth, which seats six people. For more information, visit theupperroomalbany.com.

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# Night & Day

## Night: K.Flay at The Hollow

ALBANY — K.Flay will perform at The Hollow on Sunday, Nov. 13, courtesy of WEQX, 102.7 FM, The Real Alternative. Doors will open at 8 p.m. for the 9 p.m. show.

L.A.-based artist Kristine Flaherty, who made her debut as K.Flay with a series of releases in 2010, is currently on tour in support of her new EP, *Crush Me*, which features the moody and magnetic lead single, "Blood in the Cut."

According to a biography posted to ticketfly.com, K.Flay's latest recording was equally inspired by the novels of Marilynne Robinson and the early records of Kid Cudi and is her most intensely intimate yet sonically expansive work to date. Building off of her hip-hop background, it also channels her punk sensibilities and do-it-yourself spirit into a lush, but gritty sound rooted in live drums and guitars.

While the lyrics on all four of the EP's tracks are spiked with confessional barbs, K.Flay's voice never loses its breezy cool as she sings songs that "revolve around the idea of a person or a force seeking to crush you or hold you down, but there's a defiant energy to them — like "Yeah, go ahead and try."



K.Flay

www.kflay.com

Advance tickets, which cost \$10.27, are available for purchase online at <http://www.ticketfly.com/event/1295223-k-flay-albany/>. Tickets will also be sold at the door for \$17 the night of the concert. Only patrons ages 18 and older will be admitted.

The Hollow is located at 79 North Pearl Street in downtown Albany.

## Day: Laurie Berkner at Troy Savings Bank Music Hall

TROY — Award-winning children's recording artist Laurie Berkner will bring her Greatest Hits Tour to the historic Troy Savings Bank Music Hall for a family show on Saturday, Nov. 12, beginning at 11 a.m.

Dubbed "one of children's music's biggest success stories" by USA Today, Berkner's original songs, albums, DVDs, music videos, and books leave no doubt: She is the uncrowned queen of children's music and the power behind the progressive "kindie rock" movement.

Her all-ages solo concert will not only feature fan favorites such as "Bumblebee (Buzz Buzz)," "Victor Vito," "We Are The Dinosaurs," and "Pig on Her Head," but also some selections which don't work as well during full-band performances, particularly tunes with simpler arrangements, hand motions and a capella singing, including "Bottle Caps," "One Seed," "Telephone," and "Drive My Car."

To give everyone a chance to catch their breath between high-energy moments, the concert also includes quieter interludes, with songs from her "Lullabies" album.

Children should bring their dancing shoes and a stuffed animal to put on



Laurie Berkner

www.laurieberkner.com

their heads and everyone is encouraged to get up and dance throughout the performance.

General admission tickets cost either \$25 or \$35 depending on seat location. To purchase tickets, call the box office at (518) 273-0038 or visit <https://tickets.troymusichall.org/TheatreManager/99/online?performance=26640>.

The Troy Savings Bank Music Hall is located at 33 Second Street in downtown Troy.

## Niko's Bowling Benefit

#PrayForNiko

### Saturday, Nov. 12th

## 12PM-5PM

- 50/50 Raffle
- Raffle Prizes
- \$20 per person (3 games & includes shoe rental)
- 4 man teams
- All donations go to #PrayForNiko

**Pre-register:**  
**Call Melissa**  
**364-0559**

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BOWLING CENTER  
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**CLUBS**

**9 Maple Avenue**  
9 Maple Ave., Saratoga Springs.  
www.9mapleave.com  
Fri: **Rob Lindquist Quartet** | 9 p.m.  
Sat: **Pete Sweeney Quartet** | 9 p.m.

**Aperitivo**  
426 State St., Schenectady. 579-3371  
Tue: **Jecco Duo** | 5:30 p.m.

**Arthur's Market**  
35 N. Ferry St., Schenectady. 382-1938  
Every Thur: **Edith's Amazing Jam** | 6:30 p.m.  
Fri: **Kitchen Jazz** | 7 p.m.  
Sat: **Dan Eddo** | 7 p.m.  
Sun: **Mark Merrit Piano Karaoke** | 6 p.m.  
Tue: **Jazz Jam** | 7 p.m.

**Café NOLA**  
617 Union St., Schenectady. 357-8628  
Sat: **Yankee Haller** | 6:30 p.m.

**Caffé Lena**  
47 Phila St., Saratoga Springs. 225-0882  
Every Thur: **Open Mic** (42 Phila St.) | 7 p.m.  
Fri: **Heather Maloney** (624 N. Broadway, Saratoga) | 8 p.m.  
Sat: **Roy Hurd Trio** (23 Middle Grove Road, Greenfield Center) | 8 p.m.

**Carney's Tavern**  
17 Main Street, Ballston Lake. 280-7959  
Every Thur: **Matty Finn** | 6 p.m.  
Fri: **Winchester & Young** | 7:30 p.m.  
Sat: **Black Abbey** | 7:30 p.m.

**Castle Street Café**  
10 Castle St., Great Barrington, Mass. 413-528-5244  
Fri: **Lucky 5 Swing Band** | 8 p.m.  
Sat: **Wee B-3 Trio** | 8 p.m.

**Centre Street Pub**  
308 Union St., Schenectady. 393-2337  
Wed: **Jecco Trio** | 6 p.m.  
Thur: **Mike Thomas** | 7 p.m.  
Fri: **Evo 2** | 8 p.m.  
Sat: **Errorsmith** | 8 p.m.

**City Beer Hall**  
42 Howard St., Albany. 449-2337  
Every Sat: **90s Dance Party** | 11 p.m.

# ARTS CALENDAR



## Extended engagement

NorthEast Theatre Ensemble has extended the run for its production of the ancient Greek play "Lysistrata" through Sunday, Nov. 13, at Albany's Steamer No. 10 Theatre, 500 Western Ave.

Photo by Ric Chesser

**Club Helsinki**  
405 Columbia St., Hudson. 828-4800 or helsinki@hudson.com  
Thur: **Omar Sosa** | 8 p.m.  
Fri: **Baby Soda** | 9 p.m.  
Sat: **Triage** | 9 p.m.  
Sun: **Dust Bowl Faeries** | 8 p.m.

**Dolce Vita**  
1727 State St., Schenectady. 357-3324

Fri & Sat: **Music and Dancing with Randy Loren** | 5 p.m.  
**Eden Café**  
269 Osborne Road, Loudonville. 977-3771  
Sat: **Russ Kennedy** | 7:30 p.m.

**Emack & Bolio's**  
366 Delaware Ave., Albany. 512-5100  
Every Tue: **Open Mic** | 7 p.m.

**The Fountain Restaurant**  
283 New Scotland Ave., Albany. 482-9898  
Fri & Sat: **Skip Parsons' Riverboat Jazz Band** | 9:30 p.m.

**Fuze Box**  
12 Central Ave., Albany. 703-8937  
Fri: **Mentally Ill & Moshington: Headbang 2** | 8 p.m.

**Gaffney's**  
16 Caroline St., Saratoga Springs. 587-7359  
Thur: **Karaoke** | 8 p.m.  
Fri: **TJ Clancy & Bobby Vannier** | 9 p.m.  
Sat: **Foldin' Money** | 9 p.m.  
Tue: **Open Mic** | 8 p.m.

**Grappa '72**  
818 Central Ave., Albany. 482-7200

Wed & Thur: **Hamilton Street Jazz Company** | 6:30 p.m.  
**Hamlet and Ghost**  
24 Caroline St., Saratoga Springs. 450-7287  
Wed: **Hot Club of Saratoga** | 7 p.m.

**The Hangar**  
675 River St., Troy.  
Fri: **Wayne "The Train" Hancock** | 8 p.m.  
Sat: **The Sea The Sea, Mikaela Davis, Eric Margan & Cara May Gorman** | 8 p.m.

**The Happy Cappuccino**  
1 Crossgates Mall Road, Albany. 313-7423  
Fri: **Jecco** | noon

**The Hollow Bar + Kitchen**  
79 N. Pearl St., Albany. 426-8550  
Thur: **The Heavy Pets, Gang of Thieves** | 8 p.m.  
Sat: **One Red Martian** | 8 p.m.  
Sun: **K Fly** | 8 p.m.  
Tue: **CRX** | 8 p.m.

**Hudson River Music Hall**  
10 Maple St., Hudson Falls. 832-3484  
Every Wed: **Open Mic** | 7 p.m.  
Sat: **Tempting Time, featuring Jeff Pannachio & Friends** | 7:30 p.m.  
Sun: **Lone Rider & Friends** | 3 p.m.

**Lanie's Café**  
471 Albany-Shaker Road, Loudonville, 438-5005  
Wed: **Mike Kelly** | 6 p.m.  
Thur: **The Ruddy's** | 6:30 p.m.  
Every Tue: **Dan Sherwin** | 6 p.m.

**The Low Beat**  
335 Central Ave., Albany. 432-6572  
Every Wed: **The Deadbeats** | 10 p.m.  
Thur: **Blood of Spain, Century Plants, Stoker, Juuls** | 8 p.m.  
Fri: **The Grassroots Rebels** | 6 p.m.  
Sat: **Charmboy, Thirty Silver, Sun Natives** | 8 p.m.  
Sat: **Pony in the Pancake: Bog III** | 1 p.m.  
Sun: **Odd Body, Tall Kids in the Back, Good Hair** | 8 p.m.

**Continues on B8**

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| 62 |    |    |    |    |    | 63 |    |    |    | 64 |    |    |

**ACROSS**

- Certain apartment
- Amigo
- Preserve, in a way
- Halo, e.g.
- Break
- Bender
- Computer picture
- "I had no \_\_\_!"
- Forgo
- Trembled
- "Shoo!"
- Downy duck
- Coal container
- Cold and sticky hands
- Service for a death
- Fix, in a way
- A, B or C
- Eastern music
- Ally
- \_\_\_ v. Wade
- Money in the bank, say
- Unload, as stock
- Dog breed
- Discharge letters?
- Goo
- Spin
- "Don't give up!"
- Unimpressed
- Fill
- Proximity
- Auspices
- Yorkshire river
- Crazily
- Great balls of fire
- Big game
- Not yet final, at law
- Reduce, as expenses
- "To \_\_\_ is human ..."
- Put one's foot down?

**DOWN**

- "O, gie me the \_\_\_ that has acres o' charms": Burns
- "That hurt!"
- German married woman
- Two-seater
- Man with a mission
- A chieftain
- Detective's need
- Those who produce offspring
- "Mi chiamano Mimi," e.g.
- Impose, as a tax
- Golf ball support
- Hippy tee style
- Beau
- Barely lit
- Sticker
- Pizza feature
- Lid or lip application
- Catlike
- Pedal pushers
- Bob Marley fan
- Bond, for one
- Coffee order
- Certain surgeon's "patient"
- "Sesame Street" watcher
- Roadside problem
- Appeared
- Arch
- Desk item
- Salad green
- Letter
- More like the sky
- Doofus
- "La Scala di \_\_\_" (Rossini opera)
- Biology lab supply
- The "C" in U.P.C.
- Arabic for "commander"
- Comme ci, comme ca (hyphenated)
- \_\_\_ row
- Death on the Nile cause, perhaps

Answers on Pg. B25

■ ARTS CALENDAR



## Straight from Brazil

Joao Luiz and Douglas Lora make up the group Brasil Guitar Duo. They will perform together Thursday, Nov. 10, at Skidmore College's Arthur Zankel Music Center, located on the main campus off North Broadway in Saratoga Springs.

