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■ TOP STORY

Hero laid to rest

A community says goodbye to war hero Francis Sherman Currey

By **DIEGO CAGARA**
cagarad@spotlightnews.com

SELKIRK — Francis Sherman Currey, one of the last three living World War II veterans who received the Medal of Honor, died peacefully at his Selkirk home on Tuesday, Oct. 8 at the age of 94.

Continues on page 8

Thomas Heffernan, Sr. / Spotlight News

■ ENTERTAINMENT



A brief talk

Barry Bostwick, and his briefs, will be at the Palace Theatre on Monday.

Story on Page B1

■ SPORTS



By a nose

Guidlerland-Voorheesville swim team edges out Shaker in competition.

Story on Page 9

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■ POLICE, COURTS and EMERGENCY CALLS

Burglary

DELMAR — A 37-year-old Schenectady man was arrested for a burglary-related incident at the Good Samaritan Nursing Home on 141 Rockefeller Road on Thursday, Oct. 3, at 12:30 p.m.

According to reports, the Bethlehem Police Department had been investigating a burglary where six types of medication were taken from a cabinet in the facility.

The missing medication were listed as a hydrocodone-APAP pill as well as hydromorphone, oxycodone, tramadol, oxycodone-APAP pills and guaifenesin-codeine syrup.

Fingerprints found at the scene helped identify the perpetrator as Robby Joseph Bialbowski, who had been fired from working at the facility in October 2015 “on bad terms.”

Bialbowski was located at his Schenectady



residence at the aforementioned date by police where he was interviewed about the incident.

He allegedly denied being at the facility and said his fingerprints should not have been there.

He was nevertheless arrested and transported to BPD where he was arraigned before Judge Ryan Donovan. He has a scheduled return court date on Nov. 6.

Bialbowski was charged with burglary, criminal possession of a controlled

substance and criminal misconduct.

DWI

DELMAR — A 23-year-old Clarksville man was arrested on Friday, Oct. 4 at 11:52 p.m. in regards to a DWI incident in the area of 309 Delaware Ave.

Bethlehem police had observed a westbound black Honda Civic around the aforementioned area and it was traveling at 46 mph in a 30 mph speed zone.

When the officer had the vehicle pull over,

the operator identified himself as Thomas Andrew Hertel with his driver’s license.

According to police reports, the officer noticed Hertel’s bloodshot eyes and an odor of an alcoholic beverage from his breath.

He then passed one field sobriety test but failed the other two, and a breath test tested positive for alcohol.

Hertel was placed in custody and transported to BPD where he agreed to submit to a chemical test; it revealed he had a BAC of 0.14 percent. He was then processed and released with a scheduled return court appearance on Tuesday, Oct. 15 at 12:30 p.m.

Hertel was charged with DWI with a BAC of 0.08 percent or more, a DWI misdemeanor and a speed in zone infraction.

■ WHAT’S HAPPENING NOW

Linda Ronstadt tribute

SARATOGA SPRINGS — Caffe Lena will host Just One Look: A Tribute to Linda Ronstadt on Friday, Oct. 17 at 8 p.m.

On the heels of the recently-released documentary, “Linda Ronstadt: The Sound of My Voice,” Capital District artists pay tribute to this folksinger whose love of music and extraordinary vocal gifts turned her into a super-star pop artist. After the break-up of her original ’60s folk band Stone Poneys, Ronstadt fast-forwarded into a career of stunning achievement. The ’70s saw her forming top-selling band The Eagles. The ’80s brought her a new identity as The Queen of Rock. Her long string of platinum records included three albums of standards with the Nelson Riddle Orchestra, an album of mariachi standards, and a trio project with Dolly Parton and Emmylou Harris.

For tickets, visit www.eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Karl Denson’s Tiny Universe

SARATOGA SPRINGS — Karl Denson’s Tiny Universe with the Big Takeover will perform at Putnam Place on Friday, Oct. 18 at 9 p.m.

Singer and saxophonist Karl Denson fronts the Tiny Universe as if he’s preaching the gospel. His energy and spirit are contagious while his songwriting serves a larger message of fellowship — across generations, genders, religions and cultures. Not surprisingly, he’s none too pleased with the current state of political discourse. Thus the reason why KDTU’s new album, “Gnomes & Badgers,” out now on Seven Spheres Records, is Denson’s hard-grooving answer to these tragically divisive times.

For tickets, visit www.ticketbud.com. Putnam Place is located at 63a Putnam St., Saratoga Springs.

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COMMUNITY

Gone but not forgotten

Elsmere firefighter, cardiologist dies at 67

By **DIEGO CAGARA**
cagarad@spotlightnews.com

ELSMERE — David L. Putnam, a firefighter, cardiologist and avid beekeeper, died on Tuesday, Oct. 8. He was at 67.

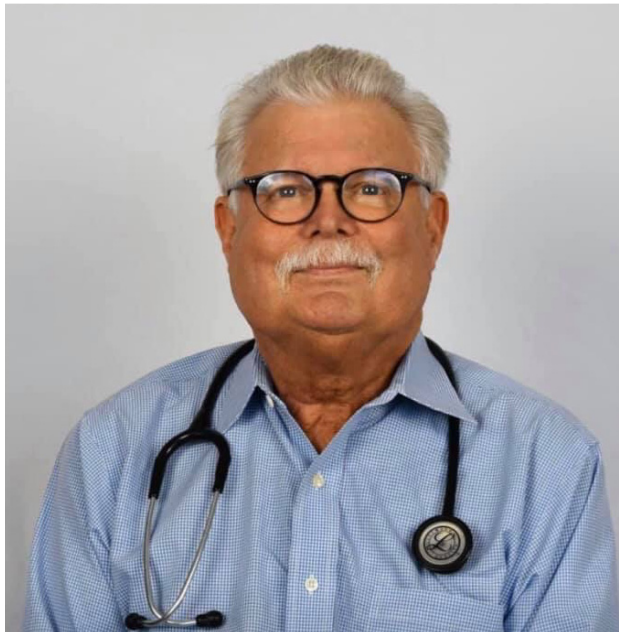
Background

While the nature, time and location of his death have not been disclosed, Putnam, of Elsmere, was born on Dec. 29, 1951 in East Lansing, Michigan and was raised in Asheville, North Carolina, according to his obituary. He is survived by his wife of 43 years, Patricia C. Putnam; his three children — Emily Stalling, Jameson Putnam and Darroch Putnam — as well as his three grandchildren — Elliot Putnam, and Sonja and Laurel Stalling. His parents

were Harold “Gordon” Putnam and Phoebe Putnam.

His obituary also indicated that calling hours were held from 3 to 7 p.m. on Friday, Oct. 11 at Our Lady of Assumption Church at 498 Watervliet-Shaker Road in Latham. A funeral mass followed in the church on Saturday, Oct. 12 at 12 noon. In lieu of flowers, people can make contributions in his memory to the Elsmere Fire Department, Adirondack Mountain Club, Catskill Bee Club or the Center for Donation and Transplant at Albany Medical Center Hospital.

Putnam graduated from the University of North Carolina at Chapel Hill in 1973, where he did his undergraduate studies and medical school, and also first met his wife. He then pursued his Internal Medicine and Cardiology Fellowship at Albany



David L. Putnam, above, remains well-remembered by his peers throughout the Capital District. Alexander J. Pope

Medical Center in 1977; he completed a Critical Care Fellowship at Ellis Hospital in and then received an MBA from Union College, both in Schenectady. Putnam later

worked as a cardiologist at the Albany-based Capital Cardiology Associates, where he eventually became the medical director of the Blood Laboratories.

Putnam also spent

almost two decades with the Elsmere Fire District where he first joined as a social member in September 2000 and became an active member a month later. Besides being a volunteer firefighter, he later began serving as a medical advisor since 2009 and remained involved in the district until his death. He also served as a member of the Board of Directors at Delmar-Bethlehem EMS since 2013.

Remember

Since passing away, Putnam has remained well-remembered by his peers throughout the Capital District.

Capital Cardiology Associates posted on Facebook that it “is deeply saddened by the passing of our partner, colleague, and friend, Dr. David Putnam. At this time, our thoughts and prayers are with his family and loved ones.”

Spotlight News reached out to the practice for further comment but did not receive any at the time of this publication.

The Elsmere Fire District also posted on Facebook about the news, bringing up his nickname, “Doc,” and how he “consistently offered advice to members who sought it on cardiovascular health.”

Alexander J. Pope, the district’s president, said Putnam “was one of the most approachable and friendly people, and he really had no problem with giving medical advice or just having a conversation. ... He made really great baked beans for the guys too and we’re all really going to miss him. He was a wonderful man and a huge asset to the community and the fire district.”

Speaking of baked beans, Putnam’s colleague, Dan

Continues on 7



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COMMUNITY

A hidden treasure in town

Town's Senior Services wants to help people age in place

By DIEGO CAGARA
cagarad@spotlightnews.com

BETHLEHEM — While the town's Senior Services Department has long offered programs and information for residents aged 60 and up, its director, Jane Sanders, expressed concern, however, that not many people may even be aware of its existence or resources.

Background

"We've always felt like we're the best kept secret in town but we don't want to be," Sanders said. "A lot of times, people don't look into Senior Services until there is a problem or an issue. People have come up to say that we have great things to offer yet they didn't always know we were



The town's Senior Services Department has many resources like intra-town transportation, assistance with insurance and programs to maintain a social life for aging seniors.

right here." She further compared the department's situation to how a person does not typically know about childcare services until they have a new baby and need them.

Senior Services is located at Town Hall on 445 Delaware Ave. in rooms 110 and 116. It is open on weekdays from

8:30 a.m. to 4:30 p.m.

Among the ways Senior Services communicates with the public about what it offers includes a section on the town's website, a bi-monthly newsletter and word of mouth. Bethlehem Town Board member Joyce Becker, who started helping the department grow in 1986 with founder

Bethlehem Senior Services Department

Karen Pelletier, said she remembered she had been in charge of recruiting volunteers at the time as part of an overall dream "for people to age in place and live in Bethlehem."

She added, "Even to this day, I pick something out of Jane's newsletter and announce it at every single Town Board meeting."

Senior Services, first created in 1978 by Pelletier who was a volunteer then, was originally under the Parks and Recreation Department. It separated from the latter in 1989 due to rising demand for services and programs. It has since grown to have a number of paid staff and more than 100 volunteers today; volunteers are recruited to help keep the department's costs low.

"Volunteers usually recruit other volunteers and we tend to have long-lasting staff," said Gerald Schimanski, Senior Projects' treasurer, who first got involved in 2004. Also, Sanders and Becker have been involved for 17 years and around three decades respectively.

Senior Projects, a non-profit organization, works closely with Senior Services to help with fundraising for things not within the latter's budget. Examples include helping to raise money for Senior Services vans and cars; paying for those drivers' hats, jackets, shirts and IDs; supporting the town's food pantry; and

paying for certain programs at the Bethlehem Public Library including the Coffee and Conversation series.

Resources

Sanders brought up how the department — offering almost 40 programs and services — helps connect seniors with library programs, encourage them to go out for lunch, help with delivering groceries if transportation is difficult and keep things social by celebrating birthday parties and more.

Senior Services also offers financial, legal and utility assistance which can help seniors with enrollment for Medicare-related health insurances and prescription drug plans; a grant program to help pay a household's energy bill in the winter months; a program to help with a household's insulation, weather stripping and furnace improvement; and the potential to help low-

Continues on 7

Clip and Save

NOTICE TOWN OF BETHLEHEM WATER MAIN FLUSHING PROGRAM FALL 2019

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Town of New Scotland**

**AREA #2 – 10/2 to 10/25
Delmar, Elsmere**

**AREA #3 – 10/16 to 11/1
Glenmont, Selkirk**

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ALBANY COUNTY

County proposed budget

By JIM FRANCO
francoj@spotlightnews.com

ALBANY — County Executive Daniel P. McCoy's proposed 2020 \$732.9 million budget increases spending by nearly \$22 million but will not increase taxes.

If approved by the county Legislature, the tax rate will be \$3.51 per \$1,000 of assessed value, a 1.3 percent decrease from this year.

Included in the budget are raises for "virtually all employees," of about 2 percent, according to McCoy, which is in line with the contracts negotiated with unionized employees.

Three of the four county-wide elected officials would see bumps in their salaries of more than \$20,000. McCoy would see his salary increase from \$141,320 to \$163,900. Sheriff Craig Apple's



County Executive Dan McCoy released the 2020 budget in Cahill room. Provided photo

salary would increase from \$129,358 to \$149,900 and Comptroller-elect Susan Rizzo will see her salary increase from \$125,816 to \$145,900.

District Attorney David Soares' salary would remain at \$202,800.

Mary Rozak, a spokesman for McCoy said

timing of raises for elected officials are dictated by law.

"The sheriff, comptroller and county executive are only permitted salary increases during the start of the year after which they have been elected," she said in a statement. "In this case, that means in 2020 and then no salary increase

could happen again until 2024."

She said the district attorney's salary is required by state law to be equal to or higher than either the county judge or Supreme Court judge in a county.

The Legislature will now review the budget, hold hearings and make any modifications before approving the spending plan.

"Large raises for elected officials and non-union employees are always controversial and the subject of review by the Legislature," said Legislator Paul Burgdorf, R-Colonie.

The budget, released on Wednesday, Oct. 9, funds 74 new positions including 18 in the Sheriff's Office, nine in the Public Defender's Office, seven in the District Attorney's Office, three in the Division of Alternate Public Defender's Office and five in the residential health

care facilities. There are 2,685 county employees.

This is the second year of the statewide implementation of the Hurrell-Harring indigent legal defense reforms McCoy fought for at the state level. An additional \$3.5 million will fund 30 new positions, including those in the Public Defender, Alternative Public Defender and 18-B Departments.

Also included in the budget are:

- \$250,000 for the rehabilitation of young offenders and help them avoid jail time.
- \$100,000 for Camoin Associates to create a regional economic development strategy.
- \$25,000 to help municipalities throughout the county with the 2020 Census.
- \$250,000 for the Albany County Land Bank, which has enabled more than 445 properties to return to the tax rolls and totaling \$26.1 million in assessed value of tax-foreclosed real property since being implemented in 2014.
- General fund reserves

were not touched and have doubled to more than \$60 million in 2020 from \$30 million in 2011.

About 80 percent of the budget is mandated with 60 percent being state or federal mandates for things like social services.

"While we make Albany County a more affordable place to live and work for our families, this budget will allow us to continue the progress being made on the serious challenges they face each day," McCoy said in a statement. "Those include blight and divestment in underserved communities, social and criminal justice issues, the upcoming 2020 Census, continued economic growth in the region and so much more," continued McCoy.

