

LETTER

To: The Editor

If it works elsewhere perhaps it can here.

On the West Coast a newspaper has reprinted the following Post Office Department Form No. 2150 as a convenience for parents who will take the time and effort to fill it out and mail it to their local postmaster. "Operation Intercept," it has been unofficially called. By doing so it may help to stem the flow of pornographic materials into their homes.

As a public service I hope your newspaper will consider it worthwhile to follow suit in this suggested anti-smut program.

Alexander J. Woehrle

POST OFFICE DEPARTMENT NOTICE FOR PROHIBITORY ORDER AGAINST SENDER OF PANDERING ADVERTISEMENT IN THE MAI LS

I, _____, addressee [parent of
(Print)

minor addressee] of the enclosed mailing from _____,
(Print)

_____, consider this mailing to

be a pandering advertisement which offers for sale erotically arousing or sexually provocative matter. Accordingly, under the provisions of Title 39, United States Code, §4009, I request that the above-named mailer, and his [its] agents or assigns, be directed to refrain from making any further mailings to me [us] as well as to my below-listed minor children residing with me who have not attained their nineteenth birthday[ies].

Signature Date

Street

City State ZIP Code

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BIRTH DATE

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_____	_____
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_____	_____
_____	_____

NOTE: This notice must be accompanied by the objectionable advertisement and the envelope, or other mailing wrapper, in which the advertisement was received.

POD Form 2150
May 1968

Exhibit

The National Commercial Bank in Delmar is exhibiting a collection of oil paintings, by local artist Antonia G. Cambareri of Unionville. Miss Cambareri has studied oil painting extensively in New York City and in Rome, Italy. W. C. Lemily of the Albany Art Gallery is in charge of the exhibit. The public is cordially invited to view the showing.

Film Series

In conjunction with the Artists and Attractions series at The College of Saint Rose, the film "Rashomon" will be shown Thursday, February 26. The film, directed by Akira Kurosawa, will be screened at 3:00 P.M. and 7:00 P.M. in the College Auditorium, 985 Madison Avenue. The public is invited to attend. Admission is \$.75.

The Spotlight

CONTROLLED CIRCULATION PUBLICATION

VOL. XV, NO. 9

FEBRUARY 26, 1970

\$2.00 PER YEAR

\$.10 per copy

Runner-up

Trina Bowdish, daughter of Mr. and Mrs. Clifford Bowdish, 160 Adams Street, Delmar, was selected as the first runnerup in the Annual Miss Oneonta State Contest held at State University College at Oneonta.

Eleven girls representing their respective dormitories competed for the honor with the Queen and the runnerups announced at the intermission of a concert featuring Kenny Rogers and the First Edition.

Miss Bowdish, a senior at the College, is a Home Economics Major. She is a 1966 graduate of Bethlehem Central School.



Trina Bowdish

Sports Night

On Wednesday night, March 4th, residents of our area will have a unique opportunity to witness an all-around sports event at the Bethlehem Central Senior High School.

Commencing at 7:00 P.M., the Delmar Dolphins swim team will meet a team to be named in a swimming competition which will include relay races, diving and individual matches.

Meanwhile, in the brand new Senior High School gymnasium, the play-off between selected candidates for the Bitty Basketball All-Star teams will be held and the season's championship decided. The outstanding players of the fifth, sixth, seventh and eighth grade basketball teams will be named to the play-off teams.

An exhibition of the art of wrestling will be displayed by the members of the BCHS wrestling team. Representatives of each of the weight groups which comprise the team will demonstrate the intricacies of this favorite sport.

Meeting

The Selkirk - South Bethlehem Dramatic Club of the Town of Bethlehem will hold its monthly meeting on March 5 at 8:30 P.M. at the La Casa Restaurant on Thatcher Street in Selkirk. At this meeting the winner for the Fifty-Fifty Club will be drawn. A buffet will be served and anyone wishing to come may do so. For reservations and more information, please call Mrs. Marilyn Picarazzi, 767-9916.

The finale will pit the Saturday All-Star basketball team against a reluctant group representing the BCHS Men's Association in a classic contest which will help to resolve the youth versus age question. This contest should be one of the high-lights of the 1969-70 season.

The price of all this fun is 75¢ per person; no reservations are necessary. Just come to the Bethlehem Central High School on March 4th at 7:00 P.M., pay the modest admission fee and enjoy an evening of diversified sports entertainment.

Police Ask Faith, Hope For '70s

The Bethlehem Police Benevolent Association officers were installed recently after joining in a prayer that the 1970s would bring better understanding to the nation's grave problems.

Patrolman Daniel House, re-elected for a third time as PBA president, summarized the past decade as a time of "racial problems, looting, assassinations, youth rebellion and disorder, drugs, and disrespect for law and

order."

Mr. House, who wrote the invocation prayer, predicted that "permissiveness and bigotry will be overcome by faith, hope and compassion" during the 1970s.

About 200 persons crowded in the New Elsmere Restaurant on Delaware Plaza in Elsmere for the policeman's annual dinner.

Taking office with Patrolman House were these PBA officials: Alfred G. Lamouree, vice president; Gerard P. DeMeur, secretary; Richard J. LaChappelle, treasurer, both re-elected; and William Pelzer, delegate-at-large.

Metroland law enforcement agencies were represented, including the FBI, Penn Central Railroad Police, the Albany County district attorney's office, the Albany County Sheriff's Department, Troop G, State Police and Troy Police Capt. Albert Prezio, former public safety commissioner of that city.

Bethlehem Police Peter Fish called for community support, not only for his own department, but for police throughout the country.

He told the audience, which included businessmen and attorneys, Bethlehem Town Attorney Arthur McCormick and Town Justices Harry Rezzemini and Robert Rice that "Although you're close to police, you don't understand death on the highway, youth abusing themselves with drugs," and other things because, he pointed out, they don't see it as does the policeman called to the scene.

Chief Fish said he does not subscribe to the thought of former Los Angeles Police Chief Thomas J. Reddin, when the lat-

ter, speaking of American youth said: "We're dealing with a lost generation of people."

Married

Mr. and Mrs. William C. Walsby, 3 Mayfair Drive, Slingerland, announce the marriage of their daughter, Maureen Ann to Richard Edward Batsavage, son of Mr. and Mrs. Francis Batsavage of Bridgeport, Conn. A nuptial Mass, at 11 A.M. on February 21 was celebrated by Msgr. James McKeaven at Our Lady of Good Council Church in New York City.

After a breakfast for the immediate families at the Gramercy Park Hotel, Mr. and Mrs. Batsavage left for a week of skiing in New England.

The bride, a graduate of the Academy of the Holy Names and

THE SPOTLIGHT is published every Thursday by Spotlight, Inc. 154 Delaware Ave., Delmar, N.Y. **ROBERT G. KING, PUBLISHER** (Controlled Circulation Postage Paid at Delmar, N.Y.) Deadline for news is Thursday afternoon, one week preceding publication; deadline for display advertisements is Friday afternoon.



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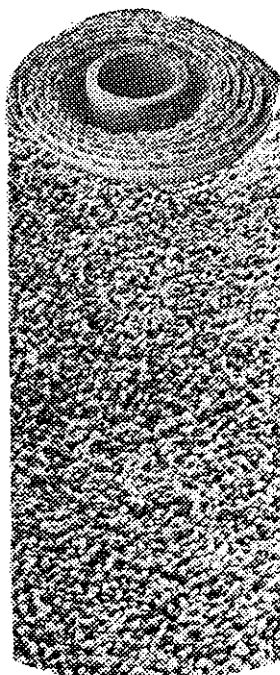
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Mrs. Richard Batsavage

ne College of St. Rose is employed by Catholic Charities of the Archdiocese of New York.

Mr. Batsavage was graduated from Boston College in 1966 and received a Masters degree in Economics from Michigan State. He is currently stationed at Fort Dix, N.J. After his discharge from the Army in April, he will return to Washington, D.C. where it is an Economic Analyst for the U.S. Government.

Mr. and Mrs. Batsavage will live in Alexandria, Virginia.

Engaged

Henry A. Homicz, 13 McArdle Avenue, Albany, N.Y. has announced the engagement of his daughter, Heather Alison, to Andrew A. Aiezza, Jr., son of Mr. & Mrs. Aiezza, 27 Berides Lane, Delmar.



Heather Homicz

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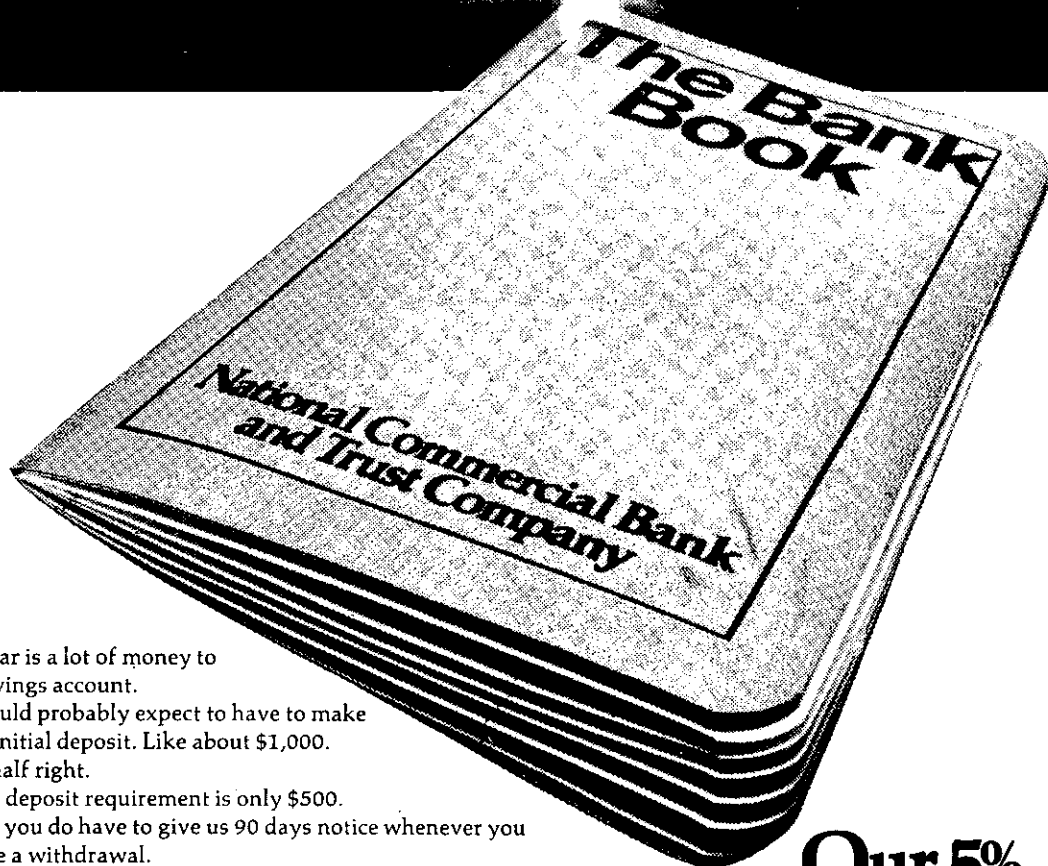
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Miss Homicz, also the daughter of the late Mrs. Homicz, is a graduate of Albany High School. She is employed as a stenographer by the National Commercial Bank and Trust Co. Her fiancé, a graduate of Bethlehem Central High School, is employed by the same bank as a return items clerk.

An August 8th wedding is planned.

'Bye, Bye, Birdie'

"Bye, Bye, Birdie," a successful Broadway musical of the 1960s, will be presented by the Class of 1970 April 2, 3, 4 at the BC Sr. H.S. Just concluded were a week of tryouts in which 80 students were auditioned for 50 roles including the chorus.

The play will be directed by Sid Turner with Choreography by R. Feldman and Music by Joe Farrell.

Rehearsals started this past week. Marty Dineen and Mary Austin are assuming roles created by Dick Van Dyke and Chita Rivera. Character of Conrad Birdie, portrayed by Elvis Presley, rock singer, will be played by Bill Murphy.



