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It's electric boogie woogie woogie

Electric car stations could be in town by this spring.

Story on Page 3



Orange crush

New business has your nutritional needs in mind.

Story on Page 6

TOP STORY



Teens lead the way

Local teens volunteer to guide seniors through the pitfalls of everyday tech

By DIEGO CAGARA

cagarad@spotlightnews.com

BETHLEHEM — Two generations of seniors came together to learn how to use technology, impart wisdom and share life stories at the town's first "Seniors and Teens Talk Technology" event on Monday, Jan. 27.

Continues on page 5



Seniors learned how to download apps that make their lives more convenient, use Facetime to connect with families and friends, make their text bigger for easier visibility and more.

ENTERTAINMENT



Cheap Trick

The Hall of Fame rock group will stop in Albany on Friday to play at The Palace.

Story on Page B1

SPORTS



Big Orange Freakout!

Bethlehem hockey fans came out in force wearing their orange (and black) last weekend.

Story on Page 7

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■ POLICE, COURTS and EMERGENCY CALLS

DELMAR — The Bethlehem Police Department has received

an increased amount of complaints from residents regarding scam

Authorities warn people to be cautious of giving credit card

Likewise, legitimate companies or corporations, or bail bondsman,

will never ask people to purchase prepaid credit cards to purchase

The three most common scams involve callers claiming to be

with Social Security, portraying to be with the Internal Revenue

Service and callers who attempt to scare or manipulate you into

giving personal information — also known as the Grandparent

The AARP has published various links on its website to

they should contact the local police. prior to sending money or

If residents are unsure of the person calling is legitimate, then

items or pay fees. They recommend people take precautionary

steps if they are skeptical of the caller or organization.

information over the phone, unless it is a call they initiated.

Arrest warrant

BETHLEHEM — A 35-year-old Troy man was arrested on an active arrest warrant on Tuesday, Jan. 21, at 11:19 a.m. on Grant Street.

Mark Vincent Davis II had an outstanding arrest warrant against him that Bethlehem Town Justice Ryan Donovan issued for an aggravated DWI-related incident last November.

Davis was processed and

telephone calls.

Police warn of scams

educate seniors on scams and fraud.

providing personal information.

arraigned by Judge Andrew Kirby in the presence of his public defender. He was released and is set to return to the Bethlehem Town Court on Tuesday, Feb. 18 at 4 p.m.

Attempted burglary

DELMAR — A 40-year-old Glenmont man was arressted on charges relating to the alleged attempted burglary of a Dumbarton Road residence on Wednesday, Jan. 22, at 8:20 a.m.

Bethlehem police responded to the scene after the resident reported seeing a white male outside trying to open the front door. Once she called the police, she was advised to lock herself in a room.

According to the arrest report, police identified Brian Thomas Lawyer as he was allegedly attempting to enter through the garage.

The resident later confirmed with police that she recognized the man as the same person who was on her property the previous day and looking into her husband's truck.

Lawyer was taken into custody and transported to the Bethlehem Police Department for processing and arraignment; the resident requested an order of protection. Lawyer was searched and police allegedly discovered and seized a hypodermic needle from him.

Lawyer was charged with attemptedburglary and criminal possession of a hypodermic instrument. He is scheduled to return to the Bethlehem Town Court on Tuesday, Feb. 18 at 4 p.m.

Host of charges

DELMAR — A 28-year-old Delmar man was arrested on a host of charges on 18 Oakwood Place in Delmar on Sunday, Jan. 25 at 3:50 a.m.

Andreas Moukassa was charged with failure to stop at a stop sign, driving with inadequate headlights and unlicensed operation.

Bethlehem police reportedly observed Moukassa's gray Infiniti traveling westbound on Delaware Avenue as it almost crashed into a parked vehicle on the right side of Herber Avenue. The car later crossed over the median and proceeded to pass a stop sign at the intersection of Herber Avenue and Oakwood Place.

The arresting officer stated that once Moukassa was pulled over, he was observed to have bloodshot and glassy eyes along with an odor of an alcoholic beverage from his breath. There were several passengers in the vehicle too.

According to police reports, when they asked Moukassa for his license and registration, he initially gave his wallet. The officer refused and Moukassa reportedly appeared to fumble through his wallet for his license.

A subsequent DMV inquiry revealed that Moukassa has had 17 suspensions, holds a Revoked Class D license and is on Albany County probation for criminal contempt.

According to police reports, Moukassa said he had two beers in Albany. He allegedly failed two field sobriety tests and a prescreening test determined that he had a BAC of 0.18 percent.

While his vehicle was towed, Moukassa was transported to the Bethlehem Police Department where he refused to submit to a chemical test. He was processed and given a scheduled return court date of Tuesday, Feb. 4, at 5:30 p.m.

Grand larceny

GLENMONT — A 22-yearold Rensselaer woman was arrested on Sunday, Jan. 26 at 8:19 a.m. on 68 Route 9W for a grand larceny incident that happened on Dec. 8, 2019.

Police placed Danielle Lynn Eriole in custody and transported her to the Bethlehem Police Department for processing. She was given a scheduled return court date of Tuesday, Feb. 4 at 5:30 p.m. at the Bethlehem Town

Eriole was charged with a grand larceny felony.



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ENVIRONMENT

Electric vehicle chargers may spring up

Seeking rebate from National Grid, NYSFRDA

By DIEGO CAGARA

cagarad@spotlightnews.com

BETHLEHEM

Residents may start using new electric vehicle charging stations (or EVCs) that could be installed on town property this spring.

"I think Bethlehem needs to ramp up our efforts to move towards clean energy and I think we really need to take advantage of the programs that already exist to help us get there," said Town Board member Maureen Cunningham.

Although there are already some EVCs throughout Bethlehem, she said there are none on town property yet and she has been working on changing that since early 2019.

for \$40,000 to NYSERDA;

approval is required and

expected in around April

purchase and install the

An EVC supplies

plug-in electric vehicles

help people locate and

use EVCs, track how

and smartphone apps like

long recharging takes and

According to NYSERDA,

announced in April 2019

increased from 24,551 in

also envisioned the state

to have 850,000 electric

million by 2030.

The theme of

sustainability is not

vehicles by 2025 and two

foreign to Bethlehem as

Town Supervisor David

VanLuven said that lighting

at Town Hall, the highway

garage and Elm Avenue

Park are changing from

over 850 conventional

2017 to 36,854 in 2018. He

that the number of electric

pay for it electronically.

Gov. Andrew Cuomo

vehicles in the state

Plugshare and Chargepoint

electric energy to any

before the town can

EVCs.

At the Jan. 22 Town Board meeting, the members unanimously voted to adopt a resolution authorizing the town to request rebate funding from National Grid and the New York State Energy Research and Development Authority for EVC purchases and installations. The proposal is to install five Level 2, dual-port EVC stations that the public can use," she said. "It gets really confusing but basically my goal was no net capital costs to the town which is how we have the proposal laid out now."

According to Cunningham, the proposed total capital costs is \$81,300 for installation and infrastructure; each EVC will have two charging plugs which each costs \$4,000. She said the town will soon apply for around \$46,500 in rebate funding to National Grid and then



The five potential electric vehicle charging stations that the public can use once they are installed at three lots on Bethlehem town property will look like the one above.

Christopher Carmody

"I think Bethlehem needs to ramp up our efforts to move towards clean energy and I think we really need to take advantage of the programs that already exist to help us get

there."

— Maureen Cunningham, Bethlehem Town **Board member**

light bulbs to LEDs the former was done last month.

In a press release, he wrote that Bethlehem was also awarded a \$30,000 grant in late December through NYSERDA's Clean Energy

Communities Program to replace one of the town's aging gas-powered cars with a new electric car for the town's Building Division and to install a double-port charging EVC station for it in the Town Hall parking lot this summer.

be owned by National Grid and they will be installed and activated by PlugIn Stations Online, LLC. The latter is an Albany-based company that installs and maintains EVCs throughout the state.

While Cunningham said she hopes the town's fleet can fully convert to electric vehicles eventually, she said the new electric vehicle and EVC that VanLuven brought up are separate from the five proposed EVCs that she's working to introduce this spring.

If approved, the five proposed EVCs will be installed at three municipal parking lots for public usage this spring: across the street from the Blue Sky Recording/Music Studios on Adams Street; near the Elm Avenue Park pool complex's entrance; and at Town Hall — this will be separate from the aforementioned EVC VanLuven brought up.

The five EVCs will be owned by the town, its electrical infrastructure will

Cunningham said she and several town staff met with Christopher Carmody, the vice president of business development at PlugIn Stations Online, to scout potential EVC locations across town from July to October 2019.

"We went around a lot of potential sites and talked about the pros and cons for each one, how much it would cost to install at each site and more," Carmody said. He added that municipalities have been "an important customer base" since PlugIn Stations Online opened in 2011 and this has been the second time working with Bethlehem.

When asked why the final three confirmed locations were just within Delmar, Cunningham said, "We did think about South Bethlehem and Selkirk, for example, but for now, it does need to be accessible to the most amount of people. It doesn't mean we won't extend it and we could apply for five more next year if we saw a huge need for these. ... But again, we've got to see the need and at this point, we've assumed that being near the densest population of Bethlehem made the most sense for the first [EVCs]."

Carmody said an EVC installation typically consists of one week for electric work and sometimes a few additional weeks for National Grid to come and connect the EVC with a nearby power line.

"I'm just excited about the whole thing and the EVCs transition," Carmody said. "I'm an environmentalist and we have to do drastic things to do things differently. There's also a real economic

David VanLuven



Bethlehem Town Hall switched to LED lighting last month.

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EDUCATION

Intelligence knows no age

Students to show their STEAM knowledge

By DIEGO CAGARA

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ALBANY — K-8 students at the Hebrew Academy of the Capital District will present their STEAM-related projects to their families and the public at the school's annual Science Fair on Monday, Feb. 10 at 6 p.m.

STEAM stands for Science, Technology, Engineering, Arts and Math which have been included in the students' curriculum for years now.

"Every year I am amazed and overjoyed to see what our students bring to the Science Fair," said Head of School Julie Pollack.
"This event offers visitors and prospective students the opportunity to see the strong STEAM education

our students receive here at the Hebrew Academy. I am proud of our students' accomplishments and inspired by their ingenuity and expertise, and I am sure guests will be too."

Located on 100 Academy Road in Albany, the Jewish day school, founded in 1962, has 58 students from kindergarten through eighth grade who live in various local school districts, including Bethlehem, Guilderland, Clifton Park, Albany and East Greenbush.

All students participate in the Science Fair and it is free and open to the public.

Expect to see the school's auditorium host numerous tables where students can present their projects, speak with teachers and fellow classmates and answer people's questions.

In an email, Pollack wrote, "Some students will be showing group

"Every year I am amazed and overjoyed to see what our students bring to the Science Fair. This event offers visitors and prospective students the opportunity to see the strong STEAM education our students receive here at the Hebrew Academy. I am proud of our students' accomplishments and inspired by their ingenuity and expertise, and I am sure quests will be too."

— Julie Pollack, Head of School at Hebrew Academy of the Capital District



For the upcoming Science Fair, K-3 students have worked in groups while fourth through eighth grade students worked individually on projects.

Hebrew Academy of the Capital District





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projects and others will be sharing individual projects. Group projects include the five senses, and rocks and minerals. Individual projects are quite varied, and will include topics ranging from the human body, to the effects of video games on brain function, to the internal workings of a car."

For example, she added that some middle school students are designing a model of a dwelling that would keep penguins warm which is related to climate change, heat conduction, insulation and energy transfer.

Parents Paul and

Naomi Mozer, who live in Bethlehem, wrote in an email they are grateful that their first-grade daughter and fourth-grade son can use the event as an opportunity to explore their sense of wonder through research or experience.

Adding that their daughter is working with her class to learn about the five senses and their son is individually researching about a rare genetic disorder called the Tay-Sachs disease, it has helped teach them about time management, setting

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TRAVELERS







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walked around. The teens were smiling, the seniors too," she said. "Everybody learned something different. One woman wanted to learn how to use Facetime, another wanted to know how to save photos from her phone's camera."

She added that the event was inspired by how her grandparents helped raise her and she grew up around senior citizens, recognizing them as "essential people in our society." At her job, she got inspired a few months ago to organize this

being matched with student volunteers for the event. Sanders said she advertised the event to seniors via her department's newsletter, fliers across town and word of mouth; her department also transported some of the interested seniors to the event.

"I think the seniors enjoyed it and they appreciated the opportunity to ask their questions," Sanders said. "I think it gave seniors an opportunity to learn and it gave the young kids an opportunity they used to do for a living. The teenagers were telling them about their school projects and what their plans are for graduation and beyond."

As the event ended, both Holmquist and Sanders checked in with the students and seniors and said they were all receptive to the idea of returning for another tech help event in the spring. Holmquist added that 16 high school students originally applied to volunteer at the Jan. 27 event but only six were let in; she also said the event is likely to happen again in March or May so students who were not able to volunteer can do so then and it can attract more interested senior residents.

When asked about the general societal assumption that teenagers spend too much time on electronic devices and seniors don't know how to use them, Holmquist said, "I think you can't generalize for a population. Yes, technology is not good all the time but overall it's a positive thing. This whole experience was a way to show that through technology, seniors can make personal connections with their families like with Facetime or Facebook and they can read books on their iPads or Kindles. It also was maybe empowering to teens who felt they could help seniors."

Sanders said, "Without insulting younger people, I think so much is done by texting and online and people forget about in-person communication skills. It's not a universal thing to all young people by all means but it's good to not always use technology, like putting away phones during meal times which is more for family time."

From page 1 ...

Teens lead the way

Taking place at Town Hall from 3:30 to 5:30 p.m., the event was coordinated by the town's Senior Services and Parks and Recreation departments.

The latter's recreation administrative assistant, Meredith Holmquist, said six senior students — five from Bethlehem Central High School and one from Guilderland High School — connected with a dozen senior citizens to help them learn how to make the most of their smartphones, tablets and laptops.

"We had this short list of things seniors could benefit from learning about, like certain apps, like Pillboxie which helps remind them to take their pills or medication," Holmquist said. "Other things included teaching the seniors about how to use their phone's text-to-speech feature or how to pair with Bluetooth or how to download an app or how to make text on their electronic device automatically bigger so it's easier for them to read."

Jane Sanders, the director of Senior Services, said learning such tools can be helpful because "many seniors are afraid or don't know how to use technology like phones and tablets. Many of them live alone and don't have family

or their grandchildren nearby to teach them. So, I thought this event would be a great learning opportunity."

Holmquist said she observed the teens and seniors interacting with one another during the event and appreciated the overall positive atmosphere. "I visited each table and

event after she researched what programs other municipalities had for seniors and she realized it would be "a great opportunity" to partner teenagers with seniors to help them with technology needs.

She then reached out to Sanders to ask if there were some seniors interested in to share their tech knowledge. They all seemed patient, which was nice."

David VanLuven

The event evolved into seniors sharing

their own families and what they used

to do for a living. Both generations have

expressed interest in attending another

similar event later this spring.

photos and life stories with the teens about

Holmquist said, "It was initially about tech assistance but the event turned out to be so much more than that. There were so many social connections and seniors showed them pictures of their grandchildren and what

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BUSINESS

Uncrushable Nutrition is open for all

Started the new year with new business at Delaware Plaza

By DIEGO CAGARA

cagarad@spotlightnews.com

BETHLEHEM —

Co-owner Jennifer Mosher said since Uncrushable Nutrition first opened on Jan. 4, business has been great and the public has been welcoming so far.

"Every day has been a little better than the last," she said, adding that its official storefront sign was being installed on Friday, Jan. 24. "I think most people who've come in so far have said they couldn't find us or didn't see the temporary paper sign outside. Getting our sign should help from now on and everyone has been so nice and sweet."

Located on 180 Delaware Ave. beside



Co-owner Jennifer Mosher, left, said the healthy shakes and teas come in dozens of flavors to cater to children, teens and adults. She added that having a bright and inviting atmosphere in the store is important so people can hang out and relax.

replacement shakes high in

protein and low in calories,

healthy and sugar-free teas

that can be sweetened or

caffeinated and come in a

Diego Cagara / Spotlight News

few dozen flavors, protein coffees and some themed sweatshirts and T-shirts. She said it was important that the shakes and teas are

"I want the space to be nice and fun for kids and even adults. A lot of adults sit and hang out too; they get a shake or a tea and I've seen moms come in during the day and talk. It's been great."

> — Jennifer Mosher, co-owner of Uncrushable Nutrition

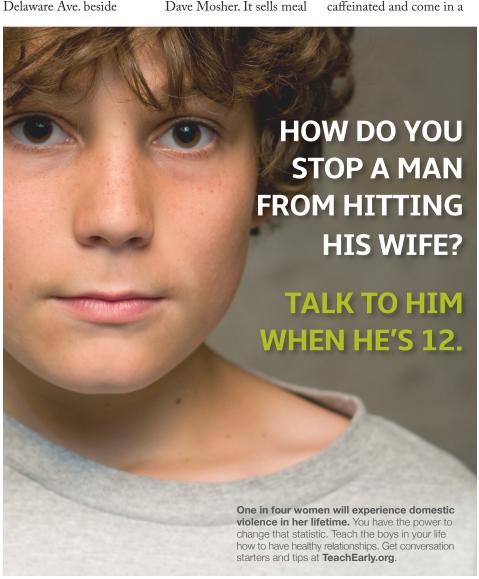
healthy and can cater to both children and adults.

According to its Facebook page, it is open on weekdays from 6 a.m. to 5 p.m., 8 a.m. to 1 p.m. on Saturdays and closed on Sundays — Mosher said in a few weeks, it could begin opening on Sundays too.