Chairman of the Legislature Andrew Joyce said he is happy there is no tax increase but is promising an "aggressive budget review schedule this month."

"Now that the Legislature has received the budget, it is our job to evaluate at what has been

Continues on 6

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2019

From page 5 ...

County budget

submitted to ensure it's the best plan for governing efficiently in the upcoming year and beyond," Joyce said. "The Legislature's focus this year is to ensure the County is fiscally stable for any potential economic impacts there may be in the near future so we can minimize any additional costs that could be passed on to residents."

The Audit and Finance Committee will kick off its annual review of the budget on Wednesday Oct. 16, at 5:30 p.m. in Room 730, at the county office building, 112 State St. in Albany. The Committee will meet with the county executive, comptroller, county clerk, district attorney, sheriff, coroners, comptroller and management and budget personnel.

The Audit and Finance Committee will hold four additional budget sessions with county departments on Oct. 16, 23, 24 and Nov. 6 with two public hearings scheduled on Tuesday, Oct. 29, and Tuesday, Nov. 19.

■ POLITICS

Race candidate sheds light

Information came to light in his own letter to the editor

By MICHAEL HALLISEY
halliseym@spotlightnews.com

BETHLEHEM — In March, town highway superintendent candidate Marc Dorsey submitted a Letter to the Editor to clear the air on issues stemming from an arrest in Albany in 2003. Since then, he's been asked to clarify those facts.

Two decades ago, Dorsey was on a different career path than the campaign trail he currently finds himself.

Dorsey was finally pursuing a law enforcement career after a decade working under both the International Union of Operating Engineers and the United Brotherhood of Carpenters. It seemed like the right path. His father had spent years with the Bethlehem Police



Marc Dorsey, above, is running for Bethlehem highway superintendent. Provided photo

Department.

Dorsey's time behind a badge started with two part-time positions split between the town of Coeymans and the village of Altamont. Altamont soon promoted him to a full-time officer in September of 2002. He anticipated a lengthy career. A year later, however, he was arrested in Albany on a misdemeanor stalking charge. On Dec. 4, 2003, two days after the arrest,

Dorsey was suspended from the force without pay.

That's how people often remember the story. Dorsey has spent the last 15 years having to share the rest.

"As soon as someone was to Google my name they are going to see that I was arrested — all charges were dismissed without prejudice — but [I wanted] to get it out there," said Dorsey.

After earning the Bethlehem Democratic Committee's endorsement

in February to run for town highway superintendent, Dorsey submitted a letter to the editor to Spotlight News.

"I would like to share how an unfortunate event positively shifted my career path," he stated. "In 2003, my then-girlfriend began exhibiting unhealthy behaviors that had me concerned." In a recent interview, Dorsey said he found she was abusing drugs. It was a situation he said surprised him. When he confronted her about the issue, he said she denied it. He said he later addressed it with a member of her family, an Albany police officer.

"We didn't get along so well," Dorsey said. He said that her relative convinced her to press charges on him. "He told her to say it was domestic violence. Domestic violence is one of those laws in which you have to do something. You have to make an arrest."

Dorsey was arrested and suspended from the Altamont Police Department. According to a Bethlehem police report, his pistol permit, and his Ruger and Glock pistols were confiscated for safekeeping as he awaited trial.

The case, however, never went to trial.

The City of Albany denied a FOIL request to obtain details of the Dec. 2, 2003 arrest. Upon appeal, it was learned that all information was sealed by the order of the Albany City Court. Dorsey, though, showed Spotlight News a copy of the court documents. That record stated that charges against him were "dismissed without prejudice" on June 23, 2004, due to significant deficiencies. Dorsey's

accuser was not identified. She died several years later, he said.

"I tried to help her. It did not work. She's no longer with us."

Dorsey was not automatically reinstated by the Altamont Police Department when charges were dropped. When he applied for reinstatement, it was beyond the four-month window allotted to him. A lengthy court battle ensued. The state Appellate Court sided with the village, and he was never reinstated.

"It's one of those things that taint your name," said Dorsey, in reference to the arrest. "My career was — I probably would have gone very far into law enforcement — and that kind of thing just taints it. Any department now will think, 'there must be something wrong with him.'"

The Bethlehem Democratic Committee considered Dorsey as its candidate for town highway superintendent earlier this year. Joanne Cunningham, the committee's chairwoman, said she was aware of the arrest and the executive committee proceeded with an "extensive" vetting process before recommending him to the BDC.

Though Dorsey said he provided a written explanation to the executive committee, several members of the BDC claim they were not aware of the arrest before voting him in as the party's candidate.

Cunningham confirmed that details of the arrest, and dismissal of charges, were not shared by the executive committee before it handed down its recommendation to the general committee. Through the executive committee's vetting process, she said she sought the insight of a "very high level individual in law enforcement."

"The person made me comfortable that Marc's accounting of things was consistent from a law enforcement standpoint," Cunningham said.

As Dorsey walks the campaign trail across town, he said people continue to ask him about what happened in Albany and Altamont.

"Even though I don't need to say anything — all charges were dismissed — I want to be upfront."

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From page 3... Not forgotten

Sutherland, who was a fellow Elsmere firefighter from 1998 to 2015, said Putnam “used to make things like baked beans and pork, and he liked to cook for the firefighters after drills.”

Fellow firefighter Joe Catalano explained that every year, the district’s president assigns four to five people as a food committee to make food every month for the remaining firefighters after drills. “A couple of weeks ago, [Putnam] came up with potted chili in a crockpot with ghost pepper honey, and it was so hot and fantastic,” he said. “He always took his responsibility extremely seriously and he took pride in what he did.”

Jim Foster, another Elsmere firefighter and a Bethlehem Town Board member, said, “It was always a pleasure to be around [Putnam] and I liked the little things like how he made baked beans or ham from scratch. I was probably sitting on a fire call with him within the

past two months and he was still so active and great to be around.”

Steve Kroll, the chief and executive director at Delmar-Bethlehem EMS, said he remembers how Putnam would show him and his peers photographs of his grandchildren before meetings. “He was brilliant, caring, community-minded and fun,” he said. “There will now be an empty spot in our table which will be very hard to fill. We’re not even thinking of that process to replace him yet. Right now, it’s in his memory.”

Beyond Putnam’s work as in cardiology and firefighting, some of the men mentioned how he was a beekeeper too, especially Sutherland.

While Sutherland said that he and Putnam grew very close for almost 20 years, he recalled casually talking about how he had his own apiary last year while Putnam happened to have his own collection of bees too. “We then started getting involved in beekeeping together and we have over 260,000 bees which are classified as livestock,” Sutherland said.

“We kept honeybees and produced honey and my apiary is still here and I’m still caring for his bees.”

Final thoughts

All five men agreed that Putnam’s death came as a surprise to them since he had been physically active and healthy.

“The reaction was shock from so many people,” Catalano said. “He was perfectly healthy and pretty young. We couldn’t imagine how it happened.” He added that as a cardiologist, Putnam often educated his peers about the risks of heart attacks, cardiovascular disease and stress, which can affect many firefighters.

While Pope similarly said the news felt “so sudden,” Foster said the fire district is mourning the loss of a “valuable and dedicated member.”

Kroll concluded, “I think we were all devastated when we learned that such a young, vibrant person was gone. He had so much to give and he gave so much to so many people and we’ll have that forever. He made us all better people and we’re all very sad.”

From page 4 ... Hidden treasure

income people with their telephone bills. Certain qualifying seniors can also have food stamp assistance, Farmer’s Markets coupons, and access to the Bethlehem Food Pantry — the latter is only available by appointment for emergency or temporary food needs.

Seniors can also access health and wellness programs, like help with their prescription costs, listening to visiting guest speakers regarding health, and a brochure about senior physical exercise programs. In addition, the department can provide information on in-town housing options and connect seniors with social groups for networking and support. Seniors can also take advantage of special day trips for dinners, theater shows, monthly shopping center trips and more.

These resources offer just a snapshot of what Senior Services offers and to learn more, visit www.townofbethlehem.org/145/Senior-Services or call 518-439-4955 ext.1176.

“Without a doubt, every person who has continuously used our services say, ‘I don’t know how we got around without these services,’” Schimanski said. “They’re so thrilled that there’s something out there and their kids or grandkids don’t have to drive them around because they’re doing their own things.”

Regarding his latter point, Sanders noted that transporting seniors throughout town for their errands or medical appointments is one of the department’s

highlights. She said the department currently has five cars and four vans, two of which are wheelchair-accessible.

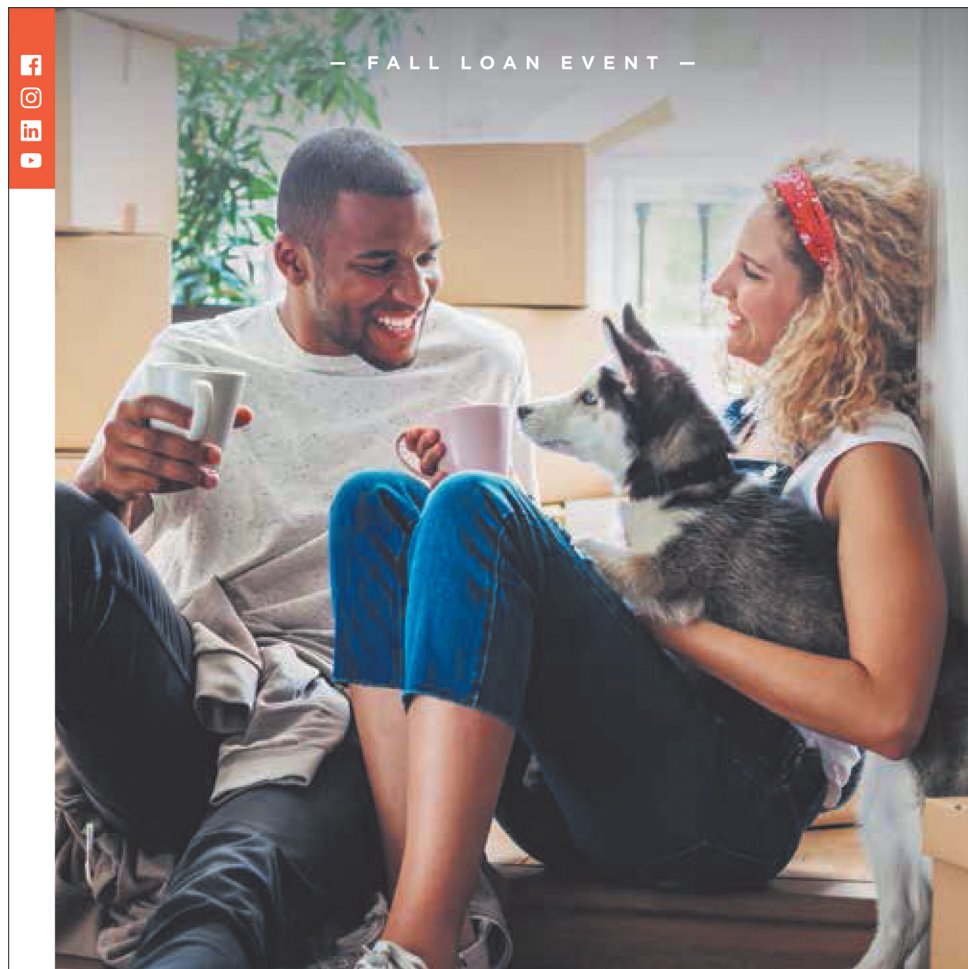
“All the current vans are in need of replacement. The vans are pretty much the same age and at the height of their mileage,” Sanders said, adding that the vans have a lifespan of eight to 10 years. “The town is purchasing a new van in 2020 if the town budget passes. Senior Projects will be purchasing a new van in 2020 too through a grant because we need it and separately, before the end of this year, we have an extra van that’s already on order.”

While Sanders added that Senior Projects has plans for a future fundraiser to help buy a van next year, Schimanski said each van would cost around \$65,000 and Becker said it would take about a year to raise the needed funds and at least another six months to receive an ordered van.

Reflection

“We’re here, call us, stop by. We know all the resources around,” Sanders said. “It’s our goal to help people age in place.” Schimanski connected this with the department’s motto, “Community-Engaged as We Age.”

Becker chimed in and said it’s important for people to research what their respective town offers in terms of resources and programs. Regarding working at Senior Services, she added, “It sounds so easy but it takes a lot of work. It takes many hands in this community to make this service run and I’m thankful for the town government and non-profit who have partnered to make it what it is.”



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Francis Currey's funeral, with full military honors, at Mount Pleasant Cemetery in South Bethlehem, on Saturday, Oct. 12.

Thomas Heffernan, Sr./
Special to Spotlight News



From page 1 ...
A hero laid to rest

Currey's death was announced in a Facebook post on the day he died by the Delmar-based Nathaniel Adams Blanchard Post 1040 of the American Legion, which he had been involved in. "Our Post's highest-decorated member Congressional Medal of Honor recipient, Francis S. Currey was called home to the lord. He passed this morning," it read. "May he rest in peace! A truly great man! ... Thoughts and prayers to his family!"

According to his

obituary, Currey, of Selkirk, was born in Loch Sheldrake, New York on June 29, 1925 and joined the U.S. Army when he was 17, just one week after graduating from Hurleyville High School. While he later became a technical sergeant, he was an automatic rifleman with Company K, 3rd Battalion, 120th Infantry, 30th Infantry Division.

According to the Digital Collections of the National WWII Museum, on Dec. 21, 1944, Currey risked his life when German

infantrymen shot at his direction in Malmedy, Belgium during the Battle of the Bulge.

In a 2011 filmed special by Medal of Honor, Currey recalled how he and his platoon had been ordered to defend a bridge near the aforementioned Belgian town, and one morning, numerous German tanks arrived. Currey said he tried to shoot at one of the approaching tanks' commanders who had stood up and saw him. After failing to stop his tank which then crossed the bridge, Currey said he went to engage in a standoff in a nearby factory building.

He shot at a tank with a bazooka, rendering it

immobile and forcing its men to abandon it; he then shot three German soldiers in a nearby house's doorway. Traveling alone to within 50 yards of that house, he used his bazooka again to take out half of a wall which helped save five American soldiers there who had been trapped under German tank rounds for hours.

Then, three more German tanks arrived and Currey threw anti-tank grenades at them. "An anti-tank grenade was supposed to not knock down a tank," he said in the filmed special. "Believe me, it will not knock down

a tank. All it does is hit the tank, makes a hell of a noise, a lot of flames, a lot of smoke but it scares the hell out of the crew and they abandoned the tank. They gave me credit for all three tanks because they abandoned them."

This led to the Germans falling back due to losing more tanks and increasing casualties.

