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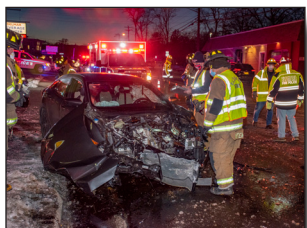
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January 13 - January 19, 2021



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NEWS Head-on crash

Two hospitalized after rush hour crash on Delaware.

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Safe for now

Both Macy's storefronts survive latest cuts.

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Gas going up?

Industry forecaster sees how vaccines will impact prices.

Story on Page 6



TOP STORY

Reverence

Barbara Gallager, beloved teacher at Barbara's School of the Dance, has died

By **MICHAEL HALLISEY**

halliseym@spotlightnews.com

DELMAR — Barbara Gallager, the matriarch of Barbara's School of the Dance, died on Christmas Day, Friday, Dec. 25.

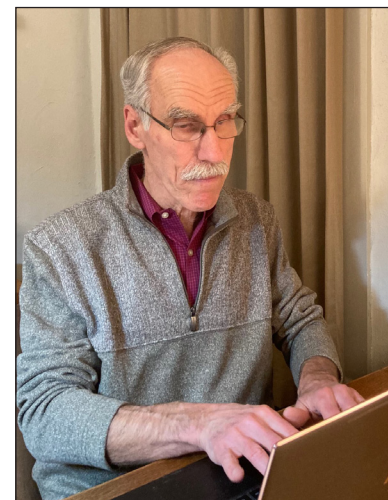
The founder of the Delaware Avenue dance school was remembered for her genuine love for her students — some of whom were children of former students who started with her more than 45 years ago.

"To all who knew her, she can never be replaced," stated an online message released by the school's staff. "Her instruction of dance was more than that. It was a metaphor for personal development with commitment, perseverance, and dedication."

Barbara's School of the Dance

Continues on page 2

ENTERTAINMENT



Projection

Local author's latest explores relationship between father, daughter.

Story on Page B1

INSIDE



Going 'Criminal'

Local pop artist plans to go 'Criminal' with new release due out this week.

Story on Page B3

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From page 1 ... Reverence

Dan Sheehan, director of operations for Proctors, had known Gallagher since 1992. The Schenectady theatre house would host her school's annual recital there. He called her "a favorite of us backstage folks."

"She was... a really sweet person," said Sheehan. "All of her students clearly adored her as well. ... She will be missed mightily."

Members of the dance school described their teacher as caring and having a genuine love for the children in the studio. Many of them took to social media to share an outpouring of emotions of her passing.

"She always went above and beyond for her students inside and outside of the studio and I always felt like she genuinely loved and cared about all of her students," said Billie Schinnerer. Schinnerer started dancing at Gallagher's first studio in Voorheesville, before graduating from the school in Delmar. "She was an

amazing charismatic soul who definitely left this world a better place than she found it and she will be greatly missed by so many."

Barbara's School of the Dance celebrated its 45th anniversary in September 2019. Before opening the doors to its present location on Delaware Avenue, Gallagher opened her first studio in Voorheesville in 1975. It was the beginning of her second career in dance. She initially pursued a stage career as a precision dancer with the NYC Rockettes and Roxyettes.

"Like every other person who entered her studio, Barbara and I had a special relationship. We both were born in Newark and "Newark" became her nickname for me," said Alan Richer. "We talked about her early days when she grew up with Frankie Valli. We both shared a love for the Chairman of the Board."

Students described Gallagher as a person with a soft, compassionate demeanor who demanded

commitment and dedication to the art. She would close each annual recital by sharing her motto: "It's not where you start, it's where you finish."

"I danced a few years with Barbara and now send my youngest there. I may not have been a great dancer," said Melissa Buckley Greenberg, "but I knew [Barbara's School of the Dance] was where my son needed to be when he was ready to dance."

The outpouring of condolences were shared by many locally and now far away. Emily Baker, a nurse practitioner in North Carolina, said it was hard to express how Gallagher was to her as both a teacher and role model.

"She was strict in the best kind of way and instilled a sense of hard work, discipline, motivation, accountability, and self-confidence in her students," said Baker. "She was an inspiration to all girls that passed through her doors. She would pause class to give us a lecture on one or another life lesson, many of which I took to heart and still remember today."

"I have no doubt that if it weren't for covid, literally

hundreds of people would show up to celebrate her life," she said.

Ilyse Levine Weinstein called Gallagher a "gift to our community," and found it profound that her former teacher died on Christmas Day.

"Rather than wanting holiday or year-end gifts from students, she would pick charities for suggested donations to help others," she said, "which was part of Mrs. G's education beyond the studio about what is important in life. Mrs. G encouraged and included all who wanted to dance."

Another former student shared how Gallagher would drive her back home, and allowed her to continue dancing even when her family fell upon hard financial times.

"Barbara saw the wonder in every single person she met. She made everyone feel special," added Richer. "Some of the greatest performances were by students who moved you with their grit, and determination. I thoroughly enjoyed every show she produced as well as the performance of every dancer, not just my daughter. The manner in

which she encouraged all of her dancers brought tears of joy to me.

"Barbara Blozen Gallagher," he said, "you finished at the very top."

Barbara S. Gallagher, 81, passed away surrounded by her loving family on Dec. 25, 2020.

Born in Newark, New Jersey, Barbara was the daughter of the late Anthony and Blanche Blozen.

Barbara was the founder and sole owner of Barbara's School of the Dance from 1975-2017. Barbara's love for dance began at the age of three when she took her first dance lesson. Her passion for dance continued through high school and eventually, Barbara pursued a career performing as a precision dancer with the NYC Rockettes and Roxyettes.

Barbara has been recognized for excellence in teaching and choreography by The Dance Educators of America. She and Blanche were honored for their dedication to the "Betterment of their Community," where Senator Neil Breslin declared June 6, 2018, as

"Barbara and Blanche Day."

Barbara enriched the lives of every person who passed through her studio doors. Her message was always to respect each other and encouraged her students to embrace differences in the dance class and in the world. She emphasized taking care of our planet, especially our trees. In Barbara's honor, be kind and be thoughtful. If possible, plant a tree.

And most importantly, always remember... "It's not where you start, it's where you finish."

Barbara is survived by her husband, Douglas Gallagher Sr.; her children: Susan Cleary (Mike) and Douglas Gallagher Jr. (Theresa); five grandchildren: Nicole, Kayla, Chrissy, Tommy and Willie; dearly beloved Aunt Mary, many cousins, nieces, nephews and very special friend, Lynn Horn.

Due to COVID, services will be announced at a later date.

In lieu of flowers, memorial contributions may be made to: Peppertree Rescue (www.Peppertree.org) or Proctors Theatre (www.proctors.org).

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■ POLICE, FIRE and EMERGENCY CALLS

Head-on crash sends two to hospital



Two cars collide slowing Thursday night rush hour traffic on Delaware Avenue

By **THOMAS MARRA**
news@spotlightnews.com

ELSMERE — One person has been ticketed following a two-car crash on Delaware Avenue during Thursday evening rush hour on Jan. 7.

Bethlehem Police Department said multiple 911 calls were placed at around 5 p.m. for a head-on collision in front of the Dunkin Donuts. First responders discovered a 2018 grey Honda with heavy front-end damage in the roadway. A 2005 red Dodge pickup truck was close by, wedged into a snowbank between Dunkin Donuts and Handy Dandy Cleaners.

Bethlehem police closed down one lane of traffic on Delaware Avenue as crews

operated on the scene. Initially, there was concern a street light would come down as crews towed the truck out of the snowbank.

The Elsmere Fire Department responded to the scene, along with Delmar-Bethlehem EMS and Albany County Paramedics. Slingerlands Fire was also dispatched after initial reports of entrapment in one of the vehicles. Elsmere Fire Department Chief Marc Futia later said there was no entrapment, but the driver was just afraid to move.

“Through investigation it was learned that the driver of the Dodge pickup was traveling west on Delaware Avenue when he crossed the double-yellow line into oncoming traffic for an unknown reason,”

First responders assess the damage to a mangled Honda sedan after a collision with a Dodge pickup truck on Delaware Avenue last Thursday.

Thomas Marra /
Special to Spotlight News

stated a Bethlehem Police Department spokesperson. “The Dodge did hit the Honda heading eastbound head-on, causing it to spin.”

The passenger of the Honda suffered both a head and an ankle injury and was transported to Albany Medical Center. The driver, however, refused medical treatment.

The driver of the Dodge pickup was also transported to Albany Medical Center with head and chest pain. That person was later issued a ticket for failing to keep right.

DA asks you for help

Police seek more information surrounding Capitol stabbings

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — The County District Attorney’s office released video footage of Wednesday’s double-stabbing in East Capitol Park as it asks the public for help in identifying more of those involved with the incident.

State Police continue to investigate a stabbing that took place Wednesday afternoon, Jan. 6, in East Capitol Park. Two men, aged 36 and 40 respectively, were injured and transported to Albany Medical Center for treatment.

State Police charged 37-year-old Alexander S. Contompasis of Rensselaer with Assault 1st degree, Assault 2nd degree, two counts of criminal possession of a weapon, and menacing 2nd degree. He will be housed at Albany County Jail pending arraignment.

As of Wednesday, the 36-year-old male has been treated and is expected to be released. The 40-year-old male is in stable condition and remains at Albany Medical Center.

According to several sources, the incident involved opposing factions at a pro-Trump rally gathered outside of the State Capitol in East Capitol Park Wednesday afternoon. The violence in the park was overshadowed by the storming of the U.S. Capitol that resulted in five dead in Washington, D.C. that same day.

“Civil unrest erupted into acts of violence for some of the attendees and resulted in injury to some of the participants,” stated David Soares through Saturday’s emailed announcement.

Groups of demonstrators had convened in protest and counter-protest. According to several reports, members of Albany’s Proud Boys group were met by people identified as Antifa. “The entire matter is currently under review.”

The 20-minute video appears to capture the gathering from an elevated vantage point from the State Capitol. A sparse crowd of a few dozen people stand around, many of whom with American flags hoisted on poles.

The tension appears to escalate halfway through the release video, as a few people engaged in conversation later posture in fighting poses. As they circle around each other, Contompasis emerges from behind a park bench wearing a purple jacket and grey hood. Soon after, at least two fights ignite simultaneously.

Contompasis can be seen running to and from both scrimashes. The fights lasted approximately one minute before law enforcement officers can be seen breaking up the crowd. At that moment, Contompasis is in view walking north away from the scene.

The DA’s office is seeking additional information, including video footage or other documentation, related to the incident. Anyone with information is asked to call 518-487-5460.

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BUSINESS

Safe for now

Area Macy's storefronts survive latest cuts from corporate

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — Two local Macy's locations survived the department store chain's latest cut to slash over 100 of its storefronts nationwide.

The nation's largest department store chain released a list of 35 storefronts scheduled to close by the end of the quarter. Another location under its Bloomingdale's flag is slated to close in Santa Monica, California.

Macy's announced last February its intention to shutter 125 shopping mall stores as part of a three-year plan to stabilize and grow profits. Jeff Gennette, chairman and CEO of Macy's, Inc., told investors the company will work to "lower cost" and "reduce duplicative work" over the next three years.

The strategy included the closure of its San Francisco, downtown Cincinnati and Lorain, Ohio offices, too.

Macy's completed an aggressive evaluation of its fleet of stores, including projected profitability of each location based on consumer trends and demographics.

Stores identified as underperforming were to be closed. The stores slated to close represent approximately \$1.4 billion in annual sales.

The chain's new strategy addresses four components; strengthening customer relationships, curating quality fashion, accelerating digital growth and optimizing store portfolio. Part of that strategy was unveiled at Crossgates Mall a little over a year ago.

The Crossgates Mall anchor store went through a noticeable change in late 2019 as it opened its newest Macy's Backstage. The 14,500-square-foot area within the store's first floor offers discount products, many of which line the aisle leading up to a cash register.

