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Vol. 65, #27

July 6 - July 12, 2022

INSIDE THIS EDITION:

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TOP STORY



NEWS

Suit filed, port speaks

Port of Albany statement addresses residents' concerns.

Story on Page 3



A familiar face returns to lead

Former Bethlehem supervisor now leads local chamber.

Story on Page 5



A century in service

Elsmere Fire Department is approaching 100th anniversary this September

By **OLIVIA POUST**
news@spotlightnews.com

ELSMERE — What is a town without a fire company?

In 1922, residents of Elsmere decided that a Volunteer Fire Company should be established to provide fire protection for the community.

The conversation began in June of that year and the Elsmere Fire Company was officially formed following its request passing in a special election on Nov. 18, 1922—making it the second-oldest Fire Company in Bethlehem, behind the Delmar Fire Department.

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◀ Members of the Elsmere Fire Company replace hose on a fire truck after a practice session in front of the fire hall. The company was a pioneer of instruction programs and sponsors a year-round course for its members. From L to R: A. C. Pipito; R. J. Stanfield, E. C. Snyder, E. H. Wise; Lt. Ernest C. Biglow (in charge), Oly Palmer and William Wright. Photo taken June 3, 1954. Photo provided by Office of Town Historian

CULTURE

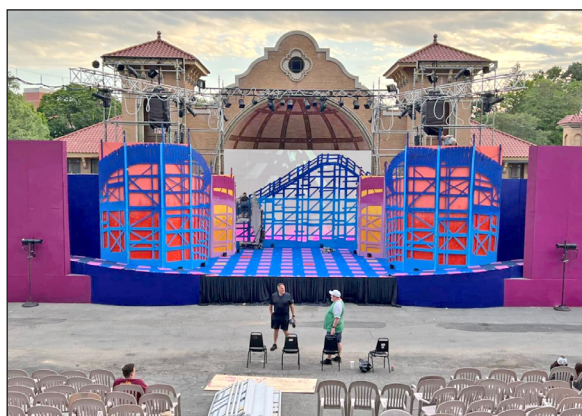


The gift of life

The challenge isn't convincing New Yorkers about the importance of organ donations, it's making more of them aware of the need.

Story on Page B1

ENTERTAINMENT



Head over Heels

Playhouse Stage Co is enjoying another summer in the park with it's 34th summer season.

Story on Page B3



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■ POLICE, FIRE and EMERGENCY CALLS

Investigation leads to fraud charges

ALTAMONT - State Police arrested a Berne resident after an investigation into transactions made on Wednesday, June 1 at the SEFCU branch.

Police were notified on Monday, June 6 that someone made transactions on an account without proper credentials. After an investigation, State Police Investigators found that Christian Sperry, 24, allegedly produced a fraudulent power of attorney document to the credit union, which would have granted him access to an account not named to him. The victim was known

to Sperry.

He turned himself in to police on Friday, June 10 and was charged with possession of a forged instrument, a felony, and offering a false instrument for filing, a misdemeanor.

Sperry was arraigned before the Guilderland Town Court and released on his own recognizance.

Traffic stop on Meads Lane leads to DWI

DELMAR - A Selkirk man was arrested by State Police on Saturday, June 11 after a traffic stop on Meads Lane.

Troopers stopped Keegan Browne, 25, after observing a traffic violation with his Volkswagen GTI on the road. During the interview, troopers observed signs of intoxication and performed

field sobriety tests. He failed the tests and was taken into custody.

At the police station he provided a breath sample that returned a 0.12 percent BAC. He was charged with DWI, issued tickets and released.

Browne is due back in Bethlehem Town Court on Tuesday, July 19.

Car into a ditch turns to DWI

VOORHEESVILLE - State Police responded to a report of a vehicle in a ditch in the village on Friday, June 17.

When troopers arrived to the Voorheesville Ave location, they found a Ford Escape off the road and the driver, Jessica Seaton, 33, of South Glens Falls, showing signs of intoxication. Officers performed field sobriety tests, which she

failed and she was placed in custody.

At the police station she provided a breath sample that returned a 0.11 percent BAC. She was charged with DWI, issued traffic tickets and released. Seaton is scheduled to be back in New Scotland Town Court on Thursday, July 7.

Check on van ends in DWI

VOORHEESVILLE - On Tuesday, June 21, State Police responded to check on the welfare of occupants in a blue van in the park. As the troopers approached the park, they observed a Dodge Ram 1500 van matching that description driving on New Scotland Road in New Scotland and performed a traffic stop after multiple vehicle and traffic violations.

The driver of the van, Luis Caizaguano-Quishpi, 30, of Albany showed signs of intoxication while in the presence of Troopers and an Albany County Sheriff's investigator. Officers performed field sobriety tests which Caizaguano-Quishpi failed.

At the police station, he provided a breath sample that returned a 0.12 percent BAC and Caizaguano-Quishpi was charged with DWI.

He was issued tickets and released. He is scheduled to be in New Scotland Town Court on Thursday, July 28.

DWI in stolen Albany City car

GUILDERLAND - State Police observed a Ford Focus traveling on Western Avenue on Wednesday, June 8. They

performed a traffic stop after observing multiple vehicle and traffic law violations and found the driver, Markeis Val, 25, of Albany, showing signs of impairment.

He was given and failed field sobriety tests and taken into custody.

An investigation determined that the Focus was a stolen City of Albany of Public Services vehicle and a glass pipe containing narcotic residue was located inside.

Val was charged with conspiracy and criminal use of drug paraphernalia, both felonies and DWAI - Drugs, a misdemeanor.

He was issued tickets and is due in Guilderland Town Court on Thursday, June 23. He was turned over to the Albany Police Department due to an active bench warrant in the city.

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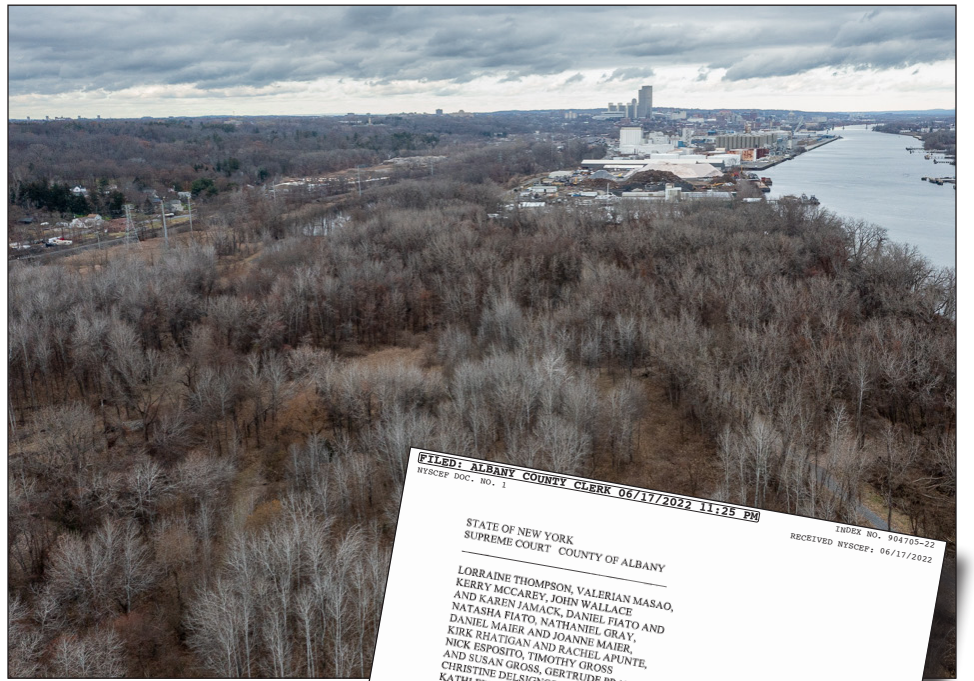
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Beacon Island as it appears today (left) versus how it looked last December (right). The Port of Albany said it received proper approval, but Glenmont residents blame them and the Town of Bethlehem for not informing them of their plans.

TOWN NEWS

Jim Franco / Spotlight News

Suit filed over port's plans

Article 78 filing states Town should have provided broader notice, residents unaware of project

By MICHAEL HALLISEY
halliseym@spotlightnews.com

GLENMONT — More than two dozen Bethlehem residents filed an Article 78 proceeding, stating “the spirit of [zoning] laws” were not followed while the Port of Albany’s expansion plan for Beacon Island were under the review of the town’s planning and zoning boards.

The suit, filed on June 17, is specifically against the Town of Bethlehem, its planning and zoning boards, and the Albany Port District Commission. The 31 petitioners seek to reverse the Planning Board’s approval of the plan’s site requirements under state Environmental Quality Review. Known commonly as SEQR, site review requires public comment — which was provided — but neighboring residents said they never received proper notice.

The port’s expansion plan has been used as an example by Washington

D.C. on how the country can move towards a greener economy. Millions of dollars in grants have been promised towards the project, heralded as the nation’s first offshore wind facility.

Petitioners acknowledge the town’s planning and zoning boards may have provided notice to entities within the mandated 200-foot radius of the project, but those are commercial properties, they state. But they say the scale of the project, including industrial noise, site view and potential increased traffic, should have called for broader attention.

“Not to provide such written notice to residential property owners within the impact area (1-2 miles

for the present 80 acre project, with near and distant views and impacts, is not within the spirit of the law and the duties that a lead agency supervising the Environmental Impact Statement Process is mandated to follow.”

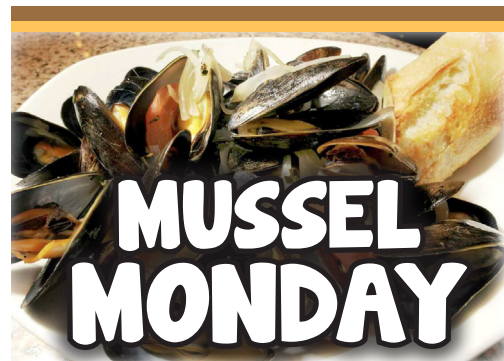
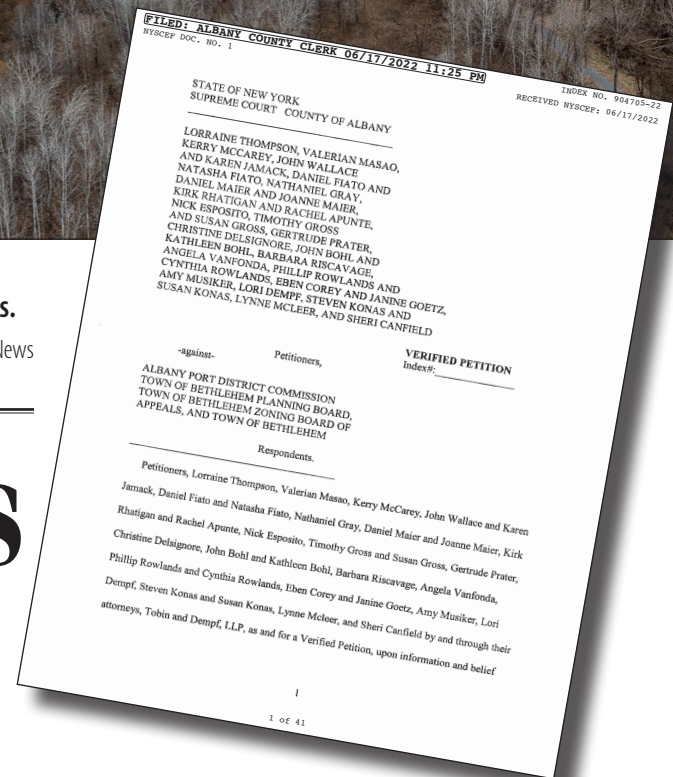
Using language from the EIS process, residents cite the project fails to consider the character of the neighborhood, stating that nearby residences date back to the 1800s, and ignores other facets of the community within a two-mile radius that includes family homes and schools. The port’s plan to build four buildings, as high as 110 feet tall, and 20 27-foot tall smoke stakes is “incompatible with the surrounding

neighborhoods.”

Residents said recent treecutting drew their attention to what was ultimately planned for the 80 acres of land. They shared concerns over 2 million tons of fly ash that have remained on the island over the past 50 years in meetings before the Bethlehem Town Board and subsequently with the Albany Port District Commission.

“From the start, the Port of Albany and the Town of Bethlehem have been focused on making sure that the health and safety of the entire community is not adversely affected by this project,” the Port of Albany shared in a statement

Continues on 12



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Moving up to the high school

DELMAR — Bethlehem Central Middle School's 8th graders were introduced to the high school in a moving-up ceremony at Bethlehem Central High School on Wednesday, June 22. The soon-to-be freshmen class of 2026 gathered at the school's lower gym with friends and family seated in the surrounding stands. It was a scene similar to how it looked when high school seniors graduated before it was common for school district to hold ceremonies at the MVP Arena and other large-scale venues. Afterward, families gathered for pictures and selfies.

Bethlehem Central School District

EDUCATION

BC's Nat'l Merit Scholars

Nine earn scholarships, school record for a graduating class

DELMAR — Nine members of the Bethlehem Central High School Class of 2022 have earned National Merit Scholarships, the most awards ever for a graduating class at BC.

The awards were announced by the National Merit Scholarship Corporation.

Two of the BC National Merit Scholars received awards of \$2,500 to be used at a college of their choice. Only 2,500 of these awards are given annually. These awards are funded directly by the National Merit Scholarship Corporation.

These students are Gordon Su and Daniel Zhou.

In addition, seven seniors have been awarded \$500 to \$2,000 annually for up to four years with a National Merit Scholarship funded directly by a particular college or university. These awards provide between \$500 and \$2,000 annually and can only be used at the sponsoring college.

A total of 4,000 college-based National Scholar awards are given each year. These students are Aliza Cotton, Orion Dennin, Connor Heineman, Eric Jestel, Heera Narang, Abigail Nautel and Lindsay Pierce.

There is one more round of college-based awards to be announced in July.

A record sixteen seniors, including the nine Scholars, were named National Merit Finalists earlier this year based on their top scores on the fall 2020 or January 2021 PSAT exam, or on an SAT exam administered between August 2020 and June 2021. The National Merit program estimates about 16,000 students qualified for this year's awards based on their standardized test scores, representing less than percent of high school seniors nationwide.

To then be eligible for a scholarship, finalists were required to submit a scholarship application that included an essay and a recommendation from a teacher or administrator. They also had to maintain consistently high academic performance and earn an SAT or ACT score on par with that of their qualifying score as a semifinalist.

■ BUSINESS

A familiar face to lead local chamber

Former town justice, supervisor Theresa Egan named president of Bethlehem chamber

By **JOHN McINTYRE**
mcintyrej@spotlightnews.com

DELMAR — It has been a few years since she held office in town, but Theresa Egan is back as the new President of the Bethlehem Chamber of Commerce.

Egan was Bethlehem Town Supervisor before leaving that post in April 2007 to work in the highest levels of New York State government, but she never left the town she grew up in.

“Being a lifelong resident of Bethlehem, and now having been away from town operations for over 15 years, I look forward to again working with our member businesses, town government and the relationship between, to build a more energetic, robust and thriving economic community,”

Egan said. “In my employment over the years, I have been in a position of having to identify relevant issues and then advocate for and find a resolution.”

During her time with the State government she served as acting commissioner for the New York State Department of Motor Vehicles and Deputy Commissioner for the New York State Department of Health. She was known as a problem solver and communicator within the agencies and believes that she will bring that same fervor to the chamber.

“While ‘talk’ is good, I will be focused on getting things done,” She said. “Learning and understanding about what are often competing interests, then engaging the right people, early and often, will allow the Bethlehem Chamber to provide the most assistance to its members.”

Vince Crisafulli, Vice Chairman of the Chamber Board of Directors believes that Egan has what it takes to lead and she



Chamber board members cite Theresa Egan’s experience in both local and state governments as contributing factors in deciding her as its new president.

John McIntyre / Spotlight News

has a hometown advantage.

“Terri brings a wealth of knowledge of both the local area and the state,” he said. “That knowledge and her experience as a leader at both levels really

gives our members a resource they could have never imagined. Let’s face it, these are unprecedented times and local businesses need

Continues on Page 12

Capital Bank earns national certification

ALBANY — Capital Bank, a division of Chemung Canal Trust Company, recently announced the launch of its new BankOn Checking Account, which has been officially certified as meeting the Bank On National Account Standards.

Key features of BankOn Checking include no monthly fees, no overdraft or nonsufficient fund fees, the ability to pay bills and make purchases, and federal deposit insurance. BankOn Checking is available at all Capital Bank branches.

“We are proud to be awarded certification from the Cities for Financial Empowerment Fund for our BankOn Checking Account,” said Daniel D. Fariello, President of Capital Bank.

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OBITUARY

Douglas A. Schulz

DELMAR — Douglas Arthur Schulz, 56, passed away on June 24, 2022.

Doug was born in Albany, New York on February 8, 1966, the son of Donald (predeceased) and MaryLou (Mazurak) Schulz. A lifelong Delmar resident, Doug graduated from Bethlehem Central High School in 1984. He was a member of the Delmar Dolphins Swim Team from 1972 to 1984 and a member of BCHS swim team from 1980 to 1984, earning recognition as outstanding swimmer in section II by the New York State Swim Coaches Association in 1984. He also served as assistant Head Swim Coach for the Delmar Dolphins from 1984 to 1986.

Doug graduated from the University of North Carolina at Wilmington in 1988 with a Bachelor of Science, where he swam for all four years. After graduating from UNCW, Doug worked for Food Lion in Wilmington, NC. Later he worked as Inside Auditor for Victory SuperMarkets in Norwich, New York until joining his father's Nationwide Insurance business in Delmar and becoming an associate agent in 1991. In 2005, Doug took over the agency when his father retired.

Doug has remained active in the Bethlehem Lions Club selling trees

at Christmas, helping with the Senior Services picnic, as well as other charities, and supporting the American Heart Association by sponsoring blood drives. He was also a member of the Bethlehem Republican Club and Rotary Club of Bethlehem. In 2015 and 2019, Doug ran for Albany County Legislator in District 34. Doug enjoyed swimming, coaching and teaching swimming, cycling, weekend visits, celebrations and sailing on the Hudson River with family.

He is survived by his mother, MaryLou; sister, Donna and husband Alan Dobbins and their three sons Zachary, Samuel and Alexander; brother, Kenneth Schulz and wife Aubrey and their two children Kai and Rayna.

Calling hours are Wednesday, July 6, 2022 from 4 to 7 at the Applebee Funeral Home, 403 Kenwood Avenue, Delmar. Burial in Bethlehem Cemetery will be at the convenience of the family.

In lieu of flowers, contributions can be made to the Capital District YMCA, attention: Meghan Dorman, 900 Delaware Ave, Delmar, NY 12054 or Bethlehem Lions Club, PO Box 141, Delmar, NY 12054.



Guilderland market opens with a flourish

A brief ribbon-cutting ceremony kicked off the start of the Guilderland Farmer's Market season, beginning Sunday, July 3, 10 a.m. to 2 p.m. at Guilderland Public Library. A variety of 30 rotating local vendors will sell produce, desserts, smoothies, coffee, honey, baked goods, foraged mushrooms, arts and crafts, distilled beverages and more. The Farmer's Market will be held at GPL every Sunday through October 2nd; the library is closed on Sundays during July and August. From left: Guilderland Public Library Director Tim Wiles; Albany County Director of Communications Mary Rozak; frequent library patron Mary White (Mary Rozak's mother); Albany County Legislator Mark Grimm; Guilderland Farmer's Market Director Scott Abraham; Albany County Legislator Dustin Reidy; Guilderland Public Library Trustee Eilish Melchiade.

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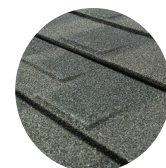
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LEGALS

NOTICE OF LLC FORMATION
 BROOKE ARION LLC. Arts. of Org. filed with the SSNY on 06/02/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6019 83rd Place, Apartment 3, Middle Village, NY 11379. Purpose: Any lawful purpose. D-291867

NOTICE OF LLC FORMATION
 CADDIE 2022 LLC. Arts. of Org. filed with the SSNY on 06/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 270 Madison Avenue, 16th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-292729

NOTICE OF LLC FORMATION
 CAMILLA HODGE JEWELRY LLC. Arts. of Org. filed with the SSNY on 06/22/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 141 East 88th Street, Apartment 4D, New York, NY 10128. Purpose: Any lawful purpose. D-292679

NOTICE OF LLC FORMATION
 CORAL SEA PROPERTIES LLC. Arts. of Org. filed with the SSNY on 06/03/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 44 West 62nd Street, Apartment 3B, New York, NY 10023. Purpose: Any lawful purpose. D-291895

NOTICE OF LLC FORMATION
 CORK TREE, LLC. Arts. of Org. filed with the SSNY on 06/16/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 292 Powers Street, Apartment 2A, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-292455

NOTICE OF PLLC FORMATION
 DALISSA NEVAREZ PSYCHOLOGIST PLLC. Arts. of Org. filed with the SSNY on 06/14/22. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o Robert A. Carpenter, P.C., 1 Pleasant Avenue, Port Washington, NY 11050. Purpose: For the practice of the profession of Psychology. D-292294

NOTICE OF LLC FORMATION
 DANIEL SULTAN VENTURE FUND 26, LLC. Arts. of Org. filed with the SSNY on 06/27/22.

