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An update coming soon on Delaware Avenue construction.

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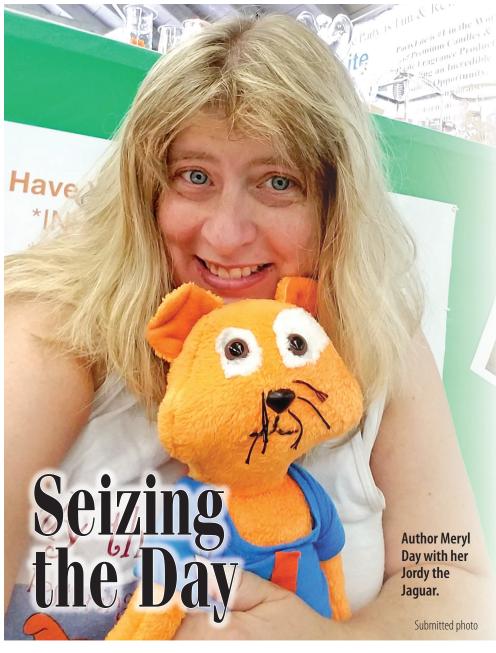
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■ TOP STORY



Local attorney authors children's books . . . and her own happiness

By ALI HIBBS

hibbsa@spotlightnews.com

DELMAR — Meryl Day wears her heart on her sleeve. It's a characteristic, the Bethlehem Central High School graduate admits ruefully, that doesn't always serve her well at her day job.

"I'm a lawyer," Day told *Spotlight News* on a pleasant Wednesday morning on the patio of Perfect Blend in Delmar, "which is just the most miserable job on the planet, as far as I'm concerned."

Hearing the ebullient Day describe the challenges of a career in litigation, first in divorce law and then in family law, it becomes clear that she feels keenly the weight of the cases she has argued over the years. In 2004, she said the emotional toll of working in divorce law, a burden she would bring home at the end of the day, worried her husband and ultimately caused her to reconsider her priorities.

A former English major, Day said she realized that she missed the creativity she associated with writing, "the act of creating something." So she told her husband that she was going to quit her job and start a poetry business.

Day called her new endeavor 'Poetic Pooch,' and wrote personalized poetry for pet owners who sent her a photo and a little information about their pets. "I'm not Keats or anything," she said, "but rhyming comes easily to me."

The problem, she found, was making it profitable. "You certainly can't charge that much," she said, with a laugh. She expanded into personalized pet Christmas tree ornaments, but she still wasn't making any money.

"He was such a trooper," Day laughed as she shared memories of dragging her husband to craft shows where they would spend the day making just enough to pay for their table.

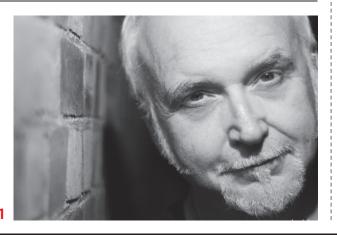
Continues on page 12

ENTERTAINMENT

Still playing with 'Imaginary Friends'

Acclaimed guitarist returns to The Hangar with his group in support of new release.

Story on Page B1



SPORTS



Goose Egg

Guilderland will host Albany this week following a decisive victory against CBA.

Story on Page 7



On Election Day, Tuesday, November 7th., CREATE Experience on the Bench.

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LOCAL ENVIRONMENT

Toxic stock

Nearly 600 households drop off tens of thousands of pounds of hazardous waste for safe disposal/recycling

By ALI HIBBS

hibbsa@spotlightnews.com

BETHLEHEM — "Probably the worst place people can 'dispose' of paint and other hazardous materials is dumping

them down their household/ sewer drains or, even worse, outdoor storm drains. But, unfortunately that still occurs sometimes," said Bethlehem Recycling Coordinator Dan Lilkas-Rain.

According to the New York state Department of Environmental Conservation, New Yorkers dump more than 100,000 tons of household hazardous wastes into trash cans every year. These are substances that have the potential to cause a violent chemical reaction or Town officials collected truckloads of potentially toxic household items for safe disposal at the Bethlehem Highway Garage, seen above.

Photo by Thomas Heffernan Sr.

ignite; are dangerously corrosive; or are toxic and harmful to human health.

When improperly disposed of, those wastes can poison the air, soil, water, birds, fish, mammals and even people and pets.

To address the issue locally, the town's recycling program (part of the sanitation department, overseen by the highway department) holds hazardous material drop-off events twice a year. The most recent event, which took place on Saturday, Sept. 30 at the town's Highway Garage, collected approximately tens of thousands of pounds of the offending materials, keeping them from local waterways, soil and landfills.

According to Lilkas-Rain, this fall, 582 households brought in:

- Approximately 4,870 gallons of paint;
- 1.5 tractor-trailer loads of electronics (electronics can be recycled year-round at the town's transfer station at 136 Rupert Road in Selkirk);
- Approximately 1,375 gallons of lawn chemicals;
- More than 1,300 gallons of corrosive solids and liquids;
- Automotive fluids, fluorescent bulbs, rechargeable and lead acid batteries (alkaline batteries are not toxic and no longer recycled—they should be disposed of in household trash),
- and small quantities of mercury thermostats and thermometers.

Note: Considered a universal waste, mercury-containing thermostats (digital thermostats do not contain mercury) and thermometers are the only items accepted year-round at Bethlehem's Highway Garage for safe disposal, but must be packaged protectively, given the highly hazardous potential of a mercury spill occur.

"I want to thank all of the residents that participated, helping keep these hazardous materials out of the waste stream," said Lilkas-Rain. "The event would also not have been possible without our community volunteers Nanci Moquin and Diana Jacon, and the Highway

"Probably the worst place people can 'dispose' of paint and other hazardous materials is dumping them down their household/ sewer drains or, even worse, outdoor storm drains.

— Dan Lilkas-Rain, Bethlehem Recycling Coordinator

Department employees who worked the event, including our new Acting Superintendent, George Kansas, P.E.," Lilkas-Rain added.

Other upcoming collection events hosted by the Town of Bethlehem:

- Pharmaceutical Collection: Saturday, Oct. 28 at Elm Avenue Town Park from 10 a.m. to 2 p.m.
- America Recycles Day: Saturday, Nov. 18 at Bethlehem Middle School from 10 a.m. to 1p.m. Clothing & other textiles, secure document shredding, and book recycling. (Secure shredding of documents on this day is limited to town residents and BCSD taxpayers with ID.)

For information about recycling in the town, visit www.townofbethlehem.org or email Lilkas-Rain at recycle@townofbethlehem.org or call (518) 439-4955 ext. 1510.

Clip and Save

NOTICE TOWN OF BETHLEHEM WATER MAIN FLUSHING PROGRAM Fall 2017

AREA #1 – 10/2 to 10/13 Slingerlands, North Bethlehem, Town of New Scotland

> AREA #2 — 10/9 to 10/26 Delmar, Elsmere

> AREA #3 — 10/22 to 11/8 Glenmont, Selkirk

Some discoloration may be seen during this flushing program, which could result in staining of laundry.

Run water until it clears before doing laundry.

Please post near washing machine.



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COMMUNITY

Public invited to open space workshop

Conservation planning workshop opened to the public Oct. 12

By ALI HIBBS

hibbsa@spotlightnews.com

BETHLEHEM — The Town of Bethlehem invites residents to attend a public workshop on open space conservation planning tomorrow, Thursday, Oct. 12, from 6 to 8 p.m. at the new Five Rivers Environmental Education Center at 56 Game Farm Road in Delmar.

In an announcement released by the town's Department of Economic Development and Planning, "As the town continues to grow and develop, it's important to meet that growth with a strong understanding of our remaining open and natural spaces so that we are best able to wisely shape and balance the community as it inevitably changes. The goal of the workshop is to present information on the town's open space

planning efforts and gather input from the public as the town works toward developing an Open Space Plan and implementation program."

The workshop's open house format will encourage participants to engage in discussions at several information stations, each of which will be focused on different elements of open space planning and implementation. There will also be a series of draft open space values maps and draft priority conservation areas on display for review and feedback.

For more information about Bethlehem's open space planning efforts, visit www.townofbethlehem.org and follow the Open Space Planning tab, or call Karen Shaw at the Planning Board at (518) 439-4955 ext. 1106.

A resident submitted this photo of Rupert Road in South Bethlehem to the town's Scenic Bethlehem mapping project, highlighting it as a valued open space.

Photo provided by Town of Bethlehem





Crews in front of Sky Beauty Bar work to beautify Delaware Avenue.

Photo by Michael Hallisey / Spotlight News

Delaware construction update forthcoming

By ALI HIBBS

hibbsa@spotlightnews.com

BETHLEHEM — Construction on the Delaware Avenue Streetscape project was scheduled to be complete this fall, but crews will almost certainly not meet the initial deadline of Oct. 17.

Since June, local businesses and residents have been affected by the noise and detours necessitated by the project and are eager to see the project completed.

"We look forward to the end result," said Liam Slattery, owner of O'Slattery's Irish Restaurant & Pub, located at 318 Delaware Ave., in the midst of the construction. Slattery said that the work has impacted business, primarily during lunch on the days when highway crews are working directly in front of their location. He's not complaining, however. "It's the town making improvements," he said. "We just try to remind everyone that we do have another entrance on Oakwood Place."

Bethlehem Chamber of Commerce President Jennifer Kilcoyne said she has heard from businesses along the corridor that foot traffic has been impacted more than vehicle traffic, and that the Chamber has been keeping track of how their member businesses are faring.

Deputy Commissioner of Public Works Paul Penman said that the town is currently working out an amended schedule for completion and will provide an update at the Town Board meeting on Wednesday, Oct. 11.

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COMMUNITY

Pipeline grants land to town

22 acres granted to town in exchange for impacting five acres of wetlands

By ALI HIBBS

hibbsa@spotlightnews.com

BETHLEHEM — Last month, the Town Board approved the acquisition of a little more than 22 acres of land adjacent to South Bethlehem Park.

The Tennessee Gas Pipeline Company purchased the property last year and is granting it to the town in exchange for impacting approximately five and a half acres of wetland in Bethlehem to complete its Connecticut Expansion project.

Tennessee Gas received the necessary approval from the Army Corps of Engineers (ACOE) to disturb the protected lands in September 2016, contingent upon a wetland mitigation plan with a land preservation component, according to a memorandum written by the Department of Economic Development and Planning. This meant that the gas company was required

to purchase property in the approximate area of the disturbed wetlands and commit a certain amount of wetlands on that property to preservation.

The Onesquethaw Creek flows through the northeast corner of the property at 437 Bridge St., which had previously been identified by the town as a desirable acquisition. In 2015, the Town Board approved \$40,000 in 'Parkland Set Aside Funds' to purchase the land for the potential future expansion of the adjacent park. Upon learning that the ACOE mitigation plan had identified the parcel as suitable for preservation and Tennessee Gas would be acquiring it and placing restrictive covenants on more than seven and a half acres, the town decided not to pursue the purchase. Instead, Tennessee Gas has agreed to simply convey the property to the town at no cost.

Within the 7.675 acres of restricted land on the property, a tree clearing restriction has been placed on 7.035 acres of upland forest adjacent to Onesquethaw Creek, and on 0.639 acres of an agricultural field adjacent to the

existing forest area that will be planted with native tree species for reforestation. Tennessee Gas is required to implement and maintain the reforested area until ACOE provides final approval.

The town's future plans for the property may include recreation lacrosse fields, per a discussion that took place during a Town Board meeting on May 13, 2015. The town's five-year Capital Plan identifies a master plan for South Bethlehem Park to be prepared in 2018. At that time, a layout plan, preliminary development costs, and further analysis of any potential impacts will be evaluated.

"It's of value to the town from an open space perspective. It also provides some recreational benefits," said Planning Director Rob Leslie of the town's new land. "But there are no plans in place at this moment for those recreational improvements."

All five board members voted to approve the conveyance, and passed a resolution declaring that there would be no significant environmental impacts resulting from the transfer.

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■ POLICE, COURTS, AND EMERGENCY CALLS

Man busted for pot possession



GUILDERLAND — After getting pulled over for a traffic stop, a town man was arrested for having more than a pound of pot in his possession.

According to state police, troopers pulled Masood Sharifipour over on Route 155 and detected an odor of marijuana.

They found the pound-plus stash after searching his vehicle and arrested him on the felonies of criminal possession of marijuana, unlawful possession of marijuana and criminal possession of a controlled substance.

He was arraigned in Guilderland Town Court and remanded to the Albany County jail on \$25,000 bail.

Man faces variety of charges



BAILEY

GUILDERLAND — State police in Guilderland arrested Devin Bailey, 25, of Guilderland for unauthorized use of a motor vehicle in the third degree after they reportedly received a complaint that he was operating a motor vehicle without the owner's consent. At approximately 6 a.m., Bailey and the vehicle were located in the Stewart's parking lot at Route 20/Western Avenue and

Route 146. Bailey was allegedly found to be in possession of a hypodermic needle containing heroin, as well as several forged personal checks. He was further charged with possession of a hypodermic instrument, criminal possession of a controlled substance in the seventh degree, both misdemeanors, as well as three felony counts of criminal possession of a forged instrument in the second degree. He was arraigned in the Town of Guilderland

Court and released on probation.





Thruway traffic stop leads to pair of arrests

BETHLEHEM — On Wednesday, Sept. 27, at approximately 4:04 p.m., state police reportedly stopped a vehicle on I-87 in the Town of Bethlehem for a moving violation. While conducting an interview of the driver, Isidro Javier, 23, of New York City, regarding the traffic violation, troopers established probable cause to search the vehicle and its occupants. During the subsequent search of the vehicle, marijuana, cocaine and several controlled substances in pill form were located.

Both Javier and his passenger, Ricardo B. Garrido, 24, also of New York City, were taken into custody, transported and processed at the Albany state police station, where they were subsequently charged with: criminal possession of a controlled substance in the third degree (with intent to sell), a class B felony; criminal possession of a controlled substance (narcotic drug) in the third degree, a class B felony; two counts of criminal use of drug paraphernalia in the second degree, a class A misdemeanor; unlawful possession of marijuana, a violation; and a traffic violation.

Both Garrido and Javier were transported to the Town of Bethlehem Court for arraignment. Information about bail was not available.

COMMUNITY NEWS

Annual Polish Harvest Festival to be held Sunday

SCHENECTADY — St. Adalbert's Parish Center will host the Dozynki Annual Polish Harvest Festival on Sunday, Oct. 15 from 10:30 a.m. to 7 p.m.

Beginning with a harvest mass, the festival lasts all day and will include food, dancing, raffles and 50/50 drawings. Admission is free. Free admission. St. Adalbert's Parish Center is located at 550 Lansing St., in Schenectady. For more information, call (518) 346-4204.

Memorial Concert Band of Colonie to perform

COLONIE — The Memorial Concert Band of Colonie will present an American Tribute-themed concert to open its 2017-18 performance season on Wed., Oct. 18.

Works on the program vary from the traditional, such as selections from the "Suite of Old American Dances" by Robert Russell Bennett and "Second American Folk Rhapsody" by Clare Grundman, to the modern "Variations on America" by Charles Ives.

The country will be musically traversed "From Sea to Shining Sea," by Warren Barker, starting at the Statue of Liberty with a composition titled "Lamp of Liberty" by Frank Benciscutto.

The concert begins at 7:30 p.m. in the Mark Cornell Auditorium, located at Colonie Central High School, 1 Raider Blvd., Albany. Admission is free.

For more information about the band, visit its website at memorialbandcolonie.org or its facebook page at www. facebook.com/groups/49788156194

The Memorial Band is sponsored by the Town of Colonie Department of Parks & Recreation.





William R. Tetreault, MD Francois M. Vachon, DO Brian S. Navarro, MD Nasrene Yadegari-Lewis, MD Cary Vachon, DO

Karen McGarry, PA-C Brad DeNovio, PA-C Todd Dykstra, PA-C



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OBITUARY

Daves, Nancy Jane

DELMAR — Nancy Jane (Gosstyla) Daves of Delmar, N.Y., died September 29, 2017, after a brief illness.

Born January 30, 1945, she was the daughter of the late Frank and Jane Gosstyla of Delmar. She is survived by son, Kenneth Daves (Susan) of Delmar; daughter, Laurie Daves of Albany; also by longtime partner Joseph Steffens; his daughters Diane Steffens Garforth (Brian) and Georgette Steffens Altimari (Nathan). Grandmother of Tyler Daves, Benjamin Daves, Luke Daves; and known as Grandma Nancy to Kristen Melendez, Riley Altimari and Reagan Altimari.

Nancy was a graduate of Bethlehem Central High School 1963, SUNY Plattsburgh 1967 and Russell Sage College. She was a long time RN / School Nurse Teacher at Bethlehem High School and nurse at Helderberg Workshop, weekend Test Supervisor for the NYS Department of Civil Service. As a retired person, she attended Schenectady Community College for Travel and Tourism, participated in the Disney Internship Program and worked for the Albany Convention and Visitors Bureau at the Albany Airport. She was a lifelong member of the Delmar Reformed Church, and served as consistory member, deacon and in the choir for many years. She enjoyed travel, gardening and reading. She was a kind and generous soul who touched many lives in a positive way.

In lieu of flowers, donations may be made to the Bethlehem Community Fund.

COMMUNITY NEWS



Guard marks Arthur's birthday

MENANDS — The New York National Guard said "Happy Birthday" to Pres. Chester A. Arthur on Thursday, Oct. 5, by laying a wreath at his gravesite at the Albany Rural Cemetery in Menands.

Arthur, the 21st president of the U.S., would have been 188. He died on Nov. 18, 1886.

The wreaths are from the current president to former presidents.

Arthur was a former school teacher in Vermont, a lawyer and a Republican politician who became president on Sept. 19, 1881 when Pres. James Garfield died from a gunshot wound delivered by an assassin on July 2, 1881.

He served in the New York National Guard, when it was known as the New York State Militia, where he served as the judge advocate general. He was elected vice president in 1880.

During the Civil War, he was appointed quartermaster general of New York and was responsible for equipping and transporting 70 New York volunteer regiments totaling some 70,000 soldiers.

He was born in Vermont, lived in Hoosick Falls and attended Union College.

— Jim France

Outdoors After School

DELMAR — Five Rivers Environmental Education Center will host an Outdoors after School program each Thursday through Oct. 26 from 4:30 to 5:30 p.m.

Join us after school to get some fresh air, stretch your legs, and have fun outdoors. Meet at the visitor center to begin our adventure. Each week will have a different theme and will include time to explore outdoors. Come for as many sessions as you'd like, and dress for outdoor activity. Recommended for children in grades K-5 and their caregivers.

Five Rivers Environmental Education Center is located at 56 Game Farm Rd., in Delmar. Program is free, however, registration is requested. For more information or to register, call (518) 475-0291, email 5Rivers@dec.ny.gov or visit www. dec.ny.gov/education/.

Annual Festival of Nations returns to the Convention Center

ALBANY — Empire State Plaza Convention Center will host the annual Festival of Nations on Sunday, Oct. 29 from 11:30 a.m. to 5 p.m.

The 46th Annual Albany Festival of Nations represents 25 countries, with each country celebrating their culture through food, crafts and performances. The festival is presented by ethnic groups from Argentina, Armenia, Bangladesh, Burma, China, Dominican Republic, Ethiopia, Greece, India, Indonesia, Israel, Korea, Liberia, Lithuania, Mexico, Nepal, Nigeria, Pakistan, Poland, Puerto Rico, Russia, Scotland, Taiwan, Turkey, and Ukraine.

Admission is \$5 for adults, and \$2 for children ages 3 through 12. For more information, visit http://www.albany.com/event/albany-festival-nations-65896/.



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October 11, 2017





HIGH SCHOOL SPORTS

The Dutch dominate The Brothers

COLONIE — Guilderland scored once in each of the four quarters and played stingy defense to beat CBA 27-0 on Friday, Oct. 6.

Dutchmen quarterback Mason Leto scored on a 4-yard run in the first and then hit Nate Collins from about 45 yards out in the second.

Leto then hit Brendan Hoffman in the third and Joe Park capped off the scoring with a 25-yard run in the fourth for Guilderland (3-2, 3-3)

CBA (3-2, 3-3) will play at Shen on Fri., Oct. 13, while Guilderland will host Albany.

Photos by Jim Franco/Spotlight News











Bethlehem crushes Columbia

BETHLEHEM — The boys soccer team had no problem with Columbia on Thursday, Oct. 5, winning the Suburban Council match up 10-0.

The Eagles (7-3-4, 7-3-4) scored eight goals in the first half: Killian Ryan had two, Derin Gumustop had two, Matt Stento had two and Nate Weinstock and Mark Daley had a goal each.

Ryan added another in the second half as did Jamie Smith.

Weinstock, Daley, Jack Soares, Ben Rethmeier all had assists for the Eagles.

Sam Lane had six saves for Bethlehem while Trey Gaylord and Adam DiCesare had 10 saves in splitting the keeper duties for Columbia (0-8, 0-11).

Bethlehem played at Shen and Columbia hosted Saratoga on Tuesday, Oct. 10.

Photos by Jim Franco/Spotlight News









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LEGALS

1776 28St, LLC App. for Auth. filed NY Sec. of State (SSNY) 9/12/2017. LLC was or ganized in WYon 8/17/2017. Office in Albany Co. SSNY desig. as agent of LLC whom process may be served SSNY to mail copy of process to Northeast Registered Agent, LLC. 90 State St., Ste. 700, Office 40, Albany, NY 12207. Required office at 1712 Pioneer Ave., Ste. 500, Cheyenne, WY 82001. Cert. of Org. filed with SSWY, Ed Murray, 2020 Carey Ave., Ste Cheyenne, 82002-0020. Purpose: Any lawful purpose. D-165483

NOTICE OF FORMATION LIMITED LIABILITY

COMPANY (LLC)
The name of the LLC is 270 MT HOPE, LLC. The filing date of the Articles of Organization is August 2, 2017. purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is the designated agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process is 270 Mount Hope Drive, Albany, New York 12202 D-164072

355 Grange Road, LLC Articles of Org. filed NY Sec. of State (SSNY) 8/29/2017. Office in Al-bany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 216 Shaker Park Dr., Albany, Purpose NY 12211. Any lawful purpose. D-162390

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

1. The name of the Limited Liability Company is 506-508 THIRD STREET, LLC

2. The Articles of organization of the Limited Liability Company were filed on 7/12/2017 with the New York Secretary of State.

3. The office of the Limited Liability Company is located in Albany Coun-

4. The Secretary of State is designated as agent of Limited Liability Company upon whom process against it may be served.

5. The Secretary of State shall mail a copy of process served to the Limited Liability Company to 355 20TH Avenue, Unit 1, San Francisco, CA 94121

6. The latest date to dissolve is indefinite.

The purpose of the Limited Liability Company is to conduct all lawful activity. D-162474

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY

(LLC).
Name: 6630 FSR LLC.
Articles of Organization filed with NY Secretary of State, September 21, 2017. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary

LEGALS

of State is agent for process against LLC and shall mail copy to 6630 Fuller Station Road, Altamont, NY 12009. D-165286

Notice of Formation of: **Advantage Fitness**

Training, LLC Arts. of Org. filed w/ SSNY 10/3/17. Office in Albany Co. SSNY designated as agent of the LLC upon whom process against it may be served SSNY shall mail process to: PO Box 308 Latham, NY 12110. Purpose: Any lawful purpose D-165434

NOTICE OF FORMATION

of B & L Professional Business Services LLC, Arts. of Org. filed with SSNY on 06/28/17. Off. Albany County, Loc.: designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 39 Kunker Ave., Latham, NY 12110. Purpose: to engage in any lawful act. D-163951

Notice of Formation

of Bar Malverde Central & Botana, LLC, a Do-mestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York State of New York (SSNY) on 2/10/2017. Office Iocation: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 253 Central Avenue Albany, NY Purpose: 12206. any lawful purpose. D-164170

BELMONT JUL GROUP LLC

Articles of Org. filed NY Sec. of State (SSNY) 10/5/2017. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 2643 Larch Dr., Sterling Heights, MI 48314. Pur Sterling pose: Any lawful purpose. D-165615

Notice of Formation

of Bush Dunbar Hammann Company, LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York State of New York (SSNY) on 07/31/2017. Office location: County Onondaga. SSNY is designated as agent of LLC upon whom probe served. cess may SSNY shall mail copy of process to: 695 Myrtle Albany . Avenue, Purpose: any 12208. lawful purpose.