Gennette's announcement called the success of Macy's Backstage as one of the chain's "highlights." The company plans to open an additional 50 Backstage store-within-store locations this year with an additional seven freestanding, off-mall Backstage stores.

Sears vacated its Colonie Center location in September 2017. Its departure left behind Macy's, Boscov's, LL Bean

and REI as the mall's remaining anchor stores. Sears' downfall was just further proof that the most recognizable brands are not too large to fail as brick-and-mortar stores fell victim to online sales. According to Forbes, online sales outpaced physical storefronts \$261.9 billion to \$179.9 billion in 2017.

Macy's has continually addressed decreased sales in recent years. It recently announced the phase out of fur sales, and announced a rental service at Bloomingdale's, both to attract more millennial customers.



Macy's Backstage initiative witnessed by Crossgates Mall shoppers has helped the retail giant to remain relevant with contemporary shoppers, but the chain will continue to shut down 125 of its locations over the next three years.

Michael Hallisey / Spotlight News

www.Spotlightnews.com

■ COUNTY

County offers drive-thru vaccinations

County, City partner with Mohawk Ambulance to fast track vaccinations across county

By **JIM FRANCO**
francoj@spotlightnews.com

ALBANY COUNTY — Vaccinations are being ramped up.

Gov. Andrew Cuomo said the state will authorize more vaccination Points of Distribution, or PODS, and people who fall under Phase 1B can begin making reservations.

“Over the past week, we have seen hospitals increase their vaccination rates and I thank them for their efforts, but it’s still not enough, so we’re going to accelerate the distribution,” Cuomo said in a statement. “We are establishing a network of thousands of providers statewide to both supplement the work of hospitals to vaccinate health care workers, as well as begin the vaccination of

other essential workers and individuals 75 and older.”

Some 2.1 million New Yorkers were eligible for the vaccination under Phase 1A including health care workers and nursing home residents. There are some 3.2 eligible under Phase 1B including 870,000 education workers, 207,000 first responders, 100,000 public safety workers, 100,000 public transit workers and 1.4 million people 75 or older.

To make a reservation in Phase 1B, which began on Monday, visit the state’s website at covid19vaccine.health.ny.gov or call the hotline at 1-888-697-4829.

To help facilitate the massive undertaking, Cuomo signed an executive order expanding the number of people who can administer vaccines to

include licensed practical nurses, pharmacists, pharmacy technicians, midwives, dentists, EMTs and some students.

Locally, Albany County Executive Dan McCoy opened the Times Union Center to distribute vaccinations and 375 people got a shot the first day it was open.

“This is something we have been working with and planning on for many years but certainly over the last 10 months it has been a daily observation and count down of when we were able to do this,” said Dr. Elizabeth Whalen, head of the county Health Department. “It went very well and we are meeting with members of the team to improve things. This was a small exercise and we will be ramping up and we look forward to doing that.

“We are working daily with the regional hub and everyone shares the common mission to get

vaccines out and into arms as quickly as we can.”

Sheriff Craig Apple said he reached out to the state Health Department and received permission to establish a drive-thru POD at a facility in Clarksville. Starting on Sunday, Jan. 10, the Sheriff’s EMS Division began a test run by distributing 200 vaccinations. That operation is expected to ramp up and the EMS is also hoping to get vaccinations to deliver to those older than 75 at their homes.

“It’s a bit unusual for a sheriff’s office to do this but we have a large EMS Division that is devoted to care,” Apple said while naming the operation SEMI, for Sheriff’s Emergency Mobile Immunizations. “Semi means half or partial. The vaccine is half. The other half is wear your mask, social distance and wash your hands.”

If successful, Apple is

expecting to vaccinate up to 10,000 people at the site, the drive-thru POD idea and mobile vaccinations operated by EMS could be mirrored across the state.

The vaccination produced by the pharmaceutical company Moderna is being distributed at the Times Union Center and by the sheriff. It requires less stringent storage parameters, namely it does not have to have an ultra-cold facility to preserve it. Hospitals across the eight-county Capital District region are distributing a vaccine produced by Pfizer, which does require ultra-cold storage. Both companies are touting 95 percent efficacy and the vast majority of people are showing no side effects.

Also, last week, Mohawk Ambulance will begin a mobile vaccination program set to begin in the coming weeks. The Albany based company has purchased

medical grade freezers and additional temporary storage and transportation equipment to store more than 110,000 Pfizer doses and 220,000 from Moderna. The company will establish PODs throughout the Capital District to facilitate vaccinations to the elderly.

The federal government is distributing the vaccine to the states and Cuomo has charged the hospitals with the distribution. There was some criticism about not getting shots in arms quick enough and efforts are now being ramped up across the board.

“This is a real time response,” Whalen said. “What our goal is, is to be limited by only the supply of vaccine we have is and to work quickly through the prioritization strategy.”

Even after people get vaccinated, they will still need to follow the same protocols, including wearing masks.

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CONSUMER

Price of gas expected to rise in 2021

Gas prices could jump to \$3 per gallon over the coming months

BOSTON — GasBuddy, the travel and navigation app, predicts 2021 may rise to as high as \$3 per gallon by year end.

The travel and navigation app company warned that the national average could rise as nation broadly recovers from the COVID-19 pandemic.

While the risk exists for some pain at the pumps during the year, GasBuddy expects the yearly average will jump a more modest 27 cents per gallon in 2021.

Some highlights from GasBuddy's 2021 Fuel Price Outlook include:

The nation's yearly gasoline bill will rise to nearly \$326 billion dollars, an increase of over \$45

billion from last year as the average household sees their annual gasoline spending rise to \$1,670.

The national average is forecast to rise as much as \$1 per gallon from a low in January to a possible peak in July, as the nation continues to recover from the COVID-19 pandemic, boosting demand as Americans slowly return to pre-COVID behaviors.

While much of the U.S. population will see prices remain in the \$2 per gallon range, major cities in California and Hawaii will spend the entire year over \$3, while others, including Chicago, New York City, Philadelphia, Phoenix and Seattle are also at risk of seeing average prices over \$3 per gallon in 2021.

The largest likely factor driving gas prices in the year ahead will be COVID-19, and whether

I'm very optimistic that we'll see improvement in the pandemic and see gas prices stay far under their previous records, leading Americans to perhaps turn to the nation's highways to seek happiness after a year of stress and challenges, slamming the door on what was an awful 2020."

— Patrick De Haan, GasBuddy analyst

there is a broad recovery after the severe shutdowns and restrictions that sunk gasoline demand. Other unknowns include whether oil production globally will return as quickly as demand



GasBuddy anticipates motorists returning to the roads in 2021, and with it, a rise in gas prices.

GasBuddy

may. Should production lack the rebound in demand, consumers are likely to be pinched at the pump.

"While Americans are nearly guaranteed to see higher gas prices in 2021, it's not all bad news. Average prices are still likely to be quite affordable, but some distinct and unpredictable changes in the COVID-19 pandemic may leave their wallets a bit more empty this year," said Patrick De Haan, head of petroleum analysis at GasBuddy. "However, I'm very optimistic that we'll see improvement in the pandemic and see gas prices stay far under their previous records, leading Americans to perhaps turn to the nation's highways to seek happiness after a year of stress and challenges, slamming the door on what was an awful 2020."



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LEGALS**NOTICE OF LLC FORMATION**

100 PEARL STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 12/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-260288

NOTICE OF LLC FORMATION

1011 FATHER CAPODANNO BLVD, LLC. Arts. of Org. filed with the SSNY on 05/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 90465, Staten Island, NY 10309. Purpose: Any lawful purpose. D-260230

NOTICE OF LLC FORMATION

1023 FATHER CAPODANNO BLVD, LLC. Arts. of Org. filed with the SSNY on 05/10/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 90465, State Island, NY 10309. Purpose: Any lawful purpose. D-260231

NOTICE OF LLC FORMATION

110 EAST 16TH STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 12/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-260233

NOTICE OF LLC FORMATION

155 W. 68 UNIT 703 LLC. Arts. of Org. filed with the SSNY on 10/28/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 675 West End Avenue, Apartment 5B, New York, NY 10025. Purpose: Any lawful purpose. D-258227

NOTICE OF LLC FORMATION

157 COMMERCIAL 18 LLC. Arts. of Org. filed with the SSNY on 11/30/20. Latest date to dissolve: 12/31/2045. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o BGans Management, 110 East 30th Street, Lbby 1, New York, NY 10016. Purpose: Any lawful purpose. D-257689

NOTICE OF LLC FORMATION

16 WEST 16TH STREET GARAGE LLC. Arts. of Org. filed with the SSNY

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on 11/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-257592

NOTICE OF LLC FORMATION

1755 BROADWAY GARAGE LLC. Arts. of Org. filed with the SSNY on 12/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-260111

NOTICE OF LLC FORMATION

1922 HOYT SY LLC. Arts. of Org. filed with the SSNY on 11/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23-22 30th Road, #12D, Astoria, NY 11102. Purpose: Any lawful purpose. D-257483

NOTICE OF LLC FORMATION

197 WAVERLY LLC. Arts. of Org. filed with the SSNY on 12/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 197 Waverly Avenue, Brooklyn, NY 11205. Purpose: Any lawful purpose. D-258507

NOTICE OF LLC FORMATION

211-35 34TH ROAD LLC. Arts. of Org. filed with the SSNY on 12/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 211-19 34th Road, Bayside, NY 11361. Purpose: Any lawful purpose. D-258025

NOTICE OF LLC FORMATION

22 MEADOWLARK LLC. Arts. of Org. filed with the SSNY on 12/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 155 Jermain Avenue, Sag Harbor, NY 11963. Purpose: Any lawful purpose. D-260115

NOTICE OF LLC FORMATION

225 W. 10 HOLDINGS LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Redwood Top Holdings LLC, Lizmar Mgmt, 124

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Thompson Street, Suite F, New York, NY 10012. Purpose: Any lawful purpose. D-257535

NOTICE OF LLC FORMATION

2490 PITKIN AVE LLC. Arts. of Org. filed with the SSNY on 11/09/20, with an existence date of 01/05/2021. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kevin Dowling, 2490 Pitkin Avenue, Brooklyn, NY 11208. Purpose: Any lawful purpose. D-259982

NOTICE OF LLC FORMATION

25-88 41ST STREET LLC. Arts. of Org. filed with the SSNY on 12/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 46-11 54th Avenue, 2FL, Maspeth, NY 11378. Purpose: Any lawful purpose. D-260116

NOTICE OF LLC FORMATION

266 VAN BUREN ST. LLC. Arts. of Org. filed with the SSNY on 12/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1 Harvest Bend Road, Robbinsville, NJ 08691-2561. Purpose: Any lawful purpose. D-260321

NOTICE OF LLC FORMATION

267 23RD STREET LLC. Arts. of Org. filed with the SSNY on 11/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 267 23rd Street, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-257822

NOTICE OF LLC FORMATION

2728B, LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 61 Ocean View Parkway, Southampton, NY 11968. Purpose: Any lawful purpose. D-259977

NOTICE OF LLC FORMATION

29 OXFORD ROAD LLC. Arts. of Org. filed with the SSNY on 12/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 29 Oxford Road, Albany, NY 12203. Purpose: Any lawful purpose. D-258026

NOTICE OF LLC FORMATION

30 EAST 31ST STREET LLC. Arts. of Org. filed with the SSNY on

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12/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 262-26 149th Road, Rosedale, NY 11422. Purpose: Any lawful purpose. D-258140

NOTICE OF LLC FORMATION

311 FIFTH LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 176 East 77th Street, Apartment 3G, New York, NY 10075. Purpose: Any lawful purpose. D-257536

NOTICE OF LLC FORMATION

32-45 210TH STREET LLC. Arts. of Org. filed with the SSNY on 12/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 211-19 34th Road, Bayside, NY 11361. Purpose: Any lawful purpose. D-260112

PUBLIC HEARING NOTICE, TOWN OF BETHLEHEM, ALBANY COUNTY, NY.

