

# THE Spotlight

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January 2 - January 8, 2019

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## NEWS

### BCSD to start capital project

District will start soliciting bids for \$32M project

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## TOP STORY

# Clear and present

**2018**  
[YEAR IN REVIEW]

A look back at some of the top stories that made headlines in 2018

By **KAITLIN LEMBO**

lembok@spotlightnews.com

The nation's youth stepped up and voiced out against rising concerns over gun violence in school. Here, one Bethlehem Central High School student was joined by more than 100 of her classmates as they joined a nationwide walk out on March 14.

The year 2018 could be described as a year of activism, community involvement and answers. The shooting that left 17 people dead in Parkland, Florida, and injured 17 more, saw the country rise up in response with an outpouring of rallies, politics and support. Our community participated as well. Our local sports team made it to Class AA championships in soccer. A local war hero who was killed in action finally made his journey home. Indian Ladder Trail saw many hikers and battled to stay open after unfortunate injuries and deaths. Selkirk Fire District is wondering what to do after a \$17.8M proposed plan was voted down by residents.

In this issue, we revisit the top five stories of 2018 according to our Google analytics — the ones that made people talk, the ones that made people think and the ones that bonded the community together.

Michael Hallisey /  
Spotlight News

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## ENTERTAINMENT



### Scream of a year

This week we share the scenes our photographers captured around town throughout 2018.

Story on Page B1

## SPORTS



### Comeback Kids

Bethlehem hockey bounces back from a 2-0 deficit against CBA.

Story on Page 5

Best Restaurants & Sports Pubs to watch the game?

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ISSUE DATES:  
**Jan. 23 & 30**

AD DEADLINES: **Jan. 16 & 23**



■ TOWN GOVERNMENT

# Town Board to-do's for 2019

Coffey, VanLuven weigh in on the issues they plan to address

By **DIEGO CAGARA**  
cagarad@spotlightnews.com

**BETHLEHEM** — Town Supervisor David VanLuven is well-prepared for 2019, highlighting multiple items the Town Board will need to address during the new year for residents.

## New Member

Dan Coffey will be sworn in to serve a one-year term during a ceremony at Town Hall on Thursday, Jan. 3, at 5:30 p.m. Coffey succeeds Giles Wagoner, who was appointed to the board last year to take David VanLuven's seat after he was elected as Town Supervisor.

Although he is not officially a member of the Town Board yet, Coffey

has been busy preparing himself for the position, meeting with multiple town officials and attending recent meetings to gain a better understanding of the major issues facing the town and the proposals it is considering.

Coffey recently met with Karen Shaw, Bethlehem's Open Space Coordinator. During the conversation, he learned that the town's "Conservation Easement Review Board is taking the lead in coming up with alternatives to funding open space and they will present that to the Town Board this year. I know the real estate transfer tax became an issue last year and a lot of people are against it, and that's fine, but I hope we don't cower away from looking for alternatives for funding open space."

Bethlehem officials are looking into how Colonie, Clifton Park and other nearby towns fund their open space. In particular,



VanLuven

Coffey mentioned the Town of Colonie, which is not only in the process of updating its 2005 comprehensive plan, but also looking for ways for developers, rather than the town, to fund open space.

Among the other issues he'd like to address is the possible repurposing of the largely vacant Vista Technology Campus in Slingerlands into more of a commercial center, inviting outlet or retail stores to increase tax revenue in town. Plus, he added that

residents wouldn't have to drive to Crossgates Mall or Colonie Center to shop. Coffey also plans to review the town's zoning classifications, which he sees as a way to possibly control development.

Finally, he wants to have a conversation about term lengths for town officials. He brought up how some positions, such as Town Supervisor, Town Clerk and Highway Superintendent, only have two year terms, while others, such as Town Board members and the Receiver of Taxes serve for four years. "I'm not sure how that scheme came about but it's been in place a long time," he said. "If people are happy with it, we'll keep it as is."

Coffey is already preparing for his first Board meeting as a member on Wednesday, Jan. 9, by "trying to digest [Bethlehem's] \$43 million budget ... so I can hit the ground running hopefully."

ideally set the town's visions and actions through at least 2035.

While the meetings for Slingerlands and Selkirk have already occurred on Thursday, Nov. 29 and Thursday, Dec. 13 respectively, the remaining ones are scheduled to take place from 6 to 8 p.m. on the following dates:

**South Bethlehem**

Thursday, Jan. 10  
Bethlehem Grange Hall,  
24 Bridge St. (in Selkirk)

**Delmar**

Wednesday, Jan. 30  
Delmar Reformed Church,  
386 Delaware Ave.

**North Bethlehem**

Tuesday, Feb. 12  
North Bethlehem Firehouse,  
589 Russell Road

**Glenmont**

Thursday, Mar. 7  
Glenmont Elementary  
School, 328 Route 9W

**Elsmere**

Thursday, Mar. 21  
Elsmere Elementary School  
247 Delaware Ave.

VanLuven revealed that in addition to those meetings, Bethlehem is similarly looking to schedule "targeted issue forums" in 2019 across hamlets to get residents' input on certain particular topics, like traffic, open space protection, and improving infrastructure. "One forum could also be on having Bethlehem as an age-friendly community," he added. "A community where it's easy to live whether you are a young, single, or old, and everything in between. ... We will be hiring a consulting firm to help us

take all of this information that we're gathering and organize it into an initial draft of a comprehensive plan."

He noted that the upcoming comprehensive plan "should not just be a plan that develops a vision for our future, but a plan that clearly recognizes challenges we have to accomplish that vision. And also, a clear suite of actions that we can take to overcome those challenges to achieve our vision. Actions are key because otherwise it's just talk, talk, talk."

The targeted issue forums have yet to be scheduled, as they will be informed by patterns or trends that town officials discover during the comprehensive plan community forums.

## Glenmont Roundabout


Planning for the Glenmont roundabout, located at the intersection of U.S. Route 9W and Feura Bush and Glenmont roads, will take place in 2019 so that construction can begin in 2020.

There will be another community forum where consulting engineers will present potential solutions to things residents had previously brought up about the roundabout, including improving pedestrian safety, and how construction may affect traffic and local businesses there. Bethlehem's Planning Division Director Robert Leslie confirmed that the meeting is planned for Thursday, Jan. 17, at 6 p.m. at the Glenmont Elementary School, located on 328 Route 9W. During this meeting, consulting engineers will present their possible solutions to residents' concerns raised during previous meetings, such as pedestrian safety, and the impact construction could have on traffic and local businesses.

"We're always continuing to reach out to businesses in the Glenmont area to work


## 2020 Comp Plan

Bethlehem's 2005 comprehensive plan is in the process of getting a major overhaul, a project town officials expect to complete in 2020. A large part of that process is the series of community forums scheduled to take place across the town's multiple hamlets through late March 2019. The primary purpose of these forums is to gain insight into the issues residents in each hamlet care about most so that they can ultimately be incorporated into the updated plan, which will



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■ EDUCATION



An artist's rendering of the renovated auditorium at Bethlehem Central High School.

Image provided

# BCSD to begin work on capital project

Majority of components to take place at high school

By MICHAEL HALLISEY  
halliseym@spotlightnews.com

**DELMAR** — Bethlehem Central School District expects to solicit bids later this month for its \$32.2 million capital project that was approved by voters back in 2016.

Two of its most anticipated components, renovation of the high school's Library Media Center and auditorium, are slated to begin later this year.

While the referendum will support building and site renovations, security upgrades, and mechanical, electrical and plumbing work throughout the district,

approximately 53 percent of the project work will take place at the high school.

## High school auditorium

The original auditorium, constructed in 1952, was identified as a high priority for capital investment. Scheduled work includes a complete renovation of the interior seating and stage areas, and the addition of air conditioning. Enhanced performance experiences will be supported by increasing the height of the "fly loft," widening the stage proscenium, and adding a thrust stage. These stage improvements will not only accommodate larger and more complex set designs and larger music ensembles, but also provide greater visibility and flexibility for audience members and performers.

The auditorium will expand into the high school lobby to allow for the addition of a theatrical control booth and an improved entry.

## Library Media Center

The LMC, first constructed in 1967 and expanded in 1996, was also identified as a prime opportunity to improve the student learning experience. The work in this facility encompasses a complete renovation of the library, teaching, and support spaces, and transforming the LMC into a better learning environment. Other improvements to the space include diverse teaching and study space, central hub seating area, a makerspace, and an innovative classroom. The Information

Continued on page 12

■ POLICE and COURTS

## Man attempts to use stolen credit card

**GLENMONT** — Bethlehem police arrested an Albany man on a charge of grand larceny after he allegedly tried to use a stolen credit card.

Maurice Skeen was arrested on Dec. 20 and charged with one count of grand larceny in the fourth degree, a felony. Skeen allegedly stole a lost credit card from Cumberland Farms in Glenmont on Dec. 15 and tried to use it at Best Buy in Crossgates Mall. Skeen, an employee of Cumberland Farms, also allegedly tried to transfer money from the card, with charges totaling up to \$1,500. Police allege Skeen stole the card after a coworker was given the lost card and placed it on the manager's desk.

Skeen was processed at Bethlehem Police Department and released. He is due in Bethlehem Town Court on Wednesday, Jan. 2.

## Inmate dies from suspected overdose

**COLONIE** — An inmate at the Albany County Correctional Facility died on Saturday, Dec. 22, as the result of an apparent overdose.

According to Sheriff Craig D. Apple Sr., the inmate, Shane Lemperle, was found unresponsive in his cell at around 7:30 a.m.

In his sock, corrections officers found what is suspected as a heroin mix known as "Grey Death," Apple said.

In this case, according to preliminary field tests performed by Sheriff's investigators, the bath of Grey Death found on Lamerle was a mix of the natural opioid heroin and the synthetic opioid fentanyl.

More testing on what was found on Lemperle is being conducted at the State Police crime lab. While a variation of "Grey Death" has been linked to overdose deaths in southern states, this is the first time investigators from the Sheriff's Department and the Albany County Coroner's Office have run across the drug.

There is not a set recipe for mixing the drug so what exactly is in any given batch varies. Heroin seems to be the main ingredient with a mix of one or more other synthetic opioids such as fentanyl, carfentanil, or U47700.

According to a number of new reports, the only commonality between the batches of Grey Death is the color, which is that of unmixed cement.

Like heroin, Grey Death is liquefied and shot into the vein using a hypodermic needle or snorted up the nasal cavity. It can also be absorbed through the skin, which presents dangers to first responders, and Narcan, a drug used to revive overdose victims, has limited results.

Apple said Lemperle, who was admitted to the jail on Aug. 12 out of City of Watervliet court for conspiracy, criminal possession of stolen property and a parole violation, could have smuggled the drug into the jail with help from a visitor. It may have been transferred from mouth to mouth while they were kissing, he said in televised broadcasts.

Colonie EMS arrived at the jail at around 7:49 a.m. and determined he was deceased at 7:56 a.m., Apple said.

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## From page 1 ... Year in Review: 2018

### Richard Kibbey comes home

**DELMAR** — Air Force Capt. Richard Kibbey was declared Missing in Action in February 1967 after the helicopter he was co-piloting, a Sikorsky HH3E “Jolly Green Giant,” was shot down in North Vietnam. The helicopter was targeted in the Mu Gia Pass, one of two arteries of the Ho Chi Minh Trail. This was Kibbey’s, the eldest of four brothers, first mission in this particular helicopter, his son, Richard Kibbey Jr, said. In 1978, Kibbey’s status was changed from MIA to Killed in Action, or KIA.

The Kibbey family heard nothing for 51 years about the fate of their loved one. While they would occasionally receive some communication from the U.S. government, the letters or phone calls would neither disclose Kibbey’s fate, nor the location of his remains. The answer finally came in August: Kibbey’s remains had been found,

and he was coming home.

“I’m sort of mixed [with] feelings,” said Roger Kibbey, Richard’s brother, less than three days after learning of the news from his nephew, Richard Jr. He recalled how his big brother Richard was able to “pull a few strings” to give Roger time off and visit him in Utah before being shipped to Southeast Asia. Otherwise, most of the interaction he remembers having with his big brother took place through “hit or miss” encounters while the two were in service. “There were situations where I ran into him in California pulling war games,” said Roger. “When I was in Okinawa, he would fly into Okinawa. And, when I was in Vietnam, he would fly into Vietnam. Just a hit or miss, seeing him. But, I’ve worn his bracelet ever since.” The silver bracelet Roger Kibbey wears bears his brother’s name.

Kibbey’s remains were positively identified in early December. He will be buried on March 29

in Arlington National Cemetery during a formal ceremony, according to an article published by the Albany Times Union on Dec. 17. Kibbey was promoted to Major after the accident, and Colonel after he was designated KIA.

### Indian Ladder Trail opens, closes again

**NEW SCOTLAND** — Indian Ladder Trail was in jeopardy of never opening again in early May. The trail, which usually opens during Memorial Day weekend, was being examined for the danger it poses to hikers (after a woman was seriously injured by falling rock). The two-mile footpath was etched into limestone and other erosive material by glaciers. As the path aged and weathered, several injuries and incidents tarnished the reputation of the family summer destination.

The trail finally reopened, only to be quickly closed again when a hiker found human remains on June 9. The remains were

believed to be those of Guilderland native Bruce Decker after a wallet bearing his identification was found on the body. Decker had been missing in the park for some time; his white sedan was found parked near the Paint Mine hiking trails in February. Local authorities searched the area for Decker from Feb. 22 to March 2, but suspended the search after a Nor’easter dumped two feet of snow on the trail. Six state agencies — including 40 members of the Department of Correctional and Community Services Emergency Response Team, Albany County Sheriff’s Department, eight Albany County fire departments and 12 volunteer search and rescue teams — contributed 4,487 hours to the search.

The trail was reopened the next day after all remains were cleared.

### Selkirk voters nix \$17.8M project

**SELKIRK** — The fire district’s proposed \$17.8M district project was presented to residents via a bond vote in November. The plan, designed by Mitchell Associates Architects, included the construction of a brand-new, 34,091 square-foot headquarters on district-purchased land along U.S. Route 9W beside the Albertus W. Becker Elementary School; the demolition and reconstruction of the district’s second station at 301 Glenmont Road in Glenmont that would have taken up 10,224 square feet, and the rehabilitation of its third station at 480 Bridge St. in South Bethlehem. If passed, the updates would have secured safer structures for volunteers. The plan would have cost each district resident \$75 per year, over a 25-year period.

Public meetings were held at two Selkirk substations, one on Tuesday, Nov. 27, the other on Thursday, Nov. 29, to provide voters with in-depth information about the project. The fire district perceived this project to be more efficient in the long term than building a new, fourth fire station since modern firefighting equipment has advanced since its early days and the type of band-aid repairs that have been keeping stations afloat is no longer

good enough. The original stations were built in 1928, 1952 and 1956, respectively.

Voters shot down the project on Tuesday, Dec. 11, 557-336. “We are disappointed that the public rejected the bond proposal for the fire station renovations,” Charles Wickham, the district’s Chair of the Board of Fire Commissioners, said in a press release after the vote. “The Board and the Building Committee will look at these results and make a decision about our next steps.”

### BC girls soccer road to glory

The Bethlehem High School girls’ soccer team beat No. 2 seed Shenendehowa at Stillwater High School on Oct. 29 with a score of 2-1. Coach Tom Rogan credited his team as one of the most hardworking groups he has ever had, praising their work ethic and the wide versatility of the girls’ skills.

Bethlehem’s Piper Gregory got the winning goal with 3:25 left on the clock. Team captain Grace Hotaling scored the first goal.

The girls played Section III champs Fayetteville-Manlius in the state regionals on Saturday, Nov. 3, at Ray Bodley High School in Fulton. The Eagles won 2-0. The girls made it all the way to state championships, where they lost against Monroe-Woodbury 1-0. This was the first time in program history the girls made it to state championships, Rogan said.

“When you get here it’s a loss for everyone but one team and when you do get here, it’s a bit more painful,” said coach Tom Rogan. “It was a great game, we created a lot of corner kicks, a lot of dead balls and a lot of great opportunities. They are a fantastic team and they created a lot of corner kicks and they scored on one.”

### Student walk out

**CAPITAL DISTRICT** — After Marjory Stoneman Douglas High School in Parkland, Florida became the victim of a gunman, students, parents, teachers and police said “no more.”

Students took the time immediately after the Parkland incident to

stage a walk-out in March. Hundreds of Bethlehem students walked out, days before the well-attended Albany March For Our Lives anti-violence rally. Several Parkland students spoke at the rally, and Bethlehem student Lydia Martell was one of the organizers for Albany.

Local school districts implemented strategies to combat violence. Ravena-Coeymans-Selkirk is just one of the districts participating in the Albany County Sheriff’s Office PAPERS program, an acronym for Police And Pupils Enforcing Safety. Voorheesville and Berne-Knox-Westerlo are also participating. PAPERS is designed to put the schools in direct contact with Albany County 911 dispatchers. The schools were outfitted with 19 “panic buttons.” Also, 20 two-way radios and mobile radios were outfitted on 114 school buses.

Nine days after Parkland, a Bethlehem Middle School student was arrested for allegedly making threats of school violence. The 14-year-old student, whose name was not released due to their status as a minor, was charged with one felony count of making a terroristic threat and one misdemeanor count of endangering the welfare of a child. The youth was transported to Albany County Family Court.

Last month, four Ravena-Coeymans-Selkirk students, whose ages range from 10 to 15, were arrested and suspended indefinitely after two videos were uploaded to social media allegedly depicting a school shooting. The students involved also allegedly made racial slurs throughout the video. While the video showed no identifiable connections to the school district, Superintendent Brian Bailey said the video was enough to require a full investigation. Bailey received word of the videos from a peer of the charged students and immediately forwarded it to police.

“This should be a lesson learned to anybody out there who is thinking of doing something so stupid,” Albany County Sheriff Craig Apple said to local ABC affiliate News10 WTEN.



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■ HIGH SCHOOL SPORTS

# 11 Eagles score in non-conference win

**BETHLEHEM** — Eleven Eagles scored on Thursday, Dec. 27, in a non-conference, 55-40 win over Nichols School.

Michael Ortale had 15, while Will Davis had seven and Justin Barnes had six to lead the undefeated Eagles (6-0, 9-0.) Other players who scored were: Eric Salo with five, Zach Zonca with five, Jake LaClair with four, Eric Signor with four, and Kendrick McCann with

three. Dan Gilligan, Pat Ryan and Xavier Wakefield each had two.

For Nichols, a private prep school out of Buffalo, Hugh Parks led all scorers with 19, while Jaylen Hearon had 11.

Bethlehem will play next on Jan. 3, when it will host Lansingburgh.

Check out our website for more photos of the game.

— Jim Franco



# Bethlehem bounces back to beat CBA

**COLONIE** — The Eagles hockey team went on the road and came back from a 2-0 deficit to beat rival CBA 4-3 on Friday, Dec. 21.

While the Brothers (3-1, 4-2) jumped out to a 2-0 lead after the first period at the Albany County Hockey Facility, the Eagles (4-1, 7-1) dominated the second, scoring three goals with the last coming with under two seconds on the clock.

The two teams traded goals during the third in front of a large, loud contingent of fans for both sides.

Connor Carroll had two goals and an assist for Bethlehem, while Justin Chenaille had two goals. Michael Bievenue and Ben LaVigne had two assists and one assist, respectively.

Dylan Van Epps, Hunter Pemrick and Jack Murphy each had a goal for CBA.

Michael Kurdziolek had 25 saves for the Eagles.

Check out our website for more photos of the game.

— Jim Franco





■ **ACHIEVEMENT**

# Former BCSD, RCSCD counselor honored

NYSSCA presents Gloria A. Jean with career achievement award

**BOLTON LANDING** — Gloria A. Jean, a former school counselor in the Bethlehem and Ravena-Coeymans-Selkirk Central School Districts, received the New York State School Counselor Association's Career Achievement Award during the association's annual conference at the Sagamore Resort on November 16.

The award recognizes Jean's contributions to her profession and her students. For more than 30 years, she has worked as a school counselor, department director, graduate school instructor, and education consultant. Most recently, she helped develop school counseling program regulations adopted by the New York state Education Department Board of Regents that will update district programs to better serve students and address unmet student needs.

Jean was a school counselor at Bethlehem Central High School from 1986-87 and at A.W. Becker Elementary, Ravena Elementary, RCS Middle and RCS High Schools from 1990-2007. She was instrumental in securing an abduction prevention grant that brought the Child-Lures Program to the RCS School District and coordinated its Drug Free School Grant Advisory Council,



Kristen Shearer, NYSSCA past president, left, Gloria A. Jean, and Dr. Gail Reed-Barnett, NYSSCA president.

Photo provided

while providing day-to-day support to all students in the school she worked in. She was known for providing parent programs, integrating the supports of a school counseling program into the classroom and school-wide assemblies such as Morning Program, and leading the school counseling department in updating its

comprehensive program. She left the RCS School District in 2007 to be Director of K-12 Counseling Services for the Niskayuna School District. Since retiring in 2009, she teaches at the College of Saint Rose and provides consultant and professional development programs for school districts.

■ **OBITUARY**

**O'Toole, Daniel F.**

**AGAWAM, Mass.** — Daniel F. O'Toole, 90, of Agawam, Mass., formerly of Delmar, N.Y., devoted husband of Margaret (Powers) O'Toole, passed away peacefully on Wednesday, December 19, 2018. Born in Albany, N.Y. on December 28, 1927, he was the son of the late Daniel and Catherine O'Toole. Dan grew up in the Albany area, graduated from Siena College, and worked in sales for over 50 years, including Prentice Hall Inc. He was a very faithful communicant and Eucharistic minister of St. Thomas the Apostle Church in Delmar and sang in the choir. He enjoyed traveling extensively with his wife, bowling, playing bridge, sketching, and was an avid NY Mets and NY Giants fan. Besides his devoted wife of 68 years, he leaves six loving children, Kathleen Colasurdo, Patricia Caulfield (Bob), Daniel O'Toole, Eileen Sorrows (Tim), Michael O'Toole (Linda), and Timothy O'Toole (Eileen); 14 grandchildren; 13 great-grandchildren; his sister-in-law, Irene Jamieson; and several nieces and nephews. Besides his parents, he was predeceased by his brother, John O'Toole; son-in-law Charles Colasurdo; and daughter-in-law, Betsey O'Toole. His family received friends on Saturday, December 29, from noon to 1 p.m. at the Agawam Funeral Home, 184 Main St., Agawam, Mass. A Memorial Service took place at 1 p.m. at the funeral home. Burial will be private. Memorial donations may be made to the Wounded Warrior Project, P. O. Box 75817, Topeka, Kansas 66675.