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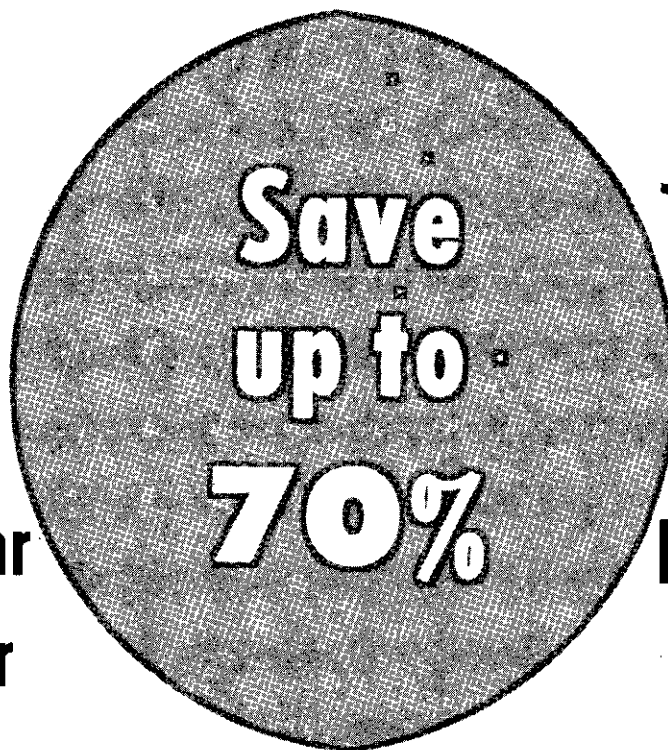
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to editors, legislators, parents and everybody
this is **your** concern:

should a share of albany county sales tax receipts be used to broaden the tax base for all school districts in the county? for an answer to this query, we turn to our public school defender and advisor, archy the third, the grandson of archy, the famous cockroach of don marquis. his report follows:

you albany county school board fellows are just beating your already battered heads against a bloody bloody brick wall. you can't get any of that county sales tax money for any school district in the county other than the albany city school district. be thankful for that and forget about any county sales tax dollars for the other eleven school districts in the county. on the other hand, mehitabel reminds me, if all albany county people knew and understood all of the facts, maybe — just maybe, but don't count on it — maybe they would rise up and bring pleasure to bair, i mean, beat on county law makers, state law makers and others, to do right by all school districts in the county.

first of all, you must face up to these political and legislative facts. for the time being — at least, until the first election after the 1970 federal census figures are available and used — the albany county legislature is but an arm, an instrument, an extension of the albany city government or whoever runs it. hisoner the mayor of the city of albany asks — and the county legislature gives or we really should say "the democratic majority," in one big unanimous obeying voice gives whatever hisoner asks for. further, keep in mind that county law makers have no legal or constitutional responsibility for the public schools; this responsibility rests heavily on the shoulders and backs of the state law makers and guy rockie, although they have been reluctant to fully exercise that responsibility for the last several years. also, the only reason the city of albany public school district has been getting some county sales tax dollars is that their monies are given to them out of the one big city council pot of dollars or, as mehitabel tells me, the school district is fiscally dependent on the city council.

notwithstanding these political and legislative facts engulfing the county of albany, other counties in the state — at least the five of erie, monroe, livingston, wayne and sulivan counties — do share county sales tax receipts with all school districts within these counties. my gosh, erie county with the big city of buffalo has been doing this since 1947 — for twenty-three years — and monroe county, wherein is located the progressive metropolis of rochester, has been sharing sales tax dollars with each and every public school district in the county for eighteen years — since 1952. in each of monroe, livingston, erie and wayne counties, the total amount of county sales tax dollars going to all public school districts in each county is equivalent to a one per cent sales tax or close to it (eighty-seven per cent of the one per cent in erie county). also, in these counties, the money is distributed — as required by state law — on the basis of average daily attendance of public school pupils who are residents of the county or, in the case of monroe county, on the basis of total enrollment of public school pupils resident in the county.

now, back to albany county. in late 1968, when you school board fellows learned that the albany county legislature was ending its budgetary year with a healthy surplus of sales tax dollars — based on a two percent levy for mos-

of the year — you fellows asked for a share of those surplus dollars for public schools. you fellows asked for an amount equivalent to a one percent levy — this is, half of the sales tax dollars, amounting then to an estimated six million dollars, currently priced at about six and one-half million dollars. with your request, you county school board fellows said that these sales tax dollars would "provide tax relief for the real property taxpayer" and would "help provide essential growth in school revenues."

alas, your plea fell on unreceptive ears, not a single county law maker — not even one from either minority political faith stepped forth to sponsor a resolution to even consider your request — not a single one of these county law makers, not even one who live in the school districts which would have benefited had your plea been implemented. that unhappy experience came in late 1968.

it wasn't all unhappiness, however, for the real property taxpayer in the towns in the county; they did benefit from the surplus of 1968 county sales tax receipts when — in early 1969 — they received a reduced combined town-county tax bill. for example, this reduction amounted to the following savings per \$1,000 assessed valuation: about 12 to 13 dollars in bethlehem; about 12 dollars in colonie; about 17 dollars in guilderland; and, about 13 dollars in new scotland.

then came late 1969 — after all town budgets in albania county had been finalized and 1970 town tax rates had been fixed — then came hisoner mayor erastus coming the third in an eloquent, but brief, appearance before the county law makers; he pleaded that they impose a brand new additional one percent of county sales tax, this new one percent to be allocated and used in a very special manner to give much benefit to hisoner's city and considerably less benefit to the towns of hisoner's county. if you county law makers don't provide these additional sales tax dollars, hisoner impassionately pleaded — mehitabel and i heard him; we were there — if you don't impose this new one percent of county sales tax, the coming 1970 school budget of the city of albania school district will have to be 'drastically reduced'. these were hisoner's words; we heard him, as did the attentive county law makers, all majority members nodding their heads in a completely harmonious symphony of wondrous oneness. like other school districts in the county and throughout the state, the albania city school district was reeling from the unkind low low blow of the regressive features of that nasty nasty infamous chapter 183 of the 1969 state law makers.

well, as you now know, hisoner's fervent plea was readily accepted by his majority county law makers who brought forth a skillfully designated law imposing the additional one percent sales tax and — guess what? — they based its distribution on the ten year old 1960 federal census, a feature adeptly fashioned not to give the growing towns their fair share of the new sales tax dollars in this year of 1970 and in part of 1971.

what will happen to the 1960-based shares for the towns? presumably these county sales tax dollars will be kept around — when received — until the end of 1970 when they apparently will be used for town purposes or used to reduce the 1971 town-county tax rate. mehitabel and i think that it is a dirty dirty shame that these dormant sales tax dollars — or at least a goodly portion of them — cannot be used for public schools. guess they can't be used for this purpose unless the law is changed — by state law makers and/or county law makers. why not change the law? — asks mehitabel.

you county school board fellows in december of 1969

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'1
REFUND

'1
REFUND

and again in february of 1970 repeated and repeated your request for a share of county sales tax dollars for all public school districts in the county. again and again, both times, your plea fell on stone deaf ears. not a breath of a stir among the silent county law makers. why, not a single solitary one of them even acknowledged your further request to sponsor a resolution "to refer to the appropriate committee for thorough consideration the question of providing a share of albany county sales tax receipts to all public school districts of albany county." don't they realize that the local real property taxpayer would have direct voting control over that share of sales tax dollars if it were part of the public school budgets? don't they know that the local real property taxpayer has no direct voting control over the county, town and city budgets? sure they do. mehitabel wonders why you don't engage hisoner to plead your case; those county law makers — at least hisoner's majority — sure do listen to him. do you really thing he would? guess we shouldn't hold our breath for that millennium.

well, that is how it looks to mehitabel and me at this time. maybe you school board fellows and other people concerned for public schools can come up with some line or lines of action.

yours for better public schools,
archy the third
in consultation with mehitabel

there you have archy the third's fifth report. he and mehitabel are already doing research for further assignments.
bob bair (robert k. bair)

Subscribe to The Spotlight

... Paying the Piper?

There's an old adage, "Those who dance must pay the piper."

Who should pay the piper for our public school system — the parents whose children attend? The immediate community which stands to benefit now from the quality of education provided? The larger community into which students will graduate, carrying the abilities the school system has fostered in them?

This is the subject to be examined at the next Elsmere P-TA meeting, March 10. The program, open to the public, will begin at 8 P.M. in the Elsmere School auditorium.

Guest speaker will be Bernard Harvity, professor of law at Albany Law School and associate counsel, New York State Joint Legislative Committee to Revise the Education Law.

In discussing the basic problem of how to finance the public school system, Professor Harvith will consider such possibilities as changes in real property tax-

tion, new types of taxes, requirements that subdividers and other developers donate land or money for schools, and federal financing.

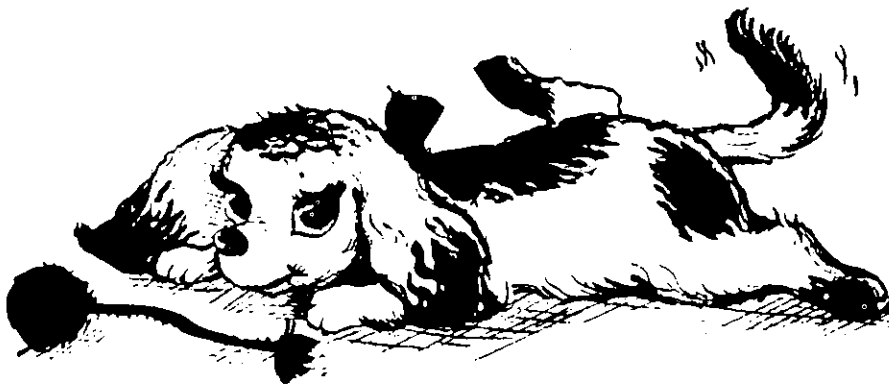
"Who Pays the Piper? A Question of Means" in the third program in a trio sponsored this school year by the Elsmere P-TA to discuss basic decisions confronting parents and educators regarding the future of our schools. The first program, in November, was titled "Education for What? A Question of Goals." The second, held February 10, was "How Do You Make Up a School Budget?" concerning the actual operation of the school district.

Court of Honor

The scouts of Troop 85 and their families noted Boy Scout Week at St. Stephen's Church in Elsmere with a spaghetti dinner catered by Joe Guido and a Court of Honor at which two scouts were awarded the Eagle Badge.

Philip Moore, son of Mr. and Mrs. John Moore of 6 Woodridge Ave., Elsmere, and William Warren, son of Mr. and Mrs. William Warren of 41 Montrose Drive, Elsmere, were Honored for their achievement of the Eagle Rank, the highest a scout can earn. Both boys have been active in the troop for several years and their exploits were recalled at the Ceremony by former Scoutmasters Frank Leavitt and Warren Everson. Bill Warren has previously earned the God and Country Award and last year was selected as one of the scouts to represent the Helderberg District at the National Boy Scout Jamboree.

Other scouts that earned advanced ranks were, Star Scout Larry Macomber and Donnie Andrews; First Class Scout, Mark Kenyon and Doug Johnston; Second Class Scout, Joe Benoit; Larry Longo, Scott Clark, Kirk Harmon, Greg Boari and Glen Perkins; Tenderfoot, Larry Longo, Kirk Harmon and Leon Mabal. Merit Badges were earned by Don Andrews, Dave Gazetta, Steve Hulme, John Howell



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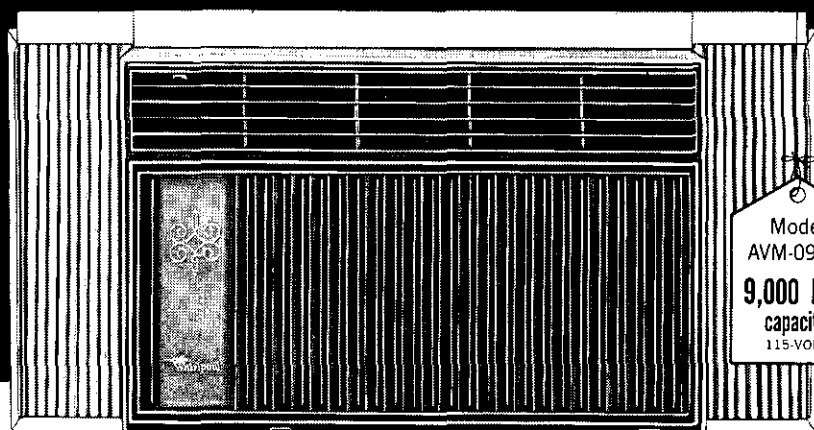
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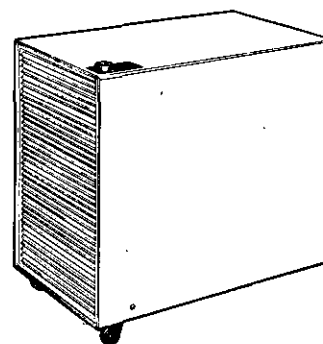
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Doug Johnston, Paul Lewis, Bill Magel, and Tom Reed.

