

The Spotlight

JULY 31, 1975
VOL. XX, NO. 30

Controlled Circulation Publication

20¢



See Page 13

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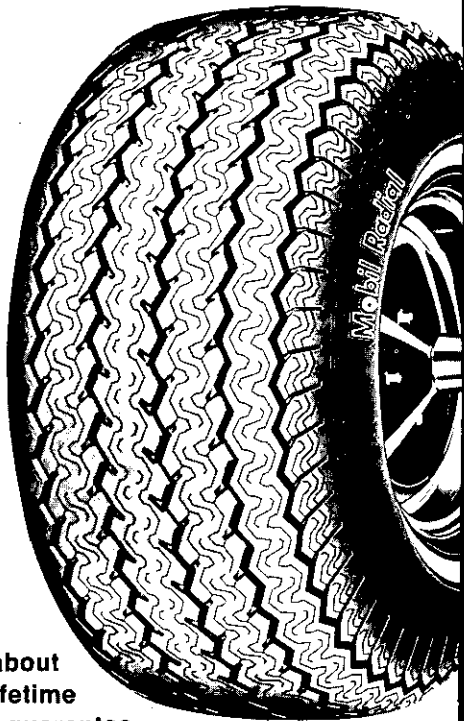
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 ELSMERE — Henry Quinn — 241 Delaware Avenue
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482-9455
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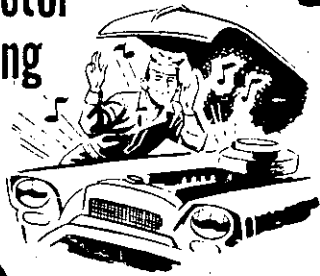
\$36*	\$42*	\$49*
Small Car Sizes:	Medium Car Sizes:	Large Car Sizes:
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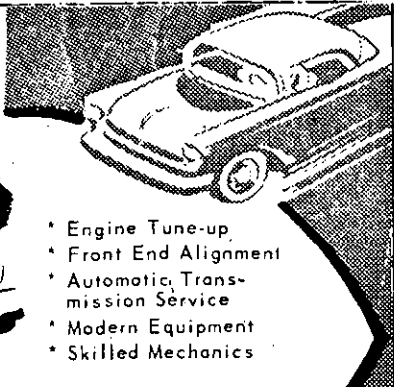
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SPOTLIGHT ON THE GOOD OLD SUMMERTIME

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New Skidmore Campus,
North Broadway, Saratoga

-SPAC-
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PERFORMING
ARTS CENTER



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• TOWN PARK
• Elm Ave., Delmar

ROUTE 159
AGAWAM, MASS.
PARK OPENS
EVERYDAY-1 P.M.

Bethlehem Public Library

Spotlight CALENDAR

Tri-Village FISH — Call 439-3578 for voluntary service — 24 hours a day the year 'round — offered by residents of Delmar, Elsmere and Slingerlands to their neighbors in need of help in any emergency.

Bethlehem Jaycees meet first and third Wednesdays of the month, 8 P.M., Center Inn, 9W, Glenmont.

Welcome Wagon — Newcomers and mothers of new babies call 785-9640, Mon. thru Sat., 8:30 A.M.-6:00 P.M. so you may have a Welcome Wagon call.

Bethlehem Memorial Auxiliary to Post #3185, Veterans of Foreign Wars, meets the third Monday of every month, at the Post Rooms, 404 Delaware Ave., Delmar.

The Albany County Pistol Club, Winne Place and Maewin Drive, Delmar, welcomes guests at its indoor pistol range every Tuesday at 8 P.M. Information: Dave Herbach, 439-4372 or Tom Corrigan, 439-3301.

Monarch Club of Albany meets every Tuesday night at 6 at the Center Inn, Glenmont.

Give and Take Shop, staffed and stocked by residents of Delmar, clothing for all occasions, all ages, all sizes, available to everyone. Basement St. Thomas Apostle Church & Rectory, Mon. 9:30-11:30 A.M., Tues. 1-3 P.M., Sat. 10 A.M.-12 Noon.

Every Thursday at 7 P.M., Delmar Reformed Church, scout meeting for handicapped, Troop 159

Kiwanis Club of Delmar meets every Monday night at 6:15 at The Center Inn, Route 9W, Glenmont.

Bethlehem Lions Club meets 1st and 3rd Wednesdays of the month at LaCasa, Selkirk, 6:30 P.M.

AARP meets 12:30 P.M., third Tuesday of month, Delmar First United Methodist Church, Kenwood Avenue, Delmar.

Rotary Club of Delmar meets every Tuesday night 6:15 at Schrafft's Motel.

The Delmar Community Orchestra rehearses every Monday evening from 8 to 10 at the First United Methodist Church of Delmar.

Bethlehem Junior Woman's Club meets 2nd Wednesday of each

month, 8 P.M., Bethlehem Public Library.

Bethlehem Recycling Program (paper, cans, glass), Town Garage, 114 Adams St., Delmar. Mon. thru Fri., 8 A.M.-4 P.M. Papers should be tied, cans flattened, bottles clean w/metal removed.

Rosary — St. Thomas Church, Adams Place, Delmar, every Thursday at 11:45 A.M.

Nathaniel Adams Blanchard Post #1040, American Legion Auxiliary, meets third Tuesday of month except July & Aug., 8 P.M., Post rooms.

Nathaniel Adams Blanchard Post #1040, American Legion, meets first and third Monday of month (when holiday occurs, move to Tuesday) except July and August. 8:30 P.M.

8:15 P.M., meeting, every Wednesday, Gam-Anon, wives of compulsive gamblers, St. Pius Church, Loudonville. 462-6916 or P.O. Box 23, Albany.

Onesquethaw O.E.S. meets on the first and third Wednesday of every month at the Masonic Temple in Delmar.

Glenmont Lions Club meets 2nd and 4th Tuesdays of the month at LaCasa Restaurant, Selkirk, 6:30 P.M. Visitors welcome. Info: Frank Muria, 767-2408.

Glenmont Homemakers meet 3rd Wed. of month; Glenmont Comm. Church, 8 P.M.

8 P.M., monthly meeting, last Thursday of each month, Elsmere Fire Co.

Bethlehem Lodge meets on 1st and 3rd Wednesday of every month, Ladies' Auxiliary meets on 2nd Wednesday of every month.

Bethlehem Youth Employment Service, 114 Adams St., Delmar. Summer Schedule, Monday-Friday, 8:30 A.M.-1:00 P.M. Telephone: 439-2238.

Every Tuesday and Friday night at 8:00 — Lecture and discussion on communication and how it effects your life — at Scientology Albany, 260 Lark St., Albany. Admission free.

Citizen Band Radio Club 1st Thursday. Third Tuesday at the Center Inn, Glenmont, 8:00 P.M. Mrs. John Silvia. 463-7675.

Sports Car Club of America first Wed. of each month 8:00 P.M. at the Center Inn, Glenmont, Marie Corrin, 869-6948.

Every Sunday — July and August — Summer services 9:30 A.M. Light breakfast served at 8:30 A.M. All welcome. Bethlehem Lutheran Church, 85 Elm Ave., Delmar.

Bethlehem Jaycees meet 4th Monday of each month, 7:30 P.M., for further information please contact Denise Linstruth 439-5312.

