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May 2 - May 8, 2018

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## NEWS Green light for roundabout

Town approves roundabout for troubled Glenmont intersection.

Story on Page 3

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## TOP STORY

# Still sorting things out

Court denies Bethlehem's request to dismiss lawsuit casting blame for 2015 landslide

By **ALI HIBBS**  
hibbsa@spotlightnews.com

**ALBANY** — A motion to dismiss a lawsuit filed by Normanside Country Club against the Town of Bethlehem following the April 2015 landslide was denied by the state Supreme Court Appellate Division on Tuesday, April 19.

The landslide sent approximately 120,000 cubic yards of soil and debris both into Normans Kill Creek and onto Albany property on the opposite bank more than three years ago.

An aerial shot shows the aftermath of the 2015 landslide just a day after approximately 120,000 cubic yards of soil and debris shifted out from underneath Normanside Country Club.

Photo provided by Office of Albany County Executive

Continues on page 5

## SPORTS



### Road warriors

Bethlehem lacrosse drove up to Burnt Hills for a league match last week.

Story on Page 6

## ENTERTAINMENT



### Renaissance Man

E Street Band's Steven Van Zandt takes his band (and lesson plans) to The Palace.

Story on Page B1

**LIFE AFTER 50**

**Inside This Issue!**

the SPOTLIGHT NEWS

■ POLICE, FIRE AND EMERGENCY CALLS

**Traffic stop leads to drug charges**

**BETHLEHEM**— On Sunday, April 22, at approximately 10:52 p.m., state police stopped a vehicle on I-87, in the town of Bethlehem, for an equipment violation. While interviewing the vehicle's driver, Keeyon R. Latney, 43 of Albany, for the traffic violation, the trooper established probable cause to search the vehicle and its occupants.



LATNEY

Latney was allegedly found to be in possession of approximately 7.8 grams of cocaine and approximately .2 grams of marijuana. He was taken into custody, transported and processed at the Albany state police station, where he was subsequently charged with criminal possession of controlled substance in the fourth degree, a class C felony, and multiple violations.

Latney was arraigned in Town of Bethlehem Court and remanded to the Albany County Correctional Facility without bail on Monday, April 23.

**Mock DWI crash provides sobering view**

By ALI HIBBS  
hibbsa@spotlightnews.com

**DELMAR** — Members of the Bethlehem Central High School chapter of Students Against Destructive Decisions joined forces with the Bethlehem Police Department and other community first responders to stage a "mock crash" at the high school on Tuesday, April 24. The demonstration was attended by students in grades 9-12 and was intended to be a reminder of the importance of safe and sober driving. The event took place outside of the high school cafeteria.

According to Bethlehem Police Department Commander Adam Hornick, the department has collaborated with students to conduct mock crashes at least a dozen times. "It is typically done every other year," he said, "That way, we reach all juniors and seniors at once. We purposely do it just prior to prom and graduation season."

The event, initially organized between the Albany County STOP DWI program and BPD, is now a collaborative effort between the three aforementioned groups and both the Bethlehem Police Traffic Safety and Family Services units.

Several students served as actors who were made up to look like accident victims for the event. The "victims" were treated at the scene by medical personnel, and ambulances, police, fire department



Above, left: EMS personnel wheel an accident "victim" to a waiting ambulance. Above, right: Bethlehem High School students look at the sheet-draped body of the student actor "killed" in the mock accident.



Photos provided by BCSD

personnel, as well as a coroner, were on hand to "treat" victims who had sustained varying degrees of injuries as part of the simulated crash. There was also a staged arrest of a "drunk driver" by police.

"To have the students actually see a real life scenario, and see the outcome, is a lot more realistic and provides them with the images to relate to the potential effects of drunk or drugged driving," explained Hornick.

"Our officers take pride in working with the students during this event to share the educational aspects of STOP DWI. By teaching the potential consequences, it shows them the strict reality of what can

happen," he continued. "It is important for people to know if they drink there are lots of choices to get home safely, and driving isn't one of them."

"We must impress on the students that their whole life can be permanently altered by driving under the influence just once," said DBEMS Chief Steve Kroll, who provided two ambulances for the event. "No emergency responder ever wants to arrive at an accident and find a person who is mortally wounded because somebody drove under the influence. Those young people need to believe that actions can have dire consequences and they should not risk it even once."



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## TOWN AND STATE GOVERNMENT

# Glenmont roundabout resolutions receive unanimous approval

Project is expected to be complete by spring 2021

By ALI HIBBS

hibbsa@spotlightnews.com

**BETHLEHEM**—Town Board members unanimously voted to move forward with the roundabout and sidewalk extension project long discussed for the intersection of U.S. Route 9W with Feura Bush and Glenmont roads.

“This is just the first step in the whole process,” said Town Engineer Paul Penman.

Prior to voting on resolutions related to the project, representatives from Creighton Manning, the civil engineering and surveying firm often hired by the town, not only provided some history about it, but also details about what will happen next.

The package of resolutions, approved unanimously:

- Establishes the Town Board as lead agency under the State Environmental Quality Review Act (SEQRA) and approves a negative declaration regarding significant environmental effects
- Authorizes the implementation and funding of design services provided by Creighton Manning
- Provides general approval of the project
- Authorizes Town Supervisor David VanLuven to execute any necessary agreements with the New York state Department of Transportation, and
- Serves as a bond resolution for the full cost of the project, \$4.845 million, pursuant to permissive referendum

Officials expect the construction phase to begin in the spring of 2020 and be complete by the following spring. Surveying, design and acquisition of the Right of Way are expected to occur during the spring and summer of 2018 and 2019.

There are multiple design concepts to explore for the implementation of a rotary intersection in that area. During the design phases, both the town and Creighton Manning anticipate holding multiple public information meetings, as well as a public pre-construction meeting. Impacted stakeholders and property owners will also be invited to share their thoughts.

During the construction phase, the town will host a project website and utilize social media so residents can stay updated on its progress, as well as coordinate with local police, fire and EMS providers to ensure response times aren't impacted.

Major upcoming tasks include data collection (public surveys, crash information, etc.); environmental reviews; coordination with NYSDOT and the Thruway Authority; identification of right-of-way needs; and the evaluation of pedestrian safety countermeasures. Additionally, according to Creighton Manning, it will be necessary to evaluate a both roundabout and a traffic signal at that intersection.

The project will be 80 percent funded by the state, which will reimburse the town after it takes out a bond for the entire cost. Ultimately, the town will pay just under \$1 million.

Penman predicted that at least two of the three expected public information meetings will take place this year. “Two this year, maybe another one next year. And, if we need another one, we can do another public information meeting.

“We have the scope,” he said, “but now we have to put the actual pen to paper.

“How do you have a walkable



Big changes are forthcoming for this Glenmont intersection.

Michael Hallisey / Spotlight News

rotary,” asked Town Supervisor David VanLuven, noting that many he has seen have been “scary” for pedestrian traffic.

Penman responded that roundabout designs have improved and are utilizing more pedestrian-safe features, such as raised walkways and lighting. “That is something that has been stressed from day one,” he said. “That this has to be pedestrian-friendly.” Public conversations and meetings with the board will play a large role in that, he said.

Before the board unanimously voted in favor of the resolutions to move the project forward, member Jim Foster recommended scheduling the public information meetings in such a way that every resident would have the opportunity to attend at least one meeting, regardless of work schedules.

## Indian Ladder Trail may not reopen

**NEW SCOTLAND**—The Indian Ladder Trail, a popular local tourist attraction for generations, is under threat of never opening again.

The two-mile footpath was etched into the soft limestone on the cliff side of the Helderberg Escarpment after the last Ice Age, more than 13,000 years ago, when glaciers scraped across upstate New York. It has long been a place of interest for both nature lovers and history buffs, providing picturesque views of both the Hudson and Mohawk valleys. Hikers who have traversed the trail are rewarded by small caves and cascading waterfalls within and above the nooks and crannies of its surface.

However, the very same properties which created the natural masterpiece have also led to a string of incidents in which hikers have been injured. Limestone is susceptible to water erosion and often leads to rock falls. State officials closed the Indian Ladder Trail indefinitely last summer after injuries from falling rocks left a local woman paralyzed.

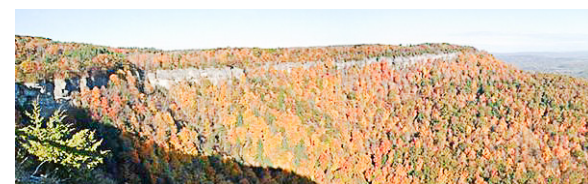
The New York state Office of Parks, Recreation and Historic Preservation is still in the process of making a decision whether or not to reopen the trail to the public on Memorial Day, the day on which state parks open their trails for the summer season.

The department is “currently conducting an assessment to identify what additional steps, if any, need to be taken to open the trail this season,” spokesman Randy Simons told *The Times Union* last week. It is not clear when OPRHP officials plan to make an announcement about the trail's future.

Nancy Ladd-Butz, the local hiker who was seriously injured by falling rocks as she walked the trail last July, has filed a lawsuit against the state.

More than 300,000 people visit Thacher Park every year. Last May, the state opened a brand new \$4.3 million park center. The 8,240 square-foot building was a signature project in the Governor's NY Parks 2020 Plan. Open year-round, it serves as a launching point for visitors to explore the 2,500-acre park. The center was built in close proximity to the start of the Indian Ladder Trail because of its popularity.

— Michael Hallisey



It remains uncertain whether the Indian Ladder Trail will reopen for the season, if ever.

Spotlight News File Photo

by Krysta Dennis

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LOCAL BUSINESS

**Bethlehem Chamber names BCSD board member Citizen of the Year**

ELSMERE — The Bethlehem Chamber of Commerce bestowed its prestigious Citizen of the Year award to longtime school board member Lynne Lenhardt at its annual awards dinner on Thursday, April 26.

Lenhardt, who announced in February she would not seek re-election, has served on Bethlehem Central's school board for 30 years.

Melissa Steen, owner of I Love Books in Delmar, was honored with Business Person of the Year. David DeCancio received an award for Community Spirit and the late John Abbuhl, owner of the Pine Hollow Arboretum, earned the Lifetime Achievement award.

**Delmar man named Siena College's Entrepreneur of the Year**

LOUDONVILLE — Siena College has named Delmar resident Daniel Rutnik as its 2018 Entrepreneur of the Year. He received the award during a special ceremony held Tuesday, April 24, in the college's Standish Library.

Rutnick, who graduated from Siena with a political science degree in 1980, is the founder of Bender Lane Advisory, a downtown Albany-based wealth management firm. Established in 2002, the firm, which now employs 25, provides a variety of financial services to wealthy families and private investment partnerships. Previously, Rutnick was employed for two decades by The Ayco Company, and was serving as a Senior Account Manager in the Encompass Family Office at the time of his departure.

Rutnick, a licensed attorney who received his Juris Doctor from Albany Law School in 1983, was a speaker at Siena's Stack Center for Innovation and Entrepreneurship this semester.

**Falvo's up for sale**

Family meat market has served local community since 1974

By MICHAEL HALLISEY  
halliseym@spotlightnews.com

NEW SCOTLAND — Falvo's Meat Shoppe owner Joe Robilotto is looking to retire and has placed his market up for sale.

"I'm gonna be 78," said Robilotto. "Wouldn't you look to retire?"

The market on New York state Route 85A has been a staple for local consumers shopping for an assortment of meats and party platters since 1974. Over the years, residents have come to Robilotto by the hundreds to buy their Thanksgiving Day turkeys and his old-fashioned sausage dressing, based on his mother's recipe.

"It is an old-fashioned sausage dressing just like my mom used to make," Robilotto told The Spotlight, in a business feature published in 2013. "We use good, fresh seasonings and the meat is not loaded with fat, so it is not going to be greasy."

The Route 85A corridor has been witness to a substantial amount of development over the past several years. Just a few miles south of Falvo's, the Hilton Barn was moved to make way for a 28-unit residential development at the Colonie Country Club. Additional



Michael Hallisey / Spotlight News

development is planned even closer to the family market.

The market itself is listed under Ed Barber, an agent with of Better Homes and Gardens Real Estate, who describes the property as a "turn-key profitable business" located within a growing number of luxury homes, and an upcoming 18,000 square-foot retail store building along Maple Road. According to the advertisement, more than 7,000 motorists drive past the store each day. The market stands on three-quarters of an acre and has a listed value of \$299,000.

Before taking time for a customer, Robilotto joked about only being able to take a week's vacation before recent news of his market being placed on the market. The butcher said he intends to keep his doors open until a sale is finalized.

"It wouldn't be a business worth selling, otherwise," he said.

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## From page 1 ...

### Still sorting things out

In May 2016, the City of Albany sued Normanside, Bethlehem, and other entities and individuals involved with placing an excess of “fill” on the upper portion of the slope on Normanside’s property that ultimately collapsed. Soon after, Normanside filed suit against the town, claiming town officials were aware of the condition of the slope yet ultimately approved a fill permit application without the usual safety requirements.

The first motion to dismiss—“for failure to state a cause of action”—was denied in fall of 2016. The town appealed, and the State of New York Supreme Court, Appellate Division Third Judicial Department rendered its decision to uphold the denial in the middle of April.

“The important thing about today’s decision is that the court has made no determination about who is responsible for the slope failure,” said Town Attorney James Potter, who is not directly handling the case, which he said has been assigned to an independent attorney by the town’s insurance carrier.

“The court had to assume that every fact that Normanside alleged in its complaint was true, and had to give Normanside the benefit of every favorable inference,” Potter said, explaining how the appellate court approaches such motions. “The decision simply means that Normanside can now move forward with its case, but it does not change the fact that Normanside still has the burden of proving each of its allegations.”

Normanside has alleged that a town engineer offered to “override” certain town-mandated

requirements based on confidence in the slope’s integrity and didn’t require the country club to satisfy all mandated components of a fill permit application.

Normanside has further claimed that the town was aware of prior landslides in that area, and that the aforementioned engineer cited a study indicating that the local soil was prone to landslides sometime after the incident occurred. Regardless of this knowledge, the complaint alleges, he had suggested to third parties that they dispose of fill at the property, resulting in “catastrophic failure of the bank.”

“Accepting the complaint’s allegations as true,” reads the April 19 appellate decision, “plaintiffs established a special relationship because defendant knew that a blatant and dangerous safety violation existed on plaintiffs’ property and, notwithstanding this knowledge, affirmatively indicated that the fill activities were safe, and plaintiffs justifiably relied on these representations when they continued to deposit fill on the premises.”

While Potter was unsure what damages are being claimed by Normanside, he said that the direction of the case will be determined by the town’s insurance provider. “Normally,” he said, “the case proceeds to discovery, where documents are exchanged and witnesses are deposed.”

“I’m looking forward to the situation being resolved,” said Town Supervisor David VanLuven. “So everyone—the town, Normanside, the City of Albany—can move on.”

## COMMUNITY

### Library budget vote coming soon

**BETHLEHEM**—On Tuesday, May 15, in addition to weighing in on school district matters, Bethlehem Central School District residents will vote on the proposed \$4.2 Bethlehem Public Library budget and choose candidates to serve two full five-year terms and one partial three-year term on the library’s Board of Trustees.

The proposed budget increases spending by 2.5 percent, or a little more than \$102,000. Increases reflect spending on print and digital materials, as well as an additional \$5,000 to purchase items for the ‘Library of Things.’ There is also an additional \$25,000 included for

furniture and equipment purchases the library says are needed for service enhancements.

Due to a reduction in expected income, the proposed budget includes a tax levy increase of 2.78 percent (\$106,588) to account for both spending increases and income reductions.

Candidate profiles can be found on the library website at [bethlehempubliclibrary.org](http://bethlehempubliclibrary.org).

Residents wishing to meet board candidates will have a chance to do so this evening, Wednesday, May 2, at 6 p.m., in the library’s community room.

There will also be a public budget presentation on Monday, May 14, in advance of the regular Board of Trustees meeting, in the library board room.

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## IN BRIEF

### McKownville church to hold Brooks barbecue fundraiser

**ALBANY**— The McKownville United Methodist Church, located at 1565 Western Ave., will hold a Brooks Chicken Barbecue fundraiser on Saturday, May 5, from 11 a.m. To 7 p.m.

For more information, please call (518) 456-1148 or visit [www.mckownvillechurch.com](http://www.mckownvillechurch.com).

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May 2, 2018

# Spotlight on Sports

www.spotlightnews.com PAGE 6



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[Spotlightnews.com](http://Spotlightnews.com)  
for more sports photos

## ■ HIGH SCHOOL SPORTS

# Road warriors soar to win

**BURNT HILLS** — The Bethlehem boys varsity lacrosse team travelled to Burnt Hills to take on the Spartans in what was predicted to be a close matchup. While the 5-4 Eagles stumbled early and lead by one goal at the half, they poured in six goals during the third quarter to defeat Burnt Hills 15-8.

Ben Reilly and Ethan Sheraw each netted a hat trick and added an assist in the contest. Liam Ferris had two goals and two assists and Alex Breiner had two goals for the Eagles. Cooper Hewison made eight saves for the Spartans.

Mike LeVan and Matt Ropitzky each had two goals for the 3-6 Spartans. Burnt Hills goaltenders Chris Serafini and Blake Wadsworth combined for a total of 19 saves in the contest.

Check out our website for more photos.

— John McIntyre



## ■ COMMUNITY SPORTS

# A Special Olympics

**BURNT HILLS** — Hundreds of athletes, coaches, volunteers, family members and fans converged for the Special Olympics New York Spring Games on Saturday, April 28.

Some 150 athletes came to Burnt Hills-Ballston Lake High School from three regions throughout the Capital District to run, throw, jump, walk and maybe take home a ribbon or a medal as a reward for their hard work.

Check out our website for more photos of the event.

— Jim Franco



**LEGALS****NOTICE OF PLLC FORMATION**

KLAS LAW PLLC. Arts. of Org. filed with the SSNY on 04/19/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 188-04 64th Avenue, #7J, Fresh Meadows, NY 11365. Purpose: For the practice of the profession of Law. D-183260

**NOTICE OF LLC FORMATION**

1016 OCEAN PARKWAY, LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Israel Ashkenazi, 1844 E 26th Street, Brooklyn, NY 11229. Purpose: Any lawful purpose. D-182742

**NOTICE OF LLC FORMATION**

107 LITTLE NECK ROAD LLC. Arts. of Org. filed with the SSNY on 04/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 770 Hill Street, Southampton, NY 11968. Purpose: Any lawful purpose. D-182510

**NOTICE OF LLC FORMATION**

1118 METCALF AVENUE LLC. Arts. of Org. filed with the SSNY on 02/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1533 McDonald Avenue, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-179764

**NOTICE OF LLC FORMATION**

115 LIBERTY LLC. Arts. of Org. filed with the SSNY on 04/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Alan M. Kapson, Esq., 6080 Jericho Turnpike, Suite 214, Commack, NY 11725. Purpose: Any lawful purpose. D-182221

**NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY**

Name: 128 Henry Associates LLC. Articles of Organization filed with sec. of state of NY(SOS) on 11/6/17. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 18 Computer Drive East, Suite 103, Albany, NY 12205. Purpose: Any lawful act or activity. D-180318

**LEGALS****NOTICE OF LLC FORMATION**

1579 EAST 66th STREET LLC. Arts. of Org. filed with the SSNY on 03/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Dr. Gadi Avshalomov, 4017 Greentree Drive, Oceanside, NY 11572. Purpose: Any lawful purpose. D-181355

**NOTICE OF LLC FORMATION**

16 E PARMENTER ST ZENARD LLC. Arts. of Org. filed with the SSNY on 04/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 418 40th Street, Brooklyn, NY 11232. Purpose: Any lawful purpose. D-182523

**NOTICE OF LLC FORMATION**

167 JOHNSTON ST LUCA LLC. Arts. of Org. filed with the SSNY on 04/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 418 40th Street, Brooklyn, NY 11232. Purpose: Any lawful purpose. D-182526

**NOTICE OF LLC FORMATION**

17 COMMERCE LLC. Arts. of Org. filed with the SSNY on 03/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 17 Commerce Street, New York, NY 10014. Purpose: Any lawful purpose. D-181247

**NOTICE OF LLC FORMATION**

188 GREEN LLC. Arts. of Org. filed with the SSNY on 01/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o 1776 Broadway, Suite 800, New York, NY 10019. Purpose: Any lawful purpose. D-180315

**NOTICE OF LLC FORMATION**

2018 PARK LLC. Arts. of Org. filed with the SSNY on 04/23/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Maureen A. Tighe, Esq., 11 Hanover Square, 20th Floor, New York, NY 10005. Purpose: Any lawful purpose. D-183588

**NOTICE OF LLC FORMATION**

251 20TH STREET, LLC. Arts. of Org. filed with the SSNY on 03/20/18. Office: Albany County. SSNY designated as agent of the LLC upon

**LEGALS**

whom process against it may be served. SSNY shall mail copy of process to the LLC, 5309 Fifth Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-180249

**NOTICE OF LLC FORMATION**

255 1ST ST UNIT 4B LLC. Arts. of Org. filed with the SSNY on 04/23/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Marion Ulman, 255 1st Street, Apartment 4B, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-183590

**NOTICE OF LLC FORMATION**

2575 REALTY LLC. Arts. of Org. filed with the SSNY on 03/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 29-23 210 Place, Bayside, NY 11360. Purpose: Any lawful purpose. D-179856

**NOTICE OF LLC FORMATION**

26 ELIZABETH STREET LLC. Arts. of Org. filed with the SSNY on 03/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 183 Centre Street, 6th Floor, New York, NY 10013. Purpose: Any lawful purpose. D-180317

**NOTICE OF LLC FORMATION**

280 MARKS LLC. Arts. of Org. filed with the SSNY on 03/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 280 Saint Marks Avenue, #1G, Brooklyn, NY 11238. Purpose: Any lawful purpose. D-179957

**NOTICE OF LLC FORMATION**

303 PRESIDENT ST LLC. Arts. of Org. filed with the SSNY on 04/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Pamela Peterson, 70 Washington Street, #2G, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-182717

**NOTICE OF LLC FORMATION**

316 58TH STREET LLC. Arts. of Org. filed with the SSNY on 04/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5309 Fifth Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-182679

**LEGALS****NOTICE OF LLC FORMATION**

34-23 32ND STREET, LLC. Arts. of Org. filed with the SSNY on 03/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 34-15 32nd Street, Astoria, NY 11106. Purpose: Any lawful purpose. D-179961

**NOTICE OF LLC FORMATION**

342 PARK AVENUE LLC. Arts. of Org. filed with the SSNY on 04/04/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Elena Colombo, 342 Park Avenue, Brooklyn, NY 11205. Purpose: Any lawful purpose. D-182722

**NOTICE OF LLC FORMATION**

404 4th LLC. Arts. of Org. filed with the SSNY on 03/05/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 434, Lawrence, NY 11559. Purpose: Any lawful purpose. D-182720

**NOTICE OF LLC FORMATION**

430 BRP LLC. Arts. of Org. filed with the SSNY on 03/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 430 Bay Ridge Parkway, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-182196

**NOTICE OF LLC FORMATION**

4601 FIFTH AVE, LLC. Arts. of Org. filed with the SSNY on 03/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5309 Fifth Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-180251

**NOTICE OF LLC FORMATION**

4SIDS 99 STREET LLC. Arts. of Org. filed with the SSNY on 04/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Michael Siderakis, 312 Cresthaven Lane, White-stone, NY 11357. Purpose: Any lawful purpose. D-182482

**NOTICE OF LLC FORMATION**

5 BRIGHTON LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5309 Fifth Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-182679

**LEGALS**

shall mail copy of process to the LLC, c/o Roger Lang, 134 Dean Street, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-182743

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY**

5044 BELLA TERRA PROPERTY LLC  
Articles of Organization were filed with the Secretary of State of New York (SSNY) on April 6, 2018. Office location: County of Albany, State of New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 50 Chapel Street, Albany, NY 12207. For any lawful purpose. D-181964

**NOTICE OF LLC FORMATION**

515EAST7216K LLC. Arts. of Org. filed with the SSNY on 03/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 515 East 72nd Street, 12J, New York, NY 10021. Purpose: Any lawful purpose. D-180825

**NOTICE OF LLC FORMATION**

518 HOME BUYERS LLC. Arts. of Org. filed with the SSNY on 03/09/2018. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 27 Western Ave, Apt 31, Albany, NY 12203. Purpose: Any Lawful Purpose. D-180455

**NOTICE OF LLC FORMATION**

5217 5TH AVE LLC. Arts. of Org. filed with the SSNY on 04/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5309 Fifth Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-182680

**NOTICE OF LLC FORMATION**

5305 5TH AVE LLC. Arts. of Org. filed with the SSNY on 04/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5309 Fifth Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-182684

**NOTICE OF LLC FORMATION**

5346 61st STREET LLC. Arts. of Org. filed with the SSNY on 03/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Anthony Focarile, 135 Deer Park Avenue, Suite 5, Babylon, NY 11702. Purpose: Any lawful purpose. D-182485

**LEGALS**

cess to the LLC, 5346 61st Street, Maspeth, NY 11378. Purpose: Any lawful purpose. D-180830

**NOTICE OF LLC FORMATION**

540 VAN BUREN GARAGE LLC. Arts. of Org. filed with the SSNY on 03/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 275 Columbia Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-180396

**NOTICE OF LLC FORMATION**

55758252WTVW LLC. Arts. of Org. filed with the SSNY on 03/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 252 East 57th Street, Apartment 58C, New York, NY 10022. Purpose: Any lawful purpose. D-181375

**NOTICE OF LLC FORMATION**

57 FRANKLIN STREET, LLC. Arts. of Org. filed with the SSNY on 03/05/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Graubard & Blumenfeld, P.C., 370 Lexington Avenue, 27th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-180699

**NOTICE OF LLC FORMATION**

5J165J17, LLC. Arts. of Org. filed with the SSNY on 03/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 661 Tenth Avenue, New York, NY 10001. Purpose: Any lawful purpose. D-182478

**NOTICE OF LLC FORMATION**

60 E. HARTSDALE HOLDING LLC. Arts. of Org. filed with the SSNY on 04/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8615 17th Avenue, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-183754

**NOTICE OF LLC FORMATION**

68 FORREST AVE, LLC. Arts. of Org. filed with the SSNY on 04/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 275 Columbia Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-180397

**LEGALS****NOTICE OF LLC FORMATION**

6M566M57, LLC. Arts. of Org. filed with the SSNY on 03/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 661 Tenth Avenue, New York, NY 10001. Purpose: Any lawful purpose. D-182478

**NOTICE OF LLC FORMATION**

6P106P87 LLC. Arts. of Org. filed with the SSNY on 03/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 661 10th Avenue, New York, NY 10001. Purpose: Any lawful purpose. D-182481

**NOTICE OF LLC FORMATION**

715 CHURCH AVE LLC. Arts. of Org. filed with the SSNY on 03/23/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Law Offices of Michael Michael PLLC, 1795 Coney Island Avenue, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-180556

**NOTICE OF LLC FORMATION**

7330 72ND STREET LLC. Arts. of Org. filed with the SSNY on 04/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 459 6th Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-182745

**NOTICE OF LLC FORMATION**

750 3RD AVE LLC. Arts. of Org. filed with the SSNY on 04/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8615 17th Avenue, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-183269

**NOTICE OF LLC FORMATION**

85 1/2 SUMMIT STREET LLC. Arts. of Org. filed with the SSNY on 03/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8615 17th Avenue, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-183758

**NOTICE OF LLC FORMATION**

85 INDALE LLC. Arts. of Org. filed with the SSNY on 11/30/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

**LEGALS**

copy of process to the LLC, c/o Martin Perskin, 691 Johnston Terrace, Staten Island, NY 10309. Purpose: Any lawful purpose. D-180453

**NOTICE OF LLC FORMATION**

885 SUNSET LLC. Arts. of Org. filed with the SSNY on 04/10/18. Latest date to dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Sharlene Wellington, 315 Ocean Parkway, Brooklyn, NY 11218. Purpose: Any lawful purpose. D-182487

**NOTICE OF LLC FORMATION**

92 LEXINGTON ALEXUS LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 459 6th Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-182744

**NOTICE OF LLC FORMATION**

92 LEXINGTON ROYAL LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 459 6th Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-182745

**NOTICE OF LLC FORMATION**

94 SUMMIT ST. LLC. Arts. of Org. filed with the SSNY on 03/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 275 Columbia Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-180399

**NOTICE OF LLC FORMATION**

948 3RD AVE LLC. Arts. of Org. filed with the SSNY on 04/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8615 17th Avenue, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-183758

**NOTICE OF LLC FORMATION**

960 DEKALB BEDSTY LLC. Arts. of Org. filed with the SSNY on 03/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 275 Columbia Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-180400

**NOTICE OF LLC FORMATION**

99-07 ASCAN AVE LLC. Arts. of Org. filed with the SSNY on 03/14/18.

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Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Michael Rezhets, 96-15 71st Avenue, Forest Hills, NY 11375. Purpose: Any lawful purpose. D-179756

## NOTICE OF LLC FORMATION

ACE HI REALTY LLC. Arts. of Org. filed with the SSNY on 08/02/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 639 Fifth Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-182144

## NOTICE OF LLC FORMATION

AKAW LLC. App. for Auth. filed with the SSNY on 04/06/18. Originally filed with the Secretary of State of Delaware on 02/28/2017. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Lon Taitz, 210 W. 103rd Street, Apartment 4F, New York, NY 10005. Purpose: Any lawful purpose. D-182175

## NOTICE OF LLC FORMATION

ALESIM LLC. Arts. of Org. filed with the SSNY on 02/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 455 East 86th Street, #17A, New York, NY 10028. Purpose: Any lawful purpose. D-182456

## Notice of formation of Amazon Gab LLC.

Articles of Org. filed with NY Secretary of State (NS) on 02/14/2018, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to Northwest Registered Agent, LLC, at 90 State Street STE 700 Office 40 Albany NY 12207, Northwest Registered Agent, LLC, is designated as agent for SOP at 90 State Street STE 700 Office 40 Albany NY 12207 purpose is any lawful purpose. D-179827

## NOTICE OF LLC FORMATION

AO MGMT LLC. Arts. of Org. filed with the SSNY on 04/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 50-04 248th Street, Little Neck, NY 11362. Purpose: Any lawful purpose. D-182982

## NOTICE OF LLC FORMATION

APPP EQUITIES LLC. Arts. of Org. filed with the SSNY on 04/24/18.

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Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 635 West 42nd Street, Unit 37B, New York, NY 10036. Purpose: Any lawful purpose. D-183821

## NOTICE OF LLC FORMATION

AURORA LAFFITE JEWELRY LLC. Arts. of Org. filed with the SSNY on 03/22/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 93 Newel Street, #2L, Brooklyn, NY 11222. Purpose: Any lawful purpose. D-181249

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

BA HOSPITALITY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on August 29, 2017. Office location: County of Albany, State of New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 19 British American Blvd., Latham, NY 12110. For any lawful purpose. D-183349

## NOTICE OF LLC FORMATION

BALLOONS BY SB LLC. Arts. of Org. filed with the SSNY on 12/21/17. Latest date of dissolution: 12/31/2077. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 45 North Elliot Place, Brooklyn, NY 11205. Purpose: Any lawful purpose. D-183358

## NOTICE OF LLC FORMATION

BB PIZZA & DINE LLC. Arts. of Org. filed with the SSNY on 04/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 605 Southern Boulevard, Bronx, NY 10455. Purpose: Any lawful purpose. D-182689

Notice of Formation of BEDFORD FLUSHING PARKING LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 03/20/2018. Office location: County of Albany. SSNY is designated as agent of the LLC upon whom process may be served. SSNY shall mail copy of process to: 199 Lee Avenue, Suite 807, Brooklyn NY 11211. Purpose: any lawful purpose. D-182302

## NOTICE OF LLC FORMATION

BEL CANTO 8C LLC. Arts. of Org. filed with the SSNY on 04/20/18.