Notice of Formation of CIGAR STATION AND LOUNGE, LLC.

the Sect'y of State of NY (SSNY) on 09.27.17.
Office location, County
of Albany. SSNY has
been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 805 19th St., Watervliet, NY 12189. Purpose: any lawful act. D-164817

LEGALS

Notice of Formation COMPULSIVE DE-SIGNS LLC. a Domestic Limited Liability Company (LLC). Articles of Ornanization filed with the Secretary of State of New York (SSNY) on 04/19/2017. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail of process to: 1955 Central Avenue, Albany, NY 12205. Purpose: any lawful pur-D-162235

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC).

Name: Covered Bridge Apartments, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 09/07/2017. Office location: SSNY Albany County. designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 450 Loudonville Road, Loudonville, New York 12211 Purpose to engage in any lawful act activity for which a limited liability company may be formed under section 201 of the Limited Liability Company D-163087

NOTICE OF LLC

FORMATION
Name: CP CROSSING Articles of Organization filed with NY Department of State, September 8, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County.
Secretary of State is agent for process against LLC and shall mail copy to c/o Nigro Companies, 20 Corporate Woods Blvd., Albany, NY 12211.

NOTICE OF FILING OF ARTICLES OF **ORGANIZATION IN NEW YORK** BY A LIMITED LIABILITY COMPANY

Name: CP Crossing, L.L.C. Articles of Organization filed with sec. of state of NY(SOS) on 9/8/17. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to c/o Nigro Companies, 20 Corporate Woods Boulevard, Albany, NY 12211. Purpose: Any lawful act D-163621

NOTICE OF LLC

FORMATION CROSSING KINGS LLC. Articles of Organization filed with NY Department of State, September 8, 2017 Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process agent for process against LLC and shall mail copy to 255 Washington Avenue Ext., Albany, NY 12205. C-163212

NOTICE OF LLC FORMATION

Name: CROSSING II M LLC. Articles of Organization filed with NY Department of State, September 8, 2017. Purpose: to engage in

LEGALS

any lawful act or activity. Office: Albany County.
Secretary of State is agent for process against LLC and shall mail copy to 255 Washington Avenue Ext. Alexandrian ington Avenue Ext., Albany, NY 12205. C-163210

NOTICE OF FORMATION

Name: CROSSING WSA LLC. Articles of Organization filed with NY Department of State, September 8, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County.
Secretary of State is agent for process against LLC and shall mail copy to 255 Wash-ington Avenue Ext., Albany, NY 12205. C-163207

NOTICE OF LLC FORMATION

CROSSING KINGS LLC. Articles of Organization filed with NY Department of State, September 8, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County.
Secretary of State is agent for process against LLC and shall mail copy to 255 Wash-ington Avenue Ext., Albany, NY 12205. C-163211

NOTICE OF LLC FORMATION

Name: CROSSING LLC. Articles of Organization filed with NY Department of September 8, State, 2017. Purpose: to engage in any lawful act or activity. Office: Albany County.
Secretary of State is agent for process against LLC and shall mail copy to 255 Washington Avenue Ext., Albany, NY 12205. C-163208

NOTICE OF LLC FORMATION

Name: CROSSING WSA LLC. Articles of Organization filed with NY Department of September 8, State. 2017. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to 255 Washington Avenue Ext., Albany, NY 12205. C-163205

NOTICE OF FORMATION 0F LIMITED LIABILITY

COMPANY (LLC)
The name of the LLC
is CURRY MANOR, LLC. The filing date of the Articles of Organization is September 19 2000 The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany Coun-The Secretary of State is the designated agent of the LLC upon process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process is 1395 Kings Road, Schenectady, New York 12303. D-164131

NOTICE OF FORMATION OF D & D IT, LLC

On 10/5/17, Articles f Organization of D & D IT, LLC were filed with the Secretary of State of

LEGALS

the State of New York The office of the NY limited liability company is located in Albany Coun-The SSSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSS-NY shall mail a copy of any process against it served upon him or her is D & D IT, LLC, 15 Swatling Rd, Apt 22, Latham, NY 12110. The purpose of the limited liability company is for any lawful business purpose or purposes. D-165499

Notice of Formation of Drink Supply LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York of New (SSNY) on August 18, 2017. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 417 Second Ave. Albany NY, 12209. Purpose: any lawful purpose. D-162763

Notice of formation of GET STRONG LLC.

Articles of Organization filed w/ Secretary of State New York (SSNY) on 6/12/17. Office loca-Albany County. tion: SSNY designated agent for service of process & shall mail same to Metro Legal, 911 Central Ave. #344, Albany, NY 12206. Purpose: Any lawful activity. D-163203

GUARDIAN STRENGTH AND CONDITIONING, LLC

Articles of Org. filed NY Sec. of State (SSNY) 10/3/2017. Office in Albany Co. SSNY designated Agent of LLC whom process may be copy of process to the LLC 79 Chancella 7 79 Chancellor Dr, Guilderland, NY 12084. Purpose: Any lawful ac-D-165427

Notice of Formation of an LLC: Guidarelli Construction Development

Company, LLC
Articles of Organization were filed with the Secretary of State of New York (SSNY) September 18, 2017. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served, SSNY shall mail a copy of process to the LLC. at 399 Consaul Road, Schenectady, NY 12304. Purpose: for any lawful pur-D-165597

NOTICE OF LLC

FORMATION
Name: HM CROSSING,
L.L.C. Articles of Organization filed with NY Department of State, September 8, 2017. Purpose: to engage in any lawful act or activity.
Office: Albany County.
Secretary of State is agent for process against LLC and shall

To place your Legal Notice: Call 439-4949

LEGALS

mail copy to c/o Nigro Companies, 20 Corporate Woods Blvd., Albany, NY 12211 C-163214

Notice of formation of

Holoplex LLC. Articles of Org. filed with NY Secretary of State (NS) on 8/28/17, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of pro-(SOP) to Regiscess Agents Inc. at 90 State Street STE 700 Of-_40 Albany NY fice Registered 12207. Agents Inc. is designated as agent for SOP at 90 State Street STE 700 40 Albany NY 12207. Purpose is any lawful purpose. D-162220

Notice of formation of Innovation

Remodeling LLC Articles of Org. filed with NY Secretary of State (NS) on 7/10/17, office location: Albany County, NS is designated as agent upon whom process may be served. NS shall mail service of process (SOP) to NW Registered Agent LLC @ 90 State Street Suite 700 40, Albany, NY 12207. Purpose is any lawful purpose. D-163537

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

1. The name of the Limited Liability Company is J CAHILL PROOFREAD-ING, LLC

2. The Articles of organization of the Limited Liability Company were filed on 8/22/2017 with the New York Secretary

3. The office of the Limited Liability Company is located in Albany Coun-

Secretary of State is designated as agent of Limited Liability Company upon whom process against it may be served.

The Secretary of State shall mail a copy of process served to the Limited Liability Company to 312 Ridgewood Circle, Albany, NY 12203 6. The latest date to dissolve is indefinite.

7. The purpose of the Limited Liability Company is to conduct all lawful activity D-163001

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC) The name of the LLC is James St. Real Estate

Holdings LLC. The Articles of Organization of the LLC were filed with NY Secretary State on July 21, 2017. The purpose of the LLC is to engage in any lawful act or activity. office of the LLC is to be located in Albany Coun-Secretary State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o 302 Washington Avenue Extension, Albany, New York 12203.

D-162475

LEGALS

JMC FUND LLC App. for Auth. filed NY Sec. of State (SSNY) Fictitious name in NYS: JMC FUND NY LLC. LLC was organized in DE on 8/28/2017. Office in Albany Co. SSNY desig. as agent of LLC upon whom process may be served. SSNY to mail copy of process to c/o Stiefel Cohen & Foote, 770 Lexington Ave., NY, NY 10065. Required office at 28 Old Rudnick Ln., Dover, DE 19901. Cent. ... with SSDE., John G. Townsend Bldg., 401 - Joral St., Ste. 4, 19901. Cert. of Org. filed Federal St., Ste. 4, Dover, DE 19901. Purpose: Anv lawful purpose. D-164976

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

The name of the Limited Liability Company is KEM MEDICAL SOLU-TIONS, LLC

The Articles of organization of the Limited Liability Company were filed on 9/28/2017 with the New York Secretary of State.

The office of the Limited Liability Company is located in Albany Coun-

The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it

may be served. 5. The Secr Secretary State shall mail a copy of process served to the Limited Liability Company to 18 Albright Place, Delmar, NY 12054 The latest date to dis-

solve is indefinite. The purpose of the Limited Liability Company is to conduct all lawful activity. D-165507

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY

(LLC).
Name: LDFT V LLC. Articles of Organization filed with NY Secretary of State, September 19, 2017. Purpose: to engage in any lawful act or activity. Office: in Al-bany County. Secretary of State is agent for process against LLC and shall mail copy to 302 Washington Avenu Ext., Albany, NY 12203. Avenue D-165297

NOTICE OF FORMATION of LKT Properties, LLC. Arts. Of Org. Filed with

the Secretary od State of NY (SSNY) on 04/10/17. Office location: Albany Co. SSNY designated as whom process against it may be served. SSNY shall mail process to: The LLC, 1 Deerwood Dr., Albany, NY 12205. Purpose: any lawful ac-D-165479

NOTICE OF FORMATION COMPANY

1. The name of the Limited Liability Company is M PARK MANAGEMENT LLC

2. The Articles of organization of the Limited Liability Company were filed on 9/29/2017 with the New York Secretary of State.

The office of the Limited Liability Company is

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located in Albany Coun-

The Secretary State is designated as agent of the Limited Liability Company upon whom process against it may be served.

The Secretary of State shall mail a copy of process served to the Limited Liability Company to 747 Madison Avenue, Suite 201, Albany, NY 12208

6. The latest date to dissolve is indefinite.
7. The purpose of the

Limited Liability Company is to conduct all lawful activity. D-165506

Notice of Formation of Limited Liability Company. MICHAEL'S

Name: ROAD LLC Articles of Organization filed with the Secretary of State of New York (SSNY) on August 23, 2017 Office Location: Albany County. SSNY has been designated as an agent of the LLC upon whom process against it may be served. Address to which SSNY shall mail a copy of any process to: 383 Collabeck Road, Feura Bush, NY 12067. Purpose: Any lawful ac-D-162151

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY

(LLC). MT. Pleasant Acquisitions LLC. Articles of Organization filed with NY Department of September 19, 2017. Purpose: to engage in any lawful act or Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to 1 Mill Road. Latham, NY 12110

MTR1 LLC

D-164832

D-163947

Articles of Org. filed NY Sec. of State (SSNY) 9/12/2017. Office in Albany Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail copy of process to 576 3rd Ave. Brooklyn, NY 11215. Purpose: Any lawful pur-

MTR2 LLC

Articles of Org. filed NY Sec. of State (SSNY) 9/12/2017. Office in Al-bany Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail copy of process to 576 3rd Ave. Brooklyn, NY 11215. Purpose: Any lawful pur-D-163948

MTR3 LLC

Articles of Org. filed NY Sec. of State (SSNY) 9/12/2017. Office in Albany Co. SSNY desig. agent of LLC whom process may be served SSNY shall mail copy of process to 576 3rd Ave., Brooklyn, NY 11215. Purpose: Any lawful purpose. D-163949

NOTICE OF LLC FORMATION

New York City's e-Hub, LLC. Art. of Org. filed with the SSNY on 08/28/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process

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I ALBANY COUNTY NEWS

Felted Pumpkins at RCS Library

RAVENA — Beginners and experienced felters are invited to turn fluffy wool into mini pumpkins at the RCS Community Library, Wednesday, Oct. 11, at 6 p.m.

Learn to needle felt cute wool pumpkins with Donna Hamilton. The library will supply all you need for the project.

RCS Community Library is located on 95 Main St. in Ravena.

Registration is required. Call (518) 756-253 or email info@ rescommunitylibrary.org.

Fire Prevention Open House

LATHAM — The Latham Fire Department will host a Fire Prevention Open House on Friday, Oct. 13 from 6 to 8:30

Come join us for demonstrations, food, games and photos of your child. There will be information if you would like to do something good for your community and join our department.

Latham Fire Department is located on 226 Old Loudon Road, Latham. For more information, call (518) 785-7330.



Honoring a fallen vet

The City of Albany renamed Hawk Street between Washington Avenue and Elk Street "LCpl Richard Rockenstyre Way" Saturday, Sept. 30 in honor of Lt. Cpl. Richard Rockenstyre. Rockenstyre was stationed in South Vietnam when he was killed on August 31,1967. His mother, Dorothea, holds the road sign in her lap.

Submitted photo

Weekend Retreat for Women Concerned with Alcoholism

SCHENECTADY—

Conference Center will host a Weekend Retreat for Women Concerned with Alcoholism beginning on Friday, Oct. 13 at 7:45 p.m. and ending on Sunday, Oct. 15 at 11:30 a.m.

We are all on a life-long

journey toward freedom freedom from whatever holds us captive, and freedom for experience meditations and other our road to ongoing recovery, one day at a time! Hosted by Susan M. Leslie, OP, MPT.

Reservations are requested. \$205 per person, \$190 for women 65 and older. \$50 deposit required. Dominican Retreat and Conference Center, 1945 Union Street, Schenectady. For more information, call (518) 393-4169 or email dslcny@nybiz.rr.com.

State Education Building Tour

ALBANY — There will be guided tours of the State Education Building on Saturday, Oct. 14 at 12:30 and 2:30 p.m.

Take a guided tour through the state's historic Education Building in downtown Albany. The 45-minute tour, led by a member of the New York State Museum staff, includes opportunities to explore Chancellors Hall, the Regents Room and the rotunda, adorned with murals by Albany native Will H. Low.

Meet on the front steps of the Education Building, 89 Washington Ave., Albany.

To register, call (518) 474-2418 or visit ogs.ny.gov/ESP/CT/ Tours/Capitol.asp.

Spotlight Newspapers Community news

Starts here

The Dominican Retreat and

whatever gives us life. We will modalities that will help us on

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against it may be served. SSNY shall mail copy of process to the LLC, 90 State Street, STE, 700 Office 40, Albany, NY 12207. Purpose: Any lawful purpose. D-163273

NOTICE OF PUBLIC HEARING ON THE BUDGET

NOTICE IS HEREBY GIVEN that the Proposed Budget of the Slinger-lands Fire District located in the Towns of Beth-lehem and New Scot-land, Albany County, State of New York, will be presented to the Board of Fire Commis-sioners of the Slingerlands Fire District, for its consideration.
A PUBLIC HEARING

will be held at 7:00 p.m. at the Slingerlands Fire District firehouse located at 1520 New Scotland Road, Slingerlands, New York 12159, for the Towns of Bethlehem and Scotland, Albany County, State of New October 2017.

Pursuant to Town Law Section 105, the Board of Fire Commissioners must hold a public hearing on the budget, make a pro-posed budget available to the public prior to the public hearing, allow the public to comment on the budget at the public hearing. This public

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hearing must be held to allow maximum public participation in the hear-

The purpose of the public hearing is to allow any person to be heard in favor of or against the proposed budget as it is submitted, or for or against any item or items contained in the proposed budget, and hearing all persons interested in the subject concerning same.

That a copy of the proposed budget is available at the Office of the Town Clerk's Office for the Town of Bethle-hem at 445 Delaware Avenue, Delmar, New York and the Town of New Scotland at 2029 Scotland Road. Slingerlands, New York. D-164180

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is NSV Capitol LLC. of the LLC were filed with the NY Secretary of State on 9/18/2017. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The ad-

dress to which the Secretary of State shall mail a copy of any process against the LLC is 595

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New Loudon Rd, #307, Latham, NY 12110. D-163975

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC) The name of the LLC is PREMIUM EXPOSURE, LLC. The filing date of the Acticles of

date of the Articles of Organization is October 16, 2014. The purpose of the LLC is to engage in any lawful act or activity. The office of the tivity. The office of the LLC is to be located in Albany County.

Secretary of State is the designated agent of the LLC upon whom proagainst the LLC may be served. The address to which the Secretary of State shall mail a copy of any process is 15 Cobbee Road, Latham, New York 12110 D-164075

SELKIRK FIRE DISTRICT **BOARD OF FIRE** COMMISSIONERS **PUBLIC HEARING** NOTICE

The Selkirk Fire District will hold a public hearing on Tuesday October 17, 2017 at 7:00 PM at the Selkirk Fire Station #1, 126 Maple Avenue, Selkirk, for the purpose of presenting the 2018 proposed dis-

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trict budget. At that time, anyone who would like to comment on the 2018 proposed district budget shall be heard.

A copy of the pro-posed district budget will be available for viewing on the district website: http://www.sel kirkfd.org and is available at any Selkirk Fire District station upon re-

Selkirk Fire Station No. 1: 126 Maple Avenue, Selkirk, NY 12158 Selkirk Fire Station No. 2: 301 Glenmont Road, Glenmont, NY 12077 Selkirk Fire Station No. 3: 480 Bridge Street, Selkirk, NY 12158

Anyone in need of reasonable accommodations can contact the Selkirk Fire District. This meeting room is ADA compliant. Stephanie L. Krause Stephanie L. N.S.
District Secretary
Fire District Selkirk Fire District Board of Fire Commissioners D-165632

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of Roll the Dice Thoroughbreds, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on August 30, 2017, effective on the date of filing. Office Location: Albany

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County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any pro-cess to the LLC at 33 Wade Road, Latham, NY 12110, which shall be the principal business location. The purpose location. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be orga-nized under the NYS Limited Liability Company Law. D-163444

NOTICE OF FORMATION

OF A LIMITED
LIABILITY COMPANY.
Name: S. L. McLaughlin Funeral Home LLC, Art. of Org. filed with Secy, Of State of NY (SSNY) on 8/29/17. Office in Albany Co. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail process to 36 Shaker Drive. Loudonville, NY 12211. Purpose: Any lawful pur-D-162431

SAN JOSE BROOKLYN LLC

BROOKLYN LLC
Articles of Org. filed NY
Sec. of State (SSNY)
10/5/2017. Office in Albany Co. SSNY desig.
agent of LLC whom process may be served.
SSNY shall mail copy of

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process to 6344 Forest Ave., Ridgewood, NY 11385, which is also the principal business location. Purpose: Any lawful purpose. SARAH K COVERT NURSE PRACTITIONER

IN PSYCHIATRY PLLC filed Articles of Organi-

zation with the Department of State of NY on 9/6/2017. Office Location: County of Albany. The Secretary of State of NY ("SSNY") has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of any such process served to: c/o Sarah K. Covert, 36 British American Blvd., Latham, NY 12110. Pur-pose: Nurse Practitioner in Psychiatry D-163855

NOTICE OF FORMATION OF LIMITED LIABILITY **COMPANY**

Name: Scrapper Smith zation filed with the Secretary of State's Office on August 23, 2017. Of-fice location: Albany County. The Secretary of State has been designated as agent of the Limited Liability Company upon whom process against it may be served. The Secretary of State shall mail a copy of the process to the Limited

LEGALS

Liability Company at 30 Karner road, Unit 14133, Albany, New York 12212. Purpose: for any lawful purpose. D-162152

Notice of Formation of Wave Center LLC, a

Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 08/14/17. Office location: County of Albany. SSNY is designated as agent of LLC. nated as agent of LLC upon whom process may be served. SSNY shall mail copy of pro-cess to: 90 State Street Suite 700 Office 40 Albany NY 12207. Purpose: any lawful purpose D-162965

LEGAL NOTICE Wellthie Insurance Agency, LLC

Formed In Delaware Notice of Qualification LLC was filed with the SSNY on 8-23-2017 Of-SSNY designated as agent of LLC whom process against may be served. The P.O. address Albany County. which SSNY shall mail any process against the LLC served upon him is: Sally Poblete, 101 West 23rd St. Box 388, New York, NY 10011. Purpose: Any lawful purpose. D-162192

LEGALS

WILLIAM MCINTYRE, PH.D., PSYCHOLOGY, PLLC
Notice of Formation of Limited Liability Company
Arts. of Org. of William McIntyre, Ph.D., Psychology, PLLC ("PLLC") filed with NY Dept. of State on 9/20/17. Office location: Albany County. location: Albany County Sec. of State designated agent of PLLC upon whom process against it may be served and shall mail process to: 18 Corporate Woods Bl., Ste. 120, Albany NY 12211, principal business ad-dress. PLLC does not have a specific date of dissolution. Purpose: psychology. Lavelle & Finn, LLP, 29 British American Latham, NY 12110. D-165134

NOTICE OF FORMATION ZAKO DEVELOPMENT LLC, Arts. of Org. filed with the SSNY on 09/12/2017. Office loc: Albany County. SSNY has been designated as agent upon whom process against the may be served. SSNY shall mail process to: The LLC, 15 Fairview Avenue, Great Neck, NY 11023. Purpose: Any Lawful Purpose.

To place your Legal Notice: Call 439-4949

D-163443



REPORTERS: Ali Hibbs @ah_spotlight Jim Franco @francospotlight

EDITORS: Michael Hallisey@mh_Spotlight

October 11, 2017



More online

Read letters, editorials and quest opinions online at www.spotlightnews. com/news/opinion.

LETTERS TO THE EDITOR

Resident Addresses Working | Ex-Super knows his choice **Families Party Talking Points**

Editor, *The Spotlight*:

Mr. Sherman disappoints many of the loyal Democrats in the election district he represents as a committeeman with his letter to The Spotlight, "BDC's Endorsements is a Matter of Principle." Mr. Sherman misrepresents: "Coffey and Wagoner have strong records as people who have served the Town of Bethlehem well in other positions of authority. Neither Harder nor Morin have a record of such service." George served on the zoning board of appeals for four years, 2012-2015, and has served proudly as a Bethlehem Democratic committeeman, at times on its executive committee, for longer than some of the current BDC members have been alive. Dan has been a laborer in the highway department for the past 13 years - not a position of authority but a position in which he witnessed Brent Meredith's repeated failures as an absentee, unresponsive-to-citizens, politicalpatronage highway superintendent and he could understand how his fellow employees of the highway department, working together with the support and affection of Bethlehem's citizens, will be able to fix the problems in the department, once it is rid of Coffey/Cunningham/ Clarkson, Working-Families-Party cronyism in its leadership.

Mr. Sherman misrepresents: "Although Harder and Morin both claim to be Democrats who will work with Democrats, they baselessly accuse the Bethlehem Democrats of being a corrupt political machine, ... and have eliminated the Democratic voters' opportunity to choose candidates through the primary process with their successful lawsuit based on a legal technicality." George and Dan will work with willing Democrats to restore competent and honest government to Bethlehem. George and Dan have reached out several times once in a letter sent to Chairman Kuhn to be distributed to the committee, a

copy of which has been provided to The Spotlight – that offered them and their volunteers full support of ALL Democratic Party candidates for town office with the expectation of equal party support for their Democratic candidacies. Jeff Kuhn rejected this sincere offer with ad hominem contempt. Only David VanLuven has discussed with Dan the problems in the department and their solutions. Anyone who doesn't believe the current Coffey/Cunningham/Clarkson political machine is corrupt should visit Keith Wiggand's "Bethleĥem Resident News" page on Facebook, where he can be enlightened. Mr. Sherman indefensibly continues to assert the Working Families Party's "talking point" that George and Dan denied Democratic voters the opportunity to choose candidates in a primary with a successful lawsuit based on a technicality. I would suggest that Chairman Kuhn, First Vice Chairman Coffey and Second Vice Chairwoman Skripak's failure to comply "substantively" with the requirements of Election Law §6-148, as six state judges in two courts unanimously determined, by attempting to pass off to the Albany County Board of Elections as a sworn affidavit completed by all three members of the Committee on Vacancies Dan Coffey's printing of all three names on the substitution certificate that cost Giles Wagoner and Dan Coffey their opportunity to compete for the Democratic Party nomination in a Democratic primary.

Jared King, Delmar

Editor's Note: Jared King's nomination to replace Dan Coffey as first vice chair of the Bethlehem Democratic Committee by town board candidate George Harder was not acted upon in a recent meeting of the committee. The committee claimed King needed to be a committee member before filling the role. The requirement, however, was later found to be mistaken.

As someone who had the honor of being elected by the citizens of Bethlehem as a councilman and then supervisor, I remain very interested and engaged in the governance of our town. Like many of you, I have read a great deal over the past few months about this year's town-wide elections - including the shenanigans that resulted in the voters of the Democratic Party being deprived of the opportunity to select their nominees for councilman and highway superintendent in a primary election. Based on what I have read and my own experience with the candidates, I am enthusiastically endorsing Dan Coffey for town board and Giles Wagoner for highway superintendent.

When I served as councilman and supervisor, I did my very best to always place the interests of our town and its people above partisan politics. As a result, I was able at various times in my public life to receive endorsements from the Democratic, Republican, Independence, Working Families, and Conservative parties, as well as from voters unaffiliated with any political party. That strong support across political lines strengthened by belief that voters are interested in what candidates stand for and not party labels.