Submitted photo

Sun: **Bloodshot Bill, Megan the Runt** | 3 p.m.  
**What Moon Things, Pecas, Jack Toft, Slowshine** | 7:30 p.m.

**Lucky Strike Social**  
 1 Crossgates Mall Road, Albany. 556-3350  
 Sat: **Costa's House Party** | 10:30 p.m.

**Madison Theater**  
 1036 Madison Ave., Albany. 438-2094  
 Sat: **Consider the Source** | 8 p.m.

**McGeary's**  
 4 Clinton Square, Albany. 463-1455  
 Every Wed: **Best Damn Open Mic Ever with MotherJudge** | 7:30 p.m.  
 Every Sun: **Blues Jam** | 7:30 p.m.

**Merry Monk Saratoga**  
 84 Henry St., Saratoga Springs. 584-6665  
 Sun: **Hot Club of Saratoga Trio** | noon

**Moon & River Café**  
 115 S. Ferry St., Schenectady. 377-5100  
 Thur: **Dave Kitchen** | 6 p.m.  
 Sat: **John & Jere** | 2 p.m.

**Deb Fish Jam** | 7 p.m.  
 Every Sun: **Open Mic** | 7:30 p.m.  
 Mon: **Francis Wilkin** | 7 p.m.  
 Tue: **Dave Kitchen Trio** | 7 p.m.

**Mouzon House**  
 1 York St., Saratoga Springs. 226-0014  
 Thur: **Hot Club of Saratoga Trio** | 7 p.m.  
 Sat: **Joe Gitto & Dan Wancyk** | 6:30 p.m.

**Mulligan's**  
 6 Round Lake Road, Ballston Lake. 877-7938  
 Sat: **Slow Burn Band** | 8 p.m.

**Newberry Music Hall**  
 388 Broadway, Saratoga Springs. (877) 565-3849

Fri: **Latin Night** | 9 p.m.

**Oh Bar**  
 304 Lark St., Albany. 463-9004  
 Thur: **Karaoke** | 10 p.m.

**One Caroline Street**  
 1 Caroline St., Saratoga Springs. 587-2026  
 Wed: **Rick Rourke & Lost Wages** | 8:30 p.m.  
 Thur: **Cloud Lifter** | 8 p.m.  
 Sat: **William Hale** | 9 p.m.  
 Sun: **Bobby Kendall** | 6 p.m.  
 Mon: **Tim Wechgelaer** | 7:30 p.m.

**Parish Public House**  
 388 Broadway, Albany. 365-0444  
 Fri: **The Deadbeats** | 10 p.m.  
 Sat: **Burial, Straight Through Sanity** | 8 p.m.  
**The Parting Glass**  
 40 Lake Ave., Saratoga Springs. 583-1916  
 Fri: **Frank Wakefield** | 8 p.m.  
 Tue: **The Stray Birds** | 7 p.m.

**Panza's**  
 510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. 584-6882  
 Fri: **Noreen Prett** | 6:30 p.m.  
 Sat: **Michael Panza & Charles Cornell Trio** | 7 p.m.

**Pauly's Hotel**  
 337 Central Ave., Albany. paulyshotel.com  
 Thur: **Open Mic** | 7 p.m.  
 Mon: **Blues Jam** | 8 p.m.

**Prime at Saratoga National**  
 458 Union Ave., Saratoga Springs. 583-4653  
 Sun: **Joe Sorrentino Trio (jazz brunch)** | 10:30 a.m.

**Putnam Den**  
 63a Putnam St., Saratoga Springs. 584-8066  
 Thur: **Broccoli Samurai, Annie in the Water** | 9:30 p.m.  
 Sat: **Midriffs, Tim Lok, Hoo Lumes, Gold Splash** | 9 p.m.

**Roux**  
 10-01 Vista Blvd., Slingerlands. 487-4358  
 Fri: **The Stephanie Robinson Trio** | 6 p.m.

**Rustic Barn Pub**  
 150 Speigletown Road, Troy. 235-5858  
 Every Thur: **Open Mic** | 8 p.m.  
 Fri: **Black Mountain Symphony** | 8 p.m.  
 Sat: **Not Rightt** | 8 p.m.  
 Sun: **Maurizio Russomanno** | 4 p.m.

**Sake Japanese Steakhouse**  
 611 Troy-Schenectady Road, Latham. 785-7215  
 Sat: **Nitro Jive** | 7:30 p.m.

**Savoy Taproom**  
 301 Lark St., Albany. 599-5140  
 Thur: **Phil Allen's Concert Jazz Band** | 7 & 8:30 p.m.

**Speakeasy 518**  
 42 Howard St., Albany. 449-2332  
 Wed: **Shaun McCarthy** | 8 p.m.  
 Thur: **Kylie Hotaling Duo** | 9 p.m.  
 Fri: **Jeanine Ouderkirk Trio** | 9 p.m.  
 Sat: **Brian Patneau Trio** | 9 p.m.  
 Mon: **Joe Finn** | 8 p.m.  
 Tue: **Justin Henricks Duo** | 8 p.m.

**Stockade Inn**  
 1 North Church St., Schenectady. 346-3400  
 Thur: **Erin Harkes** | 7 p.m.  
 Fri: **Wee B-3** | 7 p.m.

**Twisted Vine**  
 384 Kenwood Ave., Delmar. 439-3241  
 Fri: **Lauren Chiyoko & Brian Axford** | 8 p.m.

**The Upper Room**  
 59 N. Pearl St., Albany. 694-3100

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# ARTS CALENDAR

Fri: **Big Eyed Fish** | 7 p.m.  
Sat: **Kim Simmonds & Savoy Brown** | 7 p.m.

**Upstate Concert Hall**  
1208 New York 146, Clifton Park.  
371-0012 or upstateconcerthall.com  
Fri: **Eric Paslay** | 7 p.m.  
Sat: **Highly Suspect** | 7 p.m.

**The Van Dyck**  
237 Union St., Schenectady. 348-7999  
Sat: **Summer of Doug** | 7 p.m.

**Waterworks Pub**  
76 Central Ave., Albany. 465-9079  
Thur: **DJ Shawn Gillie** | 11 p.m.  
Fri: **Karaoke** | 10 p.m.  
Sat: **DJ David Barna** | 10 p.m.  
Mon: **Karaoke** | 10 p.m.

**Wishing Well Restaurant**  
745 Saratoga Rd, Wilton. 584-7640  
Fri & Sat: **Rob Aronstein** | 7 p.m.

**Yono's**  
25 Chapel St., Albany. 436-7747  
Fri and Sat: **Hamilton Street Jazz Duo** | 6:30 p.m.

## MUSIC

**Trio Da Kali**  
Southern Mali trio. Nov. 9, 7 p.m.,  
Sanctuary for Independent Media, 3361  
Sixth Ave., Troy. Tickets: \$20. Informa-  
tion: www.mediasanctuary.org.

**Ani DiFranco**  
Singer, songwriter, activist and inde-  
pendent entrepreneur. Nov. 9, 8 p.m.,

The Egg, Empire State Plaza, Albany.  
Tickets: \$35. Information: 473-1845 or  
www.theegg.org.

**An Evening with Amanda Palmer**  
Singer-songwriter, playwright and blog-  
ger. Nov. 10, 7:30 p.m., The Egg, Empire  
State Plaza, Albany. Tickets: \$35. Informa-  
tion: 473-1845 or www.theegg.org.

**A.J. Croce**  
Singer-songwriter and son of the late  
Jim Croce. Nov. 10, 7:30 p.m., Troy  
Savings Bank Music Hall, 30 Second St.,  
Troy. Tickets: \$27. Information: 273-  
0038 or troymusicall.org.

**Tower of Power**  
Veteran horn section made famous by  
its partnering with Huey Lewis & the

News in the 1980s. Nov. 10, 8 p.m.,  
Cohoes Music Hall, 58 Remsen St.,  
Cohoes. Tickets: \$59-\$79. Information:  
palacealbany.com.

**Brasil Guitar Duo**  
Featuring Joao Luiz and Douglas Lora.  
Nov. 10, 8 p.m., Zankel Music Center,  
Skidmore College, North Broadway,  
Saratoga Springs. Tickets: adults \$8,  
seniors/Skidmore staff \$5, students/  
children free. Information: 580-5321 or  
www.skidmore.edu/zankel.

**NRBQ with the Whole Wheat Horns**  
Roots rock/Americana group delivers a  
powerhouse live show. Nov. 11, 8 p.m.,  
The Egg, Empire State Plaza, Albany.  
Tickets: \$29.50. Information: 473-1845

or www.theegg.org.

**Betty and the Baby Boomers**  
Hudson Valley-based folk quintet.  
Nov. 12, 8 p.m., The Linda: WAMC's  
Performing Arts Studio, 339 Central  
Ave., Albany. Tickets: \$15. Information:  
thelinda.org.

**An Evening with Graham Tichy**  
Rockabilly/jazz/blues guitarist  
celebrates the 50th anniversary of the  
Beatles' last concert. Nov. 12, 8 p.m.,  
Sand Lake Center for the Arts, 2880 NY  
Route 43, Averill Park. Tickets: adults  
\$18, children 18 and under \$10. Informa-  
tion: 674-2007 or slca-ctp.org.

**Skidmore Community Chorus and Vocal Chamber Ensemble**  
Performing a program inspired by the

Evensong format from the Anglican  
tradition. Nov. 13, 2 p.m., Zankel Music  
Center, Skidmore College, North Broad-  
way, Saratoga Springs. Tickets: adults  
\$8, seniors/Skidmore staff \$5, students/  
children free. Information: 580-5321 or  
www.skidmore.edu/zankel.

**Festival of Praise**  
Featuring performances by gospel greats  
Israel Houghton & New Breed, Karen  
Clark Sheard, "Casey J" and Regina Bell,  
with comedian "Earthquake" as your  
host. Nov. 14, 7 p.m., Palace Theatre, 19  
Clinton Ave., Albany. Tickets: \$48 and  
\$58. Information: palacealbany.com.

**WGNA Secret Star Acoustic Jam**  
Four country music stars perform their

**Continues on B10**

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# GROOVIN'

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# ARTS CALENDAR



## The Orthodox life

B'nai Sholom on Whitehall Road in Albany offers a screening of the comedy-drama "Uzhpizin" Saturday, Nov. 12, at 7:30 p.m.

Submitted photo

songs, and the audience won't know who they are until they take the stage. Nov. 16, 7 p.m., Proctors, 432 State St., Schenectady. Tickets: \$19-\$34. Information: 346-6204 or www.proctors.org.

### Big Head Blues Club

The music of Willie Dixon featuring Big Head Todd and the Monsters, with special guests Mud Morganfield, Billy Branch and Ronnie Baker. Nov. 16, 7:30 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$36 and \$45. Information: 273-0038 or troymusicall.org.

