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to feature fun &amp; music

See Family Entertainment Page 20

Vol. XLIII No. 38

The weekly newspaper serving the Towns of Bethlehem and New Scotland

September 23, 1998

50¢

## Step lively



Frankie Liebman, 3, gets a helping hand from his mother Kathy as he tries to manage snowshoes at Firve River's Fall Festival over the weekend.

Elaine McLain

## BCUEA digs in heels with public message

By Donna J. Bell

Bethlehem Central United Employee's Association (BCUEA), entering its third year without a contract, went public last week by renting the marquee at the Delaware Plaza Grand Union.

"We had lots of positive response," BCUEA president Kathy Gill said of the billboard. "People would say to me 'Give them hell, Kathy.' They knew from seeing the sign that we were being much more active than in the past."

Bethlehem Central Superintendent Les Loomis said that settling the contract is very important to the school board. "Our

support staff is extraordinary," Loomis said. "Their commitment to children is deep and many are active members of the community."

Loomis feels that the negotiations are at a point where the contract can be settled. He said that when you look at hourly salaries in every employee category, Bethlehem Central support staff compare favorably with those at other schools in the Suburban District Council.

"That's a side of the story that hasn't been told yet. The membership of BCUEA are not aware of the nature and extent of

□ BCUEA/page 13

## Pom pups fate still in limbo

### Board can't agree on solution

By Donna J. Bell

The Bethlehem zoning board of appeals continued its debate over Gertrude Adair's dogs at its Sept. 16 meeting.

When Adair moved into her Glenmont home with four Pomeranian therapy dogs, she didn't realize the town restricted the number of dogs allowed on the property to two.

Since Adair first appeared before the board on Aug. 19 to request a kennel permit, the board has continued to discuss the problem. The board finds merit in the volunteer work Adair does, bringing her dogs into hospices, retirement homes and senior housing facilities. But, it is

concerned that any variance it granted would be attached to the land, allowing future owners of the property to run a kennel on the parcel.

"If that property was to be put on the market it would have a real estate sign

□ LIMBO/page 17

## Cancer survivors unite in D.C. to raise awareness

By Susan Graves

Three Delmar women have a lot in common; they are all about the same age, they belong to the same support group and they all are committed to a single cause.

What brought them together was a disease — ovarian cancer — and what keeps them together is the fact that they are cancer survivors. Marie Kotasek, Linda Kwong and Debbie Cullinan are also adamant and aggressive about getting the word out to other women. This weekend they will travel to Washington, D.C., to participate in The March, Coming Together to Conquer Cancer to raise awareness about the disease.

And there is good reason to get the word out about ovarian cancer. It is a silent killer that is not easily detected.

"By the time you discover it, it's usually in stage three," said Ann Purchase, a nurse who works with the Delmar women in



Debbie Cullinan survivor, left, nurse Ann Purchase, and cancer survivors Marie Kotasek and Linda Kwong show off T-shirts promoting the March in Washington this weekend.

Elaine McLain

□ CANCER/page 13

## Clinton scandal makes parent's job harder

By Katherine McCarthy

It's early morning as I write this; kind of gray, cool moisture feels like it might bring rain later. It doesn't feel like a day that could make history, but of course it is. Soon, most of the country will see the tapes, except for people who have to work, or those of us whose children, in these culturally enlightened times, are home for Rosh Hashana. Part of me wanted to take the higher road and not watch them, but part of me didn't want to miss another historical moment for our country.

This is the second time in my relatively young lifetime I'll watch a presidency go to the edge, and

□ CLINTON/page 28

COMMENTARY  
*Mom's the Word*

## Police nab two for DWI

Bethlehem police recently arrested two people on charges of driving while intoxicated.

On Sunday, Sept. 13, Bethlehem police arrested Jeremy Adam Tesch at his 408 Derzee Court, Delmar, home on a bench warrant. Tesch, 21, had failed to appear before in Colonie town court after being arrested in that town. He was turned over to the Colonie court.

Officer Christopher Hughes arrested Timothy James Cronin, 38, of 26 Wemple Road in Glenmont, at 12:48 a.m. Sept. 13. Hughes stopped Cronin after observing him driving 55 mph in a 40 mph zone of Route 9W.

Hughes stopped Cronin and administered field sobriety tests,

which he failed. Cronin is scheduled to appear in Bethlehem court on Oct. 6.

On Saturday, Sept. 12, police arrested Edwin Jose Peguero of 561 W. 144 St., New York City for stabbing employee Sandy Disla at the Grand Union in Glenmont at 3:18 a.m.

Peguero was sub-contracted to do some work at Grand Union, and told police he had fought with Disla before stabbing him with a penknife. Peguero fled the Grand Union, and was subsequently found by officer Wayne LaChappelle and his K-9 behind the Mobil station at Route 9W and Feura Bush Road.

Peguero is scheduled to appear in Bethlehem town court on Oct. 6.

## Pesticide watch group to conduct public forum

Bethlehem Pesticide Watch will present a public forum entitled "Back to School, Back to Basics: Pest Control Without Pesticides" on Thursday, Oct. 1, at 7 p.m. at Bethlehem Public Library in Delmar.

Dr. Hilaire Meuwissen will talk about the rising incidence of respiratory and allergic ailments among children and explain how children are more vulnerable to ailments associated with the use of toxic chemicals in our society.

Michael Surgan, chief scientist with the state Attorney General's Office, will report on documented use of pesticides in schools statewide and the health impacts associated with cumulative exposures.

And Claire Barnett, director of the Healthy Schools Network, will

discuss how parents and citizens can mobilize schools to adopt pesticide reduction policies and programs which use benign alternatives to control pests in schools.

The forum is open to the public free of charge. For information, call 439-5359.

### Legion to serve dinner

Voorheesville American Legion Post 1493 on Voorheesville Avenue will serve a pot roast dinner on Sunday, Sept. 27.

Dinners cost \$7.50 and include pot roast, mashed potatoes, a vegetable and dessert.

Reservations are required. For information and reservations, call 765-4712 after 3 p.m.

## Corrections

In last week's Community Services Guide, St. Thomas School, 42 Adams Place, Delmar, 439-5573 was omitted.

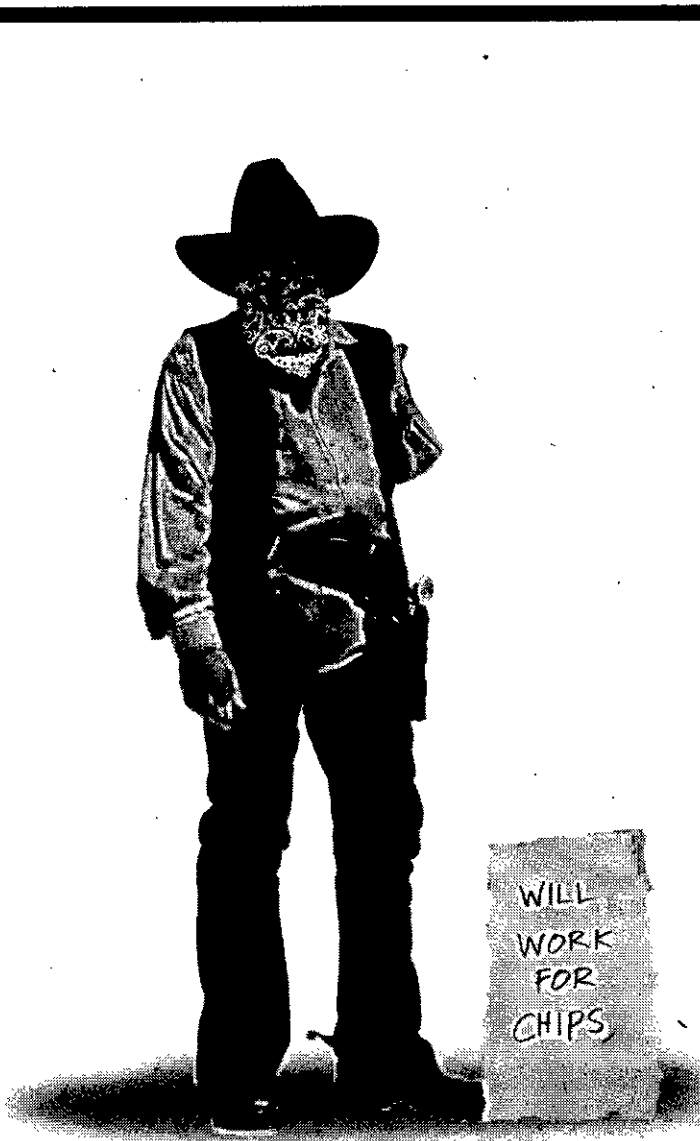
The contact person for the Bethlehem Music Association is Cathy Svenson, 439-4689 or Sheila Lobel, 439-1121.

The contacts for the Delmar Kiwanis Club are Dom DeCecco at 439-2437 and Dave Perry at 439-6952.

First Church of Christ Scientist was misidentified as a Church of Jesus Christ of Latter Day Saints.

Due to incorrect information provided by the state, the Office of Human Resources was identified as the Office of Employee Relations. The director is Uluus "Gus" Thompson.

Michael Rynasko is the director of the Finance Department.



**One-armed bandits, your days are numbered.**

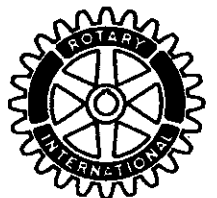
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In addition to our community service the club meets weekly for fellowship and speakers on a wide range of subjects that involve our community.

For further information please call Kathy Gela at 478-0544 or Lee Borman @ 439-8116.

## Bethlehem Family Practice

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# Pass the bucks for Bethlehem savings

By Katherine McCarthy

Bethlehem shoppers and merchants can both get more bang for their buck out of this week's blue Val-Pak envelope. The first coupon inside the packet is a "Bethlehem Buck," good for at least a dollar discount at participating merchants in the town of Bethlehem.

Bethlehem chamber of commerce president Marty DeLaney and Val-Pak's sales director John Guastella, both live in Bethlehem and see their joint venture as a positive step for the community.

"Our recent survey to 14,000 households showed some common misconceptions about shopping in Bethlehem," DeLaney said. "Like not being able to find things, prices too high, or parking being a problem. That's really not true, and I think the survey reminded people that they should shop in their hometown. There are very few things you can't find here, and shopping locally helps support the tax base and the potential for more businesses. I think Bethlehem Bucks is educational for the community."

Guastella, who moved to Delmar from Long Island, said that Val-Pak's working with the chamber of commerce "looked like a good match." He added that "Val-Pak provides a way for local businesses to advertise on an affordable, co-operative basis, in our recognizable blue envelope."

Guastella provided the Bethlehem Bucks at cost to local merchants, for the simple reason that he wants to see the town prosper. "It sounds like Norman Rockwell or something," he said, "but since I live here, I wanted to do something to support the community. Bethlehem Bucks is designed to have the people who live here, shop here."

Chris Madden, who owns The



John Guastella of Val-Pak joins Chris Madden, center, of The Bookworm, and Bethlehem Chamber of Commerce president Marty DeLaney to kick off the Bethlehem Bucks promotion.

Katherine McCarthy

Bookworm on Delaware Avenue, hopes the program will generate enthusiasm in town. Madden had seen a similar program on Cape Cod, and hopes that Bethlehem Bucks will ultimately lead to a better business climate in the town of Bethlehem. "The more we keep people in town, and the more people realize how many services are available, the better it will be," Madden said.