Berne Lodge #684 of F&AM meets the 1st and 3rd Saturday of every month at 8:00 P.M. Fellowcraft every 3rd Monday 6:00 P.M. Eastern Star on 2nd & 4th Tues. of every month.

Great Dane Club of Greater Albany meets 2nd Fri. of the month, 8:00 P.M., Center Inn, Glenmont. Guests are welcome. Info: call 785-7253.

Every Sunday at 2:30 P.M., lecture on inter personal relations at Scientology, 23 Rockefeller Rd., Delmar. Open to the public. For information 439-1810.

Clam Chowder and Bake Sale the 3rd Friday of every month June-August from 12-4 at the New Salem Reformed Church. Bring your own container.

Empire Motor Sports Club, third Thursday each month at the Center Inn, Glenmont, 8:00 P.M. Lee Beauregard. 456-0019.

THURSDAY, JULY 31

Bethlehem Senior Citizens trip to Cooperstown, luncheon at Otasaga Hotel.

6 P.M., Swim Meet, Delmar Dolphins vs. SUNY at Elm Ave. Park.

FRIDAY, AUGUST 1

7 P.M. — Punkintown Fair, Route 85A, a family fun affair presented by New Salem Volunteer Fire Department. No charge for admittance and acres of supervised car parking. Features: Rides, Games, Goodies.

7:30 P.M., Multiple Sclerosis Choral Concert Benefit, Delmar Library Community Room. Donation: \$1.

SATURDAY, AUGUST 2

6:30 P.M. — LAST NIGHT of Punkintown Fair, Route 85A — An all out family fun affair presented by New Salem Volunteer Fire Department. Free admission — free supervised car parking. Action rides, games galore, sweetmeats and good things to eat.

8 P.M., Senior Drum & Bugle Corps Competition, Mt. Pleasant H.S., Schenectady.

9 A.M., Horse Show, Locust Knoll Farm, Rt. 443, Clarksville. English, Western & Pony Classes. Open to all.

SUNDAY, AUGUST 3

11 A.M., All-Pony Show, Locust Knoll Farm, Rt. 443, Clarksville,

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COME TO THE

Aquarius Beauty
Salon & Boutique
CLOSE-OUT

Sale

Everything must go!
All clothes, jewelry, Rubenstein cosmetics,
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DELMAR, N.Y.
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and
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Monday thru Saturday

Terrific Sandwiches
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Rt. 9W, Glenmont • 439-2323
Open 7 days a week

performance classes open to all ponies 54" & under.

WEDNESDAY, AUGUST 6

7:30 P.M. The Evening on the Green at the Bethlehem Public Library, Delmar presents Al Cappetti, Square Dance caller. No admission charge. Bring your dancing shoes, or a blanket or lawn chair.

8:30 P.M., The Board of Appeals of the Town of Bethlehem will hold a public hearing at the Town Offices, 393 Delaware Ave., Delmar, to take action on application of Edward J. Keenan, 581 Morris St., Albany, appealing a decision of the Building Inspector which denied him a Building Permit for Lots 4 and 5 at the corner of Murrill Drive and Pine Street, Elsmere, because, in accordance with Town Law 280a, there is no access to an existing street.

8 P.M. — The Board of Appeals of the Town of Bethlehem will hold a public hearing at the Town Offices, 393 Delaware Ave., Delmar, to take action on application of John N. Collen, 30 Elwood Rd., Delmar, for a Variance from Art. VIII "Percentage of Lot Occupancy" of the Town of Bethlehem Zoning Ordinance to construct a garage and porch at his residence.

TUESDAY, AUGUST 12

Happy Anniversary, Joni & Bob

THURSDAY, AUGUST 14

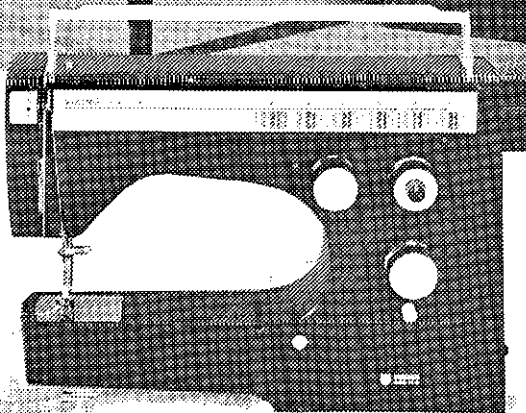
Delmar Dolphins Swim Club vs Kattskill Bay Swim Club, Elm Ave Park.

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VIKING 6440

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Westerlo Town Hall
Westerlo, New York
Pastor — Thomas Mahoney
872-1936

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201 Elm Avenue, Delmar
439-9492
David P. McDowell — Pastor

DELMAR PRESBYTERIAN CHURCH

585 Delaware Ave., Delmar
439-9252
George H. Phelps, Pastor

BETHLEHEM LUTHERAN CHURCH

85 Elm Ave., Delmar
Rev. Paul H. Gassmann

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Pars. & Study Ph. 767-3406
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Pastors: Robert B. Thomas,
Thomas D. Peterson, Sang Hahn

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Rev. Jack Cooper, Pastor

COMMUNITY UNITED METHODIST CHURCH

1497 N. Scot. Rd., Slingerlands
Bryson M. Smith, Pastor

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The Chapel of Regina Pacis "Queen of Peace"

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Pastors: Gerard J. Van Heest,
David L. Cooper
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BETHLEHEM COMMUNITY CHURCH

201 Elm Avenue, Delmar
439-9492
David P. McDowell — Pastor

BETHLEHEM BAPTIST CHURCH

Rev. Glen R. Watts, Pastor
421 Kenwood Ave.
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FAITH TEMPLE UNITED PENTACOSAL CHURCH

Westerlo Town Hall
Westerlo, New York
Pastor — Thomas Mahoney
872-1936

CLARKSVILLE COMMUNITY CHURCH (Reformed)

768-2016
Rev. Melchior Van Hatten, Pastor

Here & There

Guest Preacher

Rev. Frank T. Rhoad, pastor emeritus of Second Presbyterian Church, Amsterdam, and now a resident of Delmar, is to be the guest Minister of the Presbyterian Church at 585 Delaware Ave. for 3 Sundays in August. The Service of Worship is at 10 o'clock.

Mr. Rhoad is a lover of poetry and frequently uses it in his interpretation of life. In an original creative way, the service of worship on Aug. 17 will be a mosaic of Scripture, Song and Poetry.

Mr. Rhoad is a graduate of Beloit College, Beloit, Wis-

consin and Yale Divinity School. He holds a Doctor of Divinity degree from Marietta College, Marietta, Ohio.

Twice, he has been moderator of Albany Presbytery, and the Church in Amsterdam, which he served for 36 years, honored him recently, in celebrating the 65 anniversary of his ordination to the Christian Ministry.

Strzemienski Promoted

Clarence J. Strzemienski of Delmar has been promoted to superintendent in the engineering department at Aetna Life & Casualty's Albany casualty and surety division office.

Strzemienski is a graduate of Massachusetts Maritime Academy. He joined the company in 1969 as an engineering representative and was promoted to senior engineering representative in 1971.

Strzemienski lives at 529 Wayne Pl., Delmar.