LEGALS

Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Daniel Sultan, 1985 East 3rd Street, Brooklyn, NY 11223. Purpose: Any lawful purpose. D-292978

NOTICE OF LLC FORMATION
 DEVIN'S CELTIC TREASURES & MORE LLC. Arts. of Org. filed with the SSNY on 06/06/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 445 East 80th Street, Apartment 10J, New York, NY 10075. Purpose: Any lawful purpose. D-291896

NOTICE OF LLC FORMATION
 DREAM 26, LLC. Arts. of Org. filed with the SSNY on 02/16/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 300 Park Place, Suite 58A, New York, NY 10007. Purpose: Any lawful purpose. D-291995

NOTICE OF LLC FORMATION
 EAST 52ND REALTY, LLC. Arts. of Org. filed with the SSNY on 05/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 31 Starlight Drive, Commack, NY 11725. Purpose: Any lawful purpose. D-291631

NOTICE OF LLC FORMATION
 ENABLER NO.6 LLC. Arts. of Org. filed with the SSNY on 05/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 West 20th Street, New York, NY 10011. Purpose: Any lawful purpose. EB-290599

NOTICE OF LLC FORMATION
 EOER, LLC. Arts. of Org. filed with the SSNY on 05/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 149 Fifth Avenue, Suite 1101, New York, NY 10010. Purpose: Any lawful purpose. D-291126

NOTICE OF LLC FORMATION
 FABULOUS LAUNDRY LLC. Arts. of Org. filed with the SSNY on 06/21/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC,

LEGALS

3227 Kingsbridge Avenue, 2nd Floor, Bronx, NY 10463. Purpose: Any lawful purpose. D-292652

NOTICE OF PLLC FORMATION
 FANNY NG PSYCHOLOGY SERVICES PLLC. Arts. of Org. filed with the SSNY on 06/14/22. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 344 Avenue U, #230602, Brooklyn, NY 11223. Purpose: For the practice of the profession of Psychology. D-292558

NOTICE OF LLC FORMATION
 FEDERAL STEEL PRODUCTS LLC. Arts. of Org. filed with the SSNY on 06/22/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1722 Webster Avenue, Bronx, NY 10457. Purpose: Any lawful purpose. D-292681

NOTICE OF LLC FORMATION
 GIRLS RULE ONE LLC. Arts. of Org. filed with the SSNY on 06/22/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 270 Madison Avenue, 16th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-292687

NOTICE OF PLLC FORMATION
 GLENN ERIC MANN, MD, PLLC. Arts. of Org. filed with the SSNY on 05/31/22. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 145 West 67th Street, Apartment 16G, New York, NY 10023. Purpose: For the practice of the profession of Medicine. D-291781

NOTICE OF LLC FORMATION
 GNA & SON TAXI LLC. Arts. of Org. filed with the SSNY on 05/16/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 274 West 140th Street, Apartment 34, New York, NY 10030. Purpose: Any lawful purpose. D-290942

NOTICE OF LLC FORMATION
 IGNITE MEDIA DISTRIBUTION SERVICES, LLC. Arts. of Org. filed with the SSNY on 06/22/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 303

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Fifth Avenue, Suite 506, New York, NY 10016-6644. Purpose: Any lawful purpose. D-292688

NOTICE OF LLC FORMATION
 IRIS STREET MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 05/17/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Foster Garvey, P.C., 100 Wall Street, 20th Floor, New York, NY 10005. Purpose: Any lawful purpose. D-291632

NOTICE OF LLC FORMATION
 JACO MORETTI, LLC. Arts. of Org. filed with the SSNY on 05/06/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 92, New York, NY 10025. Purpose: Any lawful purpose. D-291902

NOTICE OF LLC FORMATION
 JAJAJA 150 LLC. Arts. of Org. filed with the SSNY on 05/25/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 150 Rivington Street, Unit PHA, New York, NY 10022. Purpose: Any lawful purpose. D-291113

NOTICE OF LLC FORMATION
 JOEYS 1356 WILLOUGHBY LLC. Arts. of Org. filed with the SSNY on 06/17/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 39 West 14th Street, Suite 304, New York, NY 10011. Purpose: Any lawful purpose. D-292861

NOTICE OF LLC FORMATION
 LA SANDWICHERIE GREENPOINT LLC. Arts. of Org. filed with the SSNY on 06/27/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 156 Driggs Avenue, Brooklyn, NY 11222. Purpose: Any lawful purpose. D-292979

518-226-0868
 LALIA ADVISORY LLC. Arts. of Org. filed with the SSNY on 05/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o John Lieberman, 299 Park Avenue, 2nd Floor, New York, NY 10171. Purpose: Any lawful purpose. D-290946

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NOTICE OF LLC FORMATION
 LEAKFINDERS911.COM LLC. App. for Auth. filed with the SSNY on 06/23/22. Originally filed with Secretary of State of Florida 04/29/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 63 Fallen Oak Lane, Palm Coast, FL 32137. Purpose: Any lawful purpose. D-292860

LEGAL NOTICE
 Lodi (414) DNYP, LLC filed Art. of Org. with the Sec'y of State of NY (SSNY) on 6/6/22. Office: Albany County. SSNY has been designated as agent for the LLC upon whom process against it may be served and shall mail process to: Couch White, LLP, 540 Broadway, PO Box 2222, Albany, NY 12201-2222. Purpose: any lawful act. D-292161

NOTICE OF LLC FORMATION
 MAPA WACCABUC LLC. Arts. of Org. filed with the SSNY on 04/05/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 47B South Ferry Road, #345, Shelter Island Heights, NY 11965. Purpose: Any lawful purpose. D-292442

NOTICE OF LLC FORMATION
 MATINEE IDOL LLC. Arts. of Org. filed with the SSNY on 05/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 92 East Main Street, Suite 302, Somerville, NJ 08876. Purpose: Any lawful purpose. D-290603

NOTICE OF LLC FORMATION
 MEL, THE BODY WITCH LLC. Arts. of Org. filed with the SSNY on 06/27/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 215 E. 95th Street, Apartment #8B, New York, NY 10128. Purpose: Any lawful purpose. D-292980

NOTICE OF LLC FORMATION
 NB WORKS LLC. Arts. of Org. filed with the SSNY on 06/07/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 156 W. 86th Street, Apartment 9C, New York, NY 10024. Purpose: Any lawful purpose. D-291943

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NOTICE OF LLC FORMATION
 NEW YORK MAID SOLUTIONS, LLC. Arts. of Org. filed with the SSNY on 05/26/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 733 Third Avenue, 16th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-291169

NOTICE OF LLC FORMATION
 NFM BROADWAY LLC. Arts. of Org. filed with the SSNY on 06/21/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 East 61st Street, Apartment 8B, New York, NY 10065. Purpose: Any lawful purpose. D-292511

NOTICE OF LLC FORMATION
 NO SILLY QUESTIONS LLC. Arts. of Org. filed with the SSNY on 06/15/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Seth Schwartz CPA, 2580 Sunrise Highway, Bellmore, NY 11710. Purpose: Any lawful purpose. D-292290

NOTICE OF LLC FORMATION
 EL CAPO TACO LLC. Arts. of Org. filed with the SSNY on 06/28/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 18 Sunlit Trail, Cortlandt Manor, NY 10567. Purpose: Any lawful purpose. D-293056

NOTICE OF LLC FORMATION
 NEWUS 151 LLC. Arts. of Org. filed with the SSNY on 06/28/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 151 West 17th Street, #6C, New York, NY 10011. Purpose: Any lawful purpose. D-293056

NOTICE OF LLC FORMATION
 NOVAGEM DESIGNS LLC. Arts. of Org. filed with the SSNY on 05/24/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 228 Park Avenue S, PMB 94476, New York, NY 10003-1502. Purpose: Any lawful purpose. D-290943

NOTICE OF LLC FORMATION
 NPQ LLC. Arts. of Org. filed with the SSNY on 06/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

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SSNY shall mail copy of process to the LLC, 149-42 Hollywood Avenue, Flushing, NY 11355. Purpose: Any lawful purpose. D-292962

NOTICE OF LLC FORMATION
 OISHII LLC. Arts. of Org. filed with the SSNY on 05/27/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 470 Park Avenue, Apartment PHA, New York, NY 10022. Purpose: Any lawful purpose. D-291765

NOTICE OF LLC FORMATION
 OUR GREEN DOOR LLC. Arts. of Org. filed with the SSNY on 06/02/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 543 76th Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-291871

NOTICE OF LLC FORMATION
 PackDrop LLC. Arts. of Org. filed with the SSNY on 06/22/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 123 La Bonne Vie Drive L, Patchogue, NY 11772. Purpose: Any lawful purpose. D-292689

NOTICE OF LLC FORMATION
 PE 45 BURCH AVE LLC. Arts. of Org. filed with the SSNY on 06/21/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35 Pinelawn Road, Suite 214E, Melville, NY 11747. Purpose: Any lawful purpose. D-292519

NOTICE OF LLC FORMATION
 PIERHOUSE LLC. App. for Auth. filed with the SSNY on 05/23/22 under the fictitious name PIERHOUSE BK LLC. Originally filed with Secretary of State of Delaware on 05/05/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 228 Park Avenue S, PMB 94476, New York, NY 10003-1502. Purpose: Any lawful purpose. D-290943

NOTICE OF LLC FORMATION
 PKA LAW LLC. Arts. of Org. filed with the SSNY on 06/02/22, with an existence date of 07/01/2022. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o EResident Agent, INC. 99 Washing-

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ton Ave., Suite 805A, Albany, NY 12210. Purpose: For the practice of the profession of Law. D-292719

NOTICE OF LLC FORMATION
 PPTY MGMT LLC. Arts. of Org. filed with the SSNY on 06/27/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 408 8th Avenue, #206, New York, NY 10001. Purpose: Any lawful purpose. D-292981

NOTICE OF LLC FORMATION
 RALPH AUGSBURGER STUDIO, LLC. Arts. of Org. filed with the SSNY on 06/10/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 350 West 24th Street, #11H, New York, NY 10011. Purpose: Any lawful purpose. D-292017

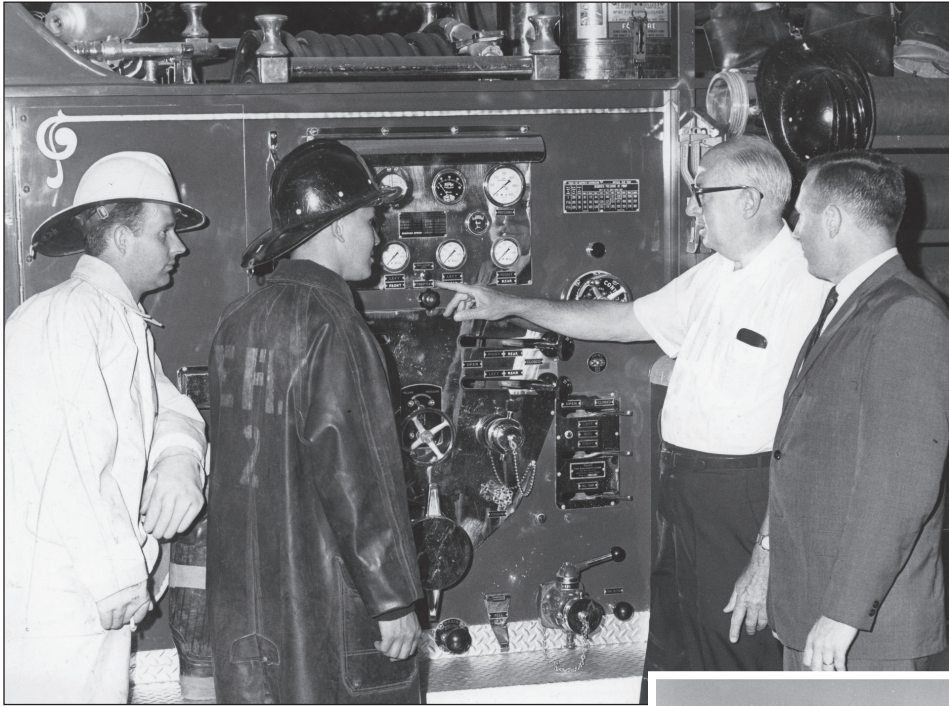
NOTICE OF LLC FORMATION
 RDJ HOUSING LLC. Arts. of Org. filed with the SSNY on 04/12/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10222 Avenue J, Brooklyn, NY 11236. Purpose: Any lawful purpose. D-291166

NOTICE OF LLC FORMATION
 RMJ VENTURES LLC. Arts. of Org. filed with the SSNY on 06/15/22. Latest date to dissolve: 12/31/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 405 West 23rd Street, Street, New York, NY 10011. Purpose: Any lawful purpose. D-292291

NOTICE OF LLC FORMATION
 SECA FOUR LLC. Arts. of Org. filed with the SSNY on 05/26/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Park Drive S., Rye, NY 10580. Purpose: Any lawful purpose. D-291174

NOTICE OF LLC FORMATION
 SELL ANY CAR NOW LLC. Arts. of Org. filed with the SSNY on 06/06/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1643 East 7th Street, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-292075

NOTICE OF LLC FORMATION
 SNOW BELLE LLC. Arts. of Org. filed with the SSNY on 04/26/22. Of-



pillar of the community,” said Boyle. If nothing more, we’re a very large staple of the community—a tangible history lesson that you can see rolling down the street.”

Though fires burned slower and colder in the earlier days of the Company’s history because “everything was very well built back in the day,”

Elsmere Fire Department training program on June 25, 1962. Shown (L to R) are Ken Campbell, Wayne Johnson, Augustus Brophy, Albany county fire instructor, and John A. Granito.



The fire hall on Poplar Drive on June 28, 1953.

Bethlehem Historical Association

member of the Company and is referred to as the “Dinky.” The hundred-year-old engine still takes to the streets of Bethlehem for parades and other events.

“We’ve got a great history that goes all the way back 100 years and frankly, we think we are a

according to Boyle, the Company faced its fair share of natural challenges. For example, according to the book “Bethlehem Revisited: A Bicentennial Story 1793-1993, the United One Hour Cleaners and Shirt Launderers plant in Elsmere was completely

lost to a fire in 1960; in the same year, there was another devastating fire at Normanside Country Club. Whether it’s 1960, 2022, or 1922, the risks for firefighters are constant. Despite this fact, Elsmere Fire currently has over 80 active firefighters, and its membership numbers exceed 200.

“It takes hours and hours of very physical, labor-intensive training to become a firefighter. There are so many classes you have to take, so many lessons you need to learn, so much experience you have to have in order to become an entry-level firefighter, never mind someone with seniority and rank,” said Boyle. “That’s commitment right there... Just being in the presence of these great men and women who are wholly committed to the department and to each other, I’ll tell you it’s a real honor.”

Elsmere Fire District, which was formed in 1928 and is currently headed by Chief Marc Futia, is responsible for the firematic and day-to-day operations of the fire house. The Company, which predates the district by six years, handles the social elements of the department’s management, particularly involving recruitment and retention.

One of such efforts is Elsmere Fire Company’s

Bunk-In Program for New York State volunteer firefighters. The program is designed for students in the Albany area and offers free student housing in exchange for the students’ service as a volunteer firefighter with the Company. The students are housed in an apartment building next to the fire house that the Company purchased in 2018.

“It’s an unconventional way to increase our daytime responsiveness while also contributing to students continued firematic learning,” said Boyle.

One hundred years after the first residents’ meeting regarding the creation of a fire company, the Elsmere Fire Company remains an integral element of the Elsmere and larger Bethlehem community. Boyle hopes that the September 17 Block Party will bring the community together to join the fire house in celebrating its historic and current achievements.

“We’re going to open up the fire house to the public and to the community at our September 17 Open House and Block Party, said Boyle. “More often than not, when you pass by the fire house, the doors are open... Come on by, swing in, say hi. We’re very proud of our fire department and we love to show it off.”

From page 1 ... A century in service

To celebrate this 100th anniversary, the Fire Company is hosting a block party and open house later this year at the Elsmere Fire Station and surrounding area.

Today, the station’s airhorn is a familiar sound to residents of Elsmere, but when the Company was first established, it relied on a more manual form of communication. There were three locomotive tires placed around Bethlehem which were each sounded by an attached sledghammer. When the

fire station was originally built in 1929, a siren system was put in place, according to the Company’s current president, Brendan Boyle. The station was expanded in 1963, 1978, and again in 2001-2002, but the original building remains the foundation of the fire house.

The company’s connection to its past helps it to further its original mission of serving the residents of Elsmere. Even its first engine—a Ford Model T chemical truck—remains a beloved

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file: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 13705 Franklin Avenue, Flushing, NY 11355. Purpose: Any lawful purpose. D-292672

NOTICE OF LLC FORMATION

SOLEADA LLC. App. for Auth. filed with the SSNY on 05/19/22. Originally filed with Secretary of State of Florida ON 05/18/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

LEGALS

LLC, 535 West 43rd Street, North 6N, New York, NY 10036. Purpose: Any lawful purpose. D-290590

NOTICE OF LLC FORMATION

SOLOON 110 SCHMITT BLVD LLC. Arts. of Org. filed with the SSNY on 05/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o B & F Electric Motors Inc., 135 Schmitt Boulevard, Farmingdale, NY 11735. Purpose: Any lawful purpose. D-290948

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NOTICE OF LLC FORMATION

SS INFINITY LLC. Arts. of Org. filed with the SSNY on 06/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6315 Tantalus Drive, Malibu, CA 90265. Purpose: Any lawful purpose. D-292730

NOTICE OF LLC FORMATION

SUNCOAST PROPERTIES LLC. Arts. of Org. filed with the SSNY on 06/21/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

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SSNY shall mail copy of process to the LLC, P.O. Box 314, Malibu, CA 90265. Purpose: Any lawful purpose. D-292512

NOTICE OF LLC FORMATION

THERMAX BOILERS LLC. Arts. of Org. filed with the SSNY on 06/15/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 416 East 174th Street, Bronx, NY 10457. Purpose: Any lawful purpose. D-292292

To place your Legal Notice: Call 439-4949

LEGALS

NOTICE OF LLC FORMATION

TILLARY STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 06/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-292732

NOTICE OF LLC FORMATION

UNIT 35E, LLC. Arts. of Org. filed with the SSNY on 05/16/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may

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be served. SSNY shall mail copy of process to the LLC, ATTN: Deborah Finegold, 10897 East San Felipe Avenue, Clovis, CA 93619. Purpose: Any lawful purpose. D-291633

NOTICE OF LLC FORMATION

WESTHAMPTON ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 04/29/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2135 Broadway, New York, NY 10023. Purpose: Any lawful purpose. D-291996

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NOTICE OF LLC FORMATION

WHISPERING LANE LLC. Arts. of Org. filed with the SSNY on 05/25/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1303 Blondell Avenue, Bronx, NY 10461. Purpose: Any lawful purpose. D-291133

NOTICE OF LLC FORMATION

WHITE CEDAR CIRCLE LLC. Arts. of Org. filed with the SSNY on 06/22/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process

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against it may be served. SSNY shall mail copy of process to the LLC, c/o Gordon & Petkos LLP, 1790 Broadway, Suite 710, New York, NY 10019. Purpose: Any lawful purpose. D-292690

NOTICE OF LLC FORMATION

YSID MANAGEMENT, LLC. Arts. of Org. filed with the SSNY on 05/31/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 123 East 26th Street, New York, NY 10010. Purpose: Any lawful purpose. D-291780

LIBRARIES

Summer Reading: Pirate Week

Writing Workshop

Are you a budding writer interested in being inspired and learning techniques from an award-winning author?

Veera Hiranandani will join us via Zoom for a thought-provoking writing exercise sure to get those creative juices flowing.

The Library will be partnering with the Cole Summer Writer's Institute for this authored portion of the week-long workshop. Copies of Hiranandani's books will be provided to all registrants thanks



to the generosity of the Friends of the Library, and the author's presentation is funded by a Voorheesville Community and School Foundation mini grant.

This program will be held at the Clayton A. Bouton High School at 10 a.m., Wednesday, July 20. For students entering grades 6 and up. Please register on the library event calendar.

Registering

You can register in person, by phone (518-

765-2791) or using our online calendar at <http://voorheesvillelibrary.org/calendar.asp>. You do NOT need to be a resident of Voorheesville to attend a program.

Graphic Novel Book Discussion

Register to join our new Graphic Novel Book Discussion. We will be meeting quarterly, with the first meeting on Wednesday, July 13, at 7 p.m. The first graphic novel we'll be discussing is "The Great Gatsby," by F. Scott Fitzgerald.

— Lynn Kohler

Discover a full slate of summer fun as we dive into "Oceans of Possibilities!" All ages can earn prizes by logging your reading in Beanstack at: <https://guilderlandlibrary.org/adultsrp> for adults, and <https://guilderlandlibrary.org/srp> for kids and teens. Registration opens two weeks prior to the program on the Events Tab of our website.

July 11-16 is Pirate Week, featuring:

Pirate activity kit for grades K-2 – register, then pick up your kit Tuesday, July 12 to Saturday, July 16.

Pirate Treasure Hunt at Tawasentha Park – Wednesday, July 13, at 2:30, 3 or 3:30 p.m. Assemble your crew, wear your best pirate gear, and sail on over to the park to solve the clues and find the hidden pirate treasure! Crews of up to five people must contain at least one child going into grades 3-5 and one adult; the other crew members can be any age.

Storytime Thursday, July 14, at 10:30 a.m. for infants through age 5 and their caregivers. Gather 'round for a rollicking good time, all about pirates! We'll read books, sing songs, and enjoy a fun time together.

