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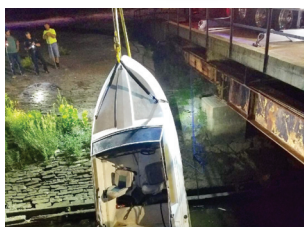
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the spot 518



NEWS Not smooth

Police say the driver of this boat, salvaged from the Hudson River, was drunk.

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Plans to build a Stewart's Shops convenient store on the site of the former Smith's Tavern have stalled as the Village Board slaps a moratorium on commercial construction.

Photo by Ali Hibbs / Spotlight News

TOP STORY

An inconvenient matter

Village moratorium on commercial construction has local convenience store stewing

By ALI HIBBS
hibbsa@spotlightnews.com

VOORHEESVILLE — Late last year, Voorheesville officials, citing concerns about civic water wells positioned near railroad tracks, were debating a moratorium on the building of new gas stations in the village. Stewart's Shops Corp., which was seeking site plan approval to build one on the former site of Smitty's Pizza Tavern, opposed the idea, arguing that a moratorium would jeopardize the deal to purchase the property. That legislation was never voted on.

Continues on page 4

SPORTS



Bright talent

The Bethlehem Blaze take a win in the U10 Tomboys softball tourney over the weekend.

Story on Page 11

ENTERTAINMENT



Where I'm coming from

Songsmith C.K. Flach talks about his songwriting and what inspires him before playing at Dana Park in August.

Story on Page B1

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■ EDUCATION

New BSCD Board members sworn in

Officers elected during organizational meeting

By **ALI HIBBS**
hibbsa@spotlightnews.com

BETHLEHEM — New board members took their oaths of office during the organizational meeting of the Bethlehem Central School District's Board of Education on Wednesday, July 12, and elected officers for the 2017-18 school year.

Lynne Lenhardt, who has been on the board for more than 25 years, serving as both president and vice president, was nominated by member Charmaine Wijeyesinghe to replace Matt Downey, who chose not to run for re-election, as the board's president. Despite support from Wijeyesinghe and Michael Cooper, however, Lenhardt was defeated by a vote of 4-3. Board member Christine Beck, now serving her second three-year term, was subsequently nominated by Jonathan Fishbein and elected president by the same margin, supported by Fishbein, Holly Dellenbaugh and Meredith Moriarty.



Members of the 2017-18 Bethlehem Central School District Board of Education. From left to right: Jonathan Fishbein, Meredith Moriarty, Holly Dellenbaugh, Christine Beck, Charmaine Wijeyesinghe, Lynne Lenhardt and Michael Cooper.

Photo provided by Bethlehem Central School District

The officers assumed their duties immediately, and Beck

immediately called for the next agenda item: the selection of

the vice president. Wijeyesinghe nominated Cooper and was

seconded by Lenhardt. Beck then asked if there were other nominations and Fishbein nominated Lenhardt. In a brief awkward moment, Cooper accepted the nomination and then capitulated to Lenhardt, who seemed reluctant to accept her nomination to remain in the role of vice president if Cooper intended to pursue the seat. He rescinded his acceptance, after which Lenhardt was unanimously approved and sworn in by Beck.

In addition to president and vice president of the Board of Education, District Clerk Brittany Barret and Supervisor Jody Monroe were both sworn in and all of the board members volunteered to serve on various committees, such as audit, facilities or policy. A number of other positions were appointed and/or bonded, and 2017-18 calendar of board meetings was approved. The entire 40-minute meeting can be viewed on the district's website, www.bethlehemschools.org.



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Kimberly Peregrin, DO, FACP



Dr. Peregrin earned her Doctor of Osteopathic Medicine Degree from New York College of Osteopathic Medicine. She completed her residency at UMass Memorial Medical Center.

Dr. Peregrin is certified in internal medicine and is a fellow of the American College of Physicians, as well as the American Osteopathic Association.

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■ EDUCATION

Here comes the sun

After SunEdison shake-up, BCSD finally moves forward on solar power

By ALI HIBBS
hibbsa@spotlightnews.com

BETHLEHEM — Bethlehem Central School District has plans to harness the sun to power its schools. The district has entered into an agreement with a solar company to build an off-campus solar array that will provide power exclusively for BCSD.

In May 2015, BCSD issued a request for proposals from companies capable of producing solar energy for the district. Of the five developers who submitted proposals, SunEdison Government Solutions was selected to build the off-campus solar array, expected to provide as much as 85 percent of the district's energy and save more than \$6.5 million over the next 25 years.

However, just after the school board approved the selection of SunEdison that November, the company's stock plummeted and it filed for bankruptcy in April 2016. One of its departments was subsequently acquired by Japanese company Mitsui & Co., Ltd., and, under the new name Forefront Power, LLC, will now be developing and managing the new BCSD solar array.

Under the Power Purchase Agreement, or PPA, a 2.1 megawatt solar photovoltaic system will be placed at a site off school

property but within the school district's boundaries. District facilities will not be powered directly by the solar panels but instead gain the benefit of the solar array through a process called "remote net metering," though which district will receive credits from National Grid for the energy the solar panels produce and add to the company's power grid.

The agreement also includes an instructional component that will be in place once the solar array is operational, according to district officials. Once the solar panels are up and running, there will be displays or kiosks set up at one or more of the schools that utilize monitoring software to provide insight into the district's solar array performance.

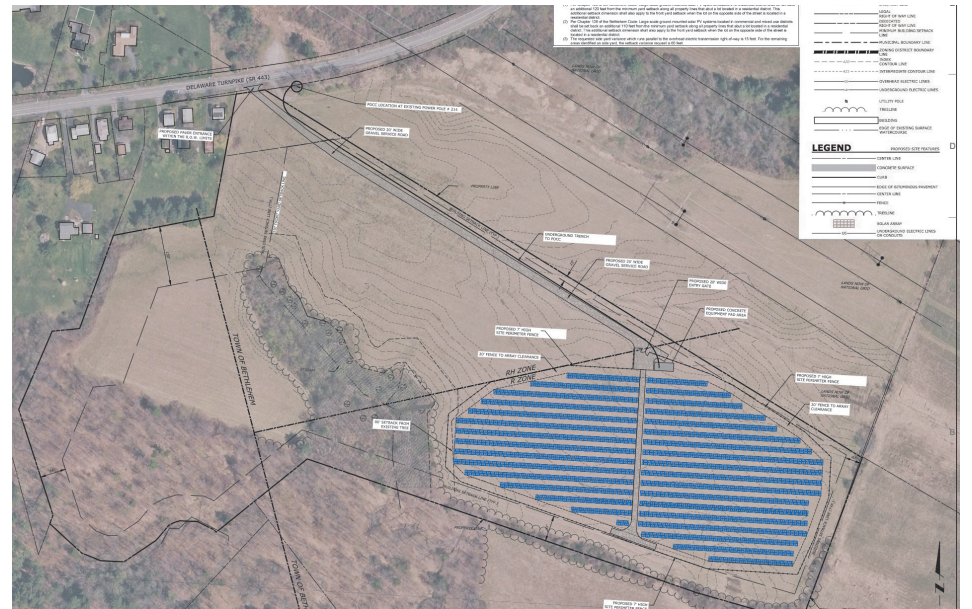
"Students and staff will be able to follow actual solar energy production, environmental offsets, weather and operating performance on any given day," said Gregg Nolte, BCSD director of facilities and operations and co-chair of the district's Green Team, when he announced the initial agreement last summer.

Pursuant to an agreement made by the late Marvin LaGrange, the LaGrange dairy farm in Fuera Bush has agreed to lease approximately 11.5 acres of land, a little more than a fifth of the property, for the project. As the array will not be located

on school grounds, the district does not need to be approved by the state education department, but the developer has had to apply for zoning variances to build on the site, which is located in two different zoning districts. One district, the one in which the array will be located, allows solar facilities, the other does not. Due to an access driveway planned to run through the latter district, Forefront is required

to seek an area variance. Both districts also have different setback requirements and Forefront is requesting that the town zoning board approve a reduction in those. A public hearing on the matter has been set for the evening of Wednesday, Aug. 2 at 7 p.m. in the Town Hall auditorium.

Once approvals have been granted and the project gets underway, it is expected to take approximately six months to complete.



Conceptual site plan submitted to Bethlehem Zoning Board of Appeals for proposed BCSD solar array at LaGrange farm on Fuera Bush Road. Submitted photo



Ryan Burns, Aden Hass, Owen Karmel, and Aidan Stickman help at the July 15 Delmar Farmers Market.

Photo provided by Bethlehem Central School District

BCMS Garden Club grows

By ALI HIBBS
hibbsa@spotlightnews.com

BETHLEHEM — School may be out for the summer, but students in the BCMS Garden Club are still reaping what they spent the year sowing. At the Delmar Farmer's Market on July 15, club members brought in record profits selling carrots, green beans, garlic, onions, beets, Swiss chard, kale and cut flowers grown in gardens on the school grounds.

Middle school students Ryan Burns, Aden Hass, Owen Karmel,

and Aidan Stickman, along with club advisor Mark Warford, volunteered their time to work at the July market. Satisfied customers and anyone else wishing to support the school's gardening program can expect the Garden Club to return to the Farmer's Market in the fall with their latest harvest, although the exact date has yet to be announced.

"So far this year the Garden Club has donated over 400 pounds of lettuce, 120 pounds of carrots, and 100 pounds of green beans," said Warford. "All proceeds directly

benefit the middle school garden program."

Every school in the district has an organic garden, which supplements food that is prepared and served in their cafeterias. The students not only see the end result of their school's garden in their own school lunches but also take an active role in planting, tending to and picking produce from it. The district also donates more than 1,000 pounds of produce to the Bethlehem Food Pantry every year.

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■ POLICE, COURTS AND EMERGENCY CALLS

Troop G names new leader

LATHAM — Capt. Robert E. Patnaude was promoted to the rank of major and is now the commander of New York State Police Troop G.

“I am appreciative of the opportunity provided to me by the superintendent, and look forward to taking on new challenges,” said Patnaude, a Guilderland resident, in a statement. “Our primary goal is to accomplish the State Police mission, while ensuring every trooper gets home safely at the end of their shift. The State Police has developed an excellent reputation over the last 100 years and I plan on doing my part to maintain that reputation and even surpass the public’s expectations.”

Troop G has 24 stations, serving the public in 10 counties in and around the Capital District.

Patnaude, who was born and raised in Schenectady, currently lives in Guilderland with his wife and two stepchildren. He also has two adult daughters.



PATNAUDE

He has been with the State Police for some 30 years and has been assigned to both uniform and investigative positions. His last appointment was acting Troop G commander as a captain. Prior to that, he was captain of the Bureau of Criminal Investigation for Troop G.

Patnaude also has extensive experience in narcotics investigations, serving as an undercover investigator in the Capital District in the 90s.

He holds an associate degree in criminal justice, and bachelor’s degree in liberal arts. He is also a graduate of the FBI National Academy.

He succeeds the now retired Major William T. Keeler, who commanded Troop G from 2015 until his retirement in December of 2016.

Driver overturns truck to avoid deer

By ALI HIBBS
hibbsa@spotlightnews.com

WESTERLO — In the late morning of Monday, July 17, Westerlo Fire and Westerlo Rescue Squad responded to County Route 411 off of Route 32 for an overturned tractor-trailer. The truck, which was carrying 6,000 gallons of liquid cow manure, was traveling southeast on Rte. 411 when it went off the road. According to the Albany County Sheriff’s department, the truck rolled until it reached the tree line, not only spilling half of its cargo in the process but also severely mangling its cab.

Upon arrival at the scene, Assistant Fire Chief Tom Diederich found the driver, Mike Stanton, severely trapped in his rig. Westerlo immediately requested assistance from Greenville Fire Department’s heavy rescue, as well as Life Net 72 helicopter rescue. The prolonged extrication took nearly an hour, after which Stanton was transported to Albany Medical Center, by helicopter, with serious injuries to his back.

Stanton, a farmer from Ravena, stated that he had swerved to miss a deer as he rounded a curve past Silver Creek Road. The truck was hauling around 6,000 gallons of liquid cow manure fertilizer at the time of the



The driver of this tractor-trailer filled with liquid cow manure was seriously injured when his rig overturned on Albany Country Route 411 on July 11.

Photo by Thomas Heffernan Sr.

crash, of which about 3,000 gallons spilled.

New York State Environmental Conservation was called to deal with the spill, which included some oil and diesel fuel as well as manure. The area was cleaned up and any contaminated soil was excavated to prevent seepage into a nearby waterway feeding one of the reservoirs used by the City of

Albany. The City of Albany water department also responded to the scene to ensure the tributary was uncontaminated.

Stanton’s injuries, while serious, were not life-threatening, according to reports, and he was able to return home within days of his hospitalization for cracked vertebrae and a broken rib.

Organize Senior Moves



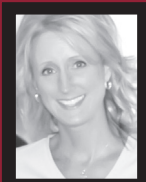
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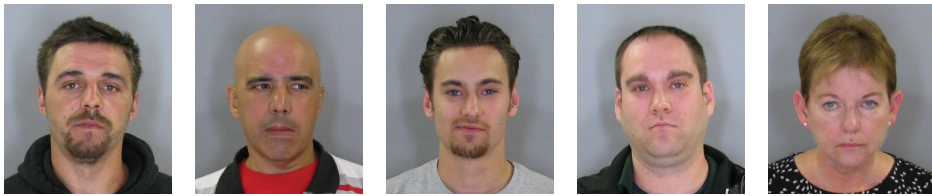
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■ POLICE, COURTS AND EMERGENCY CALLS



WAGONER MENDEZ HEGEMAN GUTTERMAN HILLEY

Bethlehem Police Arrests

Jeffrey R. Wagoner, 29, of Selkirk, was arrested for two counts of DWI, both misdemeanors, after reportedly pulling him over on Beaver Dam Road on Tuesday, July 4 at 11 p.m., for traveling with a trailer that did not have trailer lights. Wagoner allegedly smelled of alcohol and, after administering field sobriety tests, used another pre-screening device to detect the presence of alcohol.

He was placed under arrest and transported to the station, while his vehicle and trailer were towed. At the station, Wagoner agreed to submit to chemical testing and his BAC was allegedly found to be 0.09 percent. He was charged with second- and third-degree DWI. Police also charged him with having an unregistered trailer and for towing it without lights, both infractions.

Wagoner was released to a sober party and will return to the Town of Bethlehem Court on Aug. 1.

Miguel A. Mendez, 53, of Albany, was arrested at 11:06 a.m. on Thursday, June 22, after executing a search warrant at his Hawthorne Ave. apartment with the assistance of the Albany and Colonie police departments, to retrieve evidence in a grand larceny case in which Mendez allegedly stole and used another's identity.

He was charged with first-degree identity theft and two counts of fourth degree grand larceny, all felonies, as well as conspiracy in the fifth and unlawful possession of personal identification in the third, both misdemeanors.

Paul S. Hegeman, 20, of Delmar, was arrested after officers pulled him over on Kenwood Ave. in Glenmont at 1:01 a.m. on the morning of Tuesday, May 30, for allegedly driving erratically. He reportedly told officers it was because he was trying to make a traffic light, but also admitted to having had two or three beers at a friend's house.

After reportedly failing field sobriety tests, Hegeman was placed in custody

and transported to the police department, where chemical tests allegedly revealed his BAC to be 0.14 percent. He was subsequently charged with two counts of misdemeanor DWI, two traffic infractions and violation of his conditional license, also an infraction.

David M. Gutterman, 34, of Selkirk, was arrested after an officer on duty in the neighborhood of Delaware Ave. and Elsmere Ave. reportedly observed him operating his vehicle unsafely at 10:35 p.m. on Monday, May 29.

Once pulled over, Gutterman allegedly admitted that he had consumed three rum-and-cokes before failing three field sobriety tests and coming up positive for alcohol on a pre-screening device. A search of his vehicle also allegedly turned up a small amount of marijuana and a glass pipe.

Gutterman was transported to the police station, where chemical testing reportedly showed his BAC to be 0.14 percent. He was charged with second- and third-degree DWIs and fifth-degree criminal possession of marijuana, all misdemeanors, and two traffic infractions.

Sheila A. Hilley, 61, of Glenmont, was arrested at 1:16 a.m. on Sunday, May 14, after officers reportedly came across her vehicle in a ditch on Wemple Road.

Passers-by, who had stopped prior to the arrival of police to offer their help, reportedly told officers that Hilley had stated that she was intoxicated, which she allegedly reiterated to the arresting officers. After she failed to pass standard field sobriety tests, Hilley was placed into custody and transported to the town police station, where she was allegedly found to have a BAC of 0.24 percent. She was charged with three counts of DWI, all misdemeanor charges, a traffic infraction and one count of drinking alcohol in her vehicle on the highway, also an infraction.

Boat accident leads to arrest

Man charged with boating while intoxicated

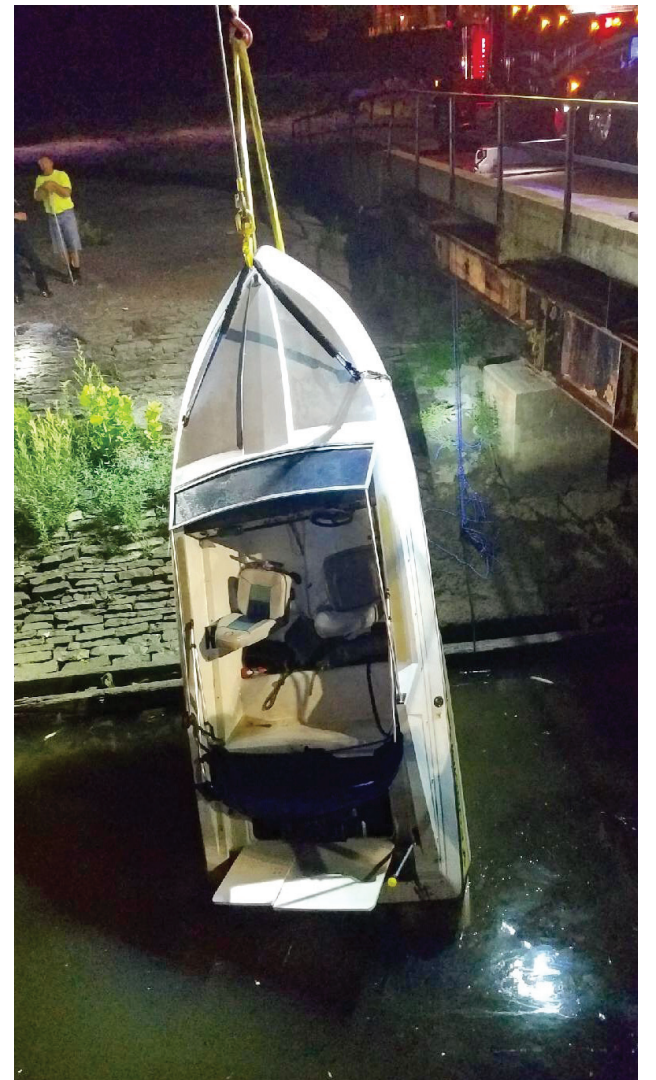
BETHLEHEM — On Saturday, July 22, at about 9:35 p.m., the Bethlehem Police Department received a report that a boat had crashed on the Hudson River in Glenmont, and the two occupants had safely made it to shore, uninjured. Upon arrival, Bethlehem Police, officers located a 1980 Formula One Runabout submerged in the Hudson, close to shore, not far from a tugboat dock near Innovative Surface Solutions on River Road in Glenmont.



SEITZ

After investigating investigation the incident, Bethlehem Police arrested Martin Seitz, 59, of Rensselaer, for Boating While Intoxicated, pursuant to the New York State Navigation Law. Seitz was issued appearance tickets and is scheduled to appear in Bethlehem Town Court on Tuesday, August 1. The boat was removed from the river by Robert's Towing.

The Selkirk Fire Department responded with its new marine unit to assist Bethlehem Police with the incident. The New York State Department of Environmental Conservation spill response team also responded to the scene due to a minor fuel leak from the vessel.



First responders look on as a crew from Robert's Towing pulls a motorboat from the Hudson River on Saturday, July 22.

Photo by Thomas Heffernan Sr.

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■ ENVIRONMENT

Karner blue is back

A quarter century after it was nearly extinct, the Karner blue butterfly is making a comeback at the Albany Pine Bush Preserve

ALBANY— The number of Karner blue butterflies at the Pine Bush Preserve has grown from less than 1,000 in 2007 to more than 15,000 in 2016, according to Albany Pine Bush Commission Conservation Director Neil Gifford.

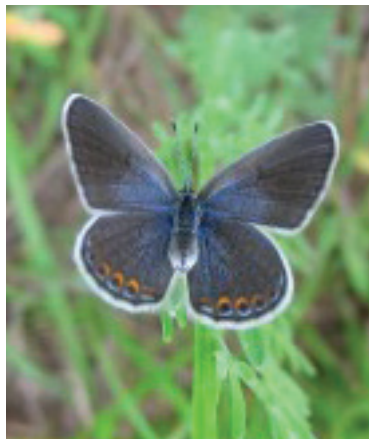
It's the fourth consecutive year the preserve's Karner population exceeded the 3,000 butterfly minimum - established in the 2003 Karner Blue Butterfly Recovery Plan - and 25 years after the butterfly's population at the Pine Bush Preserve was threatened with extinction.

The quarter-sized Karner blue butterfly was identified in the 1940s by novelist Vladimir Nabokov in the Colonie hamlet known as Karner. The U.S. Fish and Wildlife Service estimates that when the species was protected as endangered, the range-wide population had declined by up to 99 percent. The butterfly depends on the wild lupine plant, which cannot tolerate shade, but is native to the Pine Bush.

"New York is committed to

protecting the state's natural resources and environmental treasures for future generations, including endangered species like the Karner blue butterfly," said Department of Environmental Conservation Commissioner Basil Seggos.

The DEC, the USFWS and the Albany Pine Bush Preserve Commission collaborated in the effort to save the butterfly by preserving what is the best remaining example of an inland



Karner blue butterfly.

File photo

pitch pine-scrub oak barrens in the world, the Pine Bush. Programs that include controlled burns, forest thinning and restoration seeding have also helped many other rare animals and helped protect pollinators and forest wildlife.

"The Albany Pine Bush partners have shown that recovery is possible for the endangered Karner blue butterfly," said USFWS Northeast Regional Director Wendi Weber. "By managing the barrens for the endangered butterfly, the commission is bringing along many other types of rare wildlife, including the at-risk spotted turtle, wood turtle and frosted elfin butterfly."

To help ensure that Karner blue butterflies persist into the future, the USFWS established 13 federal recovery units across the species' range, which also includes Wisconsin, Indiana, Michigan, Minnesota, New Hampshire and Ohio. Within each unit, the USFWS described the number and size of populations thought to be necessary for recovery.



Karner blue butterfly.

File photo

The Albany Pine Bush is one of three recovery areas in New York referred to as the Glacial Lake Albany Recovery Unit.

"The commission is proud of the incredible team of staff, volunteers, and public and private partners that have over many years made it possible for us to advance this species' recovery and pine barrens restoration in the Albany Pine Bush," said

Pine Bush Preserve Commission Executive Director Christopher Hawver.

The Albany Pine Bush Preserve is about 3,300 acres of land that supports 76 New York state-designated wildlife Species of Greatest Conservation Need, including the Karner blue butterfly.



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Albany County Executive

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■ COMMUNITY

Alabama Shakes at the Palace Theatre

ALBANY — The Alabama Shakes will perform at the Palace Theatre on Tuesday, August 1 at 8 p.m. at 19 Clinton Ave. in Albany.

Alabama Shakes is a blues rock band from USA formed in Athens, Alabama in 2009. Special guest Emily King will join.

Tickets start at \$39.50. For more information or to buy tickets call (518) 465-4663 or visit www.palacealbany.org.

Open Mic Night at McGeary's

ALBANY — McGeary's Irish Pub will host an Open Mic Night on Wednesday, July 26 at 8:30 p.m. at 4 Clinton Square in Albany.

Participants can stop in to enjoy the performances, or share their own.

Sign-ups start at 7:30 PM. For more information visit www.mcgearyspub.com or call (518) 463-1455.

