



### Giant gesture



Ike Hilliard, wide receiver for the New York Giants gives John Haines of Delmar hug at the team's summer training camp at the University at Albany. Elaine McLain

# New tenants, improvements put Del. Plaza back on track

#### **By Peter Hanson**

When several Delaware Plaza stores closed or moved to other locations, it seemed as if Bethlehem's largest shopping area was on the wane.

But in the past few weeks, a number of new stores and improvements to the plaza have shown its owners are committed to putting it back on top.

"We're very upbeat, based on the comments we're getting from our tenants," plaza co-owner Howard Nolan said. "Business seems to have picked up considerably in the last few months, (and this is) coupled with the new tenants and prospective new tenants that are coming in."

General Nutrition Center (GNC) and Dollar Tree, which split the storefront previously occupied by Revco pharmacy are already open for business. GNC is part of a national health food and diet product chain, and Dollar Tree, which occupies the lion's share of the former Revco site, is also a franchisee of a nationwide chain.

Tutor Time, a 10,000-square-foot day care center, will be built in the rear half of the currently vacant Woolworth's and open later this year. The center will also have a 5,000-square-foot outdoor playground.

In addition to the new stores, two existing Delaware Plaza tenants recently ex-

panded. Grand Union added a pharmacv. filling the void left when Revco closed, and Bruegger's Bagel Bakery built a new dining area in space vacated when LeWanda Jewelers moved to a free-standing store on Delaware Avenue.

The remaining vacancies include the former location of the Village Shop, for which Nolan said there are currently no prospective tenants, and the rest of the Woolworth's storefront. Nolan said he's talking with two national chains about splitting the Woolworth's site but declined to identify them.

Barry Feinman, the plaza's real estate broker, said he's open to discussions about breaking up vacant space into smaller stores but would prefer tenants that would occupy entire storefronts.

"We're trying to (get) businesses that will bring people back to the plaza," he said.

Nolan and his partner, Norris McFarland, have also been making improvements to improve service and keep storefronts up-to-date. Last year, the plaza's parking lot was reconfigured to allow for safer traffic to and from Delaware Avenue, and this year, the plaza's owners have completed several projects, including a new roof on the Key Bank 🔲 PLAZA/ page 16

### Telecommunicator on Delmar force wins county award

By Katherine McCarthy

Sandra Goulet of the Bethlehem Police Department is Telecommunicator of the Year, an award conferred by the Albany County Legislature. As telecommunicator, Goulet said she is there

She sincerely

"to answer the phone in emergencies and send people to the cares about right spot.

people, and that Goulet's handling of one par- compassion helps ticularly difficult her in work, situation helped especially in an her receive her award. "It was a emergency. hostage-type **Richard La Chappelle** situation,

Goulet said, "where a man was in a woman's garage with a shotgun, and her boyfriend called us. I called the house, and the woman answered. I talked to her and told her not

🗋 AWARD/ page 28

### Farm fresh concert on tap at serene Delmar setting

By Katherine McCarthy

The music is reason enough to attend Saturday's Farm Fresh Folk concert in Delmar, but in words worthy of a song, headliner Peggy Eyres gives credit to her husband's family's farm, where the concert will be held.

"It's nice to sit on the hillside, looking at a 100-year-old barn, or look down the farm lane at the meadow. Bats fly overhead, and when the fireflies come out, it's really a romantic scene," Eyres said. Eyres, who was just named a Woman of Distinction by the Adirondack Girl the same personnel," Eyres explained Scout Council, will be singing with Dan which undoubtedly inspired the title of Duggan and Dan Berggren, two other solo performers who have joined her to form the group Out on a Limb. Byres has won critical acclaim for her-songs about Adirondack women, such

as Lydia Martin Smith, whom Eyres says "was a big reason that Paul Smith's hotel succeeded as it did." Duggan is a na-tional hammered dulcimer champion

whose original tunes run the gamut from waltzes to intense foot-stompers. Berggren, who recorded the album "Cloudsplitter" with Eyres, plays guitar and banjo, and his baritone voice helped earn him the Art and Literary Award from the New York State Outdoor Education Association in 1992

As Out on a Limb, the three present a diverse blend of blues and folk, ballads and dance tunes.

The Newton Street Irregulars will also perform. "They don't always have which undoubtedly inspired the title of their latest release, "Not Oppressively Formal." Berggren is part of the Newton Street Irregulars, who have performed on four of his albums. Carmen Gilman, Dick Gilman, and Steve Warner round out the group, playing instruments such as autoharp, fiddle, banjo, concertina, mandolin and even spoons. CONCERT/ page 16



Peggy Eyres will perform Saturday with Out on a Limb at Farm Fresh Folk concert.



Nolan

### Farmers eligible for aid

Albany County has been declared eligible for Farm Service Agency (FSA), formerly Farmers Home Administration, disaster emergency loan assistance due to damages and losses caused by severe thunderstorms and tornadoes, which occurred on May 31.

Family farmers who have suffered the loss of at least 30 percent of their production or suffered qualifying physical losses due to the severe storms may be eligible for FSA loans.

Proceeds from crop insurance and any FSA programs are taken into account. Insurance and any other compensation is taken into account when determining eligibility for physical losses.

Losses must be supported with documented records. Under the

FSA Emergency Loan Programs, farmers may be eligible for production loss loans up to 80 percent of their actual losses, or the operating loan amount needed to continue in business, or a maximum principal balance outstanding of \$500,000, whichever is less.

Physical loss loans are available to farmers suffering losses to property essential to their operation. Farmers must be unable to obtain credit from private commercial lenders. The interest rate on emergency loans is 3.75 percent.

Application for loans under this emergency designation will be accepted until Feb. 16. The Farm Service Agency is located at 24 Martin Road in Voorheesville. The telephone number is 765-2326.

#### BCHS senior earns academic award

Recent Bethlehem Central High School graduate Emily Prudente, daughter of Christine and Stephen Prudente of Delmar, has been selected as a Cornell Presidential Research Scholar, beginning in the fall, at Cornell University in Ithaca.

#### TOPS group meets at Delmar church

ATOPS (Take Off Pounds Sensibly) group meets Thursdays at 1:15 p.m. at Delmar Reformed Church on Delaware Avenue.

The group motivates people to think of sensible ways to lose weight through group participation and sharing. For information, call 432-5709.

# Police nab 3 for DWI

Bethlehem police recently arrested three people for driving, while intoxicated (DWI) including one underage drinker. Stephen Edward Rucinski Jr., 17, of 138 Southern Blvd. in Albany, was arrested for DWI Wednesday, July 29, at 10:39 p.m.

Officer Robert Berben observed Rucinski driving on Route 443 near Hudson Avenue in Delmar, Berben said Rucinski was driving west in the eastbound lane. Berben stopped Rucinski and administered several field sobriety tests, which Rucinski failed. Rucinski was scheduled to appear in town court Tuesday.

Rucinski was scheduled to appear in town court Tuesday. Leslee Ann Cartland, 34, of 2646 Guilderland Ave. in Schenectady, was arrested for DWI Saturday, Aug. 1, at 3:11 a.m. Officer: Charles Radliff observed Cartland 'driving south on Route 9W in Selkirk: Radliff said Cartland was driving 66 mph in a 40 mph zone, so he stopped her and administered several field sobriety tests, which Cartland failed.

Cartland is scheduled to appear in town court Tuesday, Aug. 18, at 4 p.m.

Todd Howard Warren, 35, of 19 Green St. in Rensselaer, was arrested for DWI Sunday, Aug. 2, at 6:46 p.m.

Officer Peter Resnick reported to the scene of a traffic accident at the intersection of River and Barent Winnie roads in Selkirk. Warren's car had struck a car driven by Kevin J. Craft of Selkirk. Resnick determined that Warren, who was injured in the accident, seemed inebriated and administered several field sobriety tests, which Warren failed.

Warren is scheduled to appear in town court Tuesday, Aug. 18, at 4 p.m.



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# N. Scotland gets new firehouse

By Peter Hanson

The Onesquethaw Volunteer Fire Department is spending around \$200,000 to build a new firehouse at 1240 Delaware Ave., replacing the small one that's been on the site since the mid-'50s. The new facility will feature modern amenities, separate training and meeting rooms and bays for three trucks as opposed to the single bay in the current building.

Jeff Mudge, the department's community relations officer, said constructing a new home for Station No. 3 is necessary because of changes that are expected in the town of New Scotland in the coming years, particularly if water issues are resolved and more houses are built.

Onesquethaw covers the southern half of New Scotland, with its main station in Clarksville and another substation in Feura Bush.

Should this community grow in the future, we'll have a building in place to house additional equipment and training facilities, Mudge said. "We also needed to modernize our building."

Mudge declined to reveal the project's budget, but New Scotland building department clerk Diane Deschenes said the new building has an assessed value of about \$177,000,

Mudge said the expenditure is well within the department's bud-Iget, and that it's been planned for about a year. "There's no problem financially," he said.

The foundation for the 3,200 square foot facility was laid last fall and construction began July 8. Mudge said the building should be done by October, at which time Station No. 3's fire truck will be moved from the old 850-squarefoot facility to the new one.

The old building will be demolished and replaced by a lawn, Mudge said.

• Morton Buildings of Cobleskill is the general contractor on the project, but Mudge declined to say what their low bid on the job was. "The Morton bid was our best value," he said. "Research and bidding took about 13 months.'

Mudge said some of the features of the new building will be an emergency generator and a decontamination shower, but stressed the increase in the number of bays and the addition of separate rooms for training and meetings are the biggest pluses of the project.

"In the old building, if we want to have a meeting, we have to move the truck out," Mudge said,





The new Onesquethaw Station No. 3 at 1240 Delaware Ave. will be completed in October. Peter Hanson

adding that cold weather and rain often preclude moving the truck to make room for meetings.

The new building, which is being constructed directly behind the existing firehouse, will also provide a new, longer driveway that will give fire truck drivers more room in which to maneuver and a better sight line of oncoming traffic.

"The exterior is pretty much done," Mudge continued, "and they're doing the sheetrock now. After the floor is poured, they'll come in and finish the inside.

# Sky high



An employee of Sano-Rubin Construction operates a pressure washer while standing on a hydraulic lift at First United Methodist Church on Kenwood Avenue in Delmar last week. Sano-Rubin will be refurbishing the building's masonry throughout the summer. Peter Hanson

#### BC students meet new language arts level

#### By Lisa K. Kelly

Students in the Bethlehem Central School District already meet or surpass the new language arts recommendations recently announced by state Education Commissioner Richard Mills. Mills said students should be reading 25 books a year and writing 1,000 words a month.

The district's compliance with the recommendations is due, in part, to a plan that was devised three years ago by Judith Wooster, the former assistant superintendent for instruction, and members of the language arts department.

The plan was developed based on four state standards students must reach. The state says students should learn to read, write, listen and speak to gain information and understanding.

At all grade levels, teachers have found creative ways to work with other disciplines so students are constantly reading or writing and learning how subjects interconnect.

school language arts supervisor Kathy Bartley said teachers at her level keep boxes of books, classified by subject, in the classroom. If students are studying New York in social studies, the teacher can have them pick relevant books out of the box.

Students are also assigned writing assignments in science and often read supplemental books. You have to remember though, these aren't chapter books, Bartley said, "they're picture

### Man drowns in Selkirk

A 76-year-old Selkirk resident drowned Saturday afternoon in the pool at a small apartment building in Selkirk Bethlehem police determined the death to be accidental and closed the case following an autopsy

Richard G. Ormin, of River Road in Selkirk, was a veteran who lived at the former Doc's Motel, where residents are discouraged from using the pool. Ormin, who reportedly showed signs of dementia, undressed by the pool early Saturday afternoon and either dove or fell into the water.

He was found by Robert Elmendorf of Glenmont, who is related to the owners of the apartment building. Elemendorf removed Ormin from the water and contacted emergency personnel. Prior to his death, Ormin suffered a laceration to his head which police said indicates Ormin may have been knocked unconscious before or during his fall into the pool. "He was breathing when he went into the water," detective John Cox said.

Ormin was examined by Albany County Paramedics and was transported to Albany Medical Center by Bethlehem Ambulance Service. Ormin was pronounced dead at Albany Medical Center. Ormin was on prescription medication at the time of his death, but Cox said the drugs, which were not identified, did not appear to have been a factor in Ormin's accident. Because there were no witnesses, it remains unknown whether or not Ormin entered the pool intentionally. Ormin, whose medical history included two strokes and a heart attack, had been receiving care from Veterans' Administration doctors, who issued his prescriptions. Peter Hanson

books with little text, so it will be mer," she said. easy for (elementary students) to reach the 25 books a year goal."

Bartley said some of the students, depending on how advanced they are, may read more challenging books.

As for writing, Bartley said that between journals and reports, students are always writing. "Our (students) won't have a problem (producing) 1,000 words per month,' she said.

The middle school takes a similar approach. Middle school vice principal and language arts supervisor Mary Capobianco said an English lesson on interviewing led to several assignments within two disciplines. Students were asked to interview people who had been in World War II. As a result, they learned about the war, as well as how to conduct an interview and turn it into a report.

Capobianco said the students were asked to borrow mementos from their interview subjects to bring to school for a presentation. That fit right in with the novel they were reading, Of Heroes, Hooks, and Heirlooms by Faye Silton," Capobianco said.

'All four standards were taught, but the kids were actively involved in the learning as a opposed to direct learning where the kids are passive," Capobianco said. "They learned how to communicate, organize their thoughts, differentiate their opinion from fact, and about history."

Capobianco said middle school students are already writing 1,000 words a month, but she thinks it will be difficult to get students to read 25 books a year. "Twenty-five is an ideal number," she said. "For some it will be easy, (but) for others it's a struggle for them to read 25 pages in a summer."

Capobianco has tried to get students to reach the goal by developing a summer reading list. "Stu-dents are supposed to read four books on the list over the sum-

At BCHS, language arts supervisor Anthony Bango said he thinks high school students won't have too much trouble meeting the requirement.

Bango teaches a survey of literature class to ninth- and 10thgrade students and assigns four to six novels, 10 to 15 short stories, essays, poems and plays. Beyond that, Bango said he considers everything students read as part of the 25-book goal, including textbooks and books read outside of school assignments. "A lot of the kids seem to like Stephen King,' he added.

Bango said that if he didn't count all the books students are reading toward the goal, it would be difficult to reach because of other commitments, such as after-school activities and jobs. "A part of the problem with getting students to read is (whether students have) the time and motivation to do the reading," Bango said. "Parents are going to have to take a more active role in their children's work.

Students at the high school also read to make connections, said Bango. After reading 1984, by George Orwell, and Brave New World, by Aldous Huxley, "Students compared attitudes toward the elderly, human life, euthanasia and advances in artificial body parts." he added. "We read fiction, nonfiction, newspaper articles and magazines which touch on these themes."

Bango said students have several writing assignments throughout the year including journal writing, literary analysis, book and movie reviews, narratives, essays and research writing. "Writing re-ally isn't a problem," he added.

Bango, Bartley and Capobianco all agree that students are pretty much on target. When it's time to take exams based on the new requirements in June, students should have the skills they need to pass.

# For instance, elementary

# **BCHS** announces fourth quarter honor students

Bethlehem Central High School has announced students on the merit and honor rolls for the fourth quarter. They are:

#### Ninth-grade honor roll

Robin Abelson, Samuel Abrams, Chelsea Adewunmi, Richard Bailey, Blaire Banagan, Allissa Bango, Edward Barnard, Anne Barrett, Rebecca Berlow, Joshua Bonaventura-Sparagna, Rebecca Botta, Matthew Bresin, Julianne Bub, Rodrigo Cerda, David Cohen, Caitlin Crowley, Danziger, Mandy Beth Darlington, Geoffrey Decker, Mathieu Digeser, Clarke Doody, Kevin Duffy, Irie Dunne, David Elefante, Kate Emminger, Willow Eyres, Brianna Farver, Megan Fish, Callen Fishman, James Foster, Shirong Gao, Julia Garfinkel, Theresa Gecewicz, Lisa Ginsburg, Steven Guglielmo, Katherine Gyory, Kenneth Hackman and Stephen Hallock.

And Niels Hansen, Catherine Hartman, Kathleen Hicks, Samuel Holzman, Amy Houghton, Daniel Israel, Brendan Jackson, Mason Jones, Gregory Jukins, Jared Kalman, Emily Kerwin, Becky King, Helena Kopchick, Kaitlin LaPierre, Alison Laufer, Lisa Lee-Herbert, Eli Leveston, Alan Lewis, Rebecca Lobel, Christina MacMillan, Lauren Marar, Kelly McGlynn, Terrance McNally, Gavin McNiven, Michael Medvesky, Mark Melcher, Valerie Messina, Zahan Mistry, Anna Mojallali, Meredith Monaco, Clare Morgan, Hannah Olmstead, David Perlmutter, Laura Puzio, Richard Quimby and Christopher Reddy.

And Timothy Rice, Katie Richardson, Madeleine Robillard, Craig Saddlemire, Mark Shawhan, Stephanie Sherman, Eric Silverman, Daniel Smith, Carley St.Lucia, Lindsay Strogatz, Erica Stupp, Alison Suarato, Christopher Suozzo, Daniel Teitler, Tyler Ursprung, Devin VanRiper, Timothy Veltman, Jr., Brian Waite, Michael Wan, Alexander Weber, Kelly Yates, Zhenxiang Zhao, Jennifer Zogg and Andrew Zox.

#### Ninth-grade merit roll

Ashley Ackerman, Brian Andreson, Shira Arcus, Brian Axford, Benjamin Barrowman, Verena Baus, Amy Bennett, Robin Betzhold, Matthew Bittner, Jes-Blackwell, Shannon sica Boughton, Kelly Boyea, Heather Bradley, Laura Braunstein, Susan Breasnell, Stephanie Breen, Alysan Brod, Joshua Burnett, Evan Cammisa-Frost, Suzanne Cardona, Jacqueline Carona, Andrea Chorbajian, Pamela Coggins, William Combes, Sara Conklin, Sondra Conti, Timothy Cooper, Kristen Corrigan, Alexander Courtney, Kathryn Crookes and Tyler Crosier.

And Matthew Cunneen, Jeffrey Daniels, Amy Deitz, Christopher Denkers, Sarah Dorman, Colin Dwyer, Jessica Eggleston, Sarah Emond, Elizabeth Entin, Laura Farley, Benjamin Felson, Justin Ferrentino, Lindsay Finlayson, Molly Flynn, Clarke Foley, Brooke Ford, Jill Foster, Joseph Gaitor, Caitlyn Gertz, Heather Gilmore, David Ginsberg, Kevin Giordano, John Gluchowski, Morgan Gmelch, Adele Godfrey-Certner, Joshua Goldberg, Andrew Golden, Tania Govanlu, Vanessa Graf, Heather Gross, James Guernsey, Timothy Hasselbach, Kathleen Hermann, Marilee Hettie, Randi Isaacs and Alexandra Itov.

And Tamara Jacobs, Kabir Jalal, Lindsey Johnson, Brendan Jordan, Joshua Kapczynski, Kara Kaplan, Christopher Kasarjian, Sheila Kellet, Jennifer Keyes, Laura Khoury, Daniel Kohler, Rebecca Krohmal, Sarah Kundel, James Kurtessis, Megan Leary, Oleg Levchenko, Ashley Levine, Scott Lipnick, Lauren Lohman, Jennifer Macri, Jared Marsh, Kristin Martin, Jamie McGuire, Courtney McMahon, Andrew McNamara, Megan McRae, John Meyer, John Mooney, Lauren Morehouse, Meghan Morris, Anna Noble, Cathryn Oakley, Jaclyn O'Brien, Edward O'Keefe, Jill Parsons, Matthew Perazzelli, Katherine Persing, Carolyn Peters, Amanda Plog, Shirah Pollock, Christine Potter and Bryan Quinlan.

And Jessica Rarick, Avi Rasowsky, Katie Ray, Marley Reel, Jessie Reinhardt, Brian Rhodes, Kevin Richman, Emily Riegel, Nicole Rosano, Jed Rosenkrantz, Nicole Rossman, Chelsea Ryan, Matthew Sargent and Andrea Schmit.

And Adam Schoen, Todd Segal, Rachael Shatsoff, Alitza Shoss, Julie Silverstein, Rachel Sonne, Stacey Spagnola, Elisabeth Stambach, Stephen Stannard, Kara Strubel, Tiffany Teator, William Tierney, Matthew Treadgold, Scott Tulloch, Jessica Venezia, Matthew Vnuk, Robert Wakeman, Kathryn Walsh, Erin Weaver, Christian Weyant, Brandon Wiggand, Mark Willey, Edward Wyluda and Jeremiah Yourth.

