

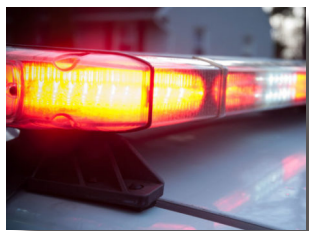
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Vol. 62, #33

August 14 - August 20, 2019



NEWS Mall melee

A fight springs several police agencies into action at Crossgates Mall.

Story on Page 2



Plastic is not the future

Plastic utensils are targeted in latest county legislation

Story on Page 3

TOP STORY

Walk this way

Motorists, cyclists, pedestrians — all need to learn how to properly use crosswalks

By **DIEGO CAGARA**
cagarad@spotlightnews.com

Crosswalks are meant to encourage better road safety but there is some concern that drivers, pedestrians and cyclists around town do not fully know how to deal with them, according to Bethlehem Police Commander Adam Hornick.

Continues on page 8



ENTERTAINMENT



Under new management

C.K. and The Rising Tide set to release second album 'Perfect Strangers.'

Story on Page B1

SPORTS



Build it... they will come

Improvements to Bethlehem's ballfields are underway and should be ready by next season.

Story on Page 9



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INDEX

Police, courts and calls	2
Sports	9
Entertainment.....	B1-B20
Classifieds	B17-B18
Opinion	14
Crossword	B8
Service Directory	B15

The Spotlight (USPS 396-630) is published each Wednesday by Community Media Group LLC, 341 Delaware Ave., Delmar, N.Y. 12054. Postage paid at Delmar, N.Y., and at additional mailing offices. Postmaster: send address changes to The Spotlight, P.O. Box 100, Delmar, N.Y. 12054. Subscription rates: Albany County, one year \$42, two years \$75. Elsewhere, one year \$52, two years \$90. Subscriptions are not refundable.

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■ POLICE, COURTS and EMERGENCY CALLS

Crossgates fight

GUILDERLAND — Two police officers were assaulted and two underage males were arrested after a fight broke out at Crossgates Mall on Saturday, August 10 at 10:48 p.m.

Around 400 to 500 people were attending a “Get Air Trampoline Park” event at the third-floor trampoline park when a fight broke out among several females inside the venue, leading two Guilderland Police Department officers to attempt to stop it.

According to a Guilderland PD press release, as they tried to break it up, “a large crowd gathered around them and became unruly.” The officers were then assaulted by multiple individuals and suffered minor injuries.

A teen-posted Facebook video seemed to show when officers believed the assault happened, showing an officer removing a girl off another girl who then hit the floor. A teenage boy

then engaged the officers and got pushed against a vending machine, with one officer falling down.

The Albany, Bethlehem, Colonie, Troy, Green Island, Watervliet and Cohoes Police Departments, SUNY Albany Police; the state Environmental Conservation Police and State Police; and the Albany County, Saratoga County and Schenectady County Sheriff’s Departments arrived on the scene to assist.

The aforementioned arrested men, whose names were not disclosed, were charged with assault, resisting arrest and criminal trespass.

They have since been released to their parents and were referred to probation.

The injured police officers refused medical attention.

Man wanted

GUILDERLAND — New York State Police are looking for a 24-year-old Guilderland man whom they believe has been “conducting fraudulent

banking activities” in the Capital District.

According to a press release, Cameron Dobbs is being pursued by Latham Barracks investigators for multiple felony charges, including criminal possession of a forged instrument and grand larceny.

He is wanted by State Police for “possessing fake checks from his previous employer and depositing them into multiple accounts through mobile deposits.

Dobbs graduated from Guilderland High School in 2012 and was on the basketball team, even being named “Male Athlete of the Week” by the Troy Record in December 2011.

Anyone with information on his whereabouts is encouraged to call BCI Investigator Mike Altieri at 518-783-3211.



DOBBS

Motorcycle crash

BETHLEHEM — Bethlehem police responded to a serious motorcycle crash at around 3:40 p.m. on Saturday, August 10 on State Route 32 and Meads Lane.

A 1996 Yamaha motorcycle, operated by Robert A. Bruno, 78, of Pittsfield, Massachusetts, was heading north on State Route 32 when a vehicle ahead was about to make a turn onto Meads Lane. He lost control as he neared the vehicle’s rear and fell off.

A third vehicle behind swerved to avoid Bruno but it went off the road and into a nearby embankment. Bruno, the only injured person, was transported to the Albany Medical Center by Delmar-Bethlehem EMS and Albany County Paramedics.

No charges were filed so far and the crash’s investigation continues.

Host of charges

DELMAR — A 26-year-old Troy woman was arrested on a host of

charges on Wednesday, July 31.

Ramiesha E. Williams admitted to the Bethlehem police who arrived at her Troy residence that day about her involvement in cashing several fraudulent payroll checks back on Wednesday, July 24.

She was taken into custody, transported to the Bethlehem Police Department and arraigned before Judge Andrew Kirby.

She was released under supervision of probation with a court date of Tuesday, August 20 at 4 p.m.

Williams was charged with criminal possession of a forged instrument, unlawful possession of personal identity and petit larceny.

She was then transported to the Colonie Police Department for additional charges on cashing fraudulent payroll checks in Colonie.

DWI

BETHLEHEM — An 80-year-old Florida man

was arrested on Sunday, August 4 at 3:45 p.m. in relation to a DWI incident.

Bethlehem police arrived at the intersection of Starr Road and Bridge Street in South Bethlehem where they observed a 1996 Chevrolet Silverado parked at the stop sign of Starr Road with the A/C on.

Franklyn Joseph Lomio, the driver, emanated a strong odor of an alcoholic beverage from his breath and he had glassy eyes and slurred speech.

He told police he had a couple of draft beers prior; he failed all three field sobriety tests and tested positive for alcohol.

Lomio was taken into custody without incident and transported to BPD.

There, he submitted to a chemical alcohol-or-drug-determining test which revealed he had a BAC of 0.11 percent.

He was charged with driving while intoxicated and operating a motor vehicle with a BAC of 0.08 percent or more. He will return to court on Tuesday, August 20 at 5:30 p.m.



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ALBANY COUNTY

Proposed bill concerning straws

Asking for straws and plastic forks

By **JIM FRANCO**
francoj@spotlightnews.com

ALBANY — Under a proposal by the county Legislature, if you want a straw or a plastic fork, you would have to ask for it.

Under the bill, all “Albany County restaurants, including fast food restaurants, beverage providers, or vendors shall offer plastic cutlery and straws, upon request.”

It does not, however, prohibit any establishment from offering up non-plastic alternatives such as “those made from paper, grain stalks, sugar cane or bamboo.”

Municipalities and businesses across the country are banning plastic straws because of the negative impact they have when improperly discarded

into the environment. In January, California became the first state to ban them and businesses like Starbucks and McDonalds have announced plans to phase them out. Having consumers ask for a straw is a step towards a complete ban and is meant to limit the number of straws, and plastic, that is discarded.

“Littered plastic products, including straws and plastic cutlery have caused and continue to cause significant environmental harm and have burdened local governments with significant environmental cleanup costs,” according to the legislation that has eight sponsors. “Plastic synthesized from petroleum and natural gas do not biodegrade. Even with the emergence of bioplastics, which are derived from renewable biomass sources, such as plants and microorganisms, there is no



certified type of bioplastic that biodegrades in the marine environment.”

According to one estimate by the National Oceanic and Atmospheric Administration, a branch of the U.S. Department of Commerce, eight million metric ton of plastic enter the ocean each year, or the weight of 90 aircraft carriers.

What is becoming a greater concern to scientists studying the impacts of plastic, which takes decades or even centuries to biodegrade, is what they

have coined microplastic, what the larger pieces of plastic are reduced to after being exposed to ocean water, sunlight, wind and sand.

A brief history of the straw, according to *National Geographic*:

People have used straws for centuries. The Sumerians, one of the first societies known to brew beer, “submerged long thin tubes made from precious metals into large jars to reach the liquid sitting below the fermentation byproducts.”

The first plastic straw was invented by John Wesley Hyatt and was made from a material that “imitated animal products like ivory,” according to *National Geographic*.

After World War II, straws were among the many throw-away products being rapidly manufactured by large corporations. New takes on the plastic straw, like jumbo straws and crazy straws, were produced in the 1980s.

According to *National Geographic*, Plastics Europe, one of the world’s largest plastic producers, reports that 1.5 million tons of plastic were produced in 1950, but by 2015, the world was producing 322 million ton of plastic.

Because of the inarguable negative impacts plastic has on the oceans, and the increasing media attention it has gotten, there is a cottage industry of reusable straws, that

can come with kits that include tools and products to clean the straws after each use. They are made from materials like stainless steel, natural wheat stems or silicone and can come in a collapsible design and can be adorned with cool graphics or designs.

The bill, first introduced in May, was slated to get forwarded to a Sept. 24 public hearing at the Legislature’s meeting on Monday, Aug. 12.

As it is written, which could change up to 72 hours prior to the public hearing, the county executive will determine which county department is in charge of “implementation, compliance and adherence to this local law.”

First time offenders will receive a written reprimand, the second time will earn a \$100 fine which will increase to \$250 for a third violation.

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COMMUNITY

A new reval

Looking into property value in Guilderland

By **DIEGO CAGARA**
cagarad@spotlightnews.com

GUILDERLAND — The town underwent a comprehensive revaluation this past year and found that the value of properties is \$4.8 billion.

Guilderland's Assessor Karen VanWagenen said 2005 was the last time a town wide revaluation was done where all town properties were assessed at 100 percent of their market value; she confirmed there are 12,808 properties in Guilderland today. This year's revaluation was done because "the state was lowering our equalization rate dramatically" from 88 to 76 percent, she said, which affected property owners' taxes who live in non-Guilderland school district areas like neighboring Voorheesville and North Colonie.

In the past year,

VanWagenen said the town "did a mass appraisal, took an inventory and sent letters out to all our residents to check if our inventory was correct. Basically we compared every single house in town and came up with a property value for everybody." Such letters were sent out in February, she said, and assessment grievances were looked into and considered on May 28 and 29.

She confirmed that her office received 893 assessment grievances but she acknowledged that since the 2005 town wide revaluation, numerous new property owners have moved into the town and were not used to the revaluation process. "So it can be startling for some people to get a letter saying their value goes up a lot," she said. "They automatically assume their taxes go up but that's not necessarily true. To them, it can be a new learning experience. Others also

disagree with the value for lots of different reasons."

It is not clear yet exactly how many of the assessment grievances came from homeowners or as how many assessments were reduced as a result of grievances. VanWagenen said, though, that most of the grievances concerned single-family homes and commercial properties. While Crossgates Mall and Stuyvesant Plaza did not file, most of the town's smaller neighborhood malls did.

"It was a lot of work and there's a lot of paperwork that still needs to be taken care of but everyone has been very polite in this process even though there were people who were stunned to see their value numbers," she concluded. For more information on the town's Assessor office, visit www.townofguilderland.org/assessors-office.

WHAT'S HAPPENING NOW

Garage sale

BETHLEHEM — Bethlehem Grange 137 will hold a garage sale on Sept. 6, 7, 13 and 14 from 9 a.m. to 4 p.m.

It is now accepting small furniture, wooden furniture, housewares, linens, holiday items, craft items, fabric, yarn, sewing accessories, records, toys, bicycles,

games, puzzles, books, tools, clothing, dishes, glassware, collectibles, antiques, CDs, DVDs, cassettes, bake ware, small appliances, cookware outdoor or patio furniture, folding chairs, and more. Tires, computers and TVs are not accepted though.

Accepting donations will begin on Monday, Aug. 19 and cease after Thursday, Aug. 29. To

arrange for delivery, call Carol Carpenter at 518-421-1384, Vernon Starr at 518-567-4294 or Charles Ryan at 518-227-8954.

The garage sale's proceeds will go into maintenance of Bethlehem Grange 137's historic building. Bethlehem Grange 137 is located on 24 Bridge St. in Selkirk.

Jonas Brothers

ALBANY — The Jonas Brothers will hit the Times Union Center on Monday, Aug. 19 at 7:30 p.m.

They will be accompanied by special guests Bebe Rexha and Jordan McGraw.

The Jonas Brothers are an American pop rock band formed in 2005 consisting of Kevin Jonas, Joe Jonas and Nick Jonas.

The Times Union Center is located at 51 S Pearl St, Albany.

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ALBANY COUNTY

An update on flavored tobacco products ban

Original ban opposed by convenience store, vape shop owners

By JIM FRANCO
francoj@spotlightnews.com

ALBANY — The county Legislature has modified the controversial ban on flavored tobacco products to exempt flavored pipe tobacco, flavored cigars that cost more than \$10 each and tobacco used on-site at existing hookah lounges.

Still included in the ban are menthol cigarettes and all e-cigarette liquid that has any flavor other than tobacco.

The Legislature is expected to call for a public hearing on the modified law on Monday, Aug. 12. If approved, the public hearing will be on Sept. 24.

The ban, first introduced in March, has met considerable opposition from convenience store owners and the owners of what is known as “vape shops,” those who sell e-cigarette liquid and the devices used to turn the

liquid into vapor.

It was slated for a vote of the full Legislature last month but was pulled at the last minute.

Albany County already prohibits anyone under the age of 21 from entering a store that sells flavored tobacco products for e-cigarettes, and that prohibition makes it impractical for most convenient stores to sell e-liquid or other flavored tobacco products.

Banning all sales of menthol cigarettes, though, is what riled the New York Association of Convenience Stores. That organization represents some 1,600 stores across the state and, in an advertising blitz, said it’s not just about the pack of cigarettes but also about all the other products a person purchases during a single stop. The ban in Albany County, it said, would just force customers to shop at stores in adjacent counties and not do anything to meet the bill’s objective.

The 16 sponsors of the bill claim flavored tobacco products are what initially draws people, at

a young age, to tobacco use and once initiated, it doesn’t take long for a person to become addicted to nicotine.

“As tobacco companies well know, menthol, in particular, cools and numbs the throat to reduce throat irritation and make the smoke feel smoother, making menthol cigarettes an appealing option for youth who are initiating tobacco use,” according to the legislation.

The legislation also points out the attraction of, and dangers inherent to, the use of flavored e-cigarettes by today’s youth.

“The 2018 National Youth Tobacco Survey cites research showing that youth and young adults identify flavors as a primary reason for e-cigarette use,” according to the legislation. “Given the highly addictive nature of nicotine, it is not surprising that high school students who were current flavored e-cigarette users reported an increase in their frequency of vaping.”

According to the legislation, some 85 percent of black smokers

use menthol cigarettes and the number of high school students vaping has increased from 12 percent in 2017 to 21 percent in 2018.

“There is a terrible youth vaping crisis but this proposed banning of all flavored tobacco, E-liquids and menthol cigarettes in Albany county impacts all adults and is not focused on those who are under 21 and vaping,” said Legislator Paul Burgdorf, R-Colonie. “It bans the sale of legal products in Albany County to those of any age, and would cost Albany County millions of sales tax dollars. There are adults who vape who are using it as a substitute for smoking carcinogen laden cigarettes; taking their preferred anti-smoking substitute away is like taking methadone away from a heroin addict. New York state just banned all cigarette, E liquid and tobacco sales to those under 21. Any restrictions should be considered on a statewide basis, and not just effect Albany County residents, small businesses, and taxpayers. We need a statewide solution to youth vaping which actually

reduces under age demand.”

Reputable vape store owners say the majority of their customers are adults who use a form of e-cigarettes to wean themselves off highly addictive cigarettes. The legislation would still require retailers to purchase a license to sell tobacco in Albany County.

Legislator Mark Grimm, R-Guilderland, also against it, said the Legislature will likely vote on Monday to bring this version of the bill to a public hearing but that the language may change before the actual public hearing in September. A flaw in the process that is, he said, “unfair to legislators, the public and the media.”

“Everyone is for protecting children but nobody is out there giving this stuff to kids. We were ahead of the state on banning cigarettes until 21 and there are enough regulations already in place,” he said. “This would prohibit all adults from purchasing any flavored tobacco and that’s why there is so much opposition to it.”

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■ ALBANY COUNTY

Still a mixed bag

Updates regarding disposable bags

By **JIM FRANCO**
francoj@spotlightnews.com

ALBANY — The money the county Legislature is proposing to charge for disposable bags will be split between the state and the county Comptroller's Office, and that is not sitting well with at least one legislator.

The county was poised to ban plastic bags, but they are now banned from any retail establishment across the state as of March 2020. Instead, a consumer in Albany County must pay a nickel for every recyclable paper bag used to carry merchandise out of a store.

Initially, the retailer, who has to purchase the bags, would keep the nickel. But, according to the legislation, which was amended after the state banned plastic bags, 3



"And why is 2 cents going to the comptroller. It's our job to spend county money, not the comptroller's."

There are some who are exempted from paying the fee, according to the legislation: people using supplemental nutritional assistance and those using special supplemental nutrition programs for women, infants

or children.

In addition to purchasing paper bags, under the proposed legislation, retailers are required to notify with signage they are charging the fee, prohibited from extending credit to consumers to pay for the bags and are encouraged to adopt "leave-a-bag, take-a-bag" initiatives.

The county executive will determine which

cents will go to the state Environmental Protection Fund and 2 cents will go to the county Comptroller "for the purpose of establishing programs to purchase reusable bags provided to customers for their direct use."

"What I really don't like is that 3 cents is going to the state. The store owners have to pay for the bags so it's just another mandate," said Legislator Mark Grimm, R-Guilderland.

department will implement and enforce the policy, should it pass the full Legislature.

Penalties for a first offense would entail a written warning to a retailer. A second offense would earn a \$100 fine, a third offense would cost \$250 and a fourth offense would carry a \$500 fine. For each subsequent violation, the retailer would be fined \$100 a day until compliance. Persistent violators could be closed down by the county.

The bill, first introduced in May, is on the Legislature's Monday, Aug. 12 agenda to get forwarded to a Sept. 24 public hearing. It is not clear as of this writing whether or not the Legislature will act on the local law at that time. If approved, it would go into effect on March 1, 2020.

Gas prices slightly fall



ALBANY — The average price for a gallon of regular dipped by 1.5 cents in the Capital District last week, according to a daily survey of 546 gas stations.

The \$2.71 per gallon is 3.2 cents lower than a month ago and 16.3 cents per gallon lower than a year ago.

Nationally, the price of gasoline fell 6.8 cents per gallon in the last week to an average of \$2.63 cents. That is down 15.9 cents from a month ago and 21.7 cents lower than a year ago.

"The national average price of gasoline has now fallen to the lowest level of the summer, but even better, the lowest since March as gas stations pass along the recent drop in oil prices brought on by the U.S./China trade rift," said Patrick DeHaan, head of petroleum analysis at GasBuddy. "However, the drops in gas prices could slow in the weeks ahead as some OPEC members talk about cutting oil production to stem the recent drop in oil prices."

Over the past decade the average price for a gallon of gas hit a high of \$3.82 in 2011 and a low of \$2.15 in 2016.

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■ STATE GOVERNMENT

Setting a new stage for the law

Eyeing staged motor vehicle collisions

By **DIEGO CAGARA**
cagarad@spotlightnews.com

NEW YORK — Gov. Andrew Cuomo signed a bill into law on Thursday, Aug. 8 that criminalizes staged motor vehicle collisions for the intent of insurance fraud.

The legislation establishes a Class E felony for such an incident as well as a Class D felony for when a person commits the same crime and causes serious physical injury to another person.

“In New York, we have zero tolerance for insurance fraud, and anyone who puts others in physical danger to further their scheme should be punished accordingly,” Cuomo said. “By signing this legislation into law, we are holding reckless individuals accountable by strengthening penalties for motor vehicle insurance fraud and taking a significant step to make our roads safer for every New Yorker.”

This legislation, also known as Alice’s Law, takes its name from wife and grandmother Alice Ross of Queens who died in 2003 after two men — cousins Ward Demoliere, 22, and Alex Carobert, 31 — randomly struck her vehicle to commit auto insurance fraud.

Ross was about to visit her daughter when it happened and the two men “planned to file insurance claims and receive settlement as a result of the crash.”

“The signing of this legislation closes loopholes in the insurance law, adds higher penalties for those who stage auto accidents, and rightfully honors the memory of Alice Ross,” said Assemblyman David I. Weprin. “I thank Gov. Andrew M. Cuomo for signing this important law and Sen. Anna M. Kaplan for carrying this bill the Senate.”

“Many New Yorkers would be shocked to learn that there is no specific crime associated with staging a motor vehicle accident,” said Sen. Anna Kaplan. “By finally criminalizing staged



Spotlight file photo

collisions, this legislation will make our roads safer by serving as a powerful deterrent for a crime that puts the safety of the public at risk every day. Additionally, it gives our law enforcement agencies another tool to fight this dangerous crime. I thank Gov. Cuomo for signing this measure, and look forward to working with him on further legislation to make our roads safer and support law enforcement.”

Bethlehem Police Comdr. Adam Hornick said that such staged motor vehicle collisions

have occurred in town although it’s “not common.”

He brought up that in most cases, a rental vehicle is used by a driver to collide with their own personal vehicle.

However, he acknowledged that insurance companies may sometimes find it cheaper to pay smaller claims, like \$3,000 or \$4,000, than to investigate if such claims are fraudulent.

This can make it difficult to determine exactly how many staged motor vehicle collisions

have happened in town, he said.

He expressed support for the legislation, saying, “Previously, you had to meet certain thresholds and dollar amounts in damage before you’re able to get felony status and the felony depended on the dollar amount on the insurance claim. Now this law gives us a tool to use as creating automatic felonies for such crashes and it expands on previous legislation.”

When asked how the police can determine if a motor vehicle collision was staged, Hornick said one way is to interview eyewitnesses of the crash.

“Maybe they saw that the driver was looking ahead but still hit the back of a car and also, we may prove that the affected drivers in a crash are related or know each other. You should keep in mind about the odds of them knowing each other and still crashing to each other,” he said.

For more information, visit www.governor.ny.gov/news/governor-cuomo-signs-legislation-criminalizing-staged-motor-vehicle-accidents.



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BRIGHT FUTURES

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From page 1 ... Walk this way

“The big issue about crosswalks in town is that we see a unilateral lack of knowledge about the law,” said Hornick. “The goal is to educate people about the law and promote road safety. One example is to operate under the ‘see and be seen’ mindset where you’re always looking out for other pedestrians, cyclists and drivers before crossing the road.”

Other examples, according to the National Highway Traffic Safety Administration, include drivers slowing down and preparing to stop near a crosswalk as they should always expect pedestrians; drivers yielding to pedestrians in crosswalks and stopping before the actual crosswalk; drivers must not pass any stopped vehicle at a crosswalk due to potential crossing pedestrians; pedestrians need to look out for vehicles in all directions before crossing; pedestrians should continue watching out for traffic even while crossing; and pedestrians should seek a well-lit area

to best view vehicular traffic if a crosswalk is unavailable and wait for a sufficient time window before crossing safely.