The Deadbeats at the Low Beat

ALBANY — The Deadbeats will perform on Wednesday, July 26 at 10 p.m.

at the Low Beat at 355 Central Ave. in Albany.

Founded in 1993, the Deadbeats play the music of The Grateful Dead, Phish, The Beatles, Bob Dylan, Bob Marley, Janis Joplin and more.

For more information call (518) 432-6572 or visit www.thelowbeat.com.

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The crux of the matter involves Stewart's Shop Inc.'s plans to install gas tanks at a site some opponents say is too close to Vly Creek.

Stewart's Shops / Facebook



From page 1 ...

An inconvenient matter

On June 27 of this year, however, the village Board of Trustees voted to approve a broader moratorium on all commercial development in the village until a comprehensive plan for guiding that development has been drafted. That plan is currently being developed — after a spirited public discourse that arose late last year in response to, essentially, two contentious commercial development proposals — and is expected to be unveiled at the end of the year. The moratorium calls for a six-month suspension of all commercial development activities, beginning on the day the legislation was passed, with the option to extend up to 18 months.

“I don’t know what the path away from this is,” said a perceptively agitated Chuck Marshall, real estate representative for Stewart’s, one of the developers responsible for provoking the public conversation last fall, which ultimately led to the defeat of a proposed 40-unit residential complex next to St. Matthew’s Church — and the continued frustration of more Stewart’s representatives than just Marshall.

After the village board declined to impose the gas station moratorium last fall, Stewart’s purchased the Smitty’s property earlier this year. Now, Marshall said, due in large part to a positive State Environmental Quality Review (SEQR) declaration (identifying certain undesirable

environmental impacts considered likely to be caused by the project) that was issued by the village Planning Commission on June 12, Stewart’s will have to simply sit on the property for the next six months before it knows whether it will even be able to proceed with the project in that location.

To proceed once the moratorium has been lifted, they will have to satisfy concerns identified by the SEQR decision, something that Marshall said Stewart’s has never had to do in the past, with any of their 300-plus locations. The approval process thus far, he noted, has already cost the company three times as much as it usually would.

The Village of Voorheesville, said Marshall, has the “worst approval process” he’s ever been involved in. He said repeatedly that Stewart’s has satisfied all the issues raised by C.T. Male Associates, the engineering firm hired by the village to review the proposal for conformance to zoning law and other site plan requirements. Now that the moratorium has been imposed, he said, they will have to wait at least six months before they know whether they will be able to satisfy the additional concerns that caused the Planning Commission to issue the positive declaration.

“We systematically satisfied the consultant’s requirements,” said Marshall, calling the commission’s divergent finding, “arbitrary.” “We’re uncertain what the Planning Commission will request. It’s a big unknown and we can’t go back for a period of six months to find out.”

“I get that [Marshall is] frustrated

with the result,” said Voorheesville Attorney Richard Reilly. “But, quite frankly, I don’t think that the process is a bad one. He knew coming in that he was proposing something that, from the beginning, a lot of folks had a lot of different concerns about. And the Planning Commission really did a thorough job of taking a hard look at that.”

“He might not like the results,” he said, “but I find it

hard to believe he was truly surprised.”

“We outlined five areas where we felt there would be a significant impact,” said Planning Commissioner Chair Georgia Gray of the SEQR decision. “And we gave those to Stewart’s and they have to address how they might mitigate those issues.”

She denied that the finding was intended to hobble the local chain, or that project specifically, saying, “Right now, the village is undergoing a comprehensive plan. So, right now, we don’t really have a way to decide which way we ought to go on things. One of the features of that is a total review of the zoning law.

“It’s not that people don’t want commercial development,” Gray said, “it’s a matter of what kind, and where, and what areas of the village are best suited for it.”

On the assessment form, village officials indicated that they believed the project has the potential to moderately or majorly impact: the way, and/or intensity with which, the land is used; the “character or quality” of the surrounding community; traffic levels and/or transit infrastructure; the potential for erosion, flooding or drainage problems; and increased hazard to environmental resources or human health.

“From our perspective,” said Gray, “there were some significant concerns.”

“They did the analysis they needed to do under SEQR,” said Reilly. “And those are the conclusions the commission reached.” Calling the Planning Commission’s environmental review process “thorough and thoughtful,” Reilly said it makes sense that village officials would interpret site plan proposals

differently than technical engineers. “They’re really different things that are being looked at,” he said. “I don’t think they reached a different conclusion than the engineers, I think they were just looking at different aspects of the application that was before the village.”

Marshall said that, while Stewart’s had considered suing the village, its hands are essentially tied while the moratorium is in place. “Even if we took them to court, we wouldn’t be able to get a building permit,” he said.

While the legislation grants the village Board of Trustees the authority to issue a variance in the case that the moratorium imposes “practical difficulties or extraordinary hardships” on an applicant, assuming it “would not adversely affect the health, safety or welfare” of residents or “significantly conflict with the general purpose and intent” of the law, Marshall said he believes that the SEQR decision, until satisfied, would override the board’s authority to do so in this case, essentially creating a Catch-22.

As for the possibility of simply selling the property to another developer, he said, “We couldn’t sell because there’s no guarantee a buyer would get the variance and permit at minimum, not to mention potentially needing site plan review.”

Reilly said public opposition to the Stewart’s proposal played a significant part in the village’s decision to adopt a comprehensive plan, as well as to impose the moratorium until it has been completed. “That was a major project that would represent a fundamental change to a significant intersection and area in the village,” he said. “We think it’s prudent to let the comprehensive plan process run its course before it’s outpaced by one or another particular project.”

While she said she believes a comprehensive plan “would behoove” any community, Gray maintained that members of the Planning Commission see Stewart’s as “a legitimate commercial enterprise.” and said, “We have nothing against them, per se.”

Noting that the village already has a Stewart’s not far from her home, Gray added, “I go there all the time.”

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Dyer Switch on the green

Enjoy some hard-driving traditional and original bluegrass and acoustic tunes as Dyer Switch continues the Evening on the Green series on Wednesday, July 26, at 7 p.m., at the Bethlehem Public Library.

For more information, call (518) 439-9314 or visit bethlehempubliclibrary.org.



Thursday, July 27

Sew It Yourself: Cloth Grocery Bags

Bring one yard of fabric to make a reusable cloth bag. Basic sewing machine knowledge recommended. Sign up for one session, 10 a.m.-noon or 2-4 p.m.

Friday, July 28

Coffee and Cinema

Enjoy popular films geared toward adult audiences, 10 a.m. Today's feature: "A Dog's Purpose" (PG, 100 min, Universal Pictures). Coffee, tea and light refreshments will be available.

Saturday, July 29

Summer Hair Clinic

Cosmetologist Adrian LaMarche will demonstrate some summer styles and share hair care tips, 2:30-4 p.m. For adults.

Monday, July 31

Intro to MS Word

Also Monday, Aug. 7. Learn the basics of word-processing.

Other Upcoming events

All events are free and take place at Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 439-9314 or visit bethlehempubliclibrary.org.



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Drive-in Worship
9:00 am

Sanctuary Worship
10:30 am

The First Church in Albany
Established 1642
9 am Service Every Sunday
110 N. Pearl Street Parking Lot

www.firstchurchalbany.org

Friday, Aug. 4

Teen Lock-in

After-hours party with a scavenger hunt, MuVChat, photo booth and more, 8 p.m.-midnight. Permission slip required. Sign up online or call. For grades 6-12.

Monday, Aug. 7

Adult Crafting Series: Fall Burlap Door Hanging

The Delmar Craft and Service Club will help participants make their own door hangings to welcome fall, 2-4 p.m. Sign up online or call.

Fun and Games for Grownups

An adults-only gathering where you can play games, including chess, color and socialize, 6-8:30 p.m. Snacks served!

Tuesday, Aug. 8

Adult Crafting Series: Craft Color and Create

Get creative at one of

several crafting stations (zentangle, puzzles, etc.) with some supplies provided, or bring your own knitting project, 2-3:30 p.m. Snacks served!

Wednesday, Aug. 9

Adult Crafting Series: Seashell Picture Frame

Bring a wooden frame of any size to decorate with shells as a reminder of summer, 2-3:30 p.m. Sign up online or call.

Thursday, Aug. 10

Adult Crafting Series: Floral Arranging

Learn how to make a beautiful floral arrangement with Claudia Russell from the Fort Orange Garden Club, 2-3:30 p.m. Bring your own container, flowers and greens and clippers. Sign up online or call.

— Kristen Roberts

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SUMMARY NOTICE OF BOND SALE

\$9,992,241

TOWN OF BETHLEHEM, ALBANY COUNTY, NEW YORK
 \$9,992,241 PUBLIC IMPROVEMENT (SERIAL) BONDS, 2017
 (BOOK-ENTRY-ONLY)

SEALED PROPOSALS will be received and considered by the Town Supervisor of the Town of Bethlehem, Albany County, New York at the offices of Fiscal Advisors & Marketing, Inc., 120 Walton Street, Suite 600, Syracuse, New York 13202, until 11:00 A.M., Prevailing Time, on

Wednesday, August 2, 2017

at which time and place the bids will be opened, for the purchase IN FEDERAL FUNDS at not less than par and accrued interest of \$9,992,241 Public Improvement (Serial) Bonds, 2017 (the "Bonds"). The Bonds are payable in annual installments on August 15 in each year as follows:

MATURITIES*					
Year	Amount	Year	Amount	Year	Amount
2018	\$272,241	2027	\$355,000*	2035	\$455,000*
2019	275,000	2028	365,000*	2036	470,000*
2020	285,000	2029	380,000*	2037	485,000*
2021	295,000	2030	390,000*	2038	500,000*
2022	305,000	2031	400,000*	2039	515,000*
2023	315,000	2032	415,000*	2040	530,000*
2024	325,000	2033	425,000*	2041	550,000*
2025	335,000	2034	440,000*	2042	565,000*
2026	345,000				

*The maturities of the Bonds are subject to change pursuant to the full Notice of Sale in order to achieve substantially level or declining annual debt service.

The Bonds will be dated August 17, 2017 and will bear interest payable semi-annually on February 15 and August 15 of each year, commencing August 15, 2018.

The Bonds maturing on or before August 15, 2026 shall not subject to redemption prior to maturity. The Bonds maturing on or after August 15, 2027 shall be subject to redemption prior to maturity as a whole or in part (and by lot if less than all of a maturity is to be redeemed) at the option of the Town on August 15, 2026 or on any date thereafter at par (100.0%), plus accrued interest to the date of redemption.

The Bonds will be initially issued in registered form in the name of Cede & Co., as nominee of The Depository Trust Company, New York, New York, which will act as securities depository for the Bonds. The Bonds will bear interest at the rate or rates per annum in multiples of one-eighth or one-hundredth of one per centum (ascending rates and only one rate per maturity) specified by the successful bidder. The Bonds will be awarded to the bidder offering to purchase the Bonds at such rate or rates of interest as will produce the lowest net interest cost in accordance with the terms set forth in the full Notice of Sale. A good faith deposit in the form of a certified or cashier's check or wire transfer in the amount of \$199,845 should accompany each bid.

THE TOWN RESERVES THE RIGHT TO CHANGE THE DATE AND TIME FOR THE OPENING OF BIDS. NOTICE OF ANY SUCH CHANGE SHALL BE PROVIDED NOT LESS THAN ONE HOUR PRIOR TO THE TIME SET FORTH ABOVE FOR THE OPENING OF BIDS BY MEANS OF A SUPPLEMENTAL NOTICE OF BOND SALE DISSEMINATED VIA TM3.

The Town will furnish the Bonds and the approving legal opinion of Hodgson Russ LLP, Albany, New York, on or about August 17, 2017.

Requests for copies of the Notice of Sale herein summarized and the Official Statement relating to the Bonds and such other information as the Town Supervisor may prescribe by rule or order may be directed to Fiscal Advisors & Marketing, Inc., 120 Walton Street, Suite 600, Syracuse, New York 13202; (315) 752-0051.

Dated: July 21, 2017

Mr. John Clarkson
 Town of Bethlehem, New York

54918_4

A summertime tradition continued Thursday, July 20, through Saturday, July 22, as the Selkirk Fire House No. 2 held the 61st annual Glenmont Fireman's Fair at the station on Glenmont Road. The three-evening event featured games, rides, and all sorts of culinary delights. The firehouse hosts the annual flea market on Saturday, July 29.

Michael Hallisey/Spotlight News

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July 26, 2017

Spotlight on Sports

www.spotlightnews.com PAGE 11



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■ YOUTH SPORTS

Miss Scotties win Tomboys tourney

BETHLEHEM — The Miss Scotties Pride softball team got by the MidHudson Rebels by a score of 12-1 to win the U10 Tomboys tournament that took place from Friday July 21 through Sunday, July 24.

The home team Bethlehem Blaze played the Frozen Ropes Lady Outlaws on Friday and then lost to the Latham Blue Angels on Saturday by a score of 10-8.

Before the championship game, the Miss Scotties beat the Frozen Ropes team 12-0 and the Blue Angels 15-0.

Other teams playing in the tournament were the Franklin County Crush, the NC CHAOS and the Rotterdam Rockets.



Photos are from the Bethlehem Blaze versus the Frozen Ropes on Friday, July 21.

By Jim Franco/Spotlight News

The Indian Ladder Trail Run

Shaun Donegan won the 15K and Will Quackenbush won the 3.5-mile run at the annual Indian Ladder Trail Run at Thacher Park on Sunday, July 23.

Michelle Pratt, a 28-year-old from Albany, was the top female finisher in the 15K with a time of 1:08:09 and Tiffany Zarella, a 30-year-old from Albany, was the first woman to cross the line in the 3.5 Miler.

The top 10 finishers for each race:

- 15 K**
1. Shaun Donegan, 31 M Malta: 59:51
 2. Jim Sweeney, 36 M Albany: 59:55
 3. Josh Merlis, 35 M Albany: 1:01:25
 4. Keith Machabee, 20 M Delmar: 1:01:32
 5. Daniel Seigers, 34 M Oneonta: 1:01:42
 6. Noah Valvo, 18 M Delanson: 1:03:35
 7. Henry Manley, 16 M Delmar: 1:03:41
 8. Ben Fishbein, 21 M Delmar: 1:06:30

9. Alan Finder: 28 M Albany: 1:07:32
10. Dennis VanVlack, 45 M Duaneburg: 1:07:36 7:16

3.5 Miler

1. Will Quackenbush, 17 M Slingerlands: 25:16
2. Jeremy Gundrum, 16 M West Sand Lake: 25:44
3. Williamhene Cusato, 13 M Schenectady: 27:11
4. Celia Seigers, 27 F Oneonta: 27:17
5. Brian Kearns, 46 M Fultonville: 29:28
6. Milo Gifford, 40 M Gloversville: 29:55
7. Chuck Quackenbush, 56 M Slingerlands: 30:44 8:47
8. Christopher Hebbard, 42 M Glenville: 31:36
9. Tiffany Zarrella, 30 F Albany: 31:39
10. Amy Shatsoff, 36 F Slingerlands: 31:48

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NOTICE of Form. of AB IMMUNOLOGY SOLUTIONS LLC. Arts of Org. filed on 06/26/2017. Office: Albany County. SSNY designated as agent for process and shall mail it to: 90 State St. Ste 700 Office 40 Albany NY 12207. Any Lawful Purpose. D-157852

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 165 Remsen Street, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on June 6, 2017. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC: 241 Remsen Street, Cohoes, NY 12047. Purpose: For any lawful purpose D-156376

Notice of formation of 1SMART Services, LLC, a domestic limited liability company, the purpose of which is to engage in any lawful activity. Articles of Org. were filed with NY Secretary of State ("NYSS") on June 23, 2017. Offices are located in Albany County. NYSS is designated as agent upon whom process may be served. NYSS shall mail service of process to 1SMART Services, LLC, c/o Sean Martin, 10 Harding Avenue, Latham, NY 12110. The LLC shall exist in perpetuity unless dissolved by its member (s). D-156639

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC) The name of the LLC is 28 KAKELY STREET LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 5, 2017. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 14 Dowers Way, Delmar, New York 12054. D-157434

PUBLIC HEARING NOTICE. TOWN OF BETHLEHEM, ALBANY COUNTY, NY. Notice is hereby given that the Planning Board will conduct a Public Hearing as part of its regularly scheduled Board Meeting on Tuesday, 07/18/2017 at 6:00 p.m., at the Town Offices, 445 Delaware Ave., Delmar, NY regarding a Site Plan / Special Use Permit Application, submitted by Richard Seegal to establish an Accessory Apartment at 324 Elm Avenue, Delmar. Documentation related to the application can be viewed in the Planning Dept. at Town Hall, M-F, 8:30 a.m.-4:30 p.m. Notice of

LEGALS

Public Hearing was mailed to property owners within 200' of the subject property. Said notice will also be published in the 07/12/2017 issue of the Spotlight Newspaper. All interested persons are invited to attend and be heard. D-157565

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY NAME: 4 BAB LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on JUNE 2, 2017. Office location: 19 British American Boulevard, Town of Latham, County of Albany, State of New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 19 British American Boulevard, Latham, New York 12110. For any lawful purpose. D-155412

Notice of formation of 462 ASR LLC. Articles of Organization filed with the Secretary of State of New York SSNY on May 24, 2017. Office located Albany County. SSNY has been designated for the service of process. SSNY shall mail a copy of any process served against the LLC to 6633 Joanna Circle, Fort Myers, FL 33919. Purpose: Any lawful purpose. D-155680

TOWN OF BETHLEHEM ZONING BOARD OF APPEALS NOTICE OF PUBLIC HEARING Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, August 2, 2017 at 7:10 PM, at the Town Offices, 445 Delaware Avenue, Delmar, New York, to take action on an application submitted by Garo and Maria Derian for Variances located at 564, 572 and 576 US Route 9W. The Applicant is proposing expansion of the existing self-storage facility located immediately adjacent to subject lands. The proposed facility does not meet the Town's Zoning Code requirement for uses under Article XIII, Section 128-99. Schedule of Uses, A., Article III, Section 128-12 & Article IV, Section 128-22. An area variance was submitted for a 50' Master Plan Buffer as required under Article V, Section 128-37 C. (9) by the Town's Zoning Law. Daniel W. Coffey Chairman Board of Appeals D-158653

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Name: 713 Union Street, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/07/2017. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process may be served.

LEGALS

SSNY shall mail a copy of process to 713 Union Street, LLC, 104 Dedham Post Drive, Schenectady, New York 12303. Purpose: For any lawful purpose. D-157849

NOTICE OF FORMATION OF ARISTA EQUESTRIAN, LLC On 06/14/17, Articles of Organization of Arista Equestrian, LLC were filed with the SSSNY. The office of the NY limited liability company is located in Albany County. The SSSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSSNY shall mail a copy of any process against it served upon him or her is Arista Equestrian, LLC, 49 Upper Wedgewood Lane, Voorheesville, NY 12186. The purpose of the limited liability company is for any lawful business purpose or purposes. D-156067

NOTICE OF FORMATION OF AVANTONIO PROPERTIES, LLC The name of the Limited Liability Company is Avantonio Properties, LLC. The Articles of Organization were filed with the New York State Secretary of State on July 6, 2017. The office of the LLC is located in Albany County, New York. The New York State Secretary of State is designated as agent of the LLC upon whom process against it may be served. The Secretary of State shall mail a copy of such process to Avantonio Properties, LLC, P.O. Box 11092, Loudonville, NY 12211. The LLC is organized to engage in any lawful act or activity within the purposes for which limited liability companies may be organized pursuant to New York State Limited Liability Company Law provided that the limited liability company is not formed to engage in any act or activity requiring the consent or approval of any state official, department, board, agency, or other body without such consent or approval first being obtained. D-157961

Certificate of Publication of Briotix, Limited Partnership (Foreign Limited Partnership) Under Section 121-902 of the Partnership Law the undersigned is the Vice President of General Partner Briotix Management GP, LLC of Briotix, Limited Partnership. The Application for Authority was filed by the New York Department of State which is located in Albany County on March 10, 2017. Its registered agent for service of process is Corporate Service Company, 80 State Street, Albany, NY 12207-2543. The address of the principal office of the foreign limited partnership and its authorized officer Richard Binstein is 1300

LEGALS

W. Sam Houston Parkway South, Suite 300, Houston, TX 77042. The published notices contain all of the information required by Section 121-902 of the Partnership Law. The purpose of the partnership is to provide ergonomics and prevention services for companies. Richard Binstein D-157964

Notice of formation of BSI Realty & Capital Advisory, LLC. Art. of Org. filed with the SSNY on 06/22/17, office: Albany County, SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail service of process (SOP) to Registered Agent Inc. @ 90 State St. STE 700 Office 40, Albany, NY 12207. Registered Agent Inc. is designated as agent for SOP at 90 State St. STE 700 Office 40, Albany, NY 12207. Purpose is any lawful purpose. D-156496

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: Bush Controls, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 6/22/17. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to P. O. Box 38259, Albany, NY 12203. Purpose: Any lawful act or activity. D-156409

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Name: Claims Prep., LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/11/2017. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process may be served. SSNY shall mail a copy of process to Claims Prep., LLC, 4 Executive Park Drive, Suite 5, Albany, New York 12203. Purpose: For any lawful purpose. D-157851

NOTICE ON FORMATION OF LIMITED LIABILITY COMPANY Name: Connor's Care Landscaping, LLC. Articles of Organization filed with the Secretary of State's Office on June 21, 2017. Office location: Albany County. The Secretary of State has been designated as agent of the Limited Liability Company upon whom process against it may be served. The Secretary of State shall mail a copy of the process to the Limited Liability Company at 125 Wolf Road, Albany, New York 12205. Purpose: for any lawful purpose. D-156767

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC) Name: Crown Towing & Recovery Service, LLC - Articles of Organization filed with Secretary of

LEGALS

State of New York (SSNY) on June 14, 2017. Office location: Albany County. SSNY Designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 93 Bridge Street, Selkirk, New York 12158. Purpose: any lawful purpose. C-156627

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: DB Property Development LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on September 26, 2016. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC: 241 Remsen Street, Cohoes, NY 12047. Purpose: For any lawful purpose D-156385

NOTICE OF PUBLIC HEARING Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, August 2, 2017 at 7:00 PM, at the Town Offices, 445 Delaware Avenue, Delmar, New York, to take action on an application submitted by Forefront Power, LLC on behalf of the Estate of Marvin C. LaGrange for Variances located on Delaware Avenue, Delmar, Parcel No. 95.00-4-30. The Applicant is proposing construction of a large scale ground-mounted solar photovoltaic system for the use of the Bethlehem Central School District. The proposed facility does not meet the Town's Zoning Code requirement for uses under Article XIII, Section 128-99 A. An Area Variance is required for setback requirements not met under Article VI, Section 128-67.2, E. (3) (b) [2] [a]. Daniel W. Coffey Chairman Board of Appeals D-157497

NOTICE OF FORMATION of limited liability company (LLC). Name: DK VENTURE HOLDINGS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 06/14/2017. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 255 PATROON CREEK BLVD, APT 2417, ALBANY, NY 12206. Purpose: any lawful purpose. D-157251

Notice of Formation of Drip Castles, LLC. Articles of Org. filed with SSNY on 5/4/17. Office location: Rensselaer County. SSNY designated as agent of the LLC upon whom process may be served. SSNY

LEGALS

shall mail process to PO Box 183, Troy, NY 12181. Purpose is any lawful purpose. D-157356

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC) The name of the LLC is EML Property Development 787 LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 19, 2017. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 596 New Loudon Road, Latham, New York 12110. D-156823

Notice of Formation of Empire Neuropsychological Services, PLLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on June 8th 2017. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: PO Box 536 Delmar NY 12054. Purpose: any lawful purpose. D-156190

NOTICE OF FORMATION of ESTHERJ LLC, Arts. of Org. filed with the SSNY on 07/13/2017. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Esther Jmal, 1324 Avenue T, Brooklyn, NY 11229. Purpose: Any Lawful Purpose. D-158108

Notice of Formation of EXPERTPOWER BY SATEC, LLC. Arts. of Org. filed with the Sect'y of State of NY (SSNY) on 07.14.17. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o SATEC, Inc., 10 Milltown Court, Union, NJ 07083. Purpose: any lawful act. D-158452

FLINT MINE SOLAR, LLC Foreign LLC Notice of NY Publication Pursuant to Section 802 of the Limited Liability Company Law Flint Mine Solar, LLC App. For Auth. filed NY Dept of State on 7/11/17. Juris and date of org: DE 5/10/17. County of loc: Albany County Cty. Princ. bus. loc. 2021 Western Ave., Ste. 105A, Albany, NY 12203. Sec. of State designated as agent of foreign LLC upon whom process against it may be served. The Sec. of State shall mail a copy of process to the LLC 2021 Western Ave., Ste.

