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## Fitness & Health

Special Section Inside

Vol. XXXVII No. 15

The weekly newspaper serving the Towns of Bethlehem and New Scotland

April 7, 1993

50¢

### Spring Freeze!

#### New regulations halt latest cable rate hike

By Mel Hyman

You say your cable TV bill is headed up again? Not to worry.

Despite a notification sent out to AR Cablevision customers in Bethlehem and New Scotland last week that rates would be going up, new regulations passed by the Federal Communications Commission nullify the hike.

Effective with the May billings, Cablevision announced that the monthly rate for Family Cable service would increase from \$21.95 to \$23.50 per month.

But the new FCC guidelines, which went into effect on Monday, April 5, freeze cable TV rates at their current level for the next 120 days. After that,

FREEZE/page 24

## Church members stunned by lawyer's 'betrayal of trust'

By Mel Hyman

Lamona E. Evans was the first member of the First United Methodist Church in Delmar to become a client of Glenmont attorney Jeffrey Besse, currently under criminal investigation for embezzlement.

Now she will be one of those testifying against him before a state grand jury.

The grand jury, empaneled by state Attorney General Robert Abrams, is hearing testimony tying Besse, 36, to an elaborate scheme whereby he allegedly duped elderly clients out of more than \$1.5 million.

Evans, a church member for the past 15 or 20 years, said she expects to tell her story this week. "I can't believe this is all happening," she said. "He took me for good. Just about everything I had. I'm very upset."

"He was a nice young fella. My husband took a liking to him. He seemed like an up and coming young lawyer. We gave him everything."

The family assets were supposed to go into a trust fund. Evans, whose husband died nine years ago, said she only learned about her financial loss recently when her daughter received a call from the state attorney general's office.

Evans should not feel alone, said Roger Sutliff of Delmar. Sutliff's mother, Mary W. Rowley of Delmar,

*He took me for good. Just about everything I had. I'm very upset.*

Lamona E. Evans

*He was a very smooth operator.*

Mary W. Rowley

never knew she was being bilked out of money she deposited into a trust fund set up by Besse in 1990.

"He was a very smooth operator. I know only one person of all the people he dealt with who was astute enough to know what was going on," Sutliff said. The family has belonged to the Kenwood Avenue congregation since they moved to Delmar in 1938.

It was a "betrayal of trust," he said. "That's the biggest part of this. (Besse) was revered, respected and liked" as a result of his involvement in the choir and other church activities. His wife, Deborah, is director of Christian education at the church.

At one time, Besse had a notice published in the church newsletter offering to provide financial counseling to people free of charge. Part of any savings realized from advice given on investments would be donated to the church, Sutliff said.

STUNNED/page 24

## State aid dollars lookin' good for BC

By Dev Tobin

At last week's Bethlehem Central school board meeting, board member Bernard Harvith predicted that the final state budget would be kinder to the district than the \$400,000 cut in aid proposed by Gov. Mario Cuomo.

"The Long Island legislators can't go home without more state aid; that has saved us over and over," he said, noting that Bethlehem has a similar wealth and property tax profile to districts on Long Island.

Harvith was proved right Monday, as preliminary state aid figures show the district receiving \$685,141 more than

this year, for a total of \$7,578,483, an increase of almost 10 percent. Despite those figures released by the state, Superintendent Leslie Loomis is cautious about adjusting the 1993-94 budget's revenue estimates just yet.

"This certainly looks like good news, but we are in the process of analyzing the data to see what additional state aid we will actually receive," Loomis said Tuesday morn-

AID/page 24

## Congregation bids farewell to bishop

By Dev Tobin

One of the smallest congregations in the area paid its last respects Saturday to its departed pastor with one of the oldest religious ceremonies, a traditional Latin High Mass.

On a cold and drizzly morning, the funeral of Bishop J. Vida Elmer, pastor of St. Michael's Traditionalist Roman Catholic Church in Glenmont, drew a standing-room-only crowd to the converted ranch house on Route 9W.

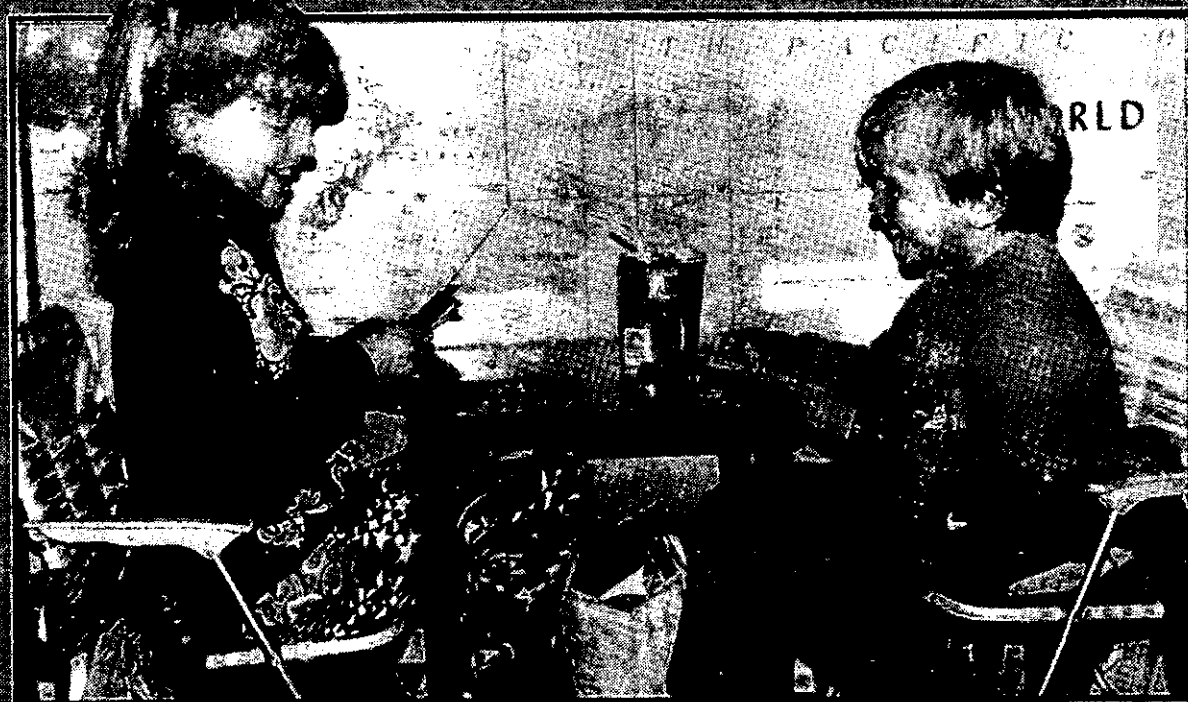
Bishop Elmer, who founded the church in 1975 in opposition to the Second Vatican Council reforms of the Roman Catholic Church, died Tuesday, March 30, as a result of complications from a stroke.

BISHOP/page 14



Following Saturday's Latin High Mass, Bishop Robert McKenna swirls incense around the coffin of Bishop Vida Elmer.

### Craft fair card players



Taking a break from Glenmont Elementary School's craft fair Saturday to play a game of cards are Stacey Czamara, 7, and her brother David, 5.

Elaine McLain

## Brush pickup slated

The Bethlehem Town Highway Department will provide curbside pickup service for yard waste, brush, branches and acceptable wood items through May 14.

Acceptable wood items include fencing, waste lumber, bed frames, lawn furniture and storm windows.

Yard waste such as leaves and grass clippings should be placed in reusable containers or biodegradable paper bags. Bundling of brush and branches is not required during spring cleanup.

Curbside pickups will take place about once per week. Items placed at curbside that are not acceptable for pickup will be tagged by the Town of Bethlehem and must be disposed of through a private trash hauler or at the Rupert Road transfer facility.

Unacceptable items include garbage or trash, metal objects, appliances or televisions, batteries, tires, propane tanks, barrels or drums, stuffed furniture, mattresses, rugs, stumps, containers of fuel and oil and household hazardous waste products such as pesticides, paints and solvents.

For information, call the highway department at 767-9618.

## Firefighter honored for service

A low-key kind of guy, 79-year-old Henry J. Sterling of Elsmere is not the type of person who makes headlines or stands out in a crowd.

Yet his day in the sun came recently when he was honored as Firefighter of the Year by the Nathaniel Adams Blanchard American Legion Post in Elsmere.

His claim to fame is nothing to sneeze at. Sterling completed 37 years of active service with the Elsmere Fire Company earlier this year. He was a firefighter for 20 years before moving to the fire police unit in 1975.

"It's a great feeling," he said of the award. "It's quite an honor. I never expected it."

Such dedication and long-standing service to the community is not often found these days. Fire companies frequently have to scramble for volunteers, although Sterling says the Elsmere Fire Company A has been doing fairly well in terms of attracting



Henry Sterling

new blood.

Even though he has retired from active service, Sterling still plans on dropping by the fire house

on Poplar Drive each week to socialize. The camaraderie is important in every fire department and within the Elsmere Fire Company, Sterling reports that morale is excellent. "They're a good bunch of fellas," he quipped.

A resident of Bethlehem for the past 42 years, Sterling is basically taking it easy during his retirement. He putters around the house and whenever he feels the need for shmoozing with friends, he knows one place where he'll always be welcome.

Mel Hyman

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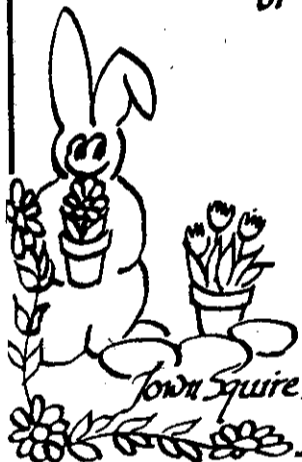
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## Middle school slates second spring arts fair

Bethlehem Central Middle School, 332 Kenwood Ave. in Delmar, will sponsor its second annual spring arts and crafts fair on Saturday, April 24, from 9 a.m. to 3 p.m.

More than 80 vendors will offer homemade items, baked goods, plants and beverages for sale.

For information, call 439-7460.

## Bethlehem Elks Lodge Double Header Bingo

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# GE Plastics gets first bicentennial book

The first copy of a new 500 page official history, *Bethlehem Revisited, A Bicentennial Story 1793-1993*, was recently presented to Barry Gibbs, general manager of the General Electric Plastics Division at Selkirk, by Floyd Brewer, editor of bicentennial publications, at a brief ceremony in the town clerk's office.

"The company's interest in the town's bicentennial history over the past several years, and its donation of \$25,000, made it all possible," Brewer said. "By its good deeds, GE Plastics has shown that it is a good neighbor and a valued member of the community."

An inscription signed by Brewer inside the book's front cover reads, "This first book is presented to the General Electric Plastic Division at Selkirk and the General Electric Foundation on April 1, 1993, as an expression of gratitude for the company's support of the bicentennial history project. Jack Welch, Barry Gibbs and many others in the GE Plastics Family, have contributed to a number of worthwhile community projects since the plant was built

in 1965. They are indeed good neighbors!"

Accepting the book on behalf of GE Plastics, Gibbs said, "*Bethlehem Revisited* is an outstanding work and the product of a truly unique, long-term community project. Our support is more than justified."

Written by nine local residents with special expertise, and produced under the supervision of Chuck McKinney, associate editor for publication and design, the full-length, well-illustrated book spans 8,500 years of Bethlehem's history. It features prehistoric times before the arrival of Henry Hudson, the colonial era under Dutch and English rule, early agricultural settlement, and the emergence of a modern-day suburban community of 28,000.

Five archaeological excavations in the town conducted by the Bethlehem Archeology Group provided significant new information for the book. Volunteers have devoted over 10,000 hours each year since 1982 to field work and research at a laboratory furnished by the town.



Barry Gibbs (center), GE Plastics' general manager, shakes hands with *Bethlehem Revisited* editor Floyd Brewer at a ceremony at the town clerk's office recently. Town Supervisor Ken Ringler (right) and Town Clerk Kathleen Newkirk (background) look on.

*Bethlehem Revisited* can be purchased for \$29 from area bookstores and the Bethlehem town clerk's office at 445 Delaware Ave. Prospective buyers are urged to purchase copies soon, since the book is a limited edition and one-third of the press run has already been sold.

## Bethlehem Plaza plan earns cool reception

By Mel Hyman

The future of the proposed Bethlehem Plaza office and retail complex on Delaware Avenue is suddenly on shaky ground.

The town planning board last week took an informal vote last week and the majority of members took a dim view of the project as it's presently constituted.

Planning Board Chairman Martin Barr said the general feeling was that the project was "too intense" for the area. The main concern was the stacking of cars trying to leave the 105-vehicle parking lot and the safety of vehicles trying to make a left turn out of the plaza.

"We urged them to rethink the proposal and come back with a less intense use" for the property, Barr said. "We haven't formally denied them. There's room to maneuver."

Developer Tom Green, a partner in the Green's Appliance store chain, said he was prepared to do exactly that.

"Over the next few days, we plan sit down with chairman Barr

and a couple of others" to see if a compromise could be worked out. "We're willing to scale it down a bit," Green said.

As originally proposed, the project called for three separate buildings to be constructed on a 2.5 acre site just north of the Yellow Brick Road, which winds its merry way down to the hamlet of Normansville.

The initial reaction of people living in the neighborhood was not positive, although residents there do stand to gain since Green has promised to solve a run-off problem that has existed for many years.

There would be a mixture of offices and retail outlets contained in the plaza, with a total area of about 27,000 square feet. Green plans a new, expanded showroom for his Delmar store.

At the March 16 planning board meeting, members were assured that slope stability questions and run-off problems could be worked out. But lingering doubts about the traffic situation were not resolved.

Board member Gary Swan was particularly concerned about sight line distances for cars pulling out of the parking lot because of the project's close proximity to the Normanskill Bridge and fast-moving traffic coming from Albany.

At both entrance and exit points to the plaza, cars turning left on their way into Delmar would have to cross a lane of traffic moving in the opposite direction, Barr noted.

The same problem exists for businesses up and down Delaware Avenue, Green explained, except where a traffic light is hung such as for Delaware Plaza.

"If it's dangerous for us, it's dangerous for everybody else," Green added. "Why doesn't the town put up a traffic light in the vicinity of the Yellow Brick Road? That's one way they could slow the traffic down."

## Ringler defends 8% sales tax

By Mel Hyman

Property taxes could increase by more than 20 percent in Bethlehem if Albany County fails to renew the extra 1 percent sales tax scheduled to expire on Aug. 31.

That's the projection of Supervisor Ken Ringler, a strong supporter of continuing the tax. The town reaped more than \$320,000 for 1992 when the county legislature upped the sales tax to 8 percent late last summer.

Ringler expects the additional 1 percent to produce about \$965,000 for town coffers over the first eight months of this year.

The increase was labeled temporary at the time by county leaders looking to erase a multi-million dollar deficit. County officials are now considering whether to extend the additional sales tax one more year since county government is still in the red.

Ringler said that all other things being equal, town comptroller Judith Kehoe came up with the 20

percent figure based on a 3.5 percent inflation rate and spending that keeps pace with that.

"Local governments have done all they could not to spend themselves into a hole," he said. With the extra revenue provided this year by the additional sales tax, Bethlehem was able to limit its tax hike in 1993 to about 2.5 percent.

In a worst case scenario, property owners could face tax hikes of up to 50 percent, Ringler said.

At a press conference on the steps of city hall in Albany last week to support the extension, Colonie Supervisor Fred Field also projected a 20 percent hike if the extra 1 percent disappeared. Other local officials such as Voorheesville Mayor Edward Clark and Guilderland Supervisor Anne Rose issued similarly dire predictions.

Republican County Executive Michael J. Hoblock is still uncertain about the best way to go. If the extra 1 percent is allowed to lapse, then the county will have to make up about \$20 million in lost revenues.

The only alternatives then would be a cut in services or significant property tax increases, he said. "The \$20 million has to come from somewhere."

Since 75 percent of all county services are mandated by the state and federal governments, that doesn't leave much room to maneuver. That could mean the "virtual elimination" of some programs, he explained.

As unpalatable as these options are, Hoblock said he's reluctant to see an extension granted because

that could make county officials "complacent" about holding the line on spending or making cutbacks where warranted.

Members of the Republican minority have not railed against the additional 1 percent like they did last year before its enactment.

Legislative Minority Leader Jay Sherman, R-Colonie, said he's "totally" open to keeping the county sales tax at 8 percent or even reducing it to 7.5 percent. It was supposed to be a temporary revenue enhancement measure, he acknowledged, with a tie-in to spending cuts.

But after forcing significant budget cuts for this year — particularly in the county highway department — Sherman said "in all candor, I'm not sure there's much left to cut. We made some painful cuts last year."

## Bethlehem teachers elect new president

The Bethlehem Teachers Association chose a new president recently in a rare contested election.

Roberta Rice, an earth science teacher at Bethlehem Central High School, garnered 151 votes, edging incumbent Donna Varriale, who got 134 votes. Hugh Williams received 18 votes.

Rice has been second vice president of the local for five years, and, before that, served as a building representative for another five years. Rice is a graduate of BCHS.

Rice said she decided to run because she felt she could offer a "different leadership style." She will officially take office at the end of the current school year.

The BTA has 313 members.



Rice

Dev Tobin

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## Delmar attorney ponders DA race

By Susan Graves

Although Lowell Siegal says he's no politician, he nonetheless is sending out feelers to both Republicans and Democrats about a possible run for Albany County district attorney.

The Delmar resident, who is a registered Democrat, said he is considering either a primary against 19-year incumbent Sol Greenberg, or changing his party affiliation and running as a Republican against Greenberg in the November election.

Siegal currently has a law practice on Madison Avenue in Albany and volunteers his services as counsel to the local chapter of the National Association for the Advancement of Colored People (NAACP).

"When you look at the district attorney's office, you see a need for some fresh young blood and new ideas," he said.

He also believes minorities are not getting a fair shake. "I think minorities are very dissatisfied with the representation the DA's office has afforded them."

Greenberg disagrees. "I get a lot of very favorable comments," from members of the minority community, he said.

Overall, Siegal thinks all cases need to be monitored from the "earliest possible moment" to determine the appropriate disposition of the case.

Cases that do not belong in the



Lowell Siegal

office should be funneled out, and those that do should be prioritized, he said. "This saves money and time and makes for a more efficient criminal justice system."

Greenberg, however, said this is already being done. "We screen cases all the time," he said, adding that his office's caseload has doubled since he took office in 1975.

Siegal said there currently is a sense of "selective prosecution procedures" by the district attorney's office.

Not so, said Greenberg. "We don't choose our defendants," and "the judges have something to say" about the way cases are disposed.

He also points to Albany

County's record in terms of felony convictions. "We've always been above the state average," he said.

Siegal, 30, said he believes he has the experience and the background along with a sense of creativity to do a good job as district attorney.

**When you look at the district attorney's office, you see a need for some fresh young blood and new ideas.**

Lowell Siegal

He said he expects to make a decision about whether he will run by mid-May.

Should he run, he said he will bring his campaign to the people. "I want to know the problems they perceive. It's the only way to get a grip on what needs to be done."

Through his work as an attorney, Siegal said he has gotten a significant amount of experience in criminal justice. A graduate of Brooklyn Law School, he has previously worked in the public defender's office in Queens.

### Bethlehem Elks ladies set spring card party

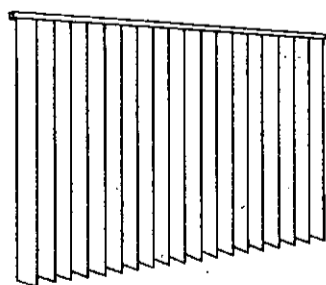
The Ladies Organization of the Bethlehem Elks Lodge 2233, on Route 144 in Selkirk, will sponsor its annual spring card party and comedy night on Thursday, April 15, at 7 p.m.

The evening will include a Chinese auction, door prizes, raffles and refreshments.

Cost is \$3.50.

For reservations, call 756-3198.

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## BC board gives nod to \$33.3M proposal

By Dev Tobin

The Bethlehem Central school board approved a proposed budget for 1993-94 that carries the smallest tax increase in six years and the smallest percentage spending increase in 10 years, according to Superintendent Leslie Loomis.

The budget calls for spending \$33,379,896 next year, an increase of \$1,715,804 (5.4 percent) over this year. The estimated tax rate hike for Bethlehem residents would be 5.8 percent and 4.4 percent for New Scotland residents who live in the district.

These estimated tax rates will likely go down as a result of the state legislature's new budget, which provides a roughly \$685,000 increase in state aid (according to figures released by the state Monday), as opposed to the \$400,000 cut proposed by Gov. Mario Cuomo.

District officials also stressed that the New Scotland figure was a very rough estimate because of that town's recently-completed reassessment.

Loomis noted that this year's budget process was difficult because the district had to hire five teachers to deal with an increase in middle school enrollment and state mandates.

In order to moderate the tax increase, the board voted to cut several programs, including the Challenge pull-out program for gifted and talented elementary pupils, BOCES occupational education, a pilot summer school for special education students, summer driver's education and an overall 10 percent reduction in all expense areas.

"This was a very depressing process. I don't think we could cut any more," said board member Lynne Lenhardt.

"I'm bothered by the 5.8 percent tax increase in Bethlehem; I would have preferred closer to 5 percent," said board member Bernard Harvith. "I hope if state aid gets above break-even, some of that would go to the taxpayers."

Harvith suggested a way that the state could help school districts in the budget process would be to vote on state aid a year in advance.

"These financial times force a re-look at delivering programs equally well or better for less money," Loomis said in explaining why he recommended, and the board adopted, the proposal to eliminate the Challenge Program, which currently serves about 50 children, in favor of more broad-based mentor and enrichment activities.

The board also approved replacing BOCES occupational education with an apprenticeship program offered in conjunction with the Bethlehem Chamber of Commerce.

Parents of Challenge pupils again asked the board to consider

continuing the program, and offered to fund-raise among themselves to cover the estimated \$43,000 cost.

Mark Virgil said that an informal poll of parents with children currently in the program showed that 75 percent approved self-funding, at an approximate cost of \$800.

Several board members expressed concerns about self-funding of academic programs.

"Self-funding scares me. It becomes a question of who controls the school situation," Lynhardt said.

**If there is excess revenue, I'm concerned about kindergarten class size, the 10 percent cut in the per pupil allotment to schools and the 10 percent cut in operations and maintenance.**

Leslie Loomis

"I have a real issue with parents funding school-day programs," said board member Happy Scherer. "Parents may want to raise money to have their children pulled out for a variety of programs."

"If the conditions are appropriate, I would encourage people to come in and write us a check, as long as we retain control," Harvith commented.

Challenge parents also asked that potential gains in state aid be used to preserve the program, but Loomis said the district had other priorities should the aid picture brighten.

"If there is excess revenue, I'm concerned with kindergarten class size, the 10 percent cut in the per pupil allotment to schools, and the 10 percent cut in operations and maintenance," he said.

The public hearing on the budget will be Wednesday, April 21, at 8 p.m. in the district offices at 90 Adams Place. The budget vote is on Wednesday, May 5.

### Former smokers group to meet at Delmar CHP

The Community Health Plan will offer a former smokers support group program on Tuesday, April 20, from 5:45 to 6:45 p.m. at the Delmar Health Center, 250 Delaware Ave. in Delmar.

The group gives former smokers the opportunity to share stories and support.

The program is free and open to the public.

To register, call 783-1864, ext. 4444 by April 16.

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For More Information call Joan Lewis at 463-2201

# State aid cut not as bad as predicted for V'ville

By Dev Tobin

With final state aid numbers hot off the fax machine, the Voorheesville school board approved a budget for next year that will raise property tax rates an estimated 7.25 percent, down from the 7.76 percent forecast just last week.

The budget calls for spending \$11,296,661, an increase of 3.91 percent over this year. It cuts several part-time teaching positions and adds a first grade teacher to maintain class size in the low-20s.

Superintendent Alan McCartney said that a preliminary review of the aid numbers approved by the state legislature showed that

the district would receive about \$60,000 more than previously estimated.

Last week, McCartney predicted state aid would be just over \$3 million, for a loss of about \$180,000 from 1992-93. The latest print-out from the state shows Voorheesville losing just \$6,260 compared to last year.

"We believe \$60,000 is a safe, conservative figure, but we have not yet had a chance to factor real numbers into the formulas," McCartney told the board at Monday's meeting.

If state aid turns out better than expected, the increased revenue could go to further reduce the tax

rate, he added.

The board had expressed reservations about moving \$30,000, for a total of \$100,000, from a fund containing unspent capital project monies, McCartney said.

"I'm recommending that we leave this at \$70,000," he said of the first-time transfer.

In a budget-related matter, board member C. James Coffin proposed, and the board approved, requiring the administration to provide estimated budgets for the 1994-95 and 1995-96 school years by September of this year.

"We have got to begin to look at how we deliver services," Coffin said.

fin said. "I don't know how much longer we can whack away at technology and materials and still provide a quality education. Also, I don't think we can sustain these kind of tax increases into the future."

McCartney said that estimating revenues "is the part that scares me" given the variations in state aid and the recently-completed revaluation of property in New Scotland.

The board also discussed the modified sports program, with several members expressing concern about having to cut children from popular interscholastic programs including baseball, soft-

ball and soccer.

"I'd like to see everyone who has a chance be able to play," said board member Erica Sufrin.

Activities Director Phil Davis explained that it is difficult for a coach to supervise and provide quality instruction to more than 18 to 20 players.

The board decided to discuss the issue again at its next meeting, Monday, May 10, at 7:30 p.m. The annual meeting on the budget is Tuesday, May 11, at 7:30 p.m. in the high school auditorium, and the budget vote is Wednesday, May 12, from 2 to 9:30 p.m. in the high school foyer.

## Police, deputies make DWI arrests

Bethlehem police arrested two drivers for driving while intoxicated.

Steven L. Akers, 25, of Route 32, Feura Bush, was stopped at about 4:25 a.m. Sunday, April 4, on Old Quarry Road for failure to keep right, police said.

He was also charged with DWI and released pending an April 20 appearance in town court.

Robert J. Vickers, 32, of 36 Peyster St., Albany, was stopped early Monday for failing to stay within the pavement markings and passing a flashing red light, police said.

He was also charged with a felony count of DWI and seventh degree criminal possession of cocaine, a misdemeanor, according to Sgt. Joseph Sleurs. He was released pending an April 20 appearance in town court.

Albany County sheriff's deputies from the Voorheesville patrol arrested two Voorheesville men for driving while intoxicated in the past week.

Michael Rafferty, 32, of 282

Thacher Park Road, was stopped for reckless driving and imprudent speed on Indian Ledge Road in New Scotland on Wednesday, March 31, at about 5:55 p.m.

Because of a previous DWI conviction, Rafferty was charged with felony DWI and also felony aggravated unlicensed operation.

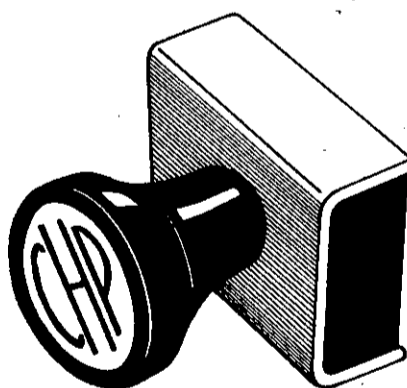
Rafferty's blood alcohol content, as measured by the breathalyzer, was .26 percent more than two and a half times the legal limit, police said.

After arraignment before Town Justice Thomas Dolin, Rafferty was sent to Albany County Jail. He was released after making bail on April 2, and is due back in town court April 22.

Deputies also charged Dominick Alonzo, 44, of 23 Circle Drive, with DWI after he was stopped for driving with one headlight on Route 155 in New Scotland.

Alonzo was released on his own recognizance to appear in town court April 22.

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## Matters of Opinion

**Cut back the sales tax!**

Almost precisely one year ago, *The Spotlight's* editorial in this space was headed "Cut first, tax later."

The advice was directed toward the county, the towns, and the cities as the first murmurings were being heard about the "necessity" of boosting by 33 percent the local portion of the sales tax everyone pays in Albany County.

