

THE Spotlight

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& Guilderland

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Vol. 62, #17

April 24 - April 30, 2019

Inside This Issue:

A look at what's happening in Capital District businesses.



NEWS STEM education pieced together

Voorheesville students learn science through LEGOs.

Story on Page 3

INDEX

Police, courts and calls 11
Sports 4
Health & Fitness B10
Entertainment..... B1-B20
Classifieds B16-B17
Crossword B6
Service Directory B14

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TOP STORY

Missed tee time

Bethlehem closes golf course at Colonial Acres

By **DIEGO CAGARA**
cagarad@spotlightnews.com

GLENMONT — After the Town of Bethlehem announced the Colonial Acres Golf Course had ceased operations late last month and that it would keep it as a park, a few former employees and town figures who saw its decline have come out to speak on what they believe caused it to close.

Background

Located on 15 Saybrook Dr. in Glenmont, it was in service since around 1964 and was saved from being developed in 2007 when Open Space Institute purchased it from its original private owners. According to the town's Parks and Recreation's current administrator Jason Gallo, the nine-hole golf course was then ran through his department until around 2012.

In 2013, the town entered into a three-year term agreement with Dale Ezyk who leased it and became its owner/operator. That agreement was renewed in 2016, also the year Open Space Institute parted ways with Colonial Acres, through December 2018. The golf course's closure was then announced in late March 2019.

Among the reasons for its closure, said Town Supervisor David VanLuyen, was that the town did not have the specialized skill set or resources to efficiently manage a golf course; that it was hurt by the 2008 global financial crisis and recent

Continues on page 10

The Town of Bethlehem would like to thank Open Space Conservancy, Inc., the land acquisition affiliate of the Open Space Institute, for acquiring and protecting this golf course and ensuring that it will continue to be available for public recreational and educational use.

CULTURE



Troy's new heartbeat

Market in talks with developer for indoor market place, popular outdoor market will continue.

Story on Page B1

SPORTS



Splash of a time

Bethlehem Central invited area schools to a track meet.

Story on Page 4



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THURSDAY MAY 2, 5:30-7:30 PM

FUNDRAISER FOR BETHLEHEM DEMOCRATIC PARTY

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 150 SALISBURY ROAD
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■ EDUCATION

Learning with LEGO sets

By **DIEGO CAGARA**
cagarad@spotlightnews.com

VOORHEESVILLE
— Voorheesville Elementary teacher Dr. Alan Fiero beamed as his second grade class ambled into his science lab at 9 a.m. on Thursday, April 18, already noting numerous raised eyebrows and parted lips among the inquisitive youth.

Upon being seated, the students, split up into pairs, observed with curiosity at how their tables each had a LEGO Education set and a Samsung Chromebook laptop. Fiero asked the class, “Does anyone know how do you tell a robot what to do?” A few petite hands shot up to the air and Fiero pointed one young girl out to answer. She suggested, “You program it first, like giving it instructions?”

Fiero nodded, “Exactly, with robots, the language of giving instructions is called coding.”

He further explained that the class would be tasked to build a cooling fan out of LEGO pieces, connect it wirelessly through the Chromebook, code it to perform a simple task and they can create their own codes later.

After giving them the go-ahead, the pairs began working to build and connect the fans. It was a pleasant sight to see that some students physically went over to help others too who were having difficulty connecting their cooling fans. As teams began announcing that their cooling fans were working, Fiero and the rest of the class applauded with encouragement.

In a phone interview prior, Fiero explained that the LEGO Education sets are meant to help introduce elementary school students to STEM topics — Science, Technology, Engineering and Math. This could also increase the likelihood of interesting them to pursue a STEM-related career in the future.

Voorheesville Elementary was among 30 K-8 schools nationally to receive LEGO Education



Dr. Alan Fiero, right, tasked his second graders to build a cooling fan from LEGO pieces, connect them wirelessly to their Chromebooks, and program them to perform tasks.

Diego Cagara / Spotlight News

sets early this year, which were designed to work with 2nd through 4th graders. This was part of a grant by technology company Siemens which awarded over \$100,000 worth of

LEGO Education sets and professional training to the 30 schools. In Voorheesville’s case, it received 13 sets, valued at around \$2,600, and Fiero’s April 18 class was the first

to use them.

When asked how the school first applied for the Siemens grant, Fiero said a second grader’s parent works for Siemens who

informed a teacher about the grant opportunity. Eventually the grant’s information reached Fiero who said he looked into it and thought it was a worthwhile opportunity.

“The LEGO Education sets are linked to NGSS [Next Generation Science Standards] and each kit starts with a little video that introduces a problem to kids who will then learn to build apparatus, give them basic coding to make them work and learn to add more tasks,” he said. “LEGO also has many lesson plans online.”

Fiero also said that after his April 18 class, more 2nd graders as well as 3rd and 4th graders will get to use the LEGO sets in the coming weeks. The sets will also be used in classrooms in the next school year.

“The theme is connectivity and kids get to learn more about how the world and science works,” said Fiero. “In this age where kids are bombarded at an early age with so much information and claims online, they can now learn to judge

claims scientifically which is a great life skill. I think people forget that kids do have the skills to think through problems and careers in STEM are great in their future.”

He also enjoyed how the LEGO sets are ideal for younger kids as he believed they learn more by touching and working with them, instead of learning through lectures. “Kids, often underestimated, do want to get involved in active learning and LEGO helps,” he added. “I want to thank Siemens for doing this for us. It’s all worthwhile.”

As his 9 a.m. class concluded, Fiero grinned with pride as most of his students were able to complete their tasks. “It never ceases to amaze me how technologically-savvy my kids are,” he concluded. After the students left, Fiero’s next second grade class arrived at 9:45 a.m.

“Now, does anyone know how do you tell a robot what to do?” Fiero asked them, smiling when a few hands rose.

For more information, visit education.lego.com.

“Carriero Cares” Fundraiser Fiesta

Jim Carriero for Bethlehem Town Board Campaign Kick-Off

Normanside Country Club - Delmar | Tuesday, May 7th | 5:30pm - 8:00pm

This will certainly be something to “taco about”!

- Get to know Jim & the Carriero Team.
- A common sense discussion on a Balanced Bethlehem.
- Cinco de Mayo Fiesta food & beverages included.

Everyone is welcome!



Checks made to:

Friends of Jim Carriero
26 Somerset Dr., Glenmont NY 12077
Suggested Donations: \$50, \$75, \$150

Contact the Carriero Cares Crew
James_Carriero@yahoo.com

A portion of the proceeds will be donated to the:



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April 24, 2019



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■ HIGH SCHOOL SPORTS

Guilderland wins Lady Eagles Invitational

BETHLEHEM — Guilderland won the 14th Annual Lady Eagles Invitational on a soggy Saturday, April 20.

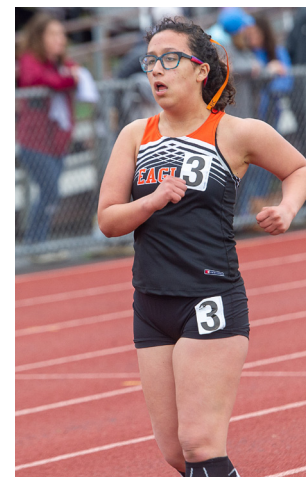
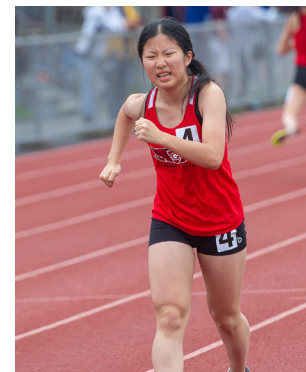
The Lady Dutch had an overall score of 312 while Bethlehem came in second with 193. Mohonasen finished third with 190 and Colonie placed fourth with 148 followed by Averill Park, Queensbury and Ballston Spa.

Icahaod Crane won the small school division with an overall score of 148. Emma Willard finishing second with 113 and Albany Academy third with 111.

The athletes managed to compete in all the events despite the near constant rain that was heavy at times.

Check out our website for more photos of the meet.

— Jim Franco



Seven-run fifth gives Dutch the win



GUILDERLAND — The Dutchmen scored seven runs in fifth inning to beat the visiting Eagles from Bethlehem on Tuesday, April 16, by a count of 12-8.

Both teams were unbeaten this season play heading into the Tuesday's game.

Bethlehem (4-1) had scored three runs in its top half of the decisive fifth inning to tie the score before Guilderland (4-1) sent 11 men to the plate in the bottom half.

Bethlehem made a run of it in the top of the seventh, and scored three times, but Guilderland closer Andrew Czekay came in for the last outs of the game.

Henry Li went two for three, with a double and a home run, and scored three runs for Guilderland, while Brian Tietjen went two for three with a double and a

home run and he scored twice. Brenden Harris went two for three and scored three times for the Dutch.

For Bethlehem, Brian Bolduc went four for five with a double and scored twice, and Josh Bein went three for four with a double and he scored a run. Mike Turosky, Mike Mullen and Chris Taranto each had two hits for Bethlehem.

Dylan Jones picked up the win for Guilderland and Dillon Sheridan relieved before Czekay came in. The two combined to give up eight runs on 15 hits while striking out six and walking one.

Marko Gibbons started the game for Bethlehem and he was relieved by Brett Berben. They gave up 12 runs on 10 hits while striking out seven and walking four.

— Jim Franco

LEGALS

NOTICE OF LLC FORMATION
NO NAME GROUP, LLC. Arts. of Org. filed with the SSNY on 03/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5030 Broadway, New York, NY 10034. Purpose: Any lawful purpose. D-213161

NOTICE OF LLC FORMATION
OUTER BOROUGH 4 LLC. Arts. of Org. filed with the SSNY on 03/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 West 20th Street, Suite 1102, New York, NY 10011. Purpose: Any lawful purpose. D-213853

NOTICE OF LLC FORMATION
PARK LANE HOTEL GARAGE LLC. Arts. of Org. filed with the SSNY on 03/25/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-213630

NOTICE OF PLLC FORMATION
PAUL A. CASTRUCCI, ARCHITECTS, PLLC. Arts. of Org. filed with the SSNY on 03/08/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 179 Rivington Street, Apartment 1A, New York, NY 10002. Purpose: For the practice of the profession of Architecture. D-212764

NOTICE OF LLC FORMATION
PEMBROSE ADDINGTON LLC. Arts. of Org. filed with the SSNY on 03/13/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 215 East 19th Street, Unit 4J, New York, NY 10003. Purpose: Any lawful purpose. D-212657

NOTICE OF LLC FORMATION
PERFECT SNACKS LLC. Arts. of Org. filed with the SSNY on 04/11/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 600 Third Avenue, 15th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-215539

NOTICE OF LLC FORMATION
PG GRC LLC. Arts. of Org. filed with the SSNY on 04/02/19. Office: Albany County. SSNY designated as agent of the

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LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Pemmil Affordable LLC, 70 East 55th Street, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-215407

NOTICE OF LLC FORMATION
PIZZA 26 LLC. Arts. of Org. filed with the SSNY on 03/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 379 Park Avenue, New York, NY 10022. Purpose: Any lawful purpose. D-214046

NOTICE OF LLC FORMATION
PL PRESERVATION LLC. Arts. of Org. filed with the SSNY on 11/07/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Goldban, Starrett Companies LLC, 70 East 55th St, 7th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-213758

NOTICE OF LLC FORMATION
POP'S PICKLED PLANTS, LLC. Arts. of Org. filed with the SSNY on 03/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Harry & Idas, 189 Avenue A, New York, NY 10009. Purpose: Any lawful purpose. D-213162

NOTICE OF LLC FORMATION
PRIMOS, 116 LLC. Arts. of Org. filed with the SSNY on 03/14/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8118 13th Avenue, Brooklyn, NY 11228. Purpose: Any lawful purpose. D-214828

NOTICE OF LLC FORMATION
PROJECT RISK EVALUATION PARTNERS, LLC. Arts. of Org. filed with the SSNY on 03/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 303 Fifth Avenue, Suite 1201, New York, NY 10016. Purpose: Any lawful purpose. D-213759

NOTICE OF LLC FORMATION
Q SARTORIAL LLC. Arts. of Org. filed with the SSNY on 04/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 100

LEGALS

Morton Street, Apartment 12CW, New York, NY 10014. Purpose: Any lawful purpose. D-215231

NOTICE OF LLC FORMATION
REGAL 139 READE ST LLC. Arts. of Org. filed with the SSNY on 03/21/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 295 Fifth Avenue, New York, NY 10016. Purpose: Any lawful purpose. D-214240

NOTICE OF LLC FORMATION
REIT INVEST LLC. Arts. of Org. filed with the SSNY on 04/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 412A Clinton Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-215589

NOTICE OF LLC FORMATION
RESOLVE MEDIA LLC. Arts. of Org. filed with the SSNY on 01/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 220 E 57th Street, #16G, New York, NY 10022. Purpose: Any lawful purpose. C-214008

NOTICE OF LLC FORMATION
RIVERSIDE STUDIOS LLC. Arts. of Org. filed with the SSNY on 04/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 228 E. 45th Street, #1800, New York, NY 10017. Purpose: Any lawful purpose. D-215944

NOTICE OF LLC FORMATION
RUPP STUDIO LLC. Arts. of Org. filed with the SSNY on 03/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 791 Greenwich Street, #3, New York, NY 10014. Purpose: Any lawful purpose. D-213517

NOTICE OF LLC FORMATION
SIGNAL THERAPIES, LLC. Arts. of Org. filed with the SSNY on 02/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Margaret Nies, 112 Peninsula Drive, Port Jefferson, NY 11777. Purpose: Any lawful purpose. D-215274

TOWN OF BETHLEHEM Albany County - New York ASSESSOR'S OFFICE LEGAL NOTICE

LEGALS

NOTICE OF COMPLETION OF TENTATIVE ASSESSMENT ROLL
Pursuant to Section 505 and 1526 of the Real Property Tax Law Notice is hereby given that the Assessor of the Town of Bethlehem, County of Albany, has completed the tentative assessment roll for the current year and that a copy is available at the office of the Assessor at 445 Delaware Avenue, Delmar, NY where it may be seen and examined by any interested person beginning on May 1st.

HEARING OF COMPLAINTS
YOU MUST FILE A FORMAL WRITTEN GRIEVANCE (RP-524 form) WITH THE BOARD OF ASSESSMENT REVIEW NO LATER THAN MAY 28, 2019, BY 8 P.M.

The Assessor will be in attendance with the tentative assessment roll Monday through Friday between the hours of 8:30 a.m. to 4:30 p.m. and Wednesday evening, May 15th, 4:30 p.m. to 8 p.m. Saturday, May 18th, 9 a.m. to noon, by appointment only. It is also available to view on the Town of Bethlehem website www.townof-bethlehem.org 24/7 starting May 1st.

The Board of Assessment Review will meet on Tuesday, May 28, 2019, 9 a.m. to noon, and then from 5 p.m. to 8 p.m., to hear and examine all complaints in relation to assessments, on the application of any person believing himself to be aggrieved. Laurie Lambertsen Sole Assessor, Town of Bethlehem D-215011

NOTICE OF LLC FORMATION
SOHO PRESS OFFICES LLC. Arts. of Org. filed with the SSNY on 03/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 380 Riverside Drive, 5J, New York, NY 10025. Purpose: Any lawful purpose. D-212872

NOTICE OF LLC FORMATION
SPIDER REALTY GROUP LLC. Arts. of Org. filed with the SSNY on 04/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8 Beacon Lane, Rye Brook, NY 10573. Purpose: Any lawful purpose. D-214741

NOTICE OF LLC FORMATION
STAR DEVELOPMENT ENTERPRISE LLC. Arts. of Org. filed with the SSNY on 04/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-

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cess to the LLC, 49 Barlow Drive North, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-215123

NOTICE OF LLC FORMATION
STAY MAIN LLC. Arts. of Org. filed with the SSNY on 03/12/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 560 Sylvan Avenue, Suite 2150, Englewood Cliffs, NJ 07632. Purpose: Any lawful purpose. D-212600

NOTICE OF LLC FORMATION
STICK FIGURE ENTERTAINMENT, LLC. Arts. of Org. filed with the SSNY on 03/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 463 West 45th Street, 2nd Floor, New York, NY 10036. Purpose: Any lawful purpose. D-212906

NOTICE OF LLC FORMATION
STICK FIGURE FILMS, LLC. Arts. of Org. filed with the SSNY on 03/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 463 West 45th Street, 2nd Floor, New York, NY 10036. Purpose: Any lawful purpose. D-212908

STATE OF NEW YORK SUPREME COURT COUNTY OF SCHENECTADY SUMMONS
Index No.: 2018-47650
Date Filed: 10/29/18
JOYCE L. MONE, Plaintiff,

-against-
JOHN J. JANKOWSKI, NANCY C. JANKOWSKI, if said above named defendants be living, and if any of said defendants be dead, then any and all other persons who may claim as heirs-at-law, next-of-kin, devisees, distributees, legal representatives, creditors, mortgagees, lienors, assigns and legal representatives of either or both of them, and successors in interest of said heirs at law, next-of-kin, devisees, distributees, legal representatives, creditors, mortgagees, lienors, assigns and legal representatives of them and if any specifically named defendant or any defendants named as a class be dead then their heirs at law, next-of-kin, devisees, grantees, distributees, executors, trustees, administrators, assigns, mortgagees, lienors and successors in interest, and generally all parties having or claiming to have an interest in or lien upon the premises described in the complaint by,

LEGALS

through or under any of said specifically named defendants herein or by, through or under any of the other defendants herein named specifically or as a class, all of whom and whose place of residence are unknown to the plaintiff and cannot after diligent inquiry by ascertained, Defendants.

TO THE ABOVE NAMED DEFENDANT: YOU ARE HEREBY SUMMONED TO serve a notice of appearance on the Plaintiff attorney within twenty (20) days after the service of this summons, exclusive of the day of service (or within thirty (30) days after the service is complete if this summons is not personally delivered to you within the State of New York); and in case of your failure to appear, judgment may be taken against you by default for the relief demanded in the notice set forth below. Dated: October 26, 2018

s/Stefanie DiLallo Bitter Stefanie DiLallo Bitter, Esq. BARTLETT, PONTIFF, STEWART & RHODES, P.C.

Attorney for Plaintiff One Washington Street-Po Box 2168 Glens Falls, NY 12801 (518)792-2117 Plaintiff designates Schenectady County as the place of trial. The basis of venue is the situs of the real property. The real property is located in Schenectady, New York.

To: JOHN J. JANKOWSKI, NANCY C. JANKOWSKI, AND JOHN DOE AND JANE DOE, being fictitious persons named as any persons claiming an interest derived from JOHN J. JANKOWSKI and NANCY C. JANKOWSKI in and to the property which is the subject of this action by deed, inheritance, operation of law, or otherwise.

