

THE Spotlight

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February 13 - February 19, 2019

Inside:
A look at what's
happening in
Capital District
businesses.



NEWS Conservancy talking points

Local land owners share their
land conservation stories.

Story on Page 3

INDEX

Police, courts and calls 2
Sports 4
Entertainment..... B1-B20
Classifieds B16-B17
Art Calendar B7-B11
Crossword B8
Service Directory B18

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TOP STORY

Bridging the gap

BCSD to grapple over \$1.5M difference
between income and proposed spending

By **DIEGO CAGARA**
cagarad@spotlightnews.com

Bethlehem Central School District Chief Financial Officer Judith Kehoe noted in the 2019-2020 proposed budget that there is a baseline budget gap of around \$1.5 million between \$99.5 million in revenues and \$101 million in expenditures, which would be addressed in the coming months.

Bethlehem Central's school board received its first look at the district's proposed budget, which right now has a gap between projected income and proposed spending. A detail district Chief Financial Officer Judith Kehoe said the district will continue to address before the budget goes before voters in May.



Diego Cagara / Spotlight News

Continues on page 10

SPORTS

Fish or Eagles?

Bethlehem swim team hosted
Ravena-Coeymans-Selkirk.

Story on Page 4



THE SPOT 518



Love 9 to 5

The office love affair moves from taboo to heightened concern for employers in Me Too movement.

Story on Page B1

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■ POLICE, COURTS and EMERGENCY CALLS

Arrest warrant

BETHLEHEM — Bethlehem police arrested a 39-year-old Manhattan man on Wednesday, Feb. 6 at 8:17 a.m. in relation to an out-of-state indictment warrant.

William Sanchez had been driving a tractor-trailer on Feura Bush Road when police pulled him over for a violation of the Vehicle and Traffic Law.

Upon checking his driver's license, he was identified as being already wanted by the Hudson County Sheriff's Department in New Jersey on felony charges of kidnapping, aggravated assault, and unlawful possession of a weapon.

Sanchez was taken into custody and transported to the Bethlehem Police Department; he was then arraigned at the Bethlehem

Town Court as a fugitive from justice and for disobeying a traffic control device.

He was remanded to the Albany County Jail without bail by Judge Ryan Donovan and is scheduled to return to court on Tuesday, March 5, at 4 p.m.

Sanchez also faces an extradition hearing in Albany County Court.

Buying iPhones fraudulently

GLENMONT — Bethlehem police arrested three people who allegedly tried buying iPhone XS Max smartphones under fraudulent pretenses at the Glenmont AT&T store on Tuesday, Feb. 5, at 4:39 p.m.

Police first responded to the scene after the store reported suspicious activity regarding the three individuals: Morgaine E. Mitchell, 30 and Melvin J.K. Clarida, 31, of Wallingford, Vermont, and Mark C. Hamilton, 19, of Bennington, Vermont.

They had allegedly tried opening accounts

and buying four brand-new iPhone XS Max, the latter of which the police recovered.

The exact nature of their "fraudulent pretenses" was not disclosed in the press release provided by Bethlehem police.

All three were each charged with a grand larceny felony, and a conspiracy misdemeanor. Clarida, in particular, was also charged with aggravated unlicensed operation of a motor vehicle for having 24 active suspensions and revocations of his driving privilege. Clarida also had an active felony warrant out of New York City Police, too.

The three were arraigned in Bethlehem Town Court before Judge Ryan Donovan.

Mitchell and Hamilton were remanded to the Albany County Jail in lieu of a \$3,500 bail, whereas Clarida was remanded there too in lieu of a \$15,000 bail.

The three are scheduled to return to court on Tuesday, March 5, at 4 p.m.



Injured driver pulled from serious car accident site

GLENMONT — A female driver had to be extricated by the Slingerlands Heavy Rescue from her silver Toyota after a serious car accident occurred sometime on the morning of Saturday, Feb. 9. Her car was discovered near an undamaged utility pole and in a small ditch off the road, near River and Corning Hill roads in Glenmont. The Selkirk Fire Department, Delmar-Bethlehem EMS and Albany County Paramedics had responded to the scene. While the extent of her injuries remains unknown, the woman was transported to the Albany Medical Center for treatment. Bethlehem police are investigating the cause of the crash.

Marty Miller / Special to Spotlight News

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■ COMMUNITY

Local land conservation success stories

Speakers warmed by impressive turnout

By **DIEGO CAGARA**
cagarad@spotlightnews.com

BETHLEHEM — Adam Zaranko, the executive director of Albany County Land Bank, discussed during a Feb. 7 conservation-themed event at the Five Rivers Environmental Education Center how the Town of Bethlehem will take one formal step closer to acquiring an ACLB-owned eight-acre parcel of land in Glenmont in its Feb. 13 Town Board meeting.

ACLB had previously approved an application from Bethlehem to buy the parcel, located by the intersection of Wemple Road and Route 9W, on Nov. 27, 2018 for \$1, which the town hopes to preserve to protect its wildlife habitat and water quality, as well as potentially foster recreation for future residents.

Zaranko connected this with how working with a local municipality can help support the overall conservation cause. “We’re pretty excited about this,” he said. “I look forward to working with more municipalities and other non-profits to help accomplish their visions.”

Zaranko was among the dozen speakers who shared their land conservation stories in the two-hour event, titled “Meet the People Making Local Conservation Happen: Talks, Tastes, and a Tour! - Part One: Forests and Fields,” which was organized by Bethlehem’s Open Space Coordinator Karen Shaw.

It also included locally-grown food and apple cider from Field Notes and Indian Ladder Farms. A guided outdoor tour of the Five

Rivers area happened after the event.

The following speakers, including Zaranko, were each allowed around about 10 minutes to speak about their individual efforts to conserve local forests and fields:

- Katie Petronis, northern program director of Open Space Institute
- Mark King, executive director of Mohawk Hudson Land Conservancy
- Jeff Leon of Strawberry Fields in Amsterdam
- Lauren Axford, executive director of Pine Hollow Arboretum in Slingerlands
- Steve Downs, private landowner along the Vroman Kill
- Mike Knutson, senior land project manager of Scenic Hudson
- Kris Sigsby, private landowner in Glenmont
- Giles Wagoner, private landowner and forester in Selkirk
- Jim Bonesteel, executive director of the Rensselaer Plateau Alliance; Robert Davies, director of the state Department of Environmental Conservation, Division of Lands and Forests; and Francis Sheehan, DEC, Division of Lands and Forests

Petronis’ speech, about how protecting forests, parks, preserves and trails yields multiple benefits, encapsulated the event’s overall pro-conservation message.

She first discussed how conservation can lead to recreation like hiking, biking, cross-country skiing, going on



Albany County Land Bank executive director Adam Zaranko, left, listens as Open Space Institute’s northern program director Katie Petronis, right, answers an audience question about what benefits come with land conservation.

Diego Cagara / Spotlight News

picnics, kayaking, canoeing and fishing.

Education is another resource from conservation, including how students can learn about the outdoors in an out-of-classroom setting, and creating interpretive trails.

Conservation would also protect natural resources, wildlife, and ecologies as well as fostering food production, forest products like sap and timber, and providing a source of drinking water.

Another highlight was when Axford spoke about the Pine Hollow Arboretum, a 22-acre, non-profit arboretum and nature preserve in Slingerlands.

According to the event handout, it contains more than “3,600 unique tree and plant specimens, 11 ponds, and a natural selection forest, all

easily accessed by a network of walking trails and bridges.” The arboretum, free to the public daily from dawn to dusk, is also split up into 20 themed areas, including Azalea Field, Magnolia Field and Locust Hill.

Axford explained that it was first founded over five decades ago by Dr. John W. Abbuhl, a local pediatrician, who privately owned a residence on the land.

“Dr. Abbuhl found great joy in learning about trees from around the world and became very passionate about nurturing the landscape that really encouraged the natural ecosystem while showcasing his hortical collection,” she said. “After planting trees for 10 years, he began thinking of opening the property as an arboretum that the surrounding community can benefit from.”

The arboretum became tax-exempt in 2007 and was chartered by the state Department of Education in 2008.

Looking ahead, Axford said that due to its conservation success, Pine Hollow Arboretum plans to become more ADA-accessible, incorporate more tree plantings, increase its workforce, and continue being a place where people can learn more about the environment.

The overall topic of conservation in Bethlehem will continue with a second two-hour event, named “Meet the People Making Local Conservation Happen: Talks, Tastes, and a Tour! - Part Two: Farmland Conservation,” on Thursday, June 13 at 6 p.m. at Indian Ladder Farms. A guided farm tour will precede it from 5 to 5:45 p.m.

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February 13, 2019



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■ HIGH SCHOOL SPORTS

BC ends season on a high note

BETHLEHEM — The Eagles boys swim team got the better of Ravena-Coeymans-Selkirk in the last dual meet of the season by a team total of 106-60.

In the process, the Bethlehem team of sophomore John Janeski, freshman Max Kaback, junior Jason Wu and team junior Capt. Joseph Chiarella shattered an 11-year-old pool record in the 200 freestyle relay with a time of 1:29.71.

The old record, held by a squad from Shenendehowa, was 1:30.63, and it held since

Jan. 31, 2008, according to Coach Nate Foley.

Section II competition starts next week at Shenendehowa High School with diving on Thursday, Feb. 14, swimming preliminaries on Friday, Feb. 15, and swimming finals on Saturday, Feb. 16.

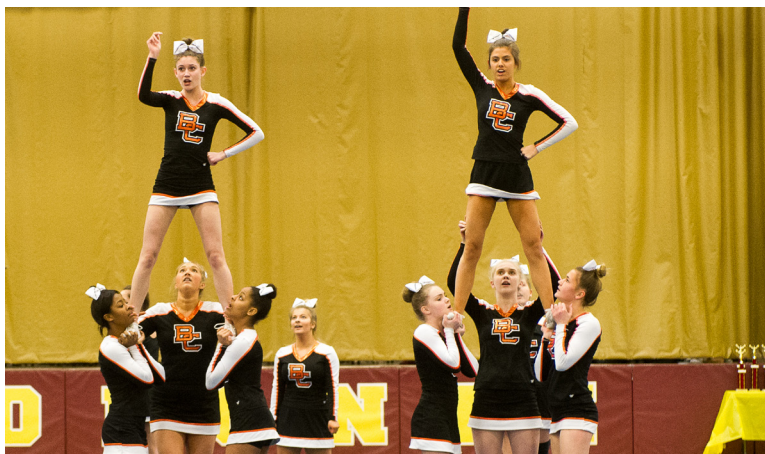
The state championships will be held on Friday and Saturday, March 1 and 2, at the Nassau County Aquatic Center.

Check out our website for more photos of the meet.

— Jim Franco



Eagles, Dutch compete in Raider Rumble



COLONIE — The Raiders hosted an all-day rumble on Saturday, Feb. 8, with cheerleading squads from around the Capital District participating.

The Colonie High School varsity team hosted the event that started off with junior, youth and recreation exhibitions.

Colonie High did not compete but put on an exhibition to close out the day.

High school squads from Ballston Spa, Burnt Hills, Columbia, Guilderland, Niskayuna, Shaker, Shenendehowa, Troy, Saratoga, Mohonasen, Bethlehem Queensbury, Averill Park, Schenectady, Tamarac, Stillwater, Cohoes, Broadalbin Perth and Pearl River competed in front of a panel of judges.

The Shaker varsity team won the best overall performance.

Check out our website for more photos of the competition.

— Jim Franco

LEGALS**NOTICE OF LLC FORMATION**

1 WILSON DRIVE LLC. Arts. of Org. filed with the SSNY on 01/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1 Wilson Drive, Hampton Bays, NY 11946. Purpose: Any lawful purpose. D-206646

NOTICE OF LLC FORMATION

111 PETRUS AVENUE LLC. Arts. of Org. filed with the SSNY on 01/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 111 Storer Avenue, Staten Island, NY 10309. Purpose: Any lawful purpose. D-207857

NOTICE OF LLC FORMATION

11414, LLC. Arts. of Org. filed with the SSNY on 12/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Holihan & Associates, P.C., 135-24 Hillside Avenue, Richmond Hill, NY 11418. Purpose: Any lawful purpose. D-206381

NOTICE OF LLC FORMATION

116 WEST 130 STREET LLC. Arts. of Org. filed with the SSNY on 01/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Fazeela Abdul Rashid, 116 West 130th Street, Unit #1, New York, NY 10027. Purpose: Any lawful purpose. D-209212

NOTICE OF LLC FORMATION

1201 LEXINGTON AVE LLC. Arts. of Org. filed with the SSNY on 01/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 88 Lexington Avenue, Apartment 1201, New York, NY 10016. Purpose: Any lawful purpose. D-208861

NOTICE OF LLC FORMATION

1246 BLAKE REALTY LLC. Arts. of Org. filed with the SSNY on 01/14/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2085 Union Street, Brooklyn, NY 11212. Purpose: Any lawful purpose. D-209075

NOTICE OF LLC FORMATION

126-19 LIBERTY AVE LLC. Arts. of Org. filed with the SSNY on 01/25/19. Office: Albany

LEGALS

County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 126-19 Liberty Avenue, Richmond Hill, NY 11419. Purpose: Any lawful purpose. D-208713

NOTICE OF LLC FORMATION

1306 HENRY AVENUE, LLC. Arts. of Org. filed with the SSNY on 01/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Halperin & Halperin, P.C., 18 East 48th Street, Suite 1001, New York, NY 10017. Purpose: Any lawful purpose. D-207112

NOTICE OF LLC FORMATION

146 BAY 32nd STREET LLC. Arts. of Org. filed with the SSNY on 01/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 146 Bay 32nd Street, Brooklyn, NY 11214. Purpose: Any lawful purpose. d-207934

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of 148 Anglers Way LLC (the "LLC") were filed with the Secretary of State of New York ("SSNY") on April 27, 2018, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o James E. Braman, Esq., 50 Beaver Street, 2nd Floor, Albany, New York 12207. The purpose for which the LLC is formed is to engage in the conduct within the purposes for which limited liability companies may be formed under the Limited Liability Company Law of the State of New York. D-207747

NOTICE OF LLC FORMATION

156-46 89th LLC. Arts. of Org. filed with the SSNY on 01/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Angelo Davi, 157-15 86th Street, Howard Beach, NY 11414. Purpose: Any lawful purpose. D-208151

NOTICE OF LLC FORMATION

16426 REALTY LLC. Arts. of Org. filed with the SSNY on 12/31/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Vivian Giordano, 158-44

LEGALS

87th Street, Howard Beach, NY 11414. Purpose: Any lawful purpose. D-206630

NOTICE OF LLC FORMATION

1760 BOONE DEVELOPMENT LLC. Arts. of Org. filed with the SSNY on 10/04/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o SKF Development LLC, 38 West 21st Street, 8th Floor, New York, NY 10010. Purpose: Any lawful purpose. D-206359

NOTICE OF LLC FORMATION

225 47th ST. LLC. Arts. of Org. filed with the SSNY on 01/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 225 45th Street, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-207564

TOWN OF BETHLEHEM Albany County - New York ZONING BOARD OF APPEALS NOTICE OF PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, February 20, 2019 at 6:00 PM, at the Town Offices, 445 Delaware Avenue, Delmar, New York, to take action on an application submitted by William Gray for an Area Variance for a free standing sign located at 27 Hananay Lane, Glenmont. The proposed does not meet the Town Zoning Code requirements under Article VI, Section 128-59. I Signs in the I and RLI Districts (1). David Devaprasad Chairman Board of Appeals D-209190

NOTICE OF LLC FORMATION

2878 HARRINGTON AVE LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1366 Hobart Avenue, Bronx, NY 10461. Purpose: Any lawful purpose. D-208380

NOTICE OF LLC FORMATION

30-29 48 STREET, LLC. Arts. of Org. filed with the SSNY on 02/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 28-34 47th Street, Astoria, NY 11103. Purpose: Any lawful purpose. D-209111

NOTICE OF LLC FORMATION

300 EAST 32 STREET APT 13D, LLC. Arts. of Org. filed with the SSNY

LEGALS

on 12/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 476 Bay Ridge Parkway, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-207012

NOTICE OF LLC FORMATION

31st STREET FUNDING LLC. Arts. of Org. filed with the SSNY on 08/17/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-206360

NOTICE OF LLC FORMATION

35th AVENUE FUNDING LLC. Arts. of Org. filed with the SSNY on 12/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-207453

NOTICE OF LLC FORMATION

406 NY LLC. Arts. of Org. filed with the SSNY on 01/04/19. Latest date to dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Argyropoulos & Associates, LLC, 31-08 Broadway, Suite 202, Astoria, NY 11106. Purpose: Any lawful purpose. D-207632

NOTICE OF LLC FORMATION

498 CLINTON AVE FUNDING LLC. Arts. of Org. filed with the SSNY on 08/02/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-206361

NOTICE OF LLC FORMATION

524 5th AVENUE OWNER LLC. Arts. of Org. filed with the SSNY on 12/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 110 E. 40th Street, Suite 803, New York, NY 10016. Purpose: Any lawful purpose. D-206528

NOTICE OF LLC FORMATION

550 VANDY 1403 LLC. Arts. of Org. filed with the SSNY on 12/18/18. Latest date to dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 372 Monroe Street, Brooklyn, NY 11221. Purpose: Any lawful purpose. D-206722

NOTICE OF LLC FORMATION

557 CHESTER LLC. Arts. of Org. filed with the SSNY on 01/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 372 Monroe Street, Brooklyn, NY 11221. Purpose: Any lawful purpose. D-206722

NOTICE OF LLC FORMATION

557 CHESTER LLC. Arts. of Org. filed with the SSNY on 01/10/19. Office: Albany

LEGALS

uate, lying and being in the City of Albany, County of Albany and State of New York, bounded and described as follows: BEGINNING at a point in the southwesterly boundary line of a city street known as Lark Drive at its point of intersect with the division line between Lot No. 519 on the northwest and the herein described Lot No. 521 on the southeast, all as shown on a map entitled "Subdivision Plat Arbor Heights Town Houses", dated July 5, 1990, and prepared by Boswell Engineering and filed in the Albany County Clerk's Office in Drawer No. 172 as Map No. 9250; being a plot 51.40 feet by 103.58 feet by 51.40 feet by 103.58 feet. Section: 65.15 Block: 2 Lot: 22 Said premises known as 521 LARK DRIVE, ALBANY, NY Approximate amount of lien \$90,050.05 plus interest & costs. Premises will be sold subject to provisions of filed Judgment and Terms of Sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee or the Mortgagee's attorney. Index Number 901134/2015. SANDRA MARIE ALLEN, ESQ., Referee David A. Gallo & Associates LLP Attorney(s) for Plaintiff 99 Powerhouse Road, First Floor, Roslyn Heights, NY 11577 File# 9024.83 C-209412

NOTICE OF LLC FORMATION

616 DRIGGS, LLC. Arts. of Org. filed with the SSNY on 02/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Frank Fristachi, 216 Grand Street, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-209215

NOTICE OF LLC FORMATION

70 MATTHEWS 22 LLC. Arts. of Org. filed with the SSNY on 01/11/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 100 Barclay Street, Apartment 15H, New York, NY 10007. Purpose: Any lawful purpose. D-207312

NOTICE OF LLC FORMATION

710 BROADWAY GROUP, LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 181 Sullivan Street, #3, New York, NY 10014. Purpose: Any lawful purpose. D-208790

NOTICE OF LLC FORMATION

76 SOMERS LLC. Arts. of Org. filed with the SSNY on 01/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 76 Somers Street, Brooklyn, NY 11233. Purpose: Any lawful purpose. D-206599

NOTICE OF LLC FORMATION

825 WEST END AVE LLC. Arts. of Org. filed with the SSNY on 01/11/19. Office: Albany

LEGALS

County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1580 E. 45th Street, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-207214

NOTICE OF LLC FORMATION

5706 18TH AVE #1 LLC. Arts. of Org. filed with the SSNY on 12/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5706 18th Avenue, #1, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-206580

NOTICE OF LLC FORMATION

609 NORTHVILLE TPKE LLC. Arts. of Org. filed with the SSNY on 12/12/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 87 Sandy Court, Riverhead, NY 11901. Purpose: Any lawful purpose. D-207251

NOTICE OF LLC FORMATION

676 DRIGGS, LLC. Arts. of Org. filed with the SSNY on 02/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Frank Fristachi, 216 Grand Street, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-209215

NOTICE OF LLC FORMATION

70 MATTHEWS 22 LLC. Arts. of Org. filed with the SSNY on 01/11/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 100 Barclay Street, Apartment 15H, New York, NY 10007. Purpose: Any lawful purpose. D-207312

NOTICE OF LLC FORMATION

710 BROADWAY GROUP, LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 181 Sullivan Street, #3, New York, NY 10014. Purpose: Any lawful purpose. D-208790

NOTICE OF LLC FORMATION

76 SOMERS LLC. Arts. of Org. filed with the SSNY on 01/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 76 Somers Street, Brooklyn, NY 11233. Purpose: Any lawful purpose. D-206599

NOTICE OF LLC FORMATION

825 WEST END AVE LLC. Arts. of Org. filed with the SSNY on 01/11/19. Office: Albany

LEGALS

County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 7 Kings Drive, Middletown, NY 10941. Purpose: Any lawful purpose. D-208847

NOTICE OF LLC FORMATION

94 WEST LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 314 West 94th Street, #3E, New York, NY 10025. Purpose: Any lawful purpose. EB-208222

NOTICE OF LLC FORMATION

967 NOSTRAND AVE FUNDING LLC. Arts. of Org. filed with the SSNY on 08/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-206362

NOTICE OF LLC FORMATION

ABJ VVSE, LLC. Arts. of Org. filed with the SSNY on 01/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1652 Park Avenue, #LL, New York, NY 10035. Purpose: Any lawful purpose. D-207781

NOTICE OF LLC FORMATION

ABUSHKEE SULLIVAN, LLC. Arts. of Org. filed with the SSNY on 01/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 181 Sullivan Street, #3, New York, NY 10014. Purpose: Any lawful purpose. D-208790

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Activated Carbon for the Bethlehem Department of Public Works and other Town departments, as and when needed. The Town of Bethlehem reserves the right to allow all municipal and not for profit organizations authorized under the General Municipal Laws of the State of New York, to purchase any goods and/or services awarded as a result of this bid in accordance with the latest amendments to NYS GML 100 through 104. However, it is understood that the extension of such contracts are at the discretion of the vendor and the vendor is only bound to any contract between the

LEGALS

Town of Bethlehem and the vendor. Additionally, the Town of Bethlehem reserves the right to purchase any goods or services included as part of this bid from any means legally available to it at any time.

Bids will be received up to 2:00 pm, on the 26th day of February, 2019 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

Bid documents may be obtained at the Bethlehem Town Clerk's Office, 445 Delaware Avenue, Delmar, NY 12054. Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at www.townofbethlehem.org Purchasing Division.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM NANCY MOQUIN TOWN CLERK Dated: February 13, 2019 D-209127

NOTICE OF LLC FORMATION

AJ 207 REALTY LLC. Arts. of Org. filed with the SSNY on 12/18/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Franklin, Gringer & Cohen, P.C., 666 Old Country Road, Suite 202, Garden City, NY 11530-2013. Purpose: Any lawful purpose. D-206570

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of ALUM: Commercial Sulfate of Alumina for the Bethlehem Department of Public Works and other Town departments, as and when needed. The Town of Bethlehem reserves the right to allow all municipal and not for profit organizations authorized under the General Municipal Laws of the State of New York, to purchase any goods and/or services awarded as a result of this bid in accordance with the latest amendments to NYS GML 100 through 104. However, it is understood that the extension of such contracts

LEGALS

are at the discretion of the vendor and the vendor is only bound to any contract between the Town of Bethlehem and the vendor. Additionally, the Town of Bethlehem reserves the right to purchase any goods or services included as part of this bid from any means legally available to it at any time.

Bids will be received up to 2:00 pm, on the 26th day of February, 2019 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

Bid documents may be obtained at the Bethlehem Town Clerk's Office, 445 Delaware Avenue, Delmar, NY 12054. Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at www.townofbethlehem.org Purchasing Division.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
NANCI MOQUIN
TOWN CLERK
Dated: February 13, 2019
D-209128

NOTICE OF LLC FORMATION

ANDREAS WV LLC. Arts. of Org. filed with the SSNY on 01/15/19. Latest date to dissolve: 12/31/2119. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35 West 13th Street, New York, NY 10011. Purpose: Any lawful purpose.
D-207563

NOTICE OF LLC FORMATION

ANGRY ADAM PRODUCTIONS LLC. Arts. of Org. filed with the SSNY on 11/15/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 Ocean Court, Brooklyn, NY 11223. Purpose: Any lawful purpose.
D-207858

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Anhydrous Liquid Chlorine for the Bethlehem Department

LEGALS

of Public Works and other Town departments, as and when needed. The Town of Bethlehem reserves the right to allow all municipal and not for profit organizations authorized under the General Municipal Laws of the State of New York, to purchase any goods and/or services awarded as a result of this bid in accordance with the latest amendments to NYS GML 100 through 104. However, it is understood that the extension of such contracts are at the discretion of the vendor and the vendor is only bound to any contract between the Town of Bethlehem and the vendor. Additionally, the Town of Bethlehem reserves the right to purchase any goods or services included as a part of this bid from any means legally available to it at any time.

