

# THE Spotlight

Serving  
Bethlehem,  
New Scotland  
& Guilderland

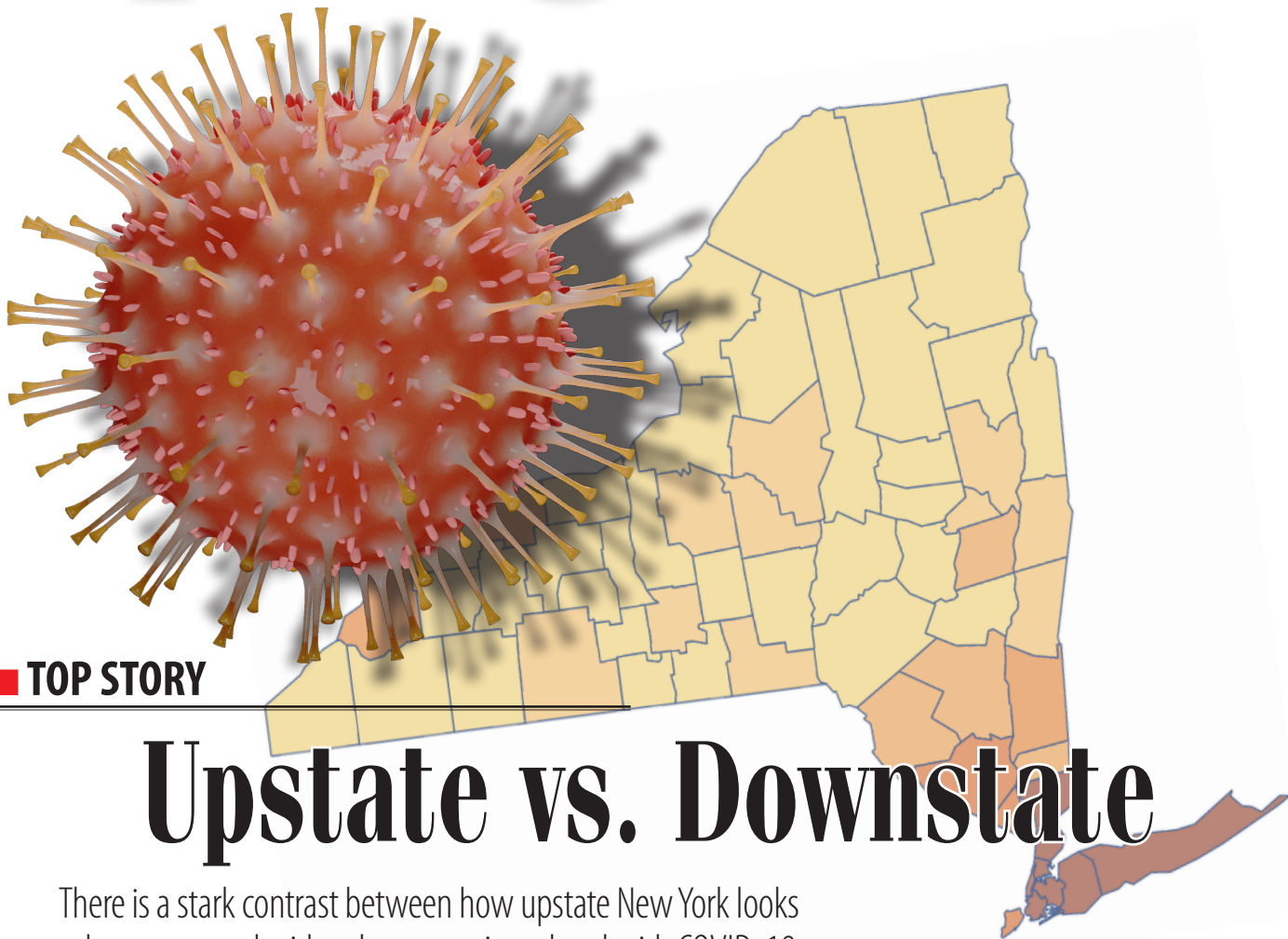
\$1.50

Vol. 63, #17

April 22 - April 28, 2020



**Start Saving Money TODAY!**  
SmartSource Magazine® COUPONS INSIDE THIS ISSUE



■ TOP STORY

## Upstate vs. Downstate

There is a stark contrast between how upstate New York looks when compared with a downstate inundated with COVID-19

By **JIM FRANCO**  
francoj@spotlightnews.com

**ALBANY** — For a host of reasons, upstate has weathered the COVID-19 storm better than downstate and that has led to some discussion on whether or not areas of upstate should open sooner.

The numbers are indisputable, but the concept is more convoluted. And while there are more and more calls to open upstate, that decision is left up to state government and Gov. Andrew Cuomo. While he acknowledges the different situations between up and downstate, and seems to have an ongoing internal debate on what to do, he has given no

solid indication of any portion of the state opening without the rest.

“I think it’s logical to think a re-opening plan take into consideration the differential of infection rates and overall hospitalization rates. We see that in certain states. If you have less of a problem you can open faster,” said Gov. Andrew Cuomo during his daily briefing on Friday, April 17. “If you are in one state, and parts of the state are in a different situation than other parts of the state why can’t those parts of the state open sooner? I think they can. How much sooner, when, how do you phase it in, in a way that doesn’t complicate or compete with other parts of the state that aren’t

doing it? That’s when it gets granular and tricky and that is what we are working through.”

A couple days later, though, the governor conveyed a story about a couple who drove up from New York City to the Capital District just to order Thai food and “to get out of the house” to illustrate how mobile the population is, and how easily an infected person could literally drive the virus north and infect upstate.

“Everything effects everything else,” he said. “The first barber shop to open will have a line out the door,” the governor said. “These decisions are all connected. If we don’t coordinate this, it will make a

**Continues on page 6**

■ NEWS



**State of Emergency**

Bethlehem extends its State of Emergency amid the current coronavirus pandemic.

**Story on Page 2**

■ CULTURE



**Tip your bartender**

Leaders in hospitality have ways to help support local servers

**Story on Page B1**



Your Home Town Bank

Promotional offer valid from 3/7/2020 until 4/30/2020. Account opening and other transactional requirements must be met. All bonuses will be paid within 60 calendar days of verification that the requirements have been satisfied for each offer. Please note: We reserve the right to alter or withdraw these products or certain features without prior notification.

Some things are meant to be together.

**Checking and Savings  
Earn up to \$200!**

Visit [trustcobank.com](http://trustcobank.com) or visit any branch location for details.

Member  
**FDIC**

800-670-3110

[TrustcoBank.com](http://TrustcoBank.com)

112738\_4

■ INDEX

Police, courts and calls .....	2
Libraries .....	13
Entertainment.....	B1-B12
Classifieds .....	B10
Crossword .....	B6
Service Directory .....	B8

The Spotlight (USPS 396-630 is published each Wednesday by Community Media Group LLC, 341 Delaware Ave., Delmar, N.Y. 12054. Postage paid at Delmar, N.Y., and at additional mailing offices. Postmaster: send address changes to The Spotlight, P.O. Box 100, Delmar, N.Y. 12054. Subscription rates: Albany County, one year \$42, two years \$75. Elsewhere, one year \$52, two years \$90. Subscriptions are not refundable.

[spotlightnews.com](http://spotlightnews.com)



6 09859 00020 1

■ TOWN GOVERNMENT

## State of emergency extended

By **DIEGO CAGARA**  
cagarad@spotlightnews.com

**BETHLEHEM** — Town Supervisor David VanLuvan extended Bethlehem's state of emergency on Friday, April 17, which will remain in effect until rescinded by a future order.

Originally declared on March 19, it was extended due to the ongoing COVID-19 pandemic.

VanLuvan wrote that he is exercising his authority to "preserve the public safety and hereby render all required and available assistance vital to the

security, well-being, and health of the citizens of this municipality. I hereby direct all departments and agencies of the Town of Bethlehem to take whatever steps necessary to protect life and property, public infrastructure, and provide such emergency assistance as is deemed necessary."

To view the full declaration, visit our website.

For more information on how town departments are affected, visit [www.townofbethlehem.org/AlertCenter.aspx?AID=Town-Buildings-closed-to-public-Update-174](http://www.townofbethlehem.org/AlertCenter.aspx?AID=Town-Buildings-closed-to-public-Update-174).

■ POLICE and EMERGENCY CALLS

## Trespassing on a private residence

**BETHLEHEM** — A 22-year-old Troy man was arrested for entering a Bethlehem residence on Hobbie Lane uninvited on Sunday, April 19 at 7:59 p.m.

According to reports, Kashawn Jackson walked into the victim's residence, whom

the latter did not recognize and called Bethlehem police. The police located Jackson on River Road and arrested him; he was charged with criminal trespass in the second degree, a class A misdemeanor. For security purposes, the victim's name and address were unnamed in the report.

Jackson is scheduled to appear at the Bethlehem Town Court on June 16 at 5:30 p.m.

■ COMMUNITY

## Two farmers markets go online

By **DIEGO CAGARA**  
cagarad@spotlightnews.com

**GUILDERLAND** — The Guilderland and Washington Park farmers markets will converge to launch an online market that will continue supporting vendors and the public amid the COVID-19 pandemic.

Orders can be placed on the Guilderland Farmer's Market website at [www.guilderlandfarmersmarket.com](http://www.guilderlandfarmersmarket.com) and click "Online Market."

Curbside pickup will be available at Star Plaza at the corner of Route 155 and Western Avenue every Sunday at noon, starting on April 26 with no set end date for now.

Customers are encouraged to stay in their vehicles and their orders will be delivered to them.

Scott Abraham, the owner and creator of the two farmers markets, said he became inspired to launch the online market after hearing that many local mom-and-pop stores were closing down recently. He wanted to give an outlet for them and his markets' vendors to continue selling during the pandemic.

"I also saw a need because there are seniors who don't want to go to grocery stores and that groceries deliveries are overwhelmed," he said. "I know people are stressing out now and worrying about when their next paycheck comes. As long as I give them another avenue, it's worth all the time to do this."

As of Friday, April 17, participating vendors

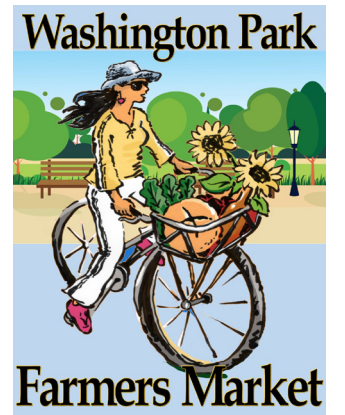
include Magic Forest Farms, Caffe Italia, Slingerland Family Farm, Sunshine Catering, Wild Hill Maple and Greener Pastures. Abraham noted, though, that the vendors are not just food-oriented and he's encouraging artists, crafters, farmers and distilleries to join in.

If interested in becoming a vendor, contact Abraham at 949-973-8785 or [guilderlandfm@gmail.com](mailto:guilderlandfm@gmail.com).

The online market and curbside delivery help to maintain social distancing and Abraham said it is only available for people with vehicles for now — people cannot just walk or bike to the pickup location to line up. Abraham also said he's looking into delivering orders to a local senior community but did not offer more details as those plans are preliminary.

"If I find out there's a need for people that don't have a car, that would be something I may look into and figure out a way for people without cars to take advantage of this too," he said.

This article's full version is on our website.



Provided photo

# CAPITAL GUTTERS

**Family Run Business**

**Gutter Installation & Gutter Cleaning & Gutter Covers**

**USA**  
For Any Military Personnel  
**5% OFF**

518-878-2799

<p><b>Gutter Covers &amp; Cleaning Special</b> <b>\$1099</b></p> <p><small>Average Home</small> <b>CAPITAL GUTTERS</b> 518-878-2799 <small>Not valid with other offers.</small></p>	<p><b>HOME OF THE \$149 GUTTER CLEANING!</b></p> <p><small>1-Story Home - \$149 Avg. 2-Story Home - \$249 Avg.</small></p>	<p><b>Gutters Repaired \$399</b></p> <p><small>Average Home</small> Includes: Cleaning &amp; Down Spout Repairs or Minor Repairs/ Leaky Corners <b>CAPITAL GUTTERS</b> 518-878-2799 <small>Not valid with other offers.</small></p>
<p><b>Seamless Gutters \$999</b></p> <p><small>Average Home</small> Gutters &amp; Downspouts Installed <b>CAPITAL GUTTERS</b> 518-878-2799 <small>Not valid with other offers.</small></p>	<p><b>Complete Gutter System \$1999</b></p> <p><small>Average Home</small> Gutters, Downspouts &amp; Solid Gutter Covers <b>CAPITAL GUTTERS</b> 518-878-2799 <small>Not valid with other offers.</small></p>	<p><b>Small Job Special \$449</b></p> <p><small>Up to 50 Ft. of Gutter Installed</small> <b>CAPITAL GUTTERS</b> 518-878-2799 <small>Not valid with other offers.</small></p>

**www.CAPITALGUTTERS.com**

Gifts for Moms, Grads or just because...

Dear Friends,

As we navigate these unusual times, we at Joyelles want to be there for you. Special times like Mother's Day, birthdays and graduations continue. If you need a Gift Certificate please contact us at [JoyellesJewelers@gmail.com](mailto:JoyellesJewelers@gmail.com) and leave your contact information. We will get back to you as soon as we can and either drop off or mail your certificate. We have lots of new jewelry from our spring buying trip. We're in this together.

All the best,  
Mary Vail

Joyelles Jewelers

**UNIQUE JEWELRY & GIFTS**

**www.joyellesjewelers.com**

**Main Square Shoppes**  
318 Delaware Avenue  
Delmar, NY • 518.439.9993

COMMUNITY

# Printing headbands for face shields

Part of assembly line to make face shields for Albany Med

By **DIEGO CAGARA**  
cagarad@spotlightnews.com

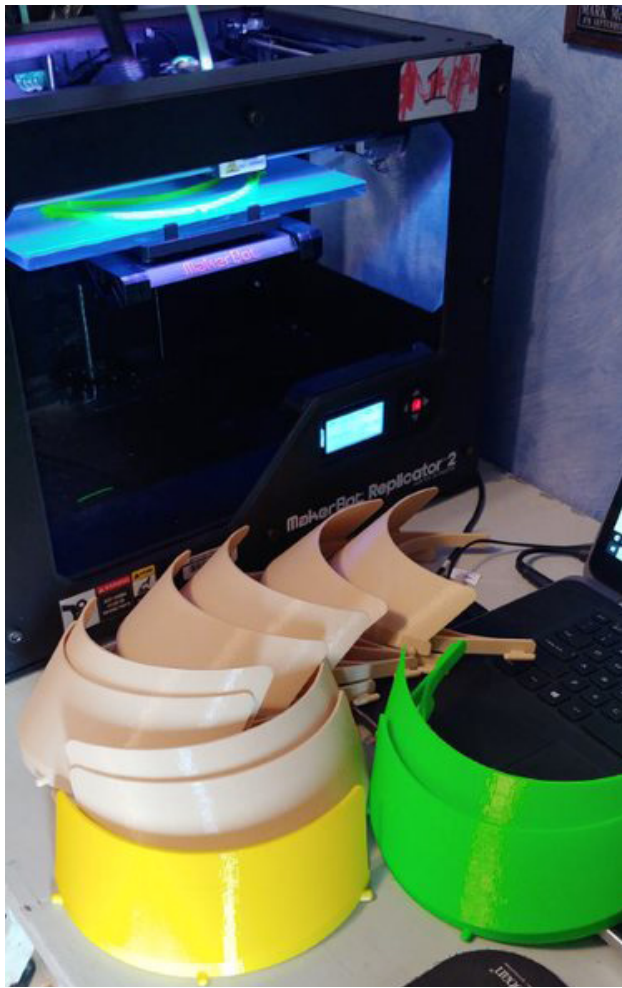
**DELMAR** — The Bethlehem Public Library's MakerBot 3D printer may not be human but its new job has a heart.

For the past two weeks, the library has been involved in two projects with two other libraries and two local colleges to use 3D printers to make and deliver protective face shields to Albany Medical Center healthcare workers.

The library is working with the Ravena-Coeymans-Selkirk Community Library, Albany Public Library and two SUNY Albany colleges — the College of Engineering and Applied Sciences; and the College of Emergency Preparedness, Homeland Security and Cybersecurity.

The Bethlehem library's 3D printer was moved to Head of IT John Love's house after the library temporarily closed on March 13 due to concerns for the COVID-19 pandemic.

With Love watching



The Bethlehem Public Library's 3D printer is temporarily in head of IT John Love's house who oversees its printing duties. Bethlehem Public Library

over it, it is now printing headbands that will be given to the UAlbany colleges that will further assemble them to make

protective face shields with transparent report covers and more.

Geoffrey Kirkpatrick, the library's director, said

the 3D printer uses plastic filament to help create the headbands. He added that the library has "a good stock" of the plastic filament which also comes in different colors like pink and green, and Love keeps track of the inventory.

