

HAPPY NEW YEAR

The Spotlight

DECEMBER 30, 1965

VOL. X, NO. 52

\$1.00 PER YEAR

10¢ A COPY



LEONARD CONGRESS, manager of the Shoe Department at Little Folks Shop, Delaware Plaza, is shown awarding a panda to Rocky Pape, winner in a recent drawing held at the store. Carolyn Pape is watching the presentation.



"IT IS BETTER TO GIVE THAN RECEIVE" and the children at the Slingerlands Nursery School proved this to themselves and their teachers during the week before Christmas. Asked to bring a toy from home of their own choosing, these tots brought some of their favorites of other years to provide toys for less fortunate children. Pictured with a few of the donations are, left to right: Mark Rardles, Mrs. Mary Caruso, teacher; Barbara Grossman, Chipper Cross, and seated, Rex Carey.

Peter Pan Tournament

Del Lanes and Peter Pan have again joined together this year to bring the A.J.B.C. Junior Bowlers of the Tri-City Area their Third Annual Holiday Singles Tournament. This, without a doubt will be the largest Holiday Tournament this year for the Junior Bowlers in the Capital District.

The first squad of the Junior Bowlers will hit the lanes at 10:00 A. M. on December 31. Three days later and some five squads, they will conclude this tournament with a 11:00 A. M. squad on Sunday, January Second.

Last year some 300 youngsters bowled in the Second Annual Tourney and the 48 winners received an engraved trophy for their efforts.

This year Peter Pan is expected to be present during the tournament. As in past years, she will also present the trophies to the winners in the tournament. This year's presentation will be held on Saturday, January 15, at 2:30 P. M. preceding the late afternoon squad of the Annual Parent-Offspring Tournament here at Del Lanes.

Meeting

The Women's League of the Delmar Reformed Church, with the women of the L.E.N. as guests, will hold its January meeting on Tuesday, the 4th, at 8:00 P. M. in the Bennett Parlor. Following the separate business meetings, Mrs. Hobart Shanley will lead the devotions and Mrs. Edwin Potter will in-

Burning of The Greens

The Delmar Presbyterian Church lot, 585 Delaware Avenue, will again be the scene of a large community Christmas tree fire. The occasion is the annual Twelfth Night "Burning of the Greens" ceremonies Wednesday, January 5. Families of the Church will gather at 6:45 in the church for dessert. The burning will take place at 7:30.

The pile of trees and greens will be placed this year on the side lot of the church nearest to Cherry Avenue instead of in the front. All the townspeople in the Tri-Village area are invited to bring their trees and greens to the lot any time up to and during the burning. Please do not bring trees after the fire is out.

During the festivities in the church a King and Queen will be chosen from among the youth by the ancient custom of discovering a bean in the Twelfth Night cake. The reigning couple will be crowned and will lead the congregation out to the lot where they will touch off the fire with Christmas candles. The fire denotes the end of the Twelve Days of Christmas and the beginning of Epiphany, the Light of Christ in the world, which runs to Ash Wednesday, the beginning of Lent.

The Delmar Fire Department will again be on hand to keep the fire under control.

Introduce the guest speaker, Miss Mary Ann McManamon, our community ambassador to Japan. Refreshments will be served by the Mesdames Grant Talbot, Chester Haddon, Emil Sanefski, and Carlton S. Mason Jr.



Sincere best wishes for a joyous New Year, filled with blessings for you and your family.

DELMAR BOOTERY

JACK LEONARDO PROP.

DIAL HE 9-1717 DELMAR, N.Y.

In Concert

The Westminster Choir, George Lynn Conductor, sang at a White House state dinner given by President and Mrs. Lyndon B. Johnson in honor



Barbara Clark

of the President of Pakistan, Ayub Kahn, on the evening of December 14th.

Barbara Clarke of 5 Sunset Drive, Elsmere, a student at Westminster Choir College in Princeton, New Jersey, sang with the Choir.

This was the first performance of the cantata, "Music for the White House," composed by Frank Lewin of Princeton and based on popular American songs of the 18th and 19th centuries.

Twenty-five solo players of the United States Marine Band accompanied the forty-eight voice choir of Westminster Choir College, Princeton. Dr. Lee H. Bristol Jr., President of the College, attended the affair — one of the first major diplomatic events since the President's return from his convalescence in Texas.

Meeting

The Elsmere Evening Unit of the Home Demonstration Department will meet at 8 o'clock Wednesday night, January 5, in the Bethlehem Central Junior High School.

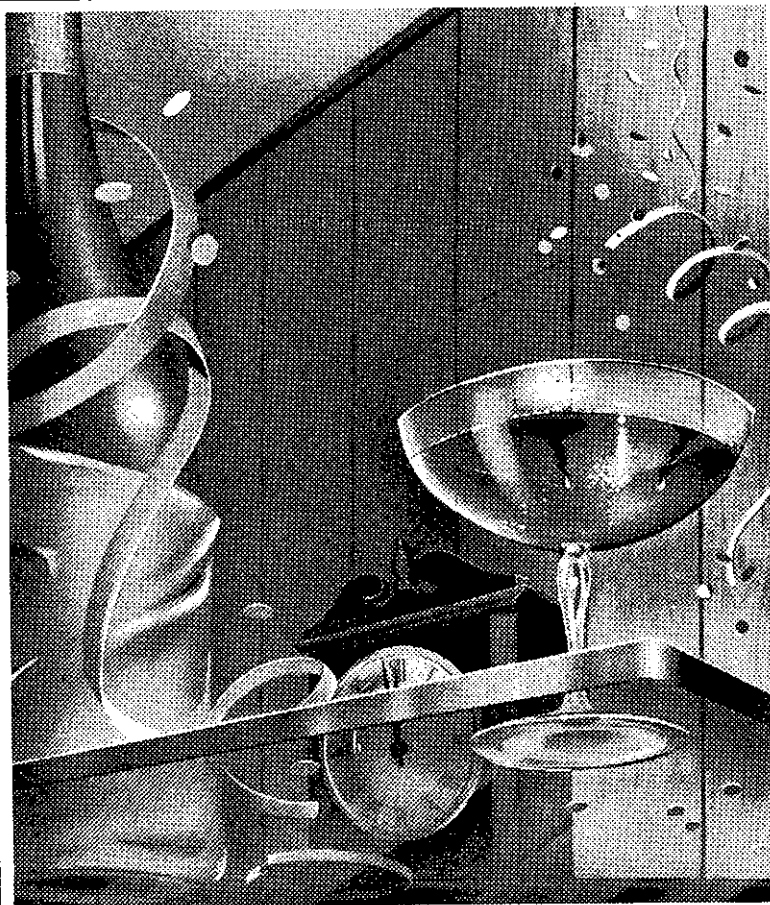
A film, "The Label," will be shown. For the social hour, members are asked to bring their favorite dessert.

