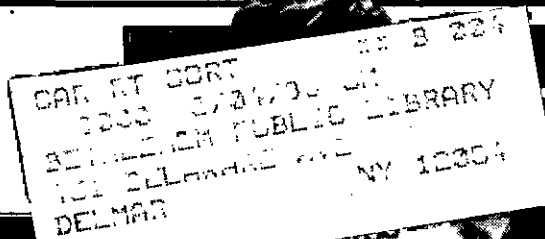


The Spotlight



HEALTH & FITNESS

Special Supplement
inside

Vol. XXXIX No. 12

The weekly newspaper serving the Towns of Bethlehem and New Scotland

March 22, 1995

50¢

Bethlehem officials stand by senior housing

By Mel Hyman

Despite threats of a lawsuit, Bethlehem town officials, who two years ago embraced a proposed low-income senior citizens housing complex for North Bethlehem, give no indication they're having second thoughts about it.

"Our residents should be able to stay in

for Marie Rose Manor in 1993 prior to making a recommendation to the town board on the request for a zoning change.

The board found no significant problems and recommended granting the zone change.

Although a few minor revisions were made, the current site plan is essentially the same as the one submitted in 1993, according to town planner Jeff Lipnicky. That plan, which calls for 50 one-bedroom apartments, was found to be in "substantial conformance" with environmental regulations, he said.

Prior to the six-acre parcel being rezoned from a single-family

residential area to a senior citizens residence district, the town board held a public hearing and no major objections were raised.

"It's just unfortunate" that some of the residents of Dutchbrook Manor (a neighboring development of single-family homes) were not aware of plans for the senior citizens complex when they bought their homes, said planning board chairman Douglas Hasbrouck.

□ HOUSING/page 24



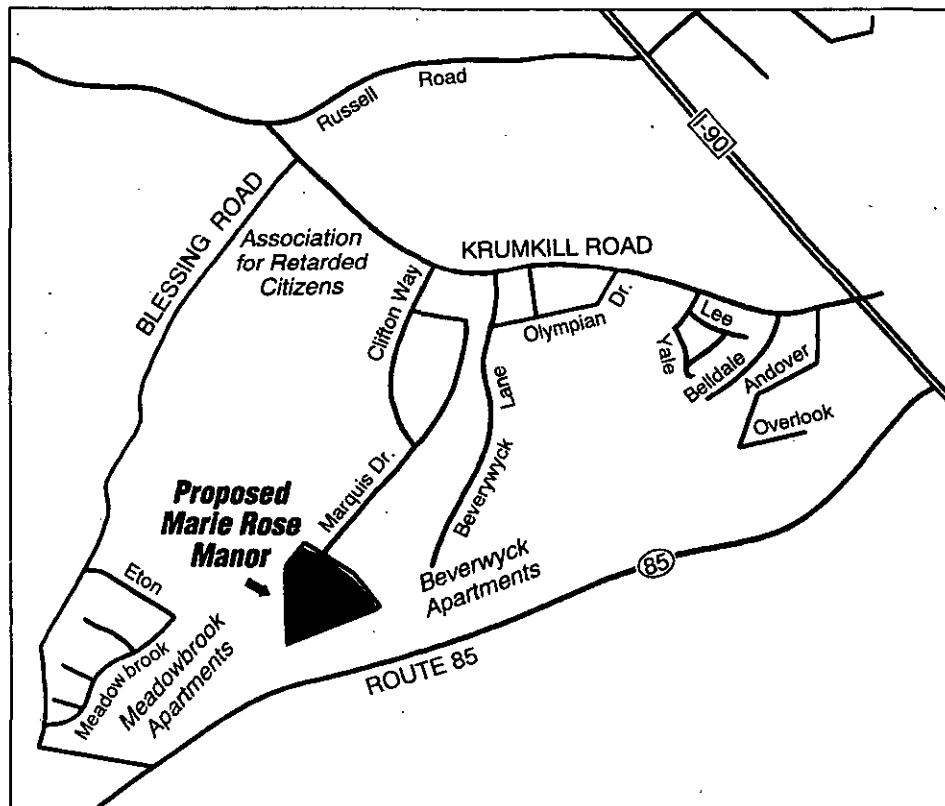
We have projects in Wynantskill and Colonie, that are in close proximity to very residential neighborhoods, and there's never been a problem.

Rosalie Montazella,
DePaul Management

their community," said Supervisor Sheila Fuller, "and this is an opportunity to provide housing for them. Certainly the issue of traffic is something the neighbors have raised," and that concern will be considered by the planning board.

Although "a subdivision will certainly create a lot more traffic than a senior citizens development," she said.

The town planning board, who resumed consideration of the federally subsidized project last night, reviewed the site plan



People living on Marquis Drive are fearful of heavy traffic headed into Marie Rose Manor.

Newcomer enters race

Glenmont woman to run on Dem ticket

By Mel Hyman

Theresa Barrowman of Glenmont is not what you'd call the political type.

But as a mother of four and a nine-year resident of Glenmont, she "feels strongly" about some of the issues facing the Bethlehem Town Board right now. So she's decided to do something about it — run for office on the Democratic ticket this fall.

"I'm definitely concerned about the health issues" surrounding the town's new \$13.9 million water system, she said. "I'm also uncomfortable about the manner in which the



Barrowman

water study was conducted and communicated."

The new water system, which derives its supply from an aquifer underneath the Hudson River, is scheduled to go on line in the late fall.

Barrowman said she favors a cautious approach to the Southgate Commons shopping center proposal because of "safety issues along the (Route) 9W corridor."

"Glenmont is already plagued with a significant amount of dead mall space,"

□ NEWCOMER/page 24

BOU auction promises something for everyone

By Susan Graves

Going once, going twice — going ninth. Bethlehem Opportunities Unlimited's ninth-annual auction fundraiser is set for Friday, March 31, at 7:30 p.m. at Bethlehem Central High School.

This year, the event — the only yearly fund-raiser for BOU — has everything from a six-foot ladder to a Rollerblade lesson from middle school principal Steve Lobban to tempt bidders. Other innovative items on the auction menu include a \$250 driver's education course donated by Brownell Agency, Inc., Bryant Asset Protection, Inc. and Burt Anthony Associates.

The gala will have something for everyone, according to BOU vice president Phyllis Hillinger, who is handling publicity for the auction.

"There's no admission charge, and if you don't want to buy anything, you can still have a great time," said Hillinger.

Ben & Jerry's of Main Square will provide free ice cream for the first 100

□ AUCTION/page 23



Martha Hubbard has donated a hand woven vest to the auction. Lorraine Smith

V'ville school budget projects 2.7 percent spending increase

By Dev Tobin

Voorheesville school spending would increase 2.7 percent under a preliminary spending plan presented to the school board last week.

Despite stagnant state aid and rising enrollment, the "status quo" budget, assuming no changes in program, shows a much lower rate of spending increase compared to recent years, according to Superintendent Alan McCartney.

"I'm very happy with the way it came out," said McCartney, predicting that the final budget will be even lower than the preliminary plan.

With the 2.7 percent spending increase, property tax rates would rise about 4 percent, he noted.

McCartney attributed the moderate estimated increase to several district initiatives, including paying a loan from the

BUDGET/page 23

Alert businessman and K-9 foil supermarket heist

By Mel Hyman

A local businessman who happened to be walking in the Delaware Plaza parking lot last week, and took it upon himself to follow a suspicious-acting vehicle across the bridge into Albany along with some help from the Bethlehem Police K-9 Grando, may have saved the day following a robbery at the Grand Union.

The Delaware Plaza bystander, who Bethlehem Police declined to identify, was able to get a plate number off the car, which ultimately turned out to be the get-

away vehicle from a daylight robbery at the Grand Union (on Tuesday, March 14).

Most (if not all) of the several thousand dollars in cash taken in the heist was retrieved later in the day during a search of 133 Delaware Ave., Albany, by Bethlehem and Albany Police.

Taken into custody at this address and charged with robbery second, grand larceny third and second degree criminal possession of a weapon were William Bradley, 29, of 37 Reed St., Canajoharie, and Charles Tangen, 20, of 133

Delaware Ave., Albany. They were sent to the Albany County jail pending further court action.

Thanks to the diligent actions of the businessman, the getaway car was spotted a short time after the 3:30 p.m. holdup on Morton Avenue in Albany by an Albany police cruiser.

Although the police officer lost sight of the vehicle, it was spotted several minutes later parked on Delaware Avenue, near the intersection at Hackett Boulevard.

Officer Wayne LaChappelle, the K-9 handler, said the unit was called in and the dog followed the scent from the suspects' car to the house on Delaware Avenue.

The businessman told police he had observed a young man exiting the Grand Union and running toward the rear of the plaza in the vicinity of OTB and Pizza Baron. When the man jumped into the trunk of a waiting vehicle he told police he thought that was somewhat "strange" and proceeded to follow the car across the Normanskill Bridge to the vicinity of Graceland Cemetery in Albany (along Delaware Avenue).

The Good Samaritan then returned to his place of business and provided Bethlehem Police with the information they used to

capture the suspects.

"It was fortunate that he was so quick thinking to try and get the plate," said Bethlehem Police Lt. Frederick Holligan, "because it helped us immensely in solving the case so quick."

When police searched the apartment resided in by Tangen, they found two weapons along with large amounts of cash stashed in numerous out-of-the-way places, according to Bethlehem Police Sgt. James Kerr.

Under the kitchen refrigerator at 133 Delaware Ave., Kerr said police recovered a Daisy pellet handgun along with \$1,552 in cash; inside the compartment of a wall-mounted chime in the hallway they discovered \$513 in cash; in the rear living room they found \$1,463 in a paint can; in a bathroom medicine cabinet they retrieved \$820 in cash and they seized \$2,178 in cash from behind the radiator in the front room.

In a rear bedroom, Bethlehem and Albany Police discovered a plastic nylon gym bag that may have held the pellet gun that the suspect showed to a store clerk in Grand Union. In the same location, police retrieved a plastic bucket that they believe to be the same container used during the robbery.

While the robber was at the service desk in Grand Union, he pointed to a plastic bucket behind the counter and ordered a clerk to fill it up with the days receipts, which just then being

counted, police said. Five or six bundles of \$1,000 each in small bills were deposited in the bucket and given to the robber, police said.

According to Lisa Diffenback, manager of the Delaware Plaza, there are no plans to increase security at the plaza. There is always one full-time Burns security guard on patrol during normal store shopping hours (10 a.m. to 10 p.m. during the week).

"To my knowledge Grand Union is up to date" with its own security system, she said, "but nothing is infallible."

Efforts to reach a Grand Union spokesperson were unsuccessful.

RCS board candidates can pick up petitions

Nominating petitions for candidates running for the Ravena-Coeymans-Selkirk Board of Education will be available beginning March 28.

The three seats currently held by school board members James Feurbach, Joseph Scalzo and Mona Selover are open this year. The posts carry three-year terms.

Petitions must be signed by 30 qualified voters of district. They can be picked up at the board of education office located at 26 Thatcher St. in Selkirk. The deadline for filing them is Tuesday, May 9, at 4:30 p.m.

For information, call Rodger Lewis at 767-2514.

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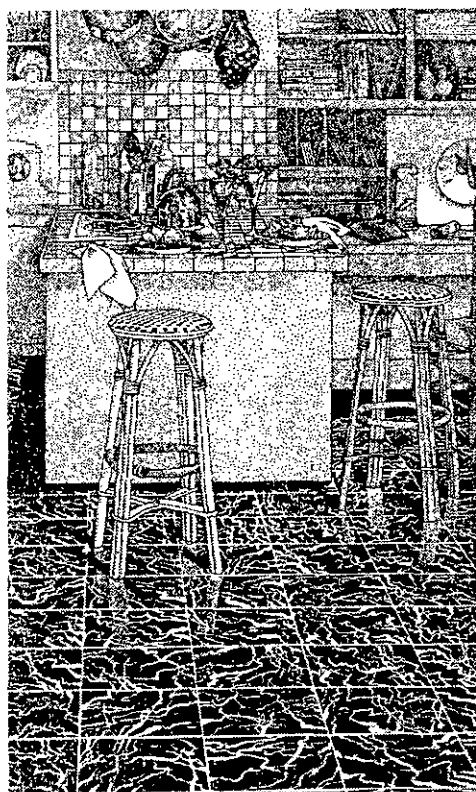
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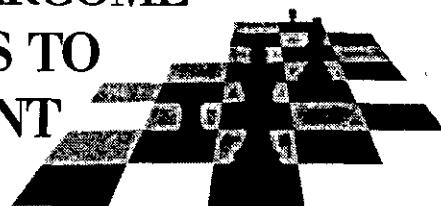
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BC board adds high school staff

By Dev Tobin

The hiring freeze for the 1995-96 Bethlehem Central school year melted a little last week, as the school board approved adding two full-time-equivalent teachers at the high school.

The board, fearing that state aid would not be increased this year, had informally proposed the freeze in January.

But given that high school enrollment will grow by about 80 students next year, board members unanimously supported adding the teaching staff, which will be spread out over a wide variety of courses, from woodworking to Spanish.

Several teachers and parents urged the board to address the rising enrollment because, as teacher James Nehring said, "Class size counts, and at the high school we are now moving beyond the pale."

Richard Kagan, a member of Parents for Excellence, said the board should "consider the risk of mediocrity," both to students and to property values.

Parent Lucy Dunne said that the district could free up money for classroom teachers by identifying and eliminating "redundancies," like the requirement that interscholastic athletes also have to take physical education.

Dunne suggested that the district poll students, who she said "have very strong opinions of what is wasting their time," to identify courses that can be eliminated or restructured.

Board member Peter Trent said that hiring two teachers now avoids having to hire up to six teachers in one year as high school enrollment continues to grow in the future.

Board member Dr. Stuart Lyman noted that the district is in a bind largely because it will not receive \$400,000 in extra state aid for its higher enrollment.

"The community will understand the effect of increased enrollments," said board member Dennis Stevens, noting that he did not expect the state aid picture to improve in the near future.

Adding the two teaching positions (at a cost of about \$88,000) was made easier by some good fiscal news reported by Franz Zwicklbauer, assistant superintendent for business.

The district will have a fund balance of about \$80,000 at the end of this school year, due to curtailed spending, lower fuel costs for heating, and additional revenues from BOCES and Medicaid reimbursements, Zwicklbauer said.

Also, for the 1995-96 budget, turnover savings (replacing senior teachers with relatively lower-paid junior teachers) will be \$37,000 more than expected, and health insurance will rise \$26,000 less than estimated, he added.

Finally, the board decided to move its budget meetings back to the district office from the middle school, which "has not been real comfortable for us logistically — we feel isolated, removed and distant," said board president William Collins.

The board meets tonight (Wednesday) at 7 p.m. for budget discussion and decisions, and on Wednesday, March 29, at 7 p.m. to adopt the budget.



Dennis Stevens

Tall Timbers project revived

By Dev Tobin

The New Scotland town board received an informal briefing on the proposal for the town's largest subdivision ever Monday night.

Principals of the Tall Timbers project on Hilton Road explained that the 170-unit proposal could not be altered, since that configuration was the basis of an expensive draft environmental impact statement accepted by the town in 1990.

Under current zoning, the 181-acre project conforms to the 20,000-square-foot minimum lot sizes required in the low-density residential (LDR) zone, and would need a rezoning for the half of the parcel that lies in an industrial zone near the D&H railroad tracks.

But Tall Timbers is in the crosshairs of proposed changes to the town's zoning law, which would mandate minimum density for the Hilton Road area four times greater than that allowed in the LDR zone.

Project attorney Wayne Smith argued that Tall Timbers should

be grandfathered in under current zoning, since the project went on hold at the request of the town and the county health department.

"I think we were sufficiently in the pipeline" to be grandfathered in and avoid the restrictions of the proposed new zoning law, he said.

Public/private partnerships are the wave of the future.

Bob Iovinella

While part of the property was a gravel mine in the late 1980s and early 1990s, the health department recommended that development of a public water supply be delayed, Smith noted.

Developer Bob Iovinella noted that the original project, a planned unit development with more than 400 units, was scaled back at the request of the town.

Iovinella called the project "the ultimate mine reclamation, a showcase place," with houses expected

to sell for \$180,000 and up. He estimated that 20 to 30 houses would be built a year, depending on market conditions.

He noted that the gradual build-out of the project, adding about two students per grade per year, would mitigate any sudden impacts on the Voorheesville Central School District.

Iovinella said that the project's water and sewer systems could be built with an eye to extending those utilities to surrounding areas.

"Public/private partnerships are the wave of the future, especially when it comes to water and sewer infrastructure," he said, adding that the Tall Timbers wells are remarkably productive, as much as 700 gallons per minute.

The project could be designed with a water tower, that would provide enough pressure for water protection in the area. Also, Smith said that the developers could bid at their cost on building the Orchard Park Water District, which would be connected to the Tall Timbers system.

NS planners continue zoning review

By Dev Tobin

With the prospect of some extra time for their work, New Scotland planning board members hosted a second public comment session on proposed changes to the town zoning law.

If the town board decides to extend the current moratorium on large residential subdivisions beyond mid-April, the planning board will take the full 60 days allowed by law to review and report on the proposed changes, chairman Robert Stapf said at last week's session, which followed the board's regular monthly meeting.

Most speakers continued to call for the elimination of a two-acre density requirement for the RA zone, the most controversial aspect of the zoning law amendments.

The RA zone includes most of the town below the Helderberg escarpment and outside the hamlets of Clarksville, New Salem, Feura Bush and Unionville.

"In our opinion, the present proposal does not conform to the master plan, especially in having the new RA zone extended to the

northeast corner of town," said Karen Moreau, a leader of New Scotland Citizens for Better Government.

Moreau said that she favored keeping the requirements for the RA zone the same as they are now — one-acre minimum lots, with half-acre lots allowed if public sewer and water are provided.

"It's just not proper to take the total developable land in the town and single-zone it," said Bruce Houghton. "The land will dictate zoning more than anything else. The major areas of town should be left at one-acre zoning."

On the other hand, Dr. Robert King said it was "terrible" that the zoning issue has become "a contest between landowners/old-timers and elitists... not the way to accomplish a good result."

During the discussion, board member John Loucks raised the issue of whether the southern part of the RF zone (three-acre minimum lot size) was necessary east of the Onesquethaw Creek, where it is relatively flat and "good farmland."

Stapf noted that the RF zone in

the southern part of town exists in current zoning.

Moreau agreed with Loucks, and added that the expansion of the RF zone along Picard Road was evidently not determined by the lay of the land, which is mostly open, unforested farmland.

Stapf explained that several residents of Picard Road had requested the change as a way to limit development right underneath the escarpment.

In future work sessions, board members will begin to discuss among themselves their response to the zoning law changes, Stapf said. The board's report is due by April 28.

In the business part of the meeting, the board agreed to a site plan for a new retail outlet as part of Olsen's Nursery and Greenhouses on Route 85.

James Olsen explained that old house in the front of the property would be torn down, and the newer pole barn structure behind it would become a "country-type store, with consignment crafts, antiques and gifts."

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The future is now for Bethlehem town hall phones

By Mel Hyman

If you absolutely can't stand to be greeted by an automated recording when you're trying to reach someone, then the new phone system at Bethlehem Town Hall may not be to your liking.

Then again, if you absolutely hate getting a busy signal and not knowing whether you'll ever get through to your party, then you might be mildly pleased.

Either way, people will have to get used to it, because electronic phone technology is here to stay. No more will real humans be on the other end of those seven digits

you dial for the town clerk, the assessor's office or the senior services department.

The change was wrought because of the difficulty people sometimes had in getting through to the town hall. The volume of incoming calls often overwhelmed the switchboard operator and people would be left hanging.

Under the new system, callers may now reach town hall offices 24 hours a day, seven days a week, without having to go through a switchboard. All you need is to have touchtone phone service and know the extension of the

person(s) you need to reach.

If you place your call when town offices are closed, you can leave a message on voice mail.

Town Comptroller Judy Kehoe said the new AT & T system, which cost about \$14,000, would not only make it easier for people looking for prompt service from the town, but "just being able to call in and receive your messages," is a great relief for department heads.

Callers with rotary phones will need to remain on the line about 30 seconds and their calls will be answered by a real live human.

The automated phone system

now operates only in town hall offices. If you wish to reach the Bethlehem Police, the Department of Parks and Recreation or the town highway department, you should use the existing numbers for these offices.

The following phone extensions now in place will allow you to get through to the following offices: supervisor, 164; receiver of taxes, 177; town clerk, 183; assessor, 103; data processing, 120; public works, 133; planning, 159; comptroller, 126; senior services, menu option 4; and building department, menu option 5.

New Scotland Kiwanis celebrate 45th anniversary

By Elizabeth Conniff-Dineen

Forty-five years ago this week a small but dedicated group of men organized the Kiwanis Club of New Scotland.

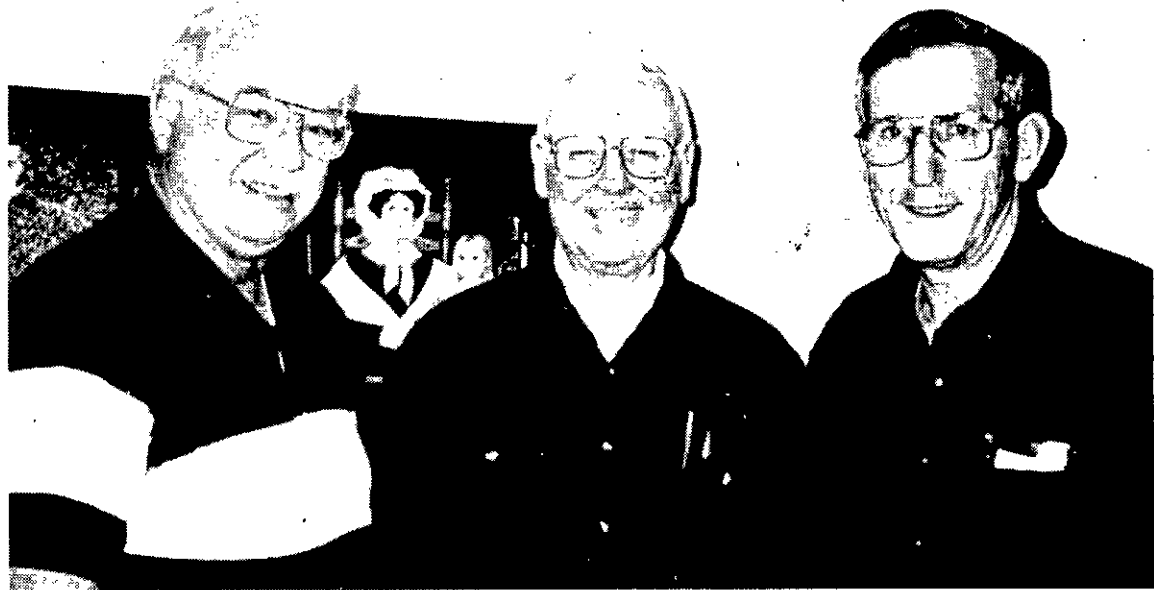
Kiwanis is one of the world's largest, most respected service organizations. Sponsored by the Kiwanis Club of Delmar, the original group was comprised of 29 charter members. One original member, Dick Long, of Long Lumber, is still active in the club. Two other charter members, Frank Campbell and Bill Taylor, are honorary members.

The club's first officers were C. Arthur Leland, president, Clayton A. Bouton, first vice president, Richard Long, second vice president, Norman C. Kidder, treasurer, and Robert E. Zautner, secretary. In the banner year of 1954, when Lauren Kiselburg was president, the club had 100 percent attendance an entire year.