Hornick said the BPD works closely with the town’s Bicycle and Pedestrian Committee, made up of a group of volunteers, and police officers often attend the latter’s monthly meetings. John “Tiger” Anastasi, the town’s Highway Superintendent, said his department is starting to join the conversation and is invited to attend the meetings too. “We’re looking into more direct communication in the next few months where I will get more involved because we want to make this community more connected,” he said.

Anastasi also said that any new crosswalk idea needs to be brought before the town’s Pedestrian and Safety Committee, which includes himself, Town Supervisor David VanLuven and Hornick. “We have a roundtable at

the monthly meeting and we talk about potential traffic issues, residents’ complaints, stop signs, people’s want for more sidewalks and more,” he said.

Hornick also said BPD took part this past June for two weeks in the state governor’s safety council initiative called Pedestrian Safety Enforcement Mobilization for the second consecutive year to promote road safety with social media, the town’s website and hand out pedestrian- and driver-warning notices.

“During the two-week period, we found that just under one third of pedestrians were using the crosswalks in town inappropriately,” he said. “The most common thing we saw is that they cross against the signal at a stoplight intersection. If an intersection is controlled by a traffic-controlled device like a crosswalk signal, it is a violation of vehicle traffic law for people to cross against that device.”

He added that the most common location where this happened was at the Four Corners in Delmar where pedestrians were often seen pushing the crosswalk button but get impatient while waiting for the signal and they cross; if a vehicle strikes a crossing pedestrian in such an incident, the pedestrian is at fault, he said, as the vehicle

technically has the right of way in that moment.

He added that one day, he recalled being around the Four Corners and saw an adult male with two earbuds in crossing against the signal at the intersection. “The public should know that things like that is a recipe for disaster and you’re not going to see or hear the car if you’re listening with two earbuds and crossing when you’re not supposed to then.” Hornick also said that in terms of bicycle- and pedestrian-related crashes with motor vehicles in Bethlehem, there were seven cases in 2018 and three so far this year. Concerning violations of crosswalks with motorists, BPD has issued five citations in 2018 and three this year so far.

Erin Svare, a mother of three children and a member of the town’s aforementioned Bicycle and Pedestrian Committee, said she envisions Bethlehem to be a more walkable and bikeable community, and a place where pedestrians, cyclists and drivers practice road safety all the time. “It’s not just about safety but it’s also for health purposes where it’s great to get out there and walk instead of staying inside all the time,” she said.

Svare, also on the Hamagrael Elementary

School’s Parent Teacher Association, said she has helped hand out “Roll Model Pledge” sheets for several years now to the school district’s parents which encourages them to sign a pledge related to road safety. Examples include encouraging cyclists to always wear helmets; drivers to share the road with cyclists and yield to pedestrians at crosswalks and roundabouts; drivers to never use mobile devices while driving; pedestrians to always use sidewalks and crosswalks to travel safely; and drivers to maintain a three-foot clearance from cyclists and pedestrians on the road.

“Hamagrael has so many kids walk and bike to school which is amazing but it’s important to know about road safety,” she said. “So the Roll Model Pledge is one way the town has collaborated with the schools and parents to spread awareness about what our roles as pedestrians, bicyclists and drivers are. We all have a responsibility and a road is something that’s used by all users, not just drivers.”

She added that the BPD has ordered a new lawn sign design — a yellow, minimalist sign showing pedestrians using a crosswalk safely while a cyclist and a car waits; it also bears the words, “Bethlehem Walks and Rides... Please Look Out For Us! #BeCourteousBethlehem.” The new lawn signs are available now for residents to pick up at Town Hall, located on 445 Delaware Ave. in Delmar.

One major event — a collaboration between the BPD, the Bicycle and Pedestrian Committee, and the Parks and Recreation Department — is the

annual Bethlehem Walk and Roll Fest in May; it was held on May 18 this year on 250 Delaware Ave. at the Albany County Helderberg Hudson Rail Trail parking lot.

Focusing mainly on bike safety, it was originally called “Bike Rodeo” which began around 20 years ago, according to Hornick, and it has manned stations to engage with bikers and the public alike. Such stations were mostly kid-friendly and touched on topics like avoiding obstacles, weaving around traffic cones and safe stopping distances.

“It’s turned into the Walk and Roll Fest in the last two years and it’s now a huge festival,” he said. “This year, we received a microgrant from the Capital District Transportation Committee for the event. We received over \$1,300 in grant money. It helped us with publicity about the safety theme and we handed out backpacks with fluorescent stripes so cyclists wearing them can stand out in the road more.”

Anastasi advised drivers to be aware that “we have a lot of elderly people in town. Just because there’s a crosswalk, doesn’t mean the pedestrian can nonchalantly travel on it without yielding to traffic. Sometimes, the road has ice or it’s wet or has many fallen leaves which can make it harder for drivers to stop in time. Use good judgment.”

Svare concluded that “seeing a shift in driving behavior will increase safety. Our hope is that by doing an awareness campaign, it will help people find the compassion they do have deep within so that when they see people at the crosswalk, they will slow down for them because I would want someone to do that for my kid.”



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■ HIGH SCHOOL SPORTS

Build it ... they will come

BETHLEHEM — Improvements to the athletic facilities at the high school are moving along and should be ready by the next time the respective teams take the field.

The old bleachers and press box were demolished to make way for seating that is compliant with the Disabilities Act. It will cost about \$1.2 million.

The baseball field, which was nearly underwater after even a sprinkle of rain, was bulldozed and the old, wooden dugouts were demolished. The new baseball field will cost about \$747,932.

There is a new ADA-compliant restroom building being constructed at a cost of \$380,000 and paving the access road will cost about \$189,750.

The swimming pool is also being redone with new tile and infrastructure improvements at a cost of \$645,427.

The pool was supposed to be complete by the middle of this month when fall swimming starts but it was pushed back. The swim team will train at the Elm Avenue Park town pool until it is done sometime in early September.

The work is part of a \$27 million renovation project approved by voters in 2016 that includes work on every district school building.

The top photo is of the new bleachers and press box and the bottom is an aerial of the new baseball field.

— Jim Franco



■ WORLD SPORTS

Play like a girl

Albany hosts the first Aurora Games, an all-women's international competition, at the Times Union Center

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — Next week, world class athletes will shoot, jump, tumble and skate like girls in a first-of-its-kind event.

The Times Union Center is to host the inaugural Aurora Games, an international, world-class, all-women's multi-sport competition and entertainment festival in downtown Albany from Tuesday Aug. 20 to Sunday, Aug. 25.

"This is an important cultural moment and we are excited to create an event that empowers female athletes and celebrates their unique contributions and accomplishments," said Jerry Solomon, creator and executive producer of the Aurora Games.

The six-day event will include team and individual competitions in basketball, tennis, figure skating, gymnastics, ice hockey and beach volleyball.

Designed to celebrate the best in women's sports, entertainment and culture, the Aurora Games will welcome all-star athletes, as well as coaches and trainers, representing more than 15 countries to downtown Albany to compete in an international competition of teams comprised of the Americas vs. the World.

"We did a lot of homework on a lot of different locations," said Solomon, who admitted that he did not initially see Albany as the first choice for the host city. "We had done some events here in the past. Have a good relationship with [TU Center General Manager] Bob Belber and

the people at the arena." When Solomon spoke with Belber about his idea for the games, he was encouraged to pay a visit.

"It was perfect," said Solomon. "The city, the state and the county have all jumped in and we think it was a great decision."

The high-profile advisory board for the Aurora Games includes such iconic athletes including nine-time Olympic medalist Nadia Comaneci, who was visiting the Capital District last October when Solomon announced that Albany would host the Aurora Games.

It's been more than 40 years since Comaneci flew into the imaginations of girls and young women when she earned the first Perfect 10 in Olympic competition during the 1976 Summer Games in Montreal.

Not first for just women, but in all competition.

"Usually your favorite event is the one you are best at," said Comaneci, standing in front of dozens of young gymnasts gathered at the World Class Gymnastics Academy in Latham. She had arrived after it was announced that Albany would be hosting a unique, all-women's international competition.

Children and parents sat doe-eyed as the Olympic champion spoke of her experience. Parents old enough to recall the awe in which the Comaneci name inspired with each Olympics, while images of 14-year-old Nadia still ran freshly through each kids minds. She was speaking their language.

"Gymnastics opened

the doors for me to travel and see places that I could never see as an 8-year-old," said Comaneci. "There were limited opportunities for us at the time, and gymnastics was the only thing I was thinking of at the time."

In the United States, Title IX legislation preventing gender discrimination in education, including scholastic sports, became law just a few years before Comaneci earned her first gold medal. Nonetheless, there would still be battles to create more opportunities for girls and women. For example, it wouldn't be until 1991 when the world competed in the first women's World Cup of soccer.

Shyann Bootnan, an 11-year-old gymnast at the academy demonstrated her skill on the uneven bars — the same event Comaneci earned her first Perfect 10. All eyes were on her, including Comaneci's, as she spun and flew before landing a flawless dismount, her face beaming with a smile as her feet planted firmly on the ground.

"I was so excited to meet her," said Bootnan, who also competes in vault, balance beam and floor. "I didn't know I was going to do [the demonstration] until I walked through the doors today. It was kinda, really nerve-racking."

Like many of the girls in the room, Bootnan started competing at a young age. Where Comaneci was 6, Bootnan was 4. Today, she's "always" competing. When asked which of her four events was her favorite, she said:

"My favorite event right now is all of them."

LEGALS

**TOWN OF BETHLEHEM
Albany County -
New York
ZONING BOARD OF
APPEALS
NOTICE OF PUBLIC
HEARING**

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, August 21, 2019 at 6:05 PM, at the Town Offices, 445 Delaware Avenue, Delmar, New York, to take action on an application submitted by Peter and Marcia Panych for an Area Variance to construct a detached garage located at 97 Adams Place, Delmar. The proposed does not meet the Town Zoning Code requirements under Article V, Section 128-27 C. Accessory uses. (1) setback requirements. David Devaprasad Chairman Board of Appeals D-225709

**NOTICE OF LLC
FORMATION**

106 APARTMENTS, LLC. Arts. of Org. filed with the SSNY on 07/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 110-15 103rd Avenue, Richmond Hill, NY 11419. Purpose: Any lawful purpose. D-223214

**NOTICE OF LLC
FORMATION**

1110 LEXINGTON AVENUE LLC. Arts. of Org. filed with the SSNY on 06/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Stefano Troia, 1110 Lexington Avenue, New York, NY 10075. Purpose: Any lawful purpose. D-222503

**NOTICE OF LLC
FORMATION**

1242 ST. LAWRENCE AVENUE LLC. Arts. of Org. filed with the SSNY on 06/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Salinas, 222 Newman Avenue, Bronx, NY 10473. Purpose: Any lawful purpose. D-222382

**NOTICE OF LLC
FORMATION**

126 NORTH 1st STREET, LLC. Arts. of Org. filed with the SSNY on 07/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Jean Weissglass, 331 East 8th Street, Apartment 5, New York, NY 10009. Purpose: Any lawful purpose. D-222922

**NOTICE OF LLC
FORMATION**

1325 AVE REALTY LLC. Arts. of Org. filed with the SSNY on 07/15/19. Office: Albany County.

LEGALS

SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3159 Randall Avenue, Bronx, NY 10465. Purpose: Any lawful purpose. D-223722

**NOTICE OF LLC
FORMATION**

13921 SPRINGFIELD LLC. Arts. of Org. filed with the SSNY on 05/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 13921 Springfield Boulevard, Springfield Gardens, NY 11413. Purpose: Any lawful purpose. D-225272

**NOTICE OF LLC
FORMATION**

1399 PARK 7B LLC. Arts. of Org. filed with the SSNY on 10/26/17. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Konner Teitelbaum & Gallagher P.C., 462 Seventh Avenue, 12th Floor, New York, NY 10018. Purpose: Any lawful purpose. D-223447

**NOTICE OF LLC
FORMATION**

1399 PARK AVE 10B, LLC. Arts. of Org. filed with the SSNY on 02/22/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Konner, Teitelbaum & Gallagher P.C., 462 Seventh Avenue, 12th Floor, New York, NY 10018. Purpose: Any lawful purpose. D-224046

**TOWN OF BETHLEHEM
Albany County -
New York
ZONING BOARD OF
APPEALS
NOTICE OF PUBLIC
HEARING**

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, August 21, 2019 at 6:00 PM, at the Town Offices, 445 Delaware Avenue, Delmar, New York, to take action on an application submitted by Tucker Chrapowitzky for an Area Variance located at 15 Devonshire Drive, Slingerlands. The Applicant is proposing construction of a shed that does not meet the Town Zoning Code requirements under Article V, Section 128-27, Accessory uses. (1) David Devaprasad Chairman Board of Appeals D-225708

**NOTICE OF LLC
FORMATION**

150 CHARLES STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 07/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Midland Avenue, Staten Island, NY 10306. Purpose: Any lawful purpose. D-223956

LEGALS

served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-225029

**NOTICE OF LLC
FORMATION**

162 CENTRAL RE, LLC. Arts. of Org. filed with the SSNY on 03/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1233 Beech Street, Unit 46, Atlantic Beach, NY 11509. Purpose: Any lawful purpose. D-222494

**NOTICE OF LLC
FORMATION**

162 PARK HILL AVE LLC. Arts. of Org. filed with the SSNY on 07/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5 York Road, Larchmont, NY 10538. Purpose: Any lawful purpose. D-223961

**NOTICE OF LLC
FORMATION**

1719 GREENE LLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Jean Weissglass, 331 East 8th Street, Apartment 5, New York, NY 10009. Purpose: Any lawful purpose. D-222923

**NOTICE OF LLC
FORMATION**

1728 73RD STREET LLC. Arts. of Org. filed with the SSNY on 07/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1728 73rd Street, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-224851

**NOTICE OF LLC
FORMATION**

173 WYCKOFF LLC. Arts. of Org. filed with the SSNY on 07/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 173 Wyckoff Street, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-223901

**NOTICE OF LLC
FORMATION**

176 FILLMORE LLC. Arts. of Org. filed with the SSNY on 02/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Hardwick Place, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-222495

LEGALS

**NOTICE OF LLC
FORMATION**

178 FILLMORE LLC. Arts. of Org. filed with the SSNY on 02/14/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Midland Avenue, Staten Island, NY 10306. Purpose: Any lawful purpose. D-223957

**NOTICE OF LLC
FORMATION**

184 HAVEMEYER LLC. Arts. of Org. filed with the SSNY on 07/25/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 184 Havemeyer Street, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-224703

**NOTICE OF LLC
FORMATION**

19 MURRAY STREET #5, LLC. Arts. of Org. filed with the SSNY on 07/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Jean Weissglass, 331 East 8th Street, Apartment 5, New York, NY 10009. Purpose: Any lawful purpose. D-222923

**NOTICE OF LLC
FORMATION**

2067 BROADWAY LLC. Arts. of Org. filed with the SSNY on 06/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Milton Kazi, 2067 Broadway, New York, NY 10023. Purpose: Any lawful purpose. D-222504

**NOTICE OF LLC
FORMATION**

21-12 36TH STREET REALTY LLC. Arts. of Org. filed with the SSNY on 04/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 21-12 36th Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-224707

**NOTICE OF LLC
FORMATION**

2506 POND, LLC. Arts. of Org. filed with the SSNY on 07/10/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Hardwick Place, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-222495

**NOTICE OF LLC
FORMATION**

252 SOUNDVIEW AVENUE LLC. Arts. of Org. filed with the SSNY on 06/10/19. Office: Albany County. SSNY designated as agent of the LLC

LEGALS

upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Salinas, 222 Newman Avenue, Bronx, NY 10473. Purpose: Any lawful purpose. D-222383

**NOTICE OF LLC
FORMATION**

253 A WESTERN PARK, LLC. Arts. of Org. filed with the SSNY on 07/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 34 Thoreau Drive, Slingerlands, NY 12159. Purpose: Any lawful purpose. D-222602

**NOTICE OF LLC
FORMATION**

2560 SUNRISE REALTY, LLC. Arts. of Org. filed with the SSNY on 06/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o William Janetschek, 61 Hitchcock Lane, Old Westbury, NY 11568. Purpose: Any lawful purpose. D-222395

**NOTICE OF LLC
FORMATION**

260 PARK AVENUE, LLC. Arts. of Org. filed with the SSNY on 07/23/19. Latest date to dissolve: 12/31/2069. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Lucille Murray, c/o PKF O'Connor Davies, LLP, 500 Mamaroneck Avenue, Harrison, NY 10528. Purpose: Any lawful purpose. D-224470

**NOTICE OF LLC
FORMATION**

2752 WEST 15 STREET LLC. Arts. of Org. filed with the SSNY on 07/22/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 531 Wild Avenue, 2nd Floor, Staten Island, NY 10314. Purpose: Any lawful purpose. D-225274

**NOTICE OF LLC
FORMATION**

2785 BROADWAY LLC. Arts. of Org. filed with the SSNY on 04/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 346 Park Avenue South, 3rd Floor, New York, NY 10010. Purpose: Any lawful purpose. D-222384

**NOTICE OF LLC
FORMATION**

2785 HOLDINGS LLC. App. for Auth. filed with the SSNY on 05/31/19. Originally filed with Secretary of State of Delaware on 05/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Inshan Ali, 8726 24th Avenue, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-224476

LEGALS

may be served. SSNY shall mail copy of process to the LLC, 346 Park Avenue South, 3rd Floor, New York, NY 10010. Purpose: Any lawful purpose. D-222373

**NOTICE OF LLC
FORMATION**

2785 TRIARCH LLC. Arts. of Org. filed with the SSNY on 05/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 346 Park Avenue South, 3rd Floor, New York, NY 10010. Purpose: Any lawful purpose. D-222385

**NOTICE OF LLC
FORMATION**

310 EAST 15th STREET-4A LLC. Arts. of Org. filed with the SSNY on 07/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o William Janetschek, 61 Hitchcock Lane, Old Westbury, NY 11568. Purpose: Any lawful purpose. D-223723

**NOTICE OF LLC
FORMATION**

3111 OCEAN PARK-WAY11J LLC. Arts. of Org. filed with the SSNY on 06/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 155 Oceana Drive East, Apartment PHI-B, Brooklyn, NY 11235. Purpose: Any lawful purpose. D-223959

**NOTICE OF LLC
FORMATION**

33 WBDSh LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Samuel Eber P.C., 20 Pine Street, Suite 1005, New York, NY 10005. Purpose: Any lawful purpose. D-225185

**NOTICE OF LLC
FORMATION**

361 88th STREET PROPERTIES, LLC. Arts. of Org. filed with the SSNY on 07/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Hardwick Place, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-222500

**NOTICE OF LLC
FORMATION**

425 18th STREET LLC. Arts. of Org. filed with the SSNY on 07/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 202 28th Street, Brooklyn, NY 11232. Purpose: Any lawful purpose. D-224476

LEGALS

**NOTICE OF LLC
FORMATION**

475 HEMPSTEAD REALTY, LLC. Arts. of Org. filed with the SSNY on 06/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9210 Fourth Avenue, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-222396

**NOTICE OF LLC
FORMATION**

527 HAWKINS, LLC. Arts. of Org. filed with the SSNY on 11/20/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 12 Win Place, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-222499

**NOTICE OF LLC
FORMATION**

5870 56 STREET LLC. Arts. of Org. filed with the SSNY on 07/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Falcon Rappaport & Berkman PLLC, 265 Sunrise Highway, Suite 50, Rockville Centre, NY 11570. Purpose: Any lawful purpose. D-225276

**NOTICE OF LLC
FORMATION**

5N72-73 LLC. Arts. of Org. filed with the SSNY on 05/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 662 10th Avenue, New York, NY 10036. Purpose: Any lawful purpose. D-222388

**NOTICE OF LLC
FORMATION**

68 RONKONKOMA BLVD, LLC. Arts. of Org. filed with the SSNY on 10/22/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Hardwick Place, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-222500

**NOTICE OF LLC
FORMATION**

7 WEST 20 LLC. Arts. of Org. filed with the SSNY on 02/14/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 7 West 20th Street, First Floor, New York, NY 10011. Purpose: Any lawful purpose. D-224053

**NOTICE OF LLC
FORMATION**

84 WILSON LLC. Arts. of Org. filed with the SSNY on 07/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

LEGALS

copy of process to the LLC, c/o Alan Goldman, 1225 Franklin Avenue, Suite 515, Garden City, NY 11530. Purpose: Any lawful purpose. D-223826

**NOTICE OF LLC
FORMATION**

88-25 ASTORIA BLVD MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 07/12/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 86-11 Lefferts Boulevard, Suite 3D, Richmond Hill, NY 11418. Purpose: Any lawful purpose. D-224411

**NOTICE OF LLC
FORMATION**

8J39-40 LLC. Arts. of Org. filed with the SSNY on 05/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 662 10th Avenue, New York, NY 10036. Purpose: Any lawful purpose. D-222389

**NOTICE OF LLC
FORMATION**

9M84-85 LLC. Arts. of Org. filed with the SSNY on 05/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Falcon Rappaport & Berkman PLLC, 265 Sunrise Highway, Suite 50, Rockville Centre, NY 11570. Purpose: Any lawful purpose. D-225276

**NOTICE OF LLC
FORMATION**

AB-CDL TRAINING LLC. Arts. of Org. filed with the SSNY on 07/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1400 Ferris Place, Bronx, NY 10461. Purpose: Any lawful purpose. D-223465

**NOTICE OF LLC
FORMATION**

ABC LATCH LLC. App. for Auth. filed with the SSNY on 06/26/19. Originally filed with Secretary of State of Delaware on 05/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Van Leer Greenberg, 132 Nassau Street, Suite 219, New York, NY 10038. Purpose: Any lawful purpose. D-224023

**NOTICE OF LLC
FORMATION**

AMANI AND SHAWN'S LLC. Arts. of Org. filed with the SSNY on 06/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Inshan Ali, 8726 24th Avenue, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-222560

LEGALS**NOTICE OF LLC FORMATION**

ART PALACE US, LLC. Arts. of Org. filed with the SSNY on 08/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 65 Nassau Street, New York, NY 10038. Purpose: Any lawful purpose. D-225361

NOTICE OF LLC FORMATION

B. THOM STEVENSON STUDIO, LLC. Arts. of Org. filed with the SSNY on 06/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 41 Varick Avenue, Studio 401, Brooklyn, NY 11237. Purpose: Any lawful purpose. D-222409

NOTICE OF LLC FORMATION

BARCLAY AVE REALTY LLC. Arts. of Org. filed with the SSNY on 07/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 395 Rathbun Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose. D-225266

NOTICE OF LLC FORMATION

BERNICE GILES LLC. App. for Auth. filed with the SSNY on 07/19/19. Originally filed with Secretary of State of Wyoming on 10/15/2015. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Renee Giorgini, Esq., 325 S. Wellwood Avenue, Lindenhurst, NY 11757. Purpose: Any lawful purpose. D-224118

