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October 23 - October 29, 2019

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TOP STORY



NEWS

Dem caught stealing sign

Bethlehem police arrest man on political sign larceny.

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Greenlighting

Bethlehem to explore regional energy-related program.

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New life for Price Greenleaf?

Feathers Fitness studio proposed to move into longtime nursery

By **DIEGO CAGARA**

cagarad@spotlightnews.com

BETHLEHEM — A new fitness studio and healthy cafe may soon replace the former Price-Greenleaf property in Delmar.

John Romeo — the director of engineering at Guilderland-based engineering and land surveying firm, Insite Northeast — appeared at the town's Planning Board meeting on Tuesday, Oct. 15 for an initial presentation with diagrams and a potential artistic rendering of the new project. Romeo also acted as a representative on behalf of James D. Featherstonhaugh, the project's applicant and owner of Feathers Fitness, a physical fitness center on 180 Delaware Ave. — it is a four-minute drive from the proposed property.

The application had previously been first presented to the town's Development Planning Committee on Aug. 15.

The new property in question is located on 14 Booth Road and had been

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ENTERTAINMENT



Carrying on

Kansas will play 'Point of Know Return' and acoustic set of favorites at the Palace.

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SPORTS



Record breaker

Claire Hutton has scored more goals this season than any other Bethlehem girls soccer player in history.

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Moving Bethlehem Forward



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■ POLICE, COURTS and EMERGENCY CALLS

Dem caught stealing signs

Arrested on petit larceny charge

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

NORTH BETHLEHEM — A Bethlehem Democratic Committee member was attested for removing political signs for the republican town highway superintendent candidate.

Mario Chiarello, of Slingerlands, was arrested Monday, Oct 21, following a Bethlehem police investigation. He's scheduled to appear in town court on Wednesday, Nov. 6. He faces one count of petit larceny, a Class A misdemeanor which is punishable by up to a year in jail.

Chiarello had lifted two of John "Tiger" Anastasi's signs off of a Blessings Road property before he was caught by a member of the town's Republican party on Saturday, Oct. 19, at

approximately 3:15 p.m.

Steve Peterson was riding in the front of a campaign bus for Republican Town Board candidate Jim Carriero when they observed Chiarello removing the sign. He was placing them in the trunk of his car when the bus pulled off to the side of the road to confront him.

Peterson described a civil conversation with no one raising his voice. When he asked Chiarello whether or not he owned the property or had permission to remove the signs, he was told no. Peterson said Chiarello offered to return the signs back to where they were. Peterson, however, said he would take the signs and return them.

"It wasn't until I Googled him did I learn that he was a member of the Democratic



Mario Chiarello is caught with a John "Tiger" Anastasi campaign sign as he opens his truck.

Steve Peterson

Committee," said Peterson. Chiarello had shared his name with Peterson during their conversation. When Peterson looked him up on the internet, he recognized his face.

A video of the incident was captured on a dashboard camera installed on the campaign bus. A three-minute long version of the video was shared with *Spotlight Newspapers*. On the video, it captures a white-haired man removing a sign and placing it in the

trunk of his car. While in conversation with Peterson, he takes a sign back out to place back on the lawn. Peterson took the signs, instead.

Chiarello admits to removing the signs. He said the property owner is from out of the area, and he removed the signs on the presumption that they were placed on the property without permission.

Chiarello said he based his presumption off a similar experience on

his Bradhaven Road property. He has several campaign signs for Democrat candidates. He said he removed a sign he didn't allow.

Campaign signs can not be placed on private property without permission. Conversely, signs can only be removed by the property owner or someone in the candidate's camp.

"I did it on my own," said Chiarello, who admitted he is aware of the law regarding campaign signs. "I assumed they didn't have permission ... I did it based on the presumption that they were not authorized."

Asked in hindsight whether or not he would act in the same way, Chiarello said, "absolutely not."

■ COMMUNITY

Warning Signs of Alzheimer's

VOORHEESVILLE — Voorheesville Public Library will host 10 Warning Signs of Alzheimer's on Wednesday, Oct. 23 from 6:30 to 7:30 p.m.

Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others. Please note there are two sessions for this event.

Registration can be completed at www.voorheesvillelibrary.org. Voorheesville Public Library is located at 51 School Road, Voorheesville.

Census 2020 Recruitment Drive

GUILDERLAND — Guilderland Public Library will host a Census 2020 Recruitment Drive on Wednesday, Oct. 23 from 10 a.m. to 4 p.m.

Representatives from the Census Bureau will visit the library to help people apply for jobs working on the 2020 Census. Guilderland Public Library is located at 2228 Western Ave., Guilderland.

Trunk or Treat

BETHLEHEM — Bethlehem Public Library will host Trunk or Treat at Elm Avenue Park on Wednesday, Oct. 23 from 4 to 6 p.m.

Come to Elm Avenue Park for a costume parade, then stay for some trick or treat fun. Elm Avenue Park is located at 261 Elm Ave., Delmar.

Music and Movement

DELMAR — Bethlehem Public Library will host Music and Movement on Thursday, Oct. 24 from 9:30 to 10 a.m. This event features songs, instruments and dancing for babies, toddlers and preschoolers with an adult. Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

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■ POLICE

Host of charges

GLENMONT — A 20-year-old Albany man was arrested on a host of charges on Saturday, Oct. 12.

According to police reports, Joshua Enrique Torres was charged with falsifying business records, criminal diversion of prescription medications and prescriptions, fraud and deceit related to controlled substances, and criminal possession of a controlled substance. He returned to the Town of Bethlehem Court on Sunday morning, Oct. 13.

■ COMMUNITY

TED Talk

LOUDONVILLE — The William K. Sanford Town Library will host TED Talk: Consciousness on Thursday, Oct. 24 from 6:30 to 7:30 p.m.

No time to read a book group selection, but love exploring new ideas? Join the library's TED Talk Discussion Group! Attendees watch two to three TED Talks and discuss. This month, attendees will explore one of the most mysterious phenomena in the universe: the "self" (and why it

exists).

To register, visit www.colonielibrary.org. The William K. Sanford Town Library is at 629 Albany Shaker Road, Loudonville.

Keller Williams

ALBANY — Keller Williams takes his solo act to the Skyloft stage on Thursday, Oct. 24, at 8 p.m.

For most of his career Williams has performed solo. His stage shows are rooted around his singing compositions

and choice cover songs, while accompanying himself on acoustic guitar. With the use of today's technology, Keller creates samples on the fly in front of the audience, a technique called live phrase sampling or looping, with nothing pre-recorded, the end result often leans toward a hybrid of alternative folk and groovy electronica. A genre Keller jokingly calls "acoustic dance music" or ADM.

Tickets cost \$25 each. For tickets and information, visit eventbrite.com. Skyloft is at 1 Crossgates Mall Road in Albany.

Thursday Movies

VOORHEESVILLE — Thursday Afternoon at the Movies will be at Voorheesville Public Library on Thursday, Oct. 24 at 1:30 p.m.

This week's feature is "Knights of the Round Table," starring Robert Taylor and Ava Gardner. King Arthur's rule is threatened by the adulterous love between Sir Lancelot and Queen Guinevere. Voorheesville Public Library is located at 51 School Road, Voorheesville.

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SUPERINTENDENT
NOV. 5, 2019**

LOOK AT WHAT'S BEEN ACCOMPLISHED:

- Brought strong leadership
- Helped pass an audit done by Department of Environmental Conservation. Bethlehem was 1 of only 3 municipalities that have passed an audit with no violations in many years.
- Updated and fixed our parks and water retention ponds, including the maintenance building at Elm Ave. Park, after years of neglect and disrepair, so that our families can enjoy our town assets.
- Helped save taxpayer dollars by working with town employees to build and repair town sidewalks instead of hiring subcontractors.
- Built playing fields with better drainage for our youth to enjoy, providing them with a safer environment.
- Created more connectivity with installing sidewalks.
- During the winter months continued to do more than plowing, continued with installing sidewalks.
- Ended the wasteful practice of renting equipment by fixing broken tools and machines used by the town.
- Increased communication and interaction with other town departments to deliver the services taxpayers deserve.
- Improved communication with Bethlehem Police, Fire and EMS Departments.
- Met consistently with neighborhoods and residents about concerns so we can address them in a timely manner.
- Cross-trained employees to be more efficient.
- Mended relationships with State and County Departments to develop better communication and working relationships.
- Saved the town money by making over 5000 yards of topsoil with our own compost for town use.
- Slingerlands Family Burial Vault
<https://www.slingerlandvault.org/progress>
- Local highway superintendent warns of kids playing in snow forts and tunnels too close to roadways
<https://www.google.com/amp/s/www.news10.com/news/local-news/local-highway-superintendent-warns-of-kids-playing-in-snow-forts-and-tunnels-too-close-to-roadways/amp/>

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ENVIRONMENT

Greenlighting community choice energy

Bethlehem to explore regional energy-related program

By DIEGO CAGARA
cagarad@spotlightnews.com

BETHLEHEM — Bethlehem has joined nine other municipalities to explore a regional Community Choice Aggregation program with Municipal Electric and Gas Alliance (MEGA), a local corporation that helps them purchase electricity in bulk hopefully from renewable energy resources.

The Bethlehem Town Board had unanimously passed a resolution to explore that inter-municipal CCA program and Town Supervisor David VanLuven signed an administrative agreement with MEGA during its Oct. 10 meeting. "Often when you hear people and municipalities talk about

addressing climate change, taking it seriously and doing something about it, it's usually things that are good steps in the right direction but won't have a profound impact in the grand scheme of things," he said. "This is not just about announcing something but really doing something about it."

Bethlehem Tomorrow, a citizen group in town, will hold an informational session on the CCA program on Thursday, Oct. 24 from 6:30 to 8 p.m. at the Bethlehem branch of Capital District YMCA on 900 Delaware Ave.

The municipalities who have signed to explore CCA too are the towns of Guilderland, New Scotland, Niskayuna and Knox, the villages of Kinderhook and Voorheesville, and the cities of Glens Falls, Watervliet and Saratoga Springs. According to Louise Gava, the CCA project leader



for MEGA, municipalities who have expressed interest in joining but have yet to officially sign to explore CCA with MEGA are the village of Altamont and the town of Charleston while the cities of Schenectady, Albany and Troy may explore CCA with another corporation besides MEGA.

The regional CCA program in the Capital District, Gava said, "is a bulk purchasing program for electricity and it's

localizing energy decision making. It gives us a pathway to do that in a big way instead of having everyone put solar panels in their house."

Expanding on that, CCA lets municipalities purchase electricity in bulk from suppliers on behalf of their residents and it aims to get most or all electricity from renewable energy sources like solar, hydro and wind. By default, National Grid supplies and delivers electricity. Under

CCA, National Grid would still deliver electricity but a new supplier would be hired through a bidding process by a contracted CCA administrator — in this case, MEGA — that works with enrolled municipalities.

CCA works best with municipalities totaling over 40,000 households, Gava said.

She also said that regardless of whether a municipality joins CCA or not, National

Grid will continue to maintain and upgrade physical infrastructure like substations, power poles and wires as well as handle power outages. She added that there are "over 100 companies in New York state that can offer supply other than utility" and the enrolled municipalities in the Capital District CCA program would eventually have the same supplier.

Gava said MEGA would identify and recommend certain suppliers to the enrolled municipalities, based on the suppliers' pricing per kilowatt hour, contractual language, work experience in New York state and with National Grid, and whether they offer 24/7 customer service.

CCA plans to offer stable prices for residents in enrolled municipalities and seek 100 percent clean

Continues on 7

Clip and Save

NOTICE TOWN OF BETHLEHEM WATER MAIN FLUSHING PROGRAM FALL 2019

**AREA #1 – 9/23 to 10/11
Slingerlands, North Bethlehem,
Town of New Scotland**

**AREA #2 – 10/2 to 10/25
Delmar, Elsmere**

**AREA #3 – 10/16 to 11/1
Glenmont, Selkirk**

Some discoloration may be seen during this flushing program, which could result in staining of laundry. Run water until it clears before doing laundry.

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■ GOVERNMENT

Exit 3 is now open

Ahead of schedule and under budget

By **JIM FRANCO**
francoj@spotlightnews.com

COLONIE — The new Northway Exit 3 is now open.

“Exit 3 has been talked about for 50 years, and now we are actually getting it done,” Gov. Andrew Cuomo said at the new ramp on Sunday, Oct. 20. “People who go up and down the Northway know it well, it used to go from Exit 2 to Exit 4. Even government couldn’t make that kind of mistake. Forgetting Exit 3. At one time there was a sign that said ‘Exit 3 coming soon.’ That sign was up for a number of years and they eventually took the sign down. Access to the airport was never completed.”

The new southbound ramp will loop around the Desmond Hotel, will



Gov. Andrew Cuomo with state operations director Kelly Cummings, state DOT commissioner Marie Therese Dominquez and DOT chief engineer Wahid Albert.

connect to a new signalized intersection at Albany Shaker Road, which will lead directly to the airport.

It is part of a \$100 million project to re-work the roadway in the

entire area and make improvements to the airport, including a new 1,000-car parking garage. The next step is completion of the northbound Exit 3 and extend northbound on-

ramp adjacent to the Times Union building all the way to Exit 5 for Route 155. Construction of a noise wall on the northbound side between Exits 4 and 5 is also ongoing and is

expected to be completed within three or four weeks.

The entire project is about a year ahead of schedule, Cuomo said, and is coming in under budget.

“People have such a stereotype of government being slow and inefficient but it doesn’t have to be that way,” Cuomo said. “It doesn’t say anywhere in the Bible government has to be slow an inefficient.”

In addition to the parking garage, which will increase total parking capacity by 20 percent renovations include work on the airport’s escalators, restrooms, waiting rooms and food court.

The airport’s main terminal was built in 1962 and underwent its last significant renovation in 1998. About 1.4 million people a year board planes at the airport. The airport got \$22.1 million from the state Upstate Airport Economic Development and Revitalization Competition and secured \$20 million on its own to fund the project.

“Both projects will

enhance the customer experience at the Albany International Airport as well as those traveling through the busy Wolf Road Corridor,” said John O’Donnell, CEO of the Albany County Airport Authority, of the roadwork and onsite improvements.

The DOT is also installing sidewalks along the south side of Albany Shaker Road between the new intersection and Wolf Road. A shared use path between Albany International Airport and the new intersection is also nearly completed. Work also includes road surface improvements, traffic signal upgrades, the closure of the old on-ramp to the southbound Northway, and the construction of a new entrance to the Desmond Hotel.

“The opening of this ramp is a key milestone in the Albany Airport Connector project and means that we are one step closer to the completion of this transformational project,” said state Sen. Neil Breslin, D-Albany.

Photo via the governor’s office

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From page 1 ... Feathers

a longtime family-owned gardening and landscaping business called Price-Greenleaf which provided locals options for indoor and outdoor flowers, trees, shrubs and gardening supplies. It was owned by the Plummer family from 1957 to December 2018.

Besides the existing brick building, all other structures on the property, including a greenhouse and some storage sheds would be removed for the new fitness studio and cafe, if the project is approved. According to town documents, the property takes up around 4,300 square feet and is in a Commercial Hamlet zoned area. The brick building will be retained to be renovated into a 2,800-square-foot fitness studio and 1,500-square foot healthy cafe.

"The building is of pretty nice structure and it's not in horrible shape so it just seemed like a waste of money to tear it down," said George Featherstonhaugh, James' son, who works at Feathers Fitness too.

There will also be an outdoor patio for seasonal use, a bike rack, benches and 31 parking spaces, including for handicap.

The site plan has two options on how the parking spaces are oriented. In one design, 25 parking spaces will be located to the east of the studio/cafe while four spaces are just northeast of the building and an additional two spaces are to the far northeast. The latter six spaces directly face Booth Road. In the second design, 26 parking spaces will be to the east of

the studio/cafe while five more are to the northeast which directly face Booth Road. There will be more green spaces that border a neighboring property in the first design than in the second one.

A take-out window for the cafe will be available too so that pedestrians and bicyclists can conveniently get their to-go orders. This can also cater to people using the nearby Albany County Rail Trail.

Romeo said the provided diagrams at the Planning Board as well as the fitness space's and cafe's logos are still subject to final revision though.

"I think everyone can benefit from being a little bit healthier and another healthy food and fitness place in the area," said George. "There's a demand for it. Just having the service offered at an affordable price and right next to the Rail Trail complements it."