Night Owls Book Club

We're keeping with the "Oceans of Possibilities" summer reading program theme, reading "The Island of the Sea Women" by Lisa See. This intriguing historical novel is about female friendship and devastating family secrets on a small Korean island. Pick up a copy of the book at the library's Information



desk, then register on the Events tab of our website to join the virtual discussion on Monday, July 11, at 7:30 p.m.

Teen Volunteer Opportunities

Teens: gain valuable experience with GPL this summer, either hands-on at the library, or by creating videos, playlists, craft projects and more from home. See <https://guilderlandlibrary.org/teenvolunteers/> to learn more.

Summer Schedule

GPL is closed on Sundays during July and August. The Guilderland Farmer's Market is held in our upper parking lot Sundays 10 a.m. to 2 p.m. though Oct. 2, featuring 30 vendors.

Claude Monet: Obsessed with the Natural World

Indisputably, Claude Monet is one of the most recognized and celebrated figures in art history. Everyone loves his beautiful landscapes, colorful and dynamic depictions of modern life, and monumental garden scenes. In this virtual program on Wednesday, July 13, at 6 p.m., you'll learn how this revered artist went from rejected outsider

to groundbreaking icon of Modernism. Register on our website to receive the link.

Genealogy

Professional Genealogist Lisa Dougherty offers 1:1 family history consultations at the library on a monthly basis. Please contact Lisa directly at: lisagene@nycap.rr.com to schedule your appointment on Wednesday, July 15, between 6 to 8 p.m. Her website is: <http://www.upstatenygenealogy.com>.

Memoirs in the Morning

For July, we're reading "The Salt Path" by Raynor Winn - the true story of a couple who lost everything and embarked on a transformative journey walking the South West Coast Path in England. Please register on the Events tab of our website for the online meetup Wednesday, July 20, at 10:30 a.m. Can't make it to our Zoom meeting? Look for the "Memoirs in the Morning" group on [goodreads.com](https://www.goodreads.com).

Computer Coach

Coach Robin is available to assist 1:1 with Apple technology or to help you craft a winning résumé with the Learning Express tool on our website. Reserve your in-person session with Robin on Friday, July 22, at 10 a.m. on the Events tab of our website.

— Luanne Nicholson

Take and Make Tuesday!

Under the Sea Graham Crackers... Using graham crackers, a little frosting, and a few other goodies in this week's Take and Make kit, you'll be able to create an underwater themed, edible work of art. Pick up begins at 9 am on Tuesday, July 12

Stem Monday: Tide Pool

We're going to work together to build a tide pool in a plastic bin and learn about what tide pools are and who lives in them on Monday, July 11 at 2 p.m. We'll create

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some waves to see what happens and find some information about the tide pool residents. Rocks, sand, plastic critters. Just add water and have some fun. Registration required – sign up today!

Edible Sand Crafternoon

Celebrate beach weather with a craft you can eat on Tuesday, July 12, at 2 p.m. We'll use "edible sand" to create a beach scene on pudding cups. Registration

required, sign up today!

Young Writers Boot Camp

Write a book this summer! Kids entering grades 3 and up are invited to this organizational meeting on Wednesday, July 13 at 2 p.m.

Young authors will write at home and have weekly meetups with Library staff for feedback. The Library will publish all completed books and kids will receive a copy to keep. The program will run 7/13 to 8/12.

— Carol Melewski

THE Spotlight



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LIBRARIES

Telling tales with objects

You've heard that a picture's worth a thousand words, but sometimes certain objects can be too. Join authors Kate McCarroll Moore and Linda MacRitchie Graf Saturday, July 16, as they use personal artifacts to tell a story. Each author has used objects that have hidden stories in their work, and they are inviting participants to bring their own artifacts from home and explore those stories together.

This program will take place at 11 a.m. on the library Green but will move inside in inclement weather. A book sale and signing will follow.

Graf is a local artist and educator who has been helping her students flex their creative muscles since 1974. She is the author of "Treasure in the Trunk: A Wordless Picture Book."

Moore teaches online



writing courses and is a book coach for a non-profit organization that connects low-income families with access to high quality books. Her latest book of poetry, "Avians of Mourning," was released in 2020. She is also the author of "Elinormal" and "New Girl: The Further Adventures of Elinormal" for middle grade readers.

Summer hours

The library is closed Sundays in the months of July and August. You can access the library catalog and other library services online anytime at www.bethlehempubliclibrary.org.

Get to know Goodreads

Goodreads is the



Authors Kate McCarroll Moore and Linda MacRitchie Graf will be at the library Saturday, July 16, for a program that invites participants to use personal artifacts to tell a story.

Photo provided

world's largest website for readers and book recommendations. Join us for a crash course Friday, July 8, at 10 a.m. over Zoom where we'll show you how this website can help you track the books you're reading, have read, and want to read. You can even use Goodreads to set yearly reading goals, interact with other readers, read reviews and check out personalized book recommendations.

Visit our calendar at bethlehem.librarycalendar.com for more information or to sign up.

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per day for Library of Things items and ILL, as well as \$5 per day for museum passes and Wi-Fi hotspots, remain. For more information, visit www.bethlehempubliclibrary.org/fine-free-at-the-library.

Park performances for all ages

The library has once again teamed up with Bethlehem Town Parks and Recreation to offer a family-friendly series of events every Thursday at 6:30pm through August 18. Shows will take place at Elm Avenue Park unless noted. This series is co-sponsored by Friends of Bethlehem Public Library and Friends of Bethlehem Parks and Recreation Department.

For information about upcoming shows, visit bit.ly/3HYQasW.

— Kristen Roberts

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From page 3 ...

Suit filed over port's plans

released on Tuesday, June 28. Port officials continued to described an "extensive and comprehensive" review process involving state, local and federal agencies, including over 5,000 pages of technical analysis and supporting documents.

The Port also addressed the treecutting on Beacon Island, stating the Town Planning and Engineering Department and the New York Department of Environmental Conservation approved the measure. It, however, reportedly went without the U.S. Environmental Protection Agency. According to a news report first reported by Spectrum News, the U.S. EPA had

not receive the review documents it requires. The Port said trees were cut following a Stormwater Pollution Prevention Plan that called for leaving the tree stumps and roots in place, and layering woodchips over the site, so as not to disturb the fly-ash.

"The Port of Albany has taken extreme measures to contain the Fly-ash that has been present on this site for over five decades," port officials stated. "As an additional means to protect the surrounding environment, the Port worked closely with the Town of Bethlehem and NYSDEC prior to tree cutting..."

According to the

Port's statement, future construction will involve air monitoring and soil management plans to mitigate dust, fly-ash and soil erosion. Ultimately, the fly-ash is to be capped under 4 feet of stone.

"The Port of Albany and Town of Bethlehem has followed all legally required permitting processes at the municipal, state, and federal levels," the Port stated.

Bethlehem Town Supervisor David VanLuven would not speak in regards to the lawsuit. He and town board members offered to help Glenmont residents during their June 22 meeting by promising to extend an invitation to Port of Albany officials to a public meeting, and to investigate how public notices went out during the planning and zoning boards' review process.

From page 5 ...

A familiar face to lead chamber

all the help they can get to navigate through it."

As for her switch from a government official to a private-sector leader, she looks forward to moving away from politics ruling the direction.

"As an elected official, there were always a myriad of parties involved with nearly all issues and, in addition, as an elected official, there was often a political consideration as well," Egan said. "As President of the Bethlehem Chamber, I anticipate that town politics will not determine the actions and operations of the Chamber. I will be focused on the needs of our members and work with the appropriate town employees and officials necessary to resolve our members' issues."

Recently the Bethlehem Chamber formed a foundation to help businesses, educators and community come together to make the town stronger.

"The foundation's initial impetus is to work on

"While 'talk' is good, I will be focused on getting things done. Learning and understanding about what are often competing interests, then engaging the right people, early and often, will allow the Bethlehem Chamber to provide the most assistance to its members."

— Theresa Egan, new president of the Bethlehem Chamber of Commerce

developing a workforce from within our town and not rely on others to educate and nurture our kids in the hopes they will return here to raise their families," Crisafulli said. "Our local businesses need

educated and trained people to work here. We hope to help connect the dots."

Egan echoed that same thought in recalling a conversation from a spouse of one her and her significant other's six grown children on a recent visit back to Bethlehem.

"Four of the six kids were back for Memorial Day weekend, part of which we all spent at the Memorial Day parade, and our Costa Rican son-in-law said 'we have to move back here for our kids' while we were walking/biking home," she added. "Bethlehem is a special place and I look forward to increasing the attractiveness of our community on behalf of our members."

Other than the years she was in college, Egan has lived in town all 62 years.

"I actually live in my great-great grandparents' house a little over a mile from the house I grew up in on McMillen Place, right by Town Hall," She said.

Egan started as president of the 425-member chamber on July 5. It has an office at 318 Delaware Avenue and employs a staff of four.

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Playing with fire

Albany performers dance with fire under the canopy of night.

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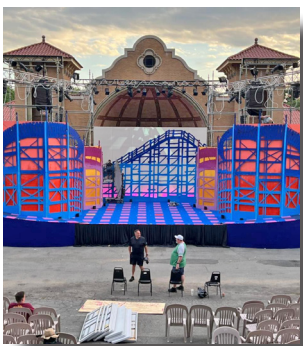
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Head Over Heels

Playhouse Stage Co.'s enjoying another summer in the park.

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Arts calendar

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The gift of life

The challenge isn't convincing New Yorkers about the importance of organ donations, it's making more of them aware of the need

By **MICHAEL HALLISEY**
 halliseym@spotlightnews.com

Christine Rutigliano was a "super healthy" young professional when curious observations from different people one day prompted her to seek a doctor.

As a lobbyist with Robinson + Cole LLP, she said she wouldn't describe her job as too stressful. She's managing director for The Roffe Group, a government relations practice whose list of clients includes Fortune 500 companies, professional associations, local governments and labor unions. Before joining the firm, she spent years in both the State Senate and Assembly, climbing up as state budget director and later as finance secretary under David Paterson.

Continues on page B5



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BRIGHT LIGHTS
 —
 Rjla Silk at Lark Hall during the recent Listen Up! Awards.
 Amy Modesti / almartphotography

▶ **quote of the week**

"There are people who don't have anyone they can turn to," Rutigliano said. "They're left waiting on the transplant list, and they die."




— Christine Rutigliano, liver transplant recipient on the prospects of as many as 500 New Yorkers who die each year before receiving a new organ.



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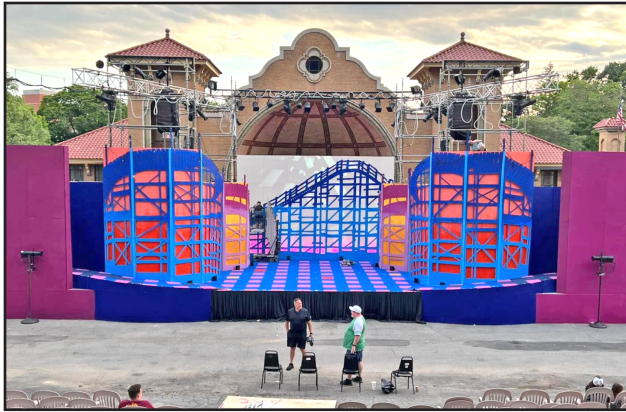
A Go-Go kind of summer in the park

Playhouse Stage Co.'s 34th Summer Season underway with 'Head Over Heels' featuring songs by The Go-Go's, Belinda Carlisle

ALBANY – The 34th Season of free musical theatre at Park Playhouse in Albany's Washington Park is underway with the new musical "Head Over Heels," which features the songs of The Go-Go's and solo tracks by Belinda Carlisle.

The production officially opened on July 1, and continues Tuesday through Saturday starting at 8 p.m. through Saturday, July 23. In accordance with the mission of Playhouse Stage Company, amphitheater lawn seating is available free of charge on a first-come, first-served basis. Premium reserved seats on the ground level are on sale.

An unusual spin on the jukebox musical form, the show is not a biographical tale of The Go-Go's, but rather tells a story based on the 16th Century text "The



Playhouse Stage Co. appears set for "Head Over Heels" at the Washington Park Playhouse. Playhouse Stage Co.

Countess of Pembroke's Arcadia" by Sir Philip Sydney. It presents the tale of the fictional kingdom of Arcadia as its long-serving King and his family become imperiled when he receives an ominous prophecy from Pythio, the mysterious Oracle of Delphi. Head

Over Heels is notable for the role of Pythio being the first to be written specifically for a non-binary or gender non-conforming performer in a musical. Ellie Francis plays the role in the Playhouse Stage production.

"Head Over Heels is

great fun, and filled with classic 80's music," said Playhouse Stage Producing Artistic Director Owen Smith, "but it also features themes of freedom of expression and finding and being true to one's authentic self." Smith continued, "At a time when we still see so much bigotry, ignorance and hate in the news and the world around us every day, we are proud to present a musical that focuses positively on LGBTQ+ equality, women's empowerment and the need for peace and love across our society."

Longtime Playhouse Stage Director Michael LoPorto helms the production, along with frequent collaborator Ashley Simone Kirchner leading choreography and musical staging. Brian Axford, acclaimed for his work on last year's Ain't Misbehavin', musical directs and leads the five-piece

rock band. The show features more than a dozen songs by The Go-Go's and Carlisle, including "We Got the Beat," "Our Lips are Sealed," "Heaven is a Place on Earth," "Mad About You," and the title song "Head Over Heels."

In addition to Francis as Pythio, the show features thirteen local and regional musical performers, seven of whom are graduates of the Playhouse Stage Academy youth theatre training program. Returning to the Playhouse are Marc Christopher (Hands on a Hardbody, Avenue Q) as King Basilius, Joyel Kaleel (Ain't Misbehavin', In the Heights) as Queen Gynecia, Luca Verner (PSA graduate, Little Shop of Horrors) as Pamela, Elizabeth McGovern (PSA graduate, Matilda) as Philoclea, Jon Maltz (PSA graduate, Newsies) as Musidorus, Brandon

Jones (PSA graduate, Ain't Misbehavin', Sweeney Todd) as Dametas and Claire Flynn (PSA graduate, Matilda) as Mopsa. The ensemble of dancers features PSA graduates Alexis Papaleo and J.J. Razzano, alongside Olivia Cruz, Mariel Harris, Nathan Moreno and Ali Nitowski.

Playhouse Stage continues their "Awesome 80's Summer at Park Playhouse" in August with the musical adaptation of the popular Adam Sandler and Drew Barrymore movie The Wedding Singer, which features the advanced teen students of Playhouse Stage Academy.

More information about the 2022 summer season at Park Playhouse and Playhouse Stage's upcoming 35th Anniversary Season can be found online at www.playhousestage.org or by calling the box office at 518-434-0776.

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From page B1 ...

The gift of life

“The team is so great, it’s not too stressful. Everybody is a Type A personality, so there’s not a lot of managing that needs to happen because people do what they’re supposed to do,” she said. “It’s just keeping track of things and making sure clients are happy.”

Five years ago, she had been dealing with back pain and scheduled regular appointments with her chiropractor. Despite frequent visits, the sessions didn’t seem to help. Towards the end of one morning appointment, he pulled her up from the table and commented on her yellow eyes. “I never noticed that about you,” he said. “I’ve never noticed that about me,” she replied. Later on, the nail technician stopped and said the same thing. “Something’s significantly wrong,” she said to herself.

Rutigliano placed a call to a gastroenterologist. The person on the other end of the phone said she could have an appointment but

that it would be months away. She shared what the chiropractor said that morning, and the nail technician. She was in the doctor’s office that afternoon.

Rutigliano was soon diagnosed with small biliary cirrhosis. It’s a chronic disease that breaks down the bile ducts in the liver, the source of her back pain. Yellow eyes are common with cirrhosis and are often associated with alcoholics. Which was odd for Rutigliano. She doesn’t and she doesn’t drink.

“In college, I was always the designated driver in my house,” Rutigliano said. She wasn’t on any medication, either. She wasn’t abusing her liver in any way. Nonetheless, she was looking at a situation that would continue to deteriorate.

Rutigliano was told she needed a transplant. On any given day, more than 8,000 New Yorkers seek to be matched to a donor. Each year, up to

500 of them die before that happens.

The donor registry

On the back of every New York State Driver’s License is a succinct declaration that reads, “I hereby make an anatomical gift,” next to a checkbox just above a line for the holder’s signature. It’s a question that introduces most New Yorkers’ to what Aisha Tator is attempting at Donate Life New York State.

Donate Life New York State is a non-profit organization that serves as the statewide liaison organization to Donate Life America. It was created through the state Task Force to Increase Organ and Tissue Donation with ideas that first germinated in 1997 when it was established by the state commissioner of health. Today, it is the contractor administering and operating the state donor registry. It does so by educating and engaging the public through outreach programs.

“When I got here, there was a tremendous amount



Christine Rutigliano (right) hugs Paige Oberle just before they each prepare for surgery three years ago. Paige was gifting a portion of her liver to Christine after she was diagnosed with small biliary cirrhosis.

Photo provided

of work to be done on the cause,” said Tator, who joined the organization 10 years ago and now serves as its executive director. “There were a lot of people who needed help and needed advocacy. That really drew me to the organization, to the mission.”

About 12 years ago, Tator said the registry had comprised just 15 percent of the state population

— less than 3 million people. The dearth of prospective donors could be speculated away, but as the organization conducts social and behavioral research, it has nothing to do with any aversion to the cause.

“I don’t believe that there is an inherent objection on the part of New Yorkers on this issue. I think, unless you’re touched by this issue,

unless you’re personally impacted, you have no idea [for the need],” Tator said, adding that market studies have shown “overwhelming” support. In some studies as high as 92 percent. “[But,] the only way I think people have any kind of connection to this issue is A, they’re personally connected or B, they go to the [Department of Motor Vehicles] to renew their license and they’re asked the question. ... That leads to a gap and a drought of awareness.”

Half the state’s population lives south of Ulster County, Tator said. And of those residents, 57 percent have driver’s licenses. Though it is the registry’s top means of recruiting enrollment, the DMV connection is not quite enough.

“I have data that shows me New Yorkers support this issue, concept and this act. Overwhelmingly,” Tator said. “Yet I have an underperforming registry. Even though we’ve grown it [to over 7 million names], we still struggle compared to our peers around the country. So to me, that gap, how to address that gap?”

Continues Page B6

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From page B5 ...

Gift of life

How to make New Yorkers aware.”

Have to ask

A year had passed since Rutigliano’s diagnosis, but she had yet to receive the call that a liver was available. Her doctor sat her down and explained. “The good news,” he said, “is that you’re super-healthy. The bad news,” he explained, is you’re super healthy, and

until you become really sick... you’re probably not going to be eligible for a transplant.” He suggested she ask someone to volunteer as a living donor.

Livers don’t have to come from someone who died. According to Oxford University Hospitals, a person can survive with as much as two-thirds of their liver removed. It has the ability to regenerate,

and within a few months, will grow back to near its original size.

“And I thought, who in the heck is going to give me a body part. I just thought it was the craziest thing ever.” He said, ‘you’d be surprised.’”

Initially, Rutigliano didn’t share the diagnosis with her family. Once she started the conversation, she shared what she was going through, falling short of asking the question. In time, eight of her family members were matched as possible donors. The last

person she shared her news was with the person who would ultimately be her donor.

Her college roommate, Lisa was the mother of two young children when she died unexpectedly at the age of 39. “We were very close. She was my best friend and we kept in really close touch. Her daughter at the time was 9, and her father was very generous with her daughter.”

Lisa’s daughter, Paige Oberle, was often with Rutigliano’s family; her husband, his two children and the two they shared together. She would come up from New Jersey to spend the summers and holidays in upstate New York. And while she was home, they spoke on birthdays, Christmas and Mother’s Day.

“Whatever it was, we

“Your father is going to kill me,” Rutigliano said.

“Nope. I’ve already talked to my family, and I said I’m doing this. You can come along or I’m leaving you behind.”

“I don’t know how to thank you.”

“You have it backwards, I’m thanking you. My mom can’t be here. If I had my choice, I’d have my mom. But, you’re the next best thing. ‘When I get married, I want my mom with me to pick out a dress. When I bring home a baby from the hospital, I’d love to have my mother there, but I can’t. You are the next best thing, and if I can have that, this is what I want to do.’”

Rutigliano had an ideal situation, and she knew that. She had nearly a dozen matches among the people in her life. Her blessings were reinforced

rejecting the new liver. Otherwise, she is back to being super healthy. Since her experience, she connected with Donate Life New York State; first as a volunteer. Today, she sits on the organization’s board of directors.

Awareness

In 2020, the New York Gift Act was signed into law by then-Gov. Andrew Cuomo, allowing the donor designation question to appear on voter registration forms, the state online insurance marketplace, professional licensing applications, hunting and fishing licenses, HESC transactions, and MyBenefits.gov transactions. In addition to requiring DMV customers to answer the donor designation question on applications and renewals



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<p>July 7 • Hip-Hop Presented by KeyBank and Hot 99.1 Talib Kweli with DJ TGIF, DJ SIROC and JB!! aka Dirty Moses</p>	<p>August 4 • Hip-Hop Presented by CDTA and Hot 99.1 Doug E. Fresh with Ohzhe & DJ TGIF and DJ Hollyw8d</p>

www.albanyevents.org

SPOT, WTRN, TRINITY, EQX, WEXT, WLT 99.9, Stantec, NYS MUSIC, WOLFE, LAGER, etc.



Christine Rutigliano (right) and her living donor Paige Oberle reunite at New York Presbyterian Hospital one year following her successful transplant.