Love said he got started two weeks ago when Judith Wines, the RCS Community Library's director, connected him with the UAlbany College of Emergency Preparedness, Homeland Security and Cybersecurity, and learned about the headbands' designs. These headband designs are originally from the National Institute of Health's website.

Love said he has printed at least 30 headbands so far and noted it can range between 1 hour 15 minutes and 2 hours 45 minutes to print one, depending on their size. The library also gave 20 completed face shields to Delmar-Bethlehem EMS on Friday, April 2, after finding some plastic transparencies in its supply closet.

Kirkpatrick said the 3D printer was originally brought into the library in late 2014, was moved into its Studio Makerspace and is the older of two. "We have another 3D printer

that's currently not working and we're trying to get parts for it so that John can work on it and double the capacity of making headbands," he said. "We'll keep making headbands until we hear from UAlbany that the hospital has everything it needs."

He connected the benefits of the 3D printer with how the library continues to support its community, like with online resources for its patrons.

"We've expanded our ability to provide e-books and downloadable videos, music, comic books and much more," he said.

"People have also come to our parking lots to use the Wi-Fi if they don't have internet access at home. It's imperfect but we're trying to supply our online resources as best as we can. Just because we're deemed a non-essential business under executive orders, doesn't mean we're not important."

Kirkpatrick expressed gratitude for

Love's actions and ability to troubleshoot any of the printer's issues. "You can imagine how difficult it is for our staff working from home to troubleshoot account problems now but John volunteered to take the printer into his house and keep it running," he said. "He's been great and awesome."

Love said, "Right now, it's very important because we want to help and supplies for face shields are running low at this time. Granted the headbands we make are not medical-grade but it's better than nothing if we can produce these things and make it easier for them."



A collection of printed headbands by the library. Bethlehem Public Library

**Hi, neighbor!**  
Drop by anytime.

**GEICO** LOCAL OFFICE

**Rick Schrade**  
1770 Central Ave, Albany  
geico.com/Albany  
518-389-4060



Some discounts, coverages, payment plans and features are not available in all states, in all GEICO companies, or in all situations. GEICO is a registered service mark of Government Employees Insurance Company, Washington, D.C. 20076; a Berkshire Hathaway Inc. subsidiary. © 2019 GEICO

Want to make a difference in the lives of Southern Saratoga's seniors?  
**VOLUNTEER TODAY** to provide supportive services such as friendly visiting, transportation, and shopping. **Call Ava at 518-399-4624 to volunteer!**



**CARE LINKS**  
A program of CAPTAIN Community Human Services

**Care Links** volunteers provide supportive services at no cost to seniors 60+ in Southern Saratoga County.

**518-399-3262**



**CAPTAIN**  
Community Human Services

Our **Wellness Express Van** provides free rides for seniors to medical appointments. Available in select Southern Saratoga communities.

**518-399-4624**

## SPOTLIGHT ON FINANCE

## Check the cape at the door: An interview with Lee Woodruff

By JENNIFER REGELSKI,  
KeyBank

In January 2006, Lee Woodruff was at Disney World with her kids. She was in her 40s, her husband Bob recently landed the dream job of co-anchor of ABC World News Tonight and the life she thought she had worked hard for and earned was hers.

“There was a part of me that naively believed, and I don’t know how deeply, that if you lived a good life and were kind life wouldn’t throw you a curveball,” Woodruff said in a conversation earlier this month. “Obviously, that’s not how the world works.”

The curveball for Woodruff was the phone call she received in her Disney hotel room. It was the president of ABC News. A roadside bomb hit an armored car Bob was riding in while covering the Iraq War. He was critically injured.

Woodruff was the keynote speaker for the 2019 Annual Key4Women Forum at the Albany Marriott. She shared her story of how overcoming the challenges along Bob’s path to recovery taught her many lessons about relationships, growing a career in the face of adversity and shedding the idea that the mythical superwoman exists. Here, she shares some thoughts about women finding balance and success in their careers.

**Jennifer Regelski:** You often talk about life being messy. Can you talk about this in the context of expectations and how to realign, find balance and thrive when faced with a curveball?

**Lee Woodruff:** Everybody believes there’s this mythical sense of career satisfaction. That there is a time when things will align. What I’ve come to realize is life comes in chapters and within those chapters you’re never going to find balance and you’re never going to be perfect. When life does have other plans and does throw that curveball, it’s not a punishment for things you haven’t done right. The key is the ability to survive. It’s different for all of us, but that instinct to survive is strong.

**Regelski:** Following your husband’s accident, you thought of yourself as “The General.” This obviously por-



Lee Woodruff

trays an image of strength, particularly for your children. Why was this important to you? How does it juxtapose with the “Four Fs”—Friends, Family, Funny, and Faith—you credit for keeping you upright?

**Woodruff:** The general was me initially, when I had to give the kids the news and show them I was okay. From my outside body language, voice and words I needed them to know I would be alright and they would be alright.

The real me was relying on the “Four F’s” in different percentages and different measures during that time and still today. We never get over something, we just get through it. I think everybody who’s been through a trauma still has days it revisits them.

New York Times columnist David Brooks, who I love, recently wrote about the pursuit of elusive goals to bring us happiness when at the end of the day the real thing that brings us happiness and a sense of peace in the world is human connections. I leaned on connections. The chats or walks with a girlfriend were some of the most meaningful moments to get me past the fear of not knowing what was going to happen to us.

**Regelski:** During your husband’s recovery, you kept a journal. Have you always been a journal writer? Why is/was it important to document what you were experiencing?

**Woodruff:** There are times I have journaled in my life, usually times that were more difficult than others. My first instinct with Bob was to start creating some order out of what was happening, because I knew if Bob lived he would want to know what happened. Life in an ICU is

moving so quick you don’t remember anything, so it was a way to get some control over an uncontrollable situation. The writing became my therapy.

When we got to the point where we could sort of see a future, people started asking if I would be interested in writing a book. I remember Bob’s neurosurgeon saying that somebody needs to write a book, because there are thousands of kids coming through military hospitals with these kinds of injuries and nobody knows about it. That really stuck with me. It became the basis of taking my messy journal and having a publisher say, “yes, we can do something with this.”

**Regelski:** In addition to being a writer, you also have a business in which you help clients become better communicators. Why is storytelling so important to advancing a career or business?

**Woodruff:** If you think about it, storytelling has been important since the beginning of time. People sitting around a fire. It’s important in any job to be a communicator. Everybody has a shot at grabbing someone’s attention if you can tell your story. It’s how you can define and encapsulate who you are in a short amount of time.

**Regelski:** Do women have any unique obstacles? What is the most important skill women should learn to become better communicators in the business environment?

**Woodruff:** I was doing some work with a client, and we were talking about connecting to your clients and finding those human moments before the conference call starts when you can chitchat. I used the example of talking about my kid’s soccer game. One of the women immediately chimed in and said, “The minute I talk about kids I’m pegged as a woman.” It made me sad. The fact that someone said that says a lot about where we are. We’ve come a super long way, but men and women sometimes approach situations differently. To amplify their presence, women still need to work a little harder and smarter... but a good sense of humor still works every time when a situation doesn’t feel quite right.

**Regelski:** You say “Superwoman” is a myth. Who is this superwoman?

**Woodruff:** The mythical superwoman is the woman who has it all in balance... who can take care of her kids, make the perfect cupcakes for the birthday party, ace the proposal at work and have the house decorated for Christmas. Perpetuating the myth that some people can do all this without a support network of other family, babysitters, cleaning and shopping help is not fair to the rest of women. We all have places in our life that need better attention. You can’t do it all well all the time.

**Regelski:** You also talk about checking the “cape” at the door. What does this mean to you?

**Woodruff:** It means being real with yourself. It means being real with your kids. There are many moments where I say that to my kids, “I’m kind of falling short here. I’m doing the best I can.” It’s a real view on life. We have choices on how to balance things, but everything has a price tag attached to it.

**Regelski:** What is the most important thing you want people to take away from the Key4Women Forum?

**Woodruff:** Other than the fact it has never been a better time to be a woman, it’s to forgive yourself. We all need to embrace the imperfect in all of us. It’s okay to leave the dishes and pick up a book to read with your child or grandchild, because the big lesson in my life is that in an instant it all can change. You don’t want to look back and realize you prioritized the wrong things.

About the author: Jennifer Regelski is vice president, Business Banking, for KeyBank in the Capital Region. She may be reached at 518-218-2264 or Jennifer.L.Regelski@KeyBank.com.

# Our mission is your financial wellness.



Helping our clients thrive is a priority at KeyBank. That’s why we offer at no charge a powerful web-and mobile-based financial wellness tool that offers resources and guidance to get you and keep you on track to reach your goals.

To help stay on the path to financial wellness, use the red key.™

**KeyBank** 

Key.com is a federally registered service mark of KeyCorp.  
©2017 KeyCorp. KeyBank is Member FDIC. 161207-170606 key.com

■ BUSINESS

# Businesses concerned; Chamber offers resources

Recent Chamber survey shows town's business diversity

By **DIEGO CAGARA**  
cagarad@spotlightnews.com

**DELMAR** — The Bethlehem Chamber has shared its recent survey's results regarding COVID-19's impact on local businesses with elected representatives at the town, county, state and federal levels, according to its president Maureen McGuinness.

## Survey's purpose

"I've since had conversations with elected officials at the state level about what challenges local businesses are facing and with the survey's results, we'll continue to be in communication with elected officials from the local to federal levels," McGuinness said. "We were gathering information to assist in mitigating the impact on local businesses and connect them with any available tools and resources they may need."

Besides his Bethlehem Chamber duties, Vince Crisafulli has owned his own small tanning business, St. Croix Tan, since 2001 which is now temporarily closed due to the pandemic. Vince Crisafulli

Vince Crisafulli, a Bethlehem Chamber board member and the chair of its Government Relations Committee, said sharing the survey's results with officials "is not a way to complain to them but just to say what the impact has been."

He added that the survey's results have made the chamber feel better informed as it began connecting business with local officials via virtual forums and written statements, and providing resources like how to apply for small business-oriented loans like the Paycheck Protection Program (PPP), if available.

For more information on the chamber's resources and services, visit [www.bethlehemchamber.com/government-affairs](http://www.bethlehemchamber.com/government-affairs).

Crisafulli said the



Phillips Hardware, a family-owned business since 1886, began selling limited supplies of Lysol, Clorox wipes, toilet paper and more to try and stay financially viable during the pandemic.

survey's results are also meant to encourage local residents as well as town government to remind them to shop at local businesses, instead of always going on Amazon or to big box stores.

"For every \$100 you

spend locally at a locally-owned business, \$68 stays in the community," McGuinness said. "If you were to spend that same amount at a national chain, only \$43 stays in the community. The local stores have the same people who sponsor fundraisers in

town, kids sports teams and more."

## Findings

With the town government's help, the survey was distributed to many local businesses, including non-chamber

members, from March 25 to April 8. With 90 businesses responding, 86 reported a negative economic impact, 40 are in danger of closing, 40 have laid off employees and 31 have experienced supply chain issues, including increased prices on supplies and shipping delays. Surveyed businesses were found to have operated for 21 years on average. The businesses were assured their names and specific responses would be kept confidential.

McGuinness said the 90 businesses come from diverse industries and pointed out, "It's very easy for people to picture businesses as just restaurants or retail stores. But in reality, we have a more robust business climate in town and I was pleased this survey reflected that."

The surveyed businesses came from the following industries:

- Agriculture (3 percent)

- Construction (7 percent)
- Manufacturing (2 percent)
- Wholesale (1 percent)
- Retail (11 percent)
- Finance and insurance (7 percent)
- Real estate and rental (9 percent)
- Professional services (9 percent)
- Health care and social assistance (9 percent)
- Arts and entertainment (6 percent)
- Accommodations and food services (5 percent)
- Others (31 percent)

## Business owners' concerns

Robert Symmons, owner of Delmar-based Labbie Electrical Contractors which provides electrical services throughout the Capital District, said his family-owned business has been around for around two

**Continues on 13**

*Make This Your Year To Get A Healthy Smile*

**Thomas H. Abele, DMD**

*A family practice with emphasis on comprehensive treatment; oral surgery, implants, cosmetic & sedation dentistry.*

*With over 40 years in the heart of Delmar, Dr. Abele truly is your hometown dentist.*



My goal is to provide my patients with the very best dental care, so that each may achieve optimal health throughout their lifetimes

— Thomas H. Abele, DMD

**Delmar Dental Medicine**

344 Delaware Avenue, Delmar, NY  
518.439.4228 | [www.delmardental.com](http://www.delmardental.com)

**FALVO'S**  
PRIME BUTCHER SHOP

"Quality Always Shows"  
★ WE SELL U.S. PRIME BEEF ★  
[www.FalvoMeats.com](http://www.FalvoMeats.com)  
Not Responsible For Typographical Errors

SLINGERLANDS, ROUTE 85A • PHONE ORDERS 439-9273

<b>CENTER-CUT RIB PORK CHOPS</b> \$3 <sup>99</sup> LB.	<b>USDA PRIME RIB STEAKS</b> (COWBOY STEAKS) \$12 <sup>99</sup> LB.	<b>BONELESS PORK ROAST</b> \$3 <sup>59</sup> LB.
<b>COUNTRY STYLE SPARE RIBS</b> \$2 <sup>59</sup> LB.	<b>3 LBS OR MORE HOT OR SWEET ITALIAN SAUSAGE</b> \$3 <sup>59</sup> LB.	<b>DELI-DEPT. OUR-OWN COOKED ROAST BEEF</b> \$8 <sup>99</sup> LB.
<b>U.S.D.A. PRIME WHOLE N.Y. STRIP LOINS</b> 15 Lbs. Avg. Weight. \$11 <sup>99</sup> LB.	<b>U.S.D.A. CHOICE &amp; HIGHER WHOLE TENDERLOINS PEELED</b> 7 Lbs. Avg. Weight. \$16 <sup>99</sup> LB.	<b>10 LBS. OR MORE</b> GROUND CHUCK \$3 <sup>69</sup> LB. GROUND ROUND \$4 <sup>59</sup> LB. GROUND SIRLOIN Extra Lean \$4 <sup>89</sup> LB.

Prices Good Thru 4/25/20 • Tuesday-Friday 9-6, Saturday 8-5, Closed Sunday-Monday

## George W. Frueh

Discount Home Heating Oil  
Kerosene - Diesel Fuel

# OIL IS CHEAP

**Get it while you can**

**Buy Before It Goes Up!**

Service... Any Day, Any Time

## 518-436-1050

\*Cash Only

## From page 1 ... Upstate vs. Downstate

situation worse for everyone.”

The numbers are inarguable. As of Monday, April 20 there are 248,431 confirmed cases statewide with 18,298 deaths.

Of the total number of cases there were 220,000 in New York City, Long Island and Westchester County and of the deaths there are 17,220 in those downstate areas. If you add Rockland and Orange into the mix, you can add about 15,800 more cases and 550 more fatalities.

Even downstate, the extra hospital beds built or brought in remain empty. Across the state, the number of hospitalizations are dropping daily, the three day average of hospitalizations have steadily declined over the past week and the number of people on ventilators has also steadily decreased. Upstate hospitals, ordered to stop elective surgeries to increase bed capacity by 50 percent to make way for COVID-19 patients, were slated to begin those surgeries again on Tuesday.

If anything, though, while acknowledging the differences between upstate and downstate, Cuomo is pushing hard for a regional approach to opening back up rather than one segmented and based on numbers in smaller geographic regions. He did, last week, spearhead a coalition with other northeast states — Massachusetts, Connecticut, Rhode Island, Delaware, New Jersey and Pennsylvania — to coordinate lifting the

shutdown and re-opening non-essential businesses.

Pushback from upstate on re-opening has been, by and large silent since the lockdown went into effect more than a month ago. There were some upstate officials, like Rensselaer County Executive Steve McLaughlin, who were advocating for cutting off travel from downstate to the less populated areas of upstate to slow the rate of infection but those pleas fell on deaf ears in Albany as well.

There is some overall progress, like golf courses and marinas are now open and there is a widespread effort to test for antibodies across the state with the goal of finding out how many people were infected but did not show any symptoms. That data, will give a better idea of how widespread the infraction rate actually is since it is largely unknown how many are infected but are asymptomatic.

At the start of this week, though, there have been some in upstate who are saying a cookie cutter approach is not the answer.

“While we understand the challenges of implementing a regional economic reboot, it is important for state officials to recognize the realities on the ground. State and local leaders have taken strong steps to stop the spread of the virus - reducing the health impact,” according to a statement released by Unshackle Upstate. “The economic impact, however, has taken an extraordinary toll on an already struggling upstate economy. We urge Governor Cuomo and the economic council to work with upstate’s business leaders to implement an Upstate-specific plan that protects the health of our people and our economy. A one-size-fits-all

strategy is simply not the best fit for Upstate New York.”

There was a rally slated for Tuesday, April 22 calling on a relaxation of what are essentially stay-at-home orders that follow similar rallies across the country in states not as hard hit as New York.