Upon entering the store, it immediately emanated a youthful glow with its bright orange and black theme, which Mosher said also matches the Bethlehem school district's colors — this perhaps was a smart tactic to attract students and families. The space's centerpiece is a high bar countertop with a light wooden finish and at least eight high stools which contribute to the overall laid-back atmosphere. Its immense menu board, appearing like an elongated chalkboard on a side wall, gives customers a detailed list of tea, shake and add-on options.

"It's just a great atmosphere and you can just hang out. I wanted to make it a nice place for teenagers with a safe and clean bar that their families

Continues on 12



GameStop in Delaware

Nutrition is co-owned by

married couple Jennifer and

Plaza, Uncrushable



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HIGH SCHOOL SPORTS

Bethlehem skates by CBA on Big Orange Freakout 2020

BETHLEHEM — The Eagles avenged its only loss of the season by beating CBA 5-1 on Big Orange Freakout Night at the YMCA.

CBA, which beat Bethlehem on Dec. 13, the first Capital District High School Hockey League game for both squads, scored first on a goal by Tommy Vogel to take a 1-0 lead into the second period.

But Bethlehem came roaring back with three goals in the second. Justin Chenaille scored less than a minute into the period to tie it at one. With about six minutes left, Jackson Carroll scored his first goal of the game to give BC a 2-1 lead and two minutes later Ben Lavigne scored to take a 3-1 lead into the last period.

With nine minutes left in the third, Will Bievenue scored to give Bethlehem a 4-1 lead and Carroll scored his second with under a minute left in the game.

Michael Kurdziolek had 20 saves for Bethlehem while his counterpart for CBA, Josh Coburn had 18

Bethlehem sits atop the CDHSHL with 16 points and a 10-1 record in conference play and 16-1 overall. Saratoga and the Storm, a team made up of skaters from Guilderland, Mohonasen, Scotia, Schalmont and Voorheesville, are at 8-2 but Saratoga has 14 points to the Storm's 12. CBA is in fifth at 5-2-1 and 8.5 points.

CBA beat the Storm on Saturday, Feb. 1 by a score of 4-1 at the Schenectady County Recreational Facility. On Friday, Feb. 7, Bethlehem will host Albany Academy and CBA will skate against NSA at Union College.

Check out our website for more photos of the night.

—Jim Franco











'Toga tumbles past Bethlehem

BETHLEHEM — On senior night, the last home meet of the season, Saratoga edged the Eagles buy a team score of 165.6 to 161.75.

Ava Dallas, of Saratoga, won the all-around with a combined score of 37 while her teammate Sophia Damiano places second with 35.25 and Bethlehem's Alison Gray came in third with a combined score of 33.15.

Dallas won the vault, the uneven bars, balance beam and the floor and Damiano placed second in all four events. Gray came in third in the vault and beam, while Bethlehem's Chloe Kosoc placed third in the uneven bars and Carly Ruschack placed third in the floor.

All four gymnastics teams — Bethlehem, Saratoga, Guilderland and Shaker — will square off at Shaker High School on Wednesday, Feb. 12 for sectionals.

Check out our website for more photos of the meet.

— Jim Franco









Bethlehem bested by Shen

BETHLEHEM — The Eagles came up short in a bid to take down the undefeated squad from Shenendehowa.

Shen led by a point after the first period on Tuesday, Jan. 28, and outscored Bethlehem 19-6 in the second to take a 14-point lead into the locker room. The Eagles fought back to within 10 headed into the fourth quarter but came up short for a final of 67-54.

Bethlehem's Will Davis led all scorers with 16 while Kendrick McCann had 12 and Orlando DiBacco had 10 for The Eagles. Marko Gibbons, the team's leading scorer, was held to just two points on the night, his lowest of the season.

Shen had four players with double

digits: Jake Reinisch had 13, Luke Lavery and Devin Dzikas had 11 each and Andrew Martin had 10.

With the win, Shen moves to 8-0 and sits atop the competitive Suburban Council Blue Division.

Bethlehem is at 8-2 and in third place behind the 8-1 team from Niskayuna.

On Friday, Jan. 31, Bethlehem lost to CBA 66-59 which drops them to 8-3 in conference play and 9-6 overall.

Bethlehem will host Niskayuna (8-2, 11-5) on Friday, Feb. 2.

Check out our website for more photos of the game.

—Jim Franco







LEGALS

NOTICE OF LLC **FORMATION**

ATLANTIC AVE Arts. of Org. filed the SSNY on 01/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 Vesey Street, Suite 210, New York, NY 10007 Purpose: Any lawful purpose. D-237810

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ROCKAWAY BLVD REALTY LLC. Arts. of Org. filed with the SSNY on 01/03/20. Of-Albany County. SSNY SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 150-39 128th Street, Jamaica, NY 11420. Purpose: Any lawful purpose. D-238352

NOTICE OF LLC FORMATION

171 GATES AVENUE LLC. Arts. of Org. filed the SSNY 11/12/19. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 171 Gates Avenue, Brooklyn NY 11238. Purpose: Any lawful purpose. D-238860

NOTICE OF LLC FORMATION

25-21 STEINWAY REALTY LLC. Arts. of Org. filed with the SSNY on 01/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Nijazija Mrkulic, 25-21 Steinway Street, Astoria, NY 11103. Purpose: Any lawful purpose. D-238851

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266 DE GRAW ST. LLC Arts. of Org. filed with the SSNY on 01/03/20 Office: Albany County designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 Vesey Street, Suite 210, New York, NY 10007 Purpose: Any lawful pur-D-237811

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323 FLATBUSH AVENUE LLC. Arts. of Org. filed with the SSNY on 12/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of

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process to the LLC, c/o Bari Lepelstat, 323 Flatbush Avenue. Brooklyn. NY 11217. Purpose: Any lawful purpose.

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346 BUTLER LLC. Arts. of Org. filed with the SSNY on 01/29/20. Of-Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 80 4th Brooklyn, 11231. Purpose: Any lawful purpose. D-239589

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40 WYCKOFF LLC. Arts. of Org. filed with the SSNY on 12/19/19. Of-Albany County. designated agent of the LLC upon whom process against it be served. SSNY shall mail copy of pro-cess to the LLC, c/o Jalen Management Co., Fort Hamilton Parkway, Brooklyn, NY 11228. Purpose: Any lawful purpose. D-237075

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4085 LLC. VICTORY Arts. of Org. filed with the SSNY on 01/24/20. Office: Albany County. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 398 Manor Road, Staten Island, NY 10314. Purpose: Any lawful pur-D-239306

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NOTICE OF LLC FORMATION

Org. filed with the SSNY on 01/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 218 Grand Street, #27, New York, NY 10013. Purpose: Any lawful purpose.

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NOTICE OF LLC **FORMATION**

57 PENN ST., LLC. Arts. of Org. filed with the SSNY on 07/29/19. Of-fice: Albany County. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 127, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-237920

NOTICE OF LLC FORMATION

587-91 THIRD RETAIL LLC. App. for Auth. filed with the SSNY on 01/27/20. Originally filed with Secretary of State Delaware 01/22/20. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served SSNY shall mail copy of Chrystie Street, 2nd Floor, New York, NY 10002. Purnage: ** lawful purpose.

NOTICE OF LLC FORMATION

ALDERTON REALTY LLC. Arts. of Org. filed with the SSNY on 12/20/19. Office: Albany County. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Shiraz H. Ravani & Gulzar S. Rayani, 62-51 Booth Street, Rego Park, NY 11374. Purpose: Any lawful purpose.

NOTICE OF LLC FORMATION

751 PRESIDENT STREET LLC. Arts. of Org. filed with the SSNY on 12/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Bari Lepelstat, 323 Flatbush Avenue, Flatbush Avenue, klyn, NY 11217. Brooklyn, Purpose: Any lawful pur-D-237703

NOTICE OF LLC

FORMATION
90-19 63 AVENUE RE-ALTY LLC. Arts. of Org. filed with the SSNY on 12/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Shiraz H. Rayani & Gulzar S. Rayani, 62-51 Booth Street, Rego Park, NY 11374. Purpose: Any lawful purpose. D-237714

NOTICE OF LLC

INGS, LLC. Arts. of Org. filed with the SSNY on 01/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 42-31 157th Street, Flushing, NY 11355. Purpose: Any lawful purpose.

LEGALS NOTICE OF LLC FORMATION

ALTA EDITORIAL LLC. Arts. of Org. filed with the SSNY on 01/28/20. Albany County. Office: designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 155 Eckford Street, 1R, Brooklyn, NY 11222. Brooklyn, Purpose: Any lawful purpose. D-239502

NOTICE OF LLC

FORMATION WELLNESS. LLC. Arts. of Org. filed with the SSNY on 12/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 99 Prospect Park West, Brooklyn, 11215. Purpose: Any lawful purpose. D-237765

NOTICE OF LLC FORMATION

BIGWR LLC. Arts. of Org. filed with the SSNY on 11/12/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 632 Broadway, Ste. 601, New York, NY 10012. Purpose: Any lawful purpose. D-238314

NOTICE OF LLC FORMATION

BUSHWICK VARET FUNDING LLC. Arts. of Org. filed with the SSNY on 07/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirschmark Capital LLC, 15 West 26th Street, Suite 901, New York, NY 10010. Purpose: Any lawful pur-D-236926

NOTICE OF LLC

FORMATION NY VENTURES LLC. Arts. of Org. filed with the SSNY on 01/07/20. Office: Albany County. SSNY designated as agent of the LLC whom process against it may be served. SSNY shall mail copy of process to the LLC, 2113 East 74th Street, Brooklyn, NY 11234. Purpose: Any lawful pur-D-238063

NOTICE OF LLC

FORMATION CALLA DAWN COLOR. vith the SSNY on 01/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 113 1st Place, #4, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-239303

NOTICE OF PLLC

FORMATION
CHRISTOPHER SILARD
DMD PLLC. Arts. of Org. filed with the SSNY on 01/17/20. Office: Albany County. SSNY designat-

LEGALS

ed as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 320 W. 38th Street, Apartment #2330, New York, NY 10018. Purpose: For the practice of the profession of Den-D-238948

NOTICE OF PLLC FORMATION

DAVID M GOLDBERG DDS PLLC. Arts. of Org. filed with the SSNY on 10/15/20. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC. 247-06 Union Turnpike, Bellerose, NY 11426. Purpose: For the prac-tice of the profession of D-238656

NOTICE OF LLC FORMATION

DEFINITELY MAYBE LLC. Arts. of Org. filed with the SSNY on 12/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 70 Bluebird Lane, Plainview, NY 11803. Purpose: Any lawful purpose.

NOTICE OF LLC FORMATION

DESIGN AND CREATE LLC. Arts. of Org. filed with the SSNY on 01/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 83-07 32nd Avenue, East Elmhurst, NY 11370. Purpose: Any lawful purpose. D-239127

NOTICE OF LLC FORMATION

DOG GROOMING BY ANDREA LLC. Arts. of Org. filed with the SSNY on 01/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 59-68 69th Street, Maspeth, NY 11378. Purpose: Any lawful pur-D-239210

NOTICE OF LLC FORMATION

DONTOU LLC. Arts. of Org. filed with the SSNY on 01/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC. 3605 28th Avenue. Astoria. NY 11103. Purpose: Any lawful pur-D-238065

NOTICE OF LLC FORMATION

DUENA, LLC. Arts. of Org. filed with the SSNY on 12/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

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LEGALS

LLC, 80-37 Cypress Av-Ridgewood, NY enue. 11385. Purpose: Any lawful purpose. D-238093

NOTICE OF LLC

FORMATION
DUJAMU PACIFIC, LLC.
Arts. of Org. filed with the SSNY on 01/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 104 Avenue B, New York, NY 10009. Purpose: Any lawful purpose. D-239503

NOTICE OF LLC FORMATION

DYNAMIC HR SOLU-TIONS LLC. Arts. of Org. with the SSNY on 01/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Elliot Weinstein, 75-25 153rd Street, #909, Flushing, NY 11367. Purpose: Any lawful purpose. D-239255

NOTICE OF PLLC FORMATION

EDDIE PABON, LCSW, PLLC. Arts. of Org. filed with the SSNY on 01/02/20. Office: Albany County. SSNY designate ed as agent of the PLLC upon whom process against it may be served. SŠNY shall mail copy of process to the PLLC, c/o Eddie Pabon, 3121 Middletown Road, Suite 4N, Bronx, NY 10461. Purpose: For the practice of the profession of Li-censed Clinical Social Work. D-237903

NOTICE OF LLC FORMATION

CONSTRUCTION LLC. Arts. of Org. filed with the SSNY on 01/23/20. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mah-Muhammad A. mood, 565 Liberty Av-Brooklyn, NY Purpose: Any enue, 11207. lawful purpose. D-239211

NOTICE OF LLC FORMATION

EV TAXI LLC. Arts. of Org. filed with the SSNY on 11/07/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 31-07 90th Street, 2nd Floor, Elmhurst, NY 11369. Purpose: Any lawful purpose.

NOTICE OF LLC **FORMATION**

FORDHAM-WEBSTER ASSOCIATES, LLC. Arts. of Org. filed with the SSNY on 03/21/08. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Transworld Equities, 122

LEGALS

East 42nd Street, Suite 4705, New York, NY 10168. Purpose: Any lawful purpose. D-239370

NOTICE OF LLC FORMATION

FULHAM BROADWAY GROUP LLC. Arts. of Org. filed with the SSNY on 01/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1215 McKeel McKeel Yorktown Street. Heights, NY 10598. Purpose: Any lawful purpose D-239128

NOTICE OF LLC **FORMATION**

PLUMBING LLC. Arts. of Org. filed with the SSNY on 05/24/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4419 Third Avenue, Suite 4A, Bronx, NY 10457. Purpose: Any lawful pur-D-239256

NOTICE OF LLC FORMATION

GO TAKE A HIKE DOG WALKING LLC. Arts. of Org. filed with the SSNY on 01/15/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Elizabeth Dalessandro, 18 Pierce Drive, Pleasantville, NY 10570. Purpose: Any lawful purpose. D-239339

NOTICE OF LLC FORMATION

GOLDEN SHEPHERD REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 01/22/20. Of-Albany County. SSNY SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 301 West 57th Street, #18D, New York, NY 10019. Purpose: Any lawful purpose D-239129

NOTICE OF LLC FORMATION

HAMMERFIST LLC. Arts Org. filed with the SSNY on 01/07/20. Of-Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 465 West 23rd Street, Unit New York, NY 12G. 10011. Purpose: lawful purpose. D-238859

NOTICE OF LLC FORMATION

HICKS STREET PROP-Org. filed with the SSNY on 12/23/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 27 Prospect Park West, Suite 2A, Brooklyn, NY 11215. Purpose: Any lawful purpose.

LEGALS

NOTICE OF LLC **FORMATION**

HKST LLC. Arts. of Org. filed with the SSNY on 01/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Horatio Street, Unit 67, New York, NY 10014. Purpose: Any lawful purpose. D-238847

NOTICE OF LLC FORMATION

J & I SHIBALA LLC. Arts. of Org. filed with the SSNY on 12/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Rose. 863 E. Brooklyn. Street. 11230. Purpose: lawful purpose. D-238265

NOTICE OF LLC FORMATION JAZ409 LLC. Arts. of Org. filed with the SSNY on 01/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 409 Union Street, Brooklyn, NY 11231. Purpose: Any lawful pur-D-239304

NOTICE OF LLC **FORMATION**

JCNR EQUITIES LLC Arts. of Org. filed with the SSNY on 01/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 291 Lincoln Avenue, New Rochelle, NY 10801. Purpose: Any lawful pur-D-238848

NOTICE OF LLC **FORMATION**

JIRS 1024-2ND AVE RE-ALTY LLC. Arts. of Org. filed with the SSNY on 01/23/20. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 17-01 Prospect Avenue, Fair Lawn, NJ 07410. Purpose: Any lawful pur-D-239123

NOTICE OF LLC FORMATION

JMBG, LLC. Arts. of Org. filed with the SSNY on 01/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 101 Morsemere Avenue, Yonkers, NY 10703. Purpose: Any lawful purpose. D-239

NOTICE OF LLC FORMATION

JOHMOR LLC. Arts. of Org. filed with the SSNY on 12/11/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o KND Manage**LEGALS**

ment Co., Inc., 101 Richardson Street, Brooklyn, NY 11211. Purpose: Any lawful pur-D-237606

> NOTICE OF LLC **FORMATION**

KANE JOHNSON LLC. Arts. of Org. filed with the SSNY on 12/11/19. Office: Albany County. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o KND Management Co., 101 Richardson Brooklyn, NY Street. Purpose: lawful purpose. D-237608

> **NOTICE OF PLLC** FORMATION

KIMBERLY HFRT7 LCSW P.L.L.C. Arts. of Org. filed with the SSNY on 01/02/20. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o Law Offices of Thomas C. York PC, 85 Broad Street, 16th Floor, New York, NY 10004. Purpose: For the practice of the profession of Licensed Clinical Social D-237877

NOTICE OF LLC FORMATION

KOBE81, LLC. Arts. of Org. filed with the SSNY on 12/18/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1650 Margaret Street, Suite 305, Jack-sonville, FL 32204. Pur-pose: Any lawful pur-D-237776

> NOTICE OF LLC FORMATION

KORDAL LLC. Arts. of Org. filed with the SSNY on 06/26/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 45 Willoughby Av-Brooklyn, 11205. Purpose: Any lawful purpose.

