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## Take me out to the Ballgame

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Family Section Page 17

Vol. XXXVII No. 35

The weekly newspaper serving the Towns of Bethlehem and New Scotland

August 25, 1993

50¢

### Elm Ave. neighbors petition for traffic changes

By Mel Hyman

Chris Beling lives just a short distance from the Elm Avenue Park, so she normally chooses to walk to the playground with her infant son.

She has learned better. "Trying to cross that intersection (in front of the park) with a baby can be horrific," she said.

Beling was at the town Traffic Safety Committee meeting last week to present more than 30 petitions on behalf of Elm Avenue residents fed up with speeding motorists, large trucks and near accidents.

"I invite you to stop by and have coffee on my porch," she told board members, "so you can view the situation firsthand. ... People who live on Elm Avenue take their cars" to the park because of the hazardous traffic conditions, especially during the summer.

"People just barrel down that road," she said. "A lot of commercial traffic cuts through instead of remaining on the state roads."

The petitioners requested the following steps be taken:

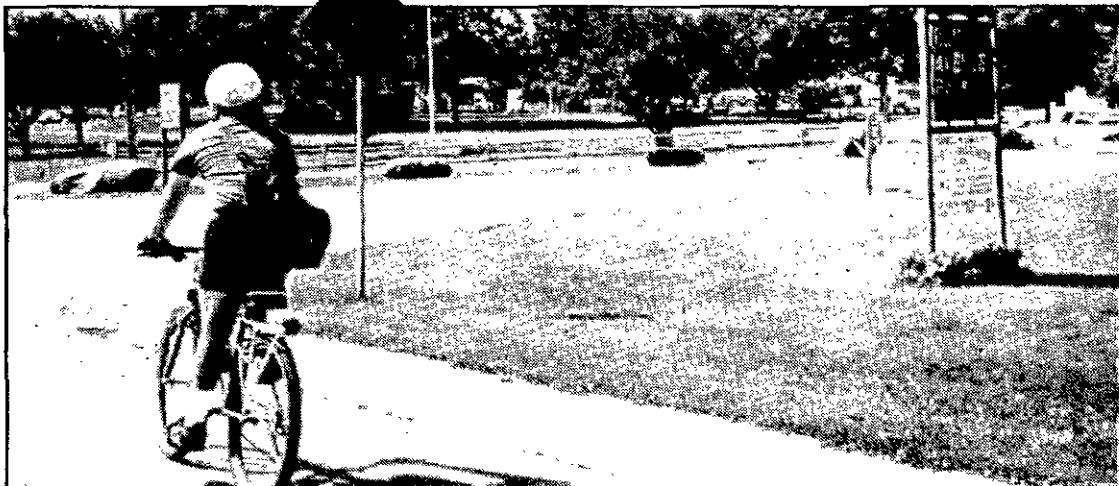
- Elm Avenue South should become a one-way street with traffic flowing westbound (from Feura Bush Road to Route 32/Elm Avenue Park).

- A flashing red light should be installed at the intersection of Elm Avenue South and Route 32/Elm Avenue Park.

- The speed limit should be reduced from 35 to 30 mph along the entire length of Elm Avenue South with strict enforcement by police.

- A bike lane should be installed along the entire length of Elm Avenue South for safer access to Elm Avenue Park.

□ PARK/page 28



A bicyclist heads toward the Elm Avenue Park. Neighbors living in the vicinity say the four-way intersection at the park's entrance poses a danger to pedestrians and bicyclists. The Bethlehem Traffic Safety Committee is checking into their concerns.

### V'ville board president says teachers don't need big hike

By Dev Tobin

After eight months of fruitless negotiations over a new contract, the Voorheesville Central School District's board of education declared last week that an impasse had been reached with the 95-member Voorheesville Teachers Association.

The school board's position, according to board president John Cole, is that the recent increases in teachers' salaries above the rate of inflation must be moderated

because of the "fiscal realities" faced by the district.

"Teachers are well-compensated now, and don't need increases in excess of inflation," Cole said. "During the 1980s, school boards spent a great deal of effort to get the pay scales up. We were challenged by the public and the state to do it and we did."

VTA president Richard Mele agreed

□ TEACHERS/page 28



Volunteer litter pickers from the Voorheesville DOT garage include, from left, Mike Kendrick, Susan Secor, Shane Gilchrest, Paula Laime and Danny Baker.

Dev Tobin

### Local DOT crews pitch in off the clock in cleanup blitz

By Dev Tobin

With more than 80,000 cars a day, I-90 from Exit 1 to Exit 4 is one of the most heavily traveled roads in the Capital District and is also a gateway for visitors coming from the north and west.

As a result, the road had built up quite a large accumulation of litter — unsightly for visitors and commuters alike. But all that changed last week, thanks to the volunteer efforts of workers from the state

□ DOT/page 28

*Be safe not sorry*

Crash dummies Larry (Lorraine Smith of Selkirk Cogen) and Vince (Wendy Furman of GE Plastics) have fun with Bethlehem Police Officer Jeff Vunck and Ryan Randell at the town's Safety Awareness Day at Elm Avenue Park Saturday. *Blaine McLean*

# New BC assistant happy to return to native NY

By Dev Tobin

The cool green hills of upstate New York are an invigorating change of scene for Bethlehem Central High School's new assistant principal Alida Smith, who comes to New York from the increasingly-crowded beaches and freeways of southern California.

"It's absolutely gorgeous here," said Smith, adding that she "chuckles" at what locals consider to be traffic congestion.

Smith, 45, and her husband Bruce, both native New Yorkers, just completed a whirlwind month in which she interviewed and got the BCHS job, packed up and moved cross-country, and found a nice house in Slingerlands to rent.

"It's been a most exciting and busy four weeks," she said.

An English teacher who be-



Alida Smith

came a site administrator (similar to an assistant principal) at Edison High School in Huntington Beach, south of Los Angeles, Smith and her husband had decided to re-

turn east six years ago, and she began looking for a job in earnest after he was offered a position with Professional Decision Making in Colonie.

"I came out in May to look, but thought it was too late" to find anything for September, she said.

She applied for the BCHS post, and after a first interview over the phone, flew out for a second interview on July 4.

"As we came in to land, the fireworks were going off in Albany. I thought, 'This is prophetic,'" she recalled.

She got the \$55,000-a-year job two days later, then set about looking for a place to live.

"We had no time to sell our condo in California and buy here, so we were looking for a place to rent for now," she said.

After looking at "small apartments" for several days, the Smiths were advised by a waitress at the Four Corners Luncheonette to check *The Spotlight*. Consequently, they were able to rent a house in Slingerlands "where my

**As we came in to land, the fireworks were going off in Albany. I thought, This is prophetic.**

Alida Smith

husband can experience mowing grass and shoveling snow," she joked.

In her new job, Smith will be responsible for discipline for freshmen and juniors, and will share responsibilities for student activities, instructional leadership, school plant and school safety with BCHS' other assistant principal, Richard Bassotti.

"I'm excited about being here," she said. "The staff is so friendly — very helpful and understanding."

In California, Smith taught English and was the school's staff development coordinator, in addition to her other administrative responsibilities. She has also taught writing, English and teaching at the college level.

Superintendent Leslie Loomis said that Smith's "tremendous breadth of experience" made her stand out among the other candidates for the job.

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**COHOES**

# Seniors help freshmen adjust to high school

By Susan Graves

Bethlehem Central is rolling out the red carpet for incoming ninth-graders this year, with a day designed to provide much more than the routine trial run through the daily schedule.

In the past, freshmen orientation began a day before school opened so that the students could get acquainted with their new surroundings.

But that's about all they got to know. The idea was to have them learn their way around, said Principal Jon Hunter. "They were becoming comfortable with the building, not the people," since no upperclassmen were at school during orientation.

At the end of the school year, Hunter said, he approached a number of this year's seniors to see if they would like to participate in orientation.

Hunter said the students liked the idea and "took ownership" of it. Consequently, the class of '97 will get a leg up on their high school careers.

"Dr. Hunter proposed the idea, and we took it from there," said Mike Fritts, senior class president.

In the spring, Fritts and several other seniors met with eighth-graders on the middle school student council, who were receptive to the idea of a picnic and games along with the opportunity to talk to upperclassmen before school starts.

The new approach to orientation "might dispel some of the myths about high school and make them feel more comfortable," said Fritts.

Hunter said the picnic should be a more relaxed way for the ninth-graders to get acquainted.

"It's a way to meet students and get a sense of what the people of this school are all about," he said.

About 30 seniors will welcome the incoming class of 275 on the day before school officially opens.

Two local organizations, Bethlehem Opportunities and Bethlehem Networks Project are helping to organize the special day for freshmen. The all-day event, including hot dogs, hamburgers, T-shirts, games and prizes, should help set the tone for the school year.

This year's freshmen orientation is designed to help with the



BCHS seniors Zach Hampton (left) and Mike Fritts (right) will help freshmen like Mandy Genovese make a smooth transition to high school. *Sue Graves*

transition from middle to high school. Smooth transitions "lead to successful and more healthy careers," Hunter said. "We're excited about it."

And so are the seniors and ninth-graders.

"I wish I had it when I was a

freshman," said Zach Hampton, senior class vice president. "I think it's very important that they start off on the right foot. ... It also brings the senior class together a bit more."

Incoming ninth-grader Mandy Genovese is looking forward to

orientation. "It's a good way to get acquainted and help freshman fit in a little better," she said.

Fritts said the seniors will probably keep track of the freshman. "We might go to the home-rooms in early October to see how they're doing."

## Haggerty's to re-open

By Mel Hyman

Tom and Diane Acosta, owners of Haggerty's Restaurant & Pub, have rescued their business from the clutches of the IRS.

Shortly before the contents of their restaurant were to go on the auction block on Thursday, Aug. 19, the Acostas paid the federal government \$10,000 in satisfaction of all judgments filed against them.

The ominous-looking IRS notice that had been on the front door of the Delaware Avenue establishment since mid-June was replaced last week by a simple two-word announcement: "We're back."

Indeed the Acostas are, and they plan on making their second go-around as exciting as the first and, hopefully, more profitable.

Diane Acosta attributes part of the problem with the IRS to debts incurred by the former owner that were passed on to them. For many years, the restaurant/bar operated

under the name of The Shanty.

"We were very shocked that they would close a small business like this when there are a lot of others who owe quite a bit more," she said. "We were in the process of making payments. Apparently it wasn't enough."

**The people in Delmar have supported us from the beginning.**

Diane Acosta

Business had been up about 10 percent this year over last, she noted. "That's what made it so disappointing."

Acosta said the couple had "nothing negative to say" about the closure because it allowed them time to enjoy the summer and be with their children.

"The people in Delmar have supported us from the beginning, and we've met a lot of nice people who were loyal customers," Diane continued.

"When the doors were closed, we received a number of calls at home from people asking if they could do anything," she recalled. "People stopped by when they saw us picking up the mail. We were even given some credit references, which helped us get a loan" to pay off the IRS.

Haggerty's will open again for business on Wednesday, Sept. 1. A grand re-opening party is planned for Thursday, Sept. 2, with drink specials all day and music by Rick Bedrosian and friends.

## Crime-fighting K-9s convene here

By Mel Hyman

For the week of Aug. 30 to Sept. 3, the town of Bethlehem should be an especially safe place to live.

That's because police officers from across the country, along with their trained K-9s, will be in town for the fourth annual National Police K-9 Tactical Deployment and Decoy Seminar.

Michigan and Massachusetts state police will be represented, along with the Oklahoma Highway Patrol, the Roanoke, Va., city police and the New York City police.

The five-day seminar drew about 1,300 law enforcement people last year. "We expect even more this year," said Bethlehem K-9 police officer Wayne LaChappelle. Grando, the Bethlehem Police Department's K-9, will also participate.

In addition to seminars on subjects such as narcotics detection and building searches, there will be a helicopter airlift for K-9 teams for the simulated tracking and apprehension of armed and dangerous felons.

The Albany County Correctional Facility and the Albany County Airport will be used for training sessions, as will various points in Bethlehem such as Elm Avenue Park, Bethlehem Central High School and the Niagara Mohawk facility off Route 9W. The town hall will serve as the operations center.

Elm Avenue Park will be used as a landing site for helicopters. Other more rural areas of town will be used for tactical gunfire scenarios and mock drug raids.

Several companies have in-



Bethlehem Police Officer Wayne LaChappelle and Grando prepare for the K-9 convention. *Mel Hyman*

quired about making a film of the proceedings, LaChappelle said. "It's getting bigger than we anticipated."

A public demonstration of the

ways in which police dogs can take a bite out of crime is scheduled at 6 p.m. Thursday, Sept. 2, at the high school on Delaware Avenue.

### Town board tackles homestead

At its meeting tonight, the Bethlehem Town Board will discuss what to do with the controversial homestead provision.

Under the provision adopted last year, business and farm properties are taxed at a slightly higher rate than residential properties.

The board can choose to retain the homestead option, remove it or change the formula. The board meeting begins at 7:30 p.m.

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# BC continuing ed to stretch the mind

By Dev Tobin

Continuing education will be more than aerobics and crafts this fall as the Bethlehem Central School District will offer three academic courses in the new Bethlehem Humanities Institute of Lifelong Learning.

The courses in art, literature and music will be college-level, with lectures and participatory discussion, but without tests and papers, according to Judith Wooster, assistant superintendent for instruction.

"The program reinforces the nature of learning as a lifelong pursuit," Wooster said. "It fills a niche in continuing education, providing a rigorous academic option for those who want it."

The idea for the institute came from Helen Adler of Delmar, a retired BCHS English teacher who has been lecturing on "important books" for nine years at the Bethlehem Public Library.

"My lectures have attracted a steady audience, with many people going to a great deal of trouble to attend," said Adler, noting that she believes, "no question," that the new courses will attract enough students.

"I think Bethlehem will be turned on to the idea of lifelong



Charlotte Turoff prepares for Manet or Monet? Impressionism in Art at her Delmar home.

Dev Tobin

learning," she said.

Wooster met with several dozen interested people, mostly senior citizens, to decide on the content and structure of the program.

"These folks are into the rigor of it," she said. "They say it keeps your mind young."

Adler said Wooster deserved credit for working with the group, "for making it possible" to set up the precedent-setting program. Adler added that she plans to take all three courses offered this fall.

By consensus, the group decided to focus on the arts for the institute's first offerings.

The courses this fall are Monet or Manet? Impressionism in Art, taught by Charlotte Turoff of Delmar (an adjunct professor of art at Siena College); Talking Back to Shakespeare, taught by Martha Rozett of Albany (an English professor at SUNY Albany); and Conversations in Music, taught by Max Lifchitz (a pianist and music professor at SUNY Albany).

Turoff said she was looking forward to the course because it's "instructive to work with other adults and get their insights."

Her course will "put in context the art of the Impressionists," Turoff said. "We will look at how

revolutionary Impressionism was, where it came from and where it went."

Besides studying the art of the Impressionists, the course will also look at the history and culture of late 19th-century France.

After the course, students will have no difficulty distinguishing between Manet and Monet, two very different artists who are frequently confused because their names are so similar, Turoff said.

Rozett's Shakespeare course will examine four plays in detail—*Much Ado about Nothing*, *Henry V*, *King Lear* and *As You Like It*.

"I don't expect students to have any prior knowledge of Shakespeare, just an interest in Shakespeare," she said.

Students will be expected to have their own copies of the plays, and to read them closely, Rozett said.

The title of Rozett's course is also the title of her forthcoming book, in which she examines how readers, audiences and artists respond to the Bard.

Lifchitz said his course will be "basically a way to learn about music that can be applied to all kinds of music, not just classical."

Through listening to different styles of music from different eras, students will "build up a vocabulary" so they can knowledgeably discuss and appreciate music, he added. "My aim is to increase listeners' pleasure."

Lifchitz emphasized that stu-

dents need no musical background or training to take the course.

All courses meet for six weeks. The art course meets Mondays from 10 a.m. to noon in the district offices at 90 Adams Place; the literature course meets Tuesdays, same time, same place; and the music course meets Wednesdays from 1 to 3:30 p.m. in town hall, 445 Delaware Ave.

Registration is \$25 for district residents and \$32 for non-residents. Registration information will be sent out to district residents as part of the continuing education flyer, and non-residents can receive the information by sending a self-addressed, stamped envelope to Wooster at 90 Adams Place.

## Bicentennial parade to step off at 3 p.m.

The Bethlehem Bicentennial Parade will take place on Labor Day, Monday, Sept. 6, at 3 p.m.

More than 1,000 participants are expected to travel to Bethlehem to help celebrate the birthday. The parade route is straight down Delaware Avenue from Oakwood Place, ending at the high school.

## Mothers Time Out to meet at church

Mothers Time Out, a Christian support group for mothers of preschoolers, will meet Monday, Sept. 13, at the Delmar Reformed Church, 368 Delaware Ave. in Delmar, from 10 to 11:30 a.m.

The group meets each Monday. Child care is provided.

For information, call 439-9929.

## Rensselaerville unit sets chicken barbecue

The Rensselaerville Volunteer Fire Department on Route 85 will host a chicken barbecue on Saturday, Aug. 28, from 4 to 7 p.m.

Dinner is \$7 for adults and \$4 for children.

A performance of the original play "The Captive Boys of Rensselaerville," by Richard Creamer, will follow the dinner at 8 p.m. The play will be staged in Conkling Hall in Rensselaerville.

For information, call 797-3684.

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# BC tennis aces fulfill early promise

By Dev Tobin

The yellowing newspaper clipping from 1985 tells the story of a new tennis academy for youngsters at Southwood Tennis Club, that attracted what became the core of the Bethlehem Central High School varsity tennis team.

BCHS and University at Albany grad Phil Ackerman said in the March 27 story in *The Spotlight* that his goal was to train elementary school-age kids for competition, leading hopefully to a "dynasty of the '90s."

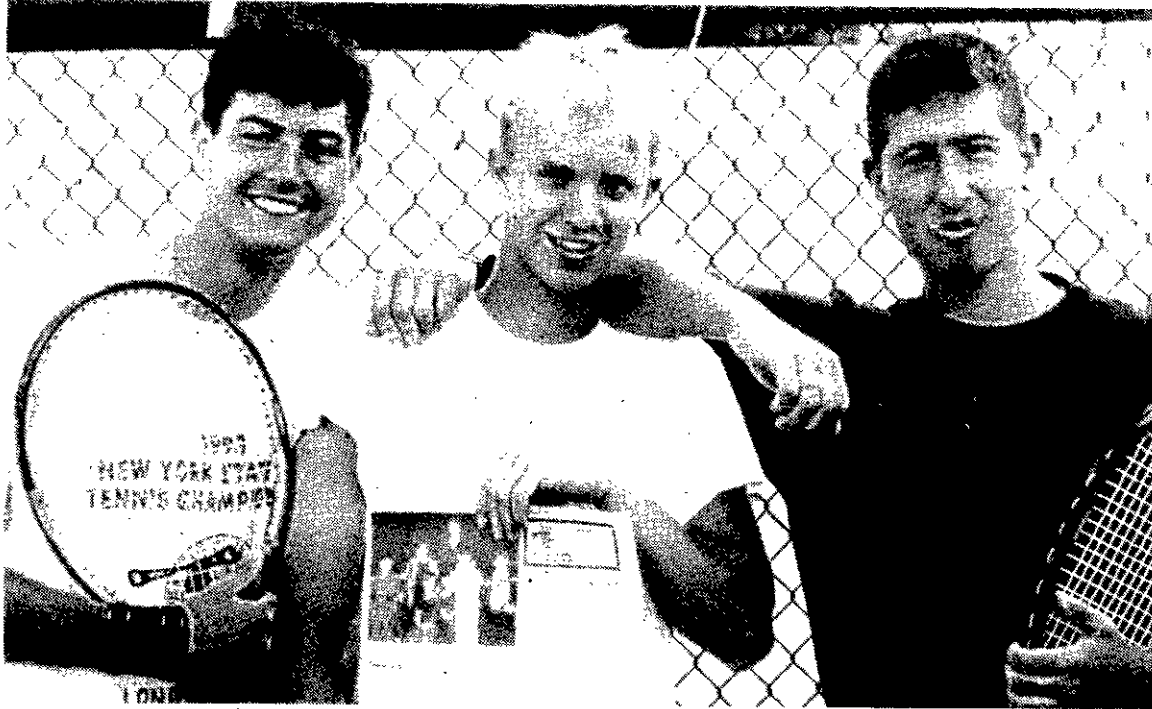
The headline of the story ("Tennis sprites head for big time") and Ackerman's prediction proved to be accurate, as three of his charges — David Rosenberg, Jeremy Bollam and Bryan Staff — played the top three positions on the varsity team this year.

The three friends also continued a tradition of traveling to meet tougher competition when they qualified for the state high school tournament on Long Island this year. The 1985 story tells of their trip to the Eastern Sectional Championships for age 10 and under in Brooklyn that year.

Ackerman said that competing in metropolitan tournaments like the Eastern Sectionals provided his students with better exposure and experience than they could get playing in local tournaments.

The experience evidently paid off, as the boys made the varsity five years ago, when Bollam was a seventh-grader and Rosenberg and Staff were in eighth-grade.

"They've stayed good friends and competitive players through



Graduation will break up the tennis trio of, from left, Bryan Staff, Jeremy Bollam and Dave Rosenberg after nine years of playing together.

the years," said Stephanie Bollam, Jeremy's mother.

Rosenberg and Staff graduated in June and are off to college (Franklin & Marshall and Cornell, respectively) and Jeremy Bollam will likely be the number-one ranked player on the BC varsity next year.

Tennis, from Ackerman's pre-teen program through the varsity interscholastic program at BC, has helped her son "understand that winning isn't everything, and taught him the importance of sportsmanship, self-control, giving 100 percent effort and remaining positive," Bollam said.

## Annual auction slated

The 38th annual Lord's Acre auction, fair and chicken barbecue will take place at Trinity United Methodist Church, Route 143, Coeymans Hollow, on Saturday, Sept. 18, rain or shine.

The variety booths will open at 10 a.m.; the auction will begin at 2 p.m.; and the chicken barbecue will be served from 4:30 to 7 p.m.

For information, call 756-2812.

## Bethlehem chamber sets September lunch

The Bethlehem Chamber of Commerce's September membership luncheon will take place on Wednesday, Sept. 15, at the Normanside Country Club in Delmar at noon.

Speakers will be from the Center for Economic Growth and the League of Women Voters.

The cost is \$10 and reservations are required by Sept. 13. For information, call 439-0512.

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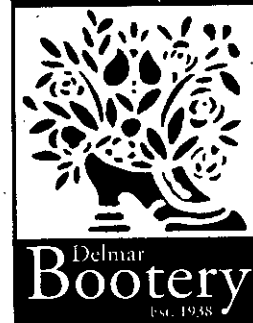
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## Matters of Opinion

### One time when everyone wins

Joint endorsement of the proposed new Albany County charter, by the Republican County Executive and the Democratic chairman of the County Legislature was a big and welcome step toward its adoption by voters on Nov. 2.

Harold Joyce was right when he called the bipartisan support that he and Mike Hoblock gave the charter draft "an example of how the process is supposed to work."

He conceded that even though the two leaders were not in agreement on every aspect, "we agree the new charter moves the county in the right direction and should be adopted."

Success of the revised charter is "not a Republican or Democratic issue," said Mr. Hoblock, but rather it deserves and needs support "of persons from all political persuasions."

Their unusual appearance together in common cause was intended to encourage civic and community leaders to join in the campaign for adoption of the charter in the

### Health reform starts at home

As the special section on personal health in this issue of *The Spotlight* illustrates, despite the months-long buildup for President Clinton's health-reform package, the key to wellness still rests with each individual.

Acceptance of personal responsibility for practices that promote well-being remains the key to fitness, to avoidance of disease and disability, and to longevity with a desirable quality of life.

Those practices are certain to heighten any person's capacity for a lifestyle that is both happy and vigorous. Further, they obviously sustain an ability to be productive

### Editorials

November referendum. To date, the League of Women Voters is a principal source of support.