Notice is hereby given that the Planning Board will conduct a Public Hearing as part of its regularly scheduled Board Meeting on Tuesday, 01/19/2021 at 6:00 PM regarding a Special Use Permit / Site Plan Application, for the Conversion of the use of a building from Single Family Residence to use by a Conservancy as shown on drawing entitled "Survey Map and Site Plan of Lands of The Pine Hollow Arboretum at 34 Pine Hollow Road, Slingerlands, NY 12159." Documentation related to the application can be obtained by contacting nowens@townofbethlehem.org. Notice of Public Hearing will be mailed to property owners within 200' of the subject property. Said notice will also be published in the 01/13/2021 issue of the Spotlight Newspaper. Written comments must be submitted to the Planning Board by 3:00 p.m. on the day of the meeting, either by US mail to the Planning Office, 445 Delaware Ave, Delmar, NY 12054 or via email at planningboard@townofbethlehem.org, in order to be read aloud during the public comment period at the start of the meeting and recorded in the minutes. The Board will accept additional comments, via email, up until 48 hours after the meeting is held. The meeting will be held via Zoom due to the Covid-19 Pandemic. To register to participate in the Public Hearing / Zoom Meeting: Click on the link within the 01/19/2021 agenda

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packet and it will bring you to a registration form. Complete the registration form in its entirety and click on Register. A registration confirmation and link to the Zoom meeting will be sent to the email you provide. On the day of the meeting, 15-30 minutes prior to the start time of the meeting, click on the link to join the meeting. Further instructions on meeting registration can be found on the Town's Website via document entitled Bethlehem Public Hearing Guide for Zoom Meetings. Individuals who do not wish to participate in the Zoom meeting may view and listen to the live meeting or watch the video recording at a later date by visiting the Town's Website / Meeting Portal at <http://bethlehemtownny.ig2.com/Citizens/Default.aspx> D-260087

NOTICE OF LLC FORMATION

36 DORCHESTER ROAD LLC. Arts. of Org. filed with the SSNY on 12/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 12 Win Place, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-258187

NOTICE OF LLC FORMATION

421 ADELPHI ST APT G LLC. Arts. of Org. filed with the SSNY on 12/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Marion Ulmann, 223 Bedford Avenue, Suite 1101, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-257907

NOTICE OF LLC FORMATION

429 BRP LLC. Arts. of Org. filed with the SSNY on 12/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 77 83rd Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-258861

NOTICE OF LLC FORMATION

463 85TH STREET LLC. Arts. of Org. filed with the SSNY on 12/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 77 83rd Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-258862

NOTICE OF LLC FORMATION

5 MAIDEN LANE LLC. Arts. of Org. filed with the SSNY on 12/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it

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may be served. SSNY shall mail copy of process to the LLC, c/o Curt Kramer, 111 Great Neck Road, Suite 216, Great Neck, NY 11021. Purpose: Any lawful purpose. D-258750

NOTICE OF LLC FORMATION

51-24, LLC. Arts. of Org. filed with the SSNY on 12/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hausman Law Group, P.C., 7600 Jericho Turnpike, Suite 402, Woodbury, NY 11797. Purpose: Any lawful purpose. D-259975

NOTICE OF LLC FORMATION

52-01 REALTY, LLC. Arts. of Org. filed with the SSNY on 12/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hausman Law Group, P.C., 7600 Jericho Turnpike, Suite 402, Woodbury, NY 11797. Purpose: Any lawful purpose. D-259976

NOTICE OF LLC FORMATION

525 JV LLC. Arts. of Org. filed with the SSNY on 12/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 11 Hanover Square, 20th Floor, New York, NY 10005. Purpose: Any lawful purpose. D-260113

NOTICE OF LLC FORMATION

530 PINNACLE REALTY LLC. Arts. of Org. filed with the SSNY on 12/08/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 530 40th Street, Brooklyn, NY 11232. Purpose: Any lawful purpose. D-258226

NOTICE OF LLC FORMATION

601 WASHINGTON THW LLC. Arts. of Org. filed with the SSNY on 12/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 601 Washington Street, THW, New York, NY 10014. Purpose: Any lawful purpose. D-260320

NOTICE OF LLC FORMATION

61 OCEAN VIEW, LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it

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Ocean View Parkway, Southampton, NY 11968. Purpose: Any lawful purpose. D-259978

NOTICE OF LLC FORMATION

63 SOMERS, LLC. Arts. of Org. filed with the SSNY on 11/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Bernadette Mitchell, 1410 Herkimer Street, Brooklyn, NY 11233. Purpose: Any lawful purpose. D-259983

TOWN OF BETHLEHEM Albany County - New York**ZONING BOARD OF APPEALS****NOTICE OF PUBLIC HEARING**

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, January 20, 2021 at 6:00 PM via Zoom to take action on an application submitted by Ryan Andrews for an Area Variance located at 66 Dorchester Avenue, Selkirk. The Applicant is proposing to construct a two story garage addition that does not meet the minimum setback requirements in the PRD District of the Town's Zoning Code under Article V, Section 128-40 G, Schedule A

Due to the public health and safety concerns related to the novel Coronavirus (COVID-19) the Board will not be meeting in-person. In accordance with Executive Order 202.1, the meeting is being held electronically via video conference and a transcript will be provided at a later date.

Plans and other materials received related to the proposed application are available on the town's website: townofbethlehem.org.

Members of the public may view and listen to the meeting live by visiting the Town's Website and clicking on the MEETINGS bar along the left side of the page. Select Zoning Board of Appeals as Meeting Group and click on video icon for the July 1, 2020 meeting date.

The public may also actively participate to provide comments during the public hearing by registering to attend the meeting via Zoom. A link to the registration and instructions can be found on the CALENDAR located on the Town website by clicking the July 1, 2020 meeting date for the Zoning Board of Appeals meeting.

Additionally, the public may submit comments to the Board in advance of the meeting. Public comments must be submitted via email to zoningboardofappeals@townofbethlehem.org by 3 PM the day of the meeting in order for the comment to be read aloud by a Board Member during the public

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hearing and recorded into the minutes. The Board will close the public hearing and accept additional comments via email up until 48 hours after the meeting to ensure the Board receives and reviews all public comments so submitted. David Devaprasad Chairman Board of Appeals D-259715

NOTICE OF LLC FORMATION

765 HOTEL, LLC. Arts. of Org. filed with the SSNY on 12/29/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Ira B. Pollack & Associates, PLLC, 26 Austin Place, Port Chester, NY 10573. Purpose: Any lawful purpose. D-260293

NOTICE OF LLC FORMATION

781 WASHINGTON AVENUE FUNDING LLC. Arts. of Org. filed with the SSNY on 12/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Green Assets Inc., 875 Mamaroneck Avenue, Suite 306, Mamaroneck, NY 10543. Purpose: Any lawful purpose. D-258027

NOTICE OF LLC FORMATION

81ST STREET ZEF LLC. App. for Auth. filed with the SSNY on 11/19/20. Originally filed with Secretary of State of Delaware on 01/07/2016. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 488 Madison Avenue, Suite 1230, New York, NY 10022. Purpose: Any lawful purpose. D-257481

NOTICE OF LLC FORMATION

A & T HOLDINGS GROUP LLC. Arts. of Org. filed with the SSNY on 12/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Allan Silvera, 500 East 85th Street, Apartment 19H, New York, NY 10028. Purpose: Any lawful purpose. D-260227

NOTICE OF LLC FORMATION

A MIGHTY FLAME LLC. Arts. of Org. filed with the SSNY on 12/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 56-33 228th Street, Oakland Gardens, NY 11364. Purpose: Any lawful purpose. D-258866

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NOTICE OF LLC FORMATION

AFR CAPITAL ADVISORY LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 50 Riverside Drive, Apartment 14F, New York, NY 10024. Purpose: Any lawful purpose. D-257510

NOTICE OF LLC FORMATION

AGIA ERINE REALTY LLC. Arts. of Org. filed with the SSNY on 12/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 22-71 33rd Street, Astoria, NY 11103. Purpose: Any lawful purpose. D-258024

NOTICE OF LLC FORMATION

AVENUES RESIDENTIAL LLC. Arts. of Org. filed with the SSNY on 12/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Edward R. Smolka, Esq., 5 Tudor City Place, Lobby 11, New York, NY 10017-6853. Purpose: Any lawful purpose. D-258624

NOTICE OF LLC FORMATION

AZ-#3650 HUBER HEIGHTS LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 541 West 21st Street, New York, NY 10011. Purpose: Any lawful purpose. D-257511

NOTICE OF LLC FORMATION

AZ-#3663 JEFFERSON-TOWN LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 541 West 21st Street, New York, NY 10011. Purpose: Any lawful purpose. D-257512

NOTICE OF LLC FORMATION

BATTERY PLACE GARAGE LLC. Arts. of Org. filed with the SSNY on 11/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-257659

NOTICE OF LLC FORMATION

BPMC 219 FL, LLC. Arts. of Org. filed with the SSNY on 12/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it

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may be served. SSNY shall mail copy of process to the LLC, 38 West 21st Street, 8th Floor, New York, NY 10010. Purpose: Any lawful purpose. D-259967

NOTICE OF LLC FORMATION

BRISTOL ART ADVISORY LLC. Arts. of Org. filed with the SSNY on 12/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o John Morgan, Goldglit & Company LLP, 499 Seventh Avenue, Suite 14-S, New York, NY 10018. Purpose: Any lawful purpose. D-257744

NOTICE OF LLC FORMATION

CAP SUD OPPORTUNITY LLC. Arts. of Org. filed with the SSNY on 01/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Philip E. Klein, 324 East 48th Street, New York, NY 10017. Purpose: Any lawful purpose. D-260322

NOTICE OF LLC FORMATION

CHAPARRO AVENUE D LLC. Arts. of Org. filed with the SSNY on 12/02/02. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4212 Avenue D, Brooklyn, NY 11203. Purpose: Any lawful purpose. D-257880

NOTICE OF LLC FORMATION

CP 6J LLC. Arts. of Org. filed with the SSNY on 12/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Richard Reitknecht, c/o Jane Son, 333 W. 57th Street, #4J, New York, NY 10019. Purpose: Any lawful purpose. D-258730

NOTICE OF LLC FORMATION

CT TABOR HOLDINGS LLC. Arts. of Org. filed with the SSNY on 12/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 912 Avenue L, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-258358

NOTICE OF LLC FORMATION

DAMY 2020, LLC. Arts. of Org. filed with the SSNY on 12/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o David Yormack, 80 White Oak Tree Road, Laurel Hollow, NY 11791. Purpose: Any lawful purpose. D-260114

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NOTICE OF LLC FORMATION

DAVID HANDLER MUSIC LLC. Arts. of Org. filed with the SSNY on 11/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 201 North 11th Street, Apartment 2, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-259968

NOTICE OF LLC FORMATION

DENUO LLC. Arts. of Org. filed with the SSNY on 12/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Law Offices of Thomas C. York, P.C., 399 Union Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-260318

NOTICE OF LLC FORMATION

E.S.C. CONSULTING SERVICES LLC. Arts. of Org. filed with the SSNY on 10/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 77-24 83rd Street, Glendale, NY 11385. Purpose: Any lawful purpose. D-257922

NOTICE OF LLC FORMATION

EARNEST SUPPLY LLC. App. for Auth. filed with the SSNY on 05/27/20. Originally filed with Secretary of State of Delaware 05/13/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 444 East 81st Street, New York, NY 10028. Purpose: Any lawful purpose. D-258082

NOTICE OF LLC FORMATION

EEC UNITED LLC. Arts. of Org. filed with the SSNY on 12/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 463 Myrtle Avenue, Brooklyn, NY 11205. Purpose: Any lawful purpose. D-258626

NOTICE OF LLC FORMATION

ENRICHMENT MATTERS LLC. Arts. of Org. filed with the SSNY on 12/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 153 Beach 126th Street, Suite 2, Rockaway Beach, NY 11694. Purpose: Any lawful purpose. D-258822

NOTICE OF LLC FORMATION

FINNEGANS WAY LLC. Arts. of Org. filed with the SSNY on 11/30/20. Office: Albany County.

