

Serving Bethlehem, New Scotland & Guilderland



TOP STORY

Better to be safe than sorry

Local cybersecurity experts weigh in on recent data breach, offer suggestions

By DIEGO CAGARA

cagarad@spotlightnews.com

news broke out last week that over 2,000 Bethlehem Central students' data had been digitally breached by unknown hackers, a natural response is to take cybersecurity more seriously moving forward.

Continues on page 11

In 2019, it is nearly impossible to keep information out of the network of computers and databases. Every swipe of your credit card sends information across the network. Despite your best efforts, your personal information can still end up in the wrong hands.



What is the future? Roundtable discussion series titled 'The Future of Small Cities' launches Thursday at Troy Innovation Garage.

Story on Page B1

SPORTS



Eagles roll over Devils Bethlehem Central defeats Columbia in last week's field hockey play.

Story on Page 7

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POLICE, COURTS, and EMERGENCY CALLS

County EMS going full-time

By DIEGO CAGARA *cagarad@spotlightnews.com*

ALBANY COUNTY

- The county's emergency medical services will be moving to full-time staff, which has been met with mixed reception from paying towns.

First announced in a Sept. 9 meeting with Albany County Sheriff Craig Apple, his colleague Brian Wood said it is impractical to tax all municipalities within the county since only a number of them make use of county EMS.

Hence, it was suggested that a district within the county would need to be designated in order for that district to be properly taxed for county EMS this may take several years to accomplish by the state Legislature.

County EMS currently serves Voorheesville, New

Scotland, Coeymans, Ravena, Bethlehem, Westerlo, Berne and Rensselaerville.

The announcement was noted for happening in a time now where volunteer service departments are finding it more challenging to attract, train and maintain a satisfactory number of volunteers to carry out services.

Wood also addressed that current part-time service workers either cannot always fill every needed shift or are working overtime, hence turning it over to more full-time workers is a strategic move for the future.

EMS work was also noted for being both physically and psychologically demanding.

Grand larceny

arrived at BPD that day where she was

interviewed about her

alleged involvement in

an incident which had

happened back in late

July and early August

at 160 Hasgate Dr. in

The police report

incident had been related

to criminal possession of

After her interview

She was charged with

criminal possession of a

forged instrument, petit

larceny and conspiracy.

arraigned before Judge

Ryan Donovan and was

remanded to the Albany

County jail without bail.

appearance scheduled for

Oct. 1 at 4 p.m.

٦

She has a return court

Baldwin was

a forged instrument.

was recorded, she was

arrested and processed

on three charges.

indicated that the

Delmar.

DELMAR — A 20-year-old Albany woman was arrested and charged with two felonies on Monday, Sept. 9 at 12:30 p.m.

Vannajan A. McWilliams turned herself into the Bethlehem Police Department, relating to her involvement in an incident at 55 Delaware Ave. in Delmar back on June 18.

She was processed and arraigned before Judge Ryan Donovan.

She was remanded to the Albany County jail in lieu of \$1,500 cash or bond.

McWilliams was charged with grand larceny and identity theft.

Host of charges

DELMAR — A 59-year-old Albany woman was arrested on a host of charges on Thursday, Sept. 5 at 4:09 p.m.

Marion A. Baldwin

COMMUNITY



Bethlehem's 6th Annual Economic Development and Networking event

A dozen businesses, school district officials and local organizations set up informational tables at the Delmar-Bethlehem EMS building on 114 Adams Street in Delmar on Thursday, Sept. 12. As people filtered through, the event hoped to highlight what makes Bethlehem a desirable place to live and work at.



NOTICE TOWN OF BETHLEHEM WATER MAIN FLUSHING PROGRAM <u>FALL 2019</u>

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> AREA #2 – 10/2 to 10/25 Delmar, Elsmere

AREA #3 – 10/16 to 11/1 Glenmont, Selkirk

Some discoloration may be seen during this flushing program, which could result in staining of laundry. Run water until it clears before doing laundry. Please post near washing machine.

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Diego Cagara / Spotlight News

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COMMUNITY

Let's chalk it up to art

Public invited to design chalk squares on the Rail Trail

By DIEGO CAGARA cagarad@spotlightnews.com

BETHLEHEM - The second annual Chalk the Walk event will happen on Saturday, Sept. 21, hoping to marry a community event with visual art, fundraising and family-friendly entertainment.

To take place from 3 to 6 p.m., it will be on the Albany County Rail Trail, near Stewart's on 309 Delaware Ave. People can buy a 3-by-3-foot chalk square which they can design as they choose as part of a chalk art contest where the community can vote on which are the winning three designs winners will be awarded special prizes in the end.

Registration is \$10



While the event wants to raise funds to maintain murals along the Albany County Rail Trail, it mainly wants to bring people out for a fun day with art, food, live music and smiles. Art on the Rail Trail

in advance and can be done online at www. mohawkhudson.org/chalkthe-walk-tickets; it is \$15 on the day itself.

The event will be accompanied by food vendors including Market Pops, Field Notes and Emack and Bolio's. Live

music will be provided by regional talents like Hot Tuesday, a jazzy-upbeat band; Malvina, a local high school student and guitarist; and Capital Harmony, an a cappella group consisting of regional high school students.

There will be an artist fair where people can peruse through local artists' works including paintings, handmade quilts, flower arrangements and jewelry.

Chalk the Walk is an effort by Art on the Rail Trail (ART), a committee under the Mohawk Hudson Land Conservancy. It aims to raise funds to maintain the artistic murals throughout the Rail Trail and its co-organizer, Karen Shaw said, "We want to raise awareness and get people onto the Rail Trail and also bring in local businesses. The Rail Trail is not just a linear pathway for exercise but a place for gathering and a

community."

Shaw, who is also Bethlehem's open space coordinator, added that the entire Rail Trail will not be closed for this event and it would instead take place on just one side of the trail so other people can continue walking or cycling without interruption.

Caroline Barrett, an ART member, said, "We wanted to have something fun and involve the community. What we do is for and part of the community, and we want to bring people out and make art together."

She added that last year, 60 people registered to make chalk art, meaning that 60 chalk squares were purchased. It raised around \$600.

Both Shaw and Barrett said there is not really a set goal amount of money this year's event hopes to raise as they believe the main purpose is to bring people

in to join the fun.

While the former recalled that some of the memorable designed chalk squares last year had positive messages about nature and Bethlehem being a great town, the latter said she particularly loved one that had a portrait of famous Mexican painter Frida Kahlo, one that featured a loving father-daughter relationship, and one that showed a gay pride flag.

Although it was Shaw's idea to have a town chalk art contest in 2017 which came to fruition in 2018, Barrett said she and her husband, also an ART member, were originally inspired by numerous murals they came across when visiting colleges in Philadelphia with their daughter a few years prior. Her husband, Barrett said, then envisioned having murals throughout

Continues on 10



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COMMUNITY

Using a history of trains to look ahead

Local teen brings new train-viewing platform to life

By DIEGO CAGARA cagarad@spotlightnews.com

VOORHEESVILLE - Local train enthusiasts have a reason to rejoice.

A new train-viewing platform is being erected across from the Albany County Rail Trail Pavilion on 8 Grove St. in Voorheesville, which allows people to enjoy the sight of passing trains under a designated roof. The platform, however, is not complete yet as it still needs a handicap-accessible ramp and a little barrier - possibly shrubbery or landscaping - which would

deter people crossing that barrier and accidentally get too close to the tracks or passing trains.

The mastermind behind this project, 18-year-old



Voorheesville Troop 73 boy scout Michael Strauss, center left, listens as Albany County Executive Daniel P. McCoy, center right, praises his dedication to develop a train-viewing platform for the community and traveling train enthusiasts. Diego Cagara / Spotlight News

Voorheesville resident Michael Strauss, said it will likely be complete within the next two weeks. Construction had initially begun in late June but its conception has been on Strauss' mind for over two

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years now.

Strauss, a senior at Clayton A. Bouton High School, is a boy scout at the village's Troop 73 who has been eager to receive the highly-coveted Eagle Scout

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rank for years, which will become a reality later this fall. Since first joining at 12, he said he has enjoyed learning multiple life skills like becoming a leader and being self-sufficient, and he envisioned the train-

viewing platform as his project to help attain the aforementioned rank.

"I've learned what it is to be an Eagle Scout and what the project represents. It's about being a leader and leading a group of people to accomplish something," Strauss said, connecting this project's idea with how he himself is a train enthusiast.

"Voorheesville is a train village and a big reason is that Voorheesville became a place for people to live in since it was originally a vacation spot for people from the city of Albany and even maybe New York City. People would come down for the day and that's how Voorheesville was built up," he added. He said his project's site location is significant for being where the original train tracks were built in the village.

He perceived his project as an artistic and functional homage to Voorheesville's

history with trains as well as to complement fellow train enthusiasts. He had first pitched his ideas to the village two years ago as well as to Albany County officials, since the property is technically county property, he said. He received major support from them and then learned to get a building permit.

According to him, the overall project cost a hair over \$10,000 -- \$5.000 was donated by the Voorheesville Community and School Foundation and \$4,000 was donated by CSX Transportation, the freight railroad company that owns the tracks near the platform. The rest of the money stemmed from generous donations from throughout the village, including its volunteer fire department.

"Doing this project was a combination of sheer will to do something great for my community and I really appreciate the generous support, time, energy and encouragement from the people around me," Strauss said.

When asked what type of help he received to erect the platform, Strauss credited several local contractors who helped him realize and finalize the project's design; his fellow Troop 73 members for helping around the site; the Delmar-based Curtis Lumber for providing some essential materials; and the village's Public Works Department for helping him move soil and lay the platform's foundation.

These collaborations helped ease some of Strauss' main challenges with the project – how he initially did not know much about physically building a platform as well as the lengthy process of getting a public building project application reviewed and approved by the village and county. Regarding the latter point, he said he had to finish most of the project before he turned 18.

Strauss said he also learned how challenging it can be to organize and manage a volunteer

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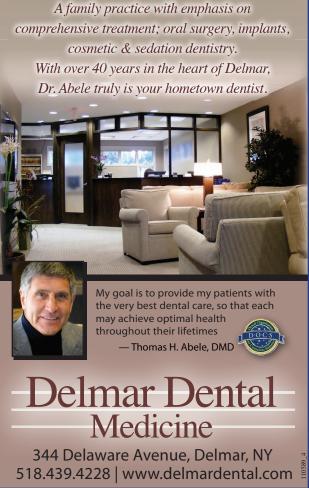
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Thomas H. Abele, DMD

BUSINESS

New urgent care gets accredited



Guilderland's Priority 1 Urgent Care owner Jonathan Halpert expressed excitement over how his business got accredited after it just opened this past April. Diego Cagara / Spotlight News

The first accredited urgent care center in the Capital District

By DIEGO CAGARA cagarad@spotlightnews.com

GUILDERLAND · A new Guilderland urgent care center has received a highly-coveted accreditation through the Urgent Care Association.

Located on 2080 Western Avenue in Hamilton Square, it originally opened in April and is independently owned by Jonathan S. Halpert who expressed both excitement and gratitude for the distinction the Accreditation-Comprehensive Scope.

It has become the first urgent care organization in the Capital District to receive this, according to Halpert.

"I'm really happy and we're all really proud

because we had to get through a lot of hurdles since opening," he said. "We're a small organization and we're thrilled."

Priority 1 Urgent Care provides patients access to digital X-Ray, EKG, IV Fluids and medications, as well as on-site and reference laboratory testing.

It also participates with numerous locally-accepted health insurance plans like CDPHP, MVP and Medicare; patients can walk in for unscheduled appointments and receive extensive medical attention too.

The process of receiving the accreditation was not always smooth though. "We had chosen to

undergo a high level of scrutiny by the accrediting body where they came in and evaluated all aspects of the business like our clinical professional services, and having great equipment and licensed specialists on

hand," Halpert said. "There are standards that must be met and prescribe to the accrediting body. It's a really deep dive into quality, business practices and care, and it supposedly allows to give a potential customer a higher level of assurance of what they expect here."

Halpert has been involved in urgent care, health policy and administration for around a dozen years now, including having held positions at St. Peter's Health Partners, St. Peter's Hospital and the North East Regional Urgent Care Association.

He has also long been aware of the importance and benefit of being accredited.

"I knew that it's good to get some distinctions under our belt if possible," he said. "Sometimes people use those distinctions to make decisions about coming to us."

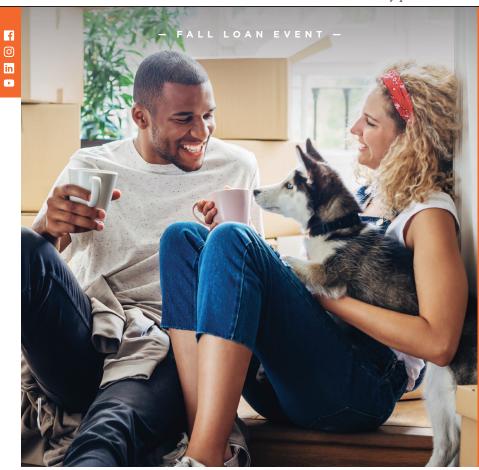
He also felt grateful

for his fellow colleagues and perceived the work as "very much a team sport and it's impossible to run it by yourself. Urgent care is a 24-hours, seven-days a week proposition, and we're open most holidays so we have lots of people power to drive it forward. From nurse practitioners and medical assistants to registered nurses, for example."

Looking ahead, Halpert exuded optimism and concluded, "By virtue of being accredited, I'd like the public to be aware that not only do we feel we're an excellent resource for their medical needs, but the accrediting organization also agrees with that. Hopefully, that gives the public a measure of confidence to choose us moving forward."

For more

information, visit www. priority1urgentcare.com.



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SPOTLIGHT ON FINANCE

Credit card smarts: Tips for picking the right card and leveraging credit

By RUTH MAHONEY, President, Capital Region, KeyBank

hen it comes to the benefit of credit cards, people have two

stances. Either they are good, because they empower people to build credit and provide needed power, or they are bad, because they encourage people to overspend and fall into debt. The truth is, credit cards can be both good and baddepending on the

borrower.

The good: credit cards make it easy to purchase things, and they help borrowers establish good credit by demonstrating that they have the ability and character to repay debt obligations in a timely manner. Building a strong credit history can lead to obtaining other forms of credit, such as car loans and mortgages, with more ease and better terms.

The not so good: according to the Federal Reserve's G.19 report on consumer credit, total U.S. outstanding revolving debt, which is chiefly made up of credit card balances, was \$1.07 trillion as of June 2019, with the a monthly balance. The benefit • Introductory offers. Some promotions for spending a spe- efits on regular purchases, such average card-carrying adult of a charge card is that you will holding \$5,839 in debt.

However, credit cards don't have to be such a double-edged sword. In fact, with a little effort you can secure a credit card with great terms that suits

your needs and spending profile, which will help you reduce fees and maximize rewards.

Getting started

Every time you apply for credit, it gets reported with the credit bureaus and lowers your credit score. So do

your homework ahead of time. Compare and contrast offers, but first, consider which type of credit card best fits your needs.

• Revolving. This is the traditional credit card, which allows you to make purchases and pay all or part of the outstanding balance on a defined schedule. Once all or a portion of the borrowed balance is paid, that amount becomes available again as credit.

• Charge. This card is similar to a revolving credit card in that you can make purchases and take out cash advances. The difference is that you cannot carry not accrue interest on your debt.

• Secured. This card requires collateral for approval. Your borrowing limit is determined by the amount of deposit you make to secure the card. It is good option for those with little or no credit history.

• *Rewards*. Reward cards work the same as traditional credit cards but offer rewards, cash back and/or flyer miles in return for your spending.

• Student. Designed for students enrolled in an accredited four-year college or university, student cards are great for establishing a positive credit history.

Once you determine the best cards for your needs, begin comparing offers from a variety of financial institutions. For example, check interest rates. Different issuers of national bank cards such as VISA, MasterCard and Discover usually charge different interest rates.

You should also review and compare the following:

• Annual fees. Many of today's cards do not charge an annual fee. However, don't automatically remove cards with annual fees from consideration. They may have additional perks and benefits that will help you save money and stretch out the value of your dollar.

Understanding credit card terms

f you are considering applying for either your will have to pay if you have a balance on a credit first card or a new card, it is helpful to know the terms issuers use in describing credit card features and options.