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124 WEST 20TH STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 11/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-204152

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14 WHITWELL GT LLC. Arts. of Org. filed with the SSNY on 11/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 12 College Place, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-203383

**NOTICE OF LLC FORMATION**

167A, LLC. Arts. of Org. filed with the SSNY on 03/07/18. Latest date to dissolve: 12/31/2115. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Elisha Purdy Road, Amawalk, NY 10501. Purpose: Any lawful purpose. D-204245

**NOTICE OF LLC FORMATION**

211 EAST 46 RETAIL 1, LLC. Arts. of Org. filed with the SSNY on 12/05/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 259 West 30th Street, Suite 302, New York, NY 10001. Purpose: Any lawful purpose. D-204581

**NOTICE OF LLC FORMATION**

232 WESTCHESTER, LLC. Arts. of Org. filed with the SSNY on 03/07/18. Latest date to dissolve: 12/31/2115. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Elisha Purdy Road, Amawalk, NY 10501. Purpose: Any lawful purpose. D-204247

**LEGALS****NOTICE OF LLC FORMATION**

2441 JEROME LLC. Arts. of Org. filed with the SSNY on 12/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 420 E. 79th Street, #3B, New York, NY 10075. Purpose: Any lawful purpose. D-204860

**NOTICE OF LLC FORMATION**

2732 CRESTON DEVELOPMENT LLC. Arts. of Org. filed with the SSNY on 07/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o SKF Development LLC, 38 West 21st Street, 8th Floor, New York, NY 10010. Purpose: Any lawful purpose. D-204762

**NOTICE OF LLC FORMATION**

303 41D, LLC. Arts. of Org. filed with the SSNY on 12/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Debra J. Millman, Esq., 420 Lexington Avenue, Suite 2834, New York, NY 10170. Purpose: Any lawful purpose. D-205356

**NOTICE OF LLC FORMATION**

337 90th STREET REALTY, LLC. Arts. of Org. filed with the SSNY on 12/03/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 175 West Broadway, New York, NY 10013. Purpose: Any lawful purpose. D-204765

**NOTICE OF LLC FORMATION**

347 PROSPECT PLACE FUNDING LLC. Arts. of Org. filed with the SSNY on 10/02/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-204037

**NOTICE OF LLC FORMATION**

3522 AVENUE S REALTY LLC. Arts. of Org. filed with the SSNY on 10/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3522 Avenue S, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-202798

**NOTICE OF LLC FORMATION**

353NYC, LLC. Arts. of Org. filed with the SSNY on 12/04/18. Office: Al-

**LEGALS**

bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Reginald White & Rhianna White, 4348 Middlesex Drive, San Diego, CA 92116. Purpose: Any lawful purpose. D-204767

**NOTICE OF LLC FORMATION**

37-59 81ST FUNDING LLC. Arts. of Org. filed with the SSNY on 10/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-203286

**NOTICE OF LLC FORMATION**

3SIXTY FUNDRAISING LLC. Arts. of Org. filed with the SSNY on 01/02/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o We Work Soho, 154 Grand Street, New York, NY 10013. Purpose: Any lawful purpose. D-203990

**NOTICE OF LLC FORMATION**

416 EAST 61st STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 12/18/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-205714

**NOTICE OF LLC FORMATION**

42 SECOND STREET REALTY, LLC. Arts. of Org. filed with the SSNY on 12/03/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Caroline Malvasio, 42 Second Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-204203

**NOTICE OF LLC FORMATION**

426-432 W 52 ST 4F LLC. Arts. of Org. filed with the SSNY on 11/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 41A Wingersheek Road, Gloucester, MA 01930. Purpose: Any lawful purpose. D-203912

**NOTICE OF LLC FORMATION**

426-432 W 52 ST 5A LLC. Arts. of Org. filed with the SSNY on 11/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of

**LEGALS**

process to the LLC, 41A Wingersheek Road, Gloucester, MA 01930. Purpose: Any lawful purpose. D-203916

**NOTICE OF LLC FORMATION**

45 GARAGE LLC. Arts. of Org. filed with the SSNY on 11/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 521 West 48th Street, Suite 1A, New York, NY 10036. Purpose: Any lawful purpose. D-203608

**NOTICE OF LLC FORMATION**

5922 20TH AVE LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5922 20th Avenue, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-203376

**NOTICE OF LLC FORMATION**

605 WEST 42nd STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 12/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-205462

**NOTICE OF LLC FORMATION**

79-25 QUEENS LLC. Arts. of Org. filed with the SSNY on 11/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 118-21 Queens Boulevard, Suite 509, Forest Hills, NY 11375, ATTN: Richard Creditor. Purpose: Any lawful purpose. D-204155

**NOTICE OF LLC FORMATION**

880 WOODWARD LLC. Arts. of Org. filed with the SSNY on 11/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 863606, Ridgewood, NY 11386. Purpose: Any lawful purpose. D-203037

**NOTICE OF LLC FORMATION**

8E 900 PARK AVENUE LLC. Arts. of Org. filed with the SSNY on 11/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Marie Douglass, 900 Park Avenue, New York, NY 10075. Purpose: Any lawful purpose. D-204156

**LEGALS****NOTICE OF LLC FORMATION**

900 8th AVENUE GARAGE LLC. Arts. of Org. filed with the SSNY on 12/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-205463

**NOTICE OF LLC FORMATION**

909 PROVOST LLC. Arts. of Org. filed with the SSNY on 12/04/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Pike, Tuch & Cohen, LLP, 1921 Bellmore Avenue, Bellmore, NY 11710. Purpose: Any lawful purpose. D-204420

**NOTICE OF LLC FORMATION**

A4INVESTORS, LLC. Arts. of Org. filed with the SSNY on 12/04/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1957 Richmond Terrace, Staten Island, NY 10302. Purpose: Any lawful purpose. D-204374

**NOTICE OF LLC FORMATION**

ABDIEL JACOBSEN DANCE COLLECTIVE LLC. Arts. of Org. filed with the SSNY on 10/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 W. 20th St., Apt. 401, New York, NY 10011. Purpose: Any lawful purpose. D-203029

**NOTICE OF LLC FORMATION**

ACB GARAGE LLC. Arts. of Org. filed with the SSNY on 11/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-203777

**NOTICE OF LLC FORMATION**

ADURASA LLC. Arts. of Org. filed with the SSNY on 12/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3839 NW Boca Raton Boulevard, Suite 100, Boca Raton, FL 33431. Purpose: Any lawful purpose. D-205442

**LEGALS****ADVERTISEMENT FOR BIDS 00 0300**

NOTICE IS HEREBY GIVEN, that sealed proposals are sought and requested by the Bethlehem Central School District for Work of Multiple Contracts consisting of Additions and Alterations to the District Buildings listed below in accordance with Drawings, Specifications, and other Bidding and Contract Documents prepared by Ashley McGraw Architects, 125 East Jefferson Street, Syracuse, New York 13202.

Senior High School N.Y.S.E.D. No. 01-03-06-06-0-006-034  
Toilet/Storage Bldg @ HS Field N.Y.S.E.D. No. 01-03-06-06-7-051-001  
HS Varsity Baseball 3rd Base Dugout N.Y.S.E.D. No. 01-03-06-06-7-055-001  
HS Varsity Baseball 1st Base Dugout N.Y.S.E.D. No. 01-03-06-06-7-054-001  
HS Press Box N.Y.S.E.D. No. 01-03-06-06-7-023-002  
New HS Press Box N.Y.S.E.D. No. 01-03-06-06-7-056-001

Masonry Shed at High School N.Y.S.E.D. No. 01-03-06-06-2-018-001  
Concession Stand @ High School N.Y.S.E.D. No. 01-03-06-06-7-028-002  
Middle School N.Y.S.E.D. No. 01-03-06-06-0-005-024  
Eagle Elementary N.Y.S.E.D. No. 01-03-06-06-0-026-005  
Elsmere Elementary N.Y.S.E.D. No. 01-03-06-06-0-008-019  
Glenmont Elementary N.Y.S.E.D. No. 01-03-06-06-0-002-015  
Hamagrael Elementary N.Y.S.E.D. No. 01-03-06-06-0-003-018  
Slingerlands Elementary N.Y.S.E.D. No. 01-03-06-06-0-009-014  
Maintenance & Storage Facility N.Y.S.E.D. No. 01-03-06-06-3-012-008  
Bus Garage N.Y.S.E.D. No. 01-03-06-06-5-010-011

Bids are requested for the following Prime Contracts:  
1. Site Work  
2. General Construction Work  
3. Mechanical Work  
4. Plumbing Work  
5. Electrical Work

One copy of Sealed Bids will be received until 2:00pm, local time on Thursday January 31st 2019 at the Operations and Maintenance (O&M) Department, 65 Elm Avenue, Delmar, NY 12054, at which time all bids will be opened and read aloud.

Bid packages must be clearly marked with the prime contract being bid.

The Bidding Documents shall be available beginning Monday, January 7, 2019 and may also be examined at the following locations:  
Associated Building Contractors of the Triple Cities, Inc. 15 Belden Street  
Binghamton, NY 13903  
www.abcothetriplicities.com

Builders Exchange of Rochester, Inc. 180 Linden Oaks, Suite 100  
Rochester, NY 14625

**LEGALS**

www.robex.com  
Construction Exchange of Buffalo & Western New York, Inc. 2660 William Street  
Cheektowaga, NY 14227  
www.conexbuff.com

Eastern Contractors Association, Inc. 6 Airline Drive  
Albany, NY 12205  
www.ecainc.org

Mohawk Valley Builders Exchange, Inc. 728 Court Street  
Utica, NY 13502  
www.mvbe.com

Northern New York Builders Exchange, Inc. 22074 Fabco Road  
Watertown, NY 13601  
www.nnybe.com

Syracuse Builders Exchange, Inc. 6563 Ridings Road  
Syracuse, NY 13206  
www.syrabex.com

Reed Construction Data 30 Technology Pkwy South, #100  
Norcross, GA 30092  
www.reedconstruction-data.com

McGraw Hill / Dodge Reports Online www.construction.com  
Works in Progress 20 Farrell Street  
South Burlington, VT 05403  
www.worksinprogress.com

Drawings, Specifications, and Bid Forms (Contract Documents) may be obtained from the Plan Holder, Plan & Print Systems, Inc., (315-437-5111) 6160 Eastern Avenue, Syracuse, New York 13211, as follows:

A deposit of \$100.00 is required for each complete PAPER set. A separate, non-refundable check in the amount of \$20.00 per PAPER set is required for shipping and handling.

In lieu of (or in addition to) a PAPER set of Construction Documents, bidders may request from the Plan Holder a CD with PDF files of all drawings and specifications, at a non-refundable cost (including shipping and handling) of \$25.00.

Checks for deposit for Contract Documents shall be made payable to the Bethlehem CSD (but delivered to Plan Holder).

Checks for shipping and handling costs shall be made payable to the Plan Holder, or bidders may pick up documents in person.

Cash is not acceptable as a deposit for Contract Documents. Partial sets requested, shall be obtained by interested parties, at their cost, with no money returned.

Documents may also be viewed free of charge at the Plan Holder's website.

CHECKS RECEIVED WITHOUT TELEPHONE NUMBER, FAX NUMBER, AND SHIPPING ADDRESS SHALL BE RETURNED.

PLANS AND SPECS WILL NOT BE SHIPPED TO POST OFFICE BOXES.

Contractors who have paid aforesaid deposit for an entire set of Bidding and Contract Documents and return such sets to Plan Holder

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in good condition within thirty (30) calendar days after opening of bids, shall receive refund of such deposit for each set, not exceeding three (3), so returned to Plan Holder.

As bid security, each proposal shall be accompanied by Certified Check or Bid Bond made out to Owner, in accordance with amounts and terms described in INSTRUCTIONS TO BIDDERS.

The Owner reserves the right to waive any informalities in, or to reject, any and all bids. No bidder may withdraw his proposal within thirty (30) calendar days of actual date of opening thereof.

Pre-Bid Conference: Bethlehem CSD has scheduled a Pre-Bid Conference in order to review specific requirements of these contracts. All prospective bidders are strongly encouraged to attend. The Pre-Bid Conference is scheduled for 10:30 am, Tuesday, January 15, 2019 at the Bethlehem High School Auditorium, 700 Delaware Ave, Delmar, New York 12054.

Site Visits: Alternate site visits may be requested. All requests must be made through Ronnie Schermerhorn at 518-755-2410. D-205429

**NOTICE OF LLC FORMATION**

AIMIENT LLC. Arts. of Org. filed with the SSNY on 12/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 Rector Place, New York, NY 10280. Purpose: Any lawful purpose. D-204861

**NOTICE OF LLC FORMATION**

AKA BRD LLC. Arts. of Org. filed with the SSNY on 12/03/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Tesser, Ryan & Rochman, LLP, 509 Madison Avenue, Suite 1004, New York, NY 10022. Purpose: Any lawful purpose. D-204241

**NOTICE OF LLC FORMATION**

ALLERTEES LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 95 Avenue B, Floor 2, New York, NY 10009. Purpose: Any lawful purpose. D-204559

**NOTICE OF LLC FORMATION**

ANN C. DAVID, LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-



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cess to the LLC, PO Box 373, New York, NY 10021-9998. Purpose: Any lawful purpose. D-203293

## NOTICE OF LLC FORMATION

ANTWERP J, LLC. Arts. of Org. filed with the SSNY on 11/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 129 East 101st Street, #3, New York, NY 10029. Purpose: Any lawful purpose. D-203988

## NOTICE OF LLC FORMATION

ATLANTIC WASHINGTON FUNDING LLC. Arts. of Org. filed with the SSNY on 11/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirschmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-204036

## NOTICE OF LLC FORMATION

AVANEL COUTURE, LLC. Arts. of Org. filed with the SSNY on 11/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Brach Rivka Reich, 2415 Avenue L, Second Floor, Brooklyn, NY 11210. Purpose: Any lawful purpose. D-203377

## NOTICE OF LLC FORMATION

AVANTIFY TECHNOLOGY LLC. Arts. of Org. filed with the SSNY on 12/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 555 Madison Ave, 5th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-204793

## NOTICE OF LLC FORMATION

BALADNA TRAVEL & TOURS LLC. Arts. of Org. filed with the SSNY on 11/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 371 E. 2nd Street, 1st Floor, Brooklyn, NY 11218. Purpose: Any lawful purpose. D-204161

## NOTICE OF LLC FORMATION

BALLINGERS EV LLC. Arts. of Org. filed with the SSNY on 11/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 85 Fourth Avenue, New York, NY 10003. Purpose: Any lawful purpose. D-204145

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## NOTICE OF LLC FORMATION

BARESPACE LLC. Arts. of Org. filed with the SSNY on 04/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Ioannis Kandyliaris, 175 Herkimer Street, Apartment 2, Brooklyn, NY 11216. Registered agent c/o Northwest Registered Agent LLC, 90 State Street, Suite 700, Office 40, Albany, NY 12207. Purpose: Any lawful purpose. D-205459

## NOTICE OF LLC FORMATION

BEIT ROMEMU, LLC. Arts. of Org. filed with the SSNY on 09/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Barry Kitaeff, c/o Matthews & Co. LLP, 270 Madison Avenue, New York, NY 10016. Purpose: Any lawful purpose. D-202663

## NOTICE OF LLC FORMATION

BOSTAR PROPERTY LLC. Arts. of Org. filed with the SSNY on 12/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 565 Broome Street, Unit S5A, New York, NY 10013. Purpose: Any lawful purpose. D-205802

## NOTICE OF LLC FORMATION

BROOKSTONE CAPITAL REALTY, LLC. Arts. of Org. filed with the SSNY on 12/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Miriam L. Paskus, 4502 17th Avenue, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-204895

## NOTICE OF LLC FORMATION

BROOKSTONE GROUP LLC. Arts. of Org. filed with the SSNY on 12/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Miriam L. Paskus, 4502 17th Avenue, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-204896

## NOTICE OF LLC FORMATION

CAROLINA FALCON, LLC. Arts. of Org. filed with the SSNY on 12/03/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 515 Madison Avenue, 31st Floor, New York, NY 10022. Purpose: Any lawful purpose. D-204183

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## NOTICE OF LLC FORMATION

CHEF FAM LLC. Arts. of Org. filed with the SSNY on 12/04/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 4721, Schenectady, NY 12306. Purpose: Any lawful purpose. D-204506

## NOTICE OF LLC FORMATION

CHELSEA DEVELOPMENT GROUP I, LLC. Arts. of Org. filed with the SSNY on 11/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Salvatore Fontana, 2620 National Drive, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-205408

## NOTICE OF LLC FORMATION

CHURTON, LLC. Arts. of Org. filed with the SSNY on 11/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 860 West Blackhawk Street, Apartment 2601, Chicago, IL 60642. Purpose: Any lawful purpose. D-203778

## NOTICE OF LLC FORMATION

COOPER CROSBY VENTURES, LLC. Arts. of Org. filed with the SSNY on 11/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 424 West Broadway, 3rd Floor, New York, NY 10012. Purpose: Any lawful purpose. D-204041

## NOTICE OF LLC FORMATION

CRG-NY, LLC. Arts. of Org. filed with the SSNY on 12/04/18. Latest date to dissolve: 12/31/2099. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Lawrence P. Giardina, Esq., 8212 Third Avenue, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-204419

## NOTICE OF LLC FORMATION

DEISSY BORAL LLC. Arts. of Org. filed with the SSNY on 12/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 51 Dalewood Avenue, Fairfield, CT 06824. Purpose: Any lawful purpose. D-205097

## NOTICE OF LLC FORMATION

DeLaCruz Spones, LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as

## LEGALS

agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Brian DeLaCruz, 30-41 88th Street, East Elmhurst, NY 11369. Purpose: Any lawful purpose. D-203295

## NOTICE OF LLC FORMATION

DIANE & SALVATORE REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 11/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Salvatore Fontana, 2620 National Drive, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-205408

## NOTICE OF LLC FORMATION

DIXON HOUSE LLC. Arts. of Org. filed with the SSNY on 11/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 860 West Blackhawk Street, Apartment 2601, Chicago, IL 60642. Purpose: Any lawful purpose. D-203778

## NOTICE OF LLC FORMATION

EHK ALBANY PROPERTY, LLC. Arts. of Org. filed with the SSNY on 11/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Empire Cir, Slingerlands, NY 12159. Purpose: Any lawful purpose. D-203382

## NOTICE OF LLC FORMATION

FIRE MARBLE LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2049 Century Park East, Suite 1400, Los Angeles, CA 90067. Purpose: Any lawful purpose. D-203302

## NOTICE OF LLC FORMATION

G & W ASSOCIATES #3, LLC. Arts. of Org. filed with the SSNY on 11/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 141-31 72nd Crescent, Flushing, NY 11367. Purpose: Any lawful purpose. D-205682

## NOTICE OF LLC FORMATION

GAI NYC LLC. Arts. of Org. filed with the SSNY on 11/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

## LEGALS

LLC, c/o Fish Cheeks, 55 Bond Street, New York, NY 10012. Purpose: Any lawful purpose. D-203770

## NOTICE OF LLC FORMATION

GFI LLC. Arts. of Org. filed with the SSNY on 12/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Conor Murphy, 411 East 53rd Street, New York, NY 10022. Purpose: Any lawful purpose. D-205409

## NOTICE OF LLC FORMATION

GILLIB HOLDINGS LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Parkit Management, 250 W. 26th Street, New York, NY 10001. Purpose: Any lawful purpose. D-203922

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Name of LLC: Grace Roofing, LLC  
The Articles of Organization were filed with the NY Secretary of State (SSNY) 11/15/2018. The office of the LLC is located in Albany Co. SSNY is designated as the agent of LLC upon whom process may be served. SSNY shall mail copy of any process to the LLC at: Guinevere Gorman, 1562 New Scotland Rd., Slingerlands, NY 12159. Purpose: Any lawful activity. D-203455

## NOTICE OF LLC FORMATION

GREEN TERRACE CONDOMINIUM BOARD LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 408 8th Avenue, Suite 206, New York, NY 10001. Purpose: Any lawful purpose. D-203314

## NOTICE OF LLC FORMATION

GROWTHPOINT DEVELOPMENT, LLC. Arts. of Org. filed with the SSNY on 12/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Nicholas Marsh, 130 East 75th Street, Unit 5A, New York, NY 10021. Purpose: Any lawful purpose. D-205223

## NOTICE OF LLC FORMATION

H&H BAY RIDGE REALTY LLC. Arts. of Org. filed with the SSNY on 11/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of

## LEGALS

process to the LLC, 82 89th Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-203595

## NOTICE OF LLC FORMATION

HOUSE OF STUDS LLC. Arts. of Org. filed with the SSNY on 11/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1270 Avenue of the Americas, 15th Floor, New York, NY 10020. Purpose: Any lawful purpose. D-203599

## NOTICE OF LLC FORMATION

HScully LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2409 Ocean Pointe Place, Wilmington, NC 28405. Purpose: Any lawful purpose. D-203317

## NOTICE OF LLC FORMATION

HVR CONSULTING LLC. Arts. of Org. filed with the SSNY on 11/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 550 West 54th Street, Apartment 27C, New York, NY 10019. Purpose: Any lawful purpose. D-202707

## NOTICE OF LLC FORMATION

JAL COLLECTIVE LLC. Arts. of Org. filed with the SSNY on 11/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 77 Douglas Street, Apartment 4, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-203779

## NOTICE OF LLC FORMATION

JSS FOUNDATIONS LLC. Arts. of Org. filed with the SSNY on 11/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Holihan & Associates, P.C., 135-24 Hillside Avenue, Richmond Hill, NY 11418. Purpose: Any lawful purpose. EB-204164

## NOTICE OF LLC FORMATION

KONSTANTIN DIMOPOULOS LLC. Arts. of Org. filed with the SSNY on 12/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 170 Ridge Avenue, Staten Island, NY 10304. Purpose: Any lawful purpose. D-205225

## NOTICE OF LLC FORMATION

LIZ AND JOSE, LLC. Arts. of Org. filed with the SSNY on 10/16/18. Office: Albany County.

