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Vol. 63, #45

November 4 - November 10, 2020

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NEWS

Help me cross?

Slingerlands fourth grader asks Town Board for help.

Story on Page 2



Moratorium

Bethlehem eyes placing a freeze on applications.

Story on Page 3

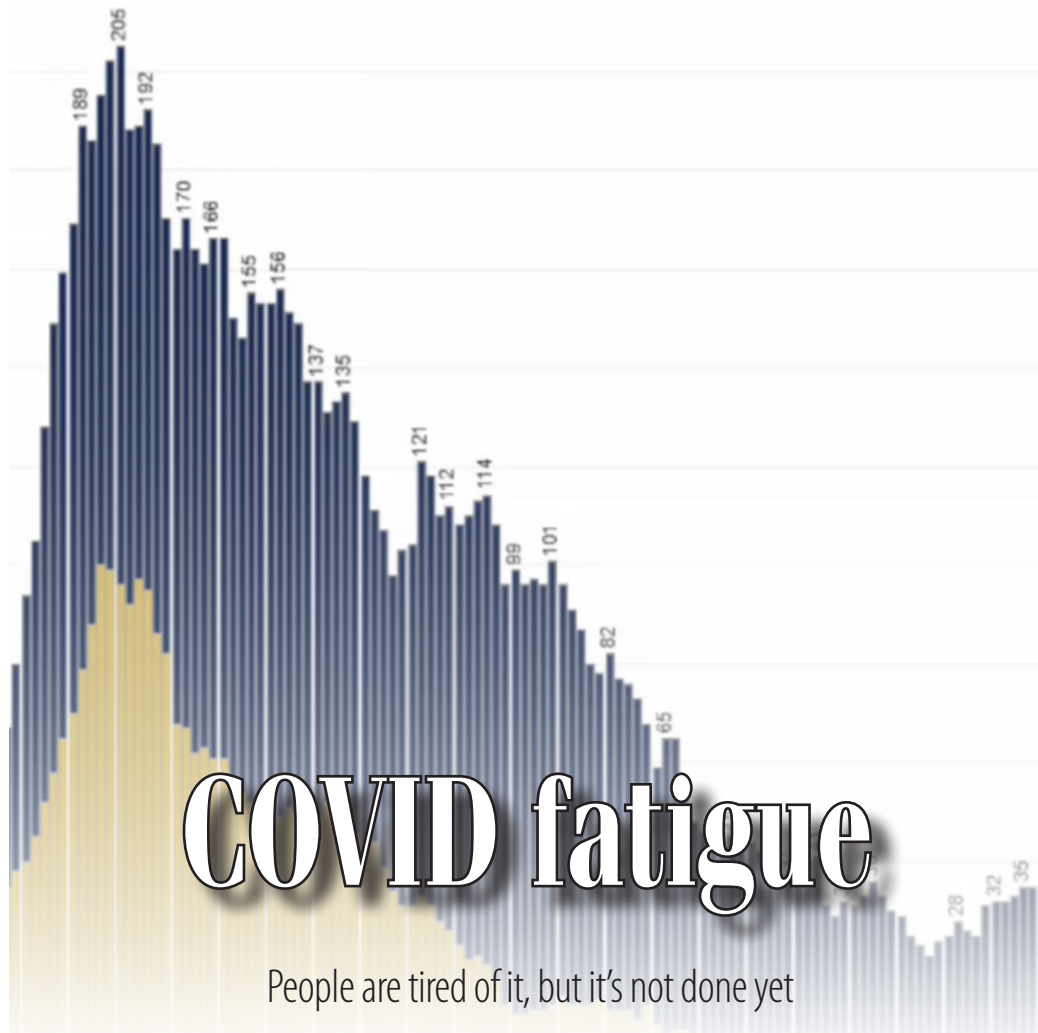


Clipped wings

Bethlehem Central's boys soccer captain speaks about lack of season.

Story on Page 4

TOP STORY



By **JIM FRANCO**
francoj@spotlightnews.com

The number of COVID-19 cases are on the rise here and around the world. That much is indisputable. The reason behind the increase, though, is open to debate.

It could be the expected, and feared, second wave of the pandemic, it could be from an increase in testing and finding more asymptomatic positive cases and those with

less severe symptoms or it could be from a new phenomenon — COVID fatigue. Or it could be a combination of all three.

Over the past week, Albany County saw increases similar to those in April and May, when COVID-19 was just getting a foothold in upstate, including 53 new cases from Oct. 29 to Oct. 30, the single highest tally since May 20. As of Monday, Nov. 2, the five-day average for new daily positives in Albany County jumped to 28.4, up from single digits over the summer months.

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CULTURE



On the backstreets

Local woman pedals her way through retirement by biking across her hometown.

Story on Page B1

SPORTS



Colonie freeze out

Guilderland takes a tough loss on the road in Colonie.

Story on Page 5



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The Spotlight (USPS 396-630) is published each Wednesday by Community Media Group LLC, 341 Delaware Ave., Delmar, N.Y. 12054. Postage paid at Delmar, N.Y., and at additional mailing offices. Postmaster: send address changes to The Spotlight, P.O. Box 100, Delmar, N.Y. 12054. Subscription rates: Albany County, one year \$42, two years \$75. Elsewhere, one year \$52, two years \$90. Subscriptions are not refundable.

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Can you help me cross?

“Because of the precautions put in place to keep us safe from the coronavirus, there’s less chances for us to be active during the school day. On the bright side, now my 6-year-old sister and I get to bike to school. Something I wasn’t able to do. Mostly, we use the Rail Trail to get to school, but we have to cross Kenwood Avenue at the crosswalk to get to school. Many of my friends do this too. There’s a sign up at the crosswalk saying it is the law for cars to stop when people are waiting to cross, but a lot of cars speed through the crosswalk, making it unsafe for us to get to and from school.

“I think that the town should post a crossing guard at the crosswalk to make sure kids can cross safely. If the town does not have the money to hire a crossing guard, I think that a police officer could be posted at the crosswalk writing tickets



Michael Hallisey / Spotlight News

to drivers who don’t stop. The police officer would only be needed for about a half hour in the morning, and a half an hour in the afternoon. Either people will learn to stop or the town will make enough money from all the tickets to hire a crossing guard.

“This is a safe town and I’m very grateful to live in

it, but it’s hard to stay safe when cars speed through the crosswalk. I would like you to consider my point and remember that this is for our safety.

“Thank you.”

— Evelyn Correa, Slingerlands Elementary 4th grader speaking to the Town Board on Wednesday, Oct. 28

■ POLICE, FIRE and EMERGENCY CALLS

Trick or busted

The New York State Police and local law enforcement increased patrols to crack down on impaired driving and underage drinking through Halloween. The special enforcement campaign ran from Friday, Oct. 30, until noon Sunday, Nov. 1.

Troopers used both marked State Police vehicles and Concealed Identity Traffic Enforcement vehicles as part of this crackdown in order to more easily identify motorists who are violating the law. CITE vehicles allow troopers to better observe driving violations. These vehicles blend in with every day traffic but are unmistakable as emergency vehicles once the emergency lighting is activated.

Halloween night is especially dangerous due

to the high number of children and families out trick-or-treating. The National Highway Traffic Safety Administration (NHTSA) reports that from 2014 to 2018, 145 people were killed nationwide in impaired driving fatalities on Halloween night. According to NHTSA, 41 percent of the motor vehicle fatalities on Halloween night involved impaired drivers.

During last year’s initiative, State Troopers arrested 280 people for impaired driving and issued 21,467 total tickets. Troopers also investigated 2,092 crashes, which resulted in three fatalities and 269 people injured.

State Police will also be targeting the illegal sale of alcohol to minors through underage drinker enforcement details statewide.

The Halloween impaired driving enforcement initiative is funded by the Governor’s Traffic Safety Committee (GTSC). The GTSC and the New York State STOP-DWI Foundation remind motorists that their “Have a Plan” mobile app, is available for Apple, Android and Windows smartphones. The app enables New Yorkers to locate and call a taxi or rideshare service and program a designated driver list. It also provides information on DWI laws and penalties, and provides a way to report a suspected impaired driver.

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■ TOWN GOVERNMENT

Town eyes moratorium ahead of comp plan

Town would 'pause' from reviewing land use applications for a year

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

BETHLEHEM — As the town prepares an update to its comprehensive plan, board members have listened to pleas for both land conservation and preservation of livelihood as it prepares to temporarily halt the handling of residential land use applications.

The town is preparing a 12-month moratorium that will affect applications for residential development. The move, which is subject to the town first passing a local law, has the potential to impact two dozen proposals already on the table, involving more than 800 housing units.

Robert Leslie, the town's director of planning, has spent the past several weeks drafting the proposed moratorium, the first suggested pause in the planning process since Bethlehem instituted one in 2004.

Like in 2004, the town is preparing an overall plan to direct future

development and growth. The town is preparing to update its comprehensive plan, a task not expected to be completed for nearly a year. In that time, however, Leslie is suggesting a moratorium so that development proposals don't overrun their efforts.

As the town board discusses the merits of a moratorium with Leslie, residents have occupied the public comment section of its meetings with their opinions. Common concerns have centered around open space and historic conservation, and traffic mitigation.

By coincidence, board members listened as a Slingerlands Elementary fourth grader asked for a crossing guard to address motorists speeding by Kenwood Avenue. Slingerlands traffic notwithstanding, traffic concerns around Bethlehem Center, with three strip malls and three more north of the intersection, has turned into the busiest and hazardous crossways in town. The town's last plan

expressed concerns over future development around the 9W corridor in South Bethlehem and neighboring Selkirk.

"We have an incredibly historic area," Selkirk resident Roberta Jeracka told the board in October. "I was down on Creble Road at the Peter Winnie House... and I'm telling you, we're old."

The Peter Winnie House is located near the intersection of Creble Road and Route 9W, otherwise known as Becker's Corners. It was originally built in the 1700s as one of the first dwellings in town. The former home of A.W. Becker, whose name also graces the elementary school on 9W, still stands among other homes from the turn of the last century.

"We're not looking to kill development," said Pattie Beeler of the group Bethlehem Tomorrow, which stressed the need for responsible growth. "We believe development can and must happen. We believe a pause is so very important."

Expectations surrounding the moratorium and subsequent update to the town's comprehensive plan suggest

residents expect a clamp down on construction. The thought of which concerned developers and realtors who expressed an immediate need for more housing in a down desired by buyers.

Chris Derr, whose proposed Selkirk Reserve Multifamily application is still under review, pleaded with the board to exempt plans like his own. The affordable housing project that promises 72 multifamily units recently earned a New York State Homes and Community Renewal grant that requires construction begins by next spring or he'll lose it.

"We're asking for affordable housing to be exempted from the moratorium," he asked. "There's the need in the town."

Judith Gabler, the owner/broker of Gabler Realty, expressed a vibrant buyer's market, fielding multiple offers for existing homes within the first 24 hours. She worries about cutting off the livelihood of local construction and developers, and the demands for new construction driven by aging residents looking to stay in town.

"I really think it's important to think about the livelihood of our residential builders and you're basically telling them that they can't work for 12 months or make an income any longer, when we clearly have a need here for more housing," Gabler said.

Leslie stressed last week in his proposal before the board that the moratorium doesn't stop construction, it puts a halt upon the proposals that have yet to be approved by the town's three boards — town, planning and zoning.

"It's a moratorium on applications. It's not a moratorium on building," Leslie said. It's a pause on accepting land use applications and not a pause on construction.

The town first has to hold a public hearing, expected later this month, before such a law is established. Once in place, none of the town boards will be allowed to review, hold a hearing, or render a decision on residential subdivision applications containing more than four units. This includes existing subdivisions proposing to expand. Also excluded are applications to establish a planned development

district, and site plans containing units within residential care, nursing homes or senior citizen housing.

The original draft of the proposed law included a Sept. 18 effective date. However, Leslie explained, as the board leaned in favor of using a negative SEQOR declaration as a threshold, the effective date was omitted. Instead, the moratorium would take effect once the law is passed.

Board Member Dan Coffey explained the intended threshold is to allow plans to proceed if they've already reached final approval. Other proposed plans still waiting for such approval would be held back through the duration of the moratorium.

Whereas some proposals are cleared after a state environmental impact review, others such as a new subdivision still go through an additional plot review. Subdivisions still waiting upon a final plot approval won't be able to proceed.

Jim Foster warned against residents viewing the moratorium and subsequent comprehensive plan update as a "silver bullet" against development.