Santa Visits Del Lanes

If you don't believe in Good Old St. Nick, then you should have been at Del Lanes this past Saturday morning to watch the bowlers in the Junior Program, "Beat Santa Claus."

All the youthful bowlers, whether 7 years or 18 years, enjoyed this interleague competition with Santa Claus. All the Juniors who won over Santa received an "I Bowled Santa Claus and Won" award to wear on their bowling shirt. The boy or girl in each of the seven leagues in this Saturday morning program who beat "Santa" by the greatest number of pins was awarded an appropriate trophy by Santa and his helpers.

Just in case you are a little



*Happy
New Year*



ERNIE MOAK

GEORGE MOAK

ELMER SAGER

BILL EPPL

GEORGE FOWLER

We have your favorite dinner
WINES and CHAMPAGNES
chilled ready to serve

FOWLER'S LIQUOR STORE

SEE ERNIE AND GEORGE FOR BETTER SPIRITS WE DELIVER
ELSMERE-AT-THE-LIGHT PHONE HE 9-2613

curious, Santa maintains an average of nearly 200 in the North Pole League, where he bowls with his reindeer and elves. Oh yes, Rudolph, the



Ross Hendricks of the Bantam Early Birds, receives an award from Santa at the Junior "Beat Santa Claus Program" held recently at Del Lanes in Eismere.

league secretary, verified "Santa's" average. Even though he gave out a 100% handicap to his youthful competitors, only 56 of the 178 program members were able to win over the Jolly Fellow.

Each of the Juniors contributed toward the purchase of a food basket for a deserving family in the area of Santa's choice. The family that receives his gift will find it signed, "Santa 'JG' Claus and Young Friends."

And to all of you, from the Junior Program Committee at Del Lanes, "Merry Christmas and a Joyous New Year."

LETTER

Dear Sir:

First, I would like to publicly extend my heartfelt thanks to your paper for the fine support given to the Albany County Tuberculosis and Respiratory Disease Association during the Christmas Seal Campaign currently being conducted, for without your cooperation, I am quite sure success would be difficult to come by.

As a Tuberculosis and Respiratory Disease Association, we

are concerned with those in Albany County who walk among us and need attention because of tuberculosis. Add to these the ever increasing number who are suffering from emphysema, asthma, and bronchitis, and you can readily see the magnitude of the problem. As a matter of fact, emphysema is killing and crippling more people than ever before, and ranks second only to heart disease.

Our Christmas Seal Association takes action in trying to help these people through detection of these chronic lung diseases by pulmonary functional test, chest x-rays, education in homes and schools. Our work embraces a year round attack against TB and other pulmonary diseases.

We hope to expand our testing program for detection, prevention and treatment of those walking around with those diseases of the breathing system. However, this will not be possible unless people in our county respond to our Christmas Seal Appeal, our one and only means

NOW OPEN BETHLEHEM AUTO LAUNDRY

Route 9-W - Just South of Route 32
BETHLEHEM CENTER

2 SELF-SERVICE BAYS

Open Daily: 7 A.M. to 11 P.M.
- EVERY DAY OF THE WEEK -
BUILT BY: H. GEURTZE & COMPANY

Owned and Operated by:

John Geurtze, John Mooney, Harold Geurtze

After Inventory

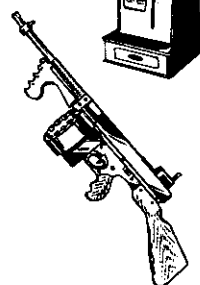
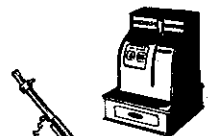
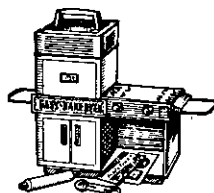
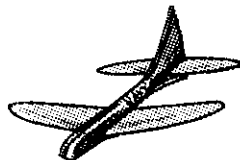
Toy Clearance

SALE

STARTS JANUARY 3

ALL MERCHANDISE REDUCED UP TO 50%

TOY FAIR



DELAWARE PLAZA

HE 9-5539

CHRISTMAS GIFT EXCHANGE POLICY

Exchanges of Christmas Gifts sometimes become a difficult problem for customers and stores alike.

SO . . .

If you must exchange your Christmas Gift, won't you please observe these simple common-sense rules.

1. In fairness to the giver, there will be no cash refunds.
2. Exchange period will run from December 27th through January 8th
3. If a customer is unable to find suitable exchange item, credit slips will be issued, which may be redeemed at a later date.

THANK YOU FOR YOUR CO-OPERATION

BENNETT'S SPORTING GOODS

561 Delaware Avenue

TAD'S

Four Corners

JEAN EDWARDS'

Suburban Gal - 99 Delaware Ave.

GALLAGHER'S SKI SHOP

278 Delaware Avenue

PAUL MITCHELL'S

Men's Wear - 99 Delaware Ave.

TOY FAIR

Delaware Plaza

STEEFEL'S

Delaware Plaza

TOWN & TWEED

Delaware Plaza

CLOTHES HORSE

At Toll Gate, Slingerlands

THE VILLAGE SHOP

Delaware Plaza

THE CARRIAGE STOP

339 Delaware Avenue

of raising funds. We are trying to help them. I sincerely hope they will help us, watchdog over their health.

Sincerely,

Allan I. Jacobson

1965 Christmas Seal Chairman

MEETING

The Women's Society of Christian Service of the First Methodist Church of Delmar will hold its next meeting on Thursday, January 6.

Sewing group meets at 10:00 A. M.

Folk Singing

The Albany Young Women's Christian Association announces a class starting in Folk Singing and Guitar Playing on Saturday January 8, 1966. This will be a group participation class with emphasis on fundamentals of accompanying on the guitar.

Miss Sarachan is a Senior at Bethlehem Central Senior High School and has taught privately as well as in Summer Camps. This class is open to High School boys and girls as well as young adults.

