

Plans are being finalized by Samuel S. Bozzella, conductor, and the officers for the annual Spring Concert by the Delmar Community Orchestra for March 23, 1968. This concert is sponsored through the joint efforts of the service clubs of Delmar: The Lions, Rotary and Kiwanis. The Adult Education Choir, which were guest performers during last year's concert, will also make an appearance this year under the direction of Joseph V. Farrell, a teacher of music at Bethlehem Junior High School. If there are new members in the community who have played with an orchestra in the past and would like further information about becoming a member of the Delmar Community Orchestra please call Mr. Eckel at HE 9-2803, who is membership chairman. Officers of the Delmar Community Orchestra are: Front row: Joseph A. Edinger, President; Frederick M. Eckel, Vice President; Charles M. Lacy, Secretary. Back row: Albert W. Clayton, Concert Master; Ralph A. Mead, Librarian; Joseph A. Yungman, Treasurer.

Dr. Gets Permit

Registration

Photo by Ed Newcomb

A doctor has been authorized to open an office in Slingerlands which has no practicing physician.

The Bethlehem Board of Appeals has granted a variance allowing Dr. John P. Grogan of 1857 New Scotland Road, a general practitioner, to open an office, at 1525 New Scotland Road although he will not be living there.

In granting the variance, the board stated it "is in the public interest that reasonable steps be taken to encourage medical doctors to locate and relocate in town." It added that Bethlehem has a "fine but limited number" of doctors. Dr. Grogan now has offices at 455 Kenwood Avenue, Delmar.

The board ruled that "practical difficulties and unnecessary hardship" exist, warranting the variance.

Conditions attached to the variance require the structure to be redesigned according to the plans submitted -at the public hearing; that a parking area of asphalt or similar material can-

Russell Sage College has announced that its evening division

nounced that its evening division spring semester registration began January 3. Hours are from 9 a.m. to 9 p.m., Monday thru Friday, and Saturday mornings at 258 State Street, Albany, and in Troy from 9 a.m. to 4 p.m., Monday thru Friday, and from 6 to 8 evenings at the Sage campus, Ferry and Second Streets. Classes start January 29.

Over 135 offerings are listed in the new spring bulletin available on request. Open to new students as well as those seeking transfer credit, counselling in nine associate, bachelor and master's programs is available.

not be located over the septic system; that access to parking must be from Surray Mall only; and that steps should be taken to "reasonably" control the safe flow of in and out traffic.

During the public hearing on the project, a Slingerlands resident and president of the Fire Department, supported Dr. Grogan's proposal. The Slingerlands Fire House is north of the property.

The Spotlight

Forum Set For 4 Jan. Sundays

A Community "Forum on Vietnam" will be held on the four Sunday evenings in January at First Methodist Church, Delmar. All sessions will be held in Fellowship Hall from 7:30 to 9 p.m. The public is cordially invited.

Opening the series on January 7 will be Dr. Jean Hanks, anthropologist from Bennington, Vermont, who will discuss "The Peoples of Vietnam and Their Culture."

On January 14, "Pro and Cons of U.S. Involvement in Vietnam: A Debate" will be presented by Rev. James Murphy, Holy Spirit Roman Catholic Church, East Greenbush; Rev. William G. Vigne, First Methodist Church, Delmar; Rev. Stanley J. Moore, East Greenbush Methodist Church and a naval reserve chaplain; and Major Andrew Anderson, U.S. Marine Corps, Albany.

Rev. Lloyd A. Duren, First Methodist Church, Schenectady, will discuss "Keeping Our Commitments in Vietnam" on January 21.

The series will conclude on January 28 with a panel discussion of "Possible alternatives to Present U.S. Policy in Vietnam" moderated by Dr. DeWitt Ellinwood, History Department, SU-NY at Albany. Speakers will include Professor Richard Kendall, History Department, SUNY, a specialist in the history of American Foreign policy; John Daniels, of the Albany Society of Friends (Quakers); and Levon Dedrosian, M.D., of Albany.