It is pleasing that two county legislators from Bethlehem, James C. Ross, Republican, and George P. Kansas, Democrat, were prominent in the five-member special committee designated to oversee, on behalf of the County Legislature, drafting of a proposal that could hope to receive wide approval. (A letter from Mr. Kansas on this subject is published in this issue.)

The Spotlight Newspapers have consistently called for charter reform and have urged backing by voters for the present draft. In the ten weeks remaining before the referendum, The Spotlight's editorial pages will continue to focus attention on significant improvements in county government that the document will provide.

and self-supporting. Accordingly, they diminish the likelihood that person will require the medications, hospitalizations, and health-professionals' services so troublesome for both individuals' economy and the nation's.

Fundamentally, it is our collective failure to observe health-preserving regimens that lies behind the widespread focus on the costs of health repair and maintenance. Another generation playing by the rules that dictate common-sense behavior can prove to be the true remedy and reform which the President and so many others emphasize now.

### Blues in the night

It must have been 'way past midnight, in fact, when the directors of Empire Blue Cross/Blue Shield sneaked their latest coup past the sentinels at the State Insurance Department.

They've gone and hired a new president/CEO for a salary that can add up to \$787,000 a year (if he lasts that long). His predecessor was "earning" only \$600,000 — and now he wants \$2 million in severance plus unemployment pay. So what do you suppose the new guy will ask for when he goes down the chute?

There's so much irony in all this that it hardly bears mentioning in a family newspaper: The massive losses incurred by recent management, the soaring rates resulting from that kind of management, the salaries far out of line with decent reality.

Most ironic of all, though, was the pairing of the new guy's \$3,027 per-diem salary and the news that another 1,000 working stiffs will get the axe in order to "reduce costs."

### On rabies: sane and safe, too

"Follow common-sense precautions" in order to avoid contact with wild animals that might be rabid, is the advice of our area's most famous wildlife pathologist, Ward Stone.

As apprehension of the potential dangers posed by rabies-infected raccoons and other small animals has grown more acute, Mr.

Thus, hopefully, to make the next round of rate increases seem just a trifle more palatable, perhaps?

### Enough of homestead

Bethlehem's Town Board has an overdue opportunity this (Wednesday) evening to rectify its 1992 vote which gave the town a two-tiered tax system.

The so-called homestead provision gives residential properties a tax break at the expense of commercial and farm properties. Bethlehem's business establishments, which have taken the brunt of the discriminatory system, called homestead "a legal inequity" when it was voted in last year.

The Chamber of Commerce, spearheading their concerns, now states that nothing has changed in its membership's view: "It is time for the Town Board to do the right thing, and repeal homestead."

Editorially, *The Spotlight* has consistently spoken in opposition to homestead, and continues to do so.

Stone's calm words not only can point the way toward prudent behavior, but also can help to avert panicky reactions.

Common-sensibly, you'd not put food for your pet outdoors where it might attract wildlife. Common-sensibly, you would stay away from animals that were acting strangely.

## New 'Clinton's Ditch': President's tax plan

Editor, The Spotlight:

I must respectfully disagree with Congressman McNulty's letter concerning the President's tax plan. It will not reduce the deficit or the debt.

To explain why, we can look to the last major budget accord in 1990. In that tax plan, the target for the overall 1992 federal budget was \$1.381 trillion, and it was supposed to be a balanced budget. The actual expenditures for the 1992 fiscal year, as discussed by Senator Moynihan recently on a talk show, were \$1.466 trillion, which represented a \$400 billion deficit.

What happened to the savings?

As we look at the President's plan, we see that many new taxes are taking effect immediately. There is even an income tax increase retroactive to Jan. 1, before the President even took office.

**'All President Clinton is doing with his tax plan is digging a bigger ditch.'**

However, the alleged spending cuts are to be phased in over a five-year period. But Congress can revise those every year and nothing prevents it from doing so.

I said *alleged* spending cuts because I don't believe any of the spending programs will get smaller. If a program costs \$100

### Vox Pop

million this year, first the budget-writers estimate that it will cost \$150 million next year, and then they cut \$10 million from that figure for a budget figure of \$140 million. They call this a "saving" of \$10 million, but they actually increased spending by \$40 million! These data are from the book *Bankruptcy 1995* by Harry Figie.

And of course, the Congress can hide the real size of the deficit by merely classifying certain "emergency" spending as "off-budget." Such spending includes the Persian Gulf War, aid to riot-torn Los Angeles, and now, aid to the flood-stricken Midwest. In 1991, the Postal Service was moved off-budget, thereby "saving" \$1.8 billion. It doesn't appear in the budget or the deficit figures, but the money is still being spent!

The urgency to reduce the deficit is great, because in 1992, 61 cents out of every dollar of personal income tax collected by the federal government went to pay interest on the national debt. By 1995, the federal government will pay more in interest on the debt than it collects from all of us in personal income taxes. These

□ CLINTON/page 8

## Should candidates sit in on budget meetings?

Editor, The Spotlight:

Bethlehem's \$18 million budget for the next fiscal year should be underway. The town will be receiving a windfall of \$1 to \$1.4 million from the new county sales tax. If the process takes the usual form, the supervisor and town administrators will prepare the budget and establish tax rates and assessments.

Inasmuch as the town will be Delmar *Sherwood Davies*

electing a new supervisor in November, it would be in the best interests of the electorate for Mr. Ringler to invite Mrs. Fuller and Mr. Clyne to participate in preparation of the 1994 town budget. The candidates would then be in better position to state their approval or opposition to the rationale used in budget preparation.

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## Your Opinion Matters

## Please do not adjust your set

More than a half-century ago — I believe that the year was 1940 — I read with great anticipation and enthusiasm about a forthcoming development in communication that was on the verge of revolutionizing the news business.

Inasmuch as I was at that time a young and still idealistic reporter on a decent-enough daily newspaper, I was intrigued by the possibility of the new means of delivering the day's news (which would be updated frequently) to everyone's home.

The revolutionary means of communicating was to be called "facsimile," and the news would move magically from a few key distribution points onto screens (I'm not sure that is actually what they were called then) so that people could peruse and select at their convenience what they wanted to know about Lend-Lease, Lou Gehrig's health, Whirlaway's prospects for the Triple Crown, and what Westbrook Pegler had to say about Eleanor Roosevelt.

One byproduct of this wonderful revolution would be the death of all newspapers, which no longer would be needed or tolerated. Despite the gloriously exciting time to which we could look forward through facsimile, the absence of print media (no one called them media then) did cast just a bit of a pall over my own prospects for gainful employment. That was a downer (though no one would have called it that then).

Something funny happened on

## Discovery through a small window

"Our window of time was very small. *Triphora* goes dormant for years at a time, not even sending up shoots. It blooms primarily in late summer, only for a day or two, and only between 11 a.m. and 2 p.m."

This, for me, was one of the high points of an article, "The Rare, the Elusive, and the Thrill of Discovery," that I came across in a publication that is new to me, "Kaatskill Life," a quarterly magazine published down in Delhi for the past eight years. This is the summer issue, and generally a delight it was, with a variety of good writing among a large representation of excellent photography, much of it in top-drawer color reproduction.

Among these are two prime examples with the "Discovery" article, which is by Ann Crawford, who is described as "a retired newspaper reporter who graduated this past January with a degree in plant sciences."

The "Triphora" referred to in the quoted paragraph is *Triphora trianthophora*, "the rare three-birds orchid... the most reclusive and often among the most beautiful and premier" among orchids.

The enthusiastic recounting of this search is quite charmingly if just a little bewilderingly told. We learn that "three-birds" was designated as critically imperilled in New York State in July of last year,

the way to the format which was being so optimistically prophesied. First it was the shooting war, then the cold war (though no one

## Uncle Dudley

called it that just yet), and then it was the little box with the circular glass hole in the front that began to spell the end of Gabriel Heatter and Hans von Kaltenborn as our evening news dispensers.

Before we knew it, we had Ernie Tetrault and the age of television (though we didn't realize this was what had happened — we just wanted to see Lucy and Miltie).

But where was the news by facsimile? Strangely, despite the optimism of 1940, it hasn't quite happened as yet. True, many people do obtain their news bulletins in patterns different from those pre-war days, but they're not reading it off special little screens or whatever.

Facsimile, when it finally arrived, was primarily a medium for carrying private messages. We have indeed experienced alterations in how information (and diversion) enters our homes and our minds. Truthfully, however, facsimile news just doesn't exist — save in a few exotic situations — regardless of the sure-fire promise of that "World of Tomorrow" World's Fair year.

Perhaps I shouldn't gloat over

very shortly before it was found in "prodigal numbers" in mountains surrounding the Ashokan Reservoir in Ulster County. The discov-

## Constant Reader

ery was termed a near-miracle by a team of husband-and-wife photographers and growers of orchids. They had a five-year project to photograph all orchids known to grow in the Northeast. The three-birds was the last species remaining to be photographed.

They had successfully photographed more than fifty species and the three-birds was "the only gap in a catalog of lovely flowers that most people never see in nature." They were preparing to leave for New Hampshire in hope of finding a three-birds there when by chance they heard of an unexpected discovery: a colony of more than 300 specimens, most in full bloom.

The nature of *Triphora*, we are told, is such that it blooms all at once after a period of several or many days in which not a single bud will open. The factors that trigger blooming are not completely known.

Perhaps because of a warm sun following a sharp chill the night before, the entire colony sprang to life on Aug. 30 of last year. (In

that fact, but after all here it is 1993 and I still am writing for a newspaper. And you are reading a newspaper, probably not even wondering how it would be to have it all appear magically; TV is magic enough for one half-century, isn't it?

What brought all this up? I guess that it was the Commentary column by Martin Kelly in this space last week which predicted certain additional revolutionary developments in communication through what he described as "interactive television." He told us that within the next five years we will be as familiar with "interactive television" as we are today with "phone" or "grocery list."

Marty, whose judgment on the merits of any kind of entertainment I accept as gospel, likened interactive television to a tidal wave on the shores of our lives. "Fast becoming a way of life." Soon the TV screen will be a catalog. We will shortly be able to cast ourselves in a movie with Gable or Monroe. "Fantasy, but also the stuff of reality."

Marty, the people who've been telling you this have it all wrong, so far as I'm concerned. I like to go to malls. I like to go to the convenience store and stop at the video store for "Casablanca" with the original cast. I don't know a single member of my family that I would want to see in a movie, much less hoking it up with Clark Gable. But I enjoyed reading about your fantasies in my newspaper.

seventeen years the State Botanist had never seen the plant.)

I found similar interest in an article by "The Catskill Geologist," Robert Titus, which he called "Exploring Time at North Lake." As an introduction, he pointed out that geologists have "an intuitive understanding of the fourth dimension of the universe."

"The world is about four and one-half billion years old and a lot has happened here. Every spot which now exists on the surface of the globe has always existed — but in many, many different manifestations. Every place has a story to relate, and a very long story at that."

I like his exposition of that long story: "Go outside and sit down anywhere and watch history pass by. See the birds and small animals, hear the wind, and watch the grass grow."

"Dull stuff maybe, but all this is history; it's been going on for billions of years, and sometimes it gets really interesting. Add a Tyrannosaurus or a saber-toothed tiger, and growing grass quickly becomes really exciting."

"Sadly, points on the surface of the globe are mute; they cannot speak of their history, exciting or dull. But every place does not have a geology and those rocks and sediments are a record of the past, a record which can be read, if you know how to do so."

## Legislature's one farmer has an uphill battle

The contributor of this Point of View is director of communications for the New York Farm Bureau, Inc., with headquarters in Glenmont.

By Mark F. Emery

Over the years, our state's population has gradually shifted from rural to urban-based. That movement has left us with a majority of New York's 211 state lawmakers coming from urban districts and most of those from New York City. Unlike many years, today's Legislature has only one full-time farmer.

With over 99 percent of the state's population having little understanding of or commitment to agriculture, the issues that confront farmers today nevertheless often impact more than just farmers. This political landscape in Albany makes lobbying for farmers all the more challenging.

The recently concluded legislative session gets mixed reviews from agriculture's prime lobbying group, the 23,000-member New York Farm Bureau. The session started with its normal budgetary gridlock and finished with inaction on many key concerns. In between, state lawmakers managed to approve a few good pieces of legislation.

On the plus side, several beneficial bills became law. Among those bills were these:

- **Silo Bill.** This measure exempts silos used in agricultural production from real property taxes. This new law brings a bit of fairness to the tax code and will help scale back some of the tremendous property tax burden weighing on farm families.
- **Grape Bill.** This legislation helps reduce regulations on farm wineries. This will occur by a review of current sales to determine which requirements can be amended or repealed, in order to cut back on the number of permits, approvals, and reporting requirements necessary to establish and operate a winery.
- **Comp Reform.** This measure allows farmers and other business owners who purchase workers' compensation policies costing \$1,000 or more from the State Insurance Fund to pay it on a more liberal installment plan.

In addition to helping these bills become law and advancing many others through the legislative process, we were able to halt over 40 bills that would have been detrimental to agriculture, including more burdensome labor and environmental legislation.

On the negative side, three bills important to agriculture were vetoed by the Governor:

- **Landfill Bill.** This legislation would have prohibited the siting of a landfill on active farmland within an agricultural district.
- **Farm-Plated Vehicle Bill.** This measure would have provided short-term relief to farmers by lowering fines on farm-plated vehicles found in violation of current DOT safety regulations.
- **TB Bill.** This would have increased indemnity payments made by the state to owners of cattle slaughtered to prevent spread of tuberculosis. It also would have provided such payments to owners of farmed deer.

Two major agricultural issues were left unsettled. Because of inaction of the Assembly majority, workers' compensation reform did not become law. Since the close of the session, the scenario of escalating comp premiums worsened when the Insurance Department announced an average 14.4 percent increase (effective Oct. 1). For agriculture the problem will be even greater since comp rates for farmers will increase by over 17 percent in virtually every commodity.

In addition to failing to approve workers' comp reform, lawmakers dropped the ball on mandate relief. For New Yorkers the Legislature's failure to curb the rising cost of state-mandated programs (i.e., Medicaid) means that property taxes will not be contained and will most likely continue to head upward. Lawmakers should put these issues on the front burner when they return to session this fall.

## Point of View



# Matters of Opinion

## Clinton

(from page 6)

and many other frightening facts are presented in *Bankruptcy 1995*, which can be borrowed from the town library.

No person or business can survive by continually spending more than their income. The government is no different. While in 1975 the U.S.A. was the world's largest creditor nation, since 1986 we have been the world's largest debtor nation, and history has shown (in Argentina, Bolivia, and Italy) that no country can run a huge deficit year after year without paying a ruinous price.

I am glad that Congressman McNulty wants to reduce the deficit and the debt. However, I am afraid that all President Clinton is doing with his tax plan is digging a bigger ditch. If you want to help reduce government waste, call 1-800-BE-ANGRY, and reach the Citizens Against Government Waste, a volunteer organization in Washington, D.C.

Latham *James Ault*

### McNulty's budget vote called hard on seniors

Editor, The Spotlight:

Shame on Congressman Michael R. McNulty for voting for a \$24.6 billion (five-year effect) increase in income taxes on middle-income Social Security recipients. The same bill cuts payments to doctors, hospitals and other providers under Medicare and Medicaid by \$55.8 billion (five-year effect).

The legislation he is boasting about (letter to the editor, Aug. 11) includes a 70 percent increase in Social Security benefits subject to income tax for millions of middle-income senior citizens. This, despite the President's earlier claim that "the sacrifices will be borne equally."

Senior citizens have a long memory and will remember the Congressman's vote when we vote on election day.

Delmar *Gilbert Guzik*

### Lions' hospitality gratefully received

Editor, The Spotlight:

On behalf of members of Bethlehem Senior Citizens, Inc., and other senior residents of Bethlehem, I wish to thank the Bethlehem Lions Club for the wonderful dinner served us at Elm Avenue Park on Aug 19.

We are very appreciative of the Lions who spent many hours preparing, supplying and hosting this annual event. We are likewise grateful to the volunteers who helped make us very comfortable while attending to the seniors' dinner needs.

Bethlehem Lions have been very helpful over the years and we look forward to their programs in the future, as these brighten the day for our members.

We thank Karen Pellettier, director of Bethlehem Senior Services, and her staff for assisting with this event. Also, we extend special thanks to the Bethlehem Central School bus transportation for the bus provided.

*Alfred H. Kelsey, President*

### Proposed reforms important: Kansas

(The following are excerpts from a letter sent by George P. Kansas, a member of the County Legislature from Bethlehem, to Legislature Chairman Harold Joyce and other legislators, and released to the press by Mr. Kansas.)

I had envisioned more substantial and more sweeping reforms. It is my firm belief, however, that change toward greater accountability of all public officials, however substantial, after all, is change for the better.

Do I believe that the reforms proposed by the special committee are perfect? Of course not. I believe anything short of a complete restructuring and simplification of the charter coupled with a detailed administrative code fails to achieve true reform. I do believe, however, that the proposed reforms represent active and important steps toward greater accountability.

*George P. Kansas*

### Irish immigration article applauded

Editor, The Spotlight:

Congratulations to Erin Sullivan on the excellent article in the Aug. 18 *Spotlight* about the Irish American Heritage Museum "Home for the Heart" exhibit in East Durham. As the child of immigrants, I found the exhibit—chronicling the waves of Irish emigration to America—an enlightening and moving one.

The museum, located on the grounds of the Irish Cultural and Sports Center, welcomes new members. Membership provides a variety of benefits including free admission to the museum, quarterly newsletters, and borrowing privileges at the research library at the College of St. Rose.

Delmar *Betsy Rooks*

## Bethlehem Recycling Corner

By Sharon Fisher, town recycling coordinator

It's important for homeowners to treat their septic systems properly in order to minimize pollution to the surrounding environment.

Detergents from washing machines and dishwashers kill the bacteria necessary for the maintenance of the entire system. One way to correct this problem is to flush two to three packages or cakes of yeast down the toilet every other month. This is a cheaper and safer alternative to chemicals which can be purchased for the same purpose.

When sinks become clogged, the tendency is to use drain cleaner, which contains lye and will burn anything it comes in contact with. These cleaners can eventually cause damage to pipes, and can not be used in toilets, dishwashers or disposals.

A plunger is an alternative to drain cleaners which not only saves money, but is also non-toxic and can be used for both sink and toilet plugs. If a plunger does not work, a plumbing snake can be rented from hardware stores.

Plugs in the sink can be pre-

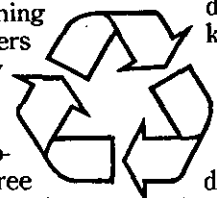
vented by not allowing hair, grease, lint, food or coffee grounds to go down a drain. Keep a strainer over drain holes at all times, and pour two to four quarts of boiling water down the drain weekly to keep it open.

Another non-toxic alternative is to put one cup of baking soda and one-half cup of warm white vinegar down the drain. After 15 minutes, flush with boiling water to dissolve the crystals.

The chemicals from cleaning supplies can also disrupt the processes that are performed at the waste-water treatment plant. Extra chemicals from strong cleaning supplies or toxins accidentally flushed down the drain or sewer could pose problems.

Switching to less hazardous cleaning methods requires a change of habit. For example, bleach and a brush are an excellent way to clean toilet bowls, even though it does not bubble, foam or turn blue.

No matter what is used, it's important to follow directions exactly, to get the best results with the least amount of contamination.



## Local fair winners announced

The rabbit exhibit at the 1993 Altamont Fair produced a number of local winners in several categories.

### Youth category

- Jersey wooly — best of breed, Jade Scheming of Voorheesville.
- Netherlands dwarf — best of breed, Melissa Bruno of Delmar.
- Florida white — best of breed, Rachel Deyoe of Clarksville; best opposite sex, Jeremy Deyoe of Clarksville.
- Silver Marten — best of breed, Jamie Boomhower of Delmar.

• Holland Lop — best of breed, Joshua Deyoe of Clarksville; best opposite sex, Rachel Deyoe of Clarksville.

• Mixed pet — Jill Nagangast of Voorheesville.

### Open category

• Jersey Wooly — best of breed, Jeanette Doto of Voorheesville.

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# V'ville announces honors *Kiwanis* sponsoring tourney

The following pupils were named to the high honor and honor rolls at Clayton A. Bouton Junior-Senior High School in Voorheesville.

### High honor roll Grade-seven

Sarah Abbott, Joseph Arena, Matthew Baron, Benjamin Battles, Ariel Belasen, Michael Blackman, Regan Burns, Bethany Douglas, Brett Fortran, Sharyn Getnick, Julia Guastella, Colleen Hotaling and Christine Hubert.

Also, Eerik Ilves, John Kazukenas, Beth Korolewicz, Joseph Lindner, Zachary Malloch, Jane Meade, Katherine Primiano, Cynthia Reed, Crystine Roth, Justin Rymanowski, Christina Schachne, Matthew Schreiber and Stephen Stark

### Honor roll Grade-seven

Julie Brownell, James Burns, Rebecca Cooper, Blair Debes, Joseph Dougherty, Patrick Fidell, Justin Fuld, Amanda Grieco, Kevin Griffin, Christopher Long, Katie Markham, Matthew Odell, Christine Robertson, Robert Samson, Corey Suker and Courtney Tedesco.

### High honor roll Grade-eight

Jennifer Adams, Kathryn Basal, Kirstin Breisch, Todd Dombrowski, Lisa Dunbar, Jaime Flesh, Michael Halpin, Brandon Holcomb, Christopher Horan, Christopher Horn, Erikka Jackstadt, David Koltai, Erin Langford, Megan Longworth and

Britta Lukomski.

Also, Johann Manss, Brian McKenna, Matthew McKenna, Janelle Murray, Thomas Oravsky, Kristin Person, Stephen Pilatzke, Nicole Schallehn, Ann Marie Schryver, Magdalena Spencer, Jennifer Taglione, Autumn Tambasco, Cindy Tate, Denise Throop and Jessica Veeder.

### Honor roll Grade-eight

Shawn Alberry, Joshua Alvarez, Timothy Bradley, Brian Case, Michelle Cavaliere, Charles Choiniere, Nicole Daigle, Rebecca Dawson, Teresa Deangelis, John Dubritz, Aimee Ellsworth, Leah Flanagan, Kristen Frederick, Kyla Frohlich, Sarah Greenberg, Laura Hood and Stacy Klefbeck.

Also, Emily Kohler, Robert Long, Joseph Lyons, Melissa Martin, Albert Miller, Jennifer Miller, Asa Neff, Katherine Pahl, John Pfeleiderer, Natalie Portanova, Gregory Rivers, Michael Robichaud, Eva Sbardella, Justin Spina, Nicole Stagg, Tia Sullivan, Kathleen Tyrell and Jamie Ullion.

The Kiwanis Club of New Scotland Invitational Golf Tournament will tee off Monday, Aug. 30, at Colonie Country Club, Maple Road, Voorheesville.

A full day has been scheduled with registration starting at 11 a.m., a buffet luncheon at 11:30 a.m., shotgun start at 12:30 p.m., hors d'oeuvres at 5:30 p.m. and dinner at 6:30 p.m.

Prizes will be awarded for low net, longest drive and closest to the pin for men and women. There will be door prizes, raffle drawing and a hole in one contest.

For information, call Dr. Alan McCartney at 765-4318 or 765-3313.

### Student wins medal in junior olympics

Drew Pakenas recently competed in the National Junior Olympics in Knoxville, Tenn.

He participated as a second-degree black belt and won a gold medal for sparring. Pakenas is a student at Northeast Tae Kwon Do, Guilderland. He is the son of Ree and Larry Pakenas of Voorheesville.

### NEWS NOTES

#### Voorheesville

Susan Casler  
765-2144



### Boosters hosting meet the coaches night

Voorheesville Sports Boosters Club will host the Meet the Coaches Night at 7 p.m. on Thursday, Aug. 26, in the Clayton A. Bouton Junior-Senior High School cafeteria.

Parents of students who will be participating in fall sports are invited to attend. The purpose of this meeting is to meet all fall coaches, and to hear about plans and goals for the coming season.

### School schedules out

A schedule for the upcoming school year has been distributed to all students of Clayton A. Bouton Junior-Senior High School.