Last week, President Donald Trump outlined guidance for states to open that include basically a downward trend of all cases over a 14-day period based on the number of tests administered and the ability of the health care system to manage the cases requiring hospitalization. His plan also incorporates increased testing to ensure the virus does not spread as things begin to re-open. He is, though, leaving the ultimate decision on how and when to open up to the governors.

It is difficult to determine if upstate does fits Trump’s criteria because testing has been so limited. Community testing started back up in the Capital District at the University at Albany two weeks ago and last week three more sites were set up in Albany County with another to begin at Rite Aid in Colonie on Wednesday.

Prior to community testing, only those in the general public with symptoms bad enough to require hospitalization, health care workers and first responders were getting tested. Still, the community testing at the locations mentioned above are reserved for people with symptoms so of course the number of positive cases are going up.

As that number goes up, though, the hospitalization rate decreases because the majority of people do not require that level of care. As of Monday, in Albany

County, the hospitalization rate stands at about 5 percent those infected. The vast majority of those who have COVID-19 are told to go home and spend two weeks in isolation.

Despite the increased number of community testing sites in Albany County and across upstate, there has not been a huge jump in confirmed cases in Albany County.

While the number of positive cases are going up, it is not going up as rapidly as some had feared. From Sunday to Monday there were just five new cases bringing the total number to 656. Of the 23 people who died, 22 were over 60 and 22 had underlying health issues. Statewide, 89 percent of the fatalities had at least one underlying health issue such as hypertension, obesity or diabetes.

“Our numbers at the moment are steady,” said Dr. Elizabeth Whalen, head of the Albany County Health Department. “We are getting positive cases but we are not moving towards a large spike and we are wondering what that means.”

Albany County Dan McCoy has said little about re-opening the economy during his daily press briefings. He said, he would rather be remembered for erring on the safe side.

“There is no magic crystal ball. You can be mad as much as you want at the governor but they trying to do what is best for the health and safety of all New Yorkers,” he said. “You’ll get criticized if you open the floodgates too soon and people start dying.”

**LeafFilter**  
GUTTER PROTECTION

**CLOG-FREE GUTTERS OR YOUR MONEY BACK GUARANTEED!**

BEFORE LeafFilter  
AFTER LeafFilter

THE NATION'S #1 GUTTER GUARD

CALL US TODAY FOR A FREE ESTIMATE  
**1-518-608-2958**

**Promo Code: 285**  
Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm,  
Sun: 2pm-8pm EST

ACCREDITED BUSINESS  
LIFETIME WARRANTY

15% OFF

YOUR ENTIRE LEAFFILTER PURCHASE\*  
Exclusive Offer - Redeem By Phone Today!

ADDITIONALLY

10% OFF SENIOR & MILITARY DISCOUNTS

MADE IN THE USA

PLUS!

THE FIRST 50 CALLERS WILL RECEIVE AN ADDITIONAL

5% OFF\*\*

YOUR ENTIRE INSTALL!  
\*\*Offer valid at estimate only

FINANCING THAT FITS YOUR BUDGET!¹

¹Subject to credit approval. Call for details.

\*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." CSLB# 1035795 DOPL #10783658-5501 License# 7656 License# 50145 License# 41354 License# 99338 License# 128344 License# 218294 License# 603 233 977 License# 2102212986 License# 2106212946 License# 2705132153A License# LEAFFNW822J2 License# WV056912 License# WC-29998-H17 Nassau HIC License# H01067000 Registration# 176447 Registration# HIC.0649905 Registration# C127229 Registration# C127230 Registration# 366920918 Registration# PC6475 Registration# 1R731804 Registration# 13VH09953900 Registration# PA069383 Suffolk HIC License# 52229-H

■ BUSINESS

# Interstate Vapor closes; owner to start new biz

Interstate Vapor selling products online till June 30

By **DIEGO CAGARA**  
cagarad@spotlightnews.com

**DELMAR** — One business falls while another rises.

Although Interstate Vapor temporarily closed its Delmar storefront last month due to growing concerns of the COVID-19 pandemic, owner Leo Carusone said he's since made the closure permanent.

"It was an emotional decision to close because we've met so many great people and loyal customers who have become our friends," Carusone said. "We took the business from nothing and made it pretty successful for five years. We kind of saw it coming though for the last few months."

Delmar's only standalone vape shop will continue selling its products online through June 30, but a March break-in and the state's upcoming ban on the sale of flavored vapor products prompted Carusone to close.

Carusone and his store fell victim to a break-in just prior to



Interstate Vapor owner Leo Carusone, right, thanked his loyal customers and encouraged them to shop online through June 30 instead. Facebook

Gov. Andrew Cuomo's mandate to shut down non-essential businesses last month. Bethlehem Police Department reported the arrest of three teenagers alleged to have stolen "multiple items" from Carusone's store on March 18. The vape shop was left ransacked.

Bethlehem Police Cmdr. Adam Hornick said the three also allegedly broke into the neighboring Delmar Wine and Liquor store and Bethlehem Central High School.

The unnamed teenagers were each charged with felony burglary, felony criminal mischief and misdemeanor petit larceny.

The store was also further hit when the State Assembly passed its anticipated ban on flavored vapor products in early April.

The law all but forces the closure of storefronts like Interstate Vapor by next month. It will also prevent the online sale of the vapor products starting July 1.

Continuing online sales

through June 30 was a way "to not leave our customers behind all high and dry," Carusone said. "It would also give them time and a chance to find other places."

First opened in 2015, Interstate Vapor was run by Carusone and his son, John. To shop Interstate Vapor products online, visit [www.usvaporshop.com](http://www.usvaporshop.com).

With the closing of one chapter, another one begins.

Carusone said he and his son have developed a new venture named Bethlehem Seamless Gutters that is to start operations on May 1. The father-son duo will offer seamless gutters installation, old gutters replacement, leaf protection and gutter cleaning.

Operating from their Selkirk house, Carusone said, "At the moment, we're just going out and getting people quotes and even with the pandemic, we've never had to do any face-to-face interaction if people don't want to. People can reach us online or by call or email."

He added that Bethlehem Seamless Gutters can function during the pandemic as the

state considers it an essential business among the "essential services necessary to maintain the safety, sanitation and essential operations of residences or other essential businesses."

He said home improvement is important as lack of gutter maintenance can lead to foundation damage or wood rot, for example.

Carusone said that while working on gutters, the homeowner does not necessarily interact physically and closely with him or his son, dispelling a concern about social distancing.

"We can do everything and chat with the homeowner over the phone or online and when we do the actual work, it's outside," he said.

Carusone expressed gratitude for the residents' support for years.

"It was definitely sad to close Interstate Vapor but I'm also looking forward to working with my son with our new business," Carusone said. "Working with my son was probably the best part of running Interstate Vapor and I think everything's going to work out."

## Protecting Your Assets

• Home & Auto Insurance • Business Insurance • Life Insurance



**Bryant Asset Protection, Inc.**

1280 New Scotland Rd • Slingerlands, NY 12159

**(518) 439-1141**

[info@bryantasset.com](mailto:info@bryantasset.com)



Your Local Insurance Agency Since 1951

112560\_4

DELMAR & GUILDERLAND RESIDENTS:

# SHOP SMART SHOP LOCAL

Keep dollars here in our local economy.

By doing business locally, you not only get personal service and real value, you also help strengthen our local community and economy. Compared to national chains, locally owned businesses recycle a much larger share of their revenue back into our local economy, supporting a wide range of jobs and enriching our whole community.

A reminder from:



## Special Offer FREE Shipping! Spring Basket Box



**ONLY \$29.99\***  
+ FREE Shipping  
Mention Promo Code SPG20

**WOW!** Handpicked fresh from the grove!

Perfect for Mother's Day! Mention Promo Code SPG20.

**Call 1-518-608-2191 to order item 836  
or Visit [HaleGroves.com/MB00171](http://HaleGroves.com/MB00171)**

Order Item #836, mention Promo Code SPG20 for **FREE Shipping**.  
Only \$29.99\*, plus FREE Shipping. Satisfaction completely guaranteed.  
Order by April 30th, 2020 for GUARANTEED Mother's Day delivery.



IC: HMVS-A309

**Call now to receive  
FREE Shipping!**

Limited time offer, good while supplies last.  
Not valid with any other offer or previous purchases.

112751\_4

ALBANY COUNTY

# Poll: CEOs do not expect quick economic recovery

By JIM FRANCO  
francoj@spotlightnews.com

The majority of upstate business leaders do not think the state economy will come back anytime soon, according to a poll by the Siena Research Institute commissioned by the Business Council of New York State.

Of the CEOs polled, 40 percent said they have laid

off employees and 8 percent anticipate more layoffs by Aug. 1. Fifty-eight percent will purchase fewer fixed assets this than they planned on Jan. 1.

Just 31 percent of CEOs expect the economy to return to pre-COVID-19 levels of revenue and employment within the next six months, according to the poll, while 35 percent think their business

will recover within that timeframe.

Twenty-five percent say they expect a recovery by the end of 2020 while 35 percent don't think they will get back to pre-COVID levels until the end of 2021.

The vast majority of CEOs, 89 percent, predict less revenue in 2020 than initially projected and 87 percent are expecting to



make less profit.

Just five percent of the CEOs polled say their business has not suffered at all.

"The results of this poll showed what many

expected; businesses are hurting, especially smaller businesses and those in sectors whose operations have been most impacted by the reasonable state-imposed restrictions," said Heather Briccetti, president & CEO of The Business Council of New York State. "The good news is, there's real opportunity for New York state to partner with the private sector, who

understands what it will require to ensure a stronger economy moving forward."

The COVID-19 poll was conducted April 3 through April 14 by internet interviews with 307 business leaders from across every region of upstate New York.

The full version of this article is available on our website.

EAT LOCAL • SPEND LOCAL • ENJOY LOCAL

# TAKE-OUT & DELIVERY *Guide*

**OPEN**

**Carry Out • Delivery • Curbside**

**ALBANY/LOUDONVILLE** 496 Albany-Shaker Rd. 518-459-2121

**GUILDERLAND** 1827 Western Ave. 518-862-2030

**LATHAM/WATERVLIET** 167 Troy-Schenectady Rd. 518-782-7111

**WEEKLY SPECIALS**

**MONDAY**  
Large Pizza \$12.99  
With your choice of 1 Topping

**TUESDAY**  
Lasagna Dinner \$10.99  
Served with salad and bread - Feeds 2

**WEDNESDAY**  
Chicken Parmigiana Dinner \$12.99  
Served with salad and bread - Feeds 2

**THURSDAY**  
Veal Parmigiana Dinner \$13.99  
Served with salad, bread and pasta - Feeds 2

**SUNDAY - Spaghetti \$19.99**  
Two Spaghetti and Meatball Dinners, served with salad and bread

# OPEN

for TAKE-OUT & DELIVERY!

Mon-Thurs • 11am-10pm  
Fri-Sat • 11am-11pm  
Sunday • Noon-10pm

See online ordering on our facebook page!  
Express take-out door on right side of building.

241 Delaware Avenue, Delmar  
518-439-7610

# FIESTA FRIDAYS

## Tacos-to-Go

FRIDAYS | Pick-up 4 - 7 p.m.

Order online [www.normanside.com/dining](http://www.normanside.com/dining)

**\$39 - FEEDS 4-6 - KIT INCLUDES:**

- 10 hard taco shells | 10 soft tortillas

**CHOICE OF 1 MEAT:**

- baja chicken
- beef carnitas
- pulled pork

**SIDES**

- rice and beans
- chips and salsa

**FIXINGS**

- lettuce, tomato, onion
- cheese
- poblano cream
- pico, guacamole, salsa

**DESSERT (ADDITIONAL)**

- cinnamon sugar tortillas \$7
- churros with mexican chocolate sauce (this contains almonds) \$11

**32 OZ. MARGARITA \$18**

**NORMANSIDE**

To place your order online [www.normanside.com/dining](http://www.normanside.com/dining) or call (518) 439-4505 x19  
Orders must be received by 4 p.m. Please allow an hour for order completion or specify your pickup time.



■ COMMUNITY

# Neighbors surprise local veteran with birthday parade



By **DIEGO CAGARA**  
cagarad@spotlightnews.com

**BETHLEHEM** — Delmar resident Frank Murphy, who celebrated his 95th birthday on Monday, April 13, was surprised with a parade of around 10 cars outside his home on Pineview Avenue with friends and neighbors driving by to wish him well.

Despite the heavy rain, the parade went ahead at 4:13 p.m., to reflect on his date of birth. Murphy is a veteran, having served in World War II, the Korean War and Vietnam War.

Check out our website to view more photos of the parade.

Photos by Diego Cagara / Spotlight News



**“THANK YOU TO OUR EVERYDAY HEROES. EVERY HEALTHCARE WORKER, GROCER, PHARMACIST, POLICE OFFICER, FIREFIGHTER, CHILDCARE WORKER, PUBLIC TRANSIT WORKER, AND SO MANY MORE.”**

**- GOVERNOR ANDREW M. CUOMO**

**THANK YOU FOR ALL THAT YOU DO.**





## Prepare for power outages with a Generac home standby generator

**SCHEDULE YOUR FREE IN-HOME ASSESSMENT TODAY!**  
**518-608-2292**

**FREE**  
 7-Year Extended Warranty\*  
 A \$695 Value!

Offer valid March 16, 2020 - June 30, 2020

**Special Financing Available**  
 Subject to Credit Approval

\*Terms & Conditions Apply

112747\_4

# Organize Senior Moves

“Makes Moving Easier”  
 www.OrganizeSeniorMoves.com



## Helping seniors make their moves

Organize Senior Moves guides people through the difficult task of downsizing



- Design Layouts
- Packing
- Set up new home
- Oversee whole move
- Downsizing
- Unpacking
- Stage old home
- Experienced
- Organizing
- Estate Sales
- sale
- 500+ moves



**Michelle Kavanaugh Anastasi**  
 established Organize Senior Moves in 2012 to help seniors manage the transition from one home to another.

**(518) 621-6568**  
**FREE CONSULTATION**

“With Organize Senior Moves...  
 this will be the best move you’ve ever made!!!”

112755\_4

# Save Now On Home Security

Monitored by ADT® the #1 home security company in the U.S.



GREAT LOW PRICE

MONITORING

**\$27<sup>99</sup>**

PER MONTH

### ADT® 24/7 Monitored Home Security

- 24/7 monitoring provides peace of mind
- Yard sign and window decals help deter crime
- Quickly connect to fire and emergency response
- May qualify for a homeowners insurance discount

## FREE HOME SECURITY SYSTEM

**FREE SECURITY SYSTEM**  
 \$850 VALUE  
 New customers only. Early termination fee applies. Installation starts at \$99 with 36 month monitoring agreement. See details below.

**FREE VISA® GIFT CARD**  
 From Protect Your Home —\$100 Value

**FREE 7 WIRELESS DOOR/WINDOW SENSORS**  
 —\$695 VALUE!

**FREE WIRELESS REMOTE CONTROL**  
 —\$139 Value

**FREE OUTDOOR CAMERA**  
 When you upgrade to ADT Pulse® + Video —\$299 VALUE!  
See all offer details below.

**LIMITED TIME OFFER—CALL TODAY!**  
**1-518-608-3832**

Ask about same-day installation!  
 Reply By July 18, 2020



**Authorized Premier Provider**



GIFT CARD: \$100 Visa Gift Card fulfilled by Protect Your Home through third-party provider, Mpell, upon installation of a security system and execution of monitoring contract. \$4.95 shipping and handling fee, gift cards can take up to 8 weeks to arrive after following the Mpell redemption process. BASIC SYSTEM: \$99 Parts and Install. 36-Month Monitoring Agreement required at \$27.99 per month (\$1,007.64). 24-Month Monitoring Agreement required at \$27.99 per month (\$671.76) for California. Offer applies to homeowners only. Basic system requires landline phone. Offer valid for new ADT Authorized Premier Provider customers only and not on purchases from ADT LLC. Cannot be combined with any other offer. The \$27.99 Offer does not include Quality Service Plan (QSP), ADT's Extended Limited Warranty. ADT Pulse: ADT Pulse Interactive Solutions Services ("ADT Pulse"), which help you manage your home environment and family lifestyle, require the purchase and/or activation of an ADT alarm system with monitored burglary service and a compatible computer, cell phone or PDA with Internet and email access. These ADT Pulse services do not cover the operation or maintenance of any household equipment/systems that are connected to the ADT Pulse equipment. All ADT Pulse services are not available with the various levels of ADT Pulse. All ADT Pulse services may not be available in all geographic areas. You may be required to pay additional charges to purchase equipment required to utilize the ADT Pulse features you desire. ADT Pulse + VIDEO: ADT Pulse + Video installation is an additional \$299. 36-month monitoring contract required from ADT Pulse + Video: \$59.99 per month, (\$2,159.64), including Quality Service Plan (QSP). Doorbell camera may not be available in all areas. GENERAL: For all offers, the form of payment must be by credit card or electronic charge to your checking or savings account, satisfactory credit history is required and termination fee applies. Local permit fees may be required. Certain restrictions may apply. Additional monitoring fees required for some services. For example, Burglary, Fire, Carbon Monoxide and Emergency Alert monitoring requires purchase and/or activation of an ADT security system with monitored Burglary, Fire, Carbon Monoxide and Emergency Alert devices and are an additional charge. Additional equipment may be purchased for an additional charge. Additional charges may apply in areas that require guard response service for municipal alarm verification. Prices subject to change. Prices may vary by market. Some insurance companies offer discounts on Homeowner's Insurance. Please consult your insurance company. Photos are for illustrative purposes only and may not reflect the exact product/service actually provided. Licenses: AL-21-001104, AR-CMPY.0001725 AZ-ROC217517, CA-AC06320, CT-ELC.0193944-L5, DC-EMS902653, DC-602516000016, DE-07-212, FL-EC13003427, EC13003401, GA-LVA205395, IA-AS-0206, ID-ELE-SI-39131, IL-127.001042, IN-C.P.D. Reg. No. - 19-08088, City of Indianapolis: LAC-000156, KY-City of Louisville: 483, LA-F1914, LA-F1915, LA-F1082, MA-1355C, MD-107-1626, ME-LMS0017382, MI-3601205773, MN-TS01807, MO-City of St. Louis: CC#354, St. Louis County: 100194, MS-15007958, MT-PSP-ELS-LIC247, NC-25310-SP-FA/LV, NC-1622-CSA, NE-14451, NJ-Burglar Alarm Lic. # - NJ-348F00021800, NM-353366, NV-0068518, City of Las Vegas: 3000008296, NY-Licensed by the N.Y.S. Department of State UID#12000317691, NYS #12000286451, OH-53891446, City of Cincinnati: AC86, OK-AC1048, OR-170997, Pennsylvania Home Improvement Contractor Registration Number: PA022999, RI-3582, RI-7508, SC-BAC5630, SD- 1025-7001-ET, TN-1520, TX-B13734, ACR-3492, UT-6422596-6501, VA-115120, VT-ES-2382(7C), WA-602588694/ECPROTEYH934RS, WI-City of Milwaukee: PAS-0002966, WV-WV042433, WY-LV-G-21499. 3750 Priority Way South Dr. Indianapolis, IN 46240 ©2017 DEFENDERS, Inc. dba Protect Your Home

# BETHLEHEM BUSINESSES ARE OPEN & NEED SUPPORT

Small businesses need your support more now than ever. We are sharing information that we have at this time regarding Member shops, services & restaurants. Please support them and all our local businesses during these difficult and uncertain times. Last updated 4/19/20.