Relief Requested: In this action the plaintiff seeks a judicial declaration declaring that the plaintiff is the lawful owner and invested with the absolute title in fee simple to the property hereinafter described and that the defendants and all persons claiming under them be forever barred from any and all claims to an estate or interest therein. The property which is the subject of this action is described in a certain deed from Nancy C. Jankowski (formerly Nancy C. Wojnowicz) to John Jankowski and Nancy C. Jankowski dated October 18, 1948 and recorded in the Schenectady County Clerk's Office on the 7th Day of July 1949 in Liber 603 at Page 22. 1014 Strong St., Schenectady, NY D-213182

NOTICE OF LLC FORMATION
SUN & SEA HOLDING, LLC. Arts. of Org. filed with the SSNY on 03/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process

LEGALS

against it may be served. SSNY shall mail copy of process to the LLC, 161 West 54th Street, New York, NY 10019. Purpose: Any lawful purpose. D-212855

NOTICE OF LLC FORMATION
SUNNY ISLES DEVELOPERS LLC. Arts. of Org. filed with the SSNY on 08/28/15. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Claude Castro & Associates, PLLC, 444 Madison Avenue, Suite 500, New York, NY 10022. Purpose: Any lawful purpose. D-214185

NOTICE OF LLC FORMATION
SURE LINE GROUP LLC. Arts. of Org. filed with the SSNY on 04/22/11. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3029 Riverside Dr., Wantagh, NY 11793. Purpose: Any lawful purpose. D-212603

NOTICE OF LLC FORMATION
TARJAN HOLDINGS LLC. Arts. of Org. filed with the SSNY on 04/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 29 West 36th Street, Suite 1100, New York, NY 10018. Purpose: Any lawful purpose. D-214865

NOTICE OF LLC FORMATION
THE GROUP US MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 03/21/19. Latest date to dissolve: 12/31/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Emil Stefkov, 108 7th Avenue South, New York, NY 10014. Purpose: Any lawful purpose. D-213387

NOTICE OF PLLC FORMATION
THE LAW OFFICE OF HARA A. ROBRISH PLLC. Arts. of Org. filed with the SSNY on 04/05/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 305 Broadway, 7th Floor, New York, NY 10007. Purpose: For the practice of the profession of Law. D-215010

NOTICE OF LLC FORMATION
THE NARROWS LLC. Arts. of Org. filed with the SSNY on 04/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-

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cess to the LLC, 49 Barlow Drive North, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-215124

NOTICE OF LLC FORMATION
THERAPY JOURNEY LICENSED MENTAL HEALTH COUNSELOR PLLC. Arts. of Org. filed with the SSNY on 03/27/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o Sanja Medich, 623 West 170th Street, Apartment 3D, New York, NY 10032-3213. Purpose: For the practice of the profession of Mental Health Counseling. D-214577

NOTICE OF LLC FORMATION
THREE CAN BE LLC. Arts. of Org. filed with the SSNY on 04/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35 Beach 87th Street, Rockaway Beach, NY 11693. Purpose: Any lawful purpose. D-215686

NOTICE OF LLC FORMATION
TRCU HOLDING LLC. Arts. of Org. filed with the SSNY on 10/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Morten Tjelum, 148 E 38th Street, No. 4, New York, NY 10016. Purpose: Any lawful purpose. D-212234

NOTICE OF LLC FORMATION
TREBUCHET CAPITAL LLC. Arts. of Org. filed with the SSNY on 10/16/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 West 20th Street, #1102, New York, NY 10011. Purpose: Any lawful purpose. D-213382

NOTICE OF LLC FORMATION
VALLEY DRUGS LLC. Arts. of Org. filed with the SSNY on 03/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 850 Amsterdam Avenue, New York, NY 10025. Purpose: Any lawful purpose. D-214054

NOTICE OF LLC FORMATION
VINELAND AVE LLC. Arts. of Org. filed with the SSNY on 03/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-

To place your Legal Notice: Call 439-4949

LIBRARIES

Library proposes \$4.3M budget

Bethlehem Public Library has a proposed budget of \$4.3 million for the 2019-20 fiscal year. The levy portion of the budget comes in at about \$4 million, an increase of 3.31 percent over last year and within the state-mandated spending cap.

The spending plan allows the library to continue offering and improving the programs, services, materials and community spaces our patrons are looking for. It allocates additional funding for library materials, including e-books and the Library of Things, as well as more of the concerts, expert lecturers and author visits that are in high demand. The budget also takes into account upcoming capital expenses to keep our facility comfortable and safe, as well as expected increases in professional services and property tax refunds.

“The 2019-20 budget represents our commitment to being an important part of the community, today and many years from now, while staying within the state-mandated tax cap,” said library director Geoffrey Kirkpatrick.

A detailed budget chart is available in the May/June issue of the Footnotes newsletter and online at www.bethlehempubliclibrary.org.

Bethlehem Central School District residents will vote on the budget Tuesday, May 21, from 7 a.m.-9 p.m. at Bethlehem Central High School.

Also on the ballot is one full-term, five-year seat. A list of candidates will be available on the library website (www.bethlehempubliclibrary.org).



bethlehempubliclibrary.org) Wednesday, April 24. An informal Meet the Candidates evening will be held at the library Thursday, May 2, at 6 p.m.

Glimmerglass with Friends

The Friends of the Library are once again

sponsoring two trips to Glimmerglass Opera this summer: “La Traviata” on Tuesday, July 30, and “Showboat” Saturday, Aug. 17.

The Glimmerglass trips have been an annual summer tradition for many years, and they are a great way to enjoy an elegant outing while supporting the Friends. Each bus will leave CDTA’s Delaware Avenue park-and-ride lot next to Mercato’s Restaurant at 9:30 a.m. on the day of

the performance. The cost is \$135 for each outing, which includes lunch at the Otesaga Hotel. Your check is your reservation — no refunds unless your seat is sold. For more information, contact Polly Hartman at (518) 439-3291.

Seats fill quickly. You will find a reservation form in the May/June edition of Footnotes and online at www.bethlehempubliclibrary.org.

Join the chat

Coffee and Conversation continues Friday, April 26, with “Win, Place or Show.” A representative from the National Museum of Racing and Hall of Fame will discuss the history of thoroughbred racing as the Kentucky Derby approaches.

Coffee & Conversation programs are free and open to everyone. They begin at 1 p.m. and last about 60

minutes with a coffee and social hour following. The series is co-sponsored by Bethlehem Senior Projects, Inc.

Other upcoming events All events are free and take place at Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

— Kristen Roberts

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cess to the LLC, 50 Osage Lane, Staten Island, NY 10312. Purpose: Any lawful purpose. D-213862

NOTICE OF LLC FORMATION

VIOSLEUTH LLC. Arts. of Org. filed with the SSNY on 04/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Ir-

LEGALS

win Siegel, 130 E 59th Street, 12th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-215125

NOTICE OF PLLC FORMATION

VIVID SMILES DENTAL GROUP PLLC. Arts. of Org. filed with the SSNY on 03/27/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail

LEGALS

copy of process to the PLLC, 34 88th Street, Brooklyn, NY 11209. Purpose: For the practice of the profession of Dentistry. D-213952

NOTICE OF LLC FORMATION

W.E.D. CAPITAL LLC. Arts. of Org. filed with the SSNY on 04/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY

LEGALS

shall mail copy of process to the LLC, 120 East 29th Street, Apartment 6B, New York, NY 10006. Purpose: Any lawful purpose. D-215945

NOTICE OF LLC FORMATION

WALKER TERRACE MM, LLC. Arts. of Org. filed with the SSNY on 03/14/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

LEGALS

SSNY shall mail copy of process to the LLC, 1652 Park Avenue, #LL, New York, NY 10035. Purpose: Any lawful purpose. D-212802

NOTICE OF LLC FORMATION

WEBSTER GARDENS, LLC. Arts. of Org. filed with the SSNY on 03/21/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

LEGALS

SSNY shall mail copy of process to the LLC, 1652 Park Avenue, #LL, New York, NY 10035. Purpose: Any lawful purpose. D-213389

NOTICE OF LLC FORMATION

WIRE F1 BROADWAY, LLC. Arts. of Org. filed with the SSNY on 03/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

LEGALS

SSNY shall mail copy of process to the LLC, 712 Fifth Avenue, New York, NY 10019. Purpose: Any lawful purpose. D-214250

NOTICE OF PLLC FORMATION

WOMEN CARING FOR WOMEN OB/GYN PLLC. Arts. of Org. filed with the SSNY on 04/10/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY

LEGALS

shall mail copy of process to the PLLC, 367 Bay Ridge Parkway, Brooklyn, NY 11209. Purpose: For the practice of the profession of Medicine. D-215245

To place your Legal Notice: Call 439-4949

LIBRARIES

Tween Movie Time on Friday

Kids in grades 4 to 8 are invited to this 1:30 p.m. matinee on Friday, April 26.

“The magical, spine-tingling tale of 10-year-old Lewis, who goes to live with his uncle in a creaky old house with a mysterious tick-tocking heart. Adapted from a children’s classic by John Bellairs” (IMDB).



Rated PG, 105 minutes. Popcorn and snacks will be served. No registration needed.

Screen Free Week

Please be sure to check out our online calendar, or stop by the Library, for

information about Screen Free Week happenings. The Library is partnering with several other community groups to hold events that do not revolve around a smart phone or computer terminal.

To start off the week, drop in at the Elementary Playground, Monday, April 29 from 5:30 to 8 p.m., for a family fun night.

We will be having an evening of outdoor play, storytime, STEM stations from Leiana Hawkins of Springboard Experiences, and a visit from the Emack & Bolio’s Ice Cream Truck. No registration needed.

Pete Seeger

Join us at 3 p.m. on Sunday, May 5 for a very special multi-media lecture

and Q&A to celebrate the centennial birthday of beloved folk legend Pete Seeger!

Noted music writer Jesse Jarnow, author of “Wasn’t That a Time: The Weavers, the Blacklist and the Battle for the American Soul,” presents a program enhanced by photo projections and music.

Featuring the talents of

musician Michael Eck and friends.

Presented in partnership with the Empire State Plaza performing Arts Center.

Register in person, or at 518-765-2791 or at <http://voorheesvillelibrary.org/calendar.asp>.

— Lynn Kohler

From page 1 ... Missed tee time

opening of the nearby 18-hole course, Hidden Meadows; and that the golf course had become too expensive to operate. According to a town memo he provided, the golf course had been seeing lower attendance rates in its final years and it needed around \$100,000 annually to operate it.

Perspective

Patrick Blum, the golf course’s superintendent from 1994 to April 2015, said he was disappointed that it had deteriorated in terms of maintenance and visual aesthetics in its last few years. He said that when he was still employed there, he had taken pride in maintaining the golf course with highly-environmental methods and keeping it aesthetically inviting for visitors, all while trying to keep maintenance costs down.

Examples he offered included using all-natural pesticides 90 percent of the time; having two holding ponds collect runoff and rain water; and planting shrubs and trees throughout the course to enhance its wildlife habitat.

The golf course also originally joined Audubon International — a Troy-based non-profit environmental education organization which collaborates with developments to practice sustainable and environmental management — in 1997 and was first certified in 1998 as an Audubon Cooperative Sanctuary, in recognition of its environmental practices. For his efforts, Blum and the golf course also appeared on numerous publications through the years like “Golf Course Industry,” “Club & Resort Business” and “New York Golf” as well as won dozens of awards.

But when Ezyk became Colonial Acres’ owner and leased it in around 2013, Blum said it began to decline then because of Ezyk’s alleged poor management and how he introduced two individuals to the golf course — Ron Dodson of ISC-Audubon who came in 2014 and his son, Kelly Dodson of Audubon Landscapes Services who came in 2015. Although their separate businesses share the name “Audubon,” they

are different from and not related to Audubon International.

While those two businesses supposedly work with developments to be more sustainable and certify them as environmental properties, Blum said that they did not know how to manage a golf course. “By 2017, Colonial Acres lost half of its greens and in 2018, Dale lost the golf course overall,” he said. “To me, that’s the downfall. It was them not having the knowledge to maintain the golf course.”

Spotlight News reached out to Ron and Kelly Dodson for comment but did not receive any response at the time of this article’s publication.

Because of the two businesses’ introduction to Colonial Acres, the golf course stopped being part of Audubon International in 2015, the same year that Blum was let go by Ezyk. No one was hired to replace him as superintendent afterwards, according to Blum.

Blum added that when the town acknowledged Colonial Acres’ lowering attendance rates since 2008, he was asked by the town to provide some recommendations on how to possibly revive it then and in fall 2018. Suggestions he

gave included having a discounted fee for town residents, lowering the fee down a bit back in 2008, and having a 25-by-25 food shack with a restroom built. Blum said, however, that the town did not listen and also ended up building a 60-by-30 maintenance building which he saw was unnecessarily big.

“This golf course should’ve never gotten to the point it is now and it was an environmental icon,” he said. “I just want people to know the truth and people have been coming up to ask me what happened to the golf course. I just shake my head and it destroys me.”

Ezyk said he had to let Blum go in 2015 because he could not afford to pay him although he recognized his environmental efforts. He also said that in the golf course’s final years, people complained about the \$10 fee to play a round of golf in nine holes which partially caused lower attendance rates.

“The game of golf has been in decline for years and I think it’s finally bottomed out here. I just got to Colonial Acres at an unfortunate time and it showed in how there were fewer rounds played,” he said.

He also explained that the golf course’s budget

limited him from hiring an efficient maintenance company to oversee the course. Instead, he was only able to bring in ISC-Audubon and then Audubon Landscaping Services; he paid the latter \$1,000 weekly to come in three times a week to mow the grass and maintain equipment, and bring fertilizer, insecticide and fungicide. “It costs money and because of the declining rounds, I couldn’t afford to maintain it as much as I wanted,” he said.

He agreed with Blum in acknowledging that Audubon Landscaping Services did not have the best experience in caring for the course’s greens and “in all honesty, you need somebody there everyday. Greens are also very sensitive because you can over- and underwater them. But I never thought they didn’t do a good job and I thought their performance was as good as can be expected. I couldn’t afford a full-time groundskeeper too.” He added that the course lacked running water, a proper food/beverage area and public restrooms — people had to use portable toilets — which he believed added to its demise.

Ezyk said he was sad to see the course close as “it was part of my life for those

six years. I did everything I could to maintain it as much as I could afford to.”

Looking ahead

According to Gallo, the golf course’s fall was mainly related to the declining number of golfers which, in turn, he said could explain why Ezyk could not afford to keep Blum and had to turn to a different source to try maintaining the course.

“My main priority, and the town’s, is keeping it as a beautiful open space and we want to maintain that perspective of sustainability again,” he said, saying that the town had a public meeting in February with Colonial Acres residents and there was a general consensus of keeping it as a park.

He added that the town is planning on “engaging the overall community in a bigger scale” soon to also learn what other town residents would like for the golf course’s future. “It’s never a good feeling to have a recreational venture close down but I’m looking at this as an opportunity,” Gallo concluded. “If we can connect people with the outdoors again, we can at least fill that void, perhaps in a better way.”

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■ POLICE, COURTS, and EMERGENCY CALLS

Aggravated DWI

DELMAR — A 44-year-old Delmar man was taken into custody on an active arrest warrant on Friday, April 12 at 6:35 a.m. on 3 Bradstreet Court.

Brian Edward Bullard was processed without incident at the Bethlehem Police Department and has a scheduled return court appearance on Tuesday, May 7 at 4 p.m.

He was charged with operating a motor vehicle

with a BAC of 0.08 percent or more, driving while intoxicated, an aggravated DWI with a BAC of 0.18 percent or more, failure to use designated lane, and refusal to take a breath test.

First offense DWI

SLINGERLANDS — A 51-year-old Slingerlands man was arrested for DWI on Sunday, April 14, after police got a tip about a potentially intoxicated person driving a white Subaru.

Officers spotted the car on Central Avenue and pulled it over.

Upon reaching the driver's side, officers noticed Sean O'Connell had watery eyes and emanated an odor of alcohol.

He failed field sobriety tests and was charged with first offense DWI as well as the infractions of following too close, refusing to take a breath test and drinking alcohol while in a motor vehicle on the highway.

Arrest warrant

GLENMONT — A 57-year-old Albany man was taken into custody on Tuesday, April 2 at 5:30 p.m. by Bethlehem police on several felony charges related to larceny and identity theft, due to an active arrest warrant relating to a Glenmont Walmart incident on Thursday, January 31 at 3 p.m.

Terrence A. Boston was then transported by the

Albany County Sheriff's Department from the Albany County jail to BPD.

He was processed and arraigned before Judge Ryan Donovan.

He was remanded back to the Albany County jail by the Albany County Sheriff's Department due to having 10 previous

felony convictions with no bail.

Boston was charged with a grand larceny felony, a criminal possession of stolen property felony, two identity theft felonies, and a petit larceny misdemeanor. He has a scheduled return court date appearance on Tuesday, May 7.

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April 24, 2019

Spotlight
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2019



Spotlight On Business 2019

Finding lost treasures

Story's Nursery offers plants of the past and present

By **ROB JONAS**
news@spotlightnews.com

FREEHOLD — Do you remember cosmos flowers? Did you know there are more than three kinds of pepper plants? Are you aware there are at least six varieties of blueberries that can be grown?

If you answered yes to any of these questions, then you may be as much of a horticultural expert as the staff at Story's Nursery in Freehold.

Story's Nursery offers much more than the standard array of trees, shrubs, plants and vegetables that are sold in standard garden centers. They sell species of plants and trees that are difficult

to find elsewhere, such as kiwi vines and paw paw.

"What draws people here is the selection," said owner Rachael Ashley. "They don't find just three varieties of peppers here. Some of them are old-fashioned types of plants that are not sold in other places anymore."

Besides the large selection of trees, flowers, vegetables and plants, Story's Nursery sells goods made by their northern Catskills neighbors, such as locally-sourced maple syrup, honey, seasonal jewelry and more.

"It's to support our local community," said Ashley. "They bring their goods to us, and we sell them on consignment."

Additionally, Story's Nursery has a gift center for people who have gardeners and artisans in their lives. People can purchase wind chimes, walking sticks,

gazing balls and other garden accessories to add character to people's property.

With so much selection at its 35-acre property, Story's Nursery offers knowledgeable staffers who can help customers navigate the different types of trees and plants to find the right ones for them, as well as offer tips on where to plant them, how much water and sunlight they need, and when to expect them to reach their peak.

Story's Nursery is located at 4265 Route 67 in Freehold. The nursery is open from 8 a.m. to 5 p.m. Monday through Saturday, and 9 a.m. to 4 p.m. Sunday. For more information, call 518-634-7754 or visit www.storystnursery.com.

Comprehensive dental care

Dr. Abele, a pioneer in dental sciences

DELMAR — "Building an oral health home for families where comprehensive, top-of-the-line dental services were easily accessible was my goal," said Dr. Thomas Abele, who, since 1969, has been a pioneer and leader in the dental sciences. "With the support of a talented and dedicated staff, I hope I have achieved that."

By offering a total spectrum of care for all ages, Abele eliminates the need for patients to move from doctor to doctor to achieve optimal oral health, comfort and beauty. Early on, he spent the additional hours of training to become qualified in dental implant technology and root canal

therapy. His reinvestment in his practice ensures that patients are offered the latest in minimally invasive approaches, digital imaging, laser power and sedation dentistry.

"Dental medicine, most pointedly when encompassing cosmetic dentistry, is definitely an art," said Abele. "Every aesthetic aspect of a patient's face must be taken into consideration when addressing reconstructive procedures, whether in the application of veneers and crowns or restorations with implants."

Because Abele works closely with the technicians of his on-site dental lab, issues such as tooth color and shape are seamlessly addressed. His deep experience in placing dental implants, including the latest in genetically coated bone grafting,

when required, and beautifully designed tooth restorations is renowned.

Citing the importance of patient education, Abele said, "Although I personally feel responsible for my patients' oral health, they have to 'buy in.' That requires helping them understand why compliance with good oral health habits, including attention to their gums, can make them healthier and happier. I enjoy taking the time needed to answer questions and provide ongoing support."

"As much as I have always enjoyed the research and ongoing education that dental medicine requires in order to stay at the top of the game," said Abele, "I most enjoy the results I see in my much valued patients. They are the ones who make me look good."

— Dr. Thomas Abele



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Spotlight On Business 2019

Outsource your home cooked meals

By **DIEGO CAGARA**
cagarad@spotlightnews.com

DELMAR — Sustainable Table owner Annie Bronchetti wants to help you answer the question “What’s for dinner?”

“As a personal chef, I’ll come to your house once a week, cook all day and stock your refrigerator or freezer with delicious, healthy meals for the week, with instructions on how to best enjoy them,” said Bronchetti, whose business mainly serves residents within 25 miles of Delmar. “I’ll bring my own equipment and basic ingredients to your home, and I’ll also clean the workspace before leaving. What could be easier?” Bronchetti will also do the

grocery shopping — the client would leave a deposit in advance for this — at local grocers and farmers markets where the foods are well-sourced before arriving at the client’s home to make, store and label the freshly cooked meals.

Recognizing a need in the community for locally sourced and convenient home cooked meals, Bronchetti started Sustainable Table Personal Chef Service in January. She typically begins the service by having a preliminary meeting with her client at their home to learn what types of foods they prefer, discuss any food allergies or health issues, and get an understanding of the client’s goals and

expectations in engaging a personal chef. The client could also choose dinner options from her sample menu while allowing Bronchetti to get familiar with the client’s kitchen.

Along with the food’s warming instructions, Bronchetti provides her “Taste of the Neighborhood” newsletter, which features information about local farmers and food artisans as well as some unique community events. “I want to leave my client with a bit more than tasty local food. A meal is meant to be enjoyed with friends and loved ones around the table. I want to take that step further and encourage folks to gather and enjoy community events as well,” she said. “Keeping people connected

“As a working person with a family, I know first-hand that life can be busy, and schedules can be full. Planning dinner may be the last thing on a long ‘to do’ list,” she said. “I’d like to help make dinner at home something to look forward to, rather than something to stress about.”

— Annie Bronchetti,
owner of Sustainable Table

with what’s going on in the area helps them to be part of their community. If there’s a neighborhood street fair, berry picking at a local farm, or a how-to gardening class, I want my clients to know about it.”

