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Vol. 63, #20

May 13 - May 19, 2020

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Diego Cagara / Spotlight Newspapers

TOP STORY

Teacher's pets

Kindergarteners parade so they can see the teacher they haven't seen since shutdowns

By **DIEGO CAGARA**
cagarad@spotlightnews.com

DELMAR — A Hamagrael Elementary teacher was surprised with a mini-parade of a dozen cars filled with her kindergarten students and their families outside her Glenmont home last Wednesday afternoon.

The cars were decked with balloons, decorated posters and colorful drawings while the students waved and sometimes gave their teacher, Allison Hepfer, envelopes and well-wishes. The honking cars also stirred neighbors to watch the mini-parade with supportive smiles and applause.

Hepfer, who has worked at Hamagrael Elementary School for more than two decades, said, "I had no idea it was going to happen, it was such a complete surprise. It was wonderful and I had tears of happiness and a bit of sadness that I can't see them every day in person. They're a remarkable group."

Continues on page 10



NEWS



Farm market returns

Tuesday Market among many farmers markets coming back to business.

Story on Page 5

ENTERTAINMENT



On her own path

Ria Carval is far from home and on her way to a rich music career.

Story on Page B1

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■ POLICE, COURTS and EMERGENCY CALLS

Car crashes into Delaware Plaza sign

Driver sustained minor injuries

By **DIEGO CAGARA**
cagarad@spotlightnews.com

BETHLEHEM — A 67-year-old Delmar woman suffered a medical event which caused her to crash her car into the Delaware Plaza entrance sign at 180 Delaware Ave. in Delmar on Saturday, May 9 at 2:45 p.m., according to Bethlehem police.

The woman lost control of her 2018 Mazda 3 and the crash caused significant damage to her car and structural damage to the sign.

She sustained minor injuries and was treated at the scene by Delmar-Bethlehem EMS and Albany County paramedics. She was then transported to Albany Medical Center Hospital.

Bethlehem police, the Elsmere Fire Department and the Town of Bethlehem Building Department also responded to the scene.

Photos by Tom Heffernan Sr. / Special to Spotlight News



Spitting on police vehicles' door handles, windshields

GLENMONT — A 25-year-old Claverack man was arrested for spitting on Bethlehem Police vehicles' door handles and windshields outside the Glenmont Walmart on Tuesday, May 5 at around 8 p.m.

Bethlehem Police officers were already on scene assisting a woman who was believed to be in labor. While assisting the woman, police said a person called in for a man won was allegedly spitting on parked car door handles and windshields outside.

After confirming the incident on video surveillance footage, police said they located and identified Tyler C. Rossi while he was still shopping inside before arresting him.

Rossi was charged with one misdemeanor count of criminal tampering and released on an appearance ticket.

He is scheduled to appear at the Bethlehem Town Court on June 16 at 5:30 p.m.

The woman was transported by Delmar-Bethlehem EMS to a local hospital for further treatment and evaluation.

Woman hospitalized in ATV crash

NEW SCOTLAND — A 24-year-old Clarksville woman sustained serious injuries after her ATV struck a tree at Lower Flat Rock Road on Sunday, May 3, at 10:55 p.m., according to State Police.

Trooper Kerra Burns of Troop G reported that the woman left the roadway's western shoulder before hitting the tree.

The woman was transported and admitted to Albany Medical Center.

The crash remains under investigation.

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COMMUNITY

Invest in Bethlehem campaign launches

To help support local businesses and community

By **DIEGO CAGARA**
cagarad@spotlightnews.com

BETHLEHEM — The Bethlehem Democratic Committee (BDC) is collaborating with the Bethlehem Chamber of Commerce and Bethlehem Community Fund to launch the “Invest in Bethlehem” campaign which encourages residents to donate funds and raise awareness for local struggling businesses and the community amid COVID-19.

The campaign wants residents to share pictures and stories on social media of them supporting local businesses and spreading positivity in town, like drawing optimistic messages on sidewalks with chalk, cleaning up neighborhoods



Phillips Hardware, a local family-owned business since 1886, has been selling limited products like Lysol and hand sanitizers, showing how it's among many local businesses working to stay financially afloat amid COVID-19.

Facebook

and supporting at-risk neighbors with groceries — all while using the hashtag #InvestInBethlehem.

The campaign also includes the BDC pledging to match up to \$4,000 in funds when residents donate up to a cap of \$2,000 each to the Bethlehem Community

Fund and the Bethlehem Chamber.

“The campaign was born out of a desire back in March to use the BDC which has a big network and outreach to try and do some good during the COVID-19 crisis,” said Joanne Cunningham, the BDC Chair. “The

BDC reached out to the Bethlehem Community Fund and Bethlehem Chamber to help raise funds because they are two important community organizations that aim to provide some financial resources for struggling local businesses.”

She added that the

campaign is already close to raising enough money “but we’re going to keep at it until we reach it.”

Cunningham said it was important that people can have several ways to donate.

If donating online, people can visit the Bethlehem Community Fund’s or BDC’s website at www.bethlehemcommunityfund.org or www.bethlehems.org/invest-in-bethlehem.html respectively or send a check directly to the Bethlehem Community Fund or Bethlehem Chamber of Commerce.

The Bethlehem Community Fund is a nonprofit organization and online donations come with a small fee. The latter also has a small processing fee and uses the ActBlue portal, which the BDC uses for online campaign contributions; Cunningham said that means online

donations would show up on the BDC’s campaign finance report.

“We have to comply with all finance reporting and requirements, but that’s why we give people the option to send a check instead for the Invest In Bethlehem campaign so that it’s a different way of donating,” she said in response to concerns from some residents that their donations on the BDC’s website would come across as donating to the BDC itself. “We want to give people other ways to donate if they’re concerned.”

If mailing a check, people would write “Invest In Bethlehem” in the memo line and can make it out to either Bethlehem Community Fund P.O. Box 341, Delmar, NY 12054 (which is tax-deductible) or Bethlehem Chamber of Commerce, 318 Delaware

Continues on 10

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COMMUNITY

Honoring our hometown heroes

Program continues to honor individuals

By **DIEGO CAGARA**
cagarad@spotlightnews.com

GUILDERLAND — The town and its chamber of commerce are continuing the third annual Hometown Heroes Banner project, to honor veterans and people on active duty service, despite COVID-19.

With banners displayed publicly across town, they honor current or former Guilderland, Altamont, Berne, Knox or Westerlo residents who served or are now in the U.S. Armed Forces or National Guard, or are honorably discharged military veterans. Honored individuals can be living or deceased. Each banner has the individual's name, rank, photograph, area of service and years served.

This year, 12 new banners were sponsored by several businesses, families and community organizations. The Guilderland Chamber and Parks and Recreation Department also hung



The Hometown Heroes banners are now displayed across Guilderland.

Guilderland Chamber of Commerce

banners of past honorees from the last two years.

They are displayed at Tawasentha Park, Town Hall, the Guilderland Public Library, Westmere Fire Department and Guilderland Fire Department. In late October, they will either be moved indoors at Crossgates Mall or returned to their sponsors.

For the list of honorees and their banner locations, visit www.guilderlandchamber.com/hometownheroes.

"The town is proud to be an inaugural partner in this effort which recognizes residents who have and are continuing to serve our nation," said Guilderland Town Supervisor Peter G. Barber. "This banner program reminds us that our community is blessed by women and

men who have served our country and honors the dedication of our veterans and their families."

Guilderland Chamber Executive Director Danielle Walsh said, "The Hometown Heroes Banner project is a wonderful way to honor our community's veteran and active duty service members. Thank you to the town of Guilderland Parks and Highway departments for working with us to get the banners up throughout town."

Colin J. Gallup, the town's director of Parks and Recreation, expressed gratitude for the public's positive reaction to the hung banners so far. "The banners can elevate a simple walk in Tawasentha Park into an experience of gratitude, a meditation on service, or a history lesson depending on the individual," he added. "While it is impossible to thank our local veterans and active duty military men and women enough, the Hometown Heroes Banner Project is an important element of our community's gratitude."

The Hometown Heroes Banner project had 29 banners in

2018 and 17 banners in 2019. Normally, the project would launch with an opening ceremony in late spring or early summer to honor the individuals themselves, where their families, friends and the public can gather to view the displayed banners.

"Unfortunately, we cannot host an opening ceremony as we typically would in spring," Walsh said. "But we are excited to have new virtual options for residents to learn about our town's heroes and enjoy the Hometown Hero's project from a safe distance. ... Despite not being able to gather, we are still able to honor the Hometown Heroes and share their stories."

A closing ceremony is scheduled this November as part of Military Awareness Day at Crossgates Mall although it may be affected if COVID-19-related public gathering restrictions continue then.

Albany County Executive Daniel P. McCoy said, "As an Army veteran, I understand the sacrifices they and their families each made. While we cannot have the proper ceremony that they deserve like in years past due to the ongoing pandemic, let these banners be a reminder of our unwavering appreciation and respect."

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■ COMMUNITY

Tuesday Market in Delmar returns

By **DIEGO CAGARA**
cagarad@spotlightnews.com

BETHLEHEM — The Capital District Farmers Market Association began its Tuesday Market last week at Delmar’s First United Methodist Church with new social distancing measures.

Located on 428 Kenwood Ave. in Delmar, the Tuesday Market takes place from 2:30 to 6 p.m. and will continue until the last Tuesday before Thanksgiving.

Frank Stanton, the Capital District Farmers Market Association’s president, said, “We spread the vendors’ tents at least 10 feet from one another and every vendor has sanitizer solution for people to use. We also have a wash station in an alley with paper towels and soap.”

The Tuesday Market is able to operate because the state Department of Agriculture and Markets



Vendors’ tents are kept 10 feet away from one another and they must have masks on and if handling food, wear gloves too.

Diego Cagara / Spotlight News

determined that farmers markets and food-producing farms are considered essential food supply chain industries and are exempt from state-mandated workforce reduction.

Vendors are required to

wear masks too and wear gloves if handling food.

Stanton said customers can pay with cash and most of the vendors accept credit cards too.

“We stepped up with all the precautions and had a Zoom meeting with the

vendors,” Stanton said. “We and the vendors were very happy we can come back this year and all this was made possible by the First United Methodist Church.”

This year, the market has 16 vendors and among the products people can expect

include vegetables, maple syrup, honey, bread, cheese and barbecued meat.

According to its website, the vendors include New Leaf Farm from New Lebanon, Bulich Creekside from Leeds, Good Day Honey from Coeymans Hollow, Geurtze BBQ from Glenmont, Worldlings Pleasure from Watervliet, Scotch Ridge Farm from Duanesburg, Food Florist from Ballston Spa, Placid Baker from Troy, Meadow Brook Farm from Voorheesville, Hope Valley Farm from Northville and Little River Farm from Hudson.

Stanton said canceling the Tuesday Market or transitioning it into a virtual market this year were never considered.

“If we go online, vegetables and that kind of products are very perishable so if you grow crops but have no customers, you just end up throwing them away,” he said. “There was

no discussion on having a drive-thru but we can maybe do pickup in the future if people want.”

Given the COVID-19 pandemic, Stanton — who also mans the Good Day Honey tent which sells natural and unprocessed honey and beeswax — said continuing the Tuesday Market is “very important because people love fresh food and they want to look at the people that produce them. ... When people come, they know I produce the honey and I give them an education and describe each type of honey.”

He continued, “Lots of people have been stuck in the house and have no place to go. They can come to the market as long as they wear masks and maintain social distancing.”

Visit our website for more photos of the Tuesday Market.

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OBITUARIES

Delmar's 'favorite son' dies

Frank Murphy, 95, was a veteran of three foreign wars

By MICHAEL HALLISEY
halliseym@spotlightnews.com

DELMAR — Frank Murphy, a veteran of three foreign wars, passed away at his Delmar home on Sunday, May 3, at the age of 95.

"Bethlehem sadly lost one of our favorite sons," said David VanLoven, the town's supervisor. "Three wars couldn't take him, but time is inexorable."

Born in Cohoes in 1925, Murphy was a jovial man who could spin a yarn about his experiences in World War II, the Korean War and the Vietnam War.

But, he was more apt to talk about the people who crossed his path than the events described in history books.

In a Spotlight feature published in November 2016, Murphy described

himself as no more than someone who would gripe too much during his first tour with the 339th regiment of the 85th Infantry Division.

"In World War II, I had a big mouth and got in trouble all the time," said Murphy, with an ever-present smile on his face. "I could never make (Private First Class) because I was moanin' and groanin'. My squad leader, with me being a kid, when there was a dirty job to do it was 'Murphy,' 'Murphy,' 'Murphy.' In the beginning, I didn't mind. Then, after awhile, I got in trouble."

Murphy and his company experienced some of the most fierce fighting of World War II from the Italian front in 1943. After the war ended, he would proceed to enlist for the Korean

War and later the Vietnam War.

Murphy is the recipient of two Bronze Stars for service in World War II and the Combat Infantry Badge — affixed with a silver star in recognition of his service as an infantryman on the front lines of both World War II and Korea.

Before retiring from the U.S. Army in 1968, the man who was told he'd "go out as a Private" earned the rank of Platoon Sergeant.

Murphy, died last Sunday with his family by his side. He is survived by his wife, Kay, daughter, Tara, and granddaughter, Olivia. Due to current health restrictions, services will be private. A graveside memorial, including full military honors, will be held when it is safe for family and friends to come together.

Doris E. Marsh



MARSH

GUILDERLAND — Doris E. Marsh, long time resident of Guilderland, died peacefully on May 4, 2020 at age 96 years.

She was pre-deceased by her husband William D. Marsh Jr., her parents Fay and Edna Leonard, her siblings Ruth Robbiano, Shirley Palmer, James Leonard and grandson Michael Warrington.

