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June 9 - June 15, 2021

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NEWS River Road accidents

Fatal head-on collision just one of two accidents this week.

Story on Page 2



Mask confusion

A letter from Albany sparks hectic weekend for schools.

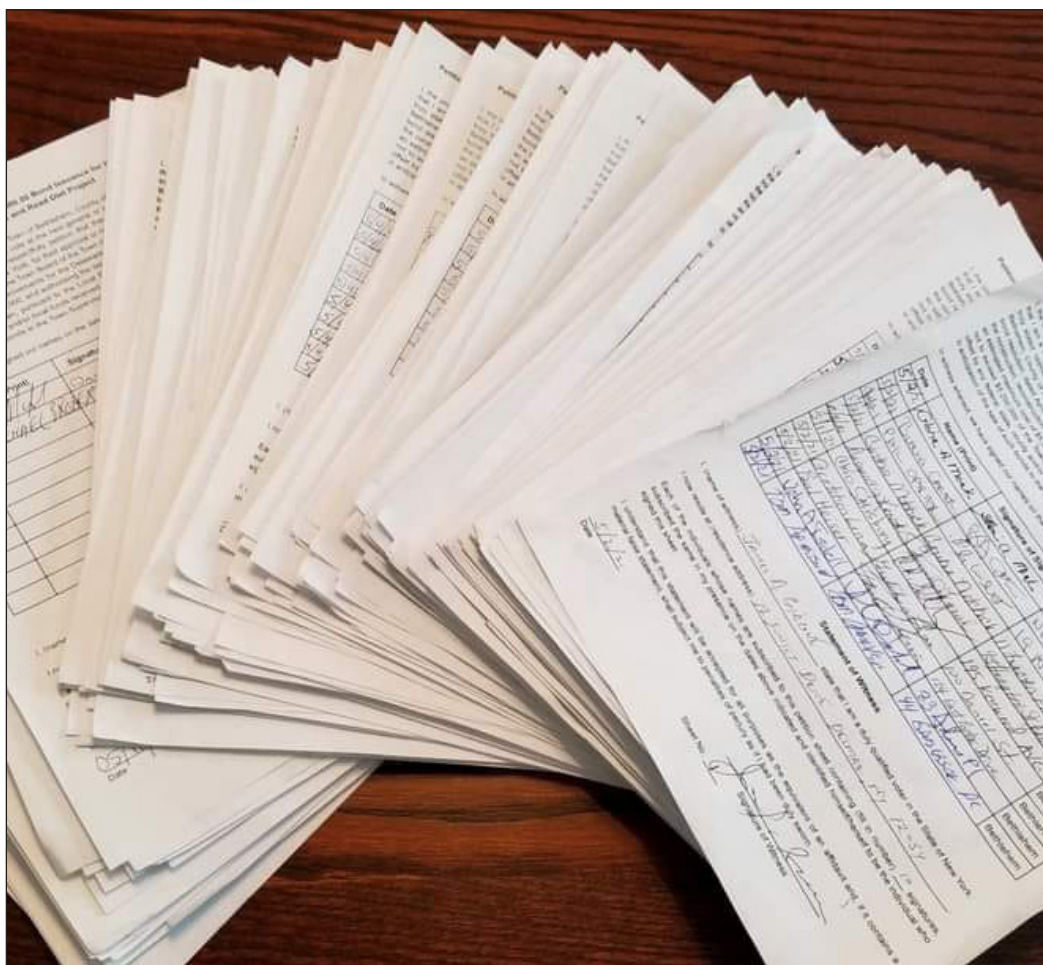
Story on Page 5



Wash your boats

State DEC launches education program for boaters.

Story on Page 6



TOP STORY

Vote come November

Public to decide referendum in General Election

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

DELMAR — Bethlehem Town Supervisor David VanLuyen has already suggested holding the referendum in November to decide on the funding package for the proposed \$5.2 million Delaware Avenue Complete Streets Project.

Continues on page 3

Nearly 1,500 signatures on more than 180 pages of petitions were submitted to Town Hall last month, opening the decision to fund the Delaware Avenue Road Diet into the hands of the residents.

Submitted photo

ENTERTAINMENT



Family and faith

Local author debuts novel reflecting on adoption journey.

Story on Page B1

INSIDE



Soup to nuts

Bethlehem Central senior takes charge of ESYO's soundwalk in Albany.

Story on Page B3

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■ POLICE, FIRE and EMERGENCY CALLS

Fatal head-on crash

No cause determined in River Road crash

GLENMONT — One motorist is dead following a head-on collision on River Road on Wednesday afternoon, June 2.

Gerard W. Carter, 60, of Hannacroix, was driving southbound on River Road when his 2013 Kia collided head-on with a 2020 Chevrolet pickup operated by Brandon C. Littlejohn, 26, of Troy. The collision occurred near 822 River Road.

Bethlehem Police responded to the scene at approximately 4:33 p.m. The Albany County Coroner pronounced Carter

dead at the scene.

Littlejohn, who was driving northbound at the time of the accident, did not appear to have life threatening injuries and was transported to Albany Medical Center for treatment.

The cause of the crash is still under investigation.

The Town of Bethlehem Police Department was assisted by members of the Selkirk Fire Department, Elsmere Fire Department, Slingerlands Fire Department, Albany County Sheriff's Department Paramedics, Delmar-Bethlehem EMS and New York State Department of Transportation.

struck by a car in the early hours of Monday morning, June 7.

Tammy L. Hardy, 60, of Ravena was driving southbound on River Road at approximately 1 a.m. when she struck a pedestrian who Bethlehem Police said was pushing a shopping cart in the middle of the southbound lane. The accident occurred around 318 River Road.

Police said the pedestrian was seriously injured and was transported to Albany Medical Center for treatment. The pedestrian has not been identified at this time.

Anyone with information regarding the crash or who may know the identity of the pedestrian is asked to call the Town of Bethlehem Police Department at 518-439-9973.

— Michael Hallisey



Local first responders look over what remains of a head-on collision at River Road on Wednesday afternoon, June 2. One driver was pronounced dead at the scene. The other motorist was sent to the hospital with non-life threatening injuries.

Thomas Heffernan Sr. / Special to Spotlight News



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Pedestrian struck

GLENMONT — Bethlehem Police is asking for help identifying a pedestrian who was seriously hurt after being



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-Chuck McDowell, Founder & CEO-



From page 1 ... Vote come November

All but \$728,000 of the proposed cost has state and federal monies earmarked for the project.

VanLuven shared the suggestion over social media after the Town Board meeting's agenda was posted online last Friday. He'll make the suggestion official once he speaks to the Board tonight, Wednesday, June 9.

If approved by the Town Board, the referendum would be added to the ballot as part of November's General Election.

"I believe it is important for as many voters as possible to participate in the referendum, and history has shown that the turnout for general elections is significantly higher than for special elections," VanLuven stated in an email to The Spotlight. "The November 2 date is therefore better for our community."

The board approved a bond resolution for the project by a 4-1 vote in April. Board members also approved purchasing the design services of CHA Companies in the amount of \$556,000 that same evening.

However, a petition of nearly

1,500 signatures from town residents was submitted to Town Hall last month. The petition — more than 180 pages — forced the permissive referendum to be decided by a public vote. When to hold the vote, is the next question.

Outside of the General Election, which is managed by the Albany County Board of Elections, the Town is permitted to hold a special election. VanLuven's argument against that option is a subject of cost.

"A special referendum would be entirely managed by the Town and would cost, based on the last special election, around \$10,000," he said. "For that special election, the poll workers alone cost the Town \$4,800."

Road diets reduce the number of lanes reserved for motorists so as to address issues surrounding safety, aesthetics, or to accommodate pedestrians and bicyclists.

The Town has yet to decide how to realign the highway. One option is to convert the existing four-lane road to two, opposing traffic lanes with a middle two-way left-turn lane. Another is to continue allowing two lanes for inbound traffic from Albany



Together, we remember

SLINGERLANDS — Volunteers from each of Bethlehem's fire districts gathered together on a cloudy, Memorial Day to pay their respects at the Firefighters Memorial Park on New Scotland Road. COVID-19 prevented them from marching the streets of Bethlehem as part of the annual tradition.

Photo by Tom Marra / Special to Spotlight News

while reducing outbound traffic to one. There is a third option — leave the roadway as is.

Proponents laud the road diet as a means of converting the 1.3-mile stretch of roadway between Elsmere Avenue and the Albany City Line as a pedestrian-friendly community street. Opponents, including business

owners dependent on that traffic, are concerned motorists will be deterred from visiting their storefronts.

A clear divide between opposing views was evident in April when board members listened to public comments regarding the proposal.

Many in favor lived

on neighborhood streets immediately connected with the busy thoroughfare. Those opposed were the business owners whose storefronts depend on the motorist traffic.

The current four-lane stretch of Delaware Avenue is a result of an expansion project from sixty years ago.



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EDUCATION

Fifty to retire from BC

DELMAR — This year, 50 Bethlehem Central employees— with combined service totaling more than 1,100 years — will retire after long careers serving district children.

This year, a scaled-back version of a retiree reception was held for those individuals who retired or announced their retirement during the 2020-21 school year. The gathering was limited to retirees only who listened as Superintendent Jody Monroe and various building and department leaders paid tribute to them and to their colleagues who are departing BC this year. Also in attendance were members of the Board of Education, including Board president Holly Dellenbaugh who welcomed the group.

The list of retirees, each under their respective school, is provided below.

Eagle Elementary School

Kristi F. Malsan, Teacher – 32 years
Nancy Sohl, Teacher – 21 years

Elsmere Elementary School

Joyce C. Calaban, Secretary – 20 years
Susan Maddock, Aide to Students with Disabilities – 19 years
Martha J. Pellettier, Aide to Students with Disabilities – 18 years
Robin J. Reed, Teacher – 31 years

Glenmont Elementary School

Ann H. Brands, Teacher – 33 years
Maureen A. Frank, Secretary – 25 years
Joanne R. Honeywell, School Counselor – 25 years
Mary Martin, Teacher – 18 years

Catherine Zimmerman, Aide to Students with Disabilities – 20 years

Hamagrael Elementary School

Kathleen Cronmiller, Aide to Students with Disabilities – 19 years
David A. Ksanznak, School Principal – 30 years
Marie H. Weisheit, Custodial Worker – 31 years

Slingerlands Elementary School

Deborah L. Badolato, Aide to Students with Disabilities – 18 years
Kathryn W. Betzhold, Registered Nurse – 26 years
Heidi G. Bonacquist, School Principal – 21 years
Penny L. Palagyi, School Counselor – 31 years
Mary T. Rodgers, Teacher – 26 years

Bethlehem Central Middle School

Leslie E. Bruff, Math Teacher – 19 years
Mary Ann Bruno, Registered Nurse – 32 years
Laura G. Collier, Registered Nurse – 17 years
Kathleen M. Dolan, Science Teacher – 22 years
Margaret (Candy) Dolen, Science Teacher – 21 years
Diane E. Henderson-Suker, Math Teacher – 18 years
Mona Larsen, Sr. Keyboard Specialist – 20 years
Janice B. Siniski, School Monitor, Aide to Students with Disabilities – 29 years
Cherylann M. White, Science Teacher – 29 years
William Reilly, Social Studies Teacher – 26 years

Bethlehem Central High School

Peter J. Berhaupt, Hall Monitor -18 years
Frederick C. Powers, Health/PE Supervisor – 30 years
Lynn Sherich, Technical Database Support Specialist – 26 years
Candace D. Raderman, Health/PE Teacher – 24 years
Rosalie M. Recchia, Science Teacher – 21 years

Transportation

Frederick M. Berlin, School Bus Driver – 13 years
Howard C. Cable, School Bus Driver – 16 years
Brenda J. Hazen, School Bus Driver – 32 years
Cynthia Jurewicz, Director of Transportation – 19 years
Maureen Kleinke, Bus Attendant – 17 years
David Langenbach, School Bus Driver – 17 years
Mary Mann, School Bus Driver – 18 years
Geraldine R. Martin, School Bus Driver – 20 years
Denise Murray, School Bus Driver – 17 years
Patrick J. McCormick, School Bus Driver – 31 years
Kimberly A. Renak, School Bus Driver – 16 years
Deborah Wiggand, Bus Attendant – 18 years
Kevin C. Winne, School Bus Driver – 21 years

Operations & Maintenance

Robert P. Court, Assistant Superintendent of Building and Grounds – 30 years
Gregg D. Nolte, Director of Facilities and Operations – 21 years
Dean Pemberton, Custodial Worker – 33 years

■ EDUCATION

Scramble to divert mask confusion

Dept. of Health triggers confusion over mask requirements

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — A Friday letter from the head of the state Health Department pushed local school administrators to react through the weekend in order to clarify expectations surrounding masks in schools the following Monday.

By Sunday afternoon, districts informed their families that their respective schools would continue to require masks as they have been, in light of recent changes the U.S. Centers for Disease Control made to its guidelines in relation to summer camps.

“Today, Sunday, June 6, the New York State Education Department informed school districts that until a response is received from the CDC, no changes will be made to existing mask protocols for school districts in New York,” stated Bethlehem Central Superintendent of Schools Jody Monroe. “All protocols regarding mask use in the Bethlehem Central School District remain unchanged in accordance with existing federal and state guidelines.”

Monroe’s email was followed by an automated phone message just minutes later.

RCS sent a similar message, citing local schools had not received “definite regulatory guidance” to make any changes to its virus mitigation policy.

“Mask wearing will continue in accordance

with school district reopening plans that were developed based on the comprehensive state guidance of last summer,” stated RCS through another Sunday email to district families.

Schools remained cautious as they immediately sent messages to their families following news of the state Health Department’s intent to lift mask mandates. Each district stated they would await further instructions before making any changes.