Annual percentage rate (APR) - This is the annual interest rate that the credit card issuer charges on the unpaid balance of the credit card. Some credit cards have set rates. For cards with variable rates the interest rate changes. The disclosure statement for each credit card gives the guidelines used to decide what the variable interest rates will be. If a credit card offer has a too-good-to-believe low rate, it is likely an introductory rate. After the introductory period is over, the rate will increase. A low rate could be as low as 0 percent while 28 percent would be high.

Grace period – This is the amount of time you have to pay your bill before interest is charged on your purchases. Most credit cards offer 20 to 25 day grace periods. Even though credit cards have grace periods, most charge interest from the day you make a purchase if you already have a balance on the credit card.

Annual fee – This is the charge you pay once a year for the right to use a credit card. Not all credit cards have annual fees.

Minimum finance charge (minimum payment due) – This is the least amount you

card usually. The minimum finance charge is generally between two percent to four percent of the balance.

Transaction fees – These are the various fees you have to pay for cash advances, late payments, or charging over your credit limit.

Cash advance - This service allows cardholders to withdraw cash, either through an ATM or over the counter at a bank or store, up to a certain limit. Check the credit card for a cash advance limit, they are often lower than the credit limit. Also, there is often a fee of three to five percent of the amount being borrowed and the interest rate is generally higher than other credit card transactions. The interest compounds daily starting from the day cash is borrowed.

Balance Transfer - This is the process of moving credit card debt from one credit card to another. Card issuers will often offer lower initial rates to encourage balance transfers coming in and balance-transfer fees to discourage them from going out. If you're making a balance transfer, be sure you know exactly when the introductory rate expires.

Periodic rate - This is the APR divided by 12.

issuers offer 0 percent Introduc- cific amount of money over a set tory APR credit cards for the purchases and balance transfers. Make sure to read the fine print, because some cards may charge a two to four percent balance transfer fee. Other cards may jump to a high interest rate when the introductory period expires.

Rewards. Whether it is miles, points, cash back or rewards, review how they accrue. Is the offer valid only during specific time frames? Are there limits on the amount for purchases you can claim with these offers? Some cards may offer

amount of time in order to refirst 12 to 18 billing cycles for ceive the extra cash back bonus or rewards. Know the details. • Features. Account alerts,

FICO® credit score tracking, no penalty APR, travel insurance and fraud detection are some additional features that can increase the value of the credit card. Don't overlook these benefits when comparing offers.

Spend smart

Credit is only good if you allow it to work for you-not against you. And rewards and financial incentives can be great ways to earn extra cash and ben-

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as groceries, bills and gas. But make sure you never borrow more than you can afford to repay and always try to repay your balances in full every month. If you can't repay your full balance, at least pay more than the minimum balance due. This will ensure that you begin building the credit history you need to secure the best rates and terms for future large purchases, like

a home or car.

About the author: Ruth Mahoney is regional retail leader and president of KeyBank's Capital Region. She may be reached at either 518-257-8619 or ruth.mahoney@keybank.com.

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HIGH SCHOOL SPORTS

Blackbirds crush Cohoes

VOORHEESVILLE — Two undefeated Colonial Council teams squared off on Friday, Sept. 13 and the Blackbirds walked away with a convincing 7-3 win over Cohoes.

Cohoes, (4-1, 4-1) jumped out to an early lead on a goal with Shannon Cepiel at the 9:51 mark.

But Voorheesville's Amanda Gillenwalters scored the next three to give her squad a 3-1 lead going into the half. On those three, Kaelyn Lawson had two assists and Renee Bogdany had an assist.

The Blackbirds (4-0, 4-0) then scored three more unanswered to start the second half with Lawson and Emma Farrell each getting a goal on assists by Gillenwalters and Megan Romansky had a goal on an assist by Farrell.

Cepiel scored her second goal at the 12:17 mark before Farrell got her second of the game on an assist by Bogdany.

Hannah Ragule scored on a penalty kick for Cohoes to round out the scoring.

Andraya Hunt had 21 saves for Cohoes while Maggie Thayet had 10 for the Blackbirds.

Check out our website for more photos of the game.

— Jim Franco





















BETHLEHEM — The Eagles field hockey squad rolled over Columbia on Ŝaturday, Sept. 14 by a score of 7-1.

Bethlehem scored five goals in the first half with Mia McDonald getting two unassisted. Katie Bailey also scored on an assist by Kate Davenport and then Davenport scored on an assist by Avery Jones and Julia Harvey scored on an assist by Mia MacDonald.

Carolyn Fisk scored two unassisted goals to round out scoring for Bethlehem.

Liz Cohen scored Columbia's lone goal, unassisted.

The Eagles controlled most of the game as Columbia took just one shot on goal and keeper Alaina Meo was not forced to make a save.

The Eagles took 21 shots on goal, and Columbia keeper Sophia Venable had 14 saves.

Bethlehem will play at Burnt Hills and Columbia will host Guilderland on Wednesday, Sept. 18.

Check out our website for more photos of the game.

LEGALS NOTICE OF LLC

FORMATION 13921 SPRINGFIELD LLC. Arts. of Org. filed with the SSNY on 05/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Springfield 13921 Boulevard, Springfield Gardens, NY 11413. Gardens, NY 11413. Purpose: Any lawful purpose.

D-225272 NOTICE OF LLC

FORMATION 1814 WEST STREET LLC. Arts. 5TH of Org. filed with the SSNY on 08/26/19. Office: Al-bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC. 1927 E. 18th Brooklyn, NY Purpose: Any Street 11229. lawful purpose. D-227235

NOTICE OF LLC

FORMATION 196 PRINCE ST. LLC. Arts. of Org. filed with the SSNY on 08/21/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served SSNY shall mail copy of pro-cess to the LLC, c/o Business Filings Incor-porated, 187 Wolf Road, Suite 101, Albany, NY 12205. Purpose: Any lawful purpose. D-226859

> NOTICE OF LLC FORMATION

H MEMBER LLC. 20 Arts. of Org. filed with the SSNY on 06/27/19. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 605 Third Avenue, 16th New York, NY Floor, 10158. Purpose: Any lawful purpose.

NOTICE OF LLC FORMATION

D-227627

20 H REALTY LLC. Arts. Org. filed with the SSNY on 07/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-605 to the LLC, cess Avenue, 16th New York, NY Third Floor, Purpose: Any 10158. lawful purpose. D-227629

NOTICE OF LLC FORMATION

22-13 41ST STREET AS-TORIA LLC. Arts. of Org. filed with the SSNY on 08/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 129 Osceola Drive, Deer Park, NY 11729. Purpose: Any lawful purpose.

D-226886

NOTICE OF LLC FORMATION 241-243 NORTH 5th STREET LLC. Arts. of Org. filed with the SSNY on 05/09/18. Office: Albany County. SSNY des-

LEGALS ignated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9728 3rd Avenue, Suite 133, Brooklyn, NY 11209. Purpose: Any

lawful purpose. D-227397 NOTICE OF LLC FORMATION 2522 WEST 3rd STREET REALTY LLC. Arts. of Org. filed with the SSNY

on 08/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2522 West 3rd Brooklyn, Purpose: Street. NY Any 11223. lawful purpose. D-226447

NOTICE OF LLC FORMATION 26-46 29 STREET LLC. Arts. of Org. filed with the SSNY on 08/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o D-226078 Thomaidis & Lagoudis, P.C., 214-11 Northern Boulevard, Suite 200, Bayside, NY 11361. Purpose: Any lawful pur-

pose. D-227712

NOTICE OF LLC FORMATION

2752 WEST 15 STREET LLC. Arts. of Org. filed with the SSNY on 07/22/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 531 Wild Avenue, 2nd Floor, Staten Island, NY 10314. Purpose: Any lawful purpose. D-225274

NOTICE OF LLC FORMATION

33 WBDSH LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLĊ, P.C., c/o Samuel Eber 20 Pine Street, Suite 1005, New York, NY 10005. Purpose: Any lawful purpose. D-225185

NOTICE OF FORMATION 330 WEST 56th STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 08/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC. 10 East 33rd Street, 11th Floor, New York, NY 10016, Purpose: Any lawful pur-

pose D-225945

NOTICE OF LLC FORMATION 338 BERRY 7J LLC. Arts. of Org. filed with the SSNY on 08/14/19.

Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 34

LEGALS Seventh Street North Brooklyn, #30, NY 11249. Purpose: Any lawful purpose. D-226216 NOTICE OF LLC

FORMATION 359 88th STREET PROPERTIES, LLC. Arts.

of Org. filed with the SSNY on 08/13/19. Of-Albany County. fice: SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 359 88th Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-226149

NOTICE OF LLC

FORMATION OCEAN VIEW 3989 WALK LLC. Arts. of Org. filed with the SSNY on 08/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 381 Park Avenue South, 15th Floor, New York, NY 10016. Purpose: Anv lawful purpose.

NOTICE OF LLC FORMATION

41A MARION LLC. Arts of Org. filed with the SSNY on 08/23/19. Of-Albany County. fice: SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 920 Metcalf Avenue, Suite #15J, Bronx, NY 10473. Purpose: Any lawful purpose. D-227078

NOTICE OF FORMATION 4390 PARK LLC. Arts. of Org. filed with the SSNY on 07/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Borah, Goldstein, Wughalter, Corredine & Perez-Hall, P.C., 800 Grand Concourse, Suite 7, Bronx, NY 10451. Purpose: Any

D-225941 NOTICE OF LLC

lawful purpose.

FORMATION 52 PARKWAY COURT LLC. Arts. of Org. filed with the SSNY on 08/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1927 E. 18th Street, Brooklyn, NY 11229. Brooklyn, Purpose: Any lawful purpose. D-227239

NOTICE OF LLC

FORMATION 5870 56 STREET LLC Arts. of Org. filed with the SSNY on 07/29/19. Office: Albany County designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Falcon Rappaport & Berk-man PLLC, 265 Sunrise Highway, Suite 50, Rockville Centre, NY 11570. Purpose: Any lawful purpose. D-225276

LEGALS NOTICE OF LLC FORMATION

6814 4th AVE PART-NERS LLC. Arts. of Org. filed with the SSNY on 08/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8508 Bay Parkway, Floor 2, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-226135

NOTICE OF FORMATION 775 AOA CAFE LLC. Arts. of Org. filed with the SSNY on 08/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 775 6th Avenue, New York, NY 10001. Purpose: Any lawful purpose. D-225947

NOTICE OF LLC

FORMATION ALEXANDRA CAPITAL, LLC. Arts. of Org. filed with the SSNY on 08/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Compass, 111 Fifth Avenue, New York, NY 10011. Purpose: Any Any lawful purpose. D-227948

NOTICE OF LLC FORMATION

ANDREON SOLUTIONS LLC. Arts. of Org. filed with the SSNY on 08/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 345 East 80th Street, Suite 33G, New York, NY Any 10075. Purpose: lawful purpose.

NOTICE OF LLC

D-227075

FORMATION ART PALACE US, LLC. Arts. of Org. filed with the SSNY on 08/02/19. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 65 Nassau Street, New York, NY 10038. Purpose: Any lawful purpose. D-225361

NOTICE OF LLC

FORMATION BARCLAY AVE REALTY LLC. Arts. of Org. filed with the SSNY on with the SSNY on 07/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 395 Rathbun Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose

D-225266 NOTICE OF FORMATION BARRON POINT CAPI-TAL LLC. Arts. of Org. filed with the SSNY on 08/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of

To place your Legal Notice: Call 439-4949

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LEGALS

Barron Place, Rye, NY

NOTICE OF LLC Formation

HOUSE, LLC. Arts. of

Org. filed with the SSNY

on 05/23/19. Office: Al-

bany County. SSNY des-

ignated as agent of the

LLC upon whom pro-cess against it may be

served. SSNY shall mail

copy of process to the LLC, 320 East 57th

Street, Apartment 8C, New York, NY 10022.

Purpose: Any lawful pur-

NOTICE OF LLC

FORMATION

BESEN PARTNERS LLC

Arts. of Org. filed with

the SSNY on 08/12/19.

Office: Albany County.

SSNY designated as agent of the LLC upon

whom process against it

may be served. SSNY shall mail copy of pro-cess to the LLC, 381

Park Avenue South, 15th

Floor, New York, NY

NOTICE OF FORMATION

BizeeWorks LLC. Arts. of Org. filed with the SSNY

on 08/07/19. Office: Al-

bany County. SSNY des-

Any

10016. Purpose:

lawful purpose.

D-226075

pose

ABOUT

Purpose:

process to the LLC,

10580.

BEAR

pose.

D-227614

lawful purpose. D-225935

NOTICE OF LLC FORMATION

Brooklyn OpZone Fund LLC. Arts. of Org. filed with the SSNY on 08/16/19. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Andrew J. Epstein, c/o Easy Street Properties, LLC, 154 Grand Street, New York, NY 10013. Purpose: Any lawful purpose. D-226513

NOTICE OF LLC FORMATION

Brooklyn1086 LLC. Arts. of Org. filed with the SSNY on 07/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 1086 Fulton Street, Brooklyn, NY 11238. Purpose: Any lawful purpose. D-225147

pose

pose.

D-226934

D-227404

Purpose: Any lawful pur-

NOTICE OF LLC

FORMATION

CYMALEX LLC. Arts. of Org. filed with the SSNY

on 08/22/19. Office: Al-

bany County. SSNY des-

ignated as agent of the LLC upon whom pro-

cess against it may be

served. SSNY shall mail

copy of process to the LLC, PO Box 9337, New

Haven, CT 06533. Pur-

pose: Any lawful pur-

NOTICE OF LLC

FORMATION

DARWIN HOLDING LLC.

Arts. of Org. filed with

the SSNY on 08/01/19.

Office: Albany County. SSNY designated as

agent of the LLC upon

whom process against it

may be served. SSNY

shall mail copy of pro-

cess to the LLC, c/o Shupack & Hardy, LLP, 450 Seventh Avenue,

13th Floor, New York, NY 10123. Purpose: Any

NOTICE OF LLC

FORMATION DINNENY COMMODITY

ADVISORS LLC. Arts. of

Org. filed with the SSNY

on 08/01/19. Office: Al-

bany County. SSNY des-

ignated as agent of the

LLC upon whom pro-cess against it may be served. SSNY shall mail

copy of process to the

Suite 908, New York, NY

10017. Purpose: Any

NOTICE OF LLC

FORMATION

DUKE FIRE LLC. Arts. of

Org. filed with the SSNY

on 08/23/19. Office: Al-bany County. SSNY des-

ignated as agent of the

LLC upon whom pro-

cess against it may be served. SSNY shall mail

copy of process to the

LLC, 2117 Avenue T, Brooklyn, NY 11229.

Purpose: Any lawful pur-

NOTICE OF LLC

FORMATION

DUTCHESS VALENTINA ART LLC. Arts. of Org. filed with the SSNY on

08/22/19. Office: Albany

County. SSNY designat-ed as agent of the LLC

upon whom process against it may be served.

SSNY shall mail copy of

process to the LLC. c/o

Gordon & Petkos LLP,

pose.

D-227077

lawful purpose.

D-225178

lawful purpose.

D-225279

NOTICE OF LLC

FORMATION BUSTER'S RETREAT LLC. Arts. of Org. filed with the SSNY on 08/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq., Bar-ton, LLP, 711 Third Ave., 14th Fl., New York, NY 10017. Purpose: Any lawful purpose. D-225485

NOTICE OF LLC FORMATION

CCLW LLC. Arts. of Org. filed with the SSNY on 08/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5757 Collins Avenue, Apt. 806, Miami Beach, FL 33140. Purpose: Any lawful purpose. D-225618

NOTICE OF LLC

FORMATION CHIRON CREATIVE LLC. Arts. of Org. filed with the SSNY on 08/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o William Archer, 633 West 5th Street, 40th Floor, Los Angeles, CA Purpose: Any 90071 lawful purpose. D-227706

NOTICE OF LLC FORMATION

CITADEL PEST SOLU-Arts. of TIONS, LLC. Org. filed with the SSNY on 08/12/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 North End Avenue, Apt. 14A, New York, NY 10282. Purpose: Any lawful pur-

D-226008 NOTICE OF FORMATION CORNER POWELL STU-DIO LLC. Arts. of Org. filed with the SSNY on 08/08/19. Office: Albany

www.spotlightnews.com

LEGALS

Broadway, S New York,

Suite

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630 First

LEGALS ed as agent of the LIC 1790 710, upon whom process against it may be served. 10019. Purpose: SSNY shall mail copy of lawful purpose. process to the LLC, c/o D-226984 Wexler & Kaufman PLLC, One Penn Plaza, NOTICE OF FORMATION ECOMDENT, LLC. Arts. Suite 3406. New York. NY 10119. Purpose: Any of Org. filed with the

SSNY on 08/06/19. Oflawful purpose. Albany County. Y designated as D-225936 fice: SSNY NOTICE OF LLC FORMATION agent of the LLC upon whom process against it CP129, LLC. Arts. may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Org. filed with the SSNY on 08/27/19. Office: Al-bany County. SSNY des-Teerawee ignated as agent of the chalipongse, 630 First Avenue, Suite 25M, New LLC upon whom pro-cess against it may be served. SSNY shall mail York, NY 10016. Purpose: Any lawful purcopy of process to the pose c/o Robert Peccia. D-225973 13-24 138th Street, College Point, NY 11356.