He added, "I've been doing personal training for a while now in Delmar and when that spot opened up, we'd been looking for a more kind of sustainable safe spot where we are not at the mercy of a landlord. We want to fully relocate there."

The fitness studio will not be a standard gym like Vent Fitness but instead, it would have three spaces "that can be rented for yoga, dance class, high intensity training for Olympic athletes or for individualized training," said Romeo. The studio will also include three bathrooms and lockers.

George, however, said it has yet to be decided exactly what the three fitness spaces within the studio would be used for although he said it would

most likely be for personal training and rental space for group sessions.

It has also not been decided whether the three fitness spaces will be divided by curtains or physical walls.

The cafe was not the Featherstonhaugh's initial idea though. George said a fellow Bethlehem resident named Nicole Rice had heard of his family wanting to open a new fitness studio there and she reached out to them about opening a healthy cafe beside it. "We teamed up and purchased the lot," he said.

Rice said the healthy cafe would be called Green House but its logo and menu have yet to be finalized.

"We want to try to make plant-based food as accessible as possible like sandwiches, salads, soups and different types of fruity bowls," she said. "We also want to do brunches on weekends with gluten-free pancakes and waffles. ... We would definitely need maybe 10 employees from the start and I think we'll grow rapidly if the response is big."

Romeo said the cafe is looking to serve locally-sourced food and state beers, wines and ciders; it can also host local community events.

Rice added that she grew up in Bethlehem, is a vegetarian for 18 years now and healthy eating has always been a major part of her life. "I've always wanted to have my own small business in town and there's been trends about healthy eating and I've noticed the lack of healthy options around lunchtime, brunch and weekends in town," she said. "The cafe seems like a good fit. I also had my eye on the Price-Greenleaf

location. When it was on sale and I found out George wanted to open the fitness space there, I reached out to him and it's nice that we're both health-minded individuals."

Romeo said the overall project does not expect massive human traffic because it is a mixed-use property. "The operating hours are slightly different because of the flexible space in the studio," he said. "People would show up typically for one to two hours at a time. People won't all show up at one time as there's only so much space available for studio sessions. Because the spaces are for specialized training, we anticipate only two to four people per room."

Looking ahead, George envisions the property to open in April 2020 and he said his current client base are excited and supportive about the move too. Rice chimed in, "Bethlehem has always seemed to be a healthy town and when you see a lot of people use the Rail Trail all year round and access the YMCA, it seems there is a need for this and people are seeking this out. I think it'll just be a great space for the community to come together and enjoy healthy fitness and eating on a different level."

Towards the end of Romeo's presentation, the Planning Board generally offered positive feedback but asked for a follow-up update soon with more information on projected human traffic, how the property would fit the surrounding community's character and when the final parking option would be chosen. The Planning Board then voted unanimously to table the application.

From page 5 Energy

energy if possible. "Once a supplier is selected through the CCA, the municipalities are going to sign a contract with the supplier which offers a fixed price through the length of the contract which can typically range from 18 months to three years," said Jeremy Snyder, one of Bethlehem Tomorrow's co-leaders. "It's possible, though unlikely, that during that three-year period, the National Grid's price goes a little bit lower while the CCA price stays fixed. It's also not much of a drawback though as residents can, at any point in time, switch to a different supplier and they're not locked into this CCA."

Gava said National Grid's price changes every month, unlike the price in CCA which would let residents know what they will pay in advance. With this reasoning, she pointed out though that it is not a 100 percent guarantee that CCA prices will

always be lower than those of National Grid but CCA aims to save residents money overall. "CCA is also beneficial because there are a lot of predatory practices out there like through the phone and telemarketing about selling energy and a lot of those are bad deals," she added.

Gava brought up how residents are not forced into joining CCA even if the municipality they live in has enrolled in it. "After a supplier is finalized, every resident will get an opt out letter with the municipal logo in the mail which explains the program, the pricing and contract's terms," she said. "It also tells everyone how they can elect to not participate in CCA. But if they've not opted out after 30 days of receiving the letter, they will automatically be in CCA. However, they can still leave the program at any time after that 30-day period. There's no penalty at opting out at any time."

An informational session, will be hosted by Bethlehem Tomorrow, on Thursday, Oct. 24.

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1520 New Scotland Rd., Slingerlands, NY!

There will be ghoulish games, frightening food, and bone rattling bounce house fun!



All are welcome to stay for special Halloween beverages and snacks!

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OBITUARIES

Patricia Ellis



DELMAR — Patricia Ellis (nee White) formerly of Delmar, 84, passed away peacefully in her sleep on Sunday, October 6th at Kingsway Arms Nursing Center in Schenectady after a long 10 year health struggle. The family would especially like to thank the staff at Kingsway for the wonderful care she received.

Patricia, the youngest child of Earl and Lyna White of Brighton, NY, was born on March 10, 1935. Growing up, she looked up to her much older sister, Eleanor, and idolized her brother Charlie who served heroically in World War II. She loved being Aunt Pat to Charlie's wonderful children, Nancy, Barb and Carol.

Upon graduation from Brighton High School

in 1953, Patty answered her calling and graduated from the Chestnut Hill School of Nursing in Philadelphia. Patty lived in Schenectady, Watertown, and Massena, NY, before settling in Delmar in 1964. While in Delmar, Patty began work as a school nurse at Hamagrael Elementary School. For the next 25 plus years, she found great joy in her work with children. She had an infectious personality and the love the students showed her was only surpassed by the love she gave in return. She was affectionately known as the Ice Lady for her first line of defense against any bump or bruise. Patty was an avid walker, runner, swimmer and skier before her health declined. During the summer, Patty could be found at the Bethlehem Town Park sitting with her "pool friends" or vigorously swimming laps. She was a devoted member of Delmar Presbyterian Church and actively participated in all church activities and was a past deacon and elder in the church. The church and its members were her best friends and the family will always be grateful to the support and kindness they

provided to her.

Her greatest love was always her children. Although it was never easy, she was able to provide nurturing support for each child's interests, whether Little League, the girl scouts or helping them find a first job. She valiantly faced many of life's toughest challenges. In later years, she greatly anticipated being with her family during the holidays. Patty was over the moon when the four grandchildren came along including her grand dog, Shelby. Patty is survived by her loving children - Peter (Tammy Ross) of Stillwater, Penny Shaw (Elliott) of Delmar, and Todd (Kathleen) of Martha's Vineyard, and grandchildren, Caroline and Katherine Ellis and Christopher and Ted Shaw. A Memorial service is scheduled for Saturday, November 23, 2019, 11:00am at the Delmar Presbyterian Church. Calling hours will be at Applebee Funeral Home in Delmar on Friday, November 22nd from 3:00 to 6:00 p.m. In lieu of flowers, donations can be made to the Deacons Fund of the Delmar Presbyterian Church, 585 Delaware Ave, Delmar, NY 12054.

Joseph G. Allgaier

MELBOURNE, FLORIDA — Joseph G. Allgaier passed away peacefully September 18, 2019 after a long battle with cancer, with his family by his side.

Preceded in death by his parents, Joseph A. Allgaier and Jacqueline J. Allgaier of Delmar, NY he is survived by his sisters Barbara (Michael) McGonigle, Karen (Patrick) Plesh, nieces and nephews Maggie, Michael, Katelyn, Matthew, Lauren and Mason, and many other aunts, uncles and cousins.

Joe was born in Glens Falls, NY but spent the majority of his childhood in Delmar, NY.

After graduating high school, Joe continued his education at the

Florida Institute of Technology in Melbourne, FL earning a bachelors degree in Environmental Engineering.

He spent many years working as an engineer and then enjoyed an early retirement. He then focused on making Melbourne, FL his permanent home, residing in the community for over 40 years.

Joe always had a smile on his face, enjoyed spending time with friends, watching the news, connecting on Facebook and was always willing to lend a helping hand whenever he could.

He purchased a small condo in 2016 and was so proud of his forever home. He loved spending time there, but

never lost his love and fond memories of his hometown.

A Mass of Christian Burial was celebrated at Ascension Catholic Church, Melbourne, Florida on Friday, September 27th.

All are welcome to visitation at 10 am, Saturday, November 2nd at Applebee Funeral Home, 403 Kenwood Ave., Delmar, NY. Interment to follow at 11 am at the Bethlehem Cemetery in Delmar, NY.

In lieu of flowers, memorials can be made in Joe's memory to St. Francis Hospice, 1250 Grumman Place, Titusville, FL 32780.

Joan R. Barron

VOORHEESVILLE — Joan Roeder Barron, 88, passed away on Tuesday, October 15, 2019 at Our Lady of Mercy nursing home.

She is the daughter of the late Ernest William Roeder, and Helen Eleanor Stiefel Roeder Herron. She was also the stepdaughter of the late Edward Herron. Born in Yonkers, N.Y., she graduated from Roosevelt High School. She graduated from the New York State College for Teachers, Albany, N.Y. with a B.A. in English, Latin and Social Studies. Joan received her M.A. from Teachers College Columbia University, N.Y.C. in English and Social Studies. She also received a Master's degree from State University at Albany in School Library Science. She has worked for the West Hempstead, Long Island School District, and Westchester County High Schools. She was an elementary school librarian for the Bethlehem Central School District in Delmar, NY from 1969 to 1986. Joan also had input into the development of

the Guilderland Public Library and worked there from 1986 to 1995.

Joan was a member of many organizations over her lifetime such as, ALA, NYLA, EN SLYMA, a life member of NEA, and the University at Albany Alumni Association. She has received the "Parents as Leading Partners" award, the University at Albany Councilors Award for Service to University, and she made the Honor Roll in 2004 with the General Federation Women's Club, New York State. Joan was a Class Councilor for the University at Albany from 1967 onward and Class Councilor of Roosevelt High School from 1968 onward. She was also a past President of the Salvation Army Women's Auxiliary. Joan has been an active member of the Delmar Progress Club for the past 50 years in various positions such as Trustee, chair of Literature Group and Nominations Committee, and Co-chair of Telephone Committee.

Joan is survived by her son, Doug R. Barron (wife Donna) and grandson, Timothy



Barron; daughter, Barbara J. Barron (husband William Bailey). She was predeceased by her husband, Robert E. Barron of 54 years, and a daughter, Robin.

A memorial service will be held Saturday, November 16, 2019 at Applebee Funeral Home, 403 Kenwood Avenue, Delmar, NY at 2:00 p.m. and visitation with family from 1:00 p.m. to 2:00 p.m.

In lieu of flowers, memorial contributions may be made to the Autism Society of America, 4340 East-West Hwy, Suite 350, Bethesda, MD 20814 or online at www.autism-society.org.

COMMUNITY

Annual Fall Festival

SARATOGA SPRINGS — The Annual Fall Festival will be downtown on Saturday, Oct. 26, starting at 11 a.m.

The Saratoga Springs Downtown Business Association's 18th Annual Fall Festival is family-friendly fall tradition that provides free entertainment and activities including magic shows, trick-or-treating, arts and crafts, games and prizes, live music and more.

The day ends with a colorful Kids' Costume Parade down the sidewalks of Broadway and ends with free Carousel rides in Congress park. For more information, visit www.saratogaspringsdowntown.com.

Farmers Market

TROY — The Troy Farmers Market continues this Saturday, Oct. 26, from 9 a.m. to 2 p.m.

Now in its 20th outdoor season, the Troy Waterfront Farmers Market features more than 100 producer-only vendors, offering fresh local produce, organic dairy, heritage meats, fish, prepared food and craft beverages.

The market has added 15 additional vendors most of whom can be found in a newly expanded area on Lower River Street.

Additionally, the market has introduced a new layout that affords more space between vendors to promote clearer passage to certain storefronts and improved accessibility for all, while maintaining an urban street festival vibe.

The Troy Waterfront Farmers Market is held year-round, every Saturday, rain or shine, from 9 a.m. to 2 p.m.

The summer market is held outdoors, May through October, on River Street and around Monument Square in downtown Troy. For information, including a full vendor list, visit www.troymarket.org.

Extinction Rebellion

DELMAR — Bethlehem Public Library will host Extinction Rebellion on Friday, Oct. 25 from 5:30 to 9 p.m.

At this free event, the global warming crisis will be discussed and what people can do about it.

Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

■ HIGH SCHOOL SPORTS

Eagles win, Hutton breaks a record

BETHLEHEM — Claire Hutton has scored more goals this season than any other Bethlehem girls soccer player in history.

She scored three against Albany High on Senior Night, Friday, Oct. 15, to bring her season total to 29. Her second was No. 28, enough to get by the record set last year by standout Grace Hotaling, who is now playing soccer at George Mason University.

Hotaling and Hutton were teammates last year when the squad made it to the Class AA state finals.

The difference is, Hutton hasn't started high school yet — She's still in eighth grade.

It's not unusual to see a blowout on senior night. The powers that be generally schedule a weaker team to help ensure a win and the home team runs up the score early to get the graduating seniors some playing time during one of their last high school home games.

This was a blow out even by those standards, and the game was officially called at halftime with Bethlehem up 12-0. The Eagles added a 13th in the second half.

Katie Sellers also had a hat trick against Albany and seven other Eagles scored a goal each: Amelia Greesler, Casey Holstein, Ruth Hotaling, Maia Lemov, Marissa Mastracco, Anna Nichols and Joanna VanRoyen.

With the win, the Eagles remain undefeated in Suburban Council play (12-0) with its only loss coming in an early season, non-conference game against Hauppauge. And, they are only graduating two seniors.

The Eagles play at Colonie on Thursday, Oct. 17 in its final regular season game with sectionals starting next week.

Check out our website for more photos of the game.

— Jim Franco



Blackbirds finish season 15-1

VOORHEESVILLE — On Senior Day, The boys soccer team beat Cohoes on Sunday, Oct. 21, and finish the regular season atop the Colonial Council Liberty Division with a 15-1 record.

Aidan Lawson hit the game winner against Cohoes (8-5, 8-5) in overtime for the win.

The sectional seeds and brackets are slated to be released this week and post season play will begin.

— Jim Franco



■ HIGH SCHOOL SPORTS

Guilderland boys and Shaker girls are county champs

Shaker boys and girls win Bethlehem duals meet

COLONIE — The Guilderland boys and the Shaker girls won the Albany County Cross Country Championships on Friday, Oct. 18 at The Crossings Park.

The Dutch edged out the Shaker boys with a combined time of 1:05:55 to 1:06:56. Bethlehem placed third with a combined time of 1:09:31 and host team Colonie came in fourth with a combined time of 1:12:29.

Guilderland Sean O'Brien placed first with a time of 12:50 followed by Shaker's Francisco Mendonca with a time of 12:57 with Guilderland's Micah Tindale placing third with a time of 13:02.

The Shaker girls placed first with a total time of 1:16:01. Bethlehem came in second at 1:17:02 and Guilderland placed third at 1:21:56.

Tori Mariano, of Shaker, set the pace with a time of 14:32 followed by her teammate Leonna Griffin at 14:36 and Rylee Davis of Bethlehem with a time of 14:48.

Earlier in the week, on Tuesday, Oct. 15, the boys and girls team from Shaker won the duals hosted by Bethlehem at the Elm Avenue Park.

The Bison boys finished with a combined time of 1:26:25.57 and the girls finished with a combined time of 1:38:23.

The host Bethlehem boys and girls finished second with combined times of 1:32:42 and 1:41:18, respectively.

CBA finished third in the boys varsity meet with a time of 1:33:43 and Averill Park came in fourth with a combined time of 1:38:43.

Check out our website for more photos of the meets.

— Jim Franco



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DISCOVER

Spotlight on Guilderland

Current headlines from the town's past

By SPOTLIGHT STAFF

news@spotlightnews.com

GUILDERLAND — Look inside and see a few of the stories that help define this town.

This month, we have a couple of stories rooted in the past, but captures the power of resiliency and the gifts that come from such determination.

More inside



The train station in Altamont continues to serve as a community gathering place, though it long since stopped welcoming passenger trains.

Jim Franco / Spotlight News

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Headstones, Harmony and Headway



Wayward burial markers find way home through help of local man

By **JULIE CUSHINE-RIGG**
 news@spotlightnews.com

In a couple of weeks many of us will honor those who have passed away with holidays and holy days like Halloween and All Souls Day. As part

of honoring the dead, many a front yard and haunted hayride will be adorned with headstones (if only of foam or wood), which commemorate one's life. But what of real headstones? Do we take them so for granted as being only in cemeteries,

that when we see them anywhere else, we get creeped out and wonder about an underlying mystery?