#### 10th-grade honor roll

Charles Abba, Tanya Bailey, Melanie Baker, Christy Balluff, Joseph Bartley, Katherine Bayer, Danielle Blanch, Maura Boyle, Sarah Brandone, Joshua Brody, Michael Campbell, Elizabeth Cappiello, Kathryn Carcich, Angela Caruso, Jason Chatterjee, Kelly Cheeseman, Gregory Ciprioni, Samuel Cook, Hillary Cooley, Rachael Copp, Timothy Corson, Christine Daleo, Brendan Dalton, Patrick Davis, Donna Dawson, Elizabeth DelGiacco, Elizabeth Drake, Jason Dufour, Deborah Eames, Lena Eson and Ryan Fitzpatrick.

And Elliot Freeman, Adam Frisch, Liam Gallagher, Tara Gerber, Katie Gold, Jenna Grant, Sloan Grenz, Sumeet Gupta, John Hanley, Susan Harrison, Andrew Hayes, Rebecca Hoghe, Timothy Kadish, Michelle Kagan, David Kieval, Alissa Kind, Jennifer King, Kristy LaGrange, Edward Laird, Morris Levy, Ellen Lowrey, Kristen Lytle, Emily Maher, Rebeccah Maskin, Krista Matuszak, Meredith McCarthy, Elyse McDonough, Beth Mosall, Bridget Murray, Lauren Murray, Benjamin Norris, Benjamin O'Dell, Elena Oldendorf, Amy Parsons, Whitney Patterson, David Philips, Lindsay Piechnik, Melissa Pinchback, Nicole Privitera, Andrea Prudente,

Russell Pryba, Moira Pulitzer-Kennedy, Brian Rowan, Gordon Schmidt, Christopher Shaffer, Sara Sheikh, Christopher Sherin, Lisa Signorelli, Molly Spooner, Emily Sterrett, Kathryn Svenson, Sarah Szczech, Claire Vancik, Matthew Via, Alex Voetsch, Samuel Volo, Elke Wagle, Yu Wang, Victoria Winkeller, David Woodworth and Sarah Zimmer.

#### 10th-grade merit roll

Louis Ambrosio, Elizabeth Backer, Sarah Bartow, Kristen Bennett, Lynn Berry, Edward Blumenthal, Sara Botta, Elizabeth Brookins, Jennifer Brown, Matthew Burns, Danielle Butler, Paul Byron, Lindsey Caldwell, Matthew Cardamone, Michael Cardamone, Christopher Caulfield, Zachary Conley, Jamie Costanzo, Kathryn Coulon, Mae Craft, Michael Crowley, Mccaela Curran, Alix Czajka, Andrew Dawson, David Delong, Eileen Dunn, Catherine Dwyer, Lauren Falkenhainer, Kaitlin Farley, Arthur Feldman, Rachel Gajewski and Alexander Gerou.

And Benjamin Gnacik, Sara Gold, Christy Halvorsen, Carrie Hammond, David Harvey, Erin Hendron, Kimberly Hitter, Stephanie Hollner, Matthew Holmes, Alexander House, Megan Huggins, Timothy Hwang, Anna Itov, Katherine Jeffery-Martin, Christopher Keneston, Matthew King, Stephen Koenig, Michael Kotlow, Mitchell Lane, Christopher Leckerling, Sarah Lefkowich, Daniel Macarin, Lorine Makokha, Elizabeth Malinowski, Rion Marcy, Lisa Maxwell, Megan McBride, Brittany McGarrah, Eamon McNiff, Kevin Moehringer and Michael Mooney.

And Casey Morton, Kathleen Noonan, Rebecca Parafinczuk, Robert Pasquini, Lauren Peterson, Victoria Picarazzi, Brian Pinga, Paul Rappoccio, Meredith Rauch, Danielle Ricard, Laura Ricciardelli, Katie Riegel, Joshua Rivera, Andrew Rodgers, Daniel Rosenthal, Karen Rossi, Patricia Sandison, William Schipano, Robert Shaye, Nathaniel Sherman, Emily Sigal, Darren Skotnes, Philip Slingerland, Owen Smith, Ryan Stenson, Matthew Thibdeau, Gregory Thomson, Daniel Traub, Anthony Trimarchi, Amy Turner, Christine Volpi, Steven Wagner, Michael Wahl, Brandi Walters, Erika Wasserstein, Amy Wilbur and Connie Yang.

#### 11th-grade honor roll

Elizabeth Andersen, Jeremy Arenos, Heather Axford, Roxana Bahar, Caryn Barnet, Jessica Berlow, Andri Bezzola, Larissa Blustein, John Bragle, Kimberly Comtois, Lauren Conti, Lily Corrigan, Cara DeFino, Daniel DiPaolo, Lauren Englisbe, Rachael Fein, Joshua Ferrentino, Dorothy Fibiger, Elizabeth Fox-Solomon, Rebecca Frank, Mary Gecewicz, Laura Gluchowski, Susannah Gordon-Messer and Alexis Grant.

And Caitlin Ishister, Lisa Jacobs, Jeffrey Kaplan, Freeman Klopott, Kristin Kvam, Scheherazade Lacy, Gregory Lang, Brian Lobel, Melissa Lobel, Calvin Miaw, Ajay Murthy, Christopher Palmieri, Alexandra Poole, Melissa Rifkin, Amy Shatsoff, William Thomas, Grace Ting, Colleen Tripp, Grace Tsan and Michelle Yates.

#### 11th-grade merit roll

Robin Amiri, Radworth Anderson, Michelle Andriano, Kim Azaceta, Helen Bailey, Mark Bassotti, Ryan Bender, Katya Black, Robert Bocala, Sean Boyle, Calvin Brown, Lauren Caimano, Kathleen Caporta, Rachei Carberry, Lisa Chang, Erica Concolino, Sonia Consentino, James Cooney, Tobias Cushing, Gregory DeMarco, Paul Deyss, Thomas Eaton, Jacob Erlich, Gabrielle Foley, John Ford, Justin Friedman, Rachel Frone, Adam Fryer, Ilya Furman and Ellen Gallagher.

And Joseph Gerstenzang, Jason Gertz, Catherine Glasheen, Lucas Gray, Kristin Green, Adam Gusik, Alexander Heiss, Leah Hennessy, Jason Hessberg, Suzanne Hillinger, Kent Histed, Carrie Holligan, Matthew Hough,



Patrick Hughes, Alissa Johnson, Graham Jones, Melissa Kanuk, Stephanie, Katz, Amanda Kelly, Stephen Kidera, Tracy Kutey, Jennifer Leary, Caryn Leonardo, Mason, Amanda Lauren McCarroll, Todd McCoy, Anna McEneny, Rebecca Minor, Joshua Myer, Kathryn O'Donoghue, James O'Keefe, Melissa Padula, Carmelo Papa, Daniel Persons, David Piper, Joshua Plattner, Johnathan Porco, Morgan Reilly, Lisa Ricciardelli and Michael Riedel.

And Thomas Ringler, Monique Roberts, Paul Roberts, Carman Rothfuss, Sarah Sandison, Erika Schmit, Andrea Shaye, Jason Sheppard, Anita Singh, Jennifer Siniski, Peter Smith, Robyn Smith, Samantha Stevens, Robert Storey, Andrew Switlyk, Juliet Teimoori, Elizabeth Thomas, Khalid Umar, Ryan Venter, Jeremy Vet, Rebecca Waite, Karen Weatherwax, Julie Weber, Matthew Wereb, Michael Westphal, Krista Wilkie and Allison Zucker.

#### 12th-grade honor roll

James Bell, Pamela Brannock, Keith Campbell, Gregory Cooper, Laura Dicker, Aaron Gajewski, Elizabeth Hart, Kathryn Lange, Sarah MacDowell, Jeffrey Mapes, Ashley Mettauer, Wesley Miaw and Kathleen Moon.

And Kathleen Pellettier, Marielle Postava-Davignon, Emily Prudente, Lauren Rice, Leah Sajdak, Emma Samelson-Jones Scott Strickler, Joshua Szebenyi, Serguei Vassilvitskii, AmyVenter, David Winters and John Zox.

#### 12th-grade merit roll

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ц п Heather Barclay, Mary Elizabeth Baselice, Sean Battle, Shannon Bennett, Nicholas Berry, Anne Bishko, Virginia Blabey, Andrea Blaisdell, Peter Bocala, Edward Bradley, Gregory Bradt, Madison Brookshire, Peter Bulger, Gavin Burt, Breton Byron, Joseph Cacciola, Stacey Coffey, Bradley Colacino, Nicole Conway, Matthew Cook, Emily Criscione, Paloma Cuprill, Kristin Darlington, Brian Davies, Karly Decker, Rachel Deyoe, Stephen Domermuth, Trafton Drew, Lucy Dunne, Peter Emminger, Melanie Finkel, David Fogelman, James Follette, Jill Foster, Heather Franklin, Michael Frueh, Nellie Frueh, Carolynn Giovannetti, Marcy Goedeke, Andrew Gutman, Matthew Hauf, Emily Hitter, Meghan Holligan, Jennifer Hollner and Darin Huggins.

And Geoffrey Hunter, Abby Kahn, Timothy Kavanagh, Diana Kelly, Alan Kimball, Scott Kind, Kara Koenig, Meaghan Kohler, Megan Laird, Anastasia Limniatis, Macarin, Iared Andrew MacMillan, Jessica Marsh, Elizabeth Marvin, Brian McCarthy, Megan McDermott, Erin McDonald, Courtney McGrath, Michelle McManus, Heather McTighe, Christopher Messina, Timothy Moshier, Colleen Murray, Robert Nagel, Manpreet Narang, Yassah Nuwolo, Brian Olmstead, Ryan Peterson, Malissa Pilette, Kristen Reinertsen and Scott Rhodes.

And Meredith Rice, Scott Richman, Katherine Riedel, Erin Riegel, Briana Sagendorph, Renata Sellitti, Magan Sellnow, David Shaye, Tariq Sheikh, David Sherrin, Kelly Signorelli, Heather Smith, Katie Smith, Michael S. Smith, Kane Snyder, Wendy Stark-Riemer, Stephen Sumner. Mark Svare, Maggie Tettelbach, Sarah Teumim, Amy Tierney, Robert Tocker, Marc Tommell, Shannon Tougher, Benjamin Vancik, Kerry VanRiper, Peter Wagle, Mark Winterhoff, Diana Woodworth, Daniel Xeller and Cheryl Zirpoli.

### Reading club under way

"Solve It At the Library" is this year's summer reading club theme at libraries across the country.

At Bethlehem Public Library, mysterious investigations of all kinds will be featured. Students entering first-through eighth-grade are encouraged to join. The club is in session through Aug. 11.

For information, call 439-9314.

V'ville board wants reserve fund

#### By Katherine McCarthy

At its Monday meeting, Voorheesville's board of education unanimously approved a resolution to establish a capital reserve fund in the amount of \$525,000, plus interest, with a five-year term.

The fund will aid the district in its upcoming facilities project which includes an addition to the junior/senior high school.

Establishment of the fund is dependent upon voter approval and will be on the ballot at the Oct. 7 special election, when district voters will also elect a trustee to replace Nicholas Faraone, who is leaving the school board due to an out-of-state job promotion.

The money for the fund will come from the unappropriated fund balance (as funds become available), and from unexpended funds in the 1998-99 budget. The district had the money to create the new fund due to completion of past debt payment and the retirement of six senior teachers.

"We have the cash, and we have a purpose for it," treasurer Sarita Winchell said. "This is not new money."

"The purpose of a capital reserve fund," Superintendent Alan McCartney said, "is to make sure that during the building project taxes can stay level."

Business superintendent Anthony Marturano said the money would be invested in CLASS, an investment program for public entities that pays an interest rate comparable to a CD, but allows the money to remain liquid.

"We could use the money for a one-time tax reduction," Marturano said, "but we felt strongly that we could use it to smooth out taxes for the next four to five years. One big problem with a capital improvements project is that it can be difficult to keep taxes to little or no impact. If I had my druthers, there would be zero tax impact. Keeping that tax impact low over the next years is dependent upon this capital reserve fund. I trust the public, once presented with a well thought-out, well-intentioned plan, to approve it. We have a very intelligent and with-it community that's for the schools."

As part of its 1999-2000 budget process, the school board will also discuss establishment of a maintenance reserve fund.

Members of the board will meet on Thursday, Aug. 13, at 7:15 a.m. to set the tax warrant for the district.

"With the preliminary estimates, and without the Berne assessment," McCartney said, "the tax levy will probably be \$30,000 less than it was in 1997-98. The school tax rate in New Scotland and Guilderland will probably go down a little bit." The current New Scotland rate is \$19.60 per \$1,000. Marturano estimated that could go down to \$19.30 per \$1,000.

Winchell said that Berne's rate will probably go up. "Their assessment and equalization rate have gone up, two factors that come from the assessor's office," she said.

The administration will begin reviewing applications this week for the junior/senior high school associate principal position left open when William Furdon was promoted to principal. The final three candidates will be interviewed on Aug. 12.

The board began discussion of its upcoming focus forum topics, deciding to begin with foreign languages on Oct. 5. Board members Thomas Thorpe and Erica Sufrin will begin discussing appropriate topics and a date for a focus forum regarding substance abuse and safety in the district's schools.

Voorheesville resident Fern Pivar also spoke about the adaptive swim program that has taken place this summer at the school. Pivar's 13-year-old son Scott has Fragile X syndrome, a neurological genetic disability, and her quest for pool time for him led to the establishment of an adaptive swimming program this summer for similarly disabled children. Students Brian Washburn of Voorheesville and Mark Vach of Guilderland worked with Scott Pivar to improve his swimming, and his mother advocated for pool time to keep the program going throughout the school year.

"We've had kids with CP who can't walk, and they're swimming," Pivar said. "Kids who are scared of jumping are diving. We've kept the program quiet, and limited to Voorheesville, but now we have a waiting list."

Pivar said that optimally, 10 kids would be able to swim twice a week for about an hour, if pool time could be made available. "I hope to get a team together, under adaptive swim guidelines," Pivar said.

The next regular school board meeting will be Sept. 14 at 7:30 p.m. McCartney reminded district residents that petitions for the vacant school board seat are available in the district office, and completed petitions, with 25 names, must be submitted to the district office by Tuesday, Sept. 8, at 4:30 p.m.

#### Delmar man named Undersheriff

Capt. John Mahan of Delmar was recently sworn in as Albany County Undersheriff.

Mahan, 43, is a 22-year veteran of the sheriff's department, having served in various posts.

Mahan is a member of the department's snowmobile patrol, marine patrol and arson investigation unit.

#### V'ville student wins scholarship

Marc Lawson of Voorheesville recently received a \$4,000 presidential scholarship from SUNY Oswego.

The award recognizes a student's past academic achievements and potential for success.

Lawson will be a freshman at the school in the fall.



### Matters of Opinion

THE SPOTLIGHT

## Hug your library

Gail Sacco's Point of View this week is a reminder of just

how important our local public libraries are. Bethlehem, Voorheesville and Ravena-Coeymans-Selkirk are indeed blessed to have

libraries that are second to none.

These local libraries are helping us enter, understand and keep up with the Information Age. The libraries have the latest equipment, along with programs and workshops to teach us how to use the equipment.

For children, our libraries are a source of wonder and delight. Story hours, films, performances and just plain fun activities provide learning opportunities and entertainment almost every day of the week. Through these activities, the library becomes user-friendly to kids, who will undoubtedly become adult library supporters.

For senior citizens, the library offers programs that provide an opportunity to socialize and workshops where they can continue to learn and share their life experiences.

Libraries here have even become an important resource for business and would-be business people. Bethlehem recently opened a Small Business Center as a service to entrepreneurs.

And for all of us, our libraries are nice places to visit. Works by local artists and photographers and collections of residents are displayed throughout the year.

A measure of a library's impact on its community is reflected by Library Friends who support libraries through volunteer work and fund-raisers. In our communities, the Friends' groups have healthy memberships of dedicated individuals.

We salute the Friends and the staff, and thank them for making our community a much richer place to live.

### Back to school

It's hard to believe, but The Spotlight's first back to school supplement is in this week's issue. Our supplement has some useful information for parents who might not be up on the latest "what's in" for kids or parents anticipating the "homework fits" once school starts.

This month student athletes will begin pre-season practices. With many winning honors to their credit, Ravena-Coeymans-Selkirk, Voorheesville and Bethlehem teams move to new challenges and victories.

We encourage students who would like to get involved in the newspaper industry to contact The Spotlight regarding writing or photography internships. We enjoy working with students and value their many contributions to our paper.

Another milestone will be reached when high school graduates leave for college and begin a new chapter in their lives.

We wish the student athletes and college frosh all the best in the coming year.

### Sign of the times

Our apologies to Doug Brownell (whose name was mangled in last week's issue). Soon his former place of business on Delaware Avenue will be torn down when the Postal Service erects its new addition there.

But more than a building will go down — the sign, the unofficial Bethlehem town crier — will go with it. For so many years the sign was an indicator of what was going on in town. "Don't Miss BOU's Auction, "Romeo and Juliet at the High School, Feestelijk or the more personal notes of birthday wishes or messages of congratulations got the word out to just about everybody in town. Space on that sign was precious indeed because of the many people who passed it each day.

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We will miss the Brownells. We wish the family all the best with their new motel on Saranac Lake and hope they'll carry on their own version of "sign language."

# Editorials

to develop new skills. When the major American industry was agriculture, people needed to read on a fifth-grade

By Gail Alter Sacco

Voorheesville Public Library.

The writer is director of the

No one would deny our world is

entering a new global era. The in-

tegration of technology into our

daily lives has broadened our view,

and the complexities of today's

stand and use technology, we need to read at an 11th-grade level. When people worked and lived in the same town or village, they felt a strong sense of community.

Today, as work and home become more separated, they look toward social institutions to help them develop a sense of fellowship, to provide a local touch. One such institution, which is more than 250 years old, is the public library. The library remains strong and vital because it fulfills our requirement for information and its services reflect the changing needs of the communities that fund them, helping users to increase their abilities and maintain their sense of belonging.

Libraries will continue to endure because libraries care about people and information. Society thrives on the exchange of knowledge. People have a need to understand and the library offers everyone an opportunity to learn. With its collections of books, CD-ROMs, videos, magazines, as well as access to the Internet, any user can explore new worlds.

Let me give you some examples of how your local public libraries have modified their programs as regional interests and needs changed:

Voorheesville is small, and for many of its residents, the library is a center for the community. Programs provide a forum for discussion and growth as well as an op-

world require us

portunity for neighbors to meet. We routinely schedule afternoon events for our seniors, including both performers and discussions.

Point of View

Libraries reflect changing world

We have nurtured an afterschool program for grades four through six, with the Voorheesville School district providing transportation, so that it's open to all children, not just those with access to a car.

Most recently, we received a grant from the New York Council for the Humanities to conduct local history programs and develop atable-top exhibit about our area's history.

Residents can come to the library or reach us electronically. We give them books and other materials, and an opportunity to discuss the humanities and arts,

#### Your public library provides a "local touch" with "global reach."

as well as forums to learn about the Internet and online world. Use of the library's resources continue to grow because our public finds us relevant to their needs.

The director of the Bethlehem Public Library saw an opportunity for change when our regional library consortium, the Upper Hudson Library System, offered a business grant to its members. Last year, Bethlehem developed a Small Business Center, oriented to those starting or maintaining what are called microbusinesses.

The center includes a variety of materials and addresses the changing nature of work as more people become entrepreneurs rather than employees. Materials chosen for the center are included for their quality as well as their currency, and users can find real help for their concerns.

Although initially grant funded, the library intends to maintain this

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Classified/Subscriptions --- Gail Harvey Office Assistant - J.L. Williams

The Spotlight (USPS 396-630) is published each Wednesday by Spotlight LLC., 125 Adams St., Delmar, N.Y. 12054. Second class postage paid at Delmar, N.Y., and at additional mailing offices.

Subscription rates: Albany County, one year \$24, two years \$48, elsewhere, one year \$32. Subscriptions are not refundable.

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center as a service for a changing community.

Supported by residents of the Ravena-Coeymans-Selkirk School district, RCS Community Library in Ravena recently moved to new quarters. The director told me that this move resulted in the enhancement of services. For the first time in several years, Summer Reading Club story hours are being offered in the library as well as at the school playgrounds. And the writers group has been able to expand its membership. Supporting reading and writing skills will continue to be important for the future and Ravena as well as Voorheesville and Bethlehem) continues to make this a priority in their programs.

In our democracy, libraries continue to give information to all regardless of socioeconomic status. Libraries sponsor activities that address both leisure and educational needs, and support literacy by working with groups that range from preschoolers to special populations such as the disabled. Libraries are trusted by their residents.

The staff works hard to find comprehensive and accurate resources, and with the advent of technology, your public library provides a "local touch" with "global reach." Most important, the bottom line of any public library is to provide the best resources for its users, not to make a profit or sell a book. As the mission statement of the Internet Public Library (www.ipl.org) says:

"The Internet is a mess. Since nobody runs it, that's no surprise.

"Over the last few hundred years, librarians have become skilled at finding the good stuff, organizing it and making it easier for people to find and use.

"Librarians also fight for important ideas like freedom of expression and thought, equality of access to information, and literacy."