NOTICE OF LLC FORMATION

EM 243-253 ST. JOHNS PLACE LLC. Arts. of Org. filed with the SSNY on 01/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC. 9728 3rd Avenue, Suite 133, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-226811

NOTICE OF FORMATION ES 45G, LLC. Arts. of Org. filed with the SSNY on 08/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Law Office of Gilbert A. Lazarus, PLLC, 92-12 68th Avenue, Forest Hills, NY any lawful purpose. D-225759

NOTICE OF LLC FORMATION

FABAERO, LLC. Arts. of Org. filed with the SSNY on 08/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Philip E. Klein, Esq., 324 East 48th Street, Suite 1, New York, NY 10017. Purpose: Any lawful purpose D-225621

LLC, c/o Neufeld, O'Leary & Giusto, Esqs., 370 Lexington Avenue,

NOTICE OF FORMATION FAP MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 08/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 2139 Williamsbridge Road, Bronx, NY 10461. Pur-pose: Any lawful purpose.

D-225949

NOTICE OF LLC FORMATION FARMHOUSE 2A LLC. Arts. of Org. filed with the SSNY on 08/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 25 North Moore Street, 2A, New York, NY 10013. Purpose: Any lawful purpose. D-226475

D-227076 NOTICE OF LLC FORMATION Albany County. designated as

Path, Albany, NY 11205. Purpose: Any lawful purpose. D-227622 NOTICE OF LLC

FORMATION BRAVE INVESTORS LLC. Arts. of Org. filed with the SSNY on 08/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 234 East 23rd Street, New York, NY 10010. Purpose: Any lawful purpose. SR-226472

ignated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 208 West 111th Street, Apt. 3B, New York, NY 10026. Purpose: Any lawful pur-D-225953 NOTICE OF LLC FORMATION

BODY ELEMENTZ LLC. Arts. of Org. filed with the SSNY on 08/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 22-64

47th Street, Astoria, NY 11105. Purpose: lawful purpose.

Braggypants LLC. Arts. Org. filed with the of SSNY on 08/12/19. Office: SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 3 Noble

pose.

County. SSNY designat-

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www.spotlightnews.com

LEGALS **NOTICE OF FORMATION** FULLI LLC. Arts. of Org. filed with the SSNY on 05/30/17 Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Michalis Petrou, 245 West 14th Str, 3C, NY, NY 10011. Purpose: Any lawful purpose.

D-225758 NOTICE OF LLC

FORMATION GJK 86 HUTCH LLC of Org. filed with Arts. the SSNY on 08/01/19. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Maria Kourtelis. 1686 Hutchinson River Parkway, Bronx, NY 10461. Purpose: Any lawful purpose. D-225181

NOTICE OF LLC

FORMATION GREAT BARRIER HOLD-INGS LLC. Arts. of Org. filed with the SSNY on 06/05/19. Office: Albany County. SSNY designate ed as agent of the LLC upon whom process against it may be served SSNY shall mail copy of process to the LLC, c/o Daniel Feder, 44 West 62nd Street, Apartment 3B. New York, NY 10023. Purpose: Any lawful purpose. D-225567

NOTICE OF LLC FORMATION

GVK 88 HUTCH LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Kourtelis, Maria 1686 Hutchinson River Park-way, Bronx, NY 10461. Purpose: Any lawful purpose

D-225183 **NOTICE OF FORMATION** HAVERHILL PROPER-TIES LLC. Arts. of Org. filed with the SSNY on 08/09/19. Office: Albany County. SSNY designated as agent of the LLC whom process upon against it may be served SSNY shall mail copy of process to the LLC, c/o Victor Tawil, 29 West 36th Street, Suite 1100, New York, NY 10018. Purpose: Any lawful pur-

D-225955

NOTICE OF LLC FORMATION

IZ MANAGEMENT, LLC. Arts. of Org. filed with the SSNY on 08/12/19 Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 305 Riverside Drive, #8D, New York, NY 10025. Purpose: Any lawful pur-

D-226391 NOTICE OF LLC FORMATION

JDBC SOLUTIONS LLC. Arts. of Org. filed with the SSNY on 06/27/19. Office: Albany County. SSNY designated as agent of the LLC upon

LEGALS whom process against it may be served. SSNY shall mail copy of process to the LLC, 194 Bay 20th Street, Brooklyn, NY Purpose: 11214. Any lawful purpose.

D-227150 NOTICE OF LLC

FORMATION JEMZ.NYC LLC. Arts. of Org. filed with the SSNY on 08/28/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be copy of process to the LLC, 53 Murray Street Unit 1, New York, NY 10007. Purpose: Any lawful purpose. D-227673

NOTICE OF LLC

FORMATION JOINERY 605 LLC. Arts. of Org. filed with the SSNY on 04/18/19. Of-Albany County. fice: SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Teitelbaum & Konner, Gallagher P.C., 462 Sev-enth Avenue, 12th Floor, New York, NY 10018. Purpose: Any lawful purpose. D-226818

NOTICE OF LLC FORMATION

JPOD MEDIA LLC. Arts. Org. filed with the of SSNY on 08/13/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 50 Battery Place, Apt. 5G, New York, NY 10280. Purpose: Any lawful purnose D-226137

NOTICE OF LLC

FORMATION KANG PROPERTIES LLC. Arts. of Org. filed with the SSNY on 08/27/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, One Penn Plaza, Suite 3406, New York, NY 10119. Purpose: Any lawful purpose. D-227407

NOTICE OF LLC

FORMATION PROPERTY LLC KSW Arts. of Org. filed with the SSNY on 07/09/19. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 196 Orchard Street, Unit 6M, New York, NY 10002. Purpose: Any lawful pur-

pose. CR-225350

NOTICE OF LLC FORMATION ra, filed with the copy of process to the LLC, c/o Edwin Wyatt Nash, 325 Clinton Av-enue, #5E, Brooklyn, NY 11205. Purpose: Any lawful purpose.

D-226529

LEGALS NOTICE OF LLC FORMATION LEVEL3BBB, LLC. Arts. of Org. filed with the SSNY on 08/28/19. Of-

fice: SSNY Albany County. SSNY designated as agent of the LLC upon whom process against i may be served. SSNY shall mail copy of pro-cess to the LLC, 450 7th Avenue, 40th Floor, New York, NY 10123. Purpose: Any lawful purpose

D-227509 NOTICE OF LLC

FORMATION LGMCT HOLDINGS, LLC. Arts. of Org. filed with the SSNY on with the SSNY on 07/29/19. Office: Albany County. SSNY designated as agent of the LLC whom process upon against it may be served SSNY shall mail copy of process to the LLC, c/o Northwest Registered Agent LLC, 90 State St, Ste 700, Office 40, Albany, NY 12207, which is also the registered agent address. Purpose: Any lawful purpose.

PO-227164 NOTICE OF FORMATION LILYMAR, LLC. Arts. of Org. filed with the SSNY on 08/09/19. Office: Al-bany County. SSNY des-ignated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail copy of process to the LLC, 8307 Hickory Creek Drive. Austin, TX 78735 Purpose: Any lawful purpose. D-225951

NOTICE OF LLC FORMATION

PROPERTY LLC L.IN Arts. of Org. filed with the SSNY on 09/04/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 417 18th Street, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-227979

NOTICE OF LLC

FORMATION MARYA FOGEL FLANA-GAN LLC. Arts. of Org. filed with the SSNY on 08/01/19. Office: Albany County. SSNY designated as agent of the LLC whom process upon against it may be served. SSNY shall mail copy of process to the LLC, 325 Riverside Drive, #73, Riverside Drive, #73, New York, NY 10025. Purpose: Any lawful purpose

NOTICE OF LLC

FORMATION

MMRBALO LLC. Arts. of Org. filed with the SSNY

on 08/08/19. Office: Al-

bany County. SSNY des-

ignated as agent of the

LLC upon whom pro-

cess against it may be

served. SSNY shall mail

copy of process to the LLC, 381 Park Avenue

South, 15th Floor, New

pose: Any lawful pur-

NOTICE OF LLC

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MTJ CAFE LLC. Arts. of

Org. filed with the SSNY on 08/29/19. Office: Al-

bany County. SSNY des-

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LLC upon whom pro-cess against it may be

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York,

pose

D-226077

LEERFORM LLC. Arts. of on 08/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

LEGALS served. SSNY shall mail copy of process to the LLĊ, c/o Paleudis Law Firm, LLC, 100 Canal Pointe Blvd, Suite 125, Princeton, NJ 08540. Purpose: Any lawful pur-

pose D-227651 NOTICE OF LLC

FORMATION

MYLES AHEAD MAN-AGEMENT LLC. Arts. of Ora, filed with the SSNY on 07/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 208 West 141st Street, #2D, New York, NY 10030. Purpose: Anv lawful purpose. C-225177

NOTICE OF FORMATION NATE HOLDINGS LLC. Arts. of Org. filed with the SSNY on 08/09/19. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it be served. SSNY may shall mail copy of pro-cess to the LLC, 29 W 36th Street, Suite 1100, New York, NY 10018. Purpose: Any lawful pur-

pose. D-225956

NOTICE OF FORMATION NEW ELDERT LLC. Arts. of Org. filed with the SSNY on 08/07/19. Of-fice: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Amir Apelbaum, 82-42 210th Street, Hollis Hills, NY 11427. Purpose: Any lawful purpose. D-226232

NOTICE OF LLC FORMATION

NICKYBETT LLC. Arts. of Org. filed with the SSNY on 08/12/19. Office: Albany County. SSNY designated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail copy of process to the LLC, 22-19 37th Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-226011

NOTICE OF LLC

FORMATION NINE EXTRA FLOORS PRODUCTIONS LLC. Arts. of Org. filed with the SSNY on 07/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 5 Stratford Road, Apartment 3, Brooklyn, NY 11218. Purpose: Any lawful purpose

D-225268

NOTICE OF LLC FORMATION NORI ROSE, LLC. Arts. of Org. filed with the SSNY on 01/25/18. Latest date to dissolve: 12/31/2107. Office: Al-bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Aldad & Associates, P.C., 350 Fifth

To place your Legal Notice: Call 439-4949

LEGALS Whipple Street, Brent-wood, NY 11717. Pur-Avenue, Suite 4309, New York, NY 10118. 4309. Purpose: Any lawful purpose: Any lawful purpose D-227618

LEGALS

NOTICE OF LLC

FORMATION

Arts. of Org. filed with the SSNY on 08/15/19.

Office: Albany County.

agent of the LLC upon

whom process against it

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NOTICE OF LLC

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PHLBO 82 LLC. Arts. of

Org. filed with the SSNY on 08/19/19. Latest date

to dissolve: 12/31/2119.

Office: Albany County.

SSNY designated as

agent of the LLC upon

whom process against it

may be served. SSNY

shall mail copy of pro-cess to the LLC, c/o

Pavel Levter, 167 Baden

Place, Staten Island, NY 10306. Purpose: Any

NOTICE OF LLC

FORMATION

PLLC. Arts. of Org. filed

the SSNY

08/30/19. Latest date to

Office: Albany County.

SSNY designated as agent of the PLLC upon

whom process against it

may be served. SSNY

shall mail copy of pro-cess to the PLLC, c/o

8789 23rd Avenue, Brooklyn, NY 11214. Purpose: For the prac-

tice of the profession of

NOTICE OF LLC

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LLC. Arts. of Org. filed with the SSNY on

08/27/19. Office: Albany

County. SSNY designat

ed as agent of the LLC

upon whom process

against it may be served.

SSNY shall mail copy of

process to the LLC. c/o

Steven L. Kroleski, Esg.,

ham, NY 10803. Pur-

pose: Any lawful pur-

NOTICE OF LLC

FORMATION

RONSON & SONS, LLC. Arts. of Org. filed with

the SSNY on 08/08/19.

Office: Albany County. SSNY designated as

agent of the LLC upon

whom process against it

may be served. SSNY

shall mail copy of pro-cess to the LLC, 361

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D-227401

Suite

NOTICE OF LLC FORMATION SANTO PSYCHOTHERA-PY, LCSW, PLLC. Arts. of Org. filed with the SSNY on 07/19/19. Of-Albany County.

fice: SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the PLLC, 115 West 27th Street. 4th New York, NY Floor, 10001. Purpose: For the practice of the profes-sion of Licensed Clinical Social Work. D-225269

NOTICE OF LLC FORMATION

SAWA REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 08/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23 Leslie Avenue, Staten Island, NY 10305. Purpose: Any lawful purpose. D-226441

NOTICE OF LLC FORMATION SCHILIRO & SONS RE-ALTY, LLC. Arts. of Org. filed with the SSNY on 08/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Schiliro & Sons Realty, LLC, 128 Whitman

Yonkers, Road, 10710. Purpose: Any lawful purpose. D-226239 NOTICE OF LLC

FORMATION SDMC 1401 NHP PRO-MOTE LLC. Arts. of Org. filed with the SSNY on 08/13/19. Office: Albany County. SSNY designated as agent of the LLC whom process upon against it may be served. SSNY shall mail copy of process to the LLC, West 17th Street, Suite 1801, New York, NY 10011. Purpose: Any lawful purpose. D-226146

NOTICE OF LLC FORMATION

SINCE I WAS 8 LLC. Arts. of Org. filed with the SSNY on 07/17/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it be served. SSNY may shall mail copy of pro-cess to the LLC, c/o Theresa Malone, 275 Park Avenue, Apartment 3D, Brooklyn, NY 11205. Purpose: Any lawful purpose. PO-225697

NOTICE OF LLC

FORMATION SISTER EINSTEIN LLC Arts. of Org. filed with the SSNY on 08/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Melanie Siben, 200 Central Park South, #17C, New York, NY 10019. Purpose: Any lawful purpose D-227474

LEGALS

NOTICE OF LLC FORMATION SMARTIE CAT LLC. Arts. of Org. filed with the SSNY on 08/27/19. Of-Albany County.

SSNY SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Gordon & Petkos LLP, 1790 Broadway, Suite 710, New York, NY 10019. Purpose: Any lawful purpose. C-227450

NOTICE OF LLC FORMATION

SNEDEN AVE REALTY LLC. Arts. of Org. filed with the SSNY on 07/09/19. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 395 process to the LLC, Rathbun Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose D-225267

NOTICE OF LLC FORMATION

SUMBER PROPERTIES LLC. Arts. of Org. filed with the SSNY on on 07/25/19. Latest date to dissolve: 12/31/2118. dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 151-78 19th Avenue, White-stone, NY 11357. Purpose: Any lawful purpose D-225489

NOTICE OF LLC FORMATION

TCG NEW YORK LLC. Arts. of Org. filed with the SSNY on 08/15/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Lassar & Cowhey LLP, 750 Third Avenue, 11th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-226985

NOTICE OF LLC FORMATION

TJR INVESTIGATIVE SO-LUTIONS LLC. Arts. of Org. filed with the SSNY on 08/05/19. Latest date to dissolve: 12/31/2118. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 453 453 East 14th Street, Apart-ment #9-F, New York, NY 10009. Purpose: Any lawful purpose. D-225456

NOTICE OF LLC FORMATION

TO THE MOON AND BACK 3 LLC. Arts. of Org. filed with the SSNY on 08/16/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Zwirn Law,

PLLC, 163 Lenox Av New York, NY enue, 10026. Purpose: Any lawful purpose. D-226981

LEGALS

NOTICE OF FORMATION TWO T REALTY NY LLC. Arts. of Org. filed with the SSNY on 08/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 407 East 78th Street, New York, NY 10018. Purpose: Any lawful purpose. D-225944

NOTICE OF LLC FORMATION

UPPER WESTSIDE DIGI-TAL LLC. Arts. of Org. filed with the SSNY on 08/15/19. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mona C. Engel, P.C., 180 Miller Place, Hicksville, NY 11801. Purpose: Any lawful purpose. D-226444

NOTICE OF LLC Formation

WINNER BK LLC. Arts. of Org. filed with the SSNY on 08/29/19. Of-Albany County. fice: SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 393 16th Street, Apartment #1, Brooklyn, NY 11215. Purpose: Any lawful purpose.