"It's not unusual for it to happen. I don't know how common it is...they've kind of wound up all over

the place," said Christopher Phillip, a Trustee with the Bethlehem Historical Association about headstones found outside of cemeteries.

Two such headstones were recently reunited, though simply by the nature of where they were found it would seem they wouldn't have been connected in the first place.

"It was pretty cool... we were pretty sure there wasn't like a body buried there. My family has had that house since 1892. ... The barn wasn't built on a cemetery or anything like that," said Kim Loeffke, about the headstone found on her family's Guilderland property in 2003 after two Revolutionary War enthusiasts stopped by asking to use a metal

detector to look for artifacts.

"When he finished, he was talking with my dad and asked, 'So what's up with the headstone in the driveway?'" recalls Loeffke.

After being caught quite by surprise, the stone was unearthed by the gentlemen and Loeffke's father, James Brust. Once the stone was stood up, it revealed a perfectly preserved inscription reading, "Robert Matthews, Died April 18, 1865 in the 36 year of his life."

Since at least the 1930s, the gravestone at Brust's property remained face-down with its back exposed and at grade with the rest of the driveway in front of a barn. There was never any reason to move it or suspect it was

anything other than what it appeared to be, simply a rectangular stone.

With genealogy as a hobby, Loeffke turned to look into the mystery of the Matthews gravestone. She looked up the names and researched the family via online message boards at the time (not what we know as the popular resource it is today). She then posted a message with a picture of the stone in an effort to get the stone back to where it came. There wasn't much more to do than to hold onto it. In the meantime, many theories have crossed the minds of Loeffke and her father about just how did a gravestone get to their home.

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great-grandfather's farm then. ... They had hired hands that would come here and help out," said Brust. He added that his grandfather, Peter James Howenstein was on the Prospect Hill Cemetery Committee and theorized that the stone could have been brought to the home by him, as it was common practice to discard damaged or broken headstones - and it then became a stepping stone of sorts at the entry to the barn, as it was also common practice to have slabs/stones at the entries to buildings.

"As kids, we used to slide on it every winter because it would ice over," recalled Loeffke. She added that a couple of other stones were found along a walkway to the front porch shortly after the headstone was dug up, though they were only fragments of larger stones and the inscriptions were mostly worn away rendering them

illegible.

It would take another 15 years after Robert Matthews's headstone was resurrected to solve at least part of its mystery.

In 2018 Loeffke contacted Christopher Phillip, a Trustee of the Bethlehem Historical Association after a family friend stopped by to ask her dad about buying a tractor. While there, the friend asked Brust to see the headstone, which was then stored in the garage. Brust and the friend retrieved the stone, stood it up and read it again.

"You know what today is? ... Today is April 18th," said Brust to his friend.

"What are the chances of that? He just wanted to know if he could see the gravestone and that was the same exact day that Robert Matthews died on. We thought that was really strange," Brust said, recalling the second

reading of the stone with the family friend.

Brust then asked his daughter if she had found out anything more about the Matthews family. From her previous research, she did an updated search on ancestry.com hoping that any new records posted would give some more information. What she found was a message posted by Phillip inquiring about a headstone found in Glenmont and being sold online via social media. After looking into it, Loeffke wondered if it had a connection to the headstone found in her dad's driveway.

"That's what was weird about it, because his stone said James Matthews son of Robert and Ruth. And we had Robert's stone, so I did more research and contacted Chris," said Loeffke. At that time Phillip had the other Matthews stone he

referenced in the ancestry.com message.

Following the exchange between Phillip and Loeffke, Phillip then went to Brust's home and explained how he restored the other Matthews stone and could help with the stone Brust found by cleaning it and getting it reunited with other stone. Phillip had also contacted Paula Lemire, who has an active interest in local cemeteries and helped in the effort that eventually got both stones to the Prospect Hill Cemetery in Guilderland where the Matthews plot currently is.

"We did find out that Robert and his little son James were reinterred from the Presbyterian Church in New Scotland into Prospect Hill with the rest of his family. We don't know if those were the stones that had come from New Scotland," Loeffke said.

Harold Smith,

Superintendent of the Prospect Hill Cemetery confirmed that Matthews graves were moved from New Scotland Cemetery, though there was no date available to indicate when the Matthews' family plot was purchased.

While there may not be many more answers to the Matthews mystery, Smith did say, "Once the stones are all put in, it seems like it's much happier there. It's the happiness that you feel when you're there."

No other gravestones were found on Brust's property, though they did find a few pieces of other headstones lying face-down along a walkway in front of the house. The inscriptions were worn away, it was evident that they too were parts and pieces to larger gravestones. Brust also said that he found some artifacts on the property when he was a kid: a small iron cannon ball in the base of a willow

tree, and a Revolutionary War bayonet. Both items were given to town historical associations.

Phillip said that it's difficult to know or even guesstimate how many such stones are unaccounted for or misplaced, because a lot of cemetery records have been lost over the years due to fires and records having been transferred multiple times, among other reasons. He added that sometimes stones get discarded or brought to a quarry or landscaping company if an imperfection or crack occurred while being made.

Should you happen to find a gravestone, Phillip suggests contacting your town's historical association or another town entity that can help you. He also said, "Enjoy it, there's an opportunity to find out more about your local community."

Continues on 14



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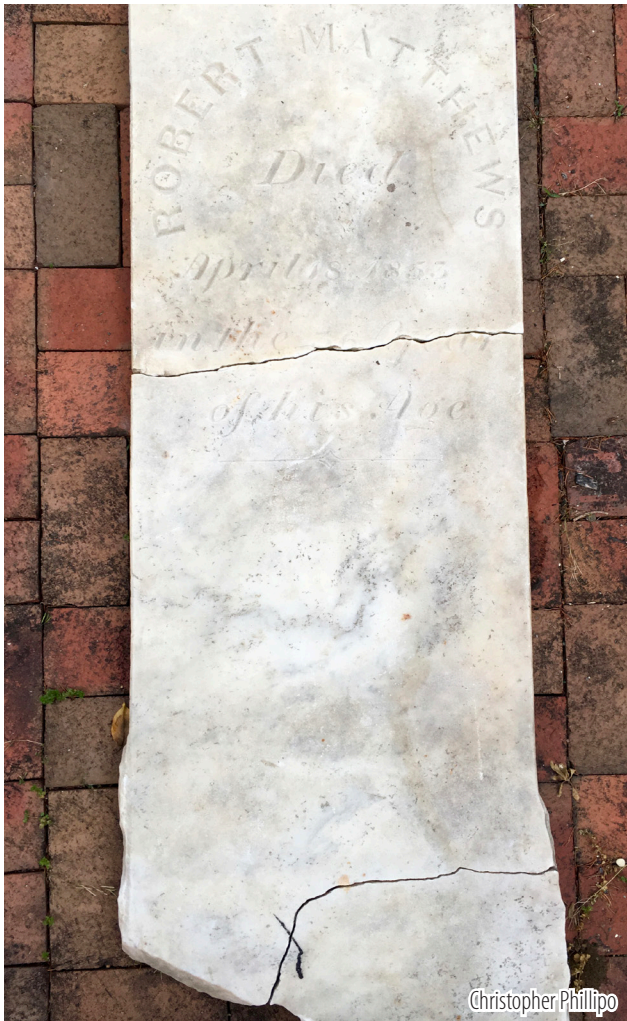
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Christopher Phillippo

From page 13 ... Headstones

Decorative or real, headstones also serve as a reminder not to take anything for granted.

“Tomorrow is not promised to anybody. Look at Robert Matthews...died in his 36th year,” said Brust about the stone found in his driveway and recalling how his own grandfather died in 1947 not far from the family property. According to Brust, Peter James Howenstein was on his way home from a doctor’s appointment in which he was given a clean bill of health, only to die of a heart attack at the wheel.

Headway

With a life-long interest in local history, Phillippo didn’t have far to go to get even further interested in cemeteries and headstones.

When he was a kid, his adoptive parents took him and his brother to museums and historic sites, something he says he always enjoyed. Oftentimes, the visits that sparked his interest in history were made while on a bigger trip to Disneyworld.

It wasn’t until he was living in Lansingburgh that Phillippo learned that his biological mother’s family was from there. He found that information via cemetery documentation and also discovered that some of his maternal ancestors were in the Lansingburgh Village Burial Grounds, dating back to the 1770s.

“It’s a way to have a little bit of a connection,” said Phillippo about his research into his biological

family and discoveries over the years, which were aided in part to findagrave.com where he posted pictures from the burial grounds in hopes of finding more connections. He had found initial family members via a DNA ancestry business.

“I enjoy that puzzle aspect of it,” said Phillippo about his research.

That interest for history and puzzles also helped him connect with relatives when he solved a mystery surrounding a headstone found in his mother’s family’s burial plot at Oakwood Cemetery in Troy. He’d discovered how a headstone with portions of its information chiseled away wound up there. Though the family wondered about the misplaced headstone for years, they never knew how it got there until Phillippo solved the mystery. Sadly, one of his cousin’s aunts died before the three of them could meet in person,

as she had been very interested in Phillippo’s discovery. However, at the invitation of his cousin, Phillippo did attend services for his distant aunt at the chapel in Oakwood Cemetery. That was the first time he met any of his biological relatives in person, some of whom he continues to keep in touch with.

In addition to researching his biological family, Phillippo has been involved with New York State legislation that seeks to get a bill passed allowing sealed adoption records to be opened. He is also heavily involved with Bastard Nation, the Adoptee Rights Organization.

“We’re hoping that maybe this will be the year that the law changes and passes the Assembly and passes the Senate. The first bill introduced on the subject of letting adoptees having greater access to

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their own records in New York State was 1975... there was a hearing in 1976 there has been a bill on the topic in almost every session since," Phillippo said.

"Right now, things look pretty good but the bill has not been delivered to the governor by the legislature," added Phillippo. The governor will either sign the current proposed bill or decline it (hopefully the former) before the end of this session. If declined, the process will start again at the beginning of the next legislative session.

A previous bill on the same subject was vetoed by the governor. Phillippo explained that it had many flaws and the governor eventually called for a Department of Health committee to have a meeting with stakeholders (adoptees) to look at a better bill on the subject.

"This is a bill that came out that committee so it bodes well for being



Author and local historian Christopher Phillippo, left, is also an advocate for adoptee rights. He stands along side Senator Gustavo Rivera and Annette O'Connell.

accepted. The delay may have something to do with waiting for a day with some kind of public event," Phillippo said.

The effort to get this bill passed has been a very long time coming. Phillippo said that there are activists who have been at a 1976 hearing about the bill,

who were also at the 2014 hearing in the legislature who are still active today.

"There are also legislators who were adopted and are open about the fact and have talked with their colleagues about their experience has helped to advocate for the bill's passing," said Phillippo.

Many advances have been made regarding ancestry/genealogical DNA, and to that end Phillippo is optimistic that adoptees are making some discoveries on their own, like he did.

"There's a potential that they can learn something now about their biological

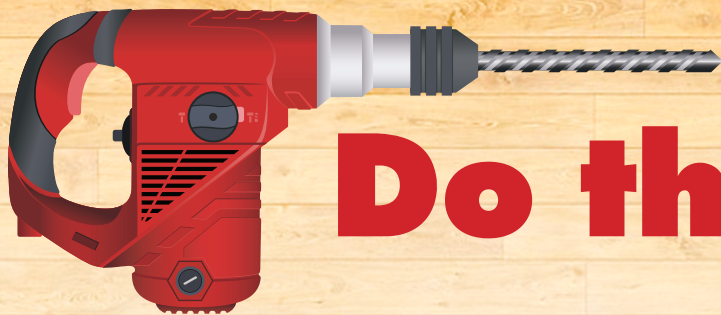
ancestry that would not have been possible before," he said. "Information is easy to obtain, though it's not for everybody... why shouldn't the records be open now? People keep registering. Even if a biological parent isn't listed, one can do some research and solve some part of their

own puzzle," said Phillippo.

Presently, adoptees can petition the court to get their records open, but many of those petitions have been denied. Yet, Phillippo adds there are many more that get approved. Whether or not people understand or agree with Phillippo's efforts, and those of many others to have adoption records opened, the reality is that these efforts will not change the facts of any one person's biological history.

"The people in their lives are going to be more understanding than they think. Adoptees are also not really looking to publicize the information about who their biological parents are. They want some more information, they might want some communication but if that doesn't work out, than that doesn't work out," said Phillippo.

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Guilderland

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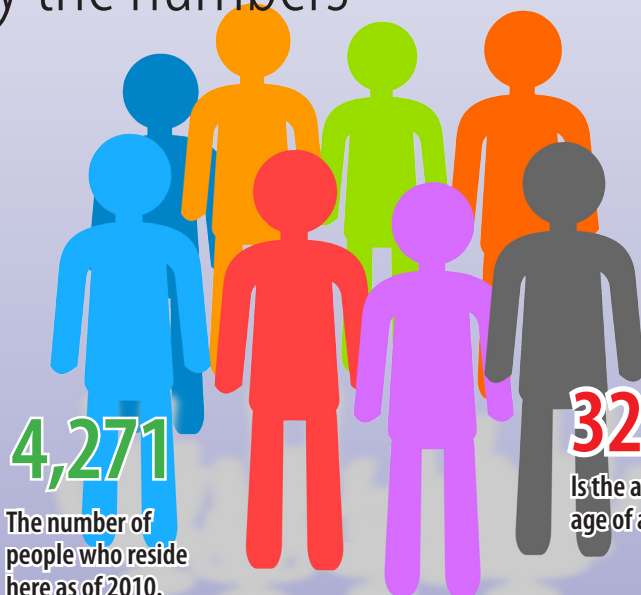
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United States Census Bureau



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Take a walk down Rapp Road

Reflecting on a community's historic origins

By **DIEGO CAGARA**
 cagarad@spotlightnews.com

ALBANY — Beyond Crossgates Mall and north of the boundary between Albany and Guilderland lies a quiet 14-acre residential neighborhood on Rapp Road that bears great historic significance.

Its origins trace back to the early 1930s during the Great Migration, a period where six million African-Americans left the rural South for more urban areas in the Northeast, Midwest and West to escape racial segregation, the Jim Crow laws, and inadequate living and economic conditions.



This historic marker from 2017 acknowledges how The Rapp Road community still thrives after almost a century. Diego Cagara / Spotlight News

Jennifer Lemak, the chief curator of history at the New York State Museum, said in 1927, Reverend Louis W. Parson and his wife, both African-Americans, drove from Shubuta, Mississippi to settle down in the South

End of Albany. Parson was a preacher and had led a religious community back in Shubuta. Right before the move, she said Parson had earned a large cash settlement prior from being injured in the logging or railroad

industry, which he used to buy a car and leave Mississippi as he did not feel comfortable being an injured black man with money in the South.

Once in Albany, Parson began a group prayer circle and a storefront Pentecostal church in the South End, called First Church of God and Christ, Lemak said. As he continued settling down there, Lemak said, "Because he had a vehicle, he went back and forth from Mississippi to Albany to transport more people from his community back there. He did that a bunch of times and at some point, one of the people he brought to Albany ended up buying a bus who brought in more people."

Beverly Bardequez, the Rapp Road Historical Association president, said, that Parson's community, however, did not like

how bars, brothels, prostitution and gambling were prevalent in the South End. This inspired Parson to buy 28 acres of land in the Pine Bush area in the early 1930s — where Rapp Road is located now — and move there with his community.

"They started building their own homes and they'd get and salvage materials from torn-down buildings in Albany," Bardequez said. "They built their foundations by hand and the men in the community combined their skill sets to build the bungalows that are now there. You look at them now and don't think much but it's significant for replicating what they'd known in the South." Lemak similarly said that the houses' architecture resemble those found back in Shubuta.

Continues on page 18

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From page 15... Rapp Road

Bardequez is in the third generation of the Rapp Road community and currently lives on 14 Rapp Road, the house next to the one her grandparents built. She said in 1944, her grandfather started building the latter house while her grandmother built a temporary small house beside it. The former house was completed in 1949 and the latter house was then dismantled. She added that her grandmother's youngest daughter now lives at that house.

At its peak, 23 families called Rapp Road their home by the 1950s; over a dozen still do today. However, the state acquired the northern half of the community's land in 1971 to construct the Washington Avenue Extension, according to Lemak, and while those affected mostly moved



Beverly Bardequez, the president of the Rapp Road Historical Association, lives in this house on Rapp Road, which she said is right next to a house her grandparents had built in the 1940s.