According to longtime Kiwanian and past president Bill Childs, in its early years the club put more emphasis on helping needy children by providing "dental exams and buying eyeglasses and clothing." Childs also remembers getting together with other club members to repair the homes of village families who needed a hand. The club still provides Thanksgiving and Christmas baskets to needy families.

Although the original focus was on the village of Voorheesville, Kiwanians now work with the entire town, including Clarksville and Feura Bush. True to their commitment to make the town a better place to live, the current group of 53 club members sponsors a wide array of community activities and projects.

Today, the club's major emphasis is on youth programs. They sponsor and organize the town's youth soccer league, t-ball and baseball leagues, children's races and cross country races on Memorial Day, scholarship and citizenship awards to high school graduates, a Halloween party for young children, the Key Club at the high school, and Cub Scout Pack 73.



Kiwanians, from left, Bill Childs, Dick Ramsey and Jim Hladun are hoping younger members will join the new Scotland service club's ranks. The club does extensive work for local youth groups. Elizabeth Conniff-Dineen

Kiwanis contributes financial support to pee wee wrestling and a summer music program, sponsors two students at the Albany Therapeutic Riding Academy, and provides scholarships to the Heldeberg Workshop. They also sponsor a monthly blood pressure clinic at the First United Methodist Church of Voorheesville.

The New Scotland club conducts four major fund-raising activities each year. An especially popular event is their biannual Brooks chicken barbeque at the New Scotland Presbyterian Church. All money raised by the club goes back into a project account for community projects.

President Dick Ramsey feels that with the "largest athletic program in town" and with all of the groups other activities, "we need more members." Currently, the average age of club members is 52 and going up. Ramsey lays part of the blame for ageing membership on the demands of two career families but also feels that "not

enough people know what we do," he said in got involved because of his children but then realized "Kiwanis does a lot of other things too."

Past president and high school teacher Jim Hladun, who moved to the area in 1968 joined Kiwanis in 1973 because he was "proud to be part of this community." Hladun would like to see the club do a little more each year, but said, "We just can't do it all, we need help." Ramsey worries about burnout because "Our members participate in all of our activities, and we're getting older."

Kiwanians are now in the midst of a contest to bring in new members, especially younger members. Kiwanis is open to men and women, although no women have ever applied for membership in the New Scotland club.

The Kiwanis Club of New Scotland meets every Thursday at 7 p.m. at the New Scotland Presbyterian Church on Route 85. The meeting includes dinner at a cost of \$8. Annual club dues are \$65.

For information, call membership chairman Peter Luczak at 765-2105 or Ramsey at 765-4225.

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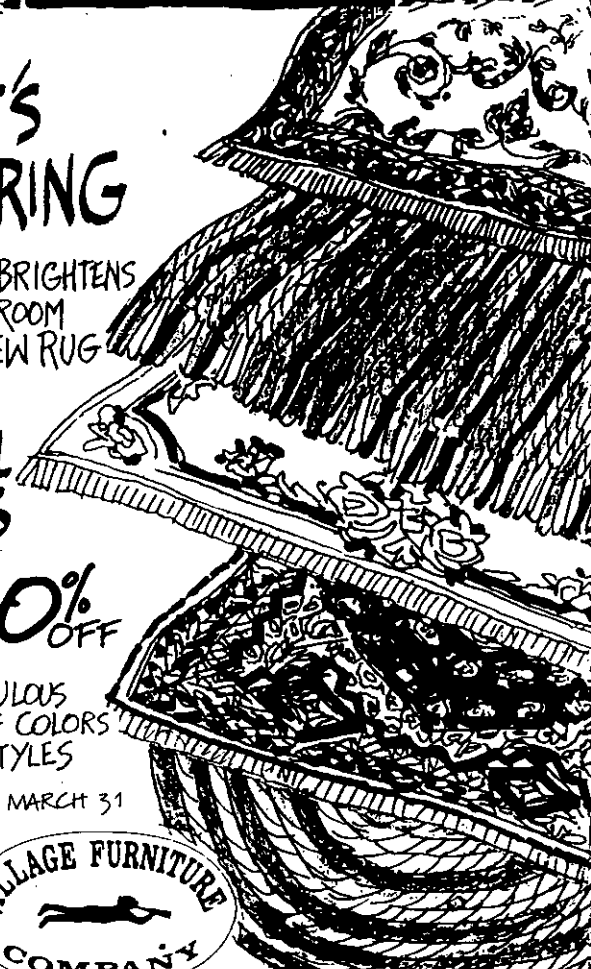
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Matters of Opinion

Don't hurry

Editorials

While there is some opposition in New Scotland to extending the moratorium on large subdivisions, Councilman Scott Houghtaling favors extension. He has given what seem to be several good reasons. First, the planning board would have needed extra time to finish its report. Further, residents of the town would also have more time to study the pros and cons of the changes to New Scotland's zoning law.

The large number of people who attended the public hearing on Feb. 27 is a good indication of the public's interest in the proposed zoning law changes. The comments, reported in *The Spotlight* of March 1, by some who attended the meeting and pertinent letters to the editor in the March 15 issue of the newspaper underline the diversity of opinion concerning the matter.

We would suggest that the people of New Scotland and particularly the members of the planning board take their time in reviewing this controversial issue.

Move it over!

Probably many of us can recall incidents similar to those written about in a letter to the editor in last week's *Spotlight*. The letter details a scenario for what could have been a disaster. Two cars were pulled over at Kenwood and Union avenues waiting for oncoming emergency vehicles. A third car pulled out around the two cars and crossed into the opposite lane as the emergency vehicles came around the curve.

Such lapses of common sense and good judgment, and flaunting of the law, jeopardize safety and welfare. The lesson to be learned needs repeating: Always yield for emergency vehicles with flashing blue or red lights ... pull over and wait until they have passed.

Manning to file suit

Neither the residents of Rural Place nor John Manning will take no for an answer. For about two years, Manning has been trying to obtain permission to establish a catering service and deli in a house located at the corner of Delaware Avenue and Rural Place. At the same time, Rural Place Homeowners Association members have been vehemently opposed to the idea.

Manning's applications have been rejected, approved, and again rejected by the planning board. Now, he proposes to file an Article 78 lawsuit to overturn the planning board's latest rejection.

Manning's attorney, Michael Biscone of Ravena, says that the planning board's decision was not made in a timely fashion, and therefore, according to law, Manning's project should be deemed approved. Further, zoning regulations for parking spaces at the proposed business have been complied with in a plan revision. The school district is willing to consider having the school bus pick up children in the proposed deli's parking lot.

Now that these sticking points have been addressed, we are of the opinion that Manning should be permitted to go ahead and establish his catering service and deli.

A matter of policy

We welcome letters from our readers on any topic. All expressions of opinion or point of view will be given a thoughtful and open-minded reading. If it seems that the letter is of general interest to our readers, it will be printed.

Writers should be aware that occasionally editing will be necessary in the interests of clarity, taste, the style requirements of this newspaper and limitations of space. Each letter must be signed by the writer and contain the writer's phone number because every letter we receive is verified before it is printed.

Pataki budget hits county hard

Breslin: Cuts deal blow to Capital District economy

The author of this Point of View, a Democrat, is Albany County executive.

By Michael G. Breslin

If there's one thing Governor Pataki and I agree on, it's the need to reduce the cost and size of government. In today's economy, taxpayers are learning to do more with less. Government must do the same.

My goal is to provide Albany County with the most efficient, cost-effective and accountable county government anywhere.

That means, first of all, reducing the number of county workers. The County Legislature has set an objective of cutting some 80 jobs by the end of this year. I plan to exceed that goal. I am working with my department heads to make sure that staff reductions are achieved through attrition and early retirement incentives without impacting the high quality of Albany County services.

I am convinced that we can do this and am encouraged by the willingness of county employees to join me in finding innovative ways to save costs.

One such innovation being carried out by the Department of Social Services is to encourage enrollment of Medicaid clients in managed care programs. In just one month, we have enrolled some 4,000 people in money-saving managed care health plans. This achievement is unparalleled in New York State.

Albany County will continue to lead the state in finding new ways to economize. We are actively pursuing agreements with other local governments to consolidate the delivery of services through regionalization. We will also pursue partnerships with private business, such as an arrangement providing for the staffing of county medical clinics by physicians from Albany Medical College.

Reducing the cost of county government is just one part of the equation for a prosperous local economy. Another condition is the creation of a thriving business environment that will provide Albany County with revenue and our residents with jobs. This is where Governor Pataki and I disagree.

The Governor's proposed budget and job relocations hit Albany County where it hurts — on the bottom line.

The county budget enacted last year, and under which we now operate, is very narrowly balanced. An important part of that budget was a state commitment for funding programs to help handicapped preschoolers and provide nursing home care for the elderly. The Governor's proposed budget reneges on those commitments and leaves Albany County with a budget deficit.

That gap has the potential to grow wider due to

□ BRESLIN/page 7

Hoblock: Governor's plans need some adjustment

The writer of this Point of View, a Republican, represents the New York State Senate's 42nd District. He served as Albany County Executive from 1992 to the end of 1994.

By Michael J. Hoblock

It's said in politics that timing is everything. If that's true, I either have the world's worst timing or I have been given a mission.

Three years ago at about this same time, I informed the Albany County Legislature that the budget I inherited when I took office had a massive, structural deficit of as much as \$17 million. To put that in perspective, Albany County's entire real property tax levy was approximately \$40 million — and this was after the outgoing legislature had raised property taxes by 24.5 percent.

At that time, I asked the county Legislature to work with me to develop a deficiency plan, because the alternative was to run out of money in mid-year, something I

would not allow to happen. I took a number of unilateral actions to control spending, but our problems were so severe that we needed to take some drastic measures, including down-sizing the workforce. I asked the Legislature to work with me on the development of a multi-year financial plan that included attrition, early retirement, a hiring freeze and an increase in the sales tax.

We had a deal worked out — one that would put the county back on the right track and give us time to deal with problems that had developed over decades — but the majority members of county Legislature then rejected it. Their reason was a reluctance to commit to a multiple-year plan for attrition now that we had the extra revenue from the increased sales tax. Because I had promised the people of the county that there would be spending cuts as part of any plan to increase taxes, I was forced to develop a 1993 budget with approximately 100 lay-offs and which called for major consolidations of duplicative county services.

The county Legislative majority fought me tooth and nail, but in the end, after a protracted battle in which my personal staff was held hostage, the Legislators that opposed my budget capitulated because they lacked real alternatives.

Two years later and the county has had two successive balanced budgets and a modest fund balance. It was an unfortunate situation, but it was the first step in putting Albany County back on the right track.

Once again, I find myself on the front lines of a fiscal crisis — albeit one of considerably greater magnitude which touches the entire state. The ma-

□ HOBLOCK/page 7

Point of View

THE Spotlight

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Your Opinion Matters

Unnecessary confusion

Editor, The Spotlight:

A letter in the March 1 issue of *The Spotlight* written by Linda Burtis has prompted me to comment on the never ending saga of water in the Town of Bethlehem. It is unfortunate that a small group has confused so many residents in our community and continues to do so.

They have been totally unsuccessful in presenting any serious scientific data to demonstrate that our new well system is unsafe, or any real economic data which changes the reality that this system will save our taxpayers' money. Now once again they attempt to undermine the decision by again attacking the process. The process was open, extensive and thoughtful.

I find it interesting that in one breath, Ms. Burtis talks about government silence and in the next breath talks about how many public officials have spent a great deal of time meeting with her.

She talks about the options that the town decided to pursue. She wonders what happened to the original four options. If she had really read the reports that were presented to the town board she would have found that they were explored in great detail and that the original options were expanded to include others. This was also discussed at the public

Letters

hearing on Jan. 8, 1992. Perhaps she did not get a chance to read these minutes?

There were no secrets withheld from the public. From day one the media gave full attention to this project and every aspect was fully reported. I will not attempt to dispute her contention that this was not discussed at board meetings for a period of time. During that time, the options were being studied and testing was being completed. The board received interim reports while this work was being done and many of us visited the testing site. The final report was voluminous and detailed. When I voted for this project I was fully informed and understood exactly what was being proposed.

In conclusion, I truly believe that we have found a safe, reliable and economic solution to our long-term water needs. No real information has been presented to dispute this. It is truly sad that our residents are continually barraged with twisted information from this small group and that so many people continue to be unnecessarily frightened.

Fred Webster

Delmar

Patient inconvenience

Editor, The Spotlight:

This letter is prompted by a situation causing a time-consuming, costly inconvenience to me, other senior citizens and those of the public at large who have been smitten with it.

For decades I've been able to have prescriptions renewed merely by calling the pharmacy which has my account. It would contact the issuer of the prescription for a renewal.

Suddenly, I'm told by phone that the doctor's office has established a policy of having the patient come to the doctor's office for the renewal of the prescription.

The reason, I learn, has to do with a single unidentified pharmacy which claims not to have received from this doctor's office a phoned approval for a renewal of the expired prescription. This, I'm advised, caused a disruption at the doctor's office which could not be resolved except by setting its new policy for handling this problem.

The purpose of this letter is to encourage an abating of the problem between this doctor's office and the pharmacy blamed for causing it.

Alexander J. Woehrle

Delmar

Breslin

(From Page 6)

several legal challenges pending against the many questionable gimmicks used to "balance" the state budget. Just one of these challenges — the Comptroller's objection to the Governor's proposal to raid the state's pension supplementation reserve fund — could add another \$1 million to the county's unexpected budget shortfall.

The long-term effects of the Governor's proposals will cause even greater indirect shortfalls, such as the cost of institutional care for the elderly who are forced out of their homes because of new limitations on home care. Indeed, my most immediate concern is for our most vulnerable citizens, old and young alike.

The Governor's cuts to child protective services will increase the county's foster care placements at a cost of more than \$2 million. We will not — and legally, we cannot — leave at-risk children in unsafe homes. Reducing state funding for child protective services forces the County to turn to foster care, an inferior and more costly alternative to keeping families together.

While the county will struggle to make up these costs, the Governor is further disabling us with

threats of thousands of layoffs and relocations of state workers. The cost to Albany County is staggering. A loss of purchasing power means diminished retail activity which will negatively impact private hirings as well.

From a fiscal point of view, these jobs represent millions of dollars in sales tax, which makes up the bulk of the county's revenue. But the human costs of forcing people out of work are even greater.

People are scared. Scared that after years of public service all that separates them from the unemployment line is a pink slip that could arrive at any moment. Scared that their spouse will be transferred to a site hours from home, splitting a dual-income family at the seams. Scared that their children will end up attending inferior schools in an unsafe neighborhood, far from friends and family.

Most of us know people right now who fear for their jobs. In addition to the elimination of 11,000 state positions, the Governor is proposing to shift 4,100 or more capital region data processing jobs to downstate facilities now owned by IBM.

But the Governor has yet to demonstrate that the "consolidation" of data processing employees in Ulster, Dutchess and Broome counties will save the state

one cent. In fact, relocating the computer centers will cost taxpayers more than \$25 million just to purchase and prepare the new buildings, not to mention the expense of paying local taxes on the properties — a fringe benefit that never offered to Albany-area local governments.

If the consolidation of these data processing centers is indeed appropriate, it could be accomplished far more efficiently than moving every data processing job in the state to new locations. My proposal is to bring the 15 percent of the data processing jobs scattered throughout the state to the Albany area, where 85 percent of the jobs are currently located. It's efficient. It's cost-effective. It keeps jobs in Albany and thousands of working families intact.

As Albany County Executive, I will continue fighting for the people of Albany County on these two fronts. First, I am committed to identifying and implementing every possible economy and efficiency in county government, while continuing to provide essential services to those most in need. Second, I am aggressively working to prevent the Governor from devastating our community and moving forward on my plan to create real economic development for Albany County.

Hoblock

(From Page 6)

job difference is that now I am a state legislator and the executive is a new governor trying to change the direction of the state.

Unlike the legislators who worked against me, I know what Governor Pataki is up against. I know that he was elected on a platform of less government and tax cuts. Just as I did when I was elected to serve as Albany County Executive, Governor Pataki is trying to carry out his promise to the people of New York.

The dilemma that I face comes from representing the only upstate county that voted against the governor. My constituents are state

workers and people provide goods and services to the state workforce. I support the bottom line of the governor's budget, but I question the means to that end.

I won't support lay-offs to meet the goals of job reduction when New York City was able to reduce the size of its workforce by approximately 15,000 without resorting to lay-offs. I question the headlong rush to privatize in the first months of a new administration. I asked the governor why we have to uproot thousands of people in the Capital District to keep IBM in New York State at the expense of our local economy. I told the governor that state workers shouldn't be pawns in the budget negotiations and asked him to lock in the real culprits — the state legisla-

tors — instead of locking out state workers.

I don't have all the answers yet, but I do know that we can develop reasonable alternatives. I learned that from my seven years in the state Assembly, my five years on the Colonie Town Board and my term as County Executive. Budget proposals are just that — proposals. The only budget I've ever seen that was adopted without any changes was the 1995 Albany County budget that I developed.

I've gone to the voters of this county eight times and they have seen fit to put their trust in my abilities every time. My mission this term is to protect the people who live and work in Albany County. It won't be easy, but it can be done.

FORUM ON SCHOOL FINANCE

March 25, 1995 • 9 A.M. to 3:00 P.M.

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To provide Capital District residents an opportunity to learn how public schools are financed, speakers will address three topics:

1. "An overview of school financing in the fifty states," David Smith, SUNY Albany Department of Public Administration
2. "Demystifying the state aid formula," Gregory J. Illenberg, State Education Department and David Lattuca, Quest Star III
3. "The role real property tax plays in school financing and the effect of equalization," Barbara Peer, NYS Office of Real Property Services.

The forum is sponsored by the Coalition for Responsive Education And Tax Equity (CREATE), a grass roots not-for-profit organization founded by persons residing in the Guilderland School District to mobilize the community to support and invest in education.

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(The \$5.00 registration fee may be waived due to financial circumstances),

Matters of Opinion

Praise for McNulty

Editor, The Spotlight

I write in response to recent criticisms of Congressman Michael R. McNulty for his votes in support of key portions of the Republican "Contract with America." Some in the Congressman's own party have accused him of disloyalty to the President and his party's leadership in Congress.

As Congressman McNulty himself noted, he is elected to represent the residents of the twenty-first Congressional District of New York, not Bill Clinton, not Dick Gephardt, and not the Democratic Party. He is charged with the responsibility of casting votes based on what is in the best interest of his constituents, and not the political agenda of his party.

Congressman McNulty has done just that by supporting measures like the Republican alternative to last year's crime bill. Instead of making the assumption put forth in that legislation that those in Washington know best

how to handle local problems such as crime, the Republican alternative gave state and local governments discretion in determining where to use federal funds. Local leaders, like Albany Mayor Jerry Jennings, praised such thinking and encouraged McNulty to support the Republican crime bill. Simply put, those closest to a problem generally know best how to address it.

Congressman McNulty should not be accused of disloyalty. Instead, he should be praised for putting legislation not to the test of whether it is good for the Democratic Party, but rather whether it is right for America and the twenty-first district of New York.

I am a Republican who does not always agree with the congressman, but I am proud to have a representative who has the courage to cast votes on principle and not blind partisanship.

Michael J. Elmendorf II
Loudonville

Need input on landfill plan

Editor, The Spotlight:

I attended the town of Coeymans' proposed landfill meeting Thursday, March 9. At the meeting I asked Michael Breslin, our new county executive, exactly what his position is on the proposed landfill, and pointed out to him that his predecessor Mike Hoblock was opposed to the landfill and did not hesitate to make public his standing.

Breslin's reply to me indicated that he was not aware or knew little about our landfill issue and would not make a commitment for or against. This came as a complete shock to me since I knew that County Legislator Robin Reed had sent him informative letters on the issue dating back to Jan. 5, and he offered no response to her.

Letters

There are very few people in Albany County who are not aware of the city of Albany's effort to make the town of Coeymans garbage disposal site. Our new county executive is obviously supporting the city's interests, but not working for our best interests here in our town of Coeymans.

Many elected officials were present, namely Peter Clouse, Robin Reed, Victor Carrk and Ron Hotaling. Each of these people made their opposition known on the floor and in conversation after the meeting.

Frank H. Smith

Ravena

If not you..., then who?

Editor, The Spotlight:

I am an assistant scoutmaster for a Boy Scout troop in Cohoes involved with the American Red Cross, Albany Chapter. I wanted all the Scouts in the troop to know CPR. After eight weeks of waiting, the boys were disappointed—the only way they would learn CPR is if I became an instructor. I attended CPR classes at the Albany Chapter. It was during one of these classes that my instructors, Donna Diviny and Jean Connelly, hit a nerve. They asked, "If not You... then Who?"

Could I count on everyone else to help out? No! But why? It doesn't hurt or cost much. I guess you need to care. If people would vol-

unteer once, they would find out that it's painless, in fact, it's enjoyable.

Since last Jan. I've taught over 200 people CPR and taught the boys of my troop and other troops during Boy Scout summer camp. I volunteer to teach a class once a month at the Albany Chapter Red Cross and am currently teaching 16 students at Voorhesville Junior High School. And I enjoy it all!

If one of my students saves one life, I have made a big difference. All my CPR students can answer the question, "If not You... then Who?"

Bill Capozzi
CPR Instructor

Bremer completes electricians course

Marine Pfc. Stephanie M. Bremer, daughter of Kathleen A. Aubin of 47 Peel St. in Selkirk, recently completed the basic electrician's course at Marine Corps Engineer School in Camp Lejeune, N.C.

Students enrolled in the course receive instruction on the repair and maintenance of generators, transformers and power lines. In addition to the mechanical skills involved, studies also include circuitry, electrical theory and related safety procedures.

Bremer, a 1994 graduate of Bethlehem Central High School, joined the Marine Corps in August 1994.

Getz joins the ranks of hockey all-stars

Keith Getz of Slingerlands, a junior at Albany Academy, has been named to the Capital District High School Hockey All-Stars Second Team.

The team will be honored at the Albany River Rats game on Wednesday, March 29, at 7 p.m.

Getz has also been chosen as varsity hockey captain for next season.

Business club to hear about Red Cross

The Bethlehem Business Women's Club will meet on Wednesday, April 5, at 6 p.m. at Thacher's on Delaware Avenue in Albany.

The program will be on "The American Red Cross: Past, Present and Future."

For information, call Helen Smith at 439-3916.

Church to dish up chicken and biscuits

A chicken and biscuit dinner will be served on Friday, March 31, from 5 to 7 p.m. at the United Methodist Church located at 1497 New Scotland Road in Slingerlands.

Cost is \$6.50 for adults, \$3 for children ages 6 to 12, and free for children under 5.



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Calling all BC parents for leadership conference

By Susan Graves.

Wanted: Capable, enthusiastic, creative parents who are likely also tearing their hair out just simply being parents of teenagers. Job description: Identify problems at the high school and figure out how to solve them.

A task force of community parents, educators and residents who have been involved with Bethlehem's Community Partnership are planning a leadership conference on Sunday, March 26, from 11 a.m. to 4 p.m. at the Bethlehem Central High School library.

The conference is designed for parents of high school students or soon to be high school students. "What we're trying to do is bring out others," who will begin to assume leadership roles in the community, said task force and Community Partnership member Marge Kanuk.

Thomas J. Connelly of the Wappingers Central School District and Brenda McGuire, regional manager for Upstate New York, Northeast Regional Center for Drug-Free School and Communities, are the conference facilitators.