Bids will be received up to 2:00 pm, on February 26, 2019 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted.

Bid documents may be obtained at the Bethlehem Town Clerk's Office, 445 Delaware Avenue, Delmar, NY 12054. Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at www.townofbethlehem.org Purchasing Division. The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
NANCI MOQUIN
TOWN CLERK
Dated: February 13, 2019
D-209120

NOTICE OF LLC FORMATION

ANNABELLE2112 LLC. Arts. of Org. filed with the SSNY on 01/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o A & E Garcia P.A., 2121 Ponce de Leon Boulevard, Suite 1050, Coral Gables, FL 33134, Attn: Marisa Sanchez. Purpose: Any lawful purpose.
C-207210

NOTICE OF LLC FORMATION

ASPEN TAXI LLC. Arts. of Org. filed with the SSNY on 01/25/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose.
D-208539

LEGALS

shall mail copy of process to the LLC, 43-10 39th Street, Sunnyside, NY 11104. Purpose: Any lawful purpose.
D-208569

BETHLEHEM CENTRAL SCHOOL DISTRICT NOTICE TO BIDDERS

The Board of Education of the Bethlehem Central School District hereby invites the submission of sealed bids for the following:

HAMAGRAEL ELEMENTARY GYM/CAFETERIA AUDIO VIDEO PROJECT

Specifications and bid forms may be obtained at the Technology Department, 700 Delaware Avenue, Delmar, New York or by calling Ray Nardelli at (518) 475-7504. Bids will be received until 11 AM on February 27, 2019 at the Technology Department, at which time and place all bids will be publicly opened.

The Board of Education reserves the right to reject any or all bids.

BRITTANY L. BARRETT
District Clerk
Date: February 1, 2019
D-209026

NOTICE OF LLC FORMATION

AVE T FUNDING LLC. Arts. of Org. filed with the SSNY on 10/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirschmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose.
D-206294

NOTICE OF LLC FORMATION

BAGATELLE TAXI LLC. Arts. of Org. filed with the SSNY on 01/25/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 43-10 39th Street, Sunnyside, NY 11104. Purpose: Any lawful purpose.
D-208572

NOTICE OF LLC FORMATION

BAPAZ 2115 MOHEGAN LLC. Arts. of Org. filed with the SSNY on 10/23/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 477 Ralph Avenue, Brooklyn, NY 11233. Purpose: Any lawful purpose.
D-206369

NOTICE OF LLC FORMATION

BAY PARK ONE EMPLOYER LLC. Arts. of Org. filed with the SSNY on 12/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose.
D-208539

LEGALS**NOTICE OF LLC FORMATION**

BAY PARK TWO EMPLOYER LLC. Arts. of Org. filed with the SSNY on 12/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose.
D-208541

NOTICE OF LLC FORMATION

BJN PROPERTY MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 01/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose.
D-206636

NOTICE OF LLC FORMATION

BRADDELL, LLC. Arts. of Org. filed with the SSNY on 01/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1172 Bedford Avenue, Brooklyn, NY 11216. Purpose: Any lawful purpose.
D-208446

NOTICE OF LLC FORMATION

BSR 846 LLC. Arts. of Org. filed with the SSNY on 12/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2083 E 13th Street, Brooklyn, NY 11229. Purpose: Any lawful purpose.
D-207164

NOTICE OF LLC FORMATION

CALYER SERVICER LLC. Arts. of Org. filed with the SSNY on 09/24/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirschmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose.
D-206295

NOTICE OF LLC FORMATION

CANNA GARDEN LLC. Arts. of Org. filed with the SSNY on 02/06/19. Latest date to dissolve: 12/31/2039. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 366 North Broadway, Suite PH5, Jericho, NY 11753. Purpose: Any lawful purpose.
D-209448

LEGALS**NOTICE OF LLC FORMATION**

CANNON REALTY, LLC. Arts. of Org. filed with the SSNY on 11/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Peter Luizzi, 49 Railroad Avenue, Albany, NY 12205. Purpose: Any lawful purpose.
D-207854

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of CARUS 3200 Zinc Orthophosphate for the Bethlehem Department of Public Works and other Town departments, as and when needed. The Town of Bethlehem reserves the right to allow all municipal and not for profit organizations authorized under the General Municipal Laws of the State of New York, to purchase any goods and/or services awarded as a result of this bid in accordance with the latest amendments to NYS GML 100 through 104. However, it is understood that the extension of such contracts are at the discretion of the vendor and the vendor is only bound to any contract between the Town of Bethlehem and the vendor. Additionally, the Town of Bethlehem reserves the right to purchase any goods or services included as a part of this bid from any means legally available to it at any time.

Bids will be received up to 2:00 pm, on the 26th day of February, 2019 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted.

The Town Board reserves the right to waive any informality in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
NANCI MOQUIN
TOWN CLERK
Dated: February 13, 2019
D-209125

LEGALS**NOTICE TO BIDDERS**

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of CARUS 8500 Poly Orthophosphate for the Bethlehem Department of Public Works and other Town departments, as and when needed. The Town of Bethlehem reserves the right to allow all municipal and not for profit organizations authorized under the General Municipal Laws of the State of New York, to purchase any goods and/or services awarded as a result of this bid in accordance with the latest amendments to NYS GML 100 through 104. However, it is understood that the extension of such contracts are at the discretion of the vendor and the vendor is only bound to any contract between the Town of Bethlehem and the vendor. Additionally, the Town of Bethlehem reserves the right to purchase any goods or services included as a part of this bid from any means legally available to it at any time.

Bids will be received up to 2 PM. February 26, 2019 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted.

Bid documents may be obtained at the Bethlehem Town Clerk's Office, 445 Delaware Avenue, Delmar, NY 12054. Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at www.townofbethlehem.org Purchasing Division.

The Town Board reserves the right to waive any informality in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
NANCI MOQUIN
TOWN CLERK
Dated: February 13, 2019
D-209125

NOTICE OF LLC FORMATION

CAVEISM LLC. Arts. of Org. filed with the SSNY on 01/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 163 Westervelt Avenue, North Plainfield, NJ 07060. Purpose: Any lawful purpose.
D-207065

NOTICE OF LLC FORMATION

CDT WORKSHOP, LLC. Arts. of Org. filed with the SSNY on 01/22/19. Office: Albany County.

LEGALS

SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Herzog & Sheffield, P.C., 59 John Street, Suite 9B, New York, NY 10038. Purpose: Any lawful purpose.
EB-208077

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Coagulant-Polyaluminum Chloride (PACL) or Polyaluminum Hydroxychlorosulfate for the Bethlehem Department of Public Works and other Town departments, as and when needed. The Town of Bethlehem reserves the right to allow all municipal and not for profit organizations authorized under the General Municipal Laws of the State of New York, to purchase any goods and/or services awarded as a result of this bid in accordance with the latest amendments to NYS GML 100 through 104. However, it is understood that the extension of such contracts are at the discretion of the vendor and the vendor is only bound to any contract between the Town of Bethlehem and the vendor. Additionally, the Town of Bethlehem reserves the right to purchase any goods or services included as a part of this bid from any means legally available to it at any time.

Bids will be received up to 2:00 pm., on the 26th. Day of February, 2019 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted.

Bid documents may be obtained at the Bethlehem Town Clerk's Office, 445 Delaware Avenue, Delmar, NY 12054. Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at www.townofbethlehem.org Purchasing Division. The Town Board reserves the right to waive any informality in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
NANCI MOQUIN
TOWN CLERK
Dated: February 13, 2019
D-209126

NOTICE OF LLC FORMATION

CODE BLUE ENTITIES LLC. Arts. of Org. filed with the SSNY on 01/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 245 E. 60th Street, New York, NY 10022. Purpose: Any lawful purpose.
D-207352

LEGALS

ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 78 Cambridge Place, Brooklyn, NY 11238. Purpose: Any lawful purpose.
D-209422

NOTICE OF LLC FORMATION

CONSTRUCTION SAFETY TRAINING LLC. Arts. of Org. filed with the SSNY on 04/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 1587, Long Island City, NY 11101. Purpose: Any lawful purpose.
D-208443

NOTICE OF LLC FORMATION

CONTILLO HUTCH REALTY, LLC. Arts. of Org. filed with the SSNY on 12/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 550 Brush Avenue, Bronx, NY 10465. Purpose: Any lawful purpose.
D-206365

NOTICE OF PLLC FORMATION

COURT SQUARE VETERINARY CENTER, PLLC. Arts. of Org. filed with the SSNY on 11/21/18. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 321 East 52nd Street, New York, NY 10022. Purpose: For the practice of the profession of Veterinary Medicine.
D-206371

NOTICE OF LLC FORMATION

DEGLOMINI HUTCH REALTY, LLC. Arts. of Org. filed with the SSNY on 12/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 550 Brush Avenue, Bronx, NY 10465. Purpose: Any lawful purpose.
D-206368

NOTICE OF LLC FORMATION

DMENYC LLC. Arts. of Org. filed with the SSNY on 02/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Edward Korn, 490 Main Street, Northport, NY 11768. Purpose: Any lawful purpose.
D-209375

NOTICE OF LLC FORMATION

DNC1976 LLC. Arts. of Org. filed with the SSNY on 01/14/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 245 E. 60th Street, New York, NY 10022. Purpose: Any lawful purpose.
D-207352

LEGALS**NOTICE OF LLC FORMATION**

DORIA EQUIPMENT RENTALS LLC. Arts. of Org. filed with the SSNY on 01/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Doria, Inc., 205-02 Jamaica Avenue, Queens Village, NY 11423. Purpose: Any lawful purpose. D-208859

NOTICE OF LLC FORMATION

DRAKE PARTNERS LLC. App. for Auth. filed with the SSNY on 01/25/19 under the fictitious name DRAKE OPERATING PARTNERS LLC. Originally filed with Secretary of State of Delaware on 11/30/2018. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Morici & Morici, LLP, 600 Third Avenue, 15th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-208568

NOTICE OF LLC FORMATION

DrewLexi LLC. Arts. of Org. filed with the SSNY on 01/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Paul Calat, 12 E. 41st Street, Suite 1102, New York, NY 10017. Purpose: Any lawful purpose. D-207211

NOTICE OF LLC FORMATION

DSN CONSTRUCTION LLC. Arts. of Org. filed with the SSNY on 12/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1415 East 88th Street, Brooklyn, NY 11236. Purpose: Any lawful purpose. D-206373

NOTICE OF LLC FORMATION

DYNAMIC FOOD CONSULTING LLC. Arts. of Org. filed with the SSNY on 01/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o John McEvoy, 42-20 24th Street, Suite 21A, Long Island City, NY 11101. Purpose: Any lawful purpose. D-207929

NOTICE OF LLC FORMATION

EAST 32ND RESTAURANT LLC. Arts. of Org. filed with the SSNY on 12/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Neufeld, O'Leary & Giusto, Esqs., 370 Lexington

LEGALS

Avenue, Suite 908, New York, NY 10017. Purpose: Any lawful purpose. D-206577

NOTICE OF LLC FORMATION

EAST MAIN 72 LLC. Arts. of Org. filed with the SSNY on 01/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Holihan & Associates, P.C., 135-24 Hillside Avenue, Richmond Hill, NY 11418. Purpose: Any lawful purpose. D-208426

NOTICE OF LLC FORMATION

ECHARGING LLC. Arts. of Org. filed with the SSNY on 12/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Fl., New York, NY 10016. Purpose: Any lawful purpose. D-206536

NOTICE OF LLC FORMATION

ECO MACHINERY USA LLC. Arts. of Org. filed with the SSNY on 01/14/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 129 East 124th Street, New York, NY 10035. Purpose: Any lawful purpose. D-207353

NOTICE OF LLC FORMATION

EFFE & ERRE, LLC. Arts. of Org. filed with the SSNY on 12/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 245 East 19th Street, Apt. 16R, New York, NY 10003. Purpose: Any lawful purpose. D-206510

NOTICE OF LLC FORMATION

ENTREBAND, LLC. Arts. of Org. filed with the SSNY on 02/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Harrison McQueeney, 103 Orlando Avenue, Albany, NY 12203. Purpose: Any lawful purpose. D-209107

NOTICE OF PLLC FORMATION

ERIC M. NASS ATTORNEY AT LAW PLLC. Arts. of Org. filed with the SSNY on 01/28/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o Eric Nass, 450 Seventh Avenue, 37th Floor, New York, NY 10123. Purpose: For the practice of the profession of Law. D-208716

LEGALS**NOTICE OF LLC FORMATION**

FILCO REALTY LLC. Arts. of Org. filed with the SSNY on 01/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 42 West 48th Street, 2nd Floor, New York, NY 10036. Purpose: Any lawful purpose. D-209406

NOTICE OF LLC FORMATION

FIRST AND TREND LLC. Arts. of Org. filed with the SSNY on 12/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 496 Warren Street, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-206534

NOTICE OF LLC FORMATION

FREEMAN ONE, LLC. Arts. of Org. filed with the SSNY on 01/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 375 Park Avenue, Brooklyn, NY 11205. Purpose: Any lawful purpose. D-206643

NOTICE OF LLC FORMATION

GARY AND VERO 528, LLC. Arts. of Org. filed with the SSNY on 12/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 56 Seventh Avenue, Suite PH, New York, NY 10011. Purpose: Any lawful purpose. D-206716

NOTICE OF LLC FORMATION

GMOC INVESTORS, LLC. App. for Auth. filed with the SSNY on 01/25/19. Originally filed with Secretary of State of Delaware on 07/23/2018. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kurzman, Eisenberg, Corbin & Lever LLP, 1 North Broadway, White Plains, NY 10601. Purpose: Any lawful purpose. D-208786

NOTICE OF LLC FORMATION

GO VAN GO LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4017 Greentree Drive, Oceanside, NY 11572. Purpose: Any lawful purpose. D-208305

NOTICE OF LLC FORMATION

GRAND ART GALLERY, LLC. Arts. of Org. filed with the SSNY on 02/04/19. Office: Albany County. SSNY designat-

LEGALS

ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Frank Fristachi, 216 Grand Street, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-209214

NOTICE OF LLC FORMATION

Gregory Dikeakos Real Estate LLC. Arts. of Org. filed with the SSNY on 11/21/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 14 Wood Hollow Lane, Fort Salonga, NY 11768. Purpose: Any lawful purpose. D-207115

NOTICE OF LLC FORMATION

HACCI's New York LLC. Arts. of Org. filed with the SSNY on 02/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Law Office of Fred Samuel, 60 East 42nd Street, Suite 4700, New York, NY 10165. Purpose: Any lawful purpose. D-209379

NOTICE OF LLC FORMATION

HAN RAIL LLC. Arts. of Org. filed with the SSNY on 01/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1725 Richmond Road, Staten Island, NY 10306. Purpose: Any lawful purpose. D-207930

NOTICE OF LLC FORMATION

HAROUNIAN INTERNATIONAL LLC. Arts. of Org. filed with the SSNY on 01/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 104 West 29th Street, New York, NY 10001. Purpose: Any lawful purpose. D-207630

NOTICE OF LLC FORMATION

HOLLY ARCADIPANE LLC. Arts. of Org. filed with the SSNY on 01/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 153 E. 57th Street, 15-E, New York, NY 10022. Purpose: Any lawful purpose. D-209071

NOTICE OF LLC FORMATION

HOTEL 35, LLC. Arts. of Org. filed with the SSNY on 12/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be

LEGALS

served. SSNY shall mail copy of process to the LLC, 213 W 35th Street, Apt. 803, New York, NY 10001. Purpose: Any lawful purpose. D-206523

NOTICE OF LLC FORMATION

JOESORB3RE LLC. Arts. of Org. filed with the SSNY on 01/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 14 Wood Hollow Lane, Fort Salonga, NY 11768. Purpose: Any lawful purpose. D-207115

NOTICE OF LLC FORMATION

JOSEPHINE JULIAN MD LLC. Arts. of Org. filed with the SSNY on 02/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 501 Fifth Avenue, Suite 1202, New York, NY 10017. Purpose: For the practice of the profession of Medicine. D-209449

NOTICE OF LLC FORMATION

KENMAR MANAGEMENT, LLC. App. for Auth. filed with the SSNY on 02/05/19. Originally filed with Secretary of State of Delaware on 01/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 554 Valleyview Place, Staten Island, NY 10314. Purpose: Any lawful purpose. D-209373

NOTICE OF LLC FORMATION

KENTILE CREATIVE STUDIOS LLC. Arts. of Org. filed with the SSNY on 01/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 58 Second Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-207770

NOTICE OF LLC FORMATION

KOA PROPERTY LLC. Arts. of Org. filed with the SSNY on 11/07/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 781 4th Avenue, Brooklyn, NY 11232. Purpose: Any lawful purpose. D-207859

NOTICE OF LLC FORMATION

KOMARU HOLDINGS LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of

LEGALS

process to the LLC, 109 Kingston Avenue, Brooklyn, NY 11213. Purpose: Any lawful purpose. D-208363

NOTICE OF LLC FORMATION

Landmark Public Policy Advisers USA, LLC. Arts. of Org. filed with the SSNY on 03/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Registered Agents Inc., 90 State Street, Ste 700, Office 40, Albany, NY 12207. Purpose: Any lawful purpose. D-207863

NOTICE OF LLC FORMATION

LE DALIAM LLC. Arts. of Org. filed with the SSNY on 12/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1 Taylor Drive, Closter, NJ 07624. Purpose: Any lawful purpose. D-206578

NOTICE OF LLC FORMATION

LORRIE OFF-BROADWAY LLC. Arts. of Org. filed with the SSNY on 01/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 425 East 78th Street, New York, NY 10075. Purpose: Any lawful purpose. D-209077

NOTICE OF LLC FORMATION

LUXE DE TIGRESSE LLC. Arts. of Org. filed with the SSNY on 12/20/18, with an existence date of 01/01/2019. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 300 East 40th Street, Apt 14A, New York, NY 10016. Purpose: Any lawful purpose. D-208424

NOTICE OF LLC FORMATION

MAGIC KITCHEN PROPERTIES, LLC. Arts. of Org. filed with the SSNY on 01/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Grand Teton Services, 50 S. King Street, Suite 101, PO Box 2619, Jackson, WY 83001. Purpose: Any lawful purpose. D-207933

NOTICE OF LLC FORMATION

MAMARONECK GJS LLC. Arts. of Org. filed with the SSNY on 11/13/08. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 240 West 54th Street, New York, NY 10019. Purpose: Any lawful purpose. D-207174

LEGALS**NOTICE OF LLC FORMATION**

MANHATTAN MEOW LLC. Arts. of Org. filed with the SSNY on 01/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 212 E. 95th Street, Apartment 6A, New York, NY 10128. Purpose: Any lawful purpose. D-209371

NOTICE OF LLC FORMATION

MBE DEVELOPERS LLC. Arts. of Org. filed with the SSNY on 01/25/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 610 11th Avenue, New York, NY 10036. Purpose: Any lawful purpose. D-208578

LEGAL NOTICE

Notice is hereby given that a license, number 2141399 for beer, cider, liquor and wine at retail in a restaurant under the Alcoholic Beverage Control Law at 288 Lark St Albany, NY, 12210 Albany County for on premises consumption. Istanbul Delights LLC DBA Mercatos Restaurant. D-207749

NOTICE OF LLC FORMATION

METRO 71, LLC. Arts. of Org. filed with the SSNY on 01/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o ST Management Group, 130 West 37th Street, 2nd Floor, New York, NY 10018. Purpose: Any lawful purpose. D-208712

NOTICE OF LLC FORMATION

MEZZALUNA FARM LLC. Arts. of Org. filed with the SSNY on 10/05/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Grand Teton Services, 50 S. King Street, Suite 101, PO Box 2619, Jackson, WY 83001. Purpose: Any lawful purpose. D-207933

NOTICE OF LLC FORMATION

MHG 1 LABRIOLA COURT LLC. Arts. of Org. filed with the SSNY on 12/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 225 West 83rd Street, Apt. 6H, New York, NY 10024. Purpose: Any lawful purpose. D-206524

NOTICE OF LLC FORMATION

MMQ RESTAURANT OPERATIONS LLC. Arts. of Org. filed with the SSNY on 01/31/19. Office: Albany County. SSNY designated as agent of the

LEGALS

LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Brian McAneny, 408 East 92nd Street, 15E, New York, NY 10128. Purpose: Any lawful purpose. D-209040

NOTICE OF LLC FORMATION

MNB REALTY LLC. Arts. of Org. filed with the SSNY on 01/30/19, with an existence date of 02/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mark N. Bloom, Esq., 185 East 85th Street, (12K), New York, NY 10028. Purpose: Any lawful purpose. D-208862

NOTICE OF LLC FORMATION

MONROE HOLDINGS GROUP LLC. Arts. of Org. filed with the SSNY on 01/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 900 Stewart Avenue, Suite 130, Garden City, NY 11530. Purpose: Any lawful purpose. D-207167

NOTICE OF LLC FORMATION

MTG CONTENT LLC. Arts. of Org. filed with the SSNY on 02/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 157 Rivington Street, Apartment 15, New York, NY 10002. Purpose: Any lawful purpose. D-209407

NOTICE OF LLC FORMATION

NAPALM RECORDS NORTH AMERICA LLC. Arts. of Org. filed with the SSNY on 12/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 633 West 5th Street, 40th Floor, Los Angeles, CA 90071. ATTN: William Archer. Purpose: Any lawful purpose. D-207010

NOTICE OF LLC FORMATION

NGC ASSOCIATES, LLC. Arts. of Org. filed with the SSNY on 12/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 103 Mace Street, Staten Island, NY 10306. Purpose: Any lawful purpose. D-206717

NOTICE OF LLC FORMATION

NEW YORK CITY SUBSURFACE LLC. Arts. of Org. filed with the SSNY on 12/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

LEGALS

copy of process to the LLC, 40 Bruckner Boulevard, Bronx, NY 10454. Purpose: Any lawful purpose. D-206595

NOTICE OF LLC FORMATION

NY MINUTE FILMS LLC. Arts. of Org. filed with the SSNY on 01/11/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 60 Broadway, Apartment 7K, Brooklyn, NY 11249. Purpose: Any lawful purpose. D-207311

NOTICE OF LLC FORMATION

OBJECT & THING LLC. Arts. of Org. filed with the SSNY on 01/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1202 Lexington Avenue, #314, New York, NY 10028. Purpose: Any lawful purpose. D-206772

NOTICE OF LLC FORMATION

OLOGN LLC. Arts. of Org. filed with the SSNY on 01/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 33 Tehama Street, Apartment 7B, San Francisco, CA 94105. Purpose: Any lawful purpose. D-208794

NOTICE OF LLC FORMATION

OTP LLC. Arts. of Org. filed with the SSNY on 02/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 111 John Street, Suite 1803, New York, NY 10038. Purpose: Any lawful purpose. D-209450

NOTICE OF LLC FORMATION

PARSONS FUNDING LLC. Arts. of Org. filed with the SSNY on 03/30/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-206296

NOTICE OF LLC FORMATION

PROSPECT-RIDGE REALTY LLC. Arts. of Org. filed with the SSNY on 01/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Georgoulis PLLC, 120 Wall Street, Suite 1803, New York, NY 10005. Purpose: Any lawful purpose. D-207855

LEGALS

NOTICE OF LLC FORMATION
QUEENS BORO DONUT LLC. Arts. of Org. filed with the SSNY on 12/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35-30 36th Street, Long Island City, NY 11106. Purpose: Any lawful purpose. D-208152

NOTICE OF LLC FORMATION

RENDMATE LLC. Arts. of Org. filed with the SSNY on 01/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o IIP Holdings LLC, 39 Broadway, Suite 3300, New York, NY 10006. Purpose: Any lawful purpose. D-208661

NOTICE OF LLC FORMATION

REZONATE TECHNOLOGIES LLC. Arts. of Org. filed with the SSNY on 12/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 28 Middagh Street, Floor 3, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-206579

NOTICE OF LLC FORMATION

RUBBERHEAD PRODUCTIONS, LLC. Arts. of Org. filed with the SSNY on 01/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Attn: Nick Taylor, 215 Park Avenue South, 16th Fl, New York, NY 10003. Purpose: Any lawful purpose. D-207780

NOTICE OF LLC FORMATION

SANDALA LLC. Arts. of Org. filed with the SSNY on 12/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o James Bonczek, 278 West 117th Street, Unit 4A, New York, NY 10026. Purpose: Any lawful purpose. D-206374

NOTICE OF LLC FORMATION

SC KINDER LLC. Arts. of Org. filed with the SSNY on 12/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 309 E. 108th Street, Unit 1F, New York, NY 10029. Purpose: Any lawful purpose. D-206376

NOTICE OF LLC FORMATION

SEGMA REALTY LLC. Arts. of Org. filed with the SSNY on 12/05/18. Office: Albany County.