Diego Cagara / Spotlight News

away, one of the houses was physically moved to the southern half, where the remaining 14 acres of the community still exist today.

The community later became recognized as a historic district at the state level in 2002 and national level in 2003. "We were thrilled about the recognition. Jennifer

Lemak and my aunt, Emma Dickson, had worked together to research the community's history and presented it to the state Parks Recreation & Historic Preservation Office," Bardequez said. "They helped get it nominated to the State and National Registers eventually."

However, development continues to threaten the historic community. In December 2018, Pyramid Management Group, Crossgates Mall's owner, proposed to build 222 apartments and townhouses southwest of the intersection of Rapp and Gipp roads. While this proposal has not moved

"I just would like my children and my children's children to say this is where our ancestors settled and be able to come here and appreciate what they did to create this settlement."

— Beverly Bardequez, Rapp Road Historical Association president

She also brought up how in just the last two years, the community received a historic marker, now located at the intersection of Rapp and Springsteen roads, through a state grant. "We're looking to do more things to maintain the community and ... my biggest concern is that houses there are left unattended and we want to get them back in good form," she said. One such way has been the formation of the Rapp Road Historical Association, a resource for information about the community and residents' stories.

"I just would like my children and my children's children to say this is where our ancestors settled and be able to come here and appreciate what they did to create this settlement," Bardequez concluded. "They basically came here with clothes on their back and not much money literally. They created something out of nothing."

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LIBRARIES

Halloween Happenings

Looking for fiendishly fun (and free) Halloween-themed activities? Look no further than your friendly local library.

Friday, Oct. 25

Escape room strategizing meets spooky shenanigans as teams of teens and adults work feverishly to "Escape the House on the Hill." Up for a mind-bending and slightly scary challenge? Please register for either the 4 or 6 p.m. session; space is limited.

Tuesday, Oct. 29

All ages are welcome to experience our "Halloween Craft Graveyard" from 6:30 to 8 p.m. This casual and creative gathering features snacks and Halloween music to enhance the seasonal mood. Make one of our projects, or



something totally unique. Please register online, by phone or in person.

Wednesday, Oct. 30

Grades five to 12 are invited to a tween & teen "Halloween Party" at 6 p.m. just for them. Come dressed in costume and partake in creepy snacks and terrifying activities for a scary good time. Please register online, by phone or in person.

Thursday, Oct. 31

Children ages 19 months and up and their caregivers are invited to a "Not-So-Spooky Costume Party and Storytime" at 10:30 a.m., complete with lively songs, stories, and dancing. We'll conclude our party with a costume parade through the library. Then at 6 p.m., Stanley Kubrick's classic fright-

fest, "The Shining," will fill our giant screen, complete with free popcorn. Where's Johnny? Here, and it's Rated R.

Drug Take Back Day

GPL is partnering once again with the Guilderland Police Department for the U.S. Drug Enforcement Administration's nationwide Drug Take-Back Day on Saturday, Oct. 26, 10 a.m. to 2 p.m. This is a unified opportunity for the public to surrender expired, unwanted, or unused medications for proper disposal. Unwanted controlled, non-controlled, and non-prescription substances may be turned in to police officers stationed in the library's auxiliary parking lot. Please be sure to remove any identifying information from prescription labels. We cannot accept sharps and

syringes, nor can we accept any medications prior to Oct. 26 at 10 a.m. This initiative is completely confidential; officials will not ask questions nor request identification. For further details, please see: <https://takebackday.dea.gov>.

Saturday STEAM

On Saturday, Oct. 26 at 2 p.m., children in grades three to five can explore how and why things move in this hands-on STEAM program. We'll make cars and alien hover crafts powered by balloons and wind, all while learning about the importance of force. Please register online, by phone or in person.

— Luanne Nicholson

Storytime

The whole family is welcome at a not-so-scary Halloween

storytime, Saturday, Oct. 26, from 10:30 to 11:30 a.m. Join Miss Amy and Miss Lisa for some frightfully good, not-so-spooky tales and songs. We will parade through the Library and enjoy a mini-celebration and craft befitting the holiday. Come in costume if you'd like. Ages two to seven with caregiver; please register.

Sign Language Fun

Sign language belongs to the deaf and hard-of-hearing community, but even hearing children can benefit from being introduced to and learning it. Librarian/Storyteller Ann Gainer will offer a fun, interactive, and educational storytime for



young children and families. Children ages two to six with caregiver, please join us from 10:30 to 11:30 a.m., Saturday, Nov. 9. Please register.

Candle Making

Learn how to make your own beeswax candles! Class will run from 2 to 3:30 p.m., Sunday, Nov. 3. Make one for yourself and a friend. Supplies provided to make two candles to take home. Age 10 through adults, please register.

Registration

Register for events in person, or at 518-765-2791 or use our online calendar at voorheesvillelibrary.org/calendar.asp.

— Lynn Kohler

LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS
East 43 rd Street, Suite 460, New York, NY 10017. Purpose: Any lawful purpose. D-230475	LLC, 23-58 Steinway Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-229631	NOTICE OF LLC FORMATION SEYMOUR 3359 LLC. Arts. of Org. filed with the SSNY on 09/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 80-30 164 th Street, 2nd Floor, Jamaica, NY 11432. Purpose: Any lawful purpose. D-229534	NOTICE OF LLC FORMATION SouthTowers343-4K-LLC. Arts. of Org. filed with the SSNY on 10/11/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 East 30th Street, Apartment 6B, New York, NY 10016. Purpose: Any lawful purpose. D-231207	NOTICE OF LLC FORMATION SUMMIT QUALITY PARTNERS LLC. Arts. of Org. filed with the SSNY on 08/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Douglas Lane, Voorheesville, NY 12186. Purpose: Any lawful purpose. D-229953	NOTICE OF LLC FORMATION TILT CONCEPTS LLC. Arts. of Org. filed with the SSNY on 09/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 336 Devoe Street, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-229984	NOTICE OF LLC FORMATION VALZEE LLC. Arts. of Org. filed with the SSNY on 09/09/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 240 East 10th Street, 5B, New York, NY 10003. Purpose: Any lawful purpose. D-229412	NOTICE OF LLC FORMATION VVF MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 10/08/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 68-24 62nd Street, Glendale, NY 11385. Purpose: Any lawful purpose. D-231166
NOTICE OF LLC FORMATION QUEENSGIRL THE-QUEEN1955, LLC. Arts. of Org. filed with the SSNY on 09/18/19. Latest date to dissolve: 12/31/2069. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Michael Rozins, 4 Robin Lane, Bedford, NY 10506. Purpose: Any lawful purpose. D-229695	NOTICE OF LLC FORMATION RICHMARK PARTNERS LLC. Arts. of Org. filed with the SSNY on 09/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Robert Stahmer, 610 Birdsall Drive, Yorktown Heights, NY 10598. Purpose: Any lawful purpose. D-229685	NOTICE OF LLC FORMATION SINKER LLC. Arts. of Org. filed with the SSNY on 04/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 504 West 55th Street, New York, NY 10019. Purpose: Any lawful purpose. D-229957	NOTICE OF LLC FORMATION SPLITTER LLC. Arts. of Org. filed with the SSNY on 04/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 504 West 55th Street, New York, NY 10019. Purpose: Any lawful purpose. D-229959	NOTICE OF LLC FORMATION SUSAN FINKEL LLC. Arts. of Org. filed with the SSNY on 06/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Susan Finkel LLC, 161 West 75th St., #9F, New York, NY 10023. Purpose: Any lawful purpose. D-229677	NOTICE OF LLC FORMATION TOWNHOUSE ON ROGERS AVE LLC. Arts. of Org. filed with the SSNY on 10/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3514 Butler Street, Apartment 7, Pittsburgh, PA 15201. Purpose: Any lawful purpose. D-230870	NOTICE OF LLC FORMATION VANDERBILT AVENUE GARAGE LLC. Arts. of Org. filed with the SSNY on 09/12/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. EB-229632	NOTICE OF LLC FORMATION WHERE LITTLE MINDS GROW, LLC. Arts. of Org. filed with the SSNY on 09/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 7 Rogers Place, Staten Island, NY 10312. Purpose: Any lawful purpose. D-229850
NOTICE OF LLC FORMATION REFORMULATION RESEARCH LABORATORY, LLC. Arts. of Org. filed with the SSNY on 09/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 157-14 Cryders Lane, Whitestone, NY 11357. Purpose: Any lawful purpose. D-229973	NOTICE OF LLC FORMATION RODMAY MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 08/30/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 66 S. 6th Street, Brooklyn, NY 11249. Purpose: Any lawful purpose. D-229208	NOTICE OF LLC FORMATION SMS EVENTS LLC. Arts. of Org. filed with the SSNY on 07/03/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 29 Jones Street, Apartment 1A, New York, NY 10014. Purpose: Any lawful purpose. C-230256	NOTICE OF LLC FORMATION SUFFOLK HOME CARE LLC. Arts. of Org. filed with the SSNY on 09/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2 Coraci Court, Suite 10, Shirley, NY 11967. Purpose: Any lawful purpose. D-231014	NOTICE OF LLC FORMATION THE HAKIMI LAW FIRM PLLC. Arts. of Org. filed with the SSNY on 09/05/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 97-07 63rd Road, Suite 2B, Rego Park, NY 11374. Purpose: For the practice of the profession of Law. D-229231	NOTICE OF LLC FORMATION TRIBORO SPINE AND JOINT MEDICINE, PLLC. Arts. of Org. filed with the SSNY on 09/26/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 369 East 149th Street, 9th Floor, Bronx, NY 10455. Purpose: For the practice of the profession of Medicine. D-231029	NOTICE OF LLC FORMATION VIN GRASSHOPPER LLC. Arts. of Org. filed with the SSNY on 10/11/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Paleudis Law Firm, LLC, 225 W. 34th Street, #2205, New York, NY 10122. Purpose: Any lawful purpose. D-231206	NOTICE OF PLLC FORMATION WILLIAM LEE, CPA, PLLC. Arts. of Org. filed with the SSNY on 09/26/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o William Lee, CPA, 58-11A 43rd Avenue, Apartment BB, Woodside, NY 11377. Purpose: For the practice of the profession of Public Accountancy. D-230048

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LETTERS TO THE EDITOR

Vote for Jim

Dear Editor of The Spotlight:
By working closely with Jim Carriero during his campaign for Bethlehem Town Board, I have witnessed many fine attributes befitting of a Town Board member and as a representative to the residents of this town.

Jim has 37 years experience in the banking industry, seven years as a bank president resulting in a strong financial background; strong leadership and communication skills; and knows the importance for the public to understand issues both short-term and long-term.

I have attended Comprehensive Planning meetings and heard residents express concerns regarding a lack of representation in out-lining areas. Jim continues to visit residents throughout the town including the Hamlets. He engages in conversations and listens to their concerns regarding town issues. I agree with Jim that our town needs to practice fair and balanced government.

Jim has met with local business

owners and is in opposition of the Delaware Avenue "Road Diet" project. Reducing lanes, reduces vehicles; therefore, commuters and shoppers just might find alternative routes resulting in taking their business elsewhere. Can Bethlehem really afford to lose businesses? Perhaps, tax dollars would be better allocated to improving the aging infrastructure (water, sewer) or to the Highway Department for improvements, e.g., roads, storm sewers, sidewalks, instead of setting up "special" projects or funds.

I believe Jim Carriero can respectfully contribute new perspectives to issues facing our town and work towards outcomes that benefit not only government, but residents, businesses, community and taxpayers.

Bethlehem residents have an opportunity this Election Day to balance town government, bring new insight to town issues, and fiscal wisdom to the Town Board. Vote for Jim Carriero for Bethlehem Town Board.

*Carol Northrup
Selkirk*

Thank you

To the Editor:

I would like to take this opportunity to thank our Fresh Air host families and volunteer leaders Saratoga County. Because of their dedication and commitment, thousands of children from New York City's low-income communities participated in our Friendly Towns volunteer host family program this summer.

I am inspired by the heartfelt stories shared by hosts who welcome our children into their homes and community, and the joy and growth it brings to everyone. For over 140 years, The Fresh Air Fund has brought people together. Children make new friends and forge relationships that can last a lifetime. We've learned that after staying with a host family children are more confident and more comfortable meeting new and different people. Children tell me about their excitement to return to visit with a host family and all the activities ahead.

Our programs would not be possible without the generosity of our Fresh Air host families, supporters, and volunteers in Saratoga County. Our

local volunteers, many of whom are also hosts, interview prospective host families, help recruit new families and plan special activities. I would also like to thank the individuals and local businesses who give their time and resources to ensure The Fresh Air Fund's Friendly Towns Program in Saratoga County is such a success each year.

The Fresh Air Fund, an independent, not-for-profit agency, has provided free summer experiences to more than 1.8 million New York City children from low-income communities since 1877. Each summer, thousands of children visit volunteer host families along the East Coast and Southern Canada.

Please contact Melissa Nicolaysen at 518-320-6736 or visit www.FreshAir.org to learn more about hosting a child through The Fresh Air Fund.

*Fatima Shama
Executive Director
The Fresh Air Fund*

Vote for Tiger

Why I am voting to re-elect Tiger Anastasi?

I am voting to re-elect Tiger Anastasi for a couple of very simple reasons. First of all, Tiger is not a politician; he is a man of action. Tiger looks at what needs to be done to improve our community and simply does it, without regard to how it will look for him or affect him politically.

Another other reason I would re-elect Tiger Anastasi is because he is a man of his word. As I mentioned above, Tiger came out, assessed the situation and gave me his word that the situation would be taken care of.

For years I was having an issue with something on my property that was owned and maintained by the town. For years I petitioned the town to do something about it and I all received from the previous Superintendent was lip service. I discussed the issue with Tiger, he came out to my property, assessed the situation and decided something did need to be done about it. On one of his

first days in office, which happened to be a bitter January day, Tiger showed up with a crew and started working on rectifying the issue. Tiger gave me his word, was true to his word and came out and took action.

I've lived in this community for 17 years. I care about our community. Since Tiger was elected, I've seen more projects being undertaken by his department than ever before. Tiger cares about our community too.

When Tiger initially ran for office I voted for him because of his sincerity and his passion to make Bethlehem better. Tiger didn't aspire to political office; he did so because he saw things were not as they should be and he felt he could make a difference. Now I'm voting to re-elect Tiger because he has proven himself to be a virtuous person and a man of action, and one with the skills and experience to continue to improve things for Bethlehem and its residents. I'm voting to re-elect Tiger because he has proven himself to be, beyond any shadow of a doubt, the right person for the job.

*Deirdre Mozes,
Fellow Democrat*

To VanLuven

Dear Supervisor VanLuven:

According to Ana Kasparian, the essential belief of a "Progressive" is the belief that candidates' political campaigns should be financed broadly by donors making small donations without expectation of reward instead of financed narrowly by special interests making large donations with the expectation of reward. About what I am writing is elected officials' abuse of governmental power: rewarding for political benefit the favored few over the many.

Below is correspondence with your secretary, Robin Nagengast. I inquired about the town's policy on town hall room use. Ms. Nagengast asked me for what purpose the room was to be used. I answered that it would be an educational forum regarding the explosion (approximately 800%) of county Medicaid costs over the past 26 years in which candidates for the Albany County Legislature could present their solutions to this expensive challenge to county finances. Ms. Nagengast told me that such a forum is, "political," and therefore forbidden under the town's room use policy. I responded that I understood how such a forum could be deemed, "political," but I then did not understand how the Bethlehem Democratic

Committee had been allowed to hold a "Meet the Candidates" event this spring, in which the committee's endorsed candidates were allowed to speak and at which Bethlehem Democratic Committeewoman Michelle Sanders was positioned at a table in the hallway next to the entrance to your office collecting designating petition signatures for these candidates, at least when she was present, since I witnessed the petitions with at least one pen on the table without anyone behind it before she appeared. Ms. Nagengast claimed she knew nothing about this event and asked if I could provide the date this event occurred so, as the room scheduler, she could prevent it from happening again. I provided her the link to The Spotlight article promoting the event: <https://www.spotlightnews.com/towns/bethlehem/2019/02/27/endorsed-candidate-names-start-rolling-out-in-bethlehem/>.