Photo provided

were in close contact,” Rutigliano said. “I told her last because she had such tragedy in her life, that I really didn’t want to upset her.”

Rutigliano eventually shared her diagnosis with Paige, now 24 and a nurse at a pediatric ward. Two days later, Paige called her back.

“Chrissy, I was going to tell you this on the phone, but I knew you would dismiss me out of hand,” Paige said. “I work in a ward that does kidney transplants. I know exactly what it entails. ... I have universal blood type and I’m going to be your donor. I already signed the paperwork and I go for a meeting a New York Presbyterian Hospital on Monday.

through a conversation she later had with her surgeon. He shared how he was in a New York City book store when he noticed a little piece of loose-leaf paper on the community bulletin board; the kind found in college when people would advertise for a roommate, or to offer to type out a term paper. Instead, this one had pull-off tabs from someone asking for a liver.

“There are people who don’t have anyone they can turn to,” Rutigliano said. “They’re left waiting on the transplant list, and they die.”

Rutigliano had her transplant three years ago. There is no more back pain and the yellow eyes are gone. She will, however, continue to take medicine to prevent her body from

for driver licenses, learner permits, and non-driver IDs, it lowers the eligibility age to enroll to 16.

“Like anything, repeated messaging and repeatedly giving this opportunity and putting this question in front of people increases the likelihood of getting more enrollment,” Tator said, adding that the donor registry has nearly tripled in number since she started with the organization. The number of committed donors surpassed 7 million earlier this year. “They are incredible human triumphs. They are such a spirit of triumph: Whether they are the recipient, who was given the second chance at life, or they are the donor family who has been given this opportunity that their loved one has a legacy.”

MUSIC

9 Maple Avenue

9 Maple Ave., Saratoga Springs. 518-583-CLUB
Fri: Eric Walentowicz Quartet | 8 p.m.
Sat: Michael Benedict Jazz Vibes : 9 p.m.

Albany Capital Center
55 Eagle St., Albany. 518-487-2155

Across The Street Pub
1238 Western Ave., Albany. 518-438-1718
Thurs: Trivia | 6:30-8:30 p.m.

The Avalon Lounge
29 Church St, Catskill 518-719-1640
Fri: Hush / Planning for Burial / Madeline Darby | 8 p.m.
Sat: If it Bleeds it Leads | 8 p.m.

Bard & Baker
Board Game Cafe Troy
501 Broadway, Suite 105, Troy 518-948-6693
Wed: Looking For Group Night | 6 p.m.
Thurs: Pathfinder Society Organized Play | 6 p.m.
Sun: Sunday Night Trivia | 6 p.m.

Brown's Troy
Taproom & Brewery
417 River Street, Troy 518-273-2337
Wed: Grace Bartow | 5 p.m.
Fri: Moose Crossing | 6 p.m.

Black Bear Inn
310 19th St., Watervliet 518-272-9486

Caffe Lena
47 Phila St., Saratoga Springs 518-583-0022
Thurs: Kaleta & Super Yamba Band | 7 p.m.
Fri: Grace Mclean | 8 p.m.
Sat: Kruger Brothers | 8 p.m.
Sun: Eastbound Jesus | 7 p.m.

Carson's Woodside Tavern
57 NY-9P, Malta 518-584-9791
Wed: Jeff Brisbin | 6 p.m.
Thurs: Melissa Sgambelluri Trio | 6 p.m.
Fri: Side Show Willie | 6 p.m.
Sat: The Night Owls | 6 p.m.
Sun: Gravity | 6 p.m.

Centre Street Pub
308 Union St., Schenectady 518-393-2337
Fri: Late Night Philosophers | 5 p.m.

Cohoes Music Hall
58 Remsen St., Cohoes 518-434-0776
Fri: White Ford Bronco | 8 p.m.

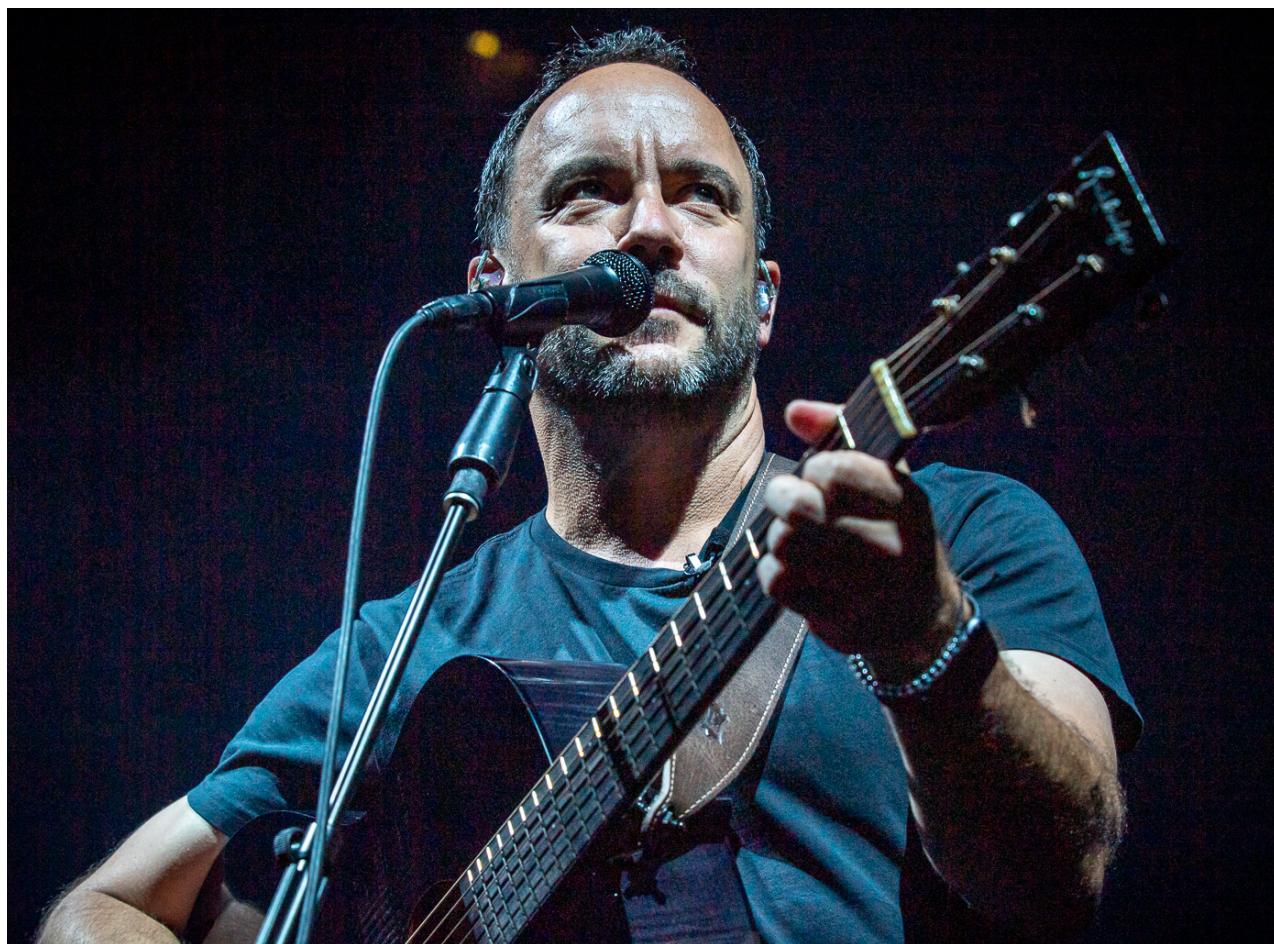
The Comedy Works
388 Broadway, Saratoga Springs 877-565-3849

Curtain Call Theatre
1 Jeanne Jugan Lane Latham, NY Tel: 518 - 877 PLAY (7529)

Druthers Brewing Company
1053 Broadway, Albany (518) 650-7996

Eden Cafe
269 Osborne Road #3, Albany

HOT SPOTS EVENTS CALENDAR



Dave's here - or will be at SPAC - on Friday

Dave Matthews Band often makes a stop at Saratoga Performance Arts Center each summer, and this Friday won't be the exception, as the Dave's bus is expected to roll into the Spa City this Friday, July 8. Jim Gilbert

518-977-3771
Thurs: Cabaroke | 7 p.m.

The Egg
Empire State Plaza., Albany 518-473-1845
Thurs: Sky on Swings | 7:30 p.m.

Emack & Bolio's
366 Delaware Ave., Albany 518-512-5100

Empire Live/Underground
93 North Pearl St., Albany 866-468-3399
Wed: Keep Flying | 6 p.m.
Thurs: Brick By Brick Pre Party | 6:30 p.m.

Fri: Spoon: Lucifer On The Sofa Tour | 7:30 p.m.

Empire State Plaza
Empire State Plaza., Albany 518-474-2418

Fort Orange Brewing
450 North Pearl St, Albany 518-992-3103

Frog Alley Brewing Co.
108 State Street Schenectady 518-631-4800
Fri: Parmalee | 6:30 p.m.
Sat: Badfish | 7 p.m.

Fuze Box
12 Central Avenue Albany 518-992-6434

Funny Bone
1 Crossgates Mall Rd #K-206, Albany 518-313-7484.
Fri: Jay Oakerson | 7:30 p.m.

Gaffney's
16 Caroline St., Saratoga Springs 518-587-7359

Grappa '72
818 Central Ave., Albany 518-482-7200
Thurs: The Hamilton Street Jazz Trio | 5:30-8:30 p.m.
Fri: Earl Davis with Peg & Bill Delaney | 5:30-8:30 p.m.

The Hangar on the Hudson
675 River St., Troy 518-272-9740

The Hollow Bar + Kitchen
79 North Pearl St., Albany 518-426-8550

Wed: Blue Star Radiation | 8 p.m.
Thurs: Midnight North | 8 p.m.
Fri: Candy Ambulance | 8 p.m.

Lark Hall
351 Hudson Ave, Albany

518-599-5804
The Linda
339 Central Ave, Albany 518-465-5233
Fri: Run Rabbit Run | 8 p.m.

McGeary's Irish Pub
4 Clinton Square, Albany 518-463-1455
Tues: Trivia Night | 7 p.m.

Nashville Of Saratoga
39 Phila Street, Saratoga Springs 518-909-6274
Wed: Karaoke | 8 p.m.
Thurs: Triple Threat Thursday | 8 p.m.
Fri: Matthew Cosgrove | 5 p.m.
Fri: Jordan Stoner | 9 p.m.

Nanola
2639 Rt 9, Malta 518-587-1300
Sat: Aquanett | 6 p.m.

The Night Owl
17 Maple Ave., Saratoga Springs 518-319-2300
Thurs: Cookout | 7 p.m.
Fri: Fireside Fridays | 8 p.m.
Sat: Supper Club Saturdays | 6 p.m.

Olde English Pub
683 Broadway, Albany.

518-434-6533
Thurs: Jacob Shipley | 6 p.m.

The Palace Theatre
19 Clinton Ave., Albany 518-465-4663

Panza's
129 So. Broadway, Saratoga Springs 518-584-6882
Thurs: The Nick Horace Duo | 6 p.m.
Fri: Mia Scirocco Trio | 6 p.m.
Sat: Artie Mozeik | 6:30 p.m.
Sun: Sinatra & Friends | 5 p.m.

Parish Public House
388 Broadway, Albany 518-465-0444

The Parting Glass
40-42 Lake Ave., Saratoga Springs 518-583-1916

Paulys Hotel
337 Central Ave., Albany 518-426-0828
Sat: Psychomanteum, Ike's Wasted World, Old North End and Praun | 8 p.m.

Proctors
432 State Street., Schenectady 518-346-6204
Fri: The Barber of Seville | 7:30 p.m.

Putnam Place
63a Putnam St., Saratoga Springs 518-584-8066
Fri: Mixed Roots | 9 p.m.
Sat: The Wheel | 9 p.m.
Sun: Latin Night | 7:30 p.m.

Rare Form Brewing Company
90 Congress Street Troy (518) 326-4303

Ravenswood Grill & Tavern
1021 NY 146, Clifton Park. 518-371-8771
Tues: Trivia Night | 6:30 p.m.

The Ruck
104 3rd St., Troy (518) 273-1872
Wed: Trivia | 7-9 p.m.

Rustic Barn Pub
150 Speoigletown Rd, Troy 518-235-5858
Thurs: Open Mic | 6 p.m.

The Saratoga Winery
462 Route 29, Saratoga Springs 518-584-9463

Saratoga National
458 Union Avenue Saratoga Springs 518.583.4653

Saratoga City Tavern
19-21 Caroline St., Saratoga Springs 518-581-3230
Thurs: Karaoke | 9 p.m.
Mon: Bingo | 8 p.m.
Tues: Trivia | 8 p.m.

Sand Lake Center for the Arts
2880 NY 43 Averill Park 518-674-2007
Fri: Sleuth | 8 p.m.

SPAC
Avenue of the Pines, Saratoga Springs 518-584-9330
Wed: Dead and Company | 7 p.m.
Thurs: Morgan Wallen | 7 p.m.
Fri: Dave Matthews Band | 7:30 p.m.

Troy Savings Bank Music Hall
30 Second St., Troy 518-273-0038

Vapor
342 Jefferson St, Saratoga Springs (518) 584-2110

Van Slyck's
Rivers Casino & Resort 1 Rush St., Schenectady 518-579-8800
Thurs: Orquesta Sensacional | 8 p.m.
Fri: DJ Tomb | 10 p.m.

Waterworks Pub
76 Central Ave., Albany 518-465-9079
Fri: Friday Night Dancing & Karaoke | 10 p.m.-4 a.m.
Sat: Saturday Night Dancing & Drag | 10 p.m.-4 a.m.

Wicked
1602 Route 9, Clifton Park 518-467-8900
Thurs: Open Mic Night Hosted By Rock Garden | 7 p.m.
Fri: Sugar Pill | 8 p.m.

Wishing Well Restaurant
745 Saratoga Rd., Wilton 518-584-7640
Fri: Mike Purcell | 6 p.m.
Sat: Matt Edwards | 6 p.m.



Are you ready for the upcoming school year?

Coming on Aug. 10 Deadline - July 26



EXHIBITS

Albany Institute of History and Art The Four Elements of Leigh Li-Yun Wen-

The four elements of western cosmology, earth, air, fire, water—are the subjects of artist Leigh Li-Yun Wen's work. Whether paintings, prints, or ceramics, Wen's art expresses her personal and cultural histories.

The Hudson River School: Landscape Paintings from the Albany Institute- The Albany Institute holds a large and important collection of nineteenth-century American landscape paintings, works often associated with the term "Hudson River School."

Ancient Egypt- Egyptologist and Guest Curator Dr. Peter Lacovara has incorporated the research and scientific discoveries revealed in the GE Presents: The Mystery of the Albany Mummies exhibition into a new exhibition about Ancient Egypt.

Traders & Culture: Colonial Albany and the Formation of American Identity- This exhibition looks at those diverse peoples who shaped colonial Albany and the objects that reflect their interests, values, commercial, and social interactions.



HOT DATE

BLUE STAR RADIATION!

After moe. breaks down its set at the Empire State Plaza, venture off to The Hollow to see at least one familiar face as Rob Derhak's side project, Blue Star Radiation takes the stage on Wednesday, July 6, at 8 p.m. (or sometime after.)

Albany International Airport

ECHO-Ginne Gardiner & Amy Talluto Recent Painting and Collage A pattern of reflections distinguishes the work of these two artists, who make paintings that are cycled into collages, which are then reinterpreted as new paintings.

their creative process as cloaked in associations with landscape, weather and seasons. Beginning November 20th 2021 to April 25th, 2022 Location: 3rd Floor, Main Terminal, 737 Albany Shaker Rd, Albany, NY. 518-242-2241 or www.albanyairport.com/arts

Arts Center of the Capital Region

The Troy. Gallery hours: Daily, Monday-Thursday, 9 a.m. to 7:30 p.m., Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 5 p.m. and Sunday, noon to 4 p.m. 265 River St., Troy. Free admission. 518-273-0552 or artscenteronline.org

The Clark Art Institute

Imaginary City- The large-format, abstract paintings of Tomm El-Saieh (b. 1984, Port-au-Prince; lives and works in Miami) teem with dense and dynamic marks that evoke ornament, language, and architecture. By variously layering and erasing his linework, and using vibrant color to optically push or pull his pictures, El-Saieh creates rhythmic, all-over compositions from which larger forms appear to emerge—testing both the limits of our perception and our expectations about abstraction.

that year. He is partner at the artist-run gallery CENTRAL FINE in Miami and long directed the El-Saieh Gallery in Port-au-Prince, a venue for contemporary Haitian artists that his grandfather established in the 1950s. This yearlong exhibition appears in public spaces around the Clark and is free and open to the public. It is organized by the Clark Art Institute and curated by Robert Wiesenberger, associate curator of contemporary projects. This exhibit goes from January 29th through December 31st. Museum hours: Daily, from 10 a.m. to 5 p.m., Tuesday through Saturday. Admission: Adults, \$20; children 18 and younger, free. 225 South St., Williamstown, Mass. 413-458-2303 or www.clarkart.edu

Clement Art Gallery

Exhibit hours: Tue. thru Sat, 12noon - 5 PM. 201 Broadway Troy, NY clementart.com 518 272 6811

The Jan Rutland Memorial Artists' Space

Gallery hours Thursday, Friday, and Saturday from 10 a.m. to 4 p.m. Free. Second Floor, National Bottle Museum, 76 Milton Ave., Ballston Spa. 518-885-7589 or nationalbottlemuseum.org

miSci

Be the Astronaut - Be the Astronaut is a fun, interactive adventure where you are in control as you launch a rocket, pilot a spaceship, and drive a rover in space! The exhibit guides you as you discover the solar system first hand with the help of virtual astronauts as you land on multiple worlds, including the Moon, Mars, and Jupiter. Designed with the help of NASA experts, the exhibition is fun for the whole family and takes STEM learning into outer space.

feats, in a thrilling narrative adventure spanning the solar system.

In each space capsule, a massive 70" monitor serves as the 'windshield,' giving you a first-person view of your adventures. Touch-screens and an industrial-quality joystick put you in command. During missions, the entire cockpit comes alive with animated lighting effects, game visuals, and sounds that make you believe you ARE an astronaut. Museum hours: Tuesday-Saturday, 10 a.m. to 5 p.m. (observatory open until 8 p.m. on Thursday); Sunday, noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Admission: Adults (13+), \$12; seniors (65+), \$10; children (3-12) \$8. Additional \$6/person for planetary show. 518-382-7890 or www.miSci.org

New York State Museum Unveiled: Wedding Wear in 19th-century New York

In choosing their wedding clothes, brides and grooms are influenced by fashion, economics, technology, religion, geography, celebrity, personal taste, and their role in society. This was as much the case in 19th-century New York as it is today.

Wedding clothing holds memories, and pieces—dresses, shoes, suits, and head wear—are often preserved and passed to subsequent generations. A couple's choices reveal historical information about both the individuals who wore them and those who made them. Some garments find their way to museum collections. This exhibition will unveil stories of select New Yorkers. Exhibit is on going until October 2nd 2022. Museum hours: Tuesday-Sun, 9 a.m. to 5 p.m.; 222 Madison Ave., Albany. Free admission; suggested donation of \$5/person or \$10/family. 518-474-5877 or www.nysm.nysed.gov

Opalka Gallery

Gallery Hours Tuesday through Saturday 12pm to 5pm open late Thursday 12pm to 8pm. Monday by appointment. Gallery is located at Russell Sage College 140 New Scotland Ave. Albany, NY 12208.

Saratoga Arts

320 Broadway, Saratoga Springs. Free admission. Gallery hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 11 a.m. to 5 p.m. 518-584-4132 or saratoga-arts.org

Schenectady County Historical Society

Ongoing: "Mapping Schenectady" Some of SCHS' most prominent and interesting maps are now on permanent display in the Map Gallery. Also, "Beyond the Pines: Early Schenectady," an exhibit focused entirely on early Schenectady: its founding, its people, and what life was like for the city's earliest residents. Plus permanent exhibits. Museum hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 10 a.m. to 2 p.m. Library and Museum, 32 Washington Ave., Schenectady. Admission: \$5. 518-374-0263 or schenectadyhistorical.org

Dan Sekellic Visual Arts Gallery

Gallery hours: Wednesday, 11 a.m. to 1 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Free admission. 518-674-2007 or slca-ctp.org

Tang Teaching Museum

On Their Own Terms is an exhibition curated by students in the Scribner Seminar "Outsiders? Folk and Self-Taught Artists in the United States" which presents works by a selection of nineteenth- and twentieth-century artists from the United States who have been variously categorized as "self-taught," "outsider," "folk," or "visionary," among other labels. Objects range in form and medium and include textiles, sculptures, relief carvings, paintings, and drawings. The exhibition aims to present the visual art and lives of these artists while also interrogating the ways that curators, dealers, and scholars have exhibited, acquired, and sometimes overlooked this important work. Although a diverse group of artists, most of them began to create work late

A crossword puzzle grid with numbered squares for clues. The grid is 10 columns wide and 16 rows high. Some squares are shaded black to indicate non-letter positions. Numbers 1 through 63 are placed in the starting squares of the words.