But four months later the deed was done, and a majority in the Country Legislature voted for the regressive business-damaging tax, placing the total at eight cents on the dollar—for exactly one year, they promised. A little later, the Republican minority in the Legislature (whose members had voted unanimously against the increase) took a blood oath that they'd never—*never*—agree to extend it.

Meanwhile, the various governments have been enjoying the fruits of that vote. Life has been a little easier for the managers, a few hard decisions have been postponed, numerous jobs have been further cemented into the public payroll, and various program

**Editorials**

pleasantries have been preserved. Two slogans of national politics in bygone years come to mind: "Don't let them take it away" and "You never had it so good."

After only seven months of sales tax Easy Street, the hue and cry has gone up from decent-enough fellows in the various governments: We've got to retain that additional revenue, pledge or no pledge; don't let them take it away!

It's time for more of those tough decisions, say we.

Ten years ago, a chap named Joyce was shot down quickly when he wanted to adjust the tax revenue divvy to the advantage of the county (hurting the municipalities). Time now for more such resolute action. Noses to the grindstone, and all that.

In return, we'll refrain from a sadly justifiable "Told you so!"

**Doodling with the Yankees' future**

How much of an asset to Albany County is the New York Yankees' farm club?

Next week, the Albany-Colonie Yankees' will play the at-home opening game of their eleventh season. This, in fact, may very well turn out to be their last season here. The future beyond 1993 depends on whether the local citizenry, through their elected officials, are willing to put up perhaps a half-million dollars to rehabilitate the home grounds, Heritage Park, on Watervliet Shaker Road.

The '93 season was salvaged for local-area fans by the refusal of Organized Baseball to sanction a prospective move by the Yankees to Suffolk County, Long Island. Colonie and Albany County agreed to this one-year extension of the franchise agreement—but anything further is conditioned on substantial improvements at the park that have been mandated by baseball's brass. And even this is predicated on the renewed readiness of the Yankees organization to keep the Class

AA club playing in the Town of Colonie.

To make the considerable rehab investment worthwhile, Colonie Supervisor Fred Field and Albany County Executive Mike Hoblock would insist on a franchise extension of at least five years, and preferably ten.

To get a handle on the range of costs involved in making that all possible, the engineering firm of Hershberg & Hershberg is reviewing the situation. Better lighting for the field; better rest rooms, especially for female patrons; genuine concession facilities; an upgraded press box; creation of a section of premium seats along the third-base line—these are among the items that would need to be tackled.

In a time of holding the line on all "frivolous" public expenditures, such an effort needs to be evaluated closely. If the answer isn't the political equivalent of "Play ball!" the theme song for Heritage Park soon would become that Sinatra favorite, "There Used To Be a Ball Park Right Here."

**When the 'prisoner' lives at home**

Two years ago this month, Albany County's Sheriff, James L. Campbell, instituted a "Work Alternative Program" that has accomplished some specific worthwhile objectives—and also provided certain more intangible benefits.

In the program, non-violent and first-time offenders who have pleaded guilty are enabled to live at home while working five-day, 40-hour weeks at various physical labor. Otherwise, they would have been in jail, at a cost to the public purse of \$258,000 in a single year. Just over 100 persons were placed in the program by magistrates and County Court judges, to work without pay at jobs such as painting, landscaping, litter pick-up, and general cleaning of grounds and roads. The work schedule for each offender continues as long as the duration of the sentence that was imposed for the offense.

Beyond the saving realized in the potential cost of housing and feeding these individuals in jail, their work can be calculated to have saved a total of \$117,000 for more than

two-dozen governmental bodies and non-profit organizations in the year. (This saving is reckoned on an hourly minimum wage of \$4.25.)

The organizations that gained through the program ranged from the Albany YMCA and the Urban League to two towns, New Scotland and Knox, and two Watervliet churches. The county Nursing Home was the largest beneficiary (\$18,292 work value); Meals on Wheels (\$12,002) was second highest, followed by the Army National Guard, Provincial House—and the jail itself.

A suggestion of the longer-term benefits to the individuals is found in the fact that several offenders were offered permanent jobs when their sentences were completed. The positive effect of the "break," slight but actual, these 100 people received through the program can be assumed: they were deemed able enough and trustworthy enough to be granted a degree of humane treatment and trust despite their being in the clutches of the law.

**Parents challenge BC on curriculum goals**

Editor, The Spotlight:

Many of Bethlehem's residents decided to settle in this community because of the excellent reputation of its school district. Unfortunately, the reputation and the reality are growing increasingly further apart.

Most recently, we feel that the rug has been pulled out from under us upon learning of the proposed changes in the most basic of all the functions carried out at the Middle School and potentially at the high-school level. Specifically, it is our understanding that enrichment classes will be eliminated. Consequently, classroom activities will focus

**Vox Pop**

upon the middle, while essentially ignoring the attributes and needs of students at either end of the spectrum.

Dr. Jon Hunter has referred on several occasions to the "mosaic" of students and the need to recognize individuals. What we see is not a mosaic but rather a blur where all students are treated the same, in terms of needs, desire, and ability. Notwithstanding a reluctance to appear to be "politically incorrect," we feel that the

□ BC GOALS/page 8

**Spotlight credited with a big assist on opening of the bicentennial**

Editor, The Spotlight:

We would like to thank *The Spotlight* for the fine coverage of the opening ceremonies of the bicentennial celebration. The lack of coverage by other media certainly pointed up the need for a local newspaper to report issues of importance to our community. We were gratified by the turnout for the opening celebrations and attribute much of the success of our opening festivities to the excellent coverage in *The Spotlight*.

Certainly the high caliber of your reporters was very evident

when contrasted with the reporter assigned by the *Times Union*.

Not only did he lack professional talent, but he also had a real hang-up with the fact that Bethlehem residents take great pride in our community.

Again, we would like to thank the residents of our town for their support, *The Spotlight* for the service you provided, the performers who gave us outstanding entertainment, and the Town of Bethlehem for assisting us in every way possible.

Pat and Dom DeCecco

**Albany Displaced Homemaker Center provides services for all ages**

Editor, The Spotlight:

The Senior Section in the March 24 *Spotlight* was very informative. I was very pleased to see our organization mentioned. I would, however, like to make a couple of corrections:

We are the Albany Displaced Homemaker Center, and if people wish to reach us our telephone number is 434-3103.

The article, featuring Suneil Beckley, who was indeed one of our participants, implied that the Center provides service exclu-

sively for senior citizens.

The only criterion for services is that a person be a displaced homemaker, and in fact the average age of our participants is 42.

We do appreciate being mentioned, and many displaced homemakers from your readership, have received services from the Albany Displaced Homemaker Center.

Patricia G. McLean

Director

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## Your Opinion Matters

## Now pinch-hitting, Uncle Dudley

Oh, how Nat would have loved to write this as a column of commentary. But, so sorry to say, Nat won't be doing that, and I thought that I would write a few words about the season—the baseball season, what else—that opened two days ago in the majors and will begin in a couple of days in many minor leagues.

The essentials of the story, in fact, have been told tens of thousands of times, spring after spring. I heard them from Nat himself more than a few times.

\*\*\*\*\*

Nat Boynton was a Fan, with a capital F. He had been writing a book about minor league baseball. His own autobiography related his vital role in obtaining a professional team out in Geneva many years ago.

This month, he would have been full of excitement about the Albany-Colonie Yankees and the prospects for the '93 season. But he would have been talking and writing about minor league baseball as it's played all over New York State (15 clubs). And certainly at least one good story about A-C Yankee alumni now on the threshold of playing in the Bigs.

He would have told about a pair of late bloomers named Mike Draper, who pitched at Heritage Park for parts of the 1990 and '91 seasons, and Russ Davis, a third baseman who was voted the

league's Most Valuable Player when he played here last year.

Mike Draper, 26, is now with the Mets, having been drafted from the Yankee organization in December under one of those

### Young prospects move from Heritage Park to the big leagues

intricate rules that fertilize professional ball. His spring at the Mets' Port St. Lucie complex has been little short of sensational, accentuating the promise he displayed with the Columbus Clippers last year when he notched 37 saves, an all-time record in the International League. In his 1991 season here, he had a 10-6 record, a 3.29 ERA, a pair of saves, and 14 starts among the 36 games in which he pitched. At Fort Lauderdale earlier, he had a 9-1 record, including a no-hitter.

At Heritage Park, he was rated a hard-worker, a good competitor, possessor of a rubber arm, with outstanding pitching mechanics. He was versatile, able to go as a starter, or in either long relief or short relief. With the Mets, as at Columbus, he's to be a closer, able to throw strikes, stay ahead of batters, and produce ground balls for outs.

In the 1988 free-agent draft, Draper was not selected by the

Yankees until the 26th round. Russ Davis was picked even later in the draft—the 29th round. He has had a good spring at the Fort Lauderdale training camp—but he is headed for Columbus because the Yankees have signed a three-year contract with Wade Boggs and have committed \$11 million to the proposition that he will survive during those years. As the saying has it, he's "safe at third."

Davis, now 23, had a .285 average at Heritage Park last summer, with 22 homers and 71 RBIs. He has spent the past few weeks trying to learn from Boggs and other veterans. And reports suggest that he is working hard to improve the promise that he displayed locally last year.

\*\*\*\*\*

Those are just a couple of the stories Nat would have been writing this month (undoubtedly with more facts, not to say a considerably better style). And he would have been reminding us of the importance of the minor leagues as the basis for the majors—and of the pleasure of going out and watching the future stars as they're developing.

The A-C Yankees, by the way, open their season at Harrisburg on Friday, and a week later come to Heritage Park against the same team. This year's Davises and Drapers will be on hand, you may be sure.

## Your money's worth and The Times

By the time you read this, the local price of the daily New York Times will have just risen by 50 percent, up to 75 cents. According to my arithmetic, that increases the annual cost of keeping informed to \$338, which seems hefty enough without figuring in the wear&tear/gas&oil in bringing it home, since out where I live you can't get it delivered.

But I am very close to agreeing with the man I heard say that he expects to go on living as long as there's The Times to read. And contrariwise, I assume.

I am a devotee of The Times, beginning with the accounts of the Mets' current fate and failings, to the obituaries and death notices, and then the Op Ed page. Plus a lot in between and around. Truly, a time-consuming activity which sometimes doesn't get completed (or even begun) until bedtime.

I decided to pick one issue at random and remark on a few of the items that kept my attention high and my senses pleased. It was a Friday's edition, total of 92 pages. I believe that the piece I liked best was a "color" sidebar by William Grimes on the Allen-Farrow hearings. (Not the main reportage.)

He described Ms. Farrow as looking "like a Roman Catholic schoolgirl, the kind who earns straight A's for deportment and

penmanship." She was "dressed in a pleated teal skirt, a navy blazer, and a white shirt buttoned up to the throat" and "politely re-

### Constant Reader

sponded to a seemingly unending series of questions" from a lawyer—"the kind who, if a witness recalls picking up a fork, will ask him with what hand, and the, how many times." The lawyer in question "is a deliberate worker, although the word leaves too great an impression of haste. He paces slowly and sips his water after due deliberation. He is to *slow* what a dog whistle is to the normal range of human hearing."

I very much liked Robert Lipsyte's sports column on visiting with Howard Cosell on his seventy-fifth birthday. "The heavy lids of his eyes rolled up, the lips curled, the voice had vintage layers and curves. . . . Cosell in ruins (he is ill with cancer, heart disease, kidney disease, and diabetes) is sad but not tragic. . . . It is still hard to find an athlete who doesn't smile at his name. Cosell treated them like human beings, not numbers, and their names came out of his mouth in aural neon. . . . Cosell laughed, that snickering old Cosellian laugh that started deep in his throat and came out his nose. Then he closed his eyes again.

"The eyes opened, flicked to a painting of three lemons on the wall. 'Sooner or later,' he said. 'Sooner or later.'"

In a column, Lisa Belkin wrote of a "divorced, financially strapped, emotionally spent 45-year-old mother of two who has lost a

### The lawyer is deliberate but that word unduly might suggest 'haste'

breast, a hip, and her ovaries to cancer . . . and is a walking, protesting, wisecracking symbol for reforming the nation's health-care system."

Ms. Belkin uses the symbol as follows: "Individuals have a power over America unmatched by mere ideas. A baby in a backyard well, a reporter held hostage in Lebanon, a motorist beaten on videotape.

"Would such attention have been paid if the subject were not Jessica McClure, but child safety? Not Terry Anderson, but Mideast politics? Not Rodney King, but police brutality?"

\*\*\*\*\*

Those are a few of the most notable expressions I found in a rewarded evening with the day's Times. There were numerous others. If you don't spend part of your day with such triumphant writing, you're the loser. Try it. But don't beat me to the last copy at the convenience store!

## Environment: If you care, learn more about it

The contributor of this Point of View is director of the Five Rivers Education Center, a program of the New York State Department of Environmental Conservation.

By Alan Mapes

The papers are full of environmental issues. Differing positions are taken on each side. How do you know who is right?

### Point of View

In the Northwest, is it the timber barons or the owl-huggers?

Closer to home, is it the sportsmen or the animal-rightists?

Are hunters wiping out our wildlife by careless sport—or are they the only line of defense protecting wildlife populations from disease and devastation?

I cannot give you any pat answers. But I can offer information to help you develop informed opinions.



### Like a public school, the Environmental Education Center does not seek to sell a particular point of view but provides information & insight

EnCon's Five Rivers Environmental Education Center is right here almost in your own backyard and we offer programs throughout the year on all sorts of environmental topics.

From deer to wetland ecology, from wildflowers to acid rain, we cover the broad waterfront of environmental interests. Each program starts with the basics, but also seeks to address some issues of the day.

\*\*\*\*\*

Are we biased? I expect we are, a bit. After all, the Center is part of the Department of Environmental Conservation, the State's natural resource agency.

But like a public school, we are not here to sell a point of view. We provide information and insight, presenting the facts as best we know them—and a knowledgeable educator to guide that experience. We leave it to you, however, to make up your own mind on the issues.

Is that lawn spray completely harmless to all but the grubs—or will it kill any critter that crosses the lawn?

Should the town planning board require huge building lots—or should it go with tight cluster housing and green space set-asides?

On another level, are paper hot cups more ecologically correct than foam cups? Should we get those plastic coffee stirrers or go for wooden ones—that are cut from tropical rainforest trees, by the way? The answers may be hard to find, but *informed opinions* should serve us best.

Take a step toward improving your environmental literacy. Pick up a program listing at the Five Rivers office, or call us at 475-0291 to receive one by mail. Let me whet your appetite with a few of our upcoming programs:

- *Earth Day Open House*, Saturday, April 17; 1-3:30 p.m.
- *Course on Birds and Bird Watching*, in four parts starting Wednesday, April 21; 7-9 p.m. (please call to register).
- *Spring Peeper Walk*, Friday, April 23; 7 p.m. Investigate these loud but unseen amphibians as they announce the arrival of spring.
- *Woodcock Quest*, Friday, April 30; 7 p.m. Witness the nuptial flight displays of this secretive bird.
- *Arbor Day Tree Walk*, Saturday, May 1; 2 p.m. Read the twigs, bark, and buds to learn the maples, oaks, hickories, and others.
- *Open House for Youth Groups*, Saturday, May 22; 1-4 p.m. Mini-workshops on trees, birds, plants, and mammals will provide hands-on learning (and may help with scout badge or project requirements). Please call to register your group.

## Matters of Opinion

### BC goals

(From Page 6)

proposal is reflective of political correctness and Orwellian doublespeak that has run amok (see letter sent to parents regarding enrichment in the seventh and eighth grades).

Specifically, the elimination of enrichment classes, in our view, would fail to offer many students the opportunity to grow, to engage in critical thinking, or to benefit optimally from their peers. Very simply, it would fail to recognize that not all students necessarily have the same motivation or ability.

When an entire eighth grade consists of fifty students, a district's resources could not likely be adequate or stretched to the point where efforts could be focused on groups of students identifiable by interest, motivation, or perhaps ability. Nevertheless, with a class of approximately 300, the resources of a district whose budgets are consistently approved and with parents interested in their children's education, development of this kind of tunnel vision is contrary to goals of intellectual development.

We are constantly told by administrators that our children should take the most challenging courses available. We are also told that colleges and universities recognize and appreciate students' accomplishments in the most

rigorous of courses, and that they accept or reject applicants not so much in conjunction with their numerical grades, but rather based upon the degree to which they succeed in challenging courses.

Nevertheless, if the trend toward focusing on the middle continues, there will be fewer opportunities for children to be challenged. If that occurs, the trend will work to the detriment of individuals and the quality of education generally. Under the new program, what will happen to music and other extracurricular programs of which the district is justly proud?

Viewing this trend from a more global perspective, it appears that the outcome will be, in essence, mediocrity. If we are to compete effectively with other nations, mediocrity in education is hardly desirable. If anything, we believe that our administrators and our board of education should be developing more challenging

courses and better ways of encouraging and rewarding students for taking up the challenge. In short, we think the program represents the likelihood that our educators and reputation will be going backward, not forward.

Lastly, we cannot understand how such fundamental changes could have been considered, let alone implemented, without substantial input from the community. Where is the board that represents us?

We hope the board and the administration will recognize that many of us care about education, that the easy way is not necessarily the best way, and that we think they're going in the wrong direction.

Robert J. Freeman, Felice Freeman, Zvi Klopott, R. Beth Klopott, Allen C. Israel, James R. Sherin, Rose L. Sherin, Martin Rowan, Susan Rowan, Susan L. Malbin, Laura L. Conti, Donna M. Falkenhainer, Frank Falkenhainer, Shirley S. Cole.

## Is excellence becoming only an illusion for BC?

Editor, The Spotlight:

We have closely followed budget and policy decisions made by the Bethlehem Central Board of Education in recent months. No doubt, the board is in a difficult position—but we unfortunately have no doubt that too many of those decisions have been misguided.

Citizens of the BC district have

long prided themselves on the quality of the district's programs and the education received by each student. We strongly suspect that the district's students will continue to perform well on standardized tests, largely because of the kind of stimulation they receive at home. We also suspect that district personnel will continue to cite their students' statistical successes as indications

of continuing quality instruction and programming.

We fear, however, that this seeming excellence is fast becoming an illusion in Bethlehem. No test or measure exists to determine what individual children lose when programs are slashed and corners are cut.

Whether one considers equipment and material purchases;

keeping libraries and computers current; or programs that recognize and acknowledge each child's uniqueness, cuts exacted in these areas carry an immeasurable price tag that far exceeds dollars saved.

We can only hope that the citizens and school board members recognize this reality before it is too late.

Laura & Richard Kagan

## Orchard Park lobby's special interest decried

Editor, The Spotlight:

I have followed for years the activities of the Orchard Park Neighborhood Association, and the ever-expanding quest to resolve their area water problems using the resources of the town government.

As a special-interest lobby group, the OPNA should recognize that it is not alone. Many residents from several areas of the town have experienced well-water problems, quality and quantity for years. Residents have adjusted their life styles to accommodate these problems and, at the rate the town is responding, they will likely have to do so for some time to come.

The effects of the OPNA lobby effort are measured by noting that years ago it supported town repre-

sentation that would permit the adjacent to their neighborhood, with its water resources and scheduled payments to the town, as its solution.

The town Supervisor has apparently failed to follow up and audit the benefits of its agreements, and now encourages more spending of new tax dollars on an old problem (wells on Smith Lane) to benefit the special-interest group.

The lobbying effort has now expanded, with attacks on Councilman Shufelt when his votes are directed at trying to resolve a problem that reaches beyond the limits of the OPNA needs.

Should Mr. Catolino and company be in training for public office, watch your wallet.

James Eberhardt

New Scotland



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Your Opinion Matters

# Shufelt gains defense for 'negative voting'

Editor, The Spotlight:

This is in response to a letter by the Orchard Park Neighborhood Association condemning New Scotland Councilman Craig Shufelt for his negative voting record on an absurd, spendthrift policy our Town Supervisor is pursuing.

It seems that the OPNA has forgotten that it, along with our Supervisor and others, denounced the efforts of the citizens group fighting the Tall Timber mining proposal—"for the sake of getting water to Orchard Park" via the now highly questionable "mining agreement." This agreement, between the town and the mining operator, calls for the "high production," "quality" wells already existing on the site to be "turned over to the town for their use." It calls for the town to be paid 25 cents per cubic yard for all material removed from the site with an initial payment of \$150,000 representing payment for the first 600,000 cubic yards removed. And, as stressed by the mining operator's attorney during both sessions of the public hearing on the matter, the mining operator would install the water distribution system throughout Orchard Park "at his cost" thus saving the still-proposed water district additional money.

This, my friends, is precisely why Councilman Shufelt supported the mining agreement—for all the good that was to come from it. The OPNA applauded Mr. Shufelt for his support. He now, however, is being chastised by this same group for voting against a motion to abandon something the town already "owns" and to spend untold additional thousands to "explore" other sources of water—one of which already

appears to have resulted in a total waste of money.

I submit that Mr. Shufelt's action should be *commended*, not condemned. If anyone is to be condemned it is the Supervisor for not leading in taking immediate actions to see that the mining "agreement" is enforced—an agreement our Supervisor set his hand to. It might just be that our Supervisor has set his hand to a bogus or unenforceable legal document, but the responsibility remains to test that in whatever way required.

As usual our Supervisor has pointed, first to one reason and then another, why the town is not pursuing the agreement and much less costly water source. We have heard "flood plain" problems, "railroad crossing" (boring) problems, and time-constraint problems. This is all hogwash and anyone who believes this is being duped bigtime. These issues were nonexistent during the five or more years the numerous engineering and hydrogeological studies were performed. If indeed the "flood plain" issue is somehow valid then our Supervisor should look to the engineering firms who would have made such a grave error or omission in their findings.

As one concerned citizen stated, "This whole bogus affair will come back to haunt us some day," speaking of the "agreement." I guess his day has come.

Just bear one thing in mind as our town spends thousands of additional tax dollars on something we have already been sold. Mr. Shufelt did *not* support this.

Bruce A. Houghton  
Voorheesville

# Deli proponent says residents support idea

Editor, The Spotlight:

I would like to provide residents of Bethlehem with information on the take-out New York style delicatessen I am proposing for 211 Delaware Avenue.

The property is owned by Bill Sharron, who has offered it for sale for three years and it has become a financial hardship for him. Similar properties zoned for professional office space along Delaware Avenue have been vacant for years and some are deteriorating. My proposal would improve the area's physical appearance.

The traffic my business would create should not interfere with residential traffic on Salisbury Road, nor would it make the neighborhood less safe for children. In the morning when children may be walking to school, I anticipate very light drive-in business because the majority of the commuter traffic travels from Delmar to Albany on the opposite side of the street. This makes it more convenient for them to stop at other food establishments on that

side. Then when children may be coming home around 3 o'clock my business typically is very slow. In my twenty years of experience in this business, delicatessens are traditionally slow between 2 and 4 p.m. I also expect a significant amount of walk-in business due to proximity of nearby businesses and residences.

The business will have almost no impact on surrounding neighbors. The building fronts on Delaware Avenue and its neighbors are largely commercial, including a bank, garage, appliance store, ice cream shop, etc. The area is not residential. The parking lot on Salisbury Road does not supplant residential space, since it has always been there. My plans only modified the existing parking spaces to conforming to building code standards. It is possible that in some periods of the day more cars will use the lot than may have

previously used it. The lot, however, is more than adequate and traffic will not spill over onto Salisbury Road.

The business would be an asset to the neighborhood and community. Property values in the area and on Salisbury Road would only increase by having a vacant building rehabilitated and occupied. It would provide high-quality convenient food and catering services to the area. It should also provide employment opportunities and generate tax revenues for the town.

In my campaign for the zoning variance, I have received overwhelming support from residents of the town and people who live on Salisbury Road, including 500 signatures and many letters of support. From the start, I have been up front and honest with the neighborhood. I am a resident of Delmar myself, and have a family with small children. It has been an inspiration of mine for many years to open a quality delicatessen.

Glenn Durlacher

## Words for the week

*Patently* : Clearly, obviously, openly. (Pronounced with a long "a.")

*Inherent* : Existing in someone or something as a natural and inseparable quality, characteristic, or right. Innate, basic, inborn.

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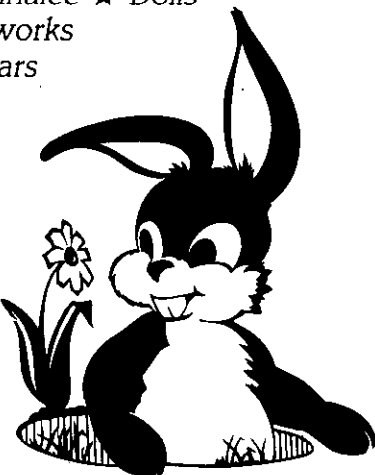
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Come in today and see what the Easter Bunny has left at the Iron Horse. we're sure you'll find something to fill your Easter Basket.



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## V'ville FD donates to DARE

On Tuesday, April 6, the Voorheesville Volunteer Fire Department donated an \$800 check to the Drug Abuse Resistance Education program of the Albany County Sheriff's Department.

The monies are the proceeds of a fund-raising breakfast at the fire department Feb. 7.

Sheriff James Campbell accepted the check on behalf of the D.A.R.E. program, along with In-

spector Reginald Saunders of the Voorheesville patrol and D.A.R.E. Deputies Gary Fish and Amy Herzog-Carmen.

Sheriff Campbell said he was pleased to acknowledge the Voorheesville volunteer fire department's hard work and dedication to their community.

The fire department is located on State Route 156, next to the Voorheesville Elementary School.

## Newsgraphics Printers

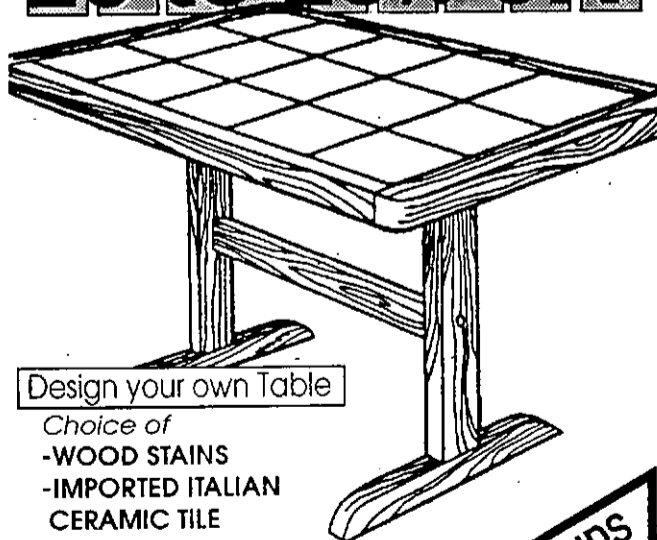
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## Pancake purveyors



Dick Clark, left, and Otto Sutter dish out the flapjacks on Sunday, April 4, for the Bethlehem Lions Club 35th annual pancake breakfast held at the Nathaniel Blanchard American Legion Post.

Elaine McLain

## Chamber plans April luncheon

Bethlehem Chamber of Commerce members will hear a presentation on employee benefits and employee leasing at their April luncheon.

Chamber members Dick Adair of eeLeaseCo and Jeff Gaul of Employee Benefits Specialists are the featured speakers.

The lunch is Thursday, April 22, at 12 noon at Stone Ends res-

taurant on Route 9W in Glenmont.

The cost is \$12, and reservations are required by April 21.

The chamber also plans a "Business After Hours" mixer at the Adams Station Apartment Complex on Juniper Drive on Wednesday, May 5, from 4:30 to 7 p.m.

Call 439-0512 for information.

## Spanish heritage unit seeks local volunteers

The Spanish Heritage, a not-for-profit student exchange organization dedicated to promoting Spanish language and Hispanic culture in North America, is seeking volunteers to be area representatives for its program.

Representatives serve as liaisons and host families and recruit qualified teenagers to go abroad.

For information, call 1-800-888-9040.

## Fife and drum corps to gather in Delmar

The Village Volunteers Fife and Drum Corps of Delmar will host the 1993 National Muster, a gathering of member corps from the Company of Fifers and Drummers, on July 9 and 10 at the Bethlehem Central Middle School.

The group is looking for former members interested in performing in an alumni corps. For information, call Buz Olsen at 489-3749 or Skip Bub at 439-5091.

## VanShaick to manage media relations unit

Mary VanShaick of Glenmont was recently promoted to assistant manager of the marketing department at the Center for the Disabled.