She is survived by her children William D. Marsh III, Nancy Marsh-Haggerty, Paul J. Marsh and their respective spouses Joyce Skowyra, Robert Haggerty and Catherine Marsh.

She is also survived by her grandchildren Alexa Reyes, Justin Marsh, Kristen (Kate) Kornak, Peter Marsh, David Marsh, Karen Marsh, Christopher Marsh, and Zachary Haggerty.

Doris had 10 great-grandchildren of whom she was very proud.

A graduate of Albany High School, Doris became

worked a number of years for Marsh Bus Co.

Among her numerous pursuits she was a very active, lifelong member of First Lutheran Church in Albany where she served in various capacities and on many committees.

Doris also remained active with the Memorial Hospital School of Nursing until recently. The family is particularly grateful to the front line staff on 6B at Teresian House. Their care, kindness and thoughtfulness exceeds our ability to adequately express our appreciation.

There will be a celebration of life ceremony for Doris at a later date.

For those who wish, a memorial contribution may be made to First Lutheran Church 646 State St. Albany, N.Y. 12203.

a Registered Nurse as a graduate of Memorial Hospital School of Nursing in 1945. Upon graduation she worked for the Visiting Nurses Association and at Memorial Hospital in Albany.

During the 1960s she lead the cancer detection clinic at the hospital. Doris then became an Occupational Health Nurse for the State of New York until her retirement in 1989. Post retirement she

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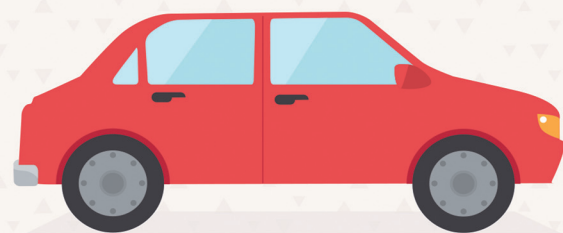
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National EMS Week - May 17-23 2020 "Ready Today, Preparing for Tomorrow"

On the occasion of National Emergency Medical Services (EMS) Week, we thank the dozens of everyday heroes who provide emergency medical service in the Town of Bethlehem. It is our privilege to salute the Emergency Medical Technicians (EMTs), Paramedics, and other responders of Delmar-Bethlehem EMS and the Albany County Sheriff's Office EMS Unit, as well as our partner emergency responders at Sabic Innovative Plastics in Selkirk.

The residents of our community benefit every day from the skill and commitment of our volunteer and career EMS professionals who are dedicated to saving lives and providing compassionate medical care. They are selfless professionals who dedicate the time, day and night, 365 days a year, to respond to the emergency needs of our community. The COVID pandemic has changed so much in our lives, included the lives of EMS providers. They have spent many hours in additional training and preparation and continue to report for their shifts every day to safely care for our community in the presence of the COVID-19 virus.

Working together as partners, the members of Delmar-Bethlehem EMS and the employees of the Albany County Sheriff's Office EMS Unit respond to approximately 300 calls for medical assistance, emergencies, and accidents in the Town of Bethlehem every month. Our agencies have worked together with the Town of Bethlehem to build an efficient and high-quality EMS system. This includes more than \$5 million in savings and 100,000 scheduled volunteer responder hours over the last six years. In addition, our EMS responders dedicate thousands of hours each year to practicing their skills, taking training classes, mentoring new responders, and maintaining equipment.



We would also like to salute the many emergency medical service professionals working in hospital emergency rooms who live in our community. They work with our EMS responders to provide lifesaving care around the clock.



Our community is remarkably fortunate to have so many individuals who are committed to caring for their neighbors. Please join us in saluting our community's EMS professionals.

Sincerely,

The Directors and Officers of Delmar-Bethlehem EMS and the Albany County Sheriff's Office EMS Unit

Steven Kroll, Executive Director and Chief
David Scoons, President
Delmar-Bethlehem EMS

Craig D. Apple, Sr.
Albany County Sheriff



Delmar-Bethlehem EMS

Delmar-Bethlehem EMS is made up of dedicated men and women who provide emergency medical ambulance service for the communities of Delmar, Elsmere, Glenmont, North Bethlehem, Selkirk, Slingerlands, and South Bethlehem, 24 hours a day, seven days a week.



Albany County Sheriff's Office EMS Division

The Albany County Sheriff's Office provides Paramedic coverage and supplemental EMT staffing in the Town of Bethlehem.

<https://www.albanycounty.com/government/county-sheriff/emergency-medical-services-unit>

www.delmarems.org

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 1 Crossgates Mall Rd.
 518-207-0448
worldofbeer.com

RETAIL & OTHER SERVICES

CeCe's Wool Yarns & More
 518-779-9985
ceceswool.com
 Online Only

Fazioli Aerial
fazioliphotography.com

Guilderland Farmers Market
 2050 Western Ave, Star Plaza
guilderlandfarmersmarket.com
Online Market! Curbside pickup starts on April 26. Learn more on website!

Gade Farm
 2479 Western Ave.
 518-869-8019
gadefarm.com
Offering donation matches to the Guilderland Food Pantry! Visit Website to learn more!

Phillips Hardware - Altamont
 6495 NY-158
 518-861-5364
shopphillips.com

Robinson ACE Hardware
 1874 Western Avenue
 518-456-7383
robinsonshardware.com

Slingerland Family Farm
 241 Hilltop Rd. Greenville
 518-662-0320
slingerlandfamilyfarm.shop

The Spinning Room of Altamont
 190 Main St. Altamont
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LIBRARIES

Storytime online

We're bringing a weekly storytime into your home via Zoom, an online meeting tool. Join us at 9:30 a.m. Tuesdays through May 26 for a Zoom Family Storytime.

This is a fun and engaging way for children up to age 6 to work on their early literacy skills through stories, singing, movement and more.

Go to bit.ly/2zhnV9v at the scheduled time and use the password 562837 to sign in. Once you sign in, your e-mail and video will not be visible to other participants and your sound will be muted, so feel free to sing and clap along with abandon!

Looking to explore some picture books at your own pace? Check out our Storytime Online Kits highlighting dozens of popular titles at www.bethlehempubliclibrary.org/programs/children/story-time and then click on the cover you want to explore. New stories are being added every week!



org/programs/children/story-time and then click on the cover you want to explore. New stories are being added every week!

Book discussion

Our May 28 Zoom Book Discussion hosted by librarians Anne Coletta and Frank Somers will be on "Carnegie's Maid" by Marie Benedict.

In an online poll earlier this month, readers chose this historical fiction book. Clara Kelley is not who they think she is. She's not the experienced Irish maid who was hired to work in one of Pittsburgh's grandest households. She's a poor farmer's daughter with nowhere to go and nothing in her pockets who may have spurred Andrew Carnegie's transformation

from ruthless industrialist into the world's first true philanthropist.

To sign up for the book discussion, visit ny.evanced.info/bethlehem/lib/eventcalendar.asp and click on the event – there are two times available, 1:30 p.m. and 7 p.m. An invitation to participate via Zoom will be emailed to you.

Budget vote, election

The library budget and Board of Trustees vote has been rescheduled for Tuesday, June 9. It will take place entirely by absentee ballot, which will be mailed to households in the Bethlehem Central School District in the coming days. Click here for the library's proposed 2020-21 budget and a list of who is running for the two seats on the Board of Trustees.

— Kristen Roberts

Writing contest

Last call for our "Write at Home" writing contest! Grades 4 through adult: submit your best work to us by Friday, May 15 at noon.

Winners receive a \$30 prize of their choice from the Book House, and all works submitted will be posted on our website with permission. All forms of poetry and prose are eligible. See guilderlandlibrary.org/wfh for full details.

Trivia Tuesdays

Trivia buffs missing their live weekly sessions can participate in the next-best thing: GPL's Trivia Tuesdays!

Our popular trivia nights have been retooled so teens and adults can play along at home. On Tuesday, May 19 at 7 p.m., get ready for a totally rad evening of 80s and 90s Trivia! Movie mavens, we hope the force is with you on Tuesday, May 26



at 7 p.m. as you don your Mickey-eared thinking caps for a combined arsenal of Disney/Star Wars questions.

Participants can play individually, as an in-house team, or with a virtual team. Team captains should be 16+ years old and will be responsible for communicating with the hosts on GoToMeeting. Anyone needing login information, including Team Captains, please register on the Events tab on our website.

Cookbook Club

Our popular Cookbook Club goes virtual! Using GoToMeeting, we're holding bimonthly sessions for a small group of patrons.

The theme for Wednesday, May 20 at 7 p.m. is "Substitutions: This for That." We'll share ideas about suitable substitutes for specific recipes.

To register, visit the Events calendar on our website and provide an email with your registration. You'll receive an email the day before the event.

Clutter bootcamp

Conquer the clutter! Professional Organizer Jes Marcy coaches participants through five self-paced ½-hour video tutorials designed to free up space and create a more welcoming home environment. While our Clutter Bootcamp virtual Q&A session with Jes on June 1 is full, we can still share her motivating videos with anyone who registers by Monday, May 18. Go to our Events calendar online and register with an email and library barcode; we'll send you all five video links on May 18. Also, if there are any cancellations, we'll move people off the waiting list and onto the June 1 virtual session in the order they registered.

— Luanne Nicholson

LIBRARIES

Pet contest

Megan Viscio, local artist and teacher, will be selecting winners, whose pets will be made into mini-sculptures and featured in her art show.

To enter the contest, provide a short write-up about your rescue pet or rescue experience along with several photographs from which Megan will work. The winners will get to keep the mini-sculptures after the show. If interested or if you need more information, contact Megan at mviscio@nycap.rr.com or Gail Brown at gail.brown@voorpl.org. Because the library is presently closed, the art show may become virtual or it will wait until the library can safely open. Visit Megan's art work at thestudiohouse.blog.

Summer Adventure

Imagine Your Story”



at the Voorheesville Public Library! We are excited to offer a summer reading program where we will read, create, and learn together as individuals, families, and as a community. We are imagining something entirely new for the summer 2020. Be on the lookout as we unveil this summer's program very soon. Check the library's website for up to date details.

Reusable grocery bags

The Library Board of Trustees will present the 2020-21 budget at their virtual meeting on Monday, May 18, at 7 p.m. To attend virtually, please follow the link shared on the library's website, www.voorpl.org.

— Lynn Kohler

Dear stranger

We are living through historic times.

In an effort to capture our COVID-19 experiences, and connect community members who may be feeling isolated, the Library is initiating Dear Stranger, a letter writing program. We hope you'll participate!

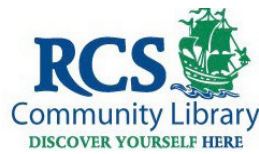
Community members of all ages are invited to write a letter about what you would like people to know about your life now.

Talk about the changes you've seen that you hope will last, the things you miss the most, new hobbies you've picked up, or anything else you'd like to share.

Begin your letter with "Dear Stranger" and sign off with "A Community Member."

Do not use your name.

Put your name and



return address on the envelope so that we can forward you a letter from another "Dear Stranger" participant.

A copy of each letter may be archived.

Send your letter to the Library at 95 Main Street, Ravena, NY 12143 and we will forward it, without identifying information, to another participant.

You'll receive a "Dear Stranger" letter in return.

By submitting a letter, you acknowledge that your letter will be screened by the Library, it may be archived or included in a local history collection and will be forwarded, anonymously, to another participant.

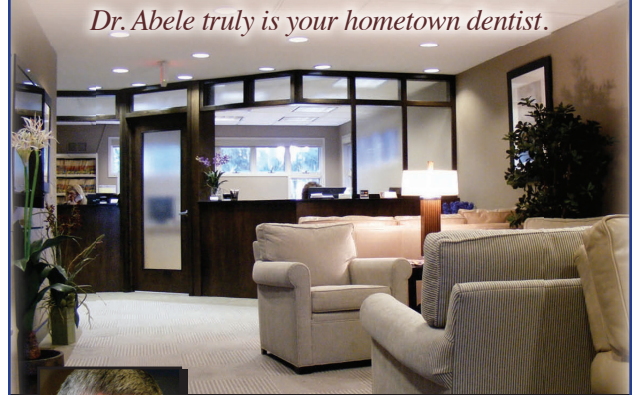
— Carol Melewski

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From page 1 ... Teacher appreciation

Quinn, one of Hepfer's kindergarten students, said she misses seeing her teacher in the classroom and "she always makes learning so fun." Liam, another student, said he will miss his kindergarten days with his teacher, "I'm [worried] I'm not going to see [Hepfer] again because I'll be going onto a new grade."

Hepfer said it was the first time seeing her students in person since the pandemic forced the Bethlehem Central School District to transition to online distance learning in March.

"Technology has been amazing so I can still stay connected with one another and hear their voices on a daily basis," she added. "But that, in no way, replaces the community and social interaction that students get from an actual classroom. It's tricky, especially for kindergarten students, because they need social activities as much as possible."

The drive-by was an idea from Hepfer's students to observe Teachers' Appreciation Week, according to Amy LaChapelle, Quinn's mother who drove her during the mini-parade. "As the weeks went by and the students realized they won't be in the classroom anymore, a lot of them said they'll miss their teachers and friends," she said. "So we figured it was a great way to stop by and see [Hepfer]. Everybody was unanimously so excited, onboard and very

enthusiastic about doing it."

LaChapelle also reached out to Hamagrael Elementary School Principal David Ksanznak who welcomed the idea for the mini-parade.

In an email, Ksanznak wrote, "Now more than ever, I think we are seeing the impact teachers have on the students they work with. From what I hear from parents and the children is that they miss the daily interactions with their peers and teachers. They spend a lot of time together during the course of the year and build such positive bonds. As hard as we try, it is hard to replicate this type of bond during the online instructional program."

Ksanznak, who also led the mini-parade, acknowledged how hardworking teachers and administration staff have been, connecting with why Teachers' Appreciation Week is important.