The forum has been organized by a special committee of church men and women who believe that this issue is a vital one about which every citizen needs to have as much information as possible and needs, also, an opportunity for open discussion. The opporLuncheon

A Wine Tasting Program will follow a luncheon being held for members and guests of the Tri-Village Welcome Wagon Club for Newcomers. The luncheon will be held at the Ambassador noon.

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\$.10 per copy

Chairman is Mrs. David W. Emerich and reservations may be made with Mrs. Alvin L. Tripp at 439-5731 by January 5.

Elected

James P. Hepp, 8 Brockley Drive, Delmar, has been elected to permanent membership in Eta Kappa Nu, national honorary electrical engineering society. A junior at the Massachusetts Institute of Technology, he was selected on the basis of outstanding scholarship and participation in extracurricular activities. The Beta Theta Chapter of Eta Kappa Nu was founded at M.I.T. in 1939.

tunity to question all speakers is a scheduled part of each session.

High School students are especially invited to participate in the series, which the committee hopes will have a large community attendance for the distinguished speakers who will be featured.

In announcing the forum, Rev. Robert B. Thomas, senior pastor of the church commented: "This series of forums has been planned to bring information and facts; to provide an opportunity to discuss the problem and to consider the possible alternatives to its solution. We hope that many people of our community will take this opportunity to share in this learning experience."







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Shutter Bugs To Meet

All photographers, both amateur and professional, will be interested in attending the next meeting of the Delmar Camera Club at 8 P.M. Tuesday, January 9. at St. Stephen's Episcopal Church, Elsmere.

Julian Belin, a staff photographer for the NYS Dept. of Mental Hygiene, will have an open forum on all problems of photography, with particular attention given to the use of the exposure meter, the use of extra lenses, different types of film and different types of paper. Mr. Belin has been Past-President of the Capital District Association of Photography in Industry, and is now a delegate to the New York State Professional Photography Society. The meeting is open to all who are interested.

New Office

Robert Cohn and Robert Yaguda, of Cohn & Yaguda Realty,

OFF

Inc., are proud to announce that they have opened a second real estate office in the Wilson Affiliates, Inc. building, at 205 Delaware Avenue, Delmar.

The firm has five full-time sales people with over 45 years of combined real estate experience and will be expanding its sales staff in 1968. They have sold 2 1/4 million dollars worth of residential real estate in the Delmar area during the past two years.

Three of its members, Robert Yaguda, Robert Cronin, and Mrs. Evelyn Kennedy, are residents. in the Town of Bethlehem.

Both Mr. Cohn and Mr. Yaguda will be pleased to welcome their friends at either their Mc-Kownville office at 1232 Western Avenue, or their Delmar office.

Students Get Study Tour

Thomas H. Blatner of Slingerlands and Raymond J. Elliot of East Greenbush will be among 11 Colgate University students participating in a four week special studies period.

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STORE HOURS, ALL STORES - Daily 10 A. M.; Evenings Wed., Thurs., Fri.

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They will spend January in Washington, studying pressure group activities and the Washington political scene. Both are juniors.

Mr. Blatner, a 1965 graduate of Bethlehem Central School, is the son of Mrs. Elizabeth Blatner, Pine Hollow Road, Slingerlands, and Henry Blatner, Glenmont. Mr. Elliot, a 1965 graduate of Columbia High School, is the son of Mr. and Mrs. Raymond S. Elliot, 721 Columbia Turnpike, East Greenbush.

Promoted

At the meeting of the Executive Committee of the Board of Directors of National Commercial Bank and Trust Company held Tuesday, December 26, 1967, Robert H. Day, Jr., was promoted to manager of the Intermittent Offices located at Beckers Corners, Berne, Central Bridge, Esperance and Westerlo, Frank Wells McCabe, chairman has announced.