Libraries are in the thick of it, helping you keep current and find a forum for new information. We'll be seeing you for many years to come.

Spotlight

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Postmaster: send address changes to The Spotlight, P.O. Box 100, Delmar, N.Y. 12054.

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## **IDA chair: Agency taking** *Resident* more pro-active stance

Editor, The Spotlight:

The Spotlight's July 22 editorial. "Good Business" did an excellent job of highlighting Bethlehem's need for economic growth to bolster the existing tax base.

As chairman of the town Industrial Development Agency (IDA), I couldn't agree more with the observation that the IDA needs to be more pro-active in promoting the town as a place to do business.

In fact, the IDA has been doing just what The Spotlight suggested. With the strong support of Supervisor Sheila Fuller, the IDA has been intensifying its effort to attract new business to the town of Bethlehem.

The IDA board has met every month since February to pursue new projects and to explore ways of continuing to improve our town image, including a joint effort with Bethlehem Chamber of Commerce to develop a new marketing brochure. In addition, I agree with your suggestion that we should look at the communities around us who have successfully attracted new businesses. 1.

In fact, in April, Mrs. Fuller and I were accompanied by several other town officials on a tour of new industrial facilities in Albany, Rensselaer, Saratoga and Schenectady counties.

In the months ahead, the Bethlehem IDA is committed to

### Letters

continuing its work with the town board and the Bethlehem chamber to encourage and promote successful economic development to bring new sources of tax revenue and jobs to Bethlehem.

that our efforts have The Spotlight's strong support.

F. Michael Tucker Bethlehem IDA

It is very encouraging to know

🐃 chairman

**Letters** policy The Spotlight welcomes letters from readers on subjects of local interest. Letters are subject to editing in keeping with our rules of fairness, accuracy, style and length. All letters must carry the writer's signature, address and phone number. Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

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Editor, The Spotlight:

As a resident of this town for 27 ycars, I vigorously support the proposed senior housing facility near the library.

supports CMI

While I would prefer to have a facility that would cater to people of more moderate means, this proposal of CMI's for 94 somewhat higher-priced units is better than nothing at all in the center of town.

We have too many navsayers and NIMBYshere, and more moderately priced senior housing will not be attracted to a town with this kind of reputation.

We have an increasing number of older citizens who have no desire to leave the town or be pushed into an 'out of sight, out-of mind' location. As long-term residents who have supported our schools and town with their taxes, they deserve consideration as much as anyone one else who lives here.

Our seniors are more likely to. patronize local businesses than many of our younger people who are more able and likely to drive to malls. There has been much concern about the loss of business in Bethlehem in recent years. Making it harder for older citizens to remain here is not likely to improve the business climate.

> Beverly A. Rihm Delmar



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### Your Opinion Matters **New York should have** insurance watchdog

#### Editor, The Spotlight:

During the final hours of this year's session, our state lawmakers grappled with ways to reduce sky-high auto insurance premiums and establish an independent board which would make insurance companies more responsive to consumer complaints.

Insurance companies, of course, claim these measures would boost premiums for drivers who are already paying some of the highest rates in the country. Insurance company executives also complain auto injury claims have increased because of lawsuits and, as a result, insurance companies must be protected.

Let's not forget who's profiting from the insurers' litigation strategy.

Yes, auto lawsuits have increased, but it's the insurance industry driving this phenomenon. Auto insurers are forcing almost all claims to suit rather than pay what auto accident victims are clearly entitled to.

According to the industry's own data, New York insurers are among the most profitable in the nation, reporting a 117 percent increase in profits - from \$717 million to \$1.57 billion --- between 1994 and 1996.

From 1992 to 1996, auto insurers' incurred losses have been constant, while premiums paid by car owners have increased by \$1.45 billion.

The bottom line is New York insurers are charging more --- billions more — in premiums than it costs to pay claims. As a consequence, New Yorkers pay the second-highest premiums of any state in the country.

The numbers don't lie. But insurance industry lobbyists will stretch the truth until it is unrecognizable. On one point every independent analyst agrees: New York needs an independent watchdog agency to monitor insurers' rate-setting practices.

Cynthia S. LaFave

New York State Trial Lawyers Association

> **Capital District Affiliate** president

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Loudonville	489-1867		



### Police officers plan program

Fingerprints and Paw Tracks, an interactive program for schoolage children, continues the summer reading theme "Solve It at the Library" on Thursday, Aug. 6, at 7:30 p.m. at Bethlehem Public Library at 451 Delaware Ave. in Delmar

Detective John Cox of the

Bethlehem Police Department will show participants how to dust for, lift and take their own fingerprints. Officer Wayne LaChappelle and

K-9 Aaron will also demonstrate how police dogs follow scents and search for drugs.

To register, call 439-9314.

### **Elsmere Fire Company wins award**

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the Hudson Mohawk Fireman's Convention Parade, which was held in South Glens Falls recently.

• Mondays at 7 p.m. at the Little Red Schoolhouse on Route 143 in Coeymans Hollow

**RCS** library

sets summer hours

**RCS Community Library at 15** 

Mountain Road in Ravena recently

announced its summer hours.

They are: Monday through Thurs-

day, from 10 a.m. to 8:30 p.m.;

Friday from 10 a.m. to 5 p.m.; and

ing club is held at various loca-

tions. The schedule is as follows:

The Sounds of Summer read-

Saturday from 9 a.m. to 1 p.m.

• Wednesdays at 7 p.m. at RCS **Community Library** 

• Thursdays at 10 a.m. at Wyche Park in New Baltimore

• Thursdays at 1 p.m. at A.W. Becker School on Route 9W in Selkirk

• Thursdays at 2:30 p.m. at Feura Bush Neighborhood Library on Route 32. The reading club is also presented daily as part of the Food for

Thought program at P.B. Coeymans School. Finally, the library announced

that it will present Bubble Concerto, with master bubble-maker Doug Rougeux on Thursday, Aug. 6, at 11 a.m. at P.B. Coeymans School on Route 143.

Admission is free. For informa-

· (表现《副客》)("是本书书》)(十十日上来)(本书)(书书)(书书)(书书)(《书书》)(十一日)))

Free concert set at park

form a free concert at Joralemon Park on Thursday, Aug. 6, from 7 to 9 p.m. The concert is for all ages.

The Jeff Spencer Band will per-

#### **Bubble concerto planned** at P.B. Coeymans School

RCS Community Library will sponsor a "Bubble Concerto" on Thursday, Aug. 6, at 11 a.m. at P.B. Coeymans Elementary School on Church Street in Ravena.

The event promises fun for all ages.

For information, call the library at 756-2053.

#### **Run for Your Life** at Friendship Festival

The Ravena's Friendship Festival on Saturday, Aug. 29, will be the venue for a 1.25-mile Run For Your Life.

The run is being organized by Girl Scout Helen Tompkins of Troop 161.

Tompkins arranged the run as part of her effort to achieve Girl Scouting's highest honor - the

Gold Award. Registration will be held the morning of the race.

Participants must be at least 14years-old.

For details, contact Tompkins at 767-Z772.

#### **RCS Central School District** celebrates STARS

South Bethlehem Linda Marshall 756-3520

Students) program.

NEWS NOTES

Selkirk

The program is entering its third year and involves senior citizens in school activities such as reading-aloud, resource room assistance and one-on-one interaction.

THE SPOTLIGHT

Participants in the STARS program are paid a \$5 hourly stipend, provided by a grant from the state Office for the Aging.

Participants must be at least 60years-old. For information, contact program director Judy Glassanos at 756-5201.

#### **Ravena swimmers continue** winning streak

Congratulations to the Ravena swim team for its continued victories.

Ravena trounced Athens, 237-120 and beat Pittsfield, 197-160.

#### New nature trail built along Hudson River

A half-mile loop nature trail has been completed next to the Hudson River at Coeymans Landing.

The trail was built by area teenagers who worked for the town of

Funds for the trail came from a riverfront grant awarded to the

Coeymans. Ravena-Coeymans-Selkirk Central School District recently held a dinner for the STARS (Seniors town last year. Teaching and Reaching Out to George W. Frueh Fuel Oil • Kerosene • Diesel Fuel C. Seallon Call for today's prices Mobil **Cash Only** Cash Only Prayer Line Prayer Line 436-1050 462-1335 462-5351 Joanne H. VanWoert, M.D. Judith M. VanWoert, M.D. Margaret M. Grogan, M.D. James M. Sullivan, M.D. 1525 New Scotland Rd., Slingerlands, NY 12159 439-1564 Acute Illness • Primary Care

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TODAY'S MORTGAGE RATES

#### THE SPOTH IGHT

THE SPOTLIGHT

August 5, 1998 — PAGE 9 S & S & S

# St. Peter's honors 2 Bethlehem doctors

#### By Peter Hanson

A pair of local physicians recently won recognition for their work at St. Peter's Hospital in Albany. David O'Keeffe of Delmar was named the hospital's Physician of the Year, and Mary Ellen Drislane of Slingerlands was appointed the

hospital's new chief of internal medicine.

Another Slingerlands resident, Robert Griffin, was recently named the new chair of the hospital's board of direc-



tors. A principal in Clark/Bardes,

a national marketing firm, Griffin is a veteran financial officer whose experience includes tenures as a trustee of Catholic Charities and The College of Saint Rose. He was previously chairman of the board of St. Anne's Institute.

O'Keeffe and Drislane both said that what they enjoy about their work is developing relationships with patients, and their ability to provide personal care within the budgetary confines of MercyCare, the corporation that owns St. Peter's and several other medical facilities, is what won them accolades.

"I think that the key thing to me is to never lose sight of the patient." Drislane said. "I need to 'involve the patient in their overall care so they understand what the problem is and how to fix it."

Drislane's job involves organizing all of St. Peter's nonsurgical care. She said the doctors she'll be supervising treat afflictions such as hypertension, diabetes, arthritis and heart disease that can be controlled with medication.

"We cover things ranging from the benign sore throat to the lifethreatening heart attack," she said. "We take all comers."

Drislane has a bachelor's degree from the University of Roch-

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ester and a medical degree from to get referral forms and pre-ap-Albany Medical College, where she completed an internship and residency. After completing her education, Drislane practiced medicine for three years in Troy, Mich., a suburb of Detroit.

Drislane, a lifelong resident of Albany County, said adjusting to attitudes in the Midwest took some doing. "People in Michigan tend to be born, live and die there, said. Drislane "They tend to

she

be skeptical of anyone from the East, especially if you say you're from New York. I was happy to come back to Al-

ent attitudes helped Drislane develop the interpersonal skills she uses at St. Peter's. Those skills come in handy in the current era of health management organizations (HMOs), in which doctors are restricted in the care they can offer by the bottom line of their hospital's corporate parent.

"I think that to most people, HMO means difficulty," said Drislane, who worked for an HMO in Michigan. "When I was there, I had first-hand experience trying

proval and working in a bureaucratic system."

Drislane said she's glad there's less red tape at St. Peter's because cutting bureaucracy translates to improving patient care. "I think the person

who comes in with a serious problem. shouldn't face a long delay waiting to see a specialist," she said. Like

O'Keeffe is a general prac-



Griffin

Drislane,

titioner, but he received his medical experience working for a mobile Army surgical hospital (MASH) during the Vietnam War. A graduate of Albany Academy, O'Keeffe earned a medical degree from Yale University before joining the Army Medical Corp., where he achieved the rank of captain.

He moved to Delmar in 1966 and began practicing medicine in Albany. . . .

"When I came back from the service, I had two young kids," he said. "I was born and raised in Albany. and I had always thought Bethlehem had one of the best schools in the area. I also liked the small community atmosphere.",

After a tenure as chief surgical

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resident at Albany Medical Center. O'Keeffe eventually set up a private practice on the campus of St. Peter's Hospital. He's been active in the medical community there, serving as chairman of the quality management of surgery committee and the operating room committee.

Because of his dedication to the hospital and his clinical excellence. O'Keeffe was chosen unanimously by his colleagues as the hospital's Physician of the Year.

"I think the doctor-patient relationship is the joy I get out of working with people," he said. That, and hopefully, the gratifying results we get when we deal with people."

#### **Extension develops** composting garden

The self-tour home composting demonstration garden on the grounds of Cornell Cooperative Extension on Martin Road in Voorheesville is open for the season.

Visitors can learn how to compost food and yard waste at their own convenience and pace.

The newly developed educational garden is a one-stop site that provides individuals with a self-tour guide book, educationalouts and compost bin construction plans.

The garden is open from dawn to dusk for self-touring. Guided educational workshops are scheduled in season. Call 765-3500 for dates and times.



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# **BC** hires public relations director

#### By Lisa K. Kelly

Jessica Kennedy has been named Bethlehem Central School District's director of public information.

Superintendent Les Loomis said Kennedy brings a range of qualities to the job, including her experience with the Education Research Trade Association. Kennedy is replacing Robin Giddings who left to take a position with BOCES.

Kennedy grew up in the Boston area and studied American history at Columbia University. "I thought I'd be better off studying

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something like (American history)," she said, "instead of learning a trade.'

After college, Kennedy traveled around the country for a year before settling in the San Diego area, where she worked for Sun Newspapers.

"Tve always wanted to go into journalism," she said, "but I was disillusioned by my time with Sun. I wanted to work on something that had more writing than reporting. Someplace where you can write about topics, not about everything and anything."

Kennedy later worked for the Education Research Trade Asso-



#### **Jessica Kennedy**

ciation in Washington, D.C., which she said is "a trade association for education research companies around the country.

Kennedy is looking forward to moving the district newsletter, "Highlights," to a new level. "I think the newsletter is a great service," she said, adding "I hope to expand it with feature-type sto-

She plans to incorporate indepth stories about different aspects of the district, such as educational goals and teaching techniques. "This way, parents aren't getting just the news," Kennedy said, "but they are also being informed."

Loomis said he and Kennedy are discussing a series of articles on the upcoming Regents for All curriculum. "I'm not sure it's something people really understand." He hopes the articles will "explain it in more depth."

Kennedy's first impression of the district has been positive. There is a strong sense of community among the schools here."

During a tour of the schools, what struck her most was artwork hanging in the hallways. "It made the schools seem so warm and friendly, she said. "All the schools seem to take so much pride in what their students are doing."

Currently, Kennedy is finalizing the district calendar. "I'm proofing it and waiting for final input from the principals and others," she added. "It's set to be mailed in **Delmar Kiwanis** seek vendors

The Kiwanis Club of Delmar is seeking vendors for its seventh annual Flea Market and Craft Fair on Saturday, Sept. 12, from 8 a.m. to 4 p.m. on the grounds of the Days Inn on Route 9W in Glenmont.

Proceeds benefit youth and senior programs in the town of Bethlehem. For information, call 439-6808.

#### **Library provides** career services

Free career and education advice is available for adults at Bethlehem Public Library's career resource center at 451 Delaware Ave. in Delmar.

First-time career seekers, anyone entering the work force and returning students can get help with job searches, resume preparation and educational planning.

Hour-long appointments are available both day and evening.

For an appointment, call 439-9314.

#### **Rev's kitchen** to serve lunch

Rev's Country Kitchen at South Bethlehem United Methodist Church at 65 Willowbrook Ave. will serve summer lunches every Tuesday from 11:30 a.m. to 1 p.m.

A la carte lunches will feature homemade soup, a salad plate of the day, special of the day (meat, potato and vegetable), hot dogs, beverages and a variety of homemade desserts.

Takeouts will be available and deliveries can be made to area businesses.

The church's thrift shop will be open Tuesdays from 10 a.m. to 2 p.m. For information, call 767-2281.



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#### THE SPOTLIGHT

### **Historical Association presents annual report**

#### By Peter Hanson

The Town of Bethlehem Historical Association recently submitted its annual report to the town board, in which the association recorded its activities, expenditures and membership for the year.

During that time, the association had 228 members, comprised primarily of 65 Delmar and Elsmere residents, 35 people from Selkirk and 29 Glenmont residents

Thirty-two people who relocated from Bethlehem to other parts of the Capital District, but retained their memberships, form another large contingent of the group.

"The purpose of the organization is to stimulate an appreciation of the historical heritage of Bethlehem and to collect and preserve any material that's significant to the history of town," said association president Howard Gmelch.

Gmelch explained that throughout the year, the association presents programs on topics ranging from genealogy and archaeology to travel and gardening.

Most of the programs are relevant to the association's mission, such as the one entitled "Five Rivers Center: 25 Years in Bethlehem," that was presented in October.

Each December, we have the traditional Silver Tea at which we decorate the museum and then have a tea for about 300 people,' Gmelch said.

The association's museum, in the Cedar Hill Schoolhouse on 'River Road in Selkirk, is open Sundays from 2 to 4 p.m. during the summer and is also open during the association's regular meetings.

The association held eight regular meetings, three executive com-

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Howard Gmelch is Bethlehem Historical Association's president.

mittee meetings and two trustee ture expenditures. The group also meetings, and spent \$2,909.44 on its activities last year. This amount fell well short of the budget of \$4,820 and left much of the \$5,506.26 the group raised for fu-

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recently set a budget of \$4,705 for next year. Revenues were raised by events

including a card party, which was held in October at the Bethlehem



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off

#### **Bethlehem has** Web site

Elks Club, and through donations.

The late Marjorie Terrell be-

queathed \$1,000 to the associa-

tion for the purpose of purchasing

artifacts and display items, while

\$110 was donated in memory of

stamp collection that was sold for

\$400. The money was put into the association's endowment fund.

elected its officers for the coming

year. They are: Gmelch; Jan Satin,

vice president; Wendy Brandow,

recording secretary; June

Milburn, corresponding secretary;

and Richard Spaulding, treasurer.

ship dues begin at about \$15 for an

Gmelch said annual member-

He said that anyone who has

Imperia

Since

1945

"any interest in the heritage of

their town ... should sign up.'

JoAnn Kimmey donated a

On May 21. the association

Thelma Comstock.

individual.

Bethlehem's Web site is now functioning. Important dates, names of town officials and a calendar of town meetings and community events are on the site.

The town's Web address is www.townofbethlehem.org. The town's e-mail address is townhall@townofbethlehem.org.

#### Food stamp rep to visit town hall

Bethlehem Senior Services, the food pantry and Albany County Social Services Department sponsor a Nutrition Assistance Program for residents of any age living in our area.

A representative from the Food Stamp Division will be at Bethlehem town hall the first Monday of each month from 9 a.m. to noon to assist individuals with applications or recertifications.

# Participants go batty at Heldeberg Workshop

Everyone is invited to take a bat walk at Heldeberg Workshop on Thursday, Aug. 6, at 7 p.m.

Bat enthusiast A1 Hicks will introduce participants to the mysteries of bats and dispel the myths that surround these helpful little mammals. Be sure to wear sturdy shoes.

An afternoon of Iroquois tales with Mohawk storyteller David Fadden is planned for Sunday, Aug. 9, at 2 p.m.

There have been storytellers in Fadden's family for three generations

Fadden' will tell tales about a time when the Iroquois lived in longhouses, birds had no songs and the earth wasn't formed. Bring your own seating.

The fee for special events is \$5 per family. For information and to register, call 765-2777.

The workshop's third session runsthrough Aug. 14. Open house is Aug. 13, from 6 to 8 p.m.

NEWS NOTES

Voorheesville

office.

765-3314.

Elizabeth

Conniff-Dineen

765-2813

Sports physicals

set at high school

Bouton Junior/Senior High

School students participating in

interscholastic sports during the

upcoming school year are set for

Wednesday, Aug. 12, in the nurse's

girls and 3 p.m. for boys. For infor-

mation, call the high school at

Indian Ladder Trail Tour

**Saturday at Thacher Park** 

will offer a guided tour of Indian

Ladder Trail on Saturday, Aug. 8,

John Boyd Thacher State Park

Physicals begin at 2 p.m. for

Sports physicals for Clayton A.

Participants will learn about the world-renowned Helderberg Escarpment and the caves, underground streams and waterfalls in this fossil-rich rock formation.

Wear sturdy shoes for this one-hour walk. To register, call 872-1237.

#### **Electric City Chorus** to perform at library

The library's final Together at Twilight concert on Wednesday, Aug. 12, features the Electric City Chorus. The men's chorus sings traditional American melodies in barbershop harmony.

The program is on the library lawn, so bring a lawn chair or blan-

ket and bug spray. If it rains, the performance will be in the library's community room

at 51 School Road. For information, call 765-2791.

### Village park program

#### slates activities It's beach week at the village

park arts and crafts program. Children will make shell treasure boxes, flower leIs, windsocks and sun visors. The snack menu includes watermelon and goldfish crackers.

The group will meet at Tom's

pick up your child at Tom's that day.

The program is offered Tuesday, Wednesday and Thursday from 9 a.m. to noon in the village park behind village hall on Voorheesville Avenue. Children must be 7 to attend.

Younger children can participate if accompanied by an adult.

On Tuesdays and Wednesdays there are theme related games, crafts and snacks.

Thursdays are open craft days, where children can choose what they want to make.