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Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1991 Broadway, 8C, New York, NY 10023. Purpose: Any lawful purpose. D-183432

## NOTICE OF LLC FORMATION

BIANCA'S DOLPHIN VIEW LLC. Arts. of Org. filed with the SSNY on 03/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2900 Westchester Avenue, Suite 102, Purchase, NY 10577. Purpose: Any lawful purpose. D-179954

## NOTICE OF LLC FORMATION

BIG APPLE CURRY LLC. Arts. of Org. filed with the SSNY on 03/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 55 W. 116th Street, #166, New York, NY 10026. Purpose: Any lawful purpose. D-180246

## NOTICE OF LLC FORMATION

BIG BOY REALTY LLC. Arts. of Org. filed with the SSNY on 04/22/15. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4705 5th Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-181694

## NOTICE OF PLLC FORMATION

BIRTH PARTNER MASSAGE THERAPY PLLC. Arts. of Org. filed with the SSNY on 04/18/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 634 4th Avenue, Watervliet, NY 12189. Purpose: For the practice of the profession of Massage Therapy. D-183168

## NOTICE OF LLC FORMATION

BLACK DIAMOND AUTO WASH, LLC. Arts. of Org. filed with the SSNY on 03/20/18. Latest date to dissolve: 12/31/2067. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 47 Gadsden Place, Staten Island, NY 10314. Purpose: Any lawful purpose. D-182191

## LEGAL NOTICE BLACKLISTED EMPRESS LLC

Foreign LLC Notice of NY Publication Pursuant to Section 802 of the Limited Liability Company Law Blacklisted Empress LLC App. For Auth. filed NY Dept of State on

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3/19/18. Juris and date of org: DE 3/14/18. County of loc: Albany Cty. Princ. bus. loc. 29 British American Bl., Latham NY 12110. Sec. of State designated as agent of foreign LLC upon whom process against it may be served. The Sec. of State shall mail a copy of process to the Princ. bus. loc. Addr. of Foreign LLC in DE is 850 New Burton Rd, Ste 201, Dover, DE 19904. Auth. Officer in DE where Cert of Form. filed: Jeffrey W. Bullock, Sec. of State of the State of DE, Division of Corporations, 401 Federal St., Dover, DE 19901. Purpose: All legal purposes. Filer: Lavelle & Finn, LLP, 29 British American Bl., Latham, NY 12110 D-180456

Notice of formation c of Bookkeeping Naturally, LLC. Articles of Org. filed with NY Secretary of State (NS) on 4/11/18, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to NW Registered Agent LLC @ 90 State Street Suite 700 Office 40, Albany, NY 12207, NW Registered Agent LLC is designated as agent for SOP at 90 State Street Suite 700 Office 40, Albany, NY 12207, purpose: any lawful purpose. D-183777

## NOTICE OF LLC FORMATION

BP NEPTUNE 33 LLC. Arts. of Org. filed with the SSNY on 11/07/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-179759

## NOTICE OF LLC FORMATION

BP NEPTUNE 37 LLC. Arts. of Org. filed with the SSNY on 11/07/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-179761

## NOTICE OF LLC FORMATION

BRICKLANE 1 LLC. Arts. of Org. filed with the SSNY on 04/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 79 Second Avenue, New York, NY 10003. Purpose: Any lawful purpose. D-183715

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NOTICE OF LLC FORMATION  
BROOKLYN 4 U REALTY OF DYKER HEIGHTS, LLC. Arts. of Org. filed with the SSNY on 04/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5910 Avenue N, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-183062

## NOTICE OF LLC FORMATION

C & J ROLAND LLC. Arts. of Org. filed with the SSNY on 03/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 491 Briarfield Crossing, Marietta, GA 30066. Purpose: Any lawful purpose. D-181340

## NOTICE OF LLC FORMATION

CABANA LOUNGE, LLC. Arts. of Org. filed with the SSNY on 02/23/18. Latest date to dissolve: 12/31/2048. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Vincent Bonadonna, 35 Bay 37th Street, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-180531

Notice of Formation of CanCap Management, LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on March 19, 2018. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 6 King Avenue, Albany, NY 12206. Purpose: any lawful purpose. D-182223

## NOTICE OF LLC FORMATION

CAROL GARDENS DEVELOPER LLC. Arts. of Org. filed with the SSNY on 11/10/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-179762

## NOTICE OF LLC FORMATION

CASTLETON CHEMISTS LLC. Arts. of Org. filed with the SSNY on 03/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 831 Castleton Avenue, Staten Island, NY 10310. Purpose: Any lawful purpose. D-180872

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NOTICE OF FORMATION OF CATHY D. RENTALS, LLC  
Cathy D. Rentals, LLC filed Art. Of Org. with the SSNY on 04/03/218. Office location: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 149 Lakeview Ave., Valhalla, NY 10595. Purpose: any lawful activity. D-182440

## NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC).

Name: CETF BARN, LLC. Articles of Organization filed with NY Secretary of State, March 28, 2018. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to Pine West Plaza 2, Washington Avenue Extension, Albany, NY 12205. D-180964

## NOTICE OF LLC FORMATION

CF CONSULTING ELEVEN LLC. Arts. of Org. filed with the SSNY on 04/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniels Norelli Scully & Cecere, P.C., 272 Duffy Avenue, Hicksville, NY 11801. Purpose: Any lawful purpose. D-182950

## NOTICE OF LLC FORMATION

CF CONSULTING TEN LLC. Arts. of Org. filed with the SSNY on 04/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniels Norelli Scully & Cecere, P.C., 272 Duffy Avenue, Hicksville, NY 11801. Purpose: Any lawful purpose. D-182949

## NOTICE OF LLC FORMATION

CF CONSULTING THIRTEEN LLC. Arts. of Org. filed with the SSNY on 04/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniels Norelli Scully & Cecere, P.C., 272 Duffy Avenue, Hicksville, NY 11801. Purpose: Any lawful purpose. D-182952

## NOTICE OF LLC FORMATION

CF CONSULTING TWELVE LLC. Arts. of Org. filed with the SSNY on 04/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniels Norelli Scully & Cecere, P.C., 272 Duffy Avenue, Hicksville, NY 11801. Purpose: Any lawful purpose. D-182951

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NOTICE OF LLC FORMATION  
CHILANE LLC. Arts. of Org. filed with the SSNY on 04/12/16. Latest date to dissolve: 12/31/2115. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4101 Boston Road, Bronx, NY 10466. Purpose: Any lawful purpose. D-179852

## NOTICE OF LLC FORMATION

CITARELLA PUBLISHING LLC. Arts. of Org. filed with the SSNY on 03/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2135 Broadway, New York, NY 10023. Purpose: Any lawful purpose. D-181973

## NOTICE OF FORMATION of Limited Liability Company (LLC)

1. The name of the LLC is: CITY SQUIRE ALE HOUSE, LLC  
2. The date of the filing of the Articles of Organization with the Secretary of State of the State of New York (SSNY) is: 11/21/17  
3. The office within New York State of the LLC is located in Albany County.  
4. The SSNY is designated as agent of the LLC upon whom process against it may be served. The post office address to which the SSNY shall mail a copy of any process against the LLC served upon him or her is:  
40 British American Blvd.  
Latham, NY 12110  
5. The purpose of the business of the company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law. D-180922

## NOTICE OF FORMATION OF Limited Liability Company (LLC)

1. The name of the LLC is: CITY SQUIRE PUB, LLC  
2. The date of the filing of the Articles of Organization with the Secretary of State of the State of New York (SSNY) is: 4/3/17  
3. The office within New York State of the LLC is located in Albany County.  
4. The SSNY is designated as agent of the LLC upon whom process against it may be served. The post office address to which the SSNY shall mail a copy of any process against the LLC served upon him or her is:  
40 British American Blvd.  
Latham, NY 12110  
5. The purpose of the business of the company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law. D-180944

## LEGAL

## Notice of Formation of a Limited Liability Company (LLC)

Name: Coastal Line Homes LLC. Articles of Organization filed by the Department of State of New York on: 09/06/2017. Office location: County of Albany. Purpose: Any and all lawful activities. Secretary of State of New York (SSNY) is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: Incorp Services, Inc. One Commerce Plaza 99 Washington Ave., Suite 805-A Albany, NY 12210-2822 Registered Agent: Incorp Services, Inc. One Commerce Plaza 99 Washington Ave., Suite 805-A Albany, NY 12210-2822 D-179951

## NOTICE OF LLC FORMATION

CPW CENTURY HOLDINGS LLC. Arts. of Org. filed with the SSNY on 03/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Central Park West, New York, NY 10023. Purpose: Any lawful purpose. D-181123

## NOTICE OF LLC FORMATION

CQ LANDSCAPING LLC. Arts. of Org. filed with the SSNY on 04/02/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 69 Oswego Street, Staten Island, NY 10301. Purpose: Any lawful purpose. D-181509

## NOTICE OF LLC FORMATION

DALE DELI LLC. Arts. of Org. filed with the SSNY on 04/18/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o William Barrous, 227 South 2nd Street, Apartment 13, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-183224

## NOTICE OF PLLC FORMATION

DANIEL J. WATTS, PLLC. Arts. of Org. filed with the SSNY on 04/19/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 195 Montague Street, 14th Floor, Brooklyn, NY 11201. Purpose: For the practice of the profession of Law. D-183254

## Notice of formation of DKNG GROUP, LLC.

Articles of Org. filed with NY Secretary of State (NS) on 2/1/2018, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of pro-



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cess (SOP) to Registered Agents Inc. at , 90 State Street STE 700 Office 40 Albany NY 12207, Registered Agents Inc. is designated as agent for SOP at 90 State Street STE 700 Office 40 Albany NY 12207. Purpose is any lawful purpose. D-176276

**NOTICE OF LLC FORMATION**

DUMPSTER DAVE, LLC. Arts. of Org. filed with the SSNY on 02/28/18. Office: Greene County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 1204, Cairo, NY 12413. Purpose: Any lawful purpose. D-180302

**NOTICE OF LLC FORMATION**

ELECTROLYSIS SOLUTIONS, LLC. Arts. of Org. filed with the SSNY on 12/11/17, with an existence date of 01/01/2018. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 560 Riverside Drive, #4J, New York, NY 10027. Purpose: Any lawful purpose. D-180865

**NOTICE OF LLC FORMATION**

ELEVEN THIRD STREET LLC. Arts. of Org. filed with the SSNY on 01/05/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Marc Paley, Esq., 801 Second Avenue, Suite 404, New York, NY 10017. Purpose: Any lawful purpose. D-183061

**NOTICE OF LLC FORMATION**

ELITE RIGGING, LLC. Arts. of Org. filed with the SSNY on 03/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 429 Atlantic Avenue, Freeport, NY 11520. Purpose: Any lawful purpose. D-179959

**NOTICE OF LLC FORMATION**

ELKER MANAGEMENT, LLC. Arts. of Org. filed with the SSNY on 04/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 39 East 29<sup>th</sup> Street, Apt. 24B, New York, NY 10016. Purpose: Any lawful purpose. D-182255

**NOTICE OF LLC FORMATION**

EMERALD SEAS DEVCO MOROCCO 1 & 2 LLC. App. for Auth. filed with the SSNY on 03/20/18. Originally filed with Secretary of State of Delaware on 10/02/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it

**LEGALS**

may be served. SSNY shall mail copy of process to the LLC, 54 West 40th Street, New York, NY 10018. Purpose: Any lawful purpose. D-180238

**NOTICE OF LLC FORMATION**

EMORY STEWART LLC. Arts. of Org. filed with the SSNY on 02/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 310 East 2<sup>nd</sup> Street, #3G, New York, NY 10009. Purpose: Any lawful purpose. D-180070

**Notice of formation**

of Erin Muller Makeup, LLC, a domestic LLC. Arts. of Org. filed with SSNY on 3/16/18. Office location: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served and the SSNY shall mail a copy of any process to: The LLC, 41 Cheshire Way, Loudonville, NY 12211. Purpose: any lawful purpose. D-181102

**NOTICE OF LLC FORMATION**

ESM196 LLC. Arts. of Org. filed with the SSNY on 04/18/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Overlook Road, Scarsdale, NY 10583. Purpose: Any lawful purpose. D-183169

**NOTICE OF LLC FORMATION**

FEATURING BLUE, LLC. Arts. of Org. filed with the SSNY on 04/02/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 56 Zachary Court, Staten Island, NY 10310. Purpose: Any lawful purpose. D-181521

**FEIST REALTY LLC**

Articles of Org. filed NY Sec. of State (SSNY) 4/20/2018. Office in Albany Co. SSNY design. agent of LLC whom process may be served. SSNY shall mail process to 265 E. 66th St., Apt. 24B, NY, NY 10065. Purpose: Any lawful purpose. D-183173

**NOTICE OF LLC FORMATION**

FERNANDA ARRUDA LLC. Arts. of Org. filed with the SSNY on 04/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Fernanda Arruda, 200 East 10th Street, Apartment 513, New York, NY 10003. Purpose: Any lawful purpose. D-182468

**LEGALS****NOTICE OF LLC FORMATION**

FIELD OFFICE STRATEGIC AGENCY LLC. Arts. of Org. filed with the SSNY on 04/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Caitlin Robin, 30 Broad Street, Suite 702, New York, NY 10004. Purpose: Any lawful purpose. D-183594

**NOTICE OF LLC FORMATION**

FitTech LLC. Arts. of Org. filed with the SSNY on 04/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kelly Hayes, 256 Fourth Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-183237

**Notice of Formation**

of Fly to Fit Bungee Fitness, LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 03/14/2018. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 259 Lishakill Rd., Colonie, NY 12309. Purpose: any lawful purpose. D-179476

**NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC).**

Name: FOX HOLLOW GREENE LLC. Articles of Organization filed with NY Secretary of State, March 6, 2018. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 25 Foxhollow Greene, Delmar, NY 12054. D-180379

**Notice of formation (domestic) of Free Body Designs, LLC.**

Articles of Org. filed with NY Secretary of State (NS) on 3/27/2018, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to NW Registered Agent LLC @ 90 State St STE 700 Office 40, NW Registered Agent LLC is designated as agent for SOP at 90 State St STE 700 Office 40, purpose is any lawful purpose. D-183072

**NOTICE OF LLC FORMATION**

GARCIA TAXI LLC. Arts. of Org. filed with the SSNY on 01/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 415 West 127<sup>th</sup> Street, New York, NY 10027. Purpose: Any lawful purpose. D-181242

**LEGALS****NOTICE OF LLC FORMATION**

GINNY'S CAFE LLC. Arts. of Org. filed with the SSNY on 04/03/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 7026 3rd Avenue, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-182678

**NOTICE OF LLC FORMATION**

GLK PARTNERS, LLC. Arts. of Org. filed with the SSNY on 03/28/18. Latest date to dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kelly Hayes, 256 Fourth Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-181125

**NOTICE OF LLC FORMATION**

GRACIOUS CONSULTING LLC. Arts. of Org. filed with the SSNY on 03/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 305 East 86th Street, Apartment 4SW, New York, NY 10004. Purpose: Any lawful purpose. D-181238

**NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY**

Name: Grey Ledges Lake George LLC. Articles of Organization filed with sec. of state of NY (SOS) on 4/17/18. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 413 Lincoln Dr., Guilderland, NY 12084. Purpose: Any lawful act or activity. D-182723

**Notice of Formation of Limited Liability Company**

Name: H. H. Wheeler, LLC. Articles of Organization filed with the Secretary of State's Office on April 18, 2018. Office location: Albany County. The Secretary of State has been designated as agent of the Limited Liability Company upon whom process may be served. The Secretary of State shall mail copy of process to the Limited Liability Company at 18 Ten Broeck Place #2, Albany, New York 12210. Purpose: for any lawful purpose. D-183352

**NOTICE OF LLC FORMATION**

HACKD FITNESS LLC. Arts. of Org. filed with the SSNY on 04/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 12 Rit-

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tenhouse Road, Bronxville, NY 10708. Purpose: Any lawful purpose. D-183434

**NOTICE OF FORMATION OF**

**HADA POTSDAM, LLC** On 03/05/2018, Articles of Organization of Hada Potsdam, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSSNY shall mail a copy of any process against it served upon him is Hada Potsdam, LLC, 29 Windsor Ct., Slingerlands, NY 12159. The purpose of the limited liability company is for any lawful business purpose or purposes. D-181982

**NOTICE OF LLC FORMATION**

HARDSCRABBLE HOSPITALITY GROUP, LLC. Arts. of Org. filed with the SSNY on 02/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Martin Weinberg, CPA, Matthews & Co, LLP, 270 Madison Avenue, New York, NY 10016. Purpose: Any lawful purpose. D-180696

**NOTICE OF LLC FORMATION**

HARRIS MANAGEMENT GROUP LLC. Arts. of Org. filed with the SSNY on 04/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 233 Broadway, Ninth Floor, New York, NY 10279. Purpose: Any lawful purpose. D-183731

**NOTICE OF PLLC FORMATION**

HARRY H. INTSIFUL MD, PLLC. Arts. of Org. filed with the SSNY on 04/04/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, P.O. Box 525, Hewlett, NY 11557. Purpose: For the practice of the profession of Medicine. D-182106

**NOTICE OF FORMATION OF HASKINS HOSPITALITY MANAGEMENT GROUP LLC.**

Articles of Organization filed with Secretary of State of NY (SSNY) on 04/17/2018. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 1462

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New Scotland Road, Slingerlands, NY 12159. Purpose: any lawful activity. D-183007

**NOTICE OF LLC FORMATION**

HERO INTERNATIONAL LLC. Arts. of Org. filed with the SSNY on 04/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 98-30 67th Avenue, Apartment 5F, Rego Park, NY 11374. Purpose: Any lawful purpose. D-182954

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY**

HIGH BAY LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on March 20, 2018. Office location: County of Albany, State of New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 17 Colonial Green, Loudonville, NY 12211. For any lawful purpose. D-179952

**NOTICE OF LLC FORMATION**

HIGH END PAINTING AND DECORATING, LLC. Arts. of Org. filed with the SSNY on 04/03/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 57 Queen Road, Mastic Beach, NY 11951. Purpose: Any lawful purpose. D-182141

**NOTICE OF LLC FORMATION**

HOME HARDWOOD ACCESSORIES, LLC. Arts. of Org. filed with the SSNY on 03/14/2018. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 112 Vly Rd, Albany, NY 12205. Purpose: Any Lawful Purpose. D-181128

**HYPE.CLOSET LLC**

Articles of Org. filed NY Sec. of State (SSNY) 3/23/2018. Office in Albany Co. SSNY design. agent of LLC whom process may be served. SSNY shall mail process to 48 Shaker Bay Rd., Latham, NY 12110, which is also the principal business location. Purpose: Any lawful purpose. D-180528

**NOTICE OF LLC FORMATION**

INNOVATIVE VISION DESIGN LLC. Arts. of Org. filed with the SSNY on 04/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Eric Lee, 495 9th Avenue, Unit 1C, New York, NY 10018. Purpose: Any lawful purpose. D-183753

**LEGALS****NOTICE OF LLC FORMATION**

INTERLINK COMMUNICATIONS LLC. Arts. of Org. filed with the SSNY on 04/02/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 148 Beach 118th Street, Rockaway Park, NY 11694. Purpose: Any lawful purpose. D-181522

**NOTICE OF LLC FORMATION**

JACOB M FISHER STUDIO LLC. Arts. of Org. filed with the SSNY on 04/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 40-08 22nd Street, Long Island City, NY 11101. Purpose: Any lawful purpose. D-183238

**NOTICE OF LLC FORMATION**

JONATHAN EHRENBERG LLC. Arts. of Org. filed with the SSNY on 03/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Hunter Drive, Armonk, NY 10504, ATTN: Joseph Demasi. Purpose: Any lawful purpose. D-182741

**NOTICE OF LLC FORMATION**

JZW ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 04/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 323 West 39th Street, Suite 601, New York, NY 10018. Purpose: Any lawful purpose. D-180886

**NOTICE OF LLC FORMATION**

JULEJUAH LLC. Arts. of Org. filed with the SSNY on 03/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 54 West 9th Street, Suite 2, New York, NY 10011. Purpose: Any lawful purpose. D-182696

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC).**

Name: Julian Properties II, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 04/02/2018. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: P.O. Box 11274, 123 W Chandler Heights Road, Chandler, Arizona 85248-9998. Purpose: to engage in any lawful act or activity for which a limited liability company may be formed under section 201 of the Limited Liability Company Law. D-181398

**Notice of Formation**

of June Creative Services LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 3/26/2018. Office location: County of Albany. SSNY is designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: In-Corp Services Inc, One Commerce Plaza - 99

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Washington Ave. Suite 805-A, Albany, NY, 12210-2822. Purpose: any lawful purpose. D-180801

**Notice of Formation**

of JV Mobile Food LLC, Arts of Org. filed with NY Secy of State (SSNY) on April 5, 2018. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to The LLC, 82 Dove Street, Albany, NY 12210. Purpose: any lawful activity. D-182474

**NOTICE OF LLC FORMATION**

JXD REALTY LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Hunter Drive, Armonk, NY 10504, ATTN: Joseph Demasi. Purpose: Any lawful purpose. D-182741

**NOTICE OF LLC FORMATION**

JZW ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 04/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4620 12th Avenue, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-182496

**NOTICE OF LLC FORMATION**

KCYT ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 04/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Chris Young-Taylor, 510 West 52nd Street, #22D, New York, NY 10019. Purpose: Any lawful purpose. D-182701

**NOTICE OF LLC FORMATION**

KGBL HOLDINGS LLC. Arts. of Org. filed with the SSNY on 04/18/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Neufeld, O'Leary & Giusto, Esqs., 370 Lexington Avenue, Suite 908, New York, NY 10017. Purpose: Any lawful purpose. D-183170

**NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY**

Name: KMC Capital, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 3/28/18. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 1111

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Troy Schenectady Road, Latham, NY 12110. Purpose: Any lawful act or activity. D-180858

## NOTICE OF LIC FORMATION

KSESTUDIO LLC. Arts. of Org. filed with the SSNY on 03/22/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kyriakos Kyriakou, 68 Jay Street, Suite 501, Brooklyn, NY 11216. Purpose: Any lawful purpose. D-180955

## NOTICE OF LLC FORMATION

LA DOLCE VITA ON BROADWAY LLC. Arts. of Org. filed with the SSNY on 12/11/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 327 Central Park West, Unit 12AB, New York, NY 10025. Purpose: Any lawful purpose. D-181391

## NOTICE OF LLC FORMATION

Langlois Mental Health Counseling PLLC articles of organization filed with the Secretary of State of NY [SSNY] on 10/11/2017. Office located in Albany County at 200 Delaware Ave., Delmar, NY 12054. SSNY has been designated as agent for the PLLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the PLLC is any lawful activity. D-179847

## NOTICE OF LLC FORMATION

LAP TRANSIT LLC. Arts. of Org. filed with the SSNY on 01/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Pimentel, 3226 Oxford Avenue, Riverdale, NY 10463. Purpose: Any lawful purpose. D-181244

## NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY

Name: LBE Publishing LLC. Articles of Organization filed with sec. of state of NY(SOS) on 3/22/18. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 10 Indian Maiden Pass, Altamont, NY 12009. Purpose: Any lawful act or activity. D-180266

## NOTICE OF FORMATION OF LOUDON ROAD ENTERPRISES LLC.

Arts. of Org. filed with the Secy. of St. of NY (SSNY) on 3/15/2018. O.L.: Albany Co. SSNY designated agent upon whom process may be served against the LLC to P.B.L.: 1165 New

## LEGALS

Loudon Rd., Cohoes, NY 12047. PUR: To engage in any lawful act or activity. D-179944

## NOTICE OF LLC FORMATION

LUPA ENTERPRISES, LLC. Arts. of Org. filed with the SSNY on 05/08/14. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 145 Bismark Avenue, Valley Stream, NY 11518. Purpose: Any lawful purpose. D-180870

## NOTICE OF LLC FORMATION

MANHATTAN ALFIE LLC. Arts. of Org. filed with the SSNY on 04/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 255 West 94th Street, #15T, New York, NY 10025. Purpose: Any lawful purpose. D-183495

## NOTICE OF PLLC FORMATION

MARCO GIARDINA ARCHITECTURE, PLLC. Arts. of Org. filed with the SSNY on 03/23/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 1639 West 2nd Street, Brooklyn, NY 11223. Purpose: For the practice of the profession of Architecture. D-180736

## NOTICE OF LLC FORMATION

MARGERY O. CUNNINGHAM LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Margery Obrentz Cunningham, 219 W. 81st Street, Apt. 9E, New York, NY 10024. Purpose: Any lawful purpose. D-183120

## METICULOUS MEDIA, LLC

Articles of Org. filed NY Sec. of State (SSNY) 03/27/2018. Office in Albany Co. SSNY design. agent of LLC whom process may be served. SSNY shall mail process to 55 Broadway, 3rd Fl., Ste. 308, NY, NY 10006. Purpose: Any lawful purpose. D-180952

## NOTICE OF LLC FORMATION

MGM POWER LLC. Arts. of Org. filed with the SSNY on 04/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2225 81st Street, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-183435

## LEGALS

## NOTICE OF LLC FORMATION

MINX NYC, LLC. Arts. of Org. filed with the SSNY on 04/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 249 90th Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-183122

## NOTICE OF LLC FORMATION

MODI ESTATES LLC. Arts. of Org. filed with the SSNY on 02/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Ashish Modi, 303 East 57th Street, Apt. 44D, New York, NY 10036. Purpose: Any lawful purpose. D-179953

## NOTICE OF LLC FORMATION

MOON DAWG SUNDAES LLC. App. for Auth. filed with the SSNY on 03/27/18. Originally filed with Secretary of State of Pennsylvania on 09/21/2016. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1430 N. 2nd Street, Philadelphia, PA 19122. Purpose: Any lawful purpose. D-182108

## NOTICE OF LLC FORMATION

MORNINGSIDE AND MANHATTAN OWNER, LLC. Arts. of Org. filed with the SSNY on 03/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Greenroad Capital, LLC, 259 West 30th Street, Suite 302, New York, NY 10001. Purpose: Any lawful purpose. D-181393

## NOTICE OF LLC FORMATION

MS 301 EVERGREEN LLC. Arts. of Org. filed with the SSNY on 04/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 300 E. 51st Street, Apartment 7C, New York, NY 10022. Purpose: Any lawful purpose. D-182508

## NOTICE OF LLC FORMATION

NEUDIES LLC. Arts. of Org. filed with the SSNY on 04/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Dollman & Weiss, 225 West 39th Street, Suite 302, New York, NY 10018. Purpose: Any lawful purpose. D-183066

## LEGALS

## Notice of Formation of an LLC: New Loudon Road Realty Company, LLC

Articles of Organization were filed with the Secretary of State of New York (SSNY) on March 29, 2018. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. SSNY shall mail a copy of Process to the LLC, c/o Donald Zee, P.C. 1 Winners Circle, Suite 140, Albany, NY 12205. Purpose: for any lawful purpose. D-182826

## NOTICE OF LLC FORMATION

NEWTOWN BK LLC, Arts. of Org. filed with the SSNY on 03/08/2018. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 55 Waterbury Street, Brooklyn, NY 11206. Purpose: Any Lawful Purpose. D-180071

## NOTICE OF LLC FORMATION

NICHOLAS PALANCE REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 04/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 299 West 12th Street, #2B, New York, NY 10014. Purpose: Any lawful purpose. D-182176

## NOTICE OF LLC FORMATION

NORTH SEA DESIGN & BUILD, LLC. Arts. of Org. filed with the SSNY on 03/08/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 140 East 40th Street, 1A, New York, NY 11968. Purpose: Any lawful purpose. D-179998

## NOTICE OF LLC FORMATION

NYCM 2018 LLC. Arts. of Org. filed with the SSNY on 04/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 381 Park Avenue South, 15th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-182675

## NOTICE OF LLC FORMATION

OUF! LLC. Arts. of Org. filed with the SSNY on 03/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 15 Broad Street, #3830, New York, NY 10005. Purpose: Any lawful purpose. D-181246

## LEGALS

## NOTICE OF LLC FORMATION

PA-SVP LLC. Arts. of Org. filed with the SSNY on 02/05/18. Latest date to dissolve: 12/31/2117. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Argyropoulos & Associates, LLC 31-08 Broadway, Suite 202, Astoria, NY 11106. Purpose: Any lawful purpose. D-176772

## NOTICE OF LLC FORMATION

PADWALA11 LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 W. 57th Street, Apartment 801, New York, NY 10019. Purpose: Any lawful purpose. D-183364

## NOTICE OF LLC FORMATION

PADWALA18 LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 W. 57th Street, Apartment 801, New York, NY 10019. Purpose: Any lawful purpose. D-183366

## NOTICE OF LLC FORMATION

PADWALA27 LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 W. 57th Street, Apartment 801, New York, NY 10019. Purpose: Any lawful purpose. D-183369

## NOTICE OF LLC FORMATION

PADWALA28 LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 W. 57th Street, Apartment 801, New York, NY 10019. Purpose: Any lawful purpose. D-183373

## NOTICE OF LLC FORMATION

PADWALA801 LLC. Arts. of Org. filed with the SSNY on 04/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 W. 57th Street, Apartment 801, New York, NY 10019. Purpose: Any lawful purpose. D-183375

## NOTICE OF LLC FORMATION

PADWALA802 LLC. Arts. of Org. filed with the SSNY on 04/13/18. Of-

## LEGALS

Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 W. 57th Street, Apartment 801, New York, NY 10019. Purpose: Any lawful purpose. D-183377

## NOTICE OF LLC FORMATION

PECKHAMPIX, LLC. Arts. of Org. filed with the SSNY on 03/02/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 16 Canaan Circle, South Salem, NY 10590. Purpose: Any lawful purpose. D-178615

## PETRECKY CONSULTING, LLC

Notice of formation of Petrecky Consulting, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 2/20/18. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, 359 Westwoods Court, Schenectady, New York 12303. Purpose: Any lawful purpose. D-178248

## NOTICE OF LLC FORMATION

PH 420 6TH AVE LLC. Arts. of Org. filed with the SSNY on 09/23/14. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Helene Carvallo, 14 Wall Street, 20th Floor, New York, NY 10005. Purpose: Any lawful purpose. D-178397

## NOTICE OF LLC FORMATION

PHILLIPS ONE LLC. Arts. of Org. filed with the SSNY on 04/18/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Phillips Brokerage, 37-19 Broadway, 2nd Floor, Astoria, NY 11103. Purpose: Any lawful purpose. D-183171

## NOTICE OF LLC FORMATION

PHILLIPS TWO LLC. Arts. of Org. filed with the SSNY on 04/18/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Phillips Brokerage, 37-19 Broadway, 2nd Floor, Astoria, NY 11103. Purpose: Any lawful purpose. D-183172

## LEGALS

## NOTICE OF LLC FORMATION

PHOTON SECURITIES LLC. Arts. of Org. filed with the SSNY on 02/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 39 Broadway, Suite 3300, New York, NY 10006. Purpose: Any lawful purpose. D-178319

## NOTICE OF LLC FORMATION

PIONEER FUNDING GROUP III, LLC. Arts. of Org. filed with the SSNY on 03/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Box 20188, Greeley Square Station, New York, NY 10001. Purpose: Any lawful purpose. D-183124

## NOTICE OF LLC FORMATION

PIONEER FUNDING GROUP IV, LLC. Arts. of Org. filed with the SSNY on 03/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Box 20188, Greeley Square Station, New York, NY 10001. Purpose: Any lawful purpose. D-183127

## NOTICE OF LLC FORMATION

PKD CONSULTING NEW YORK LLC. Arts. of Org. filed with the SSNY on 03/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Helene Carvallo, 14 Wall Street, 20th Floor, New York, NY 10005. Purpose: Any lawful purpose. D-180454

## NOTICE OF LLC FORMATION

PLUS TIME PRODUCTIONS LLC. Arts. of Org. filed with the SSNY on 03/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23 W. 116th Street, 2B, New York, NY 10026. Purpose: Any lawful purpose. D-179904

## NOTICE OF LLC FORMATION

PORKMARLIN LLC. Arts. of Org. filed with the SSNY on 03/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Law Offices of Katz & Matz, P.C., 1350 Avenue of the Americas, 3rd Floor, New York, NY 10019. Purpose: Any lawful purpose. D-181124

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## NOTICE OF LLC FORMATION

PPP CAPITAL REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 01/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 244 East 13th Street, Apartment 19, New York, NY 10003. Purpose: Any lawful purpose. D-177369

## NOTICE OF LLC FORMATION

PRE-PAID RENTS LLC. Arts. of Org. filed with the SSNY on 11/20/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 304 East 51st Street, Brooklyn, NY 11203. Purpose: Any lawful purpose. D-176269

## NOTICE OF LLC FORMATION

PTV REALTY HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 02/23/18. Latest date to dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Tabitha Vellios, 81 Ardmore Avenue, Staten Island, NY 10314. Purpose: Any lawful purpose. D-177895

## NOTICE OF LLC FORMATION

PUNCH FORCE FITNESS LLC. Arts. of Org. filed with the SSNY on 03/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2310 1st Avenue, Apartment #3N, New York, NY 10035. Purpose: Any lawful purpose. D-180247