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## NOTICE OF LLC FORMATION

KPEP REALTY LLC. Arts. of Org. filed with the SSNY on 11/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Esphir Popilevsky, 44 Robin Court, Staten Island, NY 10309. Purpose: Any lawful purpose. D-202708

## NOTICE OF LLC FORMATION

KUSUMA ENTERPRISES, LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 1758, New York, NY 10101. Purpose: Any lawful purpose. D-203323

## NOTICE OF LLC FORMATION

L&P DUNE ASSOCIATES, LLC. App. for Auth. filed with the SSNY on 11/07/18. Originally filed with Secretary of State of Delaware on 12/21/2012. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 West 86th Street, 16J, New York, NY 10024. Purpose: Any lawful purpose. D-203907

## NOTICE OF LLC FORMATION

LAYER, LLC. Arts. of Org. filed with the SSNY on 10/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Anthony Watts, 450 West 24th Street, #10D, New York, NY 10011. Purpose: Any lawful purpose. D-202664

## NOTICE OF LLC FORMATION

LIMENI MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 11/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 130 East End Avenue, Suite 12A, New York, NY 10028. Purpose: Any lawful purpose. D-203604

## NOTICE OF LLC FORMATION

LION ADVISORY CONSULTANTS LLC. Arts. of Org. filed with the SSNY on 12/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 584 Broadway, Suite 801, New York, NY 10012. Purpose: Any lawful purpose. D-204066

## NOTICE OF LLC FORMATION

NIZA WORKS OF ARCHITECTURE PLLC. Arts. of Org. filed with the SSNY on 06/18/15. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail

## LEGALS

SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Chaifetz & Chaifetz, Esqs., 415 Madison Avenue, 5th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-203265

## NOTICE OF LLC FORMATION

LUMS 54 ST., LLC. Arts. of Org. filed with the SSNY on 12/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6214 10th Avenue, Apartment 2F, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-205098

## NOTICE OF LLC FORMATION

MAGIC SHEPPARD LLC. Arts. of Org. filed with the SSNY on 12/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 301 West 57th Street, #18D, New York, NY 10019. Purpose: Any lawful purpose. D-204897

## NOTICE OF LLC FORMATION

MIA MICHAEL LLC. Arts. of Org. filed with the SSNY on 12/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 65-11 108th Street, Suite A, Forest Hills, NY 11375. Purpose: Any lawful purpose. D-205591

## NOTICE OF LLC FORMATION

MIDWOOD MONTESORI, LLC. Arts. of Org. filed with the SSNY on 11/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Edward B. Safran, Esq., 88 Pine Street, 7th Floor, Wall Street Plaza, New York, NY 10005. Purpose: Any lawful purpose. D-202827

## NOTICE OF LLC FORMATION

NEW TRADITION OTS LLC. Arts. of Org. filed with the SSNY on 11/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 584 Broadway, Suite 801, New York, NY 10012. Purpose: Any lawful purpose. D-204066

## NOTICE OF PLLC FORMATION

NIZA WORKS OF ARCHITECTURE PLLC. Arts. of Org. filed with the SSNY on 06/18/15. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail



## COMMUNITY

### Women's luncheon

**GUILDERLAND** — The Capital District Christian Women's Connection will host a luncheon titled "Let's Get Smart with our Money" on Wednesday, Jan. 9, at the Guilderland Elks Lodge from 11:30 a.m. to approximately 1:30 p.m. A chicken marsala meal will be served.

This month's featured speakers are Pam Hallenbeck from Primerica, who will share tips on how to improve money management, and Amsterdam resident Pat Kelly, who will inspire attendees with her true life story. The bubbly, bouncy, lovely Carla Paige will provide musical entertainment.

The cost to attend is \$16, payable in cash at the door. Reservations are required and should be made no later than Friday, Jan. 4, by calling Nancy at 518-869-0642.

For more information, please contact Shirley Unser at 518-421-4057 or shirlunser@msn.com, or visit www.stonecroft.org.

The Guilderland Elks Lodge is located at 3867 Carman Road (NY Rte. 146) in Guilderland.

### Family program

**DELMAR** — Five Rivers Environmental Education Center will host a family program titled "Frosty the Bird Feeder" on Saturday, Jan. 5, beginning at 10 a.m.

Attendees will not only learn about the benefits of feeding the birds, but also build a snowman bird feeder. While there is no cost to attend the program, space is limited and registration is required.

To register, please call the center at 518-475-0291 before 4:30 p.m. on Thursday, Jan. 3.

For more information, call 518-475-0291 or visit its

website at [www.dec.ny.gov/education/1835.html](http://www.dec.ny.gov/education/1835.html).

Five Rivers Environmental Education Center is located at 56 Game Farm Road in Delmar.

### Open house

**DELMAR** — The Albany Figure Skating Club will celebrate National Skating Month with an Open House on Saturday, Jan. 5, from 11:30 a.m. to 1:30 p.m. at the Bethlehem YMCA.

If you've ever thought about ice skating lessons, here's your opportunity to try it out for free.

Club coaches will be on the ice providing mini lessons and answers to your questions about its Learn to Skate program. Skates will be available to rent.

For more information, please visit the Albany Figure Skating Club's website at [www.albanyfsc.org](http://www.albanyfsc.org) or email [info@albanyfsc.org](mailto:info@albanyfsc.org). The Bethlehem YMCA is

located at 900 Delaware Ave (NY Rte. 443) in Delmar.

### Twelfth Night at Schuyler Mansion

**ALBANY** — Schuyler Mansion State Historic Site will hold its annual Twelfth Night celebration on Saturday, Jan. 5, from 4 to 7 p.m. The snow date for the event is Sunday, Jan. 6.

Celebrate Twelfth Night 18th century style! This traditional holiday was marked by New York's English and Dutch settlers in the 17th and 18th Centuries with a night of unsurpassed feasting and revelry.

Attendees will be able to enjoy an open house, 18th century holiday fare, live music, bonfires, historical reenactors and wassail toasts.

Admission is \$6 for adults, \$5 for seniors and students and \$1 for children ages 12 and younger. For more information about

this event, call 518-434-0834 or visit [www.facebook.com/schuylermansion/](http://www.facebook.com/schuylermansion/).

Schulyer Mansion is located at 32 Catherine Street in Albany.

### Pizza fundraiser

**EAST BERNE** — Helderberg Christian School is still taking orders for its pizza fundraiser. Cheese pizzas are \$10 each, pizzas with one topping are \$13 each, two toppings are \$15 each, or three or more toppings are \$17 each. All pizzas will have eight slices. Saturday, Jan. 12, is the last day to submit orders.

Pizzas will be available for pickup at the school on Friday, Jan. 18, from 4:45 to 8 p.m.

For more details or to place an order, contact Mrs. Dean at 518-795-7491 or via email at [mdean@helderbergchristianschool.org](mailto:mdean@helderbergchristianschool.org)

The Helderberg Christian School is located at 96 Main St. in East Berne.

#### LEGALS

copy of process to the PLLC, 129 Hutton Street, Jersey City, NJ 07307. Purpose: For the practice of the profession of Architecture. D-202796

#### NOTICE OF LLC FORMATION

NYC8, LLC. Arts. of Org. filed with the SSNY on 10/05/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq., Barton, LLP, 110 East 30th Street, 5th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-205411

#### NOTICE OF LLC FORMATION

OBSERVATORY PLACE HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 11/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 110 East 30th Street, 5th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-204583

#### NOTICE OF LLC FORMATION

OPTIMUM HR REALTY LLC. Arts. of Org. filed with the SSNY on 11/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 416 Bay Ridge Parkway, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-202800

#### NOTICE OF LLC FORMATION

OUTOFFLINE ART LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County.

#### LEGALS

SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 44-12 43rd Avenue, Sunnyside, NY 11104. Purpose: Any lawful purpose. D-203337

#### NOTICE OF LLC FORMATION

OVERLAY OFFICE, LLC. Arts. of Org. filed with the SSNY on 12/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 Jay Street, Suite 906, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-204665

#### NOTICE OF LLC FORMATION

PEMMIL AFFORDABLE LLC. Arts. of Org. filed with the SSNY on 07/31/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies Inc., 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-204804

#### NOTICE OF LLC FORMATION

PEMMIL BP 33 MEMBER LLC. Arts. of Org. filed with the SSNY on 10/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-203824

#### LEGALS

#### NOTICE OF LLC FORMATION

PEMMIL CM SERVICES LLC. Arts. of Org. filed with the SSNY on 11/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies, 70 East 55th St, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-204805

#### NOTICE OF LLC FORMATION

PEMMIL LIQUIDITY LLC. Arts. of Org. filed with the SSNY on 09/25/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-204803

#### NOTICE OF LLC FORMATION

PENELOPE ODYSSEA LLC. Arts. of Org. filed with the SSNY on 12/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Penelope Vaggelas, 167-15 12th Avenue, Apartment 3D, Whitestone, NY 11357. Purpose: Any lawful purpose. D-205226

#### NOTICE OF LLC FORMATION

PRINCE STREET 1B LLC. Arts. of Org. filed with the SSNY on 11/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

#### LEGALS

SSNY shall mail copy of process to the LLC, 34 Prince Street, #1B, New York, NY 10012. Purpose: Any lawful purpose. D-202665

#### NOTICE OF LLC FORMATION

R2 ENTERPRISES, LLC. Arts. of Org. filed with the SSNY on 11/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 235 W. 70th Street, Apartment 5H, New York, NY 10023. Purpose: Any lawful purpose. D-203036

#### NOTICE OF PLLC FORMATION

RA DESIGN ENGINEERING, PLLC. Arts. of Org. filed with the SSNY on 11/07/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 353 Third Avenue, Unit 116, New York, NY 10010. Purpose: For the practice of the profession of Professional Engineering. D-203828

#### NOTICE OF LLC FORMATION

RH CENTRIA LLC. Arts. of Org. filed with the SSNY on 11/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 18 West 48th Street, Unit # 34A, New York, NY 10036. Purpose: Any lawful purpose. D-204978

#### NOTICE OF PLLC FORMATION

RICHMAN LAW FIRM PLLC. Arts. of Org. filed with the SSNY on 12/03/18. Office: Albany

#### LEGALS

County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 310 Lexington Avenue, Apartment 8D, New York, NY 10017. Purpose: For the practice of the profession of Law. D-204201

#### NOTICE OF PLLC FORMATION

SASHA ZILL PHYSICAL THERAPY PLLC. Arts. of Org. filed with the SSNY on 11/16/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 255 West 75th Street, 3G, New York, NY 10023. Purpose: For the practice of the profession of Physical Therapy. D-203099

#### NOTICE OF LLC FORMATION

SERENA HARLEM, LLC. Arts. of Org. filed with the SSNY on 12/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Lido, 2168 Frederick Douglass Boulevard, New York, NY 10026. Purpose: Any lawful purpose. D-205339

#### NOTICE OF LLC FORMATION

SES VENTURES LLC. Arts. of Org. filed with the SSNY on 12/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1165 Park Avenue, Unit 8B, New York, NY 10128. Purpose: Any lawful purpose. D-204857

#### LEGALS

#### NOTICE OF LLC FORMATION

SETIEN MIDSTREAM, LLC. App. for Auth. filed with the SSNY on 08/02/18. Originally filed with Secretary of State of Delaware on 09/02/2016. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1 World Trade Center, 46th Floor, Suite 46M, New York, NY 10007. Purpose: Any lawful purpose. D-205412

#### NOTICE OF LLC FORMATION

SHELTON P. SMITH LLC. Arts. of Org. filed with the SSNY on 12/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 26 E. 10th Street, Apartment 5G, New York, NY 10003. Purpose: Any lawful purpose. D-204797

#### NOTICE OF LLC FORMATION

SKY HORSE REALTY LLC. Arts. of Org. filed with the SSNY on 11/16/18. Latest date to dissolve: 12/31/2098. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3153 Fulton Street, First Floor, Brooklyn, NY 11208. Purpose: Any lawful purpose. D-202746

#### NOTICE OF LLC FORMATION

SoHa115 Residential, LLC. Arts. of Org. filed with the SSNY on 12/03/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process

#### LEGALS

against it may be served. SSNY shall mail copy of process to the LLC, c/o Wendi Bergamini, 257 West 117th Street, Unit 2E, New York, NY 10026. Purpose: Any lawful purpose. D-204202

#### NOTICE OF LLC FORMATION

SOUTH SHORE FOODS LLC. Arts. of Org. filed with the SSNY on 11/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 268 Shotwell Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose. EB-204165

#### NOTICE OF LLC FORMATION

TILDEN MEMBER LLC. Arts. of Org. filed with the SSNY on 10/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o SKF Development LLC, 38 West 21st Street, 8th Floor, New York, NY 10010. Purpose: Any lawful purpose. D-203765

#### NOTICE OF LLC FORMATION

TOP GUN DISTRIBUTIONS LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 243-09 73rd Avenue, Little Neck, NY 11362. Purpose: Any lawful purpose. D-203340

#### NOTICE OF LLC FORMATION

TWIGS OFFICIAL LLC. Arts. of Org. filed with the SSNY on 12/12/18.

#### LEGALS

Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 149 Conseyea Street, Unit 2A, Brooklyn, NY 11211. Purpose: Any lawful purpose. C-205227

#### NOTICE OF LLC FORMATION

VICTORIA SHTAINER REALTY LLC. Arts. of Org. filed with the SSNY on 12/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 255 East 74th Street, Apt. 10A, New York, NY 10021. Purpose: Any lawful purpose. D-205803

#### NOTICE OF LLC FORMATION

VISUAL29, LLC. Arts. of Org. filed with the SSNY on 11/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Pavel Levter, 167 Baden Place, Staten Island, NY 10306. Purpose: Any lawful purpose. D-203425

#### NOTICE OF LLC FORMATION

WEST 12TH STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 12/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-205461





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January 2, 2019

# Spotlight on Opinion

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## FROM THE EDITOR'S DESK

# Happy New Year

This is where we're obligated to wish everyone a joyous and prosperous new year, but the truth is, there are too many of us who place too much emphasis on wishing, and not enough doing.

Excuse the harsh tone, but take a look at the old tradition of waiting for Jan. 1 to start working on what is commonly referred to as the New Year's Resolution. It's a plan, or a promise to ourselves, that we're going to improve in some form or capacity. The two most common of those promises usually focuses on the want to save more money, and the need to lose weight. When you think about it, they kind of go hand in

hand. But, as some studies have suggested, these promises are often broken by February. *Business Insider* states 80 percent of resolutions fail before spring. By the end of the year, only 8 percent manage to keep their promise.

We are of a society where resources are rich and ambitions are poor. Yes, we want what is best for ourselves and our families, but there is the discipline that is always required in seeing your goals through to the end.

Take a step back and recognize the old saying of how the grass is always greener on the other side of the fence. We look at what we have with disdain while looking upon our neighbors and wishing we

had it as easy. But, that's a fallacy we don't recognize.

Should you decide to promise yourself that you will improve, that you will save money, that you will lose weight, then you need to talk to your neighbor.

In this case, we suggest picking a mentor who has been in your shoes and can coach you along the way. This mentor, as you see him or her today, looks like they have it easier than you. However, you fail to see the sacrifices and the struggle that wages within their battle to succeed. It's a daily fight, but we always focus our attention on what we choose to see.

So, instead, we wish you the strength and resolve to win your battles.

## LETTER TO THE EDITOR

# No faith in roundabouts

In a recent letter to customers explaining the need for a rate hike, our waste hauler used the term "wishful recycling." By that they meant trying to recycle things that are not recyclable.

That word "wishful" came to mind when I read a recent article in this paper about a future roundabout in Glenmont.

Planners explained how crosswalks at the roundabout would make it safe for pedestrians and bicyclists to cross. Reading this immediately made me think that these were "wishful crosswalks," meaning crosswalks that do not really work.

I walk around town a lot and encounter several signed and lined crosswalks on Delaware and Elsmere avenues. While I haven't actually counted, my estimate is that when the crosswalk signs are actually honored, at least five cars go by before one direction of traffic stops and kind of shames the other direction into stopping. Most of the time I have to wait for a break in traffic to get across the street. And, unlike roundabouts, these crosswalks are on straight streets with long and good

lines of sight.

In a roundabout scenario, drivers taking the first right exit have been looking left to judge the roundabout traffic. They likely haven't even glanced to the right to check the crosswalk which comes up quickly after turning. Since drivers don't have to stop or use turn signals when entering a roundabout, pedestrians have no idea what drivers plan to do.

I've tried using a crosswalk at a local roundabout twice and did not have the wonderful experience road planners predict. The normal clues a pedestrian uses when crossing a street were gone. The only safe way to cross the "wishful crosswalk" was to wait for a break in traffic entering the roundabout.

To keep pedestrians actually safe, a STOP sign or signal a pedestrian can activate that tells drivers they must stop is needed. Those aren't perfect but work much better than some painted lines on the street.

— Frank Kuwik,  
Delmar

## LIBRARIES AND SENIORS

# Annual Winter Film Festival kicks off soon

Dennis Sullivan will be our host for the 2nd Annual Winter Film Festival. This year, Sullivan has chosen four directors/films that focus on life, death, dance, and subversion.

Mark your calendars for Director Terry Jones, on Wednesday, Jan. 16; Director Michael Haneke, on Wednesday, Jan. 23; Federico Fellini, on Wednesday, Jan. 30; and



Director Florian Henckel von Donnersmarck, on Wednesday, Feb. 13. All programs will start at 6 p.m., with discussion and insights.

Light refreshments will be served. Check the library calendar or call for film title. No registration needed.

## Beading workshop

Learn easy jewelry beading techniques, from 6 to 8 p.m., on Monday, Jan. 7.

The library provides tools and offers a variety of beads to choose from, or you are welcome to bring your own supplies and projects along.

Check out our beading books and magazines for

inspiration.

You may arrive at any time during the workshop that fits your schedule.

Adults and teens ages 14 and up, please register. There will be a small materials fee, depending on the project(s) you choose.

## Needle felting for beginners

Join instructor Alison Swanson from 7 to 8:30

p.m. on Tuesday, Jan. 15, as she guides beginners in a wool needle felting project to create a cute cat.

No experience necessary, supplies will be provided — just bring your creativity. Please register.

More information

For more information on these events and more, call the Voorheesville Public Library at 518-765-2791.

— Lynn Koblner



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LIBRARIES AND SENIORS

# Help victims of trafficking

January is National Slavery and Human Trafficking Prevention Month. It is a good time to reflect on all the ways human trafficking robs people of their freedom and how it can be prevented. With that in mind, Theresa Schillaci, Safe Harbour coordinator for Albany County, will be at the library Tuesday, Jan. 8, at 7 p.m. for a talk about how the organization helps youth who are victims or at risk for human trafficking. To be a part of this important discussion, sign up online at [www.bethlehempubliclibrary.org](http://www.bethlehempubliclibrary.org) or call (518) 439-9314.



community room, unless otherwise noted. Students and their tutors are welcome to drop in and stay as long as needed during scheduled hours.

## Technology fund

The Krakower-Storch Family Technology Fund, established at the end of 2016 by Bethlehem residents Joe and Naomi Storch, is used by the library to purchase items for our collection that use technology to inform, educate or entertain. In the five years following the creation of the fund, Joe and Naomi have pledged to match up to \$1,000 per year of other donations.

There are so many ways that advances in technology can bring about positive changes in our lives, but many times those

advances aren't affordable for individuals. Adding these types of items to our collection – where they can be used and borrowed by many – means they can have a much broader impact on our entire community.

The library is so grateful to the Storch family for the establishment of this fund to strengthen and extend our current spending in the area of new technologies for public use.

To contribute to the Krakower-Storch Family Technology Fund, please contact Library Director Geoffrey Kirkpatrick at 518-439-9314, ext. 3022.

You can also donate online through the Friends of the Library page on our website at [www.bethlehempubliclibrary.org/about-us/friends-of-bethlehem-public-library](http://www.bethlehempubliclibrary.org/about-us/friends-of-bethlehem-public-library).

## Mango season

If learning a foreign language is on your list of things to do in the

new year, check out Mango Languages, a fun and easy-to-use, self-paced language learning program with more than 70 language courses. It's easy to get started, just head to our website at [www.bethlehempubliclibrary.org](http://www.bethlehempubliclibrary.org) and click on the "Research" tab at the top of the home page. You'll find Mango listed alphabetically under "Research A-Z." Once you click the link, you'll be asked to create an account using your email address, and then you'll be ready to say "bonjour" to your new language.

## Storm warning

Please remember that in the event of inclement weather, the library's telephone system will provide information on a closing or delayed opening.

— Kristen Roberts

# Read to Dixie

Make it a date to read to Dixie the Dog at the library on Friday, Jan. 4, at 3:45 p.m.

Reading to a loving, patient dog is a great way for young readers to practice their reading skills and to boost confidence.

## Tuesday Matinees

See new releases on our big screen. Movies start at 2 p.m. Bring a friend and a comfortable chair.

Jan. 8: "Lizzie," a psychological thriller based on the infamous 1892 murders of the Borden family, starring Kristen Stewart.

Jan. 15: "A Simple Favor," thriller filled with twists, betrayals, and secrets, starring Anna Kendrick, Blake Lively.

## Creative Dance Movement

Express yourself!

## RCS COMMUNITY LIBRARY

Kids aged 4 to 10 years old will learn basic dance techniques to use along with their imaginations and bodies to express themselves with movement on Saturday, Jan. 12, at 10 a.m.

Registration required. Call 518-756-2053.

## Annual Fun Fair

The library will partner with the RCS School District to host the The 16th Annual Fun Fair at Peter B. Coeymans Elementary on Jan. 15, from 4 to 6 p.m. and at A.W. Becker on Thursday, Jan. 17.

This year we will have a school bus, activities and information for families registering for enrollment.

— Carol Melewski

## Study hall at the library

Are you ready for Regents? The library has set aside dedicated group study space for Regents test prep from Tuesday, Jan. 15, through Thursday, Jan. 24.

Most study halls will take place in our

# Free concerts continue

On Sunday, Jan. 6, at 2 p.m., the acclaimed Berkshire-based band Misty Blues will bring their signature blues and blues-infused folk, gospel, classic rock and funk sound to the library.

The core members are Gina Coleman, Jason Webster, Bill Patriquin, Jeff Dudziak, Benny Kohn, Aaron Dean and Rob Tatten. The band has been fortunate enough to perform with and open for some of the greatest musicians in the Berkshires and beyond including Charles Neville, of the legendary Neville Brothers, Albert Cummings, Michael Powers and Tab Benoit.

Come early to make sure you get a seat.

## Storytimes resume

GPL story times are resuming after a short holiday break. On Tuesday, Jan. 8 Baby Bookworms and Toddler Time return.



Wednesday, Jan. 9 features pre-School Drop-In Story time and Toddler Time, both at 10:30 a.m.

Thursday, Jan. 10 features Pre-School Drop in Story Time and Wee Waddlers Rhyme Time, both at 10:30.

On Friday, Jan 11, 3 Little Birds returns at 10:30 a.m.

## Drop-in genealogy

On Wednesday, Jan. 9, professional genealogist Lisa Dougherty is available for free family history consultations and advice on a drop in basis, beginning at 6 p.m. Bring your questions and "brick walls" for help.