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SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 30 East 9th Street, #2LL, New York, NY 10003. Purpose: Any lawful purpose. D-259969

NOTICE OF LLC FORMATION

FOODIES BLISS EAST END LLC. Arts. of Org. filed with the SSNY on 12/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Robert Rizzuto, 45 West Alfred Avenue, Calverton, NY 11933. Purpose: Any lawful purpose. D-258820

NOTICE OF LLC FORMATION

FORNO DOLCE LLC. Arts. of Org. filed with the SSNY on 12/01/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1416B Clintonville Street, Whitestone, NY 11357. Purpose: Any lawful purpose. D-257743

NOTICE OF LLC FORMATION

FOX HARLEM, LLC. Arts. of Org. filed with the SSNY on 12/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o The Lido, 2168 Frederick Douglass Blvd., New York, NY 10026. Purpose: Any lawful purpose. D-260286

NOTICE OF LLC FORMATION

FRUITION REALTY LLC. Arts. of Org. filed with the SSNY on 12/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Demetris Panagiotou, 46-67 Hanford Street, Douglaston, NY 11362. Purpose: Any lawful purpose. D-260228

NOTICE OF LLC FORMATION

G&S 3RD AVENUE LLC. Arts. of Org. filed with the SSNY on 11/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 681 81st Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-257482

NOTICE OF LLC FORMATION

GFC LIFE CRUSADERS LLC. Arts. of Org. filed with the SSNY on 11/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of

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process to the LLC, P.O. Box 610199, Bayside, NY 11361. Purpose: Any lawful purpose. D-258116

NOTICE OF LLC FORMATION

GKDS ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 11/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2180 38th Street, Apartment D9, Astoria, NY 11105. Purpose: Any lawful purpose. D-257660

NOTICE OF LLC FORMATION

GOLAZIN TABIB LLC. Arts. of Org. filed with the SSNY on 12/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Lawrence R. Schoenfeld, Esq., 305 Broadway, Suite 601, New York, NY 10007. Purpose: Any lawful purpose. D-259971

NOTICE OF PLLC FORMATION

GPG DENTAL PLLC. Arts. of Org. filed with the SSNY on 12/11/20. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 275 Madison Avenue, Suite 2500, New York, NY 10016. Purpose: For the practice of the profession of Dentistry. D-258836

NOTICE OF LLC FORMATION

HONK BRIDGE LLC. Arts. of Org. filed with the SSNY on 10/19/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Langhaus, 103 East 75th Street, Apartment 4E, New York, NY 10021. Purpose: Any lawful purpose. D-260279

NOTICE OF LLC FORMATION

HUDSON BUILDING MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 12/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23-07 30th Drive, Astoria, NY 11102. Purpose: Any lawful purpose. D-257886

NOTICE OF LLC FORMATION

HYBRID AND ELECTRIC POWER LLC. Arts. of Org. filed with the SSNY on 04/12/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

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LLC, 43-10 39th Street, Sunnyside, NY 11104. Purpose: Any lawful purpose. D-257593

NOTICE OF LLC FORMATION

INIMITABLE REALTY LLC. Arts. of Org. filed with the SSNY on 12/22/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Demetris Panagiotou, 46-67 Hanford Street, Douglaston, NY 11362. Purpose: Any lawful purpose. D-260232

NOTICE OF LLC FORMATION

J.G.PERKIN, LLC. Arts. of Org. filed with the SSNY on 12/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Jonathan Perkin, 1070 Park Avenue, Suite 5A, New York, NY 10128. Purpose: Any lawful purpose. D-258023

NOTICE OF LLC FORMATION

JAGGER 165, LLC. Arts. of Org. filed with the SSNY on 11/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2251 80th Street, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-259972

NOTICE OF LLC FORMATION

JASOL REALTY LLC. Arts. of Org. filed with the SSNY on 11/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Ilana R. Schwitzer, Esq., 17-01 Prospect Avenue, Fair Lawn, NJ 07410. Purpose: Any lawful purpose. D-257582

NOTICE OF LLC FORMATION

JLR SOLUTIONS LLC. Arts. of Org. filed with the SSNY on 12/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 622 Leiland Avenue, Bronx, NY 10473. Purpose: Any lawful purpose. D-258734

NOTICE OF LLC FORMATION

LIGHTHOUSE PATHWAYS, LLC. App. for Auth. filed with the SSNY on 11/09/20. Originally filed with Secretary of State of Delaware on 11/04/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 478 Albany Avenue, Suite 124, Brooklyn, NY 11203. Purpose: Any lawful purpose. D-258863

LEGALS

LLC. Arts. of Org. filed with the SSNY on 12/10/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 45 East 85th Street, 2E, New York, NY 10028. Purpose: Any lawful purpose. D-258837

NOTICE OF LLC FORMATION

MARCO GALLOTTA DESIGNS LLC. Arts. of Org. filed with the SSNY on 12/07/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Falcon Rappaport & Berkman PLLC, 265 Sunrise Highway, Suite 50, Rockville Centre, NY 11570. Purpose: Any lawful purpose. D-258961

NOTICE OF LLC FORMATION

MEX BAKED GOODS LLC. Arts. of Org. filed with the SSNY on 11/04/20. Latest date to dissolve: 12/31/2119. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 110 Nagle Avenue, New York, NY 10040. Purpose: Any lawful purpose. D-258080

NOTICE OF LLC FORMATION

NewCo Capital Group V, LLC. Arts. of Org. filed with the SSNY on 12/14/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 30 Washington Street, Suite 5L, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-258879

NOTICE OF LLC FORMATION

NOMAD TOWER GARAGE LLC. Arts. of Org. filed with the SSNY on 12/09/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-258570

NOTICE OF LLC FORMATION

OMBU LLC. Arts. of Org. filed with the SSNY on 11/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Schwartz Levine Pinkas Stark PLLC, 150 Broadway, Suite 1703, New York, NY 10038. Purpose: Any lawful purpose. D-257480

NOTICE OF LLC FORMATION

P2 RANCHO LLC. Arts. of Org. filed with the SSNY on 05/26/20. Office: Albany County.

NOTICE OF LLC FORMATION

PADELL LLC. Arts. of Org. filed with the SSNY on 11/19/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Padell Business Management Inc., 213 West 35th Street, Suite 802A, New York, NY 10001. Purpose: Any lawful purpose. D-257442

LEGALS

SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 82 Park Row, Lawrence, NY 11559. Purpose: Any lawful purpose. D-259979

NOTICE OF LLC FORMATION

PERSONAL SUPPORT SERVICES, LLC. Arts. of Org. filed with the SSNY on 11/19/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Colin Clancey, 1671 11th Avenue, Apartment 3E, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-257574

NOTICE OF LLC FORMATION

POP POP GLASS LLC. Arts. of Org. filed with the SSNY on 11/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Colin Clancey, 1671 11th Avenue, Apartment 3E, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-257574

NOTICE OF PLLC FORMATION

RACHEL D MANN LCSW PSYCHOTHERAPY PLLC. Arts. of Org. filed with the SSNY on 12/11/20. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 315 West 57th Street, Suite 306, New York, NY 10019. Purpose: For the practice of the profession of Licensed Clinical Social Work. D-258864

NOTICE OF LLC FORMATION

ROMAR DISTRIBUTION LLC. Arts. of Org. filed with the SSNY on 12/02/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 324 Decatur Street, Brooklyn, NY 11233. Purpose: Any lawful purpose. D-257916

NOTICE OF LLC FORMATION

RPZ108L LLC. Arts. of Org. filed with the SSNY on 12/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 15 East 26th

To place your Legal Notice: Call 439-4949

COMMUNITY

Deadline upcoming to change to, from virtual learning

DELMAR — Families of Bethlehem Central K-5 students can elect to change to and from virtual learning. The deadline is Friday, Jan. 15.

At the end of each quarter, families of elementary students can elect to have their students transition from the K-5 Virtual Learning Academy to in-person instruction or from in-person instruction to the VLA. Monday, Feb. 1 will be the next opportunity for these transitions to occur and the deadline to submit a request to make a change is Friday, Jan. 15.

The Virtual Learning Academy is the fully remote option that was established at the beginning of the 2020-21 school

year for K-5 students to provide at-home learning all year long. The VLA is different from the temporary remote learning that is in place for in-person students this week.

Families who are considering a change for their child beginning Feb. 1 should read the following information carefully:

From Fully Remote (Virtual Learning Academy) to In-Person Instruction

Parents/guardians wishing for their child(ren) to return to our in-person instruction model from the Virtual Learning Academy on Feb. 1 must complete an Intent to Return to In-Person Learning Form for each student by Friday, Jan. 15.

Please keep in mind that when families chose for their K-5 students to attend the Virtual Learning Academy at the beginning of the year, we

adjusted the master schedules for teachers and students accordingly, allowing for social distancing in classrooms. As students transition back, elementary students may not be assigned to their home school so that these important health and safety protocols can continue to be followed districtwide.

From In-Person to Fully Remote (K-5 Virtual Learning Academy)

Parents/guardians wishing for their child(ren) to change to the K-5 Virtual Learning Academy on Feb. 1, must complete a Remote Learning Waiver Form for each student by Friday, Jan. 15. This change will be effective Monday, Feb. 1. Information about the K-5 Virtual Learning Academy can be found here. Families of students who are already in the Virtual Learning Academy, and plan to remain in remote learning, do not need to

fill out this waiver.

The next opportunity for students to transition to or from the Virtual Learning Academy will be on Monday, April 26.

Parents or guardians who have questions can email dhurst@bethlehemschools.org.

Property Tax Collecting changes

DELMAR — Due to COVID19, the Bethlehem Town Hall will be closed to the public for property tax collecting that starts in January.

Town officials are asking residents to please bring all cash payments to any of the following banks:

- KeyBank at the Four Corners 370 Delaware Ave. Delmar, NY 12054
- Capital Bank (Price Chopper Plaza) 1365 New Scotland Rd.

Slingerlands NY 12159

• National Bank Of Coxsackie 331 Route 9W Glenmont NY 12077

• Pioneer Bank Delmar Branch 184 Delaware Ave. Delmar, NY 12054

• Pioneer Bank Glenmont Branch 329 Glenmont Rd. Glenmont, NY 12077

If you pay your tax bill at the bank, bring your entire bill so the bank can receipt the top portion of the bill for your records.

Check payments can still be mailed or placed in the drop box outside of Town Hall.

When using the drop box for tax payments.

For questions, contact Alicia Roney, Receiver of Taxes, at 518-439-4955 ext. 1181.