LEGALS

105A, Albany, NY 12203. Addr. of Foreign LLC in DE is 850 New Burton Road, Ste. 201, Dover, DE 19904. Auth. Officer in DE where Cert of Form. filed: Jeffrey W. Bullock, Sec. of State of the State of DE, Division of Corporations, P.O. Box 898, Dover, DE 19903. Purpose: All legal purposes. Filer: Lavelle & Finn, LLP, 29 British American Bl., Latham, NY 12110 D-158336

Notice of Formation of Hoyt Electrical Contracting LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 6/16/17. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 1018 New Scotland Rd, Albany, NY 12208. Purpose: any lawful purpose. D-156835

HUDSON ENERGY ENTERPRISES, LLC Foreign LLC Notice of NY Publication Pursuant to Section 802 of the Limited Liability Company Law Hudson Energy Enterprises, LLC App. For Auth. filed NY Dept of State on 7/11/17. Juris and date of org: DE 5/10/17. County of loc: Albany County Cty. Princ. bus. loc. 2021 Western Ave., Ste. 105A, Albany, NY 12203. Sec. of State designated as agent of foreign LLC upon whom process against it may be served. The Sec. of State shall mail a copy of process to the LLC 2021 Western Ave., Ste. 105A, Albany, NY 12203. Addr. of Foreign LLC in DE is 850 New Burton Road, Ste. 201, Dover, DE 19904. Auth. Officer in DE where Cert of Form. filed: Jeffrey W. Bullock, Sec. of State of the State of DE, Division of Corporations, P.O. Box 898, Dover, DE 19903. Purpose: All legal purposes. Filer: Lavelle & Finn, LLP, 29 British American Bl., Latham, NY 12110 D-158335

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: IDS 915 LLC. Articles of Organization filed with NY Secretary of State, June 13, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to 40 Beaver St., Albany, NY 12207. D-155609

Notice of formation of J & J Enterprizes LLC. Articles of Organization filed with the Secretary of State of New York SSNY on May 23, 2017. Office located Albany County. SSNY has been designated for the service of process. SSNY shall mail a copy of any process served against the LLC to 26 Dogwood Lane, Albany, NY 12211. Purpose: Any lawful purpose. D-155679

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NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC).Name: KENNEDY APARTMENTS SARATOGA LLC. Articles of Organization filed with NY Department of State, June 23, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to c/o Goldman Attorneys PLLC, 210 Washington Ave. Ext., Albany, NY 12203. D-157581

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: KENSINGTON DHC LLC. Articles of Organization filed with NY Department of State, June 14, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to c/o Dawn Homes Management, LLC, 20 Corporate Woods Blvd., Albany, NY 12211. D-155616

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: KENSINGTON DRI LLC. Articles of Organization filed with NY Department of State, June 19, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to 20 Corporate Woods Blvd., Albany, NY 12211. D-156109

KINGS COUNTY BARBERS LLC Articles of Org. filed NY Sec. of State (SSNY) 5/30/17. Office in Albany Co. SSNY design. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 59-63 56th Rd., Apt 2L, Brooklyn, NY 11378, which is also the principal business location. Purpose: Any lawful purpose. D-155171

NOTICE OF FORMATION of LANDMARK ASSETS, LLC, Arts. of Org. filed with the SSNY on 05/31/2017. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Gordon Graham and Jill Crozier, 10 Elmwood St., Albany, NY 12203. Purpose: Any Lawful Purpose. D-157721

LEGAL NOTICE MARK HENRY HEMMERDINGER. This is a formal notice that Albert B. Hemmerdinger died 12/8/2016. You are entitled to information about his estate. Please contact Anthony Smith at: smithworks13@gmail.com D-154917

NOTICE OF FORMATION of Living Healthy Matters LLC Articles of Organization were filed with the Secretary of the State of

COMMUNITY

The Masters of Nostalgia at One Caroline Street

SARATOGA SPRINGS — The Masters of Nostalgia will perform at One Caroline Street on Wednesday, July 26 at 8:30 p.m.

Dave Pedinotti and band perform

classic rock and folk tunes such as Neil Young, Van Morrison and Bob Dylan.

For information visit onecaroline.com.

Caffe Lena Acoustic Blues

SARATOGA SPRINGS — The Saratoga Acoustic Blues Society will host an Acoustic Blues Open Mic on

Wednesday, July 26 at 7:30 p.m. at 47 Phila Street in Saratoga Springs.

The featured artist will play from 7:30 to 8 p.m., with an open jam to close the night. Participants should bring their acoustic guitar, harps, slides, mandolin or acoustic bass (piano is provided) and sign up for a slot to play solo, or have players in the room join in on stage.

Admission is \$5. For information visit www.caffelena.org.

Hamilton Street Jazz Company at Grappa 72

ALBANY — The Hamilton Street Jazz Company will perform at Grappa 72 on Wednesday, July 26 and Thursday, July 27.

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New York (SSNY) on 6/14/17. Office located in Albany County. SSNY has been designated as Agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC: 29 Dover Dr Delmar NY 12054. Purpose: Any lawful act or activity. D-157144

Notice of Formation of Mach1134, LLC. Art. of Org. filed with SSNY on 6/29/17. Office Location: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served & shall mail process to LLC, 5 West St., Voorheesville, NY 12186. Any lawful purpose. D-158043

MAGNA TRANSPORTATION LLC Articles of Org. filed NY Sec. of State (SSNY) 6/15/2017. Office in Albany Co. SSNY design. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 207 Bedford Ave., Brooklyn, NY 11211, which is also the principal business location. Purpose: Any lawful purpose. D-155791

Notice of Formation of Metabomb Design LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 6/24/15. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 22 Dutch Village Apt 3L Albany, NY 12204. Purpose: Any lawful purpose. D-155890

Notice of Formation of N Train Productions LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 12/9/2016. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 90 State Street STE 700 Office 40 Albany, NY 12207. Purpose: any lawful purpose. D-158215

NOTICE OF FORMATION of limited liability company (LLC). Name: NOIREAST LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 06/05/2017. Office location: Albany County. SSNY designat-

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ed as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 255 PATROON CREEK BLVD, APT 2417, ALBANY, NY 12206. Purpose: any lawful purpose. D-157256

NOTICE OF FORMATION OF Olenka's, LLC. Articles of Org. filed with Secretary of State of NY (SSNY) on 03/21/17, office location: Albany County, SSNY is designated as agent upon whom process may be served, SSNY shall mail service of process to Northwest Registered Agent at LLC at 90 State Street, Suite 700, Office 40, Albany NY 12207. Northwest Registered Agent is designated as agent for any lawful purpose. D-157177

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is One Love Altamont, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on 6/14/17. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is PO Box 767, Altamont, NY 12009. D-155522

NOTICE OF FORMATION of PINWOOD GARDEN LLC, Arts. of Org. filed with the SSNY on 06/12/2017. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Idlewild Management LLC , PO Box 907, Cohoes, NY 12047. Purpose: Any Lawful Purpose. D-157992

Notice of Formation Of Limited Liability Company

Pursuant to Section 206 of the New York Limited Liability Law

a. The name of the Limited Liability Company is RW Property Management LLC.

b. The Articles of Organization were filed with the Secretary of State in June 17, 2016.

c. The Office of the Limited Liability Company will be located in Al-

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bany County. d. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The address to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her: William Pfeiffer 20 Corporate Woods Blvd. Albany, NY 12211 e. The Limited Liability Company is formed for any lawful business purpose or purposes. D-158334

Notice of Formation of SMAGALA ENTERPRISE LLC, a domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on June 14, 2017. Office location: Albany County. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to served against the LLC to 7 Bridge Avenue, Cohoes, NY 12047. Purpose: any lawful purpose. D-156497

PUBLIC HEARING NOTICE.

TOWN OF BETHLEHEM ALBANY COUNTY, NY

Notice is hereby given that the Planning Board will conduct a Public Hearing as part of its regularly scheduled Board Meeting on Tuesday, 8/01/2017 at 6:00 p.m., at the Town Offices, 445 Delaware Ave., Delmar, NY regarding a Special Use Permit/Site Plan Application/Lot Line Revision, submitted by Dynamic Energy Solutions, LLC and Albany Broadcasting Company, Inc., as shown on drawings entitled "Lot Line Revision Plan, Lands N/F Morrell, 509 Wemple Road", dated 3/10/2017 and revised through 7/7/2017, and "Site & ESC Plan, Lands N/F Morrell, 509 Wemple Road" dated 5/10/2017 and revised through 7/7/2017, prepared by Ingalls & Associates, LLP, 2603 Guilderland Avenue, Schenectady, NY 12306. Documentation related to the application can be viewed in the Planning Dept. at Town Hall, M-F, 8:30 a.m.- 4:30 p.m. Notice of Public Hearing will be mailed to property owners within 200' of the subject property. Said notice will also be published in the 7/26/2017 issue of the

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Spotlight Newspaper. All interested persons are invited to attend and be heard. D-158655

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is Spring Street 787 LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 19, 2017. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 596 New Loudon Road, Latham, New York 12110. D-156829

NOTICE OF ORGANIZATION OF STELLALUNA ENTERPRISES, LLC

On July 13, 2017, Stellaluna Enterprises, LLC (the "LLC") filed Articles of Organization with the NYS Department of State ("NYS DOS"). The principal business location of the LLC is 21 Clifford Avenue, Latham, Albany County, New York. NYS DOS is designated as the agent upon whom process against the LLC may be served. The post office address to which the NYS DOS shall mail a copy of any process of service is 21 Clifford Avenue, Latham, NY 12110. The LLC is organized for the purpose of any and all lawful business. D-158129

SUPPLEMENTAL SUMMONS - SUPREME COURT OF THE STATE OF NEW YORK, COUNTY OF ALBANY - TD BANK, N.A.

successor by merger to Banknorth, N.A., Plaintiff, against MAHADAYE KHAN, if living, and if they are dead, any and all persons who are husbands, wives, widows, grantees, mortgagees, lienors, heirs, devisees, distributees or successors in interest of each of them, who may be dead, and their respective husbands, wives, heirs, devisees, and successors in interest with respect to the real property being foreclosed and described in the complaint in this action, all of whom, and whose names and residences are unknown to plaintiff,

LEGALS

ABASALI KHAN if living, and if they are dead, any and all persons who are husbands, wives, widows, grantees, mortgagees, lienors, heirs, devisees, distributees or successors in interest of each of them, who may be dead, and their respective husbands, wives, heirs, devisees, and successors in interest with respect to the real property being foreclosed and described in the complaint in this action, all of whom, and whose names and residences are unknown to plaintiff, NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE, U.S. DEPARTMENT OF TREASURY, PEOPLE OF THE STATE OF NEW YORK, and "JOHN DOE #1" through "JOHN DOE #12", said names being fictitious, parties intended being possible tenants or occupants of premises, and corporations, other entities or persons who claim, or may claim, a lien against the premises, Defendants-Index no. 900440/2016. Plaintiff designates ALBANY County as the place of trial situs of the real property. TO THE ABOVE-NAMED DEFENDANTS: You are hereby summoned to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this Summons, to serve a Notice of Appearance, on the Plaintiff's Attorneys within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York); In the event the United States of America is made a party defendant, the time to answer for the said United States of America shall not expire until (60) days after service of the Summons. In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. Albany County is designated as the place of trial. The basis of venue is the location of the mortgaged premises. NOTICE-YOU ARE IN DANGER OF LOSING YOUR HOME ☐ If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the an-

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swer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to the mortgage company will not stop the foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEYS FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. Help for Homeowners in Foreclosure New York State Law requires that we send you this notice about the foreclosure process. Please read it carefully. Summons and Complaint You are in danger of losing your home. If you fail to respond to the summons and complaint in this foreclosure action, you may lose your home. Please read the summons and complaint carefully. You should immediately contact an attorney or your local legal aid office to obtain advice on how to protect yourself. Sources of Information and Assistance The State encourages you to become informed about your options in foreclosure. In addition to seeking assistance from an attorney or legal aid office, there are government agencies and non-profit organizations that you may contact for information about possible options, including trying to work with your lender during this process. To locate an entity near you, you may call the toll-free helpline maintained by the New York State Department of Financial Services at (800) 342-3736 or visit the Department's website at http://www.dfs.ny.gov. Rights and Obligations YOU ARE NOT REQUIRED TO LEAVE YOUR HOME AT THIS TIME. You have the right to stay in your home during the foreclosure process. You are not required to leave your home unless and until your property is sold at auction pursuant to a judgment of foreclosure and sale. Regardless of whether you choose to remain in your home, YOU ARE REQUIRED TO TAKE CARE OF YOUR PROPERTY and pay property taxes in accordance with state and local law. Foreclosure Rescue Scams Be careful of people who

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approach you with offers to "save" your home. There are individuals who watch for notices of foreclosure actions in order to unfairly profit from a homeowner's distress. You should be extremely careful about any such promises and any suggestions that you pay them a fee or sign over your deed. State law requires anyone offering such services for profit to enter into a contract which fully describes the services they will perform and fees they will charge, and which prohibits them from taking any money from you until they have completed all such promised services. We are attempting to collect a debt. Any information obtained will be used for that purpose. The foregoing summons is served upon you by publication pursuant to an order of the Honorable Richard Platkin, A.J.S.C. dated March 9, 2017 and filed June 20, 2017. The object of this action is to foreclose a mortgage and covering the premises known as 98 Henry Johnson Blvd. Albany, NY 10940. Dated: February 27, 2017. Durance Morris LLP, Brett Messinger, Esq., Patrick J. Holston, Esq., Matthew T. Burrows, Esq. 1540 Broadway New York, NY 10036-4086- Telephone: +1 (215) 979-1963 D-156834

Notice of Formation of Whitestone Settlements, LLC, a Foreign Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 06/09/2017. Office location: County of Albany. URS Agents, Inc. is designated as agent for service of process at One Commerce Plaza, Suite 805A, Albany, New York 12210. Purpose: Any lawful purpose. D-156152

PUBLIC HEARING NOTICE

TOWN OF BETHLEHEM, ALBANY COUNTY, NY. Notice is hereby given that the Planning Board will conduct a Public Hearing as part of its regularly scheduled Board Meeting on Tuesday, 08/01/2017 at 6:00 p.m., at the Town Offices, 445 Delaware Ave., Delmar, NY regarding a Subdivision Application, submitted by John Wooster, as shown on drawing entitled "Wooster Subdivision-Preliminary Plat, Town of Bethlehem, Albany

LEGALS

County, State of New York", dated July 10, 2017, prepared by ABD Engineering, 411 Union Street, Schenectady, NY 12305. Documentation related to the application can be viewed in the Planning Dept. at Town Hall, M-F, 8:30 a.m.- 4:30 p.m. Notice of Public Hearing will be mailed to property owners within 200' of the subject property. Said notice will also be published in the 07/26/2017 issue of the Spotlight Newspaper. All interested persons are invited to attend and be heard. D-158500

NOTICE OF FORMATION OF WSL REALTY LLC

On 06/14/17, Articles of Organization of WSL Realty LLC were filed with the SSNY. The office of the NY limited liability company is located in Albany County. The SSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSNY shall mail a copy of any process against it served upon him or her is WSL Realty LLC, 1676 New Scotland Rd, Slingerlands, NY 12159. The purpose of the limited liability company is for any lawful business purpose or purposes. D-156066

Notice of Formation Of Limited Liability Company

Pursuant to Section 206 of the New York Limited Liability Law

a. The name of the Limited Liability Company is Young's Manor LLC.

b. The Articles of Organization were filed with the Secretary of State in June 5, 2017.

c. The Office of the Limited Liability Company will be located in Albany County.

d. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The address to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her: William Pfeiffer 20 Corporate Woods Blvd. Albany, NY 12211

e. The Limited Liability Company is formed for any lawful business purpose or purposes. D-157787

To place your Legal Notice: Call 439-4949



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July 26, 2017

Spotlight on Opinion

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Read letters, editorials
and guest opinions online
at www.spotlightnews.com/news/opinion.



FROM THE EDITOR'S DESK

Democracy works out in the open

You are already hearing promises for “open government” from local political hopefuls running for office this year. It never gets old. Depending on which side the vow comes from, it’s either a claim for continued support for transparency, or describing a scene that is lacking it altogether.

Nonetheless, the concept that calls for political leaders to function before and listen to their constituents through an open and free forum dates back to our Colonial Age. Town Hall meetings date back to the 1700s, when New York was still a colony. An environment for the public to voice their concerns to those who governed them, and a public place in which to hear politicians debate over choice in policy. It is a basic characteristic of democracy.

Technology has created both conveniences and needs that change

the landscape from that of the original town hall setting. In 2017, the public expects to see televised meetings. The Town of Colonie has promised to do so, several years after other towns and school districts in our area. At the same time, we must give credit to Colonie for not being the last. With today’s technology and opportunities provided through cable television and internet providers, it’s nearly shameful for board meetings to not, at least, be on Facebook Live.

Politicians need to be accessible. Someone voted into office is a public servant, called upon to represent the community at large. Quite an impossible task to do so behind closed doors. Even the president was as easy to approach as your next door neighbor, once upon a time.

For nearly 200 years, a person was able to step up to the front door of the White House without an appointment.

Of course, times have changed. Through a good portion of our country’s history, we could afford to isolate ourselves from the rest of the world. Two vast oceans separated our communities from that of Europe and Asia, and protected us. That changed on Dec. 7, 1941. After that, we learned isolationism was impossible. The worlds of politics and business became complex, and both networked and intermingled with counterparts throughout the globe.

Technology has created opportunity for growth, both economically and intellectually. Computers boosted office production. The internet did away with the encyclopedia collection. But, there seems to be a disconnect between the federal government and its constituents. Perhaps they should look at how things are done on the town level. Our local politicians understand the need for transparency. They hear the demand from our communities to remain accessible with doors open.

Technology has created both conveniences and needs that change the landscape from that of the original town hall setting. In 2017, the public expects to see televised meetings. The Town of Colonie has promised to do so, several years after other towns and school districts in our area. At the same time, we must give credit to Colonie for not being the last. With today’s technology and opportunities provided through cable television and internet providers, it’s nearly shameful for board meetings to not, at least, be on Facebook Live.

WHAT HAPPENED IN 2012 ...

New York Giants hold training camp at UAlbany for last time

ALBANY — In late July 2012, the New York Giants came back to the Capital District for their last preseason training camp at SUNY Albany, after having practiced there for 16 of the previous 17 summers.

Instead, the team announced the following January that they would be holding their 2013 training camp at the Timex Performance Center, their year-round headquarters in East Rutherford, N.J., where they held training camp in 2011, before winning Super Bowl XLVI.

They went on to win Super Bowl XLVII against the Patriots in 2012 after returning to Albany the previous summer, but ultimately opted to return to East Rutherford, which had more suitable state-of-the-art and indoor practice areas and, according to some, more accommodating

facilities for the players.

During the 2012 camp, at least five players — offensive tackles Will Beatty and James Brewer, defensive tackles Marvin Austin and Martin Parker, and cornerback Terrell Thomas — all suffered from back issues that took them off the field. According to ESPN, multiple players believed that the small mattresses at UAlbany, most of which were provided by the team itself, could be responsible for the number of back problems experienced by players.

“We are big humans,” tight end Martellus Bennett was quoted saying during camp. “You can’t put a damn dinosaur in a twin-sized bed.”

Before 2012, the Giants had won only one other Super Bowl since 1996, when

they began holding training camp at UAlbany: Super Bowl XLII in 2007.

At the end of the day, Giants co-owners, President/CEO John Mara and Chairman/Executive Vice President Steve Tisch, said they preferred to have access to an indoor facility, due to the short length of the preseason training camp, which runs a little more than two weeks with a maximum 15 days of practice.

“We have enjoyed serving as the summer home of the New York Giants,” UAlbany Athletic Director Lee McElroy said in a statement. “We certainly understand the Giants’ desire to remain at the Timex Performance Center, which is a state-of-the-art training facility. We have assured Mr. Mara and Mr. Tisch that if they ever decide to take their training camp away from East Rutherford again that we would

be interested in once again serving as their home away from home.”

“The University at Albany and the Capital Region have been great hosts for us during our training camps,” Mara and Tisch said in a joint statement released by the team. “UAlbany truly has been the summer home of the Giants. We are grateful to mayor Jennings and to Dr. McElroy and his staff in the athletic department for making us feel welcome and providing the resources we needed to prepare for the season.”

While they said they felt fortunate to be able to hold training camp at the Timex Center, Mara and Tisch added, “We have told Mayor Jennings and Dr. McElroy that we will evaluate our training camp situation on an ongoing basis and certainly would not rule out a return to Albany in the future if it makes sense for both parties.”

THE
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COMMUNITY

The Hot Club of Saratoga Trio at Mouzon House

SARATOGA SPRINGS — The Hot Club of Saratoga Trio will perform at Thursday, July 27 at 9 p.m. at 1 York Street in Saratoga Springs.

The Capital District trio plays a repertoire that reflects the spirit and style originated by Django Reinhardt and

Stephane Grappelli in The Quintet of the Hot Club of France.

For information visit mouzonhouse.net.

Vinyl Nite at Pauly's Hotel

ALBANY — Pauly's Hotel will host Vinyl Nite on Thursday, July 27 from 8 to 10 p.m. at 337 Central Ave. in Albany.

Participants should bring their own records to enjoy classics from all eras as

well as exuberant drink specials.

For more information call (518) 426-0828 or visit www.paulyshotel.com.

Open Mic at the Rustic Barn Pub

TROY — The Rustic Barn Pub will host an Open Mic on Thursday, July 27 at 8 p.m.

Participants will be provided a full

drum kit, lights and sound.

For information call (518) 235-5858.

Edith's Amazing Jam at Arthur's Market

SCHENECTADY — Edith's Amazing Jam will perform at Arthur's Market on Thursday, July 27 at 6 p.m. at 35 North Ferry Street in Schenectady.

Crossroads Ford

END OF THE MONTH BLOWOUT!

<p>2017 FORD FIESTA</p>  <p>5 spd man. trans, A/C, CD, keyless entry. STK#N8123C. Was \$14,535 - NOW \$13,285</p>	<p>2017 FORD C-MAX</p>  <p>Hybrid Engine, rear camera, keyless entry. STK#N8301C. SAVE OVER \$10,000 Call for details</p>	<p>2017 FORD ESCAPE S SUV</p>  <p>2.5L iVCT engine, auto, select shift. STK#N7861T. Was \$24,207 - NOW \$20,707</p>	<p>2017 FORD SUPERDUTY F-250 XL</p>  <p>4X4, 6.2L, Torqshift, auto, A/C. STK#N8033T. Was \$36,700 - NOW \$35,950</p>	<p>2017 FORD FUSION S</p>  <p>Auto, A/C, keyless entry, rear camera. STK#N8146C. Was \$21,237 - NOW \$20,737</p>	<p>2017 FORD FUSION ENERGI SE</p>  <p>2.0L Engine, rear camera, keyless entry. STK#N8288C. SAVE OVER \$10,000 Call for details</p>
<p>2017 FORD FUSION SE</p>  <p>6 spd auto, EcoBoost, A/C, keyless entry. STK#7758C. Was \$26,228 - NOW \$25,228</p>	<p>2017 FORD ESCAPE TITANIUM SUV</p>  <p>2.0L EcoBoost Engine, keyless entry. STK#N7962T. Was \$38,086 - NOW \$35,086</p>	<p>2017 FORD FIESTA</p>  <p>3.5L V6, auto, rear camera. STK#N8021T. Was \$42,830 - NOW \$40,330</p>	<p>2017 FORD FOCUS SE</p>  <p>Hatchback, A/C, rear camera. STK#N8058C. Was \$20,276 - NOW \$16,276</p>	<p>2016 FORD F-150 XLT</p>  <p>4X5, 6 Spd, auto, A/C, cruise. STK#N7936T. Was \$46,080 - NOW \$36,959</p>	<p>2017 FORD ESCAPE SE SUV</p>  <p>1.5L EcoBoost Engine, rear camera. STK#N8225T. Was \$30,097 - NOW \$26,597</p>
<h2>BRAND USED SPECIALS</h2>					
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What can I eat?
How to eat prior to, and after your workout.