Currey was just 19 at the time. "I hope that my country can be as proud of me as I am proud of my country," he said.

Currey's heroic actions earned him the Medal of Honor — the highest and most prestigious

decoration for an outstanding U.S. military service member for acts of valor — and has been said to win the battle and shorten the war. He also received the Belgian Order of Leopold, a Silver Star, a Bronze Star and three Purple Hearts. A July 14, 2006 article by the *Times Herald-Record* reported that a GI Joe action figure was crafted in his image back in 1998.

The National Medal of Honor Museum posted on its social media platforms that it has extended "heartfelt condolences to his friends and family and remain grateful for

his service." Gov. Andrew Cuomo directed flags to be flown at half-staff on state government buildings on Friday, Oct. 11 in honor of Currey.

Spotlight News has reached out to Currey's family and the American Legion Post 1040 Nathaniel Adams Blanchard Post for comment but did not receive any at the time of this publication.

After the war, Currey became a counselor at the Albany VA Medical Center for three decades, retired in 1980, moved to Bonneau, South Carolina and returned to Selkirk in 2009.

Throughout the Capital District, he was a South Bethlehem Volunteer Ambulance Service volunteer, a Hudson Valley Little League coach, a Bethlehem Conservation Committee member as well as being involved in the RCS Men's Association, Cornell Cooperative Extension, the American Legion Post 1040 Nathaniel Adams Blanchard Post and the Albany-based VFW Sheehy-Palmer Post 6776.

Currey is survived by his wife of 70 years, Wilma Eileen French Currey; his children, Michael, Kathryn, Domery and Jonathan Currey; his grandchildren Jessica Moran, Kyleen D'Ambrosio, Diane Lammers, and Christopher, James, Kevin and Travis Currey; and 12 great-grandchildren.

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October 16, 2019



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for more Sports stories!

■ HIGH SCHOOL SPORTS

Guilderville edges Shaker

COLONIE — Guilderville walked into Shaker on Friday, Oct. 11 and swam away with a win.

The combined squad of Guilderland and Voorheesville won the meet 86-79.

Guilderville will next host Saratoga at the Voorheesville High pool and Shaker will swim at Bethlehem on Wednesday, Oct. 16.

Check out our website for more photos of the meet.



Golfers make the cut

Saratoga High School took home the Class A, Section II team trophy with a one stroke win, 325-326 over Albany Academy on Thursday, Oct. 11 at the Fairways of Halfmoon.

Six players from our readership made the cut, 92, and moved onto the next round on Tuesday, Oct. 15 at Orchard Creek, after this paper went to print. The top 20 of 59 players in Class A, B C and D will play in the final round on Thursday, Oct. 17.

The players from our readership who made the cut are: Will Davis from Bethlehem with an 84; Bobby Pisinski of Shaker with an 84, Lucas Mitchell of Guilderland with an 87, Chris Taranto of Bethlehem with an 89 and Zander Poole of CBA with an 89 and Brian Cunningham of Shaker with a 91.



TARANTO



DAVIS

■ HIGH SCHOOL SPORTS

Guilderland drops one to Shen

GUILDERLAND — The Lady Dutch lost its last Suburban Council matchup to Shen on Thursday Oct. 10 by a score of 3-1.

Shen (6-2, 6-2) jumped out to a 2-0 lead after the first half but Guilderland (6-3, 7-3) pulled within a goal early in the second half on a goal by Gabby Klindworth.

Shen, though, controlled the ball for most of the second half and added a goal to end its season with a win. Three different players scored for Shen: Maia LaVigne, Sara Monroe and Emma Huthens.

Molly DiCaprio had 15 saves for Guilderland.

Check out our website for more photos of the game.



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Chocolate, chocolate, chocolate

On Saturday, Oct. 19 at 2 p.m., Culinary Historian Peter G. Rose will provide a fascinating overview of our favorite confection: chocolate! She will describe 17th century trade by the Hudson Valley's Dutch settlers; chocolate manufacturing developments throughout the 18th and 19th centuries; and interesting tidbits about the current chocolate market. Recipes and chocolate samples will be shared. Ms. Rose has lectured widely and has authored nine books on the Dutch influence in America and Hudson Valley food. She will have copies available for sale and signing. Please register online, by phone or in



person.

Halloween

If you're looking for fiendishly fun (and free) Halloween-themed activities, look no further than your friendly local library. We've planned several events to get into the spirit, so to speak, and there's something for everyone:

- Friday, Oct. 25: teens and adults must work together to solve puzzles and find clues before time runs out as they strive to "Escape the House on the Hill!" Please register for either the 4 p.m. or 6 p.m.

session.

- Tuesday, Oct. 29: All ages are welcome to experience our "Halloween Craft Graveyard" from 6:30 to 8 p.m., featuring a variety of seasonal craft supplies. This casual and creative gathering is for families, groups of friends – anyone – with snacks and Halloween music enhancing the seasonal mood. Replicate one of our projects, or devise something totally unique! Please register online, by phone or in person.
- Wednesday, Oct. 30: Tweens and teens are invited to a "Halloween



Candy Kraft will provide free samples for the "Chocolate! - The Hudson Valley and the Dutch" event on Saturday, Oct. 19.

Guilderland Public Library

Party" just for them! Come at 6 p.m. dressed in your best costume and ready to usher in Halloween with creepy snacks and terrifying activities for a scary good time. Please register online,

by phone or in person.

- Thursday, Oct. 31: Children ages 19 months and up and their caregivers are invited to a "Not-So-Spooky Costume Party and Storytime" at 10:30 a.m.,

complete with lively songs, stories, and dancing. We'll conclude our party with a rousing costume parade through the library. Then at 6 p.m., we'll screen Stanley Kubrick's classic freight-fest, "The Shining," starring Jack Nicholson and Shelley Duvall. We dare you to hold onto your popcorn. Rated R.

Bilingual storytime

Stories, songs and rhymes in both Arabic and English will be presented on Sat. Oct. 19 at 10:30 a.m. Children will also make a craft to take home. This family program is geared for children up to age 6, plus their caregivers.

—Luanne Nicholson

LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS
<p>newspaper of the Town on October 16, 2019 and the TIMES UNION, an Albany newspaper, on October 16, 2019. BY ORDER OF THE TOWN BOARD TOWN OF BETHLEHEM NANCY MOQUIN, TOWN CLERK D-230992</p> <p>NOTICE OF LLC FORMATION QUAD STARS, LLC. Arts. of Org. filed with the SSNY on 09/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 132 East 43rd Street, Suite 460, New York, NY 10017. Purpose: Any lawful purpose. D-230475</p> <p>NOTICE OF LLC FORMATION QUEENSGIRL THE-QUEEN1955, LLC. Arts. of Org. filed with the SSNY on 09/18/19. Latest date to dissolve: 12/31/2069. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Michael Rozins, 4 Robin Lane, Bedford, NY 10506. Purpose: Any lawful purpose. D-229695</p> <p>NOTICE OF LLC FORMATION REFORMULATION RESEARCH LABORATORY, LLC. Arts. of Org. filed with the SSNY on 09/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 157-</p>	<p>14 Cryders Lane, White-stone, NY 11357. Purpose: Any lawful purpose. D-229973</p> <p>NOTICE OF LLC FORMATION RIALIA LLC. Arts. of Org. filed with the SSNY on 09/12/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23-58 Steinway Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-229631</p> <p>NOTICE OF LLC FORMATION RICHMARK PARTNERS LLC. Arts. of Org. filed with the SSNY on 09/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Robert Stahmer, 610 Birdsall Drive, Yorktown Heights, NY 10598. Purpose: Any lawful purpose. 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SSNY designated as agent of the PLLC upon whom process against it may be served.</p>	<p>SSNY shall mail copy of process to the PLLC, c/o William Lee, CPA, 58-11A 43rd Avenue, Apartment BB, Woodside, NY 11377. Purpose: For the practice of the profession of Public Accountancy. D-230048</p> <p>NOTICE OF LLC FORMATION WINNER BK LLC. Arts. of Org. filed with the SSNY on 08/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 393 16th Street, Apartment #1, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-227652</p> <p>NOTICE OF LLC FORMATION WMaya, LLC. Arts. of Org. filed with the SSNY on 08/29/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 275 West 96th Street, #PH B, New York, NY 10025. Purpose: Any lawful purpose. D-227655</p> <p>NOTICE OF LLC FORMATION WOLF MANAGEMENT LLC. 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October 16, 2019

Spotlight on Opinion

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LETTERS TO THE EDITOR

In gratitude

I live on Boylston Drive in Delmar. My neighbors and I have attended many town Planning Board meetings to express concerns about planned development near our Lauralana Heights development.

As a result of concerns expressed there about already existing excess water issues in our backyards, the Highway Department superintendent and other town staff came on site to evaluate the situation. They determined that the existing water drainage through the town easement was not working as designed.

Tiger Anastasi met with concerned homeowners on two occasions, explaining what he believed the accumulated issues were, and detailing a plan to remediate them, if we would cooperate with his department.

The neighbors agreed, and significant work has now been completed by the

Highway Department including flushing of storm sewers and regrading of drainage easements.

My neighbors and I would like to thank Tiger, the members of his department and those on the Planning Board who referred the issue to him. The way he met with us to understand our concerns and to lay out a plan with us was an example of the best we can hope for in local government.

I understand that he is up for re-election in November. My neighbors and I want our fellow townspeople to know that we endorse his approach and support the notion of his continued service to the town.

Sincerely,
Steven Frisch
Delmar

Thank you, Tiger

Dear Editor:

The Fieldstone Coalition is made up of concerned Delmar residents living on Fieldstone Drive and the surrounding neighborhoods.

Our mission is to support the Town of Bethlehem's efforts to preserve and enhance the character of our neighborhoods by making them pedestrian friendly and safe from speeding and dangerous cut-throughs.

We wish to thank the Town of Bethlehem Highway Department, led by Superintendent John "Tiger" Anastasi for the excellent work they are doing to preserve the beauty, safety and character of our neighborhoods and all of Bethlehem.

With the town's support, the Highway Department has performed long overdue road re-paving, installed additional sidewalks to promote and

encourage pedestrian activity and safety (without the use of expensive outside contractors), and consistently collected leaves and other debris.

Several of us have observed Tiger in the field, directly supervising the work and ensuring that it is completed properly. In particular, the department just completed the sidewalks on Murray Avenue, performing a first rate job consistent with Delmar's high standards of quality.

We applaud Tiger's hands-on leadership and the fine work performed by his dedicated employees.

Art Siegel
Representative of the Fieldstone
Coalition to Preserve the Safety and
Character of Our Streets

Should be vetoed

Dear Editor,

Although it hasn't gotten much attention, our roads and highways will get a lot more dangerous if Gov. Cuomo signs legislation (by Oct. 12) that would upend New York's longstanding and successful driver safety program by allowing untested out-of-state internet companies to provide online-only training that replaces the in-classroom five-hour driver's licensing requirement of first-time drivers.

My family-owned driving school has trained thousands of students since 1971 and I can tell you from first-hand experience that nothing can replace face-to-face interaction and real-life discussion with trained instructors. In the classroom, they learn how their reactions are affected by distractions

like cell phones and how alcohol affects their reflexes. In fact, it's very common in the classroom instruction for a person who has gotten a DWI to share their experience as a teaching-moment, which can be very emotional and impactful - that's a lesson you simply can't learn on the internet.

If this becomes law, New York would be rolling the dice on public safety and no technology is worth the price of putting lives at risk - the governor should veto this bill.

Jessica A Waldorf
Menands

WHAT'S HAPPENING NOW

Sten & Maria Z

ALBANY — Sten & Maria Z will perform at The Linda on Friday, Oct. 18 at 8 p.m.

Guitarist/mandolinist, Sten Isachsen and guitarist/composer, Maria Zemantauski, have delighted audiences around the globe as soloists and in various ensembles for decades. Together, this dynamic string duo celebrate their eclectic musical tastes - fiery flamenco, classical, Latin, roots and bluegrass - to create a vibrant, rich and refreshing sound. Their rhythmically

driven repertoire takes the listener on a journey of traditional classics, innovative arrangements and stunning original compositions.

For tickets, visit www.eventbrite.com. The Linda is located at 339 Central Ave., Albany.

The Turbos

ALBANY — The Turbos will perform at Savoy Taproom on Friday, Oct. 18 at 10 p.m.

The Turbos' high-octane, adrenaline fueled heroics have taken them from newcomers to fan favorites in the growing

Columbus, Ohio rock scene. Combining shredding guitar virtuosity with soaring, anthemic vocals, co-frontmen Alex D. and Lucas Esterline never fail to impress. With the multi-talented Cameron Reck on bass, and new addition Jahrie punishing the skins like a man possessed, the Turbos are poised to spark a revolution for a new generation of rockers.

Savoy Taproom is located at 301 Lark St., Albany.

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Managing Editor | Michael Hallisey

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Reporter | Diego Cagara

Publisher | John A. McIntyre Jr.

Advertising Representatives |
Corinne Blackman, Susan O'Donnell,
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The Great Give Back

The Great Give Back is an opportunity for library patrons statewide to partake in meaningful, service-oriented experiences. At Bethlehem Public Library, our visitors can participate in the following three ways:

1. We are collecting household cleaning supplies for the Bethlehem Food Pantry through Oct. 21. Collection receptacles will be available in the lobby.
2. Drop in any time through Oct. 18 to color in a coloring sheet for Colorasmile.org, a non-profit group that distributes cheerful drawings to seniors, troops and others in need of a smile.
3. On Friday, Oct. 18, at 3 p.m., we're holding a Cards of Hope event, where you can create cards with kind and inspiring messages to be given to seniors at local assisted living facilities.

Trunk of Treat at Elm Ave. Park

How many treats do you get when the library and the Town of Bethlehem Parks and Recreation department team up to host an awesome Halloween extravaganza? A whole trunkload!

Drop by Elm Avenue Park Wednesday, Oct. 23, beginning at 4 p.m. for our inaugural Trunk or Treat community-wide event, featuring dozens of creative trick-or-treating stations hosted by local groups such as the library Friends, area Girl Scout troops, the Bethlehem Tomboys, Mohawk Hudson Land Conservancy, Delmar-Bethlehem EMS, the



Progress Club, Capital District Child Care Council, high school clubs, and more.

Halloween costumes are too special to wear just once, so strut your spooky stuff at the 4:15 p.m. parade before "trunk or treating" your way through the park. This free event is suitable for all ages.

Camino de Santiago

The Camino de Santiago, known in English as the Way of Saint James, is a 1,200-year-old pilgrimage trail that runs from Germany through France and Spain to the cathedral of Santiago de Compostela in Galicia in northwestern Spain. It is estimated that hundreds of thousands of people hike some or all of the trails that make up the route every year.

