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See Family Section Page 16

Vol. XLII No. 29

The weekly newspaper serving the Towns of Bethlehem and New Scotland

July 16, 1997

50¢

## Critic: \$5G not enough to prove God's guilt

By Michael Hallisey

The Bethlehem town board is trying to find out why its new water system is failing, but there is at least one critic who says they are not doing enough.

As expected, the town board decided to pay Syracuse consultants O'Brien & Gere Engineering \$5,000 to study whether the lackluster performance of the water system is due to a poor design or an "act of God."

Severe flooding from a storm in January 1996 could be the reason for silt buildup on the river bottom, according to the plant's designer Fraser & Associates.

The water system is supplied by wells that tap into an aquifer under the Hudson River. It is designed to provide up to 6 million gallons per day for industrial customers such as Selkirk Cogen, but is only producing 2.4 million gallons per day.

The board also retained the law firm of LeBoeuf, Lamb, Greene & MacRae for \$250 an hour in case the town pursues a lawsuit against Fraser.

If the water system's design is at fault, "We do hold him (Fraser) responsible," said Supervisor Sheila

CRITIC/page 24

## Scherer to lead school board

By Dev Tobin

The Bethlehem Central school board elected new leadership for the 1997-98 school year at its annual organizational meeting last week.

After board member Pamela Williams decided not to pursue another year as president, Happy Scherer, who had been vice president of the board this year, was elected president, and Lynne Lenhardt was elected vice president.

Scherer said she looked forward to "a busy year," citing the ongoing facilities and technology upgrade projects and work on improving communications with the community.

She said the board presidents she has served with — Pamela Williams and William Collins — were "incredible role models. I hope I can do as well as those guys."

Scherer, in her second three-year term on the board, works as administrative director of psychiatry at Ellis Hospital.

Regarding the bond issue work, Superintendent Leslie Loomis reported that most of it was on schedule to be completed before school starts in September.

One part of the \$14.8 million project — finishing touches like cabinetry for renovated science labs at the middle and high schools — may not be done by the start of school, Loomis noted.

The board also approved a new in-school suspension program at the high school.

## BC administrators will earn...

Also at last week's 1997-98 organizational meeting, the Bethlehem Central school board approved salaries for administrators for the coming year.

The salaries reflect 3 percent raises compared to the 1996-97 school year.

Superintendent Leslie Loomis will be paid \$109,959, and Assistant Superintendent for Instruction Judith Wooster will receive \$100,239.

SALARIES/page 14

school day and the Saturday suspension initiated this year.

Another goal of the new program is to reduce the number of out-of-school suspensions, Hunter added.

Students in the program would be required to meet with their teachers for special assignments to be completed during the three-hour detention.

Hunter estimated the cost of the program including salary and benefits of a teacher aide to supervise the detention, at about \$1,900 for the year.

Also at the organizational meeting, the board voted to continue with *The Spotlight* as the district's official newspaper.

## Good word



Rev. Robert Hess of Delmar Reformed Church reads from scripture at TGI Sunday services. Doug Persons

## Florist sees green acres in Selkirk as place to be

By Michael Hallisey

Verstandig's sees the color green on an expansion proposal of its 60-year-old floral business for Selkirk.

Owner Robert Verstandig Sr. is waiting for the Bethlehem zoning board of appeals to accept a drafted resolution for a special exception of permitted uses be-

*I think his proposal will do much to help the entire area. I would welcome him as a good neighbor.*

Fred Richter

the application and came to a 3-1 vote (board member James Morgan was absent) to have a drafted resolution for approval. The resolution is expected to be ready by July 23.

"I think he (Verstandig) needs some assurance from us that he can get a return from his investment," said ZBA Chairman Michael Hodom, who said he found no objection to the application. He noted Verstandig's longevity of business in the town, and said none of the neighboring residents objected to the proposal.

Last month, Verstandig told ZBA members the construction process will start gradually. He said he intends to build 12 greenhouses within a 300-foot by 150-foot section of the land, over a five year period.

Eventually, the plan is to have 20-acres with greenhouses — how many buildings that is is unknown. However, the initial

fore they purchase a 71.8 acre parcel of land on the northeast corner of Creble Road and Elm Avenue in Selkirk with intentions to expand his floral business. After the ZBA decides, the proposal must go in front of the planning board for site plan approval.

Last week board members discussed

FLORIST/page 14

# NS mulls townwide water plan

By Dev Tobin

For years, municipal water seemed like the Holy Grail in New Scotland — highly desirable but essentially unattainable.

Problems with water quality and quantity plague residents in all corners of this growing rural town, but its relatively sparse population practically ruled out building water systems until recently.

Now the town has two systems with their own supply (Clarksville and Northeast, centered in Orchard Park); four other systems which buy water from Bethlehem (Feura Bush, Swift Road, Font Grove Road and Krumkill Road); and several *ad hoc* arrangements between Bethlehem, Guilderland and Voorheesville and individual homeowners.

But now, with intermunicipal agreements with Bethlehem, Guilderland and Voorheesville more possible than ever, the town board wants to get a comprehensive assessment of its water resources and needs for the 21st century.

At Monday's meeting, the board approved preparing a request for proposal for an overall engineering study of the town's water future.

Supervisor Herb Reilly said the town water advisory committee recommended that now is a good time for a comprehensive look at the town's water resources and needs.

"We need to plan now so we don't put in a six-inch line where we may need a 12-inch line in the future," agreed Councilman Michael Fields.

Committee chairman Kevin Phelan said he would prepare a draft RFP for the board to review before its August meeting.

Councilman Mark Dempf, a professional engineer, warned that the comprehensive study could become "a multi-headed animal if we don't keep control of it."

Dempf volunteered to help produce a map of existing water systems and other materials that will reduce the scope of work, and ultimately the cost, of the comprehensive study.

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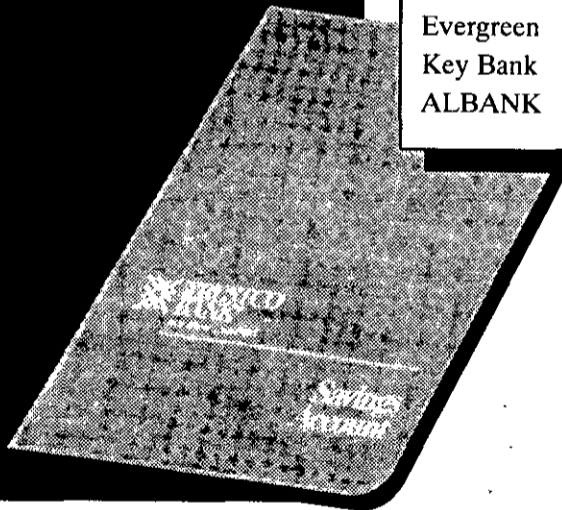
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# Water finally flows in Orchard Park area

By Dev Tobin

The newest residents of the Northeast Water District were the first to get municipal water Friday, but the rest of the long-suffering homeowners in the Orchard Park-Forest Drive-Maple Road area won't be far behind.

Tim and Jeanine McCune planned to coordinate completion of their new home on Forest Drive with completion of the water district.

"We didn't start building the house until we saw ground broken for the water pipes," said Tim McCune.

Even so, the July 1 estimate for having water available from the new district was a little off. Unlike their neighbors, the McCunes do not have a well, so they could not receive a certificate of occupancy until the state Health Department gave the water district its final seal of approval on Thursday.

The \$980,000 water district will serve about 115 homes, many of which have private wells that have been contaminated with iron, methane and salt. With its current infrastructure (a well and hydro-pneumatic tank off Smith Lane), the district could expand to as many as 150 homes.

For more than 10 years, residents of the suburban neighborhoods just east of the village of Voorheesville have been trying to get public water. The water problem caused property values in affected homes to drop by roughly a third, according to a settlement



Enjoying the first drink of Northeast Water District water are, from left, New Scotland Supervisor Herb Reilly, Jeanine McCune, Tim McCune, Bob Cook, longtime member of the town's water advisory committee, and Joseph Cotazino of the Orchard Park Neighborhood Association. *Dev Tobin*

between some Orchard Park homeowners and the town.

"Some of their cellars look like chemistry labs," said Supervisor Herb Reilly, referring to treatment systems most homeowners needed to make their water usable even for cooking and washing.

Reilly, Joseph Cotazino of the Orchard Park Neighborhood Association and Bob Cook of the town's water advisory committee

visited the McCunes Friday to see the new system in action.

Tasting the water, Reilly said, "This is better than champagne—you can't take a bath in champagne."

Cotazino noted that his 7-year-old daughter had never drunk water from out of a tap. Even with expensive treatment system in their basements, many people relied on bottled water for drinking, he said.

Cotazino said about two homes a day are being hooked up to the district through a cooperative bid with a local plumber. He added that the district could expand along Route 155 and may form one of the bases of a townwide water district.

Cotazino, a veteran organizer of the effort to bring a water supply to the area, said he was working on "a big picnic in September" to celebrate the water district's completion.

## NS, V'ville meet on sharing water

By Dev Tobin

At the same time New Scotland is trying to negotiate cooperative water agreements with large neighboring towns like Bethlehem and Guilderland, town officials are also meeting with their counterparts in the village of Voorheesville to see if there is a way to connect village and town systems.

The immediate catalyst for linking the systems is a desperate request by residents of Altamont and Koonz roads, just outside the village, for water service.

The town has proposed providing water from its water district on Swift Road (supplied by Bethlehem) that could be "wheeled" through the village system to the Altamont Road area.

That's "an interesting proposal, but it could get complicated," said village Mayor Edward Clark.

Town Supervisor Herb Reilly said the interconnection on Swift Road, where town and village water lines within about 40 feet of each other, may cause some engineering problems that would have to be worked out.

The village would like to see the town set up a water district for town residents who receive village water, mostly along New Salem Road, Clark said.

The village has an incentive to interconnect, since it must find a backup source to village wells to comply with state Health Department regulations, Clark noted.

Another possible interconnect, with the town's new Northeast Water District across Route 155 on the other side of the village, could provide sufficient pressure for firefighting in the new district, Clark added.

"The big question is, can we come to an arrangement that's mutually beneficial," Clark said.

In a related matter, the town board Monday approved spending \$750 to have C.T. Male Associates study whether the Clarksville Water District could economically expand along Flatrock Road, Route 32 and Winnie Lane.

The firm had already studied the feasibility of linking the Clarksville system with the Feura Bush Water District via a new main along Route 32.

The Clarksville system has adequate supply for expansion, and the Feura Bush system (supplied by Bethlehem) has been plagued by pressure problems.

# Stone Ends Motel wins ZBA approval for upgrade

By Michael Hallisey

The future of the Stone Ends Motel in Glenmont is looking more comfortable.

The Bethlehem zoning board of appeals directed its attorney to draft a resolution granting an area variance so the Route 9W motel can become a two-story Comfort Inn.

A vote on a resolution is expected July 23. The project then goes back to the planning board for site plan review.

"This is something that will be good, a chance to pick up a Comfort Inn," said board member Robert Wiggand. "I think it will work."

Owner Mukesh Marash plans to expand his establishment from 30 rooms to 50 rooms, removing roof trusses and completely rede-

signing the structure to meet Comfort Inn requirements.

Though the motel is in a light industrial zone, Building Inspector John Flanigan said it could "easily" be deemed as commercial with a diner, restaurant and convenience store close by.

In a commercial district, the changes would be a permitted use, Flanigan noted.

Wiggand visited the motel recently. "Something has to be done with that building," he said.

After Marash claimed he has suffered from poor business for three years, board chairman Michael Hodom had asked him to

submit financial statements for the board to review.

"Looking at the financial reports, it's obvious something needs to be done in order to survive with modern competition," said board member Richard Lewis.

Lewis said a Comfort Inn would be a "considerable investment," and would be a good business because the franchisor would make periodic visits afterwards to confirm it follows chain standards.

Though no opposition was expressed at the meeting last week, the owner of Uncle Milt's Glenmont Diner said last month

the changes in the motel would hurt business at her eatery.

"As it is, it's hard to see the diner from (Route) 9W," said owner Frederika Fotiu. Including the second story, the motel is also planned to expand by nine feet on each side to accommodate hallways and balconies. "You wouldn't see the diner until you pass right by it."

However, ZBA member Marjory O'Brien said the diner is already in an "awkward position, set back away from Route 9W. Either you know it's there or you're past it. The matter of a few feet will not make a difference."

# Fun park parking plan passes muster

By Michael Hallisey

The Shanahan Fun Park is close to clearing one sand trap.

The Bethlehem zoning board of appeals advised their counsel to draft a resolution to accept the planning board's recommendation for a 90-space parking lot.

The fun park, located on a 19-acre lot between Beacon and Wemple roads in Glenmont, has proposed an 18-hole miniature golf course, a 20-stall driving range and six batting cages.

Plans also include a two-story retail and office complex to house a restaurant, pro shop, gift store and arcade.

Residents in the nearby subdivision The Crossroads argued that 90 spaces is not large enough.

"I guess we have more to look at if they think 90 spaces is good enough," said John Privitera, an

attorney and spokesman for The Crossroads Neighborhood Association.

Susan Hager, who chairs the neighborhood group with her husband, agreed with Privitera.

"I don't think 90 is enough," said Hager.

The application is currently under review by the town planning board.

James Villasenor, applicant of the proposed park, said he hoped for approval sometime in the fall.

Villasenor had wanted to get started on construction by now, but "There is no perfect world, as I have found out," he said.

The proposal ran into a snag recently when the state Department of Environmental Conservation and determined some of the land within the parcel is wetlands. Designated wetlands must have

a buffer of 100 feet, where no construction is permitted.

Villasenor said approximately eight acres are designated wetlands.

"We are trying to deal with it in the proper regard," said Villasenor last week.

Villasenor said he has known about the wetlands, and is something he did not intend to work around.

Residents from The Crossroads, west of the proposed fun park, voiced concern over lights from the driving range illuminating their property, as well as dangerous conditions for their children from increased traffic.

Hager said while others talked about preserving wildlife using the wetlands on the property, she is "more concerned about the endangered species of children."

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## Man jailed on assault charge

An Albany man was sent to Albany County Jail last week for assault charges reported last September.

William Robert Ridgeway, 40, of 21 Tenbrock Street, was arraigned by Bethlehem Town Justice Bishko for second-degree attempted assault, a class A felony,

and third degree assault, a class C misdemeanor.

Ridgeway was picked up from the Schenectady County Jail at approximately 1 a.m. Monday, July 8. He was arraigned and sent to Albany County jail on \$2,500 bail.

Ridgeway is due to appear in court Sept. 9.

## Police report Hudson Avenue burglaries

A Delmar woman reported her pocketbook stolen and another said a radar detector was removed from their cars parked outside their Hudson Avenue homes during the early morning of Monday, July 7.

A unknown person had reportedly smashed the rear, driver side window of one car, then stole the radar detector valued at \$350, some money and a pack of cigarettes.

Another resident reported a pocketbook, which contained numerous credit cards, a checkbook and \$30 cash, had been stolen from a second car sometime between midnight and 5 a.m. Monday.

Bethlehem police are investigating the two incidents.

## Thieves heist car stereo

Approximately \$689 worth of car stereo equipment and \$15 in cash was stolen from a Delmar man's car parked on Merrifield Place early Monday morning, July 7.

The burglar left behind two amplifiers and a collection of compact discs.

The incident is still under investigation, Bethlehem Police said.

## Correction

The name of Matthew McKenna was omitted from the list of Clayton A. Bouton High School graduates published in the July 2 edition.

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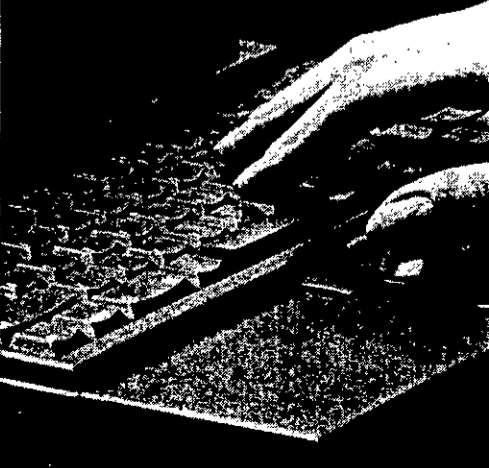
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## Board nixes decks for Main Square

By Michael Hallisey

It looks like there will be no new decks for two restaurants at the Main Square Shoppes business and retail complex in Delmar.

The Bethlehem zoning board of appeals is preparing to deny Main Square Shoppes co-owner Dennis Corrigan his application to build two 14-by-25-foot decks for use by Seattle Sub & Pita Shop/Java Jazz Cafe and Bakery and Alteri's Restaurant.

The fear of noise from music and the clattering of dinnerware disturbing neighboring home owners steered board members to say no.

Board member Marjory O'Brien said, "It can be distracting," referring to possible noise Alteri's Restaurant, a service eatery, would produce if it were to serve meals to patrons on the proposed deck.

Music from Java Jazz Cafe was of concern as well.

"We'd lose complete control," said board member Robert Wiggand.

Town Building Inspector John Flanigan agreed, "I couldn't police that."

Java Jazz often features acoustic, folk and jazz music on Saturday nights. Corrigan said during his presentation in June that music would not be amplified.

Despite Corrigan submitting a petition signed by 584 local residents in favor of the project, last month a few residents living directly behind Main Square Shoppes voiced concerns over noise.

Chairman Michael Hodom said he could not find the necessary evidence of hardship to issue Corrigan a variance.

Hodom said he drove to Main Square one night, after the June presentation, to assess the amount of sound emanating from the complex now.

Sitting inside his car in the parking lot, Hodom concluded, "The noise carrying in and out was significant."

## Zoning board schedules hearings

The Bethlehem zoning board of appeals has scheduled two public hearings for Wednesday, July 23, at town hall on 445 Delaware Ave. in Delmar.

A hearing on the application of Omnipoint Communications, Inc./

Radio Enterprises, Inc. of 2 Northway Lane in Latham is at 7:30 p.m.

A second hearing, concerning the application of Carole Riley of 1545 New Scotland Road in Slingerlands, is set for 7:45 p.m.

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# Part-time working mothers 'discover' new careers

By Katherine McCarthy

When Lauren Iselin of Delmar started working with Discovery Toys, she did it so she could stay home with her young son and still have a little bit of a working life.

Six years and two more children later, she's a senior level manager and more enthusiastic than ever about the products she sells.

Discovery Toys are educational playthings marketed at private gatherings in homes, schools, or even businesses. The company has recently introduced a workshop format to help customers make the best use of their products, which ultimately benefits their children.

Iselin, along with her colleagues Lori Nunziato of Coeymans Hollow and Karen Treiber of Albany, were particularly excited about the new "Raising a Reader" workshop.

This workshop addresses both the importance of parental involvement as a child learns to read, and the different learning styles a child might have.

"The workshop helps parents figure out what kind of a learner their child is," said Iselin, explaining that children generally fall into three learning styles — visual, auditory and kinesthetic. Knowing how a child learns best lets parents teach their children in a reinforcing way, she added.

Nunziato said the Raising a Reader workshop opened her eyes about her 4-year-old daughter's learning style.

"I was very frustrated working with her," she said, "until I realized that I was a visual learner and she was an auditory learner."

Treiber, who had taught special ed at Story-Time Pre-School for the last four years, said parents



Lori Nunziato, left, Karen Treiber and Lauren Iselin show off their favorite Discovery Toys. Katherine McCarthy

tend to panic if their kids aren't following the "norm."

"Schools generally teach in an auditory way," she said, "and kids don't always learn best that way."

A kinesthetic learner, she pointed out, might do best learning through playing with a ring toss game for a while, then settling down to read after releasing that energy.

Iselin, whose oldest son is 8 now, pointed out that it's also good to keep reading to children even after they've learned to read, as their comprehension is higher than their ability to read.

Discovery Toys also offers a workshop which stresses the importance of brain development beginning at birth.

"Recent research indicates that during the first three years of life

a child's brain is most receptive to stimulation," Iselin said. "If a child isn't stimulated and played with, his or her brain won't grow as much as a child who receives that attention."

Iselin said there are Discovery Toys that help new parents "play" with their children.

Iselin, Nunziato and Treiber are adamant in their belief in Discovery Toys. They work hard for the company, but all appreciate the flexibility it offers.

"I work one to one and a half hours every day," said Nunziato, who was recently promoted to senior education consultant, "doing follow-up phone calls, looking through the yellow pages for new groups to approach, and doing workshops."

Treiber, home now with her 10-month-old daughter, started as an

entry-level educational consultant two months ago.

"I went from working, taking classes, and buying our new house, to being home with a baby," she said. "I love my daughter, and I'm glad I'm home with her, but I needed more."

Treiber said she works 10 hours a week, not including workshops, on her own schedule.

"I still have a lot of learning time," she said, "and I do phone calls and send out mailings. But I can do them at 9 p.m. if I want, and if I make the choice to not work on a certain day, I don't get fired."

Iselin, whose children are 8, 5 and 3 now, averages about 20 hours a week for the company, and has a lot of praise for its corporate culture.

"With Discovery Toys, I was able to keep building my sales skills, and not have a big gap in my resume," she said. "The company really brings out the best in people. It's good at finding your talents and letting them flourish."

Iselin has moved on to the next level in the company, which involves recruiting people to conduct the workshops and sell the toys.

Iselin, Nunziato and Treiber declined to disclose what they earn, saying only that it's "definitely worthwhile." For them, though, the real message is the value of the toys.

"The reward is so much more than monetary," Treiber said.

"Our goal is to reach people, and provide them with the best toys for their children," Nunziato said. "With our toys, parents come home with much more knowledge than if they went to a regular toy store," Iselin added, "If people come to a workshop and learn just one thing, we've accomplished our goal."

Best of all, Iselin pointed out, the kids themselves seem to love them. After hamming it up for the camera, Iselin's three boys proved that the proof was in the pudding, settling down and playing with their mother's samples intently and, in a way that all parents would love — quietly.

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## Matters of Opinion

### Forever learning

This week *The Spotlight* includes a popular special section on the Senior Scene.

One article features the Institute of Lifelong Learning, which offers stimulating and challenging courses for adults, who are the most highly educated

group of senior citizens in America's history. Both professors and students find the courses a reaffirmation of what learning does for us at any stage of life.

Helen and Fred Adler, themselves retired, created the institute five years ago. They deserve much credit since the institute is unique and offers truly meaningful fare for those whose hunger for knowledge has only grown with time.

All senior citizens deserve this opportunity, but because of lack of funding, the non-profit institute can only serve a relative few. We hope that some wise benefactor comes along to create a generous endowment so that the Adlers can expand their work.

The institute is a visionary project and one that deserves to be carried on.

### NY does it again

We take our hats off to state legislature leaders and Gov. George Pataki for once again giving new prominence to our state. On Sunday, the legislature and the governor managed to establish a new record for consecutive days — 104 — without passage of a state budget.

We can add this to the state's distinction of having some of the heaviest taxes and fees in the nation, as well as the most frustrating regulations that stifle businesses and individuals.

But the real distinction is that New York's citizens are suffering what our forefathers rebelled against — taxation without representation. Our state senators and assembly members are being forced to stand by while three men — Pataki, Senate Majority Leader Joseph Bruno and Assembly Speaker Sheldon Silver — fiddle with the budget.

We suppose we can take heart in that, in their wisdom, these same legislative leaders again passed a resolution providing sufficient money to keep the state going for the next month or more.

With this vehicle available to them, the budget stalemate may continue ad infinitum and ad nauseam.

### Sweet sound of music

The whole family can enjoy one of two concerts tonight at the Bethlehem or Voorheesville public libraries.

At the Bethlehem library on 451 Delaware Ave., Delmar resident Peggy Eyres, who weaves her love of the Adirondacks into her music, will perform at 7:30 p.m.

In Voorheesville, at the library on 51 School Road, the Electric City Chorus will entertain at 7 p.m. with favorites of yesteryear sung in barbershop harmony.

To sweeten the performances, both events are free.

The Evenings on the Green in Bethlehem and Together at Twilight in Voorheesville concert performances are wonderful programs, that reflect the quality of offerings at both libraries.

All year long, week after week, speakers, exhibits and programs like the music series give local residents the chance to enjoy an evening out.

And the offerings for children are wonderful, with programs scheduled almost every day for toddlers right up through teen-agers.

We appreciate the efforts of both library staffs in procuring and scheduling such quality programs. Our communities are stronger for the library offerings.

Next time you're at the library, let the staff know they do a good job. A small thank you goes a long way.

## Editorials

## Long term care over long haul

By Bill Strong

*The writer's personal experience provided grist for this point of view. He is a resident of Glenmont.*

The choices regarding long term care are not easy. Some say insurance as a source of funds for nursing home and residential care costs is the way to go. The following are my observations on the policies and some other funding options.

First, let me bring you up to speed with some statistics on the need to provide some means for paying for long term care. The Health Insurance Association of America found that 60 percent of us believe the chance of our needing long term care is only one in four. Statistics show one in three males who die at age 65 experience a long term illness at sometime, and one in two females have the same experience.

The chances increase considerably if one lives to be 75 or 85. One in three persons believes the government pays the cost of long term care. Medicaid paid 45 percent of our nation's \$100 billion long term care bill last year. If you are poor or have a means for becoming so, the odds are good that the government will pick up your tab. However, if you are not poor and expect Medicare to pay the bill, the odds are one in 50.

Today, the money to pay for one half of our nation's long term care bill comes from the pockets of patients and their families. If you do need long term care, the odds are good it will be for less than two years. Only one in five persons in long term care situations will be there for two years or more.

In the Capital District, today's annual long term costs range from \$30,000 to \$60,000 and are increasing at twice the rate of inflation. So much for why, now for how. As noted above, Medicaid will pay for care if you are poor. If you are not poor, there are complicated but relatively innocuous ways of becoming so. Lawyers specializing in

### Point of View

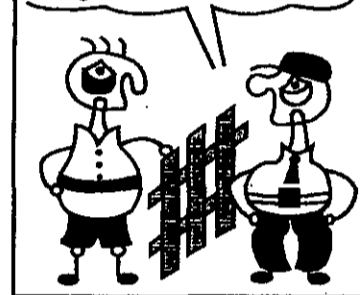
this field offer free advice on how to do it but charge for the means to do it.

Basically, one gives away one's assets. If it is an outright gift, one gambles that Medicaid's 36-month assets transfer restriction will expire before assistance is needed. If the assets are given to an irrevocable trust, the restriction period is 60 months.

Medicaid is not an easy answer. It was designed for people who could not afford to pay for care. Creating artificial poverty is legal but raises some moral questions.

### My Palette

I bought some long term care insurance to protect my assets from nursing home costs.



Also, one's spouse might have to live under reduced circumstances. If you still want to be on Medicaid but do not want to give your assets away, there is an insurance policy that allows the insured to keep their assets and still collect Medicaid.

To be eligible, you must first receive and pay for three years of care in a nursing home or six years in your residence. Before signing up, ask your doctor what the odds are of your needing the kind of care for which benefits are paid and the odds of needing them for the full term.

Another kind of policy pays benefits only, and it is less restrictive and the cost per dollar of benefits can be lower. However, when you purchase the policy, you have to specify the length of time you will need care. Good luck. Reportedly, long term care insurance

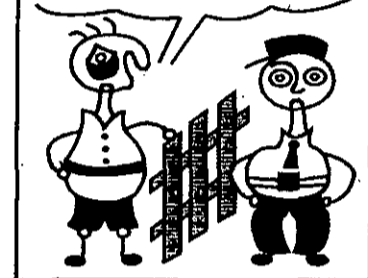
preserves one's dignity, health and assets. The insurance can preserve assets, but, as to one's dignity, I am not so sure.

