

# LETTERS

Dear Sir:

Am assuming you wrote the editorial that appeared on the front cover of "Spotlight," July 6th, 1970 issue.

If you did not, would appreciate your directing this letter to the person who did. And if you did not write it, thank you for publishing it.

I, my husband and our youngster thank you for this editorial. We don't think what was said could have been said more sincerely, more beautifully, or more patriotically by anyone. For the three of us and this United States of America which we love so dearly . . . thank you.

Would you have reprints of "This Star Spangled Banner" available? If so, may we have most information, please?

Would like to enclose a reprint in every letter we write, in every bill we pay by mail.

Thanks again . . . And may God Bless you,

(Mrs.) Doris Feeley

Editor's Note: Thank you for your kind letter. "THIS STAR SPANGLED BANNER . . ." was written by Lemuel Houston, Fredericksburg, Va. 22401 and was reprinted from the "Postmasters' Gazette." Mr. Houston's name was inadvertently omitted when the type was set for the Spotlight. At the present time we have no plans for making reprints.

Dear Sir:

"There is a sickness in this land and that we love." Is this not what some of the "bums" on the campuses have been trying to say? It is a sickness that brings such an outstanding historian as Arnold Toynbee to say "To most Europeans America now looks like the most dangerous country in the world." It is a sickness where America is finally awakening to the horrors of My Lai but has not as yet been conscious of the guilt of the devastation wrought by bombing on other villages in both Viet Nam and Cambodia.

It is a sickness that misinterprets patriotism and that does

not recognize that justice, freedom and equal opportunity are for ALL.

A recent New York Times' editorial (May 8, 1970) said "It is time that more Americans recognized that their sons and daughters are asking the right questions — questions about poverty and prejudice, pollution and peace, that too many complacent adults have ignored or brushed aside in their selfish pursuit of the affluent life."

As we pursue the "Americanism as it was conceived by the founding fathers," let us remember that this nation came into being through a revolution led by young radicals who stated their grievances in the Declaration of Independence. Let us also remember that that document contains the same complaints of economic and political injustice which are being voiced by dissenters today.

As we demand "obedience to the laws of God" let us remember the summation of all these laws:

Matthew 22. 37 "Thou shalt love the Lord thy God with all thy heart and all thy soul and all thy mind" But also Matthew 22. 39-41 "Thou shalt love thy neighbor as thyself. On these two commandments hang all the laws and the prophets."

As we pray for guidance, let us also pray for a listening ear, a receptive mind and an understanding heart.

Yours truly,  
John M. Knighton

Dear Editor:

The cover on your July 16 Spotlight, was a wonderful thing to behold, as it is so very true.

I would like to shake the hand of the man or woman that had the strong will to express the truth. And put it in publication. It was just wonderful.

Mrs. Ann Brahm

To the Editor:

Thank you for printing the letter written by Mr. Philip K. Raeder, Jr., of Carolanne Drive,

# The Spotlight

CONTROLLED CIRCULATION PUBLICATION

VOL. XV, NO. 31

JULY 30, 1970

\$2.00 PER YEAR

\$ .10 per copy

Delmar, appearing on the front page of the July 9th issue of the SPOTLIGHT. This letter told of Mr. Raeder, having come along shortly after an orange and white colored cat had been struck and killed by an automobile.

I am not the owner of this animal, but it is heart warming to know that there are still people who have time to stop, investigate & bury an unknown cat. Then this gentleman took the time to set down and compose a letter to the Spotlight, in the interest of offering some peace of mind to the owner of this pet.

With the variety of struggles, protests, strikes, riots, violence and bad news carried by the daily news media, it's a pleasing commentary to read that a family cared enough to stop and try to assist what appeared to be an injured cat. Compassion seems to be a rare commodity in many neighborhoods today, I'm happy the Raeder's live in the Town of Bethlehem.

My personal "Thank You" to the Philip K. Raeder, Jr., family.

Kenneth P. Hahn  
North Bethlehem

## Bethlehem Babe Ruth Standings

7/22/70

Farm Family Insurance	7	2
Gallaghers	6	3
Coburn Ins.	5	5
Bethlehem Chamber of Commerce	4½	5½
Blue Cross - Blue Shield	3½	6½
Amscot Containers	3	7

## Firemen's Fair

The members of Selkirk Volunteer Fire Company #2 are completing their preparations for the 14th Annual Glenmont Firemen's Fair, to be held at Fire House Grove on the Feura Bush Road, Glenmont, on the weekends of July 31st-August 1st and August 7th and 8th.

The friendly firemen have dusted off the various games of skill, stockpiled a huge supply of prizes and decorated the grove, one of the finest in the area, for everyone's enjoyment.

The "Cook Shed," a favorite of all who visit the Fair will again feature a Clam Bar, Hot Dogs and Hamburgers with all the fixins, your favorite beverages and many other gastronomical delights. Homemade Pizza and Italian Sausage sandwiches will also be served daily.

The activities will be open from 7 P.M. until 11:30 P.M. each night, and there is plenty of supervised free parking for all who attend.

A special Chicken Bar-B-Que (A la Guertze) will be served at 5 and 6 P.M. on Saturday, August 8th. Tickets must be purchased prior to the 8th and will be sold at the Cook Shed during the Fair.

Plan now to attend one or all of the fair nights, and have a wonderful time relaxing with your friends and neighbors at this gala event.

## New Exhibit

The Town of Bethlehem Historical Association, located at Route 144 and Clapper Road at Cedar Hill will feature a new exhibit on Wool and Linen, from processing to finished product. Museum open Sundays only, 2 to 5. Free admission, August 2 to October 25.

Permanent display of Bethlehem antiques.



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## Goodbye, Dr. Moomaw

Residents of Bethlehem are invited to say "Thank You and fare well" to the man who steered the district's school system through stormy seas for the past six years.

Dr. Richard W. Moomaw, Superintendent of the Bethlehem School District, and his family will be honored at a community-wide reception to be held Thursday, July 30, from 5 to 7 P.M. in the Blanchard Post, American Legion Hall, Elsmere Ave. in Elsmere.

Dr. Moomaw has resigned effective Aug. 1 to become Superintendent of Schools in Clarence near Buffalo.

All citizens of the Bethlehem School District are invited to the reception, which is sponsored by local service clubs, veterans' organizations, parent-teacher associations and the high school student associations. Refreshments will be served.

Sidney Kaplan is chairman of the arrangements committee. Members of his committee are Kearney Jones, Alexander Woelfel, Donald Brossman, Gordon Morris, Richard Mattox, Benjamin Brewster, Lloyd Nurick, Arthur Young, John Hauf, Michael Bergan and John Cassidy.

## Summer Clearance Sale Continued!

	Reg.	Sale		Reg.	Sale
<b>Suits</b>	65.00	52.00	<b>Sport Coats</b>	45.00	36.00
(Slight charge for alterations other than waist & cuff)	70.00	56.00		50.00	40.00
	75.00	60.00		55.00	44.00
	80.00	64.00		60.00	48.00
	85.00	68.00		65.00	52.00

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**Outer Jackets 20% off**  
(NYLON)

**Sport Shirts 20% off**  
&  
KNIT SHIRTS

## Punkintown Fair

Punkintown Fair, New Salem Volunteer Fire Department's annual protest against gloom offers four nights of family fun during the consecutive week ends of July 31-August 1 and August 7-8. Activities begin 7 o'clock Fridays and 6:30 Saturdays on the grounds adjacent to the fire hall on Route 85A just a bucket brigade north of New Salem four corners at Route 85. Admission and acres of supervised car park

THE SPOTLIGHT is published every Thursday by Spotlight, Inc., 154 Delaware Ave., Delmar, N.Y. ROBERT G. KING, PUBLISHER (Controlled Circulation Postage Paid at Delmar, N.Y.) Deadline for news is Thursday afternoon, one week preceding publication; deadline for display advertisements is Friday afternoon.

THE SPOTLIGHT

ing are free. If a date is rained out the fair will resume August 14 and 15.

Punkintown Fair features games, goodies and rides to amuse and excite the tiny tot and great grand parents. Among the rides are an honest-to-goodness hook and ladder fire truck, ferris wheel, whip, "Punkintown Trolley" and Punkintown Naval Fleet." The games offer tests of skill and strength. Those for youngsters are easy but entertaining while those for adults range from easy to tantalizing. The good food and sweetmeats are planned to tickle the taste buds of gourmets and gourmands.

All attractions of Punkintown Fair are owned and operated by the volunteers. The proceeds from the fair are used toward the operating expenses of the fire protection service.

New Salem's volunteer firement claim Punkintown Fair Time is a good time to have a good time. They say, "Don't quack up, duck in for the fun of it."

**It's Ready**

The 38th Edition of the Tri-Village Directory is now ready for delivery!

The directory is a community service and, hopefully, a money-making project for the First Methodist Church of Delmar.

Printing cost for the Directory is approximately \$2.25 per book. Add, to that, the volunteer efforts of about 300 members of the church!

Do not misplace your copy! If you do, the church office has extra copies for a \$5.00 donation. The map will show more changes this year. Would you like to have one in your car? They are available for a \$1.00 donation.

Workers are happy to receive a donation of any amount for the Directory when delivering them to the homes. They are not selling them. Of course, the church hopes that everyone enjoys the little book and will be generous.

**To Strike?**

There were no surprises staged at the recent legislative hear-

ing over Bethlehem teacher negotiation impasse.

Both sides performed as expected, reinforcing the brief of several teachers that a strike will result in September.

Representatives of the Bethlehem Central Teachers Association (BCTA), who had earlier dismissed the hearing as "a farce and a joke," were not proved wrong.

The state's Taylor Law prescribes that the judge of the hearing be the school board, yet the board of education is the teacher's only negotiating opponent.

Audience participation in the hearing, held in the senior high school cafeteria, was not allowed. Thus, the approximately, 70 persons present, most of them teachers, looking on with occasional raised eyebrows and titters.

Before them, the opposing negotiators waged a restrained battle of semantics.

Daniel McKillip, a crewcut field representative of the New York State Teachers Association, frequently requested "clarification" of remarks made by board negotiator, Superintendent Richard Moomaw.

His opening statement for the BCTA urged adjournment of the hearing, but the motion was quashed by school board member Lindsay Boutelle, who chaired the hearing.

At meeting's end, Mr. McKillip said, "We (the BCTA) object to the whole process here on the basis that it is not an impartial hearing. It is a farce. Its purpose is only to comply to the strict provisions of the law."

Teacher negotiator Gordon Molyneaux, a social studies teacher, charged the board of education with "hiding behind the law."

School board officials acknowledged the purpose of the hearing was to conform with ritual of the state law, which has caused similar teacher reaction in other school districts.

The law requires both parties in the dispute to explain their positions regarding a fact-finding report made by the Public Employment Relations Board (PERB). The PERB fact-finder, Louis A. Rosasco of New York City had made several recommendations aimed at resolving

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On the other hand, if you want to keep saving, you don't have to do anything.

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The Bank: DELMAR / ELSMERE\* / BECKERS CORNERS (Mondays, Wednesdays 9 to 11 a.m.) / BERNE (Tuesdays, Fridays: 3 to 5 p.m.) / WESTERLO,  
(Mondays, Wednesdays, Noon to 2 p.m.) \*EXTRA SATURDAY HOURS, 9 A.M. TO NOON

the dispute.

His primary suggestion - that Bethlehem teachers be granted an across-the-board salary increase of seven per cent, fell short of the 10 per cent hike requested by the BCTA. Presently, the starting salary is \$6,800.

Other PERB recommendations, all of which were endorsed by Dr. Moomaw, were deemed unacceptable by the BCTA. Motions by teachers to resume negotiations over disputed issues were denied by the board of education.

Teacher discontent in Bethlehem - long a prestigious school district - is compounded by the feeling many teachers have expressed that the board of education is slow to implement new programs.

A series of recent community disputes over its schools included several school budget battles and an imbroglio over a controversial principal.

Chairman Boutelle would give no specific date for the board's decision on the hearing. He said it would be made in a "reasonable

time."

## Scholarship Winner

Sydney R. Jones, 18, of Delmar, has received the first Gene Robb Journalism Scholarship Award of \$1,000.

Miss Jones, daughter of Mr. and Mrs. Kearney Jones of 51 Montrose Drive, and an honor graduate of Bethlehem Central High School, plans to use her scholarship at New College in Sarasota, Fla.

The Robb Scholarship was established by friends of the late publisher of Capital Newspapers who died Aug. 18, 1969, to honor him and help those who want to pursue careers in journalism. Contributions still may be made to the scholarship fund through Capital Newspapers.

In making the scholarship presentation, Mrs. Robb said both she and her late husband believed that "newspapers must entice, inspire and hold the very bright-

est, hardest working and practically idealistic of the young" so that newspapers can remain the vital force they should be.

"Hopefully," Mrs. Robb added, "this scholarship program will speed a burgeoning editor, publisher or reporter on his or her way to making sure that tomorrow's newspapers - like today's - are accurate, honest and courageous. Gene Robb would have liked that."

Miss Jones, who will study journalism and political science in college, was a National Merit Scholarship finalist and a Regents Scholarship Winner.

The first winner of the scholar-

ship is interested in political reporting. Miss Jones said she was "thrilled and pleased" with the scholarship. She won the Syracuse University Press Institute scholarship offered by Capital Newspaper's last summer.

Miss Jones was editor of her school newspaper, the Bethlehem Star, a judge on the school's Student Court, and vice president of the Honor Society. She was one of five student reporters chosen last November to cover the New York State Secondary School Administrator's Conference at the Concord Hotel.

As a result of the scholarship award, Miss Jones is serving this

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summer as an editorial intern at The Knickerbocker News.

The scholarship committee which made the selection included: Robert J. Danzig, publisher of Capital Newspapers; Mrs. Robb, Robert G. Fichenberg, executive editor of The Knickerbocker News and Union Star; and John J. Leary, executive editor of the Times-Union.