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INTERVIEW

COVID clips Eagles

A Q&A with a Bethlehem athlete

By **JOSHUA CRELLIN**
intern@spotlightnews.com

DELMAR — Amidst the coronavirus pandemic, our world has seen many cancellations of events; one being the fall soccer season at Bethlehem Central School District.

Despite decisions made by Gov. Andrew Cuomo and Section II athletics to allow soccer to be played in the fall, BCSD postponed soccer and field hockey to the spring. The majority of students expressed their disappointment with the decision made by the board of education. Students peacefully protested in the Bethlehem Central High School parking lot the night the decision was finalized. Spotlight News talked to Senior Captain Jack Burman, who expressed his view on the school's decision.

How did playing soccer go this summer? What precautions did you take and would they be able to remain for the school season?

"This summer my friends and I continued to play in a summer soccer league. My teammates and I like to represent our town, and even named our team after Bethlehem's town park. Our team, Elm Ave. Elite, was composed of the returning varsity players; throughout the season of 12 games playing against athletes from all over New York and Massachusetts, no one on our team ever tested positive for COVID-19. This is because we followed all the recommended guidelines. Now, during the high school season, players have to wear masks while they're playing, making the sport even safer to play. If my teammates and I were safe to play throughout the summer without masks, wouldn't it make sense that we are safe to play with masks? If we were allowed to play soccer this fall, we certainly would've followed all of the Section II guidelines and Bethlehem's

guidelines."

What was your initial reaction to the decision made?

"After the Sept. 2 school board meeting when the decision was made that there would be no soccer season this year, the entire soccer community was shocked. We anticipated a season for moderate risk sports as all officials of higher powers (Gov. Cuomo, Department of Health, New York State Public High School Athletic Association [NYSPHSAA], Section II athletics) deemed them safe to play. My fellow senior teammates and I were and are devastated as it was our last chance to represent and play for our community. I am especially heartbroken as this decision has put me at a disadvantage to others in the recruiting process for soccer, as other schools are allowing their athletes to play."

How did you feel about this decision?

"I feel that this decision didn't satisfy or adequately answer the questions by the soccer and field hockey communities. It's upsetting how obvious it was that the school board didn't take into account the emotional toll this decision would make; [trust] me, this decision is deeply upsetting us in many ways. I am also upset by the inability of the board to explain why they made this decision. All other higher government powers and athletic associations found that soccer was safe to play and used scientific and epidemiological statistics, yet the school board hasn't given any reason for their decision other than a blanket statement that they feel soccer is unsafe to play."

Did you feel like you peacefully protested the administration's decision the best that you could have done?

"Yes, I feel that we peacefully protested the administration's decision. Making a petition with over 1,500 signatures, creating a video featuring athletes, emailing the school board and Superintendent

Monroe, making signs that were held up at protests during the school board meeting and getting students and parents to address the school board at their meeting. Even though we obviously made up their mind beforehand as we didn't get the result we wanted, it was important that we made our opinion known and had our voices heard."

What are you doing now with no soccer season? Are you playing club?

"Because we have no high school fall season, my teammates and I continue to play the sport that we love through our travel league and our Afrim's league. We are practicing twice a week and then playing games against other travel teams. Because most other schools near us have a school soccer season, the kids from those schools aren't playing travel soccer, so our games are played against kids from far away. We love soccer and having it taken away from us is heartbreaking, but we continue to do what we love in a safe way through other leagues."

What are the talks for the spring season? Who will you play?

"The school board said that there is a chance for a 'fall two' (early spring) season this year if the COVID numbers are low enough. The soccer team is hopeful that we will have some sort of season, but we are still upset about the poor decision made by the school board. Even if we are allowed to have a season, who are we going to play? With the exception of Ballston Spa, all other Section II class AA schools are playing right now. The closet teams to us for a 'fall two' season would be over an hour drive and our games would be against much smaller schools. In addition to this, many athletes, including myself, will have overlapping sport seasons which conflict with soccer if we have the 'fall two' season. So, it would be a disappointing alternative, at best."



■ AMATEUR SPORTS

Colonie freezes out Guilderland

By **JIM FRANCO**
francoj@spotlightnews.com

COLONIE — The Garnet Raiders girls soccer team upset a tough Guilderland squad 1-0 on Tuesday, Oct. 27.

About 10 minutes into the second half of a scoreless game under the lights on a damp, chilly night Hailey Blake scored the game's lone goal on an assist by Kayla Novak.

Emma York made two clutch saves as the game wound down to preserve the shutout and the win for Colonie. She had five saves on the night.

Standout keeper Molly DiCaprio had seven saves for Guilderland.

With the win, Colonie goes to 3-2-2 and Guilderland slides to 3-2-1.

Colonie will play at Albany on Friday, Oct. 30, and Guilderland will play at Shaker on Saturday, Oct. 31.



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NEWS SHORTS

RCS teacher looks to retire

RAVENA — Each week Ravena Coeymans Selkirk features one of its educators in a “Feature a Teacher” article on its website. Last week, it chose to share insight from Marilyn Mulderry, who holds the distinction of calling one of her former students a fellow peer after 39 years of teaching.

“This year has been a year of change and enlightenment,” Mulderry said. “It is never too late to learn. I have become very good friends with my Chromebook, teaching resources and websites to engage my students. I love to find different ways to present material in today’s classroom. There is so much out there to inspire teaching.”

At the completion of the 2020-21 school year, she will be retiring.

“I will be retiring this year and will be looking forward to many things,” Mulderry said, adding that she plans to take “lots” of trips to Boston where she

will visit her daughters. “In addition, I will be back in the district as a substitute teacher when needed. I look forward to pursuing my other interests which include: quilting, traveling, and spending time with family and friends.”

RCS administrators said Mulderry will have leave a legacy of helping others and teaching students in the community.

“We thank her for her service and we value her connections made with students, families, faculty and staff,” the district stated on its website.

BCHS remote learning extended

DELMAR — Bethlehem Central extended remote learning for its high schools students by another week as a precaution.

Superintendent Jody Monroe shared the decision late last week following the

report of its seventh case of COVID-19 last Sunday. It had capped a week in which five new cases emerged from the high school within just as many days.

Remote learning is to continue to Friday, Nov. 6.

Tobacco Retail License Required for 2021

Bethlehem would like to remind tobacco retailers to apply for its licence by Tuesday, Dec. 1, as required under its recently adopted Tobacco Retail law.

The Town posted a reminder on its website last week. The law itself does not go into effect until the beginning of next year, but it’s requiring businesses to submit paperwork along with a \$130 application fee by the start of next month. Once the license is processed, the town will require another \$140.

All tobacco retailers in town are required to obtain an annual license.



Shinrin-Yoku Fall

Ellora Rabenstein, a senior at Bethlehem Central High School, created this image from color pencil while in AP Studio Art.

“I use vibrant and intense colors that are present in the changing colors of the leaves during fall,” said Rabenstein. “I wanted the viewer to identify with the season.”

Rabenstein’s piece was showcased recently on the school district’s website. She said it captures the meditative practice of Shinrin-Yoku.

“This piece is part of a series, each of different seasons,” said Rabenstein. “They were based on a practice in Japan called Shinrin-Yoku, which means forest bathing. In other words, being in nature and taking in the atmosphere. This practice can reduce stress and provide energy.”

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LEGAL NOTICE
2020 ANNUAL ELECTION OF THE SELKIRK FIRE DISTRICT
NOTICE IS HEREBY GIVEN that the Annual Election of the Selkirk Fire District will take place on December 8, 2020 between the hours of 6:00 p.m. and 9:00 p.m. at the Selkirk Fire District Fire Stations. Qualified voters may vote at any one of the following

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polling places:
126 Maple Avenue Selkirk, NY 12158
301 Glenmont Road Glenmont, NY 12077
480 Bridge Street South Bethlehem, NY 12161

for the purposes of:
1) electing one Commissioner for a five (5) year term, commencing January 1, 2021 and ending December 31, 2025;
2) electing one Commissioner for a two (2) year term, commencing January 1, 2021 and ending December 31, 2022;

Candidates for the office of Fire District Commissioner shall file their names and petitions with the signatures of twenty-five resident electors of the Fire District with the Secretary of the Selkirk Fire District, at the Fire District Administration Office, 126 Maple Avenue, Selkirk, New York 12158 or by email at secretary@selkirkfd.org, no later than 11:59 PM on November 18, 2020. Only those persons who are residents of the Selkirk District on or before November 9, 2020 and are registered to vote with the Albany County Board of Elections on or before November 16, 2020 shall be eligible to vote. October 29, 2020

Stephanie Krause, Secretary Board of Fire Commissioners Selkirk Fire District 126 Maple Avenue Selkirk, NY 12158 D-255824

NOTICE OF LLC FORMATION

2138 SCUTTLE HOLE ASSOCIATES, LLC. Arts. of Org. filed with the SSNY on 10/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Curt Kramer, 111 Great Neck Road, Suite 216, Great Neck, NY 11021. Purpose: Any lawful purpose. D-255841

NOTICE OF LLC FORMATION

2280 EXECUTIVES, LLC. Arts. of Org. filed with the SSNY on 09/08/20. Latest date to dissolve: 12/31/2075. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 423 Rathbun Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose. D-253486

NOTICE OF LLC FORMATION

2284 EXECUTIVES, LLC. Arts. of Org. filed with the SSNY on 09/08/20. Latest date to dissolve: 12/31/2075. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 423 Rathbun Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose. D-253487

LEGALS**NOTICE OF LLC FORMATION**

230 EAST 63RD STREET/4TH FLOOR, LLC. Arts. of Org. filed with the SSNY on 10/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Curt Kramer, 111 Great Neck Road, Suite 216, Great Neck, NY 11021. Purpose: Any lawful purpose. D-255842

NOTICE OF LLC FORMATION

28 FROST POND ROAD, LLC. Arts. of Org. filed with the SSNY on 10/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Giuseppe Gaudio, 410 Town Line Road, Com-mack, NY 11725. Purpose: Any lawful purpose. D-255757

NOTICE OF LLC FORMATION

371 COMMACK ROAD, LLC. Arts. of Org. filed with the SSNY on 10/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Giuseppe Gaudio, 410 Town Line Road, Com-mack, NY 11725. Purpose: Any lawful purpose. D-255758

NOTICE OF LLC FORMATION

376 COMMACK ROAD, LLC. Arts. of Org. filed with the SSNY on 10/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Giuseppe Gaudio, 410 Town Line Road, Com-mack, NY 11725. Purpose: Any lawful purpose. D-255759

NOTICE OF LLC FORMATION

385 FIFTH STREET, LLC. Arts. of Org. filed with the SSNY on 09/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 385 Fifth Street, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-254088

NOTICE OF LLC FORMATION

41-40 UNION STREET, UNIT 3W, LLC. Arts. of Org. filed with the SSNY on 09/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 41-40 Union Street, Apartment 3W, Flushing, NY 11355. Purpose: Any lawful purpose. D-253490

LEGALS**NOTICE OF LLC FORMATION**

410 TOWN LINE ROAD, LLC. Arts. of Org. filed with the SSNY on 10/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Giuseppe Gaudio, 410 Town Line Road, Com-mack, NY 11725. Purpose: Any lawful purpose. D-255761

NOTICE OF LLC FORMATION

420 ST. MARKS PLACE PARTNERS LLC. Arts. of Org. filed with the SSNY on 10/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Midland Avenue, Staten Island, NY 10306. Purpose: Any lawful purpose. D-254375

NOTICE OF LLC FORMATION

422 MAGAZINE STREET LLC. Arts. of Org. filed with the SSNY on 10/08/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Arthur Pengu, 7 Mohawk Trail, Slingerlands, NY 12159. Purpose: Any lawful purpose. D-255470

NOTICE OF LLC FORMATION

422 ST. MARKS PLACE PARTNERS LLC. Arts. of Org. filed with the SSNY on 10/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Midland Avenue, Staten Island, NY 10306. Purpose: Any lawful purpose. D-254376

NOTICE OF LLC FORMATION

4559 HOLDING LLC. Arts. of Org. filed with the SSNY on 10/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Nick Psomopoulos, 71-15 Northern Boulevard, Jackson Heights, NY 11372. Purpose: Any lawful purpose. D-255844

NOTICE OF LLC FORMATION

48-18 VERNON BOULEVARD LLC. Arts. of Org. filed with the SSNY on 09/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Razi & Ross, P.C., 23-09 31st Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-255015

