

# THE Spotlight

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## NEWS Recollect clarification

Town assessor clarifies appraisers' responsibility.

Story on Page 3

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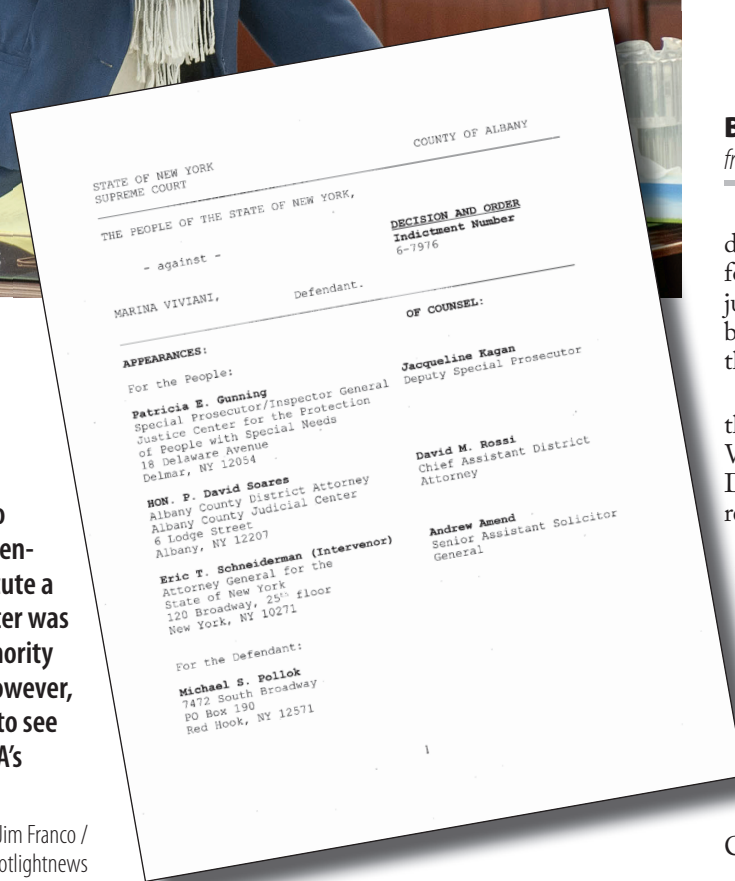


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**Deputy Special Prosecutor Jacqueline Kagen was backed into justifying the Justice Center's position to prosecute a criminal case. The center was given 'concurrent' authority with the DA's office. However, the court still wanted to see proof it received the DA's permission.**

Photo by Jim Franco / Spotlightnews



## TOP STORY

# Case dismissed

Justice Center did not seek permission from District Attorney's office to prosecute; Ripple effect will be statewide

By **JIM FRANCO**  
[francoj@spotlightnews.com](mailto:francoj@spotlightnews.com)

**ALBANY**— In a decision that could have a dramatic impact on cases brought by the Justice Center for the Protection of People with Special Needs, a judge on Thursday, March 30 tossed the rape charges brought by the state agency against a former teacher at the LaSalle School.

Albany County Court Judge Thomas Breslin ruled the only way the Justice Center could prosecute Marina Viviani is if it had permission by District Attorney David Soares, and if Soares maintained oversight and responsibility for the case.

"There is no evidence that the District Attorney has retained ultimate prosecutorial authority and responsibility in this case," Breslin wrote in a five-page decision. "Accordingly, this court finds the Justice Center did not have authority to prosecute, and the case must be dismissed."

In September 2016, The Justice Center charged Viviani with a host of crimes related to allegations she had sex with a student at the Albany school that serves troubled, adolescent males. The Justice Center then continued prosecuting the case, including

**Continues on page 4**

## SPORTS



## Dashing through Delmar

The 29th running of the Delmar's footrace went on without a hitch.

Story on Page 6

## ENTERTAINMENT



## Taking the lead

Justin Henricks steps into role of bandleader for Wurliday.

Story on Page B1



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■ TOWN GOVERNMENT

# Conservation Easement program gets under way

Public hearing scheduled for first group of properties

By **ALI HIBBS**  
hibbsa@spotlightnews.com

**BETHLEHEM** — Public hearings have been set for the first properties applying for the town's Conservation Easement Program, an initiative aimed at conserving open, natural spaces.

The program was adopted in 2014, after the town researched ways to protect open spaces and came across a provision in state law authorizing two towns in Erie County to offer property tax exemptions to landowners willing to forgo development. Supervisor John Clarkson reached out to locally elected state officials, Assemblywoman Pat Fahy and Senator Neil Breslin, who got legislation passed that extended the authorization to the Town of Bethlehem.

"We're going to report back to the state Legislature on its implementation because other towns and the region as a whole could benefit from this approach to protecting open space," said Clarkson. "It's entirely voluntary. Assemblywoman Fahy has said she will help any other interested towns obtain authorization and Bethlehem's implementation may serve as a guide and model."

Under the program, landowners receive tax reductions based on the amount of

time they agree to preserve their land. The minimum allowable agreement is 15 years and the minimum allowable area is five acres. A landowner who agrees to forgo development for 15–29 years gets a 50 percent reduction on town (and fire district) property taxes, 30–49 years would net a reduction of 75 percent, 50–75 years would receive an 85 percent reduction, and a perpetual commitment would save the landowner 90 percent on property tax bills for the duration of the easement.

The Bethlehem Central School District has also opted into the program, so landowners within that district would see the same decrease in their school property tax bills. Albany County is considering opting into the program, which would extend the reduction to county property tax bills as well. The Legislature is expected to vote on the proposal in the near future.

The easement program doesn't reduce tax revenues, said Clarkson. Rather, the cost is distributed among other taxpayers. The reasoning is that the preservation of open spaces is a benefit to all town residents. "Our projections are that even at maximum participation, after many years, the impact will be very small," said Clarkson, "Probably pennies or, at the most, a couple of dollars on an average annual tax bill."

The first three properties under

consideration are all located near the Normanskill, which Bethlehem Planning Director Robert Leslie said is consistent with the town's Comprehensive Plan. The owner of two parcels, a total of 44 acres on McCormack Road North, is applying for 30-year easements. Another parcel, 6.9 acres on Salisbury Road owned by Constance Tilroe, would be preserved in perpetuity.

"I believe in open spaces because we need them to offset all the building that's going on," said Tilroe, a conservationist with family ties to the area that go back to the 1600s, who also volunteers at Five Rivers Educational Center in Delmar. The parcel Tilroe wants to preserve is what remains of her grandfather's farm, much of which has become Normanside Country Club. "It's only seven acres," she said. "But I thought I could preserve a little piece of his farm and do something that is also beneficial to the town and the people living here."

Tilroe, who is now in her 80s, said she read about the program and thought, "this is exactly what I want to do. I'm not going to live forever and it would be very nice to leave that as something that would help improve the town for years to come."

"You have complete use of the land," she said. "Other than not building on it,

you can have a garden or have hiking trails, which I happen to have, or sleigh-riding or all the things we use it for now, it still can be used for and it's still private property."

While conservation easements do not give the general public access to the land, a landowner may permit public access and include it as a condition in the agreement. Land protected by an easement can be sold, given or otherwise transferred at any time, however, the transfer of ownership does not affect the integrity or enforceability of the easement. New or standing landowners can petition the Town Board to cancel the agreement, but must pay a penalty. Land with habitable structures, as well as the yard space surrounding them, is ineligible for the exemption program.

"I think it's fantastic," said Board member David VanLuven, before the Board unanimously approved the public hearings. "I think it's great they have the opportunity to take advantage of this."

More information can be found on the town website at <http://www.townofbethlehem.org/682/Conservation-Easement-Review-Board>. Anyone wanting more information about the properties under consideration, or wanting to voice an opinion, can attend the public hearings set for the April 12 Town Board meeting, 6 p.m. at Town Hall.



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■ TOWN GOVERNMENT

# Assessor clarifies recollection procedure

By **ALI HIBBS**  
hibbsa@spotlightnews.com

**BETHLEHEM** — Following a story that ran in the March 28 issue of *Spotlight News* regarding the Town Board-approved initiative to re-collect data on all residential properties in Bethlehem, with the goal of updating and modernizing town records, Bethlehem Sole Assessor Laurie Lambertsen reached out to the paper's editorial staff to clarify statements she made to board members.



Spotlight File Photo

"At the March 22 Town Board meeting, I left the impression that the firm assisting with the residential inventory recollection work would be asking to enter all houses," she wrote. "That will not happen."

Lambertsen explained that homeowners will first be notified when appraisers will be in their neighborhood and that they will be primarily confirming the outside dimensions of the habitable structures on each property. Appraisers will knock on doors to alert homeowners to their presence, she said, "... and they may confirm some information if a homeowner is present, but they will NOT ask to go inside to count rooms,

bathrooms, etc. As Assessor, I may request an interior inspection if there is a big disparity between the current inventory on file and what was recollected, but the homeowner's permission would be needed."

Lambertsen said that she would present a more complete description of the process during the next Town Board meeting on April 12, and that a written description will be made available online.

"We want to have everyone's data recorded correctly, because it's unfair if someone's taxes are based on an inaccurate description of their property," she said. "But this isn't a reassessment, and homeowners values only will be changed if major discrepancies are found."

■ COPS, COURTS AND EMERGENCY CALLS

## Altamont man arrested for stealing firearms

**BALLSTON SPA** — On Wed., March 29, Maximilian Chambliss, 21, of Altamont, was arrested in connection with an ongoing investigation into stolen firearms. The incident reportedly took place on Feb. 10 in the Town of Corinth. It is alleged that Chambliss entered into a residence on Farr Road in Corinth and stole numerous firearms, including at least two long guns and four handguns. Some of the

stolen firearms have been recovered in the Albany area, however some of them remain missing.

Anyone with information regarding the whereabouts of those guns is asked to call the Saratoga County Sheriff's Office at (518) 885-6761. This case remains open as an active investigation and more arrests are expected. Chambliss was arraigned by Corinth Town Justice Lane Scherhorn and remanded to the Saratoga



**CHAMBLISS**

County Jail. He was scheduled to appear in the Town of Corinth Court on April 4 at 10 a.m.



## Two hurt in crash

A three-car accident on Route 9W in Glenmont snarled traffic on Friday afternoon, March 31. Northbound traffic was detoured on to Corning Hill Road until the incident was cleared. Two people were sent to area hospital with non-life threatening injuries.

Tom Heffernan, Sr. photo

# Call for Candidates!

*If you are interested in interviewing for the Bethlehem Democratic Committee endorsement for*

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- Town Board Members (2)**
- Town Clerk**
- Superintendent of Highways**
- Town Justice**

**Please submit a cover letter outlining interest and qualifications along with a resume to us via email by April 15th.**

For more information for this and other BDC news, visit...  
[www.bethlehemdems.org](http://www.bethlehemdems.org)

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**Thursday, April 6, 2017 | 5:00-7:00 p.m. at Normanside Country Club in Delmar**

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Checks made payable to: Bethlehem Democratic Committee, P.O. Box 245, Delmar, NY 12054 — *All donations appreciated!*

**YES**, I will attend. Enclosed is \$\_\_\_\_\_ for \_\_\_\_\_ tickets.  
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**RSVP: [info@bethlehemdems.org](mailto:info@bethlehemdems.org)**



## From page 1 ... Case dismissed

bringing it to a grand jury and obtaining an indictment.

Her attorney, Michael Pollock, claimed the state constitution only gives the power to prosecute criminal matters to county District Attorneys and the state Attorney General – both offices which are answerable to the electorate. Attorney General Eric Schneiderman signed on, saying the executive order by Gov. Andrew Cuomo creating the Justice Center and the legislative decision to grant it the power to prosecute is unconstitutional for the same reason.

The Justice Center was given “concurrent” authority with the District Attorneys when it was created in 2012, and believes it doesn’t need anyone’s permission to prosecute those accused of abuse and/or neglect in state sanctioned facilities for those with special needs.

Pollock, a solicitor general for the AG’s office, Andrew Ammend, and Jacqueline Kagan, a deputy special prosecutor for the Justice Center, presented oral arguments stating their respective cases to Breslin earlier this month.

Breslin, in his decision, wrote the state statute creating the Justice Center “can pass constitutional muster by reading it to require the District Attorney to maintain ultimate prosecutorial responsibility for the prosecution of any case.”

And, he wrote, there was “no evidence” the Soares maintained that responsibility, if he ever assumed it from the start. In court papers, Chief Assistant District Attorney David Rossi said he did reserve grand jury time for the Justice Center, but Breslin, in his decision, said that wasn’t

enough to demonstrate the DA’s office was responsible for the case.

Pollock said his client was “very pleased” and believes the decision is going to have an impact on every case the Justice Center has ever prosecuted.

“This is now the law in Albany County,” he said. “In my opinion, every case brought by the Justice Center in Albany County can and should be reviewed.”

The Justice Center, in a statement, said it is reviewing the decision, considering its options and is not ruling out an appeal.

“The Justice Center believes that the Legislature acted within its authority when it created a special prosecutor in the Justice Center,” said spokeswoman Dianne Ward.

In a statement, a spokeswoman for Albany County District Attorney David Soares said the office was just following protocol established by the state Legislature when it created the Justice Center.

“Our office, along with District Attorneys across the state, has understood that the Justice Center for the Protection of People with Special Needs has operated with concurrent jurisdiction to prosecute criminal law violations in state-run facilities since their creation by statutory design under New York state law,” the statement reads.

Since he ruled the Justice Center did not have authority to prosecute, Breslin said the DA’s office could not continue with the Justice Center case against Viviani, but did not explicitly say the DA could not start over if it wanted to bring the charges again. The spokeswoman, Cecilia Walsh, said that matter is under review.

◀ Attorney Michael Pollock (far right) cited the state constitution does not allow for the Justice Center to prosecute criminal cases. That’s the District Attorney’s responsibility.

Photo by Jim Franco / Spotlightnews

## Old Cases

As of October 2016, the Justice Center had 49 open prosecutions and had completed 56 prosecutions across the state. Since 2013, there have been more than 300 arrests related to cases investigated by the Justice Center.

Last week’s decision will likely head to higher courts – first the Appellate Division and then the Court of Appeals, the state’s highest court – but if Breslin’s opinion is upheld, it could re-open every case the Justice Center has prosecuted since it opened its doors in 2013.

“I do think, if the constitutional issues are not waived, there could be collateral attacks on cases that have already gone through the system,” said Albany Law professor Laurie Shanks. “Looking back is unusual, but a limited exception is when they didn’t have the authority in the first place.”

She said she “absolutely” agrees with Breslin’s ruling, in which he cited a dissenting opinion in a Court of Appeals ruling that did not address the constitutional issues because of technical reasons.

“Prosecuting someone for a crime is one of the most serious things a government can do and must be done strictly in accordance with the constitution and the applicable statutes,” she said. “In this case, the Legislature has designated someone who has the authority to prosecute someone and who has the same authority as an elected official. You have the danger of any agency being given such authority like the Department of Motor Vehicles prosecuting DWI cases.”

Furthermore, she said, there is the inherent risk to constitutional rights by having more than one entity with the authority to prosecute the same crimes. For example, if the DA doesn’t think there is enough evidence, the Justice Center may have a different opinion and bring charges anyway. Or vice versa.

“The law needs to be re-written to provide a mechanism for Justice Center attorneys to be appointed special prosecutors by the District Attorneys,” Pollock said. “Then it would comply with the state constitution. There has to be safeguards in place to make sure the DA of the county prosecutes because they and only they are

accountable to the people.”

## Pending cases

Terry Kindlon, in his capacity as Albany County Chief Public Defender, asked Judge Roger McDonough to dismiss charges against his client, who is accused of sexually abusing a client at Hope House.

“The indictment herein is invalid,” Kindlon cuts to the chase in the first graph of his motion after the introductions. “It was procured not by the Albany County District Attorney nor by the New York State Attorney General but by a so-called ‘special prosecutor’ who, notwithstanding her job title, does not meet the constitutional standard to be a criminal prosecutor but is merely an employee of a state agency called the Justice Center for the Protection of People with Special Needs.”

In December, 2016, the Justice Center charged Kindlon’s client, 29-year-old Nicole Hodgdon, of rape for allegedly having a sex with a person utilizing Hope House in Albany to treat drug addiction.

Hope House is certified by the state Office of Alcoholism and Substance Abuse Services and any allegations of abuse or neglect fall under the auspices of the Justice Center, according to the state Legislature.

But Kindlon, like his wife Shanks and the others above including Breslin, don’t think the Justice Center has the proper authority to unilaterally prosecute anything or anyone.

“The Legislature’s purported appointment of an unelected ‘special prosecutor’ is a nullity,” Kindlon wrote. “It represents an improper attempt to usurp the criminal prosecution duties, powers, and obligations of the constitutional officers specified in the New York State Constitution, i.e., the duly elected Albany County District Attorney and (in certain circumstances) the duly elected Attorney General.”

Kindlon filed his motion to dismiss on March 16, about two weeks before Breslin’s ruling. It’s unclear how many other attorneys will follow suit.



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■ COMMUNITY

## Funds available to start, grow small businesses

By ALI HIBBS  
hibbsa@spotlightnews.com

**BETHLEHEM** — Grants of up to \$35,000 have been made available for small business owners with five employees or less in the Town of Bethlehem. To kick off the application process, town officials will hold a public information session on Thursday, April 6, at 5:30 p.m. to familiarize interested (and potential) employers with the Microenterprise Grant Program.

Last December, Gov. Andrew Cuomo announced that more than \$7 million in economic development funding was available through the sixth round of his Regional Economic Development Council initiative—a centerpiece of his administration's strategy to jumpstart the economy and create jobs. The Capital District, one of 10 regions statewide, was awarded \$83.1 million to support 116 local projects — \$200,000 of which will help establish and grow small businesses in the town of Bethlehem.

The town was awarded the funds to establish a microenterprise grant program virtually identical to one established in 2014. Under the program, the town may award no less than \$5,000 and no more than \$35,000 to small businesses, “to support and foster the development of micro-businesses by providing grants in conjunction with capacity building and entrepreneurial assistance.”

Town officials anticipate that the schedule of the most recent grant disbursements will resemble the previous program. Awarded at the end of 2014, Bethlehem began holding information sessions in February and March of 2015 and accepting applications in March. A Grant Application

Review Committee, composed of six residents representing local economic enterprise, met and recommended awards for Town Board approval through September 2015, when the town approved grant awards to nine local businesses — five existing and four new — in amounts ranging from \$5,400 (to a certified in-home trainer) to \$30,000 (O'Slattery's Irish Pub), chosen from 15 applicants. Selected businesses had through the end of 2016 to spend the awarded funds, and the grant was closed out with the state at the end of the year.

Program guidelines define microenterprise as a commercial enterprise that has five or fewer employees, one or more of which is the principal and owns the enterprise at the time of application. Eligible businesses must contribute at least 10 percent of the costs of the project and create one new job made available to persons from low- or moderate-income families, or be owned by someone in that category. Additionally, a minimum of 50 percent of grant funds must be awarded to start-up businesses that have been in operation less than six months and businesses receiving grant funds are required participate in an Entrepreneurial Training Program.

Awarded funds may be used for inventory; the purchase of machinery, equipment, furniture and fixtures; working capital; and/or reimbursement of the cost to attend the entrepreneurial training program.

Small business owners and entrepreneurs who wish to learn more about the application process can attend the meeting in Room 101 at Bethlehem Town Hall, visit the Microenterprise page on the town website or contact Robin Nagengast in Supervisor John Clarkson's office.

## Spring Recycling Fest date announced

By ALI HIBBS  
hibbsa@spotlightnews.com

**BETHLEHEM** — The Town of Bethlehem has partnered with several non-profit organizations and a trio of local businesses to host the third annual “Spring Recycle Fest” on Saturday, April 8, from 10 a.m. to 1 p.m. at the Elm Avenue Park at 261 Elm Ave. in Delmar.

The following items will be collected for recycling or, where possible, reuse:

- Clothing and textiles
- Books
- Electronics (no computer monitors)
- Appliances
- Scrap metal
- Secure document shredding/and paper recycling (limit of three medium-sized boxes per household)
- Knitting/sewing supplies
- Plastic toys

“We are excited to be partnering with Up-Stitch this year, a new local non-profit effort to collect and reuse sewing and knitting supplies,” said Bethlehem Recycling Coordinator Dan Lilkas-Rain.

“And we are also now collecting used hard plastic toys

of all kinds for reuse, thanks to the American Clothing Recycling Company. Those toys that are not able to be reused will be recycled for their plastic,” he said. Toys that have been shattered, melted or contaminated with oil or paint will not be accepted.

The free event is open to all area residents (secure document shredding is restricted to town and Bethlehem CSD residents with ID). A \$5 donation to the Bethlehem Central School District's Environmental Programs is required for items in the electronics, appliances and scrap metal categories.

The event is a collaboration between the Town of Bethlehem; Bethlehem Central School District Green Team; the Delmar Farmer's Market; Grassroot Givers; Up-Stitch, American Clothing Company; JGS Recycling; Cascade Recovery and 3N Document Destruction.

For more details about recycling in the Bethlehem, visit [townofbethlehem.org/recycling](http://townofbethlehem.org/recycling) or call Lilkas-Rain via email at or by phone at 439- 4955 ext. 1510.

For details about the BCSD Green Team, visit [bethlehemschools.org/green-team/](http://bethlehemschools.org/green-team/).