FBLA

The Bethlehem Central Senior High School Chapter of the Future Business Leaders of America held its Annual Christmas Party during the regular meeting period on Tuesday, December 21.

Members of the Business Department Faculty were guests of honor. Mary Dollard, Chapter vice-President, was the general chairman of the party, and arranged for both the refreshments and the entertainment. The other officers served as hostesses for the guests: Nancy Wisenburn, was hostess for Mrs. Gladys Hosey, Head of the Department; Gerri McMillen greeted Hugh Brown; Kathy Paquette, Robert Pierson; Diane Myers, Merle Miller; and Karen Waldron, Mrs. Margaret Westervelt.

Karen Lynch served as chairman for the Christmas basket which the group provided for

a needy family of the area. The girls contributed food, toys and clothing for the family, with special gifts designated for the parents.

Miss Barbara Conway, Chapter advisor, directed the activities.



Miss Alana Clegg, daughter of Mr. and Mrs. Alan B. Clegg of 34 Delmar Place, Delmar, a 1965 graduate of the Albany College of Pharmacy with a Bachelor of Science degree in Medical Technology, is a member (registered) with the American Society of Clinical Pathologists. She is employed by the city of Syracuse Bureau of Laboratories and is working in the City Hospital of Syracuse.

Deb Hostess

Candice Ann Carroll, daughter of Mrs. Ann Carroll, 16 Werner Avenue, entertained with a buffet breakfast following the Debutante Cotillion at the Thruway Motel December 22.

She is a freshman at State University in Plattsburgh.

Her guests included: Terry Thornton, Cindy Cox, Sal Pipito, Margaret Flierl (Deb), Scott Sargeant, Pat Brunner, Steve Sphar, Barbara O'Bryon (Deb), Fred Taylor, Teresa Barbarossa, Chip Estey, Dana Berry, Eric Powers, Dale Weinberg, Bill Nusso, Kathy Kunz, Peter Crandall, Pat Clark, Jeff Mansot, Chris Fry, Dave Hengerer, Kathy Moses, Fred Clas, Pam Jones (Deb), Steve Burnett, Peter Flierl, Scott Christianson, Joey Marotta.

She is the grand-daughter of John B. Colonna.

NOTICE!

THE THISTLE GIFT SHOP

(HARRY L. BROWN, JEWELER)

4 CORNERS, DELMAR

CLOSING FRIDAY, DECEMBER 31

FOR REMODELING

TENTATIVE OPENING DATE:

JANUARY 28

WATCH THE SPOTLIGHT

FOR ANNOUNCEMENT OF GRAND OPENING

Happy 1966 to All!

Happy New Year

Even though you may have forgotten the Champagne!

WE HAVE A LARGE SELECTION OF IMPORTED, NEW YORK STATE AND CALIFORNIA CHAMPAGNES

FROM 2.75 UP

ELSMERE WINE & LIQUORS

222 DELAWARE AVE., DELMAR

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FREE DELIVERY

Open Daily 9 a.m.

"As near as your phone"

Free Gift Wrapping

Verstandig's



Florist

FLOWER & GIFT SHOP

Est. 1932

454 Delaware Avenue

Delmar, New York

Phone HE 9-4946

*Elegance in Arrangement
Distinction in Design*

Complete Selection for your New Year's Partying & Dining

STORE HOURS:

Monday to Friday: 8 - 9

Saturday: 8 - 6

Sunday: 9 - 5

DELAWARE Plaza

in Delmar

MODERN ONE-STOP SHOPPING

HAPPY
NEW YEAR!

PAN-EASTERN REALTY, INC.

Warren A. Wilson, President

Fred Pollman, Vice President



Do you own any stretch garments? If you do not, you will soon for textile experts estimate that within the next ten years over 90 percent of the garments sold will be stretch. The Table Talk program on January 5 will feature Stretch Garments and Fibers.

A fashion show of various stretch garments will illustrate different types and uses of

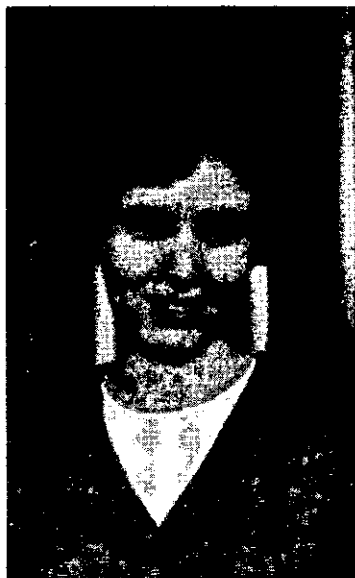
per ways to store and launder stretch garments will be included on the program.

Tune in to the Cooperative Extension program Table Talk, Channel 13 - WAST on Wednesday, January 5 at 7:30 A. M. to learn many new uses and advantages of stretch garments.

New Director

Carl E. Touhey has been elected to the Board of Directors of National Commercial Bank and Trust Company. Frank Wells McCabe, chairman of the board, announced today. Mr. Touhey fill the vacancy caused by the retirement of Samuel E. Aronowitz, attorney in the firm of O'Connell and Aronowitz. Mr. Aronowitz now becomes an Honorary Director.

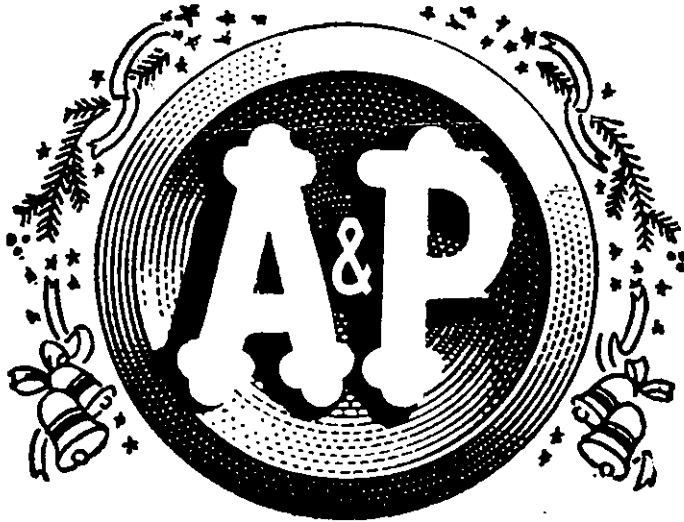
Mr. Touhey, a graduate of Albany Academy, class of 1935, and Princeton University, class of 1939, is president of Canada Dry Bottling Company of Albany Inc. and Orange Motors, Inc. A World War II veteran, he served in the United States Air Force as a pilot from 1942 to 1946 and was honorably discharged with the rank of Captain. He is a director of the Central Savings and Loan Association, treasurer of WMHT - Educational Television, board member, Child's Hospital, Albany Symphony Orchestra, World Affairs Council, a member of Albany Country Club, Wolfert's Roost Country Club and the Princeton Club of New York.