Her business stemmed from a menu planning project she did while studying part-time at SUNY Schenectady. She enrolled in the university’s culinary program and became intrigued with the idea of becoming a personal chef for individual clients

“because I wanted the opportunity to get to know and cater to my client’s, which is something you can’t do in a restaurant where you’re not face-to-face with your customers.” The project also required her to plan out a menu for her dream restaurant, and decide the menu’s layout and logo; she eventually envisioned a farm-to-table restaurant called Sustainable Table.

Bronchetti acknowledged that people lead busy lives and don’t

necessarily have enough time to prepare good food for themselves upon getting home. “As a working person with a family, I know first-hand that life can be busy, and schedules can be full. Planning dinner may be the last thing on a long ‘to do’ list,” she said. “I’d like to help make dinner at home something to look forward to, rather than something to stress about.”

For more information, visit www.sustainabletable518.com.

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Spotlight On Business 2019

Everyone in the (Namco) Pool!



Namco is a one-stop shop for pools, hot tubs and patio accessories

We welcome the warm weather, and we're glad you're dipping your toes in the pool with us.

It's almost time for summer to begin. Whatever backyard adventures you and your family embark on during the relaxing warm months, Namco Pools is the place to help make your dream oasis come true.

If you've never purchased a pool, hot tub, patio furniture or equipment at Namco before, here are a few things we'd like you to know about us.

Namco's commitment begins with our passion for outdoor living products and services -- and for bringing them to you. Our priority is to help you create the backyard adventures and oasis of your dreams and to bring them home to you. From a child's very first swim, a summer of "deep sea treasure hunts," afternoon barbecues and family giggles, to relaxing away a long day in the hot tub and weekend and holiday gatherings on the patio, your most memorable backyard adventures await at Namco Pool.

Namco's customer interactions are always positive, and create experiences that exceed expectations: our sales staff is knowledgeable and friendly, and our service staff can answer any questions or issues you might have about your equipment.

We believe little things make a big difference and our value is rooted in a comprehensive approach:

- Every Namco teammate is invested in Complete Customer Happiness.
- We provide quality products from reputable brands.



- We achieve customer service excellence through prompt and thorough response, resolution, and through trend analysis.

- Our expertise is laser-focused on customer interests and curiosity.

- We have the ability to constantly adapt to our customers' changing needs.

In 2017, after more than 50 years in business, the previous owners of Namco closed their doors. But Namco was reborn and re-established in 2018 under new management, comprised of a passionate group of pool, outdoor living, and retail entrepreneurs committed to the vision of complete customer happiness. They joined forces, recognizing the tremendous history and opportunity to reinvent Namco in the Northeast. They also know that focusing on customer experience and fanatical devotion to all the little things make a big difference in creating your ultimate backyard paradise.

Your trust in Namco allows us to expand our offerings beyond swimming pools and supplies, and with a selection of patio and outdoor furniture, Namco Pools features 16 stores across New

York, Connecticut, New Hampshire, Massachusetts and Maine. And we are the largest retailer of above ground pools, spas and patio furniture in the Northeastern United States.

Namco Pools provides customers with the enjoyment of a luxurious family escape just outside the back door of their own home, through quality, affordable outdoor products. We offer the largest variety of outdoor leisure products, all backed by the best warranties. And, for peace of mind, we have a dedicated and experienced sales and service staff for your convenience.

We look forward to building our relationships with customers and working to deliver Complete Customer Happiness.

And, we can't wait to see you this season at any Namco location, where you can take a look at the latest pools, hot tubs, patio furniture, and accessories.



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NamcoPool.com/spotlight



Spotlight On Business 2019

A different kind of dentist

Drs. Herzog and Primomo combine tradition with technology

By **ROB JONAS**
news@spotlightnews.com

ALBANY — Few dental practices offer the combination of tradition and technology that Dr. Robert Herzog and Dr. Tricia Primomo offer at their Albany practice. Their office has been in the same Delaware Avenue neighborhood for 65 years. Tricia Primomo is a third-generation dentist, following in the footsteps of her uncle, Bill Primomo; her grandfather, Gene Primomo; and her great uncle, Peter Primomo. Herzog has been recognized numerous times by his peers

throughout his career as one of the top dentists in the country. At the same time, Herzog has constantly sought out new technology and new certifications. His office has a three-dimensional dental xray machine to give him a more thorough picture of a patient's mouth for dental procedures. There is a dual wavelength laser that allows him to do soft- and hard-tissue work without the need for using a drill and anesthesia. Herzog has been certified in ozone therapy and naturopathic dentistry, and he is accredited by the International Association of Oral Medicine and Toxicology to safely remove mercury-based fillings. "We're a modern dental office with traditional values," said Herzog.

This blend of the old and the new allows Herzog to look beyond the surface to see a fuller picture of his patients. "I have the unique ability to look at the mouth and see a connection to the systemic challenges a body can face," said Herzog. "I'm going to ask about their diet and discuss nutrition, and investigate with their physician about their auto immune issue." Dr. Herzog and Dr. Primomo's practice is located at 651 Delaware Avenue. The office is open Monday through Friday from 8 a.m. to 4:30 p.m. New patients can visit www.651dental.com to download and fill out their patient information forms in advance. To set up an appointment, call 518-427-2447.

Learning with Herzog Law

Debunking the myths surrounding long-term care

Through the miracles of modern science and health care advancements, people on average are living longer than ever before. According to Herzog Law Firm, P.C. attorney David Kubikian, "Longer doesn't mean better."

The vast majority of people will experience long term care needs in their life time based on recent studies. At Herzog Law Firm, the goal is to educate clients and help them deal with the questions that come with long term care realities that people face.

"We always want our clients to consider questions like, when I

have long term care needs, where will I get them," Kubikian said. "Who will provide the care? And most importantly, how will I pay for it?"

Herzog Law Firm P.C. provides the public with free estate and Medicaid planning seminars which not only educate prospective clients, but provide them with a pathway to answering those long term care questions. The seminars take place throughout the Capital District.

"There is a great deal of misinformation when it comes to long term care and how to pay for it," Kubikian said. "Most people think that they need to give up control of their assets in order to eventually qualify for Medicaid to pay for their long term care needs. Others think that their only option is

to liquidate and lose all of their assets when they have long term care needs.

"The reality is that they are both wrong," he continued. "With trusts that the client still maintains control over or through the use of Community Medicaid, which can provide clients with valuable long term care in the comfort of their own home, we can turn the proverbial long term care lemon into lemonade."

Asked what the most important message Herzog Law Firm has for the public, Kubikian said, "Whether it is five years or five days before a long term care need exists, we can still help you and your family in some way."

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Spotlight On **Business** 2019

NBT Rated #1 in NYS on Forbes List of World's Best Banks

ALBANY — NBT Bank was rated the #1 bank in New York State on Forbes 2019 World's Best Banks list released earlier this month (www.forbes.com/worlds-best-banks). This is the first time Forbes has recognized the World's Best Banks based solely on consumer feedback.

"This is affirmation that the best team in community banking continues to provide our customers a great experience," said NBT Bank President and CEO John H. Watt, Jr. "NBT Bank has consistently appeared on local, regional and national 'Best Banks' lists, including 2018 recognitions by Consumer Reports as the top bank in New York and by MONEY Magazine as the best bank in New England. Our entire team of 1,900 employees is incredibly proud."

NBT ranked #14 overall in the United States on the 2019 World's Best Banks list, and is the top-ranked bank in Vermont, New Hampshire, Maine and Northeastern Pennsylvania.

Forbes surveyed more than 40,000 customers around the globe for opinions on their banking relationships. The banks were rated on overall recommendation and satisfaction, as well as trust,

terms and conditions, customer services, digital services and financial advice.

Beyond customers' evaluation of the basic products, services, terms and conditions, some of the interesting factors that influenced customers opinions and preferences in these surveys include the types and availability of digital services, the quality of financial advice, trust in the bank, and their relationships with bank employees.

"This is certainly indicative of the growing trend we've seen across our footprint of customers wanting more self-service options, a more convenient one-stop shop, and more a conversational environment for financial discussions," said NBT Bank Regional President David Krupski. "We offer all the products, services and resources of a larger bank, while still maintaining personal relationships and local involvement as a true community bank."

NBT Bank has completed several "modern digital" branch renovations across its six-state footprint—including its Wolf Road branch in Albany—and they have received positive feedback from both customers and employees.

"This is affirmation that the best team in community banking continues to provide our customers a great experience."

— John H. Watt, Jr.,
NBT Bank
President and CEO

NBT Bank offers personal banking, business banking and wealth management services from locations in six states, including New York, Pennsylvania, Vermont, Massachusetts, New Hampshire and Maine. The bank and its parent company, NBT Bancorp, are headquartered in Norwich, NY. NBT Bancorp had assets of \$9.6 billion as of December 31, 2018 and is traded on the Nasdaq Global Select Market under the symbol NBTB. More information about NBT is available online at www.nbtbank.com. Member FDIC.



Getting recognized by
Forbes
isn't easy.



Switching to better banking is.

At NBT Bank, we've always placed our customers first. Now, we want to thank them for placing us first! We are proud to announce our inclusion in Forbes' "2019 World's Best Banks" Survey, where we ranked top in the following categories:



Honesty

Our bank is competent, keeps its word and delivers on its promises.



Reliability

Our fees are transparent, credit rates are reasonable and ATMs are widely available.



Customer Experience

Our employees are friendly and problems are resolved to customers' satisfaction.



Online Experience

Our website, online banking and mobile app are easy to use.



Financial Guidance

Our bank advisors are knowledgeable and documents offered are helpful.

We make it easy to bank with us! Contact your local branch manager or visit nbtbank.com today.



Derek Bryden
Branch Manager
703 Troy-Schenectady Road
Latham, NY
518.783.4725
dbryden@nbtbank.com



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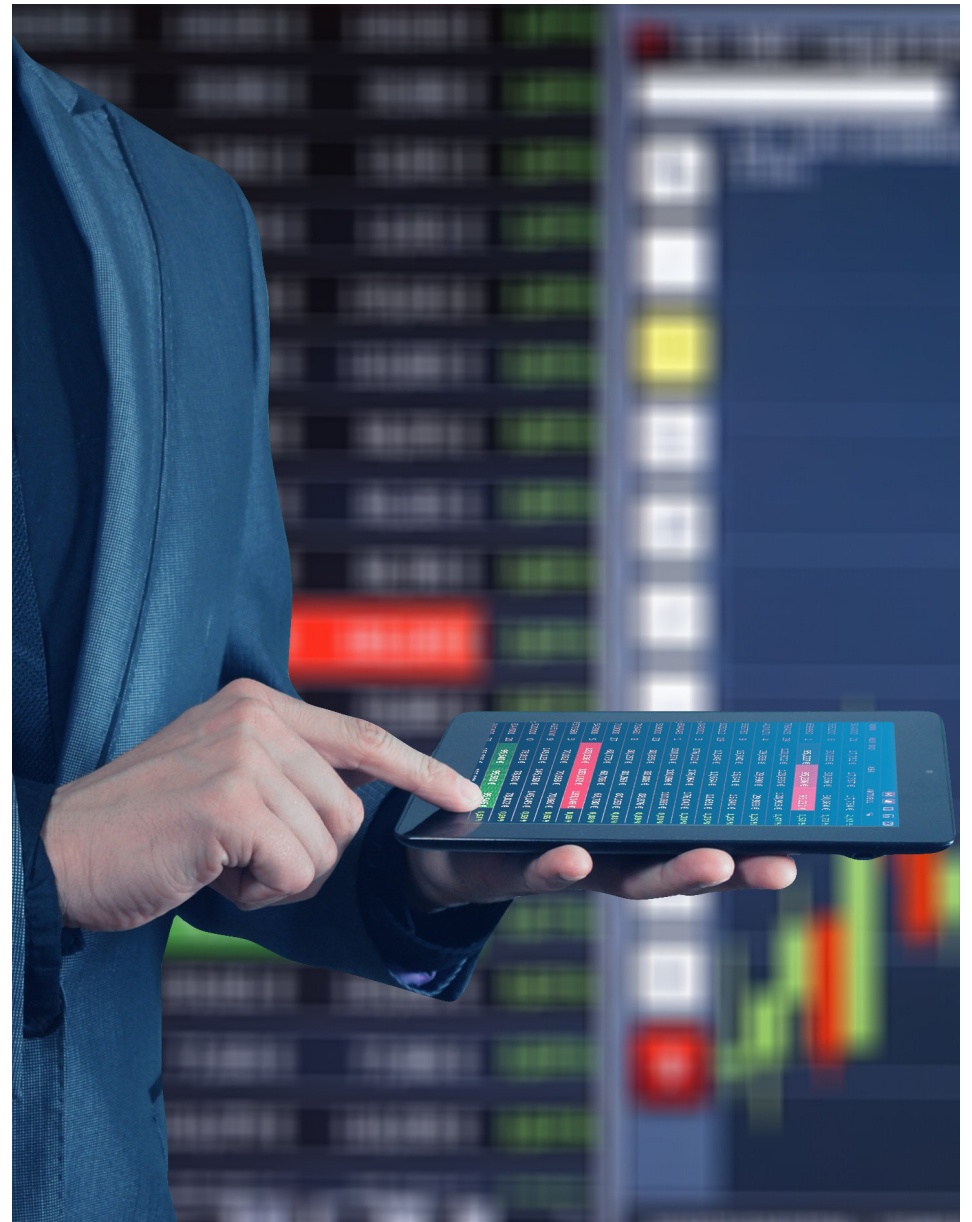
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What's a business plan?

Business plans are helpful for entrepreneurs

Businesses large and small can benefit from drafting business plans before beginning operations. A business plan is a description of a business' projected future, and this document will spell out exactly what a business owner plans to do and how he or she will put that plan in motion.

Forbes says that entrepreneurs can benefit from business plans because the process of developing them will help business owners understand which type of business he or she would like to create and the type and amount of funding and other resources that will be needed to get the business functioning. Although business plans

may be optional, one instance in which they are often required is when entrepreneurs are seeking funding. That's because lenders often require business plans to weigh the risks and benefits of investing in a potential business.

Entrepreneurs can use templates to draft business plans and then fill in specific details. Here are some components to include in the plan.

- **Executive summary:** This is a synopsis of the entire plan with all of the essentials briefly discussed. Include the reasons why the business will be successful.

- **Business description:** In this section, entrepreneurs can provide a profile of the company. Information can include location, size, planned operations, and the target market.

- **Industry analysis:**

Here business owners discuss the market in which the business will be competing, including how large the market is and whether or not there are any trends affecting this type of endeavor.

- **Marketing, products and sales:** In this portion of the plan, owners mention the products or services being offered. Strategies for branding, marketing and how the product/services will be sold also are included.

- **Operations:** The operations portion of the plan will detail the processes the business needs to address on a daily basis to be successful.

- **The team:** In the business plan, entrepreneurs should also identify the personnel who will be helping to run the company, including why these people are qualified for the job.

Spotlight On Business 2019

Big Bang gala will serve to remember

Museum will remember Jane Golub's support at annual gala

SCHENECTADY — This year's Big Bang at miSci, the 12th annual Gala and its largest fundraiser, will still allow patrons to have fun and discover all the museum has to offer, but it will also be a time to remember one of its foremost supporters, Jane Golub, who died on Tuesday, April 15 at the age of 80.

"As a trustee and an honorary chair of the Big Bang Gala for more than a decade, coupled with the more than \$2.5 million in donations from she and Neil in support of miSci exhibits, programs, and facilities, Jane's contributions are the most significant in the museum's 85-year history," wrote miSci President Gina C. Gould to museum constituents. "We will remember not just the titan Jane Golub was as a teacher,

businesswoman, philanthropist, and community leader, but also as 'Ms. Jane,' who always came to miSci with her sharp mind, quick wit, twinkle in her eye, smile on her face, and endless sense of humor."

Without Golub's support, Gould said in the letter, there is little doubt the museum would have closed years ago. Now, it is thriving thanks, in part, to the Big Bang Gala Golub was so critical in establishing as one of the "must-attend" networking events of Capital District business and non-profit leaders, politicians and community activists.

But, one rule Golub put in place right from the start still stands today: "We don't want another black tie event." Rather, said Carmel Patrick, miSci Vice President of Development, those who attend can check out the museum and all it has to offer, as if in the shoes of children visiting for the first time.

"We offer interactive activities throughout the museum, planetarium shows and Challenger Learning Center tours so guests can experience what the museum has to offer," she said, adding there will also be live music. "In 2007, when we first started, we really wanted to make sure we did something big right out of the gate so we called it 'Dancing Under the Stars.' Over the years, it evolved into the 'Big Bang,' and this year we are celebrating the 50th anniversary of the Apollo II lunar landing."

One the highlights is a silent auction, which this year will feature prizes like two pair of tickets to Friehofer's Saratoga Jazz Festival, tickets to a Saturday afternoon Red Sox and Yankees game at Boston's Fenway Park and tickets to "Hamilton" at Proctors.

Mazzone Hospitality caters the food, and they always put a fun theme on its servings, said Patrick. This year, for example,



people can enjoy desserts like "Rocket Fuel Cup cakes" after their gourmet meal.

For the second consecutive year, the event is co-chaired by Dana Donohue and Karen Zalewski-Wildzunas.

Tickets are \$125 per person and all proceeds will help support miSci programs and exhibits. For ticket information visit misci.org/events/gala or call 518-382-7890 for more information

The museum is located at 15 Nott Terrace Heights in Schenectady.

Families come together at miSci to have fun while learning new aspects of science.

miSci / instagram

The BIG BANG at miSci

2019

Dana Donohue
Co-Chairperson

Karen Zalewski-Wildzunas
Co-Chairperson

Jane N. Golub
Honorary Chairperson

APOLLO 50 NEXT GIANT LEAP

LUNAR LANDING CELEBRATION

Celebrating the 50th anniversary of Apollo 11 with an evening of fine food, live music, networking, auction and interactive activities!

Friday, May 3, 2019
6pm - 9pm

TICKETS
online @ miSci.org

15 Nott Terrace Heights
in Schenectady

Spotlight On Business 2019

Always part of the community

Adams Station offers a host of amenities

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

DELMAR — Adams Station Apartments has set itself as “a world apart” for nearly 30 years, but not apart from the world, as it maintains a strong sense of community.

A turn down the tree-lined road of Juniper Drive allows a peek beyond the veil that hides this unique neighborhood from bustling town life. The complex is comprised of 282 units spread out over 55 acres. It all revolves around a two-story clubhouse at the heart of the complex.

The clubhouse has been ideal for residents to use for gatherings, parties and the everyday getaway for

those suffering from cabin fever this time of year, said Samantha Raynor, director of leasing and marketing. It’s also a place for organizations such as the Girl Scouts and Toastmasters to congregate. And, now, it’s getting a fresh coat of paint, sort of speak.

Raynor said the furniture is ordered, and plans are set in motion for a grand re-opening of the clubhouse for later this year. The Spinney Group has also hired a new social coordinator to organize community events for residents inside the clubhouse.

It’s a similar community

model shared amongst all of The Spinney Group properties. The clubhouse develops into “the epicenter” of neighborhood activity. In 2019, Raynor said she plans to schedule events and book organizations to meet at the clubhouse as a



means of drawing residents together.

Many of the living areas look out onto a thicket of woods. That rustic touch allows residents to maintain a sense of privacy while at home. Adams Station Apartments was

designed to make one feel at home in a special place. The apartments have been given extra touches such as breakfast nooks, window seats, vaulted ceilings, and private patios and balconies. Featuring a number of amenities including a swimming pool, community garden, fitness club membership and two tennis courts.

Adams Station Apartments offers a pet-friendly environment, and accommodates family life, too. The complex resides within the acclaimed Bethlehem Central School District. Eagle Elementary is a five-minute bike ride away from home, as is Bethlehem Central High School. The district’s middle school, for

grades six through eight, is just 10 minutes away on two wheels.

Adams Station Apartments’ wooded setting features attractive two-story construction with one and two-bedroom floor plans offering amenities that include central air, cable and wireless internet, a clubhouse, swimming pool, sauna, community gardens, tennis courts and 24-hour maintenance.