19th Annual

COME TO THE FAIR

LAST WEEKEND

Sponsored by Selkirk Fire Co. No. 2

FIREHOUSE, GLENMONT ROAD, GLENMONT

**COUNTRY AUCTION —
AUGUST 3rd, 1 P.M.**

AUGUST 1st & 2nd

COOK SHED — CLAM BAR, HOT DOGS, HAMBURGERS, HOMEMADE PIZZA,
ITALIAN SAUSAGE SANDWICHES.

"MOON WALK"

GAMES — PRIZES — GAMES

PLENTY OF FREE PARKING
at TOWN SQUIRE PARKING AREA

STARTS AT 7:00 EACH NIGHT



Randles Appointed

Sr. Ellen Lawlor, Executive Vice President and Director of St. Peter's Hospital in Albany, has announced the appointment of Dr. Robert H. Randles as Medical Director of the 450 bed Community Hospital. He will serve as Coordinator between the Medical Staff, the Board of Trustees and the Administration. Balancing and coordinating the needs of the Clinical Departments, Outpatient Services and Emergency Room, Dr. Randles will supervise the quality of health care at St. Peter's and help to direct the planning

and development of the Hospital's medical programs.

Dr. Randles is a graduate of the Milne School, Wesleyan University, and Albany Medical College, serving his Internship, Residency, and a Fellowship in Cardiology at Albany Medical Center. He has served as Assistant Attending in Cardiology and Medicine and as Past Chairman of the Medical Staff at St. Peter's Hospital, attending in Medicine and Cardiology at Albany Medical Center, Clinical Associate Professor of Medical College. At Child's Hospital, Dr. Randles has served as Attending in



Medicine, Chief of the Department of Medicine, and Chairman of the Medical Staff. He is also a member of the Courtesy Staff in Medicine at Memorial Hospital.

Dr. Randles resides in Slingerslands with his wife, Jeanne, and their five children.

Family Sponsors Child

Mr. and Mrs. Al Forrest, 117 Marlboro Road, Delmar, are sponsoring Bernardina Diaz Montoya, a 14 year old girl from Honduras, through the

impact program of Save the Children Federation (SCF), worldwide child help organization with headquarters in Westport, Connecticut.

In making the announcement this week, David L. Guyer, SCF's executive director, described the impact program as a creative approach designed to benefit ALL the needy children of a selected community.

However, the personal relationship between child and sponsor is maintained, he emphasized. The sponsor receives a photograph and case history of a child, and correspondence is encouraged.

Founded in 1932, Save the Children Federation today aids 30,000 children, their families and communities in Appalachia, on American Indian reservations, Inner Cities and among Chicanos, Southern Blacks and in many countries overseas. The Federation is a member of the International Union for Child Welfare, the American Council of Voluntary Agencies for Foreign Service and the International Council of Voluntary Agencies. An individual, school or group interested in helping a child should



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TO
60% OFF**

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write to Save the Children Federation, Dept. P, Wilton Road, Westport, Connecticut 06880.

**Village Volunteer Corps
A Huge Success**

Led by President John Easton, Jr., the Village Volunteers Fife and Drum Corps of Delmar presented their annual Evening on the Green performance at Bethlehem Library on July 23rd. The Program was narrated by Buz Olsen, dressed in an English costume circa 1600. Highlighting the performance was the raising and capping of the Liberty Pole, an old colonial custom. The trunk of a tree was placed in the ground and a young patriot (Steven Bub) climbed the pole placing the cap inscribed with "Liberty or Death" on the top. The Village Volunteers are currently the only Fife and Drum Corps playing "Ginger Pop," one of the tunes performed. Jenay Benenati, Rane Benenati, Vicki Williams and Ellen Stewart presented a fife medley of "Battle Hymn of the Republic," "America," and "Yankee Doodle." During the intermission Carl Benenati of the Village Volunteers Militiamen described the militia uniform and weapon. The Militiamen presented a mock skirmish as may have been seen in Revolutionary times. The performances concluded with tunes commemorating major battles in the history of the United States until the time that the "Stars and

Stripes" was officially designated the national anthem.

In recent weeks the Corps has been helping to celebrate the bicentennial in Philadelphia and Albany. Invited by the city of Philadelphia to participate in a week long bicentennial celebration, the Corps paraded and presented two one hour long performances on June 30th at Independence Hall. President Easton led the Volunteers around the park in front of the Hall and narrated the performance.

On July 18th the city of Albany celebrated the anniversary of the first public reading of the Declaration of Independence in that city. The Corps led officials of the city and the Bicentennial Committee down State Street to the Delaware and Hudson Plaza where the reading took place.

"Musick of American Liberty," an album made by the Corps this year of Revolutionary and Civil War tunes in commemoration of the Bicentennial Celebration is now available. It may be purchased at Grover's Stationery and Mullen's Pharmacy in Elsmere or from any member of the Corps. Inquiries may be sent to the Village Volunteers, Box 285, Delmar, N.Y. 12054.

**MAN IN THE BARREL
CLIMBS OUT**

by Polly McIntyre
The September 9 Primary election is an important one

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(Opp. St. Peter's Hosp.)

"A Little Taste of Mexico"
LOOK FOR OUR NEW TACO SHOP
IN 76 SHOPPER WORLD.

Fri.-Sat. — Open 'til 10 P.M.
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Tues., Wed., Thurs. 11-8
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ON HORSEBACK — AUGUST 2**

\$1.00 OFF

on lessons or trail rides with this Coupon



The Spotlight

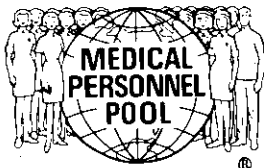
**VET'S
BODY SHOP
AND GARAGE**
333 Delaware Ave.
will be closed
Aug. 4 thru 18th
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Need a nurse? Finding the right RN, LPN, nurse's aide or companion to live in, or serve you as needed can be difficult. So calling us — a national nursing service — and letting us assure your satisfaction, makes sense.

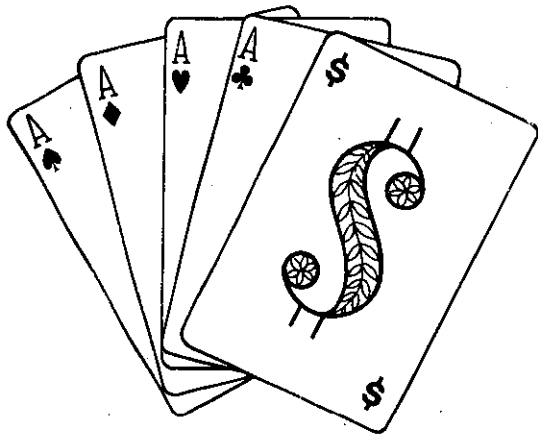


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for residents of Albany County. Theresa Cooke and Jack Barner are running in the Democratic Primary for County Executive and County Comptroller, both positions with enormous leadership potential.

Cooke and Barner have a remarkable record of integrity, competence, and accomplishment in opposing the O'Connell /Corning organization. Lack of integrity ("pay-offs", if you will), and inefficiency in government at any level is pouring taxpayers' money into a bucket with a gaping hole in the bottom. Here is an opportunity for your individual vote to plug the hole.

Registered Democrats in all of Albany County are eligible to vote on these positions in the Democratic Primary September 9.