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Street, Apartment 9F, New York, NY 10010. Purpose: Any lawful purpose. D-260319

NOTICE OF LLC FORMATION

SEA FILMS LLC. Arts. of Org. filed with the SSNY on 12/21/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 22 Sesame Street, Kings Park, NY 11754. Purpose: Any lawful purpose. D-260229

NOTICE OF LLC FORMATION

SEAS THE DAY SEAFOOD, LLC. Arts. of Org. filed with the SSNY on 12/04/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 46 Bogert Avenue, Staten Island, NY 10314. Purpose: Any lawful purpose. D-258076

NOTICE OF LLC FORMATION

SEBASTIAN LLC. Arts. of Org. filed with the SSNY on 11/30/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 207 East 57th Street, Unit 9C, New York, NY 10022. Purpose: Any lawful purpose. C-257690

NOTICE OF LLC FORMATION

SFX89, LLC. Arts. of Org. filed with the SSNY on 11/19/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

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copy of process to the LLC, c/o Joao Siffert, 155 East 72nd Street, Apartment 13D, New York, NY 10021. Purpose: Any lawful purpose. D-257445

NOTICE OF LLC FORMATION

SHARKS HOLDING TANK 1 LLC. Arts. of Org. filed with the SSNY on 12/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 60 S. 8th Street, Apartment 333, Brooklyn, NY 11249. Purpose: Any lawful purpose. D-260287

NOTICE OF LLC FORMATION

SHARKTAIL ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 12/15/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 38 Monroe Place, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-258999

NOTICE OF LLC FORMATION

SHLOTA Logistics LLC. Arts. of Org. filed with the SSNY on 12/08/20, with an existence date of 01/01/2021. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 165 Broadway, 23rd Floor, New York, NY 10006. Purpose: Any lawful purpose. D-259980

NOTICE OF LLC FORMATION

SHORPUT, LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Al-

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bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Allan S. Puterman, 345 W. 58th Street, Apartment 4A, New York, NY 10019. Purpose: Any lawful purpose. D-257533

NOTICE OF LLC FORMATION

SIMCO REALTY LLC. Arts. of Org. filed with the SSNY on 12/31/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 42 West 48th Street, 2nd Floor, New York, NY 10036. Purpose: Any lawful purpose. D-257597

NOTICE OF PLLC FORMATION

SISHODIA PLLC. Arts. of Org. filed with the SSNY on 11/04/20. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 330 East 38th Street, 23P, New York, NY 10016. Purpose: For the practice of the profession of Law. D-257908

NOTICE OF LLC FORMATION

SKYLINE 520 VENTURES LLC. Arts. of Org. filed with the SSNY on 12/03/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Natalia Sishodia, Sishodia PLLC, 330 East 38th Street, 23P, New York, NY 10016. Purpose: Any lawful purpose. D-258022

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NOTICE OF LLC FORMATION SOLASTA JUPITER LLC. App. for Auth. filed with the SSNY on 12/01/20. Originally filed with Secretary of State of Delaware on 11/18/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Seiden & Schein, P.C. 570 Lexington Avenue, 14th Floor, New York, NY 10022. Purpose: Any lawful purpose. D-257827

NOTICE OF LLC FORMATION

SOM ASSOCIATES, LLC. Arts. of Org. filed with the SSNY on 10/05/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hausman Law Group, P.C., 7600 Jericho Turnpike, Suite 402, Woodbury, NY 11797. Purpose: Any lawful purpose. D-259974

NOTICE OF LLC FORMATION

SOUTH ISLAND DOCKS, LLC. Arts. of Org. filed with the SSNY on 11/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Peter Luizzi, 49 Railroad Avenue, Albany, NY 12205. Purpose: Any lawful purpose. D-259981

Notice of Formation of Spruce & Sprout LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 11/07/19. Office location: Albany County. SSNY designated as an agent of LLC

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upon whom process against it may be served. SSNY shall mail process to: 1971 Western Avenue, Albany, NY 12203. Purpose: Any lawful activities. D-258835

NOTICE OF LLC FORMATION

SRNI REALTY LLC. Arts. of Org. filed with the SSNY on 12/04/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 54-24 73rd Place, Maspeth, NY 11378. Purpose: Any lawful purpose. D-258078

NOTICE OF LLC FORMATION

STELLA SAL TEXAS LLC. Arts. of Org. filed with the SSNY on 12/15/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Salvatore Campisi, 1831 Decatur Street, Ridgewood, NY 11385. Purpose: Any lawful purpose. D-259001

NOTICE OF RECEIPT OF TAX ROLL AND WARRANT

TAKE NOTICE, that I, Alicia M. Roney, the undersigned Receiver of Taxes and Assessments for the Town of Bethlehem, have received the tax roll and warrant for the collection of taxes and will receive payments thereon Monday through Friday from 8:30 A.M. to 4:30 P.M. Please place payments in the Drop Box outside. at the Bethlehem Town Hall, 445 Delaware Avenue, Delmar, New York For the properties assessed upon such roll.

NOTICE OF LLC FORMATION

TIXEPLAN, LLC. Arts. of Org. filed with the SSNY on 12/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

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NO COLLECTION FEE DURING JANUARY 1% collection fee during February 2% collection fee during March FURTHER NOTICE, that pursuant to the provisions of law the tax roll of the Town of Bethlehem will be returned to the County of Albany Director of Finance on April 1 2021. D-259789

NOTICE OF LLC FORMATION

THE RA SCHECHTER, LLC. Arts. of Org. filed with the SSNY on 12/08/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hausman Law Group, P.C., 7600 Jericho Turnpike, Suite 402, Woodbury, NY 11797. Purpose: Any lawful purpose. D-259973

NOTICE OF LLC FORMATION

THREE TAILS LLC. Arts. of Org. filed with the SSNY on 11/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 4709 30th Street, Unit 401, Long Island City, NY 11101. Purpose: Any lawful purpose. D-257580

NOTICE OF LLC FORMATION

TIXEPLAN, LLC. Arts. of Org. filed with the SSNY on 12/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

LEGALS

LLC, 246-32 54th Avenue, Douglaston, NY 11362. Purpose: Any lawful purpose. D-258748

NOTICE OF LLC FORMATION

TK INTERNET IP HOLDINGS LLC. Arts. of Org. filed with the SSNY on 12/16/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 13-01 146th Place, Whitestone, NY 11357. Purpose: Any lawful purpose. D-260110

NOTICE OF LLC FORMATION

VALERY BRINDA LLC. Arts. of Org. filed with the SSNY on 11/23/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 101 Hancock Street, Brooklyn, NY 11216. Purpose: Any lawful purpose. C-257534

NOTICE OF LLC FORMATION

VLUENT GROUP LLC. Arts. of Org. filed with the SSNY on 01/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Phillip E. Klein, 324 East 48th Street, New York, NY 10017. Purpose: Any lawful purpose. D-260323

NOTICE OF LLC FORMATION

WHITE LODGE STUDIO LLC. Arts. of Org. filed with the SSNY on 11/25/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

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SSNY shall mail copy of process to the LLC, 497 9th Street, Apartment 4, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-257598

NOTICE OF LLC FORMATION

WITHERSPOON PARTNERS-1492, LLC. Arts. of Org. filed with the SSNY on 12/08/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Bill Martin, 10 Princeton Avenue, P.O. Box 228, Rocky Hill, NJ 08553. Purpose: Any lawful purpose. D-258225

NOTICE OF LLC FORMATION

YAYA AND MIMO LLC. Arts. of Org. filed with the SSNY on 11/24/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Wexler & Kaufman PLLC, One Penn Plaza, Suite 3406, New York, NY 10119. Purpose: Any lawful purpose. D-257577

NOTICE OF LLC FORMATION

ZIEL DANCE THEATER LLC. Arts. of Org. filed with the SSNY on 11/20/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 232 Covert Street, Suite #2, Brooklyn, NY 11207. Purpose: Any lawful purpose. D-257507

To place your Legal Notice: Call 439-4949



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Spotlight on Opinion

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January 13 - 19, 2021

A new day of infamy captured in words

You have to show strength

“...We’re going to walk down to the Capitol, and we’re going to cheer on our brave senators, and congressmen and women. We’re probably not going to be cheering so much for some of them because you’ll never take back our country with weakness. You have to show strength, and you have to be strong.”

— *President Donald Trump (R), speaking to a crowd of supporters moments before a siege on the U.S. Capitol Building*

Congress enabled him

“The cornerstone of our democracy is the peaceful transfer of power. We must call this what it actually is: a failed attempt at a coup. This is the final chapter of an incompetent, cruel, and divisive administration that has trampled on the Constitution and the rule of law at every turn, and we won’t let President Trump, the members of Congress who enable him, or the lawless mob that stormed our nation’s Capitol steal our democracy. The election results are clear and the will of the American people will be carried out.”

— *Gov. Andrew Cuomo (D)*

If you won’t do it, we will

“What happened at the U.S. Capitol yesterday was an insurrection against the United States, incited by the president. This president should not hold office one day longer.

“The quickest and most effective way - it can be done today - to remove this president from office would be for the Vice President to immediately invoke the 25th amendment. If the Vice President and the Cabinet refuse to stand up, Congress should reconvene to impeach the president.”

— *Chuck Schumer (D) Senator*

‘Utmost disgrace’

“The chaos, violence, and insurrection at the U.S. Capitol today is of the utmost disgrace. We are a nation governed by the rule of law, and our democracy is built upon the fundamental principle of majority rule. The President’s actions and words today will forever live in

infamy and cement his place in history as our nation’s worst President. Yet, the day is not lost. We thank the voters of Georgia and look to the near future with hope for a new era under President-elect Biden on January 20th.”

— *Patricia Faby (D), Assemblymember*

‘Nothing less than an attempted coup’

“Today, as Congress gathered to undertake one of its most solemn duties—counting electoral votes and confirming the will of the people in the Presidential election—a violent and seditious mob urged on by the current President of the United States descended on the U.S. Capitol.

As the crowd forced its way inside, the doors to our House chamber were locked and my colleagues and I were asked to hide under chairs to prevent being struck by stray bullets. When we were able to evacuate the House gallery, we did so by jumping over rows of chairs while wearing gas masks as officers barricaded the doors with guns drawn.

This unprecedented assault by President Trump’s most loyal followers was nothing less than an attempted coup.

Today’s violence was not isolated, it has been the culmination of years of Donald Trump fanning the flames of suspicion, conspiracy and division for his own political gain. At every turn, he has undermined our rule of law, undermined the safety and security of the American people, and even now continues to push his most frantic defenders to greater and more dangerous extremes.

As President-Elect Joe Biden said in his remarks earlier today, enough is enough. For the safety of our people, republic, our laws and our Constitution, Congress must adopt articles of impeachment and remove Donald Trump from office immediately.”

— *Paul D. Tonko (D), Congressman*

Cuomo orchestrated his henchmen to attack

“Yesterday, New York Republicans swiftly and in no uncertain terms condemned the violence that occurred at the U.S. Capitol building. That is more than I can say for Andrew Cuomo and New York Democrats, who for months last summer, stayed silent and gently encouraged rioting, violence and destruction of cities across our state. Dangerous criminals, emboldened by Democrat policies and anti-police rhetoric were given free rein to express their ‘frustration’ while New Yorkers trembled in fear as anarchy gripped their cities. Law enforcement was under siege, businesses were burned to the ground

and innocent New Yorkers became victims of violent attacks.

“Today, instead of offering gratitude that none of our duly-elected officials or their staff were harmed, Cuomo orchestrated his henchmen to attack them and further sow the seeds of division to distract from his own massive failures. Their words are hollow, cheap, and opportunistic.

“Now is the time for our country to try to heal. Our wounds are deep, but political opportunism isn’t helping anyone. New Yorkers demand better--stop the games and try to live up to their expectations.”

— *Nick Langworthy, NYGOP Chairman*

THE
Spotlight

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P.O. Box 100, 341 Delaware Ave., Delmar 12054 | OFFICE HOURS: 8:30 a.m. to 4 p.m. weekdays. Open until 5 p.m. on Thursdays

LIBRARIES

Expanded Curbside Hours

GPL has further expanded our return shed hours for your convenience. Borrowed items may now be returned to the quarantine sheds in our main parking lot 24/7, except for holidays. Please note: the library will be closed Monday Jan. 18 for Martin Luther King Jr. Day, so no returns will be accepted that day.

Pick up your requested materials in our Normanskill Room:

Monday-Wednesday-Friday: 10 a.m. – 4 p.m.

Tuesday-Thursday: 1 – 7 p.m.

Saturday: 10 a.m. – 2 p.m.

Sunday: 2 – 4 p.m.

See our website for checkout details. Patron pick-up is available through the Normanskill Room outer door (to the right of the Little Free Library). Please call Circulation at 518.285.0671 after you park to let us know you're here.