LEGALS**NOTICE OF LLC FORMATION**

5 DONACK LANE LLC. Arts. of Org. filed with the SSNY on 10/26/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1350 Avenue of the Americas, 3rd Floor, New York, NY 10019. Purpose: Any lawful purpose. D-255705

NOTICE OF LLC FORMATION

515 158th ST LLC. Arts. of Org. filed with the SSNY on 09/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Siegel & Reiner LLP, 130 East 59th Street, New York, NY 10022. Purpose: Any lawful purpose. D-254579

NOTICE OF LLC FORMATION

519 158th ST LLC. Arts. of Org. filed with the SSNY on 09/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Siegel & Reiner LLP, 130 East 59th Street, New York, NY 10022. Purpose: Any lawful purpose. D-254280

NOTICE OF LLC FORMATION

521 158th STREET LLC. Arts. of Org. filed with the SSNY on 09/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Siegel & Reiner LLP, 130 East 59th Street, New York, NY 10022. Purpose: Any lawful purpose. D-254581

NOTICE OF LLC FORMATION

542 CLINTON REALTY, LLC. Arts. of Org. filed with the SSNY on 10/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 633 East 19th Street, Brooklyn, NY 11218. Purpose: Any lawful purpose. D-255049

NOTICE OF LLC FORMATION

59 NY LLC. Arts. of Org. filed with the SSNY on 09/29/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 59 West 21st Street, New York, NY 10010. Purpose: Any lawful purpose. D-254629

NOTICE OF LLC FORMATION

7 INEZ LANE, LLC. Arts. of Org. filed with the SSNY on 10/27/20. Office: Albany County. SSNY designated as agent of the LLC upon

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whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Giuseppe Gaudio, 410 Town Line Road, Com-mack, NY 11725. Purpose: Any lawful purpose. D-255762

NOTICE OF LLC FORMATION

80 E 52nd STREET LLC. Arts. of Org. filed with the SSNY on 07/17/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Joan Lewis, 80 E. 52nd Street, Brooklyn, NY 11203. Purpose: Any lawful purpose. D-255016

NOTICE OF LLC FORMATION

81 FLEET PLACE GARAGE LLC. Arts. of Org. filed with the SSNY on 10/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-255645

NOTICE OF LLC FORMATION

91LEONARDDPAULA2 LLC. Arts. of Org. filed with the SSNY on 10/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 91 Leonard Street, 15A, New York, NY 10013. Purpose: Any lawful purpose. D-254894

NOTICE OF LLC FORMATION

990 6TH AVENUE GARAGE LLC. Arts. of Org. filed with the SSNY on 10/15/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-255014

NOTICE OF LLC FORMATION

A & B CHELSEA HOLDINGS LLC. Arts. of Org. filed with the SSNY on 09/30/20. Latest date to dissolve: 12/31/2045. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o B Gans Management, 110 East 30th Street, 4th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-254142

NOTICE OF LLC FORMATION

ALLA & NAGIN LLC. Arts. of Org. filed with the SSNY on 09/17/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 177 E. 75th Street, Apartment 4E, New York, NY 10021. Purpose: Any lawful purpose. D-254780

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cess to the LLC, 1129 Neill Avenue, Bronx, NY 10461. Purpose: Any lawful purpose. D-253989

NOTICE OF LLC FORMATION

AMA INVESTING, LLC. Arts. of Org. filed with the SSNY on 09/29/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 53-43 62nd Street, Maspeth, NY 11378. Purpose: Any lawful purpose. D-254878

NOTICE OF LLC FORMATION

AMX ADVISORS LLC. Arts. of Org. filed with the SSNY on 04/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 260 Madison Avenue, 5th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-253984

NOTICE OF PLLC FORMATION

ANA STUDIO ARCHITECTURE PLLC. Arts. of Org. filed with the SSNY on 09/30/20. Latest date to dissolve: 01/01/2040. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o The Rice Law Firm, PLLC, 420 Lexington Avenue, Suite 2320, New York, NY 10170. Purpose: For the practice of the profession of Architecture. D-254242

NOTICE OF LLC FORMATION

ANGIE URBANO LLC. Arts. of Org. filed with the SSNY on 10/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 37 Park Drive, Menands, NY 12204. Purpose: Any lawful purpose. D-254296

NOTICE OF LLC FORMATION

ANTIQUÉ RUGS AND TEXTILES, LLC. Arts. of Org. filed with the SSNY on 10/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 39 East 31st Street, Suite 2, Brooklyn, NY 10016. Purpose: Any lawful purpose. D-255736

NOTICE OF LLC FORMATION

BAB CONSULTING LLC. Arts. of Org. filed with the SSNY on 10/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 177 E. 75th Street, Apartment 4E, New York, NY 10021. Purpose: Any lawful purpose. D-254780

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NOTICE OF LLC FORMATION

BAKISH HOLDINGS LLC. Arts. of Org. filed with the SSNY on 10/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8116 5th Avenue, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-254239

NOTICE OF LLC FORMATION

BLIMPED CAMERA LLC. Arts. of Org. filed with the SSNY on 09/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2061 St. Raymond Avenue, Unit 1F, Bronx, NY 10462. Purpose: Any lawful purpose. CR-254311

NOTICE OF LLC FORMATION

BROCKLOD LLC. Arts. of Org. filed with the SSNY on 10/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 112 State Street, Albany, NY 12207. Purpose: Any lawful purpose. D-254902

NOTICE OF LLC FORMATION

CAFE 346 LLC. Arts. of Org. filed with the SSNY on 09/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 346 Madison Avenue, New York, NY 10017. Purpose: Any lawful purpose. D-254085

NOTICE OF LLC FORMATION

CF CONSULTING TWENTY THREE LLC. Arts. of Org. filed with the SSNY on 09/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniels Norelli Cecere & Tavel, P.C., 272 Duffy Avenue, Hicksville, NY 11801. Purpose: Any lawful purpose. D-254144

NOTICE OF LLC FORMATION

CF CONSULTING TWENTY ONE LLC. Arts. of Org. filed with the SSNY on 09/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniels Norelli Cecere & Tavel, P.C., 272 Duffy Avenue, Hicksville, NY 11801. Purpose: Any lawful purpose. D-254143

NOTICE OF LLC FORMATION

CF CONSULTING TWENTY TWO LLC. Arts. of Org. filed with the SSNY on 09/30/20. Office: Albany County. SSNY designated as agent of the

LEGALS

LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniels Norelli Cecere & Tavel, P.C., 272 Duffy Avenue, Hicksville, NY 11801. Purpose: Any lawful purpose. D-254145

NOTICE OF LLC FORMATION

CHANIA REALTY LLC. Arts. of Org. filed with the SSNY on 05/26/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Razis & Ross, P.C., 23-09 31st Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-254313

NOTICE OF LLC FORMATION

CONSTRUCTION GURU USA LLC. Arts. of Org. filed with the SSNY on 01/20/16. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3600 Fieldston Road, Apartment 3E, Bronx, NY 10463. Purpose: Any lawful purpose. D-254903

NOTICE OF LLC FORMATION

COOPER WEST SIDE, LLC. Arts. of Org. filed with the SSNY on 06/24/20. Latest date to dissolve: 12/31/2107. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 350 Fifth Avenue, Suite 4309, New York, NY 10118. Purpose: Any lawful purpose. D-254236

NOTICE IF LLC FORMATION

CXK GROUP, LLC. Arts. of Org. filed with the SSNY on 10/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Curt Kramer, 111 Great Neck Road, Suite 216, Great Neck, NY 11021. Purpose: Any lawful purpose. D-255840

NOTICE OF LLC FORMATION

DANROC LLC. Arts. of Org. filed with the SSNY on 08/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1266 11th Circle SE, Largo, FL 33771. Purpose: Any lawful purpose. D-254235

NOTICE OF LLC FORMATION

DAVOS DESIGN LLC. Arts. of Org. filed with the SSNY on 07/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 49

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Manor Lane South, East Hampton, NY 11937. Purpose: Any lawful purpose. D-254932

NOTICE OF LLC FORMATION

EASYWIREZ LLC. Arts. of Org. filed with the SSNY on 10/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1305 E. 8th Street, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-255069

NOTICE OF LLC FORMATION

EB401E, LLC. Arts. of Org. filed with the SSNY on 06/30/20. Latest date to dissolve: 12/31/2107. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 350 Fifth Avenue, Suite 4309, New York, NY 10118. Purpose: Any lawful purpose. D-254237

NOTICE OF LLC FORMATION

EVIL RAIN, LLC. Arts. of Org. filed with the SSNY on 09/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 36 Vega Drive, Ronkonkoma, NY 11779. Purpose: Any lawful purpose. D-254396

NOTICE OF LLC FORMATION

FBV MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 09/29/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Gerard A. Imperato, Esq., 2305 Avenue Z, Brooklyn, NY 11235. Purpose: Any lawful purpose. D-254127

NOTICE OF LLC FORMATION

FIRE POLISH DIAMONDS, LLC. App. for Auth. filed with the SSNY on 10/01/20. Originally filed with Secretary of State of Delaware on 08/31/2016. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 50 West 47th Street, Suite 2100, New York, NY 10036. Purpose: Any lawful purpose. D-254395

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

NAME: GLENSMERE GUERNSEY FARM LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on October 21, 2020. Office location: The Mailing Address of the limited liability company's office is 94 Teasdale Drive, Slingerlands, N.Y. 12159, County of Albany. SSNY has been designated as agent of

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the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC at 22 Clinton Avenue, Albany, New York 12207. For any lawful purpose. C-255555

NOTICE OF LLC FORMATION

GRAND DELUSIONS LLC. Arts. of Org. filed with the SSNY on 10/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5 Windsor Place, Albany, NY 12209. Purpose: Any lawful purpose. D-254240

NOTICE OF LLC FORMATION

HOLLISWOOD BRAZIL, LLC. Arts. of Org. filed with the SSNY on 10/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 32 West 76th Street, New York, NY 10023. Purpose: Any lawful purpose. C-254526

NOTICE OF LLC FORMATION

HON JIANG LLC. Arts. of Org. filed with the SSNY on 09/17/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1325 Brunswick Avenue, 2nd Floor, Far Rockaway, NY 11691. Purpose: Any lawful purpose. D-253488

NOTICE OF LLC FORMATION

HUNDRED ACRE HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 10/08/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 320 East 57th Street, 8C, New York, NY 10022. Purpose: Any lawful purpose. D-254630

NOTICE OF LLC FORMATION

JANCOM LLC. Arts. of Org. filed with the SSNY on 08/13/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Saretsky Katz Dranoff & Glass, L.L.P., 475 Park Avenue South, New York, NY 10016. Purpose: Any lawful purpose. D-254116

NOTICE OF LLC FORMATION

JASCHA II HOLDINGS LLC. Arts. of Org. filed with the SSNY on 09/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 432

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Park Avenue, Apartment 43A, New York, NY 10022. Purpose: Any lawful purpose. D-253489

NOTICE OF LLC FORMATION

JOVIAN RECORDS LLC. Arts. of Org. filed with the SSNY on 10/26/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 197 Columbia Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-255702

NOTICE OF LLC FORMATION

JUN HANG CO. LLC. Arts. of Org. filed with the SSNY on 09/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Riverside Boulevard, Unit 27C, New York, NY 10069. Purpose: Any lawful purpose. D-254038

NOTICE OF LLC FORMATION

K&M LES CAMERA LLC. Arts. of Org. filed with the SSNY on 10/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 175 East Hoffman, Lindenhurst, NY 11757. Purpose: Any lawful purpose. D-255639

NOTICE OF LLC FORMATION

KARVIG LLC. Arts. of Org. filed with the SSNY on 10/08/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 150-26 14th Avenue, Whitestone, NY 11357. Purpose: Any lawful purpose. D-254631

NOTICE OF LLC FORMATION

KING LINE PROPERTIES LLC. Arts. of Org. filed with the SSNY on 09/29/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 242 Morris Street, #2, Albany, NY 12208. Purpose: Any lawful purpose. D-254128

NOTICE OF LLC FORMATION

LINDLEY 10C LLC. Arts. of Org. filed with the SSNY on 09/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 31-14 Ditmars Boulevard, Astoria, NY 11105. Purpose: Any lawful purpose. D-254087

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NOTICE OF LLC FORMATION

LPH2C, LLC. Arts. of Org. filed with the SSNY on 08/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 350 Fifth Avenue, Suite 4309, New York, NY 10118. Purpose: Any lawful purpose. D-254238

NOTICE OF LLC FORMATION

MADONNA DELLA SCALA, LLC. Arts. of Org. filed with the SSNY on 10/27/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Giuseppe Gaudio, 410 Town Line Road, Commack, NY 11725. Purpose: Any lawful purpose. D-255752

Mahogany Health and Wellness LLC.