NOTICE OF LLC FORMATION

BFT PARTNERS LLC. Arts. of Org. filed with the SSNY on 07/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 871 Seventh Avenue, New York, NY 10019. Purpose: Any lawful purpose. D-223816

NOTICE OF LLC FORMATION

BJK BRANCHES, LLC. Arts. of Org. filed with the SSNY on 10/26/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Hardwick Place, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-222493

NOTICE OF LLC FORMATION

BNG19A LLC. Arts. of Org. filed with the SSNY on 07/02/19. Office: Albany County. SSNY designated as agent of the

LEGALS

LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Samuel Eber P.C., 20 Pine Street, Suite 1005, New York, NY 10005. Purpose: Any lawful purpose. D-222892

NOTICE OF LLC FORMATION

BPAR UBER SERVICES, LLC. Arts. of Org. filed with the SSNY on 07/11/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 70 Bluebird Lane, Plainview, NY 11803. Purpose: Any lawful purpose. D-224040

NOTICE OF LLC FORMATION

BRONX CDL TRAINING LLC. Arts. of Org. filed with the SSNY on 07/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1400 Ferris Place, Bronx, NY 10461. Purpose: Any lawful purpose. D-223466

NOTICE OF LLC FORMATION

Brooklyn1086 LLC. Arts. of Org. filed with the SSNY on 07/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1086 Fulton Street, Brooklyn, NY 11238. Purpose: Any lawful purpose. D-225147

NOTICE OF LLC FORMATION

BUSTER'S RETREAT LLC. Arts. of Org. filed with the SSNY on 08/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq., Barton, LLP, 711 Third Ave., 14th Fl., New York, NY 10017. Purpose: Any lawful purpose. D-225485

NOTICE OF LLC FORMATION

CA BAINBRIDGE PARTNERS LLC. Arts. of Org. filed with the SSNY on 07/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1452 East 8th Street, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-223890

NOTICE OF LLC FORMATION

CBWB POT LLC. Arts. of Org. filed with the SSNY on 07/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 161 Chrystie

LEGALS

Street, 2nd Floor, New York, NY 10002. Purpose: Any lawful purpose. D-222914

NOTICE OF LLC FORMATION

CCLW LLC. Arts. of Org. filed with the SSNY on 08/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5757 Collins Avenue, Apt. 806, Miami Beach, FL 33140. Purpose: Any lawful purpose. D-225618

NOTICE OF LLC FORMATION

CHOSEN FOODS, LLC. Arts. of Org. filed with the SSNY on 07/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mirsky, 14 Harvard Court, White Plains, NY 10605. Purpose: Any lawful purpose. D-223965

NOTICE OF LLC FORMATION

CITY CYCLES LLC. Arts. of Org. filed with the SSNY on 06/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Melinda Medina, 3009 Kingsbridge Terrace, Apartment D1, Bronx, NY 10461. Purpose: Any lawful purpose. C-223231

NOTICE OF LLC FORMATION

CLIFF STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 07/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-223820

NOTICE OF LLC FORMATION

CORNELIA NEW YORK LLC. Arts. of Org. filed with the SSNY on 07/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 79-31 69th Road, Middle Village, NY 11379. Purpose: Any lawful purpose. D-225118

NOTICE OF LLC FORMATION

DAP REALTY I, LLC. Arts. of Org. filed with the SSNY on 07/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kapsalis Associates P.C., 12-52 Clintonville Street, Suite 200, White-stone, NY 11357. Purpose: Any lawful purpose. D-222796

LEGALS**NOTICE OF LLC FORMATION**

DAP REALTY II, LLC. Arts. of Org. filed with the SSNY on 07/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kapsalis Associates P.C., 12-52 Clintonville Street, Suite 200, White-stone, NY 11357. Purpose: Any lawful purpose. D-222797

NOTICE OF LLC FORMATION

DARWIN HOLDING LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Shupack & Hardy, LLP, 450 Seventh Avenue, 13th Floor, New York, NY 10123. Purpose: Any lawful purpose. D-225279

NOTICE OF PLLC FORMATION

DIMITRIS J. DEMOS, DDS, MPH, PLLC. Arts. of Org. filed with the SSNY on 07/19/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o Dimitris J. Demos, 200 East 32nd Street, #12C, New York, NY 10016. Purpose: For the practice of the profession of Dentistry. D-224843

NOTICE OF LLC FORMATION

DINNENY COMMODITY ADVISORS LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Neufeld, O'Leary & Giusto, Esqs., 370 Lexington Avenue, Suite 908, New York, NY 10017. Purpose: Any lawful purpose. D-225178

NOTICE OF LLC FORMATION

EAST END BAR LLC. Arts. of Org. filed with the SSNY on 06/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1770 2nd Avenue, New York, NY 10128. Purpose: Any lawful purpose. D-224117

NOTICE OF LLC FORMATION

EAST FORK CAPITAL EQUITIES LLC. Arts. of Org. filed with the SSNY on 10/02/07. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Maksim Stav-

LEGALS

sky, 4555 Henry Hudson Pkwy, Apt 204, Bronx, NY 10471. Purpose: Any lawful purpose. D-223206

NOTICE OF LLC FORMATION

EP CONTRACTING LLC. Arts. of Org. filed with the SSNY on 07/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Walsh, 180 68th Street, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-223209

NOTICE OF LLC FORMATION

FABAERO, LLC. Arts. of Org. filed with the SSNY on 08/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Philip E. Klein, Esq., 324 East 48th Street, Suite 1, New York, NY 10017. Purpose: Any lawful purpose. D-225621

NOTICE OF FORMATION

FITCHBURG ST. LLC. Arts. of Org. filed with the SSNY on 07/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 68 Fitchburg Street, Bayshore, NY 11717. Purpose: Any lawful purpose. C-223076

NOTICE OF LLC FORMATION

FOLLOWING SEAS LLC. Arts. of Org. filed with the SSNY on 07/22/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1 Kilmer Drive, Short Hills, NJ 07078. Purpose: Any lawful purpose. D-224408

NOTICE OF LLC FORMATION

FOR FIVE BOSTON LLC. Arts. of Org. filed with the SSNY on 04/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 59-01 55th Street, Maspeth, NY 11378. Purpose: Any lawful purpose. D-224653

NOTICE OF LLC FORMATION

FRIENDLY SMILE DENTAL PLLC. Arts. of Org. filed with the SSNY on 10/20/08. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 2198 Barnes Avenue, Bronx, NY 10462. Purpose: For the practice of the profession of Dentistry. D-225115

LEGALS**NOTICE OF LLC FORMATION**

GIUSEPPE MUSCETTA LLC. Arts. of Org. filed with the SSNY on 06/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Gordon & Petkos LLP, 1790 Broadway, Suite 710, New York, NY 10019. Purpose: Any lawful purpose. D-222553

NOTICE OF LLC FORMATION

GJK 86 HUTCH LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Maria Kourtellis, 1686 Hutchinson River Parkway, Bronx, NY 10461. Purpose: Any lawful purpose. D-225181

NOTICE OF LLC FORMATION

GRAND ARMY PLAZA GARAGE LLC. Arts. of Org. filed with the SSNY on 07/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-224119

NOTICE OF LLC FORMATION

GREAT BARRIER HOLDINGS LLC. Arts. of Org. filed with the SSNY on 06/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniel Feder, 44 West 62nd Street, Apartment 3B, New York, NY 10023. Purpose: Any lawful purpose. D-225567

NOTICE OF LLC FORMATION

GVK 88 HUTCH LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Maria Kourtellis, 1686 Hutchinson River Parkway, Bronx, NY 10461. Purpose: Any lawful purpose. D-225183

NOTICE OF LLC FORMATION

HALYARD CONCEPTS, LLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23 Maxwell Avenue, Oyster Bay, NY 11771. Purpose: Any lawful purpose. D-224544

LEGALS**NOTICE OF LLC FORMATION**

HELEN PHILLIPS 1 LLC. Arts. of Org. filed with the SSNY on 07/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Phillips Brokerage, 37-19 Broadway, 2nd Floor, Astoria, NY 11103. Purpose: Any lawful purpose. D-224460

NOTICE OF LLC FORMATION

HELEN PHILLIPS 2 LLC. Arts. of Org. filed with the SSNY on 07/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Phillips Brokerage, 37-19 Broadway, 2nd Floor, Astoria, NY 11103. Purpose: Any lawful purpose. D-224465

NOTICE OF LLC FORMATION

HELEN PHILLIPS 3 LLC. Arts. of Org. filed with the SSNY on 07/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Phillips Brokerage, 37-19 Broadway, 2nd Floor, Astoria, NY 11103. Purpose: Any lawful purpose. D-224468

NOTICE OF LLC FORMATION

ISRAEL FAMILY OPPORTUNITY ZONE FUND LLC. Arts. of Org. filed with the SSNY on 05/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mark Israel, Esq., c/o MIT National, One Penn Plaza, #3406, New York, NY 10119. Purpose: Any lawful purpose. D-223360

NOTICE OF LLC FORMATION

IZYIS LLC. Arts. of Org. filed with the SSNY on 12/18/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 228 Hancock Street, Brooklyn, NY 11216. Purpose: Any lawful purpose. D-224067

NOTICE OF LLC FORMATION

JESYCA VILENSKY, PsyD PLLC. Arts. of Org. filed with the SSNY on 03/28/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 400 E. 59th Street, Suite 406B, New York, NY 10022. Purpose: For the practice of the profession of Psychology. D-222555

NOTICE OF LLC FORMATION

JEWELS BY LORI KASSIN LLC. Arts. of Org. filed with the SSNY

LEGALS

on 06/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2131 East 5th Street, Brooklyn, NY 11223. Purpose: Any lawful purpose. D-222896

NOTICE OF LLC FORMATION

JOSK REALTY LLC. Arts. of Org. filed with the SSNY on 07/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Owen Willis, 4713 Avenue N, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-224705

NOTICE OF LLC FORMATION

JULIANA PROPERTY, LLC. Arts. of Org. filed with the SSNY on 07/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 70 Washington Street, Apartment 10M, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-225102

NOTICE OF LLC FORMATION

KAIKAY'S BEAUTY SPOT LLC. Arts. of Org. filed with the SSNY on 07/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 660 Thwaites Place, #4Q, Bronx, NY 10467. Purpose: Any lawful purpose. D-223361

NOTICE OF LLC FORMATION

KATY FINNERAN, LLC. Arts. of Org. filed with the SSNY on 07/02/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Katy Finneran, 101 Bradford Avenue, Rye, NY 10580. Purpose: Any lawful purpose. D-222795

NOTICE OF LLC FORMATION

KINGSLAND B3 LLC. Arts. of Org. filed with the SSNY on 07/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 277 Riveredge Road, Tenafly, NJ 07670. Purpose: Any lawful purpose. D-223715

NOTICE OF LLC FORMATION

KSW PROPERTY LLC. Arts. of Org. filed with the SSNY on 07/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 196 Or-

LEGALS

chard Street, Unit 6M, New York, NY 10002. Purpose: Any lawful purpose. CR-225350

NOTICE OF LLC FORMATION

LAUREL EQUITY 1 LLC. Arts. of Org. filed with the SSNY on 07/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1595 Putney Road, Valley Stream, NY 11580. Purpose: Any lawful purpose. D-223210

NOTICE OF LLC FORMATION

LEONARD & RICHARDSON STREET LLC. Arts. of Org. filed with the SSNY on 07/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 177 Amherst Street, Brooklyn, NY 11235. Purpose: Any lawful purpose. D-223895

NOTICE OF LLC FORMATION

LM DEKALB LLC. Arts. of Org. filed with the SSNY on 04/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 627-629 Dekalb Avenue, 3E, Brooklyn, NY 11216. Purpose: Any lawful purpose. D-224655

NOTICE OF LLC FORMATION

LMJ WEST STREET REALTY, LLC. Arts. of Org. filed with the SSNY on 07/16/19. Latest date to dissolve: 12/31/2099. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9728 Third Avenue, Suite 142, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-223824

NOTICE OF LLC FORMATION

LOOP GROUP LLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 253 West 73rd Street, Unit 7-0, New York, NY 10023. Purpose: Any lawful purpose. D-224545

NOTICE OF LLC FORMATION

LUMA SECURITIES LLC. App. for Auth. filed with the SSNY on 07/01/19. Originally filed with Secretary of State of Delaware on 08/24/2010. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

LEGALS

LLC, 101 5th Avenue, 9th Floor, New York, NY 10003. Purpose: Any lawful purpose. D-222592

NOTICE OF LLC FORMATION

MAGNA MARKETING, LLC. App. for Auth. filed with the SSNY on 07/23/19. Originally filed with Secretary of State of Delaware on 01/17/2017. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 City Point, Suite 21F, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-224456

NOTICE OF LLC FORMATION

MARTY NAPOLEON LLC. Arts. of Org. filed with the SSNY on 07/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 600 Third Avenue, 15th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-224837

NOTICE OF LLC FORMATION

MARYA FOGEL FLANAGAN LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 325 Riverside Drive, #73, New York, NY 10025. Purpose: Any lawful purpose. D-225184

NOTICE OF LLC FORMATION

MBD LLC. Arts. of Org. filed with the SSNY on 03/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 114 E 27th St, 2B, New York, NY 10016. Purpose: Any lawful purpose. D-224838

NOTICE OF LLC FORMATION

MCTIGUE 33 LLC. Arts. of Org. filed with the SSNY on 07/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1 Curtin Drive, West Nyack, NY 10994. Purpose: Any lawful purpose. D-223022

NOTICE OF LLC FORMATION

MINI MANAGEMENT GROUP LLC. Arts. of Org. filed with the SSNY on 07/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 84 Bayview Avenue, Staten Island, NY 10309. Purpose: Any lawful purpose. D-223309

LEGALS

NOTICE OF LLC FORMATION
MRM74 LLC. Arts. of Org. filed with the SSNY on 07/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Jeffrey Eischeid, Bennett Thrasher, 3300 Riverwood Parkway, Suite 700, Atlanta, GA 30339. Registered agent address is c/o Steven Ebert, Esq., Barton, LLP, 711 Third Avenue, 14th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-222778

NOTICE OF LLC FORMATION

MYLES AHEAD MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 07/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 208 West 141st Street, #2D, New York, NY 10030. Purpose: Any lawful purpose. C-225177

NOTICE OF LLC FORMATION

NARRATIVE PROFESSIONAL DEVELOPMENT EDUCATION LLC. Arts. of Org. filed with the SSNY on 02/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Patricia Parrilla, 441 Convent Avenue, #6D, New York, NY 10031-3626. Purpose: To establish, maintain and conduct a general service organization for the purpose of providing professional development to teachers. To maintain executive and operating personnel for the purpose of providing professional development to teachers. Nothing herein shall authorize the LLC to operate, maintain or manage a charter school, a nursery, elementary or secondary school, a college or university, or to advertise or offer credit-bearing courses or degrees in New York State. D-222558

NOTICE OF LLC FORMATION

NASSI REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 07/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 541 East 20th Street, 11-F, New York, NY 10010. Purpose: Any lawful purpose. D-223310

NOTICE OF LLC FORMATION

NEW LANE LLC. Arts. of Org. filed with the SSNY on 01/12/12. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 21 New Lane, Staten Island, NY 10305. Purpose: Any lawful purpose. D-224550

NOTICE OF LLC FORMATION

NFT PROPERTY HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 03/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Jeffrey Eischeid, Bennett Thrasher, 3300 Riverwood Parkway, Suite 700, Atlanta, GA 30339. Registered agent address is c/o Steven Ebert, Esq., Barton, LLP, 711 Third Avenue, 14th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-224501

NOTICE OF LLC FORMATION

NINE EXTRA FLOORS PRODUCTIONS LLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hansel Lynch, 660 Rogers Avenue, Brooklyn, NY 11226. Purpose: Any lawful purpose. D-225268

LEGALS

03/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Jeffrey Eischeid, Bennett Thrasher, 3300 Riverwood Parkway, Suite 700, Atlanta, GA 30339. Registered agent address is c/o Steven Ebert, Esq., Barton, LLP, 711 Third Avenue, 14th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-224501

NOTICE OF LLC FORMATION

NINE EXTRA FLOORS PRODUCTIONS LLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hansel Lynch, 660 Rogers Avenue, Brooklyn, NY 11226. Purpose: Any lawful purpose. D-225268

NOTICE OF LLC FORMATION

Noya Dorje Holdings LLC. Arts. of Org. filed with the SSNY on 06/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Northwest Registered Agent LLC, 90 State Street, Suite 700, Office 40, Albany, NY 12207, which also serves as the registered agent. Purpose: Any lawful purpose. D-223445

NOTICE OF LLC FORMATION

OATS & CHIA.FRUIT LLC. Arts. of Org. filed with the SSNY on 06/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 303 Park Avenue South, New York, NY 10010. Purpose: Any lawful purpose. D-222899

NOTICE OF LLC FORMATION

OCHMANN FAMILY LLC. Arts. of Org. filed with the SSNY on 07/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Carolyn Ochmann, 174 Goodwin Avenue, Staten Island, NY 10314. Purpose: Any lawful purpose. D-223911

NOTICE OF LLC FORMATION

OCELL DESIGN STUDIO LLC. Arts. of Org. filed with the SSNY on 07/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 159

LEGALS

East 109th Street, Basement, New York, NY 10029. Purpose: Any lawful purpose. D-223719

NOTICE OF LLC FORMATION

OGU LLC. Arts. of Org. filed with the SSNY on 07/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5 Swisstone Street, Medford, NY 11763. Purpose: Any lawful purpose. D-223923

NOTICE OF LLC FORMATION

OIHL LLC. Arts. of Org. filed with the SSNY on 07/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hansel Lynch, 660 Rogers Avenue, Brooklyn, NY 11226. Purpose: Any lawful purpose. D-225352

NOTICE OF LLC FORMATION

PAMPA AGRIBUSINESS ITALY LLC. Arts. of Org. filed with the SSNY on 06/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o William C. Rand, Esq., 501 Fifth Avenue, 15th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-222492

NOTICE OF LLC FORMATION

PHATTY & DEE, LLC. Arts. of Org. filed with the SSNY on 07/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 360 West 43rd Street, Apartment S12C, New York, NY 10036. Purpose: Any lawful purpose. D-224121

PUBLIC HEARING, TOWN OF BETHLEHEM, ALBANY COUNTY, NY.

Notice is hereby given that the Planning Board will conduct a Public Hearing as part of its regularly scheduled Board Meeting on Tuesday, 08/20/2019 at 6:00 p.m., at the Town Offices, 445 Delaware Ave., Delmar, NY regarding a Subdivision Application, submitted by Michael Fitzpatrick as shown on drawing entitled "Preliminary Plat, Fitzpatrick Subdivision, 279 & 301 Bender Lane, Town of Bethlehem, County of Albany, State of New York", last revised 06/28/2019, prepared by ABD Engineers, LLP, Schenectady. Documentation related to the application can be viewed in the Planning Dept. at Town Hall, M-F, 8:30 a.m.- 4:30 p.m. Notice of Public Hearing will be mailed to property owners within 200 feet of the subject property. Said notice will also be published in the

LEGALS

08/14/2019 issue of the Spotlight Newspaper. All interested persons are invited to attend and be heard. D-225462

NOTICE OF LLC FORMATION

QUINN STREET PARTNERS LLC. Arts. of Org. filed with the SSNY on 04/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 21 New Lane, Staten Island, NY 10305. Purpose: Any lawful purpose. D-224457

NOTICE OF LLC FORMATION

R.D. REJUVENATING DESIGN LLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Schneiderman CPA, 366 North Broadway, Suite PH5, Jericho, NY 11753. Purpose: Any lawful purpose. D-224720

NOTICE OF LLC FORMATION

RALLY INVESTCO TWO LLC. Arts. of Org. filed with the SSNY on 07/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1683 Bridgeport Drive NE, Atlanta, GA 30329. Purpose: Any lawful purpose. D-223721

NOTICE OF LLC FORMATION

RANDALL HOMES LLC. Arts. of Org. filed with the SSNY on 07/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2344 Gunther Avenue, Bronx, NY 10469. Purpose: Any lawful purpose. D-224846

NOTICE OF LLC FORMATION

RATSO PRODUCTIONS LLC. Arts. of Org. filed with the SSNY on 06/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mollie Israel, 317 W. 84th Street, New York, NY 10024. Purpose: Any lawful purpose. D-222905

NOTICE OF LLC FORMATION

RELAX, WILLIAMS-BURG MESSAGE THERAPY PLLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 80 N. Henry Street, Brooklyn, NY 11222. Purpose: For the practice of the profession of Massage Therapy. D-224548

LEGALS

NOTICE OF LLC FORMATION
RoALL, LLC. Arts. of Org. filed with the SSNY on 06/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 178 East 80th Street, #17A, New York, NY 10075. Purpose: Any lawful purpose. D-222587

NOTICE OF LLC FORMATION

SANTO PSYCHOTHERAPY, LCSW, PLLC. Arts. of Org. filed with the SSNY on 07/19/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 115 West 27th Street, 4th Floor, New York, NY 10001. Purpose: For the practice of the profession of Licensed Clinical Social Work. D-225269

NOTICE OF LLC FORMATION

SERGEY PROPERTY, LLC. Arts. of Org. filed with the SSNY on 07/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 24 West 11th Street, New York, NY 10011. Purpose: Any lawful purpose. D-225104

NOTICE OF LLC FORMATION

SGM REALTY HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 07/03/19. Latest date to dissolve: 12/31/2099. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Teresa Murray Pataffi, 8 Mohican Court, Middletown, NJ 07748. Purpose: Any lawful purpose. D-222918

NOTICE OF LLC FORMATION

SINCE I WAS 8 LLC. Arts. of Org. filed with the SSNY on 07/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Theresa Malone, 275 Park Avenue, Apartment 3D, Brooklyn, NY 11205. Purpose: Any lawful purpose. PO-225697

NOTICE OF LLC FORMATION

SK COFFEE LLC. Arts. of Org. filed with the SSNY on 12/05/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Liolis & Katsihtis, LLP, 31-10 37th Avenue, Suite 301, Long Island City, NY 11101. Purpose: Any lawful purpose. D-224662

LEGALS

NOTICE OF LLC FORMATION
SML369 LLC. Arts. of Org. filed with the SSNY on 06/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 115 Firestone Circle, North Hills, NY 11576. Purpose: Any lawful purpose. D-222917

NOTICE OF LLC FORMATION

SNEDEN AVE REALTY LLC. Arts. of Org. filed with the SSNY on 07/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 395 Rathbun Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose. D-225267

NOTICE OF LLC FORMATION

SP CAPITAL GROUP LLC. Arts. of Org. filed with the SSNY on 07/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 62 West 47th Street, Suite 911, New York, NY 10036. Purpose: Any lawful purpose. D-223772

NOTICE OF LLC FORMATION

SSC PIER A LLC. Arts. of Org. filed with the SSNY on 06/21/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 93 Pearl Street, New York, NY 10004. Purpose: Any lawful purpose. D-222392

NOTICE OF LLC FORMATION

STICKS AND STONES PROPERTIES LLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 435 Lorimer Street, Apartment 3, Brooklyn, NY 11206. Purpose: Any lawful purpose. D-224841

NOTICE OF LLC FORMATION

STONED JEWELS LLC. Arts. of Org. filed with the SSNY on 06/25/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 275 West 96th Street, Apartment 14EF, New York, NY 10025. Purpose: Any lawful purpose. D-222589

NOTICE OF LLC FORMATION

SUMBER PROPERTIES, LLC. Arts. of Org. filed with the SSNY on 07/25/19. Latest date to dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon

To place your Legal Notice: Call 439-4949

OBITUARIES

Glenn A. Valentine, 86

Glenn A. Valentine, 86, passed away peacefully on August 8, 2019.