LEGALS

SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 21-78 35th Street, Apartment 4C, Astoria, NY 11105. Purpose: Any lawful purpose. D-206377

NOTICE OF PLLC FORMATION

SKYLINE DENTAL PARTNERS PLLC. Arts. of Org. filed with the SSNY on 01/11/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 34 88th Street, Brooklyn, NY 11209. Purpose: For the practice of the profession of Dentistry. D-207446

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Sodium Hypochlorite Solution for the Bethlehem Parks and Recreation Department, as and when needed.

Bids will be received up to 11:00 a.m. on the 19th day of February, 2019 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted. Bid documents may be obtained at the Bethlehem Town Clerks Office, 445 Delaware Avenue, Delmar, NY 12054.

Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at www.townofbethlehem.org Purchasing Division.

The Town Board reserves the right to waive any informality in and/or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM Nancy Moquin TOWN CLERK Dated: February 6, 2019 D-209067

NOTICE OF LLC FORMATION

SOOK LEE INVESTORS LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 840 Southern Hills Court, Sumter, SC 29150. Purpose: Any lawful purpose. D-208370

LEGALS

NOTICE OF LLC FORMATION
SOULY HAD, LLC. Arts. of Org. filed with the SSNY on 02/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Harrison McQueeny, 103 Orlando Avenue, Albany, NY 12203. Purpose: Any lawful purpose. D-209109

NOTICE OF LLC FORMATION

SQUASH 160 LLC. Arts. of Org. filed with the SSNY on 12/31/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 172 Berrian Road, Stamford, CT 06905. Purpose: Any lawful purpose. D-206718

NOTICE OF LLC FORMATION

SSS MANAGEMENT LI LLC. Arts. of Org. filed with the SSNY on 12/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Slater Slater Schulman LLP, 445 Broad Hollow Road, Melville, NY 11747. Purpose: Any lawful purpose. D-206380

NOTICE OF LLC FORMATION

SUADA BALIC LLC. Arts. of Org. filed with the SSNY on 01/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Irhan Balic, 49 Victoria Avenue, #1, Yonkers, NY 10701. Purpose: Any lawful purpose. D-207213

NOTICE OF LLC FORMATION

SUMMERFIELD FUNDING LLC. Arts. of Org. filed with the SSNY on 01/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-208542

NOTICE OF LLC FORMATION

TAKAMORO ASSOCIATES LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 148 2nd Avenue, Apartment 4B, New York, NY 10003. Purpose: Any lawful purpose. D-208372

NOTICE OF LLC FORMATION

TEMPUS FINANCIAL GROUP, LLC. Arts. of Org. filed with the SSNY

LEGALS

on 12/19/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Levy, Stopol & Camelo, LLP, 1425 RXR Plaza, Uniondale, NY 11556. Purpose: Any lawful purpose. D-206720

NOTICE OF LLC FORMATION

THE BEAN SHACK, LLC. Arts. of Org. filed with the SSNY on 01/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 487 Amsterdam Avenue, New York, NY 10024. Purpose: Any lawful purpose. D-207928

NOTICE OF LLC FORMATION

THE BEAUGRAND FAMILY, LLC. Arts. of Org. filed with the SSNY on 12/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 614 10th Street, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-207767

NOTICE OF PLLC FORMATION

THERAPY IN NYC LCSW PLLC. Arts. of Org. filed with the SSNY on 02/06/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o Michelle League and Aaron Thornton, 2614 Annunciation Street, New Orleans, LA 70130. Purpose: Any lawful purpose. D-209572

NOTICE OF LLC FORMATION

THREE CONDO SERVICES LLC. Arts. of Org. filed with the SSNY on 12/11/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-207448

NOTICE OF LLC FORMATION

TIRE HEAVEN, LLC. Arts. of Org. filed with the SSNY on 01/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kevin Neely, 245-06 South Conduit Avenue, Rosedale, NY 11422. Purpose: Any lawful purpose. D-208860

NOTICE OF LLC FORMATION

TRACKSTARR, LLC. Arts. of Org. filed with the SSNY on 01/09/19. Office: Albany County. SSNY designated as agent of the LLC upon

LEGALS

whom process against it may be served. SSNY shall mail copy of process to the LLC, 125 West 31st Street, Apartment 41E, New York, NY 10001. Purpose: Any lawful purpose. D-207116

NOTICE OF LLC FORMATION

TSE COMMERCIAL REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 12/06/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o TriStar Equities, Inc., 155 East 26th Street, New York, NY 10010. Purpose: Any lawful purpose. D-206307

NOTICE OF LLC FORMATION

TULIPS ARE BETTER THAN ONE, LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 245 E. 58th Street, 12D, New York, NY 10022. Purpose: Any lawful purpose. D-208373

NOTICE OF LLC FORMATION

TWENTY TWO WEST 120, LLC. Arts. of Org. filed with the SSNY on 12/27/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Michelle League and Aaron Thornton, 2614 Annunciation Street, New Orleans, LA 70130. Purpose: Any lawful purpose. D-209572

NOTICE OF LLC FORMATION

UNION TURNPIKE SERVICES LLC. Arts. of Org. filed with the SSNY on 07/13/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-206311

NOTICE OF LLC FORMATION

VALENTI BASSES, LLC. Arts. of Org. filed with the SSNY on 01/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful purpose. D-207935

NOTICE OF LLC FORMATION

VAM OPTICAL LLC. Arts. of Org. filed with the SSNY on 01/09/19. Latest date to dissolve: 12/07/2099. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

LEGALS

copy of process to the LLC, 104-60 Queens Boulevard, 10-W, Forest Hills, NY 11375. Purpose: Any lawful purpose. D-207118

NOTICE OF LLC FORMATION

VELL 48, LLC. Arts. of Org. filed with the SSNY on 01/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Attention: Peter Vellios, 81 Ardmere Avenue, Staten Island, NY 10314. Purpose: Any lawful purpose. D-207176

NOTICE OF LLC FORMATION

VING TSUN KUNG FU LLC. Arts. of Org. filed with the SSNY on 01/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4905 5th Avenue, 2nd Floor, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-208378

NOTICE OF LLC FORMATION

VISUAL FIELDS NY, LLC. Arts. of Org. filed with the SSNY on 01/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 617 West End Avenue, Unit 4A, New York, NY 10024. Purpose: Any lawful purpose. D-207119

NOTICE OF LLC FORMATION

VYSE 179, LLC. Arts. of Org. filed with the SSNY on 12/21/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1652 Park Avenue, #LL, New York, NY 10035. Purpose: Any lawful purpose. D-206526

NOTICE OF LLC FORMATION

WALKER TERRACE, LLC. Arts. of Org. filed with the SSNY on 01/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1652 Park Avenue, #LL, New York, NY 10035. Purpose: Any lawful purpose. D-207783

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town of Bethlehem hereby invites sealed bids for the Town of Bethlehem Wastewater Treatment Plant for a Waste Activated Sludge Pump for the South Clarifier.

NOTICE OF LLC FORMATION

The Town of Bethlehem reserves the right to allow all municipal and not for profit organizations authorized under the General Municipal Laws of the State of New York, to purchase any goods and/or services awarded as a result of

LEGALS

this bid in accordance with the latest amendments to NYS GML 100 through 104. However, it is understood that the extension of such contracts are at the discretion of the vendor and the vendor is only bound to any contract between the Town of Bethlehem and the vendor. Additionally, the Town of Bethlehem reserves the right to purchase any goods or services included as part of this bid from any means legally available to it at any time.

Bids will be received up to 2:00 p.m. on the 26th day of February, 2019 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Nanci Moquin, Town Clerk, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes, which shall bear, on the face thereof, the NAME AND ADDRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted.

Bid documents may be obtained at the Bethlehem Town Clerk's Office, 445 Delaware Avenue, Delmar, NY 12054. Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at www.townofbethlehem.org Purchasing Division.

The Town Board reserves the right to waive any informality in the bid and/or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM Nanci Moquin TOWN CLERK D-209098

NOTICE OF PLLC FORMATION

WELLSpring DENTAL, PLLC. Arts. of Org. filed with the SSNY on 01/28/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 441 Clinton Street, Brooklyn, NY 11231. Purpose: For the practice of the profession of Dentistry. D-208660

NOTICE OF LLC FORMATION

WHITE CRANE LLC. Arts. of Org. filed with the SSNY on 11/28/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 322 West 57th Street, Unit 23E, New York, NY 10019. Purpose: Any lawful purpose. D-207856

NOTICE OF LLC FORMATION

WholeHealth You LLC. Arts. of Org. filed with the SSNY on 02/06/19. Office: Albany County. SSNY designated as agent of the LLC upon

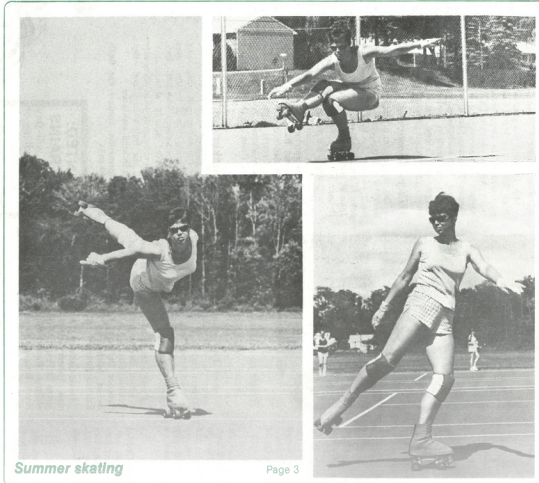
To place your Legal Notice: Call 439-4949

OBITUARY

Claire Yatsevitch



July 6, 1983 25¢ The weekly newspaper serving the towns of Bethlehem and New Scotland



Summer skating Page 3

BETHLEHEM

Democrats pick

VOORHEESVILLE

Sewer plan approved

On the Cover: Claire Yatsevitch of Delmar doesn't need an ice rink to pursue her hobby of figure skating all summer. All she needs is an unoccupied tennis court and her roller skates. Claire also adds color to the outdoor scene, in this case, a dazzling yellow outfit with bright green accessories.

Tom Howes / Spotlight News

Spotlight cover girl Claire Yatsevitch was overcome on Feb. 3, 2019 by the relentless progression of astrogloma cancer.

Born in 1943, Claire

was raised and schooled in Manhattan and worked for Matson Steamship Lines in Rockefeller Center until she met Alex Yatsevitch while swimming at her family's summer camp

on Lake Lauderdale, near Cambridge in Washington County.

They were married at Madison Avenue Presbyterian Church in Manhattan in 1969 and have been swimming together ever since. Claire was always physically active. She was an ice and roller skater, she and Alex were members of the Bethlehem Tennis Association and skiers, having skied at almost all areas in the Northeast, some in Colorado and Utah and winter Olympic areas of Whiteface, Sarajevo (then Yugoslavia) and Whistler-Blackcomb, British Columbia, Canada (their favorite).

But Claire's true love was water, describing herself as a reincarnated duck, and demonstrated it by running out all the hot water taking showers. Claire seriously participated in synchronized swimming and for many years she and Alex participated in Red Cross WSI, were instructors at the kids' learn to swim programs and adult ed swim programs at the Middle School.

Claire also swam regularly at the Bethlehem YMCA and was an instructor with a great

group of swim buddies teaching adult swimming at the SUNY, Albany pool.

At first just accompanying Alex to annual America Association for the Advancement of Science and Highway Geology Symposium meetings across the country, Claire became a fanatic to learn anything she didn't know anything about, leading to sitting for hours in dark rooms listening to academics presenting their hypotheses on remote minutia instead of taking tours of strange localities.

As with everyone, there is much more that will be remembered about Claire by those she came to know. Claire is survived by her husband, Alex Yatsevitch, a sister, Susan Good (Eugene), a brother Paul Vilk (Ginny) and two nephews, all outside the area.

There will be a family memorial gathering at some time in the future. In memory contributions can be made to one's own cause, hopefully helpful to those less fortunate.

BUSINESS

Town receives \$200K in aid

By DIEGO CAGARA cagarad@spotlightnews.com

BETHLEHEM — The town announced it received another \$200,000 in state aid last December to continue its Microenterprise Grant Program this year.

The program, offered by the state Office of Homes and Community Renewal, will award grants, ranging from \$5,000 to \$35,000 each, to emerging and existing micro-enterprises in Bethlehem.

It began in 2014 with the state awarding the town \$200,000 every other year since, and in 2019, it plans to assist at least 10 businesses.

The grant money ideally would help businesses "purchase inventory, machinery, equipment, furniture, and fixtures, and to meet working capital needs." It also defines a micro-enterprise "as a commercial enterprise

that has five or fewer employees, one or more of which is the principal and owns the enterprise at the time of application."

Interested businesses can learn more by attending two public information sessions, on Tuesday, Feb. 12 in the Town Hall auditorium and on Wednesday, Feb. 20 in the Town Hall's Room 101, located on 445 Delaware Ave. in Delmar.

Elizabeth Staubach, the town's Economic Development Coordinator, said, "It is a much-needed resource to small businesses and Bethlehem has so many great ones. It would help people who are also thinking of moving into Bethlehem and it gives them that little push. ... It's such a great opportunity."

For more information, visit www.townofbethlehem.org/709/Microenterprise-Grant-Program.

LEGALS

whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mona C. Engel, 180 Miller Place, Hicksville, NY 11801. Purpose: Any lawful purpose. D-209452

NOTICE OF LLC FORMATION

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whom process against it may be served. SSNY shall mail copy of process to the LLC, 26 Mott Street, New York, NY 10013. Purpose: Any lawful purpose. D-209073

NOTICE OF LLC FORMATION

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may be served. SSNY shall mail copy of process to the LLC, 1845 64th Street, Apartment 1, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-206773

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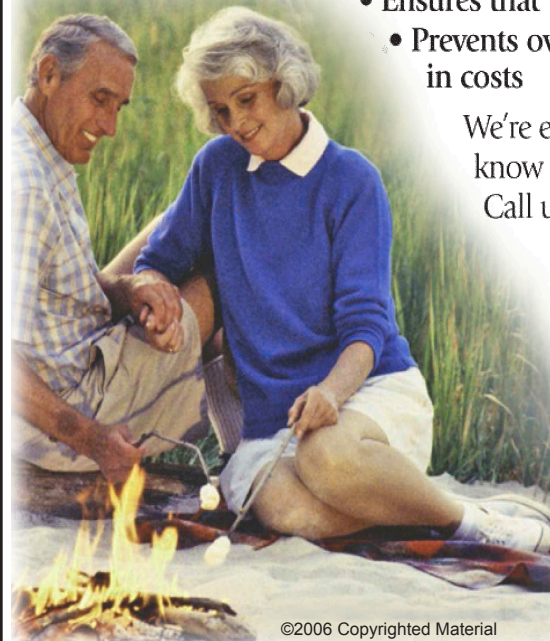
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LOCAL EDUCATION

Outside survey numbers

Superintendent shared survey comments within her address

By **DIEGO CAGARA**
cagarad@spotlightnews.com

Bethlehem Central School District Superintendent Jody Monroe went outside the numbers and shared what was stated within the recently released climate survey while she delivered her State of the Schools address.

What was shared in the Feb. 6 school board meeting were the general comments left by students, parents and school staff.

While the BCSD school climate survey results were initially released back on Friday, Feb. 1, the Feb. 6 meeting included more data and confirmed that a total of 3,784 people completed the survey — 2,679 of which were grades 5-12 students, 729 were parents, and 376 were staff members. The survey, conducted in December 2018, included 72 questions which asked about school diversity, safety, communication, sense of belonging, attentiveness of staff, and helpfulness of school curriculum and extracurricular activities. *Spotlight News* covered the survey's statistical findings in a Feb. 6 article, the same day as the meeting but at an earlier time.

Among the concerns elementary school students had included wanting healthier food choices, cleaner restrooms, less bullying and more lunch/recess time. For middle schoolers, they wanted less homework, nicer lunch aides and for school to start later. High schoolers

were concerned about parking lot improvements, wanting to start school later, how student vaping/juuling is too common on campus and dress code fairness. One main concern across all grade levels was addressing favoritism/bias in classes, particularly between girls and boys, and athletes and non-athletes.

Parents, regardless of their children's grade level, generally wanted more direct communication between them and teachers, and to confront favoritism/bias in class. Notably, parents with elementary school children wanted school to start earlier but those with middle or high school children preferred a later school start time. School staff expressed desire for the district to fix any classroom heating and cooling issues, to maintain more communication with parents, to see more in-school mental health resources, and to address student behavior issues.

For a comprehensive list of data, statistics and comments, visit www.bethlehemschools.org/school-climate-survey-results.

The survey was partially meant to better inform the long-term 2019-2024 Strategic Plan, which would outline goals and objectives for the district through the latter year.

Monroe's presentation included how the plan includes four main goals — Academics, Character, Community and Wellness. In respective order, it looks to develop a much stronger curriculum and instruction standards for students and staff; to instill positive model behavior and attitudes as well as embracing student equity

and cultural diversity; strengthen communication and relationships among parents, schools, staff and the local community; and to provide a healthy and positive learning environment in the schools where students' socio-emotional wellness is more considered.

While Monroe added that all BCSD schools were "in good standing" since none has any academically underperforming student subgroups, K-12 enrollment has been projected to gradually decline from now through the 2023-2024 school year, according to the Capital District Regional Planning Commission, from 4,451 in 2018-2019 to 4,154 in 2023-2024.

Monroe also mentioned that the 2019-2020 school budget will be up for district residents to

vote on Tuesday, May 21 at the BCHS gym from 7 a.m. to 9 p.m. BCSD Chief Financial Officer Judith Kehoe presented the proposed budget, showcasing a preliminary baseline budget gap of \$1.5 million, between \$99.5 million in revenues and \$101 million in expenditures. From now through April, the budget would be tweaked to ensure equity between both sides.

Lastly, two seats at the Board of Education, those of Michael W. Cooper and Jonathan Fishbein, will be up for district election. Their seats expire on June 30 this year and would each be up for a three-year term that will expire on June 30, 2022. Nominating petitions will be available starting on Feb. 25 from District Clerk Brittany Barrett and all petitions are due by Apr. 22 at 5 p.m.

BCSD testing new visitor ID system

Raptor system interacts with local authorities

By **DIEGO CAGARA**
cagarad@spotlightnews.com

Three schools within the Bethlehem Central School District will begin using the new Raptor Visitor Management System, which increases school safety, within the next two weeks.

The Bethlehem Central High School and Middle School implemented it on Monday, Feb. 11 while the Glenmont Elementary School will follow suit on Monday, Feb. 25.

The Raptor Visitor Management System is a new identification system that will require visitors to provide a government-issued piece of identification to prevent random visitors from entering and to compare the information to a nationwide sex offender database. If a match comes up, the school administrators and local police would be alerted. But once the visitor is cleared through the system, he or she would receive a printed visitor badge.

From page 1 ... Bridging the gap

Kehoe first presented the budget at the Board of Education meeting on Wednesday, Feb. 6 at 7 p.m. in the BC High School Library. In a later phone interview, she explained that the district will figure out ways to either lower expenses or raise revenues so that they match. "The key point is closing that gap as we go through weeks of the budgeting review process," she said. "The gap is not anything to be alarmed about as we're pretty much right where we expected to be at this time of year. This is routine and there's always a baseline gap in every proposed budget."

The district looks to meet with officials of different areas or departments from now through spring to further determine how to rework the proposed budget. Examples include meeting with Transportation and Technology on Feb. 27; Athletics, and Operations and Maintenance on Mar. 6; and Instructional Staffing and Programming, Special Education and Student Services on Mar. 20.

The proposed budget also assumes no estimated change regarding school taxes between the 2018-2019 budget and the 2019-2020 one for now — it remains at \$65.8 million. Kehoe explained that it connects with how it's "way too early" to fully determine the estimated impact on taxpayers yet, including what the new tax levy would be. "Whenever we first present the initial proposed budget, we opt to keep it the same as last year's level because we'll let the school board decide on how much of an increase," she said. "They won't know until they go through [the aforementioned departmental] meetings and decide whether to like seek more staffing levels or stop a school program or element."

For that same reason, the school district does not yet know if it would receive more state aid; Kehoe's presentation estimated that for now, it would get around \$28.2 million for 2019-2020, a slight increase from approximately \$27.9 million in 2018-2019.

The budget's expenditures side would mostly see a slight increase in numbers from last year's, including how salaries are estimated to increase marginally from \$49.7 million (2018-2019) to \$50.8 million; fringe benefits would rise a bit from last year's \$23.5 million to \$23.8 million; and debt service would go from \$11.9 million to \$12.6 million.

During the presentation, Kehoe said that the district's tax calculation would allow the property taxes in Bethlehem to be increased to a maximum of 4.08 percent without needing a super majority vote, although she noted that it does not necessarily mean it indeed would increase to 4.08 percent.

Looking ahead, the district's Board of Education has to adopt a proposed budget by Apr. 17; a public hearing is scheduled at the BCHS Library for May 8 at 7 p.m.; and district residents can vote on it from 7 a.m. to 9 p.m. at the BCHS gym on May 21. "It's going to be a good budget year and we'll keep watching the changes at incoming meetings so that we'll have a balanced budget by April," Kehoe concluded.

For more information about BCSD budgets, visit www.bethlehemschools.org/budget.

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LIBRARIES

Learn Jewish Genealogy

Local expert Avraham Laber, developer of the rich and ever-expanding database known as Jewish Data, will demonstrate how to utilize this extensive resource as part of your genealogical research on Sunday Feb. 17 at 2 p.m. Please register in person, online, or by phone. That same day is National Random Acts of Kindness Day, so we'll give out special commemorative bookmarks.

Presidents' Day

The library will be closed Monday, Feb. 18 to commemorate Presidents' Day. Happy birthday this month to two of our greatest, Abraham Lincoln (Feb. 12) and George Washington (Feb. 22). We're offering a full slate of activities during school vacation week to keep family members engaged, from Legos and Keva planks for Tweens and Teens (Feb. 19 at 7 p.m.) to Parachute Pajama Party for age 5 and under (2/22 at 10:30 a.m.) to live reptiles and amphibians for all ages (Feb. 20 at 2 p.m.). Go to guilderlandlibrary.org and click on the "Attend an Event" tab to survey the host of options.

Hour of Code: Scratch

On Tuesday, Feb. 19 at 2 p.m. we'll cover the basics of coding using Scratch, MIT's interactive programming software for creating stories, games, and animations. Children grades 3-6 and their parents



are welcome to explore the capabilities of Scratch together! Please register online, by phone or in person.

Celebrate With Clifford

Beloved storybook pal Clifford the Big Red Dog will be here celebrating his birthday with us on Thursday, Feb. 21 at 10:30 a.m. He's bringing lots of fun activities to share, and kids can get their picture taken with our favorite furry friend. Please pre-register online, by phone or in person, then join us for this very special birthday celebration!

Calling Gamers

Guilderland Public Library is the perfect place to test drive the latest video games! Not only can you check out the latest and greatest, but we're offering a dedicated time to come and share your gaming passion with others on Thursday, Feb. 21, from 2:30 to 4: p.m. Platforms include Nintendo Switch, WiiU, and Xbox 360. Feel free to bring your own handheld game to sync up with others; open to all ages.

Oscar Movie Thursdays

Oscar-nominated films take center screen on Thursday evenings at 6:30 p.m. throughout February

in our acoustically-superior Helderberg Room with two musically-driven movies: "Bohemian Rhapsody" on Feb. 21, and "A Star is Born" on Feb. 28.

Disney Movie Sundays

Our popular Disney Movie series for families screens a different movie each month, leading up to a colossal Family Disney Trivia challenge on April 26. The classic tale of "Robin Hood" is slated for Sun. Feb. 24, at 2 p.m. You can't beat the price - movies are always free, and we even provide popcorn!

Chinese New Year

Mark your calendars for Sat. Feb. 23, at 2 p.m. as we celebrate the Year of the Pig! Miss Julia is back with stories, songs, and rhymes in both Mandarin and English. This family-friendly program is suitable for children up to age 6.

Teens Teach Tech

Did you know...you can get one-on-one tech help from a Guilderland National Honor Society student? These 45-minute sessions are scheduled on Tuesdays between 3:30 and 5 p.m. Simply call the library at 518-456-2400, ext. 3 to make an appointment.