LaChapelle agreed, "I think we take [teachers] for granted and we don't realize the patience they exhibit. It's also to know how incredibly tough it's been for teachers to adapt instantly and how each student learns differently and comes from a different place, and how teachers adapt so well to meet their needs."

Hepfer said, "I see how important it is for teachers to build trust with students and their parents and parents realize how much we adore children and how much time we invest in them. I just want to thank you to the families that did the parade and I know how much they appreciate us."

From page 3 ... Invest in Bethlehem

Avenue Suite 11, Delmar, NY 12054 (not tax-deductible).

"Checks may be clunky to handle but they still do achieve the goal," Cunningham said. "It appears to be working as lots of checks have been sent in already."

Bethlehem Chamber President Maureen McGuinness expressed gratitude to the BDC for wanting to include her organization in the Invest In Bethlehem campaign.

She said the money donated to the Bethlehem Chamber as part of the Invest In Bethlehem campaign will be used for its Small Business Hardship Fund which will award grants of up to \$200 each to local businesses on a first-come, first-served basis. This fund existed prior to the start of the Invest in Bethlehem campaign and McGuinness said it made sense to put funds raised into it to further help all types of local businesses.

According to the Chamber's website, "the [Small Business Hardship Fund] will begin with an initial amount of \$2,000, with an additional fundraising goal of \$2,000 for a second round of grants for a projected total of \$4,000 donated."

Interested businesses can learn more about Small Business Hardship Fund's details and access the grant application at business.bethlehemchamber.com/news/details/bethlehem-chamber-announces-small-business-hardship-fund. The grant application must be completed electronically and emailed to ehogan@bethlehemchamber.com to be considered

by the chamber. The application also instructs a business owner to include a copy of their March or April 2020 phone or utility bill.

"They will be small grants to offset the costs of utilities," McGuinness said. "The Small Business Hardship Fund gives us the ability to help our businesses during these challenging times. Lots of people have reached out and said they want to do something for the businesses here. The Hardship Fund is one concrete way to help."

Paul Gutman, the Bethlehem Community Fund's president, also appreciated that his organization is a part of the Invest in Bethlehem campaign.

"It's community-based and you can't always depend on the state and federal governments because what if you have an issue that needs to be resolved quickly or within a month?" he said. "That's when we [the Bethlehem Community Fund] comes in. It's just showing that the community cares about its neighbors."

Cunningham brought up that one reason the BDC began the Invest in Bethlehem campaign was that she was "haunted" after a Bethlehem Chamber's survey revealed in April that around 40 of 90 surveyed local businesses were at risk of closing amid the COVID-19 pandemic.

To learn more, visit www.spotlightnews.com/towns/bethlehem/2020/04/17/bethlehem-businesses-express-longevity-concerns-chamber-offers-resources.

"I circulated the survey's results to the BDC and it got a lot of attention because it was very startling," Cunningham said. "It's a haunting thought that many of our businesses could go away because of this. That survey was really a catalyst for the BDC and I to take action."

LEGALS

NOTICE OF LLC FORMATION
310 EAST 70TH STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-244598

NOTICE OF LLC FORMATION
104 W. 120TH ST. LLC. Arts. of Org. filed with the SSNY on 04/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 7 Mortar Rock Road, Westport, CT 06880. Purpose: Any lawful purpose. D-244937

NOTICE OF LLC FORMATION
1065 PARK AVENUE GARAGE LLC. Arts. of Org. filed with the SSNY on 03/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-243574

NOTICE OF LLC FORMATION
111 MONTGOMERY 4P LLC. Arts. of Org. filed with the SSNY on 04/08/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 301 E. 62nd Street, #15C, New York, NY 10065. Purpose: Any lawful purpose. D-244173

NOTICE OF LLC FORMATION
131 W 69TH LLC. App. for Auth. filed with the SSNY on 01/30/20. Originally filed with Secretary of State of Delaware on 01/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 131 W. 69th Street, New York, NY 10023. Purpose: Any lawful purpose. D-243595

NOTICE OF LLC FORMATION
1716 ADAMS LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 605 Morris Park Avenue, Bronx, NY 10460. Purpose: Any lawful purpose. D-244597

NOTICE OF LLC FORMATION
178 ORANGE STREET REALTY LLC. Arts. of Org. filed with the SSNY on 03/26/20. Office: Al-

LEGALS

bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 178 Orange Street, Albany, NY 12210. Purpose: Any lawful purpose. D-243525

NOTICE OF LLC FORMATION
198 PRINCE ST. LLC. Arts. of Org. filed with the SSNY on 03/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Business Filings Incorporated, 187 Wolf Road, Suite 101, Albany, NY 12205. Purpose: Any lawful purpose. D-243598

NOTICE OF LLC FORMATION
220 RSB 25CD, LLC. Arts. of Org. filed with the SSNY on 03/05/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 220 Riverside Boulevard, Apartment 25C, New York, NY 10069. Purpose: Any lawful purpose. D-245020

NOTICE OF LLC FORMATION
227 ROCK LLC. Arts. of Org. filed with the SSNY on 03/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Edward R. Smolka, Esq., 5 Tudor City Place, Lobby 11, New York, NY 10017-6853. Purpose: Any lawful purpose. D-243597

NOTICE OF LLC FORMATION
402 ST. MARKS PLACE PARTNERS LLC. Arts. of Org. filed with the SSNY on 03/12/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Midland Avenue, Staten Island, NY 10306. Purpose: Any lawful purpose. D-244622

NOTICE OF LLC FORMATION
41-29 52nd STREET LLC. Arts. of Org. filed with the SSNY on 04/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Irhan Balic, 49 Victoria Lane, #1, Yonkers, NY 10701. Purpose: Any lawful purpose. D-244938

NOTICE OF LLC FORMATION
5040 INDEPENDENCE AVENUE LLC. Arts. of Org. filed with the SSNY on 03/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

LEGALS

copy of process to the LLC, c/o Percella Weinberg Partners LLC, 797 Fifth Avenue, New York, NY 10153. Purpose: Any lawful purpose. D-243524

NOTICE OF LLC FORMATION
71-04 LLC. Arts. of Org. filed with the SSNY on 05/04/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 141-08 70th Avenue, Flushing, NY 11367. Purpose: Any lawful purpose. D-245354

NOTICE OF LLC FORMATION
A.LIVE WORLDWIDE, LLC. Arts. of Org. filed with the SSNY on 02/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o B. Berger, 8801 Shore Road, 2F East, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-245506

NOTICE OF LLC FORMATION
ACJP LLC. Arts. of Org. filed with the SSNY on 04/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 32-12 33rd Street, Astoria, NY 11106. Purpose: Any lawful purpose. D-243714

NOTICE OF LLC FORMATION
ANGEL DUFFY LLC. Arts. of Org. filed with the SSNY on 04/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1160 Third Avenue, 5E, New York, NY 10065. Purpose: Any lawful purpose. D-244719

NOTICE OF LLC FORMATION
ARIBURNU LLC. Arts. of Org. filed with the SSNY on 03/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 40 Mercer Street, Apartment 23, New York, NY 10013. Purpose: Any lawful purpose. D-243589

NOTICE OF LLC FORMATION
ASEGC LLC. Arts. of Org. filed with the SSNY on 03/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 244 Fifth Avenue, #1599, New York, NY 10001. Purpose: Any lawful purpose. D-243559

LEGALS

County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5 Smith Lane, Saint James, NY 11780. Purpose: Any lawful purpose. D-243709

NOTICE OF LLC FORMATION
BIG MEMO LLC. Arts. of Org. filed with the SSNY on 04/15/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 155 West 68th Street, #2029, New York, NY 10023. Purpose: Any lawful purpose. D-244393

NOTICE OF LLC FORMATION
BLACK CLOUD PROPERTIES, LLC. Arts. of Org. filed with the SSNY on 04/13/20. Office: Greene County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 506, Preston Hollow, NY 12469. Purpose: Any lawful purpose. D-244899

NOTICE OF LLC FORMATION
BRIAN P MURRAY GLOBAL CONSULTING LLC. Arts. of Org. filed with the SSNY on 04/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8 Pauley Lane, Slingerlands, NY 12159. Purpose: Any lawful purpose. D-244961

NOTICE OF ANNUAL MEETING, BUDGET VOTE AND ELECTION - *COVID-19 UPDATE*
NOTICE IS HEREBY GIVE, that a public hearing of the qualified voters of the Voorheesville Central School District will be held on June 1, 2020. Copies of the budget and the text of any proposition that will be presented to the voters will be available for review by any qualified voter beginning on June 1, 2020 upon request by email to the District Clerk, Jessica Tabakian at jtabakian@voorheesville.org. NOTICE IS HEREBY GIVE, that the annual meeting of the qualified voters of the Voorheesville Central School District will be held on Tuesday, June 9, 2020, to vote by absentee ballot exclusively upon the following items:
1. To adopt the annual budget of the Voorheesville Central School District for the fiscal year 2020-2021 and to authorize the requisite portion therefore to be raised by taxation on the taxable property on the District.
2. To adopt the following proposition:
Proposition #1:

LEGALS

Purchase of Buses: RESOLVED, that the Board of Education of the Voorheesville Central School District is hereby authorized to pay the cost of the purchase of (1) 65 passenger school bus, and (2) school buses, including incidental expenses, at a maximum estimated cost of \$236,000, and to expend such sum for such purpose and that said amount, or so much thereof as may be necessary, shall be raised by the levy of a tax upon the taxable property of said School District and collected in annual installments as provided by Section 416 of the Education Law; and, in anticipation of such tax, to issue bonds and notes of the District at one time or from time to time in the principal amount not to exceed \$236,000 and to levy a tax to pay the interest on such obligations when due.
3. To elect three members of the Board of Education, To elect one for a two (2) year term terminating June 30, 2022, to fill the vacancy caused by the resignation of Michael J. Canfora, and to elect two (2) members for two (2) four (4) year terms terminating June 30, 2024, to fill the vacancy created by the expiration of the terms of Jeannie McDonnell, and Diana Straut.
4. To transact such other business as may properly come before the meeting pursuant to the Education Law of the State of New York.
AND NOTICE IS ALSO GIVEN that a public hearing of the qualified voters of Voorheesville Central School District, County of Albany, State of New York will be held virtually on Monday, May 18, 2020 at 7:00 p.m. for the Voorheesville Public Library on the presentation of the Public Library budget for the year 2020-2021.
AND NOTICE IS ALSO GIVEN that, as part of and contemporaneous with the Annual District Meeting, a vote will be held for the Voorheesville Public Library on the following:
To elect one member of the Library Board of Trustees for a term of five years ending on June 30, 2025 to fill the vacancy created by the expiration of the term of David Gibson.
To vote on the annual Public Library budget and the appropriation of the necessary funds to meet the estimate of expenditures, and to authorize the levy of taxes for this purpose.
AND FURTHER NOTICE IS HEREBY GIVEN that a copy of the statement of the amount of money which will be required to fund the School District's budget for the 2020-2021 school year, exclusive of public monies, may be obtained by any taxpayer in the District during the fourteen (14) days immediately pre-

LEGALS

ceding June 9, 2020 via email request.
AND FURTHER NOTICE IS HEREBY GIVEN that petitions nominating candidates for the office of member of the Board of Education to fill three expired terms of two, four (4) year terms and one two (2) year term each shall be received by the District Clerk at 432 New Salem Road, Voorheesville, New York, 12186 or by email to jtabakian@voorheesville.org not later than May 11, 2020 at 5:00 p.m. Each petition shall be directed to the District Clerk and must state the full name and residence of the candidate (signatures are not required for the petition to be deemed valid, pursuant to Executive Order 202.26). A copy of such petition and information packet, may be obtained by email request to the District Clerk.
AND FURTHER NOTICE IS HEREBY GIVEN that the qualified voters of the School District shall be entitled to vote in said annual vote and election by absentee ballot exclusively due to the prevalence and community spread of COVID-19, that the potential for contraction of the COVID-19 virus shall be deemed temporary illness for all qualified voters. All qualified voters shall receive an absentee ballot with a postage paid return envelope. Completed ballots must be mailed and received by the District Clerk no later than 5:00 p.m on Tuesday, June 9, 2020. A qualified voter is one who is (1) a citizen of the United States of America, (2) eighteen (18) years of age or older, (3) resident within the School District for a period of thirty (30) days preceding the annual vote and election and (4) not otherwise disqualified under the Election Law. Anyone who meets the definition of a [qualified voter], but does not believe (s) he will be on the School District's poll list, which contains the names of residents who voted in previous elections, please contact the District Clerk by email at jtabakian@voorheesville.org as soon as possible to ensure timely receipt of the absentee ballot for the 2020 annual meeting/election.
The Education Law makes special provisions for absentee voting by [permanently disabled] voters of the District and any questions regarding these rights should be directed to the Clerk of the Board. All completed ballots shall be mailed to the Office of the District Clerk no later than 5:00 p.m. on June 9, 2020.
The Education Law also makes special provisions for absentee voting for [military] voters of the District. Specifically, the law provides a unique procedure for [military ballots] in school district votes. Whereas absentee ballots must be received by the voter by mail, a mili-