To collect benefits, the insured must exhibit a severe loss of intellectual capacity or need substantial assistance with two of the following for more than 90 days: dressing, bathing, toileting, eating, transferring and/or control of their bladder and bowels. The insurance is expensive; but this is compensated for by the high returns it pays to those unlucky enough to have to use it. Another plus — the benefits are not taxable and some portion of the premiums are deductible.

But the insurer has a right to

### By Bill Strong

Why pay for insurance? Under some conditions, you can put your assets in a trust and the government will pay for your nursing home care.



override your doctor's belief that care is needed. Those who want to stay home rather than go to a nursing home might not be able to afford to do so because some policies pay less for the services of a health aide in your home than in a nursing home. Some insurers draw a number of complaints from their claim payment practices and premium increases. Some policies unfairly allow the insurer to reduce the lifetime benefit by the daily benefit rather than what is actually paid.

Some policies offer to waive the premium in certain instances; others do not. Finally, companies have various prices, terms and deposit requirements and the rate of rejection for health reasons is relatively high. Applying to just one company is a poor gamble. I wish the picture was brighter, but don't let this be an excuse for doing nothing.

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**Your Opinion Matters**

**Drivers should notify pet owners**

Editor, The Spotlight:

My daughter's cat was hit and killed on July 4 on Wemple Road, near Beacon. As far as we know, the driver did not stop, and our cat was left in the middle of the road until she was picked up on Saturday by the Bethlehem animal control officer.

We did not know this and

**Letters**

searched for her in the neighborhood. Had we known where she was, we would have gladly taken care of her.

After we learned where she was killed, we searched and fi-

nally found her collar and tag by the roadside.

We were very upset, even though we know drivers cannot always avoid accidents. We would, however, like to urge drivers to be more cautious in driving on Wemple Road.

There are many homes with not only pets, but also small children. More caution in this area might help to avoid future accidents.

To the driver who hit and killed our cat and did not stop: please stop to let someone know next time. Your thoughtless act made it a sad birthday for my daughter.

Gail S. Moon

Glenmont

**Resident thinks morals on decline in Bethlehem**

Editor, The Spotlight:

I've lived in this community my whole life, and I'm quickly approaching my 30th birthday.

I've grown with this area, and for the most part, enjoyed myself. But lately, I feel, this whole town is slowly going down the drain, not in its economy or its population, but in its morals. There is a general lack of courtesy among our town folk.

Why is everyone in such a hurry?

I see walk/don't walk signs that most people ignore. But this town can't afford a light for my street, which is very dark at night. Dark enough for thieves to steal things

from peoples' cars, which is what prompted this letter. I had something stolen from me, and I know I'm not alone nor the last to become a victim. This is sad.

I don't want anyone to think I don't care about Bethlehem. The problem is I do care about this town, but I can't change things on my own. It's going to take all of us. People are moving here in droves. Schools are expanding, Houses and roads are going up everywhere. Handguns and drugs are in our schools. Let's live and try to grow together, for my kids.

D.S. Kibbey

Delmar

**Volunteers play vital role in Good Sam residents' lives**

Editor, The Spotlight:

Residents of the newly erected Good Samaritan Adult Home on Rockefeller Road have settled into their daily routines since the home opened in March. Monthly birthday parties, bingo and special functions provide entertainment and fellowship among the residents.

After a fire at Cedars Nursing Home, Good Samaritan was able to offer their facility for months while repairs were completed at the Selkirk facility.

At Good Samaritan Nursing Home, the first phase of expansion has been completed, and residents

from one wing along with staff have moved into their new quarters. Phase two will now begin with renovation of the two remaining wings.

Volunteers are a very important part of the residents' lives at both the adult and nursing homes. If you have a free morning, afternoon or evening to share, you will find it very rewarding.

For information, call the adult home at 439-8899 or the nursing home at 439-8116.

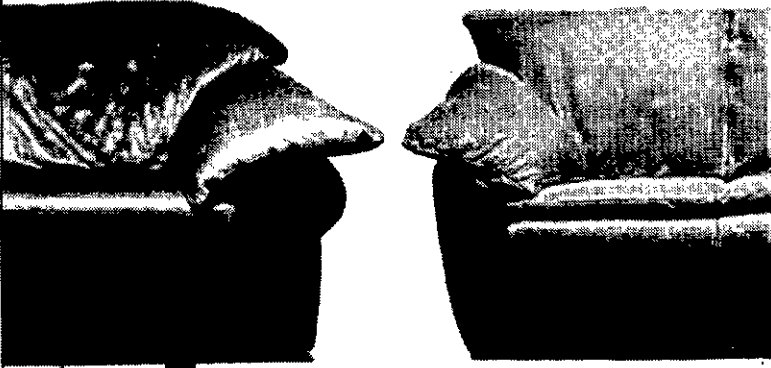
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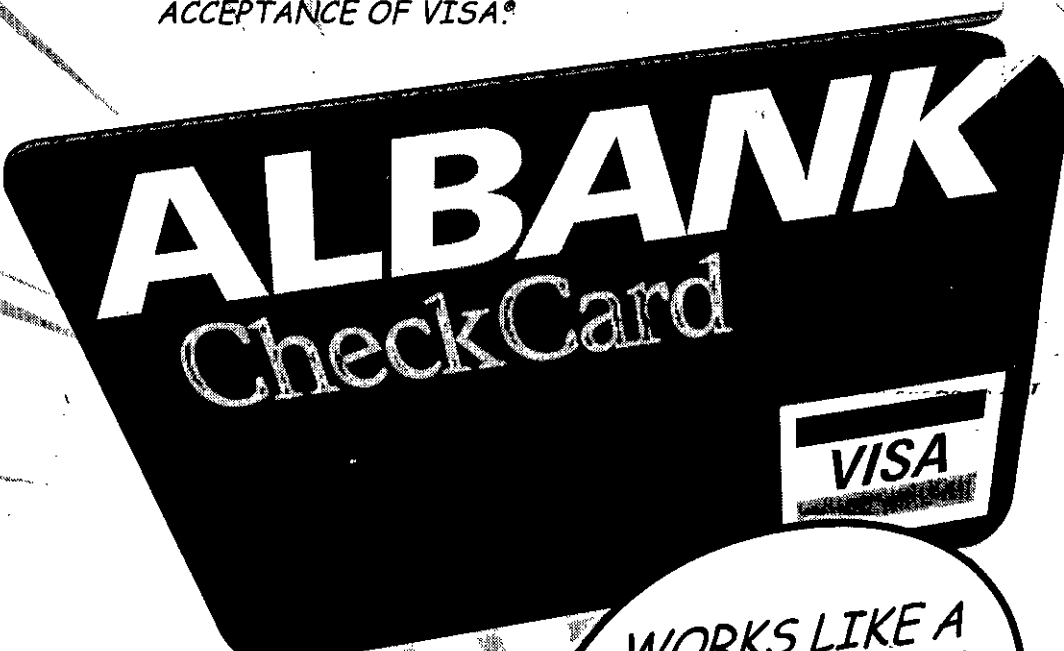
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**Matters of Opinion**

**BOU pres says thanks**

Editor, The Spotlight:

Bethlehem Opportunities Unlimited says a gigantic thank you to the Golub Corp. for helping to raise more than \$1,300 for our community center project. Price Chopper's preview evening was a lot of fun for everyone, and Price Chopper's community spirit is much appreciated.

Thanks also to all the citizens of our town who purchased tickets and attended. Such support is gratifying.

Thank you to the Leadership Club at Bethlehem Central Middle School. These dedicated young people donated \$150 to the community center fund. This was a very generous gift from a wonderful club.

**Letters**

Thanks also to Bethlehem Central High School's administration and dean Deborah Elmendorph for having dances almost every night of the school year. Our teenagers and their parents are grateful for "something to do" on the weekends.

Finally, thank you to all of you who have voiced an interest in working on a community center for our town. It's going to happen someday soon.

*Phyllis Hillinger*

BOU president

**County exec recommends small business workshops**

Editor, The Spotlight:

Small businesses are a growing segment of the local economy, comprising more than 90 percent of all companies in Albany County.

As state government and large corporations continue to downsize, the need for small businesses to provide jobs, goods and services will expand significantly. To help these businesses thrive, several workshops and seminars are being offered throughout the county.

On Thursday, Aug. 7, Cornell Cooperative Extension of Albany County will conduct a small business start-up seminar at the State Police Academy in Albany. This one-day workshop is ideal for prospective entrepreneurs who would like to learn the ins and outs of owning a successful business. To sign up, call the extension at 765-3500.

Beginning on Tuesday, Sept. 2, Albany-Colonie Regional Chamber of Commerce will conduct a seven-week entrepreneurship training course. These seminars will emphasize marketing and fi-

nancial management and help participants develop a business plan. For information, call the chamber at 458-9851.

Albany County is making every effort to help small businesses grow and prosper. I encourage prospective business owners to take advantage of the highly informative, low-cost courses we offer to learn more about starting a successful business.

*Michael Breslin*

Albany County Executive

**Clarification**

A recent letter thanking volunteers for their help at Slingerlands Elementary School reflected the feelings of the entire school staff.

**Fax it to us**

Why not fax your letters to *The Spotlight* at 439-0609? Remember, all letters must carry the writer's signature, address and phone number.

**Businessman dismayed by roadblocks**

Editor, The Spotlight:

We have heard a lot recently about Bethlehem not being "business friendly." I own a small business here, and I depend on local residents for my livelihood. Lately, I have become very worried about the future of our town. It seems as though we discourage businesses every chance we get.

Currently, there is a proposal before the planning board to clean up a vacant property on Delaware Avenue, one that has been an eyesore for some time. This project would create a beautiful, tasteful addition to our main business thoroughfare. But instead of being welcomed, it appears that this proposal has been given a hard time at every turn. It looks to me as though the business person who proposed it is about to give up from sheer frustration.

Why is this project taking such a beating? Why can't the process be a reasonable one, with only limited trips back to the drawing board, instead of dozens of requests for costly design changes each and every time the proposal is back on the agenda?

A number of business people like myself will be affected by this project: painters, electricians, sheet rockers, landscapers, carpet and flooring installer and suppliers. We all shop here, send our children to school here and support our town.

This is your wake-up call, Bethlehem. If we don't support our businesses and extend a hand to those who are trying to make our economic climate better, we will be the big losers in the long run.

*Kevin Pope*

Selkirk

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# Church to fire up chicken barbecue

New Salem Reformed Church on Route 85 will fire up a Brooks chicken barbecue on Saturday, July 19. Seatings are at 3, 4, 5 and 6 p.m. Full dinners cost \$7.75 for adults and \$5 for children. Take-out meals are 50 cents more.

For information, call 765-2354.

## Road runners to take to Thacher Park trails

The Hudson Mohawk Road Runners Club has scheduled its annual Indian Ladder Trail Run for Sunday, July 20, at Thacher Park in New Scotland. Races will follow foot paths and ski trails through the park. The 5K race starts at 9 a.m. and the 15K race at 11 a.m. Runners can register for either race at the Glen Doone picnic area 30 minutes before the starting time.

The entry fee is \$15 for club members and \$17 for non-members. For information, call Jim Gilmer at 355-5138.

## Barbershop quartet music to kick off series

The public library's Together at Twilight series starts tonight, July 16, with the Electric City Chorus at 7 p.m. on the library lawn. Bring a blanket or lawn chair for seating.

If it rains, the program will be in the library's community room on 51 School Road.

The 40-member chorus, founded in 1944, is the Schenectady chapter of the Society for the Preservation and Encouragement of Barbershop Quartet Singing in America. The group will sing a wide variety of old-fashioned and contemporary songs.

For information, call the library at 765-2791.

## Workshop schedules open house Thursday

Open house for Heldeberg Workshop's first session is Thursday, July 17, from 6 to 8 p.m. All members of the community are welcome to attend. Heldeberg

### NEWS NOTES

#### Voorheesville

Elizabeth Conniff-Dineen  
765-2813



Workshop is located on Picard Road.

The workshop's second sessions runs from July 21 to Aug. 1. Open house is on Thursday, July 31, from 6 to 8 p.m.

The next family program is an evening with the stars on Monday, July 28, starting at 9 p.m.

The Albany Area Amateur Astronomers will provide telescopes to view Jupiter, with its four moons and cloud band. As the sky darkens, participants will see star clusters, nebulae and galaxies. There will also be a tour of the summer constellations.

Everyone should bring a blanket to sit on and bug spray. Evening programs cost \$5 per family.

For information, call the business office at 463-3994.

#### Extension to conduct soil test clinics

Cornell Cooperative Extension will conduct a soil test clinic on Saturday, July 19, from 10 a.m. to 1 p.m. at the Rice Center on Martin Road. Master gardeners will be on hand to answer questions and diagnose problems.

Soil testing costs \$1 for the first sample and \$2 each for subsequent samples.

Everyone is invited to walk through the beautiful demonstration gardens on the property.

For information, call the agriculture office at 765-3500.

#### Thrift shop needs community donations

The always popular thrift shop at First United Methodist Church on Maple Avenue is open Tuesdays in the summer from 7 to 9 p.m.

Donations of clean useable clothing, books, toys and white elephant goods are welcome. Drop them off on Mondays between 6:30 and 7:30 p.m. or Sunday mornings after services.

Harvest Bazaar organizers are looking for donations of services and new items for the silent auction on Sept. 27. To contribute, call Hal and Barbara Lapham at 439-6749 or Steve and Mary Conklin at 765-2386.

#### V'ville trustees meet Tuesday, July 22

The Voorheesville board of trustees meets Tuesday, July 22, at 8 p.m. at village hall on Voorheesville Avenue. At its June meeting, the board appointed Richard Berger of Sky Terrace to fill an opening created by Dan Reh's resignation.

#### Village imposes water restrictions

Water restrictions are in effect in the village of Voorheesville. Homes with even numbers can use lawn sprinklers on Mondays and Wednesdays from 7 to 9 a.m. and 7 to 9 p.m.

Homes with odd numbers can use sprinklers on Tuesdays and Thursdays from 7 to 9 a.m. and 7 to 9 p.m.

Hand-held hoses are not restricted. A permit may be granted for additional use in special circumstances. For information, call the village office at 765-2692.

# Sunday best



Ali Woller and Molly Gove enjoy their balloons in the playground at Delmar Reformed Church during the TGI Sunday service. *Doug Persons*

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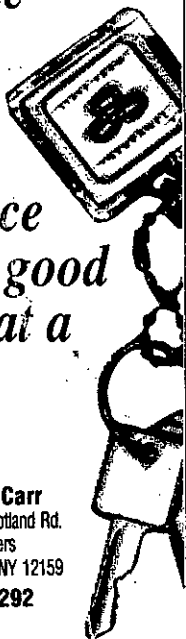


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## Electric chorus to perform

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Songs from the 1890s through the 1990s will have you tapping your toes and humming along. The whole family is welcome.

**Voorheesville Public Library**



Cool Kids Cinema will make your hot Thursdays cool. Bring a juice box and come for free films, free popcorn and fun. The 2 p.m.

movie this week, *Born Free* is the well-known and loved story of the orphaned lion cub that was raised by a gamekeeper's wife. It's a wonderful story for all ages.

Patron registration is in full swing as library staff gears up for the impending system change. Bring IDs when you come to check out materials as you will be asked to fill out a new form. We are now inputting current information into the new system. Please be patient. We are trying to implement the change as smoothly as possible.

Photographs by Robert and Amelia Anderson are in the hall gallery this month. In the display case, kids can get a preview of prizes that are up for grabs for Summer Reading Club members.

It will be a "batty" theme week when cave explorer Emily Davis Mobley is the guest of the club today, July 16. She will show slides, demonstrate caving equipment and share tales about her adventures. It's not too late to join.

Read-to-me Club for preschoolers is going strong Mondays, Tuesdays and Thursdays. No sign up is necessary.

Barbara Vink

## Peggy Eyres on Green agenda

Evenings on the Green concerts continue tonight with the original blues and folk music of Peggy Eyres. Eyres has made several recordings and appeared at coffeehouses and festivals and on radio and TV throughout New York and beyond.

She has been called "The First Lady of Adirondack Music," and her devotion to conservation of our New York mountains is a re-



Peggy Eyres

**Check It Out**  
Bethlehem Public Library

curing theme.

Showtime is 7:30 pm. Bring a blanket or lawn chair.

Evenings on the Green are held indoors in the event of rain. Admission is free. Because amplification, lights and recording equipment pose safety concerns, we ask that parents supervise their children during the performance.

Youth services in review:

- This afternoon at 4 p.m. — Book Chat
- Thursday, July 17, at 7 p.m. — "D is for Dolphin" with author Cami Berg
- Friday, July 18, at 9:30 a.m.

- Children's Writing Workshop
  - Monday, July 21, at 7 p.m. — Books Before Bed
  - Tuesday, July 22, at 4 p.m. Craft Club
  - Wednesday, July 23 at 4 p.m. — Book Chat

### Chaise lounge reading

Even if you're certain you would never enjoy reading a western, give Louis L'Amour's *West of Dodge* a chance. These recently discovered stories by the grand master of frontier fiction offer some of the most irresistible pleasure-reading in any genre. One could object that the cowboys, guns, stagecoach robberies and silver prospectors are politically incorrect, but that's not doing justice to L'Amour's incontestable storytelling skills.

If L'Amour doesn't entice you, try non-fiction. In *The Legacy of Conquest: The Unbroken Past of the American West*, Patricia Nelson Limerick traces the history of the frontier as it moved west, pointing out economic, social and environmental problems that arose each decade with only slightly different plots and characters. The author's aim is to help us know ourselves as a nation and recognize our foibles through historical study.

Louise Grieco

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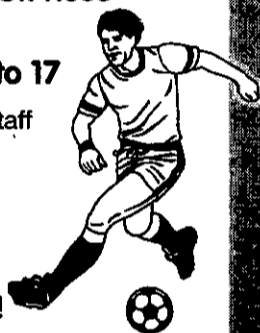
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- The single most repeated observation from Hospice families is: "I was surprised at how much Hospice has to offer, and I only wish our family had gotten involved in Hospice sooner."

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# Sports

## TeRiele's no-no highlights tourney

The Bethlehem U14 Travel Softball Team reached the semi finals in the Class B Junior Olympic Softball Tourney recently, losing 8-0 in an upset to Miss Shen.

The Bethlehem softball team swept the competition in their first three rounds of the tournament, giving them first seed in a single elimination format Sunday, July 6.

Bethlehem lost to Shen 8-0 in

the semi final after some impressive wins.

### Softball

Including a no-hitter pitched by Nicole TeRiele.

TeRiele showed brilliance on the mound as she notched an 8-0 no-hit win over the Latham Lassies.

TeRiele's pitching gem followed her team's 24-1 decimation of Classie Lassie B. Pitcher Josie Klersey pitched a one-hitter in that game.

The girls had opened the tourney with a 14-0 win over Rotterdam, with a TeRiele two-hitter, and spectacular defense behind her.

## Lewis earns 3rd tennis letter

Renee Lewis, a graduate of Bethlehem Central High School, earned a varsity letter as a member of the Principia College women's tennis team.

Lewis is a three-time letter winner and earned honorable mention "All-SLIAC" (St. Louis Intercollegiate Athletic Conference) honors at No. 4 singles for the Panther's 1997 Season and Tournament Championship team.

She is the daughter of Merlin and Lucy Lewis of Delmar.



Renee Lewis

## MetroStars invite C.D. soccer kids

Capital District Youth Soccer League has been invited to Giant Stadium Saturday, July 27 at 7:30 p.m. to honor Clifton Park native

and current MetroStars mid fieler Miles Joseph.

Kids wearing their team uniforms could find themselves on the playing field before the game.

Tickets are available at the following locations: Anaconda Sports in Niskayuna, 362-2061; Dick's Clothing and Sporting Goods at Crossgates Mall, 464-1948 and at Dick's Sporting Goods in Troy,

783-0701; Mike DeRossi Sports in Westmere/Guiderland, 4589-7630; Pepsi Arena (Pearl Street Only) in Albany, 487-2000; Soccer City Inc. in Schenectady, 374-4660; Soccer Unlimited in Colonie, 458-8328.

Group tickets and bus information can be obtained by calling George (800) 540-7600

Church Softball	
Presbyterian	11-1
Delmar Fire Dep't	10-1
Wynantskill	10-1
Bethany II	8-2
St. Thomas II	8-3
Westerlo I	6-3
Clarksville	7-5
Onesquethaw Valley	6-7
Bethlehem Comm.	5-6
Bethany I	4-8
Coxsackie Gospel	3-9
United Methodist	3-9
Westerlo II	2-9
St. Thomas I	1-10
Delmar Reformed	1-11

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# Eagles soar into post season play with three wins

By Andrew Hartman

The Eagles head into post-season after defeating three teams in fine fashion this week to finish with a 18-3 regular season record.

Bethlehem is tied with Rotterdam and Colonie in the loss column with three apiece.

"How Rotterdam and Colonie

do with their remaining games will determine where we will play," said Mickey Mantle coach **Jesse Braverman**. "...We will have to see what happens."

Depending on how they finish, will determine where the Eagles play the post season. Should the Eagles finish second or third, they will play in a Syracuse tournament

on July 24. If they finish first, Bethlehem will play in the North Atlantic Regionals Aug. 1.

When they do hit the post-season, the Eagles can claim up to three players from teams who did not qualify for extended play. Braverman is hoping to pick up some left-handed pitching.

In their final regular season game, the Eagles were ready for Watervliet, and defeated them 14-0. **Pat Hughes** got it done on the mound striking out 12 while allowing only three hits. **Ricky Long** hit one of his two bases loaded doubles for the week. **Ryan Venter** had two hits on the day, while **Ryan Sweeney** contributed three singles.

Sweeney baffled his opponents the previous day, this time on the

mound.

The Eagles convincingly defeated Albany RBI on Saturday, 29-0, as Sweeney dominated RBI with a no-hitter. He walked one, struck out eight, and was very close

**I am pleased with how we played in the regular season and I hope it carries into the post season.**

Jesse Braverman

to a perfect game. Despite this, the Bethlehem bats were very hot. **Evan McQuide** went four-for-four and scored five runs. Brown was three-for-four at the plate with 4 RBI.

The Eagles had two scheduled games that day, and played the second one later in the evening. On Sunday, Scotia couldn't field a team and forfeited.

On Friday the Eagles pulled out with a 17-12 came from behind win against a strong Twintown team that gave them early problems. The Eagles were down 6-1 in the first inning, and again 12-7 in the fifth.

**Matt Elfeldt** recorded the win, while helping his own cause driving in three runs at the plate. **Hughes** picked up the save in relief.

**Pete Bulger** drove in six as he smoked three singles. Long pounded a base clearing, three RBI double.

Bethlehem plays Schenectady on Wednesday at the High School.

"I am pleased with how we played in the regular season," said Braverman, "and I hope it carries into the post-season."

## Colonie's nine over BC

The Bethlehem Babe Ruth League 15-year-old All-Stars finished second in the recently concluded District 5 Tournament held at Tawasentha Park in Guilderland.

Advancing to the finals for the third consecutive year in District 5

competition, Bethlehem came out on the short end of a 7-3 battle with tourney winner Colonie. **Mike Campbell** kept a hard hitting Colonie team at bay with a variety of off-speed pitches, but Colonie used three home runs to score all of its runs in the win.

## Smith makes hole-in-one

Glenmont resident **Tim Smith** shot a hole-in-one on the third green at the Pheasant Hollow Golf Course during play in the Bethlehem Business Men Golf League.

Smith, on the 170-yard par 3, used a 6-iron for the ace.

Fellow Glenmont residents **Ron Hammond**, **Cliff Thompson** and **Mike Cook** witnessed the shot.

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## Tri-Village prevails in All-star game

Tri Village Little League's 12-year-old All-Stars prevailed against American Little League Tuesday, July 8, by a score of 16-6.

## Little League

**Ryan Kahlbaugh** and **Ryan Flansburg** combined in pitching Tri-Village to the win.

**Conor McMahon** and **Sean McManus** tripled during the game.

McManus hit two more triples in a 12-11 Friday loss against National Little League.

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# SENIOR SCENE



## LIFELONG LESSONS

*College-level courses spark seniors' interest*

**By Susan Graves**

The Bethlehem Institute for Lifelong Learning is about to begin its fifth year of classes, and the program is bursting at the seams, according to program founders Helen and Fred Adler.

The program evolved out of Helen Adler's "Books in the Morning" lecture series at Bethlehem Public Library. Adler, a retired teacher of literature at Bethlehem Central High School, said she recognized a real hunger for continued education among older adults.

**COURSES/page 3**

Gary Gossen, above, teaches a class in folklore and myth as part of the Lifelong Institute for Learning.

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### MEETING DATES AND TIMES

*Light refreshments served at all meetings. Seating is limited. Please call 783-1864, ext. 42002 for reservations.*

#### **Albany**

**Colonie Diner**  
1890 Central Ave., Colonie  
Monday, July 28 ~ 9:30 a.m.

**Gateway Diner**  
899 Central Ave., Albany  
Friday, July 18 ~ 9:30 a.m.  
Friday, July 25 ~ 9:30 a.m.

**Hoffmans**  
620 Loudon Rd., Latham  
Tuesday, July 22 ~ 2:30 p.m.  
Tuesday, July 29 ~ 9:30 a.m.

**Ravenna Diner**  
Route 9W, Ravenna  
Thursday, July 24 ~ 9:30 a.m.

**Thachers**  
272 Delaware Ave., Albany  
Monday, July 21 ~ 10:00 a.m.

**Tool's Restaurant**  
283 Delaware Avenue, Delmar  
Wednesday, July 23 ~ 9:30 a.m.

**Turf Tavern**  
40 Mohawk Ave., Scotia  
Wednesday, July 23 ~ 9:30 a.m.

**Warren Paley Health Center**  
Route 7, Latham  
(Room #3)  
Thursday, July 17 ~ 9:30 a.m.  
(Room #1)  
Tuesday, July 22 ~ 6:00 p.m.  
Thursday, July 24 ~ 3:00 p.m.

#### **Rensselaer**

**Collar City Diner**  
855 Hoosick St., Troy  
Monday, July 21 ~ 9:30 a.m.  
Monday, July 28 ~ 9:30 a.m.

**Colonial Diner**  
2nd Ave. & 125th Street, Troy  
Tuesday, July 22 ~ 9:30 a.m.  
Tuesday, July 29 ~ 9:30 a.m.

**CHP Schodack/East Greenbush Health Center**  
1547 Columbia Tpk., Castleton  
Friday, July 18 ~ 9:30 a.m.  
Wednesday, July 23 ~ 10:00 a.m.  
Friday, July 25 ~ 9:30 a.m.

**CHP Troy Health Center**  
255 River Street, Troy  
Thursday, July 17 ~ 2:30 p.m.  
Wednesday, July 23 ~ 2:30 p.m.  
Thursday, July 24 ~ 2:30 p.m.

#### **Saratoga**

**CHP Clifton Park Health Center**  
5 Chelsea Place, Clifton Park  
Thursday, July 17 ~ 10:00 a.m.  
Monday, July 21 ~ 6:00 p.m.  
Tuesday, July 22 ~ 10:00 a.m.  
Thursday, July 24 ~ 10:00 a.m.  
Monday, July 28 ~ 6:00 p.m.  
Tuesday, July 29 ~ 2:00 p.m.

**Professor Moriarty's**  
430 Broadway, Saratoga Springs  
Thursday, July 17 ~ 9:30 a.m.  
Tuesday, July 22 ~ 9:30 a.m.  
Thursday, July 24 ~ 9:30 a.m.  
Tuesday, July 29 ~ 9:30 a.m.

**CHP Saratoga Health Center**  
1 Veterans Way, Saratoga Springs  
Tuesday, July 22 ~ 5:30 p.m.  
Wednesday, July 23 ~ 10:00 a.m.  
Tuesday, July 29 ~ 5:30 p.m.