— Luanne Nicholson

Annual Film Festival

Dennis Sullivan will be our host for the last film in the 2nd Annual Winter Film Festival series. From Director Florian Henckel von Donnersmarck, join us at 6 p.m. on Wednesday, Feb. 13 for discussion and insights on this award winning film. Light refreshments will be served. Check the library calendar or call for film title. No registration needed.

Pete the Pirate Comedy and Puppet Show

Aye, Aye, matey and shiver me timbers! With fun songs featuring mandolin and harmonica, Pete and Sam, his parrot puppet, will bring their own brand of humor to this uproariously fun



and interactive show. Pete's magic segment is always a favorite! The one hour show starts at 6:30 p.m. on Tuesday, Feb. 19. Children of all ages and their families are invited. No registration required.

Locked in the Library: Movie Edition

The bestselling YA book "The Hate U Give" that became a blockbuster teen movie is out on video! Students in grades 9 and up are invited to join us at 6 p.m., Friday, February 15, for pizza, snacks, and viewing after hours at the Library. Please register.

Holiday Hours

In observance of President's Day, the Library

will close at 5 p.m., on Monday, Feb. 18.

More info

Registering for programs helps us to determine supply needs. Unless otherwise indicated, registration is requested for all programs. You can register in person, by phone 518-765-2791 or using our online calendar at <http://voorheesvillelibrary.org/calendar.asp>.

Snow Delays

If the Voorheesville Schools are delayed by two hours due to weather, all morning youth programs will be cancelled. If school is cancelled, all youth programs for the day are cancelled. Call to check on adult afternoon or evening programs.

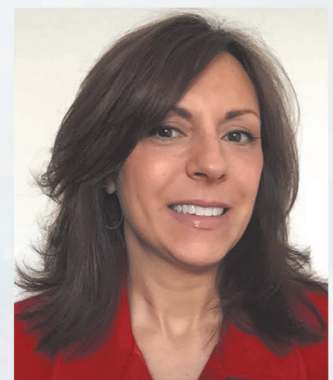
— Lynn Kohler

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LIBRARIES

Spend the break at the library

What do you do when the kids have a whole week off of school in the middle of winter? Head to the library, of course! We've got fun programs scheduled the entire winter break featuring performances, parties, movies and more. Check out the complete list at www.bethlehempubliclibrary.org or pick up a flyer at the library.



The interactive storytelling vividly brings to life the tale of a young boy who bravely sets out to rescue the Sun from its imprisonment by a powerful dragon. With the help of a magic Phoenix, Bawshou must complete three great challenges.

A dragon's tale

The fun starts Monday, Feb. 18, with a special storytelling event for all ages. In "Bawshou and the Water Dragon," storytellers Bells & Motley, the husband and wife team of Sondra Bromka and John Bromka, present a traditional Chinese tale of wonder and adventure through costume, dance and music performed on authentic Chinese

The library will be hosting two performances of "Bawshou and the Water Dragon," one at 11 a.m. and the second at 2 p.m., along with special participation workshops for children before each show. The event is part of the Ann Seegal Memorial Storytelling series that brings top-level storytelling performances to Bethlehem Public Library. Seating is limited and available on a first-come basis.

Children in grades 2-8

can also be part of the performance by taking part in a workshop to learn how to play the instruments and manipulate some of the props in the show. Workshops are limited to 15 participants. Sign up online or call.

And so much more

The busy February vacation week continues with the following activities for kids:

Super Smash Afternoon

Friday, Feb. 15:

Join your friends to play Super Smash Bros. on the WiiU, 3:30-4:30 p.m. For grades 6-12.

Unicorn Party

Tuesday, Feb. 19: Join us for unicorn stories and a craft, then decorate your own magical cupcake, 11



Bethlehem library celebrated the Year of the Pig with a heart piggy craft at the Children's Place creation station.

Kristen Roberts / Bethlehem Public Library

a.m. OR 2:30 p.m. Each child must be registered individually; please sign up for only one session. For kids and family.

Stone Soup

Wednesday, Feb. 20:

Shape biscuit dough into a yummy treat and watch a classic Stone Soup tale while they bake. When the biscuits are done, enjoy

them with some vegetable soup, 2 p.m. Please bring a canned vegetable or soup for the local food pantry. For kids and family. Sign up online or call.

Kids Builder Association

Thursday Feb. 21:

Build your own fun with Legos, Snap Circuits,

K'nex, blocks, puzzles, origami and more, 10 a.m. For kids and family.

Family Book Discussion

Thursday, Feb. 21:

"From the Mixed-Up Files of Mrs. Basil E. Frankweiler" Read E.L. Konigsburg's classic tale and then join in a family discussion, 2 p.m. For kids and family.

Friday, Feb. 22: No-Sew Caterpillar and Story Listen to a story about a caterpillar, then make your own cuddly caterpillar to keep, 10:30-11:15 a.m. For kids and family. Sign up online or call; each child must be registered individually.

Vacation Cinema

Friday, Feb. 22: A yeti is convinced that the elusive creatures known as "humans" really do exist (PG, 96 min., Warner Bros.), 2:30 p.m.

— Kristen Roberts

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<p style="font-size: small;">U.S.D.A. CHOICE & HIGHER</p> <p style="font-weight: bold; font-size: 1.2em;">WHOLE TENDERLOINS PEELLED</p> <p style="font-size: small;">7 Lbs. Avg. Weight</p> <p style="font-weight: bold; font-size: 1.5em;">\$15⁹⁹</p> <p style="font-size: small;">LB.</p>	<p style="font-size: small;">10 LBS. OR MORE</p> <p style="font-weight: bold; font-size: 1.2em;">GROUND CHUCK</p> <p style="font-weight: bold; font-size: 1.5em;">\$3²⁹</p> <p style="font-size: small;">LB.</p> <p style="font-weight: bold; font-size: 1.2em;">GROUND ROUND</p> <p style="font-weight: bold; font-size: 1.5em;">\$4¹⁹</p> <p style="font-size: small;">LB.</p> <p style="font-weight: bold; font-size: 1.2em;">GROUND SIRLOIN</p> <p style="font-size: small;">Extra Lean</p> <p style="font-weight: bold; font-size: 1.5em;">\$4³⁹</p> <p style="font-size: small;">LB.</p>		

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Spotlight On Business 2019

Eat healthy at Zaitoon's Kitchen

Affordable food that is certified halal, cage-free and veggie fed

By **KAITLIN LEMBO**
 lembok@spotlightnews.com

Zaitoon's Kitchen wants you to eat healthy. It wants you to be able to afford it, too.

Co-owner Zebediah Neyazy has made a home for his authentic cuisine in the Capital District. Neyazy and his staff serve fresh, affordable food that is certified halal, cage-free and veggie fed. The two locations, Guilderland and Latham, aim to introduce people to Mediterranean, Afghani flavors with tried and true recipes.

"The product we use is top quality, which is what I believe sets us apart," Neyazy said. "Many

restaurants serve meat that is of lower quality to make a higher profit. We want to focus on quality in the long term and believe the fresh, unique flavors will entice people to keep coming back."

Everything Zaitoon's prepares is made using thoughtful ingredients and from scratch. "We don't like to cut corners because it affects the finished product," Neyazy said. "All of the marinades are house made and our naan is hand stretched every day."

Neyazy, an Afghanistan native, perfected his family recipes and wanted to make

his family's passion for food available to others. Recipes with rich seasonings and flavors, that bring people together. "We make it about the food so that our guests can focus on

everything else," he said. "Our food may take a bit longer because everything is cooked to order."

"We love having people come in and experience the food with us for the first time," Neyazy said, adding

the chicken kabobs, or lamb kabobs for the adventurous, are a safe bet for anyone who has not tried the food before. "It's amazing to see little kids as young as six come in and love the kabobs and rice."

Neyazy added his menu is full of Afghani delicacies. The carrot and raisin basmati rice, known by its native name Kabouli, is a delicacy in Afghanistan. The mantu, a steamed dumpling made with beef, onions and seasoning, is considered a "VIP" dish at home. The dumplings are served with a delicious yogurt sauce.

"Rice is something only the richer have at home," Neyazy explained.

"Especially the Kabouli, which is caramelized in sugar, is something not everyone has. Mantu is rare, only served with guests or at fancy events."

The Afghani delicacies are complimented with more mainstream sides, such as salads and naan. Seasoned fries and falafel garnish the sides menu, guaranteed to coax in even the pickiest eaters. Hummus is plentiful and the perfect dip with everything you can eat. Naan wraps also appear, enticing those with a soft spot for the doughy, flavorful bread.

Neyazy said his food makes him miss home and reminds him of the time he and his father spent in New York City's vast restaurant empire. His

"We love having people come in and experience the food with us for the first time."

— Zebediah Neyazy,
 co-owner
 of Zaitoon's Kitchen

father, a member of the restaurant business since he moved to the States, inspired Neyazy's cuisine and continues to influence the flavors and selection Zaitoon's Kitchen includes on the menu.

"We make food that can tantalize everyone's taste buds," Neyazy concluded. "You will definitely find something you like when you walk in here."



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Spotlight On Business 2019

Personalized service shines

Joyelle's offers more than just fine jewelry

By LIANNE WEBSTER-KIM
news@spotlightnews.com

BETHLEHEM — Established in June 1990, Delmar-based Joyelle's Jewelers not only offers a wide selection of fine jewelry, including diamonds, sterling silver, pearls, watches and estate pieces, the family-owned and operated business also features a variety of gifts, such as glassware and scarves along with scented soaps and lotions.

While hundreds of rings, pendants, necklaces, pins and earrings glitter and sparkle throughout the store, customer service and relationship building are what shine the brightest at Joyelle's, helping it earn

Capital Region Living's Bestie Award in both 2017 and 2018.

Owner and jeweler Mary Vail, herself a Bethlehem native, said she, her jewelers and her gemologist strive to make Joyelle's "a fun place to shop," creating a comfortable environment where customers can browse without being subject to high pressure sales representatives. She and her staff members are dedicated to helping each customer find what he or she wants within his or her budget.

All of the items that Joyelle's carries are handpicked by Vail and her staff. Her personal selections are made intuitively: If she thinks



someone will like a particular piece of jewelry or the style of a larger collection, she'll likely add it to the store's inventory. However, those decisions are made carefully to ensure that what they have on

hand not only covers a wide range of price points, but also caters to a variety of different tastes.

While sales are an important facet at Joyelle's, Vail is most proud of the repair, design and estate jewelry services it offers. Whether a customer needs a simple fix or a complex restoration, Vail and her staff have the capability to repair and restore more pieces than most other area jewelry stores, thanks in large part to an on-site laser welder.

For customers who wish to create their own, unique jewelry, Joyelle's staff will

work closely with them to take their vision and transform it into a beautiful custom piece.

Joyelle's also purchases, appraises and sells estate jewelry. In fact, Vail will credit the value of estate pieces a customer no longer wants towards something he or she does want to purchase from her store.

The ultimate goals at Joyelle's are to develop and maintain a positive relationship with each and every customer through attentive service and quality products and repairs. Everyone at the store looks forward to assisting you with all of your jewelry and gift giving needs.

Joyelle's Jewelers, located in the Main Square Shoppes at 318 Delaware Ave. in Delmar, is open

"Mary Vail said she, her jewelers and her gemologist strive to make Joyelle's 'a fun place to shop.'"

Tuesday, Wednesday and Friday, from 9:30 a.m. to 5:30 p.m.; Thursday from 9:30 a.m. to 7 p.m.; and Saturday from 9:30 a.m. to 3 p.m.

For more information about its available product lines, custom repair and design services, and estate jewelry program, please call 518-439-9993, visit its website at www.joyellesjewelers.com, or stop by during regular business hours to meet with Vail and her staff in person.



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Spotlight On Business 2019

For the mind, body and soul

Pinnacle Behavioral Health aims to cover it all

By **KAITLIN LEMBO**
 lembok@spotlightnews.com

ALBANY — Mental health is a never ending personal journey. Pinnacle Behavioral Health, IPA, LLC a certified woman-owned practice since 2001, wants to help you on this journey by offering a program that is tailored to your needs.

Pinnacle is an IPA comprised of independent practitioners who believe that the combination of medication management and counseling is the foundation of good psychiatric care. However, Pinnacle continues to take this concept one step further by highlighting the importance of a holistic mind-body approach by offering a variety of

treatment options. Natural treatments have the power to enhance your overall well-being.

“We offer Tai Chi, Qi Gong, Yoga, Somatics and Mindfulness Group as complementary services,” Pinnacle’s Director of Operations, Rocco Pezzulo, said. “We realize with mental health, one size does not fit all, so we offer a variety of ancillary services.”

“Our instructors have each been trained in a variety of practices which each help you realize how each of your movements affect your body and what it will help,” Pezzulo said.

“We are able to tell you how a pose will open your heart chakras, which are often what suffers when a person is dealing with depression.”

Anyone can use the classes offered — a close



to home, affordable option for those who might be intimidated by bigger yoga studios. Instructors are both clinicians and/or community members with a wealth of experience specialize in how each class can improve various

diagnoses.

Offering a multitude of services at one location, Pinnacle is able to offer patients a wide variety of resources which will help them in achieving their goals. Pinnacle is a vast network with the extensive resources you need to improve your day to day quality of life.

Pezzulo stated that Pinnacle is adding a new practice as of February 2019 called Transcranial Magnetic Stimulation.

TMS is a treatment used to treat depression. It is noninvasive and does not use medications, but rather stimulates the brain itself, rather than the person.

“This treatment sends

magnetic energy to the parts of the brain showing depression,” Pezzulo explained. “Usually in about 20 sessions 30 minutes each, the stimulation targets the part of the brain that controls mood relieving the patient’s depressive symptoms. The end goal is to improve the patient’s everyday ability to function.”

“We want people to face those challenging mornings, challenging nights or overall challenging days with positivity and the ability to look at it as a new opportunity to participate in our lives,” Pezzulo concluded. “We are wired to be alert for the next danger we see. Instead of waking up or going to bed with worry, we want to assist you acknowledge the dangers but also see the possibilities.”

“We want people to face those challenging mornings, challenging nights or overall challenging days with positivity and the ability to look at it as a new opportunity.”

— Rocco Pezzulo,
 director of
 operations at
 Pinnacle.

Please visit our website and friend us on Facebook. If you are ready to take a more direct step toward help, please call us today at 518-689-0244 ext.35 and one of our associates will be happy to set you up with the right practitioner.



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Spotlight On **Business** 2019

Zoom into Nano at miSci

SCHENECTADY — Advances in nanotechnology are likely to change the way we design and fabricate almost everything – from faster computers, to stain repellent clothes, to new medicines to treat diseases, and technologies that are beyond our imagination.

miSci invites visitors from Tech Valley and beyond to discover a dynamic new exhibition, Zoom into Nano, during a four-month exploration of materials at the atomic scale.

At 5,000 square feet, Zoom into Nano presents a variety of large-scale, immersive experiences in the world of nanotechnology and is perfect “edu-tainment” for the entire family.

“This exhibit is fun,” said miSci President Dr.

Gina C. Gould, “it’s full of engaging interactives that encourage visitors to use all of their other senses to detect a particle world that they cannot see. It’s a fascinating exploration of the big ways our lives are impacted by the incredibly small.”

Zoom into Nano includes interactive stations that “zoom” into tiny structures and devices to see the amazing beauty of natural and manmade objects at very high magnification. It immerses visitors into models of atoms and molecules that are enlarged to 100 million times their actual size. And, it allows visitors to use their hands to do such thing as grab and pull apart the ends of a virtual RNA molecule and more.

Zoom into Nano was



Photo provided

developed by Sciencenter of Ithaca, NY, through a partnership with Cornell University, with funding from the National Science Foundation.

Zoom into Nano will be on exhibition from now through May 11.

miSci is located at 15 Nott Terrace Heights in Schenectady. miSci general admission is: Children (3-

12) \$8; Seniors (65+) \$10; Adults \$12. Planetarium tickets are \$6. Access to Zoom into Nano is included in general admission.

Zoom into Nano is just one of many dynamic exhibits planned over the next three years as miSci launches a new traveling exhibition program.

miSci announced the plan last November as an exciting new exhibition plan, including a dynamic three-year schedule of changing exhibitions at the museum and the launch of a traveling exhibition program.

Led by miSci President and seasoned curator, Dr. Gina C. Gould, the museum’s new exhibition strategy will better serve its visitors and create a new revenue stream to support its operations and

expansion.

For the next three years, miSci will present three major interactive STEAM (Science, Technology, Engineering, Arts and Math) exhibitions, in addition to its annual butterfly house and model train display.

The exhibition schedule is built around the seasonal nature of the museum’s visitorship, welcoming families during the summer and school groups in the spring and fall.

Each year, two of the three exhibitions will be rented from national sources, and the third will be an internally-curated exhibit to premiere at miSci before becoming available for rental by other museums and science centers nationwide.

“miSci has a world-class unique collection of

“It’s a fascinating exploration of the big ways our lives are impacted by the incredibly small.”

— Dr. Gina C. Gould,
miSci President

artifacts and imagery that chronicle the history of human innovation over the past 125 years,” said Gould. “Through our new traveling exhibition program, we intend to celebrate and share Schenectady’s illustrious history of innovation at other museums across the country.”



ZOOM INTO NANO and discover **BUTTERFLIES & BLOOMS**

ZOOM INTO NANO to experience a close-up look at the very, very small through exciting hands-on interactives and immersive displays. Or step into springtime at miSci's indoor butterfly house, full of beautiful **BUTTERFLIES & BLOOMS**.

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www.miSci.org

Visit our website for a complete list of exhibits, programs and events!

Spotlight On Business 2019

Always part of the community

Adams Station offers a host of amenities

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

DELMAR — Adams Station Apartments has set itself as “a world apart” for nearly 30 years, but not apart from the world, as it maintains a strong sense of community.

A turn down the tree-lined road of Juniper Drive allows a peek beyond the veil that hides this unique neighborhood from bustling town life. The complex is comprised of 282 units spread out over 55 acres. It all revolves around a two-story clubhouse at the heart of the complex.

The clubhouse has been ideal for residents to use for gatherings, parties and the everyday getaway for

those suffering from cabin fever this time of year, said Samantha Raynor, director of leasing and marketing. It’s also a place for organizations such as the Girl Scouts and Toastmasters to congregate. And, now, it’s getting a fresh coat of paint, sort of speak.

“I haven’t officially bought all the furniture yet,” said Raynor. “I would think in the spring we will have a grand reopening event, just with new furniture and [to make it] a better space for our residents and the Bethlehem community as a whole.”

It’s a similar community

model shared amongst all of The Spinney Group properties. The clubhouse develops into “the epicenter” of neighborhood activity. In 2019, Raynor said she plans to schedule events and book organizations to meet at the clubhouse as a



means of drawing residents together.

Many of the living areas look out onto a thicket of woods. That rustic touch allows residents to maintain a sense of privacy while at home. Adams Station Apartments was

designed to make one feel at home in a special place. The apartments have been given extra touches such as breakfast nooks, window seats, vaulted ceilings, and private patios and balconies. Featuring a number of amenities including a swimming pool, community garden, fitness club membership and two tennis courts.

Adams Station Apartments offers a pet-friendly environment, and accommodates family life, too. The complex resides within the acclaimed Bethlehem Central School District. Eagle Elementary is a five-minute bike ride away from home, as is Bethlehem Central High School. The district’s middle school, for

grades six through eight, is just 10 minutes away on two wheels.

Adams Station Apartments’ wooded setting features attractive two-story construction with one and two-bedroom floor plans offering amenities that include central air, cable and wireless internet, a clubhouse, swimming pool, sauna, community gardens, tennis courts and 24-hour maintenance.

“It’s kind of a worry-free environment when people come to live with us,” said Raynor, adding that the 24-hour maintenance crew not only handles snow removal but can also step in if the power goes out, or the pipes freeze. “I think that’s a huge draw, especially in a winter with two, back-to-

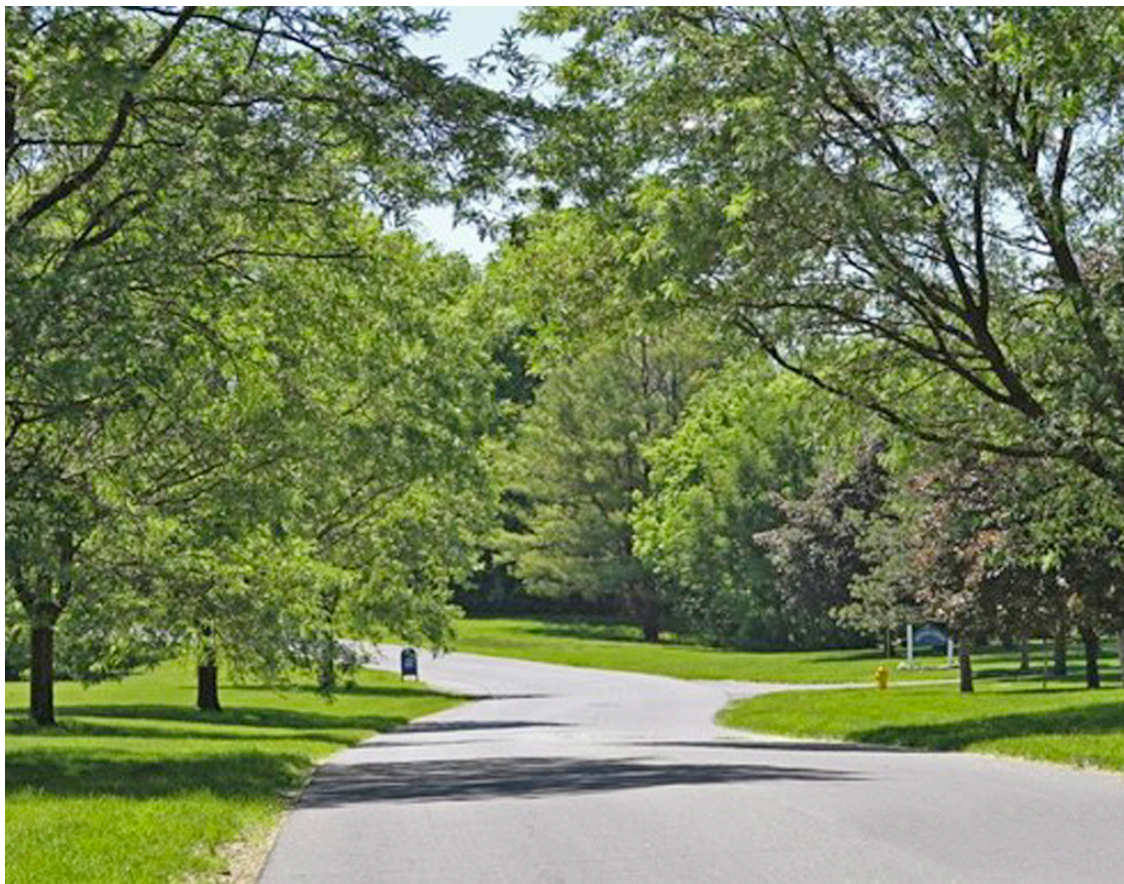
“It’s kind of a worry-free environment when people come to live with us.”

— Samantha Raynor,
director of leasing
and marketing at
Adams Station

back storms.”

The Spinney Group management team provides an online tenant portal that allows residents to pay rent over the internet, or set up an automatic payment schedule.

To learn more about Adams Station Apartments, and to inquire about vacancies, visit adamsstation.com or call 518-439-8857.



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Spotlight On Business 2019

Moving made easier

Organize Senior Moves packs moving woes away

BETHLEHEM — Moving can be one of the most stressful events we experience. Moving from a house where you've lived and raised a family for many years can be even more stressful. There are memories etched into the walls that are hard to leave and an accumulation of "stuff" that we're attached to.

Michelle Kavanaugh, owner of Organize Senior Moves understands this. So does her team of 20+ women who, with compassion and empathy, help guide clients overwhelmed with the idea of moving.

"Many times, our clients are extremely overwhelmed and don't know where or how to begin," said Kavanaugh. "Once we meet with them they feel completely at ease and are even thankful that someone is there to help them during this process."

That process involves doing as much or as little as a client needs, including:

- Develop floor plans for your new home



- Organize / prep for an estate sale
- Helping decide which items to donate, sell, toss or take
- Stage and prepare home for sale
- Recommend moving companies, estate sale professionals and auction houses

- Coordinate and oversee the move

- Unpack and organize new home, including hooking up electronics, hanging artwork and photos

- Take care of any other details you're concerned about.

For Kavanaugh and her team, the best day for them is the day their client walks through the door of their new home. Some clients have even compared the experience to being on a home show on HGTV. "The smiles on their faces when they walk in is why we do what we do," she said. "It's the best part of our job."

Despite the name, Organize Senior Moves (OSM) isn't

limited to just downsizing, they can also help with your organizing needs. If you have closets that are overrun with clothes, an office that has seen better days or a guest room that is unable to actually host a friend, OSM is your answer to de-cluttering and organizing. Basements, attics, major clean outs...they handle it all. "No job is too big or too small for us," said Kavanaugh.