Longtime friend and companion of Judy Hughes.

Born in Cadosia, NY. Son of the late Ina Schriver and Floyd Valentine.

He attended grade school in East Branch, NY and High School in Hancock, NY.

He proudly served in the US Navy during the Korean Conflict and was honorably discharged in August 1953.

He was an executive vice president with Mall Airways and later he retired from Cooper, Erving, Savage, Nolan & Heller as a Department Manager in August 2002.

Glenn had a love of aviation and was a shareholder and Board Member at the South Albany Airport.

He enjoyed traveling, hunting in his younger years and fishing.

He enjoyed spending time with his grandchildren and was always working on a home project. And he always had a good time going back home to get together with his many siblings.

Glenn is survived by his sister Marie



VALENTINE



Kolb of Johnson City, NY, brother Earl of Browndale, PA, sister Hilda Smales of Endicott, NY, brother F. Harvey of Hudson Fl, brother James of Fruitvale, TX, brother Robert (Gert) of Cambridge, NY and brother the late Richard of East Branch, NY.

His children, Kenneth (Margaret) of Ballston Lake, NY, Deborah Valentine of Summerfield, Fl, Christine Valentine of Watervliet, NY.

His grandchildren, Rebecca (Michael) Jones of Tyngsboro, MA, Zachary Mero of Plattsburgh, NY, Tyler (Samantha) Valentine of Watervliet, NY and Abigail

Zawistowski of Watervliet, NY.

His great grandchildren, Stella and Lillian Jones, Jaden Mero and Avyonnah Valentine as well as several nieces and nephews.

His former wife, Jacqueline, predeceased him in 1999.

Calling hours will be held on Sunday, August 18, 2019 from 1:00 pm to 4:00 pm at New Comer Cremations & Funerals, 343 New Karner Rd., Colonie.

A service will follow the calling hours at 4:00 pm at the funeral home. Burial will

be on Thursday, August 22, 2019 at 11:00 am at the Gerald B.H. Solomon Saratoga National Cemetery, Schylerville, NY, meeting at the funeral home parking lot at 9:30am.

Memorial contributions maybe made to the Community Hospice Foundation 310 S. Manning Boulevard Albany, NY 12208 or to The Capitan John J. McKenna IV, Military Courtesy Room, at Albany International Airport in Glenn's memory.

To leave a special message for the family online, visit www.NewCornerAlbany.com.

Clayton M. Cahill, 47

It is with heavy hearts that we announce the passing of Clayton Matthew Cahill, 47, of Albany, NY, on August 5, 2019.

He was born June 16, 1972 in Albany, the son of John and Laurel (Pacelli) Cahill.

He attended Tri-Village Nursery, Our Savior's Lutheran, St. Thomas, and Bethlehem Central schools and graduated from Bethlehem Central High School in 1990.

He also attended Hudson Valley Community College and the College of Saint Rose.

Clayton was predeceased by his wife Jennifer (Cilli), and his mother Laurel.

Clayton is survived by his daughter, Laurel, his father John, his brother Devon, and many loving friends and family members including father-in-law Leonard Cilli and sisters-in-law Sophia Cilli and Sarah Cunningham.



CAHILL

Funeral arrangements were arraigned by Newcomer Funeral Home in Colonie. A service was held on Friday, Aug. 9, followed by interment at Bethlehem Cemetery.

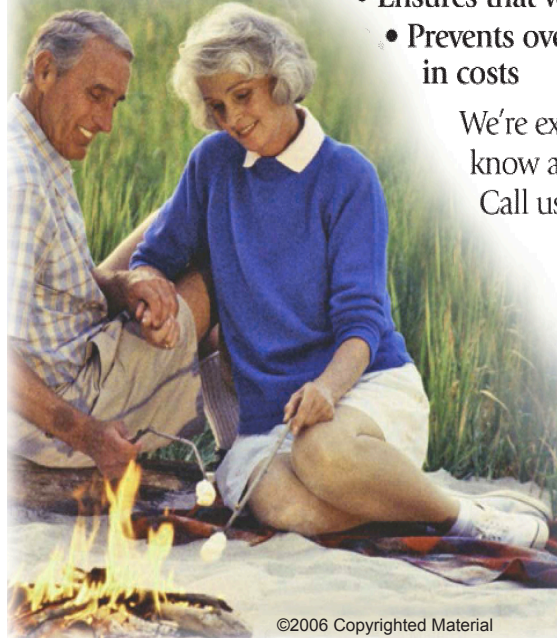
In lieu of flowers, the family asks that you consider donations to Clay and Jennifer's daughter Laurel's college savings account at Ugift529.com. Laurel's savings code is T1N-X7Y.

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LEGALS
whom process against it may be served. SSNY shall mail copy of process to the LLC, 151-78 19th Avenue, White-stone, NY 11357. Purpose: Any lawful purpose. D-225489

NOTICE OF LLC FORMATION
T ROOF INDUSTRIES LLC. Arts. of Org. filed with the SSNY on 06/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 90

LEGALS
State Street, Suite 700, Albany, NY 12207. Purpose: Any lawful purpose. D-222381

NOTICE OF LLC FORMATION
TEDDY MCLEOD LLC. Arts. of Org. filed with the SSNY on 07/22/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 139 Town Line Road, Wain-scott, NY 11975. Purpose: Any lawful purpose. D-224258

LEGALS
NOTICE OF LLC FORMATION
THE HENRY SIEGEL 1018 MADISON AV-ENUE, LLC. Arts. of Org. filed with the SSNY on 07/12/19. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Henry Siegel, 600 West End Avenue, Apartment 9D, New York, NY 10024. Purpose: Any lawful purpose. D-224043

NOTICE OF LLC FORMATION
THIEN PHAT LLC. Arts. of Org. filed with the SSNY on 05/31/19. Of-fice: Albany County.

LEGALS
SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4719 Browne Street, Flushing, NY 11355. Purpose: Any lawful purpose. D-222393

NOTICE OF LLC FORMATION
TJR INVESTIGATIVE SO-LUTIONS LLC. Arts. of Org. filed with the SSNY on 08/05/19. Latest date to dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 453

LEGALS
East 14th Street, Apart-ment #9-F, New York, NY 10009. Purpose: Any lawful purpose. D-225456

NOTICE OF LLC FORMATION
TONY CHEZ LLC. Arts. of Org. filed with the SSNY on 07/29/19. Of-fice: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 140 77th Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-224848

To place your Legal Notice: Call 439-4949

LEGALS
NOTICE OF LLC FORMATION
TRASHTOWN PICTURES LLC. Arts. of Org. filed with the SSNY on 06/28/19. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 251 7th Street, Apartment 8A, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-222502

NOTICE OF LLC FORMATION
TRUE CRIME OB-SESSED, LLC. Arts. of Org. filed with the SSNY on 07/31/19. Office: Al-bany County. SSNY des-ignated as agent of the

LEGALS
LLC upon whom pro-cess against it may be served. SSNY shall mail copy of process to the LLC, 311 West 43rd Street, 12th Floor, New York, NY 10036. Pur-pose: Any lawful pur-pose. D-225120

NOTICE OF LLC FORMATION
UNDENIABLE LLC. Arts. of Org. filed with the SSNY on 07/09/19. Of-fice: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 1732

LEGALS
1st Avenue, #23988, New York, NY 10128. Purpose: Any lawful pur-pose. D-223213

NOTICE OF LLC FORMATION
WOODROW PROPER-TIES LLC. Arts. of Org. filed with the SSNY on 07/16/19. Latest date to dissolve: 12/31/2070. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 284 Vineland Avenue, Staten Island, NY 10312. Pur-pose: Any lawful pur-pose. D-225564



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August 14, 2019

Spotlight on Opinion

www.spotlightnews.com PAGE 14

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LETTER TO THE EDITOR

Delaware Ave. road diet is worth the inconvenience

As a Town of Bethlehem resident who lives in Delmar and works in town on Delaware Avenue, the road diet is especially important to me. With the negative press recently, I want to offer a different perspective. I fully support the Delaware Avenue road diet.

I look forward to bike lanes which allow me to ride safely to get groceries or a cone at Tastee Freeze. As a kid growing up in Delmar, I wanted to ride my bicycle to the Delaware Plaza, Del Lanes, and other local businesses. Usually I did not because riding on Delaware felt incredibly risky. Still as an adult I avoid riding on Delaware Avenue. Aside from improving safety, bike lanes are an obvious choice to promote fitness, carbon-neutral commuting, and a greener community (which I strongly support).

I also support reducing the speed limit and lane count. Often, I get stuck driving behind cars going 30-35 mph in both lanes of Delaware. I can't pass and can't go 40 mph. The road diet might as well happen because a single-lane 35 mph Delaware Avenue is already the effective reality. Not only that, I strongly support any road changes that improve safety, even if that means extending commute times slightly. I want to get to my destination as fast as the next person, but my convenience isn't more important than the safety of those on the road around me.

As a community, I urge everyone to think of the road diet with an evidence-based approach. The idea of taking driving lanes away and reducing speed limits can be upsetting. After all, our brains are programmed with loss aversion: the tendency to prefer avoiding losses to acquiring equivalent gains. Let's overcome that gut reaction and look at the facts. Will the road diet improve safety, promote healthy carbon-neutral commuting, and retain customer traffic on Delaware Avenue? If so, that sounds like an overall gain. We trade a little commute time for all those benefits.

Kevin Jones

COMMENTARY

Deportations have been happening forever

After I graduated college, about 104 years ago, I made the best use of my degree by going to work for a construction company for a few years.

At the time, in about 1990, we were the general contractor working at the Extended Stay hotel, across Washington Avenue Extension from UAlbany, and everything was ticking along just fine until one day the equivalent of today's Immigration and Customs Enforcement, better known as ICE, showed up and arrested the entire sheetrock crew.

We really had no idea what was going on when about a dozen black vans pulled onto the site, but the crew of mostly Latino sheetrockers sure did because they scattered.

I saw one guy jump out a second story window. His feet hit the ground first but, thanks to a combination of momentum and gravity, his abdomen landed on a newly poured concrete curb. I really have no idea how bad he was hurt, but he didn't struggle when the feds put him in cuffs. A couple others had better luck and took off running. Not sure what happened to those guys.

Others just gave up and still others tried to hide. I distinctly remember one guy trying to conceal himself under a large box, that could fit a refrigerator, but his toes were sticking out of the bottom so that didn't work out too well.

In the end, the only person who was left sheetrocking

was the crew foreman, a white, middle aged guy, and safe to say he was not nearly as fast as the two dozen Latinos. Legal or illegal, those guys could sheetrock, and sheetrock in a hurry. I didn't get to know any of them, really, as they stuck to themselves but they seemed decent enough, and they were a hard working lot.

I don't know what happened to them. I would assume they were deported back to their country of origin, or maybe they first faced some sort of criminal charge for being in this country illegally with the punishment of being deported.

I honestly don't know, but I remember my boss at the time being very upset with the sheetrocking company for holding up the entire works while they found a new crew. I also don't know if that company faced any ramifications, criminal or civil, for hiring a bunch of illegals. Seems to me it should have.

The reason for his lookback is news of a huge raid by ICE on a Mississippi food processing plant that resulted in 680 arrests and the ongoing, very tiring, outrage at what some see as a recent enforcement of our borders — and the subsequent punishment of those who got here without following proper protocol.

It's been going on since we had borders.

And the entire Sanctuary City debate is even more tiring.

Take what transpired over the past few months in the City of Troy, for example.

The only voice of reason in that debacle was Mayor Patrick Madden, who quickly vetoed the inane vote by the Democratic majority on the City Council to make Troy a "Sanctuary City." As the mayor said, it carries no legal meaning and since laws, by definition, should have some legal precedent to back them up, it should not be on the books.

Being a sanctuary city doesn't mean anything to anyone except those who are in favor of it or those opposed. I bet it does make them feel better to voice their opinions. Yes, it may mean local police can't go out and arrest someone purely because they are an illegal immigrant but that's a policy decision, not a local law.

On the flip side, the Republicans tried to score political points too by saying they want to take the issue to a referendum. As the mayor said, it's not permissible under state law.

We don't live in a true democracy. If we did we'd be voting on every item on every agenda in every township in the country. We live in a democratic republic. That means everything is, or should be, voted upon, but we elect representatives, like town board members or city council members or state legislators, to cast a vote in our stead.

We can't have our representatives bringing every item that didn't go their way to the public with the hope of a better outcome.

Back to the issue at hand. People can scream about the number of deportations going up but that's only because of the number of

illegals are going up too. According to the Pew Research Center, from 1990 to 2007 the "unauthorized immigrant population more than tripled in size from 3.5 million to a record high of 12.2 million. By 2017, that number had declined by 1.7 million or 14 percent. There were 10.5 million unauthorized immigrants in the U.S. in 2017, accounting for 3.2 percent of the nation's population.

"The decline in the unauthorized immigrant population is due largely to a fall in the number from Mexico — the single largest group of unauthorized immigrants in the U.S. Between 2007 and 2017, this group decreased by 2 million."

And that's without a wall, which is a really stupid idea, by the way.

Illegal immigration has been an issue in this country for decades, and different presidents of different parties have not done anything of any real substance about it — including our current president and the last president too, who also used deportation as an enforcement tool.

Is there any other, really? Throw them in prison or send them back? To grant them citizenship for just walking across the border is not fair to the great majority of immigrants who did things the right way.

The useless, politically driven self-serving rhetoric on both sides of the issue does not help matters at all. All it does is throw gas on an already incendiary situation that has been simmering for decades.

Jim Franco can be reached at 518-878-1000 or at francoj@spotlightnews.com.

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LIBRARIES

DIY at the library

Get crafty at the library next week with a pair of programs that will have you whipping up some spa essentials or creating a special box to store your favorite memory keepsakes.



On Monday, Aug. 19, at 6 p.m., join us as we learn how to make a do-it-yourself mocha lip scrub and coffee salt scrub to give your grooming a caffeine kick. Supplies will be provided, but registration is required. Although the Aug. 19 program is just for adults, we're repeating it for ages 9-14 the following day, Aug. 20, at 3 p.m. Once again, registration is required.

Display your treasured memories in style when you decorate a small wooden memory box using decoupage on Wednesday, Aug. 21, at 7 p.m. Bring an image of your choice for the lid; other paper samples and wooden box provided. Registration is required.

You can sign up for one or both of these programs online at www.bethlehempubliclibrary.org or call 518-439-9314.

Be a Friend

The Friends of Bethlehem Public Library meet on Monday, Aug. 19,

at 6:30 p.m.

Want to know more about what the Friends do? Be sure to drop by – new members are always welcome!

The Friends are dedicated to increasing public awareness of the library's mission, as well as sponsoring programs that enrich the entire community. Some of the library's most popular events and activities are funded by the Friends, including mini-golf, bus trips to Glimmerglass or New York City and the ice cream social during the Evenings on the Green summer concert series finale. If you've ever borrowed a WiFi hotspot or checked out a pair of binoculars, drum kit, karaoke machine or metal detector, you have the Friends to thank as well.

The Friends also underwrite the popular winter concert series, "A Little Sunday Music," and they support the "Evenings on the Green" summer concert series and author visits.

Because of the Friends, Bethlehem patrons can check out free passes to a number of area museums and historic buildings, as well as a New York State Empire Pass. (You'll find the complete list at www.bethlehempubliclibrary.org; find "museum passes" under the "More" tab.)

The all-volunteer group meets on the third Monday evening, every other month. Meetings are open to the public. If

you would like to play a greater role in this community organization, please contact the Friends liaison at friends@bethlehempubliclibrary.org.

Mango season

What did you do on your summer vacation? How about learn a new language. Check out Mango Languages, a fun and easy-to-use, self-paced language learning program with more than 70 language courses. It's easy to get started, just head to our website at www.bethlehempubliclibrary.org and click on the "Research" tab at the top of the home page. You'll find Mango listed alphabetically under "Research A-Z." Once you click the link, you'll be asked to create an account using your email address, and then you'll be ready to say "bonjour" to your new language.

Still summer

It's not too late to sign up for summer reading at the library. Readers of all ages are invited to participate.

Register online at www.bethlehempubliclibrary.org (Click on the Summer Reading image on the home page) or in person, and check out our upcoming programs on the website or in the latest version of the Footnotes newsletter.

— Kristen Roberts

College essay help

Not sure how to get started crafting your college admissions essays?

Looking for a second opinion? Take advantage of this opportunity to get a jump on the process before school starts. Kelly Linehan, a National Board Certified teacher and independent educational consultant, will be available Tuesday afternoon, Aug. 20 and Wednesday evening, Aug. 21 to meet with students entering grades 11 and 12 for a one-on-one 15-minute session. Bring your questions, plus any essay drafts if you have them, to help make your submissions the best they can be. Please register for one session online, by phone or in person.

Celestian candleholders

On Thursday, Aug. 15



at 4 p.m., take an ordinary glass jar and transform it into something special using a variety of paint and glitter techniques. The simply stellar results might just amaze you! This program is for ages 12-17. Please register online, by phone or in person.

E.T. film

Our space movie Thursdays conclude on Aug. 15 at 6:30 p.m. with an epic film: "E.T. the Extra-Terrestrial." A lonely boy befriends a homesick alien stranded on Earth and attempts to help him find his way home, while a group of government scientists attempt to capture the gentle visitor for research. Serving double duty as both an exciting sci-fi adventure and a poignant portrait of childhood, Steven Spielberg's

remarkable tale is an enduring slice of movie magic for all ages. Rated PG; popcorn will be served.

Library Club

Join us Friday, Aug. 16 at 2:30 p.m. for a summer meeting of Library Club to talk about our plans for programs and projects for the school year, and of course – our favorite books! For grades 3-5. Please register online, by phone or in person.

Magic returns

We're excited to welcome back veteran Magician Jim Snack Monday, Aug. 19 at 6:30 p.m. for a summer reading grand finale performance that's sure to amaze and delight all ages. Arrive early for a good seat, and bring the whole family.

— Luanne Nicholson

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Top readers and grand prize winners of the Summer Reading Program will be announced and prizes awarded.

All ages are welcome to attend.

No registration required.

Upcycled bird feeders

Teens and adults are welcome to join us on Thursday, Aug. 15, at 6:30 p.m., to use your creativity and imagination to recycle/upcycle all manner of plastic bottles.



We will be creating bird feeders for use in your garden, or outside your kitchen window, or wherever you would like to hang it. All materials will be provided.

Please register.

Kindergarten Readiness

Children entering kindergarten, and their parents, are invited to join us on Wednesday, Aug. 21, at 6:30 p.m., for a fun-filled and educational evening where the soon-to-be-kindergarteners can hone their kindergarten-readiness skills at activity/learning centers.

Let's celebrate this important and exciting milestone.

Please register.

ENCORE! Books

ENCORE! Books hours are Tuesdays, 10 a.m. to 7 p.m., and Thursdays, 3:30 to 7 p.m. All donations will be accepted at the sheds during open hours or by appointment. To schedule an appointment, please email the FOL at friends@voorheesvillelibrary.org. The fall book sale date is Sept. 20-22.

Registering for programs helps us to determine supply needs. Unless otherwise indicated, registration is requested for all programs. You can register in person, by phone (518-765-2791) or using our online calendar at <http://voorheesvillelibrary.org/calendar.asp>.

— Lynn Kobler

COMMUNITY

Poll: Cuomo is doing a good job but not likeable

ALBANY — New Yorkers think Gov. Andrew Cuomo has made the state a better place to live but his favorability ratings match the lowest in his nine-year tenure and his job performance rating is at an all-time low, according to a new poll by the Siena Research Institute.

“For the dog days of August, voters give Cuomo good news and some bad news. The good news: by a margin of 51-39 percent, they say he has made New York a better place to live in nine years as governor,” said SRI pollster Steven Greenberg.

His favorability rating is a negative 43-50, down from 52-42 in June and his job performance rating stands at 34-64.

Meanwhile, Pres. Donald Trump’s favorability rating, while still in the negative, has inched up over the last few months from 34-63 in June to 35-62 and his job performance rating went from 29-70 in June to 34-66.

“Trump continues to be viewed overwhelmingly negatively by his fellow New Yorkers – with the exception of Republicans, nearly three-quarters of whom continue to view him favorably and give him a positive job performance rating,” Greenberg said.

Voters overwhelmingly support new laws to require vaccinations of children regardless of the parents’ religious beliefs, according to the poll, institute a

farmworkers’ bill of rights, mandate zero carbon emissions in electricity by 2040, ban single-use plastic bags, and prohibit use of the gay and trans panic defense.

A majority, 53-43, opposes the law allowing undocumented immigrants to obtain a New York driver’s license.

“Only Democrats support allowing undocumented immigrants to obtain a New York driver’s license; it is opposed by independents and overwhelmingly opposed by Republicans,” Greenberg said.

Other findings include:

- 53 percent think the U.S. is headed in the wrong direction
- 43 percent view the state Assembly favorably while 45 view the Senate favorably.
- 60 percent have no opinion of Comptroller Tom DiNapoli
- 53 percent view Sen. Chuck Schumer favorably while 41 percent view Sen. Kirsten Gillibrand favorably
- 32 percent say they would elect Trump to another term while 64 percent prefer someone else
- 65 percent favor banning single-use plastic bags

The poll was conducted July 28 through Aug. 1 by telephone calls to 810 registered voters. It carries a margin of error of +/- 4.1 percent.

— Jim Franco



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Your baby's growing up

What parents can do to help kids as the first day of kindergarten draws near



Children experience many firsts as they make their way through infancy and into childhood. Parents often remember their child's first word and the day they took their first step, as both are major milestones in youngsters' lives.



for both children and their parents. As the big day approaches, children about to begin kindergarten may experience a range of emotions, including excitement, anticipation and even a little anxiety or nervousness. Parents can help their children manage such emotions by taking various steps to make the first day of kindergarten as fun as possible.

You are not alone. Your child can be just as anxious about his or her first day of school as you are. The trick to calming those nerves is to take control and learn more of what to expect in the days ahead.

One of the most memorable firsts children experience is their first day of kindergarten. Though many youngsters now attend daycare and/or preschool before beginning kindergarten, the first day of kindergarten is still something special

Initiate

- Request a class list. Some schools may not



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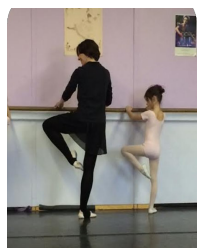
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provide a class list and some will. Parents who can access the class list can go over the list with their children before the start of school. Doing so can lessen youngsters' anxiety as they will no doubt recognize a few familiar names on the list. Knowing friends will be in class alongside them will no doubt make kids more excited for their first day.