Invitations to participate in the Bethlehem Bucks program went to all 600 members of the Bethlehem business community, with the chamber of commerce providing stickers to identify participating merchants. Terms of the discount are up to individual busi-

ness people.

"At some businesses, with high-end products," DeLaney said, "the buck might be worth more than \$1. Merchants also get to choose the terms; for instance, whether it's \$1 off any purchase, or something like \$1 off a \$10 purchase."

Two merchants at Delmar's Four Corners, Chris McCarroll of the Village Butcher in the Delmar Marketplace, and Bruce Hess of The Ocean Deck and The Deli, like the fact that merchants are coming together for the Bethlehem Bucks program. "Hopefully, it will get people shopping back here," Hess said. "It's good that the business people can band together and become one," McCarroll said.

DeLaney and Guastella said merchant response has been positive. "We've had a little problem with the chains," Guastella said, "but we're hoping to have the majority of the business people — including doctors and dentists — participate in the program."

Another Bethlehem Bucks mailing is scheduled for Nov. 14, and if both are successful, the dollars will reappear next year.

"This is a pilot program," DeLaney said. "Board members are really talking it up in the community. It's just one of the many exciting things we've got going on, and we're hoping it's so successful, we'll want to continue it."

## Bargain superstore opens with a bang

By Dev Tobin

The slogan of Christmas Tree Shops is almost a rhetorical question, "Don't you just love a bargain?" Doesn't everybody?

Evidently so, judging from the crowds packing the aisles of the newest Christmas Tree Shops store in Colonie Center, which opened Thursday.

The Colonie Center store is the chain's 19th and its largest, at 50,000 square feet. It employs 150 to 225 full- and part-time staff and is the first Christmas Tree Shops in New York state.

Part of the shopping experience begins outside the store, with its Victorian village facade, so the overall attraction goes beyond low prices to a unique, fun experience, according to Donna Steele, director of merchandising and stores for the Cape Cod-based chain.

"We're a combination mass merchant, discounter and gift shop, like a gift shop supermarket," Steele said.

The store stocks "lots of items at great prices," Steele said. The range of merchandise is remarkable — Halloween costumes and decorations, kitchen and housewares, tools, food items like crackers and spaghetti sauce, rugs, garden supplies, toys and games, books, lamps and shades, picture frames, and, of course, Christmas wrap, bows, cards, decorations and ceramic Santas.

"You won't see us cut corners on customer service," she said, noting the new store's up to 32 registers and two customer service desks.

Owners Chuck and Doreen Bilezikian visited their new store Saturday and were happy with the store's debut.

"I feel elated, honored and very welcomed," Chuck said. "I think we will love New York."

In a completely unscientific survey of those with full shopping carts Saturday, five of five said they had shopped at Christmas Tree Shops on Cape Cod or at Holyoke, Mass., the nearest store to the Capital District until last week.

Lorraine Danton of Delmar, a "longtime shopper on Cape Cod," said the store features "highly affordable household items" and "lets you decorate beautifully at an affordable price."

After visiting Christmas Tree Shops in Massachusetts, Carol Anziano of East Greenbush said she was "waiting and waiting for this store to open."

Her friend Linda Bent, also of East Greenbush, noted that the store stocks "unique things you won't find in other stores."

If the store's owners, management and customers are happy, so is the landlord.

"We're thrilled to have them here," said Amy Raimo, marketing manager of Colonie Center. "In the first weekend, we've seen an increase in foot traffic and sales for other retailers. It's drawn people to the center and our other stores."

## V'ville board to review district policies

By Katherine McCarthy

The Voorheesville school board decided at its first meeting of the school year to begin a review of school board policies. Superintendent Alan McCartney said at Monday's meeting that although it contains updates, the district's policy book has been around for 80 years. The board decided to draw upon the services of the New York State School Board Association (NYSSBA) following a presentation by Michael Bieber, the

association's most senior policy consultant.

NYSSBA will review the board's current policy book, along with any other policy and procedure manuals the district has, updating policy where necessary in accordance with current education law and filling in any gaps they find. The cost to the district will be \$7,000, payable over two budgetary years. Subsequent updates are available for \$550 per year.

The board agreed to discuss the project at its retreat on Nov. 11. Also on the agenda at the retreat will be subjects for focus forums, which are single-topic meetings held during the year. Drug and alcohol use in the school district is a potential topic. A questionnaire sent out last year revealed high levels of use and some safety concerns throughout the school.

Board member Erica Sufrin met earlier Monday with high school principal William Furdon and Linda Wolkenbreit, associate principal for middle level, to discuss a possible focus forum on that topic.

"Student education alone doesn't seem to be adequate," Sufrin said. "We need to rethink our approach to drug and alcohol

education. Is that up to the schools? That's not really clear. It seems like we need community involvement, and that intervention activities need to be ongoing. One-shot deals like motivational speakers don't last much longer than the next day."

"I have one major concern," Furdon said. "After last year's survey results, I received no calls. Nobody in the community seemed concerned: Are we in a single boat here?"

"There is generalized concern," Wolkenbreit said, "but people aren't sure what to do."

Board president John Cole felt it was important to define the role of the schools. "We need to see where our responsibilities begin and end," he said.

The board will decide at its retreat whether to have a focus forum on drug and alcohol use. They will also try to define the role of the district in drug and alcohol education; identify the issues and decide how to proceed.

Both McCartney and business superintendent Anthony Marturano heaped praise on the staff as the school year got under way. "Transportation went off with-

out a hitch," Marturano said, "and we're transporting to 38 different schools this year. The business office dealt with 100 staffing changes in July and August, which required extensive paperwork. The buildings are in super shape, and we were short-handed this summer."

McCartney said he hopes that Collins & Scoville, the architects hired to assess expansion needs at Voorheesville's schools, will be able to give a full-fledged report at the Oct. 19 board meeting.

Kathy Fiero, the newly-elected president of the Voorheesville Teachers Association, introduced herself and said she looks forward to "a positive working relationship with the board."

A special election is scheduled for Wednesday, Oct. 7, from 2 to 9:30 p.m. in the high school foyer to elect a successor to Nicholas Faraone, who resigned from the school board and moved out of the area. Fern Pivar and Joseph Pofit are both running for the seat. Also on the ballot will be a proposal for a capital reserve fund up of up to \$525,000.

There is a focus forum scheduled for Oct. 5 at the high school to discuss foreign languages.

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# Welcome Wagon gives back to community it serves

By Donna J. Bell

More than a century ago, pioneers heading west would often be met by established settlers and a Conestoga wagon filled with fresh food and water.

The wagons were a welcome sight to weary travelers. As a modern extension of that traditional welcome, Thomas W. Briggs founded Welcome Wagon International in 1928.

Now in its 70th year, Welcome Wagon has greeted more than 50,000,000 families to new neighborhoods and introduced them to local civic organizations and businesses. It was Welcome Wagon that greeted President John F. Kennedy and first lady Jacqueline Kennedy at the White House.

While she may not be visiting the White House, local Welcome Wagon representative Marge Thurlow has been greeting people to the area for the last 26 years. "I was at a church supper in 1972 and met a couple from Illinois. The wife said she was doing Welcome Wagon and I should think about being a representative," Thurlow said. "It was perfect for me. I love meeting new people and seeing the new babies."

Thurlow's enthusiasm for meeting with families is evident as she relates an anecdote about a visit she had with a woman and her 4-year-old son. A few minutes after Thurlow's arrival the boy leaned over and whispered to his mother, "Where is her wagon?"

She is equally excited about the businesses she promotes. "I really feel as if I am helping people." Thurlow is one of more than 2,500



Welcome Wagon representative Marge Thurlow, left, with Carol de Ramon and her 9-month-old twins.

Welcome Wagon field representatives nationwide who greet new movers, new parents, newly-engaged couples, new citizens and college students. "I am lucky to have such wonderful local civic businesses, professional people and places of worship to represent."

Carol de Ramon agrees. Recently relocated from North Carolina, de Ramon, her husband and twin 9-month-old sons moved to

Delmar so her husband could complete a two-year residency at Albany Medical Center.

"My neighbor gave me a copy of *The Spotlight*, and I saw something about Welcome Wagon visits," de Ramon said. "The experience was great and Marge was very friendly. I got a bunch of information about the community and different services and business, plus a bunch of free things and coupons. I had my meeting only a few days ago and I've already used some of them," said de Ramon, who also decided to join the Tri-Village Welcome Wagon Club to meet other moms.

An offshoot of Welcome Wagon, International, the club was formed to provide an opportunity for women to meet other women in the community and participate in social and civic activities.

President Sharon Schultz believes that the local Welcome Wagon club has something for

everyone, including ongoing events such as Ladies Night Out, bowling leagues, couples events and play groups. The club also hosts yearly special events such as breakfast with Santa, a family potluck dinner, wine tasting party and annual Easter egg hunt, to name a few.

Schultz knows how it feels to be a newcomer. "Two years ago we moved here and I didn't know anyone. I joined the club because I wanted to meet people and I've made some good friends and so have my children."

She emphasizes that the club is open to every woman in the community, whether she's just arrived or has been a resident for years. "If you want to socialize and meet new people, we are a great group to do that with. You gain a support network that is so important."

Thurlow, the club's official Welcome Wagon adviser, is especially

proud of what the club has given back to the community. "Part of being in the Welcome Wagon is what we do for others. Over the years our club has raised money for local schools, food pantries and adopt-a-family programs."

"One year we raised money for a preschool book program," Thurlow said. "The idea was that every preschooler would have had 100 books read to them before they went to kindergarten."

"Everyone is welcome to attend Welcome Wagon meetings," said Schultz. Membership is \$10, and there is a \$5 charge for the monthly newsletter that relates club events and community activities.

There is no fee for a Welcome Wagon visit and no obligation to join the club. For information about meeting times and locations, or to arrange a Welcome Wagon visit, call Schultz at 439-8009.

## Local history books recently reprinted

Allison Bennett's local history books, *Times Remembered* and *More Times Remembered*, were recently reprinted into one volume by the Higginson Book Co. of Salem, Mass.

The books contain information about area homes, schools, churches, baseball teams, Dutch barns, toll gates, ice houses, cemeteries, roads and railroads, river boating, mills and people.

Bennett is also the author of *Dutch Architecture Near Albany* and *The Peoples Choice, A History of the Albany County in Art and Architecture*.

All of her books are available at local bookstores and museum shops.

## Boosters to meet

Bethlehem Central Soccer Booster Club will hold its first meeting of the season on Monday, Sept. 28, at 7:30 p.m. in the library conference room at the high school.

For information, call Dave Jukins at 439-8096.

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## Zoning board denies garage request

By Donna J. Bell

Bethlehem's zoning board of appeals denied Raymond and Mary Ellen Gale's request for a variance to construct a two-car garage on their property at Marathon Lane in Slingerlands at its meeting on Sept. 16.

Raymond Gale said that he bought the property after being told that a garage would be allowable. He added that his wife has been ill for several years. However, the board felt that the 24- by 24-foot building was too large and out of character for the neighborhood.

"The magnitude of the building will change the neighborhood," said board member Robert Wiggand. "It will be like putting a miniature Pepsi Arena down there."