Winter Reading Challenge

Let's all join together to reclaim our title as one of the top-reading libraries in the U.S.! Books, eBooks, magazines, newspapers, children's literature, manga, etc. - it all counts! Everyone



is encouraged to sign up for Simon & Schuster's Winter Reading Challenge at: guilderlandlibrary.beanstack.org as an individual or family and log all of your January reading. For even easier logging, download the Beanstack Tracker App. Thank you for participating – happy reading!

Mediterranean Cooking

Learn nutritious and delicious Mediterranean cooking techniques on Thurs. Jan. 21 at 6 p.m. with Karen Roberts Mort from Cornell Cooperative Extension. This virtual lesson will include a live cooking demonstration. Registered participants will receive recipes, ingredient list and equipment needed prior to class so they can follow along. Registrants will receive a Zoom invitation via email two days before the program.

Apple Tech and Resume Help

Our volunteer computer coach, Robin, can provide customized assistance on

using an Apple Watch, iPhone, MacBook, iPad or Apple TV, or help you navigate the Learning Express tool on our website to craft your resume'. Schedule your 1:1 virtual appointment Tuesday evenings starting at 6:30 p.m., and Thursday mornings starting at 10 a.m. on the Events tab of our website, indicating the topic of interest in the Notes field. An email address and the ability to meet online is required in order to participate.

Curbside Kits

Preschoolers can benefit from our fun and educational Grab & Go Storytime Kits, intended for ages 2-5. No registration needed; simply pick up one kit per child every other Monday. Jan. 25: Superheroes; Feb. 8: Winter; Feb. 22: Drive & Ride.

Adults: craft a beautiful three-dimensional origami star suncatcher using kite paper. Please register on our website; all materials will be provided. Kits will be available for curbside pickup beginning

Wednesday, Jan. 20, at 10 a.m.

Valentine's Day Card Project

Spread the love! Our Holiday Card Project with Community Caregivers was well-received, so we're partnering with them again to extend more kindness to our neighbors. We're collecting your valentines through Friday, Feb. 5.

Create and decorate a valentine card no larger than 5 x 7, or re-purpose an old card. Make as many as you like! Community Caregivers will provide envelopes, and address and mail the cards to clients. Feel free to write an uplifting message inside if desired, and sign the card if you wish. Drop off your card in the Valentine Card Project Box at our interior pick-up table in the Normanskill Room during curbside hours.

Kids Cartooning Workshop

GPL welcomes award-winning cartoonist and illustrator Rick Stromski as our guide for this fun hands-on session on Saturday, Jan. 23 at 2:30 p.m., geared for grades 3-7.

— Luanne Nicholson

Kindness Matters

American aviator and explorer Amelia

Earhart once said, "A single act of kindness throws out roots in all directions and the roots spring up and make new trees."

This could not be more relevant than today as we slog through an ongoing pandemic and political unrest seeking out those moments of connection with our fellow human beings that spark joy. Kindness matters. And you matter to us. That's why we're spending the next few weeks sharing acts of kindness that we hope will generate happiness within our community that radiates outward to touch as many people as possible.

In the coming weeks, we'll be inviting you to share acts of kindness you've experienced or been a part of by tagging the library on social media using #BPLKindness.

Be on the lookout for special Boredom Busters tucked into our Books to People delivery bags, such as large-print words searches, painting activities and more. Books to People is available to homebound residents of the Bethlehem Central School District and can be especially helpful to those who need to take extra precautions to avoid exposure to the Coronavirus. With Books to People, selected materials are delivered (no contact!) every other week via the library van. Visit www.bethlehempubliclibrary.org/services/books-to-people for more information.

You might also find some special surprises in your Book or Media Bundle request, along with personal notes from library staff. Go to www.bethlehempubliclibrary.org/book-bundle-request to request your Book or Media Bundle.

We're showing teens that we care about them



by offering Just for Me: Book Boxes filled with curated treats and books to keep. These are available to BCSD teens in grades 6-12; one per household. Visit bethlehem.librarycalendar.com/events/just-me-teen-book-boxes to sign up.

Coming soon: Children will be able to register for a kindness kit, which will include a free book to keep and one to give to a friend, along with other crafts and fun activities.

Our Kindness Matters campaign is generously co-sponsored by the Friends of Bethlehem Public Library. During this time, we encourage you to connect with others by paying kindness forward. Sharing kindness with others is just as rewarding as receiving it. Let's start 2021 off with kindness!

Escaping winter

What happens when a winter wonderland turns out to be not so wonderful? You look for a way out! On Monday, Jan. 18, at 7 p.m., we'll be hosting a virtual escape room for adults where participants will race against time to escape a winter wonderland by decoding the locks so they won't be caught out in the cold.

Visit bethlehem.librarycalendar.com/events/virtual-escape-room-winter-wonderland to sign up.

Hours and updates

The library currently remains closed to in-person browsing, but curbside pickup is available:

Monday-Thursday, 10 a.m.-7 p.m.

Friday, 10 a.m.-6 p.m.

Saturday, 1-5 p.m.

— Kristen Roberts

Teens Care: Sewing Hand Warmers

Teens with sewing experience can earn Community Service time

by sewing up fleece hand warmers to fill with the included rice. Senior citizens can heat these in the microwave to warm cold hands, or use to soothe sore muscles. This project can be hand sewn, but works best with a sewing machine. Ask about borrowing one from our Library of Things. Return completed projects to the library for delivery to local seniors. Students in grades 7 and up should register online to receive further instructions. Pick up your supplies after 11 am, Friday,



Jan. 22.

Craft & Chat

Grab your latest craft project, and join fellow crafters at 6:30pm on Tuesday, January 26, in a virtual chat, as we gather for casual conversation about what we are working on and anything else that strikes our fancy.

February Book Discussion Dates

Books & Beyond – Wednesday, Feb. 24 at 11

a.m.: Emma by Jane Austen Fiction Book Discussion – Wednesday, February 10, at 7 p.m.: Emma by Jane Austen

Teen Bookflix Club (grades 8 & up) – Friday, Feb. 19, at 2 p.m.; Alex Rider: Stormbreaker by Anthony Horowitz

Please register online each month to receive the private meeting link for any of these virtual book discussions. Limited copies of the book are available, compliments of the Friends of the Library. Library copies will also be available for checkout and downloadable ebook and audiobook versions are on

Overdrive.

Creativity Lab: Artist Trading Cards

Artist Trading Cards are tiny collages - the size of a playing card! Pick up a surprise bag of art odds and ends after 11 a.m., Friday, Jan. 15. You can add pieces from your own stash, and make some mini artwork. Since they are trading cards, you'll need to share them with friends, then they can get inspired too! For grades 6 and up, please register.

— Lynn Kohler

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A look back

A few images captured by you in 2020.

Page B15

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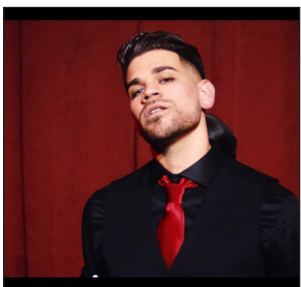
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ENTERTAINMENT

INSIDE



He's a 'Criminal'

Vince Palmeri to release new single this week.

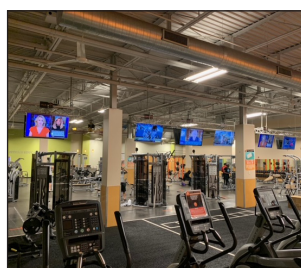
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Noodles of love

Lasagna Love is using cheesy kindness to spread goodness.

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Set in motion

Best Fitness hosting 'B Lean' campaign to get you moving.

Page B9



Projection

Steven Sandler's latest book explores the relationship between traumatized father and daughter

By **KAITLIN LEMBO**

lembok@spotlightnews.com

DELMAR — Steven Sandler, M.D., never gets tired of his job. It's a feat many people wish they could say was true for themselves.

Sandler, a psychiatrist, is no stranger to the dark parts of the brain. While his professional life requires him to dig deep into a patient's psyche for clues about mental and physical ailments, his personal life is a creative outlet for the things he's learned from his years of work.

Continues on page B5

Best Restaurants & Sports Pubs to watch the game?

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THE BIG GAME PAGES

ISSUE DATES: **Jan. 20 & 27**

AD DEADLINES: **Jan. 13 & 20**

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JUST REMEMBER

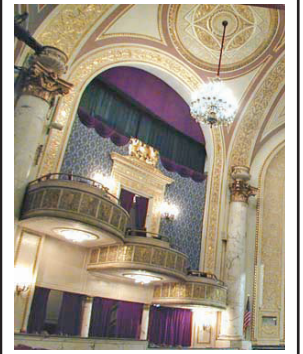
This week may be a good time to reflect upon the good in your life. Someone is looking over you..

upstate_wildlife / instagram

quote of the week

"This is definitely not something I want my whole image to revolve around. However, it was fun to challenge myself and explore different avenues for the release. I told my producers that I wanted to run with the idea of being a criminal and have it be a spin-off of that idea."




— Vince Palmeri,
Local pop artist



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■ WHAT'S HAPPENING

Local pop singer is going 'Criminal'

Vince Palmeri releasing new single on Jan. 15

By **KAITLIN LEMBO**
 lembok@spotlightnews.com

ALBANY — Vince Palmeri is making an illegal splash into 2021 with a new single.

The pop crooner and 2019 fireball is releasing his latest song, "Criminal," on Friday. A music video will accompany the release.

Palmeri is still relatively new to the game. He burst into the pop scene with his 2018 single, "The Rush," and has since been exploring different sounds to find his niche. While other singles, including "Lady Player" and "Chemicals React," are known for their catchy choruses and loud vocals, Palmeri said "Criminal" is something a bit sexier, a bit more alluring and a bit easier going.



"I've been dancing around the idea of sex for quite some time," Palmeri said, "and when I was shown this demo from my producers, I knew this was the time to finally make that dive and fully commit to it."

The idea for the music video, which takes place during the 1920s Prohibition era, surrounds a criminal Palmeri being tempted by a fellow criminal love interest, who is actually double-crossing him with her own boss. Palmeri said the video shoot was challenging in an intellectual way because he wanted to sell the song, but not have the video border

on R-rated content. While many famous pop artists, including Miley Cyrus and Katy Perry, have no qualms about (almost) baring it all for the screen, Palmeri said he wanted to keep the video classy with the intent still there.

"This is definitely not something I want my whole image to revolve around," Palmeri said. "However, it was fun to challenge myself and explore different avenues for the release. I told my producers that I wanted to run with the idea of being a criminal and have it be a spin-off of that idea."

Palmeri said the chill feel of the song was a nice

change from the normal, high-ranged vocals he produces. Being that "Criminal" is the one song of his releases so far that he did not write, he was faced with the agenda of making a demo his own. The result is one Palmeri said is his best way of hinting at what's to come in 2021 and the future of his career.

"I'm still experimenting with different sounds and trying to find the one that fits me best," Palmeri concluded. "I really loved working on 'Criminal' because it was something different and I feel like I was able to showcase my voice in a way my previous singles did not."

To watch "Criminal" on Friday, visit <https://bit.ly/2XmLN4j>.

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From page B1 ... Projection

Sandler released his newest novel, "The Age of Worry," just before Christmas. The psychological page-turner will be available at I Love Books, The Book House and Market Block Books in the coming weeks.

The novel touches on the toxic but intense bonds in families; in many cases, those bonds are formed and kept even through immense trauma. In the novel, Daniel Wunsch is in an ongoing battle with his daughter, Cordelia, over her frequent drinking.

Daniel's concern is exasperated by his own trauma; his mother, a raging alcoholic, abandoned him at 17. Cordelia looks exactly like the mother he lost and he sees red flags of old behaviors. As he tries to get through to his daughter, she pushes away, with misunderstanding and anger on both sides fracturing an already rocky relationship.