Two Join Staff

Two seniors from the State University of New York at Albany have joined the Business Education staff at Bethlehem Central High School for the next eight weeks.

Miss Patricia Coppola, a native of Schenectady, is working with Merle M. Miller; while Miss Linda Hanna of Brooklyn shares the program with Mrs. Margaret Westervelt.

Miss Coppola was a graduate of Notre Dame High School, Schenectady, and transferred to the SUNY at Albany from SUNY Agricultural and Technical Institute at Cobleskill at the beginning of her junior year. She is a past New York State Secretary of Phi Beta Lambda, the National College Business Leaders of America. Miss Coppola is also a member of the Student Education Association of New York, the College affiliate of the New York State Teachers Association.

Miss Hanna attended Kingsboro Community College before transferring to SUNY at Albany. She is interested in travel and the theater and has travelled to the southwest, especially Arizona and Mexico. Miss Hanna is an active member of her college sorority group in the dormitory at the State University. As a native of New York City, she is interested in returning there to teach next year.

Carnival

Anne DiBiase, Chairman of the FBLA planning for the Annual GAA-FBLA Carnival to be held on March 13 at the Bethlehem Central High School Gym, has announced that the doors will open at 7 P.M. and festivities will continue until 9 P.M.

Anne is being assisted by Beth Burkins, Stephanie Sinnamon and Yvonne Wilkie in preparing posters to advertise the event.

The FBLA will operate seven booths this year. Beth Burkins is chairman of the Hammer and

Nail Booth; Bobbie Slingerland heads the Ring Throwing booth; Jan Alger will direct the activities of the Basketball Booth; Rose Lent is chairman of the Goldfish Bowl; Stephanie Sinnamon will circulate as the Pick-a-Pocket girl; Yvonne Wilkie will sell Beads and Pat Kositzka heads the Money Toss Booth. Margaret Hasselwander and Christine Morrow will work as the FBLA Chairmen at the door.

FBLA Dance

Stephanie Sinnamon, President of the Bethlehem Central High School Chapter of Future

Business Leaders of America, has appointed Kathy Herrington Chairman of the Annual FBLA Dance on March 13. The Dance follows the GAA-FBLA Carnival held in the BCHS gym the same evening.

Dancing will begin at 8:30 P.M. in the dining room and continue until 11 P.M. Since March 13 is a Friday, the theme of the event will center around the superstitions that accompany Friday the Thirteenth.

Appointed

Regional Federal Highway



George Turner

Never on Sunday.

Sunday's the only day you can't save with me. Because now, the me bank at Stuyvesant Plaza has Saturday banking hours.

The complete weekly schedule:

Monday, Tuesday & Thursday: 10 AM to 4 PM.

Wednesday: 10 AM to 6 PM.

Friday: 10 AM to 8 PM.

Saturday: 10 AM to 1 PM.

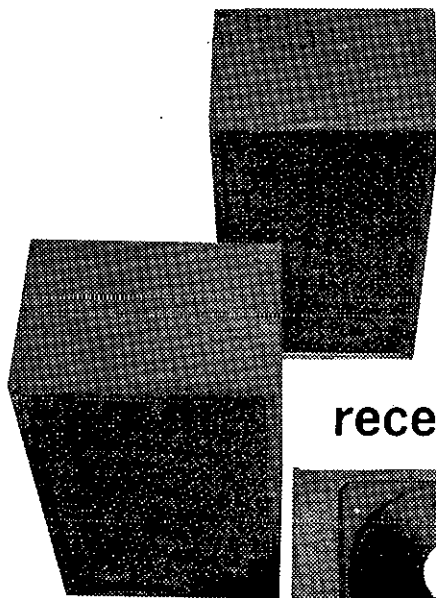
Sunday: Never.



Stuyvesant Plaza

Member Federal Deposit Insurance Corporation

GLORIFY YOUR WAY OF LIFE AND SAVE \$50.00 ON THIS SYSTEM AT THE SAME TIME (SALE ENDS ON MARCH 1)



The new Harman-Kardon SC-2520 records and plays back stereo tapes, plays monaural and stereo records, and receives FM/FM stereo broadcasts.



Reg. Price \$449.50

SALE PRICE **\$399.50**

We will also give you a FREE \$20.00 dust cover during this sale.

And if it had wings, we bet it could fly!

There's never been a compact music system like it. The new SC-2520 can do it all. This superbly compact unit will play records, tapes and FM/FM stereo broadcasts with fidelity you never dreamed possible. And yet with all its power, all of its advanced solid-state electronics, it is one of the most graceful compacts we've ever seen. It fits easily into the home. And you

don't have to be a furniture mover or engineer to install it. Just unpack the SC-2520, plug it in, and enjoy the most beautiful music imaginable. If you're looking for versatility, value and quality, make sure you see the SC-2520. You won't believe the sound.



TIME
PAYMENT PLAN
AVAILABLE

67 CENTRAL AVE., ALBANY

465-6762

OPEN THURS. & FRI.
TIL 9
SAT. 9:30 to 4

Administrator Gerald D. Love, U.S. Department of Transportation, Federal Highway Administration, has announced the appointment of George R. Turner Jr. as Division Engineer for Connecticut. Mr. Turner presently serves as Chief, Design Division in the Regional Office at Delmar, New York.

Mr. Turner will succeed Mr. E.J. DePina. Mr. DePina is being reassigned to Boston, Massachusetts, effective March 8, 1970, to assume the position of Division Engineer for Massachusetts.

In his new position, Mr. Turner will be responsible for administering the Federal-aid highway program in the State of Connecticut.

The appointment is effective March 8, 1970. Mr. Turner is married to the former Helen Frances Ryder and is the father of four children. They currently reside at 14 Pine Street, Delmar.

Administrator

Gerald D. Love has received an appointment to the position of Regional Federal Highway Administrator, for Region One of the U.S. Federal Highway Administration. He succeeds the late John A. Hanson who was killed

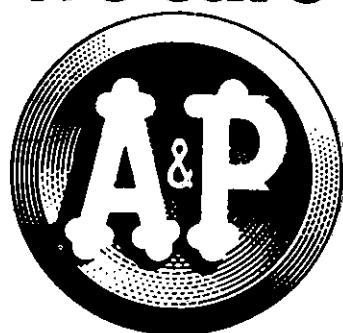


Gerald Love

in an automobile accident last October. Prior to his appointment, Mr. Love has been serving as the Acting Regional Federal Highway Administrator.

In his new position, he will have the responsibility for administering the three programs

We care



SWORDFISH

FANCY STEAKS lb. **89¢**

CAP'N JOHN'S SHRIMP

Cocktail 3 4 oz. jars **\$1.19**

AP SAVE! AP

25¢ Toward The Purchase of ONE QUART BOT. OF **IVORY LIQUID**

One Coupon Per Family Valid Thru Sat., FEB. 28, 1970

AP Vendor Coupon AP

AP SAVE! AP

20¢ Toward The Purchase of ONE 10 OZ. JAR **Maxwell House INSTANT COFFEE** YOU PAY \$1.39

Valid Thru Sat., FEB. 28, 1970

AP Coupon per Family AP

AP Vendor Coupon AP

AP SAVE! AP

15¢ Towards the Purchase of ONE 2 LB. CAN OF **HILL'S BROS. COFFEE**

1 Coupon Per Family Valid thru Sat., Feb. 28, 1970

AP Vendor Coupon AP

AP SAVE! AP

10¢ Toward the Purchase of ONE BIG ROLL **VIVA TOWELS**

1 Coupon Per Family Valid thru Sat., Feb. 28, 1970

AP Vendor Coupon AP

AP SAVE! AP

7¢ Toward the Purchase of ONE 1 LB. CAN OF **Maxwell House COFFEE** YOU PAY 76¢

1 Coupon per Family Valid thru Sat., FEB. 28, 1970

AP Vendor Coupon AP

"SUPER-RIGHT" FULLY COOKED Water Added

SMOKED HAM



SHANK PORTION

Butt Portion

lb. **69¢**

lb.

59¢

POT ROAST

California Cut

From Chuck

BONE IN

lb.

79¢

AP SAVE! AP

"SUPER-RIGHT" Brisket Boneless

CORNEED BEEF

FRONT CUT

lb. **89¢**

GRADE "A" TURKEYS

"SUPER-RIGHT" U.S.D.A. INSPECTED



10 TO 14 POUND

lb.

49¢

FRESH FRUITS & VEGETABLES!

TOMATOES VINE RIPE lb. **29¢**

CALIF.

NAVEL ORANGES 10 for **79¢**

PASCAL CELERY FLORIDA large bunch **29¢**

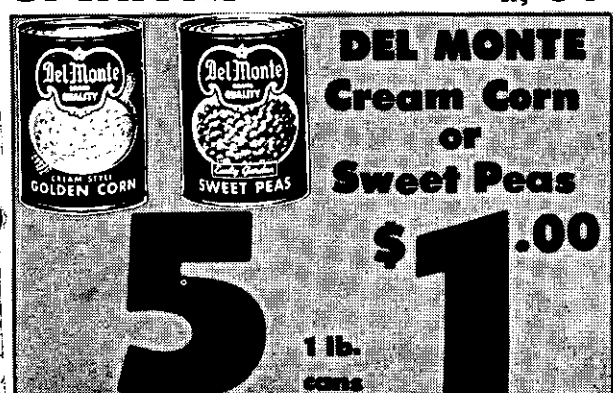
SPINACH CELLO PACKED 10 oz. bag **33¢**

U.S. NO. 1, 2 1/2 IN. MIN.

APPLES

Cortland or McIntosh

3 lb. bag **39¢**



DEL MONTE Cream Corn or Sweet Peas

\$1.00

1 lb. cans

JENO'S 15 PARTY SIZE PIZZAS!

PIZZA SNACK TRAY

7 1/2 oz. pkg. **89¢**

HUNT'S SUPREME

Spaghetti Sauce

qt. jar **49¢**

4c OFF LABEL

SOS PADS

18 in. pkg. **39¢**

2 BAR SALE! JERGEN'S BATH SIZE

LOTION SOAP

2 bars **35¢**

SUNSHINE

VIENNA FINGERS

2 1 lb. pkgs. **89¢**

NABISCO

TOASTETTES

10 oz. pkg. **39¢**

4c OFF LABEL—MRS. FILBERT'S CORN OIL

Soft Margarine

1 lb. pkg. **45¢**

2c OFF LABEL—MRS. FILBERT'S

MARGARINE

IN QUARTERS

1 lb. pkg. **30¢**

CHICKEN OF THE SEA LIGHT

CHUNK TUNA

6 1/2 oz. can **39¢**

4c OFF LABEL—MRS. FILBERT'S SOFT

MARGARINE

IN QUARTERS

1 lb. pkg. **44¢**



BIRDSEYE FROZEN

AWAKE

3 9 oz. cans **\$1.00**

Remember... GUIDO'S
Always Good... Best for Lent!

"I OUGHT TO KNOW... I'M JOE GUIDO!"

GUIDO'S MEATLESS SPAGHETTI SAUCES



GUIDO'S PREPARED PIZZA SAUCES

The Finest Sauces this Side of Heaven!

That's why we call it the...

Champagne of Sauces!