Attached is the flyer for a "Canvassing for Newbies" public event sponsored by Bethlehem NY Indivisible, i.e. Bethlehem Democratic Committee 1st Vice Chair Pam Skripak et al., and Bethlehem Morning Voice Huddle. From the language of the flyer itself - "Get ready for the 2020 elections," etc. - it appears to be a political event.

I do not care whether the town's room policy allows for political events or not. Other Bethlehem citizens and I rightly

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expect, however, that we apply this policy equally, whether the room is requested by Pam Skripak, Jared King or even ... Keith Wiggand.

The next time I request to reserve a town room for an educational forum in which Bethlehem citizens can see the stark difference among candidates - for example, those, like George Harder, who focus on Progressive solutions to problems routinely expressed to me as concerns by Bethlehem voters, e.g. preserving green space, building to zoning code, increased traffic congestion, versus those, like Joanne Cunningham, who focus on problems identified only by Working Families Party headquarters, e.g. mandating Albany County businesses pay for sick leave, I hope you will allow it.

Jared King
Delmar
518-439-6452

LIBRARIES

Brainstorm with us

How will Bethlehem Public Library serve the community in the 21st Century and beyond? You tell us! Please join your neighbors for a public workshop, or charrette, Tuesday, Nov. 19, at 6 p.m. in the Community Room to discuss the evolution of library services and how the library's space can be used to best meet those needs.

The goal of the workshop is for Bethlehem residents to exchange ideas and priorities with the library's architect, Paul Mays. This input will help the library develop an expression of what members of the community want us to be over the next decade and beyond. It will be an open, active brainstorming session and is an important milestone



in the development of the Bethlehem Public Library Board of Trustees' Long-Range Plan.

For more information, call 518-439-9314 or visit www.bethlehempubliibrary.org.

Paul Mays, of Butler Rowland Mays Architects, LLP in Ballston Spa, specializes in library design and renovation. He has recently worked on the Colonie, Saratoga Springs, Guilderland and Kingston libraries, among others.

Get creative with a Cricut

If you haven't checked out our Tech Room Makerspace in a while, then now is the time to stop by and see all of the great new tools we've been

busy adding over the past couple of months.

Front and center is our brand-new Cricut Maker, which allows for precision cutting of paper, vinyl, fabric and other materials. This versatile tool is perfect for scrapbooking, quilting, creating custom cards, and more! It can even letter and emboss for a polished text presentation. Patrons will be responsible for bringing their own materials to use in the Cricut. Not sure how it works? Come see it in action at a demonstration Monday, Nov. 4 from 6 to 8 p.m.

The Cricut joins the Makerbot 3D printer, a die cutter, laminator, button maker, light tracing board and sewing machine available for use anytime during library hours. Visit our expanded Tech Room Makerspace today and set your imagination and creativity free at the library!

Trunk or Treat

Drop by Elm Avenue

Park Wednesday, Oct. 23, beginning at 4 p.m. for a free Trunk or Treat community event, featuring dozens of creative trick-or-treating stations hosted by local groups such as the library Friends, area Girl Scout troops, the Bethlehem Tomboys, Mohawk Hudson Land Conservancy, Delmar-Bethlehem EMS, the Progress Club, Capital District Child Care Council, high school clubs, and more. This event is brought to you through a collaboration between the library and the Town of Bethlehem Parks and Recreation department. A costume parade begins at 4:15 p.m.

Make mass mailing easier

It is coming up on the time of year when many of us start to

reach out to friends and relatives with holiday letters and cards. We'll show you how to tame that extensive address list and make your mass mailings easier to manage using Microsoft Word and Excel to create merged address labels. Join us for our "Simplify Holiday Mailings" on Monday, Oct. 28, at 10 a.m. Sign up online at www.bethlehempubliibrary.org or call 518-439-9314.

To Life!: Part VII

Richard Feldman returns to the library's Coffee and Conversation series on Friday, Oct. 25 to showcase songs from popular American musicals about optimism and following your dreams, 1 p.m. Program is followed by a coffee break. Co-sponsored by Bethlehem Senior Projects, Inc.

— Kristen Roberts

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Hello to our loyal *Spotlight* readers,

Nothing brings us more pride than putting out this paper each week. *Spotlight* has been a staple of the Bethlehem community (and beyond) for decades and we look forward to publishing a great community newspaper for many years to come.

Unfortunately, gathering news isn't cheap.

To help offset the cost of gathering and delivering the news, beginning on **Oct. 1, 2019**, full access to spotlightnews.com will require a **digital subscription**.

If you are currently a print subscriber, your print subscription to the newspaper will not change. You are automatically a premium subscriber under the new program. In order to gain full access to spotlightnews.com, you will need to create a digital account at no additional cost. Use the coupon code **lovemyspotlight** to activate your digital account. If you are uncomfortable with this process, please call Kaitlin from 8 a.m. to 4:30 p.m. Monday through Friday and she can assist.

Some news will remain free on spotlightnews.com. *TheSpot518* and our SPOTTED galleries will be as accessible as ever. Most importantly, public safety issues and breaking, need-to-know news will remain open to everyone. Our events calendar will also remain free.

We know this is a lot and we are here to help. The transition will be headed up by our publisher and circulation manager, John and Kaitlin. They'll be available to answer any questions and clarify anything you need.

We look forward to finishing 2019 strong and entering 2020 with a new look and new content. We look forward to your feedback as we move forward.

Life is better when you find the spot.

Sincerely,

The Spotlight News team—

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 Young jazz star
 Veronica Swift takes
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Page B23

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PICK OF THE WEEK



Enchanted Troy

Troy's exotic steampunk festival continues to evolve through the years."

Page B6

INSIDE



Chowderfest

Fans of chowder had something to smile about in the Collar City.

Page B17

Arts calendar

Pages B7-B10



Emily Butler Photography

MUSIC

Carrying on

Kansas will play 'Point of Know Return' and acoustic set of favorites at the Palace

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

In the midst of an anniversary tour that celebrates the band's most successful album, Kansas continues to ride the tour bus and roll out new music with an anticipated 16th studio release next year.

But, before that new music comes out, Kansas will play at the Palace Theatre on Saturday, Oct. 26, at 8 p.m. The pioneering prog rock band will play a dual set that includes an acoustic performance of some of the band's most popular hits.



Continues on page B4

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▶ quote of the week

"I've played these songs for 35 years, they are a part of my musical DNA."




— Billy Greer, Kansas



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RECENTLY ANNOUNCED

Funny days ahead

Troy Music Hall announces two shows for 2020

TROY — The Troy Savings Bank Music Hall Corporation announced two new shows for the upcoming 2020 season on Monday, Oct. 21, including a visit from the improvised comedy troupe *Whose Live Anyway?*

The current cast members of the Emmy-nominated TV show *Whose Line Is It Anyway?* present their new improv tour: *Whose Live Anyway?*

Whose Live Anyway? is 90 minutes of hilarious improvised comedy and song all based on audience suggestions. Cast members Ryan Stiles, Greg Proops, Joel Murray, and Jeff B. Davis, will leave you gasping with the very witty scenes they invent before your eyes. Audience participation is key to the show so bring your suggestions and you might be asked to join the cast onstage! *Whose Live Anyway?* showcases some of the improv games made famous on the long-running TV show as well as some exciting new ones, featuring musical direction by Bob Derkach.

Whose Live Anyway? takes the stage on Wednesday, April 15. Ticket costs start at \$35.50 each. All ages are welcomed, but please note that some "PG-13" language will be used during the performance.

Jake Shimabukuro

With only four strings, Jake Shimabukuro is a humble master of the ukulele, whose mission is to connect and inspire people.

Whether one on one or in front of an audience of thousands, Shimabukuro shares deep emotional



Whose Live Anyway?

Provided photo

connection with the listener that is open, magical and transcendent.

Shimakukuro will be joined by special guest Sierra Hull.

Shimabukuro performs at the Troy Savings Bank Music Hall on Wednesday, Feb. 12, with special guest Sierra Hull. Ticket costs start at \$32.50 each.

The Troy Savings Bank Music Hall has hosted performances by legions of world-renowned artists, from Dizzy Gillespie, Ella Fitzgerald and more.

WHAT'S HAPPENING

Spamilton: An American Parody

Proctors — Until Nov. 2

SCHENECTADY — Proctors will continue to host performances of "Spamilton: An American Parody" until Nov. 2.

Don't miss this "convulsively funny" parody from the comic mastermind behind the long-running hit, "Forbidden Broadway." After tearing it up in New York, Chicago, and Los Angeles, "Spamilton: An American Parody" will stage a singing, dancing, comedy revolution in Schenectady for a limited time only.

For tickets and show times, visit www.proctors.org. Proctors is located at 432 State St., Schenectady.

10 Warning Signs of Alzheimer's

Voorheesville Public Library — Wednesday, Oct. 23

VOORHEESVILLE — Voorheesville Public Library will host 10 Warning Signs of Alzheimer's on Wednesday, Oct. 23 from 6:30 to 7:30 p.m.

Registration can be completed at www.voorheesvillelibrary.org.

Voorheesville Public Library is located at 51 School Road, Voorheesville.

Census 2020 Recruitment Drive

Guilderland Public Library — Wednesday, Oct. 23

GUILDERLAND — Guilderland Public Library will host a Census 2020 Recruitment Drive on Wednesday, Oct. 23 from 10 a.m. to 4 p.m.

Guilderland Public Library is located at 2228 Western Ave., Guilderland.

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From page B1 ... Carrying on

Billy Greer, the band's bass player, can remember having a tee-shirt depicting a clipper ship hanging over a cascading fall of water, disappearing into oblivion. The cover of Kansas' 1977 album "Point of Know Return" is an iconic piece of art music fans recognize. It is a point of reference to the progressive rock band. You know of the band because of this album, and if you don't know of them, this is the album you need to hear.

It was the band's follow-up to "Leftoverture," which produced "Carry on Wayward Son," a title that topped at No. 11 on the Billboard Top 100. *Rolling Stone* magazine wasn't a fan of the shorter length to its songs, but expressed how "strong and purposeful" the band played as a whole. Despite the mixed review, "Point of Know Return" became the band's greatest selling studio album. The album peaked at No. 4 on Billboard's Album charts, containing the smash hit and million-selling single "Dust in the Wind," along with fan favorites such as "Portrait (He Knew)," "Closet Chronicles" and "Paradox." It reached sextuple-platinum status with more than six million copies sold and had three Billboard Hot 100 singles.

The commercial success of the album is also where many point to when the band started to waiver and split apart. Steve Walsh, the band's lead singer, left in 1981 to pursue a solo career. He ultimately paired up with Greer as they formed

the band Streets. However, when Walsh decided to return to Kansas, Greer joined him.

"I was returning back to Atlanta with my tail between my legs," Greer said he recalled. He was with another band that failed to land a record deal, and he said he was about to go back home questioning whether or not he'd continue to play when he received the phone call. "I was living in this small, dusty town with an airport just big enough to land a twin-engine."

Greer was picked up in a Learjet, and his career with Kansas took off. It was 1985.

Greer joined as Walsh attempted to revitalize Kansas. The band disbanded nearly two years before after the release of "Drastic Measures." Dixie Dregs guitarist Steve Morse joined the band and helped infuse a new sound exhibited in "Power." It produced a couple of hits, including "All I Wanted," and the title track. But, that was the last time the band cracked the Billboard Top 100.

The band produced an ambitious concept album with its 1988 release "In the Spirit of Things." But, soon afterwards, the climate changed in popular music. It marked the beginning of "some dark times" for the band, as it struggled to keep together while progressive rock fell out of favor to alternative and grunge.

"Nirvana changed everything," said Greer.

Kansas released three more studio albums before Walsh decided to retire in 2014. When Ronnie Platt took over as frontman, the band started to produce new music and released "The Prelude Implicit,"

the band's 15th studio album. It was also the band's first release under Inside Out Music, a German record label keen on progressive rock.

Though Greer wasn't with Kansas when the band produced "Point of Know Return," he said the music is still very much a part of him.

"I've played these songs for 35 years," he said. "They are a part of my musical DNA."

Tour

"The sentiments for this anniversary tour for 'Point of Know Return' are kind of similar to the release of the album itself," said Phil Ehart. Ehart is Kansas' drummer and its original member. "Just like when we first released the album, as a band, we knew we had to deliver a tour just as good, or better, than what we did for 'Leftoverture.' So, that's what we've tried to do. Fan response has been overwhelmingly positive and we are excited to continue it and take this show to more people."

Throughout the tour, live shows not only culminate with the album Point of Know Return performed in its entirety, but Kansas also performs classic hits, deep cuts, and fan favorites. In some cases the band even puts a new spin on a Kansas classic. The Kansas musical event has songs for every type of fan.

"This tour really is so much fun," said David Ragsdale, the band's guitarist and violinist. "As ingrained as this album is in popular culture with 'Dust in the Wind,' the song 'Point of Know Return,' and the album artwork, it's not uncommon for people to overlook the incredible depth of the album. This entire set keeps the band

on our toes and is hopefully as fun for the audience as it is for us."

Today

Kansas is currently comprised of Ehart, Ragsdale, Greer, vocalist and keyboardist Ronnie Platt, keyboardist Tom Brislin, guitarist Zak Rizvi and original guitarist Richard Williams.

Greer said the band just finished recording a new album, which the band plans to release sometime in 2020.

WHAT'S HAPPENING

Keller Williams

Skyloft — Thursday, Oct. 24

ALBANY — Keller Williams takes his solo act to the Skyloft stage on Thursday, Oct. 24, at 8 p.m.

For most of his career Williams has performed solo. His stage shows are rooted around his singing compositions and choice cover songs, while accompanying himself on acoustic guitar. With the use of today's technology, Keller creates samples on the fly in front of the audience, a technique called live phrase sampling or looping, with nothing pre-recorded, the end result often leans toward a hybrid of alternative folk and groovy electronica. A genre Keller jokingly calls "acoustic dance music" or ADM.

Tickets cost \$25 each. For tickets and information, visit eventbrite.com.

Skyloft is located at 1 Crossgates Mall Road in Albany.

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■ WHAT'S HAPPENING

Trunk or Treat at Elm Ave Park

Elm Avenue Park — Wednesday, Oct. 23

DELMAR — Bethlehem Public Library will host Trunk or Treat at Elm Avenue Park on Wednesday, Oct. 23 from 4 to 6 p.m.

Come to Elm Avenue Park for a costume parade, then stay for some trick or treat fun!

Elm Avenue Park is located at 261 Elm Ave., Delmar.

TED Talk: Consciousness

William K. Sanford Town Library — Thursday, Oct. 24

LOUDONVILLE — The William K. Sanford Town Library will host TED Talk: Consciousness on Thursday, Oct. 24 from 6:30 to 7:30 p.m.

No time to read a book group selection, but love

exploring new ideas? Join the library's TED Talk Discussion Group! Attendees watch two to three TED Talks and discuss. This month, attendees will explore one of the most mysterious phenomena in the universe: the "self" (and why it exists).

To register, visit www.colonielibrary.org.

The William K. Sanford Town Library is located at 629 Albany Shaker Road, Loudonville.

Music and Movement

Bethlehem Public Library — Thursday, Oct. 24

DELMAR — Bethlehem Public Library will host Music and Movement on Thursday, Oct. 24 from 9:30 to 10 a.m.

This event features songs, instruments and dancing for babies, toddlers and preschoolers with an adult.

Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

Thursday Afternoon at the Movies

Voorheesville Public Library — Thursday, Oct. 24

VOORHEESVILLE — Thursday Afternoon at the Movies will take place at Voorheesville Public Library on Thursday, Oct. 24 at 1:30 p.m.

This week's feature is "Knights of the Round Table," starring Robert Taylor and Ava Gardner. King Arthur's rule is threatened by the adulterous love between Sir Lancelot and Queen Guinevere, a relationship the king's enemies hope to exploit.

Voorheesville Public Library is located at 51 School Road, Voorheesville.

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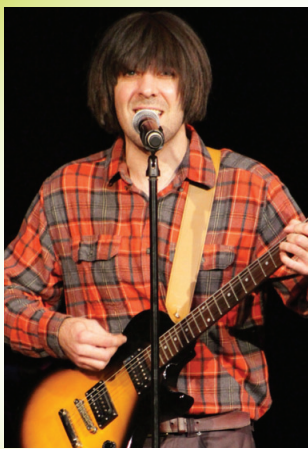
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Don't be Late

The Lateship IV, the annual halloween costume party and booze cruise hosted by The Late Shift, embarks on Saturday, Oct. 26 off of the Dutch Apple Cruise at 6 p.m. The Late Shift will play two sets, while the crowd is showed upon with costume prizes, a full bar and plenty of surprises. Tickets cost \$30 each. For tickets and information, visit eventbrite.com.