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tary voter may elect to receive his/her absentee ballot application and absentee ballot by mail, email or facsimile. The military voter must, however, return his/her original military ballot application and military ballot by mail or in person. The Clerk of the Board shall transmit the military voter's military ballot in accord with the military voter's preferred method of transmission not later than May 15, 2020. The Clerk of the Board must then receive the military voter's military ballot by mail not later than 5:00 p.m. on the day of the vote.
A list of all persons to whom absentee ballots shall have been issued will be available upon request to the District Clerk on each of the five days prior to the day of the election, except Saturday or Sunday, and the day set for the election. Any qualified voter present in the polling place may object to the voting of the ballot upon appropriate grounds by making his/her challenge and reasons therefore known to the Inspector of Election before the close of the polls.
AND FURTHER NOTICE IS HEREBY GIVEN that pursuant to a rule adopted by the Board of Education in accordance with Education Law §§ 2035, 2008, any referendum or propositions to amend the budget, or otherwise to be submitted for voting at said election, must be filed with and directed to the District Clerk at the District Office, on or before May 8, 2020; must be typed or printed in the English language. However, the Board of Education will not entertain or place before the voters any petition or any proposition if its purpose is beyond the power of the voters or is illegal, or any proposition requiring the expenditure of monies which fails to include specific appropriations for all such expenditures required by the proposition.
BY ORDER OF THE BOARD OF EDUCATION OF THE VOORHEESVILLE CENTRAL SCHOOL DISTRICT, COUNTY OF ALBANY, STATE OF NEW YORK. Jessica Tabakian District Clerk D-245409

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site, www.bethlehem-schools.org.
AND NOTICE IS FURTHER GIVEN that the election of candidates to the Bethlehem Central School Board of Education and the budget vote will be conducted via absentee ballot and ballots must be received by 5:00 p.m. on Tuesday, June 9, 2020 on the following items:
PROPOSITION #1
To adopt the annual budget of the Bethlehem Central School District for the fiscal year 2020-2021 and to authorize the requisite portion therefore to be raised by taxation on the taxable property of the District.
PROPOSITION #2
To elect three (3) members of the Board of Education as follows: three at-large seats to a three (3) year term commencing on July 1, 2020, and expiring on June 30, 2023, for the seats held by Mrs. Christine Beck, Ms. Holly M. Dellenbaugh and Ms. Meredith Moriarty, whose terms expire on June 30, 2020.
PROPOSITION #3
Resolved, that the Board of Trustees of the Bethlehem Public Library be authorized to expend for the operation of such library for the fiscal year July 1, 2020 to June 30, 2021, the sum of: \$4,479,700 and that the Board of Education of Bethlehem Central School District of the Towns of Bethlehem and New Scotland, County of Albany, New York, be authorized to levy the necessary tax therefor.
PROPOSITION #4
To elect two (2) trustee to the Board of Trustees of the Bethlehem Public Library, as follows: two (2) to a five (5) year term commencing on July 1, 2020 and expiring on June 30, 2025.
PROPOSITION #5
RESOLVED, that the Board of Education of the Bethlehem Central School District, is hereby authorized to (1) acquire school vehicles at a cost not to exceed \$1,210,000 which is estimated to be the maximum cost thereof, (2) expend such sums for such purpose, (3) levy the tax necessary therefor, to be levied and collected in annual installments in such years and in such amounts as may be determined by the Board of Education, taking into account state aid received, and (4) in anticipation of the collection of such tax, to issue bonds and notes of the District at one time or from time to time in the principal amount not to exceed \$1,210,000, or enter into a lease-purchase agreement at a principal amount not to exceed \$1,210,000 to acquire such vehicles.
To transact such other business as may properly come before the meeting pursuant to the Education Law of the State of New York.
The election and budget vote shall be solely by absentee ballot. Absentee ballots will be mailed to all voters who have voted in the school district elections in at least

To place your Legal Notice: Call 439-4949

LEGALS

one of the last six years. The poll list can be found on the district's website. Eligible voters who are not on the poll list may request an absentee ballot by emailing VoterInfo@bethlehem-schools.org or by calling the district at 518-694-3949.

AND FURTHER NOTICE IS HEREBY GIVEN that a copy of the statement of the amount of money which will be required to fund the School District's budget for the 2020-2021 school year, exclusive of public monies, and Basic STAR exemption impact report may be obtained on the School District Website and the Bethlehem Public Library website.

AND FURTHER NOTICE IS HEREBY GIVEN that petitions nominating candidates for the office of member of the Board of Education and for the office of Trustee of the Bethlehem Public Library shall be filed with the District Clerk at the District Clerk's office at the Bethlehem Central High School, Superintendent's Office, 700 Delaware Avenue, Delmar, New York, not later than May 11, 2020 at 5:00 p.m. A copy of such nominating petitions may be obtained by emailing VoterInfo@bethlehemschools.org or by calling the district at 518-694-3949.

AND FURTHER NOTICE IS HEREBY GIVEN that requests for absentee ballots will be obtainable by emailing VoterInfo@bethlehemschools.org or by calling the district at 518-694-3949 between the hours of 8:00 a.m. and 4:30 p.m. Monday through Friday, except holidays, from the District Clerk. Absentee ballots must be received by the District Clerk not later than 5:00 p.m. on June 9, 2020.

A list of all persons to whom absentee ballots shall have been issued may be requested from the District Clerk on each of the five days prior to the day of the election, except Saturday, June 6 and Sunday, June 7, 2020, and on the day set for the election. Any qualified voter may challenge the acceptance of the ballot by any person on such list, by making his/her challenge and reasons therefore known to the Chief Election Inspector before 5:00 p.m. on June 9, 2020.

AND FURTHER NOTICE IS HEREBY GIVEN that the qualified voters of the School District shall be entitled to vote by absentee ballot in said annual vote and election. A qualified voter is one who is (1) a citizen of the United States of America, (2) eighteen (18) years of age or older, and (3) resident with the School District for a period of thirty (30) days preceding the annual vote and election. The School District will require all persons submitting an absentee ballot to certify their eligibility to vote by signing the certification on the ballot envelope. The

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School District may also require all persons offering to vote to provide their signature, printed name and address as per School District Policy 2120.2.

AND FURTHER NOTICE IS HEREBY GIVEN, that pursuant to a policy adopted by the Board of Education in accordance with Sections 2035 and 2008 of the Education law, any referenda or propositions to amend the budget, or otherwise to be submitted for voting at said vote and election, must be filed with the Board of Education at the Bethlehem Central School on or before May 11, 2020 at 5:00 p.m., prevailing time; must be typed or printed in the English language; shall be filed with the District Clerk at the District Clerk's office at the Bethlehem Central High School, Superintendent's Office, 700 Delaware Avenue, Delmar, New York, not later than May 11, 2020 at 5:00 p.m. Such referenda or propositions may be emailed to VoterInfo@bethlehemschools.org. However, the School Board will not entertain or place before the voters any proposition if its purpose is beyond the power of the voters or is illegal, or any proposition requiring the expenditure of moneys which fails to include specific appropriations for all such expenditures required by the proposition or any proposition which must be included in this notice of the annual meeting and was not received at least 60 days prior to the annual meeting.

Date: May 6, 2020
Brittany L. Barrett
Delmar, New York
District Clerk, Bethlehem Central School District
D-245491

NOTICE OF LLC FORMATION
CANAM CAPITAL 595 WEA LLC. Arts. of Org. filed with the SSNY on 04/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 595 West End Avenue, Apartment 4/5, New York, NY 10024. Purpose: Any lawful purpose. D-244721

NOTICE OF LLC FORMATION
CDK ROMERO LLC. Arts. of Org. filed with the SSNY on 02/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3059 Milburn Avenue, Baldwin, NY 11510. Purpose: Any lawful purpose. D-243594

NOTICE OF LLC FORMATION
CHOPT VESTAVIA LLC. Arts. of Org. filed with the SSNY on 04/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-

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cess to the LLC, 853 Broadway, Suite 606, New York, NY 10003. Purpose: Any lawful purpose. D-244464

NOTICE OF LLC FORMATION
COMFORT HOMES REALTY, LLC. Arts. of Org. filed with the SSNY on 06/23/09. Latest date to dissolve: 01/01/2030. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2705 Eastchester Road, Bronx, NY 10469. Purpose: Any lawful purpose. D-245022

NOTICE OF LLC FORMATION
CONCHITA WIDJOJO LLC. Arts. of Org. filed with the SSNY on 02/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 65 Bank Street, Apartment 7, New York, NY 10014. Purpose: Any lawful purpose. D-243697

NOTICE OF LLC FORMATION
CROSBY 54 INVESTORS LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 51 Wooster Street, Floor 3, New York, NY 10013. Purpose: Any lawful purpose. D-244591

NOTICE OF LLC FORMATION
CUSTOM DESIGN INNOVATIONS LLC. App. for Auth. filed with the SSNY on 03/05/20. Originally filed with Secretary of State of New Jersey on 04/18/2017. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 740 Poole Avenue, Hazlet, NJ 07730. Purpose: Any lawful purpose. D-245340

NOTICE OF LLC FORMATION
DoubleOhVii LLC. Arts. of Org. filed with the SSNY on 05/04/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Jagger Lane, West Hampton, NY 11977. Purpose: Any lawful purpose. D-245353

NOTICE OF LLC FORMATION
DUTCH DISINFECT LLC. Arts. of Org. filed with the SSNY on 04/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Thomas van de Veer-

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donk, 8 Lookout Pass, Putnam Valley, NY 10579. Purpose: Any lawful purpose. D-245179

NOTICE OF LLC FORMATION
EKA CONTRACTING LLC. Arts. of Org. filed with the SSNY on 05/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20-38 169th Street, White-stone, NY 11357. Purpose: Any lawful purpose. D-245545

NOTICE OF LLC FORMATION
EMPIRE LENDING SERVICES LLC. Arts. of Org. filed with the SSNY on 04/13/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3 Howard Street, Albany, NY 12207. Purpose: Any lawful purpose. D-244277

NOTICE OF LLC FORMATION
FAB JDU, LLC. Arts. of Org. filed with the SSNY on 04/17/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 100 Morton Street, Apartment 8DW, New York, NY 10014. Purpose: Any lawful purpose. D-244525

NOTICE OF LLC FORMATION
FARMERS MARKET HOME DELIVERY, LLC. Arts. of Org. filed with the SSNY on 03/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 14, Latham, NY 12110. Purpose: Any lawful purpose. D-244304

NOTICE OF LLC FORMATION
FF GUERREROS DELI & GROCERY LLC. Arts. of Org. filed with the SSNY on 05/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 440 Foster Avenue, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-245280

NOTICE OF LLC FORMATION
FITWAR HOLDINGS LLC. Arts. of Org. filed with the SSNY on 04/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 157 Columbus Avenue, Suite 408, New York, NY 10023. Purpose: Any lawful purpose. D-244260

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NOTICE OF LLC FORMATION
FJB SPORTS CARDS LLC. Arts. of Org. filed with the SSNY on 04/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 120 East 85th Street, New York, NY 10028. Purpose: Any lawful purpose. D-244934

NOTICE OF LLC FORMATION
GAIL 76 INVESTORS LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 51 Wooster Street, Floor 3, New York, NY 10013. Purpose: Any lawful purpose. D-244592

NOTICE OF LLC FORMATION
GIANNIS REALTY LLC. Arts. of Org. filed with the SSNY on 04/29/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1474 Union Street, Brooklyn, NY 11213. Purpose: Any lawful purpose. D-244394

NOTICE OF LLC FORMATION
GREATER THINGS ROASTERS, LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2433 US Route 9W, Ravena, NY 12143. Purpose: Any lawful purpose. D-245453

NOTICE OF LLC FORMATION
GUTTMAN REALTY FUND VIII LLC. Arts. of Org. filed with the SSNY on 03/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 22 Gatling Place, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-244278

NOTICE OF LLC FORMATION
HOWARD 25 INVESTORS LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 51 Wooster Street, Floor 3, New York, NY 10013. Purpose: Any lawful purpose. D-244593

NOTICE OF LLC FORMATION
HTOWN 65, LLC. Arts. of Org. filed with the SSNY on 03/19/20. Office: Albany County. SSNY designated as agent of the LLC upon

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whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Pavel Levter, 167 Baden Place, Staten Island, NY 10306. Purpose: Any lawful purpose. D-243702

NOTICE OF PLLC FORMATION
ISABEL JAY, LCSW, PLLC. Arts. of Org. filed with the SSNY on 04/22/20. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 119 Payson Avenue, New York, NY 10034. Purpose: For the practice of the profession of Licensed Clinical Social Work. D-245023

NOTICE OF LLC FORMATION
JBKC DESIGNS LLC. Arts. of Org. filed with the SSNY on 04/15/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1474 Union Street, Brooklyn, NY 11213. Purpose: Any lawful purpose. D-244394

NOTICE OF LLC FORMATION
JDRE GROUP LLC. Arts. of Org. filed with the SSNY on 04/15/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o The Law Office of Thalia Feilen, PLLC, 928 Broadway, Suite 1000, New York, NY 10010. Purpose: Any lawful purpose. D-244395

NOTICE OF LLC FORMATION
JIMMYS FASHION & STYLE LLC. Arts. of Org. filed with the SSNY on 04/13/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 22 Gatling Place, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-244278

NOTICE OF LLC FORMATION
JPM REAL ESTATE DEVELOPMENT LLC. Arts. of Org. filed with the SSNY on 05/05/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Heller Horowitz & Feit, P.C., 260 Madison Avenue, 17th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-244935

NOTICE OF LLC FORMATION
JRHP REALTY LLC. Arts. of Org. filed with the SSNY on 04/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-

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cess to the LLC, 7916 5th Avenue, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-244725

NOTICE OF LLC FORMATION
KAIA PARTNERS LLC. Arts. of Org. filed with the SSNY on 02/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 308 East 38th Street, Unit 12, New York, NY 10016. Purpose: Any lawful purpose. D-245279

NOTICE OF LLC FORMATION
LION HOUND FUNDING LLC. Arts. of Org. filed with the SSNY on 03/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 West 20th Street, Suite 1102, New York, NY 10011. Purpose: Any lawful purpose. D-243575

NOTICE OF LLC FORMATION
LMNT LLC. Arts. of Org. filed with the SSNY on 04/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o The Law Office of Thalia Feilen, PLLC, 928 Broadway, Suite 1000, New York, NY 10010. Purpose: Any lawful purpose. D-243936