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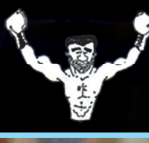
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April 5, 2017



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## LOCAL SPORTS

# Dashing through Delmar

Albany man wins  
29th running



**DELMAR** – Aaron Lozier, of Albany, won the 29<sup>th</sup> running of the Delmar Dash on Sunday, April 2, finishing the five-miler with a time of 26:20.

Second was 16-year-old Cameron Davis of Delmar with a time of 26:29 and Chuck Terry, a 34-year-old from Albany, came in third with a time of 26:38.

The first woman to cross the line was 22-year-old Christie Macfarlan, of Delmar, with a time of 30:23. Nicole Sablosky, a 29-year-old from Albany, came in second with a time of 30:42 and Kerry Flower, a 16-year-old from Schenectady, finished third with a time of 31:19.

More than 300 runners competed.

— Jim Franco

## ONLINE



## GALLERIES

Check us out online at spotlightnews.com to view photo galleries of your favorite local sports teams and athletes in action.

## Dash - Finish Line

by Bryant Asset Protection Inc. and Spotlight Newspaper



Left: Aaron Lozier crosses the finish line first with a time of 26:20. Right: Christie Macfarlan, the first woman to cross. Far right: Participants in the Kids' Run.

Photos by Jim Franco/Spotlight News



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## LEGALS

SSNY shall mail copy of process to: 73 Gullane Drive, Slingerlands, NY 12159. Purpose: any lawful purpose. D147419

**NOTICE OF FORMATION HEALTH BUSINESS SERVICES CONSULTANTS LLC** Articles of Org. filed NY Sec. of State (SSNY) 1/26/17. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 80 Madison Ave, Ste. 2B, NY, NY 10016, which is also the principal business location. Purpose: Any lawful purpose. D-147617

**Notice of Formation of Hedge-Hoggs Landscaping, LLC, a Domestic Limited Liability Company (LLC).** Articles of Organization filed with the Secretary of State of New York (SSNY) on 03/02/2017. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 12 Elmwood St., Schenectady, NY 12304. Purpose: any lawful purpose. D-146697

**NOTICE OF FORMATION of JA Management, LLC.** Art. of Org. filed with the SSNY on 1/18/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5864 Veeder Rd, Slingerlands, NY 12159. Purpose: Any lawful purpose. D-145320

**NOTICE OF FORMATION OF JUDGE TRANSIT MEDIA LLC, Arts. of Org.** filed with the SSNY on 03/08/2017. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Marty Judge, 1 Columbus Place, Ste N21E, NY, NY 10019. Purpose: Any Lawful Purpose. D-146411

## LEGAL NOTICE

Notice of formation of KRISTINE WILLIAMS ACUPUNCTURE PLLC, a Professional Limited Liability Company, Arts of Orgs filed with the SSNY on 11/01/16. Office location: Albany County. SSNY has been designated as agent for service of process. SSNY shall mail to: C/O the PLLC, 27 Oldox Rd, Delmar NY 12054. Purpose: Any lawful activity. Ad#147326

**Notice of Formation of L&X Associates, LLC, a Domestic Limited Liability Company (LLC).** Articles of Organization filed with the Secretary of State of New York (SSNY) on 02/16/17. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 90 State

## LEGALS

Street, STE 700 Office 40, Albany, NY 12207. Purpose: any lawful purpose. D-144482

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY Lark Yoga, LLC** (Under Section 206 of the Limited Liability Company Law) NOTICE IS HEREBY GIVEN, that the above named Limited Liability Company has been formed for the transaction of business in the State of New York and elsewhere.

1. The name of the Limited Liability Company is Lark Yoga, LLC.

2. The Articles of Organization were filed with the Secretary of State for the State of New York on March 8, 2017.

3. The county within the State of New York in which the office of the Limited Liability Company is to be located is Albany County.

4. The Secretary of State of the State of New York has been designated as the agent for the Limited Liability Company upon whom process in any action or proceeding against it may be served, and the address to which the Secretary of State shall mail a copy of the process in any action or proceeding against the Limited Liability Company which may be served upon it is Harris Beach PLLC, 677 Broadway, Suite 1101, Albany, New York 12207, Attention: Justin S Miller, Esq.

5. The character of the business to be transacted by the Limited Liability Company is to engage in any activity for which limited liability companies may be organized under the Limited Liability Company Law. D-146673

**NOTICE OF FORMATION of an LLC: Lash Dolls By Amanda, LLC** Articles of Organization were filed with the Secretary of State of New York (SSNY) on January 31, 2017. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served, SSNY shall mail a copy of Process to the LLC, at 3008 Morgan Court, Schenectady, NY 12306. Purpose: for any lawful purpose. D-145292

**NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY** Name: LJC27, L.L.C. Articles of Organization filed with sec. of state of NY(SOS) on 2/23/17. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to c/o Nigro Companies, 20 Corporate Woods Blvd, Albany, NY 12211. Purpose: Any lawful act or activity. D-144995

**Notice of Formation of MIGSO PROPERTY HOLDINGS, LLC, a Domestic Limited Liability Company (LLC).** Arti-

## LEGALS

cles of Organization filed with the Secretary of State of New York (SSNY) on 01/31/2017. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: The LLC, 129 Dana Ave, 2<sup>nd</sup> floor, Albany, Ny 12208. Purpose: any lawful purpose. D-147248

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY.

Name: MYZ TRANSPORTER LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/02/2014. Office location: ALBANY County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 3 Grapevine Pl, Latham, NY 12110. Purpose: For any lawful purpose. Ad#147335

**Notice of Formation of Nasma Of New York Cultural Center, LLC, a Domestic Limited Liability Company (LLC).** Articles of Organization filed with the Secretary of State of New York (SSNY) on 12/1/2016. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 90 State Street STE 700 Office 40 Albany, NY 12207. Purpose: any lawful purpose. D-147535

## NOTICE OF QUAL. OF NATIONAL HOME &amp; AUTO INSURANCE AGENCY, LLC

Authority filed with the SSNY on 11/23/2016. Office loc: Albany County. LLC formed in MD on 01/30/2015. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: 11350 McCormick Road Executive Plaza 3 Suite LL9, Hunt Valley, MD 21031. Address required to be maintained in MD: 11350 McCormick Road Executive Plaza 3 Suite LL9 Hunt Valley MD 21031. Cert of Formation filed with MD Dept. of Assessments & Tax, 301 W. Preston St., Baltimore, MD 21201. Purpose: Any Lawful Purpose. D-147571

## NOTICE OF FORMATION OF NZA VENTURES LLC, Arts. of Org. filed with the SSNY on 12/29/2016. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 645 Washington Avenue, Albany, NY 12206. Reg Agent: Johnson Hashim Din, 645 Washington Avenue, Albany, NY 12206. Purpose: Any Lawful Purpose. D-145211

## LEGALS

**Notice of Formation of a Limited Liability Company (LLC):** Name: PAUL C. BROWN CONSULTING LLC, Articles of Organization filed with the Secretary of State of New York (SSNY) on 03/14/2017. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: C/O PAUL C. BROWN CONSULTING LLC, 3168 East Lydius St., Schenectady, NY 12303. Purpose: Any Lawful Purpose. Latest date upon which LLC is to dissolve: No specific date. D-147245

## NOTICE OF APPLICATION FOR AUTHORITY OF FOREIGN LIMITED LIABILITY COMPANY ("FLLC").

Name: Poseidon Renewable Project, LLC. Application for Authority filed with the Secretary of State of New York (SSNY) on December 20, 2016. Jurisdiction of organization is the State of Delaware. Date of organization is April 29, 2016. Office location of the FLLC in this state: Albany County. SSNY designated as agent of FLLC upon whom process against it may be served. SSNY shall mail a copy of process to New York Registered Agent, LLC, 90 State St., Suite 700, Albany, NY 12207. The office required to be maintained in the FLLC's jurisdiction of formation or its principal office is Company Express (Delaware) Limited, 910 Foulk Road, Suite 201, Wilmington, DE 19803. The authorized officer in the FLLC's jurisdiction of formation where a copy of its articles of organization is filed is Secretary of the State of Delaware, 401 Federal Street, Suite 4, Dover, DE 19901. Purpose: any lawful purpose. D-147788

## PUBLIC NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is PRIMEAU BROTHERS, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 01/12/2017. New York office location: Albany County. SSNY has been designated as agent of LLC upon whom process may be served. SSNY shall mail a copy of any process to the LLC, 9 High Street, Cohoes, New York 12047. Purpose any lawful activity. D-144756

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is R-GREENSCAPES, LLC. The filing date of the Articles of Organization is March 16, 2017. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is the designated agent of the

## LEGALS

LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process is 80 Alpine Drive, Latham, New York 12110 D-147838

**NOTICE OF FORMATION REMODEL NOW " LLC ", Arts. of Org. filed with the SSNY on 03/03/2017.** Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Carl H. Godfrey Jr, 27 Leverage Ave, Cohoes, NY 12047. Purpose: Any Lawful Purpose. D-146855

**Notice of Formation of RIPLEY DNP, LLC.** Arts. of Org. filed with the Sect'y of State of NY (SSNY) on 02.27.17. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, Couch White, LLP, 540 Broadway, PO Box 22222, Albany, NY 12201-2222. Purpose: any lawful act. D-145611

## NOTICE OF FORMATION of Limited Liability Company ("LLC")

Name: SALON COCO A SALON AND SPA., LLC. Articles of Organization filed with the Secretary of State of New York ("SSNY") on 1/9/2017. Office Location: Albany County. The "SSNY" is designated as agent of the "LLC" upon whom process against it may be served. "SSNY" shall mail a copy of any process to the LLC at: SALON COCO A SALON AND SPA., LLC 1190 Western Ave, Albany NY 12203. Purpose: Any lawful purpose. Latest date upon which LLC is to dissolve: No specific date. D-146587

**NOTICE OF FORMATION of SKYWAVEFLOORS ARE US LLC** Articles of Org. filed NY Sec. of State (SSNY) 3/17/17. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 1098 Blake Ave., Brooklyn, NY 11207, which is also the principal business location. Purpose: Any lawful purpose. D-146992

**SUPPLEMENTAL SUMMONS Index No. 183/16 STATE OF NEW YORK SUPREME COURT - COUNTY OF ALBANY** HOUSEHOLD FINANCE REALTY CORPORATION OF NEW YORK, Plaintiff,

-vs- EDWARD RAFFERTY; KATHRYN RAFFERTY; PAMELA RAFFERTY; KIMBERLY MYERS A/K/A KIMBERLY MYERS-BURROWS; THE HEIRS AT LARGE OF VELMA RAFFERTY, DECEASED, and all persons who are husbands, widows, grantees, mortgagees, lienors, heirs,

## LEGALS

devises, distributees, successors in interest of such of them as may be dead, and their husbands and wives, heirs, devisees, distributees and successors of interest of all of whom and whose names and places are unknown to Plaintiff, Mortgaged Premises: 1356 STATE ROUTE 143, COEYMANS HOLLOW, NY 12046

Defendants. TO THE ABOVE NAMED DEFENDANT(S): YOU ARE HEREBY SUMMONED to answer the Complaint in this action and to serve a copy of your answer, or, if the Complaint is not served with this Summons, to serve a notice of appearance, on the plaintiff's attorney within twenty (20) days of the service (or within 30 days after service is complete if this Summons is not personally delivered within the State of New York). The United States of America, may answer within 60 days of service hereof; and in case your failure to appear or answer judgment will be taken against you by default for the relief demanded in the Complaint.

## NOTICE

YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving a copy of the answer to the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home.

Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending payment to your mortgage company will not stop this foreclosure action.

YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

These pleadings are being amended to include KIMBERLY MYERS A/K/A KIMBERLY MYERS-BURROWS. ALBANY County is designated as the place of trial. The basis of venue is the location of the mortgaged premises. Dated: JANUARY 19, 2016

MARK K. BROYLES, ESQ. FEIN, SUCH & CRANE, LLP Attorneys for Plaintiff 28 East Main Street, Suite 1800 Rochester, New York 14614 Telephone No. (585) 232-7400

**NATURE AND OBJECT OF ACTION** The object of the above action is to foreclose a mortgage held by the Plaintiff recorded in the County of ALBANY, State of New York as more particularly de-

## LEGALS

scribed in the Complaint herein.

The premises is described as follows: ALL THAT TRACT OR PARCEL OF LAND, situate, lying and being at Coeymans Hollow in the Town of Coeymans, Albany County, N.Y., bounded and described as follows viz: BEGINNING at the northwest corner of the School House lot of District No. 7 in the Town of Coeymans, running thence in a westerly direction along the lands formerly owned by Maria ten Eyck, now deceased, to the lands formerly owned by Maria Ten Eyck, now deceased, to the lands of Stephen Lawson, thence in a northerly direction along said Stephen Lawson's land to a stone post set in the ground at the brink of the hill, thence in an easterly direction along the brink of the hill to another stone post set in the ground, thence southerly to the place of beginning, containing about two acres of land be the same more or less.

ALSO, ALL THAT TRACT OR PARCEL OF LAND, with the buildings thereon, situate, lying and being in the Town of Coeymans, in the County of Albany, and State of New York, bounded and described as follows, viz: On the east by the school house lot of School District Number seven in the Town of Coeymans, on the south by the Coeymans and Westerly Plank Road, on the west by lands of Stephen Lawson and on the north by the lands of Alden Nodine containing one (1) acre of land be the same more or less; EXCEPTING from the above described premises that portion thereof conveyed to the City of Albany be deed dated February 10th, 1930 recorded February 14th, 1930, in Book 815 of Deeds at Page 292.

Mortgaged Premises: 1356 STATE ROUTE 143, COEYMANS HOLLOW, NY 12046 Section/Block/Lot: 166-1-26 on the land and tax map of the Town of Coeymans, County of Albany, State of New York D-147515

**SUPREME COURT STATE OF NEW YORK COUNTY OF ALBANY SUMMONS WITH NOTICE** Index No. 5896-14 RJ No.: Assigned Judge: Hon. David A. Weinstein, J.S.C. CITIZENS BANK, N.A., Plaintiff,

-against- STEPHEN LEONARD a/k/a STEPHEN C. LEONARD, VENLUE WILLIAMS LEONARD, DIONEGENES R. RUFFIN, RBS CITIZENS, N.A. s/b/m to Charter One Bank, N.A., ARBOR HILL DEVELOPMENT CORP., MAY DEPARTMENT STORES CO., MIDLAND FUNDING NCC-2 CORP., OMNI CREDIT SERVICES OF S.E. FLORIDA INC., and "JOHN DOE #1" through "JOHN DOE #12", the last twelve names being fictitious

and unknown to plaintiffs, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the premises described in the complaint, Defendants. TO STEPHEN LEONARD a/k/a STEPHEN C. LEONARD: YOU ARE HEREBY SUMMONED and required to serve upon plaintiff's attorneys an answer to the complaint in this action within twenty (20) days after the service of this summons, exclusive of the day of service, or within thirty (30) days after service is complete if the summons is not personally served upon you within the State of New York. The United States, if designated a defendant on this action, may appear or answer within sixty (60) days of service. In case of your failure to answer, judgment will be taken against you for the relief demanded in the complaint. The basis of the venue designated is that the mortgaged property is located in Monroe County. Dated: March 15, 2017 COOPER ERVING & SAVAGE LLP Albany, New York BY:/s/Michael A. Kornstein Michael A. Kornstein, Esq. Attorneys for Plaintiff 39 North Pearl Street, 4th Floor Albany, New York 12207 (518) 449-3900 TO: STEPHEN LEONARD a/k/a STEPHEN C. LEONARD: The foregoing summons is served upon you by publication pursuant to an Order of the Hon. David A. Weinstein, Acting Justice of the Supreme Court of the State of New York, dated the 1st day of March, 2017, and filed with the complaint and other papers in the Office of the Clerk of Albany County. This is an action for foreclosure of a mortgage made by Stephen Leonard a/k/a Stephen C. Leonard, to Citizens Bank, N.A. in the original amount of \$29,300.00 with interest, dated August 27, 2003, recorded October 27, 2003, in the Albany County Clerk's Office in Liber 4532 of Mortgages at Page 700. The relief sought is the foreclosure of the mortgage lien and the public sale of the mortgaged premises and in case of your failure to appear, judgment may be taken against you extinguishing any interest or judgment lien you may have in the mortgaged premises. The premises indexed in this action are described and commonly known as 90 Bradford Street, City of Albany, Albany County, New York (Tax Map No. 65.63-3-41). A complete legal description is as follows: \*\*See Schedule Annexed\*\* Dated: Albany, New York March 15, 2017 COOPER ERVING &



## LOCAL NEWS

# Students help build well in Africa

By ALI HIBBS

hibbsa@spotlightnews.com

**BETHLEHEM** - On March 22, at Slingerlands Elementary School, students and staff kicked off a global community outreach project to raise money to build a water well in Chad, Africa. The launch coincided with World Water Day, recognized annually to bring attention to the hundreds of millions of people worldwide living without a safe water supply close to home.

The idea was introduced by students, sisters Melike and Nihil Yegit, who, along with teachers Jen Gough and Maria Qualtere, helped put together a school-wide assembly where they described and demonstrated how children in some areas of the world often have to travel far to find clean water to drink. These children often miss school because they have to travel for hours each day to reach a clean source of

drinking water, they said.

The Yegits, Gough and Qualtere decorated a small "well" to be set up in the main hallway at Slingerlands Elementary School where the school community will collect spare change in an effort to raise \$500 to support construction of the well.

"Several students come to school with great ideas of how to help people in need," said Principal Heidi Bonacquist. "This year, we asked students to write proposals for their fundraising ideas. As a school effort, we chose the Yegit sisters' proposal to help build a drinking well for children in Chad."

"Our next effort will involve helping support the needs of refugees and next fall we will lend support to the South End Children's Cafe in Albany."

Bonacquist said the school will be working with the organization Embrace Relief on the water well effort. In addition to collecting

spare change at the school, there is an online link for people to make donations to help raise funds to build the well for children in Chad, Africa.

"Although it costs \$4,500 to build a well, our school's goal is \$500," said Bonacquist. "Once we have reached this goal, Embrace Relief will send a certificate to the school recognizing the Slingerlands Water Well in Chad."



Melike and Nihil Yegit along with Slingerlands Elementary School teachers Jen Gough and Maria Qualtere.

Photo submitted



## A first hand look

**GUILDERLAND** - For the 18th year, children and families took a Journey Through the Body. Coordinated by clinicians at St. Peter's Health Partners, larger than life sized exhibits demonstrated how different body parts function and how lifestyles affect them. This year's journey was held at Crossgates Mall on Friday, March 31 and Saturday April 1.

Photo by Jim Franco/Spotlight News

### LEGALS

**SAVAGE LLP**  
BY:s/Michael A. Kornstein  
Michael A. Kornstein, Esq.

Attorneys for Plaintiff  
39 North Pearl Street,  
4th Floor  
Albany, New York 12207  
(518) 449-3900

### SCHEDULE A DESCRIPTION OF MORTGAGED PREMISES

All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being on the southerly side of Bradford Street, and the northerly side of West Street between Robin Street and North Lake Avenue, in the City of Albany, County of Albany and State of New York, being known as Street Numbers 90 Bradford Street and 21 West Street, bounded and described as follows: On the South by West Street; on the West by land now or formerly said to belong to one Waldorf; on the North by Bradford Street; and on the East by lands now or formerly owned by Dennis Carey; the premises hereby conveyed being Twenty-Eight (28) feet four (4) inches wide, front and rear, and One Hundred Sixteen (116) feet deep and extending from Bradford Street to West Street.  
D-146667

**Swidi, LLC.** Arts. of Org. filed with Secy. Of State of NY (SSNY) on 3/6/2017. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to:

To place your Legal  
Notice: Call 439-4949

### LEGALS

407 Park Ave South, 9E,  
New York, NY 10016.  
Purpose: Any lawful activity.  
D-146266

**Notice of formation**  
of The Trading Table, LLC. Articles of Org. filed with NY Secretary of State (NS) on 2/24 / 2017, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to Northwest Registered Agent, LLC at 90 State Street STE 700 Office 40 Albany NY 12207, Northwest Registered Agent, LLC is designated as agent for SOP at 90 State Street STE 700 Office 40 Albany NY 12207 purpose is any lawful purpose.  
D-145893

### Foreign LLC Notice of NY Publication

Pursuant to Section 802 of the Limited Liability Company Law  
TRIMKE1, LLC App. For Auth. filed NY Dept of State 3/2/2017. Juris and date of org: DE 2/15/17. County of loc: Albany Cty. Princ. bus. loc. 113 Brightonwood Rd., Glenmont, NY 12077. Sec. of State designated as agent of foreign LLC upon whom process against it may be served. The Sec. of State shall mail a copy of process to the LLC 113 Brightonwood Rd., Glenmont, NY 12077. Addr. of Foreign LLC in DE is 850 New Burton Rd, Ste 201, Dover, DE 19904. Auth. Officer in DE where Cert of Form. filed: Jeffrey W. Bullock, Sec. of State of the State of DE, Division of Corporations, P.O. Box 898, Dover, DE 19903. Purpose: All legal purposes. Filer: Lavelle & Finn, LLP, 29 British American Bl., Latham, NY 12110  
D-146060

### LEGALS

**Notice of Formation**  
of UNIVERSAL CARE TRANSPORTATION LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 02/28/17. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 35 GRAFFIN DR, Latham, NY 12110. Purpose: any lawful purpose.  
D-146118

**NOTICE OF FORMATION**  
of Upstate Dwellings, LLC. Filed with SSNY on 3/6/17. Office: Albany County. SSNY designated as agent for process & shall mail to: 92 Mason Road Delmar NY 12054. Purpose: Any lawful  
D-145823

**Notice of Formation**  
of Vitality Homes + Properties LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 12/20/2016. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 916 South Pine Hill Dr., Schenectady, NY 12303. Purpose: any lawful purpose.  
D-146265

**VOORHEESVILLE CENTRAL SCHOOL DISTRICT  
NOTICE OF PUBLIC HEARING, BUDGET VOTE, AND ELECTION**  
NOTICE IS HEREBY GIVEN THAT a public hearing of the qualified voters of Voorheesville Central School District, County of Albany, State of New York will be held

### LEGALS

on May 8, 2017 at 7:30 p.m. in the Library of the Clayton A. Bouton High School in said district for the presentation of a budget for the school year 2017-2018.