**Les Enfants  
C6ming**

Here we are again, all set for another great "Evening on the Green" at the Bethlehem Public Library. "Les Enfants," award winning and popular barbershop quartet, will take over the show. Considering all the honors they have won in the S.P.E.B.S.Q.S.A., Inc. (you do know what that means, don't you - Society for the Preservation and Encouragement of Barber Shop Quartet Singing in America, Incorporated)

and the heavy singing schedule they handle, the library knows it is lucky to get them.

One of the nicest things for spectators in the running patter and commentary offered by members of the group. They are all witty and what they say is often informative. After all, barbershop singing isn't just four men standing up and offering any old song. Bob Daniels, bass; Tom Cogan, baritone; Dave Price, tenor; and George Bleezarde, lead, make up the group. Come and have a wonderful time with them on Tuesday, August 4, at 8:00 P.M. (P.S. Mr. Cogan is hoping he can persuade one of the group of women barbershop singers to come along, too. We can't promise but we can hope. Anyhow the evening will be one of the pleasantest ever).

**New Head**

Raymond J. Chapman of New

THE SPOTLIGHT

Baltimore who was recently named acting principal of the Ravena - Coeymans - Selkirk Central School, has been chosen chairman of the area's Youth Direction Committee.

Mr. Chapman, former vice principal of the junior-senior school, replaces Dr. William E. Hunt in both posts.

The new committee chairman has appointed a board of directors for the organization, which meets once-a-month to discuss problems concerning area youth.

The new board is composed of law enforcement officials, town and village officials, school administrators and State Police officers.

It includes: Justice Sylvester J. Albano of Ravena, Chester Tompkins of New Baltimore, Edward Jones of Coeymans, Ravena Patrolmen John Domani-co and Ravena Mayor Raymond Bailey.

Sgt. Roger Sevilla of the State Police will continue as secretary and police chief of the Town of Coeymans, Kenneth Schermerhorn continues as treasurer.

The first meeting of the Youth Direction Committee will be held in late September.

### Master Plan Survey

A door-to-door survey starting off the two-year 701 Master Plan has begun in the Town of New Scotland and Village of Voorheesville.

The survey is being conducted by Environmental Consulting Group Inc., a Hanover, N.H., planning consultant firm engaged by the town and village to help put together a comprehensive plan. The survey will take about a month to complete planners estimate.

A survey taker will visit each resident and business with an information sheet, similar to those used in the recent federal census. Separate sections have been included for agriculturists, industrial and commercial enterprises, public buildings, and part-time residents. Answers given will remain confidential



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# The Light Touch



By Bob Jackson

Give a dandelion an inch, and it'll take a yard.

\* \* \*

Charity: a generous impulse to give away something we have no use for.

\* \* \*

The average golfer just putters around.

\* \* \*

Bachelor: a man who wouldn't take yes for an answer.

\* \* \*

Trouble with being punctual is, people think you have nothing more important to do!

\* \* \*

One thing that IS important: paint for your home - Call us!



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**COOPERATING PLANNERS** — Officials involved in the master plan project for New Scotland and Voorheesville look over a federal contract giving the communities \$13,400 to develop a long-range comprehensive plan. They are from left: Kurt Anderson, head of the Voorheesville Planning Commission; Robert Husband, chairman of the New Scotland Planning Board; Richard Boos of the Capital District Office, Office of Planning Coordination, and Hans Klunder of Environmental Consulting Group Inc., a private consultant firm.

Photo by Newcomb

A separate questionnaire concerning the direction to be taken by the community in future years will be left with each family to fill out at leisure. The questionnaire asks how Voorheesville and New Scotland can be made a better place to live, and what types of housing and recreational facilities are needed.

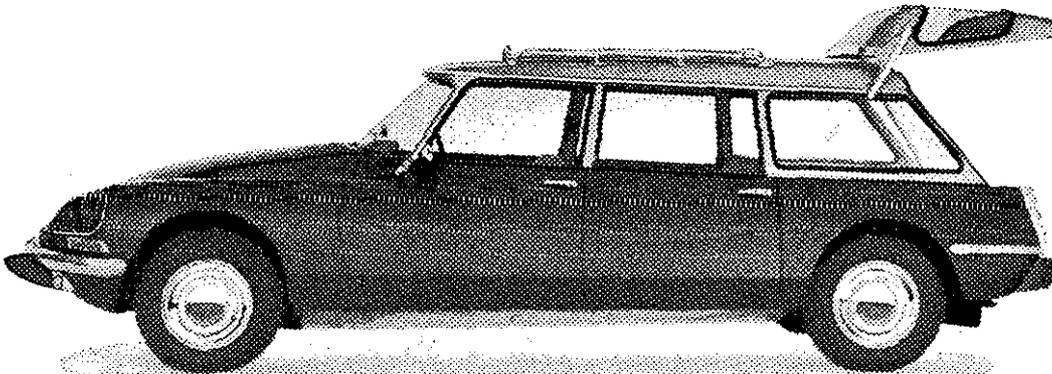
The survey will be the first step in phase one of the master plan project, which is designed to set up long-range planning goals, zoning laws, and subdivision regulations for New Scotland and Voorheesville.

Financing for the \$20,000 program will come from the federal government, \$13,400; state government, \$3,300, and local government, \$1,700.



Spotlight Classifieds  
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## Craft Day

The Catskill Valley Historical Society which was 'born' in 1961 and has over four hundred members at the present time will sponsor a Craft Day on July 25th at the Church Hall of St. John's Church on Rte. 81, Greenville from 10 A.M. to 5 P.M. About twenty crafts of bygone days will be demonstrated; such as wood carving, crewel, embroidery, Early American stenciling, corn husk dolls, fly tying, canoeing, timber hewing, decoupage, pressed flowers, making cheese and butter, dry stone walls, braided rugs, reverse painting on glass, working with herbs, rush seats, maple syruping . . . and a blacksmith.

There will be an Old Country Store where one can reach back in time as he reaches for the penny candy and old fashioned cookies, as well as home-baked bread. There will also be snacks and beverages available.

The holder of the lucky number to be drawn that day will receive a patchwork quilt which has been valued at about \$250. The lovely quilt will be on display as ladies from the Knox (NY) Reformed Church will put the finishing touches to it. Ina Beebe, Lottie Hane, Vertie Gibbs, Veretta Quay, Helen Coute and Dorothy Irwin will be demonstrating their skill with the needle that day.

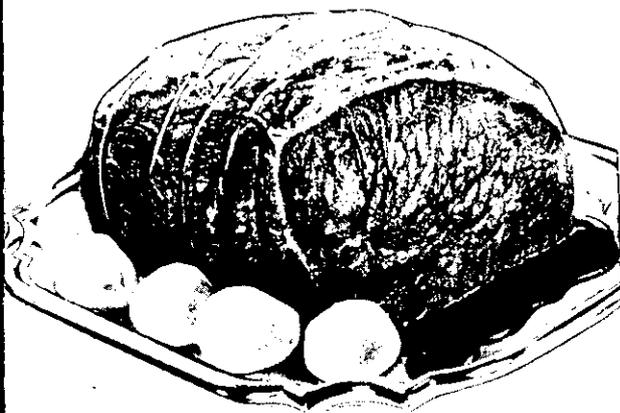
A donation of \$1.00 will further the work of the Catskill Valley Historical Society whose purpose is to perpetuate and propagate the cultural and natural heritage of the Catskill Valley. A membership card admits the bearer free of charge. The young folk under twelve accompanied by an adult are also admitted free.

## Winner

Karen Dolid, 13 1/2 year old daughter of Mr. and Mrs. Paul Dolid, 8 Reid Place, Delmar, won a pennant award for the 'biggest' hat in a Madhatter's Contest at Holiday Ranch Camp for Girls. Her creation had a siamese theme, i.e. spaces in the one hat for two heads — that space was used by her co-winner, Dolores Pezzuoli of Brooklyn. Mrs. Kelly

# TENDER GOOD-EATING

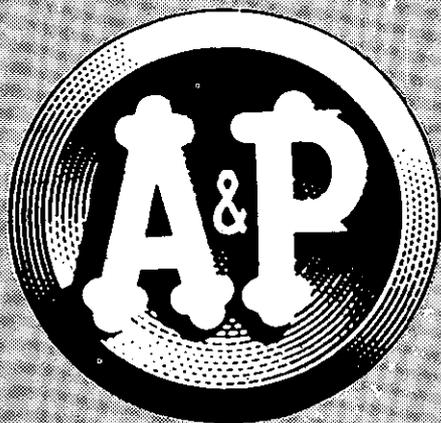
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"SUPER-RIGHT"

**GROUND ROUND**

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OSCAR MAYER PICKLE & PIMENTO

**LUNCH MEAT**

8 oz. pkg. **59¢**

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**BOLOGNA**

ALL MEAT

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**BOLOGNA**

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1 lb. pkg. **48¢**

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64 in. pkg. **69¢**

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2 roll. pkg. **31¢**

**Cantaloupes**

CALIF. 36 SIZE

**3 for 89¢**

**Blueberries**

PLUMP LUSCIOUS

**3 pt. \$1.00**  
baskets

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JANE PARKER 10 OZ.

**Frankfurter Rolls**

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A&P FABRIC SOFTENER

**SOFT RINSE**

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Harris, owner of the Ranch, reports the hat was runner-up in the 'most original' category of the contest also. Other categories in the contest were the funniest, most functional, weirdest and the smallest. Karen has further dis-

tinguished herself as runner-up for the Spelling Bee Championship at camp. This June, Karen completed the 8th grade at Bethlehem Central Jr. High School. She returned from camp July 19th.

## View From The Starting Gate

During more than 30 years, 25 of them in New York, as an assistant starter and sometime starter, Harry Palmer has learned a lot about the psychology of the Thoroughbred, particularly in the tense moments before a race.

Wiry and weather-beaten, Palmer is chief assistant starter at Aqueduct, Saratoga and Belmont Park. With his crew of seven other muscular, agile, assistant starters, Palmer gets the field into the gate for Starter George Cassidy to send away as swiftly as possible, in most cases in a matter of seconds.

But Palmer's keen insight into the Thoroughbred's mental processes hasn't been enough to shield him from the hazards of his occupation. Most horses are mannerly at the gate, but even the most co-operative can unwittingly kick an assistant starter bustling around him, step on his foot, or slam him against a stall partition.

"I've learned," Palmer said recently at the Big A, "that when a horse at the gate starts rolling

his eyes, he's scheming, and you'd better watch out. You have to distract him real fast or he'll go through with his little plot. It could be almost anything, like lashing out with his heels, sitting down in the gate, or uppercutting you with his head when you're on the ledge of his stall.

"I've been hit everywhere but on the bottom of my feet, mostly in the old days on the smaller tracks. Horses today are generally better behaving. I've had my

nose broken along with other fractures, and once I left the top of a finger in the gate. In this business, you've got to be as fit as an athlete and move fast."

Palmer noted that a jockey's stirrups can be dangerous to an assistant starter perched on a stall ledge. When the door's open and horse and rider come flying out, the stirrup can crack the assistant starter's ankle or shin if he doesn't pull them out of the way quickly enough.

"Thoroughbreds," Palmer observed, "are smart and think logically from their point of view. Take a horse who refuses to break out of the gate. First time he does it, it could be due to some unusual circumstances. He sees the rest of the field leave without him and finds he doesn't have to knock himself out running this time. So he starts thinking, 'hey, this isn't such a bad racket, getting left.' Next time out, he deliberately refuses to break so he won't have to run — and he's got the habit."

Getting a race field into the starting gate is only part of the duties of Palmer and his men.

From 7 to 9:30 A.M., they conduct schooling classes out of the gate. The special tutoring is for horses listed by Cassidy because of previous starting gate problems and for all two-year-olds before they are certified to start in a race. The ones who get consistently bad reports may be barred.

Contrary to popular belief, two-year-olds, in spite of their greenness, generally get away to better starts out of the gate than smart older horses who begin scheming and figuring ways to get out of running. And first-class horses are usually more amenable at the gate than lesser ones.

So unobtrusively do Palmer and his men work that it looks easy. Actually, in addition to the danger involved in mingling at close quarters with the horses, the assistant starter must keep in mind the peculiarities of each horse and his starting gate preferences.

Palmer has a "book" on thousands of horses who race at the NYRA tracks and the trainers of newcomers brief him on their idiosyncrasies. Some horses have



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to be led into the gate, some "loaded," or pushed from the rear; some cajoled, some left strictly alone.

Before the race each day, Palmer marks his program to note the horses needing special attention, and his crew mark their programs accordingly.

"H" means that a horse needs "handling" - an assistant starter to keep him straight in his stall or help him in other ways. "T" (for tail) means a horse with a penchant for sitting down in his stall. "OD" denotes a horse wants his front stall door open and he won't go in from the back. "B" means that the horse has to be backed into the gate, "S" that he's inclined to break slowly and needs a man behind him. And there are other such notations.

A native of Arlington, Va., Palmer started galloping horses in 1928 after attending Randolph-Macon, where he started as a sprinter on the track team. Too big to seek a career as a jockey, he began working as an assistant starter in the mid-30's under the tutelage of Harry Morrissey, famed racing official and father of John T. Morrissey, director of horsemen's relations for the NYRA.

While working at Tanforan in California, Palmer did some running of his own - for money. A near-10-second man in the 100-dash, he won a number of match races. "One time," he recalls, "I beat the champion of Oklahoma and got \$500 for my end." He worked in Chicago and Detroit before joining Cassidy's staff in 1944.

The Thoroughbred mind never ceases to enchant Palmer. He tells this story to illustrate the horse's elephant-like recall of lessons learned:

Before he came to New York, Palmer was assistant starter at a track which had an older horse who adamantly refused to break. He was barred. Six months later, his trainer brought him back and announced that he was cured of his bad habit.

