

■ **TOP STORY**



NEWS
**Albany man
faces hate crime**

Charges related to road rage incident on Corning Hill.

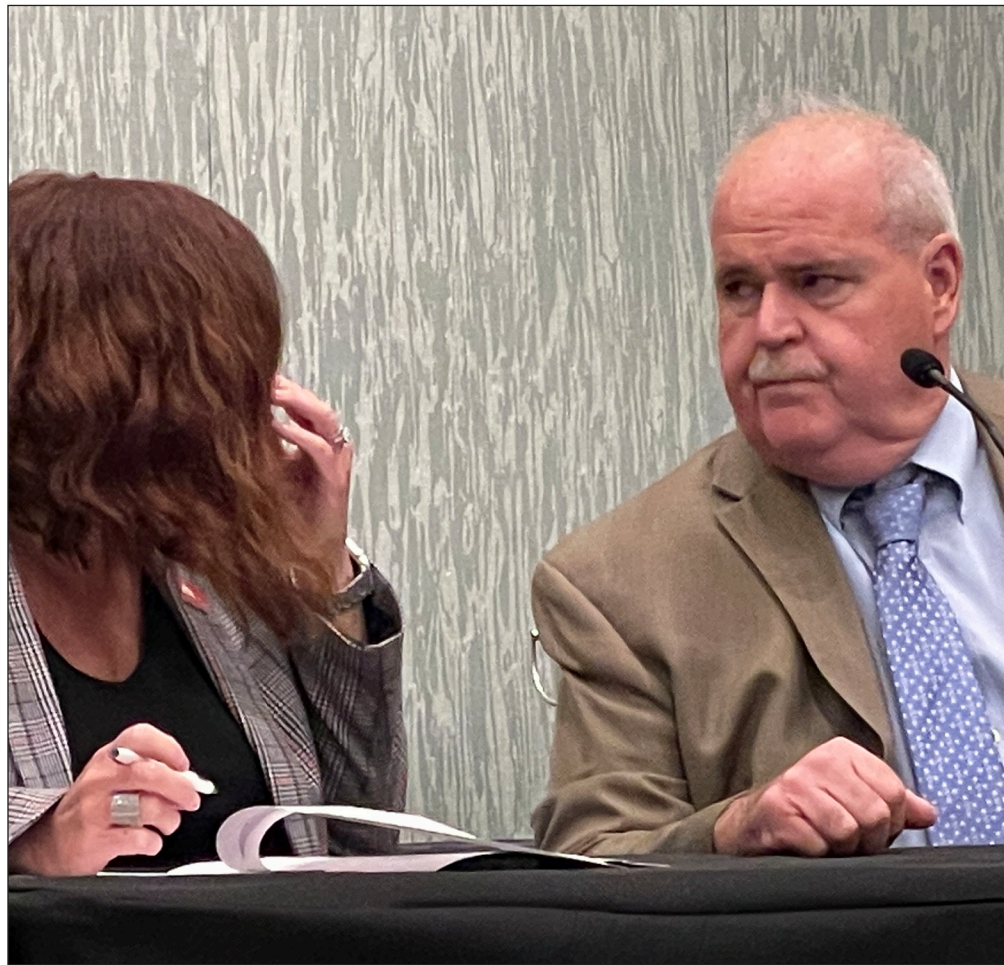
Story starts on Page 2



**Modest increase
in tax bill**

It's not the whole story, but is a welcomed sight for 2023.

Story on Page 3



A matter of time

Port of Albany withdraws request for \$29.5M for wind project in Bethlehem

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — The Albany Port District Commission opted to withdraw its bid to receive \$29.5 million in federal funds Wednesday afternoon in an effort to speed its \$350 million offshore wind turbine tower manufacturing facility project into the construction phase.

Continues on page 4

◀ Albany Port District Commission CEO, right, speaks with Chairperson Georgette Steffens prior to the board's announcement to leave millions on the table in order to make up time from delays.

Michael Hallisey / Spotlight News

■ **CULTURE**



Gene pool

The Lincoln Park Pool is a South End asset long threatened to be lost, but now there's hope to keep it around for future generations.

Story on Page B1

■ **SPORTS**



Stalemate

Bethlehem and Burnt Hills found it to be a tough task to score last week.

Story on Page 9



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■ **INDEX**

Police, courts and calls 2-12
Sports 9
Entertainment..... B1-B20
Classifieds B17
Libraries 10-11
Crossword B8
Service Directory B15

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■ POLICE, FIRE and EMERGENCY CALLS

Slingerlands man arrested for damage at Speedway

SLINGERLANDS — Bethlehem police arrested a local man on Tuesday, Sept. 27 after an investigation into damage he caused at the Speedway on New Scotland Avenue.

On Thursday, Sept. 6, Chet A. Deleo, 35, of Slingerlands, entered the gas station to request a \$2 refund because the tire inflator malfunctioned and took his money. The manager of the store told him he would be refunded the money and Deleo left the store only to return a short time later saying the same machine took \$2 a few days earlier. When the manager explained that he could not give refunds for past day's losses, Deleo became angry and allegedly punched various items near the checkout and broke one of the \$862 Ipad checkouts

and left the store.

After an investigation, Bethlehem police filed for and received an arrest warrant for Deleo and he could be identified by officers in the department from previous incidents at his residence.

Deleo turned himself in at the police station and was charged with criminal mischief, a felony, and harassment, a violation. He was arraigned in front of Bethlehem Town Judge Andrew Kirby and released on his own recognizance. Deleo is scheduled to return to court on Monday, Oct. 17.

Albany man charged with hate crime

GLENMONT — A road rage incident escalated into assault and led to hate-crime charges being filed against an Albany man.

On Sunday, Sept. 25 at approximately 10:26 p.m.,

two women were driving on River Road traveling to the Cumberland Farms on Corning Hill road after work, when a 2010 Honda Civic began tailgating the vehicle. The Honda was flashing its lights and the driver was giving the women the middle finger before passing and then stopping in front of them.

According to reports, the driver of the Honda, later identified as Kyle J. Demania, 19, exited the car and approached the woman in her car. He allegedly spit in her face and called her a derogatory word for a Black person multiple times. When the women exited the car, Demania allegedly punched her in the face multiple times then left the scene.

The woman called 911 and attempted to follow the Honda, but then waited for police. When officers interviewed the passenger in the car, the woman provided them with a

Continues on 12



Job well done, Officer Resnick

DELMAR — The Bethlehem Police Department was joined by numerous other agencies throughout the area to gather and hold a walk-out ceremony for Officer Peter Resnick on Friday, Sept. 30. Officer Resnick was a staple in the community, having served in Law Enforcement for over 30 years, with over 28 of those years in the Town of Bethlehem. He served his entire career in the Patrol Division, and spent a significant portion of his time as a law enforcement trainer. He was not only an instructor for BPD, but spent thousands of hours over his career as an Instructor and Session Counselor at the Zone Five Law Enforcement Academy. During his time there, he mentored and trained hundreds of officers who have served and are still serving all over the Capital District. He also served as a Field Training Officer for BPD, teaching new officers how to better serve the community. Local children will likely remember him as he frequently handed out "tickets" for free ice cream to those wearing their bike helmets. "We are extremely grateful for Officer Resnick's service and the outstanding example he set on how to be a Police Officer for not only our agency, but the entire Capital District Law Enforcement community," said Bethlehem Police Chief Gina Cocchiara. "Congratulations on a job well done Pete, and enjoy your retirement. You've earned it!"

Bethlehem Police Department

■ TOWN NEWS

Modest tax rate hike

Residents forecasted to see a 1.8 percent increase in town bill for 2023

By MICHAEL HALLISEY
halliseym@spotlightnews.com

DELMAR — Town Comptroller Michael Cohen prefaced his presentation on Bethlehem's tentative budget for next year with visions of fire and brimstone, only to promise that's not what the community is going to see in next year's tax bill.

The Town forecasts a \$48.3 million spending plan for next year, a 3.1 percent increase from last year's adopted budget. However, Cohen said, this will translate into a "relatively modest" 1.8 percent increase in residents' tax bills. A proposed 3.3 percent decrease within the Town's General Fund helps factor into the more modest increase.

According to the comptroller, a resident with a home assessed at the average value of \$261,000 will see a \$19.10 increase in their respective tax bill next year.

"That said, and despite my concerns, this actually isn't a bad news budget presentation. I believe that our fiscal policies and conservative approach to both budgeting and spending has served us well," Cohen said.

His concerns are more over the global economy, where pundits are mixed over what traditional indicators may warn. Some of whom believe that the economy is heading into another recession.

The current rate of inflation in the United States is 8.26 percent for the 12 months ending on Aug. 31 — down from 8.52 percent in July. Earlier in the year, the nation was experiencing a rate not observed in 40 years. To combat



Bethlehem Town Hall.

that, the Federal Reserve began a series of incremental increases to its prime rate.

From a high-level view, an increase to the prime rate influences a wide range of interest rates; from the rate in which you earn interest by keeping money in your savings account, to the interest added to any debt accrued on your credit card. The higher the rate, the less likely people will be willing to spend. That's why economists generally believe that a high-interest rate will curb spending, bring prices on consumer goods down, and rid worries of more inflation.

The Federal Reserve has hiked the prime rate up five times this year, and anticipates doing it two more times before the year is out. Where the rate of inflation appears to be going down, fixed rates for a 30-year mortgage have reached heights not seen since

2001.

Cohen noted that the Consumer Price Index has increased by 3.3 percent each year since 2016. Within that same time, Town expenditure growth has increased only 2.7 percent. Because the Town has not relied upon borrowing to fund projects, instead building up its General Fund through a spending budget stretched out over several years, he expressed concern over costs like fuel and energy — for the 2023 budget, those comprise almost 50 percent of the budget change.

Collected sales tax will also be a concern. The current 30-year fixed mortgage on average is 6.86 percent, more than triple the rate from a year ago. Cohen said that could mean fewer people moving into homes here in Bethlehem, as would-be homeowners can't afford what they once could.

■ COMMUNITY

RCS business meeting features Port of Coeymans Tour & Industrial Park

COEYMANS — A tour of the Port of Coeymans and the Coeymans Industrial Park will be featured at the regular meeting of the Ravena Coeymans Selkirk Community Business Association on Thursday, Oct. 13, at 7:30 a.m.

To participate, you must register at <https://rcscommunitylibrary.libcal.com/event/9719736>.

The 45-minute tour will include a history of the properties, recent upgrades, tenants, current and past and future projects and the offshore wind opportunities.

The tour and meeting will begin at 2170 River Road in Coeymans at the North Entrance which is closest to the Lafarge property.

Cost for the meeting is \$10 for members and \$15 for non-members. A brief meet-and-greet time will follow the tour that will give participants a chance to introduce their business or organization to the group.

The RCSCBA is an all-volunteer organization of business and community leaders and interested individuals. The group is a catalyst for growth and prosperity through economic and community development initiatives that foster a strong business climate.

The monthly meetings feature "What's New?" updates by local businesses and groups, briefs on matters of economic and community importance and include a guest speaker, a spotlight by a specific business and a question and answer period.

The group's Facebook Page is active at <https://www.facebook.com/RCSCBA> and the website is <https://www.rcsba.com>. RCSCBA meets monthly at rotating locations.

To join RCSCBA, go to <https://www.rcsba.com/join> or contact Glenda Cukierski at 518-756-7100 or write to rcsbizassoc@gmail.com.

Counties elect McCoy as First VP

ALBANY — County leaders from across the state this week elected Albany County Executive Daniel P. McCoy to serve as First Vice President for the New York State Association of Counties.

"I'm honored and humbled to be chosen for this new statewide leadership role at NYSAC," said McCoy. "The advocacy that NSYAC does on behalf of New York's counties is critical to our ability to provide the services our residents need while also making New York State a better place to live, work and recreate, and I'm proud to be part of the team that makes that happen."

McCoy is currently serving his third term as the fourth Albany County Executive. Before being elected as County Executive in 2011, McCoy served twelve years as a county legislator, including a two-year term as chairman of the legislature.

McCoy is also currently serving as president of County Executives of America, a national association that represents county executives from across the United States. He is also past president of the New York State County Executives' Association.

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From page 1 ... Port of Albany

The Port of Albany was awarded the coveted bid to house one of the country's first wind tower manufacturing sites last January. But the project has since been marred through a permit process bottlenecked in part by the same federal grant.

When the Port applied for federal funding last August, the U.S. Maritime Administration moved into the lead agency role for the National Environmental Policy Act. All other reviews involving the U.S. Army Corps of Engineers and the National Marine Fisheries Service halted as a result.

By withdrawing its grant application, federal environmental oversight shifts back to the U.S. Army Corps of Engineers and the National Marine Fisheries Service.

Albany Port District Commission CEO Richard Hendrick said it was a difficult decision after consulting with their partners, energy company

Equinor, and wind industry manufacturers Marmen/Welcon.

"The partners all got together and said we cannot buy back time," Hendrick said. "If we revert to the corps being the lead agent — the fact that they're already this far down the road — we can pick up time and get people into the field working."

The Port was waiting on obtaining a dredging permit from the U.S. Army Corps of Engineers, allowing it to move forward on the construction of a 500-foot wharf. However, the National Marine Fisheries Service and the Environmental Protection Agency both pushed to withhold its permit last month over concerns for the environment, including potential harm to sturgeon habitats.

Plans for the project have also been scrutinized by neighboring residents concerned over 2 million tons of fly ash left as waste on Beacon Island. The



ALBANY — Glenmont resident Sylvia Rowlands listens intently as Albany County Legislator Carolyn McLaughlin (D, Albany) shares how the Port of Albany's plan for the wind tower manufacturing plant is "is the kind of gift we've been waiting for for generations." The plant promises to bring in 500 jobs, many anticipated for residents of Albany's South End community.

Michael Hallisey / Spotlight News

property was previously used as a dumping site by the Bethlehem Energy Center power plant before the Port purchased the land several years ago. The neighboring power plant was once coal-fired from 1952 to 1970 before switching fuel oil and then to natural gas in 1981.

When contractors clearcut 80 acres of trees and brush from the island in May, it sparked several protests, including from Glenmont residents who claimed they were not informed of the construction plan. More than two dozen filed an Article 78 proceeding in June.

In that suit against the Town of Bethlehem, petitioners acknowledge the town's planning and zoning boards may have provided notice to entities within the mandated 200-foot radius of the project, but those are commercial properties, they state. But they say the scale of the project, including industrial noise, site view and potential increased traffic, should have called for broader attention.

Hendrick said he did not believe the Port was in jeopardy of losing the manufacturing facility.

"I think at the end of the day when people sit down, we met all of the requirements," he said. "We didn't try and shortcut any meetings, any process that went through, [or] any permits. If the processes that are in place are wrong, maybe there would be people — rule makers — that would take a look at that."

"But, no. None of my staff, in any way, ever looked at [taking] a shortcut with the notifications and the process that we follow," he said.

Construction for the site would employ roughly 500 workers from unions, trades and labor divisions. Once the manufacturing facilities are completed, an estimated 500 permanent employees would begin work at the plants. Offshore wind towers and transition pieces will be manufactured and temporarily stored on-site at the facility until they are ready to be shipped to their final destination for construction and installation in the Atlantic Ocean.



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■ BUSINESS

Love your neighbor

Verizon, Nextdoor reveal most impactful acts of kindness in community

NEWYORK — Nextdoor and Verizon celebrated National Neighbor Day with the release of new insights that shed light on the most impactful acts of kindness through the lens of neighbors on Wednesday, Sept. 28.

Through a joint research study with Kindness.org, these initial insights reveal the most effective, appreciated and most cost-effective ways that neighbors can spread kindness in their communities - defined as acts that have the highest perceived benefits relative to the personal cost of performing them. The full results of this study will be released later this fall.

Conducted through a survey of over 5,000 participants in August 2022, this initial exploration studied the perceived kindness of a collection of 385 acts, but also their perceived

cost to the actor in terms of time, effort, expense and the overall benefit to the recipient. This approach enabled a further calculation of each act's cost-benefit ratio, or overall 'cost-effectiveness'. To inspire participation in National Neighbor Day, the following insights reveal the overall 'Kindest Acts' one can plan for their neighbors:

Top 10 Overall Kindest Acts for Neighbors

- Pay for a neighbor's groceries at the supermarket.
- Donate money to a neighbor.
- Donate diapers to a neighbor.
- Buy extra school supplies for a neighbor.
- Remind a neighbor that they matter.
- Accept a neighbor as they are.
- Organize or join local park and beach clean ups.
- Tell a neighbor what a positive difference they made to someone else's life.

- Mow the lawn for a neighbor.
- Surprise a neighbor with their favorite things.

Delving further into the perceived balance of cost, benefit and impact, the research also defined the most-effective acts of kindness for neighbors, revealing the high value of gestures that come from the heart rather than the wallet.

Top 10 Most Cost-effective Kind Acts to Do For Neighbors

- Compliment a neighbor.
- Remind a neighbor that they matter.
- Accept a neighbor as they are.
- Tell a neighbor what a positive difference they made to someone else's life.
- Donate items they no longer need or use.
- Write a list of lovely things about a neighbor.
- Arrive at meetings with a neighbor on time.
- Pray for a neighbor.

Continues on page 12

Ladies' Night at Robinson's Hardware

SLINGERLANDS — Robinson's Hardware and Garden Center will be hosting a "Ladies Night" event on Friday, Dec. 2.

Robinson's Hardware and Garden Center will have a raffle to benefit the Children's Miracle Network at Albany Med's Children's Hospital. There will also be vendor demos, wine tasting, beer tasting, and hopefully liquor tasting as well.

Be sure to check out the amazing "Samantha's Gift Shop" located through the main greenhouse.

Robinson's Hardware and Garden Center is located at 1900 New Scotland Road in Slingerlands.