D-227652 NOTICE OF LLC

FORMATION WMaya, LLC. Arts. of Org. filed with the SSNY on 08/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 275 West 96th Street, #PH B, New York, NY 10025 Purposes Apr NY 10025. Purpose: Any lawful purpose. D-227655

NOTICE OF LLC

FORMATION WOLF MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 07/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 313 82nd Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-227619

NOTICE OF LLC

FORMATION WOODROW PROPER-TIES LLC. Arts. of Org. with the SSNY on filed 07/16/19. Latest date to dissolve: 12/31/2070. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 284 Vineland Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose. D-225564

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September 18, 2019 | THE SPOTLIGHT 9

may be served. SSNY shall mail copy of pro-cess to the LLC, 610 Broadway, 6th Floor, New York, NY 10012. Purpose: Any lawful purpose. D-226439 NOTICE OF LLC OIHL LLC. Arts. of Org. filed with the SSNY on 07/18/19. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hansel Lynch, 660 Rogers Avenue, Brooklyn, NY 11226. Purpose: Any lawful purpose. D-225352

LIBRARIES

Best of the West

iddy-up! Our Friday, Sept. 20, Coffee and Conversation promises to be a rollicking ride as local entertainer Chuck Oakes celebrates the American West with songs, photographs and a screening of "The Best of the West" television pilot he created for PBS with support from the Kingston Trio.

Coffee & Conversation, which is cosponsored by Bethlehem Senior Projects, is an hourlong program starting at 1 p.m. followed by a coffee break.

A strong lineup continues through fall with topics that touch on music, history, culture and more. Pick up a flyer at

the library or find the

Check BETHLEHEM PUBLIC LIBRARY It Out

schedule online at www. bethlehempubliclibrary.

Video editing

Bring your favorite tech-savvy kid with you to our Tuesday, Sept. 24, "Video Editing for Kids and Grown-ups" program and learn to use Adobe Premiere Elements to easily make fun edits to video files.

Feel free to bring your phone and cable to upload a video. The program starts at 3:45 p.m. and is geared toward children ages 7 and up with an adult.

Remember to register your intergenerational group together. Sign up online at www. bethlehempubliclibrary. org or call 518-439-9314. 3:45 p.m.

Yoga at the library

Find your balance at the library with hatha yoga led by a local instructor Thursday, Sept. 26, at 7 p.m. Mats will be provided, but bring your own if you have one. Don't forget a towel and some water, and be sure to wear comfortable clothing. Beginners welcome. Sign up online or call.

— Kristen Roberts

Cloth Diapering 101

GUILDERLAND

Sept. 28 at Albany

Attendees are

welcome to don 1960s

or 1970s-themed attire

if desired. Cash bar and

silent auction commence at

6 p.m., followed by dinner,

honoree presentation and

live auction starting at

7 p.m. Tickets for this

each, and the event is

expected to sell out. To

purchase tickets online

the Guilderland Library

Foundation Facebook page

or www.guilderlandlibrary.

org/gala. Checks made out

Foundation may be mailed

to Guilderland Library

to: GLF, 2228 Western

Avenue, Guilderland,

via PayPal, please see

library fundraiser are \$75

Country Club.

urious about using cloth diapers? They're a desirable choice for environmentally conscious parents, but the idea can be overwhelming. Amber Chavez, owner of The Bundle Store in Ballston Spa, will be on hand Saturday, Sept. 21 at 10:30 a.m. to answer your questions and share tips to make cloth diapering both manageable and affordable. Please register online, by phone or in person.

Feelin' Groovy

Time travel back with us at Guilderland Library Foundation's 4th Annual Gala, a Feelin' Groovy Celebration, on Saturday,

From page 3 ... Chalk art

Bethlehem which eventually led to the creation of ART, in partnership with the Mohawk Hudson Land Conservancy.

Barrett expressed appreciation for how Chalk the Walk can attract all ages. She said, though, that ART is still looking for volunteers to help set Chalk the Walk up and anyone interested can email at art@ mohawkhudson.org.

"While last year was more quiet and sweet, we're hoping this year will be more festive with the live music, art and food vendors," Shaw concluded. "Last year, we took just one month to prepare for it because it was casual but we realized we could make it bigger this year. So, we've been working on this since February this year. It just really exercises the really beautiful nexus of our local businesses, families, friends and the Rail Trail.'

From page 4 ... Train-viewing

group - mainly Voorheesville residents, including contractors, volunteering to help around the site – due to their conflicting schedules but their generosity and expertise in building structures helped.

Despite the train-viewing platform remaining unfinished, Strauss' parents, Judy and Bryan, as well as several notable local figures like Albany County Executive Daniel P. McCoy and state Assemblywoman Patricia Fahy spoke at a press conference atop the structure on Wednesday, Sept. 11 to recognize Strauss' work.

McCoy said he decided to hold on the anniversary of 9/11 to also remember those who perished in the attacks as well as how Sept. 11 was designated by former President Barack Obama as Patriot Day.

train enthusiasts are connected with Voorheesville's long history with trains, McCoy said, "For [Michael Strauss] to look at this site and say, 'Hey, you know what? People come here, take pictures, and watch trains go by,' says a lot about you. And to earn your Eagle badge also says a lot and it's an honor to really

He then looked over at Strauss' parents, also standing atop the structure with them, to thank them "for raising such an extraordinary gentleman and sharing him with us here in the county."

Fahy similarly echoed McCoy's words and said, "This is about building a community and strengthening our community. ... This is a wonderful way to have done this on 9/11 because you [Michael] are part of our future and it's somebody like you who gives us hope that we do have future leaders, that we have students

A freight train passes by this new train-viewing platform in Voorheesville, a project spearheaded by 18-year-old boy scout Michael Strauss who wants it to complement train enthusiasts. Diego Cagara / Spotlight News

and youth who care and recognize the importance of giving back.'

She also complimented how the Rail Trail, which hopes to help bring people to the platform, has been one of the region's highlights.

After thanking his parents and siblings for motivating him

Publisher | John A. McIntyre Jr.

Corinne Blackman, Susan O'Donnell, **Theresa Cassiack**

Engagement Coordinator | Kaitlin Lembo

Art Director David Abbott Graphic Designer | Martha Eriksen Classifieds/ Services Directory Consultant | Kaitlin Lembo

turned into."

to follow the project through,

definitely humbled and proud

and I did this because I wanted

to show what a boy scout could

do for a community and achieve

the Eagle Scout rank. It would

provide for others and it was

really cool to see what it has

Strauss concluded, "I feel

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thank you for everything."

Also acknowledging how

NY 12084, Attention: Gala. Contact Foundation President Steve Wacksman at Wacksman20@gmail. com, or Library Director Tim Wiles at 518.456.2400 ext. 113 for questions.

Toddlers

Join us on Monday afternoons to help your toddler thrive, starting Sept. 23 at 1:30 p.m. This fiveclass series bolsters toddler movement and coordination through props, hands-on techniques, and various play activities. Socialization, cognitive thinking, and language acquisition are also covered. The developmental age range for this class: pushing back on their belly to standing independently. Please register online, by phone or in person.

— Luanne Nicholson





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From page 1 ... Better to be safe than sorry

The breached data affected students' names, birth dates and email addresses as Bethlehem Central was among 13,000 other districts across several states that were also hit.

AIMSweb – a student assessment tool under Pearson Education, Inc. that BC had used up to June 2017 – had originally been breached in November 2018. Pearson discovered this in March 2019 before beginning to inform affected districts in July. Pearson finally informed BC within the past three weeks.

The number of hackers, their identities and motives remain unknown in the meantime. However, several cybersecurity experts and organizations throughout the Capital District offered their perspectives on the matter.

"It's not always a case where hackers are looking for money from an individual or institution," wrote Joshua S. Koons, the director of New Business Development at the Saratoga Springs-based Tech II Business Services, Inc. in an email. "In many cases, [they] are looking for that information to sell off in bulk to others. From there, it could just be used for marketing purposes but could potentially be more severe, depending on the detail of the information."

Victoria Kisekka, an assistant professor in information security and digital forensics at the University at Albany's School of Business, said, "The importance of cybersecurity isn't new but the reason is more important lately because cybercrime threatens nearly every aspect of our lives since almost every aspect of our lives is electronic. Essentially, you need to protect your information and devices from theft, misuse, damage and service disruption."

She said that if people are not too careful with their personal information online, they may be more vulnerable to being a victim of tax fraud, identity theft, having fraudulent bank accounts opened by a hacker and more.

The East Greenbushbased Center for Internet Security (CIS) provided a webpage called "Online Safety and Cybersecurity Tips for K-12 Kids, Family and Friends" earlier this month where it gave examples of cybersecurity risks for children and families like cyberbullying, identity theft or phishing, sexting and shady interactions on social media platforms.

It also encouraged parents to start discussing the importance of cybersecurity with their



children at an early age, as soon as children begin having access to a computing or electronic device. Parents should also be aware of what their children are doing online, especially when they are much younger, and to foster an honest and welcoming environment where children can feel comfortable coming to their parents with questions about their online experience.

For more information, visit www.cisecurity.org/ newsletter/cybersecuritytips-for-k-12-kids-familyand-friends.

"In every environment, the end user is always going to be the biggest vulnerability," Koons similarly echoed the above sentiment. "Education on even the smallest scale should start the first time a child is allowed to turn on a device."

Both Koons and Kisekka agreed that people should embrace multiauthentication, where an organization would need more than one way to authenticate you before using its services. It would ask you to verify your email address and phone number, for example, as opposed to just needing one password. While multi-

authentication or two-step authentication is not always required, it provides an extra layer of security for the user. Major companies like Bank of America, Google and Microsoft are among those encouraging their users to use two-step authentication.

Kisekka offered several more tips like clearing out one's browser and closing out of every session when using the internet or an online service; regular credit monitoring to see if someone else has opened an account without your knowledge; not auto-saving your passwords as someone may easily access every account and not need a password; keep up with software updates for your electronic devices; and use just one credit card for online purchases.

"A debit card is directly connected to your bank account and you're giving someone else direct access to your money more easily. It may take the bank some time to recognize fraudulent activity and then you'd need to provide proof," she said. "So, try not to use a debit card there. Also, with a credit card, if Chase gets hacked, for example, and your card is Chase, then that's just one card you'll worry about."

Koons wrote that cybersecurity should not concern just schools and households but also businesses and municipalities, and that his company uses tools to monitor and fight against potential breaches every day.

Kisekka said, however, that cybersecurity threats are increasing in recent years and it's becoming more challenging to identify hackers due to technology remaining everevolving which makes it easier for hackers to launch new attacks.

Hence, as CIS stated, teaching cybersecurity to children at a young age can be very beneficial for them in the long run as they themselves learn to recognize potential cybersecurity risks and ways to avoid them.

Kisekka concluded that as more digital breaches occur and are reported in the news, she said she believes that there is an increased interest in recent years among people to study and pursue a career that is related to cybersecurity. "Every company has to worry about cybersecurity nowadays," she said. "Like how every company needs an HR and IT department, it's now very important to have a cybersecurity department too."



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Hello to our loyal Spotlight readers,

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To help offset the cost of gathering and delivering the news, beginning on **Oct. 1, 2019**, full access to **spotlightnews.com** will require a digital subscription.

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and she can assist.

Some news will remain free on **spotlightnews.com**. **TheSpot518** and our SPOTTED galleries will be as accessible as ever. Most importantly, public safety issues and breaking, need-to-know news will remain open to everyone. Our events calendar will also

We know this is a lot and we are here to help. The transition will remain free. be headed up by our publisher and circulation manager, John and Kaitlin. They'll be available to answer any questions and clarify anything you need.

We look forward to finishing 2019 strong and entering 2020 with a new look and new content. We look forward to your feedback as

we move forward.

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The Spotlight News team—

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Pearl Palooza Some images captured from PearlPalooza. Page B23



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PICK OF **THE WEEK**

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Lark Fest Albany's uptown block party closes down Lark Street and opens up the fun on Saturday. Page B6





lťs no joke Gluten intolerance is a very real issue with measurable symptoms.

Page B13

Arts calendar Pages B7-B11



Continues on page B4









TICKETS **On Sale Now!** ONLINE thecohoesmusichall.org PHONE (518) 953-0630 **BOX OFFICE** 10am-1pm weekdavs or 2 hours prior to any show



Chronic Pain Education and Support Group

Moderated by: Paul D. Clarke, PA-C

Paul is a Physician Assistant, Board Certified by the NCCPA and AAETS in Psychiatry, Pain Management and Traumatic Stress



EVERY TUESDAY, BEGINNING OCTOBER 1ST CONTINUING EACH MONTH • 10AM-11AM

hese meetings are interactive, learning and support sessions to explore the many aspects of Chronic Pain. Understanding the background of pain is the first step in controlling chronic pain. Plenty of time will be provided for questions and answers about **YOUR chronic pain!** The most up to date treatments, procedures and medications will be discussed that may help you to pursue options with your personal Clinicians for your improved Quality of Life.

Who should attend? **YOU**, the person who suffers with any type of chronic pain, caregivers and family of those with chronic pain or anyone who works in the areas of Family Practice, Pain Management, Chiropractic, Physical Therapy, Acupuncture, Psychotherapy and many other fields!



quote of the week

"I can be slow at times. Especially, I feel, when my friends are trying to explain something to me."

- Beau Bradshaw,

actor who portrays

"The SpongeBob

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RECENTLY ANNOUNCED

Medium to visit Cohoes

WGNA Presents 'In The Presence Of Proof' with medium Deborah Hanlon

COHOES — Following a nearly sold out show in January, The Cohoes Music Hall welcomes the return of "In The Presence of Proof" with Intuitive Medium Deborah Hanlon on Wednesday, Nov. 6, at 7 pm.

After the death of her four-year-old brother, then three-year-old Deborah Hanlon embarked on a life-long journey of discovery of science and self to find proof of what she knew deep inside, that life after death exists. She knew her brother was still around as she was able to communicate with him. Possessing an insatiable interest in science and spirituality and a commitment to deepen her awareness, Deborah has become a trusted expert for matters of our hearts and souls. Her focus as a medium is to help the living transition their own 'afterlife', following the loss of a loved one.

Her passion for teaching the living how to recalibrate themselves after loss inspired her to open her Spiritual space known as The Center for Being, Knowing, Doing in Newburgh. There, Deborah teaches workshops on meditation/visualization, intuitive development, mediumship, personal development, and energy awareness.

Tickets are reserved seating and are priced at \$45. \$65 VIP Tickets that include a meet and greet are also available. Day of Show ticket prices are \$55 and \$75. Tickets may be purchased online at www. thecohoesmusichall.org, by phone at 518-953-0630, and in person at the Music Hall Box Office.



WHAT'S HAPPENING NOW

Hops and Harvest

Empire State Plaza — Wednesday, Sept. 18

ALBANY — The Dawg Trio, featuring David Grisman, Sam Grisman and Danny Barnes, headline a busy lineup of music for Hops and Harvest at the Empire State Plaza on Wednesday, Sept. 18, at 5 p.m.

Fresh off a successful inaugural event, the newest addition to the At the Plaza line-up features craft beer selections, fall activities such as a pie-eating contest, lawn games, hops presentations, and glass etching plus music by The Dawg Trio with David Grisman, Sam Grisman, and Danny Barnes, originating a signature mix of bluegrass, gypsy jazz, Latin rhythms, klezmer music, and a myriad of global influences into a holistic approach. The entertainment continues with additional performances by Sierra Hull and Kitchen Dwellers.

The event is free and family-friendly.