Voters just turned 18 may still select party enrollment and register to vote in this Primary until August 10, at the County Courthouse — Board of Elections 463-3116. Voters who have moved recently may transfer their registration and party enrollment until August 20 for this Primary. To vote in the General Election November 4, 18 year olds and newcomers must register at the Courthouse by August 29 or at your polling place on October 4 or 6.

Tennis Survey

In an effort to convince Bethlehem town officials that construction of more tennis courts should have a high budget priority, members of the Bethlehem Tennis Association have been conducting a telephone survey aimed at finding out how many local residents play tennis, how often they play, and the most popular playing times.

At present, there are 20 public tennis courts in the Town of Bethlehem, eight at the Bethlehem Central High School, eight at the Middle School, and four at the Town Park. According to BTA members, "the rapid growth in tennis popularity has outstripped the facilities available," and long waiting lines

are now common — especially at the Town Park.

The telephone survey will be completed by the end of July, and the results will be analyzed by a BTA Task Force whose members are Mrs. Barbara Wickwire, Mr. John McCall, Mrs. Marge Day, Mr. Ronald D'Ambrosi and Mr. John Shafer. A report on the survey will then be submitted to Town officials. If, as expected, the data indicates a need for more courts, the Tennis Association will request that funds be included in the 1976 Bethlehem Town budget so construction can begin at the Town Park next spring.

The Spotlight Goes to School

On Dean's List

Daryl Lyn Devenpeck, daughter of Mr. and Mrs. Edgar Devenpeck of Delmar, has been placed on the Dean's List at American International College, Springfield, Mass. Daryl has maintained an A- average through the Fall and Spring semesters. She is majoring in Psychology and will enter her Sophomore year this Fall. She is a 1974 graduate of Bethlehem Central High School.

...

William R. Eberle has been placed on the Dean's List at Bryant College, Smithfield, R.I. To attain this honor a student must maintain a special College requirement for high scholastic standing.

He lives at 35 McKinley Dr., Delmar, and is the son of Mr. and Mrs. Robert F. Eberle. He is a graduate of Bethlehem Central High School.

Graduates

Virginia Elizabeth Weeks, daughter of Mr. and Mrs. Forrest G. Weeks of Delmar, was graduated from Cazenovia College, Cazenovia, on May 31. Miss Weeks received an asso-

ciate degree in Liberal Arts/Child Study.

She will pursue her studies at American University, which she plans to enter this fall. Graduated from B.C.H.S. in 1973, Dean's list spring semester 1975.

...

The State University of New York at Albany has announced that Richard E. Segerstrom of Delmar has graduated Cum Laude with a degree of Bachelor of Arts.

LIBRARY NOTES

Pet Day

Thursday, July 31st is PET DAY at the Bethlehem Public Library. At 1:30 p.m. for youngsters who have just finished 3rd grade, and again at 3:30 p.m. for youngsters who have just finished 4th and 5th grade there will be a special movie, "ME AND YOU, KANGAROO." There will also be an exhibit and information on all kinds of pets with a special guest speaker from Dale Pets. The highlight of each program will be the live animals for the youngsters to see.

Promenade & Do-Si-Do

Are you a square dancer? Come to the Bethlehem Public Library at 7:30 p.m. on Wednesday night, August 6th and wear your dancing shoes!

Al Cappetti will be calling the moves — and if you don't know how to "Do-Si-Do" or "Allemande Left," he'll show you.

Square dancing has been enjoyed in America since Colonial times. Often when settlers finished the work at a husking bee, quilting frolic, or barn raising, out would come a fiddle and the dancing would begin. Sometimes the music would be provided by a fife and drum, and in the backwoods, if none of these were available,

the pioneers made music by clapping their hands in a steady beat. Square dancing remained popular in rural sections of the country and gradually is becoming more popular in urban areas, especially in these Bicentennial times.

So come to the Bethlehem Public Library Evening on the Green, Wednesday night August 6th. You don't have to participate, but you'll have more fun if you do!

More Basic Housing In Offing

Chicago (NFS) — Home builders will be getting back to basics — offering smaller single-family homes with no frills and putting up townhouses with fewer amenities such as clubhouses — to bring the price of housing within reach of the mass market once again.

This is what Jerry J. Berger, executive vice president of Hoffman Rosner Corporation, which is building homes in the Chicago and Philadelphia areas, says is ahead for the building industry.

Berger sees the major challenge as one of bringing the single-family home back within reach of the mass market, which he defines as families in the \$12,000 to \$15,000 income class.

"THE OLD rule-of-thumb was that a family should pay no more than 2-1/2 times income for a house," he said, "but that was when interest rates were under 8 per cent. That meant a family making \$15,000 could buy a home at \$37,500. As interest rates went up, the multiplier fell to 2 times income, so a \$15,000 a year family could now afford only a \$30,000 home."

Right now, the typical new single-family home exceeds \$40,000, clearly out of reach of the market. To afford such a home, a family needs an income of at least \$16,000 and in many cases more than \$20,000.

Further Reductions SUMMER SALE

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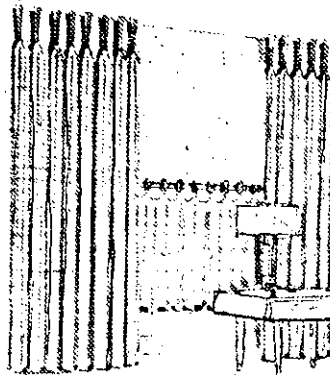
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"The single-family home is still part of the American Dream," Berger said. "To make the dream come true, we have to get the price down in the \$30,000 to \$40,000 range. This means smaller, more basic housing. Instead of two baths, there'll be one or 1-1/2. Bedrooms will be smaller. There'll be either a one-car garage or none at all. If municipalities permit, lots will be smaller; instead of 2-1/2 to 3 homes per acre, there'll be 4 to 6."

Travel Can Be Theme For Decor

Chicago (NFS) — The romance of travel and transportation through the ages provides not only good reading and conversation, but also some interesting themes for home decorating.

Burwood Products Company of Traverse City, Mich., for example, has recreated the vehicles and vessels from various periods of history in the form of deep-dimensional wall plaques, each reproduced from an original wood sculpture.

One of these is a detailed replica of a Spanish Galleon, complete with golden cord rigging. Another is a Mariner's Map/Ship plaque with an early navigational instrument, telescope, and sailing vessel in deep-dimensional technique, superimposed on a framed map.

TAKING TO LAND, another Burwood classic is a lavishly ornamented replica of an 18th century royal coach. Based on a Louis XIV model and appropriately finished in rich metal gold with color accents.

Among the later additions to the travel theme collection are a colorful colorful Antique Cars collage including authentically detailed models of an old Pierce roadster, Stutz Bearcat, and Buick two-seater, with a tool box, air pump, carbine generator, and other motoring paraphernalia added for atmosphere.

For railroad buffs there's the Antique Trains collage,

combining an early steam-powered carriage with a mid-19th century engine and a powerful 20th century steam locomotive.

Quit Cigs? Kick Habit At Bedtime

Chicago (NFS) — A relaxed frame of mind coupled with continual anti-smoking indoctrination at bedtime may be just the right program to help you kick the cigarette habit, advises Sally Ames, sleep consultant to the Spring Air Mattress Company, Chicago.