Learn more about hiking the trail, including its spiritual significance for many, along with tips and travel logistics, from

two area residents who have first-hand knowledge of the trip. On Sunday, Oct. 20, at 2 p.m., Brendan Mooney of Delmar and Suzanne Holt of New Palz will share their experiences and answer questions.

Mooney spent time in Spain studying abroad and returned many times over the years to visit friends. He first hiked the 550-mile trail in September 2009 at the age of 59. He returned recently to become a Hospitalero, a volunteer who assists hikers by advising on where to purchase food, where to do laundry or translating at the medical clinic in the event of an injury. He calls the Camino "a metaphor for life."

Holt walked the Camino de Santiago from Lisbon, Portugal in April 2019.

The write stuff

Get an up-close look at the venerable Writers Institute Monday, Oct. 21, at 7 p.m. with a screening of WMHT's documentary "Inside the Writers Institute."

This will be followed by a discussion led by Mike Huber from the New York State Writer's Institute.

Other upcoming events

All events are free and take place at Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Friday, Oct. 18 Keepsake Trick-or-Treat Bag

Watch a Halloween short, then decorate a small fabric bag. For children up to ages 3-5 with family. Sign up each child individually, 10 a.m.

Friday, Oct. 18 Coffee and Conversation: Sonny and Perley

Local entertainers perform a mixed Program of songs from the 1920s through 1950s, 1 p.m. Program is followed by a coffee break. Co-sponsored by Bethlehem Senior Projects, Inc.

— Kristen Roberts

Painting

Please join us from 10:30 a.m. to noon, Saturday, Oct. 19 to make a unique, free-form decorative ceramic tile painting using alcohol inks.

Basic application techniques will be demonstrated and different effects will be explored.

This is a fun and easy art form that does not require any artistic ability.

You will be amazed at the results.

Minimum age 10. Adults of all ages are welcome.

All materials will be supplied, including a small easel to display your creation. It is suggested that you wear an old shirt, apron or smock.

Please register.

Le Voyage Dans La Lune performances

Stop by the Voorheesville Public Library from 2 to 4 p.m. on Sunday, Oct. 20, to hear the featured bands who composed an original score to Georges Melies' 1902 silent film "Le Voyage Dans la Lune" (A Trip to the



Moon).

Light refreshments will be served.

10 Warning Signs of Alzheimer's

Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life.

Join us to learn about 10 common warning signs and what to watch for in yourself and others.

There are two one-hour sessions to choose from:

- Wednesday, Oct, 23 at 6:30pm
- Monday, October 28 at 11:00am.

Please register for either class.

Registration

Unless otherwise indicated, registration is requested for all programs.

Register in person, or at 518-765-2791 or use our online calendar at voorheesvillelibrary.org/calendar.asp.

— Lynn Kohler

Statement of Ownership, Management, and Circulation

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14. Issue Date for Circulation Data Below: 9/25/2019

15. Extent and Nature of Circulation		Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)		4926	4903
b. Paid Circulation (By Mail and Outside the Mail)			
(1) Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (Include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)		129	126
(2) Mailed In-County Paid Subscriptions Stated on PS Form 3541 (Include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)		2,612	2,643
(3) Paid Distribution Outside the Mail (Including Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS® (e.g., First-Class Mail®))		499	590
(4) Paid Distribution by Other Classes of Mail Through the USPS (e.g., First-Class Mail®)		582	590
c. Total Paid Distribution (Sum of 15b(1), (2), (3), and (4))		3,822	3,853
d. Free or Nominal Rate Distribution (Sum of 15c(1) and (2))		5	4
(1) Free or Nominal Rate Outside-County Copies Included on PS Form 3541		182	124
(2) Free or Nominal Rate In-County Copies Included on PS Form 3541		22	10
(3) Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g., First-Class Mail®)		685	720
(4) Free or Nominal Rate Distribution Outside the Mail (Carriers or other means)		685	720
e. Total Free or Nominal Rate Distribution (Sum of 15d(1), (2), (3) and (4))		1,354	1,564
f. Total Distribution (Sum of 15c and 15e)		4,716	4,771
g. Copies not Distributed (See Instructions to Publishers #4 (page #3))		210	192
h. Total (Sum of 15f and g)		4,926	4,963
i. Percent Paid (15c divided by 15f times 100)		81.04%	80.75%

* If you are claiming electronic copies, go to line 16 on page 3. If you are not claiming electronic copies, skip to line 17 on page 3.

Statement of Ownership, Management, and Circulation

16. Electronic Copy Circulation

	Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Paid Electronic Copies	202	248
b. Total Paid Print Copies (Line 15c) + Paid Electronic Copies (Line 16a)	4,024	4,101
c. Total Print Distribution (Line 15f) + Paid Electronic Copies (Line 16a)	4,716	4,771
d. Percent Paid (Both Print & Electronic Copies) (16b divided by 15f x 100)	85.32%	85.95%

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Hello to our loyal *Spotlight* readers,

Nothing brings us more pride than putting out this paper each week. *Spotlight* has been a staple of the Bethlehem community (and beyond) for decades and we look forward to publishing a great community newspaper for many years to come.

Unfortunately, gathering news isn't cheap.

To help offset the cost of gathering and delivering the news, beginning on **Oct. 1, 2019**, full access to spotlightnews.com will require a **digital subscription**.

If you are currently a print subscriber, your print subscription to the newspaper will not change. You are automatically a premium subscriber under the new program. In order to gain full access to spotlightnews.com, you will need to create a digital account at no additional cost. Use the coupon code **lovemyspotlight** to activate your digital account. If you are uncomfortable with this process, please call Kaitlin from 8 a.m. to 4:30 p.m. Monday through Friday and she can assist.

Some news will remain free on spotlightnews.com. *TheSpot518* and our SPOTTED galleries will be as accessible as ever. Most importantly, public safety issues and breaking, need-to-know news will remain open to everyone. Our events calendar will also remain free.

We know this is a lot and we are here to help. The transition will be headed up by our publisher and circulation manager, John and Kaitlin. They'll be available to answer any questions and clarify anything you need.

We look forward to finishing 2019 strong and entering 2020 with a new look and new content. We look forward to your feedback as we move forward.

Life is better when you find the spot.

Sincerely,

The Spotlight News team—

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Home grown
Jocelyn and Chris share a bill with Little Days at Putnam Place.
Page B23

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PICK OF THE WEEK



She's hip

Veronica Swift returns to the Capital District to play The Great Hall in Schenectady.

Page B6

INSIDE



Perfect marriage

What's not to like about a little peanut butter in your chocolate?

Page B11

Arts calendar

Pages B7-B10

FILM

A brief talk

Barry Bostwick, and his briefs, will be at the Palace Theatre on Monday

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — Barry Bostwick is an acclaimed actor, having earned awards from his work on stage and in front of the camera, but there's something about this time of year that will make a theatre full of people want to call him... something not nice.

Continues on page B5



Provided photo



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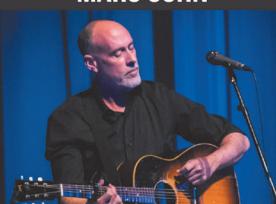
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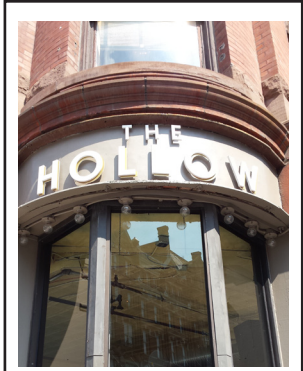
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quote of the week

"I don't know how I ever got the job. If they ever seen me, if they had seen Brad Majors running around in five-inch high heels, they probably would have had a second thought about that."

— Barry Bostwick, on landing his Peabody Award-winning role as George Washington



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RECENTLY ANNOUNCED

One step closer for co-op

Electric City Food Co-op is working with developers to find a home in Schenectady

SCHENECTADY — The Electric City Food Co-op is seeking proposals from landowners and developers for a location for a full-service, community-owned grocery store within the downtown area of Schenectady, that is walkable, bikeable and near a bus line.

Since September, the RFP has been distributed to a number of local developers and real estate agents and is available for viewing and downloading at the ECFC website. The deadline for submissions is Dec. 15, at 5 p.m.

“We are very excited to be launching this next phase for the Electric City Food Co-op, actively searching for a great location, said Brian Brosen, ECFC Site Selection Team Lead and Broker for The Capital Team at eXp Realty. “We look forward to sitting down with property owners and developers to bring the dream of the ECFC closer to fruition for the city of Schenectady and beyond.”

Last December, a market study was conducted by a consultant that specializes in food co-op startups and has maintained a high degree of accuracy with forecasts. The market study report confirmed that Electric City Food Co-op could be successful, with a projection of over \$3.5 million in sales in the first year, with a 2 to 3 percent increase in sales per year – with the right location.

The Co-op is currently in stage 2B of its plan which entails securing a location, planning a capital campaign, finalizing finances and hiring a general manager.

“We are working with local farmers, consultants and business leaders to bring this much-needed permanent

“We are working with local farmers, consultants and business leaders to bring this much-needed permanent market to Schenectady.”

— Matt Robbins,
ECFC board president

market to Schenectady,” said Matt Robbins, newly-elected ECFC board president and owner of The Happy Cappuccino.

Currently, the ECFC has 360 members and is in the midst of a “30 in 30” recruitment campaign for the month of October. The Co-op aims to register 500 member owners by the end of the year.

“Momentum is really building, we can definitely see a clear path to reaching our goal of 500,” said board member Adine Viscusi, owner of Casa Visco. The ECFC has established numerous events during October to increase the organization’s visibility and field questions from potential members, including the annual Farm to Fork dinner at the Mabee Farm Historic Site, and a meet and greet at Tara Kitchen. Additional membership drive events will continue to occur in November and December of this year as well.

The Electric City Food Co-op was organized by its founder Katherine Wolfram in 2013 to bring a community-owned, one-stop grocery market, featuring local and bulk foods, to the downtown area of Schenectady.

WHAT'S HAPPENING NOW

Jackie Venson

The Linda — Wednesday, Oct. 16

ALBANY — Jackie Venson will perform at The Linda on Wednesday, Oct. 16 at 8 p.m.

Enthralled with music since the age of 8, this young singer/songwriter/musician instantly captures your attention with a vibrant musical soul and passionate control of her instruments, that reach far beyond her tender age. As she mindfully blends Blues, Rock, R&B, Soul and more.

For tickets, visit www.eventbrite.com.

The Linda is located at 339 Central Ave., Albany.

The Burning Hell w/s/g The Useless Cans

Caffe Lena — Thursday, Oct. 17

SARATOGA SPRINGS — Caffe Lena will host The Burning Hell w/s/g The Useless Cans on Thursday, Oct. 17 at 7 p.m.

Smart and sassy as heck, The Burning Hell is a folk-punk trio from Prince Edward Island, Canada. Named after a religious tract handed to frontman Mathias Kom by a wide-eyed zealot in Toronto, the band plays songs about seagulls, the government, shopping malls, and the similarities between love and hurricanes. They are idiosyncratic and unclassifiable, united by Kom’s singular outlook on the world: wise and naive, cynical and life-affirming, full of brilliant, unexpected narratives and a deeply felt generosity of spirit.

For tickets, visit www.eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

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■ WHAT'S HAPPENING NOW

Perpetual Groove w/s/g Glass Pony

Putnam Place — Thursday, Oct. 17

SARATOGA SPRINGS — Putnam Place will host Perpetual Groove w/s/g Glass Pony on Thursday, Oct. 17 at 8 p.m.

Perpetual Groove based in Athens, GA, rides an unending wave of momentum buoyed by an enthusiastic fan base and international critical acclaim. PGroove's music has evolved into a genre-bending, highly original sound that touches upon jazz-rock, neo-psychedelia, R&B, trance electronica, progressive rock and anthemic arena rock.

For tickets, visit www.eventbrite.com.

Putnam Place is located at 63a Putnam St., Saratoga Springs.

PettyBreakers

Skyloft — Thursday, Oct. 17

ALBANY — Skyloft will host PettyBreakers on Thursday, Oct. 17 at 8 p.m.

Based out of Southern California, PettyBreakers is comprised of veteran musicians with decades of experience performing in tribute acts, and recording and performing with international bands like The Rembrandts and The Gin Blossoms.

For tickets, visit www.eventbrite.com.

Skyloft is located at 1 Crossgates Mall Road, Albany.

■ FILM

Speak your truth

Efren Ramirez is coming to town

By **KAITLIN LEMBO**

lembok@spotlightnews.com

ALBANY — The plate of hard boiled eggs at the beginning of "Napoleon Dynamite" is about to be shattered Thursday when two main cast members visit The Egg.

"Napoleon Dynamite" will screen tomorrow (Thursday, Oct. 17) at the The Egg's Hart Theatre at 6:30 p.m. A full screening of the movie will precede a moderated, freewheeling discussion from Jon Heder (Napoleon) and Efren Ramirez (Pedro). Tickets range from \$35 to \$100.

The independent movie caught people by surprise when it hit the theaters 15 years ago. A high school comedy that catch all of the horrible aspects of 80s and early 90s pop culture. But, the movie was a hit. Its popularity remains strong today thanks in large part to the many quotable lines people still find themselves using.

Ramirez believes in speaking your truth. He thinks that's what made Pedro such a relatable character for fans.

"Pedro is about leaving your comfort zone," he said.

"Pedro needed that boost and it wasn't until he met Napoleon and had that friendship that he was able to do that."

Ramirez, a stark contrast from the sedated Pedro, said his inspiration came from the script, with a bit of help from Jon Gries, who portrayed Rico Dynamite.

"Jon helped me go through the role and decide what's conflicting Pedro to be who he is," Ramirez said.

"Being a good actor comes down to being a good person and speaking your truth. It's about relating to people — speaking with them and sharing those moments you have before it's over."

— Efren Ramirez, Pedro in 'Napoleon Dynamite'

Ramirez added the movie really encapsulates friendship and struggles and has allowed viewers to find their truth.

"Being a good actor comes down to being a good person and speaking your truth," he said. "It's about relating to people — speaking with them and sharing those moments you have before it's over."

Ramirez loves meeting fans and said seeing the extensive merch honoring "Napoleon Dynamite" has really cemented how big this film became. Regardless of age, "Napoleon Dynamite" has made movie lovers laugh for 15 years.

"When you're seeing yourself as a bobblehead and there are costumes, clothing, mugs, everything you can imagine dedicated to the movie and with your face, it's pretty cool," he concluded. "You realize you did that and you were able to relate to so many people."