New Strengthening, Yoga Classes at To Life!

DELMAR — To Life! Breast Cancer Education & Support is inviting breast cancer thrivers, survivors, or caregivers to a three separate series of weekly online wellness programs.

A strengthen and stretch program is offered on Wednesdays, from 9:30 to 10:15 a.m. Gentle yoga is provided each Wednesday, from 12:15 to 12:45 p.m. A chair yoga program is also offered on Fridays, from 12:15 to 12:45 p.m.

Classes are offered free of charge. Participants should register online at www.tolife.org under "wellness programs."

To Life! Breast Cancer Education & Support is located at 410 Kenwood Avenue in Delmar.

PrimoHoagies to open in Albany

ALBANY — PrimoHoagies, known for its gourmet hoagies with high-quality meats and cheeses piled high on fresh-baked rolls, announced last week that it has signed a deal for ten new locations in Albany and surrounding counties.

The move marks the fast-growing brand's debut in the state of New York, with at least two or three of the stores slated to open within the next year.

With more than 140 stores planned to open in 2023, PrimoHoagies is making strong progress toward the goal of opening 300-350 locations in the next five years.



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BUSINESS

Noteworthy research grants, awards at UAlbany

ALBANY — The University at Albany announced the following achievements in a statement released last week, covering research grants, awards and publications published by school staff.

Chun-Yu Ho and Pinka Chatterji from the Department of Economics have received a \$151,000 grant from the Eunice Kennedy Shriver National Institute of Child Health & Human Development to fund research investigating whether lack of access to hospital-based obstetric care plays a role in adverse maternal outcomes in rural areas. The work aims to shed light on health consequences of rural hospital and obstetric unit closures, and how public policy can help mitigate impacts.

Thomas Begley, professor of biological sciences and associate director of the RNA Institute, has been granted a SUNY Technology Accelerator Fund award for developing RNA analysis software that can dramatically simplify drug discovery as well as patient stratification for personalized medicines. SUNY TAF investments are awarded to faculty-led research teams to help bring commercial-ready innovations to market.

Igor Lednev, distinguished professor of chemistry working in the RNA Institute, will receive the 2022 Charles Mann Award — a prestigious recognition by the Federation of Analytical Chemistry and Spectroscopy Societies that is the highest international award in Raman spectroscopy. The award highlights Lednev's contributions to developing novel laser spectroscopy techniques for forensic and medical applications, as well as uses in fundamental biochemistry.

Three of Lednev's PhD students will also be recognized at the national conference next week: Alexis Weber received the FACSS Graduate Student Award and the SAS Barbra Stull Graduate

Student Award; Lamyaa Almeahmadi received the 2022 Coblenz Student Award; and Anna Wójtowicz also received the FACSS Graduate Student Award.

Environmental and Sustainable Engineering Assistant Professor Md. Aynul Bari's project has been sponsored by Health Canada for \$27,999. The project's goal is to improve understanding of air pollutants across the Calgary region.

Mathematics and Statistics Assistant Professor Michael Lesnick has been sponsored by the Simons Foundation for \$42,000 for his project, "Multiparameter Persistence: Theory, Algorithms, and Applications." Lesnick's goal is to develop practical algorithms and software for 2-parameter persistence theory.

The Melodies Center unveils 'Hannah's Hideaway'

ALBANY — A new hospitality kitchen to benefit families whose child is receiving treatment at the Melodies Center for Childhood Cancer and Blood Disorders at Albany Medical Center has been unveiled.

Hannah's Hideaway was dedicated in memory of Hannah Priamo, a Melodies Center patient from Perth, N.Y., who passed away in December 2019. Diagnosed with leukemia at age 15, Hannah was a longtime patient at the Melodies Center, and quickly became a friendly face in the clinic.

"People would say, if you hear the laughter, you know what room Hannah was in," said Susan Clarke, RN, nurse supervisor at the Melodies Center who became very close with Hannah and her family.

It was Hannah's dream to build a kitchen in the Melodies Center.

"She came up with the idea to have a kitchen here, for these families to have a place to go to get a cup of coffee or a snack, so they didn't have to leave the floor while their child was getting treatment," Clarke said, adding that Hannah

was a "bright light" who had a positive attitude, and handled her cancer treatments with grace.

"She wanted some place where people could get away while you're here," said Hannah's father Paul Priamo. "Because you can't get away from the beeping, and the nurses coming in and out, and hospital life, and she didn't want the hospital life."

With help from child life specialist Mary Beth Nichols, Hannah came up with the idea to host a Melodies Family Feud Fundraiser, with Melodies Center physicians competing against the nursing staff.

"As time went on, at every appointment, I would sit in that room with her, with my notebook, and she would tell me what she wanted done at the fundraiser — everything from the food that she wants, to the colors, the décor, even the date. Every single detail was her," said Nichols.

The fundraiser was planned for January 2020. But one month before the event, at the age of 22, Hannah lost her battle with leukemia. The fundraiser went on as Hannah had planned, raising more than \$18,000 through raffle items and ticket sales.

The pandemic put the kitchen project on hold. Now in 2022, with help from the Albany Medical Center Facilities Operations and Engineering and Construction departments, the Melodies Center built the kitchen of Hannah's dreams. Community businesses, like Upstate Chevy Dealers and Flooring Environment, made donations to help with the renovation, and friends of the Priamo family donated money to buy furniture and food to stock the cabinets.

A picture of Hannah welcomes visitors at the door to the kitchen. The refrigerator is full of water and juice, the cabinets are full of snacks, and there's a coffee pot, per Hannah's request. The room is decorated with pictures of sunflowers and the beach — Hannah's favorites.

■ COMMUNITY

American Stroke Assoc. to award Symanski Legacy

Stroke Ambassadors worked together to fight stroke

ALBANY — After surviving two strokes, Paula Symanski became a staunch advocate for the American Stroke Association and American Heart Association, serving as the Stroke Ambassador to the Capital Region Heart Walk and Run, and being a driving force in the first CycleNation to take place in the Capital Region in 2018. Days before that event, on Sept. 24, 2018, Symanski passed away of sudden cardiac arrest.

To honor her work, the American Heart Association created the Paula Symanski Legacy Award, presented at CycleNation each year.

On Tuesday, Oct. 18,

at the 2022 CycleNation at The Armory at Russell Sage College, Ellen Abbott will receive the Paula Symanski Legacy Award.

Abbott suffered a stroke in December of 2014, when she was 39 years old. Her husband Wade recognized the signs of stroke, especially her speech difficulties, and said his wife sounded like “a cross between Scooby-Doo and a Minion.” The Abbotts’ sons, Tim and Dan, were 8 and 6 at the time.

Abbott was the Stroke Ambassador to the 2018 Capital Region Heart Walk and Run, and the entire Abbott family supports the American Heart Association each year at the Heart Walk, on World Stroke Day, Wear Red Day, and have also spoken at Heart Association events across

the Northeast.

CycleNation is set for Tuesday, Oct. 18, at The Amory at Russell Sage College. Check-in begins at 4 p.m. and the 2-hour, stationary cycling event goes from 5 to 7 p.m., followed by an after party. Joan Clifford, Senior Director of Alumnae Relations at Russell Sage College, executive director of the Russell Sage Alumni Association and member of the Board of Directors of the American Heart Association, is chairing CycleNation. Albany Med Health System is the Live Fierce sponsor. Local sponsors include CAP COM and SEFCU, divisions of Broadview Federal Credit Union. CBS 6, Fly 92.3 and the Times Union are the media sponsors.

To register, go to CycleNation.org/

■ OBITUARY

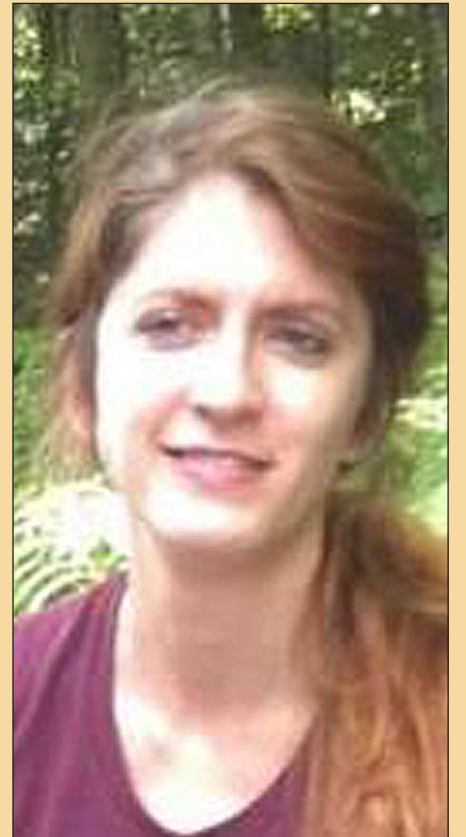
Meghan Amanda Marohn

DELMAR — It is with deep sadness that we announce the passing of Meghan Amanda Marohn, 42, on September 1, 2022. Born in Albany, Meghan was the loving daughter of William and the late Ellen Marohn. She graduated from St. Thomas the Apostle grade school, the Academy of the Holy Names and Russell Sage College. She earned her Master’s degree in education from Fairleigh Dickinson University where she also served as an adjunct professor.

Meghan was a devoted teacher. She taught English at Chatham High School in New Jersey and also at Shaker High School. She was a creative, free spirit who loved to travel and spend time outdoors. Meghan was a poet and established the Troy Poetry Project. She was an activist, environmentalist, and was involved with the Sanctuary for Independent Media in Troy.

Meghan is survived by her father, William; her siblings Peter Naple (Eileen Sanford), Amy Naple, Bill Marohn (Nicole), and Michael Marohn (Sara Vann); her nieces and nephews McKayla, Fitz, Austin and Harper; aunts, uncles, and many dear friends.

All were invited to visit with Meghan’s family on Saturday, October 1, in the Daniel Keenan Funeral Home, Inc., 490 Delaware Ave. Albany.



Meghan Amanda Marohn

A celebration of life will take place at a later date.

In lieu of flowers, the family suggests donations in memory of Meghan be made to The Sanctuary for Independent Media.

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LEGALS

NOTICE OF LLC FORMATION

107 MONTROSE LANE, LLC. Arts. of Org. filed with the SSNY on 09/14/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Michael Frank, Trustee of the Michael Evan Frank Revocable Trust, 300 East 54th Street, Apt. 27K, New York, NY 10022. Purpose: Any lawful purpose. D-297438

NOTICE OF LLC FORMATION

11 EAST 1ST STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 09/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-297779

NOTICE OF LLC FORMATION

132-21 57 AVENUE LLC. Arts. of Org. filed with the SSNY on 09/12/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 132-37 57th Avenue, Flushing, NY 11355. Purpose: Any lawful purpose. D-297309

NOTICE OF LLC FORMATION

149 SULLIVAN 6A, LLC. Arts. of Org. filed with the SSNY on 09/01/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Doron Kless, 5 West 37th Street, 12th Floor, New York, NY 10018. Purpose: Any lawful purpose. D-296790

NOTICE OF LLC FORMATION

150 GEORGE ST. REALTY, LLC. Arts. of Org. filed with the SSNY on 09/15/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 857 1st Street, Watervliet, NY 12189. Purpose: Any lawful purpose. D-297467

NOTICE OF LLC FORMATION

166East93 LLC. Arts. of Org. filed with the SSNY on 09/09/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1601 Third Avenue, Unit 31A, New York, NY 10128. Purpose: Any lawful purpose. D-297229

NOTICE OF LLC FORMATION

167 EAST 82 STREET 1C LLC. Arts. of Org. filed with the SSNY on 09/09/22. Office: Albany County. SSNY designated

LEGALS

ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 345 East 81st Street, 14J, New York, NY 10028. Purpose: Any lawful purpose. D-297230

NOTICE OF LLC FORMATION

168 PROSPECT PLACE REALTY LLC. Arts. of Org. filed with the SSNY on 08/04/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 132 Amity Street, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-296550

NOTICE OF LLC FORMATION

214 OSBORNE TERRACE LLC. Arts. of Org. filed with the SSNY on 09/12/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 95-27 86th Street, Jamaica, NY 11416. Purpose: Any lawful purpose. D-297285

NOTICE OF LLC FORMATION

22 EAST 1ST STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 09/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-297780

NOTICE OF LLC FORMATION

232 RICHARDSON LLC. Arts. of Org. filed with the SSNY on 08/18/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Robert Young, 301 East 78th Street, New York, NY 10075. Purpose: Any lawful purpose. D-295844

NOTICE OF LLC FORMATION

25 TANGLEWOOD LLC. Arts. of Org. filed with the SSNY on 09/09/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1121 52nd Street, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-297238

NOTICE OF LLC FORMATION

2841 BROADWAY LLC. Arts. of Org. filed with the SSNY on 09/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Milton Kazi, 1248 Lexington Avenue, New York, NY 10028. Purpose: Any lawful purpose. D-297626

LEGALS

NOTICE OF LLC FORMATION

30-93 41 STREET LLC. Arts. of Org. filed with the SSNY on 09/13/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Ioannis Likidis, 40-30 235 Street, Little Neck, NY 11363. Purpose: Any lawful purpose. D-297366

NOTICE OF LLC FORMATION

339 NOSTRAND REALTY, LLC. Arts. of Org. filed with the SSNY on 08/18/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 160-30 78th Avenue, Fresh Meadows, NY 11366. Purpose: Any lawful purpose. D-295845

NOTICE OF LLC FORMATION

34-28 72 STREET REALTY LLC. Arts. of Org. filed with the SSNY on 09/15/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Shiraz Rayani, 62-51 Booth Street, Rego Park, NY 11374. Purpose: Any lawful purpose. D-297482

NOTICE OF LLC FORMATION

341 NOSTRAND REALTY, LLC. Arts. of Org. filed with the SSNY on 08/18/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 160-30 78th Avenue, Fresh Meadows, NY 11366. Purpose: Any lawful purpose. D-295846

NOTICE OF LLC FORMATION

36 COLIN PLACE LLC. Arts. of Org. filed with the SSNY on 08/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 36 Colin Place, Brooklyn, NY 11223. Purpose: Any lawful purpose. D-296331

NOTICE OF LLC FORMATION

3619 DITMARS BLVD LLC. Arts. of Org. filed with the SSNY on 08/22/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2028 37th Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-296125

NOTICE OF LLC FORMATION

3850 BROADWAY REALTY LLC. Arts. of Org. filed with the SSNY on 09/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

LEGALS

SSNY shall mail copy of process to the LLC, c/o Alma Realty, 31-10 37th Avenue, Suite 500, Long Island City, NY 11101. Purpose: Any lawful purpose. D-297781

NOTICE OF LLC FORMATION

3900 BROADWAY REALTY LLC. Arts. of Org. filed with the SSNY on 09/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Alma Realty, 31-10 37th Avenue, Suite 500, Long Island City, NY 11101. Purpose: Any lawful purpose. D-297782

NOTICE OF LLC FORMATION

470 WBY REALTY LLC. Arts. of Org. filed with the SSNY on 09/13/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Herman Silberstein, 70 Ross St., #1E, Brooklyn, NY 11249. Purpose: Any lawful purpose. D-297367

NOTICE OF LLC FORMATION

509 80TH STREET REALTY LLC. Arts. of Org. filed with the SSNY on 08/31/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 515 88th Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-296943

NOTICE OF LLC FORMATION

5318 12TH AVENUE LLC. Arts. of Org. filed with the SSNY on 09/14/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1235 55th Street, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-297440

NOTICE OF LLC FORMATION

552 OVINGTON LLC. Arts. of Org. filed with the SSNY on 03/21/16. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9322 Third Avenue, Suite 502, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-296880

NOTICE OF LLC FORMATION

57-1 HOLDINGS LLC. Arts. of Org. filed with the SSNY on 05/11/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Parkit Management, 250

LEGALS

W. 26th Street, New York, NY 10001. Purpose: Any lawful purpose. D-297388

NOTICE OF LLC FORMATION

63-02 WETHEROLE STREET REALTY LLC. Arts. of Org. filed with the SSNY on 09/15/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Shiraz Rayani, 62-51 Booth Street, Rego Park, NY 11374. Purpose: Any lawful purpose. D-297483

NOTICE OF LLC FORMATION

94 DELMAR PL LLC. Arts. of Org. filed with the SSNY on 09/12/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 95-27 86th Street, Jamaica, NY 11416. Purpose: Any lawful purpose. D-297236

NOTICE OF LLC FORMATION

AC POWER 31, LLC. App. for Auth. filed with the SSNY on 08/26/22. Originally filed with Secretary of State of Delaware on 11/19/2021. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 20 West 22nd Street, Suite 1501, New York, NY 10010. Purpose: Any lawful purpose. D-296776

Notice of Formation of Arielaft, LLC, a Domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State of New York (SSNY) on 9/1/22. Office location: County of Albany. SSNY is designated as agent of LLC upon who process may be served. SSNY shall mail copy of process to: c/o Jonathan S. McCardle, 111 Washington Avenue, Suite 501, Albany, NY 12210. Purpose: Any lawful purpose. D-296972

NOTICE OF LLC FORMATION

AUGUST DEV. LLC. Arts. of Org. filed with the SSNY on 08/25/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1 Rockefeller Plaza, 10th Floor, New York, NY 10020. Purpose: Any lawful purpose. D-297465

NOTICE OF LLC FORMATION

BABANAPPA ASSETS LLC. Arts. of Org. filed with the SSNY on 09/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of

LEGALS

process to the LLC, 1150 Colgate Avenue, Apartment #3C, Bronx, NY 10472. Purpose: Any lawful purpose. D-297607