NOTICE OF LLC FORMATION
MERCER 9 INVESTORS LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 51 Wooster Street, Floor 3, New York, NY 10013. Purpose: Any lawful purpose. D-244594

NOTICE OF LLC FORMATION
MR. FLOWER FANTASTIC, LLC. Arts. of Org. filed with the SSNY on 02/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Heller Horowitz & Feit, P.C., 260 Madison Avenue, 17th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-244935

NOTICE OF LLC FORMATION
NEON TILAPIA LLC. Arts. of Org. filed with the SSNY on 04/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 41-21 28th Street, Apartment 4F, Long Island City, NY 11101. Purpose: Any lawful purpose. D-244647

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NOTICE OF LLC FORMATION
NEWCO CAPITAL GROUP LLC. App. for Auth. filed with the SSNY on 04/28/20. Originally filed with Secretary of State of Delaware on 04/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 90 Broad Street, Suite 903, New York, NY 10004. Purpose: Any lawful purpose. D-245383

NOTICE OF LLC FORMATION
NYANSAPU IMPACT CAPITAL, LLC. Arts. of Org. filed with the SSNY on 03/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1400 5th Avenue, Suite 8C, New York, NY 10026. Purpose: Any lawful purpose. D-243622

NOTICE OF LLC FORMATION
PCV ONE, LLC. Arts. of Org. filed with the SSNY on 04/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 Avelord Boulevard, Troy, NY 12180. Purpose: Any lawful purpose. D-244736

NOTICE OF LLC FORMATION
PPE MEDICAL SUPPLY LLC. Arts. of Org. filed with the SSNY on 04/17/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 300 Suburban Avenue, Deer Park, NY 11729. Purpose: Any lawful purpose. D-244526

NOTICE OF LLC FORMATION
PrevAdmServices LLC. Arts. of Org. filed with the SSNY on 04/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 124 West 60th Street, Suite 39-N, New York, NY 10023. Purpose: Any lawful purpose. D-244007

NOTICE OF LLC FORMATION
R&D ROYALS LLC. Arts. of Org. filed with the SSNY on 04/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Robert Suyunov, 8133 165th Street, Jamaica, NY 11432. Purpose: Any lawful purpose. D-245034

NOTICE OF LLC FORMATION
REALITY PARTNERS DE LLC. App. for Auth. filed with the SSNY on 04/16/20. Originally filed with Secretary of State

To place your Legal Notice: Call 439-4949

■ ALBANY COUNTY

Gas prices remain unchanged

By **JIM FRANCO**
francoj@spotlightnews.com

ALBANY — Albany gas prices are unchanged in the past week, averaging \$2.09/g today, according to GasBuddy's daily survey of 546 stations.

Gas prices in Albany are 11.0 cents per gallon lower than a month ago and stand 72.4 cents per gallon lower than a year ago.

According to GasBuddy price reports, the cheapest station in Albany is priced at \$1.91/g today while the most expensive is \$2.39/g, a difference of 48.0 cents per gallon.

The lowest price in the state today is \$1.33/g while the highest is \$2.89/g, a difference of \$1.56/g.



The national average price of gasoline has risen 6.4 cents per gallon in the last week, averaging \$1.83/g today.

The national average is down 1.1 cents per gallon from a month ago and stands 102.8 cents per gallon lower than a year ago.

Historical gasoline

prices in Albany and the national average going back ten years:

- May 11, 2019: \$2.81/g (U.S. Average: \$2.86/g)
- May 11, 2018: \$2.88/g (U.S. Average: \$2.86/g)
- May 11, 2017: \$2.42/g (U.S. Average: \$2.34/g)
- May 11, 2016: \$2.28/g (U.S. Average: \$2.20/g)

- May 11, 2015: \$2.72/g (U.S. Average: \$2.66/g)
- May 11, 2014: \$3.80/g (U.S. Average: \$3.66/g)
- May 11, 2013: \$3.59/g (U.S. Average: \$3.57/g)
- May 11, 2012: \$3.92/g (U.S. Average: \$3.73/g)
- May 11, 2011: \$4.07/g (U.S. Average: \$3.97/g)
- May 11, 2010: \$2.99/g (U.S. Average: \$2.88/g)

"Gasoline demand continues rebound across the U.S. as more states re-open, with a week on week rise of nearly 5%, according to data from GasBuddy's free payments card. The boost in demand has led oil and gasoline prices to rally, and as long as states continue to loosen restrictions, it'll mean more motorists on the roads and filling their tank," said Patrick DeHaan, head of petroleum analysis for GasBuddy. "Most states

saw prices rise last week, but yet again Great Lakes states, which were the largest beneficiaries of ultra-low prices, saw the most pain as retail gasoline prices fall back into their normal territory against the national average.

For now, the continued recovery in gas prices will nearly completely depend on improvement in the coronavirus situation, as so long as refineries boost production again as demand continues to rise again."

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of Delaware on 04/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1713 Fifth Avenue, 2nd Floor, Bay Shore, NY 11706. Purpose: Any lawful purpose. D-244563

NOTICE OF LLC FORMATION
ROMBE LLC. Arts. of Org. filed with the SSNY on 04/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Roman Yakubov, 18432 Cambridge Road, Jamaica Estates, NY 11432. Purpose: Any lawful purpose. D-245036

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NOTICE OF LLC FORMATION
SLDR BURGER BAR LLC. Arts. of Org. filed with the SSNY on 05/07/20. Latest date to dissolve: 05/06/2120. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 33-19 Broadway, Apartment 4A, Astoria, NY 11106. Purpose: Any lawful purpose. D-245547

NOTICE OF LLC FORMATION
SWIFT RENTAL PROPERTIES, LLC. Arts. of Org. filed with the SSNY on 03/12/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

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LLC, 10 Swatling Road, Latham, NY 12110. Purpose: Any lawful purpose. D-243560

NOTICE OF LLC FORMATION
TAKE A HIKE DOG WALKING LLC. Arts. of Org. filed with the SSNY on 03/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 124 Bedford Road, Pleasantville, NY 10570. Purpose: Any lawful purpose. D-244462

NOTICE OF LLC FORMATION
THE HIP HOP ICE CREAM SHOP LLC. Arts. of Org. filed with the SSNY on 05/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 135

LEGALS

Fingerboard Avenue, Staten Island, NY 10305. Purpose: Any lawful purpose. D-245548

NOTICE OF LLC FORMATION
TRI-HILL STAFFING LLC. Arts. of Org. filed with the SSNY on 04/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 346 Park Avenue South, 3rd Floor, New York, NY 10010. Purpose: Any lawful purpose. D-244712

NOTICE OF LLC FORMATION
UNITED BROTHERS 20 LLC. Arts. of Org. filed with the SSNY on 04/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Abubakr Saidi, 2143

LEGALS

Tomlinson Avenue, Bronx, NY 10461. Purpose: Any lawful purpose. D-244163

NOTICE OF LLC FORMATION
UTSTEIN REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 04/06/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 495 West End Avenue, Apartment 6D, New York, NY 10024. Purpose: Any lawful purpose. D-244713

NOTICE OF LLC FORMATION
VERTA LLC. Arts. of Org. filed with the SSNY on 04/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 330 East 38th

LEGALS

Street, Suite 23P, New York, NY 10016. Purpose: Any lawful purpose. D-243831

NOTICE OF LLC FORMATION
VICTORY CARS EAST LLC. Arts. of Org. filed with the SSNY on 04/13/20. Latest date to dissolve: 12/31/2119. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1755 East Jericho Turnpike, Huntington, NY 11743. Purpose: Any lawful purpose. D-244279

NOTICE OF LLC FORMATION
WELLSPACE MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 04/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

LEGALS

process to the LLC, 882 Warren Street, Floor 1, Albany, NY 12208. Purpose: Any lawful purpose. D-244317

NOTICE OF LLC FORMATION
WONTANARA PRODUCTIONS LLC. Arts. of Org. filed with the SSNY on 04/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 108 E. 4th Street, Apartment 12, New York, NY 10003. Purpose: Any lawful purpose. D-244179

NOTICE OF LLC FORMATION
WOOSTER 39-41 INVESTORS LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

LEGALS

LLC, 51 Wooster Street, Floor 3, New York, NY 10013. Purpose: Any lawful purpose. D-244595

NOTICE OF LLC FORMATION
WOOSTER 76 INVESTORS LLC. Arts. of Org. filed with the SSNY on 04/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 51 Wooster Street, Floor 3, New York, NY 10013. Purpose: Any lawful purpose. D-244596

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May 13-19, 2020

Spotlight on Opinion

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FROM THE EDITOR'S DESK



The Spotlight welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. *The Spotlight* reserves the right to limit the number of letters published from a single author.

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Let's be tactful with hashtags

The art of self-promotion can differ in range from the subtle to the obvious. The question as to what degree one should practice in the act is sometimes learned through seminars and professional coaches. Suffice it to say, it's a task often learned and just as often fumbled in its use.

There is an obvious time and place for one to step up and be boastful. In terms of the office, this is everyone's playing field. It is where we all perform against our peers, against the clock, and against the ever-daunting opponent we find in our in-box. As we buckle down and pull ourselves up from our bootstraps, we take on the workday while adopting cliches that make us sound like we belong on a farm,

or the ballfield. We drill down, touch base, huddle in and bring it back home. And, just as the athletes we see on the playing field, most of us are conscious of our worth and must lobby to get it. This form of self-promotion is the demand for a raise. When you do it, speak to the boss. Do it privately. Do it with a tone of respect in your voice. That's how it's done.

When you don't land that raise or promotion, you're likely dusting off your resume. This piece of paper that summarizes all of your 9-to-5 accomplishments in a neat, brief and sometimes unimpressive one-paged document. It's where college graduates list all the positions they held — like Sergeant at

Arms, responsible for the facilitation of equipment and the handling of incoming revenue at social gatherings — within his fraternity. Or, there's the 40-year-old jumping into his third career. That grade point average in English seems, 'what's another word for *unnecessary*?' for a guy looking to jump into business administration. There's templates online and examples at your local library to help compose a good resume. But, there are also plenty of coaches who will guide you away from mentioning those *dispensable* days at Alpha Beta Gamma.

America Online launched 35 years ago this month. Most of us really didn't jump onto the social media platform until much

later, but the date puts into perspective just how many years the medium has been in our lives. There is, though so many of us ignore it, a decorum to follow. Where people often fail falls under tactfulness.

AOL was social media before *social media* was a coined phrase to describe what we do today on Facebook, Instagram and TikTok. Whittled down to its most common denominator, it's a place for us to casually forget the day. And, by now you've learned there are specific audiences found on each. Grandma is on Facebook. Mom and Dad are on Twitter. The boy is on Instagram and your daughter is on Snapchat. With that said, you're not posting your resume on Facebook. At the same time, that political

meme you pilfered off your friend's page is not appropriate on LinkedIn.

Politics are more polarizing than ever these days. There are movements across the country trying to pull communities back together amid financial hardships caused by virus-related shutdowns. We live in a time where frustration levels were already high before quarantine. Context within any conversation is vital. But, that conversation is not always available on social media channels that allow for just pictures and hashtags. Subtle or obvious, think about your audience before promoting yourself.

When this town comes together devoid of political agendas, focus on the name before you and not the party that backs you.

LETTER TO THE EDITOR

PETA calls on Cuomo to help New York farmers

Dear Editor,
Gov. Andrew Cuomo is admirably searching for ways to help New Yorkers weather the COVID-19 storm. But his "Nourish New York" plan would be better served buying farmers' unsold produce than cow's milk.

No one needs cow's milk—except baby cows.

Just like humans, cows only produce milk when they are pregnant or feeding a newborn. Farms keep them in a constant cycle of pregnancy and birth, taking their precious babies away so that humans can steal the milk.

Humans are the only species that drinks the milk of another animal. It's

bizarre. And unhealthy.

Cow's milk is perfectly suited to the needs of calves, who gain several hundred pounds in months. High calorie foods aren't what most humans need.

And the calcium argument? Debunked. The protein in cow's milk produces acids while being

broken down that our bodies buffer with calcium that's leached from our bones. It takes all of the calcium in milk plus some from our own stores to make it happen. Green leafy vegetables, soy, nuts, and fortified juices and cereals contain calcium our bodies can retain.

PETA is calling on

Governor Cuomo to help farmers transition to making the healthy plant-based milk that New Yorkers actually want to buy.

Sincerely,
Michelle Kretzer
The PETA Foundation
Norfolk, VA

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BETHLEHEM BUSINESSES ARE OPEN & NEED SUPPORT

Small businesses need your support more now than ever. We are sharing information that we have at this time regarding Member shops, services & restaurants. Please support them and all our local businesses during these difficult and uncertain times. Last updated 5/10/20.

Together we can get through this.



SHOPS + SERVICES

AAA Hudson Valley: closed to the public in our locations, but operating Emergency Roadside Assistance and processing new and renewal memberships

A New England Nanny: still servicing our clients for housekeeping and childcare

A Phillips Hardware: offering delivery for those in need (min. order \$25), email or call to order (Altamont 518.861.5364, altamont@shopphillips.com; Delmar 518.439.9943, delmar@shopphillips.com; Voorheesville 518.765.2377, voorheesville@shopphillips.com); normal delivery fee waived w/in 3 miles of stores, over 3 miles reduced rate of \$15

Best Cleaners: Delmar shop open M-F 8am-2pm (Glenmont & Slingerlands currently closed), home delivery service running; sign up for delivery via website

Bethlehem Area YMCA: providing critically needed childcare to all essential workers, providing food for children in need, and connecting with seniors, families and children through virtual classes and social media messages

Bethlehem Food Pantry: open with changes: taking appts. for regular pantry hours. Call to make appt., we will ask what essentials you need & what you do not want. Bags will be packed for you & food will be delivered at side door at the time of your appt. All calls are to be made to 518.439.4955 x 1173. We will try to get you food for three (3) days.