Kanuk and another member of the task force Holly Billings said that Bethlehem parents tend to be very active at the elementary school level, but the involvement slackens by the time the children enter high school.

Local poet, artist to speak at library

Local poet, potter and painter Mary Perrin Scott will lead a discussion at the Bethlehem Public Library, 451 Delaware Avenue in Delmar, on Sunday, April 2, at 2 p.m.

Scott will offer readings from her poetry, a discussion of "Why Write?" and practical information about self-publishing works.

For information or to register, call 429-9314.

But "If you have parents involved, it means a healthier school," said Billings.

Both Kanuk and Billings said parents can get involved with long or short term projects and events. The various projects of the Community Partnership task forces address ways to prevent teenage drug and alcohol abuse.

"It's time for all of us to go on and let new blood come in," said Billings. She said the district administration is eager to work with parents at all school levels.

"We know administrators throughout the system are very excited about working with parents. ... I don't believe the parents know that," she said.

"All you can do is give it a try — and you'll get free food," quipped Kanuk about the conference.

Lunch will be provided by the Glen Sanders Mansion compliments of the Capital District Physicians' Health Plan.

For information or to register, call 439-7740.



Holly Billings, left, and Marge Kanuk are two longtime parent volunteers, who are looking to 'retire.'

Doug Persons

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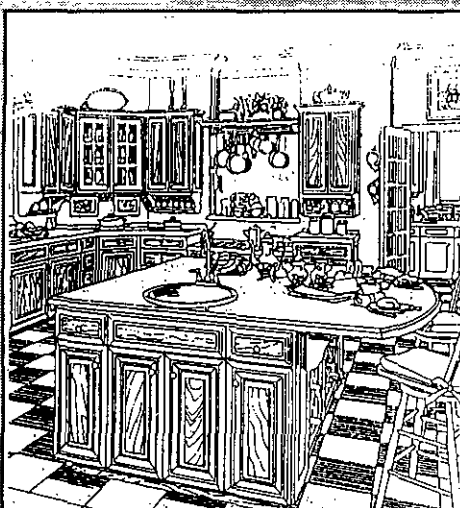
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Historical association seeks items for museum

The New Scotland Historical Association is actively seeking artifacts pertaining to the history of the town for its museum at the Wyman Osterhout Community Center in New Salem.

Books, illustrations, photographs, illustrations, paper goods and ephemera, furniture and other items are needed as the association begins to redesign its museum.

Recent acquisitions include a sign from the old Grove Hotel in Voorheesville, a collection of early 20th century postcards of the village, an ashtray from the Helderberg Ice Cream Co. and a brochure for a livestock auction from the Indian Ladder Farm.

Town residents are asked to search their attics for possible additions to the collection.

To make a donation to the collection, call Tim Albright, association president at 765-2396 or Ann Eberle, museum committee chairperson at 765-2071. All donations are tax deductible.

NS history talk to focus on painters

The Town of New Scotland Historical Association will sponsor a talk on Hudson River landscapes on May 3 at 8 p.m. at the Wyman Osterhout Community Center on The Old Road in New Salem.

Mark LaSalle. He will discuss the second generation of Hudson River School artists.

The event is free and open to the public. For information, call 861-6022.

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Circus DARE-devils to perform

The Bethlehem Police Department is hosting the Yankee Doodle Circus to help support its DARE program.

On Saturday, March 25, at 3 and 6 p.m. the circus will perform at the Bethlehem Central High School gym at part of its celebration of "Community Appreciation Days."

To sweeten the package, free tickets to the circus for children 12 and under are available by calling 1-800-992-5696.

The Yankee Doodle Circus is reminiscent of a traditional European-style circus, featuring the best of the big top in one ring.

The action-packed, one and a half hour show presents 15 dazzling circus acts, which include performing dogs, magic and illusions, and trapeze artists, acrobats and jugglers.

And, of course, what's a circus without clowns? The all-new Yankee Doodle Circus is proud to present the comedy antics of Billy Vaughn.

When tickets are purchased in advance, two free children's tickets are included with each \$8.50 adult admission. Admission for children 12 and under is \$5.00.

Partial proceeds of the Yankee Doodle Circus performances will benefit the Bethlehem Police Department DARE Program.



The Yankee Doodle Circus is coming to town this Saturday.

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Local teens put muscle into winter break

Christian clown troupe to perform in Glenmont

By Megan Corneil

When most high schoolers think of their plans for mid-winter break, hard work isn't the first thing that comes to mind.

But that's just what the kids from the Reformed, Presbyterian, and Methodist youth group of Delmar did when they took their annual mission trip. This year the group of 18 teens and five adults traveled to Appalachia, W.V. to

Coming face-to-face with the families helped us to realize that they're just like we are — we all have the same feelings, we talk about the same things. They're just normal people in difficult situations.

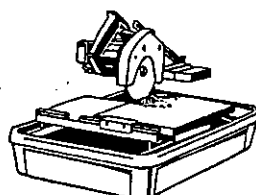
Shannon Cornelius

participate in Habitat for Humanity's "Collegiate Challenge." This is a community action project in which both high school and college groups from across the country participate in helping to build houses in low-income areas.

For many of the volunteers, the homeowners' potluck dinner had the most lasting effect. Halfway through the week, all of the Habitat families whose houses were in the process of being built were invited to share in a meal with the volunteers. "It was great to be able to meet all the people we were helping," said Kerry O'Neill, 16, a junior at Bethlehem.

"Coming face-to-face with the families helped us to realize that they're just like we are — we all have the same feelings, we talk about the same things. They're just normal people in difficult situations," added Shannon Cornelius,

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Shannon Cornelius helps nail up siding on the mission trip to Appalachia.

16, also a junior at BCHS.

Habitat for Humanity is quick to point out that they're not providing a hand-out. For a family to be eligible to receive aid, they must first have been turned down by a bank for a loan to repair their existing homes or to rebuild their homes entirely, as well as meet a minimum income requirement. Fifty of the families' 500 required

"sweat equity" hours are to be completed on their neighbors' homes in order to create a stronger sense of community, and monthly payments must be made on their own low-income mortgages.

The "Almost Heaven" Habitat chapter in Appalachia is much-needed within the community.

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Only one out of every five families has indoor plumbing, and the unemployment rate is high. In addition to building homes for the residents, Habitat seminars are given on how to maintain a house and on issues pertaining to homeowners.

"The trip really helped me to reaffirm my belief that teenagers want to do real work, and can do real work. It's not something that needs to be forced upon them, they just need to be given the opportunity. I think it helped us all to realize that we can make a difference," according to Nancy Hallock, the youth group's leader.

The youth group included: O'Neill, Cornelius, Meghann Combes, Liz Hendron, Dave Goodfellow, Matt Harbinger, Ken Halvorsen, Ben Miner, Luke Willey, Erica Hallock, Denise Herm, John LaBarge, Doug Lloyd, Lara Brooks, Alli Voetsch, Johanna Van Gendt, Nikki Fowles, Megan Corneil, and Stephen Hallock. Chaperones were Nancy and Gary Hallock, Heidi Harbinger, Carl Halvorsen, and Pat Willey.

The youth group meets Sundays at 6:30 p.m. at Delmar's First United Methodist Church on Kenwood Avenue. Newcomers are welcome.

Christian clown troupe to perform in Glenmont

The Joyful Joeys, a Christian clown troupe from the Community Reformed Church in Colonie, will perform "Shine Out the Light," a worship service for all ages.

The event will be held today, March 22, at the Glenmont Community Church, 1 Chapel Lane, Glenmont, at 7 p.m.

The Joeys have conducted over 20 worship services and entertained and educated in Sunday schools and at church socials.

The worship service utilizes the musical accompaniment of two vocalists and an acoustic guitar to help deliver their message.

For information, call the Glenmont Community Church at 436-7710.

Nursery school to host garage, bake sale

The Tri-Village Nursery School is planning its annual garage and bake sale for Saturday, April 1, from 9 a.m. to 3 p.m. at the First United Methodist Church, 428 Kenwood Ave., Delmar.

Toys, children's clothing, baby items, books and collectibles will be sold. There will be a bag sale from 2 to 3 p.m.

For information, call the nursery school at 439-1455.

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Speaker to address keeping humor while raising children

Sister Anne Bryan Smollin will lecture on "How to Keep Laughing and Still be a Parent" on Monday, March 27, at 7:45 p.m. in the large group room of the RCS Middle School on Route 9W.

Refreshments will be served, and all are welcome.

Elks planning annual Easter egg hunt

Robert Hausman, chairman of Bethlehem Elks Lodge 2233, on Route 144, has announced the annual Easter Egg Hunt will be on Sunday, April 9, at 2 p.m.

There must be a minimum of 40 children signed up by Sunday, April 2, or the event will be cancelled.

For information, call 767-2886.

NEWS NOTES

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Lenten Communion services at Methodist church

On Wednesdays during Lent communion services will be held at the South Bethlehem Methodist Church at 7 p.m.

For information call, 767-9953.

PTSA sets meeting date

The PTSA will meet on Thursday, March 23, at 7 p.m. in the library at the high school on Route 9W.

4-H learning programs aimed at teachers

The 4-H program of the Cornell Cooperative Extension of Albany County will offer a workshop for teachers and day care and afterschool staff.

The workshop will be held in the auditorium of Child's Nursing Home at 25 Hackett Blvd. in Albany and at the William Rice Jr. Extension Center on Martin Road in Voorheesville.

"Agriculture in the Classroom" will be offered on Tuesday, March 28, from 3:45 to 5:15 p.m. at the nursing home and on Wednesday, March 29, at the extension center. The workshop covers a practical approach to learning using agricultural references for kindergarten through sixth grade.

Pre-registration is required for all workshops. For information, call the extension at 765-3500.

Storytellers to visit

Sign-up has begun for "Storytelling for All Ages" on Sunday, April 2, at 2 p.m. at the Ravena Community Library on Main Street.

Joni Goldberg and Marni Schwartz have selected stories with adult appeal that will entertain children as well.

Call the library at 756-2053 to register.

New thrillers in the library's collection include John Le Carre's *Our Game*, James Patterson's *Kiss the Girls*, and the latest Rogue Warrior novel.

There also are new novels by Robert James Waller, Maeve Binchys, Elizabeth Adler, Anne Perry, Barbara Delinsky and David Eddings.

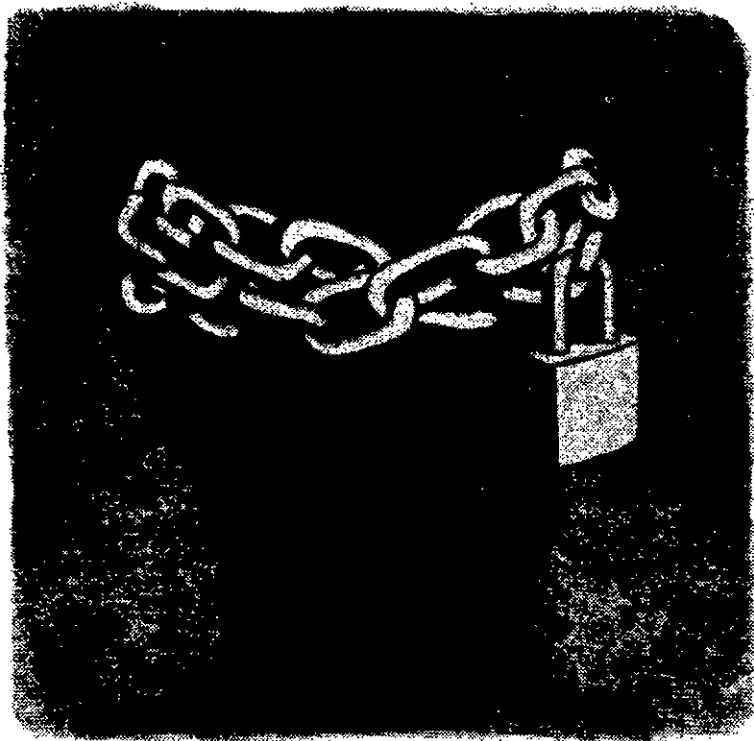
The children's collection improvement continues with a wonderful easy animal series, "See How They Grow," several new Eyewitness books, and American history, sports and biography.

Five entertaining evenings of family information and discussion are coming our way this spring. Beginning on Thursday, April 6, with a "Women's Health Update," the library will present topnotch speakers, combining common sense and humor with expertise. All five programs are on Tuesday and Thursday evenings, unhindered by daily library activities.

Childcare and homework supervision will be available by pre-registration during the programs.

These speakers are available to RCS because it is one of 12 libraries that are part of the Upper Hudson Library System's Family Wellness project, funded by a federal library services grant. The project also will greatly improve our collection of loan material for and about families.

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Coeymans Hollow firefighters set Vegas night

The Coeymans Hollow Volunteer Fire Company's 50th Anniversary Committee has scheduled a Las Vegas Night on Saturday, March 25, from 7 to 11 p.m. at the Coeymans Hollow firehouse at the corner of Route 143 and Blodgett Hill Road.

Games will include blackjack, chug-a-lug, joker seven, money wheel and bell jar.

Admission is \$2 per person. For information, call Richard Hotaling at 756-8335.

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Las Vegas night set at firehouse

The Voorheesville Volunteer Fire Department will host a Las Vegas night Saturday, March 25, from 8 p.m. to 1 a.m. at the firehouse on Altamont Road.

The evening features games of chance. Refreshments will be available.

School closes for conference day

Friday, March 24, is a superintendent's conference day at the elementary school. There will be no school for students.

Public review of budget on board agenda

The Voorheesville board of education will conduct a public review of its 1995-96 school budget on Monday, March 27, at 7:30 p.m. in the large group instruction room at the high school.

Public hearing set on cable contract

Voorheesville's board of trustees will hold a public hearing on the board's contract with Cablevision on Tuesday, March 28, at 7 p.m. at the village hall, 29 Voorheesville Ave. The board's regular meeting will be at 8 p.m.

Local business people to participate in forum

The School to Work Committee of the school district will hold a forum on Business in the Local Community on Wednesday, March 29, from 7 to 8:30 p.m. in the community room of the public library. The forum will feature local entrepreneurs.

Methodist women plan Last Supper re-enactment

A passover supper is being planned by the United Methodist Women of the First United Meth-

NEWS NOTES

Voorheesville

Elizabeth Conniff-Dineen
765-2813



odist Church of Voorheesville for Monday, April 3.

The service is a symbolic re-enactment of the Last Supper. It begins in the sanctuary and moves to the social hall where the meal is served.

Reservations can be made by calling the church office at 765-2895 before March 29.

Students earn academic kudos

Congratulations to high school senior Noah Kieserman who was recently named a National Merit Scholar finalist.

High school juniors James Cooper and Brian Lancor, and senior William Hillman also deserve commendation for receiving the school's highest scores on the American High School Math Exam.

James Cooper will receive a bronze medal for having the highest score for two consecutive years. Both Cooper and Lancor have been place on the American High School Math Association's honor roll for this year. The team score qualified Clayton A. Bouton Junior-Senior High School for a certificate of merit.

Students to perform in piano recital

Piano students of Shirley Greene will perform in a recital on Sunday, March 26, at 2:30 p.m. at the high school.

Ian and Julie Silverman, Alexa Benincasa, Stephanie Cariatti, Tyler Van Dyck, Honor and Nick Lawler, Adam and Evan D'Arpino, Ashley Mae Beach, Jordan and Jamie Glover, Tyler Seabridge, Erica Finkle, Samara Fluster, Emily Corcione, Tony Califano, Marlanna Ghovanloo, Lauren and Bridget Murray, Jeff Nelson, and Stacie Gavaletz will play solos and duets.

The public is invited, and refreshments will be served.

Kiwanis to honor coaches

The New Scotland Kiwanis Club will host a coaches night dinner on Thursday, March 23, at the New Scotland Presbyterian Church in honor of all of the athletic team coaches.

For information, call Dick Ramsey at 765-4225.

Bell choir to perform

The Righteous Ringers, a bell choir from the Presbyterian Church of Londonderry, N.H., will perform at the First United Methodist Church of Voorheesville on Saturday, March 25.

The program will be preceded by a pot luck supper beginning at 5:30 p.m. The concert starts at 6:15 p.m.

The Righteous Ringers are directed by Debbie Carlson, a former member of the Voorheesville church. For information, call the church at 765-2895.

Person named to tournament team

Kristin Person, a guard on the girls' high school basketball team, was named to the All-Tournament team at the recent Class C playoffs.

V'ville Troop 73 plans anniversary picnic

Boy Scout Troop 73 in Voorheesville is celebrating its 75th year of scouting with a diamond anniversary picnic on Saturday, August 26.

The troop is trying to track down all past Scouts so that invitations can be sent.

For information, call Tom Roe at 765-4414 or Frank Wozniak at 765-4951.

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Views On Dental Health

Dr. Virginia Plaisted, D.D.S.

Dental Health and the Mature Adult

Until the 1980s there was very little research on dental health and the older patient. For example, until recently, there was little information on fluoride use in adults. It has now been shown that fluoride is as effective in preventing cavities in adults as it is in children. Incidentally, Delmar's water is not fluoridated.

Periodontal (gum disease) diseases are also widespread in mature adults. Most adults have an increase in plaque which is the cause of periodontal disease. An increase in plaque can occur when there is less saliva,

when dry mouth occurs. Dry mouth increases with many medications.

Many people assume that their dental problems will not increase with age. We have to pay more attention to remaining healthy as we mature. This includes preventing dental disease.

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Local business on forum agenda *Curator to consider local impact of wars*

"Our Own Entrepreneurs" is the theme of the World of Work forum Wednesday, March 29, at the library.

The forum from 7 to 8:30 p.m. will present a unique opportunity for the public to acquaint themselves with some area small business owners and question them regarding their successes, failures and insights into the business world.

Voorheesville Public Library



The panel includes Phebe Archibald of Phebe's Florist and Gifts, Andy Spence of Front Hall Music and Old Songs, Neil Gold of Goldcrest Wallcovers, Howard Coughtry, master cabinet maker, and Jim and Elaine Nichols of the SuperValu market.

The discussion is the fourth in a series sponsored by the state

Education Department through a partnership with the library, the Voorheesville Central School District and the New Scotland Kiwanis Club.

Students and adults are encouraged to attend.

The Every Other Thursday Night Poets will meet on Thursday, March 23, at 7 p.m. Plans are under way for an open mic night on Saturday, April 8.

Poets are invited to stop by the library on that day from 1 to 4 p.m. with something to read aloud.

The young people's department is gearing up for its spring and summer programs and needs donations from patrons of craft supplies such as beads, buttons, ribbons and other odds and ends.

New or used international postage stamps are also needed for a special reading club project. Items can be dropped off at the main desk to the attention of Meg Seiberg-Hughes, youth services librarian.

There will be a break between winter and spring story hour sessions beginning on Friday, April 14.

Story hours will resume its regular schedule on Tuesday, April 25.

The children's magazine section is brimming with great 'zines.

If your youngsters are not regular periodical perusers, encourage them to investigate such great monthly reads as "Owl," "The Discovery Magazine for Kids," "Sports Illustrated for Kids," "Caliope" and "Ladybug," with colorful games, poems, songs and stories for younger children.

Another new and very popular publication is "Zillions," the consumer report for kids.

Current magazine issues are racked for easy access near comfortable chairs in both the adult and children's area, and all back issues are available for circulation.

Tax help for seniors scheduled on Wednesday, March 29, has been cancelled. There are still appointments available on Wednesday, April 5.

The deadline for the Friends of the Library logo contest is Friday, March 31.

Barbara Vink

Delmar guitarist to play at Borders

Delmar resident Joe Hetko will perform with fellow guitarist Rosanne Raneri on Friday, March 24, at 8 p.m. at Borders Books & Music located at 59 Wolf Road in Colonie.

For information, call Borders at 482-5816.

History is the in thing at the library this month. On Wednesday, March 29, at 7:30 p.m., Robert Mulligan, associate history curator at the state Museum, will present "New York Supplies the Civil War."

The first of two presentations on "The Home Front" will high-



light life at home during war time. Mulligan will describe the contributions of men, money and supplies made by New Yorkers to the soldiers fighting in the Civil War.

He will also consider local people important in the war effort, including John Swinburne, whose service as a physician led to fame and later to election as mayor of Albany.

Mulligan's second presentation, "The Home Front in World War II," is scheduled for Wednesday, April 19, at 7:30 p.m.

In this program, he will focus on the social changes that occurred during the war, as well as New York's role in providing weapons and supplies for soldiers fighting in Europe and Asia.

There will be an opportunity for questions and reminiscences from the audience at both sessions.

Reservations are appreciated but not required.

Richard Porfert is displaying miniature and model cannons from the American Revolution to the Civil War throughout the month.

Porfert, a local resident and staff member, has collected the items in the display from flea markets and gun shows.

Among the 33 cannons and mortars, two are working scale models which can be loaded and fired. Porfert believes they were made after the Civil War by out of work armaments manufacturers. The larger of the two weapons weighs nearly 75 pounds and is a replica of a Civil War Navy cannon. The other weighs about 50 pounds and is a British design.

The miniatures were made during the 20th century for various purposes — a bracelet charm, part of a model ship or memorabilia for visitors to historic forts. One mini-cannon was distributed by a Ticonderoga state senator in the 1940s as a token to friends and supporters.

The library is celebrating Women's History Month with a pair of exhibits.

"The Women's Suffrage Movement 1848-1920" marks the 75th anniversary of the passage of the 19th Amendment, that secured voting rights for women on Aug. 18, 1920.

"Women's Work in Old Bethlehem" is on loan from the Bethlehem Historical Association. The display features 19th-century household implements including an apple corer, flat iron, candle molds and canisters. Old-fashioned recipes and books about the period round out the exhibit.

Joan Mullen is displaying 24 of her Chinese brush paintings this month. Mullen became interested in the art and calligraphy during a visit to Taiwan.

Anna Jane Abaray

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Sports

Under-12 girls finish first in soccer tourney

The Bethlehem Soccer Club Under-12 girls team recently took first place in the Greenbush Youth Soccer Club indoor tournament.

The team was undefeated in tournament play, opening with ties against the Rotterdam Hornets and Greenbush White. They then swept to three straight victories, defeating eventual second place finishers Village Red 2-1, Village White 4-0, and Greenbush Blue 3-1, in the tournament finals.

The three points for that victory enabled Bethlehem to capture the round robin tournament by a single point.

The offense was powered by Adele Godfrey-Certner who scored seven goals and Anne Hessberg with three goals and three assists. Stephanie Sherman and Lauren Sullivan added crucial scores, Sullivan's being the winning goal in the victory over Village Red.

The offense was bolstered by the consistently strong play of Deanna Bushart, Ashley Sperber and Sara Virgil.

The defense was led by Danielle Butler and Sherman, who held the opposition in check throughout the tournament, allowing only five goals. Jessica Menrath provided exceptional goalkeeping in three key games, allowing only three goals.

This was the first tournament win of the indoor season. The team includes Molly Flynn, Caitlyn Gertz, Kaitlyn LaPierre, Kaylan Lavilotti, Kate Loomis and Hannah Olmstead.

Pop Warner signup

Bethlehem Pop Warner has scheduled registration for its upcoming season on Saturday, March 25, from 9 a.m. to 1 p.m. at Bethlehem Town Hall on Delaware Avenue in Delmar.