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"Australia" Jacobs Creek Chardonnay, Merlot, Cabernet Sauv <b>\$6.99</b>	"Southern Spain" René Barbier Red & White 750 ML. <b>\$3.99</b>	Calif. Cook's Champagne Brut Imperiale 750 ML. <b>\$4.79</b>
	"Chile" Conchay Tore 1.5 ML. <b>\$5.99</b>	<b>Sale Ends 4/14/93</b>

# Bullish on Bethlehem



Delaware Avenue



Delaware Plaza



Four Corners



Elsmere and Delaware

## KEY BANK

Glenmont Plaza

Key Bank officials expect that one of the above five branches will be closed by the end of this year. The proliferation of offices occurred as a result of Key Bank's recent acquisition of the First American and National Savings banks. Before a final decision is reached, corporate officials say they need to study each facility in depth and the amount of traffic they generate.

Elaine McLain

In Clarksville The Spotlight is sold at the Kwik Mart and Stewarts

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# Happy Easter

Call for a quote today!

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## PARENTS - SENIORS

The Bethlehem Business Women's Club offers a Scholarship to any High School graduating senior (residing in Bethlehem), high academic standing not necessary. Application deadline April 23, 1993. See Guidance Office or call 439-2034.

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14 lbs. **\$1.58** (CHOPS LB. OR ROAST)

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10 lbs. or more **\$1.49** LB.

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# Radio controlled models fly into Eagle's Nest

By Mel Hyman

Curious about radio-controlled models?

Pro Radio Control Hobbies could have just what you're looking for provided it's a plane, car, helicopter or boat.

Michael Curry recently moved his Albany-based hobby shop to the Eagle's Nest Bike Shop on Delaware Avenue where he shares the space.

Having the latest in mountain bikes across the aisle from models of an F-14 fighter plane or a P-51 Mustang is a good mix, Curry believes.

An auto body worker by trade, Curry runs his store more out of enjoyment than profit, although during the five years he's been in business, he's always met his expenses and then some.

Moving to Delmar seemed logical since many of the customers who frequented his shop on Second Avenue in Albany came from Bethlehem and southern Albany County.

What Curry tries to emphasize most is service. If someone wants a model assembled for them, Curry has a few guys who will do the work. If a customer wants to assemble the model himself, some helpful advice can be indispensable.

If there's a problem with the equipment, he knows enough to suggest a solution. By virtue of his years of experience with radio-controlled devices, Curry can tell you exactly what to expect from the hobby or if you're a real beginner, how to fly the planes.

Radio-controlled models are not toys, Curry emphasized. Especially today, as the technology continues to move ahead, it takes some effort to keep up with the latest trends.

"You can really become overwhelmed by it," he said. "I read a lot and I learn from just talking to people. You need to know what the competition is up to. There are a lot of people who want state-of-the-art equipment."

Shows and demonstrations for



Michael Curry is counting on the craze in radio-controlled planes to propel business at his new location on Delaware Avenue. You can assemble the models yourself or he will arrange to have it done for you.

## Join the Easter Rabbit

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radar-controlled planes are becoming more and more popular and that's one reason that Curry is bullish on his future in Delmar.

Store hours are from 2 to 9 p.m. Tuesday through Friday and 10 a.m. to 6 p.m. on Saturdays.

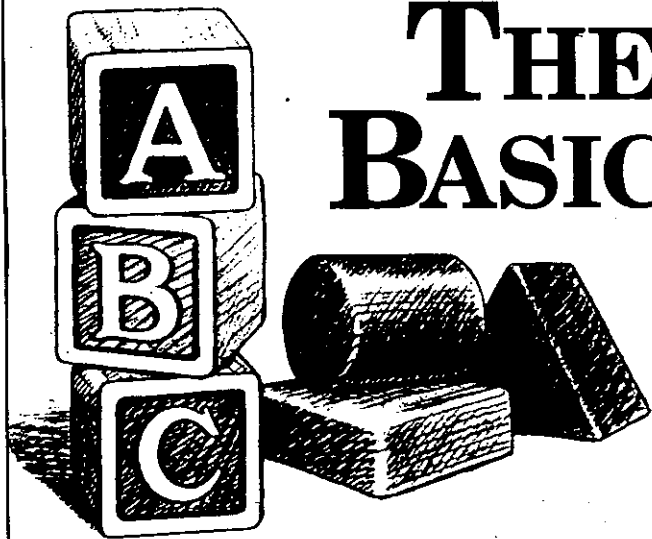
## Button enthusiasts to meet Wednesday

The Half Moon Button Club of the Capital District will meet at the Bethlehem Public Library, 451 Delaware Ave. in Delmar, on Wednesday, April 14, at noon.

The meeting is free and open to the public.

For information, call 283-4723.

# BUILDING THE BASICS



THE ALBANY ACADEMY  
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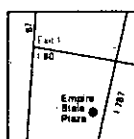
April 17 (Saturday)  
9am-5pm

April 18 (Sunday)  
11am-4pm

Adults \$4.00

2-12 yrs. \$1.50

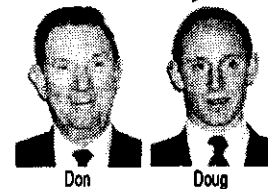
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## Bicentennial bards



Reading their original poem to open the bicentennial play written and performed by Slingerlands Elementary School fourth-graders are Rachael Shatsoff, Laura McCarthy and Chelsea Adewunmi.

Dev Tobin

### Telethon to raise funds for arthritis research

The 10th annual Arthritis Foundation Telethon will air on Sunday, April 18, from 11 a.m. to 7 p.m. from the studios of WRGB-TV in Schenectady.

The foundation's Northeastern New York chapter goal is \$243,981 — \$1 more than last year's donation total.

JoAnne Puritan, health reporter at Channel 6, will provide informational segments throughout the telecast explaining some treatments available to those afflicted with one or more of the forms of arthritis.

For information, call 456-1203.

### Public hearing scheduled on airport impact study

A public hearing on the recently completed airport area draft environmental impact statement and environmental assessment statement will be held on Tuesday, April 13, at 7 p.m. at the Town of Colonie Public Operations Building, 347 Old Niskayuna Road, Latham.

The draft deals with the economic, social and environmental effects of the Albany County Airport Development Plan, which includes construction of new terminal and concourse facilities,

parking facilities, glycol containment and flood control systems.

Copies of the draft are available for review at the William K. Sanford Library, the Albany Public Library, the town clerk's office, the Albany County clerk's office and the Albany County Cooperative Extension. Written comments will be accepted until 5 p.m. on Friday, April 23.

For information, call the airport director's office at 464-5010.

*In Slingerlands  
The Spotlight is sold at  
Falvo's, Stonewell's, Tollgate  
and Carrazzo's*

## Grand jury expected to hear assault case

Charges against a Glenmont man were expected to be brought before an Albany County grand jury this week, police said.

Keith Duncan, 20, of 51 Clapper Road, was arrested about 5 a.m. Thursday, April 1, after a two-and-a-half hour stand-off with local and state police. He was charged with first degree burglary, first degree reckless endangerment and third degree assault.

Bethlehem police responded to the scene at 2:39 a.m. and were greeted with a shotgun blast from the front door, according to Lt. Frederick Holligan. No officers were injured, but police kept their distance and tried to talk Duncan

into surrendering.

It started as a domestic dispute, police said, and Duncan apparently lost control of himself as a result of being in a highly intoxicated condition. During the stand-off he reportedly refused to allow his girlfriend or his brother out of the house and threatened to kill himself.

State police hostage negotiators responded to the scene and eventually talked Duncan into giving up his weapon without incident, Holligan said. He was remanded to the Albany County Jail to await a preliminary hearing.

### Support group set at Albany Med

"Surviving with Cancer," a support group for adult cancer patients and their families, will meet on Monday, April 5, from 7 to 8:30 p.m. in the Albany Medical College division of medical oncology conference room (ME-717).

The group, which will meet every other Monday through May

17, is funded by a grant from the United Order of True Sisters, Abigail No. 3.

Christina Blanchard, professor of medicine and psychiatry at Albany Medical College, will lead the support group.

To register for the program, call Blanchard at 262-6752.

### Library seeks artwork on small-town life

Paintings, photos and sculpture are being collected for "A Small Town at the Millennium" art show at the Voorheesville Public Library, 51 School Road in

Voorheesville, in May.

Works should reflect the theme of small-town life. The deadline is Saturday, April 17.

For information, call 765-2791.

### Area university women set membership party

The Albany Branch of the American Association of University Women will hold a wine and cheese membership reception on Thursday, April 8, at the Bethlehem Public Library, 451 Delaware

Ave. in Delmar, from 5:30 to 7:30 p.m.

The meeting is open to area college graduates.

For information, call 439-6345.



## Medical, Health & Dental Services



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### ARE CHILD'S TEETH ON SCHEDULE?

Children's teeth are somewhat like trains or airplanes. If they don't arrive on schedule, you (or rather your child) may be in for a problem. How do you know if the permanent teeth are replacing the primaries on schedule? Here's the "ballpark" timetable for you to use as a reference.

Between the ages of 7 1/2 to 10, he should have four permanent incisors in front as well as a primary canine, first and second molar, and a permanent 6-year molar on each side. This gives him a total of 12 teeth in each dental arch.

By the time he's twelve, he should have lost the primary (baby) molars. The permanent premolars should have worked their way through his gums to replace them. So should the permanent canine teeth. The last step is for all four 12-year molars to emerge

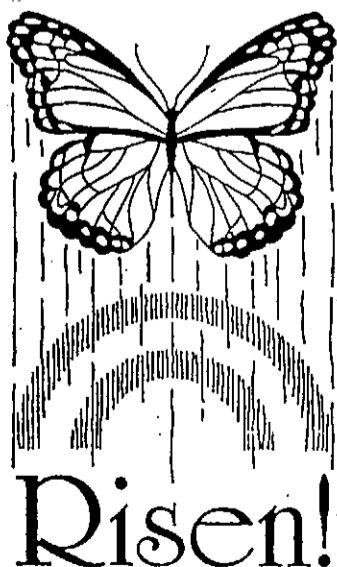
behind the 6-year molars. This should happen between the ages of 11 and 13.

There is no exact "date" when all permanent teeth should be in. But there is a normal schedule of events. If your child is not "on schedule" there may be a problem. You'll need a dentist's help to correct it.

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## Celebrate the Joy of Easter

April 11, 1993

~ Worship Services ~

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Brass Ensemble and Choral Selections

10:00 Complimentary Light Breakfast

and

Children's Easter Activities

Nursery Care Available

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# Bishop

(From Page 1)

Born in Hungary in 1912 and ordained a Roman Catholic priest in 1936, he emigrated to the United States following the overthrow by force of the anti-communist Nagy government by the Soviet Union in 1956.

He was an assistant pastor of St. John the Baptist Roman Catholic Church in Schenectady for several years before retiring from the priesthood in 1964. He began celebrating "the True Mass and Sacraments in the old way" in 1974, according to a biographical note in his pamphlet "The Smoke of the Antichrist."

Rev. Randall Patterson, chancellor of the Roman Catholic Diocese of Albany, said, "We are grateful for the years of ministry that Father Vida Elmer exercised in the Roman Catholic Diocese of Albany. Certainly, it is a source of sadness and regret that he chose to sever his relationship with the Roman Catholic Church and that a

reconciliation never occurred before his death."

A fellow traditionalist bishop, Robert McKenna of Monroe, Conn., conducted the Latin — or Tridentine — Mass, accompanied by a choir of five nuns, in full habit, of the Dominican Sisters of the Immaculate Heart of Mary, also from Monroe.

Many in the mostly older congregation followed along in well-worn missals from the pre-Vatican II days, with the women all wearing hats and veils.

The statues and crucifixes of the church were draped in funerary purple, and few eyes were dry as, in the only English spoken during the ceremony, Bishop McKenna eulogized his friend.

"Bishop Vida was one of the great leaders in the Catholic remnant, carrying on the true worship and discipline of the Holy Mother Church," Bishop McKenna said. "He had no enemies



After the passing of Bishop Vida Elmer last week, St. Michael's Traditionalist Roman Catholic Church in Glenmont is now without a pastor. Elaine McLain

and was respected around the world."

Bishop McKenna extolled Bishop Elmer's humility, meekness, wisdom and fortitude.

"I never heard an angry word from him or of him," he recalled.

Touching on the differences between the traditionalists and the Roman Catholic Church, Bishop McKenna noted that Bishop Elmer "had a way of piercing to the es-

sence of the situation in the church and the response we should make to it.

"The church was never in more desperate straits than it is today. The hierarchy is an enemy hierarchy, if not wittingly, as for the most part, then unwittingly," he said.

Bishop McKenna told the congregation that he was working to get a resident pastor for St. Michael's. "I have a couple of prospects, but there's nothing definite.

It's not an easy task by any means."

In the meantime, a traditionalist priest travels up from Connecticut to say Mass at 10 a.m. on Sundays, according to Robert DeLuke of Scotia, a lay leader of the congregation.

DeLuke remembered Bishop Elmer as "a quiet man. He didn't judge very quickly, and he took a long time to come to his conclusions."

DeLuke said that the Tridentine Mass was established "in perpetuity by the infallible Council of Trent" in 1545, and that, in his opinion, the current Roman Catholic service made the church "just another Protestant denomination."

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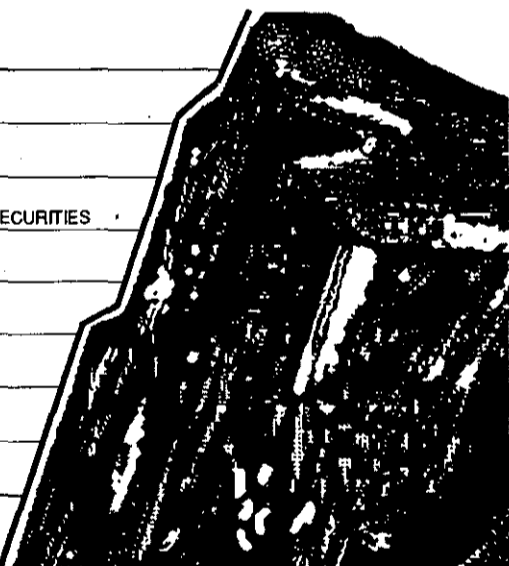
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## Spring Celebration



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## Stephen Ministers



Andy Miner, left, Rory O'Brien, Joan Bayne and Marcy Corneil were recently commissioned as Stephen Ministers after completing four months of training at the Delmar Reformed Church.

## Library vacation programs can help prevent boredom

The Bethlehem Public Library has planned a variety of programs for kids during the "Vacation Week Rendezvous," April 12 to 17.

• A tribute to children's author William Steig and his wacky brand of humor is scheduled on Monday, April 12, at 10:30 a.m. The program is designed for first and second-graders, and registration is required.

• "Short of Breath," by musicians Howard Jack, Steve and Betsy Fry, will be on Monday, April 12, at 7 p.m. This family concert will feature children's music, sing-alongs and dance tunes. Reservations are requested.

• *Otis and Milo*, a "School's Out Film" for families will be shown on

Tuesday, April 13, at 2 p.m.

• The David Rollins concert, scheduled on Wednesday, April 14, has been cancelled.

• Kids in third-grade and above can make a "Family Heritage Crest" on Thursday, April 15, at 2 p.m. Registration is required.

• The Scotia-Glenville Children's Museum will present a program called "In Honor of the Bicentennial: In Days Gone By" on Saturday, April 17, at 10:30 a.m. Preschoolers to second-graders can see how life was different for children long ago. Registration is required.

Call 439-9314 for information or to register for these free programs.

## Arbor group gives free trees

The National Arbor Day Foundation will give ten free shade trees to each person who joins the foundation during April.

The ten trees are red oak, weeping willow, sugar maple, green ash, thornless honeylocust, pin oak, river birch, tulip tree, silver maple and red maple.

The trees will be shipped postpaid at the right time for planting in April or May, with enclosed planting instructions. The trees are guaranteed to grow, or they will be

replaced free of charge.

To become a member, send \$10 to Shade Trees, National Arbor Day Foundation, 100 Arbor Ave., Nebraska City, Neb. 68410, by April 30.

## Bethlehem chamber plans annual dinner

The Bethlehem Chamber of Commerce will have its annual dinner on Saturday, April 17, at the Normanside Country Club at 6:30 p.m.

Cost is \$35 per person.

For information, call 439-0512.

## Quilters set meeting at Methodist church

The Quilters United in Learning Together will meet Friday, April 8, at the United Methodist Church, 428 Kenwood Ave. in Delmar, at 9:30 a.m.

The topic of the meeting will be borders.

For information, call 283-4848.

## College offers classes for neighborhood kids

The College of Saint Rose is continuing to offer an after-school education program for elementary students.

The program, a free service to the community, is offered on-campus every Tuesday from 3:30 to 4:15 p.m.

The program provides children of all levels with small-group instruction in areas such as language arts, math, science and social studies.

For information, call 458-5333.

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In our ever changing world, it is said that, two things remain certain, DEATH AND TAXES. While voters and special interest groups have substantial impact upon legislation dealing with federal and state income taxes, there has been little organized effort to bring attention to the highest tax bracket that affects many citizens, that of the ESTATE AND GIFT TAX. The present federal rates are 37% to 55% of the taxable estate, whereas the New York State rates progress from 2% to 21%. The federal exemption from such tax is \$600,000 and the comparable New York State exemption is \$108,333.

Proper planning by families can help to avoid the harsh effects of such taxes as well as estate administration costs while preserving assets for the decedent's loved ones. Centermost in such planning should be the review of one's Will to ensure that the decedent's wishes are carried out. All states provide for the distribution of decedent's assets in the event of intestacy, but a proper Will will ensure that the allocation of assets and appointment of qualified legal representative will fulfill the expectations and desires of the decedent. The judicious use of Power of Attorney for a client's possible incapacity and the execution of a Living Will and Health Care Proxy for a client's possible terminal illness provide a means of preserving family assets. It is recommended that everyone, regardless of the size of their estate, meet with their attorney to draft a Will, Power of Attorney, Living Will and Health Care Proxy.

For those people whose estates are in excess of \$600,000 and \$108,333 federal and state exemptions, there are many tools available to avoid the tax impact. Some of the tools are:

1. Gift giving, taking into consideration the annual \$10,000 per person exclusion for both federal and state purposes.
  2. Irrevocable life insurance trusts.
  3. Family partnerships.
  4. Charitable remainder and lead trusts.
  5. Grantor retained annuity and unified trusts.
  6. Divisions of assets between spouses to properly utilize the federal and state gift and estate exemptions.
  7. Life insurance and retirement benefits ownership, payment options and allocation among beneficiaries.
  8. Use of revocable living trusts.
  9. The proper valuation of closely held business interests.
  10. Understanding the tax ramifications of bequests to grandchildren or other generation-skipping beneficiaries.
  11. The deferral of estate taxes for closely held business interests of from 10 to 15 years and reduced interest on part of such deferred taxes.
  12. The interworking of the income tax and estate tax laws so the greatest deductions may be available.
  13. Personal residence trusts.
  14. The proper use of disclaimers by beneficiaries.
  15. Careful consideration of spousal elections.
  16. The availability of Medicaid trusts.
- It is human nature to defer addressing one's estate plan. However, the failure to prepare a proper will and estate plan may leave the estate's legal representative with few available options to mitigate the tax impact. The appointment of a legal representative will be made by the court if a decedent dies without a will.
- Death is certain, but TAXES MAY BE LESS CERTAIN with a well-conceived estate plan.

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## Calories? Who cares



Megan Klim, 5, enjoys the fixings at the Bethlehem Lions Club annual pancake breakfast. Elaine McLain

## Library gears up for celebration

The library will celebrate National Library Week this year with a cable TV special along with several other programs.

"Bethlehem Reads," the library's televised program of readings by local residents, will air on TV31/Bethlehem on Wednesday, April 21, throughout their normal broadcast day. More



than 60 readers are participating in the program which demonstrates the Bethlehem community's love of books and reading.

On Monday, April 19, at 7:30 p.m., David Diligent, environmental issues agent with Cornell Cooperative Extension of Albany, will present a program on "Home Composting."

The program will focus on how residents can compost yard debris and food to substantially reduce the amount of residential solid waste they generate.

When *Parade Magazine* needed someone to write about the meaning of the 500th anniversary of Columbus' discovery of the new world, they turned to Australian-born novelist Robert Moss. In the five years he spent

researching his newest book, *Fire Along the Sky*, Moss had become something of an authority on the interaction between Europeans and Native Americans.

As part of the Library's National Library Week celebration, on Wednesday, April 21, at 7:30 p.m., Moss will visit the library to talk about *Fire Along the Sky*, the Colonial-era story of Sir William Johnson. Superintendent of Indians for the King of England during the French and Indian War, Johnson was a military commander, adopted Mohawk chief and, according to Moss, a multicultural visionary.

Says Moss, "I consider Sir William Johnson one of the greatest men to walk this continent. He crammed several lifetimes into one... he was the forerunner of so many things, especially his acceptance of other cultures and races."

Johnson founded Johnstown, N.Y., and left enough written records and reports here and abroad to fill 14 volumes. Johnson Hall State Historic Site in Johnstown is a tribute to him.

Moss has had an adventurous life of his own. Born and educated in Australia, he became a foreign correspondent and an investigative journalist after moving to Britain in 1969, and later to the

U.S. His experience led to his writing *Urban Guerrillas*, a pioneering study of international terrorism. A frequent lecturer at NATO colleges, he has been an adviser to Prime Minister Margaret Thatcher.

Beginning in 1980, Moss published a series of bestselling novels of international intrigue, including *Death Beam*, *Moscow Rules* and *Carnival of Spies*. Tired of the frenzied life he was living in New York and Washington, Moss and his family moved to Troy, and he became interested in the region's rich historical past.

The research for *Fire Along the Sky*, the first book in a projected trilogy, took Moss five years and carried him from Johnstown to Ireland. Switching literary genres is a gamble for most authors, but not Moss, for whom taking risks has been a way of life.

The annual book sale is set for Saturday, April 24, and Sunday, April 25, during regular library hours. Used adult hardbound and paperback books will be sold along with children's materials, puzzles, records, and magazines. Some used equipment and sets of books will be offered for silent auction by sealed bids. Members of the Delmar Progress Club will assist with sorting books and volunteering at cashiers' tables.

For information about the sale, contact Librarian Cathy Howell at 439-9314.

The last of the Friends of the Library-sponsored lectures by Helen Adler, originally scheduled for Wednesday, April 14, will be given tonight, April 7, at 7:30 p.m.

Anna Jane Abaray

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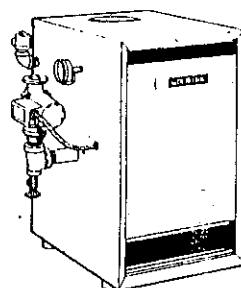
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## The Spotlight remembers

This week in 1983, these stories were making headlines in *The Spotlight*.

- A committee of school and community leaders planned to visit all the commercial establishments in town that sell alcohol, to discourage them from selling to minors. "Like many communities in our area, Bethlehem shares a concern regarding alcohol abuse among the town's teenage population. With this concern comes a sense of frustration in making even small gains toward solving the problem," the committee's press release stated.

- The Bethlehem Central school board voted 5-2 to keep funding the two-year-old Challenge Program for gifted elementary students, despite board member John Clyne's argument that the program was only supported by "a small group of vociferous people."

- The New Scotland Elks Lodge installed the following officers for 1983: George Koch, exalted ruler; Steven Basinait, leading knight; Chester Boehlke, loyal knight; Raymond Larose, lecturing knight; Stephen Galusha, secretary; William Perrault, treasurer; Raymond Conger, titler; Donald Duncan, five-year trustee; and H. Allyn Moak, alternate to grand lodge.

- Twenty investors affiliated with the Madonna Realty Co. of Schenectady offered to buy the Nicoll-Sill House from the town of Bethlehem for \$20,000. The farmhouse, built in 1735, is on the National Register of Historic Places.

- Four Delmar swimmers—Drew Patrick, Jennifer Mosley, Sue Mallory and Janet Shaffer—earned trips to the Eastern Zone Junior Olympic championships in Syracuse.

## Library spring dinner on tap

Henry Mendelsohn, associate librarian, bibliographer and reference librarian at the Dewey Graduate Library at the University at Albany, will be the guest speaker at the Hudson Mohawk Library Association spring dinner meeting.

The meeting is scheduled on Thursday, April 22, at 6:30 p.m. at Schenectady County Community College, 78 Washington Ave., Schenectady.

Mendelsohn will present "Going International: An American Librarian Abroad." He recently returned from Bulgaria, where he was an American Library Association bookfellow. He previously taught in Somalia.

The cost of the dinner is \$15 per person. Checks should be made payable to the Hudson Mohawk Library Association. The reservation deadline is April 20.

For information, call 388-4500.

## Poetry reading rescheduled

The blizzard of '93 didn't just stop the flow of traffic in Voorheesville, it also stopped the flow of words when it forced the cancellation of the Second Annual Poetry Performance Day at the library.

"Wordsmiths" need not fear, however, as the popular event has been rescheduled for Saturday, April 17, from 11 a.m. until 4 p.m. Those who were signed up to read

**Voorheesville  
Public Library**



on March 13 can keep their original timeslot. To confirm your reading time or to rearrange your time, call Barbara Vink at 765-2791.

Due to a few cancellations, there will be room for additional performers, so call today if you would like to recite your own or a favorite piece.

The library's active Writer's Group, which is sponsoring the day, will meet on Thursday, April 8, at 7 p.m. The Every-Other-Thursday Poets meet on the second and fourth Thursdays each month and invite budding poets to bring something to read aloud.

Once again the library is co-sponsoring the annual Arthur Gregg Local History Seminar with the Village of Voorheesville, the Town of New Scotland Historical Association, and Guelderland Historical Society.

This year's program will be a concert/lecture by music folklorist George Ward on "The Song of the Anti-Rent War: Their Value and Meaning" scheduled for Tuesday, April 13, at 8 p.m. The program will be at the First United Methodist Church at 68 Maple Ave. in Voorheesville. Funding for their seminar was made possible by the New York Council for the Humanities.

School vacation is rapidly approaching and Youth Services Librarian has two activities planned to keep boredom at bay.

On Monday, April 12, from 10 to 11 a.m., Hans Christian Andersen's April birthday will be celebrated with stories, crafts and a film and some Danish foods. The program is appropriate for children in kindergarten through grade-two.

"Letters, Letters, Letters", on April 14, will focus on pen pals and the fine art of letter writing. Children in second grade and older

will get a chance to make their own stationery in the hour-long program set for 2 p.m.

Needleworkers and quilters looking for advice and/or companionship should plan to set aside Tuesdays between 1 and 3 p.m. to get some work accomplished in the library's Community Room when the Nimblefingers and Library Quilters meet simultaneously under the direction of Linda O'Connor and Magdalene Zeh.

Last, but not least, families should plan to stop by tonight, April 7, for a Story Hour celebrating National Pet Month. Pets Are Our Pals! Begins at 7 p.m.

Christine Shields

## Kraemer wins award for original play

Berklee College of Music student pianist Joseph T. Kraemer, son of Thomas and Barbara Kraemer of Voorheesville, recently received an award for Best Original Drama in the college's third annual literary competition.

Kraemer's play is entitled *Denny's*.

Award winners were chosen by a panel of judges from the general education department.

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# Sibling rivalry series slated at Becker

The RCS guidance department has scheduled a workshop series for parents on "Siblings Without Rivalry," to run on 6 consecutive Wednesdays beginning April 28.

The workshop will run from 7 to 8:30 p.m. at the A.W. Becker school in Selkirk. Becker counselor Gloria Jean will facilitate the program.

Workshop space is limited. To register, call 767-2511.

## Sunshine Seniors to meet for lunch

The Sunshine Seniors will have a covered dish luncheon meeting on Monday, April 12, at the First Reformed Church on Route 9W in Selkirk.

## NEWS NOTES

**Selkirk**  
**South Bethlehem**  
Michele Bintz  
439-3167



Dr. Jack Bastow, a podiatrist, will be guest speaker. The meeting will begin at noon.

For information, call June Milburn at 439-7179.

