

AUGUST 28, 1975
VOL. XX, NO. 35

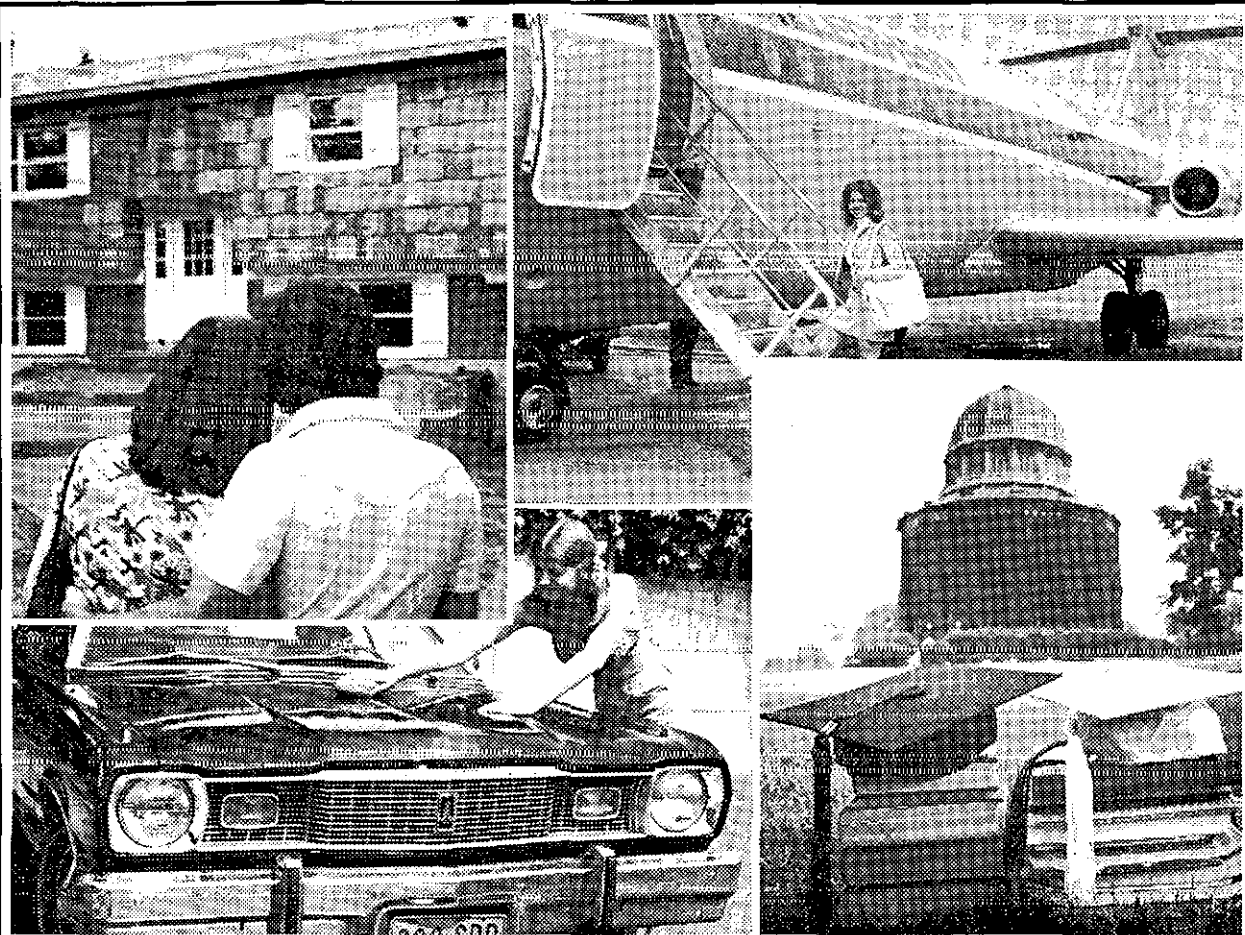
The Spotlight

Controlled Circulation Publication

20¢



See Page 13



There are many good reasons for borrowing money.

Whatever your reason, we know that
it's important to you.

The Bank
National Commercial Bank
and Trust Company

We would like to help.

Our 60 friendly offices make us
The Bank Next Door.
National Commercial Bank and Trust Co.

A  FIRST COMMERCIAL BANK

Member FDIC

Spotlight

is published every Thursday by Spotlight, Inc., 154 Delaware Ave., Delmar, N.Y. 12054, Robert G. King, Publisher; Mrs. LeVare L. Fuller and Joni Judware, Editors. (Controlled Circulation, Postage Paid at Delmar, N.Y.) Deadline for news is Thursday afternoon, one week preceding publication; deadline for display and classified advertisements is Friday afternoon.

Spotlight CALENDAR

Tri-Village FISH — Call 439-3578 for voluntary service — 24 hours a day the year 'round — offered by residents of Delmar, Elsmere and Slingerlands to their neighbors in need of help in any emergency.

Bethlehem Jaycees meet first and third Wednesdays of the month, 8 P.M., Center Inn, 9W, Glenmont.

Welcome Wagon — Newcomers and mothers of new babies call 785-9640, Mon. thru Sat., 8:30 A.M.-6:00 P.M. so you may have a Welcome Wagon call.

Bethlehem Memorial Auxiliary to Post #3185, Veterans of Foreign Wars, meets the third Monday of every month, at the Post Rooms, 404 Delaware Ave., Delmar.

The Albany County Pistol Club, Vinne Place and Maewin Drive, Delmar, welcomes guests at its indoor pistol range every Tuesday at 8 P.M. Information: Dave Herbach, 439-4372 or Tom Corrigan, 439-3301.

Monarch Club of Albany meets every Tuesday night at 6 at the Center Inn, Glenmont.

Give and Take Shop, staffed and stocked by residents of Delmar, clothing for all occasions, all ages, all sizes, available to everyone. Basement St. Thomas Apostle Church & Rectory), Mon. 9:30-11:30 A.M., Tues. 1-3 P.M., Sat. 10 A.M.-12 Noon.

Every Thursday at 7 P.M., Delmar Reformed Church, scout meeting for handicapped, Troop 159.

Kiwanis Club of Delmar meets every Monday night at 6:15 at The Center Inn, Route 9W, Glenmont.

Bethlehem Lions Club meets 1st and 3rd Wednesdays of the month at LaCasa, Selkirk, 6:30 P.M.

AARP meets 12:30 P.M., third Tuesday of month, Delmar First United Methodist Church, Kenwood Avenue, Delmar.

Rotary Club of Delmar meets every Tuesday night 6:15 at Schrafft's Motel.

The Delmar Community Orchestra rehearses every Monday evening from 8 to 10 at the First United Methodist Church of Delmar.

Bethlehem Junior Woman's Club meets 2nd Wednesday of each

month, 8 P.M., Bethlehem Public Library.

Bethlehem Recycling Program (paper, cans, glass), Town Garage, 114 Adams St., Delmar. Mon. thru Fri., 8 A.M.-4 P.M. Papers should be tied, cans flattened, bottles clean w/metal removed.

Rosary — St. Thomas Church, Adams Place, Delmar, every Thursday at 11:45 A.M.

Nathaniel Adams Blanchard Post #1040, American Legion Auxiliary, meets third Tuesday of month except July & Aug., 8 P.M., Post rooms.

Nathaniel Adams Blanchard Post #1040, American Legion, meets first and third Monday of month (when holiday occurs, move to Tuesday) except July and August. 8:30 P.M.

8:15 P.M., meeting, every Wednesday, Gam-Anon, wives of compulsive gamblers, St. Pius Church, Loudonville. 462-6916 or P.O. Box 23, Albany.

Onesquethaw O.E.S. meets on the first and third Wednesday of every month at the Masonic Temple in Delmar.

Glenmont Lions Club meets 2nd and 4th Tuesdays of the month at LaCasa Restaurant, Selkirk, 6:30 P.M. Visitors welcome. Info: Frank Muria, 767-2408.

Glenmont Homemakers meet 3rd Wed. of month; Glenmont Comm. Church, 8 P.M.

8 P.M., monthly meeting, last Thursday of each month, Elsmere Fire Co.

Bethlehem Lodge meets on 1st and 3rd Wednesday of every month, Ladies' Auxiliary meets on 2nd Wednesday of every month.

Bethlehem Youth Employment Service, 114 Adams St., Delmar. Summer Schedule, Monday-Friday, 8:30 A.M.-1:00 P.M. Telephone: 439-2238.

Every Tuesday and Friday night at 8:00 — Lecture and discussion on communication and how it effects your life — at Scientology Albany, 260 Lark St., Albany. Admission free.

Citizen Band Radio Club 1st Thursday. Third Tuesday at the Center Inn, Glenmont, 8:00 P.M. Mrs. John Silvia. 463-7675.

Sports Car Club of America first Wed. of each month 8:00 P.M. at the Center Inn, Glenmont, Marie Corrin, 869-6948.

Every Sunday — July and August — Summer services 9:30 A.M. Light breakfast served at 8:30 A.M. All welcome. Bethlehem Lutheran Church, 85 Elm Ave., Delmar.

Bethlehem Jaycees meet 4th Monday of each month, 7:30 P.M., for further information please contact Denise Linstruth 439-5312.

Berne Lodge #684 of F&AM meets the 1st and 3rd Saturday of every month at 8:00 P.M. Fellowcraft every 3rd Monday 6:00 P.M. Eastern Star on 2nd & 4th Tues. of every month.

Bethlehem Jaycees meet every 4th Monday. 7:30 P.M. at Center Inn, Glenmont.

Every Sunday at 2:30 P.M., lecture on inter personal relations at Scientology, 23 Rockefeller Rd., Delmar. Open to the public. For information 439-1810.

Clam Chowder and Bake Sale the 3rd Friday of every month June-August from 12-4 at the New Salem Reformed Church. Bring your own container.

Empire Motor Sports Club, third Thursday each month at the Center Inn, Glenmont, 8:00 P.M. Lee Beauregard. 456-0019.

Great Dane Club of Greater Albany meets 2nd Fri. of the month, 8:00 P.M., Center Inn, Glenmont. Guests are welcome. Info: call 785-7253.

THURSDAY, AUGUST 28

8:30 P.M., Meet Theresa Cooke, County Executive candidate, and Jack Barner, County Comptroller candidate, at Bethlehem Public Library. Information: 438-0704.

SATURDAY, AUGUST 30

10-4 P.M., **Westerlo** Bicentennial Commission Flea Market, Westerlo Town Park Pavillion. Reservations or information, call 872-0131. Free admission.

2:00 P.M., Costume Play, by the Helderberg Bicentennial Festival, at the Five Rivers Center, formerly Delmar Game Farm. Rt. 443.

WEDNESDAY, SEPTEMBER 3

8 P.M. — The Board of Appeals of the Town of Bethlehem will hold a public hearing at the Town Offices, 393 Delaware Ave., Delmar, N.Y. to

Nurses and Nurses Aides

WE NEED YOU FOR PRIVATE DUTY CASES!

JOIN THE STAFF OF HOMEMAKERS/Upjohn

HOMEMAKERS / Upjohn

Choose the shift and days you wish to work. Even one shift per week.

We bond you — and insure you for malpractice and liability.

You pay no fee.

We pay you weekly for hours worked.

We deduct your payroll taxes.

CALL 482-4424

HOMEMAKERS / Upjohn

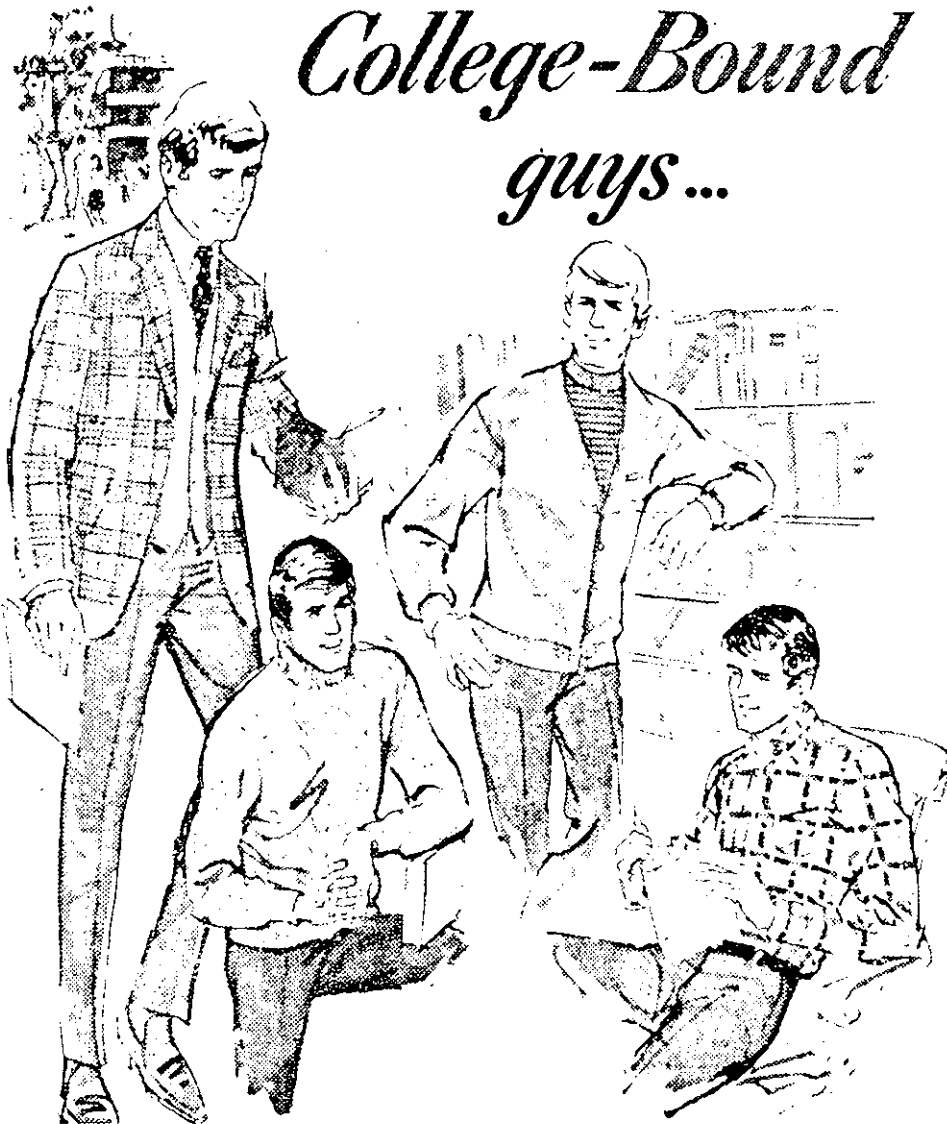
Executive Park East, Stuyvesant Plaza, Albany
Equal Opportunity Employer — M/F

For more information
9 A.M.-5 P.M.
Mon. thru Fri.