## NOTICE OF FORMATION OF QSR INVESTORS, LLC

On 02/14/2018, Articles of Organization of QSR Investors, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSSNY shall mail a copy of any process against it served upon him or her is QSR Investors, LLC, 1529 Western Avenue, Albany, NY 12203. The purpose of the limited liability company is for any lawful business purpose or purposes. D-177178

## NOTICE OF LLC FORMATION

Queen Keene Beauty LLC filed with SSNY 12/18/2017. Office: Albany CO. SSNY Desig as

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agent for process & shall mail process to 911 Central Ave #3639. Albany NY 12206 D-178897

**NOTICE OF LLC FORMATION**

R&M CONTRACTING N.Y. LLC, Arts. of Org. filed with the SSNY on 03/14/2018. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Ralph Borriello, 51 Cottonwood Ct., Staten Island, NY 10308. Purpose: Any Lawful Purpose. D-181865

**NOTICE OF PLLC FORMATION**

RADFAN GAZALI, MD PLLC. Arts. of Org. filed with the SSNY on 03/28/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 515 Ovington Avenue, Apartment 4H, Brooklyn, NY 11209. Purpose: For the practice of the profession of Medicine. D-181126

**NOTICE OF LLC FORMATION**

RALLY INVESTCO LLC. Arts. of Org. filed with the SSNY on 03/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1683 Bridgeport Drive NE, Atlanta, GA 30329. Purpose: Any lawful purpose. D-179449

**NOTICE OF LLC FORMATION**

RAMUSHI 2 LLC. Arts. of Org. filed with the SSNY on 02/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2220 Herring Avenue, Bronx, NY 10469. Purpose: Any lawful purpose. D-178639

**NOTICE OF LLC FORMATION**

REACHING OUR GOALS LLC. Arts. of Org. filed with the SSNY on 01/09/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Allan Steiner, 1422 47th Street, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-176988

**NOTICE OF LLC FORMATION**

REALTIME PERFORMANCE LLC. Arts. of Org. filed with the SSNY on 02/08/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 30-90 38th Street, Suite 2L, Astoria, NY 11103. Purpose: Any lawful purpose. D-176706

**LEGALS**

**Notice of Formation** of Rebecca Gardy Photography, LLC. Arts of Org. filed with New York Secy of State (SSNY) on 1/30/18. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 2775 Furbeck Rd., Altamont, NY 12009. Purpose: photography. D-182471

**RECHEN 1076, LLC**

Articles of Org. filed NY Sec. of State (SSNY) 4/20/2018. Office in Albany Co. SSNY design. agent of LLC whom process may be served. SSNY shall mail process to 1076 72nd St., Brooklyn, NY 11228, which is also the principal business location. Purpose: Any lawful purpose. D-183272

**NOTICE OF LLC FORMATION**

REORG LLC. Arts. of Org. filed with the SSNY on 04/04/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to RE-ORG LLC, 3 Solomon Ct, Watervliet, NY 12189. Purpose: Any lawful purpose. D-183498

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY RESIDENCES AT THE CROSSINGS 40 LLC**

Articles of Organization were filed with the Secretary of State of New York (SSNY) on March 2, 2018. Office location: County of Albany, State of New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 399 Albany Shaker Road, Albany, NY 12211. For any lawful purpose. D-179146

**NOTICE OF LLC FORMATION**

RIKO REALTY LLC. Arts. of Org. filed with the SSNY on 03/11/15. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2222 128th Street, College Point, NY 11356. Purpose: Any lawful purpose. D-183543

**NOTICE OF PLLC FORMATION**

ROBIN HUR DDS PLLC. Arts. of Org. filed with the SSNY on 03/23/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 188-01 Union Turnpike, Flushing, NY 11366. Purpose: For the practice of the profession of Dentistry. D-180737

**NOTICE OF LLC FORMATION**

ROCK BOTTOM GAMES LLC, Arts. of Org. filed with the SSNY on 03/06/2018. Office loc: Albany County. SSNY has been designated as

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agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 7 Andrea Court, Watervliet, NY 12189. Reg Agent: U.S. Corp. Agents, Inc. 7014 13th Ave., Ste 202, Brooklyn, NY 11228. Purpose: Any Lawful Purpose. D-183837

**NOTICE OF LLC FORMATION**

ROSEMAR DEVELOPMENT LLC. Arts. of Org. filed with the SSNY on 02/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 476 Timpson Place, Bronx, NY 10455. Purpose: Any lawful purpose. D-177712

**NOTICE OF LLC FORMATION**

ROX INTERNATIONAL LLC. Arts. of Org. filed with the SSNY on 04/04/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 127 S Country Road, Remsenburg, NY 11960. Purpose: Any lawful purpose. D-183130

**Notice of Formation** of RSA INVESTORS LLC, Arts of Org. filed with NY Secy of State (SSNY) on February 20, 2018. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to The LLC, Dawn Homes Management, LLC, 20 Corporate Woods Blvd. Albany, New York. Purpose: any lawful activity. D-178142

**NOTICE OF LLC FORMATION**

RUSTY 73 LLC. Arts. of Org. filed with the SSNY on 06/05/13. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2373 McDonald Avenue, Brooklyn, NY 11223. Purpose: Any lawful purpose. D-177842

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY**

Articles of Organization of Saccocio Enterprises LLC (the "LLC") were filed with the Secretary of State of New York ("SSNY") on February 27, 2018, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o 27 Glade Drive, Niskayuna, New York 12309. The purpose for which the LLC is formed is to engage in the conduct within the purposes for which limited liability companies may be formed under the Limited Liability Company Law of the State of New York. D-179169

**LEGALS****NOTICE OF LLC FORMATION**

SADUDEE OF ALBANY, LLC, Arts. of Org. filed with SSNY on 11/30/17. Off. Loc.: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 1401 Broadway, Watervliet, NY 12189. Purpose: to engage in any lawful act. D-183243

**SAN JOSE STATEN ISLAND LLC**

Articles of Org. filed NY Sec. of State (SSNY) 2/7/2018. Office in Albany Co. SSNY design. agent of LLC whom process may be served. SSNY shall mail process to 6344 Forest Ave., Ridgewood, NY 11385. Purpose: Any lawful purpose. D-176395

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY SAND CREEK ROAD PROPERTY LLC**

Articles of Organization were filed with the Secretary of State of New York (SSNY) on March 9, 2018. Office location: County of Albany, State of New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 14 Corporate Woods Blvd., Albany, NY 12211. For any lawful purpose. D-179145

**NOTICE OF LLC FORMATION**

SARANG HEALING LLC. Arts. of Org. filed with the SSNY on 03/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 275 Madison Street, #3, Brooklyn, NY 11216. Purpose: Any lawful purpose. D-179208

**Notice of formation**

of Saws on Skates LLC. Articles of Org. filed with NY Secretary of State (NS) on 01/19/18, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to United States Corporation Agents, Inc. at 7014 13th Avenue, Suite 202, Brooklyn, NY 11228, United States Corporation Agents, Inc. is designated as agent for SOP at 7014 13th Avenue, Suite 202, Brooklyn, NY 11228, purpose is any lawful purpose. D-176146

**NOTICE OF LLC FORMATION**

SCHAYE HAMPTONS, LLC. Arts. of Org. filed with the SSNY on 03/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Benjamin P. Schaye,

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Esq., 247 West 87th Street, New York, NY 10024. Purpose: Any lawful purpose. D-179038

**NOTICE OF LLC FORMATION**

SCHAYE HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 02/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Benjamin P. Schaye, Esq., 247 West 87th Street, New York, NY 10024. Purpose: Any lawful purpose. D-178637

**NOTICE OF LLC FORMATION**

SCOLIOSIS AND SPINE ONLINE LEARNING LLC. Arts. of Org. filed with the SSNY on 02/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 16 East 96th Street, Suite 1B, New York, NY 10128. Purpose: Any lawful purpose. D-178938

**NOTICE OF LLC FORMATION**

SCRAPS FROZEN FOODS LLC. Arts. of Org. filed with the SSNY on 03/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 417 7th Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-181908

**NOTICE OF LLC FORMATION**

SDJN NYC REAL EST-ATE LLC. Arts. of Org. filed with the SSNY on 03/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Debra J. Millman, Esq., 420 Lexington Avenue, Suite 2834, New York, NY 10170. Purpose: Any lawful purpose. D-182236

**NOTICE OF FILING OF APPLICATION FOR AUTHORITY IN NEW YORK BY A LIMITED LIABILITY COMPANY**

Name: SemJem RE, LLC. Application for Authority filed with sec. of state of NY(SOS) on 2/12/18. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 36 British American Blvd, Latham, NY 12205. Purpose: Any lawful act or activity. D-176716

**NOTICE OF LLC FORMATION**

SERENDIPITY ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 03/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

**LEGALS**

LLC, 225 East 60th Street, New York, NY 10022. Purpose: Any lawful purpose. D-179798

**NOTICE OF LLC FORMATION**

SGL REALTY LLC. Arts. of Org. filed with the SSNY on 01/25/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Sheryl Lieberman, 400 East 77th Street, Apartment 14E, New York, NY 10075. Purpose: Any lawful purpose. D-176580

**NOTICE OF LLC FORMATION**

SHUB'S TAXI LLC. Arts. of Org. filed with the SSNY on 04/23/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 80-10 255th Street, Glen Oaks, NY 11004. Purpose: Any lawful purpose. D-183586

**NOTICE OF LLC FORMATION**

SLOWHAND TAXI LLC. Arts. of Org. filed with the SSNY on 02/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 415 West 127th Street, New York, NY 10027. Purpose: Any lawful purpose. D-178488

**NOTICE OF LLC FORMATION**

SMH18 LLC. Arts. of Org. filed with the SSNY on 02/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 900 Stewart Avenue, Suite 130, Garden City, NY 11530. Purpose: Any lawful purpose. D-177416

**NOTICE OF PLLC FORMATION**

SMITH RIDGE INTEGRATIVE VETERINARY CENTER, PLLC. Arts. of Org. filed with the SSNY on 03/07/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 1 Pine Road, Brewster, NY 10509. Purpose: For the practice of the profession of Veterinary Medicine. D-182282

**NOTICE OF LLC FORMATION**

SMITTY SOLDIT, LLC. Arts. of Org. filed with the SSNY on 02/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1128 77th Street, Brooklyn, NY 11228. Purpose: Any lawful purpose. D-176573

**LEGALS****NOTICE OF LLC FORMATION**

SMOHOME INTERIORS LLC. Arts. of Org. filed with the SSNY on 04/25/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 33 Hutchinson Court, Great Neck, NY 11023. Purpose: Any lawful purpose. D-183836

**NOTICE OF LLC FORMATION**

SOFTSTONE PROPERTIES LLC. Arts. of Org. filed with the SSNY on 02/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Ira Drukier - Elysee Hotel, 60 East 54th Street, New York, NY 10022. Purpose: Any lawful purpose. D-177343

**NOTICE OF PLLC FORMATION**

SOUND DENTAL PLLC. Arts. of Org. filed with the SSNY on 01/24/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 42 Lafayette Street, New York, NY 10013. Purpose: For the practice of the profession of Dentistry. D-178502

**NOTICE OF LLC FORMATION**

SPECIALTY FLEET SERVICES LLC. Arts. of Org. filed with the SSNY on 02/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Franklin, Gringer & Cohen, P.C., 666 Old Country Road, Suite 202, Garden City, NY 11530. Purpose: Any lawful purpose. D-177336

**NOTICE OF LLC FORMATION**

SSJD HOLDINGS LLC. Arts. of Org. filed with the SSNY on 04/04/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23 Stonehurst Drive, Tenafly, NJ 07670. Purpose: Any lawful purpose. D-181861

**NOTICE OF LLC FORMATION**

STAN VANDERBEEK ARCHIVE LLC. Arts. of Org. filed with the SSNY on 04/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Johannes Mikael Vanderbeek, 14 Huntington Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-183265

**LEGALS****NOTICE OF LLC FORMATION**

STARTLINE COACHING, LLC. Arts. of Org. filed with the SSNY on 02/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1219 Dorchester Road, Brooklyn, NY 11218. Purpose: Any lawful purpose. D-178349

**STATION PROPERTIES, LLC**

Articles of Org. filed NY Sec. of State (SSNY) 2/22/2018. Office in Albany Co. SSNY design. agent of LLC whom process may be served. SSNY shall mail process to 350 Northern Blvd., Ste. 110, Albany, NY 12204, which is also the principal business location. Purpose: Any lawful purpose. D-177700

**NOTICE OF LLC FORMATION**

SterileMed, LLC. Arts. of Org. filed with the SSNY on 02/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Joanna Marie Gentile, 63 McDougal Drive, White Plains, NY 10603. Purpose: Any lawful purpose. D-178656

**NOTICE OF LLC FORMATION**

STERNTHAL BOOKS USA LLC. Arts. of Org. filed with the SSNY on 03/05/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Frost & Miller LLP, 260 Madison Avenue, 17th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-181906

**NOTICE OF LLC FORMATION**

STEVE KROLL INNOVATIONS LLC. Arts. of Org. filed with the SSNY on 04/09/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 58 Linda Court, Delmar, NY 12054. Purpose: Any lawful purpose. D-182254

**Notice of Formation of SUMMIT AT SHREWSBURY, LLC.**

Arts. of Org. filed with the Sect'y of State of NY (SSNY) on 03.13.18. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 18 Computer Drive East, Suite 107, Albany, NY 12205. Purpose: any lawful act. D-179950

**SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF ALBANY INDEX #1199/2014 FILED: 4/13/2018 SUPPLEMENTAL SUMMONS AND NOTICE.** Plaintiff designates Al-

**LEGALS**

bany County as the place of trial. Venue is based upon the County in which the mortgage premise is situated. DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE, IN TRUST FOR REGISTERED HOLDERS OF ABFC 2005-AQ1 TRUST, ASSET-BACKED CERTIFICATES, SERIES 2005-AQ1 Plaintiff(s), against, JUDITH KENNEDY, CHRISTINE KRESLOFF, BILL BRUENEAU, ANN BOGDANOWICZ-FOX AND JEFF GRACIA unknown heirs at law of HARRIET MAYO, and if they are dead, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or generally or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors and assigns, all of who and whose names, except as stated, are unknown to plaintiff, CAPITAL ONE BANK (USA), N.A. NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE, "JOHN DOE #1" through "JOHN DOE #12", the last twelve names being fictitious and unknown to plaintiff, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the premises, described in the complaint, Defendant(s). TO THE ABOVE NAMED DEFENDANTS: NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME IF YOU DO NOT RESPOND TO THIS SUMMONS AND COMPLAINT BY SERVING A COPY OF THE ANSWER ON THE ATTORNEYS FOR THE MORTGAGE COMPANY WHO FILED THIS FORECLOSURE PROCEEDING AGAINST YOU AND FILING THE ANSWER WITH THE COURT, A DEFAULT JUDGMENT MAY BE ENTERED AND YOU CAN LOSE YOUR HOME. SPEAK TO AN ATTORNEY OR GO TO THE COURT WHERE YOUR CASE IS PENDING FOR FURTHER INFORMATION ON HOW TO ANSWER THE SUMMONS AND PROTECT YOUR PROPERTY. SENDING A PAYMENT TO YOUR MORTGAGE COMPANY WILL NOT STOP THIS FORECLOSURE ACTION. YOU MUST RESPOND

**LEGALS**

BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE, IN TRUST FOR REGISTERED HOLDERS OF ABFC 2005-AQ1 TRUST, ASSET-BACKED CERTIFICATES, SERIES 2005-AQ1 AND FILING THE ANSWER WITHIN THE COURT. YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not serviced with this summons, to serve a notice of appearance on the Plaintiff's attorney within 20 days after the service of this summons, exclusive of the day of service or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York; The United States of America, if designated as a Defendant in this action, may appear within (60) days of service thereof and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT: THE OBJECT of the above captioned action is to foreclose on a mortgage which was recorded on the office of the Clerk of the County of Albany where the property is located on March 1, 2005 recorded in Liber 4918 of Mortgages at page 1110, in the office of the Clerk of the County of Albany. Said mortgage was then assigned to DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE, IN TRUST FOR REGISTERED HOLDERS OF ABFC 2005-AQ1 TRUST, ASSET-BACKED CERTIFICATES, SERIES 2005-AQ1, by assignment of mortgage which was dated January 20, 2009 and the assignment of which was recorded on February 17, 2009 at the Clerk's office where the property is located covering premises known as 700 Eighteenth Street, Watervliet, NY 12189 (Section: 066 Block: 0001 Lot: 037). The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt described above to the above named Defendants: The foregoing summons is served upon you by publication pursuant to an order of the Hon. David A. Weinstein, an Acting Justice of the Supreme Court of the State of New York dated March 28, 2018 and filed along with the supporting papers in the office of the Clerk of the County of Albany. This is an action to foreclose on a mortgage. ALL that certain plot, piece or parcel of land with the buildings and improvements thereon erected, situate, lying and being in the County of Albany and State of New York.

**LEGALS**

SECTION: 066 BLOCK: 0001 LOT: 037 said premises known as 700 Eighteenth Street, Watervliet, NY 12189. YOU ARE HEREBY PUT ON NOTICE THAT WE ARE ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. By reason of the default in the payment of the monthly installment of principal and interest, among other things, as hereinafter set forth, Plaintiff, the holder and owner of the aforementioned note and mortgage, or their agents have elected and hereby accelerate the mortgage and declare the entire mortgage indebtedness immediately due and payable. The following amounts are now due and owing on said mortgage, no part of any of which has been paid although duly demanded. Entire principal Balance in the amount of \$85,465.25 with interest from May 1, 2013. UNLESS YOU DISPUTE THE VALIDITY OF THE DEBT, OR ANY PORTION THEREOF, WITHIN THIRTY (30) DAYS AFTER YOUR RECEIPT HEREOF THAT THE DEBT, OR ANY PORTION THEREOF, IS DISPUTED, THE DEBT OR JUDGMENT AGAINST YOU AND A COPY OF SUCH VERIFICATION OR JUDGMENT WILL BE MAILED TO YOU BY THE HEREIN DEBT COLLECTOR. IF APPLICABLE, UPON YOUR WRITTEN REQUEST, WITHIN SAID THIRTY (30) DAY PERIOD, THE HEREIN DEBT COLLECTOR WILL PROVIDE YOU WITH THE NAME, ADDRESS OF THE ORIGINAL CREDITOR. IF YOU HAVE RECEIVED A DISCHARGE FROM THE UNITED STATES BANKRUPTCY COURT, YOU ARE NOT PERSONALLY LIABLE FOR THE UNDERLYING INDEBTEDNESS OWED TO PLAINTIFF/CREDITOR AND THIS NOTICE/DISCLOSURE IS FOR COMPLIANCE AND INFORMATIONAL PURPOSES ONLY. HELP FOR HOMEOWNERS IN FORECLOSURE New York State requires that we send you this notice about the foreclosure process. Please read it carefully. SUMMONS AND COMPLAINT You are in danger of losing your home. If you fail to respond to the summons and complaint in this foreclosure action, you may lose your home. Please read the summons and complaint carefully. You should immediately contact an attorney or your local legal aid office to obtain advice on how to protect yourself. SOURCES OF INFORMATION AND ASSISTANCE. The State encourages you to become informed about your options in foreclosure. In addition to seeking assistance from an attorney or legal aid, there are government agencies, and non-profit organizations that you may contact for information about possible options, including trying to

**LEGALS**

work with our lender during this process. To locate an entity near you, you may call the toll-free helpline maintained by New York State Banking Department at 1-877-Bank-NYS or visit the Department's website at www.banking.state.ny.us FORECLOSURE RESCUE SCAMS Be careful of people who approach you with offers to "save" your home. There are individuals who watch for notices of foreclosure actions in order to unfairly profit from a homeowner's distress. You should be extremely careful about any such promises and any suggestions that you pay them a fee or sign over your deed. State law requires anyone offering such services for profit to enter into a contract which fully describes the services they will perform and fees they will charge, and which prohibits them from taking any money from you until they have completed all such promised services. Section 1303 NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving the copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you may lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF MORTGAGE COMPANY AND FILING AN ANSWER WITH THE COURT. Leopold & Associates, PLLC, 80 Business Park Drive, Suite 110, Armonk, NY 10504. Our file #Mayo D-182656

**NOTICE OF LLC FORMATION**

SWIFT PROPERTIES LLC. Arts. of Org. filed with the SSNY on 04/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Swatling Road, Latham, NY 12110. Purpose: Any lawful purpose. D-183649

**NOTICE OF LLC FORMATION**

The name of LLC is T & A Photography LLC. Arts. Of Org. filed with the SSNY on 01/09/2018. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

**LEGALS**

LLC, 8 Ten Eyck Ave, Albany, NY 12209. Purpose: any lawful purpose. D-176525

**T & T CREATIVE MEDIA LLC**

Articles of Org. filed NY Sec. of State (SSNY) 2/1/2018. Office in Albany Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail process to 815 59th St., Apt. 3R, Brooklyn, NY 11220, which is also the principal business location. Purpose: Any lawful purpose. D-176758

**NOTICE OF LLC FORMATION**

TACONIC ELIZABETH STREET PARTNERS LLC. Arts. of Org. filed with the SSNY on 02/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Joey S. Horn, 40 Mercer Street, Apartment 22, New York, NY 10013. Purpose: Any lawful purpose. D-176912

**Notice of Formation of TANGIBLE DEVELOPMENT LLC.**

Arts. of Org. filed with the SSNY on 03.14.11. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: Tangible Development LLC, 4 Century Hill Dr., Latham, NY 12110. Purpose: Any lawful act. D-176697

**NOTICE OF LLC FORMATION**

TARYN SMART LLC. Arts. of Org. filed with the SSNY on 02/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 87 Leonard Street, Apartment 4, New York, NY 10013. Purpose: Any lawful purpose. D-176946

**NOTICE OF LLC FORMATION**

TCEE, LLC. Arts. of Org. filed with the SSNY on 01/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kent Tam, c/o Matthews & Co, LLP, 270 Madison Avenue, New York, NY 10016. Purpose: Any lawful purpose. D-177716

**Notice of Formation of an LLC:**

**TCJ Realty Partners, LLC**

Articles of Organization were filed with the Secretary of State of New York (SSNY) on March 28, 2018. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served, SSNY shall mail a copy of Process to the LLC, c/o Donald Zee,

**LEGALS**

P.C. 1 Winners Circle, Suite 140, Albany, NY 12205. Purpose: for any lawful purpose. D-182104

**Notice of Formation of TEAL ADVISORY SERVICES, LLC.**

Arts. of Org. filed with the Sect'y of State of NY (SSNY) on 03.26.18. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o Couch White, LLP, 540 Broadway, PO Box 22222, Albany, NY 12201-2222. Purpose: any lawful act. D-180597

**NOTICE OF LLC FORMATION**

THE ARMAN COMMITTEE, LLC. Arts. of Org. filed with the SSNY on 01/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 430 Washington Street, New York, NY 10013. Purpose: Any lawful purpose. D-177811

**NOTICE OF LLC FORMATION**

THE BLANK COLLECTION LLC. Arts. of Org. filed with the SSNY on 03/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 791 Greenwich Street, Apartment 8, New York, NY 10014. Purpose: Any lawful purpose. D-179075

**Notice of formation of The Cygnet Group LLC.**

Arts. of Org. filed w/ NY Sec of State (SSNY) on 1/22/19. Office location: Albany County. SSNY is designated as agent of LLC upon whom process maybe served. SSNY shall mail to: 22 Cygnet Cir., Slingerlands, NY 12159. Purpose: any lawful activity. D-180727

**NOTICE OF PLLC FORMATION**

THE LAW OFFICES OF BARRY M. DINERMAN, P.L.L.C. Arts. of Org. filed with the SSNY on 03/20/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 160 Broadway, 14th Floor, New York, NY 10038. Purpose: For the practice of the profession of Law. D-182463

**NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY**

Name: The Music Studio of Albany, New York, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 4/20/18. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to

**LEGALS**

1237 Central Avenue, Albany, NY 12205. Purpose: Any lawful act or activity. D-183239

**NOTICE OF LLC FORMATION**

THE TOLI CENTER EAST LLC. Arts. of Org. filed with the SSNY on 04/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 262 Half Hollow Road, Dix Hills, NY 11746. Purpose: Any lawful purpose. D-183437

**NOTICE OF PLLC FORMATION**

THERESA C. FAN, DDS, PLLC. Arts. of Org. filed with the SSNY on 03/23/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 120 Horton Highway, Apartment D6, Mineola, NY 11501. Purpose: For the practice of the profession of Dentistry. D-180739

**NOTICE OF LLC FORMATION**

THREE PETALS LLC. Arts. of Org. filed with the SSNY on 03/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Graubard & Blumenfeld, P.C., 370 Lexington Avenue, 27th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-183430

**NOTICE OF LLC FORMATION**

TOBY PRIME LLC. Arts. of Org. filed with the SSNY on 03/23/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 60 Lincoln Center Plaza, Unit 502, New York, NY 10023. Purpose: Any lawful purpose. D-180742

**NOTICE OF LLC FORMATION**

TOOL HOUSE, L.L.C. Arts. of Org. filed with the SSNY on 04/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Van Leer & Greenberg, Esqs., 132 Nassau Street, New York, NY 10038. Purpose: Any lawful purpose. D-182709

**NOTICE OF LLC FORMATION**

TRIBECA AESTHETICS LLC. Arts. of Org. filed with the SSNY on 03/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 50 Laight Street, New York, NY 10013. Purpose: Any lawful purpose. D-180248

**LEGALS**

**NOTICE OF LLC FORMATION**

TURNPIKE EVERGREEN, LLC. Arts. of Org. filed with the SSNY on 03/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 790616, Middle Village, NY 11379. Purpose: Any lawful purpose. D-180698

**NOTICE OF LLC FORMATION**

VICTORY MOTORS, LLC. Arts. of Org. filed with the SSNY on 09/26/12. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2020 Boston Post Road, Larchmont, NY 10538. Purpose: Any lawful purpose. D-180529

**Notice of Formation of Vision Planning Consultants LLC.**

Articles of Org. filed with NY Sec. of State (SSNY) on 4/18/18. SSNY is designated agent of LLC for service of process. SSNY shall mail process to P.O. Box 442, Newtonville, NY 12128. Office location: Albany County. Purpose: Any lawful activity. D-183683

**NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A PROFESSIONAL LIMITED LIABILITY COMPANY**

Name: Walbroehl Psychological, P.L.L.C. Articles of Organization filed with sec. of state of NY(SOS) on 3/19/18. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 486 Picard Road, Altamont, NY 12009. Purpose: Any lawful act or activity. D-180006

**NOTICE OF LLC FORMATION**

WALTER MCKENNA AGENCY LLC. Arts. of Org. filed with the SSNY on 03/28/18. Latest date to dissolve: 12/31/2048. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 371 A Tulip Avenue, Floral Park, NY 11001. Purpose: Any lawful purpose. D-181127

**NOTICE OF LLC FORMATION**

WEB RACK LLC. Arts. of Org. filed with the SSNY on 03/20/2018. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Brian Plouffe, 30 Myers Ct, Albany, NY 12205. Purpose: Any Lawful Purpose. D-181987

**NOTICE OF LLC FORMATION**

WEBLEN GROUP LLC. Arts. of Org. filed with the SSNY on 01/02/18.

## OBITUARY

### Samsel, Robert J.

**FEURA BUSH**— Robert Joseph Samsel, 68, of Feura Bush, passed away on April 6, 2018. Surprisingly, he passed, not due to an encounter with a bear or moose in Alaska, which would have been his style, but in St. Peter's Hospital.

His daughter, Tammy Samsel (Marie Nakamura); his sisters, Carol Williams, Kathleen (Louis) Rivituso, Barbara (Donald) Smallwood, Patricia (Rusty) Fox, Alice (Joseph) DiStefano, his girlfriend, Tina Lewis, and his nieces and nephews thought he may be invincible: earning RCS cross-country records; enlisting, proudly serving his country, and earning a purple heart in the United States Marine Corp.; protecting his community as an officer of the Bethlehem Police Department; criss-crossing the United



SAMSEL

States by motorcycle; deep-sea fishing; foraging rivers for gold; traversing the backwoods hunting; and perhaps his most dangerous undertaking, coaching teenage girls.

He was the devoted son (Mama's boy) of the late Alice and Robert Samsel, literally driving them to appointments and movies in their later years, and figuratively driving them crazy with his "smart mouth" and antics.

He loved his family fiercely and will be greatly missed.

Calling hours will be held Saturday, May 5, at New Comer Cremations & Funerals, 343 New Karner Rd., Colonie, from 1 to 2:30 p.m. A memorial service will immediately follow the calling hours at 2:30 p.m. at the funeral home. Entombment will be private, on Monday, May 7, at the Gerald B. H. Solomon Saratoga National Cemetery.

In lieu of flowers, the family requests that donations be made to, Friends of Five Rivers, 56 Game Farm Road, Delmar, NY 12054, or the Disabled American Veterans, P.O. Box 14301 Cincinnati, OH 45250 in Robert's memory.

To leave a special message for the family online, visit [www.NewComerAlbany.com](http://www.NewComerAlbany.com).

## COMMUNITY

### Hazardous Waste and Electronics Collection Day

**SELKIRK**— The Spring Household Hazardous Waste Collection Day will be at the Town Highway Garage on Saturday, May 5, from 8 a.m. to 1 p.m.

The event allows people to drop off various kinds of hazardous waste and electronics to be carefully disposed of. Attendees are encouraged to not leave their cars while dropping off waste; workers are on-hand to safely handle the products. Acceptable waste products to bring include electronics, paints and swimming pool chemicals; paint cans, controlled substances and radioactive materials are not.

A complete list of accepted wastes is available at [www.townofbethlehem.org](http://www.townofbethlehem.org)

The Town's Highway Garage is located at 74 Elm Ave. East in Selkirk.

### 'I Love My Park Day' event

**BETHLEHEM**— North Bethlehem Park will hold its "I Love My Park Day" volunteer event will be on Saturday, May 5 from, 9 a.m. to noon.

Volunteers will help clear hiking paths, plant flowers, and assist with other projects to help get the park ready for use this spring and summer. All ages are welcome to attend, and refreshments will be served all morning. This event is free and open to the public.

The North Bethlehem Park is located at 564 Russell Rd. in Albany.

For more information, please contact the Town of Bethlehem's Parks & Recreation Department at (518) 439-4955, option 3.

### Saturday market returns

**DELMAR**—The Delmar Farmers Market will return to Bethlehem Middle School beginning this Saturday, May 5, from 9 a.m. to 1 p.m.

The market, now in its tenth year, recently announced a ban on plastic bags due to environmental concerns. Vendors at the market sell a variety of goods, including produce, beer, wine, and baked goods.

This event is free and open to the public. Bethlehem Middle School is located at 332 Kenwood Ave.

For a list of participating vendors, go to [delmarmarket.org](http://delmarmarket.org).

### Bumble Bee Watch

**ALBANY**—The Albany Pine Bush Preserve will host a bumble bee watch on Sunday, May 6, from 1 to 2:30 p.m.

The event, which includes a 1-mile hike during which participants will look for bumble bees in the Preserve, is part of a continental effort to track and conserve bumble bees.

This event is free and open to the public. Space is limited and registration is required. Please note that this event may be rescheduled due to inclement weather.

To register visit [www.albanypinebush.org/events](http://www.albanypinebush.org/events).

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3 LBS OR MORE HOT OR SWEET ITALIAN SAUSAGE LINKS OR PATTIES \$2.69 LB.	LEAN & MEATY BEEF SHORT RIBS \$6.99 LB.	DELI-DEPT. SAHLEN (SMOKEHOUSE) OFF THE BONE HAM OR SWISS CHEESE \$5.99 LB.
U.S.D.A. CHOICE & HIGHER WHOLE N.Y. STRIP LOINS 15 Lbs. Avg. Weight \$8.99 LB.	U.S.D.A. CHOICE & HIGHER WHOLE TENDERLOINS PEELED 7 Lbs. Avg. Weight \$16.99 LB.	10 LBS. OR MORE GROUND CHUCK ..... \$3.19 LB. GROUND ROUND ..... \$3.99 LB. GROUND SIRLOIN Extra Lean ..... \$4.29 LB.