The Empire State Plaza is located in downtown Albany.

The Young Dubliners, Black Mountain Symphony

Skyloft — Wednesday, Sept. 18

ALBANY — The Young Dubliners will play at Skyloft, on a bill that includes Black Mountain Symphony, on Wednesday, Sept. 18, at 8 p.m.

The Young Dubliners have released eight albums of original material and one Irish ballad cover album to date. Their live set will draw from all their albums and the new material. It will be geared to the many festivals the band plays every summer with the usual upbeat, energetic delivery the Young Dubs are known for.

Although the Young Dubliners sound is most commonly called 'Celtic Rock', that label can often be misleading. The Irish influence is there, but it's not the only influence that rears its head on their albums or in live shows. After all, several of the band members have no Irish roots of any kind.

General admission tickets cost \$15 each. Fir tickets and information, visit eventbrite.com. Skyloft is located at 1 Crossgates Road in Albany.



WHAT'S HAPPENING NOW



Fallbany Tricentennial Park — Thursday, Sept. 19

ALBANY — The Capital City continues with its Fallbany series with art and live music at Tricentennial Park on Thursday, Sept. 19, at 11:30 a.m.

Each Thursday will feature live music and local vendors from 11:30 a.m. to 2 p.m. A midday showcase for local art, crafts, music and culture, Fallbany features exhibits and work available for purchase from regional mixed media artists and crafters, with a different live musical act providing the soundtrack each week.

Tricentennial Park is located on Broadway in downtown Albany.

From page B1 ... Future of Small Cities

The local businessman has his fingerprints left throughout the Capital District's Tri-City area. In the Collar City, he converted a longabandoned building into the Troy Innovation Garage, the home of Aurelius Coworks. He founded Bull Moose Club, a second coworks office space in downtown Albanv. Ånd in Schenectady, his public relations firm, Gramercy, was paramount behind Schenectady's effort to land Rivers Casino and Resort.

Aurelius Coworks recently announced its "The Future of Small Cities" initiative, a series of roundtable discussions paired with masterclasses designed to bring nationally-recognized experts to the Capital District to explore topics such as urban waterfronts, climate change, design, public art, gentrification and community.

Nardacci said he had an atypical childhood while growing up in his grandparents' Rensselaer corner store on Broadway. He lived in a blue-collar neighborhood in a city whose economic health disproportionately depended upon the old BASF plant which shutdown in 2000. Coversations on local politics were abundant, which would lead to his later run as City Council President.

A short time after launching the Troy



"I do think we'll get the spectrum, and that's what we want. The hope is that we'll be able to create a dialogue, take comments, take thoughts, take questions, and have this group that will talk a little deeper about it."

— Tom Nardacci, Gramercy CEO

Innovation Garage, Nardacci said he realized, "I created a modern-day version of my grandparents' store. My grandparents' store was the stabilizer to our neighborhood. It's one building that means something special to the block." That stabilizer lies the foundation for a larger community, something Nardacci said is what real estate investors are looking to establish. "People are coming here to do commerce, do trade, but also to be a part of something."

Throughout the series, which is currently scheduled to run through April, guest lecturers from Pittsburgh, Washington D.C., Bogotá, Raleigh and Chattanooga will present case studies relevant to issues of importance to the Capital District.

Continues on B21



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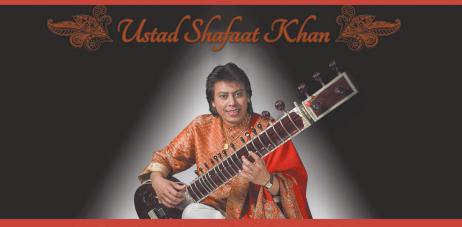


Jim Gaudet and The Railroad Boys benefit for The Independent Living Center Sep 19 | 7 pm | \$25





Alexis P. Suter Band Sep 20 | 8 pm | \$12 in adv \$18 at door



An Evening with Ustad Shafaat Khan Sep 21 | 8 pm | \$15 in advance, \$18 at door

LISTENING PARTY Alanis Morissette "Jagged Little Pill"

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Alani



Rochmon Record Club | Alanis Morissette "Jagged Little Pill" Listening Party | Sep 26 | 7:30 pm | \$10

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ARTS

Are you a Goofy Goober?

'The SpongeBob Musical techs at Proctors before launch of nation tour, opens Sunday

By MICHAEL HALLISEY halliseym@spotlightnews.com

ince it first aired in 1999, SpongeBob SquarePants has influenced the television habits and tastes in the humor of a generation or two of children and parents alike. So, naturally, a musical would follow.

Broadway actor Beau Bradshaw is of that generation or two mentioned above. The recent college graduate landed the role of Patrick Star, Spongebob's loveable, if not dim-witted, partner in crime.

"I can relate to him," said Bradshaw of his character role. It's often the answer actors share when reporters ask whether or not they can relate to the character they are to portray. It's one of the stupid questions I sometimes warn people I'm going to ask in interviews because the answer sounds better than coming out of my mouth. And, I could be wrong. But, the ease in which Bradshaw admitted to how he related to his character was unexpected. It begged for explaining.

"I can be slow at times," he said. "Especially, I feel, when my friends are trying



to explain something to me."

If not for his affable demeanor, Bradshaw could be an intimidating figure on stage. Possessing a large frame, standing 6-foot 3-inches tall, he's built like a football player. Instead, he's magically childlike when in character. His backstage.com profile has a video of him singing "In Summer" from Disney's "Frozen." The earworm continued to play in my head as I spoke with him over the phone. There was boisterous laughter on his end of the line as he sat on a bus full of his fellow actors on the way to Schenectady. The thought of the entire cast of Spongebob on one bus enhanced a surreal blur between the two- and three-dimensional worlds at play. A quick glance at Bradshaw's headshot, with bright eyes and a broad, gaping smile, looks like

Patrick Star.

He darn well could be Patrick Star. Please forgive my vocabulary enhancer.

The complete cast is set for the upcoming national tour of "The SpongeBob Musical," which launches after a string of tech performances at Proctors from Sunday, Sept. 22 to Saturday, Sept. 28.

The musical is set in the fictional community of Bikini Bottom, an underwater township inhabited by various sea creatures, and a squirrel. If that last bit threw you off, you're a Spongebob novice. I suggested pulling up a few episodes online. If you can suspend reality enough to accept talking ocean life, you'll push your boundaries wondering how they grill Krabby Patties in the water. The touring production

Continues on B21



BRADSHAW

WHAT'S HAPPENING NOW

Ferry Street Night Market

161 4th Street — Thursday, Sept. 19

TROY — Troyasia is back, now as the Ferry Street Night Market that goes down each Thursday in the parking lot at 161 4th Street, at 7 p.m.

Stringed lights, paper lanterns, K-pop vibes and streetfood made available by your local favorites. It happens each Thursday at the parking lot at 4th and Ferry streets.

More Korean BBQ spinoffs by K-Plate Korean BBQ and Sunhee's Farm and Kitchen, southeast Asian street food by Chom's Cafe and Quang's Vietnamese Bistro, and yummy food by Yummy Kitchen.

Gov't Mule

Palace Theatre — Thursday, Sept. 19

ALBANY — Gov't Mule returns to the Capital City to play the Palace Theatre on Thursday, Sept. 19, at 8 p.m.

Steeped in the roots and mystique of rock, blues, soul, and jazz, the quartet that is Gov't Mule -Haynes, Matt Abts [drums], Danny Louis [keyboards, guitar, and backing vocals], and Jorgen Carlsson [bass] - is equally recognized for its stirring songwriting and storytelling as it is for the improvisational virtuosity that fuels their countless live performances. Their music has galvanized a fan base of millions around the world, reaching a place of preeminence as one of the most timeless, revered and active bands in the world whose spot amongst rock titans remains unshakable.

Ticket prices range from \$29.50 to \$59.50. Palace Theatre is located at 19 Clinton Ave. in Albany.





336 Schauber Road, Ballston Lake, NY • 518-399-8359 • www.lakesidefarmscider.com

WHAT'S HAPPENING NOW

Raisinhead

June Farms — Thursday, Sept. 19

WEST SAND LAKE — Raisinhead will play at June Farms on Thursday, Sept. 19, at 8 p.m.

Raisinhead is a three-singer band giving the audience a constantly changing vocal perspective tune by tune. The diverse background, joy of performing and decades of experience of the members is what gives the band its high energy sound that is unique and fresh every night. Raisinhead has built a strong following in upstate New York and the Northeast that promises audiences an interactive evening of sound, energy and pure fun.

June Farms is located at 275 Parker Road in West Sand Lake.

Bad Suns Pearl Street Pub — Friday, Sept. 20

ALBANY — Bad Suns is to play at the Pearl Street Pub, on a bill that also includes a set from Lilly, on Friday, Sept. 20, at 7 p.m.

The four-piece band out of Woodland Hills, California, is currently touring in support of its new album on Epitaph Records called "Mystic Truth."

General admission tickets cost \$20 each. For tickets and information, visit ticketmaster.com.

Pearl Street Pub is located at 59 No. Pearl St. in Albany.

Lori and Kenny of Super 400 McGeary's Irish Pub — Friday, Sept. 20

ALBANY — Catch Lori Friday and Kenny Hohman in a special acoustic set at McGeary's Irish Pub on Friday, Sept. 20, 7:30 p.m.

PICK OF THE WEEK



The block party returns

Lark Fest returns with a full slate of music

ALBANY — Lark Street's annual block party returns as LarkFest 2019 goes down on Saturday, Sept. 21, from 10:30 a.m. to 5:30 p.m.

Art, vendors, food and live music highlight this day-long event.

Vundabar, and Prince Daddy and the Hyena headline a full slate of music that also includes sets from The Clay People, Johnny 2 Phones, Top Nachos, Bear Grass, Pink Nois (featuring Thai), Katani, Motorbike, Magic Ghrelin, Full Body, Safety Meeting, Ryan Leddick and Black Electric. of Boston, is in what they call a sludgy jangly pop genre. The band is on tour pushing its latest album, "Smell Smoke."

Prince Daddy and the Hyena is also on tour in support of their latest, "Cosmic Thrill Seekers," which the band dropped in June under Counter Intuitive Records.

A family-friendly event, Christ's Church and City Church present activities for children in their designated kids activity zones.

For more information, visit albanylarkfest.com.

- Michael Hallisey





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Vundabar, a trio out

CLUBS

9 Maple Avenue

9 Maple Ave., Saratoga Springs. www.9mapleave.com Fri: North Country Jazz Collective, 9 p.m. Sat: Sketches of Influence, 9 p.m.

Arsenal City Tavern 795 3rd Ave., Watervliet. 518-608-6400

Athos

1814 Western Ave., Albany. 518-608-6400 Fri: Patricia Dalton & Jazz Colleagues, 6:30 p.m.

Black Bear Inn

310 19th St., Watervliet. 518-272-9486 Wed: Trivia Night, 7:30 p.m. Tues: Talent Scout Open Mic

Caffè Lena

47 Phila St., Saratoga Springs. 518-583-0022 Wed: Bluegrass Jam, 6:30 p.m. Thurs: Vanessa Collier, 6 p.m. Fri: Don Armstrong, 8 p.m. Sat: Stephanie Wrembel, 8 p.m. Sun: Genticorum, 7 p.m.

Carney's Tavern

17 Main St., Ballston Lake. 518-280-7959 Thurs: Matty Finn, 6 p.m. Fri: Two Shoes, 7:15 p.m. Sat: Phil Drum, 7:15 p.m.

Centre Street Pub 308 Union St., Schenectady. 518-393-2337 Thurs: James Hood, 5 p.m. Fri: Legend, 9 p.m.

Club Helsinki Hudson 405 Columbia St., Hudson 518-828-4800

Eden Cafe 269 Osborne Road #3, Albany 518-977-3771 Fri: Beans by Betsi, 6 p.m.

Emack & Bolio's 366 Delaware Ave., Albany. 518-512-5100 Fri: Tapestry 7 p.m. Sat: Alan Goldberg, 7 p.m. Tues: Open Mic, 7 p.m.

Fort Orange Brewing

450 North Pearl St., Menands. 518-992-3103 Wed: Fall Corn Hole League, 6 p.m. Thurs: Trivia, 6:30 p.m. Fri: Ryan Clark, 6 p.m.

Sat: 140.6 Miles for Jojo, 3 p.m. **Fuze Box** 12 Central Ave., Albany. 518-703-8937 Fri: Body Shine 40th, 9:30 p.m.

Sat: Larkfest Afterparty w/ Ringworm, 7 p.m. Gaffney's

16 Caroline St., Saratoga Springs. 518-587-7359 Tues: Open Mic Nights w/ Rick Bolton, 7 p.m.

Grappa '72 818 Central Ave., Albany. 518-482-7200 Wed: Hamilton Street Jazz Company,

HOT SPOTS EVENTS CALENDAR



Raise them up!

The 47th Annual Adirondack Balloon Festival launches Thursday, Sept. 19, with food vendors, kid activites, live music, and, of course, hot air ballons. The Lustre Kings will provide live music from Crandall Park, where the City of Glens Falls Block Party is to run from 6 to 9 p.m..

6:30 p.m. Thurs: Hamilton Street Jazz Company, 6:30 p.m. Fri: Fresh, 6 p.m.

Hamlet and Ghost 24 Caroline St., Saratoga Springs. 518-450-7287 Wed: Hot Club of Saratoga Trio, 7 p.m.

Hangar on the Hudson 675 River St., Troy 518-272-9740 Fri: Ali Jean / The Televisionaries / The

Wild Weed, 7 p.m. **The Hollow Bar + Kitchen** 79 No. Pearl St., Albany.

518-426-8550 **J.J. Rafferty's** 847 New Loudon Rd., Latham. 518-783-6800 Wed: Trivia, 7:30 p.m. Thurs: Mike Grosshandler, 6:30 p.m. Fri: Good Sir Live, 6:30 p.m.

Sat: The Refrigerators, 9 p.m. Jessica Stone's 738 New Loudon Rd., Latham. 518-785-8536 Wed: Talent Scout Open Mic, 8 p.m. Thurs: Big Crunch Bingo, 7 p.m. Fri: Trivia Live, 7 p.m.

The Low Beat 335 Central Ave., Albany 518-432-6572

DANCING · AUTHENTIC

LT's Grill 2305 Nott St. E., Niskayuna. 518-374-7455 Wed: Catch the Mania Trivia, 7 p.m. Thurs: TBA, 6:30 p.m.

Lucas Confectionery 12 2nd St., Troy.

518-326-3450 Mon: Joe Barna Trio or Quartet, 7 p.m. **McGeary's Irish Pub** 4 Clinton Square, Albany. 518-463-1455

Mocha Lisa's Caffe Clifton Park Center,

22 Clifton Country Road, Clifton Park. 518-383-5373 Wed: Open Mic Night, 6:30 p.m. Fri: Northgate Acoustic, 7 p.m. Sat: Abbey McGrath, 7:30 p.m.

Moon and River Cafe 115 S. Ferry St., Schenectady 518-382-1938

Wed: Beautiful Piano by Maxine, 7 p.m. Thurs: Next Chapter, 7 p.m. Fri: Mohawk River Harmony, 7 p.m. Sat: Bobby Jo Top Duo, 7 p.m. Sun: Rockstar Open Mic, 7:30 p.m. Mon: Nancy's Hootenanny, 7 p.m. Tues: 'S Wonderful, 7 p.m.

Mouzon House 1 York St., Saratoga Springs. 518-226-0014

CUISINE

Thurs: Hot Club of Saratoga Trio, 6 p.m. Fri: Mark Tolstrup & The Dixie Boys, 6 p.m. Sun: Shiri Zorn Trio, 6 p.m.

O'Slattery's Irish Restaurant & Pub

318 Delaware Ave., Delmar 518-439-5634 Wed: Mike DeAngelis, 7 p.m. Sat: Jim McArdle, 7 p.m. **Panza's** 129 So. Broadway, Saratoga Springs. 518-584-6882 Fri: TBA, 7:30 p.m.

Sat: TBA, 8 p.m. **The Parting Glass**

40-42 Lake Ave., Saratoga Springs. 518-583-1916 Wed: Irish Celtic Session, 7 p.m. Sat: Forthlin Road, 9 p.m. Mon: Irish Stepdancing Lessons, 5:30 p.m.