PAUL MITCHELL'S

The Right Ideas for Men with YOUNG IDEAS

Wardrobe Essentials for College-Bound guys...



CLASS, CAMPUS OR WHEREVER, YOU'RE READY TO SUCCEED AT COLLEGE IN OUR CHOICE OF STYLES. GRAND BUYS FOR GREAT GUYS

SUITS BY:
CRICKETEER
STANLEY BLACKER
PHOENIX

PANTS BY:
JAYMAR
CRICKETEER
CHAMPION

SHIRTS BY:
VAN HEUSEN
CAREER CLUB

OUTERWEAR BY:
McGREGOR
LONDON FOG

SPORT COATS BY:
STANLEY BLACKER
MAVEST
CRICKETEER

RAINCOATS BY:
LONDON FOG

SWEATERS BY:
McGREGOR
JANTZEN

Paul Mitchell's
MEN'S WEAR

**DELAWARE PLAZA
ELSMERE, N.Y.
Phone 439-3218**



Summer Hours
Open Mon.-Tues. 10 to 5:30
Wed.-Thurs.-Fri. 10 to 9
Sat. 10-3:30
Convenient Layaway

take action on application of Airco Industrial Gases Div. of Airco, Inc., 575 Mountain Ave., Murray Hill, N.J. for a Special Exception under Art. V. "Special Permit Uses Applicable to the Entire Town" to construct and operate an air separation facility for the production of oxygen, nitrogen and argon, to construct an electrical substation, and to construct underground storage facilities for oil and diesel fuel in excess of 15,000 gals.; also for a Variance under Art. VII to erect facility components which will exceed the 60 ft. allowable height at property S.W. of intersection of Rt. 32 and Penn Central Railroad tracks.

THURSDAY, SEPTEMBER 4

10 A.M.-12, meeting and talk with Mary Anne Stringham, school member at her home, 14 Wexford Rd., Delmar.

8 P.M., Public Hearing, Bethlehem Democratic Party Platform Committee, in the Community Room, Bethlehem Public Library.

7:30, Meeting, Anchor Association, at Bethlehem Library board room.

CHURCH DIRECTORY

FIRST CHURCH OF CHRIST, SCIENTIST
555 Delaware Ave., Delmar
439-2512

CLARKSVILLE COMMUNITY CHURCH (Reformed)
768-2016
Rev. Melchior Van Hattem, Pastor

BETHLEHEM COMMUNITY CHURCH
201 Elm Avenue, Delmar
439-9492
David P. McDowell — Pastor

FAITH TEMPLE UNITED PENTACOSAL CHURCH
Westerlo Town Hall
Westerlo, New York
Pastor — Thomas Mahoney
872-1936

**DELMAR PRESBYTERIAN
CHURCH**

585 Delaware Ave., Delmar
439-9252
George H. Phelps, Pastor

**BETHLEHEM LUTHERAN
CHURCH**

85 Elm Ave., Delmar
Rev. Paul H. Gassmann

**FIRST REFORMED CHURCH
OF BETHLEHEM**

Route 9W, Selkirk
Pars. & Study Ph. 767-3406
Office Phone — 767-2243
Jack Hilbrands, B.D. — Pastor

**FIRST UNITED
METHODIST CHURCH**

428 Kenwood Ave., Delmar
439-9976
Pastors: Robert B. Thomas,
Thomas D. Peterson, Sang Hahn

**GLENMONT COMMUNITY
CHURCH (Reformed)**

3 Weiser St., Glenmont
Rev. Jack Cooper, Pastor

**COMMUNITY UNITED
METHODIST CHURCH**

1497 N. Scot. Rd., Sitigerlands
Bryson M. Smith, Pastor

**THE BROTHERS OF
FRANCIS OF ASSISI**

The Chapel of Regina Pacis
"Queen of Peace"
19 Central Ave., Ravena, N.Y.
756-6990
Bro. Carlo of John — Pastor

DELMAR REFORMED CHURCH

386 Delaware Ave., Delmar, N.Y.
Pastors: Gerard J. Van Heest,
David L. Cooper
439-9929

**BETHLEHEM
COMMUNITY CHURCH**

201 Elm Avenue, Delmar
439-9492
David P. McDowell — Pastor

BETHLEHEM BAPTIST CHURCH

Rev. Glen R. Watts, Pastor
421 Kenwood Ave.
439-3965

FAITH TEMPLE

UNITED PENTACOSAL CHURCH

Westerlo Town Hall
Westerlo, New York
Pastor — Thomas Mahoney
872-1936

HAVE MORE than Social Security when you retire and PAY LESS in taxes now.

If you're self-employed or employed but not covered by a qualified company pension or profit-sharing plan, there's a new tax-saving incentive designed to help you put money aside for your retirement. And we're offering it... **the Individual Retirement Account (IRA).** You can deposit 15% of your annual income (up to \$1500 a year) in one of our Individual Retirement Accounts and at tax time deduct that amount from your gross reported income.

Your IRA deposits will earn the high interest we pay on savings. **Both principal and interest are tax exempt** until you retire when your tax rate should be lower. Retirement withdrawals may begin at any time between ages 59½ and 70½. Stop in for detailed information on how you can use this new tax-saving incentive now and have more than Social Security to live on when you retire. Then open your Individual Retirement Account... the National way.

The Bank Where Happy Endings Begin

 **NATIONAL
SAVINGS BANK**

Member F.D.I.C

DOWNTOWN ALBANY AT STATE AND PEARL — Telephone: 518-463-4261

UPTOWN ALBANY AT WESTGATE SHOPPING CENTER — Telephone: 518-482-2953

DELMAR AT THE FOUR CORNERS — Telephone: 518-439-9988

SARATOGA SPRINGS ON ROUTE 50 — Telephone: 518-587-2405

Be creative
be correct ...
COLOR STYLE
YOUR HOME
with
PRATT & LAMBERT
PAINTS
in exclusive Calibrated Colors



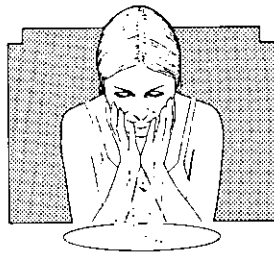
Ed Dillon
EMPIRE PAINT COMPANY
142 Central Avenue
Albany, New York 12206
Phone: 449-5400

TENNIS RACKETS
Restrung — Regripped
VIOLINS REPAIRED
BOWS REPAIRED
C.M. LACY 3 Becker Terr.
439-9739

TREESCAPE
Arboricultural Services
The People Who Care About Your Trees
• Pruning • Tree Removal • Feeding
• Cabling • Stump Removal
24 hr. emergency service, free est.
mail address: **439-7147**
Box 14, Slingerlands

Let us show you how to wash your face without drying your skin.

Many soaps, even those with lanolin, glycerine or cold cream, are alkaline by nature. (The opposite of your skin which is slightly acidic.) Alkalinity can counteract your skin's natural acid balance and help make it dry and taut.



Redken's Amino Pon Beauty Bar has been scientifically formulated without soap so you can wash your face *without* drying your skin. This non-soap is wheat-based and contains vitamins, natural protein humectants and other beneficial ingredients. And, like all Redken products found in our salon, it's acid-balanced to be compatible with your skin.

Let us introduce you to Amino Pon Beauty Bar and all our other wonderful Redken skin care products including Amino Pon Moisturizing Lotion and Proderma Cream. Stop by our Redken Retail Center today and discover for yourself the beautiful things science can do for you.



REDKEN®

Aquarius Beauty
Salon & Boutique

2 HOWARD PLACE
DELMAR, N.Y.
439-7018

Open: Mon.-Sat. 9-5
Wed., Thurs., Fri.
evenings 'til 9

Harder Choice for Town Supervisor

George Harder, attorney-at-law, Delmar resident and sometime maverick Democrat, was nominated as the candidate for Bethlehem Town Supervisor by acclamation at the Bethlehem Democratic Town caucus held at the Center Inn in Glenmont.

Harder, who in 1971, narrowly lost the Supervisory election, was nominated unanimously by a well-attended and enthusiastic caucus of Democrats meeting for that purpose. Under New York Election Law many candidates for town offices are nominated by a convocation of enrolled members of a political party who reside in the town. It is a petite town meeting.

Michael Bergan, the Democratic candidate for Town Supervisor in 1973, attended the caucus and joined in the general acclaim for Harder. Bergan lost the 1973 election by a mere 1000 votes.

Ken Thacher, Bethlehem Democratic Chairman, Delmar resident and well-known insurance executive, had high praise for Harder as a man who puts principle over profit. He declared his expectations that Harder would obtain the extra 600 votes by the discerning voters of the town which would grant the margin of victory. Disclaiming interest in partisan politics, Thacher urged a

victory for the people.

Harder, in an interview, explained that he had a well developed and constructive program for the town and its future development upon which he would elaborate as the campaign progressed. Declining to go further at this time, Harder revealed that he was committed to electing councilmen on a distant rather than at-large basis. Condemning the at-large system, Harder insisted that councilmen would be more responsive to the electorate if they had a limited constituency. "Nobody knows their councilman now," he said, "let's get it down to a more personal level."

The Democratic caucus nominated Hank Dullea and Sue Coyle of Bethlehem as the two Councilmanic candidates for the open positions. Dullea is the deputy to the Chancellor of the State University of New York for governmental relations and is an expert in federal grants. Coyle, long active in community affairs, is a Delmar resident.

Ramon Pastori, who is an executive with the Hudson Valley Paper Company, is the candidate for Receiver of Taxes.

Estelle Block, of Home Aide Services, and wife of Murray Block, deputy of the Chancellor of the State University of New York, is the candidate for Town Clerk.



GEORGE HARDER, Democratic candidate for Supervisor of the Town of Bethlehem, accepts his nomination by acclamation at the Democratic caucus. In the background are Ken Thacher, Democratic Town Chairman, left, and Hank Dullea, candidate for Town Councilman.

Frank Gutto, Jr. of Walsh Corbetta Construction Corp., stirred the caucus with his acceptance speech outlining his program for improvements as Superintendent of Highways in the Town of Bethlehem.

Mike Breslin, Attorney-at-Law, was nominated as the Democratic candidate for Justice of the Peace. After his nomination, Breslin declared his absolute dedication to fair and impartial justice. "I have little sympathy for felons," said Breslin, "and they will reap what they have sowed, but when and if elected to the position of

Town Justice, I will take an oath of office which obligates me to be fair. I'm not going to be a defense lawyer; neither will I be the prosecutor. I'm going to be my own man and the Devil take the hindmost."

Chairman Thatcher, in an exaltant temper, accepted a motion for adjournment and proised a campaign "the like of which no one has seen before."

Gamblers Anonymous Meeting

You are cordially invited to attend our 13th Anniversary of Gamblers Anonymous and Gam Anon. This meeting will

75 lbs. "The Best Price In Town"
HTH
CHLORINE **\$39⁹⁵**

(While Quantities Last)



POOLS, Inc.

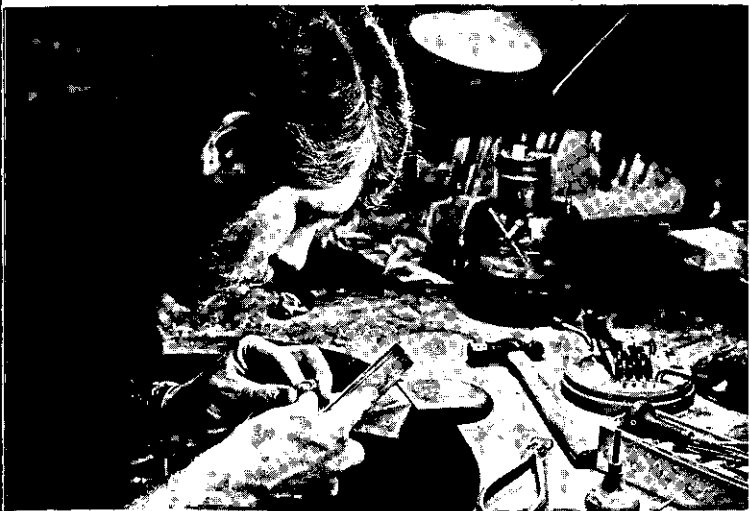
2948 Gunderland Ave.
 Schenectady

Call: 355-0269

OPEN DAILY: 10-8 • CLOSED TUES. • SAT. 9-5 • SUN. 12-4



14K YELLOW GOLD BROOCH & PENDENT with baroque & black pearls.