Karen Hull

stretch fabrics. Mrs. Karen Huss, home economist with the Albany County Extension Service and Table Talk hostess will explain the characteristics and advantages of stretch garments. Some tips on what to look for when purchasing stretch garments and what to expect from these garments will also be covered. Did you realize some stretch garments may elongate out of shape when hung on a hanger? The pro-

GET FAMILY-PLEASING GIFTS FOR PLAID STAMPS



A&P STORES

**Closed All Day
January 1st.**

**DOUBLE
STAMPS
Wednesday!**

Usual store hours other days.
We will close promptly at
6 p.m. Friday, New Year's
Eve.

New Years Eve Treats!

- Sliced Bologna** SUPER-RIGHT 1 LB PKG **69^C**
- Sliced Bologna** SUPER-RIGHT 8 OZ PKG **35^C**
- Sliced Salami** SUPER-RIGHT 8 OZ PKG **39^C**
- Olive Loaf** SUPER-RIGHT SLICED 8 OZ PKG **39^C**
- Pickle AND PIMENTO Loaf** SUPER-RIGHT 8 OZ PKG **43^C**
- Variety Pak** SUPER-RIGHT 12 OZ PKG **65^C**

THE GREAT ATLANTIC & PACIFIC TEA COMPANY, INC.



**SUPER-RIGHT QUALITY FULLY COOKED
NO WATER ADDED - MORE PROTEIN VALUE**

HAMS

- SHANK PORTION** LB **65^C**
- BUTT PORTION** LB **75^C**
- SHANK HALF** No Slices Removed LB **75^C**
- BUTT HALF** NO SLICES REMOVED LB **85^C**
- CENTER SLICES** LB **1.29**

BONELESS HAM

FANCY FULLY COOKED
SKINLESS SHANKLESS LB **1.45**

POT ROAST

CALIFORNIA
CUT FROM CHUCK LB **69^C**

Morrell's Canned Ham

5 LB CAN **5.49** **3** LB CAN **3.49**

- Turkey Breast** RICH'S WHOLE 4-6 LB AVG LB **99^C**
- Frankforts** SUPER-RIGHT SKINLESS ALL MEAT LB **65^C**



STOP OFF FIRST
AND SEE . . .

TOM McMANUS

BE ASSURED OF A HAPPIER
HAPPY NEW YEAR!

CRESTWOOD Liquors and Wines
One Block Above Manning Blvd at Whitehall Rd



Shields Bruce, of 287 Sheridan Avenue, Albany, and Mrs. Rolf A. Olsen, Westphal Drive, Delmar, are being congratulated by James H. Carnahan, Director of Health & Safety Services for the Albany Area Chapter, American Red Cross and Volunteer Swim Coach at the Jewish Community Center, who resides at 10 Wiggand Drive in Glenmont. Shields Bruce swims every day during the noon hour at the Jewish Community Center swimming pool. Mrs. Rolf A. Olsen, is a Girl Scout Leader with the Junior Troop 315 of Glenmont, and completed her 50-mile swim at the Thunderbird Swim Club. Both of these athletes are continuing to take part in the Swim and Stay Fit Program and expect soon to finish the 100 mile mark. According to the American National Red Cross, the program must be done in multiples of 440 yards each, after the first quarter of a mile.

Myers
DOWNTOWN, ALBANY

**NOW
GOING
ON . . .**

Our Famous
JANUARY

White Sales



**OUTSTANDING VALUES AND SAVINGS
ON YOUR FAVORITE NAME BRANDS**

In Marines

Joe Figel, who enlisted in the Navel Reserve, will take his boot training in February and will serve 2 years of active duty beginning in November 1966. He is now a student of accounting at Albany Business College, evening division, and works at the Toll Gate in Slingerlands.

He was graduated from Vincentian Institute this past June. Prior to high school he was a student at St. Thomas' in Delmar.

Dividend

At a meeting of the Board of Directors of National Commercial Bank and Trust Company held December 14, 1965, a dividend of 45 cents a share was declared on the outstanding \$7.50 par value Capital Stock of the Bank, payable January 15, 1966 to the shareholders or their legal representatives of record at 2:00 P. M. on January 3, 1966. Frank Wells McCabe, chairman of the board, announced today.

From all the folks at Grand Union
Happy New Year



TOP QUALITY-FRESH DRESSED

Chickens

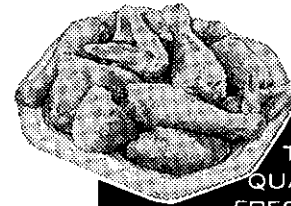
2 3/4-lb. Avg. Wt. **WHOLE** **lb** **29**

SPLIT, QUARTERED OR CUT UP **lb** **33**¢

GRAND UNION'S FINEST QUALITY

Canned HAMS

4-lb. size **4**²⁹



TOP QUALITY FRESH

Chicken PARTS

LEGS **lb** **49**¢
(no backs included)

BREASTS **lb** **59**¢
(no wings or backs incl.)