**Saratoga Public Library**  
49 Henry Street, Saratoga Springs  
Friday, July 18 ~ 10:00 a.m.  
Friday, July 25 ~ 10:00 a.m.

#### **Schenectady**

**Country Inn Diner**  
3081 Carman Rd., Schenectady  
Tuesday, July 22 ~ 9:00 a.m.  
Tuesday, July 29 ~ 9:00 a.m.  
Tuesday, July 29 ~ 4:30 p.m.

**CHP Rotterdam Health Center**  
3060 Hamburg Street, Rotterdam  
Friday, July 18 ~ 9:30 a.m.  
Friday, July 25 ~ 9:30 a.m.

**CHP Schenectady Health Center**  
530 Liberty Street, Schenectady  
Monday, July 21 ~ 1:00 p.m.  
Monday, July 28 ~ 1:00 p.m.

# Courses

(From Page 1)

"It occurred to me there was an audience" for high-caliber humanities programs, she said.

She and Fred then set out to create a forum for that audience, which has now grown to the point where people are closed out of courses.

The Adlers and eight others on the institute coordinating



Adler volunteers.

board run the program on sheer energy and little money. The program is completely non-profit and run solely by

Volunteers audit classes at the University at Albany to scout

folklore and myth; and Warren Ginsberg, who will discourse on

can you imagine," Adler said.

One persistent difficulty, however, is finding adequate daytime space for the courses.

"The problem we have with the program we've designed are the demands for daytime classes," Adler said.

Classes are currently held at Bethlehem town hall and Bethlehem Lutheran Church.

The Adlers said the Bethlehem Central School District has been very helpful in launching the program by providing expertise and advice, but no money.

Judith Wooster, assistant superintendent for instruction, who works with the Adlers and the institute board, said the institute program "is changing people's lives and filling a void in their lives. Its benefit to the community is beyond measure."

The institute's fall classes begin in early October and run for eight weeks. Registration deadline is Sept. 19.

For information about classes this year, call 463-0514.

## Detect cancer early on with regular testing

Many times, there are no visible or painful symptoms during the early stages of most types of cancer. In order to detect cancer in its earliest stages and to increase your chances of beating the disease, you should get tested regularly.

More than half of all cancer cases occur in people age 65 and older. Therefore, it is important to visit your doctor for yearly checkups and have him or her administer the following tests to detect cancer from the onset.

For women, the risk of breast cancer increases with age, as does cancer of the uterus and cervix. Make sure the doctor checks your breasts and gives you a mammogram. This breast X-ray can reveal problems up to two years before a lump can be detected. In addition, perform monthly breast exams yourself to help detect problems. Ask your doctor or nurse for instructions on how to perform them properly.

During a pelvic exam, the doctor feels the internal sex organs, bladder and rectum for changes. At this time, a pap smear is taken. The doctor removes a few cells from the cervix with a swab and checks them under a microscope for

any problems.

Cancers of the colon and rectum are more likely to occur in older men and women as well. In a rectal exam, the doctor feels the rectum for bumps or irregular areas. A guaiac stool test checks for unseen blood in stool samples. This can be performed at home or during the rectal exam. Sigmoidoscopy checks for cancer using a thin, lighted instrument called a sigmoidoscope.

More than 80 percent of all prostate cancer occurs in males age 65 and older. To check for prostate cancer, the doctor performs a rectal exam to feel the prostate for hard or lumpy areas. A prostate-specific antigen test (PSA) measures the level of a certain protein that seems to increase in the case of prostate cancer.

If your doctor finds signs of cancer, be sure to get a second opinion on the diagnosis and available treatments. Research the various treatment options in order to decide which best suits you.

Find a doctor who is trained to treat the type of cancer you have. Oncologists are doctors who are specially trained to treat cancer. Choose a doctor with whom you are comfortable.

out potential professors in fields such as world literature, film, folklore and myth, geography and archaeology.

"We proceed as pioneers," said Adler.

A modest tuition fee of \$30 for Bethlehem residents and \$35 for non-residents covers the cost of teachers' fees.

This year, the Adlers have recruited UAlbany professors William Hamm, who will teach a course on notable American homicide trials; Fred Silva, who will examine four great film directors through analysis of their works; Gary Gossen, whose course will explore

War and Love in Rome as reflected in Vergil's *Aeneid* and Ovid's *Metamorphoses*.

"People say, 'I just live for the next brochure,'" Adler said, adding that the professors also enjoy their enthusiastic, informed students.

Lifelong Learning's appeal has spread throughout the Capital District. Last semester, the program had to turn away 45 people from one course. Overall, about 250 people participated, with more expected to sign up this year.

"People taking three and four courses and men loving poetry,

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# Ergonomically designed garden tools a boon for all ages

Today and for the first time in history, the majority of Americans are over 40 years of age. According to *American Demographics* magazine, "pre-boomers," those currently ages 50 and older, account for 26 percent of the population. Between now and the year 2020, the 50-plus age segment will grow 74 percent, while the under-50 age bracket will increase only 1 percent.

In addition, home-ownership studies show increases in independent living among seniors. Homeowners today, whether young or old, male or female, are spending more time and money on home maintenance and improvement.

For leading lawn and garden power equipment manufacturers, these trends underscore the need for products that are built to last, easy to use and, even more important to today's senior consumer, effortless to start.

In order to meet these needs,

Homelite, the only U.S.-owned outdoor power equipment manufacturer with its products designed and manufactured in the United States, introduced the ergonomically-designed push-button start string trimmer.

The new push-button start system completely eliminates the pull cord, making the unit effortless to start. It's as easy as one, two, three. Simply pull the trigger, push the button, and trim.

While the two-cycle trimmer engine is gasoline-powered, the push-button start system is powered by a rechargeable nickel-cadmium battery that provides up to 40 starts per charge. Recharging is fast and simple; plug in the entire trimmer, or remove the battery pack.

The new Homelite trimmer is ergonomically-designed, so you can accomplish your yardwork and gardening in a comfortable, efficient and safe manner. For

example, the contoured housing provides additional elbowroom for comfort and refined weight balance for less user fatigue. The handle is specially designed to fit your hand and minimize vibration. It is also textured to ensure a no-slip grip. Other features that make the trimmer user-friendly are the easy access to the spark plug that makes service and replacement simple and the E-Z Line™ Advance system that makes it fast and easy to advance the line.

If you are concerned about

product dependability, the two-cycle portable engine is tried and true for powering lawn care equipment into the future. Today's two-cycle engine has proven reliability and fewer moving parts to wear out, and it does not require the disposal of used crankcase oil.

The unit also features a redesigned fuel tank and muffler. The fuel tank is translucent, vertically positioned and easy to fill, reducing fuel spillage. The unique muffler results in quieter operation and easy

consumer access for maintenance.

Time in the yard and garden can be enjoyable at any age. To ensure a pleasant experience, use outdoor power tools designed with your needs in mind. Make sure they are manufactured for longevity, user-friendly and, especially, easy to start.

For a free brochure on the Homelite push-button start trimmer, write to Homelite, Dept. KT, P.O. Box 7047, Charlotte, N.C.

## How does your 401(k) plan compare?

There are now over 142,000 401(k) plans of all asset sizes nationwide reporting to the Department of Labor. With 401(k) plans becoming the employer pension plan of choice, plan participants can now find out how their plan stacks up against an "average" 401(k) plan.

According to data in the 1996-1997 *Standard Directory of 401(k) Plans*, an average plan offers the participants

six investment options, allows the participants to take out a loan against their account balance, provides daily valuation and has an employer matching contribution. The most common employer match rate is 50 percent of the first 6 percent a participant elects to defer.

One of the most generous match rates, 200 percent up to the first 6 percent of compensation deferred by the participant, is given to employees of Pemco

Financial Services of Seattle, Wash. In addition to the employer contribution match, two of the more popular plan features with participants are plan daily valuation and loan features.

Daily valuation allows participants to ascertain, on a daily basis, their 401(k) account balance. The loan feature allows participants to take out a loan against the balance of their 401(k) account.

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# Hidden heroes

## Survey tells story of Alzheimer's disease care givers

Mrs. Beverly Jones\* is 51 years old and typically works 69 hours a week. She says her responsibilities are "fulfilling," but also "frustrating," "exhausting" and sometimes "painful." She is occasionally depressed and often feels she is not getting enough sleep. She has held her challenging position for nearly four years, but fears she may not be able to fulfill her responsibilities much longer.

Mrs. Jones is not a firefighter, a surgeon or a corporate executive. She is a care giver for her husband who has Alzheimer's disease. She is a composite of the typical Alzheimer's disease care giver and her story is painfully familiar to millions of family members struggling to care for loved ones with Alzheimer's disease, a progressive, degenerative brain condition that is characterized by memory deterioration and a gradual loss of the ability to process thought and perform routine daily tasks.

According to the Alzheimer's Association, approximately four million American adults suffer from Alzheimer's disease. As Alzheimer's disease progresses, symptoms may include disturbances in behavior and appearance, confusion and disorientation. In late stages of Alzheimer's disease, those afflicted are frequently completely dependent on others for care.

A recent survey of 500 Alzheimer's disease care givers who had previously contacted the Alzheimer's Association

\* Not her real name

found that 96 percent of care givers feel their duties are, above all, a labor of love. The survey was conducted for the Alzheimer's Association by Yankelovich Partners Inc., and supported by an educational grant from Eisai Inc. and Pfizer Inc., allied companies dedicated to advances in Alzheimer's disease therapy.

"When you consider that the Alzheimer's disease care giver spends, on average, almost the equivalent of two full-time jobs caring for their loved one, it is no wonder they report depression (75 percent), family stress (49 percent) and sleeplessness (45 percent)," said Edward Truschke, president and CEO of the Alzheimer's Association. "We think care givers deserve recognition for their courage, hard work and determination in the face of the enormous stress of this incurable illness. More importantly, we want them to get the help and support they need."

### Little things mean a lot

Care givers' most important concern is the comfort and quality of life of their loved ones, regardless of the severity of the condition. Small improvements are extremely important to care givers, especially for loved ones in the early stages of the disease. Eighty-six percent of care givers strongly agreed that any improvement in their loved ones' condition, no matter how small, is important, and more than half consider a lack of deterioration an improvement.

### The costs of care

Caring for someone with Alzheimer's disease also has significant financial consequences. Forty-nine percent of care givers reported that they have made financial sacrifices in order to provide better care. Fifty-nine percent have contributed some of their personal income or savings to help pay for care. Sixty-four percent are

concerned about having enough money to take care of their own needs as they grow older.

### Hope and help

There is hope and support for the millions with Alzheimer's disease and for those who care for them. The hope lies in the research efforts that continue and in new therapies on the

horizon. The support is drawn from the Alzheimer's Association, which provides essential services and education, reminding care givers that they are not alone.

The Association offers a variety of programs and services for people with Alzheimer's and their families and care givers through a network of more than 200 chapters nationwide.

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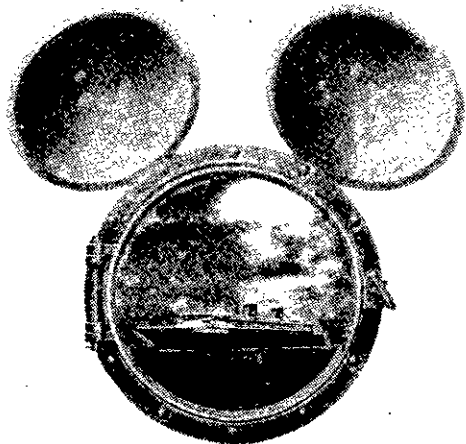


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# When a stroke strikes, ignorance can kill

Stroke—it's the country's leading cause of disability, afflicting approximately 500,000 Americans every year.

Despite the severity of the disease, a new survey suggests that most people are in the dark about strokes.

According to a Gallup survey sponsored by

Bayer Corp., a staggering 76 percent of Americans cannot give an accurate description of a

found that over one-third of people don't even realize strokes have warning signs.

**Stroke, or 'brain attack,' as we now refer to it, is a devastating disease that can strike anyone at any time — regardless of age, race or sex.**

Dr. Suzanne Oparil

stroke. In addition, the survey

Knowing a stroke's warning signs is crucial. If recognized early, steps can be taken to prevent a full, debilitating stroke.

Warning signs include sudden weakness or numbness, sudden dimness or loss of vision (particularly in one eye), loss of speech or trouble understanding speech, sudden, severe headaches and unexplained dizziness or loss of balance.

The occurrence of these temporary warning signs — commonly known as a TIA (transient ischemic attack) or "mini-stroke" — can be a wake-up call. Thirty-six percent of people who experience these signs will go on to have a full stroke. While the effects of a TIA are temporary, the side effects of stroke may be permanent.

Stroke occurs when a blood vessel bringing oxygen and nutrients to the brain bursts or is blocked by fatty deposits and blood clots. Part of the brain doesn't get the flow of blood it needs, and nerve cells deprived of oxygen die within minutes. The effects of a stroke are often permanent because dead brain cells aren't replaced.

"Stroke, or 'brain attack,' as we now refer to it, is a devastating disease that can strike

## New Survey Finds Many Americans At Risk By Not Knowing Stroke's Warning Signs:

- 92% did not identify sudden severe headaches
- 88% did not identify blurred vision
- 87% did not identify trouble speaking or understanding speech
- 79% did not identify dizziness
- 75% did not identify numbness

Source: Gallup survey For Bayer Corporation

## Book offers advice for grandparents

A fascinating new book may be essential reading for those who are or ever plan to fill the essential role of grandparents. It also makes a great gift on Grandparents Day, Sept. 10, or at any time.

*The Essential Grandparent: A Guide to Making a Difference* by Dr. Lillian Carson (Health Communications Inc., \$10.95) provides the much-needed instruction manual for this important transition in life.

With divorce rates skyrocketing and parents having less time to spend at home, grandparents are more important than ever.

"Children inherit not only the legacies that their elders impart but also the void that is left by what they withhold," said Carson, a noted therapist who sees grandparenting as an important key to aging well.

Her book can help grandparents find their own answers to the question, "So now that you're here at this new stage of life, what are you going to make of it?" by helping them develop a grandparenting strategy.

This comprehensive, reader-friendly guide is free of psychological jargon and filled with tips that help readers make the most of this rewarding stage of life.

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anyone at any time — regardless of age, race or sex," says Suzanne Oparil, M.D., president of the American Heart Association. "The good news is that in many cases, it can be prevented. By knowing and recognizing the warning signs, you can help reduce your risk."

Making simple lifestyle changes can help reduce your risk of stroke. As your doctor will tell you, eating a healthier diet, exercising, quitting smoking and lowering cholesterol and blood pressure levels are proven to help reduce the risk of a stroke. A regimen of aspirin, along with these changes, is also proven to help prevent strokes in people who have had a TIA.

Doctors began recommending aspirin as preventive therapy for recurrent strokes in 1980, when the Food and Drug Administration (FDA) approved its use in treating patients who had suffered TIAs. By reducing the tendency of blood platelets

to clot, aspirin allows the blood to flow more freely, lessening the chance of arteries becoming blocked and causing a stroke. If you think aspirin may be right for you, talk to your doctor.

To help you learn more about strokes, the warning signs and what you can do to reduce your risk of this disease, Bayer Corp. and the American Heart Association have created a free brochure called *Using Your Head To Prevent a Stroke*. You can obtain your copy by writing to Bayer Corp., P.O. Box 1088, Grand Rapids, Minn. 55745-1088, or call 1-800-332-2253.

## More Americans become care givers

Today, there are an estimated 33 million U.S. citizens over 65 years of age. By 2020, the number will double, reaching an incredible 66 million.

The number of people who will provide care for elderly parents (personally, financially, or as an advisor) is also expected to grow.

Research conducted by ManorCare Health Services shows that one in three current and future care givers feel that they don't have enough information to make the best possible decisions about providing care for an elderly relative.

"Too often people face decisions about caring for a loved one while coping with the emotional stress of an illness or change in living situation. To make knowledgeable choices, care givers need information before a crisis hits," said actress Olympia Dukakis who learned this lesson the hard way while caring for her mother.

Although caregiving can be a rewarding and fulfilling experience, without the necessary assistance, information and resources, few people are prepared for how exhausting and frustrating it can be.

However, there are resources available. Good places to start researching information include your doctor, the local library, area support groups, and associations such as the Alzheimer's Association.

# Facts and figures about prostate cancer

Prostate cancer is the second leading cause of death in American men, claiming more than 40,000 lives annually. According to a recent CNN poll on men's health issues, it ranks third in a list of common health concerns, behind heart disease and AIDS.

More than 240,000 men will be diagnosed with prostate cancer this year. Increased awareness of the disease, who it affects, and its treatment is due in large part to extensive public education by patient advocacy groups.

Early detection and treatment can improve disease outcomes and provide the greatest chance of survival. Recent statistics from the American Cancer Society indicate that nine out of 10 men who are diagnosed with prostate cancer early and initiate treatment can live fulfilling and enjoyable lives.

## Early detection

The prostate is a walnut-sized gland that provides about one-third of the fluid that propels

sperm through the urethra and out of the penis. Detecting prostate cancer is difficult because the gland is not readily accessible, and as a result, many men may not notice any changes. Screening tests can greatly increase the chance of prostate cancer detection. The digital rectal exam (DRE) is the most common test and involves manual probing of the prostate gland by a physician. Suspicious findings, such as a lump, are followed up with other tests, including a prostate-specific antigen test (PSA) or a transurethral ultrasound (TRUS). Results from these tests are interpreted and lead to appropriate treatment recommendations.

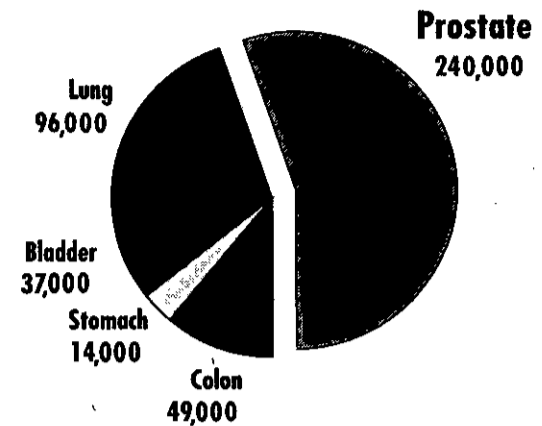
## Treatment options: Surgery, radiation or hormonal therapy?

Deciding upon the correct course of treatment is dependent upon the patient's age, stage and severity of disease, general overall health and quality-of-life issues. Severity of prostate cancer is rated from stages A

through D, with stage D designated as the most advanced. The patient may opt for surgery, radiation therapy or hormonal therapy.

Those patients in late stages of prostate cancer have a therapeutic option called complete hormonal therapy (CHT). In a National Cancer Institute study, CHT using the antiandrogen drug Eulexin® (flutamide) and medical castration (injections that prevent testosterone production in the testes) was shown to increase survival rates in men with late-stage prostate cancer by 26 percent (seven months) over medical castration alone. The benefits of CHT were even greater when administered to patients in late stages of cancer, with minimal cancer spread. In this group, CHT delayed progression by 29 months and increased overall survival by 19 months. The most common side effect associated with CHT is diarrhea, which in most cases is manageable.

## Estimated New Cases of Cancer



The key to successful treatment is achieving a good patient-physician partnership. Prostate cancer patients should talk with their doctor about the

treatments available to them and take an active role in deciding which therapy is most appropriate.

## The aging process and your vision

Next to heart disease and arthritis, impaired vision is the greatest handicap affecting older Americans, according to the Better Vision Institute (BVI). Fortunately, new medical, surgical and optical technologies make it possible for physicians to help people overcome many diseases and disorders that can affect their vision as they age.

Signs that a vision problem may exist include hazy or blurred vision and glare, recurrent pain in and around the eyes, double vision, flashes of light, halos around lights or sensitivity to light. Some conditions may be symptomless until the condition is already at an advanced stage. Regular eye examinations with an eye-care professional can help diagnose and treat problems, in some cases, before they become more difficult to treat.

For more information concerning age-related vision problems, write to the Better Vision Institute, P.O. Box 77097, Washington, D.C. 20013, or call 1-800-424-8422.

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# What senior citizens need to know about asthma

Age may be a state of mind, but for an estimated 5 to 7 percent of people over age 65, the onset of asthma is a reality.

"Despite scientific documentation of first onset of asthma after age 65, asthma often is overlooked, because its symptoms — wheezing, shortness of breath and coughing — are breath and coughing — are diseases commonly associated with aging, such as emphysema, chronic bronchitis or congestive heart failure," says Dr. Stuart Stoloff, associate professor of family and community medicine, University of Nevada School of Medicine.

"Older patients aren't looking for signs of asthma, because they don't consider themselves candidates for the disease. They may not experience breathlessness as a symptom, because they may be less active and aren't stressing their ventilatory system," Stoloff explains. "Cough is a less recognized, but important, sign that asthma may be present. Yet, many older patients dismiss their symptoms and fail to report a persistent cough to their physician."

Chronic cough also may be a side effect of blood pressure or heart medications used by many

older adults. About 20 percent of patients taking angiotensin-converting enzyme (ACE) inhibitor medications experience

**Age may be a state of mind, but for an estimated 5 to 7 percent of people over age 65, the onset of asthma is a reality.**

persistent cough a few days to several weeks after initial treatment. This cough resembles a key symptom of asthma.

Asthmatic cough typically is persistent, long-term and does not produce mucus. Chest tightness or wheezing may or may not accompany asthmatic cough.

Unlike younger asthma

patients, who may respond well to as-needed bronchodilator therapy for relief, most older asthma patients require continuous medication therapy programs to adequately control their disease. Older patients may experience a declining response to traditional inhaled beta-agonists.

"For long-term control of asthma in older adults, I recommend inhaled anti-inflammatory agents, such as corticosteroids or nedocromil sodium," says Stoloff. "I use caution in prescribing steroidal medications for older patients, due to the possibility of decreased bone density and accelerated osteoporosis. Older patients often have difficulty using metered dose inhalers (MDIs). New spacer devices help, but I feel it is important to take the time to provide older asthma patients with continuing supervision of their MDI technique."

Compliance is a common problem among older adults, who may be taking multiple medications for conditions other than asthma. Patients may stop taking their medication for many reasons: unreported side effects, drug interactions and difficulty keeping track of medication schedules, especially if they are taking more than one medication at a time. Financial concerns also play a role; many individuals on fixed incomes stretch out the intervals between doses to make the medicine last longer.

Older adults suffering from persistent cough or other respiratory symptoms should consult their physician to determine whether they have asthma or another medical problem. The sooner they are placed on an appropriate treatment plan, the sooner they can move toward maximum health and vitality.

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# Junk in the attic may be worth saving — or selling

Don't trash grandpa's smelly old pipe. It might be worth \$100 or more.

Used briar pipes are one of many valuable items overlooked when folks clean house or settle an estate.

"I found a \$900 pipe selling for \$2 at a yard sale," reports buy/sell expert Tony Hyman, host of the nationally syndicated radio talk show, *Trash or Treasure*.

Seniors are especially likely to lose a great deal of money when they sort their "junk," cautions Hyman, because things don't have to be very old or expensive to have value. Everyday items made between 1920 and 1975 are often worth money to collectors in the 1990s, he says.

Glassware given away free in the 1930s can put hundreds of dollars in your pocket, and more than 100 inexpensive toys from the 1960s are worth \$1,000 today. The secret of turning this "junk" into cash, says Hyman, is getting it to the people who want

it most because "they're the ones who pay best."

While millions of people collect stamps, less than a dozen compete for items in some other hobbies. There is only one good buyer of cigar boxes in the country, and buyers of old lace or BB guns are equally hard to locate. Once you find those collectors, it's surprising how much money you can get.

Monster collector David Welch recently paid \$10,000 for plastic model kits of Godzilla that had been gathering dust in a retiree's attic in Florida. The kits sold new in 1966 for \$1.75 each, says Welch, who warns that noncollectors seldom know what's valuable.

Levi's blue jeans from the 1950s and '60s are a good example. Dave Bailey in Honolulu pays from \$75 to \$500 for what collectors call "Big E" jeans and up to \$1,500 for some Levi's jackets.

Quality buyers like Welch and Bailey probably live miles away from you. As a result, they

were once difficult to contact. Hyman makes it possible for anyone, "whether they are 8 or 88," to easily find reputable buyers of "nearly everything" by mail or phone.

On his radio talk show, Hyman has helped millions of listeners turn everything from airplane parts to cookie jars into cash. In 1992, he showed a caller how to get more than \$150,000 for a baseball uniform and, in February 1995, helped a Kentucky man sell a shoe box of postcards from his daddy's estate to someone in Quebec for \$21,000.

Hyman's easy-to-follow advice and his guide to dealing with the country's top 1,200 buyers are now available in print.

Trash or Treasure is not a "price guide," but a guide to getting the best prices. It's more useful than a price guide, because it gives you names, addresses and phone numbers of real people with cash in hand, ready to evaluate and pay fair prices for what you have.

Available exclusively by mail, Hyman's 576-page guidebook is \$29.95 (plus \$5 shipping and handling) from Treasure Hunt, Box 3028-J, Pismo Beach, Calif. 93448.

Nearly every older American has something worth \$50 to \$1,500 that he or she thinks is trash, says Hyman.

"Don't dispose of anything more than 15 years old without first getting good free advice," he suggests.

Be careful about underestimating the value of Hawaiian shirts, electric trains, detective storybooks and magazines, perfume bottles, guitars and

violins, fountain pens, Sears catalogs, phonograph records (it's surprising which ones have value), wristwatches, windup toys, dolls, teddy bears, paperweights, canning jars, stoneware crocks, political buttons, metal lunch boxes, ashtrays, cigarette lighters, and many other ordinary-looking things.

A Massachusetts housewife sold a 15-inch-high pottery vase at her yard sale for \$100 in the spring of 1994. The person who bought it called Riley Humler, one of 22 pottery buyers Hyman recommends. In June, Humler helped the new owner sell it properly — and got a staggering \$51,700.

## Don't miss out on Medicare eye-care benefits

Some older adults may not be taking advantage of the Medicare eye-care benefits to which they are entitled, according to the American Optometric Association.

Some people may not be aware of the eye-care benefits available to them under Medicare. Here are things people covered by Medicare need to know about their eye-care benefits:

- If a symptom of an eye-health problem prompted you to

make an appointment with an optometrist for an eye exam, Medicare will cover the eye-health part of the exam. You are entitled to this coverage even if an eye-health problem is ruled out. Medicare also will cover any eye-disease treatment services the optometrist provides.

- Medicare covers eye surgery and post-surgical care, including post-surgical care provided by an optometrist.

- If you have cataract surgery with a lens implant, Medicare

will cover part of the cost of one pair of prescription glasses or contact lenses after surgery.

Medicare does not, however, cover the cost of glasses and contact lenses or the part of the eye examination to determine the prescription, except after cataract surgery.

To make sure they receive the benefits of Medicare eye-care coverage, people should be certain to tell their optometrist they are eligible for Medicare benefits at the time of their eye examination.

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# When is a will needed?

## A legal professional lays out the facts

By Margaret Reed

At some point in their lives, most people think about getting their affairs in order and that includes making a will. A question in any discussion about wills is whether everyone needs one, and the answer, generally, is yes.

A will controls the disposition of any asset owned solely by an individual that has not been otherwise legally designated for another. It is sometimes difficult to anticipate what will be solely and wholly owned by us at our deaths, and if an individual dies intestate, or without a will, state law determines who will get the solely-owned assets.

What property does a will control, or "I thought it would pass under my will but I just found out it won't." In order to understand what property or assets a will controls, it is important to understand what a will does not control. Assets that are not controlled by a will are said to pass "outside the will."