Page B4

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■ ENTERTAINMENT

■ PICK OF THE WEEK



Phantogram

Greenwich natives are turning heads and making the alternative music world take notice. They come back home to play The Egg on Thursday, July 27, at 8 p.m.

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■ INSIDE



Arts calendar

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Where I'm coming from

Songsmith C.K. Flach talks about his songwriting and what inspires him before playing at Dana Park in August

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — Curtis “C.K.” Flach — pronounced flack — has a look and sound to him that clashes with today’s world. But, when he opens his mouth, people listen.

The 25-year-old Coeymans Hollow native often takes to the stage dressed one necktie shy away from a job interview, with a clean white shirt and sports jacket, topped with a whimsical head of hair reminiscent of a flamboyant Jerry Lee Lewis.

But, flamboyant, he is not. Though people may want to mispronounce his name as flash, there is little flashy about Flach, but the self-described “quiet kid” commands the stage like a master craftsman at work in the backwoods, strumming his guitar and sharing stories of struggle through a voice others have compared with the late Lou Reed.

The association with Reed is no mistake. As Flach started listening to music as a musician, he came across Reed’s “Walk on the Wild Side,” and thought he could learn how to develop his vocal range through the late artist. “I felt I could learn a lot about what to do vocally by listening to him,” he said. “Then I found that I really, really like his writing style, how bold it was, and just went from there.”

Continues on page B18

Submitted photo



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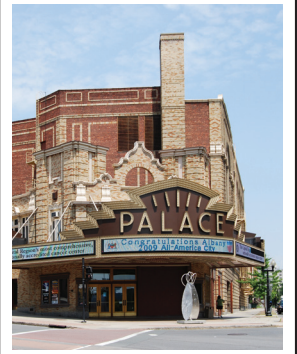


THE EGG, MAN

Taking a fish eye's perspective on a familiar setting.

spm222photo (Steve Malinski) / Instagram




Steve Malinski 2017



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ARTS

Not a 'collaborateur'

Clark Art curator lectures on Picasso, his muses and artistic collaborations

By **DIEGO CAGARA**
intern@spotlightnews.com

While renowned for his artworks and his part in founding Cubism, Spanish artist Pablo Picasso led a turbulent personal life yet deserves more public acknowledgement as someone who frequently collaborated with other artists, muses and printmakers of his time, according to Jay A. Clarke, a curator at Clark Art Institute.

Clarke is the current Manton Curator of Prints, Drawings, and Photographs at the aforementioned institute, an art and research museum in Williamstown, Mass., roughly an hour's

drive from the Capital Region. She held a lecture from 6 to 7 p.m. on July 20 at the Albany Institute of History and Art, which was free to the public. The lecture complements "Picasso: Encounters," an exhibition back at the Clark Art Institute that concerns Picasso's collaborations with printmakers and his own muses. It runs from June 4 through August 27.

Discussing Picasso's professional and personal life, she presented numerous famous and lesser-known works of his onscreen while establishing that Picasso was an emotionally and artistically complex individual.

The key message behind the lecture was to inform the audience that Picasso should not only be recognized just as an artist who always worked solo, an assumption she hoped to disprove.

"One thing that we

often associate with Picasso, at least I usually did, is this idea of him as this sort of isolated individual, working in his studio alone throughout his life," said Clarke.

"This myth that surrounds that is alive and well in the history of art."

Printer Auguste Delâtre, printmakers Roger Lacourière and Aldo Crommelynck, art gallery owner and art dealer Daniel-Henry Kahnweiler, ceramist Suzanne Ramié and artist Jaime Sabartés were among the gifted individuals, whose names are not very well-known in today's society, whom

"Picasso was... quoted as saying 'Every time I change wives, I should burn the last one, that way I'd be rid of them. They wouldn't be around to complicate my existence. Maybe that would bring my youth back, too. You kill the woman and you wipe out the past she represents.'"

— Jay A. Clarke
Curator at Clark Art Institute
quoting Pablo Picasso

Picasso collaborated with to develop, execute and even showcase his artworks. Regarding the former three people who printed Picasso's works, Clarke particularly viewed them as "really one-half of the creative process [yet] they are not nearly as well-known."

Joking that "[Picasso] was a man with a sexual appetite," Clarke brought

Continues on B22

WHAT'S HAPPENING NOW

Marian Hill

Jennings Landing — Thursday, July 27

ALBANY — Alive at Five, the Capital City's free concert series, welcomes Marian Hill on Thursday, July 27, at 5 p.m.

Songwriting duo of Samantha Gangol and Jeremy Lloyd perform music that you've never heard, yet it's surprisingly familiar; blues harmonies blend with sparse hip-hop drums, horns blast under classic vocal melodies, and soloistic vocal chops sit side by side with clear, intimate lyrics.

Altamont-based duo The Parlor opens with its indie combination of après garde disco, jazz, trance, world-folk and art pop.

This free concert starts at 5 p.m. at Jennings Landing, 1 Quay St., in Albany. (Rain location: Corning Preserve Boat Launch, Colonie and Water streets, Albany.) For more information, call (518) 434-2032 or visit www.albanyevents.org.

Hair of the Dog

Canal Square — Thursday, July, 27

COHOES — It's time to get your Irish Up at Rock the Block this week.

Enjoy a night of your favorite Celtic songs performed by one of the Capital District's most popular bands on Thursday, July 27, at 6 p.m., at Canal Square.

The concert is free. For more information, visit www.cohoes.com.

IN BRIEF

Girl Blue opens Rockin' on the River

TROY — Girl Blue has made a name for itself in the past year, and continues to do so with a performance at Rockin' on the River on Wednesday, July 26, at 5 p.m.

Girl Blue is the alter ego of singer, songwriter and multi-instrumentalist Arielle O'Keefe. She debuted her first recorded release last October with an EP titled "I Am Not A Star," introducing a new sound that blends raw soul and rock with keen pop songwriting sensibilities.

Girl Blue shares the bill with Tiana Asilli y La Banda Rebelde.

For more information, visit downtowntroy.org.



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HEALTH & FITNESS

What can I eat?

How to eat prior to, and after your workout

By DAN ROMAND
news@spotlightnews.com

One of the most common questions I'm asked as a trainer and nutrition coach is: "What should I eat before and after I work out?"

It's a great question and honestly there is a lot of B.S. out there about what you should and shouldn't eat before and after your workouts.

A lot of that B.S. comes from people who just happen to be pitching a particular product they are selling, usually backed by some pseudo-science survey their product paid for.

It's not rocket science, folks. It really isn't.

When it comes to eating before your workout, there are no hard and fast rules.

Everyone's body is different, and what

works for one person doesn't mean it will work for the next. What fuels one person's workout may cause another person to puke all over the treadmill.

While there are no rules, there are a few things to keep in mind:

Pre-Workout:

Timing: One of the biggest struggles is to find how soon before your workout you should consume anything. It comes down to trial and error until you find what works best for you. I've found for me that 30-45 prior to working out is my sweet spot. It helps me to have the energy I need without making me nauseous. And in my experience, that timing seems to work well for most people.

Amount: If you're eating something within an hour of your workout its not the time to go have a five-course meal. Keep it light. For me, I generally consume something between 100 and 200 calories with carbs being the key.

Wait? Carbs? Aren't they evil?

No friends, they are not, and the BEST time to consume them is before your

workout. When exercising your muscles use the glucose from carbs as fuel. In other words your body will try to get the energy it needs from the stores of glycogen in your muscles and liver. No glycogen equals no fuel, which means your workout feels like trying to push you car up a hill because you didn't put gas in the tank.

What to Eat: Again it depends on you and will take some trial and error. Generally, I recommend a fast-acting carb source with a little bit of protein and fat.

This will give you the energy your body needs when it needs it. Some suggestions:

- ▶ An apple or orange with some cheese (this is my personal go to)
- ▶ Banana with a tablespoon of peanut butter
- ▶ Rice cake with almond butter
- ▶ Whole Grain Bread with a little bit of avocado

Continues on B20



Michael Hallisey / TheSpot518

WHAT'S HAPPENING NOW

GEM Festival 2017

Glens Falls — Saturday, July 29 - Sunday, July 30

GLENS FALLS — Billed as "Where art galleries and live music collide," GEM Festival returns to showcase local music through several different venues, starting on Saturday, July 29, at 10 a.m. and concluding Sunday, July 30, at 2 p.m.

Let's Be Leonard, Joe Mansman and The Midnight Revival Band, Lord Electro, CAPITAL Zen, Last Daze and SIRSY are among the headlining acts during the two-night event.

For tickets, visit eventbrite.com.

The Erotics w/ Faster Pussycat


Chrome Food & Spirits — Wednesday, July 26

WATERFORD — If you're looking for a peaceful night along the river to escape the bustle of Saratoga this time of year, you're not getting it at Chrome Food & Spirits.

The music will be fabulously loud with heavy metals bands The Erotics and Faster Pussycat on Wednesday, July 26, at 8 p.m.

For tickets and information, visit www.brownpapertickets.com.

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■ PICK OF THE WEEK

Coming home

Phantogram comes home to play The Egg

ALBANY — Greenwich natives Joshua Carter and Sarah Barthel bring their dream pop, electronica and trip hop back to the Capital District for one night at

The Egg on Thursday, July 27, at 8 p.m.

There is a harder edge to Phantogram's songs than when Carter and Barthel started out as Charlie Everywhere in 2007. The breathy vocals and electronic soundscapes featured in early songs such as "Mouthful of

Diamonds" and "When I'm Small" have been replaced with big beats and in-your-face vocals, as found in more recent hits as "Black Out Days," "Fall in Love" and "You Don't Get Me High Anymore."

Carter told *TheSpot518* in January that the change to a more aggressive sound was fueled in part by audience reaction to the band's shows early in their career.

"I can't cite a specific moment, but I remember people saying to us, 'I love the music, but I can't understand any of your lyrics because they were so buried in the mix,'" said Carter. "So, I think it's a combination of playing live shows and gaining confidence."

As it edges closer to mainstream success, Phantogram is proving that a Capital District band can have an international following. "I'm proud and happy to represent our home area," said Carter. "It's a testament that you don't have to be from New York City or Los Angeles or Austin or San Francisco to be successful."

For tickets and more information, visit theegg.org.

MOVING
—
The show was originally for the Schaghticoke Fairgrounds.

■ WHAT'S HAPPENING NOW

The Australian Pink Floyd Show

Saratoga Performing Arts Center — Saturday, July 29

SARATOGA SPRINGS — Celebrate the music from one of the most dynamic bands of a generation as The Australian Pink Floyd Show comes to Saratoga Performing Arts Center on Saturday, July 29, at 8 p.m.

Hailed as one of the most in demand touring entities currently operating, the band has been celebrating Pink Floyd worldwide since 1988. The show features its latest tour, "The Best Side of the Moon 2017."

Tickets for the amphitheater only range from \$25 to \$99 (before fees). For information and tickets, call (800) 745-3000, or visit livenation.com, or visit the SPAC Box Office.

The Further Unsound

Dana Park — Monday, July 31

ALBANY — The Further Unsound plays to a free concert at Dana Park on Monday, July 31, at 5:30 p.m.

The Albany-based experimental trio is dedicated to creating a "genre-bending" live experience. With Schenectady-based rock band Murma, formerly known as Desafinado, that incorporates unconventional soundscapes and orchestrations while trans-versing through unforgettable grooves.

The show is part of the on-going Dana Park Concert Series located at Delaware and Madison avenues. (Rain location: Lionheart Pub & Lark Tavern, 448 Madison Avenue, Albany). For more information, visit www.RalphRenna.com.

■ IN BRIEF

Glass Animals at Ommegang

COOPERSTOWN — Brewery Ommegang welcomes Glass Animals on Saturday, July 29, at 7 p.m., as part of its 2017 Summer Concert Series.

The four-man band from England has a distinctly sexy and smooth sound, which is sometimes epic and upbeat or dark and beautiful. With special guest Swedish electronic band Little Dragon.

For tickets and information, visit www.ticketfly.com/purchase/event/1428561.

Jacamo will play Powers Park

TROY — Jacamo continues the Powers Park Concert Series on Saturday, July 29, at 6 p.m.

Veteran musicians bring their old-school brew of funk, R&B, soul and rock to the 'Burgh with their heavy grooves on originals and popular covers.

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Night & Day

NIGHT: Geeks Who Drink ▶

ALBANY — It's a quiz show at the Olde English Pub every Tuesday night, at 8 p.m.

A quiz show with eight rounds of eight questions each, including a music round, an audio round and a picture round. Free to play, with prizes for the top two teams and bonus prizes throughout the game..

For information, call (518) 434-6533.

DAY: National Museum of Dance and Hall of Fame - Celebrating 30 Years

SARATOGA SPRINGS — The National Museum of Dance and Hall of Fame continues to celebrate 30 years this summer.

“National Museum of Dance and Hall of Fame - Celebrating 30 Years,” and “Art in the Foyer: Design for Dance,” highlights the costume sketches of design and dance historian Malcolm McCormack.

Current exhibits also include “The Dancing Athlete,” “50 Years at SPAC,” and the recognition of the distinguished careers of Hall of Fame Inductees Patricia Wilde and Gregory Hines.

The museum is open daily, Tuesday through Saturday, 10 a.m. to 4 p.m.; Sunday, noon to 4 p.m. Tickets for adults are \$6.50; seniors/students (with valid ID) are \$5; children ages 4 to 12 are \$3; and children ages 3 and younger are free. Free admission for all on Tuesdays.

For information, call (518) 584-2225 or visit www.dancemuseum.org.



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Fri: **DJ** | 7 p.m.
Sat: **Beautiful Stranger** | 8 p.m.

Arthur's Market

35 N. Ferry St., Schenectady.
(518) 382-1938
Wed: **Jim Connelly** | 7 p.m.
Thur: **Doug Chilton** | 7 p.m.
Fri: **Bronxotis** | 7 p.m.
Sat: **Jerry Vallens** | 11 a.m.
Keli Fish | 7 p.m.

Athos

1814 Western Ave., Albany. (518) 608-6400
Fri: **Shiri Zorn** | 7 p.m.

Black Cat Ale House

25 White St., Cohoes. (518) 238-3445
Every Fri: **DJ** | 8 p.m.

Caffè Lena

47 Phila St., Saratoga Springs.
(518) 225-0882
Wed: **Acoustic Blues Open Mic & Jam** | 7 p.m.
Thur: **Old Salt Union, Chris Kaspar** | 7 p.m.

Fri: **The Sweet Remains** | 8 p.m.

Sat: **Peter Yarrow** | 8 p.m.

Sun: **Girls, Guns and Glory** | 7 p.m.

Every Mon: **Open Mic** | 7 p.m.

Carney's Tavern

17 Main St., Ballston Lake. (518) 280-7959
Every Thur: **Matty Finn** | 6 p.m.
Fri: **Dos Amigos** | 7:15 p.m.
Sat: **Cam & Mike** | 7:15 p.m.

Carson's Woodside Tavern

57 NY-9P, Malta. (518) 584-9791
Thur: **John Eisenhart** | 7 p.m.
Sat: **Dave Porter** | 7 p.m.

Castle Street Café

10 Castle St., Great Barrington, Mass.
(413) 528-5244
Fri: **Gruppo Mondo** | 7:30 p.m.
Sat: **Rich Syracuse Duo** | 7:30 p.m.

Centre Street Pub

308 Union St., Schenectady.
(518) 393-2337
Thur: **The Black Meadows** | 6 p.m.
Fri: **Anthony Fallacaro** | 9 p.m.
Sat: **Funk Evolution** | 9 p.m.
Every Mon: **Open Mic** | 8 p.m.

Chrome Food & Spirits

405 Hudson River Rd., Waterford.
(518) 326-2725
Wed: **Faster Pussycat, The Erotics, Ike's Wasted World** | 8 p.m.

City Beer Hall

42 Howard St., Albany. (518) 449-2337
Every Sat: **90s Dance Party** | 11 p.m.

Club Helsinki

405 Columbia St., Hudson.
(518) 828-4800 or helsinkihudson.com
Fri: **Jay Collins and Friends** (Gregg Allman tribute) | 9 p.m.
Sat: **Linda Lavin, Billy Stritch, Aaron Weinstein** | 8 p.m.

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46 Third St., Troy. (518) 272-8658
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Diamond Club Grill

Embassy Suites, 88 Congress St., Saratoga Springs. (518) 886-1111
Fri: **Allen Halstead & 'Azaam Hameed** | 7 p.m.

ARTS CALENDAR



Céad míle fáilte to the Spindle City

Cohoes welcomes local Celtic favorite Hair of the Dog to Canal Square on Remsen Street for the next installment of its free Rock The Block Summer Concert Series on Thurs., July 27, at 6:30 p.m.

Photo courtesy Hair of the Dog's Facebook page

Dolce Vita

1727 State St., Schenectady.
(518) 357-3324
Every Fri & Sat: **Music and Dancing with Randy Loren** | 5 p.m.

Dukes Chophouse

Rivers Casino, 1 Rush St., Schenectady.
(518) 579-8850
Fri: **Joe Finn** | 5:30 p.m.
Sat: **'Azaam Hameed** | 5:30 p.m.

Eden Cafe

269 Osborne Rd., Loudonville.
(518) 977-3771
Sat: **Alan Darcy** | 7:30 p.m.

Emack & Bolio's

366 Delaware Ave., Albany. (518) 512-5100
Fri: **Alan Goldberg** | 7 p.m.
Sat: **Jesse's Girl** | 7 p.m.
Sun: **Iz Singer** | 7 p.m.
Every Tue: **Open Mic** | 7 p.m.

Fuze Box

12 Central Ave., Albany. (518) 703-8937
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Fri: **Cretin Hop** | 10 p.m.

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16 Caroline St., Saratoga Springs.
(518) 587-7359
Wed: **The Toga Boys** | 8 p.m.
Thur: **Big Sky Country** | 8 p.m.
Fri: **Rick Bolton & Jeff Walton** | 5 p.m.
Jim McCartle | 8 p.m.
Sat: **The Schmooze** | 8 p.m.
Tony Platinvm | 11 p.m.
Every Tue: **Open Mic w/ Rick Bolton** | 8 p.m.

Ginger Man

234 Western Ave., Albany. (518) 427-5963
Fri: **Closet Classics** | 7 p.m.

Grappa '72

818 Central Ave., Albany. (518) 482-7200
Every Wed & Thur: **Hamilton Street Jazz Company** | 6:30 p.m.
Fri: **Jeanne O'Conner with Peg & Bill Delaney** | 6:30 p.m.

Hamlet and Ghost

24 Caroline St., Saratoga Springs.
(518) 450-7287
Every Wed: **Hot Club of Saratoga Trio** | 7 p.m.

The Happy Cappuccino

1 Crossgates Mall Rd., Albany.
(518) 313-7423
Every Fri: **Jecco** | Noon

The Hollow Bar + Kitchen

79 N. Pearl St., Albany. (518) 426-8550
Fri: **Mirk** | 9 p.m.
Mon: **Chicano Batman** | 9 p.m.
Wed: **Beach Slang** | 9 p.m.

Hudson River Music Hall

10 Maple St., Hudson Falls. (518) 832-3484
Every Wed: **Open Mic** | 7 p.m.
Fri: **Channel 34** | 7:30 p.m.

J.J. Rafferty's

847 New Loudon Rd., Latham.
(518) 783-6800
Every Fri & Sat: **DJ Billy** | 9 p.m.

The Low Beat

335 Central Ave., Albany. (518) 432-6572
Every Wed: **The Deadbeats** | 10 p.m.
Wed: **The Detroit Rebellion, Hill Haints, Asa Morris and the Mess** | 6 p.m.
Thur: **Zae Biggz, Madness, Mike Arson, Juice Mega, Emcee Graffiti, Mic Lanny, JB!!! aka Dirty Moses, HG Da Finessa, Rambo, Bez Aloha** | 8 p.m.
Fri: **Gay Tastee** | 6 p.m.
Nixon's Spirit, The Agency,

Hermetica | 8 p.m.

Sat: **Young Syrup, Ellis, The Hudson Underground** | 7 p.m.
Mon: **Chalauque, Parashi, Case** | 7 p.m.
Wed: **Hamell on Trial** | 7 p.m.

Lucky Strike Social

1 Crossgates Mall Rd., Albany.
(518) 556-3350
Fri: **Subtronics & Uber, Riddim Pals, G-Wiz, Rome Thrasher, Hazeyy, Ken3tic, KStylz** | 8 p.m.

McGeary's

4 Clinton Square, Albany. (518) 463-1455
Every Wed: **Best Damn Open Mic Ever with Mother Judge** | 7:30 p.m.
Every Sun: **Blues Jam** | 7:30 p.m.

Moon & River Café

115 S. Ferry St., Schenectady.
(518) 377-5100
Wed: **Mike Burdick** | 7 p.m.
Thur: **Edith's Amazing Jam** | 7 p.m.
Fri: **John Birchler** | 7 p.m.
Sat: **Rel Solo, Touch Money Militia** | 7 p.m.
Sun: **Rockstar Open Mic** | 7:30 p.m.

Mouzon House

1 York St., Saratoga Springs.
(518) 226-0014
Thur: **Hot Club of Saratoga Quartet** | 7 p.m.
Every Sat: **Joe Gitto & Dan Wancyk**

Nanola

2639 US Rte. 9, Malta. (518) 587-1300
Fri: **Dueling Pianos** | 6 p.m.
Sat: **EB Jebb** | 3 p.m.

Newberry Music Hall

388 Broadway, Saratoga Springs.
(877) 565-3849
Every Fri: **DJ Frankie Ramos (Latin Night)** | 9 p.m.

Oh Bar

304 Lark St., Albany. (518) 463-9004
Thur: **Karaoke** | 10 p.m.

One Caroline Street

1 Caroline St., Saratoga Springs.
(518) 587-2026
Every Wed: **The Masters of Nostalgia** | 8:30 p.m.
Every Thur: **Cloud Lifter** | 9 p.m.
Talay | 10:30 p.m.
Fri: **Shaun McCarthy** | 6 p.m.
Hot Club of Saratoga | 9 p.m.

Sat: **Shiri Zorn** | 6 p.m.

Selector David Normal | 9 p.m.

Sun: **Sunday Jazz Jam** | 9 p.m.

Mon: **Haley Moley, Comrade Nixon** | 10 p.m.

On The Patio

Rivers Casino, 1 Rush St., Schenectady.
(518) 579-8850
Thur: **Sirsy** | 5 p.m.
Fri: **Dylan Perillo** | 5 p.m.
Sat: **Eastbound Jesus** | 4 p.m.
Sun: **Mia Scirocco** | 11 a.m.

O'Slattery's Irish Pub

318 Delaware Ave., Delmar. (518) 439-5634
Wed: **Jim McArdle** | 7 p.m.
Thur: **Mike DeAngelis** | 7 p.m.
Fri: **McBueLLer** | 8 p.m.
Sat: **Dan Sherwin** | 7 p.m.
Wed: **Jim McArdle** | 7 p.m.

Parish Public House

388 Broadway, Albany. (518) 365-0444
Sat: **Shokazoba AfroBeat w/ DJ Intell Hayesfield** | 8 p.m.
Wed: **Silver Arrow Band** | 8 p.m.

Panza's

510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. (518) 584-6882
Fri: **Artie Mozeik** | 7 p.m.