If any questions arise or a correction is necessary, students must contact the guidance office at 765-5529 on Wednesday, Aug. 25, or Thursday, Aug. 26. The official schedule will be distributed on the first day of school, Sept. 8.

### New driver ed course on fall schedule

Due to budget constraints driver education has been cut from the Clayton A. Bouton Junior-Senior High School curriculum.

A new course will be offered and cost \$150 and will be held during the fall, spring and summer semester in the evening.

Class size is limited to 24 students and priority for enrollment will be given to students based on grade level and date of birth. Classes will begin on Wednesday, Sept. 8, from 7 to 8:30 p.m. in Room 105 of the high school. Students must complete 24 hours in the car and 24 hours in the classroom.

For information, call the guidance office at 765-5529.

### Field day postponed

The Community Field Day and Firematic Competition sponsored by the Voorheesville Volunteer Fire Department on Saturday, Aug. 28, has been postponed. A new date will be scheduled.

For information, call Bill Stone at 765-3309.

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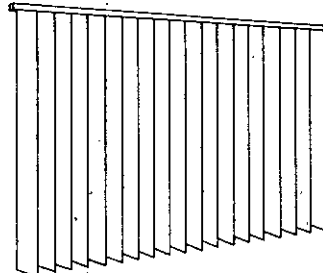
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# Friendship festival set for Saturday

The Ravenna Friendship Festival, scheduled this Saturday, Aug. 28, will feature an assortment of activities beginning at noon.

Main Street in Ravenna will be blocked off and filled with almost 100 booths, with displays by local artisans and civic organizations.

There will also be food and games. The Ravenna Hose Company will sponsor a Brooks chicken barbecue, with music and dancing through the afternoon until midnight.

For information, call the Ravenna Village Hall at 756-8233.

## RCS sets open houses at district schools

The Ravenna-Coeymans-Selkirk School District has scheduled an open house for fifth-graders at the middle school on Tuesday, Aug. 31, from 9 a.m. to noon.

Open house at the senior high school will be on Tuesday, Aug.

### NEWS NOTES

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Michele Bintz  
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31, from 8 a.m. to 4 p.m.; at the A.W. Becker Elementary School on Wednesday, Sept. 1, from 9 to 11 a.m.; and at Pieter B. Coeymans Elementary School on Thursday, Sept. 2, from 11 a.m. to 1 p.m.

Appointments for the pre-kindergarten orientation at Ravenna school will be made through the mail.

Classes begin on Wednesday, Sept. 8.

## Residents to receive new school calendars

Calendars for the coming school year are being mailed to RCS district residents this week.

The back-to-school issue of the

district newsletter, "Chalkboard," including updated bus routes and schedules, will be mailed to residents next week.

## Girl Scout registration set at middle school

The Ravenna Neighborhood of the Hudson Valley Girl Scout Council has scheduled a registration and uniform swap get-together on Monday, Sept. 13, at p.m. at the RCS middle school on Route 9W in Ravenna.

Girls, parents and prospective volunteers are invited to attend.

For information, call 756-3587

## Extension phone line to answer questions

Cornell Cooperative Extension will answer human ecology consumer calls and gardening questions Monday through Friday, from 9 a.m. to 1 p.m.

The number to call is 765-3500.

## Ravenna church lists schedule of events

The Grace United Methodist Church in Ravenna has released its schedule for the week of Sept. 2.

On Thursday, Sept. 2, at 7:30 p.m. a non-smoking Alcoholics Anonymous meeting is scheduled.

The Bargain Shed will be open from 9 a.m. to noon on Saturday, Sept. 4.

Morning worship will begin at 10:30 a.m. on Sunday, Sept. 5, followed by coffee and fellowship at 11:30 a.m.

An AA meeting is scheduled at 7 p.m. on Monday, Sept. 6.

On Tuesday, Sept. 7, the Bargain Shed will be open from 9 a.m. to noon and a parish relations meeting is scheduled at 8 p.m.

The United Methodist Women will meet at noon on Wednesday, Sept. 8, and the TOPS Club will meet at 6:30 p.m., Al Anon will meet at 7, and Bible study will meet at 7:30.

## Local prize winners at the Altamont Fair

The vegetable exhibit at the 1993 Altamont Fair produced a number of local winners in several categories.

### Apples

Blue ribbons were awarded to Chris Albright of Voorheesville for his Mutsu, Greening and Jonagold apples.

### Grapes

The best vintners award went to Joe Bernier of Delmar, while a blue ribbon was awarded to Albright for his Concord grapes.

### Pears

Carrie Lyman of Delmar won for the best Bosc pears.

### Market basket winners

Paul Kleinke of Glenmont won the award for best eggplant.

Blue ribbons were awarded to Rebecca Boomhower of Selkirk for her silage corn, ensilage and alfalfa hay (second cut).

Blue ribbons were also awarded to Sam Tommell of Voorheesville for his silage, threshed wheat, threshed rye and shelled corn.

A blue ribbon was awarded to David Miller of Delmar for his sheath of oats.

### Blue ribbon garden vegetables

- Watermelon and celery — Adam Tommell of Voorheesville.
- Peppers and sweet corn — Paul Kleinke of Glenmont.

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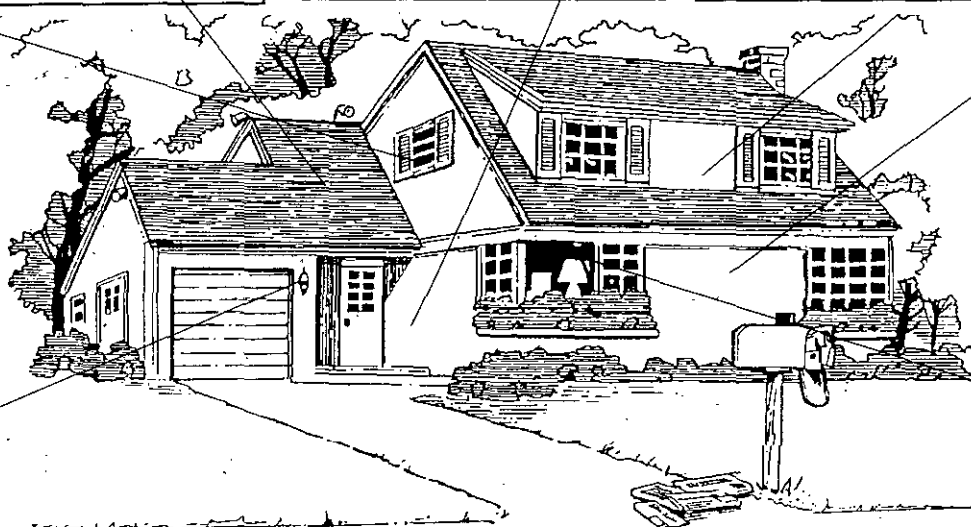
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# Newspapers & local history

David Moore of the New York State Newspaper Project will take a nostalgic tour through local history as reported in local newspapers at the library on Wednesday, Sept. 8, at 7:30 p.m.

Moore will share local versions of world and national events, as well as quaint expressions of local news, opinions and life in days gone by. He will also talk about the work of the Newspaper Project in preserving this vast legacy for researchers.

Although a recorder of daily



events, newspapers are also a prime tool for historical, social and genealogical researchers.

For genealogists, newspapers can be a primary source and help in understanding what an ancestor's life was like by placing the person in the larger context of their community.

New York's newspaper legacy

is truly vast. The state has been home to over 20,000 newspapers since the New York City *Gazette* began publishing in 1725. To date, issues from about 9,000 separate newspapers have been found. Most like the *Albany Argus*, *Mechanicville Mercury*, *Schaghticoke Sun* and Hudson Falls' *Sandy Hill Herald* have long ceased publication, as has the Delmar *Albany County Post*. The library owns most of the remaining known copies.

Since 1987, with National Endowment for the Humanities funding, the State Newspaper Project has been trying to identify, describe and microfilm significant newspapers.

Preserving the issues is critical, because, as the Project's newsletter explains, "New York's history is literally disappearing. Since the 1870s, nearly all papers have been published on poor quality groundwood pulp paper which dramatically decreases the potential for long-term survival."

Moore, a Delmar resident and the project's quality control librarian,

conducts field surveys and catalogs his finds. This involves visiting sites around the state where newspaper collections are held and inventorying them.

The *Albany County Post* is of particular interest to him. Published in Delmar by C.L. Ryder of Delaware Avenue, the paper was a six-page weekly.

The Post covered "The Tri-Village area and Surrounding Territory, A Good Place to Live the Year Round," according to the masthead which also read, "You win patronizing home people who have an interest in the hometown."

The library has the first issue, Nov. 5, 1927, and most of the editions from 1930 until it merged with the *Altamont Enterprise* in the late 1950s. The library is missing most of 1921, 1928, 1929, 1935 and 1948 editions.

Moore recently found 1948 in the offices of the recently-defunct *Mirror Recorder* in Stamford and is hopeful it will eventually return to Delmar.

The *Albany County Post* is in se-

riously deteriorated condition, and Bethlehem Town Historian Joseph Allgaier has been spearheading the drive to raise \$2,000 to microfilm the paper so it can be

preserved for future generations.

Call the library at 439-9314 to register for the program.

Anna Jane Abaray

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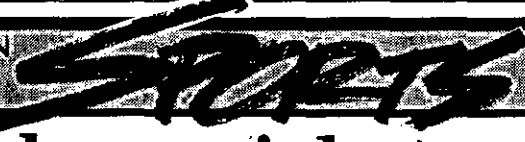
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SPOTLIGHT ON



# Bethlehem girls tennis team rebuilding

The girls varsity tennis team has a lot of work ahead of them.

They lost seven players last year, including three players who had been in the top six singles positions. They came in third overall and placed second in their division, losing only to Niskayuna.

Niskayuna appears to be the only true competitor in their division for the upcoming season. "Nisky's a strong team," said coach Grace Franze. "But they're also a very young team, just like we are. It's anybody's ballgame."

This may be a young team, but there's a lot of talent. Senior Lau-

ren Boyle, who has been on varsity since she was a freshman, has been playing a lot over the summer and is looking forward to the upcoming season.

"Lauren's a very strong player," said Franze. "She should be going up to the number one or two slot this year. She works really hard and shows a lot of talent out there."

Junior Kelly Dobbert is also going to be a competitive player. "She played three last year," said Franze. "She's played girls two years older than she is and has beaten them."

Dobbert has been taking pri-

ate lessons over the summer and has been playing as much as possible, but she has been suffering from tendonitis of the shoulder and the elbow.

Aside from playing well together, the team also gets along socially. The age difference hasn't had that great an effect on them.

"We've had our problems," said Dobbert, "but we've always been able to work them out. There's been some tension for spots in the line-up, but that's about it."

Boyle agreed. "I think that if we play with the same good atti-

tudes that we have been playing with, then we can work anything out and definitely win our division and take either first or second overall."

Returning varsity players are Becky Bloom, Lauren Boyle, Francesca Bracaqlia, Lauren Brown, Cori Cunningham, Myra Feldman, Becky Furman, Julia Krepostman, Gwen Lazar, Jen Piorowski and Alison Thomas.

"I'm pretty psyched," said Cunningham. "Once we get started and get through the first two weeks of try-outs and practice, we're going to be great."

## Wynantskill's the one

Wynantskill has captured the A Division championship of the Cooper Varney church softball league.

In the final match-up of the A Division playoffs, Wynantskill edged out Bethlehem Community by scores of 11-7 and 14-13.

In the second game, Bethlehem Community scored seven runs in the bottom of the seventh, but their valiant comeback fell short.

The B Division championship this year was won by Bethany II, which triumphed over Clarksville in the final playoff round by scores of 4-3 and 16-2. Bethany II ended the regular season with a 5-8 record.

# Babe Ruth league gears up for fall season

For the second year, the Bethlehem Babe Ruth will operate a fall baseball season for incoming 13-year olds, as well as for players that will be 14 and 15-years old next spring.

Last year, 22 boys just out of the Little League program took the opportunity to play autumn baseball, thus easing the transition from the smaller Little League

field to the regulation diamond.

The program has been expanded this year to include a 14 and 15-year-old travel team, as well as two 13-year-old travel teams.

Registration forms have been mailed to all returning Babe Ruth players, and the 12-year olds that recently graduated from Little League. It is expected that 50

players will participate.

The season will begin Sunday, Sept. 12, and finish at the end of October. There will be a 10-game, home and away schedule featuring teams from throughout the Capital District. Games will be played on Friday evening, Saturdays and Sundays.

The registration fee is \$75 which pays for the fall program as

well as all of next season. All players are invited to participate, and anyone that has not received a registration form in the mail should contact league president Tom Yovine at 439-2062. Time is of the essence.

The 13-year-old All Stars won the state championship this year.

## Cooper-Varney

The following are the final standings prior to the playoffs:

- Wynantskill, 11-1
- Presbyterian, 10-3
- St. Thomas II, 9-4
- Westerlo, 7-4
- Onesquethaw Valley, 7-5
- St. Thomas I, 7-5
- Beth. Community, 7-6
- Clarksville, 7-6
- Delmar Reformed, 7-6
- Bethany II, 5-8
- Glenmont Reformed, 4-8
- Bethany I, 3-9
- Methodist, 3-10
- Voorheesville, 0-12

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# Soccer club's Under-10 travel teams just about perfect

The Bethlehem Soccer travel teams in the Under-10 divisions all took first in the recently-completed season.

Final team standings included the Blasters (Division B) 8-2-2, the Bullets (Division H) 10-0-2 and the Sharks (Division I) 10-0-2.

Bethlehem's Under-8 team placed third in the B Division with a record of 7-3-2.

The Under-12 and Under-14 boys teams both took second place in B Divisions and the Under-14 (Division A) and Under-16 (Division D) and Under-16 girls teams both captured third place for the season.

The work being done this summer and fall on the Soccerplex will complete the first four fields.

A cash budget of \$85,000 is needed to complete the four fields and the parking lot targeted for development this summer and fall.

Over the next four months, the club will be seeking the balance, primarily from potential major contributors.

Outstanding expense items will be pipe, seed and trucking (of crushed stone).

Major contributions for the Soccerplex have come from Texas Eastern Products Pipeline, which

**Final team standings included the Blasters (Division B) 8-2-2, the Bullets (Division H) 10-0-2 and the Sharks (Division I) 10-0-2.**

Travel team registration for the 93-94 season is scheduled for Sunday, Sept. 12, and Sunday, Sept. 19, from 1 to 4 p.m. at the Elm Avenue town park office.

Players must register before tryouts and registration is limited.

Bethlehem residents will be given priority. Coaches will schedule tryouts and contact players after registration is completed.

The Soccer Club has purchased a 20-acre field on Wemple Road to meet the increased demand for soccer and to provide an adequate number of well-drained fields.

donated \$10,000. The company has also made a commitment to provide \$1,000 annually.

Mangia Restaurants have committed \$25,000 to the field fund. The club has received \$6,500 for use in the initial stage.

Selkirk Cogeneration has committed \$10,000 over the course of Phase I development.

Stewarts donated \$2,000 over two years, while Farm Family Insurance donated \$1,000 in 1992.

Bethlehem families have contributed over \$20,000 to date. General Electric contributed \$500.



Members of the Bethlehem Soccer Club's Under-10B travel team took first place in their division with an 8-2-2 record. Team members included, bottom from left, Jed Rosenkrantz, Chris Weyant, Kevin Richman, Dave Ginsberg, middle from left, Sam Abrams, Chris Kasarjian, Mark Melcher, Rodrigo Cedra, Dan Toga, Josh Kapczynski, top from left, assistant coach Bob Rosenkrantz and coach Jeff Weyant. Missing from photo were Mike Cardamone and Matt Cardamone.

## NHL action at Knick

NHL hockey will return to the Knickerbocker Arena this fall as the Boston Bruins take on the New York Islanders and the New Jersey Devils meet the Hartford Whalers on two nights of action.

The Bruins meet the Islanders, Sept. 17. The Devils versus Whalers game will be part of a double header, which will include the Knickerbocker Arena debut of the Albany River Rats on Sept. 29.

## Golf tourney slated

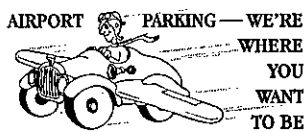
The Guilderland Chamber of Commerce is sponsoring its B.I.G. Fifth Annual Golf Tournament, Tuesday, Sept. 14 at the Western Turnpike Golf Course.

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# Poetry workshops to begin

The library has received a \$130,000 grant from the National Endowment for the Humanities to administer Poets-In-Person—New York, a project that will bring discussions of contemporary poetry to selected libraries in smaller upstate communities over the next two years.

library.

Dr. Charles Rossiter, a poet and producer/host of *Poetry Motel*, a cable television program, will direct the project. In 1992, Rossiter served as humanist scholar for the library's Poets-In-Person program, a nationwide pilot program that led to this outgrowth in New York.

Poets-In-Person discussions are unique because they utilize audiotaped interviews and readings by the poets included in the series, in addition to group discussions of the works.

The 13 poets in the series include such luminaries as Allen Ginsberg, Rita Dove, W.S. Merwin, Gary Soto and Adrienne Rich.

New York State libraries selected for the program are located in Saratoga Springs, Cambridge, Schenectady, Plattsburgh, Poughkeepsie, Colonie, Canajoharie, Ellenville, Goshen and Mahopac.

Christine Shields



The project will include a training workshop for directors and scholars from selected libraries. The discussion series will take place during the fall and winter of 1993-1994 and 1994-1995 under the leadership of scholars at each

## Slingerlands resident performs in opera

Slingerlands resident Meg Bragle, 20, is currently in her second season as a member of the Ohio Light Opera Company for the summer season at the College of Wooster in Wooster, Ohio.

Bragle has performed in four of the company's seven shows, including Offenbach's "La Perichole," Gilbert and Sullivan's "Utopia Limited," Carl Zeller's "Der Vogelhandler," and Noel Coward's "Bittersweet."

A senior at the University of Michigan, Bragle was the mezzo-soprano soloist in a recent performance of the "Magnificat" by Bach in Ann Harbor, Mich.

Bragle also performed as the mezzo soloist in the world premier of "Diving Into the Wreck" by Evan House and as the mezzo soloist in "Canticle #2 — Abraham and Isaac" by Benjamin Britten.

## Picnic in the park



Kay Latta of Delmar enjoys the food provided by the Lions Club on Thursday, Aug. 19, at a seniors' gathering in the Elm Avenue Park. Elaine McLain

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## Student athletes experience pleasure, pain

This week, approximately 450 Bethlehem students will begin practice for fall sports.

Sports are fun. They teach teamwork, loyalty and are an incentive for personal excellence. Student athletes learn valuable lessons and make new friends.

Athletics are an important component of education. Indeed, some youngsters attend school only for sports.

Sports are also difficult. Student athletes suffer. Some sit on the sidelines during the games, while others have painful injuries. Athletes often lose or miss or fumble or fall. There are tears and pain.

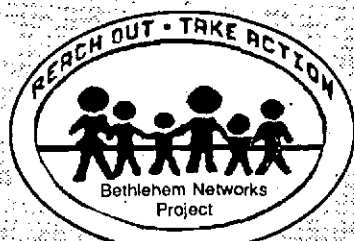
Student athletes have to balance their studies and their sports. They often have to stay up late and wake up early. Their successes and failures are discussed by schoolmates.

How can parents help their athletes?

Attend sporting events. Be supportive. Be positive. Be patient.

Help your athlete to celebrate in appropriate, healthy ways. When you sign the eligibility card, explain your expectations about alcohol and drug use. Help your athlete be alcohol- and drug-free.

To all student athletes, we wish a safe, rewarding fall season.



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## Take a break, recreate!

The town of Bethlehem Parks and Recreation Department is accepting mail-in registration for fall recreation programs.

Program information and registration forms are contained in the "Bethlehem Report," which was recently mailed to residents. Registrations will be randomly drawn and placed in classes beginning Sept. 2.

Phone-in registration will not be accepted until Sept. 8.

Programs are open to residents of the town of Bethlehem and/or the Bethlehem Central School District.

For information, call the park office at 439-4131.

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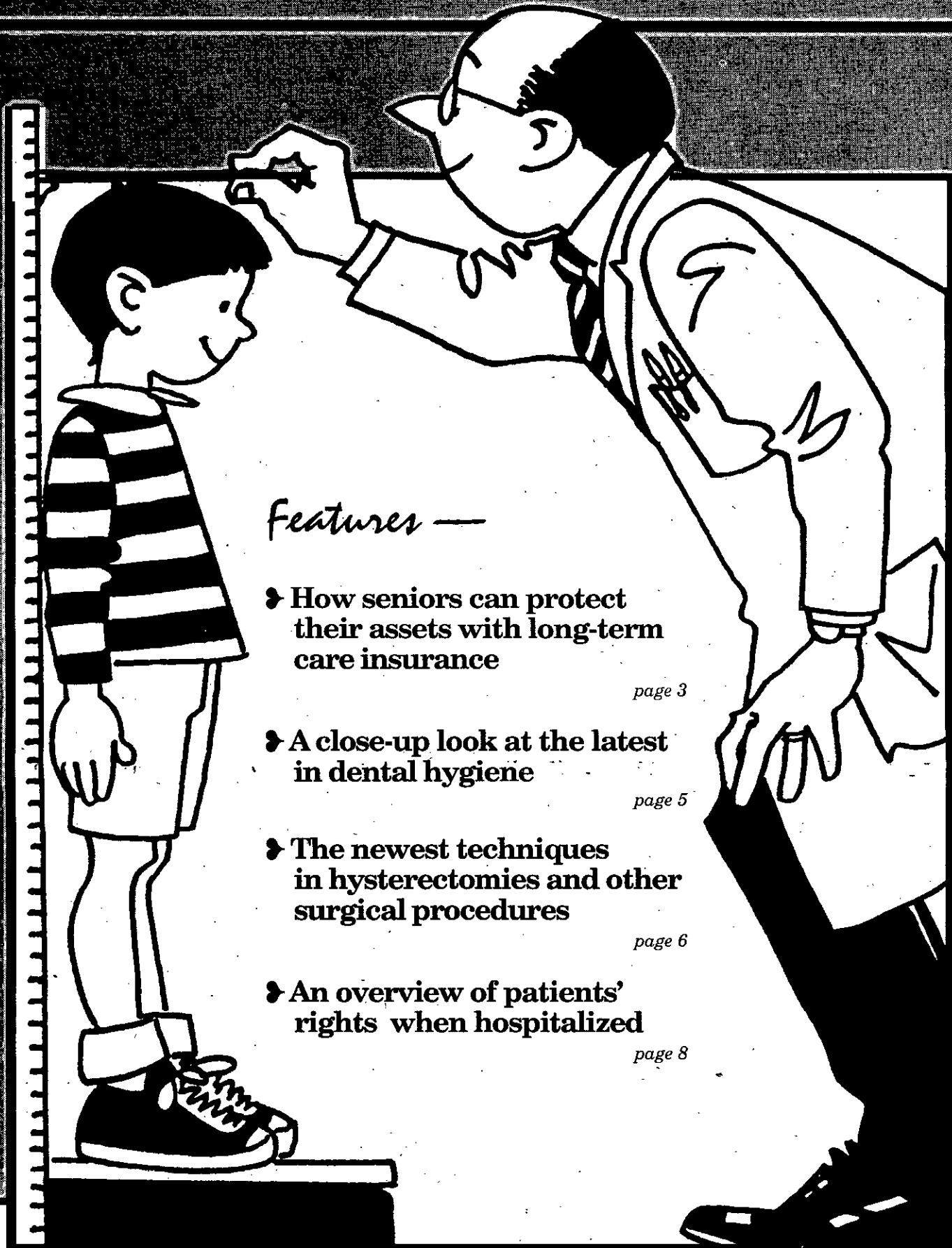




# Health Care

A supplement to THE SPOTLIGHT, the COLONIE SPOTLIGHT and the LOUDONVILLE WEEKLY

August 25, 1993



## Features —

- ◆ **How seniors can protect their assets with long-term care insurance**  
page 3
- ◆ **A close-up look at the latest in dental hygiene**  
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- ◆ **The newest techniques in hysterectomies and other surgical procedures**  
page 6
- ◆ **An overview of patients' rights when hospitalized**  
page 8

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# Seminar to tackle childhood mental disorders

While approximately 12 percent of the nation's children and adolescents experience a mental health problem severe enough to require medical attention, fewer than one-fifth receive the appropriate treatment.