Put another way, these are assets that pass by what are referred to as will substitutes. Will substitutes may generally be categorized as assets held by joint ownership, property held in trust for another, property passing by beneficiary designation, and property passing as a remainder interest.

To be more specific, a person's will does not control the disposition of any real or personal property that is jointly owned with right of survivorship. This may include an individual's residence and bank accounts. Immediately

upon the death of one joint owner, assets held jointly with right of survivorship become the property of the surviving joint owner(s) outright. These assets also may be held by more than one person without the right of survivorship. In the case of a bank account, this would be referred to as a "convenience" account.

A second type of ownership that is not controlled by a will is an "in trust for" or "payable on death" account. For example, an individual may designate a bank account as "in trust for" another. During the account holder's lifetime, the account is not accessible by those it is held in trust for, but at the death of the account holder, the asset belongs to the named individual(s) outright. Property held in a revocable "living" trust, or numerous other types of trusts, also passes "outside a will."

A third way to pass an asset outside a will is by designating a beneficiary of a life insurance policy, a retirement account or an annuity. The asset passes automatically to the designated beneficiary at the death of the insured, retirement account holder, or annuitant.

A fourth will substitute is when a person transfers title of property to others but retains what is referred to as a life estate, or lifetime use of that property. At the death of the life "tenant," the named persons immediately become the outright owners of the property.

Many people hold assets by one or more of these four types of ownership that are referred to

as will substitutes. It is very common, for example, for a married couple to own their home and bank accounts jointly with right of survivorship. At the death of one of the spouses, the jointly-owned property will belong to the surviving spouse outright. Thus, there may be no need for a will at the death of the first spouse to die. However, it is impossible to know which of the spouses will be the first to die or whether spouses might die in a joint accident. Therefore, even where all assets are owned jointly or with beneficiary designations, each joint owner needs a will to provide for disposition of assets after both have died.

Most people who have not gotten around to making a will in their younger years, get more serious about making one as they grow older. But wills are not just for older people. Important reasons to have a will are to specify exactly who is to inherit assets, to provide for family members who are unable to manage their own affairs, to nominate a guardian for minor children, to benefit charitable organizations and to nominate an executor.

Wills may be simple or complicated. They can provide for disposition of assets outright, or they can provide for assets to be held in trust. In some situations they may also be used to minimize estate taxes. It is important to note that wills are revocable documents that may be changed when an individual's circumstances change.

Reed is a practicing attorney in Delmar.

## 'Senior Smart' tips when renting a car

The auto rental industry is more aware than ever before of the needs of drivers 55 and older. So says Sharon Faulkner, president of the New York State Vehicle Rental Association and local operator of the Capital District's Budget Car Rental Co.

Aging is inevitable; it happens to everybody. But growing older doesn't have to necessarily mean limiting one's mobility. Aging may impose some limitations, however it is important to remember that many people achieved their greatest success when they were over 60. Businessman Henry Leland founded the Cadillac Automobile Co. when he was 59. Colonial Sanders struck success with Kentucky Fried Chicken when he was well into his 70s.

Because of the natural life changes that occur, it is worthwhile to periodically review the status of the necessities of driving, and make the key changes when it becomes important to do so.

Before renting an automobile, it is smart to be a good consumer and find out not just who has the best rates, but who will be most accommodating to your special needs. Many auto rental outfits have senior rates for AAA or AARP discounts; make it your business to find these out.

Most adults have an appreciation for both mid-sized and full-sized automobiles. It is necessary to be specific when making your reservation in advance to clarify your choice, and remember: Ask questions! So many makes and models change throughout the years, that last year's compact may be next year's mid-sized car.

When calling, find out if there is walking involved. Budget Car Rental of Albany has easy-access transports and a free non-stop airport shuttle for customers.

Outlined here are several hints for the senior driver, courtesy of AAA Foundation for Traffic Safety and the Budget Car Rental folks:

- Get regularly scheduled eye exams every two years. Cataracts are more common with age and can be easily corrected.
- Limit or eliminate night driving if you have night blindness.
- When driving, turn your head frequently for diminished peripheral vision.
- Always keep headlights, mirrors and windshields clean and clear.
- Be aware of medication that may cause drowsiness. If your medication causes this side effect, don't drive!
- Add a larger rear view mirror to increase the visibility range



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# Keeping active can help ward off loneliness

Loneliness is a state of dejection and grief caused by being alone. This feeling strikes more than one-third of all Americans at some time or another.

According to "The Second 50 Years," by Walter J. Cheney, William J. Diehm and Frank E. Seeley, 77 percent of all seniors living alone are women. Widowhood is the most common reason for women to live alone, although it is not the only reason. Men who live alone are likely to be divorced or never married. The large discrepancy between the number of men and women who live alone occurs because women tend to marry older men and live longer than most men.

Loneliness comes to people who do not prepare for a good retirement, according to the authors. For those who choose to reside in a home after retirement, there are many well-run establishments to choose from. They are caring organizations that handle seniors effectively and understand that people need to be cared for. Likewise, there are other facilities that do not function very well and don't provide all of these comforts. If a person finds a caring facility, chances are good that he or she will not need to worry about being lonely.

If you are lonely, here are some "sure-fire" ways to help ward off those lonely feelings.

• **Keep busy** — Get involved in everything that grabs your attention, write letters, visit people, or take up a hobby. Every little- and medium-size

thing you do can grow into a significant project.

• **Help others** — Look for others who are just as lonely as yourself. While helping them to feel less alone, you will be curing yourself of the same ailment.

• **Involve yourself** — The

**Choose to be happy — Ask yourself, "How does my unhappiness change the situation?" Most of the time, the answer will be "It doesn't; it just makes it worse."**

burned-out condition that many retirees seem to feel leads to a mental attitude of loneliness. Instead of sitting in a chair all day and watching television, become involved in community affairs.

• **Avoid escapes** — Avoid daydreaming, sleeping too much and watching too much television. When you do dream, make sure it is of obtainable goals that you can achieve in the near future.

• **Choose to be happy** — Ask yourself, "How does my unhappiness change the situation?" Most of the time, the answer will be "It doesn't; it just makes it worse." Fight depression by joining a self-help group or talking with friends, counselors and clergymen to help put

yourself in a good frame of mind. Make life better by improving your attitude and being happy.

• **Collect good thoughts** — Read and collect funny jokes, meaningful poems and great literary masterpieces. Memorize some of these inspirational passages and good thoughts, and share them with whomever you meet. In time, people will seek out your companionship and happy thoughts.

• **Join a social group** — Visit and join the various social groups in your community to meet people and make new friends. Commit yourself to one or more groups that you find interesting.

• **Go to church** — Most religious institutions care for people and treat all who attend like family. If you are friendly, chances are the institution will be friendly in return.

Loneliness generally occurs at specific times of the year, like birthdays, anniversaries and holidays. By becoming active and doing for others, you can be a happy, contented person while those lonely feelings disappear.



Volunteering, joining a social group, and spending time with family are just a few of the cures for loneliness. Becoming active, particularly when depression strikes, can combat the feelings of isolation.

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# Mouthwatering meals possible without all the cholesterol

Taking almost 1 million lives per year, cardiovascular disease is the leading cause of death in the United States. Reducing blood cholesterol levels is the single largest contributor to improved cardiovascular health.

Everyone, including seniors, can benefit from cutting fat and cholesterol from their diets. To help reduce cholesterol levels and lower the risk of heart attacks, the American Heart Association has developed the "Low-Fat, Low-Cholesterol Cookbook" (Random House), edited by Dr. Scott M. Grundy and Dr. Mary Winston.

This book contains more than 200 delicious, healthy recipes designed to decrease cholesterol intake and lower the risk of a heart attack. The heart association feels that slowly introducing these suggested tips and recipes into your lifestyle will bring about the

changes necessary for healthy living.

While not cholesterol-free, fish generally contains less cholesterol than red meat. According to the authors, people should try to eat fish two to three times a week. They can try the following tasty, yet healthy, recipe to start on the path to good health. To remove oils or salty liquids, drain the canned salmon. Then add water to the can and drain and rinse again. This is just one of the little ways to trim cholesterol, fat, salt and calories without trimming the taste.

## Salmon and pasta salad

Serves 8

This easy-to-fix main dish or appetizer salad is great for hot summer days. Mash the bones of the salmon to get full benefit of the calcium they contain. To

get all the fiber from the bell pepper, leave in the pith (white inner ribs).

- 1 cup uncooked elbow macaroni, 4 ounces
- 2 teaspoons acceptable vegetable oil
- 1 can salmon, drained, skin removed
- 1 tablespoon Worcestershire sauce
- 1 medium white onion, minced
- 1 10-ounce package frozen green peas, slightly defrosted
- 1 large red bell pepper, diced

### Dressing

- 1 cup low-fat cottage cheese
- 2 tablespoons fresh lemon juice
- 2 to 3 dashes hot pepper sauce
- 1 to 2 tablespoons chopped fresh dill weed or 1 to 2 teaspoons dried dill weed

Cook macaroni according to package directions, omitting salt. Drain and rinse under cold running water until noodles are cool. Drain, place in bowl and add oil; mix to coat evenly. Set aside.

In a bowl, mash salmon, including bones. Add Worcestershire, onions, peas, bell pepper and cooked macaroni. Mix well.

In a blender, process cottage cheese, lemon juice and hot pepper sauce until creamy. Mix in dill. Pour over the salmon-noodle mixture and stir. Refrigerate. Serve chilled.

## Wash away woes with water

Water, which contains no calories, makes up 60 percent of our body weight. It provides a medium for all the body's fluids and is vital for breathing, digestion and metabolism. It also helps balance the acids in the body, carries nutrients into all the body's cells, and is essential for removing waste from cells.

Not drinking water can impact the body in several ways, including: digestive inefficiency, decreased organ function, sore muscles and joints, and dehy-

dration

During hot weather, the body loses up to three gallons of fluid a day. The body needs water so that it can cool off during the sweating process. If sweat losses are high, heat exhaustion may result. Heat exhaustion is caused by failing to replenish fluids lost in the sweating process.

Whether or not you're on a special eating plan, you should drink at least 8 eight-ounce glasses of water or other non-caffeinated fluids daily.

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## Mobile Meals program nourishes friendships

By Catrina Wilson

Food with a smile. That's the philosophy behind the Mobile Meals Program at St. Peter's Hospital in Albany.

Each day, dozens of volunteers brighten the lives of more than 60 homebound, elderly adults across Albany County.

Created 27 years ago, St. Peter's Mobile Meals program currently involves 35 volunteers who deliver meals to approximately 52 people daily.

"Most of the volunteers wanted to do a service for their community and help out the elderly," said Grayce Waldbillig, Mobile Meals coordinator.

Waldbillig, who has managed the program for two years, said that 95 percent of the volunteers are themselves retirees.

Albany resident Marion Thull, a Mobile Meals volunteer of more than 18 years, began volunteering the day after she retired from New York Telephone Co.

Knowing that she would have time to dedicate to things other than work, Thull made a promise to herself that she would help others. Volunteering five days a week, Marion delivers at least 10 meals each day.

"The people I meet are starving for conversation, and I can bring them a smile," she said. "As long as I can continue delivering, they can stay in their own home, instead of going to a nursing home."

Volunteers develop a sense of camaraderie with the elderly, explained Mobile Meals volunteer Dave Perry of Delmar, who began volunteering in 1996.

Often, the volunteers are the only people the homebound see each day. Several wait on their front porches for the volunteers' arrival, Perry said.

Albany resident Sylvia Berg, who began volunteering in February, said, "In giving, I am the one who really receives. I get an enormous sense of well-being as a Mobile Meals volunteer."

Berg volunteers every Monday and whenever else her services are needed, usually delivering 14 meals each day.

Utilizing St. Peter's Hospital dietary services, Mobile Meals also can deliver specialized diets, which differentiates the program from other local meal delivery agencies. These diets cater to individuals with specialized needs including people with diabetes and with cardiac diseases.

Currently, there are between 30 and 35 people who volunteer with the St. Peter's Mobile Meals program.

Given the nature of a volunteer "army," the number of volunteers continues to decline. There is always a need for more volunteers.

Anyone interested in volunteering for the Mobile Meals program should contact Waldbillig at 525-1536.

Catrina Wilson works in the MercyCare Office of Communications.

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## Senior bus trips traverse the region

By Martin P. Kelly

Each week, dozens of buses leave the Colonie and Delmar areas filled with senior citizens en route to lunch and entertainment along with a visit to an educational or historical site.

Senior centers usually book these events — mostly single day trips — with the cooperation of the municipalities in which they are located and the restaurants and sites they plan to visit.

In addition, there are arrangements often made with entertainment groups which meet them at the restaurant to provide a show during and after lunch.

What results is a day's outing for a reasonable cost that can cover 150 miles or more during the daylight hours, particularly in the summer.

Costs are usually reasonable because the village or town where the senior center is located often will provide funds for the bus as long as the trip includes a visit to a historical or educational location.

As a result, the seniors are able to get the bus ride along with lunch and entertainment for minimal cost.

Most restaurants in areas within a 70-mile radius of the Albany region have special lunch prices to capture this potential market. In this region, a group with seven years' experience in this field is Riverview Entertainment Productions, based in Albany. The troupe, ranging from four to seven performers depending upon the show, travel by van to the restaurant where the seniors will be having lunch, meet with them and then do a mystery show or musical revue built around a theme such as holidays or Broadway shows or different eras of music.

Following lunch and the show, performers and seniors wish each other well and climb back into their bus and van and depart the restaurant.

In other instances, especially in the summer, the senior buses will travel to summer theaters, stopping for lunch at a nearby restaurant. For example, local buses travel to the MacHaydn Theater in Chatham for the Thursday and Saturday matinees, first stopping for lunch.

Often, the senior buses will travel to a place like the Lake George Dinner Theater for the matinees on Wednesday where they are served lunch and then see a comedy, all in the same venue.

In Colonie, Curtain Call Dinner Theater at the Marriott on Wolf Road, plays host to senior bus groups at matinees through August.

New this summer, is a

production at the Capital Repertory Company's theater in Albany, *Always Patsy Cline*, which is also attracting senior bus groups for matinees.

trips is the Saratoga Performing Arts Center, where seniors can take in special matinee performances of the New York City Ballet and the Philadelphia Orchestra.

And, not to be outdone, the Saratoga Race Track has a department that assists in bus trips during

the six-week season. On a good day there are almost as many buses on the premises as there are horses.

Seniors form a major market for bus tours and many businesses live and die by how frequently they can attract them.

Senior day bus tours in the summer can take local groups to western Massachusetts' summer theaters, to Vermont's Dorset Theatre Festival near Manchester, and to Utica's Beck's Grove dinner theater.

Another draw for these bus

**Organized trips abound that allow seniors to take in a bus ride along with lunch and entertainment for minimal cost.**

## Liquid body washes easier for arthritis sufferers to use

For many Americans, when the alarm clock rings in the morning, a refreshing shower helps them start off the day on the right foot. For the 40 million Americans with arthritis, however, something as routine as taking a shower can be a difficult and sometimes painful experience.

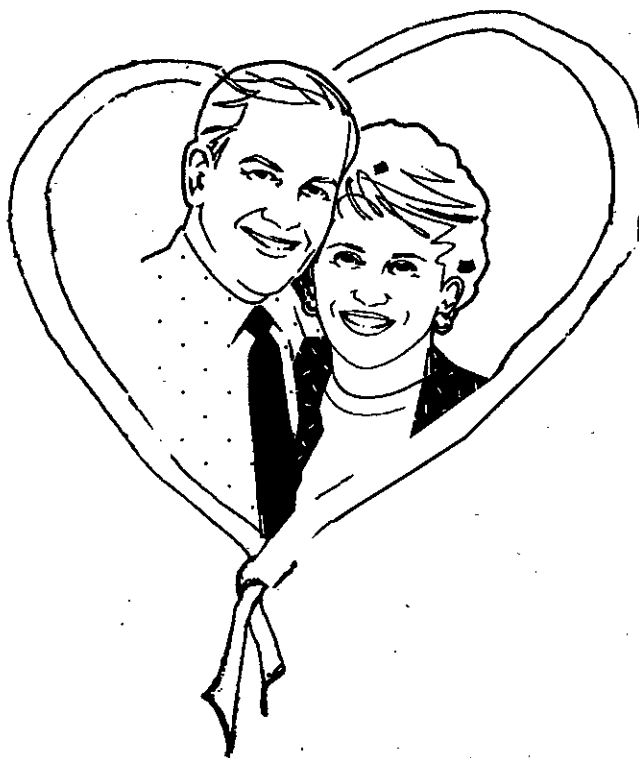
According to the Arthritis Foundation, arthritis is the No. 1 disability in the United States, limiting everyday activities like dressing, walking and bathing.

Whether opening the package of a bar of soap, holding the slippery bar in the shower or getting the soap to lather, many individuals with arthritis have indicated that bar soap is difficult for them to use.

However, a nonsoap liquid cleanser along with a companion sponge can quickly produce an abundance of long-lasting lather. Unlike soap, the cleanser bottle's flip-top cap or pump makes the product easier to open and handle than a wet, slippery bar of soap.

Many liquid body washes come with their own net sponge to enhance lathering and provide a good scrub.

LOOK YOUR BEST  
FEEL YOUR BEST  
*at any age*



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For information call: 518-436-PAIN (7246)
- **Counting too many sheep with too little sleep?**  
The Sleep/Wake Disorders Center located at Child's Hospital, is a collaborative effort of St. Peter's Hospital and Albany Medical Center. The Center is an accredited sleep lab specializing in obstructive sleep apnea, narcolepsy, insomnia, restless legs syndrome, night terrors and sleep walking.  
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# Estrogen, exercise can help fight osteoporosis

Helen, age 68, awoke out of a sound sleep one night. When she sat up in bed, she heard a crunching noise and felt a sharp pain in her back. A few days later, she visited a bone specialist who explained that the noise she heard was the collapse of several vertebrae in her spine.

Helen was diagnosed as having osteoporosis, a thinning of the bones which makes them weaker

and allows them to break more easily. Helen's condition, as described in Dr. Morris Notelovitz's book, *Menopause And Midlife Health*, affects approximately one in four postmenopausal women. Osteoporosis is often called a silent disease because it develops without symptoms.

Everyone loses some bone mass (bone thickness) after age

40. But menopausal women lose bone mass faster than premenopausal women. Estrogen deficiency is responsible for at least 75 percent of the bone lost in the first 20 years after meno-

creases as you get older.

Women who are likely to develop osteoporosis often have the following characteristics:

- White or Asian race.
- Slim build.
- Cigarette smokers.
- Family history of osteoporosis in a mother, sister or aunt.
- Early menopause, often because their ovaries were removed during an operation (surgical menopause).

There is no cure for osteoporosis, but there are measures to help prevent it. A diet high in calcium and a regular program of weight-bearing exercise (such as

walking or running for an hour, two or three times a week) can slow down or prevent further bone loss.

Health-care providers have recognized that estrogen plays an important role in helping to prevent osteoporosis. Therefore, in addition to a high calcium diet and regular exercise, your health-care provider may prescribe estrogen replacement therapy (ERT) for you.

ERT is not for every woman. Discuss with your health-care provider whether it's right for you. There are possible side effects with estrogen. One is an increased risk of cancer of the uterus. Estrogens should not be used during pregnancy, or if you've had abnormal vaginal bleeding or abnormal blood clotting. Advise your health-care provider if you've had heart disease or cancer of the breast or uterus.

Osteoporosis contributes to more than a million fractures a year and costs the health-care system about \$10 billion annually. A woman can expect to live as much as a third of her life

One estrogen replacement therapy prescribed by health-care providers for the prevention of osteoporosis is 0.5 mg. Estrace (estradiol tablets, USP) tablets. The active ingredient in Estrace is 17-beta estradiol, which is made from natural plant sources and resembles a woman's estrogen. Estrace allows you to supplement the estrogen your body begins to lose at menopause.

ERT is not for every woman. Discuss with your health-care provider whether it's right for you. There are possible side effects with estrogen. One is an increased risk of cancer of the uterus. Estrogens should not be used during pregnancy, or if you've had abnormal vaginal bleeding or abnormal blood clotting. Advise your health-care provider if you've had heart disease or cancer of the breast or uterus.

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**There is no cure for osteoporosis, but there are measures to help prevent it.**


pause. This accelerated loss can lead to osteoporosis. The bones of the spine, wrists and hips are affected most often. In general, the risk of hip fractures in-

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- Lynn Boyd, ACLI
- Glenda Copeland, Nashville, GA

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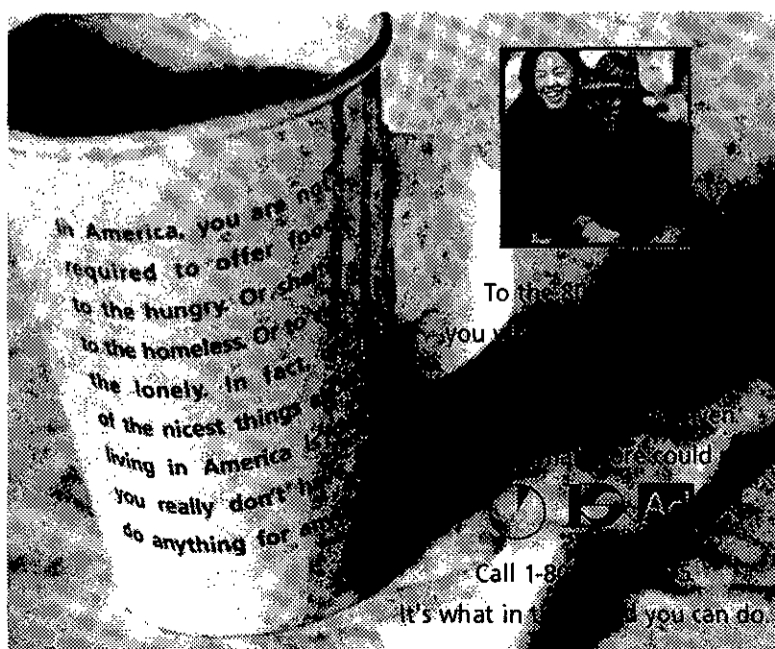
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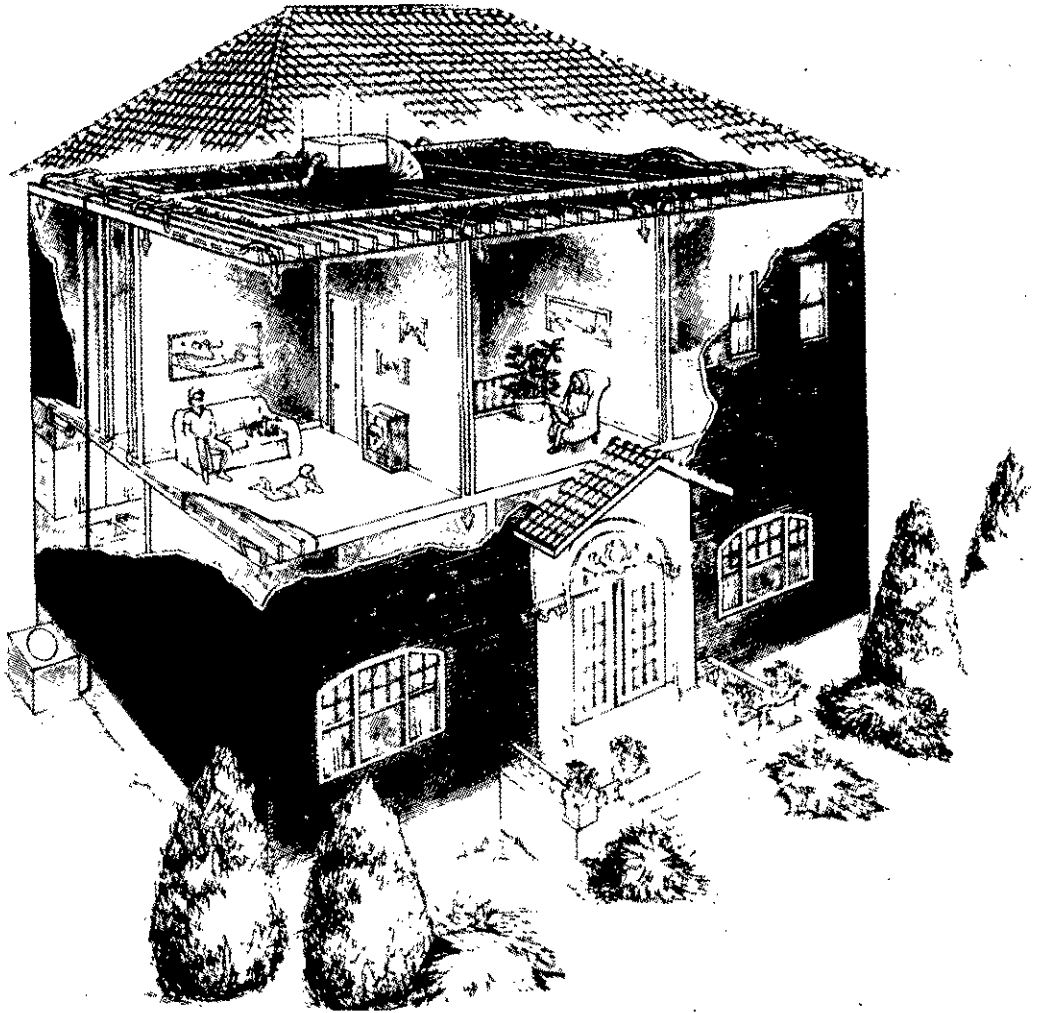
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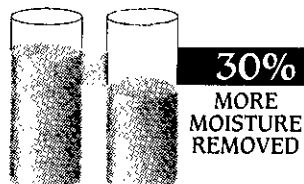


## With Unico System— Your Home Can Have Central Air

## What It Means For *Your* Home

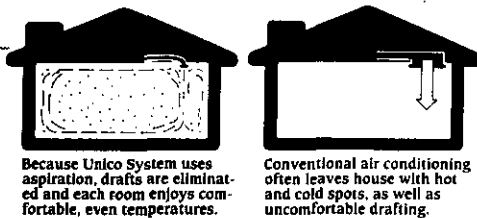
### Removes More Moisture

Unico System removes up to 30% more moisture than conventional central air conditioning systems. That means more comfort for you, even at higher thermostat settings. And because Unico System is adaptable to a variety of air cleaning devices, your home's air will be fresh and pure.



### Draft Free

Unico System works on the principle of aspiration. Cool streams of high velocity air enter a room, creating gentle circulation without drafts. You enjoy even room temperatures from floor to ceiling.



Because Unico System uses aspiration, drafts are eliminated and each room enjoys comfortable, even temperatures.

Conventional air conditioning often leaves house with hot and cold spots, as well as uncomfortable drafting.

### Quiet

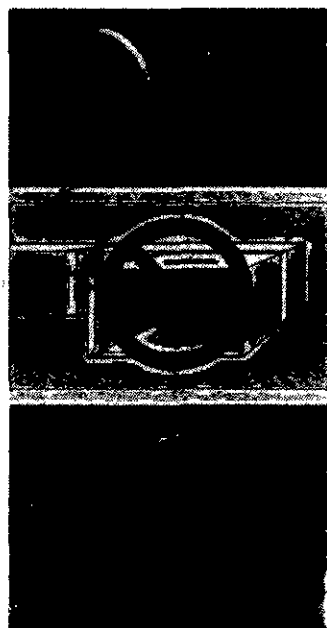
You'll feel the Unico System's cool comfort, but you'll hardly hear it. The last 36-inch section of duct has flexible, sound absorbing tubing that provides quiet air flow from each individual outlet. The central return air grill also connects to sound absorbing duct to maintain quiet operation.