Regardless of your party affiliation, you have a similar opportunity this election to do what is in the best interests of Bethlehem by getting out to vote and casting your vote for Dan Coffey and Giles Wagoner.

When you vote in November, you will find Coffey's and Wagoner's names on Row E, the Working Families Party. This party has time and again demonstrated its commitment to good government and the courage to endorse the best candidates, regardless of party affiliation, political power, influence or expediency - and the Working Families Party has done so again in endorsing Coffey and Wagoner.

Let's be clear, both of these gentlemen are Democrats and were overwhelmingly supported by the Bethlehem Democratic Committee, and they would almost certainly have won the Democratic primary had it not been prevented by a lawsuit based on a clerical error. Both Coffey and Wagoner are well qualified and have repeatedly shown their commitment to serve our community and all or our residents and

I know many of the candidates running for office this year. I have carefully considered the qualifications of all, and I respectfully and without reservation ask you to vote on the Working Families ballot line for Dan Coffey for town board and Giles Wagoner for highway superintendent.

> Sincerely, Sam Messina

Editor's Note: Sam Messina served one term as Bethlehem Town Supervisor, beating Democratic incumbent Jack Cunningham in 2009, despite not receiving an endorsement from his own Independence Party. Messina earned a victory by running on both the Republican and Conservative

Last day for letters

The Spotlight reminds our readers the Oct. 25 edition will be the last edition in which letters pertaining to the upcoming Nov. 7 election will appear in print. No political letters will be run in the Nov. 1 edition.



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Publisher | John A. McIntyre Jr.

VP of Advertising | Bo Berezansky Advertising Representatives Corinne Blackman, Susan O'Donnell

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LIBRARIES AND SENIORS

Let us help you record Rubber Ducky activities

f your child is a member of the Rubber Ducky Club, our early literacy program for babies and preschoolers, we know you've been busy building important talking, reading, writing, singing and playing skills together. So busy, in fact, that you might have gotten a little behind recording their progress online. That's OK, we're here to help! Stop by the Children's Place and let us know how many activities your child has completed, and we can add them - all at once – to their account. That means they will be well on their way to earning those milestone prizes as they work their way up to 1,000 early literacy activities before kindergarten.

New Rubber Ducky Club members are always welcome. It's easy to register online, or visit us at the Children's Desk, and



we'll help get you started. To register online, go to: bethlehempubliclibrary. beanstack.org.

Everyone's invited to a special Rubber Ducky Bedtime Stories program on Wednesday, Oct. 18, at 7 p.m. Wear your PJs and bring a stuffed friend to enjoy fun and stories before bedtime!

Be smart about cyberbullying

Do you know how to spot cyberbullying among young people? It's not as clear cut as you might think. Join us Wednesday, Oct. 18, at 7 p.m. for "Cyberbullying: What Parents Need to Know" and find out how young people are using social media, as well as the telltale

signs of cyberbullying. This program is co-sponsored by the Albany County District Attorney's Office.

Your library at your fingertips

We'd like to remind you that Bethlehem Public Library now offers an app through the Upper Hudson Library System called UHLS Mobile, available for free in both Android and Apple app stores.

With the app, you can search the UHLS catalog, check the status of your account, place items on hold so they can be picked up at the library, access digital items like eBooks, audiobooks, and digital magazines, and look up library hours and program calendars. For more information and to download UHLS Mobile, go to uhls.boopsie.com.

- Kristen Roberts

■ LETTERS TO THE EDITOR

Do you want this kind of leadership?

Dear Editor:

I have been reading with utter astonishment, over the past few weeks, the letters being published by *The Spotlight* from the Democratic Party supporters trying to explain away the deception, nepotism and outright amateurish administrative blunders committed by the leaders of their Machine. The contortions these folks go through to try and explain away these unmitigated failures are truly something to behold.

I ask the voters this question. Is this the kind of bungling leadership you want

running our Town after November 7th?

If not, I ask you to please vote for our great Republican candidates. To a person, they are all highly qualified, experienced and ready to work hard for you and our Community. Give us a chance to show you what they can do for this Town that we all care so deeply about.

Thank you so much for your consideration.

Melissa Kermani Chair, Bethlehem Republican Committee

Friends Helping Friends

Bethlehem Grange is partnering with Boscov's "Friends Helping Friends" program. For only \$5, you can purchase your "Friends Helping Friends" 25 percent off shopping pass for use on Tuesday, Oct. 17, from 9 to 11 a.m. This discount applies to most items carried at Boscov's.

Start your holiday shopping, buy some new clothes, purchase that furniture you've been wanting or just purchase these shopping passes and send them to friends and family as a great gift. These passes can be used at any Boscov's.

This 25 percent savings also allows the

holder to be eligible to win many other prizes at the store. To enter, simply fill out the stub and enter it into the "Friends Helping Friends" ballot box at any participating Boscov's store.

Your \$5 donation goes 100 percent toward Bethlehem Grange No. 137. For more information or to buy your shopping pass, call Bethlehem Grange members Carol Carpenter at (518) 421-1384, Vernon Starr at (518) 567-4294 or Caroline Wirth at (518) 424-4953.

— Carol Carpenter Bethlehem Grange

Tribute to Judy Garland

njoy a tribute to Judy Garland on Thursday, Oct. 19, at the Albany Jewish Community Center at 1:30 p.m.

The songs and stories of Judy Garland will be performed by Lisa Berman, vocalist; Stephen Goldstein, pianist; and Ruthe McKeown, narrator. Cost is \$12.



Town of Bethlehem

Nature walk

Take part in a nature walk Tuesday, Oct. 17, at Emma Treadwell Nature Center. Bring a lunch, water and good shoes.

NYC bus trip

On Sunday, Oct. 15, we will have a bus trip to New York City. See the award-winning show, "Come From Away" or spend the day exploring the city. The cost for the bus trip and theater ticket is \$179 per person. The bus trip only is \$49 per person.

— Wilma DeLucco



An Informed Electorate Creates Better Government!

Attend, Ask and Learn at our

Candidate Forum

Thursday, Oct. 19 - 7 p.m.

at Bethlehem Town Hall Delaware Ave, Delmar

Candidates for Town Supervisor and Board will be answering YOUR questions, while candidates for Highway Superintendent will be presenting statements. This forum is sponsored by The League of Women Voters, The Bethlehem Chamber, Capital Area Council of Churches and The Spotlight. Candidates for those positions who will be on the ballot Nov. 7 have been invited.

Highway Superintendent statements will begin at 7 p.m. The Town Board Candidate session will begin at 7:15 p.m and Town Supervisor session at 8 p.m.

PEMEMBER TO >> VOTE ON NOV. 7 <<



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From page 1 ...

Seizing the Day

"It clearly wasn't going anywhere," she said, ultimately. "But I was happy again."

Around the same time, the couple had adopted a rescue cat. He had an issue with his ear and, when they got him home, they found out he was 11 years older than they had been told. But, said Day, "He was the most loveable, amazing cat ever. And I'm not even a cat person. I've always been a dog person. But this cat completely stole my heart."

They named him Jordy, Jordy the Jaguar. Sadly, Jordy was diagnosed with cancer within a year of his adoption and died shortly thereafter. One day while he was still alive, however, Day was inspired to sit down at her computer and write about Jordy. She penned a few stanzas, played around with some clip art, and then shared the results with her husband. That, she said, was when she got the idea to write a children's book — an idea that wouldn't become reality for another

ten years.

In 2005, Day was given the opportunity for work for the Columbia County Department of Social Services and returned to law. "I thought, well, at least I'll be helping kids," she said.

Day moved rapidly into the position of head attorney in the department — primarily, she said, because it was hemorrhaging legal talent due to an area judge who seemed to relish bullying DSS counsel. While she was able to work with him for a time, she ultimately felt he used his position to unfairly punish her for resisting his disparagement of her department. "The salary was nice and my co-workers were great," she said. "But, I couldn't stay in that situation."

During her time at Columbia County, Day heard a case in Rensselaer County and developed a relationship with a judge there — a woman who appreciated Day's forthrightness when she

claimed responsibility for an error during the trial. Day reached out to her in 2006 and the judge helped get her appointed to a panel of private practice attorneys who are tapped by the state to represent children on a case-by-case

"She saved my life," Day said.

While she wouldn't return to her literary endeavors for another eight years, the years of experience representing kids in difficult situations has informed the way that Day, who has no children of her own, approaches her children's books, of which there are now three.

She wrote the first in March 2014. Day was going through files to transfer to a new computer when she came across the file containing the stanzas she had written about Jordy. She showed them again to her husband and he suggested that she finish the book. When she asked for a deadline to inspire motivation, he gave her until the end of the month.

Day finished "Jordy the Jaguar" in under three hours that very day. "The minute I committed to

it," she said, still seeming incredulous. "And I didn't make any changes to it."

Happy with her effort, Day got online to see how she could publish her book. Google quickly took her to a survey that indicated she could be contacted by publishers if she answered a few questions. She answered several questions about her book and, within a week, was contacted by Page Publishing. Within another week, they accepted her manuscript.

Day said she was initially skeptical and requested a meeting with Page's president. "They immediately agreed," she said. "We went down to Manhattan and the president was awesome. He told me right away that I wasn't going to make any money.

"He said I would have fun and that I was going to have a beautiful finished product, but that I wasn't going to make money on this," she said. "And I was like, 'okay!' It's been my dream, right? And so I was ready to try it anyway."

Day paid for the illustrator and to have her book assembled. Page Publishing essentially

provided the avenues and connections she needed to do so. The process, she said, "was arduous." From choosing an illustrator to laying out pages and defending her editing choices, it took more than ten months before publication in early 2015.

Since that first book, Day has published three more — two more "Jordy" books and a murder mystery. The mystery, an entirely self-published 214page novel told from the perspective of a 16-yearold boy, represents the crystallization of another dream: becoming a murder mystery novelist.

"I've always been a fan of murder mysteries," she said. "Like, disgustingly

After attending a writer's conference in 2015 and meeting an author who had written a crime thriller, Day "got the bug." While it took her a year to complete the novel, she said that she wrote the first chapter in a day. Constructing the plot, she eventually found, was more challenging than constructing the sentences. "The Scorpio Society: A Jesse McAdam Mystery" was published in February of this year and, after receiving positive feedback, Day is already planning the sequel.

On Sat., Oct. 21, Day will be promoting her latest "Jordy" book during a Barnes & Noble book signing at Colonie Center, but shoppers are welcome to buy all three. The first book deals with accepting new family members, the second addresses bullying , while the third, "Jordy the Jaguar: Fostering A Dream," deals with the foster care system, something Day has spent the last eight years helping children to navigate.

"The heartbreak of a child who knows they might never go home to their parents is unbearable," she said with emotion. "Jordy is a bit different in that he never had a home, but it's just a way to bring up the word and to let kids know that a family could adopt you, that there could be a happy ending."

Day hopes to market her children's books to organizations, as well as households, that would benefit from talking to kids about the various issues that she covers. She says she's had less luck pitching them to local vendors than to larger chains like Barnes & Noble, which she has found surprising and, at times, frustrating. She also said she's interested in doing readings for children in local schools.

"Some days I'm motivated and I'll call places, and then there are days when I'm so shy and the thought of anyone even reading my books is hard to deal with," Day said. She has considered organizing a local authors event, as she has met many over the last few years, where lesser known local writers could showcase their work and have a chance to meet and talk with readers.

To aspiring writers, she says, "Don't get your heart broken. Most large publishing houses don't take unsolicited manuscripts. Don't be afraid to self-publish."

Day said that while she is certain that Jordy will be back for more adventures in verse, but that's on hold for now, as she is currently working to publish a series of short mysteries — "featuring a wealthy couple a la Nick and Nora" — before completing the sequel to "Scorpio Society."

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More with pumpkins

The third and last pumpkin inspired Eating Clean column.

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PICK OF THE WEEK



NIGHT

& DAY

For Puerto Rico

The Low Beat hosts a show featuring several musical acts to benefit hurricane victims in Puerto Rico on Sunday, Oct. 15. Plus, a two-time Grammy Award-winning artist plays The Hollow on Friday, Oct. 13.

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INSIDE



Arts calendar

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Still playing with 'Imaginary Friends' Photo by Kan Lailey

Acclaimed guitarist returns to The Hangar with his group in support of new release

By MICHAEL HALLISEY

halliseym@spotlightnews.com

TROY—To say Reeves Gabrels plays guitar is akin to saying Antonio Stradivari made violins. As true as each statement may be, it grossly understates the man's impact on his respective instrument. Gabrels earned the respect of David Bowie more than 20 years ago. The late rocker who shared the stage with him as members of the group Tin Machine once called his guitarist "absolutely extraordinary."

■ IF YOU GO

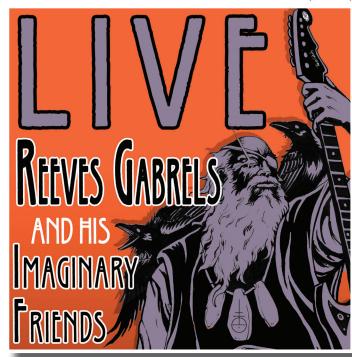
• What: Reeves Gabrels and his **Imaginary Friends**

• When: 8 p.m. on Saturday, Oct. 14

• Where: Hangar on the Hudson; 675 River St. Troy, New York

• **How much:** \$20

• **Info:** brownpapertickets.com



Continues on page B15





What makes business happen in the Capital District

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quote of the week

"Actually, I think people who are doing the most interesting stuff are thought of as oddballs when, in fact, they are so far down in it that they just come across that way to the casual observer."

Reeves Gabrels,

guitarist'



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FEATURE

For Rock and Country

By MICHAEL HALLISEY

halliseym@spotlightnews.com

ALBANY — Melody stands with Oscar in front of a rack of pants and belts inside the Veterans Miracle Center's storefront.

Melody is Melody Burns, VMC operations director, and Oscar is one of the more than 5,000 U.S. veterans she and her staff have helped since the center opened three years ago.

The VMC center knows every veteran the staff has helped, along with every item taken from its storefront. Each transaction is recorded; every soldier has a file. Burns said it's what helps the not for profit anticipate demand. For every Oscar, there is a file that includes what he takes home, including the waist size of each pair of pants. For when he returns, if he returns, the center knows to have a few pairs of size 28 pants in stock.

There are approximately 50 people who volunteer at the VMC center. That doesn't include the tight network of schools, shelters and service recruiters who will funnel veterans to the center from as far away as New Jersey and Plattsburgh. "We don't like to have people work alongside of us until they see what we do," said Jim Pratt, the general manager of the VMC center. "They see what we do, and it really sets the stage going forward."

A few feet away from the ball caps and t-shirts representing each branch of the U.S. armed forces is a display of diapers, bottles and baby wipes. Not everyone the center helps

is a veteran. The spouses of soldiers deployed overseas are eligible for help. With boxes of diapers priced as high as \$40 each, they need it.

The center knows who its helped, and how many, but Burns said it's impossible to know who among upstate New York's veterans are not receiving the help they need. The center's warehouse is tucked a quarter-mile off Albany's Central Avenue, on a meandering Interstate Avenue. Outside of a modest sign affixed upon the building's brick facade, a motorist could drive by it.

The signage isn't at fault. Men and women trained to survive and perform outside the convenient confines of an urban environment, can often be unwilling to admit the need for help.

"It's difficult, because a lot of them are very proud," said Burns. "They don't want to ask for help." Burns has seen so many different scenarios from those vets who come through the door. The soldier who returns home to a wife and kid who's surprised by divorce papers. The career serviceman whose food, clothing and shelter was all provided for during his entire adult life. "Some of them are so overwhelmed, they don't know what they're going to need. We do."

Gary Weinlein is a paramour of music, especially that of the rock and roll that defined the 60s and 70s. He "blames" his older brother Gregg. Tongue in cheek, he also describes being "dragged" to shows at the Aerodrome, University at Albany and Saratoga Performing Arts Center to see The Doors, Jefferson Airplane

and more. Today, Gary brings those shows back to life. Each year, he brings his Groovin' shows to the Capital District, showcasing local musicians acting and singing like Jim Morrison and Grace Slick for audiences. He digs it, too.

From the Albany State gym, "I sat five feet away from these people," said Weinlein. "It was very influential on my music appreciation, and I can't seem to break loose from it."

Each year, proceeds from Weinlein's Groovin' shows goes to a different cause. Each of those causes share a common thread; to honor U.S. war veterans. Proceeds from the Groovin': Ghostly Legends and Friends at the Palace Theatre on Saturday, Oct. 28 goes to the VMC center.

"A lot of people who I know that are veterans utilize what the Veterans Miracle Center gives," said Weinlein. "And, for the veteran in need, to have at no cost necessities for living, whether they're in bad health or down and out at the time being... the Veteran's Center provides a gauntlet of products.

With the amount Weinlein anticipates to earn through this month's show, Burns measures the impact through the number of beds. Quote on need for beds. Burns said the show "could put 50 vets into a bed"

For more information on the VMC center, visit www.vmcalbany. org. For tickets and information about the upcoming Groovin' concert, visit ticketmaster.com or call the Palace Box Office at (518) 465-4663.

WHAT'S HAPPENING NOW

Brand X

The Egg — Thursday, Oct. 12

ALBANY— Brand X will perform at The Egg on Thursday, Oct. 12, at 7:30 p.m.

Reunited jazz fusion and prog-rock band, Brand X, will be playing their songs from the '70s. Their music selection will feature numbers from their albums Unorthodox Behaviour, Moroccan Roll, and Livestock. Original members John Goodsall (guitar) and Percy Jones (bass) will be accompanied by Chris Clark on keyboard, Scott Weinberer on percussion and Kenny Grohowski on drums.

Tickets are \$36. For more information, visit www. theegg.org or call (518) 473-1845.

10 Hairy Legs

UAlbany PAC — Thursday, Oct. 12

ALBANY— 10 Hairy Legs will perform at the University at Albany's Performing Art Center, which is located at 1400 Washington Ave, on Thursday, Oct. 12, at 7:30 p.m.

10 Hairy Legs is an all-male dance group which was founded in 2012. They perform re-existing as well as new pieces. The performance is a part of "Dance in Albany," a series that puts on shows at The Egg as well as at UAlbany's PAC

Tickets are \$15. For more information, visit www. theegg.org or call (518) 473-1845.

Albany Symphony: Hollywood Favorites The Palace Theatre — Saturday, Oct. 14

ALBANY— The Albany Symphony Orchestra will perform at The Palace Theatre, which is located at 19 Clinton Ave, on Saturday, Oct. 14, from 7 to 9 p.m.

For the Symphony's opening performance of the new season, they will be playing the "Star Wars" Suite. The orchestra will be conducted by David Alan Miller and will feature Simone Porter on the violin.

Tickets start at \$15. For more information, call (518) 694-3300 or visit www.albanysymphony.com.

Latest News

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WHAT'S HAPPENING NOW

Ms. Lisa Fischer & Grand Baton

The Egg — Friday, Oct. 13

ALBANY— Lisa Fisher will perform with her band Grand Baton at The Egg on Friday, Oct. 13, at 8 p.m.

Fischer has sung background for the Rolling Stones, Tina Turner. Chaka Khan, and Nine Inch Nails. She also received a Grammy for her solo "How Can I Ease The Pain." Fischer, along with her band Grand Baton, will perform a mix of jazz, rock, soul, gospel, folk, pop, and classics.

Tickets are \$34. For more information, call (518) 473-1845, or visit www.theegg.org.

The Sam Bush Band

The Egg — Saturday, Oct. 14

ALBANY— The Sam Bush Band will perform at The Egg on Saturday, Oct. 14, at 7:30 p.m.

Bush, who is referred to as the "Father of Newgrass" and is known for his mandolin playing, will perform a mix of bluegrass, country swing, reggae and more.

Tickets are \$38.50. For more information, call (518) 473-1845, or visit www.theegg.org.

'Sex with Strangers'

Capital Repertory Theatre — Through Sunday, Oct. 15

ALBANY — Capital Repertory Theatre continues its

run of "Sex with Strangers," through Sunday, Oct. 15.

When Ethan, a strapping 20-something blogger, ends up snowbound at a bed and breakfast with his literary idol, 40-ish novelist Olivia, sparks fly! One thing leads to another, as these two savvy writers give in to their mutual attraction. However, in the morning, things are not quite what they seemed to be the night before. Soon it becomes clear that this passionate weekend will turn into a life-altering experience. Note: Contains mature language and adult subject matter.

For information, visit tickets.proctors.org.







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THE DAILY GAZETTE

www.thespot518.com October 11, 2017 | the spot 518 B5

ARTS

Talking as an art

UAlbany student breathes new life into spoken word poetry

By KAITLIN LEMBO

news@spotlightnews.com

ALBANY — For one University at Albany student, spoken word poetry is not only her past and present, but her future too.

"I want to incorporate spoken word into everything I do," senior Claudie Joassaint said. "I would die if I couldn't do this."

Joassaint has made quite the splash at University at Albany, performing with university poetry club Phenomenal Voices. She's performed for her classes at her professors' requests. Recently, she was able to perform for Pulitzer Prize-winning poet Tyehimba Jess at a New York State Writer's Institute event.

"It's weird, because I didn't even notice he was there until I was done," she said. "I was thinking, hoping even, that he would like it. But once I started performing, I was totally in my zone."

The journalism major said that when she's performing, the world is completely closed out. The only thing she is focused on is speaking. She wants to convey her emotions.

"I'm not really watching the audience," Joassaint said. "I close my eyes a lot. I just get super into it because I can feel the emotions. I want the audience to feel them too. If I can portray them right, they will."

Joassaint has been performing spoken word since high school. She was inspired by Striver's Row, a poetry collective that publishes the works of its contributors. She used to perform in a school club called café de artiste, where she was able to develop her craft.

"I was really the only one that participated in the club," Joassaint said. "In a way, it was all about me – people came to see me perform, and I was able to get a lot of practice."

Her poetry was about personal events; she was getting picked on in school. She went through heartbreak with a former lover. She drew on those experiences. Often people would cry when she read. She knew that she was getting somewhere

when others were exhibiting emotions to her words.

"Back then, I used to aim for making everyone cry," she said.

Now, Joassaint just wants everyone to feel some emotion. She wants people to connect with her poetry. She said that she chose to engage in spoken word poetry over written poetry because of that exact reason – it has a better connection with the audience.

"There is no emotion to reading. You inflict your own emotions," she said.
"With spoken word, I can annunciate and I can put my own meaning to it."

The Haitian-born poet said that she tried poetry slams in high school. Poetry slams are when poets have the opportunity to compete their work against others for prizes. Although her work garnered her first place in a competition, she didn't like the experience.

"I don't like to use my poetry to compete," she said. "I want to read it to people. I don't want it to be judged based on how good it is to other people. I want you to judge it for what it is and what it means to you."

Today, Joassaint still looks to personal experiences for her inspiration. The difference is how much easier the words come to her.

"In high school, it would take me up to two months to write a poem. Today, I can write them in a hallway between classes if I'm feeling inspired," she said.

She said if the words aren't flowing, she takes a break. She will not force herself to produce.

Her biggest inspirations today are Alicia Harris, Joshua Bennett, Miles Hodges, and Shakespeare. She continues to look to them if she's facing writer's block.

Joassaint said that journalism has helped her too. It exposes her to new words and new experiences. However, she really doesn't see herself pursuing it as a career unless spoken word doesn't pan out.

"While journalism is a back-up plan, and maybe I'll be a news anchor if this doesn't work out, I don't see myself in any other industry but spoken word," Joassaint said. "This is where I see and want my life to go."

WHAT'S HAPPENING NOW

Reverbicon Haunted Harvest

Jupiter Hall – Saturday, Oct. 14

ALBANY — The worlds of horror and hard rock meld in perfect marriage at Reverbicon Haunted Harvest at Jupiter Hall in Crossgates Mall, on Saturday, Oct. 14, starting at 3 p.m.

Comics, artists, vinyl records, CDs and memorabilia will all be represented by several vendors. The Erotics headline a list of live music acts including Totally Gnarly, More Than Human, and more.

For information, see the event's Facebook page.



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■ WHAT'S HAPPENING NOW

Delaware Community Farmers Market

Delaware Branch, Albany Public Library — Each Tuesday

DELMAR — The Delaware branch of the Albany Public Library hosts a weekly Farmers Market each Tuesday from 4 to 7 p.m. through November.

Offering local, fresh-picked fruits, vegetables, herbs, eggs, jams and baked goods.

Delaware Branch, Albany Public Library, 331 Delaware Ave., Albany. Free to attend. For more information, call (518) 432-0516 or email DelawareAreaNA@gmail.com.