State Commissioner of Health Howard Zucker shared he was ready to lift mask mandates after the CDC announced its guidelines pertaining to summer camps. As public schools often play host to camps during the summer months, Zucker informed the CDC he’d do the same for schools.

“As many camps take place on school grounds,

both serve school-age children, and the end of the school year/start of the camp season both occur in June, New York State plans to align our school and camp mask guidance,” Zucker wrote the CDC, laying out his “minimum state-wide guidance” to CDC Director Rochelle Walensky.

In four bullet points, Zucker stated not fully vaccinated individuals would be “strongly encouraged but not required” to wear masks indoors or out. Inherently, vaccinated students, campers and staffers could also be mask-free.

“If there is any data or science that you are aware of that contradicts moving forward with this approach, please let me know as soon as possible,” Zucker wrote in his June 4 letter. “We plan to make this guidance effective on Monday, June 7.”

Zucker’s timing comes within three weeks before schools are scheduled to close for summer break. Districts are still fielding questions regarding how schools will manage classrooms next year following President Joe Biden’s push to have students move from remote learning. Bethlehem Central had previously scheduled two Q&A sessions with Monroe on Tuesday and Wednesday, June 8 and 9.

The Health Department’s timing was categorized as “whiplash-inducing news” by New York State United Teachers President Andy Pallotta last Friday.

“Announcing on a Friday afternoon that masks will now be optional for both vaccinated and unvaccinated people in schools starting Monday — with only three weeks remaining in the school

year — is whiplash-inducing news,” Pallotta shared in a statement. “Short of any additional guidance from the state or the CDC before Monday, we implore school districts to closely evaluate local conditions and connect with their educators and parents to decide the best course of action for protecting their school community.”

Zucker did state in his proposed guidelines to the CDC that schools and camps could choose stricter standards at their own discretion. But, as schools proceeded to send their statements out on Sunday afternoon, it was evident that the state Education Department advised districts to continue with their mask requirements. Before the end of the day, Guilderland and Voorheesville Central schools informed their district families, too.

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NYS Department of Environmental Conservation

STATE

Clean, Drain and Dry

Boat stewards to conduct boat inspections and educate public at boat launches statewide

ALBANY — As this year's boating season kicks off, the state Department of Environmental Conservation reminded water recreationists to do

their part in protecting New York's waters from aquatic invasive species by remembering to clean, drain, and dry watercraft and equipment.

Last year, boater traffic increased by nearly 20 percent at some launches and boat stewards counted more than 390,000 boats at launches across the state, a significant increase from the 276,515 watercraft counted in 2019.

"Aquatic invasive species like zebra mussels, spiny waterflea, hydrilla, and others can be easily transported from one waterbody to another on boats, trailers, and fishing equipment," said Commissioner Basil Seggos. "Protecting New York's waters is a high priority for DEC. Our lakes and ponds are invaluable in providing wildlife habitat, sustaining

our state's fisheries and fishing industry, and offering opportunities for recreation."

DEC anticipates more boaters will hit the water this season and with them an increased risk of introducing AIS to New York's waters. Taking proactive steps such as cleaning off fishing tackle, removing aquatic vegetation from rudders, disinfecting boat hulls and

water compartments, and properly disposing of bait, significantly reduces that risk.

"Last fall we opened the new boat launch at Otisco Lake. We are thrilled that this will be one of more than 200 locations participating in the New York State Watercraft Inspection Steward Program," said Matthew Marko, DEC Region 7 Director. "We ask that all recreationists clean, drain, and dry their watercraft and equipment to help protect New York's waters."

Over the last few years, DEC has expanded its boat steward coverage through the Watercraft Inspection Stewardship Program, reaching additional recreationists with the Clean, Drain, Dry message. Boat stewards demonstrate how to conduct boat and trailer inspections prior to launching into a new waterbody and provide basic facts about AIS.

"The Finger Lakes Partnership for Regional Invasive Species Management (PRISM) is looking forward to providing education and outreach at the new Otisco

Lake launch and hopes to reach more new boaters," said Hilary Mosher, Coordinator, Finger Lakes PRISM.

In 2020, DEC's boat stewards talked with more than 30,000 boaters who were unfamiliar with the boat steward program. These stewards also intercepted more than 19,000 AIS on boats and equipment, including hydrilla, which was removed from boats headed into Lake Champlain and Lake Ontario. Existing hydrilla infestations in Cayuga, Erie, Tioga, Tompkins, and Westchester counties are currently costing New Yorkers more than one million dollars a year in control and mitigation.

To help protect New York's lakes, ponds, rivers, and streams, visit DEC's website for more information on AIS and a step by step guide for ridding boats and equipment of AIS. Today, DEC also released a newly developed public service announcement to air across the state reminding boaters to clean, drain, and dry their watercrafts in order to protect state waters.

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■ COMMUNITY

Heart Walk raises nearly \$490K

Fundraising to fight heart disease and stroke will continue through June 30

ALBANY — Walkers and runners filled the Capital District on Sunday as they participated in the 2021 Capital Region Heart Walk and Run, a digital event that continued the fight against heart disease and stroke.

The total raised for the Capital Region Heart Walk was \$489,051.56 as of Sunday afternoon. Donations will continue to be accepted until June 30 at CapitalRegionHeartWalk.org.

Aedan Conway of Delmar, the Heart Hero for this year's Capital Region Heart Walk and Run, was born with hypoplastic left heart syndrome, which, in his case, meant that one of



Aedan Conway, of Delmar, was the Heart Hero for this year's Capital Region Heart Walk and Run.

American Heart Association

his heart ventricles didn't develop properly. Aedan has had three open-heart surgeries.

"The work of the American Heart Association is more important than ever," said Jennifer Corcoran Conway, mother of 9-year-old Heart Hero Aedan Conway and chair of the Capital Region Board of Directors of the American Heart Association. "The pandemic created the exact kind of situations that exacerbate

heart disease and stroke — many of us were more sedentary, we may have gained a little weight, and we faced new stresses as we combined working from home with supervising our children's schooling. Today, we literally took steps to improve our own health, and by investing in the work of the American Heart Association, we invested in the health of our entire community."

In Clifton Park, Braden Russom and his family

walked at Clifton Park Commons in Clifton Park. Russom, 40, is the Stroke Ambassador to the Capital Region Heart Walk and Run this year. He has had four strokes since he was in college. Last year, he had surgery to repair the hole in his heart suspected of causing the strokes. Russom's wife and daughters, who are 4 and 7, live with Long QT Syndrome.

"I was so grateful to see everyone come out for the Heart Walk to raise funds and support the kind of research that keeps me, my wife, and my kids protected from the life-threatening complications of the heart conditions we were all born with," Russom said.

The American Heart Association funds research and education about heart disease and stroke; advocates for policies that make the healthy choice

the easy choice; and is committed to ending systemic racism and providing equitable health for all.

"When I was a practicing cardiologist, I saw firsthand how devastating cardiovascular disease can be," said Dr. John Bennett, president and CEO of CDPHP and chair of the 2021 Heart Challenge, which includes the Capital Region Heart Walk and Run. "Today, I was inspired to see so many people committed to ending that devastation by walking or running where they were, and fundraising to support the American Heart Association's investments in research and education. A big thank you also goes out to all of the executive leaders and sponsors of today's Heart Walk and Run."

— Katherine McCarthy
American Heart Assoc.

Legion to host Boy Scouts annual car wash

DELMAR — The Troop 58 annual car wash fundraiser will take place at American Legion Post 1040 Blanchard-Currey Post on Saturday, June 19, from 10 a.m. to 1 p.m.

Rain date is scheduled for the same time on Sunday, June 20. All proceeds benefit Troop 58.

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■ AGRICULTURE

Farmers balk at overtime threshold

Grow NY Farms Coalition takes on Farm Labor Campaign

ALBANY — New York farms are faced with a lingering threat from the 60-hour overtime threshold passed through legislation in 2019.

Even though 60 hours per week was set in law in 2019, a wage board has the authority to tell the NYS Labor Commissioner to lower that threshold. This

threatened action promises to change the face of agriculture as we know it.

The Wage Board is expected to make its recommendation later this year, and Northeast Agribusiness & Feed Alliance, along with the state farming community, is launching a campaign to convince the wage board to keep 60 at 60.

NEAFA said it recognizes the damage that changes to this threshold can have for New York farms, and the “dangerous” precedent that it could set for other Northeastern states to follow in the future.

NEAFA President Danielle Penney-Stroop said the 60-hour standard was a major compromise for the farm community, and farmers know that anything less than 60 hours per week will irreparably alter the face of agriculture.

If we are to remain competitive in national and world markets, farm labor costs cannot be significantly higher than our cohorts or other regions.

“The agricultural workforce is vital & essential to all our farms and agricultural industry throughout NY State,” Penney-Stroop said. “We have intense labor needs for most of our agricultural operations, such as nurseries, fruit & vegetables farms, dairying, viticulture, etc., especially in comparison to the other agricultural regions throughout the country. To implement new, innovated technologies or increase mechanization on many operations would require such a large investment of capital, that in many cases it becomes a barrier of entry. As an industry, we need to demonstrate & emphasize how the overtime threshold has impacted New York

farms, employees, and their families, and that a 60-hour overtime threshold is the absolute line in the sand for New York agriculture. New York’s dairy farmers will face some tough choices and, regardless of the choice, farmworkers come out on the short end of the stick with potentially fewer jobs, shorter hours, and less take-home pay.”

The Grow NY Farms Coalition, formed in 2019, includes leading farmers and farm organizations in New York State. Coalition leaders are requesting your support for another successful year. A public relations/communications firm (The Martin Group) has been retained to help with the fight and the coalition is reaching out to all potential supporters for financial support. Organizations including Northeast Dairy Producers Association, New

York Farm Bureau, dairy cooperatives, and individual dairy farms, stepped up to the plate with significant contributions. NEAFA pledged \$5000 to the cause and we challenge you to support the effort as well.

“Agriculture contributes greater than \$5 Billion to the state economy, and has a significantly greater impact on the rural/local economies throughout the state,” said Penney-Stroop. “Therefore, it is imperative to advocate and support all our farm operations in becoming more competitive in attracting & retaining employees thus ensuring their viability and sustainability in our local & global markets. Producers will not remain competitive with the latest recommended OT threshold; we must keep it at 60 hours.

In 2019, Farm Credit East published that farm income could decrease 23

percent due to combined minimum wage and overtime rules. That impact on overall farm income, combined with many other variables of increased costs will be the demise of many agricultural operations throughout our state, forever changing the landscape.”

“As we often say, without a healthy, growing production sector, the agribusiness community does not exist,” said NEAFA Executive Director Rick Zimmerman. “This issue threatens to dramatically change the face of New York’s agriculture industry and warrants our direct engagement.”

Readers can send pledges Grow NY Farms in Batavia, New York or can forward contributions through paypal.

— Northeast Agribusiness & Feed Alliance



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LEGALS**SUMMONS AND NOTICE
Supreme Court of
New York,
Albany County.**

U.S. BANK TRUST NATIONAL ASSOCIATION, AS TRUSTEE OF THE SCIG SERIES III TRUST, Plaintiff - against- GRACIE I. WASHINGTON A/K/A GRACE I. WASHINGTON; "JOHN DOE" and "JANE DOE" said names being fictitious, it being the intention of Plaintiff to designate any, and all occupants of the premises being foreclosed herein, Defendants. Index No. 906719-20. Mortgage Premises: 1 Tremont Drive, Albany, New York 12205 Section: 17.14 Block: 2 Lot: 29. To The Above Named Defendant (s): YOU ARE HEREBY SUMMONED to answer the Complaint in the above entitled action and to serve a copy of your Answer on the Plaintiff's attorney within twenty (20) days of the service of this Summons, exclusive of the day of service, or within thirty (30) days after service of the same is complete where service is made in any manner other than by personal delivery within the State. The United States of America, if designated as a Defendant in this action, may answer or appear within sixty (60) days of service. If you fail to appear or to answer within the aforementioned time frame, judgment will be taken against you by default for the relief demanded in the Complaint. NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT THE OBJECTIVE of the above captioned action is to foreclose on a Mortgage to secure \$240,000.00 and interest, recorded in the Albany County Clerk's Office on December 10, 2004 in Book 4874, Page 350, Document Number 9380876, covering the premises known as 1 Tremont Drive, Albany, New York 12205. The relief sought herein is a final judgment directing sale of the premises described above to satisfy the debt secured by the mortgage described above. Plaintiff designates Albany County as the place of trial. Venue is based upon the County in which the mortgaged premises is located. NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF

LEGALS

THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. FRIEDMAN VARTOLO, LLP 85 Broad Street, Suite 501, New York, New York 10004, (212) 471-5100, Attorneys for Plaintiff D-269258

**NOTICE OF LLC
FORMATION**

10 EAST 9TH HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268133

**NOTICE OF LLC
FORMATION**

106 FAIRGROUND HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268134

**NOTICE OF LLC
FORMATION**

110 PIONEER REALTY, LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Diane Fargo, 110 Pioneer Street, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-268636

**NOTICE OF LLC
FORMATION**

123 MORNINGSIDE DR. LLC. Arts. of Org. filed with the SSNY on 06/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o FGI Corporation, 1901 Amethyst Street, Bronx, NY 10462. Purpose: Any lawful purpose. D-269631

**NOTICE OF LLC
FORMATION**

130 HIGHLAWN LLC. Arts. of Org. filed with the SSNY on 04/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Angelica DiCarlo, 130 Highlawn Avenue, Brooklyn, NY 11223. Purpose: Any lawful purpose. D-268021

**NOTICE OF LLC
FORMATION**

134 LLC. Arts. of Org. filed with the SSNY on 05/21/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC,

LEGALS

9728 Third Avenue, Suite 360, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-269083

**NOTICE OF LLC
FORMATION**

139 DEPOT HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268136

**NOTICE OF LLC
FORMATION**

143 ASSOCIATES LLC. Arts. of Org. filed with the SSNY on 05/06/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 29 West 36th Street, Suite 403, New York, NY 11230. Purpose: Any lawful purpose. D-267905