## Church schedules trip to see arena production

The United Methodist Church of South Bethlehem and Rev's Tours will sponsor a trip to the Knickerbocker Arena to see the production *Jesus Was His Name* on Friday, April 30.

The bus will leave the church at 6:30 for the 8 p.m. show. Cost per person is \$18, which includes transportation and reserved seat.

For information, call 767-9953 or 767-2281.

## Parents meeting planned to discuss space problems

A parents meeting about space utilization at the A.W. Becker Elementary School is scheduled today, April 7, at 3:30 p.m. at the school on Route 9W in Selkirk.

The meeting has been scheduled to discuss space needs at the school for the next two years, until the new additions are completed.

For information or to submit ideas before the meeting, call

Marybeth Leavitt or Chris Pitts, Becker Building Leadership Team representatives, at 767-2511 or 767-2536.

## Spring break is here

There will be no classes in the Ravena-Coeymans-Selkirk School District from Friday, April 9 through Friday, April 16 due to spring break.

Classes will resume Monday, April 19.

## Special ed parents to meet at middle school

There will be a meeting of the Special Ed Parents Support Group today, April 7, at 7 p.m. at the RCS middle school on Route 9W in Ravena.

## Saint Rose to offer language screenings

The Pauline K. Winkler Speech and Language Center at the College of Saint Rose is offering free speech, language and hearing screenings to preschoolers, students and adults every Monday in April, from 1 to 4 p.m.

The screenings are for those who are concerned about their speech or language, but are unsure if a complete evaluation is necessary.

The center is located at Hubbard Hall on Western Avenue in Albany.

For information, call 454-5263.

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# Spotlight Newspapers Fitness & Health

Supplement to THE SPOTLIGHT and the COLONIE SPOTLIGHT

April 7, 1993

## April Spotlight shines light on substance abuse

By Dev Tobin

With the spring prom/party season and summer picnics and vacations on the horizon, Spotlight Newspapers, beginning with this special supplement on health and fitness, will focus this month on the dangers of alcohol and drug abuse for young and old alike.

"Health and fitness is more than exercising and eating right. It also involves avoiding abuse of drugs and/or alcohol, especially among children," said Spotlight Newspapers Publisher Richard Ahlstrom.

Future April issues of *The Spotlight* and the *Colonie Spotlight* will highlight community activities designed to prevent alcohol/drug abuse and provide help for those who desire it.

April is Alcohol Awareness Month in the county, as part of a national grassroots effort to draw the line against underage drinking.

County Executive Michael Hoblock said that the county will work with other government agencies, non-profit groups, businesses, hospitals and schools to increase awareness and educate people about the dangers of alcohol abuse.

As part of the campaign, the Albany Citizens Council on Alcoholism is sponsoring a "Healthy Lifestyles" poster contest this month.

"A young American dies every three hours in an alcohol-related accident," said Sarah Hall, ACCA executive director. "Underage drinking and the abuse of alcohol on a regular basis is one of the area's most serious problems."

Both Bethlehem and Colonie have suffered from teenage drinking recently. Two students who attended Bethlehem Central High School died in alcohol-related crashes last year, and alcohol was also a factor in the January murder-suicide following a robbery that left two Colonie teenagers dead.

In Bethlehem, a coalition of local groups, the Community Partnership, has produced a "Face the Facts" handout, spelling out the prevalence and dangers of teenage drinking, that will be distributed throughout town in April.

For example, elementary school children will attach the handout to and personally decorate hundreds of Grand Union paper shopping bags, which will then go out into the community, said Mona Prenoveau, a Colonie resident who is coordinator of the Bethlehem Networks Project.



Bethlehem Middle School teacher Jeannette Rice leads a discussion of substance abuse issues with, from left, Melissa Thomas, Julie Stubbs, Christine Kelsch, Stacie Gavaletz, Kim Foster and Megan Fitzpatrick.  
Elaine McLain

## Health courses are ineffective, teens say

By Michael Kagan

High school health classes can offer students information on the physical, psychological and legal ramifications of substance abuse, but many teens feel the schools aren't teaching them to use this information to make good decisions.

Students in three different schools, Shaker High School, Colonie Central High

***When you're talking about 13 weeks of health education versus being bombarded daily with messages to drink alcohol and smoke, it's pretty imbalanced.***

Jeannette Rice

School and Bethlehem Central High School, painted very similar pictures of health classes in which the students' quantity of knowledge increases, but their quality of decision making does not.

"It goes in one ear and comes out the other," said CCHS senior Stacy Harting.

"Most of the facts are totally pointless. Facts in a book don't make a difference in what people think," Dan O'Brien, a Bethlehem senior, said. "I think people just learn more nicknames for drugs than anything else."

According to a 1991 study by the state Division of Substance Abuse Services, 75 percent of seventh through 12th-graders have experimented with alcohol and 24 percent have tried marijuana. This puts health teachers in the position of trying to inform students who may already have made up their minds about drinking and drugs.

"I really think that they're given other information which leads them to believe that some drugs aren't dangerous when they really are," said Jeannette Rice, who teaches health to eighth-graders at Bethlehem Central Middle School. "When you're talking about 13 weeks of health education versus being bombarded daily with messages to drink alcohol and smoke, it's pretty imbalanced."

"I think they listen, but I don't think they care," said Dan Willi, a senior at BCHS. "They may understand the infor-

mation, but they're going to do what they're going to do."

"All it does it keep kids from trying real drugs like heroin and the more powerful drugs," O'Brien said.

Some students complained that the tone of health classes often reduces the impact of the information. "Sometimes it seems like they're trying to scare you," said Harting.

"They should direct it more toward kids, because sometimes it does sound

□ HEALTH/Page 7

## DWI: It's everyone's problem

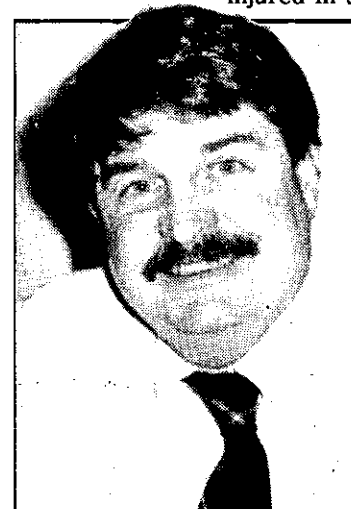
By Denis Foley

Denis Foley is the coordinator for the Albany County Stop-DWI program.

Most residents in Bethlehem, New Scotland, and Colonie depend on the automobile.

Indeed, the car is an essential element of our suburban communities, along with shopping malls and Jiffy Lubes. Everyone has a schedule, even 8-year-olds. Public safety issues seem remote — the other person's problem.

However, three recent area trials involving charges of vehicular manslaughter, followed by a number of articles in *The Spotlight* on alcohol-related accidents, are causing the community to re-examine the threat of the drunken driver. The statistics are alarming, especially those related to night-time driving and children.



Denis Foley

- The number of fatal crashes that are alcohol-related is about three times greater at night than during the day. (NHTSA, 1992)

- In 1991, 12,049 drivers were fatally injured in single-vehicle crashes. About 52.2 percent were intoxicated. (NHTSA, 1992)

- In the past decade, four times as many Americans died in drunken-driving crashes as were killed in the Vietnam War. (NHTSA, 1992)

- About half of the persons jailed for DWI had previous DWI convictions. (Bureau of Justice Statistics, 1988)

- It is estimated that one out of every 200 babies born today will die in a crash with an intoxicated driver. (NHTSA, 1992)

- The youngest children have higher death rates in passenger vehicle crashes than older children.

□ DWI/Page 8

# Alcohol means bad news for the body

By Dev Tobin

Although commercials and advertisements depict various forms of alcohol as carefree complements to a healthy lifestyle, the physiological effects of alcohol are immediate, toxic and sometimes fatal.

More than 100,000 people die from the effects of alcohol every year, exceeding by more than 400 percent the number who die from illegal drug use and the violence surrounding the illegal drug trade.

Some die immediately, from acute poisoning or accidents, and some die from the effects of chronic abuse, which shortens the lives of heavy drinkers by approximately 10 years.

Most of the body's major systems—including the central nervous, cardiovascular, gastrointestinal, respiratory, muscle and skeletal—are affected by alcohol, according to an article, "Alcohol-re-

lated Morbidity and Mortality" by Carl Chambers and Harvey Siegal in the book *Chemical Dependence: Patterns, Costs and Consequences*.

The major impact of alcohol use is on the central nervous system, where even one drink can cause a decrease in decision-making ability.

Alcohol and its toxic metabolite acetaldehyde initially stimulate, then depress, the reticular activating system, that part of the brain which transmits electrical impulses in response to sensory stimuli.

As alcohol consumption rises, it causes a range of effects throughout the brain, beginning with euphoria and a lowering of inhibitions, and proceeding to loss of judgment and self-control, disrupted equilibrium, impairment of sight, taste, smell and hearing, inertia and apathy, tremors, and, at a blood alcohol content of about 40 percent, severe depression of

respiration and death.

Over time, acetaldehyde, produced when the liver metabolizes alcohol, accumulates in the cerebellum, causing loss of balance and coordination in longtime abusers.

Alcohol also affects sleep, suppressing rapid eye movement periods which are essential to restful sleep.

Alcohol irritates and inflames tissues throughout the gastrointestinal system, and can cause significant damage to the esophagus, stomach, small intestine, pancreas and liver.

Cirrhosis of the liver resulting from chronic alcohol abuse is the death of liver cells, bringing a gradual decrease in the organ's ability to produce bile and to filter out and metabolize wastes in the blood.

As the disease progresses, it causes loss of appetite and weight, nausea, irritability, loss of memory, accumulation of fluid in the abdomen and ankles, and, ultimately, death.

Alcohol is also a pancreatic toxin, disrupting the production of gastric juices and insulin.

In the stomach, alcohol irritates the organ's mucous lining and contributes to the formation of ulcers.

The effects of alcohol on the cardiovascular system include arrhythmia, myopathy, fatty heart, angina pectoris, abnormal enlargement of the heart muscle and coronary heart disease—the number one killer in the country.

The lungs suffer excess fluid,

decreased oxygen flow and bleeding as a secondary effect of liver damage.

Alcohol produces a gross weakening of muscles, accompanied by aching and tenderness, in chronic abusers.

Alcohol also interferes with the skeletal system's ability to absorb needed minerals like magnesium, zinc and calcium.

For pregnant women, drinking alcohol is Russian roulette for their fetuses, as even small amounts during critical fetal development stages will result in defects like spontaneous abortion, undeveloped cerebral cortex, mental retardation and cardiac abnormalities.

Alcohol has been linked with cancers of the mouth, pharynx, larynx, esophagus, stomach, liver, pancreas, colon and rectum. Alcohol is probably a carcinogen itself, a co-carcinogen with other chemicals, a carcinogen precursor and a carcinogen enhancer.

About 25,000 people die in alcohol-related auto accidents, and 90 percent of fatally-injured drivers have some alcohol in their system.

Alcohol use and abuse is related to almost every kind of sudden, violent and/or accidental death.

One third of homicide victims and one half of murderers were drinking at the time of the crime. Likewise alcohol is present in one half of the deaths from falls, one-half of the deaths from fires, one-half of the pedestrians killed in auto accidents, two-thirds of drowning deaths, and two-thirds of suicides.

## Use your head: Wear a helmet

Peter is 30 years old. His life centers around tasks he carries out for volunteer agencies.

Because of minor behavioral problems, no one is ever willing to give him a real job.

When he was 10 years old, he was injured in a sandlot football game. For a dozen years after that, he had a difficult life, rated as "slow" in school, often angry and out-of-sorts, and frequently in trouble as a result of his unpredictable temperament.

It wasn't until he was enrolled as a part-time college student that his problems were recognized as being a direct consequence of that tackle he dived for without any helmet so long before. At last, he began to receive the attention and rehabilitation that he needed.

Peter's case illustrates one aspect of the work of the New York State Head Injury Association: providing education to prevent many of those injuries.

The association, with headquarters in Albany, is working to mandate the use of helmets in contact sports, cycling, roller-blading and skateboarding.

The association also operates the Family Advocacy, Counseling, and Training Services (FACTS) program to provide information, referral, counseling, advocacy training and emotional support to head-injury victims and their families. The program is free to those who have been disabled by head injuries.

NYSHIA can be reached at 459-7911. The Family Help Line is (800) 228-8201.

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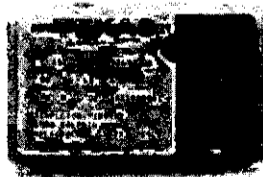
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# Food pyramid reshapes nutritional advice

By Eric Bryant

Easy on the fat and heavy on the complex carbohydrates are the bywords of a daily food guide recently released by the federal government.

Though the new "Food Guide Pyramid" is the result of millions of dollars in federal research and a massive promotional campaign by the United States Department of Agriculture, the dietary advisory does little more than codify what nutritionists have been saying for years — Americans eat too much fat and not enough fruits, vegetables and grains.

What the guide does quite effectively, according to Cornell Cooperative Extension's Barbara Stevens, is make the selection of what foods we should eat easier to visualize. More than a simple list the four basic food groups, it evaluates the nutritional benefits of each category, ranking them accordingly on a pyramid.

The pyramid sits on a foundation of breads, cereals and other grains that are high in complex carbohydrates, our basic energy source. The new guidelines recommend a minimum of six servings a day in the bread, cereal, rice and pasta category — a slice of bread or a half cup of pasta is roughly equivalent to one serving. These foods provide vitamins, minerals and are also the chief source of dietary fiber. But go easy on the butter and sauces that often top these foods, the government recommends. They add a high percentage of the fat to the average American's diet.

Atop the protein-rich grains and cereal products, the USDA has placed vegetables (3 to 5 servings a day) and fruits (2 to 4 servings a day). Unlike the classic four food groups made popular in school health classes over the years, these two food categories are separated

in the new food pyramid, though placed in a position of equally importance, said Stevens.

Dark green leafy vegetables such as spinach, romaine lettuce and broccoli and deep yellow vegetables such as carrots and sweet potatoes are especially high in vitamins, the new report concludes. One cup of raw leafy vegetables or one-half cup of cooked vegetables may equal a serving.

**The pyramid sits on a foundation of breads, cereals and other grains that are high in complex carbohydrates, our basic energy source.**

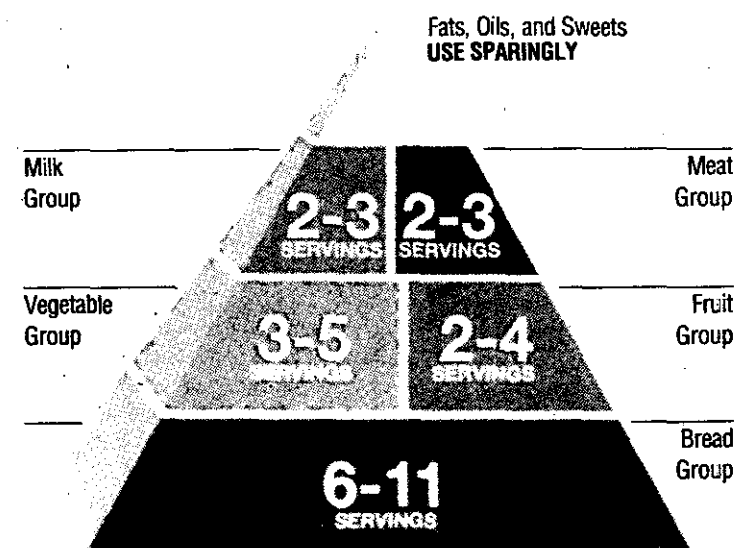
Fruits and 100 percent fruit juices are good sources of several key vitamins such as A and C, as well as potassium. "Pass up canned fruits in heavy syrup," the government says, or sweetened fruit juices. Grape soda doesn't count. A medium-sized piece of fruit or about a cup of fruit juice equals one serving.

Other protein foods such as

meat, poultry, fish, dry beans, eggs and nuts are included on the next level of the pyramid. Most provide not only protein but some B vitamins plus minerals such as iron and zinc as well. Unfortunately for a hamburger-conscious America, the pyramid suggests two to three ounces of cooked lean meat, poultry and fish as a single serving and two single servings as the recommended daily protein intake.

Adjacent to the meats and poultry on the pyramid are milk, cheese and yogurt — chief sources of calcium which also contain some protein, vitamins and minerals, but in some cases a lot of fat as well. Skim milk and low-fat cheeses are recommended in the food pyramid.

And atop this pyramid of healthy choices sits the dreaded fats, oils and sweets category, labelled with caution to be "used sparingly." Salad dressing, mayonnaise, potato chips, sugars, soft



The six basic food groups have been reworked into the Department of Agriculture's food pyramid, shown above.

drinks, candies, ice creams and other sweet desserts are obviously to be avoided at all costs, save sanity.

Stevens, a home ecology agent at the Cornell Cooperative Extension's Albany County office, said the pyramid guidelines have been an excellent teaching tool when she talks about diet and nutrition to outside groups.

"I think it's a great plan," she said "I just was down at the state education building and I worked with about 45 people, talking about nutrition and how the new food guide relates to their lives and how they can have a healthier lifestyle. It's very straight-forward and emphasizes the decrease in fats as well as the importance of fruits and vegetables."

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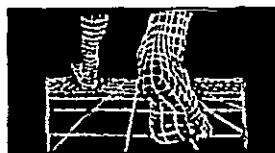
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# Alternative exercises pay healthy dividends

By Kathleen Shapiro

Ugghhh ... Ewwww ... Groooooannnn ... Exercise.

With its roots in the Latin word *exercere* — meaning to drive out, as in prodding farm animals to work — it isn't surprising that for some people, just thinking about getting up from the couch, turning off the television set and purposely moving fast enough to break a sweat is enough to tire them out.

The good news is that even the laziest of us might be smarter and a lot more motivated than we think. There are lots of ways we sneak exercise into our daily routine without even knowing it, and plenty more out there waiting to be discovered with just a little digging. If you're reading this standing up, you've already got a head start.

Fitness authorities recommend that most healthy adults try for between 30 to 45 minutes of exercise every other day, preferably

the aerobic kind — bicycling, walking, running, swimming and other activities that condition the heart and lungs by increasing the amount of oxygen being taken in by the body.

That's the optimum, but anything else that gets thrown in along the way doesn't hurt. Things like standing up while reading or talking on the phone, doing yardwork, washing dishes, vacuuming, bird-watching, playing hide-and-seek with the kids or taking a spin around the dance floor are exercise, whether we call it that or not.

Studies have shown that 10 minutes of household chores like scrubbing and mopping the floors can burn more calories than 10 minutes of slow walking. Yardwork is even more intense, surpassing both cycling and ballroom dancing.

One of the keys to increasing exercise is to choose something



Cooperative Extension of Albany County's Voorheesville office. "Anyone who gardens knows that it's exercise, but it's as strenuous as you make it."

All the bending, stretching and digging in the dirt can be soothing, said McAuliffe. "It's exercise for body as well as the mind," she said. "It tends to be therapeutic. I think that's why a lot of people are attracted to it."

As long as they're careful lifting and bending, anyone can garden their way to better health. "A lot of our master gardeners are elderly, and it's a good way for them to stay in shape," said McAuliffe.

Another offbeat calorie-burning activity is dancing, and not necessarily the sweat-till-you-drop kind so popular among aerobics enthusiasts. Social dancing, ranging from ballroom to country western to nightclub steps, has been on a steady upswing since the late 1980s, said Leslie LaGuardia, owner of the Arthur Murray Dance Studio in Latham.

"They call it soft aerobics because you don't have to get into your sweatclothes," she said. "A lawyer can come here straight from work and not have to change anything but his shoes."

Many people who've abandoned aerobics classes out of frustration at not being able to keep up with the steps have embraced social dancing, said LaGuardia.

"Their initial reasons for coming in may vary," she said, "but they discover the benefits once they get here. Dancing is a good way to lose weight, get some exercise and they can learn at their own pace."

Because many activities require considerable muscle movement, people should be especially careful to warm up. Luckily, stretching is something that can also fit neatly into the daily routine. The tub or

For people who want to exercise but just can't face another aerobics class, social dancing can be the answer, according to Arthur Murray Dance Studio owner Leslie LaGuardia, above foreground with partner William Valencia. In the background are Kim Meisel and Kevin McNamara.

you either like to do or have to do. Unless you eat off paper plates, live in a one-story house and wear wrinkled clothes, washing dishes, climbing stairs and ironing fall into the latter category, while things like playing tennis, strolling around

the park taking photos or taking a dip in the neighborhood pool are generally thought of as hobbies or fun activities.

Getting out into the fresh air and planting a garden is a popular springtime activity, and one that qualifies as exercise once all the hedging, mowing, raking and seeding is completed.

"It's definitely work, no question about it," said Terri McAuliffe, a horticulturist at the Cornell

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shower is a handy place to try a few movements, since the heat and humidity of the water relaxes muscles. Waiting in line at the grocery store, watching TV, talking on the phone, sitting at work or waiting for the traffic light to change while driving home can also be turned into opportunities for mini-stretches. Some fitness experts even suggest people keep light weights in their kitchen or under their desk for quick workouts.

If worst comes to worst, bribery can also be handy. Even professionals have to resort to the old "carrot on the stick" trick once in awhile.

"A lot of times we have contests," said Sam Essex, manager of Mike Mashuta's Training Center in Delmar.

In the end, though, seeing results can be the biggest motivation.

"When you see the amount of calories you're using and you chart your workout and see the progress, it motivates people and keeps them going," said Essex.



With the weather showing signs of spring, gardening is a good way to fit some stretching and lifting exercises into the day. Warming up beforehand is important to prevent strains.

*Filephoto*

## Senior games to start June 3 in Cortland

The state Senior Games, for New Yorkers ages 55 and over, will be at the State University of New York at Cortland from Thursday, June 3, to Sunday, June 6.

Competitions will include active sports such as swimming and field events, tennis, bowling and team sports. Less-active seniors can compete in pinochle, Scrabble, darts and other games.

Applications will be sent to those who participated in past years. New competitors can call 1-800-342-9871 after April 15 to receive an entry form.

Registration forms must be received no later than Monday, May 3.

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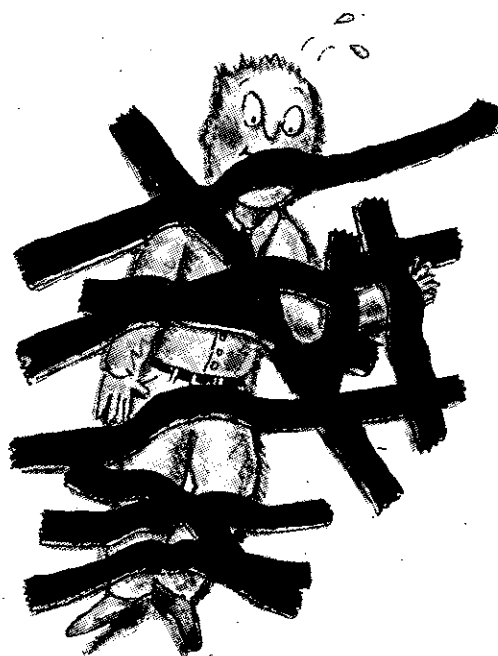
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# Intervention: shaking the silence of substance abuse

By James Garrett

When Joe arrived at a long-planned dinner at his parents' home, he was surprised to greet his wife and their three teenagers, his parents, his wife's parents and two of his closest friends.

He was even more surprised, however, when he found out what they'd come to say.

In a direct and well-focused session, one by one Joe's family and friends detailed the pain they'd suffered due to his abuse of alcohol and told him point-blank that they wouldn't accept his drinking any longer. They didn't mince words, but they were careful not to point fingers or level angry judgments either. Instead, everything



Garrett

they had to say was anchored in expressions of compassion and love.

As you might expect, Joe's initial reaction was anger. But by the time his father recounted the nights he'd seen the children cry because of the drinking, Joe's denial had begun to crumble. When his mother-in-law, who many months earlier had first suggested the gathering, stated simply that she believed he needed to seek help, Joe had to force back tears. Finally, when his wife said that she'd support him in recovery but would not continue to live with his drinking, he was shaken to his core.

The veneer of his success — his high salary and corporate position, his beautiful house and the achievements of his children — no longer allowed him to hide from his problem.

In a way, Joe was lucky. He "hit bottom" through a Structured

Family Intervention, rather than a DWI crash, cirrhosis, job loss or family disintegration. While the process can be initiated by anyone with an intimate relationship to a substance abuser, interventions are particularly helpful to parents who, like Joe's mother-in-law, feel torn between a desire to respect a grown child's privacy on one hand and fears about excessive alcohol or drug use on the other.

have to stay out of it. This is their marriage and I don't want to meddle in their problems." But parents can still take action without meddling. By viewing problem drinking as a disease, they can act as they would with any other medical crisis. By displaying genuine, loving concern, they send a powerful message: deal with the problem before it gets worse.

And it works.

With professional guidance, family, friends and others who care can join together to provide the loving confrontation and tough limit-setting that chemically-de-

pendent individuals often need before seeking treatment. The person with the problem is usually the last to admit it, and hoping the problem will go away on its own doesn't work. Interventions make sense when family members realize that they're helping to solve the problem by bringing it into the open. Talking about substance abuse doesn't make the abuse worse, though most parents fear it will. In the end, discussing the problem openly goes a long way toward removing the guilt and embarrassment felt by the problem drinker or drug abuser.

A Structured Intervention is a carefully planned, professionally-led meeting between the addict and those who care about his or her welfare. Each participant has the chance to write out what they're going to say in advance. The intervention is a well-rehearsed opportunity for the chemically-dependent to see, all at once, the consequences of their illness. Indeed, many family and friends view it as a "last opportunity" to help the addict before his or her world collapses completely.

Usually, a Structured Intervention for alcoholism only occurs after years of illness. Despite what looks to an outsider like the obvious signs of problem drinking, those living with alcoholism tend, like the alcoholic, to fall victim to denial, defining the problem instead as a family conflict or stress reaction. Education about alcoholism as a family disease is needed, as well as self-help group involvement. (Interventions for cocaine abuse are somewhat different, since dependency can occur within one to four months, with obvious, immediate consequences.)

Although Structured Interventions are usually effective, not every family is in a position to organize one, and not every chemically-dependent person is responsive to intervention. But even in those situations, education and treatment for the family are extremely valuable.

Many families have had multiple generations of alcoholism and become accustomed to denying the existence of a problem, accepting "walking on egg shells" with each other as normal. Simply preparing for an intervention, therefore, can lead to powerful changes in the family — no longer does the chemically-dependent person's behavior control relationships and cause harmful divisions. Excuses, alibis, blaming and threats no longer have the force they once carried. These changes can be so profound that the chemically-dependent person will often come in for treatment at this point, before a formal Structured Intervention meeting has occurred.

If you're a parent concerned about the drinking problems of one of your adult children or the spouse of a married child, the best advice is to take the first step and start the intervention process. Chemical dependency does respond positively to intervention by family and friends.

James Garrett is a trained interventionist and director of Al-Care, a full-service substance abuse treatment facility located at 445 New Karner Road in Colonie.

**Many family and friends see Structured Intervention as a "last opportunity" to help the addict before his or her world collapses completely.**

Often parents are confused about what to do if one of their children has married someone with a drinking problem. Usually the parents say to themselves, "I

pendent individuals often need before seeking treatment.

The person with the problem is usually the last to admit it, and hoping the problem will go away

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# Health

(From Page 1)

kind of preachy," Eric Zostant, a junior at CCHS, said. "Some of the movies they show, the way they present it is, 'It can cause this and it can cause that.' It's really not directed to the kids, it's really more just a lecture."

Harry Kachadurian, CCHS health coordinator, said health classes must be designed to appeal to adolescents, keeping in mind that many of the students might already be involved with substance use before they enter the class.

"You have to look at your audience as being an older group. You're essentially at a situation with high school kids where they have a better knowledge base," he said. CCHS's health classes emphasize discussions, question-and-answer periods, audio-visual programs and speakers such as local police officers and state troopers, as well as rehabilitation specialists, he said.

Several students said teenagers would better relate to what they learn in health class if they heard from peers who themselves have been affected by substance abuse. Kimberly Fanniff, a senior

at Shaker, said her class heard from a young AIDS patient during their unit on sexually transmitted diseases. "That made a real big impact."