Arts. of Org. filed with the SSNY on 5/7/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 12691 Albany NY 12212. Purpose: For any lawful purpose. D-253781

NOTICE OF PUBLIC HEARING

TOWN OF BETHLEHEM NOTICE IS HEREBY GIVEN that a public hearing will be held by the Town Board of the Town of Bethlehem on the 24th day of November, 2020 at 6:00 pm to consider a proposed Local Law to establish a Residential Land Use Moratorium for a 12-Month Period during Preparation of the Comprehensive Plan Update.

All interested persons and citizens will have an opportunity to be heard at the said hearing. BY ORDER OF THE TOWN BOARD TOWN OF BETHLEHEM Nanci Moquin Town Clerk

Dated: October 29, 2020 D-255829

NOTICE OF LLC FORMATION

MOZART MUSICAL WORKOUT LLC. Arts. of Org. filed with the SSNY on 09/29/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 351 West 24th Street, Suite 21C, New York, NY 10011. Purpose: Any lawful purpose. D-254129

NOTICE OF LLC FORMATION

MSA 19 LLC. Arts. of Org. filed with the SSNY on 09/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

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LLC, 49 W. 38th Street, New York, NY 10018. Purpose: Any lawful purpose. D-254042

NOTICE OF LLC FORMATION

NATAS PRODUCTIONS, LLC. Arts. of Org. filed with the SSNY on 09/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 450 Park Avenue South, 3rd Floor, New York, NY 10016. Purpose: Any lawful purpose. D-255658

NOTICE OF LLC FORMATION

PEREGRINE GRAPHICS LLC. Arts. of Org. filed with the SSNY on 10/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 48 Warren Street, New York, NY 10007. Purpose: Any lawful purpose. D-254941

NOTICE OF LLC FORMATION

PLATFORM BOOKS LLC. Arts. of Org. filed with the SSNY on 09/17/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 900 West End Avenue, Apartment 16A, New York, NY 10025. Purpose: Any lawful purpose. D-253485

NOTICE OF LLC FORMATION

PPX HOSPITALITY LLC. Arts. of Org. filed with the SSNY on 10/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 270 Madison Avenue, 16th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-255641

NOTICE OF LLC FORMATION

PROACTIVE REALTY GROUP LLC. Arts. of Org. filed with the SSNY on 10/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 43 Hearthstone Drive, Dix Hills, NY 11746. Purpose: Any lawful purpose. D-255122

NOTICE OF LLC FORMATION

REISS BROTHERS 333 LLC. Arts. of Org. filed with the SSNY on 10/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1710 Avenue H, Apartment D3, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-254149

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NOTICE OF PLLC FORMATION

RIVERA LAW GROUP, PLLC. Arts. of Org. filed with the SSNY on 10/19/20. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 1470 East Avenue, #2B, Bronx, NY 10462. Purpose: For the practice of the profession of Law. D-255149

NOTICE OF LLC FORMATION

RIVERSIDE BLVD GARAGE LLC. Arts. of Org. filed with the SSNY on 10/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-254892

NOTICE OF LLC FORMATION

RIVERVIEW JEP LLC. Arts. of Org. filed with the SSNY on 04/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 21 India Street, Unit 35A, Brooklyn, NY 11222. Purpose: Any lawful purpose. D-254572

NOTICE OF LLC FORMATION

ROCKEFELLER STUDIOS LLC. Arts. of Org. filed with the SSNY on 09/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 320 East 57th Street, 8C, New York, NY 10022. Purpose: Any lawful purpose. D-254018

NOTICE OF LLC FORMATION

RSH REALTY HOLDINGS LLC. Arts. of Org. filed with the SSNY on 10/19/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 43 Hearthstone Drive, Dix Hills, NY 11746. Purpose: Any lawful purpose. D-255122

NOTICE OF LLC FORMATION

SADIQA TRAINER OF LEADERS LLC. Arts. of Org. filed with the SSNY on 09/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1710 Avenue H, Apartment D3, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-254149

NOTICE OF LLC FORMATION

SALAMONE PROPERTIES LLC. Arts. of Org. filed with the SSNY on 10/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

From page 1 ... COVID fatigue

Hospitalizations are also on the uptick. As of Friday, Oct. 30, there were 80 patients hospitalized in the eight-county Capital District region and statewide, there were 1,136 hospitalized. The number of Albany County residents hospitalized, jumped to 27 in Friday for a rate of .75 percent, the highest number since the beginning of June.

The severity of the cases, though, has lessened since the spring, an indication health care professionals are getting the cases earlier and are getting better at treating the symptoms.

"They seem to be a little less ill this go around compared to the spring as evidenced by fewer in the ICU and fewer on ventilators," said Dr. Fred Venditti, executive vice president for system care delivery at Albany Medical Center Hospital.

Dr. Dennis McKenna, president and CEO of Albany Med, said the youngest of the COVID patients at his hospital was 28 years old but the majority are elderly and with underlying health issues like obesity, heart disease or hypertension. The most vulnerable population has not changed since the onset and the virus, by and large, is little more than a nuisance to the young and otherwise healthy.

"COVID fatigue. This is a term a lot of people are referring to as we see the numbers increase," he

said. "Our message is one of resilience not fatigue. One of cooperation not competition. And one of preparedness and not fear. If the numbers continue to go up we have a plan, we have executed that plan in the past and we would be happy to execute that plan again if we need to."

COVID fatigue

It is nearly impossible to go even a few hours without some official somewhere issuing some sort of public service announcement reminding people to wear a mask, wash hands and avoid crowds.

In the spring, when everything was shut down, the universal goal was to "Flatten the Curve" and avoid overwhelming health care systems with COVID-19 patients. The curve, though, has been flat for months, particularly in New York state, which as of last week had the third lowest infection rate of any state in the nation, so people, naturally, are getting lax in their COVID-19 precautions and are gathering more and wearing masks less.

The fatigue comes at a particularly difficult time in upstate New York, as the temperatures dip, more people will stay inside for more hours of a day and while there is still much not known about COVID-19, it is widely believed it is more readily spread among

people congregating inside versus when they do outside.

"I know people have COVID fatigue. People are tired. I'm tired. It's OK to be tired but we have to stay vigilant," said Albany County Executive Dan McCoy.

The fatigue can come out of a false sense of security after the numbers started bottoming out just a couple weeks ago or a sense of rebellion associated with the presidential election or in general. It can come in the form of people attending gatherings, not wearing masks or not following basic safety protocols like washing hands and paying attention to symptoms.

It comes at a difficult time, when flu season is just getting going in this country. There are, though, some positive indications regarding seasonal flu from other parts of the world. For example, according to the CDC, there was an extremely mild flu season in the Southern Hemisphere, which runs from May through September, and there is no reason to believe it won't be the same here.

While there are indications that trend could carry over here thanks, in part, to the precautions undertaken to prevent the spread of COVID-19, health care professionals are still concerned about cases of the flu taxing health care systems.

"In the spring flu season was over and now we have to deal with two viruses that have similar symptoms," Venditti said.

"We encourage people to get a flu vaccine so if COVID does start to surge as we expect it might we don't have to sort out what is really going on with those patients. It is not 100 percent but it will mitigate the symptoms."

Just as a flu vaccine will not guarantee a person will not get the virus, wearing a mask and social distancing and doing all the "right things" will not guarantee immunity from COVID. Last week, four Albany County Health Department employees tested positive for COVID and the office is forced to work remotely for at least another week.

"There are no guarantees in medicine and what we can do for the public is advise people as we advise our own staff as we advise our own family based on evidence. And evidence suggests that mask wearing protects you," said Dr. Elizabeth Whalen, head of the Health Department, in response to her employees testing positive.

Second Wave

There have been COVID-19 comparisons to the Spanish Flu of 1918 — the deadliest global pandemic of modern times that infected up to 500 million people and killed up to 50 million including 675,000 in the U.S. — since early this spring. The first wave hit the U.S. in March, 1918, and the second seven months later, according to the Center for Disease Control. In October of that year alone some 195,000 people died of the H1N1

virus.

"We are concerned over the last few weeks we are seeing an uptick in numbers and it could in fact be something we have been concerned with all along, the beginning of a second wave," Whalen said. "The data will show if that is the case is in the coming days and weeks."

While there is no immediate indication Gov. Andrew Cuomo will shut down businesses again, last week McCoy said he reverted back to Continuity of Operations Plan, or COOP, which includes staggered shifts and more employees working from home to reduce unnecessary contact between people.

Testing

As the number of tests increase, logically, the number of positive cases increases. The vast majority of people get a mild case of COVID, and the symptoms during any other time would lead to staying home from work for a couple days and recovering on the couch instead of getting a COVID test.

For example, in Albany County, during March and April just a few hundred tests were administered a day and only twice did the number of tests exceed 500. In October, there was not one day when less than 500 tests were administered and the majority of days saw 1,000 or more tests. Nationwide there are more than 1 million tests administered daily, according to Johns Hopkins University. All told, the U.S. has conducted more

tests, 145.6 million, than any other country outside of China.

And, while the number of cases is going up, the number of deaths is not proportionately increasing and is nowhere near the numbers seen this spring. In New York, on Saturday, Oct. 31 there were 17 deaths while in April and May the death toll was topping 700 per day.

Regardless, Cuomo and other leaders are wary of what is happening in Europe and other parts of the country and with a widespread, effective vaccine still months away, have repeatedly said they will not hesitate to shut things again if the numbers get too high.

"With cases starting to surge again in the northeast and regionally, it is more important than ever to remember the importance of hand-washing, social distancing, and limiting the size of gatherings, even among families," said Dr. Alan Sanders, chief medical officer for acute care at St. Peter's Health Partners in a statement. "The reality is we are still going to be battling COVID into the holiday season, through Thanksgiving, through Hanukkah and Christmas, and well into the New Year."

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LEGALS

SSNY shall mail copy of process to the LLC, 211-06 36th Avenue, Bay-side, NY 11361. Purpose: Any lawful purpose. D-254527

NOTICE OF LLC FORMATION

SCG JEFFERSON LLC. Arts. of Org. filed with the SSNY on 10/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 11 Grace Avenue, Suite 405, Great Neck, NY 11021. Purpose: Any lawful purpose. D-255177

NOTICE OF LLC FORMATION

SCG WYCKOFF LLC. Arts. of Org. filed with the SSNY on 10/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it

LEGALS

may be served. SSNY shall mail copy of process to the LLC, 11 Grace Avenue, Suite 405, Great Neck, NY 11021. Purpose: Any lawful purpose. D-255178

NOTICE OF LLC FORMATION

SDH HOLDING LLC. Arts. of Org. filed with the SSNY on 10/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 Lund Court, Staten Island, NY 10314. Purpose: Any lawful purpose. D-254241

NOTICE OF LLC FORMATION

SheaPoint, LLC. Filed with SSNY on 09/22/2020. Office: Albany County. SSNY designated as agent for process & shall mail to: 99

LEGALS

Washington Ave Ste 1008 Albany NY 12260. Purpose: any lawful activity. D-253581

NOTICE OF LLC FORMATION

START FROM SCRATCH LLC. Arts. of Org. filed with the SSNY on 10/13/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 111 West 67th Street, 22L, New York, NY 10023. Purpose: Any lawful purpose. D-254781

NOTICE OF LLC FORMATION

SUGAR HILL 141 LLC. Arts. of Org. filed with the SSNY on 09/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-

LEGALS

cess to the LLC, c/o The Grange Bar & Eatery, 1635 Amsterdam Avenue, New York, NY 10031. Purpose: Any lawful purpose. D-254086

NOTICE OF LLC FORMATION

SYDNEE SECRETS PARTY SUPPLY RENTAL LLC. Arts. of Org. filed with the SSNY on 10/06/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 56 New Street, Staten Island, NY 10302. Purpose: Any lawful purpose. D-254577

NOTICE OF LLC FORMATION

TULI LLC. Arts. of Org. filed with the SSNY on 09/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process

LEGALS

against it may be served. SSNY shall mail copy of process to the LLC, 934 East 19th Street, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-254314

NOTICE OF LLC FORMATION

WANDO REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 10/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 Pine Street, Suite 1005, New York, NY 10005. Purpose: Any lawful purpose. D-254893

NOTICE OF LLC FORMATION

WBE BUILDERS LLC. Arts. of Org. filed with the SSNY on 09/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it

LEGALS

may be served. SSNY shall mail copy of process to the LLC, 200 W. 140th Street, New York, NY 10030. Purpose: Any lawful purpose. D-254150

NOTICE OF LLC FORMATION

WEST 94th LLC. Arts. of Org. filed with the SSNY on 10/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 22 Mercer Street, PHD, New York, NY 10012. Purpose: Any lawful purpose. D-254528

NOTICE OF LLC FORMATION

WLHN HOLDINGS LLC. Arts. of Org. filed with the SSNY on 09/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY

LEGALS

shall mail copy of process to the LLC, 44 Prospect Place, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-254755

NOTICE OF LLC FORMATION

WMC BUILD LLC. Arts. of Org. filed with the SSNY on 10/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 159-50 97th Street, Howard Beach, NY 11414. Purpose: Any lawful purpose. D-255638

NOTICE OF LLC FORMATION

WOODEN BRICK CAFE LLC. Arts. of Org. filed with the SSNY on 09/15/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

LEGALS

SSNY shall mail copy of process to the LLC, 780 Morris Park Avenue, Bronx, NY 10462. Purpose: Any lawful purpose. D-253992

NOTICE OF LLC FORMATION

YOSHI24K LLC. Arts. of Org. filed with the SSNY on 10/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 110 Mercer Street, 3B, New York, NY 10012. Purpose: Any lawful purpose. D-255643

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November 4 - 10, 2020

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FROM THE EDITOR'S DESK



The Spotlight welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. *The Spotlight* reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to news@spotlightnews.com. The deadline for all letters is noon Friday prior to publication.