Tues: Dart League, 7 p.m. **Pauly's Hotel** 337 Central Ave., Albany.

FEATURING

paulyshotel.com Thurs: Yesterday's Saints, 8:30 p.m. Fri: The Lightweight Champs / Society High / Lame, 8:30 p.m. Sat: Ghost:Hello / Outnumber The Living / The Frozen Heads, 6 p.m. Sun: High Reeper / Grease Fire / Smokestack Lightning / Black Elec, 8 p.m. Tues: Strange Pride / Electric Turtle /

Steve Hammond, 8:30 p.m. **Provence** 1475 Western Ave., Stuyvesant Plaza, Albany

518-689-7777 Fri: Out of the Box, 6 p.m. Sat: Zach Ferrara & Romanio, 6 p.m.

Putnam Place 63a Putnam St., Saratoga Springs. 518-584-8066 Thurs: Andy Frasco & The UN, 9 p.m.

Fri: Start Talking Sense, 8 p.m. Ravenswood Grill & Tavern 1021 NY 146, Clifton Park. 518-371-8771

Rustic Barn Pub 150 Speigletown Rd., Troy. 518-235-5858 Thurs: Open Mic w/ Brian Kane, 8 p.m. Fri: The Elevators w/s/g Mixed Roots, 8 p.m.

Sat: Soul Provider, 8 p.m. **Sake Japanese Steakhouse** 611 Troy-Schenectady Rd., Latham. 518-785-7215

Sat: TBA, 7:30 p.m. **Salt & Char** 453 Broadway, Saratoga Springs. 518-450-7500 Every Sun: Hot Club of Saratoga, Noon

Saratoga City Tavern

19-21 Caroline St., Saratoga Springs. 518-581-3230 Thurs: Karaoke, 9 p.m. Mon: Bingo, 8 p.m. Tues: Trivia, 8 p.m.

Savoy Taproom

301 Lark Street, Albany. 518-599-5140 Sat: Round Trip Comedy, 8 p.m.

Skyloft

1 Crossgates Road, Albany. 518-869-5638 Wed: The Young Dubliners w/ Black Mountain Symphony, 8 p.m. Fri: Back to the 80s w/ Jessie's Girl, 9 p.m. Sat: Southern Culture on the Skids, 8 p.m.

Sun: Slippery When Wet, 8 p.m.

Speakeasy 518

42 Howard St., Albany. 518-449-2332 Thurs: Swing Night w/ Mike Jenkins & the Fat Ties, 9 p.m.

Fri: Boogaloo Night w/ Justin Henricks, 9 p.m.

Sat: Rich Syracuse, 9 p.m.

Stockade Inn

1 North Church St., Schenectady. 518-346-3400 Thurs: TBA, 7 p.m. Fri: TBA, 7 p.m.

Upstate Concert Hall

Sat: Steel Pulse, 8 p.m. Sun: Delain & Amorphis, 7 p.m.

Van Slyck's

Rivers Casino & Resort 1 Rush St., Schenectady. 518-579-8800 Wed: Rockaoke, 7 p.m.

Waterworks Pub

76 Central Ave., Albany. 518-465-9079 Wed: Wacky Wednesdays Drag Show, 11 p.m. Fri: Friday Nights, 11 p.m. Sat: Saturday Nights, 11 p.m. Mon: Karao-Kiki Mondays, 10 p.m.

Wishing Well Restaurant

745 Saratoga Rd., Wilton. 518-584-7640 Fri: Rob Aronstein, 6 p.m. Sat: Rob Aronstein, 6 p.m.

Yono's 25 Chapel St., Albany. 518-436-7747 Fri: Hamilton Street Jazz Duo, 6:30 p.m.

Sat: Frank Mastan, 6:30 p.m.





Three Dawg night

The Dawg Trio, featuring David Grisman, Sam Grisman and Danny Barnes, healines the latest of the Empire State Plaza's At The Plaza series on Wednesday, Sept. 18, at 5 p.m. The Dawg Trio

FAI	M		LY
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47th Annual Adirondack Balloon Festival

The 47th Annual Adirondack Balloon Festival goes up this week, from Thursday, Sept. 19 to Sunday, Sept. 22. Food vendors, kids activities, live music and, of course, balloons. Everything starts with opening ceremonies and a musical performance by The Lustre Kings at Crandall Park at 5 p.m., promptly followed by the flight of up to 20 balloons at 5:15 p.m. The City of Glens Falls Block Party run from 6 to 9 p.m. and will feature more music, balloon basket displays, a car show and activities for kids. More activities are planned throughout the four-day weekend. For information, visit adirondackballoonfest.org. Crandall Park is located at 600 Glen St. in Glens Falls.

Fallbany

The Capital City continues with its Fallbany series with art and live music at Tricentennial Park on Thursday, Sept. 19, at 11:30 a.m. Each Thursday will feature live music and local vendors from 11:30 a.m. to 2 p.m. A midday showcase for local art, crafts, music and culture, Fallbany features exhibits and work available for purchase from regional mixed media artists and crafters, with a different live musical act providing the soundtrack each week. Tricentennial Park is located on Broadway in downtown Albany.

Ferry Street Night Market

Troyasia is back, now as the Ferry Street Night Market that goes down each Thursday in the parking lot at 161 4th Street, at 7 p.m. Stringed lights, paper lanterns, K-pop vibes and streetfood made available by your local favorites. It happens each Thursday at the parking lot at 4th and Ferry streets. More Korean BBQ spinoffs by K-Plate Korean BBQ and Sunhee's Farm and Kitchen, southeast Asian street food by Chom's Cafe and Quang's Vietnamese Bistro, and yummy food by Yummy Kitchen.

Hops and Harvest The Dawg Trio, featuring David Gris-

man, Sam Grisman and Danny Barnes, headline a busy lineup of music for Hops and Harvest at the Empire State Plaza on Wednesday, Sept. 18, at 5 p.m. Fresh off a successful inaugural event, the newest addition to the At the Plaza line-up features craft beer selections, fall activities such as a pie-eating contest, lawn games, hops presentations, and glass etching plus music by The Dawg Trio with David Grisman, Sam Grisman, and Danny Barnes, originating a signature mix of bluegrass, gypsy jazz, Latin rhythms, klezmer music, and a myriad of global influences into a holistic approach. The entertainment continues with additional performances by Sierra Hull and Kitchen Dwellers. The event is free and familyfriendly. The Empire State Plaza is located in downtown Albany.

LarkFest 2019

Lark Street's annual block party returns as LarkFest 2019 goes down on Saturday, Sept. 21, from 10:30 a.m. to 5:30 p.m. Art, vendors, food and live music highlight this day-long event. Vundabar, and Prince Daddy and the Hyena headline a full slate of music that also includes sets from The Clay People, Johnny 2 Phones, Top Nachos, Bear Grass, Pink Nois (featuring Thai), Katani, Motorbike, Magic Ghrelin, Full Body, Safety Meeting, Ryan Leddick and Black Electric.

A family-friendly event, Christ's Church and City Church present activities for children in their designated kids activity zones. For more information, visit albanylarkfest.com.

Saratoga Native American Festival

The popular Saratoga Native American Festival returns to Saratoga Springs at a new location this year – the historic Congress Park on Sunday, Sept. 22, from 10 a.m. to 7 p.m. The festival offers authentic northeastern Native American drumming and dance, storytelling, music, crafts, art and native food. This is a kid friendly event. The Saratoga Native American Festival is part of a regional effort to educate people about the history, cultural traditions and continued active presence of the Native peoples of the northeast. Brought to you by the Ndakinna Education Center. Activities will be held indoors and outdoors, rain or shine. The festival is free and open to the public, though there is a suggested donation of \$10. Congress Park is located at 390 Broadway in Saratoga Springs.

September Flea Market

It's flea market season next door to Guptil's on Saturday, Sept. 21. St. Nicholas would like to welcome vendors to another one of their enormous flea markets. Since the 1980s it has grown significantly, supplying over 200 vendors a space each spring and fall on our cemetery property at Boght Corners. Russian, Ukrainian and Polish food as well as American fare and sell baked goods will be on hand provided by church members. The event is weather dependent. The flea market is located at 1077 New Loudon Road in Cohoes.

Upper Madison Street Fair

Dancing, art, food and music headline the Upper Madison Street Fair in Albany, on Sunday, Sept. 22, at noon. The street will be alive with a variety of vendors featuring local arts & crafts, food, dancing & drumming, plein air painting, a silent auction, used book sale and activities for the kids and kids at heart in the Kids Zone, such as art-making, yoga, face painting, chess and more. The Steamer No.10 Stage will feature talented musicians and performances. Mark your calendar, do not miss a great opportunity to spend the afternoon experiencing fun for the whole family. The event runs from noon to 5 p.m. During the Upper Madison Street Fair, the western end of Madison Avenue between S. Allen and W. Lawrence Streets, Pine Hills' liveliest district, is blocked from the flow of traffic for an afternoon of music, dancing, art, food, and fun for all ages.

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Washington Park Farmer's Market

Washington Park continues to host its farmer's market into September with the next falling on Saturday, Sept. 21, at 10 a.m. Washington Park is well known for its Tulip Festival, amazing monuments, impeccable landscaping, gardening, dog park, lake house, and amphitheater, children's playground, numberless trails and now the Washington Park Farmer's Market. The market is committed to bringing local farmers, mom and pop businesses and healthy living to a centralized area. It's a place where local communities can come together for a healthier alternative to today's big box stores buying. The market takes place each Saturday in August and September from 10 a.m. to 2 p.m. For more information, visit washingtonparkfarmersmarket.com. The farmer's market is located in Albany's Washington Park where Hudson Avenue meets Knox Street.

EXHIBITS

The Art of Bonsai

Enjoy the Art of Bonsai at Albany Center Gallery from Friday to Sunday, Sept. 20 to 22. Bonsai is the Japanese art form of using cultivation techniques to produce small trees in containers. You can see beautiful specimen bonsai trees as well as trees in training, and hear their stories as you learn about this ancient and challenging art form. Bonsai trees are by members of the Mohawk Hudson Bonsai Society. Gallery hours will be Saturday from noon to 5 p.m. and Sunday from noon to 4 p.m. A bonsai tree is never finished. It is art that is alive and always evolving. Artists can spend decades working with one of their creations. Club members will hold bonsai demonstrations in the park next to the gallery. The

public is invited to bring in their bonsai for advice. The club will have bonsai and bonsai materials available for sale during the show. The Mohawk Hudson Bonsai Society meets monthly at PFM Bonsai Studio in West Charlton. Bonsai in all stages of their journey in development will be on display during this special event. Learn about the art of bonsai. The Albany Center Gallery is located at 488 Broadway, Suite 107, in Albany.

Dorothy Englander Then & Now

Albany Center Gallery continues its exhibit of works from Dorothy Englander. Dorothy Englander is a visual artist who currently lives and works in Albany. Since 1980, she has shown her work nationally and throughout the region: the Arts Center of the Capital Region, the Martinez Gallery, the University at Albany, the Schenectady Museum, the Berkshire Museum, Skidmore College, and Collar-Works. Her works feature in a number of private, corporate and public collections, including the Hyde Collection, the Albany Institute of History and Art, the University at Albany, and the collection of the New York State Comptroller. Englander has also served as an art instructor at various institutions and for private students. Inspired by Englander's first undergraduate major Biology and the abstraction of artists such as Kandinsky and Diebenkorn, Englander's works are consistently whimsical and playful. Her pieces range in medium: from paintings in watercolor and oil to drawings in ink and pastel, mixed media collages to printmaking. Her works are experimental worlds informed by landscape and invention as well as Englander's dreams and memories to create syntheses of nonobjective abstraction and observed representation. Dorothy Englander Then

& Now: Journey welcomes the artist back almost 40 years after her first solo exhibition with the gallery. The exhibition will include works from throughout Englander's career, which dates to the 1970s, following her journey as an artist across themes, subjects, and modes of creation. Although her perceptions and methodology have changed throughout the decades, one thing has remained constant: Englander's passion and enthusiasm for the subjects in her wide-ranging body of work. Dorothy Englander Then & Now: Journey will be on display at Albany Center Gallery from Friday, Sept. 6, through Friday, Oct. 4. Albany Center Galley is located at 488 Broadway in Albany.

In-faux-structure Exhibition

Opalka Gallery continues its In-fauxstructure exhibition which runs to Saturday, Oct. 19. Curated by local artists Madison LaVallee, Julie Casper Roth and Melissa Sarris, the title refers to false or erroneous meanings related to infrastructure: the ephemeral nature of building materials, as well as ambiguities, ironies, and outright injustices related to the ways infrastructure is planned and considered. At every stage—from concept to construction—infrastructure is filled with omissions. These omissions comprise the "faux" of this exhibition, which came about through an inclusive. open call process. The exhibition has been opened since August and will continue to run until Oct. 19. Opalka Gallerv is located at 140 New Scotland Ave. in Albany

Of Dreams: Myths from Memory

Clement Art continues its exhibit of sculptor Julie Branch and painter Joe Gernon in "Of Dreams: Myths from Memory" until Monday, Sept. 23. Some of the words that would describe the new





Bring on Friday

Lori Friday and Kenny Hohman, two of three from the popular rock trio Super 400, will play a special acoustic set at McGeary's Irish Pub on Friday, Sept. 20, at 7:30 p.m. It should be a wonderful night for outdoor music, should weather cooperate.





Breaking It Down On The Hudson

Gov't Mule will return to the Capital District to play the Palace Theatre in Albany on Thursday, Sept. 19, at 8 p.m. These improvisational geniuses are just as well known for their song writing and storytelling, and have established a fanbase in the millions since forming in 1994. But, you knew that already.



Albany's newest casual fine dining experience. Traditional & contemporary Italian works of sculptor Julie Branch and painter Jon Gernon are: Majestic, Nobel, Fables and Lore. The two artists aim to take the viewer and remind us that magic in art still exists. While each artist uses reality for the foundation of their work, they use imagination and memory to construct the players on the "stage". Their works are filled with allegory and symbolism, emotion and dreams all woven together to tell a story, inviting the viewer to look and make their own stories as well. Clement Art is located at 201 Broadway in Troy.

MISCELLANEOUS Moonlight Maze

It's a wonderful night for a moonlight walk through a corn maze at Schuyler Farms on Friday, Sept. 20, from 5 to 10 p.m. Schuyler Farms and Clark's Steakhouse present Find the Wine: A "Moonlight Maze" Wine Tasting event. It's a pairing of New York wines and cider with a fun, seasonal activity with wine tasting stations throughout. Food and wine will be for sale under the tent. The night will also include live music from Stir Crazy. The event is for people 21 years old and older. Ticket prices vary. Tickets for the moonlight maze exclusively, cost \$10 each; to partake in the wine tasting, too, tickets cost \$20 each. Schuyler Farms is located at 1124 Route 29 in Schuylerville.

MUSIC Bad Suns

Bad Suns is to play at the Pearl Street Pub, on a bill that also includes a set from Lilly, on Friday, Sept. 20, at 7 p.m. The four-piece band out of Woodland Hills, California, is currently touring in support of its new album on Epitaph Records called "Mystic Truth." General admission tickets cost \$20 each. For tickets and in-

formation, visit ticketmaster.com. Pearl Street Pub is located at 59 No. Pearl St. in Albany.

Blues Fest 2019

Get a taste of the blues with five bands playing towards a good cause as Bootleggers on Broadway hosts Blues Fest 2019 on Saturday, Sept. 21, from 3 to 11 p.m. There will be five great bands to benefit Street Soldiers Troy - Helping Feed the Homeless & Less Fortunate. Bootleggers on Broadway is located at 200 Broadway in Troy.

Jimmy Herring and 5 of 7

Park West-Jam Productions presents a night with Jimmy Herring and The 5 of 7 at The Egg on Friday, Sept. 20, at 6:30 p.m. Jimmy Herring is no stranger to adventurous new environs: The North Carolina native has fearlessly honed his nowformidable technique via stints with some of the giants of improvised music -- from his earliest days in the van with Col. Bruce Hampton and the Aquarium Rescue Unit to high profile gigs with the Allman Brothers, The Dead, Project Z, Phil Lesh and Friends, and his ongoing role as lead guitarist of Widespread Panic. He recently collaborated with iconic guitarist John McLaughlin when Herring's band The Invisible Whip joined McLaughlin's 4th Dimension for an acclaimed run of shows celebrating the legacy of the Mahavishnu Orchestra. This fall, Herring unleashes his latest visionary concept upon the world: Jimmy Herring and The 5 of 7. While the Invisible Whip focused on the instrumental side of Herring's

on the instrumental side of Herring's musical persona, the newly assembled The 5 of 7 places his uniquely probing, responsive fretwork in the context of a vocalist-fronted, song-driven ensemble. Herring is joined by bassist Kevin Scott, drummer Darren Stanley, longtime collaborator Matt Slocum on keyboards (Hammond B3, clavinet), and vocalist and guitarist Rick Lollar. General admission tickets cost \$35 each. For tickets and information, visit ticketfly.com. The Egg is located at the Empire State Plaza in downtown Albany.