Robert H. Day, Jr.

Mr. Day, a graduate of Albany High School, class of 1950, served in the United States Navy from 1952 to 1954 as an aviation electrician, returned to college and graduated from Siena with a Bachelor of Science in Economics in 1958. He joined National Commercial Bank in March of 1961 and following broad experience in the Operations Division was assigned to The Bank's trainee program. Upon completion of the trainee program in 1964, Mr. Day was assigned to the Business Development Department and appointed assistant manager in December of 1966.

He has been very active in the Albany Junior Chamber of Commerce, serving in youth activities and presently holds the office of treasurer. Mr. Day is a member of the American Institute of Banking and Guttenberg Lodge #737 F.&A.M.

Members of First Church of Christ, Mr. and Mrs. Day make their residence at 9 Leonard Place, Albany, with their children Felicia, Robert H., III, Marshall, Anthony and Dawn.

How they Hibernate

Winter is the difficult season for our wildlife. Snow and ice cover much of the food that would otherwise be available. The wind and the cold increase the requirement for protective shelter for warmth and good food for energy. Deep snow makes travel harder.

Each form of wildlife has its own way of meeting these hardships. Some move to special types of cover; some have special adaptations, like the snowshoes of the varying hare and grouse; some store food near their bedroom, like the squirrel or beaver. The more mobile species fly south where conditions are less harsh.

The "seven sleepers" however, take the easy way out. They curl up and sleep the winter out. This elite group is made up of an odd assortment — bats, bears, chipmunks, coons, jumping mice, skunks, and woodchucks. Their ability to sleep away the winter varies considerably too.



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The jumping mouse, woodchuck, and some of the bats are true hibernators, while the other four are just really heavy sleepers. Some bats migrate instead of hibernate, while some appear to make short migrations to good caves for hibernating.

The true hibernators have a marked reduction in their body temperature, rate of breathing, and heart rate, while there is relatively little change from normal in the case of the deep sleepers.

The woodchuck has a normal temperature of 96 degrees, but while hibernating it will drop to about 42 degrees. It normally breathes at a rate of about 260 times an hour, but only 14 times an hour while hibernating. The bats and jumping mice have similar changes.

The hibernating animals are not in just a deep sleep — they are unconscious. They cannot regain consciousness quickly, but must "thaw out." The deep sleepers, on the other hand, can be aroused quite readily. When so disturbed, they are understandably often rather irritable.

The woodchuck dens up well below the frost level, so his 40degree body temperature is just about that of the ground around him. Bats hibernating in caves also have body temperatures about the same as the surrounding air, and those in "warm" caves with a temperature of about 50 degrees can be aroused more quickly than those is caves of 40 degrees.

Nature built in a safety mechanism which acts to arouse a hibernator if its body temperature drops down almost to the freezing temperature, for a body temperature of 32 degrees would be fatal.

Except for the chipmunk, all "seven sleepers" are noted for the layer of lard they put on before retiring. This is the fuel which carries then through the winter. A chuck may den up at eight pounds and emerge in the spring a mere wisp of himself at four pounds.

The chipmunk simply stores food to carry him through the winter. When the hunger pangs arouse him, he rolls over in bed and reaches out from under the covers for a tasty acorn.

The skunk, coon, or bear may venture forth during any warm spell. In late February, the tracks of the male skunk are very common as they shuffle around in the snow looking for their lady friends.

It is during the deep sleep period of the winter that the bears give birth to their young. This maternity ward can be a cave in a rockslide, a hollow log, or just a snug shelter under the lowhanging branches of a dense spruce. It is little wonder that a female bear doesn't show her face all winter — the cubs she produces weigh only six to eight ounces. A newborn porcupine is fully as big!

More Flies

The larger number of flies appearing in houses on sunny winter days is a result of last



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ummer's rainfall, not poor houseeeping, a Cornell University ntomologist assures.