"Sometimes you just need someone else to help get you started on your quest for a more organized life. With less 'stuff' around, you can reduce stress and anxiety in your life."

Additionally, OSM also helps with all moves, not just senior moves.

Organize Senior moves offers complimentary one-hour consultations. Call 518.621.6568 to schedule what will be sure to be "the best move you ever made."

"Many times, our clients are extremely overwhelmed and don't know where or how to begin. Once we meet with them they feel completely at ease and are even thankful that someone is there to help them during this process."

— Michelle Kavanaugh, owner of Organize Senior Moves

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Michelle Kavanaugh-Anastasi established Organize Senior Moves in 2012 to help seniors manage the transition from one home to another.

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Experience and adaptability

Daughters of Sarah provides high quality care for seniors of all faiths

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — Daughters of Sarah Senior Community provides resident-centered care with over 75 years of service. That speaks towards both its experience and adaptability to provide high quality care.

Daughters of Sarah was founded in 1942 to meet the needs of elderly Jewish men and women who needed care and shelter.

The first home opened in Troy with 19 beds. Today, Daughters of Sarah welcomes people of all faiths and ethnic backgrounds, and provides a continuum of care for seniors including gracious assisted living, transitional/rehabilitation care, and skilled nursing, memory and respite care.

“We provide assisted living care through end-of-life care,” said Ruth Schulman, director of philanthropy and community engagement.

“Some residents are in our care for a relatively short period of time for transitional therapy,” she added, where patients can rehabilitate after hip surgery or other conditions and safely return home, while others may need additional nursing care. The Senior Community consists of The Massry Residence and The Nursing Center.

The Massry Residence offers an active lifestyle for seniors who need some assistance with their activities of daily living. The Nursing Center provides short-term and out-patient physical, occupational and speech therapies using state-of-the-art equipment, memory care, and long-term skilled nursing care.

More and more people are being diagnosed with varying stages of dementia. Recently, Daughters of Sarah has added specialized programs and specially trained staff to further enhance the quality

of life for its residents living with dementia.

The Buddies Forever dementia communication program teaches staff how to more effectively communicate with residents paying close attention to use of language and key phrases, and body language. Schulman said there are residents that lie within every point of the dementia spectrum.

One group was recently able to play a game of Bingo for the first time. “That made my eyes well up with tears,” she said.

In addition to providing 24-hour skilled nursing care, Daughters of Sarah offers respite care to Capital District families in need of some “breathing room” from their caregiving responsibilities.

“We [as family] need to take care of Grandma and Grandpa,” said Schulman. “They took care of us. Now, it’s time to take care of them.”

Inspiring our young ones

Twist’N Flip Gymnastics teaches balance, strength and flexibility

By **DIEGO CAGARA**
cagarad@spotlightnews.com

GLENMONT — Twist’N Flip Gymnastics, a Capital District children’s gymnastics center, wants to inspire young ones that learning balance, strength, coordination and flexibility can be exhilarating by picking up the sport.

Twist’N Flip has three locations across the Capital District in Colonie, Rotterdam and Glenmont, and is owned by Ron and Jodi Barnes of Middleburgh, where their business began over 10 years ago. Twist’N Flip offers accommodating numerous gymnastics programs of all levels and a preschool academy which teaches children aged three to five. The latter contains one hour of gymnastics instruction and 90 minutes of hands-on education concerning art, math, English, and the senses

via interactive games and activities.

The Twist’N Flip Glenmont location, on 241 Route 9W, specifically offers a popular Ninja Program which involves “military style obstacle courses to develop strength and speed, gymnastics tumbling, and ‘Ninja’ style

further age-appropriate obstacle courses. Most courses are divided by age groups: “Little Stars” for ages 3 to 4, “Rising Stars” for ages 4 to 5, and “Shooting, Stars, Shining Stars, Super Stars” for ages 5.5 and upwards. As the child progresses, they continue improving their motor, communication and social interaction skills.

Twist’N Flip also features Parents’ Night Out where children play, enjoy obstacle courses and enjoy pizza for two hours while parents can have a date night; and two types of birthday party events, which last up to two hours and come in a Gold and Silver Package.

For a comprehensive list of registration, prices, and course information across the three Twist’N Flip locations, visit www.twistnflip.com.



moves,” according to its website.

Here, children can also learn to be self-confident and stay physically active. There are several class options throughout the week and on Saturdays, followed by their popular monthly Ninja Challenge.

The Glenmont branch also offers other programs for children, including trampoline, tumbling, and

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Spotlight On Business 2019

A different kind of grocery store

Fresh Market offers great food at great prices

LATHAM — “We inspire people to make every day eating extraordinary.”

Such is the mission statement of The Fresh Market, and for 35 years, at 160 locations in 22 states, that has been its goal.

Each store is unique in its own way, catering to the local clientele but the basic philosophy is the same. At the Latham store at the corner of New Loudon Road and Route 155, for example, each week it offers a “Little Big Meal,” enough food for a family of four for just \$20. Every Tuesday, it offers boneless, skinless chicken breast and ground chuck for \$2.99 a pound.

This Valentine’s Day, Fresh Market is offering a complete Valentine’s Day meal where you and your significant other can cook and enjoy a meal together without the wait of a busy restaurant.

The customers can pick between two entrées, filet mignon, lobster tails or sea bass, paired with whipped potatoes, asparagus tips, garlic parmesan butter and mini chocolate lava Bundt cakes.

The meal is completed with a dozen roses and it’s all for \$59.99.

Each individual location also has its own Facebook page to better connect with the community it strives to be a part of.

“As the store manager for the Fresh Market in Latham, my goal is to meet every one of our customers and offer an unmatched shopping

experience,” said Chris Decicco, Latham store manger.

For example, stores throughout the company generated \$425,000 through its 1-3-5 Food Drive in May — when summer break starts and students no longer are eating lunch at school — and that money was dispersed to local food banks within each store’s community. In November, a portion of every pie sold was donated to Feeding America.

The company takes pride in supporting non-profit organizations in each store location by donating gift cards, food trays, gift baskets, bottled water and many other items to those in need when they need it.

In addition to Latham, there is a Fresh Market store on Marion Avenue in Saratoga.

More than a mall

Crossgates has a host of activities and community events

GUIDERLAND — Generating close to \$1 million in charitable donations, Crossgates embraces over 150 local non-profits to host events and fundraisers in the mall throughout the year.

With over 25 large scale events in 2018, 20 of them being hosted as fundraisers, Crossgates helped organizations raise over \$670,000.

Annual events at Crossgates, such as Ronald McDonald House Charities Radio-thon, Empire State Youth Orchestra Play-a-thon, Best Buddies Friendship

Walk and Regional Food Bank’s Holiday Hunger Appeal campaign, connects local organizations with shoppers and stores by simply offering a spacious, reliable venue for a family fun day, a concert or an indoor walk-a-thon.

Family events, such as the LEGO Americana Roadshow, St. Peter’s Journey through the Body, Kid’s Club with B95.5, Mall-o-ween, and various events with the Tri-City ValleyCats, entice children and adults alike to stop by for a few hours or for the day to have fun.

Crossgates Management takes community-minded events very seriously.

The mall’s philosophy is, “There’s more to Crossgates than just shopping. Community

events and giving back are a priority.”

Crossgates is home to over 80 merchants unique to the Capital Region such as:

- ZARA
- Dave & Buster’s
- LEGO Store
- Lucky Strike Social
- Lord & Taylor
- Apple
- Spa Mirbeau
- Carhartt and many others.

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Spotlight On Business 2019

Valuable services in time of need

Meyers Funeral Home has been in business since 1968

By **DIEGO CAGARA**
cagarad@spotlightnews.com

DELMAR — Meyers Funeral Home director Stephen Meyers said one reason why his business has remained open since 1968 is that he always listens to what grieving clients want, answers their questions, and offers them affordable services, especially since they are still dealing with losing their loved one.

“Our funeral business is probably the least expensive of its kind in the Capital District and we love being a locally-born business,” said Stephen who has been working at this Delmar establishment since around 1990. His father, Ben, had first opened in the late 1960s and although he is semi-retired now, he continues to stay involved.

When asked how he works with clients during some of their darkest times, Stephen said one helpful tactic is putting all the service choices before them so they can decide what’s best for them. “We offer valuable services in times of need, usually when it’s chaotic for the family if they don’t pre-plan but one phone call with us will basically get everything rolling,” he said, adding that Meyers Funeral Home offers options, including cremation and full traditional burials. “Sometimes families are not aware of some benefits that can help them with the cost of a funeral or cremation; we help them to find these benefits, regardless if it’s a cremation or full funeral.”

“Veterans are also specifically honored

here,” Stephen said, since veterans sacrifice so much. Meyers Funeral Home offers both standard and full honor military funerals, as well as veteran benefits like a presidential memorial certificate and a memorial plot.

“I feel it’s important to meet with the person whose name is on the sign,” Stephen said. “I’m 55 years old and I hope to be around for another 30 years or more.”

For more information, call 518-439-5560 or visit www.meyersfuneralhome.com.



The old can mentor the young

A Q&A with a volunteer at the Foster Grandparent Program

The Foster Grandparent Program is a senior mentorship program that places adults 55-plus into educational settings to help support children with their social and educational development. We sat down with current Foster Grandparent Volunteer, Colleen M., to discuss why she has volunteered with the program for over 10 years.

Q: What motivated you to volunteer with the Foster Grandparent Program?

Colleen M.: It was all by chance. Over ten years

ago, I had just moved into my housing development and came across a flier posted in a commons area. I have always appreciated the playfulness of children and wanted to make a difference.

Q: Why do you like to volunteer with children?

Colleen M.: It has been my calling. It is a part of who I am, where my heart is, and has always been a perfect match.

Q: What would you tell someone who may be unsure about volunteering with children?

Colleen M.: It is definitely worth trying. The Foster Grandparent Program works with many educational settings and the hours are very flexible. You are not “locked in” and it’s worth taking a chance to see if you like it.

Q: How do you feel you have created a

difference in a child’s life?

Colleen M.: Just by volunteering. The way that the children come to me, or look for me. Always smiling and waving to me. I bring security to the kids, and they trust me. Warmth, security, safety, love, and I’m a playmate. It’s a warm feeling, a second family.

Q: Beyond volunteering, has the Foster Grandparent Program supported you in another way?

Colleen M.: Yes, it is a great avenue for social engagement. The program hosts events for the volunteers that are very meaningful.

They provide educational workshops and trainings that are very engaging. It is where I enjoy to be. The program has imprinted on my life.



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Spotlight On Business 2019

What's a business plan?

Business plans are helpful for entrepreneurs

Businesses large and small can benefit from drafting business plans before beginning operations. A business plan is a description of a business' projected future, and this document will spell out exactly what a business owner plans to do and how he or she will put that plan in motion.

Forbes says that entrepreneurs can benefit from business plans because the process of developing them will help business owners understand which type of business he or she would like to create and the type and amount of funding and other resources that will be needed to get the business functioning. Although business plans

may be optional, one instance in which they are often required is when entrepreneurs are seeking funding. That's because lenders often require business plans to weigh the risks and benefits of investing in a potential business.

Entrepreneurs can use templates to draft business plans and then fill in specific details. Here are some components to include in the plan.

- **Executive summary:** This is a synopsis of the entire plan with all of the essentials briefly discussed. Include the reasons why the business will be successful.

- **Business description:** In this section, entrepreneurs can provide a profile of the company. Information can include location, size, planned operations, and the target market.

- **Industry analysis:**

Here business owners discuss the market in which the business will be competing, including how large the market is and whether or not there are any trends affecting this type of endeavor.

- **Marketing, products and sales:** In this portion of the plan, owners mention the products or services being offered. Strategies for branding, marketing and how the product/services will be sold also are included.

- **Operations:** The operations portion of the plan will detail the processes the business needs to address on a daily basis to be successful.

- **The team:** In the business plan, entrepreneurs should also identify the personnel who will be helping to run the company, including why these people are qualified for the job.

A name you can trust

Falvo's reputation is built on honesty, hard work

SCHENECTADY — The Falvo family has been fixing cars for about 80 years.

When Nick Falvo's grandfather started Schenectady Auto Service in the 1940s it was located across the street from its present location at VanVranken Avenue and Maxon Road. And while auto repair has changed in the last eight decades the fundamentals of running the business has not.

"If you are an honest person and do things the right way and don't try to take advantage of anyone, you build a good reputation and people will come back to you," he said. "Reputation is all about honesty and

communication. We have a lot of repeat customers for that reason."

A few decades ago, he said, auto repair was all about nuts and bolts and simply swapping one part out for another. Today, the industry is much more technical and computer driven.

"Nowadays, you have to know electronics and be able to read wiring diagrams and have the proper tools to diagnose problems," he said. "It's a lot different than it used to be. If you look at it from an older person's point of view it's for the worse, but from a young person's it's a little better."

Cars today, he said, are made better than in decades past. The mechanical parts like the engine and transmission are more solid and whereas cars used to require a tune

up twice a year, spark plugs today will last 60,000 miles or more.

A car's longevity is a two-fold story, though. People seem to take better care of them than before and take a preventative approach to maintenance rather than wait until something breaks.

The garage works on foreign and domestic cars bumper-to-bumper, including front-end work, brakes, inspections, AC work, tires, wheel alignments, starters, batteries, general maintenance, electrical work, trouble shooting, radiator work and is equipped with up to date equipment to handle the dreaded check engine light.

"We have been in business a long time, and we have done well over the years and that is because we do well by our customers," he said.



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Spotlight On Business 2019

Is your family storm-prepared?

Make sure your family is prepared for emergencies

Anyone who's experienced a severe storm knows it can be overwhelming or even traumatic. Helping your family prepare in advance is a great way to alleviate some of the worries. The tips below can spark the conversation in a fun way.

Make emergency preparedness a family affair. Get everyone involved before weather strikes. Talk as a family about potential weather hazards in your area. Once you've identified the risks, take these preventive actions:

Action: Create a Plan

- Designate a meeting point if you get separated.

- Assign each family member responsibilities should a storm occur.
- Create a home evacuation plan.
- Maintain a home inventory in case of loss.

Action: Make an Emergency Kit

- Bottled water,
- Protein-rich food,
- Battery operated radio,
- Extra clothing,
- Flashlights,
- Blankets or sleeping bags.

Action: Don't forget about your pets!

Pack items in advance so your pet is also ready for the next emergency.

A shoppe for all

Something Old, Something New purveys used items for people looking for a 'new' look

By MICHAEL HALLISEY

halliseym@spotlightnews.com

NEW SCOTLAND — Something Olde, Something New, a consignment shop at the intersection of Routes 85 and 85A, started out as a small business dealing only in clothing and continues to grow today.

Julie Hilland and Karen Moses started the store more than 20 years ago. Nestled between Slingerlands' Greek Revival homes of the 1800s and an attractive New Scotland that continues to develop new housing, Something Olde, Something New takes on more than just the oft-quoted matrimonial saying.

A walk through the store can lend a shopper the feeling of visiting a museum; except, there's the opportunity to take these exhibits home.

"But, we have a lot of new, contemporary items, too," said Moses.

The store features all sorts of wares from women's apparel and accessories like designer handbags, jewelry and shoes to vintage home accessories like dishes, china and furniture to linens. "The idea is that we're taking something old and making it new to them."

They don't sell merchandise on eBay or any other online marketplace but rather use a website to urge people to come to the store. And the store is jam-packed with all sorts of things like dressers and chairs and glassware and clothing and linens.

"There's something for everyone here to shop for," said Hilland. "If you're not a clothes person, we have linens, we have home decor." Something Olde, Something New also carries a variety of home furniture. Of which, the mid-century style is the most popular. Hilland said the quality of the furniture, compared to the pressboard of some of today's pieces, stands out along with the character its style. "There's just something for everyone."

Something Olde, Something New at the intersection of Routes 85 and 85A in New Scotland. You can also visit its online storefront at somethinggoldenew.com.



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Spotlight On Business 2019

The ABCs of banking

NBC's new branch manager is part of the community

MICHAEL HALLISEY
hallisey@spotlightnews.com

GLENMONT — National Bank of Coxsackie named Jody A. Shaw the Glenmont branch manager and business development officer just a year ago.

Shaw started working at the Glenmont branch last January after having worked within the industry for 30 years, and she hasn't regretted the move since.

With a history that traces back to the mid 19th century, NBC has established a local community presence. The Glenmont location

will be celebrating its fifth anniversary in July. Branch employees are made up of local residents who understand the needs of their neighbors and the community at large. NBC provides full banking services, from deposits and loans to Individual Retirement Accounts. They also help with personal, as well as, business finances.

"We offer the convenience of applying online for a mortgage," said Shaw, adding that she knows clients like to conduct business through their smartphones, including through texting. "Then, when you do this, you will receive the benefit of working with someone from the National Bank of Coxsackie, who works in your community, throughout the process."

Shaw further explained that NBC Bank does not sell off their mortgage accounts to other institutions, allowing customers the reassurance that their hometown bank is continuing the watch over their needs.

From blood drives to fundraisers and sponsoring Tri-Village Little League, Shaw said NBC Bank has become the neighborhood asset it set out to be once the Glenmont branch opened several years ago.

National Bank of Coxsackie in Glenmont offers services for both personal and business accounts, including residential and commercial lending. For more information, visit www.nbcoxsackie.com.

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Spotlight On Business 2019

Honest and empathetic

Vella, Carbone and Associates practice and individualized approach

By **DIEGO CAGARA**
cagarad@spotlightnews.com

DELMAR — The law firm Vella, Carbone and Associates continues to provide an “honest, empathetic, individualized approach with clients” while it handles increasing demand for their services, according to attorney and founding partner Aaron Carbone.

Carbone also notes that in order to ensure the provision of quality service in a timely manner, he and his partner, Margaret Vella, have added attorneys and upgraded the firm’s technological capabilities

during the last couple years.

The firm’s practice focuses on estate planning and administration, asset protection, guardianship issues, assisting people with special needs, elder law and Medicaid planning.

Carbone said that there is a greater need for these types of services nationwide as “the size of the population reaching retirement age is increasing, and baby boomers are now in a position where they are making plans for themselves and their loved ones.”

Carbone added that the firm often works with multiple generations within families, “Our plan is to serve our clients into the future and help create

legacy.

“An important part of our practice is to be cognizant of the needs of our clients and the community, and grow our practice accordingly.”

“Our attorneys have a combined practice experience of more than 70 years, we have wonderful long-term staff, and we maintain good relationships with other professionals in the community — all of this enhances our service to our clients,” Carbone said. “And beyond the legal representation, we value the personal relationships we have with our clients and their families. We appreciate the trust they put in us.”

For more information, visit vellacarbone.com/ or call 518-257-7304.

Local business with new reach

Farrell Brothers teams up with major brands to provide better service to customers

By **KAITLIN LEMBO**
lembok@spotlightnews.com

ALBANY — Everyone wishes their plumber or heating specialist could be there on a whim. Farrell Brothers is getting closer than ever to making that wish come true.

The Albany-based business has teamed up with big brands One Hour Heating & Air Conditioning and Benjamin Franklin Plumbing to continue giving local customers the Farrell service they’ve come to know and love.

“We’re proud that after a stringent evaluation by

One Hour and Benjamin Franklin Plumbing, we exceeded their high standards for skilled technicians, plumbers and knowledgeable staff, backed by an exceptional level of customer support,” owner Randy Rowe said.

Have no fear; the partnership will not change the small business mindset that Rowe and his team have continued to provide. Now, the businesses are able to work together to provide fair and competitive pricing, stronger warranties, better customer service and enhanced support.

“The great folks at One Hour and Benjamin Franklin have access to our schedules and in an emergency, will be able to get us to you so much quicker than our original answering service,” Rowe explained. “They’ve also provided us with top-

notch training seminars and resources so we can hire more staff who will value your business as much as we do.”

Rowe explained the training can have a novice out on the road giving quality service in about six months.

“As long as you are somewhat mechanically inclined and do not mind getting your hands dirty, you could do well in training and make a great living in the business,” he continued.

Rowe concluded the partnership empowers Farrell Brothers to continue the hard work they do.

“We are excited to continue the transition and have the resources we need, while still being the local business you’ve come to know and love,” Rowe said.

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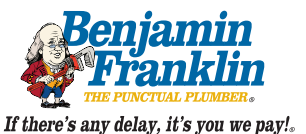
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Spotlight On Business 2019

Kindergarten and beyond

St. Gregory's School offers an enriched pre-K program

LOUDONVILLE — Saint Gregory's School offers academically enriched preschool programs that go beyond daycare and babysitting.

The 3- and 4-year-old programs have flexible schedules that allow for attendance three mornings through five full days. The school is financially competitive with traditional daycare centers, with before and after school available during the school hours of 7:30 a.m.

to 6 p.m.

The literacy-based program includes Spanish, art, music and physical education taught by specialized faculty, and STEM activities using Boston Museum of Science's Wee engineers curriculum.

"I love challenging our youngest learners through open-ended problem-



Photo submitted

solving challenges," said Mary Hogan, who teaches Pre-K4.

In addition to stimulating academic programs, Saint Gregory's offers outdoor learning on its beautiful 22 acres in Loudonville. The preschoolers go on nature hikes, play in the snow, sled, and enjoy recess on the playground. Students go on field trips and learn from educators from traveling museums, and they are part of school-wide concerts and community service projects. The preschoolers benefit from an experienced and dedicated faculty and being part of a warm and welcoming community.

Saint Gregory's is the Capital Region's premier, independent, coeducational academic institution serving preschool through eighth grade. Call 518-785-6621 for a private tour.

Comprehensive dental care

Dr. Abele, a pioneer in dental sciences

DELMAR — "Building an oral health home for families where comprehensive, top-of-the-line dental services were easily accessible was my goal," said Dr. Thomas Abele, who, since 1969, has been a pioneer and leader in the dental sciences. "With the support of a talented and dedicated staff, I hope I have achieved that."

By offering a total spectrum of care for all ages, Abele eliminates the need for patients to move from doctor to doctor to achieve optimal oral health, comfort and beauty. Early on, he spent the additional hours of training to become qualified in dental implant technology and root canal

therapy. His reinvestment in his practice ensures that patients are offered the latest in minimally invasive approaches, digital imaging, laser power and sedation dentistry.

"Dental medicine, most pointedly when encompassing cosmetic dentistry, is definitely an art," said Abele. "Every aesthetic aspect of a patient's face must be taken into consideration when addressing reconstructive procedures, whether in the application of veneers and crowns or restorations with implants."

Because Abele works closely with the technicians of his on-site dental lab, issues such as tooth color and shape are seamlessly addressed. His deep experience in placing dental implants, including the latest in genetically coated bone grafting,

when required, and beautifully designed tooth restorations is renowned.

Citing the importance of patient education, Abele said, "Although I personally feel responsible for my patients' oral health, they have to 'buy in.' That requires helping them understand why compliance with good oral health habits, including attention to their gums, can make them healthier and happier. I enjoy taking the time needed to answer questions and provide ongoing support.

"As much as I have always enjoyed the research and ongoing education that dental medicine requires in order to stay at the top of the game," said Abele, "I most enjoy the results I see in my much valued patients. They are the ones who make me look good."

— Dr. Thomas Abele

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Spotlight On Business 2019

Just Call Sheilah!

Call Sheilah! simplifies errands, projects and provides support

By **KAITLIN LEMBO**
 lembok@spotlightnews.com

Got projects? Call Sheilah! Your Personal Concierge, has become synonymous with simplification of errands, projects and tasks coordinating and organizing gatherings, providing support for your small business, and helping with your holiday decorations alike.

The owner, Sheilah Sable, has spent the past three years perfecting her business model and offering top-quality service.

"We are all dealing

with busy lives: jobs, kids, pets, health, vacation, finances and more. We are available to help with those things that just don't seem to get done and cause some anxiety and unmanageability," Sable said. "Busy people often have a lot of balls and plates. We help keep the balls in the air and the plates spinning."

Some examples of Call Sheilah's past services include finding the perfect breed and puppy for a local family, typing the annoying footnotes for a graduate dissertation, and managing senior moves as well as all types of moves and clean outs all over the Capital Region.

Recently, the team at Call Sheilah! organized a memorial service for her client's dearly departed parent.

The team was able to pull together the personal touches coordinate catering, music, track RSVP's and staff golf carts transporting guests to and from the venue from the parking.

A long time client of Call Sheilah! ends almost every email with "Thank you. I just do not know what I was doing before Call Sheilah! came along."

If you are ready to admit that you need help with a small project that has been lingering for months, need someone to coordinate the details on a challenging project, have a few hundred names that need to get entered into a database, or you are ready to sort/downsize in preparation for a move, then you should Call Sheilah! at 518-937-7908 or find them online at callsheilah.com.

Help, eat local

Local dining spots foster community

Dining out is a great way to celebrate life's milestones or simply reconnect with friends and loved ones. Research firm NPD Group found that, by the end of 2015, restaurant visits by consumers increased by 700 million compared to just five years prior.