CLUES ACROSS

- 1. Absence of difficulty
5. Preserve a dead body
11. Gratitude
14. The act of coming together again
15. More cushy
18. Visionaries
19. Large, fish-eating bird
21. Indicates near
23. NY Mets legend Tommie
24. Icelandic books
28. Pop
29. Hammer is one
30. Sense of self-importance
32. Thyrotrophic hormone
33. Can't be found
35. Electronic data processing
36. Passports and licenses are two
39. Snake-like fishes
41. Air Force
42. Popular computers
44. Intermediate ecological stage
46. Wings
47. Used in combination
49. Laid back
52. Jewelled headdress
56. Slow
58. Famous Falls
60. Reassertions
62. Periods of time
63. Hyphen

CLUES DOWN

- 1. Body part
2. Mimics
3. Expel large quantities

- 4. Sea eagle
5. Genetically distinct varieties
6. Dialect of Chinese
7. Famous Mr. T character
8. Consumed
9. Chinese dynasty
10. Menace to yards
12. Ireland
13. Palm trees
16. Fungal disease
17. Willis and Robert are two
20. Affirmative! (slang)
22. It shows who you are
25. The First State (abbr.)
26. Get older
27. Associations
29. Woman (French)
31. Screenshot rating
34. Brew
36. Leader
37. Plants in the legume family
38. Burn with a hot liquid
40. Junior's father
43. Scads
45. Morning
48. Length of a line (abbr.)
50. Double curve
51. Small, thin person
53. Worn by exposure to the weather
54. Mars crater
55. Humanities
57. Word element meaning ear
58. To the ___ degree
59. Residue of something burned
61. It cools your home

in life, received no formal training, and share a decisive commitment to what and why they wanted to create. Exhibit starts December 4th, 2021 - April 10th, 2022.

Lauren Kelley Location Scouting- Conceived and designed for conversation, dialogue, study, and contemplation, Location Scouting is the fourth exhibition in a series that invites an artist to re-imagine what a community space in the museum can be. Artist and curator Lauren Kelley reshapes the Tang Teaching Museum's mezzanine by combining meditations on travel with snapshots of everyday life in her drawings, sculpture, and stop-motion animation videos. Using plasticine, toys, and souvenirs, Kelley's videos conjure worlds that are malleable and unfixed, inhabited by robust protagonists whose quirks stem from efforts to correct the asymmetrical relationships they encounter. Accentuating the off-kilter, Location Scouting speaks to the shifts and rifts inherent in navigating today's post-pandemic landscape. Skidmore College, 815 North Broadway, Saratoga Springs. Museum hours: Tuesday - Sunday, noon to 5 p.m.; Thursday until 9 p.m. Free admission; suggested donations of \$5/ adult; \$3/child 13+; seniors, \$2. 518-580-8080 or tang.skidmore.edu

Union College Galleries Addenda-

Custodians of archives wield great power and responsibility in considering who might be left out, disempowered or silenced in the creation of a specific narrative by those who use their records. Addenda centers interpretation and augmentation of past and present through the archive in an effort to construct a fuller future. The three

contemporary artists featured in this exhibition, Gina Adams, Merritt Johnson and Sonya Kelliher-Combs, draw on history, cultural traditions, and archives, along with a strong belief in seeking alternative narratives to create artworks that exist dually, as both physical constructions and as a record of unconsidered perspectives and often unrecognized pasts. Exhibit is on going until June 12th.

University Art Museum Ronny Quevedo: Offside-

Inspired by his mother's and father's respective careers—a seamstress and a professional soccer player—multi-media artist Ronny Quevedo will occupy the arched walls of the museum in a newly commissioned work with diagrammatic vinyl lines that recall both dress patterns and gymnasium floors. Throughout this exhibition, which will include artwork from 2012 to the present, Quevedo's own family's emigration from Ecuador to New York serves as a catalyst for work reflecting on socio-political issues of migration, Indigenous experiences, and sacred spaces. University Art Museum is located at 1400 Washington Avenue, Albany.

THEATER

The Barber Of Seville

The Barber of Seville is the hilarious story of a love triangle involving Dr. Bartolo, Count Almaviva, and the charming Rosina. Figaro the local barber who, in fact, does much more than cut hair is the ultimate "wingman" for Count Almaviva, creating elaborate schemes, aliases, and disguises to help him fool Dr. Bartolo and get the girl. Rossini's madcap comedy is one of the most popular operas in the

world, and is guaranteed to send you out laughing and humming! Baritone Sidney Outlaw makes his Opera Saratoga debut as the beloved barber Figaro, alongside tenor Brian Yeakley a distinguished alumnus of Opera Saratoga's nationally acclaimed Young Artist Program as Count Almaviva, and South African mezzo soprano Siphokaze Molteno in her role debut as Rosina. Dean Williamson conducts the production directed by Eve Summer. You can catch the show July 8th at 7:30 with a second show July 10th at 2 p.m. Only at Proctors 432 State Street Schenectady.

Head Over Heels

Head Over Heels is a brand new, hysterical musical comedy that features the classic 1980's tunes of The Go-Go's and Belinda Carlisle. From "We've Got the Beat," to "Heaven is a Place on Earth," "Vacation," and "Mad About You," the show features twenty classic 80's songs in all their glory. But this isn't just your average jukebox musical. Based on Sir Philip Sydney's The Countess of Pembroke's Arcadia, the story follows a King, a Queen and their two daughters as they try to keep their subjects and their kingdom together, all while dealing with the tribulations of love and family themselves. Through mistaken identities, love and loss and an adventurous journey, the people of Arcadia learn that whether you are straight or gay, cis or trans, old or young, or anything in between, everyone is part of keeping "the beat" alive. With a side-splitting book by Jeff Whitty (Avenue Q) and James McGrudder (Triumph of Love) infused with classic 80's rock, audiences couldn't ask for a more fun way to spend a summer night! Catch this show and more June 30th through July 23rd at 8

p.m. with shows Tuesday through Saturday each week. Only at Park Playhouse in Albany's Washington Park.

Sleuth

Andrew Wyke, is an immensely successful mystery writer. Wyke's home reflects his obsession with the inventions and deceptions of fiction and his fascination with games and game-playing. He lures his wife's lover Milo Tindle to the house and convinces him to stage a robbery of her jewelry, a proposal that sets off a chain of events that leaves the audience trying to decipher where Wyke's imagination ends and reality begins. You can catch this show starting July 8th with shows throughout the month at 8 p.m. Only at Sand Lake Center for the Arts 2880 NY-43, Averill Park.

COMEDY

Jay Oakerson

Comedian Big Jay Oakerson currently has a full length album, "An American Storyteller" on Comedy Central Records. Oakerson's story-based style of stand-up comedy got its start after a series of dead-end jobs, including driving strippers and escorts around his hometown of Philly. Now the New York City resident has made comedy his full-time job, flooring audiences with true tales of odd threesomes and bizarre sexual encounters. "An American Storyteller," recorded at Stand-Up New York, is a one-hour onslaught of unbridled awesomeness and raunchy rock n' roll hilarity. Oakerson is recognized from many of his television appearances, most recently on "Comedy Underground with Dave Attell", "FX's "Louie", "Inside Amy Schumer" & "Late

Night with Jimmy Fallon." He was also a featured storyteller on Comedy Central's web series "This is Not Happening." On the IFC show "Z-Rock," he received critical acclaim for his performance as "Neil," the sexually ambiguous owner of a NYC rock club. Past television credits include Comedy Central's "Premium Blend," "Comedy Central Presents" and "Tough Crowd with Colin Quinn," along with multiple appearances on BET's "Comic View", HBO's "P. Diddy's Bad Boys of Comedy." Catch the show July 8th at 7:30 p.m. with a second show on Saturday, only at The Funny Bone 1 Crossgates Mall Rd #K-206 Albany, NY 12203.

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If it hasn't been made clear enough for you yet, those months when we were all sequestered at home and not going out to play created a bit of a creative time bomb that's just about exploding on the radio waves. Musicians and songwriters used their time wisely, and we as music fans are the primary beneficiaries of their work. Pay attention to new releases coming out this summer. You shouldn't be disappointed.

— Michael Hallisey

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Answers on Pg. B14

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MUSIC

Eric Walentowicz Quartet

Saxophonist/Composer has thirty five years of performing experience as a musician. He is a very in-demand saxophone soloist having performed with over thirty groups annually at over seventy venues a year for the past ten years. Eric has worked as a musician in New York City, Detroit, Miami, Dallas, the Caribbean and the Capital District of NYS.

He has backed such artists as Laurel Masse (Manhattan Transfer) at The Egg in Albany, Johnny Mathis at the Palace Theatre in Albany, over five hundred weddings and fundraisers for the New York Players Entertainment Group, The Dallas Jazz Orchestra, The One O'clock Jazz Lab Band at North Texas, The Platters and Jackie Mason at the Fontainebleau in Miami FL, Rick DellaRatta's Jazz For Peace, the Schenectady Symphony, the Miami Symphony Orchestra (Rhapsody and Blue) and several Miami-based Latin bands specializing in Salsa, Merengue, and Cumbia styles. As a staff musician for Norwegian Cruise lines

he backed Bobby Rydell, Fabian, Eddie Fisher, George Merritt and Ray Anthony. Catch the show July 8th at 8 p.m. only at 9 Maple Ave.

Michael Benedict Jazz Vibes

Michael Benedict was born and raised in Rome, NY. He studied percussion at the Crane School of Music at the State University College at Potsdam, NY and graduated in 1979 with a Bachelor's Degree in Music Education. He later attended Rutgers University and graduated in 1990 with a Master's Degree in Jazz Studies. At Rutgers, Michael was an assistant to Dan

Morgenstern, the Director of Jazz Studies at Rutgers and former Downbeat Magazine editor. As a member of the Potsdam Jazz Ensemble, Michael had the early opportunity to perform in concert with Marian McPartland, Frank Foster and Milt Hinton. Michael would go on to work with groups and individuals as diverse as hard bop legend J.R. Monterose, opera star Renee Fleming, the Spike Jones Orchestra and the Paragon Ragtime Orchestra. He has toured the United States extensively and performed in Europe. Catch the show July 9th at 9 p.m. only at 9 Maple Ave.

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HOROSCOPES

July 2022 Week 1

ARIES - MAR 21/APR 20

Aries, you can expect anything to happen this week, which makes it an ideal time to fall in love — or fall back in love. Throw caution to the wind and welcome romance.

TAURUS - APR 21/MAY 21

Taurus, don't be surprised if a former romantic partner or close friend reconnects with you this week. It may be possible to rekindle this connection if you so desire.

GEMINI - MAY 22/JUN 21

Don't hesitate to try something new this week, Gemini. You'll likely be surprised at what you discover you enjoy. You may even meet some interesting people.

CANCER - JUN 22/JUL 22

Spiritual matters are on your mind, Cancer. You are increasingly drawn to them as you get older. Do not hesitate to ask questions in your pursuit of enlightenment.

LEO - JUL 23/AUG 23

Optimism about life is in full force for you, Leo. Others will notice you are smiling more and moving about with a spring in your step. Channel that energy into a fun project.

VIRGO - AUG 24/SEPT 22

Virgo, this week is full of possibilities. You may strike up a new friendship or decide to try a unique hobby. Travel may be the name of the game as well.

LIBRA - SEPT 23/OCT 23

Libra, even though you may be feeling positive and looking well, you're simply not drawing that special attention you desire. Don't be too hard on yourself; it will come.

SCORPIO - OCT 24/NOV 22

Scorpio, communication channels have been blocked lately, so you have been facing challenges getting your point across. Employ a little more patience.

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, there have been days you have felt better. Don't let a minor illness derail your plans. Before you know it, you will be back on your feet.

CAPRICORN - DEC 22/JAN 20

Try an activity that strays from your usual routine, Capricorn. Change the time or the location to get a fresh perspective on your experiences. It can be the boost you need right now.

AQUARIUS - JAN 21/FEB 18

Don't be surprised if you have a desire to redecorate or change up your living space in some way, Aquarius. A new look can refresh your mindset as well.

PISCES - FEB 19/MAR 20

Some interesting news is likely to come your way, Pisces. It's important to answer your phone, read your texts and check your emails.

Hush / Planning for Burial / Madeline Darby

Formed in 2012 and currently hailing from Hudson, NY, HUSH play a minimalistic and raw form of atmospheric doom metal that has been hailed as expansive and thematically complex while also producing sonic textures that bathe the listener in waves of crushing darkness. In a live setting, the band is known for its towers of amplifiers and kinetic performances that are uninterrupted by breaks between songs or audience interaction. In a live setting, the experience of the band's music is often described as ritualistic, trancelike, and immersive. The band has produced two LPs (2014's Unexisted and 2018's Untitled II) as well as a 12" EP (2016's Nihil Unbound) and is poised to release their fourth effort on June 24, 2022, an LP titled The Pornography of Ruin. The record marks a shift in the band's sound that favors intense dynamic shifts, sorrowful and plaintive atmospherics, and forays into more experimental soundscapes. The brainchild of American songwriter and multi-instrumentalist Thom Wasluck, Planning for Burial's gloomy experimental metal borrows from shoegaze, goth, and alt-rock as well as doom, drone, and black metal. A one-man band (both in the studio and live), Wasluck began operating under the pseudonym in 2005, releasing the first in a string of downcast LPs and splits pairing the ominous black shoegaze of Jesu with the doomy and obsessive industrial metal of Fragile-era Nine Inch Nails. Come join us July 8th at 8 p.m. only at The Avalon Lounge 29 Church St. Catskill.

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City. Murder, mayhem and coming of age behind the wheel of an auctioned off cop car. Come join us July 9th at 7 p.m. only at The Avalon Lounge 29 Church St. Catskill.

Grace Bartow

Grace Bartow is a local singer, songwriter, and guitarist from Upstate NY. She has been playing guitar for eight years, singing for 16, and started playing out locally around the age of 15. Her variety of music includes pop, jazz, classic rock, folk, and so much more. Catch the show July 6th at 5 p.m. only at Brown's Wal-

loomsac Taproom & Brewery, 50 Factory Hill Road North Hoosick.

Moose Crossing

Moose Crossing brings energetic jazz fused with popular music and is the go-to band for the jazz connoisseur and contemporary pop listener alike. Performing youthful takes on classics from Duke Ellington, Frank Sinatra, Miles Davis and John Coltrane, as well as funk music alongside contemporary takes on tunes from Dua Lipa, Doja Cat, The Doors, Bruno Mars, Michael Jackson, and The Beatles. Catch the show July

8th at 6 p.m. only at Brown's Walloomsac Taproom & Brewery, 50 Factory Hill Road North Hoosick.

Kaleta & Super Yamba Band

Brooklyn's Kaleta & Super Yamba Band are fronted by Afrobeat and Juju veteran Leon Ligan-Majek a.k.a. Kaleta. The singer/guitarist from the West African country of Benin Republic lived his adolescent life in Lagos, Nigeria where Afrobeat was born. Kaleta's guitar chops earned him decades of touring and recording with Fela Kuti, King Sunny Ade, Lauryn Hill and more. Kaleta got

his start in the late 70s performing in church and was soon after picked up by iconic Juju master and world music pioneer King Sunny Ade. A few years later Fela Kuti came calling. Kaleta would go on to tour the world playing guitar for the King of Afrobeat in his storied band Egypt 80 through the 1980s and into the 1990s. Catch the show July 7th at 7 p.m. only at Caffe Lena 47 Phila Street Saratoga Springs.

Alex Bechtel's 'Penelope' performed by Grace McLean

At the beginning of the pandemic,

forced to quarantine in separate cities from his romantic partner, Alex Bechtel began to write music from the point of view of Penelope, Odysseus' wife in Homer's "Odyssey". Conceived as an album, and now expanded into a soaring work of concert theatre, this unique and captivating musical is led by Grace McLean (Natasha, Pierre and the Great Comet of 1812, In the Green) who plays the title role of Penelope with stunning vocals and stirring pathos. Alex Bechtel (composer) is the creator/composer of numerous plays and musicals, most

recently "The Appointment" with Lightning Rod Special. Named Best of 2019 by The New York Times, TimeOut NY, and Vulture, "The Appointment" received Critic's Pick reviews in the New York Times and TimeOut NY, and five Barrymore Award nominations for its Philadelphia run. He is a company member of Lightning Rod Special. Catch the show July 8th at 7 p.m. only at Caffe Lena 47 Phila Street Saratoga Springs.

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ALBUM REVIEW

The McKrells' 'Still Pickin'

By LUCAS GARRETT
nippertown.com

SARATOGA SPRINGS – With their latest release, *Still Pickin'*, The McKrells continue to show just how much moxie they contain. Featuring a menagerie of talent that mainly sticks within the confines of bluegrass, each song is packed with a keen sense of songwriting know-how and virtuosity that's hard to debate. Though the timbre of Kevin McKrell's voice clearly demonstrates a long and storied history, it is more commanding than ever, proving the songwriter still has lots to offer, and lots to say.

The album begins with

"Sunshine," a song that features a nice cappella intro. With great banjo underpinnings, alongside a brilliantly performed fiddle, the song quickly serves to outline an album rich in classic bluegrass tones. The vocal is extremely well-defined and out in front of the mix, and the harmonies are a nice touch, but it'd be a great song without them. The song hints at the standard tune, "You Are My Sunshine," throughout entire the piece, and finally goes full-bore into that reference as a way of ending the track.

Speaking of banjo, "Always," the second track, has an extremely rollicking banjo intro, supported by guitar, bass, and percussion. Once again, the vocals sit nicely within the context of the tune, seemingly floating throughout the entire piece. The guitar interlude is

fantastic, soon followed by some great finesse on the fiddle (an alliteration that I assure you was but a happy accident on this listener's part). The interplay between the soloing instruments is just fantastic.

The band shows its ability to change pace within the album on the following track. "Big Old Broken Heart" begins with a gentle fiddle intro, and overall the track is slightly slower than the last two tunes. The fiddle seems to fill in more of the song's "pockets" or spaces, but after the first chorus, we are greeted by nice interplay between guitar and mandolin. This is a welcome switch-up of soloing instrumentation, and yet another nice arrangement touch exists after the second chorus: the fiddle and guitar solo this time, rather than mandolin. Then, one

quick spoken word verse happens before the final chorus appears, thus ending the song.

While the majority of this record remains within the bluegrass genre, there are some instances where the flow of the music drifts ever-so-slightly into singer-songwriter territory. This is especially the case for "You And Me," and "A Song And A Prayer," tracks four and seven, respectively. The latter tune, in this listener's ears, really shines forward. Throughout the piece, the arrangement seems to continually build. The song has a definite Celtic style that helps outline the meandering – but never too much so – waltz. After the first stanza, the fiddle joins in, and by the third stanza, harmonies join in. The continual buildup of the song's arrangement is a very nice touch.

Halfway through, the fiddle and guitar solo over the song's chord progression before the vocal comes back in, this time without harmony. After the harmonies come back in for final stanza, the song ends by repeating the last line, commonly referred to as the "tag."

There are some real unexpected auditory nuggets in this album. Throughout *Still Pickin'*, the strong tenor of Kevin McKrell remains triumphant. With the instrumentation staying solid from start-to-finish, provided by Peter Pashoukos on guitar, Arlin Greene on bass, Frank Orsini on fiddle, Scott Hopkins on banjo, and Brian Melick on percussion, the entire record is a pleasure to hear. Fans of bluegrass are sure to quickly fall in love with this one!

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7	9	1	5	6	2	3	4	8
6	5	2	3	8	4	9	7	1
4	3	8	9	7	1	6	2	5
9	8	4	6	2	7	1	5	3
2	1	6	4	3	5	7	8	9
3	7	5	8	1	9	4	6	2
1	6	3	2	4	8	5	9	7
8	4	9	7	5	3	2	1	6
5	2	7	1	9	6	8	3	4

Super Crossword Answers

E	A	S	E	E	M	B	A	L	M								
A	P	P	R	E	C	I	A	T	I	O	N						
R	E	U	N	I	O	N	E	A	S	I	E	R					
S	E	E	R	S				O	S	P	R	E	E	Y			
				E	P	I				A	G	E	E				
					E	D	D	A	S	S	O	D	A				
					M	C		E	G	O	S	T	S	H			
					M	I	A		E	D	P						
I	D	S		E	E	L	S		A	F							
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A	L	A	E						M	I	D						
M	E	L	L	O	W				T	I	A	R	A				
A	D	A	G	I	O				N	I	A	G	A	R	A		
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Inside

Parents

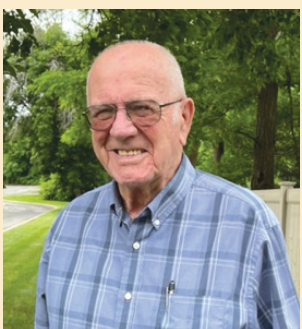


Find help with child care costs

Resources for working parents who are feeling the pinch.

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Seniors



Retiree put in a hard day's work

Former dairy farmer recalls his days on the farm.

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CAPITAL DISTRICT **FamilyNow** Vol. 3, #7 | JULY 2022
 cdFamilyNow.com GENERATIONS TOGETHER

Family feast

Just add FIRE

Summertime and grilling go hand in hand

Memorial Day may be the unofficial kickoff to grilling season, but things don't really heat up until July when balmy evenings beckon families and friends outside to cook and enjoy their meals al fresco.

Everyone seems to have their own opinion about grilling techniques and tools, but most will agree that cooking food over an open flame produces unique flavors that simply can't be replicated.

Sure, you can always just throw your burger on a grill over some flaming briquettes, but the following grilling techniques can help bring out those flavors in different ways.



Grillmasters often try a number of strategies to improve the flavor profile of their favorite grilled dishes.