NOTICE OF LLC FORMATION

BANY LEGACY PARTNERS LLC. Arts. of Org. filed with the SSNY on 09/21/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Alejo Czerwonko, 856 Washington Avenue, 8A, Brooklyn, NY 11238. Purpose: Any lawful purpose. D-297784

NOTICE OF LLC FORMATION

BLACKSTAR TITLE AGENCY, LLC. Arts. of Org. filed with the SSNY on 08/26/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 140 Mountain Avenue, Suite 101, Springfield, NJ 07081. Purpose: Any lawful purpose. D-296536

NOTICE OF LLC FORMATION

BLOCK 1478 LLC. Arts. of Org. filed with the SSNY on 08/16/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 182A Dixon Avenue, Staten Island, NY 10303. Purpose: Any lawful purpose. D-296632

NOTICE OF LLC FORMATION

CATERPILLAR DENTAL PLLC. Arts. of Org. filed with the SSNY on 09/06/22. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 475 Locke Street, Apartment 6, Brooklyn, NY 11236. Purpose: For the practice of the profession of Dentistry. D-296965

NOTICE OF LLC FORMATION

CHAPMAN TAMPA, LLC. Arts. of Org. filed with the SSNY on 08/29/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Patrick Milner, c/o Chapman Consulting, LLC 770 Lexington Avenue, 11th Floor, New York, NY 10065. Purpose: Any lawful purpose. D-296576

NOTICE OF LLC FORMATION

CSS WEST CHELSEA, LLC. Arts. of Org. filed with the SSNY on 09/15/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 80

LEGALS

Fifth Avenue, Suite 1101, New York, NY 10011. Purpose: Any lawful purpose. D-297466

NOTICE OF LLC FORMATION

DEETOXING LLC. Arts. of Org. filed with the SSNY on 08/04/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Kimerling & Wisdom LLC, 150 Broadway, Suite 1105, New York, NY 10038. Purpose: Any lawful purpose. D-296238

NOTICE OF LLC FORMATION

EASTBOUND EQUITIES LLC. Arts. of Org. filed with the SSNY on 09/06/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 102 East 22nd Street, #2AB, New York, NY 10010. Purpose: Any lawful purpose. D-296964

NOTICE OF LLC FORMATION

EGJ LLC. Arts. of Org. filed with the SSNY on 08/26/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5 Palisades Drive, Suite 315, Albany, NY 12205. Purpose: Any lawful purpose. D-296514

NOTICE OF LLC FORMATION

ELIE WEISS DDS PLLC. Arts. of Org. filed with the SSNY on 09/06/22. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 1845 East 21st Street, Brooklyn, NY 11229. Purpose: For the practice of the profession of Dentistry. D-296966

NOTICE OF LLC FORMATION

FIRST BRIDGE HILL LLC. Arts. of Org. filed with the SSNY on 08/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1736 86th Street, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-296633

NOTICE OF LLC FORMATION

FIRST SHADY PATH LLC. Arts. of Org. filed with the SSNY on 08/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1736 86th Street, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-296635

LEGALS

NOTICE OF PUBLIC HEARING

TOWN OF BETHLEHEM NOTICE IS HEREBY GIVEN that a public hearing will be held by the Town Board of the Town of Bethlehem on October 12, 2022 at 6:00 pm to consider a proposed Local Law to Amend the Town Code, Chapter 76, Garbage, Rubbish & Refuse to include Junk Vehicles. All interested persons and citizens will have an opportunity to be heard at the said hearing. BY ORDER OF THE TOWN BOARD
TOWN OF BETHLEHEM
Nanci Moquin
Town Clerk
Dated: September 28, 2022
D-298173

NOTICE OF LLC FORMATION

GPTT LLC. Arts. of Org. filed with the SSNY on 08/29/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6824 5th Avenue, Brooklyn, NY 11220. Purpose: Any lawful purpose. D-296577

NOTICE OF LLC FORMATION

GRAND BABY, LLC. Arts. of Org. filed with the SSNY on 09/16/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 17 Williams Avenue, Syosset, NY 11791. Purpose: Any lawful purpose. D-297572

NOTICE OF LLC FORMATION

HARRIS EQUIPMENT LLC. Arts. of Org. filed with the SSNY on 08/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 60 Cutter Mill Road, Suite 505, Great Neck, NY 11021. Purpose: Any lawful purpose. D-296775

NOTICE OF LLC FORMATION

HEART INDEPENDENT LLC. Arts. of Org. filed with the SSNY on 09/01/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 733 Third Avenue, 16th Floor, New York, NY 10017. Purpose: Any lawful purpose. D-296789

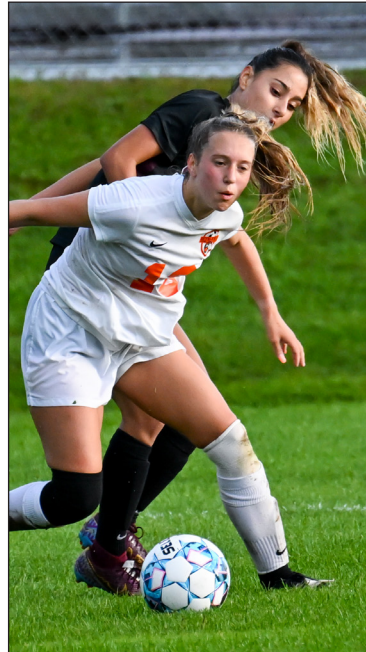
NOTICE OF LLC FORMATION

HOPE THIS WORKS, LLC. Arts. of Org. filed with the SSNY on 08/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Hope Creative Realty,

SCHOLASTIC SPORTS

Stalemate

BURNT HILLS — The Bethlehem girls played the Spartans to a 1-1 tie on Tuesday, Sept. 27. Casey Holstein scored the lone goal for the Eagles on an assist by Maeve Fitzpatrick early in the second half. Samantha Torres scored for Burnt Hills (4-4-1 overall.) Keeper Kinley Logsdon had eight saves for the Eagles (3-1-1 in league play and 4-2-1 overall.) Bethlehem will travel to Niskayuna on Thursday, Sept. 29, host Ballston Spa on Saturday, Oct. 1 and play at Shaker on Monday, Oct. 3 Find more photos from the match on our website at Spotlightnews.com.



Jim Franco / Spotlight News



LEGALS

LLC, 178 Hope Street, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-295981

NOTICE OF LLC FORMATION

JKNYC HOLDINGS LLC. Arts. of Org. filed with the SSNY on 08/31/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 58 Magnolia Avenue, Montvale, NJ 07645. Purpose: Any lawful purpose. D-296714

NOTICE OF LLC FORMATION

KM TAXI LLC. Arts. of Org. filed with the SSNY on 05/17/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 34-21 62nd Street, 2nd Floor, Woodside, NY 11377. Purpose: Any lawful purpose. D-295979

NOTICE OF LLC FORMATION

KOU CONSULTING LLC. Arts. of Org. filed with the SSNY on 09/09/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 165 Vanderbilt Avenue, Brooklyn, NY 11205. Purpose: Any lawful purpose. D-297226

NOTICE OF LLC FORMATION

LABOGRUP LLC. Arts. of Org. filed with the SSNY on 09/09/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Acutime, 1001 Avenue of the Americas, New York, NY 10018. Purpose: Any lawful purpose. D-297644

To place your Legal Notice: Call 439-4949

LEGALS

NOTICE OF LLC FORMATION

LCT 3620 168 ST REALTY LLC. Arts. of Org. filed with the SSNY on 08/23/22, with an existence date of 09/01/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 136-61 41st Avenue, #118, Flushing, NY 11355. Purpose: Any lawful purpose. D-296379

NOTICE OF LLC FORMATION

MARBLEVORES LLC. Arts. of Org. filed with the SSNY on 09/12/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Joseph Birbiglia, 355 Hope Street, #2, Providence, RI 02906. Purpose: Any lawful purpose. D-297287

NOTICE OF LLC FORMATION

MAYHEM HOUSE LLC. Arts. of Org. filed with the SSNY on 08/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 124 West 23rd Street, Unit 9B, New York, NY 10011. Purpose: Any lawful purpose. D-295984

NOTICE OF LLC FORMATION

MISCHIEF GAMES LLC. Arts. of Org. filed with the SSNY on 08/30/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Bethany Lester, 182 East 95th Street, Apartment 10F, New York, NY 10128. Purpose: Any lawful purpose. D-296636

NOTICE OF LLC FORMATION

MISHAJOE LLC. Arts. of Org. filed with the SSNY on 09/14/22. Office:

LEGALS

Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 29 West 36th Street, Suite 407, New York, NY 10018. Purpose: Any lawful purpose. D-297443

NOTICE OF LLC FORMATION

MONAGRI LIGHTING LLC. Arts. of Org. filed with the SSNY on 09/01/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 934 Jefferson Avenue, Brooklyn, NY 11221. Purpose: Any lawful purpose. D-296791

NOTICE OF LLC FORMATION

NFM PARK SLOPE LLC. Arts. of Org. filed with the SSNY on 08/25/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 East 61st Street, Apartment 18BC, New York, NY 10065. Purpose: Any lawful purpose. D-296381

NOTICE OF LLC FORMATION

NION ELECTRICAL LLC. Arts. of Org. filed with the SSNY on 08/30/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 40-11 Ditmars Boulevard, 2nd Floor, Astoria, NY 11105. Purpose: Any lawful purpose. D-296637

NOTICE OF LLC FORMATION

OKTO EPSILON HOLDINGS LLC. Arts. of Org. filed with the SSNY on 09/02/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Gordon & Petkos LLP, 5

LEGALS

Columbus Circle, Suite 710, New York, NY 10019. Purpose: Any lawful purpose. D-296867

NOTICE OF LLC FORMATION

OKTO EPSILON LLC. Arts. of Org. filed with the SSNY on 09/02/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Gordon & Petkos LLP, 5 Columbus Circle, Suite 710, New York, NY 10019. Purpose: Any lawful purpose. D-296868

NOTICE OF LLC FORMATION

OLD HAT VINTAGE LLC. Arts. of Org. filed with the SSNY on 09/13/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 45-72 172nd Street, Flushing, NY 11358. Purpose: Any lawful purpose. D-297772

NOTICE OF LLC FORMATION

PICO HOUSE LLC. Arts. of Org. filed with the SSNY on 07/27/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 339 Nostrand Avenue, 402C, Brooklyn, NY 11216. Purpose: Any lawful purpose. D-297685

NOTICE OF LLC FORMATION

PRETTY BOY, LLC. Arts. of Org. filed with the SSNY on 09/16/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 17 Williams Avenue, Syoset, NY 11791. Purpose: Any lawful purpose. D-297573

To place your Legal Notice: Call 439-4949

LEGALS

NOTICE OF LLC FORMATION

PROACTIVE DEVELOPMENT GROUP LLC. Arts. of Org. filed with the SSNY on 09/14/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 22 East 41st Street, Third Floor, New York, NY 10017. Purpose: Any lawful purpose. D-297428

SELKIRK FIRE DISTRICT BOARD OF FIRE COMMISSIONERS PUBLIC HEARING NOTICE

The Selkirk Fire District will hold a public hearing on Tuesday October 18, 2022 at 6:00 PM at the Selkirk Fire Station #1, 126 Maple Avenue, Selkirk, for the purpose of presenting the 2023 proposed district budget. At that time, anyone who would like to comment on the 2023 proposed district budget shall be heard.

A copy of the proposed district budget will be available for viewing on the district website: <http://www.selkirkfd.org> and is available at any Selkirk Fire District station upon request: Selkirk Fire Station No. 1: 126 Maple Avenue, Selkirk, NY 12158 Selkirk Fire Station No. 2: 301 Glenmont Road, Glenmont, NY 12077 Selkirk Fire Station No. 3: 480 Bridge Street, Selkirk, NY 12158 Anyone in need of reasonable accommodations can contact the Selkirk Fire District. This meeting room is ADA compliant. Stephanie L. Krause District Secretary Selkirk Fire District Board of Fire Commissioners D-298130

NOTICE OF PUBLIC HEARING ON THE BUDGET

NOTICE IS HEREBY GIVEN that the Proposed Budget of the Slingerlands Fire District located in the Towns of Bethlehem and New Scotland, Albany County, State of New York, will

LEGALS

be presented to the Board of Fire Commissioners of the Slingerlands Fire District, for its consideration. A PUBLIC HEARING and as such as other business as needed will be held at 7:00 p.m. at the Slingerlands Fire District firehouse located at 1520 New Scotland Road, Slingerlands, New York 12159, for the Towns of Bethlehem and New Scotland, Albany County, State of New York on the 18th day of October, 2022. Pursuant to Town Law §105, the Board of Fire Commissioners must hold a public hearing on the budget, make the proposed budget available to the public prior to the public hearing, allow the public to comment on the budget at the public hearing. This public hearing must be held to allow maximum public participation in the hearing. The purpose of the public hearing is to allow any person to be heard in favor of or against the proposed budget as it is submitted, or for or against any item or items contained in the proposed budget, and hearing all persons interested in the subject concerning same. That a copy of the proposed budget is available at the Office of the Town Clerk's Office for the Town of Bethlehem at 445 Delaware Avenue, Delmar, New York and the Town of New Scotland at 2029 New Scotland Road, Slingerlands, New York and the Fire District Secretary at the Slingerlands Fire District's firehouse where it may be inspected by an interested person during office hours. D-297912

relocate the branch at 180 Delaware Avenue, Delmar, NY to 164 Delaware Avenue, Delmar, NY. Any person wishing to comment on this application may file comments in writing with the Director for Large Bank Licensing, Office of the Comptroller of the Currency, 400 7th Street SW, Mail Stop 10E-2, Washington, DC 20219 within 15 days after the date of this publication. D-297669

NOTICE OF LLC FORMATION

SAT3 STUDIO, LLC. Arts. of Org. filed with the SSNY on 09/01/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Tesser, Ryan & Rochman, LLP, 151 Fisher Lane, Suite 200, White Plains, NY 10603. Purpose: Any lawful purpose. D-296792

NOTICE OF LLC FORMATION

SAY IT LIKE YOU LLC. Arts. of Org. filed with the SSNY on 08/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 480 Humboldt Street, Brooklyn, NY 11211. Purpose: Any lawful purpose. D-296184

NOTICE OF APPLICATION TO RELOCATE A BRANCH OFFICE

Notice is hereby given that Citizens Bank, National Association, One Citizens Plaza, Providence, RI 02903, has filed an application with the Comptroller of the Currency on October 5, 2022, as specified in 12 CFR 5 for permission to

LEGALS

relocate the branch at 180 Delaware Avenue, Delmar, NY to 164 Delaware Avenue, Delmar, NY. Any person wishing to comment on this application may file comments in writing with the Director for Large Bank Licensing, Office of the Comptroller of the Currency, 400 7th Street SW, Mail Stop 10E-2, Washington, DC 20219 within 15 days after the date of this publication. D-297669

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NOTICE OF LLC FORMATION

SUPER ARCHAIC LLC. Arts. of Org. filed with the SSNY on 09/19/22. Latest date to dissolve: 12/31/2122. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35-18 Clearview Expy, #355, Bayside, NY 11361. Purpose: Any lawful purpose. D-297609

NOTICE OF LLC FORMATION

SYNERGY IJ LLC. Arts. of Org. filed with the SSNY on 08/30/22. Of-

LEGALS

Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1274 49th Street, Suite 433, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-296660

NOTICE OF LLC FORMATION

TAX CREDIT GENIUS LLC. Arts. of Org. filed with the SSNY on 09/06/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 2078 Richmond Avenue, Staten Island, NY 10314. Purpose: Any lawful purpose. D-296976

NOTICE OF LLC FORMATION

THE GROTTO RESTAURANT AND PIZZERIA LLC. Arts. of Org. filed with the SSNY on 08/08/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 69 New Street, New York, NY 10004. Purpose: Any lawful purpose. D-296316

NOTICE OF LLC FORMATION

WILMINGTON DEVELOPMENT GROUP, L.L.C. App. for Auth. filed with the SSNY on 08/25/22. Originally filed with the Department of State Corporation Bureau of Pennsylvania on 01/27/2014. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 16 Tall Trees Court, New Castle, PA 16105. Purpose: Any lawful purpose. D-296510

To place your Legal Notice: Call 439-4949



The Friends of the Slingerland Family Burial Vault

■ COMMUNITY

Slingerlands Living History Walking Tour

Sunday afternoon, Oct. 16

SLINGERLANDS — The Friends of the Slingerland Family Burial Vault present a Slingerlands Living History Walking Tour on Sunday afternoon Oct. 16.

Participants will enjoy an afternoon walking tour in the hamlet of Slingerlands that features costumed actors portraying local notables like Congressman John I. Slingerland and engineer William H. Slingerland. Other notables are star pitcher of the Slingerland Echo baseball team Adam Mattice and African American resident James Dickson. New this year are architect Grace Slingerland and attorney Ruth Miner

Tours step off at 2, 2:30 and 3 p.m. on Sunday, Oct. 16, from the picnic pavilion at the Slingerlands Fire Department, 1520 New Scotland Road.

Advance tickets are required and can

■ IF YOU GO

- **What:** Slingerlands Living History Walking Tour
- **When:** 2, 2:30 and 3 p.m. on Sunday, Oct. 16
- **Where:** Slingerlands Fire District; 1520 New Scotland Road; Slingerlands
- **How much:** \$21.82 / each
- **Info:** <https://slingerlandvault.eventbrite.com>.
If you have any questions, contact: Sue Virgilio, 518-847-8340, or email FriendsOfTheVault@gmail.com.

be purchased through Eventbrite. <https://slingerlandvault.eventbrite.com>.

If you have any questions, contact: Sue Virgilio, 518-847-8340, or email FriendsOfTheVault@gmail.com.

Find out more about this event and Friends of the Slingerland Family Burial Vault at www.SlingerlandVault.org.