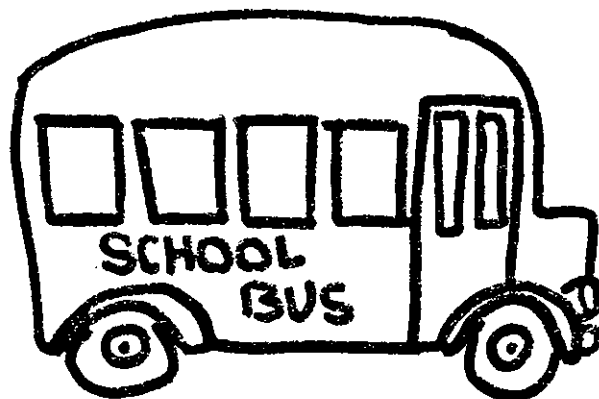


JEWELRY DESIGNER, GOLDSMITH — The Tri-City area has a full-time practicing Goldsmith. He is Kenneth Welch of Delmar. Background includes 6 years as Assistant Professor at S.U.N.Y. (Albany), Art Dept. teaching Silversmithing and Jewelry Design. Graduating with a M.F.A. from Rochester Institute of Technology, Rochester, N.Y.; after a years study at the Sir John Cass School of Art, London, England, Ken brings with his jewelry the clean cut, well designed trademarks of a master craftsman.

His special order work includes production pieces, wedding bands and other jewelry made to order. Ken's work has been exhibited in many International and National shows, including the Museum of Contemporary Crafts, N.Y. City; the Smithsonian Institute, Washington, D.C.

Ken resides at 61 Brockley Drive, Delmar with his wife, Joyce, and their three sons, Jeffrey, Barry and Toby.

DON'T MISS THE BUS!



Go back to school with
GROVER'S STATIONERY

WE HAVE THE

**LARGEST
 SELECTION OF
 SCHOOL SUPPLIES
 IN THE AREA**

C. M. GROVER

Stationers

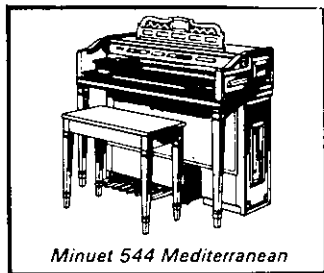
Delaware Plaza
 ELSMERE, N.Y.

THE CONN SOUND

... there is a
noticeable difference



Lessons — music, lamps,
accessories. Sales-service,
Rentals.



CONN ORGAN CTR. of LATHAM

887 New Loudon Rd. (Rt. 9)
1/2 mi. North of the Circle
(next to Field's Plaza)

785-4988

SPECIAL INTRODUCTORY OFFER

(Private 1/2 Hr. Lessons)
LIMITED ENROLLMENT

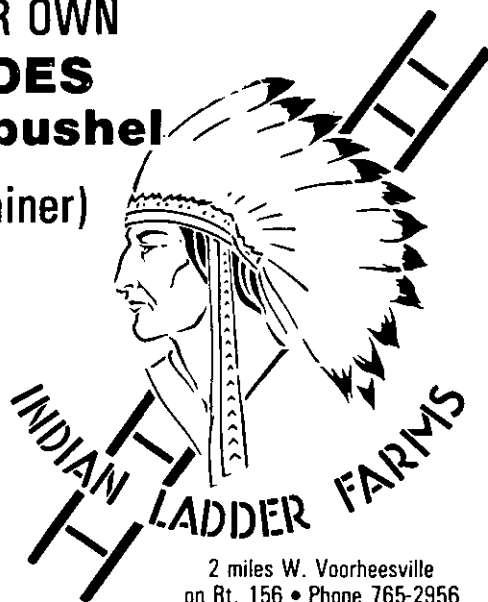
6 lessons \$12.00

NEW STUDENTS ONLY
You do not have to own an Organ

Open: Tues., Thurs., Fridays 10-9; Wed., Sat. 10-5:30
(Closed Monday)

PICK YOUR OWN
TOMATOES
\$3.00/bushel

(your container)



2 miles W. Voorheesville
on Rt. 156 • Phone 765-2956

9-5 Weekdays
10-5 Sundays

OPEN LABOR DAY

Loring
PEACHES

Hot Cider Doughnuts
and other Baked Goods

be open to the public. It will be held at St. Patrick's School, 281 Central Avenue, Albany, at 7:30 P.M. on September 20.

Some of our guest speakers include Senator Lewis, Reverend Robert Mursch of Our Saviour Lutheran Church in Troy, and members of Gamblers Anonymous and Gam Anon.

At this meeting you will find out what our group consists of an what it does to help the "compulsive gambler." The one who is suffering from an illness which can never be cured but arrested through Gamblers Anonymous and Gam Anon.

Meeting of Anchor Association

Anchor Association, a growing group of concerned citizens active in maintaining the educational and rehabilitative programs at the Albany County Jail, will hold an information night Thursday, September 4, at 7:30 in the Board Room, the Bethlehem Library, Delaware Av., Delmar.

The Thresholds Program of

Image-Education which helps inmates develop decision-making processes and problem solving skills, will be discussed. A Thresholds training session for counselors is scheduled for later in the Fall. Advocacy and service counseling are among the other interests of Anchor. Anyone interested in the criminal justice system in any way is invited to attend. Questions may be directed to Kathie Kistler 439-6901.

Delmar Orchestra Opens Season

Delmar Community Orchestra President James Mullen has issued a call to all members to attend the opening rehearsal of the 1975-76 season Monday evening September 8th at 7:30 P.M. in the Fellowship room of the First United Methodist Church in Delmar.

The Conductor for the 1975-76 season will again be Robert McGowan of Voorheesville. Mr. McGowan, a native of Albany and Graduate of Albany Public



FRANK H. GORKE, JR., account executive with Merrill Lynch, Pierce Fenner and Smith, Inc., presents a \$1,000 check on behalf of the Albany firm to Siena College President Matthew T. Conlin, OFM. The check is partial payment for Merrill Lynch's pledge of \$3,000 towards Siena's 3-year \$2.5-million "Academic Growth — Community Service" campaign. Gorke a 1967 Siena graduate, is part of a Capital District leadership team currently soliciting capital gift contributions from local businesses and industries.

Schools, is a graduate of Adelphi College with post graduate studies at the State University of New York. He has taught music in public schools in Utica and for several years in Albany Schuyler High School.

New members, men and women within convenient distance of Delmar, are welcome to join all present members at the first informal rehearsal on September 8th. If you wish further information please contact the President of the orchestra, James Mullen, 439-3701, or just come to visit the first rehearsal at the First United Methodist Church on Monday evening September 8th or any Monday evening thereafter.

American Legion Book Covers

Free school book covers will again be given to the children of our community this year by Nathaniel Adams Blanchard Post of the American Legion. This marks the twelfth year that your local American Legion Post has sponsored this program. The covers are imprinted with a non-denominational prayer composed by clergymen of the



DR. CARL W. MEYER, a graduate of the State University of New York at Buffalo School of Dentistry, has entered practice with Dr. Herbert G. Spieske, Albany. Dr. Spieske is secretary of the Third District Dental Society, an affiliate of the Dental Society of the State of New York. Dr. Meyer and his wife, the former Mary L. Strazzere, live on Normanskill Road, Slingerlands. They have three sons.

three major faiths, a Protestant minister, a Jewish rabbi and a Catholic priest.

This project has been tremendously successful and rewarding, reflecting as it does a part of the basic philosophy of the American Legion — a concern for the children and youth of our nation. The program has been enthusiastically received by the people in our community, the covers being in great demand as they become available each year.

Charles J. O'Hara, Past Commander, has been named by Commander Palmer to again handle the distribution of the covers, which will be available on the first day of school, September 4. They may be secured on the downstairs level of the American Legion Hall on Poplar Drive, Elsmere and at all of the banks in Elsmere and Delmar.

Choral Society Auditions

The Capitol Hill Choral Society will hold auditions for membership on Wednesday and Thursday, Sept. 3 and 4, at 7:30 P.M. at Mercy High School, S. Manning Blvd. at New Scotland Ave. The weekly rehearsals will begin the following Tuesday at the same address. Conductor Judson Rand has announced the Society's 23rd Season program as including Bach's St. Matthew Passion, the traditional and popular performances of Handel's Messiah, a U.S. premiere of Dvorak's The Spectre's Bride, and a Centennial performance of works of American composers, including Weil's Down in the Valley. For further information, call 785-1735 or 439-6515 or write P.O. Box 64, Albany.

Three-Hour Driving Course

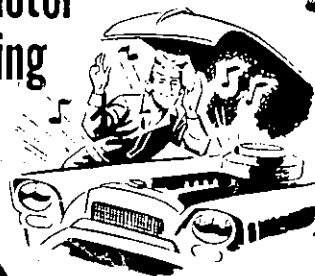
The New York State Vehicle and Traffic Law requires that all applicants for driver's license must have taken the Three-Hour Safe Driving Course. Proof of completed training must be presented at the time of scheduling the road test appointment. Bethlehem Central Continuing Education will offer this course on Sept. 8

Thought For The Week:

"It is a mistake to look too far ahead. Only one link in the chain of destiny can be handled at a time."

WINSTON CHURCHILL

We'll make your motor sing



- Engine Tune-up
- Front End Alignment
- Automatic Transmission Service
- Modern Equipment
- Skilled Mechanics

BAILEY'S GARAGE

Phone: Delmar HE 9-1446
Oakwood Rd., Elsmere



The
**Ballet
Studio**

356 Kenwood Ave., Delmar

**GRADED CLASSES
IN
CLASSICAL BALLET**

FALL TERM BEGINS SEPT. 15th
For Registration Call 439-1572

**JETZON
TIRES**

**JONES SERVICE
(BUD)**

QUAKER
STATE OIL

14 GROVE STREET, DELMAR

439-2725

1. Wheel Alignment & Balance
2. Brakes
3. Ignition Service
4. Electrical
5. Air Condition
6. Lubrication
7. Tire Service — Jetzon Tires
8. Official N.Y.S. Inspection Station — All groups
9. AAA Road Service
10. Towing Service
11. Cooling System Problems
12. Gas Tank Repairs

7 a.m.-6 p.m. Mon.-Fri. • Sat. & Sun. Emergency Rd. Service Only

CAT HAVEN

FOR CATS ONLY

Reservations Requested

Individual care in Private Home
ETHEL FAY · ROckwell 5-2715



In the field of world policy
I would dedicate this nation
to the policy of the good
neighbor.

CLASSIQUE DANCE SCHOOL

154 A DELAWARE AVE.

ELSMERE, N. Y.

439-3331 Bagha M. Follett, Dir.

FALL CLASSES BEGIN

MON., SEPT. 8, 1975

BROCHURES MAILED ON REQUEST



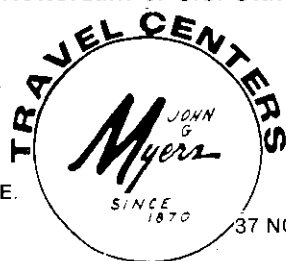
Tri-Cities is going out to sea

on

S.S. Rotterdam or S.S. Statendam

Sept. 27

call



210 DELAWARE AVE.
DELMAR
439-7671

37 NO. PEARL ST., ALBANY
434-4131

TOOL'S RESTAURANT

283 DELAWARE AVE., DELMAR
439-9111

CLOSED FOR VACATION

AUGUST 18th thru SEPT. 1st

OPEN FOR BUSINESS TUES., SEPT. 2nd

WHY

SETTLE FOR A NURSERY SCHOOL OR A
DAY CARE CENTER, WHEN YOUR CHILD
CAN HAVE A:

MONTESSORI EDUCATION

at

THE MONTESSORI SCHOOL OF ALBANY

New Scotland Road, Feura Bush, N.Y. 12067

A Pre-School for Children 2 Years, 9 Months to 6 Years

Now in its 11th Year

A Limited Number of Applications now being

Accepted for Fall Semester Beginning

September 4th

For more Information and an Application Call:

Mrs. Gottesman: 439-9641

Affiliated with:

American Montessori Society — Association Montessori
Internationale — Montessori Institute of America —
National Association for the Education of Young Children

& 10, 1975 at the Bethlehem
Central High School, Room
19A, at 7:15 P.M. You must have
your learner's permit to be
admitted to the class which
consists of two 1-1/2 hour
sessions, 1-1/2 hours Monday
evening and the other 1-1/2
hour Wednesday evening.

This course will be offered
again Oct. 6 & 8, 1975. If further
information is desired call 439-
4921, ext. 320.

"Kick-Off '75"

On September 10 the Town of
Coeymans Men's Democrat
Club is sponsoring a buffet
dinner at the Coeymans Civic
Center, 7 p.m. This is going to
be called "Kick-off '75". Senator
Nolan will be present, as well as
town officials and candidates of
the party. For tickets contact
event chairman John Albano
756-2911 or ticket chairman
John MacIntyre 756-2909.

Guest Preacher

The Rev. Dr. Arthur P. White
will be guest preacher at the
First United Methodist Church,
Delmar, on Sunday, August 31,
at 9:15 P.M. Dr. White was
pastor of the Delmar Church for
seventeen years, from 1946
until 1963 when he retired.
Accompanying Dr. White will
be Mrs. Mary White, known to
many friends in the area.

Following the worship
service there will be a
Fellowship Hour in the
Fellowship Hall at which time
the many friends of Dr. and Mrs.
White will have opportunity to
greet them.

Glenmont Sends Second Windmill

The 81 children and young
people who recently attended
Vacation Bible School at the
Glenmont Community Church
(Reformed) surpassed their
offering goal of \$300 making it
possible for them to donate a
windmill to Ethiopia. The
windmill, which will be
contributed through the "Food
from the Wind" project
sponsored by the Reformed
Church in America, will provide
a means of irrigation in this arid,
famine-stricken land making it

possible to grow food year
round.