Sat: **Colleen Pratt**

with **Peg & Bill Delaney** | 7 p.m.
Sun: **Charles Cornell Trio** | 6 p.m.

The Parting Glass

40 Lake Ave., Saratoga Springs.
(518) 583-1916
Wed: **Irish Celtic Session** | 7 p.m.
Fri: **Big Medicine** | 8 p.m.
Sat: **Forthlin Road** | 8 p.m.

Pauly's Hotel

337 Central Ave., Albany. paulyshotel.com
Wed: **Everybody Dies In The End** | 8 p.m.
Thur: **The Nuclears** | 8:30 p.m.
Fri: **Tiki Twins, Drug Dogs, Eternal Crimes** | 8:30 p.m.
Sat: **Berkstar** | 8 p.m.
Every Mon: **Blue Monday Blues Jam** | 8 p.m.
Wed: **The Division Men** | 8 p.m.

Prime at Saratoga National

458 Union Ave., Saratoga Springs.
(518) 583-4653
Sat: **Hot Club of Saratoga Trio** | 6:30 p.m.
Every Sun: **Joe Sorrentino Trio (Jazz brunch)** | 10:30 a.m.

Provence

Stuyvesant Plaza,
1475 Western Ave., Albany. (518) 689-7777
Fri: **Linda Harrison Trio** | 6 p.m.

Putnam Den

63a Putnam St., Saratoga Springs.
(518) 584-8066
Wed: **The Broken** (CD release), **Aggressive Response, Tentacles, Panzram, Virtue Falls** | 8 p.m.
Thur: **The Wheel** | 9:30 p.m.
Tue: **David Gans, Vinnie Amico, Pearly Baker's Best** (Jerry Garcia birthday celebration) | 8 p.m.

Rustic Barn Pub

150 Speigletown Rd., Troy. (518) 235-5858
Every Thur: **Open Mic** | 8 p.m.
Fri: **Fiddler's Tour Sessions** | 7:30 p.m.

Sake Japanese Steakhouse

611 Troy-Schenectady Rd., Latham.
(518) 785-7215
Sat: **Groove Nouveau** | 7:30 p.m.

Salt & Char

453 Broadway, Saratoga Springs.
(518) 450-7500
Sun: **Hot Club of Saratoga** | Noon

Savoy Taproom

301 Lark St., Albany. (518) 599-5140
Sat: **Saturday Showcase** hosted by **Emcee Graffiti** | 9 p.m.
Sun: **Dread Resistors** (Reggae brunch) | 10 a.m.

Speakeasy 518

42 Howard St., Albany. (518) 449-2332
Wed: **Tyler Giroux** | 8 p.m.
Thur: **Jecco** | 9 p.m.
Fri: **Bob Meyer Trio** | 9 p.m.
Sat: **David Gleasno Trio** | 9 p.m.
Every Mon: **Joe Finn** | 8 p.m.
Tue: **Mike Jenkins and The Fat Ties** (swing night) | 8 p.m.

Stockade Inn

1 North Church St., Schenectady.
(518) 346-3400
Thur: **Sonny & Perley** | 7 p.m.
Fri: **Jecco** | 7 p.m.

Troy Kitchen

77 Congress St., Troy. (518) 268-0068
Thur: **Jeff Nania Group** | 7 p.m.
Every Fri: **DJ Lounge** | 11 p.m.

Upstate Concert Hall

1208 NY 146, Clifton Park.
(518) 371-0012 or upstateconcerthall.com
Mon: **Royal Blood** | 8 p.m.



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1013thejockey.com

The Van Dyck

237 Union St., Schenectady. (518) 348-7999
Tue: **Keith Pray's Big Soul Ensemble** | 8 p.m.

Van Slyck's at Rivers Casino

1 Rush St., Schenectady. (518) 579-8800
Wed: **DJ Trumastr** | 8 p.m.
Thur-Sat: **DJ John Jamz** | 8 p.m.
Fri: **The Kicks** | 10 p.m.
Sat: **Lifespeed** | 10 p.m.

Waterworks Pub

76 Central Ave., Albany. (518) 465-9079
Thur: **DJ Shawn Gillie** | 11 p.m.
Fri: **Karaoke** | 10 p.m.
Sat: **DJ David Barna** | 10 p.m.
Mon: **Karaoke** | 10 p.m.

Wishing Well Restaurant

745 Saratoga Rd., Wilton. (518) 584-7640
Wed: **Christine Spero** | 6:30 p.m.
Thur-Sun: **Rob Aronstein** | 6:30 p.m.
Mon: **Mike Purcell** | 6:30 p.m.
Tue: **Noreen Pratt** | 6:30 p.m.
Wed: **Christine Spero** | 6:30 p.m.

Yono's

25 Chapel St., Albany. (518) 436-7747
Sat: **Hamilton Street Jazz Duo** | 6:30 p.m.

MUSIC

Taina Asili y La Banda Rebelde

Albany-based singer, songwriter and activist fuses powerful vocals with Afro-Latin, reggae and rock sounds fueled by her dynamic eight-piece band. Girl Blue opens with her unique sound that blends raw soul and rock. Rockin' on the River, Wed., July 26 at 5 p.m.; rain or shine. Riverfront Park, River and Front streets, Troy. Free. (518) 279-7997 or www.downtownroy.org

Charles Bradley & His Extraordinaires

Singer dubbed "The Screaming Eagle of Soul" known for his riveting live performances. Summer at The Plaza Capital Concert Series. Wed., July 26, 5 p.m. Empire State Plaza, downtown Albany. Free. (518) 474-4759 or summer.empiestateplaza.org

The Zucchini Brothers

This band of brothers: Jack on guitar, Steve on keyboards, Sam on drums (each his

own character, all of whom sing) offers up a musical stir-fry of styles, aimed at bridging the musical gap between kids and adults. Malta Summer Concert Series, Wed., July 26, 5:30 p.m. Shenantaha Creek Park, Malta (*note venue change*). Free. (518) 899-4411 or maltaparksrec.com

Get Up Jack

Six of the most energetic and charming performers in Irish music who combine soaring vocals with enthusiastic shows, which draw comparisons to The Dubliners and The Clancy Brothers, among others. Irish Night, Pruyn House Concerts in the Barn, Wed., July 26, 6:30 p.m. Pruyn House Complex, 207 Old Niskayuna Road, Latham. Adults, \$5; children ages 12 and younger, free. (518) 783-1435.

The Joey Thomas Big Band

Award-winning 19-piece orchestra performs classic big band arrangements. Freedom Park Concert Series. Wed., July 26, 7 p.m.; rain or shine. Freedom Park, Schonowee Avenue, next to Jumpin' Jacks, Scotia. Free. www.freedomparkscotia.com/schedule

Kings of Leon

Rock band known for its stunning melodies, ringing guitars and razor-sharp grooves is on tour in support of its latest release, "Walls." With Nathaniel Rateliff & The Night Sweats the Denver, Co.-based folk rock, indie band. Wed., July 26, 7:30 p.m. Saratoga Performing Arts Center, Saratoga Spa State Park, 108 Avenue of the Pines, Saratoga Springs. Tickets: Individual lawn tickets start at \$30; special 4-pack of lawn tickets for \$90 (\$22.50/ticket); amphitheater tickets start at \$29.50 to \$79.50 (before fees); VIP, platinum ad meet and greet packages also available. (800) 745-3000, livenation.com or in person at the SPAC Box Office.

Peter Van Keruen Trio

Capital District-based composer and arranger who performs in a variety of genres, including classical, easy-listening, rock, jazz and religious. Thurs., July 27, noon. Jay Street Pedestrian Mall, downtown Schenectady. (Rain location: Robb Alley at Proctors, 432 State St., Schenectady). Free. (518) 573-2922 or www.facebook.com/JazzOnJay/

Marian Hill

Songwriting duo of Samantha Gangol and Jeremy Lloyd perform music that you've never heard, yet it's surprisingly familiar. Altamont-based duo The Parlor opens with its indie combination of après garde disco, jazz, trance, world-folk and art pop. Alive at Five, Thurs., July 27, 5 p.m. Jennings Landing, 1 Quay St., Albany. (Rain location: Corning Preserve Boat Launch, Colonie and Water streets, Albany.) Free. (518) 434-2032 or www.albanyevents.org

Hair of the Dog

Enjoy a night of your favorite Celtic songs performed by one of the Capital District's most popular bands. Rock the Block, Thurs., Jul. 27, 6 p.m. Canal Square, 72 Remsen St., Cohoes. Free. www.cohoes.com465

The Bluebillies

This band doesn't just sing country songs; it embodies them. Concerts in the Park, Thurs., July 27, 6 p.m. Wiswall Park, Front St., Ballston Spa. Free. (518) 885-2772 or www.ballston.org

Body & Soul

Get ready to party with the New York Players' sister band, also highly acclaimed for its non-stop energy and enthusiasm. Anjo Construction Summer Concert Series. Thurs., July 27, 6:30 p.m., rain or shine. The Crossings Park, 580 Albany Shaker Road, Loudonville. Free. (518) 456-2136.

Joe's Boys

Good time rock 'n pop from the 60s, 70s, 80s, 90s and beyond. Niskayuna's 2017 Summer Concert Series. Thurs., July 27, 7 p.m. Gazebo, Town Offices, One Niskayuna Circle, Niskayuna. Free. www.niskayuna.org/community-programs.

Heard

Ensemble combines jazz, classical and world instruments to form a unique arrangement of sound which blends global styles and influences in a way that takes listeners on unexpected journeys. This Upbeat on the Roof performance will also feature a special appearance by jazz guitarist George Muscatello of the Skidmore Music Department Performance Faculty. Thurs., July 27, 7 p.m. Rooftop, Tang Teaching Museum, Skidmore College, 815 North Broadway, Saratoga Springs. Free. tang.skidmore.edu

Big Fez & The Surfmatcs

Classic surf and beach music from the 1960s. Guilderland Performing Arts Center. Thurs., July 27, 7:30 p.m.; rain or shine. Tawasentha Park, 188 NY Route 146, Guilderland. Free. (518) 456-3150.

Phantogram

Greenwich natives Joshua Carter and Sarah Barthel bring their dream pop, electronica and trip hop back to the Capital District for one night only. Thurs., July 27, 8 p.m. The Egg, Empire State Plaza, Albany. \$35 (increases to \$38 on show day). (518) 473-1845 or tickets.theegg.org.

Seirra and Witches of God

Performance by Seirra, a hard jamming rock band from Kitchener, Ontario, will be followed by a vicious, spine-chilling soundtrack featuring heavily distorted guitar songs by Los Angeles' Witches of God. Fri., July 28, 7 p.m. The Linda, WAMC's Performing Arts Center, 339 Central Ave., Albany. \$15. (518) 465-5233 or www.thelinda.org/event/seirra-witches-of-god/

Glass Animals

Four-man English band with a distinctly sexy and smooth sound. With special guest Swedish electronic band Little Dragon. Part of the 2017 Summer Concert Series. Sat., July 29; gates at 5 p.m., show at 7 p.m. Brewery Ommegang, 656 Co. Hwy. 33, Cooperstown. Show only advance, \$40 (with \$1 per ticket donated to Crisis Text Line); children ages 5 and younger, free. www.ticketfly.com/purchase/event/1428561.

John Prine

Two time Grammy-award winning singer songwriter will perform songs that have become central to our American musical heritage. With special guest up and coming American singer songwriter Margo Price. Fri., July 28, 8 p.m. Palace Theatre, 19 Clinton Ave., Albany. \$38, \$52.50, \$72.50, \$82.50 and \$102.50 (before fees). (518) 465-4663 or www.palacealbany.org.

Jacamo

Veteran musicians bring their old-school brew of funk, R&B, soul and rock to the 'Burgh with their heavy grooves on originals and popular covers. Powers Park Concert Series, Sat., July 29, 6 p.m.

Powers Park, 420 Second Ave at 110th St., Lansingburgh. Free. www.facebook.com/powersparkconcerts

The Australian Pink Floyd Show

Hailed as one of the most in demand touring entities currently operating, the band has been celebrating Pink Floyd worldwide since 1988. Show features its latest tour, The Best Side of the Moon 2017. Sat., July 29, 8 p.m. Saratoga Performing Arts Center, Saratoga Spa State Park, 108 Avenue of the Pines, Saratoga Springs. Tickets: **Amphitheater only**; start at \$25 to \$99 (before fees). (800) 745-3000, livenation.com or in person at the SPAC Box Office.

Betsy & the ByeGons

Authentic rendition of the 60s girl-group sound. Freedom Park Concert Series, Sat., July 29, 7 p.m.; rain or shine. Freedom Park, Schonowee Avenue, next to Jumpin' Jacks, Scotia. Free. www.freedomparkscotia.com/schedule

Summer Carillon Concert Series

Friends of the Albany City Carillon present Rachel Perfecto and Jakob De Vreese. Sun., July 30, 1 p.m. Albany City Hall, 22 Eagle St., Albany. Free. (518) 937-2906 or http://albanyevents.org/events/Carillon-Concerts-albany-NY_59_event_other.htm

Music for the Dance

Professional choral ensemble under the direction of Andrea Goodman accompanied by a professional chamber ensemble led by Noah Palmer celebrates music written to accompany dance. Program features excerpts from Brahms' Gypsy Songs, a ballet by Monteverdi, the Dance of the Sugarplum Fairy, graceful waltzes, Afro-Cuban cadences and jazzy modern standards. Choral arrangements of popular movie and theater favorites are also included. Presented by The Saratoga Choral Festival in collaboration with the National Museum of Dance. Sun., July 30, 3 p.m. Dance Studio, National Museum of Dance, 99 S. Broadway, Saratoga Springs. Free. (518) 791-0185 or www.saratogachoralfest.com

The Route Fifty 5

Versatile brass quintet will perform selections from its extensive library.

Freedom Park Concert Series, Sun., July 30, 7 p.m.; rain or shine. Freedom Park, Schonowee Avenue, next to Jumpin' Jacks, Scotia. Free. www.freedomparkscotia.com/schedule

Beausoleil avec Michael Doucet

Beausoleil has been making some of the most potent and popular Cajun music for the past 42 years. Born out of the rich Acadian ancestry of its members, and created and driven by bandleader Michael Doucet's spellbinding fiddle playing and soulful vocals, the band is notorious for bringing even the most staid audience to its feet. Vishten, Louisiana's Legendary Cajun combo, opens. Music Haven Concert Series, Sun., July 30, 7 p.m. Agnes McDonald Stage, Central Park, 500 Iroquois Way, Schenectady (Rain site: Proctors, 432 State St., Schenectady). Free. Musichavenstage.org

The Lustre Kings

True-hearted rockabilly band with a country core. Sun., July 30, 7 p.m. Stage (next to basketball courts) Clifton Commons, 7 Clifton Commons Blvd., off Vischer Ferry Road, Clifton Park. Free. (518) 371-6667 or www.cliftonpark.org

42nd Infantry Division Band

Enjoy a concert of World War I era songs. Mon., July 31, noon. Outdoor stage adjacent to The Egg Performing Arts Center, Empire State Plaza, Albany. Free. (518) 474-5877 or www.nysm.nysed.gov.

The Further Unsound

Albany-based experimental trio dedicated to creating a "genre-bending" live experience. With Schenectady-based rock band Murma, (previously Desafinado) that incorporates unconventional soundscapes and orchestrations while trans-versing through unforgettable grooves. Dana Park Concert Series. Mon., July 31, 5:30 p.m. Dana Park, Delaware and Madison avenues, Albany (Rain location: Lionheart Pub & Lark Tavern, 448 Madison Avenue, Albany). Free. www.RalphRenna.com.

One Republic

Popular alternative rock quartet which hit it big in 2007 with "Apologize," tours in support of its latest release, "Oh My My." With Fitz & the Tantrums (soul, indie and pop band with a sound that continues to

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54	55	56						57			58	59	60	61
62					63	64	65							
66					67						68			
69					70						71			

ACROSS

1. Doctor Who villainess, with "the"
5. Gauchos' weapons
10. Slang term for claiming something
14. Long, long time
15. Chilled (2 wds)
16. "Mi chiamano Mimi," e.g.
17. It has strings attached
19. Brook
20. Boom
21. Atlas enlargement
22. Gland controlling release of urine
26. "No problem"
30. Elevator directions (hyph.)
34. Hodgepodge
35. Fill
36. "Flying Down to ____"
37. Salon jobs
39. Person in charge of care of people or animals
42. "The Matrix" hero
43. Clothing
47. Administer extreme unction to
48. Man-made
51. Solitaire essentials
52. Not the entree
54. Past the prime
57. To that matter
62. ____ vera
63. Acting by itself (Machine)
66. "____ It Romantic?" (contraction)
67. One who works diligently at a trade
68. "Phooey!"
69. Kind of life
70. Dirty look
71. Small shelters

DOWN

1. Alternative to steps
2. Biology lab supply
3. "I, Claudius" role
4. Egyptian fertility goddess
5. Foul-up

6. Burdensome
7. On, as a lamp
8. Appear
9. "Comprende?"
10. "____ if you do..."
11. Western blue flag, e.g.
12. Digestion aid
13. Preserve, in a way
18. Counter
21. Etc. in Polish
23. Marienbad, for one
24. Sylvester, to Tweety
25. Again
26. Structure resembling a horn
27. Roswell crash victim, supposedly
28. Curtain fabric
29. John ____ Passos
31. Command
32. Brandish
33. Ninth day before the ides
38. Fastener
40. German cathedral city
41. Biochemistry abbr.
44. Bauxite, e.g.
45. "Crikey!"
46. Snake movement
49. Holdings
50. 20-20, e.g.
53. Cut
54. When you receive money
55. "Not to mention ..."
56. Spiritual, e.g.
58. Deep
59. Almond
60. Drawn tight
61. Cutlass, e.g.
63. Automobile sticker fig.
64. Addition
65. Cloak-and-dagger org.

Answers on Pg. B22

evolve) and James Arthur (British pop, R&B and soul singer/songwriter). Tues., Aug. 1, 8 p.m. Saratoga Performing Arts Center, Saratoga Spa State Park, 108 Avenue of the Pines, Saratoga Springs. Tickets: Individual lawn tickets start at \$25; special 4-pack of lawn tickets for \$75 (\$18.75/ticket); amphitheater tickets start at \$35 to \$115 (before fees); platinum and VIP packages also available. (800) 745-3000, livenation.com, or in person or at the SPAC Box Office.

Alabama Shakes
(SOLD OUT) Popular blues rock band from Athens, Ala., tours in support of its second album, "Sound & Color." With special guest Grammy-nominated pop/indie/soul influenced artist Emily King. Tues., Aug. 1, 8 p.m. Palace Theatre, 19 Clinton Ave., Albany. (518) 465-4663 or www.palacealbany.org.

Incendio
Global fusion of Flamenco, classical, jazz rock and Celtic music. Made in The Shade at The Egg, Wed., Aug. 2, noon. Outdoor stage adjacent to The Egg, Empire State Plaza, Albany. Free. www.theegg.org

SIRS
The Boston Globe sums this rock and soul duo up best: "Little band, big sound." Sly Fox and The Hustlers (bluesy rock 'n roll) open. Rockin' on the River, Wed., Aug. 2 at 5 p.m.; rain or shine. Riverfront Park, River and Front streets, Troy. Free. (518) 279-7997 or www.downtowntroy.org

The Lustre Kings
True-hearted rockabilly band with a country core. Malta Summer Concert Series, Wed., Aug. 2, 6 p.m. Malta Community Center, One Bayberry Dr., Malta. Free. (518) 899-4411 or maltaparksrec.com

Greg Reinwald & The Mountain Brauhaus Band
The accordion master and his band return to perform traditional music on German Night. Prunyn House Concerts in

the Barn, Wed., Aug. 2, 6:30 p.m. Prunyn House Complex, 207 Old Niskayuna Road, Latham. Adults, \$5; children ages 12 and younger, free. (518) 783-1435.

The Big Easy Playboys
Start with a healthy dose of Cajun and Zydeco from the bayou, then add the sounds of New Orleans R&B and Louisiana rockabilly to the mix of roots rock and blues to cook up a Louisiana dance party. Freedom Park Concert Series, Wed., Aug. 2, 7 p.m.; rain or shine. Freedom Park, Schonowee Avenue, next to Jumpin' Jacks, Scotia. Free. www.freedomparkscotia.com/schedule

Three Quarter North
Delmar-based Americana band performs traditional roots music as part of the Evenings on the Green concert series. Wed., Aug. 2, 7 p.m. Backyard stage (Rain location: Community Room) Bethlehem Public Library, 451 Delaware Ave., Delmar. Free. (518) 439-9314 or www.bethlehempublib.org

The Philadelphia Orchestra
Opening Night program titled Russian Festival Day 1, features excerpts from Tchaikovsky's three-act story ballet "The Sleeping Beauty," with dancers from New York City Ballet performing Peter Martins' thrilling choreography, and the "1812 Overture." The concert will begin and end with arrangements of the Andante cantabile from Tchaikovsky's String Quartet No. 1 for string orchestra and a Symphonic Synthesis from Musorgsky's opera Boris Godunov. Principal Guest Conductor Stephane Deneve will conduct. Wed., Aug. 2, 8 p.m. Saratoga Performing Arts Center, Saratoga Spa State Park, 108 Avenue of the Pines, Saratoga Springs. Tickets: Lawn, \$31; Amphitheater seats range from \$40 to \$110 (before fees). (518) 584-9330 or tickets.spac.org

Tim Olsen Quartet
Composer, arranger, performer and educator will lead his band in a selection of jazz/big band/and Latin jazz tunes.

Thurs., Aug. 3, noon. Jay Street Pedestrian Mall, downtown Schenectady. (Rain location: Robb Alley at Proctors, 432 State St., Schenectady). Free. (518) 573-2922 or www.facebook.com/JazzOnJay/

King Yellowman & The Sagittarius Band
Jamaican native and reggae artist known for his boastful and sometimes bodacious lyrics closes out this year's concert series. Local reggae favorites Dr. Jah and The Love Prophets open. Alive at Five, Thurs., Aug. 3, 5 p.m. Jennings Landing, 1 Quay St., Albany. (Rain location: Corning Preserve Boat Launch, Colonie and Water streets, Albany.) Free. (518) 434-2032 or www.albanyevents.org

Cryin' Out Loud
High-energy, horn-fueled party music by one of the Capital District's most popular bands. Rock the Block, Thurs., Aug. 3, 6 p.m. Canal Square, 72 Remsen St., Cohoes. Free. www.cohoes.com

Union Fire Company No. 2 Marching Band
The Ballston Spa Business & Professional Association will hold its annual Ice Cream Social. Features music by this nearly 30-piece community band composed of volunteer firefighters along with their friends and family. Thurs., Aug. 3, 6 p.m. Wiswall Park, Front St., Ballston Spa. Free. (518) 885-2772 or www.ballston.org

Keith Pray's Mohawk Brass Band
Seven-piece, New Orleans style brass band led by noted jazz saxophonist/organist/composer and educator provides the sounds of Mardi Gras, regardless of the season. Anjo Construction Summer Concert Series, Thurs., Aug. 3, 6:30 p.m., rain or shine. The Crossings Park, 580 Albany Shaker Road, Loudonville. Free. (518) 456-2136.

Kitchen Jazz
Schenectady-area band will cook up a tasty evening of vocal and instrumental

selections from Cole Porter, through jazz standards to Joni Mitchell. Niskayuna's 2017 Summer Concert Series, Thurs., Aug. 3, 7 p.m. Gazebo, Town Offices, One Niskayuna Circle, Niskayuna. Free. www.niskayuna.org/community-programs.

Great Mutations
Rock trio with a crisp sound generated by blending rhythmic guitar, drums and winsome lyrics will make its UpBeat on the Roof debut. Thurs., Aug. 3, 7 p.m. Rooftop, Tang Teaching Museum, Skidmore College, 815 North Broadway, Saratoga Springs. Free. tang.skidmore.edu

Guilderland Town Band
Kathleen Ehlinger conducts the band in its third and final summer concert at the Guilderland Performing Arts Center. Thurs., Aug. 3, 7:30 p.m.; rain or shine. Tawasentha Park, 188 NY Route 146, Guilderland. Free. (518) 456-3150.