Voorheesville Public Library's vouth services librarian Joyce Laoisa conducts a special story time for the park program on Thursdays at 11 a.m.

#### Town board to meet Aug. 12

The New Scotland town board meets Wednesday, Aug. 12, at 7 p.m. at town hall on Rcute 85 in Slingerlands.

#### School board petitions at district offices

Voorheesville Central School District board member Nicholas Faraone, who has served two years of a five-year term, will soon be vacating his seat on the board.

term can obtain petitions in the school district offices at the high school on Route 85A.

Petitions must be received by Tuesday, Sept. 8, at 4:30 p.m. A special election to fill the unexpired term is set for Wednesday, Oct. 7. For information, call 765-3313 ext. 101.

#### **Cooperative Extension** honors government interns

Cornell Cooperative Extension of Albany County's government intern program recently recognized Joshua Benedict and Regan Burns of Clayton A. Bouton High School.

Benedict and Burns participated in the program, which matches students with a county legislator.

They attended monthly meeting of the Legislature, toured county facilities and attended seminars

Benedict and Burns also completed independent projects on an aspect of county government. They received school credit for the program.

The government intern program is open to high school juniors and seniors attending schools in Albany County.

For information, call 765-3500.

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#### THE SPOTLIGHT

### New reference staffer on board

Sherry Haluska has joined the staff as head of reference and adult services. She recently returned to the Capital District after a brief hiatus in Florida as public services director of Boynton Beach City Library.

From 1986 to 1998 Haluska served on the staff of William K. Sanford Town Library in Colonie, 11 years as director of youth ser-



vices and three years concurrently as coordinator of public services. Her expertise extends to the areas of computer automation, grant writing and administration, school librarianship and media services.

Haluska earned her master's degree in library science from Palmer Graduate Library School of Long Island University's C.W. Post College. She is a member of several professional organizations. including the New York Library Association and the American Association of University Women.

Her credentials include a ready smile and focused outlook. She is a self-described "people person" who enjoys working with library staff and the community to provide "meaningful library services to those who need them.

Haluska replaces Michael Farley, who is now head of media services. Media's previous head, Caroline McArthur, left the area in June to serve as director of Southold Free Library on Long Island.

This month's exhibits include Marjorie Scilipote's watercolors and pastels in the northwest gallery, and Nancy Dryden's acrylics

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in the southwest gallery.

Laura Cardea and Patricia Rase of Library Volunteers of América Albany, have put together a bulletin board and display case full of information about their organization.

samples of student work from the Living Resources Carriage House Arts Center in Albany. Carriage House offers art instruction to developmentally disabled students in the area.

Call (518) 439-9363

to make an appointment.

There are no auditions. Re-

ing in America. The association is a singing fraternity of men drawn together by live of the four-part, a cappella close harmony style of music known as barbershop. The chorus presents a yearly concert at Proctor's Theater in Schenectady under the direction of Leo Mailhotte.

A variety of songs from the 1890s to gospel, inspirational, patriotic and contemporary will have you tapping your toes and humming along. Bring lawn chairs or a blanket, your neighbors, family and friends to enjoy an evening of music on the library lawn.

Barbara Vink

### **Orchestra seeking players**

**Electric chorus to give** 

concert at 7 tonight

If you remember "Heart of My

Heart," "My Wild Irish Rose" and

'The Whiffenpoof Song," you are

in for a treat on Wednesday, Aug.

12, at 7 p.m. when the Electric City

Chorus fills the air with fine old

The 40-member chorus,

founded in 1944, is the

Schenectady chapter of the Soci-

ety for the Preservation and En-

couragement of Barbershop Sing-

Voorheesville

**Public Library** 

melodies.

Delmar Community Orchestra is seeking string, French horn and tuba players to perform show tunes, pops and classics.

hearsals are held at Bethlehem

town hall auditorium on Delaware Avenue on Mondays at 7:30 p.m. The orchestra's 1998-99 season

begins Sept. 14.

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# **Bethlehem athletes win big in Empire State Games**

### Adirondack tennis team sweeps tournament

Capital District scholastic tennis players made history by adding 10 medals to the Adirondack Region team's medal count at the Empire State Games held July 22 to 26 in Rochester. The games are sponsored by the state Department of Parks and Recreation.

Led by Adirondack coach Wayne Emerick of Shaker High. School, the Adirondack men's and women's teams each posted undefeated 5-0 team records to take home team gold medals in the largest non-Olympic amateur athletic event in the United States.

This was the first year a gold medal was won by the Adirondack team in scholastic men's tennis.

Team members also walked off with their highest number of individual medals ever won at the games: five gold, two silver and one bronze.

Adirondack women took three individual gold medals. Dominating scholastic singles were Voorheesville senior **Trinnell Russell** and Shaker sophomore

Capital District scholastic tens players made history by addg 10 medals to the Adirondack gion team's medal count at the

> The doubles team of Shaker junior Leigh Orne and Bethlehem senior Grace Tsan also participated in the tournament.

> Mayer, Zeronda and Orne are all starting varsity singles players for Shaker High School, the 1996-97 Section II Champions.

> Adirondack teammates **Hillary Cooley** and **Susan Harrison** of Bethlehem were 1997 Section II individual doubles finalists.

> Adirondack men took two individual gold medals, and were led in scholastic singles by Queensbury junior Scott Paltrowitz and Bethlehem sophomore Matt Treadgold. Each posted 5-0 records.

> Taking home silver in scholastic singles were Colonie senior **Max Tsui**, and the doubles team of **Chris Grajny** of Delmar and **Dan Thompson** of Ballston Spa.



The successful Adirondack Women's Scholastic Tennis Team includs, from left, assistant coach Grace Franze, Grace Tsan (Bethlehem), Leigh Orne (Shaker), Nicole Mayer (Shaker), Trinnell Russell (Voorheesville), Nancy Zeronda (Shaker), Susan Harrison (Bethlehem), Hillary Cooley (Bethlehem), and coach Wayne Emerick (Shaker). The women's team won three individual gold medals.



#### A Supplement to THE SPOTLIGHT





and what is not allowed in your room, according to Laurie Garafola, director of residential life at the Universit at Albany.

There are definitely things that incoming students need to bring with them, she said. Desk lamps, study aids of all kinds, telephones, computers and a few necessary personal items will be more than adequate said Garafola.

"It's OK to bring things like TV's and stereos, but only if they've talked to their room or suite-mate ahead of time and have found out that they're not bringing one too," she said.

There's ample opportunity for roommates to discuss these things before they move in, said Garafola. In most cases partners have each other's name by mid-August.

"We really want to discourage more than one of these things in a room because the dorms were built in the '60s and

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SUNY students on moving-in day 1997. Many freshmen end up sending things home after they realize just how small their room is.

in some cases, are as small as 12-feet by 14-feet. That's not very big for two people and their belongings," she explained.

Likewise, SUNY has a judicial system that handles protocol violations. In other words, new students need to familiarize themselves with what's not allowed to avoid the consequences. Don't bring appliances like microwaves or toaster ovens. Halogen lamps are not allowed for safety reasons and neither are the ever-popular cinder blocks which students

use to elevate their beds. Over-sized

wall furnishings and the tape and tacks that secure them are not allowed in many cases, said Garafola. "Many

students bring large wall hangings, and other personal

things like stuffed animals with them. They just need to realize ahead of time that these rooms are very small. They're equipped with two beds, two desks and two dressers. Don't worry about furnishings, just come with what you need to start the year," she said,

Garafola recommended bringing floor coverings and extra-long sheets since a lot of the mattresses are longer than the standard ones. Bring less and give yourself time to see what you need in addition to

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what you start out with, she said.

"They need to remember that they'll be going home for visits during the year. They'll have plenty of time to bring something else back with them if they find that they really need it," she added. About 2,300 students are expected to begin school at the SUNY campus this fall, Garafola said.

Ramona Diaz, 23, and 20-year-old Wendy Trevil are both returning to SUNY as seniors this fall. Each recalled their freshman year and the hassle they had when they found out just how much of the stuff they brought with them had to be sent back home.

Diaz, a marketing, Latin and Caribbean studies major, said the possessions she sent back home that first week included her pet goldfish.

"I brought a whole arsenal of cooking utensils that I couldn't even bring into my room because cooking is not allowed there," she said.

Trevil, a management and it wasn't going to fit in her room.

The pair agreed the following are a good idea to have on-hand: extra lamps, shower slippers, cleaning supplies like mops and brooms, and bug spray for the warmer months.

"Believe it or not, just the scent of the spray keeps smaller animals like chipmunks and squirrels from deciding to move in with you," Diaz said.

The College of Saint Rose recognized that individuals have different needs when they're coming to college for the first time, said residential director Ann Marie Przywara. Still, there are some items that aren't allowed for safety reasons.

"Halogen lamps are considered a safety hazard. We also don't allow hot plates and other open element appliances. Microwaves are OK, though," she said. Like SUNY, the private school frowns on cinder blocks and will fine anyone who brings them onto campus.

It's a good idea to bring storage crates for toiletries and the like, Przywara said, adding that the dormitories feature fairly generous closet and wardrobe space.

Personal items like pictures, dart boards and stereo systems are popular, but students need to be mindful of roommates and neighbors, said Przywara. 👝

information systems major, recalled having to send her sofa back home when she found out



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### There's more to being a nerd than being uncool

By Peter Hanson EEING TEEN-AGERS CARRYNG THEIR BOOKS DURING THE FIRST WEEK OF school every fall conjures a mixed bag of memories for me. Although I've only been out of high school a little more than a decade, the unique blend of misery and ecstasy that is the American high school experience still seems fresh in my mind, and I can't help but wonder what all those clean-cut kids with their brand-new blue jeans worn just so snd their freshly-cleaned nylon backpacks are in for as they wait on the corner for the first bus ride of a new school year.

I went to several high schools because my family moved frequently, so I've got an unusual vantage point. I went to a crowded city school, a wellappointed one in an affluent suburb and even a pair of rural schools in which farmers' kids marked time until they got diplomas with which they intended to do exactly nothing.

But one thing I found consistent in all the schools I attended is the unthinking cruelty teenagers direct toward each other. Admittedly, I was as prime a candidate for adolescent teasing. In high school, I was an overbearing misfit who tried to hard to seem rebellious by wearing funky clothes, making sarcastic comments during classes and listening to music no one else

thought was cool. I was a nerd, and I'm damned

proud of it. But nerddom came at a price, of course. Those of us who, knowingly or not, pursued uncool behavior with the same fervor with which our contemporaries were pursuing hipness, naturally found ourselves low on the social pecking order in high school. We weren't just the kids that no one picked for teams during sports and no girls asked to dance during social events; we were the punching bags for the cool kids.

And sometimes, I even found myself the recipient of meanspirited behavior from other nerds, which is sort of like getting turned down for a date by someone you never asked out. Infighting among nerds is a dirty secret, and I'm here to tell

you all about it.

For instance, there was a goon from a rural neighborhood near Halfmoon whom I had the displeasure of knowing while attending Shenendehowa High in Clifton Park. This fellow fit the cliché of an adolescent bottom-feeder to a T. His wallet was attached to a chain that hooked onto his belt; he wore faded Def Leppard concert shirts that he had outgrown beneath plaid work shirts with quilted lining; and he had the de rigeur coiffure of long, feathered hair parted in the middle and complemented by a slight, t peach-fuzz moustache.

As I've managed to block many of the details about this weasel from my memory, I'll call him Joe. Joe hung out with the school metal-heads who skipped most of their classes - except مر م

shop — and did unmentionable things in dark corners of the school. He was even more detached from the cool kids than I was, but he did have a clique of fellow slack-jawed bruisers.

Joe took a disliking to me for no reason I can recall, except perhaps that I seemed like an easy target and he wanted toprove his unseemly virility by pouncing on the dross of the high school population the way hyenas attack the weak and the sick in a pack of gazelles.

Anyway, Joe's shining moment of crude animosity was the dav he walked behind me during the crowded traffic that occurs between periods and hocked the most intense wad of phlegm I've ever encountered directly at the back of my neck. The sound

alone was sickening, so the warm, wet sensation once his projectile hit me was virtually indescribable.

The punch line to this anecdote is no one reacted. Sure, there were a few passers-by who craned their necks once they were behind me just to enjoy the spectacle of a fellow human being's abject humiliation, but for the most part, there were no guffaws or taunts, and certainly there were no harsh words directed toward Joe. It was an incident of one nerd victimizing another, so why would the cool people bother to get involved?

That moment hangs in my memory as a typical example of the sheer inhumanity of teen-age

📋 NERD/page 4



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behavior. I don't think there's/ that long a leap from the unimaginable gall of spitting onto someone to the tactless cruelty some teen-age girls exhibit when they laugh at uncool boys who court them.

So if being a nerd led to so many unpleasant experiences that I can describe them vividly more than 10 years after they happened, why am I so proud I was a nerd in high school?

I'm proud because I was who I was. Instead of becoming a khaki-clad zombie like so many of the preppies who breezed through high school in the '80s with nary an unsavory experience, I dove right in to the I'm glad I didn't fit in, even if it made me vulnerable to putdowns, insults and worse. I'm

I'm glad I didn't fit in because the people who fit in easily never saw high school society from the outside. They never got a look at how people treat people. The cool kids only ever knew their own kind, so they only learned about a part of high school society.

turmoil of my adolescence and wore my confusion on my sleeve. I didn't know who I was, so I tried to be several different people, in essence trying on various personalities to find the one that fit me best. glad I didn't fit in because the people who fit in easily never saw high school society from the outside. They never got perspective and they never got a look at how people treat people. The cool kids only ever knew their own kind, so they only learned about a part of high school society.

Today, I value my miserable high school years. Yes, I can look back and find many times when high school was joyous, whether it was the surprise in having a substantive conversation with a pretty girl and not watching her run away, screaming, or the transporting thrill of discovering the skills that led me to choose my career path.

But mostly I remember the meanness directed toward me by cool kids who dismissed me as a lower life form or the brutality inflicted upon me by people like Joe, who actually was a lower life form. If I'd had an easy time in high school, I would never have had reason to discover introspection.

Being uncool isn't fun, but if you can survive a few insults in your ear and some phlegm in your hair, there's a payoff on the other side. By refusing to be like everyone else, you'll learn what it means to be yourself.



HE MORE YOU KNOW, THE HIGHER YOU CAN GO. ADULT STU-DENTS, INCLUDING THOSE ATTENDING COLLEGE HALF-TIME OR LESS, ARE THE FASTEST GROWING SEGMENT PURSUING FORMAL

higher education. However, many who want to attend college feel consumed by demanding lifestyles, family responsibilities and financial commitments.

Today, some employ ers are reducing their levels of tuition reimbursement, which makes it even more



Before returning to school, adults need to plan an educational strategy before investing time and money.

difficult for working adults to afford the college education they desire. Adult students should plan an education strategy before investing time and money. Key Education Resources, the nation's third largest education lender, suggests that prospective adult students:

 Calculate ancillary expenses such as parking, books and school supplies.

 Investigate transferable credits from prior education and possible credit for life-experience learning.

 Review standards for satisfactory academic progress, including credit hour requirements and time limits to earning a degree.

• Take entrance exams. Some institutions waive them for adult students; some request SAT or ACT scores. Graduate schools usually require special exams.

 Request transcripts from prior institutions. Academic transcripts must be forwarded to your new institution. If planning to apply for financial aid, also provide financial aid transcripts.

There are several sources and types of financial aid for adult students; however, for those attending less than half-time, it is limited to the Federal Pell Grant, various state and institutional funds, or an alternative loan such as the Key CareerLoanSM.

For information, contact Key Education Resources at 1-800-KEY-LEND.



#### BACK TO SCHOOL Get Ready For School Days-

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# **Avoiding homework battles**

By Katherine McCarthy

HEN "THE HOME WORK FITS" START AT MELANIE Henderson's house, she backs off and suggests that they start again later.

What is a homework fit? "You know," Henderson, the mother of three and former Clarksville elementary school PTA president said, "When a child starts crying, or says 'I can't do this' or lies down on the table or counter. We don't let it brew, we say 'OK, we'll come back to this later when you're calmer."

For many families, homework fits are common, even to the point of parents being ready to give up on it. But homework can provide an important link between home and school.

Elaine Jeram, who teaches second grade at Clarksville, said that she always tries to make homework reinforce what the children have been working on at home.

"I try to make it fun and meaningful," she said, "and often involve the parents. For, instance, in math, I might have kids and parents look for certain items in their home and organize them."

Jeram, who has taught second and third grades in the Bethlehem schools since 1963, said she also has an incentive program that she uses with her

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students. At the beginning of the year, children draw a picture of their pet and cut it into sections. When they bring in homework completed on time, they get to color in a section of their pet. When the pet is completed, they get to choose something from a goody bag, like a pencil or eraser. As the year goes on, the pets might become pumpkins or evergreen trees.

"It might be a little bribery," Jeram said, "and I wouldn't do it with fourth or fifth graders, but at a young age, it establishes a good habit." By the end of the year, Jeram said, a lot of the kids don't bother to fill in the incentive picture, although most of them are bringing in completed homework on time.

Jeram said that through the beginning of second grade, parents should be right next to their child during homework, but afterwards only be there when they are needed. But parents should take care to not do their child's homework for them.

"I don't necessarily want to see everything corrected,~ Jeram said. "Also, half to three-quarters of an hour is usually an optimum amount of time. We try not to overload the little ones."

Lishakill Middle School associate principal Denise Pleickhardt said that homework at the middle school level is

really important.

"We're preparing the kids for high school, and the bar has been raised now. It's important that parents keep on top of things, and know what the child will be covering, and how they're doing with it."

"When a child starts a new grade," Pleickhardt said, "parents should take a look at homework during the first few weeks. If students are getting their work done, parents can loosen up some, and ask the occasional question: how's that paper or project coming?

Pleickhardt also said a student's curriculum can inspire a family's field trips. "There are great day trips in this area that tie into what students are studying," Pleickhardt said. "For instance, Fort William Henry."

If a child needs more structure or reinforcement, schools usually offer support, like Lishakill's SOS, which stands for Structure Opportunity to Succeed. "This is a great program for kids who aren't getting their homework done, or whose parents work late, or who don't have a quiet spot at home." Pleickhardt said the program is so successful that many students ask to get into the program, which lasts 1 to 2 hours after school.

Henderson said she sees homework as necessary. "It's the school-home connection,"



understand. How many times do you ask your child what they learned at school that day and they answer 'Nothing' ? That's scary. Homework lets you see what they're doing."

Henderson said she is firm about not doing her children's homework for them, and is

careful about how she offers assistance. "I always ask them, 'how did your teacher say to do it?', and if they don't remember, I'll send a note to the teacher."

"Homework definitely has its place," she said.

"But it really should not be a stressed-out thing."

# **Homework Tips**

1. Develop a schedule for your child's out-of-school time. It is important that students be able to plan time wisely in order to include homework, recreation, responsibilities and proper rest. 2. Encourage your child to developindependence. Check your child's work for quality and completion, but don't do the work for him/her.

3. Refrain from criticizing the assignment, the school or teacher, but do call for an explanation when you have questions.

Encourage responsibility for making up assignments missed due to absence.

5. Provide whatever resource materials you are able to obtain, i.e., dictionaries, encyclopedias, library books.Share your appreciation for knowledge with your child.







### Lunchboxes do more than just carry lunch

By Bill Fonda

NE OF THE MAJOR BAROM-ETERS OF WHAT YOUNG CHILDREN ARE INTERESTED in is what is on the lunchboxes they are carrying to school.

"It's mostly from the movies that are coming out. You know, kids' movies," said Peggy Brantigan, a customer service assistant at Eckerd Drugs at 475 Albany-Shaker Road in Latham, adding that Disney characters are most popular.

Since she feels that movies that are popular with children are the driving force behind lunch box sales, Brantigan said she thinks "Small Soldiers" lunch boxes could be successful.

"If they come out with it, they probably will be popular," she said.

**Eveline Sherwood**, hardlines

assistant manager at the Ames department store at 380 Feura Bush Road in Glenmont, said lunchboxes based on the summer blockbuster "Godzilla" are selling well in her store this year.

While there will always be a "flavor of the month" mentality when it comes to lunchboxes, there are a number of familiar standbys for children to choose from as well --- including Hercules, The Little Mermaid, Rugrats, Winnie the Pooh and Barbie.

"Barbie is a staple every year. We haven't had a year when she wasn't popular," Sherwood said.

Even though Mickey Mouse may be the most famous children's character of all time, Sherwood said he does not sell a lot of lunchboxes. Mickey does, however, remain popular



Lunchboxes can be a very big deal to kids. Left, this Godzilla lunchbox sells for \$8.99 at Ames. The soft Barbie lunchbox costs \$9.99. They both come with matching thermoses. Peter Hanson

on backpacks.

For years, the only lunchboxes available were the traditional hard, metal boxes, but soft-sided models have become more widespread in the last three-to-four years. They carry the same licensing as their hard counterparts.