*Together we can get through this.*



## SHOPS + SERVICES

**AAA Hudson Valley:** closed to the public in our locations, but operating Emergency Roadside Assistance and processing new and renewal memberships

**A New England Nanny:** still servicing our clients for housekeeping and childcare

**A Phillips Hardware:** offering delivery for those in need (min. order \$25), email or call to order (Altamont 518.861.5364, altamont@shopphillips.com; Delmar 518.439.9943, delmar@shopphillips.com; Voorheesville 518.765.2377, voorheesville@shopphillips.com); normal delivery fee waived w/in 3 miles of stores, over 3 miles reduced rate of \$15

**Best Cleaners:** Delmar shop open M-F 8am-2pm (Glenmont & Slingerlands currently closed), home delivery service running; sign up for delivery via website

**Bethlehem Area YMCA:** providing critically needed childcare to all essential workers, providing food for children in need, and connecting with seniors, families and children through virtual classes and social media messages

**Bethlehem Food Pantry:** open but with changes - taking appts. for the regular pantry hours. Call to make your appt., we will asked what essentials you need and what you do not want. Bags will be packed for you and food will be delivered at side door at the time of your appt. All calls are to be made to 518.439.4955 x 1173. We will try to a get you food for three (3) days.

**Crossfit Spur:** loaning equipment to members, emailing/posting workouts and demo videos, started a quarantine fitness contest, and our yoga instructor (Barefoot Space) will be doing livestream class Sundays at 10am

**Delmar Beverage:** open as of March 18<sup>th</sup>, call ahead for curbside pick-up (518.439.7275)

**Delmar Marketplace:** open from 7am-8pm for grocery and 7am-3pm for deli; taking phone orders for curbside pick-up and delivery, call 518.439.3936

**Delmar Wine & Liquor:** open 12pm – 9pm

**Dorsey Sign Company:** open and offering parking lot pick-up for signage, contact Heather via phone or at info@dorseysignco.com

**Free Movement Pilates:** online classes via Zoom; join our studio and purchase a gift certificate (for every \$50 purchased, you will receive an additional \$5 to use yourself or to donate back – donations will go to fund for front line families impacted by the pandemic; gift cert offer valid through 4/30/20)

**Four Corners Pharmacy:** offering home delivery and drive-thru pick-up, call 518.439.8200

**Glenmont Abbey Village:** clubhouse is closed, but offering virtual tours for prospective residents

**Gochee's Garage:** open normal hours, Monday to Friday from 7:30am - 5:30pm

**Hanna Commercial Real Estate - Jessica Richer:** The Richer Team is available 24/7 via email at JessicaRicher@HannaCRE.com or via cell at 518.364.7406

**Herzog & Primomo DDS - Dental Wellness of Albany:** available for dental emergency appointments and phone consultations for existing and new patients in this time of need, call 518.427.2447

**Integrative Studio:** offering online vocal life, mindful movement, self-care development, and communication skills consulting (especially for how to communicate on camera); email melissa@melissahurt.com

**Joyelles Jewelers:** gift certificates available, email joyellesjewelers@gmail.com to order & include your phone number so they can call you; gift certificates will be mailed or can be delivered

**LGC Nutrition:** we are virtual - visit our website to schedule an insurance covered appointment

**McSharry and Associates Realty:** available for virtual home showings and telephone or online appointments; info@mcsarryandassociates.com

**Merriman & Pfister's Marketplace:** order online for delivery, visit www.merrimanpfister.com

**Metabolic Meltdown:** members can access Metabolic Online Facebook Group, which offers 5 unique workouts per week (join by clicking link in bio)

**Resolute Tattoo:** e-gift cards available, visit Facebook for link to order

**Robinson's Ace Hardware:** home delivery and curbside pickup available, call 518.475.9483 for Slingerlands store or 518.456.7383 for Guilderland store

**School's Out:** Enrichment Center open to essential worker families, visit www.schoolsoutinc.org/about1-c1z94 for details and to register

**Sawyer's Screen Printing & Embroidery:** open and can process no-contact orders (order via phone or email with curbside pick-up); rob@sawyersshirt.com

**Steiner's Sports Ski & Bike:** open and offering no contact appointments via curbside or delivery, call 518.427.2406

**TACS Auto Body & Service:** open but with limited hours 8am-4pm M-F, closed Saturdays; 518-462-3977 or email tacsautobodyservice@gmail.com

**Tangora Technologies:** offering services and products such as indoor air quality, humidifiers, dehumidifiers, heating and air conditioning installations and maintenance, hot water heaters, whole home generators, or any other technology related needs

**The Cheese Traveler:** open normal hours as of March 18<sup>th</sup>

**The Wine Reserve:** open as of March 18<sup>th</sup>

**Uncrushable Nutrition:** providing touch-free ordering – call 518.469.5411 to order

**Upstate Wine & Spirits:** curbside pick-up and delivery (\$25 minimum delivery order, Town of Bethlehem only at this time), call 518.439.4361

**Wildbird Junction Backyard Nature Shoppe:** offering curbside pick-up, call 518.478.9453

## RESTAURANTS

<b>Akira**</b> 385 Route 9W 518.434.8880	<b>Dunkin*</b> 232 Delaware Avenue 518.439.7661	<b>Nicole's Restaurant &amp; Catering**</b> 556 Delaware Ave 518.436.4952	<b>Shogun Sushi &amp; Sake Bar**</b> 318 Delaware Ave 518.729.5727	<b>Tomo Asian Bistro**</b> 1365 New Scotland Rd 518.439.8666
<b>Angela's Pizza &amp; Pasta**</b> 329 Glenmond Rd, Town Squire 518.427.7122	<b>Emma Cleary's Café**</b> 1926 New Scotland Rd 518.439.8700	<b>Normanside*</b> 15 Salisbury Rd 518.439.4505	<b>Swift's Restaurant &amp; Pub**</b> 367 Delaware Ave 518.475.1111	<b>Track 32 Italian Restaurant &amp; Pub**</b> 1368 Indian Fields Rd 518.439.0032
<b>Bake for You*</b> 5000 Dunhill Crt 518.207.5430	<b>Los Panchos Mexican Grill &amp; Bar**</b> 180 Delaware Ave 518.729.4757	<b>O'Slattery's Irish Restaurant &amp; Pub*</b> 318 Delaware Ave 518.439.5634	<b>The Real McCoy Beer Co.*</b> 20 Hallwood Rd 518.698.9082	<b>Twisted Vine Wine &amp; Tap**</b> 384 Kenwood Ave 518.439.3241
<b>Bellinis Italian Eatery**</b> 1365 New Scotland Rd 518.218.1105	<b>McCarroll's The Village Butcher**</b> 406 Kenwood Ave 518.478.9651	<b>Perfect Blend Café and Bakery*</b> 376 Delaware Ave 518.439.6537	<b>Taco Bell**</b> 237 Route 9W 518.621.1857	<b>Yanni's Too**</b> 16 Marina Dr 518.756.7033
<b>Chontong Thai Restaurant**</b> 155 Delaware Ave 518.915.1907	<b>My Place &amp; Co.**</b> 241 Delaware Ave 518.439.7610	<b>Sam's Italian American Restaurant*</b> 125 Southern Blvd 518.463.3433	<b>Taj Fine Indian Cuisine**</b> 1365 New Scotland Rd 518.977.3050	<b>*Take-Out Only</b> <b>**Take-Out + Delivery</b>



**From page 5 ...**

**Businesses concerned**

decades. “But we’ve been drastically impacted by the pandemic and we went from our typical work week of 40 to 45 hours, or 60 to 65 hours in summer, to pretty much not working all,” Symmons said. “It was like a light switch.”

He understood why people wouldn’t want him and his employees working to install or repair in their homes due to social distancing and COVID-19 concerns. “For example, if I send one employee to a household, the issue is being close to the homeowner or their children,” he said.

Symmons said he and his two full-time employees have continually sanitized their equipment and trucks; if working, they also wear respirators, disposable shoe covers, gloves and masks as well as use disinfecting wipes and Lysol.

Symmons said in early April, he applied for a PPP loan — ranging from \$30,000 to \$40,000 — and a \$10,000 Economic Injury Disaster Loan (EIDL) through the Small

Business Administration. However, he has not received updates about each loan and when he found out PPP ran out of money on Thursday, April 16, he said, “It’s frustrating and I’m in a very tough spot now.”

He continued, “I know I could sustain for another month and a half without getting a loan and with no income coming in for now. I was really hoping the PPP loan would have come in and at this point, I have little faith for the [EIDL] loan too. I don’t want to but I may have to tell my two employees to go on unemployment in time and maybe I will also file for it myself.”

Jonathan Phillips — the fifth-generation owner of Phillips Hardware, a family-owned business since 1886 — said in addition to the typical products and services his business offers, he’s chosen to start selling new limited products like Clorox wipes, toilet paper and disposable gloves.

He said he drives out to distribution centers to collect limited supplies and his business offers curbside pickup and free delivery.

“Regrettably, I can’t give away these things for free because I got to make some kind of dollar to pay our bills and we’re trying

to rebuild the business up after we’re over this pandemic,” Phillips said. “I feel for my family and employees but it’s important for the general public to understand that brick and mortar stores and local businesses are losing business. I’ve been competing with Amazon and box stores, and now we’re hit by this virus and suppliers don’t always have supplies.”

He noted his business has received a few negative comments on Facebook as some people perceived their limited products’ prices as “too high,” compared to those on Amazon, groceries or box stores.

While stressing he is not price gouging, Phillips explained his business needs to earn some type of money from those sales to try to stay financially viable and cover payroll and other important expenses. He encouraged concerned customers to call his store for price-related questions at 518-439-9943.

He brought up that not only does he drive to collect limited supplies, he is also mostly in charge of delivering ordered products to people’s doorsteps for free.

“We’re running our own truck with our gas to do the free deliveries. We’ve been collecting customers’

contact information so that we can call to let them know we have a new stock of virus-related products like Clorox,” he said. “We need to make some dollars to offset costs and keep employees employed.”

Speaking of employees, Phillips said there is a minimum of two sales associates on the floor and customers are still allowed to come into the stores but must practice social distancing.

“This time of year, we’d usually employ more people for the spring but with what’s happening now, we’ve stuck to our full-time crew and even my kids have picked up shifts,” he said. “I’ve been at work every single day and I’m very fortunate my employees still come in even with the fears of the virus.”

Crisafulli, who’s also the owner of St. Croix Tan, a 19-year-old tanning business with six locations across the Capital District, said it temporarily closed on March 21.

“It was frankly horrifying and you don’t know what’s going to come of it,” he said. “It’s hard to deliver our services through the internet or an app, and there are not many ways we can creatively serve our clients in this environment.”



**Vince Crisafulli, owner of St. Croix Tan, a local tanning business, is concerned about new possible mandated occupancy limit restrictions when it gets to reopen as it may not be financially viable.** Provided photo

He expressed concern for a hypothetical situation: when he eventually can reopen, a potential government-mandated occupancy limit — restricting the number of customers inside the tanning salon at a time — may not be financially viable for his business.

“Tanning is already a service where it’s been 100 percent about social distancing from the beginning,” he said. “When you enter the tanning business, you interact with a clerk for some time, then go to a private room and there’s a wall between you and the next person. Everything’s always sanitized for the next person. I’m hoping there’ll be recognition of that.”

Crisafulli also said the public should continue to recognize that not all local businesses are restaurants or retail, which are often places customers can easily go to and support by patronizing.

“For my business, I think there’ll be a pent-up demand when this is over and people may want to use us to feel good or just want to go back,” he said. “But my larger concern is about how long until we can reopen and what kind of restrictions may come with that reopening.”

He concluded, “I’m excited to open back up and anxious to see what will happen. I think people in our business community are anxiously waiting to get back too.”

**LEGALS**

against it may be served. SSNY shall mail copy of process to the LLC, 67-56 78th Street, Middle Village, NY 11379. Purpose: Any lawful purpose. D-243466

**NOTICE OF LLC FORMATION**

LMNT LLC. Arts. of Org. filed with the SSNY on 04/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o The Law Office of Thalia Feilen, PLLC, 928 Broadway, Suite 1000, New York, NY 10010. Purpose: Any lawful purpose. D-243936

**NOTICE OF LLC FORMATION**

MB ALPHA, LLC. Arts. of Org. filed with the SSNY on 03/05/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Leonid Sherman, 2711 Whitman Drive, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-242287

**LEGALS**

**NOTICE OF LLC FORMATION**

MOE SNACKS LLC. Arts. of Org. filed with the SSNY on 03/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 85 Stuyvesant Place, Staten Island, NY 10301. Purpose: Any lawful purpose. D-242465

**NOTICE OF LLC FORMATION**

NYANSAPU IMPACT CAPITAL, LLC. Arts. of Org. filed with the SSNY on 03/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1400 5th Avenue, Suite 8C, New York, NY 10026. Purpose: Any lawful purpose. D-243622

**NOTICE OF LLC FORMATION**

PREMIER HOMES LLC. App. for Auth. filed with the SSNY on 09/26/19 under the fictitious name PREMIER NY HOMES LLC. Originally filed with Secretary of State of Nevada on 09/03/19. Of-

**LEGALS**

file: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Registered Agents Inc., 90 State Street, Suite 700, Office 40, Albany, NY 12207. Purpose: Any lawful purpose. D-242222

**NOTICE OF LLC FORMATION**

PrevAdmServices LLC. Arts. of Org. filed with the SSNY on 04/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 124 West 60<sup>th</sup> Street, Suite 39-N, New York, NY 10023. Purpose: Any lawful purpose. D-244007

**NOTICE OF LLC FORMATION**

PZ MECHANICAL LLC. Arts. of Org. filed with the SSNY on 03/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 150 Ce-

**LEGALS**

drus Avenue, East Northport, NY 11731. Purpose: Any lawful purpose. D-242616

**NOTICE OF LLC FORMATION**

SAMUEL LEWIS LANDSCAPES LLC. Arts. of Org. filed with the SSNY on 03/05/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 521 11th Street, Apartment 1, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-242290

**NOTICE OF LLC FORMATION**

SWIFT RENTAL PROPERTIES, LLC. Arts. of Org. filed with the SSNY on 03/12/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Swatling Road, Latham, NY 12110. Purpose: Any lawful purpose. D-243560

**NOTICE OF LLC FORMATION**

TAKE A HIKE DOG WALKING LLC. Arts. of Org. filed with the SSNY

**LEGALS**

on 03/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 124 Bedford Road, Pleasantville, NY 10570. Purpose: Any lawful purpose. D-244462

**NOTICE OF LLC FORMATION**

TIMESTRETCH HOLDINGS LLC. Arts. of Org. filed with the SSNY on 03/13/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniel Raubolt, 424 Bedford Avenue, Apartment 20B, Brooklyn, NY 11249. Purpose: Any lawful purpose. D-242973