"Knowledge based programs aren't enough," said Rice. "The more experiences we can give, whether in the classroom or outside, the better the chances are they'll make better decisions."

According to Kachadurian, although health classes attempt to reach teenagers, in the end it's up to students to avoid drug and alcohol use. "Obviously, we hope they make good decisions and don't use drugs, but our focus is that they are responsible for their own health," he said.

"They have to be able to use the knowledge to make healthful decisions. That's what health ed is really about," Rice said.

Deciding on the timing of health classes can also be a problem. Bethlehem, North Colonie and South Colonie all require a course in eighth-grade, and another in 11th or 12th-grade. BC also requires a course called Health and Social Problems for high school freshmen, which students attend once a week for the entire school year.

Grace Stevens, an associate at

the state Education Department Bureau of School Health Education, expressed concern that requiring health classes late in a high school student's career might be too late. "If you've had health in seventh or eighth-grade and then there's no follow-through until 11th or 12th-grade, at a time when children are growing and there's a lot of changes and a lot of risk-taking behavior, what kind of message is that in terms of healthy lifestyles?" she said.

Fanniff said high school health courses need to be offered earlier because "more are drinking and having sex earlier."

"If you start early enough, I think it could have an impact, but you've got to start younger than high school," Harting said.

An additional problem is that it's difficult to discern which methods of instruction are most effective.

"We don't really have any data at this point that says one is working better than another," said Stevens. "We can measure knowledge. It's a lot harder to measure attitudes and behaviors. That's the big problem with health education."

# Vegetarians can enjoy healthy varied meals

So you're thinking of becoming a vegetarian. Or maybe your daughter came home from her first semester of college and announced that she has gone meatless. Or your preschooler will eat everything from artichokes to zucchini but suddenly turns his nose up at hamburger.

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According to the American

Dietetic Association, these may be just a few of the reasons why vegetarians have lower blood cholesterol levels and less heart disease than meat-eaters. Vegetarians also have less diabetes, hypertension, obesity, colon and lung cancer, osteoporosis, gallstones and kidney stones.

Many vegetarians eat a wider variety of food than non-vegetarians. Meatless meals can be familiar foods like vegetable soups, spaghetti or macaroni and cheese. Some vegetarians enjoy ethnic foods like savory Asian stir-fries or spicy Indian curries. Typically, vegetarian diets include plenty of grain products such as pasta, rice, breads, hot and cold cereals and muffins. Vegetarians also fill up on vegetables, fruits, beans, nuts and nut butters, such as peanut or almond butter, and soy products like tofu. Some vegetarians include dairy products and eggs in their diet. There are also a variety of alternatives to meat, often called meat analogs on the market. These have a familiar look and taste and are especially helpful to new vegetarians.



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# DWI

(From Page 1)

The highest rate is for children younger than one year. (IIHS, 1992)

Statistics on teenage drunken driving and alcohol use are startling, too.

- Close to 29 percent of fatally injured 15 to 20-year-old drivers were intoxicated, with a .10 blood alcohol content or greater. (NHTSA, 1992)

- More than 43 percent of the deaths of all 16 to 20-year-olds result from motor vehicle crashes. Almost half of these fatalities were in alcohol-related crashes. Estimates are that 2,974 persons ages 16 to 20 died in alcohol-related crashes in 1991. (NHTSA, 1992)

- The average college student spends more money for alcohol than for books. (OSAP, 1991)

These statistics, frightening as they may be, have a human face.

Betty Martin, whose daughter died at the hands of a repeated DWI felon, spoke at a recent Victims Panel at Bethlehem High School, describing how DWI affected her life.

"At midnight on July 9, 1982, my husband Bill and I and two of our three daughters were together enjoying the Gala at the Saratoga Performing Arts Center. The fireworks were spectacular. We oooed and aahed and applauded at the spectacular sight that filled the sky on a beautiful and clear night.

"Michele did not come home that night, nor will she ever again. While we marveled at the exploding lights that filled the sky, Michele was dying.

"Who speaks for Michele? Who speaks for all of us who are groping to continue this life? Who lis-

tens to the unspeakable and unanswerable WHY which screams inside of us. Bill tells me, that on the day he stands before a presence who can answer, then he will ask his questions.

"The drunk driver had a chance to be heard and pled his cause. A jury of his peers found him guilty."

Martin's tragedy is shared by Corinne Cox of Delmar, Barbara Bartholomew Kipp of New Scotland, Anna Russo of Colonie and countless local families of Albany County.

When the families of DWI fatalities speak out, they stress three facts:

- DWI deaths are preventable.
- Avoid bad choices; don't drive drunk.
- Don't drive with a drunken driver.

New alliances against drunken driving are being formed in the area. The Sheriff's STOP-DWI Program, schools, police agencies, SADD chapters, RID, MADD, PTAs, community groups such as Bethlehem Opportunities Unlimited and the Colonie Youth Center, churches and the business community are working together to reduce the number of needless deaths from DWI.

It's up to every resident to become involved in this effort.

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# Folklorist to present Gregg seminar

## Anti-rent war songs subject of annual lecture

The Village of Voorheesville will present the sixth annual Arthur Gregg Local History Seminar on Tuesday, April 13, at 8 p.m. George Ward, music folklorist, will present a concert and lecture on "The Songs of the Anti-Rent War: Their Value and Meaning" at the First United Methodist Church on Maple Avenue.

This seminar is funded by a mini-grant from the New York Council for the Humanities, and is co-sponsored by the Guilderland Historical Society, the Town of New Scotland Historical Association and the Voorheesville Public Library.

### NEWS NOTES

#### Voorheesville

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Admission is free and open to the public. Refreshments will be served.

#### New Salem auxiliary sponsoring fish fry

The New Salem Fire Department Auxiliary is sponsoring a fish fry dinner at the firehouse on Route 85A in New Salem on Friday, April 9, from 4:30 to 7:30 p.m.

Dinner includes a fish fry, salad, chowder, dessert and beverage. The price is \$5.50 for adults, \$5 for senior citizens and \$3 for children.

#### Workshop accepting applications for programs

The Heldeberg Workshop has mailed out brochures and applications for its four-session workshop to be held at the base of the Heldebergs on Picard Road, Voorheesville. This educational summer day camp is chartered by the board of regents of the State University of New York and is open to the public.

Discoverland, science, art, folk arts, performing arts and high adventure will be offered.

Class sizes are limited, so early registration is encouraged. Classes are held from 9 a.m. to noon with transportation available from the Voorheesville Library or

the elementary school. For information, contact 765-3066.

#### Poetry day rescheduled

The Blizzard of '93 caused the postponement of the Poetry Performance day on March 13.

The poetry day has been rescheduled to Saturday, April 17, from 10:30 a.m. to 4 p.m. at the Voorheesville Public Library.

For information, call Barbara Vink at 765-2791.

#### Schools to close for spring vacation

The Voorheesville School District will be closed beginning Friday April 9, for spring vacation. Classes will resume on Monday, April 19.

The Continuing Education Program at the Clayton A. Bouton Junior Senior High School will also be closed for the week. Continuing education courses will resume on Monday, April 19.

#### Meeting scheduled to plan fund-raiser

The Voorheesville Fashion Show Fall Fund-Raiser meeting for Thursday, April 15, has been rescheduled to Monday, April 26, at Cathy Fish's home on Tygert Road at 7:30 p.m. The purpose of this meeting is to establish committees to work on the show.

To arrange to attend, call Kathy Massaroni at 765-4921 or Fish at 765-3265 or 439-7650.

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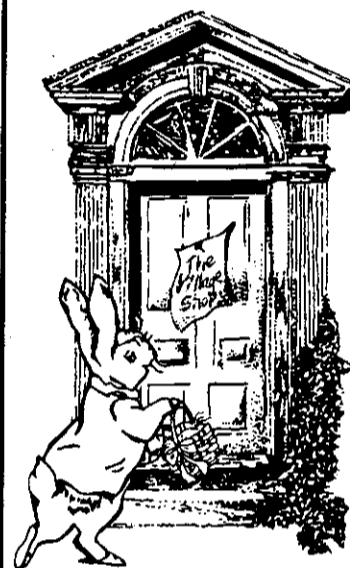
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## SPOTLIGHT ON

## SPORTS

## V'ville girls young but talented

By Greg Sullivan

The spring season is once again upon us, and with it, as always, is the arrival of another season of softball for the Voorheesville Ladybirds.

This season brings with it a corps of very young and talented players who, for the past two weeks have been working on their fundamentals inside Voorheesville High School gymnasium.

Voorheesville returns two veterans to this year's squad — sophomore Kelly Griffin, in her third year as a varsity starter, and second-year sophomore Kirstie Arena. These two players will be looked to for leadership on the field and in practice.

Other players with varsity experience include sophomore Kristen Dougherty and freshman Jen

Delaney, both of whom moved up to varsity late last season.

Freshman Kristen Conley, Deah Burnham and Larina Suker also saw time at the varsity level last year when they were moved up from the junior varsity team in time for Sectional play.

The newcomers to the varsity scene this year are freshman Nicole Tracy, sophomore Kristy Parasoe, junior Jill Frender and senior Deb Rivers.

The bulk of the pitching duties will be handled this season by Griffin and Suker while Delaney will be called on to do the work behind the plate at catcher.

Arena and Dougherty will hopefully fill pivotal infield positions left vacant graduations. Contributions by the team's less experienced players will be necessary

for the Ladybirds to be successful this year.

The girls were scheduled to begin their season last week, but due to poor weather conditions, the schedule has been reworked.

League officials are looking to begin the season on April 12 with a very compact schedule of three and four game weeks in order to complete the season in time for sectional play.

In any case, the Ladybirds hope that youthful vigor will triumph and that they will be able to challenge some of the league's more powerful teams for a share of the Colonial Council leaderboard.

## Sharks do well

The Bethlehem Soccer Club's Under-9 team, the Sharks, recently participated in the Greenbush Youth Soccer Club's Tournament in the Under-10B Division.

The Sharks won their division with a 4-0 victory over Greenbush, a 1-1 tie against Clifton Park and a 2-0 victory over Waterford. They moved into the semifinals with a 1-0 victory over Greenbush, but were eventually defeated 2-0 by a second Clifton Park team.

Goal scorers included Chris Affinati, Mark Bulger and Ryan Dalton. Additional offensive power was supplied by Dan Dugas, Steve Hoghe, Kevin Neubauer and Eric Turner.

Defenders Michael Hoghe, Tim Kindlon, Steve Perazzelli and Andrew Swiatowicz repeatedly stifled the opponent's offensive attempts. Mike Nuttall turned in a stellar performance in goal.

The team now begins preparations for the upcoming outdoor season.

## Budding dolphins



Delmar Dolphins head coach Doug Schulz recently accompanied up-and-coming Dolphins Scott Solomon, left, Talis Orietas, Courtney Arduini, Larissa Suparmanto and Joseph Cardamone to an 8-and-under swim meet at West Point.

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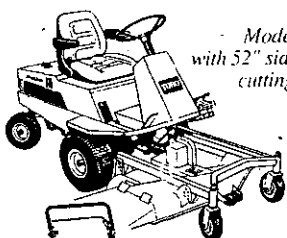
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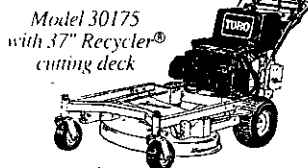
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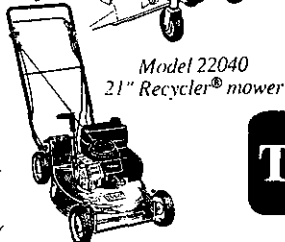
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Bowling honors for this week, at Del Lanes in Delmar, go to:

Sr. Cit. Men — four game series: Harold Eck 861; triples: John DeFlumer 578.

Sr. Cit. Women — triples: Terri Price 500, Ruth Logan 469.

Men — singles: Mike DeMars 279; triples: Steve Soulis 691, Jim Quinn 701; four game series: Kevin Moon 968.

Women — singles: Debbie Hotaling 255; triples: Kim Bates 595; four game series: Peg Were 798.

### Jr. Classic

Maj. Boys — four game series: Don Robbins 807.

Maj. Girls — four game series:

Heather Selig 757.

Jr. Boys — singles: Tom Neiles 256; four game series: Dave Rose 802.

Major Boys — singles: Ken Blodgett 179.

Major Girls — singles: Penny Walker 168.

Junior Boys — triples: Paul Belemjian 513.

Junior Girls — singles: Nicole Stagg 187.

Prep Boys — triples: Ricky Rabideau 450.

Prep Girls — triples: Deanna Dougherty 451, Ashley Levine 446.

Bantam Boys — triples: Ian Grovenger 319.

Bantam Girls — triples: Courtney Asprion 275, Lindsay Dougherty 287.

### Adult-Junior

Men — triples: Paul Spagnola 594, John Kondrat 597.

Women — triples: Linda Watt 532.

Boys — triples: Tom Downes 533, Mike Gilligan 504.

Girls — Triples: Mandy Watt 573, Jessica Brady 486.

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## BC girls hope to improve on last year *Lacrosse coach hopeful*

By Laura Del Vecchio

The Bethlehem girls softball team will kick off its season on April 20 with a home game against Niskayuna.

The team is coached by Sandy Collins, who expects the team to win its first match. If they don't, it will be a disappointment.

The team consists of seniors Emily Barnes, Kathy Bleyman, Regina Conti, Kirsten Kullberg, Carolyn Myers, Maureen Nuttall, Heather Selig, Stephanie Sodergren, Lynda Smith and Wendy Wright.

The juniors are Robin Bellizzi, Melanie Dale, Sarah Mineau and Allison Thomas. Also on the team are sophomore Melissa Trent and freshman Susy Mannella.

The team will be led by senior captains Barnes, Kullberg and Smith. Last year, Smith was elected to the Suburban Council All-Star team at the shortstop position.

Last season the team had a 4-11 overall record. "If we can improve upon this record, then the season will be a success," Collins said. The toughest competition is expected to come from Columbia,

Shenendehowa and Mohonasen.

The team was supposed to begin its season on Wednesday, April 7, but the large amount of rain and snow that fell during March caused the first three games to be postponed.

"On the good side of this, it will give the girls more practice before the season," Collins said. "However, on the bad side, the team is getting very anxious and because of the three postponed games and expected rainouts, it means we will play many back-to-back games — possibly four to five games a week."

By Jamie Sommerville

In its second year under a varsity label, the boys' lacrosse team is now on its way.

Coach Keith Gunner hopes that this season will be a successful one. He figures that last year was just a building season for the new team and that this year "Our showing in the league will improve and we'll be more competitive."

In goal this year will be Chad Albert and John Hempstead.

Holding the line on defense will

be Mark Deyss, Josh Drew, Mike Esmond, Matt McGuire, Chris Pearson, Mike Rosenthal, Rick Sherwin and Noah Sprissler.

Playing attack will be John Bugler, Mike DeCecco, Jason Goodewicz, Seth Hillinger, Gabe Koroluk, Dan McGuire and John Noonan.

Facing the midfield challenge will be Ryan Donovan, Jason Heim, George Kansas, Brian Mooney, Craig Mossman, Brendan Noonan, Tom Preska, Mike Russo, Brian Scott and Matt Thornton.

## Boys track team set to move up

By Jared Beck

The Bethlehem Central boys track team expects to improve this year.

In spite of last year's low ranking in the Suburban Council, Coach Dave Banas is optimistic about the team's chances for success.

For Banas, the team's biggest asset is a "strong group of sprinters" that he is currently working to develop. He is also pleased with

### Track

this year's field corps, which should be a "a lot stronger than last year's."

The coach expects to rely on experienced runners in the upcoming season, including seniors Andy Christian and Josh Zalen, and juniors Mike Fritts and Shawn Walmsley.

In the area of track and field, the Suburban Council is considered the toughest division in Section II, and one of the strongest in the state. This could explain the Eagles finish last year as one of the bottom three teams.

Nevertheless, Banas hopes to place "midway in the pack" in 1993. According to the coach, "the difference could be made by the large group of kids who are just coming out for the team."

## Bike and hike rally set for May

The American Lung Association is sponsoring a Clean Air Challenge Bike and Hike on Saturday, May 15, beginning at the Clifton Country Mall.

Participants will either hike five miles or bike 15, 25 or 50 miles through southern Saratoga County in support of the Lung Association's air conservation programs.

Refreshments will be available en route, with a party at the end for all participants and volunteers at

the Village Plaza Shop 'n Save Store.

In addition, Certified Allergy Consultants will perform lung function tests free of charge throughout the day.

Cost is \$15 per person, or \$10 per person for teams of four or more.

There is a \$25 pledge minimum. Prizes will be awarded for the highest fund-raisers.

For information, call 459-5197.

## Wooden boat regatta scheduled

Blue Mountain Lake, Adirondack Lakes Center for the Arts, will host the third annual No-Octane Regatta for Wooden Boats on Saturday, June 26, at 10 a.m.

Races will include war canoes, one-and two-person guide boats, canoes and sailing canoes.

A boat-builder's show, dulcimer demonstrations, food vendors and

## Mens league forming

arts and crafts exhibits will also be available.

For children, there will be a toy boat building workshop from 1 to 4 p.m. The boats will race on Sunday, June 27, at 1 p.m.

For information, call 352-7715.

The Capital District Mens Senior Baseball League is seeking new members to join its over-30 hardball league.

For information, send a self addressed stamped envelope to CDMSBL, PO Box 481, Slingerlands 12159.

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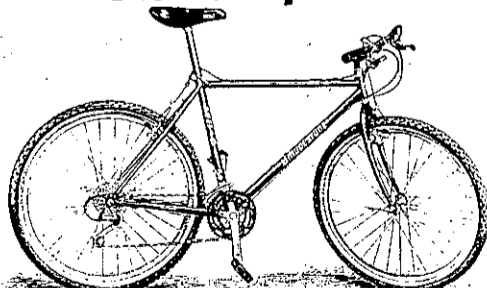


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## Freeze

(From Page 1)

any rate increases will have to be reviewed by the state Cable Commission and approved by the local municipality.

The FCC edicts were in response to the cable deregulation bill passed by Congress last fall and recently signed into law by President Clinton.

Cable bills for AR subscribers have been rising steadily since the mid-1980s. The latest increase would have brought the total monthly bill to nearly \$24 when the surtax is added in.

Moreover, cable companies will no longer be able to raise rates just by notifying people through the mail, according to Ed Kearse, executive director of the state Cable Commission. The cable companies will first have to approach the municipality, which will use certain benchmarks to determine if the proposed rates hikes are justified.

Rumors have abounded about a possible reduction in rates, Kearse noted, but subscribers should not expect any relief until September at the earliest. Cable companies are challenging parts

of the deregulation bill in the courts.

The FCC has yet to announce the formula by which cable TV rates will be judged. It's been estimated that monthly bills could decrease by about 10 percent in the Capital District, which would be the maximum allowable under the new law.

Cable companies nationwide have been virtually free to set their own rates since 1986. Many people have seen their rates nearly double over that period.

- AR Cablevision, which has a multi-million dollar upgrade planned for the Bethlehem and New Scotland systems, still plans to proceed with its modernization project, says AR general manager George Smede.

"We're evaluating the new guidelines," he said. "The new rules are very confusing. When we get all the information, we'll see what we have to do to comply."

In the meantime, Bethlehem Comptroller Judith Kehoe, who also serves as cable administrator for the town, said she is continuing her review of AR Cablevision's books, to determine the company's profitability.

### National honor society names Hall member

Andrew F. Hall, son of Jeanette B. Hall of Delmar and Dr. Lorne F. Hall of Cary, N.C., has been elected a member of the Alpha Omega Alpha national medical honor society.

Hall, who attends the University of North Carolina at Chapel Hill School of Medicine, is a graduate of Bethlehem Central High School and Brown University.

### Albany JCC to open kindergarten program

The Albany Jewish Community Center on 340 Whitehall Road in Albany is accepting applications for a kindergarten to begin in

September.

The new program will meet from 9 a.m. to 1 p.m.

For information, call 438-6651.

### MS self-help group to meet in Delmar

The Multiple Sclerosis Self-Help Group of Albany County will meet at the Bethlehem Public Library, 451 Delaware Ave. in Delmar, on Tuesday, April 20, at 2 p.m.

The group provides an opportunity for education, sharing, and socialization for those with MS, their families and friends.

For information, call 427-0421.

### Cancer society seeks community crusaders

The American Cancer Society is seeking volunteers to distribute educational information and collect contributions during its annual Community Crusade from April 24 to May 16.

Funds collected by the crusade are used for education and patient services in Albany County, as well as research.

For information, call 438-7841.

### Blood pressure clinic slated at town hall

The town of Bethlehem will offer free blood pressure screenings on Tuesday, April 20, in the Bethlehem Town Hall auditorium, 445 Delaware Avenue in Delmar, from 10 a.m. to 2 p.m.

A volunteer dietician will be available to answer nutrition questions.

For information, call 439-4955.

### Poetry performance planned at library

The Voorheesville Writers Group will host its second annual poetry performance day on Saturday, April 17, at the Voorheesville Public Library, 51 School Road in Voorheesville, from 11 a.m. to 4 p.m.

For information, call 765-2791.

## Stunned

(From Page 1)

This free service proved to be just "a way of ingratiating himself to the membership," Sutliff suggested, plus "a way to find out who had money."

Besse, who lives at 322 Glenmont Road and has law offices in Albany and Ravena, was unavailable for comment. He allegedly procured 13 pieces of area real estate using his clients' money. His lawyer, Terence Kindlon of Albany, was unavailable for comment.

Lawyers for the attorney general's office claim that Besse

siphoned off money from at least six trust funds for which he was named trustee. His handling of investment accounts on behalf of another dozen or so clients is also under investigation.

Evans said she was aware of a lawyer's trust fund that could compensate her to some degree. Set up by the New York Lawyers' Fund for Client Protection in 1982, the fund has \$8 million earmarked for distribution this year for people defrauded out of their savings by unscrupulous attorneys.

Even so, it doesn't make the pain any less, Evans said. "It was an awful jolt."

## Aid

(From Page 1)

ing.

The actual amount of state aid is "almost invariably less" than the preliminary numbers released right after the state aid to localities budget passes, Loomis noted.

The board has scheduled a public hearing on the budget for Wednesday, April 21, at 8 p.m., but may meet before that to consider what to do about the new state aid forecast.

"If we are to receive more aid,

the board may want to consider revisiting some of the reductions they've made and also some lowering of the tax rate," Loomis said.

The proposed \$33,379,896 budget now calls for an estimated 5.8 percent tax rate increase in Bethlehem and 4.4 percent in New Scotland.

In another matter, the three incumbents running for reelection to the school board, president Pamela Williams, Happy Scherer and Peter Trent, will be unopposed.

### Bike trek to benefit Easter Seals

A bike trek to benefit Easter Seals will be at the state office campus in Albany on Saturday, May 15, from 1 to 5 p.m.

All proceeds will benefit Easter Seal programs and services, which offer support and information to

disabled children and adults in the Capital District.

Prizes will be awarded to the top fund-raisers.

For information, call the Bike Trek Hotline at 1-800-727-8785.

### Lake Luzerne ranch seeks help

The Double "H" Hole in the Woods Ranch is seeking volunteers to serve as cabin counselors for weekly summer sessions in 1993.

19 years old.

The ranch, located at Lake Luzerne, was founded to serve the needs of children with cancer and serious blood diseases.

Volunteers should be at least

For information, call 792-8070.

## THE YOUTH NETWORK

A BETHLEHEM NETWORKS PROJECT

### Workshop can help parents sharpen skills

Spring is finally here.

Now that summer vacation is just around the corner, it's a good time for parents to sharpen their parenting skills.

To help achieve this goal, the Bethlehem Networks Project will offer a six-week parenting class on Tuesdays, beginning April 27, from 7 to 9 p.m. at the school district offices on Adams Place.

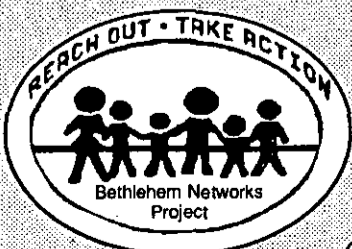
The course will give parents a forum to discuss challenging situations, practice new responses and formulate different strategies. Each session will include discussions of readings from parent education courses; role-playing; problem solving and brainstorming skills practice; and open time for discussion of parenting issues.

Fee for the course is \$20 per person, and \$35 per couple.

For information, call 439-7740.

Also, Sister Anne Smollin will present a program on "Parenting with a Sense of Humor" on Thursday, April 22, at 7:30 p.m. at the high school.

This event is sponsored by the PTA President's Council and Bethlehem Networks



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Karyn Weinert

## Weinert, McKenna to wed

Karyn Patricia Weinert, daughter of Pat and Gary Weinert of Glenmont, and Brian Joseph McKenna, son of Meritta McKenna of Schenectady and Dr. John McKenna of Delmar, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School and earned her bachelor's and master's degrees from the College of Saint Rose in Albany. She is a

teacher in the Albany City School District.

The future groom is a graduate of Linton High School in Schenectady, Siena College in Loudonville, and also earned his master's degree from the College of Saint Rose. He is a teacher in the Bethlehem Central School District.

The couple plans an Aug. 7, 1993, wedding.

### Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed. The close-up of the couple should be clear and sharp.

Send information to 125 Adams St., Delmar 12054.

## Births



### St. Peter's Hospital

Girl, Shelby Marie Wiggand, to Deborah and Keith Wiggand, Glenmont, Feb. 3.

Boy, Ian Thomas Seymour, to Linda and Thomas Seymour, Delmar, Feb. 19.

Girl, Erin Davie Blanchard, to Jennie and Gregory Blanchard, Delmar, Feb. 10.

Girl, Sydney Lauren Cooke, to Bridget and Andrew Cooke, Delmar, Feb. 24.

### Bellevue Hospital

Girl, Emily Jean LaFalce, to Jennifer McGrath-LaFalce and C.J. LaFalce, Slingerlands, Feb. 16.

### Ellis Hospital

Boy, Matthew Isaac Rockefeller, to Mr. and Mrs. Lawrence Rockefeller, Delmar, Feb. 21.

### Out of town

Girl, Michaela Erin Madden, to Deborah and Tim Madden of Wilmington, Vt., March 3. Maternal grandparents are Elvina and Jim MacMillen of Glenmont, and great-grandparents are Evelyn and Kermit MacMillen of Delmar.

Girl, Lena Catherine Welch, to Gail and Mark Welch, Burtonsville, Md., March 8. Paternal grandparents are Muriel and Lewis Welch of Slingerlands.

### Bethlehem library to close for Easter

The Bethlehem Public Library, 451 Delaware Ave. in Delmar, will be closed on Easter Sunday, April 11.

### GUESS WHO'S 40?



Happy Birthday  
Kathy  
A Friend



Mr. and Mrs. Edward Arnheiter

## Arnheiter, Guiliano wed

Edward D. Arnheiter, son of Dolores and Edward Arnheiter of Selkirk, and Janet Marie Guiliano, daughter of Mr. and Mrs. Francis Guiliano of Longmeadow, Mass., were married Jan. 2.

The ceremony in Wesley Methodist Church in Amherst, Mass., was performed by the Rev. Gregory Harrison.

The maid of honor was Mrs. Antonio DeSalles, sister of the bride.

The best man was Dennis Northrup, and ushers were James Guiliano and John Guiliano, brothers of the bride.

The flower girls were Rae Mahon and Marianna DeSalles, nieces of the bride.

The bride is a graduate of Union College. She is the human resource coordinator for the Sisters of Providence Health Systems.

The groom is a graduate of Union College. He is a senior quality engineer for Spalding Sports. He is pursuing a graduate degree at the University of Massachusetts.

After a wedding trip to Hawaii, the couple lives in Northampton, Mass.

# Community Corner



### Christian child care available for spring break

New Beginnings, a Christian child-care program for children in kindergarten through sixth-grade, will be in session from Monday, April 12, through Friday, April 16, at the Delmar Reformed Church, 386 Delaware Ave. in Delmar.

Full-day and half-day enrollments are available.

To register, call 439-9929.

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# Obituaries

## Edith D. Keller

Edith Dubuque Keller, 84, Sebastian, Fla., formerly of Kenwood Avenue in Delmar, died Friday, April 2, at her home.

Born in Vermont, she was a longtime resident of Delmar before moving to Florida nine years ago.