★ ★ ★ GUIDO'S ★ ★ ★



of the Federal Highway Administration on a regional basis — the Federal-aid Hiway Program, the Highway Safety Program, and the Motor Carrier Safety Program. The Federal Highway Administration's Region One includes: Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Rhode Island, Vermont, and Puerto Rico.

A native of Iowa, he holds a Master's Degree in Engineering from Iowa State College.

Mr. Love, his wife, the former Mildred (Jan) L. Casey, and their five children reside at 37 Douglas Road, Delmar.

Thanks to All

My sincere thanks to all my friends for their cards, visits and prayers during my recent hospitalization. I'm home now and hope to see you all soon. George Reeber.

Voting Age

"Should the legal age for voting be changed?" The League of Women Voters of Albany County will look at all sides of this question at a general meeting on March 5th. The meeting will be held in the community room of the National Commercial Bank at the corner of Route 155 and Rt. 20 in Gunderland at 10:00 A.M.

Mrs. Acton Civill, chairman of the meeting, is planning a panel-type presentation of the pros and cons of the issue followed by an open meeting of questions and evaluation of the information. The League of Women Voters currently supports the age of 21 for voting but is re-evaluating this position because of the great national interest focused on legal voting age.

Part of the meeting time will be given to a report by Mrs. Robert Herman on the current status of Mental Health services now provided by the Mental Health Board. The League of Women Voters of Albany County is working to promote adequate financing of Mental Health ser-



Gallagher's
SKI
& Sport
Shop

278 Delaware Ave., Delmar



6th

ANNIVERSARY

SALE

20% to

50% OFF

SKI BOOTS SKIS PARKAS

STRETCH PANTS KNICKERS

TURTLE NECKS SWEATERS

**EXTRA SPECIAL DISCOUNT ON
DISCONTINUED ITEMS!
COME IN AND BROWSE**

vices by the Albany County Legislature.

All women of voting age are welcome to attend this meeting.

Fashion Show

The Distributive Education of America Club at Bethlehem Central High School is working on its plans for a fashion show to be held on March 9, 1:30-2:30 P.M., in the High School Auditorium. Members of the BCHS Chapter of DECA, assisted by Robert A. Pierson, Coordinator of Distributive Education, have selected outfits from Sears Colonie. They have made arrangements to award sixty-two door prizes: a gown will be the first prize to the lucky girl; and a jacket from the King's Row Collection will be the first prize to a boy who attends. The prizes will be on display at the Buy-it, the school store.

Members of the Chapter will serve as models, and Miss Betty Donlon, Fashion Coordinator of Sears Colonie, will serve as Narrator. Bonnie Wickes, Chairman of the event, has announced that the female models will be: Rikki Beseman, Darlene Bogardus, Arlette Brisee, Janet Brownell, Joan Brownell, Jan Carroll, Rita Dankert, Anne DiBiase, Jane Dolen, Carol Dottino, Vickie Fisher, Cathy Giaccone, Jayne Heilman, Diane Hobbs, Patti Krugman, Laura Love, Karla Ouderkirk, Linda Peterson, Susan Reagan, Mary Beth Ryan, Mary White and Bonnie Wickes among the girls. The male models will be: Michael Cootware, Gerry Denson, Patrick Ford, John France, Kim Hilchie, Michael Iacono, Gordon McAlpin, Michael McNamera, Michael Mosely, James Smith, John Smith and Michael Smith.

On the day of the show each girl will have her hair styled at the Colonna Beauty School.

Winners

Several weeks ago Howard Chenfeld, Store Manager for the Shoe Corporation of America, at Myers' Department Store, Albany, was informed that he would soon be receiving a new teen-age



JUNCTION HIGHWAYS 85 & 85A
NEW SCOTLAND, NEW YORK

HF 9-5398

Open Daily and Sundays

9 A.M. to 9 P.M.

Reserve right to limit quantities
Prices Effective Thurs., Fri., & Sat.

2/26, 2/27, 2/28

COUNTRY STYLE SMOKED HAMS	SHANK HALF lb. 65¢	BUTT HALF lb. 75¢	CENTER SLICES lb. 1.09
LEAN FRESH GROUND BEEF 65¢ lb.		LEAN FRESH GROUND CHUCK 79¢ lb.	
FIRST PRIZE BAG SAUSAGE lb. 89¢	 FIRST PRIZE FRANKS 79¢ lb.	WEBSTER FIRST PRIZE BACON lb. 79¢	
HOOD ICE CREAM 1/2 GAL. 79¢		CATSUP 5 14 OZ. BTL. 1.00	
BANQUET MACARONI & CHEESE 8 oz. PKG. 70¢		MULLERS ELBOW MACARONI 1 LB. 1.19	
CARROTS 1 lb. Celo 10¢	PILLSBURY'S BROWNIE MIX LARGE 23 OZ. PKG. 39¢		
US#1 MAC APPLES 3 lb. BAG 39¢			

USE THIS COUPON

4 Personal Size Ivory Bars

15¢ WITH THIS COUPON

WITHOUT COUPON **25¢**

GOOD ONLY AT **STONEWELL**

Limit one coupon per purchase. Cash value 1/20th of 1 cent. Government regulations apply.

USE THIS COUPON

**MONTGOMERY
WARD**
Catalog Depts.

*Why run your legs off
looking for sales?*



**SEE
HUNDREDS
OF ITEMS
ON SALE
IN WARDS
BIG
WINTER SALE
CATALOG.**

Save time and effort as well as money! Take advantage now of tremendous price cuts right from the comfort of your own home. Shop Wards Winter Sale Catalog . . . no crowds, no traffic, no having to get dressed up! You'll find white goods, towels, draperies, home furnishings—extra-special values to restock the house and shelves with. And, with Wards layaway plan, you can get in on pre-season reductions on spring and summer merchandise like lawnmowers, motorcycles, camping equipment, and boats and trailers. Save money this relaxing Wards way! Shop your Wards Winter Sale Catalog today!

DELMAR OFFICE - 222 Delaware Avenue, Delmar

**WARDS CHARG-ALL PLAN MAKES SHOPPING FAST AND EASY—
JUST SAY "CHARGE IT."**

**SPOTLIGHT CLASSIFIEDS
HE 9-4949**

line of shoes to be called Gold Room. Mr. Chenfeld contacted Robert A. Pierson, Coordinator of Districtive Education at Bethlehem Central High School, and indicated that he would like to receive layouts for the store display and some ideas for an advertising campaign.

Mr. Pierson put his Distributive Education II class to work on the program. On February 17 Mr. Chenfeld presented Paul Gutman with a check for \$42 as the first prize for his suggestions. At the same time Brian Panza received two pairs of shoes and Michael Cootware received one pair of shoes for their entries.

The students had made scale drawing layouts of the floor display for the store and had submitted sketches of advertising suitable for the local newspaper campaign to be undertaken by the store.

At Fair

On February 18 Mrs. Mary T. Elliott of the Business Education Department at Bethlehem Central High School, and Mrs. Margaret Westervelt, another business teacher in the same school, attended the Business Education Fair at Cardinal McCloskey High School.

The Fair was sponsored by The Business Education Council, Albany Diocese, and the Business Education Department of the Albany School System. The purpose of the event was to provide some knowledge of the many careers now available to those who follow a business program. Information was available on such careers as banking, insurance, Civil Service employment, employment agency services, TV and radio opportunities, airline occupations, telephone employment and printing and advertising opportunities.

On February 19, Mrs. Gladys V. Hosey, Chairman of the Bethlehem Central High School Business Department and Mrs. Westervelt attended a demonstration provided by Xerox Corporation at Computer Park. The demonstration showed the educational applications of Xerox equipment that are currently being used

in conjunction with teaching, testing, and curriculum planning.

On Dean's List

Nancy Fitzpatrick, daughter of Mr. & Mrs. Dennis J. Fitzpatrick of 15 Greenock Road, Elsmere, is on the Dean's List at The College of St. Rose.

A 1967 graduate of Bethlehem Central High School, Nancy, a Junior is majoring in Sociology.

Board of Appeals Hearings

Three hearings have been scheduled by the Zoning Board of Appeals for the evening of March 4, 1970. A hearing on the appeal of Breckenridge Village, Inc., Old Town Road, Selkirk for a Special Exception from Article V as it pertains to the placement of billboards at applicant's above premises will be held at 8:00 P.M.

The application to be heard at 8:15 P.M. is from Arnold F. and Rosemarie M. Mosmen, 553A Kenwood Avenue, Delmar, for a Special Exception under Article V of the Town Zoning Ordinance to permit a three-family apartment house at 556 Kenwood Avenue, Delmar, New York.

A hearing on the application of Texaco Inc., PO Box 714, Albany, New York is set for 8:30 P.M. on March 4, 1970. Texaco seeks a Special Exception from Article V of the Bethlehem Town Zoning Ordinance to permit Petroleum storage in excess of 15,000 gallons at premises located on Route 144, Glenmont, N.Y.

The three above-described hearings will be held at the Town Offices, 393 Delaware Avenue, Delmar, New York.

Speaker

Edward Fischer, film critic, author, and professor, will speak at the College of Saint Rose Thursday evening, March 5, at 8:00 P.M. The topic of his address will be "God and Man Reflected in Film."

Presently a professor in the Department of Communication

Arts at the University of Notre Dame, Mr. Fischer teaches courses in design, writing, speech, and film studies. He is also the film and television critic for AVE MARIA magazine.

Professor Fischer has had experience with all of the mass media. He is the author of THE SCREEN ARTS, a book which establishes standards for film criticism, and has participated as a juror in eight film festivals both here and abroad. He himself has made eight films, four of which have been compiled into a series entitled FILM APPRECIATION.

Professor Fischer's further experience with the motion picture industry includes his term on the Board of Directors for the University Film Producers Association and his membership in the American Society of Cinematographers. In addition, he has written more than six hundred magazine articles dealing with aspects of film studies.

Professor Fischer has lectured widely in college and professional circles. He has spoken at the Salzburg Austria Seminar in American Studies, at Dartmouth, Purdue, the University of Oklahoma, and the University of Hawaii. He has addressed the National Council of Teachers of English, the American Speech Association, the National Press Photographers Association, the American Women in Radio and Television, The Michigan Library Association, and the Department of Defense Information School.

This presentation, one of the Artists and Attractions series at Saint Rose, will be given in the College auditorium, 985 Madison Avenue. It is open to the public at no charge.

Signers Honored

An exhibit honoring those from New York State who signed the Declaration of Independence is being held this month during American History Month at the Mechanics Exchange Savings Bank, 111 Washington Avenue,

"Gunite, Chet!" "Gunite, David!"

Is everybody talking about the permanent kind of pool Paddock can build in your backyard?

Or is it just our imagination?

The word is getting around. The best pool you can own is a Gunite pool. Pneumatically applied concrete with steel reinforcement.

And Paddock can install one for you for as little as \$3,000.

Get all the facts today. Send the coupon now. Or call the Paddock offices at 459-3121. Or, visit us at Railroad Avenue Extension, off Fuller Road, in Colonie.

And for 24 hour information, call the Gunite Line: 785-1242.

PADDOCK POOL BUILDERS

116 Railroad Ave. Extension, Albany, N.Y.

SP226

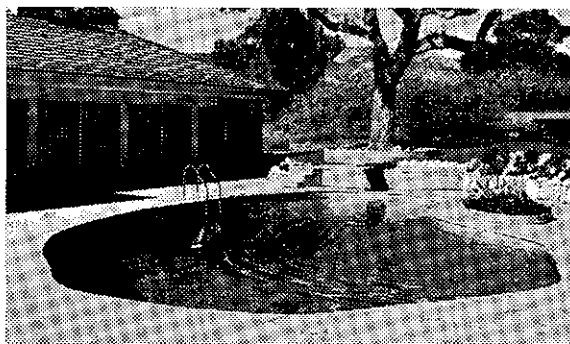
Send me your full color swimming pool brochure.

☐ Residential ☐ Commercial

Name _____ Phone _____

Street _____

City _____ State _____ Zip _____



GUNITE BY PADDOCK.



SPOTLIGHT HE 9-4949

Brides!