## THEATER

### Judgement at Nuremberg

Classic Theater Guild's production of Abby Mann's adaptation of the classic, 1961 motion picture. Nov. 9, 7:30 p.m., Congregation Beth Israel, 2195 Eastern Parkway, Schenectady. Tickets: adults \$20, seniors \$18. Information: ctgnuremberg.brownpapertickets.com.

### Sex Tips for Straight Women from a Gay Man

A romantic comedy about an author who turns a university's English department's monthly event into an interactive evening where no topic is taboo. Nov. 10 and 11, 7:30 p.m., GE Theatre at Proctors, 432 State St., Schenectady. Tickets: \$39.50. Information: 346-6204 or www.proctors.org.

### Farragut North

Beau Willimon's play about a press secretary's attempts to spin his presidential candidate's mistake. Presented by Curtain Call Theatre, through Nov. 26, 210 Old Loudon Road, Latham.

Shows: Thursday 7:30 p.m., Friday and Saturday 8 p.m., Sunday 3 p.m. Tickets: \$24. Information: 877-7529 or www.curtaincalltheatre.com.

### Lysistrata

NorthEast Theatre Ensemble's production of the ancient Greek comedy, through Nov. 13, Steamer No. 10 Theatre, 500 Western Ave., Albany. Shows: Friday and Saturday 8 p.m., Sunday 3 p.m. Tickets: adults \$20, students/seniors \$10. Information: 438-5503 or www.steamer10theatre.org.

### Wonderful World

Comedy about a close-knit family that is shaken to its core when a minor misunderstanding spirals out of control. Presented by Albany Civic Theater, through Nov. 20, 235 Second Ave., Albany. Shows: Friday and Saturday 7:30 p.m., Sunday 3 p.m. Tickets: adults \$18, students \$10. Information: 462-1297 or www.albanycivictheater.org.

### Dirty Dancing

Hit film from the 1980s comes to the stage in a musical. Nov. 9-13, Proctors, 432 State St., Schenectady. Shows: 7:30 p.m. Nov. 9, 1:30 and 8 p.m. Nov. 10, 8 p.m. Nov. 11, 2 and 8 p.m. Nov. 12, and 2 p.m. Nov. 13. Tickets: \$20-\$95. Information: 346-6204 or www.proctors.org.

### Water by the Spoonful

Quiara Alegria Hudes' Pulitzer Prize-winning play about coping in today's society. Presented by The Theatre Program of the University at Albany, Nov. 16-20, UAlbany Performing Arts Center, uptown campus, 1400 Washington Ave. Shows: Wednesday, Thursday and Saturday 7 p.m., Friday 3 p.m., and Saturday and Sunday, 2 p.m. Advance

tickets: general public \$15, students/seniors/UAlbany staff \$10. Day of show: general public \$20, students/seniors/UAlbany staff \$15. Information: 442-3997 or www.albany.edu/pac.

### Eat, Drink, and Be Murdered

A dinner theater whodunit. Presented by Schenectady Civic Players, Nov. 18 and 19, 6 p.m., Anne's Washington Inn, 111 South Broadway, Saratoga Springs. Tickets: \$60. Information: 382-2081 or 584-9807.

## COMEDY

### The Funny Bone

Chicks Are Funny, Nov. 9, 7:30 p.m. Leonard Ouzts, Nov. 10, 7:30 p.m. Sean Donnelly, Nov. 11, 7:30 and 10 p.m., Nov. 12, 7 and 10 p.m. and Nov. 13, 7 p.m. Crossgates Mall, Western Avenue, Guilderland. Information: 313-7484 or Albany.funnybone.com.

### The Comedy Works

Gary Gulman, Nov. 10, 8 p.m., Nov. 11, 8 and 10 p.m., and Nov. 12, 7:30 and 9:30 p.m. 388 Broadway, Saratoga Springs. Information: 275-6897 or thecomedyworks.com.

### Laughter Invades the Massry Center

Andy Pitz, Dan Geurin and Erin Harkes highlight the first comedy night at The College of Saint Rose. Nov. 11, 7:30 p.m., Massry Center for the Arts, 1002 Madison Ave., Albany. Tickets: adults \$20, students \$10. Information: www.massrycenter.org.

### Make Me Laugh Albany Finals

Finalists in the stand up comedy contest perform. Nov. 12, 7 p.m., GE Theatre at Proctors, 432 State St., Schenectady. Tickets: \$12. Information: 346-6204 or www.proctors.org.

### Comedy's Best Kept Secret Tour

Dan Frigolette headlines a show featuring some of the top comedians no one has heard of... yet. Nov. 12, 9 p.m., GE Theatre at Proctors, 432 State St., Schenectady. Tickets: \$15. Information: 346-6204 or www.proctors.org.

### Martin Lawrence

Actor and comedian returns to his stand-up roots for his "Doin' Time: Uncut Live Tour." Nov. 17, 8 p.m., Times Union Center, 51 South Pearl St., Albany. Tickets: \$48-\$98. Information: www.timesunioncenter-albany.com.

## FAMILY

### Laurie Berkner, Solo!

One of the top-selling children's music

artists today. Nov. 12, 11 a.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$25 and \$35. Information: 273-0038 or troymusicall.org.

### The Main Street Kids' Club: A MathStart Musical

Play inspired by the award-winning visual learning book series. Presented by Park Playhouse, Nov. 13, 2 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: adults \$20, children 12 and under free. Information: palacealbany.com.

### Disney Live: Mickey & Minnie's Doorway to Magic

Mickey and Minnie Mouse go on an adventure with Donald Duck and Goofy. Nov. 18, 4 and 7 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$18-\$78. Information: palacealbany.com.

### Kids&Clay

Classes are held every Tuesday and Thursday at 4 p.m. and Saturday at 10 a.m. while school is in session. Classes are offered on a rolling admission. Saratoga Clay Arts Center, 167 Hayes Road, Schuylerville. Cost: \$190 for six classes of \$360 for 12 classes. Information: saratogaclayarts.org.

## FILM

### Lamb

Screening of an Ethiopian film about a young boy sent to live among distant relatives, with a special VIP meet and greet with director Yared Zeleke. Nov. 10, 7 p.m., The Linda: WAMC's Performing Arts Studio, 339 Central Ave., Albany. Tickets: \$8-\$20. Information: thelinda.org.

### Slaughterhouse Five

Movie based on Kurt Vonnegut's anti-war novel. Part of the New York State Writers Institute's Classic Film Series. Nov. 11, 7:30 p.m., Page Hall, University at Albany downtown campus, 135 Western Ave., Albany. Free. Information: 442-5620 or www.albany.edu/writers-inst.

### Warren Miller's Here, There and Everywhere

The latest addition to the famed ski-film series. Nov. 11 and 12, 8 p.m., Palace Theatre, 19 Clinton Ave., Albany. Tickets: \$23. Information: palacealbany.com.

### Uzhpizin

A comedy-drama about the daily lives of ultra-Orthodox Jews as they question and explore their faith. Nov. 12, 7:30 p.m., B'nai Sholom Reform Congregation, 420 Whitehall Road, Albany. Suggested donation: \$5. Information: 482-5283 or www.bnaisholomalbany.org.

# SUDOKU

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Answers on Pg. B25

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## ARTS CALENDAR

### There Goes the Neighborhood Film Festival and Community Potluck

Day-long festival probes the problem of urban blight with a selection of classic films, new work by local youth media makers and special guest Alice Green. Nov. 14, noon, Sanctuary for Independent Media, 3361 Sixth Ave., Troy. Suggested donation: \$10, students/low income \$5. Information: [www.mediasanctuary.org](http://www.mediasanctuary.org).

### Music Hall Movie Series

See "Star Wars: The Force Awakens" Nov. 15, 7 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes. Tickets: \$5. Information: [palacealbany.com](http://palacealbany.com).

## LITERARY

### Jane Yolen

Children's author will sign copies of her books "On Bird Hill" and "Little Frog & the Scary Autumn Thing." Nov. 13, noon, Open Door Bookstore & Gift Gallery, 128 Jay St., Schenectady. Information: 346-2719 or [www.opendoor-bookstore.com](http://www.opendoor-bookstore.com).

### Ray O'Connor

Local author talks about and signs copies of his book, "She Called Him Raymond: A True Story of Love, Loss, Faith and Healing." Nov. 15, 6:30 p.m., Round Lake Library's Malta branch, Malta Community Center, 1 Bayberry Drive, Malta. Registration is required. Information: 682-2495 or [roundlakelibrary.org](http://roundlakelibrary.org).

## EDUCATION

### Danny Goodwin

Associate professor of the University at Albany's art department will discuss



## Exploring light and tone

MaryEllen Hedderman-Pheiffer's works are the subject of "Senses of Light and Tone," an exhibit at AMP Galleries, 454 Broadway, Saratoga Springs. Submitted photo

the work of several artists in the "Future Perfect" exhibit. Nov. 10, noon, University Art Museum, uptown campus, 1400 Washington Ave., Albany. Free. Information: [albany.edu/museum](http://albany.edu/museum).

### Silent Wings: Raptor Rehab and Education

Presentation led by Trish Marki, educa-

tor at the Wildlife Institute of Eastern New York. Nov. 10, 1 p.m., The Summit at Saratoga, 1 Perry Road, Saratoga Springs. Free. Reservations requested. Information: 926-9003.

### Herman Eberhardt

Supervisory museum curator at the Franklin D. Roosevelt Presidential Library and

Museum will give a lecture titled "FDR and Pearl Harbor: Inside the White House on December 7, 1941." Nov. 10, 4 p.m., Bulmer Telecommunications Center Auditorium, Hudson Valley Community College, Route 4, Troy. Free. Information: [hvcc.edu](http://hvcc.edu).

### The Story of the Jews

A six-part course featuring screenings

of Simon Schama's PBS series and a discussion led by Rabbi Don Cashman. Mondays beginning Nov. 14, 10 a.m., B'nai Sholom Reform Congregation, 420 Whitehall Road, Albany. Class fee: \$45 general public, \$30 for B'nai Sholom members. Registration is required. Information: 482-5283 or [www.bnaisholomalbany.org](http://www.bnaisholomalbany.org).

### Gallery Talks

Enjoy a docent-led tour of the museum's exhibitions. Saturdays and Sundays, 1 p.m. (Schedule subject to change, please call to confirm.) Albany Institute of History and Art, 125 Washington Ave., Albany. Info: 463-4478 or [membership@albanyinstitute.org](mailto:membership@albanyinstitute.org).

## MISCELLANEOUS

### African Drum Class

Learn to play on a variety of drums. Nov. 9, 7:30 p.m., Old Songs Community Arts Center, 37 South Main St., Voorheesville. Tickets: \$15. Information: 765-2815 or [oldsongs.org](http://oldsongs.org).

### Albany Devils

Hershey Bears Nov. 11, 7 p.m., and St. John's Ice Caps Nov. 12, 5 p.m. Times Union Center, 51 South Pearl St., Albany. Tickets: adults \$22-\$35, children/seniors \$18-\$31. Information: [www.thealbanydevils.com](http://www.thealbanydevils.com).

### German American Club

Christmas bazaar, cookie sale and garage sale, Nov. 12, 10 a.m., 32 Cherry St., Albany. Information: 874-1658 or 477-5485.