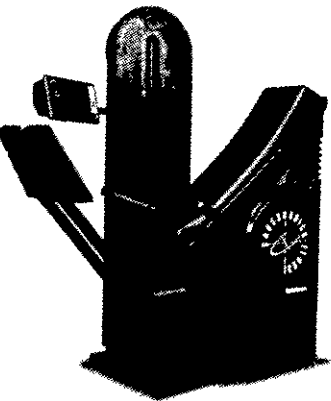
Registration fees are \$100 for senior midget football, junior midget football and pee wee football, \$75 for junior pee wee football and \$60 for cheerleading. For information, call Mike at 455-7655.

Coach of the year



Bethlehem Central varsity wrestling coach Rick Poplaski, who was recently named Section II, Class A coach of the year, counsels standout wrestler Matt Carotenuto.

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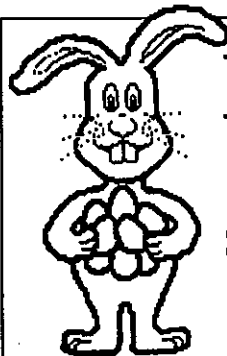
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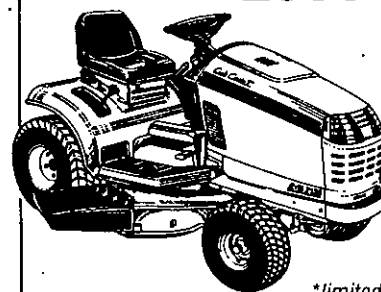
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Solomon wins four in Adirondack meet

Delmar Dolfin Scott Solomon captured the high-point trophy for boys in the 8-year-old and under age group for his overall swimming performance, at the Adirondack District Developmental Championships at RPI's Robison Pool in Troy on March 11 and 12.

He finished first in four races and second or third in four others.

Among other 8-and-under swimmers, Emily Malinowski was third in the 25-yard butterfly, and Patrick Shaffer was 10th in the 25-yard backstroke.

In the 10-and-under age group, Ricky Grant won the 50 back, and was second in the 200-yard individual medley (IM) and 100 back, fourth in the 200-yard freestyle, sixth in the 50 free, seventh in the 100 free, and ninth in the 50 'fly.

Among 10-and-under girls, Kathleen Hart was sixth in the 50 back and 10th in the 50 free. Katie Parafinczuk was eighth in the 50 back and 10th in the 100 IM. Larissa Suparmanto was 10th in the 50 back and 100 back.

In the 11-12 age group, Melanie Hill won the 100 free, and was second in the 100 IM, third in the 200 free, seventh in the 50 'fly and eighth in the 50 free.

Sara Gold was seventh in the 50 free and 10th in the 100 fly. Among boys, Drew Golden was fifth in the

100 'fly, seventh in the 50 fly and ninth in the 50 breast.

In the 13-14 age category, Brian Dowling was third in the 200 'fly and sixth in the 200 IM.

Achieving personal bests were Katie Van Heusen, Joe Cardamone, Kate Finnigan, Tiffany Bowdish, Liz Hart, Sarah Kundel, Katie Richardson, Angela Rosetti and Galina Rybatskiy.

At the New Hartford Knights Swim Classic on March 5, Beth Malinowski, swimming in the 11-12 age group, won the 200 free, and was second in the 100-back, third in the 100 IM and fourth in the 50 free. Kate Finnigan was sixth in the 200 free.

In the 10-and-under age group, Teresa Rosetti won the 100 'fly, and was fourth in the 100 IM and 200 free, and sixth in the 50 back. Among boys, Thalio Orietas won the 50 free, and was second in the 50 breast and 100 IM, and fifth in the 50 back.

Bethlehem Bandits finish second in EG

The Bethlehem Bandits, an under-eight soccer team, placed second in the Greenbush Youth Soccer League's Indoor Tournament.

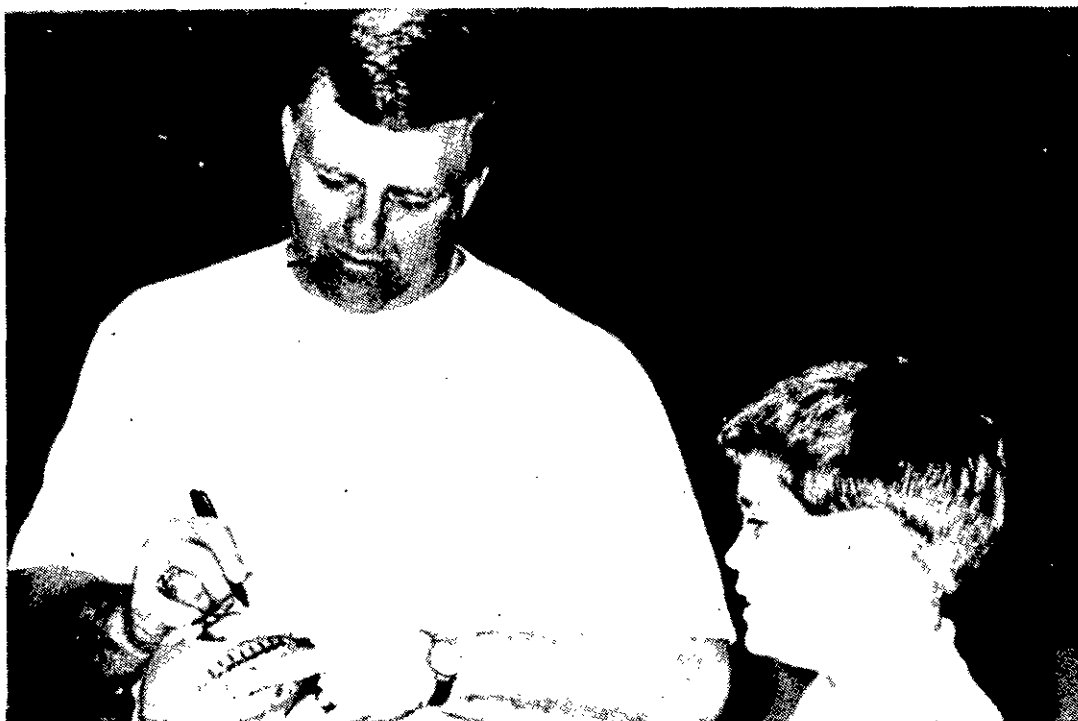
The clinching game came against the first-seeded team when goalie Zachary Sherman boosted the Bandits with a 15-save shut-out. Elon Backer, Karyn Cioppa and Justin Puccio scored for Bethlehem.

The Bandits also made it to the semifinals of the Bethlehem "Mostly Off the Wall" tournament on strong offense provided by Cameron Brown, Cioppa, Corey Alston and Backer.

The defense, led by Scott Strogatz, Chris Lee, Cecelia Corrigan and Ryan Virgil, was relentless all day. Sherman again exhibited strong goalkeeping skills, winning the first place goalie trophy in the shoot-out.

Other members of the team include Jeffrey Dolder, Chris Dudek, Vanessa Patry and Pat Doyle.

Memory of a lifetime



Former Green Bay Packer Mike McCoy autographed a football for fourth-grader Stefan Kidalski before addressing the student body at St. Thomas the Apostle School in Delmar last week.

Top bowlers for the week at Del Lanes

Bowling honors for the week of March 12 at Del Lanes:

Senior Circuit Men: George Bickel 279; Steve Walley 567 triple; and Harold Eck 937 four games.

Senior Circuit Women: Helen Ragotzkie 179 and 492 triple.

Adult-Junior Men: Jacob Martin 221 and 614 triple.

Adult-Junior Women: Linda

Yates 187 and 524 triple.

Boys: Gordon Martin 220 and 610 triple.

Girls: Kelly Yates 417 triple; and Jessica Brady 509 triple.

Junior Classic: Tom Neiles 255 and 875 four games; Nicole Stagg 255 and 802 four games; Richard Antonio 245 and 824 four games; and Courtney Radick 237 and 844

four games.

Majors: Kelly Dunnels 218 and 627 triple.

Juniors: Peter Bukowski 224 and 579 triple; Simone Treffiletti 233 and 583 triple; and Kristina Fournier 186 and 445 triple.

Preps: Matt Antonio 182 and 500 triple.

Bantam: Tim Macri 121 and 345.

Sharks finish 2nd

The Sharks, the Bethlehem Soccer Club's Under-12 B boys team, took second place in the Greenbush Soccer Club's indoor tournament.

The Sharks' 3-0-2 record included wins over Greenbush, Rotterdam and Niskayuna and ties with Cambridge and Village.

Goal scorers included Mark Bulder, Steve Hoghe, Kevin Neubauer and Steve Perazzelli.

Further offensive pressure was applied by Ryan Dalton, Ryan Hogan and Nitin Roper.

Goalie Erik Turner was protected by Mike Hoghe, Steve Perazzelli and Andrew Swiatowicz.

The team returns to action Sunday, March 26, in Schenectady.

Street hockey set for V'ville

Plans for an expanded Voorheesville Street Hockey Program for this summer are in the process of being finalized.

Tentatively, this year's program will be held on Tuesday and Thursday evenings from late June to late August and will consist of a hockey clinic and two levels of league play.

The clinic will be for beginners

5 to 8 years old and the two league divisions will be the minors, for players 7 to 10 years old, and the majors, for players 11 to 14 years old. Skill level will also be considered for division placement.

The league is looking for volunteer coaches to help with the program.

For information, call Ted Schreieck at 765-2916.

Delmar boy places high in speed skating

David Bagg of Delmar recently placed highly in the juvenile division (12 and 13 year olds) at the New York State Short Track Speed Skating Championships at West Point.

He placed fifth in the 1000

meter, sixth in the 500 meter and fourth in the 333 meter.

Bagg is a seventh grade student at Bethlehem Central High School and skates with the Capital District Speedskating Club. This is his second year of speedskating.

Meet the Coaches Night slated at Bethlehem High School

A Meet the Coaches Night for all Bethlehem Central spring athletes and their parents is scheduled for 7:30 p.m. Tuesday, March 28, at the high school.

District policies governing the interscholastic athletic program, such as newly revised training rules and state legislation on smoking at athletic events will be discussed.

The coaching staffs for all spring sports will be available to answer questions.

Following the program, the Be-

thlehem Central Athletic Association will hold a reception in the Lower Gym Foyer from 8:30 to 9 p.m.

The following meeting sites have been set aside from 7:30 to 8:30 p.m.:

- Boys and girls track in the Lower gym (field side).

- Baseball in the Lower Gym (Delaware Avenue side).

- Softball in the Upper Gym.

- Boys lacrosse in Room 46.

- Girls lacrosse in the high

school cafeteria.

- Tennis in Room 37.

BC wrestlers honored

Two Bethlehem High School wrestlers were recently named to the Suburban Council All-Star Team.

Pete Loux, a senior 126-pound wrestler, and Nat Beyer, a junior 167-pound wrestler, were named to the team. Both were first team selections. Coach Rick Poplaski was named Section II coach of the year.

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March 22, 1995

HEALTH FITNESS

MODERN MIDWIVES

**Hands-on care
in high-tech times**

By Elaine Jackson Cape

As modern medical practices become more and more technology oriented, it may be possible in the not-so-distant future to consult, be examined by and receive a diagnosis from a doctor without ever being in the same room with him.

In fact, many advocates of increased technology say it won't be long before a surgeon can perform an intricate and delicate operation in one hospital while he himself is across the city or even the ocean.

But in one area of medicine, technology is taking what some call a very positive step backward. In many parts of the country, including the Capital District, more and more women are turning to midwives, rather than obstetricians, to handle routine, uncomplicated deliveries.

"It's much more personal," said Sarah Jenkins of Newtonville. Jenkins, who had her first baby, Abigail, now 2, with a doctor, went to midwives Debra Rappazzo and Robyn Nunziato for the birth of Catherine, now 6 months old.

"I felt like I had a friend there, someone I could rely on, to help me and reassure me, and to help me get through it without drugs, if possible."

Certified Nurse Midwife Robyn Nunziato holds 6-month-old Catherine Jenkins of Newtonville, one of many satisfying reminders of her work.

MIDWIVES/page 20

Advocates say martial arts good for more than fights

Workouts with ancient techniques can also help improve fitness

By Tom Murnane

Whether you're interested in Japanese, Korean or Chinese martial arts — and it's important to learn which style you're most comfortable with — one thing's for certain: you're bound to get your mind, body and spirit in good shape.

While pop culture concentrates on the fighting and defensive aspects of the martial arts, what the general public might not realize are the health and fitness benefits from these ancient techniques, according to two local experts.

martial arts, concentrates a bit more on the kicks than budokai, but budokai tries for a bit more balanced, 50-50 approach with punching vs. kicking," said Starr, a third-degree black belt in both kokoro-kan as well as budokai. "You get a great workout, especially as you become more advanced, when you start doing combinations."

Starr advises people to shop around and learn what each style focuses on to make sure it's the right one for them. And he said, "Don't just assume that the club that's closest to you is the one you want to go to and that every one is the same, because that's not true."

As for the mind and spirit, confidence and discipline come from mastering specific series of techniques, or kata, and as a person advances in a particular style, the ego gets a little boost in the form of a different colored belt symbolizing a new stage of understanding has been attained.

"We really try to work on the self-discipline and care more about what happens outside rather than on them being good in budokai, but that's important too," Starr said, adding he's seen a complete turnaround in many of his 35 younger pupils.

"There's a confidence that car-

There's usually ways to work it out without fighting. With the rise in school violence, we teach our students to walk away or get help. But if there's is no other way, then we can help them be prepared.

Tom Starr

The hours that are spent practicing kicks, punches or throws provide for a good cardiovascular workout, while the warm-ups, which often include pushups, situps and various stretches, help improve strength and endurance as well, said Tom Starr, owner of Latham Budokai Karate on 166 Sparrowbush Road.

"Tae kwon do, a Korean form of



Students at Hudson Valley Tae Kwon Do in Delmar work on their martial arts techniques.

Doug Persons

ries over into other aspects of life, such as grades and work, a sense of what hard work can accomplish."

Of course, it's normally not healthy for people to get in fights, something Starr says his, or any students of karate, should strive to avoid. "There's usually ways to work it out without fighting. With the rise in school violence, we teach our students to walk away or get help. But if there's is no other way, then we can help them be prepared."

Starr's club offers a \$9.95 introductory package which includes 3 private half-hour lessons with Starr

and a free uniform. "There's no obligation to join, we just want people to see what we have to offer."

Mike Friello, owner and head instructor of the Hudson Valley Tae Kwon Do 7 Fitness Center on Normanskill Boulevard in Delmar, said older people are usually the ones interested in the physical fitness aspects of the martial arts, while parents often bring in their kids to help them with their discipline and boost their self-confidence.

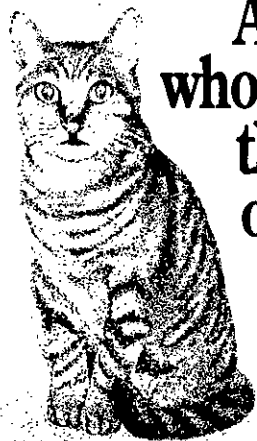
"Even people in their 30s — you don't see many of them playing football or basketball — but you see more and more of them

getting into the martial arts for fitness purposes."

Friello, who holds a fifth-degree black belt, agreed with Starr about the differences between Japanese or Okinawan karate and Korean tae kwon do.

"If I had to sum up karate in one sentence, I'd say karate is more linear, powerful and straightforward, whereas tae kwon do is noted for more advanced kicking techniques," Friello said.

At Hudson Valley Tae Kwon Do, there's a two week introductory package for \$19.95, including up to 10 classes and a free uniform, Friello said.



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Albany Academy AD: Give girls a leg up with sports

By Elizabeth Hemstead

The following article was originally an address given by Hemstead, athletic director at the Albany Academy for Girls.

Many women, including me, remember a time in our educational experience when we dreaded gym class.

When teams were chosen, we may have been the last picked, or made an example of because we could not do things, or not do them well enough. We were not told that it was important, particularly for females, to remain active, maintain healthy eating habits and strengthen our bodies. It was a win/lose situation.

Today, at Albany Academy for Girls, we are trying to create a win/win situation for our students. On an emotional level, we are aware of how important self-esteem and self-confidence are and believe that they can be strengthened and developed through success in a physical manner.

When we look and feel well, we are more self-assured. When we feel strong, we are more capable of dealing with daily pressures. When we are successful, we feel accomplished. As an athletic director, I strongly believe in the concept of healthy mind/healthy body and healthy body/healthy mind. The two are intertwined.

On a health level, recent studies show that women who embark on a solid physical regimen dur-

ing adolescence have lower incidents of breast cancer, fewer symptoms associated with menstruation, menopause and better bone density, reducing their risk of osteoporosis.

Physical education programs, which should be considered an important discipline in the curricular life of all students, should teach the benefits of activities and encourage girls and boys to take responsibility for their bodies. That is our approach, and we accomplish this goal by exposing students to gross and small motor activities, spacial experiences, manipulatives, individual and team sports and athletic concepts and strategies.

The academy considers athletics the "advanced placement" of our physical education program. We strongly urge any girl who wishes to become more highly skilled and competitive to join one of our many athletic programs offered throughout the year. About nine years ago, the academy joined a league and became a member of Section II, the governing body that sets policies and procedures for our region. We took a giant step forward by making a commitment to participate in and abide by the rules determined by the state.

We have had a long and sometimes difficult road, especially during the first few years. We had to finance the often costly programs and provide flexibility in the students' athletic schedules without interfering with their aca-

demics. Not only did our athletes and coaches make a commitment to daily and weekend practice and games, but parents had to make the commitment as well, making sure their daughters got to school for those contests even though some lived as much as an hour-and-a-half away.

Have we been successful? Has our all-girls school been able to support a full athletic program? Without a moment's hesitation, anyone involved in our program would answer, yes.

Our record in field hockey, soccer, lacrosse, and volleyball has shown exceptional success. If the desire by the student body to build new teams, such as ultimate Frisbee, swimming, track and field, and softball, indicates students' joy and adventure in athletics, then, again, we have been a success.

But, more important, factors associated with team sports — factors that young men have long had the opportunity to learn such as teamwork, dedication, challenge, loss, victory, and perseverance — have become part of the vocabulary and lifestyle of our students.

Their desire to work, practice, improve, adjust after a disappointment, and win have become integral to their lives.

The characteristics learned as a competitor, such as leadership, discipline, desire, and effort contribute to the feelings of success

and self-esteem so greatly regarded in a person.

Research has shown that students participating in interscholastic sports have better attendance, greater understanding about financial opportunities available in college and more success in completing college.

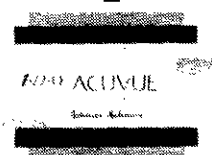
And, with the establishment of Title IX in the 1970s, more scholarships are now available for young women, creating even greater competition and, most important,

greater educational opportunities for them.

Just as it has done for many young men, physical education and athletics can strongly contribute to helping young women make of themselves whatever they desire, enabling them to be both learners and doers.

Athletic competition requires a great deal of our young people, but it only prepares them to deal and cope with the future with greater confidence and success.

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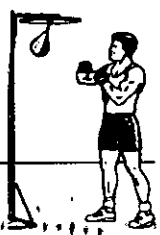
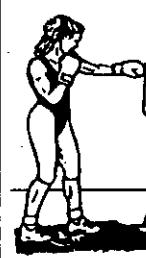
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Midwives

(From Page 17)

Midwives, literally meaning "with woman," have been helping with the process of labor and delivery almost as long as there have been mothers and babies:

However, over the past 50 to 75 years, these female birth attendants were gradually replaced by obstetricians — predominantly male physicians trained in the treatment of the complications and diseases that can occur during pregnancy and delivery. Although the doctors' training was helpful in dealing with dangerous situations, some experts say it led to increased use of technology and interventions, which in turn caused an alarming rise in the number of Cesarean sections.

According to Nunziato, a certified nurse midwife associated with a Latham obstetrical practice, "Physicians focus on looking at a patient as someone who is ill, while we see a patient as someone who is undergoing a normal process, unless a complication develops."

Another difference, Nunziato said, is that a midwife considers the whole person, not just the pregnancy. She takes the time at each prenatal exam to talk to the patient, asking about her family — how the other children are adjusting to the pregnancy, her relationship with her husband, the financial situation and other concerns.

For Jenkins, the extra time at prenatal exams was an important advantage of using midwives. "Robyn and Debbie spent 20 minutes at each visit talking to me, answering questions, telling me what was going to be happening during the next month, what to anticipate."

The extra information made her

feel more in control, more a part of the process, she said. "It's so much more than go in, get weighed, see you next month, like it is at the doctor's office."

But it was when she went into the hospital, Jenkins said, that she really appreciated the extra attention. Her first birth occurred right around the time that the shifts changed in the hospital, giving her the feeling that she was surrounded by strangers. The only familiar face, she said, was her doctor's "and he was only there for the last 20 minutes."

Jenkins, a writer who received her master's degree in technical communications from RPI, said her experience with the midwives was completely different. "Robyn and Debbie were there with me the whole time, and that really helped."

Dr. Naomi Bloomfield of Slingerlands, who recently added Certified Nurse Midwife Pamela Platis to her Albany practice, agrees that midwives often have more time to spend with patients during labor. "The way I do deliveries is very midwife-y — I spend a lot of time with the patient — but a doctor is usually overseeing more patients at one time, and I'm in and out of the room a lot. Midwives have smaller practices, and no high-risk cases, so they have more time to spend with each patient."

According to Nunziato, personal attention is a critical factor during labor and delivery. No matter how well-educated a person may be, when she goes to the hospital, she's afraid, and wants someone with her to give support and encouragement, she said.

Women feel very vulnerable at that time and, even if her partner is in the room, he's feeling anxious,

too. "That's why we're there," she said, "to act as an advocate, a health care provider they trust, and a friend."

Women who choose midwives, Bloomfield said, are generally interested in natural childbirth with less technology and fewer invasive techniques. In fact, using a certified nurse midwife in a hospital setting can even be an acceptable alternative for women who are considering a home birth. Especially with recent renovations at a number of area hospitals, she said, patients can have a comfortable, homey atmosphere with personal attention, and immediate access to doctors and technology, if necessary.

Although midwives have been around for a long time, Nunziato stressed that today's practitioners are a far cry from the self-taught "granny" midwives who used to preside at births. A certified nurse midwife, she explained, begins as a registered nurse and then completes additional training equivalent to a master's degree.

After 13 years of experience as a labor and delivery nurse, Nunziato spent 15 months working to obtain her degree, including 6 months of clinical training.

Although Nunziato and her partner work with two obstetricians, they provide all routine prenatal, post-natal and gynecological care for their patients. However, midwives treat only low-risk patients, she explained. If a woman is in a high-risk category, such as a diabetic, or if a complication develops, they are referred to a doctor.

"We are experts in normal pregnancy. Anyone with a pre-existing condition, such as diabetes, or anyone who develops a complica-



Sarah Jenkins of Newtonville cuddles her two daughters, Abigail, 2, and Catherine, 6 months.
Elaine Jackson Cape

tion during pregnancy, should see a doctor," Nunziato said.

According to Nunziato, some women hesitate to use a midwife because they're afraid that, in an emergency, the doctor won't get there in time. However, this fear is based on the misconception that the doctor is in the hospital for the whole labor. In most cases, she said, the doctor is only present for the last 20 minutes or so.

"The doctor gets there just as quickly when we call him as he does when the nurse or resident calls him. There's no difference in the initial emergency care," she said.

In spite of some resistance on

the part of both doctors and patients, the acceptance of midwives is increasing. According to the National Center for Health Statistics in Hyattsville, Md., the number of in-hospital midwife-attended births increased from 19,686 in 1975 to 158,068 in 1991.

Part of the increase is because there are many more training programs for nurse midwives than there used to be, experts say, and part is due to word-of-mouth recommendations by satisfied patients.