NOTICE OF LLC

FORMATION LITTLE HOUSE PROP-LLC. Arts. Org. filed with the SSNY on 01/13/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 279 13th Street, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-238380

NOTICE OF LLC FORMATION

LOVE DESIGN COACH-ING, LLC. Arts. of Org. with the SSNY on 12/31/19. Office: Albany County, SSNY designated as agent of the LLC **LEGALS**

whom process against it may be served. SSNY shall mail copy of process to the LLC, 350 Fifth Avenue, 68th Floor, New York, NY 10118. Purpose: Any lawful pur-D-237792

NOTICE OF LLC

FORMATION LUCKNAUTH PROPERTIES, LLC. Arts. of Org. filed with the SSNY on 01/27/20. Office: Albany County. SSNY designated as agent of the LLC nogu whom process against it may be served. SSNY shall mail copy of process to the LLC, 95-13 109th Street, South Richmond Hill, NY 11419. Purpose: Any lawful purpose. D-239354

NOTICE OF LLC

FORMATION LUSYA CAB LLC. Arts. of Org. filed with the SSNY on 11/07/19. Of-Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2650 Ocean Parkway, Apartment 2N, Brooklyn, NY 11235 Purposes, Apy 11235. Purpose: Any lawful purpose.

> **NOTICE OF LLC FORMATION**

M & H HOLDINGS LLC. Arts. of Org. filed with the SSNY on 01/13/20. Office: Albany County. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 106-28 157th Street, Jamaica, NY 11433. Purpose: Any lawful purpose.

> NOTICE OF LLC **FORMATION**

MACNAIR LACTATION. LLC. Arts. of Org. filed with the SSNY on 01/23/20. Office: Albany the SSNY on County. SSNY designat ed as agent of the LLC whom process against it may be served. SSNY shall mail copy of process to the LLC, 302 Lincoln Road, Apartment 2R, Brooklyn, NY 11225. Purpose: Any lawful pur-D-239215

> **NOTICE OF LLC FORMATION**

MADAROS REALTY LLC. Arts. of Org. filed with the SSNY on 01/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 36-25 Street, Flushing, NY 11358. Purpose: Any lawful purpose. D-238849

> NOTICE OF LLC FORMATION

CREATIONS, LLC. Arts. of Org. filed with the SSNY on 01/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of **LEGALS**

process to the LLC, 935 Rocky Point Road, East Marion, NY 11939. Purpose: Any lawful purpose. D-239217

NOTICE OF LLC FORMATION

MATIN FAMILY NYC LLC. Arts. of Org. filed the SSNY 09/10/19. Office: Albany County. SSNY designated as agent of the LLC whom process against it may be served. SSNY shall mail copy of process to the LLC, 212 East 47th Street, Unit #11E, New York, NY Purpose: Any lawful purpose. D-236929

> **NOTICE OF LLC FORMATION**

MICHAEL LENCHNER HOLDING LLC. Arts. of Org. filed with the SSNY on 12/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the 104-20 Queens Boulevard, Professional Apartment 1-L, Forest Hills, NY 11375. Purpose: Any lawful purpose. D-238379

NOTICE OF LLC

FORMATION MINDWORX 17TH, LLC. Arts. of Org. filed with the SSNY on 01/23/20. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2 Barron Place, Rye, NY 10580. Purpose: Any lawful purpose.

> NOTICE OF LLC FORMATION

MISFIT TOYS COMMU-NICATIONS LLC. Arts. of Org. filed with the SSNY on 12/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Diane Briskin, 345 East 93rd Street, Suite 11D, New York, NY 10028. Purpose: Any lawful purpose. D-237051

> **NOTICE OF LLC** FORMATION

MMP CITY ISLAND AVE LLC. Arts. of Org. filed with the SSNY on 01/27/20. Office: Albany County. SSNY designated as agent of the LLC nogu whom process against it may be served. SSNY shall mail copy of process to the LLC, 240 Avenue, Island Bronx, NY 10464. Purpose: Any lawful pur-D-239355

NOTICE OF LLC

FORMATION MOSAIC FORTY NORTH LLC. Arts. of Org. filed with the SSNY on 12/27/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

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SSNY shall mail copy of process to the LLC c/o Wendy Lee, 907 Palmer Avenue, D1, Mamaroneck, NY 10543. Purpose: Any lawful purpose D-237756

> **NOTICE OF LLC** FORMATION

NEUGEBOREN PR LLC. Arts. of Org. filed with the SSNY on 01/08/20. Office: Albany County. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of proto the LLC, 347 Street, Brooklyn, cess NY 11215. Purpose: Any lawful purpose. D-238138

NOTICE OF LLC

FORMATION NOLATTS, LLC. Arts. of Org. filed with the SSNY on 01/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the 70 Charlton Street, Apartment 15C, New York, NY 10014. Purpose: Any lawful pur-D-239504

> **NOTICE OF LLC FORMATION**

NORTH JERUSALEM ASSOCIATES LLC. Arts. Org. filed with on 12/20/19. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Bari Lepelstat, 323 Flatbush Avenue, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-237697

> **NOTICE OF LLC FORMATION**

OBSESSED NETWORK, LLC. Arts. of Org. filed with the SSNY on 12/20/19. Office: Albany County. SSNY designated as agent of the LLC whom process against it may be served. SSNY shall mail copy of process to the LLC, 311 West 43rd Street, 12th Floor, New York, NY 10036. Purpose: Any lawful purpose. D-237729

> **NOTICE OF LLC FORMATION**

OLISKY FAMILY LLC. Arts. of Org. filed with the SSNY on 12/19/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 459 6th Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose.

> NOTICE OF LLC FORMATION

NEW ADVENTURE LLC. Arts. of Org. filed with the SSNY on 01/28/20 Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of **LEGALS**

process to the LLC, c/o Gordon & Petkos LLP 1790 Broadway, Suite 710, New York, NY 10019. Purpose: Any lawful purpose. D-239505

NOTICE OF LLC

FORMATION
OxyGenesis LLC. Arts. of Org. filed with the SSNY on 12/23/19. Office: Albany County. SSNY designated as agent of the ĽLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1200 Waters Place, Suite 105, Bronx, NY 10461. Purpose: Any lawful purpose. D-238181

> NOTICE OF LLC FORMATION

PAPATZIDES LLC. Arts. of Org. filed with the SSNY on 01/07/20. Of-Albany County. SSNY designated as agent of the LLC upon whom process against it be served. SSNY shall mail copy of pro-cess to the LLC, 3605 Avenue, Astoria, NY 11103. Purpose: Any lawful purpose. D-238068

> NOTICE OF PLLC FORMATION

PARAS MEDICAL CON-SULTING PLLC. Arts. of Org. filed with the SSNY on 01/02/20. Latest date to dissolve: 12/31/2119. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 209-43 38th Avenue, Bay-side, NY 11361. Purside. pose: For the practice of profession Medicine D-237809

> **NOTICE OF LLC FORMATION**

POTTER DIAGNOSTICS AND ALIGNMENTS, LLC. Arts. of Org. filed with the SSNY on 01/29/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Martin Goldsmith, 74 Potter Avenue, New Rochelle, NY 10801. Purpose: Any lawful purpose D-239588

NOTICE OF LLC FORMATION PRESIDENT PLAZA AS-SOCIATES LLC. Arts. of Org. filed with the SSNY on 12/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the c/o Bari LeneIstat 323 Flatbush Avenue, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-237699

NOTICE OF LLC FORMATION

ProCFO Partners LLC. Arts. of Org. filed with the SSNY on 12/23/19 with an existence date of 01/01/2020. Office: Al**LEGALS**

bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1486 East 15th Brooklyn, Any 11230. Purpose: lawful purpose. D-237837

> **LEGAL NOTICE** R.F. Peck Air Filtration, LLC

Notice of formation of R.F. Peck Air Filtration, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary State of NY (the 'SSNY") on 1/3/2020. Office location: Albany County. The SSNY has designated been agent of the LLC, upon whom process against it may be served. SSNY shall mail a copy of any process to the LLC, 22 Computer Drive West, Albany, New York 12205. Purposes: any lawful activity.

> **NOTICE OF LLC** FORMATION

REHFUSS LACROSSE LLC. Arts. of Org. filed with the SSNY on 01/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3 Carriage Hill Drive, Latham, NY 12110. Purpose: Any lawful purpose. D-239232

NOTICE OF LLC

FORMATION
ROBERTO'S GOURMET
KITCHEN LLC. Arts. of Org. filed with the SSNY on 09/05/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the 2048 Victory Boulevard, Space A & B, Staten Island, NY 10314. Purpose: Any lawful

NOTICE OF LLC FORMATION

RUSSO REALTY HOLD-INGS, LLC. Arts. of Org. filed with the SSNY on 01/10/20. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 32-12 155th Street, Flushing, NY 11354. Purpose: Any lawful purpose. D-238607

> NOTICE OF LLC FORMATION

SEVEN BUCKS & FIFTY CENTS LLC. Arts. of Org. filed with the SSNY on 01/13/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail LLC. 149 Sullivan Street. Unit 1C, New York, NY 10012. Purpose: Any lawful purpose.

LEGALS

NOTICE OF PLLC FORMATION COOMBS ARCHI-

TECTURE PLLC. Arts. of Org. filed with the SSNY on 12/13/19. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 37A 9th Street, #3, Brooklyn, NY 11215. Purpose: For the practice of the profession of Architecture.

NOTICE OF LLC

FORMATION
STANLEY JAY FRIED-MAN LLC. Arts. of Org. filed with the SSNY on 12/20/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 East 71st Street, Suite 2F, New York, NY 10021. Purpose: Any lawful purpose. D-237707

> **NOTICE OF LLC** FORMATION

StratFinCo LLC. Arts. of Org. filed with the SSNY on 12/23/19, with an exdate 01/01/2020. Office: Albany County. SSNY designated as agent of the ĽĽC upon whom process against it may be served. SSNY shall mail copy of process to the 1486 East 15th Brooklyn, NY Purpose: Any Street. 11230. lawful purpose. D-237839

NOTICE OF LLC FORMATION STUDIO MBM, LLC. Arts. of Org. filed with the SSNY on 12/04/19. Office: Albany County. SSNY designated as designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 109 East 2nd Street, #11, New York, NY 10009. Purpose: Any lawful purpose. D-237779

NOTICE OF LLC

FORMATION
T & P ZHENG LLC. Arts. of Org. filed with the SSNY on 01/24/20. Office: SSNY Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 25 Columbus Circle, Apartment 60F, New York, NY 10019. Purpose: Any lawful purpose. D-239305

NOTICE OF LLC FORMATION

TWO YAMS LLC. Arts. of Org. filed with the SSNY on 01/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 184 Kent Avenue, 184 Kent Avenue #C103, Brooklyn, NY 11249. Purpose: Any lawful purpose. D-238840

LEGALS

NOTICE OF LIC FORMATION

TZFANYA BROS. Arts. of Org. filed with the SSNY on 01/08/20. Office: Albany County. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 278 Clinton Street, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-238189

> **NOTICE OF LLC** FORMATION

VILLAGE HEALTH REAL-ITY, LLC. Arts. of Org. filed with the SSNY on 01/08/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 124 East 40th Street, Suite 902, New York, 10016. Purpose: Any lawful purpose.

> NOTICE OF LLC FORMATION

WALKER & ROSE LLC. Arts. of Org. filed with the SSNY on 01/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 387 Manhattan Avenue, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-238401

> NOTICE OF LLC FORMATION

WideWelcome, LLC. Arts. of Org. filed with the SSNY on 01/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it be served. SSNY shall mail copy of pro-cess to the LLC, 210 West 19th Street, Apartment 6D, New York, NY 10011. Purpose: Any lawful purpose. D-239220

NOTICE OF LLC

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Z2 COOL COMICS LLC. Arts. of Org. filed with the SSNY on 01/06/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Joshua Frankel, 995 5th Avenue, Apartment 8S, New York, NY 10028. Purpose: Any lawful pur-

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LIBRARIES

Musicians to perform in concerts

arm up to the second half of our popular winter concert series, A Little Sunday Music, which resumes Feb. 9 at 2 p.m. with flautist Melanie Chirignan, accompanied by pianist Michael Clement.

Chirignan is known for her musicality and versatility of repertoire. As an orchestral player, she has performed with New York Chamber Players Orchestra, Albany Pro Musica, Octavo Chamber Orchestra, Glens Falls Symphony Orchestra, Garden State Philharmonic and others. She has also performed with jazz bass legend Nat Reeves, traditional Irish harpist Hailey Hewitt, and the Philadelphia Fife and Drum Corps.



Chirignan earned her bachelor's in Music Performance and Music Education, graduating magna cum laude from SUNY Fredonia, and her master's degree in Flute Performance at the Hartt School. She has taught general music, chorus and orchestra, and has taught every level from elementary school to conservatory level students.

Pianist Michael Clement has served as staff accompanist and vocal coach for Skidmore College and the College of Saint Rose. He has been on the music staff for Opera Saratoga, Long Beach Opera and the Florentine

Opera. Currently he is the pianist for the Mendelssohn Club of Albany, is Minister of Music at Emmanuel Baptist in Albany, and performs in venues throughout the Northeast.

A Little Sunday Music wraps up the 2019-20 series on Sunday, March 8, with the Musicians of Ma'alwyck, a popular local chamber ensemble specializing in music performed in America during the 18th and 19th centuries.

Concerts are free and open to the public. All ages are welcome. A Little Sunday Music is sponsored by the Friends of Bethlehem Public Library.

Author visit

Our book discussion groups always have room

for one more reader, and with a variety of meeting days and times, there's sure to be a group that fits your schedule.

Coming up on Tuesday, Feb. 11, the library is holding a special AfterDinner Books discussion about "Natalie's Wars" by Paul Castellani featuring a visit from the author himself! The novel tells the story of a woman who struggles through World War II on the homefront and in the years after with a husband suffering from the psychologically fallout of war. Castellani, a university professor and Capital Region writer, has published numerous articles on public policy, and "Natalie's Wars" is his second novel. His first was the well-reviewed "Sputnik

Summer," detailing life in the Adirondacks in the late 1950s. AfterDinner Books meets every other month on a Tuesday at 7 p.m.

Daybooks, our afternoon discussion group, meets at 1:30 p.m. on Monday, Feb. 10, or Thursday, Feb. 13, to discuss "The Library Book" by Susan Orlean. Daybooks meets twice a month, every

Check 'Em Out Books, which alternates every other month with AfterDinner Books meets next on Monday, March 2, at 7 p.m. to talk about Jeannette Walls'"Half Broke Horses."

Discussions are facilitated by Bethlehem librarians, who carefully select books spanning a variety of topics and genres. Pick up a bookmark or visit us online at www.

bethlehempubliclibrary. org/programs/adult/bookdiscussions for additional 2020 titles.

New members are always welcome, and copies of the books are available at the Information Desk.

Anti-Valentine's **Day Party**

Teens, do you love to hate Valentine's Day? Join like-minded valentine rejecters on Wednesday, Feb. 12, at 6:30 p.m. for an Anti-Valentine's Day Party at the library! Make some chocolate candies (Who doesn't love chocolate) and funny anti-Valentine's Day cards. For ages 9 and up. Sign up online at www. bethlehempubliclibrary. org or call (518) 439-9314.

- Kristen Roberts

He Read / She Read Book Club

alling all book lovers! We're kicking off our new He Read / She Read Book Club with a prize drawing: a Library Lovers' gift basket! Stop by our information desk for a slip to enter the drawing, located in a lobby case near our Helderberg Room. The winner will be announced March 2.

While you're there, pick up some info. about this engaging new book club and consider signing up! Librarians Dustin and Josalyn Wilder will alternate selecting a title and leading the discussion each month. On Tues. March 3 at 7:00 p.m.



Dustin ("He Read") will facilitate the book discussion on "The Chain" by Adrian McKinty.

Better Books sale

Savvy shoppers routinely snag frugal treasures at our Better Books Sale, the second Saturday of each month. The next bargain bonanza is slated for Sat. Feb. 8, 10:00 a.m. - 4:00 p.m. Happy hunting.

Board games

Games, food and fun are on the agenda for our twice-a-month adult Missing Piece Board Game Club, Saturday, Feb. 8 at 2:00 p.m. Come solo, or bring a friend or two. Bring your favorites from home, or play a game from our collection of 100+ offerings.

College tuition

Online Editor | Jim Franco

Reporter | Diego Cagara

Contemplating how to manage the cost of tuition? You're certainly in good

On Tuesday, Feb. 4 at 6:30 p.m., a representative from SEFCU will cover the hidden costs of college, how to navigate the financial aid process, methods and strategies to cover costs, and additional financial resources available.

A SEFCU membership is not required to attend, and teens and their guardians are strongly encouraged to participate together. Please register online, by phone or in person.

Heavenly Echoes

If you could use some uplifting music to

cure cabin fever and lift your spirits on a winter afternoon (yes, please!), join us Sunday, Feb. 9 at 2 p.m. for inspiring gospel music performed by Heavenly Echoes. This is the latest installment of our GPL Sunday Concert Series and, like everything else we offer, all concerts are free.

Harriet

From her escape from slavery through the dangerous missions she led to liberate hundreds of slaves via the Underground Railroad, the story of heroic abolitionist Harriet

Tubman is depicted in the 2019 movie Harriet. We're showing this film,

rated PG-13, on our big screen Thurs. Feb. 13 at 6:30 p.m.; popcorn included.

GPL Adventures

Mad Science will help kids in grades three through five solve a chemical mystery (chemystery) on Thurs. Feb. 13 at 3:30 p.m. We'll explore the wonders of physical and chemical changes and make our own very own super balls. Please register online, by phone or in person.

— Luanne Nicholson

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www.spotlightnews.com February 5, 2020 | **THE SPOTLIGHT** 11

LIBRARIES

Valentine's Day art

n Saturday, Feb. 8, from 10:30 a.m. to 12 noon, you are invited to join artist Lydia Lynch in making a Valentines plaque.

We will embellish a small die cut wood base with paper, decorative elements, and words of Love to reflect the spirit of Valentines Day.

All materials will be provided.