Prices Good Thru 5/5/18 • Tuesday-Friday 9-6, Saturday 8-5, Closed Sunday-Monday

#### LEGALS

Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Edward B. Safran, Esq., 88 Pine Street, 7th Floor, Wall Street Plaza, New York, NY 10005. Purpose: Any lawful purpose. D-182140

**NOTICE OF LLC FORMATION**  
WESTCHESTER LIFE REALTY LLC. Arts. of Org. filed with the SSNY on 01/22/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

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LLC, 7 Rye Ridge Plaza, Suite 146, Rye Brook, NY 10573. Purpose: Any lawful purpose. D-180530

**NOTICE OF LLC FORMATION**  
WHEEL HOUSE DESIGNS, LLC, Arts. of Org. filed with the SSNY on 04/06/2018. Office loc: Albany County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Susann Wheeler, 111 Eileen St, Albany, NY 12203. Purpose: Any Lawful Purpose. D-182652

**Notice of Formation**  
of WHITEHALL ML LLC, Arts of Org. filed with NY Secy of State (SSNY) on March 22, 2018. Office

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location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to The LLC, c/o Dawn Homes Management, LLC, 20 Corporate Woods Blvd, Albany, NY 12211. Purpose: any lawful activity. D-181530

**NOTICE OF LLC FORMATION**  
WILSON MG LLC. Arts. of Org. filed with the SSNY on 03/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-

#### LEGALS

cess to the LLC, 12025 SW 137 Terrace, Miami, FL 33186. Purpose: Any lawful purpose. D-181076

**NOTICE OF LLC FORMATION**  
WIZARD MATCH, LLC. Arts. of Org. filed with the SSNY on 03/09/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3725 Henry Hudson Parkway, Suite 1D, Riverdale, NY 10463. Purpose: Any lawful purpose. D-182283

**NOTICE OF LLC FORMATION**  
WOLFPAQ LLC. Arts. of Org. filed with the SSNY on 04/24/18. Office: Al-

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bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 233 Broadway, Ninth Floor, New York, NY 10279. Purpose: Any lawful purpose. D-183735

**WorkingOrder LLC.**  
Arts. of Org. filed with the SSNY on 04/13/2018. Office: Albany County. Northwest Registered Agent, LLC designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to Northwest Registered Agent, LLC at 90 State

To place your Legal Notice: Call 439-4949

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Street STE 700 Office 40, Albany, NY 12207. Purpose: Any lawful purpose. D-182756

**NOTICE OF LLC FORMATION**  
WTJ6E LLC. Arts. of Org. filed with the SSNY on 03/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3 Boxwood Lane, Rye, NY 10580. Purpose: Any lawful purpose. D-180890

**NOTICE OF LLC FORMATION**  
YESMIN & RAFIQ LLC. Arts. of Org. filed with the SSNY on 04/16/18. Office: Albany County.

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SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 110-16 63rd Road, Forest Hills, NY 11375. Purpose: Any lawful purpose. D-183487

**Notice of formation**  
of Your Words Perfect LLC. Articles of Org. filed with NY Secretary of State (NS) on 3/30/2018, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to NW Registered Agent LLC @ 90 State Street Suite 700 Office 40, Albany, NY 12207, NW Registered Agent LLC is designated as

#### LEGALS

agent for SOP at 90 State Street Suite 700 Office 40, Albany, NY 12207, purpose is any lawful purpose. D-183442

**NOTICE OF LLC FORMATION**  
YSB HOLDING LLC. Arts. of Org. filed with the SSNY on 03/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o The Misrok Law Firm, LLP, 30 South Central Avenue, Suite 100, Valley Stream, NY 11580. Purpose: Any lawful purpose. D-182713



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EDITORS: Michael Hallisey@mh\_Spotlight

May 2, 2018

# Spotlight on Opinion

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## LETTERS TO THE EDITOR



*The Spotlight* welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. *The Spotlight* reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to [news@spotlightnews.com](mailto:news@spotlightnews.com). The deadline for all letters is noon Friday prior to publication.

*The Spotlight* also welcomes longer opinion pieces for the Point of View section.

For information on submitting a Point of View, email [news@spotlightnews.com](mailto:news@spotlightnews.com) or call (518) 439-4949.

Our full letter policy can be viewed online at [www.spotlightnews.com](http://www.spotlightnews.com).

Spotlight Newspapers  
Community news  
Starts here

## We have to address town development

Dear Editor,

I have lived in town as both a tenant and a homeowner for more than 20 years. Two of my daughters graduated from Bethlehem Central High School. My youngest daughter attends Elsmere Elementary. Being a father and a husband has provided little time for involvement in local issues.

However, over the past year, the extent of development projects being considered by the Town Board, absent an up-to-date comprehensive plan, has compelled me to become more involved in our community because I care about the fabric of our neighborhoods.

I am increasingly alarmed by the lack of openness, transparency, clarity, and proactive planning on the part of town government and the lack of effective leadership. The current environment places an undue burden on residents who must become watchdogs, ad hoc community organizers, advocates, lobbyists, and self-educators on zoning, easements, traffic patterns, density, etc. This is not an effective system of checks and balances. Residents cannot match developers in terms of expertise and financial resources to advance their agenda.

Another concern is the process that the Town Planning Board uses for the public hearings. The meeting agendas and supporting materials are often not posted until one or two business days prior to the meeting. Public comments are limited to a 10-minute period at the beginning of the meeting — which is before the proposal is discussed by the planning board and the presentation is made by the developer. In the interest of enhancing public

participation, the public comment period for large projects should be held after the proposals are discussed by the developers and the planning board.

While zoning laws should be straightforward, the overarching impact of the current process is a hodgepodge of development that has been evaluated using inconsistent criteria. The lack of clarity further disadvantages town residents.

Zoning is, and always will be, a hot button issue for local communities and Bethlehem has witnessed much growth over the past 15 years or so. What's new, and alarming, is the number of high density developments being proposed in established Bethlehem neighborhoods.

Town government needs to review and update the comprehensive plan that was last updated in 2005. The review process must include a series of public forums that include input from town residents. The need for an updated comprehensive plan has often mentioned been by the Town Supervisor (past and current) and Town Board (past and current), with no action.

When confronted with a similar situation in 2005, the Town declared a moratorium on development pending the creation of a comprehensive plan. Perhaps now is the time for a similar action, which would help alleviate growing tensions and concerns for residents regarding major projects in their neighborhoods, without an updated governing document to rein in developers.

*Kevin Doherty,  
Delmar*

## Throwing her hat into the ring

Dear *Spotlight* readers,

My name is Wendy Samson and I am asking for your support as a write-in candidate for Bethlehem Central School Board. My husband Dan and I have been town residents for 30 years. We have a daughter, Nora, in 8th grade at the middle school. I consider a vacancy on the board of education a very important matter.

My relationship with this school district began in 1987 when I was a UAlbany student completing my education coursework in ELA at the high school with English teacher Robert Feldman, who happened to go to college with my own beloved high school English teacher. After graduating, I subbed and taught English for many years in several area schools, including Bethlehem, Watervliet, Ravena-Coeymans-Selkirk, Shaker Jr., Cambridge and Gunderland. I also worked at the Glenmont Job Corps and Greene Correctional Facility, teaching college literature for Marist College and GED courses at both. For the last ten years I have been working for the State Education Department as an Associate in Instructional Services.

I understand education issues and I want to work for our children and support our teachers. I also want to give back to this community I have called home for more than half my life.

My goal is to listen to all residents as we continue to always improve our school system so that it works for all our students. As an educator and a concerned mother of a teenager, I believe I can offer a unique perspective to the board. Currently, one out of four young adults experiences a mental health issue or addiction. I will work to ensure that our young people can beat those odds. An earlier start time for the high school and programming which concerns the social and emotional well being of elementary school students are already on the radar for our district. As we plan around these initiatives, I will strive to consider the needs of all our students. As we consider new contracts and long term strategies for our district, I will work to keep Bethlehem Schools strong. After all, my name is Samson.

Thank you for your consideration in this important matter.

Sincerely,  
*Wendy Samson,  
Olde Delmar*

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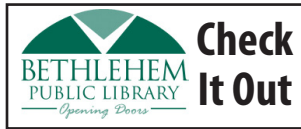
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LIBRARIES AND SENIORS

# Sue Halpern to visit BPL

Author Sue Halpern, whose latest novel "Summer Hours at the Robbers Library" was released in February to wide acclaim, will be at the library Sunday, May 6, at 2 p.m. to talk about her work as part of our Writers and Friends programming sponsored by the Friends of Bethlehem Public Library. Registration is requested.

"Summer Hours at the Robbers Library" is a tender, wry look at a small-town library that is the heart of a community that has seen better times. In the book, Riverton, N.H. librarian, Kit, makes an unlikely connection with a home-schooled teen doing community service at the library for the crime of stealing a dictionary and a former Wall Street whiz whose life has since come unraveled. Kirkus Review notes, "The novel is suffused



with a love of books and reading — each section starts with a line of poetry from a noted poet — and in the end, the library's endearing denizens prove to be very good company."

Halpern's other novels include "The Book of Hard Things," "Four Wings and a Prayer," "Migrations to Solitude," "Introducing ... Sasha Abramowitz," "Can't Remember What I Forgot" and "A Dog Walks into a Nursing Home."

Sign up online at [www.bethlehempubliclibrary.org](http://www.bethlehempubliclibrary.org) or call (518) 439-9314.

All events are free and take place at Bethlehem Public Library, 451 Delaware Ave., Delmar.

— Kristen Roberts

# English High Tea for Mom

Teapots, tea caddies, tea cups and saucers, slop bowls, cream jugs, sugar tongs, napkins, doilies, and many other typical elements are involved in the afternoon tea in England since the 17th century. Come to celebrate Mother's Day at 2 p.m., on Sunday, May 6 and get some insights into the evolution of English tea equipage. You will be treated to the famous clotted cream and scones like the Queen! You have to decide whether to put the cream on first or the jam. Please register.

## Starting Your Outdoor Garden

Join gardener Sharon Miller at 7 p.m. on Tuesday, May 22 for a talk about starting your outdoor garden. We will



discuss preparing the soil, transplanting seedlings and companion planting. Peruse the newly stocked seed collection and choose some new varieties to plant.

The Voorheesville Seed Library is always looking to add to the collection. Contact us to find out about donating your extra seeds from last year's harvest.

## Cloud Storage

Want to get a handle on the nebulous "cloud?" Join us on Wednesday, May 9 at 10:30 a.m. with IT Librarian Andrew Ward.

Registration is requested for all programs. You can register in person, by phone (518) 765-2791.

— Lynn Kohler

# Broadwell Jazz Sextet



Teresa Broadwell — acclaimed jazz vocalist, violinist, bandleader and arranger — brings her signature hot swing/cool jazz sextet to the Library on Sunday, May 6, at 2 p.m. We're very lucky to have the group here, performing a repertoire chocked full of the best standards, swing, bop, and jazz gems! Come early for a good spot! Don't miss it!

## Cyber Security for Tweens (and Parents, too!)

"Is my middle-schooler being safe and smart

online?" Come to Cyber Security for Tweens (and Parents, too!) at the library on Monday, May 7, at 6:30 p.m., and learn about the questions you should be asking and the conversations you need to be having with your kids!

This class is ideal for students in grades 6 through 8, and their parent/caregiver. There will be plenty of time for Q&A. Program provided by the Guilderland Police Department. Please register for the class by calling (518) 456-2400, ext. 4.

— Mark Curiale

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■ COMMUNITY

# V'ville woman wins trip to see 'Hamilton'

Winner 'excited' to see hit show from its original theatre

**SCHENECTADY**—On Monday, April 23, KeyBank and Proctors awarded Voorheesville resident Nicole Consiglio two tickets to attend "Hamilton" in Chicago in May.

In addition to show passes, Consiglio, winner of the KeyBank "Hamilton" Flyaway Sweepstakes, receives an amenities package with roundtrip airfare for two from Albany to Chicago; a two-night hotel stay; dinner for two at Morton's The Steakhouse; car service to and from the hotel; and a \$250 Key Possibilities gift card.

Consiglio and her husband, Steve, will see the hugely popular musical re-telling of America's founding fathers on Saturday, May 19, at the CIBC Theatre.

**Steve Consiglio, winner Nicole Consiglio, Key Private Bank, Capital Region, Market Leader Fran O'Rourke and Proctors Relationships Director Dan Hanifin.**

"I've been dying to see 'Hamilton,'" exclaimed Consiglio. "We're so excited!"

Consiglio, a frequent Proctors patron, and her family, including children, Olivia, 5, and Vinnie, 3, met under the theatre's State Street marquee to receive the award package from Key Private Bank, Capital Region, Market Leader Fran O'Rourke and Proctors Relationships Director Dan Hanifin.

"KeyBank is proud of our long partnership with Proctors and the quality of shows we have been able to bring to the Capital Region through the Key Private Bank Broadway Series," said O'Rourke. "The response to the "Hamilton" Flyaway Sweepstakes was tremendous, and we're thrilled for Nicole and her opportunity to enjoy the "Hamilton" experience in Chicago."

"When we started dating, 15 years ago, Chicago was our first trip as a couple," Consiglio told O'Rourke. "We haven't been back since. This will be our first getaway as parents. It's like it was meant to be!"

"Hamilton" comes to Schenectady for a two-week run, August 13 to 25, 2019, as part of the Key Private Bank Broadway series at Proctors.

Photo credit Kate Penn / Proctors

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**NIGHT & DAY**



**Ellen Sinopoli**

The celebrated dance troupe pays tribute to Leonard Bernstein, honoring the songwriter's 100th birth year, at The Egg on Saturday, May 5.

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**INSIDE**



Arts calendar

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**PICK OF THE WEEK**

# Renaissance Man

E Street Band's Steven Van Zandt takes his band (and lesson plans) to The Palace

By **MICHAEL HALLISEY**  
[halliseym@spotlightnews.com](mailto:halliseym@spotlightnews.com)

**ALBANY** — Steven Van Zandt is a product of the '60s, a period of time he describes as the last, great social renaissance period.

Van Zandt, himself, could be described as a renaissance man. How you know of him may differ from your father. Younger generations recognize him as Silvio Dante in HBO's hit television series "The Sopranos." For decades, however, the guitarist has been a visible and auditory fixture in the E Street Band, famously associated with longtime friend Bruce Springsteen. But, Little Steven's contribution to the music world extends past The Boss.

**IF YOU GO**

- **What:** Little Steven and the Disciples of Soul
- **When:** 8 p.m. on Friday, May 4
- **Where:** Palace Theatre, in Albany
- **How much:** \$29.50 - \$74.50
- **Info:** [www.palacealbany.org](http://www.palacealbany.org)

Continues on page B5

Photo courtesy of Renegade Nation

arts · entertainment · culture

# See what's happening this week!

Check out our **HOT SPOTS** Calendar at: [thespot518.com/hotspots](http://thespot518.com/hotspots)



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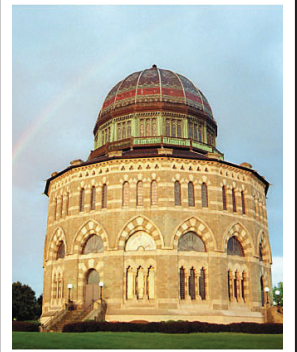


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▶ **quote of the week**

*"I'm a '60s guy. I'm not nostalgic about the '60s. I mean, truth is, I never left. I'm not particularly interested in the modern world, to be perfectly honest. I'm not against it. I'm not opposed to it. I don't have any adversarial feelings towards the modern world. It doesn't interest me so much. I love it when I hear a great new song from somebody. ... I've got so much influence within me from my first 20 years of life. By the end of the '60s, I've got enough good inputs in me to have outputs for forever."*




— Steven Van Zandt, musician, actor



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RECENTLY ANNOUNCED

# OK Music Hall

Tributes to Radiohead and The Beatles in store for Troy Music Hall this season

**TROY** — The Troy Savings Bank Music Hall recently announced two shows for its upcoming 2018-2019 season.

1964: The Tribute returns to the Hall, bringing the 1960s sounds of The Beatles into the historic building in September, followed by The Portland Cello Project performing the entirety of the now classic 1997 Radiohead album, “OK Computer” in October.

Since the early eighties, 1964: The Tribute has been thrilling audiences around the globe by taking them on journey through a quintessential moment in music history that will live forever. Over twenty years of researching and performing have made “1964” masters of its craft.

The band is lauded by critics and fans alike as the most authentic and endearing Beatles tribute, which has earned it the distinction from *Rolling Stone* magazine as the “Best Beatles Tribute on Earth.” 1964 recreates an early ‘60s live Beatle concert with period instruments, clothing, hairstyles, and on stage banter with an accuracy that is unmatched.

1964 is Mark Benson as John Lennon, Mac Ruffing as Paul McCartney, Tom Work as George Harrison, and Bobby Potter as Ringo Starr.

1964 takes the stage on Thursday, Sept. 27, at 7:30 p.m. Tickets range from \$29 to \$34. For more information, visit <http://www.1964web.com>.

## Portland Cello Project

Portland’s premiere alt-classical group brings a huge, orchestral ensemble, including brass and percussion, to perform a night in homage to Radiohead on Saturday, Oct. 27, at 8 p.m.

Patti King of the Portland band The Shins is the guest vocalist for this evening. Expect unique renditions of classical Radiohead pieces that wander from truly epic to breathtakingly intimate.

The first set of the evening is a selection of various Radiohead songs and the second set is, from start to finish, Radiohead’s “OK Computer” album. “OK Computer” is a historic album that has proven over the years to yield an infinite variety of artistic inspiration to people of all walks of life. Cello Project first performed the record in its entirety in 2012 for the 15th anniversary of the album’s release, and ever since then, pieces of it have remained in the group’s repertoire as constantly evolving musical meditations.

All of the cellists in the group are classically trained, and yet, all of them seem to find a unique connection between Radiohead and their musical foundation. The deep layers of sonic ecstasy are reminiscent of so much late-19th-century music of the Western Classical Tradition, but beyond that, each of the cellists have worked to bring out subtleties they discover that hint at everything from Bach counterpoint at times, to rhythms they initially learned counting and performing Stravinsky.

Ticket costs range from \$29 to \$36.

Tickets are available at the Troy Savings Bank Music Hall Box Office, 30 Second Street, Troy, Monday through Friday 10 a.m. to 5 p.m. More information on the Troy Savings Bank Music Hall and upcoming programs is available on the website at [www.troymusichall.org](http://www.troymusichall.org).

The Troy Savings Bank Music Hall has hosted performances by legions of world-renowned artists, from legends like Dizzy Gillespie, Ella Fitzgerald, Isaac Stern, Sergei Rachmaninoff, and Vladimir Horowitz, to the best on today’s contemporary music scene, including Joshua Bell, Andrew Bird, Steve Martin, Lyle Lovett, and John Prine and many others.

## WHAT’S HAPPENING NOW



### PVRIS Concert

Upstate Concert Hall — Thursday, May 3

**CLIFTON PARK** — Rock band PVRIS will perform at the Upstate Concert Hall on Thursday, May 3, at 8 p.m.

Hailing from Lowell, Massachusetts, the band has released two studio albums since their first incarnation in 2012. Their first one, “White Noise,” received positive reviews and carries their song “You and I,” which holds over 24 million listens on Spotify.

Tickets are \$22.50 in advance, and \$25 on the day of the event.

For tickets and more information visit [www.upstateconcerthall.com](http://www.upstateconcerthall.com)

Upstate Concert Hall is located at 1208 NYS Rte. 146 in Clifton Park.

### Gary Hoey Concert

Pearl Street Pub — Thursday, May 3

**ALBANY** — Hard rock guitarist Gary Hoey will perform at the Pearl St. Pub on Thursday, May 3, from 7 to 11 p.m.

Hoey headlines many of his own solo acts, but has performed with Ted Nugent, Brian May, and Deep Purple over the years. He has also performed the national anthem at various events.

Tickets are \$15 for general admission. For more information visit [www.theupperroomalbany.com](http://www.theupperroomalbany.com)

The Pearl St. Pub is located at 49-51 Pearl St. in Albany.

### Brandi Carlile Concert

The Palace Theatre — Sunday, May 6

**ALBANY** — Folk Rocker Brandi Carlile will be performing at the Palace Theatre on Sunday, May 6, at 8 p.m.

Carlile has released 6 albums, and performed her latest one, “By The Way, I Forgive You,” on Jimmy Kimmel Live! She is also known for her philanthropy work, creating the Looking Out Foundation in 2008.

Tickets range from \$35.50 to \$80.

For tickets and more information visit [www.palacealbany.com](http://www.palacealbany.com)

The Palace Theatre is located at 19 Clinton Ave. in Albany.

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WHAT'S HAPPENING NOW



Sevendust / Facebook

Sevendust Concert

Upstate Concert Hall — Wednesday, May 9

CLIFTON PARK — Alternative metal band Sevendust will be performing at the Upstate Concert Hall on Wednesday, May 9, at 7:30 p.m.

The Atlanta-based band has released 12 studio albums since they formed in 1994, with their newest album, "All I See Is War," being released on May 11.

Tickets are \$20 in advance and \$23 on the day of the show.

For tickets and more information visit [www.upstateconcerthall.com](http://www.upstateconcerthall.com)

The Upstate Concert Hall is located at 1208 Rte. 146 in Clifton Park.

FEATURE

# Free Comic Book Day

By SEAN STONE  
intern@spotlightnews.com

On Saturday, May 5, superheroes and villains will descend, bringing costumes, gifts, and charity to the Capital District. It's not a bird, a plane, or even the new Avengers movie — It's this year's Free Comic Book Day.

The free comics come from both the DC and Marvel universe, featuring characters like The Avengers and Batman that have exploded onto the big screen in recent years. Other comics featuring Dr. Who, the Star Wars universe, and The Tick will also be available at stores like Earthworld Comics on Central Avenue in Albany.

The day, "Reintroduce(s) everyone to comics, and free is a good entry point," Earthworld owner JC Glindmyer laughs. Glindmyer grew up a few



Michael Hallisey / TheSpot518

blocks down from the store, frequenting it himself before buying it 33 years ago. The store's slogan is "Rotting minds and seducing the innocent since 1983!"

According to the Free Comic Book Day website, the event started in 2002 and is organized by publishers, distributors and other parts of the comic world. The books are selected from by the publishers, which are in turn sold to retailers at cost price, who then give the books to attendees for free.

More than books

Many of the participating stores coordinate events and special offers to go along with the exclusive books made available on Saturday.

Store patrons at Comic Depot in Saratoga Springs will be introduced to artists who bring beloved characters to life. The list of talent expected to attend includes Nikkol Jelenic, Steve Orlando, Jeff Bonesteel, Paul Harding

and Ron Marz.

"It gives new readers an opportunity to come in here and see what's been going on with comics," said Chris Kaminski, manager at Comic Depot. "Not only that, it gives people who used to collect an opportunity to come back in and take a peek at what it has evolved to."

Earthworld's event will include appearances by Captain Marvel and the store's own Earthgirl, but Glindmyer said that customers get into the spirit as well. He often sees people wear homemade costumes in the store, sometimes with their pets done up as characters as well. One notable hero is local cosplayer Kelly Cary, who makes costumes and has been appearing at Earthworld events for the past 8 years as various characters.

The store also uses the event as an opportunity to give back to the community. The store usually has a charity set up a stand by the building to raise funds. This year

it will be the Sister Maureen Joyce Center Soup Kitchen, which helps low income and homeless people, located just over a mile from the store. Glindmyer said he also helps local school set up their own Free Comic Book Day, putting in orders for the schools to his distributor, and charging them cost. "We have been around because of the community and we feel obligated to give back to them," Glindmyer said.

Glindmyer notes that his customers rotate about every three years, and high schoolers go off to college, and a fresh wave of teens come in. He said that he finds one of the nice things about comic book day is to see families coming to store; old frequent customers bringing in their children to pass along the tradition of comic book reading. Whether a new or returning reader Glindmyer is confident about the day.

"Everyone loves comics, they just don't realize it," he said.

## 518 SONGFEST at THE EGG

Meet the artists as they perform and discuss what makes them tick as creators and musicians.



— FEATURING —

Moriah Formica, from NBC's *The Voice*, Local 518 favs *Super 400*, playing a rare acoustic set  
Up & coming singer/songwriter *Sydney Worthley*  
Pop songster, *Sandy McKnight's Pop-Clique*  
w/s/g Grammy award-winning songwriter *Julie Gold* ("From A Distance")

SONGFEST at the Egg  
MAY 18<sup>th</sup>  
7PM

SongFest is a fundraiser for the Capital District's listener-supported roots and rock radio station, *Exit 97.7 WEXT*, and *Columbia Arts Team (CAT)*, a non-profit arts company that showcases local original music and brings arts programs into area schools.

Advanced tickets are \$20, \$15 & \$9.77  
Available at [www.theegg.org](http://www.theegg.org) or  
The Egg Box Office 518-473-1845



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## From page B1 ... Renaissance Man

Van Zandt grew up just outside Asbury Park. His formative years were spent running with a crowd that included Springsteen and “Southside” Johnny (Lyon). They would hit the local music scene, taking in shows along the Jersey Shore. Later, through their own music, the trio would help define the “New Jersey Sound” that incorporated doo-wop, blues and soul.

“[When] we grew up, there was a different trend every year in the ‘60s,” said Van Zandt, “but soul music was always right there next to rock and roll.” He quickly recalled being able to see a The Kinks, The Beatles and The Rolling Stones along with Marvin Gaye, Smokey Robinson and Curtis Mayfield on a bevy of television shows that included Hillaballo and Shindig!. “It was always very, very integrated, the rock music at the time and soul music. We kind of grew up with that side by side.”

Van Zandt’s contribution to the music world, visibly, is that of a guitarist. In the background, his credits include a long sheet of music he has written and provided to other bands. His songs have gone to friends like Springsteen and Southside, to Gary “U.S.” Bonds, Joey Ramone, Jackson Browne and more. There’s a signature to his music, one that includes the roots of his past influences. Despite his time with the guitar, he’s a master at arranging a horn section.

Pick up a Sam & Dave album and listen. Hear that danceable rhythm and blues often accompanied by a horn section. Throw on a record and you may have people mistake it for an outtake from “Born to Run.” The similarities are not coincidental. Van Zandt’s ear for horn arrangements is what helped him land a spot on the E Street Band. It goes back to a night when Southside, Bruce and Little Steven took in a Sam & Dave show. “It just so completely knocked us out, that me and Southside decided we were going to be the white Sam & Dave,” he said.

Strip away his scowl and his Jersey accent, and Van Zandt reads like a poet from that other Renaissance Period.

“I integrate all of my influences and it comes out the way it comes out,” he said. “There is a certain rootsy element to it. Frankly, if I don’t hear that element to music, I don’t relate to it. I want to hear the roots. I want to hear where it’s coming from. We build on what came before us, it was just the way we were taught to do it. That’s how we came up in that wonderful, flowing river that is rock and roll history. We took what was behind us, we integrated and we came up with something new.”

Little Steven takes to The Palace stage Friday, May 4, integrating his music with a grassroots effort to help school children stay off the streets by preserving music programs at public schools. In addition to musician and thespian, Van Zandt is an activist, something that goes as far back as his “Sun City” protests in the mid-80s.

Van Zandt said he was approached by teacher organizations to help convince Washington to preserve music programs that were being eliminated in public

*Pick up a Sam & Dave album and listen. Hear that danceable rhythm and blues often accompanied by a horn section. Throw on a record and you may have people mistake it for an outtake from “Born to Run.” The similarities are not coincidental. Van Zandt’s ear for horn arrangements is what helped him land a spot on the E Street Band. It goes back to a night when Southside, Bruce and Little Steven took in a Sam & Dave show. “It just so completely knocked us out, that me and Southside decided we were going to be the white Sam & Dave.”*

— Steven Van Zandt,  
musician, actor and activist

schools due to lack of funding in the “No Child Left Behind” era. He said he walked away from conversations with Ted Kennedy and Mitch McConnell knowing nothing would be done, so he said he had an idea.

Through TeachRock.org, an outlet from Van Zandt’s Rock and Roll Forever Foundation, the musician has written 100 lesson plans meant to integrate music and music history with social studies and English courses. His current tour with his band, the Disciples of Soul, is hitting several cities with the added intent of spreading word of the program.

“Ultimately, we really hope to affect the dropout rate; it’s epidemic,” said Van Zandt. “One out of two poor kids are dropping out, and two out of five, nationally. It’s out of control. So, statistics show that if a kid likes one single class, or one single teacher, they’ll come to school. This way, we want to be that class that gets them to school. That’s our one, blg, long-term goal.”

Approximately 1,000 teachers sign-up to the curriculum program each year. Lesson planners can attend a pre-show seminar and invite school children with them to attend the concert for free through TeachRock.org.

Steven Van Zandt and the Disciples of Soul released “Soulfire” last year, lauded by *Rolling Stone* magazine as one of the best albums of the year. *Billboard* magazine described it as possessing a ‘60s sound not often present in today’s Hot 100 music list. Whether the magazine intended to cast shade on Little Steven, it didn’t bother him.

“I’m a ‘60s guy. I’m not nostalgic about the ‘60s. I mean, truth is, I never left,” he said. “I’m not particularly interested in the modern world, to be perfectly honest. I’m not against it. I’m not opposed to it. I don’t have any adversarial feelings towards the modern world. It doesn’t interest me so much. I love it when I hear a great new song from somebody. It might be Adele or Taylor Swift or whoever and that’s wonderful. I’ve got so much influence within me from my first 20 years of life. By the end of the ‘60s, I’ve got enough good inputs in me to have outputs for forever.”

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The Ellen Sinopoli Dance Company / Facebook



**NIGHT: Ellen Sinopoli Dance Company**

**The Egg – Saturday, May 5**

ALBANY — The Ellen Sinopoli Dance Company will perform at The Egg on Saturday, May 5 at 8 p.m.

The company mixes classic pieces with original work, and will perform two pieces by Leonard Bernstein to honor the centennial of his birth. This event is part of the ongoing Dance in Albany put on by The Egg and The University at Albany Performing Arts Center.

Tickets for this event are \$25. For tickets and more information visit [www.theegg.org](http://www.theegg.org)

The Egg is located in the Empire State Plaza.

**DAY: GameFest 2018**

**Troy Atrium – Saturday, May 5**

TROY — Rennselear’s annual GameFest will be at the Troy Atrium on Saturday, May 5 from 11 a.m. to 4 p.m.

The event will showcase student projects, and will have music and keynote speaker Chelsea Hash, the winner of the Best Narrative prize in the annual Game Awards. Other speakers and events will include topics of the entrepreneurship and indie development of games.

This event is free and open to the public.

The Troy Atrium is located at 4 3rd St. in Troy.

**PART OF THE SERIES: Understanding the Aging Journey**

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**Buddies Forever: Life Enrichment for Families Living with Dementia**

Presented by: Erin Bonitto, M.S., A.D.C. Founder and Lead Coach, Gemini Consulting, Inc.


**Wednesday, May 9, 2018 7:00 PM – 9:00 PM**

Daughters of Sarah Nursing Center 180 Washington Ave. Ext., Albany

Explore hands-on dementia communication practices and tools that will provide loved ones living with dementia a sense of pleasure, purpose, and peace. Bonitto’s nationally acclaimed, award-winning dementia project is presented in a down-to-earth style, with real-world wisdom.

For more information and to RSVP, contact: **Lauren Hammer (518) 724-3246 • [hammerl@dosscc.org](mailto:hammerl@dosscc.org)**

*Reservations requested. There is no cost to attend.*



**WHAT’S HAPPENING NOW**

**Having our Say: The Delaney Sisters’ First 100 Years**  
The Linda – Friday, May 4 through Sunday, May 6

ALBANY — The Linda will screen Having Our Say: The Delaney Sisters’ First 100 Year from Friday, May through Sunday, May 13, at 7:30 p.m. and 2 p.m. on Sunday.

The film covers the Delaney sisters’ life, starting in North Carolina before the turn of the 20th century, and continuing through their lives. The film is based on the New York Times bestselling book of the same name.

Tickets are \$20.

For tickets and more information visit [www.thelinda.org](http://www.thelinda.org)

The Linda is located at 339 Central Ave. in Albany.

**Antique Quilts in Upstate New York**  
NYS Museum — Saturday, May 5

ALBANY — The New York State Museum will host a trunk show and discussion of quilts in upstate New York on Saturday, May 5, from 1 to 4 p.m.

The event will include a discussion led by Kathie Greenwold, a historian and author, on the role that quilts had on the women’s suffrage movement.

This event is free.

The event will be held at the New York State Museum Cultural Education Center near the Empire Plaza.

**Kyle Petty Charity Ride Across America Stops in Albany**  
Albany Marriott – Saturday, May 5

ALBANY — The Kyle Petty Charity Ride Across America will stop at the Albany Marriott on Saturday, May 5 from 4:30 to 6:30 p.m.