Smoking: Smoking is a technique that is growing in popularity, as products such as the Big Green Egg inspire more people to smoke their foods. It involves cooking foods in closed chambers at low temperatures. Smoking is not the quickest way to whip up

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CAPITAL DISTRICT **FamilyNow** GENERATIONS TOGETHER

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Silly and sweet stories for summer



'Berry Song'

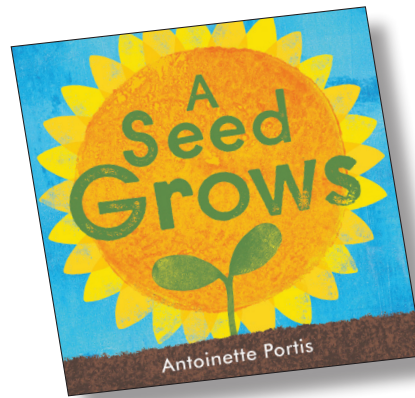
By Michaela Goode

On an island at the edge of a wide, wild sea, a girl and her grandmother gather gifts from the earth. Salmon from the stream, herring eggs from the ocean, and in the forest, a world of berries. Through the seasons, they sing to the land as the land sings to them. Brimming with joy and gratitude, in every step of their journey, they forge a deeper kinship with both the earth and the generations that came before, joining in the song that connects us all. *Little, Brown Books for Young Readers*

'My Shadow is Purple'

By Scott Stuart

This is a heart warming and inspiring story about being true to yourself. This is a book about moving beyond gender binary. "My Dad has a shadow that's blue as a berry, and my Mum's is as pink as a blossoming cherry. There's only those choices, a 2 or a 1. But mine is quite different, it's both and it's none." *Larrikin House*



'A Seed Grows'

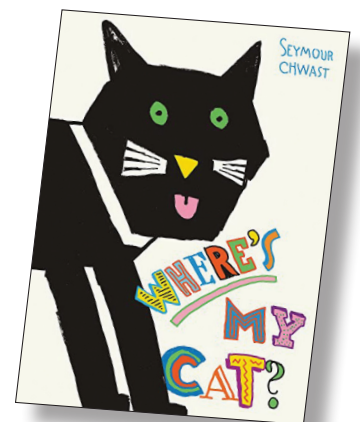
By Antoinette Portis

To understand how a seed becomes a sunflower, you have to peek beneath the soil and wait patiently as winding roots grow, a stalk inches out of the earth, and new seeds emerge among blooming petals. With evocative and lively illustrations, this story offers a close-up view of each step of this process and the ways in which flowers and seeds depend on other creatures. *Neal Porter Books*

'Where's My Cat'

By Seymour Chwast

Is that a table or a cow? You won't believe your eyes as this humorous guessing game and visual puzzle transforms a simple object into something completely different. Each delightfully drawn initial image is revealed, after a page turn, to be part of a larger or more elaborate thing. The objects become both more complex and sillier – ball and toaster? *mineditionUS*



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Editor's note:

The silver lining of an empty nest

Come fall, I will officially be an empty nester. My youngest graduated last month and will be heading off to college on a new adventure, just as her sister did last year.

I've read all kinds of articles about how I'm going to feel lost and sad when my children take their first steps into adulthood and out of the family home. But for me, it feels good. I am so proud of both my children, and I am awed at how far they've come.



Of course, I'm going to miss them come fall, but I know we will be in touch whenever they (or I) need a little Facetime. And judging from the plans we already have together this summer, we will be able to make up for lost time when the finals are done.

And I'll admit it. The quiet around the house will be kind of nice too. Their dad and I worked very hard to get them where they are, and we'll be happy to enjoy a little "us time" again.

Thanks for reading Family Now! Check out our articles and more at www.cdfamilynow.com and mail your story ideas and pictures to *Capital District Family Now*, P.O. Box 100, Delmar, NY 12054, or e-mail me at robertsk@spotlightnews.com.

Kristen Roberts
Editor, *Capital District Family Now*

■ Fire

continued from Page 1

a meal – ever heard the phrase “low and slow?” – but it will give your dish a rich, smoky flavor. You can smoke all kinds of proteins, and even cheese, tofu or vegetables will get a flavor boost from this technique.

Spit roasting: Also known as rotisserie grilling, spit roasting may call to mind pig roasts in which food placed in a chamber with a rotating, often motorized spit. Indirect heat is used to cook the foods placed on the spit or skewer, and spit roasting is often a go-to method for cooking whole birds or ribs. The bigger the setup, the more mouths you can feed at once.

Indirect grilling: When employing this technique to grill foods, cooks will not place their foods over a direct heat source, such as an open flame. Instead, the foods are placed in a chamber away from the heat source before the lid is closed. The lid will remain closed while the food cooks, which can take a long time. Some people prefer indirect grilling because it tends to produce



There are ways to enjoy grilling without compromising a nutritious diet.

foods that are well-cooked on the inside but do not have the charred exterior that foods grilled by other means may have.

Plank grilling: Popular among people who like to grill fish, plank grilling involves putting food on top of a plank of wood and then placing the plank over a direct heat source. In addition to the flavor imparted to the food from the heat source, such as charcoal, the plank itself can add its own unique flavor. Though fish is perhaps the food most widely associated with plank grilling, this technique is also a great way to grill vegetables.

Got the basics down? Then take your backyard barbecue to the next level with some of these tips.

Add some wood. Wood is often used to add some extra flavor when smoking foods, but it also can add flavor when grilling in a more traditional way. Wood chips can be soaked in water or even wine or beer so they don't burn so quickly. Wood chunks or logs will burn slower than chips, so there's no need to soak them. Wood imparts a unique flavor to grilled foods, making meals even more delicious.

Apply a dry rub to the food. Dry rubs are made from

dry ingredients like herbs and spices. Dry rubs don't penetrate the meat too deeply, which means they don't need much time to add flavor. If you're looking to cut sodium, you can make a salt-free rub with chili powder, garlic powder, paprika and other spices for a healthier alternative.

Bring meat to room temperature prior to putting it on the grill. Meat that goes directly from the refrigerator to the grill is likely to cook unevenly, which can affect the overall flavor of the meal. This issue is easily overcome by taking the meat out of the fridge about 20 to 30 minutes before putting it on the grill. Doing so lets the meat reach room temperature and increases the likelihood it will cook evenly.

Grill more vegetables. Grilled vegetables, whether they're part of kebabs or simply grilled alongside the main course, add significant flavor and provide all the health benefits of veggies cooked in more traditional ways. Coating vegetables in a healthy oil like olive oil makes it easy to grill them directly over an open flame without sticking

Mojito Fish Steaks

Makes 4 servings

4 firm-fleshed fish steaks, such as salmon, swordfish, kingfish, or sable, each 6 to 8 ounces, about 3/4-inch thick

2 tablespoons olive oil, plus more for brushing

Sea salt and freshly ground black pepper

For the Mojito Mop:

3 tablespoons light rum

Juice and finely grated zest of one large lime
1 tablespoon canola oil

1 teaspoon hot-pepper sauce

1 tablespoon sugar

4 tablespoons chopped fresh mint leaves

Light a grill for indirect low heat, about 200 F. If using a charcoal grill, build a small charcoal fire at one end of the grill. If using a gas grill, set a burner at one end of the

grill to medium-low. Put the grill grate on the grill and clean the grill grate with a wire brush.

Coat the fish steaks with 2 tablespoons olive oil and season with salt and pepper. Set aside for 5 minutes.

Meanwhile, make the mop: In a small bowl, stir together the rum, lime juice, canola oil, hot-pepper sauce, sugar and 3 tablespoons of the mint leaves.

Brush the grill grate with olive oil. Put the fish on the grill away from the heat, spoon 1 tablespoon of the mop over each fish steak, cover the grill, and cook until the fish steaks flake to gentle pressure, about 1 hour, basting with mop about every 5 minutes.

Serve each fish steak scattered with the remaining chopped mint and the lime zest.

From Andrew Schloss' "Cooking Slow: Recipes for Slowing Down and Cooking More" (Chronicle Books).



Nothing says summer like a cookout on a warm evening with friends and family.

CAPITAL DISTRICT
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GENERATIONS TOGETHER

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Desensitized to violence

With mass shootings happening more frequently, one mom worries about it hitting closer to home

I have been thinking a lot about recent events and gun violence. I keep thinking about how it makes me feel as a mom. Who can think about school, children and guns without going into a very dark place? I know the feeling of sending my children to school and hoping they have a good day. There have been times that I did not want to send them because I did not have faith they would come home in one piece. I have lost my faith in the systems that are supposed to keep children safe. For some reason, the violence

by
Jennifer Steuer

feels never ending. Teachers and students are dying in a place that is supposed to be safe.

The first time I heard about a school shooting was the massacre at Columbine High School in 1999. I was sitting in my favorite chair feeding my son who had been born 10 days earlier. I was watching my 2-year-old play with his big red Teletubby on the floor. My sons were only a handful of years away from starting school and at least a decade from high school. I watched and cried as the children on the screen ran from the building in absolute terror. I wept as I thought of the



children who were never going home, never sleeping in their beds and never applying for college. Tears fell onto my son as he lay in my arms.

The thought of sending my children to school back then caused me a little anxiety. I was more preoccupied with the little things, like would the kids eat

lunch or make friends. I didn't worry that my children would be killed at school by a shooter with an automatic weapon. Elementary schools were safe! There was no reason to think that little kids would be targets. There was no reason to believe that there would be any more senseless violence in a school. As

the mom of two little kids, I never thought there was going to be another school shooting ... until there was one, then another and another.

In 2006, just over a year after I married Harlan, a man entered an Amish school after

If often feels like we are watching helplessly as there seems to be no end to the increasing violence in our children's schools.

Continued on Page 6


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GENERATIONS TOGETHER



How to prepare for college

Stay on top of your to-do list with a little organization

If you've just graduated from high school, you may be overwhelmed with all there is to do this summer you go off to college. It may seem intimidating, but with a little organization you can feel relaxed as you check items off your list. Below are some tips to get you ready for your freshman year.

Send your final transcript

Many colleges require that you send your final high school transcript. If your school is one of those, get it done early, so it's out of the way.

Complete your financial aid

If you're using FAFSA, you may have additional training to complete. Be sure to check on this so your financial aid is not held up.

Prepare a packing list and shop early

Make a long list of what you will need. You can always cut back, but starting with an extensive list means you won't leave anything out. Once you have made your final list put it into a checklist form. This will help you easily keep track of what you have and what you need.

Start shopping now. In a normal summer, some college items, like those extra-long twin sheets, may be hard to find. This year, you may find it even more difficult to find the essentials you need.

Reach out to your roommate

Use the summer to get to know your future roommate. Even if it's just texting or email, get in touch early. It



Prepare a packing list and shop early, especially for hard-to-find items that might be more limited the closer you get to fall.

will make the first few days much easier if you know what to expect. Hopefully you and your new roommate will become friends, and if that is the case, you'll have an ally to lean on during the first few weeks.

together. This will help save some space if you're in a tiny dorm room.

Create a budget

It's easy to get carried away with

You can also plan what to bring

Continued on Page 6



by
**Vanessa
Banks**



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Triple Threat

continued from Page 4

the children were at recess and shot 10 girls ages 6-10. The outrage was felt across the country once again. Mental health issues seemed to be at the root of the shooter's actions, because what had this community or little girls possibly done to offend this person?

On Dec. 14, 2012, the news about Sandy Hook Elementary School broke just before it was time to pick up Olivia, Benjamin and Rebecca from the pre-kindergarten across the street. In Newtown, Conn., 20 children ages 6-7 were murdered. I kept thinking about what in the world could possess a person to murder children. Once again, mental illness and access to guns were blamed. In no way could I even imagine what the families were going through. The 10-year anniversary is only a few months away. The grief will never end.

The definition of a "mass shooting" varies. The consensus seems to be that there are three or more victims (not including the shooter) in a single incident (not including the killing of a family) and with very little time between victims being hurt or killed. The definition is subject to interpretation. The overall theme is not: Children are being murdered as they sit in classrooms, in the library or the cafeteria.

On May 24, there was another shooting at an elementary school. Uvalde, Texas, is now part of the tragic history of gun violence in our country. Nineteen children were murdered. Two

teachers were murdered. There was no way to put a positive spin on the information that assaulted us following the killings. We tuned out the platitudes. We tuned out the politicians and vitriol. We tuned into the pain and the absolute debilitating grief. I tuned out the phrase that seems to fall out of the mouths of everyone every single time that children are killed: "Our thoughts and prayers are with the families." I don't want to hear this ever again.

Benjamin, Rebecca and Olivia see the news and the newspapers. They hear about other classes being in lockdown or cancelled due to threats of violence. Even their own school has had issues with violence among students. Raising kids right now is harder than it has ever been. I struggle with the anxiety every single time they leave the house. I struggle with wanting them to have more independence and being overwhelmed by the anxiety that they could be hurt or murdered.

I have had many conversations with the kids about what they are feeling. Over the past few years, I've seen some changes in my kids. These days, they are kind of blasé about the violence. In my opinion, it's a defense mechanism. Rebecca told me that it was just a matter of time before it happens in Albany. Just a matter of time?

But is she wrong?

Jennifer Steuer is an Albany mom whose busy household includes her husband, Harlan, and 14-year-old triplets Olivia, Benjamin and Rebecca. Follow her on Instagram: [jennifersteuer](https://www.instagram.com/jennifersteuer).

Learning Center

continued from Page 5

spending money in college. You'll have some new found freedom and want to enjoy it. Make sure you don't splurge too much. Budget for the essentials, like food, toiletries, gas, or public transportation. Have an open conversation with your parents or caregiver about what they are willing to help with and what their expectations are of you.

Network early

Social media is such a great tool when you're moving to a new place. Find school community groups and other freshman. If you're not already on LinkedIn, create an account now. This will also help you down the road when looking for a job.

If your school offers orientations, be sure to attend them! Familiarize yourself with campus and meet people. Check out what clubs and sports are offered. Contact them to get more information or see if they will be at orientation on move-in day. The more

people you meet before school begins the less stressful it will be once you get there.

Prepare for classes

Download time-management and study apps. College life can be overwhelming your freshman year. There are apps for time-monitoring, note taking, citation assistance, collaborative learning apps, and more.

Show initiative by reaching out to your professors. Forming a relationship with them now may make them more likely to help later in the semester if you need it.

Keep an eye on your student portal. This tip is often missed but very important. This may also give you the opportunity to go over your syllabi. Take this as an opportunity to get ahead. You'll be surprised how quickly things can pile up so stay ahead of it.

Vanessa Banks is Co-Founder of Kernel Creative Media and the marketing strategist for Sylvan Learning of Clifton Park and Albany. For more information, visit [SylvanLearning.com](https://www.SylvanLearning.com).

Paying for child care

Look into the many options that might help reduce costs

The information below is provided by Brightside Up, a local child care resource and referral agency dedicated to providing expert resources to the Capital Region in order to improve the availability and quality of child care and to assist families in finding child care. Visit www.brightsideup.org for more information.

There are a lot of factors to consider when planning your family budget. Paying for child care is one of the biggest expenses working families face. Along with food, rent, utilities and other necessities that have to be paid every month; you have a weekly child care payment to handle. If you have children or plan on starting a family, you know how important child care is—not only for your child's development but for the management of your finances.

There's no doubt that paying for child care is expensive, but there are ways to get help while still providing your children with a safe, nurturing,



Child care expenses take up a significant portion of a family's budget. It's important to know of the resources available that can help.

and developmentally stimulating experience. Here are some ways to seek help with the cost of child care:

WDI subsidies

The Workforce Development Insti-

tute child care subsidy is one of the best options for help with paying for child care right now. Many families struggle with the high cost of quality child care even when they are working full-time or nearly full-time. WDI's Child Care Subsidy Facilitated Enrollment Program helps eligible working families apply for financial assistance. WDI staff are available to answer questions and guide families through the application process. More families than ever are now eligible. To see if you might be, visit www.brightsideup.org/news/new-subsidy-eligibility-rates-from-wdi. For more information, contact your local WDI office in Albany, Rensselaer, Saratoga or Schenectady Counties, e-mail capitalchildcare@wdiny.org or call (518) 272-3530.

Child and dependent care tax credit

If you paid someone to care for a child or a dependent so you could

Continued on Page 9

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In an effort to adapt to significant changes in printing and distribution costs **Capital District Family Now** is now printed in a slightly larger tabloid format, (returning to its original size when we started publishing news about the family 25 years ago). This newer size brings more opportunities to add content and grow.

Even better, **Family Now** is automatically mailed to 14,000 homes in the Capital District on the first

Wednesday of every month in addition to 12,000 at pick up locations. We are doing this by including it within our **Spotlight News & Spot 518** products. This increase in circulation means even more eyes on our publication for both our advertisers and our readers.

We will continue to showcase family activities and monthly calendar events as we always have, along with our great columns and features.

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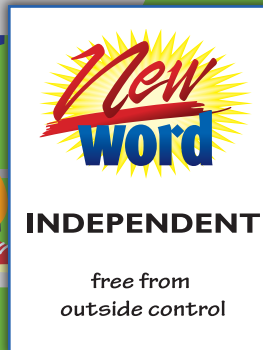
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FIREWORKS WORD FIND

Find the words hidden in the puzzle.

X	T	B	C	T	T	H	D	B	N	P	G
X	S	X	E	S	E	I	A	D	K	N	J
B	A	E	R	A	S	K	J	M	I	A	Q
E	L	U	U	P	U	U	C	N	J	F	H
C	B	H	L	X	D	T	I	O	W	H	C
P	H	A	Y	S	G	A	I	Q	R	B	O
B	Y	N	D	C	T	F	U	F	B	M	L
H	N	E	R	R	K	I	U	O	U	I	O
F	I	R	E	W	O	R	K	S	D	L	R
M	N	T	N	O	I	S	E	N	E	S	F
T	N	H	C	S	K	R	A	P	S	K	U
E	U	F	I	V	K	H	R	L	W	Y	L

BEAUTIFUL	COLORFUL	FIREWORKS	ROCKET
BLAST	DISPLAY	FUSE	SKY
BURST	ENTERTAINING	NOISE	SPARKS



Coloring Fun



How they SAY that in...

- ENGLISH:** Country
- SPANISH:** País
- ITALIAN:** Paese
- FRENCH:** Pays
- GERMAN:** Land

Did you know?

FIREWORKS TYPICALLY ARE PART OF CELEBRATIONS FOR CANADA DAY AND AMERICAN INDEPENDENCE DAY (FOURTH OF JULY).



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: AMERICAN AND CANADIAN FLAGS

Family finance

continued from Page 7

work, you may be able to reduce your tax by claiming the credit for child and dependent care expenses on your federal income tax return, according to the IRS. This credit is available to people who, in order to work or to look for work, have to pay for child care services for dependents under age 13. The credit is also available if you paid for care of a spouse or a dependent of any age who is physically or mentally incapable of self-care.

The credit is a percentage, based on your adjusted gross income, of the amount of work-related child and dependent care expenses you paid to a care provider. The credit can range from 20 to 35 percent of your qualifying expenses, depending upon your income.

For more information visit the IRS website: www.irs.gov.

Earned income tax credit

The Federal and State Earned Income Tax Credits are refundable tax benefits for working people with low or moderate incomes. They have several important purposes: to reduce the tax

burden on these workers, to supplement wages, and to make work more attractive than welfare

Workers who qualify for the EITC and file Federal and State tax returns can get back some or all of the income tax that was withheld during the year. They may also get extra cash back from the IRS and from New York State if their EITC is higher than the taxes they owe. For more information, visit the New York State Office of Temporary and Disability Assistance website, call the IRS toll free at (800) 829-1040 or call New York State Taxpayer Information at (800) 225-5829.

Department of Social Services financial aid

Working parents with incomes at or below these 2021 guidelines may qualify for assistance through their local Department of Social Services

To find out if you may be eligible for help in paying for child care, please contact your local Department of Social Services

Employer programs

Additional help with child care costs may be available through your em-

ployer. Inquire in your human resources or finance office to find out if any of the following benefits may be available.

Dependent care spending account: Money is set aside from an employee's gross salary into a nontaxable spending account to pay for child care. Neither the employer nor the employee pays taxes on the amount of salary reduced for child care. The employee is thus able to pay for child care expenses with tax free dollars.

Flexible spending plans: Also called a "cafeteria plan," these programs allow employers to offer a range of benefits. Employees choose from a menu of benefits and customize their benefits package. For example, some employee may have health insurance provided by a spouse's employer and may choose a child care benefit instead.

Child care vouchers or reimbursements: An employer may offer workers a child care allowance or subsidy that families can use toward a child care arrangement of their choice.

Additional support

Below are some additional financial assistance programs for child care fees may be available to families.

Sliding fee scale: Fees for this scale are based on income standards set at the program.

Fees negotiable: The program may be willing to negotiate fees on an individual basis.

Scholarships: The program may offer its own scholarship program or will accept scholarship funds.

Multi-child discounts: Programs occasionally offer a fee reduction to parents with more than one child enrolled in care.

Parents are encouraged to inquire about these services at their current child care program, or call Brightside Up for referrals to programs that offer these supports.

Other opportunities

Additional health and human services programs are available such as food stamps, temporary assistance, HEAP and WIC.

Visit myBenefits.ny.gov to learn more about the many programs available, to prescreen for the programs to see what you may be eligible for and, to apply on-line for the Food Stamp Program.

There's no doubt that paying for child care is expensive, but there are ways to get help while still providing your children with a safe, nurturing, and developmentally stimulating experience.