6 reasons...

why you should register here:

SILVER - We are one of the few dealers in the entire Northeast who are authorized to carry all the Famous Name lines of Silver. We have by far the largest selection in this area.

CHINA - You may choose from an exquisite collection . . . Lenox, Haviland, Royal Worcester, Royal Doulton, Oxford, Wedgwood, Syracuse, Franconia.

CRYSTAL - Choice selection of most of the renowned makers . . . Josair, Fostoria, Seneca, Lenox, Reizart, Stuart.

INVITATIONS - Bridal invitations furnished at a very special price for our Brides.

Thousands of old families in the Tri-Cities area . . . enjoy Adams Charge Accounts . . . your friends would rather purchase here.

ENGRAVING As a special service . . . highly skilled Engraving available with your purchase

Registering your patterns at Frank Adams is the most thoughtful thing you can do for your friends . . . it makes their shopping simple!

FRANK H.

Adams
JEWELERS - SILVERSMITHS

Corner North Pearl & Steuben Streets, Albany
OPEN THURS. 'TIL 9

Free Parking at All 16 Park & Shop Lots

**We'll make your
motor
sing**



- Engine Tune-up
- Front End Alignment
- Automatic Transmission Service
- Modern Equipment
- Skilled Mechanics

BAILEY'S GARAGE

Phone Delmar HE 9-1446
Oakwood Rd., Elsmere



Albany.

According to Addison Keim, the me bank president, February was designated American History Month by Congress at the request of the Daughters of the American Revolution. Three local DAR chapters, Gansevoort, Mohawk and Tawasentha, prepared the Albany display which features William Floyd, Philip Livingston, Francis Lewis and Lewis Morris, the four men from New York who signed the Declaration. Philip Livingston was from Albany.

Fish Blames Drugs

Use of illegal narcotics in the Town of Bethlehem is a leading cause of an increased crime rate, according to Bethlehem Police Chief Peter Fish.

In a talk in connection with the Berne-Knox Parent - Teacher Association narcotics information program, Chief Fish said:

"In my town the crime and burglary has jumped 1,000 per cent in the past year," the chief said, "because the users of marijuana and other drugs need money to feed their habit."

Again and again he emphasized his belief — which he said was based on findings of the FBI, U.S. government, Air Force, and private physicians and researchers who work with addicts — that marijuana is dangerous, adversely affects the body's chromosomes, is addictive, and

often leads to added drug abuse.

"In my town" Chief Fish continued, "a minimum of 200 to 250 kids that I know personally, use amphetamines and barbituates. They take them out of the family drug center (the home medicine cabinet), put them in a paper bag, and pass them around. They call it a smorgasbord." He added that the youngsters had no idea what pills they were taking.

"Most of the kids who start (smoking marijuana) think it's 'soft' an think they can get off it," the veteran police officer remarked. But he said he has seen addicts in Harlem rehabilitation centers "eating their hearts out trying to lick this, cold turkey."

Chief Fish again challenged what he considers a gross misnomer in calling some drugs "soft" and others "hard", particularly when used by some representatives of state narcotics agencies, educators and clergy men.

"Children come to my office," he told his large audience of parents and Berne-Knox pupils, admittedly confused about the "soft" drug label. It's misleading he declared.

"You tell a kid it's soft and you give him a license to try it," the police chief thundered.

An 11-year-old girl raised her hand, then told him that her friends have told her that marijuana is "soft and light." She wanted to know "who smokes it more, boys or girls?" "Boys do," replied the chief.

THE SPOTLIGHT

Permissive parents are a problem, Chief Fish said. "The marijuana smoker is temporarily insane. But educated people and people who should know better are giving this (marijuana) away and calling it a 'soft' drug. And I'm against it," he said.

The chief alluded to cases of parents who vacation in Florida and leave their children at home in the care of a 17-year-old babysitter. "And this happens frequently in my town." During their absence, he said, a youngster is arrested on a drug charge and it is the police who then must "baby sit" for the errant child.

"It's not my view that every child who uses marijuana should be arrested," Chief Fish said.

"That's why I want the state to make a place where these children can be re-educated, re-evaluated, and — in some cases — re-introduced to their family."

Wenzel Nominated

William J. Wenzel was the only man nominated to replace Richard J. Bailey as mayor of Voorheesville.

Wenzel, presently serving his second two-year term as village trustee, is comptroller of Walter Motor Truck Company in Voorheesville. He has lived in the village for 14 years.

Bailey, who has served three two-year terms as mayor, had decided not to run for re-election.

Kenneth J. Connolly, of 6 Danbury Court, was nominated to replace Edward Relyea as village board member. Competing against Connolly, who received 86 votes, was William Grey, of 2 Mountainview Street, who received 51 votes.

Relyea has served 15 years as trustee.

Joseph A. Stracuzzi, 13 Kling Terrace, was nominated without opposition to replace Paul G. Kling as trustee. Kling has served on the board for 12 years.

Police Justice Robert J. Murphy was nominated without opposition to serve another four-year term.

Elections are slated for March 17 at the Voorheesville Fire House from noon to 9 P.M. Registration will take place Feb. 28 at the fire house from noon to 9 P.M.

On Tour

James B. Brown, Jr., son of Mr. & Mrs. J. B. Brown of Clarks-ville, New York, a senior at Niagara University, has just completed a tour with the Niagara University Glee Club.

The Glee Club gave performances at Allentown, Philadel-

phia, Princeton, New Jersey and Merrick, Long Island.

He will also be seen in the production of Mame to be presented by the Niagara University players at Niagara during the week of March 13.

To Opera

Arrangements have been completed for members of the Delmar Progress Club to attend a performance of the opera "La Traviata" at the Metropolitan Opera House, Lincoln Center, on Tuesday, March 31. A chartered

bus will leave from the parking lot of the Delmar Methodist Church (Tebbutt side) at 7:45 A.M. and will return following the opera and dinner en route.

A meeting is scheduled for Monday, March 9 at 1:30 P.M. in the Lounge of the Delmar Methodist Church to study the opera "La Traviata." Mrs. Wayne F. Fry will be in charge of the refreshments. Tickets should be available for distribution at this meeting and final arrangements will be discussed. It is imperative that those who have reserved space for this performance attend this meeting.

Mid-Winter Sale Ends Saturday

**We have a lot of
excellent items,
still available
at reduced prices.**

**Take advantage of this
opportunity to stock up
on Dinnerware, Linens,
and assorted accessories.**

The Village Shop

DELAWARE PLAZA, DELMAR

Daily: 10 A.M.

Evgs.: Tues., Wed., Thurs., Fri.



NOMINEES: left to right: Mayor, William Wenzel; Trustee, Joseph Stracuzzi; Board Member, Kenneth Connolly; Police Justice, Robert Murphy.

Photo by Newcomb

GRAND UNION

SUPERMARKETS

DOUBLE DISCOUNTS!

✓ SAVE...
CASH
✓ SAVE...
STAMPS

Lenten FRESH FISH SPECIALS

FRESH, STORE SLICED

COD STEAKS	LB.	49¢
WHITE-MEDIUM		
GULF SHRIMP	LB.	1.19
GOLDEN FRIED		
PERCH FILLET	LB.	79¢

SAVE UP TO 10% **FAMILY PAK** 3 LBS. OR MORE

(CHUCK) U.S. CHOICE

CUBE STEAKS	LB.	1.29
BONELESS		
STEW BEEF	LB.	99¢
FRESH		
CHICKEN GIZZARDS	LB.	39¢
TENDER-FLAVORFUL		
SKINLESS FRANKS	5 LB. BOX	3.49

FROZEN MEAT & FISH DEPT.

GRAND UNION FISH STICKS	2 8 OZ. PKGS.	69¢
YEASER BATTER-DIPPED FRIED		
CHICKEN BREASTS	1 LB. 6 OZ. PKG.	1.79
GRAND UNION		
COD FILLET	1 LB. PKG.	55¢
GRAND UNION		
NOODLES & CHICKEN	2 LB. PKG.	1.19
SAU SEU		
SHRIMP COCKTAIL	3 4 OZ. JARS	1.00
FREEZER QUEEN BREADED		
VEAL PARMAGIAN	2 LB. PKG.	1.39

DELICATESSEN

DELI ITEMS IN THIS BOX AVAILABLE ONLY AT STORES WITH SERVICE DELI COUNTERS

FRESHLY COOKED BAR-B-QUE CHICKEN	LB.	69¢
TRUNZ NATURAL CASING		
LARGE BOLOGNA	LB.	49¢
FRUNZ NATURAL CASING		
LIVERWURST BRAUNSCHWEIGER	1/2 LB.	49¢
TRUNZ QUALITY		
COOKED SALAMI	1/2 LB.	59¢
FRESHLY MADE		
MACARONI SALAD		39¢

TOP QUALITY FRESH CHICKEN QUARTERS

LEGS WITH BACKS INCLUDED
BREASTS WITH BACKS & WINGS INCLUDED

39¢

lb.

YOUR CHOICE

U.S.D.A. CHOICE B.N.L.S.	SHOULDER
CROSS RIB ROAST	SMOKED PICNICS
OVEN OR POT ROAST	WATER ADDED
LB. 99¢	LB. 49¢
	LEAN SHORT SHANK
GRAND UNION'S FINEST QUALITY BONELESS BRISKET	
CORNER BEEF	LB. 99¢

ADDITIONAL VALUES

FRESH-TOP QUALITY CHICKEN LEGS	NO BACKS INCLUDED.	LB.	59¢
FRESH CHICKEN BREASTS	NO BACKS OR WINGS INCLUDED	LB.	65¢
FRESH-TOP QUALITY CHICKEN LIVERS		LB.	69¢
KRAUSS' PURE PORK SAUSAGE MEAT		LB.	59¢
GRAND UNION PICKLE & PIMENTO OR LUNCHEON LOAF	12 OZ. SLICED PKGS.		69¢
GRAND UNION SKINLESS FRANKS	ALL MEAT OR ALL BEEF	LB.	79¢

FRESHEST PRODUCE UNDER THE SUN

CALIFORNIA ASPARAGUS	LB.	49¢
CHERRY TOMATOES	1 PT. BSKTS.	1.00
SNOW WHITE MUSHROOMS	LB.	69¢
SWEET JUICY PINEAPPLES	EA.	29¢
GOURMET DELIGHT AVOCADOS	EA.	29¢

MIX 'EM OR MATCH 'EM

DELICIOUS APPLES GOLDEN OR RED

ANJOU PEARS YOUR CHOICE

10 FOR 79¢

GRAND UNION

SALAD DRESSING

1 QT. JAR **39¢**

STAMP BONANZA

CLIP AND REDEEM THESE COUPONS FOR

1,000 EXTRA BONUS STAMPS

CLIP & REDEEM

100 STAMPS

WITH THIS COUPON AND THE PURCHASE OF ONE 1 QT. 8 OZ. BOT.

LYSOL DEODORIZING CLEANER

COUPON GOOD THRU SAT. FEB. 28

LIMIT 1 PER CUSTOMER

CLIP & REDEEM

100 STAMPS

WITH THIS COUPON AND THE PURCHASE OF ONE 7 1/2 LB. JAR

SUE BEE HONEY

COUPON GOOD THRU SAT. FEB. 28

LIMIT 1 PER CUSTOMER

CLIP & REDEEM

100 STAMPS

WITH THIS COUPON AND THE PURCHASE OF ONE 1 PT. BOT.

WOOLITE COLD WATER WASH

COUPON GOOD THRU SAT. FEB. 28

LIMIT 1 PER CUSTOMER

CLIP & REDEEM

50 STAMPS

WITH THIS COUPON AND THE PURCHASE OF ONE 8 - 10 OZ. PKG. - GRAND UNION

NEW YORK SHARP CHEDDAR CHEESE

COUPON GOOD THRU SAT. FEB. 28

LIMIT 1 PER CUSTOMER

Triple-S Blue Stamps... an American tradition.

Triple-S Blue Stamps are a modern version of an old American tradition. Back in 1793, merchants issued tokens which customers could redeem for gifts. Today Grand Union gives you Blue Stamps in the spirit of this friendly tradition. And the stamps are on Grand Union... not you!