The charity brings over 200 participants on a trip from Portland, Maine to Greensboro, North Carolina to raise awareness for Victory Junction, a camp that helps children with chronic and serious illnesses. Kyle Petty, famous NASCAR driver, will be in attendance.

This event is free and open to the public.

The Albany Marriott is located at 189 Wolf Rd. in Albany.

## CLUBS

**9 Maple Avenue**

9 Maple Ave., Saratoga Springs.  
www.9mapleavenue.com  
Fri: **Eric Walentowicz** | 9 p.m.  
Sat: **Out of the Box** | 9 p.m.

**Arsenal City Tavern**

795 3rd Ave., Watervliet.  
(518) 874-1767  
Thur: **Karaoke** | 7 p.m.  
Fri & Sat: **Jim McArdle** | 9 p.m.  
Sat: **Andy Halloran** | 8 p.m.

**Arthur's Market**

35 N. Ferry St., Schenectady.  
(518) 382-1938  
Wed: **Kenny Kimball's  
Open Mic** | 7 p.m.  
Thurs: **MaltaCoustic** | 7 p.m.  
Fri: **Peter VanKeuren** | 7 p.m.  
Sat: **Cantankerous Synergy** | 2 p.m.  
**Tango** | 7 p.m. (\$12 inc. lesson,  
food & drink)

**Athos**

1814 Western Ave., Albany.  
(518) 608-6400  
Fri: **Perry Beekman** | 6:30 p.m.

**Caffè Lena**

47 Phila St., Saratoga Springs.  
(518) 225-0882  
Thur: **Todd Sheaffer** | 7 p.m.  
Fri: **Ellis Hall** | 8 p.m.  
Sun: **The Lonely Heartstring Band**  
| 7 p.m.  
Mon: **Open Mic** | 7 p.m.  
Tue: **Chuck Lamb Trio  
w/ John Ellis** | 7 p.m.

**Carney's Tavern**

17 Main St., Ballston Lake.  
(518) 280-7959  
Every Thur: **Matty Finn** | 6 p.m.  
Fri: **The Collectors** | 7:15 p.m.  
Sat: **Winchester & Young** | 7:15 p.m.

**Carson's Woodside Tavern**

57 NY-9P, Malta.  
(518) 584-9791  
Thur: **Pete Pashoukos** | 7 p.m.  
Fri: **Jeff Walton** | 7 p.m.  
Sat: **PJ Ferguson Duo** | 7 p.m.

**Centre Street Pub**

308 Union St., Schenectady.  
(518) 393-2337  
Thur: **Rob Fleming** | 6 p.m.  
Fri: **Joe Driscoll** | 9 p.m.  
Sat: **Speed Limit 5-Zero** | 9 p.m.  
Every Mon: **Open Mic** | 8 p.m.

**Chatham Brewing**

59 Main St., Chatham.  
(518) 697-0202  
Fri: **Amy Ryan Band** | 8 p.m.  
Sat: **Larry Parker** | 8 p.m.

**Chrome Food & Spirits**

405 Hudson River Rd., Waterford.  
(518) 326-2725  
Wed: **The Life of Jose Reyes,  
Close to Nothing, Feral Meryl,  
My Only Memories** | 7 p.m.  
Thur: **Mushroomhead** | 7 p.m.

**Club Helsinki**

405 Columbia St., Hudson.  
(518) 828-4800 or helsinkiHUDSON.com  
Fri: **Eilen Jewell** | 8 p.m.  
Sat: **Veronica Nunn, Leslie Ritter,  
Adrien Reju, Jay Collins, Scott Petito,  
Danny Blume, Roberto Rodriguez,  
Travis Shook, Rachel Z**  
(The music of Joni Mitchell) | 9 p.m.  
Sun: **Varla Jean Merman** | 7 p.m.

**Diamond Club Grill**

Embassy Suites  
88 Congress St., Saratoga Springs. (518) 886-1111  
Wed: **Derby Pregame Party** | 5:30 p.m.

**Dinosaur Bar-B-Que**

377 River St., Troy.  
(518) 308-0400  
Fri: **Groovestick** | 9 p.m.  
Sat: **Mixed Roots** | 9 p.m.

# HOT SPOTS

## EVENTS CALENDAR



### Looks can be deceiving...

Comedian Dale Jones brings his beyond high energy show, featuring machine gun delivery, exaggerated facial expressions, physical comedy and quick improvisations to the Albany Funny Bone Comedy Club and Restaurant in Crossgates Mall Thursday through Sunday nights. Tickets are still available for all six performances. For more information or to purchase tickets, call (518) 131-7484 or [albany.funnybone.com](http://albany.funnybone.com)

Photo courtesy  
comedian's official website

**Dukes Chophouse**

Rivers Casino,  
1 Rush St., Schenectady.  
(518) 579-8850  
Fri: **Ed Salvo** | 5:30 p.m.  
Sat: **Azzaam Hameed** | 5:30 p.m.

**Eden Cafe**

269 Osborne Rd., Loudonville.  
(518) 977-3771  
Thur: **Joe Carrick** | 4:30 p.m.  
**Marc Hecker** | 6 p.m.  
Fri: **Stanton MacDownes** | 7:30 p.m.  
Sat: **Cinco De Mayo** | 7:30 p.m.  
Sun: **Sarah Schrom** | 12:30 p.m.  
Mon: **Songwriters Circle  
with Mike Short** | 6:30 p.m.  
Tues: **Open Mic Al Dente** | 7:30 p.m.

**Emack & Bolio's**

366 Delaware Ave., Albany.  
(518) 512-5100  
Fri: **King Arthur Junior** | 7 p.m.  
Sat: **Emerald Dawn** | 7 p.m.  
Every Tue: **Open Mic** | 7 p.m.

**Fuze Box**

12 Central Ave., Albany.  
(518) 703-8937  
Fri: **DJ Hunter, K-SpeK, Boss Salvage**  
(Hexcore) | 9 p.m.  
Sat: **Hasty Page, Perfect Score,  
The Wildcard, Subtleties w/ DJs  
Derek DiScanio & Jake MNX** | 9 p.m.  
**Gaffney's**  
16 Caroline St., Saratoga Springs.  
(518) 587-7359  
Wed: **Masters of Nostalgia** | 8:30 p.m.  
Tue: **Open Mic w/ Rick Bolton** | 8 p.m.

**Grappa '72**

818 Central Ave., Albany.  
(518) 482-7200  
Wed & Thur: **Hamilton Street  
Jazz Company** | 6:30 p.m.  
Fri: **Annette Harris  
& Azzaam Hameed** | 6:30 p.m.

**The Half Moon**

48 S. Front St., Hudson.  
thehalfmoonHUDSON.com  
Fri: **Emily Ritz Album Release Show**  
| 8 p.m.

**Hamlet and Ghost**

24 Caroline St., Saratoga Springs.  
(518) 450-7287  
Wed: **Hot Club of Saratoga Trio** | 7 p.m.

**The Hollow Bar + Kitchen**

79 N. Pearl St., Albany.  
(518) 426-8550  
Thur: **Clay Cook** | 9 p.m.  
Sat: **The Heavy Pets, Goose** | 9 p.m.

**J.J. Rafferty's**

847 New Loudon Rd., Latham.  
(518) 783-6800  
Wed & Thur: **Live DJ** | 8 p.m.  
Fri: **DJ Billy** | 9 p.m.  
Sat: **Karaoke** | 5 p.m. - **DJ Billy** | 9 p.m.

**The Low Beat**

335 Central Ave., Albany.  
(518) 432-6572  
Every Wed: **The Deadbeats** | 10 p.m.  
Fri: **Haunted Cat, Hill Haints,  
Grab Ass Cowboys** | 8 p.m.  
Fri: **The Absentees** | 6 p.m.  
Sat: **The Ratz, Marko and the Bruisers**  
| 7 p.m.  
Sun: **Marbin, Redshift** | 7:30 p.m.

**LT's Grill**

2305 Nott St. E., Niskayuna.  
(518) 374-7455  
Thur: **Thirteen Feet of Bluegrass**  
| 6:30 p.m.

**McGeary's**

4 Clinton Square, Albany.  
(518) 463-1455  
Wed: **Best Damn Open Mic Ever with  
Mother Judge** | 7:30 p.m.  
Sun: **Blues Jam** | 7:30 p.m.

**Mocha Lisa's Caffe**

Clifton Park Center  
22 Clifton Country Rd., Clifton Park.  
(518) 383-5373  
Fri: **Mike Herman** | 7 p.m.  
Sat: **Jim McArdle** | 7 p.m.

**Moon & River Caf **

115 S. Ferry St., Schenectady.  
(518) 377-5100  
Wed: **the Little Meeting that Could  
(change the world)** | 5 p.m.  
Thurs: **Running the River** | 7 p.m.  
Fri: **14th Anniversary: Kevin Mitchell  
and Tim Barker** | 7 p.m.

Sat: **the Grid** | 2 p.m.  
**Zach and Romario** | 7 p.m.  
Sun: **Rock Star Open Mic** | 7:30 p.m.

**Mouzon House**

1 York St., Saratoga Springs.  
(518) 226-0014  
Thur: **Hot Club of Saratoga Trio** | 7 p.m.  
Fri: **Mark Tolstrup & The Dixie Boys**  
| 6 p.m.  
Sat: **Joe Gitto & Dan Wancyk** | 6:30  
Sun: **Jeanine Ouder Kirk Trio** | 6 p.m.

**Nanola**

2639 US Rte. 9, Malta.  
(518) 587-1300  
Fri: **Aquanett** | 9 p.m.  
Sat: **Electric City Horns** | 9 p.m.

**Oh Bar**

304 Lark St., Albany.  
(518) 463-9004  
Thur: **Karaoke** | 10 p.m.

**O'Slattery's Irish Pub**

318 Delaware Ave., Delmar.  
(518) 439-5634  
Every Wed: **Dan Sherwin** | 6:30 p.m.  
Thur: **Geo Doody** | 7 p.m.  
Fri: **Kilashandra** | 7 p.m.  
Sat: **Adirondack Whaling Company**  
| 7 p.m.

**Parish Public House**

388 Broadway, Albany.  
(518) 365-0444  
Fri: **Caribbean Crisis, Hilltop,  
Static Flag** | 9 p.m.  
Sat: **Teddy Midnight, Bushicks** | 9 p.m.

**Panza's**

510 NY Rte. 9P (on Saratoga Lake),  
Saratoga Springs.  
(518) 584-6882  
Wed: **Chrisine Spero** | 6:30 p.m.  
Sat: **Azzaam Hameed** | 6:30 p.m.

**Pauly's Hotel**

337 Central Ave., Albany.  
paulyshotel.com  
Wed: **Nick Ferrero** | 8:30 p.m.  
Fri: **The Cause, Slik Nik & Tex's  
Playboys, Va Va Voodooos** | 8:30 p.m.  
Sat: **Pidarreggero, Nemes,  
Odd Cadre, RGK** | 8 p.m.  
Sun: **Human Host** | 8 p.m.  
Mon: **Blue Monday Blues Jam** | 8 p.m.

**Prime at Saratoga National**

458 Union Ave., Saratoga Springs.  
(518) 583-4653  
Fri: **Hot Club of Saratoga Trio** | 6 p.m.  
Sun: **Joe Sorrentino Trio (Jazz brunch)**  
| 10:30 a.m.

**Provence**

Stuyvesant Plaza,  
1475 Western Ave., Albany.  
(518) 689-7777  
Fri: **Andrea Scow Band** | 6 p.m.

**Putnam Place**

63a Putnam St., Saratoga Springs.  
(518) 584-8066  
Every Wed: **Body Pressure**  
(techno/house dance party) | 9:30 p.m.  
Thur: **Everyone Orchestra** | 9 p.m.  
Fri: **Lucid, Funky Dawgz Brass Band,  
Adrian Aardvark** | 9 p.m.  
Sat: **Wild Adriatic, After Funk** | 9 p.m.

**Ravenswood Grill & Tavern**

1021 NY 146, Clifton Park.  
(518) 371-8771  
Fri: **The Schmooze** | 8 p.m.  
Sat: **Season Change** | 8 p.m.

**Renaissance Hall**

820 Eastern Ave., Schenectady.  
(518) 237-2787  
Sun: **Cliff Brucker & Friends** | 11:30 a.m.

**River Street Pub**

194 River St., Troy.  
(518) 271-4177  
Every Wed: **Karaoke** | 8 p.m.  
Thur: **Burly, Welcome Center,  
Human Host** | 9 p.m.  
Fri: **Bodacious Cowboy, Glass Pony,  
Tom McWatters** | 8 p.m.  
Sat: **Greasy Fingers** | 8 p.m.

**Romo's Pizza & Restaurant**

365 Feura Bush Rd., Glenmont.  
(518) 449-5871  
Sat: **PlusOne Duo** | 6 p.m.

**Roux**

10 Vista Blvd., Slingerlands.  
(518) 487-4358  
Fri: **Tim Williams** | 6 p.m.

**Rustic Barn Pub**

150 Speigletown Rd., Troy.  
(518) 235-5858  
Every Thur: **Open Mic** | 8 p.m.

Fri: **Kyle Bourgault Band** | 8 p.m.  
Sat: **River Junction Band** | 8 p.m.  
Sun: **Maurizio Russomanno** | 3 p.m.

**Sake Japanese Steakhouse**

611 Troy-Schenectady Rd., Latham.  
(518) 785-7215  
Sat: **Breakin' Up the House** | 7:30 p.m.

**Salt & Char**

453 Broadway, Saratoga Springs.  
(518) 450-7500  
Sun: **Hot Club of Saratoga** | Noon

**Savoy Taproom**

301 Lark St., Albany.  
(518) 599-5140  
Fri: **Flying Rob & Friends** | 6 p.m.  
**The Age** | 10 p.m.

**Speakeasy 518**

42 Howard St., Albany.  
(518) 449-2332  
Wed: **Shaun McCarthy** | 8 p.m.  
Thur: **Tyler Giroux** | 9 p.m.  
Fri: **George Muscatello Trio** | 9 p.m.  
Sat: **Dave Fisk Trio** | 9 p.m.  
Every Mon: **Joe Finn** | 8 p.m.  
Tue: **Mike Jenkins and The Fat Ties**  
(swing night) | 8 p.m.  
Wed: **Cliff Brucker** | 8 p.m.

**Stockade Inn**

1 North Church St., Schenectady.  
(518) 346-3400  
Thur: **Tommy Verrigni** | 7 p.m.  
Fri: **Carla Metz & Larry Acunto** | 7 p.m.

**Towne Tavern**

2850 NY 43, Averill Park.  
(518) 674-3040  
Fri: **Katie Louise** | 8:30 p.m.  
Sat: **Tapstry** | 8:30 p.m.

**Troy Kitchen**

77 Congress St., Troy.  
(518) 268-0068  
Thur: **Joe Barna's Jazz in the Now**  
| 7 p.m.

**Upstate Concert Hall**

1208 NY 146, Clifton Park.  
(518) 371-0012  
upstateconcerthall.com  
Thur: **PVRIS, Slenderbodies,  
Candy Ambulance** | 7:30 p.m.  
Wed (5/9): **Sevendust,  
Memphis May Fire,  
Fire from the Gods,  
Madame Mayhem** | 7:30 p.m.

**Van Slyck's at Rivers Casino**

1 Rush St., Schenectady.  
(518) 579-8800  
Fri & Sat: **Kevin Richards** | 9 p.m.  
Mon: **The Oldies Show** | 2 p.m.

**Vapor Night Club**

Saratoga Casino Hotel  
342 Jefferson St., Saratoga Springs.  
(518) 581-5775  
Fri: **Vinny Michaels Band** | 8 p.m.  
Sat: **Official Derby After Party  
with Dee Jay Element** | 9 p.m.

**Vintage House**

897 Broadway, Albany.  
(518) 650-6546  
Wed: **Dave Gleason & Mike Lawrence**  
| 6 p.m.

**Waterworks Pub**

76 Central Ave., Albany.  
(518) 465-9079  
Thur: **DJ Shawn Gillie** | 11 p.m.  
Fri: **Karaoke** | 10 p.m.  
Sat: **DJ David Barna** | 10 p.m.  
Mon: **Karaoke** | 10 p.m.

**Wicked Sports Pub**

1602 U.S. Rte 9., Clifton Park.  
(518) 383-8771  
Every Thur: **Open Mic** | 8 p.m.

**Wishing Well Restaurant**

745 Saratoga Rd., Wilton.  
(518) 584-7640  
Sat: **Rob Aronstein** | 6 p.m.

**Yono's**

25 Chapel St., Albany.  
(518) 436-7747  
Fri: **Hamilton Street Jazz Duo**  
| 6:30 p.m.

# MUSIC

## Old Songs Open Mic

Sign up to play for a 15 minute set. Wed., May 2, 7:30 p.m., Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$3. (518) 765-2815 or oldsongs.org

## Tom Russell

The leading music chronicler of the American West celebrates the release of two recordings, "Folk Hotel," a solo release of original songs from fall 2017, and "Old Songs Yet to Sing," the newest recording with his longtime performing partner, Andrew Hardin, available for the very first time at the concert. Presented by The Eighth Step. Thurs., May 3, 7:30 p.m. Proctors Education Center, 432 State St., Schenectady. Advance, \$30 (increases to \$32 day of show); Gold Circle seats, \$50. (518) 346-6204 or tickets.proctors.org

## John Popper

The harmonica-wielding frontman of Blues Traveler performs "The Hits, The Stories, The Experience," an evening of classic tunes and entertaining stories. Singer-songwriter Katrina Woolverton will open. Thurs., May 3, at 8 p.m. Swyer Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$39.50; limited seats remain. (518) 473-1845 or tickets.theegg.org

## Little Steven and The Disciples of Soul

Solo artist and touring/recording member of Bruce Springsteen's E-Street Band tours in support of "Soulfire," his first solo album in nearly 20 years. Fri., May 4, at 8 p.m. Palace Theatre, 19 Clinton Ave., Albany. \$29.50, \$39.50, \$49.50, \$59.50 and \$74.50. (518) 465-4663 or www.palacealbany.org/events/detail/little-steven-and-the-disciples-of-soul

## College Finale

### Concert & Afterparty

Lineup features A Boogie Wit Da Hoodie, Don Q, Jacques, Dave East, Saweetie, Rich The Kid, and Blac Youngsta. Fri., May 4; doors at 8 p.m. for 9 p.m. concert. Times Union Center, 51 South Pearl St.,

Albany. \$35, \$45, \$55, \$79, and \$105. (518) 487-2000, (800) 745-3000 or www.timesunioncenter-albany.com/college-finale-concert-afterparty

## Lora Al-Ahmed

Prize-winning pianist will perform a program of sonatas by Beethoven, Prokofiev and Schumann, along with Leonard Bernstein's "Five Anniversaries" to mark the centennial of his birth. Reception to follow concert. Presented by Young Musicians Forum. Sat., May 5, at 2 p.m. Niskayuna Branch Library, 2400 Nott St. East, Niskayuna. Free, donations accepted. (518) 377-1764

## PEL Piano Trio

The internationally known trio, featuring Saint Rose alumna Patricia Brady-Danzig, a pianist, will perform with guest artists the New Scotland Avenue children's choir, directed by Josephine Amore. The program will include Haydn's Piano Trio Number One in G Major and light classical favorites, such as "Tales from the Vienna Woods" by Johan Strauss, "Hungarian Dance" by Johannes Brahms, and "Maple Leaf Rag" by Scott Joplin. Sat., May 5, at 3 p.m. Picotte Recital Hall, Massry Center for the Arts, The College of Saint Rose, 1002 Madison Ave., Albany. Free. (518) 337-4871 or www.strose.edu/campus-offices/massry-center-for-the-arts/

## Spring Concert

Capital Community Voices, directed by Julie Panke, will present "Sunny, with a Chance of Song," featuring jazz, classic and contemporary songs related to the weather. Chorus will be accompanied by pianist Joanna Towse, bassist Randall Jennings, and percussionist James lacketta. Special guests are the Fifth Grade Green Meadow Elementary School Chorus directed by Danielle Rumney. Reception to follow. Sat., May 5, at 7:30 p.m. Columbia High School, 962 Luther Rd., East Greenbush. Adults, \$10; seniors and students \$8. (518) 370-5434 or ccvsings.blogspot.com

## Jamcrackers

Three solo performers—Peggy Lynn, Dan Berggren and Dan Duggan—create this dynamic, romantic trio whose traditional

and original songs echo the timeless beauty of the Adirondack wilderness. Presented by the Eighth Step. Sat., May 5, at 7:30 p.m. The Addy, Proctors, 432 State St., Schenectady. Advance, \$24; Gold Circle seating sold out. (518) 346-6204 or tickets.proctors.org

## Yarn

Americana band making a name for itself with its vibrant, inspired back porch melodies and narrative descriptive lyrics that detail the challenges faced when one's life is jolted off its bearings. With special guests Strait Up, a George Strait tribute band. Sat., May 5, at 8 p.m. The Hangar on the Hudson, 675 River St., Troy. \$16.52 (inc. service fee). Additional information and link to purchase tickets at www.facebook.com/pg/theHangarTroy/events/

## David Olney

"Americana Pioneer" singer-songwriter will perform songs from his latest release, "Don't Try to Fight It," as well as from his deep catalog which spans several decades. He'll be accompanied by bassist Daniel Seymour. Sat., May 5, at 8 p.m. Sand Lake Center for The Arts, 2880 NY Rte. 43, Averill Park. \$18. (518) 674-2007 or slcactp.ticketleap.com/david-olney

## Lux Aeterna

The Albany Pro Musica Masterworks Series presents Morten Lauridsen's exquisite Lux Aeterna and Michael Haydn's moving Requiem. Sun., May 6, at 3 p.m. Troy Savings Bank Music Hall, 30 2nd St., Troy. \$35 or \$45. (518) 273-0038 or tickets.troymusicall.org

## Seth Rosen's Concert to Combat Cancer

The Columbia & District Pipe Band of Hudson are hosting this concert to benefit Seth Rosen, a member of its piping community, who is battling cancer for the third time. Sun., May 6, at 4 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$25; proceeds to benefit the Rosen family to help offset the cost of treatment. (518) 346-6204 or tickets.proctors.org

## Taylor Ho Bynum and Tomas Fujiwara

Cornetist and drummer incorporate all manner of inspiration into their purely musical dialogues to celebrate the roots and branches of jazz. Sun., May 6, at 7 p.m. The Sanctuary for Independent Media, 3361 6th Ave., Troy. \$15. (518) 272-2390 or www.mediasanctuary.org

## Brandi Carlile

American folk rock and Americana singer/songwriter tours in support of her latest release, "By The Way, I Forgive You." With special guest, American singing and songwriting duo The Secret Sisters, made up of vocalists Laura Rogers and Lydia Slagle. Sun., May 6, at 7:30 p.m. Palace Theatre, 19 Clinton Ave, Albany. \$35.50, \$40.50, \$50.50, \$60.50 and \$70.50. (518) 465-4663 or www.palacealbany.org/events/detail/brandi-carlile

## William Close and The Earth Harp Collective

Sock Out Cancer presents this benefit concert featuring the internationally renowned ensemble known for its original hybrid of classical and contemporary music, played on the concert's centerpiece: Close's Earth Harp. Its giant strings will run from the stage out over the audience, allowing the audience to experience the music from within the instrument. Tues., May 8, at 8 p.m. Palace Theatre, 19 Clinton Ave., Albany. 38, \$48, and \$58, with net proceeds benefiting the foundations at Albany Medical Center and St. Peter's Hospital to assist financially distressed families focus their efforts on beating cancer. (518) 465-4663 or www.palacealbany.org/events/detail/sock-out-cancer

## Y La Bamba

The band's frontwoman, Luz Elena Mendoza, influenced by the melodies and stories of traditional Mexican folk songs, returns to themes of searching, metamorphosis, shared humanity, and a faith that is greater than just religion its 2016 release "Ojos del Sol." Concert also features performances by The Parlor, the wife and husband duo of Jen

O'Connor and Eric Krans, who create an intimate brand of art-pop, and Bell's Roar, the name of producer, songwriter and vocalist Sean Desiree's solo project. Wed., May 9, 8 p.m. The Linda, WAMC's Performing Arts Studio, 339 Central Ave., Albany. \$12. (518) 465-5233 or www.theilinda.org/event/y-la-bamba-w-s-g-the-parlor/

## Brand X

The group, which started out as a studio band in London for many of Brian Eno's solo albums, is touring in support of its latest release, "Locked & Loaded." Founders John Goodsall and Percy Jones remain at the helm. Thurs., May 10, at 8 p.m. Cohoes Music Hall, 58 Remsen St., Cohoes. Parquet seats, \$39 and Orchestra seats, \$45; Meet and Greet add on package available for \$30. (877) 987-6487 or www.ticketfly.com/event/1660148

## Lil Rev

Well known on the international ukulele scene as a protector of old songs and playing styles, including early blues, Tin-Pan Alley, old time, Yiddish and American folk. Part of Old Songs' Spring into Uke two-day event. Fri., May 11, 7:30 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. Concert only tickets: Adults, \$20 online or \$22 by phone or at the door; children ages 12 and under, \$5. Full Spring into Uke package, which includes admission to this concert and to Saturday's All Day Ukulele Intensive, \$50. (518) 765-2815 or oldsongs.org

## Alejandro Escovedo

The renowned songwriter and singer who has performed with punk innovators The Nuns, alt-country rock pioneers Rank & File, and the Texas bred darlings True Believers, who appears on numerous recordings, including collaborations, tribute albums and his own solo releases. With special guest Americana influenced new folk artist Kris Gruen. Fri., May 11, at 8 p.m. Cohoes Music Hall, 58 Remsen St., Cohoes. Parquet seats, \$30; Balcony seats, \$25. (877) 987-6487 or www.ticketfly.com/event/1659318

## Blue Machine

Troy based rock and roll quartet made up of lead singer Tommy Love and musicians Lori Friday, Kenny Hohman and Joe Daley of Super400, plus special guest Craig Dryer, who has played with The Stones' Keith Richards, will perform an entire show of Rolling Stones hits. Fri., May 11, at 9 p.m. Hangar on the Hudson, 675 River St., Troy. \$11.34 (inc. service fees). Additional information and link to purchase tickets at www.facebook.com/pg/theHangarTroy/events/

## All Day Ukulele Intensive

Event features workshops, an open mic, and an evening concert with Lil Rev, Nemo, Mark Menard and Ron Golden. Sat., May 12, from 10:30 a.m. to 9:30 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$50. (518) 765-2815 or oldsongs.org

## Terrance Simien & The Zydeco Experience

Two-time Grammy award winning artist and 8th generation Louisiana Creole continues to shatter the myths about what his indigenous Zydeco roots music is and is not. Sat., May 12, 7:30 p.m. Cohoes Music Hall, 58 Remsen St., Cohoes. Balcony seats, \$12; Parquet seats, \$15 and Orchestra seats, \$19. (877) 987-6487 or www.ticketfly.com/event/1683224

## Josh Ritter

A special, solo acoustic show by the acclaimed songwriter and musician, who released his ninth studio album, "Gathering," last September. American singer songwriter Caitlin Canty, whose music carves a line through folk, blues, and country ballads, will open. Sat., May 12, at 8 p.m. Troy Savings Bank Music Hall, 30 2nd St., Troy. \$35; limited number of \$50 Gold Circle tickets available. (518) 273-0038 or tickets.troymusicall.org

## Parsonsfield

Western Massachusetts-based band which continues to push the boundaries of its members' harmony-driven grassroots origins while creating its own distinctive style of Americana integrating pop and bold rock flourishes along the

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## CLUES ACROSS

- In bed
- Project portfolio management
- \_\_\_ Bator: Mongolian capital
- Roamed
- Notre Dame legend Parseghian
- Nothing (Spanish)
- Not level
- Self-contained aircraft unit
- Baseball broadcaster Caray
- \_\_\_ Tomei, actress
- "The Raven" writer
- Bathrooms
- Skilled inventors
- Forcefully silence
- Remove
- The arrival of daylight
- Split lentils
- "Walking Dead" actress
- A lazy person
- Doctors' group
- Crooks
- Fragrant essential oil
- Conjured
- One who predicts
- Scarlett's home
- Television network
- Something comparable to another
- What a thespian does
- Word element meaning life
- Italian island
- "King of Queens" actress Remini
- Jogged
- Norse gods
- Lazily
- Midway between northeast and east
- Hindu queen

## CLUES DOWN

- Top Rank boxing promoter
- \_\_\_ fide (Latin)
- At all times
- Hindu female deity
- Tufts of hairs on plant seeds
- Edited
- Portuguese archipelago
- Your parents' brothers
- Pakistani city
- Farewell
- Short sleep sessions
- Remove salt
- Drug officers
- One and only
- The Golden State
- Fabric baby carrier (abbr.)
- Quid pro \_\_\_
- New England research university
- Baseball pitcher's stat
- Western India island
- \_\_\_ Angeles
- Midway between east and southeast
- British singer Stewart
- Suggesting the horror of death and decay
- Riding horse
- Where wrestlers work
- Regions
- Of a main artery
- Not classy
- Competed against
- Biscuit-like cake
- Large ankle bones
- Computer company
- "Friends" actress Kudrow
- "Chocolat" actress Lena
- Brain folds

Answers on Pg. B21



way. Sat., May 12, at 8 p.m. Hangar on the Hudson, 675 River St., Troy. \$14.45 (inc. service fees). Additional information and link to purchase tickets at [www.facebook.com/pg/theHangarTroy/events/](http://www.facebook.com/pg/theHangarTroy/events/)

### Skye Trio

Celist Abby Newton, guitarist Lyn Hardy, and pianist Selma Kaplan have, both individually and collectively, been playing music forever. Now Abby's violinist daughter, Rosie, joins them as they combine their individual talents to perform the traditional music of Scotland and the U.S. with the sensitivity and joy of true seasoned musicians. With special guest fiddler Rosie Newton. Sat., May 12, at 8 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Adults, \$19.90; 18 and younger, \$11.50 (prices include fees). (518) 674-2007 or [slcactp.ticketleap.com/skye-trio](http://slcactp.ticketleap.com/skye-trio)

### Pickin' & Singin' Gatherin'

Monthly sing-around for the whole family with good company, plenty of singing, playing, and listening to various types of traditional and contemporary folk music. Sun., May 13, from 1 to 4 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. Free. (518) 765-2815 or [oldsongs.org](http://oldsongs.org)

### Yanni

The legendary instrumental performer and composer celebrates the 25th anniversary of his "Live At The Acropolis," his first ever live album and concert video, with a world tour. Sun., May 13, 7 p.m. MainStage, Proctors, 432 State St., Schenectady. \$35 to \$150, with VIP upgrade option available; instructions available on ticketing website. (518) 346-6204 or [tickets.proctors.org](http://tickets.proctors.org)

### Memorial Concert Band of Colonie

Community band concludes its 19th season with its annual POPS concert. Music Director and Principal Conductor Doug Dougherty will lead the band through a program full of film and Broadway pieces by well-known composers, including George Gershwin, Leonard Bernstein, Andrew Lloyd Webber, John Williams and Henry Mancini. Wed., May 16, at 7:30 p.m. Mark Cornell Auditorium, Colonie Central High School, 1 Raider Blvd., Albany. Free. [www.memorialbandcolonie.org](http://www.memorialbandcolonie.org) or [www.facebook.com/groups/MemorialBandColonie/](http://www.facebook.com/groups/MemorialBandColonie/)

### Traditional Irish Slow Session

Play traditional Irish music with Hilary Schrauf. Wed., May 16, 7:30 to 9 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$4. (518) 765-2815 or [oldsongs.org](http://oldsongs.org)

## THEATER

### 'Arsenic & Old Lace'

Joseph Kesselring's classic mystery-farce about two delightfully poisonous old ladies, their daffy nephew, and an eccentric cast of madcap characters. Through Sat., May 5. Shows: Thursday at 7:30 p.m., Friday and Saturday at 8 p.m., and Sunday at 3 p.m. Curtain Call Theatre, 1 Jeanne Jugan Ln., Latham. \$25. (518) 877-7529 or [www.curtaincalltheatre.com](http://www.curtaincalltheatre.com)

### 'Blithe Spirit'

One highly spirited wife is fun — but two is fertile ground for this smash comedy hit from the witty pen of Noël Coward. Cantankerous novelist Charles Condomine, is re-married to Ruth but haunted (literally) by the ghost of his late first wife, the clever and insistent Elvira who has been conjured up by a visiting "happy medium," one Madame Arcati. What's a husband to do with such an abundance of riches and troubles? Through Sun., May 6. Shows: Thursday at 7:30 p.m., Friday at 8 p.m., Saturday at 3 and 8 p.m., and Sunday at 2 p.m., Capital Repertory Theatre, 111 North Pearl St.,

Albany. \$20 to \$62.50. (518) 445-SHOW (7469) or [tickets.proctors.org](http://tickets.proctors.org)

### 'Joseph and the Technicolor Dreamcoat'

One of the most enduring musicals of all time about the trials and triumphs of a boy blessed with prophetic dreams, a tale that emerges both timely and timeless. Presented by Home Made Theater. Through Sun., May 6. Shows: Friday and Saturday at 7:30 p.m. and Sunday at 2 p.m. Spa Little Theater, Saratoga Spa State Park, 9 Roosevelt Rd., Saratoga Springs. Adults, \$29 (Fri. & Sat.), \$26 (Sun.); Seniors/students, \$26 (Fri. & Sat.), \$23 (Sun); students 18 and younger, \$20 on Fridays. (518) 587-4427 or [homemadetheater.org](http://homemadetheater.org) (click on Buy Tickets Now! button)

### 'The King and I'

Set in 1860s Bangkok, this Rodgers and Hammerstein musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and Anna Leonowens, a British schoolteacher whom the modernist King, in an imperialistic world, brings to Siam to teach his many wives and children. Shows: Wed., May 2, at 7:30 p.m.; Thurs., May 3 at 1:30 and 8 p.m.; Fri., May 4, at 8 p.m.; Sat., May 5, at 2 and 8 p.m.; and Sun., May 6, at 2 p.m. (sign language interpreted performance). MainStage, Proctors, 432 State St., Schenectady. \$20 to \$107.50; extremely limited availability for matinee performances. (518) 346-6204 or [tickets.proctors.org](http://tickets.proctors.org)

### 'Appropriate'

In Branden Jacobs-Jenkins' play, every estranged member of the Lafayette clan has descended upon the crumbling Arkansas homestead to settle the accounts of the newly-dead patriarch. As his three adult children sort through a lifetime of hoarded mementos and junk, they collide over clutter, debt, and a contentious family history. But after a disturbing discovery surfaces among their father's possessions, the reunion takes a turn for the explosive, unleashing a series of cracking surprises and confrontations. Opens Fri., May 4, and runs through Sun., May 20. Shows: Fridays and Saturdays at 7:30 p.m. and Sundays at 3 p.m. Preview performance on Thurs., May 3, at 7:30 p.m. Albany Civic Theater, 235 Second Ave., Albany. Adults, \$18; students (w/ valid ID), \$10. (518) 462-1297 or [www.albanycivictheater.org/reserve-tickets](http://www.albanycivictheater.org/reserve-tickets)

### The BOOB TUBE

Pop Culture Provocateurs, an all-femme burlesque production company based in Albany, will present this burlesque tribute to television. Fri., May 4, doors at 8 p.m. for 9 p.m. show. The Hangar on the Hudson, 675 River St., Troy. Advance, \$15; \$25 at the door. Tickets available online at [boobtube.brownpapertickets.com](http://boobtube.brownpapertickets.com)

### 'Eleanor'

Nellie Rustick Meier stars as Eleanor Roosevelt in this original musical based on her amazing life. Sun., May 6, at 2 p.m. Ghent Playhouse, 6 Town Hall Pl., Ghent. Adults, \$23.76; students, \$11.34 (prices inc. service fees). (518) 392-6264 or [www.ghentplayhouse.org](http://www.ghentplayhouse.org) and click on the Buy Tickets Online button at the top of the page.