AND NOTICE IS ALSO GIVEN that the Annual District Meeting will be held on Tuesday, May 16, 2017 in the Voorheesville Middle School Foyer. The polls will open at 2:00 p.m. Eastern Daylight Saving Time and voting will proceed until 9:00 p.m. on the following:

1. To elect two members of the Board of Education for a 4-year term terminating June 30, 2021, to fill the vacancy created by the expiration of the terms of Cheryl L. Dozier, and C. James Coffin.

2. To vote on the Annual School Budget and the appropriation of the necessary funds to meet the estimate of expenditures, and to authorize the levy of taxes for this purpose.

AND NOTICE IS ALSO GIVEN that said Annual District Election and Budget Vote to be held on May 16, 2017, the following propositions will be submitted:

**PROPOSITION #1:  
PURCHASE OF BUSES:**  
RESOLVED, that the Board of Education of the Voorheesville Central School District is hereby authorized to pay the cost of the purchase of school buses, including incidental expenses, at a maximum estimated cost of \$230,000, and that said amount, or so much thereof as may be necessary, shall be raised by the levy of a tax upon the taxable property of said School District and collected in annual installments as provided by Section 416 of the Education Law;

### LEGALS

and, in anticipation of such tax, obligations of said School District shall be issued.

**PROPOSITION #2:  
CAPITAL RESERVE FUND:**

RESOLVED, that the Board of Education approves the following proposition and directs that it be placed before the voters at the May 16, 2017 District meeting:

Shall the Board of Education be authorized to establish a capital reserve fund, designated as the Building Project Reserve Fund, in accordance with Education Law § 3651(1), for the purpose of paying the cost of future building projects, in a maximum amount not to exceed \$2,000,000 to be raised by annual transfer of unexpended fund balances in the maximum amount of \$500,000 per annum, for a probable term of ten (10) years, effective immediately and expiring June 30, 2026, provided that, pursuant to Education Law § 3651(3), no expenditure shall be made from such fund except upon authorization of the voters of the District for the purposes specified herein.

NOTICE IS HEREBY FURTHER GIVEN that the text of the foresaid proposition may appear on the ballot labels in the following abbreviated form:

**PROPOSITION**  
RESOLVED, that the Board of Education be authorized to establish a capital reserve fund, designated as the Building Project Reserve Fund, in accordance with Education Law § 3651(1), for the purpose of paying the cost of future building projects, in a maximum amount not to exceed \$2,000,000 to be raised by annual

### LEGALS

transfer of unexpended fund balances in the maximum amount of \$500,000 per annum, for a probable term of ten (10) years, effective immediately and expiring June 30, 2026, provided that, pursuant to Education Law § 3651(3), no expenditure shall be made from such fund except upon authorization of the voters of the District for the purposes specified herein.

AND NOTICE IS ALSO GIVEN that a copy of the statement of the amount of money which will be required for the ensuing year for school purposes, exclusive of public money, may be obtained by any taxpayer in the district during the fourteen days immediately preceding the Annual Meeting, except Saturday, Sunday or holiday, at the following schoolhouses in which school is maintained during the hours designated:  
Schoolhouses / Hours  
Voorheesville Elementary School  
8:30 a.m. to 3:00 p.m.  
Voorheesville Middle School  
8:30 a.m. to 3:00 p.m.  
Clayton A. Bouton High School  
8:30 a.m. to 3:00 p.m.

AND NOTICE IS ALSO GIVEN that petitions nominating candidates for the office of member of the Board of Education must be filed with the Clerk of the district not later than the close of business on April 17, 2017. Each petition must be directed to the Clerk of the district, must be signed by at least twenty-five (25) qualified voters of the district, must state the name and residence of the candidate and must describe the specific vacancy for which the can-

### LEGALS

didate is nominated including at least the length of the term of office and the name of the last incumbent.

AND NOTICE IS ALSO GIVEN that a public hearing of the qualified voters of Voorheesville Central School District, County of Albany, State of New York will be held on Monday, May 15, 2017 at 7:00 p.m. in the Voorheesville Public Library for the presentation of the Public Library budget for the year 2017-2018.

AND NOTICE IS ALSO GIVEN that, as part of and contemporaneous with the Annual District Meeting, a vote will be held for the Voorheesville Public Library on the following:

1. To elect one member of the of the Library Board of Trustees for a term of five years ending on June 30, 2022 to fill the vacancy created by the expiration of the term of Janna Shillinglaw.

2. To vote on the annual Public Library budget and the appropriation of the necessary funds to meet the estimate of expenditures, and to authorize the levy of taxes for this purpose.

AND NOTICE IS ALSO GIVEN that letters requesting application for absentee ballots may be received by the District Clerk not earlier than the thirtieth (30th) day nor later than the seventh (7th) day before the election. Requests should be addressed to: Clerk, Board of Education  
Voorheesville Central School District  
P.O. Box 498

To place your Legal  
Notice: Call 439-4949

### LEGALS

Voorheesville, NY 12186  
Dated: March 29, 2017  
Jessica Tabakian  
District Clerk  
D-147316

### NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY

Name: Wilton Square Associates, L.L.C. Articles of Organization filed with sec. of state of NY (SOS) on 3/22/17. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to c/o Nigro Companies, 20 Corporate Woods Blvd, Albany, NY 12211. Purpose: Any lawful act or activity.  
D-147361

### NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC).

Name: WSA EG LLC. Articles of Organization filed with NY Secretary of State, February 23, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to 255 Washington Avenue Ext., Albany, NY 12205.  
D-145303

### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY.

NAME: ZEESHA REALTY LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/13/2014. Office location: ALBANY County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 6 BROWAY LATHAM NY 12110. Purpose: For any lawful purpose.  
D-147358



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Jim Franco @francospotlight

EDITORS: Michael Hallisey @mh\_Spotlight

April 5, 2017

# Spotlight on Opinion

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and guest opinions online  
at [www.spotlightnews.com/news/opinion](http://www.spotlightnews.com/news/opinion).



## FROM THE EDITOR'S DESK

# An unenviable position

Last week's news of the recollect in Bethlehem struck a nerve with local residents. Since last week's edition, Laurie Lambertsen, the town's assessor, sent us a statement to clarify her department's intentions through this upcoming process. Below is that statement, in its entirety:

*At the March 22 Town Board meeting I left the impression that the firm assisting with the residential inventory recollection work would be asking to enter all houses. That will not happen. The appraisers will knock on doors to identify themselves when on a homeowner's property, only after homeowners have been notified that they will be in the neighborhood. Basically they will be measuring the outside dimensions of the house, and they may confirm some information if a homeowner is present, but they will NOT ask to go inside to count rooms, bathrooms, etc. As Assessor, I may request an interior inspection if there is a big disparity between the current inventory on file and what was recollected, but the homeowner's permission would be needed. I'll present a*

*more complete description of how this process will work at the next board meeting, as will have a written description available online. We want to have everyone's data recorded correctly, because it's unfair if someone's taxes are based on an inaccurate description of their property. But this isn't a reassessment, and homeowners values only will be changed if major discrepancies are found.*

Laurie Lambertsen  
Sole Assessor  
Town of Bethlehem

When it comes to town politics, we don't envy the jobs of the town supervisor, board members, or that of Ms. Lambersten's. Every step taken to do the right thing always has an opponent standing in the wings to criticize. So, when something is misspoken, or left to interpretation, those opposing voices grow louder.

The backlash was swift last week, and the town's subsequent reaction was equally as quick. We'll reiterate what we wrote last

week — the timing stinks. At least, the timing is unfortunate for Supervisor John Clarkson. The unpopular reassessment from a few years ago is still fresh in residents' minds. With the process, as it was initially described, sounding similar to procedures usually reserved under reassessments, it is no wonder another presentation is scheduled for the next town board meeting. It's a situation that needs clarifying well before November.

Next Wednesday, April 12, Ms. Lambersten stands before the town board again to explain. It's not a reassessment. Not the one town residents remember a few years ago. This go around, the town is taking inventory of its information. Staying outside, and collecting property dimensions. In regards to timing, it something the town hasn't done in approximately 25 years. Nonetheless, the need for this process will be shared on the 12th. We anticipate more residents in attendance to hear it directly from the town.

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## STATE NEWS

# Advocates urge Cuomo to support Farm to Food Bank

By ALI HIBBS  
[hibbsa@spotlightnews.com](mailto:hibbsa@spotlightnews.com)

**ALBANY** - A broad coalition of New York legislators, farmers, anti-hunger and environmental advocates asked Gov. Andrew Cuomo to "step up to the dinner plate" and include funding for the Farm to Food Bank bill in the final state budget. The group held a joint press conference at the Capitol on Wednesday, March 22.

The bill, which has overwhelming bipartisan support among legislators, would provide a refundable tax credit to farmers of 25 percent of the wholesale value of donated food, up to \$5,000 annually. The money is intended to offset

the cost of transporting fresh food from farms to regional food banks and pantries across the state. It has twice been vetoed by Cuomo, who expressed support for the intent of the bill, but objected to the fact that it was passed outside of the budget process.

This year, the bill once again passed the Senate, and it was included in both the Senate and Assembly's one-house budget resolutions.

"Our Farm to Food Bank program is a win-win for local farmers and at-risk families, yet the governor has twice vetoed this common-sense solution to help feed our hungry," said Sen. Rich Funke, the bill's Senate sponsor. "We do agree with

the governor that a proposal like this really belongs in the state budget, which is why we worked hard to include it in the Senate budget proposal passed last week."

In 2016, New York farmers donated 13.2 million pounds of food, the equivalent of more than 10 million meals, to regional food banks in New York through Harvest for All, a Feeding America program. Only California donated more, with a total of 15.1 million pounds.

"Hard times should not mean making hard choices about the food you put on the family dinner table," said Assemblyman Francisco P. Moya, sponsor of the Assembly bill. "Not in New York; not when New York's farmers have an

abundance of extra food they're willing to donate. The costs of bringing these crops to our food banks and pantries have needlessly stood in the way of feeding families in need, and until we help farmers cover some of these costs, we'll continue to allow good food to go to waste."

"Farmers have long demonstrated their generosity by collaborating with their regional food banks," said Chris Kelder, owner of Kelder's Farms in Kerhonkson, and a state director of New York Farm Bureau. "But this bill will support even greater donations and help New Yorkers who can least afford local food to feed their families a nutritious meal."

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LETTERS TO THE EDITOR

# Recollect just a power grab by town

Dear Editor,  
 In 2013, the Town Board attempted to take away our citizens right to elect the town's highway superintendent. The voters quickly took care of that power grab.  
 Last year, the Town Board seized the authority to force property owners to maintain their properties to a standard set by town law. Failure to do so would give government a lien on the property.

Now, Assessor Madam Laurie Lambertsen wants to go into your bedroom and take whatever pictures they decide to take, as approved by four members of the Town Board.  
 A man's home is his castle and he doesn't need government looking down his back for nickels and dimes. If Laurie or her representatives want to photograph my bedroom, they better come armed with a search warrant or they will be waiting on my front porch.

However, they will be welcome to take any and all measurements or pictures of the outside of my home.  
 The subject of power grab comes to mind.

*Kenneth Hahn  
 North Bethlehem*

*Editor's Note: The town has since clarified the process it will follow regarding the recollect. Please see the corresponding story on page A3.*

# Sell old school to County Sheriff

Dear Editor,  
 I attended the March 8, 2017 meeting of the Bethlehem Central School District. I was the last person to speak about the Clarksville School. I stated that to keep the building viable was to have a permanent resident.  
 Since it is not going to be used as a school again, the best residents would be the Albany County Sheriff's Department. Sheriff Craig Apple and his deputies have good plans for the building as is stated in the March 22, 2017 issue of *The Spotlight*.  
 I applaud the keeping of the historical markers of the school here in Clarksville. This school was built after Second World War. It was the first one in New York state to be built using scientific plans no a

school building. From the windows to the structure other school districts used the plans to build their schools. They still come to see the historical markers. I think they would appreciate a Sheriff's department being there. This would be a "win-win" situation for everyone concerned.  
 By the way, "Clifford, the Big Red Dog," would make a great mascot.

*Mary VanAlstyne  
 Clarksville*



The Spotlight welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. The Spotlight reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to news@spotlightnews.com. The deadline for all letters is noon Friday prior to publication.

The Spotlight also welcomes longer opinion pieces for the Point of View section.

For information on submitting a Point of View, email news@spotlightnews.com or call 439-4949.

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### Wine vs. Gym

Our health and fitness columnist shares what you need to know about a recent study.

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## ENTERTAINMENT

### PICK OF THE WEEK



### Into the Woods

Park Playhouse continues with its production of Stephen Sondheim's play. The show opened on Friday, March 31 and concludes with a Sunday matinee, April 9 at 2 p.m.

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### INSIDE



### Arts calendar

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# Taking the lead

Justin Henricks steps into role of bandleader for Wurliday

By PETE MASON

[nysmusic.com](http://nysmusic.com)

Justin Henricks is taking on a new role as a band leader. The Hart School graduate and Averill Park native will release "Bedtime Blazer" this May, the first EP for his new project Wurliday.

As he leads his first band, Henricks finds himself poised for the next step in a career that has thus far found him as a key player best known for his guitar work in Beau Sasser's Escape Plan, Way Down and The Chronicles. Henricks has played guitar all his life and considers Hartford to be a second home, thanks in part to the music scene that includes Arch Street Music Hall, West End Blend and Boo-yah Funk Night, while back home in Albany, Henricks hosted funk night at City Beer Hall last year. NYS

Having played for Beau Sasser's Escape Plan, Way Down and The Chronicles, Justin Henricks is taking the lead with his own band, Wurliday.

Photo by Bryan Lasky / [nysmusic.com](http://nysmusic.com)

Continues on page B18



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**THE WAIT**

This week's subject looks over the Hudson Valley, and daydreaming of "better hiking days."




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## RECENTLY ANNOUNCED

# Timeless culture brought to life

By **MARY SILVER**  
news@spotlightnews.com

**SCHENECTADY** — After warm responses to its 2016 World Tour, Shen Yun Performing Arts will give two performances of classical Chinese dance at Proctors Theatre on Saturday and Sunday, April 29 and 30.

On the verge of its tenth year, Shen Yun (pronounced Shen Yoon) continues to be a tale of firsts. The group, an unprecedented gathering of world-class dancers, choreographers, vocalists, and musicians, is blazing new cultural trails.

The firsts begin with the company's vision. Shen Yun started in 2007 with a vision of cultural renewal. The hope: to rekindle the best of China's classical dance heritage and share it with a broader audience.

"We want to provide our audiences with an experience of consummate beauty and goodness," says Timothy Wu, one of Shen Yun's principal dancers. "We want to bring out what is timeless and most precious from the culture."

In that spirit, the company seeks

to be more than merely entertaining. It explores some of the deeper facets of our shared humanity. The performances not only thrill, but educate, enlighten, and inspire.

Kryztyna Papp and Mark Campbell were very impressed when they saw the show. As a dancer, Papp said, "I'm glad to see this. I think it's beautiful." She said her favorite piece was the Mongolian Bowl Dance. "I just love what the whole show represents....I think it's really good that there's some very spiritually positive Chinese influence out there."

Campbell said the performance is an "extremely beautiful thing. It had some powerful messages in there."

### Classical Chinese Dance

Classical Chinese dance is a unique art form that dates back over 5,000 years. Ancient Chinese people used dance to pay respect to heaven, to appreciate life and the universe, and to praise kindness and virtue.

This dance heritage is particularly

comprehensive and abundant in its vocabulary. It is the cultural substance that imbues a dancer's movements with rich expressive power, which is capable of depicting all forms of beings, emotional expression, and even the context of an entire age.

### Story-Based Dances

Story-based dances are one of Shen Yun's trademarks. Such dances explore a range of themes from both the ancient and modern world. Some of the shows have portrayed heroism of China's greatest general, Yue Fei; followed the legendary heroine Mulan on her quest; and shown the courage and selflessness of modern Chinese seeking freedom. Such dances give each of its shows a dramatic intensity.

Besides solid techniques, the artist must have good mental cultivation to be able to let the movements be led by the inner spirit. Dancers and musicians

also perfect their moral character and willpower in order to portray the fundamental inner meaning of a divinely imparted culture.

Denise Collins and her husband Johnny also thoroughly enjoyed the performance.

"I've been very impressed with the show," said Mrs. Collins. "I've never really been fond of the Asian culture, but looking at the show I'm just totally in awe. The costumes—I'm a person of color, I just love bright colors. So the uniforms really impressed me. I'll be coming back."

"Me too," said Mr. Collins, who especially liked the drumming acts and one dance called "Watersleeves."

In its 2016 tour, Shen Yun Performing Arts staged 400 shows in over 30 countries on five continents, reaching a total live audience of over 1,000,000. For more information, visit [www.ShenYun.com/Schenectady](http://www.ShenYun.com/Schenectady) or call (800) 687-2218.



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**PICK OF THE WEEK**

# Modern classic at Cohoes

**COHOES** — Park Playhouse continues with its production of Stephen Sondheim's "Into the Woods," its second show as part of a year-round residency at the Cohoes Music Hall.

The show opened on Friday, March 31 and concludes with a Sunday matinee, April 9 at 2 p.m.

The cast of 15 Park Playhouse II students is comprised of some of the finest talent that the Capital Region has to offer. The cast ranges in age from 13-18 years old, and each of these students handle Sondheim's complex score with aplomb.

Sondheim and James Lapine take everyone's favorite storybook characters and bring them together for a timeless, yet relevant, piece — a rare modern classic. The Tony Award-winning book and

score are both enchanting and touching. The story follows a Baker and his wife, who wish to have a child; Cinderella, who wishes to attend the King's Festival; and Jack, who wishes his cow would give milk. When the Baker and his wife learn that they cannot have a child because of a Witch's curse, the two set off on a journey to break the curse.

Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results.

Tickets are \$25 for adults and \$15 for children 18 and under. Tickets can be purchased at the Cohoes Music Hall Box Office on 58 Remsen St. in Cohoes. Cohoes Music Hall Box Office hours are Monday through Friday 9 a.m. to 4 p.m. Tickets are

also available for purchase at the Palace Theatre Box Office at 19 Clinton Ave, by phone at (518) 465-4663 or online at [palacealbany.org](http://palacealbany.org).

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**WHAT'S HAPPENING**

### Beethoven's Ninth Symphony

Sunday, April 8, at Albany Palace Theatre

**ALBANY** — The Grammy Award winning Albany Symphony Orchestra will perform Beethoven's Ninth Symphony, Saturday, April 8, at the Palace Theatre.

It's a not-to-be-missed concert experience. Beethoven's Ninth provides a timeless message of humanity and brotherhood, including the monumental "Ode to Joy."

For tickets and information, visit [albansymphony.com](http://albansymphony.com) or call (518) 992-7905.

### "ChipandGus" — A Comedy with Balls

Thursday to Saturday, April 6 to April 8, at Proctors Theatre

**SCHENECTADY** — "ChipandGus — A Comedy with Balls" is coming to Proctors from Thursday, April 6 through Saturday, April 8 at 7:30 p.m. at 432 State Street in Schenectady.

ChipandGus follows two oddball acquaintances at their monthly ping-pong game in a rundown game room of a rundown sports bar in Schenectady, while buried secrets come to light.

Tickets are \$25. For more information call (518) 346-6204 or visit [www.proctors.org/events](http://www.proctors.org/events).

### Hamilton Street Jazz Duo

Saturday, April 7 at Yono's Restaurant

**ALBANY** — The Hamilton Street Jazz Duo will perform at Yono's Restaurant on Friday, April 7 and Saturday, April 8 from 6:30 to 10 p.m. at 25 Chapel Street in Albany. For more information call 518-436-7747 or visit [www.yonos.com](http://www.yonos.com).

### Latin Night with DJ Frankie Ramos

Friday, April 8 at Newberry Music Hall

**SARATOGA SPRINGS** — Newberry Music Hall will host Latin Night with DJ Frankie Ramos on Friday, April 8 from 9 p.m. to close at 388 Broadway in Saratoga Springs.

For more information call (518) 275-6897 or visit [newberrymusicall.com](http://newberrymusicall.com).

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# Night & Day

## Night — Downtown Albany Restaurant Week

ALBANY — Downtown Restaurant Week continues, concluding Friday, April 7.

Select restaurants in downtown Albany participate in what has become an annual event, each providing diners a delicious three-course meal valued at a minimum of \$35, for just \$20.17.