“It’s kind of a worry-free environment when people come to live with us,” said Raynor, adding that the 24-hour maintenance crew not only handles snow removal but can also step in if the power goes out, or the pipes freeze. “I think that’s a huge draw, especially in a winter with two, back-to-

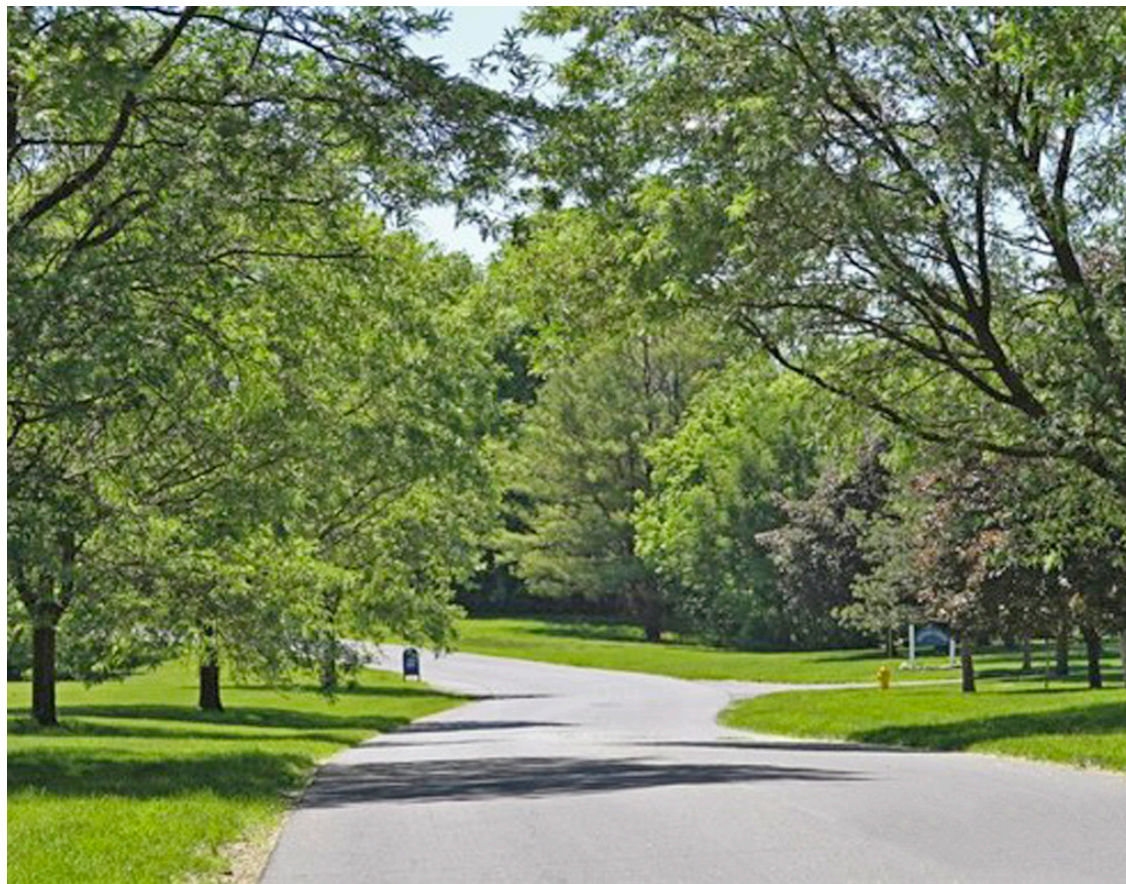
“It’s kind of a worry-free environment when people come to live with us.”

— **Samantha Raynor**,
director of leasing
and marketing at
Adams Station

back storms.”

The Spinney Group management team provides an online tenant portal that allows residents to pay rent over the internet, or set up an automatic payment schedule.

To learn more about Adams Station Apartments, and to inquire about vacancies, visit adamsstation.com or call 518-439-8857.



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Spotlight On Business 2019

Visit the Medi-Spa

Q&A with Virginia Giugliano, M.D., Owner, Amazingly Ageless Medi-Spa

What is a medi spa?

A medical spa, is a place where you receive treatments to counteract the signs of aging and improve your quality of life. Some of our most popular treatments include facial rejuvenation, body contouring, facials, medical grade peels, and hormone therapy. What sets our med spa apart is that these services are provided by a physician or with physician oversight. They are non-invasive, with minimal downtime, meaning you can go back to work the same day. In addition to skin concerns, we also address feminine revitalization services to treat vaginal dryness, laxity,

and urinary incontinence.

How do I know if I am a candidate for these services?

Everyone is a candidate for Age-Defying services! We provide bioidentical hormone therapy from the teen years through mature aged men and women. Whether you're looking to feel your personal best with weight loss and body contouring, enhance your natural beauty, or simply desire to relax and treat yourself, Amazingly Ageless Medi-Spa is here to help you look and feel your best!

About Dr. Giugliano

Dr. Giugliano completed her undergraduate studies at Union College. From there, she obtained her Medical Doctorate at Albany Medical College. She went on to complete her specialty training in Obstetrics and

Gynecology at the Albany Medical Center Hospital. In 1997, she co-founded Albany IVF along with her late husband, Dr. Peter Horvath. One year later, Dr. Giugliano became board certified and a Fellow of the American College of Obstetricians and Gynecologists. Throughout her medical career, Dr. Giugliano has assisted countless women adjust to hormonal changes that begin during the teenage years and continue through pregnancy, post-partum, and menopause. She prides herself on providing attentive, individualized care, focusing on each patient's personal concerns. With a unique combination of traditional medicine and a holistic approach to wellness, she and her dedicated staff at Amazingly Ageless Medi-Spa can help with a broad range of issues for men and women alike.

A future in science starts at Doane Stuart

ALBANY — Can you imagine working to find a cure for cancer while you're in high school?

Members of our senior class are experimenting on MCF7 breast cancer cells here at Doane Stuart.

Dr. Martin Tenniswood, from the University at Albany's Cancer Research Center, donated the cells to Dr. David Wells, one of our Upper School science instructors. Dr. Wells was previously an Associate Professor at Yale University in the Department of Molecular, Cellular and Developmental Biology. He currently teaches Advanced Biology, Cell Biology, Molecular Psychology, and Bioethics.

Doane Stuart seniors

Doane Stuart seniors performed a cell culture experiment, treating the cells with Omega 3 fatty acids to see how that affected cell division in these cancer cells.

performed a cell culture experiment, treating the cells with Omega 3 fatty acids to see how that affected cell division in these cancer cells.

The Omega 3 fatty acids used (DHA and

EPA) are found mainly in fish and are essential fatty acids in that the body can't produce them. After treatment, the students observed the treated cells and compared them to the un-treated cells under a microscope to see if there was any change in cell growth.

Results showed that the Omega 3 fatty acids indeed slowed down the growth of the breast cancer cells, but did not appear to kill the cancer cells. This experiment provided an opportunity for our students to gain experience in lab research and open doors to potential careers in medicine, biotechnology and biology.

— Briana Ramgeet

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Spotlight On Business 2019

The right stuff

H.U.R.B. Landscaping Greenwood Farms develop quality mulch, topsoil, flowers and compost

ALBANY — Born out of necessity when the products were not easily accessible for his business' projects, H.U.R.B. Landscaping founder Ulderich 'UB' Boisvert developed his own.

Today, UB's topsoil, mulch and compost can be purchased at H.U.R.B. Landscaping's Greenwood Farms on Albany Street in the western end of Colonie — a store founded by UB and his wife, Rachel Boisvert.

"We started making our own mulches, topsoil and compost because quality products are hard

to find," said Rachel. "We started selling them retail about 10 years ago."

Rachel said the mulch is made mainly of soft woods, unlike other products that incorporate pallets and other yard waste.

"Our topsoil is blended with compost and sandy loam, so it's good for growing grass, vegetables, flowers — pretty much everything," said Rachel.

Mulch and topsoil are only some of the products offered by Greenwood Farms. The store also sells crushed and washed stone for landscaping projects, annual flowers and hanging baskets, and farm fresh eggs.

"We've had chickens for about five years, now our kids take care of them as part of their chores; it's not unusual to see both of our kids helping out around the farm," said

Rachel.

H.U.R.B. Landscaping is going strong in its 37th year of operation, too. UB works with homeowners and developers on residential and commercial projects.

"If you need a redesign of your front yard, for example, we would come out and discuss design options, tear out the existing landscaping and create new landscaping," said Rachel.

Still, the Boisverts see Greenwood Farms becoming a larger part of their family business.

Greenwood Farms is open from 8 a.m. to 4:30 p.m. Monday through Friday, and 9 a.m. to 3 p.m. Saturday. For more information about store products, delivery services or to discuss landscaping projects, call 518-464-5030 or visit hurblandscaping.com.

Decade of green styling

Purity Hair Design uses environmentally-safe products

VOORHEESVILLE — Ten years ago, Amanda Scalzo created a different type of hair salon in town.

Purity Hair Design uses environmentally-safe products and recycles most of its waste to produce a low carbon footprint. The salon on South Main Street in the heart of the Albany County village is a certified member of Green Circle Salons.

"What's great about this salon is we carry Aveda products," said Scalzo. "Their products are 98 percent naturally derived. They don't test on animals. Everything is made in the USA."

Scalzo said besides

being environmentally conscious, Aveda creates products that deliver results. For example, their line of hair color products provide good overall coverage.

Continuity is another key aspect of Purity Hair



Design. The staff of five stylists have been together for several years, which bucks the industry trend of high turnover rates.

"I have a really great team, and they've been with me for a really long time," said Scalzo. "I think the least amount of time has been three years, and some of them have been with me for eight years."

Scalzo and her staff strive to create an environment within the store that is professional and welcoming to their customers.

"We wanted the salon to be nice and very comfortable," said Scalzo. "We have a 99 percent customer retention rate."

Purity Hair Design works with women, men and children. It offers hair therapy treatments, hair coloring services, hair extensions, makeup services and waxing, along with its tradition cut and styling services.

Purity Hair Design is open from 10 a.m. to 8 p.m. Tuesday through Thursday, 10 a.m. to 6 p.m. Friday, and 9 a.m. to 5 p.m. Saturday. To schedule an appointment, call 518-765-7655 or visit www.purityhairdesign.com.

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Spotlight On Business 2019

World Class Gymnastics is premier destination

Flexible in stature and schedules

LATHAM — No matter what sport you play, gymnastics can provide the foundation. Flexibility, coordination and education are the cornerstones of a successful athletic, and even academic, life. World Class Gymnastics is able to give you all of this.

The two facilities, located in Latham and Clifton Park, are chock-full of coaches who are USA Gymnastics certified. The staff spends a significant amount of time researching new skills and developments to be the most up-to-date it can be. These same people are the driving force behind the record number of athletes who went to

national championships. Six of WCGA's students competed this year — not only is this a record for WCGA, this is a record for gymnastics in the area.

“We offer classes for all ages and anyone who wants to join,” marketing manager Jan Zoller said. While not anyone can walk in and be part of the competition teams, “we can accommodate almost any schedule and offer classes for anyone who is interested.” This includes those who have no previous experience.

Classes are offered seven days a week, with some being offered as many as three to four times a day. Classes geared toward younger children are not just gymnastics; they're learning while they exercise. The preschool curriculum



incorporates colors, shapes, sequencing and many other K-readiness skills. Parents have told Zoller their young children are ahead of their peers because of the lessons they learned in class. High school athletes are often seen in the facilities too. WCGA offers tumbling classes that focus exclusively on floor and trampoline exercises which many cheerleaders take advantage of. Adults are not excluded either with multiple adult only class offerings! The facility offers an impressive 8-week curriculum that progresses each session throughout the year keeping both young and old coming back for more.

World Class offers several programs during the summer for your inner athlete. Summer camp is run for the full

10-week summer session. Registration is offered by the week and children can sign up for half days, full days and even single days!

“The summer camp registration system is valuable for those who want to try the program without too much commitment in the beginning,” Zoller said. The commitment factor usually comes into play quickly, as Zoller said most students who sign up for one or two days end up committing for a week or even more.

In addition, WCGA offers family discounts for siblings and multi-week registrations. With so many options, WCGA is bound to have a program that fits your needs!

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CAMPS during school breaks & summer

DISCOUNTS for siblings & multiple classes | **EASY** online registration or call for details

Latham & Clifton Park | 518.785.3481 | worldclassgymnastics.com



Spotlight On Business 2019



Not just a leap of faith

Factors to consider before starting a business

Owning a business is a goal for many professionals. Being self-employed and having final say over business decisions can give people a sense of satisfaction and professional accomplishment.

The small business landscape continues to evolve and expand. The Small Business Administration says that more than 50 percent of the working population is employed in a small business. There are almost 30 million small businesses in the United States, with roughly 540,000 new start-ups each month.

While owning a small business can be rewarding, it's important that prospective business owners recognize that only around one-quarter of such businesses survive 15 years or more.

Taking heed of certain factors and educating themselves about entrepreneurship can help prospective small business owners prepare for and overcome some of the ups and downs of owning their own business.

- Explore the nature of the business and if there is room in the industry/market for something of its type. Is industry oversaturated? Is there a need for this product or service?

- Understand who might be your target customer. Identify the people who will be drawn to your

product or service, even if it is a small, niche market.

- Identify the best possible locations for the business. This is true whether the business will be brick and mortar or strictly an online business. Explore ways to position the company so it will attract as many potential customers as possible.

- Conduct an analysis of potential competitors to get an idea of the strategies they are employing. It also is helpful to know the other people providing similar products and services so you'll understand what is necessary to set your business apart.

- Devise a plan for funding and establish a budget. You will need to properly identify your sources of capital to get the business up and running. If you are not good with

numbers, establish who will help you with bookkeeping and accounting to ensure the business stays on track.

- No business is complete without an effective business plan. A plan puts all thoughts on paper and provides direction. Such plans spell out which steps you will take and when you will take them.

- Assess your expertise in the field. If this is something new to you, consider an apprenticeship or continuing education to obtain the skills necessary to help your business thrive.

Starting a new business can be an exciting venture. However, it should not begin without forethought and research.

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Spotlight On Business 2019

Creating a space you, your wallet will love

LATHAM — Keri Rossback has been a part of the GNH Lumber team for 15 years. Her extensive design experience allows her to create spaces that are as functional and efficient as they are beautiful. Above all, she enjoys making your design dreams a reality.

Kitchen Designers as Problem Solvers

When you embark on a kitchen design with Keri, you quickly discover that she's a seasoned guide leading you through the difficult terrain of options, choices and considerations. You have a vision in mind, and her job is to get you there as efficiently as possible.

Keri understands that designers are creative



problem solvers. Her first task is to gather information about your project, lifestyle, and overall design taste. Always, her emphasis is on listening:

"You can achieve a lot through listening and asking the right questions. Communication is key. I then build the design around what I know of my client and their needs. This makes all the difference."

Go Bold or Go Home?

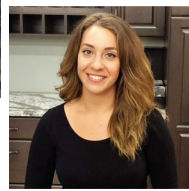
This is largely a personal choice. Keri's general advice, though, is to "play it safe on the big-ticket or permanent items (i.e. cabinetry and countertops) and show your personality through components that can be easily changed, such as decorative hardware,

lighting, and paint."

Small Spaces and Budget Constraints

In a world where everything's getting larger (from plates to appliances), it can be challenging to transform smaller spaces. "Those, however, are some of my favorite projects," Keri explains, "because it forces you to be creative." Wherever possible, she takes advantage of a room's height, "stacking cabinetry to create additional storage space on the horizontal plane."

And, as far as budget goes, there's no limit to what you can achieve with



Keri Rossback has been a part of the GNH Lumber team for 15 years.

Her extensive design experience allows her to create spaces that are as functional and efficient as they are beautiful. Above all, she enjoys making your design dreams a reality.

direct you through those variations to create a space that you – and your wallet – will love."

Wondering what kitchen design trends are gaining in popularity? "I never thought I'd say this, but BRASS! Metallics are huge right now, for decorative hardware, plumbing fixtures, lighting, and even appliances. We're also seeing a resurgence of wood tones and black finishes, especially in cabinetry. All-black kitchens could soon surpass the all-white trend."

Considering a Kitchen Design?

The experts at the GNH Design Showroom are here to answer your questions and provide guidance and tips for each step of your project.

creativity. Or, as Keri puts it, "There are thousands of ways to design the same kitchen. My job is to

LET'S DESIGN THE PERFECT KITCHEN TO MATCH YOUR STYLE & BUDGET.

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SHOWROOM HOURS: Monday-Friday: 9-5 | Saturday: 8-4 | Sunday: Closed

Spotlight On Business 2019

A family affair

Mike and Sons' Pest Control continues its mission

For more than 20 years, Mike and Sons' Pest Control has been serving the Capital Region when mice, ants, termites and other critters appear in people's homes.

"The main goal is to make sure the customer's pests are removed," said Mark Deso. "Once we have identified the pests, we match the proper solution to remove the pests."

Mark is one of the three sons that form the core of Mike and Sons' Pest Control. Mark's stepfather, Mike McManus, recently retired after running the company

since it was founded in 1998.

"My brother and I kind of grew up around it," said Deso. "Our brother-in-law is also part of the company, so he would be the third son."

Recently, they hired a military veteran to join their team, which carries on another family tradition.

"Our whole family has been involved with the military, so it's good to pass that along, too," said Deso.

Deso said he expects he and his team will be busy as the weather continues to warm up through the spring.

"We're headed into ant season, so you're going to see carpenter ants and a lot of house ants, like sugar ants," said Deso. "Carpenter bees start

becoming popular in late spring and summer."

Mike and Sons' approach to removing pests involves using products that are specifically geared toward the elimination of a particular species, while not affecting the people and pets who live in the home.

"The science behind the chemicals is pointed more towards the pests," said Deso.

Mike and Sons' Pest Control specializes in mice, rats, ants, flies, bees, wasps, hornets, roaches, bed bugs, fleas, stink bugs and nuisance wildlife, such as raccoons and possums. To set up an appointment or for more information, call 518-218-1080.

Foster community

The Capital District Humanist Society is a supportive community for exchanging ideas, heightening our knowledge of the world and ourselves, fostering moral and ethical growth, and promoting the principles of secular humanism. CDHS is a member organization for sharing humanist values.

The Society provides many activities including: monthly speakers on a wide range of topics; social activities, a book club, luncheons, volunteering for community service causes, and a newsletter.

What is Humanism?

Humanism is a general

term for a world view distinguished by:

* The use of critical reason and scientific methods of inquiry in seeking solutions to human problems.

* A conviction that dogmas, ideologies,

constantly alter our imperfect perception of it.

* A concern for this life and a commitment to making it meaningful through better understanding ourselves, our history, our intellectual and artistic achievements, and the outlooks of those who differ from us.

* A conviction that progress can be made in building a better world for ourselves and our children with reason, an open marketplace of ideas, goodwill and tolerance.

The Capital District Humanist Society is a member of the American Humanist Association. Please see our webpage: HumanistSociety.net



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Founder and President of
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Spotlight On Business 2019

A new way to treat depression

Pinnacle Behavioral Health adds magnetic therapy to its repertoire

By **ROB JONAS**
jonasr@spotlightnews.com

ALBANY— Depression can take on many different forms, depending on the severity of the case. In extreme cases, people may find it difficult to get out of bed, let alone carry on everyday activities, despite medications or therapy.

For those who are experiencing severe depression, Pinnacle Behavioral Health in Albany offers Transcranial Magnetic Stimulation (TMS) – a treatment that has shown great promise at select clinics across the United States.

“There’s an 80 percent response rate, and of those 80 percent, 51 percent go into full

remission,” said Rocco Pezzulo, Pinnacle’s director of operations.

TMS is non invasive and does not utilize medications. Instead, an electromagnetic coil is placed on the head where the left prefrontal cortex – the portion of the brain that experiences depression – is located. Magnetic waves are then sent into the brain to stimulate the left prefrontal cortex and alleviate the depressive feelings.

“It gets the brain back on line, if you will,” said Pezzulo.

Each session takes 20-30 minutes to complete, and sessions are typically scheduled on a daily basis for 4-6 weeks. Patients are usually able to conduct daily activities without any interruption while participating in TMS.

TMS was approved as a depression treatment by the FDA in 2008. It took four years before the treatment was made public, and even then, only a handful of clinics offered it. Pezzulo said he visited several clinics across the country before deciding to add TMS to Pinnacle Behavioral Health’s list of services.

“Every doctor I went to said if you don’t get TMS, it would be a crime,” said Pezzulo.

Since adding TMS in February, Pezzulo said he’s seen results in the patients that have gone through the treatment.

“We’re seeing amazing improvements, and these are patients who are dealing with serious depression,” he said. “These are people who have difficulty getting out of bed

For those who are experiencing severe depression, Pinnacle Behavioral Health in Albany offers Transcranial Magnetic Stimulation (TMS) – a treatment that has shown great promise at select clinics across the United States.

resumes together. They want to find full-time employment.”

TMS is not for everybody. Pezzulo said patients must be approved by their health insurers and prove that medications and therapy have not worked before they can try TMS.

“TMS is the final step after prescriptions and therapy,” said Pezzulo.

TMS is one of several innovative treatments offered by Pinnacle Behavioral Health. The practice also offers yoga, tai chi, art and music groups, as well as group discussions alongside traditional therapy.

“We know one size doesn’t fit all,” said Pezzulo. “There’s a lot of factors when people go into therapy.”