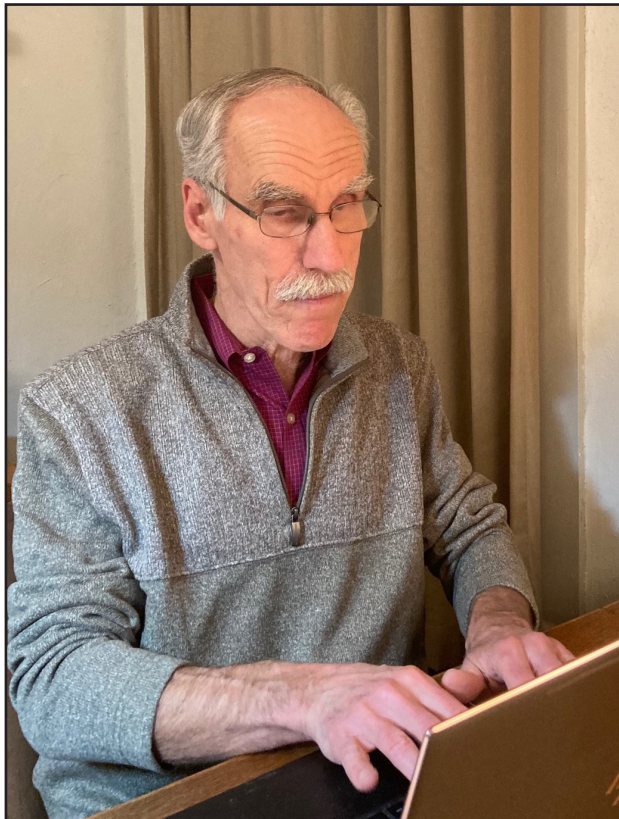
When Daniel begins to receive anonymous

clues about his mother's whereabouts throughout the years, he and Cordelia are forced to reckon with their demons, both individually and as a family unit, as they follow the journey.

Daniel and Cordelia are abstract inspirations from some of Sandler's patients. While no character has a parallel arc to his real-life practice, Sandler said his observation of family bonds, especially those created through trauma, helped shape the story.

"I had gotten a few chapters in and knew I wanted to go somewhere with this because I needed to give these characters a place to develop," he said. "Before I knew it, I couldn't keep up with the storyline. I would bring paper and pen with me when I walked my dog and found myself stopping at random points to write down ideas I had about Dan and Cordelia's future."

"The Age of Worry" is Sandler's first attempt at a



Steven Sandler

"These characters all do completely inexcusable things due to their situation. Despite those bad behaviors, I want the reader to feel compassion for the space these characters are in. I want readers to understand how deep these familial bonds are and hopefully be able to identify when one isn't healthy anymore."

— Steven Sandler, Author

fiction novel. His first book was "basically a textbook," he recalled, and his second work, "Tea With Freud," used the works of Sigmund Freud as a window into the world of psychotherapy. When "Tea With Freud" included enough fiction components to keep the core lessons compelling to any reader, Sandler knew he could try his hand at a totally fictional work.

"Literally with everything Dan says, Cordelia pushes away more, but they are so bonded that the story needs both of them," Sandler said. "Dan and Cordelia's story is just one of many examples of the dysfunction many families cope with."

Sandler said writing the book was an extension of his love for psychiatry in general. Despite his life being surrounded by the brain, his favorite thing is still to get together with a fellow psychiatrist and talk psychotherapy.

He's committed to using the story of Daniel and Cordelia as an olive branch of compassion; the story will serve as a reminder to be kind to everyone and an encouragement to try to understand the other person. He added the story would be perfect for book clubs, as it can open a conversation far more personal than just the contents itself.

"These characters all do completely inexcusable things due to their situation," Sandler concluded. "Despite those bad behaviors, I want the reader to feel compassion for the space these characters are in. I want readers to understand how deep these familial bonds are and hopefully be able to identify when one isn't healthy anymore."

For more information about "The Age of Worry," visit stevenbsandler.com.



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Noodles of love

Lasagna Love is using cheesy kindness to spread goodness

By **KAITLIN LEMBO**
lembok@spotlightnews.com

CLIFTON PARK — There's something comforting about a lasagna. Whether you're in the kitchen whipping one up from scratch or thawing out those pesky Stouffers trays that never seem to cook right, you can guarantee almost anyone loves a lasagna.

The love of one of Italy's most revered dishes (and one that was actually first created in Ancient Greece, believe it or not) is the centerpiece of Lasagna Love, a nationwide organization with a chapter in the Capital District.

The premise of Lasagna Love is simple; volunteers (lovingly named 'lasagna

mamas' and 'lasagna papas') are matched by their regional leader with a family or person who requests a lasagna. People who request could be in a variety of different situations — some might be financially struggling to feed themselves, some might be in the middle of a family crisis and unable to cook, some might have a broken stove and are unable to cook for a few days. Volunteers reach out to the recipient and ask about allergies or aversions to any foods. From there, the lasagna mama or papa makes the lasagna (or another dish, it doesn't have to be lasagna) and coordinates with the recipient for drop off. No one ever comes in contact at the drop-off and all lasagnas are made with CDC and state guidelines in mind. Also, volunteers are asked about their own preferences, from cooking to driving distance, so

no one ever feels taken advantage of. Recipients can request one lasagna a month.

Nicole Derucher has been with Lasagna Love for about four weeks. In that time, she has delivered three lasagnas. Coming across the group was an act of chance; she moderates a mom group that someone posted it in. Even though the post was not in line with group rules, she was able to spread the word to the group and found herself signing up.

"I love spreading kindness through this and making someone's day a bit brighter," Derucher said. "Plus, it challenges me. I like to try to hide veggies in it so kids will get some nutrition from it without knowing. However, if a family explicitly says no veggies, we follow it."

Lasagna Love is accessible to even the most novice of home cooks;



Kelly Andolina

the group has a template for a basic lasagna and members will share recipes with one another. Capital District regional leader Kelly Andolina said this is especially frequent when a volunteer is tasked with a recipient with food restrictions or allergies.

"We really love supporting one another and making each delivery

special," she said. "We want people to smile when they see how much love was poured into making the dish."

There is also no restriction on how the lasagna must be delivered, temperature-wise; recipients can request a hot meal if they're having stove trouble, or they can ask for it frozen or refrigerated to

conserve.

"We're so lucky that no one has abused the system so far and we've worked with some really amazing people," Andolina said. "This started as something so small and it's now grown into this amazing organization."

To request a lasagna or sign up to volunteer, visit lasagnalove.org.

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HEALTH and FITNESS

Herbs and spices that can promote healthy hearts

A nutritious diet is a key component of a healthy lifestyle. When paired with regular physical activity, a nutritious diet can help people dramatically reduce their risk for various diseases, including heart disease.

According to the World

Health Organization, ischaemic heart disease and stroke claim more lives each year than any other disease, annually accounting for roughly 15 percent of all deaths across the globe. Many deaths caused by heart disease can be prevented, and eating a healthy diet is a great preventive measure that

anyone can take.

Though some people may associate healthy diets with bland foods that lack flavor, people can incorporate various heart-healthy herbs and spices into their favorite dishes to make them more nutritious and flavorful.

- **Garlic:** Garlic has long since earned its place on the kitchen spice rack. However, botanically, garlic is neither an herb or a spice but a vegetable. Regardless of how it's classified, garlic is loaded with flavor and can be used to improve just about any recipe,

all the while benefitting heart health. The United States-based health services provider Mercy Health notes that garlic can help lower blood pressure and reduce bad cholesterol levels.

- **Cayenne pepper:** Few ingredients may change a recipe as quickly as cayenne pepper. The addition of cayenne pepper can instantly make dishes more spicy. But cayenne pepper brings more than a little extra kick to the dinner table. Healthline notes that various studies have shown that capsaicin, the active ingredient in cayenne pepper, can provide a host

of health benefits. One such study published in the British Journal of Nutrition found that adding capsaicin to a high-carbohydrate breakfast significantly reduced hunger and the desire to eat before lunch. Eating less can help people more effectively control their body weight, which in turn reduces their risk for heart disease.

- **Turmeric:** Garlic and even cayenne pepper may already be staples in many people's kitchens, but that's not necessarily so with turmeric. A yellow spice often used when preparing Indian foods, turmeric has anti-

inflammatory properties thanks to curcumin, the part of turmeric responsible for giving it its yellow color. Experts acknowledge that turmeric needs to be studied more to definitively conclude its effects on heart health, but WebMD notes that one small study indicated that turmeric can help ward off heart attacks in people who have had bypass surgery.

- **Coriander:** A popular herb used across the globe, coriander is sometimes mistaken for cilantro. Though the two come from the same plant, cilantro refers to the leaves and stems of the coriander plant, while the coriander in recipes typically refers to the seeds of that plant. Mercy Health notes that coriander seeds may help reduce bad cholesterol and high blood pressure, both of which are significant risk factors for heart disease.

Heart-healthy herbs and spices can be added to various recipes, proving that nutritious meals need not be void of flavor.

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Answers on Pg. B12



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CLUES ACROSS

1. Ancient kingdom near Dead Sea
5. 2014 Winter Olympics host
10. Soft fabric
12. Covered in flowers
14. Works at a college or university
16. Keeps us cool
18. Corpuscle count (abbr.)
19. Similar
20. Birthplace of Muhammad
22. They ___
23. Preamble to a book
25. Southern China people
26. Hair product
27. The woman
28. Partner to cheese
30. One point north of due east
31. Round Dutch cheese
33. Be in awe of
35. Christmas song
37. Emits coherent radiation
38. Something that is comparable to another
40. Monetary unit
41. The cutting part of a drill
42. Resinlike substance secreted by certain insects
44. Touch lightly
45. Toyota SUV
48. ___ and Andy, TV show
50. Made less dangerous
52. Assets under management (abbr.)
53. Nostrils
55. Moved quickly
56. Thai isthmus
57. TV personality Roker
58. Honors anew
63. Rags
65. One who obtains pleasure from inflicting pain or others
66. Marketplaces
67. Dark brown or black

CLUES DOWN

1. Nowhere to be found (abbr.)
2. Not new
3. Brew
4. Stain with mud
5. Chief or leader
6. Luke Skywalker's mentor ___-Wan
7. Type of sauce
8. Sharpens
9. Priestess loved by Zeus
10. Jean Henri ___, French entomologist
11. Regulates supply of fuel
13. Disturbing and horrifying
15. Equal (prefix)
17. Hosts film festival
18. Tattered piece of clothing
21. Rich desserts
23. Unique motor (abbr.)
24. Disfigure
27. Chemical substance
29. Slang for famous person
32. Department of Labor
34. The A-team rode around in one
35. Beach cabin
36. Living things
39. Gun (slang)
40. Disconsolate
43. Stroke gently
44. Actress Richards
46. "Cletus Hogg" actor
47. Returned material authorization (abbr.)
49. Brazilian mountain range
51. Upset
54. One with supernatural insight
59. Insecticide
60. Taxi
61. "Much ___ about nothing"
62. Cannister
64. Popular clothing retailer

Answers on Pg. B12

HEALTH

Set (you) in motion

Best Fitness hosting "B Lean" campaign, getting people to move at home

By **KAITLIN LEMBO**
 lembok@spotlightnews.com

ALBANY — One of the most common New Year's Resolutions out there is the one on losing weight.

We all want to be fit. We all want to have the "ideal" body and feel confident in our clothes. However, as we all know, the journey to fitness isn't a one-size-fits-all approach. While many are climbing walls in boredom at home, Best Fitness is taking a different approach to getting up and moving.

The B Lean Virtual Challenge is a 28-day competition to win money by shedding some weight.



For \$59, anyone (even those who aren't members of the gym) can reap the benefits of Best Fitness' offerings; participants will have access to a consultation with a fitness director, virtual private training sessions, nutritional support, personalized meal plans, exclusive virtual workout programs and a community of like-minded people. There will be a \$1,000 prize awarded to the best transformation.