The Spotlight also welcomes longer opinion pieces for the Point of View section.

For information on submitting a Point of View, email news@spotlightnews.com or call (518) 439-4949.

Our full letter policy can be viewed online at www.spotlightnews.com.

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Seven in ten will fail to read

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By the way, if you are reading this, you're invited in on the joke. This is meant to target those who willing choose not to read beyond the headlines. Thank you for playing along. Your readership is greatly appreciated.

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This is where an editorial would go. It's an opinion piece, either of the paper's as a whole or the editor's alone. It's not a news article. There is a difference.

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What's the point?

Most people don't bother to read anymore. Anyhow, if you're still reading at this point, I'm going to let you in on another secret. You're one of the three.

Congratulations. You've read beyond the headline. And, unfortunately, that's not too common anymore. According to a study published in the Washington Post back in 2016, 70 percent of Facebook users only read headlines. Then, they proceed to share the article with friends, and perhaps write a comment about it. All without reading the article.

You can see it, too. People pushing off articles they believe share their point of view because the headline says as much. But, they failed to digest the whole story.

The practical purpose of any headline is to grab your attention and persuade you into reading the corresponding article. It doesn't give you the entire story. It can't.

For one, there's the issue of limited real estate. The headline to this editorial is limited by about seven words, and that's a stretch. It's because of this, writing headlines is a bit of an

art appreciated most by those of us who work in newspapers.

The internet has changed that a little bit by opening the possibilities for 25-word headlines. That's a lede, for crying out loud. That's giving up the ghost before the writer has any chance of sharing the details of the story.

We live in a broadband internet world that demands instant results. That convenience also cultivates a cancel-out society where we can cut words and people out from our lives with the click of a button. In a time where social media can bridge people together as groups, individuals have lost the ability to listen. We're too focused with "look at me" that we don't take the time to learn about everyone else. The result: there is no compassion or empathy for the person in front of us.

There are people out there who take advantage of the shortsighted. They use the tools of the internet to persuade you into a certain frame of thought. They're willing to bet you'll be the one of the majority who fails to read the facts and will feast upon your emotions.

You need to be careful of that. Read more.

— Michael Hallisey,
Managing Editor

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Managing Editor | Michael Hallisey

Online Editor | Jim Franco

Publisher | John A. McIntyre Jr.

Advertising Representatives |
Susan O'Donnell,
Stefanie Markiewicz

Engagement Coordinator | Kaitlin Lembo

Art Director | David Abbott

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LIBRARIES

Construction Update

The library is abuzz with activity! We now have a few solid weeks of construction under our (tool) belt, though it's just the beginning. Much flexibility and innovation has been required this year, and the need to pivot continues. We are excited to witness this much-anticipated project take shape and track the daily progress.

Inside, we've removed all of our ceiling tiles and grid to install our first-ever sprinkler system, along with updating the electrical, mechanical, plumbing, and data wiring systems on our 1992 building. Outside, we're building a ramp on adjacent lots on Western Avenue, allowing machinery access to the east end of the building to build the new children's wing. The flat area on Western Avenue will eventually become a much-needed overflow parking lot, adding



43 spaces.

We are currently on time and on budget with this project. When completed - currently estimated at Oct. 1, 2021 - "Guilderland's Gathering Place" will feature:

- a brand-new children's area, including a new program room and drop-in play space for toddlers
- our first-ever dedicated teen room
- renovated ADA-compliant restrooms, including five single-use restrooms

- a new meeting room
- outdoor plaza seating in front and back
- an outsourced café / used bookstore

GPL continues to serve patrons at the highest level possible, currently

through online, curbside and Normanskill Room browsing options. In addition, we expect to expand public access to the building in the near future, so please stay tuned. Updates are posted on <http://bit.ly/GPLbuildingproject> and our Facebook and Instagram accounts, and in our weekly eNews and monthly newsletters. Please see <https://bit.ly/GPLNews> to subscribe.

Current Hours

Stop by and browse our Normanskill Room collection on a self-serve basis during our curbside hours: Mon.-Wed.-Fri. 10:00 a.m. - 4:00 p.m.; Tues.-Thurs. 1:00 - 7:00 p.m.; Sat. 10:00 a.m. - 2:00 p.m. Please follow all stated

guidelines, and bring your library card. Restrooms are not available, due to construction. Our return shed hours are: Mon.-Fri. 9:00 a.m. - 8:00 p.m. and Sat. 9:00 a.m. - 2:00. All materials are quarantined 96 hours, then their exteriors are sanitized prior to reshelving.

Night Owls Online

Our monthly literary meetup, Night Owls Online, is scheduled for Mon. Nov. 9 at 7:30 p.m. This month's selection is award-winning bestseller *Becoming* by Michelle Obama. This autobiography is lauded as an intimate, powerful, and inspiring memoir by the former First Lady of the United States. Please place a hold on a physical copy for curbside pickup, as eBook copies are limited.

— Luanne Nicholson

Library Tots

Join Miss Lisa from 10 to 10:30 a.m., Thursday, Nov. 12, for a fun and interactive Zoom live session of Library Tots! For ages 0-24 months with parent/caregiver. Fun Time Library Tots Activity Bags will be available for pick-up for those who register for the class. Items included, such as a board book for choral reading and interactive props, will be used during the class. Please register online to receive the Zoom link before the session.

Book discussions

Nonfiction Book Discussion - Monday, Nov. 9, from 7 to 8:45 p.m. - "The Last Pirate of New York" by Rich Cohen

Books & Beyond - Wednesday, Nov. 18, at 11 a.m. - "1984" by George Orwell

Cookbook Club - Thursday, Nov. 19, from 6:30 to 8:30 p.m. - "Perfection" by Martha Stewart



Middle School Book Club - Monday, November 23, from 4:00 to 4:45pm - "Slider" by Pete Hautman

Please register online to receive the private meeting link for any of these virtual book discussions. Limited copies of the book are available.

Yoga for everyone

Join us from 6:15 to 7:15 p.m., Tuesday, Nov. 10, for a vinyasa yoga class designed to help you gain a stronger sense of body awareness and proper alignment while linking breath and movement. Tricia Kanderfer is a certified yoga instructor who has years of teaching experience. For ages 11-adult. Please register online.

— Lynn Kohler

Book groups

If you're interested in reading things you might not have otherwise read, if you want to discuss books you've read with folks with similar and dis-similar opinions, and you want to ensure you'll make time for reading, say yes and join us at our November meeting on Nov. 18, at noon.

We will be meeting virtually to discuss award-winning author Lily King's latest novel *Writers and Lovers*, a transfixing novel that explores the terrifying and exhilarating leap between the end of one phase of life and the beginning of another.

Veterans Day

We will be closed Wednesday, Nov. 11 in observance of Veterans Day. Regular hours resume on Thursday, Nov. 12, and electronic downloads are available all the time at uhls.

RCS COMMUNITY LIBRARY

overdrive.com!

Be a part of our live storytime!

Join us for an interactive Storytime on Zoom, with Miss Liz on Thursday, Nov. 12, at 10 a.m. Liz will be sharing books, songs, and rhymes. Babies, toddlers, and preschoolers are all welcome! Registration is required and limited. Sign up today by visiting our website.

Pie crust from scratch

Boost your confidence by working alongside former professional pastry chef Amy. Be a part of a live Zoom baking class on Saturday, Nov. 14, at 2 p.m.

— Carol Melewski

Pandemic cooking

In the early days of the stay-at-home order this spring, many of us spent the days baking, sautéing and cooking our way to some semblance of comfort as we tried to make sense of the surging virus that had upended our lives.

At that time, the Upper Hudson Library System put out a call for those recipes that were a part of our pandemic cooking repertoire with the promise that they would be assembled and shared with the greater library community. That time has come! The Upper Hudson Community Cookbook is now available as a free pdf featuring dozens of mouth-watering recipes, including a couple from our Bethlehem neighbors: Sheryl R.'s Microwave Chocolate Truffles, Jennifer Y.'s Sambuca Mushrooms and Crustless Spinach Quiche from Susan S.

Check out those recipes and more at www.uhls.org/UHLS_Community_Cookbook.pdf.

Underwater archaeology

On Friday, Nov. 9, we'll be going underwater - again, virtually - to explore some of the shipwrecks found in rivers, lake, oceans and even on land with Dr. Daria Merwin of the New York State Museum. Learn about underwater and maritime archaeology, and find out what these amazing sites can tell us about the past. This program, which takes place on Zoom at 1 p.m., is part of the library's Coffee and Conversation series co-sponsored by Bethlehem Senior Projects, Inc. Log in online to enjoy the presentation followed by time to chat and ask questions. To sign up, visit the online calendar at bethlehem.librarycalendar.com and select the program you're interested in.



Library of Things

Did you know that although some items in our Library of Things collection have been moved out of circulation due to pandemic-related safety concerns, there are still plenty of cool "things" to check out, such as trail cameras, slide scanners, digital projectors and more? We're also allowing Bethlehem cardholders to put most of these items on hold, so they can be picked up curbside or during our open hours. Visit our website at www.bethlehempubliclibrary.org to see what's available.

Library of Things items can be returned inside the library or through our "reverse curbside" process, where we roll out a quarantine bin to your car in our curbside checkout area of the parking lot.

Library hours and more

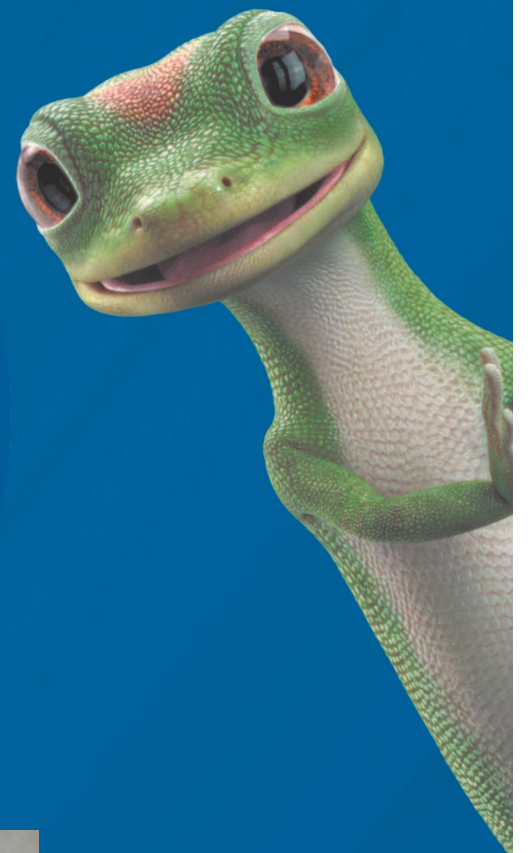
The library is open from 9:30 a.m.-7 p.m. Monday-Thursday, 9:30 a.m.-5 p.m. Friday, and 1-5 p.m. Saturday. Masks are required, and we are limiting the number of people inside the library at once so there might be a short wait before entering at busier times. Because others might be waiting, we are asking everyone to limit their time inside to simply selecting and checking out materials.