SALAD DRESSING **MIRACLE WHIP** qt. jar **48**¢

CHICKEN OF THE SEA CHUNK STYLE **LIGHT TUNA** 3 6 1/2-oz. cans **89**¢

GRAND UNION **EGG NOG** qt. ctn. **49**¢

RED OR YELLOW **HAWAIIAN PUNCH** 3 1-qt. 14-oz. cans **1**

REG. OR DIET-GRAND UNION **SODA** 6 28-oz. btl. **1**

NO DEP..NO RETURN

FLORIDA VINE RIPENED **Tomatoes** **lb** **39**¢

FLORIDA TEMPLE **Oranges** 10 for **69**¢

CALIFORNIA **NAVEL ORANGES** 12 113 SIZE **59**¢

GOLDEN YELLOW **POTATOES SWEET** 3 lbs **29**¢

WE RESERVE THE RIGHT TO LIMIT QUANTITIES
 PRICES AND OFFERS EFFECTIVE THRU FRIDAY, DECEMBER 31st
 WE ARE NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS

Make that one for the road

BEECHNUT COFFEE

1-lb. tin **77**¢ deal label





Freihofer's

BETTER WHIPPED SUNBEAM BREAD

COMPARE . . . and see the difference!
 Better Whipped! No Holes! No Streaks!
 Delicious Bread, Rolls & Cake!
DAILY HOME DELIVERY
Phone HO 3-2221



New Year's Party Favorites

Egg Nog Ring**.69**

A delicious white cake with traditional Egg Nog flavored icing

Cake of the Month (24 Servings — Chocolate or Raspberry)**2.69**

Please all of your guests with one of these beautiful cakes—Serve what you need—Save the rest in your refrigerator-freezer

Cake-its
 For Dressing**.29**
 Genuine Fruit Cake
 2-lb. Bar . . . **2.39**

SELECT ALL YOUR PARTY
 BREAD NEEDS FROM OUR
 LARGE VARIETY . . .

Bavarian, Pumpernickle,
 Salted Rye, Buffet Rye, Plain
 Rye, Sliced Pumpernickle,
 Bronx Rye, Whole Wheat,
 Cracked Wheat, Sand-
 wich Loaf

Above variety available on
 Friday, Dec. 31st

Holiday Pies
 Apple, Pumpkin,
 Mince**.69**
 Thursday & Friday
 Dec. 30 & 31

Holiday Coffee Cake
.6
 Thursday & Friday
 Dec. 30 & 31

Party Cookies
 (4 dozen)**.89**
 Everybody's Favorite!

ROLLS

- Butter Rolls (6)**.29**
- Pan Rolls (12)**.33**
- Butter Parker House Rolls (12) . . .**.39**
- Cloverleaf (12)**.35**
- Hard Rolls (6)**.29**

Above Available Daily

Brown 'n Serve Rolls**.31**

Available Thursday, Dec. 30

Bake n' Serve Bread**.39**

Available Friday, Dec. 31st

No Deliveries Saturday, Jan. 1st.

As we prepare for the arrival of the
 New Year, we wish to extend to all
 our customers, our sincerest wishes
 for a prosperous peaceful year . . .

HAPPY NEW YEAR!

Thursday, Dec. 30th

- Custard Pie**69c**
- Cinnamon Crunch Buns**39c**
- Pecan Coffee Ring**54c**
- Blueberry Muffins**39c**
- Cinnamon Raisin Bread**35c**
- Chocolate Fudge Cups**39c**
- Canadian Oat Bread**29c**
- King Size Bread**31c**

Friday, Dec. 31st

- EGG NOG RING****79c**
- Cinnamon Raisin Buns**39c**
- Honey Pecan Ring**59c**
- Blueberry Toasties**39c**
- Date Nut Loaf**49c**
- Chocolate Sheet Cake**59c**
- Salt Free Bread**29c**
- Old Fashioned Bread**29c**

Monday, Jan. 3rd

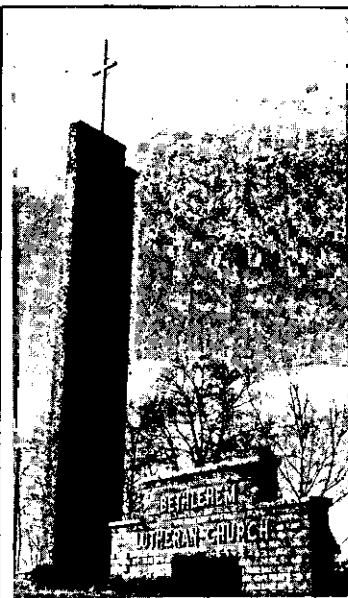
- Red Raspberry Pie**69c**
- Lemon Buns**39c**
- Chocolate Chips**59c**
- Jelly Roll**49c**
- Round Angel Food**39c**
- Cinnamon Crumb Cake**44c**
- California Cheese Cake**69c**
- Sunbeam Bread**26c**

Tuesday, Jan. 4th

- LOUISIANA RING****69c**
- Cherry Pie**69c**
- Sugar Cookies**39c**
- German Choc. Sheet Cake**59c**
- Corn Sticks**29c**
- Strussel Buns**44c**
- Cream Puffs**59c**
- Thin Sliced Square Loaf**26c**



Nathaniel Adams Blanchard Post 1040 American Legion entry in the Albany County American Legion Oratorical Contest is Edward ("Ted") J. Smith of 22 Pineview Avenue, Delmar. Ted, 16, is a junior at Bethlehem Central Senior High School. Here he is seen with (left) Post Commander Edward J. Costigan and Post Oratorical Contest Chairman H. Russell Denegar. The Albany County contest takes place Sunday, January 23, at 2:00 P. M. at St. Teresa of Avila Auditorium in Albany.



Church Address
85 Elm Ave., Delmar

We now have Church and Sunday School at the same time.

NEW SERVICE SCHEDULE
9:30 A.M. First Service of Worship
9:30 A.M. Sunday School
9:30 A.M. Teenage Bible Class
(In Parsonage - 11:00 A.M.)
Second Service of Worship

New Parsonage
111 Elm Ave., Delmar
Tel: 439-6217
Rev. Paul H. Gassmann,
Pastor

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water pump sales & service
Clarksville PO 8-2230



Open Evenings
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THE SPOTLIGHT



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Star
SUPER MARKETS
WE SERVE YOU BETTER
WE SAVE YOU MORE
QUANTITY RIGHTS RESERVED
406 Kenwood Avenue
Four Corners, Delmar