### Little or No Remodeling

Unico System flexible ducts snake through and around existing construction. There are no unsightly, cumbersome metal ducts. The compact Unico System air handler can be installed in attic, basement, or even closet installations, allowing it to meet almost any installation challenge. The architectural integrity of your home will be preserved when the Unico System is installed.

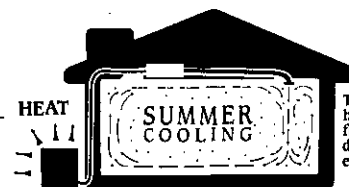
### Fits Any Decor

The barely noticeable outlets blend in with any decor, whether they're installed in the ceiling, floor, or wall. The Unico System avoids the staining of walls and ceilings that can occur with metal registers and diffusers.

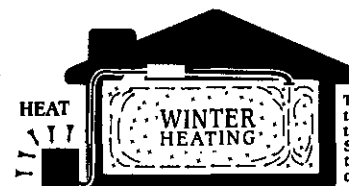


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Your Unico System will not only provide outstanding cooling in the summer, it can also be used to heat your home during cold winter months. The system works with the heat pumps of most major manufacturers to provide the same exceptional comfort in winter that you'll receive in the summer months. An added feature of the Unico System is the higher temperature (20° to 25° F higher) of air discharging from the outlets compared to conventional heat pump systems.



The Unico System air handler removes heat from indoor air to outdoor heat pump where it escapes into outside air.



The heat pump removes the heat from outside, transfers it to the Unico System air handler and this warm air is then circulated throughout your home.

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# Obituaries

## Catherine Baird

Catherine "Kitty" Baird, 87, of FeuraBbush died Saturday, July 12, at Child's Nursing Home in Albany.

Born in Philadelphia, she had lived in Colonie before moving to Feura Bush. Her husband, Percy C. Baird also died Saturday.

Mrs. Baird was a secretary for South Colonie School District for 15 years before she retired in the 1970s.

She was a member of Onesquethaw Reformed Church and a member of the choir. She also taught Sunday school and was a volunteer for the food pantry.

Survivors include a son, Bruce "Skip" Baird of Delmar; a daughter, Linda Womer of Feura Bush, six grandchildren; and nine great-grandchildren.

Arrangements were by the Frederick Funeral Home in Albany.

Services were from Our Savior's Lutheran Church in Colonie.

Contributions may be made to Paul and Jean McFate, c/o IAM Missions, 63 Mountain View Ave., Colonie 12205.

## Percy C. Baird

Percy C. Baird, 84, of Feura Bush died Saturday, July 12, at St. Peter's Hospital in Albany.

Born in Saratoga Springs, he was a sales representative for Empire Dental Labs in Schenectady, retiring in the 1970s. Prior to that, he was a machinist for Magnus Metal Co. in Colonie.

He was a member of Onesquethaw Reformed Church, a member of the choir and Sunday school teacher. He was also a food pantry volunteer.

Mr. Baird's wife, Catherine "Kitty" Baird also died Saturday.

Survivors include a son, Bruce "Skip" Baird of Delmar; a daughter, Linda Womer of Feura Bush; six grandchildren; and nine great-grandchildren.

Arrangements were by the Frederick Funeral Home in Albany.

Services were from Our Savior's Lutheran Church in Colonie.

Contributions may be made to Paul and Jean McFate, c/o IAM Missions, 63 Mountain View Ave., Colonie 12205.

## Benjamin Whittam Jr.

Benjamin Whittam Jr., 87, of North Helderberg Parkway in Slingerlands, died Saturday, July 12.

He was a senior executive of the former National Savings Bank. He was also a licensed real estate broker and instructor of the American Institute of Banking.

He was on the board of Child's Hospital a former board president of the Capital District Tuberculosis Association, a member of the Society of Real Estate Appraisers, the University Club of Albany.

Mr. Whittam was also a board member of the Albany Inter-Racial Council and the Albany Council of Churches Development Corp. He served on the advisory board of the Salvation Army. He was a charter member of the Hudson Valley Champlain Appraisal Society. He was a member of the Mendelssohn Club of Albany and the Masters Masonic Lodge.

Survivors include his wife, Marjorie Kimmey Whittam; two daughters, Judith M. Kerr of Windsor, Conn., and Helen M. Warner of Glenmont; five grandchildren; and 7 great-grandchildren.

Services were from the Meyers Funeral Home in Delmar.

Contributions may be made to Community Hospice, 315 S. Manning Blvd., Albany 12208.

## Edward W. Littlefield

Edward W. Littlefield, 100, of Naples, Fla., and formerly of Albright Place in Delmar, died May 26 in Florida.

Mr. Littlefield worked for the state Conservation Department, now the state Department of Environmental Conservation, for 40 years. He retired in 1962 as assistant commissioner of lands and forests and chief forester.

In the 1940s, he administered the Federal/State Cooperative Forest Management program.

Following his retirement, he was a part-time consultant for DEC. He contributed more than 30 articles to *The Conservationist*.

Mr. Littlefield received the Svend O. Heilberg Memorial Award for his work on the New York State Forest Practice Act.

The E.W. Littlefield Experimental Plantations were named for him in recognition of his work on forest experimentation. His investigations contributed to the introduction of the Pacific Coast Douglas fir to the eastern regions and its acceptance as a Christmas tree stock for state nurseries.

Mr. Littlefield was a life member of the Society of American Foresters and a former chairman of the New York section. He was a member of the American Forestry Association and a life member of the Society for the Protection of New Hampshire Forests.

He was husband of the late Stella Cooper Littlefield.

Survivors include a daughter, Eleanor Dirrane of the Bronx; seven grandchildren; and five great-grandchildren.

A memorial service will be held at a time to be announced at Universalist-Unitarian Fellowship in Port Charlotte, Fla.

## Merna Tufel Kellman

Merna Tufel Kellman, 88, of Delmar died Thursday, July 10, at Community Hospice of St. Peter's Hospital in Albany.

Born in New York City, she moved to the Capital District in 1968.

Mrs. Kellman was a secretary for Warner Brothers for several years.

She was a member of Congregation Beth Emeth in Albany.

Survivors include her husband, Abraham Kellman; a daughter, Judy Merritt of Voorheesville; a son, Richard Kellman of Lisle, Broome County; three brothers, Morton Tufel and Gilbert Tufel, both of New York City, and Sherman Tufel of Westchester; and four grandchildren.

Services were from Beth Emeth Cemetery in Loudonville.

Arrangements were by Levine Memorial Chapel in Albany.

Contributions may be made to Community Hospice, 315 S. Manning Blvd., Albany 12208.

## Tiffany Williams Sr.

Tiffany L. Williams Sr., 70, of Crow Ridge Road in Voorheesville, died Monday, July 8, at his home.

Born in Albany, he was a Navy veteran of World War II.

Mr. Williams was a maintenance supervisor for Capital District Psychiatric Center before he retired in 1989.

He was a member and past master of Gutenberg Masonic Lodge. He was also a member Bethany Reformed Church of Albany and a member of its consistory. He was a member of the Nite Owls Inc. and the Thundervolts Radio Control Model Airplane Club.

Survivors include his wife, Jane Pigors Williams; a son, Tiffany L.

Williams Jr.; a daughter, Jane L. Davis; and six grandchildren.

Services were from Bethany Reformed Church.

Arrangements were by the Frederick Funeral Home in Albany.

Contributions may be made to the Memorial Fund of Bethany Reformed Church, 760 New Scotland Ave., Albany 12208 or Community Hospice of Albany, 315 S. Manning Blvd., Albany 12208.

## Anna M. Allen

Anna M. Allen, 91, of Albany County Nursing Home and formerly of Feura Bush, died Tuesday, July 8, at the home.

She was the widow of Lloyd F. Allen.

Survivors include a son, Lloyd Wayne Allen of Feura Bush; two grandchildren; and four great-grandchildren.

Services were private.

Arrangements were by the Daniel Keenan Funeral Home in Albany.

Contributions may be made to Jerusalem Reformed Church Memorial Fund, Route 32, Feura Bush 12067.

## Douglas F. Kalb

Douglas F. Kalb of Voorheesville died Saturday, July 12, Albany Medical Center Hospital.

Born in Englewood, N.J., he was a foreman at King Road Materials in Schenectady.

Survivors include a daughter, Michelle Kalb of Stamford, Delaware County; a son, Michael Kalb of Stamford; two brothers, Michael Kalb of West Hartford, Conn., and Steven Kalb of Salem, Mass.; his parents, Frederick and Katherine Kalb of Stuart, Fla.; and a dear friend, Carol Fuglein of Voorheesville.

Services are scheduled for 10 a.m. today, July 16, at Christ the King Church, Sumpter Avenue, Guilderland.

Arrangements are by the Reilly & Son Funeral Home in Voorheesville.

Contributions may be made to Voorheesville Area Ambulance.

## Appeals board cancels hearings

The Bethlehem zoning board of appeals has canceled its Wednesday, July 23, meeting.

The board will re-schedule public hearings that were on the agenda for that night.

## Summer Herb faire slated at Story's

Story's Nursery in Freehold will host its second Summer Herb Faire on Saturday, July 19, from 10 a.m. to 4 p.m.

Lectures and cooking demonstrations by staff of The Stewart House of Athens, The Palmer House of Rensselaerville and The Hollowbrook of Greenville will be conducted throughout the day.

Pat Reppert of Shale Hill Herb Farm will explain how to use herbs in everyday flavored oils, and Pat Barnes of Underhill Herbs will discuss herbs and their medicinal uses.

Sheri Byrne of the Herb Cupboard in Fort Plain will discuss planting and growing an herb garden.

Guest vendors will also sell herbal products, including crafts and decorations, mushroom growing kits, fresh produce and other home-crafted items.

Story's is in Freehold on County Route 67 off Route 32.

For information, call 634-7754.

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## - ETHEL ROSE VARNUM -

South Glens Falls --- Ethel Rose Varnum, 93, a long time resident of Wilson Avenue in South Glens Falls, was called home to Our Lord on Wednesday, July 2, 1997. Born Rose Ethel Gillman on December 16, 1903 she was daughter of Isaac and Nellie Richardson Gillman.

She married Edward A. Varnum on October 26, 1926 in Glens Falls. She is survived by three children, Janet McKinney of Delmar, Robert E. Varnum of Liverpool and Dorothy V. Washburn of South Glens Falls. Her husband of 70 years died on June 1, 1997.

Survivors besides her three children include eight grandchildren, 17 great grandchildren, one great-great grandson and several nieces and nephews.

Funeral services were conducted July 5, 1997 at the Regan and Denny Funeral Home in South Glens Falls by Rev. Stephen Butler, Pastor of the United Methodist Church of which she was a member. Burial was in Southside Cemetery.

Memorials may be made in the form of contributions to Moreau Emergency Squad, Route 9, Fort Edward, NY 12128 or the United Methodist Church, Maplewood Parkway, South Glens Falls, NY 12803.

## Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.

# Florist

(From Page 1)

plan calls for only six greenhouses.

Each greenhouse will vary in size, depending on the manufacturer, said Verstandig. But the structures should remain somewhere under 20-feet in height and approximately 21-to 25-feet wide.

Though they are deemed temporary, the greenhouses are planned to remain standing year round. Only, they will not have a formal footing or concrete foundation. Because of which, temporary greenhouses do not need building permits.

The florist said he has been looking to expand his business inside Bethlehem for "several years." Verstandig also said he plans to pass the floral company on to his son Bob, Jr.

Verstandig said, if the project is approved, they plan to do both wholesale and retail business out of Selkirk, but do not plan to have it resemble their present store anytime soon.

"We are not talking, at least in 1997, about something like we have at our Delaware Ave. location," said Robert, Sr.

The land is currently zoned "AR" agricultural/residential and is now owned by Selkirk residents John and Mary Riley. The brother and sister plan to move to western New York, so they placed the lot on the market.

"Because of the present situation at our Delaware Avenue location, we wish to prevent disputes over land use over the next 50 years or more," said Robert, Sr. "We wish to prevent prolonged approval delays and repeated appearances for every new, altered or replaced greenhouses, agricultural structure or agricultural equipment that we require."

However, board member Marjory O'Brien does not see the project as agricultural.

"I think this is a commercial business," said O'Brien, who voiced concerns over chemical run-off, the noise of fans used inside the greenhouses, and the sight of the structures themselves.

Though Hodom said a farmer planting alfalfa on his land could be seen as commercial, O'Brien detracted by saying "it doesn't do to the land what this does."

Despite O'Brien's concerns, three of Verstandig's potential neighbors said he would be welcomed.

In June, one Selkirk resident's comment was similar to his neighbors.

"I think his proposal will do much to help the entire area," said Fred Richter, of Elm Avenue. "I would welcome him as a good neighbor."

# Cohoes Savings time



Kristin Kelley, left, manager of Cohoes Savings Bank Slingerlands office in Price Chopper, joins Harry Robinson, Cohoes president and chief executive officer, Jerry Golub, assistant comptroller and treasurer of Golub Corp., Michael Breslin, Albany County executive, Sheila Fuller, Bethlehem supervisor, and Sen. Neil Breslin at the bank ribbon cutting ceremony. The money adorning the ribbon will be donated to Silkworth House in Delmar.

Hugh Hewitt

# Salaries

(From Page 1)

Franz Zwicklbauer, assistant superintendent for business, was approved for a salary of \$102,449, but he has indicated that he will retire, after 24 years with BC, before the start of the school year.

The district has advertised the position with a salary range of \$70,000 to \$90,000, and the board is expected to select a replacement for Zwicklbauer before the end of the month.

Next year's salaries for BC principals are \$94,138 for Jon Hunter (Bethlehem Central High School); \$88,918 for Stephen Lobban (Bethlehem Central Middle School); \$86,667 for Dorothy Whitney (Elsmere Elementary School); \$86,714 for both David Murphy (Slingerlands Elementary School) and Joseph Schaefer (Clarksville Elementary School); \$75,805 for Diane Kilfoile (Hamagrael Elementary School); and \$66,306 for Teresa Snyder (Glenmont Elementary School).

Salaries for other top administrators include \$88,918 for Cheryl MacCulloch (director of pupil per-

sonnel service); \$67,234 for Frederick Powers (director of physical education and athletics); \$60,545 for Richard Gross (technology coordinator); \$60,039 for Bruce Houghton (superintendent of buildings and grounds); \$55,911 for Robert Peters (transportation supervisor); \$46,224 for Larry Gill (health and safety supervisor for buildings and grounds); and \$44,328 for Mary Pascucci (treasurer).

## RCS parents to notify bus garage

The Ravena/Coeymans/Selkirk transportation department reminds parents to notify the district if their child needs to be picked-up or returned to a babysitter's house.

Parents should call the bus garage at 756-8190.

# Youth Network

A BETHLEHEM NETWORKS PROJECT

## Kids learn rewards of volunteering

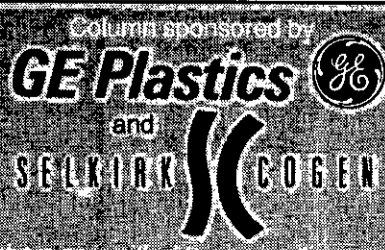
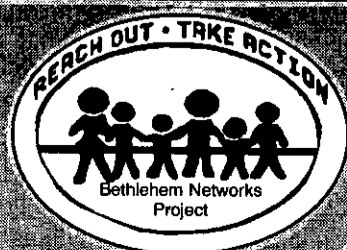
Early last spring I received an interesting brochure in school. It was prepared by Bethlehem Middleworks and listed places that were looking for summer volunteer workers. As I read the brochure, one place stood out from all the rest. It was Bethlehem Preschool, the place where I spent three years of my childhood.

I decided to volunteer there because I knew I would feel comfortable, and because I love children. After I called to volunteer, I received forms to fill out and bring to orientation. Orientation took an hour. I was given a pamphlet about behavior of the children, how to dress and all the do's and don'ts. I also had a tour of the whole building and was told about each of the rooms. I was shown where the snacks, first aid supplies and other things were kept. At orientation I signed up for the rooms I wanted to work in.

The teachers in the class make you feel like you're another teacher. They don't tell you things you have to do. Instead, they let you make decisions for yourself. I read books to the children, play games with them and play with them when they go outside.

I decided to volunteer this summer because I wanted to fill up my time and do something worthwhile. I like volunteering because it's a great feeling to give something back to people who have been kind to me, plus it's fun. I hope to be able to do it again next year.

Maura Ayres is 12-years-old and will be entering seventh-grade at Bethlehem Central Middle School in September.



## Special on WMBH CHANNEL 17

- Astronauts  
Wednesday, 9 p.m.
- That's Entertainment III  
Thursday, 8 p.m.
- The Civil War  
Friday, 9 p.m.
- Nature 8 p.m.  
Saturday, p.m.
- Mobil Masterpiece Theatre  
Sunday, 9 p.m.
- The American Experience  
Monday, 10 p.m.
- NOVA  
Tuesday, p.m.

Owens-Corning Fiberglas Corporation supports public television for a better community

Owens-Corning is Fiberglas





James Morton and Lori Ann O'Connell

## O'Connell, Morton to marry

Lori Ann O'Connell, daughter of Donald O'Connell of Hudson, Mass., and the late Pauline O'Connell, and James Jeffrey Morton, son of Robert and Eleanor Morton of Delmar, are engaged to be married.

The bride-to be is a graduate of The College of the Holy Cross and Clark University. She is employed

by the Hub Group in Southboro, Mass.

The future groom is a graduate of Bethlehem Central High School and Worcester Polytechnic Institute. He is employed by Applix Inc. in Westboro, Mass.

The couple plans a September wedding.

## Births

### St. Peter's Hospital

Boy, Matthew Alexander Rees, to Elizabeth and Richard Rees of Delmar, June 30.

Boy, Ian Christopher Armina, to Kathleen and Ben Armina of Selkirk, July 1.

Girl, Hayley Lynn Novak, to Christine and Michael Novak of Glenmont, July 1.

Girl, Molly Ann Foote, to Marjorie and Christopher Foote of Delmar, July 2.

Girl, Kristina Panayota Marinopoulos, to Lea and George Marinopoulos of Slingerlands, July 2.

### Bellevue Hospital

Girl, Shelby Ashton Deere, to Marsha and Paul Deere of Voorheesville, July 7.

## Dean's List

Boston College — Brian Murray of Delmar.

Case Western Reserve University — Victor Hwang of Delmar.

Houghton College — William Cushing of Delmar.

Pennsylvania State University — Kevin Gallagher of Glenmont.

Providence College — Kimberly Ira of Delmar.

University of Richmond — Matthew Winterhoff of Delmar.

## Five Rivers slates family activities

An evening of environmental games and interactive activities is planned for Tuesday, July 29, at 7 p.m., at Five Rivers Environmental Education Center on 56 Game Farm Road in Delmar.

Center naturalists will lead parents and children through a series of games chosen from Project W.I.L.D. activities. There will be running games and scavenger hunts.

This program is appropriate for parents and children between the ages of 4 and 10.

Preregistration is required. For information call, 475-0291.

*In Clarksville The Spotlight is sold at P.J.'s Mini Mart and Stewarts*

## Barbecue to benefit needy

On Saturday, July 26, the Coeymans Hollow Volunteer Fire Department will hold a chicken barbecue at the Ravena Grange on Route 143.

Proceeds from the barbecue will be used to help families during the Thanksgiving and Christmas holidays.

The barbecue will take place from 4 to 7 p.m. The menu will include barbecue chicken, potatoes, corn on the cob, watermelon, vegetables, salad and beverages.

### Folk singer to perform at gazebo concert

Folksy songs and singalongs will be the order of the day at this week's Evenings on the Green performance.

Come on down to the Coeymans Landing Gazebo on the banks of the Hudson River to hear local folksinger Peggy Eyres on Thursday, July 17, at 7 p.m.

Be sure to bring blankets, lawn chairs, and insect repellent.

### Golf for Juniors program underway

Sycamore Country Club is sponsoring a Golf for Juniors program every Friday at 1 p.m. The program, which will run through

### NEWS NOTES

**Selkirk**  
**South Bethlehem**  
Linda Marshall  
756-3520



Aug. 8, is for boys and girls ages eight to 15.

The junior golfers will be instructed by Sycamore golf pro Barry Vavrinek. There is no fee for this program.

### Charity golf tournament hits home run

The Hillside House third annual Charity Golf Tournament at Sycamore Country Club raised more than \$5,000 this year. The tourney also featured a hole-in-one by Josie Dority.

Congratulations also are due to first-place foursome — Lee Anne Ross, Jerry Hall, Bruce McCaughlin and Gregg Thomas. The second-place foursome was Dick Bogdan, Sig Gozinski, Bruce Leyden and Ron Pope.

Appreciation is extended to all who have assisted Hillside House, a non-profit agency which provides services for the developmentally disabled adults in Albany, Columbia and Greene counties.

## The Spotlight remembers

This week in 1987, these stories were making headlines in *The Spotlight*.

- For the 1987-88 school year, the Bethlehem Central school board elected its third president in two years — attorney **Robert Ruslander**. The Voorheesville school board unanimously picked **Mary Van Ryn** as its president; and the Ravena-Coeymans-Selkirk school board elected **Mark Sengenberger** as its president.

- Bethlehem police officers **Jeffrey Vunck** and **Wayne LaChappelle** received meritorious service awards for their part in stopping a distraught man from jumping off the Route 9W bridge over the Normanskill.

- An RCS facilities committee recommended closing Ravena Elementary School and adding on to the district's two other elementary schools.

- The New Scotland town board decided to hire a part-time planner to help the board on zoning, water and mining issues.

## Mail weddings, engagements

The *Spotlight* would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to 125 Adams St., Delmar 12054.

## Here's to a Wonderful Wedding!



### RECEPTIONS

Normanside Country Club, 439-2117. Wedding and Engagement Parties.

Albany Ramada Inn, 1228 Western Ave., 489-2981. Banquet Room up to 300 people. P.S., do it on Sunday and save a lot of \$\$.

### HONEYMOONS

Enchanting Vacations... at Romantic Prices. When you're on the go... Go Global Travel Management Services. 482-1039.

### INVITATIONS

Paper Mill Delaware Plaza. 439-8123. Wedding Invitations, writing paper, Announcements. Your Custom order.

### MAKE-UP ARTIST

Make-Up Artist, Weddings & Special Occasions. Entire Bridal Party, Your Home. 18 Years Experience. 452-1278 leave message.

### JEWELRY

Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

### LIMOUSINE

Super Special!!!! 3 hours for only \$99. Advantage Limousine. 433-0100 Some rest.



### Photos on display at Bethlehem library

Laurin Trainer will display her photographs of the Adirondacks and Helderbergs at the Bethlehem Public Library on Delaware Avenue during July.

The library is open Monday through Friday from 9 a.m. to 9 p.m., and on Saturday, from 10 a.m. to 5 p.m.

SPOTLIGHT ON

# Family Entertainment

CALENDAR • ARTS & ENTERTAINMENT

## Alive at Five features free music potpourri

By Zack Beck

Every Thursday this summer, Tricentennial Park in downtown Albany is transformed into a hotbed for free, live entertainment. The Alive at Five concert series began in June and will continue through Aug. 14.

This Thursday will be World Beat and Reggae Night. The concert will feature Pangaea and Robanic, two regional rasta outfits who play original music as well as classics from Bob Marley, Ziggy Marley and UB 40.

"It's a nice atmosphere for kids," said Molly Weise, public relations assistant for the city's Office of Special Events. "The concerts are mostly a pre-weekend relief for people who work in downtown Albany. A lot of people, though, come from all over to relax and listen to the music."

Thursday, July 24, will be Irish Night, which should have a large turnout because the world-record-breaking Eamonn McGirr of Loudonville will be on hand to perform. Eighteen months ago, McGirr sang non-stop for 11 days in a benefit for the Center of the Disabled. Also performing will be The Dazes and Hair of the Dog.

Without doubt, the biggest attraction on the Alive at Five schedule this year will be on Thursday, July 31, when Foghat will perform on Classic Rock Night. So many people are anticipated to attend the show that it will be moved to the Corning Preserve, a larger venue.

Foghat is an internationally known

rock band, famous for the rock anthems "Slow Ride" and "Fool for the City".

Opening up for Foghat will be the Marcus Ruggiero Band.

Thursday, Aug. 7, is Home Grown Night and will feature the local acts Wally & Blue, Cobblestone and The Decadent Royals.

The last of the Alive at Five concerts



will be on Aug. 14 and will feature The Marvelettes. The classic female group are best known for 1960s hits "Please Mr. Postman," "Playboy," "Beechwood 4-5789" and "Don't Mess With Bill."

Opening up for The Marvelettes will be Familiar Territory.

This concert series is in its eighth year and is increasingly popular, according to Weise.

This summer's Alive at Five schedule boasts performances by the legendary Marvelettes, above, as well as local acts such as Wally & Blue, left.

"Every single show has been a packed event," said Weise.

Alive at Five concerts are free and run from 5 to 8 p.m. All the shows except for Foghat on July 31 take place at Tricentennial Park, on Broadway across from Peter D. Kiernan Plaza. The rain location is the Corning Preserve Boat Launch under I-787.

Food and beer vendors will be on hand at all shows.

### New multi-plex movie house opens at Crossgates Mall

A development in movie theaters that is gaining strength throughout the country will get its turn this week in the Albany region with the opening of the Megaplex at Crossgates Mall in Guilderland.

Starting Friday, July 18, a total of 18 new movie auditoriums with stadium seating will open next to Hoyt's existing complex of 12 regular theaters.

The difference is that the stadium seating places each row of seats at a level above the seats in front so there is a clear view by all patrons. The theaters will permit entering from the screen side so patrons can walk up to the level desired or through the use of an elevator, particularly for disabled patrons, so patrons may enter from the rear of the theater and walk down to the desired row.

The 30 theaters which result from this addition will make the total complex one of the biggest in the country.

An escalator on the second level will transport patrons to the 18 theaters on that level.

Ticket prices at the new 18-theater complex will be \$8 at night, 50 cents higher than tickets at the nearby 12-theater complex. Prices for seniors and children at all times and any adult matinee are \$5 per person.

### Clifton Park Players move to Cohoes for free *Once Upon A Mattress*

After three seasons at the Clifton Park Commons, an outdoor venue where they offered two weeks of free musical comedy, the Clifton Park Players go indoors this year when they appear at the Cohoes Music Hall July 25 through Aug. 3.



Martin P. Kelly

## SPOTLIGHT

By Martin P. Kelly

This year's *Once Upon A Mattress* will also be free admission although the troupe will accept donations.

The musical which introduced Carol Burnett to Broadway almost 40 years ago, is based on the fairy tale where only a young woman would can feel a pea buried beneath a pile of mattresses will be eligible to marry a prince.

Seating will be first come, first served in the 400-seat theater.

Information is available at 235-9323.

### Movies Without Pictures schedules second reading of *Incisions* script

A revival of the stage reading of David Bunce's *Incisions* will be offered Sunday, July 20, at 7:30 p.m. at the recently reopened and restored Van Dyck Restaurant in Schenectady. Seating begins at 7 p.m.

Done in April in Troy, *Incisions* is a movie in progress which will get another reading by the same cast which read in Troy. Some scenes were shot last summer to test the script, according to Bunce. He plans to shoot the full film next summer.

Movies Without Pictures is the concept by Tom Mercer and Bill Rosencrans, both Albany screenwriters who could not find a place to hear their scripts read.

With area restaurants providing a space, staged readings by actors help screenwriters get a better grasp on their work. By opening the readings to the public, audiences can have a tantalizing glimpse of the script writing process. A narrator

fills in the visual scenes of the script while the actors do the dialogue. The performance is free of charge.

Movie Without Pictures is a project of the Upstate Independent Film and Video Makers, a network of media artists that meets the first Wednesday of each month in the upstairs screening room of Borders Books and Music on Wolf Road. Speakers, panel discussions and screenings of members' works are featured. Meetings are at 6:30 p.m.