## Macrame necklace making

On Thursday, Jan. 10 at 7 p.m., learn how to make a necklace that uses the most

basic macramé knots, but is lovely enough to wear or to give as a gift. Macramé is the perfect craft for anyone who enjoys a natural and artisanal aesthetic.

## Read to furry friends

Groucho Barx, the Dog and Goose, the hairless cat are very patient and attentive listeners. Reading to them is a great way for beginning readers to use their new skills in a fun and relaxing setting. Wednesday, Jan. 9, at 6:30 p.m.

## Better Books Sale

On Saturday Jan. 12, from 10 a.m. to 4 p.m., come in and pick up some bargain books.

— Timothy Wiles

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**From page 2 ...**  
**Town Board to-do's for 2019**

with them both in the context of making sure the final roundabout-and-sidewalks system will be good for them in the long term, but also working with them to identify ways to minimize the pain of the construction so customers can get through that," said VanLuven. "Residents should know that they can still get to these businesses during construction and they need to support them."

**Slowing Traffic**

VanLuven explains that there are two fronts to this particular issue.

First, town officials believe they need to find ways to slow motorists' speeds in and around residential areas and crosswalks. Noting that the town cannot physically have a police officer on every street daily, he said the town is considering the development of an outreach campaign instructing people to slow down. "There are probably going to be selected roads where I'd like us to explore physical changes that can be made to the road that

would make people slow down," he added. "Maybe speed bumps or making the roads a little bit narrower so you have a sense of the road not being suitable for driving fast on."

Second, Bethlehem is looking to develop a "more defined process of deciding where we're going to do sidewalk work, whether it's repairs or construction of new sidewalks," he said. According to him, the town has 58 miles of sidewalks, many of which need work. One major factor to consider are places where pedestrians don't feel as safe traveling beside vehicular traffic.

Also, the town plans to reach out to Capital Region Transportation Committee to assess town-wide truck traffic, like where trucks drive to and from generally. "We have neighborhoods throughout town saying, 'We need you to take the trucks off our streets,' but what that results in is traffic being moved onto someone else's street," he said. "We need to think about this in a town-wide level, not at a spot-by-spot level."

**Other issues**

Other items VanLuven said the Town Board will be looking into include:

- Working with Albany County to address the deteriorating historic D&H railroad bridge and several other buildings around the Slingerlands portion of the Rail Trail
  - Continuing to repair pools at the Elm Avenue Park pool complex
  - Encouraging developers to design projects that retain neighborhood's existing character
  - Starting construction that would improve the Clapper Road Water Treatment Plant, including addressing high levels of trihalomethanes, building a new dissolved air floatation facility, and upgrades to the current basin pumps at the plant's Filter Building for raw water transmission
- "It's going to be a busy year," VanLuven concluded. "But we're going to get a lot done."



An artist's rendering of the renovated LMC at Bethlehem Central High School.

Image provided

**From page 3 ...**  
**BCSD Capital Project**

Technology Helpdesk will be relocated off the corridor and new gathering areas will be added to liven the main corridor, extending the LMC's influence outside its walls.

Gregg Nolte, the school district's director of facilities and operations, supervised a collaborative team that included his

staff, architects, faculty and community groups to plan and design the overall project. This group has not only established a tentative timeline for construction, but preliminary plans to streamline relocation and rescheduling that will be necessary during construction as well:

**Jan. to Feb. 2019:**

District prepares HS Room D-122 for use as a temporary library during the LMC renovations.

**April 2019 to April 2020:**

High school auditorium closes for year-long renovation.

**June 1 to Oct. 31:**

Library Media Center closes for renovations.

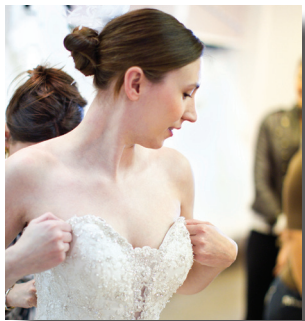
District officials expect the Board of Education to award contracts by the end of February.





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**PICK OF THE WEEK**



**Wedding expo**

Have plans? The Capital District's largest wedding expo happens this weekend.

Page B6

**INSIDE**



**Gamer tips**

Here are a few tips you can incorporate into your meta that will benefit you.

Page B4

**Arts calendar**

Pages B7-B11



Michael Hallisey / TheSpot518

**HAPPY NEW YEAR 2019**

# A scream of a year

This week we share the scenes our photographers captured around town throughout 2018

Gallery on page B19



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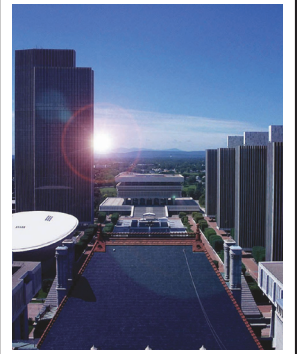
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## RECENTLY ANNOUNCED

# Rivers Casino is all in

Casino guests will enjoy specials, promotions and exciting entertainment throughout January

**SCHENECTADY** — Start the New Year in style at Rivers Casino & Resort Schenectady, where Rush Rewards members will have a chance to win thousands in Free Slot Play, as well as up to 12 GMC Terrains during the \$395K Win or Luge promotion.

Every Friday, Saturday and Sunday throughout the month of Jan., three guests will be selected per night to compete in a Rivers “luge” race for a chance to win the grand prize of a 2019 GMC Terrain AWD SLE. Guests that reach the end of the race first will have a choice to make - take the finish line prize of \$2,000 Free Slot Play, or risk it all to spin the prize wheel for a chance to win the GMC Terrain.

Rush Rewards members will receive one \$395K Win or Luge entry for every 20 points earned on slots, video poker and table games throughout the month, with double entries on Tuesdays and Wednesdays until Jan. 23. Entry activation is from 4 p.m. to 7:45 p.m., and drawings will take place at 8 p.m. on each drawing day.

## Promotions and Giveaways

**Putt Putt Payout** – Every Thursday and Friday in Jan. at 9 p.m. and 10 p.m., two guests per hour will win \$100 Match Play and the chance to play a putting game to win up to \$2,500 cash. Rush Rewards guests will receive one Putt Putt Payout entry for every 10 points earned on table games throughout the month of Jan., excluding the Poker Room. Entry activation is from 7 p.m. to 9:45 p.m. Drawing winners can put up to 3 holes of golf for increasing cash prizes, and, at each hole they win, they can decide if they want to keep their winnings OR risk it to putt the next hole. Players who putt all 3 holes successfully will walk away with \$2,500 cash, plus \$100 Match Play.

**Pro League Pick N’ Win Grand Prize** – On Monday, Jan. 7, at 1 p.m. the top 100 scorers who participated in all 17 season weeks of the Pro League Pick N’ Win promotion, will be revealed. The guest with the highest overall season score will win a 2019 Mercedes Benz CLA250C4. Guests will be able to see if they are a winner by going to the Rivers Casino website ([riverscasinoandresort.com/pickwin](http://riverscasinoandresort.com/pickwin)). The grand prize winner will also be announced on the casino floor at 1 p.m. Guests will have until Jan. 31, at 11:59 p.m. to claim their end of season prizes.

**New Rush Rewards** – Throughout Jan., every new Rush Rewards member, upon sign-up, will be able to choose between an instant prize of \$10 Free Slot Play OR risking that instant prize to roll a pair of dice for their chance to win up to \$250 Free Slot Play. All new Rush Rewards members will also receive an instant \$10 Match Play coupon.

**Friends with Benefits** – Throughout Jan., current Rush Rewards members who bring in a friend to join the rewards program will receive \$10 in Free Slot Play instantly. Limit of 1 redemption per month.

**Senior Days – Young at Heart** – Every Monday in Jan., Rush Rewards members ages 55 and older will enjoy

free valet parking from 6 a.m. to 11:59 p.m., an entry into an exclusive slot tournament where the 10 high scorers will split \$2,500 Free Slot Play, free live entertainment at Van Slyck’s from 2 p.m. to 5 p.m., an unlimited soup & salad lunch special for \$9.99 at Dukes Lounge from 11 a.m. to 3 p.m., and a complimentary regular coffee or fountain drink at Villa Italia between 9 a.m. and 9 p.m. Guests may also book a one-night \$55 hotel stay on Monday or Sunday each week, based on availability and exclusions.

## Food and Beverage

**Dukes Sip & Savor Series** – Wednesday, Jan. 30, from 7 p.m. to 9 p.m., guests will be able to enjoy a very special Sip & Savor wine tasting and five-course dinner at Dukes Chophouse. The prix fixe menu will include a beet and goat cheese terrine; scallop and bacon appetizer; a curry pear and parsnip bisque; an entrée selection of tuna wellington or veal osso bucco; and a white chocolate soufflé dessert. All courses served with wine pairings selected by a guest sommelier. Dinner is \$65 per person, plus tax and gratuity. Seating is limited. Reservations are required and can be made through the Rivers Casino & Resort Schenectady Call Center at (518) 579-8811. Guests must be 21 years of age or older.

**Seasonal Drinks at Villa Italia** – A special seasonal beverage menu will be available for guests until February 2, 2019 at Rivers Casino & Resort’s Villa Italia location. Offerings include classic hot cocoa; peppermint hot cocoa; Mexican hot chocolate (made with chocolate syrup, cinnamon, and a pinch of chili powder); and egg nog. All seasonal beverages are available in both traditional or “naughty” versions (with alcohol).

## Events and Entertainment

**December ’63 Tribute Dinner Show** – Oh, what a night! On Wednesday, Jan. 9, guests at the Rivers Casino & Resort Schenectady Event Center will thrill to the music that defined an entire generation with The Frankie Valli & The Four Seasons tribute band, December ’63, while enjoying a delicious three-course meal. Doors open at 6:30 p.m. and entertainment begins at 7:00 p.m. Dinner will be served during the show and includes fresh baked bread; a mozzarella and tomato salad with roasted red peppers; made-to-order pasta with sautéed broccoli rabe and a choice of shrimp or chicken diablo; and a cherries jubilee cheesecake. Coffee, tea and soft drinks will also be served. Tickets are \$30 and available for purchase online at [riverscasinoandresort.com](http://riverscasinoandresort.com), [tickets.proctors.org](http://tickets.proctors.org), or through the Proctors Theater Box Office.

**Keith Sweat** – Sunday, Jan. 20, American Music Award winner and legendary R&B singer, Keith Sweat, will bring his chart-topping hits to the Rivers Casino & Resort Schenectady Event Center. Doors open at 7 p.m. and the concert will begin at 8 p.m. Tickets start at \$40 and are available at [riverscasinoandresort.com](http://riverscasinoandresort.com), [tickets.proctors.org](http://tickets.proctors.org) and the Proctors Theater Box Office.

There is no cost to join Rush Rewards, and members earn points for their slot play and table game play by inserting their card into the slot machine or presenting it to table games dealers before starting the game.

## WHAT’S HAPPENING NOW



Taarka / Facebook

## Taarka

**Caffé Lena — Thursday, Jan. 3**

**SARATOGA SPRINGS** — Witness the blended evolution of Western and Eastern folk with Taarka at Caffé Lena on Thursday, Jan. 3, at 7 p.m.

The husband-wife duo is described as a collision of Django Reinhardt and David Grisman. The group has derived its’ sound from diverse influences including bluegrass, pop rock, folk, old-time, jazz, and Celtic music. David (mandolin, tenor guitar, vocals) and Enion Pelta-Tiller (five-string violin, vocals) began their musical partnership as a Gypsy jazz busker act in the New York City subway.

As a band, they have shared the stage with artists such as the Grateful Dead, Phish, Yonder Mountain String Band, Sufjan Stevens, and The Decembrists and have been part of some of the more prominent festivals around the world (High Sierra, Pagosa Folk n’ Bluegrass, Northwest String Summit, Mendocino Music Festival, Berkeley World Music Festival).

Ticket costs range from \$10 to \$20 each. For tickets and information, visit [brownpapertickets.com](http://brownpapertickets.com).

Caffé Lena is located at 47 Phila St. in Saratoga Springs.

## Badfish

**Upstate Concert Hall — Thursday, Jan. 3**

**CLIFTON PARK** — Badfish, a tribute to Sublime, takes the stage at Upstate Concert Hall on Thursday, Jan. 3, at 8 p.m.

Hear the tunes of a wicked alternative band whose time was cut short. Badfish is joined by the talents of Roots of Creation.

Ticket prices range from \$15 to \$20 each. For tickets and information, visit [ticketweb.com](http://ticketweb.com).

Upstate Concert Hall is located at 1208 NYS Route 146 in Clifton Park.

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■ LIFESTYLE

# Hit the reset button

Practice healthier gaming techniques

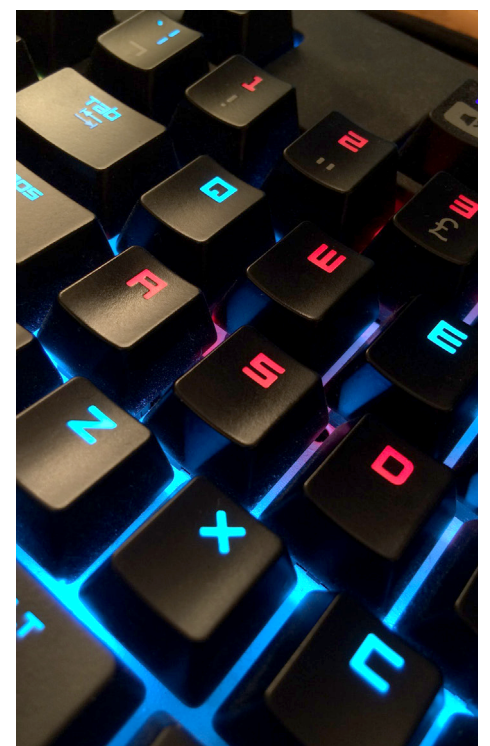
Gaming continues to grow in popularity, and with new ways to engage in social or individual game play available thanks to various technological devices, the frequency with which gamers engage in these recreational pursuits only increases. In fact, a 2018 report by Limelight Networks found that gamers spend an average of 5.96 hours each week playing games.

Excessive gaming can pose a threat to gamers' overall health. The following physical and mental wellness tips can help gamers ensure they get to play without sacrificing their health.

- **Remember to blink.** Staring at screens for long periods of time can cause serious eye strain. Sometimes, when immersed in the intensity of game play, a gamer may forget to blink his or her eyes, and this can lead to tired, dry eyes. As with other screen usage, follow the 20-20-20 rule. Per the Canadian Association of Optometrists, every 20 minutes, take a 20-second break and focus your eyes on something at least 20 feet away.

- **Take frequent breaks.** Gamers should get up out of their seats and take breaks at regular intervals. This gives their eyes and ears a rest and allows them to stretch and reset their posture. Sitting for long periods of time can affect circulation and have adverse effects on the neck and spine as well.

- **Get some fresh air.** Individuals should use break opportunities to go outside and get some fresh air and sunshine, if possible. The light and the clean air can improve energy levels and possibly help restore focus when it comes time to return to the game. Spending too many consecutive hours in a dark room can impact the brain and may affect how people learn, according to research led by Michigan State



neuroscientists. Dim lights can make it hard to retain memories, while bright light boosts information retention and mood.

- **Stretch hands and wrists.** Maintaining overall good posture and stretching hands and wrists can offset complications of carpal tunnel syndrome, a condition that can affect mobility in the wrists and lead to inflammation and pain.

- **Recognize addiction.** People can get addicted to gaming just as they would to any other activity or substance. Novelty addiction is prolonged time spent on video games, the internet or smartphones. Research indicates these novelties can trigger various psychological responses in the brain, and people grow accustomed to chasing those triggers. Incorporate other activities into one's day so that gaming is not the end-all.

People can enjoy gaming in a safe and healthy way by incorporating various wellness strategies into their gaming routines.

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■ FEATURE

# Willing and abled

Document service provider bucks disability stereotypes

By **MICHAEL HALLISEY**  
halliseym@spotlightnews.com

**MENANDS** — There are two defining characteristics which distinguish eBizDocs' business model; one was deliberate, while the other just worked out that way. That other factor has turned perceived impossibilities into opportunities for employees otherwise viewed as handicapped.

From the name alone, people can assume eBizDocs dabbles into the digital realm. The lowercase "e" prefixed upon the name is shared by other prominent tech businesses that emerged at the end of the 20th century.

The electronic content company opened for business in 1999, offering its clients the opportunity to embark on a paperless environment — freeing office space from document clutter and replacing filing cabinets with binary data now housed in cloud storage.

It's a concept that continues to be viable. eBizDocs is a player among well-known companies that includes Adobe, CGI, Google, Microsoft and Oracle in the electronic document management service industry estimated to be worth more than \$6 billion by 2024.

That growth is plausible



**GOOD SIGNS**

Tobi Bickweat, right, signs with an employee. More than half of eBizDocs employees are disabled.  
eBizDocs

*"We had temps who were coming in and leaving on lunch breaks. And, leaving forever. When we hired folks from the center, there was never an issue. They showed up everyday. They did the work."*

— Howard Gross,  
eBizDocs  
president and CEO

when considering more than 80 percent of corporate data is still captured on paper. A reality that still exists more than two decades after the first EDMS companies emerged. That includes vital records throughout New York state. Imagine all of the birth certificates signed and filed away. The task of digitizing those documents is just one of more than a dozen such projects shouldered upon Howard Gross' staff.

"People have this vision, that when they come to our office, that they expect to see this folding table, six people and a copier machine at the end," said Gross, president and CEO

of eBizDocs. But, there's a process in preparing the documents — pulling staples, removing paper clips, flattening down folded edges — that calls for more sophistication. "There's boxes of clips. That was the only way to quantify the work that is done here."

eBizDocs has received numerous honors and awards, which, paired with satisfied customers, solidifies our status as a dependable leader in the content management industry. It serves both the private and public sector and is a preferred source contractor for New

■ WHAT'S HAPPENING NOW



Enter The Haggis / Facebook

**Enter The Haggis**

The Egg — Friday, Jan. 4

**ALBANY** — Bagpipes and fiddles will be featured in this contemporary Celtic double bill featuring Enter The Haggis and Skerryvore at The Egg on Friday, Jan. 4, at 7:30 p.m.

Toronto's Enter The Haggis — who effortlessly blends bagpipes and fiddles with rock instrumentation — and Scotland's Skerryvore — who fuse folk, trad, rock and Americana — team up for a contemporary Celtic double bill to start the New Year.

Tickets cost \$34 each. For tickets and information, visit theegg.org.

The Egg is located at the Empire State Plaza in downtown Albany.

**Exhumanity**

Fuze Box — Friday, Jan. 4

**ALBANY** — Exhumanity returns to the Fuze Box on Friday, Jan. 4, at 9 p.m.

Exhumanity thunders in the new year with the seventh annual Goth-Industrial benefit for Whiskers Animal Benevolent League, and with music steeped in goth, industrial and EMB.

You must be 21 or older to enter.

A donation of \$5 is suggested for admission.

Fuze Box is located at 12 Central Ave. in Albany.

**Three Easy Pieces**

Black Bear Inn — Friday, Jan. 4

**WATERVLIET** — Three Easy Pieces returns to Black Bear Inn on Friday, Jan. 4, at 8 p.m.

Three Easy Pieces acoustic trio plays everything from Janice Joplin to Patsy Cline, the Eagles to Bad Company, and Joe Cocke to the Beatles.

Black Bear Inn is located at 310 19th St. in Watervliet.

Continues on B20

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WHAT'S HAPPENING NOW



The Grand Slambovians / Facebook

The Grand Slambovians

Caffé Lena — Friday, Jan. 4

SARATOGA SPRINGS — Learn what it means when people describe The Grand Sambovians as sounding “hillbilly-Floyd” as it plays at Caffé Lena on Friday, Jan. 4, at 8 p.m.

The music of The Grand Slambovians has been variously described as “hillbilly-Floyd,” “folk-pop,” “alt-country,” “roots-rock,” and “surreal Americana;” a clear indicator of its singularly indescribable uniqueness. Dancing freely between all existing religious and philosophical mythologies, the music is uplifting, empowering, and a lot of fun.

Formed in Sleepy Hollow, New York over a decade ago, they pioneered the alt-folk circuit, staying on the fringes of the music industry. Winning support from indie radio and press since their inception, fans fueled their career from the ground up to international status.

Ticket prices range from \$12.50 to \$25 each. For tickets and information, visit brownpapertickets.com.

Caffé Lena is located at 47 Phila Street in Saratoga Springs.

PICK OF THE WEEK



Do you hear wedding bells

Albany Marriott to host annual wedding expo

Because fashion preferences were once ornate and dependent on precise fits, ready-to-wear clothing really did not become widely available until the early 20th century. Such attire is now available in just about any retail store.

Because ready-to-wear clothing is so readily available, the average person may be unfamiliar with custom-made or tailored items. In fact, a couples' wedding may be the only instance in their lives when they require the services of a seamstress or tailor.

Fittings are a part of wedding planning, and here's how brides-to-be can navigate the process of finding and being fitted for a dress.

• Try on sample gowns. The first step is to make your

IF YOU GO

- **What:** The 35th Annual Winter Bridal/Wedding Expo
- **When:** 1 p.m. on Sunday, Jan. 6
- **Where:** Albany Marriott Hotel 189 Wolf Road in Albany
- **How much:** Free
- **Info:** www.eventbrite.com

Free admission, but registration is recommended. Explore more than 100 exhibits, sample foods, raffles, prizes, entertainment and more.

Continues on Page B18

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<p><b>2016 FORD F-250 SD XLT</b></p> <p>6.2L V8 Turbocharger, 6-Spd. Auto., Full Power, Alloy Wheels, A/C, Running Boards, 19,400 Miles.</p> <p>Call for Price</p>	<p><b>2016 FORD F-150 XLT</b></p> <p>5.0L V8, Auto., Backup Camera, SATT Radio, Bed Liner, Chrome Appearance Pkg., 37,060 Miles.</p> <p>Call for Price</p>
<p><b>2016 FORD FIESTA SE</b></p> <p>1.6L I4, Auto, Pwr Windows/Locks/Mirrors, Alloy Wheels, Great Gas Saver!, 21,595 Miles.</p> <p>Call for Price</p>	<p><b>2015 FORD EXPLORER XLT</b></p> <p>3.5L V6, Auto, Heated/Power Leather Seats, AWD, Power Windows/Locks/Mirrors, 47,475 Miles.</p> <p>Call for Price</p>

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**CLUBS**

**9 Maple Avenue**  
9 Maple Ave., Saratoga Springs.  
www.9mapleave.com  
Fri: **Charles Cornell Trio** | 9 p.m.  
Sat: **Dave Fisk Quartet** | 9 p.m.