Ages 10 through adult. Please register.

Library Tots Special: Family Musical Movers

One of the talented instructors from our local dance, music, and yoga studio, Kind Performing Arts, will lead the children in a fun and interactive music and movement class from 10 to 11 a.m., Thursday, Feb. 13.



For infants to four-yearold kids with a caregiver.

Registration requested.

M&M Taste Test Challenge

Do you consider yourself to be an M&M expert?

Oh sure, you know the difference between regular and peanut M&M's, but can you identify some of the more obscure flavors?

Stop by the Library at 2 p.m. on Sunday, Feb. 16, for a blind M&M taste test, and find out just how many flavors you will recognize.

Please register.

Breakout challenge

Have you ever wondered about those "Escape Rooms" you hear about?

Is it something you

might enjoy?

Families, teens, and adults are all welcome to try and solve the Breakout Challenge beginning at 2 p.m. on Monday, Feb. 17.

Form a team of four to six players and register to receive a 40-minute timeslot, or sign up solo and we'll group you with others.

Registering

Registering for programs helps us to determine supply needs.

Unless otherwise indicated, registration is requested for all programs.

You can register in person, by phone at 518-765-2791 or using our online calendar at http://voorheesvillelibrary.org/calendar.asp.

— Lynn Kohler

LETTER TO THE EDITOR

Support bail reform

I am writing to support the Bail Reform 2020 law. These new pre-trial laws promote fair and equal justice and dismantle racism by ensuring that fewer innocent people are sitting in jail across the state.

The fear mongering related to the new bail and discovery laws are based in lies and racist rhetoric. New York pre-trial reform transformed a system that deprived people of their right to liberty because they could not afford bail.

Poor people should not have different rights than people with resources. Please oppose rollbacks or changes to the pre-trial laws.

I applaud Chris Churchill and encourage anyone to read his Jan. 28 article in the Times Union.

Michelle Sanders Delmar, New York

IN BRIEF

Marriage Story

SCHENECTADY — Proctors will host several showings of "Marriage Story" from Wednesday, Feb. 5, to Saturday, Feb. 8.

Adam Driver and Scarlett Johansson star in Noah Baumbach's incisive and compassionate look at a marriage breaking up and a family staying together. Also with Julia Greer, Wallace Shawn, Laura Dern and Alan Alda. Rated R for some language and sexual references. 136 minutes.

For tickets and event times, visit proctors.org. Proctors is located at 432

State St., Schenectady.

Soul Sky

SARATOGA SPRINGS— Soul Sky will perform at Putnam Place on Friday, Feb. 7, at 9 p.m.

Soul Sky is a dynamic, bluesy, jammy, rock band with excellent guitars and an awesome rhythm section; it's music that will move your body and soul. Featuring the talents of Jeremy Walz, Tom Dolan, Jeff Prescott, Joe Mele and Mark Emanatian.

Putnam Place is located at 63a Putnam St., Saratoga Springs.

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From page 3 ...

Electric vehicle chargers

engine as it costs less to operate a car on electricity than on gas. So there's both environmental and economical benefits."

According to the U.S. Department of Energy's Office of Energy Efficiency and Renewable Energy, fueling a vehicle in the U.S. costs \$2.57 per (gallon) of regular gasoline but only \$1.17 per electric eGallon.

It defines an eGallon as "the cost of fueling a vehicle with electricity compared to a similar vehicle that runs on gasoline."

For more information, visit www. energy.gov/eere/electricvehicles/saving-fuel-and-vehicle-costs.

"I want to take advantage of these rebates because the money runs out," Cunningham said. "That's the thing with rebates and National Grid and NYSERDA have a pot of money that they're encouraging municipalities to do this.... So that was another sense of urgency for me to act on."

From page 4 ...

Science Fair

priorities and even using the Bethlehem Public Library as a resource.

The Mozers also wrote how their son's project was inspired by one of his friends' siblings who suffers from Tay-Sachs disease.

"The Science Fair is important for young students because it reminds them to ask questions about the world around

them, seek answers, research, explore, experiment, talk to friends who may know more than they do about a topic, and learn," they wrote. "When young kids see other students tackling research and experiments, posing scientific questions and drawing a conclusion, it reminds them that even if they're young, they too are capable of doing the same."

For more information, visit www. hacdalbany.org.

IN BRIEF

Comedy on Caroline

SARATOGA SPRINGS — Gaffney's will host Comedy on Caroline with headliner Jaye McBride on Thursday, Feb. 6, at 8 p.m.

Jaye McBride is funny, smart and proudly transgender.

She has traveled the world performing stand-up comedy both as a headliner and sharing the stage with comedy greats like Aziz Ansari, Gilbert Gottfried, Jim Norton and Bobcat Goldthwait.

McBride has also been a part of The Boston Comedy Festival, The Maine Comedy Festival and the She Devil Comedy Festival. To make reservations, call 518-587-7359.

Gaffney's is located at 16 Caroline St., Saratoga Springs.

Southern Avenue

ALBANY — The Hollow will host Southern Avenue on Friday, Feb. 7, at 8 p.m.

2020 Grammy Nominee Southern Avenue is a fiery young Memphis quintet that embodies its home city's soul, blues and gospel traditions, while adding a youthful spirit and dynamic energy all their own.

For tickets, visit eventbrite.com. The Hollow is located at 79 N. Pearl St., Albany.

From page 6 ...

Uncrushable Nutrition

can feel assured that they're safe here," Mosher said. "I want the space to be nice and fun for kids and even adults. A lot of adults sit and hang out too; they get a shake or a tea and I've seen moms come in during the day and talk. It's been great."

Maintaining a family-friendly setting seemed natural to Mosher who said she lives in Schodack, is a mother of three, and previously worked in the medical field for many years. Eventually retiring from that industry, she said she became inspired to develop and open a nutrition-themed store in Bethlehem over a year ago after patronizing a similar business called Unbreakable Nutrition in West Sand Lake near Averill Park on its opening day and loving it.

She added that Unbreakable Nutrition is one of numerous similar nutrition-

themed businesses in Rensselaer County but they are not part of a chain and are each privately owned.

Mosher said she and her husband decided to develop and open their business in Delaware Plaza due to two factors: its central retail location in Delmar and to serve Albany County residents, as opposed to being located far in Rensselaer County like the other similar businesses. Construction took place from last September to November and prior to its Jan. 4 grand opening, it had a soft opening in late December.

It has not had a ribbon-cutting ceremony though but Mosher said the business is looking to join the Bethlehem Chamber of Commerce as a member in the near future. Looking ahead, she concluded, "That would be wonderful if I could expand one day or have other stores, who knows? But right now, this is all I can handle for the moment and it's been great."



1 in 6 children face hunger.

There's more than enough food in America for every child who struggles with hunger. Help get kids the food they need by supporting Feeding America, the nationwide network of food banks. Together, we can solve hunger™. Join us at **FeedingAmerica.org**











Bugs infest TU Center

Not really, but Cirque du Soleil did take over the arena last week.

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■ PICK OF THE WEEK



Grammy pioneer

Dianne Reeves brings her unique touch of jazz and R&B to Troy Music Hall on Sunday.

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INSIDE



Lovett in Troy

Lyle Lovett will make a return visit to Troy Music Hall for an acoustic performance in May.

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Arts calendar

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quote of the week

"People who aren't in the industry tend to hear someone is in the Hall of Fame and think, 'Wow, maybe they don't totally suck.' It does kind of give that stamp of approval, especially when you think about who else is in there. But, it's definitely not an indicator of talent by any means."

— Tom Petersson,

with Cheap Trick

Rock'n'Roll Hall of Fame



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RECENTLY ANNOUNCED

Lovett acoustically



Hiatt joins Lovett once again on this tour. His works, rich and eclectic, are some of the most beloved of any artist working today.

"You know how writing goes for me," Hiatt said, offering a glimpse into his creative process. "I get a couple of lines going, and then I just tag along as the songs start to reveal themselves. You've just gotta jump inside and take the ride." Hiatt has been on that ride for more than four decades now. In fact, since the release of his 1974 debut, Hangin' Around the Observatory, rarely has more than a year or two passed without a new Hiatt collection hitting the shelves.

The Troy Savings Bank Music Hall welcomes back two legendary singer-songwriters

Lyle Lovett

Lyle Lovett

TROY—The Troy Savings Bank Music Hall Corporation welcomes back Lyle Lovett and Jon Hiatt, performing onstage together in an acoustic evening of

Lovett and Hiatt will perform a special acoustic set on Wednesday, May 6, at 7:30 p.m.

A singer, composer, and actor, Lovett has broadened the definition of American music in a career that spans 14 Jon Hiatt albums. Coupled with his gift for storytelling, the Texasbased musician fuses elements of country, swing, jazz, folk, gospel and blues in a convention-defying manner that breaks down barriers.

Whether touring as a 'Duo' or with his 'Acoustic Group' or his 'Large Band', Lovett's live performances show not only the breadth of this Texas legend's deep talents, but also the diversity of his influences, making him one of the most compelling and captivating musicians in popular music.

Since his self-titled debut in 1986, Lovett has evolved into one of music's most vibrant and iconic performers. Among his many accolades, besides the four Grammy Awards, he was given the Americana Music Association's inaugural Trailblazer Award, and was named Texas State Musician.



Kat Villacorta

The Eclipse Sessions, his newest collection, offers up his strongest set in years. Long celebrated as a skilled storyteller and keen observer of life's twists and turns, Hiatt can get at the heart of a knotty emotion or a moment in time with just a sharp, incisive lyric or witty turn of phrase. And the 11 tracks he recorded for this new album demonstrate that the singer-songwriter, now 66, is only getting better with age, his guitar playing more rugged and rootsy, his words wiser and more wry.

Tickets are available via phone at 518-273-0038, in person, or online at www.troymusichall.org. Anyone can become a member and get early access. Tickets are available at The Troy Savings Bank Music Hall Box Office. More information on the Troy Savings Bank Music Hall and upcoming programs is available on the website at www.troymusichall.org.

WHAT'S HAPPENING NOW

"They Made It Here: A New Musical" Varying locations — Through Feb. 9

"They Made It Here: A New Musical" will have three performances at various locations in the Capital District from Saturday, Feb. 1 to Sunday, Feb. 9.

The musical "They Made It Here" is the story of a brilliant young musician, Frank, born in the United States who is left alone after losing both parents to deportation. Feeling abandoned, Frank withdraws from his friends and musical life. Two famous guardian angels, Irving Berlin and Joseph Pulitzer, who struggled as immigrants before becoming successful pay him a visit. They take Frank on a journey to re-ignite his life and dreams. The famous American immigrants, Berlin, Pulitzer and Andrew Carnegie, who gifted our country with "White Christmas," the Pulitzer Prize and Carnegie Hall come alive through a cast of nine talented actors. With an original score, dance and live music that blends ethnic, rap and Broadway sounds, the musical delivers a timeless message about changing loss into hope by believing in yourself.

For performance locations, times and tickets, visit RISSE-Albany.org.

"Marriage Story" showing Proctors — Wednesday, Feb. 5 to Saturday, Feb. 8

SCHENECTADY — Proctors will host several

showings of "Marriage Story" from Wednesday, Feb. 5, to Saturday, Feb. 8.

Adam Driver and Scarlett Johansson star in Noah Baumbach's incisive and compassionate look at a marriage breaking up and a family staying together. Also with Julia Greer, Wallace Shawn, Laura Dern and Alan Alda. Rated R for some language and sexual references. 136 minutes.

For tickets and event times, visit proctors.org. Proctors is located at 432 State St., Schenectady.

Ryan Montbleau

Caffe Lena — Thursday, Feb. 6

SARATOGA SPRINGS — Ryan Montbleau will perform at Caffe Lena on Thursday, Feb. 6, at 5:30 p.m.

In 2005, Ryan Montbleau and his band headed into Applehead Recording in Saugerties, New York, to cut its debut album. With nothing more than ambition and a relentless work ethic to its name, it bootstrapped the whole thing, maxing out credit cards to fund it itself and launch its career from the ground up. Twelve years, 11 records, thousands of shows, and 60 million Spotify streams later, Montbleau returned to the studio for a special one-night-only concert that would become the latest entry in his venerable catalog: Woodstock Sessions.

For tickets, visit caffelena.org.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

Comedy on Caroline

Gaffney's — Thursday, Feb. 6

SARATOGA SPRINGS — Gaffney's will host Comedy on Caroline with headliner Jaye McBride on Thursday, Feb. 6, at 8 p.m.



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WHAT'S HAPPENING NOW

Cheap Trick

Palace Theatre — Friday, Feb. 7

ALBANY — Cheap Trick will perform at the Palace Theatre on Friday, Feb. 7, at 8 p.m.

With over 5,000 performances spanning four decades and 20 million records sold worldwide, Cheap Trick is undoubtedly one of the most influential classic rock groups of the past 50 years. The band was formed in 1974 and while it has evolved throughout the years, Cheap Trick has continued to reach mainstream and critical success. Hits such as "I Want You To Want Me," "Dream Police" and "Surrender" have cemented the group as one of America's top rock 'n' roll bands of all time.

For tickets, visit ticketmaster.com.

The Palace Theatre is located at 19 Clinton Ave., Albany.

Johnny A

Caffe Lena — Friday, Feb. 7

SARATOGA SPRINGS — Johnny A will perform at Caffe Lena on Friday, Feb. 7, at 8 p.m.

Only the finest musicians have the ability to capture the nuances of life in sound. Johnny A is one of those musicians. Gibson and Epiphone Guitars have released three signature Johnny A models, a testament to this artist's stature as an international guitar virtuoso. He creates a rock, pop and jazz highway of imagination and emotion that encompasses Wichita Lineman, Walk Away Renee and a rich array of Beatles hits.

For tickets, visit eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

From page B1 ...

On your toes

The four-piece rock group, known for hit songs like "Surrender" and "I Want You To Want Me," formed in 1973 in Illinois. After a wildly popular live album, Cheap Trick at Budokan, launched it to superstardom in 1979, the band has earned rock 'n' roll's wildest awards and then some. However, the four men like to keep it coming. Keep it surprising. Keep it exciting.

Cheap Trick will perform at the Palace Theatre on Friday, Feb. 7 at 8 p.m. Tickets range from \$35 to \$85 and can be purchased at www.palacealbany.org.

Tom Petersson has been the bass player for Cheap Trick since it formed, with the exception of about seven years. He's seen a thing or two. He's self-deprecating while still hyper aware of what he's accomplished. He laughs with ease and he's personable; I forgot I was talking to someone who is the definition of success. During our interview, he tells me a funny story.

"We always thought you had to be dead to get into the Rock and Roll Hall of Fame," Petersson said. "We didn't even realize how big of a deal it was until we got to the ceremony."

Cheap Trick was inducted into the Hall of Fame in 2016. Petersson explained the group didn't grow up with the Hall of Fame. It wasn't something they aspired to achieve. The band created music and performed without it ever crossing its mind. Once the group arrived at the ceremony and saw its peers, it realize what it had accomplished.

Still, Petersson realizes the Hall of Fame has its faults. There are tons of amazing acts who haven't made the cut. While he said the band is honored for the recognition, he acknowledged there are many groups who are not in that should be.

"People who aren't in the industry tend to hear

"We always thought you had to be dead to get into the Rock and Roll Hall of Fame. We didn't even realize how big of a deal it was until we got to the ceremony."

someone is in the Hall of Fame and think, 'Wow, maybe they don't totally suck," Petersson said. "It does kind of give that stamp of approval, especially when you think about who else is in there. But, it's definitely not an indicator of talent by any means."

How does Cheap Trick keep it fresh? It changes the set list. It digs deep into the archives for versions of your favorite songs you haven't heard. If a song hasn't been played in awhile, it's not opposed to busting it out and giving it a run. Sure, the group might not remember how it goes at first, but soundcheck is a beautiful thing.

— Tom Petersson, Cheap Trick

"We will meet about an hour before the show and go over what we want to

perform," he said. "We will run through the set and decide what we want to add. It's a great time to touch on those parts that you're concerned about, for whatever reason."

Petersson added this style drives the crew "crazy" because it doesn't know what to expect. But, that's the fun of working for Cheap Trick. You're ready for anything.

Petersson said the band will release an album in June. Despite its next project being ready for airwaves, the group is thirsty for more.

"At the end of the day, it's our job and we're always looking for inspiration and our next thing," he said. "We love making new music and we enjoy it. We keep going."





February 5-11, 2020 | **the spot 518 B5** www.thespot518.com

Cheap Trick: Still The Flame

heap Trick has wielded some funky style of alchemy that has kept the band relevant all of these

It's funky in terms of those of us who can recall how often teenaged boys suffering through unrequited love would request "The Flame" on local radio can still see the members of the band as they appeared in the hit song's corresponding music video from 1988.

Dropping reference to a music video these days, however, is like an anvil upon the head of those who can remember them — and refuse to recognize the time that has past. But, thanks in part to Hollywood, Cheap Trick has appeared on several soundtracks spanning generations beyond MTV, "Heavy Metal," and Budokan.

From "Over the Edge" in 1979 to the 2017 Marvel Studios hit "Guardians of the Galaxy, Vol. 2," Cheap Trick has appeared on 22 movie soundtracks. The Rock and Roll Hall of Famers are tied to blockbuster films that also include "Top Gun," "Transformers," and "Say

Cheap Trick contributed two tracks to the 1981 cult classic film "Heavy Metal." Though the movie didn't score with highbrow critics, the animated homage to comic books, hard rock and, most specifically, to Heavy Metal magazine, it continues to be a favorite among fans of those genres. In a soundtrack that includes other big names like Black Sabbath (with Ronnie James Dio), Blue Oyster Cult, Devo, Sammy Hagar and Stevie Nicks, Cheap Trick's "I Must Be Dreaming" and "Reach Out"



stand out as strong contributions.