Geeks Who Drink

Olde English Pub – Each Tuesday

ALBANY — The Olde English Pub hosts a Geeks Who Drink event each Tuesday at 8 p.m.

A quiz show with eight rounds of eight questions each, including a music round, an audio round and a picture round. Free to play, with prizes for the top two teams and bonus prizes throughout the game.

Olde English Pub, 683 Broadway, Albany. For more information, visit http://www.downtownalbany.org/events/geeks-who-drink-trivia.





NIGHT: The Eric Krasno Band

The Hollow Bar + Kitchen - Friday, Oct. 13

ALBANY — The Eric Krasno Band with Karley's Encore will play The Hollow Bar + Kitchen on Friday, Oct. 13, at 8 p.m.

The two-time Grammy Award-winning guitarist, musician and producer is associated with Soulive, Lettuce, Tedeschi Trucks Band and Pretty Lights.

Tickets are available through the event's Facebook page; keywords: The Eric Krasno Band with Harley's Encore.

■ DAY: Benefit show for Puerto Rico

The Low Beat — Sunday, Oct. 15

ALBANY — The Low Beat opens its doors for a show to benefit victims of Hurrican Maria in Puerto Rico, on Sunday, Oct. 15, starting at 2 p.m.

The show features local music luminaries DJ TruMaster, the Holly & Evan Band, JB aka Dirty Moses, Wavy Cunningham, DJ Mercy, Apostrophe S and more. For information, call (518) 432-6572.

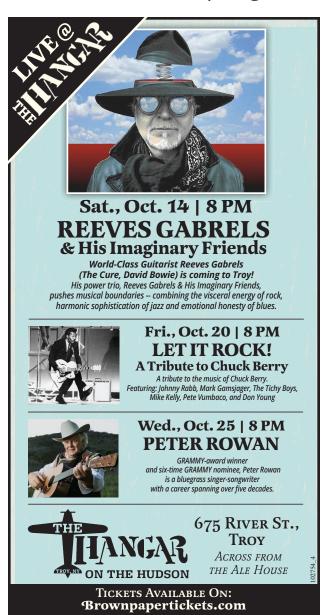
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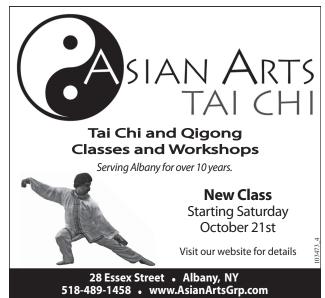
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CLUBS

9 Maple Avenue

9 Maple Ave., Saratoga Springs. www.9mapleave.com Fri: **Rob Lindquist Group** | 9 p.m. Sat: **Keith Pray Quartet** | 9 p.m.

Albany Rail Yard

1118 Central Ave., Albany. (518) 489-2990 Every Wed: **Salsa Night** | 8:30 p.m. Fri: DJ Dominance (Friday Night Grindhouse) | 8 p.m. Sat: Hillbilly Sound Machine | 8 p.m.

Arthur's Market

35 N. Ferry St., Schenectady. (518) 382-1938 Thur: **Edith's Amazing Jam** | 7:30 p.m. Fri: Kitchen Jazz | 7 p.m. Sat: **Brian Conway** 7 p.m. Sun: **Pop-up Piano Bar** | 7 p.m. Mon: Saucy Pots | 7 p.m. Tue: **Jazz Jam** | 7 p.m. Wed: **Doug Chilton** | 7 p.m.

Athos

1814 Western Ave., Albany. (518) 608-6400 Fri: Roben Kosek Jazz & Blues | 7 p.m.

Caffè Lena

47 Phila St., Saratoga Springs. (518) 225-0882 Thur: April Verch Band, Ryanhood Fri: Roy Book Binder | 8 p.m. Sat: Professor Louie and the Crowmatix | 8 p.m.
Sun: The Bobs (Farewell tour) | 7 p.m. Every Mon: **Open Mic** | 7 p.m.

Carney's Tavern

Wed: Bluegrass Jam Circle

with **Alan Epstein** | 7 p.m.

17 Main St., Ballston Lake. (518) 280-7959 Every Thur: **Matty Finn** | 6 p.m. Fri: **Take 2** | 7:15 p.m. Sat: Black Abby | 7:15 p.m.

Carson's Woodside Tavern

57 NY-9P, Malta. (518) 584-9791 Thur: Mike LaPoint | 7 p.m. Fri: Jeff Walton | 7 p.m. Sat: PJ Ferguson Duo | 7 p.m.

Castle Street Café

10 Castle St., Great Barrington, Mass. (413) 528-5244 Fri: The Colbys with Bev Rolehr | 8 p.m.

Centre Street Pub

308 Union St., Schenectady. (518) 393-2337 Thur: Steve Cowles | 6 p.m. Fri: Joel Fisher and the Still Prodigals

Sat: **Uprooted** | 9 p.m. Every Mon: **Open Mic** 8 p.m.

Chrome Food & Spirits 405 Hudson River Rd., Waterford.

(518) 326-2725 Sat: Built for Battle (CD release), Remains of Rage, Sworn to Vengeance, Act of War, One Less Scumbag, Eating Gods | 7 p.m.

Club Helsinki

405 Columbia St., Hudson. (518) 828-4800 or helsinkihudson.com Wed: Wesley Stace's Cabinet of Wonders: Charles Bock, Tracy Bonham, Juliana Hatfield, Dave Hill, Daniel Mendelsohn, Stephin Merritt, Suzzy Roche | 8 p.m. Thur: Vetiver, Johnny Irion | 8 p.m. Sun: Weimar New York | 8 p.m.

Diamond Club Grill

Embassy Suites, 88 Congress St., Saratoga Springs. (518) 886-1111 Sat: **Fresh** | 7 p.m.

HOT SPOTS EVENTS CALENDAR



Dukes Chophouse

Rivers Casino, 1 Rush St., Schenectady. (518) 579-8850 Thur: **Edd Clifford** | 5:30 p.m. Fri: Mike Lawrence | 5:30 p.m. Sat: Cliff Brucker | 5:30 p.m.

Eden Cafe

269 Osborne Rd., Loudonville. (518) 977-3771 Sat: Neal Herr, w/ Liz Winge, Gigi Bull, David Strange | 7:30 p.m. Tue: **Open Mic** | 7:30 p.m.

Emack & Bolio's

366 Delaware Ave., Albany. (518) 512-5100 Fri: Blue Wilder | 7 p.m. Sat: The Crowd Pleasers \mid 7 p.m. Every Tue: **Open Mic** | 7 p.m.

The Fountain Restaurant

283 New Scotland Ave., Albany. (518) 482-9898 Fri & Sat: Skip Parsons' Riverboat Jazz Band | 9:30 p.m.

Fuze Box

12 Central Ave., Albany. (518) 703-8937 Fri: **Punk 2 Funk** w/ **Selector David** Normal and DJ Tall A\$\$ Matt | 9 p.m. Sat: **80s Night** | 9 p.m.

Gaffney's

16 Caroline St., Saratoga Springs. (518) 587-7359 Every Tue: Open Mic w/ Rick Bolton

Grappa '72

818 Central Ave., Albany. (518) 482-7200 Every Wed & Thur: Hamilton Street Jazz **Company** | 6:30 p.m. Fri: Jeanne O'Conner with Peg & Bill Delaney | 6:30 p.m.

The Half Moon

48 S. Front St., Hudson. thehalfmoonhudson.com Wed: Sam Amidon, Last Good Tooth 7:30 p.m.

Hamlet and Ghost

24 Caroline St., Saratoga Springs. (518) 450-7287 Every Wed: Hot Club of Saratoga Trio

The Hollow Bar + Kitchen 79 N. Pearl St., Albany. (518) 426-8550

Fri: The Eric Krasno Band | 9 p.m. Sat: The Blind Owl Band | 9 p.m.

J.J. Rafferty's

847 New Loudon Rd., Latham. (518) 783-6800 Every Fri & Sat: **DJ Billy** | 9 p.m.

The Low Beat

335 Central Ave., Albany. (518) 432-6572 Every Wed: The Deadbeats | 10 p.m. Thur: Eli McFly, Peshy Kruger, Mahadi Walker, Luca Sand | 8 p.m. Fri: The Yavin 4, The Hellasexuals, Losers Circle, Dead Aces | 8 p.m. Sat: Moon Worship, Eternal Crimes, Horror Business | 8 p.m. Mon: TV Girl, Brothertiger, Titanics, Casual Decay 7:30 p.m.

Lucky Strike Social 1 Crossgates Mall Rd., Albany. (518) 556-3350 Wed: Atlas Genius | 8 p.m. Sat: Reverbicon Haunted Harvest: The Erotics, Totally Gnarly, More than Human, Start the Reactor, Non Compliants, Panzram, Embrace the Curse, Crimson Tips, Lenn Oddity | 3 p.m.

McGeary's

4 Clinton Square, Albany. (518) 463-1455 Every Wed: Best Damn Open Mic Ever with Mother Judge | 7:30 p.m. Every Sun: Blues Jam | 7:30 p.m.

Moon & River Café

115 S. Ferry St., Schenectady. (518) 377-5100 Thur: John & John | 7 p.m. Sun: Travellin' Bob Open Mic | 7:30 p.m. Mon: For Sentimental Reasons | 7 p.m. Tue: Jerry Vallens | 7 p.m. Wed: Jazz by Jamie | 7 p.m.

Mouzon House

1 York St., Saratoga Springs. (518) 226-0014 Every Thur: Hot Club of Saratoga Trio | 7 p.m. Every Sat: **Joe Gitto & Dan Wancyk**

Nanola

2639 US Rte. 9, Malta. (518) 587-1300 Fri: Gratefully Yours | 8 p.m. Sat: **New Shoes** | 8 p.m. Wed (10/18): **Honors** | 8 p.m.

Newberry Music Hall

388 Broadway, Saratoga Springs. (877) 565-3849 Every Fri: DJ Frankie Ramos (Latin Night) | 9 p.m.

Oh Bar

304 Lark St., Albany. (518) 463-9004 Thur: Karaoke | 10 p.m.

One Caroline Street

1 Caroline St., Saratoga Springs. (518) 587-2026 Every Wed: The Masters of Nostalgia Thur: Cloud Lifter | 8 p.m.

Fri: Haley Moley, Motorbike | 9 p.m.

Porter to perform

Simone

opening night Recognized as an emerging artist of impassioned energy, musical integrity and vibrant sound,

this young violinist will be the featured soloist on Korngold's "Violin Concerto" with the Albany Symphony during "Hollywood Favorites," its season opening concert at the Palace Theatre this Saturday night at 7:30 p.m. For more information or to purchase tickets, call (518) 694-3300 or visit www.albanysymphony.org

Photo credit: Jeff Fasano Photography

Sun: DJ Selector David Normal | 8 p.m.

Mon: Social Lovers | 10 p.m. O'Slattery's Irish Pub

318 Delaware Ave., Delmar. (518) 439-5634 Every Wed: **Dan Sherwin** | 6:30 p.m. Thur: Mike DeAngelis | 7 p.m. Fri: **EJ Ray Acoustics** 7 p.m. Sat: McBueller | 7 p.m.

Parish Public House

388 Broadway, Albany. (518) 365-0444 Sat: Black Mountain Symphony and Mournin Dove | 9 p.m.

Panza's

510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs. (518) 584-6882 Fri: 'Azzaam Hameed | 6:30 p.m. Sat: Michael Panza & Charles Cornell Trio | 7 p.m.

The Parting Glass

40 Lake Ave., Saratoga Springs. (518) 583-1916 Fri: Fenimore Blues | 8 p.m.

Pauly's Hotel

337 Central Ave., Albany. paulyshotel.com Sat: All Torn Up, Saurians, Capitle, YBOD | 8:30 p.m. Every Mon: Blue Monday Blues Jam

18 p.m. **Prime at Saratoga National**

458 Union Ave., Saratoga Springs. (518) 583-4653 Every Sun: Joe Sorrentino Trio (Jazz brunch) | 10:30 a.m.

Provence

Stuyvesant Plaza, 1475 Western Ave., Albany. (518) 689-7777 Fri: Take Two Trio | 6 p.m. Sat: Kaitlyn Fay Trio | 6 p.m.

Putnam Den

63a Putnam St., Saratoga Springs. (518) 584-8066 Fri: The Fritz, West End Blend 9:30 p.m.

Sat: Particle, Lespecial | 9:30 p.m.

Rustic Barn Pub

150 Speigletown Rd., Troy. (518) 235-5858 Every Thur: **Open Mic** | 8 p.m. Fri: **Soul Provider** | 8 p.m. Sat: Dashboard Anthem | 8 p.m.

Sake Japanese Steakhouse

611 Troy-Schenectady Rd., Latham. (518) 785-7215 Sat: Billy Voiers | 7:30 p.m.

Salt & Char

453 Broadway, Saratoga Springs. (518) 450-7500 Sun: Hot Club of Saratoga | Noon

Saratoga Music Hall

474 Broadway, 3rd floor, Saratoga Springs. (518) 587-5132

Fri: Joey Thomas Big Band | 7:30 p.m.

Savoy Taproom

301 Lark St., Albany. (518) 599-5140 Fri: **Amy Winz** | 9 p.m. Sun: The Jon LeRoy Trio | 6 p.m.

Speakeasy 518

42 Howard St., Albany. (518) 449-2332 Thur: Brian Patneaude & Matt Finck 19 p.m. Every Mon: Joe Finn | 8 p.m.

Tue: Mike Jenkins and The Fat Ties (swing night) | 8 p.m.

Stockade Inn 1 North Church St., Schenectady. (518) 346-3400

Thur: **Tommy Verrigni Trio** | 7 p.m.

Troy Kitchen

77 Congress St., Troy, (518) 268-0068 Thur: **Jeff Nania Group** | 7 p.m. Every Fri: **DJ Lounge** | 11 p.m.

Upstate Concert Hall

1208 NY 146, Clifton Park. (518) 371-0012 or upstateconcerthall.com Sat: Theory Of A Deadman, Ayron Jones | 8 p.m.

Van Slyck's at Rivers Casino

1 Rush St., Schenectady. (518) 579-8800 Thur-Sat: **DJ Element** | 8 p.m. Fri: Radical Rewind | 5 p.m. Twisted | 10 p.m.

Sat: Acoustic Underground | 5 p.m. Lifespeed | 10 p.m.

Vapor Night Club

Saratoga Casino Hotel, 342 Jefferson St., Saratoga Springs. (518) 581-5775. Fri: **Burners U.K.** (Reunion show) | 9 p.m. Sat: Skeeter Creek | 8 p.m.

Waterworks Pub

76 Central Ave., Albany. (518) 465-9079 Thur: **DJ Shawn Gillie** | 11 p.m. Fri: Karaoke | 10 p.m. Sat: DJ David Barna | 10 p.m. Mon: Karaoke | 10 p.m.

Wishing Well Restaurant

745 Saratoga Rd., Wilton. (518) 584-7640 Fri: Noreen Pratt | 6 p.m. Sat: Rob Aronstein | 6 p.m.

MUSIC

Joan Shelley

Be part of the studio audience while this Kentucky singer, songwriter and guitarist performs songs from her self-titled fourth release live on WAMC during a broadcast hosted by Johnny Irion. Chicago-based guitarist and arranger James Elkington



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will also perform songs from his debut solo record, "Wintres Woma," Wed., Oct. 11, 8 p.m. The Linda, 339 Central Ave., Albany. \$15. (518) 465-5233 or www.thelinda.org/ event/joan-shelley-wsg-james-elkington/

Brand X

Band at the forefront of the development of jazz fusion and prog-rock in the mid-1970s will perform music from its seminal albums "Unorthodox Behaviour," "Moroccan Roll," and "Livestock." Thurs., Oct. 12, 7:30 p.m. The Egg, Empire State Plaza, Albany. \$36. (518) 473-1845 or tickets.theegg.org

Charly Bliss

NYC-based band crafts mighty fine guitar-crunched power pop. With Noods (Indie pop), Yucky Duster (Indie pop/punk) and Poppies (sleepy, dreamy melancholic ballads). Thurs., Oct. 12, 8 p.m. The Linda, 339 Central Ave., Albany. \$10. (518) 465-5233 or www.thelinda.org/event/charlybliss-wsg-noods-and-yucky-duster

3 Ravens

Donna Hebert, Lui Collins and Max Cohen will perform a variety of originals, instrumental and traditional songs on fiddle, banjo, ukulele and guitar. Fri., Oct. 13, 7:30 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. Online, \$20; \$22 at the door/ via phone. (518) 765-2815 or oldsongs.org

Ms. Lisa Fischer & Grand Baton

After four decades of singing background vocals for a host of music icons, Fischer steps back in to the spotlight, to perform a mesmerizing mix of soul, jazz, rock, gospel, pop, folk, and classical songs backed by her own band. Fri., Oct. 13, 8 p.m. The Egg, Empire State Plaza, Albany. \$34. (518) 473-1845 or tickets.theegg.org.

Prayer in Opera

Concert of opera prayer arias featuring Bienvenida Baez, soprano, and Michael Clement, piano. Program includes works by Verdi, Puccini, Bellini, Dvorak and others. Sat., Oct. 14, 5 p.m. Emmanuel Baptist Church, 275 State St., Albany. Free (donations appreciated). (518) 427-8668 or bbaez@nycap.rr.com

Albany Symphony

Enjoy a night of Hollywood favorites including John Williams'"Star Wars" Suite, a pair of works by Korngold and a specially commissioned piece by Lioacono for the 2017-18 s gala concert. Conducted by David Alan Miller with Simone Porter on violin. Sat., Oct. 14, 7 p.m. Palace Theatre, 19 Clinton Ave., Albany. \$19, \$36, \$48 and \$60 (before fees); annual gala follows concert: tickets for concert and gala sold separately. (518) 694-3300 or albanysymphony.com

Big Eyed Phish

Dave Matthews Band tribute will perform at this party hosted by the Universal Preservation Hall and Saratoga Auto Museum. Sat., Oct. 14, 7 p.m. Saratoga Auto Museum, Saratoga Spa State Park, 110 Avenue of the Pines, Saratoga Springs. \$26.87 (inc. fees). www.universalpreservationhall.org/ events/ (scroll down to event and click

Aztec Two-Step

Rex Fowler and Neal Schulman return to celebrate the release of their latest album "Naked." Presented by The Eighth Step. Sat., Oct. 14, 7:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. Gold circle seats \$50; general admission seats, \$28. (518) 346-6204 or tickets.proctors.org.

The Sam Bush Band

The "Father of Newgrass" and mandolin virtuoso performs along with his band in support of his latest recording "Storyman." Sat., Oct. 14, 7:30 p.m. The Egg, Empire State Plaza., Albany. \$38.50. (518) 473-1845 or tickets.theegg.org

The World Famous **Glenn Miller Orchestra**

The most sought after big band in the world will perform classics such as "In The Mood," "Chattanooga Choo Choo," and "Tuxedo Junction." Sat., Oct. 14, 7:30 p.m.Troy Savings Bank Music Hall, 30 Second St., Troy. \$28 and \$34. (518) 273-0038 or www.troymusichall.org

Marc Cohn

One of this generation's most compelling singer/songwriters, best known for his Grammy Award-winning ballad, "Walking in Memphis." Sat., Oct. 14, doors at 7:30 p.m., with concert at 8 p.m. Massry Center for the Arts, The College of Saint Rose, 1002 Madison Ave., Albany. \$52.74 (inc. fee). (518) 337-4871 or www. brownpapertickets.com/event/3085720

Steady On: **Celebrating Lilith Fair at 20**

Sloan Wainwright, Amy Soucy, Lara Hescovitch and Sharon Goldman will perform tunes penned by Lilith Fair luminaries along with original songs inspired by the groundbreaking tour. Sat., Oct. 14, 8 p.m. The Linda, 339 Central Ave., Albany. \$22. (518) 465-5233 or www.thelinda.org/event/steadyon-celebrating-lilith-fair-at-20/

Reeves Gabriels and **His Imaginary Friends**

Former guitarist for The Cure returns with his trio for another a night of stellar musicianship and fearless improvisation. Sat., Oct. 14, 8 p.m. Hangar on the Hudson. 675 River St., Troy. Ages 21+ only. \$21.69 (inc. fees) at www.brownpapertickets. com/event/3095540. (518) 272-9740 or www.facebook.com/theHangarTroy

2017 New York State Sacred **Harp Singing Convention**

Non-denominational musical and social event in which participants sing from the Sacred Harp tunebook. Singing takes place Sat., Oct. 14 from 10 a.m. to 4 p.m. and Sun., Oct. 15, from 10 a.m. to 3 p.m. Potluck midday dinner will be served both days. Burton Hall, 1017 NY Rte. 40, Greenwich. Free. (518) 631-4861 or www.AlbanySacredHart.org

Benefit show for Puerto Rico

Mike Hotter and Howard Glassman are teaming up for another benefit, this time to help those affected by Hurricane Maria. Show features local music luminaries DJ TruMaster, the Holly & Evan band, JB aka Dirty Moses, Wavy Cunningham, DJ Mercy, and Apostrophe S, among others. Sun., Oct. 15, 2 p.m. The Low Beat, 335 Central Ave., Albany, Proceeds benefit Hispanic Federation - Unidos Disaster Relief Fund. (518) 432-6572. Donate at www.youcaring.com/ToPRWithLove

Ray LaMontagne

(SOLD OUT) Grammy Award-winning singer/songwriter is "Just Passing Through" for this acoustic tour, along with Wilco's John Stirratt on acoustic bass. Sun., Oct. 15, 7 p.m. Troy Savings Bank Music Hall, 30 Second St., Troy. (518) 273-0038 or www.troymusichall.org.

Noon Organ Concert Series

Carl Hackert and the Pacemakers will perform big band hits on "Goldie," Proctors' mighty Wurlitzer Organ. Tues., Oct. 17, noon. Mainstage, Proctors, 432 State St., Schenectady. Free. (518) 346-6204 or www.proctors.org.

Rochmon Record Club

Music savant Chuck Vosganian will provide a program of anecdotes, biographical and technical information and photos from The Beatles' 1967 classic, "Sgt. Pepper's Lonely Hearts Club Band" followed by listening to the 2017 reissue on a state-of-the-art sound system. Tues., Oct. 17. Doors at 6:30 p.m; presentation at 7 p.m. Caffè Lena, 47 Phila St., Saratoga Springs. \$5. (518) 792-2711 or empirears@gmail.com

Alash Ensemble

Three-member ensemble will present a concert featuring traditional Tuyan instruments and throat singing, an ancient style of overtone singing in which a single vocalist produces two, three, or even four pitches simultaneously, shaping a melody from harmonic tones arrayed over an continuous low drone. Tues., Oct. 17, 7 p.m New Russia Cultural Center. 1550 Broadway, Rensselaer. \$25. (518) 382-9438 or www.newrussiacenter.org

The Wailers

Legendary band best known for backing Bob Marley will perform. Dr. Jah and the Love Profits open. Tues., Oct. 17, at 8 p.m. Cohoes Music Hall, 58 Remsen St., Cohoes. Balcony seats, \$27; Dance floor and seated floor seats \$35. (518) 465-4663 or www.palacealbany.org/events/detail/ the-wailers

The Memorial Concert Band of Colonie

Group composed of some of the Capital District's most accomplished amateur musicians will present its Fall Concert.