Summer City
in the
Free Family Movies



Changing lives every day.

<p>JULY 12</p> 	<p>JULY 19</p> 	<p>JULY 26</p> 	<p>AUG 2</p> 
<p>AUG 9</p> 	<p>AUG 16</p> 	<p>AUG 23</p> 	<p>AUG 30</p> 

FREE POPCORN FOR CHILDREN UNDER 12!







DOORS NOON • MOVIE 1:00PM




FREE TICKETS: PALACEALBANY.ORG • 19 CLINTON AVE. ALBANY

117156_4

July

6 Wednesday

Teen Time: Minute to Win It

Join us on the Library's Back Lawn to compete in silly challenges and win bragging rights, 2 p.m. For teens entering grades 6-12. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Tai Chi

Join us as we learn an ancient Chinese tradition consisting of slow, graceful and rhythmic movements, 9:30 a.m. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

7 Thursday

Tiny House Craft

Craft a little house for play or display, 1 p.m. For ages 5 and up, 1 p.m. Cost is \$10.70. The Wonder Room, 896 Saratoga Road, Ballston Lake. For more information or to sign up, call (518) 602-0237 or visit www.thewonderroomschool.com.

Nature Arts Hours at Camp Saratoga

Each Thursday will feature a different and creative nature-themed arts project. Activities are TBA but will include sun prints, natural tie-dye, seed medallions and more, 10:30-11:30 a.m. Please note, there is a craft supply fee of \$3 per participant. Participants should park in Parking Lot #1 located on Scout Road directly across the street from the pavilion. Registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

8 Friday

Get to Know Goodreads

Join us for a crash course in how this website can help you track the books you're reading, have read, and want to read. You can use this website to set yearly reading goals, interact with other readers, read reviews

and check out personalized book recommendations, 10 a.m. This is a virtual program. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Pond Exploration

Discover aquatic wildlife at Deegan Pond, 10:30-11:30 a.m. Participants can use the dip nets that are provided to search for pond life, including frogs, salamanders, tadpoles, crayfish, and aquatic insects. Please park in Parking Lot #1 located on Scout Road, directly across from the pond. Registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

Parachute Play

Songs, games, and fun with a parachute, 10 a.m. For ages 3-5. With an adult. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

9 Saturday

Nature walk at Orra Phelps Preserve

Participants will "See Through the Lens of Orra Phelps" as they learn about the amazing life and accomplishments of this important local figure while discovering the natural history of the land that meant so much to her while she was alive, 10:30 a.m. and 4:30 p.m. Free, but registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

Echoes of Tradition: Artist Demonstration

Also Sunday. Kelly & Tyson Back/Fire Loom Creations, a Mohawk partnership from Akwesasne has turned loom beading, often thought of as a hobbyist pastime, into an impressive body of fine art. Their original creations are worn by community members for dance, graduations, weddings and other significant occasions. Iroquois Museum, 324 Caverns Road, Howes Cave. For more information, call (518) 296-8949 or visit www.iroquoismuseum.org.

Pick of the month



16th Annual Berry Festival

Strawberries, raspberries, blueberries will be served on biscuits or ice cream, 4-6 p.m. A free will donation will be accepted and proceeds will go to the ministries of Good Shepherd and RISSE (Refugee & Immigrant Support Services of Emmaus, Inc.). Good Shepherd Lutheran Church 510 Albany Shaker Road Loudonville. For more information, call (518) 458-1562.



11 Monday

Make-It Monday: Ocean Scape

Create a 3D Ocean Scape with direction from Tarryn Rainis of Tarryn Rainis Design, LLC. Individual artwork will be pieced together and displayed in the Library following the program, 2 p.m. For grades 3-5. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

12 Tuesday

Evenings on the Green: Narrow North

Acoustic trio brings together a diverse mix of Americana, blues, folk and jazz, 7 p.m. This summer concert series are always free through the generous support of the Friends of Bethlehem Public Library. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Zoom Kid's Cooking Class: Pizza

This virtual cooking class will give kids a chance to cook at

home with instruction from Jody Fitz of the Market 32 Kids Cooking Club, 5:30 p.m. For grades 3-8. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Craft & Color for Families

A fun, social gathering for kids and teens and their families! This program is specifically designed with neurodivergent children of all abilities in mind, 2 p.m. Choose between a variety of coloring sheets and crafts. What you do is up to you. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

13 Wednesday

Salt Dough Starfish

Make a starfish out of salt dough, 2 p.m. For families with children in pre-K and up. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Tai Chi

Join us as we learn an ancient Chinese tradition

consisting of slow, graceful and rhythmic movements, 9:30 a.m. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Teen Time: Oversized Outdoor Games

Stop by the Library's Back Lawn to play bigger versions of some favorite games, 2 p.m. For teens entering grades 6-12. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Karner Blue Butterfly Hikes

Look for and learn about the federally endangered Karner blue butterfly who inhabits the meadows of the preserve and park. Walks at noon and 4 p.m. Free, but registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up. 14

Red Cross Blood Drive

Nearly every two seconds someone in the U.S. needs blood. Help boost the regional blood supply by donating, 1-6 p.m. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

14 Thursday

Documentary Film Series: 'Zappa'

An in-depth exploration of Frank Zappa's private life and his rich, often controversial musical career. Featuring unfettered access to the Zappa vault and a deep cache of archival footage, 6:30 p.m. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Nature Arts Hours at Camp Saratoga

Each Thursday will feature a different and creative nature-themed arts project. Activities are TBA but will include sun prints, natural tie-dye, seed medallions and more, 10:30-11:30 a.m. Please note, there is a craft supply fee of \$3 per participant. Participants should park in Parking Lot

#1 located on Scout Road directly across the street from the pavilion. Registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

Mini Art Show

Join us on the Green to create artistic masterpieces to be displayed in the library, 3 p.m. For kids and families. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

15 Friday

Paint a Garden Gnome

Stop by the Green to paint a cute garden gnome, 11 a.m. No registration is required, but space is limited. For kids and families. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Outside Baby Story Time

A special time just for non-walking infants. Join us on the library's back lawn, 10 a.m. Registration is required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Pond Exploration

Discover aquatic wildlife at Deegan Pond, 10:30-11:30 a.m. Participants can use the dip nets that are provided to search for pond life, including frogs, salamanders, tadpoles, crayfish, and aquatic insects. Please park in Parking Lot #1 located on Scout Road, directly across from the pond. Registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

Super Smash Bros. Tournament

Compete against your friends in Super Smash Bros. Ultimate on the Nintendo Switch! Arrive on time to be placed on the double elimination tournament bracket, 2:30 p.m. For grades 6 and up. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more

Continued

information, call 518-439-9314 or visit bethlehempubliclibrary.org.

16 Saturday

Echoes of Tradition: Social Dancers

Watch the Indigenous Spirit Dancers led by Marty Jimerson Jr. from the Seneca Nation of Indians Cattaraugus Territory south of Buffalo perform. Iroquois Museum, 324 Caverns Road, Howes Cave. For more information, call (518) 296-8949 or visit www.iroquoismuseum.org.

Campfire Chats: Native Pollinators

Chats involve discussions of local animal species and what is being done to support these populations, 6 p.m. In addition to the discussion, participants will enjoy hanging out around the fire for cocoa, s'mores, and cookies. Free, but registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

Moonlight Hike

View nature in a new light, or lack thereof, as we walk the trails under the full moon. An unforgettable experience for all ages. The group will cover approximately 1.5 miles of trail, 8:30 p.m. Free, but registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

18 Monday

Teen Sticker Mosaic

Stop by the Teen Place to add stickers to a mosaic art poster. For teens entering grades 6-12. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Make-It Monday: Make Your Own Sundae

Stop by the Library for a sweet treat! Make your own sundae compliments of Stewart's Ice Cream Shop, 2 p.m. For all ages, with an adult. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Introduction to Book Folding

Come learn the art of book folding, the folding of pages to create book sculptures, from Beth Dounane-Oldrich, Delmar resident and the author of "Book Folding for Beginners and Beyond," 3 p.m. Teens and adults welcome. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Ukraine War Mini Panel Discussion

Feeling perplexed about the news of the war in the Ukraine? Broaden your knowledge of this crisis with University at Albany Professors Timothy Sergay and David Rousseau, 6 p.m. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

19 Tuesday

Simple Sewing

Explore some simple stitches and techniques used in hand sewing, 3:30 p.m. We will complete some cute projects and you'll go home with ideas that can easily be replicated on your own. For ages 7 and, 3:30 p.m. Cost is \$32.10. The Wonder Room, 896 Saratoga Road, Ballston Lake. For more information or to sign up, call (518) 602-0237 or visit www.thewonderroomschool.com.

Coral Reef Craft

Learn about coral reefs then make your own light-up coral reef craft using LED tea lights, tissue paper and more, 2 p.m. For families with children in grades K and up. Tweens and teens welcome. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Evenings on the Green: The Lustre Kings

Authentic Rockabilly band with a devoted fan base, 7 p.m. This summer concert series are always free through the generous support of the Friends of Bethlehem Public Library. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Pick of the month



Cornhole fundraiser

The Schenectady Rotary will be holding cornhole tournament to raise money for community grants and scholarships, 11 a.m.-5 p.m. Registration for each two-person team is \$40. The fee includes lunch and a T-shirt. Payouts range from \$80 to \$400. A festive celebration with food, music and fun for all ages. Jerry Burrell Park, Schenectady. To register a team or sign on as a sponsor, visit schenectadyrotary.rotary7190gives.org.



20 Wednesday

Friends of the Pine Bush Community Book Club

Join the Friends for a virtual discussion about the book "Finding the Mother Tree: Discovering the Wisdom of the Forest" by Suzanne Simard, a leading forest ecologist who forever changed how people view trees and their connections to one another and to other living things in the forest, 7 p.m. Visit www.AlbanyPineBush.org/events for a link to join the discussion.

Teen Time: Chalk the Walk

Decorate the trail behind the Library with sidewalk chalk art, 2 p.m. For teens entering grades 6-12. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Tai Chi

Join us as we learn an ancient Chinese tradition consisting of slow, graceful and rhythmic movements, 9:30 a.m. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe

Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Karner Blue Butterfly Hikes

Look for and learn about the federally endangered Karner blue butterfly who inhabits the meadows of the preserve and park. Walks at noon and 4 p.m. Free, but registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.21

21 Thursday

Nature Arts Hours at Camp Saratoga

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(518) 450-0321 for more information or to sign up.

Whatta Watermelon

Celebrate National Watermelon Month! Create your carved watermelon masterpiece at home, then bring it to the library for a chance to show off your vision, 6 p.m. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Family Concert: Big Fez and the Surfatics

Bring a lawn chair or blanket and join us for a concert on the lawn with a four-man group performing classic surf and beach music from the early 1960s and beyond, including The Ventures, Dick Dale and the Del-Tones, The Trashmen, The Chantays, The Surfaris, Duane Eddy, The Beach Boys, Jan and Dean, The Challengers, The Rivieras, and many more, 7 p.m. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

22 Friday

Nature Night Out

Visitors of all ages can enjoy live music while feasting on a meal from food truck vendors, go on a StoryWalk adventure along the trail and learn about the natural and cultural history of the Pine Bush with interactive Discovery Center exhibits, 7:30 p.m. Free. Albany Pine Bush Discovery Center, 195 New Karner Road. For more information, visit www.albanypinebush.org or call (518) 456-0655.

23 Saturday

Echoes of Tradition: Artist Demonstration

Anita Ferguson from Tuscarora Nation is well known for her velvet and beadwork collars and cuffs, and traditional outfits. Iroquois Museum, 324 Caverns Road, Howes Cave. For more information, call (518) 296-8949 or visit www.iroquoismuseum.org.

'The Age of Worry' with Dr. Steve Sandler

The author will discuss the novel as it developed from

insights gained in his practice of psychotherapy. There will be a reading of selected passages from the book, followed by a Q&A session and book signing, 2 p.m. Teens and adults welcome. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Yoga and Ice Pops

Join Vicki Brignati as she leads us through some special Summer Reading-themed yoga poses, 10 a.m. Cool off afterwards with a refreshing ice pop. For ages 5 and up, with an adult. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

25 Monday

DIY Eco-Friendly Food Wraps

Learn how to make reusable food covers to replace your plastic wrap, as well as other helpful eco-friendly techniques for covering foods, 6 p.m. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Make-It Monday: Under the Sea Diorama

Bring a shoebox and use our supplies to transform it into a fantastic Under the Sea Diorama! Learn about ocean habitats and explore what life is like for creatures of the sea, 2 p.m. For grades 3-5. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

26 Tuesday

Evenings on the Green: Musicats

A swinging and fun night of traditional jazz tunes, 7 p.m. This summer concert series are always free through the generous support of the Friends of Bethlehem Public Library. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Continued on Page 13



Brain Teasers Answers are on page 18.

BRAIN TEASERS

OUTDOOR FEAST WORD SEARCH

C L K V H I L C G H E N A P O R P I G M
 W I T O E B L A T C E R I D G U H K V G
 D H G G A U T A O L L D S H P D W V S C
 E Y M L T R S V V C E T A R G V E G T H
 K R A D U G B O T W R N K L M S N S E I
 N C U V U E H R M R T A H T O O E N A C
 N M N T S R Y O D G O R H S T L D A K K
 T V P K A S N R O P F H C C B T N F R E
 I G N A D R A G G K M C E A W L D W W N
 D L P T M Y E S R O O D T U O Y O Y S P
 G E R F K D Y P F V G E S G Y O M P V W
 M N U C U R S I M L G V M E D K A B K C
 F D A C F R E P G E I E M N A T M I W U
 I B A C E W F K V L T P A O U F A D A E
 E E G V B B N L O A K L U L M E O L C V
 W C V K A N R F O M W S A S T K L O M I
 Y I A A S A F A G W S L F O T E B D D T
 A B P P T S A B B T H S V W M B R W N S
 E S G W E K P S Y N I A T R E T N E U E
 U U C L O U L L I R G C V L N Y O L U F

BACKYARD CHARCOAL FESTIVE HEAT SEAR TEMPERATURE
 BARBECUE CHICKEN FLIP OUTDOORS SMOKER TONGS
 BASTE DIRECT GRATE PROPANE SPATULA VEGETABLES
 BURGERS ENTERTAIN GRILL SEAFOOD STEAK WOOD

CRYPTO FUN

Solve the code to discover words related to **BURGERS**.
 Each number corresponds to a letter. (Hint: 24 = o)

A. 1 23 13 10 16 12 3 7 12

Clue: Meat sandwich

B. 6 24 17 17 20 25 3

Clue: Burger addition

C. 10 16 25

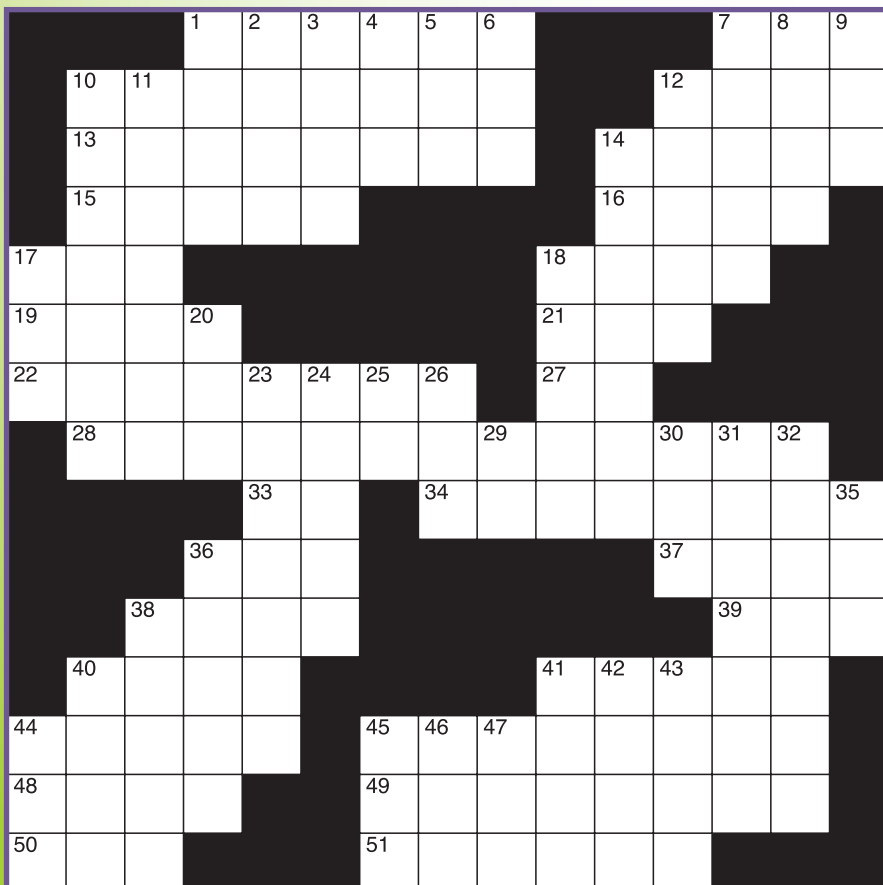
Clue: Type of bread

D. 19 24 24 4

Clue: Sustenance



FAMILY NOW CROSSWORD



CLUES ACROSS

- African nation
- ___ fi (slang)
- Not arranged according to size
- A demand for a show of hands in a card game
- Having a play of lustrous rainbowlike colors
- Panama has one
- Taking legal action
- Top of the body
- Part of (abbr.)
- Soul and calypso song
- Murres
- Irish river
- Accepts as true
- The Bay State
- 1950s Hollywood icon
- Blood type
- In a way, became lost
- Large primate
- A spongelike cake leavened with yeast
- Mama ___, folk singer
- Visual metaphor (computers)
- Small group of people
- Pulitzer-winning scientist
- Unique S. American mammal

- Energy, style and enthusiasm
- One who works for you
- Snakelike fish
- Consumers

CLUES DOWN

- Cylindrical sacs
- Extinct North Germanic language
- Late rocker Allman
- Word element meaning ear
- Amino acid (abbr.)
- Promotions
- Actress Lathan
- Clothed
- Unwell
- Loosen
- Cephalopod mollusks
- ___ at Obdurata: Harmful papal bull
- Musical composition
- Irish bar
- Greek island
- Afflict
- Goes by
- Ambience
- Video game manufacturer
- Surplus Marketing Administration
- Football position
- Electronic musical style (abbr.)
- Furniture with open shelves
- Clouds of gas in outer space
- Indian midwife
- Packers' signal caller
- Secret political clique
- Cry weakly
- Gomer ___, marine
- Academic Bill of Rights
- Negatives
- Hip hop icon Kool Moe ___
- Soul singer ___ Lo
- Doctors' group
- Parts per thousand (abbr.)



26 Tuesday (cont.) Simple Sewing

Explore some simple stitches and techniques used in hand sewing, 3:30 p.m. We will complete some cute projects and you'll go home with ideas that can easily be replicated on your own. For ages 7 and, 3:30 p.m. Cost is \$32.10. The Wonder Room, 896 Saratoga Road, Ballston Lake. For more information or to sign up, call (518) 602-0237 or visit www.thewonderroomschool.com.

Fire Safety Story Time

Learn about fire safety and get a chance to check out a real fire truck, 10 a.m. For all ages, with an adult. Clifton

Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Jigsaw Puzzle Challenge

A two-hour Jigsaw Puzzle competition to see which team can complete a 500-piece puzzle the fastest. Library provides puzzles and prizes, 6 p.m. Registration is required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

27 Wednesday Teen Time: Sand Art

Create beautiful art in a bottle! Registration is required due to limited supplies, 2 p.m. For teens entering grades 6-12.

Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Tai Chi

Join us as we learn an ancient Chinese tradition consisting of slow, graceful and rhythmic movements, 9:30 a.m. Registration required. Clifton Park-Halfmoon Public

Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org.

Karner Blue Butterfly Hikes

Look for and learn about the federally endangered Karner blue butterfly who inhabits the meadows of the preserve and park. Walks at noon and 4 p.m. Free, but registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

Extreme Bicycle Makeover

Join us on the Library Green with your bike or scooter to add some bells, lights or noisemakers to your ride, 2 p.m. Supplies and tools provided. For pre-K to grade 5. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

28 Thursday

Ozobots: Code with Markers

Play with our classroom set of Ozobots and learn how to code using patterns of colors to tell the Ozobots what to do, 2 p.m. For grades 2 and up. Bethlehem

Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Nature Arts Hours at Camp Saratoga

Each Thursday will feature a different and creative nature-themed arts project, 10:30-11:30 a.m. Please note, there is a craft supply fee of \$3 per participant. Participants should park in Parking Lot #1 located on Scout Road directly across the street from the pavilion. Registration is required. Space is limited. Wilton Wildlife Preserve & Park, 80 Scout Road, Wilton. Visit wiltonpreserve.org or call (518) 450-0321 for more information or to sign up.

Intro to Streaming Video

Join us for an overview of the streaming video options that the library provides, 10 a.m. This is a virtual program. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

29 Friday Silent Disco

Grab your headphones, pick your music and make the Silent Disco your

own as you tear up the dance floor, 7 p.m. Universal Preservation Hall, 25 Washington St., Saratoga Springs. Tickets are \$25 and available through the Box Office at Proctors, in person or via phone at (518) 346-6204 or online at proctors.org.