Michael Hallisey / TheSpot518

THEATER

Spamilton: An American Parody

Proctors will continue to host performances of "Spamilton: An American Parody" until Nov. 2. Don't miss this "convulsively funny" parody from the comic mastermind behind the long-running hit, "Forbidden Broadway." After tearing it up in New York, Chicago, and Los Angeles, "Spamilton: An American Parody" will stage a singing, dancing, comedy revolution in Schenectady for a limited time only. For tickets and show times, visit www.proctors.org. Proctors is located at 432 State St., Schenectady.

MISCELLANEOUS

10 Warning Signs of Alzheimer's

Voorheesville Public Library will host 10 Warning Signs of Alzheimer's on Wednesday, Oct. 23 from 6:30 to 7:30 p.m. Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others. Please note there are two sessions for this event. Registration can be completed at www.voorheesvillelibrary.org. Voorheesville Public Library is located at 51 School Road, Voorheesville.

Annual Business Expo and Networking Event

The Annual Business Expo and Networking Event from The Colonie Chamber of Commerce will take place at the Holiday Inn and Suites on Wednesday, Nov. 6 from noon to 7 p.m. Market your business, discover new vendors, and make new connections at this annual event. Members and non-members are welcome to exhibit. Exhibitor packages include a table, two persons to "man" the table, linens, early set-up, and admission for the two to our monthly net-

working event with complimentary hot and cold hors d'ouvres and cash bar. To register, visit www.coloniehchamber.org. Holiday Inn and Suites is located at 400 New Loudon Road, Latham.

Census 2020 Recruitment Drive

Guilderland Public Library will host a Census 2020 Recruitment Drive on Wednesday, Oct. 23 from 10 a.m. to 4 p.m. Representatives from the Census Bureau will visit the library to help people apply for jobs working on the 2020 Census. Guilderland Public Library is located at 2228 Western Ave., Guilderland.

Extinction Rebellion

Bethlehem Public Library will host Extinction Rebellion on Friday, Oct. 25 from 5:30 to 9 p.m. At this free event, the global warming crisis will be discussed and what people can do about it. Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

Networking at Noon

The Bethlehem Chamber of Commerce will host Networking at Noon at Pioneer Bank on Tuesday, Oct. 29 at noon. This midday event provides the perfect opportunity to stay connected, especially if your schedule doesn't allow for participation in after-hours events. Meet new people and develop new client prospects. Find a resource, or be a resource for someone else. This relaxed networking opportunity allows you to build your business connections. To register, visit www.bethlehemchamber.com. Pioneer Bank, located in Town Squire Plaza, is located at 329 Glenmont Road, Glenmont.

Riverkeeper 2019 Community Scientist Celebration

The Sanctuary for Independent Media will host the Riverkeeper 2019 Community Scientist Celebration on Friday, Nov. 1 at 6 p.m. Join Riverkeeper in partnership with The Sanctuary for Independent Media as we celebrate the 2019 Riverkeeper Water Quality sampling season and the volunteer partners

who make it possible to gather samples from more than 400 locations in the Hudson River and its tributaries. There will be a Water Quality Sampler Award and a presentation and screening of the short film "Source to Sea" from National Geographic filmmaker Jon Bowermaster. The film explores how Riverkeeper's Water Quality Program, our partners, and community scientists answer the question, "How's the water?" The Sanctuary for Independent Media is located at 3361 6th Ave., Troy.

TED Talk: Consciousness

The William K. Sanford Town Library will host TED Talk: Consciousness on Thursday, Oct. 24 from 6:30 to 7:30 p.m. No time to read a book group selection, but love exploring new ideas? Join the library's TED Talk Discussion Group! Attendees watch two to three TED Talks and discuss. This month, attendees will explore one of the most mysterious phenomena in the universe: the "self" (and why it exists). To register, visit www.colonielibrary.org. The William K. Sanford Town Library is located at 629 Albany Shaker Road, Loudonville.

Webinar: Managing Cybersecurity in a Ransomware World

The Colonie Chamber of Commerce and The Bonadio Group will host Managing Cybersecurity in a Ransomware World on Monday, Nov. 4 from 9 to 10 a.m. In this session we will cover the current landscape for cybersecurity challenges with a specific focus on ransomware, how it would affect your systems, and the key ways to protect your environment. Attendees will likewise learn other areas of cybersecurity challenges, regulatory data security concerns (such as the New York SHIELD Act), and the key controls for managing the risks in the ever-changing cybersecurity landscape. The Colonie Chamber of Commerce is located at 950 New Loudon Road, Latham.

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50						51								

CLUES ACROSS

- Type of relic
- Type of medical program (abbr.)
- Outer defense of a castle
- 1,000 calories (abbr.)
- A way of using
- Abounding with surf
- Expressed violently
- Shared a boundary with
- Swedish krona
- Thick piece of something
- Wreaths
- Animated program network (abbr.)
- Regains possession of
- Spielberg sci-fi film
- 2-time Super Bowl winner
- Ice hockey position (abbr.)
- Circulatory system parts
- Supervises flying
- District in Peru
- Impudence
- __ willikers!
- One point east of southeast
- Papas' partners
- Youngsters
- Type of tree
- A hazy or indistinct appearance
- Poems with distinct pattern
- Marketing term that denotes price
- Fast drivers

CLUES DOWN

- Grenade
- Off-Broadway theater award

- Small, immature herring
- __-fi (slang)
- 007's creator
- Liquefied natural gas
- Cleanse thoroughly
- Handle of a knife
- Perform diligently
- Drink pourer
- Extreme greed
- Southern Russia river
- Type of cracker
- Single Lens Reflex
- Barely sufficient
- Slick
- Reference books
- Federally recognized native peoples
- Manganese
- Senior officer
- Atomic #18 (abbr.)
- Tax collector
- World wonder __ Falls
- Origins
- Car mechanics group
- MMA fighter Urijah
- Gland secretion
- Gelatinous water creature
- Good friend
- Arab ruler
- Capital of Belgian province Hainaut
- English broadcaster
- Soviet Socialist Republic
- Affirmative
- Trigonometric function (abbr.)

Answers on Pg. B22

FAMILY

Delmar Farmers Market

Enjoy the fall weather and shop from various local vendors at the Delmar Farmers Market on Saturday, Oct. 26, from 9 a.m. to 1 p.m. The Delmar Farmers Market features local, organic and natural farm products, baked goods, local and fair trade crafts, and fine musical performances. All vendors come from within 35 miles of the market, and everyone is committed to sustainable production and packaging. The Delmar Farmers Market is open every Saturday, rain or shine, from 9 a.m. to 1 p.m., May through December, at the Bethlehem Central Middle School. The Delmar Farmers Market is located at the Bethlehem Central Middle School at 332 Kenwood Ave. in Delmar.

Escape the House on the Hill

Escape the House on the Hill will take place at Guilderland Public Library on Friday, Oct. 25 at 4 and 6 p.m. Can you escape the haunted house with your life? Work together with your group to solve puzzles and find clues before time runs out! Because space is limited, each attendee is required to register individually. To register, visit www.guilderlandlibrary.org. Guilderland Public Library is located at 2228 Western Ave., Guilderland.

Halloween Craft Graveyard

Halloween Craft Graveyard will take place at Guilderland Public Library on Tuesday, Oct. 29 from 6:30 to 8 p.m. Choose from a variety of seasonal craft supplies and make one of our projects or invent your own. A great hangout for families or groups of friends, with snacks and Halloween music. To register, visit www.guilderlandlibrary.org. Guilderland Public Library is located at 2228

Western Ave., Guilderland.

Halloween Spooktacular Family Storytime

Voorheesville Public Library will host Halloween Spooktacular Family Storytime on Saturday, Oct. 26 from 10:30 to 11:30 a.m. The whole family is welcome at a not-so-scary Halloween storytime. Join Miss Amy and Miss Lisa for some frightfully good, not-so-spooky tales and songs. We will parade through the library and enjoy a mini-celebration and craft befitting the holiday. Come in costume if you'd like. This event is for ages two to seven with parent or guardian. To register, visit www.voorheesvillelibrary.org. Voorheesville Public Library is located at 51 School Road, Voorheesville.

Make Your Own Haunted House

Bethlehem Public Library will host Make Your Own Haunted House on Monday, Oct. 28 from 4 to 4:45 p.m. Color your own 3D haunted house and write a spooky story about something that happened there. This event is for ages seven and up. Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

Saratoga Springs Annual Fall Festival

The Annual Fall Festival will be downtown on Saturday, Oct. 26, starting at 11 a.m. The Saratoga Springs Downtown Business Association's 18th Annual Fall Festival is family-friendly fall tradition that provides free entertainment and activities including magic shows, trick-or-treating, arts and crafts, games and prizes, pumpkin rolling races, costumes, face painting, live music and more. The day ends with a colorful Kids' Costume Parade down the sidewalks of Broadway and ends with free Carousel rides in Congress Park. For more infor-

mation, visit www.saratogasprings-downtown.com.

Thursday Afternoon at the Movies

Thursday Afternoon at the Movies will take place at Voorheesville Public Library on Thursday, Oct. 24 at 1:30 p.m. This week's feature is "Knights of the Round Table," starring Robert Taylor and Ava Gardner. King Arthur's rule is threatened by the adulterous love between Sir Lancelot and Queen Guinevere, a relationship the king's enemies hope to exploit. Voorheesville Public Library is located at 51 School Road, Voorheesville.

Troy Farmers Market

The Troy Farmers Market continues to take the streets this Saturday, Oct. 26, from 9 a.m. to 2 p.m. Now in its 20th outdoor season, the Troy Waterfront Farmers Market features more than 100 producer-only vendors, offering fresh local produce, organic dairy, heritage meats, fish, prepared food and craft beverages. New this summer, the market has added 15 additional vendors most of whom can be found in a newly expanded area on Lower River Street. Additionally, the market has introduced a new layout that affords more space between vendors to promote clearer passage to certain storefronts and improved accessibility for all, while maintaining an urban street festival vibe. The Troy Waterfront Farmers Market is held year-round, every Saturday, rain or shine, from 9 a.m. to 2 p.m. The summer market is held outdoors, May through October, on River Street and around Monument Square in downtown Troy. For information, including a full vendor list, visit: <https://www.troymarket.org/>.

Trunk or Treat at Elm Ave Park
Bethlehem Public Library will host Trunk or Treat at Elm Avenue Park on Wednes-



Rave, acoustically speaking

Keller Williams takes his solo act to the Skyloft stage on Thursday, Oct. 24, at 8 p.m. With the use of today's technology, Williams has created a hybrid of alternative folk and groovy electronica, a genre he jokingly calls "acoustic dance music" or ADM. Tickets cost \$25 each. For tickets and information, visit eventbrite.com.

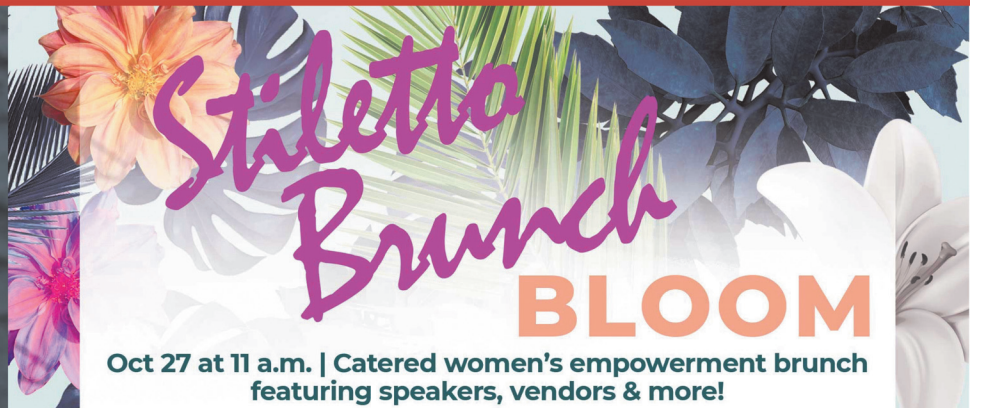
Keller Williams



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The Together Tour with Daniel Van Kirk featuring Andrew Youngblood
Oct 23 | 8 pm | \$15 in advance, \$20 at door



Oct 27 at 11 a.m. | Catered women's empowerment brunch featuring speakers, vendors & more!

Women's Empowerment Brunch
Oct 27 | 11 am | \$40



The Rocky Horror Picture Show with The Whip-It Outskirts
Oct 26 & 27 | \$10



The Furious Bongos Play Zappa
Nov 6 | 8 pm | \$12 in advance, \$25 day of show

day, Oct. 23 from 4 to 6 p.m. Come to Elm Avenue Park for a costume parade, then stay for some trick or treat fun! Elm Avenue Park is located at 261 Elm Ave., Delmar.

MUSIC

Aqueous

Aqueous comes back to the Capital District to play the Spa City at Putnam Place on Saturday, Oct. 26, at 8 p.m. After forming in Buffalo in 2006, Aqueous has earned a reputation as one of the most promising improvisational rock acts in the country. Best known for their "groove rock" stylings, guitarist Mike Gantzer, guitarist/keyboardist David Loss, bassist Evan McPhaden, and drummer Rob Houk have developed a unique sound characterized by meticulous compositions and rich exploratory jams that easily transition from laidback,

in-the-pocket grooves to furious, high-intensity peaks. Composed of longtime friends, over the years, Aqueous' members have developed near-psychic abilities with one another, enabling them to stretch each song while maintaining a staggering degree of precision. In a live setting, the group's undeniable technical prowess truly shines, making for dynamic performances that bring fans back night after night. Whether they're headlining and selling out venues across the U.S. or performing stand-out sets at notable events like Summer Camp, The Peach Music Festival, Jam Cruise, and Suwannee Hulaween, it's clear that fans across the country are clamoring to hear more from the Buffalo-based four-piece. With the hype around the group growing, Aqueous is making a huge breakout as the project enters its second decade of existence. Do yourself a favor, and discover firsthand what the buzz is all

about. The night includes a performance by special guests Lespecial. Ticket prices start at \$16 each. For tickets and information, visit guthriebellproductions.com. Putnam Place is located at 63A Putnam Street in Saratoga Springs.

Bella's Bartok

Bella's Bartok headlines a night of music at Parish Public House on Friday, Oct. 25, at 8 p.m. All little children grow up, one day – all except the bedazzled and glittered boys of Bella's Bartok. Inspired by elements of Vaudeville, centuries of street performance, and an unyielding drive to promote camaraderie, Northampton, MA-based Bella's Bartok delivers a passionate kaleidoscope of sound. The songs are born of Americana and folk music of their immigrant grandparents, blended with the joy of a particular brand of pop sensibility. Their performances are at once a primal stand

against oppression and a declaration of joy in the face of adversity. From quiet reflections on loss, to the howl of justice in four-part harmony, Bella's Bartok sonically and lyrically delivers a sweaty, soulful dance-party that is sure to leave the audience happily breathless. Bella's Bartok started in the dimly lit alleyways of Great Barrington, Massachusetts, Bella's Bartok gradually evolved from street-punk performers to an electric, brass-filled, accordion-based spectacle that has continued to entertain audiences for nearly a decade. The line-up includes: Asher Putnam (Vocals, Bass, all-around entertainer), Dan Niederhauser (Guitar and Vocals), Amory Drennan (Trombone/Banjo and Vocals), Crisco (Drums/Percussion and Trumpet), Gershon Rosen (Trumpet), and Alex Kogut (Accordion, Keyboard). The band has shared the stage with musicians and acts such as Rubblebucket, Red Baraat,

The Indigo Girls, Larry & His Flask, The Suitcase Junket, Parsonsfield, And the Kids, Kanye, Rough Francis, Beau Sasser's Escape Plan, West End Blend, Adam Ezra Group, Meat Puppets, World Inferno/Friendship Society, Rupa & the April Fishes, Arc Iris, and many more. Find Bella's Bartok on a variety of stages, at a myriad of festivals, or on the street across the continental United States. Audiences often pick up on the band's main influences such as Frank Zappa, System of a Down, Tom Waits, and Oingo Boingo. The night will include a performance by special guests Useless Cans.

Tickets cost \$13 each. For tickets and information, visit guthriebellproductions.com. Parish Public House is located at 388 Broadway in Albany.