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KRAFT VELVEETA 2 LB. LOAF **1.09**
KRAFT PAST. PROC. WHITE OR COLORS AMERICAN SINGLES 12 OZ. PKG. **59¢**
GRAND UNION CREAM CHEESE 8 OZ. PKG. **29¢**
MAYBUD BABY EDAM 7 OZ. PKG. **49¢**
KRAFT SLICED PIZZA CHEESE 8 OZ. PKG. **49¢**

ADDITIONAL VALUES

LADDIE BOY BEEF CHUNK DOG FOOD 4 14 1/2 OZ. CANS **1.00**
LADDIE BOY 7 IN 1 DOG FOOD 6 PACK OF 14 1/2 OZ. CANS **89¢**
KRAFT MANHATTAN OR NEW CLAM CHOWDER ENGLAND STYLE 15 OZ. CAN **29¢**
DEL MONTE FRENCH GREEN BEANS 2 1 LB. CANS **49¢**
LIBBY'S SAUERKRAUT 2 1 LB. 13 OZ. CANS **49¢**
KRAFT ROKA DRESSING 2 8 OZ. BOTS. **89¢**
RED PACK TOMATOES IN PUREE 2 1 LB. CANS **45¢**

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10¢ OFF WITH THIS COUPON
 TOWARD THE PURCHASE OF ONE ROLL OF 148-2 PLY ALL COLORS
VIVA JUMBO TOWELS
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 (LIMIT 1 - PER CUSTOMER)

FINE HEAVY DUTY STAINLESS STEEL

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ITEM OF THE WEEK DINNER FORK EACH **18¢**
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GOOD LUCK REGULAR QTRS. MARGARINE DEAL LABEL 4 1 LB. PKGS. **1.00**

DEEP TONE VIVA NAPKINS 3 PKGS. OF 140 **1.00**

ALL FLAVORS ROYAL GELATINS 4 3 OZ. PKGS. **39¢**

FRANGO AMERICAN SPAGHETTI WITH MEATBALLS 3 1 LB. CANS **1.00**

SAVE WITH THESE FROZEN FOOD VALUES

GRAND UNION COFFEE LIGHTENER 1 QT. PKG. **29¢**
INTERNATIONAL BIRDS-VEGETABLES 2 10 OZ. PKGS. **89¢**
BEF, CHICKEN, TURKEY SWANSON PIES 3 8 OZ. PKGS. **69¢**
GRAND UNION MIXED SEAFOOD DINNER 9 OZ. PKG. **49¢**
BIRDS-EYE ORANGE PLUS 2 9 OZ. CANS **89¢**

GRAND UNION FROZEN MIX'EM OR MATCH'EM

COOKED SQUASH 10 OZ. PKG. **79¢**
FRENCH FRIES REGULAR OR CRINKLE CUT 9 OZ. PKG. **6 FOR**
CHOPPED OR LEAF SPINACH 10 OZ. PKG. **79¢**
CRINKLE CUT CARROTS 10 OZ. PKG. **79¢**

LUCKY LEAF BAKERY

PIE FILLINGS
LUCKY LEAF BLUEBERRY 2 1 LB. 4 OZ. CANS **85¢**
LUCKY LEAF APPLE 2 1 LB. 4 OZ. CANS **65¢**
LUCKY LEAF CHERRY 2 1 LB. 4 OZ. CANS **85¢**
LUCKY LEAF STRAWBERRY 1 LB. 4 OZ. CAN **49¢**
FRESHBAKE KING SIZE BREAD 3 1 LB. 4 OZ. LOAVES **79¢**
NANCY LYNN SWEET ROLLS P'apple & Jelly Filled 10 10 OZ. PKG. **43¢**
NANCY LYNN 8 INCH APPLE PIE 1 LB. 10 OZ. SIZE **49¢**
NANCY LYNN POUND CAKE CUTS Gold and 13 OZ. Marble PKG. **39¢**
NANCY LYNN ENGLISH MUFFINS 2 PKGS. OF 6 **49¢**

GRAND BRAND PANTY HOSE PKG. **99¢**
TOOTH PASTE CREST 1 1/4 OZ. TUBE **29¢**

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 1 LB. JAR - BORDEN'S **CREAMORA** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 1 PT. 11 OZ. CAN **AERO WAX** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 12 OZ. CAN - LIBBY'S **CORNEBEEF** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 11 OZ. PKG. ROMAN FROZEN **CHEESE PIZZA** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 12 OZ. JAR - SMUCKER'S **ST'BERRY OR ST'BERRY P'APPLE PRESERVES** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF FOUR PKGS. OF 8 ENVS. M.B.T. **VEGETABLE BEEF BROTH** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 1 LB. 8 OZ. CAN **DINTY MOORE BEEF STEW** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 12 OZ. PKG. **NESTLES MORSELS** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 7 OZ. OR 11 1/2 OZ. BOT. **LIQUID PRELL SHAMPOO** G.M.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 14 OZ. PKG. SARAFEE FROZEN **APPLE DANISH CAKE** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 3 OZ. OR 5 OZ. TUBE **PRELL CONCENTRATE** G.M.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE 12 OZ. PKG. HOLLOWAY HOUSE FROZ. **STUFFED PEPPERS** G.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

50 STAMPS WITH THIS COUPON AND THE PURCHASE OF ONE BOT. OF 100 **BUFFERIN** G.M.

COUPON GOOD THRU SAT., FEB. 28
 LIMIT 1 PER CUSTOMER

DOUBLE STAMPS WEDNESDAY

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Open House

Area junior and senior high school students are invited to an Open House, Friday, February 27th, 7-11 P.M., at Ozanam Center . . . "Home of a Friend" . . . 189A Quail Street, Albany. Organized to give adolescents between the ages of 13 and 19 a place where they can talk over crisis problems with a "friend," Ozanam opened its doors on February 2nd. The Open House has been planned to give area young people a chance to get acquainted with the operation and purpose of Ozanam. Refreshments will be served by students from Maria College.

Capped

Susan O'Hern daughter of Dr. Mrs. John A. O'Hern of 107 Elsmere Avenue, Delmar received

her cap at the Capping ceremonies held on February 21 at Albany Law School Auditorium. This signifies the satisfactory completion of the first six months in the school. Her cap was presented to her by Mrs. Helen F. Middleworth, Director of the School of Nursing. Miss O'Hern is a 1968 graduate of Bethlehem Central High School.

Boy Scouts

Elsmere Boy Scout Troop 58 Committee meeting was held on the night of Feb. 4, 1970. H. Diger, D. Brossman, C. Dunkley, N. Smith, F. Conley, J. DeVing, R. Bullock, B. Rose, J. Wall, R. McNair, J. Flynn, J. Kosa and V. Nerses attended this meeting. The following plans were put into action: 1) Elsmere Troop 58 Fund Raising campaign of March 7, 1970, beginning with kick-off breakfast — N. Smith, Chairman, 2) Mt. Stratton weekend campout on March 13, 14 and 15, 1970 — F. Conley, Chairman, 3) Participation in Scout-O-Rama at the R.P.I. Field House on April 11, 1970 — Theme of the Exposition this year is "Scouting the '70's" and 4) a paper drive on April 18, 1970; since it will be physically impossible to visit each house in the Tri-Village area with the limited number of boys in Troop 58 and with the limited time of one day, it would be appreciated if those who would like to donate their accumulated bundles of paper to contact R. Bullock, Chairman, at the following telephone number: 439-4621 and arrangements will be made to collect your donation.

Three Meetings

Beginning Thursday, March 5, the Women's Society of Christian Service of the Delmar United Methodist Church will sponsor three discussion meetings on "Christian Participation in Public Affairs — What Can One Concerned Christian Do?" The purpose of this series will be to help us both to know more and to do more about some of today's important issues.

March 5 — Abortion Laws

Does the State Protect or Harm?
 March 12 - You and Your Environment: Friends or Foes?
 March 19 - Welfare: Does the System Reflect Christian Values?
 Coffee time will be 9:30 A.M. in the church lounge followed by the discussion. Babysitting will be provided. The community is invited to attend.

Free Film

Chevrolet regional and zone offices throughout the United States now have available free-loan copies of a film featuring the official 1969 All-America football team selected by college coaches.

Other copies of the 25-minute color film may be borrowed through offices of Modern Talking Pictures Services, Inc., located in most major cities.

Co-sponsored by Chevrolet's Sports Department and Eastman-Kodak, the film includes action highlights of each player during the last season as well as comments by the players and their coaches.

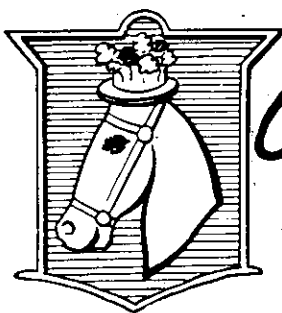
Meeting

The next meeting of Ones-quethaw Chapter #818, Order of the Eastern Star, will be held at 8 P.M. at the Delmar Masonic Temple. Past Matrons and Past Patrons of the Chapter will be honored. A special program is planned, and refreshments will follow the meeting.

Attention

TOWN OF BETHLEHEM HISTORICAL ASSOCIATION MEMBERS: On Monday, March 2, at 10:30 A.M., a workshop will be held for: cataloguing, storing and preserving of our historic artifacts at the historical center on Route 144, at Cedar Hill, N.Y.

All who are interested are welcome to attend: Bring a sandwich; wear old work clothes.



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(Prices Effective Feb. 26 to March 19)

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SLINGERLAND, N. Y.

Evenings by Appointment

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The deadline for Spotlight Classified Ads is Friday afternoon preceding publication the following Thursday. Please get yours in on time.

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Italian Food • Sea Food
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Colonie Theatre

Live theatre is not dead — at least not here in the Capital District — as evidenced in the growing pains of the Colonie Coliseum Summer Theatre.

Started as a summer theatre by the late Eddie Rich, it has enjoyed thirteen years of continuous operation in the area.

The "theatre in the round" with a seating capacity of 3,000 was put under a permanent roof last year with future plans for a theatre that would be in operation a full 12 months.

The steel structure with its unique domed roof was designed by Sanford Sheber of Albany and is owned by Delta D & I Corporation (developers of the proposed Coliseum complex for the tri-cities) the theatre when completed will be able to operate with a larger schedule.

Under the new management of Don Winig, a year round staff is being maintained with so called "winter quarters" in downtown Albany.

In keeping with plans for establishing a permanent theatre, Wing stated that a heating system is being installed to bring temperatures to comfortable conditions before performances. Wind walls are also in the planning, along with the establishing of three entrances to facilitate the entering and exiting of large audiences.

In addition the large parking lot will be black topped and marked, to rid the area of excessive dust and to enable parking without the use of attendants.

The theatre is also employing a computerized ticket system (ticketon) to help speed up lines at the box office.

Ticket prices will range from \$2.50 to \$5.80, Winig said. Information regarding tickets, Theatre Parties, Fund Raising affairs and gift certificates can be obtained by contacting the theatre now.

Concert

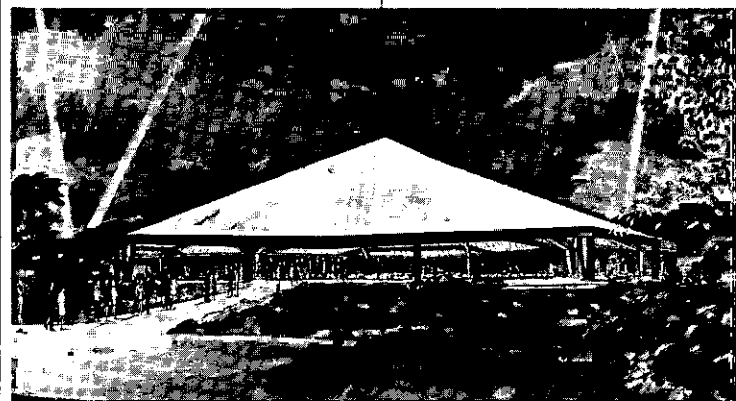
The Department of Music at The College of Saint Rose will present the fourth of its series of Candlelight Concerts on Sunday, February 22 at 4:00 P.M. The student recital is open to the public free of charge and will be given in the College Auditorium, 985 Madison Avenue.