■ LIBRARIES

Author Visit & Discussion

Join us as we discuss “Forever Chrysalis” by Maija DeRoche, at 6 p.m., Friday, Oct. 7. Meet this Finger Lakes author, and sample Finnish bread with coffee. Please register, and pick up a copy of the book at the library.



Bricks, Bits, Bees & Bots

Use the library LEGO® bricks for building, littleBits and Strawbees for inventing, and Ozobots to learn easy coding. Grades K-5, please register for this 1 p.m., Friday, Oct. 7 program.

Antiracism Learning Circle

Join us at 7 p.m.,

Tuesday, Oct. 11, as we explore antiracist ideas and practices. Watch “So You Want to Talk About Race,” by author Ijeoma Oluo and come ready to have brave conversations and grow your understanding. Ground rules will be shared in advance. Please register online.

History Walk with Mr. Ulion

Local history guide, Dennis Ulion, will lead you on a 2+ mile walk through Voorheesville, and down memory lane. Meet us at 9:30 a.m., Friday, Oct. 14, at the overflow parking area for St. Matthews on

Mountainview. Be sure to wear comfortable shoes and clothing layers, as the weather is turning chilly. Please register.

Get to know the MHL

Join our host, Sarah Walsh, Associate Director of the Mohawk Hudson Land Conservancy, at 6 p.m., Thursday, Oct. 13., as she leads a discussion on the many physical and mental health benefits of spending time in nature. MHL has many beginner-friendly trails, and we will discuss the ways that visitors can have a positive and safe outdoor experience. This program is made possible through a grant from the Northeast Wellness and Fitness Initiative, inc.

— Lynn Kohler

DIY After School Snacks

Kids, here's your chance to play with your food on Wednesday, Oct. 12, at 3:30 p.m. Make a fun Owl Rice Cake and some Halloween snack mix, too. Perfect for kids 9 and up – register today.



reserve your spot.

Firefighters Visit Romp And Read!

Kids will meet members of the Ravena Fire Company when they visit our Friday morning Storytime on Oct. 14, at 10 a.m.

Learn about fire safety, see what gear they wear, and even check out the fire truck! Registration required, sign up to

Art Workshop: Feeling Color

Feeling artistic? Join us for a Zoom painting session offered in conjunction with the Pollock-Krasner House and Study Center in East Hampton on Monday, Oct. 17, at 2 p.m.

Hot pink, cool green, fiery red! Explore how Krasner and Pollock used color to convey emotion and energy, then learn basic color mixing techniques, followed by expressive painting.

The Library will provide painting supplies – sign up today!

Wednesday Movies

Join us as we feature “Elvis” for our Wednesday Movie on Oct. 19, at 2 p.m.

From his rise to fame to his unprecedented superstardom, rock ‘n’ roll icon Elvis Presley maintains a complicated relationship with his enigmatic manager, Colonel Tom Parker, over the course of 20 years. Central to Presley’s journey and happiness is one of the most influential people in his life -- Priscilla.

Register today to reserve your spot.

— Carol Melewski

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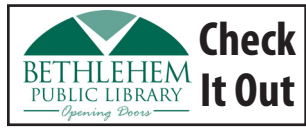
LIBRARIES

On display at the library

Do you have artwork, a collection or a message you would like to share with others? The library has display and exhibit spaces available to the public on a first-come basis. It is easy to sign up through www.bethlehempubliclibrary.org by clicking on the "Book a Space" tab, or visit the Information Desk to see what is available. Reservation priority is given to residents of the Bethlehem Central School District.

The different exhibit areas include: hallway wall space; a 6-by-3-foot exhibit table opposite the entrance to the library proper; and locked exhibit cases in the hallway and Children's Place. Reservations for these spaces can be made up to 12 months in advance.

The library's policy is available on the website and it provides additional guidelines.



Tales for young and old

Preeminent storyteller, author and Abenaki elder Joe Bruchac returns to the library for two storytelling programs Monday, Oct. 10, at 11 a.m. and 2 p.m. As a professional teller of the traditional tales of the Adirondacks and the Native peoples of the Northeastern woodlands, Bruchac has performed extensively throughout the world. He is the author of more than 130 books in several genres for young readers and adults. He lives in the Adirondack foothills town of Greenfield Center, in the same house where his maternal grandparents raised him.

Copies of his work will be available for purchase and signing following both

programs. These programs will take place on the Green, weather permitting. Seating is available on a first-come basis.

The Great Give Back

The Great Give Back is an opportunity for library patrons all across the state to partake in meaningful, service-oriented experiences. At Bethlehem Public Library, our visitors can participate in the following ways:

1. First, we are collecting new, unopened household cleaning and hygiene supplies for the Bethlehem Food Pantry from Oct. 3-21. A collection receptacle will be set up in the lobby.

2. Stop by the library's Community Room Tuesday Oct. 11 from 2:30-4 p.m. to create handcrafted cards with kind and inspiring messages.

— Kristen Roberts

Doubleheader: Two Baseball Authors

America's pastime takes center stage on Saturday, Oct. 8, at 1 p.m. with two notable baseball authors. Erik Sherman returns to GPL to read from *Two Sides of Glory: The 1986 Boston Red Sox in Their Own Words*. Also appearing is Eric Gray, who will read from *Backyards to Ballparks: More Personal Baseball Stories from the Stands and Beyond*. Both authors will sell and sign copies of their books. No registration needed.

Poetry Workshop with Susan Comminos

Locally-based, nationally-known Poet Susan Comminos will present a dynamic workshop, "The Creative Fever of Folklore," on Saturday, Oct. 8 at 2-3:15 p.m., exploring effective



poetic devices. Among the topics covered, we'll discuss how individual poets inherit and manage a legacy. Please register on the Events tab of guilderlandlibrary.org; space is limited.

Project Picture Book

Grades pre-K through 2 are invited to join us for a fun read-aloud and related hands-on project on Friday, Oct. 7 at 3 p.m. Dress for a mess! Please register on the Events tab of our website.

Fall Markets

Every Sunday in October will be jam-packed with activity in our upper parking lot! GPL's Sunshine Committee presents a Fall Marketplace,

featuring a variety of local homegrown craft vendors, on Sunday, Oct. 9, 10 a.m. to 2 p.m. Then, the Guilderland Farmer's Market extends their fall run to include Sunday, Oct. 16, 23 and 30, returning for a fabulous fall finale in advance of Halloween!

Night Owls Book Club

Our next selection is "Vanderbilt: The Rise and Fall of an American Dynasty," by bestselling author and journalist Anderson Cooper and bestselling historian and novelist Katherine Howe. Register to join the discussion in-person or virtually on Monday, Oct. 10, at 7:30 p.m.

— Luanne Nicholson

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From page 5 ... Love your neighbor

- Return a borrowed book to a neighbor.
- Bring attention to the accomplishments of a neighbor.

“We all have the capacity for kindness – but we don’t always act on it,” said Krista Bourne, chief operating officer of Verizon Consumer Group. “We hope the results of this research will showcase just how easy and cost effective it is to be kind – and for

people to take action. Whether you are at the store, at work or in your neighborhood, we can all use a little more kindness.”

“As communities are navigating inflation and economic challenges these findings are a clear reminder that simple acts of kindness come at little cost, and are a powerful way to strengthen our neighborhoods,” said Sarah Friar, Chief

Executive Officer, Nextdoor. “Offering a thoughtful word or simply reaching out to your neighbor builds important connections in our communities so that everyone has a neighborhood they can rely on.”

“Kindness is a great way to kickstart cooperative relationships with neighbors. We hope these recommended acts of kindness will help make everyone’s community a kinder place to be,” said Dr Oliver Scott Curry, Chief Science Officer for kindness.org.

Verizon’s #ACallForKindness campaign inspires kind acts through a multifaceted approach that leverages research, inspires people through art, educates people through kindness experts, and provides opportunities for people to quickly and easily choose kindness, no matter who they are or where they live. Visit verizon.com/kindness to take the kindness pledge and learn how you can choose kindness today.

From page 2 ... Crimes

picture of the license plate of the Honda, which was registered to Demania. She also told police that there was a female passenger in the car with Demania.

Bethlehem EMS did respond to the scene, but the victim refused further medical attention.

During an investigation the victim positively identified him.

On Tuesday, Sept. 27, Demania was taken into custody and interviewed at the police station. His girlfriend came to the station on her own, said she was in the vehicle and admitted she and Demania fabricated a story to tell police about the incident.

Demania was charged with hate crime assault, a felony, and assault to cause physical injury, a misdemeanor.

He was given an appearance ticket for the charges and was released. Demania is scheduled to return to court on Monday, Oct. 3.

Domestic dispute leads to DWAI, drugs

VOORHEESVILLE - On Monday, Sept. 19, at about 2:50 a.m. State Police responded to the report of a domestic dispute in Voorheesville. While en route to the complaint, Troopers were advised one of the parties involved had left in a vehicle. They located the vehicle on Maple Road and performed a traffic stop. The operator was identified as a 30-year-old Voorheesville man. During the interview of the operator, Troopers observed signs of impairment. Roadside sobriety testing was conducted, which he failed. The man was arrested for DWI - drugs and found to possess drugs.

He was brought to SP Gunderland for processing, where a Drug Recognition Expert evaluated him and he provided a blood sample. The man was issued

tickets returnable to the New Scotland Town Court on Thursday, Oct. 6. He was then turned over to the Albany County Sheriff’s Office for pending charges related to the original dispute.

DWI, fake money

ALBANY - State Police arrested Christopher B. Cruz, 20, of Selkirk for possession of a forged instrument, a felony, and aggravated DWI.

On Tuesday, Sept 27 at about 10:06 p.m., Troopers stopped a vehicle on Interstate 787 in the city of Albany, NY, for a moving violation. During the interview, Troopers identified Cruz as the operator. Cruz was subsequently arrested for DWI. He was found to possess forged U.S. currency.

Cruz was transported to SP Latham for processing, where he provided a breath sample that returned a 0.27 percent BAC. He was given an appearance ticket and released. Cruz is scheduled to appear before the Albany City Court on Friday, Oct 7.

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Day	Time	Incident	Location	Responding Agency
Friday, September 23	10:49 a.m.	Crash Unknown	Ave / Delmar Byp	Slingerlands, Delmar VFD
	1:57 a.m.	Structure Fire Vulnerable LC	Beverwyck Ln	North Bethlehem, Slingerlands VFD
	1:24 p.m.	Crash PI	Route 9W	Selkirk VFD
	2:14 p.m.	Structure Fire Vulnerable LC	Route 9W	Selkirk, Elsmere VFD
4:07 p.m.	Unknown	Ave / Meads Ln	Delmar VFD	
Saturday, September 24	11:01 a.m.	Structure Fire Alarm	New Scotland Ave	Delmar VFD
Sunday, September 25	11:00 a.m.	Structure Fire Vulnerable LC	Beverwyck Ln	North Bethlehem VFD
Monday, September 26	1:02 p.m.	EMS Call	Village Dr	Slingerlands, Delmar, Slingerlands VFD
	2:44 p.m.	Crash Unknown	River Rd	Selkirk, Slingerlands VFD
Tuesday, September 27	5:05 a.m.	Structure Fire Alarm	Fields End Dr	Elsmere VFD
	5:32 a.m.	EMS Call	Creekside Ct	North Bethlehem Vfd
	4:21 p.m.	Rescue	Dorchester Ave	Selkirk, Delmar VFD
Wednesday, September 28	7:48 a.m.	Structure Fire Vulnerable	Rockefeller Rd	Elsmere, Delmar VFD
	9:02 a.m.	Structure Fire Confirmed	River Rd	Selkirk, Delmar, Elsmere VFD
	3:22 p.m.	Structure Fire Alarm	Leonard Dr	Slingerlands, Delmar, Elsmere VFD
	5:06 p.m.	Structure Fire Vulnerable LC	Rockefeller Rd	Elsmere, Delmar VFD
	5:31 p.m.	Crash PI	Krumkill Rd	North Bethlehem VFD
Thursday, September 29	5:09 p.m.	Structure Fire Alarm	Burhans Pl	Elsmere VFD
	5:42 p.m.	Structure Fire Vulnerable LC	Rockefeller Rd	Elsmere VFD
	7:05 p.m.	Structure Fire Confirmed	Delaware Ave, 2	Elsmere VFD



Flyin' high

Wild in the Trees melded music, skateboarding.

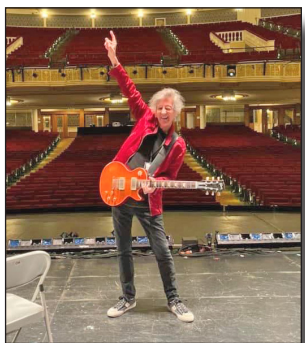
Page B19

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CULTURE

INSIDE



'A charmed life'

He picked up the guitar and manifested a charmed life.

Page B3



Restless sleeper?

There's reason to be concerned if you're restless.

Pages B5



The Lincoln Park Pool is a South End asset long threatened to be lost, but now there's hope to keep it around for future generations

By **MICHAEL HALLISEY**
 halliseym@spotlightnews.com

ALBANY — The Lincoln Park Pool has had a water problem that has forced city leaders to wrestle with the thought of closing the nearly 100-year-old summer attraction altogether since the 1980s.

Next summer, it will be closed — but only for it to be replaced.

Mayor Kathy Sheehan joined Department of Recreation Commissioner Jonathan Jones on Wednesday, Sept. 28 to announce the final concept for the new Lincoln Park Pool. The idea was voted upon by approximately 1,600, with an overwhelming majority choosing to retain its unique zero-entry features.

The City anticipates obtaining final engineered design plans early next year and will publish a Request For Proposals to both demolish the current structure and build the new pool by 2024. As drawn today, it is a comprehensive plan that includes a 10,000-square-foot zero-entry pool, a 10-Lane half-sized Olympic lap pool, a 6,000-square-foot splash pad, and a water slide. The plan also includes a new, 10,000-square-foot playground, with restrooms and shade pavilions.

The City has long grappled with repairing or closing the neighborhood pool. It was first opened in 1930 in what once was a ravine. William Kennedy scribed how the stream that ran through the ravine was heavily polluted by residents and surrounding breweries in his book, "O Albany!". The ravine was filled to create Lincoln Park.

Continues on page B6

Gene pool



Business for Good Co-Founder Ed Mitzen, far right, announced a \$1 million donation toward the construction of a new Lincoln Park pool. He also pledged that his organization will spearhead a \$10 million campaign to raise additional funds.

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VOTE

Pumpkin or apple season? That's the great debate for October.

Michael Hallisey / The Spot 518

quote of the week

"I have the best, most loyal and fascinating friends in the world. I get to play with literally the best musicians and singers in the world, and have the best daughter in the world. I truly lead a charmed life."




— David Malachowski, guitarist, music director, songwriter



contents

What's Happening B3-B6
 Feature B5
 Crossword Puzzle B8
 Sudoku Puzzle B9
 Arts Calendar B7-B12
 Food & Vino B13
 Reviews B13-B18
 Service Directory B15
 Classifieds B17
 Photo Gallery B19

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■ IN MEMORIAM

‘A charmed life’

David Malachowski, guitarist for Shania Twain, Janie Fricke, dies at 67

By MICHAEL HALLISEY
halliseym@spotlightnews.com

NEW YORK CITY — David Malachowski’s response to a help wanted advertisement thrust him down a pathway of dreams, playing his guitar in hit Broadway musicals and a burgeoning country music legend, died on Thursday, Sept. 29. He was 67.

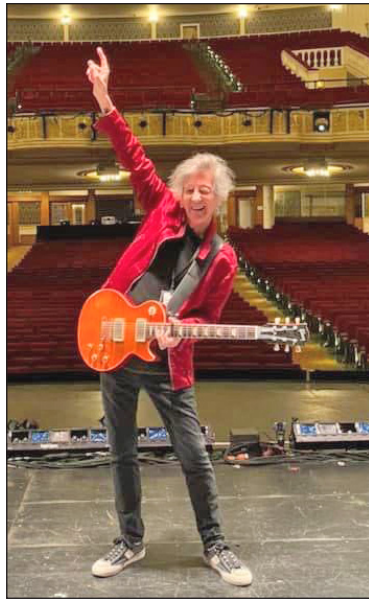
Players from the local music scene described Malachowski as lacking the pretense of a man who tasted the fame from touring with Shania Twain while on her meteoric rise up the country music charts. His career continued on through a hit parade that included playing the guitar in “Rent” and “Mama Mia.”

According to a social media post shared by his daughter, Lindsay, Malachowski died in hospice care in New York City.

“How it started, I watched The Beatles play on Ed Sullivan 58 years ago today,” he shared in a social media post on the Beatles’ anniversary in February. “How it’s going, I played the Ed Sullivan Theatre twice.

“Manifest.”

Since picking up the guitar when he was 8, he manifested a career that included early stints



David Malachowski answered a help wanted ad and followed it down a pathway of dreams. He played guitar for county music stars like Shania Twain and Janie Fricke. He later lent his talents to Broadway hits. Here, he’s pictured on the Proctors stage in preparation for “Rent.” He also played guitar for a production of “Mama Mia.”

David Malachowski / Facebook

with Reckless, The Greg Austin Band and Commander Cody & His Lost Planet Airmen. He answered a help-wanted advertisement published in Albany’s *Metroland* weekly magazine, which led to his pairing with Twain from 1995 to 2007. Prior to that, he briefly played alongside another country music star, Janie Fricke.

His work also included playing with Savoy Brown, Mechanical Bull, Garth Hudson, Phoebe Legere, Genya Ravan, Anthony Rapp, Daphne Rubin-Vega and Pavlov’s Dog.

Upon turning 65, Malachowski joked about how he didn’t think he’d make it that far. “The plan was... to go out in a blaze of glory at 27,” he said.