Movie soundtracks may no longer be the greased pathway to Billboard chart dominance, but within the context of current events, Cheap Trick has appeared on four of them within the past 10 years.

"Top Gun: Maverick" is slated to appear in theaters this summer, and that leaves Cheap Trick fans wondering. Kenny Loggins and Harold Faltermeyer have both confirmed their musical contributions will be featured in the anticipated action film. It will be a return for both. Loggins' "Danger Zone" helped drive the album into one of the best selling soundtracks of all time, and Faltermeyer composed the score for the 1986 film. If Cheap Trick returns, we won't find out until the movie's release in June.

WHAT'S HAPPENING NOW

Soul Sky

Putnam Place — Friday, Feb. 7

SARATOGA SPRINGS — Soul Sky will perform at Putnam Place on Friday, Feb. 7, at 9 p.m.

Soul Sky is a dynamic, bluesy, jammy, rock band with excellent guitars and an awesome rhythm section; it's music that will move your body and soul. Featuring the talents of Jeremy Walz, Tom Dolan, Jeff Prescott, Joe Mele and Mark Emanatian.

Putnam Place is located at 63a Putnam St., Saratoga Springs.

Southern Avenue

The Hollow Bar and Kitchen — Friday, Feb. 7

ALBANY — The Hollow will host Southern Avenue on Friday, Feb. 7, at 8 p.m.

2020 Grammy Nominee Southern Avenue is a fiery young Memphis quintet that embodies its home city's soul, blues and gospel traditions, while adding a youthful spirit and dynamic energy all their own.

For tickets, visit eventbrite.com.

The Hollow is located at 79 N. Pearl St., Albany.

The Back40 Band

Rustic Barn Pub — Friday, Feb. 7

TROY — Rustic Barn Pub will host The Back40 Band on Friday, Feb. 7, at 8 p.m.

Formed In 1998, The Back40 Band has proven to be one of the top country groups in the northeast. As two-time Northeast CMA entertainers of the year, it has served as opening act for over 50 national country

— Michael Hallisey





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WHAT'S HAPPENING NOW

Wide Awake

Nanola — Friday, Feb. 7

MALTA — Nanola will host Wide Awake on Friday, Feb. 7, at 9 p.m.

Wide Awake is the premier dance, rock and party band in the Capital District. It plays everything from The Beatles to Bruno Mars, even some country!

Nanola is located at 2639 State Route 9.

Bob Marley Birthday Bash: Dr. Jah and the Love Prophets

Putnam Place — Saturday, Feb. 8

SARATOGA SPRINGS — Putnam Place will host a Bob Marley Birthday Bash on Saturday, Feb. 8, at 9:30 p.m.

Dr. Jah and the Love Prophets has been bringing the reggae heat for over 25 years. Its original blend of conscious reggae and jam-band sensibilities has entertained audiences around the globe. A Dr. Jah show is a party like no other, with heavy reggae grooves and inspirational lyrics. The music is a blend pays homage to Bob Marley, The Grateful Dead, Sublime and many other influences.

Putnam Place is located at 63a Putnam St.

Funk Evolution

Rustic Barn Pub — Saturday, Feb. 8

TROY — Funk Evolution will perform at Rustic Barn Pub on Saturday, Feb. 8, at 9 p.m.

Funk Evolution is the Capital District's hottest horn fueled funk/R&B band.

Rustic Barn is located at 150 Speigletown Road.



■ PICK OF THE WEEK

Grammy pioneer

Dianne Reeves performs in Troy Sunday, Feb. 9

TROY — Five-time Grammy winner Dianne Reeves will perform unique jazz and R&B stylings at Troy Savings Bank Music Hall on Sunday, Feb. 9, at 3 p.m.

Reeves is the pre-eminent jazz vocalist in the world. As a result of her breathtaking virtuosity and improvisational prowess, Reeves received the Grammy for Best Jazz Vocal Performance for three consecutive recordings – a Grammy first in any vocal category.

Featured in George Clooney's six-time Academy Award nominated "Good Night, and Good Luck," Reeves won the Best Jazz Vocal Grammy for the film's soundtrack.

Reeves has recorded and performed with Wynton Marsalis and the Lincoln Center Jazz Orchestra. She has also recorded with the Chicago Symphony Orchestra conducted by Daniel Barenboim and was a featured soloist with Sir Simon Rattle and the Berlin Philharmonic. Reeves was the first Creative Chair for Jazz for the Los Angeles Philharmonic and the first vocalist to ever perform at the famed Walt Disney Concert Hall.

Reeves worked with legendary producer Arif Mardin (Norah Jones, Aretha Franklin) on the Grammy winning A Little Moonlight, an intimate collection of standards featuring her touring trio.

For tickets, visit tickets.troymusichall.org.



CLUBS

9 Maple Avenue

9 Maple Ave., Saratoga Springs. www.9mapleave.com Fri: Tim Olsen Quartet, 9 p.m.

Arsenal City Tavern

795 3rd Ave., Watervliet 518-874-1767 Sun: The Tradition w/ Mike Guzzardi,

Athos

1814 Western Ave., Albany. 518-608-6400 Fri: Patricia Dalton & Jazz Colleagues, 6:30 p.m.

Black Bear Inn

310 19th St., Watervliet. 518-272-9486 Wed: Trivia Night, 7:30 p.m. Tues: Open Mic, 8 p.m.

Caffè Lena

47 Phila St., Saratoga Springs. 518-583-0022 Wed: Poetry Night, 7 p.m. Thurs: Ryan Montbleau, 5:30 p.m. Fri: Johnny A, 8 p.m. Sat: Cyrille Aimee, 8 p.m. Sun: Seamus Egan, 7 p.m. Mon: Open Mic, 7 p.m. Tues: Jazz at Caffe Lena, 7 p.m.

Carney's Tavern

17 Main St., Ballston Lake. 518-280-7959 Thurs: Matty Finn, 6 p.m. Fri: Harmonic Duo, 7:15 p.m. Sat: Black Abbey, 7:15 p.m.

Centre Street Pub

308 Union St., Schenectady. 518-393-2337 Fri: Lights Out, 9 p.m. Sat Lush Honey, 9 p.m.

City Sports Grille

c/o Spare Time Clifton Park 1668 U.S. 9, Clifton Park 518-371-4000 Fri: Contagious, 8 p.m. Sat: HomeMade, 8 p.m. Tues: Country Line Dancing, 7:15 p.m.

Club Helsinki Hudson

405 Columbia St., Hudson 518-828-4800 Sun: Community Music Space Young Performers Showcase, 7 p.m.

Eden Cafe

269 Osborne Road #3, Albany 518-977-3771 Wed: Dave Gallagher, 5:30 p.m. Thurs: Joe Carrick, 5:30 p.m. Fri: Happy Hour, 5:30 p.m. Mon: Happy Hour, 5:30 p.m. Tues: Piano Bar, 5:30 p.m.

Emack & Bolio's

366 Delaware Ave., Albany. 518-512-5100 Fri: Julia Rose, 7 p.m. Sat: Jeff Lustick, 7 p.m. Tues: Open Mic, 7 p.m.

Fort Orange Brewing

450 North Pearl St., Menands. 518-992-3103 Thurs: Trivia, 6:30 p.m. Fri: Big Crunch Bingo, 7:30 p.m. Sun: Yoga, 10:30 a.m.

HOT SPOTS EVENTS CALENDAR



For the want of spontaneity

Grammy nominattee Cyrille Aimée is an acclaimed voicalist who has ventured from signing on street corners in her native France to dazzling audiences at the world's most prestigious jazz festivals. Now, she will perform at Caffe Lena on Saturday, Feb. 8, at 8 p.m. Cyrille Aimée

518-463-1455

Band, 7 p.m.

Mocha Lisa's Caffe

Clifton Park Center,

Thurs: Trivia, 7 p.m.

Mouzon House

518-226-0014

Fri: Mark Tolstrup

& The Dixie Boys, 6 p.m.

Sat: Grace Bartow, 7 p.m.

1 York St., Saratoga Springs.

518-383-5373

Tues: Skip Parson's Riverboaot Jazz

22 Clifton Country Road, Clifton Park.

Fri: Comedy Night Benefit, 7 p.m.

Thurs: Hot Club of Saratoga Trio, 6 p.m.

Fuze Box

12 Central Ave., Albany. 518-703-8937 Fri: Harshwest IV, 9 p.m. Sat: 80s Dance Party, 9 p.m.

Gaffney's

16 Caroline St., Saratoga Springs. 518-587-7359 Thurs: Comedy on Caroline, 8 p.m. Tues: Open Mic Nights w/ Rick Bolton, 7 p.m.

Grappa '72

818 Central Ave., Albany. 518-482-7200 Wed: Hamilton Street Jazz Company, 6:30 p.m. Thurs: Hamilton Street Jazz Company, 6:30 p.m. Fri: TBA, 6 p.m.

The Hollow Bar + Kitchen

79 No. Pearl St., Albany. 518-426-8550 Fri: Southern Avenue, 8 p.m.

J.J. Rafferty's

518-783-6800 Wed: Trivia, 7:30 p.m. Thurs: Karaoke w/ Al Bruno, 7 p.m. Fri: Karaoke, 9 p.m. Sat: DJ Set, 9 p.m.

Jessica Stone's

738 New Loudon Rd., Latham. 518-785-8536 Thurs: Big Crunch Bingo, 7 p.m. Fri: Trivia Live, 7 p.m.

The Low Beat

335 Central Ave., Albany 518-432-6572

Lucas Confectionery

12 2nd St., Troy. 518-326-3450

Mon: Joe Barna Trio or Quartet, 7 p.m.

McGeary's Irish Pub

4 Clinton Sq., Albany

847 New Loudon Rd., Latham.

Wed: Talent Scout Open Mic, 8 p.m.

Thurs: Hallelujah Hat Trick, 8 p.m.

Sun: Shiri Zorn Trio, 6 p.m. The Night Owl

17 Maple Ave., Saratoga Springs 518-319-2300

Fri: DJ Tomb, 10 p.m. Sat: Acadia Rae Fire, 10 p.m.

O'Slattery's Irish **Restaurant & Pub**

318 Delaware Ave., Delmar 518-439-5634

Thurs: Jim McArdle, 7 p.m.

Panza's

129 So. Broadway, Saratoga Springs. 518-584-6882 Sat: Azzaam Hameed, 7 p.m. Sun: Sinatra & Friends, 5 p.m.

The Parting Glass

40-42 Lake Ave., Saratoga Springs. 518-583-1916 Wed: Irish Celtic Session, 7 p.m. Mon: Irish Stepdancing Lessons, 5:30 p.m. Tues: Dart League, 7 p.m.

Pearl Street Pub

59-61 N. Pearl St., Albany 518-694-3100 Wed: Bingo, 7 p.m. Fri: Country Night, 9 p.m.

Putnam Place

63a Putnam St., Saratoga Springs.

518-584-8066 Fri: Soul Sky, 9 p.m. Sat: Dr. Jah and the Love Prophets,

Rustic Barn Pub

150 Speigletown Rd., Troy. 518-235-5858 Fri: The Back40 Band, 8 p.m. Sat: Funk Evolution, 9 p.m. Sun: Second Sunday Bluegrass Jam, 6

Sake Japanese Steakhouse

611 Troy-Schenectady Rd., Latham. 518-785-7215 Sat: TBA, 7:30 p.m.

Salt & Char

453 Broadway, Saratoga Springs. 518-450-7500 Every Sun: Hot Club of Saratoga, Noon

Saratoga City Tavern

19-21 Caroline St., Saratoga Springs. 518-581-3230 Thurs: Karaoke, 9 p.m. Mon: Bingo, 8 p.m. Tues: Trivia, 8 p.m.

Skyloft

1 Crossgates Road, Albany. 518-869-5638 Thurs: Trivia, 6 p.m.

Speakeasy 518

42 Howard St., Albany. 518-449-2332 Thurs: Swing Night w/ Mike Jenkins, 9 p.m. Fri: George Muscatello Trio, 9 p.m. Sat: Joe Barna Trio, 9 p.m.

Van Dyck

237 Union St., Schenectady 518-348-7999 Thurs: Jeff Nania Band, 8 p.m.

Van Slyck's

Rivers Casino & Resort 1 Rush St., Schenectady. 518-579-8800 Thurs: Rockaoke, 7 p.m. Sat: Eli Young Band, 8 p.m.

Vapor Night Club

342 Jefferson St., Saratoga Springs 518-581-5775 Fri: Jukebox Rebellion, 8 p.m. Sat: Skeeter Creek, 8 p.m.

Waterworks Pub

76 Central Ave., Albany. 518-465-9079 Wed: Wacky Wednesday Drag Show, 11 p.m. Thurs: Thursday Nights, 11 p.m. Fri: Friday Nights, 11 p.m. Sat: Saturday Nights, 11 p.m. Mon: Karao-Kiki Mondays, 10 p.m.

Wishing Well Restaurant

745 Saratoga Rd., Wilton. 518-584-7640 Fri: Rob Aronstein, 6 p.m. Sat: Rob Aronstein, 6 p.m.

Yono's

25 Chapel St., Albany. 518-436-7747 Fri: Hamilton Street Jazz Duo, 6:30 p.m. Sat: Frank Mastan, 6:30 p.m.



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We, brothers three

Dubbed "masters of soulful folk" by Paste, The Wood Brothers formed after brothers Chris and Oliver Wood pursued separate musical careers for 15 years. Chris already had legions of devoted fans for his incomparable work as one-third of Medeski Martin & Wood, while Oliver toured with Tinsley Ellis before releasing a half-dozen albums with his band, King Johnson. The Palace Theatre will host The Wood Brothers with Kat Wright on Saturday, Feb. 8, at 8 p.m.

The Wood Brothers

COMEDY

Comedy on Caroline

Gaffney's will host Comedy on Caroline with headliner Jaye McBride on Thursday, Feb. 6, at 8 p.m. Jaye McBride is funny, smart and proudly transgender. She has traveled the world performing stand-up comedy both as a headliner and sharing the stage with comedy greats like Aziz Ansari, Gilbert Gottfried, Jim Norton and Bobcat Goldthwait. McBride has also been a part of The Boston Comedy Festival, The Maine Comedy Festival and the She Devil Comedy Festival. To make reservations, call 518-587-7359. Gaffney's is located at 16 Caroline St., Saratoga Springs.

THEATER

"Marriage Story" showing

Proctors will host several showings of "Marriage Story" from Wednesday, Feb. 5, to Saturday, Feb. 8. Adam Driver and Scarlett Johansson star in Noah Baumbach's incisive and compassionate look at a marriage breaking up and a family staying together. Also with Julia Greer, Wallace Shawn, Laura Dern and Alan Alda. Rated R for some language and sexual references. 136 minutes. For tickets and event times, visit proctors. org. Proctors is located at 432 State St., Schenectady.

"They Made It Here: A New Musical"

"They Made It Here: A New Musical" will have three performances at various locations in the Capital District from Saturday, Feb. 1 to Sunday, Feb. 9. The musical "They Made It Here" is the story of a brilliant young musician, Frank, born in the United States who is left alone after losing both parents to deportation. Feeling abandoned, Frank withdraws from his friends and musical life. Two famous guardian angels, Irving Berlin and Joseph Pulitzer, who struggled as immigrants visit RISSE-Albany.org.



HOT DATE

COUNTRY MUSIC

As two-time Northeast CMA entertainers of the year, The Back40 Band has served as the opening act for over 50 national country artists. Rustic Barn Pub will host The Back40 Band on Friday, Feb. 7, at 8 p.m.

before becoming successful pay him a visit. They take Frank on a journey to reignite his life and dreams. The famous American immigrants, Berlin, Pulitzer and Andrew Carnegie, who gifted our country with "White Christmas," the Pulitzer Prize and Carnegie Hall come alive through a cast of nine talented actors. With an original score, dance and live music that blends ethnic, rap and Broadway sounds, the musical delivers a timeless message about changing loss into hope by believing in yourself. For performance locations, times and tickets.

Urban Guerrilla Theatre

The Linda will host a performance by Urban Guerrilla Theatre on Saturday, Feb. 8, at 8 p.m. Poems and performances about love and history by dope poets, dope performances and incredible vibes. For tickets, visit eventbrite.com. The Linda is located at 339 Central Ave., Albany.

FAMILY

Black History Month Step Show

The Palace Theatre will host Price Chopper's Black History Month Step Show on Sunday, Feb. 16, at 5 p.m. The Price Chopper Black History Month Step Show features some of the best step teams from the Capital Region and beyond for an afternoon of high energy performances. The step show is one of the most anticipated annual events in the area. For tickets, visit ticketmaster.com. The Palace Theatre is located at 19 Clinton Ave., Al-

Harlem Globetrotters

The Times Union Center will host the Harlem Globetrotters on Sunday, Feb. 9, at 1 p.m. The Harlem Globetrotters are an American exhibition basketball team. It combines athleticism, theater and comedy in its style of play. Over the years, it has played more than 26,000 exhibition games in 124 countries and territories. For tickets, visit ticketmaster.com. The Times Union Center is located at 51 S. Pearl St., Albany.