**NOTICE OF LLC
FORMATION**

150-12A LLC. Arts. of Org. filed with the SSNY on 04/23/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Cozen O'Connor, 1650 Market Street, Suite 2800, Philadelphia, PA 19103. Purpose: Any lawful purpose. D-266973

**NOTICE OF LLC
FORMATION**

154 ELM STREET REALTY LLC. Arts. of Org. filed with the SSNY on 04/14/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Owen Roberts, 6111 Nott Road, Guilderland, NY 12084. Purpose: Any lawful purpose. D-269409

**NOTICE OF LLC
FORMATION**

1712 MENAHAN OWNER LLC. Arts. of Org. filed with the SSNY on 02/24/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Alex Lebowitz, 211 North 5th Street, #2B, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-266992

**NOTICE OF LLC
FORMATION**

1773 WEEKS MEMBER LLC. Arts. of Org. filed with the SSNY on 05/17/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Teitelbaum Gallagher, 462 Seventh Avenue, 12th Floor, New York, NY 10018. Purpose: Any lawful purpose. D-269557

LEGALS**NOTICE OF LLC
FORMATION**

1773 WEEKS REALTY LLC. Arts. of Org. filed with the SSNY on 05/05/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Teitelbaum Gallagher, 462 Seventh Avenue, 12th Floor, New York, NY 10018. Purpose: Any lawful purpose. D-269559

**NOTICE OF LLC
FORMATION**

18 8TH HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268137

**NOTICE OF LLC
FORMATION**

1806 REALTY LLC. Arts. of Org. filed with the SSNY on 11/29/18. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 934 East 19th Street, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-268892

**NOTICE OF LLC
FORMATION**

1857 BARNES AVE. LLC. Arts. of Org. filed with the SSNY on 06/02/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o FGI Corporation, 1901 Amethyst Street, Bronx, NY 10462. Purpose: Any lawful purpose. D-269551

**NOTICE OF LLC
FORMATION**

190 EAST 17TH HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268138

**NOTICE OF LLC
FORMATION**

1901 AMETHYST ST. LLC. Arts. of Org. filed with the SSNY on 06/02/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o FGI Corporation, 1901 Amethyst Street, Bronx, NY 10462. Purpose: Any lawful purpose. D-269553

**NOTICE OF LLC
FORMATION**

191 LOWNDES HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated

LEGALS

ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268140

**NOTICE OF LLC
FORMATION**

1953 WALLACE AVE. LLC. Arts. of Org. filed with the SSNY on 06/02/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o FGI Corporation, 1901 Amethyst Street, Bronx, NY 10462. Purpose: Any lawful purpose. D-269554

**NOTICE OF LLC
FORMATION**

200 EAST 17 HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268143

**NOTICE OF LLC
FORMATION**

204 WASHINGTON HOLDINGS LLC. Arts. of Org. filed with the SSNY on 04/16/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 Park Avenue, 58th Floor, New York, NY 10166. Purpose: Any lawful purpose. D-267666

**NOTICE OF LLC
FORMATION**

205 EAST 38TH STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 05/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-267676

**NOTICE OF LLC
FORMATION**

2074 WALTON MEMBER LLC. Arts. of Org. filed with the SSNY on 04/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Teitelbaum Gallagher, 462 Seventh Avenue, 12th Floor, New York, NY 10018. Purpose: Any lawful purpose. D-269561

**NOTICE OF LLC
FORMATION**

220 GIBBS POND LLC. Arts. of Org. filed with the SSNY on 03/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY

LEGALS

shall mail copy of process to the LLC, PO Box 127, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-266998

**NOTICE OF LLC
FORMATION**

24 WEST 10TH HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268146

**NOTICE OF LLC
FORMATION**

254 PAS 1NO LLC. Arts. of Org. filed with the SSNY on 05/24/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 254 Park Avenue South, Unit 1NO, New York, NY 10010. Purpose: Any lawful purpose. D-268969

**NOTICE OF LLC
FORMATION**

26 SHERIDAN AVE LLC. Arts. of Org. filed with the SSNY on 06/01/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 82-25 5th Avenue, Suite 406, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-269405

**NOTICE OF LLC
FORMATION**

2647 BROADWAY APTS LLC. Arts. of Org. filed with the SSNY on 04/30/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 85 Broad Street, Suite 28-088, New York, NY 10004. Purpose: Any lawful purpose. D-267536

**NOTICE OF LLC
FORMATION**

265 NEPTUNE LLC. Arts. of Org. filed with the SSNY on 05/07/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2297 E Third Street, Brooklyn, NY 11223. Purpose: Any lawful purpose. D-268019

**NOTICE OF LLC
FORMATION**

28-08 29TH STREET LLC. Arts. of Org. filed with the SSNY on 03/29/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 28-08 29th Street, Astoria, NY 11102. Purpose: Any lawful purpose. D-269410

**TOWN OF BETHLEHEM
Albany County -
New York
ZONING BOARD OF
APPEALS**

LEGALS**NOTICE OF PUBLIC
HEARING**

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, June 16, 2021 at 6:00 PM at Town Hall, 445 Delaware Avenue, Delmar, New York, to take action on an application submitted by Josh Rousseau for an Area Variance located at 510 Dawson Road, Delmar. The Applicant is proposing to erect a fence that does not meet the requirements of the Town's Zoning Code under Article VI, Section 128-47, Fences or free-standing walls (3) For corner lots, fences six feet shall have a minimum setback of 15 feet from the determined front yard property line. David Devaprasad Chair Board of Appeals D-269513

**NOTICE OF LLC
FORMATION**

2834 EAST 22 MB LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 38 West 21st Street, 8th Floor, New York, NY 10010. Purpose: Any lawful purpose. D-268637

**NOTICE OF LLC
FORMATION**

2834 EAST 22 MM LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 38 West 21st Street, 8th Floor, New York, NY 10010. Purpose: Any lawful purpose. D-268638

**NOTICE OF LLC
FORMATION**

2834 EAST 22 SM LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Velios Capital Corp., 3119 Newtown Avenue, Suite 302, Astoria, NY 11102. Purpose: Any lawful purpose. D-268640

**NOTICE OF LLC
FORMATION**

3045 RICHMOND HOLDINGS LLC. Arts. of Org. filed with the SSNY on 05/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 22 Michael Loop, Staten Island, NY 10301. Purpose: Any lawful purpose. D-267634

**NOTICE OF LLC
FORMATION**

31 SUTTON PLACE, LLC. Arts. of Org. filed with the SSNY on 05/17/21. Office: Albany County. SSNY designated as agent of the LLC

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upon whom process against it may be served. SSNY shall mail copy of process to the LLC, ATTN: Scott H. Kereiakes, 31 Sutton Place, New York, NY 10022. Purpose: Any lawful purpose. D-268500

**NOTICE OF LLC
FORMATION**

31 WEST 10TH HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268149

**NOTICE OF LLC
FORMATION**

3134 97TH STREET LLC. Arts. of Org. filed with the SSNY on 05/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3811 Ditmars Boulevard, Astoria, NY 11105. Purpose: Any lawful purpose. D-269181

**NOTICE OF LLC
FORMATION**

315 MERIDIAN LLC. Arts. of Org. filed with the SSNY on 05/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 818 6th Avenue, Suite 4S, New York, NY 10001. Purpose: Any lawful purpose. D-267635

**NOTICE OF LLC
FORMATION**

330 EAST 39TH STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 05/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-269178

**NOTICE OF LLC
FORMATION**

340 AMZ, LLC. Arts. of Org. filed with the SSNY on 06/02/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 340 East 19th Street, New York, NY 10003. Purpose: Any lawful purpose. D-269569

**NOTICE OF LLC
FORMATION**

38 SKILLMAN AVENUE LLC. Arts. of Org. filed with the SSNY on 04/28/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9728 3rd Avenue, Suite 133, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-267366

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NOTICE OF LLC FORMATION

40-12 DITMARS BLVD LLC. Arts. of Org. filed with the SSNY on 05/10/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 18-24 42nd Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-268757

NOTICE OF LLC FORMATION

418 LLC. Arts. of Org. filed with the SSNY on 05/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9322 Third Avenue, Suite 502, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-267702

NOTICE OF LLC FORMATION

4334 41 ST LLC. Arts. of Org. filed with the SSNY on 05/10/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 43-34 41st Street, #1R, Sunnyside, NY 11104. Purpose: Any lawful purpose. D-268052

NOTICE OF LLC FORMATION

4809 AVENUEN. REALTY LLC. Arts. of Org. filed with the SSNY on 04/06/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Chris Katsimagles, 4809 Avenue N, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-268511

NOTICE OF LLC FORMATION

4814 4TH AVE. LLC. Arts. of Org. filed with the SSNY on 06/01/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Omar Kasi, 4814 4th Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-269427

NOTICE OF LLC FORMATION

498 JEFFERSON FUNDING LLC. Arts. of Org. filed with the SSNY on 06/02/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hirshmark Capital LLC, 1140 Broadway, Suite 304, New York, NY 10001. Purpose: Any lawful purpose. D-269594

NOTICE OF LLC FORMATION

51 WEST 22ND STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 05/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

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copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-269180

NOTICE OF LLC FORMATION

511 GRAHAM AVENUE LLC. Arts. of Org. filed with the SSNY on 05/05/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 45 Broadway, 29th Floor, New York, NY 10006. Purpose: Any lawful purpose. D-267816

NOTICE OF LLC FORMATION

56 EAST 113TH HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268150

NOTICE OF LLC FORMATION

58 EAST 6TH HOLDING LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 9th Street, Huntington Station, NY 11746. Purpose: Any lawful purpose. D-268151

NOTICE OF LLC FORMATION

65 10TH STREET, LLC. Arts. of Org. filed with the SSNY on 01/29/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 127, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-266997

TOWN OF BETHLEHEM Albany County - New York ZONING BOARD OF APPEALS NOTICE OF PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a Public Hearing on Wednesday, June 16, 2021 at 6:00 PM at Town Hall, 445 Delaware Avenue, Delmar, New York, to take action on an application submitted by Kari Gathen for an Area Variance located at 68 Devon Road, Delmar. The Applicant is proposing to erect a fence that does not meet the requirements of the Town's Zoning Code under Article VI, Section 128-47, B. Fences or freestanding walls (3) minimum setback of 15' from the determined front yard property line. David Devaprasad Chair Board of Appeals D-269514

LEGALS

NOTICE OF LLC FORMATION

727 WASHINGTON NYC LLC. Arts. of Org. filed with the SSNY on 04/23/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 217 Centre Street, Suite 274, New York, NY 10013. Purpose: Any lawful purpose. D-266974

NOTICE OF LLC FORMATION

75WALL36R LLC. App. for Auth. filed with the SSNY on 04/12/21. Originally filed with Secretary of State of Delaware on 04/07/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kelvin Ng c/o 75WALL36R LLC, PO Box 20234, 234 10th Avenue, New York, NY 10011. Purpose: Any lawful purpose. D-266904

NOTICE OF LLC FORMATION

77 BK LLC. Arts. of Org. filed with the SSNY on 05/21/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9728 Third Avenue, Suite 360, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-269084

NOTICE OF LLC FORMATION

801 65 LLC. Arts. of Org. filed with the SSNY on 05/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9322 Third Avenue, Suite 502, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-267703

NOTICE OF LLC FORMATION

825 CARROLL STREET LLC. Arts. of Org. filed with the SSNY on 04/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 43 Howard Place, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-267042

NOTICE OF LLC FORMATION

86 STASI REALTY LLC. Arts. of Org. filed with the SSNY on 05/13/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 7916 Fifth Avenue, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-268392

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF ALBANY INDEX NO. 904093-19 D/O/F: July 9, 2019 SUPPLEMENTAL SUMMONS

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VACANT MORTGAGED PROPERTY: 94 Broderick Street, Albany, NY 12205 U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE, IN TRUST FOR REGISTERED HOLDERS OF FIRST FRANKLIN MORTGAGE LOAN TRUST, MORTGAGE LOAN ASSET-BACKED CERTIFICATES, SERIES 2007-FF2, Plaintiff, -against-

RICHARD C. ALMY, JR; if living, and if he be dead, grantees, mortgagees, lienors, heirs, devisees, distributees or successors in interest of such of them as may be dead, and their husbands and wives, heirs, devisees, distributees and successors in interest, all of whom and whose names and places of residence are unknown to Plaintiff; NATIONAL CITY BANK UNITED STATES OF AMERICA, PEOPLE OF THE STATE OF NEW YORK, "JOHN DOES" AND "JANE DOES", said names being fictitious, parties intended being possible tenants or occupants of premises, and corporations, other entities or persons who claim, or may claim, a lien against the premises,

Defendants. TO THE ABOVE NAMED DEFENDANTS: YOU ARE HEREBY SUMMONED to answer the Complaint in this action, and to serve a copy of your Answer, or, if the Complaint is not served with this Summons, to serve a Notice of Appearance on the Plaintiff's Attorneys within twenty (20) days after service of this Summons, exclusive of the day of service, where service is made by delivery upon you personally within the State, or within thirty (30) days after completion of service where service is made in any other manner, and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint.