And large numbers which reppear again in the spring, said Prof. Edgar M. Raffensperger, N.Y. State College of Agriculture, Cornell. The flies are Pollenia rudis, commonly called cluster flies, attic flies, or buckwheat flies. They are slightly larger than the common house fly and

AYS WAN



Cluster flies lay their eggs on the soil and the larvae feed on one type of earthworm. Drought conditions in the last five years drove the earthworms deep into the soil causing a decreased cluster fly population. This past summer's rain brought back the earthworms and the cluster flies flourished, Raffensperger said.

When temperatures fall below 55 degrees, cluster flies look for dark places. Chimneys, eaves, and window frames are ideal hiding places for the insects.

When the house is warmed by sun or furnace, cluster flies seek the light again and begin buzzing

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around the house. As winter progresses, fewer flies appear because the walls remain cold. With the first warm day of spring the more secluded flies will appear.

Cluster flies are harmless. They don't transmit disease or breed in the house. Dead flies should be cleaned up immediately, though, because carpet beetles will breed in the dead bodies causing a beetle infestation.

Plastic resin strips impregnated with the insecticide DDVP can be used to kill the flies. Strips are especially effective in attics and rooms where there is not a constant flow of air. Flies already in the rooms can be controlled by spraying once each evening with a spray for flying insects.

Flour Beetle

Cornell University entomologists are searching for ways to halt an insect called the "confused flour beetle." This insect, a worldwide pillager of feed grains, costs the United States more than \$10 million annually.

Known to scientists as Tribolium confusum, the insect is about an eighth of an inch long and invades farmers grain bins and railroad cars that transport grain. It is found in flour mills, and sometimes appears in flour bags on the grocers' and housewives' shelves.

A. Doyle Cohick, graduate student in entomology, working with



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Prof. E.M. Raffensperger, N.Y. State College of Agriculture, is studying a group of chemicals called quinones, produced by the insect, to see whether it might be used to rout the pesky bugs.

In studying the insect they noted that its reproductive capacity seems to be limited when large amounts of quinones are present. At this point in their research, it appears that fewer eggs are laid so fewer adults develop when the quinone level is high.

Also, egg and larvel stages are affected and adults produced by eggs deposited in the high quinone concentration are smaller than normal.

The project is supported for two years by a grant from the U.S. Department of Agriculture.

Table Talk

Today's homemaker has a much wider selection of goods available to her in the marketplace than her mother or grandmother ever had. One example is the wide variety of blankets which are available today. To be an informed consumer, the homemaker should understand the characteristics of each fiber, the stability of the weave and the care required for each type of blanket.

With this in mind Mrs. Eleanor J. Wages, Table Talk hostess, will present a television program on the "Selection of Blankets" on Wednesday, January 10. Table Talk can be viewed at 7:30 a.m. on WAST, Channel 13.

A closer look at the many new types of blankets available should assist homemakers in making their choice. The care of blankets with special emphasis on washing an electric blanket will also be discussed.

Planning Ahead

Planning for an academy building to house the training programs of the New York State Police has been moving along quietly in recent weeks with the result that construction is now expected to get underway in April, according to State Police Superintendent William E. Kirwan.

The Legislature, following up a recommendation by Governor Rockefeller, gave a green light to the project last year and has authorized appropriations of \$3.6 million.

The design for the academy, prepared under the supervision of State Architect Charles S. Kawecki, has been approved and preliminary work on the site has been completed, Mr. Kirwan disclosed. In developing the plans, representatives of the State Police visited many training facilities in other states.

The complex, comprised of a main building for instruction and administrative offices for the training and academy staffs and two dormitories, will be located on the State Campus at Albany adjacent to the Division Headquarters of the State Police. The timetable calls for occupancy of the academy early in 1970.

"The completion of this installation, which will have livingaccommodations for 200 men, will not only greatly aid our training program by providing means for centralizing our training activities," the Superintendent said, "but will also enable us to expand our assistance to local law enforcement agencies."