Building inspector John Flanigan said, "We are concerned about where you have put it. It will overpower the lot and cause the neighbors to lose their line of sight." Gale said that he had contacted the neighbors and none had objected.

Zoning board president Michael Hodom told the Gales that they hadn't met the criteria for a use variance.

"The town law of New York state ordinances are what we are bound to adhere to," said board member Richard Lewis. "You must present a case as to why the variance should be changed."

The Gales then asked if a single-car garage would be approved. "We can't tell you in advance if that would be a problem or not," Lewis said. However, Flanigan told the Gales that if they attached a one-car garage to the house that didn't exceed outside dimensions of 375 square feet, they wouldn't need a variance.

The meeting adjourned to allow the Gales to decide how they want to proceed.

## New Scotland Museum sets fall hours

The New Scotland Museum, located just off Route 85 at the Wyman Osterhout Community Center on the Old Road in New Salem, will be open Sundays until Oct. 25, from 2 to 4 p.m.

A new exhibit features a diorama of the hamlet of New Scotland.

For information, call Ann Eberle at 765-2071.

# The art of telling stories in school

By Katherine McCarthy

A very special event took place recently at the Selkirk home of professional storyteller Dee Ellen Lee, when the first two students of her storytelling school performed before a group of friends and relatives.

Ten-year-old Albany resident Emily Harrison, who attends Robert C. Parker School, told "Grandfather Twilight" by Barbara Berger, and Elsmere Elementary School third-grader Emma Loy-Santelli told her own story, "Hammy and Fishy."

"I don't really like audiences," said Harrison, who came to Lee to improve her speaking abilities. "This helped me be more confident. I feel more comfortable now."

Loy-Santelli said Sunday's performance was "great, but I was nervous at the beginning." She added that she did a lot of exercises with Lee, and liked making up her own stories.

"I am completely proud of both of them and the confidence they've shown," said Lee, who has been a professional storyteller since 1984. "I get up and entertain all the time with no problem, but at their age, I was not that comfortable in front of a group. It can be very intimidating."

Lee, who frequently gives storytelling workshops at local schools, said what she offers is beneficial and unique to children. "Kids do music and drama, but to have one-on-one private tutoring and storytelling is a good thing. I thoroughly enjoyed it."

Lee said she worked on projection and expression with her private students, who selected the stories they wanted to tell. "They lie on the floor with books on their stomachs to learn to speak properly," Lee said. "We said a lot of nonsense words, but with different emotions. We also talked about characterization in terms of get-



Dee Ellen Lee, center, hugs her storytelling students, Emma Loy-Santelli, left, and Emily Harrison.

Katherine McCarthy

ting them to understand what kinds of characters there were in their stories."

To illustrate the importance of inflection in storytelling, Lee first recited a nursery rhyme in a monotone and then in a more entertaining way. "We integrated all those exercises into a fun hour," Lee said.

To reinforce the idea of storytelling as something we do all the time, Lee started each session by having the students talk about what had gone on the week before. "Storytelling is just talking about things in an interesting way," Lee said.

To get better acquainted with their subject material, Lee sometimes asked her students to act out their stories without any words, and later had them draw pictures to get a strong visual image. "I

stressed that they didn't have to memorize their stories, although that's what Emma did. It's fine that way, too, and each girl told her story in a different style."

Lee feels that the biggest gift she offers students is the ability to feel comfortable with an important skill.

"Kids will have to give some sort of presentation while they're in school," Lee said. "If they can get comfortable doing that in elementary school, then they can sail right through."

In addition to her storytelling school this summer, Lee made pre-

sentations at local libraries and summer camps. She has also given workshops for adults through the Rensselaer County Council for the Arts (RCCA), Shenendehowa school district and the Teachers Center. On Oct. 10, she will present a one-day introduction to storytelling for children and adults through RCCA. "I'm really looking forward to doing this for adults," she said.

Last Saturday, she performed at a squash festival in Schaghticoke, and she will be telling stories at the Honest Weight Food Co-Op's Harvest Festival on Sept. 27 in Albany.

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## Matters of Opinion

### Signs of the season

Thankfully, in this part of the country fall is a nice temperate buffer tucked between summer and winter. Autumn draws visitors here for the splendid foliage in the Adirondacks and the Catskills. In addition harvest festivals and church bazaars give us an opportunity to sample wonderful homemade foods that go hand in hand with the season.

Most kids enjoy an outing to nearby orchards such as Indian Ladder Farms because they can pick apples right off the tree.

Fall is also a great time at Five Rivers. Guided walks help us understand what goes on in nature as the seasons change, reflecting the changing cycles of life itself.

Fall is also the time that many community groups resume their regular meeting schedules and adopt new projects. Most groups more than welcome new members, so it's a good time for newcomers in the community to get involved.

One of these community organizations — Welcome Wagon — is celebrating its 70th birthday this year. This group is a great starting point for those new to the community. If you are new, don't be shy. Get in touch with Marge Thurlow, longtime Welcome Wagon representative and she'll be happy to help you get in touch with new people, local businesses and other organizations.

### Cause for concern

Three Delmar ovarian cancer survivors and a Delmar oncology nurse are on their way to Washington, D.C. this week to participate in a March designed to raise awareness about a disease that still has the upper hand over its victims.

Ovarian cancer is a silent killer that is usually detected only when it is in an advanced stage, making it harder to treat and control. Most women who are stricken by ovarian cancer suffer recurrences because the disease was diagnosed when it was already at an advanced stage. Only 20 percent of women who are diagnosed with ovarian cancer have a chance of surviving five years or more. It is an ugly scenario, but the three Delmar survivors are committed to a fight to help others become better informed and to drum up more money for ovarian cancer research.

The survivors, Marie Kotasek, Linda Kwong and Debbie Cullinan, and their nurse, Ann Purchase, are true pioneers. In spite of the survivors misdiagnoses, harsh medical treatments and recurrences, they are thinking of other women, who in the future may be spared some of the agony of their experience.

We applaud their effort and are confident their commitment will make a difference.

### Spruce up time

Hunkering down for the winter in the Northeast is serious business. Checking out and cleaning heating systems and all the other preparations, such as tuning up the snowblower, are routine for anyone who's lived here for at least one winter season.

Sometimes, a little sprucing up on the inside of your home is a good way to prepare for the long days and nights ahead.

In this week's Home Improvement Supplement, there are some ideas that could help make having to stay inside so much of the time more pleasant. And the price tag needn't be exorbitant. Think about reupholstering that tired chair or sofa to brighten up a room. Or brighten up the room itself with an fresh coat of paint or some snappy new wallpaper. Think of projects like this as a kind of 'cabin fever insurance.'

If you are considering more ambitious projects, remember to keep our advertisers in mind. These are local business people who do business locally.

## Editorials

## Just say 'no' to Ritalin

By Glenn Yelich

The writer is a school psychologist.

As another school year starts, the acronyms ADHD and ADD, Attention Deficit Hyperactivity Disorder and Attention Deficit Disorder, will be used to describe and explain the behavior of ever-increasing numbers of children.

The "epidemic" of ADHD/ADD ought to give pause for reflection. This opinion piece will examine the processes by which the diagnosis and pharmacological treatment of ADHD/ADD has been constructed, such that any critical consideration of these topics is now viewed as being radical and/or ill-informed.

How is a child identified as being ADHD/ADD? Despite the portrayal of these behaviors as a biomedical condition by the American Academy of Pediatrics and the American Psychiatric Association, there have never been any consistently demonstrated differences in either structural or neurochemical functioning between ADHD/ADD diagnosed individuals and those without such a diagnosis.

This lack of objective data is conveyed in the following quotation from the *Merck Manual of Medical Information—Home Edition* (1997): "The diagnosis is based on the number, frequency and severity of symptoms. Often, diagnosis is difficult because it depends on the judgment of the observer. In addition, many symptoms are not unique to children with attention deficit disorder; a child without the disorder may have one or more of the symptoms."

Hence, the diagnosis of ADHD/ADD can only be made by making judgments about the frequency and intensity of behaviors. In essence, the diagnostic process is

### Point of View

representative of circular reasoning — the diagnosis of the disorder is based on the child's behavior, the very behavior which supposedly constitutes the disorder.

While this diagnostic process is guided in the United States by the *Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition* (DSM-IV), most of the rest of the world uses the *International Classification of Diseases—Tenth Edition* (ICD-10). While the ICD-10 allows for the diagnosis of hyperkinetic disorder, it also takes into account cultural factors which impact the behavior of children, factors which appear to explain the widely variable rates of the ADHD/ADD diagnosis in different cultures. The prevalence rate in the United States is conservatively about 5 percent, in the United Kingdom, it is approximately .1 percent, and it is even more rarely diagnosed in such cultures as China and Japan.

Relative to diagnosis, why does the prevalence rate of ADHD/ADD vary so widely within the United States depending on gender (many more boys than girls), family constellation (intact vs. single parent) and socio-economic status?

The primary drug utilized for the treatment of ADD/ADHD is methylphenidate, with the brand name Ritalin. This psychostimulant was placed on the Schedule II of controlled substances in 1971, along with drugs such as morphine, opium and barbiturates.

The United States uses approximately 90 percent of the world's methylphenidate. In 1995, the International Narcotics Control Board made critical mention that "10 to 12 percent of American males between the ages of 6 and 14 have been diagnosed as having ADD and are being treated with methylphenidate."

The rate of production and sub-

sequent use of this controlled substance has increased 500 percent since 1990. More than 8 million children in the United States will be medicated by 2000.

The manufacturer of Ritalin, Ciba-Geigy, has attempted to influence the federal government agency responsible for establishing production quotas, the Food and Drug Administration (FDA), by contributing more than \$800,000 to an advocacy group known as Children and Adults with Attention Deficit Disorders (CHADD). In turn, CHADD has petitioned Congress and the FDA to increase production quotas for Ritalin.

While various convoluted explanations have been put forward regarding the processes by which methylphenidate impacts behavior, it is acknowledged that the effects of methylphenidate are not specific to ADHD/ADD diagnosed individuals, and the effects of the drug are temporal and do not translate into either improved learning outcomes or long-term behavioral control. Indeed, with cessation of medication, the behaviors which prompted the decision to use the psychostimulant in the first place almost invariably return.

The claim that the administration of Ritalin, as part of a multimodal treatment approach, improves learning and behavior is unsupported by the research.

With regard to the process by which methylphenidate results in seemingly improved short-term behavioral control, the following quotation from the *Physicians Desk Reference* (1998) is cogent: "The mode of action in man is not completely understood, but Ritalin presumably activates the brain stem arousal systems and cortex to produce its stimulant effect. There is neither specific evidence which clearly establishes the mechanism whereby Ritalin produces its mental and behavioral effects in children, nor conclusive evidence regarding how these effects relate to the condition of the central nervous system."

The effects of Ritalin were de-

## THE SPOTLIGHT

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## Your Opinion Matters

scribed by the International Narcotics Control Board (INCB) in 1996 as follows: "Methylphenidate's pharmacological effects are essentially the same as those of amphetamine and methamphetamine. The abuse of methylphenidate can lead to tolerance and severe psychological dependence. Psychotic episodes, violent and bizarre behavior have been reported."

Abuse, theft and misuse by inhaling or injecting of methylphenidate are increasingly common and resulted in the drug's manufacturer sending out informational pamphlets warning of such abuse to more than 200,000 doctors and pharmacists in 1996.