She had been a file clerk for New York state for 44 years before her retirement.

She was the widow of Edward A. Keller.

Survivors include two stepdaughters, Mary Warger of Troy and Joan Weed of Las Vegas, Nev.; two sisters, Sadie Myers of Colonie and Marilyn LeGere of Sebastian, Fla.; and a brother, Ralph Dubuque of Naples, Maine.

Services were from Reilly & Son Funeral Home in Voorheesville.

Burial was in Memory's Garden, Colonie.

Contributions may be made to St. Peter's Hospice, 315 S. Manning Blvd., Albany 12208.

## Margaret Rutnik

Margaret Allan Rutnik, 73 of Delmar, died Friday, April 2, at St. Peter's Hospital in Albany.

Born in East Schodack, she spent her early years in Albany and has lived in Delmar for the last 50 years.

She graduated from the Academy of the Holy Names, Junior College of Albany in 1971, and attended State University at Albany.

Mrs. Rutnik was an avid gardener. She was a communicant of Church of St. Thomas the Apostle in Delmar and a member of the its Altar Rosary Society.

She was the widow Francis G. Rutnik.

Survivors include five sons; Gregory A. Rutnik of Delmar, Douglas P. Rutnik and Christopher P. Rutnik both of Albany, Andrew D. Rutnik of U.S. Virgin Islands and Johnathan F. Rutnik of Clifton Park; two daughters, Diana Rehbit of Slingerlands and Frances M. Rutnik of the U.S. Virgin Islands; a sister Rose E. Keck of Delmar; 17 grandchildren; and three great-grandchildren.

Services were from Church of St. Thomas the Apostle with burial in St. Agnes Cemetery, Menands.

Arrangements were by Daniel Keenan Funeral Home, Albany.

## Theresa Flansburg

Theresa M. Flansburg, 31, of Hudson Avenue in Delmar, died Monday, March 29, at her home.

Born in Worcester, Mass., she was a lifelong Delmar resident. A 1979 graduate of Bethlehem Central High School, she had worked for Policy Research Associates in Delmar since 1988 as an executive secretary. Previously she had worked for the office of Mental Health in Albany from 1979 to 1987.

Mrs. Flansburg was a communicant of Church of St. Thomas the Apostle in Delmar.

Survivors include her husband Stephen Flansburg; two sons Ryan Flansburg and Shawn Flansburg, both of Delmar; her parents, Ralph and Eleanor LaBarge of Delmar; three brothers, Matthew LaBarge of W. Richland, Wash., Andrew LaBarge of Cambridge, and Pierre LaBarge of Quinault, Wash.; and a sister, Eileen LaBarge of Delmar.

Services were from Church of St. Thomas the Apostle. Burial was in Calvary Cemetery, Glenmont.

Arrangements were by Applebee Funeral Home in Delmar.

Contributions may be made to the Ryan & Shawn Flansburg Educational Fund, c/o Policy Research Associates Inc., 262 Delaware Ave, Delmar 12054.

## Bishop J. Vida Elmer

Bishop J. Vida Elmer, 81, of Route 9W in Glenmont, a longtime traditionalist priest, died Tuesday, March 30, at St. Peter's Hospital in Albany.

Born in Hungary, he moved to Schenectady in 1957, as assistant pastor at St. John the Baptist Roman Catholic Church.

Bishop Elmer was a Traditionalist Roman Catholic priest and pastor of St. Michael's Traditionalist Roman Catholic Church in Glenmont. He had celebrated the Tridentine Mass, which is said in Latin instead of English, at the Glenmont church since 1974.

He became a traditionalist bishop in 1987 and was active in church affairs until several weeks ago.

He retired as a Roman Catholic priest in 1970 and served in various functions in the Albany Roman Catholic Diocese.

Survivors include his brother, Zoltan Vida of Hungary; and several nieces and nephews, including Irene Mandy of Selkirk and Eva Najy of Clifton Park.

Services were from St. Michael's Church. Burial was in Calvary Cemetery, Glenmont.

Arrangements were by Chicorelli Funeral Home, Albany.

## Josephine Evans

Josephine M. Evans, 99, died Monday, March 29, at the Good Samaritan Home in Delmar.

Born in Albany, she was a lifelong area resident.

She was the widow of Harold D. Evans.

She is survived by her nephew, James McQuade of Rensselaer.

Arrangements were by the Zwack & Sons Funeral Home, Albany.

Services were private.

## Ralph Pape

Ralph C. Pape, 55, of Darnley Green, Delmar, a former Coeymans town supervisor and county legislator, died Thursday, April 1, at Albany Medical Center Hospital.

Born in Albany, he was a graduate of Ravena-Coeymans High School, Siena College in Loudonville and Albany Law School.

He practiced at his own law firm in Ravena for more than 30 years.

A Republican, he was Coeymans town supervisor from 1962 to 1973. He served on the Albany County Legislature from 1973 to 1979 and as minority leader from 1977 to 1979.

He was an attorney for the New York State Bill-Drafting Commission from 1962 to the present and served as its commissioner from 1969 to 1971. He was assistant to the Albany County Republican chairman in 1962 and 1963 and served as a delegate to the State Republican Commission in 1970.

Mr. Pape was also chairman of the Delaware River Riparian Rights Committee from 1966 to 1969.

He was a past grand knight of the Mother McCauley Council Knights of Columbus, past president of the Ravena-Coeymans Junior Chamber of Commerce and past president of the Coeymans Fire Co.

Survivors include his wife, Jane Wilson Pape; a son, Anthony Pape of Delmar, a daughter, Spring Pape of Delmar; his mother, Mary Pape Scalzo of Ravena; and a sister, Mary Ann Stolz of Ravena.

Services were from Babcock Funeral Home and St. Patrick's Roman Catholic Church. Burial was in St. Patrick's Cemetery, Ravena.

Arrangements were by Hearley & Son Funeral Home, Guilderland.

Contributions may be made to the Kidney Foundation of NENY, 25 Computer Drive E., Albany 12205.

## Louise Buschofsky

Louise C. Nelson Buschofsky, 81, of the Albany County Nursing Home, died Thursday, April 1, at

Albany Memorial Hospital.

Mrs. Buschofsky was a longtime resident of Selkirk before entering the nursing home four years ago.

She was a homemaker.

Survivors include a daughter, Dian Hoffman of Ravena; two brothers, John Nelson of Colonie and Francis Nelson of Plattsburgh; nine grandchildren; and seven great-grandchildren.

Services were from Dreis Funeral Home. Burial was in Calvary Cemetery in Glenmont.

Contributions may be made to the American Diabetes Society.

## RCS district schedules early dismissal day

The Ravena-Coeymans-Selkirk Central School District will participate in a "go home" drill on Thursday, April 8, which will dismiss students 15 minutes early.

The drill is required by the state to ensure that the district has an appropriate plan for evacuating the buildings.

The schedule for dismissal is:

A.W. Becker, morning kindergarten, 11 a.m.; afternoon kindergarten and grades one through four, 3 p.m.

Pieter B. Coeymans, grades two through four, 3 p.m.

Ravena Elementary, morning pre-kindergarten and kindergarten, 11 a.m.; afternoon pre-kindergarten and kindergarten, 2:30 p.m.; grade one, 2:45 p.m.

Middle school and senior high, 1:35 p.m.

For information, call 767-2514.

## Embroiderers to meet at Methodist church

The New York Capital District Chapter of the Embroiderers' Guild will meet at the Delmar Methodist Church on Kenwood Avenue in Delmar on Wednesday, April 21, at 10 a.m.

The program will include a lecture and slide presentation on the dimensions of color, including a discussion of color harmonies and value keys.

For information, call 393-7347.

## Library slates exhibit of local artists' work

Works by members of the Bethlehem Art Association will be on display at the Bethlehem Public Library, 451 Delaware Ave. in Delmar, through Friday, April 30.

For information, call 439-9314.

## Assessor sets meeting on veterans benefits

The town of New Scotland assessor's office will sponsor a meeting on veterans exemptions at the American Legion Post 1493 on Tuesday, April 13, at 7 p.m.

The post is located on Voorheesville Avenue in New Scotland. For information, call 765-3355.

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## Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

SPOTLIGHT ON

# Family Entertainment

CALENDAR • ARTS &amp; ENTERTAINMENT

## Easter celebrates spirit of rebirth

By Susan Graves

The phrase "Hope springs eternal" aptly describes the spirit that will be celebrated by many Christian churches this Easter.

"In some ways, what we do between Palm Sunday and Easter is a culmination of the whole Christian year," said Father Darius Mojallali, rector of St. Stephen's Episcopal Church in Delmar.

"The passion, death and resurrection of Jesus is really what the whole thing is about — what happened is victory won over death," Father Mojallali said. "Easter is really a high point" of the entire year.

The holiday celebrating Christ's resurrection from the dead, in addition to being the "most significant feast in the life of the church," has also maintained its spiritual primacy over other religious holidays during the year, he said.

And, since Easter is celebrated in the spring, it goes along with Mother Nature's spirit of rebirth bolstered by melting snow and buds popping up.

According to Father Mojallali, many people who are not regular churchgoers return for Easter services. "People really come back. ...I think it's because it's such a wonderfully celebrative and hopeful day."

The Rev. Susan Bowman, rector of St. Michael's Episcopal Church on Killian Park in Colonie, agrees that church attendance is certainly up on Easter. "Easter is our biggest Sunday," especially since many visiting families of church members come to services. "We have a full church," she said.

The week before Easter, Holy Week, is also a busy time at St. Michael's. Rev. Bowman said she hasn't yet had time to write her Easter message, but that it usually is one of new life. "We have opportu-

nity for new life every day — it's always a good message."

"When you get thrown in the pit, there is a way out," she added.

Father Mojallali said his message will probably focus on life over death. "Easter is God's promise to us that the last word is not death, but life, and that our griefs and losses, rather than being tragedies, can be occasions for discovering new life."



The Rev. Darius Mojallali will celebrate Easter at St. Stephen's Episcopal Church in Delmar.



Danica Harmon, left, Becky Helf, Guy Hagen, Ryan Savery, Theresa Helf and Justin Long practice their roles for the Easter Passion play at St. Michael's Episcopal Church in Colonie.

Photos by Elaine McLain

He, like Rev. Bowman, is also busy for the entire week before Easter Sunday.

This year, on Good Friday from noon to 3 p.m., St. Stephen's will host an ecumenical service with a number of local religious leaders participating. The service represents the work of members of the Bethlehem Area Ministerial Association.

Those participating in the Good Friday service include: the Rev. James Daley, pastor of Church of St. Thomas the Apostle; the Revs. Donna Meinhard, pastor and Dawkins Hodges, assistant, of the First United Methodist Church; the Rev. John Garceau, deacon at St. Stephen's; the Rev. Larry Deyss, pastor of Delmar Presbyterian Church; the Rev. Thomas Kendall, pastor of Unionville Reformed Church; the Rev. Gregory Pike, pastor of New Scotland Presbyterian Church; and the Rev. Jeffrey Matthews, pastor of Community United Methodist Church of Slingerlands.

During the Good Friday service, the religious leaders will preach on the seven last words of Christ. Father Mojallali said

all are welcome and can attend the entire service or stop by as their schedules permit. "When the clergy can do something together, it makes a statement to the community: 'Our unity matters,'" he said.

And, even though there is no ecumenical service planned at St. Michael's — "Colonie is just so big," said Rev. Bowman, there will be services every day during Holy Week. Regular church services are scheduled on Monday and Tuesday, followed by a special service on Wednesday.

"On Wednesday, we are doing something very interesting — a passion drama with slides and contemporary music and actors acting out the story," she said.

Both churches will also celebrate Maundy Thursday with foot-washing services to commemorate Christ washing the feet of his disciples at the night of the last supper.

On Saturday, during the vigil of Easter, the Paschal candle is lighted. "This is a time for baptisms and celebration," Father Mojallali said.



## — Easter Sunday Services —



• **Bethlehem Community Church** — 201 Elm Ave., Delmar; sunrise service, 6 a.m.; worship service, 10:30 a.m.

• **Clarksville Community Church** — Delaware Tpke.; sunrise service at Thatcher Park, 8 a.m.; Easter breakfast, 8:45 a.m.; worship service, 10:30 a.m. (No Sunday school).

• **Glenmont Community Church** — Chapel Lane, Glenmont; sunrise service, 7 a.m.; worship service and Sunday school, 11 a.m.

• **St. Stephen's Episcopal Church** — Corner of Elsmere Avenue and Poplar Drive; worship services, 8 a.m. and 10:30 a.m.

• **Solid Rock Family Outreach Center** — 1 Kenwood Ave., Delmar; Sunday school, 10 a.m.; worship service, 11 a.m.; children's church, 12 noon.

vice, 11 a.m.; children's church, 12 noon.

• **Bethlehem Lutheran Church** — 85 Elm Ave., Delmar; Sunday school and Bible study, 9:15 a.m.; worship services, 8 a.m. and 10:30 a.m.

• **Lord of Life Lutheran Church** — Route 396, Beckers Corners, Selkirk; worship service, 11 a.m.

• **First United Methodist Church of Delmar** — 428 Kenwood Ave., Delmar; sunrise service, 7 a.m.; worship services, 9:30 a.m. and 11 a.m.

• **Grace United Methodist Church** — 16 Hillcrest Drive, Ravena; worship service, 10:30 a.m.

• **Slingerlands Community United Methodist Church** — 1499 New Scotland Road, Slingerlands; worship service, 10 a.m.

• **South Bethlehem United Methodist Church** — Willowbrook Ave., S. Bethlehem; sunrise service, 6 a.m. at Mount Pleasant Cemetery, S. Bethlehem; Easter breakfast, 7 a.m.; worship service, 11 a.m.

• **Delmar Presbyterian Church** — 585 Delaware Ave., Delmar; worship service, 10 a.m.

• **Delmar Reformed Church** — 386 Delaware Ave., Delmar; worship services, 9 a.m. and 11 a.m.; family Easter continental breakfast, 10 a.m.

• **Jerusalem Reformed Church** — Route 36, Feura Bush; early morning worship, 7 a.m.; Easter breakfast, 7:30 a.m.; worship service, 10:30 a.m.; children's Easter egg hunt, 1 p.m.

• **Unionville Reformed Church** — 50 Delaware Turnpike, Delmar; worship

service, 10:30 a.m.

• **Church of St. Thomas the Apostle** — 35 Adams Place, Delmar; Sat. vigil, 7:30 p.m.; worship services, Sun., 7:30 a.m., 9 a.m., 10:30 a.m. and 12 noon.; sung evening prayer, 7 p.m.

• **St. Matthew's Roman Catholic** — Mountainview Road, Voorheesville; Sat. vigil, 8 p.m.; Sun. worship services, 8:30 a.m., 10 a.m. and 11:30 a.m.

• **Faith Temple** — New Salem; worship, 7 p.m.; children's choir Easter presentation, 10 a.m.

• **First Church of Christ Scientist** — 555 Delaware Ave., Delmar; worship service, 10 a.m.

• **Mountainview Evangelical Free Church** — Route 155, Voorheesville; worship service, 10:30 a.m. and 6:30 p.m.

# ARTS and ENTERTAINMENT

## THEATER

**CAT ON A HOT TIN ROOF**  
by Tennessee Williams, Capital Rep Company, Market Theatre, 111 North Pearl St., Albany. Through April 25. Information, 462-4534.

## SLOW DANCE ON THE KILLING GROUND

William Hanley drama, by NYS Theatre Institute, Schachf Fine Arts Center, Russell Sage College, Troy. Through April 7. Information, 270-6888.

## BREAKING LEGS

comedy by Tom Dulack, Proctor's Theatre, 432 State St., Schenectady, Wednesday, April 7, 8 p.m. Information, 346-6204.

## BAXTER BLACK

cowboy humorist, Union College Center Auditorium, Schenectady, Wednesday, April 14, 8 p.m. Information, 370-6608.

## ANYTHING GOES

Russell Sage College, James L. Meader Little Theater, Sage Troy Campus, April 8 through 9, and 15 through 17, 8 p.m., April 18, 2 p.m. Information, 270-2248.

## MUSIC

### NOONTIME ORGAN CONCERTS

every Friday, 12:30 p.m., St. Peter's Episcopal Church, Albany. Information, 434-3502.

### ONE HEART

Ken Shea and Maureen DeLuxe, Monaco's Village Inn, Thursdays, 9:30 p.m. to 12:30 a.m. Information, 899-5780 or 393-5282.

### HOOTS NIGHT

open stage, The Eighth Step, 14 Willett St., Albany. Sign up every Wednesday, 7:30 p.m. Information, 434-1703.

### CHERISH THE LADIES

rescheduled from March 13. Traditional Irish music and dance troupe, Troy Savings Bank Music Hall, 88 Fourth St., Troy. Saturday, May 15, 8 p.m. Information, 273-0038.

## DANIEL MALKIN

cellist, Spencertown Academy, Route 203, Spencertown. Saturday, April 17, 8 p.m. Information, 392-3693.

## FLASHBACK

dance band, Dudek's, Saratoga Street, Cohoes. Friday, April 9, and Saturday, April 10, 9:30 p.m. to 1:30 a.m. Information, 237-1900.

## JAZZ BRUNCH

Inn at Saratoga, 231 Broadway, Saratoga Springs. Sunday, April 11, 10 a.m. to 5 p.m. Information, 583-1890.

## FOODJAM '93

musical food drive to benefit Albany's South End food pantries, College of Saint Rose, Saint Joseph Hall Auditorium, 985 Madison Ave., Albany. Wednesday, April 14, 8 p.m. Information, 454-5278.

## POLA BAYTELMAN

pianist, Troy Savings Bank Music Hall, State and Second streets, Troy. Tuesday, April 13, noon. Information, 273-0038.

## DE BLASIS CHAMBER MUSIC SERIES

featuring the String Sextets, The Hyde Collection, 161 Warren St., Glens Falls. Monday, April 12, 8 p.m. Information, 793-4054.

## MUSIC FOR YOUR HEALTH

with David Alan Miller, music director of the Albany Symphony Orchestra, Woman's HealthCare Plus, 2093 Western Ave., Guilderland. Thursday, April 8, noon. Information, 452-3455.

## AUDITIONS

### SINGERS, DANCERS AND COMEDIANS

for The Barbara Thomas 20th Anniversary Platinum Event, to benefit St. Peter's Hospice, Parc V Cafe, 661 Albany-Shaker Road, Colonie. Monday, April 12, 6 p.m. Information, 458-7849.

## CALL FOR ARTISTS

### CATSKILL GALLERY

artists invited to submit slides and proposals for exhibits beginning July 1993, Catskill Gallery and Mountain Top Gallery. Information, 943-3400.

### SUBURBAN SOUNDS COMMUNITY CHORUS

of Guilderland, seeks new members, RD 2, Box 2, Altamont. Through mid-June. Information, 861-8000.

### FAMILY PLAYERS OF NORTHEAST NEW YORK

seeks director and music director, choreographer and other staff positions for July 1993 production of *The Music Man*. Auditions in April. Resumes to Family Players, PO Box 13322, Albany 12212. Information, 869-0303.

## MUSICAL GROUPS

submit demonstration tapes and photographs for participation in 1993 *Lunchtime Concert Series*, J.H. Burgess, Promotion and Public Affairs, state Office of General Services, Corning Tower, 41st floor, Empire Plaza, Albany 12242. Information, 474-5987.

### SURVEY OF CONTEMPORARY LANDSCAPE ART

open to all artists, using any medium, whose work comments on the current state of the land, Greene County Council On the Arts, 398 Main St., Catskill. Submission deadline, April 9. Information, 943-3400.

### ORIGINAL STUDENT ARTWORKS

for 15th anniversary celebration by the Center for Women in Government, University at Albany. Open to high school students and college undergraduates in the Capital District. Submission deadline, May 14. Information, 442-3900.

## LECTURES

### "SPACE, TIME AND THE BALANCING ACT"

gallery talk on the works of Joseph C. Parker, The Hyde Collection, 161 Warren Street, Glens Falls. Thursday, April 8, 1 p.m. Information, 792-1761.

## READINGS

### YEVGENY YEVTUSHENKO

Russia's most publicized poet, Rensselaer Polytechnic Institute, Sage Lecture Hall 3303, Troy. Wednesday, April 14, 8 p.m. Information, 442-5620.

## FILM

### ART ON FILM/FILM ON ART

six-part film series, Hyde Collection, 161 Warren St., Glens Falls. Thursdays, through May 6, noon. Information, 792-1761.

## VISUAL ARTS

### PLEASE POST: 19TH CENTURY BROADSIDES

more than 100 examples of broadsides, posters and advertising handbills, Albany Institute of History and Art, 125 Washington Ave., Albany. Through June 6. Information, 463-4478.

### QUILTERS HALL OF FAME

Mountaintop Gallery, Main Street, Windham. Through May 3. Information, 734-3104.

### SCULPTURE OF JOSEPH C. PARKER

The Hyde Collection, 161 Warren St., Glens Falls. Through April 25. Information, 792-1761.

### POLITICAL CARTOONS BY HY ROSEN

23 cartoons on the civil rights movement, Martin Luther King Jr. Commission and Institute for Nonviolence, Resource and Activity Center, 41 State St., Albany. Through April 30. Information, 426-2300.

### "BEYOND THE BROADSIDE"

verbal images in the visual arts, Rice Gallery, 135 Washington Ave., Albany. Through May 23.

## Cowboy comedy



Cowboy poet and humorist Baxter Black will give a free performance on Wednesday, April 14, at 8 p.m. at Union College's Center Auditorium. Black, who has been called "Will Rogers' weird grandson," tells jokes, sings songs and writes poems about rural people and rural life.

### "WINDOWS THROUGH TIME"

interplay between architecture, technology and social attitudes over three centuries of American architecture, State Museum, Albany. Through May 16. Information, 474-5877.

### ANCIENT CYPRIOT POTTERY

dating from 3000 B.C., The Hyde Collection, 161 Warren St., Glens Falls. Through June 13. Information, 792-1761.

### PHOTOGRAPHY OF MARIE TRILLER

Albany Center Galleries, Chapel and Monroe streets, Albany. Through April 23. Information, 462-4775.

### WORKS OF CAROL HAERER

spanning a 30-year career, Albany Center Galleries, Chapel and Monroe streets, Albany. Through April 18. Information 462-4775.

### ART ON THE MOVE

artwork in motion, Greene County Council on the Arts, Catskill Gallery, 398 Main St., Catskill. Through May 10. Information, 943-3400.

### PHOTOGRAPHY OF LEONARD ROBERT ABRAMS

Cultural Center, Trustees Administrative Building, Hudson Valley Community College, Troy. Through April 9. Information 270-7170.

### UNDERGRADUATE ART SHOW

College of Saint Rose, Picotte Hall Art Gallery, 324 State St., Albany. Through April 20. Information, 485-3900.

### SUE COE

featured artist in series on the empowerment of women, Russell Sage College Gallery, Troy Campus. Through May 2. Information, 270-2246.

### "CANYON"

exhibit of works by Dan Welden, Sage Junior College of Albany, Rathbone Gallery, 140 New Scotland Ave., Albany. April 8 through May 6. Information, 270-2246.

### PAINTINGS OF CAROL CRAMER

Dietel Gallery, Emma Willard School, 285 Pawling Ave., Troy. Through May 23. Information, 274-4440.

### "THE WORLD THROUGH THE EYES OF CHILDREN"

exhibit of children's art from Russia, the Junior Museum, 282 Fifth Ave., Troy. Through April 30. Information, 235-2120.

## FAMILY ENTERTAINMENT

**CIRCUS ALIVE**  
lectures and hands-on activities for children, The Hyde Collection, 161 Warren St., Glens Falls. April 13 through 16. Information, 792-1761.

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Written and Directed by

Martin P. Kelly

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# AROUND THE AREA

**WEDNESDAY  
APRIL**
**7**
**ALBANY COUNTY**
**FAMILY AND ADDICTION**

lecture series, St. Peter's Addiction Recovery Center, Cusack Auditorium, 2232 Western Ave., Guilderland, 7 to 10 p.m. Cost, \$20. Information, 452-6700.

**CHILD DEVELOPMENTAL ASSESSMENT CLINIC**

children up to two years old, Bellevue Hospital, 2210 Troy Road, Schenectady, 10 a.m. to 4 p.m. Information, 346-9438.

**BABYSITTING**

Albany Jewish Community Center, 340 Whitehall Road, Albany, 5:30 to 8 p.m. Information, 438-6651.

**SENIORS LUNCHESES**

Albany Jewish Community Center, 340 Whitehall Road, Albany, 12:30 p.m. Information, 438-6651.

**APPLE COMPUTERS USERS CLUB**

Farnsworth Middle School, State Farm Road, Guilderland, 7 p.m. Information, 482-2609.

**SQUARE DANCE**

St. Michael's Community Center, Linden Street, Cohoes, 7:30 p.m. Information, 664-6767.

**RENSSELAER COUNTY**
**TROY'S TIFFANY TREASURES**

Hudson Mohawk Industrial Gateway tour, Polk Street, Troy, 10 a.m. Cost \$8. Information, 274-5267.

**CHORUS REHEARSAL**

sponsored by Capitaland Chorus, Trinity Episcopal Church, 11th Street and 4th Avenue, North Troy, 7:30 p.m. Information, 237-4384.

**SCHENECTADY COUNTY**
**FOSTER PARENT ORIENTATION**

for couples interested in becoming foster parents, sponsored by Northeast Parent and Child Society, Children's Home, 122 Park Avenue, Schenectady, 7 p.m. Information, 346-5224.

**RIVER VALLEY CHORUS MEETING**

Glen Worden School, 34 Worden Road, Scotia, 7:30 p.m. Information, 355-4264.

**THURSDAY  
APRIL**
**8**
**ALBANY COUNTY**

**MUSIC FOR YOUR HEALTH** presented by David Alan Miller, music director and conductor of Albany Symphony Orchestra, Bellevue Hospital, 2093 Western Ave., Guilderland, noon to 1 p.m. Information, 452-3455.

**ALZHEIMER SUPPORT GROUP**

St. Paul's Church, 21 Hackett Blvd., Albany, 7 p.m. Information, 438-2217.

**ASSOCIATION OF RENTAL PROPERTY OWNERS**

Travelers Motor Inn, 1630 Central Ave., Albany, 7:30 p.m. Information, 459-3165.

**SINGLE PARENT ORGANIZATION**

Jewish Family Services of Northeastern New York, Albany Jewish Community Center, Whitehall Road, Albany, 5:45 p.m. Information, 462-2479.

**OPEN HOUSE**

for prospective students and their parents, Albany Academy, Academy Road, Albany, 8:30 a.m. Information, 465-1461.

**HOMESTYLE DINNER**

Ancient Order of Hibernians, 1021 Ninth Ave., Albany, 6 to 8 p.m. Cost, adults \$4.50, children \$3.

**CAPITAL DISTRICT PARKINSON SUPPORT GROUP**

Center for the Disabled, 314 South Manning Blvd., Albany, 7 p.m. Information, 439-5872.

**"DE-CLUTTER AND DE-STRESS"**

breakfast seminar, sponsored by Guilderland Chamber of Commerce, Albany Ramada Inn, 1228 Western Ave., 7:30 a.m. Cost, \$10 members, \$12 non-members. Information, 456-6611.

**SENIOR CHORALE**

Albany Jewish Community Center, 340 Whitehall Road, Albany, 1 p.m. Information, 438-6651.

**BUSINESS IN GUILDERLAND MIXER**

Guilderland Chamber of Commerce, Oceans Eleven, 1811 Western Ave., Guilderland, 5 to 6:30 p.m. Cost, \$2 members, \$4 non-members. Information, 456-6611.

**BABYSITTING**

Albany Jewish Community Center, 340 Whitehall Road, Albany, 5:30 to 8 p.m. Information, 438-6651.

**SENIORS LUNCHESES**

Albany Jewish Community Center, 340 Whitehall Road, Albany, 12:30 p.m. Information, 438-6651.

**FRIDAY  
APRIL**
**9**
**ALBANY COUNTY**
**SENIORS LUNCHESES**

Albany Jewish Community Center, 340 Whitehall Road, Albany, 12:30 p.m. Information, 438-6651.