Services planned for local departments include a 10-week traffic institute and courses in police supervision and management.

The main academy building will be a one-story structure 330 by 310 feet in area. The plans provide for two classrooms with a capacity for 100 students each and equipped for audio-visual instruction. The rooms can be subdivided for smaller groups. An auditorium for assemblies will have seating facilities for 304 persons.

Both the classrooms and the auditorium will be provided with consoles which will enable speakers to control the audio-visual equipment and the room lighting.

Six project rooms will be available for special instructional purposes for groups of 40 and also can be subdivided into





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twelve rooms for groups of 20.

Two other rooms are of special interest. One will be used for training in court procedures and will be authentically equipped for mock trials, including a judge's bench, jury box, witness stand, and counsel tables. The other room will be used for setting up various mock crimes scenes for training in crime investigative procedures.

Among other facilities in the main building will be a gymnasium with an area of 7,500 square feet, a room for instruction in defensive tactics and disarming techniques, a practice typing room, a library, a museum, a physician's office and examining room, and offices for the administrative staff.

A firearms range, with 10 firing positions will be located in the basement. This will be equipped for automatic retrieval of targets. A fallout shelter also will be located in the basement.

The commissary facilities include a kitchen designed for the preparation of 400 meals and a dining hall with a seating capacity of 200.

The two dormitories will be three stories high. Double bedrooms separated by baths will provide quarters for 100 men in each of the buildings.

Earning & Learning

Sixty-one Bethlehem Central Senior High School students are earning while they learn, both their academic subjects and the way of the business world. As a part of the Business Education program at the senior high school under the chairmanship of Mrs. Gladys V. Hosey, students who qualify are placed in area business establishments. These students continue to take their basic academic subjects during the early part of the school day and then are excused for their work



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jobs, many of which extend to 5

While on the job, the students are supervised by Robert A. Pierson, Coordinator of Distributive Education. Mr. Pierson and Mrs. Hosey both serve as contacts at the school for the businesses in need of employees.

Those who are in the program at the present time are: David Allvn, Shopper's Fair: Michael Audino, John G. Meyers; Richard Barber, Bill Simpson's Mobile; Bena Bates, Albany Public; Arthur Blanchard, B.C. School; Donna Boccar, Retail Credit; Steven Bylsma, Plaza Pharmacy; Peter Clarke, Mullen's Pharmacy; Dennis Cleary, Mullen's Pharmacy; John Clyne, Bethlehem Cemetery; Ed Colwell, Unique Body Shop; Richard Contento, Toll Gate; Daniel Dare, Pat & Bob's Mobil; Gary Demarest, Agway; Robert Dolen, Mead's

Inn; Thomas Drake, Delmar Cemetery; John Drislane, Tool's Restaurant: Richard Dumas, Joanne Hilchie's Hardware; Durocher, Hayt & Hayt; Jamet Gamelin, Bethlehem Auto Laundry; Gary Gardner, John G. Myers; Joseph Gutman, Gutman's Market; Virginia Heinrichs, Verstandig's; Thomas Hendrick, Delmar Bakery: Thomas Junco, Stone Ends; Thomas Kelly, Delmar Bootery; Mary Kramer, Delmar Library; Lee Maiden, Main Bros.; William Many, Spotlight; Jean Markley, Little Folks; David Martone, United Cleaners; Richard Martone, Albany Public; Christine Mauro; Central Markets: Linda McCombe, Villa Mary Immaculate; Brian McCullough, Carriage Stop: Ed McDonald, Montgomery Ward; Doug Mc-Intosh, Homestead Star Super Market; Christine Mielnik, Sager-Spuck, Co.; Richard Miller, Star Super; Daniel Morin, Miles Shoes, John Murray, P & N Electric Corp.; Linda Myers, Home Savings Bank; Kenneth Nelson, Toll Gate; Christy Pederson, Dr. Meyers; Judith Peterson, Retail Credit; Gail Potter, Dr. Prendeville; Joseph Pratt, Normanside; JoAnn Ruff, Central Markets: Deborah Schermerhorn, 540 Huron Road; Craig Schreck, Town & Tweed: Susan Sherman, Star Super Market, Winston Simpson, Private Contractor; Bob Swasey, J.W. Michaels; Margot Thomas, Myers; Susan Totten, B.C. Business Office; Susan Udell, Central Markets; Timothy Veltman, Toll Gate; Peter Winters, Central Markets. Spotlight Classified will do prac-