In an experiment conducted by a University of Minnesota researcher, a control group of people heard radio programs of relaxing music, seashore sounds, relaxation messages, and anti-smoking messages each night for a week. At the end of the week, 72 per cent quit or cut down on smoking.

In a second control group, exposed only to the music and relaxation suggestions but not the anti-smoking message, 28 per cent reduced smoking.

If you want to try your own program to help you kick the cigarette habit, here's what Spring Air's consultant advises: "Before going to bed, tune your radio to soft, relaxing music. At the same time, read all of the anti-smoking literature that you can find. It just may work."



Perhaps the most important single detail in wedding preparations is the selection of the right photographer. After a bride's brief day of glory, only good professional photographs can recall her radiant enchantment and precious delight. Let us keep your joy forever.

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Know What To Expect If You're Transferred

Chicago (NFS) — Selling your present home and finding a new one in a distant city can be a major headache if your company transfers you. So it's a good idea to find out in advance what kind of assistance you can expect.

Some 500,000 corporate transfers are made each year, and about 150,000 of these are covered by some sort of relocation policy, according to Theodore D. Bell, executive vice president of Employee Transfer Corporation (ETC), a wholly-owned subsidiary of Chicago Title and Trust Company.

"However, corporate transfer policies vary widely," Bell said. "Most transferees have to sell their home by themselves; their companies don't help them. The balance are given some degree of help in disposing of their homes. The most progressive firms offer some sort of home purchase plan."

But a home purchase plan isn't all there is to relocation assistance, even though it can be the most significant part. You should find out about the following:

1. How much time will I get to hunt for a new house?
2. Will the company pay for my house-hunting expenses and for my wife if I want to bring her along?

3. Will the company pay for moving my household goods?

4. Who pays for packing and unpacking?

5. Do I get a mileage or shipping allowance for my car when I move?

6. Will the company pay for travel, food, and lodging when I move my family?

7. Supposing I have to live in temporary quarters: Will the company pay for this and for how long?

If the company pays for all or some of these expenses, the federal government may regard a portion as income and require you to pay a tax on what the company paid you. So you should also ask if the company will pay you an extra amount to cover your tax liability.

Then there's the whole matter of real estate assistance, including disposing of the present home and buying a new one.

"The best form of real estate assistance as far as the employee and his company are concerned is for the company to arrange for his home to be purchased at fair market value and to give him his full equity in the home instantly," Bell said. "The company should also pay all of the selling and closing costs. That way, you

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OVER STORY

LOCAL AUTHOR

THE REV. DR. BENJAMIN W. GILBERT of 70 Marlboro Road, Delmar, is the author of a new autobiography titled "From a Log Cabin in Mississippi to a Metropolitan Pulpit." His new book was published by Vantage Press, New York City. The first edition is 4,000 Volumes. Dr. Gilbert has previously sold almost 100 copies via mail, etc. Autographed copies may be secured by simply calling the author by telephone: 439-3788.

His hobby is gardening and he has a very unusual garden indeed! In blossom are peanuts, black-eyed peas, sugar cane and many other fruits and vegetables. Visitors to see the garden will be welcome anytime.

Rev. Gilbert was pastor of a Methodist church in Delaware prior to his retirement and move to Delmar ten years ago.

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- Fried Haddock \$1.99
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have your equity ready to make a downpayment on a new home and don't have to worry about disposing of your old one."

Some companies buy the employees' homes themselves and then try to find buyers, usually through a broker. This often saddles the company with an inventory of unsold homes which can be costly.

Other companies engage house-buying services, such as ETC, which buy the home

from the employee, give him his equity money immediately, and then find a buyer. ETC assumes all of the risk of buying and selling the home and charges the company a fee when the transaction is concluded.

ETC buys and sells transferees' homes all over the country, and also helps the employee find a new home through a nationwide network of 125 offices.

cornered Uprites, which come in six different sizes, from 12-ounce up to one-gallon. Slightly tapered for easy removal of contents without thawing, they stack well in the freezer.

Besides the Uprites, there are Freezette containers in a wide variety of other shapes and sizes, including convenient jars with twist-lock tops. The various styles are widely available in the housewares sections of department, hardware, and grocery stores.

Plan Ahead For Savings In Backyard Gardening

Chicago (NFS) — Close to half of all the households in the U.S. — possibly 35 million — are expected to be involved in vegetable gardening in 1975.

And if every garden lives up to President Ford's estimate that \$10 worth of seed can produce \$290 worth of fresh vegetables, these households will all enjoy significant food budget savings. As the harvest season peaks, many will also find themselves with more than they can comfortably eat.

Planning ahead to preserve excess produce is just as important as planning and planting the garden itself, according to Pauline Church, home service advisor for the Republic Molding Corporation, Chicago.

TIME IS IMPORTANT in freezing fresh fruits and vegetables, since delay can lead to deterioration of quality. A maximum of three hours from garden to freezer is ideal for vegetables picked at peak ripeness.

"A special advantage of having your own garden, in fact, is being able to process,

pack, and freeze small amounts of vegetables each day during the harvest season," Ms. Church pointed out.

Handling just a few pounds at a time really is easier on you and on your freezer since it eliminates the risk of temperature fluctuations and assures quick freezing.

YOU'LL NEED a blancher or other large covered kettle with a wire basket for scalding the vegetables, plus an accurate minute timer. A sturdy colander is helpful for washing and draining the vegetables beforehand.

"Follow blanching and chilling directions to the letter," Ms. Church emphasized. "Accurate timing is essential to assure successful freezing now for good eating later on.

"In packing, allow sufficient headspace for vegetables to expand in freezing," she cautioned. "The usual allowance is 1/2 inch for each pint container, slightly more for larger ones. A few vegetables, such as brussels sprouts, need no headspace."

CHECK AHEAD of time to be sure you have an adequate supply of packaging materials, including airtight containers in various sizes to meet your family needs. For convenience and overall economy, many longtime freezer owners prefer reusable Freezette containers of rigid frost white plastic.

Homemakers who put up quantities of fruits and vegetables especially like the space-saving advantage of square-

PEANUTS AMERICANIZE GERMAN CHOCOLATE CAKE

German food is hearty fare. Sauerbraten, wiener-schnitzel, hasenpfeffer and bratwurst—usually accompanied by sauerkraut or red cabbage and dumplings or potato salad—are all part of a hausfrau's repertoire.

But of all the German ways of preparing food baking has always been the most interesting and important. Afternoon kaffee is a cherished ritual among Germans of all ages. It is a social occasion when friends gather for coffee and conversation and the richest, most beautiful pastries that German cooks can concoct.

Chocolate cake is a traditional favorite at these afternoon kaffee gatherings. Planters German Chocolate Cake is another version of this classic cake adapted to American tastes with the addition of peanuts. A peanut-coconut frosting sandwiched between and on top of three moist layers of chocolate cake results in a luscious dessert that will satisfy any sweet tooth—German or American!

PLANTERS GERMAN CHOCOLATE CAKE

- 1 package (4-ounce) sweet baking chocolate
- 1/2 cup boiling water
- 2-1/2 cups sifted flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup (2 sticks) margarine, softened
- 2 cups sugar
- 4 eggs, separated
- 1 teaspoon vanilla extract

CLOSED FOR VACATION August 4 - 18th

(back to work on the 18th)

L & H

Brake & Front End Service
115 Adams St., Delmar
HE 9-3083



1 cup plain yogurt
Peanut Coconut
Frosting (recipe below)

Cool until thick enough to
spread, beating occasionally.