The Philadelphia Orchestra
Program titled Russian Festival Day 2, features the SPAC debut of Avery Fisher Career Grant recipient Conrad Tao CONRAD TAO, who has been dubbed a musician of "probing intellect and open-hearted vision" by the New York Times, will perform Rachmaninoff's virtuosic Piano Concerto No. 2. Program also includes Glinka's Overture to Ruslan and Lyudmila and Shostakovich's Symphony No. 5. Principal Guest Conductor Stephane Deneve will conduct. Thurs., Aug. 3, 8 p.m. Saratoga Performing Arts Center, Saratoga Spa State Park, 108 Avenue of the Pines, Saratoga Springs. Tickets: Lawn, \$26; Amphitheater seats range from \$30 to \$100 (before fees). (518) 584-9330 or tickets.spac.org

The Philadelphia Orchestra
Program titled Russian Festival Day 3: Cirque de la Symphonie. The grand finale of the Russian Festival will be a spectacular bravura of physical exertion—a Russian-themed Cirque de la Symphonie performance. Russian musical history, ranging from the grandiose emotional

expression of the "Big Five" Russian romantics in St. Petersburg to the 20th-century masters Stravinsky and Shostakovich, will be embodied in the choreography of exceptional aerial flyers, acrobats, contortionists, dancers, jugglers, balancers, and strongmen from around the world. Principal Guest Conductor Stephane Deneve will conduct. Fri., Aug. 4, 8 p.m. Saratoga Performing Arts Center, Saratoga Spa State Park, 108 Avenue of the Pines, Saratoga Springs. Tickets: Lawn, \$26; Amphitheater seats range from \$30 to \$100 (before fees). (518) 584-9330 or tickets.spac.org

Cryin' Out Loud
High-energy, horn-fueled party music by one of the Capital District's most popular bands. Powers Park Concert Series, Sat., Aug. 5, 6 p.m. Powers Park, 420 Second Ave at 110th St., Lansingburgh. Free. www.facebook.com/powersparkconcerts

Skeeter Creek
Popular local modern country band performs. Freedom Park Concert Series, Sat., Aug. 5, 7 p.m.; rain or shine. Freedom Park, Schonowee Avenue, next to Jumpin' Jacks, Scotia. Free. www.freedomparkscotia.com/schedule

Chick Corea Elektric Band and Bela Fleck and The Flecktones
Two of the most innovative bands of the last 30 years are finally co-headlining performances. Led by piano master Corea, the Elektric Band is one of a few jazz ensembles that truly revolutionizes the artform, blending jazz, rock, Latin and funk with futuristic-sounding sonic inventions. Fleck, the groundbreaking banjoist/composer and bandleader, has reconvened the original members of The Flecktones, who share a mutual passion for creativity and artistic advancement, producing a sound that's simultaneously unique and indescribable. Sat., Aug. 5, 7:30 p.m. The Egg Performing Arts Theatre, Empire State Plaza, Albany (**Show relocated from the Palace Theatre**).

\$59, \$69 and \$79 (before fees, limited tickets available). (518) 473-1845 or tickets.theegg.org.

The Philadelphia Orchestra
E.T. The Extra-Terrestrial In Concert (complete with film). Steven Spielberg's cinematic masterpiece E.T. The Extra-Terrestrial will be shown on four HD screens and accompanied by a live performance of John Williams's Academy Award-winning score. One of the brightest stars in motion picture history, E.T. The Extra-Terrestrial follows the moving story of a lost alien who befriends a 10-year-old boy. Principal Guest Conductor Stephane Deneve will conduct. Sat., Aug. 5, 8 p.m. Saratoga Performing Arts Center, Saratoga Spa State Park, 108 Avenue of the Pines, Saratoga Springs. Tickets: Lawn, \$26; Amphitheater seats range from \$30 to \$100 (before fees). (518) 584-9330 or tickets.spac.org

Chamber Music Society of Lincoln Center
Program titled Schubert's Cello Quintet. The piece, one of the last works that Schubert wrote, holds an exalted place in the chamber music repertoire. Schubert's quintet is accompanied by an elegant string quartet by the young Beethoven, and Grieg's cello sonata, a vivid tone painting of the composer's beloved homeland, Norway. Sun., Aug. 6, 3 p.m. Spa Little Theatre, Saratoga Spa State Park, 19 Roosevelt Dr., Saratoga Springs. Tickets: \$40 or \$45 (before fees) depending on seat location. (518) 584-9330 or tickets.spac.org

The Wister Quartet
Formed in 1987, this Philadelphia-based ensemble has earned high praise from critics and audiences alike for its superb musicianship and memorable performances of classical music. Freedom Park Concert Series, Sun., Aug. 6, 7 p.m.; rain or shine. Freedom Park, Schonowee Avenue, next to Jumpin' Jacks, Scotia. Free. www.freedomparkscotia.com/schedule



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Running the River

Dynamic band that plays a unique blend of classic country, rock, folk, Irish, blues and fiddle tunes. Part of the Howlin' at the Moon Americana Music Series. Sun., Aug. 6, 7 p.m. Mabee Farm Historical Site, 1100 Main St. (Route 55), Rotterdam Junction. \$5. (518) 877-5073 or schenectadyhistorical.org.

Amir Elsaftar

and Two Rivers Ensemble
Groundbreaking sextet melds Western Jazz with traditional Middle Eastern instruments and the exotic sounds of Arabic maqam. Cliff Brucker & Full Circle, a sextet led by the Schenectady-based drummer, will open. Music Haven Concert Series, Sun., Aug. 6, 7 p.m. Agnes McDonald Stage, Central Park, 500 Iroquois Way, Schenectady (Rain site: Proctors, 432 State St., Schenectady). Free. Musicavenstage.org

Yellow Brick Road:

A Tribute to Elton John

Full concert Elton John tribute officially endorsed by the International Elton John Fan Club will perform a selection of his greatest hits. Sun., Aug. 6, 7 p.m. Stage (next to basketball courts) Clifton Commons, 7 Clifton Commons Blvd., off Vischer Ferry Road, Clifton Park. Free. (518) 371-6667 or www.cliftonpark.org

Rhiannon Giddens

Co-founder of the Grammy Award-winning string band Carolina Chocolate Drops gives a solo performance in which she masterfully blends American musical genres including gospel, jazz, blues and country while showcasing her extraordinary emotional range and dazzling vocal prowess. Sun., Aug. 6, 7:30 p.m. The Egg Performing Arts Center, Empire State Plaza, Albany. \$37.50 (before fees). (518) 473-1845 or tickets.theegg.org.

THEATER

Ragtime

Park Playhouse presents this musical based on E.L. Doctorow's award-winning novel, which chronicles the lives of three different families from three different worlds at the start of the 20th Century in pursuit of the American Dream. Through Sat., July 29. Daily shows at 8 p.m. (weather permitting). *Please note: Contains racial language that some parents may find unsuitable for young children.* Albany Medical Center Stage, Lakehouse Amphitheater, Washington Park, Albany. Table seats, \$24; center section, \$18; side section, \$16; free lawn seating available first come, first serve. (518) 434-0776 or visit www.parkplayhouse.com/ragtime

Mamma Mia

Fall in love with this story filled with ABBA's greatest hits! Through Sun., Aug. 13. Shows: Fridays at 8 p.m., Saturdays at 3 and 8 p.m., Sundays at 2 p.m., Tuesdays, Wednesdays and Thursdays at 7:30 p.m. (through Aug. 3, then 8 p.m. through Aug. 10; 2 p.m. Wednesday matinees through Aug. 2.) Capital REP, 111 North Pearl St., Albany. \$25 to \$70; **extremely limited availability for some dates.** (518) 445-SHOW (7469) or tickets.proctors.org

Pippin

Students from the School of Performing Arts Broadway Camp perform the story of Pippin, the young prince who longs to find adventure, true happiness and fulfillment in his life. Fri., Aug. 4, at 7 p.m. and Sat., Aug. 5, at 2 and 7 p.m. MainStage, Proctors, 432 State St., Schenectady. \$10; **(limited availability)** (518) 346-6402 or tickets.proctors.org.

The Music Man

Park Playhouse presents Meredith Wilson's classic musical, which follows fast-talking traveling salesman, Harold Hill, as he cons the people of River City, Iowa, into buying instruments and uniforms for a boys' band that he vows to organize. Cast features Park Playhouse II students. Runs Fri., Aug. 4, through Sat., Aug. 19. Daily shows, Tuesday through Saturday at 8 p.m.

(weather permitting). Albany Medical Center Stage, Lakehouse Amphitheater, Washington Park, Albany. Table seats, \$24; center section, \$18; side section, \$16; free lawn seating available first come, first serve. (518) 434-0776 or visit www.parkplayhouse.com/the-music-man

COMEDY

The Comedy Works Saratoga Springs

Paul Bond & Guests. Long Island born stand-up comic and accomplished musician and song parody writer. Thurs., July 27, 7 p.m., \$10; Fri., July 28, and Sat., July 29, 7:30 and 9:30 p.m.; Advance, \$15 (show only) or \$39.95 (dinner + show). *Note: Prices for the Friday and Saturday night shows above increase \$5 if purchased on show day.* **Open Mic**, every Thursday at 9 p.m.; sign ups begin at 7 p.m., free to attend or participate. 388 Broadway, Saratoga Springs. (518) 275-6897 or thecomedyworks.com

The Funny Bone

Comedy for a Cause, Wed., July 26, 7:30 p.m. \$20. Proceeds benefit the Make-A-Wish Foundation of Northeastern NY. **Cindy Kaza**, evidential medium. Thurs., July 27, 7:30 p.m. \$20. **Josh Blue**, a hilarious comedian who refuses to bow to any of the challenges of living with Cerebral Palsy became a favorite on NBC's "Last Comic Standing." Fri., July 28, at 7:30 and 10 p.m. and Sat., July 29, at 7 and 9:45 p.m. \$20. **Bryan Ricci**, fast rising comedy star whose wide range of topics appeal to all walks of life and the ability to turn personal obstacles into laughs. Sun., July 30, 7 p.m. \$12. All shows 21+; doors open 60 to 90 minutes before first show time, 30 minutes before late shows. Crossgates Mall, 1 Crossgates Mall Rd., Guilderland. (518) 313-7484 or Albany.funnybone.com

Mopco Improv Theatre

Mopco Family Show: The Mop and Bucket Co. presents an all-ages show of improv comedy and music. Saturdays, through Aug. 26. Doors at 7:30 p.m. followed by show at 8 p.m. Adults, \$10.97; children 16 and younger and seniors (ages 60+) \$4.14. (prices inc. fees) **Late Night Improv Comedy:** An after-hours live comedy show inspired by the audience's secrets. 18+ only; parental discretion advised. Saturdays through Aug. 26. Doors at 9:30 p.m. followed by show at 10 p.m. Adult, \$10.97 (price inc. fees) 10 N Jay St., Schenectady. (518) 577-6726 or www.mopco.org.

Palace Theatre

John Mulaney: Emmy award-winning writer and comedian, who writes for IFC's "Documentary Now" and Netflix's "Big Mouth," presents his Kid Gorgeous show. Thurs., July 27, 7 p.m. **(sold out)** and 9:30 p.m. **(limited tickets remain).** 19 Clinton Ave., Albany. \$25, \$35 and \$45. (518) 465-4663 or www.palacealbany.org.

Proctors Theatre

New York City based comic **Andy Sanford**, who made his late night debut on Conan in 2015, headlines this edition of Pretty Much the Best Comedy Show. Sat., July 29, doors at 7:30 p.m., followed by show at 8 p.m. Education Center, Proctors, 432 State St., Schenectady. Advance, \$15; increases to \$20 on day of show. (518) 346-6402 or tickets.proctors.org

DANCE

Ajkun Ballet Theatre

Company mixes contemporary repertory and traditional ballets, including an excerpt from Sleeping Beauty. Made in The Shade at The Egg, Wed., July 26, noon. Outdoor stage adjacent to The Egg, Empire State Plaza, Albany. Free. www.theegg.org

FAMILY

Let's Get Cookin'

Families will enjoy watching and participating along with three chefs who cook up a fun time by mixing drama,

music, complex rhythms and acrobatics! Wed., July 26, 7 p.m. rain or shine. Stage (next to basketball courts) Clifton Commons, 7 Clifton Commons Blvd., off Vischer Ferry Road, Clifton Park. Free. (518) 371-6667 or www.cliftonpark.org

Seth & The Moodymelix

Borrowing from a wonderfully diverse mix of musical styles, this toe-tapping trio plays lyrically rich music for kids that parents can appreciate, too. Barker Park Kids' Summer Series presented by the Troy Savings Bank Music Hall. Thurs., July 27, at 11 a.m. Barker Park, corner of Third and State streets, downtown Troy. Free. (518) 273-0038 or www.troymusicall.org.

KIDS! Storytime

For children and their parents/caregivers. Fridays at 10:30 a.m. Northshire Bookstore, 424 Broadway, Saratoga Springs. Free. (518) 682-4200 or www.northshire.com

Family Saturday: Cabinets of Curiosity

Attendees will build their own curiosity cabinets based on the work of David Ireland. Suitable for children ages 5 and older accompanied by an adult. Sat., July 29, 2 p.m. Tang Teaching Museum, Skidmore College, 815 North Broadway, Saratoga Springs. Free admission, materials provided; RSVP required: (518) 580-8080.

The Secret Life of Pets

The quiet life of a terrier named Max is completely upended when his owner takes in another stray named Duke. Rated PG. Presented as part of the Free Family Movie Series. Sun., July 30, 10:30 a.m. and 1 p.m. Proctors, 432 State St., Schenectady. Free. (518) 346-6402 or www.proctors.org

Stories & Art in the Park

Interactive storytime for pre-schoolers with arts and crafts activities. Mondays, July 31, through Aug. 14, from 10:30 to 11:30 a.m. Washington Park Playground, Albany (Rain location: Albany Public Library, Washington Avenue Branch, 161 Washington Ave, Albany). Free. (518) 427-4300 or www.albanypubliclibrary.org.

Matilda

Mara Wilson stars alongside Danny DeVito and Rhea Pearlman in this family comedy/fantasy in which the young genius and her wonderful teacher fight an ongoing ideological battle with the worst parents and school principal imaginable. Rated PG. Summer In The City Free Movie Series. Tues., Aug. 2; fun and activities at noon, film begins at 1 p.m. Palace Theatre, 19 Clinton Ave., Albany. Free. (518) 463-4663 or palacealbany.org

Summer Family Fun

Outdoor program designed to help parents and children ages 2 - 8 grow in their understanding and appreciation of the natural world through shared activities. Daily, Tues., Aug. 1, through Fri., Aug. 4, from 10 to 11:30 a.m., rain or shine; repeats Aug. 8 through Aug. 11. Five Rivers Environmental Education Center, 56 Game Farm Road., Delmar. \$55 (one adult, one child + materials); \$40 for members; \$5 for each additional registered child. Registration required. Form and additional details at www.friendsoffiverivers.org/node/87

Pop-up Programs

Explore special and ongoing exhibits throughout the museum followed by an educational activity. Part of the Summer at the Museum Series. Dates and times vary; weekly schedules will be posted to the museum's website and social media pages on Monday afternoons. Open Tuesday through Sunday, from 9 a.m. to 5 p.m. Empire State Plaza, 222 Madison Ave., Albany. Free. (518) 474-5877 or www.nysm.nysed.gov

FESTIVALS

Cohoes Proud Car Show

A city-block worth of cars, vendors and fun. Classed and judged show is open to all vehicles (inc. motorcycles) with no cut-off

year. Registration, \$15; proceeds benefit the Cohoes Veteran Memorial Fund. Sun., July 30, 9 a.m. to 3 p.m. Block surrounding City Hall, 97 Mohawk St., Cohoes. Free for spectators. (518) 514-8193 or CohoesProudCarShow.com

National Night Out

Nationwide event encourages members of local communities to meet their neighbors in an effort to reduce crime. The Guilderland Police Department will host its annual event, featuring displays by emergency medical service units, local fire stations and neighboring police departments along with community groups, children's activities, music by The Refrigerators and various vendors on Tues., Aug. 1, from 6 to 9 p.m.; rain or shine. Tawasentha Park, 188 NY Route 146, Guilderland. Free. (518) 356-1980 ext. 1030.

29th Annual Falcon Ridge Folk Festival

Three day community of folk music and dance at the foot of the Berkshires, featuring over 40 acts, including Eric Anderson and Sawyer Fredericks, on four stages, along with camping, crafts, children's activities, workshops and international food. Fri., Aug. 4 through Sun., Aug. 6, held rain or shine. Dodds Farm, 44 (Colombia) County Route 7D, Hillsdale. Full festival and single day tickets with and without camping packages available; single day ticket discounts available for students, seniors (65+) and military personnel with valid ID at the gate. Children ages 12 and younger are free. (860) 364-0366 or FalconRidge.com

Black Arts and Cultural Festival

An updated take on a classic celebration of the traditions and cultural contributions of the black community through music, art, dance, and more. Main stage performances by Jody Watley and Shalamar Reloaded plus a kids' zone with family-friendly activities everyone can enjoy. Part of the Summer at the Plaza series. Sat., Aug. 5, 2 to 7 p.m. Empire State Plaza, downtown Albany. Free admission. (518) 474-4759 or summer.empirestateplaza.org.

FILM

Full Moon in Paris

The luminous Pascale Ogier plays Louise, an interior designer who is bored with the sleepy suburbs and her live-in boyfriend, and arranges to move back into her Paris apartment during the week. Complicating matters is Octave (Fabrice Luchini), a charming, married writer who is smitten with Louise. Rated R. Wed., July 26, at 7 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$5. (518) 346-6204 or tickets.proctors.org

Moka

A grieving woman pursues a couple she suspects of killing her son in a hit-and-run. Relying on a portfolio compiled of possible cars and drivers, the desperate mother (Emmanuelle Devos) fixates on a coffee-colored Mercedes (the "moka" of the title) and – not only insinuates herself into the lives of the pair who drive it (Nathalie Baye and David Clavel) – but also into the life of the woman's daughter from a previous relationship. A first-rate showcase for two of French cinema's finest actors. In French with English subtitles. Not Rated. Thurs., July 27 and Fri., July 28 at 7 p.m., and Tues., Aug. 1 and Wed., Aug. 2 at 6:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$5. (518) 346-6402 or tickets.proctors.org

The Who's Quadrophenia

Set against the soundtrack of The Who's mighty teen angst concept album of the same name, working-class Jimmy Cooper hates his dead-end job and is misunderstood by his parents. By night, however, he comes alive popping pills and hanging with his smartly-dressed Mod mates. Better yet, he is looking forward a coming Holiday in Brighton during which he and the Mods will do battle their

rivals, the Rockers. Plus, who knows... he could also get lucky with the lovely Steph! Sadly, at weekend's end, reality and disappointment crowd in all the more. Rated R. Mon., July 31, 7 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$5. (518) 346-6402 or tickets.proctors.org

Marie Curie:

The Courage of Knowledge

The first female professor at the Sorbonne, the first female Nobel Prize winner in physics, and to this day, the only woman to receive Nobel Prizes in two different categories, yet - as a woman in a male-dominated field - she was not allowed to live out her feelings. Film examines the most turbulent five years in the life of this woman of genius: from her 1905 arrival in Stockholm to be awarded her first Nobel Prize, and 1911, when she overcame hostility and discrimination to receive her second. In French with English subtitles. Not Rated. Thurs., Aug. 3 and Fri., Aug. 4 at 7 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$5. (518) 346-6402 or tickets.proctors.org

LECTURE

Archeology Open House

Learn more about the African Americans who helped establish the Arbor Hill neighborhood during the early 19th century and the role of prominent community leaders in the struggle for justice and freedom. Archeologists and students exploring the backyard of Underground Railroad supporters Stephen and Harriet Meyers, the Thomas Elkin residence, and the Ten Broeck Mansion during a six week field school will share their findings during an open house on Thurs., July 27, from 8 a.m. to 2 p.m. at the Meyers House, 194 Livingston Ave., Albany. (Rain date is Fri., July 28 from 8 a.m. to 2 p.m.) Free. (518) 474-5877 or www.nysm.nysed.gov.

LITERARY

Writers workshop

Bi-weekly writers' get together. Eat, drink, schmooze and share, but, mostly write. Thurs., July 27, at 6 p.m., Tech Valley Center of Gravity, Quackenbush Building, 30 Third St., Troy. Free. www.tvcog.org

Poets in the Park

Richard Levine and Suzanne Rancourt will read at the Robert Burns statue on Sat., July 29 at 7 p.m. Bring chairs or a blanket to sit on. Washington Park, Albany. (Rain

location: The Social Justice Center, 33 Central Ave., Albany.) Free. (518) 482-0262 or dwlxc.wordpress.com

Divine Write

Monthly reading and workshop series. This month's featured writer is Maureen Cummins. Sun., July 30, 2:30 p.m. The Beer Diviner Taproom, 461 Broadway, Troy. www.facebook.com/DivineWriterTroy

Nitty Gritty Poetry Slam and Open Mic

Albany's official poetry slam. Tues., Aug. 2. Sign up at 7 p.m.; open mic at 7:30 p.m. and slam at 8 p.m. 18+. The Low Beat, 335 Central Ave., Albany. \$3 before 7:30 p.m.; \$5 after 7:30 p.m. www.albanypoets.com/nittygrittyslam.

MISCELLANEOUS

Central Troy Historic District Food Tour

A leisurely 3 hour, 1.5 mile walk with five refreshing stops, a progressive brunch that helps guests rediscover historic Troy and experience its evolution into a foodie paradise. Presented by Taste of Troy Food Tours. Sat., July 29 from 9:45 a.m. to 1 p.m.; meet at 275 River St., in downtown Troy by the Troy, NY, sign. Adults, \$49 + tax and processing fee. www.tasteoftroyfoodtours.com

Delaware Community Farmers Market

Offering local, fresh-picked fruits, vegetables, herbs, eggs, jams and baked goods. Tuesdays, 4 to 7 p.m. through November. Delaware Branch, Albany Public Library, 331 Delaware Ave., Albany. Free to attend. (518) 432-0516 or DelawareAreaNA@gmail.com

Together Tuesday

Tuesday nights in Eden Café are set-aside for groups to have a time of team building. Safe, non-alcoholic environment where trust can be fostered. Tuesdays, 4:30 to 9 p.m., 269 Osborne Rd., Loudonville. (518) 977-3771.

Veteran Meet-Up

All veterans welcome to free coffee every Tuesday from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. (518) 884-4999 or www.VeteransPeerConnection.org

Potluck/Open House

Every Tuesday night, we gather with food and conversation. Free. 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 Third St., Troy. (518) 279-7863 or www.tvcog.net.

Geeks Who Drink

A quiz show with eight rounds of eight questions each, including a music round, an audio round and a picture round. Free to play, with prizes for the top two teams and bonus prizes throughout the game. Tuesdays, 8 p.m., Olde English Pub, 683 Broadway, Albany.

Summer Fun & Fitness Day

Family event features a variety of outdoor activities including Zumba, animal yoga, and an obstacle course. Presented by Grafton Lakes State Park and the Rensselaer County Department of Health. Fri., July 28, 2 to 3:30 p.m. (Rain date Fri., Aug. 4) Grafton Lakes State Park, 100 Grafton Lake State Park Way, Grafton. Free, registration requested at (518) 279-1155. Or visit parks.ny.gov/parks/53/details/asp

Hudson Kayak Eco-Tour

David VanLoven, a Bethlehem Town Board member and ecologist, will lead this tour of the river, and its tributary,

the Vlomankill, to learn about local fish, birds, the watershed, and even see a small waterfall. Thurs., Aug. 10; tour begins promptly at 6 p.m. Kayak Launch, Henry Hudson Park (South end), Barent Winne Road, Selkirk. Free. Limited availability; registration required by Tues., Aug. 1, by e-mailing kshaw@townofbethlehem.org with your name, phone number and confirmation that you have your own kayak, paddle, and personal flotation device. (518) 439-4955 ext. 1106.