Pinnacle Behavioral Health is located at 10 McKown Road, Suite 102, in Albany. For more information, call 518-689-0244 or visit www.pinnaclebehavioralhealth.com.

in the morning. They haven’t updated their resumes. They’re not actively seeking employment. Now, they want to get their

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Spotlight On Business 2019

Today is a good day to move

I truly enjoy meeting clients at consultations and helping them ease their fears of downsizing. One meeting I had last week struck a cord and brought back the feeling of why I decided to go into this business.

Today... was just one out of many days that I was granted the privilege to spend with you. The excitement I have when I listen to my clients has been present since my first consultation for Organize Senior Moves 10 years ago.

Today... was a special day because you welcomed me into your home of 73 years. It rejuvenated feelings of love and passion I have towards my job.

Today... made me

feel as though it was my first consultation as we sat down at your kitchen table, a special place your family has sat around, sharing laughs, tears, and homecooked meals for many years. You begin opening up to me about your fears of leaving your house: your comfort, your life.

With caution, I tell you how we, as Senior Moving Managers, can help you climb this mountain, one step at a time.

Today... I was in the moment with you as you told me the precious details of your life. One of your accomplishments is being a mother to eight beautiful children; now adults with their own children.

Today... I made a promise to you. I will



Photo of one of our loved clients

get you through this process of downsizing all those special items and memories. During this transition, we will gently pack all of your special

belongings and unpack them with care while we set them up in your new place. Being surrounded by the things you love will bring you comfort and

make it feel like home.

Our team will handle this process with love, care, and trust, as if you were our own mother. I will call

your children to say hi and introduce myself, so I'm not a stranger. I will tell them that I, myself, am a mother of two who I love with all my heart and I will guide you all through this process. We will work together as a team.

Today... I left you with a hug, reassuring you that we will get you through this together.

Today... was special to me because you, the adult children, placed your trust in me to take care of your mom. And I won't let you down.

— Michele Kavanaugh,
owner of
Organize Senior Moves

Organize Senior Moves

“Makes Moving Easier”

www.OrganizeSeniorMoves.com



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- Organizing
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Michelle Kavanaugh-Anastasi established Organize Senior Moves in 2012 to help seniors manage the transition from one home to another.

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Spotlight On Business 2019

Making a plan

All Star Pest Solutions offers complete, safe home protection

There is a strategy behind effective pest control.

All Star Pest Solutions offers customers a custom-made plan of attack using products that are safe for homeowners and their pests, but not for the pests that try to invade their homes.

"It's our attention to detail and our commitment to providing a pest-free environment to our customers that sets us apart," said All Star Pest Solutions owner Jesse Hyler.

Hyler and his team begin by identifying the type of pests that have been spotted inside the

home. During the spring months, that can be ants, wasps and stinkbugs, said Hyler.

"We perform a thorough investigation and then properly identify the pest," said Hyler. "Then, we come up with a game plan to eliminate the pests as humanely as possible."

All Star Pest Solutions offers Integrative Pest Management, which utilizes products that target the specific pest without harming humans or pets. They also offer organic products to eliminate pests.

"We use the least toxic, non-chemical approach to reduce human and pet exposure to pesticides," said Hyler.

The service also offers customers a Home Management Program, which is a comprehensive,

year-round pest management plan.

"It consists of routine exterior services during the warmer months and interior services at the customer's request," said Hyler.

All Star Pest Solutions handles pest problems big and small. Besides small critters such as ants, termites, bees and stinkbugs, they can also handle raccoons, possums and bats, among others. Additionally, they restore attic and crawl space insulation that has suffered pest damage.

All of All Star Pest Solutions' technicians are licensed and cross-trained in areas of service. Technicians can be dispatched to every corner of the Capital Region – from Warren to Columbia counties.

Continuing to do more

Daughters of Sarah receives Enhanced Assisted Living Residence License for The Massry Residence

ALBANY — The New York State Department of Health has granted Daughters of Sarah Housing Company at Daughters of Sarah, Inc. d/b/a The Massry Residence at Daughters of Sarah licensure to provide Enhanced Assisted Living care to seniors. As an Enhanced Assisted Living Residence (EALR), The Massry Residence can offer additional levels of care to our residents who wish to 'age in place' and continue to enjoy living life to its fullest at The Massry Residence.

Basic ALRs, like The Massry Residence, are designed to help residents live as independently as possible, and make decisions about how they want to live. Assisted Living Residences provide 24-hour supervision, and some assistance with activities of daily living. Residents need to be able to walk or use a wheelchair alone and be able to get from one place to another independently; do not have a medical condition that requires skilled nursing and medical care; and do not pose a danger to themselves or others.

Eligibility for Enhanced Assisted Living level of care requires an individual to have more complex physical needs requiring greater assistance with their activities of daily living. Such assistance

may include transferring in and out of a wheelchair, managing oxygen regimen, or providing nursing care for chronic urinary or bowel conditions. The need for Enhanced Assisted Living care helps bridge the gap between basic assisted living care and that of a nursing home.

The mission of Daughters of Sarah Senior Community is to enhance the quality of life, assure the safety and dignity, and foster the independence of those we serve through residential, personal care, health, and other services.

To learn more about The Massry Residence or to schedule a visit, please contact Sharon Rosenblum, Executive Director at (518) 689-0453; rosenblums@dosscc.org, or visit our website at www.daughtersofSarah.org.

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Still going...

Madison is still in the thick of it on American Idol.

Page B15

Inside This Issue:

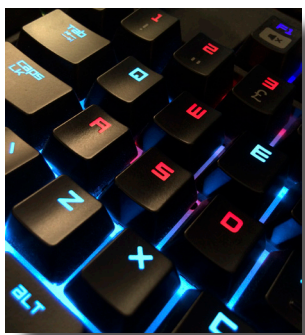
A look at what's happening in Capital District businesses.



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CULTURE

PICK OF THE WEEK



Gamers in love

See what some student developers have in store for the future in gaming.

Page B4

INSIDE



Gear head?

You're in love with a classic car, but you don't know the first thing about keeping it up? Come here.

Page B11

Arts calendar

Pages B5-B8



Troy's new heartbeat

Market in talks with developer for indoor market place, popular outdoor market will continue

By **DUNCAN CRARY**
news@spotlightnews.com

TROY — The Troy Waterfront Farmers' Market is in early talks with developer David Bryce to establish a year-round, indoor home for the market in a retrofitted Troy Atrium.

"Right now, we are learning more about David Bryce's vision for the Atrium and we are thinking about how a market place in the building would work," said Zack Metzger, president of the Troy Waterfront Farmers' Market. "The programming opportunities we have discussed so far would be a major improvement to our market, allowing vendors to have a physical presence in downtown Troy during the week. This would be a great addition to our Saturday market in the winter and would compliment, but not replace, our successful outdoor market during the summer and fall."

The indoor market place would provide shoppers with more opportunities to buy fresh local food throughout the week, year-round. There would be between 20 and 25 booths providing flexible spaces that can be configured to suit the individual needs of vendors.

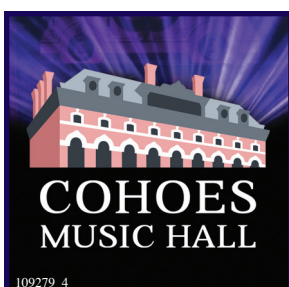
The market would have its own entrance on the Broadway side of the Atrium next to the loading bay and would be located on the first floor along a new corridor in a space that is currently leased by New York state offices.

"We expect to experiment with hours to find what works best for customers and vendors," said Metzger. "Some vendors might opt to share a booth and staff during the

People of the Capital District often turn to Troy's popular farmer's market, both in the Troy Atrium and along River Street. But, it's long been without a permanent location.

Provided

Continues on page B20



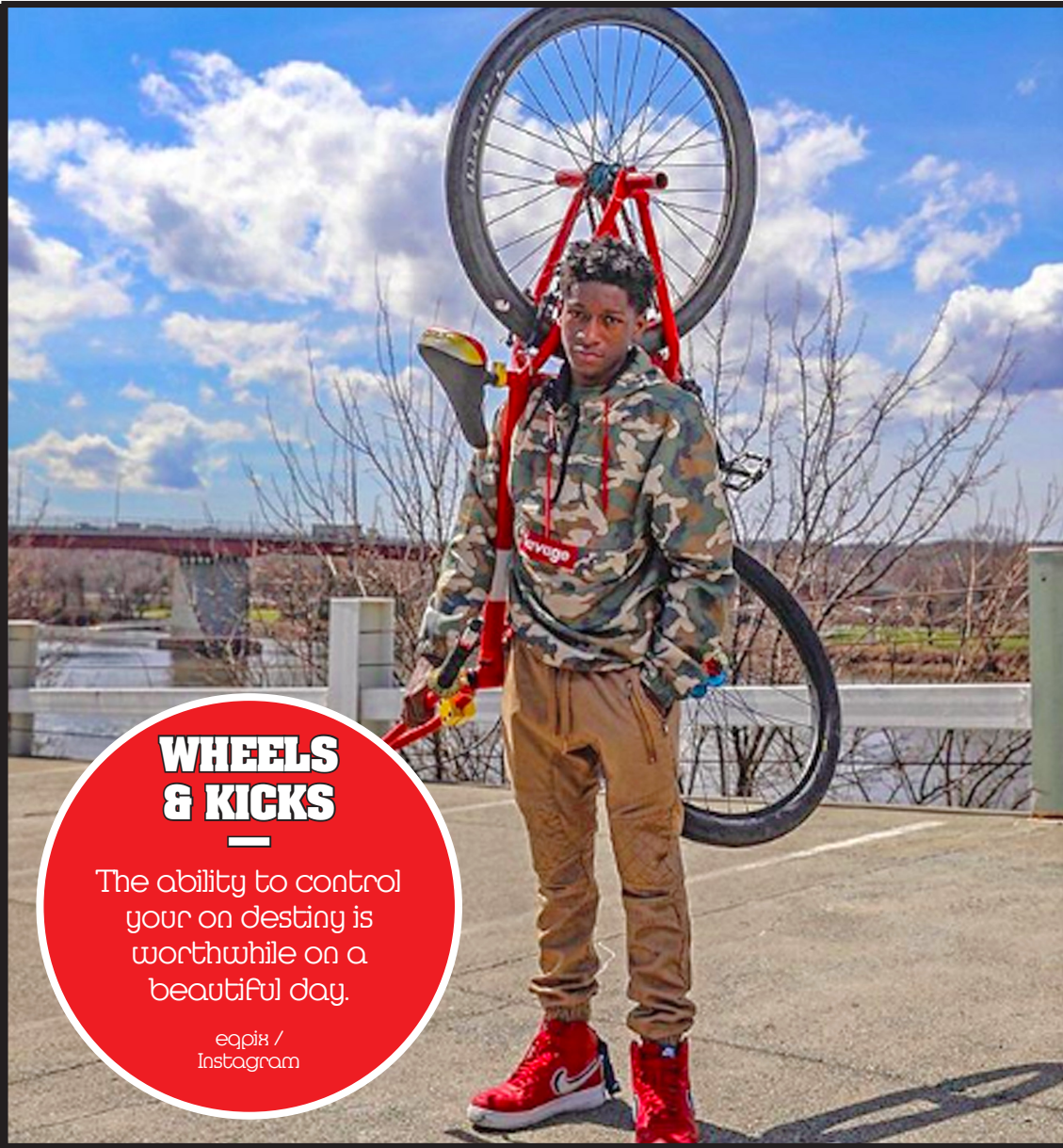
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The ability to control your own destiny is worthwhile on a beautiful day.

eqpi: / Instagram

quote of the week

"The Atrium is now 40 years old, and this market place might finally create the vibrant space its designers originally envisioned when they built it."

—David Bryce, developer on the prospects of The Atrium becoming the permanent home for Troy's Farmer's Market



contents

What's Happening B3-B4
 Pick of the Week B4
 Crossword Puzzle B6
 Arts Calendar B5-B8
 Sudoku Puzzle B9
 Health & Fitness B10
 Lifestyle B11
 Service Directory B14
 Reviews B15
 Classifieds B16-B17

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TICKETS CAN BE PURCHASED AT THE COHOES MUSIC HALL BOX OFFICE, WEEKDAYS BETWEEN 11AM-1PM, OR 2 HOURS PRIOR TO EACH SHOW OR ONLINE AT PARKPLAYHOUSE.COM/AVENUEQ

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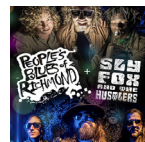
PARADOX SAINTS
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 APRIL 27
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JUKEBOX REBELLION
 MAY 3
 9:00 PM | \$10



KILL ALL BETRAYERS
CD RELEASE PARTY
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 7:00 PM | \$10



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APRIL 25 - MAY 5
 AT THE COHOES MUSIC HALL

RECENTLY ANNOUNCED

Only Love for Cohoes

Wynonna & The Big Noise is to play Cohoes Music Hall in October

COHOES — Once heralded by *Rolling Stone* as “the greatest female country singer since Patsy Cline,” Wynonna Judd’s rich and commanding voice is treasured by millions of fans and has sold over 30 million albums worldwide, spanning her remarkable 35-year career.

Judd recently announced that she is taking her artistry in an exciting new direction by signing to the independent label ANTI- Records.

“Now more than ever, I am on a mission to rediscover the reason I got into this business,” said Judd, “and Anti- is giving me the musical freedom to do that.”

Inspired by this fresh creative direction, Judd recorded an a cappella version of the classic Nina Simone song “Feeling Good” in her living room, straight into her iPhone. Listen to the intimate performance.

Respected by the millions of fans who are drawn to her music and undeniable talent, Judd’s rich and commanding voice has sold over 30-million albums worldwide spanning her remarkable 34-year career. As one-half of the legendary mother/daughter duo “The Judds,”

Judd has received over 60 industry awards, with countless charting singles, including 20 No.1 hits such as “Mama He’s Crazy,” “Why Not me,” and “Grandpa, (Tell Me ‘Bout The Good Ole Days).”

Judd and her band The Big Noise, led by her husband/drummer/producer, Cactus Moser, released their debut full-length album in February 2016 via Curb Records to critical acclaim. Wynonna has described the new sound as “vintage yet modern” and a “return to the well.” It’s a rootsy work encompassing country, Americana, blues, soul and rock. The album features special guests Derek Trucks, Jason Isbell, Susan Tedeschi and Timothy B. Schmit. NPR’s Ann Powers noted that, “With her tight band behind her after touring together for several years, she just sounds like she’s home... You can just feel the grin on her face.”

Judd will be on tour throughout the United States this year with her band The Big Noise. The tour stops at the

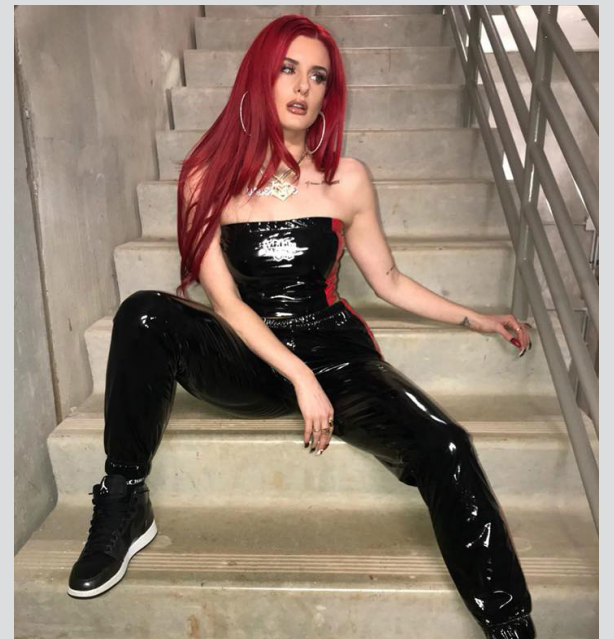


Provided

Cohoes Music Hall on Wednesday, Oct. 2.

Ticket prices are \$39, \$59, \$69 and \$79 each. There are a limited number of VIP seats in first two rows at \$99. Tickets go on sale Friday, April 26, at 10 a.m. Purchase tickets by phone at 518-953-0630 or in person at the Music Hall Box Office Monday through Friday, from 10 a.m. to 2 p.m. or online at www.thecohoesmusicall.org.

WHAT’S HAPPENING NOW



Justina Valentine / Facebook

Justina Valentine

Jupiter Hall — Wednesday, April 24

ALBANY — Jupiter Hall will host Justina Valentine on Wednesday, April 24 at 6 p.m.

Justina Valentine, MTV’s quick-witted fan favorite from Nick Cannon’s *Wild N Out* and *The Challenge*, is a clever lyricist with a distinctive voice and a knack for irresistible hooks. From her bright red locks to her infectious personality, the MTV star is an all-around entertainer who sings, writes, and is widely known for her freestyling ability.

For tickets, visit www.ticketfly.com.

Jupiter Hall, located inside Lucky Strike Social Club, is located at 1 Crossgates Mall Road, Albany.

Dan Sherwin

O’Slattry’s — Wednesday, April 24

DELMAR — Dan Sherwin will continue his residency at O’Slattry’s on Wednesday, April 24 at 6:30 p.m.

O’Slattry’s is located at 318 Delaware Ave., Delmar.

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WHAT'S HAPPENING NOW

Improv Fundamentals: Scene

Mopco Improv Theatre — Wednesday, April 24

SCHENECTADY — Mopco Improv Theatre will host Improv Fundamentals: Scene on Wednesday, April 24 at 7 p.m.

Scenework focuses on the core of improvised theatre, the two-person scene. This course will center on creating scenes with a satisfying beginning, middle, and end that will delight audiences. From establishing a strong base reality at the top of your scenes to successfully playing with status, this class is great for new students or returning veterans looking to sharpen their performance skills.

For tickets, visit www.eventbrite.com.

Mopco Improv Theatre is located at 10 N. Jay St., Schenectady.

Rochmon Record Club Listening

Party - Steely Dan "Aja"

The Linda — Thursday, April 25

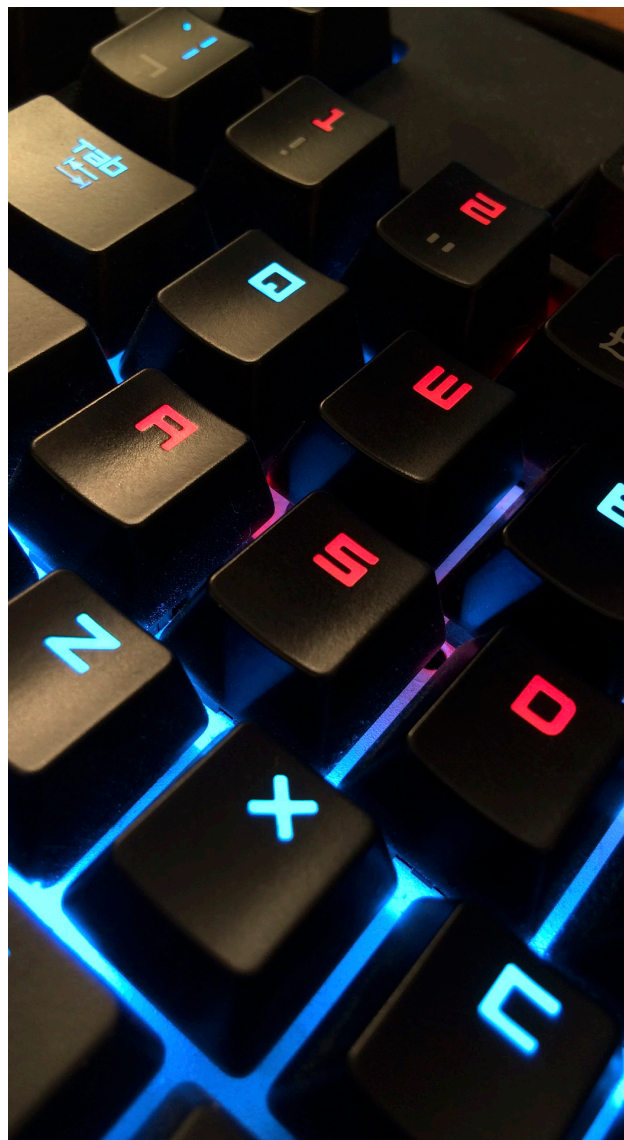
ALBANY — The Linda will host a meeting of The Rochmon Record Club on Thursday, April 25 at 6:30 p.m.

This listening party will be centered around "Aja" by Steely Dan. Steely Dan's seventh and best-selling album is considered by many audiophiles to be a masterpiece of production perfection. Featuring songs such as "Black Cow", "Aja", "Deacon Blues" and "Peg," the album is a wonderful hybrid of the rock and jazz worlds, a very specific sound to Steely Dan that makes all their music instantly recognizable.