Jenkins, whose husband, William, was with her for both deliveries, said they recommend the midwives to their friends. "If someone isn't sure what they want to do, I tell them 'Just try it for a couple of visits.' If they don't like it, they can always switch back."

Would she be willing to use the midwives again? "If I have another, I'll definitely be back," Jenkins said. "It was a really good experience."

Bloomfield, who said she learned as much from midwives as from doctors when she was in medical school, has found that adding a midwife to her practice is a benefit to both herself and her patients.

"I think it adds another dimension in women's health care. Technology isn't always the answer. As long as you pick your patients carefully, it's an excellent alternative."

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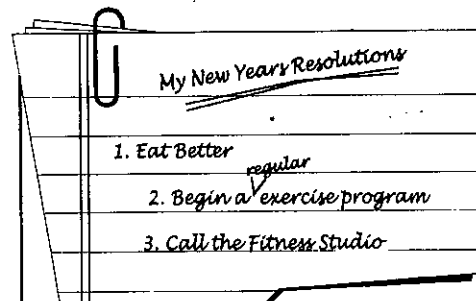
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Broccoli or brownies, let the kids decide

Only 29 percent of parents allow their children to select what they want to eat, according to a recent Flintstones Vitamins/Roper survey. But some experts say giving kids more freedom to make their own food choices is one of the best things parents can do.

"Left to their own devices, children instinctively know when to eat and how much food is required to satisfy their hunger," says Dr. Timothy Brewerton, department of psychiatry and behavioral sciences, Medical University of South Carolina.

"The solution is not to control every morsel that goes into your

Never use manipulative tactics to coerce your children into eating certain foods.

child's mouth, but to be flexible and to work with your child to establish sensible eating habits that will last a lifetime."

How can you work with your kids?

- Offer them variety and balance from the four major food groups in a family-style setting, then let them decide on what foods and amounts go on their plates.

- Allow snacking. Snacking is fine as long as it is not all sweets or in excess. However, if you're concerned that "junk" food snacks are being eaten without discretion, fill your cookie jar with unsweetened graham crackers or substitute a candy bar with a low-fat granola bar.

- Designate a section of the refrigerator or cupboard as a "kids' shelf." Children love to have something to call their own. This way parents can monitor eating habits of their children, while still letting them make their own selections.

- Share the responsibility of main meals by planning menus together. This allows your children to maintain independence by making meal decisions with your guidance.

In addition to giving your children more freedom to make food choices, Brewerton also recommends:

- Teach portion control by example. As role models, parents can demonstrate what is an "acceptable" helping. It's better to have the kids ask for seconds than to instill the concept of large portions up front.

- Never use manipulative tactics to coerce your children into eating certain foods. And don't resort to clichés — such as "Children are starving in China, so clean your plate" — to get your kids to eat. This invites control struggles, adding to the stress of the situation and often causing them to rebel even more.

For a free brochure on instilling healthy eating habits in your children, write: "Broccoli or Brownies," Flintstones Vitamins, 303 East Wacker Drive, Suite 440, Chicago, Ill. 60601.

Exercise can induce asthma

If you have trouble catching your breath or cough excessively after physical exertion, you may have exercise-induced asthma and not even realize it.

Many people have no other symptoms of asthma, they only cough or wheeze after exercise, says Dr. Alan L. Plummer, associate professor of medicine, Emory University School of Medicine.

During nonstrenuous activity, air is inhaled through the nose, where it is warmed before reaching the lungs. As exercise intensity increases, air is inhaled through the mouth, which does not warm air as effectively. During exercise, large volumes of this colder air are inhaled.

The combination of heat/water loss and intake of cold air causes the muscles that line the respiratory tract to constrict, resulting in the symptoms of asthma, which are wheezing and shortness of breath. These symptoms usually begin about five to 10 minutes following a workout and may last up to 30 minutes.

"People with a history of exercise-induced asthma need to understand that the condition is not a reason to avoid physical activity," says Plummer. "As the body adapts to regular activity and exercise, the level of ventilation needed to maintain a particular level of activity decreases. This, in turn, raises the threshold at which symptoms occur."

Before any physical activity,

warm up with 15 to 30 minutes of stretching exercises, light jogging and breathing exercises, combined with pre-medication. This warm-up routine not only prevents injury but also prepares your airways for the strain of activity, decreasing your chances of experiencing symptoms of asthma.

Other suggestions include:

- Monitor asthma daily with a peak expiratory flow meter. This handheld device measures the degree of airway obstruction. If your readings are declining, alert your physician, coach or trainer, and take therapeutic action.

- On days when the pollen count or air pollution is high, consider shortening your outdoor workout routine or working out indoors.

- Ask your doctor about medication that can prevent episodes, and use it before your workouts.

- Cover your mouth and nose with a scarf or face mask on cold, dry days; this will warm and moist-

ten the air as you breathe, before it enters your lungs.

Although this type of asthma should not limit your ability to participate in exercise, some activities, such as indoor swimming, are easier on the airways than others. In general, sports that require short bursts of energy, such as baseball or tennis, are ideal for the person with asthma who is interested in getting a good workout.

Exercise induced asthma is more prevalent when exertion is sustained over a long period; therefore, intense bouts of activity that last less than two minutes produce fewer symptoms than activities with longer duration, such as basketball, running and soccer.

For a free copy of "Living With Asthma: Guidelines for a Healthy Lifestyle" and "What Everyone Needs to Know About Exercise-Induced Asthma," write to The Asthma Information Center, P.O. Box 790, Springhouse, Pa. 19477-0790.

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Vitamin supplements can fill the void in many diets.

Advocates claim most Americans don't get enough nutrition

By Mel Hyman

Many experts say fitness and health can be achieved by adhering to a healthy diet, exercising regularly and keeping stress down to a manageable level.

When one or all of these components is out of whack, then your overall well-being can go right down the tube.

I've always been pretty much aware of how herbs work, because we use a lot of them back home in our daily lives.

Azra Habib

Vitamin Center 2000 on Delaware Avenue in Delmar — which opened only a few weeks ago — come in. Owner Azra Habib said she is focusing just on vitamins, food supplements and herbal formulas.

Many people who come into her store know beforehand what they want or need and can find it easily, she said. For others, who may be flirting with the idea of taking supplements for the first time, Habib can describe just what certain vitamin formulas are designed to do.

When it comes to herbs, which are available in extract or tablet form, she probably has more knowledge to draw upon than the average person because she comes from Pakistan. "I've always been pretty much aware of how herbs work, because we use a lot of them back home in our daily lives."

One of the hardest things to maintain for most Americans is a healthy diet. Most medical experts agree that when your diet is lacking in necessary vitamins and minerals, your health can be affected.

That's where stores like the



Azra Habib, owner of Vitamin Center 2000 in Delmar, shows some of the many vitamins and food supplements she sells.

Habib also sells a variety of protein and amino acid formulas that have become increasingly popular with people interested not just in staying healthy, but in building strength and endurance.

"My husband was always skinny, but he put on 30 pounds using one of the protein and carbohydrate formulas," she said. Then again, protein or energy formulas by themselves won't do much, unless they are combined with an exercise program.

Amino acid fuel formulas are especially important for people who may be vegetarian or eat very little meat, Habib noted. Some of these essential amino acids, which are considered the building blocks of protein in the body, may be absent from a non-meat-eaters diet.

The reasons vitamins have come into vogue so much over the past 30 years is that so much of the food we eat is overprocessed and nutrient deficient, according to Wendy King, owner of Dean's Incredible Edibles in Albany.

"Our soil is so depleted," she said, that's there's little nutritional value in the normal items we pick off the supermarket shelf.

Even the fresh fruits and vegetables that are available are invariably picked two or three weeks early so that their nutritional value is diminished, said Marie Creighton, owner of Paradise Natural Foods in Gunderland.

"Most of us find it very hard to eat completely well," she said, but vitamin supplements can "fill that void" and make a noticeable difference in a person's fitness and well-being, she said.

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Auction

(From Page 1)

auction patrons, and the home-made dessert and coffee bar is the perfect setting for socializing. And if you eat too much, put a bid on one of the fitness packages up for auction.

Hillinger said the auction is really "a nice way the community can thank BOU" for its work throughout the year.

Lorraine Smith, who is co-chairing the auction gift solicitation committee with Lynn Rhodes, agrees. "Our businesses have been very generous with their contributions.... Now it's up to the donors," said Smith. "BOU really impacts all ages in the community, and there are items in everybody's price range."

Smith said more than 150 businesses, individuals and organizations have made contributions to the auction.

So if you'd like to take a shot at an elegant dinner for 10 catered by the BOU board (excellent cooks all) or gift certificates from 10 local restaurants or one of two weekend getaways in Cape Cod or a complete makeover (for both men and women) or even the gardening services of town councilwoman Doris Davis or a CD player from the Bethlehem Democratic Committee, don't miss the auction.

BOU was founded in 1983 by Delmar resident and current president Holly Billings and has grown from an initial membership of 30 to its current 350 status. It has funded programs from the elementary school level to the high school and was responsible for helping

establish the Bethlehem Basketball Club, BC's graduation celebration and Bethlefest at the high school. BOU was also responsible for reopening the Pit at the middle school. "These things never would have happened if it wasn't for BOU," said Hillinger.

She said that this year it is especially important for BOU to raise money since there is no room in the school district budget to support additional programs. "It's a year when there are no extras," she said.

BOU's longtime goal has been to promote healthy choices for the youth of Bethlehem, and the auction provides "the only money we ever earn to fund seed programs." Last year, BOU raised about \$7,000 at the auction.

BOU, Hillinger added, is the "catalyst for innovative programs that promote healthy choices."

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Kids' author to speak at Bethlehem library

The Bethlehem Public Library at 451 Delaware Avenue in Delmar will host a family evening with children's author Jennifer Armstrong on Thursday, April 13, at 7 p.m.

Armstrong will lead the group on a journey through her picture books and young adult novels, read aloud, and autograph her works. Books will be available for sale at the event.

For information or to make reservations, call the library at 439-9314.

Decorator to share home finishing tips

P.J. Tetreault of Custom Decorative Painting by P.J. will talk about decorating with stencils, freehand painting and faux finishes on Wednesday, April 5, at 7 p.m. at the Bethlehem Public Library, 451 Delaware Ave. in Delmar.

Tetreault will illustrate her program with slides of a variety of styles, including borders, murals and trompe l'oeil techniques to solve decorating problems.

For information or to register, call the library at 439-9314.

Budget

(From Page 1)

Teachers' Retirement System off early ("saving \$300,000 over time"); bringing more bus runs into the district from outside contractors (saving about \$22,000 in 1995-96); and increased emphasis on early intervention in potential special education cases (leading to lower long-term costs).

McCartney said that the district has been able to "curtail staffing needs" by "moving some staff around and reorganizing some administrative positions," particularly the high school assistant principal.

McCartney noted that the spending for the district's overall transportation program would remain level, even with the proposed purchase of two new buses.

"The support of the community

in purchasing buses has helped us hold down transportation costs," he said.

McCartney added that the budget "maintains decent class size ratios" by hiring one more elementary teacher, and "slowly moves ahead with technology and middle level restructuring, without dumping a ton of money" into new initiatives at once.

The school board has scheduled a more formal presentation of the proposed budget for Monday, March 27, at 7:30 p.m. in the large group instruction room of the high school.

School board president John Cole said he hoped to have "more information on the revenue side" available at Monday's meeting.

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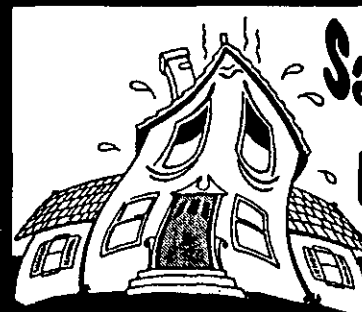
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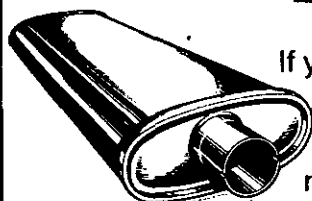
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Housing

(From Page 1)

Apparently they were given "incomplete information" by their developers, Hasbrouck said, to the effect that the surrounding area would remain forever wild.

Hasbrouck said that while there are no plans to hold a public hearing on the matter, people are welcome to submit their concerns in writing to the planning board, and they will be circulated and read by each board member.

Residents of Dutchbrook as well as neighboring developments along Blessing and Krumkill roads have recently criticized the plan because of a number of concerns — in particular an expected increase of traffic on Marquis Drive, which would be the main entrance to Marie Rose Manor from Krumkill Road.

They cite the high number of children living in the Dutchbrook development and possible safety hazards that would be presented by trucks, vans and emergency vehicles entering and exiting the seniors complex. There are no sidewalks on Marquis Drive.

While some increase in traffic is inevitable, officials of DePaul Management, who manage eight other area senior housing complexes for the Albany Roman Catholic Diocese, cite a traffic study they commissioned earlier this year from the Creighton Manning engineering firm.

The study concluded that the impact would be minimal — amounting to about 14 additional vehicle trips per peak hour (between 10 a.m. and 1 p.m.).

Moreover, the types of vehicles neighbors are most worried about — trucks, vans and emergency

vehicles — would not be in plentiful supply, says Rosalie Montazella, associate executive director of DePaul Management.

"We have projects in Wynantskill and Colonie, that are in close proximity to very residential neighborhoods, and there's never been a problem," she said. "Any place people live you're going to have ambulances, but they won't be there every day or even every week."

Montazella noted that the Meals on Wheels program delivers by car, and "We get very few of them, maybe two or three at any one project."

There will be only two staffers on site, she said, and no other visitors are expected except for an occasional home health aide or visiting nurse.

The Albany Diocese last year was awarded \$3.2 million in funding for the project by the U.S. Department of Housing and Urban Development. The Diocese has been seeking federal money for affordable senior citizen housing in Bethlehem for several years now.

Neighborhood spokesman Douglas Fisher said he is trying to convince HUD to withhold funding for the project. "We've contacted Congressman Mike McNulty (D-Green Island) to help us with that."

While filing an Article 78 (cease and desist) proceeding is not the group's aim, Fisher said he would "immediately initiate" legal action if the planning board approved the project without major changes.

Besides traffic concerns, the project violates the (proposed) town master plan, he said, because

it would destroy federal wetlands and endanger an "extraordinarily large and unusual" variety of flora and fauna.

In addition, the "site is located on a steep ravine, which poses a serious safety hazard to seniors," Fisher said.

In 1990, the diocese proposed a complex in the Hudson Avenue/North Street area, but it failed to procure the necessary funding. That plan was adamantly opposed by neighbors.

When the planning board and town board reviewed the plans for the North Bethlehem site, the project was warmly embraced. Town officials lauded the Diocese for its determination in coming to Bethlehem, where a relatively high percentage of senior citizens live.

More than 80 people have already applied to live in the North Bethlehem complex, Montazella said, with the vast majority of those (90 percent) already living in the town.

"This will be an attractive, nicely wooded project that will fit in beautifully with the rest of the community," Montazella said. "For everyone looking to move in, this will be someplace they will be happy with and can call home."

Nature walk to look for signs of spring

Naturalists at Five Rivers Environmental Education Center on Game Farm Road in Delmar will lead a spring nature walk on Saturday, April 1, at 2 p.m.

The walk will focus on the signs of spring, including birds, green shoots and budding trees.

For information, call Five Rivers at 475-0291.

Newcomer

(From Page 1)

she added. "We have to think what the town stands to gain by its existence."

Barrowman, 37, said she feels "strongly about helping Matt Clyne become supervisor." Clyne, who nearly upset Republican Supervisor Sheila Fuller in a tight race in 1993, has announced plans to challenge again for the post this year.

"He's a very decent, hardworking and intelligent person who would be an asset to the town."

While she has been active for several years in the community, Barrowman's involvement up to now has not been political. For the past four years she has served on the Bethlehem Soccer Club board of directors and now serves the group in the capacity of registrar.

She is also in her second year as secretary to the St. Thomas School Board and she is a member of the St. Thomas Church Parish Council.

A native of South Westerlo, Barrowman received an undergraduate degree in medical technology from Russell Sage College in Troy.

But she hasn't worked in the medical technology field since 1979 because she took on the role of a "stay-at-home mom," she said.

As her children have gotten older, Barrowman said she has become increasingly active in the community, mostly because "I love being involved." Up until her announcement, Barrowman worked as a free-lance photographer for *The Spotlight*.

After marrying her husband, Roger, a physician at St. Clare's Hospital in Schenectady, she spent time in Leavenworth, Kansas, and New York City before moving to Glenmont.

Should she gain the nomination, Barrowman would be running for one of three seats up for grabs on the town board this fall.

She and Clyne are the two announced candidates for the Democrats thus far.

Fuller and Councilwoman Doris Davis are both expected to run for re-election on the Republican line, while Councilman Fred Webster, whose seat will also be up for grabs in November, has announced that he won't seek another term.

Stephen ministers commissioned

The Rev. Warren Winterhoff of Bethlehem Lutheran Church recently commissioned five Stephen ministers who will give Christian care to fellow parishioners and community members.

The lay ministers have completed more than 30 hours of training, and also participate in ongoing training for their ministry.

The five are Willy Demoly, David Balluff, Glenn Cropsey, Greg Schunk and Vicar Bob Schonholz.

Couples can brush up communicating skills

The Community Health Plan Delmar Health Center located at 250 Delaware Ave. in Delmar will offer a class in "Communication Skills for Couples" beginning on Wednesday, March 29.

The class teaches listening skills, ways of sending clearer messages, and conflict resolution.

Cost is \$46 for CHP member couples and \$70 for non-member couples. For information, call CHP at 783-1864.

McCullough joins Senior Services board

Carol McCullough of Voorheesville was recently named to the governing board of Senior Services of Albany.

THE YOUTH NETWORK

A BETHLEHEM NETWORKS PROJECT

"Upon the plains of hesitation bleach the bones of those who waited"

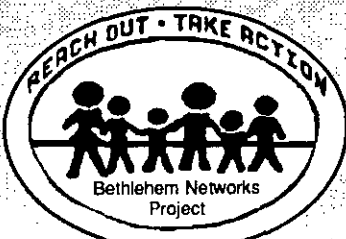
If you want to get involved in your community, and have been putting it off, now is the best time to get started. These are two excellent ways to begin:

On Sunday, March 24, from 11 a.m. to 4 p.m. the high school is a leadership conference for parents of eighth to 12th graders. If you have always wanted to be more active at your student's school, this is your chance.

This day will be dedicated to helping you develop leadership skills, meet others who are interested in the high school and have fun. Enjoy a lovely lunch catered by Glen Sanders Mansion. Call 439-7740 to register.

See Jane run. See Dick run. See Spot run. Where are they going? They want to be the first ones at the BOU Auction on Friday, March 31, at 7:30 p.m. at the high school. This will be a fun evening for the entire family and is the only fund raising event for BOU this year.

This is an important community evening and you will want to be a part of it. So join Jane and Dick and Spot and arrive early at the fabulous BOU Auction for food and fun.



Column sponsored by
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Special on WMHT CHANNEL 17

Amazing Grace with Bill Moyers
Thursday, 9 p.m.

Carreras, Domingo, Pavarotti with Mehta:
The Three Tenors in Concert 1994
Friday, 9:10 p.m.

The Making of Carreras, Domingo, Pavarotti
with Mehta
Saturday, 10:30 p.m.

WMHT Plays Favorites
Sunday, 7 a.m.

Atlanta Symphony Golden Anniversary
Monday, 10 p.m.

Live from Lincoln Center: New York City
Opera "La Traviata"
Tuesday, 8 p.m.

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Rebecca and Todd Kimberly

Ten Eyck, Kimberly marry

Rebecca Ten Eyck, daughter of John and Sally Ten Eyck of Voorheesville, and Todd Kimberly, son of Michael and Dawn Kimberly of Ithaca, Tompkins County, were married Oct. 22.

The Revs. Robert Kanuk and Arthur Hagy performed the ceremony in the First United Methodist Church of Delmar, with the reception following at Albany Country Club in Gunderland.

The matron of honor was Laura Seery, and bridesmaids were Jennifer Ten Eyck and Melissa Ten Eyck, the bride's sisters, and Tracey Tobin.

The best man was Rocco Macera, and ushers were Shawn Kim-

berly and Brad Kimberly, the groom's brothers, and Matthew Leach.

The bride is a graduate of Clayton A. Bouton High School and St. Lawrence University. She is employed as an account executive by the New York City public relations firm Vorhaus & Co.

The groom, a graduate of St. Lawrence University and the S.I. Newhouse School of Public Communications at Syracuse University, is employed by National Recording Studios in New York City.

After a wedding trip to St. Thomas, the couple lives in Hoboken, N.J.

Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to 125 Adams St., Delmar 12054.

Dean's List

The following local college students were named to the dean's lists at their respective schools for the fall semester.

The College of Saint Rose (adult and continuing education) — Clare Jones and Mary Moriarty, both of Delmar.

Junior College of Albany — HyeSeung Hur and Laurie Ritchie, both of Slingerlands; Linda Mannella and Rebecca Sievert, both of Delmar; Rebecca D'Anza of Voorheesville; and Joann Hoose and Joyce Humphrey, both of Feura Bush.

Russell Sage College — Becky Carey, Abigail Mansky and Michelle Membke, all of Delmar; Jean Lingeman of Glenmont; Noelle Crisafulli and Betsy Zeh, both of Voorheesville; Sandra Sheedy and Gretchen Storm, both of Slingerlands; and Susan Heckman of Feura Bush.

Wake Forest University — Lauren Boyle of Slingerlands.

Class of '95

Albany Memorial Hospital School of Nursing — Crysta Ryan of Delmar, associate's in nursing, magna cum laude.

The College of Saint Rose — Donald Van Apeldoorn of Glenmont (bachelor's in business administration/management).

Regents College — Janice Anderson (bachelor's in nursing).

University of Delaware — Brian Watson of Delmar (doctor of philosophy).

University of Michigan — Kathryn Felt of Delmar (master of fine arts).

Fashion show to raise playground funds

Glenmont Elementary School located on Route 9W in Glenmont will host a fashion show to benefit the new playground and "big backyard" projects on Friday, March 24, at 7:30 p.m.

The event will feature fashions provided by Casual Set, children's fashions from In & Out the Window, live entertainment and a raffle.

Tickets cost \$8 each. For information, contact Cindy Stambach at 439-5606.

Lutheran largesse



Marie Privler and Paulene Ouderkerk of Lutheran Brotherhood Branch #8036 present \$400 worth of food and supplies to the Bethlehem Food Pantry recently.

Births

St. Peter's Hospital

Boy, Philip John Groenwegen, to Nancy and Paul Groenwegen, Glenmont, Feb. 1.

Girl, Haley Louise McHugh, to Denise and George McHugh, Bethlehem, Feb. 25.

Boy, Tyler Brian Mattick, to Frances and George Mattick, Slingerlands, Feb. 26.

Girl, Katie Rose Nickles, to Deborah and Larry Nickles, Slingerlands, Feb. 28.

Boy, Liam Patrick Roohan, to Dorothy and Raymond Roohan III, Delmar, Feb. 28.

Boy, Matthew David Van Wie, to Catherine and David Van Wie, Clarksville, March 7.

Boy, Jason Artemus Gordon, to Alison and Steven Gordon, Delmar, March 7.

Boy, Michael Anthony Turi, to Barbara and Dr. Anthony Turi, Feura Bush, March 8.