U.S. CHOICE LOIN

LAMB CHOPS

LB. **99¢**

U.S. CHOICE RIB

LAMB CHOPS

LB. **79¢**

SWEETASTE SLICED

BACON

LB. **59¢**

THIS WEEK'S SPOTLIGHT BONUS ITEMS

These are IN ADDITION to our regular ad of specials in the Albany Papers

SWIFTS' SLICED

American Cheese
8 OZ. **37¢**

CAT'S MEOW

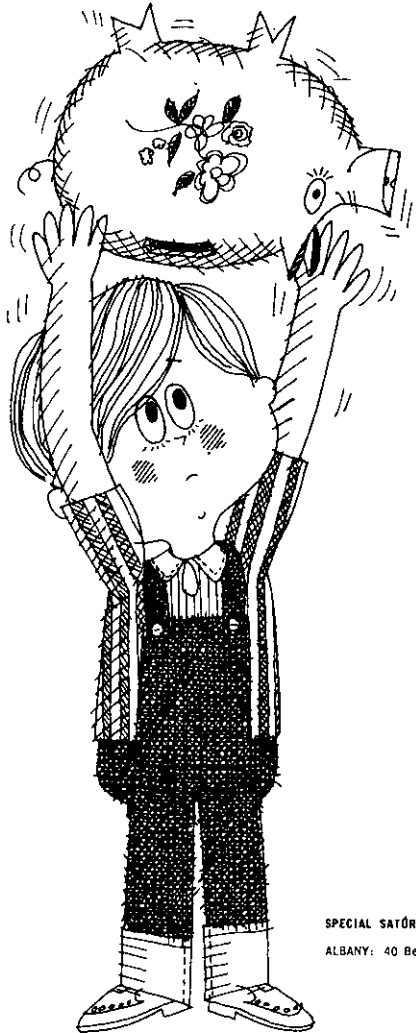
CAT FOOD
303 CAN **7¢**

**Potato Salad, Macaroni Salad,
Cole Slaw**

3 LBS. **\$1**

Need a loan?

Sometimes it makes more sense to stop in or 'phone NCB for a loan than to take money out of your savings account or go without something you want. And we're as glad to lend money as people who are short of cash are to borrow it. One-day service . . . low rates . . . and life insurance protection at no cost to you.



SPECIAL SATURDAY HOURS — 9 A.M. TO 1 P.M.
ALBANY: 40 Beaver Street (4th floor)474-8035

DELMAR

BECKERS CORNERS
Mondays, Wednesdays
9 to 11 a.m.

ELSMERE

BERNE
Tuesdays, Fridays
3 to 5 p.m.

WESTERLO
Mondays, Wednesdays
Noon to 2 p.m.



NATIONAL
COMMERCIAL BANK
AND TRUST COMPANY

MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

FULL SERVICE BANKING through 49 offices in Northeastern New York State



WITH THE
GIRL
SCOUTS

Junior Girl Scout Troop #349 participated in the Carol Sing on the Capitol steps in Albany, Wednesday, December 15.

•••

This year's Christmas service project for Troop #349 was caroling and distributing home baked cookies at the Cedars Nursing Home in Selkirk, on Tuesday, December 21. The following troop members participated: Sue Segerstrom, Sue Stein, Mandy Jones, Dawn Foster, Holly Leese, Betsy Brooks, Julia Taub, Beth Evans, Daryl Davenpeck, Shelly Laurent, Susan Deitz, Patsy Marc, Ellen Rosenberg, Elizabeth Dinnel, Susan Elbow, Barbara Forrest, Debbie O'Hern, Carol Spelich, Janet Osterhout, Christine Bamberger.

Meeting

The Wesleyan Service Guild of the First Methodist Church, Delmar, meet for a Covered Dish Supper on Tuesday, January 4, at 6:30 P. M. The program will be under the direction of Miss Gladys Skevington, Chairman of Missionary Education and Service, and will feature the new mission movie, "Almost Neighbors." A discussion of the movie will be led by Rev. Robert B. Thomas.

Class Over

One of the largest American Red Cross Lifesaving Classes in the history of the Albany Area Chapter, American Red Cross, was finished at Bethlehem Central Senior High School, Tuesday evening, December 21, with three people receiving Junior Lifesaving certificates and thirty-four receiving Senior Lifesaving certificates.

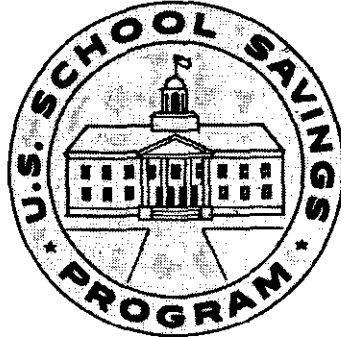
The course was taught under the supervision of Eileen Jeoney, 40 So. Hawk Street, Albany and Vicki House, 18 High-

THE SPOTLIGHT

lands Drive, McKownville, who were assisted by; John Osterhout, 84 Maple Ave., Voorheesville, James Coughtry, 31 Maple Avenue, Slingerlands, Alison Sinclair, R.D. 1, Averill Park, Helen Young, 2 Brockley Drive, Delmar and John Middlebrooks, 274 Kenwood Avenue, Delmar.

Those receiving American Red Cross Lifesaving certificates were as follows: Junior Lifesavers; Kevin and Frank Rooney of Delmar and Ira Dawer of Albany; Senior Lifesavers: Dennis Van Dusen, Greg Drew, Jeni Howe, Joanne Stahlhut, Martha Carey, Steve Bylsma, Richard Phelan, James Snyder, Pamela Craft, Connie Stutsrim, Bonnie Appleton, Ed Voelk, Mary Worton, Roger Monthie, Bob Mattice, Bruce LaPierre, Thomas

Lansford, Bruce Loveland, Bob Isall, Joseph Killough, Pam Nuzzo, Kathleen O'Neil, Chris Primoni, Pat Caldwell, Alison Cajer, all of Delmar; Kathy Grah, Camille Brocreek, Mary Mirek, Gail Deegan, Ellen Devlin, Barbara Ann Kutz, Ellen Devlin, from the college of St. Rose in Albany; John Guimond of Albany and Barbara Curtis of Albany.



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Christmas is a time for family reunions, and many Tri-Villagers have either entertained loved ones over the holiday weekend or traveled many miles to be with them at their homes.

Mr. and Mrs. Kenneth Nodell of Morrisville, N. Y., and their daughter, Lynne, 18 months, spent the weekend with Mrs. Nodell's parents, Mr. and Mrs. Harry C. Olson of 6 Burhans Place in Elsmere. Ken and his wife, the former Peg Olson, were married in 1960 after his graduation from Albany Law College. He is practicing law in Morrisville.

Dick Olson, a 1962 graduate of Bethlehem Central and now a senior at High Point College in North Carolina, solved a Christmas gift problem by giving an engagement ring to Miss Florelle Kurz of Douglaston,

N. Y. They plan a June wedding.

Miss Kurz, daughter of Mr. William Kurz and the late Mrs. Kurz, has known her future husband for years because the two families have vacationed for many summers at nearby lakes in the Adirondacks.