TO THE ABOVE NAMED DEFENDANTS: The foregoing Summons is served upon you by publication pursuant to an Order of the Hon. Margaret Walsh, a Justice of the Supreme Court, Albany County, dated May 24, 2021 and filed with the complaint and other papers in the Albany County Clerk's Office. THE OBJECT OF THE ACTION is to foreclose a mortgage recorded in the Office of the County Clerk of Albany on Jan. 11, 2007 in Liber 5394, page 206, covering premises k/a 94 Broderick Street, Albany, NY 12205 a/k/a Section 41.11, Block 2, Lot 2. NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage

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company who filed this foreclosure proceeding against you and filing the answer with the court a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOUR MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF MORTGAGE COMPANY AND FILING THE ANSWER WITH THE COURT

The following notice is intended only for the defendants who are owners of the premises sought to be foreclosed or who are liable upon the debt for which the mortgage stands as security. YOU ARE HEREBY PUT ON NOTICE THAT WE ARE ATTEMPTING TO COLLECT A DEBT, AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. PLEASE BE AWARE: that debt collectors, in accordance with the Fair Debt Collection Practices Act, 15 U.S.C 1692 et seq., are prohibited from engaging in abusive, deceptive, an unfair debt collection efforts, including, but not limited to: i. the use or threat of violence; ii. the use of obscene or profane language; and iii. repeated phone calls made with the intent to annoy, abuse, or harass.

If a creditor or debt collector receives a money judgment against you in court, state and federal laws may prevent the following types of income from being taken to pay the debt: Supplemental security income, (SSI); Social security; Public assistance (welfare); Spousal support, maintenance (alimony) or child support; Unemployment benefits; Disability benefits; Workers' compensation benefits; Public or private pensions; Veterans' benefits; Federal student loans, federal student grants, and federal work study funds; and Ninety percent of your wages or salary earned in the last sixty days.

TO THE DEFENDANTS, except RICHARD C. ALMY, JR.: The Plaintiff makes no personal claim against you in this action. TO THE DEFENDANTS: RICHARD C. ALMY, JR.: If you have obtained an order of discharge from the Bankruptcy court, which includes this debt, and you have not reaffirmed your liability for this debt, this law firm is not alleging that you have any personal liability for this debt and does not seek a money judgment against you. Even if a discharge has been

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obtained, this lawsuit to foreclose the mortgage will continue and we will seek a judgment authorizing the sale of the mortgaged premises. Dated: 5/26/21 SANDY J. STOLAR, Esq., THE MARGOLIN & WEINREB LAW GROUP, LLP Attorneys for Plaintiff 165 Eileen Way, Suite 101 Syosset, New York 11791 516-921-3838 #98806 D-269103

NOTICE OF LLC FORMATION

A & A 47 REALTY LLC. Arts. of Org. filed with the SSNY on 03/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Angela LaScala & Angel David Palacios, 25-20 48th Street, Astoria, NY 11103. Purpose: Any lawful purpose. D-268987

NOTICE OF LLC FORMATION

A SNEAKER CITY LLC. Arts. of Org. filed with the SSNY on 06/01/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 106 Whiteview Road, Wynantskill, NY 12198. Purpose: Any lawful purpose. D-269403

NOTICE OF LLC FORMATION

ABT HOME LLC. Arts. of Org. filed with the SSNY on 05/06/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq. c/o Cassin & Cassin, LLP, 2900 Westchester Ave, Suite 402, Purchase, NY 10577. Purpose: Any lawful purpose. D-268034

NOTICE OF LLC FORMATION

ABUNDANT REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 05/20/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2373 Broadway, #1006, New York, NY 10024. Purpose: Any lawful purpose. D-268663

NOTICE OF LLC FORMATION

ACDT CONSTRUCTION LLC. Arts. of Org. filed with the SSNY on 05/24/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 739 Arnov Avenue, Suite A, Bronx, NY 10467. Purpose: Any lawful purpose. D-268956

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NOTICE OF LLC FORMATION

ALLDAN, LLC. Arts. of Org. filed with the SSNY on 04/27/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Sharon Bajada, 404 East 79th Street, #4G, New York, NY 10075. Purpose: Any lawful purpose. D-267175

NOTICE OF LLC FORMATION

ALNS BROOME LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Gordon & Petkos LLP, 1790 Broadway, Suite 710, New York, NY 10019. Purpose: Any lawful purpose. D-268625

NOTICE OF LLC FORMATION

ALPHA PHI DELTA RACING LLC. Arts. of Org. filed with the SSNY on 05/18/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 135 Del Mar Avenue, Staten Island, NY 10312. Purpose: Any lawful purpose. D-268556

NOTICE OF LLC FORMATION

ALTIN B LLC. Arts. of Org. filed with the SSNY on 05/13/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2063 Narragansett Avenue, Bronx, NY 10461. Purpose: Any lawful purpose. D-269257

NOTICE OF LLC FORMATION

AmberDreamMusic LLC. Arts. of Org. filed with the SSNY on 05/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 41 West 86th Street, Apartment 11H, New York, NY 10024. Purpose: Any lawful purpose. D-268495

NOTICE OF LLC FORMATION

ANV18491 LLC. Arts. of Org. filed with the SSNY on 04/29/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 12770 Big Bear Bluff, Boynton Beach, FL 33473. Purpose: Any lawful purpose. D-267401

NOTICE OF LLC FORMATION

AULDER MM2 LLC. Arts. of Org. filed with the SSNY on 04/30/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Sean Mackin, 3129 Bailey Avenue, Bronx, NY 10463. Purpose: Any lawful purpose. D-268132

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shall mail copy of process to the LLC, 85 Broad Street, Suite 28-088, New York, NY 10004. Purpose: Any lawful purpose D-267535

NOTICE OF LLC FORMATION

AULDER MM3 LLC. Arts. of Org. filed with the SSNY on 04/22/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 85 Broad Street, Suite 28-088, New York, NY 10004. Purpose: Any lawful purpose. D-266903

NOTICE OF LLC FORMATION

AVENUES VILLAGE LLC. Arts. of Org. filed with the SSNY on 05/10/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 84 East 10th Street, 2nd Floor, New York, NY 10003. Purpose: Any lawful purpose. D-268274

NOTICE OF LLC FORMATION

AVRA INVESTORS LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 242-32A Oak Park Drive, Douglaston, NY 11362. Purpose: Any lawful purpose. D-267403

NOTICE OF LLC FORMATION

BABLI & MATHAI LLC. Arts. of Org. filed with the SSNY on 05/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 281 Brielle Avenue, Staten Island, NY 10314. Purpose: Any lawful purpose. D-267668

NOTICE OF LLC FORMATION

BALEAR LLC. Arts. of Org. filed with the SSNY on 04/23/21. Latest date to dissolve: 04/30/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Marcelo Canale, 2506 Young Avenue, Bronx, NY 10469. Purpose: Any lawful purpose. D-267493

NOTICE OF LLC FORMATION

BELFAST 12 LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Sean Mackin, 3129 Bailey Avenue, Bronx, NY 10463. Purpose: Any lawful purpose. D-268132

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BFG/AVG LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 249 Richmond Valley Road, Staten Island, NY 10309. Purpose: Any lawful purpose. D-268626

NOTICE OF LLC FORMATION

BJK GP, LLC. Arts. of Org. filed with the SSNY on 03/17/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 127, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-266996

NOTICE OF LLC FORMATION

BLACK BRIDGE REALTY II, LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 525 East 89th Street, Apartment 3K, New York, NY 10128. Purpose: Any lawful purpose. D-268627

NOTICE OF LLC FORMATION

BOUQUETTE BALLET NYC LLC. Arts. of Org. filed with the SSNY on 05/13/21. Latest date to dissolve: 12/31/2099. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 79 Lighthouse Street, 6D, New York, NY 10013. Purpose: Any lawful purpose. D-268758

NOTICE OF LLC FORMATION

BP OFFICE LLC. Arts. of Org. filed with the SSNY on 03/08/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 89 Bartlett Street, Brooklyn, NY 11206. Purpose: Any lawful purpose. D-268440

NOTICE OF LLC FORMATION

BRB PRODUCTS, LLC. Arts. of Org. filed with the SSNY on 04/02/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 192 Union Street, Apartment 2, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-269470

NOTICE OF LLC FORMATION

BRH & WRH, LLC. Arts. of Org. filed with the SSNY on 04/13/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY

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shall mail copy of process to the LLC, 509 Pacific Street, #3E, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-268020

NOTICE OF LLC FORMATION

BRIANNA M.C. LLC. Arts. of Org. filed with the SSNY on 06/01/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 71-19 Eliot Avenue, Middle Village, NY 11379. Purpose: Any lawful purpose. D-269402

LEGAL NOTICE

The bond resolution, a summary of which is published herewith, was adopted on the 2nd day of June, 2021 and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the Bethlehem Central School District, Bethlehem, New York is not authorized to expend money or if the provisions of the law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the Constitution.

/s/Brittany Barrett
District Clerk
The following is a summary of said bond resolution:

The title of the bond resolution is: **OBOND RESOLUTION OF THE BOARD OF EDUCATION OF THE BETHLEHEM CENTRAL SCHOOL DISTRICT, ALBANY COUNTY, NEW YORK ADOPTED JUNE 2, 2021 (1) AUTHORIZING THE ISSUANCE OF NOT TO EXCEED \$1,475,000 AGGREGATE PRINCIPAL AMOUNT OF SERIAL GENERAL OBLIGATION BONDS TO FINANCE THE ACQUISITION OF NINE (9) 66-PASSENGER SCHOOL BUSES AT AN ESTIMATED MAXIMUM COST OF \$1,475,000, THE LEVY OF TAX IN ANNUAL INSTALLMENTS IN PAYMENT THEREOF, THE EXPENDITURE OF SUCH SUM FOR SUCH PURPOSE, AND DETERMINING OTHER MATTERS IN CONNECTION THEREWITH AND (2) AUTHORIZING THE EXECUTION AND DELIVERY OF AN INSTALLMENT PURCHASE CONTRACT AS AN ALTERNATIVE METHOD OF FINANCING SAID ACQUISITION.**

The bond resolution, among other things, authorized the Bethlehem Central School District, Bethlehem, New York (the "School District") to acquire nine (9) 66-Passenger School Buses (the "Buses") as such vehicles were generally described in the resolution and as they

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were generally outlined to and considered by the voters of the School District at the School District meeting duly held on May 18, 2021. The estimated maximum cost of the Purpose is not to exceed \$1,475,000. The resolution authorized the issuance of bonds and bond anticipation notes of the District in the aggregate principal amount of not to exceed \$1,475,000 pursuant to and in accordance with the provisions of the Local Finance Law, constituting Chapter 33-A of the Consolidated Laws of the State of New York (the "Law").

The period of probable usefulness of the specific objects or purposes for which the bonds authorized by the bond resolution are authorized to be issued is five (5) years, within the limitation of Section 11.00(a) (29) of the Law. The bond resolution also authorized the School District to finance the Purpose by entering into an installment purchase contract as defined in Section 109-b of the General Municipal Law. The bond resolution summarized hereby is available for public inspection during normal business hours at the School District Business Office located at 700 Delaware Avenue, Delmar, New York 12054. D-269494

NOTICE OF LLC FORMATION

CHIP BAYSIDE LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1906 42nd Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-267404

NOTICE OF LLC FORMATION

CHIP TRIBECA LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1906 42nd Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-267405

NOTICE OF LLC FORMATION

CHIP UES LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9322 Third Avenue, Suite 502, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-269081

NOTICE OF LLC FORMATION

CHIP UWS LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1906 42nd Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-267408

NOTICE OF LLC FORMATION

CHOPIN THE HOUZZ, LLC. Arts. of Org. filed with the SSNY on 05/10/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9322 Third Avenue, Suite 502, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-269082

NOTICE OF LLC FORMATION

CARNEGIE HILL HOLDINGS LLC. Arts. of Org. filed with the SSNY on 04/28/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5000 Ocean Front Avenue, Virginia Beach, VA 23451. Purpose: Any lawful purpose. D-267354

NOTICE OF LLC FORMATION

CATER LADY NYC LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon

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whom process against it may be served. SSNY shall mail copy of process to the LLC, 350 West 38th Street, 2nd Floor, New York, NY 10018. Purpose: Any lawful purpose. D-268628

NOTICE OF LLC FORMATION

CHIP BAYSIDE LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1906 42nd Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-267404

NOTICE OF LLC FORMATION

CHIP TRIBECA LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1906 42nd Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-267405

NOTICE OF LLC FORMATION

CHIP UES LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1906 42nd Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-267406

NOTICE OF LLC FORMATION

CHIP UWS LLC. Arts. of Org. filed with the SSNY on 04/29/21. Latest date to dissolve: 04/28/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1906 42nd Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-267408

NOTICE OF LLC FORMATION

CHOPIN THE HOUZZ, LLC. Arts. of Org. filed with the SSNY on 05/10/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o John S. Pantowich, c/o TAG Associates LLC, 810 Seventh Avenue, 7th Floor, New York, NY 10019. Purpose: Any lawful purpose. D-268050

NOTICE OF LLC FORMATION

COMPOS MENTIS CONSULTING LLC. Arts. of Org. filed with the SSNY on 04/30/21. Latest date to dissolve: 12/31/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it

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may be served. SSNY shall mail copy of process to the LLC, 128 Marine Avenue, #6M, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-267495

NOTICE OF LLC FORMATION

CPT43A, LLC. Arts. of Org. filed with the SSNY on 05/12/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Frank Coffey, Attorney at Law, 341 East 79th Street, Suite 308, New York, NY 10075. Purpose: Any lawful purpose. D-268256

NOTICE OF LLC FORMATION

CT 143 HOLDINGS LLC. Arts. of Org. filed with the SSNY on 05/19/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 912 Avenue L, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-268629

NOTICE OF LLC FORMATION

CYPHER HODL LLC. Arts. of Org. filed with the SSNY on 05/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Samuel Eber P.C., 20 Pine Street, Suite 1005, New York, NY 10005. Purpose: Any lawful purpose. D-267610

NOTICE OF LLC FORMATION

DI-ZIGN STUDIO LLC. Arts. of Org. filed with the SSNY on 05/18/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 3447, Astoria, NY 11103. Purpose: Any lawful purpose. D-268557

NOTICE OF LLC FORMATION

DUANE PLACE, LLC. Arts. of Org. filed with the SSNY on 04/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2910 Lafayette Avenue, Newport Beach, CA 92663. Purpose: Any lawful purpose. D-267043

NOTICE OF LLC FORMATION

EASYWIREZ LLC. Arts. of Org. filed with the SSNY on 05/07/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1305 E. 8th Street, Brooklyn, NY 11230. Purpose: Any lawful purpose. C-268012

LEGALS**NOTICE OF PLLC FORMATION**

ELI ROSENBLATT THERAPY LCSW PLLC. Arts. of Org. filed with the SSNY on 04/28/21. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o Law Offices of Thomas C. York, P.C., 399 Union Street, Brooklyn, NY 11231. Purpose: For the practice of the profession of Licensed Clinical Social Work. D-267382

NOTICE OF LLC FORMATION

EMPURA NYC LLC. Arts. of Org. filed with the SSNY on 04/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Ellis Augustus, 255-35 149th Avenue, Rosedale, NY 11422. Purpose: Any lawful purpose. D-269324

NOTICE OF LLC FORMATION

ETHICAL MATERIALS, LLC. Arts. of Org. filed with the SSNY on 05/13/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 182 Stewart Avenue, Brooklyn, NY 11237. Purpose: Any lawful purpose. D-268437

NOTICE OF LLC FORMATION

EVIE REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 05/06/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 389 Henry Street, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-267904

NOTICE OF LLC FORMATION

FALCONCREEK LLC. Arts. of Org. filed with the SSNY on 05/28/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq., c/o Cassin & Cassin LLP, 2900 Westchester Ave., Ste 402, New York, NY 10577. Purpose: Any lawful purpose. D-269471

NOTICE OF LLC FORMATION

FIGURE EIGHT SANDBOX LLC. Arts. of Org. filed with the SSNY on 06/01/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 537 East 81st Street, 5C, New York, NY 10028. Purpose: Any lawful purpose. D-269404

NOTICE OF LLC FORMATION

FOURTH TURNING LLC. App. for Auth. filed with the SSNY on 03/30/21.