#VoteForPedro.



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From page B1 ...

Bostwick

Surprising behavior towards the Tony Award-winning actor, who originated the role of Danny Zuko in the stage production of "Grease." He later earned his hardware for Best Actor in a Musical in "The Robber Bridegroom." He earned a Golden Globe for Best Supporting Actor in the 1989 television mini-series "War and Remembrance." He also has the distinction of portraying George Washington twice, earning a Peabody Award in the process.

"I don't know how I ever got the job," Bostwick said. "If they ever seen me, if they had seen Brad Majors running around in five-inch high heels, they probably would have had a second thought about that."

Bostwick will appear at the Palace Theatre next Monday, Oct. 21, for a special showing of "The Rocky Horror Picture Show." The showing of the cult classic film is a celebration of a 10 year partnership between The Kids of Albany and the Palace Theatre. The night will include Bostwick, his underwear, Bostwick in his underwear, singing, costumes and virgin shaming.

Bostwick plays a straight-laced, "young Republican" in Majors, who plays opposite to Susan Sarandon's Janet Weiss. The two are a newly engaged couple who happen upon a castle as they try to find help when their car suffers a flat tire on a cold, rainy night in the country. In the castle, they stumble upon a peculiar convention of people that includes Tim Curry's Dr. Frank-N-Furter, a sweet transvestite from Transsexual, Transylvania.

People have tried to tie the film's popularity to the LGBT movement. Just the mention of the film conjures either Curry's ruby red lips or his legs in fishnet stockings and suspenders. There's also some noteworthy bed-hopping throughout the movie, too. But, Bostwick said he does not believe that was anyone's intent when the movie was made.

"It's just sex, drugs, and rock and roll," Bostwick said. "You can't go wrong with that. Every generation is drawn to that kind of freedom, and to that pure enjoyment and fun."

"The Rocky Horror Picture Show" has been an

interactive experience for more than 40 years. Critics hated it when it was first released in 1975. But, it quickly developed into something of its own through midnight showings in New York City and Pittsburgh. In Greenwich Village, patrons of the Waverly Theater took to talking back to the screen while dressed as a character from the movie. It was the start of the "shadow cast."

The origin of the shadow cast is credited to the King's Court Theater in Pittsburgh. In addition to dressing in character, audience members would quietly perform in front of the film while lip-synching dialogue. The idea caught on in other cities and has evolved over the years with fans shouting back lines not in the film; for example, the habit of calling Bostwick an "a-hole" whenever his Majors appears on screen.



BOSTWICK

The rebellious audience behavior paired with the make-up and cross dressing theme shared by the music world have married the film to punk. Bostwick said some inspiration was drawn from David Bowie's androgynous stage persona, Ziggy Stardust. Since then, pairing an elegant top hat or military jacket - juxtaposed with studded leather and ripped clothing has been a staple in punk music.

"The movie has a certain element of innocence that I think people are drawn to," Bostwick said. "They can see themselves in one character or another, and they can throw crap at themselves."

Rocky Horror is the longest-running theatrical release in film history. Bostwick has attended a countless number of shows. To the shows in which he's expected to attend, fans know they will find him selling autographed pairs of "tighty whities." For him, it's been a career full of wonderful contrasts. This holiday season, you can expect to see him in a Hallmark movie dressed as Santa Claus.

"I've done really wonderful, crappy things and honest, honorable things," said Bostwick, now 74. "It's what keeps me interested in doing what I do. It's never just one thing. I love to sell my underwear at these things because I like to see people laugh... They'll look at my underwear — I have it framed in a shadow box I bought at Goodwill — but, then they'll look at a picture of me as George Washington... next to my underwear."

WHAT'S HAPPENING NOW

Just One Look:

A Tribute to Linda Ronstadt

Caffe Lena — Friday, Oct. 18

SARATOGA SPRINGS — Caffe Lena will host Just One Look: A Tribute to Linda Ronstadt on Friday, Oct. 17 at 8 p.m.

On the heels of the recently-released documentary, Linda Ronstadt: The Sound of My Voice, Capital Region artists pay tribute to this folksinger whose love of music and extraordinary vocal gifts turned her into a super-star pop artist. After the break-up of her original '60s folk band Stone Poneys, Ronstadt fast-forwarded into a career of stunning achievement. The '70s saw her forming top-selling band The Eagles. The '80s brought her a new identity as The Queen of Rock. Her long string of platinum records included three albums of standards with the Nelson Riddle Orchestra, an album of mariachi standards, and a trio project with Dolly Parton and Emmylou Harris.

For tickets, visit www.eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

Karl Denson's Tiny Universe w/s/g the Big Takeover

Putnam Place — Friday, Oct. 18

SARATOGA SPRINGS — Karl Denson's Tiny Universe w/s/g the Big Takeover will perform at Putnam Place on Friday, Oct. 18 at 9 p.m.

Singer and saxophonist Karl Denson fronts the Tiny Universe as if he's preaching the gospel. His energy and spirit are contagious while his songwriting serves a larger message of fellowship—across generations, genders, religions and cultures. Not surprisingly, he's none too pleased with the current state of political discourse. Thus the reason why KDTU's new album, Gnomes & Badgers, out now on Seven Spheres Records, is Denson's hard-grooving answer to these tragically divisive times.

For tickets, visit www.ticketbud.com.

Putnam Place is located at 63a Putnam St., Saratoga Springs.

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WHAT'S HAPPENING NOW

Sten & Maria Z

The Linda — Friday, Oct. 18

ALBANY — Sten & Maria Z will perform at The Linda on Friday, Oct. 18 at 8 p.m.

Guitarist/mandolinist, Sten Isachsen and guitarist/composer, Maria Zemantauski, have delighted audiences around the globe as soloists and in various ensembles for decades. Together, this dynamic string duo celebrate their eclectic musical tastes -- fiery flamenco, classical, Latin, roots and bluegrass -- to create a vibrant, rich and refreshing sound. Their rhythmically driven repertoire takes the listener on a journey of traditional classics, innovative arrangements and stunning original compositions.

For tickets, visit www.eventbrite.com.

The Linda is located at 339 Central Ave., Albany.

The Turbos

Savoy Taproom — Friday, Oct. 18

ALBANY — The Turbos will perform at Savoy Taproom on Friday, Oct. 18 at 10 p.m.

The Turbos' high-octane, adrenaline fueled heroics have taken them from newcomers to fan favorites in the growing Columbus, Ohio rock scene. Combining shredding guitar virtuosity with soaring, anthemic vocals, co-frontmen Alex D. and Lucas Esterline never fail to impress. With the multi-talented Cameron Reck on bass, and new addition Jahrie punishing the skins like a man possessed, the Turbos are poised to spark a revolution for a new generation of rockers.

Savoy Taproom is located at 301 Lark St., Albany.

PICK OF THE WEEK

Young and hip

At 25, Veronica Swift has established a name for herself in the jazz world

SCHENECTADY — Chris Botti warned a sold-out Troy Savings Bank Music Hall crowd to watch out for her back in May.

The Grammy Award-winning jazz musician was referring to Veronica Swift. He provided the young jazz singer center stage in front of his band, and for a moment, it was a full-fledged Veronica Swift show.

Swift has catapulted herself atop the jazz world since earning second place at the prestigious Thelonious Monk Jazz Competition in 2015. The following year, she headlined her own show at the Tribeca Performing Arts Center in New York City. She followed that with a guest appearance with Michael Feinstein at Jazz at Lincoln Center.

Swift dropped her debut studio album "Confessions" through Mack Avenue Records this summer. The daughter of bebop pianist Walter "Hod" O'Brien, Swift is impressing people on her own merits. O'Brien, who died in 2016, has an influence on Swift's studio release. Many of the tracks focus on the topic of coping with her father's death.

Swift will play The Great Hall in Schenectady, on Friday, Oct. 18, at 7:30 p.m.

— Michael Hallisey



Veronica Swift, as she performed at the Troy Savings Bank Music Hall in May.

Michael Hallisey / TheSpot518

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\$19.99 lunch for two special

two mixed green salads, two entrees & two non-alcoholic beverages (a \$30 value)
Grappa '72 Ristorante

With this ad only. Valid 7 days a week for up to six people. Lunch only. Some restrictions apply. Extra charge applied if your entire order is over \$12. Not valid on holidays or during any special events. Does not include tax or gratuity. No substitutions. Expires 11/5/19.

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CLUBS

9 Maple Avenue
9 Maple Ave., Saratoga Springs.
www.9mapleave.com
Fri: Darren Lyons Trio, 9 p.m.
Sat: Jon LeRoy Trio, 9 p.m.

Athos
1814 Western Ave., Albany.
518-608-6400
Fri: Carmen Lookshire & Life's Guilty Pleasures, 6:30 p.m.

Black Bear Inn
310 19th St., Watervliet.
518-272-9486
Wed: Trivia Night, 7:30 p.m.
Tues: Talent Scout Open Mic

Caffè Lena
47 Phila St., Saratoga Springs.
518-583-0022
Wed: Bluegrass Jam, 6:30 p.m.
Thurs: The Burning Hell w/ The Useless Cans, 7 p.m.
Fri: A Tribute to Linda Ronstadt, 8 p.m.
Sat: Ariana Gillis Album Release, 8 p.m.
Sun: Iberi Choir, 7 p.m.
Mon: Open Mic Night, 7 p.m.

Carney's Tavern
17 Main St., Ballston Lake.
518-280-7959
Thurs: Matty Finn, 6 p.m.
Fri: Scott Simpson, 7:15 p.m.
Sat: Dos Amigos, 7:15 p.m.

Centre Street Pub
308 Union St., Schenectady.
518-393-2337
Fri: Late Night Philosophers, 9 p.m.

City Sports Grille
c/o Spare Time Clifton Park
1668 U.S. 9, Clifton Park
518-371-4000
Sat: Doug Villano Band, 8 p.m.

Eden Cafe
269 Osborne Road #3, Albany
518-977-3771
Mon: FRIENDS Painting Party, 6 p.m.

Emack & Bolio's
366 Delaware Ave., Albany.
518-512-5100
Fri: Hoot Owl Moon, 7 p.m.
Sat: Gross & Hart, 7 p.m.
Tues: Open Mic, 7 p.m.

Fort Orange Brewing
450 North Pearl St., Menands.
518-992-3103
Wed: Fall Corn Hole League, 6 p.m.
Thurs: Benefit for SOR Houseband, 6 p.m.
Sat: Two Year Anniversary Bash, 5 p.m.

Fuze Box
12 Central Ave., Albany.
518-703-8937
Thurs: Johnny Booth / Moon Tooth / Cryptodira / Sunflo'er, 6:30 p.m.
Fri: Body Shine, 9 p.m.
Sat: Independent Artist Experience, 8:30 p.m.
Sun: Merauder Leeway, 5 p.m.

Gaffney's
16 Caroline St., Saratoga Springs.
518-587-7359
Sun: NFL Party w/ DJ Dread, 1 p.m.
Tues: Open Mic Nights w/ Rick Bolton, 7 p.m.

Grappa '72
818 Central Ave., Albany.

HOT SPOTS EVENTS CALENDAR



A day for all

The Empire State Plaza will host the 48th Annual Festival of Nations on Sunday, Oct. 20, from 11:30 a.m. to 5 p.m. The day set aside to bring people of all nations together to form one community will exhibit foods, clothing and dances from all heritages.

Festival of Nations Albany

518-482-7200
Wed: Hamilton Street Jazz Company, 6:30 p.m.
Thurs: Hamilton Street Jazz Company, 6:30 p.m.
Fri: Annette Harris & Azzaam Hameed, 6 p.m.

Hamlet and Ghost
24 Caroline St., Saratoga Springs.
518-450-7287
Wed: Hot Club of Saratoga Trio, 7 p.m.

Hangar on the Hudson
675 River St., Troy
518-272-9740
Sun: Dale Watson & His Lonestars, 8 p.m.

The Hollow Bar + Kitchen
79 No. Pearl St., Albany.
518-426-8550
Thurs: YOGA on TAP, 5:30 p.m.

J.J. Rafferty's
847 New Loudon Rd., Latham.
518-783-6800
Wed: Trivia, 7:30 p.m.
Fri: Karaoke, 7 p.m.
Sat: DJ Set, 9 p.m.

Jessica Stone's
738 New Loudon Rd., Latham.
518-785-8536
Wed: Talent Scout Open Mic, 8 p.m.
Thurs: Big Crunch Bingo, 7 p.m.
Fri: Trivia Live, 7 p.m.

The Low Beat
335 Central Ave., Albany
518-432-6572
Fri: Punk Rock Halloween, 8 p.m.
Sat: Daivitt, 8 p.m.

LT's Grill
2305 Nott St. E., Niskayuna.
518-374-7455
Wed: Catch the Mania Trivia, 7 p.m.
Thurs: TBA, 6:30 p.m.

Lucas Confectionery
12 2nd St., Troy.
518-326-3450
Mon: Joe Barna Trio or Quartet, 7 p.m.

Mocha Lisa's Caffe
Clifton Park Center,
22 Clifton Country Road, Clifton Park.
518-383-5373
Wed: Open Mic Night, 6:30 p.m.
Fri: Charlie Smith, 7 p.m.
Sat: Abbey McGrath, 7 p.m.

Moon and River Cafe
115 S. Ferry St., Schenectady
518-382-1938
Wed: Tom Palkovic, 6 p.m.
Thurs: Next Chapter, 7 p.m.
Fri: Chris Holder & Leo Fleischman, 7 p.m.
Sat: Dave & Johnny, 7 p.m.
Sun: Rockstar Open Mic, 7:30 p.m.
Mon: 'S Wonderful, 7 p.m.
Tues: Susan Parisi, 7 p.m.

Mouzon House
1 York St., Saratoga Springs.
518-226-0014
Thurs: Hot Club of Saratoga Trio, 6 p.m.
Fri: Mark Tolstrup & The Dixie Boys, 6 p.m.
Sun: Shiri Zorn Trio, 6 p.m.

O'Slattery's Irish Restaurant & Pub
318 Delaware Ave., Delmar
518-439-5634
Fri: Pop-Up Piano Bar, 7 p.m.

Panza's
129 So. Broadway, Saratoga Springs.
518-584-6882
Fri: Larry Finke, 7 p.m.
Sat: Azzaam Hameed, 7 p.m.
Sun: Sinatra & Friends, 5 p.m.

The Parting Glass
40-42 Lake Ave., Saratoga Springs.
518-583-1916
Wed: Irish Celtic Session, 7 p.m.
Mon: Irish Stepdancing Lessons, 5:30 p.m.
Tues: Dart League, 7 p.m.