Curbside pickup is currently available from 1-7 p.m. Monday-Thursday and 1-6 p.m. Friday.

Visit www.bethlehempubliclibrary.org/coronavirus-information for the latest library service updates.

— Kristen Roberts

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Trick or Treats

People showed their creativity this year on Halloween.

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■ FEATURE

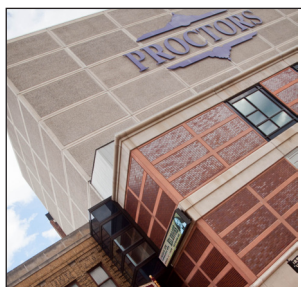
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Shows back on?

Cohoes Music Hall names shows coming back in 2021.

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Eddie Awards

Proctors will broadcast annual show from Saratoga Springs.

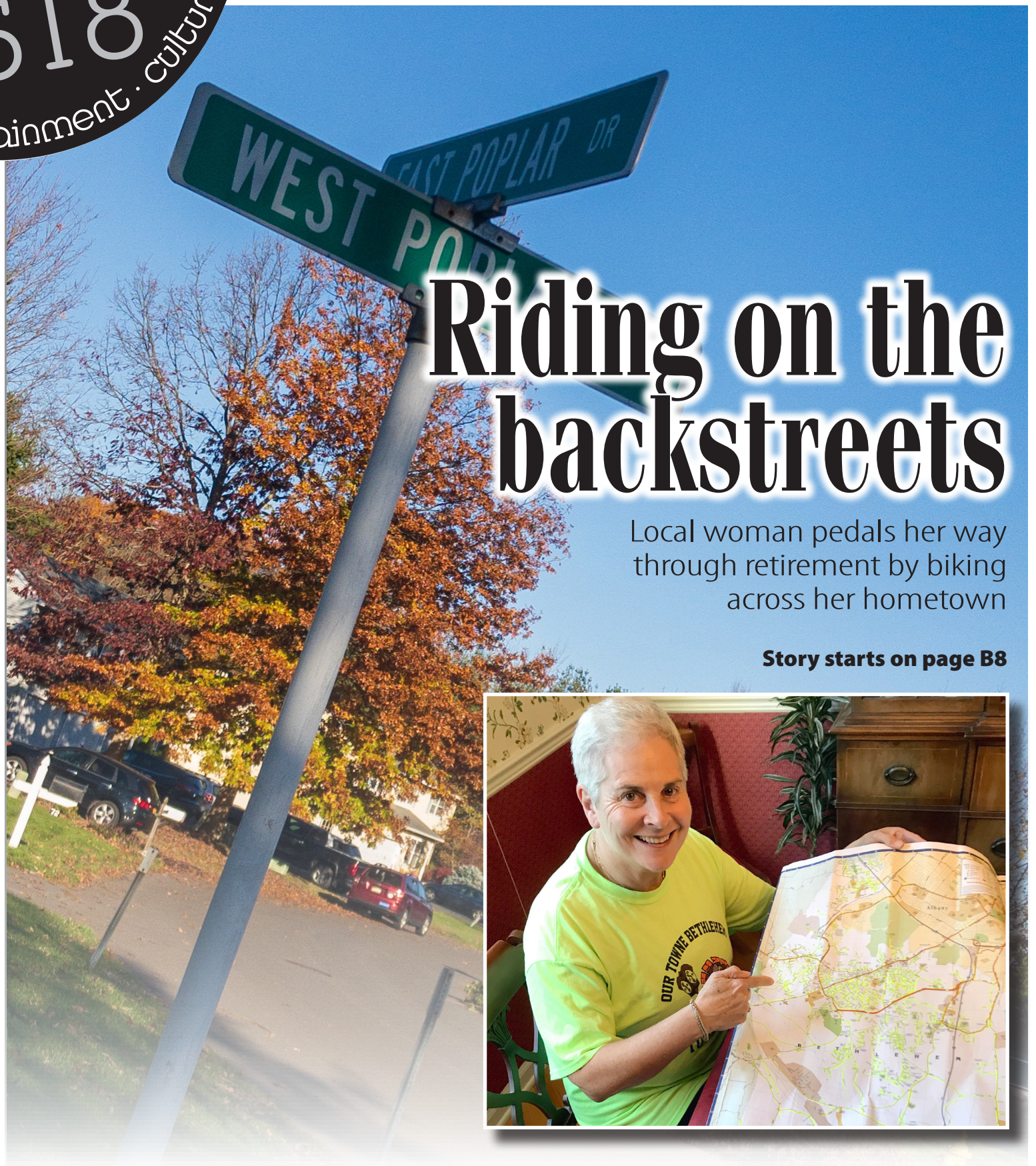
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Level up

How do video games help promote better living?

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Riding on the backstreets

Local woman pedals her way through retirement by biking across her hometown

Story starts on page B8



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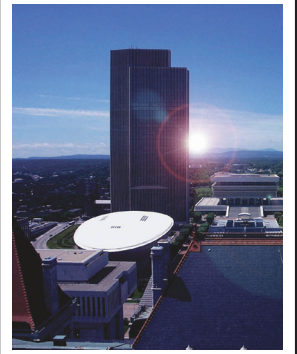
"I had this urge to ride all these roads from driving seniors to and from their appointments or shopping. I always wondered where certain streets were and where the ones I wasn't familiar with were."

— Jane Sanders, Local bicyclist

HANG ON

There's still some blue skies left before we turn the seasons over to winter. Just keep looking up.




Michael Hallisey / The Spot 518



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RECENTLY ANNOUNCED

Holiday Lights coming back Nov. 17

Albany Police Athletic League Announces 24th Annual Price Chopper/Market 32 Capital Holiday Lights in the Park

ALBANY — The Albany Police Athletic League announced last week the 24th Annual Price Chopper/Market 32 Capital Holiday Lights in the Park, with Albany Mayor Kathy Sheehan

The nonprofit will flip the switch on Tuesday, Nov. 17, and the show will run from Nov. 27 through Jan. 3, 2021.

This year's theme is Hope chosen by Ella Rozonewski, of Albany, who won the "Theme-ing is Believing" contest.

This year's Holiday Lights Extravaganza will be like no other due to the pandemic. While some events have been cancelled and others modified, the lights will once again illuminate the beautiful and historic urban landscape at Washington Park.

"The Lights have grown to become the symbols of

"The Lights have grown to become the symbols of hope, love, and peace that define the holiday season. With the year we've all had, the people of the Capital Region need the sense of normalcy that our holiday tradition provides."

— Sgt. (Ret.) Leonard Ricchiuti, Executive Director of Albany PAL

hope, love, and peace that define the holiday season," said Sgt. (Ret.) Leonard Ricchiuti, Executive Director of Albany PAL. "With the year we've all had, the people of the Capital Region need the sense of normalcy that our holiday tradition provides."

Because of the changes, and some event cancellations, Albany PAL will need a little extra holiday cheer to help keep the organization's



Image cutline: PAL Executive Director, Sgt. (Ret.) Lenoard Ricchiuti, center, announces the 24th Annual Price Chopper/Market 32 Capital Holiday Lights in the Park, and is joined by, (L. to R.) Chad O'Hara, Program Director at B95.5FM, Chief Eric Hawkins of the Albany Police Department, Albany City Mayor Kathy Sheehan, and Mona Golub from Price Chopper/Market 32.

Provided photo

programs going strong for the children who need them. There are a few ways the public can help and get involved.

Through cash donations via the PAL website.

By purchasing gifts for the toy drive, contact-less, through PAL's Amazon wish list. The usual toy drop off locations aren't able to host those toy bins due to the pandemic. Items will be shipped directly to the PAL office.

And the biggest way to help is to come enjoy the Lights in the Park.

Albany PAL's walking events will still take place, proceeds of which will go to PAL's programming, and the Charities of Choice: Make-A-Wish Northeast New York, American Red Cross of Northeastern New York, and Regional Food Bank of Northeastern NY. Admission is \$5 per person, or \$10 for a family, for each walk or bike event.

The Drive thru Sneak Peek nights will be Friday and Saturday, Nov. 20 and 21, from 6 to 9 p.m. Each patron will receive a "bounce back pass" to revisit the show during its normal season, with their paid admission.

Bicycle Night will be Sunday, Nov. 22 from 4:30 to 5:30 p.m.

New this year, Food for Friends Walk Night will also be Sunday, Nov. 22, from 5:45 to 7:30 p.m.

Patrons are encouraged to bring a non-perishable item as a donation.

Pet Walk Night will be held on Monday, Nov. 23, from 5 to 7 p.m. Pets admitted for free.

The 2020 Grand Opening will be Friday, Nov. 27, with the show running until Jan. 3, 2021. Every Sunday night of the show, children will receive a special gift, courtesy of Albany PAL and the PAL Partners.

Due to current pandemic restrictions, the Lake House will remain closed this holiday season, and PAL will not be offering horse and carriage rides, vendors, or pictures with Santa. But they will be back better than ever in 2021, to celebrate the 25th Anniversary of Lighting up the Capital Region.

For more information, visit the website http://albanycapitalholidaylights.com/.

The Albany Police Athletic League, Inc. is a juvenile crime prevention program which brings kids, cops, and community together in non-law enforcement settings. PAL can be reached at 518-435-0392 or www.albanypal.org.

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ARTS

Shows back on

Cohoes Music Hall announces rescheduled dates for previously postponed shows

COHOES — Three shows postponed due to COVID-19 restrictions have rescheduled dates at the Cohoes Music Hall for the spring of 2021 in hopes that music venues will be reopened for business at that time. All purchased tickets will be transferred over to the new date.

On Thursday, April 8, 2021 at 8 p.m., Tab Benoit will take the Cohoes Music Hall stage. Tab Benoit is a Grammy nominated singer, songwriter and guitarist who has built a remarkable 30+ year career on the foundation of his gritty and soulful Delta swamp blues and acquiring a devoted legion of fans along the way, as well as five Blues Music Awards, including BB King Entertainer of the Year (twice) and an induction into The Louisiana Music

Hall of Fame.

Into the Mystic: The Van Morrison Experience has been scheduled for Saturday, May 15, 2021 at 8 p.m. Into the Mystic, led by vocalist Justin Panigutti, is comprised of some of the area's finest musicians and portrayers, coming together to produce an evening of Van Morrison's finest work and promising to be a musical experience not to disappoint.

Thunderstruck: America's AC/DC Tribute Band will play Saturday, June 19, 2021 at 8 p.m. Thunderstruck recreates the spirit and energy of an AC/DC concert, the way you remember it. Thunderstruck aims to please every crowd, playing the songs you know and love from all eras of AC/DC. Striving to stay true to the AC/

DC way, Thunderstruck obsesses over the tones and structures of each song's studio and live versions, also using all the gear necessary to bring the power and entertainment of a genuine AC/DC show.

Tickets for the new dates are available on the Cohoes Music Hall website, thecohoesmusichall.org. All tickets purchased for previous dates are still active and will be honored. If you are unable to attend on the new date or have questions, please call Cohoes Music Hall Box Office at 518-434-0776.

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editors' playlist

You Know My Name
Chris Cornell

Skyfall
Adele

No Time To Die
Billie Eilish

Dreams
Girl Blue

There's something about James Bond theme songs that just get me. I love the mix of class and film noir and suspense. I've been partial to "Skyfall" for years, but Billie Eilish's theme is beautiful. Who doesn't love Chris Cornell? I really need to sit down and watch these movies again.

—Katie Lembo

ARTS

Eddie Awards to hit the waves Dec. 6

Show highlights to include performances, year retrospective and announcement of winners in 34 categories

SARATOGA SPRINGS — The second annual Capital Region Thomas Edison Music Awards – aka the Eddies Music Awards – will be broadcast live at 7 p.m. Dec. 6 from Universal Preservation Hall.

The awards show will be shot on a closed set in UPH's Great Hall with about 45 people participating as cast and crew. Four artists will perform during the broadcast, and four panels will discuss the year in local music and how artists, technicians, venue owners

"We're packing a lot into a 100-minute, commercial free broadcast."