The INCB also reported that the number of emergency room visits for methylphenidate-related events for children between the ages of 10 and 14 had increased more than 10 times between 1990 and 1995, to a level consistent with cocaine-related mentions for children of that age.

In 1994, 10 percent of high school seniors admitted abusing amphetamines, with 16 percent of this abuse comprised of methylphenidate (indeed, the thefts/attempted thefts of methylphenidate from a South Colonie school were recently reported.)

A final matter to be considered in the decision to utilize Ritalin is that of possible negative side effects. The PDR notes, "Sufficient data on the safety and efficacy of long-term use of Ritalin in children are not yet available." However, commonly noted side effects include sleep disturbance, insomnia, nervousness, appetite suppression/

anorexia, depression/sadness, headaches, stomach aches/nausea, high blood pressure, dizziness, growth suppression, hypersensitivity, palpitations, arrhythmia and tachycardia. Less common side effects are hair loss, skin disorders, blood disorders, liver impairment, movement disorders and convulsions.

The FDA recently requested that a warning be included in the labeling for Ritalin, and that doctors be informed of a positive finding for possible carcinogenic effects as well as an increase in non-cancerous liver tumors.

In summary, it is ironic that, as our society promotes programs such as DARE and slogans like "Just Say No," we are increasingly using very powerful and potentially dangerous drugs to control the behavior of more and more children.

While the use of these drugs is cloaked in pseudo-medical rhetoric, when one critically examines the evidence to justify this rapid increase in use, it is found to be seriously wanting. Hopefully, parents and educational professionals will begin to examine this issue with an awareness that they are the ones who have the greatest opportunity and responsibility to positively affect the behavior of children.

*In Elsmere  
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Grand Union, Bob's Produce,  
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## Schools should adopt pesticide plan

Editor, The Spotlight:

As young children return to school this fall to learn, I too am learning more about the harmful effects of pesticides on growing bodies and brains.

Here's what I already know. According to information obtained by Bethlehem Pesticide Watch, a local citizens watchdog group, Bethlehem Central School District has used such toxic products as: Catalyst, Tempo 20WP, Ficam and Dursban to control ants, bees, termites and other insects. When these chemicals dry to dust, they become airborne. Ficam attacks the nervous system, and oral poisonings can be lethal. Dursban, a known neurotoxin, inhibits an enzyme critical to nerve transmission and is also associated with birth defects, genetic damage and immune system abnormalities.

The effects of cumulative exposure on our most valuable citizens, our kids, are not known, so caution is critical.

However, children are involuntarily exposed to such chemicals because parents and even school officials are unaware of when pesticide applications take place, what is being used and the potential health impacts.

For example, in July, many gallons of Roundup were applied at Elsmere school fields, apparently without the knowledge of the school principal or the district's director of health and safety. Although precautions are taken not

to spray while the kids are there, these chemicals linger and exposure pathways may exist long after the application. Roundup can linger for up to three years.

Part of the problem is that there is no written plan guiding the use of pesticides in Bethlehem schools. A private pest control company decides what pesticides to use whenever problems are found in the schools. We do not have a written policy that the public could review, so it's difficult to determine if the contractor is committed to limited toxic chemical applications, only after more benign remedies have been tried.

Integrated Pest Management (IPM) is a process that first uses non-toxic methods including physical, mechanical, cultural, biological and educational tactics and only as a last resort uses toxic products to control pests.

Citizens should know that Sen. Neil Breslin has sponsored legislation to remedy some of these concerns. Senate bill 7723 would require schools to develop an IPM policy subject to public review and approval by the school board.

Parents would be notified 48 hours in advance of any pesticide application, including the specific location, product information and any precautionary measures that parents of chemically sensitive or asthmatic children should know. A similar state law was just enacted in Maryland.

Merely seeing state legislation

in print should prod us to revisit the almost routine and unquestioning use of toxic chemicals in school settings. But let's not wait for a state mandate; the stakes are too high. Bethlehem school district, on its own, could develop a local policy to phase out toxic pesticides altogether.

A pesticide sunset plan for schools would be consistent with the town's likely adoption of a similar ordinance for town parks, buildings and roadways. This would not affect the use of such chemicals on public property.

A phase-out of toxic pesticide use would employ a wide range of pest prevention and control strategies. So, cooperation from everyone is essential. This means that the superintendent, school board, principals, teachers, students and parents must all be involved.

An important but easy first step would be to attend the public forum on pesticide use in schools on Oct. 1 at 7 p.m. at the town library. Speakers will discuss the extent of pesticides used in schools, their impact on children's health and how parents can mobilize schools to employ benign pest control alternatives.

As Pogo said, "We have met the enemy and he is us." I say, "We've met the solution and it is us."

*Carole Nemore  
Delmar*

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## Your Opinion Matters

## Resident shocked by use of Roundup

Editor, The Spotlight:

As a parent of two children in the Bethlehem school district, I feel compelled to express my shock at hearing about the July 29 spraying of 80 gallons of Roundup, a powerful weed killer, on a 440-foot area near the playing field at Elsmere Elementary School.

Roundup contains several poisons that can cause eye and skin irritation, nausea, dizziness, headache, diarrhea, blurred vision, fever and weakness. It may also contain contaminants and produce by-products, such as formaldehyde, that have been known to cause cancer. It has no specific antidote.

The spraying was conducted legally by Chemlawn at the request of school officials. The school had apparently presumed that no children would be exposed because the Roundup was applied in mid-summer when the school was closed.

However, in sandy soils such as we have in Bethlehem, Roundup remains active, potentially affecting children playing in the area for months after application.

Our children deserve poison-free schools. What can we as parents do to make this happen? The first step is to learn more about viable alternatives. Bethlehem Pesticide

Watch is sponsoring a forum on pesticide use in schools on Thursday, Oct. 1, at 7 p.m. in Bethlehem Public Library.

I urge everyone to attend.

Caleb Wistar

Delmar

## Fax it to us

Why not fax your letters to *The Spotlight* at 439-0609? Remember, all letters must carry the writer's signature, address and phone number.

## BCHS senior praises fellows for great 1st day

Editor, The Spotlight:

Freshman orientation, a day set aside to help incoming freshman deal with the transition to the high school, was a big success at Bethlehem Central High School this year.

As in other years, seniors who wanted to volunteer their time on the day before classes, could come in at 7:15 a.m. and spend the day helping freshmen. Senior "buddies" were assigned an incoming freshman and would walk that student through their classes, answer any questions, and provide a helping hand overall. Some seniors even gave out their phone numbers in case anyone had a question or needed help.

This year was special because of the spirit the seniors showed. The response to be a senior buddy was so overwhelming, many seniors could not be assigned an incoming freshman.

This did not stop many students however, as they still came in that day wearing school colors (as did the majority of the senior class)

and were assigned tasks from giving tours of the school to being a helping hand in the halls.

At the end of the day, there was an event in the cafeteria for the seniors and freshmen to meet new people and catch up on the summer. Live ska and reggae music was provided by my band, Mr. Jimenez, and ice cream was served up by the seniors.

There was nothing but positive and supportive energy between the senior and freshmen class members. My band was excited about playing and rehearsed all summer just for this event. It was all worth it.

I commend BCBS for having this day available for students. Also special notice should be given to the student senate president, Cullen Blake, and everyone who helped make this such a great first day of school.

Mike Leczinsky

BCBS senior



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### The pros know

The next time you watch a hockey, football or basketball game look closely to see how many players are wearing mouthguards. Almost everyone playing should and will use a mouthguard. Professional athletes are aware of the risks that exist within their sports. It is possible that an accident may result in the loss of several teeth. One could incur many expenses to repair whatever damage is done.

If you participate in sports, you should not take the risk of having your teeth injured. Good, inexpensive mouthguards are available in many sporting good stores, and in some pharmacies. A better mouthguard may be available at your dentist office. This mouthguard only takes about 40 minutes to make, and

is better because it is vacuum formed to a plaster cast of your teeth. Thus, due to the accuracy of the mouthpiece, it will "stay put" better than the over-the-counter hot water molded type of appliance.

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## Concert to feature American originals

The library celebrates the 100th birthday of George Gershwin on Sunday, Sept. 27, at 2 p.m. with a recital of "American Originals" — songs by Gershwin and his compatriots Leonard Bernstein, Aaron Copland and Charles Ives — performed by soprano Anne Turner and pianist Richard Hihn.



Turner and Hihn, both artists in residence at Skidmore College in Saratoga Springs, will also talk about what makes these composers so quintessentially American.

Turner teaches voice, directs the Opera Workshop at Skidmore, and teaches students from high schools throughout the Capital District. Her performance experience encompasses opera, operetta, artsong, chamber works and 20th century music.

She has given recitals at New York City's Weill Recital Hall, the National Gallery of Art in Washington, D.C., and appeared as soloist with the Albany Symphony, the Boston Symphony and the New York City Ballet and Orchestra at Saratoga Performing Arts Center.

Hihn has taught piano at Skidmore for 15 years. He maintains a strong interest in 20th century music, particularly the work of Crumb, Messiaen, Ives, Schoenberg and Bartok. He has performed chamber music and solo works in recitals and on radio. His current project is a recording of Ives' Sonata No. 2.

The recital is free and open to the public.

### Book discussion

Daughters and their moms are invited to share their thoughts on Lois Lowry's *Number the Stars* on Monday, Sept. 28, at 7 p.m. This award-winning novel, told from the point of view of a 10-year-old girl, authentically portrays the shuttling of Jews out of Nazi-occupied Denmark during World War II.



Anne Turner

Copies of the book are available now at the youth services desk. The program is designed for girls in grades four and up and their mothers. New members are always welcome. Refreshments will be served.

Call the youth services desk at 439-9314 to register.

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## Onesquethaw church plans roast beef family style supper

Onesquethaw Reformed Church on Tarrytown Road in Feura Bush will serve its family-style fall supper on Saturday, Sept. 26, with seatings at 4:30, 5:30 and 6:30 p.m.

The menu includes roast beef, mashed potatoes and gravy, mixed

vegetables, fall salad, rolls with butter, assorted homemade cakes and coffee, tea or milk.

Suppers cost \$8.50 for adults, \$4 for children ages 5 to 12 and \$2 for children under 5.

For reservations, call 768-2213.

## Parks programs announced

Bethlehem Parks & Recreation Department will feature several new program this fall.

KinderARTgarten, for kindergartners, features a series of art projects.

A recreational basketball program for women over 40 will include games and basic skills instruction.

IntervalStep & Sculpt for adults combines aerobics and weight training. Hydro Slumber is a water exercise class for adults that's of-

fered late in the evening.

To register, call 439-4131 or visit the park office in Elm Avenue Park. You must live in the town of Bethlehem or the Bethlehem Central School District to participate.

## Planning board reschedules meeting

The Bethlehem planning board has rescheduled its next meeting to Monday, Sept. 28, at 7:30 p.m. at town hall at 445 Delaware Ave. in Delmar.



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# Methodist church gearing up for Harvest Bazaar

First United Methodist Church of Voorheesville's annual Harvest Bazaar is set for Saturday, Sept. 26, from 9 a.m. to 3 p.m. at the church on Maple Avenue.

The bazaar features a thrift shop, craft vendors, children's games and activities, food, produce, plants and books.