Last year, participants in this
Vacation Bible School program
began to contribute towards the
purchase of tools for the "Food
from the Wind" project. Their
interest and enthusiasm was so
great that many adults added to
their contributions until the
\$300 necessary for a windmill
was collected. Therefore, this
will be the second windmill
from the children of Glenmont
to Ethiopia. The Rev. Jack D.
Cooper is pastor of the church.

Third Annual M.D. Carnival

On August 15, six girls held a
neighborhood carnival at 7 Reid
Place for Muscular Dystrophy.

Julie Pelham was chairper-
son this year with Sue Gilligan,
Claire Choppy, Ruth Choppy,
Sue Cox and Michele Sillitto
helping.

Matthew and Gregory Meyer,
dressed as clowns, sold
peanuts.

The carnival made \$55.29 and
a donation from Miss Laurie
Sillitto brought the total to
\$65.29 for the M.D. Fund.

The girls would like to thank
the following merchants who
donated merchandise for the
carnival: McDonald's, Hilchie's,
Brockley's Tavern, Dan Dee
Donuts, Delmar Beverage,
Shuttle Hill Herb Shop,
Aquarius Beauty Salon, Delmar
Pharmacy, Harry L. Brown
Jewelry, Delmar News & Gift
Shop, Carvel Ice Cream Store,
Delmar Bootery, Delmar Dept.
Store, The Garden Shoppe,
Delaware Gardens, Price
Greenleaf, The Country
Corner, Verstandig's, Western
Auto, Delmar Decorators,
LeWanda Jeweler, Golden
Krust Bakery, Friendly Ice
Cream Corp., Brooks, C.M.
Grover-Stationers, Alfred's
Fabrics, F.W. Woolworth, Toy &
Hobby Shop, and Paul
Mitchell's Men's Wear.

Independent Candidacy

Ann Brandon, first Chairman
of Citizens for County
Executive, announced today
that she is an Independent
candidate for the Albany
County Legislature from the
34th District. Petitions are



Ann Brandon

College and Union Theological Seminary, and has done graduate work at the Graduate School of Public Affairs at SUNYA.

Mrs. Brandon resides at 84 Parkwyn Drive, Delmar, with her husband, David, and four children.

Smith and Moyland Named Chairmen

Voluntary chairmen for the major firms and select firms divisions of the upcoming 1976 United Way Campaign of the Albany Area were announced today by general campaign chairman Brooks R. Barvoets.

The 1976 drive will seek to raise a total of \$2,550,000 for the support of 32 United Way agencies.

James E. Smith, president of Albany Felt Company, was



James E. Smith

named chairman of the major firms division. The major firms division includes 60 accounts which are the largest firms solicited in the drive in terms of number of employees and in total contribution potential. The goal for this division is \$1,212,400.

Neal L. Moylan, vice president of First Commercial Banks, Inc., was named by Barvoets to head the select firms division. As chairman, Moylan will have responsibility for overseeing solicitation among 125 firms whose quota for the campaign total is \$197,100.

Moylan has been active with



Neal L. Moylan

the United Way for several years serving as co-chairman of the New York State division in the 1971 and 1972 drives.

The 32 United Way agencies which share in the funds collected include the Albany Area Chapter of the American Red Cross and the 31 agencies of the United Fund. These agencies served over 75,000 families in the campaign area last year. Their services include health and rehabilitation, child care, family counseling, youth and character building.

Country Fair

A day of fun is promised for the family and all those attending the annual Mount Holyoke "Country Fair" which will take place this year on Saturday, September 13, 11 a.m. 'til dusk, rain or shine, at the "Greenberg Farm," Krumkill Rd., Slingerlands. Mrs. Lyon Greenberg, president of the Mount Holyoke Club of Albany, is in charge of the event, which benefits the Mount Holyoke alumnae scholar plan. Admission is free and fair attractions will include craft demonstrations in pottery (Kilnhaus Potters, Slingerlands), woodworking, stained glass (Richard and Marion Peterson, Schenectady), needlework and stichery (Ann Gatti, Schenectady) and other areas; craft and fine arts items for sale, a "handbag shop," antiques, flea market, and a greenhouse full of house plants for sale.

In addition, there will be an

PIANO INSTRUCTION
RENATO ROLANDO
 Graduate of Conservatories of Turin & Pesaro, Italy
 344 Kenwood Avenue
 HE 9-3206



Art Fleahman's SPORTSKELLER

Open until 12 p.m.
Monday thru Saturday

Terrific Sandwiches and Salad Bar

THE CENTER INN
Rt. 9W, Glenmont • 439-2323
Open 7 days a week

C. B. CLARKE, INC. FOR INSURANCE CALL



Burt Anthony

Labor Day means the end of summer for most of us and a good time to think of reviewing all your insurance coverages.

Stop in with your policies and we will give them a complete review! (No cost) or call

439-9958



339 Delaware Ave.
Delmar

Our Name

Inside a Diamond Ring
means better value —
We guarantee it . . .



Member of the
American Gem Society

FRANK H. *Adams*

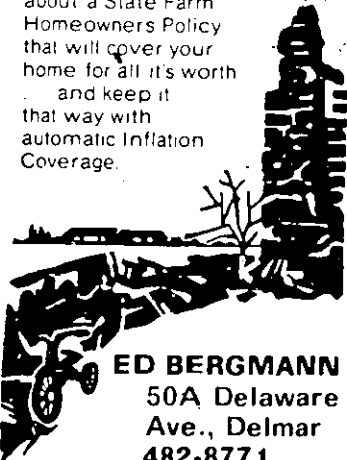
JEWELERS-SILVERSMITHS

Corner North Pearl &
Steuben St., DOWNTOWN,
Albany, N.Y.

FREE SAFE PARKING
BEHIND GRANTS

Inflation hasn't changed the price of ashes.

But it has changed the price of your home. For example, if you bought a \$20,000 home in 1968—today it's worth about \$27,000. Don't be left with a costly pile of ashes. See me about a State Farm Homeowners Policy that will cover your home for all it's worth and keep it that way with automatic Inflation Coverage.



ED BERGMANN
50A Delaware
Ave., Delmar
482-8771



STATE FARM
Fire and Casualty Company
Home Office
Bloomington, Illinois

eating area where home-cooked refreshments may be purchased as well as baked and canned goods. For the children there will be games and amusements. Several interesting items are being donated for raffles. Plenty of parking is available, and there are covered areas for most of the attractions so showers should not deter you!

Local Mount Holyoke alumnae and families helping Marcia Greenberg with the fair include Carol Orvis, Rensselaer; Dorothy Cornman, East Greenbush; Elaine Bentien, Nassau; Mrs. F.S. DeBeer, Jr., Loudonville; Gail Heim, Ballston Lake; and Eleanor Alexander, Mary Beecher, Janet Butlin, Helen Harris, Sydney Katz, Nancy Reusswig, Ann Seegal, Ann Warren, and Pola Yolles from Delmar and Glenmont areas. Those wanting further information may contact any of the above.

The Spotlight Goes to School

Commencement Exercises

Barbara M. Dahl, daughter of Mr. & Mrs. George J. Dahl of 123



Barbara Dahl

Elm Ave., Delmar, received her diploma from the Albany

Medical Center School of Nursing on August 17, 1975. The ceremony was held at Junior College of Albany and the guest speaker was Mr. Neil Hellman, Trustee, Albany Medical College. The diplomas were presented by Mr. George O. Pfaff, President, Albany Medical Center Hospital. Barbara is a graduate of Bethlehem Central High School.



New Offices

Harry Sheaffer, Supervisor of the Town of Bethlehem, today announced the opening of the new offices housing the Parks and Recreation Department. The offices are in the new Administration building located at the Elm Avenue Park.

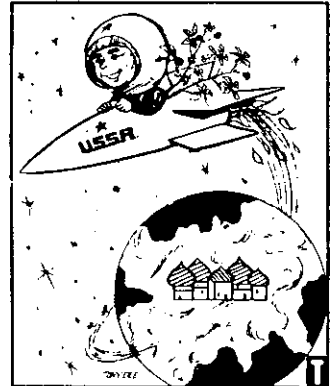
Persons wishing to register for Park permits or those who have business with recreation officials should come to the new office.

The new Administration building contains two 20' x 20' meeting rooms, storage and waiting rooms, a lobby and a spacious office for the Recreation staff. The building is located south-east of the swimming pool and is accessible by way of the parking lot near the pool.

The office complex will provide opportunities for meetings of groups interested in recreational activities. The new building is a part of the long term plan to continuously improve the recreation facilities and programs in the Town of Bethlehem.

YOU AND YOUR DIET

SIBERIAN HERB GIVES LIFT TO COSMONAUTS



If you were a Cosmonaut or Soviet Olympic competitor, Siberian Ginseng would be part of your daily diet. The reason: research by USSR Ministry of Health indicates that a small quantity of this herbal liquid extract used regularly in their diet helps reduce fatigue, increase resistance to stress, and improve physical as well as mental capacity.

Siberian Ginseng actually comes from Siberia. Although a relative of Oriental ginseng, used by the Chinese for more than 4000 years, the Siberian variety (*Eleutherococcus senticosus*) is more effective and more uniform in potency. This is particularly true when alcohol is used in the extraction process and the ginseng is taken in the liquid form.

Interestingly, Siberian Ginseng is now available in most local health food stores in the exact preparation used in the Soviet Union. In typical American fashion, ginseng is "catching on" because studies show that as little as 1/4 teaspoon per day helps to combat fatigue and open up new sources of energy. Americans of all ages are taking it straight or adding it to their coffee, tea, or juice. Who knows, the "Siberian Ginseng break" may become as American as apple pie.

FRESH IDEAS IN FRAGRANCE

Fragrance...soft, sensuous, deliciously feminine... is in the air, everywhere. Scents are on the scene in all kinds of new products, many packaged in plastic or foil to

make it easy for you to carry in a cosmetic case.

Look for sweet-smelling soaps in reusable plastic cases, great for gifts or for yourself when you travel.



Bath oil and bath salts, great picker-uppers after a busy day, come in pretty little single-use pouches. And new scented shampoos that leave alluring herbal fragrance in your hair come in safe, plastic bottles to store near the tub or tuck into a suitcase.

Another great new packable...one of the freshest ideas in feminine convenience products... is Herbal Scented Summer's Eve. It's a pre-measured disposable douche that comes ready-to-use in a delicate green plastic bottle. The herbal fragrance is new... it comes in its refreshing original fragrance, too.

Another traveler, a cooling gel cologne in a handy plastic tube, can be found in drug and department stores. All part of the new world of portable perfumery.

GOOD PSYCHOLOGY



A gift of the highest quality creates good feelings two ways: the giver knows he has chosen something truly fine and the receiver knows that he is thought of highly. So, it's good psychology to give a small gift that is the best of its kind (like a fine silk scarf), instead of a larger one of lesser quality.



Entertaining guests is like gift-giving, so here, too, it's good psychology to give the finest. Take coffee. Making a truly good cup means you really care. An easy, fool-proof way to make great coffee is the filter method. A disposable paper filter traps grounds and sediments and your coffee is pure, clean, flavorful, without the bitter taste of perked coffee. A good filter coffeemaker buy is the quality Melitta System available at your supermarket. At home, it means you think enough of your guests to give them the finest.



People once believed that goats had their beards combed by the devil once a day.

BUYING OR SELLING PROPERTY?



John Healy

FEEL FREE TO CALL US FOR A MARKET ANALYSIS OF YOUR HOME OR BUSINESS. NO OBLIGATION INVOLVED.

John J. Healy

439-7615

5 Grove St., Delmar REALTORS

COVER STORY

800-000!

STEVE KING, PLAYING THE PART of a deputy sheriff in "When the Bough Breaks," the anti-rent war play now at the amphitheater at Five Rivers Center, Route 443, Delmar, is trapped by three disguised Helderberg farmers intent on teaching him a lesson.

Produced by the Heldeberg Bicentennial Festival with a cast of 15, the drama covers the exciting period when the settlers in the mountains of southern Albany County refused to pay rent on land they had cleared generations before.

Saturday and Sunday, Aug. 30-31, are the last two performances of the drama. Two P.M. is curtain time and admission and parking are free.

ATTENTION:

Calling all New and Old High School Correspondents! — Don't forget — come September we'd like to hear from you!

If you are interested in being a volunteer reporter and helping our readers keep in touch with **HIGH SCHOOL DOINGS** — please write to Mrs. Lemieux, Spotlight, 154 Delaware Ave., Delmar.

DEITCHER'S INC.
WALLPAPER

FACTORY OUTLET
all brands for less
1st QUALITY
SAVE \$\$\$
60 thousand rolls in stock
188 Remsen St.
Cohoes, N.Y.
Tel. 237-0101

COME VISIT US AT THE COXSACKIE FARMER'S MARKET

ROUTE 9W, WEST COXSACKIE, N.Y.

Where Inflation Doesn't Exist —
We Move The Clock Back To Prices of Yesterday

Featured are:

Fresh Fish Market	Plastercraft — Whiteware
Hardware	Fresh Bakery Products
Fresh Produce	Shoes & Handbags
Delicatessen	Hobby & Crafts
	Indoor Plants
	Snack Bar

And Others

Open Year Round Every Thursday, Friday and Saturday
SPECIALS EVERY WEEK
HRS. 9 A.M. TO 10 P.M.



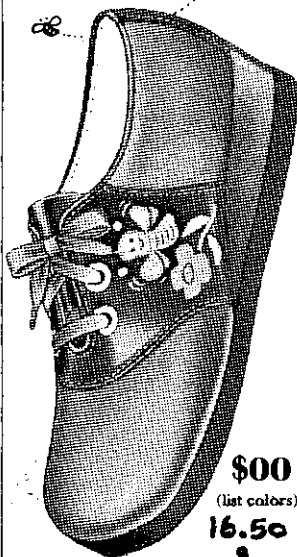
Some people believe that Brutus founded a colony in Britain!