The Mental Health Association in New York State and the Community Psychology program of Sage Graduate School will host an afternoon seminar for educators, parents and others called Understanding Childhood Mental Disorders on Thursday, Sept. 9, from 1 to 4 p.m. at the Sage Junior College of Albany Campus Center, Room 347, 140 New Scotland Ave., Albany.

The goal of the seminar is to increase knowledge—about both

the early warning signs of mental and emotional disorders and the most effective treatments available — among those who work with children and adolescents.

This seminar features a national video-conference from the Public Broadcasting Service that explores various mental and emotional disorders.

Nationally known mental health experts will appear live via satellite on the program and will present the latest research findings on the bio-medical, social and environmental factors contributing to these disorders.

The program will also highlight the most effective treatments available and will discuss the need to coordinate services among the dif-

ferent groups and agencies charged with helping children.

The presenters will share their insights into the issues and will be available to answer call-in questions from the audience. Dr. Peter S. Jensen, chief, Child and Adolescent Disorders Research Branch, National Institute of Mental Health; Dr. Andrea Eberle, director, Division of Pediatric Endocrinology, Diabetes and Metabolism at the University of Tennessee Medical Center, and mother of a daughter diagnosed with severe bi-polar disorder; Dr. Mary Jane England, president, Washington Business Group on Health and national program director of the Robert Wood Johnson Foundation's Mental Health Ser-

ices Program for Youth; Barbara Huff, executive director, Federation of Families for Children's Mental Health, and mother of a daughter with serious emotional problems; and Gary De Carolis, chief, Child, Family and Adolescent Branch, Division of Demonstration Programs, Center for Mental Health Services, are the presenters.

This seminar is ideal for teachers, administrators, special education teachers, guidance counselors, juvenile justice workers, law enforcement personnel, social workers, parents, day care supervisors, physicians and nurses. Participants will receive a free set of handouts developed by the National Mental Health Asso-

ciation.

The Mental Health Association in New York State is offering the seminar as part of its ongoing commitment to support the needs of children and youth with emotional, behavioral or mental disorders and their families. Following the broadcast, a panel of parents will discuss their reactions to the video-conference.

The program is made possible in the Capital District through the Community Psychology Department of Sage Graduate School and MHANYS Parent Support Network Project (PSNP). The Parent Support Network is a statewide network of 3,000 members consisting of parents, parent groups and others interested in children's mental health issues.

Understanding Childhood Mental Disorders is presented by the National Mental Health Association and the PBS Adult Learning Satellite Service with underwriting from the National Institute of Mental Health and the Center for Mental Health Services.

Co-sponsors for the program are the Federation of Families for Children's Mental Health, the Child Welfare League of America, the Sage Colleges and MHANYS Parent Support Network Project.

To register or for information, call Joan Valery at MHANYS at 434-0439.

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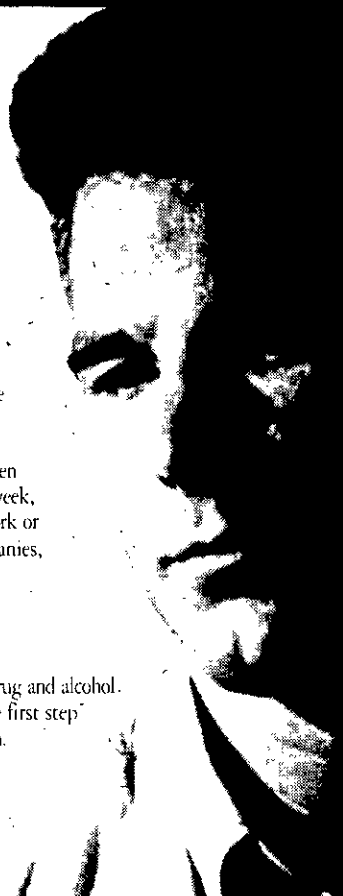
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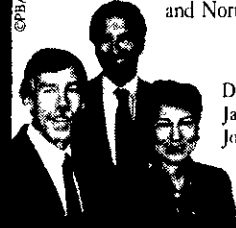
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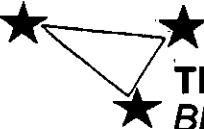
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# Long-term care insurance can preserve assets

By Donna Moskowitz

As nursing home costs skyrocket, a family's life savings can be wiped out in a matter of months.

But a new program, called the New York State Partnership for Long-term Care, can ease the situation by encouraging people to take out long-term care insurance to protect their resources.

Currently, people needing long-term care have three options with respect to their financial resources, according to Mildred Shapiro, associate commissioner of the New York State Department of Social Services Division of Health and Long Term Care.

**The insurance option is not for the poor and not for the wealthy. It's for the broad middle class.**

Mildred Shapiro

One option is to allow all income to be used to pay for long-term care. Income includes resources such as pensions, Social Security, disability, or interest or dividends, Shapiro said.

When these resources are gone, a person can apply for Medicaid, and the federal government will foot the long-term care bill.

A second possibility is to transfer one's resources to someone else. One way this can be done is by setting up a certain type of trust. Medicaid can then be obtained immediately, and the resources will not have to be spent on long-term care. The disadvantage of this is that an individual loses control over resources he or she may have worked hard to accumulate.

Another problem is that the federal government is clamping down on these transfers. As of Oct. 1 of this year, such transfers will be harder to arrange, Shapiro said.

A third possibility is to buy long-term care insurance.

This type of insurance is currently available nationwide, but in New York, a new type of policy went on sale on April 1.

New York is requiring insurance companies to provide for three years of nursing home care, or six years of home care. If an individual purchases this new type of insurance, the family resources will not be touched — even after the insurance runs out.

The state requires insurance companies to provide a minimum benefit of \$100 per day for nursing home care and \$50 per day for home care. Additionally, the insurance "has inflation protection built in — 5% compounded every year. The benefits increase but the premium does not," Shapiro said.

The benefits are based on one's

age when the policy is purchased, she said.

For example, a 65 year old might pay between \$1200 and \$1800 per year for long-term care insurance, Shapiro said.

Thus far, the state has approved the new type of insurance policies for six insurance companies. "Eight more are in the pipeline," she said.

In general, "Elder law attorneys are very supportive of this for the right client." She said the insurance option "is not for the poor and not for the wealthy. It's for the broad middle class."

People with "5, 10, or \$20,000 income per year have little income to protect" and probably would not benefit from long-term care insurance, Shapiro said.

The toughest question to answer is what income level derives the most benefit from the insurance.

Elder law attorneys offer different numbers, Shapiro said, but she estimates a person should have about \$50,000 in assets "before considering an insurance policy to protect it."

"For people who have incomes equal to the cost of the care, this partnership policy is not for you," she said.

The New York law was passed in 1989, but it was only this year that the federal government gave its permission to the state to proceed. Shapiro said the federal government wants "to shut down any other states from doing this... They don't want to help the middle



A new program called the New York State Partnership for Long-term Care helps middle class families preserve their assets when a member must go into a nursing home such as Good Samaritan Home in Delmar, pictured here.

Donna Moskowitz

class," she said.

"We consider it irrational policy." It places the elderly in the position of choosing between "impoverishment or losing control by setting up a trust." It also results in "some very wealthy people going on Medicaid. People do it because they feel they have no choice," she said.

Only four other states will be permitted to have similar programs to that of New York. They are: Connecticut, Indiana, California, and Iowa, Shapiro said. All other states in the union appear to have been permanently prevented by the federal government from

developing similar programs.


Between mid-May and June 30 of this year, more than 1,000 people applied for the new type of long-term care insurance, according to Shapiro.

For information about the New York State Partnership for Long-term Care, call 473-7705. To receive a booklet explaining the program, call the toll-free number 1-800-633-3088.

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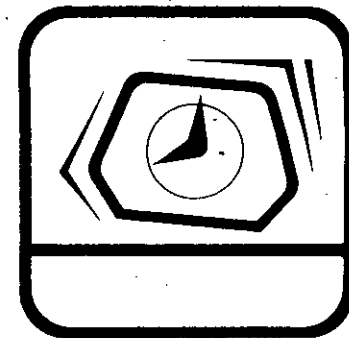
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## Simple precautions can curb choking

The Consumer Product Safety Commission and the American Window Covering Manufacturers Association (AWCMA) has warned parents about the danger of accidental strangulation if young children become entangled in pull cords for window coverings.

According to the commission, at least 118 such deaths occurred between 1981 and 1991. Window covering cords are one of the products most frequently associated with strangulations of children under 5.

Most of the children were 2 years old or younger. Some of the victims were in cribs which had been placed near window covering pull cords. Other victims were children who were not in cribs, but who were playing with the cords.

Children may find the cord hanging near the floor, or they may reach the cord by climbing on furniture placed near the cord. These accidents have occurred when a child is alone in a room for only a short time.

The commission and the AWCMA have issued the following suggestions for parents to keep cords out of the reach of young children:

- Do not place cribs and furniture near windows because this gives children additional height to reach the cords.
- Clip the cord to itself or to the window covering with a clamping device, such as a clothes pin or cord clip.
- Wrap or tie the cord to itself.
- Wrap the cord around a cleat securely mounted near the top of the window covering.
- Securely install a tie-down device (this may be useful when a long looped cord is necessary).

## Take one step at a time to avoid foot problems

By Eric Bryant

Okay, let's say you've just embarked on a new exercise program. Who cares about the funny stares, you're power walking and you've gotten yourself up to two miles a day.

Three weeks into the new regimen, you awake one morning to find your heel is unusually sore. Do you shrug it off and head out on the road? Work through the pain, as the football coaches used to say?

Hardly.

If the pain persists for several days and is especially prevalent in the mornings, it's likely you're suffering from one of most common foot ailments afflicting walkers, joggers and others who spend a lot of time on their feet—plantar fasciitis (PLAN-tar fassy-EYE-tiss).

Plantar fasciitis (PF) is an inflammation or tearing of the fascia, a ligament-like piece of connective tissue which runs the length of the arch, from the heel to the balls of the foot.

Podiatrists say it's rapidly becoming one of the most common foot ailments they see, and with the jogging and walking craze gaining even more members, they're seeing a lot.

"It's one of the most common problems we see, especially with the onset of summer," said Colonie podiatrist Joseph Crisafulli. "The weather gets nicer and people get out to exercise. They try to do too much too early."

Podiatrists say problems occur when the fascia begins to weaken and overstretch, causing the muscles of your feet to sag into it. If that happens enough, the fascia can actually tear near the heel bone.

Overdoing a new exercise program is just one way to aggravate the fascia, but the results once it happens are predictable. The pain begins slowly, usually near the heel and will increase if the problem is not addressed properly. The pain is usually more severe in the morning because while you sleep the fascia has had a chance to heal itself. When pressure is reapplied, all that self-healing goes for naught.

"Early morning pain is one of the key symptoms," said Crisafulli. "Things I look for are a recent increase in weight, a recent trauma or an increase in physical activity."

"A good percentage of those who have this problem do extremely well with custom-made arch supports. The other percentage, I would say, you should evaluate the possibility of another problem," Crisafulli said.

Another taboo, say Crisafulli, is simply overdoing your exercise program. Know your limits and build up gradually instead of pushing yourself at the start. When heel pain does occur, don't treat it lightly. Cutting back substantially on your exercise program is probably a good idea. Podiatrists also recommend aspirin and ice packs to reduce pain and swelling. If the pain persists, a trip to the foot

***That's my biggest problem. People wait several months with this pain, and the longer you suffer with it the longer it takes to heal. It's important to catch it early.***

Dr. Joseph Crisafulli

Since the injury is basically self-inflicted, prevention is generally nine-tenths of the cure. As it is with most physical activities, foot cushioning, protection and support are essential. Choose a pair of shoes for comfort and stability, not style. It's often a good investment to spend that extra amount if a shoe fits snugly, than to chance a pain in the foot for a few extra dollars saved. Another foot tip—buy shoes in the afternoon or evening. Feet tend to swell during the day.

Arch supports can also help prevent overpronation, which is associated with putting too much pressure on the arch while walking or running.

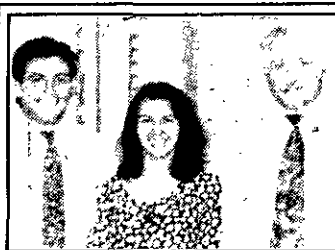
doctor might be necessary.

The one thing most podiatrists recommend is to catch the problem early. The longer you wait, the longer it will take to eventually re-heal your heel.

"That's my biggest problem," said Crisafulli. "People wait several months with this pain, and the longer you suffer with it the longer it takes to heal. It's important to catch it early."

### Heart disease kills

According to the American Heart Association, cardiovascular diseases kill more than 930,000 Americans every year.



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## ELECTROLYSIS UPDATE

by Cintra Electrolysis

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Electrolysis is not something you should have to do the rest of your life. After 18 months you should be able to stop going for treatments. A typical upper lip area should take about 1 year to be removed permanently and a chin area should only take 18 months. Your appointments will stagger after the first month or two, then again after the third or fourth month, and by 18 months you should be going for electrolysis only once every six to eight weeks.

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# Brush up on your dental hygiene care

By Mel Hyman

Remember the old TV commercials where the smiling, young girl comes racing through the front door yelling "Look mom, no cavities."

It was only a commercial for a popular toothpaste, so it was natural for many of us to take it with a grain of salt. Still just about every kid in the 50s and 60s wished they could run in the house and yell the same thing. But for most of us, it was an elusive dream.

Dental health has come a long way in the last 10 years, so that maintaining a cavity-free mouth nowadays is not beyond reach. It just takes regular brushing, regular flossing and biannual trips to the dentist.

You might be able to get away with brushing only once a day, but the advice offered by the American Dental Association, is that you should actually brush more than once a day, depending on your diet. Nothing substitutes for brushing, says Dr. Geoffrey Edmunds, a partner in Delmar Dental Medicine.

At the same time you can't totally ignore flossing. You can floss irregularly, or just about never, but you also run the risk of developing periodontal (gum) disease.

"We've seen 10-year-olds who are very good at (flossing)," Dr. Edmunds says. It's an excellent idea to get youngsters in the habit of flossing if their "physical coordination" allows them to do it.

Dr. Yvonne Cubano, a dental hygienist with Colonie Dental P.C., advises parents to bring their children in for check-ups as early

as two or three, "if just to get acclimated to the dental atmosphere."

The addition of fluoride to toothpastes, municipal water supplies and even in vitamin pills, has seemed to cut down on tooth decay in kids, but is also no cure-all, Dr. Cubano says. "We still find decay in a lot of children. Overall, about 65 percent of children suffer from tooth decay" to some degree.

Fluoride-fortified vitamins for kids can be beneficial. "Even if you have fluoridated water, how much water do they drink? Your dentist should know what percentage of fluoride is needed when he or she makes out the prescription.

Dietary recommendations have not changed that much over the years. Processed sugars should still be avoided because of

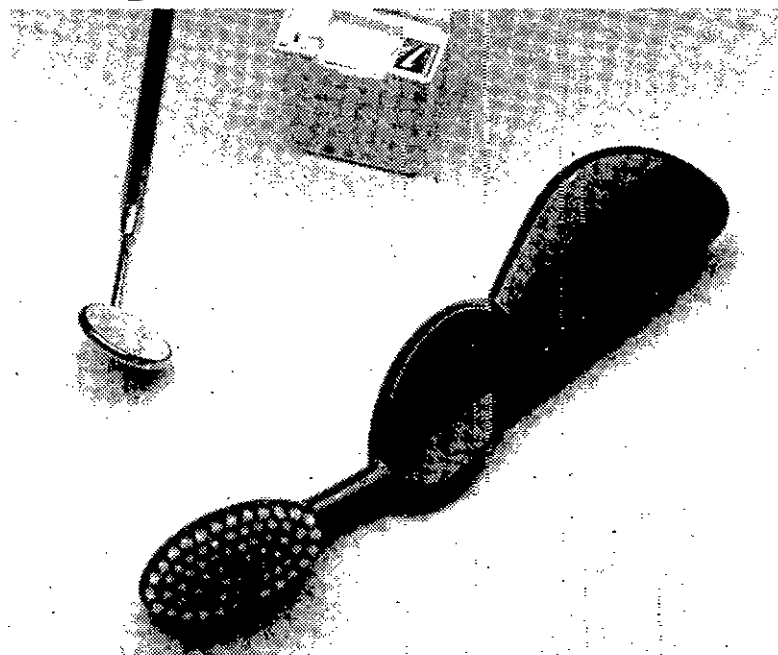
Mr. Tooth Decay.

While tooth decay is much more rampant in children than adults, adults are more prone to periodontal disease, according to Dr. David Weinstein, a Delmar resident whose dental practice is on Palisades Drive in Albany.

For that reason, Dr. Weinstein says, adults might want to see their dentist every three or four months, especially if their gums bleed when brushing or flossing.

"I've seen people without a filling in their mouth who, because of neglect, have developed periodontal disease and were in danger of losing all their teeth."

Rinsing with mouthwash in the a.m. before you brush and in the p.m. before you go to bed can help prevent gum disease, he adds, because it cuts down on the bacteria.



Using the proper procedures and tools can help to keep teeth and gums in tip-top condition.

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## Early detection of tumors can save women's lives

About 182,000 women in the United States will be diagnosed with breast cancer in 1993, with an estimated 46,000 dying of the disease. Yet, fewer than one-third of American women follow the recommended guidelines for breast cancer screening.

The American Cancer Society recommends that all women between 40 and 49 should have a mammogram every one to two years, and after age 50, every year. It is also recommended that women perform monthly breast self-exams and have clinical evaluations at least every three years after 20 and every year after the age of 40.

A mammogram can detect a small tumor up to two years before it can be felt. Finding a lump early significantly improves a woman's chance of successful treatment.

According to Debra Saunders, manager of clinical applications for LORAD Corporation, manufacturers of mammography equipment, "New technology means less radiation dosage, making mammograms safer than ever. Also, recent advances have reduced the time and cost associated with mammograms, making it more accessible for women."

Before receiving a mammogram, it's important to choose a reliable mammography facility. The National Cancer Institute recommends asking the following questions before making an appointment:

- Does the facility use machines specifically designed for mammography?
- Is the mammography machine calibrated at least once a year to make sure its measurements and doses are correct?
- Is the person taking the mammogram a registered technologist, certified by the American Registry of Radiological Technologists or licensed by the state?
- Does the facility perform at least 10 mammograms each week as part of its regular practice?
- Is the radiologist who reads the mammograms specifically trained to do so?

The American College of Radiology (ACR) runs a voluntary accreditation program. For information, call the Cancer Information Service at 1-800-4-CANCER (1-800-422-6237).

# New laparoscopic surgery can reduce recovery period

By Susan Graves

Dr. Jeffrey Rosen, an Albany surgeon, is excited about a relatively new procedure for hysterectomy operations that significantly reduces hospital and recovery time for patients.

Laparoscopic surgery usually means a hospital stay of 23 hours vs. four days for patients who have the more conventional abdominal hysterectomy.

Rosen, who has been practicing from his Hackett Boulevard office for 16 years, said he has been performing laparoscopic hysterectomies for the past two years. "Most (patients) are back to average activities within a week and totally recovered in three weeks," he said. "They're back to work and fun sooner, and the nice thing to think about is there's less anxiety in patients." Women who have conventional hysterectomies can usually expect a four-to-six week recovery period.

Rosen believes the new technology is definitely less traumatic, with less discomfort and a shorter hospital stay. And, he added, "In most cases, the blood loss is less."

One other aspect of laparoscopic hysterectomies is related to economics. "There are millions in savings," he said.

Evolving technology has made



Dr. Jeffrey Rosen has performed a number of laparoscopic hysterectomies over the last two years. Elaine McLain

the "old days a week ago," in terms of laparoscopic surgery, which is performed through the vaginal opening, he said. In a conventional hysterectomy, the surgeon enters through a 2-to-3 inch incision in the abdomen.

Rosen said he underwent extensive training for the procedure which he performs at St. Peter's Hospital and Child's Hospital in Albany. "It requires extensive training at a laparoscopy center," he said. First, the doctors observe other physicians on videos and then participate in operations. Finally, said Rosen, there are "countless hours in the lab." Rosen said he was the first surgeon in the area to perform laparoscopic hysterectomies, but that several others are now using the procedure.

Laparoscopic hysterectomies, however, require more than just the skill of the surgeon. "You have to have an entire OR (operating room) team and a lot of support staff," he said. During the procedure, the surgeon watches a monitor that records the situation with a scope fiber optic lens.

Laparoscopic surgery is also used to correct other medical problems, including urinary stress incontinence. "This is very, very new," Rosen said.

"This whole field has become very specialized," he said.

Rosen, a Delmar resident, is a graduate of the University of Medicine and Dentistry of New Jersey.

## Cooking with olive oil can lower cholesterol

Olive oil, a staple ingredient in Mediterranean cooking, has been found to have cholesterol-lowering properties.

To help Americans increase the use of olive oil in their diets, Filippo Berio Olive Oil is offering a special 307-page softcover edition of "The Low Cholesterol Olive Oil Cookbook" for \$5.45.

To get a copy, send a check or money order for \$5.45 to: Filippo Berio Olive Oil Cookbook Offer, P.O. Box 5021, Clifton, N.J. 07015.

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## Teleconference slated on breast cancer detection

A live interactive teleconference on early detection of breast cancer is scheduled on Thursday, Sept. 30.

The program, "Saving lives and dollars: Worksite programs for early detection of breast cancer," is sponsored by the United University Professions (UUP), a union representing 21,000 State University of New York faculty and other professionals. The teleconference is scheduled from 11:30 a.m. to 3 p.m. at UUP headquarters, 159 Wolf Road, Colonie.

The teleconference will feature two panels of corporate leaders and cancer experts, discussing cost-effective options for bringing breast-cancer screening and educational programs to the workplace.

According to UUP President William Scheuerman, a study by the National Institute of Occupational Safety and Health Centers for Disease Control and Prevention found that female educators are 60 percent more likely to die from breast cancer than are women in other occupations.

The conference is open to labor leaders, health care professionals, human resources personnel and the public. Limited space is available.

For information, contact Robert Albrecht, UUP vice president for academics, at 458-7935.

## Leukemia society offers booklet on bone marrow transplants

The Leukemia Society is offering a free booklet on bone marrow transplantation.

The procedure is a form of treatment for leukemias and related cancers.

The 20-page booklet contains detailed information on the procedure in an easy-to-follow question and answer format.

Currently, marrow transplantation is being used to treat three major types of leukemia as well as lymphomas. These diseases affect approximately 48,000 Americans each year, according to information provided by the Leukemia Society.

For information, call Teresa Santandrea at the Leukemia Society at 459-1249.

## Aquariums can have health benefits

Experts have often said that relaxation and relief from stressful situations go hand-in-hand with good health and fitness.

Now, two doctors at the University of Pennsylvania have completed a study which proves that watching tropical fish in a home aquarium not only is relaxing and a good way to relieve stress, but actually reduces high blood pressure.

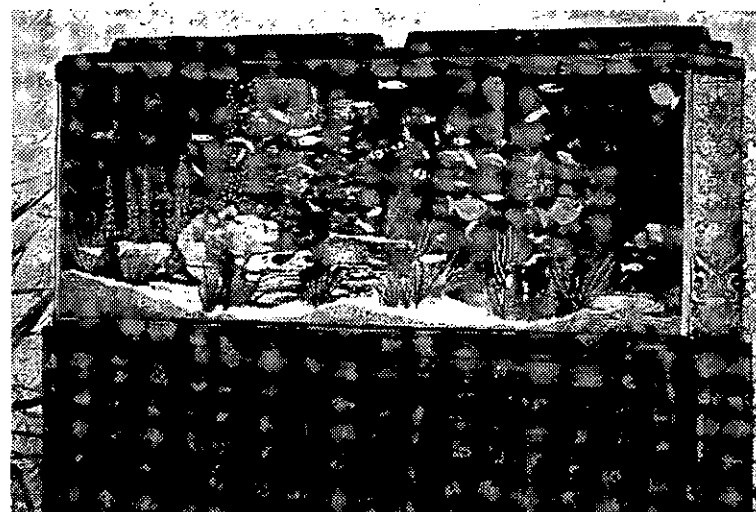
Drs. Aaron Katcher and Alan Beck published the results of their study, entitled "New Perspectives on Our Lives with Common Animals," in the University of Pennsylvania Press.