Pauly's Hotel
337 Central Ave., Albany.
paulyshotel.com
Thurs: The Turbos / We're History / Heart Tattoo, 8:30 p.m.
Fri: Ebro's Feel Me EP Release Party, 8 p.m.
Sat: The Molice / The Beautiful Bastards

/ +1 TBA, 8 p.m.
Sun: HarborLights / Grape Juice / The Grieving Ghosts, 8:30 p.m.
Mon: The Astounds / Neighborhood of Make Believe / Taylor Wing, 7:30 p.m.
Tues: Smokey Karaoke, 8:30 p.m.

Provence
1475 Western Ave.,
Stuyvesant Plaza, Albany
518-689-7777
Fri: Take Two Trio, 6 p.m.
Sat: Linda Harrison, 6 p.m.

Putnam Place
63a Putnam St., Saratoga Springs.
518-584-8066
Thurs: Perpetual Groove w/s/g Glass Pony, 8 p.m.
Fri: Karl Denson's Tiny Universe, 9 p.m.
Sat: Yonder Mountain String Band w/s/g The Drunken Hearts, 7 p.m.

Rustic Barn Pub
150 Speigletown Rd., Troy.
518-235-5858
Wed: Trivia & Ladies Night, 7 p.m.
Thurs: Open Mic w/ Brian Kane, 8 p.m.
Fri: The Lustre Kings, 8 p.m.
Sat: The Bear Bones 10th Anniversary Celebration, 8 p.m.

Sake Japanese Steakhouse
611 Troy-Schenectady Rd., Latham.
518-785-7215
Sat: TBA, 7:30 p.m.

Salt & Char
453 Broadway, Saratoga Springs.
518-450-7500
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Saratoga City Tavern
19-21 Caroline St., Saratoga Springs.
518-581-3230
Thurs: Karaoke, 9 p.m.
Mon: Bingo, 8 p.m.
Tues: Trivia, 8 p.m.

Savoy Taproom
301 Lark Street, Albany.
518-599-5140
Wed: Laughs on Lark, 7:30 p.m.
Fri: The Turbos, 10 p.m.
Sat: Delphino / Universe No. 122 / Caribbean Crisis / Ugly Muppets, 9 p.m.

Skyloft
1 Crossgates Road, Albany.
518-869-5638
Thurs: PettyBreakers, 8 p.m.
Sat: Upstate, 8 p.m.
Sun: A Tribute to Eric Clapton, 7 p.m.

Speakeasy 518
42 Howard St., Albany.
518-449-2332
Thurs: Swing Night w/ Mike Jenkins & the Fat Ties, 9 p.m.
Fri: Boogaloo Night w/ Justin Henricks, 9 p.m.
Sat: Rich Syracuse, 9 p.m.

Stockade Inn
1 North Church St., Schenectady.
518-346-3400
Thurs: Colleen Pratt, 7 p.m.
Fri: TBA, 7 p.m.

Upstate Concert Hall
1208 NY-146 Ste 2, Clifton Park
518-371-0012
Thurs: Sonata Arctica & Battle Beast, 7 p.m.
Sat: Electric Feels, 9:30 p.m.

Van Slyck's
Rivers Casino & Resort
1 Rush St., Schenectady.
518-579-8800
Wed: Rockaoke, 7 p.m.
Fri: Pearl Jam Tribute, 8 p.m.
Sat: Wayne Brady, 8 p.m.
Sun: 2019 Catwalk for Kidneys, 10 a.m.

Vapor Night Club
342 Jefferson St., Saratoga Springs
518-581-5775
Thurs: Katie Manning SOLD OUT, 7 p.m.
Fri: The Refrigerators, 8 p.m.
Sat: Big Sky Country, 8 p.m.

Waterworks Pub
76 Central Ave., Albany.
518-465-9079
Wed: Wacky Wednesdays Drag Show, 11 p.m.
Fri: Friday Nights, 11 p.m.
Sat: Saturday Nights, 11 p.m.
Mon: Karao-Kiki Mondays, 10 p.m.

Wishing Well Restaurant
745 Saratoga Rd., Wilton.
518-584-7640
Fri: Dave Gleason, 6 p.m.
Sat: Noreen Pratt, 6 p.m.

Yono's
25 Chapel St., Albany.
518-436-7747
Fri: Hamilton Street Jazz Duo, 6:30 p.m.
Sat: Frank Mastan, 6:30 p.m.



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Tune up and go

Putnam Place will host Yonder Mountain String Band w/s/g The Drunken Hearts on Saturday, Oct. 19 at 7 p.m. Also scheduled to play will be The Drunken Hearts.

Michael Hallisey / The Spot 518

MUSIC

Albany Symphony Presents: Pictures of an Exhibition

The Palace Theatre will host Albany Symphony Presents: Pictures of an Exhibition on Saturday, Oct. 19 at 7:30 p.m. The Albany Symphony celebrates our great musical heritage. Through brilliant live performances, innovative educational programming, and engaging cultural events, the Albany Symphony enriches a broad and diverse regional community. In addition, by creating, recording, and disseminating the music of our time, the Albany Symphony is establishing an enduring artistic legacy that is reshaping the nation's musical future. For tickets, visit www.ticketmaster.com. The Palace Theatre is located at 19 Clinton Ave., Albany.

The Burning Hell w/s/g The Useless Cans

Caffe Lena will host The Burning Hell w/s/g The Useless Cans on Thursday, Oct. 17 at 7 p.m. Smart and sassy as heck, The Burning Hell is a folk-punk trio from Prince Edward Island, Canada. Named after a religious tract handed to frontman Mathias Kom by a wide-eyed zealot in Toronto, the band plays songs about seagulls, the government, shopping malls, and the similarities between love and hurricanes. They are idiosyncratic and unclassifiable, united by Kom's singular outlook on the world: wise and naive, cynical and life-affirming, full of brilliant, unexpected narratives and a deeply felt generosity of spirit. For tickets, visit www.eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Dale Watson & His Lonestars

Dale Watson & His Lonestars will perform at Hangar on the Hudson on Sunday, Oct. 20 at 8 p.m. The silver pompadoured, baritone belting, Lone Star beer drinkin', honky-tonk hellraiser returns to Troy. For tickets, visit dalewatson.brownpapertickets.com. Hangar on the

Hudson is located at 675 River St., Troy.

Delphino

Delphino, Universe No. 122, Caribbean Crisis and Ugly Muppets will perform a free show at Savoy Taproom on Saturday, Oct. 19 at 9 p.m. Savoy Taproom is located at 301 Lark St., Albany.

Ariana Gillis

Ariana Gillis will perform her album release show at Caffe Lena on Saturday, Oct. 19 at 8 p.m. Canadian singer-songwriter Ariana Gillis is back in Saratoga with a new album, *The Maze*. Gillis' yearning voice, unguarded emotion and irresistible hooks have won over even the toughest critics: Dave Marsh, the "dean of American rock writers," admits to being her biggest fan. Bernie Taupin, Elton John's lyricist says: "Her stage presence is the most visually grabbing I've ever seen." For tickets, visit www.eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Iberi Choir

Iberi Choir will perform at Caffe Lena on Sunday, Oct. 20 at 7 p.m. Hailing from the Republic of Georgia, this stunning polyphonic male choir takes the stage in black coats and boots, with rows of cartridges on their chests and long knives on their belts. Without doubt they're prepared to defend their vocal tradition, which is on UNESCO's list of Oral and Intangible Masterpieces of Humanity. They sing in gorgeously rich, shifting blocks of improvised harmony, sometimes with wild, crowing falsetto over the growling basses and soaring tenors. For tickets, visit www.eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Eilen Jewell

Eilen Jewell will perform at The Linda on Sunday, Oct. 20 at 8 p.m. merican Songwriter describes Eilen Jewell as "one of America's most intriguing, creative and idiosyncratic voices." The Boise, Idaho songwriter is one of a kind. That singular voice springs forth from

a woman of more than one mind, and she taps into many of them on *Gypsy* (August, 2019 Signature Sounds Recordings). By turns personal and political, pissed off and blissed out, Jewell's first album of original material since 2015 expands brief moments of joy into lifetimes, and distills epic sentiments and persistent doubts into succinct songs. For tickets, visit www.eventbrite.com. The Linda is located at 339 Central Ave., Albany.

Journeyman

A Tribute to Eric Clapton

Skyloft will host Journeyman — A Tribute to Eric Clapton on Sunday, Oct. 20 at 7 p.m. Fifty years of music to choose from: "Layla," "Badge," "The Core," "White Room," "Lay Down Sally," "Tulsa Time," "Cocaine" and many more. Journeyman — The only nationally touring tribute to Eric Clapton; fronted by Shaun Hague (Kenny Wayne Shepherd, Amos Lee, John Waite), Journeyman has become the No. 1 tribute to Clapton in a very short amount of time. For tickets, visit www.eventbrite.com. Skyloft is located at 1 Crossgates Mall Road, Albany.

Just One Look:

A Tribute to Linda Ronstadt

Caffe Lena will host Just One Look: A Tribute to Linda Ronstadt on Friday, Oct. 17 at 8 p.m. On the heels of the recently-released documentary, *Linda Ronstadt: The Sound of My Voice*, Capital Region artists pay tribute to this folksinger whose love of music and extraordinary vocal gifts turned her into a super-star pop artist. After the break-up of her original '60s folk band Stone Poneys, Ronstadt fast-forwarded into a career of stunning achievement. The '70s saw her forming top-selling band The Eagles. The '80s brought her a new identity as The Queen of Rock. Her long string of platinum records included three albums of standards with the Nelson Riddle Orchestra, an album of mariachi standards, and a trio project with Dolly Parton and Emmylou Harris. For tickets, visit www.eventbrite.com.

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	51									52				

CLUES ACROSS

- Computer key
- Periodical (abbr.)
- Hot beverage
- Capital of Ghana
- Shrek is one
- Behemoth
- Good friend
- Form of "to be"
- Where travelers rest
- European country
- Everyone has one
- Pop
- Feelings of anxiety
- Small amount
- Moved quickly
- Common name for a type of frog
- Free from psychological disorder
- 8th month (abbr.)
- Basics
- Transcending national boundaries
- Natives of Kashmir
- Returned material authorization (abbr.)
- Cigar wrapper
- Brew
- Popular video game series
- Abba __, Israeli politician
- Jewelled headdress
- French cleric
- Bizarre
- Unit of measurement
- Foul-mouthed Hollywood bear
- "Partridge Family" actress

CLUES DOWN

- Type of bomb
- Smooth
- Clothing pattern
- Defunct phone company
- Something to take
- Type of piano
- Consumed
- "Pitch Perfect" actress Kendrick
- Pitch-finned fish
- Heat storage stove
- Shrink back
- Yukon Territory
- Connects words
- Sound unit
- Furniture with open shelves
- Cool!
- 007's creator
- Source of the Nile River
- Not safe, but ...
- Helps little firms
- Comedienne Gasterayer
- Conceptualize
- Root mean square (abbr.)
- Integrated circuit
- Evergreen trees and shrubs genus
- Apprehended
- Suitable for growing crops
- Isolated
- Footwear company
- Electronic intelligence gathering
- Political action committee
- Free of

Answers on Pg. B21

eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Karl Denson's Tiny Universe w/s/g the Big Takeover

Karl Denson's Tiny Universe w/s/g the Big Takeover will perform at Putnam Place on Friday, Oct. 18 at 9 p.m.

Singer and saxophonist Karl Denson fronts the Tiny Universe as if he's preaching the gospel. His energy and spirit are contagious while his songwriting serves a larger message of fellowship—across generations, genders, religions and cultures. Not surprisingly, he's none too pleased with the current state of political discourse. Thus the reason why KDTU's new album, *Gnomes & Badgers*, out now on Seven Spheres Records, is Denson's hard-grooving answer to these tragically divisive times.

For tickets, visit www.ticketbud.com. Putnam Place is located at 63a Putnam St., Saratoga Springs.

Perpetual Groove w/s/g Glass Pony

Putnam Place will host Perpetual Groove w/s/g Glass Pony on Thursday, Oct. 17 at 8 p.m. Perpetual Groove based in Athens, GA, rides an unending wave of momentum buoyed by an enthusiastic fan base and international critical acclaim. PGroove's music has evolved into a genre-bending, highly original sound that touches upon jazz-rock, neo-psychedelia, R&B, trance electronica, progressive rock, and anthemic arena rock. For tickets, visit www.eventbrite.com. Putnam Place is located at 63a Putnam St., Saratoga Springs.

PettyBreakers

Skyloft will host PettyBreakers on Thursday, Oct. 17 at 8 p.m. Based out of Southern California, PettyBreakers is comprised of veteran musicians with

decades of experience performing in tribute acts, and recording and performing with international bands like The Rembrandts and The Gin Blossoms. For tickets, visit www.eventbrite.com. Skyloft is located at 1 Crossgates Mall Road, Albany.

Sten & Maria Z

Sten & Maria Z will perform at The Linda on Friday, Oct. 18 at 8 p.m. Guitarist/mandolinist, Sten Isachsen and guitarist/composer, Maria Zemantauski, have delighted audiences around the globe as soloists and in various ensembles for decades. Together, this dynamic string duo celebrate their eclectic musical tastes -- fiery flamenco, classical, Latin, roots and bluegrass -- to create a vibrant, rich and refreshing sound. Their rhythmically driven repertoire takes the listener on a journey of traditional classics, innovative arrangements and stunning original compositions. For tickets, visit www.eventbrite.com. The Linda is located at 339 Central Ave., Albany.

The Turbos

The Turbos will perform at Savoy Taproom on Friday, Oct. 18 at 10 p.m. The Turbos' high-octane, adrenaline fueled heroics have taken them from newcomers to fan favorites in the growing Columbus, Ohio rock scene. Combining shredding guitar virtuosity with soaring, anthemic vocals, co-frontmen Alex D. and Lucas Esterline never fail to impress. With the multi-talented Cameron Reck on bass, and new addition Jahrie punishing the skins like a man possessed, the Turbos are poised to spark a revolution for a new generation of rockers. Savoy Taproom is located at 301 Lark St., Albany.

Upstate

Skyloft will host Upstate on Saturday,



A picture is worth a thousand notes

The Palace Theatre will host Albany Symphony Presents: Pictures of an Exhibition on Saturday, Oct. 19 at 7:30 p.m. For tickets, visit www.ticketmaster.com.

Albany Symphony

Oct. 19 at 8 p.m. For Upstate, the last few years have been a time of profound exploration and self-discovery. As the band knocked off milestone after milestone on the road, their sound, their lineup, and even their name all underwent dramatic metamorphoses. Challenging and thrilling all at once, those changes have finally culminated in the sextet's dazzling new album, a

collection that showcases both their remarkable growth and their adventurous blend of folk, R&B, jazz, gospel, and rock and roll. For tickets, visit www.eventbrite.com. Skyloft is located at 1 Crossgates Mall Road, Albany.