— Sal Prizio, Eddies co-founder

and others pivoted during the pandemic. The topics for each panel will vary to reflect the diversity of challenges felt – and addressed – throughout the regional music scene. Announcement of winners in 34 categories will be made in between segments.

The show is being filmed by Chromoscope Pictures of Troy. It will be broadcast live on Collaborative Studios' Amazon Fire TV, Roku and Apple TV apps, its public access channels in Albany

and Schenectady, and on YouTube and Facebook. It will be available on-demand for free after the event. Collaborative Studios and The Eddies Music Awards are initiatives of Proctors Collaborative.

The show, originally scheduled for April at Proctors in Schenectady, was postponed due to the pandemic. The Capital Region Thomas Edison Hall of Fame Awards – an offshoot of The Eddies Music Awards – was held just days before civic authorities severely restricted public gatherings in March. The Accents, Blotto, The Fidelities, Hal Ketchum, Lena Spencer and John Sykes were inducted during a sold-out ceremony.

"We were coming off an enormous high after the Hall of Fame dinner on March 9," said Jim Murphy, Eddies co-founder, "and within just a couple days

it became clear the Eddies would be postponed. If we predicted then the length of the postponement, and whether or not we would have a live show this year, we would have been wrong."

The musical performance, panel discussion and awards announcements will happen from three different areas of UPH's Great Hall. "We'll take considerable safety precautions," said Sal Prizio, Eddies co-founder. "This will be a bit of a three-ring circus. Five cameras. Twenty-four panelists rotating in groups of six. And four musical performances on the stage. We're packing a lot into a 100-minute, commercial free broadcast."

Nominations were announced in February in 34 categories. Roughly 100 representatives of the local music industry participated in judging.

"We had a pretty intensive process last winter where we discussed artists, 2019 music and music video releases, as well as venues and other organizations involved in music creation and performance," Murphy said. "Hundreds of individuals, groups, venues and companies were considered, as many as 35 or more in some categories."

"The nomination committees whittled down the nominees to six in all but three categories and to eight in three others," Prizio added. "Judges were given links to works by every musical act that was a finalist and given a month to consider their choices. Judges were asked to only vote in categories where they had expertise and great efforts were taken to avoid conflicts of interest."




"We were really hoping to pull this off as a live event," Prizio continued.


"Last year we had over 1,250 people in attendance and half of the fun was celebrating together. As we got further into the year it became clear it was going to be a virtual event or none at all."

"We're doing everything possible to make this broadcast a special evening," Murphy said. "We encourage everyone to view this live, to celebrate in their living rooms, studios or wherever they prefer to gather safely. May we all get together in 2021!"

Musical acts and other participants in the 2020 Eddies Music Awards Show will be announced closer to the broadcast.

Broadcast and event details will be updated at theeddiesshow.com; follow the Capital Region Thomas Edison Music Awards on Facebook for announcements.

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NOV 30 at 8 pm | \$7

CULTURE

Can video games level up your health?



suggesting you trade in your gym membership for a game subscription, it turns out there probably are worse things you could be doing with your leisure time, experts say. Keeping things balanced is key to avoiding pitfalls.

Unless you're actually playing Pitfall!, the biggest threat a video game poses to your health is probably not quicksand or mutant scorpions. It's sedentary behavior – low-energy activity, such as watching TV or being a passenger in a car.

Simply put, sedentary behavior is bad for you, said Tracie Barnett, an associate professor in the department of family medicine at McGill University in Montreal. It "is really quite well-established that it increases risk of death from all causes," said Barnett, who was chair of the committee that wrote an American Heart Association scientific statement on sedentary

By MICHAEL MERSCHEL
American Heart Association News

You might assume that portraying video games as bad for your health would be as easy as shooting ducks on an old Nintendo.

Even a professional gamer like Noah "Nifty" Francis, 22, admits players

aren't known for having great habits. Francis, who plays Counter-Strike: Global Offensive for the Dallas-based Team Envy, knows people who play 14 hours at a time, so focused on the game that they forget to eat. "A lot are, like, so skinny – even frail-looking – because maybe they eat one meal a day."

While nobody is

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CLUES ACROSS

- Dutch word for "language"
- Popular music style
- Body part
- Largely dry valleys
- Brew
- Ancient Greek sophist
- Where rockers play
- Human gene
- One point east of northeast
- Adversary
- Small cask or barrel
- About ear
- Benign tumors
- In a different way
- One charged with a crime
- Chinese principle underlying the universe
- Long, narrow straps
- Passover
- Ottoman military commander
- One who does not succeed
- Data
- 3D image
- Whale ship captain
- Japanese title
- Made of wood
- Yokel
- Exercise system __-bo
- Supreme being
- Playing card with three spots
- Hostelry
- Spiritual leader
- Single lens reflex
- Time of the 90th meridian, used in the central U.S.
- Thomas __, American cartoonist

- Port city in Yemen
- It can be straight
- Tennis player's tool
- Estranged
- Garden archway
- Assists
- Grain crop
- Millisecond
- U.S. Founding Father Adams
- Small, deerlike buffalo
- Easily manageable
- Male parent
- Nearsightedness
- Patriotic women
- Decorate a cake with frosting
- __ fi (slang)
- A joke rooted in wordplay
- Attack violently
- Keyboard key
- __ juris: independent
- Corporate executive (abbr.)
- Adult female bird
- Pertains to knowledge
- Pashtoes
- Prefixed title for Italian monks
- To be fired from a gun
- A way to position
- __ process: produces ammonia
- Follow instructions
- Humanistic discipline
- Throw
- Swiss river
- American hate group
- Actor Idris
- Seizes
- Baseball stat

CLUES DOWN

- Shuttered airline
- Swiss river

Answers on Pg. B13

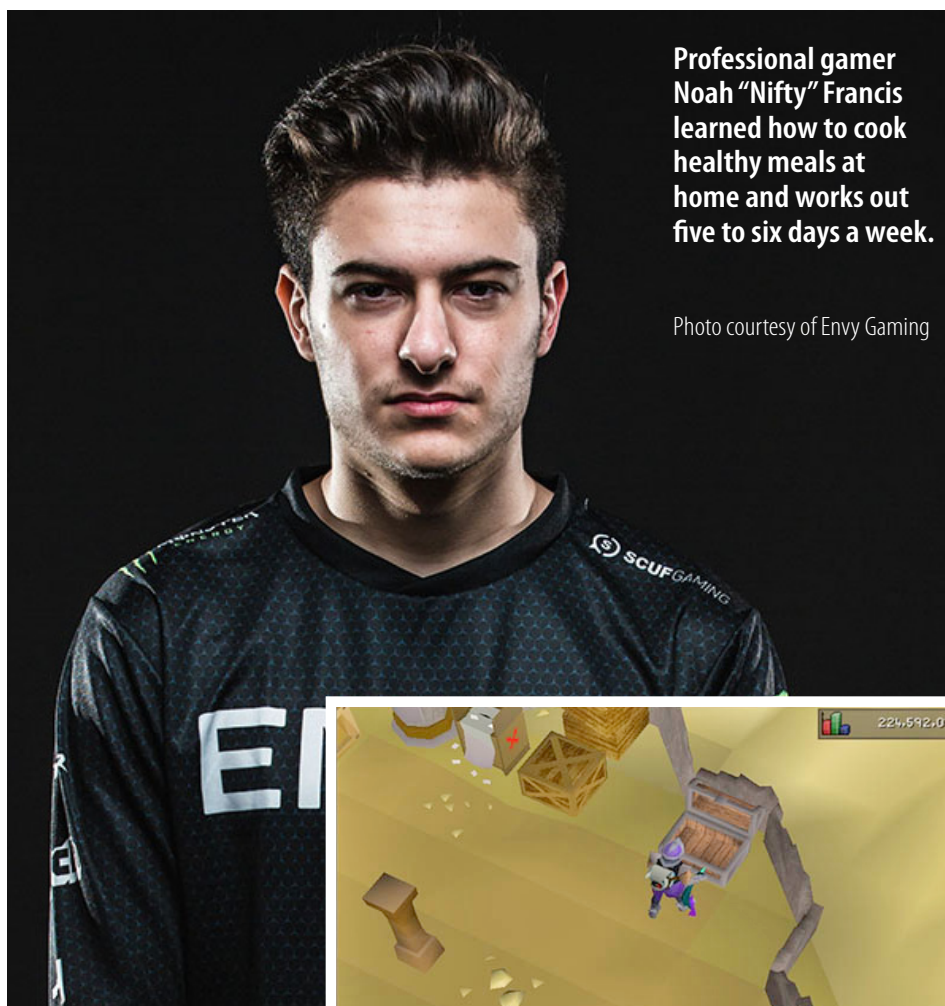
behavior in youth in 2018.

That report said screen time seems to contribute to children becoming overweight. But, Barnett said, many studies on screen time lump games, computer time and television-watching into one category. "And I'd say, not all screen time is equal."

A 2012 study in the American Journal of Clinical Nutrition assigned people to either watch TV, play a video game with a controller or play a video game controlled by motion. An assortment of snacks was set nearby. Every group consumed more calories than they expended – but the net intake was highest in the TV group and lowest in the motion-controlled video game group.

A 2015 review of studies in the Journal of Physical Activity and Health also found video games were a step up from sedentary screen time.

Overall, games that inspire motion – "exergaming" – beat doing nothing, said Barnett. Federal guidelines recommend adults get at least 150 minutes a week of moderate-intensity aerobic activity or 75 minutes per



Professional gamer Noah "Nifty" Francis learned how to cook healthy meals at home and works out five to six days a week.

Photo courtesy of Envy Gaming

week of vigorous aerobic activity. And there's "a huge amount of benefit" in getting someone to go from no activity to even as little as 15 minutes a day, Barnett said.

That could affect a lot of people. About 214 million people in the U.S. are video game players – 64 percent of adults and 70 percent of children, according to the Entertainment Software Association, an industry trade group.

Research shows video games also can boost emotions and thinking skills. And the power of games to motivate can inspire healthy behavior,

said Daehyoung Lee, an assistant professor in the department of applied human sciences at the University of Minnesota Duluth.

But Lee, who helped develop an app that encourages people with autism to be more active, said there are limits to how much good games can do. "Active video games and gamified fitness apps are a creative way to reduce prolonged sedentary time especially in physically inactive individuals, but they are limited to supplementary roles," he said. "We have to pursue real exercise and regular physical activity to meet the recommended physical activity guidelines and gain health benefits."

Gaming before bed also can disrupt sleep patterns, Lee said. And some people have trouble stopping. The American Psychiatric Association recognizes "internet gaming disorder" as a potential diagnosis for children and adolescents when gaming leads to "impairment or distress."

Parents looking for safe limits on screens overall

Continues on B11

Roberto CarasasFigueroa plays RuneScape on Twitch.

Photo courtesy of Roberto CarasasFigueroa



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FEATURE

Riding on the backstreets

Local woman pedals her way through retirement by biking across her hometown

By **KAITLIN LEMBO**
lembok@spotlightnews.com

BETHLEHEM — Jane Sanders, 62, considers herself “pretty active.” She’s an occasional hiker and likes to keep on her toes. Before her retirement in February 2019, she spent 17 years working for the Town of Bethlehem, where she spent four years as the director of Senior Services.

The Delmar resident pushed boundaries — literally — when she spent 20 days biking each road on Bethlehem’s map over the summer.

“I had this urge to ride all these roads from driving seniors to and from their appointments or shopping,” Sanders said. “I always wondered where certain streets were and where the ones I wasn’t familiar with were.”



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Answers on Pg. B13

HOROSCOPES

November 2020
 Week 1

ARIES – MAR 21/APR 20

Be prepared for some news at work, Aries. There may be a change in the hierarchy or another management change. Stay calm, as this could bode well.

TAURUS – APR 21/MAY 21

Taurus, someone new may come into your life and you could be completely enamored. This may be a romantic interest, or someone who simply understands your way of thinking.

GEMINI – MAY 22/JUN 21

While technology already is ever-present in your life, this week you may be introduced to a new form technology in your home or place of work.

CANCER – JUN 22/JUL 22

Cancer, you may find yourself drawn into online activities or a new hobby that you never previously considered. This may awaken a new interest in you and liven things up.

LEO – JUL 23/AUG 23

Leo, take a few moments this week to examine your finances. Spend time looking at recurring payments and where you can cut. Opt for a new form of recordkeeping.

VIRGO – AUG 24/SEPT 22

Strange developments may infiltrate your normally ordered schedule, Virgo. Even though situations may be outside of your wheelhouse, keep an open mind about all possibilities.