**NOTICE OF LLC FORMATION**

UNITED BROTHERS 20 LLC. Arts. of Org. filed with the SSNY on 04/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Abubakr Saidi, 2143

**LEGALS**

Tomlinson Avenue, Bronx, NY 10461. Purpose: Any lawful purpose. D-244163

**NOTICE OF LLC FORMATION**

VERTA LLC. Arts. of Org. filed with the SSNY on 04/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 330 East 38th Street, Suite 23P, New York, NY 10016. Purpose: Any lawful purpose. D-243831

**NOTICE OF LLC FORMATION**

VICTORY CARS EAST LLC. Arts. of Org. filed with the SSNY on 04/13/20. Latest date ti dissolve: 12/31/2119. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1755 East Jericho Turnpike, Huntington, NY 11743. Purpose: Any lawful purpose. D-244279

**To place your Legal Notice: Call 439-4949**

**LEGALS**

**NOTICE OF LLC FORMATION**

VONTELLE, LLC. Arts. of Org. filed with the SSNY on 03/12/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 168 Sterling Street, Brooklyn, NY 11225. Purpose: Any lawful purpose. D-242775

**NOTICE OF LLC FORMATION**

WALLEY FARMS, LLC. Arts. of Org. filed with the SSNY on 03/17/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Carolyn Andrews, 290 West End Avenue, Apartment 6D, New York, NY 10023. Purpose: Any lawful purpose. D-242989

**NOTICE OF LLC FORMATION**

WELLSPACE MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 04/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

**LEGALS**

SSNY shall mail copy of process to the LLC, 882 Warren Street, Floor 1, Albany, NY 12208. Purpose: Any lawful purpose. D-244317

**NOTICE OF LLC FORMATION**

WEST 142nd REALTY LLC. Arts. of Org. filed with the SSNY on 03/19/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 48-02 25th Avenue, #311, Astoria, NY 11103. Purpose: Any lawful purpose. D-243465

**NOTICE OF LLC FORMATION**

WONTANARA PRODUCTIONS LLC. Arts. of Org. filed with the SSNY on 04/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 108 E. 4th Street, Apartment 12, New York, NY 10003. Purpose: Any lawful purpose. D-244179

## LIBRARIES

# Hoopla is here

**H**oopla is here! Now library cardholders have even more choices when it comes to checking out e-books, audiobooks and more. Hoopla is an on-demand digital service available to all cardholders in the Upper Hudson Library System, which Bethlehem is a part of. In addition to e-books and audiobooks, Hoopla has a broad selection of digital magazines, movies, music, comics and TV shows. Unlike other services, there's no wait. Titles can be streamed immediately, or downloaded to phones or tablets for offline enjoyment later.

How it works:

- You will get five instant borrows each month. These digital borrows will reset every



month and you can borrow more than one title at a time. Some titles are "Bonus Borrows" and won't count toward your monthly total.

- Books are available for 21 days, videos are available for 72 hours, and music titles are available for seven days after you borrow.

- Hoopla is available on your desktop, phone, tablet, Alexa devices, Roku, Apple TV, Fire TV, and Android TV. Download the app to take your digital loans anywhere.

- To sign up for Hoopla, visit [www.hoopladigital.com](http://www.hoopladigital.com), and select Get Started Today. Follow the prompts to create an account, select Bethlehem Public Library

and enter your library barcode. If you are not a Bethlehem patron, choose the Upper Hudson library your card is associated with.

- For help with Hoopla, please visit the [www.hoopladigital.com](http://www.hoopladigital.com). If you need help with your library card, please email [information@bethpl.org](mailto:information@bethpl.org).

## Read, listen and watch

And Hoopla's just the tip of the iceberg. Head to the library's eContent page to find out what else is available to download and stream. You'll find helpful links and tips if you are new to using these services, but if you need more help, send an e-mail to [information@bethpl.org](mailto:information@bethpl.org), and we'll get back to you.

You can get eBooks, audiobooks and eMagazines

through OverDrive – and there are thousands of titles to choose from. More eMagazines are available to Bethlehem cardholders through Flipster, and we are adding new titles all the time, including Do It Yourself, Elle Décor, Simply Gluten Free, Paleo Magazine and more.

Bethlehem cardholders can also stream movies, high-quality children's programming or explore one of The Great Courses through Kanopy. Watch on any computer, television, mobile device or platform by downloading the Kanopy app.

Even more eBooks and audiobooks for all ages are available through the Upper Hudson Library System, including Tumblebooks, Teen Book Cloud, Audio Book Cloud, Romance Book Cloud

and myON. You'll find links to all of these on our eContent page at [www.bethlehempubliibrary.org/borrow/ebooks-emagazines](http://www.bethlehempubliibrary.org/borrow/ebooks-emagazines).

## Get a library card online

Ready to check out all that great eContent? If you don't already have one, you'll need a library card. To make it easier for our patrons to get immediate access to our digital materials and services, you can sign up for a library card online at [www.bethlehempubliibrary.org](http://www.bethlehempubliibrary.org).

## Online Poetry Month contest

Celebrate National Poetry Month with us and channel your inner muse by participating in our online poetry contest.

Go the traditional route or try something a little different – like picture poetry.

All ages are welcome (and there will be prizes).

Go to [bethpl.org/poetry-contest](http://bethpl.org/poetry-contest) for details.

## Budget vote delayed

The library's budget vote and trustee election originally scheduled for May 19 has been delayed by executive order. Further information regarding a rescheduled date is not available at this time, but we will keep you up to date as we know more.

## Got questions?

Email us at [information@bethpl.org](mailto:information@bethpl.org), call the library at 518-439-9314 and leave a message.

— Kristen Roberts

# Here's what's new

**A**lthough our building remains closed, we're constantly adding online content for your edification and enjoyment.

Here's what's new:

- **Hoopla**, a new digital platform offering 750,000+ audiobooks, movies, music, comics, eBooks, TV shows and more, has been acquired by Upper Hudson Library System for all 29 member libraries (including us!) to utilize. This means that in addition to Overdrive / Libby and RB Digital, you now have a fresh new collection of online materials to choose from.



Normally, patrons may borrow five titles per month, but Hoopla is offering extra "Bonus Borrows". Simply go to [hoopladigital.com](http://hoopladigital.com) to start accessing these materials instantly.

- **Wilder Reads Book Club**, added to our Healthy at Home web page (see link on our main page). This Goodreads book group is moderated by GPL Librarians Dustin and Joselyn Wilder, the dynamic husband and wife duo who launched their He Read / She Read adult bookclub recently

and have now brought it online. Everyone ages 18+ is encouraged to join at [guilderlandlibrary.org](http://guilderlandlibrary.org) under "read, view and listen," or by going to [goodreads.com](http://goodreads.com) and searching for "Wilder Reads Book Club."

- **Staff Bookshelf Picks** - Looking for book recommendations beyond the popular and familiar? These selections culled from our own home bookshelves are available in Overdrive as an eBook, audiobook or both. Visit our "Healthy at Home" page at [guilderlandlibrary.org](http://guilderlandlibrary.org) each week for new suggestions, and go to [uhls.overdrive.org](http://uhls.overdrive.org) to download one of these

titles to your device.

## Blood Drive

Blood and power red donations are greatly needed right now, perhaps more than ever. The American Red Cross will host a blood drive at the library on Tuesday, May 5 from 1 to 6 p.m.

Donors must pre-register in advance on [redcross.org](http://redcross.org); no walk-ins. To schedule your donation appointment, go to [rcblood.org/appt](http://rcblood.org/appt), enter the library zip code (12084) and search for Guilderland Public Library, May 5.

— Luanne Nicholson

# From home

**H**oopla is a new digital media service

offered by the Voorheesville Public Library. Hoopla lets you borrow movies, music, audiobooks, eBooks, comics, and TV shows instantly. No need to wait for a title to become available. All titles can be streamed immediately, or downloaded to phones or tablets, to enjoy offline. Check it out at [www.voorpl.org](http://www.voorpl.org). You'll need to create a free account, using your Voorheesville Library card.



## New webpage

We have a new page on our website called "Library from Home". It's a wonderful resource for all of the students/parents now at home, distance learning. There are links to resources, projects, and more for all of your educational needs.

## Improved Wi-Fi

The external WiFi at the VPL has expanded to all parts of the parking area. No password needed.

— Lynn Kohler

THE  
**Spotlight**

NEWS | [news@spotlightnews.com](mailto:news@spotlightnews.com)

SPORTS | [sports@spotlightnews.com](mailto:sports@spotlightnews.com)

NOTICES | [milestones@spotlightnews.com](mailto:milestones@spotlightnews.com)

ADVERTISING | [advertise@spotlightnews.com](mailto:advertise@spotlightnews.com)

CLASSIFIEDS | [classified@spotlightnews.com](mailto:classified@spotlightnews.com)

SUBSCRIPTIONS | [circulation@spotlightnews.com](mailto:circulation@spotlightnews.com)

Publisher | **John A. McIntyre Jr.**

Managing Editor | **Michael Hallisey**

Online Editor | **Jim Franco**

Reporter | **Diego Cagara**

Advertising Representatives |

**Corinne Blackman, Susan O'Donnell**

Engagement Coordinator | **Kaitlin Lembo**

Art Director | **David Abbott**

Graphic Designer | **Martha Eriksen**

Classifieds/ Services Directory

Consultant | **Kaitlin Lembo**

Phone: **518.439.4949** | Fax: **518.439.5198**

P.O. Box 100, 341 Delaware Ave., Delmar 12054 | OFFICE HOURS: 8:30 a.m. to 4 p.m. weekdays. Open until 5 p.m. on Thursdays

#SUPPORTLOCAL

# GUILDERLAND SMALL BUSINESS HUB

CHECK OUT  
[WWW.GUILDERLANDCHAMBER.COM/GUILDERLAND-SMALL-BUSINESS-HUB](http://WWW.GUILDERLANDCHAMBER.COM/GUILDERLAND-SMALL-BUSINESS-HUB)  
FOR OPEN BUSINESSES, LOCAL ONLINE SHOPS, AND SPECIAL OFFERS!



This information was up-to-date as of April 17.

## TAKE-OUT + DELIVERY RESTAURANTS

**Athos Restaurant**  
1814 Western Ave.  
518-608-6400  
athosrestaurant.com

**Barcelona**  
1192 Western Ave.  
518-438-1144  
barcelona-albany.com

**City Line Bar & Grill**  
1200 Western Ave.  
518-504-1200  
citylinebar.com

**Nirvana Indian Restaurant**  
5180 Western Turnpike.  
518-355-2000  
albanynirvana.com

**Orchard Tavern West**  
2050 Western Ave.  
518-672-3237  
orchardtaverns.com

**Route 20 Café**  
1823 Western Ave.  
518-456-4223  
facebook.com/route20cafe

**Tesoro**  
2080 Western Ave.  
518-456-8242  
tesoroitalianrestaurant.com

**The Ritual 518 - Take-Out Only**  
1800 Western Ave.  
518-331-3595  
theritual518.com

**Via Fresca**  
1666 Western Ave  
518-452-1179  
viafresca.net

## RETAIL & OTHER SERVICES

**CeCe's Wool Yarns & More**  
518-779-9985  
ceceswool.com  
Online Only

**Fazioli Aerial**  
fazioliphotography.com

**Guilderland Farmers Market**  
2050 Western Ave, Star Plaza  
guilderlandfarmersmarket.com  
**Online Market!** Curbside pickup starts on April 26. Learn more on website!

**Gade Farm**  
2479 Western Ave.  
518-869-8019  
gadefarm.com

**Offering donation matches to the Guilderland Food Pantry!** Visit Website to learn more!

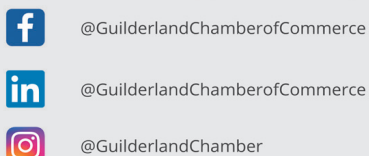
**Phillips Hardware - Altamont**  
6495 NY-158  
518-861-5364  
shopphillips.com

**Robinson ACE Hardware**  
1874 Western Avenue  
518-456-7383  
robinsonshardware.com

**Slingerland Family Farm**  
241 Hilltop Rd. Greenville  
518-662-0320  
slingerlandfamilyfarm.shop

**The Spinning Room of Altamont**  
190 Main St. Altamont  
518-861-0038  
spinningroom.net

GET CONNECTED WITH THE GUILDERLAND CHAMBER!



# "SCREEN" your news!

Get online access from your computer, phone or tablet

## DIGITAL SUBSCRIPTION OPTIONS

### PREMIUM ANNUAL

- Available for **Delmar/Guilderland** and **Colonie/Loudonville** readers.
- Unlimited access to digital content on [www.spotlightnews.com](http://www.spotlightnews.com).
- A weekly print newspaper
- Inclusion on all email alerts, including the "Spot the breaking news" email blast, which will be in your inbox each time there's a breaking news story.

— \$42/year\*

### PREMIUM MONTHLY

- Available for **Delmar/Guilderland** and **Colonie/Loudonville** subscribers.
- Unlimited access to digital content on [www.spotlightnews.com](http://www.spotlightnews.com).
- A weekly print newspaper
- Inclusion on all email alerts, including the "Spot the breaking news" email blast, which will be in your inbox each time there's a breaking news story.

— \$4/month\*

### DIGITAL MONTHLY

- Available for **Delmar/Guilderland** and **Colonie/Loudonville** readers. A once a month payment of \$3. Payment will be debited automatically.
- Unlimited access to digital content on [www.spotlightnews.com](http://www.spotlightnews.com).
  - Once a month, you'll be mailed a copy of our award-winning special sections, including *Discover* and *Spotlight on Business*
  - Inclusion on all email alerts, including the "Spot the breaking news" email blast, which will be in your inbox each time there's a breaking news story.

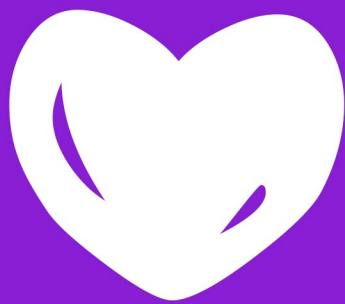
— \$3/month\*

\*Upon expiration, a subscription will be automatically renewed and payment debited unless it is cancelled by the subscriber. Subscribers will notified of their last renewal date, the expiration date and the type of plan they have chosen. Subscribers will also be able to change their address, phone number and any other contact information necessary for the subscription. You can also cancel your subscription at any time.

Go online today to:  
[www.spotlightnews.com/subscribe/joinus](http://www.spotlightnews.com/subscribe/joinus)  
to activate your digital subscription account  
or call Kaitlin at 518-439-4949.



**Together,  
we are one  
Bethlehem.**



A public service moment made possible by: Spotlight News + NATMAR Partners





**One town together**

Bethlehem rallies under unique campaign.

Page B11

FREE · April 22 - April 28, 2020 · [www.thespot518.com](http://www.thespot518.com)

**CULTURE**

**editors' playlist** thespot518.com

- Land of Confusion  
*Genesis*
- Desperado  
*The Eagles*
- Black  
*Pearl Jam*
- Let's Get Rocked  
*Def Leppard*
- Can't Stay Alone Tonight  
*Elton John*

During my work errands, I won't plug my phone in my CarPlay port because I'm getting in and out of the car so much. Inevitably, I'll listen to the radio and I'll find some decent songs to add to my burgeoning playlist. Discovering a new song will always feel like a new candy store.

Katie Lembo



# Tip your bartender



Leaders in hospitality have devised ways to help support local servers

By **MICHAEL HALLISEY**

[halliseym@spotlightnews.com](mailto:halliseym@spotlightnews.com)

ALBANY — With your stimulus check on the way, you can put a small portion of it towards a kind gesture. COVID-19 has shuttered bars and restaurants across the state since mid-March. Though some eateries have remained open to take out-only service, the shutdown has stolen the income away from the faces we often see most.

**Continues on page B4**

<p><b>COHOES MUSIC HALL</b></p>	<p>Don't Iron while the Strike is Hot!</p> <p>MAY 15 2 PM &amp; 7:30 PM</p>	<p><b>TAB BENOIT</b> w/s/g JP SOARS</p> <p>BACK BY POPULAR DEMAND!</p> <p>MAY 29 @ 8 PM</p>	<p><b>AGAINST THE WIND</b></p> <p>THE ULTIMATE BOB SEGER EXPERIENCE</p> <p>JULY 18 @ 8 PM</p>	<p><b>Into The Mystic</b> The Van Morrison Experience</p> <p>NOVEMBER 7 @ 8 PM</p>	<p><b>TICKETS ON SALE NOW!</b></p> <p>Online <a href="http://thecohoemusichall.org">thecohoemusichall.org</a></p> <p>By Phone (518) 953-0630</p> <p>Box Office Temporarily closed for in-person sales</p>
---------------------------------	---	---	---	--	---

#TheSpot518



THE LOOK

Introducing the future second baseman for the Boston Red Sox.

eqpix / instagram

quote of the week

"While we wait to see what the Summer has in store, let us deploy our poetic force fields together. I look forward to sharing with you those things of beauty that are providing me with strength, perspective and hope. And I look forward to hearing from you what brings you joy and light under the dark clouds of uncertainty."