### Orchestra's barge breaks down, Albany, Troy concerts rescheduled

When mechanical failure occurred on the barge which was to bring the American Wind Symphony Orchestra up the Hudson, concerts had to be rescheduled for both Albany and Troy.

The barge which has carried the company throughout Europe and the United States for more than 40 years, suffered mechanical failure just north of Philadelphia. As a result, last weekend's concerts locally had to be cancelled.

With the barge back in shape, the local performances have been rescheduled for Saturday, Aug. 9 at 7 p.m. at the Corning Preserve in Albany and Monday, Aug. 22 at 7 p.m. at the Municipal Dock in Troy. Sunday and Tuesday are rain dates.

The 43-piece orchestra was to help celebrate the 200th anniversary of Albany as state capital last weekend.

### AROUND THEATERS!

*Always ... atsy Cline*, a revue about the famed country singer at the Capital Rep Theater in Albany through Aug. 3 (462-4531) ... *Order on the Nile* at The Theater Barn in New Lebanon through July 27 (794-8989) ... *Don't Dress For Dinner*, French farce, at Lake George Dinner Theater through Oct. 11 (668-5781) ... *Guys and Dolls* at Park Playhouse in Albany through Aug. 17 (434-2035) ... *La Cage Aux Folles* at MacHaydn Theater in Chatham through July 27 (392-9292).



# ARTS and ENTERTAINMENT

### THEATER

#### LOVERS, STRANGERS AND BEDROOMS

five short romantic comedies, Curtain Call Dinner Theater production, Albany Marriott, Wolf Road, Colonie, through Sept. 4, \$42. Information, 877-7529.

#### FIDDLER ON THE ROOF

Guiderland Performing Arts Center, Tawasentha Park, Route 146, Guiderland, Thursday evenings. Information, 355-0890.

### MUSIC

#### WORLD BEAT AND REGGAE NIGHT

part of the Alive at Five concert series, Tricentennial Park, downtown Albany on Broadway, Thursday, July 17, 5 p.m., free. Information, 426-0759.

#### DAN DOBEK AND THE NEW EDEN JAZZ QUARTET

contemporary, energetic jazz, The Rensselaerville Institute, Sunday, July 27, 4 p.m., \$7 and \$8.50. Information, 797-3449.

### BATTLE OF THE BANDS

Yukon, The High Ace Band and Overture, winner will open to Marshall Tucker Band on July 22, Park West, Route 146W, Clifton Park, Thursday, July 17, 8 p.m. Information, 2744-0316.

### OUT OF CONTROL

rhythm and blues band, Park West, Route 146W, Clifton Park, Saturday, July 19, 8 p.m. Information, 274-0316.

### ADRIAN LEGG

internationally known guitar instrumentalist, The Van Dyck, 237 Union Street, Schenectady, Friday, Aug. 1, 8 and 10 p.m. Information, 381-1111.

### SALEM CONCERT

open rehearsal, Brown Farm, Priest Road, Salem, 4 p.m., Wednesday, August 13, Information, 854-3724.

### MUSIC FROM SALEM CONCERT

Hubbard Hall, 25 East Main St., Cambridge, 8 p.m., Friday, Aug. 15. Information, 854-3724.

### J. STRAUSS' "DIE FLEDERMAUS, ACT II, ACT III"

Berkshire Choral Festival singers, professional soloists and the Springfield Symphony Orchestra, Sheffield, Mass., 8 p.m., Aug. 9. Information, 413-229-8526.

### WASHINGTON PARK CONCERT SERIES

free six-part Monday evening series, bands include Rockapella, Solas, The McKrells, Blind Boys of Alabama, Rosanne Cash, The Itals and Terrance Simien, through August, 7:30 p.m., Park Playhouse Stage, Washington Park. Information, 463-5222.

### STOCKBRIDGE SUMMER MUSIC

Monday and Thursday evenings throughout the summer, Seven Hills Country Inn, Lenox, Mass. For reservations, information or to get brochure call 413-443-1138.

### POULENC'S "GLORIA" AND RUTTER'S "MAGNIFICAT"

Berkshire Choral Festival singers, professional soloists and the Springfield Symphony Orchestra, Rovensky Concert Shed, Berkshire School, Route 41, Sheffield, Mass., 8 p.m., July 19. Information, 413-229-8526.

### EIGHTH STEP

open stage, 14 Willett St., Albany, 8 p.m., Wednesdays, \$7. Information, 434-1703.

### ALLAN ALEXANDER

guitar and lute player, Allegro Cafe, Troy, Saturdays, 7 to 11 p.m.

### BRAHMS' "SCHICKSALSIED" AND SCHUBERT'S "MASS IN A-FLAT"

Berkshire Choral Festival singers, professional soloists and the Springfield Symphony Orchestra, Rovensky Concert Shed, Berkshire School, Route 41, Sheffield, Mass., 8 p.m., July 26. Information, 413-229-8526.

### HAYDN'S "THE CREATION"

Berkshire Choral Festival singers, professional soloists and the Springfield Symphony Orchestra, Rovensky Concert Shed, Berkshire School, Route 41, Sheffield, Mass., 8 p.m., Aug. 2. Information, 413-229-8526.

### JAZZ CONCERT

jazz music played by Saint Rose Summer High School Jazz Ensembles, College of Saint Rose Campus Lawn, 432 Western Ave., Albany, Thursday, July 17, 7:30 p.m. Information, 454-5102.

### CALL FOR ARTISTS

SOUP MULTIMEDIA currently looking for artists, photographers, painters, musicians, writers. Information, 869-0766.

### HANDCRAFTERS

applicants for Third Annual Festival of Crafts, Center for the Disabled, 314 South Manning Blvd., Albany, festival takes place in October. Information, 489-8336.

### BLUES RELATED ARTWORK/ PHOTOGRAPHY

not to exceed 30" by 40", exhibited at Fleet BluesFest, all entries to Mary Francis Millet, Exhibit Director, 256 Vley Road, Scotia, NY, 12302. Information, 381-4460.

### RESIDENCIES AT VERMONT STUDIO CENTER

for visual artists and writers, 4-12 week residencies, Vermont Studio Center, Box 613, Johnson, Vt. 05656. Information, (802) 635-2727.

### FREE POETRY CONTEST

open to all Delmar area residents, \$48,000 in prizes will be given out, no experience necessary, send poems to: National Library of Poetry, Suite 1992, 1 Poetry Plaza, Owings Mills, MD 21117-6282 by July 15.

### MONDAY MUSICAL CLUB WOMEN'S CHORUS

invitation for new members to join them singing classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

### CAPITAL COMMUNITY VOICES

singers needed, rehearsals at Columbia High School, 7 to 9 p.m., Tuesdays. Information, 477-8308.

### CLASSES/LECTURES

MUSEUM ART CLASSES ongoing, Albany Institute of History & Art, 125 Washington Ave., \$25. Information, 463-4478.

### ATELIER HOUSE SCHOOL OF PAINTING

classes in painting and drawing, Atelier House, Ghent, Columbia County, ongoing. Information, 672-7222.

ART CLASSES watercolor and oil, beginner and advanced, taught by Kristin Woodward. Information, 783-1828.

### LEGAL NOTICE

#### NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC) INET SOLUTIONS, LLC.

DATE OF FORMATION: The Articles of Organization were filed with the New York State Secretary of State on June 13, 1997.

NEW YORK OFFICE LOCATION: Clinton County

AGENT FOR PROCESS: The Secretary of State is designated as agent upon whom process against the LLC may be served. The Secretary of State shall mail a copy of any process against the LLC to P.O. Box 2947, Plattsburgh, New York 12901.

PURPOSE: To engage in any lawful act or activity. (July 16, 1997)

#### NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is T.J. Papa, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 12, 1997. The purpose of the LLC is to engage any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 490 Shaker Road, Albany, New York 12211-1597. (July 16, 1997)

#### NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is JRN Development, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 12, 1997. The purpose of the LLC is to engage any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 52 Corporate Circle, Albany, New York 12203. (July 16, 1997)

### NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is Columbia Liberty Group, L.L.C. The articles of Organization of the LLC were filed with the NY Secretary of State on June 18, 1997. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 52 Corporate Circle, Albany, New

### LEGAL NOTICE

York 12203. (July 16, 1997)

### NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is Columbia Middletown Group, L.L.C. The articles of Organization of the LLC were filed with the NY Secretary of State on June 13, 1997. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 52 Corporate Circle, Albany, New York 12203. (July 16, 1997)

### LEGAL NOTICE

Woolpert, LLP, an Ohio Partnership having Limited Liability, filed notice with NYS Department of State on May 16, 1997 for registration purposes.

The jurisdiction of the foreign limited liability partnership is Ohio. The date of its registration in its jurisdiction is: 12/17/96 as an LLP;

### LEGAL NOTICE

established in 1931.

No principal office to be located within the State of New York.

The Secretary of State is designated as agent of the foreign registered limited liability partnership upon whom process against it may be served. The post office address within this state to which the Department of State shall mail a copy of any process served against it is: CT Corporation System, 1633 Broadway, New York, NY 10019.

The address of the principal office of the foreign limited liability partnership is: 409 East Monument Avenue, Dayton, Ohio 45402.

The name and address of the authorized office in its jurisdiction in which it is registered as a limited liability partnership where a copy of its registration is filed and where a copy of such documents may be obtained: Secretary of State, 30 East Broad Street, 14th Floor, Columbus, Ohio 43266-0418.

The profession to be practiced by such foreign limited liability partnership is: rendering architectural, engineering, planning and photography services, environmental sciences, surveying, GIS and such additional and related services as can be properly performed. (July 16, 1997)

### Super Crossword

ACROSS	56 Courage	Heights"	9 Start to cry?	45 German poet	88 Director
1 Crowning points	59 Soprano Gruberova	101 Ladd or Lane	10 Proposition	46 San --, Calif.	Hooper
6 Snatch	61 Kind of quartz	103 "Peanuts" pooch	11 Ointment	47 Part of Q.E.D.	91 Ciceronian speech
10 Mao -- tung	63 Bar supply	104 Worry	12 Czech river	50 Child welfare org.	92 Play girl?
13 Bag material	64 Trio trio	105 Mobile home?	13 Fido's foot	54 Hiawatha's transport	93 Jogger's gait
18 Consecrate	65 "Bat Masterson" prop	106 Pianist Jorge	14 Side by side	56 Lightweight fabric	94 Medical grp.
19 Clinton Cabinet member	67 Part 3 of remark	108 Gibbon or gorilla	15 Forms puddles	57 Computes	95 124 Across author's monogram
20 Director Ashby	71 Egyptian queen	109 TV's "I've -- a Secret"	16 Call to mind	58 -- di-dah	97 Cathedral feature
21 Superior to	72 Patron	112 Sworn statement	17 San --, Italy	60 Haulage device	100 Verdi work
22 Start of a remark	73 Guitarist Lolgren	114 End of remark	18 Rock band's need	62 "Porgy and Bess" composer	101 Put off
24 Ample space	74 Runway figure	119 Anderson or Neiman	23 Private reply?	63 Read quickly	102 Red head?
26 Cough up the cash	76 Blows one's stack	120 Deed	25 Canada's capital	65 Craig T. Nelson sitcom	103 Pizza serving
27 Sty guy	77 Huxley's "The -- Trees of Thika"	121 Last name in limericks	28 Fountain order	66 Wrath	104 Bath or Baden-Baden
28 Hunger for	79 Bee flat?	122 Continental quarts	30 Wheel part	68 Literary collection	105 Soft mineral
29 Nevada city	80 Cravings	123 Stick one's neck out	31 Sonny Shroyer sitcom	69 100 Down	107 Face shape
30 Successor	84 Master	124 "Annabel --"	32 Smallest	70 English port	108 Out of line
32 Massenets' "Le Roi de --"	85 Pika kin	125 Child's mount	33 Irving or Vanderbilt	72 "Confound it!"	109 Actress Verdon
35 Flirt	87 Pick out	126 Portents	34 Crone	75 Winter mo.	110 Paddles
37 Terra firma	89 Saluki specialist, for short	DOWN	36 Fame	77 Ukulele feature	111 Cobb and Hardin
40 Hen or pen	90 Part 4 of remark	1 Novelist Seton	37 Schwarzenegger's birth-place	78 Luau neck-wear	113 Stain
41 Highland hats	96 "Lakme" or "Louise"	2 "Wild West" showman	38 Sitarist Shankar	79 Exhilarating	114 Mont Blanc for one
42 Stallone role	98 Rock group, Quiet --	3 Farrow of "Alice"	39 Gulf State	81 At any time	115 Word form for "recent"
43 Part 2 of remark	99 Fleet	4 Finale	40 Pops one's peccs	82 "Quo Vadis?" character	116 Rocker Fogelberg
48 Palindromic name	100 Merle of "Wuthering	5 "Somethin' --" ('67 hit)	41 Kaiser's counterpart	83 Mikita of hockey	117 Kipling character
49 Boris and Natasha		6 A Brady kid	43 Michelangelo masterpiece	86 It multiplies by dividing	118 Enjoyed Thanksgiving
51 James of "Rollerball"		7 Basketball's Auerbach	44 Author Umberto		
52 Stirrup site?		8 Tiny colonist			
53 Dietary need					
55 Wording					

## Spotlight on Dining

The Original **Alteri's** Restaurant

Taking reservations for lunch  
Call ahead and lunch will be ready when you arrive!

Open Tues. - Fri. 11:30 a.m. - 4 p.m.  
Main Square • 318 Delaware Ave. • Delmar  
475-1047

**元寶屋**  
**DUMPLING HOUSE**  
Chinese Restaurant

Specializing in Dumplings, Lunches, Dinners,  
Cocktails, Mandarin, Szechuan, Hunan & Cantonese.

Eat in or Take Out. Open 7 days a week.  
458-7044 or 458-8366  
120 Everett Road, Albany • (Near Shaker Road)

# AROUND THE AREA

**WEDNESDAY**  
JULY 16

**ALBANY COUNTY**

**FARMERS' MARKET**  
Holy Cross Church, Western Avenue and Brevator Street, Albany, 2 to 6 p.m. Information, 272-2972.

**SQUARE DANCE**  
Single Squares of Albany, St. Michael's Community Center, Linden Street Extension, Cohoes, 7:30 p.m. Information, 459-2888.

**SCHENECTADY COUNTY**

**ALZHEIMER'S SUPPORT GROUP**  
for those who care for Alzheimer's parents, Royce House, 117 Nott Terrace, Schenectady, 1 p.m. Information, 438-2217.

**RIVER VALLEY CHORUS MEETING**  
Glen Worden School, 34 Worden Road, Scotia, 7:30 p.m. Information, 355-4264.

**THURSDAY**  
JULY 17

**ALBANY COUNTY**

**SENIOR CHORALE**  
Albany Jewish Community Center, 340 Whitehall Road, 1 p.m. Information, 438-6651.

**UNDERSTANDING MEDICARE COVERAGE**  
presented by CHP, 1201 CHP Warren Paley Health Center, Troy-Schenectady Road, Latham, 9:30 a.m. Information, 783-1864.

**CHORUS REHEARSAL**  
sponsored by Capitaland Chorus of Sweet Adelines, New Covenant Church, 916 Western Ave., Albany, 7:30 p.m. Information, 237-4384.

**LUNCHTIME SIDEWALK SALE**  
lawn sale of gift items from the Albany Institute of History & Art, 125 Washington Ave., 11:30 a.m. to 1:30 p.m. Information, 463-4478.

**FARMERS' MARKET**  
Third Reformed Church, Kate Street and Whitehall Road, Albany, 3 to 6 p.m.

**SCOLIOSIS SUPPORT GROUP**  
for individuals and families, Conklin Conference Room, Albany Memorial Hospital, Northern Boulevard, 7:30 p.m. Information, 475-0859.

**ALZHEIMER'S SUPPORT GROUP**  
University Heights Health Care Center, 235 Northern Blvd., Albany, 5 p.m. Information, 438-2217.

**FARMERS' MARKET**  
Albany YWCA, 28 Colvin Ave., 11 a.m. to 2 p.m. Information, 438-6608.

**FARMERS' MARKET**  
corner of Pine Street and Broadway, Albany, 11 a.m. to 2 p.m. Information, 272-2972.

**EATING DISORDERS SUPPORT GROUP**  
Albany Public Library, 161 Washington Ave., 7:30 to 9 p.m. Information, 465-9550.

**FRIDAY**  
JULY 18

**ALBANY COUNTY**

**FARMERS' MARKET**  
Sacred Heart Church, Walter Street, Albany, 11 a.m. to 2 p.m.

**MOTHERS' DROP IN**  
sponsored by the Capital District Mothers' Center, First Congregational Church, Quail Street, Albany, 9:30 a.m. to noon. Information, 475-1897.

**POPEY'S FAMOUS CHICKEN CHALLENGE TENNIS TOURNAMENT**  
Schenectady Racquet & Fitness Club, 2699 Curry Road, Schenectady, entry deadline July 16. Information, 356-0100.

**SENIORS LUNCHES**  
Albany Jewish Community Center, 340 Whitehall Road, 12:30 p.m. Information, 438-6651.

**SATURDAY**  
JULY 19

**ALBANY COUNTY**

**MOTHER/DAUGHTER WOODCARVERS**  
demonstration, Adirondack Museum, Blue Mountain Lake, in the Marlon River Carry Pavillon, noon to 4 p.m. Information, 352-73111, ext. 116.

**HISTORICAL WALKING TOUR**  
beginning at Albany Visitors Center, 25 Quackenbush Square, and continuing through downtown Albany, 11:30 a.m. to 1 p.m. Information, 434-6311.

**FARMERS' MARKET**  
First Congregational church, 405 Quail St., Albany, 9 a.m. to noon.

**SUNDAY**  
JULY 20

**ALBANY COUNTY**

**GRANT REMEMBRANCE DAY**  
U.S. Grant Cottage State Historic Site in Wilton, located at Exit 16 of the Northway, 10 a.m. to 4 p.m., \$3.50 adults, \$3 for seniors, \$2 for children 6 to 15. Information, 587-8277.

**SCOTTISH DANCING**  
Unitarian Church, Washington Avenue, Albany, 7 to 10 p.m. Information, 377-8792.

**DANCE PROGRAM**  
"Polka Guys and Dolls," for children 3 and older, Cohoes Polish National Alliance, Cohoes, 6 to 7:30 p.m. Information, 237-8595.

**MONDAY**  
JULY 21

**ALBANY COUNTY**

**SENIORS LUNCHES**  
Albany Jewish Community Center, 340 Whitehall Road, 4:45 p.m. Information, 438-6651.

**SCHENECTADY COUNTY**

**SCOTTISH DANCING**  
Salvation Army, Smith Street, Schenectady, 8 to 10 p.m. Information, 783-6477.

**TUESDAY**  
JULY 22

**ALBANY COUNTY**

**MORE ABOUT BREASTFEEDING**  
Bellevue Woman's Hospital, 2210 Troy Road, Niskayuna, 10 a.m. to noon, no charge. Information, 346-9400.

**FARMERS' MARKET**  
St. Vincent De Paul Church, 900 Madison Ave., Albany, 11 a.m. to 2 p.m.

**TRUE FRIENDS**  
female incest survivors support group, Pineview Community Church, 251 Washington Ave. Ext., Albany, 7 to 8:30 p.m. Information, 452-7800.

**BINGO**  
Albany Jewish Community Center, 340 Whitehall Road, 7:30 p.m. Information, 438-6651.

**SENIORS LUNCHES**  
Albany Jewish Community Center, 340 Whitehall Road, 12:30 p.m. Information, 438-6651.

**CAPITAL TOASTMASTERS CLUB**  
for people who wish to develop speaking skills, Anthony's Park Plaza Restaurant, 27 Elk St., Albany, 5:45 p.m. Information, 489-0936.

**CIVIL AIR PATROL**  
Albany Senior Squadron, Albany Airport, 7 p.m. Information, 869-4406.

**RECOVERY, INC.**  
self-help group for former mental and nervous patients, Unitarian Church of Albany, 405 Washington Ave., 7:30 p.m. Information, 346-8595.

**SCHENECTADY COUNTY**

**MS SELF-HELP GROUP**  
Multiple Sclerosis Self-Help Group, Sunnyview Hospital, Belmont Avenue, Schenectady, 9:30 a.m. Information, 427-0421.

**LEGAL NOTICE**

**ARTICLES OF ORGANIZATION HELDEBERG DESIGNS, LLC**  
**UNDER SECTION 203 OF THE LIMITED LIABILITY COMPANY LAW**  
The undersigned, being authorized to execute and file these Articles, hereby certifies that:  
FIRST: The name of the limited liability company is: HELDEBERG DESIGNS, LLC.  
SECOND: The county within this state in which the office of the limited liability company is to be located is: Albany County.  
THIRD: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the sec-

**LEGAL NOTICE**  
retary of state shall mail a copy of any process against the limited liability company served upon him or her is: 686 Knox Cave Rd., Altamont, N.Y. 12009.  
FOURTH: The limited liability company is to be managed by 1 or more members.  
N WITNESS WHEREOF, this certificate has been subscribed this 30th day of May, 1997, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.  
Nicholas L. Viscio, (s)  
Organizer  
(July 16, 1997)

**NOTICE FOR PUBLICATION OF A LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COM-**

**LEGAL NOTICE**  
**PANY LAW SECTION 206(C)**  
1. The name of the limited liability company is American Past-time, LLC.  
2. The date of filing of the articles of organization with the Department of State was June 13, 1997.  
3. The county in New York in which the office of the company is located is Albany County.  
4. The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail copy of any process against the company served upon him or her to American Past-time, LLC, c/o The Law Offices of David B. Sall, Esq., 3 Cannon Street, Poughkeepsie, New York 12601.  
5. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York  
(July 16, 1997)

**NOTICE OF PUBLICATION OF CERTIFICATE OF LIMITED PARTNERSHIP**  
1. The name of this limited partnership is The Purcell Family Limited Partnership ("Partnership").  
2. The Certificate of Limited Partnership for the Partnership was filed with the New York Secretary

**LEGAL NOTICE**  
of State on June 2, 1997.  
3. The county where the office of the Partnership is located is Albany County, New York.  
4. The Secretary of State of the State of New York has been designated as the agent of the Partnership, upon whom process against it may be served.  
5. The name and residence address of each general partner of the Partnership is available from the Secretary of State.  
6. The latest date upon which the Partnership is to dissolve is December 31, 2046.  
7. The Partnership will engage in any lawful purpose.  
(July 16, 1997)

**NOTICE FOR PUBLICATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206(C)**  
1. The name of the Limited Liability Company is New Deal Projects, LLC.  
2. The date of the filing of the articles of organization with the Department of State was May 29, 1997.  
3. The county in New York in which the office of the Company is located is Albany County.  
4. The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of

**LEGAL NOTICE**  
State shall mail a copy of any process against the company served upon him or her to New Deal Projects, LLC, c/o The Law Offices of David B. Sall, Esq., 3 Cannon Street, Poughkeepsie, New York 12601.  
5. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York.  
(July 16, 1997)

**PUBLICATION FORMATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206(C)**  
1. The name of the Limited Liability Company is Resolution Consultants, LLC.  
2. The date of the filing of the articles of organization with the Department of State was May 29, 1997.  
3. The county in New York in which the office of the Company is located is Albany County.  
4. The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to Resolution Consultants, LLC, c/o The Law Offices of David B. Sall, Esq., 3 Cannon Street, Poughkeepsie, New York 12601.  
5. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York.  
(July 16, 1997)

**LEGAL NOTICE**  
**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY**  
Articles of Organization of CV Development, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on June 11, 1997, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o 875 Broadway, Albany, New York 12207. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC.  
(July 16, 1997)

**LEGAL NOTICE**  
**NOTICE IS HEREBY GIVEN**  
that the fiscal affairs of the Town of Bethlehem for the year ending on December 31, 1996 have been examined by Casey & Lubbe, PC, Certified Public Accountants, and that the report of the independent public accountant has been filed in my office where it is available as a public record for inspection by all interested persons. Pursuant to Section 35 of the General Municipal Law, the governing board of the Town of Bethlehem may in its discretion, prepare a written response to the report of external audit by the independent public accountant, and file any such response in my office as a public record for inspection by all interested persons, not later than September 30, 1997.  
**TOWN OF BETHLEHEM**  
KATHLEEN A. NEWKIRK, CMC  
TOWN CLERK  
DATE: July 9, 1997  
(July 16, 1997)

**MAGIC MAZE**

**THE BAHAMAS**

B S P N K I F C A X V S S O O  
L C O M M O N W E A L T H J H  
E C I A X V S T T R E P N L J  
H F D T B I D M R L Y X V T R  
P O M K N N N R S O I G E R D  
B Z X I W A A I E I P U T E R  
Q O M N S G L L H J R E I S G  
F I D S U U S T C C A U E O Y  
B X A S Y A I L A C I P O R T  
W U V T S A S F E E R R P T F  
O N L K J O C A B A I G F E C

Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.



Abaco	Cays	Islands	Sugar
Atlantic	Commonwealth	Islets	Tourism
Beaches	Freeport	Reefs	Tropical
Biminis	Inagua	Resort	

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**STAN SMITH'S TENNIS CLASS**

**HAVE A TARGET**

On the return of serve, you should have a spot in mind for your ball to land. For instance, you might think, "If it comes to my forehand, I'm going to hit it crosscourt."

Having a plan on where to hit the return should give you more confidence and allow you to create a consistent strategy.



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To list an item of community interest in the *The Spotlight*, send all pertinent information to

**Spotlight Calendar**

P.O. Box 100 • Delmar, NY 12054

# The Spotlight CALENDAR

**WEDNESDAY**  
**JULY 16**

**BETHLEHEM**

**"A DAY AT THE BEACH"**  
program for toddlers, Bethlehem Public Library, 451 Delaware Avenue, 10:30 a.m., registration limited. Information, 439-9314.

**PEGGY EYRES**  
folk music, Bethlehem Public Library, 16 Poplar Drive, 7:30 p.m. Information, 439-9314.

**ZONING BOARD OF APPEALS**  
town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

**BINGO**  
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. Information, 439-0503.

**WELCOME WAGON**  
newcomers, engaged women and new mothers, call for a Welcome Wagon visit, Monday to Saturday, 8:30 a.m. to 6 p.m. Information, 439-1531 or 439-4067.

**BETHLEHEM ELKS LODGE 2233**  
Route 144, Cedar Hill, 8 p.m. Information, 767-2886.

**ONESQUETHAU CHAPTER, ORDER OF THE EASTERN STAR**  
Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

**TESTIMONY MEETING**  
First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

**SOLID ROCK CHURCH**  
1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

**NEW SCOTLAND**

**VOORHEESVILLE PLANNING COMMISSION**  
village hall, 29 Voorheesville Ave., 7:30 p.m. Information, 765-2692.

**NEW SCOTLAND SENIOR CITIZENS**  
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

**AA MEETING**  
First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

**AL-ANON MEETING**  
First United Methodist Church c Voorheesville, 68 Maple St., 8 p.m. Information, 479-6469.

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**MOUNTAINVIEW EVANGELICAL FREE CHURCH**  
evening service, Bible study an prayer, Route 155, 7:30 p.m. Information, 765-3390.