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Originally filed with Secretary of State of Florida on 03/26/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 600 Parkview Drive, Apartment 302, Hallandale, FL 33009. Purpose: Any lawful purpose. D-268055

NOTICE OF LLC FORMATION

GAS GARAGE LLC. Arts. of Org. filed with the SSNY on 04/15/21. Latest date to dissolve: 12/31/2120. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3246 214th Street, Bayside, NY 11361. Purpose: Any lawful purpose. D-267920

PUBLIC HEARING NOTICE**TOWN OF BETHLEHEM, ALBANY COUNTY, NY.**

Notice is hereby given that the Planning Board will conduct a Public Hearing as part of its regularly scheduled Board Meeting on Tuesday, 06/15/2021 at 6:00 p.m., at the Town Offices, 445 Delaware Ave., Delmar, NY regarding a Special Use Permit / Site Plan Application for a 5,562 sq. ft. retail and restaurant building with drive-through at Glenmont Plaza 376-400 Feura Bush Road, as shown on drawing entitled "Glenmont Shopping Center - 2021 Site Drawings for Combined Plaza Work, 376-400 Feura Bush Road, Bethlehem, NY 12077," dated April 2021, prepared by Carmina Wood Morris, 487 Main Street, Buffalo NY 14202. A restaurant with drive-through requires a Special Use Permit and is, therefore, subject to a Public Hearing. Documentation related to the application can be obtained by contacting rleslie@townofbethlehem.org. Notice of Public Hearing will be mailed to property owners within 2000 of the subject property. Said notice will also be published in the 06/09/2021 issue of the Spotlight Newspaper. Written comments must be submitted to the Planning Board by 3:00 p.m. on the day of the meeting, so they can be distributed to the Board, incorporated into the application file, and uploaded to the meeting agenda. Written comments can be submitted via US Mail to the Planning Office at 445, Delaware Ave, Delmar, NY 12054 or via Email to the planningboard@townofbethlehem.org. D-269366

NOTICE OF LLC FORMATION

GRAMERCY 2.0 LLC. Arts. of Org. filed with the SSNY on 04/29/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 100 Merrick Road, Suite 206W, Rockville Centre, NY 11570. Purpose: Any lawful purpose. D-267410

NOTICE OF LLC FORMATION

HARA NYC LLC. Arts. of Org. filed with the SSNY on 05/20/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23-16 Crescent Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-268665

NOTICE OF LLC FORMATION

HDRG 01 LLC. Arts. of Org. filed with the SSNY on 05/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35 Pinelawn Road, Suite 214E, Melville, NY 11747. Purpose: Any lawful purpose. D-267671

NOTICE OF LLC FORMATION

HDRG OPCO LLC. Arts. of Org. filed with the SSNY on 05/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35 Pinelawn Road, Suite 214E, Melville, NY 11747. Purpose: Any lawful purpose. D-267669

NOTICE OF LLC FORMATION

HKAL GP 34 LLC. App. for Auth. filed with the SSNY on 04/19/21. Originally filed with Secretary of State of Delaware on 04/07/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o The Kibel Companies, LLC, 300 East 34th Street, 36th Fl, New York, NY 10016. Purpose: Any lawful purpose. D-267148

NOTICE OF LLC FORMATION

HOUSE OF VINO LLC. Arts. of Org. filed with the SSNY on 05/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Corey Hillsey, 224 Richardson Street, Apartment 1A, Brooklyn, NY 11222. Purpose: Any lawful purpose. D-267611

NOTICE OF LLC FORMATION

ILN REALTY LLC. Arts. of Org. filed with the SSNY on 05/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1791 Gleason Avenue, Bronx, NY 10472. Purpose: Any lawful purpose. D-267612

LEGALS

Merrick Road, Suite 206W, Rockville Centre, NY 11570. Purpose: Any lawful purpose. D-267410

NOTICE OF LLC FORMATION

HARA NYC LLC. Arts. of Org. filed with the SSNY on 05/20/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23-16 Crescent Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-268665

NOTICE OF LLC FORMATION

HDRG 01 LLC. Arts. of Org. filed with the SSNY on 05/04/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35 Pinelawn Road, Suite 214E, Melville, NY 11747. Purpose: Any lawful purpose. D-267671

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ILN REALTY LLC. Arts. of Org. filed with the SSNY on 05/03/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1791 Gleason Avenue, Bronx, NY 10472. Purpose: Any lawful purpose. D-267612

BUSINESS

Wallace, Rheinhardt to serve on AARP board

ALBANY — Kinship expert Gerard Wallace and elder law specialist Jeff Rheinhardt have joined AARP New York's Executive Council, a select leadership group of AARP New York members with an outstanding record of service and a commitment to the goals of the Association.

In their role on the volunteer board, Wallace and Rheinhardt will help shape AARP New York's strategic priorities, build community partnerships with key decision makers and serve as volunteer spokespeople for AARP in New York.

Wallace, an attorney, founded the NYS Kinship Navigator in 2006, directing the program for non-parent caregivers of children from 2006 until his retirement in the fall of 2020. Wallace collaborated with AARP NY many times over those years, especially for five years beginning in 2005 when he was a project consultant for the AARP KinCare Project. In 2019, KinCare Today declared him as

New York's "Kinship Champion."

The Child Welfare League of America (CWLA) listed him as one of its 2020 CWLA 100th Anniversary Champions for Children Awardees. He is also a Public Service Professor at the State University at Albany School of Social Welfare and continues as the legal/education advisor for the NYS Kinship Navigator. Wallace lives in Delmar.

Rheinhardt is a Certified Elder Law Attorney and president of Rheinhardt and Bray, P.C., a leading Central New York elder law and estate planning firm with offices in Ilium and Rome. For 39 years, Rheinhardt has focused his practice in the areas of elder law, retirement and estate planning, business succession planning, and asset protection. He is one of about 500 Certified Elder Law Attorneys in the country, and one of only a few in upstate New York. Rheinhardt is a frequent presenter on topics involving disability and elder law, and estate planning.

Rheinhardt has served as district delegate to the Elder Law Section of the New York State Bar Association and as

board member of the New York Chapter of the National Academy of Elder Law Attorneys. He is also a member of the Herkimer and Oneida County Bar Associations, the National Academy of Elder Law Attorneys, and ElderCounsel.

LafargeHolcim names new CEO of Cement in the United States

CHICAGO, Illinois — LafargeHolcim announced the appointment of Toufic Tabbara as Chief Executive Officer of US Cement operations on Tuesday, June 1.

Tabbara brings more than 20 years' experience in the construction materials industry around the world, the Switzerland-based company shared through an online press release. The company added that it anticipates he will "help lead the organization through the next phase of growth."

"Toufic is a proven leader in this industry. With a professional background that crosses diverse business divisions and spans both US and global geographies,

he is well positioned to drive continued growth across the U.S. cement business," said René Thibault, LafargeHolcim Group Executive Committee Member and Region Head, North America.

Tabbara joined LafargeHolcim in 1998, beginning his career in the gypsum division, followed by roles in ready mix, asphalt and construction operations in the United States and Canada. In 2012, he was named Country CEO for Jordan, responsible for ready mix operations, two cement plants and one grinding plant. Most recently, Tabbara served as Country CEO for Algeria, where he oversaw ready mix, aggregates, gypsum and cement operations, in addition to a central research lab.

Tabbara received his Master of Business Administration from the Thunderbird School of Global Management in Arizona and holds a Bachelor of Business Administration from the American University of Beirut, Lebanon.

Tabbara succeeds Jamie Gentoso, who was recently named Global Head, Solutions & Products Business Unit and

Group Executive Committee Member.

LafargeHolcim is the global leader in building materials and solutions and active in four business segments: Cement, Aggregates, Ready-Mix Concrete and Solutions & Products. Its ambition is to lead the industry in reducing carbon emissions and shifting towards low-carbon construction. With the strongest R&D organization in the industry, the company seeks to constantly introduce and promote high-quality and sustainable building materials and solutions to its customers worldwide - whether individual homebuilders or developers of major infrastructure projects. LafargeHolcim employs over 70,000 employees in over 70 countries and has a portfolio that is equally balanced between developing and mature markets.

In the United States, LafargeHolcim companies include close to 350 sites in 43 states and employ 7,000 people. Our customers rely on us to help them design and build better communities with innovative solutions that deliver structural integrity and eco-efficiency.

— Michael Hallisey



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on 05/17/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 320 East 57th Street, 8C, New York, NY 10022. Purpose: Any lawful purpose. D-268497

NOTICE OF LLC FORMATION

THE PLUCHINO GROUP LLC. Arts. of Org. filed with the SSNY on 04/29/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of

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process to the LLC, 453 77th Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-267426

NOTICE OF LLC FORMATION

THEAPPRO NYC LLC. Arts. of Org. filed with the SSNY on 05/18/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 46 West 36th Street, New York, NY 10018. Purpose: Any lawful purpose. D-268560

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NOTICE OF LLC FORMATION

TIDY WORKS LLC. Arts. of Org. filed with the SSNY on 05/10/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 93B East Poplar Drive, Delmar, NY 12054. Purpose: Any lawful purpose. D-268051

NOTICE OF LLC FORMATION

TJK REAL ESTATE PARTNERS LLC. Arts. of Org. filed with the SSNY on 05/21/21. Office: Albany County. SSNY designated as agent of the LLC upon whom pro-

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cess against it may be served. SSNY shall mail copy of process to the LLC, c/o Keith McClean, 129-07 144th Street, South Ozone Park, NY 11436. Purpose: Any lawful purpose. D-268868

NOTICE OF LLC FORMATION

TONY 1923 LLC. Arts. of Org. filed with the SSNY on 05/27/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 Exchange Place, #1407, New York, NY 10005. Purpose: Any lawful purpose. D-269259

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NOTICE OF LLC FORMATION

WEST SIDE RAG LLC. Arts. of Org. filed with the SSNY on 06/02/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o The Ruxton Capital Group, 50 West 72nd Street, Suite C6, New York, NY 10023. Purpose: Any lawful purpose. D-269565

NOTICE OF LLC FORMATION

WILLIS MILLS HOUSE LLC. Arts. of Org. filed with the SSNY on 05/11/21. Office: Albany County. SSNY designated as agent of the LLC

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upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 37A Taylor Road, Huntington Bay, NY 11743. Purpose: Any lawful purpose. D-268553

NOTICE OF LLC FORMATION

WORK CARTER LLC. Arts. of Org. filed with the SSNY on 04/30/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 23-40 Crescent Street, Apartment #2, Astoria, NY 11105. Purpose: Any lawful purpose. D-267502

LEGALS

NOTICE OF LLC FORMATION

ZRS100 LLC. Arts. of Org. filed with the SSNY on 04/28/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 400, Guilderland, NY 12084. Purpose: Any lawful purpose. D-267363

NOTICE OF LLC FORMATION

ZRS101 LLC. Arts. of Org. filed with the SSNY on 04/28/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail

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copy of process to the LLC, PO Box 400, Guilderland, NY 12084. Purpose: Any lawful purpose. D-267364

NOTICE OF LLC FORMATION

ZRS102 LLC. Arts. of Org. filed with the SSNY on 04/28/21. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 400, Guilderland, NY 12084. Purpose: Any lawful purpose. D-267365

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Spotlight on Opinion

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FROM THE EDITOR'S DESK



The *Spotlight* welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. *The Spotlight* reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to news@spotlightnews.com. The deadline for all letters is noon Friday prior to publication.

The Spotlight also welcomes longer opinion pieces for the Point of View section.

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What are your credentials?

Michael Hallisey is *Spotlight Newspaper's* managing editor. Through his career he has earned New York Press Association awards for his coverage on education, local government, and arts and entertainment.

By MICHAEL HALLISEY
halliseym@spotlightnews.com

O kay, Hivemind, I've got an important task in which I am in need of your assistance.

What shall I wear today?

Winter has quickly transitioned into summer and I'm challenged by my attire. I'll readily admit it has little to do with the changing of the seasons. I'm always looking at my clothing options and find my closet to lack suitable arrangements — especially for the work week.