FILM

"Black Panther" movie event

The Palace Theatre will host a "Black Panther" movie event on Monday, Feb. 10, at 7 p.m. After the death of his father, T'Challa returns home to the African nation of Wakanda to take his rightful place as king. When a powerful enemy suddenly reappears, T'Challa's mettle as king — and as Black Panther — gets tested

10 12 15 13 14 18 16 17 19 21 22 24 23 28 26 27 29 30 34 32 33 35 31 37 39 43 44 45 48 46 47 50 51 52 53 55 56 57 59 58 60 62 61 64 63 65 67 68 66

CLUES ACROSS

- 1. Indicates number of days
- 6. When you hope to get there 9. Hairstyle
- 13. Black (Spanish)
- 14. Expresses pleasure
- 15. Away from wind 16. Tech pros organization
- 17. Wile E. Coyote is familiar with it
- 18. Clean
- 19. Saints' signal caller
- 21. A way to hunt
- 22. Poetries
- 23. Automobile 24. Secondary school (abbr.)
- 25. Indicates before
- 28. Male parent
- 29. Short-billed rails 31. It pays to keep yours
- 33. On occasion
- 36. David ___, US playwright
- 38. Slang for cigarette
- 39. Vaccine developer 41. Returned to health
- 44. Toni Morrison novel
- 45. Period between eclipses 46. Veterans battleground
- 48. Gang 49. A radio band
- 51. Jaws of a voracious animal 52. Elaborate garments
- 54. Chinese province
- 56. Checks
- 60. Horizontal passage 61. Steep hillsides
- 62. Fertility god
- 63. Dried-up
- 64. Signs a name 65. __ Winger, actress
- 66. German river
- 67. Gov't lawyers 68. Take something somewhere

- **CLUES DOWN** _ Blyton, children's author
- 2. Colleague
- "The African Queen" writer
- 4. Crater on the moon 5. Toward
- 6. Overhang
- 7. Identifies something close at hand 8. Sign language
- 9. Unbroken views
- 10. Ancient Greek City
- 11. Stretch out to grasp 12. Alcohols that are unfit for drinking
- 14. Humorous stories
- 17. Long song for a solo
- 20. Barrels per day (abbr.)
- 21. City of Lights 23. A place to sleep
- 25. Advanced degree (abbr.)
- 27. Furniture-makers Charles and "Ray"
- 29. Songs to a lover
- 30. Gland secretion 32. 10 meters
- 34. Disfigure
- 35. Stores grain
- 37. Sacred book of Judaism
- 40. Catch
- 42. Promise 43. Challenges
- 47. Russian space station
- 49. Banking giant
- 50. Served as an omen
- 52. Drenches
- 53. Type of sword
- 55. Minor planet
- 56. Messenger ribonucleic acid
- 57. Japanese ankle sock58. Obtain in return for services
- 59. Waste matter
- 61. A proposal to buy at a specified price
- 65. Unit of loudness

Answers on Pg. B21

February 5-11, 2020 | the spot 518 B9 www.thespot518.com

when he's drawn into a conflict that puts the fate of Wakanda and the entire world at risk. Faced with treachery and danger, the young king must rally his allies and release the full power of Black Panther to defeat his foes and secure the safety of his people. Rated PG-13. For tickets, visit ticketmaster.com. The Palace Theatre is located at 19 Clinton Ave., Albany.

MUSIC

Cyrille Aimée

Cyrille Aimée will perform at Caffe Lena on Saturday, Feb. 8, at 8 p.m. Improvisation is not just a technique for Grammy Nominated artist Cyrille Aimée, it's a way of life. The acclaimed vocalist ventured from singing on street corners in Europe to dazzling audiences at the world's most prestigious jazz festivals; from sneaking out to sing in gypsy encampments in her native France to acting on Broadway; from braving the notoriously tough audiences at New York's Apollo Theatre to being called a "rising star in the galaxy of jazz singers" by The New York Times. Looping, layering and vocalese join pure singing in stunning live performances that are technically, emotionally and artistically jaw-dropping. For tickets, visit eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

The Back40 Band

Rustic Barn Pub will host The Back40 Band on Friday, Feb. 7, at 8 p.m. Formed In 1998, The Back40 Band has proven to be one of the top country groups in the northeast. As two-time Northeast CMA entertainers of the year, it has served as opening act for over 50 national country acts. Rustic Barn Pub is located at 150 Speigletown Road, Troy.

The Blue Stones with JJ Wilde

The Blue Stones and JJ Wilde will per-



HOT DATE

MOVE

Soul Sky is a dynamic, bluesy, jammy, rock band with excellent quitars and an awesome rhythm section; it's music that will move your body and soul. Soul Sky will perform at Putnam Place on Friday, Feb. 7, at 9

form at The Hollow on Saturday, Feb. 15, at 9 p.m. Listening to the larger-thanlife, dense, but precise, garage blues-rock of The Blues Stones on its debut, Black Holes, it is astonishing to discover all that sound and fury is created by just two people. Longtime friends, guitarist/vocalist/lyricist Tarek Jafar and percussionist/vocalist Justin Tessier, have known each other since meeting as teenagers



in high school. It wasn't until almost five years later, while attending university together, that they decided to combine their talents on guitar and drums, respectively, into a musical project. For tickets, visit eventbrite.com. The Hollow is located at 79 N. Pearl St., Albany.

Bob Marley Birthday Bash ft. **Dr. Jah and the Love Prophets**

Putnam Place will host a Bob Marley Birthday Bash on Saturday, Feb. 8, at 9:30 p.m. Dr. Jah and the Love Prophets has been bringing the reggae heat for over 25 years. Its original blend of conscious reggae and jam-band sensibilities has entertained audiences around the globe. A Dr. Jah show is a party like no other, with heavy reggae grooves and inspirational lyrics. The music is a blend pays homage to Bob Marley, The Grateful Dead, Sublime and many other influences. Putnam Place is located at 63a Putnam St., Saratoga Springs.

California Guitar Trio and Montreal Guitar Trio

California Guitar Trio and Montreal Guitar Trio will perform at Caffe Lena on Thursday, Feb. 13, at 7 p.m. Featuring six virtuoso quitarists from four countries (Japan, Canada, Belgium and US), California Guitar Trio (CGT) and Montreal Guitar Trio (MG3) fuse over 45 years of combined performing experience into one unique six-by-six-string 'phenomensemble.' In a pleasantly surprising way, CGT's steel stringed-quitars blend naturally with MG3's nylon-stringed guitars, as each trios fret boards chase

the others' original compositions and new arrangements of progressive rock, world, jazz and classical music. For tickets, visit eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Tom Chapin

Caffe Lena will host Tom Chapin on Saturday, Feb. 15, at 8 p.m. Three-time Grammy winner Tom Chapin is a renowned singer/songwriter for both family and adult audiences. His career spans Broadway, TV, documentary and feature films, and the concert stage. With 24 recordings and hundreds of songs in his repertoire, Chapin delivers an irrisistable concert of ballads comedic and political songs, family music, sing-alongs, old-time folk classics and a favorite song or two of his late brother

Harry's. Tom accompanies himself on guitar, banjo and autoharp. For tickets, visit eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Basketball is life

The Harlem Globetrotters

are an American exhibition

basketball team. It combines

athleticism, theater and

comedy in its style of play.

The Times Union Center

Globetrotters on Sunday,

the Harlem

Harlem Globetrotters

host

Feb. 9, at 1 p.m.

Cheap Trick

Cheap Trick will perform at the Palace Theatre on Friday, Feb. 7, at 8 p.m. With over 5,000 performances spanning four decades and 20 million records sold worldwide, Cheap Trick is undoubtedly one of the most influential classic rock groups of the past 50 years. The band was formed in 1974 and while it has evolved throughout the years, Cheap Trick has continued to reach mainstream and critical success. Hits such as "I Want You To Want Me," "Dream Police" and "Surrender" have cemented the group as one of America's top rock

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Seating, Moonroof, Alloy Wheels, 59,270 Miles.

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Spread the love

Dr. Jah and the Love Prophets has been bringing the reggae heat for over 25 years. Its original blend of conscious reggae and jam-band sensibilities has entertained audiences around the globe. Putnam Place will host a Bob Marley Birthday Bash on Saturday, Feb. 8, at 9:30 p.m.

Dr. Jah and the Love Prophets

'n' roll bands of all time. For tickets, visit ticketmaster.com. The Palace Theatre is located at 19 Clinton Ave., Albany.

The Deadbeats

The Deadbeats will perform at Putnam Place on Thursday, Feb. 13, at 9 p.m. After revamping the band for a fresh new start in 2017, The Deadbeats are better than ever. Saratoga Living Magazine ranked it in the top five local tribute acts of 2019. It was voted Best Jam Band of 2017 in the Capital District and it took second for Best Cover Band and Best Tribute Band. Putnam Place is located at 63a Putnam St., Saratoga Springs.

Dean Ford and The Beautiful Ones: A Tribute to Prince

Putnam Place will host Dean Ford and The Beautiful Ones on Saturday, Feb. 15, at 9:30 p.m. Dressed to the nines. Dean Ford embodies Prince with every fiber of his being, giving you a show as close as you will ever get to the real thing. Ford and company perform all the hits you know and love, including the "Purple Rain" album in its entirety. But, it's more than just the songs. He's got the look, the moves, and the sounds down jawdroppingly well. So well, you'll forget it's only a tribute. For tickets, visit ticketbud. com. Putnam Place is located at 63a Putnam St., Saratoga Springs.

Seamus Egan

Seamus Egan will perform at Caffe Lena on Sunday, Feb. 9, at 7 p.m. From his founding of Irish-American powerhouse band Solas, to his current work as one of the leading composers and interpreters of the tradition, Seamus Egan has inspired multiple generations of musicians and helped define the sound of Irish music today. As a multiinstrumentalist, he's put his mark on the sound of the Irish flute, tenor banjo, guitar, mandolin, tin whistle and low whistle, among others. For tickets, visit eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Funk Evolution

Funk Evolution will perform at Rustic Barn Pub on Saturday, Feb. 8, at 9 p.m. Funk Evolution is the Capital District's hottest horn fueled funk/R&B band. Featuring nine of the areas most recognizable musicians, Funk Evolution calls itself the party authority of Upstate New York. Rustic Barn Pub is located at 150 Speigletown Road, Troy.

Johnny A

Johnny A will perform at Caffe Lena on Friday, Feb. 7, at 8 p.m. Only the finest

musicians have the ability to capture the nuances of life in sound. Johnny A is one of those musicians. Gibson and Epiphone Guitars have released three signature Johnny A models, a testament to this artist's stature as an international guitar virtuoso. He creates a rock, pop and jazz highway of imagination and emotion that encompasses Wichita Lineman, Walk Away Renee and a rich array of Beatles hits. For tickets, visit eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Lou's Blues

The Ale House will host Lou's Blues on Saturday, Feb. 8, at 8 p.m. Blues covers and originals featuring Joe Lowry on guitar, John Ellis on bass, Al Kash on drums and Leslie Barkman on keys. The Ale House is located at 680 River St., Troy.



HOT DATE

2020 GRAMMY NOD

2020 Grammy-nominee, Southern Avenue is a fiery young Memphis quintet that embodies its home city's soul, blues and gospel traditions, while adding a youthful spirit and dynamic energy all their own. The Hollow will host Southern Avenue on Friday, Feb. 7, at 8 p.m.

Lovestruck Balladeers

Caffe Lena will host the Lovestruck Balladeers on Friday, Feb. 14, at 8 p.m. The Lovestruck Balladeers enchant audiences with its masterful performances and inspired repertoire of ragtime, jazz and beautiful songs from around the world.

It might whip out a lost melody from a forgotten mandolin folio or it might play a Mexican waltz. It might push into a renegade rearrangement of a swing standard or get down with a country rag. Together or on its own paths, this stellar band of traveling musicians has traversed the country and the globe, carrying traditional styles into modern times. The versatile quintet features twin fiddles, clarinet, guitars, a mandolin trio, upright bass, banjo, piano and vocal harmonies. For tickets, visit eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs

The Mallett Brothers Band with Union Grits

The Hollow will host The Mallett Brothers Band and Union Grits on Thursday, Feb. 13, at 8 p.m. The Mallett Brothers Band is an independent rock 'n' roll/ Americana/country band from Maine. Its busy tour schedule since forming in 2009 has helped it build a dedicated fanbase across the U.S. and beyond while still calling the state of Maine its home. With a style that ranges from alt-country to Americana, country jam and roots rock, its style is a musical melting pot that's influenced equally by the singer/songwriter tradition as by harder rock, classic country and psychedelic sounds. For tickets, visit eventbrite.com. The Hollow is located at 79 N. Pearl St., Albany.

Rvan Montbleau

Ryan Montbleau will perform at Caffe Lena on Thursday, Feb. 6, at 5:30 p.m. In 2005, Ryan Montbleau and his band headed into Applehead Recording in Saugerties, New York, to cut its debut album. With nothing more than ambition and a relentless work ethic to its name, it bootstrapped the whole thing, maxing out credit cards to fund it itself and launch its career from the ground up. Twelve years, 11 records, thousands of shows, and 60 million Spotify streams later, Montbleau returned to the studio for a special one-night-only concert that would become the latest entry in his venerable catalog: Woodstock Sessions. For tickets, visit caffelena.org. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Trevor Noah: Loud and Clear

Trevor Noah will perform at the Times Union Center on Saturday, Feb. 15, at 7:30 p.m. Trevor Noah is the host of the Emmy and Peabody Award-winning "The Daily Show" on Comedy Central. "The Daily Show with Trevor Noah" recently received two 2019 primetime Emmy nominations, including Outstanding Variety Talk Series and Outstanding Interactive Program. For tickets, visit ticketmaster. com. The Times Union Center is located at 51 S. Pearl St., Albany.

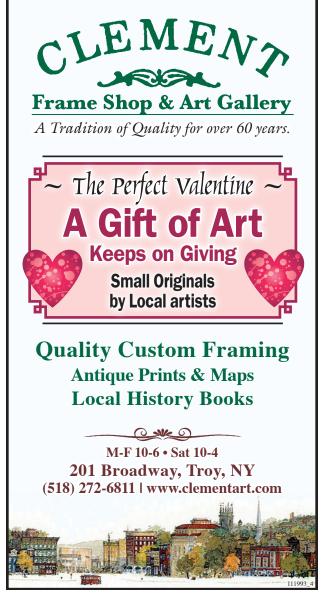
Dianne Reeves

Troy Savings Bank Music Hall will host Dianne Reeves on Sunday, Feb. 9, at 3 p.m. Five-time Grammy winner Dianne Reeves' music is the pre-eminent jazz vocalist in the world. As a result of her breathtaking virtuosity, improvisational prowess and unique jazz and R&B stylings, Reeves received the Grammy for best jazz vocal performance for three consecutive recordings — a Grammy first in any vocal category. For tickets, visit tickets.troymusichall.org. Troy Savings Bank Music Hall is located at 32 Second St., Troy.

Saint Motel

Upstate Concert Hall will host Saint Motel on Saturday, Feb. 15, at 7 p.m. Saint Motel is an American indie pop band from Los Angeles, whose music has been described as everything from "dream pop" to "indie prog." The band consists of A. J. Jackson (lead vocals, guitar,





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piano), Aaron Sharp (lead guitar), Dak Lerdamornpong (bass) and Greg Erwin (drums). Modeled after a classic movie story line — Act 1, Act 2, Act 3 — also known as the "hero's journey," the new Saint Motel album, The Motion Picture Show, will be released in three continuous parts. For tickets, visit ticketweb. com. Upstate Concert Hall is located at 1208 NY-146, Clifton Park.

Sarah Craig and Joe Duell

Caffe Lena will host Sarah Craig and Joe Duell on Wednesday, Feb. 12, at 6:30 p.m. Twenty-five years ago, Saratoga Springs Public Library was just breaking ground, there was a dusty parking lot next to Caffe Lena, and an empty lot and fruit market across the street. Lena Spencer had been gone for six years, and the now non-profit venue was ready to hire its first executive director. The Board of Directors of perhaps the most famous folk music venue in the world took a chance hiring the 27-year-old Sarah Craig who had all of four years of work experience and a modest familiarity with folk music. After two and a half decades of trial and error, imagining possibilities, putting one foot in front of the other and believing that it's possible to save the world with music, Sarah has reached her silver anniversary and Caffe Lena is thriving. For tickets, visit eventbrite.com. Caffe Lena is located at 47 Phila St., Saratoga Springs.

Schism — A Tribute to Tool

Upstate Concert Hall will host Schism on Friday, Feb. 14, at 8 p.m. Tool is an American rock band from Los Angeles. Formed in 1990, the band has released five studio albums, one EP and one box set. Tool has won four Grammy Awards, performed worldwide tours and produced albums topping the charts in several countries. For tickets, visit ticketweb.com. Upstate



HOT DATE

WAKANDA **F**OREVER

After the death of his father, T'Challa returns home to the African nation of Wakanda to take his rightful place as king. The Palace Theatre will host a "Black Panther" movie event on Monday, Feb. 10, at 7 p.m.

Concert Hall is located at 1208 NY-146, Clifton Park.

Second Sunday Bluegrass Jam

Second Sunday Bluegrass Jam will take place at Rustic Barn Pub on Sunday, Feb. 9, at 6 p.m. Join Second Sunday Bluegrass Jam sessions by Jeff Wasbes and



Zack Cohen in a round robin style jam. Jeff and Zack will start off with a few tunes, then open the stage to lead their choice bluegrass music, backed up by other pickers. Rustic Barn Pub is located at 150 Speigletown Road, Troy.

Soul Sky

Soul Sky will perform at Putnam Place on Friday, Feb. 7, at 9 p.m. Soul Sky is a dynamic, bluesy, jammy, rock band with excellent guitars and an awesome rhythm section; it's music that will move your body and soul. Featuring the talents of Jeremy Walz, Tom Dolan, Jeff Prescott, Joe Mele and Mark Emanatian. Putnam Place is located at 63a Putnam St., Saratoga Springs.

Southern Avenue

The Hollow will host Southern Avenue on Friday, Feb. 7, at 8 p.m. 2020 Grammy

Nominee Southern Avenue is a fiery young Memphis quintet that embodies its home city's soul, blues and gospel traditions, while adding a youthful spirit and dynamic energy all their own. For tickets, visit eventbrite.com. The Hollow is located at 79 N. Pearl St., Albany.