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It may be that you can write the kind of interesting story you think Spotlight readers would enjoy. If so, send your manuscript to: The Spotlight, 154 Delaware Ave., Delmar, Be sure to enclose a stamped. self-addressed envelope if you want it returned to you if it is not used.



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WALK AND BE HEALTHY Baby's Feet Need Loving Care

Have you ever stopped to think how important a baby's feet are to his future health and happiness? Probably not. But since one out of three babies will eventually have foot problems, a few basic facts about new feet and their care should be useful.

Why are a baby's feet so important? For one thing, they must last through a lifetime of walking. During his life, the average person walks a distance equal to nearly two and one-half times around the earth. What a long trip that could be on aching feet!

Neglecting foot health in the early years invites problems later on, not only in the feet themselves but in the legs, lower back and other areas. There also can be undesirable effects on the child's personality. The youngster with troublesome feet walks awkwardly and usually has poor general posture. As a result, he may become shy or introverted.

Podiatrists consider the first year of life the most significant in development of the feet. Why? By the time your child reaches age one, his feet will have grown to almost half the. size they will be in his twentyfirst year. Such pliable, rapidly expanding structures are susceptible to deforming pressures. Here is what you should remember about infant feet:

Your child has no real need for shoes or socks until he begins to stand and walk.

Do not bind bed covers over baby's feet. This restricts movement and retards normal development.

Let the child lie uncovered for some time each day. This allows for kicking and other motion so necessary for strengthening the feet and preparing them for their later weight-bearing role.

Change baby's position several times a day. Lying too long in one position — especially on the stomach — can put excessive strain on feet and legs and may cause deformities.

Your child's feet should be examined periodically by a foot specialist before he begins to walk.

When your baby takes a few hesitant steps he is ready for shoes and socks. The first shoes should lace up over the ankle,





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because the young heels are quite narrow and will easily pull out of low-cut shoes during walking. He will wear high shoes until about age two, or at least until a good heel fit can be obtained in low shoes. When your child reaches

walking age keep in mind:

Have his feet examined again by your family podiatrist — the doctor who specializes in foot care. He will give you valuable advice about your youngster's feet and shoes.

Since baby's feet do grow rapidly, his shoes and socks must be checked often. In early childhood it is often necessary to change shoe and sock sizes every month or two.

Don't force your child to walk before he is ready. When he is physically and emotionally prepared, he will walk. Let baby set his own pace. Comparisons with other children are misleading and often harmful.

The average child begins to walk alone anywhere from ten to eighteen months.

When your child starts walking, take him out for daily strolls. Walking is a most important health habit and the very best of all foot exercises. One final word of advice to the new mother: The care you give your child's feet will have a tremendous influence upon his foot health later on. Feet are important — and we get only one pair.



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January 7th "JESUS IS GOD" scripture text: 1 Timothy 3:16

January 14th "THE MYSTERY OF THE TRINITY" scripture text: Matthew 3:13-17

January 21st "THE SCRIPTURES - WRITTEN BY MEN, INSPIRED BY THE HOLY SPIRIT" scripture text: II Peter 1:15-21

January 28th "PROPITIATION, REGENERATION AND CONVERSION" scripture text: | Peter 1:17-25

The messages presented by Mr. Gay will be printed in syllabus. fashion for the fellowship and discussion time at 8:00 P.M.

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