Pandemic restrictions are lifting as swiftly as they were implemented last year. Don't tell my publisher, but I've spent more days in front of my laptop in less professional ware and more comfy-chic. All my interviews have been over the phone, and the board meetings I've covered don't require I flip my camera on. I've covered this apocalypse like any modern-day journalist. No sword is as sharp or swift as my pen and my WiFi connection. So what if I tackled our community's tough questions while wearing Harry Potter themed



pajama bottoms and sweatshirts with cartoon characters across the chest? — My wife's favorite is the sunglass-wearing reindeer poised under the phrase "Making it Rein."

I recall my junior high school days when there was tremendous peer pressure to wear the "right" clothes. Anything outside of Nike or Reebok on your feet had potential to open you up for ridicule. Otherwise, the memory is pretty fuzzy these days to properly recall the official list for an acceptable attire. It disappeared along with the school code of conduct I received my freshman year.

So, my professional makeover is in your hands. I've presented to you the proverbial modeling clay to which you can mold. Have at it.

But, I suppose I should

ask what kind of credentials you hold to prove you are up to the task? This is my career, after all. Please tell me from which school of thought you reside. Do you think navy blue and black can be paired? I've been wearing slippers for far too long. I need to present myself with some semblance of respectability. We can forget about the reindeer for a moment. *Obliviate.*

Absurd, isn't it? To think that I'm asking you for your thoughts on what I should wear. It's strange, right?

I'm certain some readers have already connected the dots to this scenario and how it relates to masks.

As of Sunday, 62.8 percent of Albany County's population has received at least the first dose of the vaccine, and 55.5 percent has been fully vaccinated.

That's still less than two-thirds of the area's population. Though I am among the fully vaccinated, I continue to wear a mask.

There continues to be peer pressure from the other side that wants to push us from wearing our masks. Though I will refrain from making a political observation, but the state Health Department's bold attempt to lift mask mandates in our local schools was ill-advised, at best. And, that's difficult for me to say, seeing Howard Zucker, the state health commissioner, is an epidemiologist and I am not.

My credentials are lacking. But, Zucker also isn't the only source of information, as we quickly learned over the weekend when schools opted not to follow along with his intentions. The waters are

starting to muddy on what is acceptable and what is not, but I'm still going with what I'm comfortable with.

Those pushing to get rid of masks prematurely are likely to be within the same camp that never agreed to them in the first place. They may even be among the 40 percent who have yet to receive a shot. That's another reason I wear a mask. I'm not telling you what to do, so I kindly ask that you do the same.

The experts in the field — a moniker passed around like a hot potato these days — have long dictated the protocol with a few common denominators: Masks, social distancing, the washing of hands — all of these steps have kept us healthy and safe for the last 15 months.

What my family is comfortable with is to remain masked. My wife and I are vaccinated. Our child is not. She can not receive the vaccination at her age. While reports continue to circulate that the series of shots is 95 percent effective against the virus, there is always that small chance we can bring it home and infect our child.

By the way, in case it wasn't clear, I was just kidding about the Hivemind thing. I never really paid attention to peer pressure anyway.

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LIBRARIES

Pop-Up Library on the Plaza is back

Warmer days are here, which means we're turning the library inside out and bringing back our Pop-Up Library on the Plaza for the season!

Our Pop-Up Library will be set up Tuesdays in June from 1:30-6:30 p.m., weather permitting. It's a fun, outdoor browsing experience on the entrance walkway off the parking lot, where you'll find hot new releases and popular titles for kids, teens and adults. Visit our website (bethlehempubliclibrary.org) for any weather-related updates. The library building will be open during the Pop-Up Library, so if you don't see what you're looking for outside - there are plenty more shelves to explore inside!



Library closed for Juneteenth

The library will be closed Saturday, June 19, in honor of the 156th anniversary of Juneteenth, a holiday that marks the day a Union regiment brought news to remote Texas that the Emancipation Proclamation had ended slavery - 2-1/2 years earlier. The day is typically celebrated with religious services, speeches, educational events, family gatherings, and festivals with music, food and dancing.

Want to learn more about Juneteenth? Hoopla, one of our streaming digital services, has a collection of great books and movies to help kids

learn more about the importance of Juneteenth and Emancipation - no wait required. See what's available here: bit.ly/3hLDcRy. Or find dozens of books and media about Juneteenth for all ages in our catalog here: bit.ly/3ch6rLd.

Historic murder gets a new look

In 1827, a murder occurred at the Cherry Hill farm, home of the well-known Van Rensselaer family. The crime aroused tremendous public interest, and the subsequent trial culminated in the last public hanging in Albany. Although it appeared to be a crime of passion, it uncovered some simmering issues of the day including women's roles and legal rights, social class, punishment and the law, and slavery in New York.

Join us for a special virtual presentation on the 1827 Cherry Hill Murder Friday, June 11 at 1 p.m. Hear the words of those involved in the crime and decide whom you think was guilty or innocent.

Visit our online calendar at bethlehem.librarycalendar.com to sign up.

Understanding Alzheimer's

Alzheimer's is not normal aging. It is a disease of the brain that causes problems with memory, thinking, and behavior.

Join us virtually Wednesday, June 16, at 6 p.m. for "Understanding Alzheimer's and Dementia" to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current

research and treatments available to address some symptoms, and Alzheimer's Association resources.

This program is presented by the Alzheimer's Association Northeastern New York Chapter.

Visit our online calendar at bethlehem.librarycalendar.com to sign up.

Signs of Summer Reading

Join us outside on the library plaza Sunday, June 20, at 2 p.m. as we use paint, markers and more to create big, colorful lawn signs to celebrate the start of Summer Reading. When we're done, we'll display our signs on the library lawn for everyone to see! No registration necessary.

All ages are welcome to participate. Children

under age 9 should be accompanied by an adult at all times. This program will be cancelled in the event of inclement weather. Visit our online calendar at bethlehem.librarycalendar.com to check the status.

Due date reminder

Remember to renew or return your overdue books before the end of the month to avoid late charges! The moratorium on late fees has been extended through June 30, 2021, after which the library will once again start charging for overdue materials.

For more information about our loan periods and fines, visit www.bethlehempubliclibrary.org/borrow/loan-periods-and-fines.

— Kristen Roberts



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Summer reading programs

This summer, we will be offering different types of programming, as we strive to reach our patrons in varied ways with a wide array of opportunities. Storytimes will be held outdoors, or on Zoom if it rains. Some programs will be held in the park, some at other outdoor community sites. Some programs will offer take & make kits paired with instructional videos.



Juneteenth is Freedom Day!

Juneteenth is short for June 19th, which commemorates the end of slavery in the United States and is also known as Freedom Day. Come join Mrs. Brown and Miss Lisa at Hotaling Park at 2 p.m., Wednesday, June 23, as they share some Juneteenth stories, activities, and songs that honor and celebrate Freedom Day! Intended for children ages 5 to 8, with caregiver. Registration is required and limited, and all attendees must follow current COVID guidelines. Please bring a blanket and/or chairs for your family. Rain date is Thursday, June 24.

Craft & Chat

Join fellow crafters at 6:30 p.m., Wednesday, June 23 for some casual conversation and companionship. We meet virtually each month to discuss our current projects, talk about color schemes, explore different types of crafting media, or the price of tea in China.

— Lynn Kohler

LIBRARIES

Night Owls Online

On Monday, June 14 at 7:30 p.m., we'll discuss *New York Times* bestseller "The Dutch House" by Ann Patchett, a 2020 Finalist for the Pulitzer Prize. Please place a hold on a copy for curbside pick up by calling 518-456-2400 or emailing ask.librarian@guilderlandlibrary.org, and register in advance on the Events tab of our website to participate. All are welcome!

Jammin' (and Jellies)

Making jam or jelly is a treasured food preservation activity, but not necessarily an easy endeavor. We'll walk through the basics of making mouth-watering preserves and boiling water canning with this virtual "Jammin'! - Making Jams & Jellies" Zoom program on Thursday, June 17, at 6 p.m. Karen Roberts Mort, a



food & nutrition educator with Cornell Cooperative Extension of Albany County and perennial favorite, returns to share her expertise. Please register on the Events tab of our website for the link.

No Services June 19 or 22

In honor of the Juneteenth holiday, the library will suspend all curbside checkout and return services on Sat. June 19. GPL serves as a polling place for Primary Day on Tuesday, June 22, from 6 a.m. to 9 p.m. Due to our major construction project, including parking lot work, no curbside checkout or return services will be available on this day. Otherwise, expanded curbside hours are: Monday

, Wednesday and Friday 9:30 a.m. to 6 p.m.; Tuesday to Thursday 9:30 a.m. to 9 p.m.; Saturday 10 a.m. to 2 p.m.; Sunday 1:30 to 4 p.m.

Downsizing and Organizing for Seniors

Whether you or a loved one is moving to a new home or just wanting to pare down, choosing what to keep from a lifetime's worth of possessions can feel overwhelming. Michelle Kavanaugh-Anastasi, the owner of Organize Senior Moves, will share valuable tips for stress-free downsizing on Monday, June 28, at 1:30 p.m. This virtual program is offered in collaboration with Albany Guardian Society. Sign up on the

Events tab of our website; AGS will email the link to all registrants in advance.

All-Ages Summer Reading

Ready...Set...Summer! Mark your calendars for Tuesday, June 29 for our "Tails and Tales" Summer Reading Program kickoff at Farnsworth Middle School for kids from infancy through Grade 12.

Register your entire family on the Events tab of our website for an hour-long session at 3, 4, 5 or 6 p.m. Summer reading provides an incentive for preschoolers through high schoolers to enjoy books, complete activities, attend programs, earn points and win prizes.

More details may be found at: <https://guilderlandlibrary.org/srp> and on our GPL Kids and Families Facebook page.

— Luanne Nicholson

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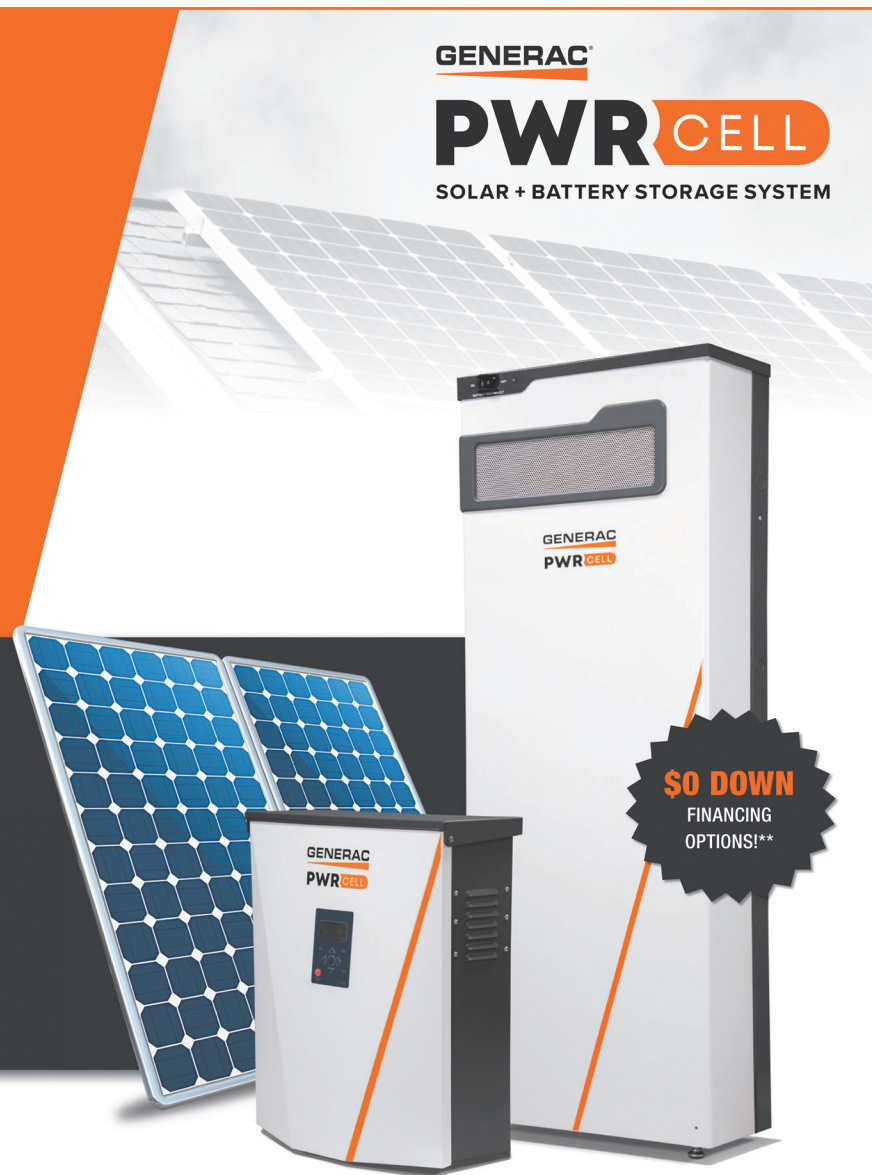
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Taking the lead

Bethlehem Central senior drives ESYO's soundwalk.

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A family reunion

Musician with ties to Troy's famed music hall performs.