Dr. Jah & The Love Prophets

Dr. Jah & The Love Prophets will perform at The Hollow on Saturday, Oct. 26, at 8 p.m. Dr. Jah and the Love Prophets have been the Capital Districts longest running Roots/Reggae Band for over 25 years. They recently embarked on a new adventure as the Dr. Jah and the Love Prophets Big Band. Horns, added percussion and some amazing back up vocalists bring new excitement to the band's already fun filled sets. Tickets cost \$10 each. For tickets and information, visit guthriebellproductions.com. The Hollow is located at 79 No. Pearl St. in Albany.

Keller Williams

Keller Williams takes his solo act to the Skyloft stage on Thursday, Oct. 24, at 8 p.m. For most of his career Williams has performed solo. His stage shows are rooted around his singing compositions and choice cover songs, while accompanying himself on acoustic guitar. With the use of today's technology, Keller creates samples on the fly in front

of the audience, a technique called live phrase sampling or looping, with nothing pre-recorded, the end result often leans toward a hybrid of alternative folk and groovy electronica. A genre Keller jokingly calls "acoustic dance music" or ADM. Tickets cost \$25 each. For tickets and information, visit eventbrite.com. Skyloft is located at 1 Crossgates Mall Road in Albany.

Music and Movement

Bethlehem Public Library will host Music and Movement on Thursday, Oct. 24 from 9:30 to 10 a.m. This event features songs, instruments and dancing for babies, toddlers and preschoolers with an adult. Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

WRITTEN WORD

DiBiase Poetry Contest Kickoff

The DiBiase Poetry Contest Kickoff will take place at the William K. Sanford Town Library on Sunday, Oct. 27 from 1:30 to 3:30 p.m. The DiBiase International Poetry Contest will begin its fifth year in October 2019. This program is an opportunity for the public to obtain information about the contest and to hear readings of poems by poets who have been finalists in the contest in the past. There will also be an open mic at this event where members of the audience will have a chance to share their own poems. There will be light refreshments. Presented by poet and fiction writer Bob Sharkey. The William K. Sanford Town Library is located at 629 Albany Shaker Road, Loudonville.



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HEALTH AND FITNESS

Your alternative means to protein

Vegetarian-friendly foods high in protein

People choose a vegetarian lifestyle for a number of reasons. Some individuals have an aversion to eating meat because they're concerned about animal welfare, while others find that a low-calorie, vegetarian diet promotes long-term health.

Vegetarianism can certainly be a healthy option, but those who eschew meat and sometimes eggs often have to find alternative sources of protein to meet dietary needs. According to the Dietary Reference Intakes, the average sedentary man should have 56 grams of protein per day, while an average sedentary woman should consume 46 grams per day. The amount of protein needed will increase if a person is more active, advises Healthline.

Protein helps a person feel fuller, longer, and it is crucial for all cells in the body. Protein is used to build and maintain bones, muscles, skin, and much more. The Academy of Nutrition and Dietetics also states that protein is very important as one ages because aging men and women don't absorb or metabolize amino acids, which are the building blocks of protein, as well as they did when they were younger.

Those adhering to vegetarian diets will find there are plenty of non-meat protein sources. Meatless protein sources that offer the biggest health bang for one's buck are "complete proteins," which have the essential amino acids the body requires. Some complete proteins include:

- eggs,
- milk,
- cheese,
- soy, and
- quinoa.

Some other great protein sources may not have all of the amino acids, but they can be paired with other foods to get a fuller nutrient package.

- seitan: This is a meat alternative made from wheat gluten.
- lentils: Lentils pack 18 grams of protein per cooked cup.
- beans: Many forms of beans contain a high amount of protein per serving.
- nutritional yeast: This is a strain of yeast that has a cheesy flavor. It can be sprinkled on foods to add a protein punch.
- ancient grains: Ancient grains include spelt, teff, barley, sorghum, farro, and einkorn. These ancient grains are higher in protein than common grains.
- hemp seeds: These seeds come from hemp, which is in the same family as marijuana. However, hemp will not cause a high because it only has trace amounts of the THC compound that produces that effect. Hemp seeds contain 50 percent more protein than chia seeds and

flax seeds, offers Healthline.

In addition to these foods, peanuts and other legumes, almonds, peas, oatmeal, spirulina, broccoli, brussel sprouts, and sweet corn also are good protein sources for vegetarians.

Even though it may seem like skipping meat products would leave vegetarians lacking for protein, there really are quite a number of alternative protein sources out there.

GREEN

Adopting a vegetarian diet does not mean you give up protein-rich foods. There are ways to get the protein you need.




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Answers on Pg. B22

FOOD & VINO

Impressive appetizers

Hosting for the holidays comes with many responsibilities. One of the biggest such responsibilities is feeding guests. While turkey may be the go-to entrée at the holiday dinner table, hosts have a little more leeway with regard to appetizers and snacks served before the meal.

What constitutes the right appetizers or snacks typically depends on the atmosphere of your holiday celebration. Standard snacks like potato chips or cookies are well suited to casual affairs, while more formal holiday dinners may require hosts go the extra mile with regard to appetizers. Hosts who want to wow their guests with a restaurant-worthy appetizer can consider the following recipe for "Salt Crust Scallops With Thai Lime Dipping Sauce" courtesy of Mark Bitterman's "Salt Block Cooking" (Andrews McMeel).



1 1/4 pounds large wild-caught sea scallops (about 16)
 1/2 teaspoon freshly ground black pepper

Salt Crust Scallops with Thai Lime Dipping Sauce

Ingredients: Makes 4 servings

- 1 9- to 10-inch square salt block
- 1/4 cup fresh lime juice
- 1/4 cup Thai fish sauce
- 1 tablespoon rice wine vinegar
- 2 tablespoons toasted sesame oil
- 1 garlic clove, minced
- 1 hot chile pepper, such as bird chile, habanero, cayenne or Scotch bonnet, stem and seeds removed, minced
- 1/4 cup finely shredded carrot

Place the salt block over low heat on a gas grill or stovetop for 10 minutes. Turn the heat to medium and heat for 10 more minutes. Raise the heat to medium-high and heat the block to about 600 F, about 20 more minutes.

To make the dipping sauce, mix the lime juice, fish sauce, 1/4 cup water, vinegar, sesame oil, garlic, chile pepper, and carrot; set aside.

Pat the scallops dry and pull off their white gristly tendons if not already removed. Season the scallops with the black pepper and let stand at room temperature until the salt block is hot.

When the salt block is very hot (you should only be able to hold your hand above it for just a few seconds), place the scallops on the hot block and sear until browned and springy to the touch but still a little soft in the center, about 3 minutes per side. Work in batches if your salt block cannot comfortably fit all the scallops at once.

Transfer to a platter or plates and serve with the dipping sauce.

HOROSCOPES

October 2019 Week 4

ARIES - MAR 21/APR 20

Aries, the week ahead is a busy one. You may have a speech to deliver or a private performance to put on and that will focus all eyes on you. Rest up while you can.

TAURUS - APR 21/MAY 21

Taurus, don't schedule any extra activities this week because your schedule is full. Family life also will demand a great deal from you. Make a list of things to do and get started.

GEMINI - MAY 22/JUN 21

Gemini, slow down and invite a friend over for a cup of coffee or a drink after work. You have to get back to some social occasions, or you can run yourself ragged.

CANCER - JUN 22/JUL 22

Cancer, this week you may feel the need to exert some physical energy. If you have a gym membership, spend several hours working up a sweat.

LEO - JUL 23/AUG 23

Leo, stop focusing on things that are beyond your control right now and zero in on the ones that you can tend to. You will quickly see how much control you really have.

VIRGO - AUG 24/SEPT 22

Virgo, you are in the process of widening your field of possibilities. Right now traveling far distances could be on your mind. Make it happen.

LIBRA - SEPT 23/OCT 23

Resist the temptation to push other people's buttons, Libra. You catch more flies with honey, so take a step back and give others a chance to share their opinions.

SCORPIO - OCT 24/NOV 22

There are some moments when you will feel strongly about big changes on the horizon, Scorpio. This is a week when you will have a clear view of your future goals.

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, after a few days of idle coasting, you may get a boost of energy to tackle new things. Others may be amazed at the change.

CAPRICORN - DEC 22/JAN 20

Capricorn, this week you may be influenced by someone with a strong personality. Unless you stand behind what this person is offering, do not be swayed by the hard sell.

AQUARIUS - JAN 21/FEB 18

You have a tendency to go about your routines with less enthusiasm than in the past, Aquarius. You just may need some new scenery to briefly get you inspired.

PISCES - FEB 19/MAR 20

This week may be fairly eventful, Pisces. You may finally address an issue that has been affecting your domestic life.

■ COMMUNITY

50 Years of subcultural persistence

Orion boutique celebrates its golden anniversary in 2019

By **DEBORA BUMP**
news@spotlightnews.com

It's difficult to imagine a downtown Schenectady without the presence of Orion.

The boutique has helped define the Jay Street block and its "Greenwich Village" vibe. Walking through its doors, one is greeted with the sensual olfactory pairing of sandalwood, tobacco and patchouli, entrenched in the entirety of the shop like a warm memory.

Orion has been a mainstay success in the heart of the city through tumultuous economic oppression. Clientele is varied these days, as the stigma of a head shop has eventually waned and the influence of the Woodstock generation spreads.

It was in 1969 when Joe Scott opened an Albany boutique he initially named Stonehenge. Like any head shop, it was frequented by a subcultural demographic. Following a name change to Orion, he reopened five years later on Jay Street.

"We've always had candles, incense, posters, jewelry, Indian tapestries, pipes," said store owner, Linda Scott. "When we first opened, we didn't have 80-year-

"I've gotten to experience fighting for something, ...working in a positive manner to not get lost to something that wasn't fair; running a business properly, but not letting yourself get walked all over."

— Linda Scott, owner

olds coming in, and now we do, from all different backgrounds."

Linda was contemplating art school when she discovered the shop in 1975. She said she was intrigued by the shop. She often purchased jewelry. It became a rendezvous point for friends, and it was a place to make new friends, too. She exhibited a couple art pieces, and was thrilled when one sold. Soon enough she started working in the shop with Joe. A friendship ignited, and then a romance.

"Don't bring home a guy with long hair," Linda recalled hearing, a typical warning shared by parents to young girls at the time. "Well, then I did!" she said with a laugh. "The concept of men with long hair was foreign to them, and it meant all sorts of different things."

Two years later, they were married.

Nascent stages of Orion were, as Linda said, "The best of times, and the worst of times.

Not that it was horrible," she said. "It was so exciting and fun, but there was no money at all.

Peanut butter and jelly sandwiches were often the fare, as they persevered, despite occasional incidents with outsiders. "We were just starting out, scraping by," she said.

Loans were not accessible, said Linda, as people often held on to misconceived notions of the business. This was something she had to answer to in casual conversation. Linda said she was taking driving lessons when the instructor asked, "Is that the place where they sell drugs in the back room?" That back room, she said, was for inventory, was her kitchen, and, "my kids sleep back there!" she said. "Wow! I'll never forget that."

Despite their struggles, the couple worked hard and had fun building the business.

"There were a lot of people who were wonderful, and helped us through that time period," Linda said.

The Scotts raised two boys in the shop, Ian and Randy. Randy has played

a key role in the operation since Joe died unexpectedly in 2004. Steady customers through the years watched him evolve from a squirming baby in Linda's arms, to a self-assured, competent man thriving in the family business. As difficult as it was to continue on without Joe, Linda said they needed to.

"We were only closed about a week," she said. "At the time, I felt we had to keep the momentum going. It's your income, it was important to keep it going. Joe would not have wanted us closed any longer," she laughed.

Linda started assuming some of Joe's duties when he first became ill, establishing ties with distributors. After Joe's passing, the Jay Street Merchants Association presented the family with a memorial plaque, a tribute to his contributions and longevity to the downtown area.

"We've definitely given it everything we've got," Linda said. She likened the years to a fight. A fight against unfair laws "trying to legislate us out of existence."

"I've gotten to experience fighting for something," said Linda, "...working in a positive manner to not get lost to something that wasn't fair; running a business properly, but not letting yourself get walked all over."

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WHAT'S HAPPENING

Escape the House on the Hill

Guiderland Public Library — Friday, Oct. 25

GUILDERLAND — Escape the House on the Hill will take place at Guiderland Public Library on Friday, Oct. 25 at 4 and 6 p.m.

Can you escape the haunted house with your life? Work together with your group to solve puzzles and find clues before time runs out! Because space is limited, each attendee is required to register individually.

To register, visit www.guiderlandlibrary.org.

Guiderland Public Library is located at 2228 Western Ave., Guiderland.

Aqueous

Putnam Place — Saturday, Oct. 26

SARATOGA SPRINGS — Aqueous comes back to the Capital District to play the Spa City at Putnam Place on Saturday, Oct. 26, at 8 p.m.

After forming in Buffalo in 2006, Aqueous has earned a reputation as one of the most promising improvisational rock acts in the country. Best known for their “groove rock” stylings, guitarist Mike Gantzer, guitarist/keyboardist David Loss, bassist Evan McPhaden, and drummer Rob Houk have developed a unique sound characterized by meticulous compositions and rich exploratory jams that easily transition from laidback, in-the-pocket grooves to furious, high-intensity peaks. Composed of longtime friends, over the years, Aqueous’

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The night includes a performance by special guests

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Putnam Place is located at 63A Putnam Street in Saratoga Springs.

Delmar Farmers Market

Bethlehem Central Middle School — Saturday, Oct. 26

DELMAR — Enjoy the fall weather and shop from various local vendors at the Delmar Farmers Market on Saturday, Oct. 26, from 9 a.m. to 1 p.m.

The Delmar Farmers Market features local, organic and natural farm products, baked goods, local and fair trade crafts, and fine musical performances. All vendors come from within 35 miles of the market, and everyone is

committed to sustainable production and packaging.

The Delmar Farmers Market is open every Saturday, rain or shine, from 9 a.m. to 1 p.m., May through December, at the Bethlehem Central Middle School.

The Delmar Farmers Market is located at the Bethlehem Central Middle School at 332 Kenwood Ave. in Delmar.

Dr. Jah & The Love Prophets

The Hollow — Saturday, Oct. 26

ALBANY — Dr. Jah & The Love Prophets will perform at The Hollow on Saturday, Oct. 26, at 8 p.m.

Dr. Jah and the Love Prophets have been the Capital Districts longest running Roots/Reggae Band for over 25 years. They recently embarked on a new adventure as the

Dr. Jah and the Love Prophets Big Band. Horns, added percussion and some amazing back up vocalists bring new excitement to the band's already fun filled sets.

Tickets cost \$10 each. For tickets and information, visit guthriebellproductions.com.

The Hollow is located at 79 No. Pearl St. in Albany.

Halloween Spooktacular Family Storytime

Voorheesville Public Library — Saturday, Oct. 26

VOORHEESVILLE — Voorheesville Public Library will host Halloween Spooktacular Family Storytime on Saturday, Oct. 26 from 10:30 to 11:30 a.m.



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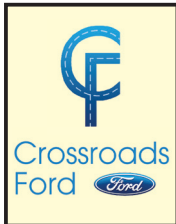
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This Week: 8-5 | Overall Points: 54-43



Susie Carrk
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This Week: 6-7 | Overall Points: 53-43



Rocco Pezzulo
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This Week: 9-4 | Overall Points: 54-43



Dave Endy
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This Week: 8-5 | Overall Points: 59-38



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This Week: 5-8 | Overall Points: 44-53



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This Week: 12-1 | Overall Points: 58-39



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** WIN LOSS RECORDS AS OF SUNDAY**



COMMUNITY

A fall tradition in Troy

13th Annual Chowderfest

By **AMY MODESTI**
news@spotlightnews.com

TROY — Thousands of chowder fanatics flooded the city streets to attend and take part in the 13th Annual Chowderfest, on Sunday, Oct. 13.

There were plenty of long lines where hungry attendees waited patiently to sample vegetarian and non-vegetarian chowder from twelve local competitors who were competing in this year's festival.

Participating in this year's event included Bard & Baker, Barn & Bistro, Bootlegger's Bar & Grill, Bountiful Bread, Boys & Girls Club of the Capital Area, Brown's Brewing Company, Dinosaur BBQ Troy, Hudson-Chatham Winery, McAddy's Pub, Muddaddy Flats, Plumb Restaurant & Bar, Rare Form Brewing Company, The Ruck, Ryan's Wake, SCCC Food Truck/Troy Innovation Garage, Slidin' Dirty, and Tara's Kitchen Troy location.