Bellevue Hospital

Boy, Samuel Cleary Wagner, to Lori and Joseph Wagner, Delmar, Feb. 17.

Ellis Hospital

Boy, Brian Lawrence Boland, to Kelly and Kevin Boland, Delmar, Feb. 13.

In Voorheesville The Spotlight is sold at Stewarts, Voorheesville Pharmacy and Voorheesville Mobil



V'ville firefighters set Las Vegas Night

The Voorheesville Volunteer Fire Department will hold its annual Las Vegas Night on Saturday, March 25, from 8 p.m. to 1 a.m.

The event will be held at the firehouse on Altamont Road. Games include blackjack, joker seven and money wheel.

Admission is free. For information, call 765-4048.

Here's to a

Wonderful Wedding!



JEWELRY

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Johnson's Stationery 439-8166. Wedding Invitations, Announcements, personalized Accessories.

Paper Mill Delaware Plaza. 439-8123 Wedding Invitations, writing paper, Announcements. Your Custom order.

RECEPTIONS

Normanside Country Club, 439-2117. Wedding and Engagement Parties.

Obituaries

Rev. James McManus Harry F. Smith

The Rev. James A. McManus, 77, the founding pastor of St. Matthew's Church in Voorheesville, died Friday, March 17, at St. Peter's Hospital in Albany.

Born in Albany, he was educated at St. Charles College in Maryland and Niagara University and Our Lady of Angels Seminary at Niagara.

Father McManus was ordained on June 19, 1943, by Bishop Edmund F. Gibbons and celebrated 50 years as a priest in 1993.

His assignments included St. John's Church in Rensselaer, St. Mary's Church in Glens Falls, St. Matthew's Church in Voorheesville, where he was founding pastor in 1962, St. Columba's Church in Schenectady and Church of the Immaculate Heart of Mary in Hudson Falls. He retired in 1990.

Father McManus was an honorary life member of the Rensselaer Knights of Columbus Council 267.

Survivors include a brother, Joseph F. McManus of Albany.

Services are scheduled for 11 a.m. today, March 22, at St. Mary's/St. Paul's Church in Hudson Falls. Bishop Howard J. Hubbard will concelebrate the service.

Burial will be in St. Agnes Cemetery in Menands.

Arrangements were by McVeigh Funeral Home in Albany.

Contributions in his memory may be made to St. Mary's/St. Paul's Church, 11 Wall St., Hudson Falls 12839.

Harry F. Smith, 88, of Marlboro Road in Delmar, died Monday, March 20, at Child's Nursing Home in Albany.

Born in New York City, he attended Pennsylvania State College.

He began his career in government in 1934 in New York City with the National Re-employment Service and worked in private industry in insurance investment banking and retail trade.

He was in charge of occupational research in the New York City area, collecting basic data for the first Dictionary of Occupational Titles.

He worked as senior employment interviewer for the state Department of Labor from 1937 to 1941. He continued his research with the division's Bureau of Research and Statistics. He was senior examiner of methods and procedures in the planning office until he became director of personnel in 1945. He retired as head of personnel in 1968.

Mr. Smith was the first chairman of the New York State Personnel Council from 1955 to 1956. He was then a member of its executive committee for many years.

He was a member of the Executive Council of the National Chapter of the Public Personnel Association from 1960 to 1961. He also served as chairman of the recruitment and professional standards committees of the International Council for Personnel Development in Employment Security.

Survivors include his wife, Dorothy Guy Smith; a daughter, Patricia Mooney of Mashpee,

Mass.; eight grandchildren; and 14 great-grandchildren.

A memorial service will be held at 7 p.m. on Thursday, March 23, at Meyers Funeral Home, 741 Delaware Ave., Delmar.

Ray Elwell

Ray Elwell, 75, of Glenmont died Wednesday, March 15, at the Veterans Affairs Medical Center Hospital in West Hartford, Conn.

Born in Bennington, Vt., he attended the White Chapel School.

Mr. Elwell was a highly decorated combat veteran of the Army's 1st Infantry Division in World War II, serving in the European and Pacific theaters. He landed on Omaha Beach during the D-Day invasion of Normandy and fought in the Battle of the Bulge.

Gen. Dwight Eisenhower presented the Legion of Merit for combat heroism to Mr. Elwell, who also earned three Bronze Stars. In 1991, he was honored as grand marshal of the Veterans Day parade in Bennington.

He was a member of the Bethlehem Lutheran Church in Delmar.

Survivors include his wife, Thelma Mary Thompson Elwell; a daughter, Jennifer Ann Kronau of Albany; a son, Andrew Elwell of Glenmont; a brother, Asa Elwell of Bennington; three sisters, Ethel Kinstler of Albany, Susan Buck of North Bennington and Edith Bancroft of Virginia; and a granddaughter.

Services were at the White Chapel in Bennington.

Burial was in the White Chapel Cemetery in Bennington.

Contributions may be made to the Activities Fund at the Vermont Veterans Home, c/o the Mahar & Son Funeral Home, 628 Main St., Bennington, Vt. 05201.

Dorothea Bradt

Dorothea Jewell Bradt, 87, of Clarksville died Thursday, March 16, at her home.

Born in Albany, she had lived in Delmar for 30 years before moving to Clarksville in 1956.

She retired in 1973 as a clerk for the state Department of Agriculture and Markets after 30 years of service.

Mrs. Bradt was a member of the Onesquethaw Reformed Church in Clarksville. She was the widow of Donald J. Bradt Sr.

Survivors include two sons, Donald J. Bradt Jr. of Littleton, Colo., and Darryl H. Bradt of Saratoga Springs; a daughter, Deborah Van Wie of Clarksville; 15 grandchildren; and 19 great-grandchildren.

Services were from the Applebee Funeral Home in Delmar.

Contributions may be made to the Onesquethaw Reformed Church Endowment Fund, Tarrytown Road, Feura Bush 12067.

Ethel L. De Tier

Ethel L. De Tier, 99, of Nelson House in Albany and formerly of Delmar, died Wednesday, March 15, at St. Peter's Hospital in Albany.

Born in Albany, she moved to Delmar in 1938 and to Nelson House in 1987. She was a 1915 graduate of the former New York State Teachers College in Albany.

Mrs. De Tier worked at Clapp's Bookstore in Albany from 1947 until the early 1960s.

She was a past treasurer of the former Albany Women's Club and a former member of the Aurania Club of Albany and Wolfert's Roost Country Club.

Mrs. De Tier was a member of the New Covenant Presbyterian Church.

She was the widow of Elmer F. De Tier Sr.

Survivors include a daughter, Doris L. Lobdell of Elkhardt, Ind.; a son, Elmer F. De Tier Jr. of Rochester; three grandchildren; and six great-grandchildren.

Services were from the Tebbutt Funeral Home in Delmar.

Burial was in Albany Rural Cemetery.

Contributions may be made to Nelson House, 5 Samaritan Road, Albany 12208.

Donald E. Rivenburg

Donald E. Rivenburg, 64, of Maple Road in Voorheesville, died Tuesday, March 14, at St. Peter's Hospital in Albany.

Born in New Scotland, he was a lifelong resident of the Voorheesville area.

He was an Army veteran of the Korean War.

Mr. Rivenburg owned Rivenburg Tile in Voorheesville for 36 years.

He was a member of the Voorheesville American Legion Post, the Voorheesville Rod & Gun Club and the Voorheesville men's bowling league.

Survivors include his wife, Barbara Roberts Rivenburg; four sons, David Rivenburg, Darren Rivenburg and Dennis Rivenburg, all of Voorheesville, and Douglas Rivenburg of East Berne; and two grandchildren.

Services were from the Voorheesville United Methodist Church.

Burial was in Prospect Hill Cemetery in Gunderland.

Arrangements were by the Reilly & Son Funeral Home in Voorheesville.

Contributions may be made to the Voorheesville Area Ambulance or the American Heart Association.

Adam J. Cacciotti

Adam James Cacciotti, infant son of James and Lina Breda Cacciotti of Voorheesville, died Saturday, March 11, at Albany Medical Center Hospital.

Survivors, in addition to his parents, include his twin, Derek John Cacciotti; a sister, Erica Jane Cacciotti; his maternal grandmother, Filomena Breda of Rensselaer; and his paternal grandmother, Alviara Ratcliffe of Rensselaer.

Services were private.

Burial was in Holy Sepulchre Cemetery in East Greenbush.

Arrangements were by the Lasak & Gigliotti Funeral Home in Albany.

Contributions may be made to the Neonatal Intensive Care Unit at Albany Medical Center Hospital, 47 New Scotland Ave., Albany 12208.

Mother's Time Out looks at college plans

Mother's Time Out, a Christian support group for mothers of preschoolers, will meet on Monday, March 27, from 10 to 11:30 a.m. at the Delmar Reformed Church at 386 Delaware Ave. in Delmar.

Jerry Pittz of Edward D. Jones Co. will speak on college planning. Babysitting will be provided.

For information, call the church at 439-9929.

Town parks office begins class sign-ups

The Town of Bethlehem Parks and Recreation Department is accepting registration for recreational programs slated to begin the week of March 27.

Offerings include aerobics classes for adults and play/exercise classes for children ages 2 to 5.

For information, call 439-4131.

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Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

Family Entertainment

Dine on the wild side at Great Outdoors Show

By Megan Corneil

Chances are, you've never experienced an antelope and rattlesnake casserole—but you'll get the opportunity to try it, along with buffalo burgers and other culinary wild-game treats this Friday, Saturday and Sunday at the Northeast Great Outdoors Show at Hudson Valley Community College.

These "wildly" popular and unusual dishes will be supplied by Joe Messina of Specialty World Foods. In addition to being a break from your average lunch, these foods are also better for you, Messina said. "Nutritionally speaking, the wild game we serve is far superior to domesticated meats. It has a heartier character, and is significantly lower in fats and cholesterol." Some of his other offerings will include wild rice fritter cakes, Native American-style sumac lemonade, and pine bough and spruce honey tea.

In addition to the unusual assortment of foods, the show, in its ninth year, will also feature turkey calling contests, the BassMaster Casting Kids contest and informational seminars led by some of the top sportsmen in their fields.



Visitors to the Northeast Great Outdoors Show at Hudson Valley Community College this weekend will be treated to turkey calling contests and a variety of wild-game culinary treats, including buffalo burgers and rattlesnake casserole.

Love letters by the sea



Kate Kelly portrays urbanized Welsh woman Timothea Stiles, who falls in love with Irish fisherman Colm Primrose, played by Richard Zobel, in Gardner McKay's play, "Sea Marks." The play runs at Capital Rep from March 23 to April 23.

One of this year's featured speakers will be Andrew Simmons, a specialist on predatory animals who has made appearances on both "Good Morning America" and the "Today" show. Simmons will bring some of his animals along with him, including a golden eagle, a Burmese python and a black bear cub.

Other speakers will include Tony Bean, a nationally known expert on small-mouth bass, and Dick Scorzafava, who will speak on black bear, whitetailed deer and bow hunting. Both Bean and Scorzafava will share their techniques and strategies with those hoping to improve their hunting and fishing skills.

Advance discount tickets for the Northeast Great Outdoors Show can be purchased at participating Price Chopper supermarkets at \$5 for adults; \$4 for seniors 65 and above; and \$3 for children ages 4 to 12. Tickets may also

be purchased at the door for \$1 more. Children 3 and under are free.

The show's hours will be Friday, from



Dick Scorzafava

4 to 9 p.m.; Saturday, 10 a.m. to 8 p.m.; and Sunday, 10 a.m. to 6 p.m.

SPOTLIGHT

By Martin P. Kelly

Lake George Dinner Theater getting a jump on summer by selecting play

Sharon Reynolds, long-time general manager of the Lake George Dinner Theater, is a great believer in getting started early. As a result, she's already selected the comedy she'll be doing this summer, the opening date. She's also close to firming up the small cast.

"The play, *Mixed Emotions*, didn't do well on Broadway," she confesses, "but, it's played well in regional and other dinner theaters. I'm afraid Broadway just wants musical spectaculars now."

This will be the first production in the region of the comedy about an older couple's relationship and Reynolds expects it'll play well with her audiences.

"It's about a man and woman of mature years who face a decision as she prepares to leave her apartment where she's lived for years," Reynolds explains. "They have been friends and he doesn't want her to leave."

The show will open its season June 23 and run into the middle of October. The theater presents its productions at the Lake George Holiday Inn.

Empire State Youth Orchestra/Proctor's benefit features Gilbert and Sullivan

A joint benefit concert for the Empire State Youth Orchestra and Proctor's Theater in Schenectady will feature singers from the Glimmerglass Opera Company of Cooperstown at its April 8 concert.

The Saturday evening benefit will feature members of the Albany-based St. Cecilia Orchestra conducted by Victoria Bond, former director of the Empire State Youth Orchestra. She is now conductor of the Roanoke Symphony Orchestra.

The Empire State Youth Orchestra is composed of area musicians ages 10 through 18 who appear in regular concerts throughout the region.

A chorus of 60 voices recruited from area choral groups and individuals will support the appearances of Michael Sokol and Marion Prainicki who in addition to appearing with the Glimmerglass Opera Company have sung with opera troupes around the county. An Evening of Gilbert and Sullivan will feature songs from *The Pirates of Penzance*, *The Mikado* and *HMS Pinafore*.

\$50 ticketholders will receive a light dinner prior to performance along with dessert and a silent auction.

Regular seats are available at \$15 and these include an after-concert performance by the Empire State Youth Orchestra Jazz Ensemble.

Tickets and info at 382-1083.

Crazy For You finds home at Proctor's in Schenectady

The wildly successful George Gershwin revival, *Crazy For You*, is at Proctor's in Schenectady through Sunday and is attracting large crowds. Some tickets are still available but the box office has been very busy.

Fast-paced and highly comic as well as tuneful, the Broadway version is still running after three years.

Ticket information available at 346-6204.

The Egg features Mummenschanz and musical production of Cinderella

The Empire Center at the Egg in Albany this weekend features two productions, one designed for children and another which pleases all ages.

The latter production is an appearance by *Mummenschanz*, the Swiss Mask-Mime troupe which has made an impact in theaters and on television for the past decade.

Performers use a variety of wrappings to design various humorous shapes as performance artists making a comic statement. This company will appear Friday, March 24 at 7:30 p.m.

On Sunday, March 26 at 3 p.m. a touring musical production of *Cinderella* will appear at The Egg.

Tickets and information are available at 473-1845.

Around Theaters!

Someone Who'll Watch Over Me, at the Schenectady Civic Theater through Sunday, March 26 (382-2081) ... *Ten Little Indians*, Agatha Christie's mystery, at the New York State Theater Institute in Troy through Saturday, March 25, (274-3256)



Martin P. Kelly

ARTS and ENTERTAINMENT

THEATER

"TEN LITTLE INDIANS"

Agatha Christie murder mystery, New York State Theatre Institute, Schacht Fine Arts Center, Russell Sage College, Troy, March 24 and 25, 8 p.m., \$15, \$13 senior citizens and students, \$8 children. Information, 274-3256.

"ALL OVER"

staged reading by Theater Voices of Albany, Albany City Arts Building, Chapel and Orange streets, March 24, 8 p.m., March 25, 3:30 p.m., and March 26, 3 p.m. Information, 439-8731.

"THE TROJAN WOMEN"

Euripides' anti-war play, Performing Arts Center, University at Albany, March 24 and 25, 8 p.m., March 26, 3 p.m., and March 29 through April 1, 8 p.m., \$7, \$5 senior citizens and students. Information, 442-3995.

"A MOON FOR THE MISBEGOTTEN"

The Playhouse at Goose Crossing, Gansevoort, March 24, 25 and 31, and April 1, 7 and 8, 8 p.m., \$10. Information, 798-8086.

"SQUABBLES"

by Marshall Kemp, Church of the Covenant, Route 43, Averill Park, March 24, 25 and 30 and April 1, 8 p.m., and March 26 and April 1, 2 p.m. Information, 674-2154.

"SEA MARKS"

by Gardner McKay, Capital Rep, Market Street Theater, Albany, March 24 through April 23. Information, 462-4531.

THEATER IN THE GROUND

presents Kathy Cohen in "As You Like Me," a series of original one-act plays, The Eighth Step, 14 Willett St., Albany, Saturday, March 25, 8 p.m., and Sunday, March 26, 3 p.m., \$7. Information, 434-1703.

MUSIC

ALLAN ALEXANDER

lute and guitar player, Allegro Cafe, 33 Second St., Troy, March 25, and April 1, 8, 15, 22 and 29, 7 and 11 p.m. Information, 271-1942.

THE NIELDS

The Eighth Step, 14 Willett St., Albany, Friday, March 24, 8 p.m., \$10. Information, 434-1703.

CARRIE NEWCOMER

singer/songwriter, Spencertown Academy, Route 203, Spencertown, Saturday, March 25, 8 p.m., \$10. Information, 392-3693.

THE HOUSE BAND

Guiderland High School, Route 146, Guiderland Center, Monday, March 27, 8 p.m., \$12, \$10 senior citizens and students, \$5 children. Information, 765-2815.

JODY SHANE

jazz vocalist, Loudonderry Cafe, Stuyvesant Plaza, Albany, Saturday, March 25, 6:30 to 9:30 p.m., \$5 cover and \$7 minimum. Information, 489-4288.

ROSANNE RANERI & JOE HETKO

Borders Books & Music, 59 Wolf Road, Colonie, Friday, March 24, 8 p.m. Information, 482-5800.

NORTHEAST BLUES SOCIETY

BLUES JAM

Borders Books & Music, 59 Wolf Road, Colonie, Sunday, March 26, 3 p.m. Information, 482-5800.

JOAN CRANE

blues guitarist, Barnes & Noble, 20 Wolf Road, Colonie, Friday, March 24, 8 p.m. Information, 459-8183.

HARVEY SUTTON

pop pianist, Barnes & Noble, 20 Wolf Road, Colonie, Sunday, March 26, 2 p.m. Information, 459-8183.

TOR SHEKERJIAN

faculty flute recital, Brady-Danzig Performance Hall, The College of Saint Rose, Albany, Saturday, March 25, 7:30 p.m. Information, 454-5178.

STEVE JENSEN

saxophone recital, Brady-Danzig Performance Hall, The College of Saint Rose, Albany, Friday, March 24, 8 p.m. Information, 454-5178.

CALIFORNIA

Tree Farm Restaurant, Settles Hill Road, Princetown, Thursday, March 23, 8 p.m., \$12. Information, 355-8001.

ST. CECILIA ORCHESTRA

Troy Savings Bank Music Hall, State and Second streets, Friday, March 24, 8 p.m., and Memorial Chapel, Union College, Schenectady, Saturday, March 25, 8 p.m. Information, 433-9513.

BERGONZI QUARTET

Siena College, Route 9, Loudonville, Sunday, March 26, 3 p.m., \$20, \$10 senior citizens and students. Information, 783-2527.

MICHAEL CLEMENT

pianist, Maureen Stapleton Theatre, Hudson Valley Community College, Troy, Thursday, March 23, 7:30 p.m. Information, 270-7170.

CASYM

21-piece steel band from Trinidad, Saint Joseph Hall Auditorium, The College of Saint Rose, Albany, Friday, March 24, 8 p.m., \$5. Information, 437-1339.

LIVINGSTON TAYLOR

Empire Center at the Egg, Albany, Saturday, March 25. Information, 473-1845.

DANCE

EIGHTH STEP COUNTRY DANCING

First Lutheran Church, 181 Western Ave., Albany, Friday, March 24, 8 p.m., \$6, \$2 children. Information, 438-3035.

CALL FOR ARTISTS

AUDITIONS

for the Mac-Haydn Theatre Company, Chatham Station Restaurant, Hoffman Street, Chatham, March 25 and 26, 11:30 a.m. to 4 p.m. Information, 392-9292.

PERFORMERS SOUGHT

for in-store appearances, Media Play, Washington Avenue Extension, Albany. Information, 869-1377.

CLASSES

ADULT THEATER WORKSHOPS

New York State Theatre Institute, Russell Sage College, Troy, through May 6. Information, 274-3295.

ADULT BEGINNING ACTING WORKSHOP

New York State Theatre Institute, Russell Sage College, Troy, March 27, 28 and 30, 7 to 10 p.m. Information, 274-3295.

LECTURES

"BITS AND PIECES"

lecture/demonstration by the Ellen Sinopoli Dance Company, Empire State Plaza, Albany, Wednesday, March 22, noon, and Borders Books & Music, 59 Wolf Road, Colonie, Saturday, March 25, 3 p.m. Information, 473-0559.

"PAINT, PAINTERS, AND PAINTINGS"

lunchtime art talk, Albany Institute of History & Art, 125 Washington Ave., Wednesday, March 22, 12:10 to 1 p.m. Information, 463-4478.

MULTI-MEDIA PRESENTATIONS

by John Rowen on the best of fishing in print and video, Borders Books & Music, 59 Wolf Road, Colonie, Saturday, March 25, 2 p.m. Information, 482-5800.

BARBARA SHAPIRO

to discuss her new novel *Blameless*, Haven't Got a Clue Mystery Bookstore, 1823 Western Ave., Guiderland, Sunday, March 26, 1 to 3 p.m.

DORIS KEARNS GOODWIN

to read from her work, Assembly Hall, University at Albany, Thursday, March 23, 8 p.m. Information, 442-5620.

READINGS

SIENA COLLEGE WRITERS

to read from Siena's literary magazine *The Sphere*, Borders Books & Music, 59 Wolf Road, Colonie, Wednesday, March 22, 7:30 p.m. Information, 482-5800.

POETRY

POETS' OPEN MIKE

QE2, 12 Central Ave., Albany, Monday, March 27, 7:30 p.m. Information, 438-6314.

FILM

SHORT FILMS

"Son for Sail," by Jurgen Vsyck and "Hello Photo," by Nina Davenport, Lulu Cafe-Gallery, 288 Lark St., Albany, March 22, 7 and 9 p.m., \$3. Information, 453-1000.