Also on hand to join in the Christmas festivities was Mrs. Olson's sister, Miss Margaret Weeber, who is an associate professor of mathematics at Central Connecticut State College.

Mr. and Mrs. Arthur P. Fisher of 27 Burhans Place left last Thursday to spend a few days visiting with the families of their son and daughter. They spent Christmas Day at the home of their son, Arthur P. Fisher Jr., his wife and two children, Karl, 4, and Craig, 2, in Pittsford, a suburb of Rochester.

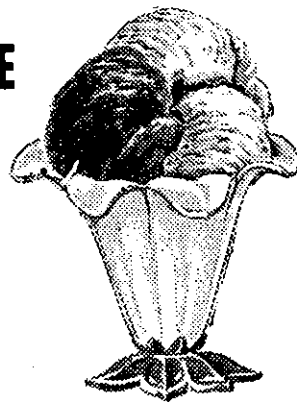
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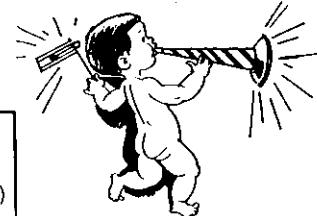
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ter home of their daughter, Mrs. Ronald Graves, her husband, and their three children, Jeffrey, 5, Allison, 4, and Daniel, 2. Accompanying the Fishers was their younger son, Mark, 15, who is a pupil at CBA in Albany.

Traveling east instead of west for the holiday weekend were Mr. and Mrs. Harold F. Lee of

104 Elm Avenue, who drove to Stockbridge, Mass., to be with their daughter's family. She is the former Patricia Lee, a graduate of Vincentian Institute and St. Rose College, now married to Peter Carey, a graduate of CBA and Siena.

The Careys have three youngsters, Shawn, 5, Matthew, 3, and Sheila, 1. Pete Carey is a social worker in Stockbridge. John Lee, 22, accompanied his parents on the New England visit.

Mr. and Mrs. Lee then left on Monday for Fort Pierce, Florida, for a couple of weeks of enjoying warmer temperatures.

For the first time in many years, Mr. and Mrs. William C. Walsh of 3 Mayfair Drive in Slingerlands had their whole family together for Christmas. Son Bill came from the Maryknoll Seminary in Hingham, Mass., where he is a Maryknoll brother. John ("Jock") Walsh, an outstanding local athlete, was enjoying a break from his sophomore class studies at Fairfield University.

The other family returnee was Miss Mary Ellen Walsh, who is employed by Catholic Charities in New York City. Already at home to help prepare for the family reunion were Maureen, a senior at St. Rose College, and Mary Pat, a 6th grade pupil at St. Thomas School.

Mr. and Mrs. Olof H. Lundberg of 7 Mayfair Drive welcomed home their son and daughter. Olof Jr. is a graduate student in business administration at the University of Miami. Louise is a junior at Mt. Holyoke College.

A number of Bethlehem Cen-

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THE SPOTLIGHT

tral seniors received a very nice Christmas gift - word that they have been accepted for admission at the colleges of their choice.

Among the local young people who received "early acceptances" are Mary Norton and Scott Hauser, Oberlin University; Lyn Andrews, Mt. Holyoke; Barbara Cannizzaro, Mount St. Vincent College; "Jonny" Foster and Ann O'Donnell, Manhattanville College; and Marcia MacHarg, Smith College.

...

New to our community are Mr. and Mrs. Robert Gentner, formerly of Wayne, N. J., who moved recently to 205 Delaware Avenue. Mr. Gentner is in business for himself as a manufacturer's representative and his wife works with him in an office in their home. They have a son, Bob, who is 6 and a first grade pupil at Elsmere Grade School.

Mrs. Gentner tells me they like Delmar very much, and find it much quieter and more peaceful than their previous hometown, which is only about 15 miles from New York City.

The Gentners spent the Christmas weekend with relatives in New Jersey, but are now back in their new home and surroundings.

Make These New Year's Resolutions

Will the new year be a happier experience for you than the preceding twelve months?

The answer will undoubtedly not depend on your success in keeping such good resolutions

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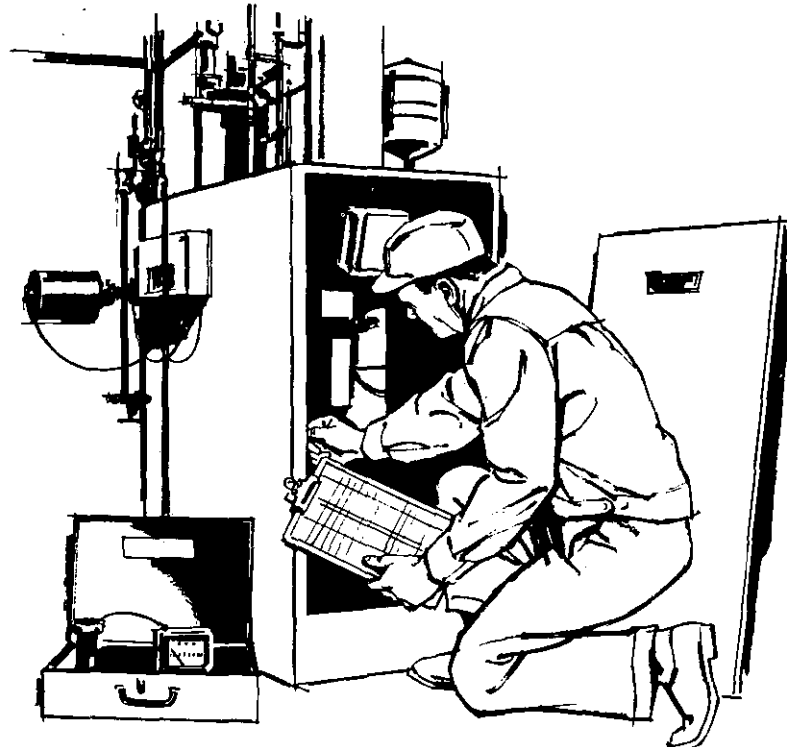
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as "Must lose weight" or "Join more social activities." Human relations experts — psychologists and clergymen — have pinpointed six major ideas in which many people's attitudes need changing.