"What I did," the horseman said, "was stand behind him with a few ice cubes in my hand, holler, and toss the ice at his tail. He learned to get out of the gate like a flash when I did that..."



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"You've got to be nuts," Palmer interrupted, "to think you'd be allowed on the track to stand your horse in the gate and holler and throw ice cubes at his tail."

"I know that," the trailer said, "but now I want to try him just hollering, without the ice cubes. He's conditioned to think the ice is coming when I holler. Let me show you."

Out of curiosity the starter allowed the horseman to stand back of his balky charge one morning with a couple of other horses in the gate for schooling. As the gate opened, the man screamed at his horse. The other horses got away in great shape, but his horse just stood in his stall.

"That horse," Palmer recalls, "turned his head around and looked back at his trailer in disgust. If he could talk, I know exactly what he would have said - 'You forgot the ice, you dum-dum!'"

Don't forget: Opening day at Saratoga is Monday, August 31!

## Car Wash

Concern was evident at two Bethlehem Zoning Board hearings over two proposals to alter zoning regulations to permit construction of an Elsmere automatic car wash and erection of a revolving gasoline sign in Slingerlands.

Bethlehem Town Justice Robert Rice made the initial presentation in favor of the car wash, to be located northwest and to the rear of Del Lanes, a large bowling establishment situated on a large plaza off Delaware Avenue. Owner John Gerrman who initiated the car wash proposal (he owns a similar operation in South Glens Falls where he said "the community is delighted with it") was there to support the proposal.

Judge Rice said the car wash site is "an ideal location" and far from residential areas, churches and schools. Noise would be no louder than that of a passing auto and traffic to and from the wash area will not be hazardous, its supporters claim.

The operation would be daily with an estimated capacity of

20-30 cars per hour being cleaned, mostly during peak hours or the weekends, it was noted.

The motorist would remain in his auto during cleaning, all water used would be recycled for repeated use, and there will be no problem of "unsuitable personnel being employed there. It is a one-man operation, with a high school boy assisting during rush hours, it was explained.

One resident, however, who has already spent a year in court battling over a right of way for her home on a small, dead-end street adjacent to the large bowling plaza and bank, said cars cutting from the wash area to get to Delaware could create more than the present hazardous condition in the vicinity.

## Step-up Efforts

In an effort to provide adequate first aid for accident victims on farms and highways, the American Red Cross has intensified its efforts to train people in first aid.

"The long-term goal of Red Cross first aid training is to have at least one member of every family trained in first aid procedures," said Raymond J. Albertini, volunteer chairman of first aid programs for the Albany Red Cross chapter. "In the rural setting, medical facilities often are not available, making it imperative that first aid be given at the scene."

Emergency medical transportation and first aid care arrangements have been secured in some areas with law enforcement officers, firemen and ambulance drivers, he said. However, more important is the skill of the person who is on the scene.

Each year approximately 7,500 persons who live on farms lose their lives in vehicle accidents, work accidents and in the farm house.

Farm residents, both young and old, trip, stumble and break bones, get bruised, cut and caught in machines. Many others accidentally shoot themselves or others, drown, suffocate, get burned.

Thousands of children are injured and killed in farm accidents

... tragedies that could have been prevented by keeping children safely out of the work area and off farm machinery.

Farm equipment can be dangerous when not properly handled. Workers can get tangled up in moving parts that aren't adequately shielded. A moving vehicle's speed should be adjusted to ground conditions avoiding ditches, steep hills and obstacles.

"Safe practices and utilization of protective devices are necessary to keep a farm operating in high gear, on schedule and free of the disruptions and losses accidents can bring," said Mr. Albertini. "Safety measures and first aid knowledge save lives."

There has been a rapid increase in the number of farm ponds and deep irrigation ditches thus creating another hazard on the farm.

"Every farmer should install a safety post beside each farm pond or swimming pool. A reaching pole, such as a bamboo fishing rod, is connected to a four-by-four post as is a small inflated tractor innertube with a line of rope attached, so that the innertube can be thrown to a drowning victim," Mr. Albertini said. "However, the best safeguard against drowning is knowing how to swim."

"Rural homes contain essentially the same hazards as those in the city, but because of the distance of rural residences from medical help it is even more important that members of the family be trained in first aid," the first aid chairman added. Common causes of falls include stairs, loose rugs, exposed extension cords, wet floors, poor lighting in dangerous areas and tripping over obstacles on the floor or ground.

Nearly 70 percent of motor vehicle accidents occur in places classified as rural and the night rate is two and a half times that of the day rate, according to the National Safety Council. "Many of these deaths may have been averted if someone had administered first aid within four to six minutes after the mishap," Albertini concluded.

## Household Insects are Active

Now that we are in the middle of summer we notice that insect pests are finding their way right into the middle of our homes! Insect pests can be found in the cupboards, pantry, basement and you name it. A few of the common pests such as red ants, cluster flies, roaches and flour and grain beetles and their treatment are discussed below.

Red Ants can be controlled by spraying baseboards, cracks and out of the way places with chlordane. If the areas of infestation are animal places or food storage or use substitute the organic chemical pyrethum for chlordane, which is less toxic around food.

Buckwheat flies (Cluster flies) these are flies that can be controlled using the chemical Ronnel. This is sprayed around windows, especially before attaching storm windows in the fall. Hang Vapona plastic strips in the attic to catch the flies.

To control roaches, spray Ronnel under the kitchen sink and in damp places in the bathroom.

This office has also been plagued with calls concerning flour and grain beetles. If you have noticed these small beetles in your flour or cereals discard the food and store a fresh supply in a tight container. To treat cupboards, remove all contents and spray or paint the inside of the cupboards with a solution of malathion and water. Let this stand for a few days, then thoroughly wash the cupboards and replace the contents.

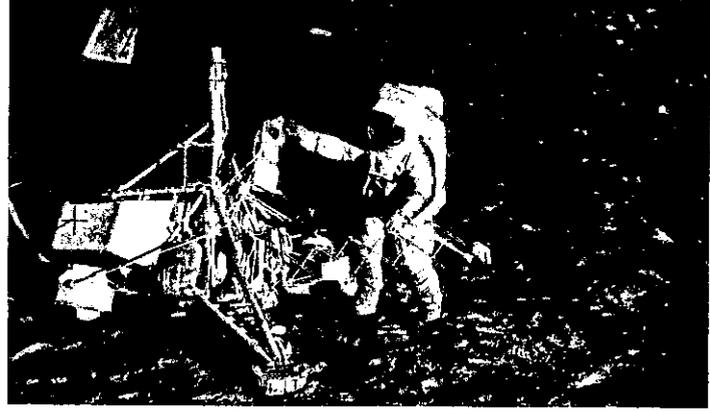
For more information about these and other insect pests write to the Cooperative Extension Association of Albany County, Agricultural Division Room 209, Federal Building, 441 Broadway, Albany, New York 12207.

## Family Camping

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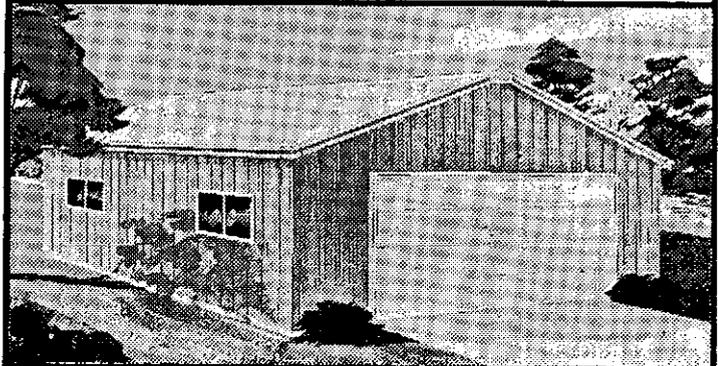
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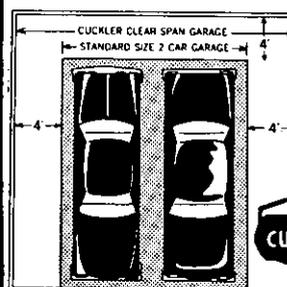
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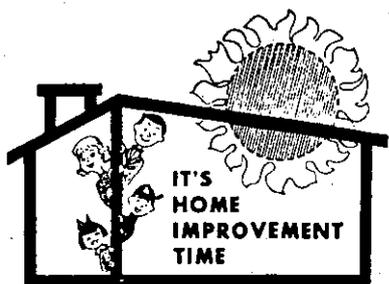
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ected environment of national parks and other established areas.

"However," said James H. Carnahan, director of safety programs for the Albany Area Red Cross Chapter, "potential camping accident hazards do exist in such things as automobile travel, in heating and cooking equipment, location of the camp, and animals and plants in the area. To assure a happy and fun trip, knowledge of first aid and water safety training is essential."

Novice campers, he added, should consult an experienced camper for advice on organizing an outing. A checklist of necessary equipment and supplies can help to eliminate confusion, and trying out the equipment in the backyard before you go helps to insure proper functioning at the campsite.

"Danger of automobile accidents enroute to the site is the greatest hazard facing the camper," Carnahan indicated. "Check the condition of the vehicle, car or camper, for properly functioning brakes and lights and the safety of tires. Follow the rules of highway safety: wear seatbelts, drive defensively, change drivers every two hours or stop at two-hour intervals for a break."

If a trailer hitch is used, he said, be sure it is welded or lock-nut bolted to the car frame, but don't use a bumper hitch because it isn't safe for highway speeds. Gear should be packed so that it is accessible but doesn't block the drivers vision.

When selecting a campsite, stay away from swampy, low areas, cliffs, streams with swift currents, or trees with large dead limbs which could blow down and injure a camper. When near the water, all persons should follow the basic swimming and boating safety rules.

Campers shouldn't drink water found in the area unless its purity has been determined. To be safe, always carry your own water supply. Perishable foods should be kept in ice chests and spoiled food disposed of so that a pet or wild animal can't get to it.

Fires are the second danger for the camper. When building a fire, clear the area down to the



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soil and make a pit by banking the fire areas with stones or dirt. The fire should be located downwind from the camp. To avoid serious burns while cooking use tongs or pliers or cotton gloves when handling hot pots.

Let fires die down when extinguishing them; soak the embers with water, then stir the ashes and soak them again. When the ashes are out, cover the area with dirt.

Another threat to the camper is serious injury from edged tools: the sheath knife, axe and saw. These tools should be kept sharp, encased and stored in a safe place when not in use.

Animals and snakes generally are not aggressive and become dangerous only when they think they are threatened. Stay away from animals but know first aid techniques should a member of the camping group be bitten.

"People," Carnahan concluded, "should be aware of the potential dangers of camping and be equipped to handle them. At least one member of the group should know first aid."

## Like Auctions?

Interested in purchasing land? Do you enjoy auctions?

If so, attend the public auction by the New York State Office of General Services of six parcels of vacant land to be held on August 5, 1970 at 10:30 A.M. at the Herkimer County Courthouse.

This is an opportunity for anyone interested in owning a building lot for investment or development to bid on either of two suitable parcels. One parcel is located on Maple Avenue in the downtown area of the Village of Herkimer and the other on West Lake Extension near Mirror Lake. Bidding will start at \$150 and \$200 respectively. There are also two other lots, one in Ilion, Fairview Park, at \$150 and one just outside of Mohawk with an upset price of \$50.

For those interested in a summer camp, family recreation spot or a place to park a camper, there is a one-half acre lot on the north side of the stream outside of Ilion about two miles up Ilion Gorge. The entire gorge area is very un-

developed and remains virtually a nature preserve. The lowest acceptable bid is \$150.

Approximately one mile southeast of Utica on Albany Street, a seven acre lot on the southside of the road is also available. This lot is at a steep grade but is a large area and affords a beautiful view. The area is sparsely settled and will give someone a chance to have a spot with a rural environment yet not far from the city. Bids will start at \$150.

The State emphasizes the necessity for a personal inspection of each parcel by any prospective bidder. Maps of the lots and further information concerning the auction may be obtained by contacting the Bureau of Surplus Real Property, Office of General Services, 143 Washington Avenue, Albany, New York.

## Conservation Comments

By Paul M. Kelsey  
Regional Conservation  
Educator

### Careers in Conservation

Every few days someone knocks on my office door to find out about the possibilities of a career in Fish and Wildlife Management. Generally they fall into two classes: first are high school students who are looking toward the future and are anxious to learn not only what type of work is available, but what kind of training is needed to prepare themselves for it. It is a pleasure to give these boys and girls what help I can.

The second group I dread, by comparison, for they are men who have been out in the world for several years and have gotten tired of the routine of an inside job. Their primary qualification is that they love to hunt, fish and do related outdoor activities.

Love of the outdoors is a vital qualification for a Fish and Wildlife Management Career; however, it has to be backed by some other training or experience. Many of these men are well qualified to do the heavy work of conservation connected with land management. Farm work, construction work, logging, surveying, machinery maintenance,

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all have direct values in conservation work. The men already doing these jobs for conservation agencies like their work so the turnover is very slow. Under the reasonable stable budgets that have been maintained in recent years, this means few openings.

To get into the professional or technical level of employment, one must have some advance training, pass a civil service exam, and be in a reachable position on the civil service list. A boy or girl interested in a conservation career should start his planning early enough in high school so that he can get into the best school to continue his training.

Not everyone can make it into one of the colleges like Cornell or Syracuse which have four-year courses in some type of natural resource conservation. Two-year schools, like Morrisville and Paul Smith's, have good programs to turn out well-qualified technical graduates. Among the community colleges, the Community College of the Finger Lakes is planning to open a natural resource conservation course this fall designed to prepare graduates for technician positions. Proof of ability at one of these schools is another avenue to the four-year college.

The New York State Ranger School at Wanekena is a one-year school that turns out graduates who are in great demand as rangers and forest industry technicians. This, too, can be a stepping stone to more advanced schooling.