Weekly Crossword

"Oscar Nostalgia"

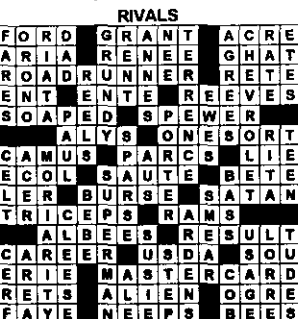
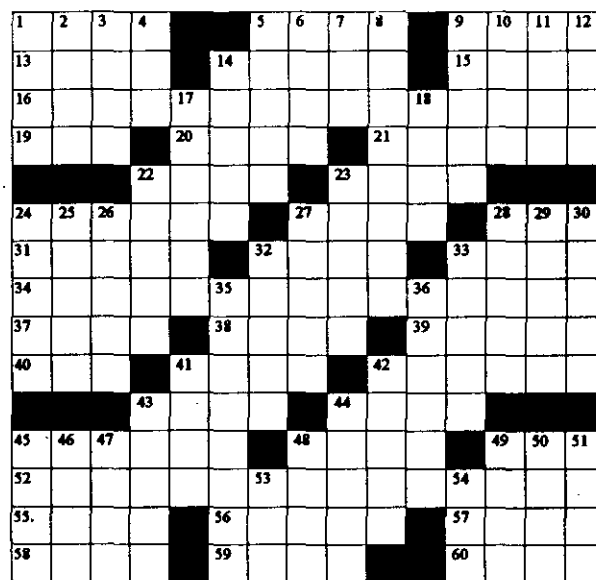
By Gerry Frey

ACROSS

- 1 Airplane staircase
- 5 Spanish house
- 9 Prolonged unconsciousness
- 13 On the briny
- 14 Follows root or ear
- 15 Perjurer
- 16 1965 Oscar winner
- 19 Place
- 20 Mr. Clinton, e.g.
- 21 Mutineers
- 22 Pastries
- 23 Lions' houses
- 24 Scottish children
- 27 Rock group
- 28 Barkeep Malone
- 31 _____ Lauder
- 32 Mr. Baldwin
- 33 Top & bottom joiner
- 34 1984 Oscar nominee
- 37 Religions: Abr.
- 38 Obit words
- 39 Bird's claw
- 40 Arid
- 41 Landers and Richards
- 42 Hug
- 43 Horse's gait
- 44 North or south follower
- 45 Beat an incumbent
- 48 Garment of India
- 49 Bill Cosby's nickname
- 52 1987 Oscar nominee
- 55 Above
- 56 Warble
- 57 Italian volcano
- 58 Theological schis.
- 59 Ireland
- 60 Jump

DOWN

- 1 Informers: Slang
- 2 Tennis world's Arthur
- 3 Get together
- 4 Dads
- 5 Walking sticks
- 6 Conjunctions
- 7 _____ Paulo
- 8 Outdoors
- 9 Card suit
- 10 French river
- 11 Post Office forte
- 12 Curves
- 14 Remedies
- 17 Thinks
- 18 Word before room
- 22 Iron
- 23 Watches the calories
- 24 Facial hair
- 25 Ancient money
- 26 Florence's country
- 27 Swiss painter Paul & family
- 28 Sneak up to
- 29 Spanish goodbye
- 30 Medians
- 32 Representative
- 33 Trap
- 35 Note
- 36 Font type



AROUND THE AREA

**WEDNESDAY
MARCH 22**
ALBANY COUNTY
CLOWNTROUPE

The Stations of the Cross in the Company of Clowns to present at Our Lady of Perpetual Help Chapel, 315 South Manning Blvd., Albany, 7 p.m. Information, 454-1232.

"EATING PROBLEMS OR EATING DISORDERS?"

talk by Andrew Molteni, Woman's HealthCare Plus, 2093 Western Ave., Guilderland, 7:30 to 9 p.m. Information, 452-3455.

"WOMEN IN THE POLITICAL ARENA"

talk by Betty Barnette, treasurer of the City of Albany, at meeting of the American Association of University Women and the University Club of Albany, 141 Washington Ave., Albany, noon to 1:30 p.m. Cost, \$12.50. Information, 463-1151.

INFANT AND CHILDSAVER COURSE

offered by the Albany Area Chapter of the American Red Cross, Hackett Boulevard, Albany, 5:30 to 9:30 p.m. Cost, \$30. Information, 433-0151.

WINTER FARMERS' MARKET

Grand Concourse, Empire State Plaza, Albany, 11 a.m. Information.

RENSSELAER COUNTY

CHORUS REHEARSAL sponsored by Capitaland Chorus, Trinity Episcopal Church, 11th Street and 4th Avenue, North Troy, 7:30 p.m. Information, 237-4384.

SCHENECTADY COUNTY

SQUARE DANCE Single Squares of Albany, Ponderosa Hall, Airport Road, Scotia, 7:30 p.m. Information, 664-6767.

RIVER VALLEY CHORUS MEETING

Glen Worden School, 34 Worden Road, Scotia, 7:30 p.m. Information, 355-4264.

**THURSDAY
MARCH 23**
ALBANY COUNTY
DEFENSIVE DRIVING COURSE

continued March 30, Safety and Health Council, 845 Central Ave., Albany, 6:30 to 9:30 p.m. Cost, \$40. Information, 438-2365.

EVOLUTION TALK

Dr. Dean Falk, professor of anthropology, "The Trouble with Lucy: Recent Findings in Human Evolution," State University of New York at Albany Library room B15, Washington Avenue, Albany, noon to 2 p.m. Information, 442-3542.

THE QUEST

a contemporary, systematic study of spiritual principles, Unity Church, 725 Madison Ave., Albany, 7 to 9 p.m. Information, 475-9715.

SENIOR CHORALE

Albany Jewish Community Center, 340 Whitehall Road, Albany, 1 p.m. Information, 438-6651.

RENSSELAER COUNTY DINNER LECTURE

Dr. Sarah W. Wheeler to speak on orator Frances Willard, French House Dining Room, Sage Troy Campus, Troy, 5 to 7:30 p.m. Information, 270-4540.

EIGHTIES ALUMNI REUNION

reunion of College of Saint Rose classes of 1980-89, Brown and Moran Brewery-Restaurant, Troy, 6 to 10 p.m. Cost, \$8. Information, 454-5105.

SARATOGA COUNTY "SUCCESS TEAMS"

self-help group based on Barbara Sher's books "Team Works" and "Wish Craft," The American Coalition for Community, 7 Mazie's Lane, Clifton Park, 7 to 8:30 p.m. Information, 371-4982.

EATING DISORDERS SUPPORT GROUP

Four Winds Hospital, Algonquin Activities Building, Crescent Ave., Saratoga 7:30 to 9 p.m. Information, 465-9550.

**FRIDAY
MARCH 24**
ALBANY COUNTY
"RETIREMENT: IT'S JUST THE BEGINNING"

an employment and volunteer opportunities for seniors, presented by Second Careers, Senior Services of Albany, 25 Delaware Ave., Albany, 10 a.m. to 2 p.m. Information, 465-3322.

CENTRAL AMERICAN WEEK COMMEMORATION

St. Patrick's Church, 279 Central Ave., North Lake Avenue, Albany, 7:30 p.m. Information, 453-6695.

CO-DEPENDENCY/THE ACOA SYNDROME

workshop focusing on adult children of dysfunctional families, Pastoral Center, 40 North Main Ave., Albany, 9:30 a.m. to 4:30 p.m. Cost, \$35. Information, 489-4431.

REGISTRATION DEADLINE

for various swimming programs that begin in April, Albany Academy, 135 Academy Road, Albany, Information, 465-1461.

SHABBAT EVENING SERVICE

B'Nai Shalom Reform Congregation, 420 Whitehall Road, Albany, 8 p.m. Information, 482-5283.

MOTHERS' DROP IN

sponsored by the Capital District Mothers' Center, First Congregational Church, Quail Street, Albany, 9:30 a.m. to noon. Information, 475-1897.

SENIORS LUNCHEAS

Albany Jewish Community Center, 340 Whitehall Road, Albany, 12:30 p.m. Information, 438-6651.

RENSSELAER COUNTY
NORTHEAST GREAT OUTDOORS EXPO

through March 26, with hunting, fishing, calling and outdoor equipment exhibits, Hudson Valley Community College, Vandenberg Avenue, Troy, 4 to 9 p.m. March 24, 10 a.m. to 8 p.m. March 25, 10 a.m. to 6 p.m. March 26, Cost, \$6 for adults, \$5 for seniors, \$4 for children 4 to 12. Information, 383-6183.

**SATURDAY
MARCH 25**
ALBANY COUNTY
HISTORICAL TALK

World War II veteran Dick Hathaway to discuss D-Day, First Lutheran Church, 181 Western Ave., Albany, 7:30 p.m. Information, 463-1326.

PSYCHOLOGY TALK

by author Dr. James G. Friesen, on Multiple Personality Disorder, Ramada Inn, Western Avenue, Albany, 8:30 a.m. to 4:30 p.m. Information, 452-7800.

HAM DINNER

Masonic Temple 754, 138 Maple Ave., Altamont, 4:30 to 7 p.m. Cost, \$7.50 for adults, \$3.50 for children under 8. Information, 456-5761.

HOMEOPATHY INTRODUCTION

seminar led by Dr. Larry Malerba, "Homeopathy, An Introduction and Inquiry," Rensselaerville Institute, off of Route 85, Rensselaerville, 10 a.m. to 4 p.m. Cost, \$25. Information, 797-3783.

DEFENSIVE DRIVING COURSE

Safety and Health Council, 845 Central Ave., Albany, 9 a.m. to 3:45 p.m. Cost, \$40. Information, 438-2365.

CSR ATHLETIC HALL OF FAME INDUCTION

College of Saint Rose Campus Activities Center, 420 Western Ave., Albany, 10:30 a.m. to noon. Information, 454-5158.

SHABBAT MORNING SERVICE

Bar Mitzvah of Aaron Stoller, B'Nai Shalom Reform Congregation, 420 Whitehall Road, Albany, 11 a.m. Information, 482-5283.

"LADIES AFTERNOON TEA AND FASHION SHOW"

sponsored by the Junior League of Albany and Stuyvesant Plaza, The Albany Academy for Girls, Academy Road, Albany, 2 to 5 p.m. Cost, \$20 for adults, \$10 for children 6 to 12. Information, 463-3734.

RENSSELAER COUNTY
CRAFT FAIR

Columbia High School, Luther Road, East Greenbush, 10 a.m. to 4 p.m. Information, 477-8711.

DEFENSIVE DRIVING COURSE

Greenbush Reformed Church Christian Education Building, Hays Road and Route 9, East Greenbush, 8:45 a.m. to 3:15 p.m. Information, 479-0911.

SARATOGA COUNTY
WOODWORKERS' EXPO '95

fourth annual exhibition of the Northeastern Woodworkers Association, and March 26, Saratoga Springs City Center, 522 Broadway, Saratoga Springs, 10 a.m. to 9 p.m. March 25, 10 a.m. to 5 p.m. March 26, Cost, \$3 for adults, \$2 for students and seniors. Information, 371-9145.

**SUNDAY
MARCH 26**
ALBANY COUNTY
SCOTTISH DANCING

Unitarian Church, Washington Ave., Albany, 7 to 10 p.m. Information, 377-8792.

PASSOVER SEDER

for developmentally disabled Jewish adults, sponsored by The Aviva Chapter of B'Nai B'Rith Women, Congregation Ohav Shalom, New Krumkill Road, Albany, Information, 439-0991.

DANCE PROGRAM

"Polka Guys and Dolls," for children 3 and older, Cohoes Polish National Alliance, Cohoes, 6 to 7:30 p.m. Information, 237-8595.

**MONDAY
MARCH 27**
ALBANY COUNTY
SENIORS LUNCHEAS

Albany Jewish Community Center, 340 Whitehall Road, Albany, 4:45 p.m. Information, 438-6651.

RENSSELAER COUNTY
RAPE CRISIS PROGRAM

support group for parents of victims, 2215 Burdett Ave., Troy, Information, 271-3445.

SCHENECTADY COUNTY
SCOTTISH DANCING

Salvation Army, Smith Street, Schenectady, 8 to 10 p.m. Information, 783-6477.

**TUESDAY
MARCH 28**
ALBANY COUNTY
LEADERSHIP RECEPTION

to benefit the Michael Patrick Gonzalez Fund, with speeches from state Senate Majority Leader Joseph Bruno and Assembly Speaker Sheldon Silver, Center for the Disabled, 314 South Manning Blvd., Albany, 6 p.m. Cost, \$100. Information, 437-5608.

EARTHQUAKE TALK

seismologist Walter Mitronovas to speak on "Earthquake Hazard: New York State vs. California," Lecture Center Seven of the University at Albany's uptown campus, 1400 Washington Ave., Albany, 8 p.m. Information, 442-3093.

CIVIL AIR PATROL

Albany Senior Squadron, Albany Airport, 7 p.m. Information, 869-4406.

OPEN HOUSE

of the English Language Study Center, College of Saint Rose Saint Joseph Hall conference room 303, 985 Madison Ave., Albany, 2 to 4:30 p.m. Information, 454-2033.

SPORTS FIELD WORKSHOP

presented by Grounds Maintenance Services, Howard Johnson Hotel Town Room, 1614 Central Ave., Albany, Information, 351-9381.

TRUE FRIENDS

female incest survivors support group, Pineview Community Church, 251 Washington Ave., Extension, Albany, 7 to 8:30 p.m. Information, 452-7800.

BINGO

Albany Jewish Community Center, 340 Whitehall Road, Albany, 7:30 p.m. Information, 438-6651.

SENIORS LUNCHEAS

Albany Jewish Community Center, 340 Whitehall Road, Albany, 12:30 p.m. Information, 438-6651.

CAPITAL TOASTMASTERS CLUB

for people who wish to develop speaking skills, Anthony's Park Plaza Restaurant, 27 Elk St., Albany, 5:45 p.m. Information, 489-0936.

RECOVERY, INC.

self-help group for former mental and nervous patients, Unitarian Church, of Albany, 405 Washington Ave., Albany, 7:30 p.m. Information, 346-8595.

SCHENECTADY COUNTY COMMUNITY HEALTH PROGRAM

"Planning for Pregnancy: Care Before Conception," Bellevue Hospital, 2210 Troy Road, Niskayuna, 7 p.m. Information, 346-9410.

RECOVERY, INC.

self-help group for former mental and nervous patients, Unitarian House, 1248 Wendall Ave., Schenectady, 7:30 p.m. Information, 346-8595.

SECULAR SOBRIETY GROUP

group for recovering alcoholics, Temple Gates of Heaven, corner of Ashmore Avenue and Eastern Parkway, Schenectady, 7:30 p.m. Information, 346-5569.

COLUMBIA COUNTY
EATING DISORDERS SUPPORT GROUP

Christ Episcopal Church, Union Street, Hudson, 7:30 to 9:30 p.m. Information, 465-9550.

Spotlight on Dining



For the best
in area
dining,
try these
wonderful
restaurants

Sam's
Italian & American
Restaurant

**Lunch Specials:
THURSDAY:**

LINGUINI PESTO (Creamy)	\$6.00
RAVIOLI	\$5.75
VEAL & PEPPER SANDWICH (Open)	\$4.50

• VEAL • STEAKS • SEAFOOD • ITALIAN SPECIALTIES

463-3433

LUNCH Tues.-Fri. 11:30-1:30
DINNER Tues.-Sat. 4:30-10:30
CLOSED Sun. & Mon.
125 Southern Blvd., Albany

HAGGERTY'S
RESTAURANT & PUB

"THE REEL PLACE TO BE"

Sandwiches • Burgers • Gourmet Pizza
Vegetarian Dishes • Fresh Seafood • Steaks
Italian & Mexican Entrees • Healthy Salads •
Happy Hour M-F 4-7pm, Sunday Brunch (12-3)
155 DELAWARE AVENUE, DELMAR • 439-2023

元寶屋
DUMPLING HOUSE
Chinese Restaurant

Specializing in Dumplings, Lunches, Dinners,
Cocktails, Mandarin, Szechuan, Hunan & Cantonese.
Eat in or Take Out. Open 7 days a week.
458-7044 or 458-8366
120 Everett Road, Albany • (Near Shaker Road)

Angela's Pizza & Pasta
Rt. 9W • Glenmont (Next to K-Mart)

Open 7 days a week 11-10 • **NEW FREE DELIVERY**
Delivery area includes Delmar, Selkirk, Slingerlands,
Feura Bush and South Bethlehem

427-7122

THINK SPRING

With this coupon

LARGE PIZZA
W/ ONE TOPPING ONLY
\$7.95 + TAX

Expires 3/29/95
Please mention coupon when ordering. Not valid with other offers.

The Spotlight CALENDAR

WEDNESDAY
MARCH 22
BETHLEHEM
TOWN BOARD

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BC SCHOOL BOARD

budget work session, auditorium of Bethlehem Central Middle School, 332 Kenwood Ave., 7 p.m. Information, 439-7098.

ZONING BOARD OF APPEALS

public hearing on variance application of Friendly's Ice Cream, town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

CAAP

Capital Area for Alternatives to Pesticides, Bethlehem Public Library, 451 Delaware Ave., 7 p.m. Information, 426-8246.

DELMAR PROGRESS CLUB

creative arts group, Bethlehem Public Library, 451 Delaware Ave., 9:30 a.m. Information, 439-3916.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-4205.

BOY SCOUT TROOP 58

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m. Information, 439-4205.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

WELCOMEWAGON

newcomers, engaged women and new mothers, call for a Welcome Wagon visit, Monday to Saturday, 8:30 a.m. to 6 p.m. Information, 785-9640.

TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

SOLID ROCK CHURCH

1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

JOYFUL JOEYS

Christian clown troupe to perform at Community Reformed Church, 1 Chapel Lane, Glenmont, 7 p.m. Information, 436-7710.

NEW SCOTLAND
NEW SCOTLAND SENIOR CITIZENS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

STORY HOUR

Voorheesville Public Library, 51 School Road, Voorheesville, 4 p.m.

AA MEETING

First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

AL-ANON MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 477-4476.

FAITH TEMPLE

bible study, New Salem, 7:30 p.m. Information, 765-2870.

MOUNTAINVIEW EVANGELICAL FREE CHURCH

evening service, Bible study and prayer, Route 155, 7:30 p.m. Information, 765-3390.

THURSDAY
MARCH 23
BETHLEHEM
"LUNCH BYTES"

lecture on computers by CRIS- NY's Norman Kurland, Bethlehem Public Library, 451 Delaware Ave., 12:15 to 12:45 p.m. Information, 439-9314.

RECOVERY, INC.

self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

BETHLEHEM SENIOR CITIZENS

town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

BETHLEHEM LUTHERAN CHURCH

Bible study, 10 a.m., children's choir, 6:30 p.m., senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

BETHLEHEM COMMUNITY CHURCH

women's Bible study, 9:30 to 11:15 a.m. or 7:30 to 9:15 p.m., child care available for morning session, 201 Elm Ave. Information, 439-3135.

CLASS IN JEWISH MYSTICISM

Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

NEW SCOTLAND
POETRY READINGS

Every Other Thursday Night Poets, Voorheesville Public Library, 51 School Road, 7 p.m. Information, 765-2791.

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

FRIDAY
MARCH 24
BETHLEHEM
AA MEETING

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

CHABAD CENTER

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

NEW SCOTLAND
YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

STORY HOUR

Voorheesville Public Library, 51 School Road, Voorheesville, 1:30 p.m. Information, 765-2791.

SATURDAY
MARCH 25
BETHLEHEM
BETHLEHEM POP WARNER REGISTRATION

Bethlehem Town Hall, 445 Delaware Ave., 9 a.m. to 1 p.m. Information, 455-7655.

BETHLEHEM ARCHAEOLOGY GROUP

excavation and laboratory experience for volunteers, archaeology lab, Route 32 South, Information, 439-6391.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

NEW SCOTLAND
LAS VEGAS NIGHT

sponsored by the Voorheesville Volunteer Fire Department, Altamont Road, 8 p.m. to 1 a.m. Information, 765-4048.

LIFESTORIES MEMORY WRITING

Voorheesville Public Library, 51 School Road, 10 a.m. Information, 765-2791.

SUNDAY
MARCH 26
BETHLEHEM
UNITY OF FAITH CHRISTIAN FELLOWSHIP CHURCH

Sunday school and worship service, 10 a.m., 436 Krumkill Road. Information, 438-7740.

FABRIC of LIFE
2nd Annual Weaving Show & Sale

Saturday, March 25 -

Thursday, April 6

10:00 a.m.-4:00 p.m.

&

Fleece to Shawl Demonstration

Saturday, April 1

10:00 a.m.-4:00 p.m.

Held at

1848 Shaker Meeting House

(On the grounds of the Ann Lee Home

opposite Heritage Park)

Albany Shaker Road,

Albany, NY 12211

456-7890

Sponsored by

Hudson-Mohawk Weaver's Guild

Rock Day Spinners

Shaker Heritage Society

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday school and worship service, 10 a.m., child care provided, 555 Delaware Ave. Information, 439-2512.

BETHLEHEM COMMUNITY CHURCH

worship service, 9:30 a.m., Sunday school, 10:50 a.m., nursery provided, 201 Elm Ave. Information, 439-3135.

NORMANSVILLE COMMUNITY CHURCH

Sunday school, 9:45 a.m., worship service, 11 a.m., 10 Rockefeller Road. Information, 439-7864.

ST. STEPHEN'S EPISCOPAL CHURCH

Eucharist, breakfast, coffee hour, 8 and 10:30 a.m., nursery care provided, Poplar Drive and Elsmere Avenue. Information, 439-3265.

SELKIRK CONGREGATION OF JEHOVAH'S WITNESSES

Bible lecture, 9:30 a.m., Watchtower Bible study, 10:25 a.m., 359 Elm Ave. Information, 767-9059.

SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH

worship service and church school, 10 a.m., fellowship hour, nursery care provided, 1499 New Scotland Road. Information, 439-1766.

SOUTH BETHLEHEM UNITED METHODIST CHURCH

Sunday school, 9:30 a.m., worship service, 11 a.m., followed by coffee hour, Willowbrook Avenue. Information, 767-9953.

DELMAR PRESBYTERIAN CHURCH

worship service, church school, nursery care, 10 a.m., fellowship and coffee, 11 a.m., adult education, 11:15 a.m., family communion service, first Sunday, 585 Delaware Ave. Information, 439-9252.

DELMAR FULL GOSPEL CHURCH

Sunday services, 8:30 and 10:30 a.m., 292 Elsmere Ave. Information, 439-4407.

DELMAR REFORMED CHURCH

Sunday school and worship service, 9 and 11 a.m., nursery care provided, 386 Delaware Ave. Information, 439-9929.

FIRST REFORMED CHURCH OF BETHLEHEM

church school, 9:30 a.m., worship service, 11 a.m., youth group, 6 p.m., Route 9W, Selkirk. Information, 767-2243.

GLENMONT COMMUNITY CHURCH

worship service and Sunday school, 10:30 a.m., nursery care provided, 1 Chapel Lane. Information, 436-7710.

CHURCH OF ST. THOMAS THE APOSTLE

Masses — Saturday at 5 p.m. and Sunday at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Information, 439-4951.

ST. MICHAEL'S CHURCH

Latin Mass, 10 a.m., Route 9W, Glenmont.

SOLID ROCK CHURCH

worship service, 11 a.m., 1 Kenwood Ave. Information, 439-4314.

FIRST UNITED METHODIST CHURCH

church school, 9:45 a.m., worship service, 9:30 a.m., 428 Kenwood Ave. Information, 439-9976.

BETHLEHEM LUTHERAN CHURCH

worship services, 8 and 10:30 a.m., Sunday School and Bible classes, 9:15 a.m., nursery care, coffee/fellowship, 85 Elm Ave. Information, 439-4328.

MOUNT MORIAH MINISTRIES

Sunday school, 9:45 a.m., morning worship, 11 a.m., youth group, 6 p.m., evening service, 7 p.m., Route 9W, Glenmont. Information, 426-4510.

NEW SCOTLAND
BETHEL BAPTIST CHURCH

Sunday school, 9:15 a.m., worship service, 10:15 a.m., Auberge Suisse Restaurant, Route 85. Information, 475-9086.

FAITH TEMPLE

Sunday school, 10 a.m., worship service, 7 p.m., New Salem. Information, 765-2870.

ST. MATTHEW'S ROMAN CATHOLIC CHURCH

Masses — Saturday at 5 p.m. and Sunday at 8:30, 10 and 11:30 a.m., Mountainview Street, Voorheesville. Information, 765-2805.

JERUSALEM REFORMED CHURCH

worship service, 9:30 a.m., followed by coffee hour, Route 32, Feura Bush. Information, 439-0548.

NEW SALEM REFORMED CHURCH

worship service, 10 a.m., nursery care provided, Route 85. Information, 765-2354.

ONESQUETHAW REFORMED CHURCH

worship service, 9:30 a.m., Sunday school, 10:45 a.m., Tarrytown Road, Feura Bush. Information, 768-2133.

UNIONVILLE REFORMED CHURCH

Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by fellowship, Delaware Turnpike. Information, 439-5001.