HAPPY DAYS AHEAD

The fun starts when your little girl steps into Buster Brown's oxford. With wedge sole, two tone leather and brightly colored flower and bee.

Buster Brown



\$00

(list colors)

16.50

17.50

Leather refers to uppers

Donnelly Shoes
Delaware Plaza

LITTLE KNOWN FACTS ABOUT PLASTICS

HOW THEY HELP US • ENTERTAINING ODDITIES • A LOOK AHEAD

During the 30 years since World War II, plastics, and indeed all other synthetics derived from petrochemicals, have become tightly enmeshed in the life-style and the basic economy of our nation.

Through the years plastics, in many applications, have become increasingly important as the preferred material or at least as an at-



tractive alternative to many traditional materials whose growing costs are a reflection of both their scarcity and, in many cases, their high energy consumption.

In fact, it is realistic to say that plastics are proving to be one of the scientists' best answers to the growing materials and energy shortages we face. With traditional resources dwindling, the role of plastics is bound to grow in importance.

As is the case with many basic materials in our economy, plastics have felt the squeeze of the resource and energy crunch. But unlike many other materials, plastics can be dealt a double blow by any tightening in the nation's energy supplies.

The availability of plastics is linked directly to the availability of petroleum and natural gas, from which the basic plastic feedstocks are derived.

Until government resource planners come to understand that the best resource value of petroleum is as a non-fuel resource, the future ability of the plastics industry to produce the growing volume of materials necessary to fill the nation's needs will remain in doubt.

Our Safety, Jobs, Prices

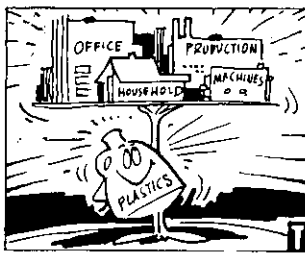
This doubt can affect our

safety, jobs and the prices we must pay because it would be difficult to find a production facility, a machine, an appliance, an office building or a household that does not depend in some way on the use of plastics.

The efforts of the plastics industry provide us with sanitary food containers, piping, building materials, upholstery, furniture, electrical insulation, hundreds of different machine parts, and thousands of other essential and useful products.

For the military, plastics provide essential parts in high-speed aircraft and atomic submarines that defend us.

Plastics have made possible tremendous strides in medicine through the development of artificial heart



valves and arteries, bone replacements, soft contact lenses, dentures and the protective enclosures for pacemakers. Scores of sick room disposables such as hypodermic syringes, blood and plasma bags, depend on plastic. Even the doctor's symbolic bag is likely to be made of plastic these days.

Plastic packaging has contributed to enhancing our food supply.

If plastics were to disappear overnight the effects on us would be staggering.

Even a 15 percent cut-back in the supply of petrochemical feedstocks to the plastics industry would bring a layoff of 562,000 workers. And the changes in our way of life would be beyond conception.

Saving Our Energy

Plastics are relatively low energy consumers in pro-

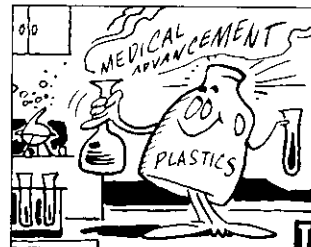
duction. Plastics' high utility to weight results in savings of time, money and energy in transportation. And plastics have proved to be inexpensive substitutes for many materials.

In many instances it takes far less processing energy to produce a plastic material than to recover an equivalent poundage of metal from ore. For example, it takes 3.44 kilowatt-hours to produce a pound of high density polyethylene as compared with a range of from 3.89 to 21.30 for other materials. And because of differences in density that pound of polyethylene can replace, for example, between two and five pounds of metal.

The ability of plastics to give us what we need at low cost brings us to the questions of energy and minerals policy and the need to decide on the proper use of our resources.

We need allocations providing a firm assurance of the petroleum supply that is necessary to meet our requirements for quality products at reasonable prices.

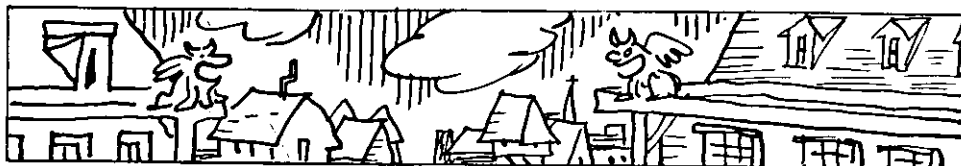
Allocations are not the final answer to the industry.



What we need is a priority status based on the national need for the products they produce. Without a priority status the nation's ability to make plans for future expansion is hamstrung.

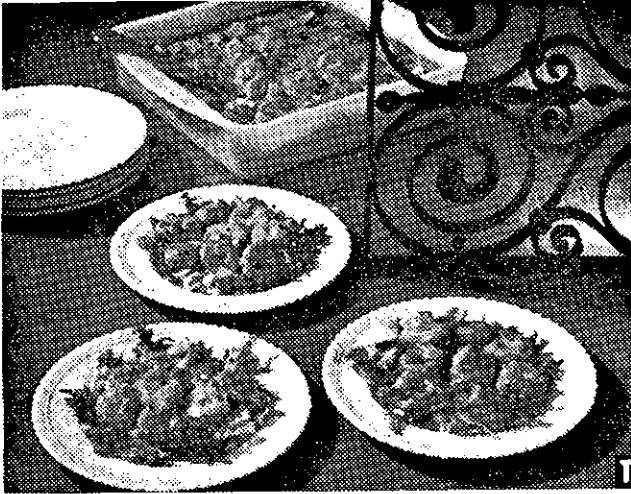
There must be a realization soon that petroleum is most valuable as a non-fuel resource.

The Shah of Iran put it neatly when he noted that oil is too valuable to burn.



Gargoyles, those grotesques seen on Notre Dame and other old buildings of Europe are named from the French word for throat, since they were often used as Gothic gutters and leaders.

NEW ORLEANS' OWN SHRIMP COCKTAIL



If you visit New Orleans you may find yourself passing up your own favorite shrimp cocktail for the local favorite, Shrimp Remoulade. This is shrimp marinated for hours in a fiery, reddish-gold sauce, then served as an appetizer, traditionally on flat plates over unusually wispy amounts of salad greens.

Behind the scenes in the city's restaurant kitchens, especially the famous older ones, you will see an inevitable array of large, flat pans filled with marinating

shrimp, Creole style. One nice thing about this tangy remoulade is that all ingredients are familiar, easy to get. Nothing far-out or expensive. And it will work texturizing miracles with the handiest package of all, the can-vient kind of shrimp. Canned shrimp remoulade keeps and keeps. Make it a week or more ahead, if you wish, and keep refrigerated. The longer the shrimp stand in the sauce, the firmer, more "chewy" they seem to get.

SHRIMP REMOULADE

- 3 cans (4 1/2 ounces each) shrimp
- 3 garlic cloves, cut fine
- 1/3 cup horseradish mustard
- 2 tablespoons catsup
- 2 tablespoons paprika
- 1/2 teaspoon cayenne pepper
- 1/3 cup tarragon vinegar
- 1/2 cup olive oil or other salad oil
- 1/2 cup finely chopped green onions, tops included

Drain shrimp. Crush garlic in a bowl and stir in all ingredients, except shrimp. When thoroughly blended, add the shrimp. Marinate in the refrigerator two hours or longer, stirring occasionally. Serve on small portions of shredded lettuce or other salad greens. Makes 6 to 8 servings. (Note: Canned shrimp remoulade is perfect make-ahead party food. Provide party picks and assorted crackers.)

GOOD CITIZENSHIP

WHAT OTHERS ARE DOING. HOW YOU CAN HELP

A GOOD DEAL FOR AMERICANS

Even with today's prices, good citizenship can still be a bargain.

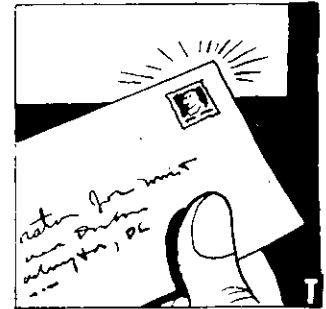
One of the best buys on the marketplace is the first class postage stamp, because that stamp can carry a letter to your congressman or senators.

The citizens who belong to the Teamsters Union believe that it is one thing to register and vote, it is quite another to communicate regularly with your elected officials.

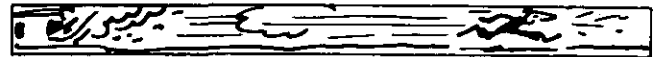
If we are to be a nation of self-governed people, they say, we have to work at it.

Whatever your concern may be—inflation, high unemployment, taxes, energy, national health care, no-fault auto insurance or a mass transit system—tell it to your congressman and senators.

Take advantage of one of the few bargains left—the postage stamp—and let the decision makers know your wishes.



According to the Teamsters Union's more than two million men and women (the union is ranked close to the top as far as extending its membership to women is concerned), it's just one more way to be a good citizen.



Coward

One who in a perilous emergency thinks with his legs.



PARENTS -

Before Starting School, Your Child
Must Be **IMMUNIZED** Against:

POLIO **RUBELLA**
MEASLES **DIPHTHERIA**

CALL YOUR DOCTOR
OR LOCAL HEALTH DEPARTMENT

N.Y.S. HEALTH DEPARTMENT

PRINTED AS A PUBLIC SERVICE



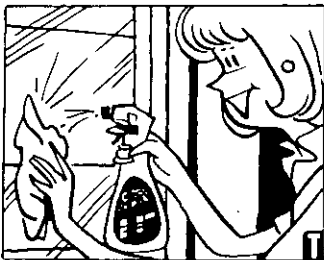
by Cynthia Lee
Director, Consumer Relations Dept.
Texize Chemicals Co.

CUT CLEANING TIME

What's your favorite sport? If house cleaning isn't your answer, keep these basic ideas in mind to help you get through it faster:

* Concentrate on doing one job at a time. Set aside one morning for doing the laundry, another for vacuuming and floor washing, a third for dusting and "smudge" work.

* Certain spray cleaning chores that require little or no moving of objects can be done all at once—and with new Glass*Plus™ glass, appliance, and cabinet cleaner. It takes care of cleaning windows and window sills, light switches and fixtures, door knobs, mirrors, kitchen and bathroom sinks and spigots, cabinets, shelves and countertops. You can move from room to room, spray



cleaner and clean cloth in hand.

* Organize your cleaning aids—store floor cleaners with mops, furniture dust and polish aids with feather dusters and polishing cloth, etc. Keep duplicate sets on each floor of your home, or carry them conveniently in a caddy.

* Large jobs, like major room overhauls, should be done individually. Plan to do just one or two rooms a day, so you can give them a careful, thorough cleaning.

* Practice the reward system. When the job's done, enjoy yourself...lunch with friends, spend the afternoon reading a good book, or just put your feet up and relax!

YOUR LIFE INSURANCE

Prepared by the American Society of Chartered Life Underwriters, the national society of life insurance professionals who have earned the C.L.U. designation by meeting high educational, ethical and experience requirements.

Q. A few years ago my friend and I formed a small publishing company — just a few titles a year. We plan to expand this year and when we applied for a loan, one of the questions on the application dealt with whether we had some form of business life insurance. Could you explain the reason for this?

A. Certainly. Business life insurance is life insurance used to protect a business, or the family of a businessman from the financial loss often resulting from the death of someone associated with the business. It is written for numerous purposes, chief among which are:

*Keyman Protection — to reimburse or provide replacement in the event of the death of a key employee.

*Partnership Insurance — to retire a partner's interest at death.

*Proprietorship Insurance — to provide for the maintenance of a business upon the death of a sole proprietor.

*Insurance to aid a firm's Credit Status — covering the owner or keyman during the period of a loan.



Mankind Is — The favorite animal on earth.

Chicken Cordon Bleu—A Blue Ribbon Winner

Today's homemaker has many factors to consider when planning family meals—good nutrition, low cholesterol foods, rising prices, as well as individual likes and dislikes. Convenience and ease of preparation must also be weighed if the homemaker is a wage earner.

Aside from these considerations the meal planner is expected to incorporate variety and imagination in menus to stimulate interest in mealtime.

An impossible task? Not when you serve dishes like Chicken Cordon Bleu. This French-inspired recipe uses boned, skinned chicken breasts instead of the traditional veal cutlets. Chicken is readily available in your supermarket and currently is selling for less than most other meats. It is also low on the cholesterol scale, high in protein and popular with all family members.

Chicken Cordon Bleu is made by rolling up the flattened chicken breasts with slices of ham and Swiss cheese, breading the rolls and frying them in Planters Peanut Oil. Wise homemakers favor peanut oil because of its high smoke point. This means it can be heated to very high temperatures without smoking or burning.

Working mothers will be interested to know that this recipe can be made in advance and refrigerated leaving only the frying to be done at the last minute.

CHICKEN CORDON BLEU

- 2 chicken breasts, boned, skinned and split
- Salt
- Pepper
- 4 rectangular slices boiled ham
- 4 rectangular slices



Swiss cheese

1 egg

1 tablespoon milk

2 tablespoons flour

2/3 cup fine dry bread crumbs

Planters Peanut Oil

Parsley

Place each piece chicken between sheets of wax paper. Pound very thin with smooth-surfaced meat hammer or rolling pin; do not tear flesh. Remove wax paper. Lightly sprinkle chicken with salt and pepper.

Fold 1 ham slice into quarters, folding from short end. Wrap 1 slice cheese around ham. Place on one side of a chicken breast.

Fold chicken breast in half overlapping sides so that ham and cheese are completely enclosed. Press edges together. Repeat with remaining ham, cheese and chicken.