Conor Lukacs, the

"We really pride ourselves in setting goals and helping our clients reach the goals they want. We not only teach the 'hows' of a healthy lifestyle but the 'whys' as well."

— **Conor Lukacs,**
 fitness director,
 Best Fitness
 Fuller Road

fitness director at Best Fitness' Fuller Road location, said the need to get started on a new fitness regime is daunting for many. When you walk into a new location with people you don't know and equipment you aren't familiar with, it can be overwhelming. The challenge moving to a virtual platform not only greatly reduces COVID-19 worries, but it allows people to work in the comfort of their own home at their own pace.

"We really pride ourselves in setting goals and helping our clients reach the goals they want," Lukacs said. "We not only teach the 'hows' of a healthy lifestyle but the 'whys' as well."

Lukacs said Best Fitness is a great spot for those scouting out a new gym, as the workout center offers several programs, including yoga and zumba.

Brain Chamberlain, a member of Best Fitness, agreed. A member for about two-and-a-half years, Chamberlain set a goal in

early 2019 to shed some weight he gained through the years. He's lost 70 pounds working with his trainers and is now working on gaining some muscle for that built physique.

"The nice thing about this challenge and working out with a trainer, in general, is you are working with someone who does this on a professional scale," Chamberlain said. "I feel like Best Fitness offered me the best people, options and results."

Chamberlain added the atmosphere at the gym is even motivating, as staff will help anyone with any concerns, regardless if they are training or not. Members are also equally concerned about not getting shut down again and have been diligent about following CDC and state guidelines.

Gyms following strict sanitizing protocols are paying off; in early December, Gov. Andrew Cuomo acknowledged gyms and salons are not "superspreader" locations. Cuomo added the protocols

in place for personal care facilities is incredibly stringent. Despite that, fitness centers have been targeted since the beginning, being one of the first organizations closed down when COVID-19 began its firestorm across the Capital District.

"We are doing our part to combat the spread and keep the place open that, for many of us, is a way to work through stress and have some time to ourselves," Chamberlain said.

Chamberlain and Lukacs said the best way to get committed to a new fitness regimen is sticking with it. While you might not see changes at first, you'll quickly notice people around you complimenting your hard work and it helps you keep going.

"I really felt motivated in the beginning when my family was saying how great I looked," Chamberlain said. "There is such a science to fitness that talking to a professional and setting those goals will go a long way."

HOROSCOPES

January 2021
 Week 2

ARIES - MAR 21/APR 20

Be aware of the impact words can have, Aries. You may think what you're saying is innocuous, but it really can do harm without intent. Be conscious of what you're saying.

TAURUS - APR 21/MAY 21

You don't want to disappoint people who rely on you, Taurus. But remain conscious of what you can and cannot offer other people. Find the right balance.

GEMINI - MAY 22/JUN 21

Spend some time alone this week to sort things out in your head before you react to a situation that has been on your mind, Gemini. Don't let others affect your state of mind.

CANCER - JUN 22/JUL 22

Cancer, someone draws a proverbial line in the sand and challenges you to take action. This can be a conflict for you, especially if you're not yet ready to make a move.

LEO - JUL 23/AUG 23

Leo, a steep climb is before you, but with patience and perseverance, you will eventually reach the summit. Once you do, you will enjoy an extreme sense of accomplishment.

VIRGO - AUG 24/SEPT 22

Try not to nitpick your actions, Virgo. Once you make a decision, stand by your choice and defend it. Typically your gut and your mind do not steer you in the wrong direction.

LIBRA - SEPT 23/OCT 23

You may need to put rational on the side and be a little reckless in the days ahead, Libra. This may cause some temporary disarray, but take a chance.

SCORPIO - OCT 24/NOV 22

You may think you have the perfect plan laid out, Scorpio. However, double- or even triple-check all of your data. Doing so will provide reassurance.

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, what you expect to happen this week may turn out to be the opposite of what actually happens. Be prepared for any scenario to come your way.

CAPRICORN - DEC 22/JAN 20

Emotions may cloud your judgment, Capricorn. Try to look at a situation clearly so you can weigh-in in an impartial manner so you have no regrets.

AQUARIUS - JAN 21/FEB 18

Sometimes the best things that happen to you can occur in the most unlikely of places, Aquarius. Always keep your eyes open and ready for surprises.

PISCES - FEB 19/MAR 20

Don't fret if you don't think the same way as another group of people, Pisces. This week you will more fully develop your perspective.

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LIFESTYLE

Men's home grooming solutions

While many barber shops and nail salons have closed to curb the spread of the novel coronavirus COVID-19, hair and nails continue to grow. Many men are not content with emerging from the shelter-at-home experience looking like Tom Hanks in "Castaway." As a result, such men are navigating at-home grooming — sometimes with mixed results.

Thanks to the internet, there are scores of video tutorials that can do

Mustaches take conviction to pull off because they're far less popular today than during peak mustachioed glory of the 1970s and 1980s when Freddie Mercury, Burt Reynolds and Tom Selleck had mustaches as famous as the stars themselves.

everything from explain barber terms to help you clip hair from the comfort of home. At-home men's grooming can be customized to align with how far men are willing to take the plunge.

Grow it out

Many men have taken to social media to showcase their "Quarantine Mustaches" and "Corona Beards." Mustaches take conviction to pull off because they're far less popular today than during peak mustachioed glory of the 1970s and 1980s when Freddie Mercury, Burt Reynolds and Tom Selleck had mustaches as famous

as the stars themselves. Jeremy Kirkland, who hosts a menswear-focused podcast, suggests that men treat mustaches like they're no big deal and not to draw attention to them. Eventually, the mustache will be accepted as part of the new you.

Beards have been trendy for years and can be ideal ways to give faces a break from constant shaving. With work-at-home restrictions deemphasizing grooming requirements, there may never be a better time than now to try a beard. Brickell Men's Products says to make sure to wash and clean facial

hair two to three times a week, clip it to tame hairs and trim your neckline to ensure proper hygiene.

Home hairstyles

Men's hairstyles tend to be much shorter than women's, so hair that has begun to grow out can become much more noticeable, and more quickly. Any guy who has flirted with a do-it-yourself haircut may want to consider buzzing it all off. Going buff, or very short, is the most goof-proof home haircut to try. Begin with a longer trimmer guard and gradually shorten to what feels comfortable. Unless you're experienced,

it's best to leave fades and other tricks of the trade to the professionals when barbershops reopen.

Men also can grow out their hair and embrace the "flow" style. This medium-to long-length style has been a look for surfers, skaters, preppy guys, and baseball players for some time. Men's Hairstyle Trends says this style is easy to manage. Natural texture adds to the look, and it's great for guys with wavy or curly hair.

Until stay-at-home restrictions are lifted, men will have to revise their grooming routines to include more at-home care.

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8	6	9	7	2	1	4	5	3
4	7	1	9	5	3	6	2	8
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5	2	4	3	7	8	9	6	1
9	1	7	2	6	4	3	8	5
7	4	8	6	1	9	5	3	2
1	9	2	5	3	7	8	4	6
3	5	6	8	4	2	1	9	7

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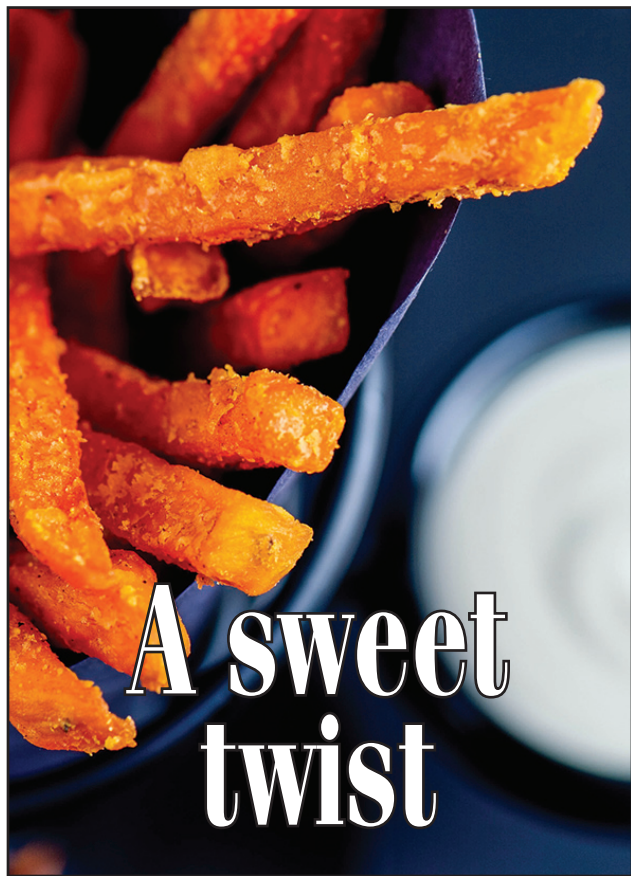
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A sweet twist

FOOD and VINO

Sweet potatoes are a beloved side dish come the holiday season, as they make for the perfect complement to turkey and roasts.

Despite the popularity of sweet potatoes, some misconceptions about them have prevailed. The terms “sweet potato” and “yam” often are used interchangeably, but they actually are two different plants. Sweet potatoes, according to the cooking resource Epicurious, are in the morning glory family. Yams are related to palms and grasses. Yams are native to Africa, Southeast Asia, the Caribbean, and Central America. Sweet potatoes are grown primarily in the United States, although they were likely brought from Central or South America. One similarity of sweet potatoes and yams are that they are not potatoes at all.

Sweet potatoes range in color from yellow to dark orange. There also are purple varieties. Yams have brown or black, scaly skin. They can produce off-white, purple or red flesh that is more starchy and dry than sweet potatoes. Most North American stores do not sell genuine yams.

Sweet potatoes can be prepared in both sweet and savory ways, making them equally at home on the dinner table or for dessert. Sweet potato fries are one of the tastier ways to enjoy sweet potatoes. This recipe for “Baked Sweet Potato Fries” courtesy of the North Carolina Sweet

Potato Commission can make for the perfect side when serving steak or burgers.

Baked Sweet Potato Fries

INGREDIENTS: Serves 8

- 7 medium sweet potatoes
- 1/3 cup olive oil
- 1/2 teaspoon salt

INSTRUCTIONS

Preheat oven to 400 F. Line two baking sheets with foil; spray with nonstick cooking spray. For crispier results, place a metal rack on each baking sheet.

Peel the sweet potatoes, if desired, and cut into 1/4-inch strips.

In a large bowl, combine sweet potatoes, oil and salt; with your hands, toss to coat.

Spread sweet potatoes in a single layer on racks or foil without crowding; set aside remaining sweet potatoes.

Bake until crisp, about 30 minutes, flipping halfway through. Repeat until all the sweet potatoes are baked.

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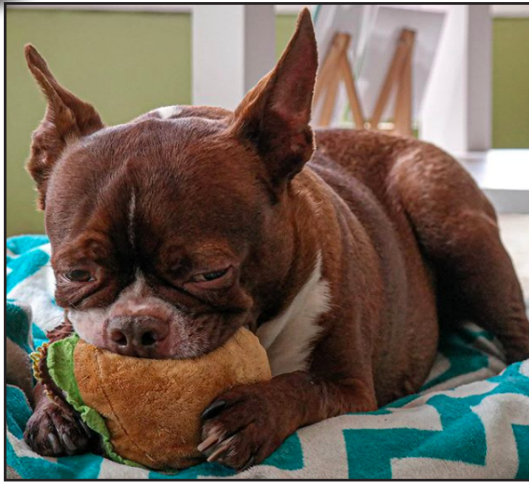
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**A
LOOK BACK**

Here are a few images captured last year by some of you. (A few from us, too.)



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