Program features a selection of Americanthemed pieces, including selections from the "Suite of Old American Dances" by Robert Russell Bennett and "Variations on America" by Charles Ives. Wed., Oct. 18, 7:30 p.m. Mark Cornell Auditorium, Colonie Central High School, 1 Raider Blvd., Colonie, Free, (518) 764-2712 or www.memorialbandcolonie.org

Irish Slow Session

Play traditional Irish music with Hilary Schrauf. Wed., Oct. 18, 7:30 to 9 p.m. Old Sonas Community Arts Center, 37 South Main St., Voorheesville, \$4. (518) 765-2815 or oldsongs.org

Betsayda Machado y La Parranda El Clavo

. Venezuelan singer nicknamed "The Black Voice of Barlovento," who has revived nearly extinguished genres of black music, performs with the percussion and voice ensemble from her hometown that's been playing together for over 30 years. The Passport Series: Music Haven at Proctors series. Thurs., Oct. 19, 7:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$25. (518) 346-6204 or tickets.proctors.org

Ryan Montbleau

Acclaimed New England-based singer songwriter who blends contemplative and richly emotive lyrics with a gift for melody tours in support of his first full-length release, "I Was Just Leaving." Fri., Oct. 20, 8 p.m. Cohoes Music Hall, 58 Remsen St. Cohoes. \$20 and \$25. (518) 465-4663 or www.palacealbany.org/events/detail/ rvan-montbleau

Paula Cole

Winner of the 1998 Grammy Award for Best New Artist makes her debut at The

HOT SPOTS EVENTS CALENDAR





Featured on the spot 518. com/hotspots

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CLUES ACROSS

- 1. Current unit
- 4. 23rd letter of the Greek alphabet
- 7. Confederate soldier
- 10. Car mechanics group
- 11. Australian TV station
- 12. Trouble
- 13. Getting up there
- 15. Cool!
- 16. Adventurous English aristocrat Jane
- 19. Glow
- 21. A way to appear like 23. Absence of bacteria
- 24. Type of water
- 25. Cool Hand _ 26. German river
- 27. Partial paralysis
- 30. Immobile
- 34. Federal savings bank 35. Swiss river
- 36. The Windy City
- 41. Female genitals
- 45. German courtesy title
- 46. Matter 47. Exonerated
- 50. Danced
- 54. Act destructively 55. Baked an egg
- 56. 140-character missive
- 57. NYC museum (abbr.)
- 59. Christmas carols 60. No (Scottish)
- 61. Heartbeat display (abbr.)
- 62. Rum 63. Flop
- 64. Cease to live
- 65. Small Arkansas city

CLUES DOWN

- For future use
- 2. Church garb
- 3. Winged horse 4. Muscular weaknesses
- Helps little firms
- 6. Directories
- 7. Bases 8. They clean up manuscripts
- 9. S. Wales river
- Small constellation 14. Fuel
- 17. British thermal unit
- 18. Thus far
- 20. One of football Barber twins
- 22. Manner in which something occurs 27. Beginning military rank
- 28. Powdery residue
- 29. Baseball stat
- 31.007 creator 32. Fellow
- 33. A distinct period
- 37. Cap 38. Treated a lawn
- 39. Bryant Gumbel brother
- 40. Mandated
- 41. A route 42. Home to the Utes
- 43. Sunday (Span.)
- 44. Involvé
- 47. Television tube
- 48. Order partner
- 49. Make improvements to
- 51. Home to rockers and athletes alike
- 52. Snake-like fish
- 53. Tooth caregiver
- 58. Defunct phone company

Answers on Pa. B21

www.thespot518.com October 11, 2017 | the spot 518 B9

Egg in support of "Ballads," her new double album of American jazz and folk classics. Sat., Oct. 21, 8 p.m. The Egg, Empire State Plaza, Albany. \$29.50. (518) 473-1845 or tickets.theegg.org

Melvin Seals & JGB

"Jam Band Music" pioneer and his band will take audience members on an exciting, psychedelic musical journey. Sat., Oct. 21, 8 p.m. Cohoes Music Hall, 58 Remsen St., Cohoes. Balcony seats, \$30; dance floor general admission or seats, \$35. (518) 465-4663 or www.palacealbany.org/events/detail/ melvin-seals-jgb

Bruce Hornsby

Drawing from a vast wellspring of American musical traditions, the singer/ pianist/composer/bandleader has created a large and accomplished body of work and employed a vast array of stylisic approaches since the commercial success of his first album in 1986. Sat., Oct. 21, 8 p.m. Troy Savings Bank Music Hall, 30 Second St., Troy. \$30, \$37 and \$48. (518) 273-0038 or www.troymusichall.org

Schenectady Symphony Orchestra

The Orchestra performs Concert I of its 2017-18 season. Program features Smetana's "The Moldau," and Respighi's "The Pines of Rome." Sun, Oct. 22, 3 p.m. Mainstage, Proctors, 432 State St., Schenectady. \$12 or \$20. (518) 346-6204 or tickets.proctors.org

Amos Lee

Spend an intimate evening with the American singer songwriter as he continues on a solo tour in support of his latest, first self-produced and most ambitious release, "SPIRIT." Soulful singer songwriter Mutlu, who has gained considerable attention for his previous work with Lee, opens. Tues., Oct. 24, 8 p.m. The Egg, Empire State Plaza, Albany. \$52.50 or \$70. (518) 473-1845 or tickets.theegg.org

THEATER

'Votes for Women'

Learn about the women's suffrage movement in the United States during this interactive performance. Thurs., Oct. 12, through Sat., Oct. 14 at 7 p.m. Arts, Letters & Numbers, 1543 Burden Lake Rd., Averill Park, \$10 donation (suggested). www.artslettersandnumbers.com/programs/events

'The Color Purple'

The 2016 Tony Award® winner for Best Musical Revival! With a soul-raising score of jazz, gospel, ragtime and blues, don't miss this stunning re-imagining of an epic story about a young woman's journey to love and triumph in the American South. Through Sat., Oct. 14. Shows: Wed. at 7:30 p.m., Thurs. at 1:30 and 8 p.m., Fri. at 8 p.m. and Sat., at 2 p.m. MainStage, Proctors, 432 State St., Schenectady. \$25, \$50, \$60, \$70, and \$85. (518) 346-6204 or tickets.proctors.org

'Sex with Strangers'

When Ethan, a strapping 20-something blogger, ends up snowbound at a bed and breakfast with his literary idol, 40-ish novelist Olivia, sparks fly! One thing leads to another, as these two savvy writers give in to their mutual attraction., However, in the morning, things aren't guite what they seemed to be the night before. Soon it becomes clear that this passionate weekend will turn into a life-altering Note Conta language and adult subject matter. Runs through Sun., Oct. 15. Shows: Wed. and Thurs., 7:30 p.m.; Fri. at 8 p.m.; Sat. at 3 and 8 p.m., and Sun., at 2 p.m. Capital Repertory Theatre, 111 North Pearl St., Albany. \$20 to \$55. (518) 445-SHOW (7469) or tickets.proctors.org

'Broadway Bound'

The poignant and funny conclusion of Neil Simon's semi-autobiographical Eugene trilogy. Eugene and his brother, Stanley, are trying to break into the world of professional comedy writing, while coping with their parents' messy and gut-wrenching split. When their material is broadcast on the radio for the first time, the rest of the family is upset to hear a comedic rendition of its own trials and tribulations. How will the brothers balance their loyalties to their family and to their art? Produced by Oldcastle Theatre Company. Through Sun., Oct. 15. Shows: Wed. through Sat. at 7:30 p.m., with matinees on Thurs. and Sun. at 2 p.m. Oldcastle Theatre Company, 331 Main St., Woodfort, Vt. \$41.63 (inc. fees); premiere and VIP packages also available. (802) 447-0564 or oldcastletheatre.org

'Always... Patsy Cline'

One of country music's most beloved artists, Cline catapulted to fame and sold over 10 million records in her short but legendary career. Based on the true story of her friendship with Houston housewife Louise Seger, with a story taken right from their pen-pal correspondence, this musical is filled with down home country humor and many of Patsy's unforgettable hits such as "Crazy,"" I Fall to Pieces," and "Walking After Midnight." Presented by Park Playhouse. Through Sun., Oct. 15. Shows: Thurs. through Sat. at 8 p.m., with 2 p.m. matinee performances on Sat. and Sun. Cohoes Music Hall, 58 Remsen St., Cohoes. All tickets, \$28. (518) 465-4663 or www.palacealbany.org/events/detail/ always-patsy-cline

'Cabaret'

In a Berlin nightclub, as the 1920's draw to a close, a garish Master of Ceremonies welcomes the audience and assures them they will forget all their troubles at the Cabaret. With the Emcee's bawdy songs as wry commentary, Cabaret explores the dark, heady, and tumultuous life of Berlin's natives and expatriates as Germany slowly yields to the emerging Third Reich. Note: Includes mature content; recommended for audience members age 16 and older. Presented by The Theatre Institute at Sage. Through Sun., Oct. 15. Shows: Thurs. at 7:30 p.m.,

(518) 244-2248 or tickets.sage.edu/theatre 'In the Heat of the Night'

Fri. at 10 a.m. and 7:30 p.m., Sat. at

Russell Sage College, 5 Division St., Troy.

Adults, \$15; seniors/students/children, \$8.

7:30 p.m., and Sun. at 2 p.m.

James L. Meader Little Theater,

Regional premiere of Matt Pelfrey's adaptation of Schenectady native John Ball's novel of the same name. It's the story of Virgil Tibbs, a California homicide detective who, while passing through town is profiled and wrongly arrested for the murder of a prominent real estate developer in racially divided 1962 Argo, Alabama. Will the racist police department and Chief Bill Gillespie change quickly enough to collaborate with the brilliant detective to save their town from a murderer among them? Presented by the Sand Lake Center for the Arts and Circle Theatre Players. Through Sun., Oct. 15. Shows: Thurs. through Sat., 8 p.m., Sun. at 2:30 p.m. Sand Lake Center for The Arts, 2880 NY Rte. 43, Averill Park. Adults, \$18; children 17 and younger, \$10. (518) 674-2007 or https://slcactp. ticketleap.com/in-the-heat-of-the-night/

'Greater Tuna'

In this hilarious sendup of small town morals and mores, two actors portray 20 characters — men, women, children and animals — all wacky citizens of Tuna, Texas' third smallest town. Through Sun., Oct. 22. Shows: Fridays and Saturdays at 8 p.m., Sundays at 2 p.m. Ghent Playhouse, 6 Town Hall Place, Ghent. General admission, \$23.76; student, \$11.34 (prices inc. fees). (518) 392-6264 or gphgreatertuna.brownpapertickets.com

'Fifth of July'

Ken, a legless Vietnam veteran, and his lover, Jed, a horticulturist, reside in a sprawling farmhouse in rural Missouri. Ken's sister, June, and his niece, along with a pair of old friends and former activists from college, Gwen and John, all come to visit at the same time. The action centers on Gwen's offer to purchase the property and on Ken's Aunt Sally, who has come to scatter the ashes of her late husband. As the play progresses, their conversations reveal their lost hopes and dreams and the bitterness one must fight back against if he or she is to perceive the good that life can offer. Note: Includes adult language and mature themes. Presented by New York's famed Circle Repertory Company. Runs Fri., Oct. 13, through Sun., Oct. 22. Shows: Fridays and Saturdays at 8 p.m., Sundays at 2:30 p.m., Wednesdays and Thursdays at 7:30 p.m. Schenctady Civic Playhouse, 12 South Church St., Schenectady. \$20. To purchase tickets, call Proctors Box Office at (518) 346-6204 or visit tickets.proctors.org and select the show/time you wish to attend.

'Cabin Pressure'

Albany author Damon Stewart's darkly comic exploration of the interaction of a pair of former lovers who come to believe that this conversation may be their last. **Note: Includes adult language and mature themes.** Sat., Oct. 14 and Sat., Oct. 21, at 7 p.m. The University Club of Albany, 141 Washington Ave., Albany. \$20, with RSVP required the Friday prior to the performance to (518) 463–1151 or ellen@universityclubalbany.com.

'Peter and the Starcatcher'

Tony award-winning play upends the century-old story of how a miserable orphan comes to be The Boy Who Would Not Grow Up. A wild and funny grown-up prequel to *Peter Pan*. Presented by Home Made Theater. Weekends, Sat., Oct. 14, through Sun., Oct. 29. Shows: Fridays and Saturdays at 7:30 p.m.; Sundays at 2 p.m. Adults, \$29; seniors/students, \$26. (518) 587-4427 or homemadetheater.org/box-office/

'Hamlet'

The Bard's epic masterpiece crackles with raw energy as the Adirondack Shakespeare Company delivers all of the intensity, humor, and majesty of the finest tragedy in the English language. Recommended for ages 12+. Sun., Oct. 15, 3 p.m. GE Theatre, Proctors, 432 State St., Schenectady. Adults, \$20; Seniors, students and veterans, \$17; children ages 12 and younger, free. Tickets: (518) 346-6204 or tickets.proctors.org. Info: (518) 803-HARK (4175) or www.adkshakes.org

New World Order: 6 short plays by Harold Pinter

What if the people in power didn't have your best interests at heart? David Girard directs these reinterpretations of the Nobel playwright's short plays set in a post-truth world. Presented by Troy Foundry Theatre. Thurs. Oct. 19 through Sat. Oct. 21, 8 p.m. James L. Meader Little Theater, Russell Sage College, 5 Division St., Troy. Free; reserve seats at troyfoundrynwo.bpt.me/

Next Act! New Play Summit 6

Four-day summit includes events highlighting the process of new play development and provides playwrights, directors, actors and composers to share their ideas and passions with audience members. Various times Fri., Oct. 20, through Mon., Oct. 23 at Capital Rep, 111 North Pearl St., Albany, and Proctors GE Theatre, 432 State St., Schenectady. Detailed schedule at capitalrep.org/events/next-act-new-play-summit-6/Purchase tickets at tickets.proctors.org

COMEDY

The Comedy Works

Carlos Mencia: Latino stand-up comic who developed and starred in Comedy Central's "Mind of Mencia" known for his take-no-prisoners delivery and his humorous, if not harsh, observations about social, political and racial issues. Wed., Oct. 11, 7 p.m. \$30. Rachel Feinstein: Nationally touring comedian and actress who's starred in three Comedy Central specials, had recurring roles on



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the Amazon series "Red Oaks," and HBO Comedy's "Crashing," and co-hosted "Upload with Shaquille O'Neal."Thurs., Oct. 12, 7 p.m., \$10; also Fri., Oct. 13 and Sat., Oct. 14, at 7:30 and 9:30 p.m. Advance, \$20 (show only) or \$44.95 (dinner + show). Note: Prices for the Friday and Saturday night shows above increase \$5 if purchased on show day. **Open Mic:** Thursdays at 9 p.m.; sign ups begin at 7 p.m., free to attend or participate. Tom Green: Experience non-stop laughter when this multi-talented Canadian comedian, actor and broadcaster shares his brilliantly cracked view of the world around him. Wed., Oct. 18, 7 p.m. (sold out) and 9 p.m. Advance, \$25 (show only) or \$49.95 (dinner + show). Price increases \$5 if purchased on day of show. 388 Broadway, Saratoga Springs. (518) 275-6897 or thecomedyworks.com

The Funny Bone

Godfrey: Held starring role in "Lateline" and hosted the "30x30" Kid Flicks on HBO's Family Channel. Thurs., Oct. 12, \$15; also Fri., Oct. 13, at 7:30 and 10 p.m., and Sat., Oct. 14, at 7 and 9:45 p.m., \$17; and Sun., Oct. 15, 7 p.m. Michael Quu: MTV and Spike TV star headlines the Full Throttle Comedy tour, Wed., Oct. 18, 7:30 p.m. \$5 to \$20. **John Novosad:** Stand-up comedian based out of Denver's Comedy Works aka "Hippieman" who has been performing for more than 30 years. Winner of the Laughing Skull Comedy Festival in 2016 and the Laughlin Laugh Festival in 2015. Thurs., Oct. 19, 7:30 p.m. \$12 to \$20. Amazing Jonathan: Eccentric entertainer whose bizarre humor and unscripted antics have earned him worldwide fame as the most original and successful comic magician in history. Fri., Oct. 20, at 7:30 and 10 p.m., Sat., Oct. 21, at 7 and 9:45 p.m., and Sun., Oct. 22, at 7 p.m. \$22. All shows 21+ unless indicated otherwise; doors 60 to 90 minutes before early show; 30 to 45 minutes before late shows. Crossgates

Mall, 1 Crossgates Mall Rd., Guilderland. (518) 313-7484 or Albany.funnybone.com

Mopco Improv Theatre Storytime Time: A fresh mix of true stories told by comedians, storytellers, performers and others curated by comedian/storyteller Ethan Ullman. This month's theme is "Turdtober." Storytellers TBA. Fri., Oct. 13; doors at 7:30 p.m.; show at 8 p.m. Spontaneous Broadway: After performers audition Broadway-style songs that they create on the spot based on titles generated by the audience, the most popular song is turned into an hour-long improvised musical. Saturdays, Oct. 14 through Nov. 18; doors at 7:30 p.m., with show at 8 p.m. Adults, \$16.74; students/ seniors, \$7.29 (prices inc. fees). Improv Jam: A wonderful hybrid of class, show and party, a jam gives veteran improvisers and newcomers alike a chance to try out games and stretch their improv muscles. It's a great night to come and try out something new and expand your range! Jump up and play in every game or just sit back and enjoy the show. Thurs., Oct. 19. Doors at 6:30 p.m. for 7 p.m. event. 16+ only. \$6.24 (inc. fees). First Year **Anniversary and Show:** Toast the many firsts which have taken place on North Jay Street. Variety show featuring performances from Ethan Ullman of Storytime Time, Crime Alley Sketch Comedy, Electric City Puppets, Alf Pacino and The Mop & Bucket Co. Fri., Oct. 20. Doors at 6:30 p.m. with hors d'oeuvres and cash bar, followed by show at 8 p.m.

Troy Savings Bank Music Hall Tape Face: 2016 America's Got Talent finalist formerly known as The Boy with Tape on His Face will perform his modern reimagining of silent comedy. Thurs., Oct. 12, 7:30 p.m. \$27. Paula Poundstone:

\$27.24 (inc. fees and hors d'oeuvres;

promotional offers may not be used for

this event). 10 N. Jay St., Schenectady.

(518) 577-6725 or www.mopco.org

One of the country's foremost comics, regular panelist on NPR's weekly quiz news show, "WAIT WAIT... DON'T TELL ME" returns to the Collar City with her quick-thinking, unscripted approach to comedy. Fri., Oct. 13, 8 p.m. \$34. 30 Second St., Troy. (518) 273-0038 or www.troymusichall.org

DANCE

10 Hairy Legs

Founded in 2012 by Randy James, this all-male dance company performs exciting and newly commissioned works which celebrate and explore the tremendous technical and emotional range of today's male dancer. Part of the Dance in Albany series. Performance takes place at the Performing Arts Center, University at Albany uptown campus, 1400 Washington Ave., Albany. Thurs., Oct. 12, 7:30 p.m. \$15. (518) 473-1845 or tickets.theegg.org

Intermediate Line Dancing Dance and lessons. Weekly, Wednesdays, through Oct. 25, 7 to 10 p.m. Danceland,

638 Columbia St. Ext., Latham. Walk-ins welcome. \$9. (518) 785-3888 or dancelandboomers.com/Calendar.aspx

Dance Fever Thursdays

Lesson with Erick at 7:15 p.m. followed by dancing to a ballroom mix by DJ Joe until 10 p.m. Weekly, Thursdays, through Oct. 26. Danceland, 638 Columbia St. Ext., Latham. \$10; includes pizza/goodies. (518) 785-3888 or dancelandboomers. com/Calendar.aspx

Festival of South African Dance

The Gumboots and Pantsula Dance Companies of Johannesburg, South Africa will share the stage for a pulsating, rhythm-filled evening of urban street dance in response to cultural and political issues in their communities. Thurs., Oct. 19, 8 p.m. MainStage, Proctors, 432 State St., Schenectady. \$20, \$30 and \$40. (518) 346-6204 or tickets.proctors.org

Collage Dance Collective

Led by Kevin Thomas, artistic director and former principal dancer of the Dance Theatre of Harlem Kevin Thomas, this company from Memphis performs a diverse range of classical and contemporary ballet. Fri., Oct. 20, 8 p.m. The Egg, Empire State Plaza, Albany. \$28. (518) 473-1845 or tickets.theegg.org.

FAMILY

Outdoors After School

Join us after school to get some fresh air, stretch your legs, and have fun outdoors. Meet at the visitor center to begin our adventure. Each week will have a different theme and will include time to explore outdoors. Come for as many sessions as you'd like, and dress for outdoor activity. For children in grades K-5 and their caregivers. Weekly on Thursdays through Oct. 26 from 4:30 to 5:30 p.m. Five Rivers Environmental Education Center, 56 Game Farm Rd., Delmar. Free, registration requested. (518) 475-0291, 5Rivers@dec.ny.gov or www.dec.ny.gov/

KIDS! Storytime

For children and their parents/caregivers. Fridays at 10:30 a.m. Northshire Bookstore, 424 Broadway, Saratoga Springs, Free. (518) 682-4200 or www.northshire.com

Avner the Eccentric

Hailed as one of the greatest clowns of all time, Avner Eisenberg will weave a spell of poetic simplicity while working his way through hilarious predicaments during his Exceptions to Gravity show. Fri., Oct. 13, 7:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$28.50. (518) 346-6204 or tickets.proctors.org.

Chemistry Rocks

Celebrate National Chemistry Day on Sat., Oct. 14, with interactive demonstrations, hands-on activities, experiments and door prizes from 10 a.m to 4 p.m. on the 4th





floor terrace. Also includes Minerals Rock! from 11 a.m. to 2 p.m. in Adirondack Hall; Hunt for minerals in Adirondack focks and then try to find the minerals within rock samples in the galleries with a museum educator, New York State Museum, Empire State Plaza, 222 Madison Ave., Albany. Free admission; suggested donation of \$5/ person or \$10/family. (518) 474-5877 or www.nysm.nysed.gov

Family Saturday: 3-D Still Lifes After touring "Opener 30: Njideka

Akunyili Crosby — Predecessors," and talking about the objects and interiors in the paintings, attendees will make their own 3-D still life constructions including miniature pots and pans. Sat., Oct. 14, 2 to 3 p.m. Tang Teaching Museum, Skidmore College, 815 North Broadway, Saratoga Springs. Free; registration required, call (518) 580-8080. tang.skidmore.edu

Halloween Hay Day

Enjoy an afternoon of Halloweenthemed activities for children. Costumes encouraged. Refreshments will be available for purchase. Sponsored by the Town of Bethlehem Parks & Recreation Department. Sun., Oct. 15, 1 to 3:30 p.m., held rain or shine. Warming Area, Elm Avenue Park, 261 Elm Ave., Delmar. Free to town and Bethlehem Central School District residents. www. townofbethlehem.org/307/Special-Events

Champions of Magic

Five world-class illusionists from Britain bring their popular show across the pond for U.S. audiences to enjoy. Witness incredible mind reading, stunning closeup magic and daring large-scale illusions. Sat., Oct. 21, 7:30 p.m. MainStage, Proctors, 432 State St., Schenectady. \$20, \$30. \$35, \$40 and \$50; limited availability for VIP packages. (518) 346-6204 or tickets.proctors.org

FAIRS/FESTIVALS

Paws in the Park

Mohawk Hudson Humane Society's 8th annual Walk for Animals fundraiser with plenty of activities for children and pets. Sat., Oct. 14, 11 a.m. to 3 p.m. Joseph L. Bruno Stadium, Hudson Valley Community College, 80 Vandenburgh Ave., Troy. Freewill donation. Schedule of events, vendor list and links to registration materials at mohawkhumane.networkforgood.com/ projects/33003-2017-paws-in-the-parkwalk-for-animals

1917 Anniversary Celebration

Go back in time to when Schulyer Mansion first opened as a state historic site with antique cars, World War I encampment, costumed reenactors and period entertainment, Sat., Oct. 14, 1 to 4 p.m. (Commemoration scheduled for Tues., Oct. 17 from 5 to 7 p.m.) Schulyer Mansion State Historic Site, 32 Catherine St., Albany. Free. (518) 434-0834 or parks.ny.gov/historic-sites/33/details.aspx

Harvest Fest

Held in conjunction with the weekly Sunday Market, the Harvest Festival will include additional vendors, live music and a festive harvest theme. Both people- and pet-friendly. Sun., Oct. 15, 10 a.m. to 2 p.m. Jay Street Marketplace, Schenectady. Free. www.facebook.com/ jaystreetmarketplace/

Fall Foliage Festival

A community festival celebrating all things fall. Live entertainment, farm animals, birds of prey, food, crafts and much more. Sun., Oct. 15, 10 a.m. to 3 p.m. Mabee Farm Historical Site, 1100 Main St. (NY Route 5S), Rotterdam Junction. Free. (518) 887-5073 or schenectadyhistorical.org

Halloween Pets on Parade

Show off your pet's Halloween spirit! Prizes for the best costume in a variety of categories. Sun., Oct. 15; registration begins at 1 p.m. with parade at 2 p.m. Goold Orchards, 1297 Brookview Station Rd., Castleton-on-Hudson Free to register and participate. (518) 732-7317 or www.facebook.com/ Goold-Orchards-155945068840

FILM

'Girls Trip'

When four lifelong friends travel to New Orleans for the annual Essence Festival, sisterhoods are rekindled, wild sides are rediscovered, and there's enough dancing, drinking, brawling, and romancing to make the Big Easy blush. Rated R for crude and sexual content throughout, pervasive language, brief graphic nudity, and drug material. Regina Hall, Tiffany Haddish, Jada Pinkett Smith and Queen Latifah star. 122 minutes. Wed., Oct. 11, and Thurs., Oct. 12, at 7 p.m. GE Theatre, Proctos, 432 State St., Schenectady. \$5. (518) 346-6204 or tickets.proctors.org

'Iris'

Documentary about legendary fashion and design icon, Iris Apfel, by filmmaker Albert Maysles. Screening followed by panel discussion. Thurs. Oct. 12 6:30 p.m. Opalka Gallery, Sage College of Albany, 140 New Scotland Ave., Albany. Free. (518) 292-7742 or opalka.sage.edu

'Crouching Tiger, Hidden Dragon'

In 19th century Qing Dynasty China, a warrior (Chow Yun-Fat) gives his cherished sword to the un-conceded love of his life (Michelle Yeoh) to deliver to safe keeping. When it is stolen, the chase is on to find it, the search leading to the House of Yu where the story rises to a wonderfully different level. Rated PG-13 for martial arts violence and some sexuality. 120 minutes. Mon., Oct. 16, at 2, 4:30 and 7 p.m. GE Theatre, Proctos, 432 State St., Schenectady. \$5. (518) 346-6204 or tickets.proctors.org

Mansfield 66/67

This tabloid-driven, heady history lesson documents the last two years of movie goddess Jayne Mansfield's life, and the rumors swirling around her untimely death. Featuring John Waters, Tippi Hedren, Mamie Van Doren, Kenneth Anger, Mary Woronov, Ann Magnuson (as the voice of Jayne), and - in archive footage of Jayne Mansfield and Anton LeVey. Not rated. 84 minutes. Tues., Oct. 17, at 3, 5 and 7 p.m. GE Theatre, Proctos, 432 State St., Schenectady. \$5. (518) 346-6204 or tickets.proctors.org

Woodstock: The Director's Cut

Nearly FOUR hours of legendary Peace, Love and Music from... Joan Baez, Canned Heat, Creedence Clearwater Revival, Joe Cocker, Country Joe & The Fish, Crosby, Stills & Nash, Grateful Dead, Arlo Guthrie, Richie Havens, Jimi Hendrix, Jefferson Airplane, Janis Joplin, Santana, John Sebastion, Sha Na Na, Sly and the Family Stone, Ten Years After, The Who, and Johnny Winter! Rated R. Run time 228 minutes. Wed. Oct. 18, at 7 p.m. GE Theatre, Proctors, 432 State St., Schenectady. Adults, \$9; students, \$6 (w/ ID). (518) 346-6204 or tickets.proctors.org

LECTURES/ WORKSHOPS

The Spirits Among Us and **Our Ghostly Findings**

Members of the North East Paranormal Society will share stories of hauntings from the last four decades along with some of what they believe to be the best evidence of spirits and ghosts during their investigations. Wed., Oct. 11, 6 p.m. Castleton Public Library, 85 South Main St., Castleton-on-Hudson. Free. (518) 732-0879 or www.castletonpubliclibrary.org

2011 FORD FOCUS SES SPORT

Telling the truth in a post-truth world

The New York State Writers Institute will present "Telling the truth in a post-truth world," a two-day symposium on Fri., Oct. 13 and Sat., Oct. 14 at the University at Albany's Downtown Campus, located at 135 Western Ave., in Albany.