### Siena College mens basketball

Cornell University, Nov. 13, 2 p.m. Times Union Center, 51 South Pearl St., Albany. Tickets: adults \$10-\$30, children 12 and under \$8. Information: [www.timesunioncenter-albany.com](http://www.timesunioncenter-albany.com).

### The Aluminum Show

A magical creation combining visual theater, dance and humor. Nov. 17, 7:30 p.m., Proctors, 432 State St., Sche-

**Continues on B12**



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# ARTS CALENDAR

nectady. Tickets: \$20-\$40. Information: 346-6204 or proctors.org.

**Grems-Doolittle Library's 25th Anniversary Reception**  
Former Schenectady County Historical Society trustee Frank Taormina will give a presentation on the history of the library, and there will be a selection of library and archival items showcasing 350 years of Schenectady's history. Nov. 19, 2 p.m., Schenectady County Historical Society, 32 Washington Ave., Schenectady. Free. Information: schenectadyhistorical.org.

**Albany Center Gallery 40th Anniversary Gala**  
A black-and-white themed event featuring music, dancing, auctions and drawings, complemented by culinary artistry and a selection of fine wine donated by Dr. Joel and Kira Spiro, beer from the Albany Pump Station and cider from Nine Pin Cider Works. Tara Fracalossi will receive the Mona Ruth Brickman Memorial Artist of the Year Award, and Stuart Horn will receive the Les Urbach Lifetime Achievement Award. Nov. 19, 7 p.m., Renaissance Albany, 144 State St., Albany. Tickets: \$100 per person, \$75 for young professionals. Information: 462-4775 or albanycentergallery.org.

**Kicker Arenacross & Freestyle Motocross Show**  
High-velocity motorcycle racing on the dirt. Nov. 19, 7:30 p.m., Times Union Center, 51 South Pearl St., Albany. Tickets: adults \$21-\$28, children ages 2-12 \$21. Prices increase \$2 the day of the event. Information: www.

timesunioncenter-albany.com.  
**Geeks Who Drink**  
A quiz show with eight rounds of eight questions each, including a music round, an audio round and a picture round. Free to play, with prizes for the top two teams and bonus prizes throughout the game. Tuesdays, 8 p.m., Olde English Pub, 683 Broadway, Albany.

**Weekly ceramics**  
Two-hour Thursday class taught by Chris Singer, 1 to 3 p.m., Schenectady Jewish Community Center, 2565 Balltown Road, Niskayuna. Cost: members \$8, guests \$12; all materials are included. Information: 377-8803 or www.schenectadyjcc.org.

**One Big Roof**  
Weekly classes include Gentle Yoga Essentials (Monday, 8:30 a.m.), Tai Chi (Tuesday, 7 p.m.), Deepening Gentle Yoga (Wednesday, 8:30 a.m.), and Dharma Meditation (Sunday, 9 a.m.). 538 Maple Ave., Saratoga Springs. Information: www.oneroofsaratoga.com.

## EXHIBITS

**Albany Institute of History and Art**  
"Rock & Roll Icons: Photographs by Patrick Harbron," through Feb. 12; "The Art of Seating: 200 Years of American Design," through Dec. 31; "Spotlight: Alexander Hamilton," through Dec. 31; plus "A Gather of Glass: Selections from the Museum's Collection," "Ancient Egypt" and more. 125 Washington Ave., Albany. Information: 463-4478 or www.albanyinstitute.org.

**AMP Galleries**  
"Sense of Light and Tone," an exhibit featuring the works of MaryEllen Hedderman-Pheiffer. 454 Broadway, Saratoga Springs. Information: 898-6976.

**Arts Center of the Capital Region**  
"Screeprint Biennial" and "Under the Sea to the Kitchen Sink," through Dec. 23. 265 River St., Troy. Information: 273-0552 or www.artscenonline.org.

**Clement Art Gallery**  
"Heading Home to the Catskills," an exhibit featuring works by Mara Lehmann. Opening reception: Nov. 10. 201 Broadway, Troy. Information: 272-6811.

**Collar Works**  
"Screenprint Biennial," in conjunction with the Arts Center for the Capital Region's exhibit of the same name, through Dec. 23. 621 River St., Troy. Information: www.collarworks.org.

**Esther Massry Gallery**  
"Hitting Bumps on the School Bus," an exhibition of paintings by Danny Ginsburg, through Feb. 26. The College of Saint Rose, Massry Center for the Arts, 1002 Madison Ave., Albany. Information: 485-3902 or www.strose.edu/gallery.

**Hudson Valley Community College**  
"The Fine Arts and Digital Media Faculty Exhibit," Nov. 3 through Dec. 3, Teaching Gallery, Administration Building, HVCC campus, Route 4, Troy. Information: www.hvcc.edu.

**The Hyde Collection**  
"Artists of the Mohawk-Hudson Region"

and "Transforming The Hyde: The Feibes & Schmitt Gift," a selection of works from the collection of Werner Feibes and the late James Schmitt, through Dec. 31. 161 Warren St., Glens Falls. Information: 792-1761 or hydecollection.org.

**The Laffer Gallery**  
"Fourth Annual Upstate Invitational," featuring works by Anne Diggory, Janice Medina and Russell Serrienne, through Nov. 27. 96 Broad St., Schuylerville. Information: www.thelaffergallery.com.

**Mabee Farm Historic Site**  
"In Whom We Trust: At the Crossroads of Faith & Community," a photography exhibit by Michael Diana. 1100 Main St. (Route 5S), Rotterdam Junction. Information: schenectadyhistorical.org/exhibits.

**miSci**  
"Tinkering: Bring Out Your Inner Engineer," a hands-on exhibit from the San Francisco Exploratorium, through May 17. Nott Terrace Heights, Schenectady. Information: 382-7890 or www.miSci.org.

**National Museum of Dance**  
"50 Years at SPAC," celebrating the golden anniversary of the venerable performance venue; "The Dancing Athlete," an exhibit that explores the connection between dance and sports; "Gen," a life-sized sculpture of former New York City Ballet principal dancer Gen Horiuchi; plus "A Tribute to Dancers in Film," "Making Art Dance" and "2015 Hall of Fame Inductees Mark Morris and Rudolf Nureyev." 99 South Broadway, Saratoga Springs. Information: 584-2225 or www.dancemuseum.org.

**New York State Museum**  
"The People's Art: Selectios from the

Empire State Plaza Art Collection," on display through Sept. 3, 2017; plus "Hudson Valley Ruins," "Art for the People" Decorated Stoneware from the Weitsman Collection, "Beneath the City: An Archeological Perspective of Albany" and more. Empire State Plaza, 222 Madison Ave., Albany. Information: 474-5877 or www.nysm.nysed.gov.

**Saratoga Automobile Museum**  
"Rolling Bones," an exhibit featuring hot rods built by Ken Schmidt and Keith Cornell's Rolling Bones Hot Rod Shop in Greenfield Center; opening reception Nov. 11, 6 p.m. 110 Avenue of the Pines, Saratoga Spa State Park, Saratoga Springs. Information: saratogaautomuseum.org.

**Schenectady Jewish Community Center**  
"Fragments of Society," featuring sculpture, mixed media and found objects by Paul Bouchard and R. Jane Bouchard, through Dec. 31. 2565 Balltown Road, Niskayuna. Information: 377-8803.

**Second Floor Gallery**  
NorthCountryARTS exhibit, through Dec. 2. Glens Falls City Hall, 42 Ridge St., Glens Falls. Information: 798-0992.

**Tang Teaching Museum**  
"Sixfold Symmetry: Parrern in Art and Science," an exhibition of contemporary and historical art, artifacts and material culture, featuring collaborations with faculty members from multiple departments, through March 12; plus "Liz Collins — Energy Field," a long-running installation created as a lounge and social space for visitors and students. Skidmore College, North Broadway, Saratoga Springs. Information: tang.

skidmore.edu.  
**Union College**  
"Slippery Slope by Georgie Friedman," Peter Irving Wold Center, College Atrium, second floor, through Nov. 30. Information: 388-6318 or www.union.edu/gallery.

**University Art Museum**  
"Future Perfect: Picturing the Anthropocene," through Dec. 10. University at Albany uptown campus, 1400 Washington Ave., Albany. Information: 442-4038.













**University Club of Albany**  
Presenting the works of Geoffrey Doig-Marx, a Capital District native who has gone on to become a successful New York City artist, as well as an actor in regional theater productions, through Dec. 23. 141 Washington Ave., Albany. Information: 463-1151.

## CALL FOR ARTISTS

**Wilton Wildlife Preserve & Park**  
Seeking entries for a photography show highlighting the park. Up to four entries will be accepted per person, and prizes will be awarded for Best in Show, Best Nature in Winter, Best featuring Conservation, Best featuring Education, Best featuring Recreation, Best Animal Shot, Best Karner Blue Butterfly Shot and Best Under-13 entry. Entry deadline is Nov. 14. Entries should be emailed to info@wiltonpreserve.org with the following information: attached photographs as jpeg files, name, address, phone number, email address, title of each submission and age if under 13.

# HOROSCOPES

November 2016 — Week 2

|                                                                                                                                   |                                                                                                                                                                  |                                                                                                                                        |                                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <br><b>CAPRICORN</b><br>December 22–January 19 | Be on the alert this week, Capricorn. Some events will not go as smoothly as expected. A friend shows their true colors, leaving you with a hard choice to make. | <br><b>ARIES</b><br>March 21–April 19               | Romance is on tap this week, Aries, and special plans are in store. Make the most of every moment. Your authority is challenged at home.                            |
| <br><b>AQUARIUS</b><br>January 20–February 18  | Conflict continues at home, but not for long if a houseguest has anything to say about it. Step aside, Aquarius. The results of a survey are questioned.         | <br><b>TAURUS</b><br>April 20–May 20                | Watch it, Taurus. Your reputation is on the line. Be confident, but act with caution. Reasonable doubt is to be expected in a work matter.                          |
| <br><b>PISCES</b><br>February 19–March 20      | What do you treasure the most, Pisces? Look to it for the strength you need to resolve a situation at work once and for all. A goal is met.                      | <br><b>GEMINI</b><br>May 21–June 21                 | Absence makes the heart grow fonder. Leave a loved one be, Gemini. They will come around, and this time, they will be more appreciative of your efforts.            |
| <br><b>CANCER</b><br>June 22–July 22         | You know better, Cancer. This is not the first time a loved one has cried wolf. Steer clear of the matter. A home improvement project looms.                     | <br><b>LEO</b><br>July 23–August 22               | The lunacy continues at home. Take charge, Leo, and put a stop to it. It is your home after all, and you are the one who pays the bills. A charge is accounted for. |
| <br><b>LIBRA</b><br>September 23–October 22  | Freedom comes at a price. Never lose sight of that fact, Libra, and forever be grateful for what others have done. A package is delivered early.                 | <br><b>SCORPIO</b><br>October 23–November 21      | Uh-oh, Scorpio. You take on too much, and your plate overflows. Seek help and learn to scale back. Hobbies take a back seat to love. Plan something special.        |
| <br><b>VIRGO</b><br>August 23–September 22   | A penny here, a penny there. It adds up, Virgo. Reexamine your spending habits. A love triangle gets messy. Don't meddle, or you could wind up in big trouble.   | <br><b>SAGITTARIUS</b><br>November 22–December 21 | Why on earth would you do that, Sagittarius? Let sleeping dogs lie. A review uncovers some areas to improve upon. Make the effort, and you will be rewarded.        |

FOR ENTERTAINMENT PURPOSES ONLY

COMMUNITY

# 'Day of Giving' helps community

About 350 volunteers gathered for Grassroot Givers' day of giving

By JILL RIFKIN  
news@spotlightnews.com

ALBANY — Trendy teens painstakingly assembling bean soup ingredients early on a Saturday morning? Third graders working skillfully and cooperatively with students double their age stringing bead necklaces and crafting colorful pot holders? Sounds like an improbable dream to many a harried parent. Not so at the Grassroot Givers' "Day of Simple Giving" fundraiser, held at St. Sophia's Church in Albany Saturday, Nov. 5.