Discuss

Discuss activities with school officials, including teachers. Some kids may not be nervous about going to kindergarten, but might not be looking forward to the end of summer. In such instances, reaching out to teachers and/or other school officials to learn what kids will be doing

It's common for a child to be anxious about his or her first day of school. One way to calm nerves is to learn who else is attending class. A familiar name could turn things around.

in kindergarten can help. Discuss first-day and early-year activities with teachers and then share that information with kids. Once kids learn how much fun they'll be having in kindergarten, they might be less reluctant to say goodbye to summer.

Enable

Let youngsters choose their clothes for the first day. When shopping for first-day-of-school attire,

let kids choose their own outfits, explaining to them that the first day of kindergarten is a special day worthy of new clothes. Once the big day arrives, kids may forget their nerves and just be excited to get dressed and show off their new duds, especially if they're wearing clothes they handpicked themselves.

Attend

Attend a school orientation day. If

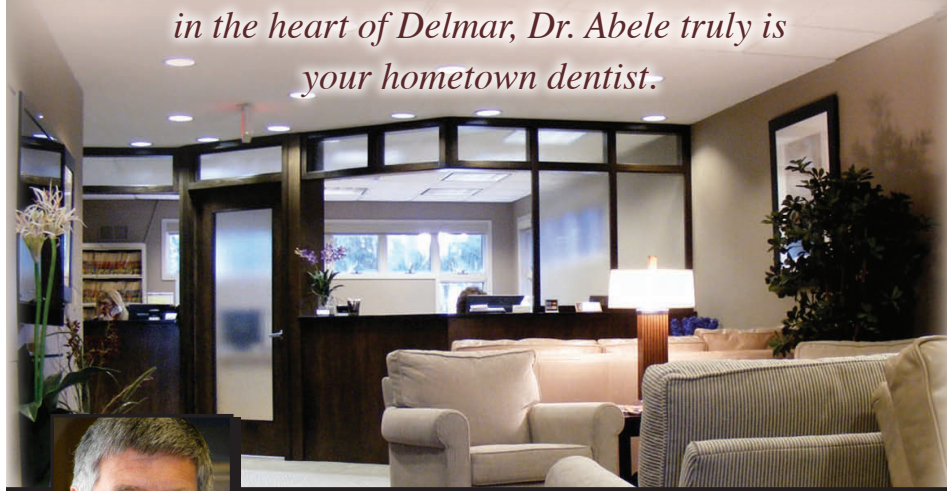
your child's school hosts a student/family orientation day, be sure to attend. Orientation will give kids a chance to see their classroom and meet fellow students as well as their teacher. That familiarity can calm kids' nerves on the first day.

The first day of kindergarten is a milestone. Parents can employ various strategies to calm any nerves kids may have as the big day approaches.



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Manage hectic school mornings

If a typical school morning sees your family rushing around and out the door with nary a moment to spare, only to be left feeling like you ran a marathon by 9 am, a new approach to your routine might be necessary.

Mornings, especially in households in which parents who work outside of the home and have one or two kids requiring drop-off at their respective schools, can often be hectic. Starting off the morning feeling harried and stressed can carry over into the

Getting yourself and the kids out the door on time can sometimes be an act of insanity.

mood of the day, affecting productivity as a result.

According to Dr. David Anderson, PhD, senior director of the ADHD and Disruptive Behavior Disorders Center at the Child Mind Institute, busy mornings can be the most stressful moments of the day. Homework hour and getting prepared for bed are other typically stressful times of the day for families.

If less stressful mornings are a goal for your family, try these strategies.

Start the night before

Doing as much preparatory work the evening before can make quite a difference in taming hectic mornings. Things that can be done in advance include checking and stocking backpacks, signing paperwork, making lunches, setting out clothing, showering, and having breakfast foods

ready to go.

Establish a 'launch pad'

Ann Dolin, a Virginia-based education specialist, suggests having a launch pad, or a place where all school-related items are prepped and stored. It can be a basket, box or another container big enough to contain school items. Children can drop and pick up the items as needed.

Routine is 'the boss'

Positive Parenting Solutions founder Amy McCreedy says families can implement a "when-then" routine that sets the tone for the morning. "When everyone is dressed, hair combed, breakfast eaten, and school supplies packed, then you can watch 10 minutes of an educational cartoon." This puts the routine in control rather

than making the parents the bad guys.

Make kids responsible

Too often parents add more stress to their plates by showing up at school with forgotten lunch boxes or band instruments. Instead, parents can stop rescuing their children and help train them to be more responsible — an essential trait.

Chart wake-up times

It may seem like micromanaging, but scheduling wake-up and bathroom times can help everyone know where they should be and when they should be there. It also helps avoid bottleneck situations in the bathroom or kitchen.

Keep morning madness to a minimum with some simple strategies.



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Social networking on the playground level

How to help kids make friends at school

The average student likely spends more time at school and participating in extracurricular activities with classmates than he or she does at home. In close proximity to so many peers, it may seem like making friends would be a snap. However, some students have trouble connecting and can use a little push to make friends.

The family and parenting resource Parenting Science notes that research indicates that the most popular children are those who exemplify certain traits. These traits include being caring; a willingness to share; a willingness to offer help; and strong verbal skills. Children who embrace these traits may prove better at making friends. Parents may find that youngsters need some encouragement to build their social circles, and the following are some ways parents can offer that encouragement.

Encourage

Encourage kids to seek out someone on their own. It may be challenging to walk up to a group and introduce yourself. Encourage students to seek out someone who is alone and then strike up a conversation, which can be less intimidating than approaching a group. Emphasize to kids that other students may also be a little shy and looking to make friends.

Ice breakers

Practice conversation starters at home. Children can work with their parents to come up with topics that can help foster communication. These can include ice breakers and common interests, such as favorite television shows or video games.

Body talk

Teach kids approachable body language. Wearing earbuds or exhibiting negative body language, such as crossed arms or avoiding eye contact, can make a person seem less approachable. Smiling, engaging in conversation and being friendly can make it easier to make friends.

“Making friends in school can make time spent in the classroom more enjoyable for youngsters.”

Ask for help

Ask teachers to help. The education resource Understood says teachers can give children responsibilities, such as the opportunity to hand out snacks or papers, which can build confidence and provide opportunities for kids

to converse with their peers.

Listen

Help children be active listeners. An active listener is someone who makes it clear that he or she is paying attention. Making eye contact, orienting the body toward the speaker and making relevant verbal responses are some active listening strategies that can help kids more fully engage with their peers. Feeling valued and listened to may encourage other children to be more friendly and engaging.

Open questions

Ask open questions. The social networking advisement site Young Scot suggests having

students ask open questions, such as: “How was your summer?” or “What sports do you like to play?” These types of questions can kick-start in-depth conversations.

Join a team

Students often make

friends in social or extracurricular settings, such as on a sports team. With a shared interest, it’s easy to find topics to discuss.

Making friends in school can make time spent in the classroom more enjoyable for youngsters.

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What to do once that school bell rings



Tips for finding an afterschool program

Today's children grow up differently than their parents did. Technology has changed the way students learn in the classroom, but perhaps the biggest difference between how today's kids grow up and how their parents were raised concerns the dynamic at home.

According to the Bureau of Labor Statistics, in 2018 both parents worked in 63 percent of households that were home to married-couple families with children. Many of those parents likely did not grow up in households in which both of their parents worked full-time throughout their

childhoods, marking a significant difference in the dynamics of modern families compared to those of yesteryear.

Afterschool programs take on heightened importance when both parents work full-time, especially if neither parent works from home. Many schools and community organizations offer afterschool programs. While it's great to have options, too many options can make it daunting for parents to find the program for their children. The Afterschool Alliance (www.afterschoolalliance.org), which works to ensure all youth have access to affordable, quality afterschool programs, offers the following tips to parents as they look to find afterschool programs for their children.

- Contact educators at your child's school. Many schools have afterschool programs on school

premises. Speak with school administrators or teachers about school-sponsored afterschool programs. Even if a school does not have such a program, educators might be able to provide a list of nearby programs other students attend.

- Contact community organizations.

The Afterschool Alliance notes that many community organizations, such as the YMCA, the Boys & Girls Clubs of America and the 4-H Council, may offer afterschool programs. Local churches, synagogues and mosques also may offer afterschool programs to local families, regardless of their religious affiliation. When speaking to community organizations, discuss how kids are typically transported from school to the program.

- Speak with fellow

parents and neighbors. Your community is a great resource. Fellow parents and neighbors, even those whose kids may be in high school or even out of the house, may be able to recommend local programs. Reach out at school-sponsored events or via social media.

- Contact your local government. Local government offices and officials also can help parents find afterschool programs in their communities. Local Child Care Resource and Referral agencies (www.childcareaware.org) can be valuable assets for parents having trouble finding afterschool programs for their children.

Afterschool programs are invaluable to families in which both parents work. Finding the right program may involve a combination of strategies.

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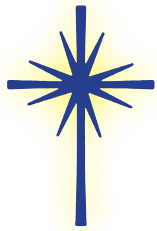
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Pull back on them reins

How to prevent busy kids from overextending themselves

Today's teenagers are busy. According to the American Time Use Survey from the Bureau of Labor Statistics, the average high school student spends just under an hour and a half each weekday participating in extracurricular activities that include playing sports, working/volunteering and religious activities.

With so much do and lots of encouragement to participate in their communities, teens can easily find themselves overextended. Extracurricular activities are important, and some have even been linked to improved academic performance. But it's equally important that high school students avoid burnout, which can adversely affect their academic performance and how much they enjoy school and other activities.

Parents can employ various strategies to help busy teenagers avoid overextending themselves.

- Learn the signs of burnout and look for them. Even the most overextended teenager probably enjoys many of the activities he or she engages in. So it's

unlikely that kids will self-report burnout to their parents, teachers, coaches, or other authority figures. Parents can learn to spot the signs of burnout to identify if their child is overextended. According to Understood.org, a website sponsored by 15 nonprofit organizations devoted to helping parents of kids between the ages of three and 20, procrastination, negative attitudes, testiness, difficulty concentrating, and a disinterest in things kids once liked are some potential indicators of burnout. Parents who notices any of these signs in their children might want to look at their kids' schedules to see if their children are simply taking on more than they can chew.

- Teach kids time management skills. Time management skills can help kids make effective and efficient use of their time. Encourage kids who are struggling with their schedules to use a calendar to plan their weeks. Knowing what's expected of them each day can help kids develop a plan to get everything done. In addition, when kids make a list of their daily activities, parents can go over that list with them to see if they're taking on too much. Discuss the calendar with kids, and if kids express feelings of exhaustion or burnout, go through the calendar to see where they can free up some time, even if it means

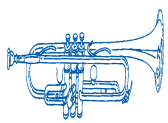
cutting some activities out of their schedules entirely.

- Teach kids the art of prioritizing. Parents know that some tasks are more important than others. But kids may not be so savvy. Teach kids how to prioritize, emphasizing that academics always come first. Give kids some credit if they're initially resistant to dropping some activities, as that can indicate an admirable willingness to commit. But emphasize that school comes first, and that activities that are low priority might need to be sacrificed during the school year. In addition, point out that certain activities that are not school-related can be revisited in the summer, when kids typically have less hectic schedules.

Burnout can be harmful to high school students. Parents can work with their children to ensure they aren't overextending themselves.

A child with various interests can be a blessing and a curse. Burnout can be just as easy with him as it is with you.

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Page B4



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LOCAL MUSIC

PICK OF THE WEEK



Down by the river

River Jams behind Brown's and Ryan's Wake promises good times on Thursday.

Page B6

INSIDE



Summer hair?

Days under the sun and in the pool can do a number on your hair.

Page B12

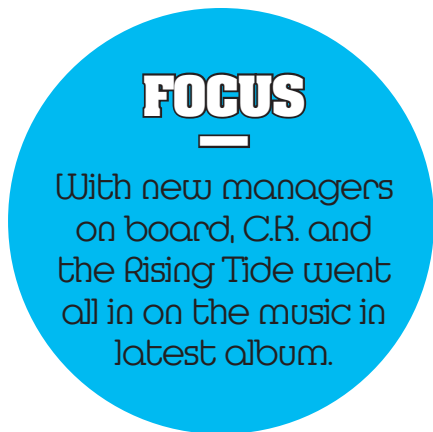
Arts calendar

Pages B7-B10



A.K. Photography and Design

Under new management



C.K. and The Rising Tide set to release second album 'Perfect Strangers'

By **KAITLIN LEMBO**

lembok@spotlightnews.com

TROY — Few things are more poetic than the lyrical talent of Curtis Flach.

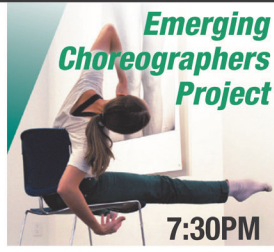
It's been quite the year for C.K. and The Rising Tide. The band, a five-piece Americana and folk powerhouse, is relatively new on the scene, but it's slowly been playing every major

venue and more, grabbing new fans along the way. Flach released a solo EP in 2016 before finding his band members. In 2018, the band, then only a trio and managing itself, released *American Romance*, a 10-track homage to the finer things in Americana. Armed with fun songs like "Friends" and slower ballads like "Road to Damascus," *American Romance* ushered in a wave of success, two new members and new management.

Continues on page B13



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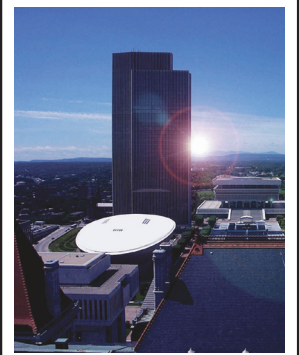
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contents

What's Happening	B3-B6
Feature	B4-B5
Pick of the Week	B6
Crossword Puzzle	B8
Arts Calendar	B7-B10
Health & Fitness	B12
Sudoku Puzzle	B13
Service Directory	B15
Reviews	B15-BB16
Classifieds	B17-B18

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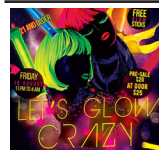
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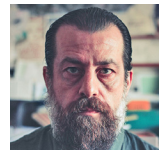
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RECENTLY ANNOUNCED

Home to trick or treat

In This Moment to play
Palace Theatre in October

ALBANY — In This Moment will hit the Palace Theatre stage for Mother's House of Horror Traveling All Hallows' Eve Masquerade on Sunday, Oct. 27th with support from Motionless in White, New Year's Day, Ded and Rock & Roll Burlesque act, Little Miss Nasty.

On its sixth full-length album "Ritual," In This Moment unearthed a furious and focused feminine fire from a cauldron of jagged heavy metal, hypnotic alternative, and smoky voodoo blues.

Vocalist and Capital District native Maria Brink comes back home, along with guitarist Chris Howorth, bassist Travis Johnson, rhythm guitarist Randy Weitzel and drummer Kent Diimmel.

The group spent two years supporting its biggest album 2014's "Black Widow." Upon release, the band seized its highest position on the Billboard Top 200, bowing at No. 8. Simultaneously, it clinched No. 3 on the Hard Rock Albums chart and spawned a series of hits such as "Sick Like Me," and "Big Bad Wolf," both cracking 8 million Spotify streams each and topping Rock Radio.

Furthermore, the title track off In This Moment's 2012 album, "Blood," has been certified gold by the RIAA. A remarkable accomplishment, the companion music video for "Blood" has been viewed over 27 million times.

Tickets go on sale Friday, Aug. 16 at 10 a.m. at the Palace Theatre Box Office (located at 19 Clinton Ave).

Tickets are also available for purchase online at ticketmaster.com.



WHAT'S HAPPENING NOW



Hawktail

Hawktail

Caffe Lena — Wednesday, Aug. 14

SARATOGA SPRINGS — Hawktail will perform at Caffe Lena on Wednesday, Aug. 14 at 6 p.m.

Hawktail brings their unique brand of top-shelf musicianship grounded in timeless tradition, performed with jubilant camaraderie. Originally a trio made up of Brittney Haas (Crooked Still), Paul Kowert (Punch Brothers), and Jordan Tice, the group found that their sound was missing something. Mandolinist Dominick Leslie filled that spot and a perfect balance of sound was achieved.

Caffe Lena is located at 47 Phila St, Saratoga Springs.

The City of Albany, The Albany Latin Festival Assn, The University at Albany Foundation, & NYSUT Presents:

Contact Nelson Flores (518) 334-1105
www.AlbanyLatinFest.org

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■ WHAT'S HAPPENING NOW

Kiss The Sky, Soul Sky Riverfront Park — Wednesday, Aug. 14

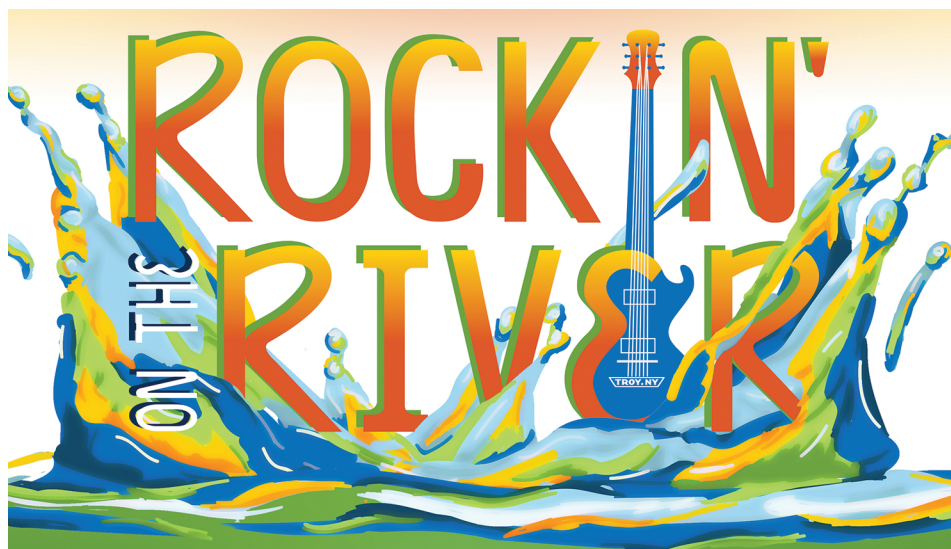
TROY — Kiss The Sky, The RE-Experience: World's Greatest Tribute to Jimi Hendrix and Soul Sky will perform at Riverfront Park as part of Rockin' on the River on Wednesday, Aug. 14 at 5 p.m.

Fronted by virtuoso guitarist and former Columbia recording artist, Jimmy Bleu, and backed by world-class touring musicians, Kiss the Sky is the only Hendrix tribute with spot-on look & sound-a-like performers for both

of Jimi's bands, The Experience and The Band of Gypsys. The show uses authentic replica costumes and the same musical gear which Jimi used in the 1960s.

Opening Act Soul Sky is a dynamic, bluesy, jammy, rock band with excellent guitars and an awesome rhythm section. Music that will move your body and soul. Featuring the talents of Jeremy Walz, Tom Dolan, Josh Bloomfield, Joe Mele and Mark Emanatian.

Riverfront Park is located at 255 Front St, Troy.

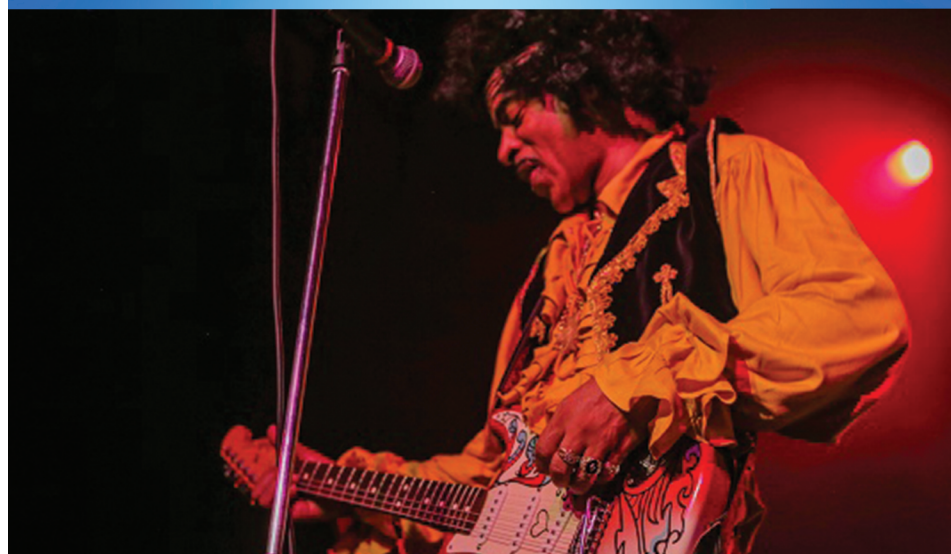


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■ FEATURE

College daze

10 tips to prepare for college

By KATIE HOPSICKER
intern@spotlightnews.com

It's that time of year again. Back to school signs and commercials are everywhere, the fall season is slowly approaching, and you are flooded with memories of your first day of school. But what happens if school now means college and you are not living at home? Here is some advice for every college freshman that I wish I knew.

Travel, shipping & packing

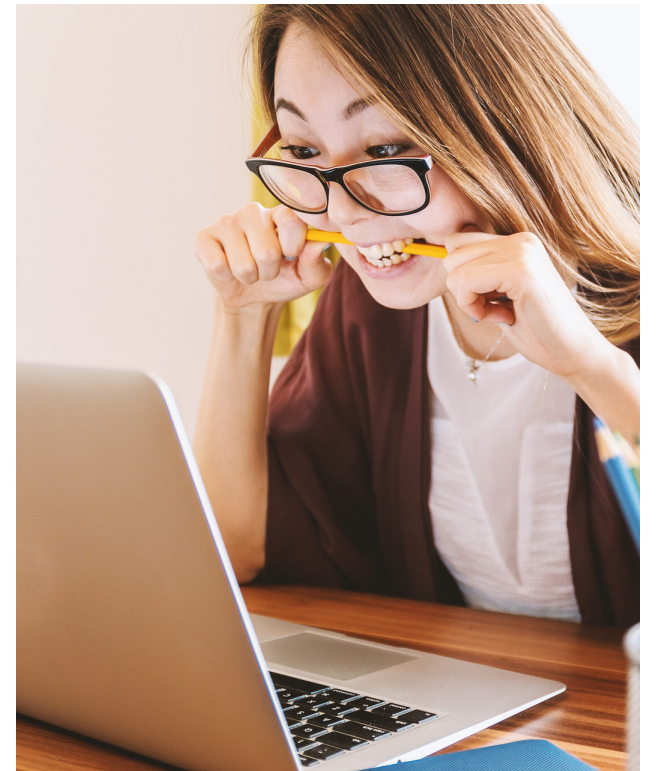
Traveling to school can be very daunting. Whether you are getting there by car, train, or plane the packing process is stressful. No matter how you arrive to school, make sure to pack light. Dorm rooms are tiny and have much less room to store clothes than one would expect. To help with packing, I would suggest waiting to buy room supplies and shower supplies, makeup, medicine and personal hygiene products until you get to school. That way, you have one set at school and one set at home, and it will save you time and space while packing.