### Silly Sidekick Shenanigans

See what happens when anything that can go wrong during a talent show does in the latest show written and performed by members of Circle of Friends, an acting workshop made up of actors from around Rensselaer County. Mon., May 7, at 3 and 7 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Free. (518) 674-2007 or [slca-ctp.org](http://slca-ctp.org)

### Three Ring Revenge

Join the Matinee Theater Players as they present their newest murder mystery, Three Ring Revenge written by Karleen Hayden. It's a menagerie of Mayhem

or... a Cirque D'Slay! For years the Circus Palari Perfecta has been losing money and they are now having their Farewell Feast, honoring their founder and benefactor, Ms. Gilly Donniker... or are they really honoring her? Take part in this madcap murder mystery. Help solve the crime of who kills Gilly! And enjoy sweet refreshments while you work your detective skills. Is it the fortune teller? The acrobat? It couldn't be one of the clowns, could it? Tues., May 8, at 1 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. \$10 (+\$1.50 fee if purchased online). (518) 674-2007 or [slcactp.ticketleap.com/three-ring-revenge](http://slcactp.ticketleap.com/three-ring-revenge)

## COMEDY

### Capital Repertory Theatre

**Pretty Much the Best Comedy Show:** New York City-based comedian and writer Tim Dillon (as seen on NBC's "Last Comic Standing" and FOX's "Red Eye") headlines with featured act Ian Fidance, an offbeat yet upbeat stand-up comic, writer and actor who now calls Brooklyn home. Show co-producers Ethan Ullman and Thomas Attila will also perform. 18+ show. Sat., May 12, at 8 p.m. 111 North Pearl St., Albany. Advance, \$15; increases to \$20 day of show. Tickets via Proctors Box Office: (518) 346-6204 or [tickets.proctors.org](http://tickets.proctors.org)

### The Comedy Works:

#### Saratoga Springs

**Ten Dollar Thursdays:** Features Earl David Reed, who has performed at comedy clubs around the country, spent a decade as a morning radio broadcaster, and has opened for a number of notable comedians and musicians, including Tim Allen, Jay Leno, and Smokey Robinson. Thurs., May 3, 7:30 p.m., \$10. **Open Mic:** Thurs., May 3, at 9 p.m. Sign up begins at 7 p.m., free to attend or participate.

**Earl David Reed & Guests:** Fri., May 4, and Sat., May 5, at 7:30 and 9:30 p.m. Advance, \$20 (show only) or \$44.95 (dinner + show; only available at 7:30 p.m.) **Ten Dollar Thursdays:** Features Brad Trackman, a New York City comic who has appeared on a host of late night television shows, including CBS's Late Late Show with Craig Ferguson and has made numerous appearances on Comedy Central. Thurs., May 10, 7:30 p.m., \$10. **Open Mic:** Thurs., May 10, at 9 p.m. Sign up begins at 7 p.m., free to attend or participate. **Brad Trackman and John Moses:** Trackman shares the bill with Moses, who has been delightfully offending audiences in the U.S., Canada and United Kingdom for more than a decade. Fri., May 11, and Sat., May 12, at 7:30 and 9:30 p.m. Advance, \$20 (show only) or \$44.95 (dinner + show; only available at 7:30 p.m.) *Note: Prices for the Friday and Saturday night shows above increase \$5 when purchased on the day of the show. All tickets are subject to a \$2 service fee.* 388 Broadway, Saratoga Springs. (518) 275-6897 or [thecomedyworks.com](http://thecomedyworks.com)

### The Egg Performing Arts Center

**The Italian Bred Show:** Staten Island native Candice Guardino bases her stand-up routine on real-life experiences as a child growing up in an Italian family. Sat., May 5, at 8 p.m. Swyer Theatre, Empire State Plaza, Albany. \$30. (518) 473-1845 or [tickets.theegg.org](http://tickets.theegg.org)

### The Funny Bone

**Dale Jones:** Comic known for his machine gun style delivery, animated facial contortions, quick improvisations and non-stop physical comedy, who has made numerous television appearances, including TBS' "The Very Funny Show," and NBC's "Last Comic Standing," season six. Thurs., May 3, at 7:30 p.m., \$12; Fri., May 4, at 7:30 and 10 p.m., and Sat., May 5, at 7 and 9:45 p.m., \$15; and Sun., May

6, at 7 p.m., \$12. **Eddie Ifft:** American comic who has made appearances on a variety of television shows both at home and in Australia. Thurs., May 10 at 7:30 p.m., \$10; Also Fri., May 11, at 7:30 and 10 p.m., Sat., May 12, at 7 and 9:45 p.m., \$12; and Sun., May 13, at 7 p.m. **Eliza Skinner:** L.A.-based comedian best known for her work on TBS's "Conan" and VH1's "Best Week Ever." Wed., May 16 at 8:30 p.m. \$12. All shows 21+ unless indicated otherwise; doors 60 to 90 minutes before early show; 30 to 45 minutes before late show. Crossgates Mall, 1 Crossgates Mall Rd., Gunderland. (518) 313-7484 or [albany.funnybone.com](http://albany.funnybone.com)

### Mopco Improv Theatre

**Improv Ladies' Night:** Come see an evening of all female, all improvised comedy; ladies receive \$1 discount on beer and wine; doors at 7:30 p.m. for 8 p.m. show. Adults, \$11.53; seniors/students, \$7.32. **Mick Treadwell's 10 North Tonight:** A live, late-night all improvised variety show. Sat., May 5, doors at 7:30 p.m. for 8 p.m. show. Adults, \$16.78; seniors, students and children (up to age 18), \$7.32. **Friday Night Improv:** Alf Pacino, The Mop and Bucket Company's own experimental house team returns with a few special guest improvisers for a hilarious journey. Fri., May 11; doors at 7:30 for 8 p.m. show. Adults, \$11.53; seniors/students/children, \$7.32. **Mick Treadwell's 10 North Tonight:** A live, late-night all improvised variety show. Sat., May 12, doors at 7:30 p.m. for 8 p.m. show. Adults, \$16.78; seniors, students and children (up to age 18), \$7.32. All prices inc. fees; group ticket packages also available for most shows. 10 N. Jay St., Schenectady. (518) 577-6725 or [www.mopco.org](http://www.mopco.org)

### Proctors

**Colin Mochrie and Brad Sherwood:** Pair of improv comedy masterminds from

"Whose Line is it Anyway?" return to the Electric City for another night of non-stop laughter. Fri., May 11, 8 p.m. Mainstage, 432 State St., Schenectady. \$30.75 to \$40.75, extremely limited availability. (518) 346-6204 or [tickets.proctors.org](http://tickets.proctors.org)

## DANCE

### First Friday Swing Dance

Dance the night away to live music by the Moon Indigo Band. Presented by the Dance Flurry Organization. Fri., May 4; free lesson from 7 to 8 p.m., followed by dancing until 11 p.m. Albany Elks Lodge, 25 South Allen St., Albany. Adults, \$15; Dance Flurry members, \$12; retirees/seniors/students/limited income, \$10. [firstfridayswingdance@gmail.com](mailto:firstfridayswingdance@gmail.com)

### Community Barn Dance

Fun, simple dances for every age and ability. All dances will be taught. Yummy dessert potluck during intermission. This month's dance features Fennig's All Stars with caller Bob Nicholson. Sat., May 5, 7 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$8; free for children ages 12 and younger. (518) 765-2815 or [oldsongs.org](http://oldsongs.org)

### Ellen Sinopoli Dance Company

This company of compelling, athletic and versatile dancers will perform a mix of favorites and new works, including two dances set to music by Leonard Bernstein; "Oh My..." a dance set to five selections from the "Appalachia Waltz," album by cellist Yo-Yo Ma, double bassist/composer Edgar Meyer, and composer Mark O'Connor; and "The Betrothed," a passionate and emotional duet from the full length work "From the mind of a single long vine, one hundred opening lives." Program also features The Egg Kids Project, a select group of Capital District dancers ages 12 to 18 who auditioned to perform with the company in a work specifically choreographed for it. Sat.,

May 5, prelude talk with Ellen Sinopoli at 7:15 p.m. followed by performance at 8 p.m. Hart Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$25 (518) 473-1845 or [tickets.theegg.org](http://tickets.theegg.org)

### Salsa Dance Night

Proctors warms up for the smash Broadway Musical On Your Feet! with "The Rhythm is Gonna Get You," a night featuring sizzling Salsa music by Alex Torres and his Latin Orchestra, a salsa lesson by Dance Fire Studio & Fitness, and authentic, light Cuban fare catered by Carmen's Cafe, and dancing all night long. Fri., May 11, at 6:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$35, includes lesson and food; cash bar. (518) 346-6204 or [tickets.proctors.org](http://tickets.proctors.org)

## FAMILY

### Family Storytime

This 45 minute enrichment program includes stories, songs, and movement to support children's learning and discovery from the very beginning. For infants to preschool aged children with a caregiver. Wednesdays, 10:30 a.m. Main Branch, Troy Public Library, 100 2nd St., Troy. Free. (518) 274-7071 or [www.thetroylibrary.org](http://www.thetroylibrary.org)

### Lansingburgh Storytime

This 45 minute enrichment program includes stories, songs, and movement to support children's learning and discovery from the very beginning. For infants to preschool aged children with a caregiver. Thursdays, 10:30 a.m. Lansingburgh Branch, Troy Public Library, 27 114th St., Troy. Free. (518) 274-7071 or [www.thetroylibrary.org](http://www.thetroylibrary.org)

### Outdoors After School

Get some fresh air, stretch your legs, and have fun outdoors. We'll meet in front of the visitor center to head out on an adventure. Each week will have a different theme and will include time to explore. Dress for outdoor activity.

# BUILDING AN EMPIRE!



## NEXT HOME GAME MAY 5TH 7:30 PM VS THE WASHINGTON VALOR

**RALLY TOWEL GIVEAWAY NIGHT  
PRESENTED BY**



**DON'T MISS OUR  
EPIC PRE-GAME  
BLOCK PARTY**

**LIVE MUSIC FROM  
MARIAH FORMICA & HER  
BAND**

**WATCH THE DERBY  
ON THE  
OUTDOOR SCREEN**

**AND CELEBRATE  
CINCO DE MAYO  
WITH THE EMPIRE!**

# TICKETS AS LOW AS \$15

[THEALBANYEMPIRE.COM](http://THEALBANYEMPIRE.COM) // 518-533-2200

For children in grades K-5 and their caregivers. Thursdays from 4:30 to 5:30 p.m. Five Rivers Environmental Education Center, 56 Game Farm Rd., Delmar. Free, registration requested. (518) 475-0291 or www.dec.ny.gov/education/1835.html

**KIDS! Storytime**

For children and their parents/caregivers. Fridays at 10:30 a.m. Northshire Bookstore, 424 Broadway, Saratoga Springs. Free. (518) 682-4200 or www.northshire.com

**Story Art**

Toddlers and preschoolers can enjoy the Museum by listening to a story, exploring objects from the teaching collection and creating a fun art project. Theme TBA. Fri., May 4, 11 a.m. Kids Cove, New York State Museum, Empire State Plaza, 222 Madison Ave., Albany. Free; pick up tickets at the main lobby desk. (518) 474-5877 or www.nysm.nysed.gov

**I Love My Park Day**

Volunteer to assist the staff at participating state parks with a variety of outdoor clean up or light maintenance projects for all ages to prepare for the upcoming summer season. Sat., May 5; hours vary by location. Registration required. For more information about or to register for events taking place in parks around the Capital District, visit ptny.wufoo.com/forms/zs5hpu0r41tjb/

**Art for All**

Adults and children are welcome to join us in the art studio for drop in art making. Make your own simple folded tulips! Sat., May 5, and Sat. May 12, from 10 a.m. to 4:30 p.m. Albany Institute of History and Art, 125 Washington Ave., Albany. Free with admission. (518) 463-4478 or albanyinstitute.org

**Kids Urban Art Class**

Young Futures, an organization dedicated to providing children with the opportunity to explore and express their

creative passion, hosts this hour-long class every Monday at 6:30 p.m. Class on the first, second and fourth Mondays of the month will take place in the Crafters' Studio, Albany Barn, 56 2nd St., Albany; Free. (518) 935-4858 or albanybarn.org

**Kids' Art Exploration**

Join resident artist Megan Ruch for an evening of watercolors, acrylic painting or a seasonal craft. Parents encouraged to stay and participate; children 5 years and younger must be accompanied by an adult. Tues., May 8, at 6:30 p.m. Stage 1 Gallery, Albany Barn, 48 North Swan St., Albany. Free. (518) 935-4858 or albanybarn.org

**2018 Albany Tulip Festival**

70th annual event celebrating the City of Albany's Dutch heritage as the oldest Dutch settlement in America. Two-day festival features more than 100,000 tulips in bloom, live musical performances, the 2018 Tulip Queen Coronation Ceremony, children's activities, food and vendors. Sat., May 12, and Sun., May 13, from 11 a.m. to 6 p.m. Washington Park, Albany. Free admission. For more information or a detailed schedule of events, visit www.albanyevents.org/events and select Albany Tulip Festival.

**Outlandish Owls**

Find out what makes owls so amazing through this program. Kids will become Junior Scientists as they dissect real owl pellets exploring the diet of native owls. Youth will learn how to converse with and call (attract) native owls to their location. Sat., May 12, from 1 to 2:30 p.m. Dyken Pond Environmental Education Center, 475 Dyken Pond Rd., Croseyville. \$4, registration required. (518) 658-2055 or dykenpond@gmail.com

**8th Annual Troy Bike Rescue BikeFest**

Celebrate with Troy's bike-friendly community while helping to keep Troy Bike Rescue's doors open as a volunteer-

run bicycle resource center for all ages. Enjoy music and food. Cakes will also be served. Sat., May 12, from 3 to 6 p.m. Troy Bike Rescue, 3280 6th Ave., Troy. \$20 donation (suggested). (518) 328-4827 or troybikerescue.com/

**FILM**

**'Chappaquiddick'**

On July 18, 1969, Sen. Ted Kennedy drove his car off of a bridge on Massachusetts' Chappaquiddick Island. Tragically, the accident resulted in the death of passenger Mary Jo Kopechne, a 28-year-old campaign strategist working for Kennedy. An investigation into the event forever altered Kennedy's political legacy — and ultimately changed the course of presidential history. Starring Jason Clarke, Kate Mara, Ed Helms and Bruce Dern. Rated PG-13 for thematic material, disturbing images, some strong language, and smoking. 101 minutes. Wed., May 2 at noon and 7 p.m. and Thurs., May 3, at 7 p.m. The Addy, Proctors, 432 State St., Schenectady. Adults, \$9; seniors (62+)/students (w/ID), \$6, not available online. Matinee showings, \$6. (518) 346-6204 or tickets.proctors.org

**Royal Opera: 'Macbeth'**

Giuseppe Verdi's life-long love affair with Shakespeare's works began with Macbeth with a score that bristles with demonic energy in every bar. The warrior Macbeth fights on the side of the King of Scotland — but when a coven of witches prophesy that he shall become king himself, a ruthless ambition drives Macbeth and his wife to horrific acts. Murder makes Macbeth king, and intrigue and butchery are the hallmarks of his brief, doomed reign. The witches make another prediction, which also comes true: Macbeth and his lady lose their lives, and justice is restored. 3 hours, 20 minutes; includes one intermission. Sung in Italian

w/English titles. Tues., May 8, at 2 and 6:30 p.m. \$15. (518) 346-6204 or tickets.proctors.org

**'Wolf Guy'**

Sonny Chiba (Street Fighter) is the only survivor of an ancient werewolf clan who relies on supernatural powers to solve crimes. After a series of bloody killings perpetrated by an unknown force, Chiba uncovers a conspiracy to harvest his lupine blood in order to steal his powers! Prepare for a completely unclassifiable trip into phantasmagoric funk. Chiba's karate-horror mashup is an intense addition to the pantheon of unheralded '70s classics. Presented by It Came From Schenectady and the American Genre Film Archive. Not rated, 86 minutes. In Japanese with English subtitles. Thurs., May 10, at 7 p.m. GE Theatre, Proctors, 432 State St., Schenectady. Adults, \$9; seniors (62+)/students (w/ID), \$6, not available online. (518) 346-6204 or tickets.proctors.org'

**'Dawson City: Frozen Time'**

This 2016 film pieces together the bizarre, true history of a collection of some 500 films dating from 1910s — 1920s, which were lost for over 50 years until being discovered buried in a subarctic swimming pool deep in the Yukon Territory, in Dawson City, located about 350 miles south of the Arctic Circle. Using these permafrost protected, rare silent films and newsreels, archival footage, interviews and historical photographs to tell the story, and accompanied by an enigmatic score by Sigur Rós collaborator and composer Alex Somers, the film depicts a unique history of this Canadian gold rush town by chronicling the life cycle of a singular film collection through its exile, burial, rediscovery, and salvation — and through that collection, how a First Nation hunting camp was transformed and displaced. (120 minutes). Presented in partnership with Arts Letters & Numbers. Q&A with film's director, Bill Morrison moderated by ALN founder David Gersten and reception to follow screening. Fri., May 11, 6 p.m. Opalka Gallery, Sage College of Albany, 140 New Scotland Ave., Albany. Free. (518) 292-7742 or opalka.sage.edu

knowledge of Dutch customs and food history, food historian Peter G. Rose will discuss examples of such recipe/scrapbooks, dating as far back as the late 17th century and ranging to the 20th century that contain Dutch recipes. Photographs of pages in cookbooks as well as 17th-century paintings will illustrate the talk. The audience is encouraged to bring old family cookbooks/recipe boxes and a discussion of the importance of saving such items is part of the program. Sun., May 6, at 2 p.m. Huxley Theater, New York State Museum, 222 Madison Ave., Albany. Free. (518) 474-5877 or www.nysm.nysed.gov

**LITERARY**

**This is Your Life, William Kennedy: A Celebration**

The Writers Institute will celebrate its founder's 90 year with appearances by special guests (TBA) prerecorded video tributes by major authors and filmmakers, and a slideshow of photographs documenting significant milestones in his singular and eventful life. Reception with light refreshments to follow. Fri., May 4, at 7 p.m. Page Hall, University at Albany Downtown Campus, 135 Western Ave., Albany. Free. (518) 442-5620 or www.albany.edu/writers-inst

**The Troy Poetic Vibe**

Weekly reading with featured poet hosted by D. Colin on Mondays. Open mic sign up at 7 p.m. Troy Kitchen, 77 Congress St., Troy. Free. (518) 268-0068 or www.facebook.com/TroyKitchenNY

**MISCELLANEOUS**

**A Taste of Albany**

A culinary showcase of Capital District restaurants and chefs, paired with entertainment, a silent auction, and great views! A night of food and fun to help fight homelessness. Thurs., May 3, from 5 to 8 p.m. Fourth Floor Terrace Gallery, New York State Museum, 222 Madison Ave., Albany. Individual tickets are \$75 per person; other packages available. Proceeds from the event benefit Interfaith Partnership for the Homeless (IPH) an agency working to improve the lives of the homeless and low-income community in the Capital District and beyond. For more information, including a list of participating restaurants, or to purchase tickets, visit 501auctions.com/atasteofalbany

**Antique Fair and Flea Market**

Fairground Shows NY presents this fair and market featuring more than 225 dealers. Great food. Held rain or shine. Early Bird: Fri., May 4, from 7 a.m. to 4 p.m., \$10. Sat., May 5, from 8 a.m. to 5 p.m., and Sun., May 6, from 9 a.m. to 4 p.m. Washington County Fairgrounds, NY Rte. 29, Greenwich. \$4 admission. (518) 331-5004 or www.fairgroundshows.com

**Historic Downtown Albany Food Tour**

Put on your walking shoes for an entertaining and delicious way to experience Albany. New York's Capital City for 320+ years, is undergoing a culinary and craft brewing boom. You'll sip and sample from restaurants that are spicing up Albany's food scene. Discover stunning architecture and cultural tidbits that will help you develop a fresh perspective on New York's capital city. Each Friday, we sprinkle in history, architecture and culture to kick off your weekend in the Capital District. Bring your appetite and your friends and family, to celebrate this great legacy city and let your culinary adventure begin! Presented by Taste of Troy Food Tours every Friday, through Oct. 26. Tours depart the Albany Heritage Area Visitors Center at 25 Quackenbush Square in Albany at 12:45 p.m. Tours held

rain or shine. Adults, \$59; children, \$39; maximum capacity of 12 guests. (518) 303-5034 or www.tasteofroyfoodtours.com

**1st Friday Albany**

Monthly arts and cultural event that takes place in Albany. Event sponsors and participants host events in various neighborhoods throughout the city. 1st Friday is an active and unique collaboration between the Upstate Artists Guild (UAG), Lark Street BID, the local arts community and local businesses. Fri., May 4, from 5 to 9 p.m. Free. Full list of participating businesses/organizations and events at larkstreetbid.org

**Troy Farmers Market**

More than 80 food growers, bakers, chefs and artisans gather to offer the Capital District's freshest and finest! Plus, gather with other community members for live music, great food, family activities and learning opportunities. Every Saturday, from 9 a.m. to 2 p.m. Monument Square, River Street, downtown Troy. Free Admission. (518) 708-4216 or www.troymarket.org

**Central Troy Historic District Food Tour**

Put on your walking shoes for an entertaining and delicious way to learn about Troy, its ups and downs, and the role food is playing in bringing this architectural gem back to life. You'll sip and sample some New York classic flavors. Of course, we will sprinkle in history, architecture, and culture to round out your perfect Saturday in the Collar City. Presented by Taste of Troy Food Tours every Saturday, through Oct. 27. Tours begin at Psychedelicatessen, located at 275 River St. in Troy, at 10 a.m. Tours held rain or shine. Adults, \$49; children, \$29; maximum capacity of 12 guests. (518) 303-5034 or www.tasteofroyfoodtours.com

**State Education Building Tour**

Take a 45-minute guided tour through the historic Education Building in downtown Albany that includes opportunities to explore Chancellors Hall, the Regents Room and the rotunda, adorned with murals by Albany native Will H. Low. Sat., May 5, and Sat., May 19. Tours depart at 12:30 and 2:30 p.m. from the front steps of the Education Building, 89 Washington Ave., Albany. Free, registration required; 25 participant limit. Register online at online.ogs.ny.gov/ogsEvents/StateEducationBuildingTours/TourDates.aspx

**Antique Quilts in Upstate New York**

Kathie Greenwold, a quilt historian and author, will lead a trunk show discussion about quilts made in upstate New York over the last 200 years, including regional patterns, quilting styles, trends and ties to the New York State suffrage movement. Organized by Quilters United in Learning Together (Q.U.I.L.T.). Sat., May 5, from 1 to 4 p.m. Huxley Theater, New York State Museum, 222 Madison Ave., Albany. Free. (518) 474-5877 or www.nysm.nysed.gov

**Sounds of Spring Evening Walk**

Listen to wood frogs, spring peepers and maybe a barred owl while we look for frog eggs and amphibians in their breeding ponds during a one-mile walk. Sat., May 5, from 6 to 7:30 p.m. Dyken Pond Environmental Education Center, 475 Dyken Pond Rd., Croseyville. Free, registration required. (518) 658-2055 or dykenpond@gmail.com

**Albany Empire**

The Capital District's arena football team plays at home against the Washington Valor. Sat., May 5; doors open at 6 p.m. for 7:30 p.m. game. Times Union Center, 51 South Pearl St., Albany. Single game tickets range from \$15 to \$75. (518)

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533-2200 or www.thealbanyempire.com/home

**Schenectady GreenMarket**

Festive, outdoor marketplace featuring more than 60 vendors who produce everything they sell. Enjoy live music, prepared food and the region's freshest produce. Every Sunday, from 10 a.m. to 2 p.m., through October. Around City Hall, 105 Jay St., Schenectady. Free admission. (518) 986-0318 or schenectadygreenmarket.org/

**Veteran Meet-Up**

All veterans welcome to free coffee every Tuesday from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. (518) 884-4999 or www.VeteransPeerConnection.org

**Social Night/Potluck/ Open House tours**

It's the perfect night to come by and get a feel for this amazing creative community. Free. Tuesdays, 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 3rd St., Troy. (518) 279-7863 or www.tvcog.net

**Magicians' meeting**

Capitaland Conjurers, the local group of The Society of American Magicians, Assembly #24, invites anyone age 16 and older with any interest in the art of magic, including performance, history, collecting or pure entertainment for a fun evening. Tues. May 8, 7:30 p.m. S.W. Pitts Hose Co., Old Loudon Road, Latham. Free. www.SAM24.org

**Geeks Who Drink**

A quiz show with eight rounds of eight questions each, including music, audio and picture rounds. Free to play, with prizes for the top two teams and bonuses throughout the game. Tuesdays, 8 p.m., Olde English Pub, 683 Broadway, Albany.

**Murder at Oakwood**

In 1870, Oakwood was rocked by a sensational murder and suicide involving one of Troy's oldest families, the Vanderheydens. Troy and Lansingburgh residents were gripped with hysteria during the investigation. Now, 148 years later, Warren Broderick, dressed as Rensselaer County Coroner Thomas Hurley, will spare no details as he releases the official report of this tragic tale. He will then lead curious members of the public to the scene of the shocking event and to the shunned murderer's secret burial place. Sat., May 12 at 9 a.m. Tour departs from the Earl Chapel. Oakwood Cemetery, Oakwood Avenue (NY Rte. 40), Troy. \$15 per person. Limited space, reservations required by calling (518)

328-0090. View additional details at www.oakwoodcemetery.org

**EXHIBITS**

**Albany Center Gallery**

**Continuing: "2018 High School Regional Juried Art Exhibition,"** featuring the work of 100 students from 24 districts throughout the Capital District. Through Fri., May 18. Student and family reception on Thurs., May 3 from 5 to 8 p.m.; Public reception on Fri., May 4, from 5 to 9 p.m. Gallery hours: Tues. through Sat. from noon to 5 p.m. or by appointment. Free admission. 488 Broadway, Albany. (518) 462-4775 or albanycentergallery.org

**Albany Institute of History and Art**

**Continuing: "Along the Eastern Road: Hiroshige's Fifty-Three Stations of the Tokaido,"** which depicts scenic locations along the Japanese road which the artist traveled on foot in 1832. Organized by the Reading Public Museum, Reading, Pa. Through Sun., June 10. Also, **"Well-Dressed in Victorian Albany: 19th Century Fashion from the Albany Institute Collection,"** features 50 mannequins dressed in clothing made of luxurious, vibrantly colored fabrics once worn by residents of the Capital District. Through Sun., May 20. Also, **"Paintings of Addy: Dahl Taylor's Original Illustrations for American Girl"** Features more than 40 paintings by the Albany artist commissioned to re-illustrate American Girl's books about 9-year-old Addy Walker plus artifacts to illustrate daily life during the mid 19th-century. Through Sun., June 17. Plus ongoing exhibits. Museum hours: Wed.: 10 a.m. to 5 p.m.; Thurs.: 10 a.m. to 8 p.m.; Fri. and Sat.: 10 a.m. to 5 p.m., Sun.: noon to 5 p.m. Admission: Adults, \$10; seniors/students (w/ID), \$8; children 6-12, \$6. 125 Washington Ave., Albany. (518) 463-4478 or albanyinstitute.org

**Albany International Airport**

**Continuing: "Upon the Ground, Below the Water."** Artists Richard Barlow, Daesha Devon Harris, Matt Frieburghaus, Tanya Marcuse, Kingsley Parker and Claire Sherwood observe features of landscape marked by human endeavor. Through Mon., Sept. 3. Gallery hours: Daily, 7 a.m. to 11 p.m. Free admission. Main Gallery, third floor, adjacent to Observation Area, 737 Albany Shaker Rd., Latham. (518) 242-2241 or www.albanyairport.com/arts

**Albany Pine Bush Discovery Center**

**Continuing: Permanent and long-term exhibitions.** Center hours: Weekdays, 9 a.m. to 4 p.m. and Saturdays from 10 a.m. to 4 p.m. Free admission. 195 New Karner Rd., Albany. (518) 456-0665 or www.albanypinebush.org

**American Italian Heritage Museum**

**Continuing: "Gifts of Our Grandfather."** The grandchildren of Italian born artist Julius Pardi (1884-1961), present an exhibit of his classical artworks, poetry and musical compositions. Among the items on display will be drawings, porcelain bas reliefs, plaques, vases and plates honoring William Shakespeare, Galileo, Giuseppe Verdi, Thomas Edison, Charles Lindbergh and more. Many items were commissioned by General Electric, where Pardi worked in the porcelain department for 47 years. On view in the Special Exhibit Room through Thurs., May 31. Museum hours: Thursdays and Fridays, from 11 a.m. to 2 p.m.; Saturdays and Sundays from 1 p.m. to 4 p.m., and Mondays from 11 a.m. to 2 p.m., or by appointment. Admission: Adults, \$5; seniors (65+), \$4; students, \$3; children up to age 12, free. (518) 435-1979 or www.americanitalianmuseum.org.