About 350 excited volunteers of all ages gathered to create and assemble practical items, such as socks, toiletries, bean soup mixes, cookies, jewelry,

and books, many donated by area businesses, to be given to Albany public schools and numerous organizations serving the poor, such as Equinox, Interfaith Partnership for the Homeless, and veterans programs,

Volunteers at 12 work stations crafted hundreds of woven pot holders for families transitioning from shelters to new homes, decorated cookies, wrapped countless Christmas towels around cake mix boxes, and wrote personalized messages for armed forces members. Gabriel Antonikowski, member of the bean soup brigade, and president of the local chapter of Jack and Jill, a historic African-American organization, was eager to do his part. "There's so much

hunger in the community," he said. "That's why Jack and Jill always comes here to make healthy soup."

Grassroot Givers' founders Roberta Sandler and Mary Partridge-Brown took over the abandoned YMCA in 2009 and transformed the gigantic swimming pool into a free library filled with donated top quality books. Painted bright aquamarine blue with dozens of bookshelves, cozy nooks, and stairs for entrance into the "pool," it's an astonishing facility. 99,000 books have been donated to impoverished residents. A free Community Store, stocked with donated new or near new household items and clothing, serves 600 patrons weekly.



Albany Mayor Kathy Sheehan joined efforts at St. Sophia's Church Saturday, Nov. 5.

Submitted photo

Albany Mayor Kathy Sheehan and Congressman Paul Tonko visited, as did Ron Rock, Chair of SEFCU's board, a generous patron. Sheehan noted that Grassroot Givers has galvanized hundreds of people wanting to help the disadvantaged. "They work with so many community

organizations, asking how they can help rather than guessing or reinventing the wheel." Rock concurred. "Everyone told Roberta and Mary it's impossible to transform an abandoned swimming pool into a library, but they turned it into a remarkable facility. They do a great job!"

Six-year-old Milo Myers, proudly displaying the bag of toiletries he'd assembled, agreed. "I have a lot of things. We're helping people who don't by making stuff for them, and I like to do that."

For more information, visit GrassRootGivers.org or call 542-1276 or 817-5921.

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**CULINARY ARTS**

# Eating clean comfort foods

Introducing paleo waffles

By **STACEY MORRIS**  
news@spotlightnews.com

As many of you know, I'm not 100 percent any particular philosophy, other than the practice of listening carefully and compassionately to my body to discern its needs and concerns. Much of the time, I veer onto the plant-based and paleo paths. The simple truth I can no longer ignore is this: carbs are not my friend. They just don't sit well with me. To the contrary, they insist on sitting ON me. For long increments of time. Prior to turning 50, I could easily remedy a prolonged affair with white carbs by exercising it away. This is no longer as easy as it once was. Just a fact. And in distancing myself from carbs I also was able to realize how they actually sap my energy, rather than enhance it. A plate of pasta does great things for you I'm sure, IF you're in the midst of a triathlon. Other than that, I've got to really, really be seriously desiring carbs to deem it worthy to go for it. So imagine my delight when I came across a carb-free recipe for (drumroll)

*Much of the time, I veer onto the plant-based and paleo paths. The simple truth I can no longer ignore is this: carbs are not my friend. They just don't sit well with me.*

**CRAVE CARBS**  
—  
The texture may differ from the 'Real McCoy,' but the trade off is worth it.  
Stacey Morris

WAFFLES. One of my favorite things, which I rarely eat anymore, even the gluten-free variety. I'm always amazed at how creative the paleo world is when dreaming up carb-free, high-protein substitutes for the white fluff. Being cow-dairy-free, I subbed the cream cheese for Trader Joe's Creamy Goat Cheese, the closest thing I've found on the planet so far to cream cheese. If you're not a fan of the 'goat tang,' you'll like this — really!

I like to encourage readers of my recipes to play with them, amend them, and make 'em your own version. After all, YOU have to like it - not me. If you want to change the stevia drops for honey or coconut palm sugar, it's fine, I won't be offended. Ditto for the syrup. Today, I chose Mrs. Butterworth's sugar-free syrup. But when I'm craving the real stuff, I go for it. I've come to love coconut oil on pancakes and waffles instead of butter. I'm not anti-butter, but like my nutritionist, Nancy Guberti, has taught me, in general, I want my food to do as much for me in return nutritionally, so most of the time, coconut oil it is. Another touch I love, which also happens to be plant-based: a dollop of coconut whipped cream over the drizzled syrup — DIVINE!

The texture of these paleo waffles is a bit different than the traditional version. How could it possibly be identical? It's not meant to be! When a recipe is made over to be healthier and more body-friendly, there will be, by nature, some intrinsic texture and flavor differences. Don't let that discourage or derail you. The trade is more than fair in the long run.

The recipe below makes two big, fluffy waffles in a

**Continued on Page B27**

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HEALTH & FITNESS

# Finding inspiration from late night TV

Exhausted ballplayers kept to task in a Game 7 that went extra innings — and inspired viewers

By **DAN ROMAND**  
news@spotlightnews.com

I've got a confession to make.. I'm tired.. REALLY tired. As I write this it's the day after the Cubs won the World Series for the first time in 108 years.

Now I'm not a fan of either the Cubs or the Indians but I frankly just couldn't turn the game off.

Even though I had no rooting interest the drama and intrigue of the game reeled me in. It was one for the ages. I simply couldn't turn it off.

Normally I'm in bed and fast asleep before 9 p.m. but I was up till almost 2 a.m. watching the game and then being so amped up from it I couldn't fall asleep.

As I lay there trying to fall asleep I thought about the game, how it transpired and how it ended but with a different perspective.

If you didn't see the game the Cubs had a three run lead heading into the eighth with their best relief pitcher in the game. Essentially it was a forgone conclusion they had won the game and were champions.

But much like in life, stuff happened. By the end of the inning the lead was gone, the dream of being champions shattered, in a nutshell all was lost. The weight of a 108 years of losing came crashing down.

And you could see it on the players faces. They were absolutely reeling from the blow.

But then once again life happened. A brief rainstorm came in and caused a halt to the game.

*I've had clients lose, 10, 20, 30 even 50 pounds and feel on top of the world. They felt like they were about to win the championship. And then, Life happened. Someone or something came along to derail them.*



Long story short, after the rain delay, the Cubs came out scored two quick runs and after 108 very long years they took home the championship

What does this have to do with fitness you may ask?

For many of those trying to lose weight and get fit it's been a long time since they were not overweight or out of shape.

While it may not be 108 years for many it's been years, even decades. For some its been literally their entire life.

And much like the Cubs they keep trying. Trying the latest and greatest fad diet, popping that "magic weight loss pill" or vowing to exercise and get healthy.

At first many of them have some success. I've had clients lose, 10, 20, 30 even 50 pounds and feel on top of the world. They felt like they were about to win the championship. And then, life happened. Someone or something came along to derail them.

It might something major such as losing their job, or a sudden unexpected illness in the family. Or it might be something minor like having their work schedule change or the babysitter is sick.

One of the biggest derailers? They have a week where they gain weight.

**Continues on Page B27**

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CONCERT REVIEW

# Angry young man no more

Elvis Costello and the Imposters played 'Imperial Bedroom and Other Chambers' at The Palace

By **WES THOMAS**  
news@spotlightnews.com

ALBANY — Elvis Costello released 25 albums in 30 years, in a wide variety of genres. When I heard that his current tour would be leaning heavily

on the "Imperial Bedroom Album" I wasn't surprised. This seemed to be the place in Elvis's career where maturity set in as a song writer and although most of these songs were written at the ripe old age of 26, it was already his seventh full-

length record.

Costello took the stage with what was two thirds of the original line up from his original band The Attractions with Steve Nieve on piano and Pete Thomas on drums. Davey Faragher who is best known as co-founder and bass player for the 90s band Cracker rounds out the Imposters.

Costello opened with "The Town Where Time Stood Still" from the "Punch the Clock" Record before delivering his first song from "Imperial Bedroom," "The Loved Ones" which is such a great pop song with that walking bass line...I knew we were in for a good night. Next up "Lipstick Vogue" from "This Year's Model." During this song Elvis encountered a little technical difficulty with his guitar and after a mid-song switch out he fires off a vicious impromptu guitar solo as "the angry young man" persona that we all loved from the early days. It was 1977 at the Bottom Line all over again! When it was time for "Accidents will Happen," the vocals

seemed a little off to me but that's part of the Costello charm. The set continued heavy on Imperial Bedroom tracks with the hits sprinkled throughout. Allison received a stripped down treatment with Just Costello and his two female backup singers. It was a "pretty" version but I would have just as soon heard Elvis sing it by himself.

The 27-song, two-hour set included a four-song encore. It was a great trip through a great career featuring many of the hits. "Green Shirt," "Watching the Detectives," "Less Than Zero," "Every Day I Write the Book," "Pump it Up" and "What's so Funny 'Bout Peace Love and Understanding." There were some noticeably absent like "Radio Radio" but you can't have everything!

The angry young man that I saw sing Radio Radio at the Bottom line in 1977 has mellowed and matured over the years but one thing is evident, he is nowhere close to finished, although it's hard to imagine what he might do next?



**MATURED**  
—  
The years have tempered Costello's angst.  
Elvis Costello / Facebook

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CONCERT REVIEW

# Psychic wars and War Pigs

A metal delight with Clutch and Zakk Sabbath at UCH

By **JASON ROMEYN**  
nysmusic.com

**CLIFTON PARK** — For a band that gets little to no radio play in the Capital District, Clutch front man Neil Fallon and his band had a sold out Upstate Concert Hall on its feet singing every word to every song Saturday, Oct. 29.

There was no light show and no gimmicks. Clutch is a straight forward kick you in the teeth rock band and that is just what it did as the band ripped through its seventeen-song set.

Clutch opened the show with the crowd favorite “Burning Beard” and didn’t stop until the last song “X-Ray Visions” off its latest release “Psychic Warfare.”

Fallon tells just as much of a story with his vocals as he does with his movement, like a king holding court. With spastic movements and commanding vocals, he owns the stage every second he is on it. Fallon’s vocals as well as the rest of the band are just as crisp and clean live as

they are on their recordings. You must see Clutch live to appreciate its genius.

Show opener Kyng is a solid three-piece band from Los Angeles, who really got the crowd going. The band tore through an eight-song set from its catalogue of three albums. The crowd at Upstate Concert Hall really responded to the band and showed their appreciation by hanging out at the merch booth for much of the night.