**Arsenal City Tavern**  
795 3rd Ave., Watervliet.  
518-874-1767  
Wed: **Family Feud** | 7 p.m.  
Thurs: **Karaoke & Ladies Night** | 7 p.m.  
Tues: **Trivia Tuesday** | 7 p.m.

**Athos**  
1814 Western Ave., Albany. 518-608-6400  
Fri: **TBA** | 6:30 p.m.

**The Bayou Café**  
507 Saratoga Road (NY Rte. 50), Glenville.  
518-384-7226  
Fri: **A sendoff for Ralph and Sharleen Spillenger**

**Caffè Lena**  
47 Phila St., Saratoga Springs.  
518-583-0022  
Wed: **Poetry Open Mic** | 7 p.m.  
Thurs: **Bright Series: Taarka** | 7 p.m.  
Fri: **The Grand Slambovians** | 8 p.m.  
Sat: **Steve Gillette & Cindy Mangsen** | 8 p.m.  
Sun: **Caitlin Canty w/ Oshima Brothers** | 7 p.m.  
Mon: **Open Mic Night** | 7 p.m.  
Tues: **Chuck Lamb Trio w/special guest Scott Robinson** | 7 p.m.

**Carney's Tavern**  
17 Main St., Ballston Lake.  
518-280-7959  
Thurs: **Matty Finn** | 6 p.m.

**Carson's Woodside Tavern**  
57 NY-9P, Malta.  
518-584-9791  
Thurs: **Mike LaPoint** | 7 p.m.  
Fri: **John Eisenhart** | 7 p.m.  
Sat: **Mitch Frasier** | 7 p.m.  
Mon: **Trivia** | 7 p.m.

**Centre Street Pub**  
308 Union St., Schenectady.  
518-393-2337  
Thurs: **Pete Pashoukos** | 6 p.m.  
Fri: **Late Night Philosophers** | 9 p.m.  
Sat: **Insolent Willies** | 9 p.m.

**City Sports Grille**  
Spare Time Clifton Park  
1668 U.S. Route 9, Clifton Park.  
518-371-4000  
Fri: **Line Dancing with Kevin Richards** | 8 p.m.  
Sat: **Jam and Toast** | 8 p.m.

**Dinosaur Bar-B-Que**  
377 River St., Troy.  
518-308-0400  
Fri: **Amy Ryan Band** | 9 p.m.

**Duke's Chophouse**  
Rivers Casino & Resort  
1 Rush St., Schenectady.  
518-579-8800  
Fri & Sat: **Jeanine Ouderkirk** | 5:30 p.m.

**Eden Cafe**  
269 Osborne Road, Loudonville.  
518-977-3771  
Thurs: **Joe Carrick and Eduardo Nieves** | 4:30 p.m.  
Fri: **Plan-T** | 4:30 p.m. • **Remembering Edith** | 7:30 p.m.  
Sat: **Chloe Macyn** | 7:30 p.m.  
Mon: **Songwriters' Circle w/ Mike Short** | 6 p.m.  
Tues: **Open Mic Al Dente** | 7:30 p.m.

# HOT SPOTS EVENTS CALENDAR



## Tessa Lark to perform world premiere

The critically-acclaimed violinist returns to the Troy Savings Bank Music Hall this weekend for her debut concerts with the Albany Symphony, which will accompany her during the premiere performances of "Sky," a bluegrass-inspired work written for her by Michael Torke. Information and tickets at [www.albanysymphony.com](http://www.albanysymphony.com). Lauren Desberg photo

**Emack & Bolio's**  
366 Delaware Ave., Albany.  
518-512-5100  
Fri: **Chloe Macyn** | 7 p.m.  
Sat: **Emerald Dawn** | 7 p.m.  
Tues: **Open Mic** | 7 p.m.

**Fuze Box**  
12 Central Ave., Albany.  
518-703-8937  
Fri: **Exhumanity Presents: Miauhaus 7** | 9 p.m.  
Mon: **U.S. Bombs, Total Chaos, Wet Specimens and Arch Fiends** | 7 p.m.

**Gaffney's**  
16 Caroline St., Saratoga Springs.  
518-587-7359  
Tue: **Open Mic w/ Rick Bolton** | 7 p.m.

**Grappa '72**  
818 Central Ave., Albany.  
518-482-7200  
Wed & Thurs: **Hamilton Street Jazz Company** | 6:30 p.m.

**Hamlet and Ghost**  
24 Caroline St., Saratoga Springs.  
518-450-7287  
Wed: **Hot Club of Saratoga Trio** | 7 p.m.

**The Hangar on The Hudson**  
675 River St., Troy.  
518-272-9740  
Sat: **Elvis Birthday Bash feat. Johnny Rabb's Big Band, the Tichy Boys, Mark Gamsjager & others** | 8 p.m.

**J.J. Rafferty's**  
847 New Loudon Rd., Latham.  
518-783-6800  
Wed & Thurs: **Live DJ** | 8 p.m.  
Fri: **Karaoke** | 5 p.m. • **Live DJ** | 9:30 p.m.  
Sat: **Live DJ** | 10 p.m.

**Jessica Stone's**  
738 New Loudon Rd., Latham.  
518-785-8536  
Wed: **Talent Scout Open Mic** | 8 p.m.  
Thurs: **Big Crunch Bingo** | 7 p.m.  
Fri: **Trivia Live** | 7 p.m.

**Jupiter Hall**  
Inside Lucky Strike Social  
1 Crossgates Mall Rd., Albany.  
518-556-3350  
Sat: **The Lishakillers and Grace Under Fire** | 7 p.m.

**The Low Beat**  
335 Central Ave., Albany.  
518-432-6572  
Wed: **The Deadbeats** | 10 p.m.  
Fri: **Whole Real Indie Showcase** | 8 p.m.  
Sat: **Noncompliant CD Release w/ Skull Bandit, Mordwolf, and The Tradition** | 8 p.m.  
Sun: **Tommy Traina & Michaelangelo Skero** | 7 p.m.  
Tues: **Comedy Open Mic** | 7 p.m.

**LT's Grill**  
2305 Nott St. E., Niskayuna.  
518-374-7455  
Wed: **Catch the Mania Trivia** | 7 p.m.

**Lucas Confectionary**  
12 2nd St., Troy.  
518-326-3450  
Mon: **Phil Chow, George Muscatello, Otto Gardner & Joe Barna** | 7 & 8:30 p.m.

**McGeary's Irish Pub**  
4 Clinton Square, Albany.  
518-463-1455  
Wed: **Best Damn Open Mic Ever with Mother Judge** | 7:30 p.m.  
Every Sun: **Blues Jam** | 7:30 p.m.  
Tues: **Trivia Night** | 8 p.m.

**Mocha Lisa's Caffe**  
Clifton Park Center,  
22 Clifton Country Road, Clifton Park.  
518-383-5373  
Thurs: **Trivia Night** | 7 p.m.  
Sat: **Rob Forman** | 7 p.m.

**Mouzon House**  
1 York St., Saratoga Springs.  
518-226-0014  
Wed: **Tony Markellis & Friends** | 6 p.m.  
Thurs: **Hot Club of Saratoga Trio** | 6 p.m.  
Fri: **Mark Tolstrup & The Dixie Boys** | 6 p.m.  
Sat: **Joe Gitto Duo** | 6 p.m.  
Sun: **Jeanine Ouderkirk Trio** | 6 p.m.  
Mon: **Drank the Gold** | 6 p.m.  
Tues: **Deena Chappell Trio or Er Go Blo (alternating weeks)** | 6 p.m.

**O'Slattery's Irish Restaurant & Pub**  
318 Delaware Ave., Delmar.  
518-439-5634  
Wed: **Dan Sherwin** | 6:30 p.m.  
Every Wed: **Darts League** | 8 p.m.  
Thurs: **Jim McArdle** | 7 p.m.  
Fri: **McBuller** | 7 p.m.  
Sat: **Katsura** | 7 p.m.  
Tues: **DJ Trivia** | 7 p.m.

**Parish Public House**  
388 Broadway, Albany.  
518-365-0444  
Sat: **The Northway EP Release Show w/s/g Tell Keller, Brookline and Scotchka** | 8 p.m.

**Panza's**  
510 NY Rte. 9P (on Saratoga Lake), Saratoga Springs.  
518-584-6882  
Fri: **John LeRoy** | 6:30 p.m.  
Sat: **Azzaam Hameed** | 6:30 p.m.

**The Parting Glass**  
40 Lake Ave., Saratoga Springs.  
518-583-1916  
Wed & Thurs: **Irish Celtic Session** | 7 p.m.  
Tues: **Dart League** | 7 p.m.

**Pauly's Hotel**  
337 Central Ave., Albany.  
paulyshotel.com  
Thurs: **Gallon of Milk, The Joke's On Us + TBA** | 8:30 p.m.  
Fri: **Lemon Law, Orb Weaver and No Compliance** | 8:30 p.m.  
Sat: **Shadow Witch, Grease Fire** | 8:30 p.m.  
Mon: **Blue Monday Blues Jam** | 8 p.m.

**Pearl Street Pub**  
59-61 No. Pearl St., Albany.  
518-694-3100  
Fri: **Happy Hour Trivia** | 5:30 p.m.  
• **Bad Chaperones** | 9:30 p.m.  
Sun: **Funday Football** | noon

**Prime at Saratoga National**  
458 Union Ave., Saratoga Springs.  
518-583-4653  
Sun: **Joe Sorrentino Trio (Jazz brunch)** | 10:30 a.m.

**Provence**  
1475 Western Ave., Albany.  
(Stuyvesant Plaza) 518-689-7777  
Fri: **TBA** | 6 p.m.  
Sat: **Linda Harrison Trio** | 6 p.m.

**Ravenswood Grill & Tavern**  
1021 NY 146, Clifton Park.  
518-371-8771  
Tues: **Trivia Night** | 7 p.m.

**River Street Pub**  
194 River St., Troy.  
518-271-4177  
Wed: **Karaoke Night** | 9 p.m.

Thurs: **Super Dark Thursday: One Through Ten and Fine Grain** | 9:30 p.m.

**Rustic Barn Pub**  
150 Speigletown Rd., Troy.  
518-235-5858  
Thurs: **Open Mic w/ Tommy Love** | 8 p.m.  
Fri: **Not Rightt** | 8 p.m.  
Sat: **Dead Ahead** | 8 p.m.

**Salt & Char**  
453 Broadway, Saratoga Springs.  
518-450-7500  
Every Sun: **Hot Club of Saratoga** | Noon

**Savoy Taproom**  
301 Lark St., Albany. 518-599-5140  
Wed: **Laughs on Lark Open Mic** | 7:30 p.m.  
Fri: **Flying Rob & Friends** | 6 p.m.  
• **Savoy Soul Club** | 9 p.m.  
Tues: **Swingin' at Savoy w/ Bryan Brundige Jazz Quartet** | 8 p.m.

**Stockade Inn**  
1 North Church St., Schenectady.  
518-346-3400  
Thurs: **Tommy Verringi** | 7 p.m.  
Fri: **Bronte Roman** | 7 p.m.

**Towne Tavern**  
2850 NY 43, Averill Park.  
518-674-3040  
Fri: **DJ Sal** | 8:30 p.m.  
Sat: **Tapestry** | 9 p.m.

**Upstate Concert Hall**  
1208 NY 146, Clifton Park.  
518-371-0012 or upstateconcerthall.com  
Thurs: **Badfish (A Tribute to Sublime) with Roots of Creation and Little Stranger** | 8 p.m.

**The Van Dyck**  
237 Union St., Schenectady.  
518-348-7999  
Tues: **Keith Pray's Big Soul Ensemble** | 8 p.m.

**Van Slyck's**  
Rivers Casino & Resort  
1 Rush St., Schenectady.  
518-579-8800  
Thurs: **Rock-a-oke Live!** | 7 p.m.  
Fri: **Whiskey Highway** | 8 p.m.  
• **DJ AYO** | 9 p.m.  
Sat: **Tompkins Drive, Triple Rail Turn** | 8 p.m. • **Kevin Richards, DJ AYO** | 9 p.m.  
Mon: **Young at Heart w/ The Oldies Show** | 2:30 p.m.

**Vapor Night Club**  
Saratoga Casino Hotel  
342 Jefferson St., Saratoga Springs.  
518-581-5775  
Fri: **Shake Rattle & Roll Dueling Pianos Show** | 9 p.m.  
Sat: **80's, 90's & Today feat. DJ Nick Papa Giorgio** | 10 p.m.

**Waterworks Pub**  
76 Central Ave., Albany.  
518-465-9079  
Wed: **Wacky Weds Drag Show** | 11 p.m.  
Thur: **Therapy Thursday w/DJ Shawn Gillie** | 11 p.m.  
Fri: **Karaoke (pub)** | 11 p.m.  
**DJ Dave Barna (club)** | 11 p.m.  
Sat: **DJ Shawn Gillie (pub)** | 11 p.m.  
**DJ Dave Barna (club)** | 11 p.m.

**Wolff's Biergarten**  
165 Erie Blvd., Schenectady.  
518-631-9517  
Mon: **Talent Scout Open Mic** | 8 p.m.

**Yono's**  
25 Chapel St., Albany.  
518-436-7747  
Fri: **Hamilton Street Jazz Duo** | 6:30 p.m.  
Sat: **Frank Mastan** | 6:30 p.m.

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# MUSIC

## Old Songs Open Mic

Sign up to play for a 15 minute set. Wednesday, Jan. 2, at 7:30 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$3. 518-765-2815 or oldsongs.org

## Enter the Haggis and Skerryvore

Toronto's Enter the Haggis, which effortlessly blends bagpipes and fiddles with rock instrumentation, and Scotland's Skerryvore, which fuses folk, traditional, rock and Americana, team up for a contemporary Celtic double bill to start the New Year. Friday, Jan. 4, at 7:30 p.m. Swyer Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$34, limited tickets available. 518-473-1845 or tickets.theegg.org

## Albany Symphony

Maestro David Alan Miller leads the orchestra through performances of Steven Stucky's Chamber Concerto, the world premiere of Michael Torke's Violin Concerto and Beethoven's Symphony No. 7, featuring special guest soloist Tessa Lark on violin. Saturday, Jan. 5, at 7:30 p.m.; program repeats Sunday, Jan. 6, at 3 p.m. Both concerts take place at the Troy Savings Bank Music Hall, 30 2nd St., Troy. Ticket starting prices range from \$15 to \$60, limited availability for Saturday performance. 518-694-3300 or tickets.albanysymphony.com

## Suede

One part Rat Pack, one part Rosie Clooney, Suede is the "Diva la Difference" - sassy, smooth and simply intoxicating. Think sophisticated pop/jazz, naughty blues with a sizzling trumpet, love songs that will make you swoon. Think funny... think wow, what a set of pipes! While the diva plays piano, guitar and trumpet, voice is her first instrument and entertaining is clearly her first love. Imagine a cross between Natalie Cole, Diana Krall and Bette Midler and you'll be approaching some idea of Suede's powerful presence, musical talents, and well-honed skills, let alone her immense joy in entertaining. She's the consummate entertainer and

song stylist. Presented by the 8th Step. Saturday, Jan. 5, at 7:30 p.m. Underground at Proctors, 432 State St., Schenectady. Advance, \$26; general admission, \$28; gold circle seating, \$45. Tickets available through 8th Step ticket line at 518-434-1703 or Proctors Box Office: 518-346-6204 or tickets.proctors.org. For more details, visit www.8thstep.org/workshops/2019/1/5/suede

## William Safford

This bassoon ensemble will perform during the next installment of the Music Hall's 2018-19 Music at Noon Concert series. Come listen and bring your lunch. Tuesday, Jan. 8; doors open at 11 a.m. for noon concert. Troy Savings Bank Music Hall, 30 2nd Street, downtown Troy. Free. 518-273-0038 or www.troymusicall.org

## Eighth Step Blues Jam

Blues musicians of all levels are welcome to play with, learn from and meet other musicians working toward Blues knowledge and mastery under the direction of bluesmeister Ron Gordon. Acoustic instruments only. Voices also welcome. Wednesday, Jan. 9. Guild Room, Proctors, Second Floor. 432 State St., Schenectady. Free. rgukeboy@gmail.com.

## Greensky Bluegrass

For more than a decade and a half, the members of this band have created their own version of bluegrass music, mixing the acoustic stomp of a string band with the rule-breaking spirit of rock & roll. With special guest Circles Around The Sun, which performs Grateful Dead-inspired instrumentals. Thursday, Jan. 10, at 7:30 p.m. Palace Theatre, 19 Clinton Ave., Albany. Advance, \$33; \$36 day of show. 518-465-4663 or www.palacealbany.org/events/detail/greensky-bluegrass

## Max Weinberg's Jukebox

The Rock and Roll Hall of Fame drummer not only toured with Bruce Springsteen and The E Street Band during the successful The River Tour, but was also the leader of ensembles performing on late night television shows including "Conan," "Late Night" and "The Tonight Show." He's announced a new touring concept for smaller venues in which he invites the audience to create the set

list he and his four-piece group will play that night from a video menu of more than 200 songs. Friday, Jan. 11, at 7:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$55; VIP (inc. photo opp and personalized autograph), \$170; limited seating available. 518-346-6204 or tickets.proctors.org

## "We Shall Overcome"

Created and produced by award winning piano virtuoso Damien Sneed in honor of MLK's 90th birthday, "We Shall Overcome" showcases repertoire from across the African American musical traditions that electrified generations of civil rights activists and defenders with interwoven spoken word from Dr. King's recorded speeches. Featuring a band with five vocal soloists, the show ties together a living lineage of music and culture from gospel and spirituals to classical and jazz to soul and rhythm & blues. Friday, Jan. 11, at 7:30 p.m. Swyer Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. Adults, \$28; children, \$14. 518-473-1845 or tickets.theegg.org

## Hungry JACK

Glens Falls-based group which dubs itself "The Craziest Band in The Land" and the "Kings of Tardcore" shares the stage with the Noncomplants (punk/metal band), Safety Meeting (regulars at RS Taylor Taproom's Groovy Tuesday), and Ugly Muppets (Proto-post-punk weirdos from Saratoga Springs). Saturday, Jan. 12, from 6 to 11 p.m. The Strand Theater, 210 Main St., Hudson Falls. \$10. www.facebook.com/events/263890270987192/

## Rochmon Record Club presents 'Born to Run'

A Rochmon Record Club Listening Party is a multi-media event meant to inform and deepen one's understanding of the history behind the individual performers, songs, and stories that went into the making of some of the most iconic albums. This event will focus on Bruce Springsteen's third studio album, released in August 1975. Saturday, Jan. 12, at 7:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$10. 518-346-6204 or tickets.proctors.org

## Darlingside

Without a doubt the most distinctive contemporary folk-pop vocal ensemble of the day this quartet delivers a truly moving blend of subtlety and power. Performing on cello, violin, strings, guitar, mandolin, and percussion as well as electronic instruments, their unique songcraft will be further enhanced by the Maine Youth Rock Orchestra. Sat., Jan. 12, at 8 p.m. Swyer Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$36, **extremely limited availability.** 518-473-1875 or tickets.theegg.org.

## Panic! At The Disco

Las Vegas-based, Grammy-nominated rock band will perform in Albany as part of the second leg of its Pray for the Wicked Tour in support of its latest release of the same name. With special guests Two Feet, a 20-something American singer/songwriter whose unique sound is drawn from electronic music, jazz, blues and soul, and Betty Who, the singer songwriter whose classic dance pop spearheads a community of inclusion, honesty and positivity within her fanbase. Tuesday, Jan. 15; doors at 6 p.m. for 7 p.m. concert. Times Union Center, 51 South Pearl St., Albany. \$30.75 to \$70.75; limited seats remain. 518-487-2000, 800-475-3000 or www.timesunioncenter-albany.com/panic-disco

# THEATER

## 'And... begin'

### The One-Act Plays of Sky Vogel

Sierra Lynch and Vogel direct this trio of one-act plays. "The Stand In" - During a film shoot, an ambitious young actress meets a stunt double who offers a glimpse of truth that lies beyond any script. "About the Author" - A woman, struggling to focus her thoughts, comes upon a stranger: her long forgotten self. "Shoes" - A teacher walks into a shoe store. So does a businessman. Neither is shopping, but between them something valuable, and nonreturnable, is exchanged. This trio of plays will make you laugh, make you ponder and make you feel good! Shows:

Friday, Jan. 4, and Saturday, Jan. 5, at 8 p.m.; and Sunday, Jan. 6, at 2:30 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Adults, \$18; children ages 17 and younger, \$10. 518-674-2007 or slcactp.ticketleap.com/and--begin

## 'Ordinary Days'

Refreshingly honest and funny musical tells the story of four young New Yorkers whose lives intersect as they search for fulfillment, happiness, love and taxis. A perfect show for anyone who has ever struggled to appreciate the simple things in a complex place and celebrates how 8.3 million individual stories combine in unexpected ways to make NYC such a unique and extraordinary home. Presented by Lights up Presents. Shows: Friday, Jan. 11, at 7 p.m., Saturday, Jan. 12, at 2 and 7 p.m., and Sunday, Jan. 13, at 2 p.m. Performances will take place at Albany Barn, 56 Second St., Albany. Adults, \$15; students, \$12, available at the door. Event: www.facebook.com/events/1148921518608666/, Venue: 518-935-4858 or albanybarn.org

# COMEDY

## The Comedy Works:

### Saratoga Springs

**Open Mic:** Thursday, Jan. 3, at 9 p.m. Sign up at 7 p.m., free to attend or participate. 388 Broadway, Saratoga Springs. 518-275-6897 or thecomedyworks.com

## The Funny Bone

**Tony Baker:** Stand up comedian and actor who's appeared on NBC's "Last Comic Standing," along with Comedy Central's "Gabriel Iglesias Presents Stand-Up Revolution," and multiple episodes of FOX's "Punchline," known for his original sketch content and funny voice-overs. Friday, Jan. 4, at 7:30 and 10 p.m.; Saturday, Jan. 5, at 7 and 9:45 p.m., all \$15; and Sunday, Jan. 6, at 7 p.m., \$12. All shows 21+ unless indicated otherwise; doors open 60 to 90 minutes before early show; 30 to 45 minutes before late show. Crossgates Mall, 1 Crossgates Mall Rd., Guilderland. 518-313-7484 or albany.funnybone.com