For tickets, visit www.eventbrite.com.

The Linda is located at 339 Central Avenue, Albany.

PICK OF THE WEEK



Game On!

Albany Capital Center will host indie game showcase this Saturday

ALBANY — GameFest, a student game development showcase featuring a symposium and competition, will be at the Capital Center on Saturday, April 27, from 11 a.m. to 6 p.m.

The free event will feature more than 40 original games to play by up and coming game designers. Visitors can try out breakout indie hits, gameplay innovations and new technologies. See what's next from Virtual Reality and Augmented Reality, new mobile games, competitive multiplayer games, educational games and experimental art games.

The Expo will feature games created by students at schools including Rensselaer Polytechnic Institute, Rochester Institute of Technology, the NYU Game Center, Drexel University, Champlain College, Quinnipiac University, and the University of Connecticut.

In addition to the student showcase, GameFest will host its first independent game competition, sponsored by Vicarious Visions. Independent developers with recently-launched or upcoming game titles will showcase and compete for prizes.

A symposium will include speakers like Emily Short, from In and Out of Games, British game designer Sam Barlow, Thorny Games Kathryn Hymes and more.

GameFest is presented by the Games and Simulation Arts and Sciences Program and the School of Humanities, Arts and Social Sciences at Rensselaer Polytechnic Institute, and is made possible in part by a grant from the State of New York's Empire State Development agency.

RISE OF THE EMPIRE!

OPENING NIGHT
SAT. APRIL 27TH @ 7PM VS COLUMBUS DESTROYERS

BLOCK PARTY
BEGINS AT 4PM

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SPRING INTO SAVINGS

<p>2019 FORD FUSION ENERGY</p> <p>FINANCE AT 0% APR for 60 Months at \$16.67 per \$1,000 financed. <small>Must finance with Ford Credit. Offers end 04/30/19.</small></p>	<p>2019 FORD EDGE</p> <p>FINANCE AT 0% APR for 48 Months at \$20.83 per \$1,000 financed. <small>Must finance with Ford Credit. Offers end 04/30/19.</small></p>	<p>2019 FORD FIESTA</p> <p>FINANCE AT 0% APR for 48 Months at \$20.83 per \$1,000 financed regardless of down payment <small>Must finance with Ford Credit. Offer ends 04/30/19.</small></p>	<p>2019 FORD F-150</p> <p>FINANCE AT 0% APR for 72 Months at \$13.89 per month per \$1,000 financed <small>Must finance with Ford Credit. Not available on Raptor. Offer ends 04/30/19.</small></p>
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FORD CERTIFIED PRE-OWNED SPECIALS

<p>2018 FORD ESCAPE SEL</p> <p>4X4, 1.5L EcoBoost, 6 Speed Auto, Leather Trimmed Seats, SYNC Connect, 3,511 Miles. STK # U9776PT Call for Price</p>	<p>2018 FORD F-150 XLT</p> <p>4X4, SuperCab, 3.5L V6, Twin Turbo, EcoBoost, SATT, Back Up Assist, Tow Pkg, 4,549 Miles. STK # U10000P Call for Price</p>
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Prices include all costs to be paid by a consumer, except for licensing costs, registration fees, and taxes.

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CLUBS

9 Maple Avenue
9 Maple Ave., Saratoga Springs.
www.9mapleave.com
Fri: **Rob Lindquist Quartet** | 9 p.m.
Sat: **Pat Attanasio Quartet** | 9 p.m.

Across The Street Pub
1238 Western Ave., Albany.
518-438-1718
Wed: **Shipyard Brewing Spring Trivia** | 6:30 p.m.

Arsenal City Tavern
795 3rd Ave., Watervliet.
518-874-1767
Tues: **Trivia & Taco Tuesday** | 7 p.m.
Wed: **Talent Scout Open Mic** | 8 p.m.
Fri: **The Frets** | 8 p.m.
Sat: **Act Your Age** | 9 p.m.

Athos
1814 Western Ave., Albany.
518-608-6400
Fri: **Roben Kosek Jazz & Blues** | 6:30 p.m.

Black Bear Inn
310 19th St., Watervliet.
518-272-9486
Wed: **Trivia Night** | 7:30 p.m.
Tues: **Talent Scout Open Mic** | 8 p.m.

Blue 82
82 N. Pearl St., Albany.
518-445-8082
Wed: **Talent Scout Open Mic** | 8 p.m.
Thurs: **Trivia Night** | 7:30 p.m.

Caffe Lena
47 Phila St., Saratoga Springs.
518-583-0022
Wed: **Acoustic Blues Open Mic & Jam** | 7 p.m.
Thurs: **Wallace Roney Quintet** | 7 p.m.
Fri: **John Craigie w/ Raina Rose** | 8 p.m.
Sat: **Patty Larkin** | 8 p.m.
Sun: **Ronstadt Brothers** | 7 p.m.
Mon: **Open Mic Night** | 7 p.m.

Carney's Tavern
17 Main St., Ballston Lake.
518-280-7959
Thurs: **Matty Finn** | 6 p.m.
Fri: **Two Shoes** | 7:15 p.m.
Sat: **Dos Amigos** | 7:15 p.m.

Centre Street Pub
308 Union St., Schenectady.
518-393-2337
Thurs: **Allan & Azzam** | 6 p.m.
Fri: **Late Night Philosophers** | 9 p.m.

City Sports Grille
Spare Time Clifton Park
1668 U.S. Route 9, Clifton Park.
518-371-4000
Thurs: **Paint Nite**, 7 p.m.
Fri: **Joe's Boys** | 8 p.m.
Sat: **Contagious** | 8 p.m.

Eden Cafe
269 Osborne Road, Loudonville.
518-977-3771
Wed: **Happy Hour with Carmen and Joe** | 4:30 p.m.
Thurs: **Life's Guilty Pleasures Live Music** | 4:30 p.m.
Fri: **Brian Edwards Network Jam** | 6 p.m. • **The Music of Mike Holt & Friends** | 7:30 p.m.
Sat: **The Music of Ryan Lite and Maidin Glas** | 7:30 p.m.

HOT SPOTS EVENTS CALENDAR



Didn't leave us too far behind

Candlebox performs at The Egg on Thursday, April 25 at 8 p.m. For tickets, visit www.ticketmaster.com. The Egg is located inside Empire State Plaza, Albany.

Candlebox

Emack & Bolio's
366 Delaware Ave., Albany.
518-512-5100
Fri: **Corry Loveday** | 7 p.m.
Tues: **Open Mic** | 7 p.m.

Fort Orange Brewing
450 North Pearl St., Menands.
518-992-3103
Wed: **Spring Corn Hole League** | 6 p.m.
Thurs: **Trivia** | 6:30 p.m.
Fri: **Big Crunch Bingo** | 7 p.m.
Sat: **Ryan Clark** | 6 p.m.
Tues: **Warehouse Poker Pub Crawl** | 5 p.m.

Fuze Box
12 Central Ave., Albany.
518-703-8937
Fri: **Cretin Hop** | 9 p.m.
Sat: **Throwback Dance Party** | 9 p.m.
Tues: **Vamachara, Chamber, DiLatE, TBA** | 7 p.m.

Gaffney's
16 Caroline St., Saratoga Springs.
518-587-7359
Tues: **Open Mic Nights w/ Rick Bolton** | 7 p.m.

Grappa '72
818 Central Ave., Albany.
518-482-7200
Wed & Thurs: **Hamilton Street Jazz Company** | 6:30 p.m.
Fri: **Jeanne O'Connor with Peg & Bill Delaney** | 6 p.m.

Hamlet and Ghost
24 Caroline St., Saratoga Springs.
518-450-7287

Wed: **Hot Club of Saratoga Trio** | 7 p.m.

Henry Street Taproom
86 Henry St., Saratoga Springs.
518-886-8938
Thurs: **Swing Men Trio** | 7 p.m.

The Hollow Bar + Kitchen
79 No. Pearl St., Albany.
518-426-8550
Thurs: **Hanging Globe** | 6:30 p.m.

J.J. Rafferty's
847 New Loudon Rd., Latham.
518-783-6800
Wed: **Trivia** | 7:30 p.m.
Fri: **Karaoke** | 7 p.m.
Sat: **Live DJ** | 9 p.m.

Jessica Stone's
738 New Loudon Rd., Latham.
518-785-8536
Wed: **Talent Scout Open Mic** | 8 p.m.
Thurs: **Big Crunch Bingo** | 7 p.m.
Fri: **Trivia Live** | 7 p.m.

Jupiter Hall
Lucky Strike Social,
1 Crossgates Mall Rd., Albany.
518-556-3350
Wed: **Justina Valentine** | 9 p.m.
Fri: **Powerhouse** | 9 p.m.
Sat: **New Jack City** | 10 p.m.

The Low Beat
335 Central Ave., Albany.
518-432-6572
Thurs: **The Other Favorites** | 8 p.m.
Sat: **Watts Tower** | 8 p.m.

LT's Grill
2305 Nott St. E., Niskayuna.
518-374-7455

Wed: **Catch the Mania Trivia** | 7 p.m.
Thurs: **TBA** | 6:30 p.m.

Lucas Confectionery
12 2nd St. Troy
518-326-3450
Mon: **Sketches of Influence** | 8:30 p.m.

McGeary's Irish Pub
4 Clinton Square, Albany. 518-463-1455
Wed: **Open Mic Night** | 7 p.m.
Every Sun: **Blues Jam** | 7:30 p.m.
Tues: **Trivia Night** | 8 p.m.

Mocha Lisa's Caffe
Clifton Park Center,
22 Clifton Country Road, Clifton Park.
518-383-5373
Wed: **Open Mic Night** | 6:30 p.m.
Thurs: **Trivia** | 7 p.m.
Fri: **Happenstance** | 7 p.m.
Sat: **Dave Render** | 7 p.m.

Moon and River Cafe
11 S. Ferry St., Schenectady.
518-382-1938
Wed: **Kevin Ravas w/ Mollie Orr** | 7 p.m.
Thurs: **Kenny Kimball** | 7 p.m.
Fri: **Hot Tuesday Gypsy Jazz** | 7 p.m.
Sat: **The Star Brothers** | 7 p.m.

Mouzon House
1 York St., Saratoga Springs.
518-226-0014
Thurs: **Hot Club of Saratoga Trio** | 6 p.m.
Fri: **Mark Tolstrup & The Dixie Boys** | 6 p.m.
Sun: **Shiri Zorn Trio** | 6 p.m.

Nanola
2639 US Rte. 9, Malta.
518-587-1300
Fri: **Skeeter Creek** | 9 p.m.
Sat: **Legend Rocks Nanola** | 9 p.m.
Tues: **Dogfish Head** | 1 p.m.

Olde English Pub
683 Broadway, Albany.
518-434-6533
Mon: **Front Parlor Open Mic** | 8 p.m.
Tues: **Geeks Who Drink Trivia** | 8 p.m.

O'Slattery's Irish Restaurant & Pub
318 Delaware Ave., Delmar.
518-439-5634
Wed: **Dan Sherwin** | 6:30 p.m.
Thurs: **Mike DeAngelis** | 7 p.m.
Fri: **Sticks & Stones** | 7 p.m.
Sat: **Ryan Leddick** | 7 p.m.

The Parting Glass
40-42 Lake Ave., Saratoga Springs.
518-583-1916
Fri: **Big Medicine** | 9 p.m.
Sat: **Dyer Switch Band** | 8 p.m.
Sun: **ABL Bluegrass Concerts** | 1 p.m.

Pauly's Hotel
337 Central Ave., Albany.
pauylshotel.com
Wed: **The Slackers / Girth Control / Smittix** | 7 p.m.
Thurs: **Wave Break / Till I Fall / Son Of A Gun** | 8:30 p.m.
Fri: **Girih / LastDayShining / Raziel's Tree** | 8:30 p.m.
Sat: **Chem-Trails / Human Ignorance / Sledge Wolf** | 7:30 p.m.

Sun: **AL1CE / Sisterhood Of Sleep / Doomsday Virus** | 7:30 p.m.
Mon: **Home Seeker / AmOra / Glume** | 7:30 p.m.

Pearl Street Pub
59-61 No. Pearl St., Albany.
518-694-3100
Fri: **Happy Hour Trivia** | 5:30 p.m.

Prime at Saratoga National
458 Union Ave., Saratoga Springs.
518-583-4653
Sun: **Joe Sorrentino Trio** | 10 a.m.

Provence
1475 Western Ave.,
Stuyvesant Plaza, Albany
518-689-7777
Fri: **Allen Halstead & Azzaam Hameed** | 6 p.m.
Sat: **Carl Alexandrov** | 6 p.m.

Putnam Place
63a Putnam St., Saratoga Springs.
518-584-8066
Sat: **Paradox Saints w/ The Late Shift** | 6 p.m.

Ravenswood Grill & Tavern
1021 NY 146, Clifton Park.
518-371-8771
Fri: **Tim Farkas** | 7 p.m.
Sat: **Girl Power & The Road Kings** | 7 p.m.
Tues: **Trivia** | 7 p.m.

Rustic Barn Pub
150 Speigletown Rd., Troy.
518-235-5858
Wed: **Trivia and Ladies Night** | 7 p.m.
Thurs: **Open Mic w/Kelly Maguire** | 8 p.m.
Fri: **Soul Provider** | 8 p.m.
Sat: **Get Up Jack** | 8 p.m.

Sake Japanese Steakhouse
611 Troy-Schenectady Rd., Latham.
518-785-7215
Sat: **Keith Pray's 3-Bass Hit** | 7:30 p.m.

Salt & Char
453 Broadway, Saratoga Springs.
518-450-7500
Every Sun: **Hot Club of Saratoga** | Noon

Saratoga City Tavern
19-21 Caroline St., Saratoga Springs.
518-581-3230
Thurs: **Karaoke** | 9 p.m.
Mon: **Bingo** | 8 p.m.
Tues: **Trivia** | 8 p.m.

Savoy Taproom
301 Lark St., Albany.
518-599-5140
Fri: **Cody Bondra & Jackie Bashaw** | 9 p.m.

Speakeasy 518
42 Howard St., Albany.
518-449-2332
Wed: **Weekly Bartender Throwdown** | 8 p.m.
Thurs: **Swing Night w/ Mike Jenkins & the Fat Ties** | 8 p.m.
Fri: **TBA** | 9 p.m.
Sat: **TBA** | 9 p.m.

Stockade Inn
1 North Church St., Schenectady.
518-346-3400
Thurs: **Eileen Mack & Steve Viglucci** | 7 p.m.
Fri: **Sonny & Perley** | 7 p.m.

Polish Fest

4.24.19 | 10am-3pm
South Concourse | FREE



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Live music by Happy Herbie & the Accord-A-Tones
Lunch by The Albany Polish Community Center (\$)

Plus craft vendors alongside
The Empire State Plaza Farmers Market



Politics are funny

Political correspondent turned comedian, Kate Willett headlines *Pretty Much the Best Comedy Show*. She's been featured on *Viceland's "Flophouse"* and her appearance on *Comedy Central's "This Is Not Happening"* was on *Splisider's* list of "2016's Best Late Night Standup Sets." It happens at Proctors on Saturday, April 27, at 8 p.m.

Kate Willett / Facebook

Towne Tavern

2850 NY 43, Averill Park.
518-674-3040
Fri: **The Purple Stuff** | 9 p.m.

Troy Kitchen

77 Congress St. Troy.
518-268-0068
Thurs: **Karaoke** | 7 p.m.
Fri: **Flashback Friday: guest DJ spins hits from the 80s, 90s and 00s** | 8 p.m.
Mon: **Poetry Open Mic** | 7 p.m.

Upstate Concert Hall

1208 NY-146 Suite 2, Clifton Park.
518-371-0012
Wed: **Elle King** | 8 p.m.
Thurs: **Action Bronson** | 8 p.m.

The Van Dyck

237 Union St., Schenectady.
518-348-7999
Sat: **Tony Lucca** | 8 p.m.

Van Slyck's

Rivers Casino & Resort
1 Rush St., Schenectady.
518-579-8800
Thurs: **Rockaoke** | 7 p.m.
Mon: **Young at Heart** | 2 p.m.

Waterworks Pub

76 Central Ave., Albany.
518-465-9079
Wed: **Wacky Weds Drag Show** | 11 p.m.
Thur: **Therapy Thursday w/DJ Shawn Gillie** | 11 p.m.
Fri: **Karaoke (pub)** | 11 p.m.
Sat: **DJ Dave Barna (club)** | 11 p.m.
• **DJ Dave Barna (club)** | 11 p.m.

Wishing Well Restaurant

745 Saratoga Rd., Wilton.
518-584-7640
Sat: **Rob Aronstein** | 6:30 p.m.

Wolff's Biergarten

165 Erie Blvd., Schenectady.
518-631-9517
Mon: **Talent Scout Open Mic** | 8 p.m.

Yono's

25 Chapel St., Albany.
518-436-7747
Fri: **Hamilton Street Jazz Duo** | 6:30 p.m.
Sat: **Frank Mastan** | 6:30 p.m.

MUSIC

Justina Valentine

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Rochmon Record Club Listening Party - Steely Dan "Aja"

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Cody Bondra & Jackie Bashaw

Cody Bondra & Jackie Bashaw performs at Savoy Taproom on Friday, April 26 at 9 p.m. Cody Bondra & The Contraband is a five-piece Country Rock group out of New Hartford, CT. With diverse setlists and a fantastic stage show, the band has played theaters, state fairs, and festivals. The band has shared bills with

Lanco, Lynyrd Skynyrd, Counting Crows and more. Currently promoting their debut E.P. "Nothin' Wrong." Jackie is a lifelong nutmegger, as well as a classically trained pianist and vocalist. She has won awards in vocal composition, vocal performance, and piano performance. Savoy Taproom is located at 301 Lark St., Albany.

John Primer & The Real Deal Blues Band w/s/g Misty Blues

The Linda hosts John Primer & The Real Deal Blues Band w/s/g Misty Blues on Friday, April 26 at 8 p.m. John Primer has undisputedly helped build the sound and style of Chicago blues as we know it today. The echoes of tradition bellowing from the birthplaces he played such as: Maxwell Street, Theresa's, Checkerboard and Rosa's Lounges, pulse from every chord in his fingers today. John Primer is a Chicago Blues Living Legend. For tickets, visit www.eventbrite.com. The Linda is located at 339 Central Ave., Albany.

Powerhouse

Powerhouse performs at Jupiter Hall on Friday, April 26 at 9 p.m. This seven to ten member, highly talented band is a force of power to be reckoned with, and their audiences are always responsive and never disappointed. When you combine GREAT music, with a terrific force of eclectic energy, you get Powerhouse! For tickets, visit www.jupiterhallalbany.com. Jupiter Hall, located inside Lucky Strike Social Club, is located at 1 Crossgates Mall Road, Albany.

Harry Allen with the Michael Benedict Trio

The Egg will host Harry Allen with the Michael Benedict Trio on Friday, April 26 at 8 p.m. Harry Allen — a swinging saxophonist and highly regarded performer whose musical inspiration and interpretive approach come from the giants and innovators of mainstream jazz — is joined by the Michael Benedict Trio. For tickets, visit www.theegg.org.

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CLUES ACROSS

- Tenor
- Panthers' signal caller
- Systems, doctrines, theories
- Rulers
- Indonesian coastal town
- Type of cuisine
- Kids
- Single Lens Reflex
- Extra seed-covering
- Force out
- Feline
- ___ & Stitch
- Semantic relations
- A larval frog or toad
- Sport for speedsters
- One who is learning
- Request
- Famed WWII conference
- Relieved
- English broadcaster
- Car signal
- Grass part
- Trivially
- Serve as a warning
- Centers of activity
- An electrically charged atom
- Small swelling of cells
- Irritates
- "___ your i's, cross your t's"
- Removed
- "Death in the Family" author
- When you hope to arrive
- German district
- Turner and Kennedy
- Midway between south and southeast
- Emerald Isle

CLUES DOWN

- Mathematical optimization search method
- Country along the Arabian peninsula
- Pointed parts of pens
- Lake ___, one of the Great
- Peruvian region
- State capital of Georgia
- Those killed for their beliefs
- Typeface
- Shrill cry
- Sends via the Postal Service
- Holds grain
- Occurring at a fitting time
- Vogue
- Born of
- Get the job done
- Teletype (Computers)
- Small southern constellation
- Decaliters
- Area near the concert stage
- Social insect living in organized colonies
- Winter activity
- Snakelike fish
- Not wet
- In addition to
- In league
- Barrels per day (abbr.)
- Monetary unit
- Marked
- Emerges
- Shape by heating
- Early Slavic society
- Italian automaker
- Racing legend Earnhardt
- A type of name
- ___ Strauss, jeans maker
- Famed garden

Answers on Pg. B17

The Egg is located inside Empire State Plaza, Albany.