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Family and faith

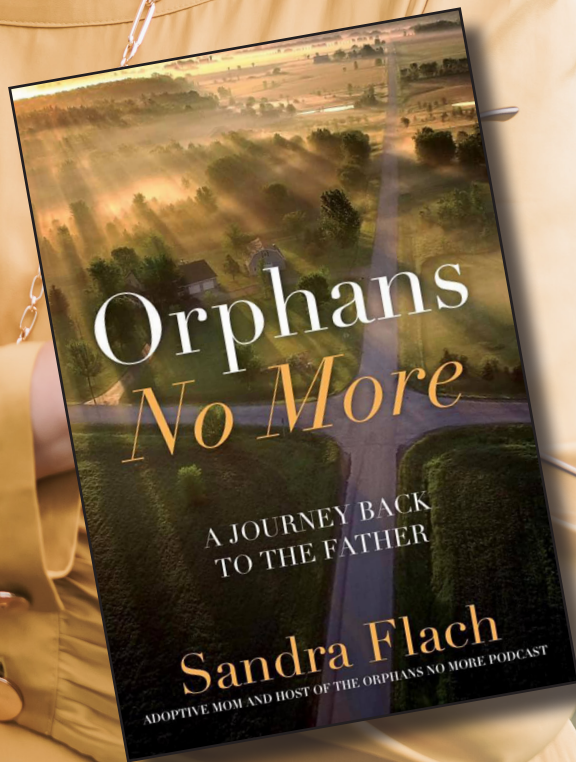
Sandra Flach debuts novel reflecting on adoption journey

By **KAITLIN LEMBO**
 lembok@spotlightnews.com

RAVENA — Sandra Flach is, above all else, a mom.

The mother of eight — five through adoption — has her hands full at any given time. When she's not tending to her large family, she's involved in her church or working on her non profit, Justice for Orphans. The root of JFO, whose mission is to rally the church to serve children and families in crisis, is inspired by Flach's own journey of adoption.

Flach is releasing her debut work, "Orphans No More: A Journey Back to the Father," on June 15 wherever books are sold. The book touches on the adoptions of her children Andrii, Anna, Jordan, Slava and Missy. Andrii, Anna, Jordan and Slava are a group of siblings from Ukraine, while Missy is a family member who found herself in the Flach home after circumstances beyond her control.



Continues on page B5

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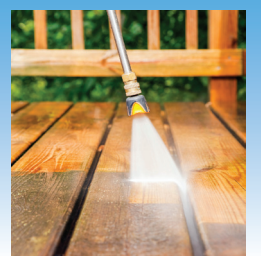


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■ WHAT'S HAPPENING

It's the music in your head

Ambitious high school senior drives a ESYO produced soundwalk at Albany's Washington Park this summer

By **KAITLIN LEMBO**
lembok@spotlightnews.com

ALBANY — Despite Empire State Youth Orchestra's (ESYO) Young Leaders program only being in its second year, the program's young musicians are already making an indelible mark on Albany's footprint.

ESYO's youth, led by Bethlehem Central High School senior Emma Edgar, created a soundwalk exhibit, which premiered on Memorial Day weekend. The exhibit will showcase through the summer; in the project, Edgar and her peers created an accompanied walk through Washington Park. Edgar's team did everything from commissioning the composers — high school students as well, by the way — to marketing the project, including navigating the software needed for the walk and working with mentors and teachers alike to make all of the moving parts a reality.

"The vision and scope of this project is so impressive," ESYO executive director Becky Calos said. "The best part of

Empire State Youth Orchestra showcased its first soundwalk at the end of May. The exhibit, which will run through the summer at Washington Park, is a musically-accompanied tour through the revered park and uses composers to enhance the nature in the walk.

Photos from Empire State Youth Orchestra

this was seeing these musicians really step up into these adult roles and watching our adults work with them on the same level. Everything, right down to navigating financial compensation and the nitty gritty of hiring people, was done by Emma and her team."

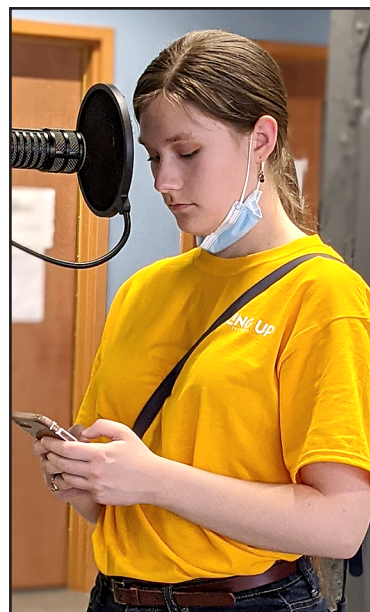
A soundwalk is an immersive audio experience curated to accompany a walker as they stroll along various nature trails, increasing appreciation for their natural surroundings and their local park. The Washington Park lake trail was categorized into sections by the soundwalk team. As a walker passes through each section, the music changes to



"This soundwalk is an important project for so many reasons. ... A park is a place that brings people together, and I am reaffirming that statement through this music."

— Emma Edgar, project head

Bethlehem Central High School senior Emma Edgar facilitated everything from contracts and commissions, to financial agreements, to navigating the software used in the soundwalk.



match the particular sections of the trail. Young composers from ESYO and guest artists composed pieces of music for specific parts of the trail, highlighting its features. In addition to the focus on nature, some pieces will center on the significance of Albany's heritage, both Dutch and Native American. This Soundwalk will allow walkers to be aware of their surroundings and experience the remarkable collaboration of nature and music. Just as the pieces of a puzzle fit together to construct a beautiful picture, the Soundwalk will permit technology, music, and nature

Continues on B8

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From page B1 ... Orphans No More

“The journey of adopting our children was one where we had to have immense amounts of faith, especially in the eye of a government that is the polar opposite of what we are used to here,” Flach said. “There were many times [my husband] Wayne and I would be enveloped in prayer while in Ukraine, hoping for a sign from God that we were on the right path of bringing the kids home.”

Andrii and Anna were found abandoned together. Because Ukraine doesn't have a foster system like the States, the siblings were thrown into the vortex of the Ukrainian orphanage network, where it isn't uncommon to be separated from other siblings. That's exactly what happened to Slava and Jordan; Andrii and Anna knew they had a baby brother somewhere in the country, but because Jordan was a baby, he was in an orphanage in another city. It wasn't until Andrii, Anna and Jordan were about to depart Ukraine with Flach did they learn of Slava's existence. Both Jordan and Slava were abandoned by their birth mother in the hospital. Even so, it took the Flachs a couple more

Flach's eight children are diverse. Five of the Flach brood are through adoption; Andrii, Anna, Jordan and Slava were adopted from Ukraine in the late 2000s. Missy, who accompanied Flach and her husband, Wayne, on the journeys to Ukraine, is a family member who found herself in the Flach home after a traumatic set of circumstances.

Josh Tasko



years to finally bring Slava home.

“When we first got the trio home, I thought of their birth mother often,” Flach said, adding she was told the siblings' birth mother was an alcoholic. Their birth mother died shortly after Slava was born. “I believe in my heart she knew the kids were safe with a good family and with all of her own suffering, she could take comfort in knowing the kids were safe.”

A big part of “Orphans No

More” centers around trauma-based parenting. Jordan and Slava were born with Fetal Alcohol Spectrum Disorder, which is common with babies who were exposed to alcohol in the womb. Flach said alcohol abuse is rampant in Ukraine. Slava's symptoms are more intense than Jordan's, which presented a challenge when he came home and was unable to function in the same environments as his siblings.

“When we brought Slava home, it was a whirlwind where

each person in the family had to pitch in to keep him from destroying things or hurting himself,” Flach said. “All of the kids, but Slava especially, were in survival mode when they came home. When we first brought Andrii, Anna and Jordan back from the orphanage, I had to close the kitchen down after dinner one night because we had days worth of food they were inhaling in hours.”

Missy was a huge help to

Flach when Wayne and her other children flew back to the United States. She's had her own demons from the trauma she endured in her previous situation; Flach said her relationship with Missy wasn't always roses. Missy's own trauma-based behaviors resulted in the Flachs and her not being able to fully connect. It was only after the Flachs went through trauma training were they able

Continues on B9

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■ FEATURE

It's still fun when it's Baroque

Baroque violinist performs in Troy's famed music hall, to which she has familial ties

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

TROY — Adriane Post descends from a line of overachievers, something that revealed itself after she formed her first quartet at age 11.

Now 36, the accomplished violinist downplays the fact as a modest act of children just having fun while making money for summer camp. Nevermind the pre-teen quartet garnered paying gigs at weddings — which, by definition, makes them professionals.

“We didn't really know that what we were doing was supposed to be hard.

We just had fun and spent enough time at it that we were working musicians as kids,” she said. “Not that we were forced to or anything. We had offers to play at weddings when we were 11 and 12 years old, and we did it. We got a lot of experience being on the spot and being on our feet.”

Her pedigree is steeped in music. Her mother, Kathy, was a fiddle player who performed both American and Irish folk music. Her father, Peter, also played violin. From playing for summer camp money, Adriane went on to study music at Oberlin Conservatory, where she earned a bachelor's degree. She later received her master's from The Juilliard School's Historical Performance program.

Musically, the New England native dwells somewhere near the Baroque period — a style often defined by intimately-

sized troupes performing chamber music particularly popular in the early 17th century. *The New York Times* has described her as “exquisite,” and has led many period ensembles to seek her out for collaborations, to solo or to lead.

“It's really just a way of communicating and making something together with other people. But, really, a language that you can share,” Adriane said of chamber music. “There's something about making music in that small format. You just have so much freedom, you can throw



ADRIANE POST

each other a curve ball and sort of play games and communicate wordlessly. It's so much more agile than a larger ensemble. Which is wonderful in different ways.”

She is also a founding member of Diderot String Quartet and of ACRONYM Ensemble, the latter of which recorded a performance last month at Troy Savings Bank Music Hall. Aside from the music venue's storied past, and its famed acoustics for which musicians from various

ilks plan stops to Troy, the violinist has a familial tie to the hall.

The Music Hall

The ornate stone structure on the corner of Troy's State and Second streets harkens back to the city's more affluent days when the bulk of the country's commercial goods flowed up and down the Hudson River. The six-story structure was to serve as Troy Savings Bank. As a gift to the community that helped build it, the bank added a particular gem.

Within the floors above the hustle and bustle of the city lies the storied music hall that today

beckons musicians from various backgrounds to capitalize from the room's acclaimed acoustics. While contemporary venues are designed with particular attention to sound, the same cannot be said about those built in the past. Which is why this room has bewildered experts.

Completed in 1875, the narrow, shoebox of the Music Hall measures in at 106 feet long, 69 feet wide and 61 feet high. It features early sidewall reflections, a tall ceiling, padded wooden seats, shallow under balcony, thick plaster surfaces, ornamental detailing and an organ cove which projects sound.

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CLUES ACROSS

1. “Sleepless In Seattle” actress Ryan
4. One of Santa's reindeer
10. Before the present
11. Type of butter
12. Location of White House
14. Motion
15. Tree part
16. Regions around the North Pole
18. Fits on a boat's gunwale
22. Discuss after it's happened
23. Milk substitute for coffee
24. Describes one who believes in supreme being
26. Equally
27. Famed director Forman
28. Popular apartment style
30. British School
31. Advanced degree
34. Order of architecture
36. Investment account (abbr.)
37. Snakelike fishes
39. Children's tale bear
40. Norse personification of old age
41. Atomic #58
42. Moving your head
48. 1878 Kentucky Derby winner
50. Frankfurter
51. Small, seedless raisin
52. Device in papermaking machine
53. Go
54. Open payment initiative (abbr.)
55. “Westworld” actor Harris
56. Saturated with salt
58. Marry
59. Report on
60. Midway between north and northeast

CLUES DOWN

1. Rays
2. Self-centered person
3. One you look after
4. Prosecutor
5. Portion
6. Speaks ill of
7. Formal system for computer programs
8. To make angry
9. Rural delivery
12. Group of languages
13. Large First Nations group
17. Circulating life force in Chinese philosophy
19. Excludes
20. Body cavity of a metazoan
21. Swedish monetary unit
25. Works with
29. Partner to “to”
31. Rewards (archaic)
32. One of Caroline Islands
33. Type of alcohol
35. Eat a lot
38. Nuns
41. Dog
43. Become more serious
44. Choose
45. Newspapers use it
46. World's longest river
47. Commanded to go faster
49. Cabs
56. Mr. T's “A-Team” character
57. Document signed (abbr.)

Answers on Pg. B13

It also continues to seat 1175 people. The average American is considerably heavier and taller than those of that time — nearly five inches taller according to the U.S. Department of Agriculture — confining patrons into chairs slightly tighter than modern day arrangements. Nevertheless, because of its inexplicable effects on sound, The Troy Savings Bank Music Hall Foundation doesn't plan to change anything soon.

Aside from the hall's chandelier that was replaced when lighting was converted from gas to eclectic in 1923, very little has changed. Many of the fresco paintings along the walls and ceilings are original, as are the marble staircases leading to the room. Troy Savings Bank Music Hall is a standing legacy to the man who designed it, George B. Post. Adriane's great-great grandfather.

George Post was a master in American architecture. His list of accomplishments include designing the New York Stock Exchange Building, the New York Times Building, the Bronx Borough Hall, the Wisconsin State Capitol and the New York World Building. Lost in the grandeur of his designs was his fascination with the arts. In addition to meeting demands for taller and larger buildings, he'd turn his structures into practical works of art. His buildings showed a love for the Beaux Arts — stone columns and pediments, and ornate facades.

"To be able to play in a hall designed by my great-great grandfather, playing a violin also from the family, is just a very bizarre thing," Adriane said. "It's just an extra bonus for me that there's also a family connection. That's just icing on the cake."

Adriane's violin

Adriane's violin is an heirloom from her great-grandmother, Dorothea. She was an accomplished performer in her own day, but Adriane said her talents were not widely recognized by audiences that still refused to support women.

Dorothea was gifted the already vintage instrument from her brother, who bought "the best he could find" from somewhere in New York City. The

construction of her violin, specifically the length of the fingerboard, dates back to the Baroque period. She played it while performing in a trio comprised of her sister and mother in Morristown, New Jersey. The trio continues to be celebrated from their family home, now the Macculloch Hall Historical Museum.

As tastes changed from chamber music to larger ensembles playing inside expansive halls, instruments changed. The harpsichord was abandoned for the grandiose sound of the piano. The fingerboard of the violin grew in length, too, to amplify its sound.