Make your goals more realistic. Success and failure are not objective, say psychologists; they are highly subjective, highly personal states of mind. In a long study of housewives and businessmen, Dr. Pauline Sears of the University of California found that the ones who felt unsuccessful were those who had set their goals either too high or too low.

According to Dr. David Atkinson of Yale University, being successful involves three needs: 1) the need for idealism, to keep our aims high enough for self-respect; 2) the need for realism, to make our goals conform with life as it is; 3) the need to tolerate frustration, avoiding a feeling of failure by recognizing that "falls are part of the race."

Drs. Atkinson and Sears agree that it is better for most people to lower their sights, at least temporarily: accomplish these aims and then go on to higher, but still realistic, goals.

Master your anxiety. If you worry about everything from paying your bills to threat of nuclear war, you have plenty of company — so much, in fact, that one of the nation's top magazines recently devoted a cover story to "The Anxious Age." Psychiatrists and psychologists have a word — the German term Angst — for the feelings of fear, anxiety and anguish they observe in so many people.

What is the cause — and the solution? According to Dr. Oswald Hoffmann, whose weekly addresses on The Lutheran Hour are heard by 30 million people around the world, the problem comes about because "For many people, God has vanished, and these is no one to take His place. People cannot distinguish right from wrong because a God is not there to provide the standards. People do not even know what makes them men because they have denied the God who made them. Not knowing what to do

(Continued on Page 20)

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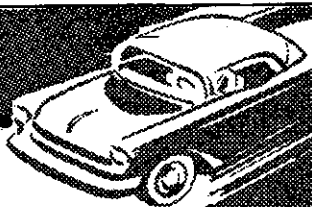


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or what not to do, they fall quite naturally into a restless sea of anxiety, uncertainty and fear." To all who feel this way, Dr. Hoffmann has an eloquent answer in a paraphrase of St. Paul (Philippians 4:6-7, NEB): "Cast your care and anxiety upon God, and the peace of God which is beyond our utmost understanding will stand guard over your hearts and minds in Christ Jesus."

Improve your understanding of others. Dr. Kurt Lewin, the famous Iowa University psychologist, advises that we try to imagine what the other person's duties or job requires to gain an "inside" view of what he is feeling.

Dr. Neal Cameron, Tufts College psychologist, takes a similar view. He observes that all actions should be balanced or cooperative: for instance, when one person talks, the other listens; when one carries a load, the other opens the door. These are simple examples; more complex kinds of cooperation - between husband and wife, boss and employees - are possible only when we think about the other person's role, and try to help him fulfill it.

Re-examine your attitudes toward criticism. There would be fewer hurt feelings - even, in many instances, fewer hurt careers - if more people view criticism as an opportunity rather than a threat.

According to psychologists, when a person criticizes you, it sometimes means that he's taken an active interest in you! In any case, the mature, well-adjusted person will seek to benefit from even unfair criticism - looking for the grain of truth in it and asking himself what he can learn from it - instead of frantically mobilizing his defenses to fight it.



When you are doing the criticizing, remember that your remarks will be better received if you find something to commend first.

Strengthen family ties. Though the resolution to spend more time with the family is a common one, very often it's the quality and not the quantity of time spent together that could stand

New Year Greetings



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improvement. An evening of joint TV-watching, with all eyes glued on the screen and conversation limited to monosyllables, hardly fosters togetherness.

Time spent together may be more enjoyable, and family projects may increase in frequency if you accept family members — and your occasionally negative feelings toward them — realistically. The Lutheran Hour speaker has observed that children often make themselves hard to love. Parents, on the other hand, lay down rules they do not observe — and then react with pain when they are imitated instead of obeyed. Recognizing such common sources of friction can give you a head start toward overcoming them.

The first step, as psychologists and clergymen will tell you, is to bring these uncomfortable feelings out into the open. Admit to yourself, even if to no one else, that you have fallen painfully short of being the person you'd like to be — then, seek a solution. For many, faith is the answer. In a recent sermon of The Lutheran Hour, Dr. Hoffmann told his audience; "If it were not for God, we would have to live with this guilt of ours."

None of these resolutions is easy. But if you tackle even one or two of them, you may feel each year a "Happier New Year" than the one that went before.

CONTEST WINNERS

The annual Lighting Contest sponsored by the Bethlehem Chamber of Commerce had the following winners:

RESIDENTIAL LIGHTING:

First Prize, \$25: Alwyn Bauder, 106 Fernbank Ave; Second Prize, Tie, \$15 each: Harold Merritt, 135 Elsmere Ave. and Kathryn Lenseath, 21 McCormick Rd., Slingerlands; 3rd Prize, \$10: Mrs. Donald Hall, 118 Dumbarton Dr.

RELIGIOUS AWARD

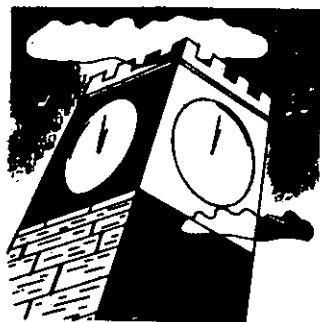
\$25 to Church of Winner's choice: Robert Stickler, 17 Murrin Drive.

BUSINESS AWARD (Plaque)

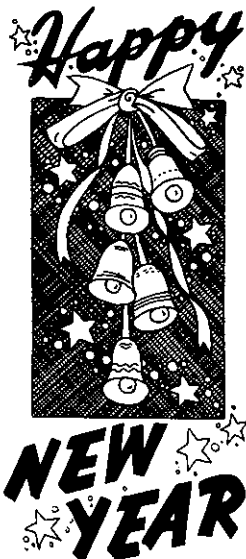
Muller's Pharmacy. The winning display celebrated its 20th anniversary this year; honorable mention to Verstandig, Florist.

JUDGES:

Hamilton H. Bookhout, Principal of St. Agnes School; Arthur J. Brumaghin, Mortgage Officer at City & County Savings Bank; William J. Jacoby, District Inspector for Prudential Insurance Co.; Rev. Charles Kauffuss, Rector of St. Stephen's Church.



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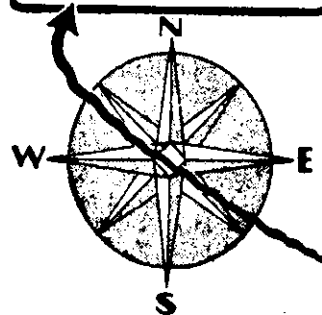
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