Often the high school student is surprised to find how relevant are some of the courses that had appeared to him to be of no value in an outdoor career — such as mathematics, chemistry and, particularly, English. Without good understanding of math, a boy is a dead duck trying to understand surveying, the dynamics of forest growth and measurement, or interpreting the data gathered about fish and wildlife populations.

Fish management has graduated from dealing only with fish and now one of its most important aspects is the protection of the total environment in which fish live — the water. Chemistry

is vital to determine the quality of water both for fish and man, and in pinpointing sources and causes of pollution.

English? What use could that be? The day has passed when a worker in the field of conservation can keep his nose to his own little grindstone and not get out and meet the public and try to sell environmental preservation. Along with writing and public speaking and other means of getting the word across, such as photography and making exhibits. One manifestation of this change is that a new Conservation Officer now must have two years of college training. No longer is he just a "game cop." More and more of his time is spent explaining laws so that the public understands "Why" and cooperates voluntarily.

Those interested in more information on "Planning a Career in Fish and Wildlife Management" can get a brochure by that title by writing the Department of Environmental Conservation, Box 1169, Cortland, New York 13045.

**"His Land" at Pinnacle**

"Peter, Lovest Thou Me" is the title of the colorful concert to be presented Saturday, August 1st, at 8 P.M. by the Pinnacle Choir.

"His Lane," a color film by the Billy Graham World Wide Pictures will be shown Tuesday, August 4th, at 7:45 P.M. at Camp Pinnacle near the TV towers on Pinnacle and Beaver Dam Roads in the Helderbergs. The one hour picture of Israel relates today's events to prophecies of the climatic end of this age. Music is conducted by Ralph Carmichael.

Dr. Elmer Murdoch, Pastor of the OMAHA Gospel Tabernacle, will speak daily, Sunday thru Friday, Aug. 2-7, at 11 A.M. and 7:45 P.M. at Pinnacle Camps. His topic Sunday morning will be "Our Circumstances: Meaningful or Miserable." All services are open to the Public free.

Meals including the Saturday smorgasbord, are available if reservations are made one hour in advance at Camp Pinnacle, phone # 872-1053.

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**Club Buys Airport**

The 30-acre airport at Duanesburgh, Intersection of Routes 20 and 7, has been sold to the Helderberg Flying Club.

President Tom Wolfstich announces that the group has a five-year plan to develop the airport into one of the finest small airports around. Plans include:

Longer runway, lights, hard surface, unicom, hangars, pilots' lounge and rest rooms.

The club hopes to operate the airport year-around, with full-time, fixed base operations — including flying school, repairs, fuel, etc.

**Annual Sale**

The Grand Union Company's Sixth Annual "President's Sale" their special customer "thank-you" celebration will be observed this Summer from Sunday July 26th, thru Saturday, August 8th, 1970.



Charles G. Rodman

Mr. Charles G. Rodman, President of the Grand Union Company, officially announced the date recently in a special letter to Mr. Ralph D. Lytle, Vice President and General Manager of the Empire Division.

Mr. Rodman stated that Grand Union Supermarkets in Massachusetts, Vermont, Sharon, Connecticut and Claremont, New

Hampshire, plus all up-state New York Grand Union's from Poughkeepsie to the Canadian Border would set aside the two week period to show their appreciation to their customers.

This year during the President's sale, more extra-special bargain prices will be in effect throughout our supermarkets than ever before; Mr. Rodman stated. "All of our stores will be sparkling clean and stocked to capacity with garden-fresh fruits and vegetables, top quality meats and poultry, frozen foods and dairy products and extensive displays of the finest grocery products."

Mr. Rodman extends a cordial invitation to everyone to visit their local Grand Union Supermarket during these two weeks of special sales. Mr. Rodman emphasized that "The President's Sale" is for the customer, and we know they will enjoy the low prices and extra bonus stamps as well as Grand Union's traditionally courteous, friendly service."

Mr. Rodman said he hoped to have the opportunity of personally meeting with customers in some of the 135 Empire Division Supermarkets during this outstanding time.

Mr. Rodman is no stranger to the up-state New York and New England area. He received his early education in Binghamton and Albany, New York. He is a graduate of Albany Academy where he was a very active participant in sports and Captain of the Cadet Battalion.

Mr. Rodman began his career as a part-time summer employee on both store and warehouse levels, and upon completion of his education began his full time employment with Grand Union.

Grand Union Company at present is experiencing one of the greatest periods of expansion in its 97 year history . . . and this "President's Sale Campaign" comes on the head of the recent openings of several new Empire Division Supermarkets and remodeling of a vast number of existing stores.

Grand Union is currently operating 567 Grand Union Supermarkets and Grand-Way General Merchandise Stores in eleven

**MAKE YOUR**

**FOOD SAVINGS COUNT**

**SHOP HERE**



# STOCK UP AND SAVE PRESIDENT'S

(VENDOR COUPON M R & D)



**FREE!** ONE GIANT SIZE  
1 PT. 6 OZ. BOT.  
**IVORY LIQUID  
DETERGENT**

WITH THIS COUPON AND THE PURCHASE OF  
ONE 1 PT. 6 OZ. BOT. AT REGULAR PRICE!

COUPON GOOD THRU SAT., AUG. 1      COUPON VALUE 39¢

**(LIMIT 1-PER CUSTOMER)**

(CLIP & REDEEM)



**HELLMANN'S  
MAYONNAISE**

**SAVE UP TO  
26¢**

1 QT. JAR      **49¢**      WITH THIS COUPON

COUPON GOOD THRU SAT., AUG. 1

**(LIMIT 1-PER CUSTOMER)**

**FLUSHABYES  
DISPOSABLE  
DIAPERS**  
(TODDLER SIZE)

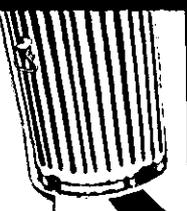
20 GAL. GALVANIZED  
**GARBAGE  
CANS**

**WHITE - 9"  
PAPER  
PLATES**

**GRAND UNION  
SALTINE  
CRACKERS**



**189**  
SAVE UP TO **60¢**



**199**  
SAVE UP TO **50¢**



**79¢**  
SAVE UP TO **20¢**



**19¢**  
SAVE UP TO **6¢**

**MORE BIG PRESIDENT'S WEEK VALUES**

**NATIONAL BRANDS**

- LAND O'LAKES BUTTER 1 LB. PKG. **79¢**
- CHEESE SPREAD 1 LB. PKG. **67¢**
- VELVEETA KRAFT 1 LB. 2 1/2 OZ. PKGS. **1.00**
- DUNCAN HINES CAKE MIXES 13 VARIETIES 3 1 LB. 2 1/2 OZ. PKGS. **1.00**
- WELCH'S ALL FLAVORS FRUIT DRINKS 3 1 QT. 14 OZ. CANS **89¢**
- BOUTIQUE KLEENEX FACIAL TISSUE 4 PKGS. 125 2 PLY **1.00**
- BOUTIQUE KLEENEX BATHROOM TISSUE 4 2 ROLL PKGS. **1.00**
- LIBBY'S TOMATO JUICE 3 1 QT. 14 OZ. CANS **1.00**

**FROZEN FOODS**

- MINUTE MAID ORANGE JUICE 2 12 OZ. CANS **87¢**
- JENO'S PIZZA SNACK TRAY 7 1/2 OZ. PKG. **83¢**
- POTATOES CRINKLE CUT OR FRENCH FRIED 2 1 LB. PKGS. **45¢**
- GRAND UNION PEAS OR MIXED VEGETABLES 4 10 OZ. PKGS. **69¢**
- GRAND UNION LEMONADE REGULAR OR PINK 6 6 OZ. CANS **59¢**
- NIGHTY HIGH CHOCOLATE CREAM PIES OR COCONUT 1 LB. 10 OZ. PKG. **69¢**
- MINUTE MAID ORANGE JUICE 4 6 OZ. CANS **89¢**

**BAKED GOODS**

**KING SIZE FRESHBAKE BREAD**

**3** 1 LB. 4 OZ. LOAVES **79¢**

- NANCY LYNN 8" SIZE APPLE PIE EA. **49¢**
- NANCY LYNN DONUTS Sugar, Golden-Cinnamon, Half & Half 3 DOZ. **1.00**
- NANCY LYNN JUMBO ANGEL FOOD CAKE 1 LB. 6 OZ. SIZE **69¢**

**FANTASTIC SAVINGS!**  
ON CUSTOM SHELVING



**SAVE CASH PLUS STAMPS TOO!**

**GRAND UNION (ALL FLAVORS) SODA** NO DEPOSIT NO RETURN **16 OZ. BOT. 10¢**



**FRESHEST PRODUCE**  
LOCAL GROWN, FRESH

**SWEET CORN 10 EARS 59¢**



**LUSCIOUS, JUICY CANTALOUPE 3 LARGE SIZE FOR 1.00**

**NUBIANA PLUMS 10 FOR 39¢**

(VENDOR COUPON M.R. & D.)  
**CREST TOOTH PASTE**  
6 1/2 OZ. TUBE **59¢** WITH THIS COUPON  
COUPON GOOD THRU SAT., AUG. 1  
(LIMIT 1 - PER CUSTOMER)

(CLIP AND REDEEM)  
**50 EXTRA STAMPS**  
WITH THIS COUPON AND THE PURCHASE OF ONE 3 OZ. OR 5 OZ. TUBE  
**PRELL (CONCENTRATE) G.M.**  
COUPON GOOD THRU SAT., AUG. 1  
LIMIT-1 (GRAND UNIONS ONLY)

**PLUS... THE EXTRA BONUS OF**

# MAKE YOUR FOOD SAVINGS COUNT SHOP HERE

## DURING GRAND UNION'S.... SUPER SALE!



*Charles G. Redman*  
President

(CLIP & REDEEM)

DEAL LABEL

### TIDE XK

3 LB. 1 OZ. PKG. **59¢** WITH THIS COUPON

COUPON GOOD THRU SAT., AUG. 1 (LIMIT 1-PER CUSTOMER)

**SAVE UP TO 27¢**

**USDA CHOICE**

**OPEN LETTER TO OUR CUSTOMERS**

Dear Customer:

Our 6th Annual President's Sale, Grand Union's special customer "Thank-You" Celebration, will be observed this summer from Sunday July 26 thru Saturday, August 6.

Here, at Grand Union and Grand-Way supermarkets in up-state New York, Vermont, Massachusetts, New Hampshire and Connecticut these extra special two weeks are set aside each year to show our appreciation to our customers.

This year during the "President's Sale", more extra-special bargain prices will be in effect through out our supermarkets than ever before. All stores will be first-quality meats and stocked to capacity with garden fresh fruits and vegetables, plus all the finest grocery products.

You are cordially invited to visit us during this 2-week period of sales. The President's Sale is for you, the customer, and we know that you'll enjoy the low courteous service.

I hope to have the opportunity of meeting you in one of our stores during our President's Sale.

Sincerely,  
*Charles G. Redman*  
Charles G. Redman  
President  
The Grand Union Company

GRAND UNION **PORK'N BEANS**

1 LB. CAN

PRESIDENT'S MEAL Special

**CHOCOLATE HERSHEY SYRUP**

1 LB. CAN

**U.S.D.A. CHOICE SIRLOIN STEAK**

**SAVE! 40¢ PER POUND**

**1.09** lb.

PRESIDENT'S MEAL Special

**POE K and BEANS**  
 1 1/2 LBS. 12 OZ. (1 LB.)  
**10¢**  
 SAVE UP TO **7¢**

**SYRUP**  
 WINE CHOCOLATE FLAVOR  
**4 FOR 39¢**  
 SAVE UP TO **6¢**

**CROSS RIB ROAST**  
 PRESIDENT'S MEAT SPECIAL  
**lb. 99¢**  
**SAVE! 30¢ PER POUND**

PERSONAL SIZE (DEAL LABEL)  
**IVORY SOAP** PKG. OF 4 BARS **19¢**

**UNDER THE SUN!**  
 RED, RIPE  
**WATERMELON**  
**89¢**  
 PRESIDENT'S MEAT SPECIAL E.A.

**TASTE-TEMPTING NECTARINES**  
**6 FOR 49¢**

**GREEN-CRISP CUCUMBERS**  
**3 FOR 29¢**

**U.S.D.A. CHOICE ROASTS**

OVEN READY RIB ROAST CHOICE 1 ST 2 RIBS	LB.	89¢
RIB ROAST BLADE CUT	LB.	1 <sup>09</sup>
CHUCK ROAST CALIFORNIA	LB.	59¢
CHUCK ROAST MIDDLE CUT	LB.	89¢
CHUCK ROAST BOTTOM	LB.	69¢
ROUND ROAST TOP	LB.	1 <sup>09</sup>
ROUND ROAST U.S.D.A. CHOICE	LB.	1 <sup>19</sup>
BONELESS BRISKET U.S.D.A. CHOICE	LB.	1 <sup>09</sup>
TOP SIRLOIN ROAST U.S.D.A. CHOICE	LB.	1 <sup>19</sup>
SHORT RIBS OF BEEF BONE IN	LB.	65¢
PLATE BEEF	LB.	43¢

**U.S.D.A. CHOICE STEAKS**

U.S.D.A. CHOICE PORTERHOUSE STEAK WELL TRIMMED	LB.	1 <sup>19</sup>
RIB STEAK BLADE CUT	LB.	99¢
CHUCK STEAK CALIFORNIA	LB.	59¢
CHUCK STEAK U.S.D.A. CHOICE	LB.	89¢
TOP ROUND STEAK BONELESS	LB.	1 <sup>29</sup>
CROSS RIB STEAK MIDDLE CUT	LB.	1 <sup>19</sup>
CHUCK STEAK ROUND	LB.	69¢
CUBE STEAK BONELESS	LB.	1 <sup>29</sup>
CHUCK FILLET U.S.D.A. CHOICE	LB.	1 <sup>09</sup>
TOP SIRLOIN STEAK U.S.D.A. CHOICE	LB.	1 <sup>29</sup>
GROUND ROUND	LB.	1 <sup>09</sup>

**DELICATESSEN DEPT.**

TRUNZ LIVERWURST NATURAL CASING	1/2 LB.	49¢
BRAUNSCHWEIGER TRUNZ NATURAL CASING	1/2 LB.	49¢
LARGE BOLOGNA FRESHLY-COOKED	3/8 LB.	49¢
BARBECUE CHICKENS FRESH, CREAMY	LB.	69¢
POTATO SALAD SALAMI-STYLE	LB.	35¢
PROVOLONE CUDAHY BAR-S	1/2 LB.	49¢
HARD SALAMI	1/2 LB.	89¢

ABOVE ITEMS AVAILABLE AT STORES WITH SERVICE DELI COUNTERS ONLY.