## Mopco Improv Theatre

**THEATRESPORTS:** Cheer on your favorite team of comedians as they compete in this do-or-die mix of side-splitting comedy and serious sporting action! Performing scenes and songs inspired by audience suggestions, teams are awarded points—either by a panel of judges or by YOU, the audience! Our referee penalizes bad jokes and bad sportsmanship while rewarding bonuses for feats of comedic glory! The team with the most points wins the hearts of millions. Come cheer on your favorite team (and jeer those nasty judges!) as our improvisers compete for laughs in this special tournament. Friday, Jan. 4; doors at 7:30 p.m. for 8 p.m. show. Adults, \$11.53; Seniors, kids and students \$7.32 (Prices include fees). **Spontaneous Broadway:** Performers audition Broadway-style songs that they create on the spot based on song titles created by you, the audience. Vote for your favorite song and see it brought to life by our performers as they improvise an entire hour long musical around it! Saturday, Jan. 5, doors at 7:30 p.m. for 8 p.m. event. Adults, \$16.78; seniors, students and children, \$7.32. All prices include fees; group ticket packages also available for most shows. 10 N. Jay St., Schenectady. 518-577-6725 or www.mopco.org

## Spa Little Theater

### Comedy Night Fundraiser at

**Homemade Theater:** Veteran stand-up comedian and voice actor Steve Van Zandt has been dazzling audiences from coast to coast and beyond for well over three decades. Combining a uniquely eclectic sense of humor with an uncanny ability to mimic the famous, Steve's smart and topical comedy routines put his audiences on a rollicking roller-coaster ride of nonstop laughs. Opening act Nick Marra. Saturday, Jan. 12, at 8 p.m. General seating; Advance, \$25; increases to \$30 at the door; proceeds to benefit Home Made Theater. May contain adult humor. Saratoga Spa State Park; 19 Roosevelt Dr., Saratoga Spring. 518-587-0636 or homemadetheater.org/special-events/comedy-night-at-hmt/ and click on the purple BUY TICKETS button

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	70							71					

## CLUES ACROSS

- Class
- Husband or wife
- All the same
- Exclamation of surprise
- Lived in
- Hawaiian entertainer
- Of I
- Belonging to me
- One thousandth of an inch
- Midway between south and east
- Article
- Pitchers have them
- Steps
- Mars crater
- \_\_ route: on the way
- Diego, Francisco, Anselmo
- A baglike structure in a plant or animal
- These three follow A
- Frail
- Platforms
- Level
- Computers
- Where spiders live
- An enemy to Batman
- Mineral
- Body part
- Give
- Atomic #21 (abbr.)
- European tax
- Bleated
- Capital of Norway
- Pa's partner
- Stephen King's clown tale
- Atomic #50
- Military policeman
- One quintillion bytes
- Where impulses manifest
- Offers as a candidate
- Spielberg film
- Great job!
- Live in
- Cares for

## CLUES DOWN

- Form a whole
- Indicates position
- Moves in water
- Diminutive
- Old English letter
- "Save the Last Dance" actress
- Dab
- Digits
- Female cattle's mammary gland
- Yes
- Improves
- We all have one
- Book of Esther antagonist
- Invests in little enterprises
- Organs that produce gametes
- Mediterranean city
- Peter's last name
- Unhappy
- Swollen area within tissue
- "No \_\_!"
- Soap
- Chop or cut
- "Atonement" author McEwan
- Bullfighter
- Of the universe
- Founder of Babism
- Not good
- Large, flightless bird
- Punitive
- Makes less messy
- Belts out a tune
- Aboriginal people of Japan
- An eye protein
- Broad sashes
- Actress Spelling
- Distribute
- Unpleased
- Body art
- Midway between north and east
- Overdose

Answers on Pg. B17



## DANCE

### First Friday Swing Dance

Dance the night away to live music by Sonny and Perley Jive Five. Friday, Jan. 4; free lesson from 7 to 8 p.m., followed by dancing until 11 p.m. Albany Elks Lodge, 25 South Allen St., Albany. Adults, \$15; Dance Flurry members, \$12; retirees/seniors/students/limited income, \$10. firstfridayswingdance@gmail.com

### Community 'Barn' Dance

Fun, simple dances for every age and ability. All dances will be taught. Yummy dessert potluck during intermission. This month's dance features Fennig's All Stars with caller Fern Bradley. Saturday, Jan. 5, at 7 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$8; free for children ages 12 and younger. 518-765-2815 or oldsongs.org

## FAMILY

### 22nd Annual Capital Holiday Lights in the Park

Tonight is your last chance to celebrate the holidays with this all-new, drive-through spectacular featuring more than 125 illuminated displays and scenes. Open from 6 to 9 p.m. Washington Park, Albany; enter opposite New Scotland Avenue. Admission varies based on vehicle size: cars, \$20 each, rates available for larger vehicles online. Proceeds benefit the Albany Police Athletic League. Latest information available at 518-435-0392 or at www.albanycapitalholidaylights.com

### Family Storytime

This 45 minute enrichment program includes stories, songs, and movement to support children's learning and discovery from the very beginning. For infants to preschool aged children with a caregiver. Wednesdays, 10:30 a.m. Main Branch, Troy Public Library, 100 2nd St., Troy. Free. 518-274-7071 or www.thetroylibrary.org

### Lansingburgh Storytime

This 45 minute enrichment program includes stories, songs, and movement to support children's learning and discovery from the very beginning. For infants to preschool aged children with a caregiver. Thursdays, 10:30 a.m. Lansingburgh Branch, Troy Public Library, 27 114th St., Troy. Free. 518-274-7071 or www.thetroylibrary.org

### KIDS! Storytime

For children and their parents/caregivers. Fridays at 10:30 a.m. Northshire Bookstore, 424 Broadway, Saratoga Springs. Free. 518-682-4200 or www.northshire.com

### Story Art

Toddlers and preschoolers can enjoy the Museum by listening to a story, exploring objects from the teaching collection and creating a fun art project. Theme TBA. Friday, Jan. 4, at 11 a.m. Kids Cove, New York State Museum, Empire State Plaza, 222 Madison Ave., Albany. Free; pick up tickets at the main lobby desk. 518-474-5877 or www.nysm.nysed.gov

### Frosty the Bird Feeder

Five Rivers naturalists put up bird feeders in the winter to not only help wild birds, but also attract them so that visitors can watch them. Learn about the benefits of feeding birds in the winter and build a snowman bird feeder. Saturday, Jan. 5, at 10 a.m. Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar. Free, space is limited, register by Thursday, Jan. 3 by calling 518-475-0291.

### Salutations of the Season

Celebrate Twelfth Night 18th Century style! This traditional holiday, also referred to as the Feast of the Epiphany, was marked by the Dutch and English settlers in New York State in both the 17th and 18th centuries with a night of unsurpassed feasting and revelry. Enjoy an open house, 18th century holiday fare, live music, bonfires, period reenactors and wassail toasts. Saturday,

Jan. 5, from 4 to 7 p.m. (Snow date is Sunday, Jan. 6, from 4 to 7 p.m.) Schuylter Mansion Historic Site, 32 Catherine St., Albany. Adults, \$6; Seniors and students, \$5; children ages 12 and younger, \$1. 518-434-0834 or www.facebook.com/schuyltermansion/

### Twelfth Night Celebration

Celebrate a traditional 17th Century Twelfth Night, featuring an open house with Yuletide decorations, hearthside cooking, live music, historical reenactors and other festive traditions. Saturday, Jan. 5, from 4 to 7 p.m. Crailo State Historical Site, 9 1/2 Riverside Ave., Rensselaer. Adults, \$6; Seniors and students, \$5; children ages 12 and younger, \$1. 518-463-8738 or www.facebook.com/CrailoStateHistoricSite/

### 'The Phantom Tollbooth'

Milo, the boy "who didn't know what to do with himself," drives his toy car through a mysterious tollbooth that appears in his bedroom and soon finds himself on an eventful and dangerous quest rescuing the Princesses Rhyme and Reason, who, in the war between words and numbers, have been banished to the Castle in the Air. Milo travels through the Forest of Sight where he experiences different Points of View, accidentally leaps to the Island of Conclusions and travels through the Mountains of Ignorance, where he must escape its Demons in order to save the Princesses. With the help of his steadfast companions, he perseveres and brings Rhyme and Reason home, restoring peace to the realm. Along the way something magical happens to Milo; he discovers the delights of friendship, curiosity and knowledge, and that life — his own life — is filled with endless possibilities. An original stage adaptation of Norton Juster's classic novel with illustrations by Jules Feiffer. Wednesday, Jan. 9, at 7 p.m. MainStage, Proctors, 432 State St., Schenectady. 20 to \$40. 518-346-6204 or tickets.proctors.org

### Jack Hanna's Into the Wild Live!

Jungle Jack, America's favorite zookeeper, is bringing his stage show to the Electric City! Fans of all ages will enjoy stories and footage from his worldwide adventures and learn about and see a fascinating array of wild animals, such as cheetahs, kangaroos and penguins. Friday, Jan. 11, at 7:30 p.m. MainStage, Proctors, 432 State St., Schenectady. \$20 to \$40. 518-346-6204 or tickets.proctors.org

### Pickin' and Singin' Gathering

Enjoy good company along with plenty of singing, playing, and listening to various types of traditional and contemporary folk music. Share your songs and learn new ones during this family-friendly sing around for all levels of experience. Sunday, Jan. 13, from 1 to 4 p.m. Old Songs Community Arts Center, 37 South Main St., Voorheesville. \$3. 518-765-2815 or oldsongs.org

### 'The Very Hungry Caterpillar' & Other Eric Carle Favorites

This triple-bill includes the wonderful story of The Very Hungry Caterpillar's metamorphosis into a beautiful butterfly; the fanciful account of Little Cloud's travels through the sky, and the Mixed-up Chameleon's discovery of his own unique nature. The whimsical tales have enchanted several generations, and feature the endearing animal puppets, stunning scenic effects and evocative music that have earned international recognition for Mermaid Theatre of Nova Scotia. Sunday, Jan. 13, at 3 p.m. Hart Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$20; adult admitted free when accompanied by a child. 518-473-1845 or tickets.theegg.com

## FILM

### 'The Front Runner'

Hugh Jackman portrays Colorado Senator Gary Hart, who's intelligence, charisma and idealism make him popular in '87

with young voters, leaving him with a seemingly clear path to the White House. The Democratic presidential front runner, Hart's professional and personal lives come crashing down when allegations of an extramarital affair surface in the media... the first time a candidate's personal life gained such significant media focus. Vera Farmiga and J.K. Simmons also star. Rated R for language including some sexual references. 113 minutes. Wednesday, Jan. 2, at noon and 7 p.m.; and Thursday, Jan. 3, at noon. The Addy, Proctors, 432 State St., Schenectady. Adults, \$9; seniors and students w/ID, \$6. 518-346-6204 or tickets.proctors.org

### 'Antony & Cleopatra'

Caesar and his assassins are dead. General Mark Antony now rules alongside his fellow defenders of Rome. But at the fringes of a war-torn empire the Egyptian Queen Cleopatra and Mark Antony have fallen fiercely in love. In a tragic fight between devotion and duty, obsession becomes a catalyst for war. Broadcast from the National Theatre, Ralph Fiennes and Sophie Okonedo play Shakespeare's famous fated couple in his great tragedy of politics, passion and power. Running time approximately 215 minutes (yet to be confirmed). Rating: Treat as PG-13. Tuesday, Jan. 8, at 2 and 6:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$15. 518-346-6204 or tickets.proctors.org

### Frank Henenlotter's

#### 'Basket Case'

Duane Bradley is a pretty ordinary guy. His formerly conjoined twin Belial, on the other hand, is a deformed, fleshy lump that Duane lovingly carries about in a wicker basket. Arriving in the Big Apple and taking up a room at the seedy Hotel Broslin, the pair set about hunting down and butchering the surgeons responsible for their sad separation. When Duane starts spending time with a pretty blonde secretary, however, Belial's homicidal

tendencies reach bloody new extremes. Filmed in NYC on a shoestring budget, Basket Case clawed its way from its humble origins to become one of the most celebrated cult movies of all time. Rated R. 91 minutes. As with other ICFS events, expect prizes, surprises, comfy couches and absolutely gruesome drink specials! Presented by It Came From Schenectady as part of its ongoing Cinema Other series. Thursday, Jan. 10, at 7 p.m. GE Theater, Proctors, 432 State St., Schenectady. Adults, \$9; Seniors and students (w/ID) \$6 (student discount tickets available for purchase in person only. 518-346-6204 or tickets.proctors.org)

## LECTURES

### 'The Snails Have Landed!'

New York is home to over 100 species of land snails, yet these fascinating mollusks are often overlooked. Where do they live? What evolutionary adaptations have allowed them to live on land? What roles do they play in the terrestrial ecosystem? Do all land snails have shells? What is a "love dart"? Museum Malacologist Dr. Denise Mayer will discuss these and other questions, offering a glimpse into the intriguing lives of New York's land snails during this installment of the Brainfood for the Curious series. Twenty-minute talk followed by brief Q&A session. Attendees are welcome to bring their lunches. Tuesday, Jan. 8, from 12:10 to 12:40 p.m. Huxley Theater, New York State Museum 222 Madison Ave., Albany. Free. 518-474-0575 or www.nysm.nysed.gov/

### 'Astronauts of Inner-Space'

New York State Historian Devin Lander will present this lecture about the history of the Millbrook Commune, Timothy Leary's "Grounded Space Colony" housed on a 2,500-acre estate in Dutchess County. From its founding in 1963 through its forced closure in 1968, the commune played host to a who's who of 1960s

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countercultural icons while becoming a microcosm of the struggle between the established societal ideals of law and order and a new concept of personal and religious freedom introduced through the ingesting of psychedelic substances. Presented by the New York State Museum. Thursday, Jan. 10, from 6 to 7 p.m. The Hollow, 79 North Pearl Street, Albany. Free admission; food and beverages will be available for purchase. Event details: 518-474-0575 or www.nysm.nysed.gov. Venue details: 518-426-8550 or www.thehollowalbany.com

## LITERARY

### Brass Tacks

Albany Poets' new poetry and spoken word series featuring some of the finest poets in the country along with an open mic for all poets, writers and artists who have something to share. Tuesday, Jan. 1, sign ups begin at 7 p.m., event runs from 7:30 to 9 p.m. The Low Beat, 335 Central Ave., Albany. \$3. Event details: www.albanypoets.com/events/brass-tacks-2-2019-01-01/Venue details: 518-432-6572 or www.thelowbeat.com

### Nitty Gritty: New Year, New Name Slam #145

Join host Amani Olugbala and Karen Dyer at Nitty Gritty's new venue for its new format. All poetry and art that is not racist, queerphobic, sexist, ableist, or otherwise offensive is enthusiastically welcome to be shared! We aim to create a loving community that fosters dialogue and safe space surrounding difficult topics. Wednesday, Jan. 2; doors open at 6:30 p.m., open mic begins at 7 p.m. followed by slam. Albany Barn, 46-48 North Swan Street, Albany. \$3 to \$20 donation suggested. Event details: www.albanypoets.com/events/nitty-gritty-slam-3-2019-01-02/Venue details: 518-935-4858 or albanybarn.org

### Monthly Poetry Open Mic

Hosted by Carol Graser. This month will feature a screening of video/poems by Mary Kathryn Jablonki and Laura Frare, whose works have appeared at Poetry Film Live (UK), Quarterly West and Tupelo Quarterly. Each open mic poet reads two short poems (less than one page) or one longer poem. All styles of poetry are welcome. Wednesday, Jan. 2; open mic sign up begins at 7 p.m., readings start at 7:30 p.m. Caffè Lena, 47 Phila St., Saratoga Springs. \$5. 518-774-0534 or www.caffelena.org/events/open-mic-night

### The Troy Poetic Vibe

Weekly reading with featured poet hosted by D. Colin on Mondays. Open mic sign up at 7 p.m. Troy Kitchen, 77 Congress St., Troy. Free. 518-268-0068 or www.facebook.com/TroyKitchenNY

## MISCELLANEOUS

### Troy Farmers Market

More than 80 food growers, bakers, chefs and artisans gather to offer the Capital District's freshest and finest! Live music, great food, family activities and learning opportunities. Every Saturday, from 9 a.m. to 2 p.m., through April 27, 2019. Troy Atrium, 49 4th St., Troy. Free admission. 518-708-4216 or www.troymarket.org

### Social Meeting and Outing

Join members of the Hudson Mohawk Chapter of the Appalachian Mountain Club for a potluck lunch, a discussion and display of outdoor equipment, and depending on snow cover, a guided snowshoe or walk around 1:30 p.m. Saturday, Jan. 5, at 11:30 a.m. Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar. \$5 snowshoe rental fee. Venue: 518-475-0291 or www.dec.ny.gov/education/1835.html. Organizer: www.amcmohawkhudson.org

### Schenectady GreenMarket

Vendors, shoppers, musicians and friends gather at this festive marketplace featuring more than 60 vendors who produce everything they sell. Sundays (closed Easter) from 10 a.m. to 2 p.m., inside Proctors, 432 State St., Schenectady, through April 28, 2019. Free admission. 518-986-0318 or schenectadygreenmarket.org/

### Dark Arts Painting Class

Class will focus on acrylic painting technique and color theory. Subject matter will be selected by each artist. Thursday, Jan. 3, from 5 to 7 p.m. Psychedelicatessen, 275 River St., Troy. Adults, \$12; students, \$8. RSVPs encouraged. www.facebook.com/events/217855898834718

### 1st Friday Albany

Monthly arts and cultural event that takes place in Albany. Event sponsors and participants host events in various neighborhoods throughout the city. 1st Friday is an active and unique collaboration between the Upstate Artists Guild (UAG), Lark Street BID, the local arts community and local businesses. Friday, Jan. 4, from 5 to 9 p.m. Free. Full list of participating businesses/organizations and events at larkstreetbid.org

### Magicians' meeting

Capitland Conjurers, the local group of The Society of American Magicians, Assembly #24, invites anyone age 16 and older with any interest in the art of magic, including performance, history, collecting or pure entertainment, for a fun evening. Tuesday, Jan. 8, at 7:30 p.m. S.W. Pitts Hose Co., Old Loudon Road, Latham. Free. www.sam24.synthasite.com

### Monster Jam

Monster Jam events feature some of the most recognizable trucks in the world including Grave Digger, Max-D, El Toro Loco and many more. Our world-class drivers push these perfectly engineered Monster

Jam trucks to their limits in freestyle, "2-Wheel Skills" and racing competitions that will put families on the edge of their seats and leave them craving more of this unexpected, unscripted and unforgettable event! Saturday, Jan. 12 at 1 and 7 p.m. and Sunday, Jan. 13 at 1 p.m. Times Union Center, 51 South Pearl St., Albany. \$20 to \$60, plus fees; ticket prices increase \$2 if purchased on show day. Ages 2 and older require a ticket to enter venue. 518-487-2000, 800-745-3000 or www.timesunioncenter-albany.com/monster-jam

### New York Bridal & Wedding Expo

Meet with an amazing selection of professionals ready to help brides find the perfect gown, honeymoon destination, photographer, DJ, florist, wedding planner, photo booth, decor, caterer, limo and much more. Also features bridal fashion shows, live DJ and bands and dance demonstrations. Presented by American Consumer Shows. Sunday, Jan. 13, from 11 a.m. to 5 p.m. Albany Capital Center, 55 Eagle St., Albany. Adults, advance online, \$3; increases to \$15 at the door. Children ages 15 and younger, free. 518-675-3072 or www.bridalshowalbany.com

## EXHIBITS

### Albany Barn

**Opening: "Of Flight & Fracture."** a solo exhibition featuring works by Albany Barn artist Alex Waters. Friday, Jan. 4, from 6 to 8:30 p.m. Albany Barn, 56 Second Ave. Albany. 518-935-4858 or albanybarn.org

### Albany Center Gallery

**Continuing "Annual Members' Show: Small Works, Big Impact."** Exhibit focuses on the importance of local and regional artists who work and live within 100 miles of Albany. On view through Friday, Jan. 19. Gallery hours: Daily, Tuesday, through Saturday, from noon to 5 p.m. or by appointment. Free admission. 488 Broadway, Albany. 518-462-4775 or albanycentergallery.org

### Albany Institute of History and Art

**Continuing: "Joan Steiner's Look Alike"** Ten miniature dioramas by the award-winning illustrator are on exhibit in different locations throughout the museum. These meticulously crafted scenes were created from everyday objects and edible treats and photographed for her Look-Alike books. Through Monday, Feb. 18. **Ongoing: "The Hudson River School: Landscape Paintings from the Albany Institute," "Ancient Egypt," "Nineteenth-Century American Sculpture" and "Traders & Culture."** Museum hours: Wednesday: 10 a.m. to 5 p.m.; Thursday: 10 a.m. to 8 p.m.; Friday and Saturday: 10 a.m. to 5 p.m.; Sunday: noon to 5 p.m. Admission: Adults, \$10; seniors/students (w/ID), \$8; children 6-12, \$6; free admission for all patrons Thursdays from 5 to 8 p.m. 125 Washington Ave.,

Albany. 518-463-4478 or albanyinstitute.org

### Albany International Airport

**Continuing: "Landmark."** Visual artists and writers reflect upon a changing American landscape. Thomas Cole's love for and concern about the American landscape were expressed in his paintings and writings, and persist in the work of many significant artists and writers today. Features artwork by Ellen Driscoll, Valerie Hammond, William Lamson, Portia Munson, Kenneth Ragsdale, Anne Roecklein, Lisa Sanditz, Kiki Smith, Darren Waterson and Susan Wides. On view through Monday, March 25. Presented in partnership with the Thomas Cole National Historical Site in Catskill. Gallery hours: Daily, 7 a.m. to 11 p.m. Free admission. Main Gallery, third floor, adjacent to Observation Area, 737 Albany Shaker Rd., Latham. 518-242-2241 or www.albanyairport.com/arts

### Arts Center of the Capital Region

#### Closing on Thursday, Jan. 3: "From NY to LA: Landscapes of the Hudson Valley and California Desert: Paintings and Oil Sketches by Tom Nelson."