The list of participating restaurants include The Albany Pump Station, ama cocina, Cafe Capriccio, The Capital Bistro, Charter Restaurant at Hilton Albany, City Beer Hall, Dawn's Victory Sports Cafe, The Hollow Bar + Kitchen, Hudson Harbor Steak & Seafood, Jack's Oyster House, La Serre, The Merry Monk, Olde English Pub and Pantry, Parish Public House, Public House 42, V&R Italian Ristorante and Wellington's at Renaissance Albany.

For more information, including restaurant hours, visit [downtownalbany.org](http://downtownalbany.org).



## Day — Those Necessary Unmentionables: A History of Ladies' Under Ware

SCHENECTADY — The annual membership meeting for the Schenectady County Historical Society will broach the subject of women's "unmentionables" at the Mabee Farm Historic Site on Saturday, April 8, at 1:30 p.m.

While fashion changes from season to season with new looks becoming popular; there is nothing today like the radical manipulation of the female form that occurred through the centuries.

"Those Necessary Unmentionables: A History of Ladies Under Ware," focuses on the ever changing views on what society sees as the "perfect" woman's body. What was considered the perfect body in the 1680s was just the opposite by the end of the 18th century. While fashion certainly played a key role, it was the undergarments that shaped and supported the entire look.

Join underwear expert Marilyn Sassi for an illustrated talk discussing the ideal feminine figure as it evolved from the 1600s to the 1900s and the underwear beneath it all.

Admission is \$5 and free for SCHS members. As this is our annual SCHS membership meeting, refreshments will be served during the meeting at 1:30 pm, and Sassi's talk will begin at 2 pm. More info at [schenectadyhistorical.org](http://schenectadyhistorical.org).

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Benefitting ECC's Music Scholarship Fund & Habitat for Humanity of Schenectady County

Tickets: VIP \$20, General Admission \$15, Under 18 \$10, Seniors \$10  
To Purchase Tickets: (518) 233-1366 or [jmalone46@nycap.rr.com](mailto:jmalone46@nycap.rr.com)  
For More Info & to RSVP: [Facebook.com/ElectrifyTheNight](https://www.facebook.com/ElectrifyTheNight)  
[www.ElectricCityChorus.org](http://www.ElectricCityChorus.org) [www.KristinaLachaga.com](http://www.KristinaLachaga.com)

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BLAZE SEPOWSKI & DAVID DECKER



Named "2016 ALBUM OF THE YEAR" by KALEIDOSCOPE (WVCR 88.3 THE SAINT)

WHERE: IL FARO Restaurant & Bar  
WHEN: Friday, April 7th 5pm-9:30pm  
(Part of "First Friday @ IL FARO")

IL FARO restaurant & bar

ART SHOW OPENING (featuring Ryan Pooler)  
begins at 5pm with Wine Tasting, Happy Hour Specials,  
Album played at 7:30 in its entirety

# FREE ADMISSION

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## CLUBS

**9 Maple Avenue**

9 Maple Ave., Saratoga Springs.  
www.9mapleaven.com  
Fri: **Steve Lambert Quartet** | 9 p.m.  
Sat: **Jon LeRoy Trio** | 9 p.m.

**Albany Elks Lodge**

25 S. Allen St., Albany.  
Fri: **Lustre Kings** (swing dance) | 8 p.m.

**Albany Rail Yard**

1118 Central Ave., Albany. (518) 489-2990  
Every Wed: **Salsa Night** | 8:30 p.m.

**Aperitivo**

426 State St., Schenectady.  
(518) 579-3371  
Tue: **Jecco** | 5:30 p.m.

**Arthur's Market**

35 N. Ferry St., Schenectady.  
(518) 382-1938  
Every Thur: **Edith's Amazing Jam** | 6 p.m.

**Athos**

1814 Western Ave., Albany.  
(518) 608-6400  
Fri: **Jecco** | 7 p.m.

**Black Cat Ale House**

25 White St., Cohoes. (518) 238-3445  
Every Fri: **DJ** | 8 p.m.

**Caffè Lena**

47 Phila St., Saratoga Springs.  
(518) 225-0882  
Thur: **10 Strings and a Goatskin** | 7 p.m.  
Fri: **Fennig's All-Star String Band** | 8 p.m.  
Sat: **Frank Wakefield Band** | 8 p.m.  
Sun: **Ari Hest** | 7 p.m.  
Every Mon: **Open Mic** | 7 p.m.

**Carney's Tavern**

17 Main Street, Ballston Lake.  
(518) 280-7959  
Every Thur: **Matty Finn** | 6 p.m.  
Fri: **The Bremners** | 7 p.m.  
Sat: **Craig Todd** | 7:30 p.m.

**Castle Street Café**

10 Castle St., Great Barrington, Mass.  
(413) 528-5244  
Fri: **Rob Kelly, Rob Putnam, Jeff Stevens & Jay Bradley** | 7:30 p.m.  
Sat: **Armen Donelian Trio** | 7:30 p.m.

**Centre Street Pub**

308 Union St., Schenectady.  
(518) 393-2337  
Thur: **Mike Thomas** | 6 p.m.  
Fri: **Errorsmith** | 9 p.m.  
Sat: **Joe Nacco** | 9 p.m.

**City Beer Hall**

42 Howard St., Albany. (518) 449-2337  
Every Sat: **90s Dance Party** | 11 p.m.

**Club Helsinkii**

405 Columbia St., Hudson.  
(518) 828-4800 or helsinkihudson.com  
Fri: **Sarah Kilborne** | 8 p.m.  
Sat: **James McMurtry** | 9 p.m.

**Daily Grind**

46 Third St., Troy. (518) 272-8658  
Sun: **Sheiks of Third Street** | 12 p.m.

## ARTS CALENDAR



## These 'Four on the Floor' this Saturday

The Subdudes will perform at The Egg this Saturday night at 8 p.m. in support of their new acoustic album, "Four on the Floor." For more information or to purchase tickets, visit [www.theegg.org](http://www.theegg.org).

Photo courtesy of The Roots Agency

**Dolce Vita**

1727 State St., Schenectady.  
(518) 357-3324  
Every Fri & Sat: **Music and Dancing with Randy Loren** | 5 p.m.

**Dukes Chophouse**

Rivers Casino, 1 Rush St., Schenectady.  
Thur: **David Gleason** | 5:30 p.m.  
Fri: **Dylan Perillo** | 5:30 p.m.  
Sat: **Brian Parneau** | 5:30 p.m.  
Sun: **Peg Delaney** | 5:30 p.m.

**Eden Cafe**

269 Osborne Rd., Loudonville.  
(518) 977-3771  
Fri: **The Vic & Joe Show** | 7:30 p.m.  
Sat: **Warren Sieme** | 7:30 p.m.

**Emack & Bolio's**

366 Delaware Ave., Albany.  
(518) 512-5100  
Fri: **Nico Padden** | 7 p.m.  
Sat: **Tod Pronto** | 7 p.m.  
Every Tue: **Open Mic** | 7 p.m.

**Fuze Box**

12 Central Ave., Albany. (518) 703-8937  
Fri: **DJ Velloct, DJ R3CLU23, DJ BRIT3\_3Y3s, Mechno Sferatu** | 9 p.m.  
Sat: **'80s Night** | 9 p.m.

**Gaffney's**

16 Caroline St., Saratoga Springs.  
(518) 587-7359  
Fri: **Rat Tail Jimmy, Marcus Ruggerid** | 9 p.m.  
Sat: **Jeff Brisbin** | 6 p.m.  
**DJ Tony M** | 9 p.m.  
Every Tue: **Open Mic w/ Rick Bolton** | 8 p.m.

**Ginger Man**

234 Western Ave., Albany. (518) 427-5963  
Fri: **The Graham Tichy Trio** | 7 p.m.

**Grappa '72**

818 Central Ave., Albany. (518) 482-7200  
Wed & Thur: **Hamilton Street Jazz Company** | 6:30 p.m.  
Fri: **A-3** | 6:30 p.m.

**The Half Moon**

48 S. Front St., Hudson.  
thehalfmoonhudson.com  
Wed: **Vieux Farka Touré, Last Good Tooth** | 7 p.m.  
Fri: **Xylouris White, Pigeons** | 8 p.m.

**Hamlet and Ghost**

24 Caroline St., Saratoga Springs.  
(518) 450-7287  
Wed: **Hot Club of Saratoga Trio** | 7 p.m.

**The Happy Cappuccino**

1 Crossgates Mall Rd., Albany.  
(518) 313-7423  
Every Fri: **Jecco** | 12 p.m.

**The Hollow Bar + Kitchen**

79 N. Pearl St., Albany. (518) 426-8550  
Fri: **Magic Beans, Teddy Midnight** | 9 p.m.  
Sat: **Gratefully Yours** | 10:30 p.m.

**Hudson River Music Hall**

10 Maple St., Hudson Falls.  
(518) 832-3484  
Every Wed: **Open Mic** | 7 p.m.  
Sat: **Neal Herr & Friends** | 7 p.m.

**J.J. Rafferty's**

847 New Loudon Rd., Latham.  
(518) 783-6800  
Every Fri & Sat: **DJ Billy** | 9 p.m.

**Lanie's Café**

471 Albany-Shaker Rd., Loudonville.  
(518) 438-5005  
Every Tue: **Dan Sherwin** | 6 p.m.

**The Low Beat**

335 Central Ave., (518) 432-6572  
Wed: **Hamell on Trial** | 6 p.m.  
Every Wed: **The Deadbeats** | 10 p.m.  
Fri: **Palehound, The Parlor, Hospital**

**Corners, Another Michael** | 7 p.m.

Sat: **More Than Human, My Last Mile, Under The Den** | 8 p.m.

**Lucky Strike Social**

1 Crossgates Mall Rd., Albany.  
(518) 556-3350  
Fri: **DigiTour Spring: Loren Gray, Nate Garner, Nathan Triska, HRVY, Tyler Brown, more** | 6:30 p.m.

**McGeary's**

4 Clinton Square, Albany. (518) 463-1455  
Every Wed: **Best Damn Open Mic Ever with Mother Judge** | 7:30 p.m.  
Every Sun: **Blues Jam** | 7:30 p.m.

**Merry Monk Saratoga**

84 Henry St., Saratoga Springs.  
(518) 584-6665  
Sun: **Hot Club of Saratoga Trio** | 12 p.m.

**Moon & River Café**

115 S. Ferry St., Schenectady.  
(518) 377-5100  
Sun: **Rockstar Open Mic** | 7:30 p.m.

**Mouzon House**

1 York St., Saratoga Springs.  
(518) 226-0014  
Thur: **Hot Club of Saratoga Trio** | 7 p.m.  
Fri: **Allen Halstead &**

'Azzaam Hameed | 7 p.m.

Sat: **Joe Gitto & Dan Wancyk** | 6:30 p.m.

**Nanola**

2639 US Rte. 9, Malta. (518) 587-1300  
Fri: **Funk Evolution** | 8 p.m.  
Sat: **Undercover** | 8 p.m.

**Newberry Music Hall**

388 Broadway, Saratoga Springs.  
(877) 565-3849  
Every Fri: **DJ Frankie Ramos (Latin Night)** | 9 p.m.

**Oh Bar**

304 Lark St., Albany. (518) 463-9004  
Thur: **Karaoke** | 10 p.m.

**One Caroline Street**

1 Caroline St., Saratoga Springs.  
(518) 587-2026  
Wed: **The Masters of Nostalgia** | 8:30 p.m.

Thur: **Cloud Lifter** | 8 p.m.

Fri: **Bohm Dialogue with Jeanine Ouderkirk** | 9 p.m.

Sat: **The North & South Dakotas, Yard Sale** | 9 p.m.

Sun: **Jazz jam session** | 7 p.m.

Mon: **Candy Ambulance, Frances Dean** | 10 p.m.

**O'Slattery's Irish Pub**

318 Delaware Ave., Delmar.  
(518) 439-5634

Wed: **Dan Sherwin** | 6:30 p.m.

Thur: **Mike DeAngelis** | 7 p.m.

Sat: **Marty Brandon** | 8 p.m.

Tue: **DJ Trivia** | 7 p.m.

**Parish Public House**

388 Broadway, Albany. (518) 365-0444  
Fri: **Morris Code** | 8 p.m.  
Sat: **Swamp Funk** | 8 p.m.

**Panza's**

510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. (518) 584-6882  
Fri: **Charles Cornell Trio** | 6:30 p.m.  
Sat: **'Azzaam Hameed** | 7 p.m.

**The Parting Glass**

40 Lake Ave, Saratoga Springs.  
(518) 583-1916  
Wed & Thur: **Irish Celtic Session** | 7 p.m.  
Fri: **John Kribs** | 8 p.m.  
Sat: **Forthlin Road** | 9 p.m.

**Pauly's Hotel**

337 Central Ave., Albany. paulyshotel.com  
Wed: **Time, EISHA, Boxlightener Data Station** | 8:30 p.m.

Thur: **Cash Registers, Lame, The Tracys, Shrapnel Warning** | 8:30 p.m.

Fri: **Robanic Reggae Band, Crescente Afrobeat, DJ Neo** | 8:30 p.m.

Sat: **Force of Habit** | 8:30 p.m.

Every Mon: **Blue Monday Blues Jam** | 8 p.m.

**Prime at Saratoga National**

458 Union Ave., Saratoga Springs.  
(518) 583-4653

Every Sun: **Joe Sorrentino Trio (Jazz brunch)** | 10:30 a.m.

**Putnam Den**

63a Putnam St., Saratoga Springs.  
(518) 584-8066

Fri: **Primate Fiasco, Barika** | 9:30 p.m.

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April 7th - 8 pm  
The Kurt Baker Combo (Spain)  
The Connection (Boston)  
Soraia (Spain) &  
Surprise Guest

April 28th - 5 pm  
The Move Music Festival

April 30th - 6 pm  
Commander Cody &  
His Modern Day Airmen

TICKETS AVAILABLE ON: [Brownpapertickets.com](http://Brownpapertickets.com)

Sat: **Strange Machines, Lord Electro** | 9:30 p.m.

**Rustic Barn Pub**

150 Speigletown Rd., Troy. (518) 235-5858  
Fri: **Skeeter Creek** | 9 p.m.  
Sat: **LLS Open Jam Benefit** | 1 p.m.

**Sake Japanese Steakhouse**

611 Troy-Schenectady Rd., Latham. (518) 785-7215  
Sat: **Groove Nouveau** | 7:30 p.m.

**Savoy Taproom**

301 Lark St., Albany. (518) 599-5140  
Sat: **Victory Soul Orchestra with Stephen Struss & DJ Trumastr** | 9 p.m.

**Seven – An American Bistro**

7 Northside Dr., Clifton Park. (518) 377-1777  
Wed: **John Stack** | 6 p.m.

**Speakeasy 518**

42 Howard St., Albany. (518) 449-2332  
Every Mon: **Joe Finn** | 8 p.m.

**Stockade Inn**

1 North Church St., Schenectady. (518) 346-3400

Thur: **Tommy Verrigni Trio** | 7 p.m.  
Fri: **Jeanne O'Conner & Friends** | 7 p.m.

**Troy Kitchen**

77 Congress St., Troy. (518) 268-0068  
Every Fri: **DJ Lounge** | 11 p.m.

**Twisted Vine**

384 Kenwood Ave., Delmar. (518) 439-3241

Fri: **MP3 Trio** (patio) | 7 p.m.  
**The Standard Clams** (inside) | 7 p.m.

**The Van Dyck**

237 Union St., Schenectady. (518) 348-7999

Sat: **Get Up Jack** | 8 p.m.

**Van Slyck's at Rivers Casino**

1 Rush St., Schenectady. (518) 579-8800

Wed: **DJ Playground** | 8 p.m.  
Thur: **DJ Trumastr** | 8 p.m.

Fri: **The Kicks** | 9 p.m.

**DJ Ketchup** | 1 a.m.

Sat: **Last Left** | 9 p.m.

**DJ Handikap** | 1 a.m.

Sun: **DJ Ketchup** | 8 p.m.

Mon: **DJ John Jamz** | 8 p.m.

Tue: **DJ Tomb** | 8 p.m.

**Waterworks Pub**

76 Central Ave., Albany. (518) 465-9079  
Thur: **DJ Shawn Gillie** | 11 p.m.

Fri: **Karaoke** | 10 p.m.

Sat: **DJ David Barna** | 10 p.m.

Mon: **Karaoke** | 10 p.m.

**Wishing Well Restaurant**

745 Saratoga Rd., Wilton. (518) 584-7640  
Sat: **Rob Aronstein** | 6 p.m.

**Yono's**

25 Chapel St., Albany. (518) 436-7747

Sat: **Hamilton Street Jazz Duo**

| 6:30 p.m.

**MUSIC**

**Celtic Woman**

Multi-platinum international music sensation presents its new 2017 show, *Voices of Angels*. Wed., April 5, 7 p.m. Palace Theatre, 19 Clinton Ave., Albany. \$42, \$62 and \$102. (518) 465-4663 or [www.palacealbany.org](http://www.palacealbany.org).

**Old Songs Open Mic**

Sign up to play for a 15 minute set. Wed., April 5, 7:30 p.m., Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$3 cover charge. (518) 765-2815 or [oldsongs.org](http://oldsongs.org).

**New York Voices**

Darmon Meader, Peter Eldridge, Kim Nazarian (a Loudonville native) and Lauren Kinhan bring their unmatched harmonies and inspired arrangements to jazz, Brazilian, R&B, classical and pop. Fri., April 7, 8 p.m. Swyer Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$34. (518) 473-1845 or [www.theegg.org](http://www.theegg.org).

**Keith Pray's 3 Bass Hit**

Saxophonist leads this quartet which puts a twist on the funky, swingin' soul instrumentals in the vein of the organ bands of the 60s and 70s. Fri., April 7, 7 p.m. The Patrizio Center for the Arts, 5 First Ave., Latham. Adults, \$15; students, \$10. (518) 713-4550.

**Jane Voss & Hoyle Osborne**

Rare old blues and vaudeville songs with their own compositions. Fri., April 7, 7:30 p.m. Old Songs Community Arts Center,

37 S. Main St., Voorheesville. Adults, \$20; children 12 and younger, \$5. (518) 765-2815 or [oldsongs.org](http://oldsongs.org).

**Skidmore Community Chorus**

Katie Gardiner will lead the vocal chamber ensemble and community chorus in a program titled "A Child of Our Time," inspired by people who have been affected by wars. Sat., April 8, 2 p.m. Arthur Zankel Music Center, Skidmore College, 815 N Broadway, Saratoga Springs. Adults, \$8; seniors, \$5; children and students, free. (518) 580-5321 or [www.skidmore.edu/zankel](http://www.skidmore.edu/zankel).

**Dyer Switch**

Versatile, engaging band with a dynamic stage presence that plays hard-driving, traditional, original and unique bluegrass and acoustic music. Part of the Howlin' at the Moon Americana Music Series. Sat., April 8, 7 p.m. Franchere Center, Mabee Farm Historic Site, 1100 Main St. (Route 5S), Rotterdam Junction. \$5. (518) 887-5073 or [www.schenectadyhistorical.org](http://www.schenectadyhistorical.org).

**Electric City Chorus**

Men's Barbershop style a capella group partners with pop singer/songwriter Kristina Lachaga for *Electrify The Night: A Concert to Spark Harmony in Your Heart*. Sat., April 8, 7 p.m. Schalmont High School, 1 Sabre Dr., Schenectady. \$15; seniors and children 17 and younger, \$10; VIP (first two rows), \$20. (518) 233-1366, [jmalone46@nycap.rr.com](mailto:jmalone46@nycap.rr.com), or [www.facebook.com/ElectrifyTheNight](http://www.facebook.com/ElectrifyTheNight). Proceeds to benefit Habitat for Humanity of Schenectady County and the Electric City Chorus' Music Scholarship Fund.

**Meklit**

Ethio-American singer, composer and cultural instigator whose music emanates from "in-between-spaces" imbued with poetry and multiplicity, from the hybrid blues-like sounds of Ethiopian Tizita to jazz, folk songs, hip-hop and art rock. Sat., April 8, 7 p.m. Sanctuary for Independent Media, 3361 6th Ave., Troy. \$15. (518) 272-2390 or [www.mediasanctuary.org/meklit](http://www.mediasanctuary.org/meklit)

**Albany Symphony Orchestra**

Program features a world premiere performance of a new work by George

Tsontakis and a towering performance of Beethoven's epic Symphony No. 9 with Albany Pro Musica. Sat. April 8, 7:30 p.m. Palace Theatre, 19 Clinton Ave., Albany. \$19, \$36, \$48 or \$60. (518) 465-4663 or [www.palacealbany.org](http://www.palacealbany.org).

**The Subdudes**

The band is back with its signature blend of blues, folk, R&B, country, Cajun, funk, gospel and rock 'n roll, featuring the classic lineup of John Magnie (accordion), Tommy Malone (guitar), Steve Amedee (percussion) and Tim Cook (bass) in support of its new acoustic album "Four on the Floor." Sat., April 8, 8 p.m. Swyer Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$34. (518) 473-1845 or [www.theegg.org](http://www.theegg.org).

**Pickin' & Singin' Gatherin'**

A sing-around for the whole family. Sun., April 9, 1 to 4 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$15. (518) 765-2815 or [oldsongs.org](http://oldsongs.org).

**Saratoga Sings of Art and Inspiration**

The first of three concerts of opera and song inspired by great artists and works of art. Sun., April 9, 3 p.m. The Hyde Collection, 161 Warren St., Glens Falls. Free; advance registration required at [www.operasaratoga.org/saratoga-sings](http://www.operasaratoga.org/saratoga-sings).