There will also be a silent auction of donated items.

Takeout turkey dinners with all the trimmings, made by SuperValu chefs, will be available from 4 to 7 p.m. Dinners cost \$6.50 per person.

Chicken-finger kids meals will also be served for \$3 each.

For information, call the church at 765-2895.

## NEWS NOTES

**Voorheesville**  
Elizabeth  
Conniff-Dineen  
765-2813



### Parents Night set for second- and third-grade

Parents Night for second- and third-grade is Monday, Sept. 28. The evening starts with a general session for second-grade parents at 6:30 p.m. in the large gymnasium at the elementary school. The general presentation for third-grade parents is at 7:05 p.m.

Parents then proceed to their child's classroom.

Open house for the music, physical education and art programs, and library and resource room is from 7 to 8:30 p.m.

The junior high will hold open house for seventh- and eighth-grade on Thursday, Sept. 24, at 7 p.m.

Refreshments will be served, and the PTA will sell Entertainment Books at all open houses. The Ultimate Book is \$40 and the Value Book is \$20.

### Schools to close for holiday

Voorheesville schools will be closed Wednesday, Sept. 30, for Yom Kippur.

### Legion post to serve pot roast dinner

American Legion Post 1493 on Voorheesville Avenue will serve a pot roast dinner on Sunday, Sept. 27.

Dinners cost \$7.50 each and include pot roast, mashed potatoes, a vegetable and dessert.

Reservations are required. For information and reservations, call 765-4712 after 3 p.m.

### Thacher Park to host concert at overlook

John Boyd Thacher State Park will host an acoustic afternoon with folk musician Mark Tommasone

on Sunday, Sept. 27, from 2 to 5 p.m. at the park overlook.

Refreshments will be available. For information, call 872-1237.

### Extension offers gardening series

Cornell Cooperative Extension of Albany County will sponsor a free fall gardening series Wednesdays at 7 p.m. in October.

The schedule is as follows: Oct. 7, Perennials; Oct. 14, Gardening throughout the Year; Oct. 21, Turfgrass Tips; and Oct. 26, Ways to Propagate Plants in Propagating Frames and Cold Frames.

Classes will be held at the Rice Center on Martin Road, off Route 85A.

Registration is required. For information or to register, call the agriculture office at 765-3500.

### Bonsai society to present show

The Mohawk Hudson Bonsai Society will present its 30th anniversary bonsai show on Saturday and Sunday, Sept. 26 and 27, from 11 a.m. to 5 p.m. at Cornell Cooperative Extension on Martin Road.

A masterpiece bonsai display, continuous demonstrations, educational displays, Dr. Bonsai's help table, a video presentation for beginners, an historical exhibit, sales area and refreshments will be in-

cluded in the show.

Admission is \$2 for adults and free for children under 12. For information, call 882-1039.

### Irish 2000 fest set at fairgrounds

Albany Hibernians will sponsor an Irish 2000 Festival Saturday, Sept. 26, from 10 a.m. to 11 p.m. at the Altamont fairgrounds.

More than 25 acts will perform folk and rock music. The line-up features Black 47, Seven Nations, Gael Storm, Sean Keane, Hair of the Dog and The McKrells.

Tickets are \$10 at the door.

### Swim lessons start Sept. 26

Learn to swim classes with Helderberg Aquatics start on Saturday, Sept. 26, at the high school. The first session runs through Oct. 21.





Session two is planned for Jan. 23 to March 27, and session three is from May 1 to June 26.

For information, call Tam Sayer at 765-5015.

### PTA selling gift wrap

The PTA's gift wrap sale has started. Children recently brought home Sally Foster brochures.

The products are very high quality. Stock up for the holidays and support the PTA at the same time.

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## Rockin'



Rachel Havill, 1, and her sister Nicole, 3, enjoy the recent concert at Elm Avenue Park to benefit Slingerlands Nursery School. Elaine McLain

## Children's school to hold open house

Bethlehem Children's School will hold an open house on Saturday, Sept. 26, from 10 a.m. to 2 p.m. at its new site at 12 Fisher Blvd. in Slingerlands.

The school was established in 1995 to provide a supportive educational environment where children have the opportunity to learn according to their own style and development level.

It now has three multi-age classes with a total enrollment of 47 children.

For information, call 478-0224.

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# Nimblefingers quilt on display

With the purchase of a \$2 ticket, you will be eligible to become the owner of a handmade quilt donated by Nimblefingers for the annual fall raffle sponsored by the Friends of the Library. The beautiful quilt is on display, and tickets can be

welcome. Share your interests with others and learn in return. Help is offered for beginners in embroidery, knitting and quilting.

The group also meets for lunch dates and a holiday party. If you are interested but transportation is a problem, call the library at 765-2791 to see if a ride can be arranged.

Effective, nontoxic solutions to today's health challenges will be explored by Donn Wiedershine tonight, Sept. 23. Anyone who would like to feel better than they do right now is invited to this natural health seminar at 7 p.m.

Wiedershine will discuss Maharishi Ayur-Veda, an innovative combination of holistic and conventional modern medicine. Refreshments will be served courtesy of Friends of the Library.

Margaret Adkins and Freddy

Mc Curdy have volunteered to share the joys and responsibilities of library hospitality this season. If you can help with refreshments for programs, leave your name and telephone number at the library.

Suzanne Fisher will lead the discussion of Charles Frasier's 1997 National Book Award winner *Cold Mountain* on Oct. 7. Stop by to register and pick up a copy of the book.

Juniors and seniors are reminded to sign up for a free 90-minute session by the Princeton Review on improving SAT scores. The session is scheduled on Monday, Sept. 28, at 7 p.m.

The Every Other Thursday Night Poets meet on Sept. 24. There will be no story hour on Sept. 30.

Barbara Vink

**Voorheesville Public Library**

purchased now at the library for the Oct. 30 drawing.

Nimblefingers meets every Tuesday from 1 to 3 p.m. in the community room. Quilters, crafters and needleworkers are invited to bring their projects and join the group for an afternoon of working and chatting together.

There's no discrimination here, and men as well as women are

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- ★ Beekeeping
- ★ Maple syrup demonstration
- ★ Cloggers
- ★ Fiddlers and square dancing
- ★ Historical and cultural exhibits
- ★ Smokey the Bear
- ★ Clowns and Mr. Twisty (The Balloon King)
- ★ Crafts
- ★ Roving Bag Pipers
- ★ Hay wagon rides through out town
- ★ The Great Catskill Mountain Quilt Show at Ski Windham

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# Onesquethaw church to dish up supper

Onesquethaw Reformed Church on Tarrytown Road in Feura Bush will hold its fall supper and bake sale on Saturday, Sept. 26, with servings at 4:30, 5:30 and 6:30 p.m.

The menu will include roast beef, mashed potatoes, gravy, mixed vegetables, fall salad, rolls and beverages. Homemade cakes will be available for dessert.

For reservations, call 768-2213.

## FHA/HERO to hold spirit night at middle school

FHA/HERO will hold a "Catch the Spirit" night on Friday, Sept. 25, from 5 to 8 p.m. at the middle school. RCS students are invited to attend.

## Honor society plans flower sale and car wash

RCS Senior High School's Na-

## NEWS NOTES

**Selkirk**  
**South Bethlehem**  
Linda Marshall  
756-3520



tional Honor Society will conduct a flower sale on Friday, Sept. 25, and a car wash on Saturday, Sept. 26, from 9 a.m. to 2 p.m. at the high school.

The rain date for the car wash is Sept. 27. Proceeds from both activities will benefit RCS National Honor Society activities.

## Schools to close Sept. 30

There will be no school in the RCS district on Wednesday, Sept. 30. A superintendent's conference day has been scheduled for that date.

## RCS Youth Travel Soccer schedules sign-ups

RCS Youth Travel Soccer will hold sign-ups for players between the ages of 8 and 17 on Saturday, Sept. 26, from 9 a.m. to noon at the middle school soccer fields.

For information, call Gerri Roth at 756-8585 or Linda Lehmann at 767-2851.

## Wall hangings on display at historical society

The Little Red Schoolhouse Historical Society in Coeymans Hollow has been hosting an exhibit of wall hangings. The last day for the display is Sunday, Sept. 27, from 1 to 4 p.m.

Admission is free.

## Historical association planning trip

Bethlehem Historical Association is sponsoring a bus trip to Locust Grove, the estate of Samuel F.B. Morse in Poughkeepsie.

The trip also includes lunch at the Brass Anchor restaurant on the Hudson River and a tour of the Fred J. Johnston House and Museum.

The Johnston House was built in 1812 and was home to a renowned antique collector and dealer.

The trip will leave the museum at Cedar Hill on Thursday, Oct. 22, at 8 a.m. and return at about 5 p.m. The cost will be approximately \$60 per person. Reservations and payment are due by Oct. 9.

For information, call Bill LaMed at 767-9057.

## Dance lessons offered at K of C

Country dancing lessons are held on Thursdays evenings at the Knights of Columbus Hall.

Beginner lessons are from 7 to 8 p.m. and intermediate classes run from 8 to 9:30 p.m.

For information, call Danci Nanci 432-5709.

## RCS library selling Entertainment Books

RCS Community Library is selling Entertainment Books to raise funds to build additional shelving.

The library now has Internet access at two of its work stations.

## Boehm's Apple Barn open for season

Boehm's Apple Barn on Route 143 west of Ravena is open for the season Wednesday through Sunday from 10 a.m. to 6 p.m.

The barn has peaches, plums, pears and native sweet corn in addition to apples. Cider donuts and pies are available only on weekends.

For information, call 756-6044.

## Historical group meets at village hall

The Ravena Area Historical Society now meets the second Wednesday of the month at 7 p.m. at Ravena village hall on Mountain Road.

The group's next meeting is set for Oct. 14.

## Five Rivers offers fall foliage walk

Five Rivers Environmental Education Center on Game Farm Road in Delmar will offer a guided fall foliage walk on Saturday, Oct. 10, at 2 p.m.

The program is free of charge. Participants should dress for the outdoors. For information, call 475-0291.

## Mother/daughter book club to meet

Daughters and their mothers are invited to share their thoughts about Lois Lowry's *Number the Stars* on Monday, Sept. 28, at 7 p.m. at Bethlehem Public Library in Delmar.

The award-winning novel, told from the point of view of a 10-year-old girl, authentically portrays the shuttling of Jews out of Nazi-occupied Denmark. Copies are available at the youth services desk.

The program is for girls in grades-four and up and their mothers. New members are always welcome. Refreshments will be served. For information, call 439-9314.

## Delmar library plans Saturday Storybreaks

Bethlehem Public Library's youth services department continues its series of Saturday morning story times to accommodate children of working parents.

Each session of Saturday Storybreak explores a theme through children's literature, media and hands-on projects.

Sessions are scheduled for 10:30 a.m. on Sept. 26, Oct. 10 and 24 and Nov. 7 and 28.

Saturday Storybreak is appropriate for children ages 3 to 6. Parents must attend with their children. To register for one or more sessions, call 439-9314.

## Extension offers gardening series

Cornell Cooperative Extension of Albany County will sponsor a free fall gardening series on Wednesdays in October at 7 p.m. at the Rice Center on Martin Road in Voorheesville.