For those who want to experience the health benefits of an aquarium, the first step is to locate a good fish supply dealer.

It is estimated that there are at least 10 million aquariums in homes, offices, restaurants and hotels throughout the United States. For this reason, there are a lot of fish supply dealers to choose from.

Friends may have a favorite store, or names can be found in the phone book under tropical fish retailers. It's also advisable to purchase a book that provides complete instructions on setting up and maintaining an aquarium.

One basic rule is to buy the largest aquarium possible, because the greater the water environment, the less chance there is of water problems.



A recent study shows that watching fish in an aquarium can relieve stress.

When determining where to put the new aquarium, several factors should be considered. First, it should be on a firm stand, because the water is heavy. The aquarium should not be in direct sunlight, which would cause algae to grow on the glass and plastic accessories.

Once the aquarium is chosen, the first accessory should be a tightly-fitting canopy cover equipped with a fluorescent fixture.

Tropical fish require an environment of around 75 degrees Fahrenheit. A good heater and an aquarium thermometer will help regulate the temperature.

A quality filter is also impor-

tant. The dealer can give advice since there are several types and needs vary with the size of the aquarium.

Once the aquarium is set up, a chlorine neutralizer should be added to the water, but only a few fish should be put in initially. These few fish will help develop the proper biological conditions necessary to maintain a fully-stocked aquarium. After three to four weeks, assuming everything is functioning properly, the rest of the fish can be added.

Aquarium maintenance is quite simple. Every two weeks, a partial water change by siphoning the water from the bottom of the tank is all that is required.



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# Patients' rights shine light on medical system

By Elaine Jackson Cape

According to Blair Horner, legislative director of the New York Public Interest Research Group, most people spend more time and effort buying a car than they do choosing a doctor or hospital.

"I know when I go out to buy a car, I read *Consumer Reports*, and I go around and I wrangle with them and try to ratchet down the price, and I kick the tires and look at the engine. But when most people go in to see the doctor, they just turn into mice. Consumers have to be much more effective advocates for themselves."

To help prospective patients find the information they need, NYPIRG recently released a 24-page booklet entitled "Health Care Checkup: A Consumer Guide for New Yorkers."

The booklet contains a wide variety of information, including: how to check on a doctor's credentials, where to go to get information on disciplinary proceedings against physicians, obtaining medical records and how to file complaints against doctors and hospitals.

The booklet also features tips

on going to the hospital. For example, Horner said, patients should work out a health plan in advance with the doctor, discussing all the treatment possibilities and their possible risks and benefits.

Another source of information for those facing hospitalization is the book "Take This Book to the Hospital with You." Subtitled "A Consumer Guide to Surviving your Hospital Stay," the book was written by Charles Inlander, president of the People's Medical Society, a nonprofit consumer health organization.

According to Inlander's book, the first step is to find out if hospitalization is even necessary. In addition to seeking a second, or even a third opinion before making a decision, Inlander advises patients to ask lots of questions, including the most important one, "What will happen if I don't have this procedure done?" In some cases, the doctor may predict serious consequences but, in others, he may simply say "Well, we'll just have to keep an eye on it and see what happens."

One break for consumers is that, in 1987, a state law was passed

mandating that every patient have his rights explained to him on admission to a hospital. As part of this explanation, one of the first things a patient receives is a copy of the "Patient's Bill of Rights," compiled by the American Hospital Association.

down of communications, she said.

For example, if a family feels they're not getting information from their physician, the department's role is to call the physician and make arrangements for him or her to get together with the family.

educational component to her job. On the one hand, she said, she works to educate the public about their rights and, on the other hand, to help doctors learn how to answer consumers' questions and explain options.

On the whole, Brockenauer

***It used to be that patients would access the hospital system, pay their money, and do what they were told. Now they're becoming more active participants in their own health care.***

Anne Brockenauer

Another result of the legislation is the increasing importance of patient relation offices in hospitals. Catherine Plummer, director of the patient representative department at Albany Medical Center, said her office has grown from "one-and-a-half people" in 1987 to a staff of 12.

She described the purpose of her department as a liaison between the staff and the patients, to see that patients' rights are honored and to help resolve any issues or problems that might arise. Many of the issues involve a break-

"Our goal is not to line people up on sides against each other, but to bring the parties together, so that the end result is the best delivery of patient care," she said.

Anne Brockenauer, patient relations coordinator at St. Peter's Hospital in Albany, sees consumerism as a positive force. "It used to be that patients would access the hospital system, pay their money, and do what they were told. Now they're becoming more active participants in their own health care," she said.

Brockenauer also sees a large

feels that doctors have been very receptive to the patient relations program. "They became doctors in the first place to take care of people," she said, "and if we can help them take care of their patients better, everyone is happy."

Although the patient relations programs can help consumers, Horner said, it's still up to them to do their homework before the hospital stay. The most important thing for prospective patients to do, he said, is: "Always get a second opinion."

Always question physicians' decisions and treatment. Be as aggressive as you are when you buy a toaster," he said.

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Bread recipes begin with a very basic set of ingredients: water, flour, salt and yeast. To this short list you can add a variety of interesting and delicious ingredients that will give your breads the individuality you are looking for.



## Views On Dental Health

Dr. Virginia Plaisted, D.D.S.

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## The Patient's Bill of Rights

A complete copy of the "Patient's Bill of Rights" is available from most hospitals. A summary of the document, contained in the NYPIRG booklet "Health Care Checkup," shows that the law gives consumers the right to:

- Considerate and respectful care.
- Complete information on diagnosis, treatment and prognosis.
- All information needed to give informed consent for any procedure or treatment.
- A second medical opinion.
- Refuse to take part in research.
- Refuse treatment and be informed of medical consequences.
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For information on receiving a copy of the NYPIRG booklet, contact NYPIRG, 146 Washington Ave., Albany 12210.

## Good glasses key to reading life

Can you read this without glasses? If not, then you are probably one of the 39 million Americans who are over 40 and have presbyopia. This word comes from the Greek and means "the aging eye." This means it's harder to focus on close objects and difficult to read small print.

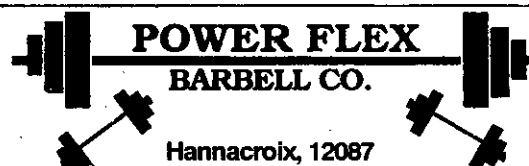
Reading glasses become a necessity once your arms seem too short to read a newspaper comfortably. There are two options for your first pair. One is to buy a pair of mass-produced, magnifying glasses from your drugstore. The other option is to have your eyes examined by an eyecare professional who will prescribe the correct lenses for you.

Besides presbyopia, eyecare professionals can detect other problems with your vision, such as astigmatism. Also, since both eyes don't necessarily "age" at the same rate, you may need a differ-

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## Head lice frustrate removal efforts

Once again this year, it is expected that 6 to 9 million children will be dismissed from school for head lice.

No region in the country is free from head lice, and in some areas, rates of infestation are as high as 40 percent. Pediculosis (head lice infestation) usually strikes children from 3 to 10 years old, but all children in a group setting are vulnerable.

Over-the-counter products (pediculicides) are available to kill head lice, but lice eggs, commonly called nits, must also be removed with a fine-toothed comb.

Complete nit removal is the way

for schools to be absolutely sure in the control of head lice. When live nits remain, transmission to another person is possible.

Because it is difficult to tell live nits from dead ones, nearly all school systems adhere to a "no-nit policy". This policy requires a child who has been sent home with head lice to be re-examined by the school nurse before returning to classes. This "no-nit policy" avoids the confusion in distinguishing live nits from dead ones.

Nits stubbornly cling to hair with a glue-like substance. Therefore, even after hours of tedious combing and "nit-picking", the

child may not pass the scrutiny of the nurse.

While head lice are more a nuisance than a health threat, early detection and proper treatment followed by nit removal will prevent needless suffering and school absence. Scratching of the scalp by a child should send a signal that head lice may be to blame.

Inspect the child's head for nits or small crawling adult insects. Nits look like tiny grains of sand which attach to hair and, most often, will be visible behind the ears and at the back of the neck along the hair line. The school nurse or local pharmacist can recommend a pediculicide.

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# Professionals face unique obstacles in recovery

By Joanna Stellato Kabat and Dan DiNola

It's a long and painful journey from respected operating room nurse to unemployed drug addict and back to responsible operating room nurse. Likewise, professionals with serious substance abuse problems in other fields can often face a long battle for recovery.



Kabat

tinctive circumstances can often lead to frustration in the recovery process when approached with conventional treatment methods.

The problem is by no means a small one, and in one way or another touches all of our lives. There are an estimated 565,000 licensed professionals in New York, none of whom are any less susceptible to the perils of substance abuse than the rest of the population, despite generally high levels of status, wealth and education. Add to that professionals in non-licensed fields like business management, public administration, law enforcement, and the grouping begins to take in a substantial number of often successful and otherwise responsible adults.



DiNola

While an estimated 10 percent

of the population struggles with dependence on drugs and alcohol, the figure is probably higher for health care workers, for whom intense pressure and long hours are coupled with easy access to medication. In work where a clear head can be a matter of life and death, it's easy to see why it's important to make sure treatment is as effective as possible.

In other professional fields as well, such as law and medicine, high stakes and expectations unfortunately create ideal conditions for the development of drug and alcohol dependency. At Al-Care, we feel that the unique needs of professionals have too often been overlooked by addiction care providers.

In response, we've started the Recovering Professionals Program (or Pro-Recovery, for short), a chemical dependency treatment service designed specifically for those professionals with alcohol or drug problems.

Pro-Recovery takes a two-pronged approach to recovery, addressing the core issue of de-

pendency while working to raise awareness of obstacles to continued recovery often rooted in the very attributes that made the user a successful professional in the first place—their drive, independence and capacity for leadership.

While conventional methods have usually lumped professionals in with people of sharply contrasting backgrounds, our program takes a different tack, bringing alcoholics and addicts face-to-face with their peers.

diction, and you'll understand why peer contact is important to breaking through denial. The truth is, addicts with high status and education often need to be challenged by someone "on their level" if the message is going to carry any real credibility, and ultimately do any real good.

The Pro-Recovery principle is simple: by offering treatment that takes stock of the common characteristics and backgrounds of licensed and non-licensed profes-

**The Pro-Recovery principle is simple: by offering treatment that takes stock of the shared characteristics of professionals, we hope to make the uphill battle of recovery from drug and alcohol dependency no steeper than it has to be.**

Imagine trying to convince a successful surgeon why his use of drugs, initially started in service of "alertness" during arduous hours, has all the qualities of ad-

ditionals, we hope to make the uphill battle of recovery no steeper than it has to be. In line with this, Pro-Recovery has an additional component crucial for many recovering professionals trying to piece their lives back together—monitoring and advocacy in the area of licensing and employment.

The Pro-Recovery program was born of the personal experiences of its founders, Dan, a registered pharmacist, teacher and chemical dependency clinician, and John Starrs, an attorney and teacher. Both Dan and John have a personal interest in recovery and recognized early on the inadequacies of traditional substance abuse treatment resources. Comparing notes, the two decided to start a recovery program geared to the needs of professionals. The program has been expanded over the last four years and has recently been brought to Al-Care, long a leader in offering specialized services for clients and their families.

The good news is that the same qualities and skills that tend to make professionals susceptible to chemical dependency—their independence and drive—also tend to speed recovery once a beachhead against denial is established. The successes that Dan and John saw during the years they spent developing the program are continuing at Al-Care. We feel confident that Al-Care's resources and commitment to whole-family treatment can only be a bolstering influence.

Joanna Stellato Kabat is an Al-Care director. Dan DiNola is coordinator of Al-Care's Professionals Recovery Program.

## SPARC plans festival at historic Colonie site

St. Peter's Addiction Recovery Center (SPARC) will host a Fall Family Festival on Sunday, Sept. 12, from 11:30 a.m. to 4:30 p.m. at the historic Pruyn House at 207 Old Niskayuna Road in Colonie.

The free event is intended to promote activities that are enjoyable without drugs and alcohol.

For information, call 452-6700.

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- Protect skin from the sun

with clothing and sunscreen. If sunburn does occur, apply cool compresses every few minutes.

- Rashes from poison ivy and poison oak are caused by contact with the oil of the plants' leaves or stems, and skin should be cleaned immediately. Apply calamine or hydrocortisone. An oral antihistamine also helps relieve itching.

- Clean cuts and scrapes with an antibacterial soap. Follow by applying hydrogen peroxide, and protect with an adhesive bandage.

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To order "Life Without Back Pain," send a \$12 check or money order to KZ Press, 2351 West Glendale Ave., Suite 202, Phoenix, Ariz. 85021.

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# Arthritis study could lead to treatment

A study published in this month's *New England Journal of Medicine* and funded by the Arthritis Foundation suggests new answers to why women with rheumatoid arthritis often have symptoms of their disease go away during pregnancy and then return after pregnancy.

The explanation could lead to new treatments to block the reactions that cause rheumatoid arthritis in all people with the disease, according to the Arthritis Foundation.

Researchers analyzed pregnancies in 46 women; 38 of whom have rheumatoid arthritis. They compared women whose arthritis improved during pregnancy with women whose arthritis remained active.

The study found that the majority of women (76 percent) whose arthritis went away or improved showed greater differences between their own genetic make-up and that of the fetus, which is made up of genetic material from both mother and father.

The genetic areas studied included three specific HLA antigens known to be associated with rheumatoid arthritis.

HLA antigens are proteins on the surface of cells that are highly

## Injuries from repetitive motion on the increase

There has been a dramatic increase in on-the-job, repetitive motion injuries, according to the Arthritis Foundation.

These injuries, often called cumulative trauma disorders, involve such arthritis-related disorders as tendinitis and carpal tunnel syndrome.

Until recently, CTDs were found most frequently in people who operated heavy machinery or worked on assembly lines.

Today, they are more likely to be seen in office workers who work at computer keyboards that require them to constantly keep their hands in motion.

Hands and wrists are the body parts most vulnerable to injury. The Arthritis Foundation recommends frequent breaks and various exercises to ease the tension.

individual from person to person. It is thought that some element of the mother's immune response is affected by the presence of the different HLA protein from the fetus, which causes a reduction in the mother's arthritis symptoms.

The exact nature of the process that takes place is not yet known.

One possibility is that the reduction in arthritis symptoms is caused by modified antibody response by the mother's immune system to the different HLA material of the fetus, which the mother's body views as partially foreign.

Another possibility is that certain molecules from the fetus, which are unlike the mother's, might compete with or displace the mother's molecules at a specific stage in the immune response.

This causes the mother's immune system, which previously had produced RA symptoms, to react differently and no longer develop rheumatoid arthritis.

"This study may help us find what goes wrong with someone's immune system to cause rheumatoid arthritis and will possibly help develop new ways to treat the disease based on blocking a step in the inflammation process," said Dr. Martin Farber, rheumatologist at Sunnyview Hospital and Vice Chairman of the Arthritis Foundation's Northeastern New York Chapter.

The study, conducted by Dr. J. Lee Nelson and colleagues at the Fred Hutchinson Cancer Research Center in Seattle, was funded by national grants from the Arthritis Foundation, local Arthritis Foundation chapter grants, and the National Institute of Health.

The Arthritis Foundation estimates that 2.1 million Americans have rheumatoid arthritis; the disease affects between two-to-three times more women than men.

Rheumatoid arthritis is a reaction by the body's immune or

defense system that identifies the body's own tissue as foreign. It results in inflammation and thickening of the joint lining or synovial membrane.

The inflamed joint lining invades and damages bone and cartilage.

The joint loses its shape and alignment, causing pain, loss of movement and eventually complete destruction of the joint.

For free brochures about rheumatoid arthritis or arthritis and pregnancy, call the Arthritis Foundation, at 456-1203.

The Arthritis Foundation is the source of help and hope for an estimated 37 million Americans who have arthritis.

The Foundation supports research to find ways to cure and prevent arthritis and seeks to improve the quality of life for those affected by arthritis.

## SPARC sets workshop series

St. Peter's Addiction Recovery Center (SPARC) is sponsoring a series of workshops about alcoholism and drug dependencies.

The programs are divided into four areas of interest: women and addiction, legal issues and addiction, health issues and addiction, and family addiction.

The first program "Understanding and Treating Shame in Addiction Counseling," will be presented by Martha M. Walrath, CSW, on Wednesday, Sept. 22, from 6:30 to 8:30 p.m. There is a workshop fee of \$25 and pre-registration is required.

For information, call SPARC's Community Support Services Department at 452-6700.

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Mr. and Mrs. Wilford LeForestier

## Williams, LeForestier wed

Kathleen Williams, daughter of James and Anne Williams of Delmar, and Wilford M. LeForestier Jr., son of Wilford and MaryLou LeForestier of Troy, were married July 3.

The ceremony was performed by the Rev. James Cribbs in the Church of St. Thomas the Apostle in Delmar. A reception followed at Normanside Country Club.

The maid of honor was Kathryn Bredderman, and bridesmaids were Mary McCormack, Missy Aloisi, Rena Townsend, Tiffany Debottis and Jill LeForestier.

The best man was Jason Clickner, and ushers were Thomas O'Brien, Joseph Macuter, Anthony Valentine, David Williams and Matthew Williams.

The bride is a graduate of Bethlehem Central High School and SUNY Brockport. She is employed as a Spanish teacher in the Berlin Central School District.

The groom is a graduate of Troy High School and Hartwick College. He is employed by Key Bank.

After a wedding trip to the Poconos, the couple lives in Troy.

## Births

### Albany Medical Center

Girl, Rachael Lynne Clark, to Joy and Ford Clark, Delmar, July 29.

Boy, Corey Joseph Hughes, to Kim and Ron Hughes, Clarksville, July 29.

Girl, Erin Leigh Turner, to Bonnie and Greg Turner, Delmar, July 30.

Boy, Joshua Michael Smith, to Joan and Howard Smith, Delmar, Aug. 2.

Boy, Robert Joseph Davies to Alison and Robert Davies, Delmar, Aug. 7.

### Bellevue Hospital

Girl, Sarah Jane Casey, to Barbara and Charles Casey, Alplaus, July 9. Paternal grandparents are Dr. Clifford and Shirley Casey of Voorheesville.

Boy, Nathan Michael Ryan, to Rebecca and Patrick Ryan, Slingerlands, July 22.

Girl, Rose Elizabeth Aspland, to Theresa and Paul Aspland, Voorheesville, July 28.

### Out of town

Boy, Christopher R. Mason, to former Delmar residents Michelle Bradt Mason and Christopher Mason, Escondido, Calif., July 21.

## Local students make dean's lists

The following local college students were named to the dean's lists at their respective schools for the spring semester.

Boston University — Mary Ann Loegering of Delmar.

Brandeis University — Miriam Weiss of Delmar.

SUNY Plattsburgh — Jay Kesslen of Slingerlands, Michele Miller of Selkirk, Edward Rivers of Voorheesville, and Cheryl Davies, Margaret Gould and Christine Malone, all of Delmar.

Western New England College — Caroline Wirth of Slingerlands.

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Mr. and Mrs. David Harrington

## Harrington, Amore wed

David Keith Harrington, son of Richard and JoAnn Berkun of Delmar, and Christine Elyse Amore, daughter of JoAnn Amore-Klimko and Jim Klimko of Deerfield Beach, Fla., were married July 11.

The ceremony was performed by Judge Louise Smith in Memorial Chapel of Union College, Schenectady.

The maid of honor was Sonnia Murillo and the bridesmaid was

Deanna Amore.

The best man was Theron Perna, and ushers were Michael Lanides and Chris Hamilton.

The groom is a graduate of Union, and is employed as an engineer by the state Department of Environmental Conservation.

The bride is a student at the University at Albany.

After a wedding trip to St. Croix, the couple lives in Watervliet.

## Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

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# Community Corner



## Bethlehem soccer club schedules car wash

The Bethlehem Central Soccer Booster Club will have a car wash and bake sale on Saturday, Aug. 28, at the Key Bank Office, 343 Delaware Ave. in Delmar, from 9 a.m. to 3 p.m.

A car wash will cost \$4, with proceeds to benefit the soccer programs at Bethlehem schools.

For information, call 439-3523.

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# Obituaries

## Raymond Weidman

Raymond F. Weidman, 81, of McCombe Drive in Delmar, died Monday, Aug. 23, at Samaritan Hospital in Troy.

Born in Watervliet, he had lived in Delmar for the past 39 years.

Mr. Weidman was a chief survey engineer for the Army Corps of Engineers in Troy for 37 years, retiring in 1978. He received numerous commendations and certificates of appreciation from the Army and the Corps of Engineers and from mayors and governors in recognition of his efforts in emergency missions during such disasters as Hurricane Agnes in 1972 and the blizzard of 1977 in Watertown.

After he retired, Mr. Weidman worked for the Bethlehem Police Department as a crossing guard at St. Thomas School for 15 years.

He was husband of the late Marion Stewart Weidman.

Survivors include a son John Weidman of Delmar; a step-daughter, Dawn LeFevre of Troy; two step-sons, Donald Ragone and Richard Ragone, both of Delmar; and 12 grandchildren.

Services will be at 9:30 a.m. Thursday, Aug. 26, from the Church of St. Thomas the Apostle, Delmar.

Burial will be in Our Lady Help of Christians Cemetery, Glenmont.

Calling hours are Wednesday from 4 to 8 p.m. at the Applebee Funeral Home, 403 Kenwood Ave., Delmar.

## Cynthia Zablo

Cynthia Zablo, 77, of Rockefeller Road in Delmar, a former executive secretary for the

state Parks Commission on Long Island, died Thursday, Aug. 19, at St. Peter's Hospice in Albany.

Born in New York City, she was a resident of Bethlehem for three years.

Mrs. Zablo served as an executive secretary of the state Parks Commission on Long Island for many years, retiring in 1970.

She was a member of Sinai Reform Temple, Bay Shore, Suffolk County.

Mrs. Zablo was the widow of Emanuel Zablo.

Survivors include a son, Martin Poole of Delmar; a daughter, Barbara Poole of Norwalk, Conn.; and a granddaughter.

Services were from Levine Memorial Chapel, Albany. Burial was in Mount Zion Cemetery in Maspeth, Queens.

Contributions may be made to the Food Pantries of the Capital District, 340 First St., Albany 12206.

## Frank Osterhout

Frank Osterhout, 84, a Bethlehem native and resident of Third Street in Albany, died Thursday, Aug. 19, at his home.

Mr. Osterhout served as custodian of Albany Savings Bank for many years, retiring in 1974.

Survivors include his wife, Ce'Celia Smith Osterhout; a daughter, Ce'Celia Gregware of Troy; two sons, Frank Osterhout of Albany and Elias Osterhout of Troy; 10 grandchildren; and 10 great-grandchildren.

Services were from Tebbutt Funeral Home, Albany. Burial was in Bethlehem Rural Cemetery, Selkirk.

## Milton Lewis

Milton B. Lewis, 78, formerly of Delmar and a resident of Deerfield Beach, Fla., died Saturday, Aug. 14.

Mr. Lewis was a former commissioner with the state Division of Parole.

Survivors include a daughter, Beth Lewis of Schenectady; a son, Neil Lewis of Marietta, Ga.; and a grandson.

Interment was in Florida.

## Theresa Homeyer

Theresa Hager Homeyer, 93, formerly of Voorheesville and Clarksville, died Tuesday, Aug. 17, at Albany County Nursing Home.