Crossfit Spur: loaning equipment to members, emailing/posting workouts and demo videos, started a quarantine fitness contest, and our yoga instructor (Barefoot Space) will be doing livestream class Sundays at 10am

Delmar Beverage: open as of March 18th, call ahead for curbside pick-up (518.439.7275)

Delmar Marketplace: open from 7am-8pm for grocery and 7am-3pm for deli; taking phone orders for curbside pick-up and delivery, call 518.439.3936

Delmar Wine & Liquor: open 12pm – 9pm

Deluxe Nail & Spa + DL Nail Bar: gift certs available, visit www.dlnailbar.com/Home/egiftLink

Dorsey Sign Company: open and offering parking lot pick-up for signage, contact Heather via phone or at info@dorseysignco.com

Free Movement Pilates: online classes via Zoom; join our studio and purchase a gift certificate (for every \$50 purchased, you will receive an additional \$5 to use yourself or to donate back – donations will go to fund for front line families impacted by the pandemic; gift cert offer valid through 4/30/20)

Four Corners Pharmacy: offering home delivery and drive-thru pick-up, call 518.439.8200

Gally's: open, call 518.432.3333

Gochee's Garage: open normal hours, Monday to Friday from 7:30am - 5:30pm

Hanna Commercial Real Estate - Jessica Richer: The Richer Team is available 24/7 via email at JessicaRicher@HannaCRE.com or via cell at 518.364.7406

I Love Books: fulfilling orders via email and curbside pick-up, browse photos via their FB and email anovelady@aol.com

Herzog & Primomo DDS - Dental Wellness of Albany: available for dental emergency appts & phone consultations for existing & new patients in this time of need, call 518.427.2447

Integrative Studio: offering online vocal life, mindful movement, self-care development, and communication skills consulting (especially for how to communicate on camera); email melissa@melissahurt.com

Joyelles Jewelers: gift certificates available, email joyellesjewelers@gmail.com to order & include phone number so they can call you; gift certs will be mailed or can be delivered

LGC Nutrition: we are virtual - visit our website to schedule an insurance covered appt.

McSharry and Associates Realty: available for virtual home showings and telephone or online appointments; info@mcsharryandassociates.com

Merriman & Pfister's Marketplace: order online for delivery, visit merrimanpfister.com

Metabolic Meltdown: members can access Metabolic Online Facebook Group, which offers 5 unique workouts per week (join by clicking link in bio)

Resolute Tattoo: e-gift cards available, visit Facebook for link to order

Rocklein Physical Therapy: open & providing Physical Therapy services in clinic for those in need (only seeing 1 patient in clinic at a time, disinfecting all surfaces between patients; can also provide telehealth visits), call us or email info@rockleinphysicaltherapy.com

Robinson's Ace Hardware: home delivery and curbside pickup available, call 518.475.9483 for Slingerlands store or 518.456.7383 for Guilderland store

School's Out: Enrichment Center open to essential worker families, visit www.schoolsoutinc.org/about1-c1z94 for details and to register

Sawyer's Screen Printing & Embroidery: open and can process no-contact orders (order via phone or email with curbside pick-up); rob@sawyershirt.com

Steiner's Sports Ski & Bike: open and offering no contact appointments via curbside or delivery, call 518.427.2406

TACS Auto Body & Service: open but with limited hours 8am-4pm M-F, closed Saturdays; 518-462-3977 or email tacsautobodyservice@gmail.com

Tangora Technologies: offering services and products such as indoor air quality, humidifiers, dehumidifiers, heating and air conditioning installations and maintenance, hot water heaters, whole home generators, or any other technology related needs

The Cheese Traveler: open normal hours as of March 18th

The Wine Reserve: open as of March 18th

Uncrushable Nutrition: providing touch-free ordering – call 518.469.5411 to order

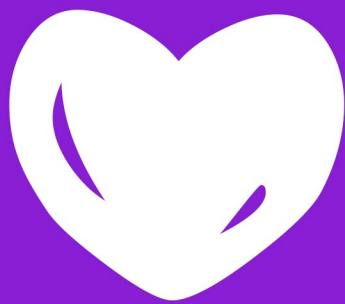
Upstate Wine & Spirits: curbside pick-up and delivery (\$25 minimum delivery order, Town of Bethlehem only at this time), call 518.439.4361

Wildbird Junction Backyard Nature Shoppe: offering curbside pick-up, call 518.478.9453

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Bake for You* 5000 Dunhill Crt 518.207.5430	Los Panchos Mexican Grill & Bar** 180 Delaware Ave 518.729.4757	O'Slattery's Irish Restaurant & Pub* 318 Delaware Ave 518.439.5634	The Real McCoy Beer Co.* 20 Hallwood Rd 518.698.9082	Twisted Vine Wine & Tap** 384 Kenwood Ave 518.439.3241
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Chontong Thai Restaurant** 155 Delaware Ave 518.915.1907	My Place & Co.** 241 Delaware Ave 518.439.7610	Sam's Italian American Restaurant* 125 Southern Blvd 518.463.3433	Taj Fine Indian Cuisine** 1365 New Scotland Rd 518.977.3050	*Take-Out Only **Take-Out + Delivery

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Tulips gone viral

Albany's tulips peaked last week for a virtual Tulip Festival.

Page B15

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INSIDE



Bankrupt?

Iconic department store is seeing red amid pandemic.

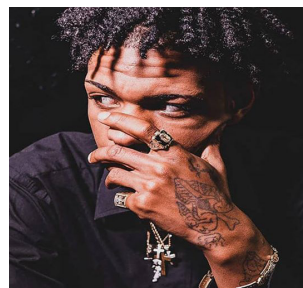
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After midnight

ASO's David Alan Miller keeps in touch with patrons online.

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New music

Stars of the local scene recently dropped new work.

Page B11



Provided photo

On her own path

Ria Carval is far from home and on her way to a rich music career

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

Listening to Maria Carvajal speak of her home in Colombia sounds like heaven.

From her bedroom at her parent's house in the city-state of Cali, the 19-year-old shares all of the things she misses from home while she pursues her music career studying at the College of Saint Rose. The juices that are really juice. The fruits that you can't find in the United States. And, the warmth.

"Here, we don't have seasons," Carvajal said. "In Colombia, it's always summer."

Continues on page B6



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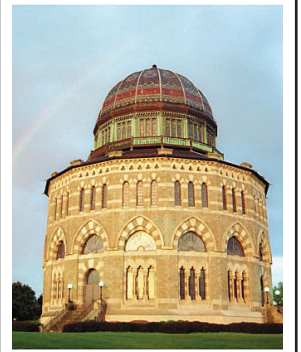
When your destination isn't clear, it's time for quiet reflection.

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▶ **quote of the week**

"It's a little bit intimidating, I'm not going to lie. I was the singer of the school, and then I go into a college full of singers. But, I knew it was going to be something like that. I'm just trying to focus on my journey — try not to get envious of anyone. Everyone has their own path."




— Ria Carval,
musician-producer



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NEWS

JCPenney rumored to file bankruptcy

Department store missed interest payment on \$4B debt

By **MICHAEL HALLISEY**

halliseym@spotlightnews.com

PLANO, Texas — J. C. Penney Company, Inc. is preparing for bankruptcy with plans of closing 200 of its stores nationwide, according to a news story from Reuters last week.

The retail store has struggled over the years, competing against a paradigm shift in consumer behavior that has favored online shopping and big-box discount stores. Though the 118-year-old company reported more than \$10 billion in net sales last year, it is also marred by billions of dollars in debt.

Reuters' report comes within days after the company's announcement that it had "reaffirmed" its 16-year partnership with Sephora USA, Inc. The partnership, which was first established in 2006, has established a boutique within a storefront for the cosmetic company.

However, the partnership was soiled by virus-related shutdowns in recent months. Sephora sought to end the agreement after JCPenney furloughed employees, a move the cosmetic chain claimed was a breach in contract. Though Sephora's stand-alone



J. C. Penney Company, Inc.

stores were closed, those employees were not furloughed. JCPenney said its decision allowed workers to collect unemployment insurance until stores reopened.

The two companies settled out of court last week without disclosing terms.

The Labor Department reported last week that unemployment claims have reached 33.5 million since shutdowns were first issued seven weeks ago. The shutdowns have caused financial burdens across the board. Businesses have been severed from revenue streams. State and local governments have also been unable to collect taxes off of retail sales and hospitality services. In New York, counties

outside of New York City are in line to lose approximately \$2 billion. Gov. Andrew Cuomo said two weeks ago that New York state is prepared to suffer a windfall of \$15 billion.

The loss of customers walking through storefronts and shopping malls have accelerated the decline for many brick and mortar companies.

At the close of the 20th century, Sears, Macy's and JCPenney were three of the largest retailers in the country. Sears closed after failing to adapt to online retailing. JCPenney suffers under the weight of \$4 billion in debt, towards which it failed to pay interest last month.

Macy's had maintained the country's mantle of largest department-store chain but was forced to furlough the majority of its 130,000 employees amid virus-related shutdowns to its 550 stores.

Nonetheless, Macy's has struggled. In February, it announced it would close more than 100 underperforming stores. Last week, the publicly-owned company reported it would delay its quarterly reporting to shareholders. And, last month, the 161-year-old company was dropped from Standard & Poor's 500 index after shares of its stock lost nearly 70 percent of its value in the past year.

JCPenney had unveiled a reimagined

brand of its store, including a revised shopping experience for one of its stores outside of Dallas. The new storefront included fitness classes, a barbershop and a "selfie" studio to enhance its customers' shopping experience. The chain's chief executive officer had said the concept was the result of more than a year of consumer research.

"Our customers are at the heart of everything we do," Jill Soltau said last November. "They told us that they want a retailer that reflects their lives, makes them feel good about themselves, is fun to shop and truly understands the important moments in their lives, big and small. We bring that complete experience to life at our brand-defining store."

Soltau continued, "this store is more than a renovated location, it is the fullest articulation of our customer-centered strategy, an investment in our future and a lab to inform decisions to return JCPenney to sustainable, profitable growth."

According to JCPenney's website, the retail chain operates approximately 850 locations across the United States including storefronts at Crossgates Mall and Clifton Park Center. The chain's first location was founded in 1902 by James Cash Penney, who named his Kemmerer, Wyoming store The Golden Rule.

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HOME TIPS

Keep your distance, go to the fridge

Clever ways to use leftovers

The spread of COVID-19 has upended many people's lives. As with other virulent health crises, the practice of social distancing has been recommended to flatten the curve of the COVID-19 outbreak. One way to socially distance oneself is to avoid unnecessary trips to places where the public may congregate, such as grocery stores.

Some people visit supermarkets and other food stores every day, especially if they don't meal plan or shop for the week. According to the Time Use Institute, the average shopping trip takes 41 minutes and people go food shopping an average of 1.5 times per week. Any additional time spent at the grocery store increase the likelihood of contact with others, potentially

Being more mindful of food waste and putting leftovers and ingredients to use in new ways can help stretch food further and reduce the need to make frequent trips to the grocery store. Consider these ideas to make use of leftovers.

increasing shoppers' risk of contracting coronavirus as well. Therefore, people taking steps to stay at home may have to rethink the way they purchase and use food.

Being more mindful of food waste and putting leftovers and ingredients to use in new ways can help stretch food further



and reduce the need to make frequent trips to the grocery store. Consider these ideas to make use of leftovers.

- Save those vegetables. It's easy to scrape a half-portion of uneaten vegetables into the trash thinking it can't be used. Instead, combine

it with other vegetables accumulated throughout the week. Many play well together and can be mixed into casseroles, omelets, soups, and stir-fry recipes.

- Create new meals. Using leftovers does not mean eating the same exact meal a second time. Ingredients can be utilized

in new ways. For example, a roast chicken can be broken down and the meat can be used for fajitas on another night. Leftover tomato sauce and meatballs from a Sunday dinner can be turned into an impromptu chili with the addition of beans and peppers.

- Think beyond dinner.

Leftovers can be collected at any time of day and used later on. Cold cuts can be chopped and used to make a stromboli with some refrigerated pizza dough. Save Belgian waffles from breakfast and top with breaded chicken fingers for a delicious chicken-and-waffles meal for lunch or dinner. Leftover roasted potatoes and scraps of ham can be used in a breakfast hash.

- Stuck on starches. Turn extra rice from dinner into arancini (rice balls) for a snack on another day. A leftover sweet potato or two can be mixed with butternut squash to make a sweet and healthy mashed side dish. Mashed potatoes can be transformed into potato croquettes or potato pancakes.

Finding new ways to use leftovers means minimal waste and fewer trips to the supermarket.

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POSTPONED - TBD



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June 18 at 7pm | \$20



Moondance: The Ultimate Van Morrison Tribute Concert
POSTPONED to SEPT 10 at 8 pm | \$20



Yesterday Once More - A Tribute to The Carpenters
POSTPONED to OCT 29 at 7 pm | \$20 advance, \$25 day of show, \$15 seniors

From page B1 ...

Ria Carval

Cali is a different world than the one she sees from school on Madison Avenue. Albany is small in comparison. With 2.2 million residents, it's comparable in both population and density to Houston. Nestled in a river valley at the foot of the Farallones de Cali mountains, the city teems with a nightlife that pulsates to a salsa beat. It's the cultural capital of a country that is fanatic over sports and music.

Despite its size, Cali has limited resources for someone like Carvajal to pursue a music career. There is one college, but she said the curriculum is designed for future teachers. And, after schooling, the path to a successful music career leads to either reggaeton or spinning records.

Carvajal was 4 when she attended her first music academy. She followed those lessons into one-on-one training in vocals, piano and guitar. By the time she was 14, she drifted away from the piano but kept the guitar, and that's when she learned about the Berklee College of Music.