Acclaimed journalists, authors, historians and First Amendment scholars will share their views on issues including "fake news," Constitutional protections for a free press, information overload, the shifting roles of social media, hacking and cybersecurity during a series of panel discussions in Page Hall.

Admission to all symposium events is free, however, seating is limited.

For more information about the symposium, call (518) 442-5620 or visit www.albany.edu/writers-inst. Additional details about the panelists and moderators may be found at www.albany.edu/writers-inst/webpages4/programpages/ TT2017program.html

Schedule of events

Friday, Oct. 13: Media in the Age of New Technology: Fake News, Information Overload, & Media Literacy

4:00 to 5:30 p.m. Panelists: Franklin Foer, David Goodman, Maria Hinojosa and Tim Wu. Moderated by Bob Schieffer.

Presidents and the Press: Trump, Nixon & More

8:00 to 9:30 p.m Panelists: Douglas Brinkley, Amy Goodman, Harry Rosenfeld and Glenn Thrush. Moderated by Bob Schieffer.

Sat., Oct. 14 Dirty Deeds: Election Mischief, **Cybercrimes & Civil Liberties**

9:30 to 11:00 a.m. Panelists: Russell Banks, David Daley, James Steiner and Kelley Vlahos. Moderated by Victor Asal.

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Race, Class, and the Future of Democracy

11:30 a.m. to 1:00 p.m. Panelists: Carol Anderson, José Cruz, Juan Gonzales and Adrian Nicole LeBlanc. Moderated by Gilbert King.

The First Amendment & Free Speech Under Attack

2:30 to 4:00 p.m. Panelists: Floyd Abrams, Anthony Paul Farley, Kristina Findikyan, and Richard Honen. Moderated by Ashleigh Banfield.

The End of Newspapers?

2014 FORD FOCUS TITANIUJM

7:00 to 8:30 p.m. Panelists: Bill Keller, Pamela Newkirk, Richard Tofel, and Jim Rich. Moderated by Rex Smith.

Book signing and public reception 8:45 to 10:00 p.m.

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Intro. to Musical Improv

Learn the fundamental tools for spontaneous singing with Musical Director Mark S. Merritt. Mon., Oct., 16, 7 to 9 p.m. 10 N. Jay St., Schenectady. \$25. (518) 577-6725 or www.mopco.org

African Drum Class

Learn West African rhythms with John Dickson. Drums provided. Mon., Oct. 16, 7 to 9 p.m. \$15. Old Songs Community Arts Center, 37 South Main St., Voorheesville. Online, \$20; \$22 at the door/ via phone. (518) 765-2815 or oldsongs.org

Howard Ben Tré

Artist who pioneered the use of cast glass as a sculptural medium and whose unique sculptures and large-scale works of art for public and private spaces are internationally recognized will deliver the 2017 Rabb Visiting Artist Lecture.
Tues., Oct. 17, 6 p.m. Payne Room,
Tang Teaching Museum, Skidmore College, 815 North Broadway, Saratoga Springs.

Free. (518) 580-5030 or www.skidmore. edu/art/raab-lectures.php

Luba Lukova

Internationally recognized, New York-based graphic artist is regarded as one of the most original image-makers who creates some of the most iconic and indelible imagery in the realm of contemporary poster design. Co-presented by the AIGA Upstate and the Department of Art + Design. Tues., Oct. 17, 6:30 p.m. Opalka Gallery, Sage College of Albany, 140 New Scotland Ave., Albany. \$10 for AIGA members; \$20 for non-members; free for full-time students. Registration required by clicking on the Tickets link undermeath the event at opalka.sage. edu/programs-events; note limited spots remain. (518) 292-7742 or opalka.sage.edu

Improv 101

Learn the core improv concepts of "Yes, and ...", celebrating failure, and making your partner look good to collaboratively

create scenes and stories. Through exercises and games, this course will guide participants toward better listening skills, to trust their creative instincts, and be present in the moment. Sat., Oct. 21, 10 a.m. to noon. Mopco Improv Theater, 10 N. Jay St., Schenectady. \$25. (518) 577-6725 or www.mopco.org

LITERARY

Poetic Vibe

Weekly reading with featured poet hosted by D. Colin on Mondays. Open mic sign ups begin at 7 p.m. Troy Kitchen, 77 Congress St., Troy. Free. (518) 268-0068 or www.facebook.com/TroyKitchenNY

Kurt Andersen

Writer, editor, critic, and host of WNYC's Peabody-winning program "Studio 360" will discuss his new book, "Fantasyland: How America Went Haywire: A 500-Year History" with WAMC's Joe Donahue as part of the New York State Writers Institute Telling the Truth in a Post-truth World symposium. Thurs., Oct. 12, 7 p.m. Campus Center Ballroom,
University at Albany, Uptown Campus, 1440 Washington Ave., Albany. \$30 (inc. copy of book; proceeds to benefit NYSWI) For books/tickets, call The Book House of Stuyvesant Plaza at (518) 489-4761. For more information about the symposium, call (518) 442-5620 or www.albany.edu/writers-inst.

Word Plays: Catalysts

Catalysts are things which speed up a chemical reaction or people who cause events to happen. Come hear the little known stories about the people behind some changing events. Part of the Story Circle at Proctors. Sun., Oct. 15, 2 p.m. Fenimore Gallery, Proctors, 432 State St. Schenectady, \$12. (518) 346-6204 or tickets.proctors.org

Claire Messud – Seminar

Contemporary fiction writer and author of the new novel "The Burning Girl." Tues., Oct. 17, 4:15 p.m. Assembly Hall, Campus Center, University at Albany Uptown Campus, 1400 Washington Ave., Albany. Free. (518) 442-5620 or www.albany.edu/writers-inst

Nitty Gritty Poetry Slam

Albany's official poetry slam. Tues., Oct. 17. Sign up at 7 p.m.; open mic at 7:30 p.m. and slam at 8 p.m. 18+. The Low Beat, 335 Central Ave., Albany. \$3 before 7:30 p.m.; \$5 after 7:30 p.m. www.albanypoets.com/ nittygrittyslam

Claire Messud – Reading

Contemporary fiction writer and author of the new novel "The Burning Girl." Tues., Oct.17, 8 p.m. Assembly Hall, Campus Center, University at Albany Uptown Campus, 1400 Washington Ave., Albany. Free. (518) 442-5620 or www.albany.edu/writers-inst

Writers workshop

Bi-weekly writers' get together. Eat, drink, schmooze and share, but, mostly write.

Thurs., Oct. 19 at 6 p.m., Tech Valley Center of Gravity, Quackenbush Building, 30 Third St., Troy. Free. www.tvcog.org

MISCELLANEOUS

Delaware Community Farmers Market

Offering local, fresh-picked fruits, vegetables, herbs, eggs, jams and baked goods. Tuesdays, 4 to 7 p.m. through November. Delaware Branch, Albany Public Library, 331 Delaware Ave., Albany. Free to attend. (518) 432-0516 or DelawareAreaNA@gmail.com

Together Tuesday

Tuesday nights in Eden Café are set-aside for groups to have a time of team building. Safe, non-alcoholic environment where trust can be fostered. Tuesdays, 4:30 to 9 p.m., 269 Osborne Rd., Loudonville. (518) 977-3771.

Veteran Meet-Up

All veterans welcome to free coffee every Tuesday from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. (518) 884-4999 or www.VeteransPeerConnection.org

Social Night/Potluck/ Open House tours

It's the perfect night to come by and get a feel for this amazing creative community. Free. Tuesdays, 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 Third St., Troy. (518) 279-7863 or www.tvcog.net.

Geeks Who Drink

A quiz show with eight rounds of eight questions each, including a music round, an audio round and a picture round. Free to play, with prizes for the top two teams and bonus prizes throughout the game. Tuesdays, 8 p.m., Olde English Pub, 683 Broadway, Albany.

State Education Building Tour Take a guided tour through the historic Education Building in downtown Albany.

The 45-minute tour, led by a New York State Museum staff member, includes opportunities to explore Chancellors Hall, the Regents Room and the rotunda, adorned with murals by Albany native Will H. Low. Sat., Oct. 14, 21, and 28 at 12:30 and 2:30 p.m. Meet on the front steps of the Education Building, 89 Washington Ave., Albany. Free, registration required; 25 participant limit. To register, call (518) 474-2418 or visit ogs.ny.gov/ESP/CT/Tours/Capitol.asp

State Capitol Tour

Take a guided tour through the state's historic Capitol Building in downtown Albany. The 1-hour tour is led by a New York State Museum staff member. Sat., Oct. 14, 11 a.m. and 1 p.m. Meet at the Plaza Visitor Center and Gift Shop located on the North Concourse of the Empire State Plaza. Free, registration required; tours limited to 25 participants each. To register, call (518) 474-2418 or visit ogs. ny.gov/ESP/CT/Tours/Capitol.asp

Social Media

Meet new people and make art in a new medium. Each event will feature a signature cocktail or seasonal beverage pair with the art form that participants will be experimenting with (descriptions online). First and third Tuesdays of the month (Oct. 17; Nov. 7 and 21; and Dec. 5 and 19), 5:30 p.m. Arts Center of the Capital Region, 265 River St., Troy. \$35; includes materials and nibbles; other beverages available for purchase. Registration required. (518) 273-0552 or www.artscenteronline.org/social-media/

Troy Historic District Food Tour

A leisurely 3 hour, 1.5 mile walk with five refreshing stops, a progressive brunch that helps guests experience Troy's evolution into a foodie paradise. Presented by Taste of Troy Food Tours. Saturday, Oct. 21 and 28, from 9:45 a.m. to 1 p.m.; meet at 275 River St., in downtown Troy by the

Continued on 14



TOSOSCOPES (S)(S)(S)(S)(S)(S)(S)(S)(S)

ARIES - MAR 21/APR 20

The people with whom you have been spending your time have enjoyed your company, Aries. Now you have an opportunity to widen your social horizons even further.

TAURUS - APR 21/MAY 21

You have a specific goal in mind and a plan to accomplish it, Taurus. What you may not have counted on are the little obstacles that tend to pop up. Take them one by one.

GEMINI - MAY 22/JUN 21

You might get a kick out of beating someone at their own game, Gemini. Just make sure you keep things lighthearted and that others are not slighted by your efforts.

CANCER - JUN 22/JUL 22

Cancer, someone you love is far away and you are trying every way possible to close the distance. An impromptu trip to reconnect may be in order.

LEO - JUL 23/AUG 23

Leo, you have been keeping a close watch on all of your behaviors for awhile now. This week you may be ready to let loose a bit and enjoy yourself with friends.

VIRGO - AUG 24/SEPT 22

Some exciting news is coming your way, Virgo. Just be patient for a little longer because it will be well worth it to hear what others can't wait to tell you.

LIBRA - SEPT 23/OCT 23

Libra, a busy week means it's necessary to minimize distractions. This will help you get to the bottom of a problem much quicker. A time to relax is on the horizon.

SCORPIO - OCT 24/NOV 22

Even though you can't pinpoint it directly, Scorpio, you can tell something is going on that has been kept from you. Someone you thought was a friend may not be.

October 2017 Week 2

SAGITTARIUS - NOV 23/DEC 21

Don't fret over trivial issues, Sagittarius. They will work themselves out without much intervention. Focus your energy on larger issues.

CAPRICORN - DEC 22/JAN 20

Capricorn, you prefer to do things in the most direct manner possible. However, you may have to take a roundabout route in the next few days to complete a particular project.

AQUARIUS - JAN 21/FEB 18

Go out sometime this week and enjoy some conversation and fun with friends or coworkers, Aquarius. Soon enough you may not have much time for social engagements.

PISCES - FEB 19/MAR 20

It is easy for you to keep other people's secrets, Pisces. Work on keeping some of your own concerns closer to the vest.

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Continued from 12

Troy, NY, sign. Adults, $$49 + \tan \theta$ fees. www.tasteoftroyfoodtours.com

EXHIBITS

Albany Center Gallery Continuing: "Then & Now: Robert Cartmell" Annual exhibit features works by an artist who has previously shown in the gallery and has made a significant contribution to the local art community through his/her career. Through Oct. 20. Hours: Tuesday through Saturday, noon to

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5 p.m. or by appointment. 488 Broadway, Albany. Free admission. (518) 462-4775 or albanycentergallery.org

Albany Institute of History and Art Continuing: "Well-Dressed in Victorian **Albany: 19th Century Fashion from** the Albany Institute Collection," features 50 mannequins dressed in clothing made of luxurious, vibrantly colored fabrics once worn by residents of the Capital District. Also, "Spotlight: Albany and Anti-Suffrage," tells the

story of the women who first met in

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Answers on Pg. B21

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1894 before the New York Constitutional Convention convened, organized the Albany branch of the New York State Association Opposed to Woman Suffrage, lobbied to make their views heard in 1915, and lost their fight in 1917. Also, "The Fashionable Portrait" 14 paintings and four miniature portraits from the Institute's collection to specifically highlight 19th century fashion as depicted in the work of portrait painters. Through Sun., March 18, 2018. Also "The Hudson River School: Landscape Paintings from the Albany Institute:" Reinstallation of nearly 90 paintings featuring works by Thomas Cole and Frederic Church, among others. On view indefinitely. Plus ongoing exhibits. Hours: Wed.: 10 a.m. to 5 p.m.; Thurs.: 10 a.m. to 8 p.m.; Fri. and Sat.: 10 a.m. to 5 p.m., Sun.: noon to 5 p.m. Admission: Adults, \$10; seniors/students (w/ID), \$8; children ages 6 to 12, \$6; children 5 and younger, free. 125 Washington Ave., Albany. (518) 463-4478 or www.albanvinstitute.org.

Albany International Airport

Continuing: "Chasing the Tale," features work by Jason Blue Lake Hawk Martinez, Kenny Harris, Ira Marcks, Fernando Orellana, Amy Podmore, Jeff Starr, and Gerda van Leeuwen. Each of the artists is engaged in a pictorial expression of storytelling cross personal mythology with collected narratives from historical, folk and popular culture. Through Feb. 26, 2018. Open daily: 7 a.m. to 11 p.m. Free admission. Gallery, third floor, 737 Albany Shaker Rd., Latham. (518) 242-2241 or arts@albanyairport.com

American Italian **Heritage Museum** Continuing: "Celebrating Italian Americans in Cinema and Theatre: Actors and Directors." Special Exhibits Room. Plus ongoing and permanent installations. Open Mon., Thurs., and Fri. from 11 a.m. to 2 p.m.; Sat. and Sun. from 1 to 4 p.m. through Dec. 31.

1227 Central Ave., Albany. Admission: Adults, \$5; seniors (65+), \$4; students, \$3; children age 12 and younger, free. (518) 435-1979 or www.americanitalianmuseum.org

Arts Center of the Capital Region Continuing: "Something Familiar" a sculpture and installation by James A. Van Duyne and Roger Bisbing. Through Sun., Oct. 15. 265 River St., Troy. Open Mon.-Thurs., 9 a.m. to 7:30 p.m., Fri., 9 a.m. to 4 p.m., Sat., 9 a.m. to 5 p.m. and Sun., noon to 4 p.m. Free admission. (518) 273-0552 or artscenteronline.org

Cedar Hill Schoolhouse Museum Continuing: "Bethlehem 100 Years Ago:" A look at what our town was like during World War I. Presented by the Bethlehem Historical Association. Through Tues., Oct. 31. Open Sundays, 2 to 4 p.m. 1003 River Road, Selkirk. Free. BethlehemHistorical.orgs

The Clark Art Institute **Continuing:** "Thomas Schutte: Crvstal," the artist's first full-scale architectural work in the U.S., through Oct. 31. Plus permanent collection. Open Tues. through Sun., 10 a.m. to 5 p.m. Admission: Adults, \$20; children 18 and younger, free. 225 South St., Williamstown, Mass, www.clarkart.edu

The Hyde Collection New: "A Shared Legacy: Folk Art in America," a celebration of the vibrant traditions in the era before the rise of professionally trained artists. Through Sun., Dec. 31. Continuing: To Distribute and Multiply: The Feibes & Schmitt **Gift** marks the opening of The Hyde's first gallery dedicated to Modern and Contemporary art with 40 abstract and nonrepresentational works selected from Warren Feibes and the late James Schmitt's collection donated to the museum last year. On view indefinitely.

Plus permanent collection. Open: Tues. through Sat., 10 a.m. to 5 p.m.; Sun., noon to 5 p.m. Admission: adults, \$12; seniors (60+), \$10; children/students (w/ID)/active military and family, free. 161 Warren St., Glens Falls. (518) 792-1761 or www.hydecollection.org

Mabee Farm Historic Site

Continuing: "Four by Four," features the creative vision of four artists, Deborah Angilletta, John Morrette, Tim Prendergast and Maureen Sausa, in four sets of four paintings, each based on a photograph. Also "Erie Canal Re-Imagined." Working with historical photos of the Erie Canal from the Schenectady County Historical Society's Library, Dana Hatchett provides a great visual adventure in pencil. Conté crayon, and charcoal that explores the structural grace of the canal and what was built around it. Intrigued by natural landscapes modified by the canal and its aqueducts, bridges, and locks, the artist strives to inspire understanding and appreciation of the past. Both through Oct. 31. Open Tuesday through Saturday. from 10 a.m. to 4 p.m. 1100 Main St. (NY Route 5S), Rotterdam Junction. Admission: \$5 per adult for self-guided access; or \$8 for a combined tour and access to exhibits; children and students (w/ID) free. (518) 887-5073 or schenectadyhistorical.org

Mandeville Gallery Continuing: "Laini Nemett: When We Lived Here." Using a combination of cardboard models, collage, and large scale oil paintings, Nemett creates architectural environments that explore the idea of home. Nott Memorial. Also "Branding the AfroFuture" by Stacey Robinson. Multimedia work discusses "Black Utopias" as spaces of peace away from colonial influence by considering Black protest movements and the art movements that document them. Part of the Art Installation Series, through March 2018. Schaffer Library Learning Commons. Hours: daily, from 10 a.m. to 6 p.m. Union College, 807

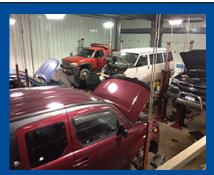
Union St., Schenectady. Free. (518) 388-6004 or muse union edu/mandeville/home

www.miSci.org

Continuing: Wind and Solar: The Renewable Energy Revolution: Interactive exhibit sponsored by GE Renewable Energy encourages visitors' understanding of renewable energy technology and climate change factors, while inspiring advocacy for renewable solutions to society's ever-increasing energy needs. Also MRI: Examining the Human Body; explore the science behind a landmark medical imaging system developed here in the Capital District. Both on display indefinitely. Plus ongoing/ permanent exhibits. Open Monday through Saturday, 9 a.m. to 5 p.m.; Sunday, noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Adults (13+), \$10.50; seniors (65+), \$9; children (3-12) \$7.50. Additional \$5/person charge for planetarium show. (518) 382-7890 or

National Museum of Dance Continuina: "National Museum of Dance and Hall of Fame - Celebrating 30 Years," and "Art in the Foyer: Design for Dance," highlighting the costume sketches of design and dance historian Malcolm McCormack. Plus ongoing exhibits. Open daily, Tuesday through Saturday, 10 a.m. to 4 p.m.; Sunday, noon to 4 p.m. 99 South Broadway, Saratoga Springs. Adults, \$6.50; seniors/students (w/valid ID) \$5; children ages 4 to 12, \$3; children ages 3 and younger, free; Free admission for all on Tuesdays. (518) 584-2225 or www.dancemuseum.org

New York State Museum Continuing: "Enterprising Waters: New York's Erie Canal (Phase One). In honor of the Bicentennial of the Erie Canal's construction, the state's Office of Cultural Education in collaboration with other organizations on the canal corridor, Through Oct. 20, 2019.



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From page B1 ...

'Imaginary Friends'

Dozens of videos of Bowie and Gabrels playing together reside on YouTube. One specifically is of a 1997 performance of Bowie's "Scary Monsters." The guitarist immediately lays down a sonic wall that nearly diminishes the stage presence of the Thin White Duke. One unwittingly identifies him as Eric Johnson. A few others share their amazement, despite not knowing who he is. "Whoever this guitarist is, he was made to play this," types one. The original poster clears the air like a virtual Jeff Healy in a smoked-filled Double Deuce: "No. That's Reeves Gabrels."

Gabrels is associated with musicians who have defined music over the last several decades — Bowie, Robert Smith (The Cure), Trent Reznor (Nine Inch Nails) and more. Trend setting musicians who stepped away from contemporary norms. The common denominator shared by them all, Gabrels said, is that they are all "weirdos."

"I'm drawn to weirdos and weirdos are drawn to me," said Gabrels. "And, I don't find them weird. Actually, I think people who are doing the most interesting stuff are thought of as oddballs when, in fact, they are so far down in it that they just come across that way to the casual observer. ... I guess they found me to be a kindred spirit, in some way."

Gabrels career took off thanks in part to the Los Angeles earthquake of 1994.

A string of circumstances that initially prevented him from touring with Bowie fell aside. Guitarist Steve Lukather, who was to tour with the band, was forced to return to L.A. after the quake. Gabrels was asked to take his place. One piece of advice he received from friend and longtime collaborator Paul Rodgers was, "A thousand people can do what you do. So what it all comes down to is, who's a

experimenting has drawn a comparison to Jimi Hendrix.

"I remember the day that [Hendrix] died, my mom was driving me to school," said Gabrels. "It was the September of my first year of high school... and it came over the radio. I had picked up the guitar six months after that."

Gabrels started playing guitar at 13.



good hang?"