Adriane knows the violin was old before her grandmother received it but, because it was customary for people to change the labels on their instruments to match the more popular names of the day, she said she can't pinpoint its exact age. It nonetheless helps her to pull forgotten music through the centuries for people to enjoy today.

"One of our missions is to honor these pieces and a lot of the pieces we play are modern premieres," Adriane said. "We find it especially fun to dig up pieces that haven't been heard in the modern times."

ACRONYM Ensemble is a 10-piece baroque band dedicated to giving modern premieres of the wild instrumental music of the 17th century — earlier than baroque. The musicologists in her troupe often dial into the archives in Uppsala, Sweden from their home computers, virtually leafing through lost manuscripts to find hidden gems. The members of her ensemble then perform using instruments authentic to the period.

The group recently performed such a gem which they recorded in Troy as part of the upcoming Boston Early Music Festival. The festival is perhaps the largest of its kind. Every two years, since its founding in 1980, the festival features historical music performances including opera, dance and orchestral.

The program is titled Ad Astra, referring to the Latin phrase *per aspera ad astra* or "through difficulty to the stars," which is inspired by the explosion of cultural activity following the end of the Thirty Years War

in 1648. Nearly 400 years later, Adriane said, the music seemed appropriate for today.

The program features compositions by Valentini, Bertali, Schmelzer and Rosenmüller. It captures "a renewed energy" that followed decades of death and stagnation. Paired with a piece from an "anonymous eunuch," the performance reflects a "cultural exchange" that blooms after significant crisis.

The group quarantined themselves to prepare for the music festival. They briefly practiced before recording the performance — friends together again after a long pandemic. Adriane often speaks of the language of music while describing her love for it. The communication turns to playful banter as they fill in the gaps left by often incomplete compositions neglected over time.

"We try to maybe surprise each other," Adriane said. "You might play an ornament and then someone responds to you with something similar or different. Or you might suddenly play something a lot softer or differently than you had before, and signal to everyone to respond — either by joining you or by doing something different. So, surprising each other with curve balls, not as a test, more as a constructive [statement]. 'Let's make this fun.' Because if it's fun for us, it's fun for the audience, too."

ACRONYM Ensemble's performance will premiere with the Boston Early Music Festival on Sunday, June 13, at 8 p.m. It will remain available until the end of the day on Sunday, July 11.



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Answers on Pg. B13

From page B3 ... The music in your head

to come together to create an unforgettable experience for each walker.

Edgar said the creation of her project was inspired by the recent soundwalk done at Saratoga Performing Arts Center and New York City's Central Park. Both projects were manned by Ellen Reid.

"This soundwalk is an important project for so many reasons," Edgar said. "I joined ESYO and the Young Leader program because I wanted to make music with other dedicated young musicians like myself, and now, I want to give that opportunity back to the community. A park is a place that brings people together, and I am reaffirming that statement through this music."

Edgar said the project was a great outlet for her to learn many of the skills she will need in college and beyond. While the musician will major in computer sciences at college, she understands the impact music has on each field

in the world and how the ability to write contracts, commission people and make projects a real thing will only lend her well.

"My mentor and I worked together on how to make all of these different components come together," Edgar said. "I think the biggest surprise of the whole journey was how many different things I had to work on. But it wasn't work; I loved each moment of this journey and the rush you get from making all of these parts move together was second to none. If I do nothing but soundwalks for the rest of my life, I'll be very happy."

Perhaps the most intricate part for Edgar was working with available technology; because the students went from concept to execution in three months, there was not enough time to create an app specifically for Washington Park. Edgar was forced to resort to existing software, which presented its own set of learning curves. Because the



"I don't think I've ever met a student with more professionalism or organization than Emma. I've worked with kids most of my career and she's brilliant. I think what really sticks out is how I didn't negotiate contracts like these until I was in my 30s. Emma did it and she's in high school!"

— Justin Cook, ESYO's marketing and publications manager

software refuses to change tracks until the previous track is done, even if the user walks into a different part of the exhibit, Edgar was tasked with having

commissioned artists create pieces within a certain time frame.

"My team and I actually walked through Washington Park and timed each leg, and from there we had the composers create based on that pace," Edgar said. "This software isn't meant for soundwalks, so next time I do something like this, I would love to create an app or program specifically for this type of activity."

Calos, Edgar and a bunch of the team walked through the finished product this weekend on their own time. Calos said she's beyond impressed with her students' feat, while Edgar was ecstatic at how well each piece ended up fitting into their purposeful places.

"I don't think I've ever met a student with more professionalism or organization than Emma," Justin Cook, ESYO's marketing and publications manager, said. "I've worked with kids most of my career and she's brilliant. I think what really sticks out is how I didn't negotiate contracts like these until I was in my 30s. Emma did it and she's in high school."

HOROSCOPES

June 2021
Week 2

ARIES - MAR 21/APR 20

This week's agenda is a clean slate, Aries, and that gives you plenty of time to rest and recharge. Spend a few moments each day to think only about yourself.

TAURUS - APR 21/MAY 21

The nature of a relationship with a close partner may get a bit confusing this week, Taurus. Do not react quickly to a situation without processing your thoughts first.

GEMINI - MAY 22/JUN 21

Gemini, focusing on spiritual things this week can help you get your priorities in order. It also may help you to slow down and smell the roses for a change.

CANCER - JUN 22/JUL 22

Your success and receptive attitude may make people skeptical of your purpose, Cancer. Some may even feel jealous. Continue to forge ahead with your plans.

LEO - JUL 23/AUG 23

Sometimes it is difficult to make up your mind, Leo. However, this week you will be at peace with all of your decisions and will not second-guess them at all.

VIRGO - AUG 24/SEPT 22

Virgo, if you are feeling a little uncertain about things at the moment, you may just need a new perspective. Run some ideas by someone you can trust.

LIBRA - SEPT 23/OCT 23

Libra, you will be confronted with a big decision this week. You should take the time to think about it and maybe mull over a few opinions from trusted friends.

SCORPIO - OCT 24/NOV 22

Scorpio, you may need to feel free of some burdens before you can focus on the best version of yourself. There are some obstacles arriving that stand in the way, but they can be resolved.

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, share your vision of life with others who have similar goals. The camaraderie that results will help you to make a list of your collective priorities.

CAPRICORN - DEC 22/JAN 20

Life has taken a few twists and turns over the past few days, Capricorn. Luckily you have been able to go with the flow and change your plans on the fly.

AQUARIUS - JAN 21/FEB 18

Aquarius, another peaceful and stress-free week is on the horizon. Even though things may not be taxing, take a day off if you can spare it and spend it having fun.

PISCES - FEB 19/MAR 20

Pisces, before you can reach the summit, you have to cover a lot of ground and may stumble backwards a few times. Dig in your heels.

From page B5 ... Orphans No More

to understand how their connection with Missy faltered and how they could better parent the siblings who came from across the world. Since then, the family has been able to grow a stronger bond.

“Trauma-based behaviors do not mean a bad child or a broken child,” Flach said. “Ultimately, behaviors are needs trying to be met. When we used to get mad at Missy, we’d ask her things like, ‘Why did you do that?’ or ‘What were you thinking?’ and it really ended up only making Missy feel worse. We didn’t understand where she was coming from and she was dealing with her trauma in the way she knew how.”

Flach said one of the biggest saving graces of the time when the family was going through

the initial stages of growing was homeschooling. The Flachs have homeschooled each of their children at one point or another — when Slava first came home, this was a huge help as Flach could work with the older kids on a school item and the younger ones could keep him occupied.

“Slava has been the one most affected by COVID-19 because he needs that routine that school pre-pandemic brought him,” Flach said. “He disclosed to us he was terrified of us getting COVID-19 and dying, which would leave him abandoned again. Even with him knowing we are his family and we aren’t going anywhere, the trauma of abandonment is one he still struggles with. The masks only served as a reminder of this

demon he felt was a threat to his family. We ended up taking him out of school and homeschooling him so he could keep as much of a normal life as possible.”

Ultimately, Flach acknowledged she couldn’t have navigated the waters of adoption without her deep faith in God — her belief in unconditional love and purpose is something she showers on her family each day. “Orphans No More” is filled with passages from the Bible and references to the religion she holds dear.

“As a woman of faith, I try to channel my beliefs into my life,” Flach concluded. “My husband was the first one to show me God’s love. That discovery has helped blossom every part of my life.”

For more information on Justice for Orphans, visit sandraflach.com.

Katie Louise to perform at Frog Alley

SCHENECTADY — After voyaging across the country to follow her dream last year, Katie Louise is back in town for a show.

The 23-year-old pop singer and retired classical pianist will perform with In the Valley at Frog Alley Brewing on Saturday, June 13. The show is free and will be from 2 to 5 p.m. Louise teased a potential collaboration between the two acts during the show.

“Katie and James from In the Valley are close friends of mine and we work really well together musically,” Louise said. “Our sounds are so similar and it will lend well to a fantastic show.”

Louise has had a busy couple of years. While her music career was gaining momentum before COVID-19 shut everything down, she was also in the process of planning a wedding. Since her 2019 EP, “Unleash,” she’s moved to Los Angeles to pursue her career. She also had a baby last December; she’s been using her platform to both tease new music and talk about the journey of motherhood.

“I don’t believe this narrative at all that you have to give up your dreams once you have a baby,” Louise said. “When I was pregnant with my son, people told me that this was it, there was no music after he came. I don’t understand why women have to give up one thing to have another. My son is a blessing and my music career has never been stronger.”

— Kaitlin Lembo

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TECHNOLOGY

Navigating through all of the deception

UAlbany librarian offers insight on America's growing fake news problem

ALBANY — While most of us believe we can sniff out fake news, a new study has found that as many as three in four Americans are overestimating their ability — and the worse they are at it, the more likely they are to share misinformation.

The study, published out of the University of Utah in the Proceedings of the National Academy of Sciences, surveyed a total of 8,285 respondents. They were asked to evaluate the accuracy of a series of Facebook headlines and then rate their abilities to spot false news content.



"What I find most concerning about this study is that the individuals who were least equipped to identify false news content were also the least aware of their limitations..."

— Trudi Jacobson, UAlbany distinguished librarian and head of the Information Literacy Department

Roughly 90 percent of respondents rated themselves above average.

Trudi Jacobson, a University at Albany distinguished librarian and head of the Information Literacy Department, believes these findings paint a worrying picture.

"The ability to spot false headlines is not a trait some people are born with and others aren't. It takes

time and effort to become adept at doing so," Jacobson said. "What I find most concerning about this study is that the individuals who were least equipped to identify false news content were also the least aware of their limitations and, therefore, more susceptible to believing it and spreading it further."

Jacobson outlined several simple steps to help

better spot misinformation: Check the headline for words that carry emotion, try to think rationally about whether this news sounds likely or if it just meshes well with your views, and "triangulate" the news from sources of different perspectives.

She also suggests that everyone takes the Common Misconceptions test offered by the

organization Clearer Thinking and becomes familiar with the Metaliteracy Framework, which emphasizes the importance of becoming a responsible citizen and ethical consumer, sharer and creator of information.

"It can be eye-opening to realize your powers of discernment may not be what you think they are, regardless of your level of education, profession or political leanings," Jacobson said. "Recognizing that one's judgments on the truthfulness of headlines or content aren't infallible will, hopefully, keep down the negligent sharing of false information in the future."

Jacobson has authored a number of publications that focus on differentiating what's real and what's not in the digital world. She is the co-author of

"Metaliteracy: Reinventing Information Literacy to Empower Learners," written with Thomas Mackey of SUNY Empire State College. They have also co-edited four volumes on library/faculty information literacy collaborative endeavors, and written articles that have appeared in a number of scholarly journals.

— University at Albany



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■ **HEALTH and FITNESS**

When the love handles fade away

What happens to the weight you lose when you lose weight?

Obesity is a significant threat to public health. The World Health Organization says global obesity rates have nearly tripled since 1975. There are now more than one billion overweight adults across the globe, and at least 300 million people are classified as clinically obese.

Many people want to lose weight and unhealthy fat for personal reasons or at the suggestions of their doctors. Weight loss often involves a combination of increasing exercise and decreasing calorie consumption. As excess weight starts being shed, it becomes evident that a biological process is taking place. Many people refer to it as burning calories. But fat loss is a complicated process that's spawned various misconceptions.



Breathing to lose weight?

Many people may not know that a lot of the fat lost during weight loss efforts occurs through simple breathing. According to Live Science and a 2014 study from researchers at the University of New South Wales, the body stores excess protein or

carbohydrates in a person's diet in the form of fat, specifically triglycerides, which consist elementally of hydrogen, carbon and oxygen. When people lose weight, triglycerides are breaking up into these building block elements through oxidation.

The researchers found that, during oxidation, triglycerides are used up in a process that

Weight is commonly lost by expelling carbon dioxide through breathing. Moderate exercise facilitates such weight loss.

consumes many molecules of oxygen while producing carbon dioxide and water as waste products. The study found that, during weight loss, 84 percent of the triglyceride fat that is lost turns into carbon dioxide and leaves the body through the lungs. The remaining water may be excreted as sweat, breath or tears, or come out in urine — water

excretion is the lesser-known component of the biological process.

Researchers who authored the University of New South Wales study determined that, when 22 pounds of fat are oxidized, 18.5 pounds of it leaves the body as exhaled carbon. The amount of carbon that is lost can be increased through exercise, according to Medical News Today. By substituting one hour of moderate exercise (like jogging) for one hour of rest, a person can increase his or her metabolic rate of triglyceride usage sevenfold.

Carbon excretion also occurs during sleep, while sitting and doing daily activities. However, the amount excreted during these activities is minimal and can be offset by eating too much food. Simply breathing more and faster during regular activities is not recommended, either, as doing so increases the risk for hyperventilation.



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