Paradox Saints w/ The LateShift

Paradox Saints performs with The LateShift on Saturday, April 27 at 9:30 p.m. Paradox Saints have a gritty romantic edge and express the complexities of light and shadow in human experience. With strong beats and a rich psychedelic core, this is music that wants to be danced to. The LateShift can be described as a blend of soulful melodies moved by riff-driven rock. By combining elements of old school rock & roll and modern pop, these guys have a distinct sound that is not to be missed. Putnam Place is located at 63a Putnam Street, Saratoga Springs.

New Jack City

New Jack City performs at Jupiter Hall on Saturday, April 27 at 10 p.m. DJ TGIF, Nessa B and DJ Show spinning all night! For tickets, visit www.ticketfly.com. Jupiter Hall, located inside Lucky Strike Social Club, is located at 1 Crossgates Mall Road, Albany.

Charlie Hunter & Lucy Woodward

Charlie Hunter & Lucy Woodward performs at The Linda on Wednesday, May 1 at 8 p.m. An exhilarating blast of blues, soul and funk, Music!Music!Music! marks the recorded debut of the musical partnership between guitarist Charlie Hunter and vocalist Lucy Woodward. The duo first performed together in January 2018, when Woodward — fresh off supporting her fourth solo album, 2016's *Til They Bang on the Door* — joined forces with Hunter as a last minute fill-in on a tour he'd originally booked with Mexican singer-songwriter Silvana Estrada. For tickets, visit www.eventbrite.com. The Linda is located at 339 Central Ave., Delmar.

on Viceland's "Flophouse" and her appearance on Comedy Central's "This Is Not Happening" was on Splitsider's list of "2016's Best Late Night Standup Sets." She's toured with Margaret Cho nationally and internationally and has featured with comedians like Kyle Kinane, Jen Kirkman, Ali Wong, Dana Gould, and Greg Behrendt. For tickets, visit www.proctors.org. Proctors is located at 432 State St., Schenectady.

Tour About Nothing

Mopco Improv Theatre hosts the Tour About Nothing on Sunday, April 28 at 7 p.m. Join comedians Katie Hannigan, KC Aurora, Alex Pavone & Kase Raso for a stand-up comedy show about... nothing! These four comics have honed their acts in NYC - with topics from dating, to football to sciatica - and have been seen on The Late Show with Stephen Colbert, Oxygen, FOX, MTV, TruTV & College Humor. For tickets, visit www.eventbrite.com. Mopco Improv Theatre is located at 10 N. Jay St., Schenectady.

a caregiver. Thursdays, 10:30 a.m. Lansingburgh Branch, Troy Public Library, 27 114th St., Troy. Free. 518-274-7071 or www.thetroylibrary.org

KIDS! Storytime

For children and their parents/caregivers. Fridays at 10:30 a.m. Northshire Bookstore, 424 Broadway, Saratoga Springs. Free. 518-682-4200 or www.northshire.com.

MISCELLANEOUS

Guided Meditation

Learn a surprisingly simple yet powerful practice that can help you reduce stress, get recharged, and experience overall improved physical health and possibly get you "blissed-out" all while sitting comfortably in a chair. Led by Michael Fuselli, with over 30 years of meditation teaching and practice experience. Beginners always welcome. Registration is encouraged, but not necessary! This program is free and open to the public. The Troy Public Library. Tuesdays, from March 26 to May 28. 5 p.m. 100 Second Street, Troy. 518-274-7071 or thetroylibrary.org.

Hanging Globe art project

The Hollow Bar and Kitchen hosts a Hanging Globe art workshop on Tuesday, April 30 at 6:30 p.m. Make your own personal hanging globe garden with fairy lights! All supplies are included to design, decorate and create. Full menu will be available! For tickets, visit 2sip-splantingparties.com. The Hollow Bar and Kitchen is located at 79 N. Pearl St., Albany.

Improv Fundamentals: Scene

Mopco Improv Theatre hosts Improv Fundamentals: Scene on Wednesday, April 24 at 7 p.m. Scenework focuses

FAMILY

Family Storytime

This 45 minute enrichment program includes stories, songs, and movement to support children's learning and discovery from the very beginning. For infants to preschool aged children with a caregiver. Wednesdays, 10:30 a.m. Main Branch, Troy Public Library, 100 2nd St., Troy. Free. 518-274-7071 or www.thetroylibrary.org

Lansingburgh Storytime

This 45 minute enrichment program includes stories, songs, and movement to support children's learning and discovery from the very beginning. For infants to preschool aged children with



When worlds collide

Charlie Hunter and Lucy Woodward are known for excelling in different genres, yet the two veteran musicians have been running in similar circles before pairing up for touring in 2018. An album featuring the two is due out later this year. They perform together at The Linda on Wednesday, May 1.

The Linda

THEATER

Avenue Q

The Cohoes Music Hall hosts several performances of Avenue Q from Thursday, April 25 through Sunday, May 4. Part flesh, part felt and packed with heart, Avenue Q is still the funniest and freshest show in New York City! This laugh-out-loud musical tells the timeless story of a bright-eyed college grad named Princeton. When he arrives in the city with big dreams and a tiny bank account, he has to move into a shabby apartment all the way out on Avenue Q. For tickets and showtimes, visit www.ticketfly.com. Cohoes Music Hall is located at 58 Remsen St., Cohoes.

Pilobolus

Pilobolus performs at The Egg on Saturday, April 27 at 8 p.m. One of America's most innovative and entertaining companies since 1971, Pilobolus performs their repertory program - a multisensory experience, featuring live on stage performances alongside transmedia digital creations as it explores the connection between the human body and the analog world around us. For tickets, visit www.theegg.org. The Egg is located inside Empire State Plaza, Albany.

COMEDY

Kate Willett: Pretty Much the Best Comedy Show

Pretty Much the Best Comedy Show will host Kate Willett at Proctors on Saturday, April 27 at 8 p.m. Kate was recently a correspondent for the "Jim Jefferies Show" at Politicon 2017. She's been featured

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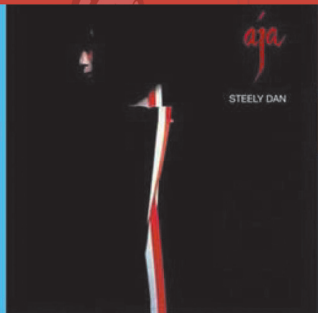
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April 25 | 7:30 pm \$10



JOHN PRIMER & The Real Deal Blues Band
wsg Misty Blues April 26 | 8 pm \$25



Charlie Hunter & Lucy Woodward
May 1 | 8 pm \$20 in advance \$25 at door



Pump it up, Criss!

Breakout the Mom Jeans and don't forget the scrunchie, because The Fuze Box in Albany plans to bring back your favorite dance tunes from the 80s and beyond for its Throwback Party on Saturday, April 27, at 9 p.m.

on the core of improvised theatre, the two-person scene. This course will center on creating scenes with a satisfying beginning, middle, and end that will delight audiences. From establishing a strong base reality at the top of your scenes to successfully playing with status, this class is great for new students or returning veterans looking to sharpen their performance skills. For tickets, visit www.eventbrite.com. Mopco Improv Theatre is located at 10 N. Jay St., Schenectady.

Troy Farmers Market
More than 80 food growers, bakers, chefs and artisans gather to offer the Capital District's freshest and finest! Live music, great food, family activities and learning opportunities. Every Saturday, from 9 a.m. to 2 p.m., through April 27, 2019. Troy Atrium, 49 4th St., Troy. Free admission. 518-708-4216 or www.troy-market.org

Schenectady GreenMarket
Vendors, shoppers, musicians and friends gather at this festive marketplace featuring more than 60 vendors who produce everything they sell. Sundays from 10 a.m. to 2 p.m., inside Proctors, 432 State St., Schenectady, through April 28, 2019. Free admission. 518-986-0318 or schenectadygreenmarket.org/

Veterans Meet-Up
All veterans welcome to free coffee Tuesdays, from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. 518-884-4999 or www.VeteransPeerConnection.org

Social Night/ Open House tours
Get a feel for this amazing creative community. Free. Tuesdays, 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30

3rd St., Troy. 518-279-7863 or www.tvcog.net.

EXHIBITS

Albany Barn

Gallery Hours: Weekdays, 10 a.m. to 5 p.m.; please call ahead. Albany Barn, 56 Second Ave. Albany. 518-935-4858 or albanybarn.org

Albany Institute of History and Art

Continuing: "Bejeweled and Bedazzled: Jewelry and Personal Adornment." More than 100 works of jewelry and personal adornment dating across four centuries will sparkle and shine in this exhibition. Drawn from the collections of the Albany Institute, these personal effects will tell stories about the individuals who owned them, where and why they were purchased, and what they reveal as works of art and embellishment.

Through Sunday, July 28. Also, **"Shape and Shadow: The Sculpture of Larry Kagan."** A retrospective exhibition that will feature 50 works from three distinctive phases of the Troy sculptor's career: the 1970s cast acrylic sculptures that reflect and refract light; the found steel works from the 1980s and 90s that play with texture, pattern, and shape; and, more recently, the shadow pieces that rely on strategically positioned steel rods to sculpt light. Through Sunday, June 9. Also, **"Heavy Metal: Cast Iron Stoves of the Capital Region."** During the 19th century, Albany and Troy, New York, manufacturers were considered to be among the largest producers of cast-iron stoves in the world. Stoves made in these cities were renowned for their fine-quality castings and innovations

in technology and design. This exhibit showcases 25 of these utilitarian objects as both works of art and technological innovations that made the home more comfortable as well as beautiful. On display through, Sunday, Aug. 18.

Ongoing: "The Hudson River School: Landscape Paintings from the Albany Institute," "Ancient Egypt," "Nineteenth-Century American Sculpture" and "Traders & Culture." Museum hours: Wednesday: 10 a.m. to 5 p.m.; Thursday: 10 a.m. to 8 p.m.; Friday and Saturday: 10 a.m. to 5 p.m.; Sunday: noon to 5 p.m. Admission: Adults, \$10; seniors/students (w/ID), \$8; children 6-12, \$6; free admission Thursdays from 5 to 8 p.m. 125 Washington Ave., Albany. 518-463-4478 or albanyinstitute.org

Arts Center of the Capital Region

Continuing: "In Ply." A band of artists converging on a single mission to create an environment that can be used without regard to a specific means of interaction outside of community use and art. Over 50 artists create work within the narrative of skate culture including skate decks, street art, skate photography, and carpentry. The exhibit will include a skate ramp built in house for public use. On view in the Main Gallery through Friday, April 5. 265 River St., Troy. Gallery hours: Daily, Monday-Thursday, 9 a.m. to 7:30 p.m., Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 5 p.m. and Sunday, noon to 4 p.m. Free admission. 518-273-0552 or artscenteronline.org

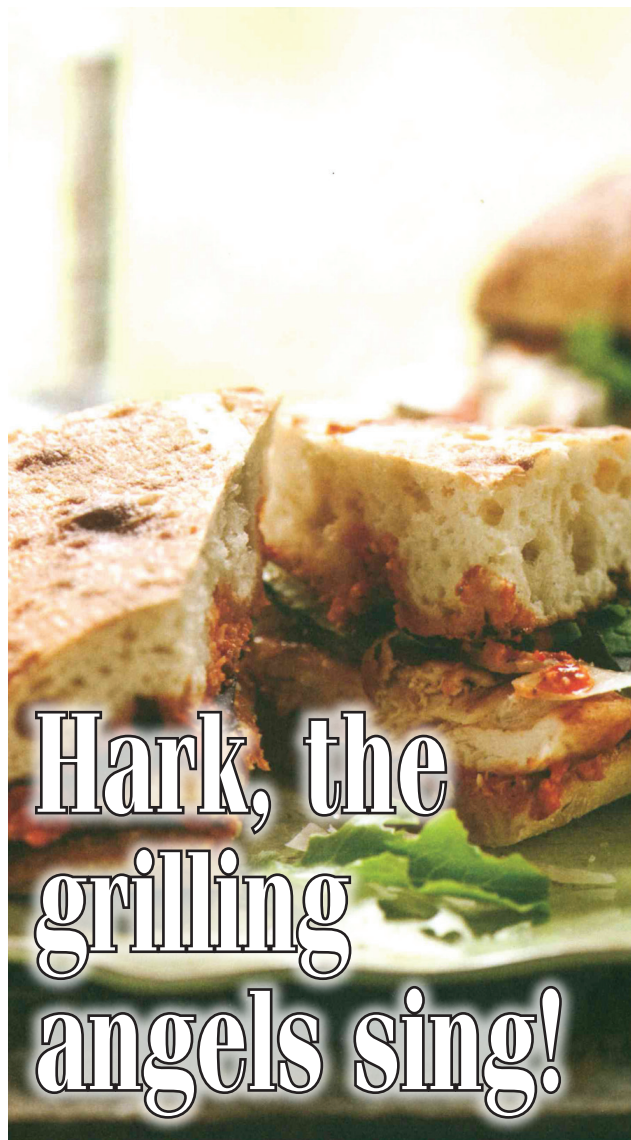
Chapel & Cultural Center

Fugue States paintings by Virginia Bryant
The title comes from musical structures & the physicality which are a core part

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FOOD & VINO



The return of warm weather is synonymous with many things. For men and women who love to grill, spring marks a return to grilling their favorite foods and dining outdoors.

Grilled chicken sandwiches, such as the following recipe for “Grilled Chicken Ciabatta with Romesco and Baby Greens” from Karen Adler and Judith Fertig’s “The Gardener & The Grill: The Bounty of the Garden Meets the Sizzle of the Grill” (Running Press), can make for a nice change of pace from more traditional grilling fare.

Grilled Chicken Ciabatta with Romesco and Baby Greens

Ingredients: Serves 4

- 2 loaves ciabatta or 4 ciabattini (ciabatta rolls), sliced in half lengthwise
- Olive oil, for brushing
- Fine kosher or sea salt and freshly ground black pepper, to taste
- 4 boneless, skinless chicken breasts, pounded to a 1/2-inch thickness
- 1/2 recipe Romesco Sauce (see below)
- Small wedge (about 4 ounces)

- of Manchego or Parmesan cheese, for shaving
- 2 cups baby greens

Instructions:

Prepare a hot fire in your grill. Brush the cut sides of the ciabatta with olive oil. Brush the chicken breasts with olive oil on both sides and season with salt and pepper.

Grill the chicken, turning once, for 5 minutes total. Grill the ciabatta, cut sides down, until it has good grill marks, 1 to 2 minutes.

Slather all the grilled sides of the ciabatta with the Romesco. Place the chicken breasts on the bottom half of the bread, shave some Manchego cheese over the chicken, then top with baby greens and the top half of the bread. If you’re using a loaf of ciabatta, you’ll have 2 chicken breasts on each loaf, so cut each loaf in half horizontally. If you’re using ciabattini, you’ll use 1 breast for each roll. Serve immediately.

Romesco Sauce

Ingredients: 2 cups

- 1/2 cup toasted slivered almonds
- 2 jarred roasted red bell peppers, roughly chopped
- 2 garlic cloves, minced
- 1 slice white bread (crust removed), toasted and crumbled

- 1 tablespoon roughly chopped fresh flat-leaf parsley
- 1/2 teaspoon red pepper flakes
- 1/3 cup red wine vinegar
- 2/3 cup extra-virgin olive oil

Instructions:

In a food processor, grind the almonds. Add roasted peppers, garlic, bread, parsley, and hot pepper flakes. Blend until it becomes a paste. Add the vinegar and pulse to blend. With the motor running, gradually pour the olive oil through the feed tube in a steady stream until the mixture thickens like mayonnaise. Season to taste with salt and black pepper.

Store in a covered container in the refrigerator for up to 3 days.

Pairing:

- Vendange Sauvignon Blanc
- Vendange — California

It’s bright. It’s crisp. Hopefully you tried this out with last week’s recipe. Nonetheless, this is a good selection for those of you chomping at the bit to fire up the grill and enjoy the warm weather that’s come our way as of late. Oh, yeah. It’s also a good pairing with this recipe, too.

of her methods. This originates in several years of early ballet study and choreographic processes. Her paintings have been featured in exhibitions such as “A Sense of Place” at the Atlantic Center for the Arts, “Florida Contemporary” at the Baker Museum in Naples, “A Painter’s Progress” at Florida Gulf Coast University and most recently “To the North” at Thomas Aquinas College at Sparkill, which was her first solo exhibition in New York State. Her paintings are collected internationally & have garnered awards and press nationally. The paintings have musical structures in the sense that the patterning has variance, rather than the exact patterning of applied design. The fugal structure investigated repeats patterns using the two dimensions of the canvas to create contrapuntal & polyphonic synchronizations. A concern with harmony in the form of balance is a key attribute of this practice. Morgan T Paine of Florida Gulf Coast University says, “Bryant’s work connects with and expands the vocabulary of abstract painting” and John Casey of the Island Sun, also in Florida, dubbed her painting “Abstraction at its best.” The Chapel Cultural Center is open from 9:00 a.m. to 5 p.m. Monday through Friday and 10 a.m. to 5 p.m. Saturday. The artist will be present for a reception on April 26, at 6:30 p.m.. For more information call Kevin Krolik, Director, Chapel & Cultural Center at 518-274-7793

Clement Art Gallery
Ongoing: Permanent antique print and map room exhibits. Gallery hours: Weekdays from 10 a.m. to 8 p.m. and Saturdays from 10 a.m. to 4 p.m. Free admission. 201 Broadway, Troy. 518-272-6811 or www.clementart.com

Electric City Barn
Gallery Hours: Tuesday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday from noon to 10 p.m.; and Sunday, noon to 4 p.m.; closed Monday. 400 Craig St., Schenectady. 518-935-4858 ext. 11 or www.electriccitybarn.org

The Hyde Collection
Museum hours: Daily, Tuesday–Saturday, 10 a.m. to 5 p.m.; Sunday, noon to 5 p.m.; Closed Monday. Admission:

adults, \$12; seniors (60+), \$10; Children, students (w/ID)/ active military members and their families, free. 161 Warren St., Glens Falls. 518-792-1761 or www.hydecollection.org.

miSci
Zoom into Nano. A hands-on interactive exhibition focusing on how scientists see and make things that are too small to see. Nanoscale science and engineering are methods of manipulating materials on the molecular scale.

SUDOKU

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Answers on Pg. B17

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HEALTH & FITNESS

The more you know, the better

Getting a better grasp on asthma causes and management



People with asthma often fear the next attack. As a chronic inflammatory condition, asthma causes the airways to narrow and swell and produce extra mucus. This makes breathing very difficult, and also can cause wheezing and coughing fits, advises the Mayo Clinic.

Asthma is a common condition, affecting an estimated 26 million people, including six million children, in the United States alone. Despite that prevalence, the American Lung Association notes that the cause of asthma is unknown. Scientists continue to study asthma, focusing on various factors that may increase a person's risk for the condition.

- **Genetics:** The ALA says genetics play a role, noting that the risk is higher among those with a parent or a sibling who has asthma.

- **Allergies:** Certain allergic conditions are linked to

people with asthma. Seasonal allergies may compound asthma symptoms.

- **Environment:** Contact with allergens, irritants or even certain infections as an infant or in early childhood before the immune system matures is tied to asthma. Adult-onset asthma is often linked to exposure to chemicals or dust in the workplace.

- **Infections:** Respiratory infections as a child that caused inflammation and damage to the lung tissue are implicated in compromising lung function later on in life.

Once asthma is present, doctors often classify it as allergic or non-allergic, says the American College of Allergy, Asthma & Immunology. Certain allergens, such as pet dander or mold, can trigger a reaction in allergic asthma. For the non-allergic variety, stress, exercise, illness, extreme weather, and more may bring on an asthma attack.

Even though asthma is a chronic condition with no known cure, it can be managed daily, says ACAAI. An asthma action plan can be developed with the help of a physician. Some treatment strategies include:

- Identifying and avoiding asthma triggers as much as possible.

- Getting vaccinated for influenza and pneumonia.

- Recognizing that an attack may be imminent and acting quickly using a prescribed asthma medication.

- Reducing reliance on quick-relief inhalers by paying attention to frequency of use and discussing treatment adjustments.

- Remaining calm during an attack and seeking further medical treatment if medications become ineffective.

Learn more about managing asthma by visiting www.acaii.org or www.lung.org.

HOROSCOPES

April 2019
Week 4

ARIES – MAR 21/APR 20

You may realize a long-term goal over the next few days, Aries. The sense of accomplishment can inspire you to try new things and set new goals.