Beat egg and milk together. Coat chicken with flour. Roll in egg mixture, then in bread crumbs coating evenly. Refrigerate at least 20 minutes.

Fry chicken in a 3/4-inch depth hot (375°F.) Planters Peanut Oil about 4 minutes per side, or until well browned and done. Drain on paper towels. Serve garnished with sprigs of parsley. Makes 4 servings.

It's A Blue JEANS World

Blue Jeans Are Everywhere—
And No End In Sight!



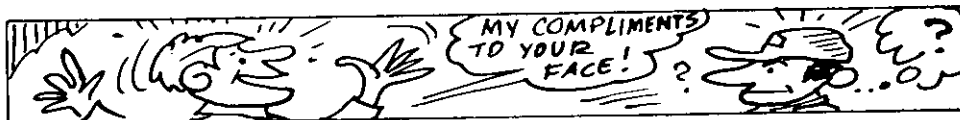
The young wear them. The not-so-young wear them. They're worn 'round the clock and 'round the seasons. They have anything but a standard look. You see blue jeans adorned with applique and embroidery by day, sequinned and rhinestoned at night. With do-it-yourself designs so popular for blue jeans, they often reflect the personality of their wearer.

Soft, worn jeans are a treasured possession and are mended, patched and worn as long as decency permits. When no longer wearable, they're recycled. They become cut-off shorts, with the cast-off legs sewn and used for closet bags and catchalls. Blue jeans have been seen traveling about as jaunty shoulder bags. Some jeans-freaks even hang portions of old blue jeans on their walls as a new pop art form!

For the upbeat blue jeans look and attitude, there's an upbeat fragrance called—what else?—BLUE JEANS. SHULTON created it for today's outdoorsy kind of living. It's a fresh floral bouquet with woody tones and a citrusy note. Wear it at a picnic—or a party. You can try BLUE JEANS Cologne in a generous 2 oz. size for just 3.00 at stores everywhere, and live the blue jeans life.



Geraniums get their name from the German word for crane since it's believed the fruit looks like a crane's bill.



Manners must adorn knowledge, and smooth its way through the world.

Make Home Modernization Asset Rather Than Liability

Skilled remodelers sometimes mold older homes into modern counterparts in the same way nature uses metamorphosis to change a homely caterpillar into an attractive butterfly.

A 70-year-old, two-and-a-half story "senior citizen" in Cleveland Heights, Ohio is a case in point. Its owner, Robert Becht, decided that extensive modernization inside and out would iron out the wrinkles and restore the house to life.

Bringing the home up to date required the replacement of some old windows and doors with new ones. In one major change, two upstairs bedrooms were remodeled into a large master bedroom with adjacent bath and dressing room. An old bay window was replaced by a rectangular-shaped box window, which not only en-

larged the living space of the master bedroom, but opened the room to more natural light and improved the view. The new box window consists of five casement windows.

Another change involved replacing an outdated porch with a new entryway, consisting of a redwood deck and a new door topped by a pair of awning windows, which can be opened out for ventilation even when it's raining. Awning windows were also used in the front wall of the attic that was redesigned into living space. The use of windows on all three stories extends the sense of openness along a vertical line from the attic to the front door.

The Perma-Shield casement and awning windows manufactured by Andersen Corporation of Bayport,

Minn., were selected for their versatility. Besides good ventilation, these windows offer homeowners and remodelers the additional benefits of easy-care, long-lasting rigid vinyl. This tough sheath of vinyl, which covers the wood frame and sash, won't rust, pit or corrode. Double-pane insulating glass, standard in Perma-Shield windows, reduces heat loss through the glass areas while simplifying maintenance. The factory-applied vinyl weatherstripping assures snug-fitting windows.

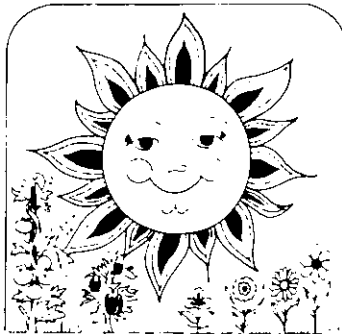
Replacing an outdated porch with a redwood deck, repainting the siding and adding a new front door completed the exterior redesign of the Cleveland Heights home. Indoors, warm yellows and cool whites create a cheery atmosphere.



Extensive remodeling turned something old (above) into something new (right.) Highlighting the contemporary look is a column effect created with new windows and entryway. The Perma-Shield awning and casement windows by Andersen Corp., offer good ventilation, easy-care and long lasting rigid vinyl.



—Photos courtesy of House Beautiful, © 1975, The Hearst Corp.



YARD 'N GARDEN

By Bill Meachem

Former Editor of Home Garden Magazine

NATIONAL FLOWER CAMPAIGN

Our great country which has so much lacks one thing most other countries of the world have: a national floral emblem. What better birthday present can we give ourselves next year during our Bicentennial than a national floral emblem?

As many of you know, I have been conducting a poll among Yard 'N Garden readers to determine what their choice would be for a national floral emblem.

Thousands of readers have already responded and here is an update on the results. In all, some 150 different flowers or plants have been nominated.



I have heard from people all over the country. School children have voted individually and as classes. Garden clubs and other organizations have written me saying they endorse one flower or another.

In addition, there are several organized campaigns for specific flowers. In the State of Washington there is a concerted effort to have the apple blossom named our national flower.

"As American as apple pie," is one of the reasons given. Also, it is a plant that gives beauty in the spring and an edible crop in the fall.

Along with the apple blossom, the American marigold and the rose are the other frontrunners at the moment. Someway behind are the flowering dogwood and the daisy. These two do not have organized groups behind them.

In Indiana there is a group that is working hard for the marigold. Already there are resolutions passed in three state legislatures endorsing the American marigold for the national floral emblem. The marigold is now being called the "friendship" flower because of its adaptability to all states in the nation.

In Wisconsin there is an organization working for their favorite, the rose. But in my poll some people object to it because it is already the national flower of England.

With summer nearly over, send for my FREE Autumn Seasonal Report filled with tips and suggestions on autumn gardening. Write to Bill Meachem, c/o Johnson Wax, P.O. Box 3788, Grand Central Station, N.Y., N.Y. 10017.

One interesting note about the rose is that many people are naming one specific rose — the American Beauty. This particular rose has not been grown commercially in the United States for more than half a century. Obviously the name is what they're voting for, not the flower.

There is still time to vote. Tell me what you feel should be our national floral emblem. Just drop me a post card: Bill Meachem, c/o Johnson Wax, P. O. Box 3788, Grand Central Station, New York, N. Y. 10017.

If we pull together, we are sure to have our birthday present for next year.

Dear Bill:

Is the trench method of composting as successful as the pile?

Dagmar Boek
Woodstock, N. Y.

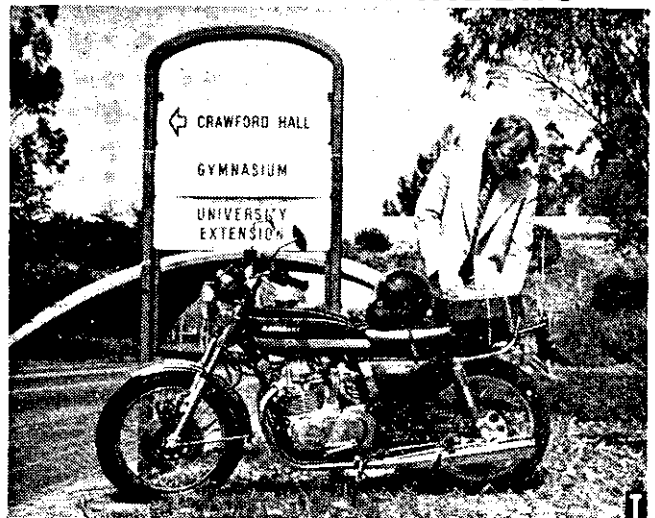
Dear Dagmar:

Both methods are successful. If you put the greens in a trench or in a pile, be sure they are kept moist during the hot weather. Also, avoid using weeds with seeds on them; new weeds will grow from the seeds.

Bill

Send questions to Bill Meachem,
c/o Johnson Wax, PO Box 3788
Grand Central Station
New York, N.Y. 10017

NEW MOTORCYCLE APPEALS TO FIRST-TIME RIDERS



ECONOMY CYCLE—Students, businessmen, commuters are finding that motorcycles like the Kawasaki KZ-400D, which averages between 45 and 55 miles per gallon, are an efficient way of meeting their transportation needs.

The first of a new generation of motorcycles designed for economical operation by first-time riders is now being produced in Lincoln, Nebraska.

Lincoln is the site of the Kawasaki Motors Corporation/U.S. assembly and manufacturing plant, where more than 200 workers are turning out the KZ-400D.

This model, according to one leading motorcycle enthusiast publication, is the "Volkswagen" of

motorcycles. A 400cc four stroke, two cylinder engine, produces enough power for extended cruising at freeway speeds, yet offers excellent in-traffic handling ability as well.

According to a company spokesman, "The KZ-400D was designed with the first-time rider in mind. Items requiring regular maintenance are easily accessible to even novice cycle riders."

Kawasaki says that it is a "total" economy motorcycle, averaging between 45 and 55 miles per gallon of regular gas.

Coolers Under 100 Calories



Dieting need not put a damper on entertainment. You can enjoy a variety of refreshing drinks if you pay attention to their caloric content and practice moderation. It can be easy, too, if you try some of these carefully chosen thirst quenchers, each of which provides less than 100 calories.

Seven & Slimmer: 1 oz. Seagram's Seven Crown (65 cals) + 3 oz. Diet 7 up (1.5 cals) = 66.5 cals. Pour over ice in tall glass and stir.

Baby Bull: 1 oz. Wolf-schmidt Vodka (65 cals) + 3 oz. Beef Bouillon (3 cals) = 68 cals. Serve over ice with a celery stick.

Seagram's Skinny Gin & Tonic: 1 oz. Seagram's Extra Dry Gin (70 cal) + 3 oz. No-Cal tonic (1 cal) = 71 cal. Pour over ice in tall glass and stir. Garnish with a twist of lemon peel.

Diet Daiquiri: 1 oz. Ronrico White Label rum (65 cal) + Juice of 1/4 lime (1 cal) + 2 tsps. No-Cal Strawberry Flavoring less than (1 cal) + 1 oz. strawberries (10 cal) = 80 cal. Blend with 1/2 scoop cracked ice in an electric blender. Serve in a cocktail glass.

Blinkers: 1 oz. White Horse Scotch Whiskey (70 cal) + 2 oz. Diet Delight unsweetened grapefruit juice

(20 cal) + 1 tsp. No-Cal Raspberry Syrup - less than (1 cal) = 91 cal. Shake well with ice and serve in cocktail glass.

Iced Caffe Tuaca: 3 oz. chilled black coffee (1 cal) + 1 oz. Tuaca (82 cal) + 1 tbsp. Reddi-Whip non-dairy whipped cream (8 cal) = 91 cal. Add Tuaca to coffee. Sweeten to taste. Stir and top with whipped cream and a sprinkle of cinnamon.

Orange-Cognac Cooler: 3 oz. B & G Chablis (60 cal) + 1/4 oz. Leroux Orange and Cognac liqueur (26 cal) + Club Soda to taste = 86 cal. Pour over ice in tall glass. Garnish with a strip of orange peel.

The Comedian With A Cause



Jerry Lewis and MDA Poster Child Michael Newsome.

He's a very merry, very funny clown, who's devoted his entire show business career to making people laugh. Laughter, to Jerry Lewis, is the best medicine one can give—or take.

But like all good clowns, Jerry Lewis has a very serious side. For almost twenty-five years, he has worked hard for a cause he believes in deeply, serving as National Chairman of the Muscular Dystrophy Association (MDA). By staging his annual 21½ hour Labor Day Telethon, Jerry has raised nearly \$60-million to benefit the hundreds of thousands afflicted by neuromuscular disease.

A father of six sons, ranging in age from 11 to 28, Jerry says: "When I watch these kids of mine in action, I thank God again and again for their abundant health and vitality. Always present in my memory are the wistful faces and crippled bodies of the many

youngsters I've met who have muscular dystrophy."

That's why Jerry works so hard for these youngsters. "Each man must choose the cause closest to his heart," he says. "I've chosen mine."

For Jerry, this cause is a year-round effort, highlighted by his Labor Day Telethon. And, he gets help from all his family. His wife, Patti, is by his side during the full 21½ hours of the Telethon. Ron, his second oldest son, is the Telethon's assistant production manager, and the younger family members help out backstage.

Years ago at a meeting of MDA chapters, Jerry pledged to the delegates: "I will fight muscular dystrophy until I can no longer walk." Jerry's fight is still going on, and his energetic preparations for Telethon '75 are evidence of continuing commitment to his promise.



Sentiment Is—The poetry of the imagination.

Remodel to Improve, Not Just Replace

A homeowner thinking of remodeling or modernizing his home this year might ask himself the question, "What have my windows done for me lately?"

If the answer is "Not much," perhaps the time has come to replace old-fashioned, hard to operate, drafty and heat-robbing windows with quality units. Besides providing views, natural light and ventilation, good windows are designed to conserve energy and limit maintenance.

That's why it's important to think about window design and function when planning a remodeling project. Be sure the windows you choose are better than the units being replaced. This is especially important at a time when conserving energy by reducing heat loss has become so critical.

One leading window manufacturer, Andersen Corporation of Bayport, Minn., offers homeowners these tips when selecting and installing windows to get maximum sunlight, energy conservation, ventilation and low maintenance:

- Large glass areas should face south to take maximum advantage of natural light. To shield the glass from excessive heat gain in summer when the sun is high, use well designed roof overhangs or awnings. In winter when the sun is low, the heat gain through the glass helps warm the interior.