I believe that there was just as much anticipation for Zakk Sabbath, Zakk Wylde’s Black Sabbath tribute band, as there was for Clutch.

Zakk Sabbath tore through six classic Sabbath songs. The highlight of the night, for me anyway, was when the band completely tore up “War Pigs.” If there was anyone to front a Sabbath tribute band, the lead Berserker himself is more than capable to wear the crown that Ozzy possessed.

**Kyng setlist:** Burn the Serum, Trails in Veins, Pushing & Pulling, Pristine



**CLUTCH**  
—  
Popular hard rockers despite little airtime locally.  
Jason Romeyn / NYSmusic.com

Warning, Self Medicated Man, Breathe in the Water, Electric Halo, Falling Down

**Zakk Sabbath setlist:** Children of the Grave, Snowblind, Supernaut, War Pigs, Into the Void, Fairies Wear Boots

**Clutch setlist:** Burning Beard, Decapitation Blues, Crucial Velocity, Noble Savage, The House That Peterbilt, Sucker for the Witch, The Face, A Quick Death in Texas, The Soapmakers,

Firebirds!, Cyborg Bette, Power Player, Passive Restraints, Cypress Grove, X-Ray Visions, Encore: Spacegrass, The Wolf Man Kindly Requests

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■ **MUSIC REVIEW**

# ‘Songs of Longing’ leaves you wanting

Aussie ex-pat Ali Carter debuts with ukulele in hand



Submitted photo

By **SAMMY STEINER**

[nysmusic.com](http://nysmusic.com)

**A**li Carter, singer and songwriter, originally from Sydney, Australia has relocated to Brooklyn, New York with the hope of making a name for herself in the music industry.

With the release of her debut album earlier this year entitled “Songs of Longing,” Carter is ready to bring her music to the American music scene.

Growing up in a household filled with music, Carter was exposed to a wide range of genres of music from an early age. She describes her style of music as soulful, containing some aspects of folk music as well. Her twelve-track debut record embodies both those styles and more, being classified as an indie pop and jazz album. “Songs of Longing” is a multifaceted work on which Carter contributes both vocally and instrumentally.

Carter’s unique sound is created by the combination of her dynamic voice and ukulele-driven songs. Her use of the ukulele, traditionally a folk instrument, on an indie pop and jazz album is an original creative twist. Other artists have had success incorporating non-traditional instruments in their performances such as Ian Anderson’s use of the flute in rock music. Her personal and poetic lyrics are further supported by her three-man band and showcased on every song on her album.

It’s always refreshing to discover

an artist like Carter with a passion to create sincere and pure music. “Songs of Longing” is a cohesive work whose overall unique sound and mellow temperament will leave your ears wanting to hear more.

**Key Tracks:** “My Heart’s in Union Square,” “Sex and Cigarettes,” “Open to You.”

*NYSmusic.com is a web magazine focused on covering all aspects of music in and around the state of New York. You can often find content from NYSmusic.com within the pages of TheSpot518. For more, visit NYSmusic.com.*

■ **IN BRIEF**

## Tower of Power at Cohoes Music Hall

**COHOES** — The American R&B-based horn section and band Tower of Power will perform at The Cohoes Music Hall on Nov. 10 at 8 p.m..

Tickets range from \$57 to \$77. For more information visit [www.towerofpower.com/tour-dates/](http://www.towerofpower.com/tour-dates/).

## Ani DiFranco at The Egg

**ALBANY** — Ani DiFranco will perform on Nov. 9 at 8 p.m. at The Egg in the Empire State Plaza in Albany.

DiFranco is a singer, songwriter, activist and an independent entrepreneur. Chastity Brown will open the concert.

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**MUSIC REVIEW**

# Reggae with a pop

AWOLNATION's Kenny Carkeet lends a pop influence on this sextet from Beantown

By **DAVE OSTROFF**  
nysmusic.com

This is not just a reggae album. This group of Boston, Mass. dwellers created an in depth and diverse Jamaican roots album that stands out miles ahead of most contemporary bands. "Setting in the West" is Spiritual Rez's fourth album since the birth of the band in 2002 and it really nailed the niche it defined for itself.

Spiritual Rez' sound is heavy on a powerful reggae beat. But, it's garnished with a number of genres with hints of pop, rock and funk that set the sextet above other reggae groups.

Each song is diverse. And, though each song is heavily rooted to a reggae groove, the first two songs sound like two different bands. The first track, "Sober," has the exact recipe for a reggae song, but the drum and bass lines give it a certain power uncommon in the style. The tonality changes throughout so things stay interesting, instead of falling into a drone. Still, it's sultry and mellow, but a

more prominent beat perks up the track while maintaining the roots of the genre. But then, "Red Room" comes on, and the listener is taken to a whole new world of pop beats. Featuring rapper Duddy B and loads of computer generated tones, this track sounds like something that would be played on today's pop radio stations. There's a hint of popping, staccato guitar riffs, but an almost complete omission of reggae influences. It's still just as good as any other song in this collection, but might be a deal breaker for some listeners, as would "Tidal Wave" and "Digital Age."

There are still traces of the defining characteristics that made reggae sound the way it does, but the band is obviously trying to reach a greater audience. Producer Kenny Carkeet, a founding member of AWOLNATION, certainly had an influential hand with the pop based tunes — definitely a smart move as Spiritual Rez strives for greater recognition. For those that may see these tracks as the band selling out, worry not. The majority of the tracks stick to a standard reggae formula, still dropping hints of dance, funk and rock into the mix, with "Bad Girl" and "Square Grouper" showcasing the talents of the group.

The spice of a reggae group is the horn line. Quinn Carson (trombone) and Julian Dessler (trumpet) deserve much credit



Submitted photo

for providing this band with its cultured and complex sound. Of course, the talents of Toft Willingham (vocals), Ian "Meat" Miller (drums), Jesse Shaternick (bass) and Mohamed Araki (keys) are not to be undersold being the backbone of the group, setting up a solid groove for every track.

Spiritual Rez will spend time in New

York this year playing from Canton to New York City all this month.

**Key Tracks:** "Sober," "Bad Girl," "Square Grouper," "Whisky."

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Last Week: 9-3 Overall: 81-49



**Bryan Bourque**  
Bourque  
Mechanical Systems

Last Week: 9-3 Overall: 75-55



**Rob Jonas**  
Spotlight News  
Sports Editor

Last Week: 7-5 Overall: 79-51



**Paul Vandenburg**  
Talk1300 AM - The Capital  
District's Talk Radio

Last Week: 9-3 Overall: 78-52



**Michael Hallisey**  
Spotlight News  
Managing Editor

Last Week: 9-3 Overall: 82-48



**John McIntyre**  
Spotlight News  
Publisher

Last Week: 8-4 Overall: 81-49



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COMING UP

# Free Opera Saratoga events announced

First free event takes place next Tuesday

**SARATOGA** — Lawrence Edelson, Artistic and General Director of Opera Saratoga, announced the company has received a Building Opera Audiences Grant in the amount of \$17,500 from OPERA America, funded by the Ann and Gordon Getty Foundation.

This grant program seeks to support the efforts of North American opera companies to build informed, enthusiastic audiences for opera through innovative marketing projects. Saratoga Sings! was one of nine projects selected from 54 opera companies nationally.

Introduced by Edelson in 2015, Saratoga Sings! was designed to increase Opera Saratoga's civic footprint, build awareness of the company in the region, and increase both loyalty and ticket sales. Through the program, Opera Saratoga will offer free monthly performance events from November 2016 through April 2017, leading up to the company's Summer Festival. These programs will take place at unique locations that provide opportunities for the public to connect to opera in familiar settings throughout the region. The program will leverage collaborative partnerships with historical and cultural organizations, as well as

local businesses. New this season, the program will also provide special discounts to attendees of the free events to encourage increased participation in Opera Saratoga's upcoming Summer Festival operas and concert performances.

"We are deeply grateful for this grant from OPERA America, which will enable us to share the joy of opera with people throughout the year. We look forward to presenting an exciting array of programs in partnership with a wide variety of local organizations and businesses this season. OPERA America is helping us to ensure that these events are accessible to everyone. As all Saratoga Sings! events are free to the public, we are able to reach the widest cross-section of our community through this vital initiative," Edelson commented.

The first free event in the Saratoga Sings! series this season will take place on Tuesday, Nov. 15, at 7:30 p.m.: "Saratoga Sings the Voice of the People," at The Frances Young Tang Teaching Museum and Art Galley at Skidmore College, 815 North Broadway in Saratoga Springs.

Throughout history, opera has engaged political themes - sometimes with incendiary results. As Opera Saratoga prepares to mount a new production next summer of Marc Blitzstein's revolutionary

1937 labor-opera, "The Cradle Will Rock," "Saratoga Sings the Voice of the People" will explore how composers - from Mozart and Verdi to present day - have used their works to challenge the status quo and make powerful statements that have resonated beyond the walls of the opera house. David T. Little, the critically acclaimed composer of the operas "Soldier Songs," "Dog Days" and "JFK," has curated this very special concert, featuring alumni of Opera Saratoga's Young Artist Program. Little will be joined by Opera Saratoga's artistic and general director.

The event will be held in the midst of the Tang's special exhibition, "A More

Perfect Union," which foregrounds the museum as town-square highlighting the debut of the recently completed Flag Exchange, a multi-year project by conceptual and social interventionist artist Mel Ziegler.

## More events supported by grant

### Saratoga Sings a New Year's Celebration

Saturday, Dec. 31 - Two performances at 8 and 9 p.m. at The Church of St. Peter, 241 Broadway in Saratoga Springs.

In partnership with First Night and Saratoga Arts, Opera Saratoga will present Saratoga Sings a New Year's Celebration - a festive concert to celebrate

looking forward and new beginnings, featuring guest artists from world's great opera houses.

### Saratoga Sings Under the Influence

Thursday Jan. 26, 2017 at 7 p.m. at The Parting Glass, 40 Lake Avenue in Saratoga Springs and Saturday, Jan. 28, 2017 at 8 p.m. at Parish Public House, 388

Broadway in Albany.

Opera Saratoga will present a rambunctious program of opera under the influence - of liquor, elixirs, poisons, and magic spells - in the midst of the region's thriving nightlife! This program will be presented at two popular bars - one in Saratoga Springs, and one in Albany.

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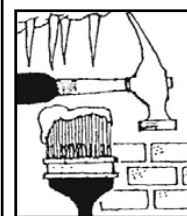
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## ■ IN BRIEF

### Fall Faculty/Student Dance Concert

**TROY** — Dancers from Russell Sage College will perform on Nov. 11 and Nov. 12 from 7 to 9 p.m. in the James L. Meader Little Theater at Russell Sage College in Troy.

The evening features student work guided by RSC faculty as well as the Ellen Sinopoli Dance Company.

Reservations are recommended. Tickets are available at the door at \$10 for adults and \$8 for students and seniors. For more information or to buy tickets visit tickets.sage.edu or call 518-244-2248.

### Little Jack at O'Slattery's

**BETHLEHEM** — Little Jack will perform live on Nov. 11 from 7 to 10 p.m. At O'Slattery's Restaurant and Pub in Delmar.

For more information call 518-439-5634, email [oslattery@gmail.com](mailto:oslattery@gmail.com) or visit [www.oslattery.com](http://www.oslattery.com).