TAURUS – APR 21/MAY 21

It can be challenging to balance private and public life, Taurus. Make a concerted effort to be open, but don't overshare information, either. Work with others, if necessary.

GEMINI – MAY 22/JUN 21

Gemini, you want to have momentum, but something trips you up and slows you down considerably. You have to find a work-around if you want to be happy.

CANCER – JUN 22/JUL 22

Older, unresolved issues may bubble up this week and grab at your attention, Cancer. Seek out close companions who may be able to guide you through.

LEO – JUL 23/AUG 23

Leo, consistency at work starts to shine through in your career status and progress at the company. Competition seems to fall away, and you take a leadership role.

VIRGO – AUG 24/SEPT 22

Showcase your talents to people unfamiliar with what you can do, Virgo. This renewed enthusiasm may inspire you and others going forward.

LIBRA – SEPT 23/OCT 23

Libra, the longer you let your needs go unaddressed, the more the pressure and stress will mount. Find a way to put yourself first this week.

SCORPIO – OCT 24/NOV 22

Your sense of security and routine is put to the test with a new visitor to your household, Scorpio. This visitor may require a few concessions on your part.

SAGITTARIUS – NOV 23/DEC 21

Sagittarius, try your best to breeze through interruptions at work this week. Your projects are all on schedule, and you want to keep them going forward.

CAPRICORN – DEC 22/JAN 20

Your attention may be drawn to the material things in your life right now, Capricorn. It is okay to focus on the niceties surrounding you once in a while.

AQUARIUS – JAN 21/FEB 18

Make some changes at home so that living spaces reflect your personality and desire for comfort and coziness, Aquarius. It can make for more harmonious living.

PISCES – FEB 19/MAR 20

You may be at a loss for words because distractions keep pulling you in different directions, Pisces. Stay the course the best you can.

■ LIFESTYLE

Explore the classic car hobby

Rejuvenating historical cars for the present

Car enthusiasts appeared as soon as the automobile was introduced to the general public in the 18th and 19th centuries.

Through the years, certain vehicles have proven more desirable to customers than others based on their looks and other attributes.

Auto hobbyists devote substantial time and effort to purchasing, restoring and displaying classic cars.

While the hobby of restoring classic cars is not necessarily for everyone, its popularity suggests it's an activity that's here to stay.

According to an article in *The Economist*, in the wake of the recent recession, investors were increasingly pulling their money out of stocks and converting assets into tangible items, such as classic cars.

As late as 2013, collector cars were outperforming other tangible investments like art, wine, stamps, and coins by large

margins.

Those ready to dip their toes in the classic car waters should understand a few key factors that can affect how much they enjoy this potentially rewarding hobby.

- Environmental regulations. Some collectors face challenges when attempting to restore classic vehicles because the cars do not meet today's stringent clean air initiatives that govern automobiles. With the increasing number of new, clean cars on the road, vehicles that fail to meet modern emissions standards may pose a costly problem to classic car collectors.

- Introduction of alternative fuels. As governments increasingly emphasize the importance of clean fuel options, classic car owners may find it challenging to find more traditional fuels or face the added expense of adapting their vehicles to run on alternative fuels.

- Lack of mechanical expertise. Workers in the

automotive trade are trained to manufacture and repair new vehicles. As a result, classic car owners without much mechanical ability of their own may find it difficult to find mechanics with the skills necessary to repair and restore classic cars.

- Historic requirements should be heeded. Each state has its own requirements governing classic cars. To qualify for historic vehicle registration, vehicles may need to be 25 years or older, owned solely as a collector's item and used exclusively for exhibition and educational purposes. When driven for personal use, such vehicles may not be allowed to exceed 1,000 miles per year.

Classic cars continue to attract hobbyists from all over the globe.

Restoring classic cars can be a rewarding pastime, but one that involves dedication and an investment of both time and money.



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WHAT'S HAPPENING

Candlebox

The Egg — Thursday, April 25

ALBANY — Candlebox will perform at The Egg on Thursday, April 25 at 8 p.m.

For tickets, visit www.ticketmaster.com.

The Egg is located inside Empire State Plaza, Albany.

Cody Bondra & Jackie Bashaw

Savoy Taproom — Friday, April 26

ALBANY — Cody Bondra & Jackie Bashaw will perform at Savoy Taproom on Friday, April 26 at 9 p.m.

Cody Bondra & The Contraband is a five-piece Country Rock group out of New Hartford, CT. With diverse setlists and a fantastic stage show, the band has played theaters, state fairs, and festivals. The band has

shared bills with Lanco, Lynyrd Skynyrd, Counting Crows and more. Currently promoting their debut E.P. "Nothin' Wrong." Jackie is a lifelong nutmegger, as well as a classically trained pianist and vocalist. She has won awards in vocal composition, vocal performance, and piano performance.

Savoy Taproom is located at 301 Lark St., Albany.

John Primer & The Real Deal Blues Band w/s/g Misty Blues

The Linda — Friday, April 26

ALBANY — The Linda will host John Primer & The Real Deal Blues Band w/s/g Misty Blues on Friday, April 26 at 8 p.m.

John Primer has undisputedly helped build the sound

and style of Chicago blues as we know it today. The echoes of tradition bellowing from the birthplaces he played such as: Maxwell Street, Theresa's, Checkerboard and Rosa's Lounges, pulse from every chord in his fingers today. John Primer is a Chicago Blues Living Legend.

For tickets, visit www.eventbrite.com.

The Linda is located at 339 Central Ave., Albany.

Powerhouse

Jupiter Hall — Friday, April 26

ALBANY — Powerhouse will perform at Jupiter Hall on Friday, April 26 at 9 p.m.

For tickets, visit www.jupiterhallalbany.com.

Jupiter Hall, located inside Lucky Strike Social Club, is located at 1 Crossgates Mall Road, Albany.

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WHAT'S HAPPENING

Harry Allen with the Michael Benedict Trio

The Egg — Friday, April 26

ALBANY — The Egg will host Harry Allen with the Michael Benedict Trio on Friday, April 26 at 8 p.m.

Harry Allen – a swinging saxophonist and highly regarded performer whose musical inspiration and interpretive approach come from the giants and innovators of mainstream jazz – is joined by the Michael Benedict Trio.

For tickets, visit www.theegg.org.

The Egg is located inside Empire State Plaza, Albany.

Paradox Saints w/ The LateShift

Putnam Place — Saturday, April 27

SARATOGA SPRINGS — Paradox Saints will perform with The LateShift on Saturday, April 27 at 9:30 p.m.

Paradox Saints have a gritty romantic edge and express the complexities of light and shadow in human experience. With strong beats and a rich psychedelic core, this is music that wants to be danced to. The LateShift can be described as a blend of soulful melodies moved by riff-driven rock. By combining elements of old school rock & roll and modern pop, these guys have a distinct sound that is not to be missed.

Putnam Place is located at 63a Putnam Street,

Saratoga Springs.

Pilobolus

The Egg — Saturday, April 27

ALBANY — Pilobolus will perform at The Egg on Saturday, April 27 at 8 p.m.

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For tickets, visit www.theegg.org.

The Egg is located inside Empire State Plaza, Albany.

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NEWS

Soaring up



Provided photo

Madison VanDenburg makes Top 8

By **KAITLIN LEMBO**
lembok@spotlightnews.com

LATHAM — Madison VanDenburg is on to the top 8 of “American Idol.”

The teen singer wowed the judges during the Disney rounds of the live shows with a powerful rendition of “How Far I’ll Go” from the hit movie “Moana.” Celebrity judge Luke Bryan informed VanDenburg that her version “surpassed any version I’ve ever heard.” The star sent fans a message on her Instagram page after she found out America sent her through with seven other hopefuls.

“I can’t even put into words what I’m feeling right now,” she wrote. “Gratitude is what I feel most. Thank you for giving me a chance to chase the dream I’ve wanted for my entire life.”

The Shaker High School junior made the top 10 last week on Monday, April 15. Like this week, VanDenburg expressed excitement and bewilderment on Instagram after she was sent into the next round of the live competition.

“I can’t stop thinking about tonight,”

VanDenburg wrote. “I was a mess on stage ... I can’t tell you how much it means to be voted by you guys into the top 10 of ‘American Idol.’ Thank you. ... I’m still a mess, but I’m a happy mess. Thank you.”

The 17-year-old high school student sang Alicia Keys’ “Fallin” during Sunday night’s performance. After host Ryan Seacrest delivered the news VanDenburg would be moving forward, she delivered a rendition of Lady Gaga’s “You And I.”

The judges reacted positively to VanDenburg’s April 14 performance, with Bryan telling the young star she has put herself in contention in the right way — and welcoming her into the top 10 with a tweet — and Lionel Richie congratulating VanDenburg on her powerful performance by telling her she “killed it.”

“You guys make life incredible,” VanDenburg wrote after the April 20 show. “Thank you.”

Follow Madison VanDenburg on Instagram @madisonv for sneak peeks into what’s next (she’s teased something to do with Queen for her next performance) and for how to vote for her in the remaining live shows. She can also be found on her Facebook page, Madison VanDenburg.

MUSIC REVIEW

Native Harrow’s ‘Happier Now’

An intimate album aimed to impress

By **ELI STEIN**
nymusic.com

There’s something familiar behind everything on the gorgeous new album from Newburgh’s Native Harrow.

Yet, originality twists through it all, providing a fresh voice for the indie-folk world to fall in love with.

A flourish of drums and guitar get the album started with a surprising, and refreshing, kick to the ear.

Devin Tuel’s voice brings to mind Joni Mitchell, though she doesn’t allow the comparison to define her or the music.

The Mitchell likeness might come through clearest in “Blue Canyon,” appropriately a love song of sorts for California.

Jazz colors the edges of the title track, and “Hard to Take,” with a slight nod to Van Morrison via Ryley Walker.

“Something You Have” injects a gospel-fueled soul, powered by some well-placed B3 organ.

The energy of the set peaks with earthbound jazz-rock fusion on “Round to Round”



Native Harrow

Happier Now

Native Harrow / Facebook

that brings to mind the criminally underrated Arc Iris.

“Happier Now” cements itself as a great album by saving the best for last.

“Way To Light,” a sarcastic fantasy about the love of material goods, is a building slow burn, with a hint of “Dear Prudence” and some fantastically eerie slide guitar.

Devin Tuel wrote Happier Now’s nine songs while constantly touring the country in 2017w

The songs center around Tuel growing through her twenties and maturing as a human of her own making, no longer

encumbered by the strict ballerina life set out for her since she was just three.

When it came time to record with Alex Hall (JD McPherson, The Cactus Blossoms, Pokey LaFarge) at Chicago’s Reliable Recorders, Tuel and her trio tracked live in the same room, later adding minimal overdubs.

The immediacy and intimacy come through in the final product.

“Happier Now” is an album to enjoy thoroughly in the present, but also hopefully a sign of great things to come from this budding artist.

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WHAT'S HAPPENING

Avenue Q

Cohoes Music Hall — Thursday, April 25 through Sunday, May 4

COHOES — The Cohoes Music Hall will host several performances of Avenue Q from Thursday, April 25 through Sunday, May 4.

Part flesh, part felt and packed with heart, Avenue Q is still the funniest and freshest show in New York City! This laugh-out-loud musical tells the timeless story of a bright-eyed college grad named Princeton. When he arrives in the city with big dreams and a tiny bank account, he has to move into a shabby apartment all the way out on Avenue Q.

For tickets and showtimes, visit www.ticketfly.com.

Cohoes Music Hall is located at 58 Remsen St., Cohoes.

Kate Willett: Pretty Much the Best Comedy Show

Proctors — Saturday, April 27

SCHENECTADY — Pretty Much the Best Comedy Show will host Kate Willett at Proctors on Saturday, April 27 at 8 p.m.

Kate was recently a correspondent for the "Jim Jefferies Show" at Politicon 2017. She's been featured on Viceland's "Flophouse" and her appearance on Comedy Central's "This Is Not Happening" was on Splitsider's list of "2016's Best Late Night Standup Sets." She's toured with Margaret Cho nationally and internationally and has featured with

comedians like Kyle Kinane, Jen Kirkman, Ali Wong, Dana Gould, and Greg Behrendt.

For tickets, visit www.proctors.org. Proctors is located at 432 State St., Schenectady.

New Jack City

Jupiter Hall — Saturday, April 27

ALBANY — New Jack City will perform at Jupiter Hall on Saturday, April 27 at 10 p.m.

DJ TGIF, Nessa B and DJ Show spinning all night!

For tickets, visit www.ticketfly.com.

Jupiter Hall, located inside Lucky Strike Social Club, is located at 1 Crossgates Mall Road, Albany.

Tour About Nothing

Mopco Improv Theatre — Sunday, April 28

SCHENECTADY — Mopco Improv Theatre will host the Tour About Nothing on Sunday, April 28 at 7 p.m.

Join comedians Katie Hannigan, KC Aurora, Alex Pavone & Kase Raso for a stand-up comedy show about... nothing! These four comics have honed their acts in NYC - with topics from dating, to football to sciatica - and have been seen on The Late Show with Stephen Colbert, Oxygen, FOX, MTV, TruTV & College Humor.

For tickets, visit www.eventbrite.com.

Mopco Improv Theatre is located at 10 N. Jay St., Schenectady.

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4	9	6	1	5	3	8	7	2
8	2	3	7	9	6	5	1	4
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MUSIC NEWS

Disc Jam shaping up

Featuring Aqueous, Sunsquabi, Flamingosis, DrFameus, The Breakfast and more

By **EMILY VANDERWIEL**
nysmusic.com

STEPHENTOWN — Disc Jam Music Festival released Phase Two of the 2019 lineup and it's so good, it's almost unbelievable. Joining the already jam-packed lineup will be Aqueous x2, SunSquabi,

The Breakfast, C.I.A. & Friends, DrFameus and Flamingosis. Also included in Phase Two is an influx of artists to perform at the Woods Stage for nightly takeovers. These artists are Detox Unit, Attya, Bricksquash, Cofresi, Daily Bread, Drrtywulvz, Edamame, Faceplant, Frameworks, Honeycomb, Ives, IX, Khiva, Late Night Radio, Mindset, Mystic Grizzly, Pathway, Pi Wrecks, Res, Some, Spacegeisha, and Woolymammoth.

These Phase Two artists are uniting with previously announced Lotus with Barber of the Disco

Biscuits & Friends, the Floozies, John Kadlecik & The West Philly Fadeaway (featuring Marc Brownstein, Aron Magner, Sam Altman of the Disco Biscuits, Mike Greenfield of Lotus and more,) performing the music of The Grateful Dead. Ripe, Papadosio, Moon Hooch, Ghost Light, Circles Around The Sun, Pink Talking Fish, Mihali (of Twiddle,) Doom Flamingo (featuring Ryan Stasik of Umphrey's McGee,) Kung Fu, Lespecial x2, Ghost-Note, Star Kitchen with Marc Brownstein, Jaw Gems and Consider The Source. This lineup is

bringing the best national touring acts, regional favorites and some really unique collaborations and side projects.

The 9th Annual Disc Jam Music Festival, held at Gardner's Farm in Stephentown is host to more than 50 live bands and 30 electronic artists, also disc golf tournaments, flow tribe performances, food and craft vending, yoga & wellness workshops over the weekend of June 6-9.

Tickets on sale now at discjammusicfestival.com.

WHAT'S HAPPENING NOW



2sipsplantingparties / instagram

Hanging Globe art project

The Hollow — Tuesday, April 30

ALBANY — The Hollow Bar and Kitchen will host a Hanging Globe art workshop on Tuesday, April 30 at 6:30 p.m.

Make your own personal hanging globe garden with fairy lights! All supplies are included to design, decorate and create. Full menu will be available!

For tickets, visit 2sipsplantingparties.com.

The Hollow Bar and Kitchen is located at 79 N. Pearl St., Albany.

Charlie Hunter & Lucy Woodward

The Linda — Wednesday, May 1

ALBANY — Charlie Hunter & Lucy Woodward will perform at The Linda on Wednesday, May 1 at 8 p.m.

An exhilarating blast of blues, soul and funk, Music!Music!Music! marks the recorded debut of the musical partnership between guitarist Charlie Hunter and vocalist Lucy Woodward. The duo first performed together in January 2018, when Woodward — fresh off supporting her fourth solo album, 2016's *Til They Bang on the Door* — joined forces with Hunter as a last minute fill-in on a tour he'd originally booked with Mexican singer-songwriter Silvana Estrada.

For tickets, visit www.eventbrite.com.

The Linda is located at 339 Central Ave., Delmar.

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A WILD EVENING
—
Wild Adriatic and Wurliday threw a 4/20 party at Putnam Place for a bunch of friends, both old and new, on Saturday, April 20.
Michael Hallisey / The Spot 518



From page B1 ... Troy's new heartbeat

week. Or vendors might partner with the market to create a new store.”

Metzger said the outdoor market will continue in its present location for as long as the community supports it being there. The indoor market place would also be open Saturdays during the summer and might be used by certain vendors requiring more refrigeration or space for

food preparation.

Metzger notes that The Placid Baker is an example of how vendors could use their Atrium booth on Saturdays while also managing a spot in the outdoor market. The bakery, which is located on Broadway, has a vendor spot one block away on Monument Square during market days. Customers shop at both locations during market hours and

the staff brings items between the two locations throughout the day.

“If we're selling out of an item at the market, I can usually replenish that item from the bakery to get even more sales that day,” said Tom MacGregor, owner of The Placid Baker. “If someone has a retail space throughout the week, they can get feedback and gauge better what customers actually want. If I have a great seller during the week at the bakery, I know that when I put it out during the market it will be popular.”



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Room to Experiment

Bryce and the market are still working out a timeline for development of the market place. The market is flexible enough to be able to act when space becomes available.

In the meantime, the market is negotiating a five-year “rolling” lease for the Atrium, which would provide more stability than its current annual lease with Bryce for the winter months. The lease would allow the market to review other locations as they become available.

For the last several years, the farmers’ market has been included in plans to redevelop the former City Hall site at One Monument Square and Metzger said the move to the Atrium would not eliminate the possibility of the market eventually occupying that site if an appropriate opportunity arose.

“Think about how much downtown Troy has changed in the last 10 years,” Metzger said. “It’s possible that downtown Troy could change dramatically in another 10 years, and this arrangement with David Bryce would give us the room and flexibility to experiment, evolve and adapt.”

Project for Public Spaces

Over recent years, the Troy Waterfront Farmers’ Market has been thinking of how it could evolve in the city of Troy.

In early fall 2018, the market engaged Project for Public Spaces (PPS), an

internationally renowned “placemaking” consultant, to lend its expertise and experience in an assessment of the current state of the market and its potential expansion. The PPS team visited Troy for two days in November. While here, PPS held a series of meetings, visited several potential market expansion locations, and facilitated two workshops concerning the market -- one for the public which attracted more than 100 people, and a second for market vendors which drew approximately 50 vendors.

PPS clearly recognized the success of the Troy farmers’ market and encouraged it not to change dramatically.

“They suggested that we look into an affordable, flexible physical space, in a public space, that would help us build on what makes the market successful,” Metzger said. “Working with David Bryce in the Atrium is very much in line with what PPS recommended”

Improvements

“A lot of people spoke up during the public workshop and we listened to the community,” Metzger said. “People clearly love the street festival vibe of the outdoor market. We don’t plan to mess with success, but we are constantly looking to improve all aspects of the market experience. This opportunity in the Atrium will allow the market to add to its year-round presence in downtown Troy.”

The first outdoor market of this season

will be held on Saturday May 4, from 9 a.m. to 2 p.m., on River Street and around Monument Square. The market is held every Saturday.

There will be some new configurations to accommodate additional vendors as well as the brick-and-mortar stores along the streets within the market area.

20th Anniversary

This year the market is entering its 20th season.

In June 2000, the Troy Waterfront Farmers’ Market held its first market with only a handful of vendors in the parking lot between the Hedley Building and Brown’s Brewing Co.

In 2002 the winter market began in the Troy Atrium, where it continues today. The outdoor market has moved twice before settling into its most successful location along River Street and Monument Square, with nearly 100 vendors drawing as many as 20,000 visitors from the Capital Region and beyond on peak Saturdays.

“The farmers’ market was and still is a catalyst for revitalization in downtown Troy,” said David Bryce. “The addition of a market place in the Atrium is going to drive even more excitement and investment in downtown Troy in the next decade. I’m thrilled to be working with them on this project. The Atrium is now 40 years old, and this market place might finally create the vibrant space its designers originally envisioned when they built it.”

Quentin Oliver Lee as 'The Phantom' and Eva Taveira as Christine. Photo: Matthew Murphy