**ST. CECILIA CHAMBER ORCHESTRA**

"Passion According to St. Matthew," by J.S. Bach, St. Peter's Church, State and Lodge streets, Albany, noon to 1:30 p.m. Information, 434-3502.

**MOTHERS' DROP IN**

sponsored by the Capital District Mothers' Center, First Congregational Church, Quail Street, Albany, 9:30 a.m. to noon. Information, 482-4508.

## He Is Risen!

Come celebrate the Easter miracle with us at

### First United Methodist Church

**HOLY WEEK SCHEDULE**

Maundy Thursday 6:00 pm Potluck and Seder  
Good Friday 7:30 pm Tenebrae Service (Chapel)  
Easter Sunday 7:00 am Sunrise Service (Courtyard)  
8:00 am Breakfast (Fellowship Hall)  
9:30 and 11:00 am Identical Services with Bells and Chancel Choir (Sanctuary)  
428 Kenwood Ave, Delmar  
For information call 439-9976.



## Come and Worship GOOD FRIDAY, April 9

12 Noon to 3:00 p.m.

Ecumenical Service of worship with preaching by local clergy on the Seven Last Words of Jesus

at **St. Stephen's Episcopal Church**

Elsmere Ave. & Poplar Dr., Delmar

sponsored by the Bethlehem Area Ministerial Association

**ALL ARE INVITED**



Are you looking for "more" in your life?

Do you ever wonder what Jesus means when he says that he came so that we might have "life in abundance"?

**YOU ARE INVITED**

to join us on Wednesday, April 7th, at 7:00 PM at St. Matthew's Catholic Church for an evening of "Inquiry" into our Christian faith. You will have an opportunity to ask questions and to meet some people from the community at St. Matthew's with no pressure, no preaching, and no obligation.

You can find us on Mountainview Street in Voorheesville, or call us at 765-2805. Hope to see you there!

## Church of Saint Thomas the Apostle

35 Adams Place • Delmar, New York 12054  
Liturgy Schedule Holy Week and Easter

**HOLY THURSDAY**

9:00 am Morning Prayer  
7:30 pm Evening Mass of the Lord's Supper  
9:00 pm Adoration of the Blessed Sacrament  
The Repository for the Blessed Sacrament will be in the Lady Chapel.  
Parishioners are invited to visit and keep vigil until midnight.

12:00 am Night Prayer

**GOOD FRIDAY**

9:00 am Morning Prayer  
12:00 pm Opening of the Three Hour Vigil  
3:00 pm Stations of the Cross and closing of the Vigil  
7:30 pm Liturgy of the Lord's Passion

**EASTER VIGIL**

9:00 am Morning Prayer  
7:30 pm Celebration of the Easter Vigil

**EASTER SUNDAY**

MASSSES 7:30, 9:00, 10:30 am (Church and School), 12:00 pm  
7:00 pm Sung Evening Prayer

# SPOTLIGHT

By Martin P. Kelly

## Lake George Dinner Theater schedules current off-Broadway comedy hit

The Lake George Dinner Theater has announced preparation for its summer season with the selection of a current off-Broadway comedy hit, *Beau Jest*.

The untimely death of producer David Eastwood last season left the future of the theater company in doubt but Vicky Eastwood, the producer's widow, has taken over the production and with general manager Sharon Reynolds is in the process of casting this show.

*Beau Jest* has been a surprise hit at the Lambs Club in New York City and it was a stroke of luck that Eastwood and Reynolds were able to get the rights to do the comedy.



The James Sherman play deals with a Jewish girl in New York trying to pacify her parents by saying her love interest is a Jewish surgeon. Of course, he's not and when the parents insist on meeting the young man, the daughter hires an actor to pretend to be the boyfriend. The resulting mixup forms the backbone of the comedy.

Maggie Jackson will return to the Lake George Dinner Theater (located in the village's Holiday Inn) to stage this play. She's directed several Neil Simon comedies at the theater, including last season's *I Ought To Be In Pictures*. The season begins June 18 and will run through early October. Information and reservations: 668-2198.

## Bizarre comedy returns to area in one-night Proctor's performance

*Little Shop of Horrors*, the little musical will play one night at Proctor's Theater in Schenectady on April 15.

This show introduced the songwriting team of Alan Mencken and the late Howard Ashman. This duo also wrote the music for Disney's films, *The Little Mermaid* and *Beauty and the Beast*. Last week, Mencken won an Academy Award for his music in *Aladdin*.

*Little Shop of Horrors* was originally a 1960 film about a man-eating plant that grew on its victims and began multiplying to threaten mankind.

Adapted for the off-Broadway stage, the little musical took off in popularity. In fact, Heritage Artists in the Cohoes Music Hall twice staged off economic oblivion with long-running productions of the musical.

A love interest between a wimpy flower shop clerk and a ditzzy co-worker whose dentist lover mistreats her, forms the basis of the slim plot. When the clerk experiments with plants, Audrey 2 evolves and the plant takes over.

Reservations and information: 346-6204.

## Home Made Theater schedules William Inge's *Picnic*

A play that gained more prominence as a film starring Rosiland Russell and William Holden, still remains a stage favorite among theater troupes around the country.

William Inge's *Picnic*, the tale of a drifter who arrives in a small town and sets off latent emotions among the townswomen, is the third production of the season for Home Made Theater in Saratoga. Opening April 16 with a run through May 1, the production is being staged by artistic director Jonathan Foster.

The presentation on three successive Fridays and Saturdays, and on Sunday, April 25, is in the Spa Little Theater on the grounds of the Saratoga Spa State Park.

Reservations and information: 587-4427.

## Concert master will be featured soloist in Schenectady Symphony's finale

Michael Emery, violinist and concert master for the Schenectady Symphony Orchestra, will be the featured soloist in the symphony's final concert of the season 3 p.m., April 18, at Proctor's Theater in Schenectady. He will perform Barber's *Concerto for Violin*, one of the most beautiful and most difficult works written in this century.

Music Director and conductor Charles Schneider has selected the *Mother Goose Suite* by Ravel and *Symphony No. 4* by Tchaikovsky as the rest of the April 18 program. Ticket information is available at 346-6204.

## Around Theaters

*Cat On A Hot Tin Roof* at the Capital Repertory Company, Albany, through April 25 (462-4534)

# The Spotlight CALENDAR

**WEDNESDAY  
APRIL 7**

## BETHLEHEM

### BC COMMUNITY ORGANIZATION

breakfast meeting on English department supervision, BCHS conference room, 8 a.m. Information, 475-0236.

**ZONING BOARD OF APPEALS**  
town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

### BETHLEHEM BUSINESS WOMEN'S CLUB

program on wills and trusts, Normanside Country Club, Salisbury Road, 6 p.m. Information, 462-1761.

### BINGO

American Legion Post 1040, 16 Poplar Drive, Delmar, 8 p.m. Information, 439-9819.

### YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

### WELCOME WAGON

newcomers, engaged women and new mothers, call for a Welcome Wagon visit, Monday to Saturday, 8:30 a.m. to 6 p.m. Information, 785-9640.

### TESTIMONY MEETING

First Church of Christ Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

### NORMANSIDE COMMUNITY CHURCH

Bible study and prayer meeting, 10 Rockefeller Road. Information, 439-7864.

### BETHLEHEM ARCHAEOLOGY GROUP

excavation and laboratory experience for volunteers, archaeology lab, Route 32 South. Information, 439-6391.

### BETHLEHEM LIONS CLUB

Normanside Country Club, Salisbury Road, 7 p.m. Information, 439-4857.

### BETHLEHEM ELKS LODGE 2233

Route 144, Cedar Hill, 8 p.m. Information, 767-2886.

### SOLID ROCK CHURCH

evening prayer and Bible study, 1 Kenwood Ave., 7 to 9 p.m. Information, 439-4314.

**ONESQUETHAU CHAPTER, ORDER OF THE EASTERN STAR**  
Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

### NEW SCOTLAND VOORHEESVILLE ZONING BOARD OF APPEALS

village hall, 29 Voorheesville Ave., 7 p.m. Information, 765-2692.

### NEW SCOTLAND SENIOR CITIZENS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

### AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

### AL-ANON MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 477-4476.

### MOUNTAINVIEW

**EVANGELICAL FREE CHURCH**  
evening service, Bible study and prayer, Route 155, Voorheesville, 7:30 p.m. Information, 765-3390.

### FAITH TEMPLE

bible study, New Salem, 7:30 p.m. Information, 765-2870.

### VOORHEESVILLE LIBRARY BOARD MEETING

Voorheesville Public Library, 51 School Road, 7:30 p.m. Information, 765-2791.

**THURSDAY  
APRIL 8**

## BETHLEHEM

**CLASS IN JEWISH MYSTICISM**  
Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

**AMERICAN ASSOCIATION OF UNIVERSITY WOMEN**  
wine and cheese membership reception, Bethlehem Public Library, 451 Delaware Ave., 5:30 to 7:30 p.m. Information, 439-6345.

### HOLY THURSDAY HEALING SERVICE

Emmanuel Christian Church, Retreat House Road, Glenmont, 7:30 p.m. Information, 439-1124.

### AQUATIC PROJECT WILD WORKSHOP

for teachers and youth leaders, Five Rivers Environmental Education Center, Game Farm Road, 3:30 to 6:30 p.m. Information, 475-0291.

### RECOVERY, INC.

self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

### CAREGIVER SUPPORT GROUP

Church of St. Thomas the Apostle, 35 Adams Place, 7 p.m. Information, 439-7387.

### YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**CHP DELMAR HEALTH CENTER**  
open house, 250 Delaware Ave., 6 and 8 p.m. Information, 783-1864.

**BETHLEHEM SENIOR CITIZENS**  
town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

### BETHLEHEM LUTHERAN CHURCH

Bible study, 10 a.m.; Creator's Crusaders, 6:30 p.m.; senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

**DELMAR FIRE DEPARTMENT LADIES AUXILIARY**  
firehouse, Adams Place, 8 p.m. **BETHLEHEM MEMORIAL VFW POST 3185**

404 Delaware Ave., 8 p.m. Information, 439-9836.

### ELSMERE FIRE COMPANY AUXILIARY

firehouse, Poplar Drive, 8 p.m.

### AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

### NEW SCOTLAND FEURA BUSH FUNSTERS

4-H group for ages 8 to 19, Jerusalem Church, Feura Bush, 7 to 8 p.m.

### FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**FRIDAY  
APRIL 9**

## BETHLEHEM

### QUILTERS UNITED IN LEARNING TOGETHER

meeting, First United Methodist Church, 428 Kenwood Ave., 9:30 a.m. Information, 283-4848.

### AA MEETING

First Reformed Church of Selkirk, Route 9W, 7:30 p.m. Information, 489-6779.

### NEW SCOTLAND

**YOUTH GROUP**  
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

**SATURDAY  
APRIL 10**

## BETHLEHEM

### AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

**SUNDAY  
APRIL 11**

## BETHLEHEM

**BETHLEHEM PUBLIC LIBRARY**  
will be closed on Easter.

**MONDAY  
APRIL 12**

## BETHLEHEM

**DELMAR KIWANIS**  
Days Inn, Route 9W, 6:15 p.m. Information, 439-5560.

**MOTHER'S TIME OUT**  
Christian support group for mothers of preschool children, Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 10 to 11:30 a.m. Information, 439-9929.

### AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

### AL-ANON MEETING

support for relatives of alcoholics, Bethlehem Lutheran Church, 85 Elm Ave., 8:30 to 9:30 p.m. Information, 439-4581.

### SUNSHINE SENIORS

covered dish luncheon, noon, business meeting, 1 p.m., First Reformed Church of Bethlehem, Route 9W. Information, 439-7179.

### DELMAR COMMUNITY ORCHESTRA

rehearsal, town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4628.

### BETHLEHEM ARCHAEOLOGY GROUP

excavation and laboratory experience for volunteers, archaeology lab, Route 32 South. Information, 439-6391.

### NEW SCOTLAND

### QUARTET REHEARSAL

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

### STORY HOUR

Voorheesville Public Library, 51 School Road, Voorheesville, 10:30 a.m. Information, 765-2791.

### HANS CHRISTIAN ANDERSEN DAY

stories, crafts and Danish food, Voorheesville Public Library, 51 School Road, 10 a.m. Information, 765-2791.

**TUESDAY  
APRIL 13**

## BETHLEHEM

**TREASURE COVE THRIFT SHOP**  
First United Methodist Church, 428 Kenwood Ave., 1 to 6 p.m.

### YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

### ELSMERE FIRE DISTRICT COMMISSIONERS

firehouse, Poplar Drive, 7:15 p.m. Information, 439-9144.

### DELMAR ROTARY

Days Inn, Route 9W. Information, 482-8824.

**A.W. BECKER PTA**  
Becker Elementary School, Route 9W, 7:30 p.m. Information, 767-2511.

**SLINGERLANDS FIRE DISTRICT COMMISSIONERS**  
firehouse, 8 p.m. Information, 439-4734.

### NEW SCOTLAND

**PLANNING BOARD**  
town hall, Route 85, 7 p.m. Information, 765-3356.

### VETERANS' TAX EXEMPTION MEETING

to explain effect of full-value assessments, Voorheesville American Legion, Voorheesville Avenue, 7 p.m.

### STORY HOUR

Voorheesville Public Library, 51 School Road, 10 a.m. Information, 765-2791.

**SONGS OF THE ANTI-RENT WAR**  
concert and lecture, First United Methodist Church, 68 Maple Ave., Voorheesville, 8 p.m. Information, 765-2468.

## Glenmont Community Church, Reformed

1 Chapel Lane (Behind K-Mart)

### MAUNDY THURSDAY

7 p.m. April 8th

Service of the Last Supper

### EASTER SUNDAY

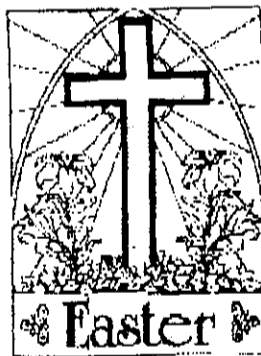
7 am Sunrise Service and Breakfast

11 am Easter Service and Sunday School

(518) 436-436-7710

Lynn T. Joosten, Pastor

## Celebrate The Joy of New Life



### Easter Sunday

April 11

11:00 am - Worship

### Lord of Life

### Lutheran Church

(Meeting at Bethlehem

Grange Hall - Rt. 396 in

Beckers Corners,

just off Rt. 9W)

*All are welcome!*

COME JOIN US  
THIS EASTER  
SEASON!

*Good Friday Service*

April 9, 7:30 p.m.

*Easter Sunrise Service*

at Camp Pinnacle Overlook 6:00 a.m.

*Breakfast at Church 9:00 a.m., Fellowship Hall*

*Worship Services 10:30 a.m., Nursery Provided*

## MOUNTAINVIEW EVANGELICAL FREE CHURCH

Rt. 155 in Voorheesville

765-3390

## You are invited... to Holy Week and Easter Services

**Maundy Thursday (April 8)**

10:00 am and 7:30 pm The Holy Eucharist

**Good Friday (April 9)**

12 noon - 3:00 pm Ecumenical Service of Hymns, Prayers, and Scripture Readings with preaching by local clergy on the Seven Last Words of Jesus (come and go as schedule permits)  
The Good Friday Liturgy

7:30 pm

**Easter Eve (April 10)**

7:30 pm The Great Vigil of Easter, followed by festive Easter Fest

**Easter Day (April 11)**

8:00 am The Holy Eucharist followed by Easter Breakfast  
10:30 am Festival Eucharist with music by the Choir of St. Stephen's, followed by Easter Party, including an Easter Egg Hunt and Pinatas for the children

*Come and celebrate  
the joy of new life!*



## SAINT STEPHEN'S EPISCOPAL CHURCH

at the corner of Elsmere Avenue and Poplar Drive, Delmar  
For further information call 439-3265



Christ  
Has  
Died



Christ  
Is  
Risen

## Christ Will Come Again

You Are Invited To Worship The Risen Lord

Maundy Thursday (April 8) 7:30 P.M.

Good Friday (April 9) 7:30 P.M.

Easter Sunday (April 11) 8:00 & 10:30 A.M.

Sunday School & Bible Study at 9:15 A.M.

## Bethlehem Lutheran Church

85 Elm Avenue  
Delmar, New York 12054  
439-4328

**WEDNESDAY  
APRIL 14**
**BETHLEHEM**

**HALF MOON BUTON CLUB**  
meeting, Bethlehem Public Library, 451 Delaware Ave., Delmar, noon. Information, 283-4723.

**TOWN BOARD**

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

**BINGO**

American Legion Post 1040, 16 Poplar Drive, 8 p.m. Information, 439-9819.

**YOUTH EMPLOYMENT SERVICES**

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**TESTIMONY MEETING**

First Church of Christ Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

**NORMANSVILLE COMMUNITY CHURCH**

Bible study and prayer meeting, 10 Rockefeller Road. Information, 439-7864.

**SOLID ROCK CHURCH**

1 Kenwood Ave., evening prayer and Bible study, 7 to 9 p.m. Information, 439-4314.

**BETHLEHEM ARCHAEOLOGY GROUP**

excavation and laboratory experience for volunteers, archaeology lab, Route 32 South. Information, 439-6391.

**RED MEN**

St. Stephen's Church, Elsmere, 7:30 p.m. Information, 439-3265.

**SECOND MILER'S LUNCHEON MEETING**

First United Methodist Church, 428 Kenwood Ave., noon. Information, 439-6003.

**DELMAR FIRE DISTRICT COMMISSIONERS**

firehouse, Adams Place, 7:30 p.m. Information, 439-3851.

**NEW SCOTLAND**
**NEW SCOTLAND SENIOR CITIZENS**

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

**NEW SCOTLAND ELKS LODGE**

22 South Main St., Voorheesville, 8 p.m. Information, 765-2313.

**AA MEETING**

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

**AL-ANON MEETING**

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 477-4476.

**MOUNTAINVIEW EVANGELICAL FREE CHURCH**

evening service, Bible study and prayer, Route 155, Voorheesville, 7:30 p.m. Information, 765-3390.

**FAITH TEMPLE**

bible study, New Salem, 7:30 p.m. Information, 765-2870.

**LETTERS, LETTERS, LETTERS**

children learn about letter writing and making stationery, Voorheesville Public Library, 51 School Road, 2 p.m. Information, 765-2791.

**THURSDAY  
APRIL 15**
**BETHLEHEM**
**RECOVERY, INC.**

self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

**YOUTH EMPLOYMENT SERVICES**

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**BETHLEHEM SENIOR CITIZENS**

town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

**CLASS IN JEWISH MYSTICISM**

Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

**BETHLEHEM LUTHERAN CHURCH**

Bible study, 10 a.m.; Creator's Crusaders, 6:30 p.m.; senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

**AMERICAN LEGION LUNCHEON**

for members, guests and membership applicants, 16 Poplar Drive, noon.

**AA MEETINGS**

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

**NEW SCOTLAND**
**NEW SCOTLAND KIWANIS CLUB**

New Scotland Presbyterian Church, Route 85, 7 p.m.

**FAITH TEMPLE**

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**FRIDAY  
APRIL 16**
**BETHLEHEM**
**DUPLICATE BRIDGE**

all levels, St. Stephen's Church, Elsmere, 7:30 p.m. Information, 462-4504.

**AA MEETING**

First Reformed Church of Selkirk, Route 9W, 7:30 p.m. Information, 489-6779.

**NEW SCOTLAND**
**YOUTH GROUP MEETINGS**

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

**SATURDAY  
APRIL 17**
**BETHLEHEM**
**AA MEETING**

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

**MONDAY  
APRIL 19**
**BETHLEHEM**
**MOTHER'S TIME OUT**

Christian support group for mothers of preschool children, Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 10 to 11:30 a.m. Information, 439-9929.

**DELMAR KIWANIS**

Days Inn, Route 9W, 6:15 p.m. Information, 439-5560.

**AA MEETING**

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

**AL-ANON GROUP**

support for relatives of alcoholics, Bethlehem Lutheran Church, 85 Elm Ave., 8:30 to 9:30 p.m. Information, 439-4581.

**DELMAR COMMUNITY ORCHESTRA**

rehearsal, town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4628.

**BETHLEHEM ARCHAEOLOGY GROUP**

excavation and laboratory experience for volunteers, archaeology lab, Route 32 South. Information, 439-6391.

**TEMPLE CHAPTER 5 RAM**

Masonic Temple, 421 Kenwood Ave.

**NEW SCOTLAND**
**4-H CLUB**

home of Marilyn Miles, Clarksville, 7:30 p.m. Information, 768-2186.

**QUARTET REHEARSAL**

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

**STORY HOUR**

Voorheesville Public Library, 51 School Road, 10:30 a.m. Information, 765-2791.

**TUESDAY  
APRIL 20**
**BETHLEHEM**
**PLANNING BOARD**

town hall, 7:30 p.m. Information, 439-4955.

**TREASURE COVE THRIFT SHOP**

First United Methodist Church, 428 Kenwood Ave., 1 to 6 p.m.

**YOUTH EMPLOYMENT SERVICES**

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**DELMAR ROTARY**

Days Inn, Route 9W. Information, 482-8824.

**ONESQUETHAU LODGE 1096 F&M**

Masonic Temple, 421 Kenwood Ave.

**BECOMING A WOMAN OF FREEDOM**

women's bible study, Emanuel Christian Church, Retreat House Road, Glenmont, 9:30 to 11 a.m. and 7:30 to 9 p.m. Information, 439-3873.

**NEW SCOTLAND**
**VOORHEESVILLE PLANNING BOARD**

village hall, 29 Voorheesville Ave., 7:15 p.m. Information, 765-2692.

**STORY HOUR**

Voorheesville Public Library, 51 School Road, 10 a.m. Information, 765-2791.

**WEDNESDAY  
APRIL 21**
**BETHLEHEM**
**BC SCHOOL BOARD**

90 Adams Place, 8 p.m. Information, 439-7098.

**ZONING BOARD OF APPEALS**

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

**BINGO**

American Legion Post 1040, 16 Poplar Drive, 8 p.m. Information, 439-9819.

**YOUTH EMPLOYMENT SERVICES**

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**TESTIMONY MEETING**

First Church of Christ Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

**NORMANSVILLE COMMUNITY CHURCH**

Bible study and prayer meeting, 10 Rockefeller Road. Information, 439-7864.

**SOLID ROCK CHURCH**

1 Kenwood Ave., evening prayer and Bible study, 7 to 9 p.m. Information, 439-4314.

**BETHLEHEM ARCHAEOLOGY GROUP**

excavation and laboratory experience for volunteers, archaeology lab, Route 32 South. Information, 439-6391.

**BETHLEHEM LIONS CLUB**

Normansville Country Club, Salisbury Road, 7 p.m. Information, 439-4857.

**NEW SCOTLAND**
**MOUNTAINVIEW EVANGELICAL FREE CHURCH**

evening service, Bible study and prayer, Route 155, Voorheesville, 7:30 p.m. Information, 765-3390.

**NEW SCOTLAND SENIOR CITIZENS**

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

# THE SPOTLIGHT GUIDE TO RELIGIOUS SERVICES

**CHURCHES**
**Baptist**
**BETHEL BAPTIST CHURCH**

worship service, Sun. 10:15 a.m.; and Sun. school, 9:15 a.m.; Auberge Suisse Restaurant, New Scotland Road. Info, 475-9086.

**Christian Fellowship**

**UNITY OF FAITH CHRISTIAN FELLOWSHIP CHURCH** Sun. school and worship, Sun. 10 a.m.; 436 Krumkill Road. Info, 438-7740.

**Christian Scientist**

**FIRST CHURCH OF CHRIST SCIENTIST** service and Sun. school, Sun. 10 a.m.; child care provided, 555 Delaware Ave. Info, 439-2512.

**Community**

**BETHLEHEM COMMUNITY CHURCH** worship service, Sun. 10:30 a.m.; Sun. school, 9 a.m.; evening fellowship, 6 p.m.; 201 Elm Ave. Info 439-3135.

**CLARKSVILLE COMMUNITY CHURCH**

Sun. school, 9:15 a.m.; worship, Sun. 10:30 a.m.; followed by coffee hour, nursery care provided. Info, 768-2916.

**NORMANSVILLE COMMUNITY CHURCH** Sun. school, 9:45 a.m.; Sun. service, 11 a.m., 10 Rockefeller Road. Info, 439-7864.

**Episcopal**

**ST. STEPHEN'S EPISCOPAL CHURCH** Eucharist, breakfast, coffee hour, Sun. 8 and 10:30 a.m.; nursery care provided, Poplar Drive and Elsmere Avenue. Info, 439-3265.

**Evangelical**

**MOUNTAINVIEW EVANGELICAL FREE CHURCH** bible hour for children and adults, Sun. 9:15 a.m.; worship service, 10:30 a.m.; evening service, 6:30 p.m.; nursery care provided, Route 155, Voorheesville. Info, 765-3390.

**Eastern Orthodox**

**ST. SOPHIA CHURCH** Orthodox, Sun. 9 a.m.; service 10 a.m. 440 Whitehall Rd., Albany. Info, 489-4442.

**Lutheran**

**BETHLEHEM LUTHERAN CHURCH** worship services, Sun. 8 and 10:30 a.m.; Sun. school, 9:15 a.m.; nursery care, 8 a.m. to noon, 85 Elm Ave. Info, 439-4328.

**LORD OF LIFE LUTHERAN CHURCH**

worship meeting, Sun. 11 a.m., Bethlehem Grange Hall 137, Route 396, Beckers Corners. Info, 235-1298.

**Methodist**
**FIRST UNITED METHODIST**
**CHURCH OF DELMAR**

worship, Sun. 9:30 a.m. and 11 a.m.; church school, 9:45 a.m.; youth and adult classes, 11 a.m.; nursery care, 9 a.m. to noon, 428 Kenwood Ave. Info, 439-9976.

**FIRST UNITED METHODIST CHURCH OF VOORHEESVILLE**

worship, Sun. 10 a.m., church school, 10:30 a.m. Info, 765-2895.

**GRACE UNITED METHODIST CHURCH**

Sun. school, 9 a.m.; morning worship, 10:30 a.m.; coffee hour, 11:30 a.m.; 16 Hillcrest Drive, Ravena. Info, 756-6688.

**SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH**

worship service, church school, Sun. 10 a.m.; fellowship hour, adult education programs, nursery care provided, 1499 New Scotland Road. Info, 439-1766.

**SOUTH BETHLEHEM UNITED METHODIST CHURCH**

Sun. school, 9:30 a.m.; worship, 11 a.m.; followed by coffee hour, Willowbrook Avenue. Info, 767-9953.

**Pentecostal**

**UNITED PENTECOSTAL CHURCH** Sun. school and worship, 10 a.m.; choir rehearsal, 5 p.m.; evening service, 6:45 p.m.; Route 85, New Salem. Info, 765-4410.

**Presbyterian**

**DELMAR PRESBYTERIAN CHURCH** worship, church school, nursery care, Sun. 10 a.m.; coffee hour and fellowship, 11 a.m.; adult education programs, 11:15 a.m.; family communion service, first Sun., 585 Delaware Ave. Info, 439-9252.

**PRESBYTERIAN CHURCH IN NEW SCOTLAND** worship, Sun. 10 a.m., church school, 11:15 a.m., nursery care provided, Route 85. Info, 439-6454.

**Reformed**

**DELMAR REFORMED CHURCH** worship and Sun. school, nursery care provided, 9 and 11 a.m., 386 Delaware Ave. Info, 439-9929.

**FIRST REFORMED CHURCH OF BETHLEHEM** church school, Sun. 9:30 a.m.; worship, 11 a.m.; youth group, 6 p.m., Route 9W, Selkirk. Info, 767-2243.

**GLENMONT REFORMED CHURCH**

worship, Sun. 11 a.m.; nursery care provided; Sun. school, 11 a.m., 1 Chapel Lane. Info, 436-7710.

**JERUSALEM REFORMED CHURCH**

Sun. school, 9:30 a.m.; worship, 10:30 a.m.; followed by coffee hour, Route 32, Feura Bush. Info, 732-7047.

**NEW SALEM REFORMED CHURCH**

worship service, Sun. 11 a.m., nursery care provided, corner Route 85 and Route 85A, New Salem. Info, 439-6179.