"They both sell very well, the hard and the soft. It's really a personal preference. Get the one



your kid wants, and they'll take better care of it," Sherwood said.

The hard and soft styles are also comparable in price, as a hard lunch box has a regular price of \$8.99 at Ames while a soft one costs \$9.99. They cost \$7.99 and \$9.99, respectively, at Eckerd. 👝



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### **Counting the benefits of breakfast**

HE MOST IMPORTANT FEELING WORKING PARENTS CAN HAVE IS THE SECURITY THAT THEY'RE DOING THEIR VERY BEST FOR THEIR children. Although working parents know only so much can be done in any day, many have found a time-efficient way to get their children's day off to a nutritious start. Providing a complete breakfast may be considered a luxury on hectic mornings, but the habit of missing morning meals can compromise a lifetime of good health.

Many resourceful parents have turned to the School Breakfast Program to help their families keep healthy eating a priority and to get that extra 15 minutes at home in the morning.

"Busy parents should know that their children can receive nutritious, good-tasting meals in the social setting of school each and every morning," says Tab Forgac, vice president of Nutrition Marketing, National

Dairy Council® (NDC)

The national School Breakfast Program helps families with kids who don't eat breakfast at home because they aren't hungry first thing in the morning, they don't have time to eat, or they want to eat with their friends."

More families are taking advantage of school breakfast. A recent report from Washington, D.C.-based Food Research and Action Center found that 72.4 percent of 93,000 U.S. schools that offer lunch now offer breakfast as well. A decade ago, only 40 percent of those an in this schools served breakfast. STREET

It is well documented that children who have a meal each morning enter the classroom ready to concentrate on their studies. They are, also less likely to misbehave, skip class or request sick visits to the nurse.

The benefit to kids' health and the family lifestyle really add up" said Forgac.





These elementary students all survived the transitions from preschool to kindergarden to first grade. Most districts do as much as they can to ease the possible trauma that all students face.



### Schools work to ease traumatic transitions

By Katherine McCarthy OR MOST CHILDREN, THE BIGGEST TRANSITION BACK TO SCHOOL IS DECIDING WHICH lunchbox to buy. For many, though, there's an adjustment as they enter a different phase of school, be it kindergarten, middle or high school.

Recognizing this, area schools work take steps of their own to make these transitional steps easier.

Although kindergarten marks the start of "real school," most children have had some structured time away from their parents or care givers before they are 5-years-old, making the adjustment easier.

"Years ago, kids came with tears and adjustment problems," said Helen Salamone, supervisor of Bethlehem's Early Learning Center, an all-kindergarten facility. "There are very few anymore, and the biggest change is that kindergarten is more of a structured day. That's a combination of the fact that

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kids have been to nursery school, or in play groups, or they've just spent time around other kids and adults. Plus, our district makes an effort to make the transition smooth."

The district's transition includes a screening process with the nurse and speech teacher, allowing the child come into the school with a parent.

"On orientation day, the children get a chance to meet the teacher and visit the classroom," Salamone said, "and during the bus orientation, which takes place in the spring before they start kindergarten, they get to ride the bus with their parent."

Salamone advised parents of future kindergartners to be a little bit cautious when preparing their children for kindergarten.

"Parents may want to visit the school and let the child play on

"You can talk about kindergarten as the next step, but you don't want to make too big of a deal of it.

Salamone said a child's nervousness could manifest itself in sleeplessness or clingy behavior, symptoms which orientation usually alleviates.

For many, the school bus is the biggest first step, and occasionally, a child may balk at getting on board.

"The best thing to do," Salamone said, "is just get them on the bus. They're usually fine then. It's much worse when a parent lingers, or brings them to school. The parent is then going into the child's space, and continuing the bond with home. You need to see a space between school and home."

Even a child who is worried about starting school is usually fine after the first day, Salamone said. "You have to trust the

problem before," she said. "The teachers are very good at getting the kids involved in an activity right away."

Salamone said if problems persist for a week, it's time to contact the teacher. "If a problem persisted that long, the parent and teacher would meet to work it out," she said.

If the kindergarten level introduces kids to more structure, at the next transitional level, middle school, things loosen up a little bit.

"In fifth and sixth grade, our students make the transition to team teachers," Lishakill middle school associate principal Denise Pleickhardt said. "The students stay in the same wing, but they share the day with two teachers, in preparation for

seventh and eighth grade, when they change classes for each subject."

The other big change, Pleickhardt said, is the size of the middle school, which is grades five through eight in South Colonie. "There are 900 students at Lishakill middle school," she said, "and nearly 1,000 at Sand Creek. There are only half that many at the elementary schools. Also, the kids go from being the oldest to the youngest."

"Middle school kids are also asked to be more responsible," Pleickhardt said. "They have assignment books, and they need to keep track and be more responsible for their own work."

BACK TO SCHOOL

TRANSITIONS/page 8



#### Transitions From Page 7

Pleickhardt said that the South Colonie school district implemented a new program this year to make the transition smoother for incoming middle school students.

"We worked with the elementary school principals and Sand Creek to hold a parent information evening," she explained. "We had a good turnout, and the parents asked a lot of questions about procedures, expectations and difficulties. The most important thing is for the parents to have information about the school."

A panel of fifth grade students also met with fourth graders to answer their questions. "The Fourth graders asked a lot of practical questions," Pleickhardt said, like, "Where do I keep my books, when is lunch, and is



This June, Courtney Schaap and Michael Sherry graduated from Beyond the Rainbow Preschool in Colonie. In September, they will face the challenge of kindergarten with lots of people and programs to help them with the transition. Constance Pakata

there recess. They also asked about discipline, and if middle school is really hard."

Pleickhardt said the incoming middle schoolers also saw the

building and met the teachers, and will take a PTA- sponsored tour of the school in the late summer.

"The district is very serious about having kindergarten through 12th grade be coherent and cohesive," Pleickhardt said of the programs, "and we really want to keep things together and make the transition smooth for the students."

For kids moving from Shaker Junior High School to Shaker High, the emphasis is on making high school a positive experience.

"A lot of these kids will stay in the community, or come back to it to raise their own families." principal James Jackson said. "It's important to us that the kids have a positive experience that they'll tell their kids about some day."

"This is a comprehensive high school," Jackson said. "It's challenging and demanding. There's quite a transition, and we do a lot to help the students with that change."

In March, there's always a parent/student night with presentations about the high school and its courses for the

eighth graders. Then there's a

ninth grade orientation right before school starts, where incoming freshmen have a chance to meet with the director of pupil services, and the department supervisors make short presentations.

The students then break up into groups with their guidance counselors, and get a chance to discuss their schedules. For ninth graders, the most important thing to learn is timemanagement. "Elementary and junior high schools are much more structured than high school," Jackson said. "Instead of always having to go to study hall, for instance, kids can go to the media center instead. With six subjects and physical education, kids need to learn to manage their time, and organize themselves and take notes."

A student- mentoring program, in addition to peer helpers, is being implemented this year at Shaker. The guidance department also offers a lot of help, addressing special topics ranging from study skills to life skills. Jackson stressed the importance of guidance counselors.

"The guidance counselors have talked with the junior high counselors," he said. "The high school is large, the schedule can be intimidating, and boing, they're just right into it. You can always tell the freshmen at first they look so confused. But after a couple of days, it's really not a problem."

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#### BACK-TO-SCHOOL / The Spotlight

### Guides help students select college

HERE ARE SO MANY FACTORS TO CONSIDER IN CHOOSING A COLLEGE: What schools offer the degree you want to earn? Which ones have special programs? Can you afford the tuition? Is financial aid available?

And what about the student body, housing quality and availability, campus life, athletic programs, and job opportunities?

To help prospective students sort through all the choices, 'The Right College," a book assembled by the College Research Group of Concord, Mass., profiles more than 1,500 accredited four-year colleges in the United States.

The sixth edition of the guide, available in August, is organized into sections on colleges in all 50 states.

A "fact box" on each school highlights its tuition, enrollment, faculty and average test scores. It also provides a "selectivity



rating" of the college's admissions, as well as detailed descriptions of the school's history, location, affiliation, facilities, students, student programs,

distribution of degrees and special offerings.

There also are breakouts on student life-including housing, social atmosphere, services and campus organizations-along with information on athletics admission requirements and financial aid.

Finally, the guide lists student employment opportunities, computer facilities, data on careers and prominent alumni.

Future freshmen should also consult "College Survival," an irreverent and useful handbook of life on campus.

Written by Stanford University student Greg Gottesman with help from friends at 42 other schools, this guide offers a "crash course" on everything from choosing classes to getting along with roommates.

### Borrowing 101

RESHMAN YEAR MAY BE WHEN MANY COLLEGE STUDENTS LEARN ABOUT CREDIT. NOT ACADEMIC UNITS- SPENDING NOW AND PAYING LATER.

Students away at school are coping with many new experiences like budgeting time for work and extracurricular activities and managing a semester's worth of funds for the first time.

They may also be establishing a credit rating by obtaining a school loan or their first charge or credit card.

But charge and credit cards differ. A charge card, like Diner's Club or American Express, must be paid in full each month, but with a credit card, like Visa or MasterCard, charges are paid over a number of months and interest accumulates on the unpaid balance.

Some banks give cards away and charge no annual fee, but the average student carries a credit card balance of \$384.

At a rate of 19.8 percent interest, this translates to more than \$75 in finance charges each year.

"Students looking for the best value should study interest rates, annual fees and other benefits that might come with cards, like discount airfare coupons," said Elizabeth Cohen, vice president of student marketing for American Express Travel Related Services.

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### Tips on reaching home for college students

HIS YEAR, COLLEGE STUDENTS ARE RETURNING TO THEIR CAMPUSES, Besides considering what classes to take, where to live and what to pack, students also need to decide on the best way to keep in touch with their family and friends back home.

That's where the telephone comes in.

Nearly 65 percent of all college students have a calling card — a convenient way to make and bill calls. But, to avoid credit card fraud, it's important to keep the calling card number confidential.

Calling cards are available to students without charge even if they don't have telephone service in their name.

For students who live off campus or are able to choose a long distance carrier for their dorm room phone, services are available to automatically

separate each roommate's long-distance calls. And many students rely on optional calling plans to keep their phone bills down.

For parents who want to make it easier and cheaper for their children to call home, there are custom calling cards. With the cards, parents can

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provide students with up to 10 pre-selected telephone numbers and area codes and have the calls billed to the parents.

A special call forwarding feature ensures that children can reach their parents wherever they are. This feature is especially useful in emergency situations.





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### Distance education offers students new opportunities

VERY FALL, MILLIONS OF STUDENTS ACROSS THE COUNTRY GO BACK TO school. Armed with lunchboxes, backpacks, and even laptops, students fill classrooms in elementary and high schools as well as colleges and technical. schools. But other students are also going back to school, just not to a classroom. Through distance education programs that have blossomed in the last few years, students are earning GEDs, completing college degrees, changing career directions and enriching creative outlets.

Tim Tomlinson, director of the Center for Distance Education at Northwestern College in Saint Paul, Minn., explains that distance education was developed with the non-traditional student in mind.

"The non-traditional student is a natural for a distance education program. They use distance education for professional development, personal enrichment, degree completion, job advancement, home-schooling, even career changes," he

savs.

But in the last couple of years it's traditional students, those 18 to 24, who are also seeing the benefits of distance education. "For some it's convenience and flexibility," Tomlinson says. "While they work during the summer to earn money for

college, they can complete courses without having to be on the campus and in the classroom. We have one traditional student who had to return to his home in North Dakota due to his father's illness. Through dis-

tance education, he'll be able to

discovered the financial benefit

of distance education. Distance

Tomlinson points out. "In some

cases a student can cut 20 to 25

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In its simplest form, distance

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Traditional students have also

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distance education uses textbooks, audio and video cassettes, fax, interactive television, audio conferencing and computer technologies such as CD-ROM, e-mail and the Internet. Success in distance education

The non-traditional student is a natural for distance education. They use it for professional development, personal enrichment, degree completión, job advancement, home-schooling, even career changes.

Tim Tomlinson

is neither automatic nor guaranteed, Tomlinson stresses. The challenge of introducing distance education into the already precarious balance of work, family, recreation and civic/ church activities is sometimes more than many are able toaccomplish. Tomlinson pinpoints several factors that can steer the student to success.

• Vision - A vision for the future will get students through times of doubt and discouragement and allow them to see beyond today's sacrifice and effort.

• Discipline - Because most distance education students are

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already busy balancing work and family, discipline is necessary to successfully complete a course. Students need to acknowledge the forces which might compete for the time, money and resources required for distance education, then focus on order and control.

 Accountability - By design, distance education lacks a high level of accountability. Some students welcome this while others find it difficult to motivate themselves.

• Perseverance - Beware of that first sign of waning perseverance, "I just don't have the time right now." Don't be tempted to put aside the course until things are less busy. Just as things move from order to chaos, they also move from busy to busier.

Distance education attracts students of all ages and stages in life. Jim Roland, home-schooled in Iowa, took distance education courses toward his high school diploma as well as for college credit. "Distance education provided freedom of time and structure," he says. "I took distance education courses from Northwestern, the University of Minnesota, a community college and Dale Carnegie." Roland is now a history major - a traditional student - at Northwestern.

Susan Eberhart, a motivational speaker and homemaker from Iowa, took a biblical archaeology course from Northwestern's Center for Distance Education while planning a trip to the Holy Land.

"The class turned out to be a wonderful preparation for the trip. I had the benefit of a college miles away as close as my mailbox, telephone, VCR and computer, "she says. "Distance education allowed me to take courses and I still had the freedom to handle the other responsibilities such as home, family and a job."

Bill Mueller, 61, a support staff employee.at the University of Minnesota, is taking distance education courses to prepare for "life after retirement." His course of study through Northwestern is preparing him for a ministry-oriented retirement. "The courses I've completed have already come in handy as I'm doing volunteer work at the Union Gospel Mission in St. Paul," he says.

For information about distance education, call 'The Center for Distance Education. Northwestern College, (800) 308-5495.

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#### The science of improving education Your child needs you M ORE AND MORE YOUNG PEOPLE ARE IMPROV Said United States Secretary of Education Richard Riley "It also

ORE AND MORE YOUNG PEOPLE ARE IMPROV ING THEIR 1-2-3S ALONG with their A-B-Cs.

A national panel made up of political and educational experts reviewed data that they believe showed many students in the United States making significant gains in math and science.

The National Education Goals Panel recently released its annual report, *The National Education Goals Report: Building a Nation of Learners.* The report details the progress the schools in the United States are making in science and math.

For example, the 1997 report showed 27 states had higher achievements in mathematics compared to the prior year's report, and 47 states increased the percentage of students who received degrees in mathematics or science.

"This report confirms what we've known all along-that challenging students to meet high standards of excellence is the key to better achievement," said United States Secretary of Education Richard Riley. "It also shows that our public schools have turned the corner and are headed in the right direction."

Panel chairman Gov. James B. Hunt, Jr. of North Carolina said, "We also know there is much more work to be done."

The panel also offered the following goals that may help continue educational improvements:

Keep schools safe, disciplined and alcohol and drug free.
Parents need to participate

in school programs.

• Teachers should continue learning by taking professional development courses and seminars.

The National Education Goals Panel is a bipartisan body of federal and state officials made up of eight governors, four members of Congress, four state legislators and two members appointed by the president of the United States.

The 1997 National Education



Goals Report and summary are available free from the panel by faxing a request to 1-202-632-0957, by e-mail to negp@goalline.org or at the panel's Internet Web site at http://www.negp.gov. Requests can also be mailed to the National Education Goals Panel at 1255 22nd Street, NW, Suite 502, Washington, D.C. 20037.

#### By Samuel G. Sava

T'S BACK-TO-SCHOOL TIME AGAIN, WHEN EVERY STORE IN TOWN HAS A SPECIAL SALE ON clothes, lunch boxes, notebooks and other school related items. For storekeepers, all this upbeat advertising usually pays off.

But what your child needs on the first day of school can't bebought in any store. Your child needs you to be just as upbeat and just as excited about the opening day of school as any storekeeper. Even more so.

What does it take? Here are four simple suggestions from the principals of America's elementary and middle schools. If you follow them, the first day of school—and every day thereafter — will go more smoothly for you and your child:

Begin school schedule

•Start now to phase out your summer schedule and get into a school-year routine. Start earlier bedtimes now. Cut down the time your child can watch TV. ( I know it's not easy, but please try.)

• If your child takes a bus, visit the bus stop together. Talk about bus safety. Emphasize good behavior on the bus.

• Avoid the confusion of opening day. If your child is new to school, call the principal and ask for a tour before school begins. Walk around the playground. Visit the cafeteria and library. Note location of the bathrooms.

#### Read and read

• Finally: Read. I hope you've been reading to your youngster throughout the summer. If not, do it now. It's never too late. Check a few books and magazines out of the library and read them aloud to your child. Ask your child to read to you, too.

(Dr. Samuel Sava is executive director of the National Association of Elementary School Principals.)







# Two cookies=one bag of chips?

A SMILLIONS OF SCHOOL CHILDREN HEAD BACK TO THE CLASSROOM, PARENTS HAVE two lessons of their own to learn: 1) why their kids may not be eating what is packed in their lunches, and 2) the correlation between good nutrition and strong academic performance.

"A healthy, well-balanced lunch can help your child's mental acuity and alertness," said Ann Louise Gittleman, certified nutrition specialist. "But, that's only if they eat that well-balanced meal."

#### Lesson One: The lunch packed is not always the lunch eaten

According to a 1998 study by Wirthlin Worldwide, almost half of children surveyed trade lunch items at least once or twice a week; with nearly 10 percent trading every day.

When kids were asked why they trade lunch items, most said that they didn't like their own lunch or were bored with the same items. Many kids view trading as an important social activity, a ritual or a game.

With kids trading and discarding various items in their lunches, from sandwiches and fruit to milk and snacks, it is difficult to guarantee a wellbalanced meal and preparedness for a day of learning. While

there are no guarantees children will eat their lunch, by incorporating the following tips into the brownbagging routine, parents may deter kids from trading lunch items away:

• Common sense tells us that if children don't eat something at home, most likely they won't eat it at school. Let your kids help pack the lunch and identify nutritious foods they like and will eat.

• Vary the items you pack in their lunches — such as a sandwich one day, and macaroni and vegetable salad the next.

• Use different breads for 'sandwiches such as pita, rolls or hot dog buns; cut the sandwiches with a cookie cutter to make them more visually

appealing and fun.

• Don't deny your children snacks, because they'll get them another way. Instead of cookies

or chips, try a healthy treat that will satisfy that craving.

> Encourage kids to eat colorful vegetables by including

a tasty dip. Vegetables pack a powerful nutrition punch because they are loaded with vitamins, minerals, phytonutrients and fiber.

• Add color and a little sweetness to lunch with delicious fruit. Remember, at least five servings of fruits and vegetables are recommended daily.

• Set a good example for your children by eating healthy, well-balanced meals yourself.

Lesson two: The importance of good nutrition

Nearly all parents (95

percent) surveyed by Wirthlin Worldwide say they are careful about monitoring the nutritional value of their children's lunches. But fewer parents (only 36 percent) say there is a strong connection between what their child eats for lunch and his or her academic performance. Recent research from Tufts University confirms the link between nutrition and cognitive development in children.

"If a child skips breakfast, or does not have a nutritious lunch, that day's test scores may suffer," says Gittleman.

( "Surely, if parents fully understood the impact food has on their children's school work, they would more carefully plan lunch, supply breakfast in the morning, and have healthy snacks throughout the day."

"Parents should talk with their kids about the importance of good nutrition," Gittleman continues. "It is essential that children understand not just what they should do, but why they should do it."

Good nutrition helps with school performance by stabilizing blood sugar levels.

### *Keep moving this fall*

S FAMILY SCHEDULES CHANGE INHE HUSTLE AND BUSTLE OF A NEW school year, parents often take an unintentional vacation from exercise.

It's easy to stay physically active during the long, warm days of summer, when family bike rides, walks, swims and golf outings and other recreational sports activities are at their peak. But what happens when the kids return to school?

"Most families experience a big shift when school begins," states fitness expert Judi Sheppard Missett, founder of Jazzercise. Schedules often become much more structured, but parents can use this to their advantage when it comes to exercise.

Missett offers the following tips for maintaining a regular exercise program as summer slips into fall.

• Map out the family's weekly schedule, then look for blocks of time when you can exercise. Perhaps there's an hour or two while the kids are in school. Or maybe you can coordinate your workouts with their sports practices or extracurricular activities.

• Enlist the support and participation of family members. Alternate workout evenings with your spouse. One of you can head to the gym on Mondays and Wednesdays, the other on Tuesdays and Thursdays. Your kids get quality time with each parent, and you save the cost of a baby sitter. Or, schedule workout dates twice a week when you go to the health club together. Many fitness facilities offer family activities as well, so everyone can get in on the action.