**Dale & Ray**

In the tradition of classic country duos, Dale Watson and Ray Benson (of Asleep at the Wheel) will be showcasing their original songs as well as putting their own unique stamp on some country classics – with a full band. Sun., April 9, 7 p.m. Swyer Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$34. (518) 473-1845 or [www.theegg.org](http://www.theegg.org).

**Sonny Ochs' 80th Birthday Concert**

Sister of the legendary Phil Ochs will be feted by a stellar troupe of folk performers. Sun., April 9, 4 p.m. GE Theatre, Proctors, 432 State St., Schenectady. Advance, \$28; day of show, \$30; Gold Circle, \$50. (518) 346-6204 or [www.proctors.org](http://www.proctors.org).

**Jackson Brown and Greg Leisz**

Somewhat Acoustic Tour. Browne has written and performed some of the most literate and moving songs in popular music and has defined a genre of songwriting charged with honesty, emotion and personal politics. Multi-instrumentalist and band member Greg Leisz will also perform. Sun., April 9, 8 p.m. Palace Theatre, 19 Clinton Ave., Albany. \$54.40, \$69.50, \$79.50 and \$99. (518) 465-4663 or [www.palacealbany.org](http://www.palacealbany.org).

**Welcome to Night Vale**

Watch the twice-monthly, community update podcast for the small, desert town of Night Vale with special guest musician, writer and producer Erin McKeown, known for her prolific disregard of stylistic boundaries. Mon., April 10, 8 p.m. Hart Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$30. (518) 473-1845 or [www.theegg.org](http://www.theegg.org).

**Matthew Gillen**

Classical guitarist and member of the Florida Guitar Quartet will perform. Part of the Music @ Noon Concert Series. Tues., April 11, noon. Troy Savings Bank Music Hall, 30 2nd Ave., Troy. Free. (518) 273-0038 or [www.troymusichall.org](http://www.troymusichall.org)

**Saratoga Sings of Art and Inspiration**

The second of three concerts of opera and song inspired by great artists and works of art. Tues., April 11, 7 p.m. Tang Teaching Museum, Skidmore College, 815 N. Broadway, Saratoga Springs. Free; advance registration required at [www.operasaratoga.org/saratoga-sings](http://www.operasaratoga.org/saratoga-sings).

**Saratoga Sings of Art and Inspiration**

The third of three concerts of opera and song inspired by great artists and works of art. Thurs. April 13, 6 p.m. Albany Institute of History and Art, 125 Washington Ave., Albany. Free; advance registration required at [www.operasaratoga.org/saratoga-sings](http://www.operasaratoga.org/saratoga-sings).

**Dave Douglas & Frank Woeste – DADA PEOPLE**

Featuring Yashushi Nakamura and drummer Clarence Penn. Jazz quartet,

with trumpet, bass, piano, and drums inspired by the life and work of Man Ray and his colleagues in the Dada and Surrealist movements of the 20th century. Thurs., April 13, 7:30 p.m. Troy Savings Bank Music Hall, 30 2nd Ave., Troy. Pay what you will. (518) 273-0038 or [www.troymusichall.org](http://www.troymusichall.org).

**The Felice Brothers**

Composed of three brothers and two longtime friends who hail from the Catskill Mountain Region, the band creates a unique, earthy sound with its blend of folk, Americana and revivalist roots rock. Thurs., April 13, 8 p.m. Cohoes Music Hall, 58 Remsen St., Cohoes. \$25 and \$30. (518) 465-4663 or [www.palacealbany.org](http://www.palacealbany.org).

**Richard Shindell**

Songwriter whose songs paint pictures, tell stories, juxtapose ideas and images, inhabit characters and expand listeners' senses of just what it is a song may be. Fri., April 14, 8 p.m. The Linda, 339 Central Ave., Albany. \$20. (518) 465-5233 or [www.thelinda.org](http://www.thelinda.org).

**The Garcia Project**

The band faithfully channels and projects the feelings, emotions and music that propelled the Jerry Garcia Band and the fans through many years of musical bliss. Performance will be based on an actual Jerry Garcia Band set list. Sat., April 15, 8 p.m. Cohoes Music Hall, 58 Remsen St., Cohoes. \$22 and \$25. (518) 465-4663 or [www.palacealbany.org](http://www.palacealbany.org).

**THEATER**

**Into The Woods**

James Lapine and Stephen Sondheim take everyone's favorite storybook characters and bring them together for a timeless, yet relevant, piece... and a rare modern classic. Produced by Park Playhouse & The Palace Performing Arts Center, featuring the students of Park Playhouse II. Through Sun. April 9. Showtimes: Fridays, 8 p.m., Saturdays, 2 and 8 p.m., Sundays at 2 p.m. Cohoes Music Hall, 58 Remsen St., Cohoes. Adults, \$25; 18 and younger, \$15. (518) 465-4663 or [www.palacealbany.org](http://www.palacealbany.org).

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| 65 |    |    |    |    |    | 66 |    |    |    |    | 67 |    |    |    |

**ACROSS**

- British \_\_\_\_
- Attempt
- "Awesome!"
- Currency of Nigeria
- Cost to cross
- Bolted
- Bugs attracted to dung
- Small shacks
- Adaptable truck, for short
- Pink, as a steak
- Causing vomiting
- A square meter
- End
- "\_\_\_\_ quam videri" (North Carolina's motto)
- One who takes spoils
- Masefield play "The Tragedy of \_\_\_\_"
- Arch
- Achy
- Armageddon
- Bit
- Little bird
- "O, gie me the \_\_\_\_ that has acres o' charms": Burns
- Big \_\_\_\_
- Loafer, e.g.
- "Ciao!"
- Infomercials, e.g.
- Code word for "S"
- Egg
- Type of television comedy
- Fatuous
- A smaller amount
- \_\_\_\_ acid, a product of protein metabolism
- Be in session
- Farm call
- To bring about
- "\_\_\_\_ bitten, twice shy"
- Golden Triangle country
- One who endeavors to persuade
- After expenses

- Certain protest
- Coasters

**DOWN**

- Make happen
- Cook in a small amount of butter
- Department store section
- .0000001 joule
- Mideast native
- Dorm room staple
- \_\_\_\_ bag
- "Is that \_\_\_\_?"
- Someone or something bleeding excessively
- Day in day out schedules
- Craftsmen
- Drop
- Not us
- Before the due date
- Just
- Makeup, e.g.
- Basket material
- "Sesame Street" watcher
- Opportunity to learn from
- Substance used for healing in general
- Natural impulse
- "For shame!"
- Long, long time
- Large woodwind instrument
- 'He' in his own eyes
- Alkaline
- Least cooked
- Countenance
- Married
- Units of measurement
- Furnace fuel
- Epileptic seizure
- Roswell sightings
- J.F.K. overseer
- [www.yahoo.com](http://www.yahoo.com), e.g.

Answers on Pg. B26

### The Sound of Music

A brand new production of the beloved musical story of Maria and the von Trapp Family. Shows: Wed., April 5, 7:30 p.m.; Thurs., April 6, 1:30 and 8: p.m.; Fri., April 7, 8 p.m.; Sat., April 8, 2 and 8 p.m.; Sun., April 9, 2 p.m. Proctors, 432 State St., Schenectady. \$20 to \$90. (518) 346-6204 or www.proctors.org.

### Radiance:

#### The Passion of Marie Curie

The Theatre Institute at Sage presents a staged production of Alan Alda's play which chronicles the Nobel Prize-winning scientist from 1898 to 1911. Shows: Wed., April 5, 10 a.m.; Thurs., April 6, 10 a.m. (Talk-back with Prof. Donna Heald, Ph.D.); Fri., April 7, 10 a.m. and 7:30 p.m.; Sat., April 8, 7:30 p.m.; Sun., April 9, 2:30 p.m. (sign language interpreted); Wed., April 12 through Fri., April 14, 10 a.m. daily; Sat., April 15, 7:30 p.m. Meader Little Theater, Russell Sage College, 65 1st St., Troy. \$15. (518) 244-2248 or www.sage.edu/theatre.

#### Emilie: La Marquise Du Châtelet Defends Her Life Tonight

Emilie Du Châtelet, best known for her 15-year-liaison with French Enlightenment writer Voltaire, searches for a formula that will convince the world of her worth as highly regarded interpreter of modern physics and a master of mathematics and linguistics. Presented by WAM Theatre. Shows: Thurs., April 6, 3 p.m.; Fri., April 7, 7:30 p.m.; Sat., April 8, 2 and 7:30 p.m.; Sun., April 9, 2 p.m. Tina Packer Playhouse, Shakespeare & Company, 70 Kemble St., Lenox, Mass. \$10 to \$40; proceeds benefit the Flying Cloud Institute. (413) 637-3353 or www.WAMTheatre.com.

#### The Complete Works of William Shakespeare

Over an hour and a half of hilarious performances presented by Gaslight

Theater Company's three actors. Shows: Fri., April 7 and Sat., April 8: 7 p.m.; Sun., April 9, 2 p.m. Shaker Pointe, 1 Bell Tower, Dr., Watervliet. Free, RSVPs required. (518) 250-4900.

#### 100 Saints You Should Know

Staged reading of Kate Fodor's play. Theresa, estranged from her family and working as a cleaning woman, finds herself surprised by the unexpected desire to learn how to pray. Matthew, the priest whose rectory she cleans, is stunned and heartbroken by the realization that he no longer knows how to talk to God. When he disappears one day, Theresa tracks him down, and her search changes both of their lives. Presented by Theater Voices. Shows: Fri., April 7, and Sat. April 8, at 8 p.m.; Sun., April 9 at 3 p.m. Steamer No. 10 Theatre, 500 Western Ave., Albany. Free. (518) 438-5503 or www.theatervoices.org

### Beautiful:

#### The Carole King Musical

The inspiring true story of King's remarkable rise to stardom, from being part of a hit songwriting team with her husband Gerry Goffin, to her relationship with fellow writers and best friends Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Shows: Wed. April 12, 7:30 p.m.; Thurs., April 13, 1:30 and 8 p.m.; Fri., April 14, 8 p.m.; Sat., April 15, 2 and 8 p.m.; and Sun., April 16, at 1 and 6:30 p.m. MainStage, Proctors, 432 State St., Schenectady. \$20 to \$100. (518) 346-6204 or www.proctors.org.

## COMEDY

#### The Funny Bone

Matthew Broussard, Thurs., April 6, 7:30 p.m., \$13; Fri., April 7, 7:30 and 10 p.m., and Sat., April 8, 7 and 9:45 p.m., \$15; Sun., April 9, 7 p.m., \$12. Damon Williams, Wed., April 12, and Thurs.,

April 13, 7:30 p.m., \$12; also Fri., April 14, 7:30 and 10 p.m., and Sat. April 15, 7 and 9:45 p.m., \$15. All shows 21+. Crossgates Mall, 1 Crossgates Mall Rd., Guilderland. (518) 313-7484 or Albany.funnybone.com.

### The Comedy Works

#### Saratoga Springs

Al Park & Dwayne Murphy, Thurs., April 6, 7 p.m., \$10. Eric McMahon & Joe Bubliewicz, Fri., April 7 and Sat., April 8 at 7:30 and 9:30 p.m., \$15 (show only) or \$39.95 (dinner + show). Max Dolcetti & Guests, Thurs., April 13, 7 p.m., \$10; Fri., April 14 and Sat., April 15, 7:30 and 9:30 p.m., \$15 (show only) or \$39.95 (dinner + show). Friday and Saturday prices increase \$5 if purchased on show day. Open Mic, Thursdays at 9 p.m.; sign ups begin at 7 p.m., free to attend or participate. 388 Broadway, Saratoga Springs. (518) 275-6897 or thecomedyworks.com.

### Palace Theatre

#### Chris Rock: Total Blackout Tour 2017.

One of our generation's strongest comedic voices lauded by peers and critics alike. Mon., April 10, 8 p.m. Palace Theatre, 19 Clinton Ave., Albany. \$49.50, \$69.50 and \$125. (800) 745-3000 or www.palacealbany.org. Note: Use of electronic devices with recording capabilities will not be permitted.

### Proctors

#### ChiphandGus: A Comedy with Balls.

Daily, Thurs., April 6 through Sat., April 8 at 7:30 p.m. Fenimore Gallery at Proctors, 432 State St., Schenectady. \$20. (518) 346-6204 or www.proctors.org.

## DANCE

#### From Feldenkrais to Go Pro

Choreographer Mary Armentrout, media artist Ian Winters, composer Evelyn Ficarra and performer Chris Evans will lead a workshop in which participants explore the intersections of bodily

experience and technology. Wed., April 12, 5 p.m. Theatre, EMPAC, Rensselaer Polytechnic Institute, 110 8th St., Troy. Free, limited space. (518) 276-3921 or www.empac.rpi.edu.

## FAMILY

### Animal Spotlight

Learn more about the museum's inhabitants during this hands-on activity. Wed., April 5 at 3:30 p.m. and Sun., April 9 at noon. SUNY POLY CMOST, 50 Jordan Rd., Troy. Program free with paid admission (\$5 per person, ages 2+). (518) 235-2120 or www.cmost.org.

### Sensory Play

Hands-on sensory science activity in the GE Junior Discovery Room. Wed., April 5 (Seussical Science) at 10 a.m. SUNY POLY CMOST, 50 Jordan Rd., Troy. Program free with paid admission (\$5 per person, ages 2+). (518) 235-2120 or www.cmost.org.

### Northshire Bookstore

KIDS! Storytime. For children and their parents/caregivers. Fri., April 7, 10:30 a.m. 424 Broadway, Saratoga Springs. Free. (518) 682-4200 or www.northshire.com.

### Easter Egg Hunt

Inner-city children are invited to attend this event hosted by Victory Christian Church and ENOUGH Anti-Violence. Sat., April 8, 1 p.m., Beverwyck Park, Washington Ave. and Ontario St., Albany 12203. Free. (518) 434-1600.

### Tang Teaching Museum

Family Saturdays. Foster creative cooperation across generations through looking at artwork, discussing it, and engaging in a hands-on art activity. Sat., April 8 at 2 p.m. Best suited for children ages 5 and older accompanied by an adult companion. Materials provided. Free; reservations required; call (518) 580-8080. Skidmore College,

815 North Broadway, Saratoga Springs. tang.skidmore.edu.

### Easter Egg Decorating Eggstravaganza

Decorate eggs with dye and decorations, along with a basket to carry them home in. Materials supplied. Sat., April 8, 1 p.m. Il Faro, 698 N. Pearl St., Albany. \$10 per child; RSVP by Fri., April 7. Proceeds will benefit Capital District Child Care Council's Sprout Scout Farm to Preschool program. (518) 463-2208 or www.ilfaroitalian.com.

### "Egg"stravaganza Egg Hunt

Performance by Skeeter the Clown will be followed by an egg hunt. Best for children ages 2 through 10. Sat., April 15, 10 a.m. to noon. Large pavilion, Elm Avenue Park, 261 Elm Ave., Delmar.

### Children's Star Sighting

Interactive program exploring the stars, planets, comets and constellations in the night sky. For children ages 3 through 7 and their families. Sat. April 15, 11 a.m. Albany Visitors Center, 25 Quackenbush Square, Albany. \$3 per seat. (518) 434-1217 or www.albany.org/visitors-center.

### Easter Egg Hunt

Children ages 12 and younger are invited to participate in Parkside Church's annual Easter Egg hunt. Event will take place rain or shine and begins at 11:30 a.m., following the 10 a.m. service. 14 Jarose Place (off of Grooms Road), Clifton Park. www.parksidecc.org/events/easter-egg-hunt for details, directions or to register.

## FILM

### How to Marry a Millionaire

Marilyn Monroe, Betty Garble and Lauren Bacall star in this 1953 classic. Three women set out to find eligible millionaires to marry, only to find true love in the process. Sun., April 9, 2 p.m. Troy Public Library, Main Branch, 100 2nd St. Troy. Free; advance

registration required. (518) 274-7071 or www.thetroylibrary.org.

### Exhibition on Screen:

#### I, Claude Monet

Using the artist's own letters and other private writings, award-winning director Phil Grabsky provides a fresh new look at arguably the world's favorite artist. Sun., April 9, 3 p.m. The Clark Art Institute, 225 South St., Williamstown, Mass. \$12 (non-refundable). www.clarkart.edu/ImportedEvents/908-26887.

### A Star is Born

Judy Garland is the titular "Star" in this 1954 classic, which many consider to be her greatest film. James Mason plays a Hollywood actor who is inspired to help the young hopeful find fame, even as age and alcoholism send his own career into a downward spiral. After they marry, she is forced to choose between moving forward with her career and attempting to save her husband. Rated PG. 76 minutes. Mon., April 10, at noon, 3:30 and 7 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$5. (518) 346-6204 or www.proctors.org

### The Maltese Falcon

Humphrey Bogart and Mary Astor star in this 1941 film in which a private detective takes on a case that involves him with three eccentric criminals, a gorgeous liar and their quest for a priceless statuette. Part of the Citizens Bank Movie Series. Tues., April 11, 7 p.m. Palace Theater, 19 Clinton Ave., Albany. \$5. (518) 463-6635 or www.palacealbany.org.

## LECTURES

### Those Necessary

#### Unmentionables: A History of Ladies' Under Ware

Underwear expert Marilyn Sassi will discuss the ideal feminine figure as it evolved from the 1600s to the 1900s and

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### APRIL 7

Magic Beans  
w/ Teddy Midnight  
The Hollow Bar & Kitchen  
8 pm

### APRIL 8

Gratefully Yours  
The Hollow Bar & Kitchen  
9 pm

### APRIL 13

The Felice Brothers  
w/s/g Driftwood  
The Cohoes Music Hall  
8 pm

### APRIL 15

Eastbound Jesus  
w/ Elrod & Motherjudge  
and Grassroots Rebels  
The Hollow Bar & Kitchen  
7 pm

### APRIL 20

An Evening With Cabinet  
Putnam Den  
8 pm

### APRIL 21

Heavy Pets w/ Backup Planet  
The Hollow Bar & Kitchen  
8 pm

### APRIL 22

Robert Randolph & The Family Band  
Upstate Concert Hall  
7 pm

### APRIL 27

The Kitchen Dwellers  
w/ Let's Be Leonard  
The Hollow Bar & Kitchen  
8 pm

### APRIL 28

Dr. Jah & the Love Prophets /  
Lynch / Eastern Highs  
The Hollow Bar & Kitchen  
7 pm

### MAY 12

David Bromberg Quintet  
The Cohoes Music Hall  
8 pm

### MAY 19

Flyday Ho-Down  
Blackthorne Resort  
May 19 - May 21

### MAY 23

Ana Popovic  
The Cohoes Music Hall  
8 pm



Guthrie/Bell Productions

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26 BEERS ON TAP. ★ ★ ★ ★



### FRIDAY

April 7, 2017 | 9 pm

## KYLE BOURGAULT BAND



### SATURDAY

April 8, 2017 | 9 pm

## BHC ORGAN TRIO

featuring JEFF NANIA



### FRIDAY

April 14, 2017 | 9 pm

## DASHBOARD ANTHEM



### SATURDAY

April 15, 2017 | 9 pm

## THE OTHERSIDE

"TRIBUTE TO THE RED HOT CHILI PEPPERS"



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the underwear beneath it all. Part of the Schenectady County Historical Society's annual meeting. Sat., April 8, meeting at 1:30 p.m. followed by lecture at 2 p.m. Mabee Farm Historic Site, 1100 Main St. (Route 55), Rotterdam Junction. \$5 for non-members. (518) 887-5073 or www.schenectadyhistorical.org.

**Sunday Salons**

A Painter's Paradise: Thomas Cole and his Transformative Experience in Florence, 1831-32. Independent scholar John McGuigan explores the critical year Cole lived and worked in Florence, the place where he produced some of the finest paintings of his career. Sun., April 9, 2 p.m. Thomas Cole National Historical Site, 213 Spring St., Catskill. \$12.65 (inc. fees). (518) 943-7465 or thomascole.org/events.

**Civil Rights: Now and Then**

Professor Paul Murray, who retired from Siena College's Sociology Department

last year, will lead a discussion about the similarities and differences between the 1960s Civil Rights Movement and the current Black Lives Matter movement. Mon., April 10, 6 p.m. Main Branch, Troy Public Library, 100 2nd St., Troy. Free, advance registration required. (518) 274-7071 or www.thetroylibrary.org.

**Master Plan for Public Art in Troy**

Join us as we launch the Plan for Public Art in Troy. Art consultant Todd Bressi will discuss how cities are implementing art projects and programs that support civic engagement, economic development, neighborhood revitalization, tourism and workforce development while reinforcing the notion that the most successful cities are ones that make investments in the public good. Wed., April 12, 6 p.m. Arts Center of the Capital Region, 265 River St., Troy. Free. (518) 2736-0552 or www.artscenonline.org.

**LITERARY**

**Caffè Lena Poetry Open Mic**

Sign up begins at 7 p.m.; reading by Phillip X. Levine starts at 7:30 p.m. followed by the open reading. Five-minute max for each poet. All styles welcome, performers asked to refrain from excessive profanity or vulgarity. Wed., April 5, Caffè Lena, 47 Phila St., Saratoga Springs. \$5. (518) 682-4200 or www.caffelena.org.

**Writers workshop**

Bi-weekly writers' get together. Eat, drink, schmooze and share, but, mostly write. Like mad. Thurs., April 6, at 6 p.m., Tech Valley Center of Gravity, Quackenbush Building, 30 3rd St., Troy. Free. www.tvcog.org.