St. Rose Grant

A grant of \$32,550 has been awarded to The College of Saint Rose by the National Science Foundation for support of a "Cooperative College — School Science Program." The grant is under the direction of Mr. John McGrath, associate professor of chemistry at Saint Rose.

Sixty-six teachers, eleven principals, three supervisors, and approximately forty students in the Troy School System will be involved in the project, the purpose of which is to initiate and implement the elementary science curriculum, Science — A Process Approach (SAPA) in the Troy elementary schools.

The project combines a summer workshop with academic year supervision and consultation in a plan designed to assist the teachers and principals in the eleven elementary schools in Troy. It places special emphasis on science instruction in the early grades, kindergarten





DEMAND FOR BLOOD CLOTTING AGENT INCREASES — Mrs. Virginia Lamora (center) of Dunnville Rd., Rotterdam examines a unit of freshly extracted cryoprecipitate as prepared by Mrs. Ruth Pohl, chief technologist for the Northeastern New York Red Cross Blood Program while Norman A. Coe, director of donor recruitment for the blood program looks on. The demand for cryoprecipitate, the clotting agent used in the treatment of hemophilia (the bleeder's disease), has jumped from 80 units per week to about 400 units per week and is expected to remain at that level through the month of March. Mrs. Lamora's two sons are hemophiliacs and are regular users of the clotting agent which is made available through the Red Cross Blood Program. The program serves 13 Red Cross chapters in northeastern New York.

through third grade.

The summer workshop will be held at Troy High School from June 29 to July 17. A follow-up program during the academic year will be directed by college consultants.

School district personnel involved in planning activities include Troy Superintendent of Schools Dudley P. Van Arnam; W. Kenneth Doyle, Assistant Superintendent of Schools; William Kirby, supervisor of elementary sciences; and Mrs. Jean B. Merrier, coordinator of federally aided programs.

Mr. McGrath was Director of the SAPA Workshop of Siena College held last August. In 1967-68, he participated in the Workshop in Educational Communications for College Teachers at the State University of New York at Albany, and the Ithaca Workshop for SAPA during the summer of 1968.

Blood Demands Increase

Representatives of thirteen Red Cross chapters in northeastern New York met Thursday, Feb. 12, at the Regional Blood Center, Albany, for an emergency blood donor recruitment session concerned with increased blood demands for hemo-

philiac patients throughout the region, according to William G. Fraser, regional blood program chairman.

Mr. Fraser told those attending the session that a special need exists for supplying cryoprecipitate, a special blood clot-

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will be cutting up as usual at
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Elsmere
as of February 27, 1970.

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ting agent, needed for treatment of hemophilia, the bleeder's disease. He said the demand is far above that experienced in past years, and that the demand will be extremely heavy through the month of March.

Carl Braley, administrative director for the Regional Blood Program, stated normal cryoprecipitate usage is from 80 to 100 units per week, and that the demand has sharply increased. To illustrate this increased demand, Braley said two weeks ago the demand was for 380 units for the week. It is estimated that through March the need for cryoprecipitate, he continued, will be double the 100 unit per week normal requirement.

Braley anticipated that from 4,000 to 5,000 units of cryoprecipitate will be needed this year, and that this demand must be met. He said this goal can only be achieved if we intensify our donor recruitment effort throughout the region. Each bloodmobile visit must meet its quota in the weeks ahead, he said, so that no individual is denied the blood or blood products they will need for medical treatment.

A plea for successful collections was made during the meeting by Mrs. Virginia Lamora of Dunnsville Road, Rotterdam, who is the mother of two boys, James, age 6 and Larry, age 7. Her sons are hemophiliacs and recently underwent surgery that required the use of 167 units of cryoprecipitate during a twelve day hospitalization period.

The Northeastern New York Red Cross Blood Program provides blood and blood products for 32 hospitals in its 13 county region. The area served has a population of slightly more than one million residents.

Merger

Albany Savings Bank president, William L. Pfeiffer, and Johnstown Savings and Loan Association president, H. Newton Colvin, jointly announced plans for the merger of their two institutions under the charter of Albany Savings Bank.

The boards of both institutions have taken appropriate action

preliminary to filing a merger plan which is subject to final approval by the New York State Banking Department and by the Federal Deposit Insurance Corporation.

Mr. Pfeiffer stated that the merger, when consummated would bring to Fulton County for the first time a branch of a mutual savings bank.

Albany Savings Bank earlier announced its intention to merge with Glens Falls Savings and Loan Association, and that plan of merger is pending before the supervisory authorities at the present time.

Last Minute Mistakes

Last-minute income tax filers should double check their returns, since those filed just before the deadline are much more likely to contain errors, Donald T. Hartley, Internal Revenue Service District Director for Northeastern New York State said recently.

Errors on returns delay processing and any refund that may be due.

Missing information accounts for many of the errors Mr. Hartley said. This type of error could be a return received without required signature, Social Security number or W-2 statement.

Taxpayers who use the tax form they received in the mail can avoid Social Security number problems, Mr. Hartley said. These forms have pre-addressed labels that show the taxpayer's name, Social Security number and address just as they appear in IRS files.

The label can be lifted off the form it came on and placed on another should this be necessary.

Mr. Hartley advised taxpayers who have someone help them with their return to be sure their pre-addressed label is on the form they file.

Half Sold

Sales of tree seedlings for spring planting have passed the halfway mark according to the Conservation Department's Bureau of State and Private Forests.

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ry.

The latest seedling inventory shows that 8,913,000 trees have already been sold with 7,430,000 trees remaining. Landowners intending to plant trees this spring are urged to get their orders in now while there is still a good selection of most species.

These trees are produced at nurseries operated by the Conservation Department and are NOT for ornamental planting. Landowners must order at least 1,000 trees and have at least one acre of open land available for planting. The trees are priced at \$10 per thousand F.O.B. Nursery. State and local sales taxes do not not apply to tree seedling orders.

Contact your Forest District Headquarters for order blanks and information on what kind of trees are suitable for your land and details on what types of assistance may be available to help plant your seedling trees.

Copies of "Custom Tree Planting Services" for your area can be obtained by writing to your local Forest District Headquarters or Division of Land and Forests, N.Y. State Conservation Department, Albany, N.Y. 12201

Deer Antlers Shed

By this time of year most of the bucks in the deer population look just like the does. At the close of the breeding season each year the bucks shed their antlers as an outward manifestation of the hormone production within their bodies.

Increased daylight appears to be the trigger which inaugurates most periodic activities of wildlife, whether it is bird migration or antler growth. In early spring sufficient testosterone is produced to start the velvet buttons which will rapidly grow into new antlers. By September the testosterone in the body reaches another critical level causing growth to stop and the antlers to harden and shed the velvet cover which carried their blood supply. At the close of the breeding season the testosterone level drops, and so do the antlers.

There seem to be more variables connected with shedding

antlers than with starting their growth. The first antlers usually fall about the first of December, building up to a peak shedding period about the first of January. The last antlers are usually not shed until late February or even March. Two years ago, while watching geese in the Aurora area in early spring, I saw 10 deer, two of them with full sets of antlers.

Certain patterns of difference in shedding dates seem to shine through the maze of confusing information with some consistency. The most generally accepted is that the older and more vigorous bucks tend to shed their antlers before the yearling bucks. Observations in starvation areas indicate that deer which live on a starvation diet throughout the winter may shed earlier than those that have a normal diet.

A quick glance at the records from the Seneca Army Depot mid-winter hunts makes one wonder how much more than impressions back up the assumption that the older bucks start shedding first. During this season's hunts on December 13 and 20, 15 per cent of the yearlings and 19 per cent of the older bucks had shed antlers. On January 3 and 10 it was 88 per cent and 75 per cent respectively. The difference between the two groups is hardly significant. In 1967, however, 25 per cent of the older bucks had shed before mid-January, while none of the yearlings had, but the year before when the season was held on January 8, none of the older bucks had shed and 13 per cent of the yearlings had.

The interesting thing about this year's shedding dates at the Depot is that it was considerably earlier than it has been since the hunt in 1965. Prior to that date a hunt on the last two weekends of January had always been an antlerless hunt. In 1965 the steadily improving condition of the herd, due to proper harvest, reached the point where almost half of the female fawns were bred during their first winter.

Due to an oversight, the law permitting the special season on the Depot lapsed last year, and no special hunt was held. This resulted in a greatly increased deer herd which was completely out

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of balance with the range. A check of the female fawns this winter shows that there was an abrupt drop, from about half having been bred, to almost none.

It is known that the reduced testosterone level causes the antlers to shed. What causes the testosterone level to start down? It has generally been assumed that the cycle just comes to an end. The events at the Depot have caused speculation that the presence of young does reaching maturity during December and January may be sufficient stimulus to the bucks to maintain their testosterone levels.

At this point, a good range and the resultant early maturing doe fawns, as a factor in causing antler shedding is purely in the realm of speculation. In the starvation areas where no fawns become sexually mature, this could account for earlier shedding. There are many variables and exceptions, but this new hypothesis is worthy of further investigation.

Report Sales

All property transactions, from the sale of a house to a share of stock, should be reported on Schedule D, Form 1040, Donald T. Hartley, District Director of Internal Revenue for Northeastern New York, said recently.

Details on reporting such sales are given in the 1040 forms package mailed to taxpayers in January. Additional information can be found in Publication 544, "Sales and Exchanges of Assets," available by writing to Forms, P.O. Box 731, Albany, New York 12201.

Mr. Hartley said that certain mutual fund distributions are con-

sidered a capital gain and thus reportable on Schedule D. Mutual fund stockholders are usually notified each year which part of their gain is a capital gain and which is a dividend (see publication 564).

Additional copies of Schedule D are available at local IRS offices as well as many banks and post offices.



S/Sgt. RICHMOND E. YOUNG, son of M. and Mrs. R. C. Young, 61 Lansing Drive, Delmar, has returned home from Udorn Royal Thai Air Force Base, Thailand. He has completed four years in the U.S. Air Force. S/Sgt. Young served as a cryptographic electronics technician.

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Individuals Taxpayers Ask IRS

This column of questions and answers on federal tax matters is provided by the local office of the U.S. Internal Revenue Service and is published as a public service to taxpayers. The column answers questions most frequently asked by taxpayers.

Q) If IRS has mailed you estimated tax forms, does that mean you are required to file one of these forms?

A) You do not have to file an estimated tax declaration for 1970 unless you meet the requirements as explained in the instructions that came with the estimated forms.

Estimated tax forms have been sent to every taxpayer who filed an estimated return for 1969 as well as to those taxpayers who may have been liable for one because they had a balance due of \$40 or more when they filed their 1968 return. The forms are identified with the taxpayer's name, address and Social Security number just as they appear in IRS files.

Read the instructions carefully and if you are required to file an estimated tax declaration, be sure to use the forms sent you. It will assure that your estimated tax payments are properly credited to your account.

Q) I just sent in my tax return. What records should I keep?

A) Keep the records you need to substantiate the income and deductions reported on your return. Cancelled checks, paid bills, Forms W-2 (Wage and Tax Statement) and 1099 (U.S. Information Return for Calendar Year), bank books and similar records in addition to a copy of the return, will be helpful.

Q) Will the amount my daughter receives from a college scholarship affect my dependency claim for her?

A) No, amounts received from a scholarship for study at an educational institution do not have to be included in total support in determining whether the support test for dependents has been met.

Q) My wife and I both received 1040 tax form packages in the mail because we were single in 1968. We want to file a joint return for 1969. Should

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we put both name labels on the return we file?

A) No, use only your label since on joint returns the account is primarily identified by the husband's Social Security number. You should insert your wife's first name and middle initial on your label and her Social Security number in the space provided on the return.

To make sure you are properly credited for all withheld taxes and estimated tax payments, if any, enter the name your wife used when she filed her 1968 return on the line under the address section of the form. Changes in address should be given here, too.

Q) I still haven't received my W-2. What should I do?

A) Ask your employer about your W-2 statement. By law, employers are required to provide withholding statements to their employees by the end of January. Since January 31 is a Saturday, the deadline is February 2, this year.