Lori and Kenny of Super 400

Catch Lori Friday and Kenny Hohman in a special acoustic set at McGeary's Irish Pub on Friday, Sept. 20, 7:30 p.m. Fans of Super 400 will enjoy a stripped-down style of play from Friday and Hohman as they play some classic tracks. It's an outdoor event, but it it rains everything moves inside. McGeary's Irish Pub is located at 4 Clinton Square in Albany.

Gov't Mule

Gov't Mule returns to the Capital City to play the Palace Theatre on Thursday, Sept. 19, at 8 p.m. Steeped in the roots and mystigue of rock, blues, soul, and jazz, the quartet that is Gov't Mule — Haynes, Matt Abts [drums], Danny Louis [keyboards, guitar, and backing vocals], and Jorgen Carlsson [bass] — is equally recognized for its stirring songwriting and storytelling as it is for the improvisational virtuosity that fuels their countless live performances. Their music has galvanized a fan base of millions around the world, reaching a place of preeminence as one of the most timeless, revered and active bands in the world whose spot amongst rock titans remains unshakable. Ticket prices range from \$29.50 to \$59.50. Palace Theatre is located at 19 Clinton Ave. in Albany.

Raisinhead

Raisinhead will play at June Farms on Thursday, Sept. 19, at 8 p.m. Raisinhead is a three-singer band giving the audience a constantly changing vocal perspective tune by tune. The diverse background, joy of performing and decades of experience of the members is what gives the band



its high energy sound that is unique and fresh every night. Raisinhead has built a strong following in upstate New York and the Northeast that promises audiences an interactive evening of sound, energy and pure fun. June Farms is located at 275 Parker Road in West Sand Lake.

Shinedown

Shinedown stops to play for the Capital District with a performance at the Times Union Center on Friday, Sept. 20, at 6:30 p.m. The night will also feature musical sets from Papa Roach, Asking Alexandria and Savage After Midnight. The four-piece rock band is stopping into the Capital District as part of its Attention Attention tour, supporting the band's latest album from Atlantic Records. Ticket prices start at \$45.50 each. For tickets and information, visit ticketmaster.com. The Times Union Center is located at 51 So. Pearl St. in Albany.

Slippery When Wet

The Ultimate Bon Jovi Tribute Get a taste of Bon Jovi as its ultimate tribute band plays Skyloft on Sunday, Sept. 22, at 8 p.m. Slippery When Wet has played more than 1,500 international and high-profile shows, including a Super Bowl 48 pregame performance in East Rutherford, New Jersey. General admission tickets cost \$17 each. For tickets and information, visit eventbrite.com. Skyloft is located at 1 Crossgates Road in Albany.

Southern Culture

Southern Culture and the Split Squad are to play at Skyloft on Saturday, Sept. 21, at 7 p.m. Southern Culture On The Skids has been consistently recording and touring around the world since its inception in 1983, when Rick Miller was a grad student at UNC-Chapel Hill. The current lineup (Dave Hartman - drums; Mary Huff - bass and vocals: Rick Miller - guitar and vocals) has been playing together for over 30 years. The band's musical journey has taken them from all-night NC house parties to late-night network talk shows, and from performing at the base of Mt. Fuji in Japan to rockin' out for the inmates at NC Correctional Facilities. Their music has been featured in movies and TV, and used to sell everything from diamonds to pork sausage, and their legendary live shows are a testament to the therapeutic powers of foot-stomping, butt-shaking rock and roll. Conceived over cocktails, wine, and beer in 2011, The Split Squad is one of those "perfect storm" rock and roll bands that comes from a bunch of musicians who have done it all and have nothing to prove. While that may sound a bit boastful, the pedigree here covers about 140 years of collective rock and roll experience, from the most rarefied of concert halls, down to the seediest of underground holes. These guys have both revelled and wallowed in it. Ticket prices range from \$15 to \$20, each. For tickets and information, visit eventbrite. com. Skyloft is located at 1 Crossgates Road in Albany.

Sound Tribe Sector 9

Sound Tribe Sector 9 makes a stop at Upstate Concert Hall along its Apo11o Touron Tuesday, Sept. 24, at 8 p.m. Inspired by the 50th anniversary of the Apollo 11 spaceflight, which sent two Americans to land on the moon for the first time. They will be celebrating a theme of exploration at every stop on the tour - all shows will be custom crafted to explore the STS9 catalogs, and they have some special plans for each stop in the northeast. General admission tickets cost \$34.50 each. For tickets and information, visit ticketweb.com. Upstate Concert Hall is located at 1208 Route 146 in Clifton Park.

The Young Dubliners, Black Mountain Symphony

The Young Dubliners will play at Skyloft, on a bill that includes Black Mountain Symphony, on Wednesday, Sept. 18, at 8 p.m. The Young Dubliners have released eight albums of original material and one Irish ballad cover album to date. Their live set will draw from all their albums and the new material. It will be geared to the many festivals the band plays every summer with the usual upbeat, energetic delivery the Young Dubs are known for. In recent years the band have appeared on ABC's Jimmy Kimmel Live!, had songs featured in TV shows (Sons Of Anarchy, Human Target) and toured extensively as a headliner and as the opener for such a diverse list of artists as Collective Soul, Jethro Tull, Johnny Lang, Los Lobos, Chris Isaak and many more. Although the Young Dubliners sound is most commonly called 'Celtic Rock', that label can often be misleading. The Irish influence is there, but it's not the only influence that rears its head on their albums or in live shows. After all, several of the band members have no Irish roots of any kind. General admission tickets cost \$15 each. Fir tickets and information, visit eventbrite.com. Skyloft is located at 1 Crossgates Road in Albany.

EXPER

DOWN HOTT



An interactive auditory charm

Raisinhead is a three-singer band that gives audiences a changing vocal perspective with each song. Audiences can expect a high-energy, interactive performance, as the band plays June Farms in West Sand Lake, on Thursday, Sept. 19 Raisinhead

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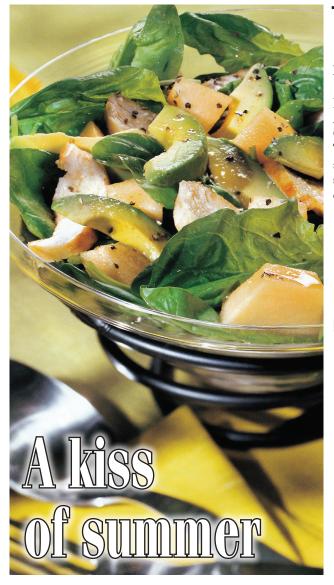
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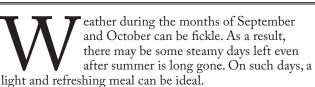




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FOOD & VINO





Salad may be thought of as side dish or an appetizer. But in this recipe for "Chicken and Spinach Salad With Avocado and Fruit" from Rose Murray's "125 Best Chicken Recipes" (Robert Rose), salad is the main course. This salad bursts with flavorful fruits and vegetables that are full of antioxidants. While it stands on its own, the salad can be accompanied by crusty bread and corn on the cob and rounded out with brownies for dessert.

Chicken and Spinach Salad with Avocado and Fruit

Ingredients: Serves 4

Sweet-and-Sour Dressing

- 1/4 cup granulated sugar
- 3 tablespoons white wine vinegar
- 1 teaspoon grated onion
- 1/2 teaspoon paprika
- 1/2 teaspoon dry mustard
- 1/4 teaspoon salt1/3 cup vegetable oil
- 8 ounces skinless, boneless chicken breasts
- 1 half cantaloupe or other melon, or 2 oranges, peeled and divided into segments
- 8 ounces spinach, trimmed, washed, dried, and torn into bite-sized pieces
- 1 avocado, peeled and thinly sliced

Salt and pepper

1. Sweet-and-Sour Dressing: In a small saucepan over medium heat, combine sugar and vinegar; cook stirring, for 2 minutes, or until the sugar dissolves. Cool. Stir in onion, paprika, mustard, and salt. Transfer mixture to a blender; with motor running, add oil in a slow stream through the feed tube.

2. Meanwhile, put chicken in a saucepan with 1/4 inch water and bring to a boil. Reduce heat to mediumlow; cover and simmer, turning once, for 5 minutes, or until just cooked through. Remove chicken, cool and cut crosswise into 1/4-inch slices.

3. Scoop out melon with melon baller or cut into cubes. In a large salad bowl, toss spinach, chicken, avocado, melon, dressing, and salt and pepper to taste.

Tip: The dressing can be made, covered and refrigerated for up to 1 week. The chicken can be cooked, cooled, covered, and refrigerated up to 2 days.

Pairing:

'Main & Vine' White Zinfandel Beringer Vineyards — California

Let's keep this simple. We present a salad, the usual sidekick to any dinner, as the super hero of the night. This salad can stand proud upon any skyscraper, and with that said we need to provide a wine that is worthy of being its sidekick.

This bottle of white zinfandel from Beringer Vineyards is simple. Highlights of fresh red berry and citrus makes this a good pairing. It also possess melon aromas and flavors, with hints of nutmeg and clove.

Enjoy this as one of your last outdoor meals before the autumn winds bring with it its winter chill.

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ARIES - MAR 21/APR 20

Delegation is the best way to complete a complicated project, Aries. Work with others to achieve a balance so you're not doing it all.

TAURUS – APR 21/MAY 21

Those who are always looking to the future may not fully embrace the present, Taurus. Focus fully on those things in your life that are meaningful right now.

GEMINI - MAY 22/JUN 21

Gemini, you'll find the right pace to begin a relationship or maintain the one you have. Things are looking good for romance this week, and you may want to step up the seduction.

CANCER – JUN 22/JUL 22

Cancer, when you turn on the charm, you are a force. You exude a natural magnetism that people are simply drawn to. Remember to use your powers wisely.

LEO - JUL 23/AUG 23

Leo, look for a balance of activities that satisfy you both physically and spiritually over the course of the week. Getting in touch with nature is one way to achieve this.

VIRGO - AUG 24/SEPT 22

There is only so long you can put on a brave face, Virgo. Instead of hiding your emotions, let others see what you are truly feeling. Do not keep all of those emotions bottled up.

LIBRA - SEPT 23/OCT 23

Add a personal touch to all you do and your efforts will be received more warmly, Libra. Add a personalized note to a gift when visiting a friend or family member.

SCORPIO - OCT 24/NOV 22

Scorpio, touch base with your support system. You can use some extra muscle behind your ideas, especially as you move into uncharted terrain within the next few days.

September 2019

Week 3

SAGITTARIUS – NOV 23/DEC

This is the week to reassess your finances, Sagittarius. Figure out how to curb some extraneous expenses, like recurring charges or overage fees.

CAPRICORN - DEC 22/JAN 20

Your professional performance may be under scrutiny for several days, Capricorn. Put your best foot forward. A promotion may be in the works if you play it right.

AQUARIUS - JAN 21/FEB 18

Don't get too caught up on your idea of perfect, Aquarius. If you spend too much time on the small details, you'll overlook the magic of the bigger picture.

PISCES - FEB 19/MAR 20

Pisces, be mindful of an emerging power struggle that could affect your daily life. Let your thoughts be known and support those who you think could use your help.

FOR ENTERTAINMENT PURPOSES ONLY



HEALTH & FITNESS

Not fake after all

Gluten intolerance is a very real issue with measurable symptoms

luten is not for everyone. In fact, people who have celiac disease shouldn't eat gluten at all. Celiac disease is an autoimmune condition that affects the digestive process of the small intestine by launching an immune system attack against gluten, mistakenly damaging

healthy cells lining the small intestine.

Even people who do not have celiac disease may find that consumption of gluten results in similar symptoms. These individuals may want to avoid gluten as well. Also known as non-celiac gluten intolerance or sensitivity, this condition is not currently welldefined within the medical community. The Celiac Disease Foundation says some people

experience

symptoms found in celiac disease, like foggy mind, abdominal pain, diarrhea, headaches, bone or joint pain, or chronic fatigue when they have gluten in their diets - despite not testing positive for celiac disease.

In July 2016, researchers at Columbia University Medical Center published a study confirming that wheat exposure to those sensitive to wheat and gluten triggered a systemic immune reaction and intestinal cell damage. Researchers previously thought that a sensitivity to wheat or gluten would not result in cell damage. But research now confirms that even without a positive celiac disease diagnosis, people can experience symptoms that mimic those of celiac disease, even in

terms of severity.

Doctors are not sure if gluten triggers the immune reaction in non-celiac cases, so more research is needed. That said, removing gluten and wheat products from one's diet provides relief for many people.

According to Schär, a company that manufacturers gluten-free foods, anyone who experiences negative symptoms after eating foods that contain gluten should speak with a doctor. A doctor will order blood tests that will look for the presence

of immunoglobulin E antibodies that are indicative of an autoimmune response to gluten. An endoscopy also may check for damage to the lining of the small intestines, as can a biopsy of the intestines. Other tests, such as a radioallergosorbent test, or RAST, or skin prick test can test for a wheat allergy to see if symptoms are stemming from that alone.

Treatment for gluten intolerance or celiac disease involves avoiding products that contain gluten, which is found in wheat, rye and barley.

A growing body of literature suggests that people who do not have celiac disease can still experience non-celiac gluten sensitivity and many of the same symptoms felt by those with the disease.

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2 Oakwood Place, Delmar, NY

Beautifully maintained commercial house zoned for professional office and service business. First floor reception area, 2 offices, 1/2 bath and enclosed porch in both front and back. 2nd Floor has 3 offices and bathroom. Rental includes access to attic and basement for storage. Private parking for 5 cars. Located off Delaware Ave in the town of Bethlehem. Public transportation at corner of Delaware Ave. Located across from Main Square Shopping Plaza. Walk to restaurants, shopping and the Rail Trail. Asking \$2,200/month tenants pay all expenses.

423 Kenwood Avenue, Delmar, NY FOR LEASE: two room suite that can be rented for \$600/month (approximately 192 SF). Tenant is responsible for cleaning and to maintain their space.

1621 Route 9W, Selkirk, NY

THIS PROPERTY IS PRICED TO SELL AND INCLUDES KEY EQUIPMENT FOR OPENING PIZZA RESTAURANT. Prior use was restaurant, included in sale or lease is restaurant/pizza equipment. Located at Rt 9W with avg. daily traffic count of 5,200 with 143' of frontage with plenty of private parking

Available for sale at \$139,000 or for lease at \$2,000/mo (Tenant pays all expenses).

FOR SALE

BUSINESS OPPORTUNITY:

Confidential listing for operating restaurant business with strong history and loyal customers. Sale includes business name, recipes, website, Facebook page and telephone number. Sale inclusive of all fixtures, furniture, and equipment. Current owner has a license to serve beer, cider and wine. Maximum seating capacity is 101 individuals. Plenty of private parking. Located on a major state highway road with good visibility and signage for business in the Route 4 Corridor of Rensselaer. Inventory to be handled outside of sale Asking Price \$160,000.

FOR LEASE

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SUBLET through 3/31/2022. Very well maintained physician's office. Spacious and well-lit with bay window waiting area. Easy access in a well maintained building. Perfect for medical, therapist, business, non-profit. Asking Price \$1452/month. Gross tenant pays internet and phone costs.

55 Mohawk Street, Cohoes, NY

Completely renovated Mohawk Professional Center is a building conveniently located at the entrance of I-787, the building offers over 300 spaces of free parking, private entrance suites and access to public transportation (CDTA). Ideal for any business, it offers 3 separate entrances, sleek and modern office designs with multiple suites and private office space. Rent negotiable plus NNN's.