While chain restaurants invest heavily in advertising, independently owned restaurants do not have those same resources. Multi-unit chains also have more pull with suppliers and might be able to negotiate better deals, or can spread operational costs across various locations. Too often diners are not aware of the vast array of tasty, well-priced and artisanal

foods awaiting them just down the street. But dining out at local eateries can be beneficial in various ways.

- **High-quality food:** Many small, independently owned restaurants team up with local organic farmers and distributors to supply a farm-to-table experience that many diners now enjoy.

- **Freedom of experimentation:** Independently owned restaurants can let their diners decide which foods remain on the menu and even adapt to community trends. Local restaurants may take pride in serving cultural or regional foods.

- **Ability to customize:** Independently owned restaurants may be more amenable to adapting recipes or making substitutions to meet diners' requests.

- **Crowd control:** Local restaurants tend

to be smaller and more intimate than many chain restaurants. This can translate into a calm dining experience. Furthermore, local establishments, although concerned about making a profit, may be less worried about table turnover rate, preferring to let diners linger if it means repeat business.

- **Familiar faces:** Some diners enjoy being a "regular" at their favorite local restaurants. Local dining spots also become gathering locations for residents in the know, instead of passing-through tourists or commuters.

Much can be said about the advantages of patronizing local eateries. Men and women who want unique dining experiences can give local, independently owned establishments a try.



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PICK OF THE WEEK



Dance in step

The Palace Theatre will rock as it hosts the annual Black History Step Show on Sunday.

Page B6

INSIDE



'It's a lifestyle'

Rock and roll helped forge Moriah Formica's name, and she says she'll keep rocking.

Page B5

Arts calendar

Pages B7-B11



VALENTINE'S DAY

Love 9 to 5

The office love affair moves from taboo to heightened concern for employers in Me Too movement

By **DIEGO CAGARA**
cagarad@spotlightnews.com

With Valentine's Day approaching, romance could take center stage, even in the office. But the recent #MeToo movement has highlighted how sexual assault, especially in the workplace, has long been prevalent, which is reason enough for companies nationwide to reexamine their policies on office romances and sexual harassment, according to special counsel Kathryn Barcroft of Albany-based Solomon Law Firm, LLC.

Continues on page B15

<p>COHOES MUSIC HALL</p>	<p>*** LIVE ON STAGE ***</p> <p>YOU'RE A GOOD MAN, CHARLIE BROWN</p> <p>PRESENTED BY PARK PLAYHOUSE</p> <p>FEB 7 to FEB 17</p>	<p>Comedian Nick DiPaolo</p> <p>SAT. FEB. 23 8PM</p>	<p>Mardi Gras with Terrance Simien, Professor Louie and The Crowmatix</p> <p>FRI. MAR. 1 7:30PM</p>	<p>Broken Arrow The Music of Neil Young</p> <p>SAT. MAR. 2 8PM</p>	<p>TICKETS</p> <p>ONLINE thecohoesmusicall.org</p> <p>PHONE (518) 953-0630</p> <p>BOX OFFICE Mon- Fri 10am-1pm or 2 hours prior to any show</p>
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COLD SHOULDER
 —
 That look you get when you say The Grammys 'got it right'.
 oliviafischerphoto / Instagram

▶ **quote of the week**

"I think it's the reality that people will have workplace dating, and TV and film are portraying that reality. As an employer or company, you still should regulate that so that people know their boundaries. The media is not problematic though because as I've said, it shows reality in the workplace."

— Kathryn Barcroft, special counsel of Albany-based Solomon Law Firm, LLC



contents

What's Happening B3-B6
 Feature B5
 Pick of the Week B6
 Crossword Puzzle B8
 Arts Calendar B7-B11
 Reviews B17
 Health & Fitness B14
 Service Directory B18
 Sudoku Puzzle B11
 Classifieds B16-B17

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RECENTLY ANNOUNCED

Gathering memories

WMHT documentary is seeking submissions of favorite music venues, bands, and stories

TROY — From Caffé Lena to the Starlite Theater, and Fox Hollow to Saratoga Winners, WMHT Public Media is collecting submissions of memories from your favorite music venues, past and present.

WMHT Public Media is asking the public: what venues did you go to in the 60s and 70s in the Capital Region? Submissions can be made here: <http://www.wmht.org/thescene>

Entries in the form of photographs, video, stories and more, could be chosen to be included in "The Scene," a documentary and digital storytelling project premiering this summer.

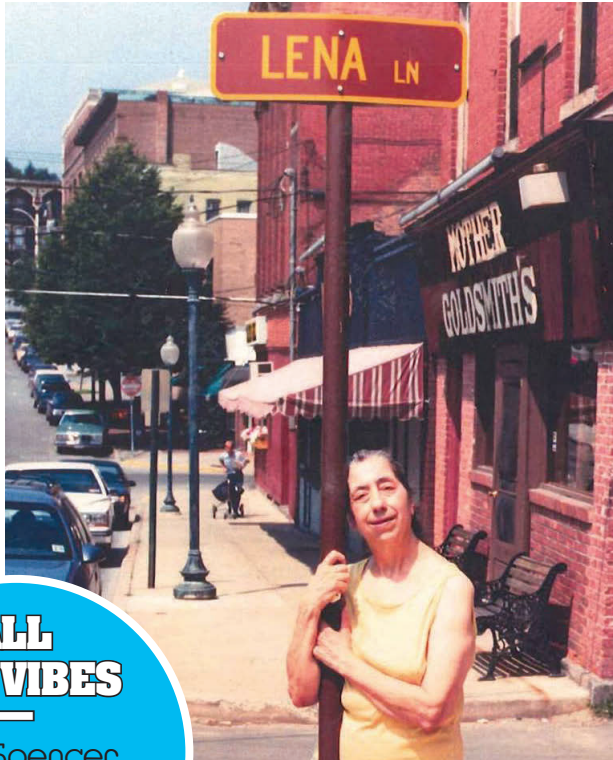
"The Scene" will complement music programming coming this year including a PBS/American Experience documentary on Woodstock and Ken Burns' upcoming documentary series "Country Music."

"It's inspiring to be surrounded by such rich, musical history," WMHT President and CEO, Robert Altman. "We look forward to celebrating the past with the contributions of photographs and musical memories from our community."

WMHT is proud to continue its tradition of celebrating the arts with the addition of these programs. WMHT's arts programs, including "SPAC at 50," the weekly arts showcase "AHA! A House for Arts," 24/7 Classical Music service WMHT-FM 89.1/88.7, and WEXT Radio - WMHT's listener-supported roots and rock station available on 97.7 and 106.1 FM, are a testament to the organization's commitment to the art and artists of the region.

Submissions for "The Scene" will be accepted through the Spring of 2019 at wmht.org/thescene.

WMHT is the only locally owned, nonprofit, multichannel public communications organization that reaches beyond the traditional broadcasting model to act



ALL THE VIBES
—
Lena Spencer,
Founder of
Caffé Lena.
Caffé Lena

as a leader by convening arts, culture, learning and civic interests. WMHT focuses on Community, Culture and Connections by providing entertainment, enrichment and engagement through television, radio, digital media, and educational services. Services include WMHT-DT (17.1), WMHT-Create (17.2), WMHT-World (17.3), WMHT PBS Kids (17.4), WMHT-FM 89.1 & WRHV-FM 88.7 (classical public radio); and EXIT 97.7 WEXT (AAA public radio). WMHT also operates RISE, a radio reading service for the visually and print disabled.

EXIT 97.7/106.1WEXT is the Capital District's listener-supported roots and rock station from WMHT Public Media. WEXT's goal is to provide a unique listening experience with music that knows no genre.

WHAT'S HAPPENING NOW



Dr. Dog

Dr. Dog w/ The Nude Party
Upstate Concert Hall — Wednesday, Feb. 13

CLIFTON PARK — Upstate Concert Hall will host Dr. Dog w/ The Nude Party on Wednesday, Feb. 13 from 7 to 11 p.m.

Tickets range from \$20 to \$25 and can be purchased at www.ticketweb.com or at the club's box office. For more information, call 518-371-0012.

Upstate Concert Hall is located at 1208 Rt. 146 in Clifton Park.

Dan Sherwin
O'Slattery's Irish Pub — Wednesday, Feb. 13

DELMAR — Dan Sherwin will perform at O'Slattery's Irish Pub on Wednesday, Feb. 13 from 6:30 to 9:30 p.m.

Local musician Dan Sherwin is a weekly performer at O'Slattery's. Come listen to local music while Dart League meets at 8 p.m.

Free, no registration required. For more information, call 518-439-5634.

O'Slattery's Irish Pub and Restaurant is located at 318 Delaware Ave., in Delmar.

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Friday: 8AM - 5PM

Saturday: 8AM - 1PM

Sunday: Closed

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FASHION & LIFESTYLE

Comfort in details

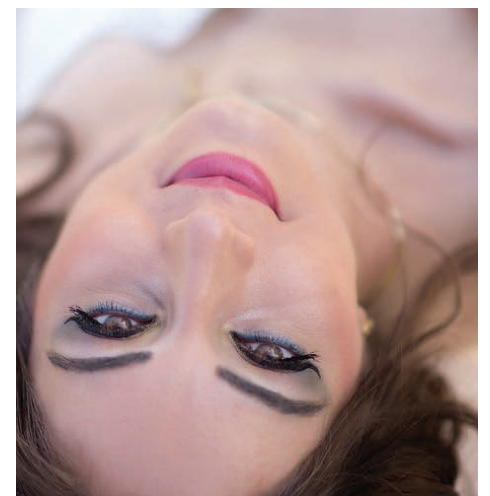
Undergarments can make or break wedding looks

As guests' eyes are trained on couples come their wedding days, it is no surprise that both the bride and groom want to look flawless on their big days. Men and women will spend thousands of dollars on clothing, hairstyling, makeup, teeth whitening, fitness classes, and more to ensure they look their best. While couples may be particularly concerned with their wedding day appearance, what they wear under their clothing — particularly for women — can impact how clothes fit and look.

Choosing the right bra or supportive undergarments can play a crucial role in how a gown fits and whether or not brides achieve that picture-perfect look. Wearing the wrong undergarments can negatively affect a bride's appearance and make her extremely uncomfortable. According to a study done by Swiss lingerie company Triumph, a large number of women are choosing their bras incorrectly. The international survey of 10,000 women found that 64 percent of them are wearing the wrong size bras. If women are wearing the wrong undergarments for everyday looks, it stands to reason that their wedding choices may not be spot on, either.

Undergarments should be purchased and brought to all fittings as soon as a gown is selected. In fact, it often is a good idea to ask the bridal store employees to suggest a bra or corset that will complement the gown and remain invisible beneath the dress. Some shops will make bras available when trying on gowns. Brides are not obligated to purchase undergarments where they purchase their gowns, but take note of the brand and style and find a similar one elsewhere that fits with your budget if you don't want to buy at the store.

Pay attention to the gown's fabric and how dense it is. Certain shapewear,



including bras, that have a lot of boning in them to shape and support the body can show under bridal dresses without a lot of layers. Always try on the bra with the gown to gauge the finished look. You may opt for simpler and plain lingerie styles so that you will be guaranteed a seamless appearance. Nude-colored bras tend to be less noticeable than white. You always can purchase something with more pizzazz to change into for the wedding night. Some dresses with plunging necklines or backless designs may necessitate other options. Sew-in bra cups are another option that can lend invisible support.

Women with more ample busts may want to select gowns that will allow for bras with supportive straps to be worn. This way there is no worry about strapless bras or other style lingerie slipping down.

In addition to bras, other types of shapewear can enhance certain areas of the body or downplay perceived flaws. Shapewear can smooth and pull in stomachs. Choose boy shorts or thong-style cuts for a seamless finish. Shapers can smooth out bulges on the back, legs and hips, too. There also are special shorts that have some padding in the rear to create a more curvy look.

Bras and other shapewear can make a world of difference in how wedding attire looks and feels. Invest in some quality pieces that will highlight wardrobes to their fullest.

■ FEATURE

'It's a lifestyle'

Moriah Formica is sticking to who she is

By **KAITLIN LEMBO**
 lembok@spotlightnews.com

After a much anticipated wait, local rock star Moriah Formica has decided not to release a planned single. The single, "Take Me," was a pop-centric song featuring her younger brother, Gabriel.

"After some soul searching, I have decided not to release 'Take Me,'" Formica announced on Facebook on Feb. 4. "I have been trying to find a new sound over the last year. I've created a bunch of different and cool songs like 'Take Me.' Honestly, they were basically pop."

Formica continued external forces had told her she could sing anything and referred to a quote where she was told rock was "dead." While she knew these people had the best intentions, she decided she must stay true to her passion for rock 'n' roll.

"I would rather go down doing what I love and am passionate about than be someone or something I am not," the teen said. "Since I was 6 years old, I've always dreamed of being a rock star and making rock popular again. I'm not going to turn my back on it now."

"I want to thank my brother [Gabriel], who collaborated with me on 'Take Me,' for being so understanding and for always being my No. 1 fan," she



Jim Franco / TheSpot518

added. "I love you so much. I also want to thank my producer Paul Benedetti for his constant support."

Formica's manager and father, Josh Formica, said his daughter is working on some new music in the coming months. The younger Formica hinted she has some harder material written and asked fans to be patient as she continues to write and record new material.

"Everything happens for a reason," she said. "Rock is what I am. It's not just about the music. It's a lifestyle. A passion."

Formica caught lightning in a bottle in late 2017 with her appearance on NBC's "The Voice." After Formica went home in the top 12 picks, she returned to the area and worked on her sound. She's performed several high profile shows in the area, including Rockin' on the River and Freedom Park. She kicked off Empire State Plaza's July 4 celebration with SmashMouth and was a performer at 518 Songfest. Nationally, Formica performed with idols Joan Jett and Halestorm last summer.

"I'll then be going to L.A. next month to write and record," she concluded. "I'm still going to try and find a new sound, but it will include real instruments."

■ WHAT'S HAPPENING NOW

Robert DeLong

Jupiter Hall — Thursday, Feb. 14

ALBANY — Robert DeLong will perform at Jupiter Hall on Thursday, Feb. 14 from 8 to 11 p.m.

DeLong began performing his genre-bending songs in 2010, where he uses MIDI interfaces, a full drum set, drum pads, keyboards, laptops and game controllers, looping his music to fuse electronic dance beats with rock 'n' roll melodies.

Tickets are \$20 and can be purchased at www.ticketfly.com. Jupiter Hall, located inside. For more information, call 518-556-3350.

Lucky Strike Social is located at 1 Crossgates Mall Road in Albany.

Valentine's Day with David Wax Museum

Caffe Lena — Thursday, Feb. 14

SARATOGA SPRINGS — David Wax Museum will perform at Caffe Lena on Thursday, Feb. 14 from 7 to 10 p.m.

Fronted by a charismatic Missourian singing tight harmony with a Southern belle rattling the jawbone of a donkey, David Wax Museum is known for their south-of-the-border folk melodies with rock and roll fervor. They've been hailed by TIME for their "virtuosic musical skill" and they've built a reputation all over the U.S, Canada, Europe and China. Free, no registration required. For more information, call 518-583-0022.

Caffe Lena is located at 47 Phila St. in Saratoga Springs.

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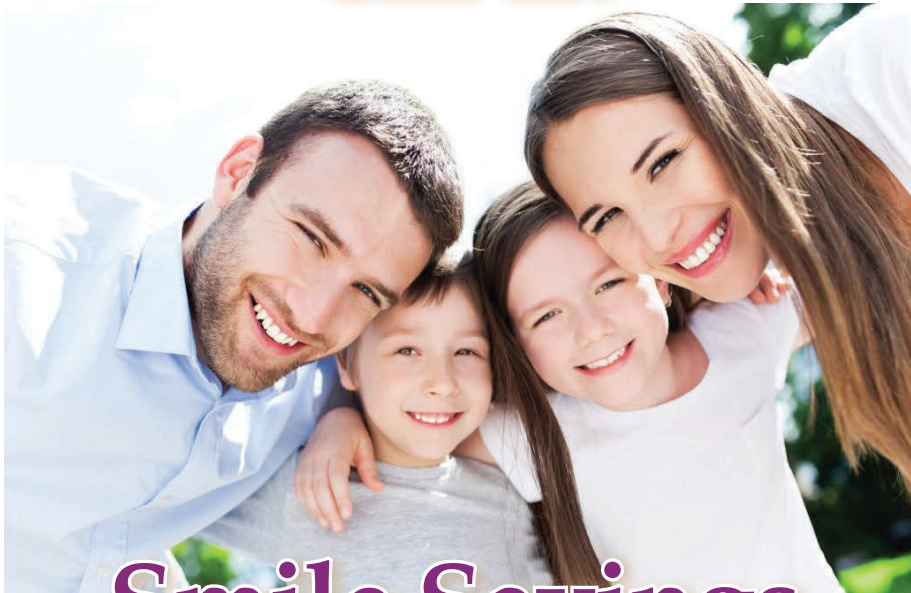
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PICK OF THE WEEK

Dance in step



Black History Step Show
& HYP3st Dance Competition
at the Palace on Sunday

ALBANY — The Palace Theatre will host the Black History Step Show & HYP3st Dance Competition on Sunday, Feb. 17 at 5 p.m.

The Price Chopper Black History Month Step Show features some of the best step teams from the Capital District and beyond for an afternoon of high-energy performances. Stepping is truly something that needs to be seen to be fully appreciated, the quick moves and split-second changes showcase just how much time and energy is put into the choreography.

Tickets are \$25 and can be purchased at www.ticketmaster.com. For more information, call 518-465-3335.

The Palace Theatre is located at 19 Clinton Ave. in Albany.

Photo by Jim Gilbert / Special to TheSpot518

WHAT'S HAPPENING NOW

Valentines Day at Il Faro Il Faro Restaurant and Bar — Thursday, Feb. 14

ALBANY — Il Faro will host a Valentines Day dinner on Thursday, Feb. 14 from 3 to 10 p.m.

There will be live music with the vocal stylings of Jeanine Ouderkirk. The bar will be featuring specials on Champagne, Prosecco and Moscato. Chef Chris has cooked up some delicious specials!

Reservations are required and can be made by calling 518-463-2208. For more information, visit www.ILFAROitalian.com.

Il Faro Restaurant and Bar is located at 698 N. Pearl St. in Albany.

The Wheel Putnam Place — Thursday, Feb. 14

SARATOGA SPRINGS — The Wheel will perform a Valentines Day concert at Putnam Place on Thursday, Feb. 14 from 8:30 p.m. to midnight.

One of the area's most recognized Dead tributes is here to serenade you and your sweetheart into musical heaven.

Free, no registration required. For more information, call 518-886-9585.

Putnam Place is located at 63a Putnam St. in Saratoga Springs.

Erth's Prehistoric Aquarium Adventure Proctors — Friday, Feb. 15

SCHENECTADY — Proctors will host Erth's Prehistoric Aquatic Adventure on Friday, Feb. 15 from 7 to 9 p.m.

The creators of Erth's Dinosaur Zoo Live want to take your family on an all new adventure – this time to the bottom of the ocean. Erth's Prehistoric Aquarium Adventure is an immersive experience that invites you to jump in and explore unknown ocean depths where prehistoric marine reptiles lived eons ago – and maybe live still today!

Ticket costs range from \$20 to \$75 and can be purchased at www.proctors.org. For more information, call 518-346-6204.

Proctors is located at 432 State St. in Schenectady.

Gravity & Bad Chaperones Putnam Place — Friday, Feb. 15

SARATOGA SPRINGS — Gravity & Bad Chaperones will perform at Putnam Place on Friday, Feb. 15 from 8 p.m. to midnight.

Come to this very special event for a night to remember as these two top area bands trade sets throughout the night to keep the party going non-stop.

Free, no registration required.

CLUBS

9 Maple Avenue

9 Maple Ave., Saratoga Springs.
www.9mapleave.com
Fri: **Rob Lindquist Quartet** | 9 p.m.
Sat: **Sketches of Influence** | 9 p.m.

Across The Street Pub

1238 Western Ave., Albany.
518-438-1718
Wed: **Trivia night: Get Your Think On** | 6:30 p.m.

Arsenal City Tavern

795 3rd Ave., Watervliet. 518-874-1767
Tues: **Trivia & Taco Tuesday** | 7 p.m.
Wed: **Galentine's Day** | 8 p.m.
Thurs: **Karaoke & Military Night** | 7 p.m.
Fri: **The Frets** | 8 p.m.
Sat: **Yellowdog Rock Show** | 8 p.m.

Athos

1814 Western Ave., Albany. 518-608-6400
Fri: **Teresa Broadwell Trio** | 6:30 p.m.

Bellini's

624 New Loudon Road, Latham.
518-608-1145
Thurs: **Christine Sparrow** | 6 p.m.

Black Bear Inn

310 19th St., Watervliet. 518-272-9486
Wed: **Trivia Night** | 7:30 p.m.
Tues: **Talent Scout Open Mic** | 8 p.m.

Blue 82

82 N. Pearl St., Albany. 518-445-8082
Wed: **Talent Scout Open Mic** | 8 p.m.
Thurs: **Trivia Night** | 7:30 p.m.

Caffè Lena

47 Phila St., Saratoga Springs.
518-583-0022
Wed: **Ladysmith Black Mambazo** | 7 p.m.

Thurs: **Valentines Day w/ David Wax Museum** | 7 p.m.
Mon: **Open Mic Night** | 7 p.m.
Tues: **Rochmon Record Club: Elton John** | 7 p.m.

Carney's Tavern

17 Main St., Ballston Lake.
518-280-7959
Thurs: **Matty Finn** | 6 p.m.
Fri: **Black Abbey** | 7:15 p.m.
Sat: **Dan Merchant** | 7:15 p.m.

Carson's Woodside Tavern

57 NY-9P, Malta. 518-584-9791
Thurs: **Jeanne & Azaam** | 7 p.m.
Fri: **Dave Porter** | 7 p.m.
Sat: **DJ Duo** | 7 p.m.
Sun: **Bobby Dick & Susie Q** | 4 p.m.

Centre Street Pub

308 Union St., Schenectady.
518-393-2337
Thurs: **Jim McCardle** | 6 p.m.
Fri: **The Wallies** | 9 p.m.
Sat: **Errorsmith** | 9 p.m.

Chrome Food & Spirits

405 Hudson River Road, Waterford.
518-326-2725
Thurs: **Valentine's Date Auctions & Fundraisers** | 5 p.m.

City Sports Grille

Spare Time Clifton Park
1668 U.S. Route 9, Clifton Park.
518-371-4000
Fri: **Wylder** | 8 p.m.
Sat: **Creatures of Habitat** | 8 p.m.

HOT SPOTS EVENTS CALENDAR



Now you see them..

In "Now You See Them, Soon You Won't," comedy legends Steve Martin and Martin Short present new material in a variety of musical sketches and conversations about their iconic careers, most memorable encounters, and of course, their legendary lives in show-business.

Proctors

Club Helsinki Hudson

405 Columbia St., Hudson.
518-828-4800
Fri: **The Elvis Presley Bash: Mark Gamsjager & The Lustre Kings** | 9 p.m.
Sat: **BeauSoleil avec Michael Doucet** | 8 p.m.

Eden Cafe

269 Osborne Road, Loudonville.
518-977-3771
Thurs: **Joe Carrick and Eduardo Nieves** | 4:30 p.m.
Fri: **Plan-T** | 4:30 p.m. • **The Geek Comedy Hour** | 6 p.m.
Tues: **Jay Kline** | 5:30 p.m. • **Open Mic Al Dente** | 7:30 p.m.

Emack & Bolio's

366 Delaware Ave., Albany.
518-512-5100
Fri: **Rick Bedrosian** | 7 p.m.
Sat: **Alan Goldberg** | 7 p.m.
Tues: **Open Mic** | 7 p.m.

Fort Orange Brewing

450 North Pearl St., Menands.
518-992-3103
Wed: **Winter Corn Hole League** | 6 p.m.
Thurs: **Thursday Night Trivia** | 6 p.m.
Fri: **Chuck Ayers** | 6 p.m.

Fuze Box

12 Central Ave., Albany. 518-703-8937
Fri: **V-Day Dance Party** | 10 p.m.
Sat: **Metal Night** | 9 p.m.

Gaffney's

16 Caroline St., Saratoga Springs.
518-587-7359

Tue: **Open Mic w/ Rick Bolton** | 7 p.m.

Grappa '72

818 Central Ave., Albany. 518-482-7200
Wed & Thurs: **Hamilton Street Jazz Company** | 6:30 p.m.
Fri: **Annette Harris & Azaam Hameed** | 6 p.m.