— Elizabeth Sobol, President, CEO of Saratoga Performing Arts Center



contents

Arts	B3
Sudoku Puzzle	B3
Music	B5, B7
Horoscope	B6
Crossword	B6
Food & Vino	B9
Service Directory	B8
Classifieds	B10
Spotted Gallery	B11

social media

-  /thespot518
-  @spotnewsfeed
-  @thespot518



staff

Publisher | John A. McIntyre, Jr.  
 Managing Editor | Michael Hallisey  
 Online Editor | Jim Franco  
 Reporter | Diego Cagara  
 Advertising Representatives | Corinne Blackman, Susan O'Donnell  
 Engagement Coordinator | Kaitlin Lembo  
 Art Director | David Abbott  
 Graphic Designer | Martha Eriksen  
 Classifieds/ Services Directory Consultant | Kaitlin Lembo

Contributing Writers | Denise Bennett, Diego Cagara, Ann Linda Ciotoli, Skyler Gilbert, Dan Romand, Elizabeth Schaefer, Wes Thomas, James Yeara  
 Contributing Photographers | Mike Allen, George Fazio, Jim Gilbert, Alan Gold, Amy Modesti, Garret Mac Aoidh, Pat McCormick, Bo Smith

518.439.4949 • fax 518.439-5198  
 advertise@spotlightnews.com  
 thespot518.com

*Exquisite Italian*

Featuring the best Italian wine list in Upstate NY

818 Central Avenue  
 Albany / 518-482-7200  
 Grappa72.com



**Grappa '72** Ristorante

Lunch: Mon-Fri 11:30-3  
 Dinner: Mon-Thurs 4:30-9:30  
 Fri & Sat 4:30-10 • Sun 3:30-8:30

Experience the Finest Grappa in the World!

**TAKE OUT SPECIALS DURING MANDATORY LOCK DOWN**

<p><b>\$50<sup>00</sup></b> dinner for two includes:</p> <p>House Bread and Olive Tapenade                  2 salads, choice of Mixed Greens or Caesar                  2 Entrées from: Zio Anthony's Pasta, Penne Romanoff, Mediterraneo, Pesto Di, Chicken Parmigian, Chicken Antica, Chicken Cacciatore, and Chicken Saltimbocca                  One Bottle of House Red or White Wine</p>	<p><b>\$75<sup>00</sup></b> dinner for four includes:</p> <p>House Bread and Olive Tapenade                  2 salads, choice of Mixed Greens or Caesar                  Pasta Course from: Penne Basilico and Penne Romanoff                  Family Style: Chicken Parmigian, Chicken Antica, Chicken Cacciatore, Chicken Saltimbocca, Veal Antica, Veal Pizzaiola, Veal Mari Monte, and Veal Piccata                  One Bottle of House Red or White Wine</p>
--	--

Albany's newest casual fine dining experience.  
 Traditional & contemporary Italian

**CLEMENT**  
 Frame Shop & Art Gallery

"Where Picture Framing is an Art"

Please visit us on-line  
**clementart.com**  
 or **Facebook**  
 Please stay in and  
*Be Safe*

Paintings & Prints  
 Original Art by Local Artists  
 Ltd. Editions by American Artists

M-F 10-6 • Sat 10-4  
 201 Broadway, Troy, NY  
 (518) 272-6811



ARTS

# Keeping creativity aflame online

### SPAC starts Facebook page to open creative outlet to patrons

By **MICHAEL HALLISEY**  
halliseym@spotlightnews.com

There are nearly 20 million people who reside in New York state, many of whom are sequestered at home with little artistic outlet. In the Capital District, which takes pride in its robust arts scene, patrons of the theatre and live music feel the sting most as they are severed from it.

Since shutdowns were ordered in March, social media has lit up with various performances ranging from the broadcast of live performances on Twitch to invitations to share art and inspiration on Facebook groups and TikTok videos.

Elizabeth Sobol is just one of those patrons who misses that live, in-person experience. As President and CEO of the Saratoga Performing Arts Center, she has an intimate relationship with the giants of that world, whether it be the New York City Ballet or the Philadelphia Philharmonic Orchestra. She's also one of those helping to fill in the void.

"We have been buoyed up by the enormous outpouring of amazing performances being shared on-line," stated Sobol, whose SPAC launched Sparked by Beauty. It's a Facebook community group that invites members to share their personal tidbits from the world of music, dance, poetry, art and nature. "Your SPAC family wants to help gather and curate all that wonderful content for all to enjoy."

Sobol started the sharing by offering a quote from

poet Elizabeth Alexander: "The poem is a force field against despair."

An arpeggio of pictures and videos rolled staccato down the news feed in a near immediate response. Members shared images of SPAC under the canopy of a warm summer night. Yet another posted a video of actor Anthony Hopkins serenading his pet cat with a composition from his piano. Strangers played in by sharing a piece of themselves, their perspective of time lost within the pines. A couple in the midst of a loving embrace while wading in Geysers Creek. A young toddler on a blanket, on the lawn, caught playing with her toy. There's one of a lucky kid standing before the stage as he's handed back his violin that was just signed by Lindsey Stirling.

Another post shares a *New York Times* article in which the editorial staff asked Gotham City artists to share paintings of their view of the world. It's an ominous reflection of the world. If New York City was a county, it would have

*"We have been buoyed up by the enormous outpouring of amazing performances being shared on-line."*

— Elizabeth Sobol, President, CEO of Saratoga Performing Arts Center



Saratoga Performing Arts Center

the sixth most confirmed cases of COVID-19 reported, with nearly 10 percent of the world's 139,000 deaths.

"My sense of time seems to stretch and shrink in weird ways," JooHee Yoon told the *New York Times*, as she shared her view of Prospect Heights in Brooklyn. "I am working more than ever to escape the dire reality."

Saratoga is often the summer playground for New Yorkers, including the New York City Ballet.

Gov. Andrew Cuomo has conservatively laid out two-week evaluations to determine when to lift the shutdowns that have closed theatres across the Empire State. Some of those theatres have clung to their May concerts, while other halls have closed all together. They all received bad news late last month as the governor extended the shutdown to May 15.

The City Ballet is still set for its one-week residency at SPAC in July,

but all remains in a grandt jaté as lawmakers continue grappling with how and when to return to normal life

"While we wait to see what the Summer has in store, let us deploy our poetic force fields together,"

stated Sobol. "I look forward to sharing with you those things of beauty that are providing me with strength, perspective and hope. And I look forward to hearing from you what brings you joy and light under the dark clouds of uncertainty."

## ASIAN ARTS TAI CHI

### Tai Chi and Qigong Classes and Workshops

*Serving Albany for over 10 years*

## Online Classes Available

*Visit our website for details.*

28 Essex Street • Albany, NY • 518-489-1458 • [www.AsianArtsGrp.com](http://www.AsianArtsGrp.com)

# SUDOKU

		3	9			8	6	1
8		5						3
	6							
6	2			1			5	
7	3				5			9
	5				4	2	1	7
5	9	7		6	8	1	2	
4	8					7	3	6
		6						

Answers on Pg. B10

Discover the world's best walk-in bathtub from *American Standard*

**5 Reasons American Standard Walk-in Tubs are Your Best Choice**

- 1 Backed by American Standard's 140 years of experience
- 2 Ultra low entry for easy entering and exiting
- 3 Patented Quick Drain® fast water removal system
- 4 Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard
- 5 44 Hydrotherapy jets for an invigorating massage

\$1,500 SAVINGS

888-609-0248

Includes FREE American Standard Right Height Toilet Limited Time Offer! Call Today!

## DENTAL Insurance

Physicians Mutual Insurance Company

A less expensive way to help get the dental care you deserve!

CALL NOW! 1-855-225-1434

- ✓ Get help paying dental bills and keep more money in your pocket
- ✓ This is real dental insurance – NOT just a discount plan
- ✓ You can get coverage before your next checkup

Don't wait! Call now and we'll rush you a FREE Information Kit with all the details.

FREE Information Kit

Here's the information you requested on Dental Insurance

Your Name Here

1-855-225-1434

Visit us online at [www.dental50plus.com/nypress](http://www.dental50plus.com/nypress)

Insurance Policy P150NY 6129 MB17-NM003Ec 112691-4

Saving a Life EVERY 11 MINUTES

I'm never alone

*Life Alert® is always here for me.*

One touch of a button sends help fast, 24/7.

Batteries Never Need Charging.

For a FREE brochure call:

## Life Alert® 1-800-509-4544

# THE RICHER TEAM AT HANNA COMMERCIAL REAL ESTATE

Albany Office: 20 Aviation Rd., Albany - 518-458-7000  
Delmar Office: 231 Delaware Ave., Delmar - 518-439-2888

<b>Ravi S. Modasra</b> Licensed Associate R.E. Broker (C) 518-312-0447 RaviModasra@hannacre.com	<b>Jessica L. Richer</b> Licensed Associate R.E. Broker (C) 518-364-7406 JessicaRicher@hannacre.com	<b>Brian Sipperly</b> Licensed Real Estate Salesperson (C) 518-545-8737 briansipperly@hannacre.com	<b>Tracy A. Murray</b> Licensed Real Estate Salesperson (C) 518-694-1261 tracymurray@hannacre.com
--	--	---	--

**Extraordinary Events Bring New Opportunities.  
We are ready to get you back to business!**



## FOOD & DRINK



### The Washington Tavern – For Sale \$725,000

Decades old Albany college tavern with generations of loyal followers. Sale includes business name, furniture, fixtures and kitchen equipment, 2 income apartments and 26 space parking lot. Fall is just around the corner!

### Established Restaurant – Business Sale \$160,000

Ever think about owning your own restaurant? This is turnkey! Business sale includes all furniture, fixtures and kitchen equipment, proprietary recipes, social channels. Long term lease with street sign, seating for 101 and plenty of parking



## OFFICE



### Professional Office with In-Town Accommodations \$650,000

For Sale or Lease - Live/Work! 3-stories of elegant, professional offices with in-town accommodations. Blocks to Amtrak-minutes to downtown Albany. Parking for 13.

### In the Heart of Downtown Albany - \$22/SF + Utilities

Varying office sizes. Right off I-787. Walking distance to LOB NYS Capitol, State and Federal Courts. Parking. Food Court and patio opening Summer 2020.

### Downtown Albany with Parking! - \$14/SF + Utilities

2,600 SF suite within walking distance to Lark St, NYS Capitol, LOB and State Agency Office. Lots of private parking!

### Delmar Four Corners Medical Office with Parking - \$13/SF +NNN

Rare location with 25 parking spaces. Handicap accessible. 7 offices, nurse station and reception. Perfect for Medical, Dental, Chiropractic, Holistic practices

### Cohoes Mohawk Professional Center – Make Us an Offer!

Completely renovated in the heart of one of fastest growing communities in Upstate NY. At the entrance of I-787. Parking for 300

### Averill Park – Stunning Historic Barn with Lofts – Must See \$1,500/mo + Utilities

1,660 SF Open area with 2 upper and 1 lower loft spaces, 1 private office, kitchenette and private restroom. Backup generator and updated HVAC systems.

### Latham – Aviation Road - \$14/SF + Utilities

Just off Wolf Road, block from Colonie Center. 1,700 SF with plenty of private parking and minutes to I-787

### Latham – Computer Drive - \$2,440/mo (sublease thru 9/22)

1,800 SF with 5 offices and kitchenette. Includes parking and utilities

### Altamont - \$1,250/mo + Utilities (sublease thru 3/22)

3 private + 1 large center office, large reception with private parking

112725\_4



## From page B1 ... Tip your bartender

Local hospitality leaders have scrambled to provide support to the bartenders, servers and chefs by providing online services that help consumers get in contact with them.

One such attempt is a simple online spreadsheet of names and addresses for online payment accounts. The Google Doc was started by Jennifer “JC” Colletti. She tends bar at The Bishop, Tippy Moose and Druthers Brewing Company in Albany. She compiled a list of names, both the server’s and the establishment in which he or she is associated with, and a hyperlink towards either a PayPal, Venmo or CashApp account.

Colletti said she came across the idea after a friend found himself sending tips to his bartender friends over Venmo.

“He explained that if he had been drinking those beers in a bar — where he’d like to be — he’d be tipping his bartenders, so why not do so while having some drinks at home,” she said.

After he suggested that he share the idea over social media, Colletti gathered names and composed the list on Google Docs. The idea caught on quickly, and her Facebook post was shared 200 times in a matter of a few days. Though it was intended to be just a local effort, she said servers in Virginia and Florida had asked to be added, too.

Approximately 80 million Americans are

expected to receive their stimulus checks this week. It’s the federal government’s attempt to help a country marred by empty classrooms, bare grocery store shelves and long unemployment lines. The stay-at-home policies in New York and other states have taken a toll, akin to cabin fever for some. However, Colletti said she’s hanging in by keeping busy. She bakes for friends, cooks meals for cancer patients and has even taken up yoga. “Our friends do a lot of online meetings and happy hours to keep each other’s spirits up,” she said. “As everyone is saying ‘we’re all in this together,’ we’re all just trying to help each other out as much as possible.”

The “Bar-Tender” spreadsheet is open for anyone to view without fear of someone erasing. It’s an ingenious way of getting the word out to people who seek to help. To access it, visit <https://bit.ly/BarTender518>.

No matter what venue or crowd, “tip your bartender” is a phrase uttered by musicians at every local show. The namaste moment shared between struggling artist and struggling bartender almost goes unnoticed, but it comes to mind now that we’ve endured a month without either.

The Hollow Bar and Kitchen is a popular joint in Albany for both food, drinks and live music. Sasha Blanket is an employee, and

like many, she said “we’re not sure when we will be able to open back up, or when things will start to normalize again.”

Blanket is one of scores of local servers who have connected to Tipyourbartender.online. It’s another online service that adds a little incentive to those wishing to pay a tip.

Submit a receipt of \$5 or more from Venmo or Paypal to submit@tipyourbartender.online. Every person you tip will count as a separate entry. Each tip will qualify a person a chance to win a free \$50 gift card to a restaurant in the Capital District.

The endeavor was launched from the start of the shutdown. It involved Jeff Buell and Jessica Sheridan, of Redburn Development Partners; Dominick Purnomo, of Yono’s Restaurant; and Heidi Knoblauch, of Pioneer Bank. To visit the website, go to tipyourbartender.online.

“Everyone in the industry is suffering right now so any little bit counts,” Blanket states on her online profile. “I appreciate you and anything you are willing to contribute.”

MUSIC

# Capital Underground pushes out music

Online collection shines spotlight on local music

By MICHAEL HALLISEY  
halliseym@spotlightnews.com

For the love of good music, Capital Underground has curated not one, but six music compilations featuring local bands. The playlists hosted on BandCamp.com include tracks from both contemporary bands and groups from the past.

Ralph Renna, a local musician and radio personality, put the song lists together. The frontman for Let Go Daylight is a veteran of the Troycore and regional scenes. He said getting the songs together, and receiving permission from the bands, was quick work.

"I woke up Monday morning," said Renna. "Started collecting songs. Messaging bands. And by 6



o'clock, the first volume was online."

"Capital Underground Volume 5" was uploaded and published on Monday, April 6. By the time hump day came to an end, two more volumes were made

available. And, Renna's not done. To date, there are six compilations available, including "Capital Underground Volume 9" and "Armageddon Upstate N.Y. Volume 1."

"The songs are free,"

said Renna. "People are encouraged to make a donation to the band directly or to donate to New York State COVID-19 relief."

Each of the 20-track "records" are available for download, featuring many of the musicians struggling with the stranglehold COVID-19 now has on social gatherings.

The music includes an eclectic array of talents that stretches across time. For example, "Volume 5" opens with Bendt's "Symptoms," which the band only just released in February. "Volume 8" features a track from China White, a pioneering heavy metal band that led the charge in the area's scene starting in the late 80s.

It's an impressive collection of music that includes several popular bands and acclaimed songs that have earned recent attention. Wild Adriatic appears on "Volume 7" with



Bendt

Michael Hallisey / The Spot 518

"Mistreated." David Tyo lends his Eddie Award-nominated track "Long Way Home" on the same album. Last Daze's "Too Little, Too Late," produced by Shooter Jennings, is another gem in a trove of acoustic treasures.

Renna finds himself sequestered at home like millions of other Americans attempting to prevent a surge of coronavirus infections. He's still busy. In addition to putting playlists together, he's found time to produce new music of his

own, too.

"Thank God I'm fortunate enough to record at my house," he said. Renna sings and also plays guitar. "I thought I'd put out three releases in eight months. I've put out six in three weeks."

The original four volumes of Capital Underground were published several years ago in physical format. About 1,000 CDs were printed for each volume and handed out to music fans for free.