Pro Tip: If your school allows, ship things that you order online (like textbooks, bedding etc.) straight to your school. This also saves room while packing.

Room supplies & storage

Use the layout of your room wisely. Stores like Target, Walmart, Ikea and the Container Store sell multitudes of containers, bins, boxes and gadgets to maximize the space of your room. In the closet, take advantage of shoe racks or hanging storage. Place your dresser or additional bins underneath your bed.

Pro Tip: If your bed is lofted, invest in a storage ottoman. You can put things inside and the



ottoman will double as a seat and a way to hop onto your bed.

Shower, laundry supplies

Beware, community bathrooms can be gross. Learning to share bathrooms with a hall of people is certainly an experience— an experience that you must share with your trusty “shower shoes.” In my opinion, shower shoes are non-negotiable.

Additionally, do some research about laundry before you move in. Sometimes laundry machines will be in a different building. Sometimes you have to pay for laundry with individual quarters. Be prepared so you can accommodate.

Pro Tip: Bring a mini-steamer. I use this every day to get wrinkles out of my clothes and it saves so much more time and space than using an iron and ironing board.

Classes, studying

Now that you are moved in, focus on your classes. When buying textbooks, think twice before spending extra money at the bookstore. There are dozens of sites where you can price match or find cheaper options to rent or buy your books. Check out services like Chegg, SlugBooks,

Amazon and more to find cheaper books.

Another tip when it comes to classes: go to office hours. Office hours are so important, although it is easy to forget about them. If you put in the time to seek help from your professors, often times you will be rewarded with extra information, a better understanding for the class, networking and career advice and even higher grades.

Organization is the key to success

Three words: buy a planner. Keeping your room, assignments and schedule organized is so crucial in college. Without a planner, calendar, or organization of some kind, college can seem overwhelming. You will have class assignments, meetings, practices, social events and more, not to mention you are now responsible for scheduling your meals, laundry, cleaning, etc. Staying on top of your activities and classes will help alleviate stress and enable a healthier and constant lifestyle while away from home.

Pro Tip: Establish a routine. Have a designated laundry or cleaning day, prioritize time to work out, or set an attainable bedtime.

Following a routine will help you stay organized and less stressed.

Food: the good and the bad

Dining halls in college can be hit or miss. Sometimes the meals will be delicious, while sometimes your best option will be cereal and toast. Going to college is a huge shift in your lifestyle, and it is totally normal to gain some weight. However, be conscious, because trust me, if you keep snacks in your room, you will eat them.

Pro Tip: Fill a bag up with fruit from the dining hall and keep it in your dorm room. It can serve as a delicious and healthy late-night snack.

Money, money, money

Create a budget before you go to school; in college, money literally flies out of your pocket. While you think that your campus may have everything you need, sometimes it is nice to get off campus to experience the area and cure homesickness. Trying local restaurants, going to events off campus, transportation and tickets all cost money, so save as much as you can. If you will be living in a city, plan to spend more money, as cities can be more expensive than rural areas.

Pro Tip: Many colleges offer on-campus jobs, where you can get paid for working in the libraries, buildings, research labs, or even on off-campus restaurants and shops. Having a paid job or internship helps bring in extra income. Every dollar counts.

Get involved on campus

In college, you will be exposed to so many new people, places, information and opportunities. Your school will most likely offer things that can help develop your success as a student and in your future career.

Develop relationships with professors and alumni. It is never too early to start networking, and you never know when you will meet someone who can help you form your career. Ask questions, be inquisitive and send handwritten thank you notes.



Colleges also provide a multitude of events that shape you into the person you want to be. Go to sporting events, concerts, food festivals and movie nights. Study abroad, participate in research and join a club or organization. Getting involved not only allows you to have fun and develop skills outside of the classroom, but also allows you to explore different interests and immerse yourself on campus.

Have an open mind

College can be scary, stressful and overwhelming. It can also be the best four years of your life. Remember that everyone is going through the same situation as you. Orientation and your first week will be awkward. Be friendly, smile and meet as many people as you can. You will most likely not meet your best friends during the first week. Do not be afraid to ask for help from teachers, peers and upperclassmen. Most importantly, your time will fly by, so enjoy every moment and grasp every opportunity.

Go to office hours. Office hours are so important, although it is easy to forget about them. If you put in the effort and take the time to seek help from your professors, often times you will be rewarded with extra information, a better understanding for the class, networking and career advice and even higher grades.

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WHAT'S HAPPENING NOW

Salt-N-Pepa

Empire State Plaza — Wednesday, Aug. 14

ALBANY — Salt-N-Pepa will perform at Empire State Plaza on Wednesday, Aug. 14 at 5:30 p.m.

As the first ever female rap crew, Salt-N-Pepa, broke barriers and opened doors wide open that were once closed to women in hip-hop. They gave women a voice in a male dominated industry and transformed the way the music world saw women forever.

Empire State Plaza is located in Albany.

The Old Time Dance Band

Empire State Plaza — Wednesday, Aug. 14

ALBANY — The Old Time Dance Band will be performing at Empire State Plaza on Wednesday, July 10 at noon.

The Old Time Dance Band is a local Dixieland/swing band.

This event is part of a 12-week daytime concert series crossing all genres featuring the popular Empire State Plaza Farmer's Market. Located on the grassy area between Agency Buildings 2 and 3.

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■ **WHAT'S HAPPENING NOW**

Ice Age: Collision Course

The Cohoes Music Hall — **Wednesday, Aug. 14**

COHOES — The film Ice Age: Collision Course will be shown for free on Wednesday, Aug. 14 at 1 p.m.

Ice Age: Collision Course is the story of Manny the mammoth worrying when his daughter announces her engagement. To Manny's dismay, nothing can stop the upcoming nuptials, except the end of the world. When Saber-toothed squirrel Scrat launches himself into outer space, he sets off a chain that sends an asteroid toward Earth. Now, everyone must leave home to explore new lands because of Scrat's cosmic blunder.

Children under 12 will receive free popcorn and bottled water.

Cohoes Music Hall is located at 58 Remsen St, Cohoes.

Fitness at the Plaza

Empire State Plaza – **Every Tuesday and Thursday**

ALBANY — Fitness at the Plaza will be held every Tuesday and Thursday June 4 - Aug. 29 at 5 p.m.

Presented by BlueShield of Northeastern New York, Fitness at the Plaza features HIIT by Catrina K Fitness on Tuesdays and Sunshine Flow Yoga by The Hot Yoga Spot on Thursdays!

Plaza Level, between Agency Buildings 2 and 3 Rain Space - The Hart Lounge in the Egg

Free and open to everyone regardless of age, fitness level, or experience.

All participants are required to sign a waiver in order to participate. You may register for individual classes to sign the waiver in advance and to allow us to contact you regarding updates to the schedule. Walk-ins are always welcome.

For more information visit: <https://empirestateplaza.ny.gov/fitness-plaza-presented-blueshield-northeastern-new-york>.

Empire State plaza is located in Albany.

Halfstep

Putnam Place — **Thursday, Aug. 15**

SARATOGA SPRINGS — Halfstep will perform at Putnam Place on Thursday, Aug. 15 at 8:30 p.m.

Formed in 1991, Halfstep has performed all over the East Coast steadily until 2002, recently reforming and performing due to popular demand.

Putnam Place is located at 63a Putnam St, Saratoga Springs.

Ferris Bueller's Day Off

Times Union Center — **Thursday, Aug. 15**

ALBANY — The film Ferris Bueller's Day Off will be shown for free on Thursday, Aug. 15 at 6:30 p.m. as part of the Bites Camera Action movie series.

Ferris Bueller's Day Off is the story of Ferris Bueller's comedic adventures on a day he's skipping school.

The Times Union Center is located at 51 S Pearl St., Albany.



Dark Honey

■ **PICK OF THE WEEK**

Down by the river



Wurliday

River Jams kicks off Thursday with Wurliday and Dark Honey

TROY — It's not over for outdoor music shows. After all, it's only August.

Brown's Brewing Company and Ryan's Wake, in partnership with TRIP & RCHR, is throwing a party along the Hudson River and you're all invited to join them behind both venues on Thursday, Aug. 15, at 5 p.m.

Wurliday will play two sets, one of which is dedicated to the music of Aretha Franklin and Stevie Wonder. The bill also includes Dark Honey, which is scheduled to open the night's entertainment.

Wurliday, an Albany-based group, brings together six impressive talents from across the region for a fusion of soul and funk. The band has shared the stage with national acts The Meters and EnVogue.

Dark Honey, a group of three brothers and their childhood friend, has been making music since its members were children. It sticks to its roots and self-releases all of its music. After spending some time in the south, the band moved back north and now perform throughout the Capital District.

River Jams is strictly a 21-plus show with valid identification. Bicycles, lawn chairs, pets and outside food and drinks are prohibited. Ridesharing will be available at the event.

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677 Prime
677 Broadway, Albany.
518-427-7463
Fri: Tyler Giroux & Lou Smaldone, 6 p.m.

9 Maple Avenue
9 Maple Ave., Saratoga Springs.
www.9mapleave.com
Fri: Out of the Box, 9 p.m.
Sat: Jon LeRoy Quartet, 9 p.m.

Arsenal City Tavern
795 3rd Ave., Watervliet
518-874-1767
Fri: 18 Strings of Trouble, 9 p.m.

Athos
1814 Western Ave., Albany.
518-608-6400
Fri: Patricia Dalton & Jazz Colleagues,
6:30 p.m.

Black Bear Inn
310 19th St., Watervliet.
518-272-9486
Wed: Trivia Night, 7:30 p.m.
Tues: Talent Scout Open Mic

Blue 82
82 No. Pearl St., Albany.
518-445-8082
Thurs: The Stuff, 10 p.m.

Caffè Lena
47 Phila St., Saratoga Springs.
518-583-0022
Wed: Hawktail, 7 p.m.
Thurs: Jim Gaudet & The Railroad Boys,
7 p.m.
Fri: Bill Staines, 8 p.m.
Sat: Judy Collins, 8 p.m.
Sun: Judy Collins, 7 p.m.
Mon: Judy Collins, 7 p.m.
Tues: Rochmon Record Club, 6:30 p.m.

Carney's Tavern
17 Main St., Ballston Lake.
518-280-7959
Thurs: Matty Finn, 6 p.m.
Fri: Rich Thomas, 7:15 p.m.
Sat: Bob Redmond, 7:15 p.m.

Centre Street Pub
308 Union St., Schenectady.
518-393-2337
Thurs: Pete Pashoukos, 7 p.m.
Fri: Wylder, 9 p.m.
Sat: PJ Trio, 9 p.m.

Eden Cafe
269 Osborne Road, Loudonville.
518-977-3771 Sat: West Wind Highway
Home, 7:30 p.m.

Emack & Bolio's
366 Delaware Ave., Albany.
518-512-5100
Fri: Corry Loveday, 7 p.m.
Sat: Alan Goldberg, 7 p.m.
Sun: Dan Bernstein, 7 p.m.
Tues: Open Mic, 7 p.m.

Fort Orange Brewing
450 North Pearl St., Menands.
518-992-3103
Wed: Summer Corn Hole League, 6 p.m.
Thurs: Trivia, 6:30 p.m.
Sat: Mini Cornhole Tournament and
Brewery Tour, 2 p.m.

Fuze Box
12 Central Ave., Albany.
518-703-8937
Fri: Body Shine, 9 p.m.

HOT SPOTS EVENTS CALENDAR



The fair is in town

The Altamont Fair is back with rides, games, animals and more, from now until Sunday, Aug. 18. Take a chance to win a prize on the midway, or take in a ride or two. For information, visit [t www.altamontfair.com](http://www.altamontfair.com). Provided photo

Gaffney's
16 Caroline St., Saratoga Springs.
518-587-7359 Tues: Open Mic Nights w/
Rick Bolton, 7 p.m.

Grappa '72
818 Central Ave., Albany.
518-482-7200
Wed: Hamilton Street Jazz Company,
6:30 p.m.
Thurs: Hamilton Street Jazz Company,
6:30 p.m.
Fri: Cordial Quartet, 6 p.m.

Hamlet and Ghost
24 Caroline St., Saratoga Springs.
518-450-7287
Wed: Hot Club of Saratoga Trio, 7 p.m.

The Hollow Bar + Kitchen
79 No. Pearl St., Albany
518-426-8550
Fri: Vince Palmeri, 7 p.m.

J.J. Rafferty's
847 New Loudon Rd., Latham.
518-783-6800 Wed: Trivia, 7:30 p.m.
Thurs: Good Sir, 6:30 p.m.
Fri: Mike Gap, 6:30 p.m.
Sat: DJ Set, 9 p.m.

Jessica Stone's
738 New Loudon Rd., Latham.
518-785-8536
Wed: Talent Scout Open Mic, 8 p.m.
Thurs: Big Crunch Bingo, 7 p.m.
Fri: Trivia Live, 7 p.m.

The Low Beat
335 Central Ave., Albany
518-432-6572
Thurs: Late Night Gerald w/ Purple
Sunshine, 8 p.m.
Fri: Between Now and Forever, 8 p.m.
Sat: Society High / Girth Control / Lame
/ Savage Randys, 8 p.m.

LT's Grill
2305 Nott St. E., Niskayuna
518-374-7455
Wed: Catch the Mania Trivia, 7 p.m.
Thurs: TBA, 6:30 p.m.

Lucas Confectionery
12 2nd St. Troy
518-326-3450
Tues: Joe Barna Trio or Quartet, 7 p.m.

McGeary's Irish Pub
4 Clinton Square, Albany.
518-463-1455
Thurs: The Wallies, 8:30 p.m.
Fri: The Big Idea, 7:30 p.m.

Mocha Lisa's Caffe
Clifton Park Center,
22 Clifton Country Road, Clifton Park.
518-383-5373
Wed: Open Mic Night, 6:30 p.m.
Fri: Starlit Generation, 7 p.m.
Sat: Will Moyer, 7 p.m.

Mouzon House
1 York St., Saratoga Springs.
518-226-0014

Thurs: Hot Club of Saratoga Trio, 6 p.m.
Fri: Mark Tolstrup
& The Dixie Boys, 6 p.m.
Sun: Shirri Zorn Trio, 6 p.m.

Panza's
129 So. Broadway, Saratoga Springs.
518-584-6882
Fri: TBA, 7:30 p.m.
Sat: TBA, 8 p.m.

Parish Public House
388 Broadway, Albany
518-465-0444
Sat: Glass Pony, Caribbean
Sun Band, 8 p.m.

The Parting Glass
40-42 Lake Ave., Saratoga Springs.
518-583-1916
Wed: Irish Celtic Session, 7 p.m.
Thurs: At The Post Live w/ Andy Serling,
8 p.m.
Fri: Kilashandra, 7:30 p.m.
Sat: Erin OG Band, 9 p.m.
Sun: Kevin McKrell, 8 p.m.
Mon: Off Track Band, 8 p.m.

Pauly's Hotel
337 Central Ave., Albany.
paulyshotel.com
Wed: Bayht Lahm / YBOD /
Channel 63, 8:30 p.m.
Thurs: Hanzolo /
Imaginary Friends, 8:30 p.m.
Fri: Che Guevara T-Shirt / Onesie /
Safety Meeting, 7:30 p.m.

Sat: Sonic Sacrifice, 7:30 p.m.
Sun: Nine Layers Deep / Raziell's Tree /
+1 TBA, 8:30 p.m.
Tues: Smokey Karaoke, 8:30 p.m.

Pearl Street Pub
59-61 No. Pearl St., Albany.
518-694-3100
Fri: Karaoke, 9 p.m.

Provence
1475 Western Ave.,
Stuyvesant Plaza, Albany
518-689-7777
Thurs: TBA, 6 p.m.
Fri: Take Two Trio, 6 p.m.
Sat: TBA, 6 p.m.

Putnam Place
63a Putnam St., Saratoga Springs.
518-584-8066
Thurs: Halfstep, 8:30 p.m.
Fri: Let's Glow Crazy, 11 p.m.
Sat: Sean Rowe, 8 p.m.
Mon: AltaHavana, 9 p.m.

The Reserve
6 Caroline St., Saratoga Springs
518-705-2610
Sun: Sunday Jockey Night, 10 p.m.

Rustic Barn Pub
150 Speigletown Rd., Troy.
518-235-5858
Thurs: Open Mic
w/ Leslie Barkman, 8 p.m.
Fri: Brian Kane, 6 p.m.

Sat: Woodstock 50th
Anniversary Party, 7 p.m.
Sake Japanese Steakhouse
611 Troy-Schenectady Rd., Latham.
518-785-7215
Sat: TBA, 7:30 p.m.

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453 Broadway, Saratoga Springs.
518-450-7500
Every Sun: Hot Club
of Saratoga, Noon

Saratoga City Tavern
19-21 Caroline St., Saratoga Springs.
518-581-3230
Thurs: Karaoke, 9 p.m.
Mon: Bingo, 8 p.m.
Tues: Trivia, 8 p.m.

Savoy Taproom
301 Lark Street, Albany.
518-599-5140
Fri: Citizen's Loft, 10 p.m.

Skyloft
1 Crossgates Road, Albany.
518-869-5638
Wed: Walter Trout, 8 p.m.
Thurs: EQX Battle of the Bands, 8 p.m.
Fri: Old School R&B Night, 8 p.m.
Sat: Smells Like Nirvana, 8 p.m.
Sun: Service Industry Night Launch
Party, 6 p.m.
Tues: The Allman Betts Band, 8 p.m.

Speakeasy 518
42 Howard St., Albany.
518-449-2332
Thurs: Swing Night w/ Mike Jenkins &
the Fat Ties, 9 p.m.
Fri: Boogaloo Night w/ Justin Henricks,
9 p.m.

Stockade Inn
1 North Church St., Schenectady.
518-346-3400
Thurs: Colleen Pratt, 7 p.m.
Fri: TBA, 7 p.m.

Van Slyck's
Rivers Casino & Resort
1 Rush St., Schenectady.
518-579-8800
Fri: Jerrod Niemann, 8 p.m.
Sat: Rivers Wine Walk, 1 p.m.

Vapor Night Club
Saratoga Casino Hotel
342 Jefferson St., Saratoga Springs.
518-581-5775
Fri: Ten Most Wanted, 8 p.m.
Sat: Shake, Rattle & Roll Dueling Pianos
Show, 8 p.m.

Waterworks Pub
76 Central Ave., Albany.
518-465-9079
Wed: Wacky Wednesdays Drag Show,
11 p.m.
Fri: Friday Nights, 11 p.m.
Sat: Saturday Nights, 11 p.m.

Wishing Well Restaurant
745 Saratoga Rd., Wilton.
518-584-7640
Fri: Rob Aronstein, 6 p.m.
Sat: Rob Aronstein, 6 p.m.
Yono's
Fri: Hamilton Street Jazz Duo, 6:30 p.m.
Sat: Frank Mastan, 6:30 p.m.

Yono's
25 Chapel St., Albany.
518-436-7747
Fri: Hamilton Street Jazz Duo, 6:30 p.m.
Sat: Frank Mastan, 6:30 p.m.

AURORA GAMES
NY KICK OFF
AT THE PLAZA

AUGUST 19 | 5:00 PM | FREE
EMPIRE STATE PLAZA, ALBANY

AURORA GAMES

NEW YORK
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OPPORTUNITY

Office of
General Services

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The pearls of Albany

The Jonas Brothers are back and stopping into the Capital City on the band's massive tour. Nick, Joe and Kevin will have their fans Burnin' Up once they hit the Times Union Center stage on Monday, Aug. 19 at 7:30 p.m.

The Jonas Brothers

FAMILY

Palace Theatre

Community Block Party

The second annual Community Block Party at the Palace Theatre will be held on Saturday, Aug. 17 at noon. Enjoy an afternoon of family friendly activities, vendors, food trucks, music, face painters, balloon artists and games. Palace theatre is located at 19 Clinton Ave, Albany.

Story Hour with Ellen Sinopoli

Ellen Sinopoli, Artistic Director of the Ellen Sinopoli Dance Company, will lead children of all ages in creative movement inspired by books on Thursday, Aug. 15 at 11 a.m. Sample books include Dance by Bill T. Jones, Giraffes Can't Dance by Giles Andreae, and The Human Alphabet by Pilobolus. Part of the Barker Park Kids' Summer Series.

Troy Saving Banks Music Hall is located at 3rd St, Troy.

FILM

Despicable Me

The film Despicable Me will be shown for free on Sunday, Aug. 18 at 10:30 a.m. Despicable Me is the story of a criminal mastermind using a trio of orphan girls as pawns for a grand scheme, but finding out that their love is profoundly changing him for the better. Proctors is located at 432 State St, Schenectady.

Ferris Bueller's Day Off

The film Ferris Bueller's Day Off will be shown for free on Thursday, Aug. 15 at 6:30 p.m. as part of the Bites Camera Action movie series. Ferris Bueller's Day Off is the story of Ferris Bueller's comedic adventures on a day he's skipping school. Presented by Berkshire Bank, the free outdoor movie series Bites Camera Action will transform a section of South Pearl Street into an open-air movie theater for four Thursday evenings this summer. South Pearl Street will close to traffic and



HOT DATE

BUELLER? BUELLER?

See Ferris Bueller's Day Off for free on the Jumbotron at the Times Union Center on Thursday, Aug. 15, at 6:30 p.m.

films will be screened on the Times Union Center's enormous LED screen each week. The Times Union Center is located at 51 S Pearl St, Albany.

Ice Age: Collision Course

The film Ice Age: Collision Course will be shown for free on Wednesday, Aug. 14 at 1 p.m. Ice Age: Collision Course is the story of Manny the mammoth worrying when his daughter announces her engagement. To Manny's dismay, nothing can stop the upcoming nuptials, except the end of the world. When Saber-toothed squirrel Scrat launches himself into outer space, he sets off a chain that sends an asteroid toward Earth. Now, everyone must leave home to explore new

lands because of Scrat's cosmic blunder. Children under 12 will receive free popcorn and bottled water. Cohoes Music Hall is located at 58 Remsen St, Cohoes.

Incredibles 2

The film Incredibles 2 will be shown for free on Tuesday, Aug. 20 at 1 p.m. Incredibles 2 is an animated superhero movie released in 2018 that follows superpowered family the incredibles as they adjust to a world attempting to become more accepting of superheroes. Free popcorn for kids 12 and under. Palace Theatre is located at 19 Clinton Ave, Albany.

MISCELLANEOUS

Aurora Games Kickoff

Madison VanDenburg and Amanda Mena will perform at Empire State Plaza on Monday, Aug. 19 at 5 p.m. to celebrate the kickoff of the Aurora Games. The concert performance will include a screening of "A League of Their Own" on the Plaza's main stage. Additional festivities will include meet and greet opportunities with star athletes of the 2019 Aurora Games and a dramatic fireworks display. Empire State Plaza is located in Albany.