Tunes and Tales with Deb Cavanaugh

Eden Café will host Deb Cavanaugh on Saturday, Feb. 8, at 7:30 p.m. Original songs and stories from one of the area's leading folk artists. For tickets, visit eventbrite.com. Eden Café is located at 269 Osborne Road, Loudonville.

Twiddle with Wild Adriatic and Strange Machines

Twiddle, Wild Adriatic and Strange Machines will perform at the Palace Theatre on Friday, Feb. 14, at 7:40 p.m. With 12

years of relentless touring behind it, Vermont-based rock band Twiddle has built an impressive resume spanning Red Rocks to Bonnarooand multiple sellouts of historic rock venues including Port Chester, New York's Capitol Theatre and Washington D.C.'s 9:30 Club. With the second half of the band's third studio album, Plump, on the horizon, the band's career continues to catapult forward. Buoyed by the generous support of 359 Kickstarter donors, the 27-song album does more than showcase the group's beautiful music, but also tells an important story. For tickets, visit ticketmaster. com. The Palace Theatre is located at 19 Clinton Ave., Albany.

Wide Awake

Nanola will host Wide Awake on Friday, Feb. 7, at 9 p.m. Wide Awake is the premier dance, rock and party band in the Capital District. It plays everything from The Beatles to Bruno Mars, even some country! Nanola is located at 2639 State Route 9, Clifton Park.

Funk Evolution

Let's party

Funk Evolution is the

Capital District's hottest

horn fueled funk/R&B

band. Featuring nine of the

areas most recognizable

musicians, Funk Evolution

calls itself the party

authority of upstate New

York. Funk Evolution will

perform at Rustic Barn Pub

on Saturday, Feb. 8, at 9

The Wood Brothers with Kat Wright

The Palace Theatre will host The Wood Brothers with Kat Wright on Saturday, Feb. 8, at 8 p.m. Dubbed "masters of soulful folk" by Paste, The Wood Brothers formed after brothers Chris and Oliver Wood pursued separate musical careers for 15 years. Chris already had legions of devoted fans for his incomparable work as one-third of Medeski Martin & Wood, while Oliver toured with Tinsley Ellis before releasing a half-dozen albums with his band, King Johnson. With drummer Jano Rix added as a permanent third member, it's become quite clear that The

editors' playlist

November Rain

Stairway to Heaven Led Zeppelin

What If I Never Get Over You Lady Antebellum

Don't Fear (The Reaper) *Blue Oyster Cult*

Helter Skelter The Beatles

Do I Look Worried *Tedeschi Trucks Band*

It May Be A Fire The Moody Blues

Get Ready *The Temptations*

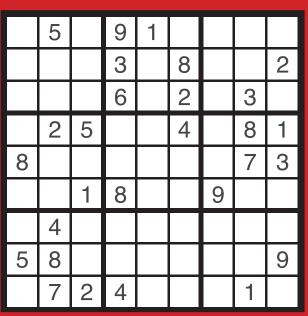
There are a minute amount of songs I consider perfect.
Perfect is such a subjective, overrated word, but I do have a few songs, from all genres, about which I wouldn't change a thing.

— Katie Lembo



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SUDOKU



Answers on Pg. B21



Traditional & contemporary Italian

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Not that kind of deadbeat

The Deadbeats will perform at Putnam Place on Thursday, Feb. 13, at 9 p.m. After revamping the band for a fresh new start in 2017, The Deadbeats are better than ever. Saratoga Living Magazine ranked it in the top five local tribute acts of 2019.

Wood Brothers is indeed the main act. For tickets, visit ticketmaster.com. The Palace Theatre is located at 19 Clinton Ave., Albany.

EXHIBITS

A Brilliant Bit of Color: The Work of Walter Launt Palmer

The Albany Institute of History & Art holds the largest public collection of works by artist Walter Launt Palmer (1854–1932), son of Albany sculptor Erastus Dow Palmer. It includes oil and

watercolor paintings, pastels, pencil drawings, a rare painted ceramic cup, as well as letters and photographs. A new exhibition at the Albany Institute offers a visual overview of Palmer's life, travels, and artistic output. The exhibition includes works from all three of Palmer's major series: the early interior views where Palmer lavished attention on the textiles, ceramics, furniture, and wall decorations that filled well-furnished homes; his Venetian scenes that capture the luxuriant colors of the sea, sky, and buildings of this island city; and the

snow scenes that continue to enchant viewers with their masterful tonal subtleties. Drawings, photographs, and ceramics accompany the exhibition. A Brilliant Bit of Color: The Work of Walter Launt Palmer is on exhibit from now until Friday, June 7. Albany Institute of History and Art is located at 125 Washington Ave., Albany.

Ancient Egypt

Egyptologist and Guest Curator Dr. Peter Lacovara has incorporated the research and scientific discoveries revealed in the GE Presents: The Mystery of the Albany Mummies exhibition into a new exhibition about Ancient Egypt. Visitors to the museum will continue to enjoy the story of the Albany mummies, learn about the history of Ancient Egypt, and see how the intersection of new science, technology, and scholarship changes how we learn. In addition to the story of Mummy Ankhefenmut, theme and topics in the new galleries include: Egyptian History and Civilization; the Nile and the Environment; Crafts and Professions; Food and Drink; Gods and

Goddesses; and Preparing for the Afterlife. The Jabbur Gallery now features the story of Albany's 3,000 year old mummy, Ankhefenmut, a priest and sculptor in the Temple of Mut, along with his recently discovered priest's robe, his coffin base from the museum's collection, and his beautiful coffin lid on loan from the Kunsthistoriches Museum, Vienna. The museum's Ptolemaic Period mummy and his coffin are now on view in the Heinrich Medicus Gallery with a selection of over seventy objects highlighting ancient Egyptian daily life, afterlife, and animal mummies. Joining objects from the museum's collection are loans from the Phoebe A. Hearst Museum of Anthropology, Museum of Natural History, the Metropolitan Museum of Art, Museum of Fine Arts, Boston, the Semitic Museum, Harvard University, University of Pennsylvania, Williams College, and a number of private collections. Also included are a timeline and a slide presentation highlighting the trip the Albany Mummies took to Albany Medical Center for x-rays and CT scans, which revealed new information about the age, gender, and occupation of these mummies. Ancient Egypt is an ongoing exhibit. Albany Institute of History and Art is located at 125 Washington Ave., Albany.

"a small fort, which our people call Fort Orange"

Fort Orange was the first permanent Dutch settlement in New Netherland, built as a trading post by the West India Company in 1624 at the location of present-day Albany along the Hudson River. Between 1624 and 1664, the fort's role in the development of New Netherland changed—from a point of contact and trade between Native Americans and Europeans, to an enclosure with dwellings and private enterprises, and finally an abandoned space consumed by the development of Albany. Centuries later, Fort Orange on the surface had long disappeared. But in a six-month period in 1970 and 1971—just ahead of Interstate 787 construction—an archaeology team made remarkable discoveries about life in the Dutch colony at Fort Orange. This exhibition examines the momentous discovery of Fort Orange and the lasting impact of events occurring there 400 years ago. Runs from now until Tuesday, May 5, 2020.



ARIES - MAR 21/APR 20

Transitional issues pop up this week, Aries. You are not quite sure which direction you should go. A close friend or advisor can help you navigate the way.

TAURUS - APR 21/MAY 21

Taurus, you are a team player, but this week you may need to fly solo for a bit to get a handle on all of your tasks. Once things get settled, the team mentality can be restored.

GEMINI - MAY 22/JUN 21

Gemini, if you feel like your hard work is not paying off, then you may need to use this opportunity to speak with a supervisor. This can spark changes you feel are necessary.

CANCER - JUN 22/JUL 22

Cancer, there are some major changes in the way you feel this week, and it could take a few days to work through all of the emotions. But you'll get a handle on things.

LEO - JUL 23/AUG 23

Big news arrives this week with much fanfare, Leo. The excitement will start early in the week and culminate by Thursday or Friday. Expect to be surprised.

VIRGO - AUG 24/SEPT 22

Relationships can't be the stuff of movies all the time, Virgo. Sometimes you have to go with the flow and make the most of the small daily moments.

LIBRA - SEPT 23/OCT 23

Your time has been stretched too fast and too much, Libra. The stress may be on and you're feeling it. However, the remedy is to delegate some of your tasks and lighten your load.

SCORPIO - OCT 24/NOV 22

Scorpio, you're not one for being overly emotional and sappy, but this week you can't hold back the feelings any longer. Don't hesitate to share your feelings.

February 2020 Week 1

SAGITTARIUS - NOV 23/DEC 21

If you are looking for inspiration, look no further than the close friends or relatives who are around you. They will have plenty of ideas that can get you fired up.

CAPRICORN - DEC 22/JAN 20

You have plenty of events coming up to keep you busy, Capricorn. You may have to pick and choose which ones to attend because you simply can't do them all.

AQUARIUS - JAN 21/FEB 18

Aquarius, even though you think certain situations require your undivided attention, you're really not involved at all. Avoid reading into things and wait for news to come to you.

PISCES - FEB 19/MAR 20

It is time to assess your priorities, Pisces. What do you want to get accomplished over this week? You can knock out one or two items.

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FOOD & VINO

Have a hankering for hummus, huh?

ummus provides a delicious and healthy alternative to less nutritional dips. Versatile and available in various flavors, hummus can be whipped up at home for those who prefer to make their own dips. The following recipe for "Garbanzo-Carrot Hummus with Grilled Yogurt Flatbread" from James Campbell Caruso's "España: Explore the Flavors of Spain" (Gibbs Smith) includes some Moroccan flavors that give this easy-to-prepare recipe a truly unique taste.

Garbanzo-Carrot Hummus with Grilled Yogurt Flatbread

Ingredients: Serves 2 cups

- 2 medium carrots, peeled and chopped
- 1 cup cooked garbanzo beans, drained
- 4 teaspoons chopped cilantro plus 1 teaspoon for garnish
- 2 tablespoons chopped red onion
- 21/2 teaspoons ground cumin
- 11/2 teaspoons ground coriander seeds
- 2 tablespoons lemon juice
- 4 teaspoons olive oil



- 2 teaspoons chile flakes
- 2 teaspoons Moroccan Spice Blend (see below)
 - Coarse salt and freshly ground black pepper
- 1 batch Yogurt Flatbread (see below)

Instructions

In a medium saucepan, combine

the carrots with 2 quarts water and 2 teaspoons salt. Bring the mixture to a boil then reduce the heat and simmer for 8 to 10 minutes, until the carrots are tender. Remove the pan from the heat and allow the carrots to drain and cool in a colander.

Combine carrots and remaining ingredients, except for Yogurt Flatbread, in the work bowl of a food processor and puree until smooth. Season to taste with salt and pepper and garnish with the remaining cilantro. Serve with fresh, hot Yogurt Flatbread cut in wedges.

Moroccan Spice Blend

Makes about 2 tablespoons

- 1 teaspoon ground cumin
- 1 teaspoon ground turmeric
- 1 teaspoon saffron threads
- 1 teaspoon ground coriander
- 1 teaspoon ground cinnamon
- teaspoon ground smoked paprikateaspoon finely grated lemon peel

Instructions

In a small resealable glass or plastic

container, combine all of the ingredients.

Yogurt Flatbread

Ingredients: Serves 4

- cup all-purpose flour
- 4 teaspoon baking powder
- 1 teaspoon coarse salt
- 21/2 cups plain yogurt
 Olive oil

Instructions

Sift the flour, baking powder and salt into the work bowl of a stand mixer fitted with the dough hook. Add the yogurt and mix on low speed for 2 minutes. Cover the work bowl and allow the dough to rest at room temperature for 30 minutes.

Preheat a gas or charcoal grill to medium. Scrape the dough from the work bowl and turn it out onto a lightly floured surface. Roll the dough into a long log and divide it into 12 equal pieces. Roll each piece into a ball and use a rolling pin or tortilla press to flatten it into a 1/4-inch-thick tortilla shape. Brush each "tortilla" lightly with olive oil. Grill each for about 40 seconds then turn and cook another 40 seconds.





General Dentistry

Robert Herzog, DDS Tricia Primomo, DDS

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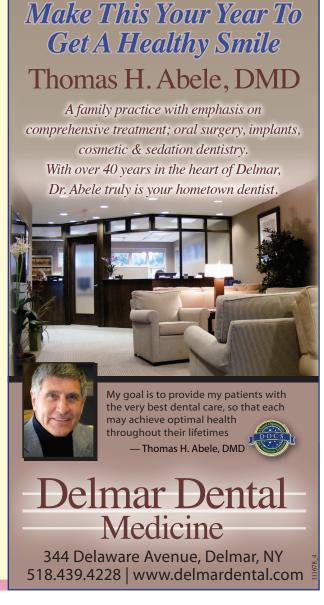
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HEALTH AND FITNESS

An apple a day

How to incorporate more hearthealthy foods into your diet

iet and heart health go hand in hand. The American Heart Association notes that a healthy diet and lifestyle are the best weapons to fight cardiovascular diseases, which the World Health Organization says kill more people across the globe each year than any other disease.

Men and women do not need degrees in nutrition science to create heart-healthy diets for themselves and their families. In fact, the familiar calls to "eat your fruits and vegetables" many adults recall from childhood lessons or nights around the family dinner table still bear weight today. A diet that is rich in fruits and vegetables is a hallmark of a healthy lifestyle. And supplementing such a diet with other heart-healthy foods is a great way to reduce one's risk for cardiovascular disease.

Fruits and vegetables

The U.S. Department of Health and Human Services notes that fruits and vegetables are healthy whether they're fresh, frozen, canned, and/or dried. The AHA advises eating fruits and vegetables

The American Heart Association advises eating fruits and vegetables with every meal and snack, and that may require a little creativity as you sneak them into favorite dishes. ... At the breakfast table, add fruit to a bowl of cereal to make for a more flavorful morning meal.

with every meal and snack, and that may require a little creativity as you sneak them into favorite dishes. For example, the AHA suggests replacing half the ground meat in recipes for burgers, meatloaf or meatballs with cooked chopped mushrooms. The mushrooms can be finely chopped with a knife or food processor, and then sautéed in some olive oil until they're soft. They can then be mixed in with the lean meat, and the meal can be cooked as it normally would. At the breakfast table, add fruit to a bowl of cereal to make for a more flavorful morning meal.

Dairy products

When purchasing dairy products, the



DHHS recommends sticking to fat-free or low-fat options. Replace whole milk with fat-free or 1 percent milk and buy only fat-free or low-fat cheese. When snacking, reach for fat-free or low-fat plain yogurt or cottage cheese. You can even add fruit or vegetables to such snacks to make snack time even more heart-healthy.

Proteins

Healthy proteins are another way people can promote heart health with their daily diets. When choosing proteins at the grocery store, the AHA recommends choosing chicken and fish over red meats. That's because red meats, which include beef and lamb, have more saturated fat than chicken and fish. Saturated fats increase blood cholesterol levels and can worsen heart disease, while the unsaturated fats in fish like salmon can actually reduce the risk for cardiovascular issues like heart failure and ischemic stroke. When preparing poultry, remove the skin, as most of the saturated fat in poultry is found just beneath the skin.

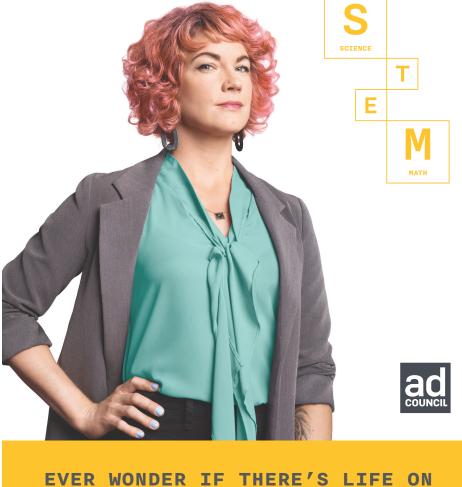
Grains

When buying grains, the DHHS recommends reading the ingredients list on the package before purchasing. Make sure whole wheat or another whole grain is the first item listed in the ingredients list, and choose only those products that say 100 percent whole grain. Instead of preparing white rice as a side dish, serve brown or wild rice, quinoa or oats.

A heart-healthy diet is easy to design and just as flavorful as less healthy alternatives.

LUCIANNE WALKOWICZ





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OTHER PLANETS?

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WHAT'S HAPPENING

Lou's Blues

Ale House — Saturday, Feb. 8

TROY — The Ale House will host Lou's Blues on Saturday, Feb. 8, at 8 p.m.

Blues covers and originals featuring Joe Lowry on guitar, John Ellis on bass, Al Kash on drums and Leslie Barkman on keys.

The Ale House is located at 680 River St., Troy.

The Wood Brothers with Kat Wright Palace Theatre — Saturday, Feb. 8

ALBANY — The Palace Theatre will host The Wood Brothers with Kat Wright on Saturday, Feb. 8, at 8 p.m.

Dubbed "masters of soulful folk" by Paste, The Wood Brothers formed after brothers Chris and Oliver Wood pursued separate musical careers for 15 years. Chris already had legions of devoted fans for his incomparable work as one-third of Medeski Martin & Wood, while Oliver toured with Tinsley Ellis before releasing a half-dozen albums with his band, King Johnson. With drummer Jano Rix added as a permanent third member, it's become quite clear that The Wood Brothers is indeed the main act.

For tickets, visit ticketmaster.com.

The Palace Theatre is located at 19 Clinton Ave., Albany.

Tunes and Tales with Deb Cavanaugh Eden Café — Saturday, Feb. 8

LOUDONVILLE — Eden Café will host Deb Cavanaugh on Saturday, Feb. 8, at 7:30 p.m.