PRESBYTERIAN CHURCH IN NEW SCOTLAND

worship service, 10 a.m., church school, 11:15 a.m., nursery care provided, Route 85. Information, 439-6454.

UNITED PENTECOSTAL CHURCH

Sunday school and worship service, 10 a.m., choir rehearsal, 5 p.m., evening service, 6:45 p.m., Route 85, New Salem. Information, 765-4410.

FIRST UNITED METHODIST CHURCH OF VORHEESVILLE

worship services, 8:30 and 10 a.m., church school and nursery care, 10 a.m., children's choir, 11:15 a.m., youth group, 4 p.m., 68 Maple Ave. Information, 765-2895.

MOUNTAINVIEW EVANGELICAL FREE CHURCH

Bible hour, 9:15 a.m., worship service, 10:30 a.m., evening service, 6:30 p.m., nursery care provided, Route 155. Information, 765-3390.

CLARKSVILLE COMMUNITY CHURCH

Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by coffee hour, nursery care provided. Information, 768-2916.

MONDAY
MARCH 27
BETHLEHEM
INDOOR PISTOL SHOOTING

Albany County Pistol Club, Winne Place, 7 to 9 p.m. Information, 439-0057.

MOTHERS' TIME OUT

Christian support group for mothers of preschool children, Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 10 to 11:30 a.m. Information, 439-9929.

DELMAR KIWANIS

Days Inn, Route 9W, 6:15 p.m. Information, 439-5560.

DELMAR COMMUNITY ORCHESTRA

rehearsal, town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4628.

BETHLEHEM ARCHAEOLOGY GROUP

excavation and laboratory experience for volunteers, archaeology lab, Route 32 South, Information, 439-6391.

PARENTING FORUM

Sister Anne Bryan Smollin to speak on "How to Keep Laughing and Still Be a Parent," large group room of Ravens-Coeymans-Selkirk Middle School, Route 9W, Ravena, 7:45 p.m. Information, 767-2308.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

AL-ANON GROUP

support for relatives of alcoholics, Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 439-4581.

NEW SCOTLAND
QUARTET REHEARSAL

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

STORY HOUR

Voorheesville Public Library, 51 School Road, 10:30 a.m. Information, 765-2791.

TUESDAY
MARCH 28
BETHLEHEM
"NURTURING LANGUAGE DEVELOPMENT"

program for early childhood education and kindergarten teachers, Bethlehem Public Library, 451 Delaware Ave., 7 p.m. Information, 439-9314.

LENTEN BIBLE STUDY

with Rev. George Klock of Voorheesville United Methodist Church, St. Stephen's Episcopal Church, Elsmere Avenue, 10 to 11 a.m.

INDOOR PISTOL SHOOTING

Albany County Pistol Club, Winne Place, 7 to 9 p.m. Information, 439-0057.

TREASURE COVE THRIFT SHOP

First United Methodist Church, 428 Kenwood Ave., 11 a.m. to 6 p.m.

BINGO

at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 9:30 a.m. to noon. Information, 439-0503.

DELMAR ROTARY

Days Inn, Route 9W. Information, 482-8824.

BETHLEHEM AARP

chapter meeting, Bethlehem Town Hall, 445 Delaware Ave., Delmar, 1 p.m.

NEW SCOTLAND
NIMBLEFINGERS/QUILTERS

Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

To place your Help Wanted classified or display ad, call 439-4940

EMPLOYMENT OPPORTUNITIES

HELP WANTED

CLEANERS: Part-time, evenings, 5-8 openings, Glenmont, own car and references required, call 449-5454.

COUNTER ASSOCIATE, part-time, flexible hours, postal communication and shipping retail outlet, no experience necessary. Call 439-0211, 9 a.m. - 6 p.m. weekdays and 9 a.m. - 3 p.m. Saturdays.

CRUISE SHIP JOBS. Earn \$300/\$900 weekly. Year round positions hiring men and women, free room/board. Will train. Call (504)641-7778 ext. 7264C03. Directory refundable fee.

PART-TIME HELP needed, nights and weekends. Please apply in person, 417 Kenwood Ave., Delmar. Peter Harris Clothes.

SUBSTITUTE BUS DRIVER, call Carol LaPointe, Voorheesville Bus Garage, 765-2381.

WAITPERSON: ALA CARTE lunches, Tuesday, Thursday, Friday, experience necessary. Apply in person, Crossgates Banquet House, Washington Ave. Ext., Tuesday-Friday, 9-5.

HOUSE OF LLYOD now hiring demonstrators. Ambitious self-starters needed to demonstrate toys, gifts, Christmas and gardening merchandise. Work own hours, free kit. No delivery or collecting. Also booking parties. Call Jean, 271-8260.

KITCHEN HELP, 2 positions. Experienced chef and baker needed in country kitchen. Must be creative and hard working. Call Laurie Ten Eyck at Indian Ladder Farms, Wednesday through Sunday to apply, 765-2956.

LOCAL FINANCIAL services firm seeks responsible person for full-time position in customer service and branch office administration. Candidate must be a self-starter, well organized and accurate with details. Must also have accurate oral and written communication skills. To apply, please send resume to Edward D. Jones & Co., Box 310, Delmar, New York 12054.

MEDICAL SECRETARY/receptionist, 2 days, 439-7931, diverse duties.

DELIVERY PERSON, 8-10 hours per week, hours flexible, call Michael, Capital Upholstery, 765-2169.

CUSTODIAN WANTED, full-time, minimum \$8.12/hour, excellent benefits. ASAP. Call 765-3313. Deadline March 31, 1995. Contact Anthony P. Marturano, Ed.D., Assistant to the Supt. for Business, PO Box 498, Voorheesville, New York 12186.

EXCELLENT OPPORTUNITY. National long distance company needs 40 account representatives, 6 figure income potential, free training and support, full/part-time, call 373-9671.

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FRIENDLY TOYS AND GIFTS has openings for demonstrators in your area. Part-time hours/full-time pay, over 800 items celebrating our 40th anniversary. Call 1-800-488-4875.

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Museum displays art collection

The 30th anniversary of the first art gallery to be established within the state university system will be celebrated with the exhibit "New Paltz: The College Collections."

The display will be open to the public at the New York State Museum through Aug. 20.

Approximately 200 works from the collection at The College Art Gallery at the State University of New York at New Paltz will be on display.

Featured works include Egyptian, Roman, pre-Columbian, African, Asian, Oceanic, European and North American art. Among the works on display are pieces by artists of the original Woodstock Art Colony, Jose Francisco de Goya, Kathe Kollwitz, Henri Matisse, Georges Rouault, Childe Hassam and Abraham Walkowitz.

Irish American artists show work

The Irish American Heritage Museum will sponsor a juried art exhibition, "Contemporary Irish American Artists," at its exhibit site in East Durham from May 25 through July 23.

The purpose of the exhibit is to highlight the work of Irish American artists living within 200 miles of East Durham. Painter Edmund Sullivan will serve as the juror.

For information, call the museum at 432-6598.

ACT to showcase local works

Albany Civic Theater's Education Committee is accepting original one-act and full-length plays for consideration in its September 1995 Playwrights' Showcase.

Scripts selected will be given staged readings the first weekend after Labor Day at the Albany Civic Theater. Readings will be directed by veteran directors supplied by ACT.

Submissions should be mailed to ACT, P.O. Box 6172, Albany 12206, no later than June 16. For information, call 455-4775.

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RESPONSIBLE COLLEGE grad seeks part-time babysitting hours, your home, extensive experience, references, call 463-1248, evenings.

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Beautifully remodeled French Cape on corner lot, dead end street, hardwood floors, 3-4 bedrooms, den, living room w/fireplace, formal dining room, newer kitchen and new custom tile bathroom. Includes 2 car garage on professionally landscaped 1/2 acre+ lot with brick patio. Quiet friendly neighborhood near So. Bethlehem Park. This house is in A-1 move-in condition with low taxes \$127,500. 464 Bridge St., So. Bethlehem. Call 767-9518. No Realtors please.

Delmar by Owner

Older family home. 4-5 bedrooms. 2 1/2 bathrooms. Living room w/brick fireplace, stained glass, beamed ceiling. Formal dining room, eat-in kitchen w/pantry. Hardwood floors. Back porch leading to deck overlooking private 1/2 acre yard. Herb garden, kitchen garden, perennials. Full basement (part finished). 2 car detached garage. \$169,900. Additional corner lot 60' x 200' also available, \$45,000. Call 439-4480

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DELMAR: 2 BEDROOM, 1 1/2 bath duplex with garage, \$650/month, Pagano Weber, Inc., 439-9921.

DELMAR: 4 bedroom house, Bethlehem Schools, available 4/1, \$850/month+ utilities. Pagano Weber, Inc., 439-9921.

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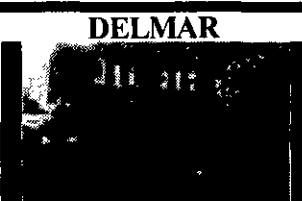
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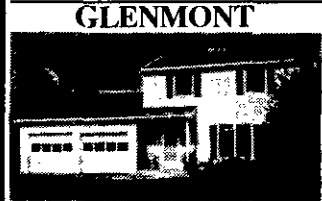
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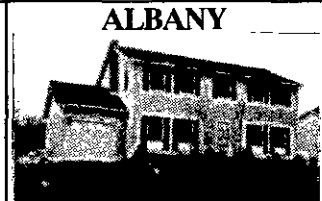
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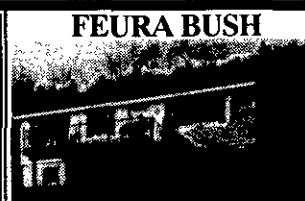
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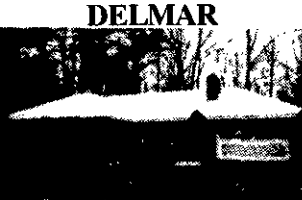
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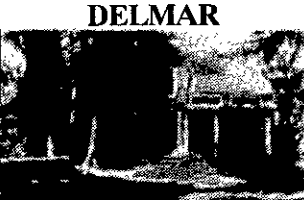
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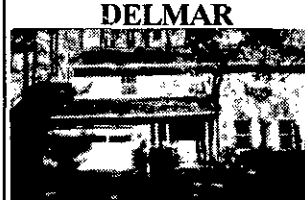
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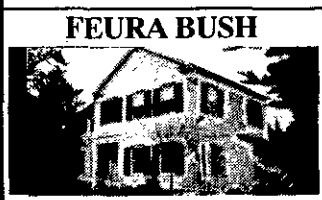
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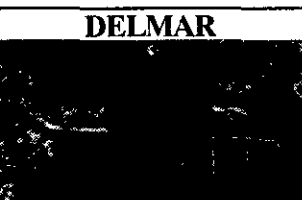
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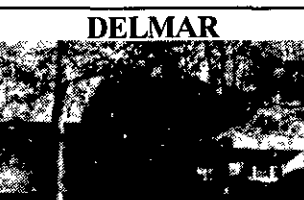
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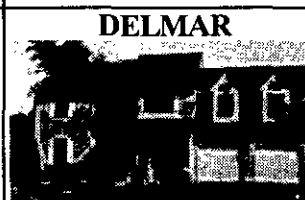
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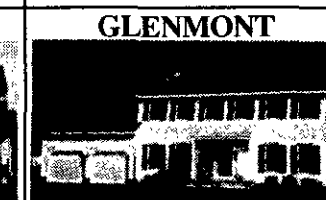
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LEGAL NOTICE

NOTICE OF ANNUAL ELECTION THE BETHLEHEM CENTRAL SCHOOL DISTRICT OF THE TOWNS OF BETHLEHEM AND NEW SCOTLAND COUNTY OF ALBANY, NEW YORK

NOTICE IS HEREBY GIVEN that the annual election of the inhabitants of the above named school district will be held in the upper gymnasium of the Bethlehem Central Middle School, 332 Kenwood Avenue, Delmar, New York, on Wednesday, May 3, 1995, between the hours of 7:00 a.m. and 9:00 p.m. EDT.

The Board of Education will present for consideration the school district budget for the period of July 1, 1995 to June 30, 1996. Copies of said budget may be previewed by any inhabitant of the district during the preceding (14) days immediately preceding the annual election, except Saturdays and Sundays, between the hours of 8:30 a.m. and 4:30 p.m., EDT at the Educational Services Center, 90 Adams Place, Delmar, New York, and the office of the elementary schools, the Middle School, and the High School of the district.

The Trustees of the Bethlehem Public Library will present for consideration the public library budget for the period July 1, 1995 to June 30, 1996. Copies of the budget may be obtained at the reference desk of the library.

PLEASE TAKE FURTHER NOTICE that a public hearing to discuss the proposed school district budget will be held on the 12th day of April, 1995 at the Educational Services Center located at 90 Adams Place, Delmar, New York at 8 p.m., EDT.

Petitions nominating candidates for the Board of Education for full term of three (3) years commencing July 1, 1995 to fill the vacancies caused by the expiration of the terms of Dennis Stevens

COMMERCIAL BUILDING, Voorheesville, for lease, central village location, 2,900 sq. ft., high ceiling, parking, A/C, gas heat, call 765-3144.

OFFICE/RETAIL, 2,200+ sq. ft. in central Delmar, excellent condition, Pagano Weber, Inc., 439-9921.

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WITCH'S BROOM. Handcrafted gifts and collectibles. Open Tuesday - Saturday, 10 a.m. - 6 p.m., 427 Kenwood Ave., Delmar. Crafters call 478-0947.

LEGAL NOTICE

and Bernard Harvith (presently filling the expired term is Stuart Lyman) and petitions nominating candidates for the offices of Trustee of the Bethlehem Public Library for a full term of five (5) years for the seat presently held by Joyce Strand and for two vacancies of three (3) and five (5) years, each commencing July 1, 1995, to fill the vacancies in two new seats on said Library Board of Trustees created with the approval of the New York State Board of Regents by action of said library Board of Trustees effective February 13, 1995 to which were temporarily appointed William F. Howard and John P. Hathaway, respectively, to serve until July 1, 1995 at which time those persons duly elected at said annual election will assume the duties of such offices for the designated term. (Provided However, that the seat for an expiration of three (3) years will, upon expiration of said term, thereafter be a seat for a period of five (5) years) must be filed with the Clerk of the School District, 90 Adams Place, Delmar, New York not later than 4:30 p.m., EDT, April 3, 1995.

TAKE FURTHER NOTICE THAT votes will be taken upon the following:

1. Upon the appropriation of the necessary funds to meet the estimated expenditures of said Bethlehem Central School District and authorizing the levy of taxes therefor;

2. For the election of the members of the Board of Education of said Bethlehem Central School District, two (2) for a full term of three (3) years, all commencing July 1, 1995, to fill vacancies caused by the expiration of the terms of Dennis Stevens and Bernard Harvith (presently filling the unexpired term is Stuart Lyman);

3. Upon the appropriation of the necessary funds to meet the estimated expenditures of said Bethlehem Public Library and au-

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LEGAL NOTICE

thorizing the levy of taxes therefor;

4. For the election of three trustees to the Board of Trustees of said Bethlehem Public Library, for two full terms of five years commencing July 1, 1995, to fill the vacancy caused by the expiration of the term of Joyce Stevens and the temporary term of John R. Hathaway as well as one full term of three years caused by the expiration of the temporary term of William F. Howard;

5. Upon the appropriation of \$311,300 to purchase five (5) buses for the Bethlehem Central School District and authorizing the levy of taxes therefor; and

6. Upon the appropriation of \$850,000 for the purchase of computer technology equipment for the Bethlehem Central School District and authorizing the levy of taxes therefor.

NOTICE IS ALSO GIVEN that applications for absentee ballots for voting on these propositions may be applied for at the office of the School District Clerk, 90 Adams Place, Delmar, NY 12054. A list of all persons to whom absentee ballots shall have been issued will be available in the office of the School District Clerk, between the hours of 8:00 a.m. and 4:00 p.m. on each of the five days prior to the annual election on May 3, 1995, except Saturdays and Sundays, and such list will also be posted at the polling place on May 3, 1995.

Franz Zwickbauer
School District Clerk
Dated: March 8, 1995
(March 22, 1995)

LEGAL NOTICE NORTH COUNTRY GROCERY LLC

1. The name of the limited liability company is NORTH COUNTRY GROCERY LLC.

2. The Articles of Organization of the limited liability company were filed with the Office of the Secretary of State on February 15, 1995.

MIXED HARDWOODS, cut, split and delivered. Face cord, \$50. Full cord, \$100. Jim Haslam, 439-9702.

THINK SPRING: Remember firewood for next winter. Buy it early and let it season itself, \$115 full cord. Standing timber wanted. Fully insured, references available. Simpson Logging and Firewood, 284-2053.

FOUND

CALICO CAT, about 1 year, declawed, sweet disposition, vicinity of Elsmere Ave., 439-1785.

LEGAL NOTICE

3. The limited liability company is to be located in Albany County.

4. The Secretary of State is designated as the agent of the limited liability company upon whom process against it may be served and the post office address to which the Secretary of State shall mail any copy of process against it c/o HMC Associates, Delaware Plaza, Suite 200, Delmar, New York 12054.

5. The latest date upon which the limited liability company shall dissolve is February 9, 2025.

6. The purpose of the limited liability company is to engage in any business activity permitted by law.

Dated: February 28, 1995

Cooper, Erling, Savage,
Nolan & Heller
Attorneys for North Country Grocery LLC
39 North Pearl Street
Albany, New York 12207
(518) 449-3100
(March 22, 1995)

CERTIFICATE OF REGISTRATION OF NORTHEAST ORTHOPEDICS, L.L.P.

Under Section 121-1500 (a) of the Partnership Law

FIRST: The name of the registered limited liability partnership is Northeast Orthopedics, L.L.P.

SECOND: The address of the principal office of the partnership without limited partners is 721 Madison Avenue, Albany, New York 12208

THIRD: The profession to be practiced by such partnership is orthopedic surgery and such partnership without limited partners is eligible to register as a "registered limited liability partnership" pursuant to 121-1500 (a) of the Partnership Law.

FOURTH: The secretary of state is designated as agent of the registered limited liability partner-

CAT FOUND, male, very friendly, near Stewart's on 9W, Selkirk, 767-2433.

FOUND BLACK Australian shepherd-like male in Glenmont, Saratoga county rabies tag, no license, call Menands Dog Pound or Bethlehem Police for dog.

FURNITURE REPAIR/REFINISHING

FURNITURE REPAIR/REFINISHING: Touch-ups, 20 years experience. Kingsley Greene, 756-3764.

LEGAL NOTICE

ship upon whom process against it may be served. The post office address within or without this state to which the department of state shall mail a copy of any process served against it is 721 Madison Avenue, Albany, New York 12208.

FIFTH: The partnership without limited partners is filing a registration for status as a registered limited liability partnership.

Frederick J. Fletcher, M.D.

Partner

(March 22, 1995)

PUBLIC NOTICE

Please Take NOTICE that the Board of Trustees of the Village of Voorheesville will hold a Public Hearing on the 28th day of March, 1995 at 7:00 p.m. at the Village Hall, 29 Voorheesville Avenue, Voorheesville, New York, on the proposed franchise agreement between the Village of Voorheesville and A-R Cable Services-NY, Inc. A copy of the proposed franchise agreement is available for review during normal business hours at the Village Office and at the Voorheesville Central School District Public Library.

Any interested party wishing to be heard or wishing to make comments on such proposed agreement may be heard at that time.

Lauren C. Hatch, Village Clerk
Dated: March 15, 1995
(March 22, 1995)

ARTICLES OF ORGANIZATION OF NEW MILLENNIUM ENTERTAINMENT, LLC

Under Section 203 of the Limited Liability Company Law

FIRST: The name of the limited liability company is New Millennium Entertainment, LLC.

SECOND: The county within this state in which the office of the limited liability company is to be located is Albany.

THIRD: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The address to which the Secretary of State shall mail a copy of any process against it served upon him is 1529 Central Avenue, Albany, New York 12205.

6. The purpose of the limited liability company is to engage in any lawful act or activity for which limited liability companies may be formed, both within and without New York State.

(March 22, 1995)

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GARDEN ADVICE: Consultations with a professional gardener. Perennial flowers a specialty. Onsite reviews of sun, shade and soil conditions. Pruning recommendations. Margaret Inderhees, Horticulture with an organic approach.

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LEGAL NOTICE

limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is P.O. Box 12582, Albany, New York 12212-2582.

FOURTH: The limited liability company is to be managed by one or more of its members.

IN WITNESS THEREOF, this certificate has been subscribed this 8th day of February, 1995, by the undersigned who affirms that the statements made herein are true under penalties of perjury.

(s) M. Alexander Jurkat,

Organizer

(March 22, 1995)

NOTICE OF FILING OF THE ARTICLES OF ORGANIZATION OF AIR-TITE BUSINESS, LLC UNDER LIMITED LIABILITY COMPANY LAW SECTION 206

1. The name of the limited liability company is: AIR-TITE BUSINESS, LLC.

2. Articles of Organization were filed on January 24, 1995, with the Secretary of State.

3. The office of the limited liability company is in Albany County, New York.

4. The limited liability company shall dissolve on December 31, 2044.

5. The Secretary of the State of New York is designated as agent of the limited liability company upon whom process against it may be served. The address to which the Secretary of State shall mail a copy of any process against it served upon him is 1529 Central Avenue, Albany, New York 12205.

6. The purpose of the limited liability company is to engage in any lawful act or activity for which limited liability companies may be formed, both within and without New York State.

(March 22, 1995)

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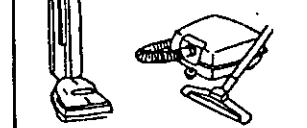
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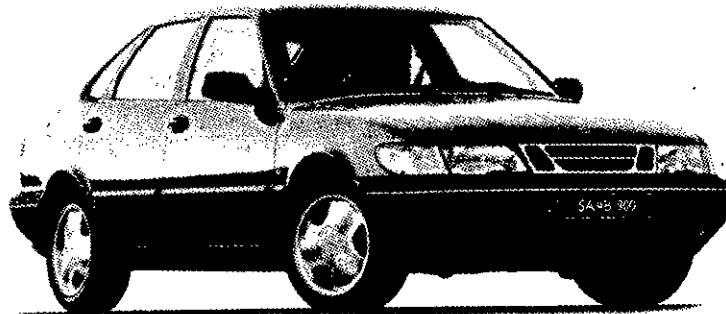
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 5-Door

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 Standard
 Standard
 Standard
 Standard
 Standard
 Standard
 Standard
 Standard
 39.3"/37.8"
 42.3"/36.0"
 24.0

VOLVO 850
 GLT

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 Optional
 Optional
 Optional
 Optional
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 Optional
 Optional
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BROTHER ELECTRONIC typewriter with memory, excellent condition, \$75 or best offer, 433-8384.

FURNITURE FOR SALE. Simmons hide-a-bed sofa, \$350. La-Z-Boy recliner, \$175. Oriental carpet, \$100. 2 cherry end tables and drop-leaf cocktail table, \$150. 2 brass lamps, \$50. Call 439-0243.

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STOVE, SELF-CLEANING oven, \$145. Sewing machine with cabinet, \$40. James, 456-1617.

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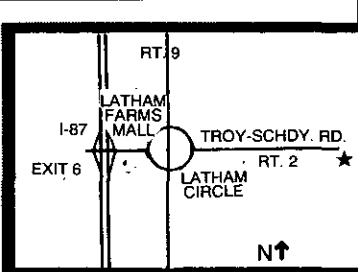
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