The schedule is as follows: Oct. 7, Perennials; Oct. 14, Gardening throughout the Year; Oct. 21, Turfgrass Tips; and Oct. 26, Ways to Propagate Plants in Propagating Frames and Cold Frames.

Preregistration is required by calling the agriculture office at 765-3500.

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- The Big River Band
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Cancer

(From Page 1)

their local support group, Caring Together. "She's our survival facilitator extraordinaire," Cullinan said of Purchase.

A stage three level cancer usually means the disease is at an advanced stage. When it is discovered at that level, it jeopardizes the victim's ability to recover.

Compounding the problem is the chance of misdiagnosis, which frequently occurs, Purchase said.

"The survival rate is about 43 to 45 percent," said Kwong, who was 34-years-old when she was first diagnosed. "I was very tired in the months beforehand, but I was lucky. I was in the hospital in four weeks time from first seeing the doctor."

All three cancer survivors stressed the importance of having an experienced oncologist/gynecologist to treat ovarian cancer.

"We kind of have to look after our own health. I still think there are a lot of misdiagnoses," Kotasek said.

"One of the main things is if you have the symptoms, you have to be persistent," as far as having the doctor check for ovarian cancer, Kotasek said. "I cannot stress enough that you have to be aggressive," Kotasek, who has had three recurrences of the cancer, said she was initially misdiagnosed.

There are no standard screening tests to detect ovarian cancer as there are for breast and cervical cancer. Purchase said one test, the CA-125 blood test can be administered, but it is not a routine procedure. Because ovarian cancer is a relatively rare form of the disease, it is often not targeted in an initial diagnosis.

"It's (ovarian cancer) so dangerous, we must educate people" to generate more money for research and raise awareness, Purchase said.

She said that one out of 55 women at any age will be stricken, and that most women are diagnosed when the chance of survival for five years is about 20 percent. In addition, a Pap smear is not an

BCUEA

(From Page 1)

effective method of detection.

Symptoms of ovarian cancer include: bloating, gas and a feeling of fullness; frequent or urgent urination, nausea, indigestion, constipation or diarrhea; menstrual disorders; pain during intercourse; or fatigue and backaches.

The women said they believe the March in Washington this weekend should help further their cause. A local vigil is scheduled for Friday, Sept. 25, at 7 p.m. at St. Teresa of Avila Church, 435 New Scotland Ave., Albany.

For information about Caring Together, call Lorraine Dennis at 462-0084 ext. 1012.

**Extension offers streamside program**

Cornell Cooperative Extension will host a video conference on Streamside Protection in New York State on Wednesday, Sept. 30, at the Cooperative Extension's Rice Center, 24 Martin Road, Voorheesville.

The day will begin with a training program on riparian buffer systems from 8:30 a.m. to 12:30 p.m. and will continue with the video conference, which runs from 1:30 to 3:30 p.m.

Riparian zones, or streambanks, are an important component in water quality protection and nonpoint source pollution control.

For information, call 765-3522.

the district's current offer," Loomis said. "The offer that we have on the table is fair and competitive in light of recent Capital area settlements for support personnel."

There has been growing dissatisfaction in the community concerning the lack of a support staff contract, Gill said. Bethlehem Central Community Organization (BCCO), the high school's parent-teacher group, invited BCUEA to its September meeting to present an update on negotiations.

At that meeting, BCCO voted to show its support of BCUEA in a newsletter that is sent to parents. "We will encourage parents to let their feelings be known either in letters to the editor or to the board of education," said Maureen Geis, co-president of BCCO. "I think that it is sad that the district has not been able to come to terms with this contract. It sends a message that they don't care and that no matter how hard you work, it is still not good enough. Here you have a group of people who are in contact with our children every day and they don't have a contract."

Geis and BCCO co-president Bill Cushing also belong to the President's Council. The group is comprised of presidents from various district organizations, such as Bethlehem associations for athletics, music and theater, PTA's, BCCO and Bethlehem Opportunities Unlimited (BOU). Cushing said that the President's Council

is concerned that negotiations between the school board and BCUEA haven't gone forward.

"We had reviewed a fact finders report by a state arbitration group in the summer of 1997. There seemed to be a lot of compromise by everyone. I was frustrated that after that work was done, the administration chose not to consider to findings," said Cushing. "We feel that there is a lack of meaningful negotiations, with six to eight weeks going by with no meetings."

Marge Kanuk, High School Athletic Association president and member of the President's Council, said that the council endorses the efforts of the BCUEA. "There is no question about that," Kanuk said. "At our last meeting we went around the table and every single person voiced support. We are very concerned about (the lack of a contract). I find it incredible that it has gone on this long."

Kanuk added that the council is in the process of drafting a letter to the school board declaring its support of the BCUEA and asking the board to resolve the matter quickly. In the meantime, Gill said BCUEA will continue its outreach efforts.

The group plans to rent a portable sign that will be moved regularly to prominent locations. Gill

vows that the group will remain proactive. "The four issues that remain are based on principle and it would be regressive to give them back."

"We'd like to see this settled," said Loomis. "It's now a matter of BCUEA being realistic in their goals and equally committed to settling."

Local Bonsai society slates show in V'ville

The Mohawk Hudson Bonsai Society will present its 30th anniversary bonsai show on Saturday and Sunday, Sept. 26 and 27, from 11 a.m. to 5 p.m. at the Cornell Cooperative Extension's Rice Center on Martin Road in Voorheesville.

A masterpiece bonsai display, continuous demonstrations, educational displays, Dr. Bonsai's help table, a video presentation for beginners, an historical exhibit, sales area and refreshments will be included in the show.

Admission is \$2 for adults. Children under 12 will be admitted free of charge.

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# Sports

## Eagles fall hard on road against Plainsmen

By Len Tarricone

Traveling to the turf of the state's second-ranked Class AA team to be the opponent for their home opener is not the coziest of spots for a young high school football team.

Unfortunately for the Bethlehem Central High School Eagles, that is exactly the place they found themselves Sept. 18 and, while they gave a good account of

themselves early on, they were worn down by the bigger and deeper Shenendehowa Plainsmen, 32-0, in Clifton Park.

"The first half was pretty even," said Bethlehem head coach John Sodergren. "One big offensive play and one big defensive play made the difference."

He referred to a 54-yard touchdown burst by Devon DeLuke on Shenendehowa's first series, and

an 81-yard score by free safety William Lynch after recovering a fumble by fullback Eamon McNiff.

**The first half was pretty even. One big offensive play and one big defensive play made the difference.**

John Sodergren

Because Bethlehem senior line-backer Vinnie Livreri blocked both extra point attempts, the lead was only 12-0 at the half, and could have been less. The Eagles put together a sustained drive of 16 plays to march deep into Shenendehowa territory, but after a sack on third down, they had to settle for a 35-yard field goal attempt, which came up short.

"We wanted to try to mix things up a little bit on them offensively to keep them off balance," said Sodergren. "We were passing on running downs, and (quarterback) Pat Hughes hit some key passes to keep that drive going."

That success, while encouraging, was short-lived, and gave way to the size and talent of the hosts.

After intermission, the Plainsmen came out and employed their formidable ground attack to break the game open, with DeLuke run-

ning for two more touchdowns and backup fullback Jeremy Durivage adding another.

Shenendehowa, fresh off a win over highly regarded Tottenville at the Carrier Dome in Syracuse, amassed 343 yards on the ground against the Eagles in running its record to 3-0. The Plainsmen ran for 345 in their league opener against Shaker High School.

"Hopefully, to see a team play at that level will help us as the season goes on. We came to play and our effort was good, and everybody got a chance to play," Sodergren said.

Offensively for Bethlehem, Hughes hit on five of eight pass attempts for 33 yards and picked up another 49 yards on the ground, while tailback Dan Heenan chipped in with 45 more.

Of the Eagles' 157 yards of total offense, 124 came on the ground and Bethlehem gained 11 first downs against the Plainsmen's defense.

Defensively, Livreri added yet another blocked extra point in the second half and led the team in tackles for the third straight game.

The Eagles, 2-1, will not be seeing quite the same power next week, but Columbia High School, 1-2, boasts tailback Tyler Springer, who has rushed for 360 yards and six touchdowns in the Blue Devils' first three games.

Game time is 7:30 p.m.

## Blackbirds roll over Indians

By Len Tarricone

The Clayton A. Bouton High School Blackbirds took care of the business at hand and before next week's pivotal showdown with powerful rival Watervliet by pummeling the Indians of Coxsackie-Athens 51-6 Sept. 19.

The matchup with the Cannoneers will pit the two highest-ranked Section II teams in Class C in the state, with Watervliet ranked second and the Blackbirds 10th, and may decide the winner of the Capital Conference's Buckley Division.

"We feel we match up pretty well with them. Their strength is their offense and we have an excellent defense. I think we have the advantage on the line, and I think we're going to have some success running the ball," said Blackbird head coach Joe Sapienza.

Before that, however, the Blackbirds' first had to get past Coxsackie-Athens, who received honorable mention status in the state poll.

"We were very concerned going in. They have a big, strong line, and they play very physical football. This was a good team we beat," Sapienza said.

BLACKBIRDS/page 16

### Bethlehem Chamber Golf Classic

Monday, October 5th

Normanside Country Club, Delmar

The Bethlehem Chamber will sponsor its Annual Golf Outing and you are invited!

Cost is \$115 per person or \$425 when a foursome registers together.

This is a great opportunity for business networking in Bethlehem!

Includes: Lunch; a round of golf with cart; prizes; beverages on the course; and buffet dinner.

Call 439-0512 to register (Volunteers are also needed!)



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# Tomboys win Greenfield tourney



The Bethlehem Tomboys team that won the Greenfield Scholarship Tournament includes, from left (back row) Jen Marro, Lauren Reis, Julie Taylor, Kelly Fuchs, Kylie Conley, Liz Buckley, Keri Walsh, Lisa Morrissey, Aimee Gould, Katie Gould (front row) coach Kevin Klersy, coach Keith Becker, manager Chuck Herchenroder, coach Jim Walsh, Dana Herchenroder and Josie Klersy.

The Bethlehem Tomboys 14-and-under softball team won the Greenfield Scholarship Tournament held Aug. 14-16 in Greenfield, Mass.

## Pop Warner teams victorious

The Bethlehem Senior Midgents upped their record to 2-0 Sept. 19 with a 29-20 Pop Warner victory over the Colonie Packers.

Tah-Quan Jackson returned two punts for touchdowns and Anthony Livreñi and Terence Stanfield also scored touchdowns.

Darnell Douglas and Alfonso Hill scored the extra points and Shane Cassidy, Ryan Livingston, Jeremy Irving and James Wheeler made offensive contributions.

Irving led the defense with 14 solo tackles and got help from John Sterred, Steve Brunner, John Flagg, Sean Myrtle, Jorge Luis-Reyes, Kevin Allerdice, and Mark Gansky.

In Pee Wee action, Bethlehem's Falcons used a powerful ground game to defeat the New Scotland Jaguars, 21-0 Sept. 20. Running behind Ryan Murphy, Chris Marsh, and Ryan Miller, Matt McKenna scored twice and Shawn Bukowski once. Zach Patnode scored two extra points.

On the other side of the ball, Brenden Rhatigan and Sean Conway had big games, and Mike Wordelman and Willie Haass came up with turnovers.