That tour would later lead to meetings with Smith, who Gabrels would ultimately join up with as the present-day guitarist for The Cure. Over the years, Rodgers advice would continue to ring true. Today, he continues to be sought after for collaborative work across all genres and mediums. His reputation for

It was something his father gave him to do besides school work. His first lessons were from a friend of his father's, a man named Turk Van Lake who, it turned out, had played guitar with Benny Goodman, among others. Reeves practiced more on his own once the family moved from Staten Island to Sullivan County while he was in high school. He picked up spots

with local bands. Sometimes he'd venture back to Staten Island to join up with bands there. He'd seek a college education, receive more lessons from John Scofield, and later attend Berklee College of Music in Boston. He chased after his career six months into his Berklee education.

Gabrels is apparently humbled by the comparison to Hendrix. It makes him chuckle when it's brought up, and allows him the segue the attention to his bandmates.

"That's a very flattering thing for somebody to say," said Gabrels. "It's nice when people say things like that, but it's great if it makes people come out to see the Imaginary Friends."

Reeves Gabrels & His Imaginary Friends came together in 2007, five years before joining The Cure. With bassist Kevin Hornback and drummer/vocalist Marc Pisapia, the trio released a live album on Oct. 1, for which they are currently touring to support. The band plays at the Hangar on the Hudson on Saturday, Oct. 14.

"The Imaginary Friends is fun, and it's heart-felt, and it goes places that I can't go with other people I know," said Gabrels. "We have a certain internal chemistry that makes it fun and interesting."

From the man whose primary strategy is to play his "ass off and not be a jerk," he's comfortable with riding this wave with his friends.

"It's funny," said Gabrels, when asked to project where his Imaginary Friends will be in five years. "I've never had a plan and if not having a plan has worked so far, no point in starting now."



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CULINARY ARTS

Jim Morrison



s I write in all of my cookbooks, sugar consumption has gotten alarmingly out of hand in our country. So much so that even food writers are taking notice – not just the medical industry.

I'm not trying to take away all of your fun, but it's time to start looking at what's thrust onto the supermarket shelves and restaurant menus with a more discerning eye. Sure it tastes good, but what about what happens during and after digestion? Even moderate amounts of sugary drinks are enough to start the production of fat-depositing enzymes

into the liver, according to a study published this year by the American Liver Foundation.

And if this news weren't sobering enough, there's research linking sugar to Alzheimer's disease. New York Times writer Mark Bittman did a brilliant and descriptive essay on the subject in 2012 titled "Is Alzheimer's Type 3 Diabetes?" Google it only if you're ready to wake from the culture-induced trance that sugar is just harmless fun. And if you didn't know that back in 2005 doctors and scientists began categorizing Alzheimer's as the Type 3 Diabetes, well, wake up and smell the unsweetened iced coffee!

Janis Joplin

Eric Burden

Dusty Springfield

I'm not even suggesting that you ditch the candy corn completely. Just eat a little less of it this season, and try a healthier sweet instead.

I'm not an ardent lover of pumpkin, but I love THIS! Probably because it's so smooth and creamy. And knowing that it's nutritious doesn't hurt either.

Ingredients:

- 1 packet of unflavored gelatin
- 1 ¼ teaspoon cinnamon
- ½ teaspoon all-spice ¼ teaspoon salt
- ¼ teaspoon nutmeg
- 1 box sugar-free
- butterscotch pudding
- 1 15-ounce can of pumpkin puree (not pumpkin pie mix)
- 2 cans full-fat coconut milk, chilled overnight in the refrigerator
- 1 teaspoon vanilla extract

Instructions:

Combine dry ingredients in a small mixing bowl and whisk till blended. Add pumpkin puree and mix well. Set aside. Open refrigerated cans of coconut milk and drain off coconut water (reserve for smoothies or drinking plain). Scrape coconut cream into a medium-sized mixing bowl, add vanilla, and blend on low, then medium speed with an electric hand beater. When it resembles whipped cream, stop and gently fold in pumpkin spice mixture. Chill in mixing bowl or in dessert cups for several hours or

Optional: garnish with more cinnamon or nutmeg.

Stacey Morris is a Loudonville based wellness blogger, cookbook author and health coach. Her website is www.staceymorris.com.



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INTERVIEW

YES' Geoff Downes

By MATT RICHARDS

nysmusic.com

YES is best known for their influence on rock history and classic songs including "Roundabout," "I've Seen All Good People," "Owner of a Lonely Heart," and countless others. On their recent YESTIVAL tour, YES featured a setlist of greatest hits from the band's studio work, performing at least one song from each of the first 10 albums, starting

with YES (1969) through Drama (1980). Matt Richards, keyboardist for Formula 5 spoke with YES keyboardist Geoff Downes about his gear, YES' best compositions and the rock legacy of YES as they near the half century mark.

Matt Richards: How has the YESTIVAL tour stuck out to you compared to your previous tours with YES?

Geoff Downes: It has been very

different so far because we have been doing the chronological tracks from each of the first ten albums. That has seemed to be something the fans really like because they get to hear tracks that are not in the normal YES repertoire and haven't been played for quite some years. I think being on the bill with Todd Rundgren and Carl Palmer's ELP Legacy has been a nice mixture to be able to have a whole feast of music rather than just the standard YES classics. In the past we have been doing albums in their entirety and it has been nice to move away from that and look at a much more historical view of the band's catalogue.

Richards: How is touring in The United States different from touring in The UK?

Downes: A lot of the venues in The US are better designed for concerts in the modern age. The backstage areas and load-in areas are much more accessible. The British venues are not designed for big stage trucks to come through and some of the theaters in the UK are very old. There is a bit of a logistical problem in that regard but audience-wise, we've got a following in the UK as well as the United States that is very receptive to the music of YES.

Continues on B19



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From page B17 ...

YFS' Geoff Downes

Richards: Is there one song you find the most representative of the music of

Downes: I think there are certainly a few but I find "And You And I" from the Close To The Edgealbum is the most representative of YES's music in terms of the changes in the sections, the dynamics, and the great uplifting finale. In a lot of ways, dynamics is what YES's music is all about. It has the same application that classical music does where the orchestra is not going full torque all the way and it features certain instruments at certain times. That's what makes YES's music very interesting and appeal to a wide range of generations. It is always uplifting to play that one live and I look forward to it coming up in the setlist because it is such a great piece of music.

Richards: As a keyboardist do you find there is any particular keyboard that is the most representative of YES' sound?

Downes: The music has been very focused since the early days with Tony Kay on the acoustic piano and Hammond organ rolls. That was extended more by Rick Wakeman when he started to introduce Melotrons and the Minimoog. I think those elements have always been key to YES' music and progressive rock music in general. When I joined the band in 1980 that is when the real explosion of synths and digital keyboards was just beginning. I think I injected that into the Drama album. I tried to take it a step further and bring the technology in line with what was happening in music in

Richards: Is there any keyboard that you are currently touring with that is your favorite to use in your performance?

Downes: I use Mac laptops for recreating a lot of those old sounds because the software now is so

sophisticated that we are capable of doing that. I have always been very interested in not only the musical side, but the technological side of keyboard playing. It is sort of a dream to be able to create these wonderful sounds with virtual synths.

Richards: What program do you find is best to recreate the classic synth

Downes: I use Apple's Mainstage which is a development from Logic. Logic Pro X is the main program and it is great because you can create all these virtual layers of keyboards. It is a very powerful piece of design.

Richards: With such an emphasis on composition in YES' music, what role does improvisation have in the live performance?

Downes: Generally, we try to remain fairly close to the original recording in terms of core parts of the pieces because that's what people mostly have as their highlights of our music. There are

occasions where solos have more flexibility and some of the arrangements will be chopped around while still recreating the songs accordingly.

Richards: What role does YES play in the world of music?

Downes: It is a very unique volume of music in the history of rock music. There is a very positive and uplifting experience that drew many listeners to the band from the beginning. The name of the band and the positivity emanating from that is carried on into the music. I think people find that not only something nice to listen to but also a spiritual experience. I think YES is quite unique in that respect that they can actually convey that feeling to people, making them feel good and want to say "Yes!" as they listen.

This article appears as a special from NYS Music.com NYS Music.com is a web magazine focused on the coverage of all music in and around New York state.

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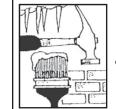
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Starting salary range is \$13.76-\$17.72 per hour. Please forward your resume by October 20th at 4:00pm to: Supervisor, 2029 New Scotland Rd., Slingerlands, NY 12159, or by

e-mail to: skavanaugh@townofnewscotland.-com. EOE

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Commissioner of Public Works, 2029 New Scotland Rd., Slingerlands NY 12159 or email to wlachappelle@townofnewscot-land.com EOE

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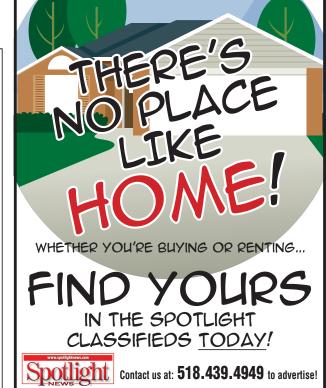
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Race for the Cure

ALBANY — Thousands participated in the 23rd annual Susan G. Komen Race for the Cure on Saturday, Oct. 7. Runners and walkers crossed the finish line in an act of support for those afflicted with, or touched by, breast cancer. Studies state one in seven women are diagnosed with breast cancer each year.

Photos by George Fazio / TheSpot518



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■ IN BRIEF

Poundstone at Troy Music Hall

TROY — Paula Poundstone, celebrated comedian, actor and author, steps onto the storied stage of Troy Savings Band Music Hall on Friday, Oct. 13, at 8 p.m.

Poundstone's comedy career has spanned across three decades, with appearances on The Tonight Show Starring Johnny Carson, several HBO specials and a role in the Academy Award-winning animated film "Inside Out."

For tickets and information, go to www.troymusichall. org.

Night of comedy at American Italian Heritage

ALBANY — The American Italian Heritage

Association wil host a pizza and movie night, which will include a showing of "Letters to Juliet," on Friday, Oct. 27 at 6:30 p.m.

The comedy, drama, romance movie is about a young American who travels to Verona, Italy and inspires a woman to travel to Italy in search of her long-lost love.

Admission is \$5 per person. Reservations must be made by Wednesday, Oct. 25. The American Italian Heritage Association, 1227 Central Ave, Albany. For more information, call (518) 435-1979 or visit http://www.americanitalianmuseum.org/.

'Quills' at Page Hall

ALBANY — The New York State Writers Institute will sponsor a showing of "Quills" at Page Hall on Friday, Oct. 27 at 7:30 p.m.

The Marquis de Sade, notable French philosopher, writer, and sexual deviant, engages in a battle of wills with a doctor at the asylum where he is incarcerated. Doug Wright won an Obie award for "Outstanding Achievement in Playwriting" for his 1995 play, and wrote the screenplay for this Oscar-nominated film.

This event is not suitable for children. Free admission and open to the public. Page Hall, 135 Western Avenue, Albany. For more information, call (518) 442-5620 or visit http://www.albany.edu/writers-inst/.

Need something to do?

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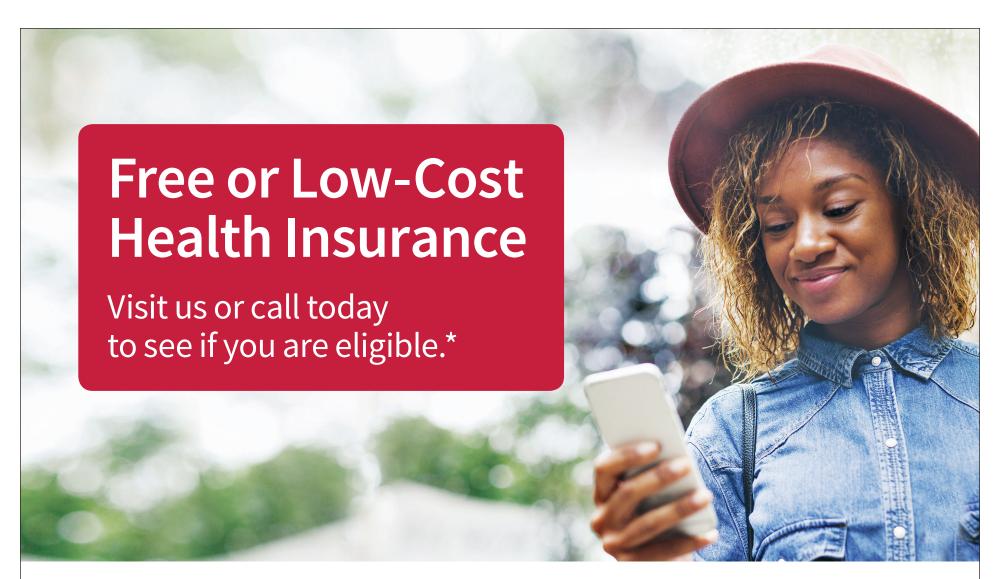
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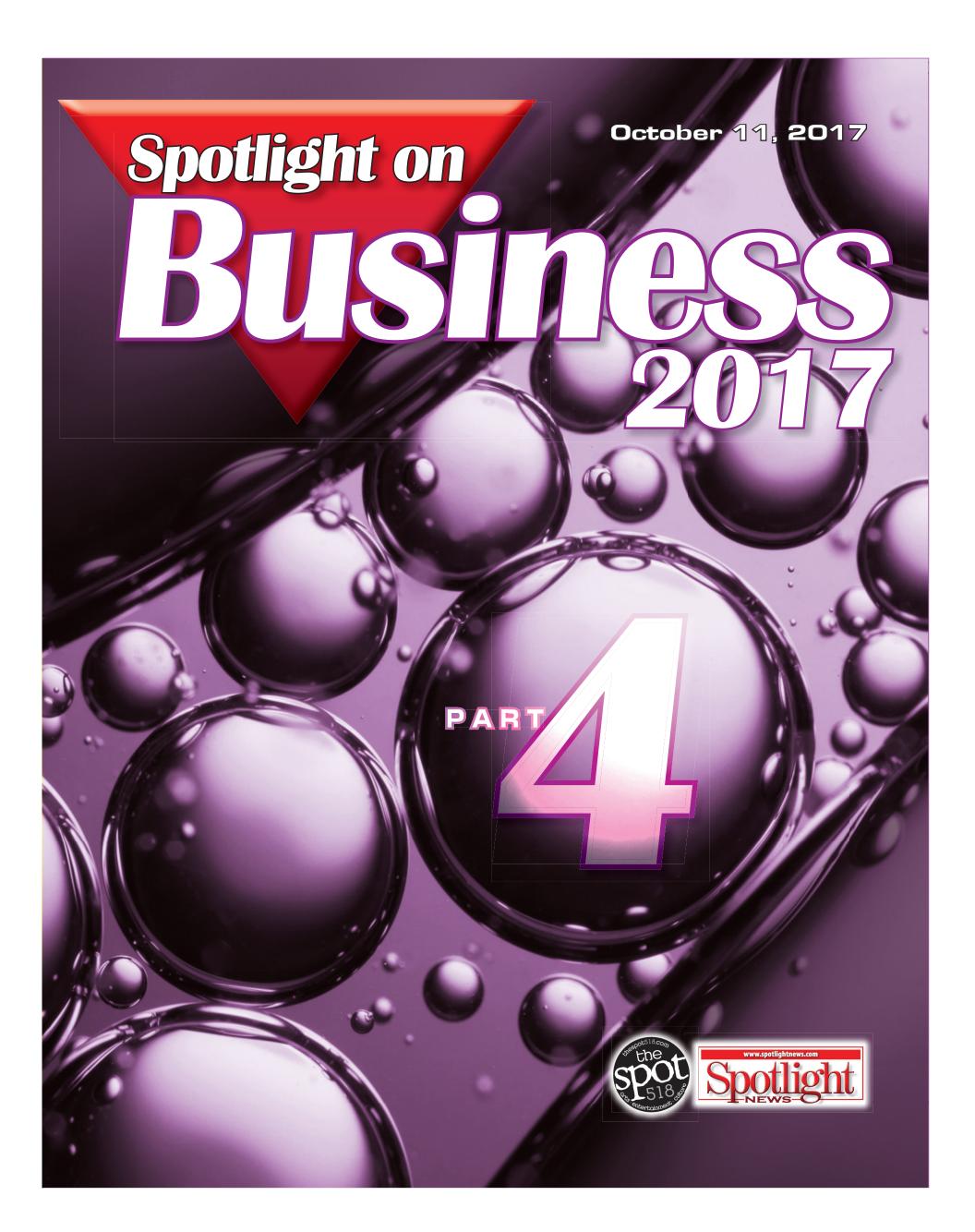


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Making the right moves for you

Organize Senior
Moves guides people
through difficult task
of downsizing

By LIANNE WEBSTER-KIM

kiml@spotlightnews.com

BETHLEHEM -

For Michelle Kavanaugh, establishing Organize Senior Moves was a natural extension of a service she was already providing through the senior companion service she owned.

"While working with some of my clients, I realized they were making plans to move out of their homes," she recalls. "During this transition time, I would help them declutter their homes and prepare to move into the new home."

After conducting some research, Kavanaugh not only discovered there was an actual job title for what she was doing, but that a national organization for such professionals, called Senior Move Managers®, also existed.

Since completing its first move in 2010, the Delmar-based franchise has grown from a onewoman operation to a 21 person-team working out of its headquarters at 125 Adams Street in Delmar with additional franchises located in Saratoga Springs and Charleston, South Carolina. It is a member of the National Association of Senior Move Managers, and recently received

the organization's Circle of Service distinction, recognizing its consistent dedication to both the organization and the profession as a whole.

Organize Senior Moves' mission "Is to provide our clients and their families the care, attentiveness and trust during the physical and emotional time while transitioning from one home to another.... with compassion, integrity and knowledge."

"Moving from one home to another is stressful, regardless of one's age. Because [most] of our clients are seniors, our staff is empathetic to the extra care that may be needed," explains Kavanaugh.

She and her staff take great pride in working

closely with each client to make his or her move as stress-free as possible. "It is always satisfying to know that we were able to be of service to someone who was overwhelmed by the whole process," she remarks. "To see the happiness on the faces of the clients at the end of the day is priceless."

Those positive experiences often turn into referrals. According to Kavanaugh, "when we meet with a prospective for the first time, it is not unusual to hear them say that we moved a friend of theirs."

Organizing Senior Moves can be described as "a one-stop-shop" with the ability to provide each client with an individualized plan of services, which, in addition to decluttering, may include:

- developing a custom floor plan for the new home
- de-cluttering / downsizing their present home
- recommending moving companies, realtors and other professionals
- packing belongings for safe transport to the new home
- unpacking belongings, setting up electronics, and hanging pictures in the new home
- preparing for an estate sale

While its name may suggest that its services are solely for seniors who are moving, she stresses they "are available to anyone who needs assistance," adding that "all of our services are available to all clients on an a la carte basis."

Potential clients should contact Organize Senior Moves as soon as they make the decision to move, "even if they do not believe that the move will take place for another year or two."

To schedule a free, one-hour consultation to discuss your upcoming needs, call Organizing Senior Moves at (518) 528-2622.

"This will be the best move you've ever made."

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"Makes Moving Easier" www.OrganizeSeniorMoves.com



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New home life, no home up-keep

The Spinney at Van Dyke offers empty nesters unique living spaces

By MICHAEL HALLISEY

halliseym@spotlightnews.com

DELMAR — The Spinney at Van Dyke continues to strive towards building a stronger neighborhood within its "55-and-better" community.

Retirement and independent-living developments have popped up throughout the Capital District in the past few years, helping residents stay in the area they know and love.

The Spinney at Van Dyke is a neighborhood of its own, designed for the 55-and-better community that has retired into their next phase of lifestyle, or working professionals working towards that goal.

The location, for many of those who have established lives around this area, allows residents to stay in their hometown, said Samantha Raynor, director of leasing

and marketing at The Spinney Group. It's still the same commute to the movies, the mall or the show downtown. And, your favorite pizza joint is still a phone call away.

"They're used to the neighborhoods that they come from," said Raynor. "And, they are now still able to have that feel with their [new] friends and neighbors."

What makes The Spinney so unique is its one-story living approach. All of its buildings are built this way so residents do not need to climb stairs in their homes again, allowing them to age in place. Another reason for this building technique is for the convenience of privacy. No one will ever live above or below them, unlike apartment buildings that are built floor upon floor. To add onto the attractiveness of this concept, most unit types have attached, direct-access garages and private front porches and back patios, further mimicking the feel of a single-family home.

While Spinney cottages' amenities may make residents feel as if they're

"They're used to the neighborhoods that they come from. And, they are now still able to have that feel with their [new] friends and neighbors."

— Samantha Raynor,
 director of leasing & marketing
 at The Spinney Group

living in a single-family home, they will no longer feel the woes associated with homeownership. Think about regaining all the time spent on mowing the lawn, shoveling snow and fixing the plumbing, so you can focus on family, friends and hobbies — hobbies which can be further fostered by the group's community events calendar.

A new clubhouse that promises a full kitchen; a large gathering room with a gas fireplace; a conference room; and a media room with a projector, is expected to be opened by the end of November.

"We [had] built another one in our community across the river in Schodack," said Raynor. "It's the same footprint. It's the same timeline as well. It just takes a little bit longer than you think, but it's worth the wait. We found, especially across the river at The Spinney at Pond View, [the clubhouse] is very well used and well received. It's the epicenter of the community that we really need in our community in Delmar, so I'm really looking forward to it."

A swimming pool adjacent to the clubhouse should also be completed before next summer, Raynor said.

"Our approach to the '55-and-better' community is the best approach and the easiest transition from a single-family home to a downsized lifestyle," said Ravnor.





A new look and feel for local bank

New location, new services for Kinderhook Bank's customers

By KAITLIN LEMBO

news@spotlightnews.com

ELSMERE — Kinderhook Bank has opened a new location in the Delmar community in the hopes of offering expanded services to their clients.

The new services that Kinderhook Bank has to offer include expanded branch hours, drive-thru services, and safe deposit boxes for clients to safely deposit their money. There is a coin counter available to clients free of charge, and a 24/7 drive-up full-function ATM which will dispense multiple note denominations and allow for the deposit of envelope free cash and checks. The ATM will produce smart receipts.

The bank also offers a full line of individual, business-banking and lending services, including commercial loan services, under Frank Trosset, Vice President of Commercial Lending and Brian Garis, Vice President of Residential

Mortgage Lending. All of these services are enclosed in 5,000 square feet, giving the new branch the ability to grow.

"As a local community bank, convenient branch locations and services

are very important to our customers," said John A. Balli, Kinderhook Bank's President and CEO. The need for a personal relationship with their bank, plus the expectation of competitive technology,

drives our customers to stay with us."

Clients can build that relationship much more easily in this new establishment. The new branch boasts a relaxed lobby atmosphere that allows staff to build a one-on-one relationship with clients. As clients wait for service, iPads and Wi-Fi are available for their convenience. Free cookies and refreshments are out for human clients, along with pet treats for four legged friends. The branch even thought of

children,
building a
kid's play and
waiting area
that has been
stocked with
toys, puzzles,
and childfriendly books.

Kinderhook Bank Marketing Director Dori McDannold said that this new branch gives the bank

room to grow. Their old Delmar branch, which was located in Delaware Plaza, only staffed three people and did not have as much room. Now there are six full-time staff in the branch who are able to build expanded relationships with the clientele.

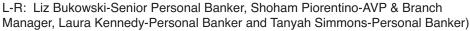
Among these staffers are Shoham Piorentino, AVP and Branch Manager. Piorentino heads up an experienced team of bankers that include Liz Bukowski, Senior Personal Banker, and Tanyah Simmons and Laura Kennedy, Personal Bankers. This dream team is excited to be back together once again in a strong, local community bank branch. They formally worked together for years in the older branch giving clients spot-on service.

McDannold said that advertising will be expanded. Residents in Delmar will be receiving postcards in their mailboxes. As Kinderhook Bank runs specials, residents will be made aware through newspaper and online advertising.

Established in 1853, Kinderhook Bank has eight current branches in Albany, Chatham, Delmar, East Greenbush, Greenport, Kinderhook, Latham and Valatie. Three additional branches will be opened in Amsterdam, Canajoharie, and Johnstown upon the merger completion with Patriot Federal Bank later in the fall.









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Years of beautiful smiles

Spotlight on

By JIM FRANCO

francoj@spotlightnews.com

DELMAR — Nelson Dental Healthcare has been taking care of teeth for 42 years.

And for 42 years, the Nelsons have focused on service and treating each of their patients like people rather than a number on the way to a production goal.

"It comes down to communication and taking the time to reassure the patient and to walk them through the procedure as we are doing it," said Dr.

Rob Nelson, who purchased the business from his father Dr. Garv Nelson 18 months ago. "My dad really had a knack for it and I try to keep the same, calm demeanor, especially with children. Most children are aren't afraid of the dentist, they are afraid of the unknown so we try to take that fear out of it and explain to them what is going on."