**Arts Center of the Capital Region**

**Continuing: Congressional Art Competition.** Pieces submitted for this year's contest by students in Rep. Paul Tonko's district will be on display in the Wallace Gallery from Tues., May 1, through Fri., May 4. Winner, runner up and honorable mentions will be revealed during a reception on Fri., May 4, from 5:30 to 7 p.m. Winner's artwork will be displayed for one year in a tunnel leading to the U.S. Capitol with the winners from all other districts. Artwork by runner-up

will be displayed in Tonko's Albany District Office. Also, **"ALT-F4,"** featuring the year-long thesis art works in digital storytelling and graphic design, music and text, gaming and world building, video and animation, robotics and sculpture created by 25 seniors in the Electronic Arts, Electronic Media Arts and Communication and other programs in the School of Arts, Humanities and Social Sciences at Rensselaer Polytechnic Institute. Opens with reception tonight, from 5 to 8 p.m. On view through Sat., May 5. 265 River St., Troy. Gallery hours: Daily, Mon.-Thurs., 9 a.m. to 7:30 p.m., Fri., 9 a.m. to 4 p.m., Sat., 9 a.m. to 5 p.m. and Sun., noon to 4 p.m. Free admission. (518) 273-0552 or artscenteronline.org

**The Clark Art Institute**

Permanent collections and exhibits, including the American Arts Decorative Arts Galleries and The Manton Collection of British Art, along with numerous French Impressionist paintings, and works by American artists Winslow Homer, George Inness and John Singer Sargent. Museum hours: Daily, Tues.-Sun., 10 a.m. to 5 p.m. Admission: Adults, \$20; children 18 and younger, free. 225 South St., Williamstown, Mass. (413) 458-2303 or www.clarkart.edu

**Clement Art Gallery**

**Continuing: Permanent antique print and map room exhibits.** Gallery hours: Weekdays from 10 a.m. to 6 p.m. and Saturdays from 10 a.m. to 4 p.m. Free admission. 201 Broadway, Troy. (518) 272-6811 or www.clementart.com

**Delmar Reformed Church**

**Upcoming: Bethlehem Art Association Member Show & Sale.** Back by popular demand! More than 25 of the association's members will be participating with exhibits and/or items for sale. Demonstrations, refreshments and music. Also features a special exhibit of scenes from the Town of

Bethlehem created by BAA members. Sat., May 12, from 10 a.m. to 4 p.m. 386 Delaware Ave., Delmar. Free. www.bethlehemartassociation.com

**EMPAC**

**Continuing: "SubBassProtoTon,"** originally invented by EMPAC Director Johannes Goebel in 1986, this walk-in bass generator allows visitors to physically experience frequencies that are too low to hear and to interactively explore sound when it reaches the range of hearing. Through Thurs., May 31. Building Hours: Weekdays, 9 a.m. to 6 p.m.; Saturdays, 10 a.m. to 4 p.m. Free admission. Rensselaer Polytechnic Institute, 44 8th St., Troy. (518) 276-3921 or www.empac.rpi.edu/events/2017/fall/subbassprototon

**The Esther Massry Gallery**

**Continuing: Senior Art Show.** Features sculptures, paintings, drawings, photographs, graphic designs and more created by the 23 Bachelor of Fine Arts candidates. Through Sat., April 28. Gallery Hours: Monday through Saturday, noon to 5 p.m. (Wed. and Thurs. until 8 p.m.), closed Sunday. Massry Center for the Arts, The College of Saint Rose, 1002 Madison Ave., Albany. Free admission. (518) 485-3902 or www.strose.edu/campus-offices/massry-center-for-the-arts/esther-massry-gallery or www.facebook.com/esthermassrygallery

**The Hyde Collection**

**Continuing: "Rockwell Kent: Prints from the Ralf C. Nemecek Collection and Paintings from North Country Collection."** Complementary exhibitions celebrate Kent (1882-1971), the American painter, printer, and illustrator, who settled in the Adirondacks in 1928. He painted many of his works in his Adirondack studio based on drawings, sketches, and notes taken during extensive travels to Greenland, Alaska, Ireland, and other extreme locations. Curator Caroline Welsh has drawn

together paintings from North Country collections, some seldom seen publicly. Through Sun., July 22. Also, a selection of **Postwar and Contemporary Works** in The Feibes & Schmitt Gallery through Sun., May 6. Plus permanent collection. Museum hours: Daily, Tues.-Sat., 10 a.m. to 5 p.m.; Sun., noon to 5 p.m. Admission: adults, \$12; seniors (60+), \$10; Children, students (w/ID)/active military members and their families, free. 161 Warren St., Glens Falls. (518) 792-1761 or www.hydecollection.org

**Mabee Farm Historic Site**

**Continuing: "In Harm's Way: Community Responses to Hurricane Irene and Tropical Storm Lee"** An exploration of the devastating impact natural disasters have on local communities and the resiliency of our neighbors. Through Mon., Oct. 1. Also, **"Life on the Canal Then by Artists Now:"** Show features artwork by 17 contemporary artists curated by Virginia Creighton. Through Thurs., May 31. Museum hours: Tues.-Sat., from 10 a.m. to 4 p.m. 1100 Main St. (NY Route 55), Rotterdam Junction. Admission: Adults: \$5/person for self-guided access; or \$8/per person for tour and exhibit access; children and students (w/ID) free. (518) 887-5073 or schenectadyhistorical.org

**miSci**

**Continuing: "Inside Edison's House of Magic: 125 Years of Innovation at GE."** Through Sun., May 6. Plus ongoing/permanent exhibits. Museum hours: Mon.-Sat., 9 a.m. to 5 p.m.; Sun., noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Admission: Adults (13+), \$10.50; seniors (65+), \$9; children (3-12) \$7.50. Additional \$5/person for planetarium show. (518) 382-7890 or www.miSci.org

**SUDOKU**

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Answers on Pg. B21

**AWARD WINNING BBQ & LIVE MUSIC!**  
KITCHEN OPEN UNTIL MIDNIGHT.  
26 BEERS ON TAP. ★ ★ ★ ★



**FRIDAY**  
May 4, 2018 | 9 pm  
**GROOVESTICK**



**SATURDAY**  
May 5, 2018 | 9 pm  
**MIXED ROOTS**



**FRIDAY**  
May 11, 2018 | 9 pm  
**MATT MIRABLE**



**SATURDAY**  
May 12, 2018 | 9 pm  
**BEAUTIFUL DANGER**



**DINOSAUR BAR-B-QUE**  
TROY  
518.308.0400 ★ 377 RIVER ST, TROY, NY  
★ ★ ★ ★ DINOBQ.COM ★ ★ ★ ★

**LIVE @ THE HANGAR**



**YARN**  
Sat., May 5<sup>th</sup> - 8PM

You might expect a band that calls itself Yarn to, naturally, tend to spin a yarn or two. "that's what we do, we tell stories, live and in the studio, truth and fiction" singer/songwriter Blake Christiana insists. "We don't always opt for consistency. There's a different vibe onstage from what comes through in our recordings. There's a difference in every show as well, you never know what you're going to get."

**UPCOMING:**  
Friday, May 11 — Blue Machine  
Saturday, May 12 — Parsonfield

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**National Museum of Dance**  
**Continuing: "Art in the Foyer: Design for Dance,"** highlighting the costume sketches of design and dance historian Malcolm McCormack. Plus ongoing exhibits. Museum hours: Sat., 10 a.m. to 4 p.m. and Sun., noon to 4 p.m. 99 South Broadway, Saratoga Springs. Admission: Adults, \$6.50; seniors/students (w/valid ID) \$5; children ages 4 to 12, \$3; children ages 3 and younger, free; (518) 584-2225 or www.dancemuseum.org

**New York State Museum**  
**Upcoming: "a small fort, which our people call Fort Orange."** This exhibition examines the momentous discovery of Fort Orange and the lasting impact of events occurring there 400 years ago that shaped the character of the region, New York State, and the nation. Select artifacts, film footage from the excavation preceding the construction of I-190, and four decades of historical and archaeological research are highlighted—including renderings of the fort by Historical Artist Len Tantillo. Dutch ceramics on loan from the Albany Institute of History & Art help bring life to the story. Opens on Sat., May 5 in Adirondack Hall. On view through May 5, 2020. **Continuing: "Art of the Erie Canal."** The Erie Canal, the foremost engineering marvel of the 19th century, sparked the imagination of artists in America and abroad. This exhibition looks at the art inspired by the canal, and the opportunities it afforded artists, both trained and untrained, working in a variety of media. A selection of 60 works comes from the collections of the New York State Museum, the Arpell Museum at Canajoharie, and other cultural institutions and private lenders from across the state. Photography Gallery, through Sun., Sept. 23. Also, **"Enterprising Waters: New York's Erie Canal (Phase One).** In honor

of the Bicentennial of the Erie Canal's construction, the state's Office of Cultural Education in collaboration with other organizations on the canal corridor, present this rich story with unique objects, documents, and images. Through Oct. 20, 2019. Also, **"A Spirit of Sacrifice: New York State in the First World War,"** featuring artifacts, images, posters and documents from collections at the Museum, State Archives, State Library and other cultural institutions. Through June 3. Plus ongoing/permanent exhibits. Museum hours: Tues.-Sun, 9 a.m. to 5 p.m. Empire State Plaza, 222 Madison Ave., Albany. Free admission; suggested donation of \$5/person or \$10/family. (518) 474-5877 or www.nysm.nysed.gov

**Opalka Gallery**  
**Upcoming: The 14th Annual BFA Exhibition.** Annual showcase features works by seniors in the college's art and design Bachelor of Fine Arts programs, including Fine Art, Photography, Interior Design and Graphic + Media Design. Opens Fri., May 4 and runs through Mon., June 11. Opening reception on Fri., May 4, from 5 to 7 p.m. Gallery hours: Tues.-Fri., 10 a.m. to 7 p.m., Sat., noon to 4 p.m.; Mondays by appointment only. Sage College of Albany, 140 New Scotland Ave., Albany. Free admission. (518) 292-7742 or opalka.sage.edu

**Photographic Expressions Studio & Gallery**  
**Continuing: "The Third annual Juried Exhibition PHOTO21:PIXEL,"** featuring works by Jill Baucom, Allison DeBritz, Allen Morris, Alex Nye, Jennifer Wilkerson and Thom Williams that envisages tangible objects and places as well as more visually inexplicable phenomena, like time, cultural experience and perception. Through Fri., May 25. 455 Broadway, Troy. Free admission. Gallery hours: Tuesdays, Thursdays and Fridays

from noon to 5 p.m.; hours subject to change; call ahead to schedule an appointment. (518) 621-5360 or www.photographicexp.com

**Pruyn House**  
**Continuing: "Colonie Art League - Juried Art Show."** Through Fri., May 4. 207 Old Niskayuna Rd., Latham. Free admission. Museum hours: weekdays from 9 a.m. to 4 p.m. (518) 783-1435 or www.pruynhouse.org

**Saratoga Arts**  
**Continuing: "Elemental Narratives."** Artists Diane Fine, Daisy Rockwell, and Oliver Schemm aim to portray movements and events that are important to them; moments that are essential or have had a profound impact on them. Through Sat., May 5, in the Main Gallery. Also, **photography by April Beckley** (Members' Hall Gallery) and **paintings by Barbara Garro, New York's Painter of Flowers** (Reception Area Gallery) through Mon., April 30. 320 Broadway, Saratoga Springs. Free admission. Gallery hours: weekdays, 9 a.m. to 5 p.m.; Sat., 11 a.m. to 5 p.m. (518) 584-4132 or saratoga-arts.org

**Schenectady County Historical Society**  
**Continuing: "Mapping Schenectady."** Some of SCHS' most prominent and interesting maps are now on permanent display in the Map Gallery. Also, **"Beyond the Pines: Early Schenectady,"** an exhibit focused entirely on early Schenectady: its founding, its people, and what life was like for the city's earliest residents. Includes the recently restored painting "Painting of A Boy," one of the most significant portraits in the society's collection. Also, **"Changing Downtown: The Rise, the Raze and the Revitalization of Schenectady."** By exploring the forces that shaped the Electric City, we can better understand ourselves and our vision for the future.

Through Fri., Nov. 30. Plus permanent exhibits. Museum hours: weekdays, 9 a.m. to 5 p.m.; Sat., 10 a.m. to 2 p.m. 32 Washington Ave., Schenectady. Admission: \$5. (518) 374-0263 or schenectadyhistorical.org

**Schick Art Gallery**  
**Opens today: "The Juniors Show."** Opening with artists' talk on Wed., May 2, time from 3 to 4 p.m. followed by a reception from 4 to 5 p.m. On view through Sat., June 2. Gallery Hours: Wednesday through Saturday from noon to 4 p.m. or by appointment. Skidmore College, 815 North Broadway, Saratoga Springs. Free. (518) 580-5049 or www.skidmore.edu/schick

**Dan Sekellic Visual Arts Gallery**  
**New: Ron Greenberg, photographer.** Greenberg purchased his first SLR camera in 1974 and has loved taking landscape and cityscape photographs ever since. Upon retirement 2 years ago, he decided to turn this hobby of love into a profession. Now armed with a Digital SLR, he is creating fine art on a commercial basis. Some of the more recent locales he has photographed include Costa Rica, Ireland, Italy and the California coast. Artist's reception scheduled for Sun., May 20, at 1 p.m. On display through Sat., June 30. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Gallery hours: Wed. & Fri., 10:30 a.m. to 1 p.m., by appointment, or during performances. Free admission. (518) 674-2007 or slca-ctp.org

**Tang Teaching Museum**  
**Continuing: "Rose Ocean: Living with Duchamp,"** revisits a 2003 Tang Museum exhibition also called "Living with Duchamp," and will feature works by more than 30 contemporary artists whose conceptual and irreverent works engage with Duchamp's oeuvre. On view in the Malloy Wing through Sun., May 20.

Also, **"to be with art is all we ask: Radical Print Culture from the Steven Lieber Archive (1976 -1987),"** features more than 200 works on paper from the archive of the pioneering collector and dealer who specialized in artists' books, editions and ephemera. On view in the Bernhard Atrium through Sun., June 3. Also, **"Elevator Music 35: Ephraim Asili: Jazz Salt."** Asili, a filmmaker, multimedia artist, DJ, radio host and educator, challenges definitions of originality and art. A 30-minute cassette, recorded on a four-track cassette recorder, includes samples and newly created music and vocalizations, which together ask us to examine sampling as an art form unto itself and to question at what point a sound can—or should—be defined as original. On view through Sun., May 20. Also, **"Tel.:"** Artist Kamau Amu Patton's continually evolving interpretation of what a museum community space can be. Long-term installation on the mezzanine. Through Sept. 1, 2019. Skidmore College, 815 North Broadway, Saratoga Springs. Museum hours: Tues. - Sun., noon to 5 p.m.; Thurs. until 9 p.m. Free admission; suggested donations of \$5/adult; \$3/child 13+; seniors, \$2. (518) 580-8080 or tang.skidmore.edu

**Union College Galleries**  
**Continuing: LGBTQ @ Union: We Are ALL Union,'** features drawings, paintings, illustrations, photographs, digital art, poetry and film by current students, alumni and professors. On view in the Wikoff Student Gallery, Nott Memorial, through Mon., June 18. **"Concinnitas Portofolio,"** ten fine art aquatint prints featuring equations, expressions or formulas transcribed by ten notable mathematicians and physicists in response to the prompt to record their "most beautiful mathematic expression." In the Castrucci Gallery, inside the Nott Memorial through Summer 2018. Also **"Branding**

**the AfroFuture"** by Stacey Robinson. Multimedia work discusses "Black Utopias" as spaces of peace away from colonial influence by considering Black protest movements and the art movements that document them. Part of the Art Installation Series. Extended through Sat., June 30, in the Schaffer Library Learning Commons. Also, **"Probability & Uncertainty,"** which features more than 30 historic, scientific instruments from the permanent collection juxtaposed with six contemporary female artists working with scientific themes. Through Sun., June 17 in the Mandeville Gallery. Hours (all galleries): Daily, 10 a.m. to 6 p.m. 807 Union St., Schenectady. Free. (518) 388-6004 or muse.union.edu/mandeville/home













**University Art Museum**  
**Upcoming: Master of Fine Arts Thesis Exhibition.** Opens Thurs., May 4, and runs through Sun., May 20. Artists Reception on Fri., May 5, from 5 to 7 p.m. Uptown Campus, University at Albany, 1400 Washington Ave., Albany. Museum hours: Tues., 10 a.m. to 7 p.m.; Wed. - Fri., 10 a.m. to 5 p.m., and Sat., noon to 4 p.m. Free admission. (518) 442-4035 or www.albany.edu/museum

**AUDITIONS**

**Young Frankenstein**  
 Home Made Theater will be casting for this production to be staged at the Spa Little Theater on weekends from Sat., Oct. 13, through Sun., Oct. 27. Auditions will take place Mon., May 7, and Tues., May 8, from 6:30 to 8 p.m., with callbacks on Wed., May 9, at the Spa Little Theater, Saratoga Spa State Park, 19 Roosevelt Dr., Saratoga Springs. For more information, including what to bring to the audition and a detailed character breakdown, visit www.facebook.com/pg/Home-Made-Theater-100518173426/events

# HOROSCOPES

November 2016 — Week 2

 <b>CAPRICORN</b> December 22– January 19 Be on the alert this week, Capricorn. Some events will not go as smoothly as expected. A friend shows their true colors, leaving you with a hard choice to make.	 <b>ARIES</b> March 21– April 19 Romance is on tap this week, Aries, and special plans are in store. Make the most of every moment. Your authority is challenged at home.	 <b>CANCER</b> June 22– July 22 You know better, Cancer. This is not the first time a loved one has cried wolf. Steer clear of the matter. A home improvement project looms.	 <b>LIBRA</b> September 23– October 22 Freedom comes at a price. Never lose sight of that fact, Libra, and forever be grateful for what others have done. A package is delivered early.
 <b>AQUARIUS</b> January 20– February 18 Conflict continues at home, but not for long if a houseguest has anything to say about it. Step aside, Aquarius. The results of a survey are questioned.	 <b>TAURUS</b> April 20– May 20 Watch it, Taurus. Your reputation is on the line. Be confident, but act with caution. Reasonable doubt is to be expected in a work matter.	 <b>LEO</b> July 23– August 22 The lunacy continues at home. Take charge, Leo, and put a stop to it. It is your home after all, and you are the one who pays the bills. A charge is accounted for.	 <b>SCORPIO</b> October 23– November 21 Uh-oh, Scorpio. You take on too much, and your plate overflows. Seek help and learn to scale back. Hobbies take a back seat to love. Plan something special.
 <b>PISCES</b> February 19– March 20 What do you treasure the most, Pisces? Look to it for the strength you need to resolve a situation at work once and for all. A goal is met.	 <b>GEMINI</b> May 21– June 21 Absence makes the heart grow fonder. Leave a loved one be, Gemini. They will come around, and this time, they will be more appreciative of your efforts.	 <b>VIRGO</b> August 23– September 22 A penny here, a penny there. It adds up, Virgo. Reexamine your spending habits. A love triangle gets messy. Don't meddle, or you could wind up in big trouble.	 <b>SAGITTARIUS</b> November 22– December 21 Why on earth would you do that, Sagittarius? Let sleeping dogs lie. A review uncovers some areas to improve upon. Make the effort, and you will be rewarded.

FOR ENTERTAINMENT PURPOSES ONLY

CULINARY ARTS

# Hamlet & Ghost bartender wins gold

### Saratoga Springs wins Albany Distilling's Cocktail Competition

ALBANY — The Albany Distilling Company, Inc. announced Sonia Castellani from Saratoga Springs' Hamlet & Ghost as the winner of its second annual Albany Distilling Cocktail Competition.

Castellani defeated Abena Okyere (Speakeasy 518, Albany), Lindsey Miller (Brown's Brewing, Troy), and Josh Mackenburg (Rare Craft Steak House, Schenectady) in the finals. More than 100 attended the finals held at the ADCo Bar & Bottle Shop on Saturday, April 21.

The five-week long competition pitted bartenders from various bars and restaurants throughout the Capital District against each other in a battle using Albany Distilling spirits. The contests took place at Slidin' Dirty in Schenectady, Brown's Brewing in Troy, City Beer Hall in Albany, and Morrissey's in Saratoga Springs.

Judges included Albany Distilling co-owners John Curtin and Rick Sicari, 2017 Cocktail Competition Champion Jeff

Krenn, and regionally-known bartenders Emmanuel Treski and Katy Archison.

Castellani's winning cocktails, to be announced in the coming days, will be featured at the ADCo Bar & Bottle Shop.

The Albany Distilling Company, Inc. ("ADCo") is the first licensed distillery in Albany, since the beginning of Prohibition.

ADCo's main production facility is located at 78 Montgomery St. in Downtown Albany, just a short distance away from location of Albany's first distillery which was established in the mid-eighteenth century. ADCo's owners are passionate for craft distilling and proud to celebrate Albany's history through their craft.



### STIFF COMPETITION

Judges and competitors at Albany Distilling's second annual Cocktail Competition Finals.

Photo by Biki Vassilakis



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HEALTH & FITNESS

# Strength training tips for women

Lifting weights and bulky muscles don't necessarily go hand-in-hand

Many women might be surprised to know that strength training can be just as beneficial to them as it can be to men.

According to the National Center for Health Statistics, only one in every five women include strength training in their weekly workout routines, a disconcerting figure that could be making it more difficult for women to maintain a healthy weight and protect themselves against potentially debilitating conditions such as osteoporosis.

So why are so many women avoiding the weights in favor of the cardiovascular machines? Though the answer to that question remains a mystery, it's fair to speculate that many women are hesitant to lift weights out of a fear that they will bulk up and appear muscular. Such a fear is largely unfounded, as the Women's Heart Foundation notes that the average woman's estrogen levels are so high that it's difficult for her to become overly muscular. In fact, women who lift weights tend to benefit without adding the bulk by building muscle that is firm and tone, a look that's both healthy and vastly different from that developed by men who strength train.

In addition to producing toned muscles, strength training can help women to control their weight, as strength training reduces body fat and burns calories more efficiently. Muscle built during strength training also reduces a woman's risk of injury by improving her balance and coordination.

Strength training also benefits a woman's bones. As women age, their bone

density decreases thanks to hormonal changes. That decrease in bone density puts women at risk of injury should they fall and also increases their risk of developing osteoporosis, a condition in which bones become brittle and fragile due to a loss of tissue. But strength training slows that deterioration, helping bones maintain their strength longer.

While strength training pays numerous dividends for women, that's only the case if training is done correctly. The following are a few tips for women about to begin a strength training regimen.

- Don't go it alone. Beginners, both male and female, should always enlist some help when starting a strength



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—  
There are several benefits to weight training to consider.

**Continues on B22**

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**ANTI-AGING**  
—  
Gov't Mule entertains Palace crowd.  
—  
Jim Gilbert / nysmusic.com

■ **CONCERT REVIEW**

# Stubborn Mules

Talented musicians in Gov't Mule haven't let light fade

By **LAURA DAPOLITO**  
nysmusic.com

**ALBANY** — Southern bands jammed solidly into Thursday night at the Palace Theatre.

An almost sold out show for Gov't Mule, a southern rock jam band that started out to be just a side project for Allman Brothers Band guitarist Warren Haynes and bassist Allen Woody, drew a shocking fan following, filling the historic Palace Theatre with an eclectic crowd of hippies, gypsies, and serious musicians alike.

Opening band Black Stone Cherry brought the house to its feet and heads banging chins to chests right on time at 7:30. The Kentucky-based opener includes the talent of Chris Robertson (lead guitar and vocals), John Fred Young (dramatically on drums), Ben Wells (guitar and hands down the most energetic dancer of the evening), and Jon Lawhon (bass). Strong right from the start, the musicians show that experience counts in mastering genres ranging from blues to metal. They were in tune, and capable of playing through some malfunctions with equipment.

The layering of heavier rock sounds, well balanced enough so that a trained ear can tease out each chord, reflected how Black Stone Cherry's music is both interesting and surprisingly complex. Like much heavy metal, the compositions took surprising turns with chord structures. The drummer's tossing of sticks added to Wells' well-placed kicks in his rose embroidered denim, added to the tempo changes that smoothly showed the members were breathing together throughout their 50-minute set. Interested

fans are encouraged to check out their new album Family Tree, which they showcased Thursday night.

In contrast to the heavy and complex sound of Black Stone Cherry, Gov't Mule took the stage washed in purples and blues as audio played snips from icons including Beatles, Marley, Dylan, and of course the Dead. Mule emphasized their place in history, including social history of demanding social justice, during this entrance. With a backdrop reminiscent of my college dorm room, the mandala flag of burnt sienna and wooden cut out mules dramatically added to the mood of storytelling as the band swooned out the song "Million Miles from Yesterday."

The band's first set included "World Gone Wild," "Stone Cold Rage," and "Drawn that Way." The lyrical storytelling layered with the upbeat jam vibe had fans jumping and dancing throughout the theatre. Keyboards contrasted the heavy opening sounds and were both soothing and inspiring simultaneously.

"Mountain Jam" reminded fans that this was, in fact, a southern band. With picking and heavy guitar melodies, the first set ended with "The Man I Want to Be" and "I'm a Ram." After a brief break, the second set picked up with "Catfish Blues," a Robert Petway cover. The band reminded listeners these musicians have been performing both together and apart long enough to have earned some street credibility for soulful, bluesy jazz sound. The band played late into the night with "Bad Little Doggie," "Bad Man Walking" and "Thorns of Life," before adding in "Banks of the Deep End" and "Kind of Bird."

"Soulshine," in full disclosure this writer's favorite song, brought all the fans back to the basic belief system that music reminds us to listen to our inner voice when lost. The lyrics encourage

**Continues on B22**

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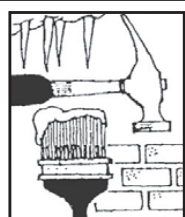
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■ CONCERT REVIEW

# Stormy blues in Cohoes

Ana Popovic brings her Serbian Blues to Cohoes Music Hall

By **AMY MODESTI**  
nysmusic.com

It was a “Stormy Monday” for the blues inside the prestigious Cohoes Music Hall on Monday, April 16.

The heavy rain didn’t put a damper on blues fans who had stepped inside the music hall to escape the everyday stresses of life, and instead took in a worry-free, entertaining evening of music from both Girl Blue and Serbian-Blues guitarist and vocalist, Ana Popovic.

Almost a full year since her last performance at the music hall, this time around Popovic pulled out all of the stops as she continued to dazzle the audience with her electrifying guitar solos, captivating vocals, and a stunning cast of performers within her five piece ensemble that joined her for her tour to promote her new three disk album, “Trilogy.”

Popovic’s rhythm and horn ensemble were tight and in full swing throughout

the entire evening. Her rhythm section began the evening with an instrumental of their own rendition of “Ana’s Shuffle” from the album, “Can You Stand The Heat.” They continued to jam along to the tune before Popovic, dressed in a similar red tank top, jeans, and heels that she wore at last year’s concert, joined the band on stage to play some solos on her guitar before moving on to perform a series of her songs from “Trilogy.”

“It’s great to be back!” Popovic called out to the audience as she launched into, “Can You Stand the Heat,” from her previous album.

Song after song, Popovic and her ensemble were outstanding, never outshining each other as they performed their own riffs, rhythms and solos for each song. Popovic took the time to introduce the city of Cohoes to her full ensemble before performing “Train” from “Trilogy: Disk #1 (Morning)” to a happy audience that was excited to also hear Popovic’s drummer, Cedric Goodman, play some riffs on the drums that got them dancing and moving in their seats. “Long Road Down” brought listeners back in time to the Oregon Trail. It was a

time to also focus on Popovic’s own extensive travels as she has continued her journey from Belgrade, Serbia; Amsterdam, Holland; Memphis, Tenn., and Los Angeles, Calif. where she has currently resided for the past two years.

Popovic is able to smoothly transition well from performing lead to slide guitar as she continued to play slide on “If Tomorrow Was Today.” Following suit to her empowering gym-based workout song, “Show How Strong You Are,” each of the key players in her ensemble rose to the occasion and performed their energetic, emotionally-felt awakening solos, from the jazz-lead bass playing of the bassist, back to Popovic, to the drummer, and on towards the other performers to close out their main set.

The band returned to the stage for their encore as they concluded the evening with a cover of Popovic’s “Mo’ Better Love,” and closing out the event with a cover of a song that she had discovered recently before she began recording Trilogy, “Fence Walk” from the Brooklyn-based band, Mandrill. Popovic’s interaction with both the crowd and with her own band

members is both electric and entertaining to watch. Moving from side to side, Popovic joined in on the jam between her horn players, Jon Ramm (trombone) and Brad Walker (saxophone), on the right side of the stage as they had gathered around each other, creating a musical dialogue heard within their notes and soloing while closing out the evening. Popovic left the stage, leaving the remainder of the ensemble to continue to jam to the tune and close out the funky number on a high note that satisfied both the band and the audience.

Albany based act, Girl Blue, featuring vocalist and guitarist, Arielle O’Keefe, opened up for Ana Popovic and her band. Playing a set of eight original songs, O’Keefe did a great job performing solo to tunes that were mixed in with her own vocals being recorded on a loop. My first time hearing O’Keefe perform live, the sound of her voice reminded me of a mix between Norah Jones, Regina Spector, Alanis Morissette, and Katy Perry, as she sang her own unique, original tunes that related back to teenage and early adult moments of angst, drinking, and other fun, significant moments within her life.

■ FILM REVIEW

# The importance of lies

‘Chappaquiddick’ delves into one of the murkiest Kennedy scandals in history

By **KAITLIN LEMBO**  
lembok@spotlightnews.com

Few people of my generation recognize the word “Chappaquiddick,” or can identify the significant meaning behind it. At 23 years old, I have found myself enamored by the time period of 1968 to 1975 because of the significant American scandals and moments that happened, ones that have impacted America as we know it. The Pentagon Papers and the subsequent Watergate scandal brought on some of the most impressive journalism in our culture. Yet, none of it has the stigma and sadness around it that Chappaquiddick does.

“Chappaquiddick” took place on July 18, 1969. It involved then U.S. Sen. Ted Kennedy and a coveted campaign strategist, 28-year-old Mary Jo Kopechne. Kopechne was deeply involved in Robert Kennedy’s political legacy and the youngest Kennedy brother is pictured as

Continues on B21

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# From page B19 ...

## Film review

desperately trying to swing her onto his team for a possible presidential run. Kopechne and Kennedy were in a car after a night of partying with campaign staffers and friends when Kennedy drove the car over the side of the bridge leading onto Chappaquiddick island, flipping the car into the water. Kennedy was able to surface almost instantly and did not report the accident until the next morning. Kopechne survived for up to four hours in an air bubble inside the car before dying. She was found the next morning by local police after two fishermen called the floating car in, minutes before Kennedy called the police himself. Kennedy waited more than nine hours before reporting the accident.

The movie was headlined by a team of talented actors and actresses; Jason Clarke ("Zero Dark Thirty") stars as the unsure Kennedy; Kate Mara ("House of Cards") shines as the doomed Kopechne; Ed Helms ("The Hangover") is a superior Joey Gargan, a Kennedy cousin and trusted confidant; and Jim Gaffigan ("Fargo") stars as Paul Markham, another close confidant and the former U.S. Attorney for Massachusetts.

In my opinion, this movie was very

slanted against Kennedy. If you are of the opinion that Kennedy is a horrible man and are out for something that vindicates Kopechne, this will satisfy you. Clarke does a wonderful job of making you absolutely hate Kennedy's guts--he lies about the most mundane things (once he admitted to actually driving the car, he insisted he swam to shore instead of using a small row boat he, Markham and Gargan found.) His sad puppy demeanor is enough to make you feel absolutely giddy when Kennedy Sr., portrayed by Bruce Dern, finally slaps him toward the end of the movie in his withered state. Just when you believe Kennedy will do the right thing and come forward, he does not. In my mind, it's an agenda much like "Making A Murderer" is; while it's giving you the facts, it's also leading you to a solution. If you know about Chappaquiddick through your own research before walking into the theater, you might have a different opinion than the movie tries to tell you. You'll see clips of people who pledge their undying support to Kennedy, even after the incident has blown over and he is sentenced for fleeing the scene of the accident and receives a suspended jail sentence.

Helms' Gargan is the sole voice of reason in the movie. If you've seen movies like "The Hangover" or are a "The Office" fan, you will know him as a funny guy. However, he brings a whole new facet

of his talent into this movie as a strong, moral, defeated man. While many of the figures babied the incident throughout the movie (the police do not release the statement until much later than they should have, everyone around Ted is trying to come up with a believable lie to keep him out of prison), Gargan shines as the sole voice of reason and the one truly advocating for the life of Kopechne. As Kennedy and his team are strategizing for the big televised statement, Gargan shines with, "A young woman is dead and we are going to make Ted the martyr?" Another standout line is when Kennedy is planning his use of the infamous neck brace at Kopechne's funeral, and Gargan wrestles the brace out of Kennedy's hand and screams, "You are not the victim here." It's a shining example of what most people in the movie theater are probably thinking, and it snaps you back into seeing just how crazy the situation has gotten--not in Kopechne's death, but in the cover-up to keep Kennedy in good standing.