30 Saturday VIA Aquarium's Live Sea Creatures

Come learn about ocean ecology when VIA Aquarium brings its invertebrate touch tanks to the Library. The Aquarium Manager will share information on aquatic ecology, fish anatomy, adaptation and conservation, with a focus on the touch tank invertebrate friends who will be joining us, 11 a.m. For all ages. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call (518) 371-8622 or visit www.cphlibrary.org

Bollywood Dancing for Teens and Tweens

Narthanalaya School of Arts will hold a demonstration and teaching of Bollywood dancing, followed by a brief performance, 11 a.m. Registration is required, space is limited. For ages 10-16. Registration is required. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Submit an event

• To have your event included in our print edition, email the information, including date, time, place, cost and contact information to robertsk@spotlightnews.com by the 10th of the preceding month. Events run space permitting, and submission does not guarantee publication.

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The (very) dark net

Social media is the digital Dumpster fire that we love to hate, and here are the worst things about it

Social media is a digital Dumpster fire, yet most of us can't walk away from it. The benefits of it are evident, though, with the ability to stay in touch with high school friends and long-distance family members. Facebook has replaced the old-school family album, to which I can't remember the last time I developed a picture. Despite its perks, social media is trash.

According to a study published by the Pew Research Center, 69 percent of Ameri-

cans use Facebook. That number has plateaued since 2016, despite the malicious political content that replaced the LOL Cats of the past. Nextdoor, a similar platform that localizes the audience to your immediate neighborhood, stands at the bottom of the list of nearly a dozen applications at 13 percent. That, too, has turned into a political minefield. Which segues into the first of four social media trends that need to go away.

by
Michael Hallisey

Political pandering

The political world is a dark and murky environment,



Social media sites that were meant to connect people are more often than not becoming a cesspool of political pandering, movie spoilers and porn.

no matter how clean your candidate may appear in front of the camera. We often speak disdain towards office politics, a phenomenon we are all more acutely aware of in our everyday lives, but some of us are compelled to explain to the world why Team Red or Team Blue is destroying the country. The

cringe gets ever stronger when the point of view is backed by "facts" gleaned from conversations with friends and like-minded people. The term "echo chamber" circulated fast and wide in 2016, and you'd think people would work themselves out of there, but it remains steadfast with many today.

Spoilers

Most blockbuster movies hit the theaters on Thursday night — it bolsters the Opening Weekend numbers. You're doomed if you are in the habit of scrolling through TikTok before getting out of bed each

Continued on Page 15

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Social media

continued from Page 14

morning. You'll learn everything about the movie you're looking forward to seeing. Is Andrew Garfield in this one? Not only is he in it, but here he is choking back tears in this dramatic scene. Listen to the crowd react. Movies are revealed and thoroughly analyzed a hundredfold without warning you of spoilers. Nonetheless, it hasn't hurt Tom Cruise. Though "Top Gun: Maverick" dominates TikTok feeds, the movie has already grossed more than \$900 million at the box office. Hurts me, though.

TikTok baits

Drop mention of TikTok with friends and OnlyFans is likely to come up. A casual scroll through your TikTok feed will bring someone peddling X-rated content leading to a subscription to OnlyFans. In 2020, TikTok reported it was purging such accounts, but the practice remains. It's one of many reasons we don't allow our young daughter on it.

Despite a meteoric rise to

popularity in 2020, TikTok only accounts for 21 percent of users in the study. That doesn't mean it's fallen out of favor. Though it falls below Facebook (69 percent), Instagram (40) and Twitter (23) — considered the unofficial top three — who use those platforms varies by age group. College-aged adults are more likely to use picture-friendly, video-capturing apps like Instagram (76 percent), Snapchat (75) and TikTok (55); revealing that video is king, and that's where the most popular platform stands out.

YouTube is the most commonly used online platform. A total of 81 percent of Americans use the site, as it has become the go-to for DIY projects, among other things. There are as many practical purposes to pulling YouTube up on the laptop as there are entertainment reasons — even motivational speeches.

Motivational speeches

Tony Robbins has a net worth of \$600 million according to wealthygorilla.com. He's opened minds with his motivational speeches for decades and

has made a healthy living off of it. So many people go to the internet seeking inspiration, whether to pursue writing the next, great American novel or to find that added push to leave a dead-end job. There's an audience, and people sense that as a means of earning more money. But context is everything. Look up a list of top motivational speakers in 2022 and you find Robbins and others with harrowing and triumphant backstories. The lesser-known, would-be speakers of the world reside on LinkedIn. They shoot videos from the white-on-white lavish kitchen that's never used for cooking. They speak of living their "best lives" by choosing themselves over expectations defined by others. Coming from a different tax bracket, the advice is laughable. Those others who define expectations for us are our bosses. While I'm paying \$5 a gallon for gas in a world suffering through the worst rate of inflation in 40 years, I need my job. I'll be living my best life while working within those expectations, thanks.

The writer is the editor-at-large of Capital District Family Now.

StoryBoards in Bethlehem celebrate diversity



A volunteer group called We Are Bethlehem has launched a StoryBoards project to share stories and messages about equity, justice, and diversity with members of the Bethlehem community. Stories will be posted in seven free-standing purple kiosks, one in each hamlet of Bethlehem, which will be updated each month. Pictured are the members of We Are Bethlehem, Bethlehem Town Supervisor David VanLuven, Cameron Sagan from County Executive Dan McCoy's office, and the Scouts from Troop 1058 including Tyler Sagendorph, who built the storyboards as his Eagle Scout project. The purple StoryBoards will feature a wide variety of educational topics related to equity, justice and diversity — including cultures and traditions, history, paths to equity and much more. The organizers at We Are Bethlehem view this as a partnership with the community, and they encourage community groups and individuals to submit ideas and content for the StoryBoards to [Hello@WeAreBethlehem.org](mailto>Hello@WeAreBethlehem.org).

Have a Fabulous Fourth!

From the staff at:





Your security in retirement

Social Security representatives can help you make sense of your benefits



The Social Security website makes it easier to learn more about retirement benefits so you can best plan for your golden years.

When you think you're ready to retire, we're here to help you make an informed decision about when to apply for benefits. You should decide based on your individual and family circumstances.

Would it be better for you to start getting benefits early with a smaller monthly amount over a longer period? Or perhaps wait for a larger monthly payment over less time? The answer is personal and depends on several factors, such as your current and anticipated cash needs, health and your family history on longevity. Most importantly, you should study your future financial needs and obligations, and estimate your future Social Security benefit.

The best and easiest way to estimate your future Social Security benefits is with a personal my Social Security account. You can create your free account at www.ssa.gov/myaccount. Use your account to see how much you might receive each month based on the age at which you want to start receiving benefits.

We encourage you to weigh all the factors carefully before deciding when to begin receiving Social Security benefits. This decision affects the monthly

benefit amount you will receive for the rest of your life and may affect benefits for your survivors.

Online resources

Whether you're ready to learn about, apply for, or manage your retirement benefits, our online resources make it easy for you to find the information you need. How easy? You can do it from your computer, tablet, and even smartphone.


On our website, you can:

- Get our publications.
- Estimate your benefits with one of our many calculators.
- Find your Full Retirement Age.
- Learn about benefits for a spouse and family members.
- Apply for benefits.
- Manage your benefits once you start receiving them.

You and your loved ones can discover all these resources at www.ssa.gov/retirement.

The writer is with the Social Security Administration in Albany.





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GENERATIONS TOGETHER



Seven years without a day off

Farming is a way of life not prone to idle times

Milking the system? Not a chance. “I worked seven years without a day off,” 90 year-old dairy farmer Arthur Werking said.

“If you didn’t work, you didn’t eat,” his wife Eleanor piped in.

The COVID and post-pandemic paid-for-not-working philosophy doesn’t exactly register with a guy who milked cows at 5 a.m., loaded heavy cans, drove them to Albany-area processing plants, dumped them into the vats and returned to the farm only to do chores and then milk the cows a second time by evening.

By nightfall, the two landed in bed for a good night’s sleep and then were up at 4 a.m. to do it all over again. His seven-year run wasn’t all that atypical back then.

“Work ethic, self-respect, pride, disci-

pline and self-esteem were earned by the sweat of your brow, and he loved every minute of it because he was accomplishing something,” his proud wife said.

The 1949 graduate of Philip Schuyler High School in Albany could have taught Rocky Balboa a few unique techniques for workouts.

“We had to lift 130 forty-quart cans of milk that weighed 120 pounds each,” Arthur remembered. “We’d take two at a time and throw them onto the truck. Each can was marked for a particular Albany dairy.”

For current residents of the Capital District, it’s hard to imagine that Albany had several dairy processing plants. Some of the ones that Werking delivered to included Elm Dairy on Elm Street, Central Dairy on Central Avenue, Normanskill on Jay Street, Borden’s in Menands and Glendale on Madison Avenue.

“There was a whole network of good-



Arthur Werking, 90, put in long hours and backbreaking physical labor to earn a living as a dairy farmer and later garbage collector.

ol’-boys who did this from the various farms and they’d compete to see who got to Albany first and then who would buy the doughnuts,” Eleanor said. “Farming in general is back-breaking labor – especially when they had to clear the land of field stones and shale and throw them onto the stone bolt sled and haul them over to build walls.”

Hay and corn also had to be planted,

harvested and brought to the barns and silos. There was always something to do.

A growing family incentivized him to transition to garbage truck sales that eventually led him to buy a couple of trucks and enter that business where those same muscles would be used to lift heavy garbage cans and throw them into the back with no help from the automated lifters that you see now.

Today, he helps his son haying and Eleanor says the cycle continues today.

“Farming is a way of life,” she said. “It’s subject to weather and now, seven-dollar diesel.”

In his tenth decade, Arthur doesn’t seem to have any interest in taking days off.

Perhaps he could be recruited to teach in our high schools and colleges about work ethic. He might even chuckle as he passed by their gyms and weight machines and wonder why they are even needed when there is so much work to be done outside.

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Senior centers

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Membership is available for \$20.

Mondays: Game room activities, tap dance, jazz dance, chair yoga, beginner clogging, intermediate clogging, discussion group, Rummikub, quilting group, soul line dancing

Tuesdays: Exercise to tape, game room activities, yoga, dice games, duplicate bridge group, qi-gong and tai chi, scrabble, hand and foot cards, square and round dancing, tai chi for seniors

Wednesdays: Exercise to tape, game room activities, investment group, ukulele group, dice games, social bridge, bowling, poker, euchre, beginner tai chi for seniors, knitting and

crocheting

Thursdays: Exercise to tape, game room activities, chorus, Rummikub, yoga, watercolors, modern dance, pinochle, mahjong

Fridays: Tap dance, ballet, orchestra, woodcarving, game room activities, dominoes, jewelry making class, Bingo, Latin line dancing

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Tuesday, July 5, from 12:30-1:30 p.m.

“Communication: Things We Should Never Discuss-Politics, Religion, Money and ... Masks” presented by Michael Fonda

Join us for a look at how we interact with each other when our opinions or beliefs

disagree with others. Learn the pros and cons of your approach to handling disagreements and get some tips on how to avoid conflict and still have a healthy conversation.

Location: Cohoes Senior Center, 10 Cayuga Plaza, Cohoes

Wednesday, July 6, from 9:30-11 a.m.

Morning Stretch

Come down and stretch and meditate with Lacy and Lecey.

Location: Westview Homes, 680 Central Ave., Albany

Wednesday, July 6, from 1-2 p.m.

Bingo

Join us as we pull the numbers for an hour of Bingo fun! Crazy T, Round Robin, Letter X, Kite and more. Two-three cards and prizes available.

Location: Watervliet Senior Center, 1501 Broadway, Watervliet and Zoom

Wednesday, July 6, from 1-2:30 p.m.

Weekly Chair Exercise Class

Learn healthy routines, improve strength, cardiovascular health, mobility, and balance, all from the comfort and safety of a sturdy chair.

Location: Westview Homes, 680 Central Ave., Albany

Thursday, July 7, from 10-11 a.m.

Card Making with Patti

Join us as we create wonderful cards for the season. Limited seating.

Location: Watervliet Senior Center, 1501 Broadway, Watervliet

Thursday, July 7, from 10:30-11:30 a.m.

Men's Group

A men's group is a healing and enriching place to share your experiences and listen as others share theirs.

Location: Cohoes Senior Center, 10 Cayuga Plaza, Cohoes

Thursday, July 7, from 2-3 p.m.

Chair Tai Chi with Cheryl Hurd

Find inner peace and strength while gently stretching

and moving your limbs from the safety of a chair.

Location: In-person Cohoes Senior Center, Watervliet Senior Center or Westview Homes or via Zoom

Friday, July 8, from 1-2 p.m.

Watervliet Corn Hole Tournament Day

Contestants take turns pitching their corn bags at the cornhole platform until a contestant reaches the score of 21 points.

Location: Watervliet Senior Center, 1501 Broadway, Watervliet

Monday, July 11, from 1-2:30 p.m.

Paint & Sip

Create colorful memories while socializing and having fun with friends.

Location: Westview Homes, 680 Central Ave., Albany

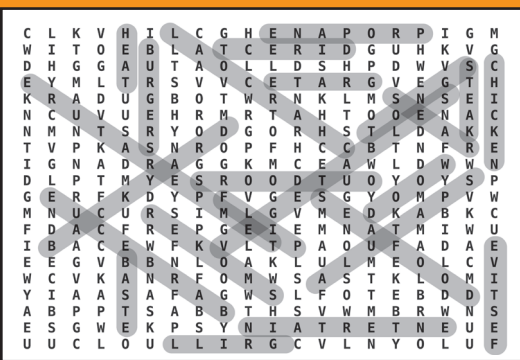
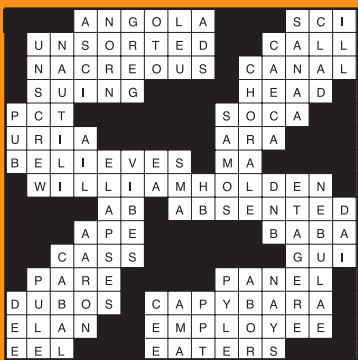
Wednesday, July 13, from 9:30-11:30 a.m.

Mahjong

Join this wonderful, social group as they play through the

Continued on Page 19

BRAIN TEASERS ANSWERS



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Senior centers

Continued from Page 18

timeless game Mahjong. Mahjong or mah-jongg is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century. It is commonly played by four players.

Location: Watervliet Senior Center, 1501 Broadway, Watervliet

Wednesday, July 13, from 11 a.m.-2 p.m.

Cohoes Summer Celebration

Location: Cohoes Senior Center, 10 Cayuga Plaza, Cohoes

Friday, July 15, from 9 a.m.-3 p.m.

Historical Tour: Bus Trip to Ten Broeck Mansion

Contact Nicole Mabee at (518) 273-4422 for pricing and more details
Sponsored by Albany County Department for Aging.

Monday, July 18, from 10-11 a.m.

Line Dancing with Lu

Line dancing is proven to create and maintain neural pathways that help our brains stay young.

Location: Cohoes Senior Center, 10 Cayuga Plaza, Cohoes

Tuesday, July 19, from 11 a.m.-noon

Independent Living with Aging Vision presented by Lisa Jordan of NABA

Learn about the early warning signs and leading causes of vision loss, eye health, and vision rehabilitation therapy and low vision adaptive aids, such as magnifiers, large print and talking items.

Location: Cohoes Senior Center, 10 Cayuga Plaza, Cohoes

Thursday, July 21, from 2-3 p.m.

Chair Tai Chi with Cheryl Hurd

Find inner peace and strength while gently stretching and moving your limbs from the safety of a chair.

Location: In-person Cohoes Senior Center, Watervliet Senior Center or Westview Homes or via Zoom

Monday, July 25, from 1-2 p.m.

Book Club: "Erotic Stories for Punjabi Widows" by Balli Kaur Jaswal

A fun and thought provoking "East meets West" story about community, friendship and women's lives at all ages and stages. The plot takes place in London between the cosmopolitan West London and the Punjab neighborhoods of London.

Location: Cohoes Senior Center, 10 Cayuga Plaza, Cohoes

Friday, July 29, from 1-2 p.m.

Jeopardy – 50's, 60's, 70's, 80's Music Trivia

Join us and our mystery guest host for a fun game of Music Trivia, Jeopardy style.

Location: Watervliet Senior Center, 1501 Broadway, Watervliet

Niskayuna Senior Center

2682 Aqueduct Road, Niskayuna

(518) 372-4969

Additional information along with the calendar will be posted on the Niskayuna Town website at www.niskayuna.org/senior-center. Call with any questions or concerns.

Tuesdays

9 a.m.-noon: Tom's Computer Class (July 19)

10 a.m.: Tai Chi

10 a.m.-2 p.m.: Open for indoor/outdoor socialization/coffee service

10 a.m.: Cards, Mahjong and Bridge

11 a.m.: CDPHP Zumba Gold available in House and Zoom (July 12, 19, 26)

11:30 a.m.: Water aerobics at the town pool (July 12, 19, 26)

Noon: Gershon's, BYOL and coffee service

1 p.m.: MVP Chair Moves/Chair Aerobics (July 12, 19, 26)

Thursdays

10 a.m.: Tai Chi

10 a.m.-2 p.m.: Open for indoor/outdoor socialization/coffee service

10 a.m.: Cards, Mahjong, Bridge, 11 a.m.: Bocce and Pickleball

11:30 a.m.: Water aerobics at the Town Pool (July 14, 21, 28)

Noon: Gershon's, BYOL and coffee service

1 p.m.: The Eddy Health Alert Chair Yoga (July 14, 28)

Fridays

11 a.m.: Alzheimer's Association Support (July 1)

Exercise update:

Mondays at 10 a.m.: Qigong, in house (July 11, 18, 25)

Mondays at 12:30 p.m.: CDPHP Chair Pilates, in house and via Zoom (July 11, 18, 25)

Classes remain available on Zoom with a couple in-house. You can email Edie for registration, dates and times at ecannizzo@niskayuna.org. Pilates, yoga, walks and art are available on YouTube at "Niskayuna Seniors."

Monthly Activities:

July 12 at 11 a.m.: Book Group, "I Know Why the Caged Bird Sings" by Maya Angelou

July 26 at noon: Speaker and treat

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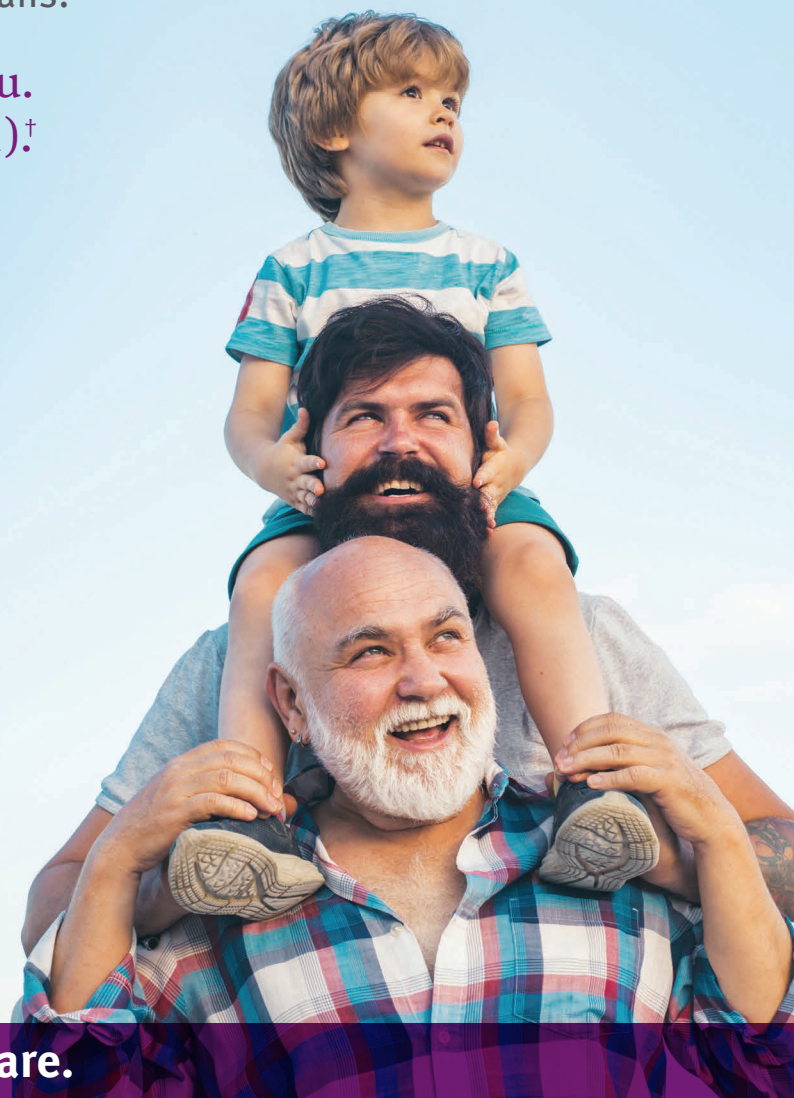
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**CDPHP Medicare Advantage plans received 5 out of 5 Stars overall from Medicare. (2022)
Every year, Medicare evaluates plans based on a 5-star rating system.*

†Our hours are 8 a.m. - 8 p.m. seven days a week from October 1 - March 31. From April 1 - September 30, Monday – Friday, our hours are 8 a.m. - 8 p.m. A voice messaging service is used weekends, after-hours, and federal holidays. Calls will be returned within one business day.

CDPHP is an HMO and a PPO with a Medicare contract. Enrollment in CDPHP Medicare Advantage depends on contract renewal.

Capital District Physicians' Health Plan, Inc. | CDPHP Universal Benefits,[®] Inc.

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