Hamlet and Ghost

24 Caroline St., Saratoga Springs.
518-450-7287
Wed: **Hot Club of Saratoga Trio** | 7 p.m.

Henry Street Taproom

86 Henry St., Saratoga Springs.
518-886-8938
Thurs: **Swing Men Trio** | 7 p.m.

The Hollow Bar + Kitchen

79 N. Pearl St., Albany. 518-426-8550
Fri: **The New Motif w/ Glass Pony** | 7:30 p.m.
Sat: **Gratefully Yours** | 9:30 p.m.

Il Faro Restaurant

698 North Pearl St., Menands.
518-463-2208
Thurs: **Valentines Dinner: Jeanine Ouder Kirk** | 6 p.m.

J.J. Rafferty's

847 New Loudon Rd., Latham.
518-783-6800
Wed: **Trivia** | 7:30 p.m.
Fri: **Karaoke** | 7 p.m.
Sat: **Live DJ** | 9 p.m.

Jessica Stone's

738 New Loudon Rd., Latham.
518-785-8536
Thurs: **Big Crunch Bingo** | 7 p.m.

Fri: **Trivia Live** | 7 p.m.

Jupiter Hall

Lucky Strike Social,
1 Crossgates Mall Rd., Albany.
518-556-3350
Thurs: **Robert DeLong** | 8 p.m.
Tues: **Rock and Roll Up Your Sleeve** | Noon - 7 p.m.

Katie O'Byrne's

121 Wall St., Schenectady.
518-395-5999
Sat: **Dead Spartans** | 9 p.m.

The Low Beat

335 Central Ave., Albany. 518-432-6572
Wed: **Hamell on Trial** | 7 p.m. • **The Deadbeats** | 10 p.m.
Thurs: **Riley, Davey Muise, Michael Barr** | 6 p.m.

Fri: **Iron Bar Collective: w/ music by Gorilla Newms, Neighborhood Creeps, Shyste, Emcee Graffiti & Dephyant, MIC Lanny, Algorhtyhym, Killa Kev** | 8 p.m.

Sat: **Avenue A, Nine Votes Short, Orb Weaver** | 7 p.m. • **No Squares at the Round Tables** | 7 p.m.

Mon: **See Through Dresses** | 7:30 p.m.
Tues: **Brass Tacks** | 7 p.m.

LT's Grill

2305 Nott St. E., Niskayuna.
518-374-7455
Wed: **Catch the Mania Trivia** | 7 p.m.
Thurs: **TBA** | 6:30 p.m.

Lucas Confectionary

12 2nd St., Troy. 518-326-3450
Mon: **Sketches of Influence** | 7 & 8:30 p.m.

McGeary's Irish Pub

4 Clinton Square, Albany. 518-463-1455
Wed: **Best Damn Open Mic Ever with Mother Judge** | 7:30 p.m.
Every Sun: **Blues Jam** | 7:30 p.m.
Tues: **Trivia Night** | 8 p.m.

Mocha Lisa's Caffe

Clifton Park Center,
22 Clifton Country Road, Clifton Park.
518-383-5373
Wed: **Open Mic Night** | 6:30 p.m.
Thurs: **Trivia Night** | 7 p.m.
Fri: **Twelve 2** | 7 p.m.
Sat: **Abbey McGrath** | 7 p.m.

Mouzon House

1 York St., Saratoga Springs.
518-226-0014
Thurs: **Hot Club of Saratoga Trio** | 6 p.m.
Fri: **Mark Tolstrup and The Dixie Boys** | 6 p.m.
Sat: **Joe Gitto Duo** | 6 p.m.

Sun: **Jeanine Ouder Kirk** | 6 p.m.

Mon: **Drank the Gold** | 6 p.m.
Tues: **Deena Chappell Trio or Er Go Blu (alternating weeks)** | 6 p.m.

Nanola

2639 US Rte. 9, Malta. 518-587-1300
Fri: **Dueling Pianos** | 7 p.m.
Sat: **Annie in the Water** | 9:30 p.m.

Olde English Pub

683 Broadway, Albany. 518-434-6533
Mon: **Front Parlor Open Mic** | 8 p.m.
Tues: **Geeks Who Drink Trivia** | 8 p.m.

O'Slaterry's

Irish Restaurant & Pub
318 Delaware Ave., Delmar.

518-439-5634

Wed: **Dan Sherwin** | 6:30 p.m.
Every Wed: **Darts League** | 8 p.m.
Thurs: **Andy Baker** | 7 p.m.
Fri: **Sticks and Stones** | 7 p.m.
Sat: **Katsura** | 7 p.m.
Tues: **DJ Trivia** | 7 p.m.

Panza's

510 NY Rte. 9P (on Saratoga Lake),
Saratoga Springs. 518-584-6882
Thurs: **Chris Dollard** | 6 p.m.
Fri: **Charles Cornell** | 6:30 p.m.
Sat: **Michael Manza & Chris Dollard** | 6:30 p.m.

The Parting Glass

40 Lake Ave., Saratoga Springs.
518-583-1916
Wed: **Texas Hold 'Em** | 7 p.m.
Wed. & Thurs: **Irish Celtic Session** | 7 p.m.
Thurs: **Donnybrook Fair** | 7 p.m.
Sun: **Poker Tournament** | 2 p.m.
Tues: **Dart League** | 7 p.m.

Pauly's Hotel

337 Central Ave., Albany.
paulysotel.com
Fri: **In The Meantime, Oh The Humanity, Phenomena 256** | 7:30 p.m.
Sat: **In Good Nature, Nighttime in Kansas, Becoming A Ghost, Lame Dude** | 7:30 p.m.
Sun: **The Path, Crafter, Fine Grain** | 2 p.m.

Pearl Street Pub

59-61 No. Pearl St., Albany.
518-694-3100
Fri: **Happy Hour Trivia** | 5:30 p.m. • **Square Pegs Reunion Show** | 9:30 p.m.
Sat: **DJ Reel** | 11 p.m.

Prime at Saratoga National

458 Union Ave., Saratoga Springs.
518-583-4653
Thurs: **Rich Ortiz** | 5:30 p.m.
Fri: **Chris Dollard** | 5:30 p.m.
Sat: **David John Duo** | 5:30 p.m.

Provence

Stuyvesant Plaza,
1475 Western Ave., Albany.
518-689-7777
Thurs: **Carl Alexandrov** | 6 p.m.
Fri: **Andrea Scow** | 6 p.m.
Sat: **Zach Ferrara and Romario** | 6 p.m.

Putnam Place

63a Putnam St., Saratoga Springs.
518-584-8066
Thurs: **The Wheel** | 8:30 p.m.
Fri: **Gravity w/ Bad Chaperones** | 8 p.m.
Sat: **Flurry Festival Presents: Gaslight Tinkers** | 11 p.m.

Ravenswood Grill & Tavern

1021 NY 146, Clifton Park. 518-371-8771
Fri: **Sugar Pill** | 8 p.m.
Sat: **Phil Drum** | 8 p.m.
Tues: **Trivia Night** | 7 p.m.

Roux

10 Vista Blvd., Slingerlands. 518-487-4358
Fri: **Take 2 Trio** | 6 p.m.

Rustic Barn Pub

150 Speigletown Rd., Troy.
518-235-5858
Wed: **Trivia and Ladies Night** | 7 p.m.
Thurs: **Open Mic w/Brian Kane** | 8 p.m.
Fri: **Dashboard Anthem** | 9 p.m.



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her disheveled grandson, Leo, fresh from a cross-country bike ride, unexpectedly appears at her door in the middle of the night. Leo is in crisis, confused by an on-again, off-again romance, furious with his mother's incessant meddling, and grieving deeply for his recently deceased best friend. The two find companionship across the generations in this engaging and tender meeting of the minds. A finalist for the 2013 Pulitzer Prize for Drama, this play by Amy Herzog is a compassionate, intimate, and funny play that examines the love of the family we can choose, the family we can't, and the healing power of trust. Through Sunday, Feb. 17. Shows: Fridays and Saturdays at 7:30 p.m. and Sundays at 3 p.m. Albany Civic Theater, 235 Second St., Albany. Adults, \$20; students w/ID, \$10. 518-462-1297 or www.albanycivictheater.org/reserve-tickets/

'Miracle on South Division Street'

In this heartwarming and heartfelt comedy by Tom Dudzick, a supposed visitation by the Virgin Mary to a blue-collar Buffalo, N.Y., neighborhood begets unforeseen revelations for a family of Polish-American Catholics. Through Sunday, Feb. 17. Shows: Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Ghent Playhouse, 6 Town Hall Place, Ghent. Adults, \$23.76; Students, \$11.34; prices include fees. 518-392-6264 or www.brownpapertickets.com/event/3579816

'Baskerville'

The male heirs of the Baskerville line are being murdered one by one and the renowned sleuth, Sherlock Holmes, along with his trusted sidekick, Dr. Watson, must work feverishly to crack the curse before it dooms the newest heir. Can our heroes discover the truth in time? Comedic genius and Tony Award-winner Ken Ludwig ("Lend Me a Tenor," "Moon Over Buffalo") transforms Arthur Conan Doyle's classic "The Hound of the Baskervilles" into a murderously funny adventure. Watch as our intrepid investigators try to escape a dizzying web of clues, silly accents, disguises, and deceit as five actors deftly portray more than 40 characters. Join the fun and see how far from elementary the truth can be. Recommended for ages 10+. Opens Wednesday, Feb. 6 and runs through Sunday, Feb. 17. Shows: Tuesdays, Wednesdays and Thursdays at 10 a.m.; Fridays and Saturdays at 7:30 p.m., and Sundays at 2 p.m. The Theater Institute at Sage, Schacht Fine Arts Center Theater, 5 Division St., Troy. Adults, \$15; seniors, students and children, \$12. 518-244-2248 or theatre.sage.edu/2018-19 season/ and scroll down to the green Buy Tickets button below the show

description.

'You're a Good Man, Charlie Brown'

This musical, based on Charles Schultz' beloved "Peanuts" comic strip, is currently celebrating its 50th Anniversary. Charlie Brown joins Sally Brown, Linus, Lucy, Schroeder, and Snoopy in this charming revue of vignettes and songs. Two new songs, "Beethoven Day" and "My New Philosophy," have been added to the 12 numbers from the original version, which include "My Blanket and Me," "Supertime," and "Happiness." It's the perfect show to delight young and old alike! Presented by Playhouse Stage Company. Opens Thursday, Feb. 7, and runs through Sunday, Feb. 17. Shows: Thursday and Friday at 7 p.m.; Saturdays at 2 and 7 p.m. and Sundays at 2 p.m. Adults, \$27; 18 and younger, \$17; ticketfly fees will apply to online purchases. 518-953-6030 or http://www.parkplayhouse.com/charlie-brown/

'The Mousetrap'

Mysterious twists and thrilling turns abound when a group of strangers stranded in a guest house during a snowstorm discover that a murderer is in their midst. Whodunnit? Is it one of the suspicious newlyweds or the spinster with the curious background? Perhaps it's the architect, the retired Army major or the strange man running from his past. Enjoy an evening of exhilarating intrigue as Agatha Christie's greatest mystery unfolds to its surprising conclusion. Opens Saturday, Feb. 9, and runs through Sunday, Feb. 24. Shows: Fridays and Saturdays at 7:30 p.m.; Sundays at 2 p.m. Presented by Home Made Theater. Spa Little Theater, Saratoga Spa State Park, 19 Roosevelt Drive, Saratoga Springs. 518-587-4427 or homemadetheater.org/current-season/

the-moustrap/ and click on purple Buy Tickets Now button.

'Men are from Mars, Women are from Venus Live'

This hysterical show, based on the bestselling book by John Gray, will have couples elbowing each other all evening as they see themselves on stage. Sexy and fast paced, this show is definitely for adults, but will leave audiences laughing and giggling like little kids! It's a great recipe for a night out: a little storytelling blended with some comedy and a dash of sage wisdom from the book. Wednesday, Feb. 13, at 7:30 p.m. Troy Savings Bank Music Hall, 30 2nd St., Troy. \$50. 518-273-0038 or tickets.troymusicall.org

Valentine's Dinner Theater

Features three, original, one-act plays written by area playwrights Val Kavanaugh, Steve Maggio and Rich Landers. Saturday, Feb. 16, at 5:30 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. \$40; includes salad course, main entree, and dessert. 518-674-2007 or slcactp.ticketleap.com/slca-valentines-dinner-theater/

COMEDY

Cohoes Music Hall

Nick DiPaolo: In this day of watered-down comedy DiPaolo's brutally honest performances remind us of what great stand up should be - funny, socially relevant and a little bit reckless. His strong political opinions and razor wit make him a perfect fit for talk radio. In addition to hosting "The Nick DiPaolo Show" on Sirius XM, he's also performed standup on popular late night variety shows and stand up specials, along with acting roles on FX's "Louie," and "Inside Amy Schumer," among others. Saturday,

Feb. 23, at 8 p.m. 58 Remsen St., Cohoes. Advance, \$25; increases to \$30 day of show; lounge table seating available for \$35. 518-953-0630 or www.ticketfly.com/event/1803093; *Please note: Show was originally scheduled for Saturday, March 9. Previously purchased tickets have been transferred to the new date.*

Mopco Improv Theatre Palace Theatre

Larry the Cable Guy & John Crist: The multi-Platinum recording artist, Grammy nominee, Billboard award winning comedian, actor and voice artist who continues to sell out theatres and arenas across the United States, shares the stage with the comedian and viral sensation best known for his videos "Millennial International" and "Road Rage in the Church Parking Lot." Saturday, Feb. 16 at 4 and 7 p.m. 19 Clinton Ave., Albany. \$39.50 or \$59.50. 518-465-4663 or www.palacealbany.org/events/detail/larry-the-cable-guy-john-crist

Proctors

Steve Martin and Martin Short: In "Now You See Them, Soon You Won't," the pair of comedy legends present new material in a variety of musical sketches and conversations about their iconic careers, most memorable encounters, and of course, their legendary lives in show-business. Grammy Award-winning bluegrass band The Steep Canyon Rangers will join the duo on stage for several tour dates. Sunday, Feb. 17, at 8 p.m. 432 State St., Schenectady. \$75.50 to \$179.50. 518-346-6204 or tickets.proctors.org

DANCE

Salsa Dance Night

Celebrate Valentine's Day with dancing, food, and salsa lessons all for a great

cause! Proctors and the Hispanic Coalition NY, Inc. are partnering up to support Puerto Rico hurricane relief efforts. Join us for sizzling salsa music by Alex Torres and his Latin Orchestra, a half hour dance lesson provided by Dance Fire Studio for all levels, and delicious Puerto Rican food samples from Apostrophe Café. Thursday, Feb. 14, at 6:30 p.m. GE Theatre, Proctors, 432 State St., Schenectady. \$40 (inc. food and dance lesson; cash bar.) 518-346-6204 or tickets.proctors.org

Ephrat Asherie Dance

(SOLD OUT) The Israeli-born dancer layers breaking, hip-hop, house and vogue combining the rawness of underground styles with a contemporary aesthetic in Odeon, a high-energy work set to a score by early 20th century Brazilian composer Ernesto Nazareth, which melds classical romantic music with popular Afro-Brazilian rhythms. Saturday, Feb. 16, at 7:30 p.m. Performing Arts Center, University at Albany Uptown Campus, 1400 Washington Ave., Albany. To be placed on a waiting list for tickets, please call the UAlbany Performing Arts Center Box Office at 518-442-3997.

Black History Step Show & HYP3st Dance Competition

The Price Chopper Black History Month Step Show features some of the best step teams from the Capital District and beyond for an afternoon of high energy performances. The Step Show is one of the most anticipated annual events in the area. Sunday, Feb. 17, at 5 p.m. Palace Theatre, 19 Clinton Ave., Albany. Adults, \$25; students, \$20. 518-465-4633 or www.palacealbany.org/events/detail/price-chopper-black-history-step-show-hyp3st-dance-competition

FAMILY

Family Storytime

This 45 minute enrichment program includes stories, songs, and movement to support children's learning and discovery from the very beginning. For infants to preschool aged children with a caregiver. Wednesdays, 10:30 a.m. Main Branch, Troy Public Library, 100 2nd St., Troy. Free. 518-274-7071 or www.thetroylibrary.org

Lansingburgh Storytime

This 45 minute enrichment program includes stories, songs, and movement to support children's learning and discovery from the very beginning. For infants to preschool aged children with a caregiver. Thursdays, 10:30 a.m. Lansingburgh Branch, Troy Public Library, 27 114th St., Troy. Free. 518-274-7071 or www.thetroylibrary.org

KIDS! Storytime

For children and their parents/caregivers. Fridays at 10:30 a.m. Northshire Bookstore, 424 Broadway, Saratoga Springs. Free. 518-682-4200 or www.northshire.com

Art for All

Adults and children of all ages are welcome to join us on Saturdays for drop in art making. In February, attendees will create and decorate their own carboard jewelry. Weekly on Saturdays in February, from 10 a.m. to 4:30 p.m. Art Studio, Albany Institute for History and Art, 125 Washington Ave., Albany. Free with paid museum admission. 518-463-4478 or www.albanyinstitute.org

Woodstock Art Colony Beginnings

When Byrdcliffe Arts Colony opened in 1902, it was a utopian community where artists from across all media could



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come and create handcrafted works away from an increasingly industrialized society. Come learn about all the different works that the early artists created, from still life paintings to pottery and furniture, and then try your hand at crafting a unique work of your own. Recommended for children ages 9 and older. Saturday, Feb. 9, from 1 to 3 p.m. Student Center, New York State Museum, 222 Madison Ave., Albany. Free. 518-474-5877 or www.nysm.nysed.gov

Children's Star Sighting
(Repeats 3rd Saturday of the month)
This interactive program explores the stars, planets, comets and constellations in the night sky. Appropriate for children in pre-K through Grade 2 and their families. Saturday, Feb. 16, at 11 a.m. Henry Hudson Planetarium, Discover Albany Visitors Center, 25

Quackenbush Square, Albany. \$3 per person. 518-434-0405 or www.albany.org/event/saturday-star-shows-2019/28478

Rock and Fossil Fun Fair
Mine for minerals, forage for fossils, experiment with a river replica, and more. Be sure to bring your rocks and fossils from home for identification. With 10 science activities, face painting, balloon animals, and prizes to take home, you won't want to miss this opportunity to have fun with science. Saturday, Feb. 16, and Sunday, Feb. 17, from 10 a.m. to 1 p.m. Adirondack Hall, New York State Museum, 222 Madison Ave., Albany. Free. 518-474-5877 or www.nysm.nysed.gov

American Girl Tea
Join us for an elegant tea and tasty treats! This month our host will be Addy

Walker, a brave girl born into slavery who escapes to a new and uncertain life. Guests will make a bracelet inspired by Addy's first novel. All dolls welcome! Saturday, Feb. 16, at 4 p.m.

Schenectady County Historical Society Library and Museum, 32 Washington Ave., Schenectady. \$8. 518-374-0263 or schenectadyhistorical.org/families

Mutts Gone Nuts
From shelters to showbiz, canines and comedy collide as disorderly duo, Scott and Joan Houghton and their amazing mutts unleash havoc and hilarity in a breathtaking, action-packed, comedy dog spectacular, featuring some of the world's most talented four-legged performers. Sunday, Feb. 17, at 1 p.m. Hart Theatre, The Egg Performing Arts Center, Empire State Plaza, Albany. \$20; adult admitted free when accompanied by a child. 518-473-1845 or tickets.

theegg.org

CDPHP Bounce Bonanza
Spend a cold February afternoon with us! In addition to the bounce houses, Ring Around The Spectrum will be providing a miniature version of its sensory room with mini bubble tubes, special lighting, tactile panels, Yogibo bags, and fine motor skill activities. Plus, Whispering Willow Wild Care will be bringing a few "feathered teachers" -- hawks, owls, and falcons! Tuesday, Feb. 19, and Wednesday, Feb. 20; doors open at 9 a.m.; 90-minute bounce sessions begin at 9:30 a.m., 11:30 a.m., 1:30 p.m. and 3:30 p.m. each day. Albany Capital Center, 55 Eagle St., Albany. Children ages 5 and older, \$15; children 5 and younger, \$5 (admission to toddler zone only); adults free if not bouncing. Each session limited to 500 children. www.universe.com/events/

cdphp-bounce-bonanza-tickets-albany-JQZRG9

Bone and Skeleton Lab
Stop by and check out the Bone Room where you can compare skeletal anatomy with activities such as "Find the Femur", "Vertebra Variations", "Mystery Skulls", "Assemble the Skeleton", and more! Best for children ages 8 and older. Tuesday, Feb. 19, from 10 a.m. to noon. Classroom 4, New York State Museum, 222 Madison Ave., Albany. Free. 518-474-5877 or www.nysm.nysed.gov

Cetaceous Talks & Whale Tales
If you like whales, please join educator Truemaster Trimmingham for a fun, hands-on program all about these fascinating cetaceans. Tuesday, Feb. 19, at 2 and 3 p.m. Lobby, New York State

Museum, 222 Madison Ave., Albany. Free. 518-474-5877 or www.nysm.nysed.gov
Schenectady Scavenge Families are invited to participate in this scavenger hunt through the "Back in My Day: Childhood, Play, and Schenectady" exhibit. Follow the clues, complete the hunt and win a prize! Wednesday, Feb. 20, from 10 a.m. to 2 p.m. Schenectady County Historical Society Library and Museum, 32 Washington Ave., Schenectady. \$8. 518-374-0263 or schenectadyhistorical.org/families
Family Game Night
Spend a night playing games that make childhood rich and entertaining. Inter-generational participation encouraged! Thursday, Feb. 21, from 5 to 7 p.m. Schenectady County Historical Society Library and Museum, 32 Washington Ave., Schenectady. Free. 518-374-

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0263 or schenectadyhistorical.org.
Erth's Prehistoric Aquarium Adventure
 Take your family on an all new adventure – this time to the bottom of the ocean. Erth's Prehistoric Aquarium Adventure is an immersive experience that invites you to jump in and explore unknown ocean depths where prehistoric marine reptiles lived eons ago – and maybe live still today! Friday, Feb. 15, at 7 p.m. MainStage, Proctors, 432 State St., Schenectady. \$20, \$30, \$45, VIP package, \$75. 518-346-6204 or tickets.proctors.org

FILM

'The Golden Dream'
 Three teenagers attempt to escape poverty in Guatemala by embarking on a perilous journey to the United States. 2013, 108 minutes. Presented by the New York State Writers Institute. Friday, Feb. 15, at 7:30 p.m. Page Hall, University at Albany Downtown Campus, 135 Western Ave., Albany. Free. 518-442-5620 or www.nyswritersinstitute.org

LECTURES

518 Talks
'Writing Love on Valentine's Day'
 Authors Christopher Castellani and Lauren Wilkinson will discuss their latest novels, *Leading Men* (2019), a reflection on the nature of fame, private life, and romantic entanglement set in the social world of Gay 20th century icons Tennessee Williams and Truman Capote in the 1950s, and *American Spy* (2019) respectively, a tale of espionage, love and betrayal set in West Africa

and New York City during the Cold War in the 1980s. Thursday, Feb. 14; craft talk at 4:15 p.m. in the Multi Purpose Room, Campus Center West Addition; and formal presentation at 8 p.m. in Campus Center Room 375, both located on the University at Albany Uptown Campus, 1400 Washington Ave., Albany. Free. 518-442-5620 or www.nyswritersinstitute.org

An EMPAC Salon
 Johannes Goebel will present some of his work from the time before he came to Rensselaer to become EMPAC's founding director. The program of the evening will be a collage of widely varying projects ranging from computer-generated music and music for custom-built instruments to the recitation of non-scientific reflections on computers, artificial intelligence, and human-computer interaction. It will include examples from his years in the field of "free improvisation with non-traditional instruments" to projects realized with dancers, architects, and visual artists. Friday, Feb. 15, at 7:30 p.m. Studio 1 – Goodman, EMPAC, Rensselaer Polytechnic Institute, 44 8th St., Troy. Free. 518-276-3921 or www.empac.rpi.edu

Brainfood for the Curious: Short talks at Lunch
 When, how, and from where did Native Americans migrate into western New York? Dr. Jonathan Lothrop, NYSM curator of archaeology, reviews current archaeological evidence for the presence of first peoples in this region, their relationships with Paleoindian groups in eastern New York and beyond, and their adaptations to the Ice Age landscapes of western New York during his lecture titled "Late Pleistocene Peoples in Western New York." 20-minute talk

followed by brief Q&A. Participants may bring their lunches. Tuesday, Feb. 19, at 12:10 p.m. Huxley Theater, New York State Museum, 222 Madison Ave., Albany. 518-474-5877 or www.nysm.nysed.gov

Ed Yong
 The author of the international bestseller "I Contain Multitudes: The Microbes Within Us and a Grand View of Life" (2017) will speak. Tuesday, Feb. 19; craft talk about science writing at 4:15 p.m. in D'Ambra Auditorium, Room 2095, Life Sciences Research Building, University at Albany Uptown Campus, 1400 Washington Ave., Albany; presentation and conversation begins at 7:30 p.m. in Page Hall, University at Albany Downtown Campus, 135 Western Ave., Albany. Free. 518-442-5620 or www.nyswritersinstitute.org