**Selected Shorts: Lovers and Strangers**

NPR's hit series returns with an afternoon

of spellbinding short stories about chance encounters, love, loss, and new beginnings written by established and emerging writers, performed by stars of the stage and screen. Hosted by Sonia Manzano, Michael Urie and Jim True-Frost. Sun., April 9, 3 p.m. (rescheduled from Feb. 12). Troy Savings Bank Music Hall, 30 2nd St., Troy. \$25. (518) 273-0038 or www.troymusicall.org.

**Gregory Pardlo**

Pulitzer prize-winning poet will read from his work during the awards ceremony for Rensselaer Polytechnic Institute's 75th annual McKinney Writing Contest. Wed., April 12, 8 p.m. Biotech Auditorium, Biotechnology and Interdisciplinary Studies Building, Rensselaer Polytechnic Institute, 15th St., Troy. Free. (518) 442-5620 or www.albany.edu/writers-inst.

**EDUCATION**

**Albany Star Sighting**

Interactive program identifies stars, planets, comets and constellations in the night sky and the tools and techniques for becoming an amateur astronomer. Geared for skywatchers 8 and above. Sat. April 15, 1 p.m. Albany Visitors Center, 25 Quackenbush Square, Albany. \$3 per seat. (518) 434-1217 or www.albany.org/visitors-center.

**Gallery Talk**

Take a guided walk through the galleries with a member of the Clark's education team. Saturdays at 1 p.m. through May The Clark Art Institute, 225 South St., Williamstown, Mass. www.clarkart.edu.

**MISCELLANEOUS**

**Downtown Albany Restaurant Week**

Through Fri., April 7, enjoy a delicious, 3-course meal valued at a minimum of \$35 for just 2017 at participating

restaurants. Coordinated by the Downtown Albany BID. For menus and participating restaurants, visit www.downtownalbany.org/news/restaurant-week-menus-announced.

**Schenectady Greenmarket Winter Market**

Regional vendors selling groceries, take-away meals and artisanal items. Sundays, 10 a.m. to 2 p.m., Proctors Arcade, 432 State St., Schenectady. schenectadygreenmarket.org.

**Delaware Community Farmers Market**

Offering local, fresh-picked fruits, vegetables, herbs, eggs, jams, and baked goods for sale in the parking lot. Tuesdays, 4 to 7 p.m., Delaware Branch, Albany Public Library, 331 Delaware Ave., Albany. (518) 463-0254.

**Together Tuesday**

Tuesday nights in Eden Café are set-aside for groups to have a time of team building. Become part of a movement. Our groups have found that they often can get more accomplished out of the office than in. Safe, non-alcoholic environment where trust can be fostered. Tuesdays, 4:30 to 9 p.m., 269 Osborne Road, Loudonville. (518) 977-3771.

**Veteran Meet-Up**

Join us for free coffee every Tuesday. All veterans welcome. 6 to 8 p.m., Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. (518) 884-4999 or www.VeteransPeerConnection.org.

**Social Night Potluck at CoG**

Every Tuesday night, we gather with food and conversation. Free. 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 3rd St., Troy. (518) 279-7863 or www.tvcog.net.

**Geeks Who Drink**

A quiz show with eight rounds of eight questions each, including a music round, an audio round and a picture round. Free to play, with prizes for the top two teams

and bonus prizes throughout the game. Tuesdays, 8 p.m., Olde English Pub, 683 Broadway, Albany.

**Friday Walk and Talk**

Join members of the Albany Pine Bush Preserve Commission for a one hour, 1.2 mile hike at Kings Highway Barrens. Meet at the Kings Road trailhead (#9) by 11:55 a.m. Fri., April 7, at noon. Limited to 15 participants. Free, advance registration required. (518) 456-0655 or www.albanypinebush.org/events/detail.cfm?id=2118.

**Woodcock Walk**

Annual 0.9 mile walk to watch the elaborate flight displays of the male American Woodcock at dusk during mating season. Thurs., April 6 or Tues., April 11, at 7 p.m.; please arrive 5 to 10 mins. early. Albany Pine Bush Discovery Center, 195 New Karner Rd., Albany. \$3 per person or \$5 per family. Pre-registration required; recommended for ages 8 and older. (518) 456-0655 or www.albanypinebush.org/events/detail.cfm?id=2117.

**First Friday**

**Art Show & Wine Tasting**

Menands artist Ryan Pooler will show work inspired by mark making, created using ballpoint pen and graphite, which trick the eyes into making certain aspects move forward and others move backwards. Fri., April 7, 5 to 7 p.m. Il Faro, 698 N. Pearl St., Albany. Free. (518) 463-2208 or www.ilfaroitalian.com.

**Quiz for a Cause**

Come out for a fun night of trivia and prizes with Scot Mumford of "Catch the Mania - Upstate NY" to benefit the Troy Public Library. Thurs., April 13, 6 to 9 p.m. Revolution Hall, 417 River St., Troy. \$20 per person; includes trivia and appetizers. Cash bar. (518) 274-7071 or (518) 235-5310.



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**RICHARD SHINDELL**  
APRIL 14, 2017 8PM \$20



**FOOD FOR THOUGHT: SHE'S BEAUTIFUL WHEN SHE'S ANGRY**  
APRIL 20, 2017 6PM RECEPTION 7PM FILM \$8

# Thank You!

The Hudson Mohawk Road Runners Club wish to thank the residents of Delmar, the Bethlehem Police Department and Public Works and the EMTs for their assistance, vendors and our many volunteers who made this race possible. We'd especially like to thank our corporate sponsors:



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and Spotlight Newspapers.

See you next year for the 30th Annual Delmar Dash!

**EXHIBITS**

**Albany Institute of History and Art**

**"Captured Moments: 170 Years of Photography from the Albany Institute,"** through May 21; and **"Wampum World: An Art Installation by René Ridgeway,"** through June 18. **"Spotlight: Erie Canal"** paintings, drawings, maps, photographs, books and more to mark the bicentennial of the project's ground breaking; through Aug. 20. 125 Washington Ave., Albany. (518) 463-4478 or www.albanyinstitute.org.

**Albany International Airport**

**"Cloudlands,"** featuring structures and images by Naoe Suzuki, Edward Mayer, Julie Evans, Susan Meyer, Dana Filibert, Joshua Field and Gina Ruggeri. Through July 31; Gallery, third floor, 737 Albany Shaker Road, Latham. (518) 242-2241 or arts@albanyairport.com.

**Albany Pine Bush Discovery Center**

**"National Natural Landmark."** New, special exhibit which guided you through the extraordinary world of the sand dunes from formation to impacts on the current landscape. Through June 30. 195 New Karner Road, Colonie. (518) 456-0655 or albanypinebush.org.

**Arts Center of the Capital Region**

**"The Art of Seed: Hudson Valley Seed Co.,"** contemporary artists' interpretations of a selection of heirloom varieties found in the company's catalog which are then turned into seed packets, that celebrate the beauty, diversity and cultural importance of the seeds enclosed within; through April 23. Also, **"Troy River City, Living with Water in Troy,"** which explores Troy's past and possible future as a river city in the Hudson Valley; through April 14. 265 River St., Troy. (518) 273-0552 or artscenteronline.org.

**The Clark Institute**

**"Looking North and South: European Prints and Drawings, 1500-1600,"** an exploration of the exchange between artists working in the Netherlands, Germany, and Italy, through May 29; **"An Inner World,"** features seven exceptional genre paintings by Dutch artists working in or near the city of Leiden in the 17th century, through Sept. 17; and **"Thomas Schutte: Crystal,"** the artist's first full-scale architectural work in the U.S., through Oct. 9. Plus ongoing exhibits. 225 South St., Williamstown, Mass. www.clarkart.edu.

**Collar Works**

**"Material Witness: The Object of Photography,"** Breaking from the tradition of photography as a passive truth machine, the nine artists featured in this exhibit instead let the idea and the image cultivate over time in the studio and beyond. Through Fri., April 28. 621 River St., Troy. Free. www.collarworks.org.

**Delaware Trolley House Cafe**

**New artwork by digital collage text artist George Guarino.** Daily, 10 a.m. to 11 p.m., through April 6. 292 Delaware Ave., Albany. Free. (518) 256-6549 or www.deepranceart.com

**Esther Massry Gallery**

**"Senior Art Exhibition,"** featuring works by 30 students in the art education, graphic design and studio arts program. Opening with reception on Fri., April 7, from 5 to 7 p.m. Through Fri., April 18. Massry Center for the Arts, 1002 Madison Ave., Albany. Free. (518) 485-3902.

**The Hyde Collection**

**"Marking the Moment: The Art of Allen Blagden,"** works surveying the career of the distinguished American contemporary realist painter. Through April 16. Also **"Lorna Bieber: Forces of Nature,"** photo murals and montages which reinterpret the natural world as an ethereal and poetic place. Through May

14. 161 Warren St., Glens Falls. (518) 792-1761 or www.hydecollection.org.

**Mabee Farm Historic Site**

**"Changing Waters: The Story of the Mohawk River,"** through April 2017. Also, **"Seasons on the Farm: The Plein Air Works of Deborah Angilletta,"** paintings of the historic property by last year's artist-in-residence. Through Spring 2017. Admission: Self-guided, \$5; tour and exhibits, \$8. Tues. - Sat., 10 a.m. to 4 p.m. 1100 Main St. (Route 55), Rotterdam Junction. (518) 887-5073 or www.schenectadyhistorical.org.

**Mandeville Gallery**

**"Branding the AfroFuture"** by Stacey Robinson, whose multimedia work discusses "Black Utopias," as spaces of peace away from colonial influence by considering Black protest movements and the art movements that document them. On view through March 2018. Schaffer Library Learning Commons, Union College, 807 Union St., Schenectady. Free. (518) 388-6004 or muse.union.edu.

**miSci**

**"Discover Butterflies,"** featuring hundreds of native butterflies fluttering around in an indoor butterfly house. Through April 23. **"Tinkering: Bring Out Your Inner Engineer,"** a hands-on exhibit from the San Francisco Exploratorium, through May 17. Plus ongoing exhibits. 15 Nott Terrace Heights, Schenectady. (518) 382-7890 or www.miSci.org.

**National Museum of Dance**

**"Art in the Foyer,"** annual fine art series features photographs from renown photographer Paul Kolnik. 99 South Broadway, Saratoga Springs. 584-2225 or www.dancemuseum.org.

**New York Folklore Society**

**"Farm and Field: The Rural Folk Arts of the Catskill Region,"** black and white photographs by Benjamin Halpern which document and showcase the

rural folk arts rooted in the agricultural heritage of New York State. 129 Jay St., Schenectady. (518) 346-7008 or www.nyfolklore.org.

**New York State Museum**

**"Ice Ages in New York State,"** a long-term exhibit examining the landscape and animals of that time period; **"The People's Art: Selections from the Empire State Plaza Art Collection,"** on display through Sept. 3; Plus ongoing exhibits. Empire State Plaza, 222 Madison Ave., Albany. (518) 474-5877 or www.nysm.nysed.gov.

**Saratoga Arts**

**"120" Intercollegiate Regional,"** a juried fine art exhibition for students attending an accredited college or university located within 120 miles of Saratoga Springs, Troy, or Glens Falls (Main Gallery). Through April 21. Also **"Fractured Lives"** by Jennifer Duke Antsey (Reception Gallery) and **"Faces"** by Benjamin Sugarman (Member's Hall Gallery). 320 Broadway, Saratoga Springs. (518) 584-4132 or www.saratoga-arts.org.

**Saratoga Auto Museum**

**"The Gavel: Cars of the Saratoga Auto Auction,"** which takes a look at the history, process, popularity and potential of automobile collecting along with **"Auto Sketches by Robert Selkowitz,"** and **"Photography by Michael DiPlecco,"** through Sept. 17. Plus ongoing exhibits. 110 Avenue of the Pines, Saratoga Spa State Park, Saratoga Springs. saratogaautomuseum.org.

**Saratoga Clay Arts Center**

**"Patter and Process" works by Erin Elizabeth and Dawn Dishaw.** Through April 25. 167 Hayes Rd., Schuylerville. saratogaclayarts.org.

**Schenectady County Historical Society**

**"Together Until the End: Schenectady in World War I,"** through

2017. Plus ongoing exhibits. Admission: \$5. Weekdays, 9 a.m. to 5 p.m.; Saturdays 10 a.m. to 2 p.m. 32 Washington Ave., Schenectady. (518) 374-0263 or www.schenectadyhistorical.org.

**Tang Teaching Museum**

**"Janine Antoni & Stephen Petronio: Entangle,"** collaborative works which combine action, video and installation: **"On the Table,"** April 6 through 30, and **"Honey Baby,"** May 13 through July 16; **"Inhabited Landscapes: Bougault's Algeria,"** a series of large, panoramic landscapes of Algeria, created during

the late-19th and early-20th centuries by the French photographer Alexandre Bougault, through April 23; Plus **"Liz Collins — Energy Field,"** a long-running installation created as a lounge and social space for visitors and students, through Aug. 31. Skidmore College, 815 North Broadway, Saratoga Springs. tang.skidmore.edu.

**University Club**

Paintings by Ed O'Connell, through April 28. 141 Washington Ave., Albany. (518) 463-1151 or www.universityclubalbany.com.

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Answers on Pg. B26

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# Clean Eating

Lasagna Bianca: Cow-Dairy-Free

By **STACEY MORRIS**  
news@spotlightnews.com

## CULINARY ARTS

**L**ike many of you, I adore a good plate of lasagna. It's a beautifully textured comfort food and just plain tastes good. Unlike many of you, the thrill of a steaming tray of lasagna being pulled from the oven is NOT a childhood memory for me. Growing up on Betty Crocker casserole recipes in a waspy household, I did not discover the joys of this layered pasta dish until well into my 20s. Once I had my first forkful, however, there was no turning back.

The way it oozed creamy ricotta was positively hedonistic! And then there was that melted layer of mozzarella that lay over the top like a lead canopy, rivulets of melted fat drizzling over the pungent marinara sauce that enveloped it all. And holding the fortress together was PASTA in long starchy ribbons that buttressed every layer of meat or cheese, as the case may be. Since it was labor-intensive, some of my favorites were the frozen varieties during my eating days. And since there was never enough of a cheese canopy for my liking, I always made sure to have an auxiliary bag of shredded mozz at the ready.

Those days are gone, and so is my affiliation with traditional lasagna. I've cleaned up both my coping mechanisms and list of ingredients considerably. Including the employment of eggplant slices instead of gluten-free pasta. Be my guest if you prefer the pasta but I conserve

carbs wherever and whenever I can.

Like the original version, this lasagna is labor-intensive, but oh-so-worth-it! This particular version is for one or two servings, and fits nicely in a bread loaf pan.

### Ingredients

1 medium eggplant, sliced lengthwise in 1/4-inch thick slices

2 eggs, well beaten

About a cup of 4C gluten-free bread crumbs

Light olive oil or grapeseed oil for frying

8-10 slices of hard goat cheese (available at Costco, Trader Joe's and specialty stores) OR 1 1/2 to 2 cups shredded Manchego cheese.

3/4 pound ground beef or sausage, cooked, drained, and cooled

2 4.5 ounce containers of chevre (preferably Trader Joe's Creamy Goat Cheese), room temperature

2 eggs, well beaten

2 tablespoons grated Pecorino cheese

1 teaspoon black pepper

2 teaspoons fresh chopped oregano or 1 teaspoon dried oregano

### Instructions

Place eggplant slices on a layer of paper towels and sprinkle with salt. Top with another layer of towel and let moisture drain for at least 10 minutes. Blot well with more dry towels as the final step. Heat oil in wok or skillet, so

oil is about a 1/2 inch deep. Heat well over medium-high heat. While oil heats, dip eggplant slices in egg wash, and then bread crumbs. You'll probably only be able to fry two or three pieces at a time. Fry at least three minutes per side, until brown and crisp. When cooked, place eggplant slices on clean paper towels, letting excess oil absorb.

In a medium-sized mixing bowl, blend chevre, the two beaten eggs, and black pepper with a whisk until smooth and creamy. The texture should be smooth and pudding-like.

Preheat oven to 330 degrees. Spray pan with non-stick cooking spray. Layer ingredients in a bread loaf pan beginning with an eggplant slice, followed by beef, chevre sauce, and a slice of hard cheese. Continue layering until pan is filled (it's OK if the lasagna rises above pan level). Be sure to end with a layer of chevre sauce followed by hard cheese. Sprinkle the final layer of chevre sauce with oregano before placing the final layer of hard cheese over the top. Bake for 20-30 minutes or until bubbly. Serve immediately.

*Stacey Morris is a Loudonville author, yoga instructor, and health coach who is maintaining a 180-pound weight loss through clean eating and regular DDPYOGA workouts. She's the author of "Clean Comfort," "Sweet Comfort," and "A Bowl of Comfort." Her website is www.staceymorris.com.*

# HOROSCOPES

April 2017  
Week 1

### CAPRICORN

December 22 – January 19

Preferences are made clear, and you have no choice but to compromise. Do so willingly, Capricorn. A senior surprises you with an announcement.

### AQUARIUS

January 20– February 18

Good fortune comes to those who wait this week. Be patient, Aquarius. A face from long ago resurfaces with some strong words.

### PISCES

February 19 – March 20

Don't go fixing what isn't broken, Pisces. Efficiency is not always the name of the game. A rusty, old tool turns out to be quite the asset in a project.

### ARIES

March 21 – April 19

Believe in the odds, Aries. Attitude is everything. Your love life receives quite the boost with an invitation to a lavish dinner party.

### TAURUS

April 20 – May 20

Shame on you, Taurus. You know better. A foe-turned-friend reveals a juicy secret. Guard it with your life. A new product makes for an easy time in the kitchen.

### GEMINI

May 21 – June 21

An acquaintance has more grandiose ideas than they can count. Unfortunately, the budget won't support any of them. Help them scale back, Gemini.

### CANCER

June 22 – July 22

Someone on your team is not measuring up. Be careful what you do next, Cancer. You don't want tempers to flare. A text throws you for a loop.

### LEO

July 23 – August 22

Blessings multiply, and you have much to celebrate. Invite your closest pals over for a feast, Leo. A victory at work results in a promotion.

### VIRGO

August 23 – September 22

History is in the making, and the role you play will be applauded, Virgo. An old letter points you in a new direction at home, and peace reigns once more.

### LIBRA

September 23 – October 22

Dream on, Libra. You can't buy the love of someone forever. Put away your checkbook and look for a different way to improve your relationship.

### SCORPIO

October 23 – November 21

Freakier incidents have occurred, Scorpio. Brush it off and take a look at the big picture. There is something you can do, but it will take some time to implement.

### SAGITTARIUS

November 22 – December 21

Hold on, Sagittarius. You cannot save the day every time. Give someone else a chance. A youngster learns their lesson the hard way.





**DO YOU EVEN LIFT?**  
—  
Wine vs. the gym.  
What's healthier?

heart function and muscle strength in rats. Furthermore, the study supposedly found this to be true even in sedentary rats, which saw up to 25 percent improvements in performance after getting the resveratrol supplements.

So, we can agree that there is some benefit to it, and it's fair to say those are the facts.

But being equal to an hour at the gym?

If you read the study, instead of the quick grad headlines, the truth comes out. The rats that improved performance weren't actually drinking wine. They were fed powdered resveratrol. Not only were they consuming it in powdered form, but they were getting mega-dosed with the stuff. To apply this study to the notion a glass of wine is equal to a day in the gym, a human would actually have to consume 100 to 1,000 bottles a day, every single day.

Funny how Facebook missed that. Another thing they conveniently left out? You could get the same benefit from drinking grape juice instead.

It's sad, because I

*"To apply this study to the notion a glass of wine is equal to a day in the gym, a human would actually have to consume 100 to 1,000 bottles a day, every single day."*

know of people who stopped exercising and starting drinking (wine) more because they saw that article. Instead of researching the claim or speaking to someone who has some expertise on the matter and who may have read the study, they stick to what the media falsely proclaimed and continues to do to this day.

Yet, as happens every time I bring up the subject, they all miss the point. While trying to lose weight, the consumption of alcohol will slow down or outright stop the process. Last week focused on the person who is trying to lose weight and who has bought into the lie that it's ok to drink every day.

The science behind these studies is usually flawed, at best. Worse, in other studies, it's an outright lie accepted as truth because it's what people want to hear.

I never say you have to give up alcohol completely or that drinking even a little bit makes you a

"raging alcoholic" (as one person wrote to me in anger). But, please don't fool yourself into thinking that drinking the amount most of us are is good for us. A glass or two of wine, or a beer a couple times a week isn't bad for you. In fact, many reputable studies show it is indeed good for you.

But, if you're trying to lose weight, shed fat or build lean muscle, then the first thing you should remove from your diet is alcohol. It will slow down the process. It's like trying to run a marathon while dragging a 20-pound anchor. Yes, you can get to the finish and get the weight off but it will take a lot longer and be a lot harder than if you didn't.

*Dan Romand is co-owner and operator of Full Circle Fitness-NY in Colonie, where he is also a certified personal trainer. You can often read his Health & Fitness column within the pages of TheSpot518, or on our website, TheSpot518.com.*

HEALTH & FITNESS

# More truth you're going to hate

Do you believe a glass or red wine is equal to time in a gym?