Within a few summers,

she was already sprinting towards a life that would lead her out of Cali, to the United States, and a performing career under the name Ria Carval.

Ria Carval

Carval twice enrolled in a one-week music camp Berklee had hosted in her home country. She applied for and earned college credit her second time in the program. The credit was earned through an audition process that distinguished her as one of 20 out of a field of 200 attendees. From the camp, she met and befriended Oscar Stagnaro, a six-time Grammy-Award winning bassist and educator at Berklee.

Carval later auditioned to attend a music program at one of several colleges. She immediately wanted to enroll within a program that would expose her to multiple facets of the music industry. She was accepted by three schools. One did not accept her into its music program, whittling down her choice between two schools. The College of Saint Rose offered her the most scholarship money.



Ria Carval, who describes herself as an impatient person, is already taking charge of her music career, though she's only just completed her second year at The College of Saint Rose.

Provided photo

For Carval's middle-class family, the scholarship was most important. As with most families, financial aid plays a factor. For a family in Colombia, where the peso to dollar exchange stands at 3,920.50 to every dollar, it's vital.

The College of Saint Rose is listed among the top music schools in the country. From there, students can learn all aspects of the industry, from marketing and copyright law to music theory and production. The William Randolph Hearst Center for Communications and Interactive Media is on the same plane, if not better, than the dozen or so professional studios throughout the Capital District. Some of the names shared within The Spot 518 include alumnus from the school, or students yet to graduate; see also, American Idol's Julia Gargano. Dipping into that talent pool was "intimidating," she said. But, it's allowed her to learn more outside the classroom.

"It's a little bit intimidating, I'm not going to lie," Carval said. "I was the singer of the school, and then I go into a college full of singers. But, I knew it was going to be something like that. I'm just trying to focus on my journey — try not to get envious of

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CLUES ACROSS

- Seed part
- Productive
- Popular cocktail
- Sausages
- Western state
- Natural desires
- Defunct British automaker
- Early media tycoon
- Move from one place to another
- Letter of Semitic abjads
- Female birds
- Umbrella brand
- Delinquent
- Tax collector
- Cooking tool
- Female sibling
- Flat-topped hat
- Angolan currency
- Boardwalk candy
- European nation
- Leaflike part of palm
- Removed with solvent
- Uttered words
- Unfashionable person
- Disappointed
- Controversial device in soccer
- 007's creator
- Pain
- UCLA mascot
- Razorbill
- Turkic people
- Mimic
- Crime involving fire
- And, Latin
- A saponaceous quality
- Dorm employee
- Estate lands
- States
- They slow you down
- Gets up

CLUES DOWN

- One or the other
- Doc
- Songs have them
- Record of payment (abbr.)
- Speak endlessly
- American state
- Digressions
- Tell on
- Brews
- Belongs to the bottom layer
- American cigarette brand
- Legal voting age in US
- Dish
- Expelled air from the nose
- Body art
- Fierce, destructive act
- Bear bright yellow flowers
- Japanese delicacy
- Get off your feet
- Male organs in some invertebrates
- ___, so good
- Cleverness
- Protest yacht
- Anesthetized
- Mollified
- Touch lightly
- Diego, Francisco, Anselmo
- Some windows have them
- National capital
- Squirrels like them
- Grandmothers
- Painter's tool
- News organization
- ___ and thesis: musical term
- Famed activist Parks
- ___ Spumante (Italian wine)
- A number or amount not specified
- Body part
- Of I
- Old English

Answers on Pg. B12

anyone. Everyone has their own path.”

Her path

Neither of Carval's parents are musicians. They know little about the life of a musician, and less about what it's like to step outside of Colombia. So, when Carval said she wanted to study music in America, they were concerned for their only child. She said they told her to, “study

Carval is a self-proclaimed perfectionist. She plans. She plots. She also describes herself as impatient, because she can envision a task or a project, and she wants to see the results. Now. It shows in her work. St. Rose students finished their course work last week. It was the end of Carval's sophomore year, yet she's already striking out towards her career.

The teenager draws inspiration from



something else, and just do [music] on the side.”

Carval said she did think about it. She couldn't think of anything else to pursue.

“I love making music,” she said. “I want to touch people with my music, and help them feel and heal from things. It's easy to make a party song. I want people to be able to learn from their experiences and my music is basically that.”

her life experiences. Her first single, “Meant to be,” was released last year. It's the first of many “seasons” she has set out to release. “It's the beginning of life when everything is pretty. ... Everything is pink and colorful. So, I started there. I want to slowly build it up to the end of it being acceptance and growth.”

Last month, Carval followed with her second single, “Reflections,” a song about

two lovers who fail to overcome their faults and insecurities. Ultimately, she said she wants to introduce The Bible's Seven Deadly Sins — “the dark side of love.”

“I am religious. I am Catholic. I have big values on that,” Carval said, “but I don't want my music to be strictly on religion. ... I think religion is a way to see things, but there are a lot of ways to see things. My inspiration for “Reflections” and writing my songs is my own experiences. Not to take any religion out of it, it's really about what I'm feeling in the moment.”

In the moment

Carval returned home to Cali nearly two months ago. For the same reason she returned home early, she was sequestered into her room for two weeks. The irony of being home, yet separated from her parents, who she would often speak to for hours on end while she was away, was not lost on anyone. “When I got here, I had to do a two-week quarantine from my parents,” she said. “Like, I couldn't even see them. I would just be in my room for the time. ... It was sad.” But, by the end of those two weeks, once she was able to walk freely around the house, her family held a celebration. She had her juices. She had her fruit. And, Carval said, “my dad made paella. ... He's awesome at making that.”

Though Carval is walking a different path from her parents, the grateful daughter said they never forced her into something else. “My parents are very supportive — now,” she said. “They were always supportive of my artistic side.

They just did not expect me to want that as my career.” They've accepted her path, and now work their “asses” off to pay off her tuition. Carval's path should lead to a performance career that allows people to feel and heal from their experiences. Even the bad experiences, she said, should lead to something learned.

“I would say I've learned a lot about being patient,” said Carval. “I'm the type of person who, when I do something, I want to see results right now. ... You have to learn to be humble and be patient. I feel like I am humble, I'm just not a patient person.”

Gargano Top 7 on American Idol

HOLLYWOOD — Classes are over, but the College of Saint Rose is still abuzz over its own Julia Gargano advancing to American Idol's Top 7 on Sunday, May 11.

The Staten Island native just finished her junior year in the school's prestigious music program, but the television audience has quickly learned to know her by a nickname Katy Perry gave her, “Gar-gorgeous.”

Sunday's broadcast of American Idol was the show's Disney theme. Gargano learned of her placement just prior to singing “Beauty and the Beast.”

Perry has seemed enamored by Gargano since she walked up and hugged the young artist after auditions.

— Michael Hallisey

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ARTS

A cathartic act to wield and observe

ASO's David Alan Miller uses Facebook to speak with patrons, 'pandemicked' out as season draws to a close without shows

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — David Alan Miller awoke in the middle of the night, and for the second time in as many nights, was inspired to write poetry.

"Last night, I was up at 2:30, writing my second poem," the Albany Symphony's music director said, "which I hope to share with no one."

An eerie pall has been draped over the Palace Theatre. Though the gem of Albany's Clinton Square continues to shine with its lit marquee, the music hall has fallen silent. This week will mark two months since virus-related shutdowns closed the storied theatre, along with every stage in the Empire State.

There are several perspectives in which to judge the novel coronavirus' impact on life, the most prudent would be from the lives that it has taken. As of Sunday, May 10, the virus has infected more than 4 million people around the world, according



Miller speaks from his Slingerlands home on a recent Facebook Live meeting. Albany Symphony

to John Hopkins University & Medicine. More than 281,000 people have died, including 79,000 in the United States.

From another perspective, one that observes how the virus has affected the living, it's turned the arts upside down. A world defined casually by "a dinner and a show" is neither serving nor performing. For the Albany Symphony, that has erased the tail-end of its 2019-20 season.

The virus first robbed patrons from hearing the world premiere of a composition from Pulitzer Prize-finalist Christopher Cerrone. That was to be at

"I'm beginning to think we need to come back even before we're allowed to come back in a fully, live way, and to find ways to do what we do in virtual spaces like this one."

— David Alan Miller,
Albany Symphony
Music Director

Troy Savings Bank Music Hall; the first weekend theatres closed their doors. This past weekend would have celebrated George Gershwin. It would have featured Kevin Cole, an award-winning pianist who has devoted much of his life to America's iconic composer. Who could ask for anything more? With Gov. Andrew Cuomo's announcement last week that the state is extending shutdowns into June, that means the annual American Music Festival for May 30 is off, too.

With venues closed, some artists are taking the show to fans. They each play toward an inanimate camera lens to audiences on the other end of an internet connection. To a different extent, Miller is getting in front of the webcam to answer questions from patrons. The 40 or so who attend the weekly FaceTime meeting doesn't compare to the nearly 3,000 people who often sit behind the conductor to take in a show at the Palace. But, it's a connection people still seek. He revealed his "strange problem" towards writing midnight poetry in such a meeting last week.

"Just the idea that I keep waking up, and not feeling compelled to write poems, but that these poems just arrive in my head," Miller said. His two poems now outnumber his attempts at a magnum opus by two. "It feels a little bit how I imagine

HOROSCOPES

May 2020
Week 2

ARIES – MAR 21/APR 20

You'll have a lot of energy and inspiration this week, Aries. Feel free to do anything you put your mind to, especially some recreational activities.

TAURUS – APR 21/MAY 21

Taurus, you may be feeling especially affectionate this week. With an open heart, you could be ready to delve into a new layer of your relationship or find a new romance.

GEMINI – MAY 22/JUN 21

People may be wise to give you a wide berth for the time being, Gemini. Your dander is up, and it may be a good time to look for ways to reduce stress.

CANCER – JUN 22/JUL 22

Cancer, it is very possible that you will meet someone new this week who has the potential to become a lifelong friend. Be observant of every new face and name in your circle.

LEO – JUL 23/AUG 23

A volatile situation could reach its breaking point soon enough, Leo. Arguments that have slowly been brewing will culminate. Fortunately, things will quiet down afterward.

VIRGO – AUG 24/SEPT 22

Virgo, even though you are tempted to go in many different directions over the next few days, you'll need to pick a course and stick with it if you are to get anything done.

LIBRA – SEPT 23/OCT 23

Libra, this week you may find yourself taking center stage at a family gathering or with a group of friends. Use this opportunity to make your voice heard.

SCORPIO – OCT 24/NOV 22

Be careful that your actions are not taken the wrong way, Scorpio. Do not take on traits that you would otherwise disagree with. Lighten up and be joyful this week.

SAGITTARIUS – NOV 23/DEC 21

Sagittarius, take a breather whenever you can because there is a whirlwind of activity soon to come your way. Enjoy any breaks that come your way in the days ahead.

CAPRICORN – DEC 22/JAN 20

Your willpower may be weak lately, Capricorn, and you may be eating or doing things that you'll regret later on. Ask a friend to guide you away from temptations.

AQUARIUS – JAN 21/FEB 18

Aquarius, someone may offer you a promotion or another more influential position. Do not let this go to your head, but enjoy the success that has come your way.

PISCES – FEB 19/MAR 20

Pisces, if you have noticed you are running into obstacles in your quest to meet your goals, you may want to step back and consider a new path.



Miller in front of the Albany Symphony as it performs at Jennings Landing.

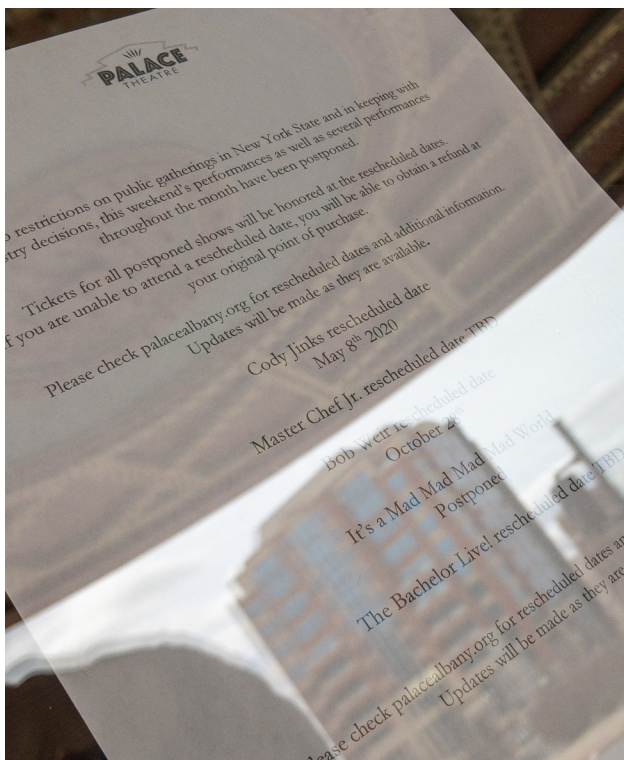
Albany Symphony

published for the world to see before she yielded in 1960. Creative minds see the work for what it represents: art is a cathartic expression to both wield and observe.

Today, we live in a history book. The current pandemic, and how the world has reacted, is congruent with how it dealt with the Spanish Flu of 1918. Despite Miller's love for history, he said he's stayed away from reading that topic. "I'm pandemicked out," he said.

"We're all finding ways, we in the music community, to try to deal with this very new world in which we're living," Miller said. The music director said members of the orchestra continue to "remain strong" as they plot towards the time they can perform in the open.

"I'm beginning to think we need to come back even before we're allowed to come back in a fully, live way, and to find ways to do what we do in virtual spaces like this one."