### Laurie Berkner at Troy Music Hall

**TROY** — Laurie Berkner brings her "Greatest Hits Tour" to Troy Music Hall on Nov. 12 at 11 a.m.

Berkner was dubbed "one of children's music's biggest success stories" by USA Today.

Kids should plan to bring their dancing shoes and a stuffed animal.

Tickets start at \$25. For more information visit [www.troymusicchall.org/shows\\_and\\_tickets/](http://www.troymusicchall.org/shows_and_tickets/).

### Yankee Holler at Cafe Nola

**SCHENECTADY** — Local roots rock favorite Yankee Holler will perform at Cafe Nola in Schenectady on Nov. 12 at

6:30 p.m.

Yankee Holler consists of vocals, guitar, and drums and specializes in beloved covers and classic-sounding originals.

For more information visit [www.cafenolany.com/entertainment.php](http://www.cafenolany.com/entertainment.php).

### Kim Simmonds & Savoy Brown

**ALBANY** — Savoy Brown is performing at the Upper Room on 59 North Pearl Street in Albany on Nov. 12 from 8 to 11 p.m.

Savoy Brown helped to launch the 1967 blues movement that brought blues back to the USA.

General admission is \$20. Doors open at 7 p.m.

### Cecilia String Quartet

**TROY** — The Cecilia String Quartet will perform on Nov. 12 at 7:30 p.m. at Kiggins Hall on the Emma Willard

campus in Troy.

The performance is part of the Friends of Chamber Music season.

Tickets are \$25 for the public and \$15 for students. For more information call (518) 833-1874 or visit [www.friendsofchambermusic.org](http://www.friendsofchambermusic.org).

### Saint Rose Camerata

**ALBANY** — The Saint Rose Camerata will perform at Picotte Recital Hall on the Saint Rose campus on Nov. 12 at 7:30 p.m.

The evening will feature 19th and 20th century chamber music with flute, guitar, cello, and piano.

Admission is free. For more information call Sal Prizio at (518) 337-4871.

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**IN BRIEF**

**Rain or Shine it's Reading Time**

ALBANY — Miss Ann will share her favorite children's literature along with activities using preschool education techniques on Wednesday, Nov. 9 and Wednesday, Nov. 30 at 10 a.m. to 10:45 a.m. at the New York State Museum.

The event is free. For more information visit [www.nysm.nysed.gov/programs](http://www.nysm.nysed.gov/programs).

**Trio Da Kali at the Sanctuary**

TROY — Trio Da Kali will perform at the Sanctuary for Independent Media on

Nov. 9 from 7 to 9 p.m.

Trio Da Kali is a group of musicians from the Mande culture of southern Mali consisting of voice, ngoni and balafon.

Tickets are \$20. For more information email [info@mediasanctuary.org](mailto:info@mediasanctuary.org) or visit [www.mediasanctuary.org/TrioDakali](http://www.mediasanctuary.org/TrioDakali).

**Amanda Palmer at the Egg**

ALBANY — Amanda Palmer will perform a solo concert in support of her new recording "You Got Me Singing." on Nov. 10 at 7:30 p.m. at the Egg in the Empire State Plaza in Albany.

Palmer is a singer, songwriter, playwright, blogger, and pianist.

Tickets are \$35. For more information visit [www.theegg.org/events](http://www.theegg.org/events).

**The Music Tapes at the Hanger**

TROY — Julian Koster (Neutral Milk Hotel) and The Music Tapes will be at The Hangar on the Hudson on Nov. 10 from 8 to 10 p.m.

They will give you the chance to walk into the world of The Orbiting Human Circus, the story of a mysteriously impossible variety show broadcast from the ballroom at the top of the Eiffel Tower and the janitor who longs to become a part of it.

Tickets are \$15. For more information, visit [www.orbitinghumancircus.com](http://www.orbitinghumancircus.com).

**Brazil Guitar Duo at Skidmore**

SARATOGA SPRINGS — João Luiz and Douglas Lora will perform traditional and Brazilian guitar works in the Arthur Zankel Music Center at Skidmore College on Nov. 10 at 8 p.m.

Tickets are \$8 for adults, \$5 for seniors and Skidmore faculty and alumni, and free for all students and children. For more information visit <http://calendar.skidmore.edu/MasterCalendar/>.

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**Sudoku Answers**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 9 | 6 | 1 | 4 | 8 | 3 | 2 | 5 |
| 8 | 5 | 3 | 2 | 6 | 9 | 4 | 1 | 7 |
| 4 | 2 | 1 | 7 | 3 | 5 | 8 | 6 | 9 |
| 5 | 1 | 8 | 4 | 2 | 7 | 6 | 9 | 3 |
| 6 | 7 | 2 | 9 | 8 | 3 | 1 | 5 | 4 |
| 3 | 4 | 9 | 5 | 1 | 6 | 2 | 7 | 8 |
| 9 | 6 | 4 | 8 | 7 | 2 | 5 | 3 | 1 |
| 2 | 8 | 7 | 3 | 5 | 1 | 9 | 4 | 6 |
| 1 | 3 | 5 | 6 | 9 | 4 | 7 | 8 | 2 |

**Super Crossword Answers**

|    |   |    |   |    |    |    |    |    |   |    |    |    |    |    |   |   |   |   |
|----|---|----|---|----|----|----|----|----|---|----|----|----|----|----|---|---|---|---|
| 1  | L | O  | F | T  | 5  | P  | A  | L  | 8 | S  | A  | L  | T  |    |   |   |   |   |
| 12 | A | U  | R | A  | 13 | T  | A  | M  | E | 14 | S  | P  | R  | E  | E |   |   |   |
| 15 | S | C  | A | N  | 16 | I  | D  | E  | A | 17 | W  | A  | I  | V  | E |   |   |   |
| 18 | S | H  | U | D  | 19 | D  | E  | R  | E | 20 | A  | W  | A  | Y  |   |   |   |   |
|    |   |    |   | 21 | E  | I  | D  | E  | R | 22 | B  | I  | N  |    |   |   |   |   |
| 23 | C | L  | A | M  | Y  |    |    | 26 | F | U  | N  | E  | R  | A  | L |   |   |   |
| 30 | R | I  | G |    | 31 | L  | E  | T  | T | E  | R  |    | 34 | R  | A | G | A |   |
| 35 | U | N  | I | F  | Y  |    | 37 | R  | O | E  |    | 38 | A  | S  | S | E | T |   |
| 39 | S | E  | L | L  |    | 40 | S  | E  | T | T  | E  | R  |    | 42 | T | N | T |   |
| 43 | T | R  | E | A  |    | 44 | C  | L  | E |    | 45 | R  | O  | T  | A | T | E |   |
|    |   |    |   | 47 | T  | R  | Y  |    |   | 48 | B  | L  | A  | S  | E |   |   |   |
|    |   | 50 | S | A  | T  | E  |    | 52 | C | L  | O  | S  | E  | N  | E | S | S |   |
| 56 | A | E  | G | I  | S  |    |    | 57 | O | U  | S  | E  |    | 58 | A | M | O | K |
| 59 | S | T  | A | R  | S  |    |    | 60 | D | E  | E  | R  |    | 61 | N | I | S | I |
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**From page B1 ...**

**Capturing rock's icons**

in rock and roll history — out of the infancy of touring county fairs and maturing in front of sports arenas. He has followed and captured the likes of The Who, B.B. King, KISS, Prince and Blonde, in their respective primes, yet recalls stories of his personal interaction with these legends devoid of pretense.

Harbron began his concert photography career capturing local acts in the Canadian media hub of Toronto, Ontario. At the onset of the 70s, Toronto was a blossoming music scene teeming with local acts while being a natural stop for the largest personalities in rock and roll.

Born to a photographer as a father and an editor as his mother, Harbron's lifework began covering concerts as a freelance journalist. Having a natural proclivity for both film and prose, he said he had difficulty choosing on which career to focus.

"When I saw how large

the picture was, and how [much smaller] the article was, the choice was easy," he said.

The Albany Institute of History & Art is showcasing Harbron's work in its latest exhibition "Rock & Roll Icons: Photographs by Patrick Harbron" from now until Sunday, Feb. 12, 2017. The exhibition includes some of Harbron's concert posters, memorabilia and souvenirs, as well as items on loan from the Rock & Roll Hall of Fame.

"As disparate as some of these artists seem," said Harbron, "they all share the common ideal that rock and roll is made up of many faces, voices and influences. Everybody's love of rock and roll is personal choice. I couldn't do justice to just one artist or the entire genre at once, so this is rock and roll from my point of view."

The exhibit includes Harbron's collection of concert and promotional posters and personal memorabilia he collected

over the years. Much of the work on display, including album covers, books, magazine and publicity shots, have not been viewed before.

Harbron first brought a camera to a show in December 1975. The Who was playing at Maple Leaf Gardens. "I had no idea then where it would take me," he said.

A black and white image of Debbie Harry tossing her hair is the lone image displayed on the show's promotional material. It's a picture Harbron captured at El Mocambo Club in Toronto in 1978. The contrast between her skin and platinum (and black) hair against the backdrop of the club shows a flash was used — a no-no for today's photographers.

"The early concerts were really exciting, and there was a little more freedom," said Harbron. "Somebody asked me about access recently. There was a little more access. You could do more. And as groups began to understand how they appeared visually, they became more controlling. To the point it's out of control, from a photographer's point of view."

Camera technology had advanced so far as allowing photographers to capture images in low-light environments by tweaking their ISO setting. ISO once distinguished a film's sensitivity to light. A roll of 100 ISO film was best used for bright, outdoor shots, where 800 ISO film was best for indoor, low-light action shots. Harbron commonly shot shows with 400 ISO film with a shutter speed of 1/125. Today's high-end cameras are capable of shooting at 25,600 ISO (so, a flash would be unforgivable).

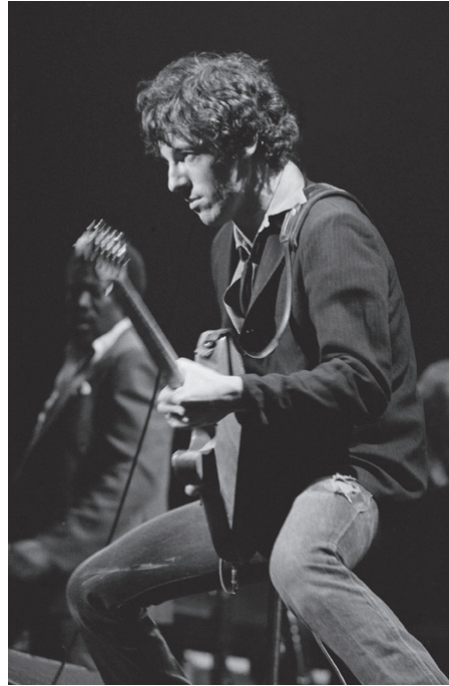
"Photography was, it wasn't digital, it was all film," said Harbron. "You had to have the skill set. And, of course, I hit the runway running. ... I don't remember shooting [those first] live performance shoots fondly because it was really before my skill sets matched the requirements of the job. I learned the hard way. I learned on my feet."