By DAN ROMAND  
news@spotlightnews.com

Last week I wrote about the No. 1 reason I see people struggle with getting results in their weight loss journey: alcohol. And, I heard from many of you telling me that can't possibly be true. Truth is, I knew ahead of time I'd be hearing from folks and I will tell you my email got flooded with responses.

Much like politics and religion, telling people they may have an "alcohol problem" is sure to trigger some feelings. And, strong feelings they were. They ranged from, "I drink everyday and never get drunk," to, "I saw on TV that its ok to have an

occasional drink." And, of course, the "Having one drink doesn't mean I am an alcoholic!"

Others took to sending me links to "that study" circulating around Facebook that states a glass of red wine is the same as spending an hour at the gym.

No doubt you saw that one plastered all over the media. In fact, there isn't a week that goes by that someone doesn't mention it or send me a link to it. One faithful reader sent me a link to an article that adamantly stated, "science proves drinking wine is better than going to the gym." (Of course, that link was to a wine blog, so I think it's safe to say they might have a bias.)

A conducted at the

University of Alberta in 2012 reportedly found that resveratrol, an antioxidant found in red wine, grapes and other foods, improved physical performance,

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# What's Brewing

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## 463-1670

■ **IN BRIEF**

**Open Mic Night at Hudson River Music Hall**

**HUDSON FALLS** — Hudson River Music Hall will host Wednesday Open Mic Night on April 5 from 7:30 to 9:30 p.m. at 10 Maple Street in Hudson Falls.

Sign up is at 7:00 pm. Admission is \$3. For more information, call (518) 832-3484.

**Hamilton Street Jazz Co at Grappa 72**

**ALBANY** — The Hamilton Street Jazz Company will perform at Grappa 72 on

Wednesday, April 5 and Thursday, April 6 from 6:30 to 9:30 p.m. at 818 Central Ave. in Albany.

For more information call (518) 482-7200 or visit [www.grappa72.com](http://www.grappa72.com).

**Dan Sherwin at O'Slattery's**

**DELMAR** — Dan Sherwin will perform at O'Slattery's on Wednesday, April 5 from 6:30 to 9:30 p.m. at 318 Delaware Ave. in Delmar.

Singer, guitar player and songwriter Dan Sherwin is known for his interpretations of rock classics as well as

his own original tunes.

For more information call (518) 439-5634 or email [oslatterys@gmail.com](mailto:oslatterys@gmail.com).

**The Deadbeats at the Low Beat**

**ALBANY** — The Deadbeats will perform on Wednesday, April 5 at 10 p.m. at the Low Beat at 355 Central Ave. in Albany.

Founded in 1993, the Deadbeats play the music of The Grateful Dead, Phish, The Beatles, Bob Dylan, Bob Marley, Janis Joplin and more.

For more information call (518) 432-

6572 or visit [www.thelowbeat.com](http://www.thelowbeat.com).

**Open Mic Night at McGeary's**

**ALBANY** — Mother Judge hosts Open Mic Night on Wednesday, April 5 at 8:30 p.m. at McGeary's Irish Pub at 4 Clinton Square in Albany.

Participants can stop in to enjoy the performances, or share their own.

Sign-ups start at 7:30 p.m. For more information visit [www.mcgearyspub.com](http://www.mcgearyspub.com) or call (518) 463-1455.

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## Impressive Tandum

**COEYMANS** — Two conductors orchestrated 180 junior and senior high school band members as they all played Stravinsky's *The Firebird* in unison at the Ravena Coeymans Selkirk High School on Thursday, March 30.

High school band director John Fatuzzo and junior high school band director Kermit Wamsley, had planned the one-piece exhibition since the beginning of the academic year. The performance elicited a standing ovation from all in attendance.

Photo by Michael Hallisey / TheSpot518

## IN BRIEF

### Mike DeAngelis at O'Slattery's

**DELMAR** — Mike DeAngelis will perform at O'Slattery's on Thursday, March 6 from 7 to 10 p.m. at 318 Delaware Ave.

DeAngelis started his solo career in 1980 and has since performed with jazz quintet the Standard Clams, and Irish Bands Hair of the Dog, The Porters and Get Up Jack.

For more information call (518) 439-5634 or visit [www.oslatterys.com](http://www.oslatterys.com).

### Vinyl Nite at Pauly's Hotel

**ALBANY** — Pauly's Hotel will host Vinyl Nite on Thursday, April 6 from 8 to 10 p.m. at 337 Central Ave. in Albany.

Participants should bring their own records to enjoy classics from all eras aided by exuberant drink specials. The event is for 21 and over. There is no cover charge.

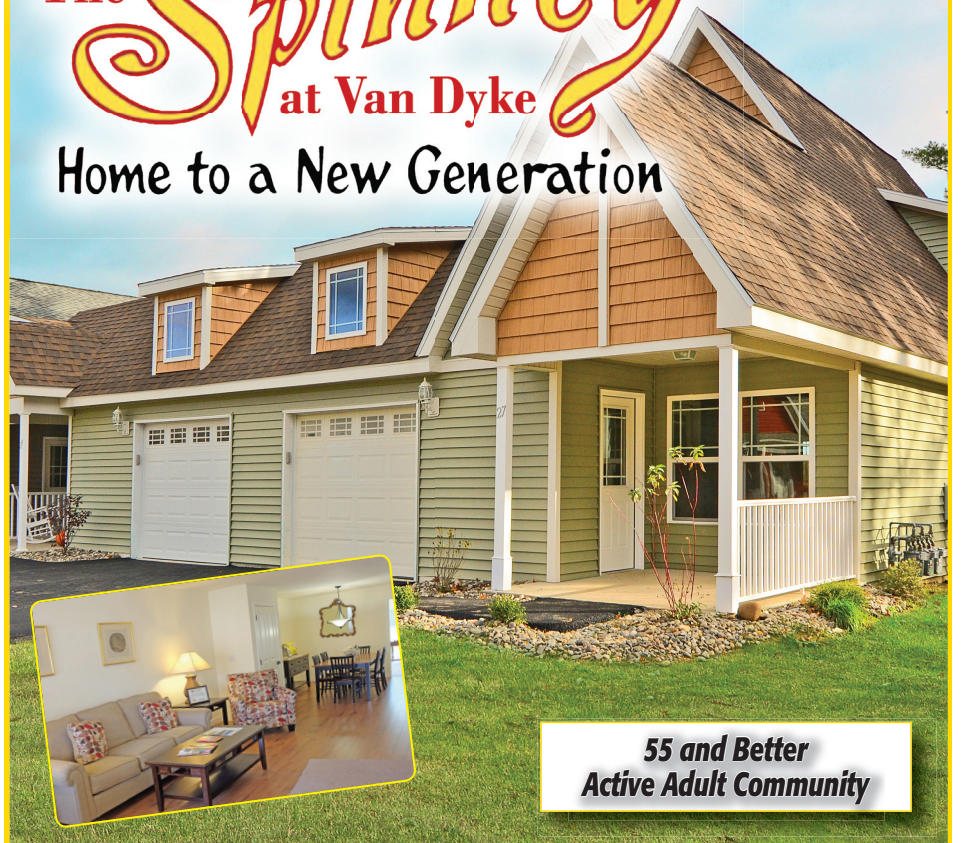
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Darla J Cherry  
Chrome Inc.

**I definitely noticed a change in our attendance and was thrilled!**



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## From page B1 ... Taking the lead

Music sat down to discuss with Henricks the shift from band member to band leader, performing with Beau Sasser and putting together the Wurliday EP.

**Pete Mason:** Tell me about Wurliday and how the group came together.

**Justin Henricks:** Had this idea circulating in my mind for almost a year, and I've been taking my time to let it come to fruition in terms of getting the songs written and making this EP that is coming out. I've always wanted, it's been long due, having my own project that I have creative control over. I spent a lot of time working with Beau (Sasser), and the Escape Plan and The Chronicles. I've learned a lot as a sideman and I'm ready to take on my own project. I figured the best way to do so would be to release something, sort of build the groundwork of the band and the internet presence and everything, before the band actually starts. Almost like a Steely Dan approach. I was able to get some incredible musicians and friends together to play on these tunes. Everyone was really supportive and showed me a lot of love during the process. Trying to create something that will go for a while. Really starting to think of the future of this project and create a home base for myself, creatively and band speaking.

**PM:** Where did you record the album?

**JH:** We recorded at Alan Evans' studio Iron Wax in Millers Falls, Mass. The album's cast is nothing short of all-star. He

was a pleasure to work with, he was a great engineer, gave his two cents when needed, and really worked with us to make sure we were getting all the sounds we're trying to hear. I felt like we had two days of initial tracking and got a lot of overdubs done in the first two days. We brought the sessions back to our house with Bryan (Brundige) at his studio, Grandma's Studio, in The Attic. Between him and I, he helped a lot in terms of lending gear and his engineering skills. We were able to bang out all the vocals

**PM:** Who sings on the EP?

**JH:** Arielle O'Keefe, her stage name is Girl Blue. She actually co-wrote the record with me, we worked on all the vocals together, she's extremely great to work with, hoping to move forward with her and play some shows together. She's singing on three of the tracks and Jennifer Hartswick (TAB) is on the fourth track, and Tyrone Hartzog (The Chronicles) is featured. In my opinion, he's my favorite male vocal voice to record, it comes through in the recording so well, something about the timbre and the tone about that dude's voice that sits real well. He's like Donnie Hathaway. Between that I also went to Paulie Philippone (West End Blend), he helped me a lot with this record. He's playing all the keys and synth. We took a trip down to his house, it's called the Funk House, West End Blend Studio in Hartford. We had a couple fun keyboard days where we went over synthesizers.

*There's a lot of people that for whatever reason ended up here who are heavy dudes and have their resources available to you as a musician to go seek out and play with them. I was on the phone with Skip Parsons not too long ago. Skip has been doing a gig at The Fountain, he's been holding that gig for like 50 years, every other Saturday, playing old school jazz and sharing a wealth of knowledge of old music. There's people to play with here and a lot of history.*

**PM:** How did Jennifer Hartswick come to sing on a track?

**JH:** I was really excited to get Jen on a track. It kinda happened organically. Arielle wrote the album with me, and we started the vocal tracking sessions for it and while she sounded great, she suggested to look around for a singer for "Getting There." On a whim I emailed Jen and sent her the track and asked if she'd be interested in doing it because she really has such a powerhouse voice and she can really sit up there in that high register. She got right back and ended up tracking it in Nashville and did a remarkable job. I couldn't be happier with her performance, she was the sweetest for helping out with that, it was great.

**PM:** How and when did your vocals develop?

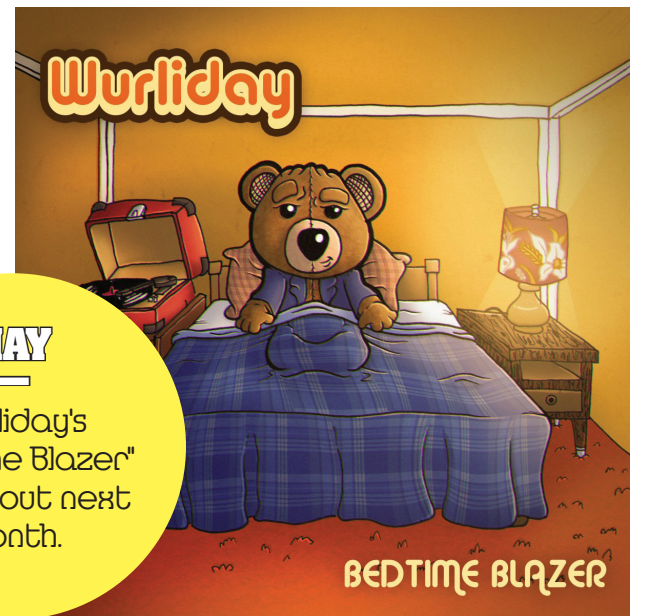
**JH:** I've been working on my vocal chops! I look forward to singing some backups

and working on it some more in this new project.

**PM:** You went to the Hart School and have ties to Hartford, CT.

**JH:** Hartford has always been a second home to me. They have their Booya Funk night on Wednesdays. I try to go down there as much as I can. Arch Street Tavern is one of my favorite venues to play. Going to the Hart School I got all my jazz chops

**Continues on B23**



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**IN BRIEF**

**Tunes and Tacos at City Beer Hall**

ALBANY — City Beer Hall will hold “Tunes and Tacos” on Wednesday, April 5 at 5 p.m. at 42 Howard Street in Albany.

There will be \$2 tacos and a live Vinyl DJ for participants’ favorite vinyl.

For more information call (518) 449-BEER or visit thecitybeerhall.com.

**Salsa Night at the Albany Railyard**

ALBANY — The Albany Railyard will

host “Salsa Night” on Wednesday, April 5 from 8:30 p.m. to 12 a.m. at 1118 Central Ave. in Albany.

Salsa lessons will be held from 8:30 to 10 p.m., followed by a Latin dance party until 2 a.m.

Entry is \$10. For more information call (518) 650-6499 or visit www.albanyrailyard.com.

**The Masters of Nostalgia at One Caroline Street**

SARATOGA SPRINGS — The Masters of Nostalgia will perform at One Caroline Street in Saratoga Springs on

Wednesday, March 5 at 8:30 p.m.

Dave Pedinotti and band perform classic rock and folk tunes from the 60’s, 70’s & 80’s, such as Neil Young, Van Morrison, Bob Dylan and The Band.

For more information visit onecaroline.com.

**Caffe Lena Poetry Open Mic**

SARATOGA SPRINGS — Caffe Lena will hold a Poetry Open Mic on Wednesday, March 5 at 7:30 p.m. at 47 Phila Street in Saratoga Springs.

Each poet reads two short poems or

one longer poem, with a limit of 5 minutes altogether. There is a featured reader each month who reads for approximately 20 minutes. All styles of poetry are welcome, although it is requested that performers refrain from excessive profanity or vulgarity.

Admission is \$5. Sign up starts at 7. For information call (518) 583-0022.

**Open Mic at Old Songs**

VOORHEESVILLE — Old Songs will host an Open Mic Night on Wednesday, March 5 from 7:30 to 10:30 p.m. at 37 South Main Street in Voorheesville.



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■ IN BRIEF

**Celtic Woman at the Palace Theatre**

ALBANY — Celtic Woman will present "Voices of Angels" on Wednesday, April 5 at 7 p.m. at 19 Clinton Ave. in Albany.

"Voices of Angels" showcases the voices of Susan McFadden, Máiréad Carlin, Éabha McMahon and introduces new Celtic violinist Tara McNeill, accompanied by a group of talented musicians and dancers.

Tickets start at \$42. For more information or to buy tickets call (518)

465-3334 or visit [www.palacealbany.org](http://www.palacealbany.org).

**The Sound of Music at Proctors**

SCHENECTADY — Proctors presents "The Sound of Music" from Tuesday, April 4 to Sunday, April 9 at 432 State Street in Schenectady.

The musical story of Maria and the von Trapp Family will once again thrill audiences with its Tony, Grammy and Academy Award winning Best Score.

Tickets start at \$20. For more information call (518) 346-6204 or visit [www.proctors.org/events](http://www.proctors.org/events).

**Into the Woods at Cohoes Music Hall**

COHOES — Park Playhouse and The Palace Performing Arts Center present "Into the Woods" from Friday, March 31 to Sunday, April 9 at the Cohoes Music Hall at 58 Remsen Street in Cohoes.

The story follows a Baker and his wife, who wish to have a child; Cinderella, who wishes to attend the King's Festival; and Jack, who wishes his cow would give milk. When the Baker and his wife learn that they cannot have a child because of a Witch's curse, the two set off on a journey

to break the curse. Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results.

Tickets are \$25 for adults and \$15 for those 18 and younger. For more information or to buy tickets call (518) 465-4663 or visit [www.palacealbany.org](http://www.palacealbany.org).

**Matty Finn at Carvey's Tavern**

BALLSTON LAKE — Matty Finn will perform on Thursday, April 6 from 6 to 9 p.m. at Carvey's Tavern at 17 Main Street in Ballston Lake.

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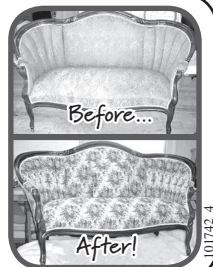
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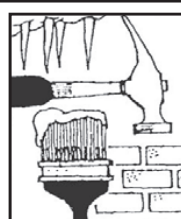
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**AT 24**

Henricks already has his name linked with an impressive list of artists.

Byran Lasky / nysmusic.com

**From page B18 ...**

**Taking the lead**

from a really traditional program with some great leadership; I was lucky to study under Nat Reeves, Renee McLean and my guitar teacher Rich Goldstein who taught me everything I know.

**PM:** After the Hart School you moved back up here?

**JH:** Yeah the Chronicles were gigging a lot and I was playing with Way Down, who were my first sort of band that I had a stake of leadership in. It was all of our bands but I learned a lot about leadership skills and what it means to be a band leader, which makes me so excited to finally get this project off the ground. Really looking forward to taking something and calling it my project.

**PM:** How did you go from playing with The Chronicles to playing with Beau Sasser?

**JH:** I met Beau because Way Down was opening for Alan Evans' Playonbrother and Beau invited me out to do one of his funk nights at Bishop's Lounge in Northampton, Mass. He asked me to come out and play. I didn't know what to expect and he didn't send me any tunes, it's kinda Beau's way. I went out there and it was a very crazy packed jam party. From there Beau and I became really great friends and he wanted to start the Escape Plan and thought it would be cool to have a band with two guitar players. He brought Danny Mayer to the table and Mary Corso, who are both playing in the Eric Krasno Band now. Beau mentioned he wanted a vocalist and I was able to bring Mary, who I went to Hart School with, into the mix. We had maybe half a rehearsal and Mitch Moriber at Tone Wheel Music Group booked us a bunch of shows and off we went. I definitely do owe Beau some credit in introducing me to a lot of these folks who have been kind enough to play some music with me from time to time; pretty much everybody on the record.

The Escape Plan is fun, for all of us really, I think it was a really nice vehicle. We played some shows and met a lot of great people and we still play from time to time – Beau is with Kung Fu, Danny and Mary are with Eric Krasno Band. It's been a funny little stepping stone for all of us I think. It's like the family band at this point, we have a lot of fun when we get together.

**PM:** Who are your guitar/musical influences?

**JH:** Guitar-wise, George Benson, John Scofield, Wes Montgomery and Grant Green. Musical influences: Earth Wind and Fire, Steely Dan.

**PM:** You're 24 and your roots are in Albany. What do you see your goals are by the time you're 30?

**JH:** I would hope that this original project, long term, has gotten to a sustainable point and something I can really call home, and still doing a lot of the same – getting a chance to play with these amazing musicians and making more records. I hope to have a bunch more records under my belt. This is the first go at it – the first recording process that I produced and had creative say over and I like it a lot. So the bug has definitely bitten and I hope to get back in the studio next fall and do "Bedtime Blazer, Vol. 2."

**PM:** Thinking of the second one already?

**JH:** Absolutely.

**PM:** What are your thoughts on the Albany scene? How do you see the Albany scene from the point of view of a traveling musician with a base here?

**JH:** It's a tricky thing for sure. What makes a scene, ya know? People going to shows, we certainly have that, The Hollow and Parish Public House are great rock clubs that host a lot of great bands. A lot of bands have called this place home and had a lot of great times here. There's a lot of great musicians to play with in the area. It's a bit of an older scene in my experience. There's a lot of people that for whatever reason ended up here who are heavy dudes and have their resources available to you as a musician to go seek out and play with them. I was on the phone with

Skip Parsons not too long ago. Skip has been doing a gig at The Fountain, he's been holding that gig for like 50 years, every other Saturday, playing old school jazz and sharing a wealth of knowledge of old music. There's people to play with here and a lot of history.

**PM:** There's so much going on in this town, and the ridicule of calling it 'Smallbany' doesn't help and you realize there are all these musicians tucked away.

**JH:** A scene for me is ... there's all these scenes in all these cities, and it's the people that are in them that matters. With funk night in these other cities – Beau has in Northampton, West End Blend has in Hartford, Kung Fu has in Bridgeport – it's definitely a staple that I tried to get going in Albany at City Beer Hall last summer. We had some really successful ones, and some not successful ones, but I learned a lot from it, directing a band, being a band leader. That was my gig that I had to prepare for each week, so I learned a lot from that experience too, all building up to this original project I want to start; all learning experiences.

*Pete Mason is co-publisher and Editor-in-Chief of NYSmusic.com, an online magazine that covers local music throughout the Empire State. This article appears as a special to TheSpot518. For more music in and around New York state, visit nysmusic.com.*

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GIBSON Les Paul, traditional, 2013, with case, mint condition, \$1,700, (631)316-6958.

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**LOCAL CDS**

"8-Track Mind", the long-awaited debut album from Left Hand Shake (Blaze Sepowski & David Decker) is available on CD for \$10 each, exclusively at the River Street Beat Shop in Troy, or contact: [LeftHandShake44@gmail.com](mailto:LeftHandShake44@gmail.com). Digital Downloads available for \$7.99 at [www.CDBaby.com/cd/LeftHandShake](http://www.CDBaby.com/cd/LeftHandShake)

**LOCAL CD LISTENING PARTY**

Join us Friday April 7th (5-9pm) at IL FARO Restaurant & Bar 698 N. Pearl St in Albany (diagonal from WNYT Studios in Menands) for the 2nd in our series of CD Release / Listening Parties celebrating the release of the debut album by Left Hand Shake, titled, "8-Track Mind". This is a part of the monthly "First Friday" event at IL FARO featuring (from 5-7PM) an Art Show Opening w/ Ryan Pooler; Complimentary Wine Tasting, then from 7-9 PM, "8-Track Mind" will be played in its entirety. Meet the artists; see some great new art; listen to great new music; enjoy happy hour specials (both food & beverages). Don't miss this GREAT night of FUN!