Jackie Venson

Jackie Venson will perform at The Linda on Wednesday, Oct. 16 at 8 p.m. Enthralled with music since the age of 8,

this young singer/songwriter/musician instantly captures your attention with a vibrant musical soul and passionate control of her instruments, that reach far beyond her tender age. As she mindfully blends Blues, Rock, R&B, Soul and more. For tickets, visit www.eventbrite.com. The Linda is located at 339 Central Ave., Albany.

Yonder Mountain String Band

w/s/g The Drunken Hearts

Putnam Place will host Yonder Mountain String Band w/s/g The Drunken Hearts on Saturday, Oct. 19 at 7 p.m. For the past 20 years, Yonder Mountain String Band has redefined bluegrass music, expanding the traditional acoustic genre beyond its previously established boundaries by steadily pushing the envelope into the realms of rock n'


WAMC's Performing Arts Studio | 339 Central Ave Albany, NY 12206 | thelinda.org







Jackie Venson

Oct 16 | 8 pm | \$15 in advance, \$18 at door







Sten & Maria Z

Oct 18 | 8 pm | \$18 in advance, \$22 at door



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Rochmon Record Club
Oct 17 | 7:30 pm | \$10

ASBURY SHORT FILM CONCERT

Asbury Short Film Concert
Oct 19 | 8 pm | \$12



Anticipation

Barry Bostwick joins the Capital District's creatures of the night for a Q&A and special viewing of the cult classic film "The Rocky Horror Picture Show" on Monday, Oct. 21, at the Palace Theatre.

Provided photo

roll and improvisation. YMSB—guitarist Adam Aijala, bassist Ben Kaufmann, banjo player Dave Johnston, Jacob Joliff on mandolin and violinist Allie Kral—has always played music of their own design, in the process attracting a devout following of fans that often resembles a tight-knit family on an epic musical journey as Yonder traverses the country with an ambitious tour schedule. For tickets, visit www.eventbrite.com. Putnam Place is located at 63a Putnam St., Saratoga Springs.

FILM

The Rocky Horror Picture Show

The Palace Theatre will host The Rocky Horror Picture Show on Monday, Oct. 21 at 7 p.m. The Kids of Albany and the Palace Theatre celebrate 10 years together with another incredible night of Rocky Horror at the Palace. It wouldn't be a proper anniversary without a few surprises. For tickets, visit www.ticketmaster.com. The Palace Theatre is located at 19 Clinton Ave., Albany.

FAMILY

Delmar Farmers Market

Enjoy the fall weather and shop from various local vendors at the Delmar Farmers Market on Saturday, Oct. 19, from 9 a.m. to 1 p.m. The Delmar Farm-

ers Market features local, organic and natural farm products, baked goods, local and fair trade crafts, and fine musical performances. All vendors come from within 35 miles of the market, and everyone is committed to sustainable production and packaging. The Delmar Farmers Market is open every Saturday, rain or shine, from 9 a.m. to 1 p.m., May through December, at the Bethlehem Central Middle School. The Delmar Farmers Market is located at the Bethlehem Central Middle School at 332 Kenwood Ave. in Delmar.

Troy Farmers Market

The Troy Farmers Market continues to take the streets this Saturday, Oct. 19, from 9 a.m. to 2 p.m. Now in its 20th outdoor season, the Troy Waterfront Farmers Market features more than 100 producer-only vendors, offering fresh local produce, organic dairy, heritage meats, fish, prepared food and craft beverages. New this summer, the market has added 15 additional vendors most of whom can be found in a newly expanded area on Lower River Street. Additionally, the market has introduced a new layout that affords more space between vendors to promote clearer passage to certain storefronts and improved accessibility for all, while maintaining an urban street festival vibe. The Troy Waterfront Farmers Market is held year-round, every Saturday, rain or shine, from 9

a.m. to 2 p.m. The summer market is held outdoors, May through October, on River Street and around Monument Square in downtown Troy. For information, including a full vendor list, visit: <https://www.troymarket.org/>.

EXHIBIT

A Brilliant Bit of Color: The Work of Walter Launt Palmer

The Albany Institute of History and Art will be displaying the largest public collection by artist Walter Launt Palmer (1854–1932), son of Albany sculptor Erastus Dow Palmer June 22 through Dec. 31. It includes oil and watercolor paintings, pastels, pencil drawings, a rare painted ceramic cup, as well as letters and photographs. A new exhibition at the Albany Institute offers a visual overview of Palmer's life, travels, and artistic output. The exhibition includes works from all three of Palmer's major series: the early interior views where Palmer lavished attention on the textiles, ceramics, furniture, and wall decorations that filled well-furnished homes; his Venetian scenes that capture the luxuriant colors of the sea, sky, and buildings of this island city; and the snow scenes that continue to enchant viewers with their masterful tonal subtleties. Drawings, photographs, and ceramics accompany the exhibition. The Albany Institute of History and Art is located at 125 Washington Ave, Albany.

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Answers on Pg. B21

CLEMENT

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Saturday, Oct. 26 9PM

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Sunday, Oct. 27 7PM

Los Straitjackets
Thursday, Oct. 31 8PM

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■ HEALTH & FITNESS

One for you, two for me

What to know about food portions

Portion control is a big part of a healthy diet. In fact, the National Institute of Diabetes and Digestive and Kidney Diseases notes that, when it comes to maintaining a healthy weight, how much food a person eats is just as important as what he or she eats.

No two people are the same, so a portion that's satisfying and healthy for one person won't necessarily be the same for another person. Answering some common questions about food portions can help people understand this vital component of a healthy lifestyle.

What is the difference between portions and servings?

The NIDDK notes that a portion is how much food a person chooses to eat at one time, while a serving size is the amount of food listed on the Nutrition Facts label. The portions a person eats may or may not match a serving size. That's because a healthy portion size is typically based on various factors, such as age, weight and gender, unique to individuals.

Should calories come into play when determining healthy portion sizes?

Calories definitely merit consideration

when determining healthy portion sizes. However, the amount of calories a person needs is based on a number of factors, including how physically active that person is. The NIDDK notes that a 150-pound woman who exercises vigorously throughout the week will need more calories than a woman about the same size who is not as physically active. When trying to determine their calorie needs, men and women should consult with their physicians, who will consider their lifestyle, age, medical history, and other factors before advising patients about how much they should eat.

What if I am still hungry after reducing portion sizes?

It's likely that people accustomed to big portions will still be hungry as their bodies adjust to reduced portion sizes. In such instances, people can try taking more time to eat. Even if there's less food on the plate, eating slowly gives the brain a chance to receive the message that the stomach is full. According to the NIDDK, it can take as long as 15 minutes for that message to make its way to the brain. Eating slowly reduces the risk of overeating, and you may even be surprised to learn that a smaller portion size than you're used to is all you really need to feel satisfied.

Portion control is a great way to get healthy and maintain a healthy weight.

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Brian Sipperly
 Licensed Real Estate Salesperson
 (cell) 518.545.8737
 BrianSipperly@hannacre.com
 Civil Engineer and Land Surveyor specializing in mixed-use, industrial, medical and multi-family, senior housing, land development and permitting processes.

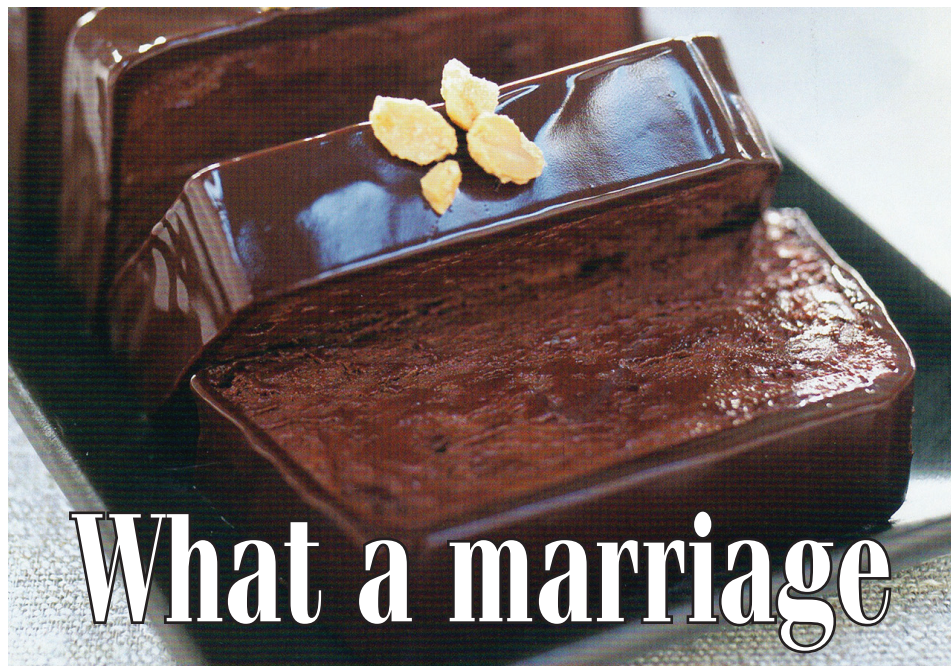
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 RaviModasra@hannacre.com
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FOOD & VINO



What a marriage

Few dessert pairings are as beloved as chocolate and peanut butter. These are strong flavors that are coveted on their own, and especially so when eaten together. When packed in a decadent terrine, peanut butter and chocolate take indulgence to new heights.

Whether hosting a gathering at home or preparing a dessert for family, this recipe for “Chocolate-Peanut Butter Terrine with Sugared Peanuts” from “Classic Stars Desserts” (Chronicle Books) by Emily Luchetti is sure to please. For best results, use chocolate with 58 to 62 percent cacao, rather than a chocolate of

higher percentage.

Chocolate-Peanut Butter Terrine with Sugared Peanuts

Ingredients: Yields eight servings

Terrine

- 11 ounces bittersweet chocolate, finely chopped
- 1 ounce unsalted butter
- 6 tablespoons creamy peanut butter
- 4 large egg yolks
- 1/4 cup granulated sugar

1 3/4 cups whipping cream

Glaze

- 4 ounces bittersweet chocolate, finely chopped
- 2 1/2 ounces unsalted butter
- 2 teaspoons light corn syrup

Sugared Peanuts

- 1 large egg white
- 6 tablespoons granulated sugar
- 1 1/2 cups unsalted peanuts

Spray an 8 1/2-by-4 1/2-by-2 3/4-inch loaf pan with nonstick spray. Line the sprayed pan with plastic wrap, allowing a 1 1/2-inch overhang on all sides.

In a stainless-steel bowl, combine the chocolate, butter, and peanut butter. Place the bowl over a pan of simmering water, making sure the bottom of the bowl does not touch the water. Heat, stirring occasionally, until the chocolate and butter melt. Remove from the heat and whisk until smooth.

Combine the egg yolks and sugar in the bowl of a stand mixer fitted with the whip attachment and whip on high speed until thick, about 1 minute. Remove the bowl from the mixer stand. Using a wooden spoon, stir in the chocolate mixture in 3 equal additions. The mixture will be quite thick.

In a separate bowl, whisk the cream until it starts to thicken. Using a spatula, fold the cream into the chocolate mixture in 4 equal additions. Spread the batter in the prepared pan. Cover with the plastic wrap overhanging the sides and refrigerate until firm, at least 4 hours.

To unmold the terrine, fold back the

plastic wrap and invert the pan onto a wire rack. Pull on a corner of the plastic wrap to release the terrine from the pan. Lift off the pan and carefully remove the plastic wrap. Line a baking sheet with parchment paper and place the rack on it. Return the terrine to the refrigerator while you make the glaze.

To make the glaze, in a stainless-steel bowl, combine the chocolate, butter and corn syrup. Place the bowl over a pan of simmering water, making sure the bottom of the bowl does not touch the water, and heat, stirring occasionally, until the chocolate and butter melt. Remove from over the heat and whisk until smooth. The glaze should be pourable but not so thin that it will run off the terrine. If the glaze is too thin, let it sit at room temperature for about 30 minutes.

Slowly pour the glaze evenly over the top of the terrine, allowing it to stream evenly down the sides. With an offset spatula, spread the glaze to cover the terrine smoothly and completely. Refrigerate until the glaze is set, about 30 minutes.

To make the sugared peanuts, preheat the oven to 350 F. In a bowl, whisk the egg white until frothy. Whisk in the sugar. Add the peanuts and mix until they are evenly coated with the mixture. Spread the peanuts in a single layer on a rimmed baking sheet and place in the oven. Toast the nuts, stirring them every 5 minutes, until dry and golden brown, 15 to 20 minutes.

To serve, transfer the terrine to a serving platter and arrange the sugared peanuts on top. Cut the terrine with a hot, dry knife.

HOROSCOPES

October 2019 Week 3

ARIES – MAR 21/APR 20

Sometimes you have to make others work to earn your affection, Aries. You can't make it easy for everyone, and that's fine. Set your own criteria for friendships.

TAURUS – APR 21/MAY 21

After several meaningful conversations with a confidante, your mind may be changed on an important topic, Taurus. Embrace this newfound perspective.

GEMINI – MAY 22/JUN 21

Gemini, even though you have been trying your hardest regarding a specific situation, you may have to take a new approach. You tried your best so don't let things get you down.

CANCER – JUN 22/JUL 22

Cancer, you often like to have all of your ducks in a row, but this week you may need to throw caution to the wind. People may be surprised at your spontaneity.

LEO – JUL 23/AUG 23

Listen carefully to what others are saying, Leo. You have to find the meaning between the words; otherwise, you can't get the bigger picture others are seeing.

VIRGO – AUG 24/SEPT 22

Let a few laughs out this week if the pressure builds, Virgo. You have been pushing yourself, and it's easy for stress to build up. Laughter is the best medicine for this.

LIBRA – SEPT 23/OCT 23

A celebration could be in your near future, Libra. You do not know the reason for the excitement just yet, but the details will slowly emerge. Enjoy the ride!

SCORPIO – OCT 24/NOV 22

Scorpio, you have some insider information that could get you into usually locked doors or special meetings. Use this to your advantage to get ahead this week.

SAGITTARIUS – NOV 23/DEC 21

Sagittarius, if you run into a spot of trouble, you can always use your charm to get out of it. You have a way with words, and it usually helps in a pinch.

CAPRICORN – DEC 22/JAN 20

You may choose to be understated in your approach to a relationship, Capricorn. However, those closest to you understand that bigger emotions are brewing beneath the surface.