•Invest in some home exercise equipment. If you simply can't get away for your regular workout, Missett suggests having a back-up workout at home. "Stationary bikes, treadmills, rowing machines and stair climbers provide great aerobic conditioning," she said.

• Find new exercise partners. When family members are no longer readily available to join you for exercise, try calling a friend or joining an exercise class or recreational sports league. It's a great way to get a workout and expand your social circle!

Did you know it only takes a few hours a week... *to change one-third of your life*?

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education that will make a difference in your future.

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Call us at 1-888-VERY SAGE for information and registration material or visit our website at www.sage.edu

Plan to attend our Open House on Thursday, August 13 from 5-8pm on the Albany Campus, 140 New Scotland Avenue, Campus Center, Room 224.

## Nice blocking



Bethlehem under-8 soccer red team player Stephen Schubmehl attempts to block a goal from the Albany team during the Three vs. Three Soccer Shootout held Saturday, Aug. 1, at Bethlehem Central High School. The under-8 team placed second overall, losing to Niskayuna, 7-5. The other three members of the red team are Matt McGann, Robert McNary and Bill Barrowman. Elaine McLain

### Swimmer wins gold at Empire State Games

For Beth Malinowskithe 1998 Empire State Games swimming competition ended on a happy note with one gold and three silver medals.

The Bethlehem Central High School junior won a gold medal in the 1,500 meter freestyle with a time of 18:08.39 in a close race.

Malinowski also won a silver medal in the 800-meter freestyle with a time of 9:27.22 and in the 400-meter freestyle with a time of 4:34.88.

In Slingerlands The Spotlight is sold at Falvo's Price Chopper and Tollgate

Macinowski was also a mem- Voorheesville, cluded Lindsey McKenna of pleted the relay in 8:07.82.

McKenzie ber of the silver medal 1,500-meter Nicholson of Coxsackie and Elisa freestyle relay team which in- Kline of Glens Falls. They com-



Samaritan Hospital (518) 271-3424

**Bethlehem ends season** as division champions

Bethlehem Mickey Mantle finished its season as division champions with 20 wins and eight losses, but lost the upper New York State Mickey Mantle title.

In the double elimination tournament held in Camden, Oneida County, Bethlehem lost its chance at the title to tournament champions, the Cheektowaga Indians, 14-4. Coach Jesse Braverman said even though the team was behind 14-1, the team rallied in the last inning and scored three runs off of four of the five batters hitting singles.

Tournament highlights included Behtlehem defeating Henniger, 9-0, Chatham, 9-3, and Saratoga, 2-1.



Caring for Generations

PAGE 16 --- August 5, 1998

TE 3040

### Plaza

(From Page 1)

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building, more trees and bushes, new storefronts for GNC and Dollar Tree and a fresh coat of paint for the entire plaza.

Despite the recent additions of GNC, Dollar Tree and Tutor Time, though, not every prospective tenant is able to make a deal for occupancy. In March, the owners of the Off-Broadway Theater & Grill franchise negotiated with plaza representatives about converting part of the former Woolworth's site into a combination restaurant/ movie theater, but opted not to sign a lease.

Because negotiations like those with Off-Broadway don't always pan out, Nolan said he thinks it's

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Sports — Monday at noon

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phone number. All letters to the editor must be signed and

include a telephone number for verification. For information,

important to note that existing businesses are thriving while new businesses trickle in to fill the plaza's vacancies.

"Grand Union's business is picking up considerably," he said. "They're coming out of their bankruptcy, so I think they have more cash to compete now, but I don't think they'll ever get back to where they were 10 years ago, when there was no Price Chopper in Slingerlands and no Grand Union in Glenmont."

In the last few years, Price Chopper Plaza and Ames Plaza in Glenmont have emerged as competitors for Delaware Plaza's tenants, but Nolan said he welcomes the competition.

Ames Plaza appears to have

'Quality Always Shows'

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drawn business away from the neighboring Town Squire Plaza' more than Delaware Plaza, but, as seen by the Village Shop's move to Slingerlands, Price Chopper Plaza has made some inroads into Delaware Plaza's role as preeminent retailer in the community.

"Price Chopper obviously has a nice place over there," Nolan said.

Because of deed restrictions that were built into the town's approvals for Price Chopper Plaza, the shopping center is smaller and has fewer storefronts — than its owners originally wanted. For that reason, Delaware Plaza will always have an edge thanks to its size.

Nolan said Delaware Plaza offers a unique breadth of services that keep customers coming back, and noted the longtime relationships that have developed between the proprietors of Delaware Plaza stores and the community.

"Plaza Liquor just got selected by *Metroland* for the 10th straight year as best wine store," Nolan said.

Because of its history, size, the influx of new tenants and physical improvements, Nolan said he believes Delaware Plaza will surprise everyone by making a comeback.

"We're still a major factor in the town because we're the single largest shopping center," he said.

#### Delmar student receives awards

Jamie Lyman of Delmar, a recent graduate of Kalamazoo College, was honored with the college's 1998 Amy Trenkle Award.

The award is given to a student who shows outstanding campus and community involvement and is a student leader.

Lyman, the daughter of Stuart and Jane Lyman, also received the H. Lewis Batts Prize, awarded to the senior who has done the most to support the activities of the biology department.

### Concert

#### (From Page 1)

CD release parties for the Newton Street Irregulars have been standing-room only affairs in places like Caffe Lena, Bound for Glory in Ithaca, and Barker Brew in Fredonia. The group wins regular praise from folk music critics, and Thomas Cahill, author of *How the Irish Saved Civilization*, said "The Newton Street Irregulars are as bracing as mountain air, as warm as a roaring fire and as comfortable as old shoes."

"This is the fourth year that we've had at least one concert," Eyres said of the Farm Fresh Folk concerts. "Some years, we do more, but my schedule is so busy that we can't always."

Eyres moved to Delmar from Paul Smiths in the Adirondacks six years ago, and since then has made a living as a singer. "I'm actually closer to a lot of the places I travel to," she said. "It used to take me a few hours to get to Lake George or Schroon Lake, and from here, I can be there much more quickly."

It was during her time in the Adirondacks that Eyres became interested in the women who had lived there. "I find the Adirondacks inspiring," she said. "Historically, women haven't been written about, and there were a lot of women who started schools, libraries and historical associations."

As Eyres started researching and writing about the women of the Adirondacks, she soon found a whole team of research assistants. "I developed a reputation for being someone interested in the history of Adirondack women," she said, "and once I started singing'Lydia,' about Paul Smith's wife, people came to me with ideas about other women, or gave me their research about women they wanted others to hear about. I take the research and spend time writing songs, but I've saved a lot of research time."

Eyres said it's very rewarding to have people bring her information. "You know you're getting across to people, if they want to use you as a vehicle to get their information across," she said.

Eyres' songwriting about the Adirondacks led to her being featured on two programs produced by WMHT, "Songs from the Heart of the Adirondacks" and "Christmas in the Adirondacks."

Eyres' evolution to full-time singer has been a gradual one. Growing up in Auburn in the Finger Lakes region, she said her family "sings like breathing." Eyres was always asked to sing in the school chorus o'r church choir, and as she got older, by friends who played guitar.

"I started writing music when I was 30," she said. "When I started writing music, people told me they liked it."

Eyres said that to be a singer, "you have to really, really like it. You have no schedule, there's no time when you can not answer the phone or turn down work. There are times when I'm really busy and times that I can sit and write more music."

Eyres also works as an artist-inresidence at schools, work that inspired her latest release, a children's album called "Close to the Sun." Eyres hopes it will be available in time for Saturday's concert.

Eyres said working with children helps inspire her work. "When you write, you have to look at things with childlike eyes, in a creative way," she said. "It's hard to create when you're jaded. It's nice to connect with childish enthusiasm."

There's sure to be a lot of enthusiasm at the Eyres' farm, this Saturday, Aug. 8. The concert starts at 7 p.m., at 518 Elm Ave. in Delmar, right across from the Peel Street entrance to Elm Estates. Admission is \$6 for adults and \$1 for children.

"We'll put out some citronella to ward off the bugs," Eyres said. "We always remind people to bring a blanket or lawn chair, and come and enjoy."





THE SPOTLIGHT

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### Asprion, Geurtze engaged

Kristine Marie Asprion, daughter of Donna and Francis W. Asprion Jr. of Glenmont, and Robert Donald Geurtze, son of Donald and Barbara Geurtze of Delmar, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School. She is a student at Hudson Val-

ley Community College.

Monica C. Behuniak, daughter High School. of Nicholas and Clara Behuniak of Selkirk, and Steven T. Whiteash, son of Michael and Margaret Whiteash of Pottsville, Pa., are

Ravena-Coeymans-Selkirk Senior

The future groom is a graduate of Bethlehem Central High School and Hudson Valley Community College.

He is studying for a second degree at Hudson Valley Community College.

The couple plans an August 1999 wedding.

### Behuniak, Whiteash to wed

She will attend college in Louisiana. The future groom is in the

engaged to be married. The bride-to-be is a graduate of wedding

Army. He is currently stationed at Fort Drum. The couple plans a Sept. 10

### **Albany Academy for Girls** announces spring honor roll

Albany Academy for Girls recently announced its third trimester honor roll for the 1997-98 academic year.

Students from the Bethlehem area include: Patricia Lenihan, grade 10, of Delmar; Stephanie Downs, grade 9, of Voorheesville; Emily Keenan, grade 12, of Selkirk; Jane Valentino, grade 12, of Delmar; Julie Muhlfelder, grade 12, of Delmar; Kelly Morris, grade 12, of Slingerlands; Angela Marathakis, grade 11, of Ravena; Melia Fast, grade 9, of Selkirk; and Elizabeth Pulice, grade 9, of South Bethlehem.

# kirk, July 19.

Case Western Reserve Univer-

Dartmouth College - Kara

sity — Mark Schoenenberger of

Delmar (master's in fluid and ther-

Relvea of Voorheesville (bachelor's

in physics and environmental stud-

Albany Medical Center

Natalie and Mark Phoenix of Sel-

kirk, June 18.

Delmar, June 27.

Delmar, June 28.

mar, June 30.

mar, July 9.

mal science).

16

Slingerlands, July 10.

June 19

Boy, Kevin Andrew Phoenix, to

Girl, Lila Mary Johnson, to Anne

Boy, Noah William Peters, to Danielle and William Peters of

Girl. Julia Isabelle Wales, to Kathleen and Timothy Wales of

Boy, Matthew John Zell Jr., to

Valerie and Matthew Zell of Del-

St. Peter's

Suzanne and Bruce Oliver of Del-

Girl, Nicole Cordi Oliver, to

Girl, Emma Platt Luntz, to

Girl, Morgan E. Gillies, to Mary

Girl, McKayla May Gudz, to

Cynthia Platt and David Luntz of

and Peter Gillies of Glenmont, July

Michelle and Richard Gutz of Sel-

and Stephen Johnson of Delmar,

Delmar student receives awards

Glenmont engineer joins firm

W. Joseph Teliska of Glenmont Laberge Group in meeting the

Jamie Lyman of Delmar, a recent graduate of Kalamazoo College, was honored with the college's 1998 Amy Trenkle Award.

The award is given to a student who shows outstanding campus and community involvement and is the biology department.

recently joined Laberge Engineering & Consulting Group, a firm

with offices in Albany, Plattsburgh

Teliska, a registered profes-

sional engineer, will assist the

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a student leader.

Lyman, the daughter of Stuart and Jane Lyman, also received the H. Lewis Batts Prize, awarded to the senior who has done the most to support the activities of

demand for qualified transporta-

The company provides civil

and environmental engineering,

surveying, architectural and in-

terior design services to clients.

tion design services.

ies). LeMoyne College --- Kelly Link of Slingerlands (bachelor's in sociology and criminal justice).



Bryant & Stratton Business Institute --- Jody Zabel of Delmar. Daemen College - Christopher

Danchetz of Delmar.

- Kalamanzoo College Jamie Lyman of Delmar.
- LeMoyne College --- Kelly Link of Slingerlands. Marist College --- Katey Link of
- Slingerlands.

Mail weddings, engagements

charge for this community service. acceptable. Polaroid photos cannot be printed. in and





### Kane retires from Grand Union

Delaware Plaza Grand Union, retired on June 19 after 45 years with the company

Art Kane, general manager of gathered at the Century House in Latham on June 14 for a retirment party.

Family, friends and co-workers

### Student joins honor society

Nathaniel Saidak of Selkirk was recently inducted into Alpha Epsi-Ion Delta, the national honor society for pre-medical students.

Membership is based on aca-

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Kane had been general manager of the Delmar store since it opened in 1984.

# demic performance, as well as col-

lege and community service. Sajdak is a biology major at Providence College.



Some rest.

The Spotlight would like to publish your engagement, wed-

ding or anniversary announcement and photo. There is no an Black and white photos are preferred, but color photos are

University of Massachusetts -Carly Moskowitz of Delmar.

THE SPOTLIGHT



#### Denise B. Remmert

Denise B. Remmert, 45, of McKinney, Texas, and formerly of Voorheesville, died Sunday, July 26, on Long Island.

She was raised in Moriches, Suffolk County, and graduated from Mercy High School in Riverhead.

She was a graduate of and received her master's degree from the University at Albany.

She was plant controller for Allied Signal Braking Systems in Green Island before moving out of the area. Most recently, she was plant controller for Pilkington LOF in Sherman, Texas.

She was a Eucharistic minister at St. Matthew's Church in Voorheesville for many years.

Survivors include her husband, Thomas Remmert; her parents, Charles and Marie Buckheit of Edgewater, Fla.; and two brothers, Brian Buckheit of Mastic, Suffolk County, and Michael Buckheit of Moriches.

Services were from St. Matthew's Church in Voorheesville.

Contributions may be made to St. Gabriel the Archangel Church Land Fund, 2110 Rockhill Road, McKinney, Texas 75070 or Divers Alert Network, 6 West Colony Place, Durham, N.C. 27705.

#### Marion Isabelle Dole

Marion Isabelle Hoen Dole; 75, of Delmar died Tuesday, July 28.

Mrs. Dole was a communicant of the Church of St. Thomas the Apostle in Delmar and a former member of its Altar Rosary Society. She was a former member of the Nathaniel Adams Blanchard American Legion auxiliary.

She was the widow of Gregory J. Dole.

Survivors include three sons,

Michael M. Dole of Glenmont and Gregory J. Dole Jr. and Lawrence P. Dole, both of Albany; three daughters, Margaret R. Butterfield and Martha M. Tompkins, both of Castleton-on-Hudson, and Kathleen M. Kecken of Cranberry Township, Pa.; and 13 grandchildren.

Services were from the Church of St. Thomas the Apostle.

Burial was in Calvary Cemetery in Glenmont.

Arrangements were by the Meyers Funeral Home in Delmar.

Contributions may be made to the Church of St. Thomas the Apostle Building Fund, 35 Adams Place, Delmar 12054.

#### Lavena M. Stanton

Lavena M. Stanton, 94, of Good Samaritan Home in Delmar, died Monday, July 27, at the home. Born in Albany, she lived there

for many years. She was the widow of Ernest H.

Stanton.

Survivors include two daughters, Lorraine Warner and Carol Decker, both of Albany: three grandchildren; and three greatgrandchildren.

Services were from the New Comer-Cannon Family Funeral Home in Colonie. Burial was in St. John's

Lutheran Cemetery.

Contributions may be made to the Leukemia Society of Upstate New York, 85 Watervliet Ave., Albany 12206.

#### Mildred S. Kass

Mildred S. Kass, 94, of Delmar died Saturday, Aug. 1, at Eden Park Nursing Home in Albany.

She was a longtime resident of Delmar.

Mrs. Kass was the widow of

**TEFANAZZI & SPARGO GRANITE CO., INC.** LARGE INDOOR & OUTDOOR DISPLAY OF **FINISHED MONUMENTS & MARKERS** "Your Professional, Full Service Monument Dealer" Lettering & Carving done in the largest workshop in the area Located 3 Miles North of the Latham Circle on Rt. 9 ⊿ ∞ 785-4206 Mon-Fri 9-4, Sat 9-2. Anytime by appointment



George W. Kass Sr.

Survivors include a son, George W. Kass Jr.; a daughter, Mary Crume of Phoenix; a brother, John Schaeffer of Schoharie; and two grandchildren.

Arrangements were by the Applebee Funeral home in Delmar. Services were private.

#### Olive M. Loeber

Olive M. Loeber, 84, of Bennington, Vt., and a Voorheesville native, died Sunday, Aug. 2, at Prospect Hill Nursing Home in Vermont.

Mrs. Loeber lived in Guilderland before moving to Vermont three years ago.

She was the former owner of Loeber Turkey Farm and Pinehaven Quarterhorse Ranch, both in Guilderland. She was a member of Lynnwood Reformed Church.

Survivors include a son, Ronald G. Loeber Sr. of Knox; a daughter, Elaine C. Buckley of Fultonville; a sister, Mildred Unser of Stroudsburg, Pa.; and two grandsons.

Services will be from 10 to 11 a.m. Thursday, Aug. 6, at the Fredendall Funeral Home, 100 Main St., Altamont. Calling hours will be from 5 to 8 p.m. today.

Burial will be in Prospect Hill Cemetery in Guilderland.

Contributions may be made to Lynnwood Reformed Church, 3700 Carmen Road, Schenectady 12303 or the American Diabetes Association, 50 Calvin Ave., Albany 12206.

#### Memorial tribute

Friends and neighbors are invited to a Celebration of Life in memory of Shirlee Morrison on Saturday, Aug. 15, from 2:30 to 4:30 p.m. at the Nathaniel Adams Blanchard American Legion Post on Poplar Drive in Delmar. Refreshments will be served and casual dress is suggested.

#### Student inducted

Nathaniel Sajdak of Selkirk was recently inducted into Alpha Epsilon Delta, the national honor society for pre-medical students.

Sajdak is a biology major at Providence College.

Food stamp rep to visit town hall

Bethlehem Senior Services, the food pantry and Albany County Social Services Department sponsor a Nutrition Assistance Program for residents of any age living in our area

Stamp Division will be at Bethlehem town hall the first Monday of each month from 9 a.m. to noon to assist individuals with applications or recertifications.

Appointments can be made for private 45 minute conferences by calling 439-4955 ext. 173.

#### **Glenmont student** receives awards

Kevin Gallagher recently re-

eathNotlees

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.



Sarah Eson and Emily Drazon have fun doing self portraits at the craft club Elaine McLain at Bethlehem Public Library.

# A representative from the Food

ceived the Jack Vastelica Family

Endowed Undergraduate Scholarship and the Smeal College of Business Administration Alumni Scholastic Achievement Award at Pennsylvania State University.

He is the son of Thomas and Patricia Gallagher of Glenmont.

#### Museum sets summer hours

The New Scotland Museum, located just off Route 85 at the Wyman Osterhout Community Center on the Old Road in New Salem, will be open Súndays until Oct. 25, from 2 to 4 p.m.

This month, the museum, which tells the history of the town of New Scotland, will also be open Thursdays from 10 a.m. to noon.

A new exhibit features a diorama of the hamlet of New Scotland.

For information, call Ann Eberle at 765-2071.

#### Local man completes training

Army Reserve Put. Anthony L. Sivos III recently graduated from One Station Unit Training at Fort McClellan in Anninston, Ala., which included basic military training and advanced individual training.

Sivos is the son of Anthony Sivos of Jefferson, Delaware County, and Debbie Gilham of Voorheesville.

#### THE SPOTLIGHT



so sanne Raneri can't stop smiling, and she's got plenty of reasons why.

 $\bigcirc$  In the scant four years that she's been performing in the Capital District, singer-songwriter Raneri has earned a reputation as the area's brightest talent. scoring endless critical raves and high-profile gigs like her show today, Aug. 5, at Empire State Plaza, when Raneri opens for pop-rock icon Rickie

Lee Jones ("Chuck E's in Love"). Admission to the concert, which starts

at 7:30 p.m., is free.

Although her sophisticated musicianship and transporting voice are the qualities that put Raneri on the map, it's her ebullient attitude that's won her so many supporters. A giddy, passionate woman whose warmth is contagious, Raneri has been known to smile so happily at shows that she can't open her mouth to sing.

North Greenbush native Raneri said she was overwhelmed by the response to her 1996 debut album, Frantic and Weightless, which several magazines cited as the year's best local release.

"My initial reaction was disbelief," she said. "Not that people are that gracious, but that it was me getting the attention. I had been singing and playing for very selfish reasons - music was a way to communicate - so I didn't expect that response to happen."

Raneri supported her record with numerous live shows throughout the state, including unique opportunities like opening for Rosanne Cash at Capital Repertory in 1996 and Maria Muldaur at Tricentennial Plaza last year. "The admiration I have for the women I've been fortunate enough to play with just gives me crazy energy," Raneri said.

First Webber musical plays

two weekend performances

the Amazing Technicolor Dreamcoat will be presented by Proctor's Theater Sat, April 11 and Sun April 12. The Saturday performance is

at 7 p.m. and the Sunday matinee is at 3 p.m.