In Junior Pee Wee action, David Sterret scored two touchdowns and Eddie Hotaling and Brian Hoeg added one apiece to lead Bethlehem past the Watervliet Cannoneers, 25-14. Offensive standouts included Mike Lansing, Eric McLeer, Kyle Dignum, Matt Johnson, and Justin Irving.

The defensive front of David Plummer, Chris Abriel, Bobby Reynolds, Patrick Gerisa, Ryan Paratore, and Dan Unright combined to muzzle the Cannoneers.

The tournament began inauspiciously for the Tomboys, as they lost their first game to the Wachusett Wildcats by a 4-2 score.

They came back to beat the Leominster Firecrackers 13-4 and the Lowell Psychos 8-0 to qualify for the single-elimination round.

They defeated the Tauton Raiders 6-1 and the Burlington Attitudes 4-3 and earned their revenge against the Wildcats with a 3-2 victory in the semifinal game.

The final against the Greenfield Stingers was called after five innings due to the mercy rule with the Tomboys leading 10-0.

Sixteen teams from seven states competed in the tournament.

Pitchers Lauren Reis and Josie Klersy combined for 25 strikeouts and only three walks allowed while throwing to catcher Dana Herchenroder.

Aimee Gould, Katie Gould, Keri Walsh, Lisa Morrissey, Kelly Fuchs, Julie Taylor, Liz Buckley, Jen Marro and Kylie Conley provided excellent defense.

Chuck Herchenroder was the manager and Jim Walsh, Kevin Klersy and Keith Becker served as coaches.

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## Youth hockey team seeks players

The Bethlehem Young Skaters Program is looking to fill its PeeWee and Bantam travel team rosters for the 1998-99 season. Mike Mullen, president of the Bethlehem Hockey Boosters, which runs the program, said that the teams are looking to carry 17 players each and are short a few spots at each level.

Children must have been born between July 1, 1985, and June 30, 1987, to be eligible for PeeWee and between July 1, 1983, and June 30, 1985, to be eligible for Bantam.

The teams have been practicing since early September, and will play a 35- to 40-game schedule that will begin in late October and run until mid-March, with games primarily on Saturdays and Sundays.

The teams will be competing against squads within a 100-mile radius of the Capital District, including some from Massachusetts and Vermont.

Practices and home games will be held at the Albany County Hockey Facility in Colonie and at the rink at Albany Academy. This is the second year of play for the PeeWee team, and the first for the Bantam unit. For information, call Mullen at 768-2909 or Jon Bartow at 439-5287.

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## Blackbirds

(From Page 14)

"Beat" is putting it a bit too mildly. The Indians' strong line was no match for **Eric Papandrea**, **Tyler King**, **Dave Ruby** and company, and the Blackbirds simply ran roughshod over their hosts.

**Pat St. Denis** and **Timmy Beadnell** alternated at tailback and each rushed for over 100 yards, the second straight game two Vooheersville backs have broken that barrier. Last week it was St. Denis and fullback **Tom Gregory**, who in this game powered his way for 75 yards.

This backfield trio combined for 322 rushing yards against Cox-sackie-Athens and combined with quarterback **Andy Corcione's** 102 passing yards to enable the Blackbirds to crack 400 yards in total offense.

St. Denis ran for two touchdowns, his seventh and eighth on

the young season, and Beadnell added three long ones, two of them defensive scores. His 65-yard scoring run in the third quarter was sandwiched between a 60-yard interception return and a 68-yard score off of a recovered fumble.

The defense was outstanding, as it has been all season, surrendering only 54 total yards of offense. After three games, Vooheersville has outscored its opposition by 138-13, but their visitors next week will come in with a 126-18 differential after a 46-0 thrashing of Chatham.

Something will have to give at Buckley Field.

"They have a new quarterback this year (**Tim Murphy**) and they run a West-Coast style offense, and now it is clicking really well," Sapienza assessed. "They put it up quite a bit, so we'll do a lot of work this week on our man coverage, closing on the ball with our defen-

sive backs. Up front, we're fine, and I think our front seven will do pretty well on containing the run. Offensively, we want to drive the ball the way we've been doing and keep it away from them."

As for his own quarterback, Sapienza said he was pleased with the way Corcione stood tall under pressure and delivered key passes to keep drives alive.

"They brought six men to the line to stop the run, so we had to prove that we could complete a pass to back them off, and Andy did that. Right now, if you're going to play Vooheersville, you have to be worried about our running game, but I don't think you can key on that alone."

He added that the rushing success against the Indians was aided by the line calls of right guard **Matt Dunbar**, who was able to tip the backs to react to the Cox-sackie's defensive fronts.

"This game was real good preparation for Watervliet. The score didn't tell the whole story; it was a hard, physical game and we had to work to get the job done. They do a lot of things offensively and defensively similar to Watervliet," Sapienza said.

The difference is they do not do them nearly as well. The real article is coming to town, and the Blackbirds will find out how prepared they really are.

Game time is 1:30p.m.

## Jones injured in RCS victory

By Len Tarricone

The Ravena-Coeymans-Selkirk Indians had many memorable moments in their game against Cohoes, scoring seven touchdowns in a 50-14 win, but it was a simple third-down draw play on their first series that lingered the longest on their sideline.

It was on that play that their sensational senior tailback, **Gary Jones**, injured his knee and left the game to be taken to the hospital by his father. According to his coach, **Gary VanDerzee**, subsequent examinations could not reveal the specific nature or severity of the injury.

He also said that the leg was immobilized and that Jones was released and walking on his own power.

Although VanDerzee had no idea as to what Jones' playing status might be, he did feel that it was not a season-ending injury and that the star runner's return was more a matter of "when" rather than "if."

"He's obviously a little down and depressed right now, but he'll bounce back," said VanDerzee.

Meanwhile, his teammates had the business of continuing with the game.

"They were a little bit stunned and shocked, but rallied around each other," said VanDerzee. "We talked at halftime how Gary's been our leader and how us for a couple of years, and now it's our

turn to stay in the race until he gets back."

In addition to the loss of Jones, who had rushed for 323 yards and scored five touchdowns in Ravena's first two games, the Indians were playing without three other offensive starters—fullback **Joe Costa**, receiver **Brad Palmer** and tackle **Lee Kittle**.

One player who was available, however, was senior quarterback **Minard Carkner**, and his performance was more than enough to carry Ravena.

In only his third varsity start, Carkner continued to wow his coaches and his fans, and dismantle the opposition, with his passing.

At the end of the day, his had completed 12 of 20 passes for 208 yards and five touchdowns to three different receivers.

He has tossed nine scoring passes in the past two games alone, and ten for the season, with no interceptions.

While the Indians passed for almost 50 more yards than they rushed, no one should get the idea that there will be a philosophy change while Jones is out.

"We're still a running ballclub," stated VanDerzee. "We've got weapons with Minard and the receivers, but our strength is still to run the ball."

□ JONES/page 18

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## Obituaries

### Katherine Williams

Katherine Grant Williams, 89, of Selkirk died Sunday, Sept. 20, at her home.

Mrs. Williams was a longtime resident of Selkirk.

She was a member of Sunshine Senior Citizens, a 75-year member of the Bethlehem Grange, a charter member of the Bethlehem Historical Society and a member of Selkirk Fire Department auxiliaries No. 1, 2 and 3. She was also a member of First Reformed Church of Bethlehem, Bethlehem Volunteer Ambulance and a former member of Sunny Acres Thunderhead Bowling League.

She was the widow of Harold L. Williams.

Survivors include a daughter, Jeanette Mortensen; a son, Harold L. Williams of Gunderland; five grandchildren; and three great-grandchildren.

Services are scheduled for 10 a.m. today, Sept. 23, at the First Reformed Church.

Burial will be in Elmwood Cemetery, in Selkirk.

Arrangements are by the Applebee Funeral Home in Delmar.

Contributions may be made to Bethlehem Volunteer Ambulance Service, 1121 Route 9W, Selkirk 12158, Community Hospice of Albany County, 315 S. Manning Blvd., Albany 12208 or First Reformed Church of Bethlehem, Church Road, Selkirk 12158.

### Mary Hedderman

Mary "Mae" Kennedy Hedderman of Delmar died Monday, Sept. 14, at Community Hospice of Albany County at St. Peter's Hospital.

Born in Albany, she as a longtime resident of Delmar.

She was the widow of John F. Hedderman.

Survivors include three nephews, Michael Kennedy of Olympia, Wash., Terrence Kennedy of Delmar and Arthur Ruston of Liverpool, Onondaga County; and two nieces, Maureen Tiernan of Niskayuna and Colleen Campbell of Liverpool.

Services were from the McVeigh Funeral Home and Blessed Sacrament Church, both in Albany.

Burial was in St. Agnes Cemetery in Menands.

Contributions may be made to Blessed Sacrament Building Fund, 607 Central Ave., Albany 12206 or Ronald McDonald House, 139 S. Lake Ave., Albany 12208.

### Felicia Ricciardi

Felicia Chiffolo Ricciardi, 89, of Ossining, Westchester County, and formerly of Delmar, died Tuesday, Sept. 8.

She was the widow of Louis Ricciardi.

Survivors include a daughter, Mary R. Cochran of Delmar; a son,

Peter F. Ricciardi of Chappaqua, Westchester County; and nine grandchildren.

Services were from the Church of St. Thomas the Apostle in Delmar.

Arrangements were by the Tebbutt Funeral Home in Delmar.

Burial was in Holy Sepulchre Cemetery in East Greenbush.

### Robert E. Weidman

Robert E. Weidman, 77, of New Baltimore died Wednesday, Sept. 15, at Stratton Veterans Affairs Medical Center Hospital in Albany.

Born in Bolivar, Allegany County, he was a longtime resident of New Baltimore and Ravena.

He was a Navy veteran of World War II.

Mr. Weidman worked for Conrail in Selkirk for 37 years. He also worked for the Coeymans highway department before he retired.

Survivors include three sisters, Louise Rolfe of Minoa, Onondaga County, Ruth Trager of South Bethlehem and Doris Turner of Selkirk.

Services were from the Babcock Funeral Home in Ravena.

Contributions may be made to the Masonic Home, 2150 Bleecker St., Utica 13501.

### Raymond Layaou

Raymond William Layaou, 80, of Voorheesville died Thursday, Sept. 17, at University Heights Nursing Home in Albany.

Mr. Layaou was a driver for P. Ballantine Brewery in Albany before he retired.

Survivors include his wife, Claire Bowles Layaou; a son, John K. Layaou of Voorheesville; a daughter, Judy Fullea of Albany; 11 grandchildren; and 11 great-grandchildren.

Services were from the Meyers Funeral Home in Delmar.

Burial was in Bethlehem Cemetery.

Contributions may be made to the American Cancer Society, Capital District Office, 1450 Western Ave., Albany 12203.

### Seed order forms available at center

Bird seed pre-order forms for Five Rivers Limited's annual Bird Seed Sale are available at Five Rivers Environmental Education Center at 56 Game Farm Road in Delmar.

Orders accompanied with payment must be placed by Wednesday, Oct. 7, and picked up on Saturday, Oct. 17.

Order forms for bird seed, bird feeders and other bird feeding accessories may be picked up at the center's interpretive building.

The hours are 9 a.m. to 4:30 p.m. Monday through Saturday. For information, call 475-0291.

## Limbo

(From Page 1)

saying "Kennel Approved" and it would sell like hotcakes," said board member Robert Wiggand." The neighbors do not want a dog kennel there. I wouldn't want to see dog runs in any residential neighborhood."