Born in Brooklyn, she was a resident of Voorheesville and Clarkville before moving to Albany in 1949. A homemaker, Mrs. Homeyer was a communicant of St. Margaret Mary Roman Catholic Church, Albany.

She was the widow of John R. Homeyer Sr.

Survivors include three daughters, Mae Wilklow of Voorheesville, Helen Schaffer of Albany and Harriet Ackerman of Altamont; a sister, Henrietta Humphries of Long Island; 17 grandchildren; and several great-grandchildren and great-great-grandchildren.

Services were from the Hans Funeral Home, Albany, and St. Margaret Mary Church. Burial was in Our Lady of Angels Cemetery, Colonie.

Contributions may be made to St. Margaret Mary Church Organ Fund, 1168 Western Ave., Albany 12203.

## Judith Loftus Duffy

Judith A. Loftus Duffy, 46, Orlando, Fla., died in Orlando on Saturday, Aug. 21.

She was a graduate of Bethlehem Central High School and Russell Sage College. Mrs. Duffy moved to Orlando five years ago and was employed as a financial controller with Sun Coast Rep. Services in Orlando.

Survivors include three sons,

Patrick Duffy, Christopher Duffy and Sean Duffy, all of Orlando, her mother, Harriet Loftus Dykeman of Albany; two sisters, Barbara Ahl and Carole Loftus, both of Albany; a brother, Michael Loftus of Albany; and a grandchild.

Services were scheduled today, Aug. 25, at 9 a.m. from Tebbutt Funeral Home, 633 Central Ave., and at 9:30 a.m. from Our Lady of Mercy Church, 26 Wilson Ave., Colonie.

## Mary M. Morrison

Mary M. Morrison, 81, of Gardner Terrace in Delmar, died Monday, Aug. 23, at Albany Memorial Hospital.

Born in Fair Haven, Vt., she was a 1933 graduate of Albany Hospital School of Nursing.

She worked for Albany Medical Center for more than 20 years, and in 1960, she went to work as a floor nurse at Villa Mary Immaculate in Albany. She retired in 1976 as director of nursing.

She was the widow of Joseph W. Morrison.

Survivors include a daughter, Ruth Ann Crogan of Delmar; two sisters, Agnes Wells of Winstead, Conn. and Patricia Gunther of Fair Haven, Vt.; four grandchildren; and four great-grandchildren.

Services will be private and burial will be in Memory's Garden in Colonie.

Arrangements are by Applebee Funeral Home in Delmar.

Contributions may be made to the Delmar Rescue Squad, Adams Street, Delmar 12054.

## Delmar girl attends summer music camp

Delmar resident Sarah Kennedy recently attended the 47th season of the New York State Music Camp and Institute at Hartwick College in Oneonta.

Kennedy, the daughter of Martha and Donald Kennedy, was part of a group of more than 400 students from the United States and abroad that received instruction and performance practice with internationally-known artists.

Students performed a variety of choral and instrumental pieces, ranging from classics to jazz.

## Driving class slated at Ravena high school

A six-hour defensive driving course will be offered in two sessions at the Ravena-Coeymans-Selkirk High School on Monday and Thursday, Sept. 27 and 30, from 5:45 to 8:45 p.m.

Two one-session classes will be offered on Saturdays, Sept. 18 and 25, from 8:45 a.m. to 3:30 p.m.

Drivers who complete the course will receive a 10 percent reduction on both vehicle liability and collision insurance premiums for the next three years.

For information, call 756-2155. For information on other class locations and pre-registration, call 465-0055.

## Trinity church slates 38th annual auction

The Trinity United Methodist Church on Route 143 in Coeymans Hollow will host its 38th annual "Lord's Acre" auction, fair and chicken barbecue on Saturday, Sept. 18, from 10 a.m. to 7 p.m.

The fair, which begins at 10 a.m., will feature a snack bar, a farmers' market, and variety booths offering clothing, books, kitchen items, and antiques and collectibles for sale.

The silent auction will begin at 2 p.m., followed by a chicken barbecue from 4:30 to 7 p.m.

The barbecue will cost \$7 for adults, \$3.50 for children ages 5 to 12, and free for children 4 and under.

For information, call 756-2812.

## Glenmont church to start Sunday School

Sunday School classes will begin at the Glenmont Community Church on Chapel Lane in Glenmont, on Sunday, Sept. 12, at 11 a.m.

The program welcomes children in preschool through sixth-grade. Nursery care for younger children is also available.

For information, call 436-7710.

## Alzheimer's center to offer consultations

The Alzheimer's Disease Assistance Center of the Capital Region is accepting appointments for diagnosis and evaluation of people with symptoms of Alzheimer's disease or other types of mental decompensation.

The evaluation process includes a diagnostic consultation to assess symptoms and establish a diagnosis. Recommendations are made to assist the person and family in planning for future care needs.

Appointments are available in September and October in Amsterdam and East Greenbush.

To schedule an appointment, call 272-1792.

## STEFANAZZI & SPARGO

GRANITE COMPANY, INC.

LARGE INDOOR & OUTDOOR DISPLAY OF FINISHED MONUMENTS & MARKERS  
"Our Reputation is Your Best Protection"  
LETTERING & CARVING DONE IN LARGEST WORKSHOP IN THE AREA  
LOCATED 3 MILES NORTH OF THE LATHAM CIRCLE ON RT. 9



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Open Daily & Saturday-Anytime by Appointment

## Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

## Generations of memories

Specializing in carved memorials in many quality granites

Monuments start at \$895 and markers at \$225

All monuments include a family name and inscription as well as delivery and erection in your local cemetery.

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1032 Central Ave., Albany  
438-4486

Open daily 'till 4:30, Saturday 'till 2:00

*My family and I  
extend our thanks  
to everyone  
who remembered  
Charlie Fritts  
with masses, flowers,  
cards and personal visits.*

*With grateful  
appreciation.*

*Bette, Susan,  
Charles & Kathy*



SPOTLIGHT ON

# Family Entertainment

CALENDAR • ARTS

## Take me out to the Ballgame

### ... before the season ends!

By Jeff Kramm

Just about everybody knows the words to baseball's very own theme song: "Take me out to the ball game, take me out to the crowd."

As far as the Albany-Colonie Yankees are concerned, however, there are only seven more ball games left to go at Heritage Park.

The Albany-Colonie Yankees will return home in the early morning hours of Thursday, Aug. 26, after a game in Reading, Pa., against the Reading Phillies, an affiliate of the Philadelphia Phillies.

The Bowie Bay Sox, an affiliate of the Baltimore Orioles, will be the first team to face the Albany-Colonie Yankees in its final home stand of the 1993 season. Bowie will be in town from Thursday through Sunday, Aug. 26 to 29, before the Reading Phillies complete the seven-game home stand with a three-game set Monday, Aug. 30 through Wednesday, Sept. 1.

Weekday and Saturday games begin at 7 p.m. and the Sunday action begins at 1 p.m.

In its final week of the season, the team will feature several promotional nights. On Thursday, Aug. 26, the first 1,000 youngsters with paid admission can get a head start on school supplies with a insulated lunch bag.

On Friday, the first 1,000 paid admissions will receive a free set of Albany-Colonie Yankee baseball cards. The baseball card giveaway is sponsored by the state Traffic Safety division, and each pack will include the card of the 21-year old number one draft pick Brien Taylor. The cards, printed by Fleer Corp. under the name "Pro Cards," are in color with each player's statistics on the back.

The biggest attraction is scheduled on Saturday, Aug. 28, when Image Engineering from Massachusetts will bring its famous laser light show act to Heritage Park. The laser show, the first in the 11-year history of Heritage Park, will follow the 7 p.m. Albany-Colonie Yankees/Bowie Bay Sox game.

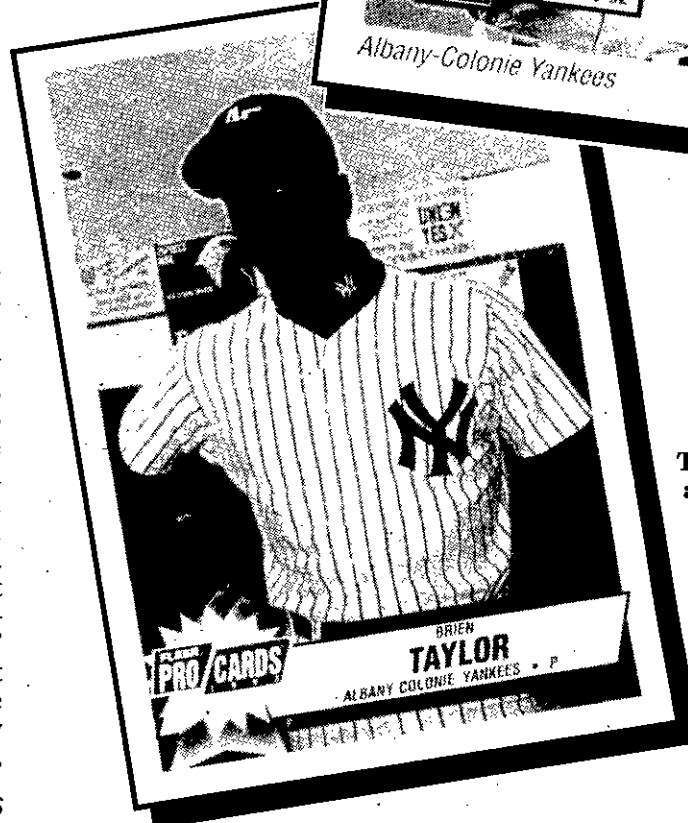
The final promotion, a fan appreciation night, will be on Tuesday night, Aug. 31. Ticket prices, concession stand items and souvenirs will be available at a reduced prices.

The picnic area, which opens at 5:30 p.m., is a popular spot for pre-game dining. The First Base Cafe features all-you-can-eat hot dogs, hamburgers, potato chips, macaroni and potato salad, soft drinks and a reserved seat for the game. Prices are \$9.50 per person with children under 6 admitted for \$4.

Groups of 25 to 150 can still reserve a date in any of the remaining home games at Heritage Park by contacting Dennis Hannay, director of community relations at the park.

Other group packages for groups of 25 people or more include the "four for four," a Monday through Thursday special with each patron receiving a first-base reserved seat and a 1993 Albany-Colonie Yankees pennant for \$5. The "Seventh Inning Stretch" offers each person a team pennant, hot dog, soda, box of popcorn and a first-base reserved seat for just \$7. An economy package, the "Slider," includes a hot dog,

□ GAME/page 26



The first 1,000 paid admissions at Heritage Park this Friday will receive a free set of Albany-Colonie Yankee baseball cards. Each pack will include a card of Brien Taylor, shown at left.

## Kids jump to help Ronald house

By Robert Webster Jr.

Watching a horse and rider clear a hurdle, as two separate entities come together in a single, fluid movement, can be quite thrilling.

If this type of entertainment sounds appealing, the Capital District Hunter Jumper Council's horse show will provide ample opportunities for horse-gazing at the Altamont Fairgrounds on Friday through Sunday, Aug. 27 through 29.

In the past, the event was called Jump for Jerry's Kids, and proceeds went to the Muscular Dystrophy Association. This is the first year the show will benefit the Ronald McDonald House, said Kimberly Mirabella, a member of the Capital District Hunter Jumper Council and the public relations chairman for the Ronald McDonald House.

In existence for 11 years, the Albany Ronald McDonald House has provided shelter and comfort for more than 5,500 families of ill and injured children being treated in area hospitals.

"We wanted to benefit a local charity this year," said Mirabella. "We thought that if it was local, we might see more support."

In previous years, the show has raised more than \$7,000 for the MDA, she said, and with increased visibility at the Altamont Fairgrounds, the council expects the show to do even better.

Money is being raised for the Ronald McDonald House through door-to-door collections being conducted by the youths taking part in the horse show. "They've been collecting for about six weeks," she said.

Participants will continue to collect until Sunday, and the person who raises the most money will win an all-expenses paid weekend in Lake Placid for the

□ JUMP/page 26



Elizabeth Samuels of Loudonville and her pony, Zane, will be among the competitors at this weekend's horse show.



# ARTS and ENTERTAINMENT

## THEATER

**MIRETTE ON THE HIGH WIRE**  
by Emily Arnold McCully,  
Spencertown Academy, Route  
203, Spencertown, Sunday,  
Aug. 29, 3 p.m. Information, 392-  
3693.

**ACCIDENTAL DEATH OF AN  
ANARCHIST**  
by Dario Fo, Palenville Interarts  
Colony Theatre, Woodstock  
Avenue, Palenville, Aug. 27, 28  
and 29, Friday and Saturday at  
8 p.m., Sunday at 3 p.m.  
Information, 678-3332.

**LOVE LETTERS**  
two-character play to benefit  
the Disabled Jockey Fund of  
the Jockey's Guild, Inc., Fasig-  
Tipton Pavilion, Saratoga  
Springs, Saratoga, Wednesday,  
Aug. 25, 8 p.m. Information,  
(212) 755-6867.

**THE CAPTIVE BOYS OF  
RENSSELAERVILLE**  
by Josiah Priest, Impulse Theatre  
and Dance, Inc.,  
Rensselaerville, Aug. 27 and 28,  
8 p.m. Information, 797-3684.

**THE MUSIC MAN**  
musical, Mac-Haydn Theatre,  
Route 203, Chatham, Sept. 1  
through 12. Information, 392-  
9292.

**TRAGEDY TOMORROW,  
COMEDY TONIGHT**  
Midweek Dinner Theatre,  
DeSisto Estate, Route 183,  
Stockbridge, Mass., through  
Sept. 2. Reservations, (413) 298-  
4032.

## PHANTOM

musical, Mac-Haydn Theatre,  
Route 203, Chatham, through  
Aug. 29. Information, 392-9292.

## MUSIC

**COLUMBIA WOODWIND  
QUARTET**  
outdoor concert featuring  
American show tunes and  
popular music, State Historic  
Site, 312 Fair St., Kingston,  
Sunday, Aug. 29, 2 to 4 p.m.  
Information, (914) 338-2786.

**THE GLENN MILLER ORCHESTRA**  
encore performance, Empire  
State Plaza, main stage,  
Albany, Thursday, Aug. 26, 8  
p.m. Information, 473-0559.

**THE BEACH BOYS**  
with guest America, Saratoga  
Performing Arts Center,  
Saratoga Springs, Wednesday,  
Aug. 25, 8:15 p.m. Information,  
587-3330.

**PETER, PAUL AND MARY**  
Saratoga Performing Arts  
Center, Saratoga Springs,  
Thursday, Aug. 26, 8:15 p.m.  
Information, 587-3330.

**REBA McENTIRE**  
with guest Brooks and Dunn,  
Saratoga Performing Arts  
Center, Saratoga Springs,  
Friday, Aug. 27, 8:15 p.m.  
Information, 587-3330.

**BETTE MIDLER**  
Saratoga Performing Arts  
Center, Saratoga Springs,  
Saturday, Aug. 28, 8:15 p.m.  
Information, 587-3330.

## K.T. SULLIVAN

Stockbridge Cabaret, The  
DeSisto Estate, Route 183,  
Stockbridge, Mass., Aug. 27 and  
28; Friday, 8:30 p.m. and  
Saturday, 8:30 and 11 p.m.  
Information, (413) 298-4032.

**ANNE MURRAY**  
Starlite Music Theater, Route 9R,  
Latham, Wednesday, Aug. 25, 8  
p.m. Information, 783-9300.

**AIR SUPPLY**  
with Stephen Bishop, Starlite  
Music Theater, Route 9R,  
Latham, Thursday, Aug. 26, 8  
p.m. Information, 783-9300.

**CHARLIE DANIELS BAND**  
Starlite Music Theater, Route 9R,  
Latham, Saturday, Aug. 28, 8  
p.m. Information, 783-9300.

**RESTLESS HEART**  
Starlite Music Theater, Route 9R,  
Latham, Sunday, Aug. 29, 8  
p.m. Information, 783-9300.

**DENNIS MILLER AND RITA  
RUDNER**  
Starlite Music Theater, Route 9R,  
Latham, Monday, Aug. 30, 8  
p.m. Information, 783-9300.

**CATSKILLS ON BROADWAY**  
featuring Freddy Roman, Dick  
Capri, Mal Z. Lawrence and  
Louise Duart, Starlite Music  
Theater, Route 9R, Latham,  
Tuesday, Aug. 31, 8 p.m.  
Information, 783-9300.

**BAD COMPANY AND 38  
SPECIAL**  
Starlite Music Theater, Route 9R,  
Latham, Wednesday, Sept. 1, 8  
p.m. Information, 783-9300.

## SADE

with guest Digable Planets,  
Saratoga Performing Arts  
Center, Saratoga Springs,  
Sunday, Aug. 29, 8:15 p.m.  
Information, 587-3330.

**COLONIE TOWN BAND**  
Colonie Senior Citizen's Center,  
former Goodrich School, 91  
Fiddlers Lane, Latham, Monday,  
Aug. 30, 7 to 8 p.m. Information,  
783-2760.

**PETER SUBERS**  
baritone vocalist, The Hyde  
Collection, 161 Warren St.,  
Glens Falls, Wednesday, Aug.  
25, 7 p.m. Information, 792-1761.

**SHETLAND'S YOUNG HERITAGE**  
fiddle group, Tawasentha Park,  
Route 146, Guelderland,  
Wednesday, Aug. 25, 8 p.m.  
Information, 765-2815.

**FLASHBACK**  
show and dance band,  
Dudek's, Mohawk Street,  
Cohoes, Aug. 27 and 28, 9:30  
p.m. to 1:30 a.m. Information,  
622-3253.

**OUT OF CONTROL RHYTHM  
AND BLUES BAND**  
The Chambers, State and South  
Pearl streets, Albany, Friday,  
Aug. 27, 10 p.m. to 2 a.m.; The  
Bijou, Broadway, Saratoga  
Springs, 10:30 p.m. to 2:30 a.m.  
Information, 797-3939.

**PIANIST WILLIAM WOLFRAM**  
with L'Ensemble, The Barn,  
Content Farm Road,  
Cambridge, Saturday, Aug. 28,  
7:30 p.m.; Sunday, Aug. 29, 1  
p.m. Information, 436-5321.

## NOONTIME ORGAN CONCERTS

every Friday, 12:30 p.m., St.  
Peter's Episcopal Church,  
Albany, Information, 434-3502.

## ONE HEART

Ken Shea and Maureen  
DeLuxe, Monaco's Village Inn,  
Thursdays, 9:30 p.m. to 12:30  
a.m. Information, 899-5780 or  
393-5282.

## HOOTS NIGHT

open stage, The Eighth Step, 14  
Willett St., Albany, sign up every  
Wednesday, 7:30 p.m.  
Information, 434-1703.

**LIVE JAZZ BRUNCH BUFFET**  
every Sunday, 10 a.m. to 2 p.m.,  
The Inn at Saratoga, 231  
Broadway, Saratoga,  
Information, 583-1890.

## AUDITIONS

**CAPITOL HILL CHORAL  
SOCIETY**  
seeks all types of singers for 1993  
season, performances to  
include Copland songs with the  
Albany Symphony and *The  
Messiah*, auditions through Sept.  
7. Information and  
appointments, 465-3328.

## CLASSES

**LIFE DRAWING**  
with painter Victoria Smith,  
Spencertown Academy, Route  
203, Spencertown, through  
Sept. 2, 7 to 10 p.m. Information,  
392-3693.

## BENEFITS

**SECOND ANNUAL BENEFIT  
HOEDOWN**  
to benefit the Spencertown  
Academy, featuring a fried  
chicken dinner and square  
dancing at the academy,  
Route 203, Spencertown,  
Saturday, Aug. 28, 6:30 p.m.  
Cost, \$35 per adult, \$10 per  
child. Reservations, 392-3693.

## VISUAL ARTS

**STEVE WEIS**  
oil paintings by local artist,  
Schenectady Museum and  
Planetarium, Nott Terrace  
Collection, Schenectady, Aug. 29  
through Oct. 10. Information,  
382-7890.

**BETHLEHEM HISTORICAL  
ASSOCIATION MUSEUM**  
exhibits with a bicentennial  
theme, depictions of early rural  
life, Route 144 and Clapper  
Road, Selkirk, open Sundays  
through Labor Day, 2 to 5 p.m.  
Information, 767-3052.

**"ELECTRIC CITY AT WAR:  
SCHENECTADY 1941-1945"**  
50th anniversary  
commemorative exhibit,  
presented by the Schenectady  
Urban Cultural Park,  
Schenectady Museum and  
Planetarium, Nott Terrace  
Heights, Schenectady. Through  
Nov. 14. Information, 382-5147.

**"CONTEMPORARY SCULPTURE  
AT CHESTERWOOD"**  
Chesterwood, Route 183,  
Stockbridge, Mass. Through  
Oct. 10. Information, (413) 298-  
3579.

**"THE NUREMBERG  
CHRONICLE"**  
celebration highlighting the  
book and other early  
publications, The Hyde  
Collection, 161 Warren St.,  
Glens Falls. Through Dec. 31.  
Information, 792-1761.

**HARRY ORLYK**  
oil paintings chronicling rural life  
in upstate New York, The Albany  
Center Galleries, Chapel and  
Monroe streets, Albany, Aug. 27  
through Oct. 1. Information,  
462-4775.

**MARK MOFFET**  
acrylic paintings that search for  
harmony amid chaos, The  
Albany Center Galleries,  
Chapel and Monroe streets,  
Albany, Aug. 27 through Oct. 1.  
Information, 462-4775.

**"THE REALM OF THE COIN"**  
depictions of money in  
American art, The Hyde  
Collection, 161 Warren Street,  
Glens Falls, Aug. 28 through  
Oct. 10. Information, 792-1761.

**ALEXANDER KOESTER**  
landscape paintings by the  
19th-century German  
impressionist, The Hyde  
Collection, 161 Warren St.,  
Glens Falls. Through Dec. 31.  
Information, 792-1761.

**1993 ARTISTS OF THE  
MOHAWK-HUDSON REGION**  
works by local artists, Albany  
Institute of History and Art, 125  
Washington Ave., Albany.  
Through Aug. 29. Information,  
463-4478.

**MUSEUM ART CLASS FACULTY  
SHOW**  
recent works by institute  
instructors, Albany Institute of  
History and Art, 125 Washington  
Ave., Albany. Through Aug. 29.  
Information, 463-4478.

**"WHISTLE WHILE YOU WORK"**  
exhibition on the transformation  
of American domestic life,  
Albany Institute of History and  
Art, 125 Washington Ave.,  
Albany. Through Nov. 14.  
Information, 463-4478.



# Fall Family Festival

## Sunday, September 12th, 1993

at the Pruyn House, 11:30 am-4:30 pm

207 Old Niskayuna Road, Colonie, NY  
Information: (518)452-6700

**FOOD & REFRESHMENTS:** Bar-b-que Chicken, Hot Dogs, Hamburgers,  
Ben & Jerry's Ice Cream, Soft Pretzels, Popcorn, Beverages and more!



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Albany Enterprise  
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Browning Ferns  
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Binney & Smith Co.  
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Guelderland Printing  
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Celebration  
Pepsi Cola Corporation  
Spotlight Newspapers  
Delaware College of Podiatry

The Times Union  
Newspapers  
WCD 96.3  
CD County Radio



St. Peter's Addiction  
Recovery Center

MERCURY SERVICE CORPORATION

## SCHEDULE OF EVENTS

### FREE ADMISSION

#### Pony Rides

11:30 am-4 pm, \$2 ride

#### Arts & Crafts

11:30 am-4:30 pm  
Free hands-on art activities

#### La-Dee-Dah

the performing clown

Free Balloon Art: 11:30 am-12:45 & 2-5 pm

Free Facepainting: 12-45-1:45 & 3:15-4:15

#### LIVE COUNTRY DANCING

with the "Zillionaires"

& Paul Rosenberg

12 noon-4 pm, \$3 adults, \$1 teens, kids free

#### The Ivy Vine Players

Free Puppet shows: 12-12:45pm & 2:15-5pm

Free workshop: 1:15-2:15pm

#### The Tell Tale Trio

Free Story hour: 1-1:45 pm

Free Story hour: 2:15-3:30pm

#### Jim Snack: Magician

Free Magic Show: 2:30-3:15pm

Free Magic Workshop: 3:45-4:15pm

## EDUCATION & SAFETY DISPLAYS

11:30-4pm All Free!