"Chappaquiddick" was, in my opinion, one of the best movies I have seen in the past two years. Mara's performance as the dying Kopechne in the sinking car was believable and heartbreaking; I cried as she gasped for a few more breaths, knowing no one was going to save her. The movie does a great job at bringing back the truth of the incident--a young woman needlessly suffered and died because the accident wasn't reported. If Kennedy had

called in and just fessed up, the diver who found Kopechne's dead body "could have had her out in 25 minutes." Throughout the movie, you are forced to see Kopechne's parents, friends and understand the impact of every single lie Kennedy told about the incident.

While politics are much more convoluted today than they were in the late 1960s, one lasting, overarching impression stays with you as the credits roll: the truth sets you free.

"Chappaquiddick" is playing at select movie theatres in the Capital District.

### WHAT'S HAPPENING

#### Candice Guardino's Italian Bred

The Egg - Saturday, May 5

ALBANY — Candice Guardino's comedy show, Italian Bred, will be at The Egg on Saturday, May at 8 p.m.

The one person show is based on growing up in an Italian family on Staten Island, and features virtual cameos from Steve Schirripa, Mario Cantone, and others.

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9	5	3	8	4	2	1	6	7
2	7	1	6	9	3	8	4	5
3	1	2	7	8	5	6	9	4
5	4	6	3	1	9	2	7	8
7	9	8	2	6	4	3	5	1
6	8	9	5	7	1	4	3	2
1	3	5	4	2	6	7	8	9
4	2	7	9	3	8	5	1	6

**Super Crossword Answers**

A	B	E	D		P	P	M		U	L	A	N				
R	O	V	E	D		A	R	A		N	A	D	A			
U	N	E	V	E	N		P	O	D		C	H	I	P		
M	A	R	I	S	A		P	O	E		L	O	O	S		
				A	R	T	I	F	I	C	E	R	S			
S	Q	U	E	L	C	H		E	R	A	S	E				
S	U	N	R	I	S	E		D	A	L						
C	O	H	A	N						I	D	L	E	R		
				A	M	A				M	A	F	I	O	S	O
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	F	O	R	E	C	A	S	T	E	R						
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A	C	T	S		B	I	O			S	I	C	I	L	Y	
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## From page B14 ... Strength training

training regimen. Many fitness centers offer one or two free personal training sessions to new members, and women should take advantage of such offers to learn how to use certain machines and the proper form for the various strength training exercises they intend to include in their routines. If a facility does not offer the sessions free, consider hiring a personal trainer for a few sessions until you are comfortable with each exercise and confident your form is correct. Proper form prevents injury and promotes long-term health.

- Keep it simple. Part of the difficulty with beginning a strength

training regimen rests with the abundance of advice out there, whether “out there” is in your own gym or online. But simplicity is good when beginning a strength training regimen. Learn some basic exercises for each muscle group at first. Once you are comfortable with these basic exercises, and it might take several months to feel comfortable, you can then look to master additional exercises and create a more specialized strength training routine. Speak with a professional trainer at your gym to develop a good beginner’s routine and then expand on that routine later.

- Don’t abandon

cardiovascular exercise. Strength training should not be introduced at the expense of cardiovascular exercise. An adequate exercise regimen includes both strength training and cardiovascular exercise, which improves heart health (remember, the heart is a muscle, too), helps to boost metabolism and improves recovery time, among other benefits. As you grow more accustomed to your workout routine, increase the intensity of your cardiovascular workout and not the volume.

- Don’t be discouraged. It’s easy to feel discouraged when beginning a strength training regimen, as results don’t come overnight, leaving some to question if they will ever get stronger and

reap the rewards of their efforts. Significant cosmetic results such as finely toned muscles and considerable weight loss won’t be immediate, but if you stick to your routine, you will likely begin to notice your energy levels are improving and you feel better, and those kinds of results often come sooner rather than later. Use such encouraging developments as motivation if necessary and always keep in mind that strength training will pay off in the long run.

Many women avoid strength training out of fear that will develop large muscles that compromise their femininity. But such fears are unfounded, and strength training is a great way for women to get in shape and foster long-term health.

## From page B15 ... Stubborn Mules

each of us to let your soul shine, reminding us that it is better than moonshine or rain. In a crescendo to “Bring on the Music,” the band took two separate encores, including covers “Statesboro Blues” and Petty’s “You Don’t Know How it Feels.”

Gov’t Mule’s messages of embracing inner knowledge and optimism in the human spirit seemed well accepted across the audience Thursday night. While many in the crowd were a bit too inebriated to possibly remember the concert, thanks both to the Palace’s new hard liquor license and the

cloud of smoke that circled throughout each section of the theatre, the talent of Gov’t Mule’s musicians should not be forgotten or ignored. This aging group of musicians proves that experience creates excellence.

Without exception, the musicianship demonstrated not only mastery but also real soul-shine at the Palace. In tune with each other and their very lyrical messages of listening to their inner lights, Gov’t Mule stubbornly persists in a world that appears to not quite be ready yet to let them fade. Thank goodness.

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ALBANY — Confetti Stage will be performing King Lear at the Albany Masonic Hall from Friday, May 3 and Saturday, May 4 at 7:30 p.m. with a Sunday, May 5 performance at 2 p.m.

Admission is \$15 for the general public, and \$10 for students.

The Albany Masonic Hall is located at 67 Corning place in Albany.

**This is Your Life, William Kennedy**  
New York Writers Institute – Friday, May 4

ALBANY — The New York Writers Institute will celebrate its founder, William Kennedy’s, 90th year with on Friday, May 4 at Page Hall on the University at Albany downtown campus at 7 p.m.

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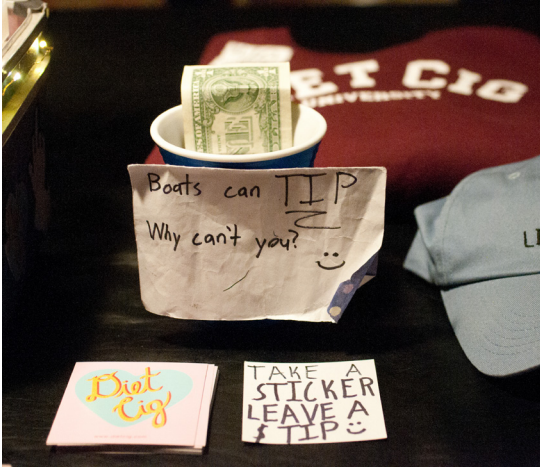


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Michael Holliseg / The Spot 518



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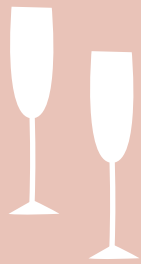


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# LIFE AFTER 50



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### Retirement saving tips for late starters

**D**espite countless television ads touting the virtues of retirement planning, it seems many people are not getting the message. According to a survey from GOBankingRates.com, one-third of Americans have nothing saved for retirement. The picture is not any rosier in Canada, where Statistics Canada reports that just 65.2 percent of the country's 14 million households contributed to a retirement plan in 2015.

Financial advisors recommend men and women begin saving for retirement as early as possible. The longer people delay opening a retirement account, the less time their money will have to grow. Those who never open such accounts may not be able to meet their cost of living in the future.

While it pays to start saving for retirement early, late bloomers who need to catch up should know that it's never too late to start.

- Sign up for an employer-sponsored retirement account. Many employers arrange for retirement savings accounts like a 401(k) for their employees. Such accounts are typically tax-deferred. As a result, men and women likely won't even notice the money missing from their paychecks each month. Take advantage of such offerings if they exist. Such opportunities can be even more beneficial to late bloomers whose employers match contributions up to a predetermined percentage.

- Start saving as much as possible. Many people contribute 6 percent of

their pay to a retirement savings account such as a 401(k). That rule of thumb may be enough for young workers, but late bloomers may need to contribute a higher percentage of their incomes if they hope to catch up. If 10 percent is doable, then contribute 10 percent, being sure to diversify how that 10 percent is invested. Workers who can afford to contribute more might want to explore other retirement account options so they avoid putting all of their eggs into one basket.

- Avoid high-risk investments.

Investors trying to catch up on retirement savings may be tempted to invest their money in high-risk funds with the hope of making up ground quickly. But investors typically want to reduce risk as they get older. That approach should still govern late bloomers' investing decisions, as high-risk funds that don't perform well could leave aging investors with little to nothing come retirement. Prospective investors who need help choosing the right funds for themselves should contact a financial advisor.

- Cut spending. Men and women getting a late start on retirement saving should examine their monthly expenses, looking for places to cut costs so they can reallocate those funds for retirement savings. Some ways to considerably reduce monthly expenses include cutting the cord with a cable provider, driving a preowned vehicle instead of a new model and downsizing to a smaller home.

Men and women who have delayed saving for retirement should not panic. While it's always best to begin saving for retirement as early as possible, there are ways for late bloomers to catch up and/or create a decent-sized nest egg for their golden years.



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# Defying time



Many lifestyle changes, including quitting smoking, reducing alcohol consumption and staying out of the sun, can lead to younger-looking skin.

- Steer clear of the sun. Excessive exposure to ultraviolet light damages the skin and can cause it to age prematurely. Also, inadvertent UV exposure, which can happen when running errands or sitting in front of an open window, also can affect the skin. Sun exposure is the top cause of uneven skin tone and dark spots. Always wear sunscreen to protect the skin from the sun. Applying sunscreen should become as automatic as brushing your teeth each day.

- Drink more water. A dehydrated body will divert water to the organs that need it the most, including the liver and heart. When that happens, skin pays the price by not receiving adequate hydration for skin cell renewal. By drinking the recommended six to eight glasses of water per day, you can ensure your body is getting the fluids it needs to fuel natural functions, including skin cell production.

- Exercise. By working out you'll promote good cardiovascular health, which in turn will deliver blood flow and nutrients to the surface of your skin. Skin cells are pushed to the surface of the skin, helping to create a younger appearance and glow. Exercise also can help banish stress, which can contribute to an older appearance and frown.

- Avoid alcohol. Drinking alcohol in excess can damage blood vessels over time. This can cause burst capillaries at the surface of the skin, which are highly visible. Drinking also may lead to flushing, which can affect appearance. People who have damaged their livers from drinking too much or abusing medication may develop jaundice, a

medical condition characterized by a yellowing of the skin.

- Avoid stressful situations. It's impossible to avoid all the stressors in life, but taking steps to reduce stress can improve your psychological outlook and appearance. Stress can lessen your body's ability to function properly, and that can affect the appearance of your skin. Stress-related insomnia can lead to undereye bags and a tired appearance. And according to the Archives of Dermatology, stress can increase your risk of skin diseases and may cause wounds to take longer to heal.

- Eat a healthy diet. Your skin is the largest organ in your body, and it makes sense that healthy foods will benefit the skin. Omega-3 fatty acids found in walnuts, flax and fish oil are important for skin health because they support healthy cell membranes. Antioxidants like vitamins A and C also are beneficial because they fight the effects of cell oxidation and combat free radicals that can lead to illness.

- Take care of your skin at night. Moisturizers and serums with concentrated blends of vitamins, antioxidants and botanicals are most effective at night. That's because, when applied at night, such products are in contact with the skin for several hours without being wiped off. Just be sure to apply any products to clean skin for maximum effect. A dermatologist can recommend the right products for your skin type.

There are various ways to get more youthful-looking skin, many of which can benefit the rest of your body as well.

## Easy ways to get more youthful-looking skin

Few people would pass up the opportunity to look younger. But men and women who want to look a little more like their younger selves without resorting to surgery can still have younger, healthier-looking skin without going under the knife. The following are a handful of natural ways to keep skin vibrant and youthful.

- Quit smoking. Quitting smoking can add years to your life and improve your appearance. Smoking damages collagen and elastin in the skin, which are the substances that help keep skin flexible and firm. Also, smoking decreases blood flow to the skin and makes it difficult for it to receive enough oxygen to stay healthy. The act of smoking also can contribute to older-looking skin. Pursing the lips to draw on a cigarette, as well as squinting to avoid smoke in the eyes can lead to the formation of wrinkles on the face.



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# Stay nimble for good health

How to stay flexible as you age

**M**en and women may begin to feel less flexible as they get older. According to the University of Maryland Medical Center, that loss of flexibility is because muscles lose both strength and elasticity as the body ages.

A lack of flexibility can make men and women more vulnerable to certain types of injuries, including muscle strains and tears. While people might not be able to maintain the flexibility they enjoyed in their twenties, there are ways for them to combat age-related loss of flexibility.

- Stretch frequently. Stretching is a great way to combat age-related loss of flexibility. Stretch major muscle groups, such as hamstrings and shoulder muscles, several times per



week. When practicing static stretching, the goal is to gradually elongate the muscle being stretched before holding the elongated position, and ultimately allowing the muscle to return to resting position. As flexibility improves, elongated stretches can be held for 30 seconds. Avoid stretching muscles that are sore or injured,

and discontinue a stretch if you feel pain or discomfort.

- Include yoga in your exercise regimen. Practitioners of yoga typically love how this unique discipline that exercises the body while relaxing the mind improves their flexibility. Many yoga poses are designed to improve the strength and flexibility

of muscles, and some physicians may even recommend yoga to aging patients. Yoga DVDs or streaming sessions can be great, but beginners may want to visit yoga studios or sign up for classes at their gyms so instructors can personally ensure they are doing each pose correctly. As their flexibility improves, men and women can try more difficult poses and classes if they so desire.

- Get in the pool. Swimming is another activity that can

help aging men and women improve their flexibility. Strength-training exercises are an important component of a well-balanced exercise regimen, but such workouts tend to focus on one or two muscle groups at a time. That means other muscle groups may be inactive and tighten up as a result. Swimming works the entire body, which helps all muscle groups stay loose and flexible. One or two swimming sessions per week can contribute

to great gains in overall flexibility, especially for men and women who remember to stretch when they get out of the pool.

Flexibility may decrease as men and women age, but there are various ways to combat the natural loss of flexibility. they get out of the pool.

Flexibility may decrease as men and women age, but there are various ways to combat the natural loss of flexibility.



## Did you know?

**O**ver the last decade, seniors have become increasingly more savvy in regard to social media usage. The Pew Research Center found that, in 2015, around 35 percent of people age 65 and older reported using social media. That's a large jump from just 2 percent in 2005. As of 2016, 65 percent of people between the ages 50 and 64 reported using social media, according to Pew. Social media usage among seniors continues to climb, although young adults still comprise the demographic most likely to use it. Among seniors ages 50 and older, Facebook is by far the most popular social media platform used, followed by Pinterest and LinkedIn.

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# How common is carpal tunnel syndrome?

Most common with those who use keyboards, digital devices

Increased hours spent on computer keyboards and digital devices can put people at risk for a relatively common and oftentimes painful condition that affects mobility in the wrist. Carpal tunnel syndrome, or CTS, can cause numbness, pain and tingling in the hand or arm as a result of one of the major nerves of the hand — the median nerve — being compressed in the wrist.

The American College of Rheumatology says that CTS may be the most common nerve disorder experienced



today, affecting between four and 10 million people in the United States alone. Middle-aged to older individuals are more likely to develop CTS than younger persons, and females are diagnosed three times

more frequently than males.

### What is the carpal tunnel?

The carpal tunnel is a passage that forms in the wrist on the palm side of the hand. It is located

just beneath the skin surface. The National Institute of Neurological Disorders and Stroke says the carpal tunnel is a narrow, rigid passageway of ligament and bones. Eight small wrist bones form three sides of the tunnel. The width

through this narrow area.

### The role of the median nerve

When compression occurs in this area of the wrist, a key nerve is affected. The median nerve originates in the

ring fingers (although not the little finger). It also controls some small muscles at the base of the thumb.

### Symptoms of carpal tunnel

Weakness of the hand

The American College of Rheumatology says that CTS may be the most common nerve disorder experienced today, affecting between four and 10 million people in the United States alone. Middle-aged to older individuals are more likely to develop CTS than younger persons, and females are diagnosed three times more frequently than males.

of the tunnel is only about an inch. Injury or inflammation to the tissues inside of the carpal tunnel can shrink the space of the tunnel, eventually pressing on the tendons and the median nerve that runs

neck and runs through the arm. The median nerve passes through the carpal tunnel at the wrist and goes into the hand, providing feeling to the palm side of the thumb and to the index, middle and part of the

as well as tingling and numbness are the two most common symptoms of CTS. The numbness particularly affects four of the fingers. It can occur when holding a phone, book, newspaper or steering wheel or engaging in just about any activity that involves the hands. CTS also may wake a person up from sleep.

There are a number of other compression issues that can occur in the hand and arms, causing similar pain and tingling in other areas. Ulnar nerve compression in the elbow can cause part of the ring finger and pinky finger to tingle and may be indicative of a different ailment. That's why a professional diagnosis must be sought when experiencing symptoms related to CTS.

### When to see a doctor

If pain and tingling are affecting activities and sleeping patterns, individuals should see their doctors. Various nonsurgical remedies and therapies may help. If left untreated, any condition that affects nerve function may lead to permanent nerve and muscle damage.



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# Hate driving at night?

Three ways aging drivers can see better at night

Many drivers are less comfortable driving at night than during the daytime. Despite the fact that far more vehicles are on the road during the daytime than at night, studies have shown that approximately 65 percent of accidents occur at night.

Many of those accidents and much of the discomfort drivers feel at night can be traced to inadequate lighting. Visual acuity, which is directly related to the amount of light provided by the environment, can be diminished by as much as 70 percent at night. The human eye is not adapted for nocturnal vision, so when driving at night, drivers often experience a loss of depth perception and difficulty distinguishing between colors as contrasts fade away.

This is especially problematic for aging drivers, a segment of the driving population that is on the rise. According to the National Highway Traffic Safety Administration, there were 36.8 million licensed drivers age 65 and older on the road in 2013, a figure the NHTSA estimates will increase to 57 million by 2030. As drivers age, the lenses of their eyes become more opaque, reducing the amount of light their eyes can receive. For example, at age 40,



Philips Upgrade Headlight Bulbs (right) can put out up to 100 percent more light on the road than standard halogen bulbs (left).

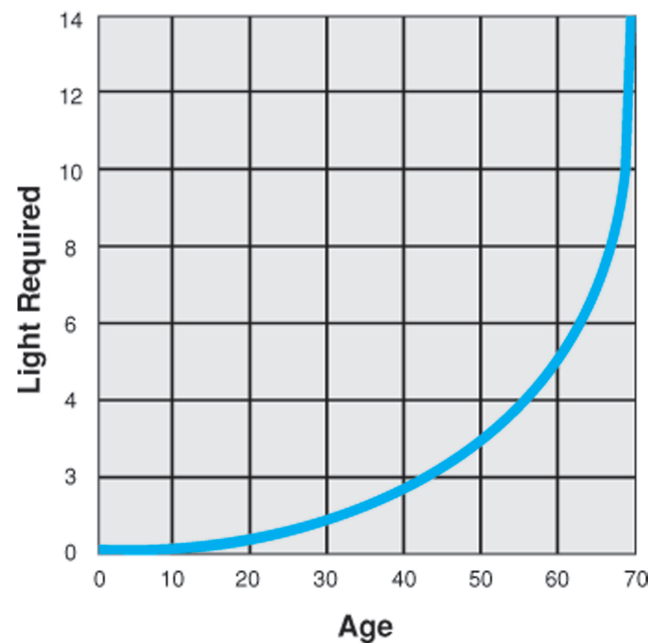
the average driver may already need twice as much light than a driver at age 20. At age 65, that need can climb to a whopping eight to 10 times more light (see graph).

But aging drivers need not sacrifice their nocturnal independence just to stay safe behind the wheel. The following are three ways aging motorists can improve their nighttime visibility.

### 1. Upgrade headlights

According to a recent study from the automotive club AAA, the halogen headlights found in more than 80 percent of vehicles on the road today fail to safely illuminate unlit roadways,

even when vehicles are moving at speeds as low as 40 miles per hour. Upgrade headlight bulbs are designed to put more light on the road, helping to combat the natural deterioration of vision that so many aging drivers deal with on a daily basis. Philips Upgrade Headlight Bulbs can deliver up to 100 percent more light on the road than standard halogen bulbs, greatly improving nighttime visibility. Unlike major vehicle safety systems, such as air bags, three-point seat belts and anti-lock braking systems that provide “passive” protection for drivers, Philips lighting promotes “active” safety protection



by increasing overall visibility and illumination. This allows drivers to not only see each other better, but also to see further down the road so they can avoid potential hazards.

### 2. Give fellow drivers more room

In daylight hours, drivers might feel comfortable giving the vehicles in front of them a certain amount of room. Aging drivers can expand that comfort zone between themselves and fellow

*Continued on page 11*

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# How to land that job

## Finding work after 50

Unemployment isn't easy for anyone, regardless of their age. But unemployed men and women over 50 may find it especially difficult to find work.

Whether it's a byproduct of age-related discrimination or any of a host of additional variables, jobless older workers often struggle to find work. In a 2016 analysis of government figures, the Schwartz Center for Economic Policy Analysis at the New School estimated that the jobless rate for workers 55 and older in August of 2016, six years after the Great Recession, was nearly 9 percent. At the time, the national jobless rate hovered around 5 percent.

Unemployed men and women over 50 who are struggling to find work can consider the following strategies as they look to rejoin the workforce.

- Revisit your résumé. Unemployed men and women over 50 have no doubt updated their résumés to reflect their most recent professional experience. But they may need to trim some of the fat in regard to their work life 10 or more years ago. Today's hiring managers may only be concerned with recent experience that illustrates skillsets that are relevant to today's jobs. Men and women over 50 may consider their experience from 20 years ago invaluable, but if that experience does not



meet the specific needs of the jobs they're now seeking, then they should remove it from their résumés so hiring managers can quickly access the more relevant information from their work histories.

- Embrace 21st century job hunting. Finding a job in the second decade of the 21st century is unlike job hunting in decades prior, and wholly different from how men and women over 50 looked for jobs upon beginning their professional lives. Networking can mean the difference between unemployment and landing a job. Go to job fairs attended by hiring managers and join professional organizations that host events where professionals in your field can gather.

- Turn your age into a positive. Men and women over 50 should accept the likelihood that their new managers and/or hiring managers will be younger than them. When interviewing for a job, men and women over 50 should make an effort to showcase their enthusiasm about working with and learning from younger colleagues, while also noting their desire to commit long-term to a company. Some hiring managers may surprise older applicants, viewing them as potentially more reliable than younger

workers simply looking to gain some experience in a particular industry before moving on to the next opportunity.

- Make use of your existing down time. Another strategy unemployed men and women over 50 can try as they look for work is to make better use of their existing downtime. Enrolling in online courses can give prospective employers the impression that applicants over 50 are both tech-savvy and willing to learn new things. Each of those things can help men and women over 50 overcome any unjustified, tech-related stigmas that hiring managers may attach to older job candidates.

Finding work after 50 is not always easy, and job seekers may need to adjust their approach before they can get back in the workforce.



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# Search for bargains

## Discounts available to the over 50 crowd

Many people may not look forward to the day they turn 50, but cracking the half century mark can have its perks. Many retailers and businesses offer discounts to men and women over 50, and the following are just a few ways that people who have turned the big 5-0 might be able to save some money.

- **Movie tickets:** The cost of going to the movies has skyrocketed in recent years, as today's theaters now offer an array of amenities and, thanks to bigger screens and better technology, a better viewing experience than the theaters the over-50 crowd grew up visiting. While film lovers may need to wait until they turn 60 to cash in on discount movie tickets, many chain movie theaters offer discounted tickets to older patrons.

- **Travel:** Men and women over 50 may be able to save substantial amounts of money on travel simply by typing in their birthdays when purchasing tickets or planning trips. For example, men and women over the age of 62 are eligible to receive a 15 percent discount on the lowest available rail fare on most Amtrak trains.

- **Ancestry:** As men and women age, many begin to develop a greater interest in their heritage. Those who join AARP (membership is available to men and women who are 50 or older)

can receive a 30 percent discount on an Ancestry World Explorer membership in the first year they're members.

- **Auto rentals:** AARP members also are eligible to save up to 30 percent on base rates for vehicle rentals at Avis. The discounts are applicable at participating locations in both the United States and Canada.

- **Hotels:** Men and women over 50 may have extra time on their hands once their kids go off to college and then begin careers and families of their own. Many such adults use that extra free time to travel, which requires staying in hotels. Many hotels offer discounted rates to travelers over the age of 50, and such discounts may make it more affordable to book directly through hotel websites instead of using popular travel sites where rates tend to fluctuate by the minute.

- **Dining:** Of course, many restaurants offer early bird specials for patrons who want to eat a little bit earlier than guests typically arrive for dinner. However, many chain restaurants also offer discounts to senior diners regardless of when they arrive. Such discounts are sometimes even applicable to both food and beverages.

- **Mobile phone services:** Men and women over 50 may not have grown up with smartphones in their hands, but chances are they now cannot imagine life without them. Some mobile providers offer discounts to AARP members, while others may offer senior discounts to customers whether they're AARP members or not.



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# Smooth sailing ahead

How traveling after turning 50 can be great

Many people face turning 50 with a little trepidation. They may miss the things they did during their youth and might feel like the hands of time are moving much too quickly. But instead of looking at aging as growing older, men and women can embrace turning 50 and the growing freedom that typically accompanies reaching this milestone.

Increased opportunities to travel is one aspect of reaching 50 that excites many men and women. Nielsen reports that, over the next five years, around 80 million Americans will fit into the 50+ age bracket. Many of these people will have extra time to devote to leisure activities. AARP, the leading nonprofit organization for aging adults, says that of the people with AARP memberships, nearly two-thirds take advantage of travel discounts and other benefits in a typical year. The following are some such travel perks.

- Age can mean discounts. The minimum age to qualify for “senior” discounts varies among companies and for different products and services, so it’s up to

travelers to see what is available to them. Not all companies advertise their senior discounts. Read reviews in travel forums or on travel websites to find out which brands or places offer the best deals.

- More discretionary time. Even if retirement is a ways down the road, older adults may have accrued more vacation time than their younger colleagues. That time can be translated into longer or more frequent trips.

- Age-based memberships. Reaching age 50 or 60 may entitle people to join groups that negotiate deals for their members. For example, the minimum membership age for AARP is 50, meaning travelers who join AARP can enjoy discounts roughly five years before they’re eligible for senior discounts offered by other organizations.

- Travel during off seasons. When not constrained by school schedules, men and women over 50 can travel during times of the year when prices are most affordable. This means savings and smaller crowds. This flexibility also can translate into airline discounts, as men and women over 50 with no time constraints can choose to be standby passengers in exchange for discounted or free tickets.



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# Being grand parents

## Grandparents called upon to raise grandchildren

Older adults whose children have grown up often look forward to the next stages in life, which may involve retirement, downsizing and enjoying visits with their grandchildren. A growing number of aging adults may find themselves playing a key role in their grandchildren's lives.

According to data from the U.S. Census Bureau, 2.7 million grandparents across the country are stepping into parental roles for their grandkids. Some assist their adult children while others have become the primary caregivers. Factors like military deployment, illness, incarceration, and substance abuse are forcing grandparents to take on responsibilities they may have thought were over. PBS reports that, between 2009 and 2016, the number of grandparents raising grandchildren in the United States rose by 7 percent.

Although raising the next generation can bring about many rewards, including security, sense of purpose, a deeper relationship with family, and social interaction, there are many obstacles as well. That includes the financial strain that raising children can place on individuals unprepared for the cost of child-rearing. Census



More and more grandparents are stepping into parental roles for their grandkids.

figures also show that about one-fifth of grandparents caring for children have incomes that fall below poverty level. Grandparents may be rusty concerning safety requirements and equipment now needed to care for grandchildren as well.

As grandparents navigate the unexplored waters of raising grandchildren, there are certain factors they need to consider.

### Legal advice or advocacy

Certain circumstances may require grandparents to seek legal help so they can raise their grandchildren in

lawful ways. If there is neglect, divorce, arrest, or other factors, it may be a smart idea for grandparents to seek the help of an attorney or advocacy group to clarify their legal rights and ensure access to grandchildren. In addition, grandparents may need certain legal documents, such as a power of attorney, citizenship papers, adoption records, or consent forms.

### Get educated

The rules have changed since grandparents raised their own children. It is important they learn as much as possible on child safety guidelines.

Consumer advocacy groups or pediatricians can help explain how guidelines have changed. New furniture and toys that meet current safety guidelines may have to replace older, unsafe items.

### Take care of yourself

Raising grandchildren can be emotionally taxing, especially if poor circumstances led to the grandchildren being placed with family. It is crucial to recognize feelings and one's own health when caring for others. A grandparent who is exhausted or overwhelmed may not offer the appropriate care. Emphasizing one's own mental and physical health is essential, as is getting help and advice when it's most needed. The organization AARP recommends compiling a list of support services, such as respite care providers, counselors and support groups.

### Grandchildren will have feelings, too

Children, whether they are old enough to understand or not, may react to change differently. Some children may act out while others may grow detached. Grandparents can focus on providing stable environments and offer support and consistency even if grandchildren are withdrawing or pushing their loved ones away with words or actions.

Raising grandchildren can be complicated, but it has become more prevalent. It can take time for these new family units to find their grooves. More information is available at [www.aarp.org](http://www.aarp.org) in their GrandFamilies Guide.

## From pg. 7 ...

### Night driving

drivers at night. This extra space can help all motorists feel more comfortable, and it gives drivers more time to react if the drivers in front of them swerve or brake quickly.

### 3. Maintain headlights

Often overlooked, headlight maintenance is another way older drivers can counter the effects that aging has on their nocturnal vision. Inspect headlights regularly, checking to make sure that plastic headlight lenses have not turned yellow or foggy. Designed to restore plastic lenses in less than 30 minutes, the Philips Headlight Restoration Kit quickly and effectively combats clouding on headlights as well as taillights, turn signals and reflective lens covers, helping aging drivers see more clearly at night while also making vehicles more visible to other drivers.

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### Ergonomic gardening techniques can make gardening less taxing

**G**ardening is a popular activity that seems to be gaining even more supporters. Statistica reports that the number of people who gardened within the last 12 months in the United States rose from around 105 million in 2008 to 118 million in 2017.

Gardening can be relaxing yet physically demanding work. Gardeners who find themselves battling aches and

pains after spending time in the garden may need to make a greater effort to reduce injuries and improve comfort when tilling, weeding or installing new landscape features.

Ergonomic gardening techniques and tools can help gardeners reduce their risk of injury and make gardening more comfortable.

#### Warm up

Just as novice athletes wouldn't dive right into a strenuous workout at the gym, nor should novice gardeners immediately pick up a shovel and jump into digging a hole for their new tree.

# Weed out aches & pains

Gardening requires bending, stooping, lifting, twisting, and other movements that work the entire body. Spending 10 or more minutes stretching, walking and doing a few back and arm rotations can limber the body up for the physical activity to come.

#### Use proper form

Think about the mechanics of lifting weights during a workout, as home and garden tasks may mimic movements made when exercising. The occupational therapists at Bend Spinal Care say that strain on the lower back can be reduced by positioning objects close to the body and its center of gravity when lifting them. Furthermore, people can contract their abdominal (core) muscles when lifting and bending to support the back. When lifting heavy objects, power should be derived from the legs and buttocks rather than the back.

#### Keep items close

Keeping work closer to the body will reduce the need for stooping, leaning or reaching, which should cut down on pulled muscles. Long-handled tools

can help minimize reaching. Use step ladders to reach high areas or get down on padded cushions to work closer to the ground. This alleviates strain to the neck from having to look up or down for extended periods of time. Raised garden beds can bring plants to a person's level. The therapists at ProCare Physical Therapy say that working below shoulder level whenever possible can prevent shoulder strains; otherwise, perform tasks for no more than five minutes at a time.

#### Invest in new tools

Cushioned grips and grip handles can prevent wrist fatigue, as can hand tools that keep wrists straight to improve strength and reduce repetitive motion injuries. Long-handled tools and push mowers should be as tall as the person using them. Seek out tools that keep the body in natural positions to maximize efficiency.

Even though gardening is viewed as a relaxing pastime, the work involved can be taxing on the body. Ergonomic tools and proper form can keep injuries at bay.

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