This new body of work compares paintings from two regions of our nations, the Catskills and the Vasquez Rock formations of east Los Angeles. Main Gallery, 265 River St., Troy. Normal Gallery hours: Daily, Monday-Thursday, 9 a.m. to 7:30 p.m., Friday, 9 a.m. to 4 p.m., closed on the following dates: Saturday, Jan. 5 and Sunday, Jan. 6. Free admission. 518-273-0552 or artscenteronline.org

### The Clark Art Institute

#### Continuing: "Thomas Gainsborough: Drawings at The Clark,"

features 16 drawings that capture the artist's idealized view of country life while demonstrating how he championed an imaginative approach over naturalistic detail and revealed his fascination with mixed media technique. On view through Sunday, March 17. Also, **"Turner and Constable: The Inhabited Landscape,"** features works by two of the most important landscape artists of the 19th century from England—Joseph Mallard William Turner and John Constable—which explore the significance of human figures and the built environment in the landscape, as well as the personal significance of specific places to each artist. Through Sunday, March 10. Also, **"Extreme Nature!"** Features more than 35 prints, drawings and photographs from the 19th century that reveal how artists sought to mitigate nature's dangers, transforming the hazardous and remote into awe-inspiring portrayals of natural phenomena. On view through Sunday, Feb. 24. Also, permanent collections and exhibits, along with French Impressionist paintings, and works by Winslow Homer, George Inness and John Singer Sargent. Museum hours: Daily, Tuesday–Sunday, 10 a.m. to 5 p.m. Admission: Adults, \$20; children 18 and younger, free. 225 South

St., Williamstown, Mass. 413-458-2303 or www.clarkart.edu

### Clement Art Gallery

**Ongoing: Permanent antique print and map room exhibits.** Gallery hours: Weekdays from 10 a.m. to 8 p.m. and Saturdays from 10 a.m. to 4 p.m. Free admission. 201 Broadway, Troy. 518-272-6811 or www.clementart.com

### Electric City Barn

Gallery Hours: Tuesday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday from noon to 10 p.m., and Sunday, noon to 4 p.m.; closed Monday. 400 Craig St., Schenectady. 518-935-4858 ext. 11 or www.electriccitybarn.org

### The Hyde Collection

Permanent collections. Museum hours: Daily, Tuesday–Saturday, 10 a.m. to 5 p.m.; Sunday, noon to 5 p.m., Closed Monday. Admission: adults, \$12; seniors (60+), \$10; Children, students (w/ID)/active military members and their families, free. 161 Warren St., Glens Falls. 518-792-1761 or www.hydecollection.org

### Mabee Farm Historic Site

#### Ongoing: "In Harm's Way: Community Responses to Hurricane Irene and Tropical Storm Lee."

Exhibit explores local responses to hurricanes, the impact of natural disasters and the resiliency of our neighbors. In partnership with the NY Folklore Society. Museum hours: Tuesday–Saturday, from 10 a.m. to 4 p.m. 1100 Main St. (NY Route 55), Rotterdam Junction. Admission: Adults: \$5/person for self-guided access; or \$8/person for tour and exhibit access; children and students (w/ID) free. 518-887-5073 or schenectadyhistorical.org

### miSci

#### Closing on Sunday, Jan. 6: "TOYS: The Inside Story."

Features 12 different hands-on stations illustrating the simple mechanisms commonly found in toys and lets visitors create their own toy-like combinations of gears, pulleys, linkages, cams and circuits. Also, **"20th Century Toy Chest,"** a special display of playthings of the past, from primitive wooden soldiers to Slinky, Barbie, board games and more. **Continuing: "Model Trains in Motion: Full STEAM Ahead."** Annual exhibit features an elaborate 19 by 27 foot layout constructed by Upstate Train Associates, boasts several running O Gauge model trains. Through Saturday, Jan. 19. Plus **ongoing/permanent exhibits: "Wind and Solar: The Renewable Energy Revolution,"** an interactive exhibit designed to encourage visitors understanding of renewable energy technology and climate change factors; **"Fueling The Future,"** Learn how different fuels affect the economy and the environment with interactive displays, images, video and artifacts from the miSci collection; **"Design, Build, Create, KEVA!"** Use these precision-cut smooth wooden blocks for a hands-on learning experience about building principles of balance, cantilevers, geometric shapes,

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optimum proportion stability and more; "Play Space," Discover hands-on, fun science toys you don't have at home to learn about weight, measurement, sorting and fun; "MRI: Examining the Human Body," Explore the landmark medical imaging system that was developed in the Capital District. Museum hours: Tuesday-Saturday, 10 a.m. to 5 p.m. (observatory open until 8 p.m. on Thursday); Sunday, noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Admission: Adults (13+), \$12; seniors (65+), \$10; children (3-12) \$8. Additional \$6/person for planetarium show. 518-382-7890 or www.misSci.org

**National Museum of Dance**  
**Continuing: "Dancers After Dark—Photographs by Jordan Matter,"** features photographs from Matter's 2016 book of the same title, New York Times best selling author of "Dancers Among Us." Also, "Art in the Foyer: Tom Caravaglia in Celebration of Alwin Nikolais." Features images by the renowned dance photographer of groundbreaking choreographer and multimedia artist Nikolais during the 25th anniversary year of his passing. Plus ongoing/permanent exhibits: "Dancers in Film," which celebrates the relationship between the two genres and features both well known dance and acting stars; also "Gender Neutral," which explores the history of non-traditional roles in dance from the 18th Century to the present day with the all male travesty ballet troupe Les Ballets Trockadero as its centerpiece. Museum hours: Daily, Tuesday through Saturday, from 10 a.m. to 4 p.m. and Sunday, noon to 4 p.m. 99 South Broadway, Saratoga Springs. Admission: Adults, \$6.50; seniors/students (w/valid ID) \$5; children ages 4 to 12, \$3; children ages 3 and younger, free; free admission for all patrons on Tuesday. 518-584-2225 or www.dancemuseum.org

**New York State Museum**  
**Continuing: "The Historic Woodstock Art Colony: The Arthur A. Anderson collection."** Long before the famous music festival in 1969, Woodstock, New York, was home to what is considered America's first intentionally created, year-round arts colony—founded in 1902 and still thriving over 100 years later. Collecting the remarkable range of work produced there has been Arthur A. Anderson's focus for three decades, resulting in the largest comprehensive assemblage of its type. The artists represented in it reflect the diversity of those who came to Woodstock, including Birge Harrison, Konrad Cramer, George Bellows, Eugene Speicher, Peggy Bacon, Rolph Scarlett,

and Yasuo Kuniyoshi, among many others. This exhibition introduces to the public for the first time just a sample of the highlights of this extraordinary collection, which represents a body of work that together shaped art and culture in New York and forms a history of national and international significance. On display in the West Gallery through Tuesday, Dec. 31. Also, "a small fort, which our people call Fort Orange." This exhibition examines the momentous discovery of Fort Orange and the lasting impact of events occurring there 400 years ago that shaped the character of the region, state, and the nation. Select artifacts, film footage from the excavation preceding the construction of I-787, and four decades of historical and archaeological research are highlighted. In Adirondack Hall through May 5, 2020. Also, "Enterprising Waters: New York's Erie Canal (Phase Two):" A continuation of the Erie Canal's story with components on the canal's growth, politics, industries, social reform, and the Canal's legacy. Through Sunday, Oct. 20. Also, "Model of Statue Honoring Elizabeth Cady Stanton and Susan B. Anthony." In celebration of New York State History Month and in commemoration of the 101st anniversary of women's suffrage in New York State, the Museum is proud to display a model of a statue honoring Elizabeth Cady Stanton and Susan B. Anthony. The statue will be unveiled in New York City's Central Park in 2020—the first statue in the park to honor a woman. On view in the West Corridor through Sunday, March 31. **Plus permanent exhibits**, including the **Cohoos Mastodon, Ice Ages, Native Peoples of New York and The Carousel.** Museum hours: Tuesday-Sun, 9 a.m. to 5 p.m.; 222 Madison Ave., Albany. Free admission; suggested donation of \$5/person or \$10/family. 518-474-5877 or www.nysm.nysed.gov

**Saratoga Arts**  
**Closing on Friday, Jan. 4: "The Annual Member's Show."** This ever-popular, year-end exhibition showcases the many talents of the organization's established and emerging members. On display in the Main Gallery, 320 Broadway, Saratoga Springs. Free admission. Gallery hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 11 a.m. to 5 p.m. 518-584-4132 or saratoga-arts.org

**Schenectady County Historical Society**  
**Ongoing: "Mapping Schenectady."** Some of SCHS' most prominent and interesting maps are now on permanent display in the Map Gallery. Also, "Beyond the Pines: Early Schenectady," an exhibit focused entirely on early Schenectady: its founding, its people, and what life was like for the city's earliest residents. Plus permanent exhibits. Museum hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 10 a.m. to 2 p.m. Museum and 32 Washington Ave., Schenectady. Admission: \$5. 518-374-0263 or schenectadyhistorical.org

**Dan Sekellic Visual Arts Gallery**  
**New: Ben Mancino: Nature Photography.** A solo exhibition of work by the multiple award-winning Western Massachusetts-based photographer who won the People's Choice Award during SLCA's Juried Show last summer. On view through Thursday, Feb. 28. Gallery hours: Wednesday, 11 a.m. to 1 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Free admission. 518-674-2007 or slca-ctp.org

**Tang Teaching Museum**  
**Closing on Sunday, Jan. 6: "Opener 31: Tim Davis — When We Are Dancing (I Get Ideas)." A solo multimedia exhibition by the artist, musician and writer that amounts to a set of collections, each beginning with a sudden insight and boring down into the bedrock of obsession. In the Malloy Wing. Also, "Hyde Gallery #1: Eye Candy." Student curated exhibit that examines the candy-like nature of oral contraceptives, the way women are perceived through the male gaze, and plays off the April 1969 issue of Eye magazine that aims to spark conversation around gender equality and a woman's right to have agency over her reproductive health. In the Hyde Gallery. Also, "Where and**

**When I Enter,"** organized by Associate Professor of American Studies Beck Kreftin and students from her spring 2018 "Critical Whiteness" class, a course about the anti-racist, self-reflexive and interdisciplinary field that seeks to recognize racial identities as social constructs. Features 12 works that examine ideas of critical whiteness in provocative and diverse ways. In the Winter Gallery. Also, "3-D Doings: The Imagist Object in Chicago Art, 1964-1980," explores the sculptural work and dimensional paintings of a group of Chicago artists collectively known as the Chicago Imagists. Although each artist had their own fiercely unique style, they shared a similar interest in popular culture, comics, and material objects. In the Wachenheim Gallery. Also, "Elevator Music 37: David Mancuso—The Loft." Experience the soundscape of the Loft, the legendary New York City dance party hosted by Mancuso (1944-2016) that set the stage for the underground dance parties and gay nightlife of the '70s and '80s. Elevator. **Continuing: "Tel.:"** Artist Kamau Amu Patton's continually evolving interpretation of what a museum community space can be. In the State Farm Mezzanine Gallery through Sunday, Sept. 1. Skidmore College, 815 North Broadway, Saratoga Springs. Museum hours: Tuesday-Sunday, noon to 5 p.m.; Thursday until 9 p.m. Free admission; suggested donations of \$5/adult; \$3/child 13+; seniors, \$2. 518-580-8080 or tang.skidmore.edu

**Union College Galleries**  
**Continuing: "Mark Bradford Installation."** This acclaimed artist's mixed media piece Untitled (buoy) from 2015 is on loan from Board of Trustees member Kelly Williams for the next year in honor of President Harris' inauguration. The sculpture conjures natural and man-made environments, simultaneously evoking neighborhood streets, arterial veins, and woven snares. Through August 2019 in the Beuth Atrium (1st Floor) Schaffer Library. Also, "For Freedoms: 50 State

**Initiative."** The Four Freedoms articulated by Franklin Delano Roosevelt in 1941 and illustrated by Norman Rockwell's 1943 paintings serve as the inspiration for this initiative, founded by artists Hank Willis Thomas and Eric Gottesman that seeks to use art to deepen public discussions of civic issues and core values, and to clarify that citizenship in American society is defined by participation, not by ideology. Public exhibition in which participants defined freedom in their own way and articulated their own vision of freedom that includes multitudes by completing one of four lawn signs. Installed in the Schaffer Library Learning Commons. Through Thursday, March 21. Hours (all galleries): Daily, 10 a.m. to 6 p.m. 807 Union St., Schenectady. Free. 518-388-6004 or muse.union.edu/mandeville/home

**University Art Museum**  
**Continuing: "Inter-text-uality: Selections from the University at Albany Fine Art Collections.** Exhibit features work from the collection that showcases the various ways artists have used text as a visual element in their work. Also, "Tim Rollins and KOS." The artwork and practice of Rollins and the Kids of Survival (K.O.S.) is the perfect archetype of art as collaboration, activism and pedagogy. The group began when Rollins developed a curriculum to merge artmaking with reading and writing skills at a South Bronx junior high school. To make these literary paintings the group distills a book's narrative to a single motif and paints variations of that motif on the source material, the book pages themselves. The students functioned like a workshop and their main activity consisted of studying and sketching from a literary text. And then finally, deciding which individual variations are included in the final composition. Both on display in the Collections Study Space. Also, **Permanent Collection:** The University at Albany Fine Art Collections reflect over 30 years of contemporary art and

include over 3,000 works (primarily on paper) by such renowned artists as Vito Acconci, Mel Bochner, Manuel Alvarez Bravo, Willem deKooning, Richard Diebenkorn, Leon Golub, Donald Judd, Grace Hartigan, Ellsworth Kelly, Louise Nevelson, Eduardo Paolozzi, Dieter Roth, Edward Ruscha, Robert Rauschenberg, James Rosenquist, and Robert Smithson. More recent acquisitions include works by Xu Bing, Yasumasa Morimura, Vic Muniz, Tim Rollins+ K.O.S., Lorna Simpson, Brian Tolle and Kara Walker. Uptown Campus, University at Albany, 1400 Washington Ave., Albany. Gallery Hours: Wednesday through Friday, 10 a.m. to 5 p.m. Saturday, noon to 4 p.m.; and Tuesday from 10 a.m. to 7 p.m. Free admission. 518-442-4035 or www.albany.edu/museum

**Vietnam Memorial Gallery**  
**Continuing: "Their Glory Can Never Fade: The Legacy of the Harlem Hellfighters."** The 369th served longer than any American regiment of World War I and was nicknamed the "Hellfighters" by the German army due to its actions on the battlefield. Exhibit features historical objects and images. Through Friday, Feb. 1. Gallery is located inside the Robert Abrams Building for Law and Justice, Empire State Plaza, Albany. Gallery hours: weekdays 8:30 a.m. to 4 p.m. www.ogs.ny.gov/ESP/ConventionCenter/cc-visit.asp

**AUDITIONS**

**Schenectady Civic Playhouse**  
Actors sought for upcoming production of "And Then There Were None." Please download and complete the audition form available via the link at www.civicplayers.org/get-involved. Tuesday, Jan. 8, and Thursday, Jan. 10, sign-up begins at 7:15 p.m. 12 South Church St., Schenectady. For more information, including a play synopsis and character descriptions, visit www.facebook.com/events/529388970873904/

**SUDOKU**

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Answers on Pg. B17

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Thurs., Jan 31<sup>st</sup> 7 PM

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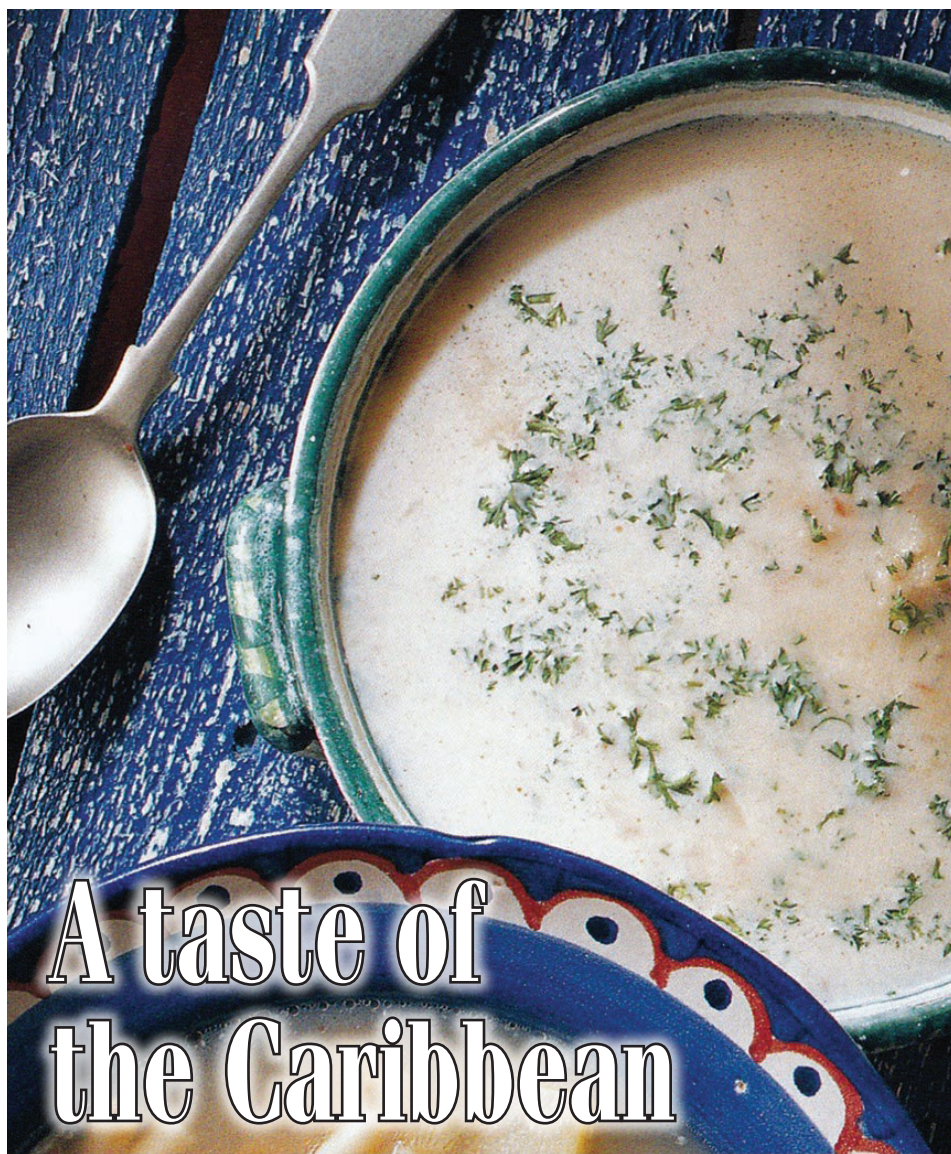
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## FOOD & VINO



# A taste of the Caribbean

**W**inter weather can be relentless and make it challenging to stay warm and dry. After a session of shoveling snow or braving the great outdoors, a meal that can quickly warm the core is fitting — especially if that meal can serve double-duty by evoking feelings of a warm climate.

Popular throughout the Caribbean, this recipe for “Fish and Sweet Potato Soup” from “The Complete Mexican, South American & Caribbean Cookbook” (Metro Books) by Jane Milton, Jenni Fleetwood and Marina Filippelli, matches the subtle sweetness of sweet potato and the stronger infusion of flavors from fish and oregano to make for a warm and appetizing soup.

### Fish and Sweet Potato Soup

#### Ingredients: Makes 4 servings

- 6 ounces white fish fillet, skinned
- 1/2 onion, chopped
- 1 sweet potato, about 6 ounces, peeled and diced
- 1 small carrot, about 2 ounces, chopped
- 1 teaspoon chopped fresh oregano or 1/2 teaspoon dried
- 1/2 teaspoon cinnamon
- 5 1/2 cups fish stock
- 5 tablespoons light cream
- Chopped fresh parsley, to garnish

#### Instructions:

Remove any bones from the fish and put it in a pot. Add the onion, sweet potato, carrot, oregano, cinnamon, and half of the stock. Bring to a boil, then simmer for 20 minutes or until the potatoes are cooked.

Leave to cool, then pour into a food processor, and blend until smooth. Return the soup to the pot, stir in the remaining fish stock, and gently bring to a boil. Reduce the heat.

Stir the cream into the soup, then gently heat it through without boiling. If the soup boils, the cream will curdle. Serve hot, garnished with the chopped parsley.

#### Pairing:

*Barefoot Winery White Zinfandel*  
Barefoot Winery — California

Barefoot wines are often viewed as a beginner's wine. Easily accessible. Nothing complex. And, that's exactly why we're going with this particular white zinfandel.

Imagine, if you will, coming back inside from an evening of shoveling snow off the driveway. While this dish will satisfy both your pallet and the need to get warm, a pour of this wine will give you a hint of elegance in a not-so-elegant setting.

Once the sense of smell returns, this blush will provide aromas of strawberry and watermelon. The peach and tropical fruit flavors pair well with this Caribbean-themed dish.

# HOROSCOPES

January 2019  
Week 1

#### ARIES – MAR 21/APR 20

Aries, even though you are not prone to worrying, this week some things have you feeling a bit on edge. Concentrate on what you have going right instead of what can go wrong.

#### TAURUS – APR 21/MAY 21

Taurus, couch your ego for a little while and let a loved one get his or her way. Concede control in this and you'll find it benefits you in many different ways.

#### GEMINI – MAY 22/JUN 21

This is a time for working smart and hard, Gemini. Your hard work will come to fruition and get you where you need to be quickly. Ask for help if the going gets too tough.

#### CANCER – JUN 22/JUL 22

Cancer, expect to reconnect with a long-lost activity or hobby you used to love. Find things that give you pleasure and enjoy some time focusing on fun.

#### LEO – JUL 23/AUG 23

Retreating to the privacy and coziness of home may be tempting, Leo. However, you may have to step up and play leader or host or hostess in the days ahead.

#### VIRGO – AUG 24/SEPT 22

Virgo, even though you may not be a full-fledged clairvoyant, you certainly can tap into people's thoughts to give them a start. You may need to buffer some insights.

#### LIBRA – SEPT 23/OCT 23

You have a renewed determination to improve your finances right now, Libra. Use any extra money you receive to invest in a portfolio that can keep you earning.

#### SCORPIO – OCT 24/NOV 22

Trust the process of working through your feelings this week, Scorpio. Many things have been going on and you need to absorb and file things away in your mind.

#### SAGITTARIUS – NOV 23/DEC 21

You may have more on your mind than you are willing to admit, Sagittarius. But showing vulnerability may make you seem more approachable to others.

#### CAPRICORN – DEC 22/JAN 20

Capricorn, be a true friend to someone who can use a little extra love and support. Whether you lend a helping hand or just sit and listen, your efforts will be appreciated.

#### AQUARIUS – JAN 21/FEB 18

Aquarius, you need to push past fear and pursue your desires. Only then can you get ahead at work or in other areas of your life. Stop making excuses and be courageous.

#### PISCES – FEB 19/MAR 20

Pisces, if you are in a relationship, use this week to untangle some knots. These can be differences of opinion or financial concerns.



HEALTH & FITNESS

# Canning the myths

## Canned food myths debunked

The affordability of canned foods entices many people to stock up on the essentials. However, there are some people who still harbor concerns about the safety of canned foods. Getting to the truth about canned foods can assuage some of those concerns and help those on the fence stock up on these budget-friendly staples.

**Myth #1: Canned foods are not as healthy as fresh foods.**

Fresh foods, once harvested, have a finite shelf life. Plus, once fruit or vegetables are picked, their vitamin and mineral content decreases each day that they are not consumed. Many canned foods are picked and processed on the same day, helping to retain nutrients at their peak and lock them in for many months. Also, according to one popular supermarket chain, sometimes canned foods are packed with additional nutrients, such as increased lycopene in canned tomatoes.