164 Sacandaga Road, Scotia

Space coming available at fully occupied Scotia village Plaza. Very strong Neighborhood Shopping Center. Can deliver +/- 2,084-6,752 SF contiguous retail space. Join other tenants: New hotel, Fastenal, Dollar General, laundromat, breakfast/lunch cafe & Chinese restaurant. Shopping center would benefit from hair or nail salon, beverage center, liquor store, full service restaurant & medical users. Will consider other uses. Asking Price is \$15/SF NNN.

9 Laura Drive, Cohoes, NY

WANTED NOT FOR PROFIT TENANT. Former school building available for lease. 5 Classrooms, 3 offices, full gymnasium and commercial kitchen. Private parking for 20 cars. Rent is \$2,500/month. Tenant pays all expenses.



7 RT 236

Vacant land zoned C-1 with vacant residential house in "as is" condition. Located on busy Route 236 between Rt 9 & Guideboard Road - across form Stewarts. Zoned for multiple uses: Retail store, hotel/motel, office, services, fast food/restaurant. Opportunities to develop commercial, retail or office space within a highly visible commuter route and commercial thriving area of Halfmoon. Water, Sewer and Gas services are curbside. Asking Price \$200,000.

29 Meader Road, Greenwich, NY

Approximately 2.19 acres of commercial vacant land located across from Hannaford Supermarket. Uses allowed by site plan approval are: Auto or boat sales/repair, bank, bar/tavern, fast food restaurant, funeral home, medical/office/retail building, personal service establishment, religious use, restaurant, veterinary establishment, warehouse. Asking Price \$225,000

0 Route 9, Clifton Park, NY

Approximately 1.08+-/acre of industrial zoned land (LI-2). Permitted uses in the LI-2 area include: assembling/fabrication, processing or light manufacturing of products, storage, warehousing or distribution of manufactured products, transportation services, auto/truck rental and public garages, auto repair/body shop, warehousing public and private, public utility uses, animal-care facilities and emergency ambulance. facilities. Asking Price \$199,999.

McGinty Road, Bethlehem NY

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MUSIC REVIEW

Wallis Bird's 'Woman'

A Journey In Self-Exploration

By SARAH LAJEUNESSE *nysmusic.com*

allis Bird's upcoming album, "Woman," is both a rebellious act of selfadvocacy and a call to action. Wallis Bird is an accomplished musician from Ireland with a unique sound. When she was young, Wallis was involved in an accident where she lost all of the fingers on her left hand. Fortunately, all but one were able to be reattached. This has impacted the way she plays her guitar. She performs with it flipped, lending to her distinct musical quality.

"Woman" comes twelve years after her first album, and it is a reflection on the things Wallis has learned, both about herself and humanity. It serves as a way to impart what she has discovered and to rouse her audience into wanting change. To change the world around them; to be a kinder place.

In "Life Is Long," Wallis reminds us that while a lifetime may seem like a long period, time itself is very brief. Each moment needs to be savored, which is something that is easy to forget in a world of instant gratification and constant distractions.

In "Salve," a previously released track from the album, Wallis sings, "I'm practicing what I'm preaching, no else is going to save me," a lyric which shows she has learned responsibility for her own selfgrowth. It's easy to be sold on a version of yourself when you're constantly fed images via social media. The desire to model yourself after someone else, who appears to be living an ideal lifestyle is tempting, but Wallis seems to ask you to step back from all of that, to evaluate yourself based on your own standards and decide what it is that you truly value. Create your own rubric to measure yourself by and define your own happiness.

Wallis invites introspection in her track "Brutal Honesty," where she is, as the title suggest, with herself and shows awareness about how her own words impact others. She invites the listener to step inside her thoughts, where an act of intimacy becomes a shared experience with many. In "Repeal" she advocates for the right to decide what is best. In the current political climate, as a woman, others in power feel that it is up to them to make decisions for you. Wallis Bird speaks out against this, fighting to take ownership of her own choices in life.

Wallis Bird presents you with singable tunes that are joyous in sound yet carry deep messages that comes from introspection and reflecting on the changing world at large. It is a blend of soul roots and her love of the various genres that have influenced her. It stands as a testament to who she is and who she has built herself to be.

This feature appears as a special from NYSMusic.com. NYSMusic.com is an online magazine focused on the coverage of music news across the Empire State. For more, visit NYSMusic.com.



START TIMES: 5K Challenge Run/Walk 9:30am Kids Competitive 1 Mile 10:15am Kids 1/4 Mile Fun Run 10:15am



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• All races begin and end behind the Rudy A. Ciccotti Center

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- Early registration \$25 at www.zippyreg.com
- Electronic start mat!

COMPETITIVE KIDS 1 MILE RUN

- * \$10 registration competitive run for ages 13 and under
- * Short sleeve cotton t-shirt while supplies last
- * Chrono Track B-Tag timing provided by ARE Event Productions
- * Awards 1st, 2nd and 3rd overall for boys and girls
- KIDS FUN RUN * Free for children ages 13 and under; each child must be registered
- * All participants receive a medal

.....

* Optional - cotton t-shirt with \$10 donation, while supplies last

REGISTER ONLINE AT ZIPPYREG.COM! Entries may also be dropped off at the Ciccotti Center at 30 Aviation Road Colonie or mailed to Colonie Youth Center, Inc. 15 Avis Drive, Latham, NY 12110. (One entry form per person. Entry fees are non-refundable.)

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 _____5K Runner
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MUSIC REVIEW

The Wood Brothers' 'Live At The Fillmore'

An auditory experience where listeners hear a great live band

By TIMOTHY J. BOPP

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ince their inception back in 2004, The Wood Brothers have been creating their own flavor of American traditional music on their own terms. The trio is comprised of brothers Chris (bass and vocals) and Oliver Wood (guitar and vocals), as well as Jano Rix (percussion). Together the trio has been successful in creating a unique musical gumbo that includes the fusion of blues, folk, country and rock.

The Wood Brothers also recently received critical acclaim for their latest studio release, 2018's One Drop Of Truth, which included a Grammy nomination for Best Americana Album. If that weren't enough to keep the band busy, The Wood Brothers have just released Live At The Fillmore a new live album, their fifth, that



was recorded over a two night stint at San Francisco's famed musical landmark. The trio is famous for their live performances and the band shines on the stage. The opening track on "Live At The Fillmore" is "Blue and Green," which is a stripped down, intimate number off of 2011's Smoke Ring Halo LP. The deft vocals that Oliver and Chris deliver, as well as the ambient noise of the crowd, easily transports the listener to the gig at the historic Fillmore.

The boys tear it up on the third track "Snake Eyes" with a great percussion intro by Rix, which leads into a nicely executed

guitar accompaniment by Oliver, featuring some heavy feedback. The Wood Brothers infectious performance, along with a little on stage prompting from Oliver persuaded the audience to join the band in the chorus of the upbeat number, creating a vivid picture in the mind's eye of the listener. The trio's harmonies were spot on and the track wrapped up with another nice guitar fill by Oliver.

The Wood Brothers keeps the energy flowing with "Raindrop," the fifth track from "Live At The Filmore" LP. Oliver and Jano constructed an intro featuring guitar and percussion which effortlessly leads into the jamming number. With the catchy opening vocal "Broke a heart for a cheap thrill. Seemed worth it at the time. There's a hundred of 'em out there still. You can hear 'em all cryin'," Oliver is able to evoke the frustration that anyone can feel while trying to get over a painful breakup.

The sixth tune, "Chocolate On My Tongue," has an infectious groove that will get your foot tapping along with The Wood Brothers as they expertly

ply their trade. Catchy riffs and smooth harmonies make this tune a true gem of a performance and a highlight on the LP.

Overall the fourteen tracks on "Live at The Filmore" are successful in proving The Wood Brothers are at their comfort zone on stage, playing for a live audience. It also illustrates how proficient the trio, who have had extensive time on the road performing, are able to anticipate and coordinate their playing together as a road tested unit. Oliver Wood once said while talking about selecting songs for a set list: "Sometimes it is like choosing between your children, you don't want to have to do that but sometimes you have to." Luckily for fans of The Wood Brothers, the band chose extremely well on "Live At The Filmore," creating a auditory experience where the listener gets to experience the best of two nights in the life of a great live band playing at a historic musical venue.

This feature appears as a special from NYSMusic.com. NYSMusic.com is an online magazine focused on the coverage of music news across the Empire State. For more, visit NYSMusic.com.



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WHAT'S HAPPENING

Moonlight Maze Schuyler Farms — Friday, Sept. 20

SCHUYLERVILLE — It's a wonderful night for a moonlight walk through a corn maze at Schuyler Farms on Friday, Sept. 20, from 5 to 10 p.m.

Schuyler Farms and Clark's Steakhouse present Find the Wine: A "Moonlight Maze" Wine Tasting event. It's a pairing of New York wines and cider with a fun, seasonal activity with wine tasting stations throughout.

Food and wine will be for sale under the tent. The night will also include live music from Stir Crazy.

The event is for people 21 years old and older.

Ticket prices vary. Tickets for the moonlight maze exclusively, cost \$10 each; to partake in the wine tasting, too, tickets cost \$20 each.

Schuyler Farms is located at 1124 Route 29 in Schuylerville.

Shinedown

Times Union Center — Friday, Sept. 20

ALBANY — Shinedown stops to play for the Capital District with a performance at the Times Union Center on Friday, Sept. 20, at 6:30 p.m.

The night will also feature musical sets from Papa Roach, Asking Alexandria and Savage After Midnight.

The four-piece rock band is stopping into the Capital District as part of its Attention Attention tour, supporting the band's latest album from Atlantic Records.

Ticket prices start at \$45.50 each. For tickets and information, visit ticketmaster.com.

The Times Union Center is located at 51 So. Pearl St.

Blues Fest 2019

Bootleggers on Broadway — Saturday, Sept. 21

TROY— Get a taste of the blues with five bands playing towards a good cause as Bootleggers on Broadway hosts Blues Fest 2019 on Saturday, Sept. 21, from 3 to 11 p.m.

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From page B4 ... Future of Small Cities

New York Times-Bestselling author, writer and journalist Reif Larsen is to host the discussions, the first of which is titled "High Water Marks: Redeveloping the Urban Waterfront" on Thursday, Sept. 19. Guest speaker Ray Gastil, former planning director for Pittsburgh, spearheaded the steel city's conversion to a sprawling urban community. Part of that effort was defined by the city reclaiming access to its waterfront. After decades of neglecting the Hudson River, Albany, Troy and Rensselaer are working to do the same.

Two years ago, the Capital District Transportation Committee turned to the public to hear Albany's concerns over the 787 corridor. When the highway was built in the mid-60s it severed the city from the Hudson River. Today, as many as 88,000 motorists travel upon it each day. It's a main thorofare for

residents traveling between south of Albany to Cohoes. Nonetheless, as ideas were exchanged, a popular possibility was to tear it down for a more neighborly boulevard.

The committee was tasked with developing a regional plan for federally funded transportation projects. The corridor study fell under what is now known as its "New Visions 2040: New Visions for a Quality Region," identifying principles for transportation planning and investment. Other projects from this study included the conversion of a 787 offramp at Clinton Avenue into a walkway, and the merger of the Helderberg-Hudson Rail Trail with the Mohawk Hudson Bike Hike Trail. The latter projects are underway, but demolishing 787 as a whole was ultimately viewed as a logistical nightmare, both too expensive and too political in scope. Politics, is something Nardacci aims to

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avoid with this endeavor.

"I think that we'll get a lot of variety in differing parties," said Nardacci. "I do think we'll get the spectrum, and that's what

we want. The hope is that we'll be able to create a dialogue, take comments, take thoughts, take questions, and have this group that will talk a little deeper about it."

From page B5 ... The SpongeBob Musical

stars Bradshaw, Lorenzo Pugliese as SpongeBob SquarePants and Daria Pilar Redus as Sandy Cheeks, with Cody Cooley as Squidward Q. Tentacles, Zach Kononov as Mr. Krabs, and Tristan McIntyre as Sheldon Plankton.

Rounding out the company are Joshua Bess, Morgan Blanchard, John Cardenas, Natalie L. Chapman, Richie Dupkin, Teddy Gales, Stephen C. Kallas, Méami Maszewski, Stefan Miller, Mary Nickson, Dorian O'Brien, Caitlin Ort, Elle-May Patterson, Helen Regula, Sydney Simone, Ayana Strutz, Miles Davis Tillman and Rico Velazquez.

Additional tour stops include engagements in Boston, Los Angeles, Las Vegas, San Francisco, Toronto, Houston, Nashville, Oklahoma City, Philadelphia and San Antonio.

Directed and conceived by Tina Landau, the

musical features a book by Kyle Jarrow and a score from orchestrator Tom Kitt and a variety of pop artists: Yolanda Adams, Steven Tyler and Joe Perry of Aerosmith, Sara Bareilles, Jonathan Coulton, Alex Ebert of Edward Sharpe & The Magnetic Zeros, The Flaming Lips, Lady Antebellum, Cyndi Lauper and Rob Hyman, John Legend, Panic! At the Disco, Plain White T's, They Might Be Giants, T.I., Domani and Lil'C, and songs by David Bowie and Brian Eno, and by Tom Kenny and Andy Paley. "There's something in

this for everybody to enjoy," said Bradshaw. "It's not just for kids, there are things in there for adults, too."

Tickets for "The SpongeBob Musical" are available at the Box Office at Proctors, 432 State Street, Schenectady; by phone at 518-346-6204; and online at proctors.org.



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WHAT'S HAPPENING

September Flea Market St. Nicholas Flea Market — Saturday, Sept. 21

COHOES — It's flea market season next door to Guptil's on Saturday, Sept. 21.

St. Nicholas would like to welcome vendors to another one of their enormous flea markets.

Since the 1980s it has grown significantly, supplying over 200 vendors a space each spring and fall on our cemetery property at Boght Corners.

Russian, Ukrainian and Polish food as well as American fare and sell baked goods will be on hand

provided by church members.

The event is weather dependent.

The flea market is located at 1077 New Loudon Road in Cohoes.

Southern Culture Skyloft — Saturday, Sept. 21

ALBANY - Southern Culture and the Split Squad

are to play at Skyloft on Saturday, Sept. 21, at 7 p.m. Southern Culture On The Skids has been consistently recording and touring around the world since its inception in 1983, when Rick Miller was a grad student at UNC-Chapel Hill. The current lineup (Dave Hartman



Bliss



- drums; Mary Huff - bass and vocals; Rick Miller guitar and vocals) has been playing together for over 30 years. The band's musical journey has taken them from all-night NC house parties to late-night network talk shows, and from performing at the base of Mt. Fuji in Japan to rockin' out for the inmates at NC Correctional Facilities. Their music has been featured in movies and TV, and used to sell everything from diamonds to pork sausage, and their legendary live shows are a testament to the therapeutic powers of foot-stomping, butt-shaking rock and roll.

Ticket prices range from \$15 to \$20, each. For tickets and information, visit eventbrite.com.

Skyloft is located at 1 Crossgates Road in Albany.

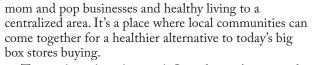
Washington Park Farmer's Market Washington Park — Saturday, Sept. 21

ALBANY - Washington Park continues to host its farmer's market into September with the next falling on Saturday, Sept. 21, at 10 a.m.

Washington Park is well known for its Tulip Festival, amazing monuments, impeccable landscaping, gardening, dog park, lake house, and amphitheater, children's playground, numberless trails and now the Washington Park Farmer's Market.

The market is committed to bringing local farmers,

Ease of Use



The market takes place each Saturday in August and September from 10 a.m. to 2 p.m.

For more information, visit

washingtonparkfarmersmarket.com.

The farmer's market is located in Albany's Washington Park where Hudson Avenue meets Knox Street.

Upper Madison Street Fair Upper Madison — Sunday, Sept. 22

ALBANY — Dancing, art, food and music headline the Upper Madison Street Fair in Albany, on Sunday, Sept. 22, at noon.

The street will be alive with a variety of vendors featuring local arts & crafts, food, dancing & drumming, plein air painting, a silent auction, used book sale and activities for the kids and kids at heart in the Kids Zone, such as art-making, yoga, face painting, chess and more.

The Steamer No.10 Stage will feature talented musicians and performances. Mark your calendar, do not miss a great opportunity to spend the afternoon experiencing fun for the whole family.





September 18, 2019 | **the spot 518** B23

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