Fitness at the Plaza

Fitness at the Plaza will be held every Tuesday and Thursday June 4 - Aug. 29 at 5 p.m. Presented by BlueShield of Northeastern New York, Fitness at the Plaza features HIIT by Catrina K Fitness on Tuesdays and Sunshine Flow Yoga by The Hot Yoga Spot on Thursdays! Plaza Level, between Agency Buildings 2 and 3 Rain Space - The Hart Lounge in the Egg. Free and open to everyone regardless of age, fitness level, or experience. All participants are required to sign a waiver in order to participate. You may register for individual classes to sign the waiver in advance and to allow us to contact you regarding updates to the schedule. Walk-ins are always welcome. For more information visit: <https://empires->

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CLUES ACROSS

- Social reformer Lucretia
- Engine additive
- Where draft beer comes from
- Skin lesions
- Denoting one or more things
- Beloved dish
- Packaging allowances
- Surrounds the earth
- Expresses pleasure
- "For goodness ___!"
- Liquefied natural gas
- Paul __, Swiss painter
- Benign tumors
- In an early way
- Covered with wood
- Principle underlying the universe
- Message
- Become dry through heat
- Printing speed measurement
- One who does not succeed
- Type of agent
- Type of waste
- Wings
- Giants' signal caller
- Polio vaccine developer
- Congo native
- Mortal is one type
- Fishing vessel (Naut.)
- Ethnic group of Thailand
- Where golfers begin
- Western Florida city
- Belonging to us
- Soviet Socialist Republic
- Influential Israeli diplomat

CLUES DOWN

- Mountain Time
- Int'l political organization (abbr.)

- Olympic champion Lipinski
- March
- Less fresh
- Reduced in size
- Garden archway
- Professional translators group (abbr.)
- Type of pain
- What to do for the cameras
- Midway between south and southeast
- Bangladeshi monetary unit
- Satisfy
- Flop
- Nearsightedness
- Parts per thousand (abbr.)
- Bravo! Bravo! Bravo!
- Midway between northeast and east
- Swedish castle
- War-ravaged Syrian city
- American model Carol
- Bitterly regret
- Grand __: superior grade wine
- Of she
- Clergymen
- Ringwald and Shannon are two
- Daze
- Scores perfectly
- More narcissistic
- Fencing sword
- Highest point
- In addition
- Hawaiian feast
- Appropriate under the circumstances
- Hillside
- Metrical foot
- Winemaking region
- Someone

Answers on Pg. B17

tateplaza.ny.gov/fitness-plaza-presented-blueshield-northeastern-new-york. Empire State plaza is located in Albany.

The Immigrants' Ball: Celebrating the American Dream

The Immigrants' Ball will be held on Sunday, Aug. 18 at 5 p.m. The Immigrants' Ball will be an evening dedicated to celebrating the arrivals whose courage, hard work, resilience, and sacrifice have shaped our community in the Capital District. In every field of life, newcomers to these shores have excelled and often paved the way for innovation and discovery. It is an honor to honor those achievements in our own community. Proctors is located at 432 State St, Schenectady.

Rivers Wine Walk

Rivers Casino & Resort will host The Rivers Wine Walk on Saturday, Aug. 17 at 1 p.m. Sip your way through pinots, cabernets, ciders and more as you stroll along the Mohawk River. Enjoy tastings from more than 15 area wineries and shop with local vendors. Rivers Casino & Resort is located at 1 Rush St, Schenectady.

MUSIC

Between Now And Forever

Keep Up, The Wildcard and For Those Who Doubt will perform at The Low Beat on Friday, Aug. 16 at 8 p.m. For Those Who Doubt is a Progressive/ Metal-Core band. The Wildcard is a Rock/Pop Punk/Riffs band. Keep Up is a Rock/Pop/Alternative band. The Low Beat is located at 335 Central Ave, Albany.

Citizens' Loft

Celebrates Woodstock 50

Alex Geisel, Ben DeUrso, Jack Fallon-Underwood and Sam Boyles will perform at Savoy Taproom as part of Woodstock 50 on Friday, Aug. 16 at 10 p.m. Savoy Taproom is located at 301 Lark St, Albany.

Judy Collins

Judy Collins will perform four shows between Aug. 17 and Aug. 19 at Caffe Lena. The first is Saturday, Aug. 17 at 8 p.m., the second is Sunday, Aug. 18 at 3 p.m., the third is Sunday, Aug. 18 at 7 p.m. and the final show is Monday, Aug. 19 at 7 p.m. Judy Collins has inspired the world with sublime vocals, boldly vulnerable songwriting, personal life triumphs, and a firm commitment to social activism since the 1960s. For more than five decades her art has evoked both the idealism and steely determination of a generation united for social and environmental justice. Caffe Lena will bask in the glow of her iconic, 50-album body of work, and draw inspiration from the spiritual discipline that has enabled her to thrive in the music industry for half a century. Caffe Lena is located at 47 Phila St, Saratoga Springs.

Halfstep

Halfstep will perform at Putnam Place on Thursday, Aug. 15 at 8:30 p.m. Formed in 1991, Halfstep has performed all over the east coast steadily until 2002, recently reforming and performing due to popular demand. Putnam Place is located at 63a Putnam St, Saratoga Springs.

Haunted History - A Paranormal Experience

Is the Cohoes Music Hall haunted? Investigate and decide for yourself during an evening of tours and hands on paranormal investigation on Saturday, Aug. 17. Experience the history and hauntings of Cohoes Music Hall at the venue's first ever series of paranormal events. Since it's reopening in 1974, the Music Hall has been shrouded in stories and legends of supernatural activity that have captivated the curiosity of staff and patrons alike. Join



HOT DATE

LET'S GLOW CRAZY

DJ Drewski, Hazeyy, Limitless, Debonair, MichaelAngelo Forbes and Nick Lake will perform at Putnam Place on Friday, Aug. 16 at 11 p.m.

the Northern New York Paranormal Research Society (NNYPRS) for an evening of up close investigation as you explore the Hall's many spaces and secrets. Cohoes Music Hall is located at 58 Remsen St, Cohoes.

Hawktail

Hawktail will perform as part of Caffe Lena's Hangin' & Sangin' series on Wednesday, Aug. 14 at 6 p.m. Hangin' & Sangin' offers up casual conversation and acoustic performances by the best artists from Americana, folk, country, blues, bluegrass, Southern soul, and rock & roll. This week, Hawktail brings their unique brand of top-shelf musicianship grounded in timeless tradition, performed with jubilant camaraderie. Originally a trio made up of Brittney Haas (Crooked Still), Paul Kowert (Punch Brothers), and Jordan Tice, the group found that their sound was missing something. Mandolinist Dominick Leslie filled that spot and a perfect balance of sound was achieved. Caffe Lena is located at 47 Phila St, Saratoga Springs.

Jim Gaudet and The Railroad Boys

Jim Gaudet and The Railroad Boys will perform at Caffe Lena on Thursday, Aug. 15 at 7 p.m. A night of fantastic music to benefit the Hope Soars Fund for Parkinson's Research. Caffe Lena is located at 47 Phila St, Saratoga Springs.

Glass Pony, Deltaphonic

Glass Pony and Deltaphonic will perform at The Low Beat on Sunday, Aug. 18 at 7 p.m. Glass Pony is an Albany Psychedelic Rock band. Deltaphonic is a New Orleans Rock n' Roll band. The Low Beat is located at 335 Central Ave, Albany.

Janis Ian, Livingston Taylor

Janis Ian and Livingston Taylor will perform at The Egg on Sunday, Aug. 18 at 7:30 p.m. A double bill featuring two of folk music's most enduring artists – maverick singer/songwriter Janis Ian whose legacy includes such groundbreaking compositions such as "Society's Child" and "Seventeen," and Livingston Taylor known for his extremely entertaining performances as well as his timeless songs such "Boatman" and "I Will Be In Love With You." The Egg Performing Arts Center is located at Empire State Plaza.

Jonas Brothers

The Jonas Brothers will perform at the Times Union Center on Monday, Aug. 19 at 7:30 p.m. The Jonas Brothers are coming to the Times Union Center with special guests Bebe Rexha and Jordan McGraw. The Jonas Brothers are an American pop rock band formed in 2005 consisting of Kevn Jonas, Joe Jonas and Nick Jonas. The Times Union Center is located at 51 S Pearl St, Albany.

Kiss The Sky, Soul Sky

Kiss The Sky, The RE-Experience: World's Greatest Tribute to Jimi Hendrix and Soul Sky will perform at Riverfront Park as part of Rockin' on the River on Wednesday, Aug. 14 at 5 p.m. Fronted by virtuoso guitarist and former Columbia recording artist, Jimmy Bleu, and backed by world-class touring musicians, Kiss the Sky is the only Hendrix tribute with spot-on look & sound-a-like performers for both of Jimi's bands, The Experience and The Band of Gypsys. The show uses authentic replica costumes and the same musical gear which Jimi used in the 1960s. Opening Act Soul Sky is a dynamic, bluesy, jammy, rock band with excellent guitars and an awesome rhythm section. Music that will move your body and soul. Featuring the talents of Jeremy Walz, Tom Dolan, Josh Bloomfield, Joe Mele and Mark Emanation. Rockin' on the River is a free, 10-week outdoor summer concert series held on Wednesday nights between June and Aug. in Riverfront Park. The series gives music fans a wonderful excuse to stay out and about on a Wednesday night in Downtown Troy, attracting 5,000 to 8,000 guests per night. Shop.Dine.Explore Downtown Troy before and after the concerts. Riverfront Park is located at 255 Front St, Troy.

Late Night Gerald with friends



Turn, Turn, Judy Collins

Judy Collins, the iconic singer and songwriter who penned folk, pop and rock and roll songs throughout a career spanning 50 years, will perform at Caffe Lena this weekend between Aug. 17 and Aug. 19 at Caffe Lena.

Judy Collins

Purple Sunshine and More

Late Night Gerald and Purple Sunshine will perform at The Low Beat on Thursday, Aug. 15 at 8 p.m. Jerry Underwood is bringing the blues, southern rock and maybe some grunge. Purple Sunshine will bring the jams. The Low Beat is located at 335 Central Ave, Albany.

Let's Glow Crazy

DJ Drewski, Hazeyy, Limitless, Debonair, MichaelAngelo Forbes and Nick Lake will perform at Putnam Place on Friday, Aug. 16 at 11 p.m. as part of a Glow Party. A night of just dancing and having fun with a blend of house music, edm and hip hop.

Free Cocktail Drink with ticket stub. Putnam Place is located at 63a Putnam St, Saratoga Springs.

Mississippi Heat

Featuring Lurrie Bell

Mississippi Heat will perform with special guest Lurrie Bell at The Linda on Friday, Aug. 16 at 8 p.m. Led by harmonica master and songwriter Pierre Lacocque, Mississippi Heat is a world-class Chicago Blues Band. Their motto is "Traditional Blues With A Unique Sound" as they present fresh yet vintage-based musical ideas. Lurrie Bell, son of the blues harp great Carey Bell, has been steeped in the

traditions of the blues since his birth on December 13, 1958. At the age of six, Lurrie picked up a guitar that he found lying around the house, and taught himself to play. Lurrie grew up around many of Chicago's blues greats – he was literally schooled in the blues. Role models and mentors included not only his father but his grandfather, former Muddy Waters pianist Lovie Lee, as well as others such as guitarists Eddie Taylor, Eddie C. Campbell, Jimmy Dawkins, Eddie Clearwater (a cousin), harmonica master Big Walter Horton, piano legend Sunnyland Slim, ace bass player Bob Stroger, and many more. The Linda is located at 339 Central

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**Tuesday,
Aug. 20 at 7PM**

**DEKE DICKERSON/
BLOODSHOT BILL/
SLIK NIK**

Deke Dickerson and Bloodshot Bill team up with Troy's adopted son, Trevor Lake to teach you a thing or two about a thing or two! Slik Nik & Th' Tex's Playboys - finally got some hard copies.

UPCOMING SHOWS:
The National Reserve - Fri., Sept. 6 at 8 PM

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ON THE HUDSON

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THE ALE HOUSE

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Brownpapertickets.com**



Steward of the land

Sean Rowe is to perform at Putnam Place on Saturday, Aug. 17, at 8 p.m. The singer and songwriter is also known for his love of nature and food. This event is a Forever Farmland Concert that will benefit the Agricultural Stewardship Association and its mission to conserve local farmland.

Sean Rowe

Ave, Albany.

Jerrod Niemann

Jerrod Niemann will perform at Rivers Casino & Resort on Friday, Aug. 16 at 8 p.m. Jerrod Niemann is a country artist. Rivers Casino & Resort is located at 1 Rush St, Schenectady.

Vince Palmeri, Katie Louise and Kyla Silk

Vince Palmeri with Special Guests Katie Louise and Kyla Silk will perform at The Hollow Bar + Kitchen on Friday, Aug. 16 at 7 p.m. Vince Palmeri is a pop singer/songwriter who infuses his own soul into fresh beats and melodies. He released his 2019 debut album "VP" which dips into a variety of styles including pop/rock, funk, and trap. Katie Louise is a retired classical pianist that is currently a pop singer. Kyla Silk is an R&B Soul Artist based in New York City. The Hollow Bar + Kitchen is located at 79 N Pearl St, Albany.

Rochmon Record Club Listening Party - Billy Joel - "The Stranger"

Rochmon Record Club Listening Party will be listening to Billy Joel's "The Stranger" on Tuesday, Aug. 20 at 6:30 p.m. "The Stranger" moved Billy Joel toward harder themes and a tougher edge than his previous albums. "The Stranger" is a concept album working around the theme that while we're surrounded by characters, "The Stranger" is what looks back at us in the mirror. Filled with great songs like "Movin' Out (Anthony's Song)", "Just the Way You Are", "Only the Good Die Young" and the title song, "The Stranger" is a great album by an artist at the top of his talent. Caffe Lena is located at 47 Phila St, Saratoga Springs.



HOT DATE

RIVERS WINE WALK

Sip your way through pinots, cabernets, ciders and more. Rivers Casino & Resort will host The Rivers Wine Walk on Saturday, Aug. 17 at 1 p.m.

Sean Rowe

Sean Rowe will perform at Putnam Place on Saturday, Aug. 17 at 8 p.m. This event is a Forever Farmland Concert with singer/songwriter Sean Rowe benefiting the Agricultural Stewardship Association's mission to conserve local Farmland, for good, forever. 18+ to enter. Putnam Place is located at 63a Putnam St, Saratoga Springs.

Salt-N-Pepa

Salt-N-Pepa will perform at Empire State

Plaza on Wednesday, Aug. 14 at 5:30 p.m. As the first ever female rap crew, Salt-N-Pepa, broke barriers and opened doors wide open that were once closed to women in hip-hop. They gave women a voice in a male dominated industry and transformed the way the music world saw women forever. Empire State Plaza is located in Albany.

Bill Staines

Bill Staines will perform at Caffe Lena on Friday, Aug. 16 at 8 p.m. New Hampshire troubadour Bill Staines has headlined the Caffe Lena stage twice a year since 1967. While our roster grows and flows, Staines is a folk music legend and he serves as an anchor to our heritage. His songs, including "River," "Roseville Fair," and dozens more, have become standards, recorded by artists ranging from Nanci Griffith and Jerry Jeff Walker to Grandpa Jones. Caffe Lena is located at 47 Phila St, Saratoga Springs.

Ten Most Wanted

Ten Most Wanted will perform at Vapor Nightclub on Friday, Aug. 16 at 8 p.m. Ten Most Wanted plays all of your favorite new and classic R&B, Funk, Soul, and Rock favorites. Get ready for a high-energy performance with this powerhouse ten-piece party band. 21+ to enter. Vapor Nightclub is located at 342 Jefferson St, Saratoga Springs.

Whiskey Shot Records Eighth Annual Summer Slam

Society High, Girth Control, The Savage Randys, Lane and The Great Pacific Garbage Patch will perform at The Low Beat on Saturday, Aug. 17 at 8 p.m. Society High is a punk rock band. Girth Control is a band using drums, bass and guitar. The Savage Randys is a Squared Circlepit Punk Rock band. The Low Beat is located at 335 Central Ave, Albany.



WAMC's Performing Arts Studio | 339 Central Ave Albany, NY 12206 | thelinda.org



Mississippi Heat featuring Lurrie Bell
Aug 16 | 8 pm \$20 in adv \$25 at door



Emily Wolfe
Sep 10 | 8 pm \$18



For The Culture: The Return of URBAN GUERRILLA THEATRE Aug 24 | 8 pm \$15 in adv \$20 at door



An Evening with Holly Bowling
Sep 11 7:30 pm | \$20 in adv. \$25 at door

■ FOOD & VINO

Nutty chicken

As the seasons transition from summer to autumn, it is time to incorporate hardier recipes into the dinner repertoire. But just because something seems to be more filling doesn't mean it has to be high in calories or compromise light eating plans.

Cooks may be surprised to discover how much flavor is nestled within this 300-calorie "Spinach-Walnut Stuffed Chicken" dish from "Taste of Home: Healthy Cooking Cookbook" (RDA Enthusiast Brands) by the Taste of Home Editors. The cheese and chicken produce stick-to-your ribs satiety, and the toasted walnuts add a delicious crunch.

Spinach-Walnut Stuffed Chicken

Ingredients: Serves 4

- 1/2 cup finely chopped onion
- 1/2 cup finely chopped fresh mushrooms
- 1/4 cup finely chopped celery
- 2 garlic cloves, minced
- 2 1/2 teaspoons olive oil
- 1 10-ounce package frozen chopped spinach, thawed

and squeezed dry

- 1/4 cup crumbled Gorgonzola cheese
- 4 boneless skinless chicken breast halves, 6 ounces each
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1 egg white
- 1/4 cup ground walnuts

Instructions:

In a small skillet, saute the onion, mushrooms, celery and garlic in oil until tender. Stir in spinach and cheese; remove from the heat.

Cut a lengthwise slit through the thickest part of each chicken breast; fill with spinach mixture. Sprinkle with salt and pepper. Place egg white and walnuts in separate shallow bowls. Dip one side of chicken in egg white, then in walnuts.

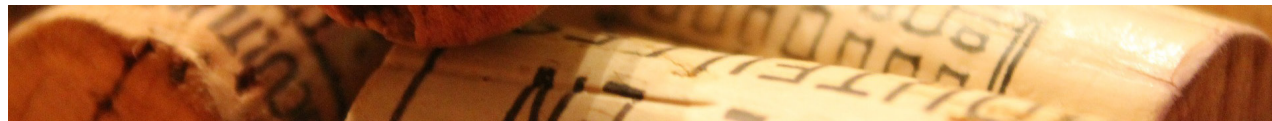
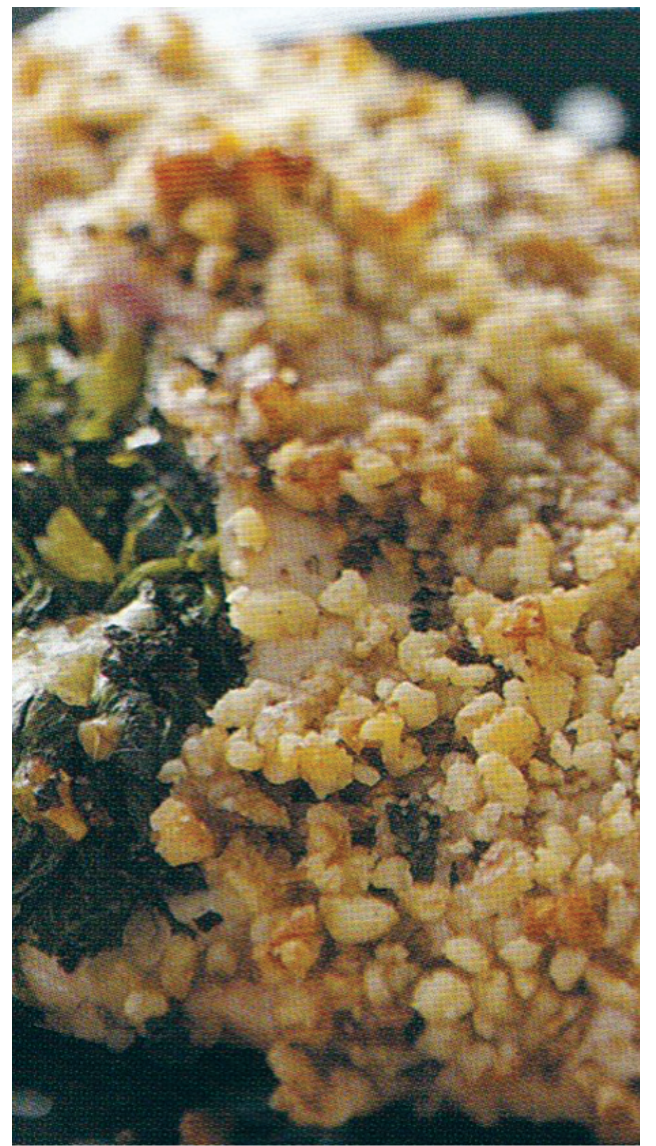
Place in an 11-inch x 7-inch baking dish coated with cooking spray. Bake, uncovered, at 350° F for 25 to 30 minutes, or until chicken juices run clear.

Pairing:

Evening Land Pinot Noir
Seven Springs Vineyard — Oregon

This dish has a multitude of flavors clamouring for your attention, but that's not going to shy us away with our choice of wine.

This pinot noir from the West Coast is just as complex. It has the aromas of rose petals and lavender, and the taste offers hints of stony mineral and spice.



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Fri & Sat 4:30-10 • Sun 3:30-8:30

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Grappa '72 Ristorante

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\$19⁹⁹ lunch for two special

two mixed green salads, two entrees & two non-alcoholic beverages (a \$30 value)
Grappa '72 Ristorante

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■ HEALTH & FITNESS

Summer hair, no fair

Prevent and repair seasonal hair damage

Summer is a great time to get outdoors, but summer sun can be hard on hair. Days spent diving through the waves at the beach, submerged in the backyard swimming pool or lying out in the hot sun can be particularly damaging to tresses.

As summer draws to a close, men and women find that their hair needs a boost to repair the damage that has accumulated over the last few months. It is important to note that hair that is split or broken has experienced permanent damage and cannot be repaired entirely. There are products that can help smooth hair or make it appear thicker, but such products will not repair the hair shaft. The only option in such instances is to cut hair shorter (if possible) and wait for new, healthy hair to grow in, according to the experts at Good Housekeeping's Beauty Lab.

A proactive approach to preventing hair damage all year long is a great way to avoid summer sun from wreaking havoc on hair. Here are some steps to take.

- Speak with a stylist. Make an appointment with your stylist to discuss your hair quality and what can be done. He or she likely knows of products or techniques that can mitigate any existing damage and what may prevent future issues. Seek out expert advice if damage may have been the result of do-it-yourself chemical treatments.