LIBRA – SEPT 23/OCT 23

Take a greater interest in movies, music or entertainment, Libra. It is always good to broaden your horizons. Plus, this will give you new subject matter for conversations.

SCORPIO – OCT 24/NOV 22

Scorpio, this week you may have a strong urge to do something exciting or adventurous. You might want to book a spontaneous trip or ride a roller coaster.

SAGITTARIUS – NOV 23/DEC 21

An unexpected career opportunity could be coming your way, Sagittarius. It’s okay to be nervous, but focus more on the possibilities for advancement and excitement.

CAPRICORN – DEC 22/JAN 20

New interests may capture your attention, Capricorn. Study different countries and their cultures to learn more about the world. Then plan future trips to an inspiring locale.

AQUARIUS – JAN 21/FEB 18

Aquarius, you may be at a crossroads in your life that has you wondering what the next step may be. Take advantage of increased online educational possibilities.

PISCES – FEB 19/MAR 20

Pisces, if you have been pondering a reason to move, now may be the time to really put a plan into action. Start researching neighborhoods.



Jane Sanders holds a map of her hometown of Bethlehem. Each streak of fluorescent yellow is a street she visited on her bicycle.

Jane Sanders

Sanders' mission was outfitted with her map, which had each road in the town's boundary mapped out. After her ride each day, she would sit down and mark off the roads she took. Sanders said she would ride about five hours a day. Sometimes, she would have to bike eight to 10 miles to her starting point.

Sanders said her journey gave her something to do and a way to get fit. Despite biking hundreds of miles through the area, she never once got lost and recognized many homes from her time at work. Having broken up the town into bite-sized chunks on her map, she was able to cover a bunch of land at a time by utilizing roads that made sense for the route. Plus, because she started the journey when a lot of places were closed due to the COVID-19 pandemic, the traffic on the major roads was a fifth of what you see today.

"I was able to see places like Bridge Street in Selkirk, which is kind of out of the way and a place I hadn't been to before,"



"I've always enjoyed riding my bike. This was just a super fun way to get to know our town more and get some great exercise while doing it."

— Jane Sanders

she said. "Ultimately, I kept going until I saw a sign of some kind indicating I had crossed the Bethlehem boundary."

Sanders will be 63 soon. She and her husband, Garry, love talking about her rides. The former outreach worker feels accomplished and now has a better knowledge of Bethlehem's borders.

"I've always enjoyed riding my bike," she concluded. "This was just a super fun way to get to know our town more and get some great exercise while doing it."

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HEALTH & FITNESS

Don't neglect your skin from care this fall

Fall and winter skincare tips

As summer transitions to fall, many changes take place. In addition to changing landscapes, men and women may need to adapt their health and wellness habits to ensure that they stay healthy and happy. Part of that daily regimen includes how to care for skin as the seasons change.

Just as skin requires certain protection from the sun and heat in the summer, skin has special needs in the fall and winter. Fall and winter are often characterized by cold, dry weather, which can make these times of year particularly challenging for people with dry or sensitive skin. These tips can help people maintain their skin's appearance and health.

Don't skip the sunscreen

Sunscreen is not a summer-only requirement. UV rays can damage the skin any time of year, even if the rays are not as strong as during the summer. UV radiation accelerates and increases the risk of skin cancer. It also can lead to premature aging. Utilize a sunscreen with an SPF of 30 or higher every day.

Invest in a humidifier

Dry, cold temperatures can rob the skin of essential moisture, even indoors. Dermatologists suggest using a humidifier at home to boost the amount of moisture in the air. This can make skin more comfortable and can have other health benefits as well.

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Skip hot showers

It can be tempting to sit under a hot stream of water to warm up. However, hot water dries out the skin by depleting its stores of natural oils, says Glacier Med Spa. Take warm showers instead and don't stay in for longer than 15 minutes.

Limit exfoliation

While exfoliation can remove dead skin, overdoing it can make already sensitive skin more raw. Increase the time between exfoliation treatments. Consult with a dermatologist for more advice about dealing with flaky skin.

Don't forget your lips

Using a thicker moisturizer on the body and face can help add and retain moisture. But pay attention to your lips and eyes as well. Something as simple as petroleum jelly on the lips can help prevent chapping. Invest in a quality eye cream to help the delicate skin around the eyes as well.

Modifications must be made to skincare routines in anticipation of seasonal weather changes.

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From page B7 Video games

can turn to the American Academy of Pediatrics, which recommends bedrooms, mealtimes, and parent-child playtimes should be screen-free and that screens should be turned off an hour before bedtime.

For adults, Barnett said it's a good idea to take a break from gaming for five to 10 minutes every half hour, or 15 to 20 minutes every hour. And keep a healthy balance with the rest of your life. "Spend some time outdoors, make sure you have face-to-face interactions as well."

Balance is what Francis, who has played professionally since he was

14, aims for these days. He persuaded his team to hire a personal trainer and learned how to cook healthy meals at home. He also started hitting the gym five to six days a week. (Research shows exercise can actually help video game performance.)

Francis said he's felt the difference his lifestyle changes have made. He feels more creative, less

groggy. That's vital to someone who's playing in tournaments where tens of thousands of dollars are on the line. "If it makes you 5 percent better, even 1 percent better, you take that."

Roberto CarasasFiguroa plays for lower stakes. The 30-year-old, who lives in Carrollton, Texas, has spent a lot of nights in front of

the screen. When he was younger, he sometimes played until 5 or 6 a.m. — often fueling himself with little more than a frozen burrito.

These days, while he's between jobs because of the coronavirus, he plays about eight hours a day.

In recent years, he realized he was the model of an unhealthy stereotype. So, he started

eating healthier food and exercising more. By doing so, he cut his weight from 250 pounds to around 160.

He intends to keep gaming, he said. But it was time for better habits.

"I have frozen burritos in the freezer right now," he acknowledged. "But you know, they've been there for a while."

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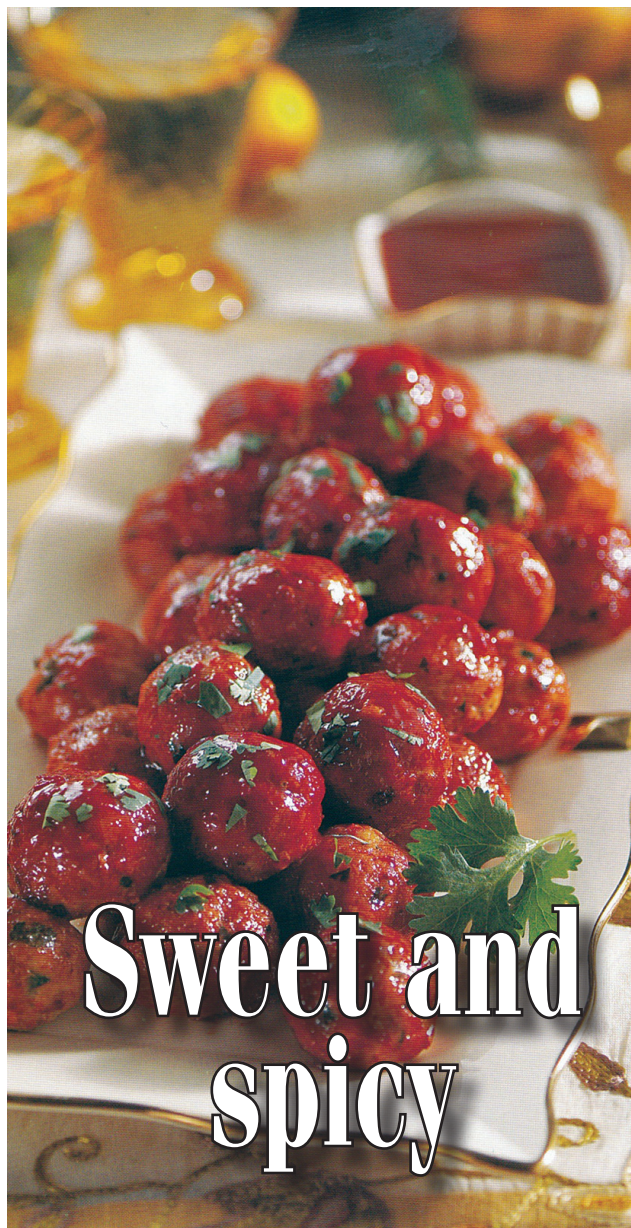
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People near and far eagerly await December 31 so they can welcome the arrival of a new year. The final day of the year is a key dates on social calendars, and most individuals gather with friends or family members to count down to midnight.

Foods and beverages are important components of New Year's Eve gatherings, no matter how many guests are in attendance. Finger foods and easy-to-share appetizers are ideal snacks to pair with cocktails or glasses of bubbly. This recipe for "Chicken Meatballs With Chipotle-Honey Sauce" from "Crock•Pot 365 Year-Round Recipes" (Publications International, Ltd.) from the Crock•Pot Kitchens can make for an ideal hors d'oeuvres for New Year's Eve celebrations.

Chicken Meatballs With Chipotle-Honey Sauce

Ingredients: Makes 12 servings (4 meatballs each)

- 2 pounds ground chicken
- 2 eggs, lightly beaten
- 1/3 cup plain dry bread crumbs
- 1/3 cup chopped fresh cilantro
- 2 tablespoons fresh lime juice
- 4 cloves garlic, minced
- 1 4-ounce can chipotle peppers in adobo sauce, divided

- 1 1/2 teaspoons salt, divided
- 3/4 cup honey
- 1/3 cup chicken broth
- 1/3 cup tomato paste
- 1 tablespoon lime juice
- 2 teaspoons Dijon mustard
- 2 tablespoons vegetable oil, divided

Instructions

1. Line two baking sheets with parchment paper. Combine chicken, eggs, bread crumbs, cilantro, lime juice, garlic, 1 tablespoon adobo sauce, and 1 teaspoon salt in medium bowl; mix well. Form mixture into 48 meatballs. Place meatballs in single layers on prepared baking sheets. Cover with plastic wrap; chill 1 hour.

2. Combine remaining 1/2 teaspoon salt, 2 to 3 chipotle peppers, honey, chicken broth, tomato paste, lime juice, and Dijon mustard in blender or food processor. Process until smooth. Pour sauce into slow cooker. Set aside.

3. Heat 1 tablespoon oil in large skillet over medium-high heat. Working in batches, cook meatballs, turning to brown on all sides, transferring batches to slow cooker as they are finished. Add additional tablespoon of oil to skillet as needed for second and subsequent batches.

4. When all meatballs have been added to slow cooker, stir gently to coat all meatballs. Cover; cook on high 3 to 4 hours or until meatballs are no longer pink in centers.



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GRAND PRIZE:
Flatscreen TV
 for the fan with the best overall record after 21 weeks

WEEKLY PRIZES:
 For the fan with the most correct picks each week

1ST PLACE:
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spotlightnews.com/football

- Pick the winners of weekly Pro-Football games
- The fan with the most correct picks **WINS!**
- The fan with the best overall score after 21 weeks, **WINS a flat screen TV!**

THE SPOTLIGHT • PROFESSIONAL FOOTBALL CHALLENGE
www.spotlightnews.com/football
YOU COULD WIN BIG!

NATIONAL GRAND PRIZE: TRIP FOR 2 TO HAWAII! WEEKLY PRIZE - FATHEAD OF YOUR CHOICE!

CAN YOU BEAT OUR V.I.P.s?

 Mike Gollinger Crossroads Ford This Week: 6-7 Overall Points: 68-40	 Dave Endy Steiner's Ski • Bike This Week: 6-7 Overall Points: 71-38	 Susie Carrk McAddy's Pub This Week: 6-7 Overall Points: 71-37	 Frank Bolognino Roma Foods Importing Company, Inc. This Week: 7-6 Overall Points: 60-50
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COMPETE WITH OUR MEDIA PANEL ON NFL PICKS!

 Stefanie Markiewicz Spotlight News Advertising Representative This Week: 7-6 Overall Points: 75-33	 John McIntyre Spotlight News Publisher This Week: 5-8 Overall Points: 67-43
 Michael Hallisey Spotlight News Managing Editor This Week: 6-7 Overall Points: 73-35	 Kaitlin Lembo Spotlight News Engagement Coordinator This Week: 7-6 Overall Points: 70-38



CREATIVE

Halloween felt a bit different this year, and for a good reason. But, COVID didn't stop some people from having a little fun last week, as you can see.

Michael Hallisey /
The Spot 518



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