Secret Stockade

Discover the secrets of Schenectady's historic Stockade section during a walking tour of the historic district, which includes lunch at Arthur's Market, a peek inside an 1820's home and a visit to the Schenectady County Historical Society's Museum and Library. Wed., Aug. 2, 10 and 11:30 a.m. Tickets: \$20, available at www.schenectadyhistorical.org/walking-tours, via phone at (518) 374-0263 ext. 4 or email curator@schenectadyhistory.org

EXHIBITS

Albany Institute of History and Art

Continuing: 2017 Exhibition by Artists of the Mohawk-Hudson Region.

Annual, juried exhibition pays tribute to the talented artists working within a 100-mile radius of the Capital District. Through Sun. Sept. 3; also "Spotlight: Erie Canal" which marks the bicentennial of the project's ground breaking; through Aug. 20. Plus ongoing exhibits. Hours: Wed.: 10 a.m. to 5 p.m.; Thurs.: 10 a.m. to 8 p.m.; Fri. and Sat.: 10 a.m. to 5 p.m., Sun.: noon to 5 p.m. Admission: Adults, \$10; seniors/students (w/ID), \$8; children ages 6 to 12, \$6; children 5 and younger, free. 125 Washington Ave., (518) 463-4478 or www.albanyinstitute.org.

Albany International Airport

Continuing: "Cloudlands," structures and images by Naoe Suzuki, Edward



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Answers on Pg. B22

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Mayer, Julie Evans, Susan Meyer, Dana Filibert, Joshua Field and Gina Ruggeri, through July 31. Open daily: 7 a.m. to 11 p.m. Free admission. Gallery, third floor, 737 Albany Shaker Rd., Latham. (518) 242-2241 or arts@albanyairport.com

Arts Center of the Capital Region

New: Fence Select, featuring works chosen from the 52nd Annual Fence Show by this year's juror, Michael Oatman, and "Art Quilt Immersion" featuring Barb Allen's pictorial quilts meant to invoke personal memories in the viewer. Through Sat., Aug. 26. 265 River St., Troy. Open Mon.-Thurs., 9 a.m. to 7:30 p.m., Fri., 9 a.m. to 4 p.m., Sat., 9 a.m. to 5 p.m. and Sun., noon to 4 p.m. Free admission. (518) 273-0552 or artscenteronline.org

Cedar Hill Schoolhouse Museum

Continuing: "Bethlehem 100 Years Ago" takes a particular look at what our town was like during World War I. Military memorabilia will also be featured. Presented by the Bethlehem Historical Association. Through Tues., Oct. 31. Open Sundays from 2 to 4 p.m. 1003 River Road, Selkirk. Free. BethlehemHistorical.orgs

The Clark Art Institute

Continuing: A pair of exhibits featuring works by American Artist **Helen Frankenthaler: "As In Nature,"** featuring 12 of her large abstract paintings, through Oct. 9, and "**No Rules,**" 17 woodcuts which focus on the artist's inventive and groundbreaking approach to woodcuts, through Aug. 27; also "**Picasso: Encounters,**" which explores the artist's interest in and experimentation with large-scale printmaking throughout his career; through Aug. 27; also "**Orchestrating Elegance: Alma-Tadema and Design,**" which offers new insight into the artist's Greco-Pompeian style music room for Henry Gardon Marquand's New York mansion; through Sept. 4; "**An Inner World,**" features

seven exceptional genre paintings by Dutch artists working in or near the city of Leiden in the 17th century, through Oct. 1; and "**Thomas Schutte: Crystal,**" the artist's first full-scale architectural work in the U.S., through Oct. 9. Plus permanent collection. Open Tues. through Sun., 10 a.m. to 5 p.m. Admission: Adults, \$20; children 18 and younger, free. 225 South St., Williamstown, Mass. www.clarkart.edu

The Hyde Collection

Continuing: To Distribute and Multiply: The Feibes & Schmitt Gift marks the opening of The Hyde's first gallery dedicated to Modern and Contemporary art with 40 abstract and nonrepresentational works selected from Warren Feibes and the late James Schmitt's collection donated to the museum last year. Also, "**Ellsworth Kelly: Slow Curve**" which examines the artist's experimentation with curved fields of color, and "**Ellsworth Kelly: Fruits and Flowers,**" a selection of 26 lithographs featuring line drawn images from which his "Slow Curve" works are derived; both through Sept. 24. Plus permanent collection. Open: Tues. through Sat., 10 a.m. to 5 p.m.; Sun., noon to 5 p.m. Admission: adults, \$12; seniors (60+), \$10; children/students (w/ID)/active military and their families, free. 161 Warren St., Glens Falls. (518) 792-1761 or www.hydecollection.org

Mabee Farm Historic Site

Continuing: "Four by Four," features the creative vision of four artists, Deborah Angilletta, John Morrette, Tim Prendergast and Maureen Sausa, in four sets of four paintings, each based on a photograph. Through Oct. 31. Open Tuesday through Saturday, from 10 a.m. to 4 p.m. 1100 Main St. (State Route 55), Rotterdam Junction. Admission: \$5 per adult for self-guided access; or \$8 for a combined tour and access to exhibits; children and students (w/ID) free. (518) 887-5073 or schenectadyhistorical.org

Mandeville Gallery

Continuing: "Branding the AfroFuture" by Stacey Robinson. Multimedia work discusses "Black Utopias" as spaces of peace away from colonial influence by considering Black protest movements and the art movements that document them. Part of the Art Installation Series, through March 2018 at the Schaffer Library Learning Commons. Union College, 807 Union St., Schenectady. Free. (518) 388-6004 or muse.union.edu/mandeville/home

miSci

New: Wind and Solar: The Renewable Energy Revolution: New interactive exhibit sponsored by GE Renewable Energy encourages visitors' understanding of renewable energy technology and climate change factors, while inspiring advocacy for renewable solutions to society's ever-increasing energy needs. **Continuing: MRI: Examining the Human Body;** explore the science behind a landmark medical imaging system developed here in the Capital District. Both on display indefinitely. Plus ongoing/permanent exhibits. Open Monday through Saturday, 9 a.m. to 5 p.m.; Sunday, noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Adults (13+), \$10.50; seniors (65+), \$9; children (3-12) \$7.50. Additional \$5/person charge for planetarium show. (518) 382-7890 or www.miSci.org.

National Museum of Dance

Continuing: "National Museum of Dance and Hall of Fame - Celebrating 30 Years," and "**Art in the Foyer: Design for Dance,**" highlighting the costume sketches of design and dance historian Malcolm McCormack; also "**The Dancing Athlete,**" "**50 Years at SPAC,**" Hall of Fame Inductees Patricia Wilde and Gregory Hines. Plus ongoing exhibits. Open daily, Tuesday through Saturday, 10 a.m. to 4 p.m.; Sunday, noon to 4 p.m. 99 South Broadway, Saratoga Springs. Adults, \$6.50; seniors/students (w/valid ID) \$5; children ages 4 to 12, \$3; children ages 3 and younger, free; Free admission for all

on Tuesdays. (518) 584-2225 or www.dancemuseum.org

New York State Museum

Continuing: "A Spirit of Sacrifice: New York State in the First World War," featuring artifacts, images, posters and documents from collections at the Museum, State Archives, State Library and other cultural institutions. Through June 3, 2018. Also, "**The People's Art: Selections from the Empire State Plaza Art Collection,**" through Sept. 3; and "**Hudson Valley Ruins,**" through Dec. 31. Plus ongoing exhibits. Open Tuesday through Sunday, from 9 a.m. to 5 p.m. Empire State Plaza, 222 Madison Ave., Albany. Free admission; suggested donation of \$5/person or \$10/family. (518) 474-5877 or www.nysm.nysed.gov

Pine Hills Branch

Albany Public Library **Continuing: "Illustrated,"** showcases illustration as a medium, featuring more than 80 works by more than a dozen artists, with a special focus on illustrators, Meg Sodano and Cara Hanley of Albany, and Marie Beebe of Chatham. Through Oct. 28. Open Mondays and Wednesdays, noon to 8 p.m.; Tuesdays, 10 a.m. to 6 p.m.; Thursdays and Fridays, noon to 6 p.m., and Saturdays, noon to 5 p.m. Free. 517 Western Ave., Albany. (518) 482-7911 or www.albanypubliclibrary.org/locations/pine-hills/

Saratoga Arts

Continuing: 10x10, annual show featuring work created by artists of all ages and abilities, including works created by participants of the Saratoga Arts' Visual Arts Summer Camp Program (Main Gallery). Through Sept. 2. Paintings by Susan Beadle (Reception Gallery) and Unfurled by Karen Cummings (Members' Hall Gallery). 320 Broadway, Saratoga Springs. Free. Open weekdays, 9 a.m. to 5 p.m. and Saturdays from 11 a.m. to 5 p.m. (518) 584-4132 or saratoga-arts.org

Saratoga Auto Museum

Continuing: "The Gavel: Cars of the Saratoga Auto Auction," which takes a look at the history, process, popularity and potential of automobile collecting along with "**Auto Sketches by Robert Selkowitz,**" and "**Photography by Michael DiPlecco,**" through Sept. 17. Plus ongoing exhibits. 110 Avenue of the Pines, Saratoga Spa State Park, Saratoga Springs. saratogaautomuseum.org

Saratoga Clay Arts Center

Continuing: "Everything's fine" (Schacht Gallery), a solo exhibition by the center's artist in residence, Allora McCollough, who uses ceramic materials and mixed media to create narratives about overcoming challenges in life. Through Aug. 2. Open daily, 11 a.m. to 4 p.m. 167 Hayes Rd., Schuylerville. Free. (518) 581-2529 or saratogaclayarts.org

Schenectady County Historical Society

Continuing: "Together Until the End: Schenectady in World War I," through Nov. 2017. Plus ongoing exhibits. Open weekdays, 9 a.m. to 5 p.m.; Saturdays 10 a.m. to 2 p.m. 32 Washington Ave., Schenectady. Admission: \$5. (518) 374-0263 or www.schenectadyhistorical.org

Dan Sekelick

Visual Arts Gallery **Continuing: Photographic artist Jay Freud.** Through Aug. 15. Sand Lake Center for the Arts, 2280 NY Rte. 43, Averill Park. Free. (518) 674-2007 or info@slca-ctp.org

Tang Teaching Museum

Continuing: "The Young Years," celebrates the 30th anniversary of the Skidmore Jazz Institute by featuring recently acquired works of art which reflect various aspects of both the Institute and of its founder, Don McCormack; through Aug. 27. "**If I Had Possession Over Judgement Day: Collections of Claud Simard,**" featuring art and objects from across centuries and continents; through Sept. 24. Also, "**Elevator Music**

33: Up = Out: A Sun Ra Mixtape,"

featuring seven tracks from the artist; through Aug. 27, and "**Liz Collins — Energy Field,**" a long-running installation created as a lounge/social space for visitors and students, through Sept. 10. Skidmore College, 815 North Broadway, Saratoga Springs. Free. tang.skidmore.edu

Troy Summer Square

Continuing: Pop-up pedestrian plaza at Broadway and River Street, which includes a painted roadway, chairs, and a stage with ongoing diverse, cultural programming and fun public engagement activities designed to gather information about the arts in Troy in an effort to develop a Master Plan for public art in the Collar City. Presented by the Arts Center of the Capital Region and the City of Troy. Through Aug. 5. Monument Square, downtown Troy. Rain location for events: Arts Center of the Capital Region, 265 River St., Troy. For a full schedule of events, visit www.artscenteronline.org/troy-summer-square

University Art Museum

Continuing: Sara Greenberger Rafferty: "Gloves Off," a collection of recent video, sculpture and photography that furthers the artist's ongoing fascination with domesticity, the body, consumer culture, fashion, violence and stand-up comedy in a kaleidoscopic view of contemporary culture on the edge, and **Cameron Martin: "Abstracts,"** a new body of non-objective paintings that address current generative roles for abstraction by an artist best known for his large scale, photographically based landscape paintings. Through Sept. 9. Uptown Campus, University at Albany, 1400 Washington Ave., Albany. Summer hours (through Tues., Aug. 29): Tuesday through Saturday from 11 a.m. to 4 p.m. Free. (518) 442-4035 or www.albany.edu/museum.

HOROSCOPES

July 2017 Week 4

CAPRICORN

December 22 – January 19

You know a lot, too much almost. Plead the fifth, Capricorn. This is not the time to get into the matter. A child reminds you of an important event.

AQUARIUS

January 20– February 18

Excuses, excuses. You've made too many as of late, Aquarius. Stop procrastinating and just get it over with. A friend could use a favor.

PISCES

February 19 – March 20

It takes two to tango, Pisces. Do your part. The message is received loud and clear at home. Now you just need to figure out how to go about it.

ARIES

March 21 – April 19

Most of the time, it is in all of the details, but not this time. You're missing the big picture, Aries. A newspaper article gets the creative juices flowing.

TAURUS

April 20 – May 20

No doubt there is a method to your madness, Taurus, but not everyone will appreciate it. You may have to acquiesce for progress to be achieved.

GEMINI

May 21 – June 21

You're not a people person, but a work event will call for you to be one. Do your best, Gemini. That's all you can do. A recipe could use some work.

CANCER

June 22 – July 22

A coworker comes unglued at a meeting, and it is up to you to play peacemaker, Cancer. A home improvement project is completed in the nick of time.

LEO

July 23 – August 22

You're on the ball, and those in authority know it. Prepare for applause all around, Leo. An acquaintance is trying to pull the wool over your eyes.

VIRGO

August 23 – September 22

Your guess is as good as anyone's, Virgo. Stop worrying about it and get on with life. You'll know when you need to know. A case is presented.

LIBRA

September 23 – October 22

News from afar strikes fear in the heart of everyone but you, Libra. You suspected this was coming, and you are prepared. Help those who aren't

SCORPIO

October 23 – November 21

Sour or sweet, the message remains the same, Scorpio. Deal with it the best that you can. An old letter gets people talking at a get-together.

SAGITTARIUS

November 22 – December 21

Pipe down, Sagittarius. You're so turned around you're not making any sense. The air is cleared at home, and harmony sets in. Take everyone out to celebrate.

■ CULINARY ARTS



Clean Comfort

Zucchini Pancakes

By **STACEY MORRIS**
news@spotlightnews.com

Who doesn't adore zucchini bread? It's lovely, and there is no shortage of recipes in books and on the blogosphere, but let's face it, the bread version's been done to death. I found myself needing a recipe challenge as the barrels of the oblong green vegetable began rolling into farmers markets last month. And I came up with something I think you'll love. These pancakes are delicious and absolutely sugar-free. Since I fry them like latkes in coconut oil till they're crisp around the edges, they are so nice and fat-laden, they don't need extra butter. If you're frying with non-stick cooking spray, that's a different story.

What I'm trying to convey is, fried under the right circumstances, these are luscious enough to eat au natural. But if syrup is your thing, go for it! And I did plop some organic cashew butter on a stack once. Worked *wonderfully*.

Zucchini is a high-moisture vegetable, so even after wringing moisture out of the shredded zucchini, you'll find the batter rather dense and wet, which will require extra time and attention at the griddle. You don't want them to burn, but you also don't want a soggy middle. My advice is don't make 'em too big. Besides, stacks of silver dollar pancakes are adorable!

Ingredients

1 zucchini, shredded with a cheese grater or in a food processor and drained over a cheese cloth or thick paper towels for at least 20 minutes

2 cups almond flour

1 teaspoon baking soda

1 box sugar-free vanilla pudding

3 eggs, room temperature if possible
½ to 1 cup of unsweetened almond milk
1 cup shredded unsweetened coconut
2 tablespoons grapeseed or avocado oil
1 tablespoon vanilla

Directions

After zucchini has sat draining for 20 minutes, place on fresh paper towels and give it one more squeeze. Set aside. In a medium-sized mixing bowl, mix almond flour, baking soda, and vanilla pudding mix together. In a blender, blitz the eggs and vanilla. Add to the dry ingredients along with the oil and mix well. Add shredded zucchini and coconut and blend. Add ½ cup almond milk and mix thoroughly. If batter is too thick, add more milk until desired texture is achieved.

Heat a non-stick skillet over medium-high heat. Spray with non-stick cooking spray or melt coconut oil in pan. When pan is properly heated, take a small ladle or medium-sized serving spoon and drop enough batter into the hot pan for a pancake that's silver-dollar sized, or a little larger. When bubbles appear in the top of the pancake, flip over carefully and cook for 2-3 minutes longer.

Pancakes may be placed in a warm oven until they are finished. Serve with syrup or topping of your choice. If you only want to do a few pancakes at a time, the batter keeps for up to a week in the refrigerator.

Stacey Morris is a Loudonville-based wellness coach, food blogger, and yoga instructor. She's the author of "Clean Comfort," "Sweet Comfort," and "A Bowl of Comfort." Her website is www.staceymorris.com.



■ DROME SOUND MUSICIAN SPOTLIGHT

LoCash

TheSpot518: I'm going to get you in trouble here with my first question: Is there a difference between crowds in the North and crowds from the South?

Preston Burst: You know, I think country fans are just fun from any place. I think you're right, there's a little bit of difference with the lifestyle of the North compared to the South, and the East to the West. But, when it all boils down to the party, everybody just likes to get out and have a good time. And, that's what I find about the country fans. Everybody's got a beer in their hands, their hands up high and they're singing every word. They work hard during the week, so when they come out to these festivals, it's time to cut loose. And, that's what I love about the country fans. Whether you're in Florida or all the way up in Minnesota, everybody's got this goal in mind to go out and have a good time at these festivals.

TheSpot518: Now, I'm aware you wrote songs for Keith Urban and Tim McGraw, who do well enough on their own. How is it for an artist who to have one of your songs do well with another artist?

Burst: Well, I think it's all pride, because early on... 2011 was the toughest in our career. We lost Christian [Lucas]'s dad, who passed away suddenly. We lost his aunt two weeks later. We lost our fiddle player that year. We lost our record deal. We lost our song on the charts. It felt like we were losing everything. It

felt like we were just really spinning our wheels down to the lowest level. Loss just kind of hits you like that. It hits you in a way that you start asking yourself, "What am I even doing anymore?" You know? We're trying to write great songs, and trying to stay positive. But, the hits just keep coming, and not the good kind of hits. And, so suddenly, at the end of the year, at the end of 2011, we're sitting there looking at each other and realizing, "Here's the towel in our hands. Do we throw it in? What do we do?" Then, we get this phone call in from Keith Urban, and he says, "Guys. That song you wrote, 'You're Gonna Fly,' is gonna be my next single." And, man. Boom. There's a light at the end of the tunnel. It kind of revived us. And, by late February, early March of 2012, the song went No. 1 for Keith Urban. It was a two-week No. 1. It completely changed our lives. So, I don't think there was ever a time — to answer your question — I don't think there was ever a time where we thought, "Man, I wish that song was ours. I wish that was us on the radio." We were working to be artists. It was such a huge blessing to have him even record the song, then make it a single, then take it to No. 1. It's kind of one of those things, divine intervention in our lives right there. We needed that.

This interview was previously published in August 2016. To read more, go to TheSpot518.com, and type in the keyword, "LoCash."

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■ THEATRE REVIEW

Puttin' on the Ritz ... again

'30s-style Broadway concert entertains at Opera Saratoga

By **DIEGO CAGARA**
intern@spotlightnews.com

SARATOGA SPRINGS — The Spa Little Theater travelled back in time to the 1930s and held a concert where millennials sang various show tunes from Broadway productions of the time to celebrate the decade.

The one-night-only festivity, titled "Broadway in the 1930s," achieved near perfect attendance on July 14, starting at 7:30 p.m. until around 9 p.m. Since the theater was relatively small and the stage was narrow, the event felt much more intimate.

It certainly evoked a sense of nostalgia among the audience, mostly comprising of couples who were advanced in age, for the previous century.

"The reason we did this was to show the context of great opera and [the 1930s] was a really incredible decade on Broadway," said Artistic and General Director Lawrence Edelson before the concert began. "There was a diverse slate of composers writing then. Playwriting was quite bleak at the time but the composers wrote innovative pieces and in a celebratory voice."

Edelson was alluding to how the country was undergoing the Great Depression then and the outbreak of World War II would start later in 1939.

The night's singers were members of Opera Saratoga's Young Artist Program, a highly selective program—the "second oldest young artist program in the country," according to its website—consisting of aspiring thespians mainly under the age of 32. Of the 300 live auditions received, 24 were selected.

Onstage, the surrounding staircases from the "Zémire et Azor" set were accompanied by an elegant piano at its base, attended by pianists Timothy Accurso, Carol-Anne Fraser, Djordje Nesic, Laurie Rogers and Steven Seigart. The concert overall was very simplistic in tone, style and taste. A singer or two (often of the opposite sex) would typically walk up center stage and sing their

selected musical number, the only background music provided by the supporting pianist by their side. The evening began and concluded with an ensemble performance at each end.

All the singers were dressed to the nines. The young ladies' high operatic vocals were robust, a sharp contrast to how softly feminine and elegant their dresses were, succinctly enveloping their body frames while they each confidently sang their lyrics. The youthful gentlemen's vocals, on the other hand, were collectively much deeper, modestly clad in evening tuxedos. The gender norms of the 1930s were very evident but it also expressed how old-fashioned and classic the concert felt. There was a sense of uniformity throughout, each singer and pianist playing their part in succession, with several raindrops of scattershot humor spread across the one-and-a-half-hour event.

One main highlight of the evening was Nina Spinner due to her memorable flair and shiver-

inducing performance of "The Heart is Quicker than the Eye" from the 1936 musical, "On Your Toes," which she duetted with Spencer Viator. As she led the song first, Viator sat on the neighboring steps, unabashedly enchanted by Spinner's combination of a gorgeous pink dress augmented by jewelry, and her voice. Another highpoint was Laura Zahn who sang "My Funny Valentine," originating from the 1937 musical comedy "Babes in Arms." Standing atop the steps, she appeared deeply reflective, like a silent film actress of the time with a stunning purple dress. Descending until she reached the piano below, she continued singing confidently, briefly resting a hand over her chest for dramatic effect. "Each day is Valentine's Day," she softly declared with her concluding lyrics and was then greeted by uproarious applause.

The laughs came when the animated Andy Papas sang "Plumbing"—from the 1933 London musical, "Nymph Errant"—and sang of how grateful he was of how plumbing

solves certain personal "problems," rubbing his stomach exaggeratedly. Another singer offstage literally threw a toilet plunger to him and he proceeded to dance with it. When his song ended, he playfully marched off, plumber over shoulder like a dwarf and his pickaxe from Disney's "Snow White and the Seven Dwarfs"—coincidentally also from the 1930s.

Throughout the glamorous evening, the concert focused on the more lighthearted side of the turbulent decade, turning its spotlights onto how Broadway, theater and music entertained audiences at the time. While the songs were typically performed with an orchestra in their original productions, the use of only a piano made each performance feel cohesive and unpretentious. With themes of youth, romance and nostalgia, this old-fashioned yet touching concert proved fruitful.

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More nostalgia

ALBANY — Fans of music from the '90s were treated to the return of Soul Asylum and Cracker at the Capital Concert Series at the Empire State Plaza on Wednesday, July 19. Soul Asylum hit the charts with "Runaway Train" from which it one a Grammy Award for Best Rock Song in 1992.

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FILM REVIEW

Dunkirk

'Dunkirk' poignantly presents heroism during World War II

By **DIEGO CAGARA**
intern@spotlightnews.com

Critically acclaimed director Christopher Nolan seems somewhat godly with "Dunkirk," a suspenseful and poignant film set during World War II that concerns the namesake's evacuation, which was released to cinemas nationwide on July 21.

The way he proficiently makes use of the four classical elements—earth, air, fire and water—altogether results in beautifully captured sequences and truly helps visually inform the viewer of the scale of the conflict then. The war was fought on all three fronts: fighter planes in the skies; submarines, U-boats, ships and destroyers in the waters; and all manners of land vehicles one can easily look up in a documentary or textbook.

This sentiment was epitomized in a particular scene where a Nazi German fighter plane was finally shot down by a British pilot in mid-air, resulting in the doomed aircraft's crash into the English Channel. A massive fire suddenly engulfs a portion of the waters, as oil had spilled from a previously-attacked British ship. All the while, helpless soldiers watch from the Dunkirk beach from afar, as smoke, flames and the perpetual noise of passing planes fill the air.