**TOGETHER AT TWILIGHT**  
concert at Voorheesville Public Library, 51 School Road, 7 p.m. Information, 765-2791.

**THURSDAY**  
**JULY 17**

**BETHLEHEM**

**"18th CENTURY MEDICINE- A WALK BACK IN TIME"**  
program at Five Rivers, 56 Game Farm Road, Delmar, 7 p.m. Information, 475-0291

**RECOVERY, INC.**  
self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

**YOUTH EMPLOYMENT SERVICE**  
Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. Information, 439-0503.

**BETHLEHEM SENIOR CITIZENS**  
town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

**AMERICAN LEGION LUNCHEON**  
for members, guests and membership applicants, Blanchard Post, 16 Poplar Drive, noon.

**AA MEETINGS**  
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

**CLASS IN JEWISH MYSTICISM**  
Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

**NEW SCOTLAND**

**NEW SCOTLAND KIWANIS CLUB**  
New Scotland Presbyterian Church, Route 85, 7 p.m.

**FRIDAY**  
**JULY 18**

**BETHLEHEM**

**DUPLICATE BRIDGE**  
all levels, St. Stephen's Church, Elsmere, 7:30 p.m. Information, 462-4504.

**AA MEETING**  
First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

**CHABAD CENTER**  
Friday services, discussion and kidush at sunset, 109 Elsmere Ave. Information, 439-8280.

**NEW SCOTLAND**

**YOUTH GROUP MEETINGS**  
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

**SATURDAY**  
**JULY 19**

**BETHLEHEM**

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

**POND EXPLORATION**  
Five Rivers, 56 Game Farm Road, Delmar, 10 a.m. Information, 475-0291

**AL-ANON MEETING**  
The Crossroads, 4 Normanskill Blvd., 5:30 p.m. Information, 489-6779.

**VOORHEESVILLE**

**BROOKS BBQ DINNER & DESSERT.**  
New Salem Reformed Church, Rt. 85 New Scotland Ave., Voorheesville, 3 to 6 p.m., \$7.75, \$5.00 under 13. Information, 765-2354.

**SUNDAY**  
**JULY 20**

**BETHLEHEM**

**DELMAR REFORMED CHURCH**  
traditional worship, 10 a.m., contemporary worship, 5:30 p.m., nursery care provided, children's program for age 3 to second grade, 386 Delaware Ave., Delmar. Information, 439-9929.

**FIRST UNITED METHODIST CHURCH**  
early worship, 8:30 a.m., worship celebration, 10 a.m., church school classes for nursery through high school, 10 a.m., choir rehearsals, 11:15 a.m., 68 Maple Ave., Voorheesville. Information, 765-2895.

**UNITY OF FAITH CHRISTIAN FELLOWSHIP CHURCH**  
Sunday school and worship service, 10 a.m., 436 Krumkill Road. Information, 438-7740.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
Sunday school and worship service, 10 a.m., child care provided, 555 Delaware Ave. Information, 439-2512.

**BETHLEHEM COMMUNITY CHURCH**  
Sunday school and worship service, 10 a.m., nursery provided, 201 Elm Ave. Information, 439-3135.

**ST. STEPHEN'S EPISCOPAL CHURCH**  
Holy Eucharist, 8 and 10:30 a.m., coffee and fellowship, nursery care provided, church school, 9:30 a.m., Poplar Drive and Elsmere Avenue. Information, 439-3265.

**SELKIRK CONGREGATION OF JEHOVAH'S WITNESSES**  
Bible lecture, 9:30 a.m., Watchtower Bible study, 10:25 a.m., 359 Elm Ave. Information, 439-0358.

**SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH**  
worship service and church school, 10 a.m., fellowship hour, nursery care provided, 1499 New Scotland Road. Information, 439-1766.

**SOUTH BETHLEHEM UNITED METHODIST CHURCH**  
Sunday school, 9:30 a.m., worship service, 11 a.m., followed by coffee hour, Willowbrook Avenue. Information, 767-9953.

**DELMAR PRESBYTERIAN CHURCH**  
worship service, church school, nursery care, 10 a.m., fellowship and coffee, 11 a.m., adult education, 11:15 a.m., family communion service, first Sunday, 585 Delaware Ave. Information, 439-9252.

**DELMAR FULL GOSPEL CHURCH**  
Sunday services, 8:30 and 10:30 a.m., 292 Elsmere Ave. Information, 439-4407.

**FIRST REFORMED CHURCH OF BETHLEHEM**  
church school, 9:30 a.m., worship service, 11 a.m., child care provided, Route 9W, Selkirk. Information, 767-2243.

**GLENMONT COMMUNITY CHURCH**  
Sunday school and worship service, 10:30 a.m., child care available, 1 Chapel Lane. Information, 436-7710.

**CHURCH OF ST. THOMAS THE APOSTLE**  
Masses — Saturday at 5 p.m. and Sunday at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Information, 439-4951.

**ST. MICHAEL'S CHURCH**  
Latin Mass, 10 a.m. Sunday, 5:30 p.m. daily, Route 9W at Beacon Road, Glenmont. Information, 462-2016.

**SOLID ROCK CHURCH**  
worship service, 11 a.m., 1 Kenwood Ave. Information, 439-4314.

**FIRST UNITED METHODIST CHURCH**  
church school, 9:45 a.m., worship service, 9:30 a.m., adult classes, 11 a.m., 428 Kenwood Ave. Information, 439-9976.

**BETHLEHEM LUTHERAN CHURCH**  
continental breakfast 8:30 a.m., worship services, infant and preschool nursery care, assistive listening services, handicapped accessible, 9:30 a.m., coffee and fellowship, 10:30 a.m., 85 Elm Ave. Information, 439-4328.

**MOUNT MORIAH MINISTRIES**  
Sunday school, 9:45 a.m., morning worship, 11 a.m., youth group, 6 p.m., evening service, 7 p.m., Route 9W, Glenmont. Information, 426-4510.

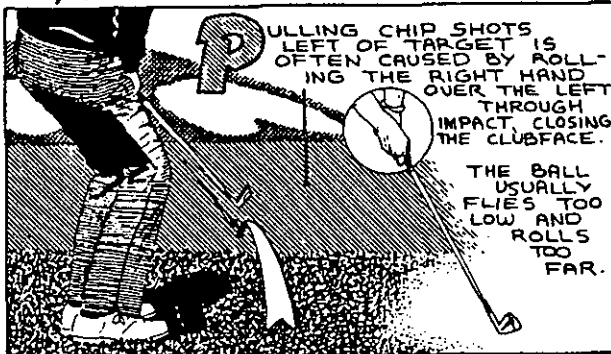
**NEW SCOTLAND**

**BETHEL BAPTIST CHURCH**  
Sunday school, 9:15 a.m., worship service, 10:15 a.m., Auberge Suisse Restaurant, Route 85. Information, 475-9086.

**FAITH TEMPLE**  
Sunday school, 10 a.m., worship service, 7 p.m., New Salem. Information, 765-2870.

**ST. MATTHEW'S ROMAN CATHOLIC CHURCH**  
Masses Saturday at 5 p.m. and Sunday at 8:30 and 10:30 a.m., Mountain View Road, Voorheesville. Information, 765-2805.

**Play Better Golf with JACK NICKLAUS**



**USED VEHICLE TAX BREAK**

## Give A car for Sight

To Support the Northeastern Association of the Blind at Albany  
**No fees • Free towing • TAX SAVINGS**  
Trucks, boats, motorcycles, RVs & trailers, too!

**1-888-503-NABA**

**JERUSALEM REFORMED CHURCH**  
worship service, 10:30 a.m., followed by coffee hour, child care provided, Route 32, Feura Bush. Information, 439-0548.

**NEW SALEM REFORMED CHURCH**  
adult Bible study, 9 a.m., junior choir or chime choir practice, 9 a.m., worship service, 10 a.m., recorder group practice, 11 a.m., nursery care provided, Route 85. Information, 439-6179.

**ONESQUETHAW REFORMED CHURCH**  
worship service, 9:30 a.m., Sunday school, 10:45 a.m., Tarrytown Road, Feura Bush. Information, 768-2133.

**UNIONVILLE REFORMED CHURCH**  
Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by fellowship, Delaware Turnpike. Information, 439-5001.

**PRESBYTERIAN CHURCH IN NEW SCOTLAND**  
worship service, 10 a.m., church school, 11:15 a.m., nursery care provided, Route 85. Information, 439-6454.

**UNITED PENTECOSTAL CHURCH**  
Sunday school and worship service, 10 a.m., choir rehearsal, 5 p.m., evening service, 6:45 p.m., Route 85, New Salem. Information, 765-4410.

**FIRST UNITED METHODIST CHURCH OF VOORHEESVILLE**  
church school, 10 a.m., worship service, 8:30 a.m., adult classes, 5:30 p.m., 68 Maple Ave. Information, 765-2895.

**MOUNTAINVIEW EVANGELICAL FREE CHURCH**  
worship service, 9:30 a.m., nursery care provided, Route 155. Information, 765-3390.

**CLARKSVILLE COMMUNITY CHURCH**  
Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by coffee hour, nursery care provided, Route 443. Information, 768-2916.

**MONDAY**  
**JULY 21**

**BETHLEHEM**

**INDOOR PISTOL SHOOTING**  
Albany County Pistol Club, Winne Place, 7 to 9 p.m. Information, 439-0057.

# CLASSIFIEDS

Individual rate minimum \$10.00 for 10 words, 30 cents for each additional word, payable in advance. Commercial rate minimum \$12.50 for 10 words, 30 cents for each additional word, payable in advance. Ad deadline 4 p.m. Friday for publication in Wednesday's newspaper. Box Reply \$3.00. Submit in person or by mail with check or money order to Spotlight Newspapers, 125 Adams Street, Delmar, New York 12054. Phone in and charge to your MasterCard or Visa.

**439-4949**

**ADOPTION**

**READY, WILLING, ABLE!** Energetic couple will provide adopted newborn with life's best. Legal/medical paid. We can meet. Homestudy available. Call Chris collect at 518-872-9442.

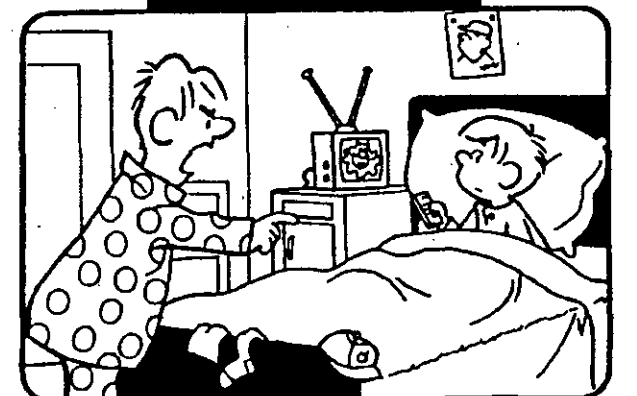
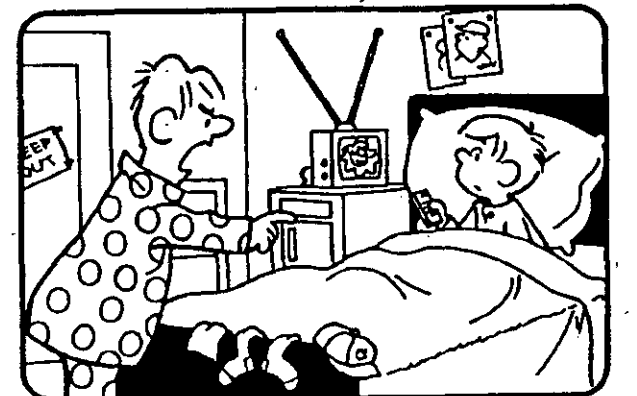
**BUSINESS OPPORTUNITY**

**SEEKING FINANCIAL SECURITY,** no risk, part-time hours, 436-0525.

**ANTIQUES**

**ANTIQUA SALE,** Delmar, July 19 and 20, also typewriters, clothes, miscellaneous, 439-5543.

**\*\* EXCELLENT PROFITS \* LOG HOME WHOLESALERS\*\*** Join proven 18 yr. Log Manufacturer. 16 Kiln-dried log styles, starting \$9800. Exclusive territory. Mr. Buck 1-800-321-5647, Old-Timer Log Homes.



**FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.**  
Differences: 1. Sign is missing. 2. Antenna is different. 3. Handle is missing. 4. Sign is missing. 5. Sock is missing. 6. Picture is missing.

# BUSINESS DIRECTORY

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Appliance & Electric Service  
756-9670

**AUTO BODY**

**TACS**  
AUTOBODY SERVICE  
FREE LOANER CARS  
Colonie - 446-9360  
Glenmont - 462-3977

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We now offer Cellular Phones  
Call or stop by for details

**TRI-CITY BEEPERS & PHONES**  
475-0065  
211 Delaware Ave., Delmar

**BLACKTOPPING**

**C MACRI & SONS**  
Blacktop/Driveway Specialists  
Residential & Commercial  
Also Brickwalks & Sealcoating  
Topsoil & Stone  
439-7801

**HEMPSTEAD PAVING & SEALCOATING**

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- Stone & Top Soil

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- DRIVEWAYS
- WALKS
- PARKING AREAS
- CRUSHED STONE
- GRAVEL

FREE ESTIMATES  
765-3003  
VOORHEESVILLE

**R. J. ALLEN PAVING, INC.**  
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FREE ESTIMATES FULLY INSURED

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For only **\$27 a week** your ad in this space would reach over **45,000 readers** of the three **Spotlight Newspapers**

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**D.P. ESTEY CONSTRUCTION & REMODELING**  
All types of Interior & Exterior Carpentry, Home Improvements & General Contracting  
Insured-Professional Reasonable-Experienced  
Don Estey (518) 465-7642 Glenmont

**ANDREW CLARK CONSTRUCTION**

- House Framing
- Porches
- Garages
- Decks
- Dormers
- Sheetrock/Taping
- Wood/Vinyl Siding
- Replacement Windows

Insured • Reliable  
— And Featuring —  
Residential Additions & Reroofing You CAN Afford  
872-2412

**SMITH BUILDERS**  
ADDITIONS • DECKS • REMODELING  
KITCHEN & BATHS • BOOKCASES  
ROOFING • SIDING  
Free Estimates • Fully Insured  
370-1503

**QUALITY MAINTENANCE**  
"YOUR FULL SERVICE MAINTENANCE COMPANY"  
Specializing in Odd Jobs & Handyman Work  
"No Job Too Small"  
434-9187  
Insured Free Estimates Senior Discount

**JOE MARKS BUILDING & REMODELING**  
Additions • Roofing  
Framing • Concrete Work  
Free Estimates • Fully Insured  
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**JV CONSTRUCTION**

- Roofing
- Carpentry
- Painting
- Addition
- Garages
- Kitchen - Baths
- Porches - Decks
- Siding - Gutters
- Basement
- Waterproofing

**COMPLETE INTERIOR REMODELING**  
861-6763  
Fully Insured Free Estimates

For less than **\$10 a week**, **\$8.75 to be exact**, your Spotlight ad could be here.

**MISTER FIX-ALL**

All Types of Repairs  
Specializing in the Bethlehem Area  
Senior Citizens Discounts  
Dependable & Reasonable  
30 Years Experience  
Free Estimates  
Ask For Tony Sr.  
439-9589

**ELECTRICAL**

**GINSBURG ELECTRIC**  
All Residential Work  
Large or Small  
FREE ESTIMATES  
Fully Insured • Guaranteed  
459-4702

Your ad in **THE SPOTLIGHT** in this space would cost only **\$8.75 a week**

**EXCAVATING**

**BLAIR EXCAVATING & TRUCKING**  
All types, backhoe and dozer work.  
Underground Plumbing, Driveways, Foundations, Land Clearing, Ponds.  
DAN BLAIR  
Elm Ave., Selkirk  
439-1547

For only **\$26.25 a week** your ad in this space would reach over **20,000 readers** of **The Spotlight**

**HOME IMPROVEMENT**

**RENOVATIONS PLUS**  
Kitchens • Baths • Ceramic Tile  
Dedicated To Excellence  
Free Estimates Insured References  
674-0568

**VIKING HOME REPAIR & MAINTENANCE, LTD.**  
• Minor Repairs • Painting  
• Wall Repairs • Masonry • Carpentry  
• Plumbing & Electrical  
No Job Too Small 439-6863  
FREE ESTIMATES • FULLY INSURED

Your ad in **THE SPOTLIGHT** in this space would cost only **\$8.75 a week**

**C.L. HUMMEL CONSTRUCTION, INC.**  
— 25 Years Experience —  
NEW HOME CONSTRUCTION/ADDITIONS  
Custom Remodeling, Renovation, Restoration, Custom Kitchen and Baths  
(518) 767-9653

**HOME IMPROVEMENT**

**MVP Remodeling**  
Interior Exterior  
Roofs & Siding Specials

Showroom in Albany  
(Corner of Delaware Ave. & 2nd Ave.)  
426-9628  
Ask for RON  
Free Estimates Insured

Free Estimates • Insured  
Interior • Exterior  
High Pressure Washing  
Popcorn Ceilings • Driveway Sealing

**BRIAN BRADLEY QUALITY PAINTING LAWN CARE**  
233-1703

**B & L Remodeling**  
Remodeling Specialists  
Wall and Ceiling Repairs • Painting  
Additions • Computer Design  
Free Estimates • Referrals available  
458-9363  
Member of the better business bureau

**SPECIFIC CONSTRUCTION**

- Remodeling • Repairs
- Maintenance
- Bathrooms - Kitchens
- Handicap Modifications
- Interior Exterior

767-9881

FREE Estimates Insured

**BILL STANNARD CONTRACTORS** • 768-2893  
RD. 1 Delmar, N.Y. 12054

Masonry and Carpentry  
New and Repairs  
Concrete • Block • Brick • Stone  
Roofing • Decks • Garages etc.

**Robert B. Miller & Sons General Contractors, Inc.**  
For the best workmanship in bathrooms, kitchens, porches, additions, painting, decks, ceramic tile work or papering at reasonable prices call

**R. B. Miller & Sons**  
25 Years Experience 439-2990

**HANS HOME MAINTENANCE & REPAIR**  
Quality Workmanship  
Exterior - Interior Painting  
Remodeling Etc.  
Fully Insured - Free Estimates  
785-1576

Your Spotlight ad in **THE SPOTLIGHT** in this space would cost only **\$8.75 a week**

**INTERIOR DESIGN**

Custom Sewing  
Curtains, Valances, Swags, Throw Pillows, Minor Repairs  
Mini Blinds, Pleated Shades, Verticals

Raye Saddleire  
Formerly with Linens by Gall  
966-4114

For less than **\$10 a week**, **\$8.75 to be exact**, your Spotlight ad could be here.

**LANDSCAPING**

**Secret Gardens**  
A Professional Gardening Service



- Redesign + Restoration
- Weekly Maintenance

L. Sedlmayer • RD 1 Box 87  
Hannacroix, NY 12087  
756-8973

**HORTICULTURE UNLIMITED LANDSCAPING**

Expert, Professional, Unique Landscape Design & Installation

- Maintenance
- Construction
- Computer Image Designing
- Organic Methods

"WE DO THINGS RIGHT"  
767-2004  
OUR 20TH ANNIVERSARY

**CM LAWN CARE & LANDSCAPING**

One Stop Shopping  
For All Your Landscaping Needs



- Complete Design & Installation
- Patios, Walkways & Walls
- Lawn Installation & Renovation
- Year-Round Maintenance
- Complete Lawn Care • Fertilization
- Mowing • Aeration & Dethatching

From Spring Clean Up To Snow Plowing  
484-1300  
SLINGERLANDS

For only **\$54.00 a week** your ad in this space would reach over **45,000 readers** of the three **Spotlight Newspapers**

**LAWN CARE**

**DELMAR LAWN CARE**

- Hedge & Shrub Trimming
- New Landscape Planting
- Bark Mulch
- Lawn Mowing

Call now and receive a Free Estimate within 24 Hours  
475-1419

**GORDON'S LAWN & GARDEN SERVICE**

- Mowing
- Trimming & Pruning
- Mulch & Woodchips
- Topsoil & Manure
- Decorative Rock & Boulders
- Brick/Marble Chips & Misc. Stone

Installation for Landscaping, Walls, Patios, Walkways, Etc.  
439-3261  
Delmar, N.Y. 12054

**ABC Yard Maintenance**

Spring and Fall Cleanups,  
Mowing, Shrubbery Work and Landscaping

CHRIS LINDSKOOG  
347 Elm Ave.  
Delmar, New York 12054  
Tel. 439-2473

**PROPERTY MAINTENANCE LAWN MOWING & REPAIR**

ROTILLING  
CHAIN SAW WORK  
DRIVEWAY SEALING  
Call Andrew Sommer  
439-5432 Insured

Trees • Shrubs  
Seeding • Mowing  
Pruning Edging • Mulching  
Spring Cleanup

Picture Perfect Landscaping  
David Slaver (518) 768-4636

**R & R Lawn Care**  
Lowest Prices Guaranteed  
Spring Clean Ups  
Lawn Mowing & much more  
439-7192 756-3476

**A+ LANDSCAPING**  
Get The Right Grade

Weekly Lawn Care • Plantings • Decks  
Remodeling • Retaining Walls  
Free Estimates  
Voice Mail Rich: 448-5928

**COLORADO LANDSCAPING**  
All Horticultural Needs Met  
Tree Planting, Fall Cleanup,  
Lawn Maintenance  
Call Buffalo John 475-1969

BUSINESS OPPORTUNITY

\*GUARANTEED PROFIT\* Make \$200-\$2,000 per week. Not multi-level. Full or part-time. Incredible new program. Free start-up. Limited offer. 1-888-983-8977.

ENTREPRENEURS, BUSINESS OWNERS, PROFESSIONALS drastically increase your income. Reduce your tax liability up to 90%, legally. No selling. No MLM. 24 hrs. 800-322-6196 ext.0692.

INeed HELp! OVERWHELMED! Will help you get started. Earn 5-10K per month P/T. Fantastic support! No selling. Not MLM. 2 min. message 1-800-322-6169 ext.0859.

LOCAL CANDY ROUTE. 30 vending machines. Earn apx. \$800/day. All for \$9,995. Call 1-800-998-VEND.

NEED HELp! Overloaded with leads! Double your income, no selling! Free 24hr info. 1-800-322-6169 ext. 2378.

BUSINESS SERVICES

RECYCLE TONER CARTRIDGES & SAVE! Cartridges from \$45.00, including pickup and delivery. Guaranteed. Discounted toner for copiers available. We buy empties. 800-676-0749, www.nationaltoner.com

CHILD CARE SERVICES

A CHILD CARE ALTERNATIVE - Au Pair USA offers live-in, quality screened Au Pairs. Average cost \$215/week. Government approved program. Call Laura, 459-0107 or 1-800-Au-Pairs

LAWN EQUIPMENT

JOHN DEERE Gas String Trimmers Starting at \$99.00 Chainsaws from \$189.99 H. C. Osterhout & Son, Inc. Rt. 143, Ravena • 756-6941

MASONRY

ALBANY CEMENT FINISHERS Sidewalks Stoops - (Steps) Foundations Cellar - Floors Retaining Walls Brick - Pavers Patios Concrete & Blacktop Driveways Quality you can Afford! Free Estimates Fully Insured All Work Guaranteed - Since 1957 - 465-0402

CAPITOL SPECIALIZING IN Bluestone, Concrete, New or Repair Work, Chimney & Foundation Work Small & Large Jobs Estimated Slingerlands 475-7613

For only \$40.50 a week your ad in this space would reach over 45,000 readers of the three Spotlight Newspapers

EF AU PAIR European Live-in Childcare - screened, trained, English-speaking, legal visas. Experience the benefits of inter-cultural child care! Average \$220 per week. For more information, call Mike D'Attilio at 489-6442. Government designated, non-profit program.

CHILDCARE: AuPairCare cultural exchange. Legal, trained, experienced English-speaking aupairs. Affordable live-in childcare, local coordinator. Call 800-4-AUPAIR. 1-800-428-7247.

CHILD CARE HELP WANTED

NANNY - 7:45 A.M. to 5:00 P.M. Monday - Friday. 18 month old and 1 year old, my Delmar home, starting September. 478-9851.

CLEANING SERVICES

CLEANING - residential/small business. Free estimates. References. Call Rose, 439-0350.

J'S CLEANING: Experienced, personalized service. Fully insured, bonded. Free estimates. 872-9269.

SWEEP IT CLEAN with "Clean Sweep." Fully insured, bonded. References. Call Dawn. 433-0417.

HOUSE CLEANING, responsible, reliable, 462-5012, references available.

EDUCATION

GET COLLEGE DEGREE IN 27 DAYS: BS/MS/MBA/Ph.D., etc. including graduation ring, transcript, diploma. Yes, it's legal, guaranteed and accredited. Free packet, call 1-800-689-8647, 24hrs.

EQUIPMENT FOR SALE

SAWMILL \$3795. Saws logs into boards, planks, beams. Large capacity. Best sawmill value anywhere. Free information. Norwood Sawmills, 90 Curtwright Drive #3, Amherst, NY 14221 1-800-578-1363.

EQUINE

THE EQUINE EXPERIENCE, one week of everything to do with horses- grooming, riding, foals. July 28 to August 1. Reservations, 475-0859.

FINANCE

DEBT CONSOLIDATION - homeowners - bad credit OK - purchase, refinance, first and second mortgages, home improvement loans. Free confidential consultation in a relaxed atmosphere. Most credit - (518)475-1925, toll free - (888)212-5859. Reg. mtg. broker-loans through third parties.

\$\$\$ WE GIVE CASH NOW\$\$\$ FOR YOUR INSURANCE SETTLEMENT or lottery payments. Best prices. Great service. PPI 1-800-435-3248. ext.156.

\$DEBT CONSOLIDATIONS\$ Cut monthly payments up to 30-50%. Reduce interest. Stop collection calls. Avoid bankruptcy. FREE confidential help. NCCS, non-profit, licensed/Bonded. 1-800-955-0412.

\*FEDERAL CONSUMER PROGRAMS\* private agencies/grants help Homeowners, or businesses consolidate bills; payup back taxes or mortgage payments-avoid foreclosure; refinance; remodel; etc. (Bank rejects, can't show income, old bankruptcy... OK.) Toll-free details 1-888-433-3752.

CASH NOW! We purchase mortgages, annuities, and business notes. Since 1984, highest prices paid. Free estimates, prompt professional service. Colonial Financial 1-800-969-1200 ext.49.

FEDERAL LAW ALLOWS YOU TO CORRECT your credit report for free and prohibits credit-repair clinics from requesting or receiving payment until six months after they perform their services. For more information about credit repair, write: Public Reference, Federal Trade Commission, Washington, D.C. 20580.

HOME LOANS, no credit, debt consolidation, non income, refinance purchase. We buy mortgages, business notes, insurance settlements, annuities, lotteries, trusts, sports/music contracts. 1-800-391-CASH 1-800-866-WANT

FIREWOOD

FIREWOOD semi-seasoned, cut, split. Face cord \$50, full cord \$110. Jim Haslam, 439-9702.

FLOWERS

DAYLILIES AND HOSTAS, for information call 456-4780.

HANDYMAN

MAN WITH TRUCK can do anything. Remove small trees, brush, clean attics/cellars, electric & plumbing repairs, etc. 782-7643.

HEALTH & DIET

SERIOUS ABOUT LOSING WEIGHT? Get free tape, no obligation. 446-9746.

HOME IMPROVEMENT

HOMEOWNERS WANTED: to allow us to install Vinyl Siding and windows on advertising basis. No money down. 100% financing available, call toll free 1-888-643-4400.

INSTRUCTION/SCHOOLS

GED. Get your General Education Diploma in 4 to 6 weeks with our easy to follow home study course. Call 1-800-623-1224

LAWN/GARDEN

PRIVACY HEDGE - Spring Blow-out. Free installation. Free delivery. Limited guarantee. 3 1/2 - 4' bush only \$10.95 each Cedar/Arborvitae 1-800-889-8238.

LOST

LOST PET "ASIA," light beige and white, male, neutered cat. Near Woodgate 439-6615.