- In many homes, considerable heat loss may occur through and around ordinary windows and doors. Factory-engineered window units with factory-applied weatherstripping and double-pane insulating glass can do a great deal to reduce heat loss from both transmission and air infiltration. The result is lower fuel bills. Double-pane insulating glass, available in all Ander-

sen Perma-Shield windows and gliding doors, also reduces maintenance. Wood core sash and frames of Perma-Shield units are encased in tough, rigid vinyl for long life and low upkeep.

- Place operating windows where they are most likely to pick up prevailing wind currents for good ventilation. Casement windows, for example, are excellent for capturing breezes because they open out wide to provide top-to-bottom ventilation. A good way to achieve a balance of visibility and ventilation in a room is to use casements to flank maximum-visibility, fixed-glass picture windows.

- The correct sill height for windows depends on nothing more complicated than determining whether people in the room will be seated or standing most of the time. In a living room or dining room where people most often will be seated, the sills should be low in the wall for good visibility and ventilation. Windows in the kitchen on the other hand, should be positioned so a homemaker can look outdoors while working.

- Pick window styles to suit the room. Casement windows go with kitchens, especially over the sink, because they are easy to reach and open and they provide optimum ventilation to disperse cooking odors.

- Windows should also be selected on the basis of conserving the energy of the homemaker. The long-lasting vinyl sheath in Perma-Shield units is designed for minimal maintenance. With double-pane insulating glass, cleaning time is cut in half since there are only two glass surfaces to wash instead of four with ordinary windows and storm sash.

Installed windows, like all construction, should meet or be in accordance with local building codes.

Spotlight

CLASSIFIEDS

439-4949

439-4949

Classified Ads are 15¢ per word (\$1.50 minimum) payable in advance before 4 P.M. Friday for following Thursday publication.
Come in person or mail your ad with check or money order to 154 Delaware Ave., Delmar.
(for further information phone 439-4949)

ALTERATIONS

ALTERATIONS AND Dress Making, Jo Clark, 439-4138. tf

APPLIANCES

Bob Sowers' DELMAR APPLIANCE

Complete line of RCA Victor • Whirlpool

SALES & SERVICE
239 Delaware Ave., Delmar
Phone 439-6723

BICYCLES

Meyers
Bicycle
Center
Sales - Accessories
Repair All Makes



1958 New Scotland Rd. 439-5966

BLACKTOP

Free Estimates for

BLACKTOP

New Jobs or Repairs
also Stone & Sealer

S. Lambert Jr. QUALITY PAVERS

767-9118 or 767-2488

AREA BLACKTOP PAVING
(we specialize in the homeowner)
Driveways, Walks, Floors,
Parking Lots, etc. Quick Service
Fully Insured
459-5873 - Free Estimates

CARPENTRY

ADDITIONS, GARAGES, dormers, bathrooms, kitchens, porches, basements, patios. Vancans. 439-3541. tf

ROOFING, ALUMINUM SIDING, additions, homes, garages, paneling, doors, windows, porches, all types interior/exterior repairs. Masonry. 439-1593. 4t911

FIREPLACE WOOD

SHULTES BROS. mixed, dry, hardwoods \$23.00 per face cord, delivered. 872-1495. 41918

FURNITURE REFINISHED

EXPERT FURNITURE refinishing. Drapes made to order. Also antiques for sale. Phone 766-4664. tf

DRAPERIES

DRAPERIES
CUSTOM MADE DRAPERIES
HOME SERVICE
Large Fabric Selection

Bedroom Ensembles
Call Barbara 872-0897

HORSES BOARDED

JOSEPH'S TROUBADOUR STABLES, riding lessons, pony rides. Training. Rt. 9W. 767-9537. tf

TORCHY'S TACK SHOP

Jericho Rd., Selkirk
RO 7-2701 • RO 7-2468
Mon.-Sat. 9-9

Boarding & Training Stables
Riding Supplies & Saddles
Lessons • Indoor Arena

INTERIOR DECORATING

INTERIOR DECORATING - Delmar Decorators., Delaware Plaza, Call 439-4130. tf

JEWELRY

EXPERT WATCH AND JEWELRY REPAIRS. Diamond setting, engraving, wedding and engagement rings, reasonable. Your trusted jeweler. LeWanda, Delaware Plaza Shopping Center. HE 9-9665. tf

LANDSCAPING

LANDSCAPING AND Maintenance of new & old lawns. Fertilizing, spraying, top soil & fill, shrub & tree installation, seasonal care, and Spring clean-up. Residential and Commercial. Call Art - 767-2168. tf

WHEN YOU ARE SICK, you call a doctor. If your lawn is, you should call Art at 767-2168. +4

MASON WORK

AREA MASONRY
Specialize concrete work, additions, floors, patio, walks, foundations. All types of repairs - Chimneys, stucco, slate, waterproofing, etc.
Free estimate 459-5873

EXPERIENCED, all types masonry, new or repairs. Guidara. HE 9-1763 evenings. tf

CHIMNEYS, foundations, slabs, sidewalks, steps, stones, brick, waterproofing. Carpentry. 439-1593. 41911

MOTORCYCLES

YAMAHA • TRIUMPH
MOTORCYCLES
Sales & Service
Parts & Accessories
DAVE FLACK
Rt. 9W, Ravena • 756-2900

PAINTING & PAPERHANGING

BILL WRISTON



PAINTING
CONTRACTOR
• Fully Insured
Residential Expert
Paper Hanging
459-2537 or 439-3166

VOGEL, PAINTING Contractor, interior, exterior painting, paperhanging. Free estimates. Guaranteed. Insured. Jim 439-9718 or John 439-7922. tf



D.L. CHASE

Painting
Contractor

Residential Specialists

Phone 768-2069

DON VOGEL Painting Contractor - exterior, interior, paperhanging, repairs, 20 yrs. experience. 488-0989, 489-7914. tf

PERSONALS

REDUCE EXCESS fluids with Fluidex tablets, only \$1.89. Plaza Pharmacy.
BONE MEAL! Brewers Yeast! Rose Hips! Lecithin! Protein! and many more naturals. see the Harvestime display at Plaza Pharmacy.
IRON POOR BLOOD? Try iron rich Harvestime Blackstrap Molasses capsules. Plaza Pharmacy. 2194
LECITHIN! VINEGAR! 86! Kelp! now all four in one capsule. ask for VB6 plus. Plaza Pharmacy. 31911

PLUMBING

B. P. WOOD
Plumbing & Heating
24 Hour Service
Phone 439-9454

PLUMBING & HEATING

ABLE, HONEST - I do plumbing, heating, bath & kitchen remodeling. Free est., low prices, 465-4078, if no ans., 235-5394.

PERMANENT WAVING

SPECIALIZING IN Breck, Realistic, Rayette and Caryl Richards permanents, hair tinting and bleaching. MELE'S BEAUTY SALON, Plaza Shopping Center. HE 9-4411.

ROOFING

ROOFING



Asphalt, Slate, Built-up, Wood Shingle, Gutters, Ice Slides, Repairs, Insured, Guaranteed.

FREE ESTIMATES
VANCANS
439-3541

ROOFING

Serving the
Bethlehem Community
for years.



Vanguard Roofing Co.

Where Superior Workmanship
Still Means Something!
Call JAMES STAATS
for a free estimate - 767-2712
Fully Insured

M & V ROOFING

Glenmont
ALL TYPES OF ROOFING
Residential • Commercial
All work guaranteed.
463-5093

restoration
RESTORATION OF ANTIQUES and Historical Artifacts. Mr. T. Productions, Westerlo. 797-3404. 71828

SEPTIC TANK SERVICE
ORMANSKILL SEPTIC TANK Cleaners. We install dry wells, septic tanks, drain fields. 767-9287 tf
DELMAR SANITARY Cleaners, service Tri-Village Area, over 20 years. 768-2904. tf

ROOM WITH BOARD
ARENTS BOARDED; lovely country home. Visit with them anytime. 767-9537. tf

SEWING MACHINE REPAIRS
EWING MACHINES REPAIRED. Work guaranteed. Delmar Decorators, 3 Delaware Plaza, Delmar. 439-4130. tf
WELL KNOWN JOHN BESSON repairs all makes of sewing machines, in your home, free estimates. Sells second hand sewing machines, guaranteed for one year. 463-2520. tf

MASON WORK

MASONS INC.
 QUALITY MASONRY
 Cement and Plastering
"THE BEST FOR LESS"
 Walks and patios, etc.
 All types of repairs.

A. Loux -- 439-3434
 R. Tice -- 456-7848

TREE SERVICE
ERM'S TREE Service, call IV 2-5231. tf

TRUCKING SERVICE
PIANOS, APPLIANCES, light trucking. Call for free estimates. 456-3155. tf



HOWARD C. VAGELE, JR.
 Sand — Gravel — Fill
 Topsoil — Stone Dozing Work
 Backhoeing — Snow Plowing
CEDAR HILL SELKIRK
 Phone 767-9608

BURTON'S TRUCKING
 Guilderland Center, N.Y.
 APPLIANCES AND FURNITURE MOVED
 Call for estimate — 356-0286

TABLE PADS
TABLE PADS — made to order: Delmar Decorators — 439-4130. tf

WINDOW SHADES
CLOTH AND WOOD SHADES in stock and to order. Delmar Decorators. 439-4130. tf

MERCHANDISE FOR SALE
PIANOS! ORGANS: 150 in stock. Brown Piano Organ Mart. 459-5230. tf

FURNITURE

Our low-cost operation policy enables us to bring you **BIG SAVINGS** on **NEW** furniture, rugs, bedding.

BURRICK FURNITURE
 560 Delaware Ave., Albany

Just across the Thruway Bridge in Albany **465-5112**

WE HONOR
master charge
 THE INTERBANK CARD

Your
BANKAMERICARD
 welcome here

ATTENTION demonstrators work now thru Dec., demonstrate name brand toys and gifts. No experience necessary, no collecting, or delivery. Call Pat Baxter at Friendly Home Parties at 489-4781, also booking parties. 41911

STONE FOR driveways, clean and attractive, reasonable. 767-9608. 21828

MAPLE DESK small pressure cooker; crock pot. 439-3712.

MOVING, MUST SELL furniture, household items, bedroom, living room, dining room set, freezer, lawn motor etc. Everything like new. Van Wie's Point, Glenmont. 462-4432.

PELLET RIFLE: Crossman Model 70. Carbon dioxide operated, perfect condition. Ask for Mike. 439-3546.

SECTIONAL SOFA \$100.00 — maple table & 4 chairs — \$100.00. 768-2082.

BICYCLE — girls Schwinn Suburban 5 speed, excellent condition. \$70.00. 439-3665.

CLARINET — Bundy Selmer Resonite with HS double star mouthpiece. Excellent condition. \$80.00. 439-5550.

DIVING BOARD and ladder for inground pool. Good condition. Reasonable. 439-4236.

DRESSES AND COATS, like new, size 14-16. 756-9536. 21828

WATCH REPAIRING
EXPERT WATCH AND JEWELRY REPAIRS. Diamond settings, engraving wedding and engagement rings, reasonable, your trusted jeweler, Lewanda, Delaware Plaza Shopping Center, HL 9-9665. tf

WATCHES REPAIRING, expert workmanship. All work guaranteed. Also engraving, diamond setting watch bands. Harry L. Brown, Jeweler, 4 Corners, Delmar. 439-2718. tf

PETS
AKC REGISTERED German Shepherds, Stud Service, Boarding for Dogs and Cats. **HARLFINGER KENNEL.** 767-2023. 101828
FREE KITTENS — 439-3751.

WANTED TO BUY
GUNS OF ALL KINDS bought for cash — Moore's Trading Post, 9W, Ravenna. 756-2558. tf

SCISSORS SHARPENED
SCISSORS SHARPENED, also pinking shears, saws, knives, lawnmowers, chain saws, garden tools. 439-5156 or 439-3893. tf

CHILD CARE
LOVELY COUNTRY HOME. 24 hour service. 50¢ per hour. 767-9537. tf
BETHLEHEM PRE-SCHOOL. Slingerland. 7:30-5:30. Ages 3-5. 439-5655.

MOVERS
D. L. MOVERS, INC. 439-5210. Local and long distance, no job too small. tf
DAN DONNELLY MOVING and trucking. Delivery service. Free estimates. 767-2711. tf

AUTOMOTIVE

CAPITOL VW

Rte. 9W, Glenmont • 463-3141
 2-1/2 mi. so. of Thruway Exit 23

home of 100% guaranteed used cars

1973 VW BUG, 14,000 miles, radio, ex. cond., new studded snow tires, stand. trans. \$1,950. Days: 474-2787, after 6 P.M. 439-7975. tf

1967 PLYMOUTH BELVEDERE, excellent running condition. Call 872-2014.

1969 FLEETWOOD BRAUGHAM Cadillac. 45,000 miles, loaded, excellent condition. All leather upholstery. 439-5911.

FOR SALE — 1974 Yamaha Enduro 250. Road & trail bike. \$800. 756-9418. tf

FOR SALE: 2 M&H Racemaster Slicks 8.00x8.55 14 on Plymouth rims \$50; Edelbrock single quad tunnel ram for Plymouth 273 318 340, \$50; Crane cam kit 302 street or strip grind. Fits 273 318 340. Complete with lifters, push rods & valve springs. LIKE NEW, \$65; HURST Competition Plus shifter, \$30; Chrysler 4 speed trans. just rebuilt, \$65; Cyclone Headers for 64-68 Ply. Dart or Barracuda \$50; E-T traction bars fit almost all Plymouth, \$20; Echlin Dual Point Distributor & Coil Plymouth, \$45; Ford Philco radio fits most Fords, \$15. Phone: 756-9418 anytime.

'66 CHEVELLE runs \$100. 768-2256.