Buying New Disposer?

Chicago (NFS) — You can save money on replacing your worn-out garbage disposer if you know what to look for in a replacement model.

More than 1.2 million garbage disposers will require replacement in 1975, according to estimates of Ernest J. Priaulx, vice president-customer products service, In-Sink-Erator Division, Emerson Electric Co., Racine, Wis., a leading manufacturer of disposers. Priaulx states that almost all disposers installed during the 1960s are easily removed and replaced.

"THE KEY factor in determining how difficult installation of a new disposer will be is the 'rough-in' space," he said.

The 'rough-in' space is the number of inches from the underside of your sink, to the mid-point of where your sink drain line goes into the wall.

If this space is at least 9 inches, you can choose almost

any disposer size or make and there should be little difficulty in its installation.

IF IT'S the minimum six inches, then you're better off choosing a new disposer model that requires no more than a 6-inch 'rough-in.'

"In other words, it's relatively easy with an extension on your sink drain trap to reduce the 'rough-in' from 9 inches to 6 inches. But it involves some elaborate plumbing work to do the opposite," Priaulx said.

He pointed out that you can get good replacement disposers

at a retail cost of anywhere from \$45 to \$100, depending on the features and warranty you want.

A GOOD plumbing contractor installer can replace a worn-out disposer with a new one within an hour if the "rough-in" space is compatible with the model you choose and there are no other complications.

Priaulx suggests that you consult your Yellow Pages to learn the names of dealers specializing in garbage disposer replacement.

Unique Bicentennial Reference Book



To meet the expected mass demand for information for the Bicentennial, a leading library supply firm has produced a single-volume reference source for the observance.

The book is a boon for students, libraries, and civic, community and religious discussion groups. It also provides immediate reference for communications media, industries, and organizations planning special Bicentennial programs, seminars, exhibits and other activities.

The book was developed by Gaylord Bros., Inc., Syracuse, N.Y., in cooperation with SIRS (Social Issues Resources Series), and is titled, "The Gaylord/SIRS Bicentennial Program Package for the American Issues Forum."

Its format parallels the calendar and framework of the American Issues Forum, the nation-wide program for the Bicentennial observance.

The Forum resulted from a suggestion by Walter Cronkite of CBS. It is a program of timeless national issues for consideration and discussion by all Americans between September, 1975 and May, 1976.

Included are such monthly topics as "The Land of Plenty," "Growing Up in America," and "America and the World."

The Bicentennial book includes articles on all the major topics by eminent authorities, a historical retrospection, an extensive bibliography, and a film strip and audio cassette presentation.

Besides the unique Bicentennial reference book, the library supply firm also has produced a group of nine Bicentennial posters—to promote and identify local discussion meetings on the Forum program.

In addition, the company has a new collection of nine framed full-color Bicentennial-oriented art reproductions of great events and founding fathers of American history.

Information on the Bicentennial book, the poster series and the art reproduction collection are available from Gaylord Bros., Inc., PO Box 61, Syracuse, NY 13201, or Gaylord Bros., Inc., PO Box 8489, Stockton, CA 95208.

Paul Revere And The Minuteman

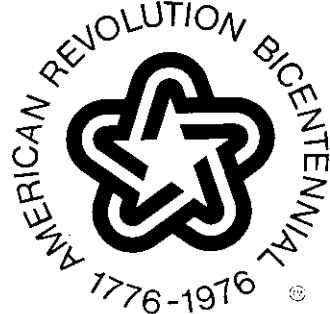


WASHINGTON, D. C. — Two hundred years ago Paul Revere made his famous ride, Minutemen fired "The shot heard

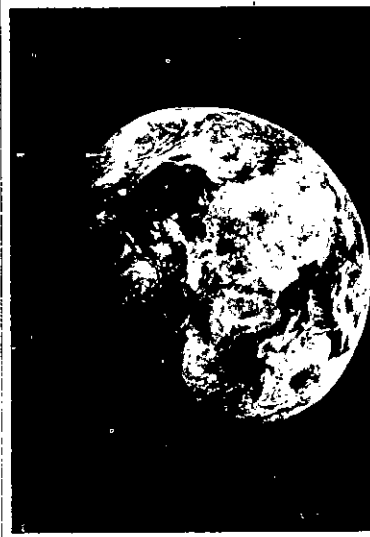
round the world", and the Army, Navy and Marine Corps were founded. To mark these events, the official 1975 Bicentennial commemorative stamp and medal set will be available to the public during the months of July and August, 1975. The fourth in a series of Philatelic-Numismatic Combination packages, called PNC, is offered by the American Revolution Bicentennial Administration (ARBA), in cooperation with the United States Mint and the United States Postal Service. While everyone is not a stamp or medal collector, the ARBA points out that the PNC is an official commemorative of the Bicentennial itself and may well be a keepsake desired by all citizens living during this unique moment in history. This year's Bicentennial medal honors Paul Revere, patriot courier, who galloped through the Massachusetts countryside on the night of April 18, 1775, warning Minutemen that a British force had set out from Boston to find and seize arms and ammunition stored by the Americans in anticipation of conflict with their mother country. The other side of the medal remembers the first engagement of the Revolution, a skirmish on the village green at Lexington, Mass. Today, a statue of a Minuteman, which is reproduced on the medal, marks the spot where the first Amer-

icans died in the war that eventually set the colonies free. The commemorative stamps on this year's first day cover, which will be postmarked July 4, 1975 from Washington D.C., will commemorate the foundations of the four armed forces that helped win the Revolution and which still exist. Although there is no longer a militia as such, the concept of the citizen-soldiers ready to defend their country lives on in today's National Guard. The stamps show a man from each of the Armed Forces, in the colorful uniforms of the period. "The Bicentennial is a national grassroots observance," John Warner, Administrator of the American Revolution Bicentennial Administration (ARBA), said recently. The ARBA is using the proceeds from the sale of the Congressionally approved medals and the licensing of Bicentennial commemorative items in accordance with the public law "to help fund the many state and local Bicentennial efforts in all parts of the country."

The presentation envelope in Buff and Blue, the color of George Washington's uniform, bearing the stamps and containing the medal will be postmarked Washington, D.C., July 4, 1975. It is prized by collectors, and offers a fine opportunity for any American who wants to remember his country's beginnings to have an attractive memento of those stirring times.



The price of the combination is \$5.00, and they may be ordered by sending a check or money order to American Revolution Bicentennial Administration, P. O. Box 1776 H, San Francisco, CA. 94101.



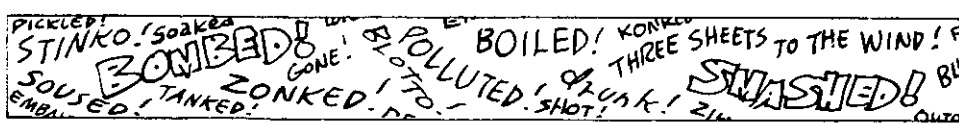
MULTIPLE SCLEROSIS IS OF VITAL CONCERN TO EVERYONE WHO LIVES HERE.

In our world today, an estimated one and a half million young adults are victims of multiple sclerosis. A mysterious debilitatingcrippler for which there is no known cause or cure that seemingly comes from nowhere to strike at young people in their prime years.