**MORE FAVORITES**

CHECKERBOARD FARMS ROCK CORNISH GAME HENS WEAVERS SLICED	22 OZ. SIZE	LB.	59¢
CHICKEN ROLL	8 OZ. PKG.	LB.	89¢

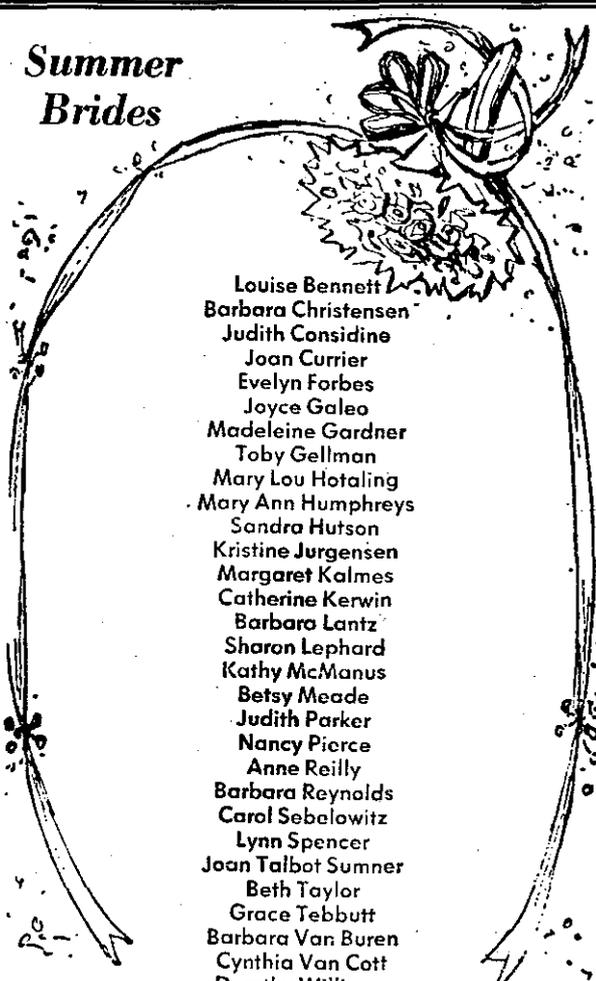
(VENDOR COUPON M.R. &D.)  
**15¢ OFF WITH THIS COUPON**  
 TOWARD THE PURCHASE OF ONE 7 OZ. BOT. OF  
**PRELL LIQUID SHAMPOO**  
 COUPON GOOD THRU SAT., AUG. 1  
 (LIMIT 1 - PER CUSTOMER)

(CLIP AND REDEEM)  
**100 EXTRA STAMPS BONUS**  
 WITH THIS COUPON AND THE PURCHASE OF ONE 3 OZ. CAN ANTI-PERSPIRANT  
**SECRET SPRAY G.M. DEODORANT**  
 COUPON GOOD THRU SAT., AUG. 1  
 (LIMIT 1 - (GRAND UNIONS ONLY))



**DOUBLE STAMPS WEDNESDAY!**

## Summer Brides

- 
- Louise Bennett
  - Barbara Christensen
  - Judith Considine
  - Joan Currier
  - Evelyn Forbes
  - Joyce Galeo
  - Madeleine Gardner
  - Toby Gellman
  - Mary Lou Hotaling
  - Mary Ann Humphreys
  - Sandra Hutson
  - Kristine Jurgensen
  - Margaret Kalmes
  - Catherine Kerwin
  - Barbara Lantz
  - Sharon Lephard
  - Kathy McManus
  - Betsy Meade
  - Judith Parker
  - Nancy Pierce
  - Anne Reilly
  - Barbara Reynolds
  - Carol Sebelowitz
  - Lynn Spencer
  - Joan Talbot Sumner
  - Beth Taylor
  - Grace Tebbutt
  - Barbara Van Buren
  - Cynthia Van Cott
  - Dorothy Williams

*White clouds of loveliness in the summer breeze! A story-book picture of how our Brides-to-be will look. But, more than that, as Frank Adams registrants, they will look radiant and joyful because they will have received the elegant China, Silver, Crystal and other gifts of their choice. Happiness forever to them!*

FRANK H. *Adams*  
JEWELERS - SILVERSMITHS

Corner North Pearl & Steuben Streets, Albany  
Mon. thru Fri. 'til 5; Thurs. 'til 9... HO 3-3278.  
Closed Saturdays thru Summer

Free Parking at all 16 Park & Shop Lots



## Clearance Sale

FASHIONS FOR ALL SIZES  
10 to 20 • 40 to 60 • 12½ to 32½

- DRESSES • COATS • SPORTSWEAR
- COTTON SHIRTS • SWIMSUITS

*Fox Shop*

255 CENTRAL AVE.  
Albany 434-9717  
FREE PARKING ACROSS THE STREET

BankAmericard  
or  
Master Charge

OPEN  
10 TO 9  
SAT.  
10 TO 6

Eastern States, Washington, D.C., Puerto Rico and the U.S. Virgin Islands.

## Construction Program

A three-phase construction program that will triple power production at Niagara Mohawk's steam-electric station at Oswego and upgrade environmental quality in the area was announced recently by James A. O'Neill, president of the utility.

The program, designed to provide additional power supply to meet growing energy needs in the Upstate New York area, will cost more than \$150 million, O'Neill said.

The plan will include: 1) conversion of the four existing 100,000-kilowatt steam generating units at the Oswego steam station from coal to oil to reduce air pollution, 2) addition of a new oil-fired 800,000 kilowatt generating unit at the station site and, 3) installation of new transmission and switching facilities to connect the new unit to Niagara Mohawk's bulk-power system and load centers throughout

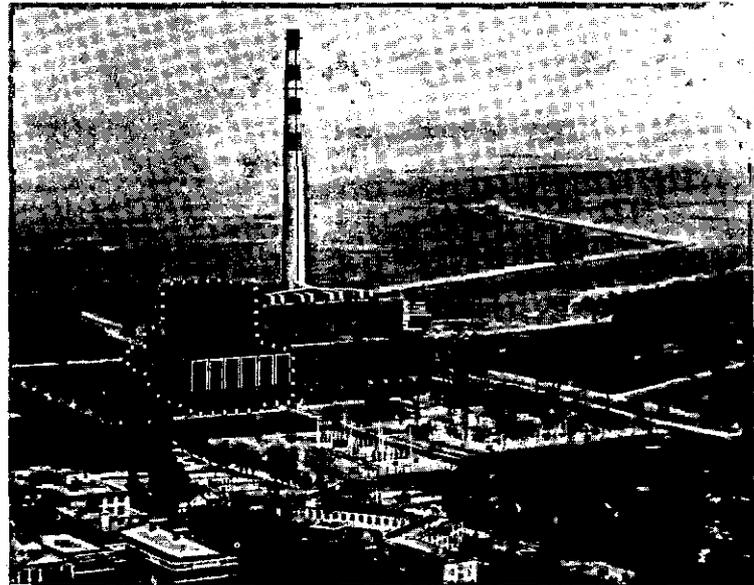
## BETHLEHEM GOP Steak Roast August 19 Murray-Jennex Sunset Park

the state. A new single high stack will accommodate not only the new unit but will replace the four existing stacks at the present station.

O'Neill said the oil conversion, scheduled for mid-1972 completion, will improve substantially the environment in the area of the plant.

The new generating unit, to be built on the west side of the station, is scheduled for completion by late 1974. Upon completion, the expanded station will be Niagara Mohawk's largest, with a generating capacity of 1.2 million kilowatts. Twelve million barrels of oil will be required annually.

Oil storage tanks, screened from view of rows of trees, will



OSWEGO POWER PROJECT Retouched photo-rendering shows planned layout of expanded and converted power plant (area indicated by dotted line) at site of Niagara Mohawk's Oswego Steam Station, center of picture. Proposed on-site oil storage tanks at right will replace existing storage piles of coal and single tall stack will replace four stacks presently in use. Station's output will be increased to 1.2 million kilowatts with the addition of a new oil-fired generating unit. Existing coal-fired units will be converted to oil fuel as an anti-pollution measure. Environment and clean air considerations are key factors in project's design.

be erected in the area, immediately east of the plant. Since the oil will be delivered to the site by ship, and subject to seasonal restrictions, an additional oil storage area will be built on the south side of the city of Oswego. Underground pipes will carry the fuel from this area to the plant.

New transmission and switching facilities will include 345,000 volt lines and an additional switchyard at the plant. Lines extending through the City of Oswego will be carried on attractive tubular steel poles with up-swept davit arms.

"Our plans and designs have been influenced by an overriding concern for the preservation of the areas of our operations, pursuant to the need to balance environmental considerations with increasing requirements for electric power," the utility president said.

**KEEP IT CLEAN**

*by Virginia M. White*

**DEAR MRS. WHITE:** All my lovely Spandex garments are turning yellow. What can I do to restore them? **MRS. N. S.**

**DEAR MRS. N. S.:** To restore Spandex fill basin with very hot water.

Add 1/4 cup liquid dishwashing detergent, three-fourths cup NON-chlorine bleach, and 1/2 cup Super Cleaner. Immerse garments; allow to stand 1/2 hour. Squeeze through solution and launder by hand. Rinse thoroughly; roll in towel to remove excess water. If dried out of doors, NEVER DRY IN SUN. Repeat this procedure until whiteness returns.



**DEAR VIRGINIA WHITE:** A few months ago I replenished my linen supply with new towels and bedding. After only a few washings, they have turned rather dingy-looking. What can I do? **BAFFLED.**

**DEAR BAFFLED:** The problem you describe is due to detergent residue left in the clothes from previous washings. To remove this build-up put freshly laundered clothes in washing machine. Fill washer with water, add 1 cup Miracle White Powerizer Super Cleaner. DO NOT ADD

**DETERGENT.** Run through cycle. Suds that appear are the result of detergent and dirt which remained in the clothing. For future washings use 50% less detergent and 1/4 cup Super Cleaner.

**SPECIAL TIP:** To make ironing smoother and easier put a sheet of aluminum foil between the pad and cover.

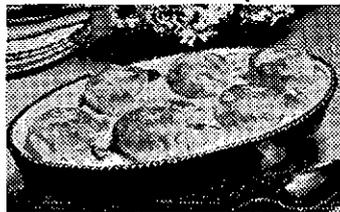
Get a free stain removal chart; write V. W. 10, Miracle White Company, 1741 West Fullerton Avenue, Chicago, Illinois 60614.



by Mary Reynolds

Food companies are always interested in how customers use their products. For example, in addition to using canned chicken broth as soup, creative cooks use handy 13 3/4 fl. oz. cans of chicken broth as a flavor-enriching substitute for water in cooking vegetables and pasta, as a base for sauces and gravies, and for basting poultry and meats. One pleasurable result of a recipe contest for high school students that College Inn chicken broth sponsored was the wide variety of original recipes submitted.

Aimed at inspiring cooking with broth, the contest attracted entries from every state. The winning recipe is a delicious casserole of chicken



poached in canned chicken broth and baked in a rich sauce topped with homemade biscuits. The recipe was developed by a Korean-born senior from Connecticut, who received a \$2,500 college scholarship from College Inn.

Here are some of the other winning recipes, which may suggest ways to use canned chicken broth: yeast-raised chicken broth bread, cold cucumber soup, and cornmeal spoon bread with sausage. To receive a copy of these recipes, write to "Versatile Cooking With Broth" Booklet, Consumer Relations Dept., R. J. Reynolds Foods, Inc., 750 Third Ave., N. Y., N. Y. 10017.

Keep several cans of chicken broth on hand for a help in prize-winning cookery!



CALL . . .

**438-8461**

A CALL WILL SHOW YOU WHY IT PAYS TO LEASE FROM . . .

**ALBANY DODGE**

LEASING CORP.

770 CENTRAL AVE. ALBANY, N.Y.

You'll Have to See to Believe!



**SEMI-ANNUAL SALE**

**ALL DRAPERIES**

**20% OFF**

**SLIPCOVERS**

2 PC. SETS REDUCED

**\$20.00**

3 PC. SETS REDUCED

**\$25.00**

**ALL BEDSPREADS**

**20%**

**OFF**

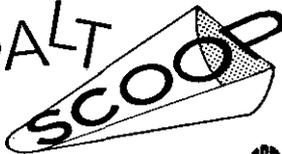
OPEN DAILY TIL 9:00 P.M.

*Stuyvesant Plaza*

SAT. TIL 6:00 P.M.

**IN ALBANY IT'S ...**  
*Bytner Travel*  
**TELLS THE TRAVELER  
 THE EXACT NET COST  
 OF AIR TICKETS PLUS  
 THE NET TAX.**  
 Bytner Travel recently had 2 bills  
 sponsored in Congress to protect  
 the traveling public against the  
**HIDDEN Air Tax in Charter  
 Operators.**  
*Bytner Travel*  
 9 CENTRAL AVENUE, ALBANY  
 Where the Action is!  
**COMPLIMENTARY CHAMPAGNE**  
**463-1279**

**WE SERVICE**  
  
*Coleman*  
**Lanterns**  
**Camp  
 Stoves**  
**Taylor & Vadney**  
 303 Central Avenue, Albany  
 HE 4-9183  
 Open Daily 8 a.m. to 9 p.m.