Father and son graduated from the University of Pennsylvania School of Dental Medicine, one of the top dental schools in the country.

The family-focused, general practice is a full-service dental office that offers all the traditional services like orthopedics, extractions and implants and they try to keep everything in-house.

"Having teeth or a denture you can use to eat with is really a quality of life issue," Rob Nelson said. "I have had older

patients going back to eating steak, and it's just fantastic to see."

Like his father, Rob Nelson works hard to keep up with the latest technologies which, he

said, helps the patients.

"Like any business, technology has come a long way in dentistry and if we can find efficiencies through technology, we will find them," he said. "In the end, though, you can't rush dentistry. It takes as long as it takes to do it right and to educate the patients, and explain the different choices they have but that is what informed consent is all about - the patients making their own decisions with confidence."



Are you social?

According to Inc.com, around 90 percent of companies are using social media for marketing, customer service and sales. Latest trend is to have employees share your business brand on their personal social media channels, too.

Small mall, lots to offer

By ALI HIBBS

hibbsa@spotlightnews.com

GLENMONT — "It's like Saratoga, but right here in Glenmont," said Sejal Shah, owner of Glenmont Centre on Feura Bush Road. "You don't have to leave Bethlehem.'

Shah said the shopping center has a little bit of everything — shoppers can grab a bite at Taj Fine Indian Restaurant, Romo's Pizzeria or Subway before perusing the selection of used books at Tattered Pages, getting their nails done at VIP Nail Care, having their hair cut by Master Barber Shannon Haslam at Shannon's Barbershop or meeting with their insurance agent at State Farm.

W Boutique, owned and operated by fashion stylist and designer Wendy Ritz is the perfect place to find designer clothing for any body type, and Delmar Custom Tailor is on location to alter, repair or dry

clean special items.

"It is a known fact that women who dress well perform better," says Ritz. "They are more confident when they feel good in what they are wearing." Boutique carries all sizes from petite up to full sizes and Ritz even has her own 'Beauty-full" Collection, which is suited for fuller sized women.

Dedicated multitaskers can even toss some laundry into the wash at Center Square Laundromat before heading to eat, meet, shop or indulge at any or all of the plaza's diverse denizens.

"You can't go wrong coming here to take care of a variety of life's necessities," said Shah. "Right here, in this small plaza, you have access to so much of life's necessary stuff.

The centre has just "spruced up" for the holidays and Shah said that she and all of the plaza's businesses are looking forward to the coming season.



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518-369-2002

Realtor excited about new opportunities

Local real estate firm grows through merger with Howard Hanna Real Estate

By MICHAEL HALLISEY

halliseym@spotlightnews.com

CAPITAL DISTRICT — News of real estate giant Howard Hanna Real Estate Services acquiring RealtyUSA caused a splash in the Capital District last year, and the ripple effect is still felt today.

Pittsburgh-based Howard Hanna is now the third largest real estate brokerage in the United States since acquiring RealtyUSA, the ninth largest residential broker nationally. Howard Hanna is the largest broker in Pennsylvania and Ohio with 259 office locations in the eight states of Pennsylvania, Ohio, New York, Virginia, Michigan, West Virginia, North Carolina and Maryland.

Howard Hanna closed real estate sales volume was up 38 percent over the previous year at \$17.484 billion with 95,152 closed units, up 43 percent, making Howard Hanna the No.1 home seller in New York, Pennsylvania and Ohio, the third largest real estate company in the United States, and the largest privately held real estate company in the United States.

Since the acquisition, the change to Howard Hanna has slowly migrated across New York State in stages and will be done before the end of the year. Last month, RealtyUSA branding for the residential business was removed across the Capital District and replaced with the Howard Hanna's iconic green and black.

For commercial real estate broker Jessica Richer, the change means becoming part of Hanna Commercial Real Estate a separate commercial company and the increased potential for business and customer satisfaction. The rebranding for Hanna Commercial also occurred at the end of September with Hanna Commercial Real Estate signs that are green and gray.

"It's been a good 16 years since I've been in the business," said Richer. "Depending on conferences, I'd meet different people, so I was aware of Hanna Commercial Real Estate, but I didn't know what I know now. I was impressed by them, but I didn't know all that they had to offer."

The transition to green and gray will be

"This basically gives me tools and access to data and information that I didn't have at my fingertips before, which allows me to be more sophisticated and more competitive with other people in this area."

Jessica Richer,
 Howard Hanna commercial
 real estate broker

seamless for both agents and clients, but the range of services will be expanded. Richer said her customers will now benefit from resources she has from "across the United States" with a reach that extends globally.

"This basically gives me tools and access to data and information that I didn't have at my fingertips before, which allows me to be more sophisticated and more competitive with other people in this area," said Richer.

The realtor spoke of access to neighborhood demographics, property schematics accompanied by photographs, information she would have on occasion, but now she expects will be more frequent. One such perk Richer also mentioned is Hanna Commercial's association with Chainlinks Retail Advisors. The Atlantabased company is a far-reaching network of retail-only real estate services providing legal representation, investment sales, advisory services, hospital services, surplus property disposition, asset management services, development/redevelopment, market research and trend-spotting, construction management services and lease administration services.

As Richer changes her pin from RealtyUSA to Hanna Commercial Real Estate, real estate investors can now tap into a network that expands far beyond New York. "I can reach out to my colleagues... and they, in fact, may know of something in Ohio or in Michigan that suits this person's needs," said Richer. "I'm excited to be a part of Hanna Commercial Real Estate while it's growing now," said Richer. "As they continue to grow, I'll be a part of that."



FOR SALE



114 Railroad Avenue, Colonie, NY

+/- 13,308 SF Retail/warehouse/office building available for sale. Industrial zoned in Town of Colonie on 1.66 acres. Parking for 90+ cars. Two very large walk in coolers (23' 48' & 24' x 48') included in sale. Loading dock and drive in doors on property. Sale includes multiple parcels located at 108-114 Railroad Ave. Excellent location for user that needs visibility and partial retail presence with outside storage requirements.

Asking price is \$739,000.



56 Central Avenue, Ravena, NY

30,359 SF Commercial building for sale in Village of Ravena. Zoned business commercial allowable uses include professional office, apartments, church, transportation garages, private clubs, place of worship, trucking terminals. Uses with special use permit includes recreation buildings and auto junkyard. Building can be easily subdivided. Loading doors x 4 and drive in door on site. 3.2 acre site. Municipal water and sewer.

Asking price is \$525,000.



1136 Old State Road, Ravena, NY

5200+/- SF building on 2 acres. No interior walls or support beams except for small office space. Frontage on US-9W of approximately 500 SF. Price is for sale of land and building and two 10x 80 outside storage units.

Asking price is \$249,000.



92 Ontario Street, Cohoes, NY

Great location. Neighborhood laundromat with 2 apartments. Laundromat is in well maintained condition with good mix of equipment. Excellent business with good cash flow. Apartments rents are \$500 & \$600 per month. Apartments are month to month with flexibility for new owner to owner occupy one. Building backs up to large free municipal lot. Roof is only 4 years old. **Asking price is \$189,500.**



152 Speigletown Road, Troy, NY

Successful Auto Repair Business with 25+Years Track Record. Transferable licenses include Repair, Used Car Dealership & NYS Inspection. AAA Approved Auto Repair Shop & Better Business Bureau Accredited. Radiant floor heat and air conditioning in office and shop. Parking for 25 and 7 over head doors.

Asking price is \$850,000.

FOR LEASE

5 Elm Avenue, Delmar, NY

2,726 SF office suite with reception area, large waiting room, 9 offices, file room, copy/mail room, 2 handicapped bathrooms, full kitchen with another bathroom and laundry hook ups. Former medical space can be converted to office. Asking \$12/SF plus NNN's.

1545 Central Avenue, Colonie, NY

Approximately 20,000 SF of space available for retail uses, professional, personal business and financial services, repair of appliances, machinery or other small goods. Restaurant or food service establishment, entertainment such as theater or night club, printing, day care services or physical fitness. Veterinarian practice-treatment only, no boarding. Space can be subdivided. Located off Central Ave at signalized corner and signage with visibility on Central Ave. Asking \$5/SF plus NNN.

97 Railroad Avenue, Albany, NY

Approximately 5,603 SF includes reception area, multiple offices and open area which can be used as a bull pen area or cubicles. Handicapped accessible. **Asking \$6.95/SF plus utilities, water, refuse and janitorials.**

Now is a great time to sell if you have a warehouse please call us.

THE RICHER TEAM at Hanna Commercial Real Estate



Jessica L. Richer Licensed Associate R.E. Broker (C) 518-364-7406 Jessica.Richer@gmail.com Ravi S. Modasra Licensed Associate R.E. Broker (C) 518-312-0447 RaviModasra@gmail.com



Albany Office: 20 Aviation Rd., Albany 518-458-7000 Delmar Office: 231 Delaware Ave., Delmar 518-439-2888



The eyes are the prize

Changing lives for more than 30 years

LATHAM — Dr. Robert Fox O.D., F.C.O.V.D, owner of Fox Vision Development

A young patient goes through a training exercise at Dr. Robert Fox Vision **Development Center.**

Submitted photo

Center, offers his patients life-changing vision therapy.

Dr. Fox is board certified in Vision Development and Vision Therapy. He has lectured internationally on the topics of vision and learning, and on the effects of brain injuries on vision.

Fox Vision Development Center is dedicated to helping children who struggle due to learning-related visual issues, reading and comprehension difficulties, attention and focusing issues, and sports-related concussions.

Dr. Fox completes comprehensive binocular eve exams to test for eye teaming, eye movement, eye focusing, and perceptual abilities. Dr. Fox's Certified Optometric Vision Therapists (COVT) assess and treat patients through a number of visual activities. Each patient receives an individualized program of care based on their vision therapy

needs. Dr. Fox says, "It is amazing to see the changes in our patients' visual abilities as they go through our vision therapy program."

If you are interested in scheduling a comprehensive eye exam or learning more about Fox Vision Development Center, please call their office at (518) 374-8001 or email jekoutelis@gmail. com. You can also visit their website at www. Fox Vision Development.

To give your child the BEST CHANCE for success in school, schedule a "Back to School" comprehensive eye exam!

Since 80% of learning is visual. standard eye exams are just not enough!

Comprehensive eye exams provide a complete assessment of eye focusing, eye teaming and eye movement abilities. There are 17 visual skills your child should have developed in order to be successful in school and in sports. Seeing 20/20 is just one of those 17 visual skills.

For more information, please visit our website at www.FoxVisionDevelopment.com



OD, FCOVD



VISION DEVELOPMENT CENTER

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Vision therapy will change how you see the world!



A taste of India in Glenmont

Taj Fine Indian Cuisine brings new variety to Glenmont Plaza

By KAITLIN LEMBO

news@spotlightnews.com

GLENMONT — Tai Fine Indian Cuisine just opened in Glenmont Plaza, and it's already bringing in four-star reviews on Yelp.

"Service is a high point," said Ewan M. of Glenmont. "Although we played it safe on the first visit, the menu offers several dishes that I haven't seen elsewhere - and I have eaten a LOT of Indian food. So we are eagerly awaiting a second visit. Welcome to the neighborhood, folks."

Another reviewer, Dave

M., echoes Ewan's review.

"Nice simple set up inside," he said. "Pleasant service and most importantly, delicious food.'

Taj has been open for less than a month and offers options that are unique to Glenmont's palate. While you can get pizza, subs, Mexican and Chinese within a walking distance, Taj brought the option of fine Indian food to the area and gave Glenmont residents the ability to make another choice.

While Taj offers a full dinner menu, they also offer lunch specials. For no more than \$15 a meal, you can pick from five specials that are guaranteed to cover any food craving: a vegetarian special, a

chicken special, a goat/ lamb special, an ocean special, and a weekend special.

Each lunch special comes with pakoras and samosas; a choice of three side dishes that are unique to each plate; vegetable biryani; a choice of plain butter naan, garlic naan, or onion naan; the tandoor special of the day; and a dessert.

You can add any soft drink to your meal for \$2, or any draught beer from their wide selection for \$4.

Taj Fine Indian Cuisine is located at 365 Feura Bush Rd, Glenmont, in the old Hot Harry's building. For more information, call (518) 977-3050 or visit www.tajofglenmont.com/.



Team for hire

Good business requires team work like that found at The Gateways

By ALI HIBBS

hibbsa@spotlightnews.com

BETHLEHEM — Building and running a business isn't easy. From accounting to administration, information technologies, marketing materials, mailbox services and shipping, there are a host of variables that nascent or small businesses must figure out how to manage if they want to ensure their survival in a competitive marketplace.



Here in the Capital District, smart businesses call the team at Corner Gateway in Slingerlands. With decades of experience and a passion for helping small businesses to succeed, owner Thea Snyder and her exceptional team have spent the last nine years working with a wide variety of businesses, clubs and individuals in Albany County, helping with custom printing projects, backof-the-house bookkeeping, computer repairs, large shipping orders and creating event items such as banners, posters, programs, annual booklets and so much more. In doing this for businesses and busy individuals, they have provided a place where conversation and commerce conveniently intersect.

This summer, Corner Gateway bought Ship, Copy & More at 159 Delaware Ave. in Delmar and are excited to expand their "community of customers." Delmar customers are now able to access all these services at the new location, which will now be called Center Gateway.

"The local business support aspect is very important to us," said Thea Snyder, who once started an organization helping connect nascent businesses with funding

"Being a part of the community, helping small businesses grow, and helping community members with the confusing administrative tasks with which they are often confronted is one of the reasons that I started this business. With a focus on customer service, and our motto of 'Together We Can,' we truly strive to provide exceptional service and support to our customers."

> - Thea Snyder, owner of The Gateways

and financial advice that was eventually taken over by the Center for Economic Growth. "Being a part of the community, helping small businesses grow and helping community members with the confusing administrative tasks with which they are often confronted is one of the reasons that I started this business. With a focus on customer service and our motto of "Together We Can," we truly strive to provide exceptional service and support to our customers."

You can visit The Gateways at www. theccgateways.com, their work-inprogress website.



Total dental care

Dr. Abele offers comprehensive care for patients of all ages

DELMAR — "Building an oral health restorations with implants." home for families where comprehensive, top-of-the-line dental services were easily accessible was my goal," said Dr. Thomas Abele, who, since 1969, has been a pioneer and leader in the dental sciences in the Capital District. "With the support of a talented and dedicated staff, I hope I have achieved that.'

By offering a total spectrum of care for all ages, Abele eliminates the need for patients to move from doctor to doctor to achieve optimal oral health, comfort and beauty. Early on, he spent the additional hours of training to become qualified in dental implant technology and root canal therapy. His consistent reinvestment in his practice ensures that patients are offered the latest in minimally invasive approaches, digital imaging, laser power and sedation dentistry.

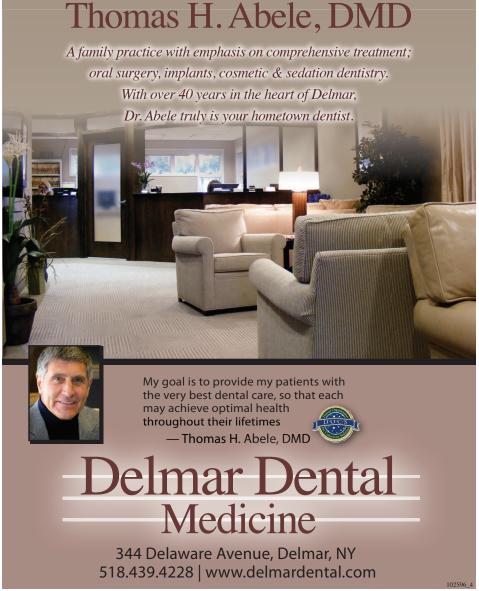
"Dental medicine, most pointedly when encompassing cosmetic dentistry, is definitely an art," said Abele. "Every aesthetic aspect of a patient's face must be taken into consideration when addressing reconstructive procedures, whether in the application of veneers and crowns or

Because Abele works closely with the technicians of his on-site dental lab, issues such as tooth color and shape are seamlessly addressed. His deep experience in placing dental implants, including the latest in genetically coated bone grafting, when required, and beautifully designed tooth restorations is renowned.

Citing the importance of patient education, Abele said, "Although I personally feel responsible for my patients' oral health, they have to 'buy in.' That requires helping them understand why compliance with good oral health habits, including attention to their gums, can make them healthier and happier. I enjoy taking the time needed to answer questions and provide ongoing support.

"As much as I have always enjoyed the research and ongoing education that dental medicine requires in order to stay at the top of the game," said Abele, "I most enjoy the results I see in my much valued patients. They are the ones who make me

— Dr. Thomas Abele



The Peregrine Way

Enriching lives — The Peregrine Way

COLONIE — Peregrine Senior Living at Colonie is proud to announce o ur newest senior community, specializing in memory care from Peregrine Senior Living.

If you or a family member are experiencing memory loss, we have the ideal place to live! Located in a beautiful residential area in Colonie, we use "The Peregrine Way" philosophy of care for our residents, families, and staff to connect to the mind, body, and soul. Care is highly individualized based on your loved one's needs. We provide several signature programs that are designed to stimulate one's long-term memory such as: Spiritual Programs, Legacy stories, Peregrine University, Time Capsules and out around the world programming. We are even pet friendly and we have our own community pet pig!

A memory loss diagnosis is not only hard on the individual - it is also very difficult and emotionally complicated for family members. The Peregrine Way Memory Care Program strives to help during this highly emotional time by offering the following supportive family programs that provide education, empathy, and empowerment. We spend time getting to know you as a family and how we can best serve you prior to having your loved one move in with us. We provide seminars on various types of dementia and the disease progression that will help ease fears of the unknown and help you to set realistic expectations for the future.

We're in this together. Our monthly meetings provide a supportive and empathetic setting where loved ones can feel safe to openly express their joys, insights & concerns.

Please reach out to Molly Jackson at (518) 456-4500 to schedule your personalized tour today! We can't wait to welcome you to our family.

— Peregrine Senior Living at Colonie



By JIM FRANCO

francoj@spotlightnews.com

NEW SCOTLAND — Twenty years ago Julie Hilland and Karen Moses were looking for a change.

So, they started Something Olde, Something New, a consignment shop at the intersection of Routes 85 and 85A, and what started out as a small business dealing only in clothing really took off and is still growing.

"People call and we make an appointment and they come in and show us what they have and we open an account," Hilland said. "And then, as we sell things, we give a percentage of that sale back to them."

The store features all sorts of wares from women's apparel and accessories like designer handbags, jewelry and shoes to vintage home accessories like dishes, china and furniture to linens. They don't carry any appliances or anything that plugs in, Hilland said, outside of maybe a lamp or two.

"Some of our consigners like to go out and look for bargains and then resell what

they find them but the majority of people who bring merchandise to us are people who are downsizing themselves or their family members," Hilland said. "We have a loyal following of repeat customers and consigners and we try to accommodate everyone."

Generally, the consigner gets 40 percent of clothing and accessories while sales of furniture, housewares and vintage home accessories are split 50-50.

They don't sell merchandise on eBay or any other online marketplace but rather use a website – somethingoldenew.com – to urge people to come to the store.

"Come in this fall and feel like you've stepped back in time" says the website. "Perhaps you will feel like you're in your grandmother's house, your mother's house or perhaps your own?"

And the store is jam packed with all sorts of things like dressers and chairs and glassware and clothing and linens.

"We have people bringing us things every day and we never know what we are going to get," Moses said. "It keeps it interesting for us and for our customers."







With over 45 years serving the community and over 205+ years of combined experience in one location, the dental office of Drs. Lysenko, Lloyd, and Geist offers traditional dental services combined with cutting edge technology in a comfortable, relaxing, and friendly atmosphere. New patients are welcome, and they now have Friday hours for your convenience. Visit them at LysenkoDental.com. They look forward to meeting you! Pictured L to R are: Mary Lou, Bernadette, Lisa, Mona, Elizabeth, Dr. Danielle Lloyd, Dr. Steven Lysenko, Dr. Kristen Geist, Sherri, Debbie, Corinne, Kathy, and Kathy.

Majority follow local newspapers closely

espite living in the "digital age," the majority of Americans still hold an affinity towards their local newspaper.

According to a recent Pew Research Center study, nearly three quarters of adults closely follow local news by relying on local newspapers and other sources.

In a nationwide phone survey of more than 2,000 participants, 72 percent of adults maintain interest in local news, citing their local newspaper as the most reliable source. One-third of those participants said the loss of their local newspaper would have a significant impact upon their lives.

Not surprising, demographics suggest an older audience remains loyal to reading the newspaper.

About 35 percent of those aged 40 and older would feel the loss of their

local newspaper. However, 26 percent of younger readers said they, too, would consider the loss of their local newspaper as a "major impact" on them.

The Spotlight

The Spotlight first appeared as a fourpage penny saver in Delmar on Dec. 1, 1955. It was founded by Mrs. Charles E. Walsh, Jr., (as she listed herself in the paper at the time) with its "offices" at a residential address on Roweland Avenue.

Today, Spotlight Newspapers provides weekly newspapers throughout the Capital District, both under the Spotlight brand and *TheSpot518*.

For more information, call 439-4949 or visit www.spotlightnews.com.



www.Spotlightnews.com

Safe harbors at II Faro

By MICHAEL HALLISEY

halliseym@spotlightnews.com

MENANDS — In maritime travels, a lighthouse serves as a beacon to aid sailors to safe harbor.

"We envisioned being just that," said Jessica Lamoreaux, who owns II Faro restaurant and bar with her fiancé Christian Lofaro. "A safe haven from the stresses of everyday life."

Il Faro is Italian for lighthouse, and that's the kind of cuisine one can expect.

"We know that dining out is more than just a meal," said Lamoreaux. "It's a great new glass of wine, a much needed break from work, a romantic evening with promise, a perfectly mixed cocktail and a memorable meal that you will crave."

The couple each moved up from Manhattan and started their bar and restaurant off of Broadway two years ago.

Lamoreaux said they both fell in love with the neighborhood. She said they both find their place in the community is the "most important and rewarding" aspect of the business.

The first friday of each month Il Faro showcases the work of local artists with a free wine tasting, happy hour drinks and appetizers.

Lofaro learned how to cook by watching his father. In July, Lofaro hosts a Kid Chefs program every Saturday, proceeds from which go towards different charitable organizations.

"The most important and rewarding part of our business is getting involved in our community," said Lamoreaux.
"Without the community we would not be able to do what we love to do."

For the birds, and those who love them

Wildbird Junction wants to bring nature into everyone's backyard!

By KAITLIN LEMBO

news@spotlightnews.com

DELMAR — After 20 plus years in construction accounting and having retired from the Navy Reserve, Lance W. Raffe looked for a way to turn his passion for nature, feeding wild birds and attracting wildlife to his backyard into a business. Wildbird Junction Backyard Nature Shoppe is the final result of that search.



After years of frustration looking for a quality source of wild bird feeders, bird houses, bird baths and, especially, wild bird seed and seed blends, Raffe was determined to create the store that he wished he could have shopped in during his many years as a backyard wild bird feeding hobbyist.

According to Raffe, "there are other stores in the area that sell bird feeders and wild bird seed, but none of them offer the quality, selection, value, customer service and knowledge base that we do. We want Wildbird Junction to be the one-stop-shop for everyone in the Capital District that feeds wild birds and wants to attract wildlife into their backyard."

As a veteran, Raffe is proud that Wildbird Junction offers a large selection of products Made in the U.S.A. Many of those products come with lifetime "I don't care where or when you bought your feeder. If it's covered by a warranty, we'll see that you get satisfaction."

— Lance Raffe. owner of Wildbird Junction Backyward Nature

warranties and, as a Service Center for Droll Yankees, Aspects, Squirrel Busters and Woodlink, Wildbird Junction will honor those warranties in-house. "I don't care where or when you bought your feeder", Raffe said. "If it's covered by a warranty, we'll see that you get satisfaction."

Over the years, Raffe has been most frustrated by the lack of high quality wild bird seed in the area. "I am proudest of our wild bird seed and seed blends", said Raffe. "Big box stores and garden centers sell blends that contain seeds, like red millet, that local birds don't eat or they contain low cost fillers that attract nuisance birds. Our wild bird friends deserve fresh, high quality, high energy food, and that's all we sell here."

Unlike other wild bird stores, Wildbird Junction also offers a wide selection of nature gifts, garden décor, guide books, nature toys, chimes and a full line of binoculars.

You can visit Wildbird Junction Backyard Nature Shoppe at 308 Delaware Ave, Delmar. For more information, call (518) 478-WILD (9453) or by visiting www.wildbirdjunction.com