An letter posted on the front door of the Palace Theatre on Saturday, March 14 announces postponed shows.

Michael Hallisey / The Spot 518

the most creative composers feel. That is that they don't have to sit there and work... but, that they feel a compulsion to create an art that's almost commanded of them by a force outside their own selves."

Miller's love of history reveals itself with each season. Last year, the orchestra celebrated both the 100th anniversary of women's suffrage and the 50th anniversary of the gay rights movement, the later signified by the Stonewall riots of 1969. The maestro has recently delved into the life of author Mark Twain.

Twain, whose real name was Samuel Clemens, lived his life bookended by the coming and going of Haley's Comet. He was born within two weeks of the comet in 1835. He died within a week of its return in 1910. In between, the celebrated author documented the American way of life in the 19th century in such a way the New York Times called him the country's "greatest humorist" in his obituary. Since then, however, a changing world confused his work. Libraries banned "Huckleberry Finn" because of his use of racial slurs, despite such words being the unfortunate colloquialisms of the time and place of his story.

Twain's "Letters from the Earth," published decades after his death, revealed more of the man as he later battled depression fueled by the loss of his daughter, wife and close friend. He never intended to have the work published as it strongly conflicted against Christianity, God and the concept of Heaven. His surviving daughter, Clara, balked at seeing her father's blasphemous words

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Answers on Pg. B12

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Promise the Unbreakable

Eddie Award-nominee Promise the Unbreakable just recently dropped his latest album, "The Bigger Person."

The Schenectady native is a self-made man in the local scene. In his time, he's dropped a dozen mixtapes and just as many music videos. The hip hop artist is on a self-appointed mission to move and light a Schenectady that lost its way. "The Bigger Person," is a 10-track follow up to his 2019 EP "It's No Such Things As Little Lies."

Promise tries to spread a message of positivity and awareness with each track. He tells stories from the neighborhood with words heavily laden with near despair, but underneath the message continues to preach the fight to persevere.

You can find Promise the Unbreakable's "The Bigger Person" across all platforms, including Apple Music.

Mik3Y The Rapper (feat. Katie Louise)

Mik3Y The Rapper recently dropped a collaboration with local pop artist Katie Louise with his latest video release "Socially Awkward."

Mik3Y The Rapper is a native of Monroe in upstate New York. He's spent



PROMISE THE UNBREAKABLE

the best part of the decade rapping and opening for regional acts. He's recently beefed up his online presence, chasing clout on his YouTube channel with sharp videos and tight collaborations.

*They see me around town,
and they're so proud of me.
But, they can't buy a ticket,
or let alone follow me.*

His latest collaboration involves our own local pop artist, Katie Louise. Produced by 47 Shots, the video was filmed at an abandoned mental facility downstate. It sets the scene for a track that should hit a chord for every local artist struggling to climb the ladder.



GIRL BLUE

Check out the video from our New Music Friday page on TheSpot518.com. You can also access more of his work from his YouTube channel.

Girl Blue

The independent artist has remained busy throughout virus-related shutdowns. Her newest EP "For You, My Love" is a follow up to her 2019 release "Home Movies." Last year's live release showcased Girl Blue at her best, on stage and in front of a crowd. This latest five-track EP was a bit of a surprise. Though she doesn't have the opportunity to play before a live audience, she did have two live streams scheduled last weekend from Saratoga's

Caffe Lena.

For information, visit girlbluemusic.com.

Architrave

Architrave is a new wave duo involving Ballston Spa residents Jennifer Maher Coleman and Paul Coleman.

The duo recently dropped its latest album "This Perfect Day." This nine-track album is full of psychedelic synth vibes from Paul at the keys. Jennifer's words at the mic are equally as trippy.

*You're in for a shock
'cause everything's gone
There's only that feeling
you get from a song
There's a hint of a mood
and a canceled perfume
But none of the life
that once filled the room*

— Can't Go Home

This is my introduction to Architrave's work, and from the tracks featured on Bandcamp, it's a sharp production. The sound is reminiscent of the '80s new wave scene driven by Depeche Mode, who is listed among their influences.

"The Perfect Day" is available for purchase on Bandcamp.

— Michael Hallisey

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Fried dough is enjoyed in various forms around the world. While doughnuts are widely enjoyed, fried dough creations in North America, the French fried dough, known as beignets, are just as beloved.

Beignets can be made from various dough bases, including bread-flour batters and the common cream puff pastry known as *pâte à choux*. *Pâte à choux* is the vehicle in this recipe for a sweet and decadent rum-flavored fritter called "Beignets Soufflés au Bananes" (Rum-Flavored Banana Fritters), courtesy of "French Classics Made Easy" (Workman Publishing) by Richard Grausman. Diced banana and apricot are enhanced by rum, which adds a Caribbean touch to this delicious dessert.

Beignets Soufflés au Bananes

Ingredients: Serves 6

- 1 cup apricot jam
- 3 tablespoons dark rum
- 2 tablespoons water
- 1 banana, diced
- 1 teaspoon granulated sugar
- 1/2 recipe Sweet Cream-Puff Pastry (see below)
- 2 to 2 1/2 quarts vegetable oil, for deep frying
- Confectioners' sugar for dusting

Instructions

1. In a small saucepan, bring the apricot jam, 2 tablespoons of the rum, and the water to a boil over medium-high heat. Strain and keep warm.
2. Place the banana in a bowl, sprinkle with the granulated sugar and the remaining rum, and set aside while you make the cream-puff pastry.
3. In a deep fryer, heat the oil to 365 F.
4. Gently stir the banana-rum mixture into the cream-puff pastry. Drop the batter by tablespoonfuls into the hot

oil. The fritters will puff and turn themselves over several times. They are done when they have turned a deep brown color and stopped turning over, about 5 minutes.

5. Drain the fritters on paper towels. Place them on a plate or in individual serving bowls. Sprinkle with confectioners' sugar and serve with the hot apricot sauce.

Sweet Cream-Puff Pastry

Ingredients: Makes 20-25

- 1/2 cup water
- 4 tablespoons unsalted butter
- 2 tablespoons sugar
- 1/4 teaspoon pure vanilla extract
- 1/2 cup all-purpose flour
- 2 large eggs

1. In a medium-size saucepan, bring the water, butter, sugar, and vanilla to a boil over medium-high heat, stirring occasionally. Remove from the heat.

2. Sift the flour into the liquid and stir with a wooden spoon. The pastry should resemble mashed potatoes at this point. Return to the heat and continue stirring for about 20 seconds. The pastry will dry slightly, forming a smooth mass when shaken in the pan. Remove it from the heat.

3. Add the eggs, one at a time, stirring well after each addition. The pastry should cling to the sides of the pan and to the wooden spatula once all the eggs have been added. Lift your spatula and check the pastry. It should hang down 2 to 3 inches from the spatula. If the pastry clings to the spatula but does not hang, it is still a little stiff and requires a bit more egg. If the pastry runs down the spatula, you have added too much egg and should start again.

4. At this point the pastry is ready to be formed.

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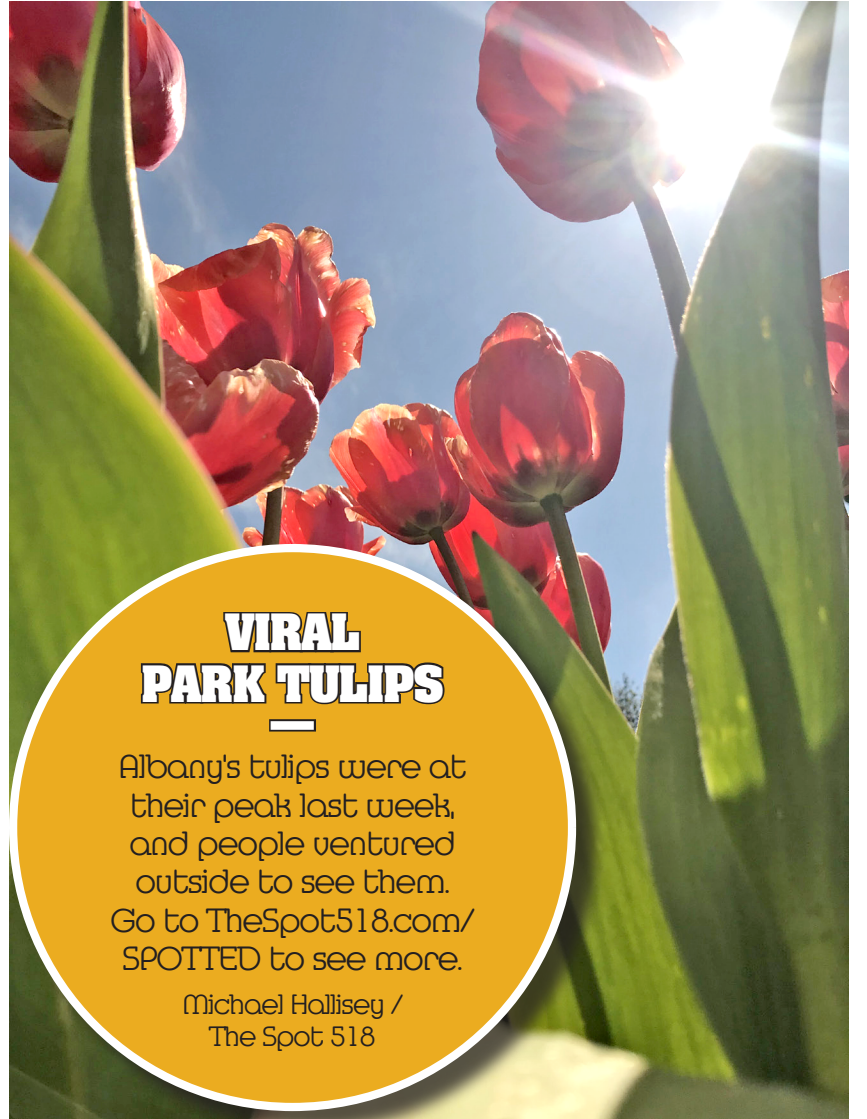
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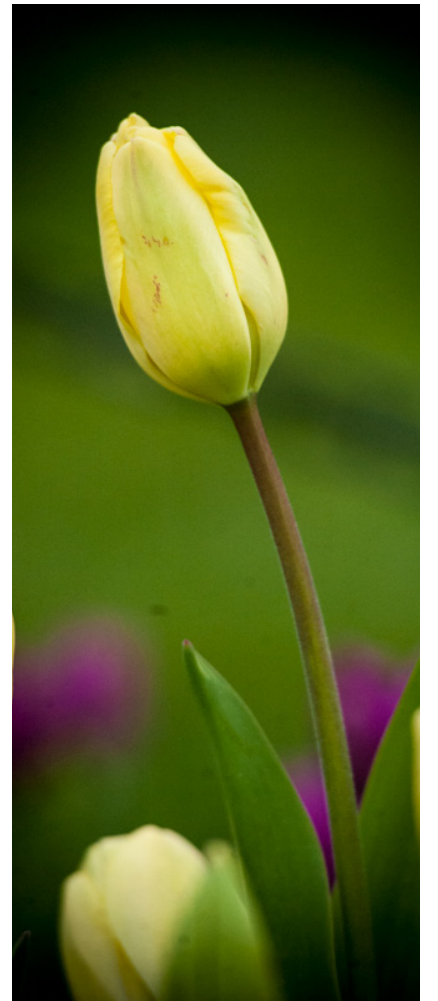
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VIRAL PARK TULIPS

Albany's tulips were at their peak last week, and people ventured outside to see them. Go to [TheSpot518.com/SPOTTED](https://www.thespot518.com/SPOTTED) to see more.

Michael Hallisey /
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HEALTH and FITNESS

Common core tips

The best ways for women to banish belly fat

A svelte waistline is something many women aspire to, but it's something that can be especially beneficial for aging women. The Mayo Clinic says that an expanding waistline is more problematic after menopause, when body fat tends to shift to the abdomen. This is attributed to decreasing levels of estrogen, which appears to play a role in where fat is distributed in the body. Some women also are genetically predisposed to having rounder midsections.

While many women lament extra belly fat for its effects on their appearance and clothing options, there's an even deeper reason why it can be a good idea to try to shed some of that fat. Johns Hopkins Medicine says larger waistlines full of visceral fat are linked to a higher risk of heart disease, diabetes and cancer. Losing that midsection can improve blood vessel functioning and also may improve sleep quality.

Shedding belly fat requires dedication, and these are some strategies women can try as they aim to lose some weight in their midsections.

- **Avoid excess sugar.** Numerous studies have shown that excess sugar can lead to an increased accumulation of fat in the belly and liver, advises Healthline. This eventually may lead to insulin resistance

and other metabolic problems.

- **Eat more soluble fiber.** Data published in the journal *Nutrition* says soluble fiber helps a person feel full by absorbing water and forming a gel that slows down food as it passes through the digestive system. The National Institutes of Health also notes an observational study of more than 1,000 adults that found that, for every 10-gram increase in soluble fiber intake, belly fat gain decreased by 3.7 percent during a five-year period.

- **Consider curbing carbs.** Johns Hopkins researchers compared the effects of a low-carbohydrate diet to a low-fat diet for six months — each containing the same amount of calories. Those on the low-carb diet were able to lose roughly 10 more pounds than those on the low-fat diet, with a much higher percentage of fat loss on the low-carb plan.

- **Exercise more.** Exercise seems to diminish belly fat by reducing circulating levels of insulin in the body, says Johns Hopkins. Most people should aim for 30 to 60 minutes of moderate to vigorous exercise every day.

- **Slim down portion sizes.** The Mayo Clinic says calories can add up even when making healthy food choices. Watch portion sizes carefully to stay within the recommended caloric limits for age and gender.

Belly fat seemingly creeps up and can be both unattractive and unhealthy. Losing belly fat can take a little extra effort, but it's worth it in the long run.