**SALT  
 SCOOP**  
*by Rosanne* 

The warm summer months are a wonderful time of the year. There are barbecues, pool parties and lots of outdoor activities. It also is a time to remember the salt.  
 Keep in mind that you lose salt by perspiring. Add a little extra to your food as salt loss can be quite serious. If your activities are strenuous, salt tablets also may be needed.

For picnics you will find the miniature blue and white plastic containers of salt very convenient. There are matching pepper shakers, too. When you are having corn on the cob, try the special, very-fine-grain salt for pop-corn, which is in an appropriate yellow pack-  
  
**Direct mail for  
 Rosanne to  
 Morton Salt Co.,  
 age. It is great  
 on other foods  
 as well.**  
 110 N. Wacker  
 Drive,  
 Chicago 60606

One of the more pleasant family activities is to make your own ice cream. All you need is the freezer tub, the ingredients, ice—and salt. Complete directions can be found on the bright red, white and blue bag of ice cream and cooling rock salt. You can speed cooling of beverages and water-melons with rock salt, too, by sprinkling it liberally over the ice.

To help you plan successful summertime parties, I will be happy to send you a free leaflet, "Party Planning Principles," if you will just clip this article and the name of your newspaper and send them to me marked "Party Time."

 **fashionique**   
 by MABEL WESTERBERG  
 Fashion Co-ordinator  
 Queen's-Way to Fashion 

Scarves have become the most important all-around fashion accessory. They add a touch of softness, color, and casual chic to almost any outfit — from casual slacks and sweaters to the most elegant costumes.

There are many ways to wear scarves, and you don't need a merit badge in "Knot Tying" to know how. The most versatile shape is the large square. It can be folded into a triangle and wrapped around the hips to add dash to a matching sweater and slacks outfit. Or it can be rolled along with a chain belt into a sash for a patterned skirt, or worn around the neck and fastened with a ring over sweaters and shirts. Rolled into a rectangle and tied around the strap of a handbag, a scarf makes a debonaire pennant.

Very long rectangular scarves are worn wrapped twice around the neck with one end flung over the shoulder and the other pulled through the belt. Many innovators are even wrapping them around their heads low over the forehead, catching them with a buckle or clip and letting the ends fly free to the side.

**6% GUARANTEED GAIN**  
 a year compounded quarterly

Deposit \$500 or more in a Time Deposit Account. In 2 years you'll have the amount you deposited plus a GUARANTEED GAIN of 6% a year compounded quarterly. On \$500, that's \$63.24. And your account is insured up to \$20,000 by FDIC. Start your GUARANTEED GAIN Time Deposit Account today at either of our offices.\*

<b>TIME DEPOSIT ACCOUNTS</b>	<b>6%</b> guaranteed for 2 years	<b>5<sup>3</sup>/<sub>4</sub>%</b> guaranteed for 1 year	<b>5<sup>1</sup>/<sub>4</sub>%</b> guaranteed for 90 days
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INSTANT INTEREST is paid from the DAY YOU DEPOSIT UNTIL THE DAY YOU WITHDRAW on Day of Deposit to Day of Withdrawal Accounts at the rate of 5% a year compounded quarterly.\*\*

\* subject to the regulations of the FDIC and New York State Banking Department.  
 \*\* provided minimum balance of \$25 remains in your account until the end of the quarterly dividend period.

**THE BANK WHERE  
 HAPPY ENDINGS BEGIN**

**NATIONAL  
 Savings Bank**

MEMBER FDIC

DOWNTOWN ALBANY at STATE and PEARL  
 OPEN MON-FRI 9 to 3; THURSDAY until 6 p.m.

UPTOWN at WESTGATE SHOPPING CENTER  
 OPEN MON-SAT 9 to 3; THURS & FRI EVENINGS 5 to 8 p.m.

# LIVING WALLS

BY  
NANCY  
BRADY

## ENTRANCES AND HALLWAYS



The usual effect of an entry to a home is quite an impersonal one, consisting as it does of a narrow table or chest, and a mirror. There is a vase or a figurine and a plate for calling-cards in front of the mirror; chairs on either side of the table, chest or console are optional. If this describes your entrance hall it badly needs a striking, all-over pattern on the walls; a home, like a show, ought to "come on strong."

A second kind of impression an entry can give is impersonal to the point of being majestic. In halls which can be described as "foyers," either a scenic wallpaper or separate panels seem to be indicated. Low benches between tall lighting fixtures usually complete this type of entrance.

A third type of impression is less standardized. We might call it the ultra-personal approach. Some homemakers see their entrances as a preview of the rooms beyond. Since most of today's homes, if they are consciously decorated at all, strive

to be one of three things—traditional, contemporary or the potpourri of all styles known as eclectic—the scope of these "trailer" entrances is boundless. What they contain will depend on their size and the appropriate furnishings that are available.

Every entry should try to include the following: a table or a chest for a bowl of flowers and possibly a lamp, at least one chair so that people can put on rubbers, a mirror to check their appearance, if they care to, and either a coat tree or an easily accessible closet. If the entry is a separate room, the wallcovering for a modest period type of entrance poses no problem. Aside from anticipating the character of the other rooms, it only needs a slightly more festive quality of its own.

For more information on wallpaper and wallcoverings, send \$1.00 for a 208-page book to: "Living Walls," Wall Covering Industry Bureau, 969 Third Avenue, New York, N.Y. 10022.

# Carvel

## ICE CREAM SUPERMARKET

222 DELAWARE AVENUE, DELMAR 439-7253

**lollapaloozas**  
**10 for \$1**  
choice of 10 different kinds

**Ice Cream Cakes**

7 inch —	\$1.95
8 inch —	\$2.95
9 inch —	\$3.95
10 inch —	\$4.95
11x15 in. —	\$5.95
12x17 in. —	\$6.95

Open 7 days a Week

The deadline for Spotlight Classified Ads is Friday afternoon preceding publication the following Thursday. Please get yours in on time.



... WE'RE MOVING SOON ... TO OUR NEW BUILDING AT ROUTE 9W NEAR THRUWAY EXIT 23. And we're looking for people who want to work for our growing, busy and business-like organization — the Independent Mutual Insurance Agents Association. We're looking for full or part-time:

KEYPUNCH OPERATORS ...  
SECRETARIAL HELP ...  
CLAIMS CLERKS ...

and other positions too numerous to mention ...

IMA has many benefits for employees — even if you can't fill any of the bills listed above, call us — there may be room for you at IMA. Call Mrs. Morgan, 869-5383, to find out more about IMA!

THE WEAVER BIRD OF AFRICA IS KNOWN FOR BUILDING COMMUNITY NESTS.

# OPEN HOUSE at MILLBROOK KITCHENS

factory showroom  
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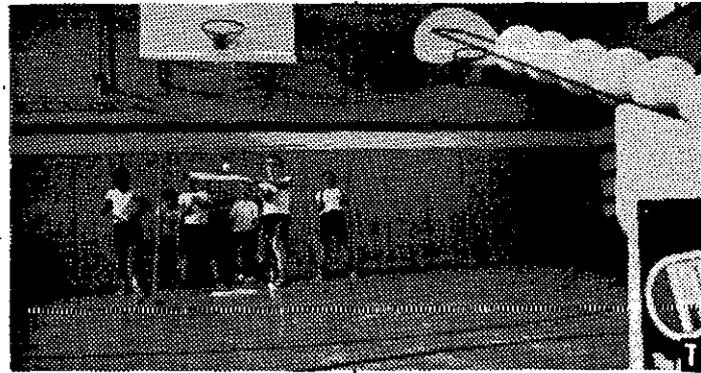


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It all started when Robert G. Ross, an innovative coordinator of health and physical education, decided to do something about the weather for his elementary and junior high school "Sultans of Swat." By installing 10 sets of a newly developed baseball pitching machine, one for each school in his district, he was able to substitute an excitement-generating team sport for the monotonous indoor athletic activity that often accompanies the drizzles.

Begun as a pilot program for teaching the full range of softball skills—when inclement weather makes it impossible to hold classes out of doors—the equipment proved so successful that it will be made a part of the physical education program throughout Long Island's Uniondale, N.Y. school district next year.

Called Pow-R-Pitch, the machine operates on standard AC current and, with extension cords, can also be used out of doors... the plastic baseballs having been specially designed to be wind resistant. But, when thunder and lightning threaten the sandlot, students can

have rapid fire batting practice and, in game situations held right in the gymnasium, polish their running, throwing and catching skills as well.

Though Pow-R-Pitch can be set up for automatic ball tossing (8 pitches in less than a minute), the gym instructor (or one of the players) can, with a single ball, regulate real game activity. When this is done, the basic rules governing softball apply, except there is no need for the pitcher, and, instead of the catcher, a Pitchback net is rigged to trap the Pow-R-Pitched balls, not allowing them to rebound.

Manufactured and distributed by the Linen Thread Division, a part of Indian Head, a complete set of this rain-and-shine equipment includes one Gold Medal Pow-R-Pitch plastic baseball pitching machine, two hollow (and safe) plastic baseball bats, a supply of plastic baseballs (also safe) and one Gold Medal Pitchback rebound net. Costs range between \$35 and \$50, depending on which size Pitchback net is specified.

So, if the raindrops keep falling on your head, give a thought to Uniondale's Sultans of Swat. And, while you're at it, give a listen too. You just might be able to hear a youthful and exuberant, "Play Ball!" reverberating somewhere behind the clouds.

It may be that you can write the kind of interesting story you think Spotlight readers would enjoy. If so, send your manuscript to: The Spotlight, 154 Delaware Ave., Delmar. Be sure to enclose a stamped, self-addressed envelope if you want it returned to you if it is not used.

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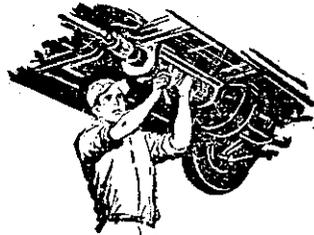
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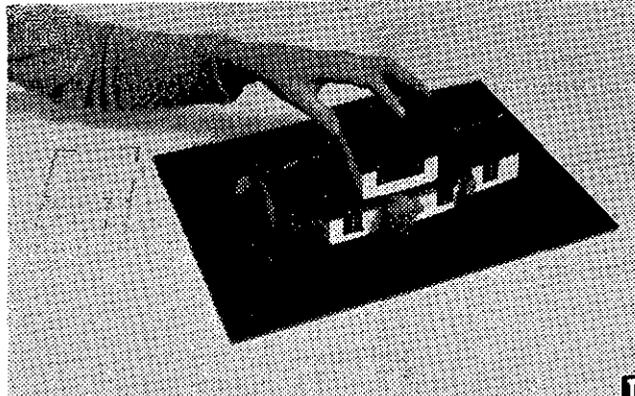
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## GUEST EDITORIAL

### HOMEOWNER BEWARE!

BY MELVIN PELTZ  
VICE PRESIDENT, ALLIED BUILDERS SYSTEM



Remodeling, like any other venture, can be done professionally or by capable craftsmen. The size and type of the undertaking will determine which approach is best. If the project involves only a single replacement such as a custom cabinet, roofing, a kitchen sink, or a counter top, then it is usually advisable to secure a reputable craftsman who specializes in that particular type of work. When the project involves several tradesmen such as in an addition, a new kitchen, or a family room, then it is definitely advisable to look for a remodeling expert.

There are basically two types of contractors—the individual who works out of his home or truck, or the contractor who runs an organization as a business. When the work involves more than \$1,000.00, it is best to call on an expert who specializes in this line of work and who is best suited for the job—a general contractor who is licensed, well staffed, and has a following of licensed sub-contractors. Such a man is in a position to guarantee his work, since he has the continued use of the same tradesman and the experienced supervision needed for scheduling the work to the earliest possible completion date with the least amount of inconvenience.

Price alone should never be the deciding factor in securing your contractor since the experienced contractor will design your job, keeping your needs and wants first, rather than designing a job for price alone. An example of such simple planning can be shown in a customer's desire to have a rear door placed in a room addition. A tradesman designing for price alone might just include the price of the door and the hardware, whereas the remodeling expert would discuss a rear door bell, an outside entrance light and switch, and possibly a three-way switch for the room light. And, of course,

what about the cement platform, or perhaps an overhang or canopy over the door.

Allied Builders System, a recognized leader in the home improvement field, has an extensive training program for its already experienced sales counselors who are equipped to design your custom job at a realistic price which, when properly executed, will enhance the beauty of the house as well as being functional in design. This type of remodeling should be treated as an investment rather than as an expense, and the value of the home is increased with the properly designed remodeling job.

Design alone is only part of the job, and this is where your experienced general contractor can produce the work as planned, with the customer knowing the complete finished cost rather than an approximate cost estimate. Proper work and, in the case of the Allied Builders System, a critical path method of production is used to allow the minimum of inconvenience with the shortest possible completion date. The customer is guaranteed full insurance coverage and the financially secure remodeling expert will guarantee completion with no mechanic or labor liens. He is also in a position to arrange suitable financing where so desired.

Material rates are competitive, and the better craftsman is well paid for his work. If you want the best, then be prepared to deal with the best. He has been around for a long time because he has realized a legitimate profit on his work and he has passed the savings of mass purchasing on to you. You, the customer, will benefit at the end—for you will have a finished job, the premises will be left clean and you will be dealing with a responsible contractor who will assume the liabilities of any complaint that might arise. In addition, you

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Harold Hammerman, president of Allied Builders System says, "Price alone determines nothing, because the esthetics of the home should definitely be preserved in order to insure the homeowner that his investment is sound and in the end he has gotten the most for his money."