He had no thoughts of retiring. Still looking very much like a rock star, a fresh face framed within a long mane of silver hair appeared with members of Pavlov’s Dog. Another photo revealed all of the colorful tattoos painted down both of his outstretched arms, with a thin scarf draped around his neck.

“Many my age talk about the ‘good old days,’ but I feel *now* is, *today* is, *this very moment* is, and what lies ahead. I have the best, most loyal and fascinating friends in the world. I get to play with literally the best musicians and singers in the world, and have the best daughter in the world.

“I truly lead a charmed life.”

■ WHAT’S HAPPENING NOW



DeGrand / Pixabay

John Valby
Empire Live - Saturday, Oct. 8

ALBANY — The doctor is in the house — Empire Live, on Saturday, Oct. 8, at 7 p.m.

After spending an evening with John Valby, audiences find themselves wanting more and more of him.

What makes Valby so unique and entertaining is his uncommon rapport with the audience and his ability to mix his musical talent with a mad-cap variety of “Dirty Ditties.”

Few people can resist laughing at songs that would have earned them a mouthful of soap when they were children. Valby’s repertoire is composed of popular songs, limericks, classical arrangements and his own original creations.

Valby has made a career out of poking fun at his audiences, stretching the limits of free speech and accepted good taste and satirizing current events from behind the piano. When he’s not playing and singing, he yells obscenities and the audience yells them out right back. Everyone has a good time.

The best way to describe John Valby is to blend the following performers together. Allen Sherman, spike Jones, Lenny Bruce and Wierd Al Yankovic all topped off with the Dirt of Redd Foxx, Only better.

Valby’s background started out innocently enough. As a teenager, he attended Mcquaid Jesuit High School in Rochester NY Where the Catholic nuns taught him how to play the piano. Valby attributes his love of music to his father Richard, an accomplished violinist.

Empire Live is located at 93 North Pearl Street in Albany.



LIFE AFTER 50



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HEALTH

Restless sleep

Move around a lot while asleep? Might be bad news for your heart

Poor sleep quality – including moving around too much or having sleep apnea – may increase the risk for a future heart problem, new research suggests.

That problem is called left ventricular diastolic dysfunction, a precursor to heart failure. But not getting enough sleep did not appear to increase that risk, according to a study published Wednesday in the Journal of the American Heart Association.

Heart failure with preserved ejection fraction – a type of heart failure that occurs when the left side of the heart muscle stiffens and can't properly pump blood to the rest of the body – makes up 60 percent of the 37 million cases of heart failure worldwide. "But there is no established method to prevent it," said lead study author Dr. Hidenori Koyama, a professor at Hyogo Medical University in Nishinomiya, Japan. "Our study tells us the potential importance of sleep quality for its prevention."

Prior research has shown sleep problems, including sleep apnea, are associated with an increased rate of heart failure. But little research has examined their association with left ventricular diastolic dysfunction.

Researchers analyzed sleep and heart health data for 452 adults, who were an average of 59 years old, over a nearly three-year period. They measured sleep apnea, sleep duration and how much a person moved while they slept – an indicator that sleep was restless.

People with moderate to severe sleep apnea, or who moved around a lot at night – but not those who didn't get enough sleep – were more likely to develop left ventricular diastolic dysfunction.

Among people with moderate to severe sleep apnea, about 28 percent later developed left ventricular diastolic dysfunction, compared with about 11 percent of those without sleep apnea. Among those who moved around a lot while they slept, 21 percent later developed the heart condition, compared with 8 percent of those who moved less.

A great deal is known about sleep apnea, a common sleep disorder, and how to treat it. Treatment options include continuous positive airway pressure machines, sleep positional therapy, oral devices worn during sleep, weight loss and surgery.

But less is known about how to address excessive movement during sleep. Koyama said many things might cause a person to move during sleep, including restless leg syndrome and a lack of deep sleep.

"There is a strong possibility that body movement during sleep represents a decline in sleep quality, such as a shortage of deep sleep time," Koyama said.

Some ways to improve sleep quality include getting sufficient exercise during the day and sleeping in a dark environment with no exposure to the blue light from smartphones and other electronic devices, he said.

Sleep quality is inadequately studied, said Dr. Michael Grandner, director of the Sleep and Health Research Program at the University of Arizona College of Medicine-Tucson, who was not involved in the new study. He said poor sleep quality might be caused by stress, pain or other health problems but is an important factor to consider when studying the relationship between sleep and overall health.

Grandner co-wrote a recent presidential advisory from the American Heart Association that added sleep duration – from seven to nine hours a night for most adults – to its list of key measures for good cardiovascular health, known as Life's Essential 8. Doctors should routinely ask their patients not just how much they are sleeping, but how well they are sleeping, he said.

"We can't ignore the effects of poor sleep quality, which are separate from sleep duration and sleep disorders," Grandner said. "What this study shows is that we should start thinking about how to improve sleep across multiple dimensions. Not just getting people to get enough sleep, which is a struggle in itself, but how do we get people to get better sleep quality?"

— Laura Williamson, American Heart Association News

WHAT'S HAPPENING NOW

Muddy Ruckus

Putnam Place - Saturday, Oct. 8

SARATOGA SPRINGS — Muddy Ruckus is wrapping up their fourth album, featuring twelve new songs that will resonate deeply with the grit and intensity of their previous music.

On Saturday, the band rolls into Saratoga Springs to play in front of a Putnam Place crowd, starting at 9 p.m.

The new album is promised to focus more on the electric rock sound heard at the band's live shows. The music was recorded over several months at home while drummer Erika Stahl was recovering from a kidney transplant during the pandemic.

Putnam Place is located at 63a Putnam Street in Saratoga Springs.

COMING UP

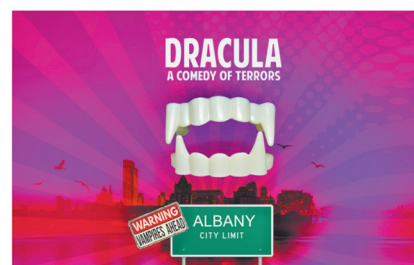
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DRACULA: A COMEDY OF TERRORS

theREP • September 30 - October 23

Ever wondered what would happen if you took Bram Stoker's legendary vampire tale and put in into a blender with the comedic influences of Mel Brooks, Monty Python and "The 39 Steps"? That's just what happens in this lightning fast, laugh-out-loud 90-minute gender-bending, quick change magical romp. Famed female vampire hunter, Jean Van Helsing, and her motley company chase Count Dracula from the English Countryside to Transylvania to "other frightening places," including the Capital Region.



RYAN HAMILTON

UPH • October 8

Ryan recently released his first stand-up special. Armed with the unique perspective of growing up in rural Idaho to becoming a favorite in the New York stand-up comedy scene, he's one-of-a-kind.



CORDAME - DAVINCI'S INVENTIONS

UPH • October 14

Composer Jean Félix Mailloux now transports us into the universe of Leonardo da Vinci. The musicians of Cordame interpret these music and songs inspired by the Italian Renaissance with great sensitivity.



PURE POE

UPH • October 15, Proctors • October 22, theREP • October 29

Lost loves, mad murders, and a prosperous prince attempting to defy death and doom; Edgar Allan Poe's characters come alive in this exciting production.



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10/13 • Comedian Bob Marley

theREP

9/30 - 10/23 • Dracula: A Comedy of Terrors

UPH

10/8 • Ryan Hamilton

10/14 • Cordame - Davinci's Inventions

10/15 • Pure Poe

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WHAT'S HAPPENING NOW

Super 400, featuring Sean Matthew Whiteford performing Led Zeppelin

Cohoes Music Hall - Saturday, Oct. 8

COHOES — Troy's fabled rock trio, Super 400, is known far and wide for telekinetic jams and big love. The Collar City's official three-piece rock band headlines a night of music at Cohoes Music Hall on Saturday, Oct. 8, at 8 p.m.

Active since the mid 1990s the band has released four studio albums and one live set as of September 2009. The band was formed by longtime friends Kenny Hohman and Joe Daley and played in various incarnations throughout New York City and Woodstock.

Tours both in the US and abroad started a chain of bootleg recordings that have been traded and coveted around the world. Their international following sold out over 20 shows across Europe on their last tour. Back home, the mayor of Troy gave Super 400 their own official holiday — "Super 400 Day" — to recognize the band's musical achievements as well as the love and support the city has shown for them.

Sean Matthew Whiteford has been a prominent performer, producer and vocal coach in the Hudson Valley for over 15 years.

At 17 years old, Whiteford founded his rock and roll theatre company, Castaway Productions. As a performer, he has played the role of the narrator, "Lonny," in the musical, "Rock Of Ages" on the Norwegian Breakaway, the El Dorado Showroom in Reno, NV and in the regional debut in Rhinebeck.

Other performances include title roles in "Jesus Christ Superstar," "Hedwig And The Angry Inch", and the 50th Anniversary Concert Production of "Hair" alongside Tony Award-nominee Constantine Maroulis, Shira Elias of Turkuaz and Alexis Michelle of RuPaul's Drag Race.

Cohoes Music Hall is located at 58 Remsen Street in Cohoes.

From page 1 ... Lincoln Park pool

The park has been a recreational center for the South End community ever since. Wagers over semi-professional baseball games sometimes sparked fights before the match's outcome was determined. Those hooligans were later brushed aside, later ushering in tennis courts and a playground. Since the pool was built, an estimated 1,200 city residents visit for a summer respite.

But the pool leaked. A lot. The City says it has been leaking since it was opened 91 years ago. It was recently estimated that 300,000 to 500,000 gallons escape the pool each day. Mayor Kathy Sheehan said that its water had to be shut off at times to allow emergency crews to fight neighboring fires.

Twenty years ago, then-Mayor Jerry Jennings threatened to replace the old pool, and its 1.1 million gallon capacity, with a smaller lap pool. Neighborhood advocates, however, pressed to preserve the pool's unique characteristics, demanding it remains open for a beleaguered community. The City estimates that will cost \$10 million, and it's willing to try.

"During its 91-year history,

it is estimated that hundreds of thousands of people have used the Lincoln Park Pool — whether learning how to swim for the first time or cooling off with their friends and family on a hot summer day — and the pool's unique bowl shape and location in Lincoln Park invokes deep memories for those who have visited," Sheehan said during a Wednesday morning press conference. "Our residents deserve a new facility that can serve our City for another 90 years, and we are one significant step closer to that goal thanks to the generosity and partnership of Ed, Lisa Mitzen, Jahkeen Hoke, and the entire team at Business for Good."

Ed Mitzen, Business for Good Co-Founder and the Lincoln Park Pool Capital Campaign Committee Chair, announced a \$1 million donation toward the construction of the new pool, sharing his goal of raising a total of \$10 million from the Capital District's philanthropy community.

"We founded BFG with the intention of investing in communities and improving people's lives," Mitzen said. "The Lincoln Park Pool will provide families and friends in downtown Albany access to a state-of-the-art recreational spot to gather, get relief from the summer heat, and have fun with activities such as

learning how to swim and other aquatic programs."

Formed in 2020, Business for Good is a philanthropy group focused on equity, access, opportunity, and prosperity. Its efforts were recognized on a national level as a 2022 recipient of Fast Company's World Changing Ideas Awards, which recognizes pioneering teams that are playing an important role in the betterment of the world through intentional philanthropy.

Designed by the Albany-based engineering firm Weston & Sampson, construction is expected to run through next summer. Sheehan said, however, she hopes that would lead to the project's completion in time for 2024. The amenities promised in the new plan retain the features community leaders fought to keep.

"The Lincoln Park Alliance is grateful for the community feedback and collaborative efforts to advocate for the renovations of Lincoln Park Pool," Lincoln Park Alliance Chair Lily Mercogliano said. "As a treasure within our community, we are committed to the best renovation outcome for its future use. ... It is truly an investment in the future of recreation in the South End as well as the entire city."



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MUSIC

9 Maple Avenue

9 Maple Ave., Saratoga Springs.
518-583-CLUB
Fri: **Eric Walentowicz Quartet** | 8 p.m.
Sat: **Jon LeRoy Trio** | 8 p.m.

Albany Capital Center

55 Eagle St., Albany.
518-487-2155

Across The Street Pub

1238 Western Ave., Albany.
518-438-1718
Thurs: **Trivia** | 6:30-8:30 p.m.

The Avalon Lounge

29 Church St, Catskill
518-719-1640
Fri: **Stay off the Fence / Mellophobic / huddle** | 8 p.m.
Sat: **Erica Eso / Kalbells / Fulathela (DJ)** | 8 p.m.
Sun: **Elvis Perkins in Dearland** | 8 p.m.

Bard & Baker**Board Game Cafe Troy**

501 Broadway, Suite 105, Troy
518-948-6693
Wed: **Looking for Group Night** | 6 p.m.
Sun: **The Red Dragon Inn Tavern Learn: Demo and Learn-to-Play Session** | 11 a.m.

Brown's Troy**Taproom & Brewery**

417 River Street, Troy
518-273-2337
Sun: **Chowderfest** | 12 p.m.

Black Bear Inn

310 19th St., Watervliet
518-272-9486

Caffè Lena

47 Phila St., Saratoga Springs
518-583-0022

Wed: **Lance Henson** | 7 p.m.
Thurs: **Chuck Lamb Trio Featuring Diego Figueiredo** | 8 p.m.
Fri: **Michael Jerling** | 8 p.m.
Sat: **Bettye Lavette** | 8 p.m.
Sun: **Hot Club Of Cowtown** | 7 p.m.

Carson's Woodside Tavern

57 NY-9P, Malta
518-584-9791
Thurs: **Melissa Sgambelluri** | 5 p.m.
Fri: **Maurizio Russomanno** | 5 p.m.
Sat: **Completely Different** | 5 p.m.
Sun: **Side Show Willie** | 4 p.m.

Centre Street Pub

308 Union St., Schenectady
518-393-2337
Wed: **Silver Arrow Band** | 4 p.m.
Thurs: **Mike Thomas & His Suitcase Contraption** | 2 p.m.
Fri: **Lush Honey** | 5 p.m.
Sat: **Imi** | 4 p.m.

Cohoes Music Hall

58 Remsen St., Cohoes
518-434-0776
Fri: **The Van Halen Tribute & Sister Twisted** | 8 p.m.
Sat: **Super 400** | 8 p.m.

The Comedy Works

388 Broadway, Saratoga Springs
877-565-3849
Fri: **Joe Matarese** | 8 p.m.

Curtain Call Theatre

HOT SPOTS

EVENTS CALENDAR



Five time Grammy nominee Bettye LaVette

Bettye LaVette is no mere singer. She is an interpreter of the highest order. Lavette is one of very few of her contemporaries who was recording during the birth of soul music in the 60s and is still creating vital recordings today. She performs at Caffè Lena on Saturday, Oct. 8, with doors opening at 7:30 p.m.

Caffè Lena

1 Jeanne Jugan Lane
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Tel: 518 - 877 PLAY (7529)

Druthers Brewing Company

1053 Broadway, Albany
(518) 650-7996

Eden Cafe

269 Osborne Road #3, Albany
518-977-3771
Thurs: **Cabaroke** | 7 p.m.

The Egg

Empire State Plaza., Albany
518-473-1845
Wed: **SLASK' Song and Dance Ensemble** | 7:30 p.m.
Thurs: **Momix** | 7:30 p.m.
Fri: **Joe Pera** | 8 p.m.
Fri: **The Man in Black** | 8 p.m.
Sat: **John Petrucci** | 8 p.m.

Emack & Bolio's

366 Delaware Ave., Albany
518-512-5100

Empire Live/Underground

93 North Pearl St., Albany
866-468-3399
Thurs: **Warren Zeiders** | 7 p.m.
Fri: **Level Up** | 6 p.m.
Sat: **"Dr. Dirty" John Valby** | 7 p.m.

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518-992-3103

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Funny Bone

1 Crossgates Mall Rd #K-206, Albany
518-313-7484.
Wed: **Steve Hytner** | 7:30 p.m.
Thurs: **Craig Robinson** | 7:30 p.m.

Gaffney's

16 Caroline St., Saratoga Springs
518-587-7359

Grappa '72

818 Central Ave., Albany
518-482-7200
Thurs: **The Hamilton Street Jazz Trio** | 5:30-8:30 p.m.
Fri: **Earl Davis with Peg & Bill Delaney** | 5:30-8:30 p.m.

The Hangar on the Hudson

675 River St., Troy
518-272-9740
Sat: **Michaela Anne w/s/g Zan & The Winter Folk** | 8 p.m.

The Hollow Bar + Kitchen

79 North Pearl St., Albany
518-426-8550

Lark Hall

351 Hudson Ave, Albany
518-599-5804
Wed: **Touba Krewe** | 8 p.m.
Fri: **Kick The Cat** | 8 p.m.
Sat: **Afrobeats Night** | 10 p.m.

The Linda

339 Central Ave, Albany
518-465-5233
Sat: **Hudson River Sampler** | 8 p.m.

McGeary's Irish Pub

4 Clinton Square, Albany
518-463-1455
Tues: **Trivia Night** | 7 p.m.

Nashville Of Saratoga

39 Phila Street, Saratoga Springs
518-909-6274
Wed: **Karaoke** | 8 p.m.
Thurs: **Triple Threat Thursday** | 8 p.m.
Fri: **Marcus Ruggerio** | 9 p.m.
Sat: **Beadle Brothers** | 9 p.m.

Nanola

2639 Rt 9, Malta
518-587-1300
Thurs: **Hunks** | 9 p.m.

The Night Owl

17 Maple Ave., Saratoga Springs
518-319-2300

Thurs: **Cookout** | 7 p.m.
Fri: **Fireside Fridays** | 8 p.m.
Sat: **Supper Club Saturdays** | 6 p.m.