• D.A.R.E. mobile

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the robotic crime fighting dog

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Live Broadcast by WCD 96.3

CD Country Radio 12-3pm

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**Pizza**  
Just the way you like it!!

We use only the freshest, all natural ingredients to go into our delicious and nutritious pies. Try us!!

Come see our newly remodeled Dining Room and this Thursday, August 26, you can enjoy our Irish Specialty

**Boiled Corn Beef & Cabbage**  
served at Lunch with potato, carrots & rye bread for only —\$4.95  
and served at Dinner with relish tray, salad, or cup of pea soup, potato, carrots & rye bread for only —\$7.95

Open Mon.-Thurs. 11am-11pm, Fri. & Sat. 11am-12midnight

**Brockley's**  
Owned and operated by the Brockley Family since 1952  
4 Corners • Delmar, NY • Call 439-9810

**Brook's Chicken BBQ**  
Friday, August 27, 1993  
4-7 P.M.

**Bethany Reformed Church**  
760 New Scotland Ave.  
Albany, N.Y.  
Adults, \$6.50  
Children 12 & Under, \$4.50  
Take Out Dinners Available

# AROUND THE AREA

**WEDNESDAY  
AUGUST 25**

**ALBANY COUNTY**

**CLUB 55+ JOB CENTER ON WHEELS**

helping people 55 and over to get jobs, Northway Mall, Central Ave., Colonie, 10 a.m. to 4 p.m. Information 459-5622.

**FARMERS' MARKET**

Holy Cross Church, Western and Brevator Avenues, 2 to 6 p.m. Information, 272-2972.

**SQUARE DANCE**

St. Michael's Community Center, Linden Street, Cohoes, 7:30 p.m. Information, 664-6767.

**RENSSELAER COUNTY**

**CHORUS REHEARSAL**

sponsored by Capitaland Chorus, Trinity Episcopal Church, 11th Street and 4th Avenue, North Troy, 7:30 p.m. Information, 237-4384.

**SCHENECTADY COUNTY**

**RIVER VALLEY CHORUS MEETING**

Glen Worden School, 34 Worden Road, Scotia, 7:30 p.m. Information, 355-4264.

**THURSDAY  
AUGUST 26**

**ALBANY COUNTY**

**"MOHAWK-HUDSON BEER SAMPLING"**

lecture and tips on tasting, Albany Institute of History and Art, 125 Washington Ave., Albany, 5:30 to 8:30 p.m. Cost, \$17.50 museum members, \$20 non-members. Information, 463-4478.

**FARMERS' MARKET**

corner of Pine Street and Broadway, Albany, 11 a.m. to 2 p.m. Information, 272-2972.

**SENIOR CHORALE**  
Albany Jewish Community Center, 340 Whitehall Road, Albany, 1 p.m. Information, 438-6651.

**SARATOGA COUNTY**

**EATING DISORDERS SUPPORT GROUP**

Four Winds Hospital, Algonquin Activities Building, Crescent Ave., Saratoga 7:30 to 9 p.m. Information, 465-9550.

**FRIDAY  
AUGUST 27**

**ALBANY COUNTY**

**"TURNING TOWARD THE BUDDHIST PATH"**

lecture by Buddhist teacher Khenpo Karthar Rinpoche, Channing Hall, 405 Washington Ave., Albany, 7:30 p.m. Information, 489-2151.

**CADDY SHACK CLASSIC GOLF TOURNAMENT**

to benefit St. Catherine's Center for Children in Albany, Evergreen Country Club, Castleton, 9 a.m. Information, 453-6700.

**SENIORS LUNCHESES**

Albany Jewish Community Center, 340 Whitehall Road, Albany, 12:30 p.m. Information, 438-6651.

**SATURDAY  
AUGUST 28**

**ALBANY COUNTY**

**DEFENSIVE DRIVING COURSE**  
sponsored by Leonard Hospital, Greenbush Reformed Christian Church, Hayes Road and Routes 9 and 20, East Greenbush, 8:45 a.m. to 3:15 p.m. Information, 233-0797.

**YARD SALE**  
to benefit the Capital Hill Choral Society, St. Paul's Church, 21 Hackett Blvd., Albany, 10 a.m. to 4 p.m. Information, 732-3312.

**RENSSELAER COUNTY**

**PET ADOPTION CLINIC**

sponsored by the Capital District Humane Association, Supernal Pet Motel, 480 Hudson River Road, Waterford, 11:30 a.m. to 2 p.m. Information, 587-1891.

**"LOCKS AND BAGELS"**

breakfast cruise on the Waterford Flight through historic canals, Hudson Mohawk Industrial Gateway, Palk Street, Troy, 9:30 a.m. Cost, \$25. Information, 274-5267.

**COLUMBIA COUNTY**

**SITE TOUR OF NUTTEN HOOK**  
sponsored by the Department of Environmental Conservation's Hudson River National Estuarine Research Reserve, meet at the intersection of Route 9J and Ice House Road, Stuyvesant, 3 p.m. Information, (914) 758-5193.

**SUNDAY  
AUGUST 29**

**ALBANY COUNTY**

**SCOTTISH DANCING**  
Unitarian Church, Washington Ave., Albany, 7 to 10 p.m. Information, 377-8792.

**SARATOGA COUNTY**

**KID'S FUN RUN**  
one-mile run for kids and an adult 5K, Grafton Lakes State Park, Route 2, Grafton, 9 a.m. Information, 279-1155.

**MONDAY  
AUGUST 30**

**ALBANY COUNTY**

**CLUB 55+ JOB CENTER ON WHEELS**  
helping people 55 and over to get jobs, Department of Motor Vehicles, South Pearl Street, Albany, 10 a.m. to 4 p.m. Information 459-5622.

**SCHENECTADY COUNTY**

**SCOTTISH DANCING**  
Salvation Army, Smith Street, Schenectady, 8 to 10 p.m. Information, 783-6477.

**TUESDAY  
AUGUST 31**

**ALBANY COUNTY**

**CLUB 55+ JOB CENTER ON WHEELS**  
helping people 55 and over to get jobs, Department of Motor Vehicles, South Pearl Street, Albany, 10 a.m. to 4 p.m. Information 459-5622.

# SPOTLIGHT

By Martin P. Kelly

## Schenectady Symphony opens season with work by Union College professor

*Adirondack Light* will be featured in the opening concert of the Schenectady Symphony Orchestra's 60th season which opens October 24 at Proctor's Theater in Schenectady.

The 3 p.m. performance is the first of four concerts planned by the Schenectady orchestra. According to Charles Schneider, music director and conductor, half of the works selected for the season are based on audience surveys.



Martin P. Kelly

*Adirondack Light* is the work of Union College professor Hilary Tann and is based on impressions of the mountain area north of the Capital District. Robert J. Lurtsema, Public Radio's Morning Pro Musica and renowned pianist, narrates this composition.

The first concert will also include pianist Adalena Krivosheina as the featured soloist in Brahms' *Piano Concerto No. 1*. Additional selections include three excerpts from Humperdinck's *Hansel and Gretel*.

The other three concerts will be presented November 14, February 27, 1994, and April 17, 1994.

Info and reservations are available at 346-6204.

## Captive Boys in Rensselaerville performances this weekend

The story of two brothers captured by Indians friendly to the British during the American Revolution will be told in a drama, *Captive Boys*, at Conkling Hall in Rensselaerville Friday and Saturday (August 27 and 28) at 8 p.m.

This new work by Richard Creamer explains what happens when the two boys return to their Rensselaerville home after three years of captivity and after they had been thought to be dead.

Based on a true story derived from sources available in the Rensselaerville library, *Captive Boys* uses a cast of 19 speaking parts and a number of non-speaking roles.

Creamer who wrote and produced *A Rensselaerville Christmas Carol* last year, moved to the Albany County mountain community in 1988 from New York City. He and his wife, Nadia, reestablished their teaching-performance Impulse Theatre and Dance which they had originally formed in New York City.

Creamer also taught this past year at Siena College and with his wife, established a school for acting.

With three grants from the New York State Council on the Arts, Creamer has been working on plays devoted to telling stories about his adopted home community.

Creamer admits that *Captive Boys* is not simply a story. An admirer of South African playwright Athol Fugard, Creamer incorporates messages in his play about race hatred and violence.

Reservations/information available at 797-3664.

## Blithe Spirit fast-paced conclusion to Berkshire Theater Festival season

Noel Coward's best known comedy, *Blithe Spirit*, is providing the Berkshire Theatre Festival in Stockbridge, Massachusetts with a fast-paced conclusion to its four-production season.

The frivolous comedy about a first wife who returns from the dead to bedevil her husband and his new wife, is aided by the performance of Jane Carr, a British actress who plays Madame Arcadi in the outrageous manner demanded of the role. Carr is best known in this country as the moderator of the singles' club in the television show, *Dear John*, which had a four-year run.

Gordon Edelstein directs *Blithe Spirit* with care to bring out the irony and addled wit of Noel Coward's creation. Through September 4. Reservations/info available at 413/298-5576.

## Around Theaters!

*Beau Jest*, new comedy at Lake George Dinner Theater through October 15 (668-5781)... *The Recital*, mystery-comedy at the Inn at Saratoga dinner theater Friday, August 27 (583-1890) and Mario's Theatre Restaurant in Troy, Sunday afternoon, August 29 (279-9247)... *The Phantom*, a new musical at the Mac-Haydn Theater in Chatham through Sunday, August 29 (392-9292)

## Riverview Productions

proudly presents the

## 1993-94 Dinner Theater Season

now at two locations

### St. Andrew's in Albany

(10 North Main Avenue, Albany, NY)

and

### First United Methodist Church

(428 Kenwood Avenue, Delmar, NY)

Five full productions in all, produced for your season long enjoyment.

Riverview Productions has presented fine dinner theater for 15 years and now extends this experience to a wider audience,

### ~ THE SEASON ~

**The Recital**... riotous mystery/comedy with audience participation. Especially written for Riverview Productions and is now in its fourth year of touring. This is its first extended Albany production.

At St. Andrew's Dinner Theater,

.....Sept. 24, 25, 26 & Oct. 2, 3 and 10

**Talkies to Technicolor**... a quartet of singers takes the audience from the first talking picture to the movie musicals of the 50s and 60s with comedy and romance in a fast-paced two-act revue. This show has been entertaining bus trip visitors to Lake George since late spring. Four dates only.

At First United Methodist Church

.....Oct. 15, 17 (Fri. and Sun.)

.....Oct. 23, 24 (Sat. and Sun.)

**Rumors**... Neil Simon's farce about a dinner party that goes awry when the host appears to have shot himself. Not to be missed! One of the first productions of the show in the region. At St. Andrew's Dinner Theater,

.....Nov. 12, 13, 14, 19, 20 and 21

**Backstage at the Music Hall**... a troupe of performers stranded by a snowstorm in a 1920s music hall ride out the storm remembering past glories of the 1890s and the World War 1 era song, patter and comedy routines from the period. This will be the premiere

At the First United Methodist Dinner Theater,

.....Mar. 4 & 6 (Fri. & Sun.)

.....Mar. 11, 12, 13 (Fri. - Sun.)

**Rye Twist**... Martin Kelly's brand new comedy about the Casey family and the Irish boarding house in New York City. A sequel to Home To the Greenhorn and Rememberin' Molly? It's set in 1925 during prohibition.

At St. Andrew's Dinner Theater,

.....April 22, 23, 24, 30 and May 1

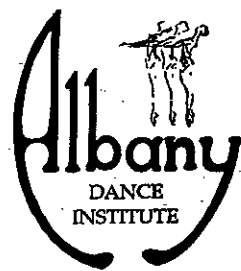
**\$19/person for full meal and show**  
Reservations/information 463-3811

## Ballet-Jazz

### Pre-Ballet-Point, All Levels

- placement auditions & registration, Tues., Sept. 7th, 5-7:30 P.M.
- Nutcracker auditions, Sat., Sept. 11th, 2-4 P.M.

Artistic Director-David Otto  
Former Soloist with the  
New York City Ballet



For more info  
**The Albany Dance Institute**  
170 Myrtle Avenue  
Albany, NY 12202  
432-5213

Official school of the Capital Ballet Company, Inc.

## SCHOOL OF THE ALBANY Berkshire Ballet

- PRE BALLET (Ages 4-6)  
...A charming introduction to the grace and beauty of Classical Ballet.
- BALLET (Ages 7 and Older)  
...Elementary through Professional levels of instruction.
- MODERN DANCE (Teens - Adults)
- JAZZ (Teens - Adults)

### CLASSES BEGIN SEPT. 9

Registration — Aug. 30-Sept. 2  
—Sept. 7 & 8 from 2 to 6 pm  
Nutcracker Audition — Sun. 9/12 12 noon  
Call 518-426-0660  
25 Monroe Street, Albany  
Madeline Cantarella Culp, Director



# The Spotlight CALENDAR

**WEDNESDAY**  
**AUGUST 25**

**BETHLEHEM**

**PROJECT LEARNING TREE**  
introduces environmental and conservation activities that involve forest resources to educators. Five Rivers Environmental Education Center, Game Farm Road, 9:30 a.m. to 4 p.m. Information, 475-0291.

**TOWN BOARD**  
town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

**BINGO**  
American Legion Post 1040, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**TESTIMONY MEETING**  
First Church of Christ Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

**WELCOME WAGON**  
newcomers, engaged women and new mothers, call for a Welcome Wagon visit, Monday to Saturday, 8:30 a.m. to 6 p.m. Information, 785-9640.

**NORMANSVILLE COMMUNITY CHURCH**  
Bible study and prayer meeting, 10 Rockefeller Road. Information, 439-7864.

**SOLID ROCK CHURCH**  
1 Kenwood Ave., evening prayer and Bible study, 7 to 9 p.m. Information, 439-4314.

**NEW SCOTLAND**

**MOUNTAINVIEW EVANGELICAL FREE CHURCH**  
evening service, Bible study and prayer, Route 155, Voorheesville, 7:30 p.m. Information, 765-3390.

**NEW SCOTLAND SENIOR CITIZENS**  
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

**NEW SCOTLAND ELKS LODGE**  
22 South Main St., Voorheesville, 8 p.m. Information, 765-2313.

**AA MEETING**  
First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

**AL-ANON MEETING**  
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 477-4476.

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**THURSDAY**  
**AUGUST 26**

**BETHLEHEM**

**BETHLEHEM SENIOR CITIZENS**  
town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

**RECOVERY, INC.**  
self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**CLASS IN JEWISH MYSTICISM**  
Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

**BETHLEHEM LUTHERAN CHURCH**  
Bible study, 10 a.m.; Creator's Crusaders, 6:30 p.m.; senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

**NEW SCOTLAND**

**WRITERS' GROUP**  
Voorheesville Public Library, 51 School Road, 7 p.m. Information, 765-2791.

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**FRIDAY**  
**AUGUST 27**

**BETHLEHEM**

**AA MEETING**  
First Reformed Church of Selkirk, Route 9W, 7:30 p.m. Information, 489-6779.

**NEW SCOTLAND**  
**YOUTH GROUP MEETINGS**  
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

**SATURDAY**  
**AUGUST 28**

**BETHLEHEM**

**TRAIL WALK**  
along Five Rivers' Vloomkill Trail, Five Rivers Environmental Education Center, Game Farm Road, 9:30 a.m. Information, 475-0291.

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

**BETHLEHEM ARCHAEOLOGY GROUP**  
excavation and laboratory experience for volunteers, archaeology lab, Route 32 South. Information, 439-6391.

**MONDAY**  
**AUGUST 30**

**BETHLEHEM**

**DELMAR KIWANIS**  
Days Inn, Route 9W, 6:15 p.m. Information, 439-5560.

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

**AL-ANON GROUP**  
support for relatives of alcoholics, Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 439-4581.

**DELMAR COMMUNITY ORCHESTRA**  
rehearsal, town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4628.

**BETHLEHEM ARCHAEOLOGY GROUP**  
excavation and laboratory experience for volunteers, archaeology lab, Route 32 South. Information, 439-6391.

**NEW SCOTLAND**

**QUARTET REHEARSAL**  
United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

**STORY HOUR**  
Voorheesville Public Library, 51 School Road, 10:30 a.m. Information, 765-2791.

**TUESDAY**  
**AUGUST 31**

**BETHLEHEM**

**TREASURE COVE THRIFT SHOP**  
First United Methodist Church, 428 Kenwood Ave., 11 a.m. to 6 p.m.

**THRIFT SHOP AND LUNCH**  
sponsored by the South Bethlehem United Methodist Women's Organization, at the church on Willowbrook Avenue, 10 a.m. to 4 p.m., with lunch from 11 a.m. to 1 p.m. Information, 767-9953.

**BINGO**  
at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**DELMAR ROTARY**  
Days Inn, Route 9W, Information, 482-8824.

**NEW SCOTLAND**

**STORY HOUR**  
Voorheesville Public Library, 51 School Road, 10 a.m. Information, 765-2791.

**WEDNESDAY**  
**SEPTEMBER 1**

**BETHLEHEM**

**BC SCHOOL BOARD**  
90 Adams Place, 8 p.m. Information, 439-7098.

**ZONING BOARD OF APPEALS**  
town hall, 445 Delaware Ave. Information, 439-4955.

**BINGO**  
American Legion Post 1040, 16 Poplar Drive, Delmar, 7:30 p.m. Information, 439-9819.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**TESTIMONY MEETING**  
First Church of Christ Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

**NORMANSVILLE COMMUNITY CHURCH**  
Bible study and prayer meeting, 10 Rockefeller Road. Information, 439-7864.

**BETHLEHEM LIONS CLUB**  
Normanside Country Club, Salisbury Road, 7 p.m. Information, 439-4857.

**BETHLEHEM ELKS LODGE 2233**  
Route 144, Cedar Hill, 8 p.m. Information, 767-2886.

**SOLID ROCK CHURCH**  
evening prayer and Bible study, 1 Kenwood Ave., 7 to 9 p.m. Information, 439-4314.

**ONESQUETHAU CHAPTER, ORDER OF THE EASTERN STAR**  
Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

**NEW SCOTLAND**

**VOORHEESVILLE ZONING BOARD OF APPEALS**  
village hall, 29 Voorheesville Ave., 7 p.m. Information, 765-2692.

**NEW SCOTLAND SENIOR CITIZENS**  
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

**AA MEETING**  
First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

**AL-ANON MEETING**  
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 477-4476.

**MOUNTAINVIEW EVANGELICAL FREE CHURCH**  
evening service, Bible study and prayer, Route 155, Voorheesville, 7:30 p.m. Information, 765-3390.

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**THURSDAY**  
**SEPTEMBER 2**

**BETHLEHEM**

**RECOVERY, INC.**  
self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

**CLASS IN JEWISH MYSTICISM**  
Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

**BETHLEHEM LUTHERAN CHURCH**  
Bible study, 10 a.m.; Creator's Crusaders, 6:30 p.m.; senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

**BETHLEHEM SENIOR CITIZENS**  
town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

**AA MEETINGS**  
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

**NEW SCOTLAND**

**FEURA BUSH FUNSTERS**  
4-H group for ages 8 to 19, Jerusalem Church, Feura Bush, 7 to 8 p.m.

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**FRIDAY**  
**SEPTEMBER 3**

**BETHLEHEM**

**AA MEETING**  
First Reformed Church of Selkirk, Route 9W, 7:30 p.m. Information, 489-6779.

**NEW SCOTLAND**

**YOUTH GROUP**  
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

**SATURDAY**  
**SEPTEMBER 4**

**BETHLEHEM**

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

**BETHLEHEM ARCHAEOLOGY GROUP**  
excavation and laboratory experience for volunteers, archaeology lab, Route 32 South. Information, 439-6391.

**MONDAY**  
**SEPTEMBER 6**

**BETHLEHEM**

**BICENTENNIAL PARADE**  
stepping off at 3 p.m. from Bethlehem Central Middle School on Kenwood Avenue, down Oakwood to Delaware, then out Delaware to the high school. Entertainment, music and food will be available after the parade at Elm Avenue Park, with fireworks to follow at dusk. Information, 439-4955.

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

**AL-ANON GROUP**  
support for relatives of alcoholics, Bethlehem Lutheran Church, 85 Elm Ave., 8:30 to 9:30 p.m. Information, 439-4581.

**TUESDAY**  
**SEPTEMBER 7**

**BETHLEHEM**

**PLANNING BOARD**  
town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

**TREASURE COVE THRIFT SHOP**  
First United Methodist Church, 428 Kenwood Ave., 11 a.m. to 6 p.m.

**BINGO**  
at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

## Weekly Crossword

"A Stiff Upper Lip"

By Gerry Frey

- ACROSS**
- 1 Bind
  - 5 Pondered
  - 10 Mongrel dogs
  - 14 Ancient Arcadian City
  - 15 \_\_\_\_\_ dome
  - 16 Pertaining to the ear
  - 17 *British Field Marshall*
  - 19 Space org.
  - 20 *British actor Lawford*
  - 21 Glossy
  - 23 Plate
  - 26 Lease
  - 27 Dernier \_\_\_\_\_
  - 30 Fencing swords
  - 32 Street show
  - 36 *British cow*
  - 38 Malcontents
  - 39 And others
  - 40 Warm the wing
  - 42 Prevaricates
  - 43 Doddering
  - 45 *British coin*
  - 47 Take
  - 48 Transparent
  - 49 Ave.'s cousin
  - 50 Med. school subject
  - 52 Slender
  - 54 Festive gathering
  - 58 Western film
  - 62 Andy's son
  - 63 *British cathedral*
  - 66 Clue
  - 67 Henry's goof
  - 68 Rim
  - 69 Poet Ogden
  - 70 Tinters
  - 71 Lions

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54	55	56				57		58		59	60	61
62				63			64	65				
66					67					68		
69					70					71		

- 8 Blunders
- 9 *British author Sir Arthur*
- 10 *British police officer*
- 11 Colorado neighbor
- 12 Get up
- 13 Fish
- 18 Sorrow
- 22 Memo lead in
- 24 *British porcelain*
- 25 At this place
- 27 Kingly game
- 28 Place the ball again
- 29 Tehran resident
- 31 Novelist Wharton
- 33 Bridle lines
- 34 Choose
- 35 Types of curves
- 37 *British queen*
- 38 Fend off
- 41 Billiard sticks
- 44 Carson's replacement
- 46 Head of a religious house
- 48 Reliable
- 51 Curved
- 53 *British singer Mercer*
- 54 *British king*
- 55 Samoan capital
- 56 Between secs. and hrs.
- 57 "\_\_\_\_\_ petit placidam ..."  
"Mass. motto
- 59 Condition or state: Suffix
- 60 Therefore
- 61 Cereal grasses
- 64 Thrice: Combining form
- 65 Trains in the sky

\* AT THE CINEMA \*

R	I	D	E	D	E	E	R	S	A	G	A			
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1950 PONTIAC CATALINA, 2-door, hard top, auto transmission. Asking \$2,000, 765-2515.

1980 CHEVROLET malibu classic 4 door sedan, automatic, a/c, v-6, 63,000 miles, very good. Best offer, 439-3826.

1984 HONDA ACCORD LX. Must go. Best offer, 768-2018.

'79 CHRYSLER, dependable transportation, new tires, battery, exhaust system, \$895, 456-2050.

Cousin  
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FORD • MERCURY • TRUCKS  
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Run your logo with your classified ads.

Call 439-4940

**BABYSITTING HELP WANTED**

**BABYSITTER NEEDED.** My Delmar home. Mature, responsible individual with own transportation; Monday through Friday. Call for details, 475-1045.

**BABYSITTER:** Our Delmar home, 4 afternoons, 3:00-6:30 p.m. for 10 and 12 year olds; must provide own transportation. Good salary. Call 439-5519, evenings.

**CHILDCARE PROVIDER** wanted for drop-in program at Delmar church Tuesday's and Friday's 9:30 to noon. Call Debbie, 475-9677.