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Leading nutritionists have found that eating a piece of candy an hour or so before mealtime elevates the blood sugar level and, therefore, makes it easier for people with hefty appetites to reduce the size of portions and turn down second helpings.

According to Luden's Inc. of Reading Pa., a leading multi-line candy maker, which makes more than 500 items including the famous 5th Avenue Candy Bar and Nut Log Bar, hunger-pacifying candy snacks don't add many calories. A sour ball, for example, furnishes only 14 calories; a filled raspberry, 14 calories; a chocolate-covered peppermint patty, 30; a caramel, 38; a caramel with nuts, 47; a miniature chocolate, 27; and a regular-sized chocolate, 47 calories.

These figures compare favorably with the calorie count of popular fruits, i.e., an average raw apple provides 58 calories; a banana, 88; and four large prunes, a whopping 268 calories.

**SHRIMP TIP**

When a muffin makes a meal! Loaded with shrimp from a can and zingy with all sorts of other beautiful unmuffin-like flavors, these are perfect for easy summer lunches or late suppers served just with a green salad, iced tea, or something long, tall, and fruity to drink. If necessary to reheat, place unwrapped on crinkled aluminum foil in a hot (400-degree) oven 10-12 minutes.

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**SHRIMP MUFFINS**

- 1 can (4½ ounces) shrimp
  - 1 egg yolk
  - ½ cup milk
  - 1 tablespoon grated fresh onion (include juice)
  - 1 tablespoon minced fresh parsley
  - ½ teaspoon Worcestershire sauce
  - 1 package (6 ounces) or 1½ cups biscuit mix
  - ½ cup grated mild cheddar cheese
  - 1 tablespoon butter, melted
- Preheat oven to 400 degrees. Drain shrimp; chop coarsely. In a mixing bowl whisk together egg yolk and milk; add onion, parsley, and Worcestershire. Stir in biscuit mix, shrimp, cheese, and butter. Fill well-buttered muffin tins (of ½ cup capacity) about half full. Bake 12 minutes. Makes 12.

friends." An English poet, Lord Byron, created a couplet that became a famous toast in England and America: "Let us



have wine and women, mirth and laughter/Sermons and soda water the day after."

Although American toasting procedures couldn't be simpler (just stand, clink and drink), our toasts are among the most colorful in the world, according to a genial salesman for Heublein Full-Strength Cocktails. Who hasn't heard or said, "Here's mud in your eye?" The phrase was born in pioneer days when a farmer, about to leave town and head west, would stop at the tavern for a last round of drinks. The thought on everyone's mind: would the new land be rocky and hard to plow, or would the soil be soft and rich, throwing specks of mud into the eye of the man behind the plow?

The toaster hoped for the latter when he said, "Here's mud in your eye!"

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**FOR HOSTS: TOASTS**

Whether it's *skool, salud* or *cheers* that's exclaimed, the toast is the shot heard 'round the world. It rings out wherever there's laughter, love and good "spirits."

Oddly enough, this happy custom had a solemn start. The ancients drank to their gods during religious rites. It wasn't long, however, before some good-time Greeks got the idea of drinking to the here and now. The Romans were even heartier. They complimented their lady friends by draining a cup for each letter in the damsel's name. And it was a Roman who coined a phrase that's come down through the centuries. "Let us wet our whistles" was his contribution to conviviality.

Since then, we've toasted love and war, mother and money—we've even toasted the bank. There are tender toasts and dryly humorous ones. Mark Twain's witticism: "Let us toast the fools—but for them the rest of us could not succeed."

Many toastmasters drink to the drink in their hand. "Here's champagne to our real friends, and real pain to our sham

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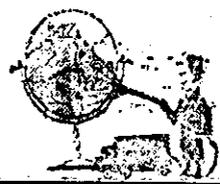
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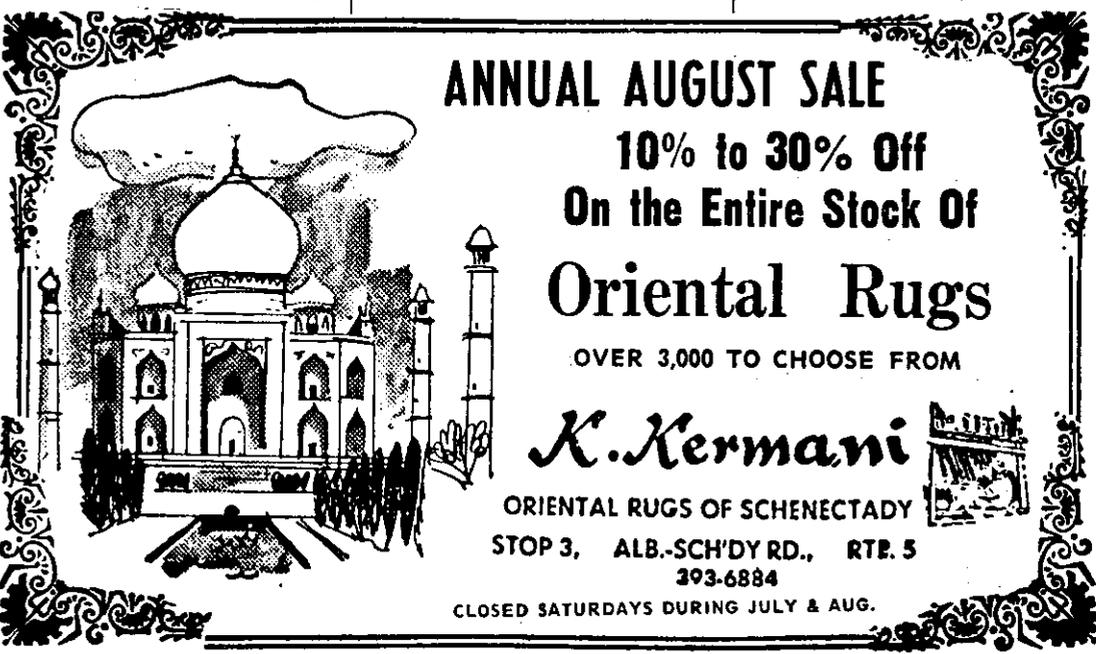
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### ADS AND PERSISTENCE BUILD CAREERS

The high rise in unemployment during the last year reflects the troublesome state of the nation's economy. U.S. Department of Labor figures show that there are more than 3.5 million men and women out of work.

Yet, there is one field of endeavor in which neither a man nor a woman need experience lack of employment. In this industry, age is no deterrent or is formal education a requirement. Instead, companies advertise locally for prospects, then representatives follow up the leads.

The direct selling field is an industry in which a salesman or saleswoman is never out of work. Fortunately, this is so because in our giant, producing country, there are always products to sell and a need for someone to sell them.

Take, for instance, the health products field. Americans are a health-conscious people who spend millions of dollars, both in good and bad times, to preserve or improve their well being. The salesman who affiliates with an established company in this field finds little resistance in selling its products. Customers are keenly interested the minute they feel the health products can help them.

Direct selling is an ideal source of livelihood for those who cannot bear to have a "boss" over them. In direct sales you are your own boss; you set your own hours. You work as much or as little as you please. Income depends on how much time and effort one is willing to invest. The full-timers are well rewarded. These men and women earn incomes in the five figure bracket, after only a year or so in the field.

A manufacturer of health



equipment and furniture that features built-in cyclo massage motors, has said that of the 2,000 salesmen and women engaged in direct sales for his company, some, both young and old, have annual incomes of more than \$25,000.

All that is required to work in the industry is that the individual be personable, like people, have compassion for others and not be lazy. You can choose the territory you care to work in, whether urban or rural. There's no long training period. In direct sales, the company dealer is the teacher. By the fifth or sixth day of learning the selling techniques, the new man is on his own and by the end of the first week he has earned his first commission.

Leads are furnished by most of the companies in direct sales so that the salesman has potential sales awaiting him. And, no one can fire him so long as he produces! Furthermore, the salesman or saleslady of today more often than not becomes the dealer of tomorrow.

Readers interested in building a career in direct sales can write for a free booklet titled: "Opportunity Knocking", Direct Sales Information Institute, Adamsville, Pa. 16110.

# SUCCESSFUL SEWMANSHIP

## Sew It In Suede



**SKINS IN THE LIMELIGHT AT SINGER** are sure to make great second skins for you! Pictured here are two suede fashions made from McCall's patterns 2454 and 2455. Patterns made especially for leathers and suede, they're sure bets for great fashions looks. The suede used came from Singer — where skins can be ordered in eight bright colors for delivery in three weeks.

Stitch yourself a second skin — with suede. Today, sewing skirts and vests with long, long fringe from suede and other leathers is easy as can be! All you need is a pattern, skins, a good sewing machine and helpful hints in the *How-to-Sew Suede* folder (available without charge at Singer stores) — to be on your way to a whole new fashion look.

### What To Sew

Suede skins, which can be ordered from your local sewing center, come in eight mouth-watering colors, including persimmon and pumpkin tones, in themselves an inspiration. They cost \$8 each, and a skirt can be made from two skins, a vest from one, with plenty of left-

overs for bands, belts, and pouches.

When selecting the pattern design, keep in mind the size and dimension limitations of your skins. Pattern pieces should fit the skins, without "patching."

### Fitting

The pattern should be adjusted to your figure before you cut the suede because, once sewn, the leather cannot be refitted. Although pattern pieces can be pinned together for a try-on, the best way to assure good fit is to make a muslin shell and then correct the fit on the shell. On the shell, seam allowances should be trimmed to 3/8-inch for economy in cutting unless you plan to place top

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stitching more than 1/4-inch from the edge, or want to use a welt seam. Narrow seams also eliminate bulk in the finished garment.

**Cutting**

Lay the muslin pattern pieces on the wrong side of a single layer of the skin. *Skins should not be folded or cut two at a time.* Remember to reverse pattern pieces when cutting the second half so you will have a right and left side. The pattern pieces should be laid in the same direction, the long way of the skin, since the garment should fit your body the same way it fit the animal!

**Marking**

Darts, buttonholes, center line and styling points should be marked with chalk on the wrong side of the skin. Tracing wheels are not advised, because they will mar the leather.

**Lining**

Suede and leather garments should be lined with synthetic fabrics such as SiBonne, rayon, taffeta or acetate sheath lining.

**Sewing**

For sewing, a special narrow wedge-shaped sewing machine needle is helpful; it slides cleanly through the leather and insures a neat, uniform stitch. Use preshrunk straight seam binding for staying seams and points of strain. When sewing the seams, hold the tape gently against the upper side of the leather and against the presser foot as you sew — using 12 stitches to the inch. This will strengthen the seam and prevent the leather from sticking to the presser foot. After the seam is stitched, slash the edges of the tape at even intervals to keep them from pulling.

Press with a damp cloth and hot iron on the wrong side when done.

**Hints and Tips**

Singer sewing experts offer additional hints for sewing suedes:

- Instead of using pins, use cellophane tape and paper clips to avoid marking the skins with pin holes;
- For anchoring hems, which should be not greater than 1 1/2 or 2 inches, they suggest using rubber cement or fabric glue;
- And, after your fashion has been worn and many compli-

ments have been given to the creator (you), remember that when cleaning time comes, professional cleaners do the best job.

*Sewing with suedes will not only indulge your creative instincts and make you one of the "best dressed," but will save you money as well! If the project makes you hesitate, drop in at your local sewing center to get advice directly from the sewing experts. And, while you're there, order some skins, and you'll be sewing your way to great fashion looks in no time.*

**Comment from the Capital —**

**HIDDEN ASPECTS OF TODAY'S NEWS**

by Vant Neff



Deplorable as the shooting of the four students at Kent State unquestionably was, it was equally regrettable that the University of California student who attempted to prevent the burning of a building by campus radicals was shot. But there was no hue and cry about that killing. No one condones killings. All are futile. But the fact remains that on campuses under active siege by order of the SDS and other militant revolutionist factions, students do tote guns, tire irons and other weapons with which they threaten authorities and cause havoc. This was the case at Kent. For ages now, the wild Weatherman phalanx of the SDS has had its eye on Kent — "middle America," if ever a college was one. Plans to instigate revolt and rebellion were laid over a year ago, long before Cambodia was a cause. Any cause would have sufficed. The tough terrorists who stirred up the blood-letting frenzy on Kent's otherwise peaceful campus weren't students there. They were "riot troops", imported for the sole purpose of stimulating the students into a mass violence. The SDS won! The students lost! So did the university, and universities all throughout the nation. But what can be done about it? How can we combat this highly organized rule of rebellion that charismatically stimulates students into grand-scale lawlessness? How can the college authorities cope with it? They can hardly surrender to

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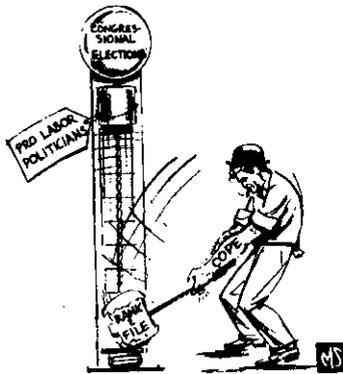
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HE SPOTLIGHT

marchy. These out-of-town revolutionaries care not one whit for the particular college they're aiming to destroy, except to gain their own left-wing objectives. What would you do—just give in—surrender? Anyone with an answer, a suggestion, a plan?