Taken from the last 13 chapters in the book of Genesis, Webber and his collaborator, Tim

Rice, use a variety of musical genres to tell the

tale of Jacob's son, Joseph, sold into slavery by

his 11 brothers because of their jealousy over

his coat of many colors. The biblical tale finds

Joseph rising to become the Pharaoh's right

hand man and as such is able to save his brothers following their capture when they

Although written in the late 1960s.

come to Egypt to find him.

A production of Andrew Lloyd Webber's first musical, Joseph and

laurels since Frantic and Weightless was released. Instead, she's been writing songs for her second album, which she expects to record this fall, and trying to expand awareness of her work outside the Capital District.

"In this last year, something clicked,

and the fear that I had been feeling fell away," Ranerisaid. "I realized I had nothing to lose. It definitely has to do with getting older. I'll be 30 next year."

Raneri said the boost she's gotten from local critics, deejays and musicians motivated her to get more aggressive about her career. She's brought on a friend to help with bookings and happened upon opportunities like appearing in Solo, a coffee-table book about female singer-songwriters that will be released this summer Sheryl Crow, among others.

reer has spurred growth in her songwriting, as well. "I feel a little bit more comfortable about telling it like it is," she said, citing "Equator" as a tune that moves away from the delicate imagery of her older tunes and addresses its

By Martin P. Kelly

Information and reservations area available at 783-2527.

#### WITH A SONG/ page 17

pop artist, Rickie Lee Jones at the Empire State Plaza this evening at 7:30.

pices and production of Riverview Entertainment Productions, based

Albany. Now, a restructuring of the mystery, The Recital -1998, will be offered by the company for two weekends, Fri. and Sat., April 24 and 25, and Sat. and Sun., May 2 and 3, at the First United Methodist Church of Delmar

As a dinner theater presentation, *The Recital—1998*, will use actors from among the more than 40 individuals who at various times have played the eight roles during the past eight years.

The plot concerns an over-the-hill soprano who is making one of her last tours with her ragtag entourage. On the particular evening of the recital, a disaster occurs and the audience must figure out the murder The show has been presented by the local company in Lake Placid

and as far west as Rochester. Riverview Entertainment Productions most recently toured its

Irish revue, finishing at the Delmar church. This summer, the company will present the dinner theater production of the comedy, Mixed Emotions, at the Marriott Hotelon Wolf Road during July. They will play weekend evening performances and mati-

nees during the week. In August, the company will be appearing at the Cohoes Music Hall

in shows for children and senior citizens. For information on The Recital and reservations, call 279-9247.

#### **Around Theaters!**

Our Town, Thornton Wilder's best-known play, ends its run at the Capital Repertory Theater this Saturday, April 11 (462-4531) .... Isaac Stern, famed violinist, at Proctor's Tues., April 14 (346-6204) .... Betty Buckley, best known for her CATS performances and Sunset

×.,



Webber work continues to be a popular musical, a constant touring presentation and a suc Martin P. Kelly been treated seriously by the composer since. cessful revival on Broadway.

Reservations are available at 346-6204. Siena revives Tom Stoppard's

Rosencrantz & Guildenstern Are Dead Following performances this past weekend of Tom Stoppard's

Hamlet, Siena College will present Rosencrantz & Guildenstern Are Dead again on April 16 through April 18, following the school's Easter vacation

Presented in the campus theater in Loudonville, the production investigates the fateful lives of these characters from backstage of a Hamlet production.

Sondheim has musical lurking in past based on recent London production As interest in composer Stephen Sondheim is revived in the Albany area with the upcoming presentation of A Little Night Music at Capital Repertory, it is interesting to note that recent visitors to London have commented on the revival of Sondheim's first musical, Saturday Night, which was given a limited production in London in February. · Lue for a Broadway production in 1954, the musical was when the producer died. It was resurrected briefly in 1959 but has not

Set in pre-Depression Brooklyn, the leading character, a low-level Wall Street employee seeks riches as did many characters in the 1930s.

musicals it resembles in plot. But, based on the London production, the score has much of the energy and verve of Sondheim's later musicals

successful 1960s whimsy about the two minor, ill-fated characters in latchonto this libretto and score for something different from Sondheim. Some suggest that American regional and community theaters The Recital comes to Delmar

#### for two weekends of mystery

For the past eight years, *The Recital*, a mystery-comedy that invites .... Betty Buckley, best known for her CATS performant audience participation, has travelled around the state under the aus-Boulevard, at Proctor's Sat., April 18. (346-6204).

North Greenbush native Rosanne Raneri will open for

and features Raneri alongside Sarah McLachlan, Jewel and **Rickie Lee Jones** All the forward motion in Raneri's ca-

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THE SPOTLIGHT



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#### BETHLEHEM

**LENTEN COMMUNION SERVICE** Bethlehem Lutheran Church, 85 Elm, Ave., 7:30 p.m.

BC SCHOOL BOARD district office, 90 Adams Place,

8 p.m. information, 439-7098, **ZONING BOARD OF APPEALS** town hall; 445 Delaware Ave. Information, 439-4955.

#### BINGO

Blanchard American Legion Post, 16 Popiar Drive, 7:30 p.m. Information, 439-9819.

#### YOUTH EMPLOYMENT SER-VICES Parks and Recreation Office,

Elm Avenue Park, 2 to 4:30 p.m. Information, 439-0503. WELCOME WAGON

newcomers, engaged women and new mothers, call for a Welcome Wagon visit, Monday to Saturday, 8:30 a.m. to 6 p.m. Information, 439-1531.

BETHLEHEM ELKS LODGE 2233 Route 144, Cedar Hill, 8 p.m. Information, 767-2886.

ONESQUETHAU CHAPTER, ORDER OF THE EASTERN STAR Masonic Temple; 421 Kenwood

Ave., 8 p.m. Information, 439-2181.

BETHLEHEM BUSINESS WOMEN'S CLUB

Days inn, Routé 9W, Glenmont, 6 p.m. Information, 439-5786. **TESTIMONY MEETING** 

First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512. SOLID ROCK CHURCH

evening prayer and Bible study, 1 Kenwood Ave., 7 p.m. Information, 439-4314.

NEW SCOTLAND

VOORHEESVILLE ZONING BOARD OF APPEALS village hall, 29 Voorheesville Ave., 7 p.m. information, 765-2692

VOORHEESVILLE LIBRARY Books Before Bed, 7 p.m., 51 School Road, Voorheesville. Information, 765-2791.

> Spotlight on

Dining

#### NEW SCOTLAND SENIOR

CITIZENS Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING First Methodist Church of

Voorheesville, 68 Mapte St., 8 p.m. Information, 489-6779. AL-ANON MEETING First United Methodist Church of Voorheesville, 68 Mapte St., 8

p.m. Information, 489-6779. MOUNTAINVIEW EVANGELI-CAL FREE CHURCH

evening service, Bible study and prayer, Route 155, 7:30 p.m. Information, 765-3390,

FAITH TEMPLE Bible study, New Salem, 7:30 p.m. Information, 765-2870.

#### RAVENA

SOUNDS OF SUMMER READ-ING CLUB 7 p.m., RCS Community Library, Mountain Road, Ravena. Information, 756-2053.



BETHLEHEM

FINGERPRINTS AND PAW TRACKS Bethlehem Public Library, 451 Delaware Ave., 7:30 p.m. Information, 439-9314.

RECOVERY, INC. self-heip for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976. YOUTH EMPLOYMENT SER-

VICES Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. Information, 439-0503.

**BETHLEHEM SENIOR CITIZENS** town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

#### AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779. CLASS IN JEWISH MYSTICISM Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

NEW SCOTLAND

FEURA BUSH FUNSTERS 4-H group for ages 8 to 19, Jerusalem Reformed Church, Feura Bush Road, 7 to 8 p.m.

#### RAVENA

#### BUBLE CONCERT

11 a.m., PB Coeymans School, Route 143. Free and open to all. information, 756-2053.



#### BETHLEHEM

AA MEETING

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779. CHABAD CENTER

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

#### NEW SCOTLAND

YOUTH GROUP

United Pentecostal Church, Route 85, New Salem, 7 p.m.: Information, 765-4410.



8

#### AA MEETING

SATURDAY

UGUST

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. information, 489-6779.

AL-ANON MEETING The Crossroads, 4 Normanskill Blvd., 5:30 p.m. Information, 489-6779.

SUNDAY



UNITY OF FAITH CHRISTIAN FELLOWSHIP CHURCH Sunday school and worship service, 10 a.m., 436 Krumkill Road, Information, 438-7740.

**DUMPLING HOUSE** 

Chinese Restaurant

S pecializing in Dumplings, Lunches, Dinners, Cocktails, Mandarin, Szechuan, Hunan & Cantonese. Eat in or Take Out. Open 7 days a week.

> 458-7044 or 458-8366 120 Everett Road, Albany • (Near Shaker Road)

THE BOAT HOUSE RESTAURANT

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Come enjoy fine dining in a casual atmosphere with

our extensive menu featuring black angus beef, fresh

seafood, veal, poultry and pasta specialties. Riverside

Now serving lunch and dinner. 7 days a week. Banquet facilities available. Breakfast served Sat. & Sun.

Bring in this ad for a FREE glass of House

Wine with any entree.

**ROUTE 144, NEW BALTIMORE** 

deck dining available.

518-756-7300

 DELMAR REFORMED CHURCH Summer Worship schedule, 10 a.m. Traditional Worship, 5:30 p.m. Contemporary Worship, Children's Program for age 3-Grade 2 and Nursery Care provided at both times. 386 Delaware Ave., Delmar.

The Spotlight CAL

FIRST CHURCH OF CHRIST, SCIENTIST

Information, 439-9929.

Sunday school and worship service, 10 a.m., child care provided, 555 Delaware Ave Information, 439-2512.

BETHLEHEM COMMUNITY CHURCH Sunday school and worship service, 10 a.m., nursery

provided, 201 Eim Ave. Information, 439-3135. **ST. STEPHEN'S EPISCOPAL** 

CHURCH Holy Eucharist, 8 and 10 a.m., coffee and fellowship, nursery

#### care provided, church school, 9:30 a.m., Popiar Drive and Elsmere Avenue, information,-439-3265.

BETHLEHEM CONGREGATION OF JEHOVAH'S WITNESSES Bible lecture, 10 a.m., Watchtower Bible study, 10:55 a.m., Elm Avenue and Feura Bush Road, Information, 439-0358.

SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH worship service and church

#### school, 10 a.m., fellowship hour nursery care provided, 1499 New Scotland Road, information, 439-1766.

SOUTH BETHLEHEM UNITED METHODIST CHURCH Sunday school, 9:30 a.m., worship service, 11 a.m., followed by coffee hour, > Willowbrook Avenue. Informa-

#### tion, 767-9953. DELMAR PRESBYTERIAN

CHURCH worship service, church school, nursery care, 10 a.m., fellowship and coffee, 11 a.m., adult education, 11:15 a.m., family communion service, first Sunday, 585 Delaware Ave. Information, 439-9252.

#### DELMAR FULL GOSPEL CHURCH

Sunday service, 9:30 a.m., with Sunday school and nursery, home groups, women's Bible studies and youth group, 292 Elsmere Ave. Information, 439-4407. FIRST REFORMED CHURCH OF BETHLEHEM church school, 9:30 a.m.,

worship service, 11 a.m., child care provided, Route 9W, Selkirk. Information, 767-2243. GLENMONT COMMUNITY

#### CHURCH Sunday school and worship service, 10:30 a.m., child care available, 1 Chapel Lane.

Information, 436-7710. CHURCH OF ST. THOMAS THE

APOSTLE Masses — Saturday at 5 p.m. and Sunday at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Information, 439-4951,

SOLID ROCK CHURCH worship service, 11 a.m., 1

#### Kenwood Ave. Information, 439-4314. FIRST UNITED METHODIST

CHURCH church school, 9:45 a.m., worship service, 9:30 a.m., adult

worship service, 9:30 a.m., adult classes, 11 a.m., 428 Kenwood Ave. Information, 439-9976. **BETHLEHEM LUTHERAN** 

CHURCH free continental breakfast, 8:30 a.m., worship service with infant and preschool nursery care, assistive listening devices, handicap accessible, 9:30 a.m., coffee and fellowship, 10:30 a.m., 85 Elm Ave.

Information, 439-4328. **MOUNT MORIAH MINISTRIES** Sunday school, 9:45 a.m., morning worship, 11 a.m., youth group, 6 p.m., evening service, p.m., Route 9W, Glenmont, Information, 426-4510.

**NEW SCOTLAND** 

#### BETHEL BAPTIST CHURCH Sunday school, 9:15 a.m., worship service, 10:15 a.m.,

Auberge Suisse Restaurant, Route 85. Informatión, 475-9086.

#### FAITH TEMPLE

Sunday school, 10 a.m., worship service, 7 p.m., New Salem. Information, 765-2870.

#### ST. MATTHEW'S ROMAN

CATHOLIC CHURCH Masses Saturday at 5 p.m. and Sunday at 8:30 and 10:30 a.m., Mountain View Road, Voorheesville. Information, 765-2805.

A FINE DINING ESTABLISHMENT

**RELAXED COLONIAL SETTING** 

Route 156 (2 1/2 MILES WEST OF ALTAMONT)

<u>Hours</u>

Wednesday - Saturday 4:30 - 9:00 p.m. Sunday 2:00 - 8:00 p.m.

Luncheon Parties by Appointment. Closed Monday and Tuesday

WHATEVER THE CELEBRATION, CELEBRATE WITH US

Parties of 2 to 100

Fridays: Dine to the classical and mellow jazz guitar of Alfredo Lombardi Saturdays: Dine to the sublime music of Celtic Harpist, Susan Coughtry

BAKERY NOOK OPEN DURING DINING HOURS

Reservations: 872-9211

ASK ABOUT OUT FREQUENT DINERS DISCOUNT CARD

JERUSALEM REFORMED

CHURCH worship service, 10:30 a.m., followed by coffee hour, child care provided, Route 32, Feura Bush. Information, 439-0548.

#### NEW SALEM REFORMED CHURCH

adult Bible study, 9 a.m., junior choir or chime choir practice, 9a.m., worship service, 10 a.m., recorder group practice, 1.1 a.m., nursery care provided, Route 85. Information, 439-6179.

ONESQUETHAW REFORMED CHURCH

worship service, 9:30 a.m., Sunday school, 10:45 a.m., Tarrytown Road, Feura Bush. Information, 768-2133. UNIONVILLE REFORMED

CHURCH Sunday school, 9:15 a.m.,

followed by fellowship.

NEW SCOTLAND

439-5001

CHURCH

4410.

2895.

765-3390

CHURCH

ELDAN

House

CHURCH

worship service, 10:30 a.m.,

PRESBYTERIAN CHURCH IN

Sunday School, 9 a.m., nursery

worship service, 10 a.m.,

care provided, Route 85.

Information, 439-6454

UNITED PENTECOSTAL

Sunday school and worship

service, 6:45 p.m., Route 85, New Salem. Information, 765-

worship celebration, 10 a.m.,

a.m., choir rehearsals, 11:15

nursery through high school, 10

Voorheesville. Information, 765-

**MOUNTAINVIEW EVANGELI-**

nursery care provided, Route

CLARKSVILLE COMMUNITY

worship service, 10:30 a.m.,

nursery care provided, Route

Sunday school, 9:15 a.m.

followed by coffee hour.

443. Information, 768-2916.

155, Voorheesville. Information,

worship service, 9:30 a.m.

service, 10 a.m., choir re-

hearsal, 5 p.m., evening

FIRST UNITED METHODIST

early worship, 8:30 a.m.,

church school classes for

a.m., 68 Maple Ave.,

CAL FREE CHURCH

Delaware Turnpike. Information,

#### LEGAL NOTICE

### NOTICE OF SUBSTANCE OF ARTICLES OF ORGANIZATION

Under Section 206 of the Limited Liability Company Law The name of the LLC is York-shire Management, LLC. The Articles of Organization of the LLC were filed with the NY secretary of State on June 15, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is Segal, Goldman & Mozzotta, P.C., 5 Washington Square, Washington Avenue Extension, Albany, New York 12205, c/o Paul J. Goldman, Esq. (August 5; 1998)

#### LEGAL NOTICE CONVERSION OF DELAWARE PLAZA ASSOCIATES, L.P.

TO DELAWARE PLAZA, LLC 1. The name of the limited partnership was Delaware Plaza Associates, L.P. (the "Limited Part-nership"). The name under which the Limited Partnership was origi nally formed was Delaware Plaza Associates. The Certificate of Adoption of the Limited Partnership was filed on September 16. 1994, and a Certificate of Amend

ment was filed on September 16. 1994 2. The name of the limited liability company is Delaware Plaza,

LLC 3. The Limited Partnership was



LEGAL NOTICE in accordance with the provisions of the Limited Liability Company Law duly converted to the limited liability company upon the filing of the Certificate of Conversion of the Limited Partnership to a limited liability company on June 5, 1998, and the filing of the Certificate of Cancellation of the Limited Partnership on June 10, 1998.

4. The county within the State in which the office of the limited liability company is to be located is: The County of Albany. 5. The Secretary of State is

designated as the agent of the limited liability company upon whom process against it may be served. The post office address within and without the State to which the Secretary of State shall mail a copy of process against the limited liability company served upon him or her is Delaware Plaza, LLC, c/o Cooper, Erving, Savage, Nolan & Heller, LLP, 39 North Pearl Street, Albany, New York 12207.

6. The limited liability company is to be managed by one or more

7. The nature of the business and of the purposes to be con-ducted and promoted by the limited liability company, is to engage solely in the following activities. (a) to own, hold, sell, assign, transfer, operate, lease, mortgage, pledge and otherwise deal with certain parcels of real property, commonly known as Delaware Plaza Shopping Center, together with all improvements located thereon, in the Town of Bethlehem, County of Albany, State of New York; and (b) To exercise all powers enumerated in the Limited Liability Company Law. of the State of New York necessary

#### LEGAL NOTICE.

and convenient to the conduct promotion or attainment of the business for purposes otherwise set forth in the Certificate of Conver-8. The latest date upon which

the limited liability company is to dissolve is May 2, 2094

Dated: June 24, 1998 COOPER, ERVING, SAVAGE, NOLAN & HELLER, LLP Attorneys for Delaware Plaza, ШĊ

39 North Pearl Street Albany, New York 12207 (August 5, 1998)

LEGAL NOTICE

#### CONVERSION OF PLATTSBURGH PLAZA ASSOCIATES, L.P. TO PLATTSBURGH PLAZA,

LLC

1. The name of the limited part-nership was Plattsburgh Plaza As-sociates, L.P. (the "Limited Part-nership"). The name under which the Limited Partnership was origi-nally formed was Plattsburgh Plaza Associates. The Certificate of Adoption of the Limited Partnership was filed on October 7, 1994, and a Certificate of Amendment

was filed on October 20, 1994. 2. The name of the limited liability company is Plattsburgh Plaza, LLC

3. The Limited Partnership was in accordance with the provisions of the Limited Liability Company Law duly converted to the limited liability company upon the filing of the Certificate of Conversion of the Limited Partnership to a limited liability company on June 5, 1998, and the filing of the Certificate of Cancellation of the Limited Part-nership on June 10, 1998.

 The county within the State in which the office of the limited liability company is to be located is: The County of Albany. 5. The Secretary of State is

designated as the agent of the limited liability company upon whom process against it may be served. The post office address within and without the State to which the Secretary of State shall mail a copy of process against the limited liability company served Plaza, LLC, c/o Cooper, Erving, Savage, Nolan & Heller, LLP, 39 North Pearl Street, Albany, New York 12207

6. The limited liability company is to be managed by one or more

managers. 7. The nature of the business and of the purposes to be con-ducted and promoted by the lim-ited liability company, is to engage

LEGAL NOTICE operate, lease, mortgage, pledge and otherwise deal with certain parcels of real property, commonly known as Plattsburgh Plaza Shop-ping Center, together with all im-provements located thereon, in the City of Plattsburgh, County of Clinton, State of New York; and (b) To exercise all powers enumer-ated in the Limited Liability Company Law of the State of New York necessary and convenient to the conduct, promotion or attainment of the business for purposes otherwise set forth in the Certificate of Conversion.

8. The latest date upon which the limited liability company is to dissolve is January 1, 2053. Dated: June 24, 1998

COOPER, ERVING, SAVAGE, NOLAN & HELLER, LLP Attorneys for Delaware Plaza LLC

39 North Pearl Street Albany, New York 12207 (August 5, 1998)

NOTICE OF FORMATION OF A

FOREIGN LIMITED PARTNER-SHIP (FLP). The name of FLP is LLSN, L.P. The Application for Authority to do business in New York State of the FLP was filed with the NY Secretary of State on June 17, 1998. The jurisdiction of organization of the FLP is the State of Georgia. The date of organization of FLP is June 12, 1998. The principal office of the FLP is located at 3 Tower Place, Albany, new York in the County of Albany. The NY Secretary of State is designated as the agent of the ELP unon when proceed applied FLP upon whom process against FLP may be served. The address to which the Secretary of State shall mail a copy of any process against the FLP is 3 Tower Place, Albany, New York 12203. The purpose of the FLP is to engage in any lawful act or activity. A list of the names and addresses of all gen-eral partners of the FLP are availfrom the Secretary of State. able The name and address of the authorized officer of the FLP in the State of Georgia where a copy of its Certificate of Limited Partnership is filed is the Georgia Secre-tary of State, Suite 315, West Tower, 2 Martin Luther King, Jr. Drive, Atlanta;-Georgia 30334-1530.