MISCELLANEOUS FOR SALE

TROY-BUILT Roto Tiller Junior Power Composter, originally \$700, rarely used, \$450. CRAFTSMAN EDGER, gas operated, 9 inch, 3.0 HP, used once, \$185. OLYMPUS MICRO/MINI TRANSCRIBING MACHINE CM200, used 6 months, \$250. Call evening s. HEAVY DUTY WHIRLPOOL W M, 6 cycles, temperature selector, water saving selector, \$125. 439-2025.

HIRE-A-HUSBAND: For whatever you need: trees, brush, lawn, construction, clean-up, painting, laundry, dinner, anything! Professional, Prompt, and Personal Attention. Call NOW for a FREE same-day in-person consultation, 446-0702.

SOFA, 3 cushion, towel rack, wicker and chair, 439-3336.

SPAC TICKETS AVAILABLE! Marvin Hamlisch, Thursday, August 7, 2 seats, front section. Call L. Smith 439-6437.

KILL MOSQUITOS AND FLYING INSECTS IN YOUR YARD! Buy Enforcer Exterminator Plus mosquito and flying insect spray for yards. This PRO formula kills bugs where they live and breed. Safe for all plants and shrubs. Works up to 4 weeks rain or shine. Satisfaction guaranteed or your money back! Available only at THE HOME DEPOT

TREE SERVICE

WOJZ TREE SERVICE Pruning • Tree Removals Stump Grinding Fully Insured • Free Estimates Charles H. Woz, Proprietor 456-6922

TREE SERVICES

Mike's STUMP REMOVAL Free Estimates/Insured Reliable Service 439-8707

Sandy's Tree Service Since 1977 459-4702 FREE ESTIMATES FULLY INSURED

HASLAM TREE SERVICE

• Complete Tree Removal • Pruning • Cabling • Feeding • Land Clearing • Stump Removal • Storm Damage Repair FREE Estimates Jim Haslam Fully Insured Owner 439-9702

Bushwacker Tree Removal

• Tree Trimming • Tree Removing • Stump Removal • Fire Wood • Senior Citizens Discount • Fast, Friendly Service • Lowest Prices in Town FREE ESTIMATES • INSURED 753-6647

WINDOW CLEANING

Window Washing Pressure Cleaning House Washing Deck Cleaning 475-7756

BUSINESS DIRECTORY Support your local advertisers

MASONRY

HERITAGE MASONRY • Custom Steps, Walks, Patios, Walls • Block Foundations • Ceramic Tilework • USG Exterior Stucco • Fireplaces • Masonry Restorations 768-8018 Tom Dooz Full Insurance

PAINTING

PAINTING Your Way & Price 463-8295

PLUMBING

BILL FRISBEE PLUMBING Fully Insured • SUNY Certified In Business Since 1986 765-2216

ROOFING

Reliable Roofing By Russell Crouse 475-0380 Free Estimates

For only \$27 a week your ad in this space would reach over 45,000 readers of the three Spotlight Newspapers

Bill's Painting 5 Rooms, 1,000 sq. ft., \$300. or .30¢ a sq. ft. 732-2554

WMD Plumbing Michael Dempf 475-0475

Superior Roofing & Repair Shingles, Slate, Rubber, Flat Roofs, Gutter Work, Chimney Repair Free Estimates Fully Insured 767-2367

PAINTING

Noland's Painting SUMMER SPECIAL Interior • Exterior Residential • Commercial Specializing In Windows & Trim 463-5866 14 Years Experience Free Estimates • References Guaranteed • Fully Insured

PAVING

A. LETO BROS. PAVING CO. RESIDENTIAL & COMMERCIAL SEALCOATING Free Estimates Fully Insured Over 40 years experience Days 785-4528 Eve. 459-7679 Fax 785-6150

Home Plumbing Repair Work Bethlehem Area Call JIM for all your plumbing problems Free Estimates • Reasonable Rates 439-2108

THRIFT SHOP

YANKEE PEDDLER Thrift Shop JULY SALE 50% Off Most Clothing 10% Off Most Jewelry 20% Off Most Furniture & Brica 265 OSBORNE ROAD LOUDONVILLE 459-9353 OPEN: M-F 10-7, Sat. 10-4, Sun. Closed

Business Directory Ads Work For You!

ROOFING

Vanguard Roofing Est. 1967 "Where superior workmanship still means something" ASPHALT • SLATE TIN • COPPER Free Fully Estimates Insured 767-2712 Jim Staats - So. Bethlehem

TOPSOIL

MARIANA TRUCKING CO. PREMIUM TOPSOIL AND SAND Pick-up or Delivery 438-6836

PAINTING

INTERIOR/EXTERIOR Prep Work Included Since 1981 • FREE Estimates Call Ron at 439-5448

PET CARE

Cornell's Cat Boarding 767-9095 Heated • Air Conditioned Your choice of food Route 9W, Glenmont Reservations required Eleanor Cornell

GRADY ROOFING

Shingles, Flat, Slate, Copper Free Estimates Fully Insured 439-2205 Brian Grady

ORGANIC SOILS, INC.

\*We produce premium, quality organic soils for every purpose\* 312 New Scotland South Rd., Slingerlands Hours: Open 8:30-5:30 Mon.-Sat. Evening Delivery Available

VOGEL

Painting Contractor Free Estimates • RESIDENTIAL SPECIALIST • WALLPAPER APPLIED Interior — Exterior INSURED 439-7922

TOPGUARD ROOFING & REMODELING

Specializing In Slate, Shingles, Re-Roofs & Repairs Free Estimates • Fully Insured 100% Satisfaction Guaranteed Best prices in the northeast 767-0258

**MISCELLANEOUS FOR SALE**

**WOLFF TANNING BEDS.** Tan at home. Buy direct and save! Commercial/Home units from \$199.00. Low monthly payments. Free color catalog. Call today 1-800-842-1310

**WANT TO CHANGE** the colors of the rooms in your home? Hire a man with 15 years experience in painting, wallpapering, etc. Call today for free estimates and prompt, professional service. Bruce Hughes 767-3634.

**PIANO TUNING & REPAIR**

**PROFESSIONAL PIANO** tuning and repair, Michael T. Lamkin, Registered Piano Technician, Piano Technicians Guild. 427-1903.

**PONY RIDES**

**PONY RIDES** for birthday parties or special occasions. Call 439-2541.

**SPECIAL SERVICES**

**HORNETS, WASPS,** yellow jackets, carpenter, bees nests, removed. 355-7594.

**HOUSESITTER,** vacation security. Plants, pets, errands. Weekly/monthly rates. Excellent references, 648-5171.

**MORTGAGES**

**ATTENTION HOMEOWNERS!** No equity?? No problem! Borrow 125% of the value of your home. Consolidate your bills and cash out. Best rates for all credit, refinancing or home equity loans. Stop foreclosure and bankruptcy. Home improvements. Free 1 hour pre-approval. Call today!!! 1-888-9-BORROW.

**MULCH**

**BARK MULCH, FIREWOOD,** wholesale/retail, delivered. 355-3200.

**PAINTING/PAPERING**

**CURIT & SONS' Quality Decorating** - painting, papering, pressure washing, interior/exterior, detailed results & satisfaction. 449-8753.

**PERSONAL**

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus pray for us. St. Jude worker of miracles pray for us. St. Jude help of the hopeless pray for us. Say this 9 times a day for 9 days. Prayer will be answered.

**PETS**

**PROFESSIONAL IN-HOME** petsitting. Bonded, insured, reliable. References. Paula's Pampered Pets, 439-0576.

**DOG TRAINING** for home, work and competition. Private lessons at your home. Also available for consultations on purchasing dogs and for demonstrations. Calise Shoemaker, (518) 756-6961.

**REAL ESTATE FOR RENT**

**\$425 plus utilities,** small cottage, one bedroom, ideal for single person. Off-street parking. Security deposit. 132 Maple Avenue, Selkirk. 434-9783, leave message or 212-665-5251.

**1 BEDROOM HOUSE,** appliances, laundry facilities, shopping near by, Greenville/Westerio area, no pets, security and lease, 518-966-5342.

**1 PLUS BEDROOM APARTMENT,** country setting, loft bedroom, bright and airy. \$450 plus utilities, 475-0859.

**BEAUTIFUL NEW SCOTLAND TOWNHOUSE,** 2-3 bedrooms, fireplace, garage, busline, all appliances. Rent or lease/buy option. No pets. \$925. 437-9662.

**DELMAR - Senior Residence,** Special \$550, quiet, 2 bedrooms, bus line, garage and laundry facilities. 238-0867.

**DELMAR - SENIOR RESIDENCE,** Special \$550, quiet, 2 bedrooms, bus line, garage, laundry facilities. 238-0867.

**DELMAR 3-4 bedroom house,** \$950s per month plus utilities, lease/security, wheel chair accessible. Call Ann Warren, 439-3648 ext. 226.

**DOWNSKILL, 2 BEDROOM,** furnished townhouse, full basement, oversize garage, long or short term, \$850/month- broker 439-1900 ext. 224.

**GLENMONT, CHADWICK SQUARE 70** Commonwealth Drive. MOVING household/kitchen items. Recliner, clothes, bike, sewing machine, baby and toddler clothes - new, all cotton. Saturday, July 19, 9 A.M. - 3 P.M.

**LARGE 1-BEDROOM,** available August 1, quiet complex, pets O.K. On bus line. \$635. No security. Delmar. 475-7628.

**SLINGERLANDS RANCH \$800** plus. Living room, dining room, full basement, garage, large yard. 439-0477.

**Small Apartment** for one person, includes heat and hot water, references and security required, non-smoker, no pets. 767-3014.

**REAL ESTATE CLASSIFIEDS**

**GOVERNMENT FORECLOSED HOMES,** pennies on \$1. Repo's, VA, HUD, Sheriff sales No money down local listings/directory. Fee. Toll free 1-800-669-2292Ext.H-4000.

**OFFICE SPACE - prime Delmar** location on Delaware Avenue. Furnished. Parking. 439-7638.

**OFFICES, TWO BRIGHT ROOMS,** take 1 or both, quiet Slingerlands location, 439-9280.

**SLINGERLANDS - quiet, secure** neighborhood, 2 bedrooms, living room, kitchen, dining room, laundry hookup. \$650+ utilities. 439-3738.

**SLINGERLANDS One bedroom** apartment, heat, lease, security, no pets, 765-4723, evenings.

**BERNE - CORNER PARCEL 13.9** AC - \$24,900. Beautifully wooded, with old stone walls and short walk to Partridge Run State Park and lakes. Long road frontage with utilities, survey, warranty deed. BOHA. Excellent financing. Must sell! Call owner 413-458-9395 WMP.

**REAL ESTATE FOR SALE**

**OWN FOR THE PRICE OF RENTING!** Build your home now, without the down payment banks demand. Complete construction & permanent financing if qualified. DeGeorge Home Alliance. 1-800-343-2884.

**ESTATE AUCTION - 2,055 acres** sells in 14 Tracts, Rutland, Vermont. Land, cattle and equipment sells 11:00 am Friday Aug 8. Historic buildings, contemporary home, barns, building sites. For brochure 918-250-2012 ext.0. Williams & Williams Realtors.

**4-UNIT APARTMENT HOUSE** plus small 1-bedroom house, separate utilities for all units; fully rented, \$25,000 plus annual income; off-street parking, laundry facility, storage and yard; Selkirk. Unique for "starter" investor; young couple - live in one apartment - have your mortgage paid; retiree - use small house as residence. Asking \$225,000. For information please call (518)434-9783.

**CUSTOM BUILT ESTATE,** indoor pool, large private lot, 7000+/- square feet, 5 bedrooms, 5 baths, 4-car garage, much much more. Reduced to \$599,000. Ozimek Realty, Ltd. 439-1398.

**DUTCH FARMHOUSE,** 9 acres overlooking city, separate in-law/income or home occupation apartment and much more. Asking \$269,900. Ozimek Realty, Ltd., 439-1398.

**LAKE GEORGE - Eastside,** three bedroom cottage on lake. Large deck, fireplace, magnificent views. \$245,000. 439-4127.

**SMALL TAVERN,** historical building, busy North Albany corner. \$30,000 439-1330.

**SPACIOUS 2-bedroom 2-bath** townhouse, screened porch, appliances, end first floor unit, 2 blocks to ocean, mint condition. Melbourne Beach, Florida. \$79,900. 482-6136.

**WARNER LAKE WATERFRONT,** secluded cottage, exquisitely furnished, sleeps 6, asking \$135,000- broker 439-1900 ext. 224.

**ARUBA TIMESHIRE 1st week** October, every year. Pool, tennis, near beach, casinos, \$2,800 or B.O. 463-2733.

**RANCH DUPLEX, 58 Hackett** Ave., Colony, each unit 2 bedroom, living room, 1 bath, large kitchen, full basement, gas, 80 by 150, \$132,000. 869-0116.

**\*BARGAIN HOMES\*** Thousands of Government Foreclosed and reposessed properties being liquidated this month! Government financing. Low/no down. Call for local listings! 1-800-338-0020ext.1099. Fee.

**2 AND 3 BEDROOM TOWNHOUSES.** Country setting - cul-de-sac, children's play area. Convenient to schools, shopping, bus, rail. From \$86,900 with \$20,000 NYS grant. Spring Meadow Condominiums. 914-457-5050.

**ADIRONDACK/LAKES & GORE MOUNTAIN REGION.** Adorable old farmhouse w/130ft on trout brook. Some remodeling done. Needs additional TLC. Great buy! \$45,000 Pearsall Realty 518-251-2422.

**VACATION RENTALS**

**CAPE COD HOUSE** on Atlantic Ocean. Sleeps 8 to 10. August 23 to August 30. \$860 - Call 439-1924.

**TWO BEDROOM HOME** on Cossayuna Lake, newly remodeled, 2 docks for your boat. \$500/week. Evenings - 237-5445.

**Cottage weekly rentals:** House-keeping. Adirondack lakefront, safe sandy beach, weekly or weekend. Boats, fishing, golf. Call 315-336-7418. Call 315-336-7418.

**OAK N' SPRUCE RESORT.** The Massachusetts BERKSHIRES. Bed/breakfast. \$31.95 per person. 2 indoor pools, restaurant, lounge, health Spa, 200 Scenic acres. 1-800-424-3003.

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Ranch on almost 1/2acre treed lot, low maintenance brick exterior, newer gas furnace & water heater, hardwoods, eat-in kitchen, walk-up attic, breezeway, near town park.  
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Voice Mail 448-5340

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# EMPLOYMENT OPPORTUNITIES

## HELP WANTED

**DON'T PAY FOR INFORMATION ABOUT FEDERAL JOBS.** Contact Career America Connection, the official federal employment information service, 24 hours a day, at 912-757-3000.

**DIETARY AIDE**, part-time, Saturdays and Sundays, 6 a.m. to 10 a.m., Mondays and Tuesdays, 2:30 p.m. to 6:30 p.m. Kenwood Convent, 465-3341.

**DRIVERS**, earn 7-10 dollars per hour, apply in person, Dominos Pizza, Rt. 9W, Glenmont.

**EDUCATION**- Christian Education Director, Calvary Methodist Church, Latham, lead active Christian education program, previous experience desired, competitive salary. Send resume by July 23 to Calvary UMC, 18 Belle Avenue, Latham, NY 12110.

**GIFT CONSULTANTS**, excellent opportunity for homemakers, students, retirees. Call the Perfect Present 242-5590.

**MODELS** between the ages of 7-23 wanted to model casual and formal wear during this year's 1997 Albany Pageants. No experience necessary. Call 1-800-858-6003 Ext. 4044.

**PART-TIME DESK HELP** needed for local tennis and fitness club. Hours: Monday-Friday, 6:30 A.M. - 11:30 A.M. Computer experience preferred. Call 436-3556.

**PERSONAL CARE AIDES - PT/FT** - All shifts - Senior Adult Care Residence is seeking caring individuals to assist senior residents with activities of daily living. Pleasant working environment. Must enjoy working with the elderly. Willing to train, but experience a plus. Apply at Colonie Manor, 626 Watervliet Shaker Road (Rt. 155) Latham, New York.

**STUDENTS & GRADS** - Local company has summer work in Colonie, Loudonville, and surrounding areas. Earn \$10 up to \$15 to start. Training provided. Excellent resume builder. Call 456-3229.

**"EMPLOYMENT-WANTED"** ads FREE to members of the press seeking employment with a weekly newspaper (editors, journalists, photographers, graphic designers, etc.). Send your employment wanted ad to NYPA Newsletter, 1681 Western Ave., Albany, NY. 12203-4307.

**AIRLINES NOW HIRING**— Will train Customer Service, Baggage, Clerical, Flight Attendant, Administrative and many more positions available. For application and information call 510-247-9398. ext. 201.

**DRIVER/ATS WANTS YOU!** All Conventional fleet, no slip seating. We pay for experienced Van & Flatbed drivers needed. Anderson Trucking Services, 800-241-8787.

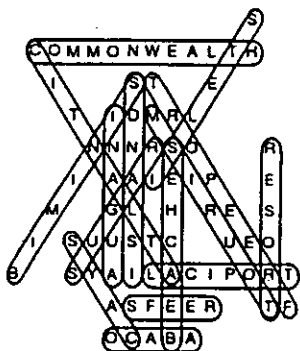
**DRIVER/CDLI Company Drivers/Owner Operators**- TRL offers assigned Freightliner conventionals. \$36/mile loaded/unloaded, high miles, great home-time, paid lumpers, benefits. 1-800-876-8754. Ext. NYS.

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**OWNER-OPERATORS NEEDED.** For dedicated regional work. Please call Mr. Libby 1-800-777-8782 for information.

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**SUBSTITUTE TEACHERS** Contact Ravenna-Coeymans-Selkirk Central School District 767-2850.

**THE VOORHEESVILLE AREA Ambulance** is seeking new members. For information, call 765-2762.

**DISHWASHER/KITCHEN HELP**, full time, beginning immediately, Alter's Restaurant Main Square, 475-1047.

**SENIOR TYPIST**, Bethlehem Central Middle School, 332 Kenwood Ave., Delmar, NY. 12 month (Temporary) position, strong people skills, computer skills including word processing. Please send a letter of interest or call Jean Kass at 439-7460 by July 21st.

## GARAGE SALES

**3 BEDELL**- babies/childrens clothes, Little Tikes and miscellaneous, 439-4633, July 18, 9:00 a.m.

**366 KENWOOD AVENUE**. Saturday, July 19, 10 A.M. - 4 P.M. Various household items including small appliances.

Computers, exercise equipment, vacuum, car radio, faux leather, sleigh, bed, trampoline, books, clothes. July 18, 37 Hillview, Rensselaer. 10 A.M. to 4 P.M.

**DELMAR, 1 WELLINGTON ROAD** (Just off Elsmere Avenue) July 19, 9 A.M. - 4 P.M., toys, clothes, lots of miscellaneous.

**MOVING SALE**, 149 Farick Road, South Bethlehem, 9 A.M.-3 P.M., Saturday, July 19.

**SATURDAY, JULY 19, 8:30 a.m.**, to 1:00 p.m., 2 and 9 Wellington Road, Delmar. Household, sofa and loveseat, boys clothes, toys.

**DELMAR- 55 WAKEFIELD CT.**, July 18 and 19, 9 A.M. to 2 p.m., household miscellaneous, great prices.

## SPECIAL SERVICES

**ROOF LEAKING**, ceiling paint chipping, locks defective, lawn need mowing, overloaded with chores and everybody's busy? Call Ed's Odd Job Service and end your upkeep problems. Thirty years experience with reputation for honesty, dependability. Call for free estimate. 346-0775.

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**1985, 2 DOOR, OLDS CUTLASS**, 42k miles, \$700 firm, 439-3990.

**84 MAZDA**, 4-door, AM/FM, burgundy, great shape. \$999 or best offer. 439-6836.

**92 ISUZU RODEO**, 4 by 4, 5 speed, 6 cylinder, air conditioned, \$13,500, 456-4832.

**91 DODGE SPIRIT**, 4 Door Sedan, AM/FM, power steering/power brakes, AC, 1 owner, clean, 72K, \$3975. 439-6764.

**SEIZED CARS** from \$150. Jaguar, Corvette, Mercedes, BMW, Porsche, Honda, 4x4's, trucks and more. Local sales/directory. Fee. 1-800-669-2292 ext. A-4000.

**AS MEMBERS OF UMBRELLA Senior Home Services**, hundreds of Capital District senior citizens and people with disabilities have discovered condominium style living in their own homes. Home maintenance and many other services for just \$8 per hour! Emergency assistance 24 hours-a-day. Workers thoroughly screened, trained and insured. Membership information call 346-5249.

## MUSIC

**STRING INSTRUMENT REPAIR**, bow rehairing, instruments bought and sold. 439-6757.

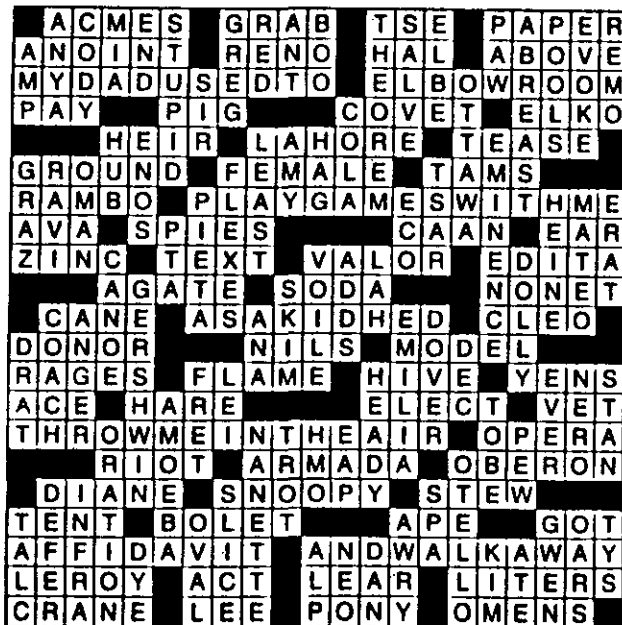
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**BUYING RECORDS**: LP's +45's. Whole collections bought. 439-7082.

**CASH PAID** speakers, old cabinets, Altec Tannoy JBL Jensen, Western, Electric Electro voice tube AMPS Marantz, McIntosh, HI FI 355-7594.

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## Critic

(From Page 1)

Fuller.

"If there is a problem with design, I'd prefer not to have the taxpayers pay anything to make it right," said Fuller.

Fraser & Associates conducted its own review, which blamed deposits of silt as the problem.

Town officials believed the same, and proceeded to dredge the bottom of the Hudson River in March with approval of the state Department of Environmental Conservation and the Army Corps of Engineers.

The project was funded through a Federal Emergency Management Agency grant.

However, since the dredging, there has been a decline in the quantity of water flow.

If the flooding is determined to be the cause, Fuller said annual

dredging of the river's bottom is a possibility. The town would have to apply for a 10-year permit from DEC and would look for funding, said Fuller.

Fuller said Bethlehem hired O'Brien & Gere to get an independent opinion, and results from the study are expected to be available in time for the board's Aug. 13 meeting.

One opponent of the water system said he thinks \$5,000 is not enough to do the job.

William Kelleher, a member of Clearwater for Bethlehem, said \$5,000 was "entirely too small an amount of money" in a letter he sent to both the Syracuse firm and the town board.

O'Brien & Gere will not do a field report, but instead conduct their review through information provided by town Commissioner of Public Works Bruce Secor.

Kelleher has publicly criticized Secor for allegedly not providing him information on the water plant, questioning Secor's data and the thoroughness of the impending report.

"That is very disturbing," Kelleher said. It needs a "damn good" report to prove the system is failing because of silt.

"You're going to have to dredge the Hudson River from here to Glens Falls, and the Mohawk (River) from here to Amsterdam," Kelleher told the board last week.

Clearwater for Bethlehem has been critical of the riverside water system since it was first installed.

"It never should have gone through," said Kelleher. "And a good engineer would have stopped it before it went through."

"This is not a new business to us," said Secor, who added Bethlehem has had a water plant

since the 1950s.

Responding to Kelleher's comments, Secor said, "We've tried to cooperate with him. We've tried to be responsive, but I can't spend four hours a day with these people."

### Five Rivers plans guided stream walk

Five Rivers Environmental Education Center on 56 Game Farm Road in Delmar will offer a guided stream walk on Saturday, August 2, at 10 a.m.

Center naturalists will lead the walk to explore stream life. It will be an interactive exploration for parents and children.

Participants should bring boots or old sneakers. For information call, 475-0291.

### Delmar Kiwanis Club planning fund-raiser

The Kiwanis Club of Delmar will hold its sixth Flea Market & Craft Fair on Saturday, Sept. 13, from 8 a.m. to 4 p.m. on the grounds of The Days Inn in Bethlehem.

Proceeds are to help support youth and senior citizen programs in the town. The community is invited to become part of this by attending the Flea Market & Craft Fair or - for those interested

in cleaning their cellars or attics - by purchasing space or donating to the Kiwanis booth.

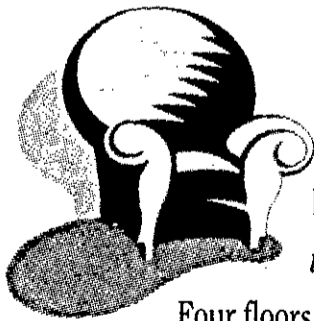
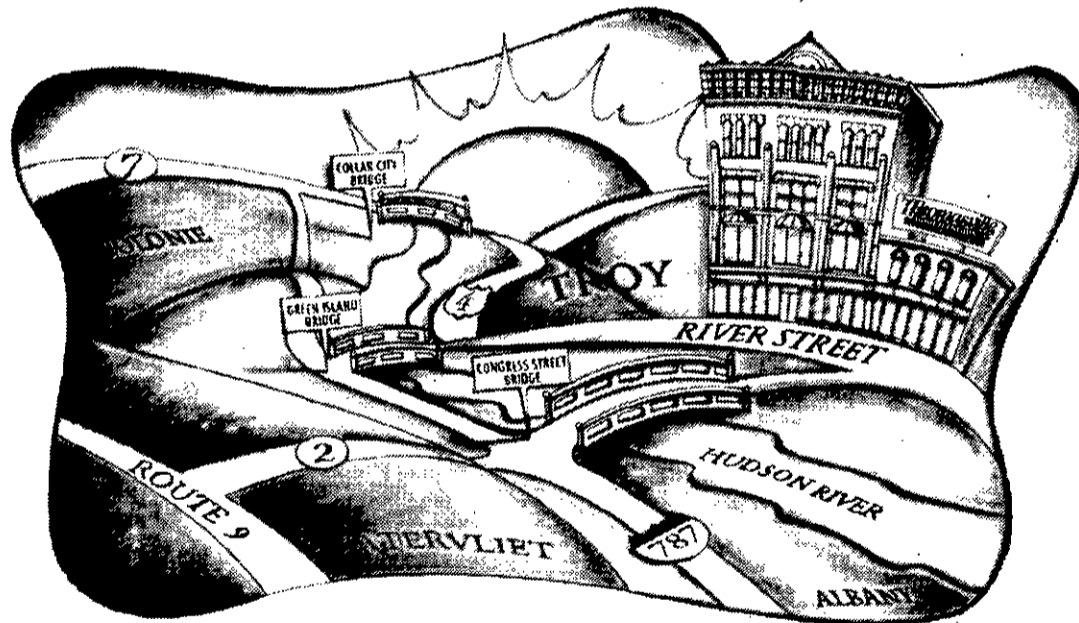
Spaces can be reserved for \$20, if payment is received by Sept. 6. Spaces after that date and on-site will be \$25.

Reservations are on a first-come, first-served basis. The grounds will be open at 7 a.m. to vendors.

For further information call Jim Krathaus at 439-6808.

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