Olde English Pub

683 Broadway, Albany
518-434-6533

The Palace Theatre

19 Clinton Ave., Albany
518-465-4663
Sat: **Albany Symphony Opening Night: Tchaikovsky's Fifth** | 7:30 p.m.

Panza's

129 So. Broadway, Saratoga Springs
518-584-6882
Thurs: **The Nick Horace Duo** | 6 p.m.
Fri: **Bronte Roman Duo** | 6:30 p.m.
Sun: **Sinatra & Friends** | 5:30 p.m.

Parish Public House

388 Broadway, Albany
518-465-0444
Wed: **Celtic Session** | 7 p.m.

The Parting Glass

40-42 Lake Ave., Saratoga Springs
518-583-1916

Paulys Hotel

337 Central Ave., Albany
518-426-0828
Thurs: **Matt Smith, Tony Perrino Chris Peck, Pete Sweeney, Brian Melick, Charlie Tokarz** | 8 p.m.

Proctors

432 State Street., Schenectady
518-346-6204
Thurs: **An American Werewolf in London** | 7 p.m.

Putnam Place

63a Putnam St., Saratoga Springs
518-584-8066
Fri: **Matt Smith** | 9 p.m.
Sat: **Muddy Ruckus** | 9 p.m.

Rare Form Brewing Company

90 Congress Street Troy
(518) 326-4303

Ravenswood Grill & Tavern

1021 NY 146, Clifton Park.
518-371-8771
Tues: **Trivia Night** | 6:30 p.m.

The Ruck

104 3rd St., Troy
(518) 273-1872

Rustic Barn Pub

150 Speoigletown Rd, Troy
518-235-5858
Thurs: **Open Mic** | 6 p.m.

The Saratoga Winery

462 Route 29, Saratoga Springs
518-584-9463

Saratoga National

458 Union Avenue Saratoga Springs
518.583.4653

Saratoga City Tavern

19-21 Caroline St., Saratoga Springs
518-581-3230
Thurs: **Karaoke** | 9 p.m.
Mon: **Bingo** | 8 p.m.
Tues: **Trivia** | 8 p.m.

Sand Lake Center for the Arts

2880 NY 43 Averill Park
518-674-2007

SPAC

Avenue of the Pines, Saratoga Springs
518-584-9330

Troy Savings Bank Music Hall

30 Second St., Troy
518-273-0038
Wed: **Adam O'Farrill** | 6 p.m.
Sun: **Taylor Tomlinson** | 7 p.m.

Vapor

342 Jefferson St, Saratoga Springs
(518) 584-2110

Van Slyck's

Rivers Casino & Resort
1 Rush St., Schenectady
518-579-8800
Wed: **Whisper Band** | 2 p.m.
Thurs: **Orquesta Sensacional** | 8 p.m.
Fri: **New York Players** | 9 p.m.
Sat: **Aquanett** | 8 p.m.

Waterworks Pub

76 Central Ave., Albany
518-465-9079
Fri: **Friday Night Dancing & Karaoke** | 10 p.m.-4 a.m.
Sat: **Saturday Night Dancing & Drag** | 10 p.m.-4 a.m.

Wicked

1602 Route 9, Clifton Park
518-467-8900

Wishing Well Restaurant

745 Saratoga Rd., Wilton
518-584-7640
Fri: **Rob Aronstein** | 7 p.m.
Sat: **Matt Edwards** | 7 p.m.

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EXHIBITS

Albany Institute of History and Art

The Four Elements of Leigh Li-Yun Wen-

The four elements of western cosmology, earth, air, fire, water—are the subjects of artist Leigh Li-Yun Wen's work. Whether paintings, prints, or ceramics, Wen's art expresses her personal and cultural histories. Having grown up on the island of Taiwan, she possesses a deep affinity for the elemental power of water and the forces of nature. Exhibit is going until June 29th.

The Hudson River School: Landscape Paintings from the Albany Institute-

The Albany Institute holds a large and important collection of nineteenth-century American landscape paintings, works often associated with the term "Hudson River School. This exhibit is currently ongoing.

Nineteenth Century American Sculpture:Erastus Dow Palmer and His Protégés Launt Thompson, Charles Calverley, and Richard Park-

Designed to showcase the museum's nationally known collection of mid- to late-nineteenth-century sculpture, This exhibit is currently ongoing.

Ancient Egypt- Egyptologist and Guest Curator Dr. Peter Lacovara has incorporated the research and scientific discoveries revealed in the GE Presents: The Mystery of the Albany Mummies exhibition into a new exhibition about Ancient Egypt. This exhibit is currently ongoing.

Traders & Culture: Colonial Albany and the Formation of American Identity-

This exhibition looks at those diverse peoples who shaped colonial Albany and the objects that reflect their interests, values, commercial, and social interactions. This exhibit is currently ongoing. The Albany Institute of History and Art, 125 Washington Ave. Albany, 518.463.4478.

Albany International Airport

ECHO- Ginne Gardiner & Amy Talluto Recent Painting and Collage A pattern of reflections distinguishes the work of these two artists, who make paintings that are cycled into collages, which are then reinterpreted as new paintings. Amy Talluto and Ginne Gardiner both describe the earliest phases of their creative process as cloaked in associations with landscape, weather and seasons. Beginning November 20th 2021 to April 25th, 2022 Location: 3rd Floor, Main Terminal, 737 Albany Shaker Rd, Albany, NY. 518-242-2241 or www.albanyairport.com/arts

Arts Center of the Capital Region

The Troy. Gallery hours: Daily, Monday-Thursday, 9 a.m. to 7:30 p.m., Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 5 p.m. and Sunday, noon to 4 p.m. 265 River St., Troy. Free admission. 518-273-0552 or artscenteronline.org

The Clark Art Institute

Imaginary City- The large-format, abstract paintings of Tomm El-Saieh (b. 1984, Port-au-Prince; lives and works in Miami) teem with dense and dynamic marks that evoke ornament, language, and architecture. By variously layering and erasing his linework, and using vibrant color to optically push or pull his pictures, El-Saieh creates rhythmic, all-over compositions from which larger forms appear to emerge—testing both the limits of our perception and our expectations about abstraction. The exhibition title, which comes from one of the works in the show, refers to a cityscape theme common in Haitian art (Vilaj Imaginé). El-Saieh's paintings, which resemble informal urban plans, likewise develop intuitively, without the use of preparatory studies or outlines. For the artist, who has been unable to return to his birthplace in recent years as a result of the instability there, Port-au-Prince now also exists mainly as a figure



HOT DATE

ALBANY SYMPHONY OPENING NIGHT!

Come back to The Palace Theatre and revisit Tchaikovsky's Fifth as the Grammy Award-winning Albany Symphony Orchestra performs.

in his memory and imagination—a site of joy and trauma, potential and uncertainty. Tomm El-Saieh was born in Haiti and grew up in Miami; he is of Haitian, Palestinian, and Israeli descent. He was the subject of a solo show at the Institute of Contemporary Art (ICA) Miami in 2018 and was included in the New Museum triennial in New York that year. He is partner at the artist-run gallery CENTRAL FINE in Miami and long directed the El-Saieh Gallery in Port-au-Prince, a venue for contemporary Haitian artists that his grandfather established in the 1950s. This yearlong exhibition appears in public spaces around the

Clark and is free and open to the public. It is organized by the Clark Art Institute and curated by Robert Wiesenberger, associate curator of contemporary projects. This exhibit goes from January 29th through December 31st. Museum hours: Daily, from 10 a.m. to 5 p.m., Tuesday through Saturday. Admission: Adults, \$20; children 18 and younger, free. 225 South St., Williamstown, Mass. 413-458-2303 or www.clarkart.edu

Clement Art Gallery

Exhibit hours: Tue. thru Sat, 12noon - 5 PM. 201 Broadway Troy, NY clementart.com 518 272 6811

The Jan Rutland Memorial Artists' Space

Gallery hours Thursday, Friday, and Saturday from 10 a.m. to 4 p.m. Free. Second Floor, National Bottle Museum, 76 Milton Ave., Ballston Spa. 518-885-7589 or nationalbottlemuseum.org

miSci

Be the Astronaut - Be the Astronaut is a fun, interactive adventure where you are in control as you launch a rocket, pilot a spaceship, and drive a rover in space! The exhibit guides you as you discover the solar system first hand with the help of virtual astronauts as you land on multiple worlds, including the Moon, Mars, and Jupiter. Designed with the help of NASA experts, the exhibition is fun for the whole family and takes STEM learning into outer space.

Throughout each stage of the exhibit, you have your own crew of virtual content experts. These digital characters help you learn what's needed to fly a spaceship, pilot a lander, and drive a surface rover. Then they are with you as you climb into the simulators to actually perform these feats, in a thrilling narrative adventure spanning the solar system.

In each space capsule, a massive 70" monitor serves as the 'windshield,' giving you a first-person view of your adventures. Touch-screens and an industrial-quality joystick put you in command. During

missions, the entire cockpit comes alive with animated lighting effects, game visuals, and sounds that make you believe you ARE an astronaut. Museum hours: Tuesday–Saturday, 10 a.m. to 5 p.m. (observatory open until 8 p.m. on Thursday); Sunday, noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Admission: Adults (13+), \$12; seniors (65+), \$10; children (3-12) \$8. Additional \$6/person for planetarium show. 518-382-7890 or www.miSci.org

New York State Museum

Unveiled: Wedding Wear in 19th-century New York

In choosing their wedding clothes, brides and grooms are influenced by fashion, economics, technology, religion, geography, celebrity, personal taste, and their role in society. This was as much the case in 19th-century New York as it is today. Wedding clothing holds memories, and pieces—dresses, shoes, suits, and head wear—are often preserved and passed to subsequent generations. A couple's choices reveal historical information about both the individuals who wore them and those who made them. Some garments find their way to museum collections. This exhibition will unveil stories of select New Yorkers. Exhibit is on going until October 2nd 2022. Museum hours: Tuesday–Sun, 9 a.m. to 5 p.m.; 222 Madison Ave., Albany. Free admission; suggested donation of \$5/ person or \$10/family. 518-474-5877 or www.nysm.nysed.gov

Opalka Gallery

Gallery Hours Tuesday through Saturday 12pm to 5pm open late Thursday 12pm to 8pm. Monday by appointment. Gallery is located at Russell Sage College 140 New Scotland Ave. Albany, NY 12208.

Saratoga Arts

320 Broadway, Saratoga Springs. Free admission. Gallery hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 11 a.m. to 5 p.m. 518-584-4132 or saratoga-arts.org

Schenectady County Historical Society

Ongoing: "Mapping Schenectady." Some of SCHS' most prominent and interesting maps are now on permanent display in the Map Gallery. Also, **"Beyond the Pines: Early Schenectady,"** an exhibit focused entirely on early Schenectady: its founding, its people, and what life was like for the city's earliest residents. Plus permanent exhibits. Museum hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 10 a.m. to 2 p.m. Library and Museum, 32 Washington Ave., Schenectady. Admission: \$5. 518-374-0263 or schenectadyhistorical.org

Dan Sekellic Visual Arts Gallery

Gallery hours: Wednesday, 11 a.m. to 1 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Free admission. 518-674-2007 or slca-ctp.org

Tang Teaching Museum

Elevator Music 43: Yvette Janine Jackson-

Yvette Janine Jackson is a composer and installation artist who brings attention to historical events and social issues through her radio operas. Her work has been presented at Auditorium, Fylkingen, Sweden; Borealis Festival, Norway; Banff Centre, Alberta, Canada; and in residence at Stockholm EMS. Her album Freedom, produced by the Fridman Gallery, debuted as Contemporary Album of the Month in the January 2021 issue of The Guardian and Destination Freedom won the Giga-Hertz Production Award 2021. She presents the world premiere of Left Behind for her Radio Opera Workshop ensemble at the Venice Music Biennale in fall 2022, and a new work, Underground (Codes), which serves as a companion piece to Destination Freedom, opens May 26, 2022 at Wave Farm in Acra, New York. Jackson is an assistant professor in Creative Practice and Critical Inquiry in the Department of Music at Harvard University and also teaches for Harvard's

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CLUES ACROSS

- Towards the mouth or oral region
- A way to season
- North-central Indian city
- Emaciation
- Actress de Armas
- A way to score in basketball
- Odd
- Scripting languages on IBM machines
- A right of local jurisdiction
- Hard, colorless compound
- Diving seabird
- Wild goat of the mountains
- Not shortened
- Someone who learns from a teacher
- Is inclined
- Still asleep
- Antidepressants (abbr.)
- Town in Surrey, England
- Indian music patterns
- Birth control means
- People tend to be on one
- A way to keep meat moist
- Home of the Crimson Tide
- Pasta type
- Late 1990s rapper
- One circuit of a track
- Surrounded by water
- Late "Growing Pains" actor Thicke
- Married couples say it
- Drool
- Sicilian city
- Airline worker perk (abbr.)
- Grayish-black mixture
- Systems, doctrines, theories
- Midway between east and southeast
- Athletes who get paid

CLUES DOWN

- Genus of owls
- Hindu queen
- Cain and ___
- Hindu female deity
- Islamic calendar month
- Changes posture
- More stubborn
- Give work to
- Round maps of the Earth
- Gathered fallen leaves
- Popular credit card
- Separation of church and state
- Founder of Sikhism
- They ___
- Where you find the milk
- Institute legal proceedings against
- The neural structure consisting of the brain and spinal cord
- Expresses surprise
- Have a debt to
- Businessman
- State on India's western coast
- Practice of managing financial risks (abbr.)
- Patty Hearst's captors
- Put into service
- 10-year periods
- Crony
- Surgical clamp
- Leave unable to move due to lack of wind
- Where rockers work
- Valleys
- Ancient lyric poem
- Wise men
- It lights a room
- Assert
- Fifth Roman Emperor
- Ancient Greek city in Thrace

Answers on Pg. B17

Theater, Dance & Media program. Exhibit starts May 21st through October 2nd.

Lauren Kelley Location Scouting- Conceived and designed for conversation, dialogue, study, and contemplation, Location Scouting is the fourth exhibition in a series that invites an artist to re-imagine what a community space in the museum can be. Artist and curator Lauren Kelley reshapes the Tang Teaching Museum's mezzanine by combining meditations on travel with snapshots of everyday life in her drawings, sculpture, and stop-motion animation videos. Using plasticine, toys, and souvenirs, Kelley's videos conjure worlds that are malleable and unfixed, inhabited by robust protagonists whose quirks stem from efforts to correct the asymmetrical relationships they encounter. Accentuating the off-kilter, Location Scouting speaks to the shifts and rifts inherent in navigating today's post-pandemic landscape. Skidmore College, 815 North Broadway, Saratoga Springs. Museum hours: Tuesday - Sunday, noon to 5 p.m.; Thursday until 9 p.m. Free admission; suggested donations of \$5/ adult; \$3/child 13+; seniors, \$2. 518-580-8080 or tang.skidmore.edu

Union College Galleries

Addenda- Custodians of archives wield great power and responsibility in considering who might be left out, disempowered or silenced in the creation of a specific narrative by those who use their records. Addenda centers interpretation and augmentation of past and present through the archive in an effort to construct a fuller future. The three contemporary artists featured in this exhibition, Gina Adams, Merritt Johnson and Sonya Kelliher-Combs,

draw on history, cultural traditions, and archives, along with a strong belief in seeking alternative narratives to create artworks that exist dually, as both physical constructions and as a record of unconsidered perspectives and often unrecognized pasts. Exhibit is on going until June 12th.

University Art Museum

Ronny Quevedo: Offside- Inspired by his mother's and father's respective careers—a seamstress and a professional soccer player—multi-media artist Ronny Quevedo will occupy the arched walls of the museum in a newly commissioned work with diagrammatic vinyl lines that recall both dress patterns and gymnasium floors. Throughout this exhibition, which will include artwork from 2012 to the present, Quevedo's own family's emigration from Ecuador to New York serves as a catalyst for work reflecting on socio-political issues of migration, Indigenous experiences, and sacred spaces. University Art Museum is located at 1400 Washington Avenue, Albany.

COMEDY

Joe Matarese

Joe's currently touring his new standup show that is a nostalgic reflection of the life he had growing up in the 80's vs today's disconnected staring at phones and computers all day and night generation that coincidentally Joe has 2 kids growing up in. Joe will be filming this nostalgic standup set all about the 80's for his 3rd Special tentatively being called "Mullets and Mixtapes" in the Late Fall. If you catch Joe before that you'll be get to see what he's prepping for this big opportunity. Joe has performed shows in front



Outlaw Country and Warren Zeiders

A flinty singer who has a foot planted in outlaw country, Warren Zeiders specializes in stripped-down country with a slightly haunted edge. That spooky quality helped his "Ride the Lightning" become a social media sensation in 2021. He's at Empire Live on Thursday, Oct. 6, with doors open at 7 p.m.

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Answers on Pg. B17

What's hot this week?

thespot518.com

the spot 518

arts · entertainment · culture

Check out our HOT SPOTS Calendar at:
<https://spotlightnews.com/hot-spots-calendar/>

of 18K people at the Wells Fargo Center in Philadelphia, first with Bill Burr and once again shortly before the pandemic supporting Sebastian Maniscalco. These were preceded by his performance with Artie Lange at one of the most prestigious venues in the world, NYC's Carnegie Hall. Opportunities of this caliber are simply a further illustration of Matarese's hard work over the past several decades and never wavering in the pursuit of his lifelong passion to entertain audiences, and try and be as original and unique as possible while pursuing that passion. Catch this show October 7th at 8 p.m. with a second show on Saturday. Only at the Comedy Works, 388 Broadway, Saratoga Springs.