This year's winners of Chowderfest include Tara's Kitchen (1st place, Judge's vote for Casablanca Chowder), Schenectady County Community College Food Truck (2nd Place, Judge's vote for



sweet potato & corn chowder with a shrimp and corn fritter), and The Ruck (3rd Place, Judge's vote for Coconut gochujang sweet potato chowder). Best vegetarian and most original chowder went to The Ruck, best seafood went to Tara's Kitchen, best booth went to Bootlegger's on Broadway, and the People's Choice also



Photos by Amy Modesti

went to Bootlegger's on Broadway for their lobster roasted corn chowder with cornbread crouton.

There was something fun to do for everyone. Visitors could listen to live music at Monument Square from Pony in the Pancake, The Age, Hartley's Encore,

Deb Cavanaugh and Tabitha Cavanaugh, and from RadioRadioX. Children took part in a train ride through River Street and First Street, face painting, made balloon art, played board games at the Bard and Baker booth, and painted pumpkins at the Bash Birthday Parties booth on Broadway.

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The Mad Hatter Returns

Macro Benevento returned to the Capital District, following an Alive at Five performance with a concert at Cohoes Music Hall on Saturday, Oct. 12. Floor seats were whisked away to make room for a giant dance floor.

Photos by Zach Culver / NYSMusic.com

MUSIC REVIEW

The Drunken Hearts 'Wheels Of The City'

New release is a daring roll of the dice

By **BRIAN CORNISH**
nysmusic.com

I can imagine it is sometimes difficult to be called an Americana band. I've heard a number of music fans hear that description and respond, "You mean they sound like Mumford and Sons, or The Avett Brothers?" That response is not only limiting, it's unfair. Listening to The Drunken Hearts pending release, *Wheels of the City*, dispels the notion that they are a one dimensional entity. There is country, with pedal steel and banjo, as well as elements of soul, some of the classic Laurel Canyon sound, touches of rock comparable to Drive-By Truckers, and alt-country stylings reminiscent of Son Volt.

The album, recorded at Denver's Silo Sound Studios, starts out with "Fire in a House," slowly building an intro, leading to a verse, a piano melody, and continuing with layers of other instrumentation and backing vocals. The tune eventually deconstructs to some degree toward the end, sonically arriving back where it began. "Alive 'n Free" reflects the overall upbeat feel of *Wheels of the City*, as evidenced by the lyrics

"Sometimes in life, you get to where you want to / Sometimes in love, you fall just where you're meant to / Sometimes this world shows you how to be free / Alive 'n free."

The addition of strings and a female accompanying vocal on "Passchendaele" lend a sense of sad elegance to a song about one of the most prolonged battles of World War I, and a soldier discovering lost love after returning home from war.

"In the Middle" is an up-tempo tune that can easily have the listener singing along, tapping their toes and swaying to the music.

"Two Hearts (On a Limb)" perhaps best fits the "Americana" genre, although The Drunken Hearts display a much broader range than any one single style. That range is displayed on "Wheels of the City." The title tune begins with a country music feel, and as horns come in midway through the song, it morphs a bit into a soul sound. That subtle transition reflects the chameleon-like qualities of the songs, and the band as a whole. By virtue of the way the songs take advantage of multiple band members' instrumental skills, this may well be a group that hits its stride in live performances more so than in a recording studio. That's not to say *Wheels of the City* is lacking in any way, it's simply that some bands build their chops over the course of hundreds of live gigs, and the band took a decidedly different approach to this release – writing and recording eleven new songs in eleven days, rather than recording familiar pieces that had been road tested.

The album closes with "The Cave," which begins with a spoken word intro and leads into an instrumental section which is markedly different than the rest of the album. As noted, the band's novel approach to this recording was a rather daring roll of the dice, with unknown possibilities.

This feature appears in The Spot 518 as a special from NYSMusic.com. NYSMusic is an online magazine dedicated to the coverage of music throughout the Empire State.

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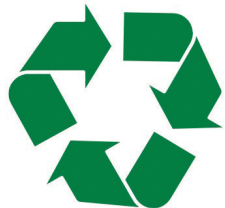
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WHAT'S HAPPENING

Troy Farmers Market

Monument Square — Saturday, Oct. 26

TROY — The Troy Farmers Market continues to take the streets this Saturday, Oct. 26, from 9 a.m. to 2 p.m.

Now in its 20th outdoor season, the Troy Waterfront Farmers Market features more than 100 producer-only vendors, offering fresh local produce, organic dairy, heritage meats, fish, prepared food and craft beverages.

New this summer, the market has added 15 additional vendors most of whom can be found in a newly expanded area on Lower River Street.

Additionally, the market has introduced a new layout that affords more space between vendors to promote clearer passage to certain storefronts and improved accessibility for all, while maintaining an urban street festival vibe.

The Troy Waterfront Farmers Market is held year-round, every Saturday, rain or shine, from 9 a.m. to 2 p.m. The summer market is held outdoors, May through October, on River Street and around Monument Square in downtown Troy.

For information, including a full vendor list, visit: <https://www.troymarket.org/>.

Saratoga Springs Annual Fall Festival

Downtown Saratoga Springs — Saturday, Oct. 26

SARATOGA SPRINGS — The Annual Fall Festival will be downtown on Saturday, Oct. 26, starting at 11 a.m.

The Saratoga Springs Downtown Business Association's 18th Annual Fall Festival is family-friendly fall tradition that provides free entertainment and activities including magic shows, trick-or-treating, arts and crafts, games and prizes, pumpkin rolling races, costumes, face painting, live music and more.

The day ends with a colorful Kids' Costume Parade down the sidewalks of Broadway and ends with free Carousel rides in Congress park.

For more information, visit www.saratogaspringsdowntown.com.

DiBiase Poetry Contest Kickoff

William K. Sanford Town Library — Sunday, Oct. 27

LOUDONVILLE — The DiBiase Poetry Contest Kickoff will take place at the William K. Sanford Town Library on Sunday, Oct. 27 from 1:30 to 3:30 p.m.

The DiBiase International Poetry Contest will begin its fifth year in October 2019. This program is an opportunity for the public to obtain information about the contest and to hear readings of poems by poets who have been finalists in the contest in the past. There will also be an open mic at this event where members of the audience will have a chance to share their own poems. There will be light refreshments. Presented by poet and fiction writer Bob Sharkey.

The William K. Sanford Town Library is located at 629 Albany Shaker Road, Loudonville.

Make Your Own Haunted House

Bethlehem Public Library — Monday, Oct. 28

DELMAR — Bethlehem Public Library will host Make Your Own Haunted House on Monday, Oct. 28

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Color your own 3D haunted house and write a spooky story about something that happened there. This event is for ages seven and up.

Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

Networking at Noon

Pioneer Bank — Tuesday, Oct. 29

GLENMONT — The Bethlehem Chamber of Commerce will host Networking at Noon at Pioneer Bank on Tuesday, Oct. 29 at noon.

This midday event provides the perfect opportunity to stay connected, especially if your schedule doesn't allow for participation in after-hours events. Meet new people and develop new client prospects. Find a resource, or be a resource for someone else. This relaxed networking opportunity allows you to build your business connections.

To register, visit www.bethlehemchamber.com.

Pioneer Bank, located in Town Squire Plaza, is located at 329 Glenmont Road, Glenmont.

Halloween Craft Graveyard

Guilderland Public Library — Tuesday, Oct. 29

GUILDERLAND — Halloween Craft Graveyard will take place at Guilderland Public Library on Tuesday,

Oct. 29 from 6:30 to 8 p.m.

Choose from a variety of seasonal craft supplies and make one of our projects or invent your own. A great hangout for families or groups of friends, with snacks and Halloween music.

To register, visit www.guilderlandlibrary.org.

Guilderland Public Library is located at 2228 Western Ave., Guilderland.

Riverkeeper 2019 Community Scientist Celebration

Sanctuary for Independent Media — Friday, Nov. 1

TROY — The Sanctuary for Independent Media will host the Riverkeeper 2019 Community Scientist Celebration on Friday, Nov. 1 at 6 p.m.

Join Riverkeeper in partnership with The Sanctuary for Independent Media as we celebrate the 2019 Riverkeeper Water Quality sampling season and the volunteer partners who make it possible to gather samples from more than 400 locations in the Hudson River and its tributaries. There will be a Water Quality Sampler Award and a presentation and screening of the short film "Source to Sea" from National Geographic filmmaker Jon Bowermaster. The film explores how Riverkeeper's Water Quality Program, our partners, and community scientists answer the question, "How's the water?"

The Sanctuary for Independent Media is located at 3361 6th Ave., Troy.

Managing Cybersecurity in a Ransomware World

Colonie Chamber of Commerce — Monday, Nov. 4

LATHAM — The Colonie Chamber of Commerce and The Bonadio Group will host Managing Cybersecurity in a Ransomware World on Monday, Nov. 4 from 9 to 10 a.m.

In this session we will cover the current landscape for cybersecurity challenges with a specific focus on ransomware, how it would affect your systems, and the key ways to protect your environment.

The Colonie Chamber of Commerce is located at 950 New Loudon Road, Latham.

Annual Business Expo and Networking Event

Holiday Inn and Suites — Wednesday, Nov. 6

LATHAM — The Annual Business Expo and Networking Event from The Colonie Chamber of Commerce will take place at the Holiday Inn and Suites on Wednesday, Nov. 6 from noon to 7 p.m.

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CONSUMER TIP

Out of mouth

Reduce your grocery bill with these simple tips

Expenses for the average household can pile up quickly. One of the easiest ways to keep a budget in check is to focus on how much is being spent on food. Chances are grocery bills can be reduced dramatically without upsetting daily routines.

A 2012 Gallup poll found the average American family spends \$151 a week on food. Cutting food costs often involves making smart choices. The following are some tips to help get started on the path to decreased food spending.

- Make more meals at home. Although there are plenty of budget-friendly options at area restaurants, the average price for one meal enjoyed in a restaurant is still much more than the cost of cooking the same meal at home. Incorporate more homecooking into the mix and you can save.

- Shop sales. Rather than planning meals on a whim, let sales guide what you eat each week.

- Go mostly vegetarian. Meat tends to be more expensive than produce and grains. As a result, vegetarian-inspired meals provide an easy way for shoppers to trim their grocery bills.

- Reduce ready-made options. Convenience costs money, so anything that is premade, prepackaged or

already sliced and diced is bound to cost more per unit than the same items that have not been prepared.

- Use a list. The experts at the financial site The Simple Dollar say that making a list of items needed before setting foot in the store is a great way to stop impulse buys that can foil a budget. Only purchase the items that are on your shopping list.

- Consider a discount grocer. Many people get hung up on brand names. But remember, the advertising costs for making those names known in households are passed on to consumers. Discount grocers like Fareway, Aldi, Price Rite, and Lidl, for example, have many high-quality comparable goods at a fraction of brand-name prices. Plus, shopping these grocers' sale items helps you save even more.

- Use leftovers. Don't be wasteful with food. Practice portion control so you are not wasting food and consume leftovers before they spoil.

Reducing grocery bills is a great and simple way to save money.



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Sudoku Answers

2	3	4	5	8	9	7	6	1
9	6	8	4	1	7	3	5	2
7	1	5	3	2	6	8	4	9
4	2	6	7	9	8	5	1	3
8	7	1	2	5	3	4	9	6
5	9	3	6	4	1	2	7	8
1	4	7	9	3	2	6	8	5
6	8	2	1	7	5	9	3	4
3	5	9	8	6	4	1	2	7

Super Crossword Answers

			F	O	S	S	I	L		S	H	P					
	B	A	R	B	I	C	A	N		K	C	A	L				
	A	V	A	I	L	I	N	G		S	U	R	F	Y			
	R	A	G	E	D					A	B	U	T				
S	K	R							S	L	A	B					
L	E	I	S						C	T	N						
R	E	C	L	A	I	M	S		A	I							
P	E	Y	T	O	N	M	A	N	N	I	N	G					
				L	W			A	R	T	E	R	I	E	S		
					F	A	A						S	A	N	A	
					S	A	S	S							G	E	E
	S	E	B	E						M	A	M	A	S			
B	A	B	E	S				S	Y	C	A	M	O	R	E		
B	L	U	R					S	E	S	T	I	N	A	S		
C	P	M						R	A	C	E	R	S				

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GOODY GOODY

Veronica Swift jazzed up Unitarian Universalist Society of Schenectady on Friday, Oct. 18.

Michael Hallisey / The Spot 518



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IMAGINE

Millie Ambuhl, Sue Dunckel's daughter, and "Dr Irritation," opposite, in Steampunk Cosplay at 433 River Street.

Photos by Imodelzone

From page B6 ...

Enchanted Troy

Frightening Foods Chef Challenge

Starting at 5 p.m., chefs representing each of the six restaurants of River Street Market will compete to prepare the best dish using all of the "frightening" ingredients provided. Each chef will have 25 mins. to whip up a dish to be served to the "royal poison snoopers," or judges, including Steve Barnes and Deanna Fox. The competition will be M.C.'d by Chef Jaime Ortiz of 677 Prime. (Prime Burger and Shakehouse, one of the River Street Market restaurants, is a satellite project of 677 Prime).

"Since it's Halloween, our chefs will be working with scary ingredients like 'mutated' rooted vegetables and other seconds produce, fish heads, squid ink, kelp, stinky cheeses.... anything British," said Dunckel, who will join the competition representing her restaurant, Sweet Sue's Copper Pot.



the historic blocks of downtown Troy into a "cosplay" alternative reality where Victorian fancy meets modern technology. The free fall festival has drawn thousands of participants in previous years, with a family-friendly inspired day of music, magic, games, performance, food and fantasy.

Special events have included a fashion show, historic tours, street performers and peddlers, storytelling, dancing, puppet shows, magic acts and a concert by Steampunk legends "Steam Powered Giraffe."

This year, for the first time, The Enchanted City will be held indoors, in a spacious premium food hall, and will follow more closely the format of a large costume party. The change in format and venue are in-part due to business and time constraints of Dunckel, who this year simultaneously renovated a 10,000 square foot building in Troy's North Central neighborhood while opening her Copper Pot restaurant in the new River Street Market.

Even before she took on those extra projects, The Enchanted City had become too big for one person to manage, she said. A few months ago, Dunckel created an Enchanted City limited liability corporation and took on a new business partner, John Corey, who previously volunteered for the festival.

"Even with the pressing business of my day-to-day life, The Enchanted City remains an integral and important port of my life and my relationship with Troy," Dunckel said. "This year's event and location are at the intersection of my business and passion, and I can't think of a better space to hold this event. This building, with its manufacturing history, is a very steampunk place."

Dunckel said she and Corey will be making announcements about The Enchanted City and future events.

"We're not done with The Enchanted City you know and love, but it has to evolve to survive," Dunckel said, noting that fans should not count out a street festival element returning in the future.

Ghastly Ghoul Pageant & Competition

Starting at 6 p.m. there will be a "Ghastly Ghoul Pageant & Costume Promenade" contest hosted by Upstate New York Cosplay Society in which anyone can join. Two winners will be awarded The Enchanted City's "Ghastly Ghoul" and "Victorian Vampire Slayer" title for the year, a status that must be defended annually.

Ghost Tours

Starting at 5:30 p.m., there will be 45 min. "Haunted Hedley" tours led by Denisse Grimm, a descendant of The Brothers Grimm lineage and property manager for First Columbia, owners of 433 River Street (also known as the Hedley Building).

Tourgoers will be given the rare opportunity to see and explore portions of the 1917 factory building, which once housed the Cluett, Peabody & Co., manufacturers of the detachable men's shirts collars that inspired Troy's "Collar City" moniker. Highlights of the tour will include a visit to the sub basement which houses historic steam equipment and spooky laboratory from the 1950s.

Along the way, Grimm will share stories of supernatural encounters in the building and even a few photographs of unexplainable entities caught on camera there.

"I feel presences in the building and there are areas I won't go into alone," Grimm said. "I have felt a presence on the 9th floor, but when we started construction I don't feel it there any more. I know its still here in the building, so maybe we'll meet up again during the tour."

Looking Ahead for the Enchanted City

Now in its sixth year, The Enchanted City began as an urban street fair and spectacle of steampunk fashion, fantasy and fabrications that magically transform



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