\* \* \*  
How can you cope with COPE? Maybe you think you don't have to. COPE, in case you're unaware, is the AFL-CIO Committee on Political Education. It packs a terrific political punch. Under the transparent guise of instructing the workers on current events, COPE serves as a brutally effective pressure device in swinging union members on important votes. How? It's simple. The union kingpins control all COPE activities, and "recommend" in their own gently persuasive fashion that workers show up for a prescribed number of meetings, and that they bring along their husbands, wives, families and friends to be "educated" to vote for the unions' favorite politicians during local, state and national elections. COPE master strategist, Al Barkin, has already covered thirty-four states in an all-out effort to influence people to vote for pro-labor politicians during the congressional elections this fall. His strategy is so cleverly organized and his regional lieutenants so expertly mobilized that you can count on the labor lords achieving the same marked degree of success in the 1970 elections that they did in 1968. Surprised? It's just one more instance of the unsuspected and uncontrolled power that the union leaders wield over the lives of individuals, and the destiny, perhaps, of our nation.

\* \* \*  
Strikes are the ugliest of all weapons. They are cruel, hard-hitting bludgeons. All strikes are directed against you, the public. While it is the strikers who close down a shop or vital service, it is intended so that you, the public, will be so inconvenienced that you will plead for a settlement. One reason that an employee's pay is taxed each pay day by the union is so that the union will have funds for all contingencies. However, the current



dodge in some states is for strikers to stay out long enough to collect unemployment insurance. You pay unemployment insurance. Therefore, you pay the strikers to strike against you, while you suffer all the physical and financial discomforts that strikes bring in their wake. It's all well and good to consider the strikers' rights. But what about our rights? In too many cases, haven't we, the paying public, been astonishingly naive in allowing our lives and welfare to be ruled and ruined by the belligerent strikers?

\* \* \*  
News item: The Danes report that the Danes are fed up with pornography. It is less than sex-censured. It's flopped so badly they are shipping it to other countries.

\* \* \*  
Think of the stupefaction of a Philadelphia man, when he learned that the National Labor Relations Board could actually prohibit him from moving his plant to South Carolina, unless he offered to take along all his employees, lock, stock and barrel, whether he wanted to move them or not. Additionally, he would have to pay all their moving expenses. Freedom? Not in Philadelphia, U.S.A.!

\* \* \*  
Isn't it more than mere coincidence that one after another foreign diplomats are being brutalized, kidnapped and even murdered right in the heart of Castro's Caribbean? Castro is dedicated to spreading revolu-

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tion all throughout Latin America. Run down the list of Spanish-accented countries with Communist terrorists seething in their midst, making one attempt after another to dominate the government — then ask yourself how much longer you think we ought to wait before we lend a hand to clamping down on Castroville-in-the-Caribbean.

\* \* \*

Watch out for the union fat cats who hold out such beautiful but unbelievable promises — higher, higher, higher wages, a shorter and shorter working week, and long, long vacations. Eventually, the promise exceeds the product. It's too good to be true: there isn't any Santa Claus. Who would possibly fulfill all those grandiose expectations? It's just out of keeping with reality. The next thing you know, people will demand triple pay for almost no working hours at all. (The tugboat workers got a 53% increase; the grave diggers asked for a 100% wage hike; the garment workers, only 25%!) It is human nature to want to do well, and I am all in favor of it. But if people are paid more wages without producing more, prices just have to go up, and that's inflation. Something for nothing just isn't in the cards, and we're only deceiving ourselves if we believe anyone — union leader or not — who says it is.

\* \* \*

The man is a teacher at the University of Rochester. He looks like a typical hippie-yippie, long hair to his shoulders, urgently in need of tidying. He is unmarried, but the woman with whom he lives has borne him two children. He has labelled all marriages as decadent and bourgeois; he advocates "no moral restrictions whatsoever". I make no comment on his views nor his morals, but I do protest the infliction of those standards on malleable youths. You will have to form your own opinion as to whether the university should permit such leniency or whether restrictions would cause more martyrdom than he's worth. He certainly does nothing to enhance the university's image as a moulder of future leaders!

**MODERN LIVING THE CAREFREE WAY**  
BY BETSY PARKES

Radios are making the outdoor scene. Especially the portable models . . . the multiband portables, the transceivers and the mobile Citizens Band units. They make life more fun as more people spend their leisure time outside their homes. And in many cases they make life safer for outdoor people.

Take the transceiver, for example. It's a great toy for the younger set, but some sportsmen consider it second only to the first aid kit in importance. Many times a transceiver has been used to call for help when a hunter loses his direction, a fisherman sprains an ankle, or a dune buggy driver runs out of gas in the middle of nowhere.

Of course transceivers assist outdoor people in lots of other ways. Caravan campers use them to keep in touch with one another while traveling through rough terrain; hunters use them to communicate with others in their parties; and hikers use them to make sure no one strays from the group.

Base to base and base to mobile CB equipment is also becoming quite popular for leisure time activities. Drivers of dune buggies, swamp buggies and four wheel drive rough terrain vehicles used for explor-



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ing and racing find CB rigs just the thing for keeping tabs on each other.

The multiband portables, radios with more than one frequency band, are playing an ever increasing role in outdoor activities. A typical medium-priced model is capable of re-

ceiving a combination of AM, FM, Marine Band, Aircraft Band, shortwave and Police Band broadcasts.

In this category, entertainment is the primary purpose of the radio, with music, news and sports on AM and FM the most popular broadcasts. Often, too, people just like to rotate the dials to see what far-away stations they can pick up on shortwave, or listen to the exciting dialog between ships at sea, airplanes and airport control towers, even policemen and their dispatchers.

Multiband portables are truly portable, too. Many models these days operate on both AC and DC, so they go wherever the action is... camping, on boats, hiking, at the beach, hunting, even to the ballpark.

Radios are making the outdoor scene. There is a portable radio available to make any outdoor activity more fun... and safer. A complete line of portable radios is offered by Arvin, which makes a "radio for every purpose."

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STATE OF NEW YORK  
SUPREME COURT

COUNTY OF ALBANY  
MARIANN J. BENACQUISTA  
Plaintiff

— against —  
SALVATORE R.  
BENACQUISTA  
Defendant

ACTION FOR ABSOLUTE DIVORCE

TO: SALVATORE R. BENACQUISTA:

The foregoing summons is served upon you by publication pursuant to an order of the Hon HAROLD E. KOREMAN, a Justice of the Supreme Court of the State of New York, dated the 26th day of June, 1970, and filed with the complaint and other papers in the office of the clerk of Albany County, at Albany, New York.

The object of this action is for an absolute divorce of the plaintiff from the defendant.

DATED: June 26, 1970  
JOSEPH J. MICARE  
Attorney for Plaintiff  
Office and Post Office Address  
22 Lodge Street  
Albany, New York 12207

**SUMMONS**

State of New York  
Supreme Court, County of Albany

MARIANN J. BENACQUISTA  
Plaintiff

against  
SALVATORE R.  
BENACQUISTA, Defendant

ACTION FOR ABSOLUTE DIVORCE

To the above named Defendant:

YOU ARE HEREBY SUMMONED and required to serve upon plaintiff's attorney an answer to the complaint in this action within twenty days after the service of this summons, exclusive of the day of service, or within thirty days after service is complete if this summons is not personally delivered to you within the State of New York. In case of your failure to answer, judgment will be taken against you by default for the relief demanded in the complaint. Dated, May 18, 1970

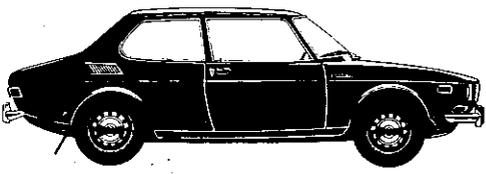
Trial is desired in the county of Albany

The basis of venue designated above is that plaintiff resides at Colonie in the county of Albany

Joseph J. Micare  
Attorney for Plaintiff  
22 Lodge Street  
Albany, New York 12207  
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**FISHERMEN:** nightcrawlers \$2  
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 home by Louis Spelich, Photo-  
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**JACOBSEN 21"** lawn queen mow-  
 er. Quiet, powerful, dependable.  
 \$40. 439-5450.

**GARAGE SALE,** August 1, 75 Marl-  
 boro Road, Delmar. 10 A.M. to  
 2 P.M. Glassware, spinet piano,  
 girls clothes, size 12-14, miscel-  
 laneous.

**ORIENTAL RUGS** — now your  
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 rugs add beauty and indicate  
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 ber available for sale.

**DINING room suite** \$95. Mahogany,  
 8 pieces. 439-1877 2t86

**BARN SALE** — Sat. Aug. 1, if rain  
 Sun. Aug. 2. Furniture, Jewelry,  
 Odds and ends. 91 Orchard St.,  
 Slingerlands. 10 A.M. on.

**14 FT. ChrisCraft boat.** Asking \$175.  
 788-2856.

**COMPLETE set** of 12 Haviland  
 Limoges China 106 pieces \$300,  
 Seth Thomas Clock (New Eng-  
 land Steeple) \$50, Sterling Sil-  
 ver set of 12 (flower design) 65  
 pieces \$300. 439-3459.

**BOAT 15'** Penn Yan DeLuxe elec-  
 tric pushbutton controls, 40 H.P.  
 motor, trailer has heavy duty  
 springs with 6 ply tires & spare.  
 A-one condition. Reasonable.  
 439-2757.

**CARPETING 12' x 16' 8"**. Kitchen  
 booth and formica top table. Fits  
 corner 82" x 67 1/2". IV 9-0342.

**ORGAN,** power tools, bar. 462-  
 0721.

**RIDING mower,** Wizard 4 1/2 hp,  
 1964. Needs some work. \$50. 482-  
 7334.

**12 CU. FT. GE refrigerator,** like  
 new, used only a short while \$80.  
 Double bed \$15. Manual operated  
 drill press \$8. Door hinges, shelf  
 brackets, electric motors, very  
 cheap. Some shovels \$1 each.  
 Pick ax \$2. Kant hook \$5. Machi-  
 nist's taps & dyes \$5. Two  
 bathroom lavatories \$5 each. Call  
 Watson Weber. 439-5827 morn-  
 ings or evenings.

**TV GE portable 15"** black and white  
 \$35. 482-6120.

**SKIS Rossignol Strato,** 210 Cm.  
 Never Mounted. \$125.00. Call  
 439-2945.

**FOR SALE:** Sportcraft 14 ft. motor  
 boat, canvas top, mahogany &  
 fiberglass, like new, 15 hp motor.  
 439-1288.

**GARAGE SALE:** Sat. Aug. 1 10-2.  
 47 W. Bayberry Rd., Colonial  
 Acres, Glenmont. Solid cherry  
 bedroom; maple bedroom desks  
 with bookcase, corner desk,  
 matching chair, cherry commode  
 tables & coffee table, white  
 crib, matching chest. Antiqued  
 red table & six chairs. GE wash-  
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**AIR CONDITIONER,** electri-  
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 Delaware Ave., Delmar, rea-  
 apartment.

**HOME MADE** pick up camper o-  
 trailer frame, electric AC-DC  
 sleeps 4, \$150. Buffet & chin-  
 closet, good condition \$50. An-  
 tique Lincoln rocker, needs car-  
 ing. Spinning wheel, original con-  
 dition. 462-2577.

**DINING ROOM** walnut drop lea-  
 table, six chairs, hutch; moun-  
 tain snow tires 6:50 x 14; swimming  
 pool, round 18 ft. x 4 ft. with ac-  
 cessories \$50. 439-3456.

**GARAGE SALE:** 194 Holmes Dale  
 off Buckingham Dr., Albany, Aug  
 3 & 4, Mon. & Tues. Bric-a-brac  
 occasional furniture, rugs, some  
 antiques.

**SALE** — Antique books, looms  
 photographic equipment, lamps  
 dishes, tires, car rack etc. Sa-  
 turday, August 1, 10 A.M. - 1. 2  
 Gardner Terrace.

**GERT'S** a gay girl — ready for a  
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 ator, 2 door \$80. Mahogany dining  
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**FOR SALE**, lease, office building 2400 square feet, Slingerlands. 872-1961. 4t813

**REAL ESTATE FOR RENT**

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**95 Delmar**, 3 rooms, bath. Suitable single business woman. References. Year's lease. Sept. 1. 442 Kenwood Ave.

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**COLLEGE** teacher needs babysitter in her home. Fall and Spring semesters, Tuesday, Thursday mornings, Vicinity Kenwood and Orchard, must supply own transportation. 439-4857 Monday-Friday. 2t730

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**CLERICAL** position available 37 hour work week, pleasant working conditions, near Delaware Plaza. Phone 439-9369.

**WOMAN** light housekeeping, good home for right person. Apply Box H, Spotlight, Delmar.

**NEEDED** by older woman with sense of humor, part-time companion in her home in Elsmere to prepare meals, provide some light housework, in exchange for private room with bath and meals. Arrangements flexible. 788-2873 after 5 P.M.

**CLEANING** lady one day a week, references, own transportation, preferred. Call 439-4728 in morning or evening.

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**ODD JOBS** wanted, painting interior, exterior, plumbing, heating, roofing, tile baths, ceilings, floors. 477-7010. 2t730

**CAR** painting, minor body and fender repairs. Complete paint jobs. For free estimates, Call 434-5055. 3t730

**DO YOU NEED** a baby sitter, who is both responsible and reliable? Call 439-5527 between 12 noon, and 6:30 P.M. Marianne Rooney.

**IRONING** to be done in my home. 439-7158.

**WOMAN** desires day house work. 463-5017.

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**CHILD CARE**, my home, experienced. 462-9748.

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**LOST** - Radio-controlled model airplane. 39" wingspan. Vicinity of Brockley Drive, Delaware Avenue, Cherry Avenue. Reward. Call 439-5117 after six.

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**RIDE WANTED** - Voorheesville to Stuyvesant Plaza, will pay. 785-4592.

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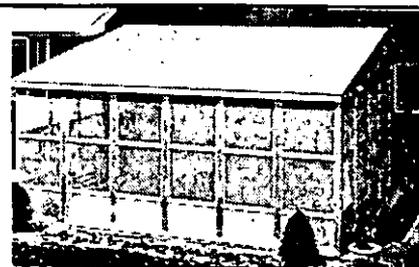
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