SITUATIONS WANTED
LANDSCAPING AND Maintenance of new & old lawns. Fertilizing, spraying, top soil & fill, shrub & tree installation, seasonal care, and Spring clean-up. Residential and Commercial. Call Art — 767-2168. tf

TELEVISION — Color and B/W Service. Mobile Unit with mini shop to serve you. 439-9566; Ask for TV Service. 51925
HANDYMAN — all kinds of work. Tree surgeon. 439-2372.
CHILD CARE — my home. 3-5 year old child. Hamagrael School Area. Call 439-6123.
FULL CHILD CARE done in my Voorheesville home day or night. transportation available. very reasonable. call 765-4992.
BABYSITTING: my home. days: within walking distance to Elmsere School. 439-6568. 2194

FIREPLACES
 Also: brick, stone, cement work
 for info call: **James Rubino**
797-3654

"Our Prices Are Reasonable"
LIUZZI BROS.
Blacktop Specialists
 Residential, Commercial,
 Industrial — Fully Insured
 Free estimate — **869-6973**
 Also
Gilsonite or
Jennite, J-16 Sealer

BOULEVARD DECORATORS
 Specializing in custom made
REUPHOLSTERY
 (10 day delivery)
SLIP COVERS
DRAPERIES
 • Our own workrooms
 • Fabrics in stock

SHOP AT HOME
FREE Decorator Service

472-9191
 BankAmericard • Master Charge

"Offering Complete Real Estate Services"

PAGANO WEBER

REALTORS
439-9921

264 Delaware Avenue, Delmar, N.Y. 12054

HELP WANTED**AVON**

WANT TO MAKE MONEY — BUT NOT 9 to 5? Be an Avon Representative. Be your own boss, set your own hours. Espanol. Call: Mrs. Calisto, ST 5-9857

HOMEWORKERS needed in this area to lace leather goods at home. No experience necessary. Earn \$150 per week. Send \$1.00 (refundable) and long stamped envelope to Appalachian Leather Goods, 100 Main St., Williamsville, Va. 24487. 3194

WORKING MOTHER needs babysitter for kindergarten boy. 8 to 8:45 a.m. and noon thru 5:30. My apartment or your home near 4 Corners. Call after 6 P.M. 439-7542. 21828

RESPONSIBLE PERSON wanted for light house-keeping and care of 7 yr. old girl and infant. Wednesdays. 12 noon to 5:00. \$10 Delmar-Hamagrael section. Own transportation desired. Call 439-7036 between 6:30-9:00 P.M. 2194

RESPONSIBLE GIRL or woman to be at home 4 days/wk. approximately 3:15-5:00 when 2nd grade girl comes home. Delmar, Marlboro Rd. near Roweland, Lyons & Jordan. Must have own transportation or within walking distance. call 439-7036. 6:30-9:00 evenings... 2194

HELP WANTED

Payroll and General Ledger

Experience Preferred

MAIN CARE Heating Service

439-7605, extension 21

EARN MONEY or have a free Christmas for more information 767-2903. 71918

REAL ESTATE FOR RENT

DELMAR DUPLEX — 2 bedrooms. 1-1/2 baths. Newly decorated. Sept. 1st. \$225/month. Roberts Realty. 439-9906.

APARTMENT — 3 rooms. unfurnished. Appliances. Heated, parking, available September 1st. Delmar. After 5:00 439-4108.

FOR SALE

WILL TRADE 1973 KENWORTH truck for land. ACS Cranes, Inc. 489-7481. 21828

LOST & FOUND

LOST YOUR MATE? Write us — we can help put some fun in your life (no salesman will call). Write INSTA-MATE, Box 6175-S, Albany, N.Y.

FOUND — CAT, young, very affectionate, house-broken. 439-4506.

**Instant Dating!
With
INSTA—MATE**

SEND NOW FOR FREE INFORMATION

— TO —

INSTA-MATE

BOX 6175-A

ALBANY, NEW YORK 12206

Here's One Energy Source That Won't Hike Its Rates

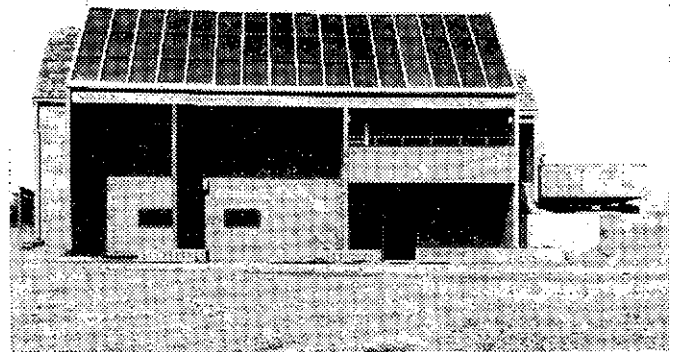
Solar energy: is it just a dream or a practical reality within man's grasp?

"Solar houses" are already dotting the landscape—most of them "custom-designed prototypes," to be sure. But engineers expect that in less than five years, homeowners and builders in regions with suitable climates (about 75 percent of the U.S.) will be able to buy and install at reasonable cost, standard solar equipment that will provide most of their heating, cooling and hot water needs.

Until the energy problem sent the cost of fuel and power sky high, the price tag for installing a solar energy system had been prohibitive. A suitably designed solar collector system adds about ten percent to the initial cost of a home. With today's high fuel prices, a solar energy system costing \$5,000 for a well-designed 1,000 to 1,200-square-foot energy conserving home that provides 75 percent of its heating and cooling requirements would pay for itself in five to ten years, depending on the local cost of fuel and inflation. And as solar equipment becomes standardized, economies of scale should reduce significantly the initial cost of buying and installing solar collectors.

One of the most significant solar energy projects is taking place on the Foothills Campus of Colorado State University in Fort Collins. Under a grant from the National Science Foundation, the university's Solar Energy Applications Laboratory has completed one residential-type solar structure.

The 3,000 - square - foot house, the first to be constructed with an integrated solar heating and cooling system, was built to develop a reliable and economical solar system that could be marketed to homeowners quickly and easily. As a result of this and other research now in progress in the U.S.—two other solar houses are under construction at the Foothills Campus—it is expected that dozens and perhaps hundreds of so-



This "solar house" combines conventional materials with technological know how. Roof overhangs, setbacks and factory-engineered Perma-Shield vinyl-clad windows in Terratone are examples of devices that could be used by other energy conscious homeowners. The roof mounted solar collector system provides about 75 percent of the energy for heating and cooling.

lar heating systems, some involving solar cooling, will be in trial use in the next two or three years

Designed by the Denver architectural firm of Crowther, Kruse, McWilliams, the CSU solar house emphasizes the use of conventional materials and technology while incorporating a system that uses the sun's energy to provide 75 percent of energy needed for heating, cooling and domestic hot water. A conventional gas-fired system serves as a backup during prolonged spells of cloudy weather.

The solar system consists of a 768-square-foot solar collector and a 1,100-gallon hot water tank for thermal storage. Hot water serves as the solar heat transport fluid. A central forced air system, a separate domestic hot water tank and an absorption refrigerator unit for cooling (similar to that used for gas refrigerators) completes the system.

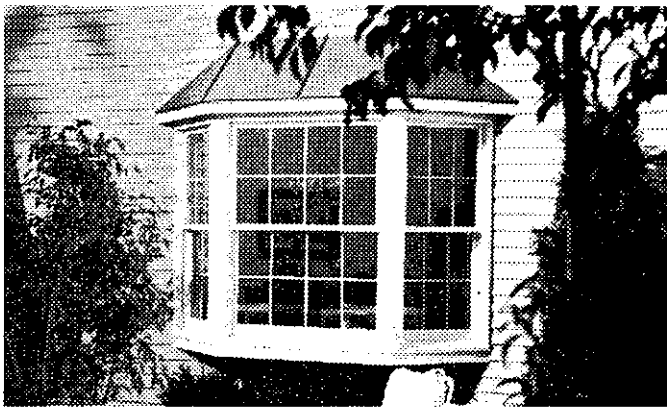
A black-coated aluminum absorber panel, insulated underneath and covered by two panes of double strength window glass, makes up the collector which faces south at a 45-degree angle.

Many of the building's architectural features incorporate details and ideas that might be adopted by energy-conscious homeown-

ers. Windows, which are Andersen's Perma-Shield units in new Terratone color to blend with the natural woodtone siding, have double-pane insulating glass in vinyl-clad wood sash and frames for comfort and low-maintenance convenience. Glass areas in the southern exposure are protected by overhangs that provide shade in summer when the sun is high but permit the low sun to enter the house in winter. Vertical fins act as baffles or screens to deflect heat-robbing winds that blow in Fort Collins most of the year.

In addition, the garage is located on the northeastern corner of the house in a manner that provides a buffer against cold winds out of the north. And the building's main entry has an "air locked" vestibule with two sets of doors designed to reduce heat loss in times of bad weather.

The Fort Collins solar project is being supervised by a staff of engineers under the direction of Dr. George O. G. Löf, director of the Solar Energy Applications Laboratory and professor of engineering at CSU. Dr. Löf is a man who practices what he teaches. His Denver home has been partially heated by solar energy for the past 15 years.



A contemporary version of a traditional window, this Perma-Shield Narroline angle-bay unit by Andersen links Colonial charm with the up-to-date convenience of low maintenance. Double-pane insulating glass and removable grilles of rigid vinyl simplify cleaning.

Renovation Restores Life to Old Homes

Couples enchanted by 200 year old houses with such quaint touches as large fireplaces and narrow stairways often confuse renovation with restoration. Sometimes they buy these homes expecting to rediscover the essence of what life was like in the days prior to the Revolutionary War.

To accurately experience the lifestyle of a homeowner in Colonial times, however, would require restoration, which means to return a home to as close to its original condition as possible. This would include living with such day to day hardships as no plumbing, no central heating or air conditioning and ill-fitting, drafty, poorly glazed windows.

Renovation, on the other hand, restores life and vigor to a house by bringing it up to date with plumbing, central heating and the myriad amenities that today's homeowner regards as necessities. At the same time, the original architectural integrity of the home is maintained.

Restoration is great if the building is to be used as a museum. On the other hand, renovation raises the standard of living and improves the quality of life for the building's occupants.

Take windows, for instance. Bay windows are as traditional to Colonial architecture as a flintlock over

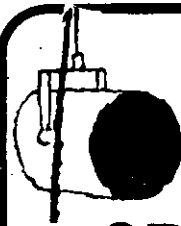
the fireplace is to an early-American designed living room. One way to get an authentically styled window with up-to-date comfort and convenience is to install a modern angle-bay with the traditional look.

Perma - Shield Narroline angle-bay windows manufactured by Andersen Corporation link Colonial charm with the convenience of low maintenance vinyl. These double-hung units, available as 30 or 45 degree angle-bays, are pre-assembled and delivered ready for installation.

The preservative treated wood core frame is clad in long-life, low-maintenance rigid vinyl. The wood sash is protected by a four-step polyurea finish. Factory-applied weatherstripping assures snug closure against heat robbing air infiltration. When glazed with double-pane insulating glass, heat loss through glass areas is reduced and the chore of putting up and taking down storm sash is ended.

Another traditional touch without the bother comes from divided light grilles of rigid vinyl, which can also be purchased as an option with Narroline angle-bay windows. The grilles snap in or out to make the job of washing the glass easier.

Perma - Shield Narroline angle-bay windows are available at building supply stores and lumber dealers.



SPOTLIGHT on community corner

What: "When the Bough Breaks"

When: Saturday and Sunday, August 30-31, 2:00 P.M.

Where: Five Rivers Center, Route 443, Delmar.

This anti-ent war play is being produced by the Heldeberg Bicentennial Festival. Admission and parking are free.

Community Corner, a public service column of important community events, is sponsored by



Bethlehem's hometown Savings Bank

163 Delaware Avenue, Delmar
(Opposite Delaware Shopping Plaza)

Another **NEW** Convenient Food Mart in your area

(formerly E-Z Shop Store)
KENWOOD AVENUE., SLINGERLANDS

**Open 7 a.m. till Midnight
Every Day of the Year**

SPECIALS

good thru Tuesday, Sept. 2
Borden HALF 'N HALF
1 pint **25¢**

Pepsi Cola — diet or reg.
6-16 oz. nrs.
reg. \$1.49 — **\$1.19**

SCHLITZ — 12 oz. can —
6 pack — **\$1.43**

Come in and meet
MR. PARVEZ HAMID, your manager

**Great buys every day also at our
Delmar Store — 309 Delaware Ave.**



PAPA'S ITALIAN RESTAURANT

261 DELAWARE AVENUE, DELMAR
OPEN 11 A.M. to MIDNIGHT • 439-4544

**VEAL PARMIGIANA • VEAL & PEPPERS
VEAL SCALLOPINI**
all for **\$3.85**

includes soup or salad &
spaghetti or french fries

LASAGNA — \$2.85

**SCHOOL DAYS ARE COMING!
MAKE THAT
APPOINTMENT
AT YOUR
OPHTHALMOLOGIST
NOW.**



CALL OR SEE

DiNapoli & DiNapoli

PRESCRIPTION OPTICIANS
Guild Prescription Opticians of N.Y.S.
457 Madison Ave., Albany • 449-3200
Ample Parking in the Rear



Silver and Turquoise Handmade Jewelry

Silver and Turquoise jewelry,
beadwork jewelry, pottery, rugs, books,
baskets, paintings, carvings, dolls.

American Indian Treasures

AUTHENTIC ARTS AND CRAFTS

2558 Western Ave., Rts. 20 & 146
Guilderland, N.Y. 12084

CLOSED SAT. — AUGUST

HOURS
TUES. THRU FRI.
10 A.M.-5 P.M.
THURS. 'TIL 9