It was at this moment when Nolan genuinely proved himself in this film as the genius filmmaker many proclaim him to be.

The multi-faceted nature of this film was further expressed by the fact that it was presented in three arcs—the Mole, the Sea and the Air—the viewer eventually learning that they each were interconnected and a certain chronology was established.

Suspense was immediately established at the film's start as a number of British soldiers tried to escape from German gunfire in the eerily-empty Dunkirk streets, and Tommy (Fionn Whitehead) was the only one who successfully made it out alive. Watching each of his comrades get shot down immediately and the camera mercilessly ignoring their corpses as it continues to focus on Tommy's escape showed how awfully tragic the war truly was. With one bullet, a seemingly fit soldier can get killed instantly. The film did not cower away from violence as blood and even contents from within soldiers' bodies literally spilled out in certain scenes—the most unforgettable one was when a soldier cried out in agony while holding out his exposed intestines.

Speaking of "cower," the word "coward" particularly came up when the son of a British mariner asked his father (who was journeying to Dunkirk) if the unnamed

The question of whether "Dunkirk" deserves to be called one of the best World War II films ever made is an interesting one because the film focuses on one singular event: the evacuation of Dunkirk. Other noted films that focus on the war like "Saving Private Ryan" (1998) and "Schindler's List" (1993) concern different aspects of World War II so it is unfair to compare them with "Dunkirk." But then again, what makes "Dunkirk" very thought-provoking and intriguing is that it concentrates deeply on just one aspect of the war.

solider they had just rescued was indeed one since the soldier (Cillian Murphy) outright demanded they stay away from war-stricken Dunkirk. This intelligently brought up the more psychological side to the war. Shell shock definitely played a huge role in the war and in this film, Murphy's character warranted pity.

The question of whether "Dunkirk" deserves to be called one of the best World War II films ever made is an interesting one because the film focuses on one singular event: the evacuation of Dunkirk. Other noted films that focus on the war like "Saving Private Ryan" (1998) and "Schindler's List" (1993) concern different aspects of World War II so it is unfair to compare them with "Dunkirk." But then again, what makes "Dunkirk" very thought-provoking and intriguing is that it concentrates deeply on just one aspect of the war.

Adolf Hitler and Winston Churchill did not even appear in this film, and the Nazis never really showed their faces. They act like the seemingly-omniscient enemy that lurks from around the corner, under the waters and behind the clouds. That was where the suspense played in too. Whenever the British and French soldiers looked up in horror and watched an approaching German Luftwaffe aircraft, whenever unseen German soldiers exchanged gunfire on land, and whenever a German U-boat shot a torpedo into a British ship, the viewer did not need to see their faces to realize how dangerous they really were.

Hans Zimmer's score also contributed to this sensation as its haunting and heart-thumping nature made certain scenes all the more dramatic. This was reminiscent of his score for Nolan's "The Dark Knight" (2005-2012) trilogy which indeed was built on the concepts of fear, corruption and darkness.

One cannot help but root for all the Allied soldiers as they attempted to escape from Dunkirk and sail for England.

Notably, the film began with British soldiers encountering raining flyers, the camera focusing on one such soldier who grabbed a flyer and saw a taunting illustration of how the Nazis were aware of their predicament and have concerned them. The main messages were "WE SURROUND YOU" and "SURRENDER + SURVIVE!"

At its core, "Dunkirk" is about survival.

The fusion of gripping action sequences, Zimmer's suspenseful score, a stellar cast and the emotional punch it packs made it an enjoyably complex film that ironically focuses on one chapter of World War II. "Dunkirk" also comes across as a desire to spread more awareness to the public about the evacuation of Dunkirk, something that is generally less heard of in the United States than other key events of the global conflict like the invasion of Poland by Nazi

Germany, the bombing of Pearl Harbor and D-Day.

While the film did have a set conclusion of sorts, it still showed that World War II was not over yet as one of the main characters, Farrier (Tom Hardy), a Royal Air Force pilot, became a prisoner to the Nazis, despite having saved so many lives by shooting down multiple German Luftwaffe aircrafts. Herein reminded audiences that the war was a mixed bag of tragedy and triumph.

"Dunkirk" poignantly celebrates those two facets, showcasing the Allied soldiers' heroism and survival while also presenting how terrible the conditions were there. Dunkirk may have been just one episode in World War II but Nolan brilliantly emphasized how it was such an important one indeed.



WEDNESDAY, JULY 26



..... Taina Asili y La Banda Rebelde
wsg Girl Blue

NEXT UP

AUGUST 2 | SIRSY

wsg Sly Fox and the Hustlers

THEATRE REVIEW

Full of heart, soul

Park Playhouse's 'Ragtime' moves audience

By JAMES YEARA
news@spotlightnews.com

ALBANY — Summertime is "Ragtime" this summer. Two distinct but thrilling productions of this 1998 Tony Award winning musical were produced locally, a rarity for any non-Shakespearean

play. No mere coincidence, the dual productions, one indoors created by the area's finest professional theatre company (Barrington Stage Company) while the other done outdoors by the still resurgent community theater troupe Park Playhouse, highlight the relevance and power of "Ragtime."

Set over a 100 years ago at the turn of the 20th century, this musical about the American Dream as it dashes across distinct classes, races, religions,

and genders shows what America has been, is, and engenders a hope of what American could become. Such was the power of each disparate theatre group's production that audiences at both erupted in applause at the act one closer, "Till We Reach That Day," and leapt to their feet at the conclusion of the stirring reprise of "Wheels of a Dream." The rarity of two simultaneous productions of the same musical underscored "Ragtime"'s rarest achievement: an essentially sentimental musical that still resonates today.

A fictional account using some historical (J.P. Morgan and Henry Ford, Emma Goldman and Evelyn Nesbit, Booker T. Washington and Harry Houdini) figures, "Ragtime" at Barrington Stage Company's more intimate Boyd-Quinson Mainstage consistently found

both the heart and soul of the musical. Featuring the more evocative and effective set—a symbolic child's Victorian dollhouse stayed just left of upstage center, visible like the scattered baggage, boxes, carriers, against the three story brick wall of the company's 105 year old reclaimed theater; the aged red bricks took on shifting symbolic meaning as Chris Lee's lighting design changed hue, intensity, and angle—BSC's production caught fire under director Joe Calarco's brave vision. Though Coalhouse Walker, Jr. (a protean Darnell Abraham) is the soul of any "Ragtime", Calarco's production took heart from the equally excellent Elizabeth Stanley as Mother and from her son, Little Boy (a believable Elliot Trainor in a role where it is no mean feat to be believable): Stanley answered Mother's own question

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in "What Kind of Woman" and shared the ache in "Back to Before." The uniformly better acted of the two productions, BSC's "Ragtime" also shared the shows heart and soul.

Park Playhouse's "Ragtime" had the better Model T, a key set piece, and featured without compare, the most moving musical movement of the two productions: "Till We Reach That Day," an anthem for this moment in our country's history. Sung at its climax by the full cast under the brilliant direction of Brian Axford, it underscored why "Ragtime" was the finest musical moment in Park Playhouse's 29 year history. While too often some of PPH's cast too often treated scenes as just words between songs—as if the old saw that "acting doesn't matter in a musical" were true

by singing and looking so far over the audience right in front of them as if they were singing to Whiteface Mountain some 145 miles to the north—during Sarah's Friend (Antonia Brown) lament all matched the focus and commitment of A.D. Weaver's Coalhouse Walker, Mariah Lyttle's Sarah, Brandon Jones's Booker T. Washington and the uncredited members of Walker's "Ragtime" denizens of Harlem. When they sang "Give the people/A day of peace./A day of pride./A day of justice/We have been denied./ Let the new day dawn,/Oh, Lord, I pray/ We'll never get to heaven/Till we reach that day," the notes and words resonated in the Albany night air and shone there brightly as the audience simultaneously wiped tears away and applauded.

On March, 3 2003, people gathered

together in their communities around the world to simultaneously perform the ancient pro-peace play, "Lysistrata." A day where communities nationwide perform "Ragtime" would be a fitting start to reach that day when the crimes at the heart of the musical are history, not breaking news.

"Ragtime" music by Stephen Flaherty, lyrics by Lynnne Ahrens, book by Terrence McNally, based on the novel by E. L. Doctorow: at Barrington Stage Company, directed by Joe Calarco, music direction by Darren R. Cohen, choreography by Shea Sullivan; at Park Playhouse, directed by Michael LoPorto, music direction by Brian Alford, choreography by Ashley-Simone Kitchener, through July 29.

IN BRIEF

Get Up Jack at the Pruyn House

LATHAM — The Pruyn House will hold an "Irish Night" with Get Up Jack on Wednesday, July 26 from 6:30 to 8:30 p.m.

Get Up Jack is an Irish music band comprised of Mike DeAngelis, John Haggerty, Scott Apicelli and more.

Vendors are available for dinner, beverages and ice cream.

There is a \$5 donation for adults; children 12 and under are free. For more information call (518) 783-1435 or email pruythouse@colonie.org.

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From page B1 ... Where I'm coming from

Reed's music was often described as avant garde. Credited as one of the pioneers to the punk rock genre that started in the late '60s. A rebel renowned by music lovers of today, but woefully underappreciated by critics of today. Upon his death in 2013, *Rolling Stone* magazine apologetically held vigil by tweeting and reporting about his every last moment. But, in the past, the magazine was one of his harshest critics. So goes Reed's style and polarizing persona. For the deadpan singer sharing stories about drug addicts and social misfits, there was no middle ground. People either loved him or hated him.

"He's a tough guy rebel. He's the godfather of punk rock. You listen to him talk, he's got that New York accent. He's got a toothpick in his mouth while he's playing on stage. Yeah. A real rebel. I don't see myself like that at all. I'm quiet, to be honest with you. I don't really stand out like that. I'm a pretty nice guy, I think. And, really shy at times as a kid. It's amazing that I get up on stage and sing in front of people.

Flach was born and raised on a steady diet of classic rock. He started drumming when he was ten. He only learned to play a few chords on the guitar when he was a teenager. By 2012, he was out of high school and in a band he started with his brother, called "The Kindness." Then he started to songsmith.

As a songwriter, Flach said he draws inspiration from what is around him: the landscape, lifestyle and people here in the Hudson Valley. Flach started singing and writing for "The Kindness," which released an EP in 2015. That immediately took Flach to a solo project that produced "Empty Mansions" in 2016.

Flach prefers to describe himself as a songsmith, because he sees himself more as a craftsman that is considering all aspects of music and not only the lyrics. Standing front and center on stage, he is wrapped in layers of song structure, lyrics, tone, and delivery. The placement of the bridge. Where to start the chorus. How does it relate to the previous song.

"It's important to think all of those things through," said Flach. "I think the difference between writers and craftsman is that [a songsmith] thinks of all the angles, and tries to approach it as a total project and not just song. ... I like that term "smith" because it makes me feel like a craftsman. That's important to me.

Flach began writing songs that spoke of social strife — politics, racism, division and corruption — and stories of love, loss, heartache and salvation. He said he was heavily inspired by Reed's critically acclaimed album "Berlin," which does the same. Stories, he said, that come through the "eyes of empathy."

"It's an interesting world we live in," said Flach, who said he doesn't feel today's pop music speaks to today's problems — drug addiction, financial struggles and Washington politics. Though, he said, music is often an escape for some people,

"It's an interesting world we live in," said Flach, who said he doesn't feel today's pop music speaks to today's problems — drug addiction, financial struggles and Washington politics. Though, he said, music is often an escape for some people, "but I also know there's a place for songs to be realistic," he said. "Sometimes things happen that we prefer didn't. I think having a song or two about it wouldn't be the worst thing in the world. It might be comforting at times to have that relatable song that we can go to that helps us square up with reality and be aware of what's going on around us.

— C.K. Flach



Submitted photo

"but I also know there's a place for songs to be realistic," he said. "Sometimes things happen that we prefer didn't. I think having a song or two about it wouldn't be the worst thing in the world. It might be comforting at times to have that relatable song that we can go to that helps us square up with reality and be aware of what's going on around us. Another part of it comes through the eyes of empathy. Because, there are people out there who are struggling, and go through different things than we do. They may not have a use for a poppy song. It doesn't really reflect their life at the moment, and I hope that anything that happens to someone, that's not quite ideal, is temporary. Maybe in that

moment, they could use a song or two that speaks from where they are coming from. ... That place of empathy is where I'm coming from."

Flach said opportunities have presented themselves to him since the release of "Empty Mansions." Aside from opening this year's MOVE Music Festival with a sold out show at Cohoes Music Hall, people have approached him about collaborating. Though he is currently writing for another release, no timetable is set for a second album just yet. He plays next at the Dana Park free concert series on Monday, Aug. 7, with Let Go Daylight and Two Guys in Albany.

Cheers!

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IN BRIEF

Charles Bradley & His Extraordinaires at Summer at the Plaza

ALBANY — Charles Bradley & His Extraordinaires will perform as a part of the Capital Concert Series Summer at the Plaza on Wednesday, July 26 from 5 to 8 p.m. at the Empire State Plaza in Albany.

Bradley is a soul singer who has made a name for himself as a live performer since the release of his 2011 debut album "No

Time For Dreaming."

The concert is free. For more information call (518) 474-4759 or visit summer.empirestateplaza.org.

Ajkun Ballet Theatre at The Egg

ALBANY — The Egg will host the Ajkun Ballet Theatre on Wednesday, July 26 at 12 p.m. in the Empire State Plaza in Albany.

The Ajkun Ballet Theatre mixes

contemporary, repertory and traditional ballets, including an excerpt from Sleeping Beauty. This event is part of the "Made in the Shade" performance series that take place on the outdoor stage just outside the main entrance.

For more information call (518) 473-1845 or visit www.theegg.org.

"Dork Your Diary!" at Castleton Public Library

CASTLETON — Castleton Public

Library will host "Dork Your Diary!" on Wednesday, July 26 from 12 to 6 p.m. at 85 South Main Street in Castleton.

Inspired by the Diary of a Wimpy Kid and Dork Diaries books, the event will give kids the chance to decorate a blank diary to take home and fill with their own adventures.

For more information call (518) 732-0879 or visit www.castletonpubliclibrary.org.

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From page B4 ...

What can I eat?

▶ Greek yogurt with Berries (if you can tolerate dairy prior to working out... I can't)

Water: In my opinion this is even more important than food prior to your workout (especially if you want to avoid the dreaded "bonk"). Nothing kills a workout faster than getting dehydrated during the middle of it. And, if you're dying of thirst and ready to chug your entire bottle of water in one gulp you're already behind the 8 ball. I drink over a gallon of water a day so I'm generally well-hydrated, but I ALWAYS have 8-12 ounces of water with my snack and then I try to have 2-3 ounces every 15 minutes or so. Again, it's best to find out what works for you through trial and error.

Post-Workout:

Just crushed it during your HIIT class? No matter what you did your muscles are on fire and you need to fuel them.... NOW!

What you consume post workout will have a huge impact on how you recover (a.k.a., how you feel the next day).

Want to be able to get up off the toilet tomorrow after having killed it doing squats? Well then you need to give your body the nutrients it requires to rebuilt itself.

It all starts with protein. Protein isn't just for the muscleheads who eat dumbbells for breakfast and pick up VW bugs for fun.

Whether you did strength training, toning (yes, that means ab work too), or running, you'll want to consume 15-20 grams of protein right after. Not to get too much into the science, but if you've never heard of the anabolic window, it's time to learn at least a little bit about it.

The anabolic window (sometimes called the metabolic window) is the period just after your workout when your body is looking for the nutrients it needs to begin repairing the damage done during your workout.

Now, there is a LOT of confusing science out there on how long the window is, or if it even exists for that matter.

So much confusion that if you ask 100 nutritionists, you'll probably get 100 different answers. Ask trainers and you'll hear everything from it doesn't exist to you MUST eat within 20 minutes to no bruh you've got up to 5 hours to refuel.

Ask body builders the same question and get ready to be lectured on the "science" and how you need to consume huge amounts of protein and such.

In my personal experience, there is some truth to the window. I don't get caught up in the never ending boring debates I just know what works for me (and most of my clients)

Now, that doesn't mean you need to (or even should) go eat a 16 ounce steak washed down with 3 scoops of protein powder mixed in with your BCAAs, unless of course you're getting ready to compete against "Ab-nold" in a bodybuilding contest.

For the average person, I have found that the aforementioned 15-20 grams of protein, along with some healthy carbs and fat consumed within 30-60 minutes of working out works well.

Some suggestions:

- ▶ A piece of fruit and a couple of hard boiled eggs
- ▶ An egg white omelet with veggies (hello spinach)
- ▶ Greek Yogurt with berries
- ▶ Grilled chicken sandwich on whole grain bread

What do I recover?

Well, my go to is a protein smoothie. I like to make them using "in season fruits" to both save money and get the maximal nutrition from them. My current fav is a chocolate cherry protein smoothie that is to die for. It's like having a chocolate covered cherry that's good for you

Dan's Chocolate Cherry Protein Smoothie

Ingredients

1 cup frozen cherries (I buy cherries pit them and freeze them myself but you can buy frozen)

1 scoop Chocolate Protein Powder

1 handful of spinach

1 teaspoon Flax seeds

1/2 cup ice

6 oz of cold water

I like my shakes THICK as in stand up your spoon thick so if you want them thinner cut back or eliminate the ice and add more water till the thickness you like is achieved.

Give it a try!

Dan Romand is co-owner and operator of Full Circle Fitness-NY in both Colonie and Saratoga Springs. He is a certified personal trainer, and a regular Health & Fitness columnist for TheSpot518.

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From page B3 ... Not a 'collaborateur'

up his six muses, two of whom he married, who were Fernande Olivier, Olga Khokhlova, Marie-Thérèse Walter, Dora Maar, Françoise Gilot and Jacqueline Roque. Picasso fell in love with each lady for her physical beauty and each respectively inspired him to create certain prints, paintings and other artworks. Clarke touched on how Picasso was several decades his lovers' senior, even noticing the occasional puzzled look on several audience members. Picasso's sense of romance was notoriously brief, marked by constant affairs and his ill-treatment of each of them, leaving each behind as he no longer felt inspired, opting to move on to the next lover.

Nevertheless, his romances yielded numerous famous artworks like "Nude, Green Leaves and Bust" (1932, featuring Walter) and "The Weeping Woman" (1937, based on Maar).

"Picasso was quoted as saying 'Women are either goddesses or doormats,'" Clarke said. "They began as goddesses when they were with him and afterwards, they ended up often as doormats. They lived happily

ever after...until they didn't."

Other reasons, according to Clarke, why Picasso left each successive lover was because each reminded him of his past and each was aging as well.

"Picasso was also quoted as saying 'Every time I change wives, I should burn the last one, that way I'd be rid of them. They wouldn't be around to complicate my existence. Maybe that would bring my youth back too. You kill the woman and you wipe out the past she represents,'" Clarke read aloud, met with a mix of barely-suppressed gasps and uneasy chuckles from the crowd.

This overall related to Picasso's metaphorical "longing for youth and personal rediscovery, at the behest of the woman." But he still "needed" his lovers in certain ways: inspiration for his art, to create a home life, to have children with, and to entertain with.

Clarke presented an image of "Woman at the Window" (1952), a black-and-white portrait of his then-muse, Françoise Gilot who appears trapped indoors, her hands against the window while looking out, evoking a sense of misery. This work corroborated Clarke's spiel on Picasso's abuse of his muses.

The "Picasso: Encounters" exhibition was originally supposed to be called

"Picasso as a Collaborator" but the Clark Art Institute's French-Moroccan director rejected it, as the French word "collaborateur" brings up how one collaborated with the Nazis during World War II. This would have alluded to the allegations that Picasso collaborated with the Nazis during the German Occupation of France.

This lecture is a part of a series of Clark Art Institute lectures at the Capital District, which complement the former's

summer exhibitions. While it strives for support for the arts, it first began in 2007 with a lecture on French Impressionist painter Claude Monet.

"Usually the curator or director of education comes over to do a lecture on their summer exhibition," said Tammi K. Groft, the executive director at the Albany Institute of History and Art. "These lectures are a great tradition and we always to look forward to them."

IN BRIEF

Chicano Batman at The Hollow on Monday

ALBANY — Chicano Batman has been on a rampage since its release of "Freedom Is Free" — receiving generous airtime and acclaim from *Rolling Stone* magazine, the *Los Angeles Times* and more — and the band plays The Hollow Bar + Kitchen on Monday, July 31, at 7 p.m.

Chicano Batman brings elements of soul and R&B to the stage, and has caught the attention of music lovers as

the band tours throughout the country. Since the album's release, the band has sold out most of its tours; performing a Tiny Desk Concert, named one 'Best Things We Saw @ Coachella' by *Rolling Stone* and have a festival filled summer playing Sasquatch, FYF, Newport Folk, XPoNential Fest, Bumbershoot, Central Park Summer Stage and more.

For tickets and information, go to ticketmaster.com, or call The Hollow at (518) 426-8550.



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8	2	4	3	9	5	1	6	7
5	4	2	6	7	3	8	9	1
9	8	6	1	5	4	7	3	2
3	1	7	9	8	2	6	5	4
6	5	1	7	3	9	4	2	8
4	7	8	5	2	6	9	1	3
2	9	3	4	1	8	5	7	6

Super Crossword Answers

1	R	A	N	I	5	B	O	L	A	9	10	D	I	B	13	
14	A	G	E	S	15	O	N	I	C	E	16	A	R	I	A	
17	M	A	R	I	18	O	N	E	T	T	E	19	R	I	L	L
20	P	R	O	S	P	E	R	21	I	N	S	E	T			
22	P	R	O	S	T	A	T	E								
26	C	A	N	D	O	30	U	P	A	N	D	D	O	W	N	
34	O	L	I	O	S	35	S	A	T	E	36	R	I	O		
37	R	I	N	S	E	38	S	39	W	A	R	D	E	N		
42	N	E	O	43	T	O	A	G	46	S	47	A	N	E	L	E
48	U	N	N	A	T	U	R	A	L	51	C	A	R	D	S	
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■ IN BRIEF

Mirk Ice Cream Social at The Hollow

ALBANY — The Hollow will host the Mirk Ice Cream Social on Friday, July 28 at 9 p.m. at 79 North Pearl Street in Albany.

Mirk is a six piece musical group that uses Alternative, Hip Hop, Soul and R n' B to win over audiences. They have shared the stage with groups such as Wu Tang Clan, J. Cole and Third Eyed Blind.

Doors open at 8 p.m. Cover is \$10. For more information call (518) 426-8550 or visit www.thehollowalbany.com.

Poets in the Park at Washington Park

ALBANY — Richard Levine & Suzanne Rancourt will read as a part of the Poets in the Park event on Saturday, July 29 at 7 p.m. at the Robert Burns statue, located near where Henry Johnson Blvd. passes through Washington Park and crosses Hudson Ave.

Levine is a retired NYC teacher and activist, and is the author of *The Cadence of Mercy*, *A Tide of a Hundred Mountains* and more. Rancourt is of Abenaki/Huron descent with work appearing in *Bear Review*, *Dawnland*

Voices 2.0 #4, *Northern New England Review* and more.

Donations are accepted. For more information visit albanypoets.com.

Alan Goldberg at Emack & Bolio's

ALBANY — Alan Goldberg will perform at Emack & Bolio's on Friday, July 28 from 7 to 10 p.m. at 366 Delaware Ave. in Albany.

Goldberg is an Acoustic Guitarist/Singer/Songwriter.

For more information call (518) 512-5100 or visit www.ebalbany.com.

Alabama Shakes at The Palace Theatre

ALBANY — The Alabama Shakes will perform at the Palace Theatre on Tuesday, August 1 at 8 p.m. at 19 Clinton Ave. in Albany.

Alabama Shakes is a blues rock band from USA formed in Athens, Alabama in 2009. Special guest Emily King will join.

Tickets start at \$39.50. For more information or to buy tickets call (518) 465-4663 or visit www.palacealbany.org.

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