Joe Pera

Joe Pera is a standup comedian, writer, and filmmaker from Buffalo, NY now living in New York, NY. Joe is best known for his current Adult Swim series, 'Joe Pera Talks With You', which The LA Times refers to as 'TV's quietest, most artful comedy'. He has performed his subdued standup on Conan, Late Night with Seth Meyers, and Comedy Central. After his animated special 'Joe Pera Talks You To Sleep' (which many have found to work), he followed up with other projects for Adult Swim including 'Joe Pera Helps You Find the Perfect Christmas Tree' and 'Relaxing Old Footage with Joe Pera'. Through his production company, Chestnut Walnut, Joe has also directed a number of film and tv projects including Conner O'Malley's 'Truthhunters' pilot for Comedy Central. Joe's new book 'A Bathroom Book for People Not Pooping Or Peeing But Using the Bathroom as an Escape' is out now from Macmillan publishing, and on the USA TODAY best seller list. Season 3 of 'Joe Pera Talks With You' is now available

to stream on HBO Max, and Joe can also be seen appearing on season 5 of 'Search Party' which just premiered on the platform. You can catch this show October 7th at 8 p.m. only at The Egg, PO Box 2065, Albany.

Steve Hytner

Combined with headlining comedy clubs nationally, and his many corporate shows, Steve is one of America's best stand ups and most recognized character actors. Steve received critical acclaim for his portrayal of Kenny Bania on the long running hit "Seinfeld". His other works include "Modern Family", "Hung", "Mike and Molly", "Two and a Half Men", "Curb your Enthusiasm", "CSI", "CSI New York", "Boston Legal", "Friends", "Roswell", "King of Queens" and many, many more. He started his feature career in the film "Ski Patrol" and went on to co-star in such films as "In the Line of Fire" with Clint Eastwood, "Forces of Nature" with Ben Affleck and Sandra Bullock, "The Marrying Man" with Alec Baldwin, "Eurotrip", "Love Stinks", "Charlie's Angels: Full Throttle", "The Haunted Mansion", "The Prophecy" trilogy of films, to name a few. But most importantly, don't miss his stand up show where he has been tearing it up... Coming to your town soon... You can catch this show October 5th at 7:30 p.m. only at The Funny Bone, 1 Crossgates Mall Rd #K-206, Albany.

Craig Robinson

Beginning As A Stand-Up Comedian, Robinson First Made His Mark In The Comedy Circuit At The 1998 Montreal "Just For Laughs" Festival. Now Headlining Venues And Festivals Across The Country, He Does Both Solo Acts As Well As Full-Band Sets With His Band "The Nasty Delicious." Before Deciding To Pursue His Comedy Career Full Time, Rob-



HOT DATE

CHOWDERFEST!

Head to Troy and fest upon four-ounce samples of the city's finest chowder from various locations. Go to downtowntroy.org/chowderfest for more details.

inson Was A K-8 Teacher In The Chicago Public School System. He Earned His Undergraduate Degree From Illinois State University And His Masters Of Education From St. Xavier University. It Was While Craig Was Studying Education In Chicago That He Also Discovered His Love Of Acting And Comedy When He Joined The Famed Second City Theatre. Craig Is Best Known For His Portrayal Of Daryl Philban

In Nbc's "The Office" But Has Also Starred In Such Movies As Knocked Up, This Is The End, Hot Tub Time Machine, Hot Tub Time Machine 2, Morris From America, Tragedy Girls, Dolemite Is My Name! With Eddie Murphy, Timmy Failure, And Mona Lisa And The Bood Moon With Kate Hudson. Craig Also Starred In His Very Own Sitcom, Mr. Robinson On Nbc, As Well As Ghosted on FOX. You can catch this show October 2nd at 7 p.m. only at The Funny Bone, 1 Crossgates Mall Rd #K-206, Albany.

MISCELLANEOUS

Jerusalem Reformed Church

Soup, Sandwich, and Desert Take-out. Saturday, October 9th from 4:00 - 6:30 p.m. Donations welcome. Please note, masks are required to enter the building. 1433 Indian Fields Rd, Feura Bush.

Troy Farmers Market

More than 80 food growers, bakers, chefs and artisans gather to offer the Capital District's freshest and finest! Live music, great food, family activities and learning opportunities. Every Saturday, from 9 a.m. to 2 p.m., Troy. Free admission. 518-708-4216 or www.troymarket.org.

Schenectady GreenMarket

Vendors, shoppers, musicians and friends gather at this festive marketplace featuring more than 60 vendors who produce everything they sell. Sundays from 10 a.m. to 2 p.m. Free admission. 518-986-0318 or schenectadygreenmarket.org/

Veterans Meet-Up

All veterans welcome to free coffee Tuesdays, from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. 518-884-4999 or

www.VeteransPeerConnection.org

Social Night/Open House tours

Get a feel for this amazing creative community. Free. Tuesdays, 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 3rd St., Troy. 518-279-7863 or www.tvcog.net.

MUSIC

Eric Walentowicz Quartet

has thirty five years of performing experience as a musician. He is a very in-demand saxophone soloist having performed with over thirty groups annually at over seventy venues a year for the past ten years. Eric has worked as a musician in New York City, Detroit, Miami, Dallas, the Caribbean and the Capital District of NYS. He has backed such artists as Laurel Masse (Manhattan Transfer) at The Egg in Albany, Johnny Mathis at the Palace Theatre in Albany, over five hundred weddings and fundraisers for the New York Players Entertainment Group, The Dallas Jazz Orchestra, The One O'clock Jazz Lab Band at North Texas, The Platters and Jackie Mason at the Fontainebleau in Miami FL, Rick DellaRatta's Jazz For Peace, the Schenectady Symphony, the Miami Symphony Orchestra (Rhapsody and Blue) and several Miami-based Latin bands specializing in Salsa, Merengue, and Cumbia styles. As a staff musician for Norwegian Cruise lines he backed Bobby Rydell, Fabian, Eddie Fisher, George Merritt and Ray Anthony. Eric has also recorded and performed on twelve CD's. These include his own groups: The New Regime, Blue Angel, EW Quartet and Troika as well as Tim Olsen, Dave Calarco's Jazz Conclave, Jeff King Blues Band, Terry Gordon Quintet and NitroJive. Eric has studied saxophone/flute and jazz improvisation privately with Ed Calle (with

Miami Sound Machine, Julio Iglesias), Rick Margitza (with Miles Davis, Maria Schenider, Moutin Bros.), Gary Campbell (Fulbright Scholar at Florida International University, Co-Author of Patterns For Jazz/Expansions), Gary Keller (University of Miami, Sonny Stitt Transcriptions), Andy Middleton, Ted Nash (with Wynton Marsalis) Bob Franceschini (with Mike Stern), Dave Tofani (NYC Broadway Musician) and Clemente Barone (Flutist with the Detroit Symphony Orchestra). Catch the show October 7th at 8 p.m. only at 9 Maple Ave.

The Jon LeRoy Trio

The Jon LeRoy Trio made their debut in 1999. We continue to play and back up with many of the capital district's best jazz instrumentalists and vocalists; playing for the New York State Assembly, The Aids Council, and numerous Capital District Jazz Clubs. Mike Novakowski is the area's "Go-to-Guy" for jazz guitar. He has performed with The Empire Jazz Orchestra, The Theresa Broadwell Quartet (along with his wife), and several groups on the local scene. Andrew Hearn joined the Trio in 2013 and brought his incredible energy, drive, and precision talents to the group. Andy has played with countless jazz, blues groups, and notables. Jon LeRoy, also known as the Capital District's Largest Jazz Organist facilitates the group's production of straight ahead jazz, funk, Latin, and contemporary grooves. The Jon LeRoy Trio performs the music of Miles Davis, Jimmy Smith, Joey DeFrancesco, Jaco Pastorius, and many other great compositions from various performers, artists, and entertainers. Spending an evening experiencing our Trio will have you entertained, swinging, and in the groove! Catch the show October 8th at 8 p.m. only at 9 Maple Ave.

HOROSCOPES

October 2022 Week 1

ARIES - MAR 21/APR 20

Aries, others are counting on you this week, so you'll need to direct all of your attention toward a special project. Don't let distractions get in the way.

TAURUS - APR 21/MAY 21

Taurus, rather than wishing for something to happen, figure out a plan to make it happen. Before taking action, consult with a few close friends for guidance.

GEMINI - MAY 22/JUN 21

Someone may come to you this week with a problem asking for your advice, Gemini. It's tempting to react right away. However, take a few hours to mull things over.

CANCER - JUN 22/JUL 22

Someone at work may not agree with your point of view lately. Rather than cause friction, try to look at things through this person's perspective.

LEO - JUL 23/AUG 23

Leo, cooperation could be essential in the days and weeks ahead. This week you will benefit from being more open-minded to other people's suggestions.

VIRGO - AUG 24/SEPT 22

It seems that you have been tasked with moving from one difficult situation into another one, Virgo. Find ways to set aside time strictly to unwind.

LIBRA - SEPT 23/OCT 23

Keep careful track of your expenses, Libra. You may find that lately you have been going a bit overboard with expenditures and not bringing in any extra money.

SCORPIO - OCT 24/NOV 22

Maintain a positive outlook this week, Scorpio. Things may not go exactly according to plan, but that doesn't make it any less successful and satisfying.

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, you may have to put others first for the next few days, particularly if you care for an elderly relative or a young child. It's a sacrifice worth making.

CAPRICORN - DEC 22/JAN 20

Capricorn, let another person lead a team or spearhead a project at work, even if you have an urge to take control. You can use a break from your responsibilities.

AQUARIUS - JAN 21/FEB 18

Aquarius, hands-on work not only helps save you some money, but also strengthens your skills. Think about a more DIY approach with your next project.

PISCES - FEB 19/MAR 20

Pisces, if life has been tedious and filled with analytical requirements as of late, take on a creative project that will work your brain in new ways.

Erica Eso / Kalbells / Fulathela

Erica Eso is a Brooklyn and Kingston, NY-based project led by composer / vocalist / producer Weston Minissali. Minissali has participated in New York's music scene for more than decade as a member of projects like avant-rock post-pop band Cloud Becomes Your Hand (Northern Spy, Feeding Tube) and chimeric musique concrète experimentalists VaVatican (NNA Tapes), while his work at the head of Erica Eso has manifested with varied ensembles on albums including 2019 (Ramp Local, 2015) and 129 Dreamless GMG (NNA Tapes, 2018). Minissali's music under the Erica Eso banner fuses compositional strategies of the avant garde, including the use of microtonal note voicings and advanced synthesis, with songwriting in the vein of art pop. His lush, tightly structured songs teem with melismatic topline melodies, layered vocal harmonies, and fast-shifting narrative arcs, all built over a sturdy instrumental foundation. Kalbells's sophomore album Max Heart (NNA Tapes, 2021) opens with the process of regeneration. "I'm rotting and I'm never coming back the way you knew me then," Kalmia Traver sings with a combination of buoyancy and resilience on the opener "Red Marker." From the beginning, Max Heart is an illustration of death and rebirth; letting go of what doesn't serve us in order to leave space for the blessings that do. With Max Heart as their next chapter, central to Kalbells work is the process of creativity giving space for vulnerability and radicalism—continually practicing decolonization work and fighting against white supremacist, heteronormative, and patriarchal models. Take their pre-show vocal improv practice of tintinnabulation (introduced by sometimes-drummer and honorary member Dandy McDowell)

which Traver explains is "more about listening than it is about vocalizing; it's more about creating that ecosystem together of trust and respect and interplay and play and joy. I think that that practice is definitely at the center of our work together." Angelica Bess, Zoë Brecher, Sarah Pedinotti and Traver used this collection of ten tracks to embody prosperity and reciprocity. Catch the show October 8th at 8 p.m. only at Avalon Lounge, 29 Church St. Catskill.

Elvis Perkins in Dearland

Elvis Perkins in Dearland (Elvis Perkins, Nicholas Kinsey, Brigham Brough and Wyndham Garnett) is a long-elusive Hudson Valley based outfit that has appeared everywhere from the Newport Folk Festival to Primavera Sound, from La Route du Rock to Bonnaroo. Their full spectrum performances swing between ecstatic marching drum and brass anthems, ruminative dirges and not so straight-ahead folk 'n roll. Recently reunited in support of Dr. Dog's farewell tour, this will be their first Hudson Valley appearance in a decade. The self-titled 'Elvis Perkins in Dearland' LP and 'The Doomsday EP' are available on all platforms. Catch the show October 9th at 8 p.m. only at Avalon Lounge, 29 Church St. Catskill.

Chuck Lamb Trio Featuring Diego Figueiredo

This continuing series is hosted by resident composer, pianist and jazz master, Chuck Lamb, with support from music producer Joel Moss. JAZZ at Caffe Lena features collaborations between Lamb and internationally touring jazz artists, as well as many of the Capital Region's best. Chuck Lamb, who has been a member of the Brubeck Brothers Quartet since 2002, is not only an exciting and emotive

pianist in his own right, but also a prolific composer of jazz, fusion, classical and world music. Most recently, Chuck and his band have released a CD of his original acoustic fusion music, titled North By Northeast. The CD has been receiving airplay on major jazz stations and garnering new fans and rave reviews worldwide. Diego Figueiredo is an internationally respected player known for his superb technique, timing and imagination. He blends elements of traditional Brazilian music with jazz to create something truly innovative. He has released 23 records, three DVDs, and a book, and has toured in over 60 countries. Diego has also received two awards at the Montreux Jazz Festival as one of the greatest guitarists in the world. Catch this show October 6th at 7 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

Michael Jerling and Friends

Saratoga Springs is home to Michael Jerling, a singer-songwriter with four decades of poignant, poetic, wry songs. As a keen observer of American life, Michael has a special genius for touching, timeless ballads that continue to sound fresh down through the decades. His songs are eye-opening without being shocking, funny without being silly, and instructive without preaching. Catch this show October 7th at 8 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

Bettye Lavette

Five time Grammy nominee Bettye Lavette is no mere singer. She is an interpreter of the highest order. Lavette is one of very few of her contemporaries who was recording during the birth of soul music in the 60s and is still creating vital recordings today. Her first single "My Man - He's a Loving Man," was released on Atlantic Records, and over the next half

century, Lavette has performed around the world, recorded for numerous labels, and has been honored with several prestigious awards, including the W.C. Handy Award for Comeback Blues Album of the Year, Pioneer Award by The Rhythm & Blues Foundation, and two Blues Music Awards for Best Contemporary Female Blues Singer and Best Soul Blues Female Artist. Catch this show October 8th at 8 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

Hot Club of Cowtown

Lauded for its "down-home melodies and exuberant improvisation" (The Times, London), the Hot Club has always woven a combination of seemingly disparate styles together to its own magical effect, setting up camp "at that crossroads where country meets jazz and chases the blues away" (The Independent), remaining "conscious always that above all else, the music is for dancing and an old-fashioned good time" (New York Times). The band's musical alchemy has been described as "another breathless journey in the Texas tardis" (The Times, London), while American Songwriter observed that "the excellent three players of this band could be doing anything but have chosen to honor the greats of jazz and swing with their sound." The Belfast Telegraph calls the Hot Club of Cowtown "a pretty much perfect country trio at the very top of their game," and the New York Times, in a live review the trio as armed with "an arsenal full of technique and joy." Catch this show October 9th at 7 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

Maurizio Russomanno

Maurizio grew up with fond memories of his mother singing him to sleep, his

head on her shoulder, as she walked the second floor of their two-level home. Music was and still is a healing common thread in the family. His older brother Dominic would play all of the popular music of the 60s and 70s, (The Beach Boys, The Beatles, The Rolling Stones etc.) while a young Maurizio (not yet four years old) would listen, joyfully bouncing up and down on his brother's bed. His brother called this his 'experiment', to see what kind of positive effects this might have. It must have had some effect, as later years would show; Maurizio had an uncanny knack for singing melodies over any type of music. Maurizio's mother Franceschina was a force of nature. She was an expert cook, gardener, canner, seamstress, master of needlework, lover of music, and president of the Franciscan Third Order. All of these passions were a reflection of her devotion to family and it was her faith that carried her through the toughest of times, having lost her husband and 25 year old daughter within a few years of each other. Being outdoors brought her great peace and a connection to something grand and mysterious. She would comment from time to time, how amazing the diversity of nature is - not a single blade of grass the same. It was with this sense of wonder that Maurizio was raised by his mother to be creative, to go outside and build things, to seek adventures in the woods, to draw, to run, to do all the things that would build a child's imagination. You can catch this show October 7th 5 p.m. only at Carson's Woodside Tavern, 57 Route 9P, Malta.

The Van Halen Tribute & Sister Twisted

As tribute to the passing of Eddie Van Halen's on 10/6/2020, E1 Presents has

brought in these Bad Boys From Boston who capture all the energy of Eddie, Alex, Mike, And Dave! All the way from Eddie Van Halen's incredible fret work to Alex's thunderous beats to Mike and Ed's perfect harmonies, and Dave being Dave. You won't want to miss this Van Halen tribute band as Everybody Wants Some! We have Bob Whitelock as lead vocals, Joe "Shreddy" Girard as lead guitar, and back up vocals, Jeff Kamen on bass, keys, and back up vocals and last but not least there is Bob Pentleton on the drums. All band members are die hard Eddie Van Halen fanatics and love the power of his music he brought to the world. All have amazing musical backgrounds and expertise in playing great bands and music. "Sheddy" AKA playing the role of Eddie Van Halen has been playing guitar since he was 5yrs old, at 12 he learned as much as he thought he could till he heard "Eruption" and was floored - Wanting to be as good as Eddie he spent his high school years learning ALL Van Halen, and adding classical guitar lessons to expand his knowledge of music. Playing in various bands in the 80's and 90's he left his last band in 2016 to pursue his love of playing Eddie Van Halen and now has the pleasure to give you your Van Halen FIX! You can catch this show October 7th at 8 p.m. only at Cohoes Music Hall, 58 Remsen Street, Cohoes.