Q) Does the fact that a child is adopted make any difference for dependency purposes?

A) A legally adopted child is considered your child in applying the dependency tests.

Q) Last year I sent in my return and W-2 and you figured my tax for me. Will you still do this with the new form?

A) Yes, IRS will compute the tax just as it has in the past if your income is under \$5,000 and consists of wages subject to withholding and

not more than \$200 of dividends, interest, and nonwithheld wages. This is explained on the back of the Form 1040 you received in the mail.

Q) Our community just put in some new sidewalks and assessed the property owners for the cost. Is this a deductible expense?

A) No, assessments for benefits that tend to increase the value of property are not generally allowed as deductions. You may, however, add the amount of your assessment to the cost basis of your property.

**MENTAL
HEALTH
MATTERS**Stanley F. Yolles, M.D.
*Director*National Institute
of Mental Health**DRUGS IN 2000 A.D.**

We hear so much that is bad about drugs these days that we may sometimes forget that drugs, properly used, are essential and necessary. But that there is a normal side of drug use was pointed up at sessions held by experts of the American College of Neuropsychopharmacology.

These are scientists who work year in and year out with all kinds of drugs that affect the mind. A recent issue of the National Institute of Mental Health's Psychopharmacology

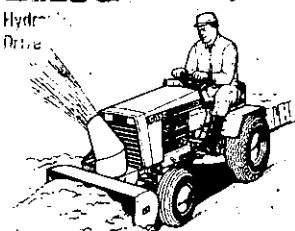
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Bulletin reported on the experts' session of scientific speculation as to what might be expected for drug use in the year 2000 by normal human beings.

Among the highlights of their fascinating explorations of future drug use is consideration of drugs for problems of aging.

It is estimated that in 2000 A.D. the U.S. population will be 310 million. Of these, 30 million will be over 65 and 20 million over 75. Drugs may be found and employed to counteract such disabilities of the aging person as slowness, mental rigidity, dull senses, impaired memory, impaired learning, emotional instability, depression, anxiety, early waking, unpleasant dreams, and various "aches and pains."

At the turn of the century then, which is only 30 years from now, a nurse visiting a 75-year-old person may be engaged as part of her job in making sure that he is taking regularly several kinds of vitamin doses, a painkiller, a hypnotic and dream regulator, an anti-depressant, a sedative or psychostimulant, and so on.

But neither the drug experts, nor anyone else concerned with human health programs, expects that drugs can or will do the whole job then or ever.

"The real needs of the old person are for love, not respect," the conference findings say. "To be wanted or needed may be an acceptable substitute for love. The old person needs achievement, not honor for past achievements.

"Somehow he has to be given opportunity to feel, at least in fantasy, successful about present achievement. The old person needs to have fun, not

to resign with dignity. He must be provided means through which he can increase and intensify his sensory gratifications."

Drugs will do a lot more for the aging and for all of us in the 21st Century than nowadays, no doubt, but it is also obvious that other things, particularly real "human relationships," will be needed as well.

PHYSICAL EDUCATION HELPS

Physical education and "phys-ed" teachers can be a major help to mentally handicapped children.

Demonstrating this and other potential resources for mental health help for children through teachers of physical education and recreation, a Pennsylvania project supported by the National Institute of Mental Health's manpower training division is producing encouraging results.

Sponsored by Temple University of Philadelphia and Buttonwood Farms, a facility for mentally handicapped children, the program was inaugurated to train physical education and recreation specialists for roles as mental health personnel.

The program has helped to train the teachers in the special mental problems of the children, and to provide guidelines and models that could be used to develop similar programs in other places. In addition, it less helped to upset some old notions, such as the one that a handicapped child would not respond to physical training and did not have the same needs as the normal child. This we now know to be far from true.

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The Light Touch



By Bob Jackson

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Most handicapped children lack physical conditioning, physical recreational skills, and sports skills; and they suffer from lack of "ego-identity" and from feelings of inadequacy and inferiority.

Physical education teachers, themselves usually good athletes, are found to offer special qualities for handicapped children. For example, they are oriented to use of the body in a way that mental health personnel usually are not. They do not tend to become involved in emotional conflicts which, though important to be recognized in the clinic or psychiatrist's office, may interfere with physical training.

Another factor is that the children look up to the athletic, physical education teacher. Athletes and sports figures are important to the children; and they work hard for people who symbolize sports and athletics to them.

More important than physical development is the tremendous sense of accomplishment the child receives from physical education or recreation and sports achievement, social scientists report. The slightest triumph is a major one for the handicapped.

The gratification parents of the children receive from such achievements is also striking; and the whole outlook of the handicapped child toward himself and of his parents toward him can be changed by such accomplishments.

KEEP IT CLEAN

by Virginia M. White

DEAR MRS. WHITE: My kids hate shoes. Having to wash at a laundromat I use extra soap and bleach to get their sox clean and you guessed

it, half of the soap ends up on the floor. EMBARRASSED! DEAR EMBARRASSED: Add ½ cup Super Cleaner to a washer full of hot water and ½ cup NON-chlorine bleach to ½ cup of detergent, that's all it takes and no more mopping up your local laundromat!

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DEAR MRS. R. S.: The Federal Trade Commission has recently announced its intention to investigate not only health hazards to people employed in the manufacture of enzyme products but also a strong indication that skin irritations and rashes are resulting through home laundry use.

No need to throw away the clothes, enzyme residue can be removed quickly & easily. Place clothing in your washer. DO NOT add soap of any kind. Use clear water and add a cup of Miracle White Super Clean.

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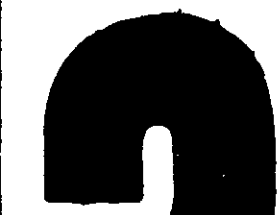
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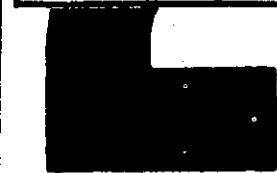
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According to the recreation experts at Mercury snowmobiles, there's a whole new world of trails being developed throughout the snowbelt, just for the enjoyment of you and your fellow enthusiasts.

No one knows for certain how many different trails exist, or totally how many miles they cover, because new routes still are being laid out at a frantic pace by Federal agencies in National Parks and Forests, by their counterpart state agencies on state-owned lands, and by individuals, snowmobile clubs and even commercial trail developers.

One comprehensive set of trail map books, for example, shows 186 major, marked trails in Wisconsin alone! Every snow state from Minnesota to Maine has a similar impressive number—while the Western states have fewer formal trails but more wide-open spaces for snowmobiling.

Either way, on marked trails or in open country, there's no

need to run the same familiar course every weekend. The snowmobile is a "goin' machine"—so go out and enjoy the fascinating variety of scene and terrain offered by the growing world of snowmobile areas open to everyone!

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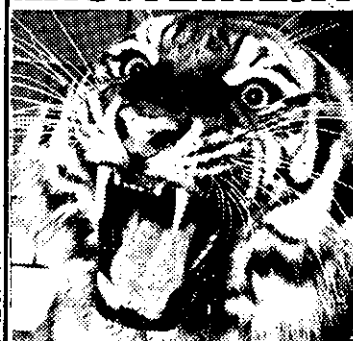
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Mississippi Gulf Coast history dates back 300 years, and yet this charming past is nestled among luxurious hotels, motels, restaurants, and supper clubs.

Golfing and fishing attract thousands of visitors seeking a warmer climate in which to relax after a long cold winter.

There are many new things to see and do all along the 26-mile sun-splashed beach on the new Mississippi Gulf Coast.



by Betty Grable

[This month, FUN WITH FOOD is proud to feature film star Betty Grable as guest columnist.]

Most of you enjoy cooking for the one or two men in your family—but can you imagine how it is to cook for 30 GI's who drop in, invited, but unexpectedly?



I've entertained and eaten with thousands of GI's and veterans from my "pin-up" days through a tour last year. While sharing one of those famous Army dinners with GI's, I invited some of the boys to come to my house for another meal when they all came home.

You can imagine my surprise when they phoned me one day more than a year later. There's a creative cooking challenge, I thought. What if I could turn good old Army beans into a dish to come home to?

Molasses and Beans

I served "Feed an Army" Party Beans—sweet but kicky with a good dash of Brer Rabbit molasses—plus all the bacon, franks, and burgers I

A bright cherry sauce in the month of February couldn't be more appropriate. Celebrate George Washington's birthday or commemorate National Cherry Month with this sauce. Serve it on all types of cakes, puddings or ice cream.

Cherry Sauce

1 (1-pound, 4-ounce) can red sour cherries

Water

1 tablespoon corn starch

¼ teaspoon salt

Almond extract

Red food coloring

Drain cherries, reserving liquid. Add water to liquid to make 1¼ cups. Mix corn starch and salt in saucepan. Stir in cherry liquid. Cook over medium heat, stirring constantly, until mixture thickens and boils 3 minutes. Remove from heat. Stir in few drops almond extract and red food coloring. Cool. Stir in cherries. Serve. Makes about 2½ cups.

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Health Hints



FROM BLUE SHIELD

Tuberculosis

About 100,000 Americans are walking the streets today with active infectious tuberculosis—and they don't know it. By the time the symptoms, such as fever, weight loss, and coughing appear, the disease has reached a point where control

is difficult. Because tuberculosis is so highly communicable, be sure you have an annual skin test and chest X-ray.

Charley Horse

Ever wake up in the middle of the night with a charley horse or cramp in your leg?

The best way to relieve such a painful cramp is to jump out of bed and stand on the cramped leg. Put your full weight on it and then vigorously rub the affected area. You'll feel the pain subside within moments.

Eyesight

Poor eyesight affects one out of every five children in our country. There are many clues that suggest defective vision. An eye examination and vision test is in order if your child blinks frequently, rubs his eyes, or squints. These examinations will determine if the child needs corrective lenses or some other type of treatment.



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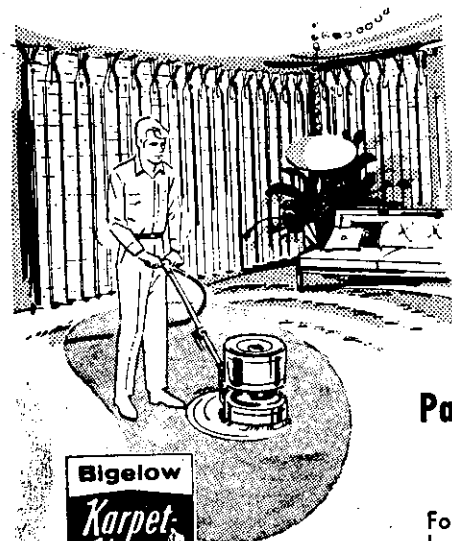
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and beans with 1/2 cup Brer Rabbit Gold Label Molasses, 1/2 cup chopped onions, 3 tbsps. chopped green pepper, 1 tsp. granulated garlic (optional), 1/2 tsp. salt, and dash black pepper. Arrange in greased casserole, top with 2-3 slices uncooked bacon, and bake in preheated 375° oven for 1 hour.



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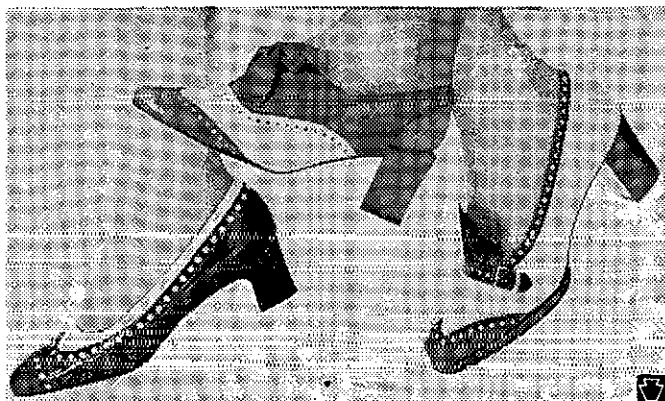
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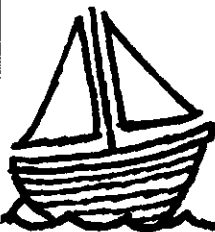


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EX 3-6884
 terms available