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RECENTLY ANNOUNCED

Tulip Fest details released

ALBANY — The City of Albany will host the 69th Annual Albany Tulip Festival on Saturday, May 13 and Sunday, May 14 in Washington Park.

The Tulip Festival is Albany's signature spring event featuring annual traditions rooted in the city's rich Dutch heritage. The event includes nearly one hundred artisans selling handmade crafts, a fine arts show, a variety of food, a KidZone family fun destination, two stages of live entertainment and more than 140,000 tulips in 150 different varieties.

Since Mayor Erastus Corning II read the first Tulip Festival Proclamation on May 14, 1949, the Mother's Day weekend celebration has grown into one of the Northeast's biggest and most beloved yearly events. Featuring area vendors, businesses, community organizations and original local artists on every stage, the Tulip Festival continues to honor Albany's

four centuries of history while looking ahead to its future. As always, this event is free and open to the public.

For more information, call (518) 434-2032, visit www.albanyevents.org or follow albanyNYevents on Facebook, Twitter and Instagram.

Read on for the full schedule of events or view online at www.albanyevents.org.

Saturday, May 13

Tulip Queen Coronation Ceremony

Washington Park Lakehouse Stage

11:30 a.m. — The Mendelssohn Club of Albany

11:45 a.m. — Tulip Queen Procession (Begins at formal Tulip Beds by Moses Statue)

2016 Tulip Queen Adaviah Ward, Mayor Kathy Sheehan and the Dutch Settlers Society lead the 2017 Tulip

Queen finalists to the Lakehouse Stage.

12:00 p.m. — Tulip Queen Coronation (Lakehouse Stage)

Mayor Sheehan and MC Chad O'Hara of B95.5 crown the 69th Albany Tulip Queen in this traditional highlight of Tulip Fest weekend.

Live Music

Main Stage: Washington Park Parade Grounds

4:30 p.m. — Minus The Bear

3:00 p.m. — The Palms

1:30 p.m. — Wild Adriatic

Local 518 Stage: Washington Park Lakehouse Stage

4:45 p.m. — Dryer

3:30 p.m. — Cannon the Brave

2:15 p.m. — Jasper

1:00 p.m. — Maurizio

Sunday, May 14

Live Music

Main Stage: Washington Park Parade Grounds

4:30 p.m. — The Delfonics

3:00 p.m. — Erin Harkes

1:30 p.m. — Holly and Evan

Local 518 Stage: Washington Park Lakehouse Stage

4:45 p.m. — Ramblin' Jug Stompers

3:30 p.m. — Dyer Switch Band

2:15 p.m. — Sydney Worthley

1:00 p.m. — Andrew Wheeler & Donna Marie Tritico

19th Annual Mother of the Year Award

12:00 p.m. — Mayor Sheehan and B95.5's Joe Condon recognize the Capital Region's most outstanding moms.



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**METAL!**

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Heads were banging and ears ringing at Jupiter Hall in Crossgates Mall for the Reverbicon Rock & Metal Expo Saturday, April 1. Go to [TheSpot518.com/Spotted](http://TheSpot518.com/Spotted) for more photos.

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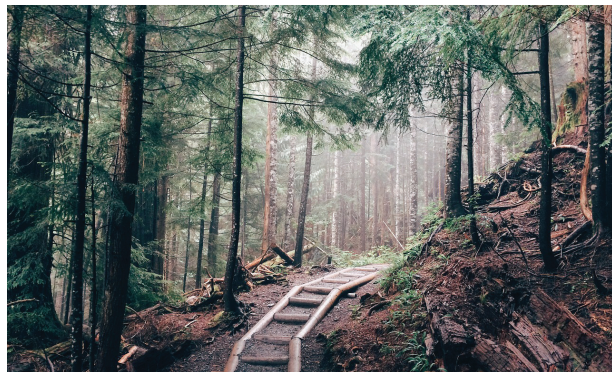
**STEM is the word**  
Music education boosts more than test scores in school

On page 4



**The right camp?**  
Things to consider before choosing a summer camp

On page 5



**How we loved camp**  
Two high school seniors share their thoughts on time spent in summer camp

On page 9



## FEATURE: Specialty Camps



**A camp with a specific interest could help build your child's self esteem**

On page 6

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— Jillian Crocetta  
high school senior  
reflecting on time spent in camp

# Time to start thinking summer

How to keep kids entertained all summer long

**S**ummer vacation often starts with high expectations. Children are excited about the prospect of fun days outdoors playing with friends, while parents anxiously await relaxing months without the responsibilities of school and extracurricular clubs. But once summer vacation arrives and the first few days have passed, parents often find that the litany of cheers and giggles transform into a chorus of "I'm bored."

Many parents pore over ideas that will keep their children busy throughout the summer. Many activities that come to mind tend to be expensive, so if cutting costs is a priority, parents might need to think outside the box to come up with entertaining ideas that won't break the bank.

## Camp

Summer camp is a popular way for kids to spend their summers, but many camps are expensive. The American Camp Association has found that overnight camps can cost anywhere from \$325 to \$780 a week. Day camp fees may be \$100 to \$275 per week. Parents who send their children to camp for an entire season might pay anywhere from \$3,000 to \$9,000 for the seven- to nine-week program.

Parents looking for an alternative to costly camps should consider local programs that offer summer activities. Libraries, schools and childcare centers may have programs that run the length of summer and are considerably less expensive than more formal camps. A YMCA or even a swim club may also put together activities. Parents whose children attend afterschool sporting classes, such as karate or soccer, may find that the organizations offer a camp or summer program.

## Day Trips

If a parent is off for the summer, then day trips may be a possibility. Schedule a few day trips to different locations that the kids are excited to see. Newspapers routinely print "Go See It" or "Just Go" listings that highlight local events. The family can gather around the table and decide which outings would be interesting and then mark them on the calendar. Some parents purchase season passes to amusement parks and take the kids several times over the summer. In either case, bring snacks and lunch from home when possible to keep costs in check.

## Kid Swap

Chances are many of your neighbors are also facing the same difficulties as



When school lets out for the summer, many parents are left searching for ways to keep children entertained in the ensuing months.

they try to find ways for kids to spend their summer afternoons. Parents can get together and set up a schedule for entertaining the kids. For example, one parent is responsible for the whole lot one day, while the next day another parent takes a turn. This gives parents the opportunity to take a break from parental responsibilities and enjoy some quiet time. And for the children,

time spent in a pool, watching movies, playing video games, or riding bikes is often more enjoyable with friends in tow.

## Fun Projects

Children often want to feel useful, and may enjoy the responsibility of some easy tasks in and around the

*Continued on page 9*

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# STEM is the word



## Music education boosts more than test scores

**S**chool is much more than a place where students gather to learn. For children, school is their first opportunity for social development and introduction to people outside of their family unit. Lessons learned in school go beyond mathematics and language arts. Students learn to cultivate individual interests and find other people who share their interests. Music is one of the ways like-minded children come together.

When many people talk about the benefits of music education, they're quick to point out all of the quantitative and measurable results of that music education.

For instance, numerous studies have shown the positive impact music programs can have on children in other areas of study.

Dr. Laurel Trainor, a professor of psychology, neuroscience and behavior at McMaster University, has said that young children who take music lessons show different brain development and improved memory compared to children who do not receive musical training. Stanford University researchers have found that musical training improves how the brain processes the spoken word, a finding that researchers say could lead to improving the reading ability of children who have dyslexia and other reading problems. Furthermore, in an analysis of data on more than 25,000 secondary school students, researchers at the United

States Department of Education found that students who report consistent involvement in instrumental music during middle school and high school perform significantly better in mathematics by grade 12 than those who do not participate in music programs.

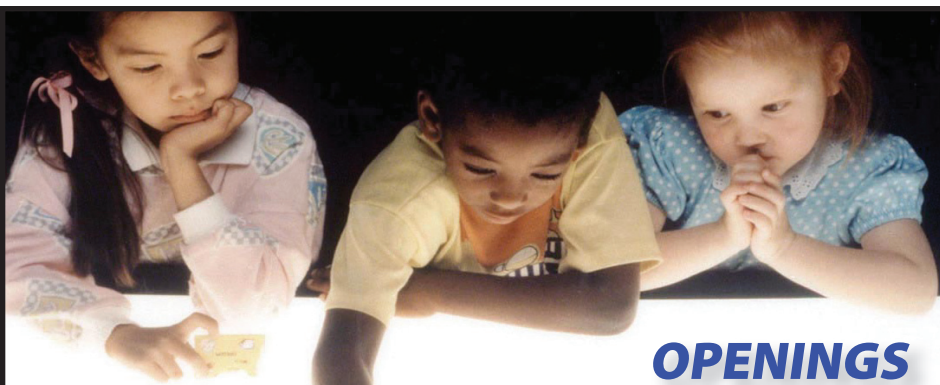
There are many reasons why music education can help to make a child a better student, but there also are other benefits that go beyond the classroom environment. Being involved in music also is a social endeavor, and music education can set the course for lifelong friends and help create social groups that last through school and beyond.

Music education breeds familiarity during a school career, when going from class to class or from school to school every year can

be nerve-wracking and unfamiliar. Walking inside of a band room, whether in elementary school or high school, can create a sense of belonging. It is also a place where students not involved in sports or other activities can gather.

Children who move a lot due to a parent's work may find that joining the marching band or participation in the choir is the one portion of school that is familiar no matter where they attend school. While neighborhoods may change and teachers differ from school to school, music can be a reliable constant.

While not every child will go on to be the next, great musical sensation, thanks to music education at school, he or she will have learned lessons in working as a team and other social benefits that will help in all areas of life.



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# How do I choose the right camp for my child?

## Things to consider before choosing a summer camp

**E**arly spring in the Northeast hardly elicits images of youngsters building campfires or playing games in the pool, when we still contend with the occasional snowstorm. However, it is a great time for parents to start thinking about summer camps for their kids.

Summer camp is often something kids look forward to, and something they will fondly recall long after they reach adulthood. For many kids, summer camp provides a first taste of independence, as youngsters spend significant time away from home without their parents for the first time in their lives. But as great an experience as summer camp can be for youngsters, it can be just as difficult an experience if parents don't find the right fit for their children. That's why it behooves parents to start thinking about summer camps for their kids in winter, before camps start filling out their rosters, which tends to happen in early spring. The following are a few things parents should take into consideration when seeking a summer camp for their kids.

## Summer Camp Guide

### Staff

The right summer camp staff can make all the difference. Many children are understandably shy when arriving at a summer camp, as their friends from back home might not be joining them. That can make kids hesitant to participate in activities or less enthusiastic about those activities. But a good staff will know how to make kids feel welcome, which should help them come out of their shells and make the most of their summer camp experiences. The quality of staffs can vary significantly depending on the camp, so it's important that parents ask camp representatives about their staffs before making any commitments. Ask how long the staff has been together and the types of training new and even veteran staff members undergo before the start of camp season? Does the training include first aid and emergency medical training and certification?

It's also good to ask

about the vetting process the camp employs before hiring new staff, including the extent of its background checks. Are criminal background checks conducted? How many references must potential staff members supply to be considered for employment? A good camp will be forthcoming with answers to all of your questions, so eliminate those that appear hesitant to share information about their staffs.

### A day in the life

When vetting camps for kids, parents should ask what a typical day is like once the season hits full swing. Many parents want their youngsters to have a well-rounded experience, while others might want their kids to attend a more specialized camp, whether it's a sports camp focusing on a particular sport or a music camp devoted to helping kids become better musicians. Regardless of the type of camp parents are considering for their kids, they should ask about what daily life at the camp is like. Ask to see schedules and how strictly camps adhere to those schedules. When considering specialized camps, ask the staff representative if kids will have the chance to simply have a little fun and which types of recreational activities are planned to give kids a break from

what are often rigorous schedules.

### Camp goals

Another thing parents must consider before choosing a summer camp for their kids is the goals of each individual camp. A camp should be dedicated to ensuring kids have fun, even when kids are attending more specialized camps that tend to be more strict. In addition, parents should look for a camp that wants its attendees to foster relationships with their fellow campers. Camp can be lonely for some youngsters, especially those attending summer camp for the first time, but a summer camp that strives to promote friendship among its campers can reduce, if not eliminate, any feelings of homesickness.



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# Specialty camps

A camp with a specific interest could help build your child's self esteem

**A**t summer camp, children learn to cultivate individual interests and find other people who share their interests.

Apart from the traditional sleep away camp involving social activities, team building exercises and general recreation, specialty camps focus on a primary subject. Each continues with the premise of building important social activity skills, but also builds up your child's self-esteem in an area already important to him or her.

## MUSIC

Music is one of



the ways like-minded children come together.

When many people talk about the benefits of music education, they're quick to point out all of the quantitative and measurable results of that music education. For instance, numerous studies have shown the positive impact music programs can have on children in other areas of study.

Dr. Laurel Trainor, a professor of psychology, neuroscience and



You've heard of band camp. When people think of specialty camps, music is at the forefront. There are a number of reasons to help your child pick up a musical instrument. Perhaps the most important is the bestowing the gift of music.

behavior at McMaster University, has said that young children who take music lessons show different brain development and

improved memory compared to children who do not receive musical training. Stanford University researchers have found that musical training improves how the brain processes the spoken word, a finding that researchers say could lead to improving the reading ability of children who have dyslexia and other reading problems.

Furthermore, in an analysis of data on more than 25,000 secondary school students, researchers

at the U.S. Department of Education found that students who report consistent involvement in instrumental music

**"Young children who take music lessons show different brain development and improved memory compared to children who do not receive musical training."**

**— Dr. Laurel Trainor, a professor of psychology, neuroscience and behavior at McMaster University**

during middle school and high school perform significantly better in mathematics by grade 12 than those who do

not participate in music programs.

There are many reasons why music education can help to make a child a better student, but there also are other benefits that go beyond the classroom environment. Being involved in music also is a social endeavor, and music education can set the course for lifelong friends and help create social groups that last through school and beyond.

Music education breeds familiarity during a school career, when going from class to class or from school to school every year can be nerve-racking and

*Continued on next page*



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## From page 6 ... Specialty camps

unfamiliar. Walking inside of a band room, whether in elementary school or high school, can create a sense of belonging. It is also a place where students not involved in sports or other activities can gather.

While not every child will go on to be the next, great musical sensation, thanks to music education at school, he or she will have learned lessons in working as a team and other social benefits that will help in all areas of life.

### ACADEMICS

Summer camp does not have to be a source of contention for your scholastically gifted

student. Whereas children may be

**“Whereas children may be stigmatized for excelling at school over athletics, and sometimes ridiculed in social settings that call for athletic ability, camps focused on academics serve several purposes to benefit your child.”**

stigmatized for excelling at school over athletics, and sometimes ridiculed in social settings that call for athletic ability, camps focused on academics serve several purposes to benefit your child.

There are camps that can focus on various aspects in education, from writing and arts, to math and science.

As early as grade

school, your child will narrow his or her focus on school subjects. Pairing your child to a camp that focuses on a favorite subject, ensures he or she will

meet students of her age with the same interests, resulting in instant friendships.

### ATHLETICS

The Capital District is not short of sports camps.

Basketball, baseball, football and soccer are arguably the more

popular of the camps that cater to interest in athletics.

In these camps, children are often introduced to local leaders in the sport of their choice, whether they be a former professional athlete, or a coach from a local school.

Children who attend these camps will be

exposed to training exercises that go beyond what they are accustomed to seeing in community leagues.

Many times, the abilities of those who attend these camps surpass the average child on the Little League or Pop Warner team. This allows coaches to breeze past the basics, and teach towards the next level.



Lacrosse is just one of many sports in which area specialty camps focus on. A week or more of training with local college coaches and players help your child gain useful knowledge in the sport he or she enjoys playing.

There are more than 25 colleges and universities within the Capital District. Some of which offer summer academic camps for your school-aged child. These camps allow your child to work on a favorite subject, or learn more about a challenging one.

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# Heads up!

## Taking up soccer

By Tresa Erickson

**H**eads up, everyone. Soccer season is starting, and this year, your child has decided to take up the sport and join a camp.

You are looking forward to watching their games, and in order to help them make the most of their abilities, you have decided to purchase all of the equipment they will need to practice the game at home. One of the first items on your list is a soccer ball. Here are some tips for purchasing the right ball for your child.

When shopping for a soccer ball for your child, look for one that is the appropriate size. Soccer balls come in a range of age-appropriate sizes. Generally, size 3 balls work best for players age eight and younger, size 4 for players age eight to 12, and size 5 for players age 13 and older.

In addition to size, consider the hardness of the ball. Soccer balls vary in hardness. Since your child is just beginning and will probably bounce the ball off their face several times, look for a soft ball to prevent injuries. You can test the ball for softness by smashing it with your thumbs. There are soft

## Summer Camp Guide

balls made of PVC for young players; however, these may not be the best choice for your child if you live in an area with high temperatures. The heat will soften the ball even further, so you may have to buy a slightly harder one to compensate for the heat.

As you are shopping, pay attention to the construction of the ball as well. The best balls are stitched by hand and contain latex air bladders. Balls that are laminated or glued with butyl bladders do not stand up well to hard play and may have to be replaced often. To ensure the ball is good, look for the FIFA inspection or approval seal.

Cost is another factor. Don't go all out and spend big bucks for a high-quality ball. There is a chance that your child may not enjoy soccer and quit. Even if they do like it, they may lose the ball or damage it during play. Keep your purchase under \$30 and buy a hand pump to keep the ball inflated.



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# How we loved camp

Read what a couple of graduating high school seniors feel about time spent at summer camp

By Amelia McCarthy

**A**s a past attendee of the Bethlehem YMCA Camp, among others, I can speak first hand of its advantages.

Summer can get boring when you have nothing to do for weeks at a time, especially when you have no one to spend it with, or you're fed up spending time with your siblings. Either way, there is no shortage of kids in the same position, many of whom you can find at the YMCA.

Camp provides opportunities to partake in all the best parts of summer, like swimming and playing outside away from the stress of school. Campers are able to swim

in the YMCA's pool every day, which is pretty great for those of us without a readily accessible pool, and the air-conditioned facility isn't so bad either.

The exposure to nature is also a plus. Camp Central is surrounded by nature, yet not so far from civilization that one loses hope of ever making it to a real bathroom.

Although it can get hot, the fresh air and wooded areas are worth the sunscreen. This space provides the opportunity to hike, put up tents and make fires, which, if you're lucky, can be used to cook s'mores.

When all's said and done, playing with other kids in an interesting environment sure beats sitting at home.

By Jillian Crocetta

**P**articipating in a softball day camp during the summer was perhaps the best thing for a child as excited and energetic as I was.

The coaches and players formed a team over the span of a week; a team solely grounded by the love of sports and excitement of the game. This camp gave me, as an aspiring athlete, to meet others that I shared a passion with. It was the same girls I met at these camps that I would later present flowers to on their Senior Night game.

Not only did the camp emphasize team bonding, it also inspired kids to try new things. This camp inspired the feeling of child-size self-actualization. Kids were inspired to be the best version of themselves, both within the sport and without. Never was the young-me subdued; the camp was a constant wave

of motivation.

Moreover, the camp was so much fun. It was not an intensive, 9 a.m. to 3 p.m. softball match. Rather, it was the egg toss competition on "Fun Friday," lunchtime dodgeball games, and daily slip-and-slide breaks that will be much remembered.

Being the average softball player, I wasn't cranking home-runs, nor did I produce the sharpest turns on the base. Much happily at this camp, I discovered that these skills weren't required of me, and even more reassuringly, I wasn't faced with brooding pre-teens that had already acquired a full skillset. Instead, I got the chance to genuinely communicate with people my age, as well as coaches with ages that tripled mine.

*Amelia McCarthy and Jillian Crocetta are both seniors at Bethlehem Central High School.*

From page 3 ...

...thinking summer

house – so long as the tasks are fun. Washing the car with a hose and a bucket of sudsy water is a fun way to cool off during the hot summer days and get a chore done. While parents should not

expect a perfect job, they can rest assured that the kids will have at least an hour of fun in the sun and water.

Set aside a patch of the yard that children can turn into their own personal gardens. Encourage digging in this area and provide seeds or seedling

plants as well as kid-sized gardening tools. Each day the kids can check on the progress of their gardens.

Some craft stores sponsor free learning activities for children. They can be held in the

morning or afternoon and will teach interesting skills that can be put to use again at home.

Summer vacations are soon to arrive, and parents can be armed with a list of enjoyable – yet inexpensive – ways to keep kids busy.



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# SUMMER CAMP GUIDE | Resource Directory



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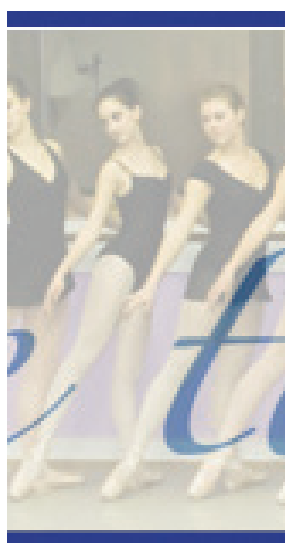


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# SUMMER CAMP GUIDE | Resource Directory



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Summer  
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Guide



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