Super 400, featuring Sean Matthew Whiteford, Performing the Music of Led Zeppelin

Troy's fabled rock trio, Super 400, is known far and wide for telekinetic jams and big love. Active since the mid 1990s the band has released four studio albums and one live set as of September

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I'm a big fan of songwriters. I'll judge a song by the lyrics just as much, if not more, than by the music itself. Jim Steinman is one of those wordsmiths I enjoy, and I only just recently learned of his contribution to a particular 80s film.

— Michael Hallisey

Tonight Is What It Means To Be Young
Fire Inc.

Good Girls Go To Heaven
Meat Loaf

Holding Out for a Hero
Bonnie Tyler

Nowhere Fast
Fire Inc.

It's All Coming Back to Me Now
Céline Dion



2009. The band was formed by longtime friends Kenny Hohman and Joe Daley and played in various incarnations throughout New York City and Woodstock. Tours both in the US and abroad started a chain of bootleg recordings that have been traded and coveted around the world. Their international following sold out over 20 shows across Europe on their last tour. Back home, the mayor of Troy gave Super 400 their own official holiday, 'Super 400 Day', to recognize the band's musical achievements as well as the love and support the city has shown for them. Super 400 recorded their most recent full-length, 'Sweet Fist', at legendary Ardent Studios in Memphis, TN, and followed the release with their biggest US tour to date. They've appeared on national television in the US and abroad, written music for top-rated shows on American television, and continue to light stages with their love and intense passion for playing. The COVID pandemic prompted a fortification of the home studio, where the band has been writing, recording, mixing, making art, and launching these efforts to their online audience as well as planning full-length releases in 2022. Super 400 was recently inducted into The Capital Region Thomas Edison Music Hall of Fame. Sean Matthew Whiteford has been a prominent performer, producer and vocal coach in the Hudson Valley for over 15 years. At 17 years old, he founded his rock and roll theatre company, Cast-away Productions (est. 2005). Whiteford has been acknowledged as "a theatrical phenomenon" (Daily Freeman), and has displayed a "finely tuned eye and ear for classic rock 'n' roll...with a creative gas-tank of pure high energy octane and manic abandon...with some kind of genius." (Poughkeepsie Journal). As a performer, Sean has played the role of the

narrator, "Lonny", in the musical, ROCK OF AGES on the Norwegian Breakaway, El Dorado Showroom in Reno, NV and in the regional debut in Rhinebeck, NY. Other performances include the title roles in JESUS CHRIST SUPERSTAR and HEDWIG AND THE ANGRY INCH, as well as the 50th Anniversary Concert Production of HAIR, alongside Tony Award nominee Constantine Maroulis, Shira Elias of Turkuaz, and Alexis Michelle of RuPaul's Drag Race. You can catch this show October 8th at 8 p.m. only at Cohoes Music Hall, 58 Remsen Street, Cohoes.

The Man in Black

Shawn Barker's first Man In Black show was held in 2004 at a casino in Niagara Falls and has since performed over 1,000 shows in 12 countries, selling more than half a million tickets over the course of his career. Born and raised in a working-class suburb of St. Louis, Barker took a schoolboy love for singing in church with his family and turned it into a career. The path to his current success wasn't a straight line from gospel choir to Johnny Cash tribute act. After serving his country in the Army, Barker returned home to Missouri, took a job as a carpenter, and spent all of his free time learning how to play the guitar. He developed strength and versatility in his voice by modeling his crooning on a cast of legends — Johnny Cash, Elvis Presley, Roy Orbison, Buddy Holly and Gene Vincent. His performances quickly turned from hobby to profession, but oddly enough, Barker's first touring gigs were portraying Elvis, not Johnny Cash. Everything changed, however, when Barker was asked to audition for the part of Cash in a Hollywood production, as it became evident to the director and Barker himself that Johnny Cash was his true calling. From that point

there was no turning back. You can catch this show October 7th at 8 p.m. only at The Egg, PO Box 2065, Albany.

John Petrucci with Special Guests: Meanstreak

Best known as guitarist and co-founder of the GRAMMY Award winning progressive metal band, Dream Theater, John Petrucci is headlining his first tour as a solo artist and will share the stage with Mike Portnoy, marking the first time in 12 years that they will perform live together! A Guitar World Hall of Fame member and recipient of the SENA Performer's European Guitar Award, John has been named multiple times as the #1 Guitarist, Guitarist of The Year and Best Metal Guitarist by Prog magazine, Total Guitar, Guitar Player, Guitar World, Music Radar and BURRN! Magazine. His first solo album, Suspended Animation, has long been the benchmark of instrumental guitar performance. The even-longer-anticipated 2020 sequel, Terminal Velocity, features former Dream Theater bandmate Mike Portnoy on drums, and the legendary Dave LaRue on bass. The night kicks off with the newly reunited all-female metal icons, Meanstreak. This tour promises to be an historic celebration of guitar virtuosity and musical prowess. You can catch this show October 8th at 8 p.m. only at The Egg, PO Box 2065, Albany.

Warren Zeiders

A native of Hershey, Pennsylvania, Zeiders is the son of an insurance salesman and a CFO. Music wasn't a big part of his household. Zeiders first was drawn to music through singing hymns in church. He remained anchored in Christian music even as he learned to play guitar in the sixth grade, but he also developed a taste for secular music, especially Southern rock, country, and hard rock, including

Mötley Crüe and AC/DC. For a long time, Zeiders didn't consider music as much more than a hobby. He concentrated on lacrosse, playing it at the collegiate level until he suffered an injury. The marketing major with an eye on a career in medical sales didn't focus on music until the COVID-19 knocked him off course. Isolated, Zeiders headed back home to contemplate his future and, as he was doing so, he wound up posting acoustic covers of popular tunes on social media. He got enough attention that he decided to head to Guitar Center and buy a "couple grand" worth of gear. The investment paid off. His bedroom recordings earned him a significant social media following and, more notably, a management contract with Underscore Works. Zeiders moved to Nashville, where he wrote "Ride the Lightning" over Zoom at his manager's house, collaborating with Eric Paslay and Rob Crosby. "Ride the Lightning" became an unexpected hit, jumping from social media to the Billboard charts, where it peaked at 30 on the Hot Country Songs chart. The song anchored his debut EP, 717 Tapes, which he self-released in October 2021. He followed it swiftly with Acoustic Covers (Deluxe), which contained his versions of songs by Jason Isbell, Afroman, and Tyler Childers, as well as a duet with Craig Campbell on the singer's "Outskirts of Heaven." You can catch this show October 6th at 8 p.m. only at Empire Live, 93 North Pearl Street, Albany.

John Valby

After spending an evening with John Valby, Audiences find themselves wanting more and more of him. What makes Valby so unique and entertaining is his uncommon rapport with the audience and his ability to mix his musical Talent

with a mad-cap variety of "Dirty Ditties". Few people can resist laughing at songs that would have earned them a mouthful of soap when they were children. Valby's repertoire is composed of popular songs, limericks, classical arrangements and his own original creations. Valby has made a career out of poking fun at his audiences, stretching the limits of free speech and accepted good taste and satirizing current events from behind the piano. When he's not playing and singing, he yells obscenities: the audience yells back and everyone has a good time. The best way to describe John Valby is to blend the following performers together. Allen Sherman, spike Jones, Lenny Bruce and Wierd Al Yankovic all topped off with the Dirt of Redd Foxx. Only better. Mr. Valby's background started out innocently enough. As a teen-ager, he attended McQuaid Jesuit High School in Rochester NY where the Catholic nuns taught him how to play the piano. Valby attributes his love of music to his father Richard, an accomplished violinist. You can catch this show October 8th at 7 p.m. only at Empire Live, 93 North Pearl Street, Albany.

Muddy Ruckus

Muddy Ruckus is wrapping up their fourth album in Portland, ME. The new album includes twelve new songs that resonate deeply with the grit and intensity of Muddy Ruckus previous music, but with more focus on the electric rock sound heard live at MR shows. The album was recorded over several months at home while drummer Erika Stahl was recovering from a Kidney Transplant during the Covid Pandemic. You can catch this show October 8th at 9 p.m. only at Putnam Place, 63a Putnam Street, Saratoga Springs.

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Waffles are a diverse breakfast food. Waffles are tasty as a standalone, but they can be made even more delicious with some toppings or sides.

No matter the meal, having a versatile waffle recipe base can be the springboard to delicious dishes. Enjoy this recipe for "Belgian-Style Waffles," courtesy of Land O Lakes.

Belgian-Style Waffles

INGREDIENTS: 8 waffles

- 2 1/4 cups all-purpose flour
- 1/2 cup sugar
- 1 tablespoon baking powder
- 3/4 teaspoon salt
- 1 1/2 cups milk
- 1 cup Land O Lakes butter, melted
- 3 large Land O Lakes eggs, slightly beaten
- 1 tablespoon vanilla extract



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INSTRUCTIONS

Combine flour, sugar baking powder and salt in bowl; mix well.

Combine milk, melted butter, eggs and vanilla in another bowl; mix well. Stir wet ingredients into dry ingredients.

Cook batter in Belgian waffle maker according to manufacturer's directions. serve warm with butter and maple syrup, or desired toppings.

Note: Belgian waffles can be made savory by serving with fried chicken and a spicy jam.



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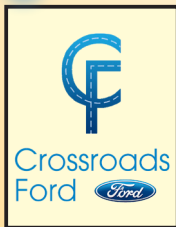


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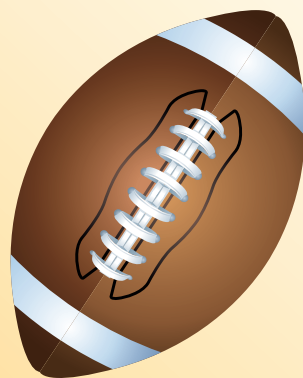
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** RESULTS AS OF SUNDAY NIGHT**

CONCERT REVIEW

Hayley Jane at The Hollow

By **SUSAN RICE**
nippertown.com

ALBANY — Guthrie Bell Productions and The Hollow hosted Hayley Jane and Laura Leigh on Thursday, Sept 29. The last time these musicians graced this stage together, they each performed solo sets, creating an intimate concert experience. For tonight's performance they were joined by their full bands, a more typical setup and with heightened excitement.

Local upstate New Yorker, Laura Leigh took the stage with her guitar, signature hat

and laid back attitude. Her songs tell relatable stories about small towns, family and country landscapes. One of these original songs is "Pete's Basement", a humorous folksy tune with a porch swing rhythm, and a slide guitar adding a bluesy vibe. Each band member sampled their solos as they found their groove for the night which landed in between folk, bluegrass and soft rock. Hayley Jane was recently the Artist at Large at the Adirondack Independent Music Festival in Lake George so it made sense to have her join Leigh on stage. They covered Fleetwood Mac's "Gold Dust Woman" a haunting, dark desert song that all the musicians got into. The female musicians

have great chemistry and are an obvious match up for performing shows together. Leigh and her band ended the set with an upbeat, hoedown "Poughkeepsie River" that had the crowd whooping and hollering. Catch the Laura Leigh Band at Pauly's Hotel on Friday, Oct. 21.

Hayley Jane took to the stage to say that Albany has had her heart since the last show. She was so happy to start her fall tour here, much to the crowds delights and cheers. The set started with "Madeline" — you immediately get pulled into the song with the soft build up of the melody. "Redemption" gave the show big reggae and funk energy with an awesome jazzy solo from

keyboardist Donnie Dickman. Jane has a flair for showmanship, she's a physical performer, and emphasizes each lyric with fun yet intense eye contact. A fun surprise was the cosmic cover of David Bowie's "Starman," with a dramatic opening chorus, only to segue into a Jane original "Ignite" with hard rock chords from Jerald Fox.

Taking a step back, the night got emotional in a sad, beautiful way with the song "Stay" and its powerful lyrics about seeking help and mental health. You can't help but be captivated by Jane's vocals and the strength of her range. Her perfect blend of timing and passionate volume make her a

must see. Her bandmates thrive off her energy and it elevates the whole sound. The crowd went all hands in for a psychedelic "Goddess," with a dirty boogie melody thanks to heavy notes from bassist Robbie Rasta. To complete the night, Jane brought back Laura Leigh for a set closing "Hurricane," with mighty cymbal crashing from drummer Michael Kobrinsky and fierce guitar strumming from Leigh. A climatic end as every musician and concert-goer crescendoed to the max.

This feature was originally published by Nippertown.com and appears as a special in The Spot 518 through a shared content agreement.

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Dakota Gilbert / Nipertown

CONCERT REVIEW

Medicine Singers with Yonatan Gat, Wax Shamu at No Fun

By RUDY LU
nipertown.com

TROY — As a matter of natural progression, various musical traditions do not remain the same. They change according to the times and when they meet other cultures, especially when driven by the ears and skills of imaginative and talented musicians.

The audience could tell they were about to witness an unconventional performance by Medicine Singers.

A Pow Wow drum was placed in front of what is usually the performance stage at No Fun. It's an instrument played with a circle of men who chant along with the beat. The drumbeat represents the heartbeat of the Earth.

The set began with Thor Harris beating the bass drum

of his drum set in unison with the Medicine Singers, followed by Chris Pravdica on bass/electronics and Yonatan Gat on guitar.

Gat played his guitar with a combination of Bill Frisell/Pat Metheny-like intricate lines and Who-like power chords and leads. He wildly swung his guitar to direct the band. Sometimes, the music was quite melodic, other times it was powerful, Yin/Yang like in nature. Gat has had a long history of unusual and wild performances melding avant-garde, world music, improvisational music, and punk. He has been involved with this project for several years.

For the Medicine Singers, this performance is a way to preserve the songs, language, and culture of their ancestors (the Narangansett of SW New England), and share them with the rest of the world. For Gat and the rest of the band, it is a way to explore the outer edges of rock that incorporate world music, free jazz, and other music. As an example of this, the 1950s

Link Wray hit "Rumble" is covered and renamed "Sunrise".

As with all their performances, the audience surrounds the performers, enabling the audience to actually become part of the concert experience. The audience was transfixed, everyone in their own world. Some were closing their eyes, sitting down taking in the vibe, some were shaking/nodding to the beat, and others were dancing; all in line with the music.

There has always been the crossing of genres in the music world. This more unusual pairing, which combines the tradition and chanting of the Medicine Singers with the wild, eclectic electric guitar of Gat (and Thor Harris & Chris Pravdica of Swans), is one of the more accessible.

Witnessing a performance of this band is highly recommended to anyone who would like to hear/see something different. To learn more about this music go to medicinesingers.bandcamp.com.

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9	8	1	3	4	5	2	7	6
6	1	7	5	2	4	8	9	3
5	3	9	8	7	1	4	6	2
8	4	2	6	9	3	7	1	5
1	2	6	7	3	9	5	8	4
7	5	3	4	6	8	9	2	1
4	9	8	1	5	2	6	3	7

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T	A	B	E	S		A	N	A		S	L	A	M			
U	N	E	V	E	N	J	C	L		S	O	K	E			
S	I	L	I	C	A	A	U	K		I	B	E	X			
				U	N	A	B	R	I	D	G	E	D			
S	C	H	O	L	A	R		L	E	A	N	S				
U	N	A	W	A	K	E		S	R	I						
E	S	H	E	R						R	A	G	A	S		
				I	U	D		P	A	Y	R	O	L	L		
				B	A	S	T	E		A	L	A	B	A	M	A
				V	E	R	M	I	C	E	L	L	I			
M	A	C	E		L	A	P			I	S	L	A	N	D	
A	L	A	N		I	D	O			S	L	A	V	E	R	
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CONCERT REVIEW



Michael Eck at Caffé Lena.

Rudy Lu / Nippertown

Michael Eck at Caffé Lena

By RUDY LU
nippertown.com

SARATOGA SPRINGS — Eddies Hall of Famer Michael Eck has had many roles in the music industry.

He started 40 years ago as a member of a punk rock band. This progressed to becoming a leading music critic, art critic, guitar manufacturer representative, and member of several area bands including the Ramblin Jug Stompers and the Lost Radio Rounders. During this entire time, he never stopped writing songs or striving to become a

scholar of songwriting.

During and since the pandemic, he has authored over 150 songs, and has continued to expand his skills through Zoom songwriting workshops and challenges. This celebration of 40 years of making music was focused on his gifts and creative process as a singer-songwriter.

After briefly acknowledging his punk rock past by playing the opening riff from the Clash's "Should I Stay Or Should I Go," Eck sampled his large catalog of songs, dating from 1994 to the present day. Some songs were performed in public for the first time or were unrecorded.

"Your Turn To Shine

" is the title song from Eck's most recent release (Mandala Hand records mh2201). The song was written about, and dedicated to, the late 518 playwright, composer, and musician Josh Chambers, who died in 2021 at the age of 45.

Interestingly enough, Eck's approach to writing songs was similar to Chamber's. He believed in composing songs in 90 minutes or less. Eck composes songs rapidly also, explaining that his other endeavors generally have deadlines.

"Too Much" mentioned the dilemma of having too much sad emotion.

"Singing through the Darkness" and "One of

the Old Songs" are both tributes to those loved ones that have passed. The former is a tribute, the latter is a celebration.

"Brace Yourself" was inspired by Richard Thompson's "Wall of Death". Thompson's composition is about an amusement park ride. Eck's composition is about a journey around the construction of a guitar.

"Small Town Blues" is autobiographical; a song describing Eck's large uncle in dark terms.

Eck's performance was augmented for a song by his twin children, daughter Lillyrose on violin, and son Lakota — playing an acoustic guitar once owned by Frank Zappa.

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