- Lay off of heat and chemicals. Let hair recover by skipping chemical treatments like coloring, perms, straightening, and other services for the time being. Limit

coloring to simply touching up roots, if possible. Similarly, let hair air dry whenever you can, and keep heat-based styling tool use to a minimum.

- Minimize yanking or pulling. Hair is delicate, especially when wet. Always use a gentle hand when drying, combing or brushing to reduce breakage. Use hair accessories that are covered in fabric so they do not damage tresses.

- Opt for leave-in conditioners. Leave-in conditioners can replenish emollients stripped from the hair shaft, helping to repair damage caused by the sun, chemicals or heat damage. Bimur Aral, Ph.D., a beauty and hair expert, says conditioners can coat hair when wet and make it easier to untangle, leading to less damage. Again, speak with your stylist to gauge how frequently to use conditioners and other treatments.

- Use a sunscreen for hair. Invest in products that help block UV damage on hair much in the way you use sunscreen to protect your skin.

- Remove green hues. Metals present in swimming pool chemicals can leach into porous hair shafts and lead to a green tint that becomes more noticeable over time. The experts at Livestrong.com say to use a special swimmer's shampoo that contains chelating ingredients that break down and remove metals from your hair.

Repairing hair and preventing future damage can take some effort, but it's worth it for beautiful tresses.

HOROSCOPES

August 2019
Week 2

ARIES - MAR 21/APR 20

Don't let your emotions get the best of you in a heated situation, Aries. You can come out on top if you remain calm and think through your responses with utmost caution.

TAURUS - APR 21/MAY 21

Taurus, there are a few different ways you can play an upcoming situation. Taking a back seat and letting another person lead the way may be the smartest strategy.

GEMINI - MAY 22/JUN 21

A few opportunities may drop into your lap, Gemini. However, just because things come about easily does not mean they are the right choices for right now.

CANCER - JUN 22/JUL 22

Cancer, keeping things bottled up until the last minute seems to be the way you have been operating lately. You may want to try sharing your feelings and seeking feedback.

LEO - JUL 23/AUG 23

Wearing your emotions on your sleeve may get you attention, Leo, but it won't necessarily be the kind of attention you were hoping for. Reconsider what you share.

VIRGO - AUG 24/SEPT 22

Virgo, it can be challenging to relinquish control, but that is just what you will have to do at some point this week. This will be a good lesson to learn.

LIBRA - SEPT 23/OCT 23

It's hard to see someone's perspective when you have never gone through this particular situation, Libra. Keep that in mind when supporting a loved one in need.

SCORPIO - OCT 24/NOV 22

All it takes is a subtle change of perception to turn a situation around, Scorpio. Start by taking a few risks outside of your comfort zone for some new inspiration.

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, it is good to be proud of your accomplishments. Just be sure not to come across as boastful, especially in certain company. You don't want to come across as bragging.

CAPRICORN - DEC 22/JAN 20

Capricorn, asking for help is not admitting weakness. If you feel you are in over your head, call in the reinforcements. Then you can get back on track more quickly.

AQUARIUS - JAN 21/FEB 18

Good fortune is coming your way, and you can certainly spread the wealth if you desire, Aquarius. Chances are there are a few other people who can use a smile in the weeks to come.

PISCES - FEB 19/MAR 20

Job security may have you sticking with a position long after the time has come to move on, Pisces. Reexamine the bigger picture and your goals.

From page B1 ... Under new management

Flach and his bandmates, who include keyboardist and violinist Danny Boudreau, drummer Rob Piccola, bassist Chris Brant and lead guitarist John Lenio (who joined the band in the last few months) are set to release 10 new songs later this month. The album, *Perfect Stranger*, is said to be more positive, more at peace and quite frankly, “more mature.” Set to release Aug. 16, *Perfect Stranger* will kick off with a show at Lost & Found Albany the next day.

“With this album, we approached things much differently,” Flach said. “When we recorded *American Romance*, we all recorded our parts separately and didn’t hear it all together until it was fully mixed. We actively worked as a whole this time around.”

Boudreau concurred with Flach’s statement. Boudreau, who has only been playing the violin for a few years, was concerned about his parts in *American Romance*. This is his first time participating in a band, let alone one that’s successful.

“I didn’t understand how I was going to write my parts because I had no idea what everyone else was doing,” he said. “Luckily, once it came together, it all worked. It was amazing.”

Flach, Brant and Boudreau were the original trio, with some help from Flach’s brother. After recruiting Matthew Copperwheat and Piccola, the band came into its own.

“I’m no longer handling a lot of production tasks, which gives me more time to write and work on music,” Flach said. “Andrew and Rose are amazing at not only keeping us on track, but they are getting us gigs and marketing us in

a way we never could have imagined.”

Andrew and Rose Gabriel are the owners and managers at the band’s record label, Ambassador Music Group. The Gabriels pride themselves in handling all the business and marketing for their clients so everyone can focus on what they do best.

“Andrew is really good at keeping us going with deadlines and making sure we fulfill whatever responsibilities we have,” Flach said. Brant added his managers are really good at keeping the group organized. All band members said Rose Gabriel is absolutely amazing with her marketing and social media management, garnering the band significant recognition.

“Between the two of them, we’ve been able to keep it moving along and stay focused,” Brant continued. “It’s been a great fit for us and I hope for them too.”

The Management

Andrew and Rose Gabriel said their business is in “permanent beta” mode. What does that mean? It’s pretty simple; they keep seeing what works for each client and then adjust the business accordingly.

The Gabriel force, who are also partners in life, has made quite a name for itself in the local community. They’ve worked with many of the acts in the Capital District music scene — including Grape Juice, Sydney Worthley and El Modernist — either through doing business directly or featuring bands on their hit live social media show, “AMG Live!”

“AMG’s slogan is ‘focus on music, we’ll take care of business,’” Andrew said.



Ambassador Music Group

“During this album cycle, we did just that. We were pretty hands-off with the artistic direction of the album. We heard a few demos early on and knew that [C.K. and The Rising Tide] had something special in the works, so we got out of the way and did what we do best: take care of business.”

It’s definitely a lot of work. The hardest part of managing groups like C.K. is no rest.

“We get no rest because this band accepts and accomplishes every challenge we throw at them,” Rose said. “We offer feedback one night and the next night they’ve implemented it. We push them to be the best artists they can be and, likewise,

they push us to be the best managers we can be.”

Ambassador and C.K. and The Rising Tide just celebrated its one year anniversary together. Flach said he’s hoping the Gabriels are drafting the second year contract. But that’s the thing — the partnership works for the band as well as it does its managers. Both parties have learned a lot about their respective roles in the past year, but neither would change anything.

“We honestly wish we found them sooner,” Andrew said. “...this year [has] made our team stronger, more connected and more ambitious.”

her work.

“It’s been a whirlwind to watch them grow like this,” Kielbasa said. “It’s very hard to put all of these emotions into words because I’ve watched them blossom into what they are now.”

Kielbasa, while not a part of the official five-piece group, is considered one of the most important parts of the squad. While balancing her full-time job, she’s essentially working another 40-hour-plus gig keeping up with the men and developing her

photography business.

“There’s such a sense of pride because I’ve seen all of the encouragement they’ve received and how hard they work behind the scenes,” Kielbasa continued. “I’ve only heard snippets of what’s coming and all I can say is wow. I can’t wait to hear the full thing.”

In regards to her photography, her goal is simple; she aims to visually epitomize the C.K. sound.

“I want to show people what they sound like and who they are without having to know the context,” Kielbasa said. “I’m so lucky to have such

The camera’s eye

Attend any C.K. show, and you’ll probably see a petite blonde with a camera in her hand. If you’ve seen any artwork for the band, the same woman is behind it. Looking at most photos of the group, an A.K. Photography and Design logo is visible somewhere in the frame.

Ann Kielbasa is the official C.K. and The Rising Tide photographer and graphic designer. But she’s special — she’s been there since the group was rehearsing in a garage. She’s a critical part of the foundation that keeps it going because she’s spent so much time showing it off in

Continues on B14

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Answers on Pg. B17

From page B13 ... Under new management

an insider view of this and I want to convey some of that knowledge through my lens.”

The Gabriels can't get enough of Kielbasa either, calling her an “incredibly fun and professional person to work with.”

The Buzzards are Circlin' round

Drummer Piccola, who was recruited from Craigslist, said it didn't take him too long to learn his parts on American Romance. Taking over for Flach, who provided drums on the first album, has been exciting.

“Honestly, I think Curtis might be a bit better of a drummer than I am,” he said. “But we all have a corner of the group that works best for us.” Piccola added he's excited about the release because, like his bandmates, he wants to see how people connect with the music.

A chance to connect came on July 26, when the quintuple-threat released its first single from Perfect Stranger on YouTube, a hauntingly beautiful song called “Follow The Buzzards.” The MP3 track was released several days later. Boudreau explained how “Buzzards” is only a glimpse of what's to come.

“I feel like Perfect Stranger is much more excited about the prospects of the future, while American Romance talked

about things long gone and bitter loss,” Boudreau said. “One lyric that really stands out to me is ‘Follow the sweet, sweet sound / leave it all in the cold, cold ground’ because it's kind of a way to break with the past of hurt and move into happier times.”

The music video for “Follow The Buzzards” reached 1,000 YouTube views within three days. At print time, the video is close to 2,000. Boudreau said if “Buzzards” is good, listeners will love the rest of the album.

“We're heading more into indie rock while still maintaining our roots of folk and Americana, which we love,” Brant explained. “This album is definitely a bit different than what we released last time.” Despite the differences, the band assures fans they will still recognize that signature C.K. sound.

Flach is excited, but he's cautious. He explained that he's afraid to really go into how much the band's sound has matured because he doesn't want to “shoot [himself] in the foot.” However, he admits he's stepped up his game. No longer the sit-in drummer with 50 different jobs — he's now the frontman.

“Six months after American Romance, I presented some demos and it has now blossomed into this,” he said. “We're feeling confident that we've been able to top what we put out



A.K. Photography and Design

“I feel like Perfect Stranger is much more excited about the prospects of the future, while American Romance talked about things long gone and bitter loss. One lyric that really stands out to me is ‘Follow the sweet, sweet sound / leave it all in the cold, cold ground’ because it's kind of a way to break with the past of hurt and move into happier times.”

— Danny Boudreau, drummer for C.K. and The Rising Tide



last time in what's coming soon. We've really been working hard on this.”

The band's sound has evolved. What was once simple and characteristic of a band getting on its feet is now layered with advanced production and the sound of musicians who know what they're doing. You can hear the improvement in Flach's voice, and he's blessed to have support from four men who are rapidly improving in their own right. It's a pretty impressive feat, especially when you consider how all five band members work full-time jobs.

C.K. and The Rising Tide will be playing Rocktoberfest 2019,

Ambassador's one-day music festival, at Colonic Park on Oct. 5. It shares a bill with Madison VanDenburg, El Modernist, Vince Palmeri (another Ambassador talent) and more.

“I think we're all excited to just connect with people some more,” Piccola concluded. “We use our music to convey emotions and thoughts. I'm just excited to see how the public will connect with us.”

Perfect Stranger will be available on iTunes, Spotify and in CD format.



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MUSIC REVIEW

Shiragirl's 'Andi Underground'

'Andi Underground' is the anthem of a rebellion story

By **JUSTIN SMITH**
nysmusic.com

Shiragirl's Andi Underground is a unique blend of old school punk rock and modern pop. This album described as a dystopian punk rock musical was co-written with Tim Armstrong of Rancid, and mixed by Cameron Webb (Motorhead and Kelly Clarkson).

The title and concept of the album are inspired by the infamous tale of Alice in Wonderland, where a girl is wanting to escape a society headed for digital chaos to an underground free world. Andi decides to break away from the dystopia and runs

away, and this is the soundtrack to her journey.

The album begins with the track "Controlled" where Andi is describing the controlling lifestyle she's experiencing. It's a single file march to brainwashing, where if you step out of line, you might end up dead. This track is the start of Andi going against the grain with the aggressive lyrics "We don't wanna be controlled" and breaking away from the conformity. This tune sets the reckless attitude for the rest of the album.

Another track that stands out is the third track of the album and hit single "Nothin To Lose." The song premiered on July 2, with deep roots and influence of old school punk rock, the hard-hitting track is the anthem of this rebellious story. The lyrics represent Andi running away and falling down a hole into an

underground co-existing world, and feeling like she has "Nothin to Lose," by following her intuition and venturing into this new unfamiliar world. The electrifying guitar solo in the middle of the song gives the imagery of breaking through metaphorical barriers, and a sense of rebellion from the world she escaped. The EP tells a story that's well thought out by Shiragirl and her manager, with the tracks cohesively placed to give the story order.

Shiragirl has made a name for herself in the music industry and proved to be more than a Warped Tour icon with this album. The group sky-rocketed their career when Shira and her band crashed Warped tour in her iconic pink RV and set up a stage on top the RV. The unknown band at the time rocked out and after receiving a rousing crowd response, Warped Tour founder Kevin

Lyman invited Shira to return the following summer to host the official Shiragirl Stage. The stage was shared by female artists from all over the nation and ultimately helped accomplish Shira's mission to empower women by providing a platform for creative expression. The stage went on to host over 200 female-fronted bands, some of them making their Warped debuts including Paramore's first-ever tour, and the legendary Joan Jett.

Not only is Shiragirl a staple of the East Coast punk rock scene, but she's also a symbol of female empowerment in the music industry. It's no question why Shiragirl is considered a Warped Tour veteran. This album successfully serves as a rebellious anthem to break away from the norms in society and create your path. Expect to see Shiragirl grabbing the punk rock scene by the horns.

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MUSIC REVIEW

Vaporeyes' 'Self Titled Album'

Syracuse jam band serving listeners with lush lyrics

By **DAVE OSTROFF**
nysmusic.com

Just try not to dance when listening to this album and your body might just spontaneously combust. Groovy, tight, spacious, perpetual – all things that describe the Vaporeyes' third crack at a full-length jam/progressive rock album. The group first joined forces in Syracuse in 2010 and has evolved into a well oiled, dance inducing machine, consisting of Jonas Niccolson on keys and vocals, Shannon Zory on bass, Sean Cadley on drums and Pat Tierney on guitar.

This time around, they've brought in

a much fuller, spacier sound that is sure to set any dance floor ablaze. Vaporeyes said it themselves, they are going to, "... breakout onto the jam scene," according to its press release. Which they have done. They also say they "have put a lot of work and thought into creating an immersive and unique sound and live show."

Every track on here is exactly what listeners would expect out of a modern jam album. Catchy hooks, floor-on-the-floor drums, spacey guitar and elaborate solos. But the thing that really separates them from other groups is its vocalist, Niccolson. His sultry pipes are a perfect fit for this new direction. It's something that seems to escape the scope of a jam bands formula. But arguably, vocals are not the cornerstone of what makes a good jam band – hooks, builds and drops do.

Let's look at "Quip Stash." It checks all the instrumental boxes. We're thrown right into it with a quirky hook featuring a very prominent, an obese synth working in junction with stupendous guitar tone, that soon explodes into a wide open space for everyone to toy around with. But we're left in a trance and feel nothing special until Niccolson sneaks in with some lyrics that wrap through the air, breathing new life into a well executed jam song. It's very well done but it's not ground-breaking as the band suggests. We see a lot of similarities in "Phantom Pains" as well. Everything is tasty, groovy and catchy but the groups attitude can easily be lumped into most aspiring jam bands.

"Stay" releases a new variety of tones and genres, mainly consisting of blues and rock, laced with psychedelia. It's a crisp

jam with fun hooks and grooves. Once again, we get another taste of lush lyricism from Niccolson which adds unique flavor to the song, but it drops off again after the groups starts to solo. We don't see much a build and it doesn't leave much to the imagination in terms of what they might be like live. But, like most jam bands, they feed off the energy from a live setting which fuels creativity and the 'in the moment jams' they speak of in its press release.

It is not easy to be different in a music scene that is so saturated with talent. If you like the formula, hooks, upbeat riffs and extensive, experimental solos, than you should check out the album and go see them in a live setting. They are seasoned musicians with tons of experience that will make for a great show.



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Story Hour with Ellen Sinopoli

Troy Saving Banks Music Hall — Thursday, Aug. 15

TROY — Ellen Sinopoli, Artistic Director of the Ellen Sinopoli Dance Company, will lead children of all ages in creative movement inspired by books on Thursday, Aug. 15 at 11 a.m.

Sample books include Dance by Bill T. Jones, Giraffes Can't Dance by Giles Andreae, and The Human Alphabet by Pilobolus.

Part of the Barker Park Kids' Summer Series.

Troy Saving Banks Music Hall is located at 3rd St, Troy.

Late Night Gerald with friends

Purple Sunshine and More

The Low Beat — Thursday, Aug. 15

ALBANY — Late Night Gerald and Purple Sunshine will perform at The Low Beat on Thursday, Aug. 15 at 8 p.m.

Jerry Underwood is bringing the blues, southern rock and maybe some grunge. Purple Sunshine will bring the jams.

The Low Beat is located at 335 Central Ave, Albany.

Jim Gaudet and The Railroad Boys

Caffe Lena — Thursday, Aug. 15

SARATOGA SPRINGS — Jim Gaudet and The Railroad Boys will perform at Caffe Lena on Thursday, Aug. 15 at 7 p.m.

A night of fantastic music to benefit the Hope Soars Fund for Parkinson's Research.

Caffe Lena is located at 47 Phila St, Saratoga Springs.

Let's Glow Crazy

Putnam Place — Friday, Aug. 16

SARATOGA SPRINGS — DJ Drewski, Hazeyy, Limitless, Debonair, Michael Angelo Forbes and Nick Lake will perform at Putnam Place on Friday, Aug. 16 at 11 p.m. as part of a Glow Party.

A night of just dancing and having fun with a blend of house music, edm and hip hop. Free Cocktail Drink with ticket stub.

Putnam Place is located at 63a Putnam St, Saratoga Springs.

Mississippi Heat Featuring Lurrie Bell

The Linda — Friday, Aug. 16

ALBANY — Mississippi Heat will perform with special guest Lurrie Bell on Friday, Aug. 16 at 8 p.m.

Led by harmonica master and songwriter Pierre Lacocque, Mississippi Heat is a world-class Chicago Blues Band. Their motto is "Traditional Blues With A Unique Sound" as they present fresh yet vintage-based musical ideas.

Lurrie Bell, son of the blues harp great Carey Bell, has been steeped in the traditions of the blues since his birth on December 13, 1958. At the age of six, Lurrie picked up a guitar that he found lying around the house, and taught himself to play. Lurrie grew up around many of Chicago's blues greats — he was literally schooled in the blues. Role models and mentors included not only his father but his grandfather, former Muddy Waters pianist Lovie Lee, as well as others such as guitarists Eddie Taylor, Eddie C. Campbell, Jimmy Dawkins, Eddie Clearwater (a cousin), harmonica master Big Walter Horton, piano legend Sunnyland Slim, ace bass player Bob Stroger, and many more.

The Linda is located at 339 Central Ave, Albany.



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4	6	3	9	1	5	7	2	8
9	5	2	7	8	3	1	4	6
7	8	1	4	6	2	5	9	3
3	1	9	5	4	8	6	7	2
8	2	4	6	7	1	9	3	5
5	7	6	3	2	9	8	1	4
1	4	8	2	5	7	3	6	9
6	3	5	1	9	4	2	8	7
2	9	7	8	3	6	4	5	1

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S	C	A	R	S	T	H	E	T	A	C	O			
T	A	R	E	S	A	I	R	A	A	H	S			
S	A	K	E	S	L	N	G	K	L	E	E			
				A	D	E	N	O	M	A	S			
P	R	E	M	A	T	U	R	E	L	Y				
P	A	N	E	L	E	D	D	A	O					
T	H	E	M	E				P	A	R	C	H		
				P	P	M		F	A	I	L	U	R	E
				P	R	O	V	O	C	A	T	E	U	R
			S	P	O	I	L	A	G	E				
A	L	A	E	E	L	I	S	A	B	I	N			
L	U	B	A	S	I	N	P	R	A	A	M			
S	A	E	K	T	E	E	T	A	M	P	A			
O	U	R		S	S	R		E	B	A	N			

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BATTLE ON

Belle-Skinner and Han Zolo each earned a chance to battle another day in WEOX's Battle of the Bands at Skyloft on Thursday, Aug. 8.

Michael Hollisey /
The Spot 518



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WHAT'S HAPPENING NOW

Bill Staines

Caffe Lena — Friday, Aug. 16

SARATOGA SPRINGS — Bill Staines will perform at Caffe Lena on Friday, Aug. 16 at 8 p.m.

New Hampshire troubadour Bill Staines has headlined the Caffe Lena stage twice a year since 1967. While our roster grows and flows, Staines is a folk music legend and he serves as an anchor to our heritage. His songs, including "River," "Roseville Fair," and dozens more, have become standards, recorded by artists ranging from Nanci Griffith and Jerry Jeff Walker to Grandpa Jones.

Caffe Lena is located at 47 Phila St, Saratoga Springs.

Between Now And Forever

The Low Beat — Friday, Aug. 16

ALBANY — Keep Up, The Wildcard and For Those Who Doubt will perform at The Low Beat on Friday, Aug. 16 at 8 p.m.

For Those Who Doubt is a Progressive/Metal-Core band.

The Wildcard is a Rock/Pop Punk/Riffs band.

Keep Up is a Rock/Pop/Alternative band.

The Low Beat is located at 335 Central Ave, Albany.

Vince Palmeri

The Hollow Bar + Kitchen — Friday, Aug. 16

ALBANY — Vince Palmeri with Special Guests Katie Louise and Kyla Silk

will perform at The Hollow Bar + Kitchen on Friday, Aug. 16 at 7 p.m.

Vince Palmeri is a pop singer/songwriter who infuses his own soul into fresh beats and melodies. He released his 2019 debut album "VP" which dips into a variety of styles including pop/rock, funk, and trap.

Katie Louise is a retired classical pianist that is currently a pop singer.

Kyla Silk is an R&B Soul Artist based in NYC.

The Hollow Bar + Kitchen is located at 79 N Pearl St, Albany.

Ten Most Wanted

Vapor Nightclub — Friday, Aug. 16

SARATOGA SPRINGS — Ten Most Wanted will perform at Vapor Nightclub on Friday, Aug. 16 at 8 p.m.

Ten Most Wanted plays all of your favorite new and classic R&B, Funk, Soul, and Rock favorites. Get ready for a high-energy performance with this powerhouse ten-piece party band. 21+ to enter.

Vapor Nightclub is located at 342 Jefferson St, Saratoga Springs.

Citizens' Loft Celebrates

Woodstock 50

Savoy Taproom — Friday, Aug. 16

ALBANY — Alex Geisel, Ben DeUrso, Jack Fallon-Underwood and Sam Boyles will perform at Savoy Taproom as part of Woodstock 50 on Friday, Aug. 16 at 10 p.m.

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