**BOATS FOR SALE**

**BOAT AUCTION:** Sealed bid sale, 8/8 - 9/5, viewing and bid submission. Over 65 boats, power and sail, privately owned, you make the deal. Call Bob or Jeff, (516)298-4770, Strong's Marine.

**BUSINESS OPPORTUNITY**

**A MILLION \$ DEAL.** As seen on CNN: hot, new, unique, no competition, \$50K - \$500K income. Potential (minimum individual, \$9,700). Call Pat, 1-800-330-8964.

**CHILDCARE**

**CHILDCARE:** AUPAIRCARE cultural exchange. Experienced legal European au pairs. Affordable live-in childcare, government-approved, local counselors. Call NY regional office, Jane Szamborski, (914)747-3704 or 800-4-AUPAIR.

**QUALITY CHILDCARE,** my home. Loving, safe environment for your infant toddler, 465-8389.

**TIRED OF** giving your paycheck to childcare? This mother of two is for safe, loving care you can afford, 767-9269.

**TO CARE** for one year old twins and five year old, two days a week, 439-4220.

**CLEANING SERVICE**

**MARY'S CLEANING:** \$30 per house. References and experience, 872-0538.

**METICULOUS PERSONALIZED** cleaning, 8 years experience, reasonable, dependable, references. 439-2796.

NEED AN EXTRA hand house cleaning? Here's your chance. Call Tina, 872-1000.

**CRAFT FAIR**

**CRAFTERS** wanted, Third Clarksville PTA Craft Fair, October 2nd, 10 a.m. - 4 p.m., \$25/space, 439-1160.

**FIREWOOD**

**ALL HARDWOOD:** 5 face cord load, \$200; 1 cord, \$125. Call 767-2594.

**GARDENING**

**FINEST QUALITY** landscaping dark bark mulch and topsoil. Truckload delivery or yard pick-up. J. Wiggand & Sons, Glenmont, 434-8550.

**HEATING**

**SYSTEMS FOR HOME OR BUSINESS.** Super efficient, warm, safe, significant savings from day 1. Easy install. Smart Home 438-4772.

**HELP WANTED**

**CHRISTMAS AROUND THE WORLD:** Hiring demonstrators. Average \$8 - \$20/hr. selling high quality merchandise. Work own hours, free training, free sample kit. No territories, collecting or delivering. Also booking parties. Call Carol Sbardella, 459-8322

**MATURE** female companion for Slingerlands senior; light housekeeping for free rent, PO Box 1849, Albany 12201-1849.

**DISHWASHER,** part-time; evenings, Brockley's 439-9810.

**EXCELLENT PAY:** \$600 - \$700 potential per week. Mostly weekends. Local company looking for attractive female dancers. No experience necessary. Details call New England Entertainment, 1-800-231-4177.

**FREE CLASSIFIED** ad service for job hunting members of the press looking for employment with a weekly newspaper in New York State. Send your ad to NYPA Newsletter, 1681 Western Ave., Albany, N.Y. 12203-4307.

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**PAYROLL CLERK,** 3 days per week, \$9.22/hr., benefits, 12-month employment. Send resume to Assistant Superintendent for Business, Bethlehem Central School District, 90 Adams Place, Delmar, N. Y. 12054.

**WANTED: MATURE,** responsible adult to care for my child afterschool in my home. Hours 3 - 7 p.m. Light housekeeping required, must drive. Call for an appointment between 9 a.m. - 4 p.m. Ask for Joanne, 427-0048

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**MOVING SALES**

**27 CHERRY AVE.,** Delmar. Sunday 29, 11 a.m. - 4 p.m. Furniture, fabrics, misc. household.

**GARAGE SALES**

**155 DUMBARTON DRIVE;** miscellaneous household, interior doors, clothing, some collectables, 8/28, 9 a.m. - 3 p.m.

**23 SALISBURY ROAD,** Delmar. Old collectables, household wares, Syracuse china, August 20, 27 & 28, 9 a.m. - 4 p.m.

**7 JEFFERSON ROAD,** August 28, 9 a.m. Sofabed, dining tables, chairs, toys, household, misc.

**7 MINNOWBROOK AVE.,** Delmar, Saturday, 8/28, 9 a.m. - 2 p.m. Household appliances, dinnerware, typewriter, clothing.

**88 WISCONSIN AVE.;** Miscellaneous household, kids clothes, toys. August 28, 9 a.m. - 3 p.m.

**43 WEST BAYBERRY ROAD,** Glenmont; Saturday August 28. Tons of stuff.

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**DELMAR: 79 DUMBARTON DRIVE,** 9 a.m. - 2 p.m., August 26 - 29; furniture, picnic tables, children and adult clothes and misc.

**GLENMONT: 6 Concord,** 44 E. Bayberry, Colonial Acres, August 27, 28, 9 a.m. - 3 p.m. Household, antiques.

**LOUDONVILLE: DeLucia** Terrace, multi-family, clothing, household, furniture, much more, August 28 & 29, 9 a.m. - 3 p.m.

**MULTI-FAMILY,** August 28 and 29, 10 a.m. - 5 p.m. Bennett Hill Road, Clarksville, left on county Route 312.

**SATURDAY, 8/28, 9 a.m. - 3 p.m.,** 15 Murlin Drive, off Elsmere, Delmar; children's furniture, books, household, 10 speed.

**FLEA MARKET**

**VENDORS WANTED:** Delmar Kiwanis flea market and crafts. October 16, 8 a.m. - 4 p.m., Days Inn, 9W, Glenmont, 439-6808.

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**LEGAL NOTICE**

**SCHOOL COLLECTOR'S NOTICE**

Notice is hereby given that I have received the tax list and warrant for the collection of school taxes in the Voorheesville Central School District.

I will receive all taxes for a period of 62 days beginning September 1, 1993 the date of this notice, at the places, listed below. During the 30 day period from September 1, 1993 through September 30, 1993 inclusive there will be no penalty charge for the collection of the tax.

From October 1, 1993 through November 1, 1993 in accordance with Section 2130 of the Education Law and Section 1328 of the Real Property Tax Law, penalty will be charged at a rate of 2% for the month of October and through November 1.

No collections will be made after November 1, 1993.

Paying in Person: Voorheesville Branch of KeyBank, Voorheesville Plaza, Monday - Friday: 9 A.M. - 3 P.M. Friday: 4 P.M. - 6 P.M.

Paying by Mail: Voorheesville Central School District, Tax Collector, Post Office Box 201, Voorheesville, New York 12186

Make Checks Payable to: Voorheesville Central School District

Marilyn Schaff, Tax Collector  
Voorheesville Central School District  
Voorheesville, New York 12186

(August 25, 1993)

**NOTICE OF PUBLIC HEARING**

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, September 1, 1993, at 8:30 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Albany County Association for Retarded Children, 334 Krumkill Road, Slingerlands, New York 12159 requesting a modification to a previously granted Use Variance under Article VI, Section 128-12, Permitted Uses to allow other uses evenings and weekends at premises 334 Krumkill Road, Slingerlands, New York 12159.

Thomas W. Scherer  
Acting Chairman  
Board of Appeals

(August 25, 1993)

**TOWN OF BETHLEHEM PLANNING BOARD**

**NOTICE OF PUBLIC HEARING**

Notice is hereby given that the Planning Board of the Town of Bethlehem, Albany County, New York, will hold a public hearing on Tuesday, September 21, 1993, at the Town Offices, 445 Delaware Ave., Delmar, New York, at 7:30 p.m., to take action on the application of Stylish Development Corp., 1124A Saugus St., Schenectady, N.Y. 12306, for approval by said Planning Board of a one hundred twelve (112) lot subdivision, property located on the east side of Berver Dam Rd. between lands of Conrail and the NYS Thruway, as shown on map entitled, "TRINITY MANOR SUBDIVISION, Survey Plat, Stylish Development, Beaver Dam

**LEGAL NOTICE**

Road, Town of Bethlehem, County of Albany, State of New York", dated March 17, 1993, latest revision 8/10/93 (4 sheets) and made by Ingalls, Smart Associates, Schenectady, N.Y., on file with the Planning Board.

Martin L. Barr  
Chairman, Planning Board

NOTE: Disabled individuals who are in need of assistance in order to participate in the public hearing should contact David Auston at 439-4131. Advance notice is requested.

(August 25, 1993)

**NOTICE OF PUBLIC HEARING**

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, September 1, 1993, at 8:00 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of William Pelletier, 15 Brookview Avenue, Delmar, New York 12054 for Variance under Article XVII, Section 128.73 A (l)(b), Side Yards of the Code of the Town of Bethlehem for construction of a deck at premises 15 Brookview Avenue, Delmar, New York.

Thomas W. Scherer  
Acting Chairman  
Board of Appeals

(August 25, 1993)

**NOTICE OF PUBLIC HEARING**

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, September 1, 1993, at 8:15 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Thomas McCormick, 127 Kenwood Avenue, Delmar, New York 12054 for Variance under Article XII, Section 128-55, Percentage of Lot Occupancy of the Code of the Town of Bethlehem for construction of a detached garage at premises 127 Kenwood Avenue, Delmar, New York.

Thomas W. Scherer  
Acting Chairman  
Board of Appeals

(August 25, 1993)

**ANNUAL NOTIFICATION OF THE AVAILABILITY OF THE DISTRICT ASBESTOS MANAGEMENT PLAN 1993 - 1994 SCHOOL YEAR**

RAVENA-COEYMANS-SELKIRK CENTRAL SCHOOL DISTRICT submitted in 1989, to the New York State Education Department, the school district's Asbestos Management Plan. In accordance with the EPA Asbestos Hazard Emergency Response Act of 1987 (40 CFR Part 763), this memo is intended to fulfill annual notification, stating that the Asbestos Management Plan for all school district buildings are available and kept on file at each building and the Board of Education Office, 26 Thatcher Street, Selkirk, N.Y. 12158.

These records are available for review from 8:30am to 3:00pm,

**LEGAL NOTICE**

each Monday to Friday.  
For more information, Please contact the following persons:

Douglas Kuhn, LEA Designee,  
Phone number: 767-2514

William Schwartz, Superintendent,  
Phone number: 767-2513

Douglas Kuhn  
Director Facilities and Operations  
August 17, 1993

(August 25, 1993)

**VOORHEESVILLE CENTRAL SCHOOL DISTRICT NOTICE TO TAXPAYERS FROM THE VOORHEESVILLE BOARD OF EDUCATION**

For those taxpayers who are having their school taxes paid through an escrow account the district recommends contacting your bank to ensure proper payment. However, if you receive the tax bill and you have an escrow account, it is your obligation to contact your bank.

Sincerely,  
Marilyn B. Schaff  
School Tax Collector

(August 25, 1993)

**Make a dinosaur book at state museum**

The New York State Museum is offering two two-part workshops for children ages 4 to 11 entitled "My Own Dinosaur Book."

Workshop A is for youngsters ages 4 to 7 and a parent on Saturdays, Sept. 11 and 18. Preregistration is required by Sept. 8. Children ages 8-11 can attend Workshop

B on Saturdays, Oct. 23 and 30 with an instructor.

Participants will visit the "DINOSAURS!" exhibit at the museum and tell their own dinosaur story. The workshops cost \$24 and are held from 10:30 a.m. to 12:30 p.m.

For information, call 474-5801.

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street address (box #) \_\_\_\_\_

city, zip \_\_\_\_\_

## Game

(From Page 17)

popcorn, soda and a general admission seat for \$3.50.

For a price of \$8.50 per person, with a minimum of eight youngsters and one adult, kids can celebrate their birthday at Heritage Park. The Yankees' team mascot, Grounder, will present each youngster with a team pennant and the guest of honor gets an official Albany-Colonie Yankees logo baseball. Each party member gets a reserved seat for the game, a hot dog, box of popcorn, soda, cake and ice cream.

Daily ticket prices are \$6.50 for corporate box seats, VIP seats and first-base grandstand seats are \$5, adult general admissions are \$4, and youth and senior citizen general admissions are \$3.

Once at Heritage Park, there are lots of things to do besides watching the game. Participants can try their luck in the soft-toss cage or at the speed pitch.

Between innings, Grounder puts on his own show. At each game, he'll also race one lucky fan around the infield for fun and prizes.

Actually, it's not really a race. Grounder starts at second base and walks the rest of the way home. His adversary takes off from the batting box and chugs around the diamond as if it were a real try for an inside-the-park home run.

Of course, what's a night in the bleachers or stands at Heritage Park without peanuts and cracker jacks? There's also popcorn, hot dogs, soda and more to enjoy while you "root, root, root for the home team."

Heritage Park is located on Route 155 and Watervliet Shaker Road, next to the Albany County Airport. For information, call the Albany-Colonie Yankees office at Heritage Park, 869-9236, or the new 24-hour hotline at 464-0011.

## Cathedral choir



The Cathedral Choir of Men and Boys from the Cathedral of All Saints, Albany, recently completed a two-week trip to England. The group acted as the resident choir at Lichfield Cathedral for one week, and also sang at Southwark Cathedral in London.

## Jump

(From Page 17)

1994 "I Love New York Horse Show."

More than 200 entries in over 15 divisions are expected to take part in the show, which will feature the Marshall and Sterling League Classes, said Mirabella. Both are qualifiers for finals to be held in the fall at the Washington International Horse Show.

Participants will compete in the following divisions: hunter, when the horse is judged on its jump; equitation, when the rider is judged on position and handling of the horse; and jumper, when the horse and rider attempt jumps of 3 feet or more.

"Even for the inexperienced, these shows are a lot of fun to watch," said Mirabella, who has been riding for three years. "I didn't know much when I started, but it was always exciting."

Also featured will be exhibitors' and craft tents, offering items based on equestrian themes.

trian themes.

On Saturday, a barbecue is scheduled at 6 p.m., at a cost of \$10 per person. Reservations are required.

Following the barbecue is a "fun obedience-type dog show," said Mirabella, which is open to anyone with a dog.

"It's always a lot of fun, especially seeing the kids with their dogs and their attempts to get them to obey," she said. And no one goes away from the show empty-handed, as every dog will receive a ribbon and dog bone.

The awards ceremony will be at 3 p.m. on Sunday, when Ronald McDonald will arrive at the fairgrounds in a horse-drawn carriage to entertain the children.

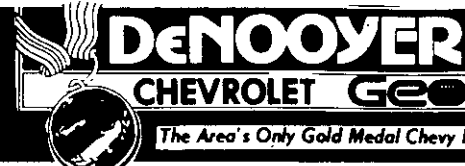
The show runs each day from 8 a.m. to 6 p.m., with free admission and parking.

"All the riders want is spectators," said Mirabella. "It's always great when you have a crowd out to cheer them on, especially when it's for a great cause."

For reservations to the barbecue or information, call Mirabella at 371-2687.

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### Report knocks methanol fuels

According to a recent report by the Hudson Institute, the use of alternative fuels such as methanol and ethanol may harm the environment, present health risks and cost more than conventional fuels.

Among the institute's findings:

- Health and safety risks associated with methanol use are greater than those associated with gasoline or natural gas. Even small doses of methanol ingestion can cause blindness or death.

- Alternative fuels cause as much greenhouse gas emissions as gasoline and, in some cases, such as methanol made from coal, can contribute even more greenhouse gas emissions than gasoline.

- Straight methanol creates a flammable or explosive mixture in storage tanks.

- These fuels are also more costly for motorists due to low fuel efficiency, according to the report.



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4. **FACT.** Ford has five of the top 10 selling new vehicles and we carry over 500 of these, plus over 125 used cars.
5. **FACT.** Orange Motors was #1 in total new vehicles sales in the New York region in 1992.
6. **FACT.** If we don't have a new vehicle that suits you, we'll get one.
7. **FACT.** We offer a FREE lifetime oil and filter change with the purchase of a new vehicle.
8. **FACT.** We have our own quick lube center.
9. **FACT.** Ford Motor credit has the best 2 year lease plan available and all our people are trained in this area.
10. **FACT.** Orange Motors has over 80 rental vehicles in service.
11. **FACT.** Orange Motors has over 100 service stalls for general repair, body and heavy truck repairs.
12. **FACT.** Orange Motors has over a 1.2 million dollar parts inventory.
13. **FACT.** 23 of our technicians are ASE Master Technicians.
14. **FACT.** We have all the latest technical support systems to repair your vehicle.
15. **FACT.** Last but not least — if you are interested in price, we'll meet or beat any advertised price.

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## □ DOT

(From Page 1)

Department of Transportation's Voorheesville and Latham maintenance facilities.

The local workers, the first DOT unit to participate in the department's Adopt-A-Highway program, spent Wednesday evening and Saturday morning picking up 120 garbage bags worth of roadside litter, according to Shane Gilchrest of Colonie, a mechanic at the Voorheesville garage.

Gilchrest organized the adoption of the two-mile stretch of superhighway as a very visible way to show people "that we live here too, and care about how the community looks."

Most of the approximately 1,000 road adoptions statewide are undertaken by local civic groups or Scout troops. Gilchrest said he organized the DOT effort in part to counter "the negative image of state workers in many people's minds."

Gilchrest said that 12 people turned out Wednesday evening after work, and another eight gave up part of their weekend Saturday morning. Each group picked up 60 bags of litter — "bottles, cans, cardboard, tires, mufflers, hubcaps, the whole array of garbage" Gilchrest said.

Three or four volunteers will

return this week to clean up "a little section at the end" near the Thruway to complete the job, he added.

Like other highway adopters, the group is committed to four clean-ups a year for two years.

Gilchrest's superiors at DOT praised the workers' unique commitment to the community.

"After seeing the effort that they put in during the past winter's blizzard and this spring's flood, I am not at all shocked to see them give up a few hours of their own time to make one of our highways look better," said Bill Logan of Voorheesville, DOT's resident engineer for Albany County. "They have a tremendous amount of pride in what they do."

The new commissioner at DOT, John Egan of Slingerlands, noted, "This gesture sends a powerful message, not only to the department, but also to the public, that our employees are concerned with their communities as well as their jobs."

Clean-up volunteers included Gilchrest, his wife Jeri, Logan, Rob Selover (resident engineer), Ted LaValle, Dave Sheehan Paula Laime, Susan Secor, Danny Baker, Jeff Carey, Mike Kendrick, Del Pierrier, Fritz Herzog, Mike Kalica and Melvin Cherry from Voorheesville; and Mark LaPier, Chris Doyle and Ed Loranger from Latham.

## □ Park

(From Page 1)

- The speed limit around curves should be reduced from 30 to 20 mph.

- "Stop for Pedestrian" signs should be installed on Route 32 at the crosswalk by the park.

Bethlehem Parks and Recreation Commissioner Dave Austin witnessed a "very close call" at the entrance to the park in early July that makes him sympathize with the neighbors.

"I saw a child on a bike almost hit," Austin said. "He thought it was safe to go ahead because the traffic was stopped" at the intersection.

The major problem with the intersection, Austin said, is that

traffic gets backed up on Route 32 trying to turn onto Elm Avenue going east.

As a result, vehicles stuck behind try to move around the bottleneck by passing on the right, which brings them "right into the park entrance."

"There have been some accidents at that intersection," Austin said. "It's difficult to walk or ride your bike across, especially during the summer."

In light of the thousands of people who frequent the Elm Avenue Park each summer, the town has decided to construct an exit-only road about 850 feet south of the park to divert traffic from the four-way intersection.

Supervisor Ken Ringler said he hoped the work could be done this winter, weather permitting.

Ringler also said the town is proceeding with plans to construct a bike path from Elm Avenue Estates, past the town park and continuing all the way to the high school.

Police Lt. Richard Vanderbilt, chairman of the traffic safety committee, said counters will be used to gauge the volume and speed of cars as well as the number of commercial vehicles traveling on Elm Avenue.

An accident history of the four-way intersection will also be compiled and committee members plan to visit the area to assess the situation.

All the reports are due back in September in time for the next traffic safety committee meeting.

## □ Teachers

(From Page 1)

that salaries had risen in the 1980s, but noted that "school boards gave ground grudgingly."

The union is just looking to keep Voorheesville salaries "in the middle range" of teachers' salaries in the Capital District, Mele said. "We're trying to achieve some reasonable parity with what other teachers are paid."

The previous teachers' contract, which provided a 26.4 percent salary increase over three years, expired June 30. In that period (1990-92), the national Consumer Price Index rose 12.5 percent.

The district and the teachers' union remained far apart on the central issue of salaries despite seven negotiating sessions since January.

Other issues of contention are the extent to which teachers contribute to health insurance and a district proposal to "increase student-teacher contact time" by lengthening the school year.

The formal declaration of impasse means that a mediator from the state Public Employees Relations Board will be appointed to try to get the two sides together.

While the teachers were asking for 8.4 percent increases in each year of a three-year contract, the district offered 1.9 percent, which is the approximate value of "step," or seniority, raises required under the state's Taylor Law.

Starting teachers at Voorheesville now make about \$27,000, and there were 75 applicants for each of the two teaching jobs open in the district this

summer, Cole said.

Although recent contracts have outpaced inflation, Mele said that in the 1970s, when he began teaching, settlements were below the inflation rate.

"At one point in the 1970s, there was no raise for one year," he recalled. "No matter what raise I get, I can't make up for what I've lost."

In the current district budget, each 1 percent increase in teachers' salaries would cost about \$42,000, and cause an estimated .56 increase in the district's property tax rate.

After seeing the board's initial budget proposal defeated at the polls, Cole noted that even meeting the union halfway at around 5 percent would have cost \$120,000 and "we probably wouldn't have gotten a budget."

The union plans a full membership meeting on Wednesday, Sept. 8, to discuss "what action the association will take," Mele added.

Three years ago, during a similar impasse, association members picketed outside school board meetings and other school events and instituted work-to-rule, wherein they worked to the letter of the previous contract.

Cole said he expected "the schools to operate as normal," and cited language from the Taylor Law which states that the teachers "are obligated to perform all duties and render all services which have been traditionally part of their professional responsibilities, regardless of whether such services have been rendered pursuant to the collective bargaining agreement or pursuant to a practice."

# Come To Friendly's Grand Opening For Some Major WHEELIN' 'N' DEALIN'!

Join Us August 27-29, 1993  
at Delaware Avenue, Albany.

When you go to Friendly's during our Grand Opening, you'll get more than great food and ice cream. You'll get Friendly's service, free goodies for the kids, and the chance to win a Huffy® Mudslinger™ BMX Bike in our Grand Opening Sweepstakes!

And wait until you see all the changes we've made. Everything's brand new! From our kitchen to our countertops. Including delicious additions to our menu, and a renewed commitment to serving you in the fastest, friendliest way possible.

So bring the kids to Friendly's during our Grand Opening Sweepstakes. And let the good times roll!



**FREE\***  
New Country  
French Toast

When You Purchase Any  
New Country Breakfast  
At Regular Price.

Golden French Toast with  
two eggs and bacon or sausage.

This coupon cannot be used with any other discount or promotional offer. Only one coupon per item per visit. \*Tax additional where applicable. Available during regular breakfast hours only.

OFFER EXPIRES SEPTEMBER 12, 1993 631H

**Friendly's**  
Delaware Avenue, Albany

**FREE\***  
Original  
Sundae

When You Purchase  
Any SuperMelt™  
At Regular Price.

Three big scoops of your  
favorite Friendly's ice cream.

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OFFER EXPIRES SEPTEMBER 12, 1993 651H

**Friendly's**  
Delaware Avenue, Albany

**FREE\***  
Turkey Club  
SuperMelt™

When You Purchase Any  
Other SuperMelt™  
At Regular Price.

Oversized sandwiches, topped  
with cheese and served  
hot off the grill.

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OFFER EXPIRES SEPTEMBER 12, 1993 601H

**Friendly's**  
Delaware Avenue, Albany

**FREE\***  
Kids'  
Meal Deal

When An Adult  
Purchases A Dinner  
Platter At Regular Price.

Kids get their choice of  
entree with fries, beverage  
and special sundae.

This coupon cannot be used with any other discount or promotional offer. Only one coupon per item per visit. \*Tax additional where applicable.

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**Friendly's**  
Delaware Avenue, Albany