AQUARIUS – JAN 21/FEB 18

A few deep breaths and a mantra that “everything will be okay” can help you sail through some pressures at work this week, Aquarius. The dust will soon settle.

PISCES – FEB 19/MAR 20

Pisces, if the right answers do not come to you promptly, then you may not be looking in the right places. Ponder the situation a bit



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Albany County

Bethlehem Public Library
451 Delaware Avenue, Delmar
Wednesday, October 23, 2019 2 pm

Courtyard by Marriott
1455 Washington Avenue, Albany
Wednesday, October 23, 2019 10 am

Hampton Inn
1442 Western Avenue, Albany
Monday, October 28, 2019 10 am & 2 pm

Holiday Inn Express & Suites
400 Old Loudon Road, Latham
Wednesday, October 16, 2019 10 am & 2 pm

Rensselaer County

Capital District YMCA
20 Community Way, East Greenbush
Friday, October 25, 2019 10 am
Tuesday, October 29, 2019 2 pm

Hilton Garden Inn
235 Hoosick Street, Troy
Tuesday, October 22, 2019 10 am & 2 pm

Saratoga County

Moreau Community Center
144 Main Street, South Glens Falls
Tuesday, October 22, 2019 1 pm

Saratoga Springs Public Library
49 Henry Street, Saratoga Springs
Wednesday, October 30, 2019 10 am

Schenectady County

Hampton Inn
450 State Street, Schenectady
Monday, October 21, 2019 10:30 am

Rotterdam Public Library
1100 N. Westcott Road, Schenectady
Friday, October 25, 2019 3 pm

Rotterdam Senior Center
2639 Hamburg Street, Rotterdam
Friday, October 18, 2019 10:30 am

To reserve your spot, call 1-833-368-4618 (TTY: 1-800-662-1220)
Monday–Friday, 8 am–6 pm Eastern Time. October 1–March 31, Saturdays, 8 am–12 pm.

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The annual election period for MVP Health Care Medicare Advantage health plans is Oct. 15–Dec. 7, 2019. MVP Health Plan, Inc. is an HMO-POS/PPO/MSA organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract renewal.

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■ TECHNOLOGY

I've got the spirit

What is virtual volunteering?

Millions of people across the globe volunteer every year. In fact, estimates from the United Nations Volunteers indicate 970 million people volunteered in 2018.

Busy working professionals may wonder how nearly one billion people across the globe find the time to volunteer. One way charitable men and women can pitch in even if they're pressed for time is to try their hand at virtual volunteering, which makes it possible to lend a hand without leaving home.

Charitable organizations will always need volunteers to pitch in on project sites, but they also need support in other areas. Virtual volunteers can help perform behind-the-scenes tasks that are essential to the survival of charitable organizations.

Nonprofit organizations can benefit greatly from virtual volunteers, who can perform tasks like website design and data entry from the comforts of home on their own time. Virtual volunteers also can help out during fundraising campaigns and strategizing sessions that can help organizations meet their goals. Anyone with a computer and internet access can become a virtual volunteer, regardless of how busy their schedule is. In fact, many working professionals may find it's easy to fit volunteering into their schedules if they do not have to travel to a project site or the office of a charitable organization.



Virtual volunteering also can make it possible for charitable men and women to help overseas organizations, helping to eliminate the hurdles created by geography and time zones.

Virtual volunteering can benefit volunteers as well as the organizations they help. Jayne Cravens, author of "The Last Virtual Volunteering Guidebook," spent years studying the benefits of virtual volunteering. Cravens ultimately concluded that virtual volunteering can benefit volunteers in various ways, including allowing them to volunteer with multiple causes and organizations and even affording them more time to volunteer. Cravens also discovered that virtual volunteering makes volunteering possible for disabled men and women or people who live in especially remote areas.

Men and women interested in becoming virtual volunteers should contact a favorite charity to discuss how they can begin lending a hand today.

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FILM REVIEW

Slow burn

“Joker” delivers poignant view at serious mental illness

By **KAITLIN LEMBO**
 lembok@spotlightnews.com

Let me start this off by saying I'm a massive fan of the Joker character. He is by far my favorite of the D.C. Comics villains and superheroes. Why? I don't know. I've always been drawn to the character and after watching Heath Ledger's amazing take on the killer clown, I was definitely hooked. I wasn't a fan of the Jared Leto take in “Suicide Squad,” so to hear the Joker was getting another go, this time one that would do the character some real justice, is phenomenal.

When I heard about “Joker” earlier this year, I was stoked; I was texting my best friend and dancing in my room. Those teaser trailers, though! I've had a countdown on my phone since I saw the first trailer. It doesn't help my cause that I'm a massive Joaquin Phoenix fan as well. Last Friday, my brother and I finally had a mutual night off and we took to the movie theater to catch the movie of the year.

Boy, oh boy, is it the movie of the year. In my opinion, we're looking at a major Oscar contender.

Let me just stop you right here: if you want to compare and contrast Joaquin Phoenix and Todd Phillips's take on the clown with that of Christopher Nolan and Heath Ledger, you can't. Ledger was playing a fully formed, criminal character of uncontrolled chaos. “Joker,” and Phoenix's performance as the mentally ill, down-on-his-luck Arthur Fleck, demonstrates the descent into madness that the Joker is all about. As Fleck shows us, sometimes people are one bad day, one bad train ride, one bad conversation from becoming unhinged. To compare Ledger and Phoenix is unfair to both. Each did the role a massive justice and displayed

confidence and competence with the character at hand.

What “Joker” really did for me was shed some much needed light on the rampant appearance of serious, untreated mental illness in this country. Fleck is sick; there's no denying it. As he visits his county-appointed doctor for his seven medications and asks for an increase because “all [he has] are negative thoughts,” you're saddened by the lack of help for the mentally ill. As he continues his downward spiral, you see where the system, and Fleck himself, could have stepped up and saved the next disaster in multiple occasions, but it isn't stopped. Mental illness is a slope — and those who are afflicted often don't know how far they've slipped until they can't get themselves back up.

Everything about this movie was well done. The slow progression of Fleck's illness (and I do mean slow, you don't actually meet the Joker until almost the end of the two-hour-plus movie), the building tension, the inevitable crash is all what great cinema is about. While this isn't as action-packed as its cousins like “The Dark Knight,” each scene and each line is needed. The violence, while graphic and disturbing for some viewers, is necessary and quite honestly, not obnoxious. It makes sense and the depravity of the circumstances not only gives the viewer an idea of what's gone wrong, but where “Joker” is heading.

If you've been mulling over seeing “Joker,” I recommend taking a night out and seeing it. Even if you end up not liking the movie, you might walk away with a much bigger picture of a major problem that needs righting in our society. Rarely does a fictional movie speak so successfully about a larger, real problem, but I think the team behind “Joker” has executed it.

WHAT'S HAPPENING NOW

Yonder Mountain String Band w/s/g The Drunken Hearts

Putnam Place — Saturday, Oct. 19

SARATOGA SPRINGS — Yonder Mountain String Band will play Putnam Place on Saturday, Oct. 19 at 7 p.m.

For the past 20 years, Yonder Mountain String Band has redefined bluegrass music, expanding the traditional acoustic genre beyond its previously established boundaries by steadily pushing the envelope into the realms of rock n' roll and improvisation. YMSB—guitarist Adam Aijala, bassist Ben Kaufmann, banjo player Dave

Johnston, Jacob Joliff on mandolin and violinist Allie Kral—has always played music of their own design, in the process attracting a devout following of fans that often resembles a tight-knit family on an epic musical journey as Yonder traverses the country with an ambitious tour schedule.

For tickets, visit www.eventbrite.com.

Putnam Place is located at 63a Putnam St., Saratoga Springs.

Upstate

Skyloft — Saturday, Oct. 19

ALBANY — Upstate will play at Skyloft on Saturday, Oct. 19 at 8 p.m.



Trustco Bank Congratulates Paul Vandenburg on 25 years of Hosting Morning Radio



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WHAT'S HAPPENING

Albany Symphony Presents: Pictures of an Exhibition

Palace Theatre — Saturday, Oct. 19

ALBANY — The Palace Theatre will host Albany Symphony Presents: Pictures of an Exhibition on Saturday, Oct. 19 at 7:30 p.m.

The Albany Symphony celebrates our great musical heritage. Through brilliant live performances, innovative educational programming, and engaging cultural events, the Albany Symphony enriches a broad and diverse regional community. In addition, by creating, recording, and disseminating the music of our time, the Albany Symphony is establishing an enduring artistic legacy that is reshaping the nation's musical future.

For tickets, visit www.ticketmaster.com.

The Palace Theatre is located at 19 Clinton Ave., Albany.

Ariana Gillis

Caffe Lena — Saturday, Oct. 19

SARATOGA SPRINGS — Ariana Gillis will perform her album release show at Caffe Lena on Saturday, Oct. 19 at 8 p.m.

Canadian singer-songwriter Ariana Gillis is back in Saratoga with a new album, "The Maze." Gillis' yearning voice, unguarded emotion and irresistible hooks have won over even the toughest critics.

For tickets, visit www.eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

Delphino

Savoy Taproom — Saturday, Oct. 19

ALBANY — Delphino, Universe No. 122, Caribbean Crisis and Ugly Muppets will perform a free show at Savoy Taproom on Saturday, Oct. 19 at 9 p.m.

Savoy Taproom is located at 301 Lark St., Albany.

Delmar Farmers Market

Bethlehem Central Middle School — Saturday, Oct. 19

DELMAR — Enjoy the fall weather and shop from various local vendors at the Delmar Farmers Market on Saturday, Oct. 19, from 9 a.m. to 1 p.m.

The Delmar Farmers Market features local, organic and natural farm products, baked goods, local and fair trade crafts, and fine musical performances.

All vendors come from within 35 miles of the market,

and everyone is committed to sustainable production and packaging.

The Delmar Farmers Market is open every Saturday, rain or shine, from 9 a.m. to 1 p.m., May through December, at the Bethlehem Central Middle School.

The Delmar Farmers Market is located at the Bethlehem Central Middle School at 332 Kenwood Ave. in Delmar.

Dale Watson & His Lonestars

Hangar on the Hudson — Sunday, Oct. 20

TROY — Dale Watson & His Lonestars will perform at Hangar on the Hudson on Sunday, Oct. 20 at 8 p.m.

The silver pompadoured, baritone beltin', Lone Star beer drinkin', honky-tonk hellraiser returns to Troy.

For tickets, visit dalewatson.brownpapertickets.com.

Hangar on the Hudson is located at 675 River St., Troy.

Eilen Jewell

The Linda — Sunday, Oct. 20

ALBANY — Eilen Jewell will perform at The Linda on Sunday, Oct. 20 at 8 p.m.

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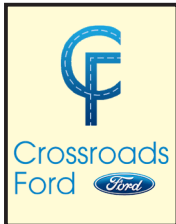
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WHAT'S HAPPENING

Troy Farmers Market

Monument Square — Saturday, Oct. 19

TROY — The Troy Farmers Market continues to take the streets this Saturday, Oct. 19, from 9 a.m. to 2 p.m.

Now in its 20th outdoor season, the Troy Waterfront Farmers Market features more than 100 producer-only vendors, offering fresh local produce, organic dairy, heritage meats, fish, prepared food and craft beverages.

New this summer, the market has added 15 additional vendors most of whom can be found in a newly expanded area on Lower River Street. Additionally, the market has introduced a new layout that affords more space between vendors to promote clearer passage to certain storefronts and improved accessibility for all, while maintaining an urban street festival vibe.

The Troy Waterfront Farmers Market is held year-round, every Saturday, rain or shine, from 9 a.m. to 2 p.m.

The summer market is held outdoors, May through October, on River Street and around Monument Square in downtown Troy.

For information, including a full vendor list, visit: <https://www.troymarket.org/>.

Iberi Choir

Caffe Lena — Sunday, Oct. 20

SARATOGA SPRINGS — Iberi Choir will perform at Caffe Lena on Sunday, Oct. 20 at 7 p.m.

Hailing from the Republic of Georgia, this stunning polyphonic male choir takes the stage in black coats and boots, with rows of cartridges on their chests and long knives on their belts. Without doubt they're prepared to defend their vocal tradition, which is on UNESCO's list of Oral and Intangible Masterpieces of Humanity. They sing in gorgeously rich, shifting blocks of improvised harmony, sometimes with wild, crowing falsetto over the growling basses and soaring tenors.

For tickets, visit www.eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

Journeyman — A Tribute to Eric Clapton

Skyloft — Sunday, Oct. 20

ALBANY — Skyloft will host Journeyman — A Tribute to Eric Clapton on Sunday, Oct. 20 at 7 p.m.

Fifty years of music to choose from: "Layla," "Badge," "The Core," "White Room," "Lay Down Sally," "Tulsa Time," "Cocaine" and many more. Journeyman — The only nationally touring tribute to Eric Clapton; fronted

by Shaun Hague (Kenny Wayne Shepherd, Amos Lee, John Waite), Journeyman has become the No. 1 tribute to Clapton in a very short amount of time.

For tickets, visit www.eventbrite.com.

Skyloft is located at 1 Crossgates Mall Road, Albany.

The Rocky Horror Picture Show

Palace Theatre — Monday, Oct. 21

ALBANY — The Palace Theatre will host The Rocky Horror Picture Show on Monday, Oct. 21 at 7 p.m.

The Kids of Albany and the Palace Theatre celebrate 10 years together with another incredible night of Rocky Horror at the Palace. It wouldn't be a proper anniversary without a few surprises.

For tickets, visit www.ticketmaster.com.

The Palace Theatre is located at 19 Clinton Ave., Albany.

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The Science of Boo!

The Museum of Innovation and Science hosted ghouls and goblins of all ages for its Spooky Science at miSci in Schenectady, on Saturday, Oct. 12. The museum opened its doors to kids and families, offering candy, pencils and toys around every corner, and more than just the kids got into the Halloween spirit.

Photos by Michael Hallisey / TheSpot518

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HOME GROWN

Jocelyn and Chris Arndt shared the bill with Little Days at Putnam Place on Friday, Oct. 11. See more online at thespot518.com.

Michael Hollisey / The Spot 518



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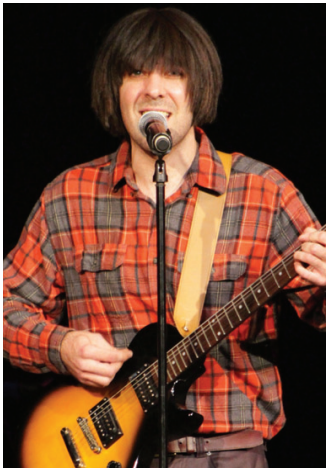


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