(August 5, 1998) 

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

UNDER SEC. 203 OF LLCL The name of the LLC is Inter-

LEGAL NOTICE. on date of filing. The purpose of the LLC is to engage in any lawful act or activity for which the LLC's may be organized. The LLC is to be managed by one of more mem-bers. The LLC does not have specific date of dissolution. The office of the LLC is located at 1443 Western Ave., in the County of Albany, State of NY. The Sec of State is designated as the agent of the LLC upon whom process against the LLC can be served. The post office address to which the NYSS shall mail a copy of any process against the LLC is c/o the LLC 1443 Western Ave., Albany, NY 12203. Steven Rieger, Esq. Organizer/ Managing Member (August 5, 1998)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is XALD, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 29, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Sec-retary of State is designated as the agent of the LLC upon whom pro-cess, against the LLC may be served. The address to which the Secret agent of State is a convert Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203.

#### (August 5, 1998)

### NOTICE OF FORMATION

OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC) The name of the LLC is 110 State St., L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 29, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203. (August 5, 1998)

### NOTICE OF FORMATION OF A FOREIGN LIMITED LIABILITY PARTNERSHIP

(FLP) The name of the FLP is Woodlake Associates, L.P. The Ap-plication for Authority to do business in New York State of the FLP was filed with the NY Secretary of State on July 1, 1998. The jurisdic-tion, of organization of the FLP is the State of Georgia. The date of organization of FLP is May 20, 1998. The principal office of the FLP is located at 2.Tower Place, Albany, New York 12203, in the County of Albany. The purpose of the LLC is to engage in any lawful act or activ-ity. A list of the names and addresses of all general partners of the FLP are available from the Secretary of State. The name and address of the authorized officer of the FLP in the State of Georgia where a copy of its Certificate of Limited Partnership is filed is the Georgia Secretary of State, Suite 315, West Tower, 2 Martin Luther King, Jr. Drive, Atlanta, Georgia 30334-1530. (August 5, 1998)

#### LEGAL NOTICE

Etgal NO fice Envision Communications Con-sultants, LLC. Articles of Organiza-tion filed by NYS Secretary of State on 7/01/98. Principal office is lo-cated in Albany County. NYS Sec-retary of State designated as agent officient in the second second second second second the limited line in the second secon of the limited liability company upon whom process against it may be served and the Secretary of State shall mail a copy of any process against it to R.D. #1, Box 70, Lovecky Road, West Coxsackie, NY 12192. The purpose of the LLC providin onsulting services. (August 5, 1998)

#### NOTICE OF FORMATION OF A FOREIGN LIMITED LIABILITY PARTNERSHIP (FLP) The name of the FLP is LLSN

REAL PROPERTY PARTNER-SHIP, L.P. The Application for Au-thority to do business in New York State of the FLP was filed with the NY Secretary of State on July 9, 1998. The jurisdiction of organiza-tion of the FLP is the State of Georgia. The date of organization of FLP is June 15, 1998. The principal

THE SPOTLIGHT

THE CONTRACT

#### LEGAL NOTICE

office of the FLP is located at 2 Tower Place, Albany, New York 12203, in the County of Albany. The NY Secretary of State is des-ignated as the arount of the FLP ignated as the agent of the FLP upon whom process against the FLP may be served. The address FLP may be served. The address to which the Secretary of State shall mail a copy of any process against the FLP is 2 Tower Place, Albany, New York 12203. The pur-pose of the FLP is to engage in any lawful act or activity. A list of the names and addresses of all gen-eral partners of the FLP are available from the Secretary of State. The name and address of the authorized officer of the FLP in the State of Georgia where a copy of its Certificate of Limited Partnership is filed is the Georgia Secre-tary of State, Suite 315, West Tower, 2 Martin Luther King, Jr. Drive, Atlanta, Georgia 30334-1530. (August 5, 1998)

## NOTICE OF FORMATION OF A FOREIGN LIMITED LIABILITY PARTNERSHIP

(FLP) The name of the FLP is MENANDS ASSOCIATES, L.P. The Application for Authority to do business in New York State of the, ELB use field with the NY Sorra FLP was filed with the NY Secre-tary of State on July 9, 1998. The tary of State on July 9, 1998. The jurisdiction of organization of the FLP is the State of Georgia. The date of organization of FLP is May 20, 1998. The principal office of the FLP is located at 2 Tower Place, Albany, New York 12203, in the County of Albany. The NY Secre-tary of State is designated as the agent of the FLP upon whom pro-cess against the FLP may be served. The address to which the Secretary of State shall mail a copy Secretary of State shall mail a copy of any process against the FLP is 2 Tower Place, Albany, New York 12203. The purpose of the FLP is to engage in any lawful act or activ-ity. A list of the names and addresses of all general partners of the FLP are available from the Secretary of State. The name and ad-dress of the authorized officer of the FLP in the State of Georgia where a copy of its Certificate of Limited Partnership is filed is the Georgia Secretary of State, Suite 315, West Tower, 2 Martin Luther King, Jr. Drive, Atlanta, Georgia 30334-1530. 7.4 L

(August 5, 1998) NOTICE OF FORMATION"

OF A DOMESTIC LIMITED-LIABILITY COMPANY (LLC)

The name of the LLC is CO-LUMBIACLINTON GROUP, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 7, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Al-bany County. The Secretary of State is designated as the agent of the LLC upon whom process-against the LLC may be served. The address to which the Secre-tary of State chall mail a count of tary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 2203

#### (August 5, 1998)

### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of Strong Enterprises, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on July 14, 1998, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o 12 Newell Court, Menands, NY 12204. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be orga-nized under the LLCL. (August 5, 1998)

#### NOTICE OF FORMATION OF LIMITED LIABILITY PARTNER-SHIP

Name of limited liability part-nership is: CAPITAL DISTRICT UROLOGIC SURGEONS, LLP. Certificate of Registration filed with Secretary of State of New York (SSNY) on 6/16/1998. Principal office located: Albany County, SSNY is designated as agent of LLP upon whom process against LLP may be served. SSNY shall mail a copy of any such process to 319 South Manning Boulevard, Suite 106, Albany, NY 12208. LLP's business: Medical Practice. (August 5, 1998)



Scoop

Bulldozer

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Dredges

and of the purposes to be con-ducted and promoted by the lim-ited liability company, is to engage solely in the following activities: (a) To own, hold, sell, assign, transfer, (NYSS) on May 1, 1998, effective TO LIST AN ITEM OF

> **COMMUNITY INTEREST** In The Spotlght send all pertinent information to *The Spotlight Calendar* P.O. Box 100 Delmar, New York 12054





THE SPOTLIGHT

#### LEGAL NOTICE

#### NOTICE OF FORMATION OF DOMESTIC LIMITED LIABILITY COMPANY UNDER SECTION 203 OF THE LIMITED LIABIL-ITY COMPANY LAW

FIRST: The name of the limited ferred to as the "Company") is BETHLEHEM ICE GROUP, LLC.

SECOND: Articles of Organi-zation of the Company were filed with the Secretary of State on April 22, 1998

THIRD: The county within New York State in which the office of the Company is to be located is Al-FOURTH: The Company does not have a specific date of dissolu-tion in addition to the events of

Addition for the events of dissolution set forth by law. FIFTH: The Secretary of State is designated as agent of the Com-pany upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a conv

Secretary of State shall mail a copy of any process against the Company is Bethlehem Ice Group, LLC, P.O. Box 160, Slingerlands, NY 12159.

SIXTH: The propose of the Company is to conduct any lawful business permitted under the lim-ited liability company law. SEVENTH: The Company's registered agent upon whom and studied broads agent upon whom and

at which process against the Com-pany can be served is McNamee, Lochner, Titus & Williams, PC, 75 State Street, Albany, New York 12207 (August 5, 1998)

#### NOTICE OF FORMATION OF

LIMITED LIABILITY COMPANY Articles of Organization of Delmar Convenience Bakery, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on July 24, 1998, effective upon the date of filing date of filing. Office Location: Albany County.

SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any process to the LLC c/o 25 Mason Lane, Slingerlands, New York 12159

The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited li-ability companies may be orga-nized under the LLCL. (August 5, 1998)

#### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY Articles of Organization of 879 Madison Avenue, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on July 27, 1998, effective upon the date of filing.

Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail a copy of any process to the LLC c/o P.O. Box 341, Guilderland, New York

12084. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be orga-nized under the LLCL. (August 5, 1998)

#### NOTICE OF FORMATION OF

LIMITED LIABILITY COMPANY Articles of Organization of Henry F. Clas Florist, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on July 27, 1998, effective upon the date of

filing. Office Location: Albany County. SNY has been designated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail a copy of any process to the LLC c/o 404 New Scotland Avenue, Albany, New York 12208

The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLCL. (August 5, 1998)

#### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of Brett, Singer & Associates, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on July 23, 1998, effective upon the date of filing.

LEGAL NOTICE

Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom pro-SSNY may mail a copy of any process to the LLC c/o Ganz & Wolkenbreit, LLP, One Colum-bia Circle, Albany, New York 12203.

The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLCL. (August 5, 1998)

### NOTICE OF FORMATION OF MUNI-GEN, LLC

MUNI-GEN, LLC filed its Ar

ticles of Organization with the Secretary of State on June 24, 1998. (1) Its principal office is in Albany County. (2) The Secre-tary of State has been designated as its agent upon whom process against it may be served and its post office address to which the Secretary of State shall mail a the Secretary of State shall mail a copy of any process served upon him or her is: Muni-Gen, LLC c/o Sara Miller, Regulatory Watch, Inc., 35 Tenbrock Street, Albany, NY. (3) The latest date of dissolution is December 1, 2020. (4) The pur-pose of its business is to engage in any lawful activity for which limited liability comparison may be organ. liability companies may be orga nized under section 203 of the Limted Liability Company Act. (August 5, 1998)

### NOTICE OF FORMATION OF REGISTERED LIMITED LIABILITY PARTNERSHIP OF

93 BROADWAY LLC 93 BROADWAY LLC has been formed as a limited liability com-pany in New York. The Articles of Organization were filed on Jjune 10, 1998 with the Secretary of 10, 1998 with the Secretary of State. The office is located in Albany County. The Secretary of State is designated as Agent upon whom process may be served. The Secretary of State shall mail a copy of any process served upon him/her to 37 Folmsbee Drive, Menands, NY 12204-1205 ATTN: James K. Patrick III. The purpose of the business of 93 BROADWAY LLC is limited to the ownership and is limited to the ownership and operation of certain real property commonly known as 93 Broadway, Menands, NY. (August 5, 1998)

NOTICE OF FORMATION LAKE VIEW PARTNERS, LLC NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABIL-ITY COMPANY (LLC). The name of the LLC is Lake View Part-ners, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 21, 1998. The purpose of the LLC is to engage in any lawful act or

# 00 **HOCUS-FOCUS** Ø

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS. Differences: 1. String is missing. 2. Bell is moved. 3. Sleeve is different 4. Hedge is smaller. 5. Sneakers are different, 6. Socks are missing.

#### LEGAL NOTICE

activity. The office of the LLC is be located in Albany County. The Sec retary of State is designated as the agent of the LLC upon whom pro-cess against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203

### York 12203. (August 5, 1998)

NOTICE OF FORMATION DNR, LLC NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABIL-ITY COMPANY (LLC). The name of the LLC is DNR, LLC. The Articles of Organization of the LLC were filed with the NY Sec-retary of State on July 21, 1998. The purpose of the LLC is to engage in any lawful act or activ-ity. The office of the LLC is be located in Albany County. The Secretary of State is designated as the agent of the LLC upon as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203

#### (August 5, 1998)

NOTICE OF FORMATION COLUMBIA WOBURN GROUP,

LLC LLC NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABIL-ITY COMPANY (LLC). The name of the LLC is Columbia Woburn Group, LLC. The Articles of Or-ganization of the LLC were filed with the NY Secretary of State on Luke 22, 1998. The number of the July 22, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process engaget the LLC upon whom the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203.

#### (August 5, 1998)

NOTICE OF FORMATION

NOTICE OF FORMATION SMB, LLC NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABIL-ITY COMPANY (LLC). The name of the LLC is SMB, LLC. The Articles of Organization of the LLC were filed with the NY Sec-retary of State on July 21, 1998. The purpose of the LLC is to engage in any lawful act or activengage in any lawful act or activ-ity. The office of the LLC is to be located in Albany County. The Sec-retary of State is designated as the agent of the LLC upon whom pro-cess against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is RD#2, Box 264G, Altamont, New

#### York 12009. (August 5, 1998)

ticles of Organization of the LLC were filed with the NY Secretary of State on July 22, 1998. The I purpose of the LLC is to engage A C in any lawful act or activity. The ITY in any lawful act or activity. The ITY COMPANY (LLC). The name office of the LLC is be located in of the LLC is Columbia PHC Albany County. The Secretary of Group, LLC. The Articles of Or-State is designated as the agent ganization of the LLC were filed State is designated as the agent ganization of the LLC were filed of the LLC upon whom process with the NY Secretary of State against the LLC may be served. on July 22, 1998. The purpose of The address to which the Secre- the LLC is to engage in any law-tary of State shall mail a copy of ful act or activity. The office of any process against the LLC is be located in Albany 30 Corporate Circle, Albany, New York 12203. (August 5, 1998)

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NOTICE OF FORMATION SFR I, LLC NOTICE OF FORMATION OF DOMESTIC LIMITED LIABIL-NOMEANY (LLC). The name State shall mail a copy of any pro-cess against the LLC is 30 Cor-porate Circle, Albany, New York 12203. A DOMESTIC LIMITED LIABLE 12203. ITY COMPANY (LLC). The name 12203. of the LLC is SFR I, LLC. The (August 5, 1998) Articles of Organization of the LLC were filed with the NY Sec- STATE OF N retary of State on July 22, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is be located



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LEGAL NOTICE

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STATE OF NEW YORK COUNTY OF ALBANY VOORHEESVILLE CENTRAL SCHOOL DISTRICT

VOORHEESVILLE, NEW YORK

#### LEGAL NOTICE

August 5, 1998 — PAGE 23

12186 NOTICE TO BIDDERS Sealed bids will be received at the Voorheesville Central School District office located in the Clayton A. Bouton Jr./Sr. High School Build-ing, 432 New Salem Road, Voorheesville, New York until 11:00 a.m., Tuesday, August 18, 1998 for:

1. Baked Goods 2. Ic

e Cream

3. Milk EACH ITEM 1 - 3A SEPARATE AND DISTINCT BID

Specifications and bid forms may be obtained at the District Office on or after 11:00 a.m. Fri-day, July 31, 1998. Contracts will be awarded to

the lowest responsible bidder. The Board reserves the right to reject any and all bids, also to reject any bid which fails to meet

specifications. DATED: 07/30/98 ANTHONY P. MARTURANO Assistant Superintendent

(August 5, 1998)



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Spotlight Classifieds Work!! WRITE YOUR OWN Individual rate minimum \$10.00 for 10 words, 30¢ for each additional word, payable in advance. Commercial rate minimum \$12.50 for 10 words, 30¢ for each additional word, payable in advance. Ad deadline 4 p.m. Friday for publication in Wednesday's newspaper. Phone number counts as one word. Box Reply \$3.00. Write your classified ad exactly as you want it to appear in the newspaper. Do not abbreviate. Telephone # is									
one word. Be sure to include the telephone # in your ad. It is not necessary to include the category in your ad. 45,000 READERS EVERY WEEK CLASSIFIED DEADLINE - 4:00 PM FRIDAY for next Wednesday's papers									
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PAGE 24 — August 5, 1998

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THE SPOTLIGHT



#### WITH A SONG (from page 19)

topic directly.

"It's a song about a woman who has had enough and strikes out on her own. Raneri said. "She just becomes liberated and everything that word means. That's one of those songs that pushed all my buttons."

Raneri said that where she once wrote from a purely autobiographical stance and develop metaphors for her own experience, she's now comfortable being a storyteller. At the same time Raneri is sharpening her writing skills,



perimentation is Rosanne Raneri forcing her to challenge her-

self more than she was willdence. "When the people ing to several years ago.

"Mostly, I feel that the risks in my work relate to



Raneri said big playing shows like the Jones concert at the plaza this week is important to building her reputation and confi-

talent has been proven over and over again, I'm completely infused with their faith," she said. And when Raneri is filled

with faith --- whether it's her dedication to her own music or adulation from her peers - she's a force to be reckoned with on stage.

So, when she gets the crowd warmed up for Jones at the Plaza, be prepared for a blast of joyous, inventive music and some of the most expressive singing you'll ever hear from a local artist – that is, if Raneri can stop smiling long enough to start the show.



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DELMAR, 3 bedroom, 1 1/2 bath, attached/detached garages, large lot, fireplace, screened porch, needs work. 475-8025.

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SELKIRK, \$139,900 3 Br, 2 Bth Split, remodeled kit, lg Fr, newer: roof, windows, furnace, C/A 439-2888. GLENMONT, \$199,500 4Br,2.5BthCOL,over2,500 SF, Fr, FP, whirlpool, on cul-

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(From Page 1)

to let him know I was on the phone. I was able to ask all the right questions, while my partner sent the

police. Everything turned out OK, even though it was an all-nighter."

Goulet, who has been a telecommunicator for 11 years, said she likes the excitement of her job, and

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being able to talk with people.

"I like answering the phone and the psychological part of calming people. Most people don't usually call the police department, so I enjoy being able to reassure them."

Chief of Police Richard LaChappelle said Goulet is very good with people. "She sincerely cares about people, and that compassion helps her in her work, especially in an emergency."

"It's quite an honor to be recognized by the county Legislature, and we're very proud of the work Sandra's done," LaChappelle said.

Goulet works the 11 p.m. to 7 a.m. shift, something she started so she could be home with her children during the day. "I've gotten used to the shift," she said. "I'm a night owl."

Goulet said that while other shifts have a heavier volume of calls, hers has the more serious ones. "People think nobody can see them at night, or kids think they can get away with things." Goulet said. "I'm amazed that 13year-olds are out at night" Goulet said. "It would be nice if we had a teen center. Kids get bored, and we have no movie theaters or any place to keep them in a group setting.'

Goulet said being computerized has made her work easier. "For instance, if we get a senior citizen

wandering we can quickly check the file and get somebody to come and help.

Goulet said telecommunicators also do a lot of paperwork, and sometimes the job gets repetitive. "Like any job, things get old hat and you forget what you're there for," Goulet said.

In her case, the frequent training required of telecommunicators helps keep her inspired. Goulet also teaches telecommunications in East Greenbush. "I really like that," she said. "It helps me to stay fresh, and get enthusiastic about my work again."

When Goulet's brother, Detective John Cox, first told her about an opening as telecommunicator. Goulet wasn't sure she wanted to apply.

"I was working as a merchandiser at Kmart," she said, "and the money was about the same. I applied, but I had to prove I was worth it, because the police department doesn't really like to hire family.'

Today, Goulet is glad she did apply. "The money has about tripled since I started," she said. There are added responsibilities now, but I don't mind it. This is a very good job for women."

Goulet graduated from Voorheesville High School and lives in Ravena, near her daughter, Shay Calhoun, and two grandchildren. She also has a 21-yearold son, John Goulet.

Goulet said she finds Bethlehem a mostly safe community.

"We're very lucky in our jurisdiction," she said. "Most of the crimes are larceny, shoplifting at night. People do need to lock their house and car doors at night, though. A lot of people don't because they feel so safe. Locked doors keep honest people honest.'

Goulet is pleased to be the telecommunicator of the year. "I'm very proud that they chose me,' she said. "There are several people here who could have gotten it."

**BCHS senior earns** academic award

Recent Bethlehem Central High School graduate Emily Prudente, daughter of Christine and Stephen Prudente of Delmar, has been selected as a Cornell Presidential Research Scholar, beginning in the fall, at Cornell University in Ithaca.

#### **RCS** graduate aboard ship

Marine Cpl. James Banahan of Selkirk recently participated in Exercise Destined Glory while on a six-month deployment to the Mediterranean Sea and Arabian Gulf with the 26th Marine Expeditionary Unit, embarked aboard ships of the USS Wasp Amphibious Ready Group.

Banahan is a graduate of RCS Senior High School.

#### **Delmar library plans** bedtime story hours

Children ages 3 to 6 and their teddy bears can drop in for bedtime story hour on Monday, Aug. 10, at 7 p.m. at Bethlehem Public



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