WAMC's Performing Arts Studio | 339 Central Ave Albany, NY 12206 | thelinda.org



Remembering John Cohen with The Down Hill Strugglers  
POSTPONED to NOV 13 at 7 pm | \$15 standing, \$20 seated



CANCELED: Dreamland Featuring Kimberly Ford  
"A Celebration of Joni Mitchell"



Yesterday Once More - A Tribute to The Carpenters  
POSTPONED to OCT 29 at 7 pm | \$20 advance, \$25 day of show, \$15 seniors



The Furious Bongos Play Zappa  
POSTPONED to OCT 31 at 8 pm | \$20 advance, \$25 day of show

# HOROSCOPES

April 2020  
Week 4

**ARIES – MAR 21/APR 20**

Aries, reach out to someone who can help take some tasks off of your shoulders and help lighten your load. Realize you don't have to do everything yourself.

**TAURUS – APR 21/MAY 21**

Taurus, you might not be able to balance your budget this week, but you can still create a big picture analysis of where you want to be financially in the weeks ahead.

**GEMINI – MAY 22/JUN 21**

Your confidence and power of persuasion are elevated this week, Gemini. Any self-doubt will disappear so you can focus on things you want to accomplish.

**CANCER – JUN 22/JUL 22**

Cancer, you are erecting a protective shell around yourself. There doesn't seem to be any conflict on the horizon, so let your guard down and let others in.

**LEO – JUL 23/AUG 23**

You have a strong magnetic force about you this week, Leo. If you are looking for love and romance, now may be the time to attract someone new or reignite a preexisting spark.

**VIRGO – AUG 24/SEPT 22**

Virgo, you may not have realized that you have been hibernating away, but it is time to greet the world again. Focus on invites to any and all social events.

**LIBRA – SEPT 23/OCT 23**

Libra, this is a good week to put into practice the "work smarter not harder" mantra. Figure out what needs to get done and then put the people best suited to the jobs on it.

**SCORPIO – OCT 24/NOV 22**

It has been some time since you've let your hair down and had a good time, Scorpio. Push responsibilities aside for the time being and throw caution to the wind with friends.

**SAGITTARIUS – NOV 23/DEC 21**

You may need to clear the air with someone close to you, Sagittarius. Try to figure out a good time to have a heart-to-heart discussion in the next few days.

**CAPRICORN – DEC 22/JAN 20**

Focus on the people who lift your spirits, Capricorn. These people can help you get through tough times and reinspire the self-confidence that has made you such a success to date.

**AQUARIUS – JAN 21/FEB 18**

The spotlight is on your finances, Aquarius. Looks for ways to grow your savings so you can achieve some of your goals. It may take a few months to see real progress.

**PISCES – FEB 19/MAR 20**

It is time to update your brand, Pisces. That means reinventing yourself. Refresh your résumé and revamp your wardrobe.

FOR ENTERTAINMENT PURPOSES ONLY

			1	2	3		4	5	6	7	8	9		
			10				11							
12	13		14					15						
16		17						18				19	20	21
22								23						
24							25	26			27			
				28		29					30			
31	32	33		34				35			36			
37			38			39								
40					41			42		43	44	45	46	47
48				49					50					
51									52					
			53						54				55	
		56					57		58					
		59							60					

**CLUES ACROSS**

- 1. Revolutions per minute
- 4. Hymns
- 10. Brew
- 11. Did not acknowledge
- 12. Atomic #77
- 14. Partly digested food
- 15. Not one
- 16. Lesotho capital
- 18. Copyreading
- 22. Living organism that feeds on organic matter
- 23. One's biological father
- 24. An aggregate of molecules
- 26. Equally
- 27. Khoikhoi people
- 28. Jump in figure skating
- 30. Lantern
- 31. TV network
- 34. Georges \_\_, French philosopher
- 36. Sharp, shrill bark
- 37. Albanian monetary units
- 39. Launched Apollo
- 40. One who graduated
- 41. Exist
- 42. Passed by
- 48. Very unpleasant smell
- 50. Graduates
- 51. Seedless raisin
- 52. Self-protection
- 53. Clue
- 54. Life-savers
- 55. Ingest too much
- 56. Misrepresented
- 58. Small Eurasian deer

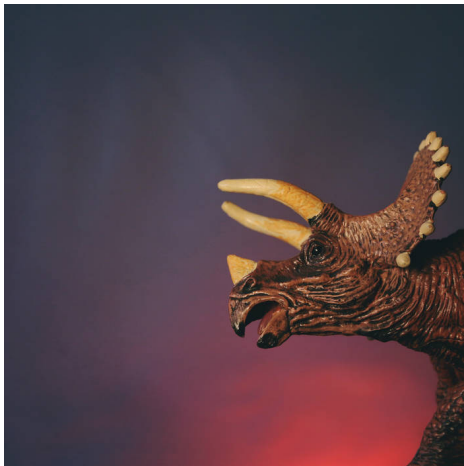
**CLUES DOWN**

- 1. Flower cluster
- 2. A form
- 3. Inner organ regions
- 4. Local law enforcement
- 5. A citizen of Senegal
- 6. Positively charged electrodes
- 7. Connects granules
- 8. Business practice
- 9. The Mount Rushmore State
- 12. Leader
- 13. Hindu queen
- 17. Proofreading mark
- 19. European country
- 20. Greek mythological nymph
- 21. Grandfather
- 25. Clears
- 29. Amount of time
- 31. Mollusks
- 32. German municipality
- 33. Body part
- 35. City of Angels hoopsters
- 38. Suffocate
- 41. Pleasing to the eye
- 43. Poplar trees (Spanish)
- 44. Ship officer
- 45. Individual investment account (abbr.)
- 46. Prefix meaning within
- 47. Ceased to live
- 49. Day by day
- 56. Not color
- 57. Condition of withdrawal (abbr.)

Answers on Pg. B10

NEW MUSIC

# New music recently released by local artists



**Dark Honey**  
Mustang '69

Dark Honey, those Collar City pop rockers, had eagerly awaited releasing a band new album to the public just before things turned south with COVID-19. However, fans aren't missing out. "Mustang '69" is the second release from the band's latest album. It was released on Spotify on Friday, April 17. This track continues to showcase Jimi Woodul's captivating storytelling. You can download both "Mustang '69" and "Why Don't We Drive" at <https://darkhoney.bandcamp.com/>.



**Girl Blue**  
When Doves Cry

Girl Blue released a cover of Prince's "When Doves Cry" earlier this week. It's an upbeat version of the Purple One's 1984 hit. Mixed by fellow Capital District musician Nick "Scoops" Dardaris, this track replaces the synth style of the original with a more organic percussion sound that will inspire you to move. Download the track from her bandcamp account at <https://girlbluemusic.bandcamp.com/track/when-doves-cry>.



**Ria Carval**  
Reflections

You haven't heard Ria Carval's name yet, but the College at Saint Rose sophomore is already busy with releasing her latest single, "Reflections." She said "the song is about seeing your faults and insecurities in another person as theirs are exactly the opposite of yours. Due to fate and destiny you two love each other but are forced to stay apart as you'll never achieve compatibility." Find it on Apple Music at <https://music.apple.com/us/album/reflections/1506665419?i=1506665420>.



**Bendt**  
Symptoms

Before Bendt released "Brightness in the Barrens" in February, the quartet collaborated with Chromoscope Pictures to film a live, acoustic performance in Troy. That session featured three songs, one of which is available for download. "Symptoms" will sound familiar right off the rip but, just because it's acoustic won't make it sound any less aggressive from the original. You can find this track at <https://bendtmusic.bandcamp.com/>.

**your spot for entertainment**

local events  
festivals  
concerts  
clubs  
theater  
films

thespot518.com  
**the spot 518**  
arts · entertainment · culture

dance  
art exhibits  
comedy  
family fun  
education  
local businesses

thespot518.com • call 518.439.4940 to advertise

# Services in the Spotlight

SERVICE DIRECTORY DEADLINES — Proof Ads: Tues. at 2 P.M. | Non-Proof Ads: Wed. at 2 P.M. | Please note: holiday weeks will have earlier deadlines, please call ahead.

## ELECTRICAL

**Labbie**  
  
 Electrical Contractors  
 518.475.1491

- Service Calls & Repairs
- Residential Same Day Service Available
- Stand-by Generators (sales, service, repair)

**WE RETURN ALL PHONE CALLS!**

## LANDSCAPING

**V & T LANDSCAPING & GENERAL SERVICES LLC**

- Mowing • Mulching • Spring/Fall Clean Up
- Tree/Brush Hedge Cleaning • Painting (indoor)
- Gutter Cleaning • Pressure Washing
- General Household Maintenance
- And many more services (just ask)

**VINNIE CARRINGTON JR • TROY MILLER**  
 518-304-7080 • vtlandscaping7@gmail.com

## PET CARE

**Cornell's Cat Boarding**  
  
 767-9095  
 Heated • Air Conditioned • Route 9W, Glenmont  
 Your Choice of Food • Reservations Required  
 Heidi Cornell

## HANDYMAN

**Viking HOME REPAIR & MAINTENANCE, LTD.**

- Minor Repairs • Painting • Wall Repairs • Masonry • Carpentry • Gutter Cleaning • Electrical

No Job Too Small 439-6863  
 FREE ESTIMATES • FULLY INSURED

**D.H. LANDSCAPING & HOME SERVICES, LLC**  
 Insured and Professional  
 (518) 466-1397

- lawn care
- spring/fall cleanups
- mulch install/bed edging
- tree/hedge pruning
- compact tractor work
- gutter cleaning
- handyman work
- pressure/soft washing
- painting indoor/outdoor
- stump grinding

From Delmar to Cossackie

## POWER WASHING

**CAPITAL DISTRICT PRISTINE PAINTING LLC**

Fully Insured  
 Free Estimates  
 References Available  
 25 Years Exp.

Interior & Exterior Painting  
 POWER WASH & Deck Staining

Chris Dolan • (518) 243-9717 • cjdolan32@gmail.com

**UNIVERSAL HANDYMAN & CONSTRUCTION**

- Additions • Remodel • Roofing
- Siding • Floors • Decks

— NO JOB TOO SMALL —  
 20+ Years Experience / Fully Insured  
 Call/Text: 518-577-8732 • email: rodney67earle@yahoo.com

## LAWN CARE

**ABC Yard Maintenance**

Spring and Fall Cleanups, Mowing,  
 Shrubbery Work, Rototilling & Landscaping

**CHRIS LINDSKOOG**  
 347 Elm Avenue  
 Delmar, NY 12054 423-7868

## PROPERTY SERVICES

**DiPAGE PROPERTY SERVICES**

- Lawnmowing • Spring/Fall Cleanups
- Shrub & Brush Trimming • Dethatching
- Mulch Installation • Small Tree Removal
- Edging • Bed Maintenance

Call Dan: 518-669-7579  
 dandipage21@hotmail.com

FREE ESTIMATES  
 EXPERIENCED • AFFORDABLE • DEPENDABLE

## HOME IMPROVEMENT

**AlbanyHomeRepairs.com**

- Carpentry • Remodeling
- Kitchens & Bathrooms • Painting
- Masonry • Ceramic Tile

No Job Too Small • Fully Insured

Stephen E. Cofels 518-469-1973

## MASONRY

**R & B MASONRY**

- Concrete • Stone • Stamped
- Brick • Block • Concrete
- All Masonry Repairs

RESIDENTIAL / COMMERCIAL  
 Fully Insured / 40 Years Experience  
 518-859-5969 • 518-895-6012

## SMALL ENGINE REPAIR

**Salisbury**

PICK-UP & DELIVERY AVAILABLE

PRE-SEASON Lawn Mower Tune-up Special  
**\$89\*** plus tax  
 \*Riders \$150

SMALL ENGINE REPAIR  
 518-475-9772

*"Big things come in small packages"*

Convenient & cost effective, these little ads bring BIG RESULTS.

To advertise in our Services Directory call:  
**518-439-4949**  
 Advertising deadline: Wednesdays at 2PM



## VILLAGE MASON

**All Types of Masonry! SPRING RATES!**  
 Specializing in sidewalks, re-pointing chimneys, resurfacing foundations, basement floors, garage floors AND MORE.  
 Waterproofing systems guaranteed for life!

Call for free estimate! 518-937-0321

## TREE SERVICES

**SEVENZOCKS TREE SERVICES**

- Tree Trimming and Pruning
- Large Tree Removal
- 60 ft Bucket Truck
- Free Estimates

Commercial ~ Residential  
 www.sevenzocks.com  
 PROFESSIONAL SERVICE  
 GREAT PRICES • FULLY INSURED

518-635-4111 • 1277 Rte 9W, Selkirk (2 miles south of Jericho Drive-In)

## PAVING

**S. Lambert Paving**  
 Specializing in Residential Work

- New Construction • Repairs
- Seal Coating

FREE ESTIMATES

Sam Lambert IV, Owner Operator  
 (518)470-5931  
 Lambertpaving@aol.com  
 All major credit cards accepted



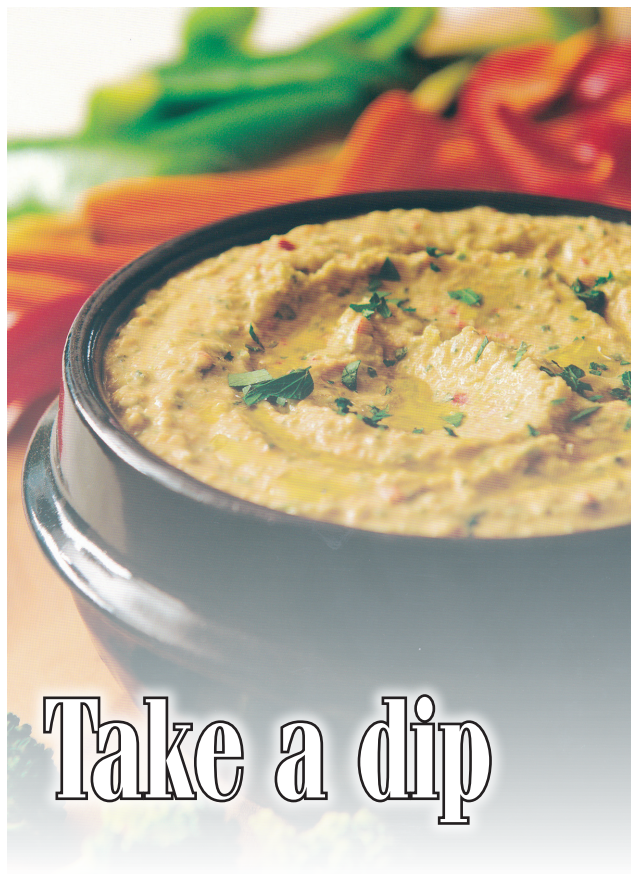
**Mike's STUMP REMOVAL**

Free Estimates/Insured  
 Reliable Service

**439-8707**







Take a dip

## FOOD & VINO

**D**iet and health go hand in hand. Perhaps that's why there's a growing interest in foods that are purportedly curative. Some people even choose foods in the hopes that they can help to reduce symptoms of allergies and inflammation.

As concerns about cognitive decline and diseases that attack the brain and memory grow, some people are seeking critical nutrients that can reduce their risk for Alzheimer's disease and other dementias. While there's no quick fix, consuming a wide variety of fresh, nutritious diverse and not overly processed ingredients, like those found in this recipe for "Garden Vegetable Hummus" from "The Brain Boosting Diet" (Whitecap) by Norene Gilletz and Edward Wein, Ph.D.

### Garden Vegetable Hummus

#### Ingredients: Makes 2 1/2 cups

- 1 19-ounce can chickpeas, drained and rinsed (preferably no-salt added)
- 3 to 4 cloves garlic
- 1/2 green bell pepper, cut into chunks
- 1/2 red bell pepper, cut into chunks
- 4 green onions (or 1 medium onion, cut into chunks)

- 1/4 cup chopped fresh basil or Italian parsley
- 2 tablespoons extra virgin olive oil
- 2 tablespoons lemon juice (preferably fresh)
- 2 to 3 tablespoons tahini
- Salt and freshly ground black pepper
- Chopped fresh parsley for garnish

#### Instructions

1. Combine all ingredients except parsley in a food processor fitted with the steel blade. Process with quick on/off's to start, then let the motor run until the mixture is very smooth, about 2 minutes, scraping down the sides of the bowl as needed.

2. Transfer the hummus to a serving bowl and sprinkle with parsley. Cover and chill for 1 to 2 hours before serving. (Hummus will thicken when refrigerated.)

Note: The tahini in the hummus is a very nutrient-dense ingredient because it has a very low moisture content. It is an excellent source of mono- and polyunsaturated fats, which are good fats, as well as an excellent source of protein, magnesium, zinc, manganese fiber, and potassium. Chickpeas are legumes that are also high in protein and fiber.

**HOMEOWNER FUNDING**

**Please Help!**

When you need a new roof, windows or doors and need help paying for them, call us.