**Myth #2: Canned foods are full of preservatives.**

The perception that canned foods are “processed” foods often leads people to believe they’re full of unsavory ingredients. The term processing is used to describe any food that has been changed from its natural form. So removing corn from a cob counts as processing, as is baking or boiling potatoes. Canned foods are preserved by heating the items and sealing them under pressure. No other preservatives are needed to keep them fresh.

**Myth #3: Can linings are dangerous.**

There has been controversy concerning BPA-

containing plastics for many years. Even though the Food and Drug Administration, as well as other international food safety agencies, has evaluated the extensive body of science and continue to affirm BPA’s safety in food packaging, some manufacturers are voluntarily moving away from it. Consumers can find many foods packed in cans with non-BPA linings. However, even foods packaged in BPA are considered safe for consumption.

**Myth #4: Canned foods are full of sodium.**

Some canned foods will contain salt as an added ingredient to improve taste and act as a freshness preservative. But canned foods do not rank among the biggest offenders in regard to excessive amounts of sodium. In 2012, the Centers for Disease Control and Prevention released a study that identified the top 10 food categories that contribute to high sodium diets. Pizza, cured meats, cold cuts, and rolls made the list, while canned foods did not.

**Myth #5: Canned foods do not taste good.**

Because foods are canned when they are at peak freshness and ripeness after harvest, they retain full flavor if properly stored.

**Myth #6: All dented cans are unsafe.**

Cans can become dented in transit. Drop a can and it will dent. But that doesn’t necessarily mean foods inside dented cans are unsafe to eat. If a can is bulging or if the top or bottom of the can moves or makes a popping sound, the seal has probably been broken or compromised by bacteria and should be thrown out.

Canned foods are safe and can make for valuable additions to any pantry.



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**Susie Carrk**  
McAddy's  
Pub

This Week: 11-4 | Overall Points: 104-94



**Brian Gilcrest**  
The Hanger  
on the Hudson

This Week: 8-7 | Overall Points: 82-86



**Mary Vail**  
Joyelles  
Jewelers

This Week: 9-6 | Overall Points: 117-78



**Randy Rowe**  
Farrell  
Brothers, Inc.

This Week: 9-6 | Overall Points: 112-82



**Bill Cornell**  
Del Lanes  
Bowling Center

This Week: 11-4 | Overall Points: 113-76



**Dave Endy**  
Steiner's  
Ski • Bike • Kayak

This Week: 11-4 | Overall Points: 121-73



**Frank Bolognino**  
Roma Foods  
Importing Company, Inc.

This Week: 9-6 | Overall Points: 121-84



**David Bernacki**  
Capital District  
Contractors

This Week: 11-4 | Overall Points: 128-77



**Maggie Smith**  
Maggie's  
Café & Sports Bar

This Week: 10-5 | Overall Points: 118-76



**Rob Hussey**  
Crossroads  
Ford

This Week: 11-4 | Overall Points: 120-75



**Michael Hallisey**  
Spotlight News  
Managing Editor

This Week: 11-4 | Overall Points: 128-67



**Lianne Webster-Kim**  
Spotlight News  
Copy Editor

This Week: 11-4 | Overall Points: 115-75



**Kaitlin Lembo**  
Spotlight News  
Engagement Coordinator

This Week: 12-3 | Overall Points: 117-82



**John McIntyre**  
Spotlight News  
Publisher

This Week: 11-4 | Overall Points: 117-78



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\*\* WIN LOSS RECORDS AS OF SUNDAY\*\*







Zach Culver / NYSMusic.com

■ **CONCERT REVIEW**

# Down to their knees

Rubblebucket surfing high upon its fans

By **ZACH CULVER**  
nysmusic.com

**ALBANY** — Rubblebucket brought its tour through Lucky Strike Social in support of its newest album, “Sun Machine.”

The duo in Kalmia Traver and Alex Toth are keeping the Rubblebucket name alive after a long, tough road pocked with personal turmoil. “Sun Machine” is an album that literally follows their own struggles as an on-again/off-again couple. Keeping their personal issues aside, they continue to work together. The songs are powerful and make live performances quite the theatrical performance.

Earlier in the year, NYSMusic.com’s Ally Dean asked Traver about any pre-show rituals. Traver’s only anchor is selecting an outfit that will accentuate her dance moves to add visual interest on stage and put her in the right mindset for the performance. She gets her “dancespiration” from the world at large and from frequent dance excursions in her room with the help of a mirror. As any

good dancer knows, a mirror is the key to methodically evolving dance skills, using the constant visual feedback to refine or exaggerate movements.

And The Kids from Northampton, Massachusetts opened the show. They’ve been on tour together a few times now as Kalmia and Alex have become close with the members, even having the “Kids” come out on stage with them for a couple songs.

Rubblebucket backs itself with an incredible touring band that changes from time to time but generally stays the same. Mixing old classics like “Came Out of a Lady” and new ones like “Party Like Your Heart Hurts,” the band puts on an incredible production with shadow screens and, at one point, literally bringing the crowd to its knees and crowd surfing over them while playing their horns.

*NYSMusic.com’s Ally Dean contributed to this story.*

*This article appears in TheSpot518 as a special from NYSMusic.com. NYS Music is an online magazine focused on covering music across New York State. To read more on NYS Music, visit its website at NYSMusic.com.*

■ **WHAT’S HAPPENING NOW**

**The Agave Flattops**

Brunswick BBQ and Brew — Friday, Jan. 4

**CROPSEYVILLE** — The Agave Flattops return back to its favorite barbeque joint to play in front of a Brunswick BBQ and Brew crowd on Friday, Jan. 4, at 8 p.m.

The Agave Flattops provides a blend of Tex-Mex and Americana, playing country and Southwest-inspired roots rock.

Brunswick BBQ and Brew is located at 3925 NYS Route 2 in Cropseyville.



Schuyler Mansion State Historic Site / Facebook

**Twelfth Night**

Schuyler Mansion — Saturday, Jan. 5

**ALBANY** — Enjoy an evening of merriment at Schuyler Mansion State Historic Site on Saturday, Jan. 5, at 4 p.m.

Schuyler Mansion opens its doors for special Twelfth Night festivities that will highlight the holiday season as it may have been celebrated by the Schuyler family in the 18th century. Come and revel in the holiday traditions of Albany’s past with live music, bonfires, traditional fare, and wassail toasts. Then be sure to cross the river where the celebration continues at Crailo.

Various ticket prices are offered. Visit nysparks.com for more information.

Schuyler Mansion is located at 32 Catherine St. in Albany.

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## THE DAILY GAZETTE

## WHAT'S HAPPENING NOW

### Tambourelli & Her SuperTrips Gug's — Friday, Jan. 5

**GLENS FALLS** — A night of live music is promised at the First Tambourelli Gug's Party of 2019 at Gug's on Saturday, Jan. 5, at 9 p.m.

Tambourelli & Her SuperTrips is joined by El Modernist and Safety Meeting to provide live music that should go on until 1 a.m.

Gug's is located at 18 Haskell Ave. in Glens Falls.

### Elvis Birthday Bash! The Hangar — Saturday, Jan. 5

**TROY** — Celebrate The King's birthday with Johnny Rabb and more at The Hangar on the Hudson on Saturday, Jan. 5, at 7 p.m.

The annual celebration at The Hangar features Johnny Rabb's Big Band, The Tichy Boys and more.

Cacaphone Records is out and the band will perform with guests Skull Bandit and MÖRDWÖLF. Also appearing with special acoustic classics will be the Tradition.

The Low Beat is located at 335 Central Ave. in Albany.

### Bowie Brunch

#### City Beer Hall — Saturday & Sunday, Jan. 6 & 7

**ALBANY** — Celebrate the life and legacy of David Bowie with a Bowie Brunch at The City Beer Hall on Saturday and Sunday, Jan. 6 and 7, from 11 a.m. to 3 p.m. each day.

A DJ will spin tracks while you enjoy Bowie-themed food and drink specials. A raffle will be held with a price to win a Bowie decanter and rocks glass set.

There will also be a prize awarded for "Best Bowie," so dress to impress.

The City Beer Hall is located at 42 Howard St. in Albany.

### Suede

#### GE Theatre at Proctors — Saturday, Jan. 5

**SCHENECTADY** — It's a night for blues and jazz as Suede takes the stage at the GE Theater at Proctors on Saturday, Jan. 5, at 7:30 p.m.

Imagine a cross between Adele, Diana Krall and Bette Midler and you'll be approaching some idea of Suede's powerful presence, musical talents, and well-honed skills, let alone her immense joy in entertaining. Pop/jazz/blues phenom Suede plays piano, guitar and trumpet, but her voice is her first instrument and entertaining is clearly her first love. She is a consummate entertainer and song stylist among the likes of Tony Bennett and company — the classic singer's singer. She sings original material and pop, blues and jazz standards like nobody you've ever heard while jammin' with some iteration of her fabulous combo — solo to trio and beyond. When she's really cookin' her New York City-based nine-piece Dangerous Big Band Horns join in to blow the roof off the joint.

For more information, visit 8thstep.org.

The GE Theater is located at Proctors at 432 State St. in Schenectady.



Doors open at 7 p.m. and the show starts at 8 p.m.

Tickets cost \$15 each. For tickets and information, visit brownpapertickets.com.

The Hangar on the Hudson is located at 675 River St. in Troy.

### The Northway

#### Parish Public House — Saturday, Jan. 5

**ALBANY** — The Northway, a prog rock band out of Schenectady, invites you to celebrate the release of its new EP "Party On, Dog!" at the Parish Public House on Saturday, Jan. 5, at 8 p.m.

The Northway will be joined by Tell Keller and Brookline for a blend of alt rock, pop-punk and more.

Tickets cost \$10 each at the door.

Parish Public House is located at 388 Broadway in Albany.

### Noncompliants

#### The Low Beat — Saturday, Jan. 5

**ALBANY** — Noncompliants, the Capital City's hometown punk band, has a CD and is throwing a release party at The Low Beat on Saturday, Jan. 5, at 7 p.m.

Noncompliants' debut album on

### Sunday Brunch

#### Indian Ladder Farms Cidery — Sunday, Jan. 6

**ALTAMONT** — Enjoy a delicious farm-to-table breakfast at Indian Ladder Farms Cidery on Sunday, Jan. 6, starting from 11 a.m. to 4 p.m.

Winter Sundays on the farm are filled with delicious farm-to-table breakfast, tasty libations and the crackle of vinyl. Come get a start on the day (or recover from the previous night) with a Bacon Mary and a Farmer's Breakfast plate while listening to beats spun by local guest DJs and musicians.

Indian Ladder Farms Cidery and Brewery is located at 342 Altamont Road in Altamont.

### U.S. Bombs

#### Fuze Box — Monday, Jan. 7

**ALBANY** — Berben & Wolff's and Asylum Albany present U.S. Bombs at the Fuze Box on Monday, Jan. 7, at 7 p.m.

The iconic California punk band featuring skateboard legend Duane Peters is joined by Total Chaos, Wet Specimens and Arch Fiends for a fantastic punk rock experience.



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6	5	4	3	7	9	1	2	8
2	3	8	1	6	4	7	9	5
4	9	6	7	3	5	8	1	2
8	1	3	4	9	2	6	5	7
5	2	7	6	8	1	3	4	9
3	6	9	2	1	7	5	8	4
7	8	5	9	4	3	2	6	1
1	4	2	8	5	6	9	7	3

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N	O	T	W	I	T	H	S	T	A	N	D	I	N	G
A	H	I	N	H	A	B	I	T	E	D	H	O		
M	E	M	Y	M	I	L	S	E	A	N				
E	R	A	S	P	A	C	E	S	R	A	N	A		
E	N	S	A	N	S	A	C	B	C	D				
T	H	I	N	D	A	I	S	E	S					
T	I	E	R	M	A	C	S							
C	O	B	W	E	B	B	A	N	E					
O	R	E	E	A	R	P	A	Y	S	C				
S	E	S	S	B	A	A	E	D	O	S	L	O		
M	A	I	T	T	I	N	M	P	E	B				
I	D	N	O	M	I	N	A	T	E	S	A	I		
C	O	N	G	R	A	T	U	L	A	T	I	O	N	S
R	E	S	I	D	E	T	E	N	D	S				

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## From page B6 ... Do you hear wedding bells

rounds to various gown shops and try on the samples they have available. Most sample sizes will not be the size you wear every day, so expect them to be ill-fitting. Do not be discouraged. Once a gown is chosen, the dress shop will take your measurements and order the gown according to the manufacturer's sizing guide. Again, this can be shocking, since the size will likely be larger than what you wear in street clothes. Some shops will also order a little larger to allow for adequate tailoring.

- **Schedule the first fitting.** The first fitting should be anywhere from eight to 12 weeks before the wedding date, according to experts at WeddingWire, an online wedding information provider. This is the time it takes to complete most standard alterations. Complex customizations can take even longer. Brides should also budget a minimum of \$500 for alterations, which may or may not be included in the price of the dress.

- **Bring shoes and undergarments.** Remember to bring along the exact shoes and undergarments you will wear with your gown. A change in shoes or bra/corset can result in the alterations fitting poorly the next time. Bring these items along to all subsequent fittings.

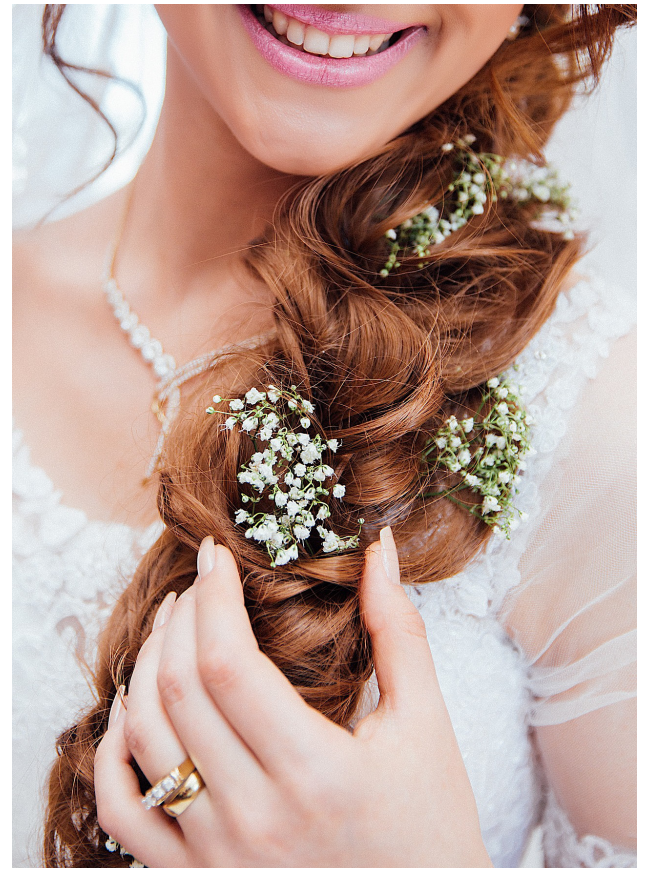
- **Speak up.** Martha Stewart Weddings suggests



speaking up at fittings if anything is uncomfortable or needs tweaking. Seamstresses are masters at their crafts, but only if they understand the desires of the bride.

- **Check the details.** The second fitting is designed to check that all issues from the first fitting have been addressed, the gown is comfortable and you can move freely. At the last fitting, ask the maid of honor to come along so that she understands how to bustle or help you handle complicated straps or closures.

Open communication with a seamstress and bridal shop can ensure brides-to-be get a dress that fits like a glove.



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### HUDSON VALLEY RV & BOAT SHOW

Indoor at Hudson Valley Community College, Troy, NY

Thurs Jan 3 - 3pm-8pm Fri Jan 4 - 1pm-8pm  
Sat Jan 5 - 10am-8pm Sun Jan 6 - 10am-6pm

**Huge 4 Day Show!**

**Hundreds Of RVs & Boats To Choose From In Our Inventories!**

- Buy Now & Save Big!
- All Units Discounted!
- Massive Selection!
- Easy Financing!
- Pre-Owned Units!
- Special Interest Rates!

**FREE Parking & Admission**

**FAMILY FRIENDLY SHOW!** Clown for Bounce the Kids! House!

**Come Get the Best Values & Lowest Prices of the Year!**

**TRAVEL TRAILERS  
FIFTH WHEELS  
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**We'll Match Your Deposit Up To \$500 On RVs!**

**DECK BOATS  
FISHING BOATS  
PONTOONS  
CRUISERS**

**FREE With Every New Boat Purchase!**

**\$150 Value** KUUMA PROFILE 150 GAS GRILLE WITH MOUNT **-OR-** BIG BERTHA 4 PERSON TOWABLE TUBE **\$120 Value**

For info and directions - [HudsonValleyRVandBoatShow.com](http://HudsonValleyRVandBoatShow.com)





Caroline Rose at Pearlpalooza. Michael Hallisey/TheSpot518



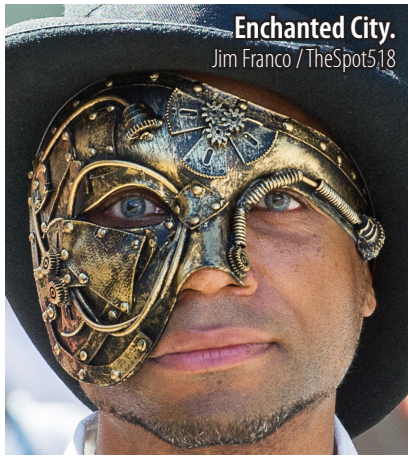
Ominous Seapods' Tom Pirozzi. Michael Hallisey/TheSpot518



Santa Speedo Run in Albany. Jim Franco/TheSpot518



Lzzy Hale at Albany Capital Center. Michael Hallisey/TheSpot518



Enchanted City. Jim Franco/TheSpot518



Bluegrass reveler at Rockin' on the River. Jim Franco/TheSpot518



Moriah Formica. Jim Franco/TheSpot518



Riverfest in Troy. Jim Franco/TheSpot518

**WHAT A GREAT 2018**  
—  
Someone, somewhere, said attending live music events can extend your life expectancy. These folks are working towards immortality.



Stevie Van Zandt at the Palace. Michael Hallisey/TheSpot518



MOVE festival. Michael Hallisey/TheSpot518



Rockin' on the River. Jim Franco/TheSpot518



## ■ WHAT'S HAPPENING NOW

### Christian Women's Connection luncheon

Guiderland Elks Lodge — Wednesday, Jan. 9

**GUILDERLAND** — The Capital District Christian Women's Connection will host a luncheon titled "Let's Get Smart with our Money" on Wednesday, Jan. 9, at the Guiderland Elks Lodge from 11:30 a.m. to approximately 1:30 p.m. A chicken marsala meal will be served.

This month's featured speakers are Pam Hallenbeck from Primerica, who will share tips on how to improve money management, and Amsterdam resident Pat Kelly, who will inspire attendees with her true life story. The bubbly, bouncy,

lovely Carla Paige will provide musical entertainment.

The cost to attend is \$16, payable in cash at the door. Reservations are required and should be made no later than Friday, Jan. 4, by calling Nancy at 518-869-0642.

For more information, contact Shirley Unser at 518-421-4057 or shirlunser@msn.com, or visit [www.stonecroft.org](http://www.stonecroft.org).

The Guiderland Elks Lodge is located at 3867 Carman Road (NY Rte. 146) in Guiderland.

**WAMC's Performing Arts Studio**  
THELINDA.ORG  
339 CENTRAL AVE, ALBANY NY 12206

*Memories of Patsy*

**The Patsy Cline Tribute Show**

January 19 | 8 pm \$15 in Adv. \$20 at door

**5th Annual Winter Warm Up Featuring: Stephane Wremble**

February 2 | 7 pm \$15 in Adv. \$20 at door

**Moondance**  
The Ultimate Van Morrison Tribute Concert

February 9 | 8 pm \$20 in Adv. \$25 at door



**AWARDING**  
Howard Gross, left, and Maureen O'Brien, center, as eBizDocs is awarded Corporate Partner of the Year by NYSID last October.

### From page B5 ... Willing and abled

York state entities. That last distinction wasn't necessarily planned.

The Preferred Source Program was established under state finance law to address employment reform affecting people with disabilities. The program establishes social and economic goals. Under this law, when certain commodity or service offerings meet the purchasing needs of a state or local government agency, public benefit corporation and some public authorities, those purchases must be made through the Preferred Source Program. NYSID is a facilitating agency of the program.

Last October, NYSID recognized eBizDocs as its Corporate Partner of the Year, citing its inclusive business culture that pairs workers, whether with hearing impairments, physical and mental health challenges, with the right job.

Gross employs 42 people at his Menands office space. More than half — 62 percent — possess a defined disability. That figure contrasts against employment figures where people with defined disabilities are under employed. According to Maureen O'Brien, NYSID president and CEO, the unemployment rate stands at 67 percent. That figure could be derived from

a misconceived general lack of trust in quality or reliability.

"And, that was in the early days, so there was an assumption to that," said O'Brien, adding that the partnerships forged through the program has helped develop change. "That message has changed entirely. I think what you hear now, it's less talk of disabilities and more talk of abilities."

Gross recalls reaching out to the Center for Disability Services as he struggled to find employees to scan documents.

"We had temps who were coming in and leaving on lunch breaks," said Gross. "And, leaving forever. When we hired folks from the center, there was never an issue. They showed up everyday. They did the work."

When confronted with the stereotype that someone with a disability is unreliable, Gross flips it over from his own experience. Many of his employees depend on public transportation, requiring the need to memorize schedules. Instead of a simple 20-minute drive from your own doorstep to work, his employee has to factor in an hour's ride on the bus before getting into work at the same time.

The workflow on the

floor is no different than that of any other document station. Employees receive competitive wages at about \$12 an hour. The one exception would be Tobi Bickweat, eBizDocs production manager. By profession, she is a vocation rehabilitation counselor with a 30-plus-year background in working with individuals with disabilities. Gross calls her the coach he wished he could have day to day for himself.

"I am Howard's coach," she said. Bickweat was hired two years ago and now wears many hats. She helps the entire staff with human resource issues and training that could include teaching staff members how to use sign language to speak with a deaf co-worker. Instead of allowing a handicap exclude someone from the rest of the office life, Bickweat uses such programs to help develop bonds.

"I keep coming back because of Howard and because I love what I do," she said.

eBizDocs will celebrate its 20th year in 2019, and in doing so, it has stumbled into the role of champion for the disabled.

"It was never designed other than a good business model," said Gross. "It was never meant to solve the world's problems. It was about, I have a business need [and] I need to solve it."