Original songs and stories from one of the area's leading folk artists.

For tickets, visit eventbrite.com.

Eden Café is located at 269 Osborne Road, Loudonville.

Urban Guerrilla Theatre

The Linda — Saturday, Feb. 8

ALBANY — The Linda will host a performance by Urban Guerrilla Theatre on Saturday, Feb. 8, at 8 p.m.

Poems and performances about love and history by dope poets, dope performances and incredible vibes.

For tickets, visit eventbrite.com.

The Linda is located at 339 Central Ave., Albany.







Award-winning breakfast, brunch & home baked goods



WHAT'S HAPPENING

Dianne Reeves

Troy Savings Bank Music Hall — Sunday, Feb. 9

TROY — Troy Savings Bank Music Hall will host Dianne Reeves on Sunday, Feb. 9, at 3 p.m.

Five-time Grammy winner Dianne Reeves' music is the pre-eminent jazz vocalist in the world. As a result of her breathtaking virtuosity, improvisational prowess and unique jazz and R&B stylings, Reeves received the Grammy for best jazz vocal performance for three consecutive recordings – a Grammy first in any vocal category.

For tickets, visit tickets.troymusichall.org.

Troy Savings Bank Music Hall is located at 32 Second St., Troy.

Harlem Globetrotters

Times Union Center — Sunday, Feb. 9

ALBANY — The Times Union Center will host the Harlem Globetrotters on Sunday, Feb. 9, at 1 p.m.

The Harlem Globetrotters are an American exhibition basketball team. It combines athleticism, theater and comedy in its style of play. Over the years, it has played more than 26,000 exhibition games in 124 countries and territories.

For tickets, visit ticketmaster.com.

The Times Union Center is located at 51 S. Pearl St., Albany.

Seamus Egan

Caffe Lena — Sunday, Feb. 9

SARATOGA SPRINGS — Seamus Egan will

perform at Caffe Lena on Sunday, Feb. 9, at 7 p.m.

From his founding of Irish-American powerhouse band Solas, to his current work as one of the leading composers and interpreters of the tradition, Seamus Egan has inspired multiple generations of musicians and helped define the sound of Irish music today. As a multi-instrumentalist, he's put his mark on the sound of the Irish flute, tenor banjo, guitar, mandolin, tin whistle and low whistle, among others.

For tickets, visit eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

Second Sunday Bluegrass Jam

Rustic Barn Pub — Sunday, Feb. 9

TROY — Second Sunday Bluegrass Jam will take place at Rustic Barn Pub on Sunday, Feb. 9, at 6 p.m.



Show that special someone...





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WHAT'S HAPPENING

'Black Panther' movie event

Palace Theatre — Monday, Feb. 10

ALBANY — The Palace Theatre will host a "Black Panther" movie event on Monday, Feb. 10, at 7 p.m.

After the death of his father, T'Challa returns home to the African nation of Wakanda to take his rightful place as king. . Rated PG-13.

For tickets, visit ticketmaster.com.

The Palace Theatre is located at 19 Clinton Ave..

Sarah Craig and Joe Duell

Caffe Lena — Wednesday, Feb. 12

SARATOGA SPRINGS — Caffe Lena will host Sarah Craig and Joe Duell on Wednesday, Feb. 12, at 6:30 p.m.

Twenty-five years ago, Saratoga Springs Public Library was just breaking ground, there was a dusty parking lot next to Caffe Lena, and an empty lot and fruit market across the street. Lena Spencer had been gone for six years, and the now non-profit venue was ready to hire its first executive director. The Board of Directors of perhaps the most famous folk music venue in the world took a chance hiring the 27-year-old Sarah Craig who had all of four years of work experience and a modest familiarity with folk music. After two and a half decades of trial and error, imagining possibilities, putting one foot in front of the other and believing that it's possible to save the world with music, Sarah has reached her silver anniversary and Caffe Lena is thriving.

For tickets, visit eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

California Guitar Trio and Montreal Guitar Trio

Caffe Lena — Thursday, Feb. 13

SARATOGA SPRINGS — California Guitar Trio and Montreal Guitar Trio will perform at Caffe Lena on Thursday, Feb. 13, at 7 p.m.

Featuring six virtuoso guitarists from four countries (Japan, Canada, Belgium and US), California Guitar Trio (CGT) and Montreal Guitar Trio (MG3) fuse over 45 years of combined performing experience into one unique six-by-six-string 'phenomensemble.'

For tickets, visit eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.











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CONCERT REVIEW

Disco, broadway musicals and metal

Tragedy holds nothing sacred with heavy metal parody of other genres

By MICHAEL HALLISEY

halliseym@spotlightnews.com

ragedy was three songs into its set when a gentleman in a sweater vest approached the merch desk with a question. The music was too loud to hear the exchange, despite that the conversation was only five feet away. From his hand gestures, he looked like he was asking in vain for the volume to be turned down. You know what people say about music being too loud. But, he wasn't old. Not really. Hair metal had a place in pop culture in the '80s. And, well, sweater vests had their day too.

On stage was a flamboyant display of '80s pop culture not limited to the hair metal music being played, or the homage to disco in the band's name. Hair metal in 2020 has to offer more than just the music and the hair. Acts like The Darkness and Steel Panther have made a comical production out of the genre in recent years.

Tragedy's show at The Hollow was nothing short of a production, as it was intended. Lance, dressed as a sailor



with his name bedazzled on the back, introduced the band to the stage while playing the theme to 20th Century Fox on a recorder. Unabashed testosterone was in the air, as were blow up dolls as they flew across the room. What followed next was a delicious abomination birthed between heavy metal and disco.

The Bee Gees are ever present with Tragedy. Disco Mountain Man took front and center at lead vocals, between Garry Gibb on lead guitar, and two flying Vs played by Mo'Royce Peterson and Andy Gibbous Waning. Behind the drum kit was The Lord Gibbeth. They adopt the Gibb family name that single-handedly flung RSO records into (and out of) music industry dominance.

But the show was not a mere tribute to one band. By appearance, Tragedy drew inspiration from early Motley Crue, Poison and — in the possible case of Peterson's backlit guitar — Twiki from the Buck Rogers sci-fi television series. As such, Tragedy is an amalgamation of all things Gen Xers remember from childhood.

Musically, there were more songs representing disco and '70s pop music than the Bee Gees alone. And, to the crowd's delight, everyone fell victim to the parody.

Comical stories segued into familiar

song titles from Donna Summers, John Denver, Asia and Grease. Lance returned to the stage wearing a cape and mask reminiscent of King Diamond's white and black face paint to introduce "Sweet Caroline." With our relative proximity to Boston's Fenway Park, it was a welcomed singalong. Familiar guitar riffs from metal staples were seamlessly intermingled with mismatched lyrics. It's amazing how masterful the mashups married so well. It mattered little whether those in the crowd were fans of speed metal, grindcore or disco. Before the night was through, a near full house was singing along and head banging in unison.

The gentleman in the sweater vest, as it turned out, was misunderstood. He wanted a Tragedy shirt.

The Tradition opened the night with a 45-minute acoustic set that featured local Mick Jagger doppelganger Tommy Love. Aside from the unplugged nature of the performance, the pairing was genius. Frontman Ralph Renna, flanked by some wicked guitar play from both Zach Leffler and Tom Atkins, laced together Led Zeppelin and the Rolling Stones preceded by Snoop Dogg, Buffalo Springfield and an assortment of '90s grunge.

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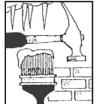
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CONCERT REVIEW

Lights, jokes and Neon Gods

Greensky Bluegrass crack jokes, cover Paul Simon and The Band

By ZACH CULVER

nysmusic.com

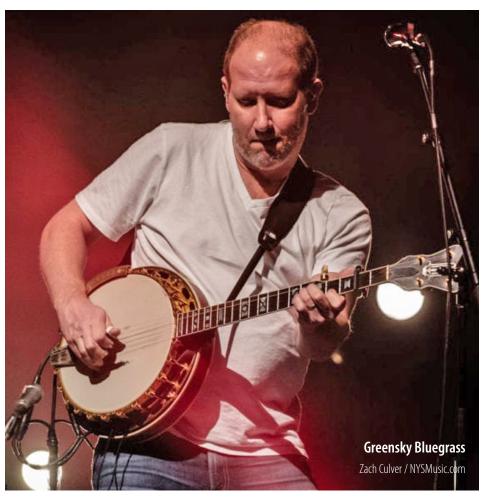
sold out crowd welcomed Greensky Bluegrass back to the Capital District for another round of energetic and psychedelic jamgrass from the standard bearers of the genre. Opening the show was "Ghost Light," featuring local favorite Holly Bowling on keys, who gave the audience a short yet stellar opening 45-minute set.

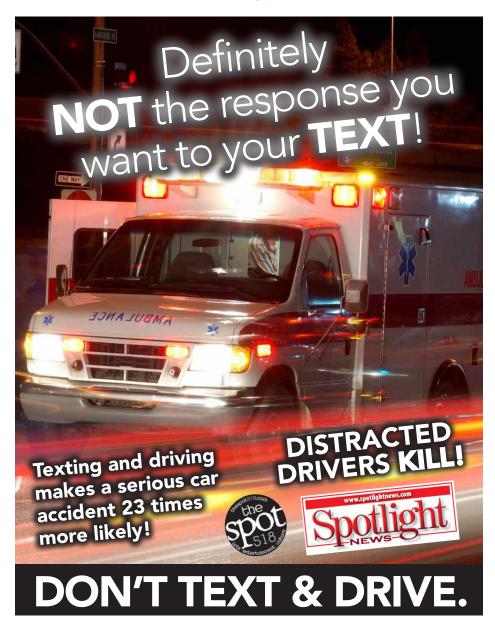
Greensky have made Albany an annual winter tour stop, returning to The Egg and a capacity and ever-enthusiastic crowd. Following "Dustbowl Overtures," with it's line, "It's a New York Minute, under a New Mexico sky," eliciting cheers from the audience, mandolinist Paul Hoffman welcomed the crowd to the show, referring to the venue as the 'punniest venue in the country.' With that, dobroist Anders Beck joined in with egg jokes that carried on throughout the night. First set highlights included "I'd Probably Kill You," "Nellie Kane," "Broken Highways" and "Courage for the Road," where Beck was a heavy

presence via the dobro and shone as the set came to a close.

More jokes came after the opening of the second set, just as soon as the band hit the stage. Beck returned prepared and informed the crowd, "I've probably got a dozen, just to lay it out there." A long "Take Cover" kicked off a set full of surprises, plus lots of banter with the crowd. The back and forth was so natural and the crowd so focused, Hoffman said it felt like "playing on a radio station, but you're all here." For "Casual Wednesday," Beck laid his down dobro and took off into the crowd to greet the audience and hype up the sound and light teams on this casual Wednesday, making a Buddy Guy-style lap around the venue, before returning to the stage.

A cover of The Band's "Atlantic City" segued perfectly into "Just Listening," which was followed by "Mother and Child Reunion," which contained a deep reference to eggs, their debut of the 1972 Paul Simon single. After the song, Hoffman expressed that playing that song at The Egg was a career highlight. "Furious Exuberance," "Kerosene" would close the set with Pink Floyd-esque spaciness that paired perfectly with the evening's light show that hovered between early '70s psychedelia and late '70s disco.





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WHAT'S HAPPENING

The Deadbeats

Putnam Place — Thursday, Feb. 13

SARATOGA SPRINGS — The Deadbeats will perform at Putnam Place on Thursday, Feb. 13, at 9 p.m.

After revamping the band for a fresh new start in 2017, The Deadbeats are better than ever. Saratoga Living Magazine ranked it in the top five local tribute acts of 2019. It was voted Best Jam Band of 2017 in the Capital District and it took second for Best Cover Band and Best Tribute Band.

Putnam Place is located at 63a Putnam St., Saratoga Springs.

The Mallett Brothers Band w/ Union Grits The Hollow Bar and Kitchen — Thursday, Feb. 13

ALBANY — The Hollow will host The Mallett Brothers Band and Union Grits on Thursday, Feb. 13, at 8 p.m.

The Mallett Brothers Band is an independent rock 'n' roll/Americana/country band from Maine. Its busy tour schedule since forming in 2009 has helped it build a dedicated fanbase across the U.S. and beyond while still calling the state of Maine its home. With a style that ranges from alt-country to Americana, country jam and roots rock, its style is a musical melting pot that's influenced equally by the singer/songwriter tradition as by harder rock, classic country and psychedelic sounds.

For tickets, visit eventbrite.com.

The Hollow is located at 79 N. Pearl St., Albany.

Lovestruck Balladeers

Caffe Lena — Friday, Feb. 14

SARATOGA SPRINGS — Caffe Lena will host the Lovestruck Balladeers on Friday, Feb. 14, at 8 p.m.

The Lovestruck Balladeers enchant audiences with its masterful performances and inspired repertoire of ragtime, jazz and beautiful songs from around the world. It might whip out a lost melody from a forgotten mandolin folio or it might play a Mexican waltz. It might push into a renegade rearrangement of a swing standard or get down with a country rag. .

For tickets, visit eventbrite.com.

Caffe Lena is located at 47 Phila St., Saratoga Springs.

Schism — A Tribute to Tool Upstate Concert Hall — Friday, Feb. 14

CLIFTON PARK — Upstate Concert Hall will host Schism on Friday, Feb. 14, at 8 p.m.

For tickets, visit ticketweb.com.

Upstate Concert Hall is located at 1208 NY-146.

Twiddle with Wild Adriatic and Strange Machines

Palace Theatre — Friday, Feb. 14

ALBANY - Twiddle, Wild Adriatic and Strange Machines will perform at the Palace Theatre on Friday, Feb. 14, at 7:40 p.m.

With 12 years of relentless touring behind it, Vermont-based rock band Twiddle has built an impressive resume spanning Red Rocks to Bonnarooand multiple sellouts of historic rock venues including Port Chester, New York's Capitol Theatre and Washington D.C.'s 9:30 Club. With the second half of the band's third studio album, Plump, on the horizon, the band's career continues to catapult forward. Buoyed by the generous support of 359 Kickstarter donors, the 27-song album does more than showcase the group's beautiful music, but also tells an important story.

For tickets, visit ticketmaster.com.

The Palace Theatre is located at 19 Clinton Ave., Albany.





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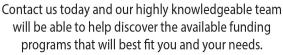












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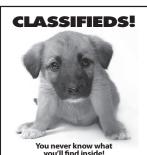
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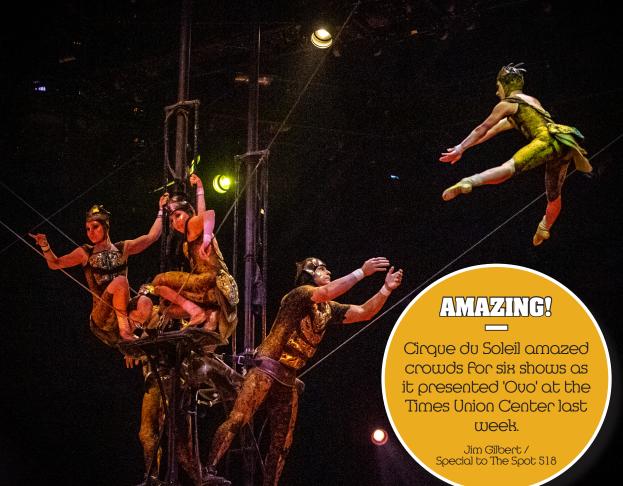
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CONCERT REVIEW

Old World funk

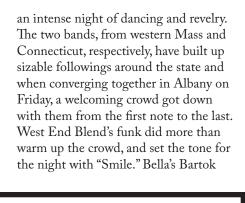
Bella's Bartok, West End Blend give The Hollow some funk and groove

By CONOR MCMAHON

nysmusic.com



packed Hollow Bar & Kitchen welcomed Bella's Bartok and West End Blend back to the Capital District for





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MAR A. SOUNDS OF THE HALL

MAR 5: LOUIE ANDERSON

MAR 6. AN EVENING WITH CHRIS BOTTI

MAR 7: AN EVENING WITH CELEBRITY HOUSEWIVES MAR 8. THE MARVELOUS MARQUISE FAMILY CIRCUS

MAR 13. MEGAN HILTY

MAR 14: HOWARD JONES ACQUISTIC TRIO

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followed shortly after with a set full of klezmer-infused, high energy numbers, with inflated eye balls bouncing around the crowd and a daring band member who crowd surfed to the bar (for a shot) and back to the stage with the support of their

Following these two glorious sets of music to shake the week off, the bands spoke to NYS Music about why New York is such an important part of their careers and how they have grown as a result of touring across the state.

Drummer Sam Horan of West End Blend: "I feel like playing around the New York scene, that's not New York City, it's

just been really good to us, and we've seen a lot of progress and steady progression which keeps us fueled to come back. This show, specifically, was a surprise because our last show was, it was good, but tonight really felt like a turning point for the market. We have a really great audience in Saranac Lake, and we throw our festival 'The Blender' in Saranac Lake, and that's its own thing, but for Albany tonight it really felt like a turning point for us, with an early opening set, and it was a full room. It was a really good, reassuring thing for us to see a full room, starting pretty early, so that's kind of the thing the New York scene has just been really good to us, and that's what keeps us coming back."



Likewise, Asher Putnam, lead singer of Bella's Bartok shared: "We've been playing upstate New York and the Hudson River Valley since 2009-2010 when we were just a street band, and we've always enjoyed ourselves. We're out of western Massachusetts, the Great Barrington area, so it's a hop, skip, and a jump, and it's really nice to see people coming up to the show who have been seeing us for seven, eight years, singing along to the old songs and hearing the new tunes. From Saranac Lake to Albany, and sometimes to New York City even, the Capital Region and upstate is where we find our people."