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National Multiple Sclerosis Society
257 Park Avenue South
New York, New York 10010



In the English language, there are about 1,000 synonyms for intoxicated.

Registration & enrollment information

PRIMARY DAY: **September 9, 1975**
ELECTION DAY: **November 4, 1975**

1. VOTERS WHO HAVE BECOME 18 YEARS OF AGE SINCE NOVEMBER 6, 1974

To vote in the Primary you must register to vote and enroll in the party of your choice by August 10 at the County Courthouse.

- Be sure to complete the Affidavit to Procure Special Enrollment
- You must be eighteen by August 10 and at the time you complete the Affidavit

To vote in the General Election you must register at the County Courthouse by August 29 or at your polling place on October 4 or 6

2. VOTERS MOVING WITHIN THE COUNTY

To vote in the Primary. If you moved since October 5, 1974, you may transfer your registration and enrollment in the party in which you were previously enrolled by August 20 (personally or by mail).

To vote in the General Election you must re-register to vote at the County Courthouse by August 29 or at your new polling place October 4 or 6

3. VOTERS NEEDING ABSENTEE BALLOTS

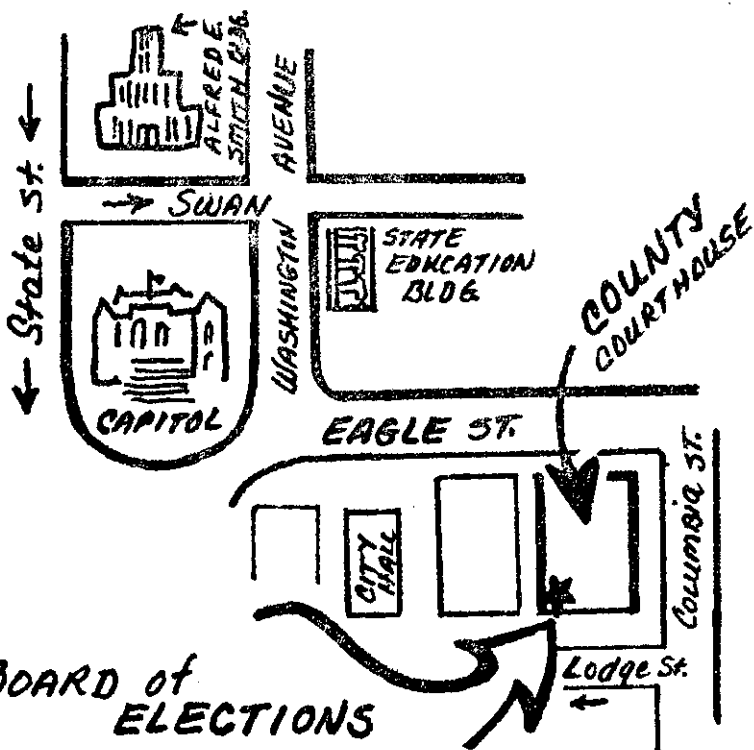
You may qualify for an absentee ballot if you are unable to vote in person due to illness, physical disability or absence from the county on the Primary or General Election day.

If you are unable to go to the County Courthouse you may mail your request or designate someone in writing to pick up your absentee ballot application for you.

For the Primary Election: File application between August 11 and September 2

For the General Election: File application between October 6 and October 28

Be sure to return your ballot to the Board of Elections in the County Courthouse by 12-Noon on September 8 for the Primary & November 3 for the General Election.



* REGISTRATION HOURS *

Board of Elections: County Courthouse
9 AM - 4 PM Monday-Friday until Aug. 29

Extra Hours:
Friday until 8 PM - July 11 & 25
August 8 & 22
Saturday 9 AM - 1 PM -
July 12 & 26
August 9 & 23

Local Polling Place:

10 AM - 8 PM October 4
12 Noon - 8 PM October 6

FOR MORE INFORMATION CALL
BOARD OF ELECTIONS 463-3116

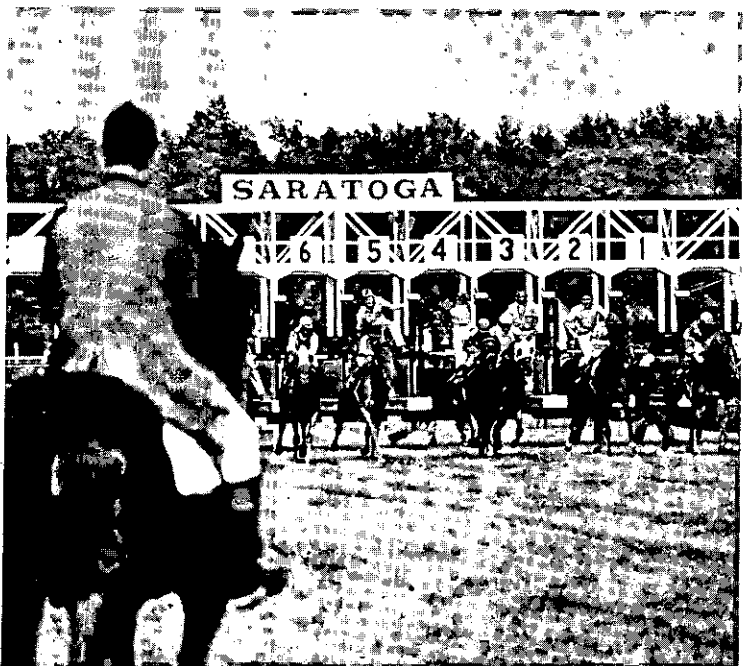
Saratoga A Win, Place And Show Treat in August

Saratoga Springs has earned a saddlebag full of nicknames during a long and colorful history. It has been dubbed "Queen of Spas;" "City of History, Health and Horses;" "Playground of High Society" and "Capital of Thoroughbred Racing."

During late July and on through August, the best thing to call Saratoga is a good bet for a family on a holiday. On Monday, July 28, thoroughbred racing begins its 108th meet at the 113 year old Saratoga Race Track. From then through Saturday, August 23, the little city will be alive with activities for racing fans, history buffs, connoisseurs of good American food, golfers and swimmers and vacationers looking for a pleasant kind of leisure in a place easily accessible by superhighway.

But say "Saratoga" and the average American will answer "horse racing." The flat track, one of the oldest in America, is where the action is during the last days of July and August, with post time for the first race at 1:30.