**ONESQUETHAW REFORMED CHURCH**

worship, Sun. 9:30 a.m., Sun. school, 10:45 a.m., Tarrytown Road, Feura Bush. Info, 768-2133.

**UNIONVILLE REFORMED CHURCH**

Sun. school, 9:15 a.m.; worship, 10:30 a.m.; followed by fellowship time, Delaware Turnpike. Info, 439-5001.

**Roman Catholic**

**CHURCH OF ST. THOMAS - THE APOSTLE** Masses, Sat. at 5 p.m., and Sun. at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Info, 439-4951.

**ST. MATTHEW'S ROMAN CATHOLIC CHURCH**

Masses, Sat. at 5 p.m., and Sun. at 8:30, 10 and 11:30 a.m., Mountainview St., Voorheesville. Info, 765-2805.

**Other**

**FAITH TEMPLE** Sun. school, 10 a.m.; worship, 7 p.m., New Salem. Info, 765-2870.

**SOLID ROCK CHURCH**

morning worship, Sun. 11 a.m., 1 Kenwood Ave. Info, 439-4314.

**UNITED CHURCH IN ALBANY**

worship service and Sunday school, 11 a.m.; meditation, Thurs., 7 p.m.; Bible class, Thurs., 7:45 p.m., 725 Madison Ave., Albany. The Rev. Arthur Wells. Info., 465-2159.

**SYNAGOGUES**
**Reform**

**B'NAI SHOLOM** Fri. services, 8 p.m., 420 Whitehall Road, Albany. Info, 482-5283.

**CONGREGATION BETH EMETH**

100 Academy Road, Albany. Info, 436-9761.

**Conservative**

**CONGREGATION OHAV SHALOM** New Krumkill Road, Albany. Info, 438-7858.

**TEMPLE ISRAEL** Fri. services, 6 p.m., Sat. 9 a.m. and sundown, 600 New Scotland Ave. Info, 468-7858.

## Eastern magic



Soaring spectacles and swooping dragons will fill the Empire Center on Saturday, April 24, with the arrival of the Chinese Golden Dragon Acrobats and Magicians of Taipei. Tickets are \$15 for adults, \$7.50 for children 12 and under. For information, call 473-1845.

## SPOTLIGHT TEENSCENE

By Michael Kagan

A friend of mine rode his bicycle from coast to coast two years ago, and he said he'd be willing to do it again.

I imagine that completing that sort of endeavor gives a sense of accomplishment which others find difficult to understand.

My friend's trek took almost an entire summer vacation, and not everyone wants to put in that amount of time. However, bicycling has become one of the fastest growing recreational activities in the country, and, of course, you don't have to ride from Seattle to New England to enjoy it.

Camp Chingachgook, the regional YMCA camp, is offering a slightly shorter trip to teenagers, ages 13 to 17, this summer. From July 4 through 17, bicyclists will travel about 400 miles from Lake George, across Vermont and New Hampshire, to the Maine coast.

The bikers will prepare their own

meals and plan each day under the guidance of two adult leaders. All equipment will be carried on the bikes during the day, and the group will stay in state and private campgrounds at night.

Activities will include a day at Lake Winnepesaukee in New Hampshire, as well as a cruise and seafood dinner on the Maine coast.

The cost is \$745 for YMCA members and \$760 for non-members.

Chingachgook also offers several other outdoor trips for teenagers. There will be a bike trip on Cape Cod, a canoe trip on the Allagash in Maine and a Western travel trip. For each program, group gear, including tents, cooking equipment and food, will be provided.

For information on any of the programs, call the camping office at 373-0160 or write to George W. Painter, YMCA Camp Chingachgook, 4 Old Route 146, Clifton Park 12065.

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## Weekly Crossword

"I've Got Rhythm"

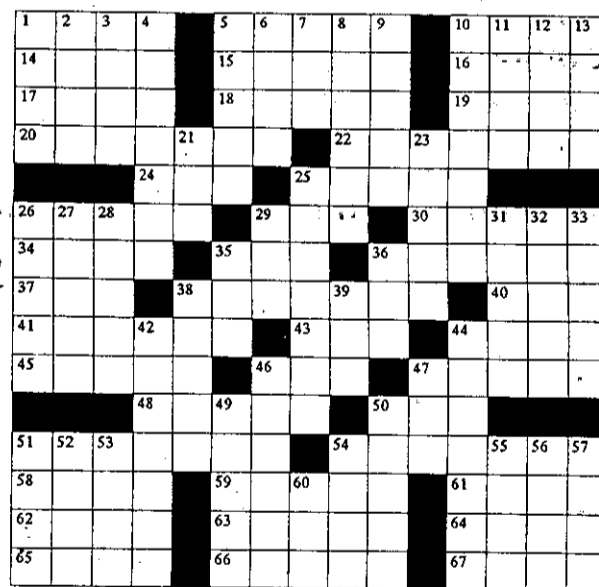
By Gerry Frey

### ACROSS

- 1 Practice boxing
- 5 Fast
- 10 The elephant boy
- 14 Ancient Irish Capital
- 15 Cheer's waitress
- 16 Spanish cheers
- 17 Mr. Cassini
- 18 Zones
- 19 Not any
- 20 Country \_\_\_\_\_ Rhythm
- 22 Waltz Rhythm Creator
- 24 Mischievous child
- 25 Swindle
- 26 Basketball feats
- 29 Bashful
- 30 Turner & others
- 34 Battery terminal
- 35 Undercover agcy.
- 36 French region
- 37 Be sick
- 38 Rhythmic
- 40 Flop
- 41 Fabric
- 43 Purchase
- 44 Pocket bread
- 45 French senate
- 46 German the
- 47 Martin Van \_\_\_\_\_
- 48 Prevent
- 50 Movie
- 51 Alps singer
- 54 Shri!l Rhythm Maker
- 58 Comedian King
- 59 Actor David
- 61 Presser
- 62 DEA agent
- 63 Poet ?
- 64 Hatching thatchery
- 65 Praying joint
- 66 Leases
- 67 "Is not" retort

### DOWN

- 1 Pack
- 2 Ale color ?
- 3 God of war
- 4 Syncopated Rhythm
- 5 Cut down vertically
- 6 Caution
- 7 Rage
- 8 Gaudy
- 9 Type of Bud
- 10 Rhythmic Instrumental Compositions
- 11 Felipe \_\_\_\_\_ Expo's Mgr.
- 12 Gazzara & Franklin
- 13 Employs
- 21 Printers measures
- 23 Recover
- 25 Small Rhythmic Group
- 26 Falling-outs
- 27 French river
- 28 Exhausted: 2 wds
- 29 Title
- 31 Lowest point.
- 32 Sharp
- 33 Coupe's relative.
- 35 Feline
- 36 One chosen at random
- 38 Inn
- 39 Belonging to us



- 42 Rhythmic Measure
- 44 Rhythmic Composer
- 46 Ridicule
- 47 Pen make
- 49 Rhythmic Male Voice
- 50 Pub measures
- 51 Jerk
- 52 Photographer Mills
- 53 Challenge
- 54 Nuisance
- 55 Pay dirt
- 56 Defeat
- 57 Aware of
- 60 French wine



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APRIL FUELS DAY

# Local performers shine in Hudson River Dance Festival

The Hudson River Dance Festival is a multicultural dance extravaganza. Presented by the Capital Ballet Company and co-sponsored by the Empire Center, the festival will celebrate the Capital District's dance history and its unique dance groups.

Performances are Saturday, May 1, at 7:30 p.m. in the Hart Theater of the Empire Center at the Egg.

The Capital Ballet Company, recently named resident ballet company at the Empire Center and a 1993 ARTS Decentralization grant recipient, has commissioned Alexander Proia, New York City Ballet soloist and choreographer, to create a new work to be premiered at this performance.

Capital Ballet's artistic director, David Otto, will also premier a new work choreographed to Pachelbel's Canon in D Major. "Minuit dans le Jardin," a premier work for "Dance for Life" last September, will also be danced.

The Irish Stepdancers, who have won over 200 Irish Dancing Awards while competing at regional and national cham-

pionships, as well as the world championships in Galway, Ireland, will also take the stage.

Other performers include:

The Moving Images Dance Co.'s scho-

**The festival will celebrate the Capital District's dance history and its unique dance groups.**

reographer, Andrea Isaacs, who is known for her mythic and ritualistic nature style involving four dimensional sculpture with a dynamic depth of spatial design.

Umoja, a uniquely exciting group of 7- to 17-year-old dancers representing exhilarating African rhythm dancing, led by Susan Wilson Dean from the Hamilton Hill Arts Center.

"Zorapad" Ukrainian Dance Ensemble, sponsored by the St. Nicholas

Ukrainian Catholic Church, will present the unparalleled strength and coordination of the unique folk dances of the Ukraine.

The Hudson River Dance Festival's host, WNYT-TV13's Chris Kapostasy, will guide the audience through the evening's program. The goal of the evening is not only to provide spectacular dance, but to relate the historical elements and the uniqueness of each dance form to the festival audience. This diversity of talent and heritage clearly lays claim to the richness of dance in the Capital District.

Each performer and audience participant will be asked to donate a food item, preferably canned, or a non-perishable which will be donated to the Food Pantries of the Capital District. This performance is supporting WRGB's benefit to assist the Food Pantries of the Capital District.

For information, call the Empire Center box office at 473-1845. Tickets are \$12 for adults and \$8 for seniors and children.



The New York City Ballet's Alexander Proia practices with Christine Miller of Saratoga Springs and Parise Sellitti of Slingerlands. Photo courtesy of Larry Abrams

## April/May/June 1993 Special Issues

### April

#### Home & Garden

Issue Date: 4/21

Deadline Date: 4/14

*One of the best read sections by our home owner readership preparing for the end of winter and the improvements of spring.*

### May

#### Automotive '93

Issue Date: 5/5

Deadline Date: 4/28

*Everyone enjoys reading about cars, trucks and motorcycles - What's old and what's new.*

#### Mother's Day (May 9)

Issue Date: 5/5

Deadline Date: 4/30

#### Kids Summer Fun

Issue Date: 5/19

Deadline Date: 5/12

*With Summer and the end of school fast approaching this new section will highlight things for kids to do, and things kids need, to wear, to play, to learn and to have fun.*

#### Memorial Day (May 24)

Issue Date: 5/19

Deadline Date: 5/14

### Anniversary Issues

Run 4 of 7 weeks between 5/5 & 6/16/93

### June

#### Colonie Building Tribute

Issue Date: 6/2

Deadline Date: 5/26

*A special tribute to the Town of Colonie Grand Opening of the New Public Safety & Public Operations facilities. (Colonie Spotlight Only)*

#### Bridal Section-(Fall & Winter Brides)

Issue Date: 6/9

Deadline Date: 6/2

*Featuring Brides, Brides, Brides and Grooms.*

#### Father's Day (June 20)

Issue Date: 6/20

Deadline Date: 6/18

#### Salute to Our Graduates Issue

Issue Date: 6/30

Deadline Date: 6/23

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## Arboretum to sponsor search for spring peepers

The George Landis Arboretum on Lape Road in Esperance will sponsor a "Peeper Prowl" on Saturday, April 10, from 7 to 8:30 p.m.

Participants will search for the spring peeper, the smallest frog native to the area. The program is free and will be conducted regardless of weather conditions.

Participants should dress for the outdoors, wear waterproof footwear and bring flashlights.

For information, call 875-6935.

## Arbor Day celebration to include stories, songs

Arbor Day will be celebrated on Saturday, April 24, from 1 to 4 p.m. at the George Landis Arboretum on Lape Road in Esperance.

Activities will include songs and story sessions, tree plantings, nature walks and tree identification. The main event will be the awarding of prizes to the winners of the 1993 Arbor Day poster and essay contest.

For information, call 875-6935.

## HVCC and RCCA to host kids summer arts programs

Visual and performing arts camps will be sponsored this summer by RCCA: The Arts Center and Hudson Valley Community College.

The performing arts camp will be at the HVCC Troy campus beginning June 28, and will consist of two two-week sessions and two one-week sessions. The visual arts camp will be at the Arts Center, 189 Second St., Troy, and will begin on July 6. It will consist of four two-week sessions and one one-week session.

Each camp session includes workshops for two age groups, 7 to 10 and 11 to 14. Each will feature hands-on activities in art forms ranging from jewelry to sculpture in the visual arts camp and instrument-making to video in the performing arts camp.

The camp will run from 9 a.m. to 4 p.m. with two morning and two afternoon workshops, snack breaks and a lunch-time recess each day.

The visual arts camp fees are \$220 plus \$40 for materials for two-week sessions and \$110 plus \$20 for the one-week session.

The performing arts camp fees are \$220 plus \$25 for two-week sessions and \$110 plus \$12 for the one-week session.

For information, call 273-0552.

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**BABYSITTING HELP WANTED**

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DROP-in childcare program at local church needs sitter to work Fridays, 9:30 a.m. to 12 noon. Call Debbie, 439-9976.

SEEKING reliable nanny/housekeeper, flexible hours, references necessary, 475-9479.

SUMMER babysitting job, two children, transportation required, 439-2312.

**BEAUTY CARE**

FABULOUS FINGERTIPS can be yours. Nail tips, sculpturing, manicures, private setting. Call Kristin, 439-4692.

**BOATS FOR SALE**

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BOAT AUCTION: Sealed bid sale, April 17-25, vying and bid submission. Over 65 boats, power and sail, privately owned, you make the deal. Call Bob or Jeff, (516)298-4770.

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RETAIL VEGETABLE Farm seeks personable college students for farm stand sales/field work. Approx 5/25/93 - 9/6/93. Private room, board, salary. Walk - ocean. Apply: Summer Job, Box 111, Bridgehampton, New York 11932. Call (516)537-1377.

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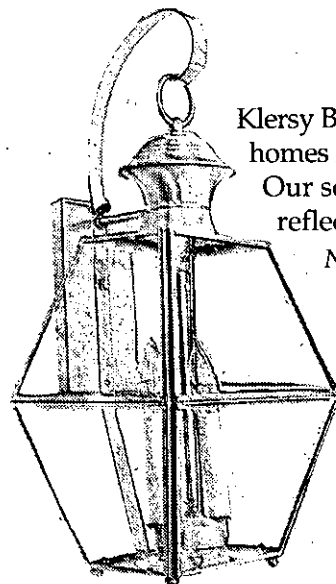


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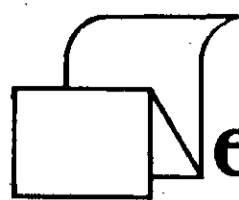
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## State historic site slates spring and summer events

The Crailo State Historic Site, a museum of Dutch history and culture in the Hudson Valley, will open for the summer season on Thursday, April 15.

The nearly 300-year-old fortified farmhouse, located on the banks of the Hudson River in Rensselaer, will be open every Wednesday through Saturday from 10 a.m. to 5 p.m., and Sundays from 1 to 5 p.m. through Oct. 31.

Upcoming events at Crailo include a "Preservation Week" open house on Saturday, May 15, from 10 a.m. to 4 p.m., with the theme of Crailo in the 1930s.

The Yankee Doodle Band will perform open-air concerts across the street from Crailo from 7:30 p.m. to dusk on June 10, July 15 and Aug. 19.

Crailo staff will present an enrichment

program for children ages 7 to 12 from 2:30 to 3:30 p.m. on June 24, July 8, July 22, Aug. 6 and Aug. 20. A materials fee will be charged, and pre-registration is required.

Crailo's Family Day, scheduled on Sunday, Aug. 1, from 1 to 4 p.m., will feature an open house and colonial games. The staff will also host open houses during the Crailo Neighborhood Association's festival in September, and at the end of the season on Oct. 31 from 1 to 3:30 p.m.

Tours, concerts and open houses are free and do not require registration. For information, call 463-8738.

Crailo is on Riverside Avenue in Rensselaer, just south of routes 9 and 20. From Albany, take the first right after crossing the Dunn Memorial Bridge.

## Arts center schedules drawing session

RCCA: The Arts Center, 189 Second St., Troy, will host a workshop on drawing and painting on Saturday, April 24, from 10 a.m. to 4 p.m.

Taught by Nancy Andell, an art teacher at Taconic Hills High School, the program is designed for all ability levels and will focus on still-life art. Each participant should bring an object to be used for the

picture.

Weather permitting, the class will meet outdoors, devoting the morning to drawing. After lunch, the class will concentrate on watercolor, acrylic or gouache paints.

The fee for the class is \$55, or \$45 for RCCA members.

For information, call 273-0552.

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## LEGAL NOTICE

**NOTICE TO BIDDERS**  
NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Precast Concrete Manhole Blocks during the period from 1 May 1993 through 30 April 1994 inclusive, for the use of said Town, as and when required. Bids will be received up to 2:10 p.m. on the 12th day of April 1993 at which time such bids will be publicly read aloud at the Town Hall, 445 Delaware Avenue, Del-

## LEGAL NOTICE

mar, New York. Bids shall be addressed to Mr. Kenneth J. Ringler, Jr., Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York. The Town Board reserves the

## LEGAL NOTICE

right to waive any informalities in and/or reject any or all bids.  
BY ORDER OF THE TOWN BOARD  
OF THE TOWN OF BETHLEHEM  
Kathleen A. Newkirk  
TOWN CLERK  
Dated: March 24, 1993  
(April 7, 1993)

## NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Iron Castings, specifically Heavy Highway Frames and Grates, Heavy Highway Manhole Frames and Covers, and Light Duty Frames and Covers during the period from 1 May 1993

## LEGAL NOTICE

through 30 April 1994 inclusive, for the use of said Town, as and when required.  
Bids will be received up to 2:00 p.m. on the 12th day of April 1993 at which time such bids will be publicly read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Mr. Kenneth J. Ringler, Jr., Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

## LEGAL NOTICE

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BY ORDER OF THE TOWN BOARD  
OF THE TOWN OF BETHLEHEM  
Kathleen A. Newkirk  
TOWN CLERK  
Dated: March 24, 1993  
(April 7, 1993)

## NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Precast Reinforced Concrete Manhole Sections during the period from May 1, 1993 through April 30, 1994 inclusive, for the use of said Town, as and when required.

Bids will be received up to 2:20 p.m. on the 12th day of April 1993 at which time such bids will be publicly read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Mr. Kenneth J. Ringler, Jr., Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

## LEGAL NOTICE

The Town Board reserves the right to waive any informalities in and/or reject any or all bids.  
BY ORDER OF THE TOWN BOARD  
OF THE TOWN OF BETHLEHEM  
Kathleen A. Newkirk  
TOWN CLERK  
Dated: March 24, 1993  
(April 7, 1993)

## PUBLIC NOTICE

Notice is hereby given that the Planning Board of the Town of New Scotland, New York, will hold a public hearing pursuant to Section 4.401 of the Zoning Ordinance on the following proposition:

Special Use Request No. 346  
Request of Robert C. Geel for a Special Use Permit to allow for the replacement of a Mobil Home with one approximately 25% larger, being a Special Use of Article III Section 3.502.1 for property owned by Robert C. Geel situated as follows: On the North side of Tarrytown Road, approximately 1/4 mile West of the intersection of Route 32 and Tarrytown Road.

Said hearing will take place on the 13th of April, 1992 at the New Scotland Town Hall beginning at 7:00 o'clock P.M.

Dated: April 2, 1993  
s/Robert Stapf  
Chairman, Planning Board  
(April 7, 1993)

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Auto., A/C, PS, PB, PW, AM/FM Stereo, Miles from 14,426 TO 23,881. Previous Rental. Was \$13,995.

**NOW \$11,995\***

### 1992 LINCOLN TOWN CAR



Auto., A/C, PS, PB, PW, AM/FM Stereo, Carriage Top, 22,558 Miles. Previous Rental. Was \$21,995.

**NOW \$20,995\***

### 1992 FORD MUSTANG LX



Auto., A/C, PS, PB, AM/FM Stereo, 21,247 miles. Previous Rental. Was \$9,995.

**NOW \$7,995\***

### 1992 FORD TEMPO GL



Auto., A/C, PS, PB, AM/FM Stereo, Miles from 15,709 to 25,606. Previous Rentals. Was \$9,995.

**NOW \$7,995\***

### 1992 FORD TAURUS GL WAGON



Auto., A/C, PS, PB, PW, AM/FM Stereo, Miles from 21,949 to 26,098. Previous Rentals. Was \$15,495.

**NOW \$13,995\***

### 1991 FORD BRONCO EDDIE BAUER



Auto., A/C, PS, PB, PW, AM/FM Stereo, 4x4, 351 V8, 30,484 Mi. Previous Company Service Vehicle. Was \$19,995.

**NOW \$17,995\***

### NEW! 1993 PROBE 3 DOOR

Stock #P129. Vibrant White, 5 Speed, Tilt Wheel, Dual Electric Mirrors, Electric Defroster, Convenience Group, AM/FM Stereo, Tinted Glass & More!



Original Price \$12,598  
Less Rebate -500  
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Less Young Buyers Rebate -300  
(if eligible)

**4 IN STOCK FINAL PRICE \$11,795\***

### NEW! 1993 ESCORT LX WAGON

Stock #P514. White, Air Conditioning, Power Steering, Electric Defroster, Light Convenience Group, Luggage Rack, Rear Wiper Washer and More!



Original Price \$10,067  
Less Rebate -400  
Special Price \$9,667  
Less Young Buyers Rebate -300  
(if eligible)

**8 IN STOCK FINAL PRICE \$9,367\***

### 1993 THUNDERBIRD LX 2DOOR

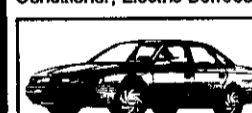
Stock #P290. Electric Red, 3.8 Liter V6, Automatic, Auto., Air Conditioning, Electric Defroster, Dual Illuminated Visor Mirror, Power Antennae, Cast Aluminum Wheels, Tilt Wheel, Speed Control, Power Windows, Tinted Glass, More!



**SPECIAL PRICE \$14,999\***

### 1993 TAURUS GL 4DOOR SEDAN

Stock #P681. Caribbean Green, 3.0 Liter V6, Automatic O/D, Air Conditioner, Electric Defroster, Tinted Glass, AM/FM Stereo.



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CAR IN AMERICA!**

Original Price \$14,899  
Less Rebate -500  
**FINAL PRICE**

**8 IN STOCK \$14,399\***

### NEW! 1993 TEMPO GL 4DR

Stock #P607. White, Automatic, Air Conditioning, Light Group, Dual Electric Mirrors, Tilt Wheel, Electric Defroster, AM/FM Stereo, Tinted Glass and More!



Original Price \$12,699  
Special Price \$10,999  
Less Rebate -500  
Less Young Buyers Rebate -300  
(if eligible)

**4 IN STOCK FINAL PRICE \$10,199\***

### NEW! 1993 AEROSTAR WAGON

Stock #PT400. Med. Platinum, Auto., 3.0 V6, 7 Passenger w/Dual Captain Chairs, A/C, Privacy Glass, Deluxe Paint Stripe, Speed Control/Tilt Wheel, Automatic O/D.



Original Price \$15,595  
Less Rebate -1,000  
**FINAL PRICE**

**ONLY 3 IN STOCK AT THIS PRICE \$14,595\***

\*plus tax,  
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## Driving costs drop despite car price hikes, AAA says

Despite an average \$270 jump in the price of a new American car, motorists won't have to pay more to own and operate that vehicle in 1993, reports the American Automobile Association.

According to the 1993 edition of AAA's "Your Driving Costs," motorists who drive 15,000 miles a year will pay an average \$5,804 in ownership and operating expenses — down \$16 from 1992. The average cost per mile dipped .1 cent to 38.7 cents.

AAA's driving cost estimates are based on computations made by Runzheimer International of Rochester, Wis., a management consulting firm specializing in transportation, travel and living costs.

Two factors contributed to the decrease in 1993's driving costs: higher insurance deductibles and lower finance charges. To help control expenses, motorists are raising their comprehensive insurance deductible from \$100 to \$250 and their collision insurance deductible from \$250 to \$500, AAA said.

Driving costs last decreased in 1984, dropping \$120 to

\$3,450. The cost per mile that year fell .8 cent to 23 cents.

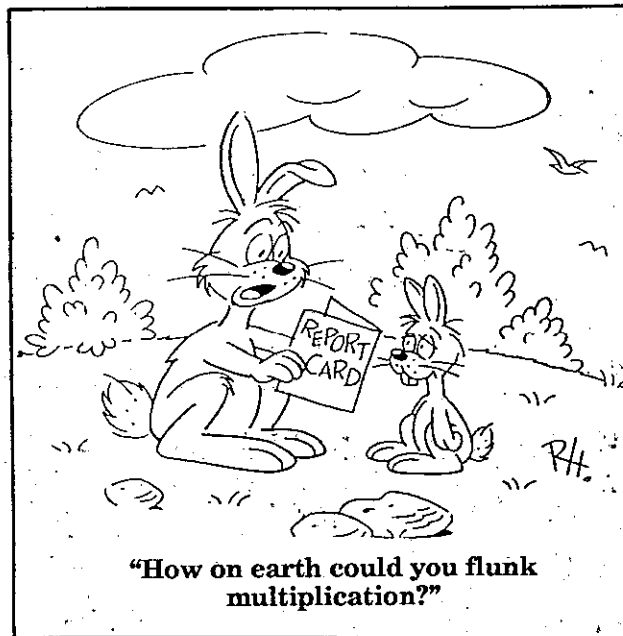
The average per mile cost of gas, oil, maintenance and tires is up .2 cent from 1992, to an average 9.2 cents this year.

AAA's driving costs are based on a composite national average for operating three domestically built passenger cars: a subcompact Ford Escort LX, a mid-size Ford Taurus GL and a full-size Chevrolet Caprice.

These vehicles are equipped with air conditioning, automatic transmission, AM/FM stereo, cruise control, power disc brakes, power steering, rear window defogger, tilt steering wheel, tinted glass and emission equipment in California.

According to "Your Driving Costs," 1993 average driving expenses varied from a year ago as follows:

- Depreciation increased \$113, from \$2,717 in 1992 to \$2,830 in 1993.
- Vehicle maintenance costs rose .2 cent per mile, from 2.2 cents in 1992 to 2.4 cents in 1993.



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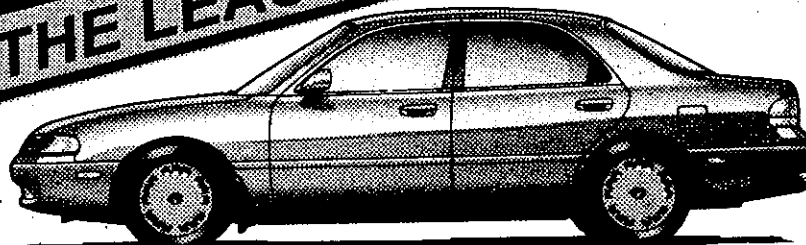
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\*Based on 48 month closed-end lease. Sales tax, first month's payment, \$200 security deposit, \$1,500 capitalized cost reduction & motor vehicle fees due at lease inception. Mileage charge of 10¢ per mile over 60,000 allowed miles at lease end. Customer responsible for maintenance, insurance & excess wear & tear. Total of payments: \$9,552. Must be credit qualified through Mazda American Credit Corp. Customer may purchase vehicle at lease end. \*\*Free cellular phone offer contingent upon new activation for 24 month continuous service and credit approval by Cellular One Albany Telephone Co.

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**\$17999**

### 1993 Buick Regal Custom



4dr., V6, auto, air cond., p/windows, p/locks, cruise, tilt, AM/FM stereo, MSRP \$18,296, stk# R0054

**\$15463**

### 1993 Buick Skylark Custom



4dr., V6, auto, air cond., anti-lock brakes, p/locks, AM/FM stereo, Dyna-ride suspension, delay wipers, MSRP \$14,983, stk#S0027

**\$13398**

## SPECIAL PURCHASE

### 1992 Buick Regal Custom

4dr., automatic transmission, air conditioning, power locks, tilt wheel, cruise, delay wipers, 21,027 miles, stk#B1894

**\$10995**

### 1992 Pontiac Sunbird

4dr., automatic transmission, air conditioning, anti-lock brakes, AM/FM stereo & more, 18,341 mi., stk#1882

**\$7995**

### 1992 Buick Skylark

4dr., automatic transmission, air conditioning, anti-lock brakes, power locks, AM/FM stereo & more, 16,214 miles, stk# B1846

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