Harbron's body of work includes two JUNO Award nominations for album cover photography. His work appears in

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Photographer Patrick Harbron pioneered concert photography, having a guiding hand in shaping the images of many iconic figures in music during the 70s and 80s.

Photos by Patrick Harbron

## From previous page... Capturing rock's icons

magazines, advertising, annual reports and books. His clients include *Rolling Stone*, *Time*, *People*, and *Business Week*. His style of photography has lent him opportunities in photographing advertisements for Apple Computer, IBM, American Express, AT&T, PepsiCo, and Nabisco, among others. He now works for television network programs like "Marvel's Daredevil" on Netflix, and is a faculty member of the International Center of Photography.

Over nearly 20 years, Harbron photographed the likes of Springsteen, Ray Charles, the Grateful Dead, Blondie, David Bowie, Eric Clapton, RUSH, Michael Jackson, The Rolling Stones, KISS, Queen and The Who. "Many of these performers influenced me as a listener and musician," Harbron said, who still plays the drums, and was able to pull a favor to display a symbol and a pair of drumsticks from Neil Peart. "I grew up with them. The photographs on display are only a slice of my archive, and of rock and roll itself. ... Through it all, I never lost my love of music, the artists or the shows. And, I still have most of my hearing."

## From page B3 ... Long live rock!

of the past. For them, a connection has been made with the artist each respectively portrays.

"The greatest thing is the singers and performers that I have," said "GROOVIN" Director and Producer Gary Weinlein. "As long as we can portray the look through make-up and hair and outfits. And, as long as they can imitate and emulate the voicing of the person. Really, we have a huge array of artists we can select from. In fact, this year, we are doing nine different acts than we've ever done in the past."

Collette McComb is the school director for the Performance School of the Arts in Saratoga. She has received several superior plus ratings at various Music Teachers National Association (MTNA) piano competitions. And, her original composition, "The Tempest," won first runner up for Nationals in the 1998 MTNA original composition contest. For "GROOVIN," she performs as Stevie Nicks, Grace Slick and Carole King.

"[King's] definitely an inspiring woman, being that she was a female artist and she was such a prolific writer," said McComb. "That's special to me because people didn't just look to her as a sexual icon, she was an accomplished musician and performer. The woman could really write. She wrote from

the heart. She wrote about life. And, when I think about the greatest songwriters, she's right up there with Bob Dylan for me."

Outside the production, McComb is pursuing a solo performance career. Weinlein calls her "The Female Yanni."

King shaped much of the music in the 1970s with her performing and songwriting. She's a new addition to the show's line-up, as is David Bowie, who died earlier this year.

"His mark in classic rock music is added to the same names that will live forever," said Weinlein. "Including Elvis Presley, through Jim Morrison and Janis Joplin. Now David Bowie and Joe Cocker. ... David Bowie's name has so much relevance to music and his longevity and his ability to go from one end of the spectrum musically to another end to continuously attract. No generations to him. Amazing career. Amazing."

The additional stars has expanded the line-up from previous years, making this the largest by far.

"This year is bigger than ever, because we're going to do 21 tribute acts during the night," said Weinlein. "Classic rock music. My era of time. The best music there ever was, by far as far as I'm concerned... Music was a big influence on my life and on that generation of people from that time. And, that music is going to live forever. It's classic rock at it's best."

## From page B15 ... Inspiration

have a week where they gain weight.

And when those things happen and trust me they will. What can you do?

Perhaps you've thought it...

"I'm too tired," "I don't have time," "It's just too hard" or "Here we go again."

You know, that feeling you are cursed when it comes to losing weight and getting fit and because of it you'll never succeed.

I've been there I know and I'd venture each and every one of us has said those words or similar and you better believe those thoughts were echoing thru the hearts and minds of the Cubs and their fans last night.

Well you can like most just give up. Make excuse after excuse.

Or, you can do what the Cubbies did.

You can get your stuff together.

You see, during the rain delay the players when back into their clubhouse and held a little team meeting.

They were down and out, beaten, on the verge of giving up. 108 years of curses and frustration raining down on them.

Well during the meeting instead of dwelling on that they focused on how far they had come. What they had achieved and more importantly what they could achieve if they just didn't give up. If they just kept fighting.

Yes it was going to be hard, yes time was running out, and to be sure they were exhausted. It would have been so easy to give up but instead they rallied themselves and decided to give it their all.

And the end of the story? They won!

And that my friends, is what you need to do when those inevitable moments come along that make you want to give up in frustration.

When life knocks you down and then kicks you while you're down keep fighting back.

## From page B14 ... Eating clean...

traditional waffle maker. Hope you try. But more importantly, hope you enjoy and feel nourished!

### Paleo Waffles

4 ounces Trader Joe's Creamy Goat Cheese

4 eggs, room temperature, if possible

1 teaspoon vanilla extract

20 drops Stevia or ¼ cup coconut palm sugar

4 tablespoons coconut flour

1 1/2 teaspoons baking powder

### Instructions

Place all ingredients in a blender or food processor and blend thoroughly. Spray a heated waffle griddle with non-stick cooking spray and ladle about half the recipe onto the griddle. Makes two Belgian-style waffles. This also works as pancake batter.

Stacey Morris is a Loudonville-based cookbook author, yoga instructor, and health coach who has maintained a 180-pound weight loss for more than seven years. Her website is [www.StaceyMorris.com](http://www.StaceyMorris.com).

## ■ SIDEBAR

### Tribute show to benefit Gold Star Families war memorial

SCHENECTADY — Each year, "GROOVIN" donates part of its earnings to benefit local war veterans.

"I have been in association with the Tri-County Council Vietnam Era Veterans for the past four years, said "GROOVIN" Producer and Director Gary Weinlein. "It is TCCVEV who gives me the direction for supporting a Veterans' cause."

This year Weinlein is donating the proceeds from the Playbill booklet from the Saturday, Nov. 19 show to support the Gold Star Families Memorial Monument Fund.

The check for the fund will be presented on stage before the show. Weinlein hopes the donation helps escalate the project along.

All proceeds from the 2016 Playbill will go to the "Gold Star Families Memorial Monument Fund."

For more information, visit the show's website at [www.groovin-amusicaljourney.com](http://www.groovin-amusicaljourney.com).

— Michael Hallisey

## ■ IN BRIEF

### Asking Alexandria at UCH

CLIFTON PARK — Asking Alexandria will perform at Upstate Concert Hall, Tuesday, Nov. 15 at 6 p.m.

Doors open at 5:30 p.m. Tickets are \$25 in advance and \$28 at the door. To buy tickets or for more information call 518-371-0021 or visit [upstateconcerthall.com](http://upstateconcerthall.com).

### Capital Region Blues Network Sunday Night Jam

ALBANY — Sonny Speed will host a Sunday Nights Blues Jam at McGeary's Pub in Albany, Sunday, Nov. 13 at 8 p.m.

Sonny Speed will play for an hour, followed by an open jam.

A \$5 donation is encouraged. For more information call 518-463-1455.

### Artists Talk: Letha Wilson

ALBANY — Exhibiting artist Letha Wilson will deliver an Artists Talk at the University Arts Museum on the UAlbany uptown campus, Tuesday, Nov. 15 at 4:30 p.m.

The event is free and open to the public. For more information call 518-442-3300 or visit [www.albany.edu/museum/](http://www.albany.edu/museum/).

**IN BRIEF**

**Omar Sosa at Club Helsinki**

HUDSON — Hudson Omar Sosa will perform At Club Helsinki on Nov. 10 at 8 p.m.

The event is open to those 21 and over only, and tickets are \$25 in advance and \$30 the day of the show. Doors open at 6 p.m.

Call the Club at 518-828-4800 for more information or to make reservations for tables or email info@helsinkihudson.com.

**Sex Tips for Straight Women from a Gay Man**

SCHENECTADY — Proctors presents

“Sex Tips for Straight Women from a Gay Man,” on Nov. 10 and Nov. 11 at 7:30 p.m., a romantic comedy where no topic is taboo, set at a local university auditorium at their monthly meet the authors event.

Dan Anderson of Sex Tips for Straight Women from a Gay Man is this month’s featured author, and aims to turn the event upside down with a highly theatrical, audience interactive sex tip seminar. Tickets are \$39.50. For more information visit [www.proctors.org/events/sex-tips-straight-women-gay-man](http://www.proctors.org/events/sex-tips-straight-women-gay-man).

**NRBQ at the Egg**

ALBANY — NRBQ and the Whole Wheat Horns will perform at the Egg in

the Empire State Plaza in Albany on Nov. 11 at 8 p.m..

NBRQ has been categorized as rockabilly, jazz fusion, power pop, Americana and roots rock.

Tickets are \$29.50. For more information visit [www.theegg.org/events](http://www.theegg.org/events).

**Big Eyed Phish at the Upper Room**

ALBANY — The touring full 7-piece Dave Matthews tribute band Big Eyed Phish will perform at the Upper Room in Albany on Nov. 11 from 8 to 11 p.m.

Doors open at 7 p.m. General admission is \$15 and reserved seating

is \$25. For more information go to [bigeyedphish.com](http://bigeyedphish.com)

**Wayne “The Train” Hancock at the Hangar**

TROY — Wayne “The Train” Hancock will perform at The Hangar on 275 River Street in Troy on Nov. 11 from 8 to 11 p.m.

Hancock is also known as the King of Juke Joint Swing, a blend of honky-tonk, western swing, blues, Texas rockabilly and big band.

Tickets are \$20. For more information visit [albany.eventful.com/events](http://albany.eventful.com/events).

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**New Year's Eve CELEBRATION**  
DECEMBER 31, 2016  
8PM

Price Chopper MARKET Capital  
**Holiday Lights** November 18, 2016 through January 2, 2017  
*in the park*  
presents  
**Washington Park Albany, NY OPEN NIGHTLY at 6pm**  
A benefit in support of the Albany Police Athletic League (PAL)  
**Special Platinum Celebration**  
Discount Ticket Admission Available at Price Chopper/Market 32 Exclusively!  
**SPECIAL WALK ONLY NIGHTS FOR CHARITY:**  
Friday, November 18 (5-7pm) Cash Donations First Walk for Charity  
Saturday, November 19 (4-8pm) Taste of the Holidays Craft Beer & Wine Festival Advance Tickets Sales at [albanypal.org](http://albanypal.org)  
Sunday, November 20 (4-8pm) 3rd Annual Capital Holiday Lights Chili, Chowder & Soup Fest  
Monday, November 21 (5-7 pm) Cash Donations Pet Walk Night  
Join us as we Celebrate our **20 Years**  
A DONATION OF \$5.00 PER PERSON OR \$10.00 PER FAMILY WILL BENEFIT Ronald McDonald House Charities of the Capital Region, The Alzheimer's Association-NENY and The Albany Fund for Education  
B95.5 fm One Great Song After Another  
SEFCU  
Arthur J. Gallagher & Co. TIMES UNION  
CDPHP A plan for life.  
Albany Medical Center The Anne R. and Leon J. Goldberg Alzheimer's Resource Program at The Alzheimer's Center  
f t i  
Price Chopper Capital Holiday Lights  
For more information, call the Albany Police Athletic League at (518) 435-0392 or visit [www.albanycapitalholidaylights.com](http://www.albanycapitalholidaylights.com)