Ideally, a day at Saratoga should begin with early morn-

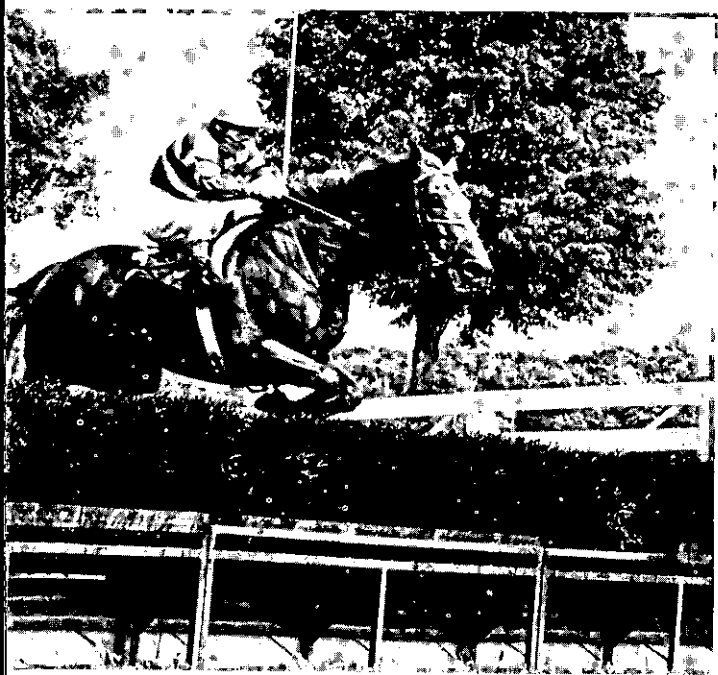
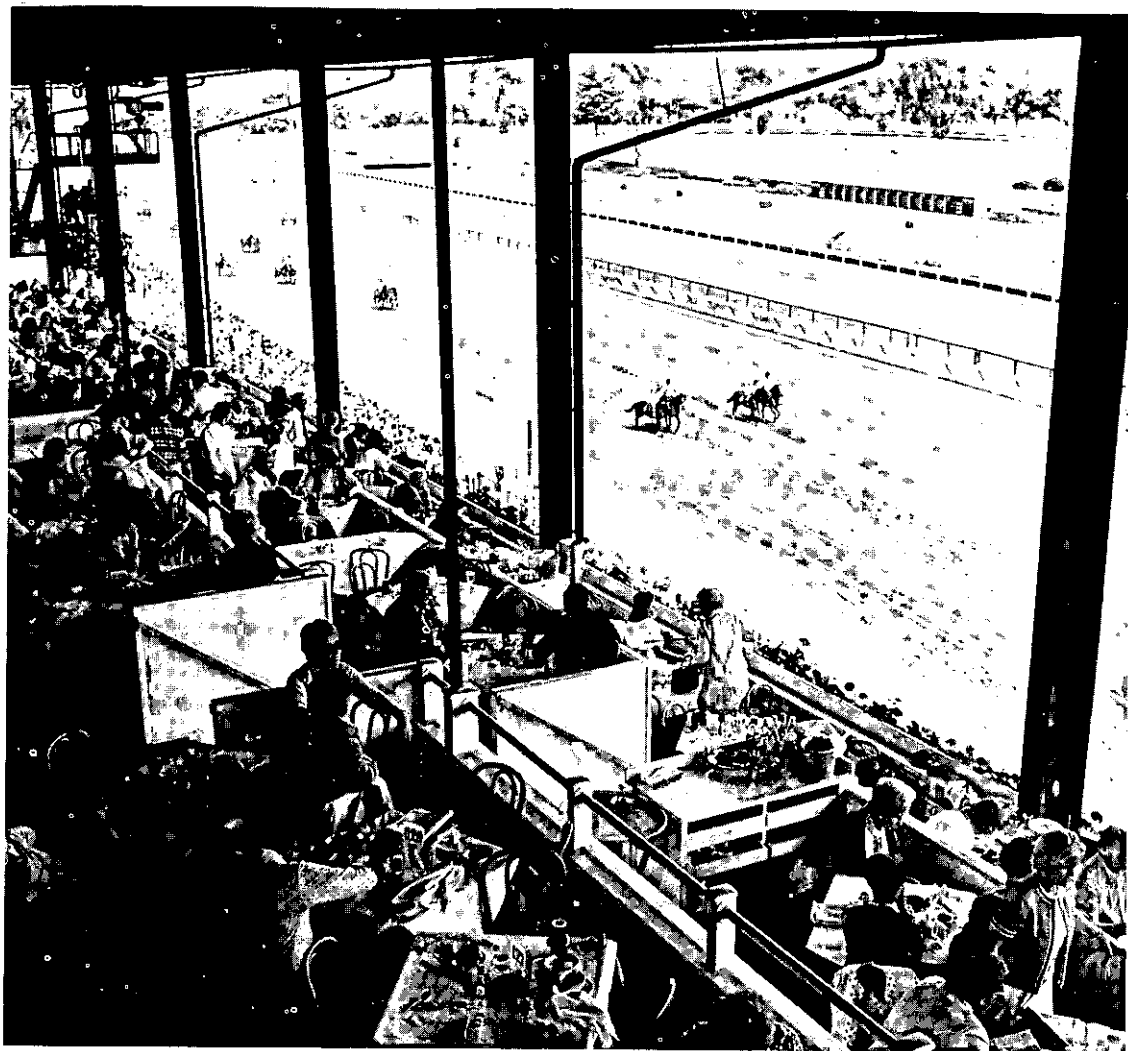


ing breakfast on the clubhouse porch" at Saratoga Race track. A longstanding tradition here, breakfast on the porch is a favorite activity with horsemen as well as family groups.

Racing at Saratoga has many features which the great metropolitan tracks lack. Between races, it is possible to walk under the tall trees of the paddock and watch the jockeys "saddle up", their bright silks catching the August sun. There is a special quality about the racing at Saratoga, a blend of history, of beauty, of tradition.

This year, for the first time, there will be Sunday racing, on August 3, 10 and 17, with the track closed, therefore, on Tuesday, Aug. 5, 12 and 19. A major highlight of the stakes-filled racing calendar is the \$100,000 added Travers Stakes known as "The Midsummer Derby" — on Saturday, August 16th, with Foolish Pleasure expected to head the field.

How to get to Saratoga from the New York City area, take the Gov. Thomas E. Dewey Parkway to exit 24. There pick up the Adirondack Northway which leads directly to Saratoga. Exits are well marked.



Spotlight

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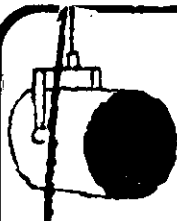


CADET KAREN M. MAGLIOCCA, one of the first seven women cadets to enter the State University of New York Maritime College, and daughter of Mr. and Mrs. Thomas Magliocca of 31 West Bayberry Road, Glenmont, is shown receiving a Gold Star for being on the Admiral's List. The Award was presented to her by Admiral Sheldon H. Kinney, President of the Maritime College.

Cadet Magliocca, a 1974 graduate from Bethlehem Central High School, Delmar, is majoring in Marine Engineering at Maritime.



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SPOTLIGHT on community corner

What: Bethlehem G.O.P. Steak Roast

When: Wednesday, August 20

Where: Murray Jennex Sunset Park

Festivities start at 3:00 P.M. Dinner will be served at 6:00 P.M. Tickets are available from Merwyn Atwood, 409 Delaware Ave., Delmar. 439-5720.

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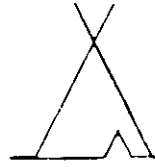
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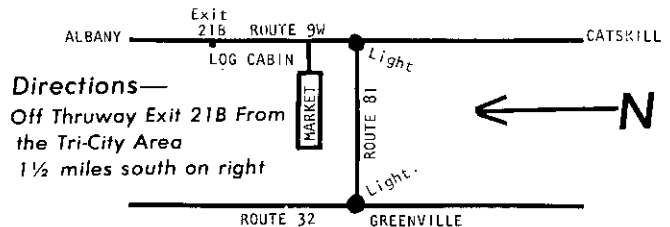
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