**800-736-9629**  
**NYImprovementFund.com**

PROGRAMS AVAILABLE RIGHT NOW FOR NEW YORK RESIDENTS

Roofing | Windows | Siding | Insulation | Walk-In Tubs

**THE BUTCHER'S BUNDLE**

- 4 (5 oz.) Butcher's Cut Filet Mignons
- 4 (4 oz.) Boneless Pork Chops
- 4 (4 oz.) Omaha Steaks Burgers
- 4 (3 oz.) Gourmet Jumbo Franks
- 4 (2.8 oz.) Potatoes au Gratin
- 4 (4 oz.) Caramel Apple Tartlets
- Omaha Steaks Seasoning Packet

~~\$238.99~~ separately **COMBO PRICE \$69.99**

+ 4 MORE BURGERS FREE THAT'S 20 MAIN COURSES!

ORDER NOW! 1.866.749.2741 ask for 61086ZEP  
www.OmahaSteaks.com/dinner148

**DONATE YOUR CAR**  
**Wheels For Wishes**

benefiting **Make-A-Wish® Northeast New York**

- \* 100% Tax Deductible
- \* Free Vehicle Pickup ANYWHERE
- \* We Accept Most Vehicles Running or Not
- \* We Also Accept Boats, Motorcycles & RVs

WheelsForWishes.org Call: (518) 650-1110

**\$200 OFF** purchase of any NEW stairlift

**Regain Your Independence!**

**ALBANY Lift Company**  
EazyLift Albany Division

Stairlifts \* Elevators \* Wheelchair Lifts \* Ramps  
Owned & Operated by EazyLift Albany, LLC

**(518) 393-2274 or (888) 558-LIFT**  
www.thealbanyliftcompany.com

Locally Owned & Operated  
New and Reconditioned Lifts

• Sales • Rentals • Service • Buybacks

Visit Our Display Center at 836 Troy-Schenectady Road. Latham, NY, 12110

**STUCK INDOORS?**  
Why not make those doors beautiful!

Elmer Fisher April "stay-at-home" special  
**\$100 OFF**

**Fisher**  
Overhead Doors, LLC

Call Fisher Overhead Doors Today at 315-219-2171 for a FREE Estimate

Trusted • Certified • Licensed • Fully Insured • FREE Estimates

**GOLD STAR ROOFING**

Seeking Sheltering Under One Roof During These Challenging Times?

Time to Give that Roof a Facelift!

Free estimate-fully licensed and insured installs over existing roof to save you money — 18 colors to choose from!

Gold Star is offering an April Stay-at-Home Special

PRESENT THIS COUPON FOR **\$250 OFF** NORMAL RATES

**518-281-6455**  
Call now and schedule an appointment!

**GENERAC**

Prepare for power outages with a Generac home standby generator

SCHEDULE YOUR FREE IN-HOME ASSESSMENT TODAY!  
**877-516-1160**

**FREE** 7-Year Extended Warranty\* A \$695 Value!

Offer valid March 16, 2020 - June 30, 2020

Special Financing Available  
Subject to Credit Approval

\*Terms & Conditions Apply

**Saving a Life EVERY 11 MINUTES**

I'm never alone

Life Alert® is always here for me even when away from home.

One touch of a button sends help fast, 24/7.

Help at Home

Help On-the-Go

**Life Alert**

Batteries Never Need Charging.

FREE! FIRST AID KIT WHEN YOU ORDER!

For a FREE brochure call:  
**1-800-404-9776**

CLASSIFIED DEADLINE: Thurs. at 10 A.M. | Please note: holiday weeks will have earlier deadlines, please call ahead.

www.spotlightnews.com  
**Spotlight** NEWS  
 theclassifiedsuperstore.com  
 the spot 518  
 entertainment - coffee

**NYSCAN**

**\*\*\*PLEASE NOTE THAT NYSCAN STANDS FOR NEW YORK ASSOCIATION\*\*\***

**COMPUTER & IT TRAINING PROGRAM!** Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Now offering a \$10,000 scholarship for qualified applicants. Call CTI for details! (844) 947-0192 (M-F 8am-6pm ET)

**COMPUTER ISSUES? GEEKS ON SITE** provides FREE diagnosis REMOTELY 24/7 SERVICE DURING COVID19. No home visit necessary. \$40 OFF with coupon 86407! Restrictions apply. 844-892-3990

**DISH TV \$59.99** For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. 1-888-609-9405

**Donate your car** to Wheels For Wishes, benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call (518) 650-1110 Today!

**FREON WANTED:** We pay CASH for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312-361-0601 or visit RefrigerantFinders.com

**Get DIRECTV! ONLY \$35/month!** 155 Channels & 1000s of Shows/Movies On Demand (w/SELECT All Included Package.) PLUS Stream on Up to FIVE Screens Simultaneously at No Additional Cost. Call DIRECTV 1-888-534-6918

**JOB OPPORTUNITY \$18.50 P/H** NYC \$16 P/H LI Up to \$13.50 P/H UPSTATE NY CDPAP Caregiver Hourly Pay Rate! Under NYS CDPAP Medicaid program you can hire your family or friends for your care. Phone: 347-713-3553

**JOB OPPORTUNITY \$18.50 P/H** NYC \$16 P/H LI Up to \$13.50 P/H UPSTATE NY CDPAP Caregiver Hourly Pay Rate! Under NYS CDPAP Medicaid program you can hire your family or friends for your care. Phone: 347-713-3553

**NYSCAN**

**Privacy Hedges -SPRING BLOWOUT SALE** 5ft Green Giant Arborvitae only \$59 each. FREE Installation/FREE delivery. While supplies last! www.lowcostreefarm.com 518-536-1367

**SAVE ON YOUR NEXT PRESCRIPTION!** World Health Link. Price Match Guarantee! Prescriptions Required. CIPA Certified. Over 1500 medications available. CALL Today For A Free Price Quote. 1-866-569-7986 Call Now!

**TRAIN AT HOME TO DO MEDICAL BILLING!** Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 855-543-6440. (M-F 8am-6pm ET)

**VIAGRA & CIALIS!** 60 pills for \$99. 100 pills for \$150 FREE shipping. Money back guaranteed! 1-855-579-8907

**NANI**

**\*\*\*PLEASE NOTE THAT NANI STANDS FOR NATIONAL ADVERTISING NETWORK INC.\*\*\***

**AIRLINES ARE HIRING** - Get FAA approved hands on Aviation mechanic training. Financial Aid for qualified students - Career placement assistance. CALL Aviation Institute of Maintenance 888-686-1704

**ARE YOU BEHIND \$10k OR MORE ON YOUR TAXES?** Stop wage & bank levies, liens & audits, unfiled tax returns, payroll issues, & resolve tax debt FAST. Call 888-626-3581

**AT&T Internet.** Starting at \$40/month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc restrictions apply. Call us today 1-888-796-8850

**ATTENTION OXYGEN THERAPY USERS!** Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. FREE information kit. Call 877-929-9587

**CASH FOR CARS: We Buy Any** Condition Vehicle, 2002 and Newer. Nationwide Free Pick Up! Call Now: 1-800-864-5960.

**NANI**

**BECOME A PUBLISHED AUTHOR!** We edit, print and distribute your work internationally. We do the work you reap the Rewards! Call for a FREE Authors Submission Kit: 866-951-7214

**CARS/TRUCKS WANTED!!!** 2002 and Newer! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-416-2330.

**COMPUTER & IT TRAINING PROGRAM!** Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Now offering a \$10,000 scholarship qualified applicants. Call CTI for details! 888-449-1713 (M-F 8am-6pm ET)

**COMPUTER ISSUES? GEEKS ON SITE** provides FREE diagnosis REMOTELY 24/7 SERVICE DURING COVID19. No home visit necessary. \$40 OFF with coupon 86407! Restrictions apply. 866-969-2936

**DENTAL INSURANCE.** Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures. 888-623-3036 or http://www.dental50plus.com/58 Ad# 6118

**Did you receive a Hernia Mesh** implant in 2010 or later AND undergo a revision or removal surgery? You may be entitled to financial compensation. To learn more, call 855-961-0362 (Mon-Fri 10am-8pm Eastern)

**DIRECTV NOW.** No Satellite Needed. \$40/month. 65 Channels. Stream Breaking News, Live Events, Sports & On Demand Titles. No Annual Contract. No Commitment. CALL 1-866-825-6523

**DISH TV \$59.99** For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. 1-833-872-2545.

**Eliminate gutter cleaning forever!** LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-995-2490

**NANI**

**Only the Highest quality CBD** products from AceWellness! We guarantee highest quality, most competitive pricing on CBD products. Softgels, Oils, Skincare, Vape & more. Coupon Code: PRINT20 1-855-681-3113

**Recently diagnosed with LUNG** CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 877-648-6308 today. Free Consultation. No Risk.

**SAVE BIG on HOME INSURANCE!** Compare 20 A-rated insurances companies. Get a quote within minutes. Average savings of \$444/year! Call 866-695-8390! (M-F 8am-8pm Central)

**STAY IN YOUR HOME LONGER** with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-855-534-6198

**TRAIN ONLINE TO DO MEDICAL BILLING!** Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 888-572-6790. (M-F 8am-6pm ET)

**REAL ESTATE SALES**

**WANTED: REAL ESTATE.** Turn your unwanted real estate into cash. Did you or someone you know inherit a house that they don't want to maintain or have gotten behind on taxes? Do you have a house that has too many repairs to sell easily? We have simple solutions to what seem like very difficult problems. We are NOT real estate agents; we are a local family business that wants your unwanted real estate with or without a house on it. Take action, learn more and ease your stress. Call Pat at 518-409-0176, or visit us at www.usapropertyexpress.com

**FCPNY**

**\*\*\*PLEASE NOTE THAT FCPNY STANDS FOR FREE COMMUNITY PAPERS NEW YORK\*\*\***

**FCPNY**

**A PLACE FOR MOM.** The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-844-258-8586

**ATTENTION: OXYGEN USERS!** Gain freedom with a portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-855-839-1738

**CARS/TRUCKS WANTED!!!** We buy 2002-2018 Cars/Trucks. Running or Not! Nationwide Free Pickup! Call 1-888-416-2208

**COMPUTER & IT TRAINING PROGRAM!** Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Now offering a \$10,000 scholarship for qualified applicants. Call CTI for details! (866) 918-4553 (M-F 8am-6pm ET)

**COMPUTER ISSUES? FREE** DIAGNOSIS by GEEKS ON SITE! Virus Removal, Data Recovery! 24/7 EMERGENCY SERVICE, In-home repair/On-line solutions. \$20 OFF ANY SERVICE! 855-385-4814

**DENTAL INSURANCE.** Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures. 855-434-9221 or http://www.dental50plus.com/44

**DISH TV \$59.99** For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. 1-855-614-5018

**DONATE YOUR CAR TO CHARITY.** Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 1-855-587-1166

**GENERAC Standby Generators.** The weather is increasingly unpredictable. Be prepared for power outages. FREE 7-year extended warranty (\$695 value!) Schedule your FREE in-home assessment today. Call 1-855-972-3529 Special financing for qualified customers.

**FCPNY**

**Get DIRECTV! ONLY \$35/month!** 155 Channels & 1000s of Shows/Movies On Demand (w/SELECT All Included Package.) PLUS Stream on Up to FIVE Screens Simultaneously at No Additional Cost. Call DIRECTV 1-866-731-3285

**HAVE \$10K IN DEBT? Credit** Cards. Medical Bills. Personal Loans. Be Debt Free in 24-48 Months. Call NATIONAL DEBT RELIEF! Know your Options. Get a FREE debt relief quote: Call 1-866-901-2149

**Have \$10K In Debt? Credit** Cards. Medical Bills. Personal Loans. Be Debt Free in 24-48 Months. Call NATIONAL DEBT RELIEF! Know your Options. Get a FREE debt relief quote: Call 1-866-901-2149

**Recently diagnosed with LUNG** CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 844-302-6598 today. Free Consultation. No Risk

**Stay in your home longer** with American Standard Walk-In Bathtub. Receive up to \$1500 off, including a free toilet, and lifetime warranty on the tub and installation! Call us at 1-855-465-5426

**TRAIN AT HOME TO DO MEDICAL BILLING!** Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 855-516-1375. (M-F 8am-6pm ET)

**VIAGRA & CIALIS!** 60 pills for \$99. 100 pills for \$150 FREE shipping. Money back guaranteed! Call now Save 1-800-870-8711

**PROFESSIONAL SERVICES**

**PRIVATE DUTY HOME HEALTH CARE SERVICES**  
 A compassionate and gentle touch for all ages. Excellent references, all shifts covered. Call 518-256-8327.

**HANDY MAN**

**GLENMONT HANDYMAN.** Call or text Glenn. 518-369-5472.

www.spotlightnews.com

**Sudoku Answers**

2	4	3	9	5	7	8	6	1
8	7	5	1	2	6	4	9	3
1	6	9	8	4	3	5	7	2
6	2	4	7	1	9	3	5	8
7	3	1	2	8	5	6	4	9
9	5	8	6	3	4	2	1	7
5	9	7	3	6	8	1	2	4
4	8	2	5	9	1	7	3	6
3	1	6	4	7	2	9	8	5

**Super Crossword Answers**

	R	P	M		P	S	A	L	M	S			
		A	L	E		D	E	N	I	E	D		
I	R		C	U	D		N	O	N	E			
M	A	S	E	R	U		E	D	I	T	I	N	G
A	N	I	M	A	L		G	E	N	I	T	O	R
M	I	C	E	L	L	E	A	S		N	A	M	A
				A	X	E	L		G	L	I	M	
C	B	S		S	O	R	E	L		Y	A	P	
L	E	K	S		N	A	S	A					
A	L	U	M		B	E	E	L	A	P	S	E	D
M	A	L	O	D	O	R		A	L	U	M	N	I
S	U	L	T	A	N	A		K	A	R	A	T	E
			H	I	N	T		E	M	S		O	D
			B	E	L	I	E	D		R	O	E	
			W	R	Y	E	S	T		S	S	R	

**THERE'S NO PLACE LIKE HOME!**

WHETHER YOU'RE BUYING OR RENTING...

**FIND YOURS IN THE SPOTLIGHT CLASSIFIEDS TODAY!**

www.spotlightnews.com  
**Spotlight** NEWS  
 Contact us at: 518.439.4949 to advertise!



**ONE TOWN TOGETHER**

Bethlehem residents lined up to buy 'campaign' signs to help spread the sense of community. See more at [thespot518.com/spotted](http://thespot518.com/spotted).

Michael Hollisey / The Spot 518



**SPOTTED Galleries**

Featured photos on [thespot518.com/galleries](http://thespot518.com/galleries)

Driven By **CDTA**



LTE 100%

# "SCREEN" your news!

Get online access from your computer, phone or tablet

## DIGITAL SUBSCRIPTION OPTIONS

### PREMIUM ANNUAL

- Available for **Delmar/Guilderland** and **Colonie/Loudonville** readers.
- Unlimited access to digital content on [www.spotlightnews.com](http://www.spotlightnews.com).
- A weekly print newspaper
- Inclusion on all email alerts, including the "Spot the breaking news" email blast, which will be in your inbox each time there's a breaking news story.

— **\$42/year\***

### PREMIUM MONTHLY

- Available for **Delmar/Guilderland** and **Colonie/Loudonville** subscribers.
- Unlimited access to digital content on [www.spotlightnews.com](http://www.spotlightnews.com).
- A weekly print newspaper
- Inclusion on all email alerts, including the "Spot the breaking news" email blast, which will be in your inbox each time there's a breaking news story.

— **\$4/month\***

### DIGITAL MONTHLY

Available for **Delmar/Guilderland** and **Colonie/Loudonville** readers. A once a month payment of \$3. Payment will be debited automatically.

- Unlimited access to digital content on [www.spotlightnews.com](http://www.spotlightnews.com).
- Once a month, you'll be mailed a copy of our award-winning special sections, including *Discover* and *Spotlight on Business*
- Inclusion on all email alerts, including the "Spot the breaking news" email blast, which will be in your inbox each time there's a breaking news story.

— **\$3/month\***

\*Upon expiration, a subscription will be automatically renewed and payment debited unless it is cancelled by the subscriber. Subscribers will notified of their last renewal date, the expiration date and the type of plan they have chosen. Subscribers will also be able to change their address, phone number and any other contact information necessary for the subscription. You can also cancel your subscription at any time.

Go online today to:  
[www.spotlightnews.com/subscribe/joinus](http://www.spotlightnews.com/subscribe/joinus)  
 to activate your digital subscription account  
 or call Kaitlin at 518-439-4949.



# Think you've got the **write stuff?**

## We're currently seeking **Freelance Reporters**

Freelance reporters needed to cover various events, including municipal and school meetings, human interest features, historical pieces and business reviews, in and around the Capital District.

Send resume and clips to:

Michael Hallisey, Managing Editor,  
 Spotlight News, P.O. Box 100, Delmar 12054  
 or e-mail them to: [halliseym@spotlightnews.com](mailto:halliseym@spotlightnews.com)



110777\_4

Listener support keeps WEXT eclectic, unique and diverse. Thank you for your contribution!

exit  
**97.7**  
**106.1**  
 wext  
 a wmht service

You make music discovery possible!

**Roots. Rock. Local.**

Support the music at

**wextradio.org**

112685\_4