LITERARY

The Troy Poetic Vibe
 Weekly reading with featured poet hosted by D. Colin on Mondays. Open mic sign up at 7 p.m. Troy Kitchen, 77 Congress St., Troy. Free. 518-268-0068 or www.facebook.com/TroyKitchenNY

Brass Tacks
 (first and third tuesdays of every month) Albany Poets' new poetry and spoken word series featuring some of the finest poets in the country along with an open mic for all poets, writers and artists who have something to share. Tuesday, Feb. 19, sign ups begin at 7 p.m., event runs from 7:30 to 9 p.m. The Low Beat, 335 Central Ave., Albany. \$3. Event details: www.albanypoets.com/events/brass-tacks-2-2019-02-05// Venue details: 518-432-6572 or www.thelowbeat.com

com **Third Thursday Poetry Night**
 Poet TBD will read from TBD along with an open mic for community poets. Thursday, Feb. 21, at 7:30 p.m. Social Justice Center, 33 Central Ave., Albany. \$3. 518-482-0262 or albanypoets.com

MISCELLANEOUS

Troy Night Out
 Monthly arts and cultural event that regularly draws thousands of people onto the streets of Downtown Troy. Attendees are able to enjoy countless art events, music venues, fine restaurants as well as unique boutiques of all varieties. This month's theme is "Hot Chocolate Hop." Friday, Feb 22, from 5 to 9 p.m. Various venues throughout downtown Troy. www.downtowntroy.org/troy-night-out

Troy Farmers Market
 More than 80 food growers, bakers, chefs and artisans gather to offer the Capital District's freshest and finest! Live music, great food, family activities and learning opportunities. Every Saturday, from 9 a.m. to 2 p.m., through April 27, 2019. Troy Atrium, 49 4th St., Troy. Free admission. 518-708-4216 or www.troymarket.org

Schenectady GreenMarket
 Vendors, shoppers, musicians and friends gather at this festive marketplace featuring more than 60 vendors who produce everything they sell. Sundays from 10 a.m. to 2 p.m., inside Proctors, 432 State St., Schenectady, through April 28, 2019. Free admission. 518-986-0318 or schenectadygreenmarket.org/

Veterans Meet-Up
 All veterans welcome to free coffee Tuesdays, from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. 518-884-4999 or

www.VeteransPeerConnection.org
Social Night/Open House tours
 Get a feel for this amazing creative community. Free. Tuesdays, 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 3rd St., Troy. 518-279-7863 or www.tvcog.net

Albany Star Sighting
 This interactive program not only explores the stars, planets, comets and constellations in the night sky, but also provides tools and techniques for becoming an amateur astronomer. Geared for skywatchers ages 8 and older. Saturday, Feb. 16, at 1 p.m. Henry Hudson Planetarium, Discover Albany Visitors Center, 25 Quackenbush Square, Albany. \$3 per person. 518-434-0405 or www.albany.org/event/saturday-star-shows-2019/28478

EXHIBITS

Albany Barn
 Gallery Hours: Weekdays, 10 a.m. to 5 p.m.; please call ahead. Albany Barn, 56 Second Ave. Albany. 518-935-4858 or albanybarn.org

Albany Institute of History and Art
Continuing: "Bejeweled and Bedazzled: Jewelry and Personal Adornment" More than 100 works of jewelry and personal adornment dating across four centuries will sparkle and shine in this exhibition. Drawn from the collections of the Albany Institute, these personal effects will tell stories about the individuals who owned them, where and why they were purchased, and what they reveal as works of art and embellishment. Through Sunday, July 28. Also, **"Shape**

and Shadow: The Sculpture of Larry Kagan." A retrospective exhibition that will feature 50 works from three distinctive phases of the Troy sculptor's career: the 1970s cast acrylic sculptures that reflect and refract light; the found steel works from the 1980s and 90s that play with texture, pattern, and shape; and, more recently, the shadow pieces that rely on strategically positioned steel rods to sculpt light. Through Sunday, June 9. Also, **"Joan Steiner's Look Alikes:"** Ten miniature dioramas by the award-winning illustrator are on exhibit in different locations throughout the museum. These meticulously crafted scenes were created from everyday objects and edible treats and photographed for her Look-Alike books. Through Monday, Feb. 18. Also, **"Heavy Metal: Cast Iron Stoves of the Capital Region."** During the 19th century, Albany and Troy, New York, manufacturers were considered to be among the largest producers of cast-iron stoves in the world. Stoves made in these cities were renowned for their fine-quality castings and innovations in technology and design. This exhibit showcases 25 of these utilitarian objects as both works of art and technological innovations that made the home more comfortable as well as beautiful. On display through, Sunday, Aug. 18. **Ongoing: "The Hudson River School: Landscape Paintings from the Albany Institute," "Ancient Egypt," "Nineteenth-Century American Sculpture" and "Traders & Culture."** Museum hours: Wednesday: 10 a.m. to 5 p.m.; Thursday: 10 a.m. to 8 p.m.; Friday and Saturday: 10 a.m. to 5 p.m., Sunday: noon to 5 p.m. Admission: Adults, \$10; seniors/students (w/ID), \$8; children 6-12, \$6; free admission Thursdays from 5 to 8 p.m. 125 Washington Ave., Albany. 518-463-4478 or albanyinstitute.org

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Answers on Pg. B17


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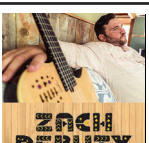
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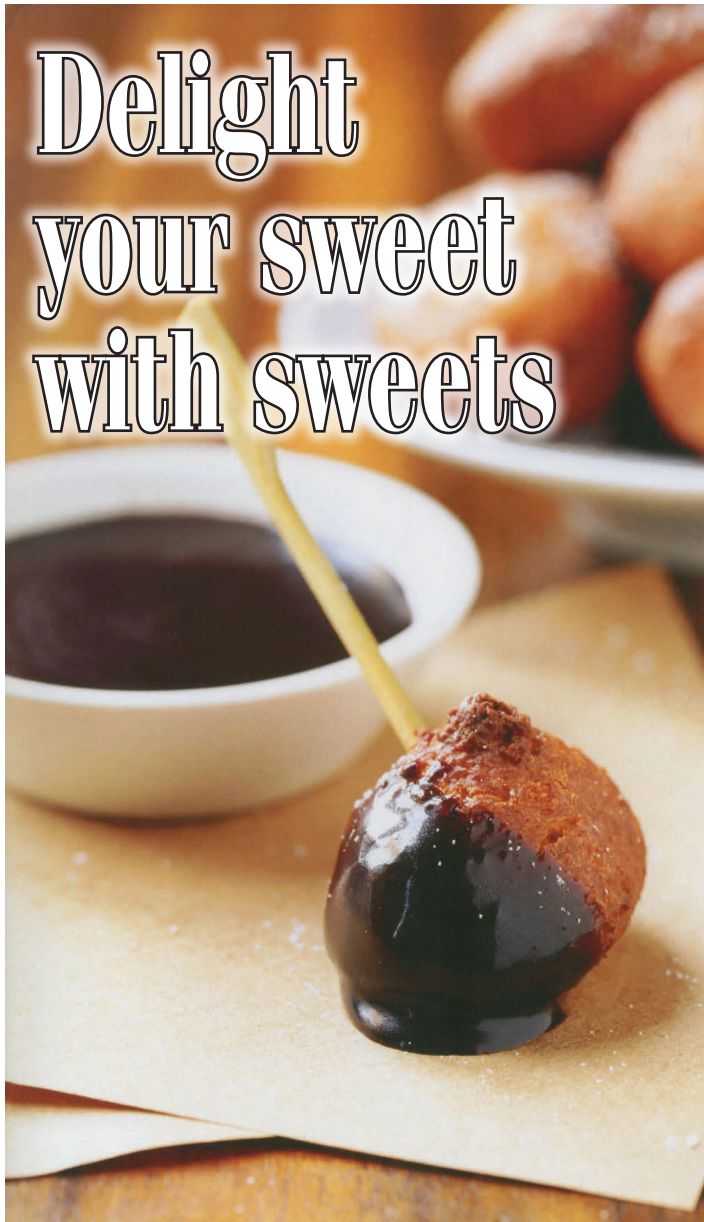
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FOOD & VINO

Valentine's Day is synonymous with many things, including chocolate. Men and women indulge their love of chocolate every February 14, but those who want to go the extra mile for their sweethearts this Valentine's Day can make their own delicacies. Homemade confections send a special message to loved ones on Valentine's Day, especially when they include chocolate, such as the following recipe for "Crochette di Ricotta con Salsa di Cioccolato (Ricotta Beignets With Chocolate Dipping Sauce)" from Michael White and Joanna Pruess' "Fiamma: The Essence of Contemporary Italian Cooking" (Wiley).

Crochette di Ricotta con Salsa di Cioccolato

Ingredients: Makes 6 servings

- 1 cup whole milk ricotta cheese
- 2 large eggs
- 1/4 cup sugar
- 1/4 cup all-purpose flour
- 3/4 teaspoon baking powder
- 1/2 cup finely crushed amaretti cookies (about 16 cookies)
- 1 cup chopped bittersweet chocolate

- 1 cup heavy cream
- Vegetable oil, for deep-fat frying
- Confectioners' sugar, for garnish

Instructions:

In a medium-size bowl, whisk the ricotta and eggs together until smooth. Add the sugar, flour, baking powder, and amaretti and stir until well blended. Cover and chill for at least 1 hour.

While the batter is chilling, put the chocolate in a small bowl. In a small saucepan, bring the heavy cream to a boil over medium-high heat, about 2 minutes. Remove the pan from the heat and pour the hot cream over the chopped chocolate, stirring until blended and smooth. Keep warm.

Fill a medium-size pot with at least 3 inches oil and heat until the oil measures about 360 F on a candy or instant-read thermometer. Carefully drop the croquette batter by the heaping tablespoon into the hot oil and cook, turning once, until brown on all sides, about 3 minutes. Using a slotted spoon, remove them from the oil and drain on paper towels. Dust with confectioners' sugar and serve immediately with chocolate sauce. If desired, serve with warm caramel and berry sauces as well.

Pairing:

Barken Merlot Classic
Barkan Winery — Israel
It's Valentine's Day, so aesthetically you want to go with a red wine, right? It only makes sense. But, in this case, with both the ricotta cheese and bittersweet chocolate, we went with this kosher merlot from Israel.
This wine from the Gaililee region of Israel has a fruity and velvet-like taste with a long and smooth finish.

You could go with more of a dessert wine with this week's recipe. After all, we are concentrating on the sweeter things in life to celebrate this year's Valentine's Day. Ultimately, it is going to be your choice.

Thoughts?

Let us know what you thought of the recipe, and whether or not you decided to go with a different choice of wine.

We'd love to hear back from you. Leave a comment on our Facebook page.

For more recipes, visit TheSpot518.com.

HOROSCOPES

**February 2019
Week 2**

ARIES – MAR 21/APR 20

Spend more time daydreaming, Aries. Even though it may seem to run counter to being productive, you may actually find some inspiration to get things done.

TAURUS – APR 21/MAY 21

You may not take the same path or go in the same direction as the masses, Taurus. But you find the finish line nevertheless. Keep on tracking your own trail.

GEMINI – MAY 22/JUN 21

A few blips on the radar may give you pause, Gemini. But no obstacle is going to keep you from your final goal this week. You are ready to forge ahead.

CANCER – JUN 22/JUL 22

No matter how much time you set aside, Cancer, you seem to keep playing catch up. You may need to realize that a few extra helping hands will make a lighter load of your tasks.

LEO – JUL 23/AUG 23

You can't contain your excitement or keep a secret this week, Leo. Avoid seeking secrets because you might let the cat out of the bag and don't want to disappoint.

VIRGO – AUG 24/SEPT 22

Do not try to take control of a situation on which you have a tenuous grasp, Virgo. Other things of greater importance require your attention.

LIBRA – SEPT 23/OCT 23

Domestic bliss describes your life at this point, Libra. You may have welcomed a new baby or pet into the family, and you are enjoying this new dynamic.

SCORPIO – OCT 24/NOV 22

Scorpio, even though you may have had to jump over many hurdles of late, you will come through stronger for having done so.

SAGITTARIUS – NOV 23/DEC 21

A demand for your attention reaches a fever pitch, Sagittarius. You may not know what is spurring on this sort of popularity, but you are anxious to enjoy every minute of it.

CAPRICORN – DEC 22/JAN 20

Big changes are on the horizon, Capricorn. It could be a new job opportunity or maybe a relocation if you have been thinking of making a fresh start.

AQUARIUS – JAN 21/FEB 18

Aquarius, even though you may have to go out on a limb and out of your comfort zone, you may find that doing so gives you the fresh perspective you've been seeking.

PISCES – FEB 19/MAR 20

Pisces, ask someone to remind you of an important deadline, as you have been a little scatterbrained as of late. Don't let this pass you by.



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HEALTH & FITNESS

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same. Foods that contain complex carbohydrates, which include quinoa and oatmeal, are loaded with fiber. It takes awhile for the body to break that fiber down, helping people feel full and stabilizing their blood sugar levels. Simple carbohydrates, which include processed foods such as sugar-sweetened beverages and dairy desserts, are quickly digested, which raises blood sugar levels and contributes to feelings of inflammation.

Water

The body is about 60 percent water, which performs a host of important functions. Water aids in digestion, absorption of nutrients and circulation, and also facilitates the transportation of nutrients through the body. Water also helps the body get rid of waste. WebMD notes that

How certain nutrients affect your body

The effects of proper nutrition on the body are profound. When paired with routine exercise, a diet that’s rich in nutrients can lay the foundation for a long, healthy life.

Many people are aware that their bodies need nutrients like protein and carbohydrates every day, but they may not know just what these and other important nutrients do for their bodies.

Proteins

The online medical resource WebMD notes that the body uses protein to build and repair tissues. An important component of every cell in the body, protein provides the body with amino acids that help cells in the body perform various functions. Breastcancer.org notes that proteins help the body create hormones and enzymes and keep the immune system healthy. A diet that’s low in protein may make people more susceptible to illness and result in longer recovery times.

Carbohydrates

The Cleveland Clinic notes that carbohydrates, or “carbs,” are the body’s main source of energy. Carbs are found in most foods, but not all carbs are the

water also helps to energize muscles, which might suffer from fatigue if the body’s fluid balance is not maintained. Water also helps the body maintain a healthy temperature.

People consume protein, carbs and water every day. And while they might not know it, people who continue to do so are helping their bodies perform essential functions that dramatically improve their health.





From page B1 ...

Love 9 to 5

Barcroft, who is a virtuoso in the aforementioned topics, said she believed that “most concerns are about office romances between a supervisor and a coworker or subordinate,” regardless of if it is consensual.

She went on to explain several scenarios that may occur. Other employees may see that the involved subordinate may receive preferential treatment like getting a bigger office, a promotion or larger paycheck; the supervisor may start constantly asking the subordinate out on a date or keep emailing them, which can lead to harassment; the supervisor and subordinate may display overt public displays of affection which can make other employees feel uncomfortable; and if their relationship sours, it can negatively affect their individual work performance and the overall office environment — or worse, result in a lawsuit.

Barcroft said that if a supervisor/subordinate relationship forms, they should disclose it to the company and Human Resources with the help of a supervisor so that the company can take “proactive measures” down the road. She noted that New York state does not handle specific office dating policies and it’s up to companies to individually regulate that. Helpful regulating ways include:

Crafting a company’s handbook or list of policies related to office dating and sexual harassment

Having a sexual harassment seminar at work to educate all employees

Ensuring that the dating office couple still act professionally both on and off the clock at work

Subjecting the couple to a company’s disciplinary policy if their relationship goes south

Barcroft added that dating office couples should sign a so-called “Love Contract” which further limits the liability of any romantically-involved employees, such as transferring a subordinate from under a supervisor in a lateral move.

Having an office romance is not out of

the norm though since a person is more likely to fall for someone whom they interact with on a regular basis, according to Barcroft, and companies should realize that office romances do happen. When reflecting on how the media projects images of movie or TV show characters, like those in “Grey’s Anatomy” where coworkers are often seen getting into relationships, Barcroft said, “I think it’s the reality that people will have workplace dating, and TV and film are portraying that reality. As an employer or company, you still should regulate that so that people know their boundaries. The media is not problematic though because as I’ve said, it shows reality in the workplace.”

When asked if office dating policies apply the same to LGBT employees, she agreed, saying that it’s the “same principle, regardless of if you’re transgender or if it’s a male-male or female-female relationship. You can’t be discriminated based on your sexual orientation so the rules should not change. Dating is dating.”

Overall, Barcroft said that companies, regardless of their sizes, need to be aware of the reality of office romances and tailor their individual policies regarding that and sexual harassment, so that any romantic relationship would not hurt the work environment. “Have a handbook, be proactive, disclose the relationship and always be professional,” she concluded.

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SHOW REVIEW

Homer is America

Mike Reiss, writer of The Simpsons, spoke at UAlbany

DIEGO CAGARA
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ALBANY — Mike Reiss, the longest-serving writer and producer for “The Simpsons,” joked to a nearly-packed theater on Friday, Feb. 8 that they probably never heard of him before despite having played an essential role in ensuring the TV show’s decades-spanning success.

Sporting a yellow tie, Reiss appeared at Page Hall in the University at Albany’s Downtown Campus, located on 135 Western Ave. in Albany, at 7:30 p.m. to speak about his career and 2018 book, “Springfield Confidential: Jokes, Secrets and Outright Lies from a Lifetime Writing for The Simpsons.” The event was free to the public and organized by the New York State Writers Institute. He even showed numerous clips of the show, which showcased how “The Simpsons” has long sharply satirized American popular culture, politics and the human experience through a rich vault of yellow animated characters.

Throughout the one-hour event, Reiss’ sense of humor evoked sheer audience laughter as he threw succinct jokes at celebrities like Jimmy Fallon, Michael Jackson and Oprah Winfrey, and fellow animated series “Family Guy” and



Diego Cagara

Continues on B18

SPOTLIGHT ON *Careers*



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3	2	8	6	9	1	4	7	5
4	9	1	2	7	5	3	6	8
7	5	6	3	8	4	2	1	9
2	8	7	1	6	3	5	9	4
5	6	3	7	4	9	1	8	2
9	1	4	5	2	8	7	3	6
1	3	9	4	5	6	8	2	7
6	4	2	8	3	7	9	5	1
8	7	5	9	1	2	6	4	3

Super Crossword Answers

	H	E	W		P	A	C		D	A	D				
	A	M	A		A	G	A		O	R	E				
G	A	L	O	P		R	O	M		O	M	B	E	R	
O	N	E	T	I	M	E		B	A	R	B	A	R	A	
P	Y	R	I	T	E	S		R	E	M	A	R	R	Y	
			V	I	D	E		I	R	A	N				
N	E	M	E	S	E	S		C	O	N	D	E	M	N	
F	A	A										T	A	B	
L	U	C	E	R	N	E		C	A	S	C	A	D	E	
			S	E	E	S		E	L	E	A				
E	D	I	T	O	R	S		R	E	A	R	G	U	E	
C	O	T	E	R	I	E		E	S	P	O	U	S	E	
T	W	E	E	D			N	A	B		O	L	M	E	C
			M	M	E			C	A	R		R	E	M	
			S	S	R			E	R	A		T	R	Y	

From page B17 ... Homer is America

“Bob’s Burgers.” Owing to the show’s international success, he even told several anecdotes about how several countries have either frowned upon or banned the show. “Americans look at Homer Simpson and go, ‘That’s my dad,’” he said. “And foreigners look at Homer and go, ‘That’s an American.’”

One example was how Japan was reluctant to welcome “The Simpsons” since the characters all have four fingers and the number four is considered bad luck in that country. Another example was how Venezuela canceled the show in 2008 because it allegedly presented “bad American values” but Reiss pointed out the irony that the country then replaced it with reruns of the TV show “Baywatch.”

He reminded the audience of the show’s

2007 feature film, even singing along to the iconic “Spider-Pig” song, which he quipped was something the writers wrote when they were high. He added that he does not envision more “Simpsons” films down the road although he joked, “I get the feeling that sooner or later, yes, we’re going to make another one and another one, and I think we’re gonna keep making more until they get loud and boring, and make two more — you know, like Shrek.” However, Reiss did tease the idea of a live-action “Simpsons” movie, and said its ideal cast could include Dwayne “The Rock” Johnson, Tom Cruise and William H. Macy.

As the event ended, he smiled and concluded, “I write comedy because I can’t help myself,” before being received with further applause. He then met with eager fans, took photos and gave out signed authentic “Simpsons” script covers.



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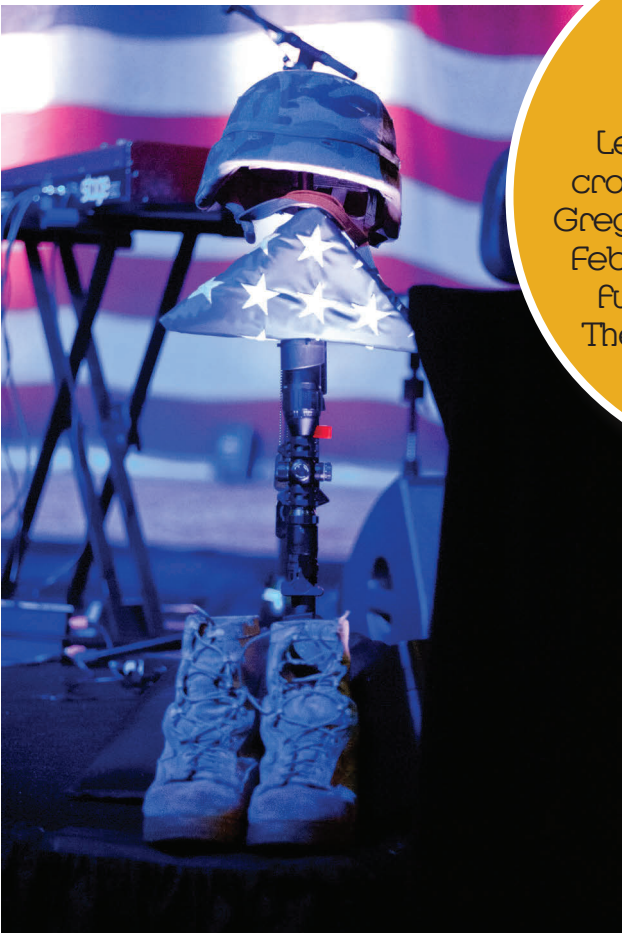
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COUNTRY LIVING

Lee Brice entertained a crowd of over 200 at Saint Gregory's School on Thursday, Feb. 7 for a Folds for Honor fundraiser. See more at TheSpot518.com/Spotted

Michael Hallisey /
The Spot 518



WHAT'S HAPPENING

The New Motif w/ Glass Pony

The Hollow Bar and Kitchen — Friday, Feb. 15

ALBANY — The New Motif w/ Glass Pony will perform at The Hollow Bar and Kitchen on Friday, Feb. 15 from 8 p.m. to 1 a.m.

One of the area's eclectic jam/funk bands, infusing deep psychedelic grooves with improvisational techniques, teams up with the area's up and coming jam bands. This will be a night of jam fun that you won't want to miss.

Tickets are \$12 and can be purchased at www.eventbrite.com. For more information, call (518) 426-8550.

The Hollow Bar and Kitchen is located at 79 N. Pearl St. in Albany.

Millington and more

Savoy Taproom — Friday, Feb. 15

ALBANY — Savoy Taproom will host Summer Legs, Lame Dude, Nxnes and Millington on Friday, Feb. 15 from 9 to 11 p.m.

Free, no registration required. For more information, call 518-599-5140.

Savoy Taproom is located at 301 Lark St. in Albany.

Gaslight Tinkers

Putnam Place — Saturday, Feb. 16

SARATOGA SPRINGS — Gaslight Tinkers will perform at Putnam Place on Saturday, Feb. 16 to 11 p.m. to 1 a.m.

African, Caribbean, Funk, Reggae, and Latin grooves

meet traditional fiddle music and American roots.

It's the genre-bending future of the music of the past. Gaslight Tinkers' blend of global rhythms creates a joyously danceable sound around a core of traditional New England old time and Celtic fiddle music, merging boundless positive energy with melody and song.

Entry is \$5 at the door. This is a 21+ event. For more information, call 518-886-9585.

Putnam Place is located at 63a Putnam Street in Saratoga Springs.

Gratefully Yours

The Hollow Bar and Kitchen — Saturday, Feb. 16

ALBANY — Gratefully Yours will perform at The Hollow on Saturday, Feb. 16 from 9:30 p.m. to 2 a.m.

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