Peter Bishko, the board's attorney, said that a kennel would detract from the character of the neighborhood. "Even one-dog households are a problem now," added board member Marjory O'Brien.

Zoning board president Michael Hodom said that the current ordinance allowing only two dogs was written years ago before seeing-eye and therapy dogs existed, and suggested that maybe it's time to rewrite the rule. He added that it is up to the town board to revisit the ordinance concerning special circumstances.

Building inspector John Flanigan asked why the board couldn't issue Adair a variance that would expire in a few years.

"Why not issue a temporary use variance? We've done it before and it's held up. How do you differentiate? Each should stand on its own. She deserves it."

But Hodom said, "Most of the criteria are absent. Hardship on person and property haven't been proven." He added "If it (a temporary use variance) were challenged, I feel it would be a reversal."

Bishko reiterated that the variance cannot be made for Adair, it must be tied to the land. Flanigan pointed to state regulations he felt made a case for a variance. Bishko said that he felt confident in his justification but would revisit the issue and review the regulations Flanigan mentioned. The board then decided to table the issue until Bishko could look into the matter.

In other business, the board approved variances for Lino and Tina Verrelli to enlarge and screen an existing deck on their property on Oneida Court in Slingerlands and for David Heath and Donald Pickup to construct a single-family dwelling, without direct frontage, on Clapper Road in Selkirk.

### WRAP helps seniors

The weatherization referral and packaging program (WRAP) helps senior citizens with energy-related problems or needs.

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## Networking



Kate Beach, 6, and Marisa Sandoval, 5, enjoy catching a caterpillar in their butterfly net at Five Rivers Fall Festival.

Elaine McLain

### Lab School plans giant garage sale

Bethlehem Central Lab School will sponsor a huge garage sale on Saturday, Oct. 17, so start saving your useful household items, toys, clothes and furniture to donate to this fund-raiser. For information, call 439-9363.

### Dollars for Scholars to hold free car wash

Voorheesville Dollars for Scholars chapter will hold a free car wash on Saturday, Sept. 26, from 9 a.m. to 1 p.m. in the parking lot of SuperValu Foods on Maple Avenue in Voorheesville.

### Grief Tip

Encourage different ways to express grief.

Support your friend or loved one in talking, writing, art, music or other ways to bring forth what is in their heart.

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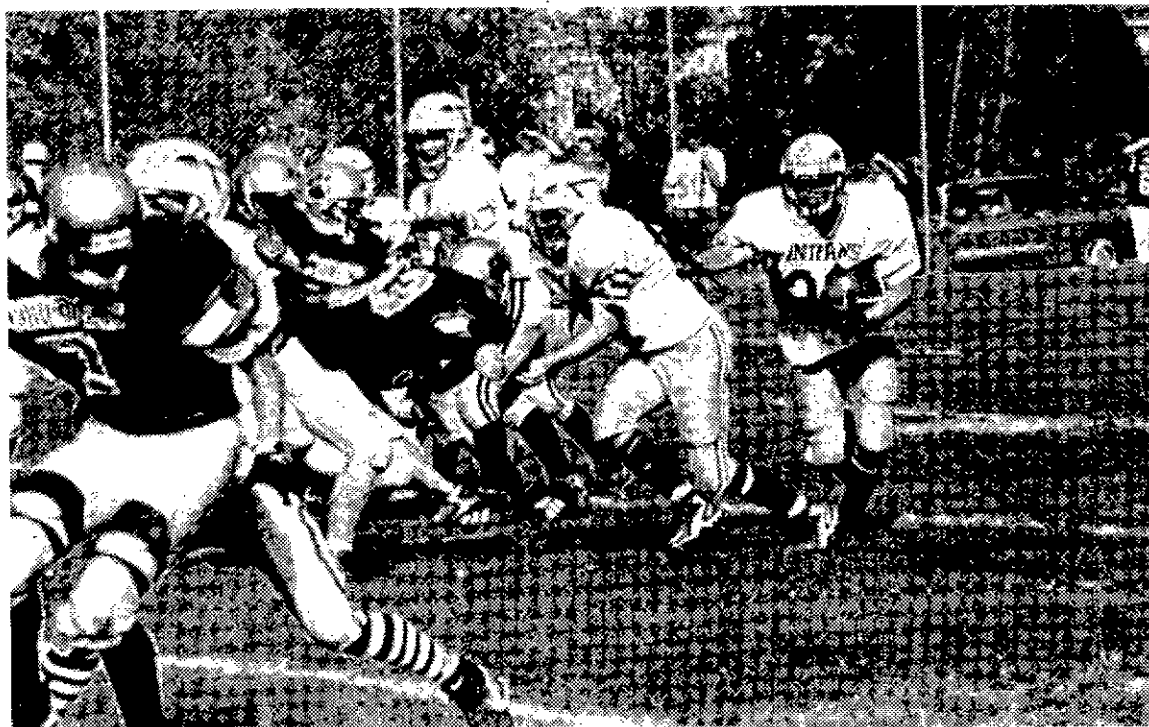
## Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.





RCS running back Keith Albano hits the hole in the Indians' 50-14 win over Cohoes Sept. 19.

Paul Deyss

## Jones

(From Page 16)

While replacing a Gary Jones is unthinkable, someone has to step in, and junior Keith Albano is the man. Against the Tigers he carried 23 times for 120 yards and two five-yard touchdown runs in the third quarter.

As for the receivers, junior Larry Alberts scored two touchdowns

for the second game in a row, senior Tony Tucker added a couple of scoring receptions, and tight end Jim Glasstetter reeled in a 30-yard strike from Carkner.

While there were many heroes, and the team rose to the occasion under troubling circumstances in improving its record to 3-0, the sight of Jones leaving the field

added a stark perspective to the victory.

"Like everything else, this is a life experience," said VanDerzee. "The kids will learn from it and, if we come through it, we'll be a much better team for it."

The Indians will next take on Hudson in a home contest Sept. 25 at 7 p.m.

## New-look Eagles seeking to replace 1997 stalwarts

By Beth Clement

As it tries to cope with the loss of 12 seniors from last year's squad, the Bethlehem Central High School girls varsity soccer team is off to a struggling but spirited start to the 1998 season.

"We've got a mix of players, younger ones and experienced ones," said co-captain Lily Corrigan. "Once the younger girls get established in their roles on the team, we'll get better."

Although the team is winless so far in the Suburban Council at 0-4, it is playing with a lot of energy.

"We might go into games as the underdog this year, but we have heart and that is our greatest asset," said Corrigan.

This showed in the Eagles' game with Shenendehowa.

Junior Rachel Gajewski scored early in the second half on a penalty kick to give Bethlehem the lead, but Shen scored twice in the final 14 minutes to get the victory.

Outside of the league, the girls have a respectable 2-1-1 record. In the opening game of the Helderberg Tournament, Bethlehem steamrolled Schenectady High School 11-0, getting two goals each from Beth Jukins, Julie Weber and Carrie Getz.

In the final against Guilderland, senior keeper Kim Comtois had 11 saves to preserve a 3-3 tie.

First-year coach Tom Rogan will continue to monitor the team's progress. The next home game will be Sept. 23 at 7 p.m., at which the seniors will be honored at half-time.

**We might go into games as the underdog this year, but we have heart and that is our greatest asset.**

Lily Corrigan

## BCHS volleyball starting quickly

By Christine Potter

Despite losing six seniors from last year's squad, the Bethlehem Central High School girls volleyball team is looking strong at the outset of the 1998 season.

Led by team captains Jen Siniski and Jenna Grant, the team won two straight after dropping its opener against Colonie Central High School.

"We are improving each match," said coach Deborah Elmendorf. "I anticipate a very competitive season with Bethlehem doing very well. The team is highly skilled and mostly consists of juniors."

Those juniors, in addition to Grant, include Katie Feller, Kim Hitter, Kristy LaGrange, Laura Ricciardelli and Amy Wilber.

The team also consists of seniors Siniski, Erin Bailey, and

Lauren Chimano, and sophomores Megan Fish and Val Messina.

The Eagles' victories came at the expense of Mohonasen in three straight games and Guilderland, by a count of three games to one.

"Our goals for the season are to be competitive in the Suburban Council, increase player knowledge and skill, strengthen the volleyball program at Bethlehem, and to enjoy the season," said Elmendorf.

"The individual skills are there," added Grant. "Now we are working on coming together as a team, and putting the ball to the floor."

The girls will host Saratoga at Sept. 23 at 5:15.

In Slingerlands

The Spotlight is sold at Falvo's Price Chopper and Tollgate

## Youth Network

A BETHLEHEM NETWORKS PROJECT

### Introduce children to books

In a recent Point Of View in *The Spotlight*, Bethlehem School Superintendent Les Loomis wrote about three special gifts he had received during the summer. One of the gifts was a book titled *Tuesdays With Morrie*. Loomis found the book to be both touching and inspiring. Reading it was a special part of his summer. From his article, I learned that reading is an important part of Loomis' life.

Reading is also very important to Anna Quindlen, a nationally syndicated columnist and Pulitzer Prize winning writer. She is the author of the novel *One True Thing* which was recently made into a movie. She is also the author of a little book entitled *How Reading Changed My Life*. In the book, she describes the joy of reading and tells us, "I read because I loved it more than any other activity on earth."

Quindlen adds: "In books I have traveled, not only to other worlds, but into my own. I learned who I was and who I wanted to be, what I might aspire to, and what I might dare to dream about my world and myself."

Research studies show that it is very important to introduce children to books and to reading at an early age. When you shop for gifts for the young people in your life, remember that books can be the greatest gifts of all.



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William and Kira Greer

## Deyss, Greer marry

Kira Deyss, daughter of Larry and Christine Deyss of Delmar, and William Greer, son of William and Caroline Greer of Delmar, were married Aug. 9.

The Rev. Robert Pierce performed the ceremony at Delmar Presbyterian Church. A reception followed aboard the Captain J.P. cruise boat.

The maid of honor was Hilary Skilbeck. Bridesmaids were Deanna Schoenborn, sister of the groom, Lisa Maher, cousin of the groom, Susan Fuller, Rebecca Leonard and Kelly Jenkins. The flower girl was Laura Maher, cousin of the groom.

The best man was Christopher

Rivers. The ushers were Mark Deyss and Paul Deyss, brothers of the bride, Ken Layman and Kevin Greer, cousins of the groom, and Bill Schoenborn, brother-in-law of the groom.

The bride is a graduate of Bethlehem Central High School and the University at Albany.

She works for Dr. Thomas Stickley in Westchester, Pa.

The groom is a graduate of Bethlehem Central High School. He is general manager of Applebee's Restaurant in Philadelphia.

After a Caribbean cruise, the couple lives in Downingtown, Pa.

## Employees attend conference

Nine top performers with Prudential Insurance Company's Delmar area agency recently attended the firm's national business conference in Orlando, Fla.

Albert DesMoines, David Lee,

Gordon Smith, Jamshed Irani, Andrew Parente, Ann Coulter, Dennis Lajeunesse, Edward Laramie and James Dertinger were recognized by Prudential for excellence in selling insurance and financial products and services.

## Recycle this newspaper

## Business women meet at Normanside

Bethlehem Business Women meet the first Wednesday of the month, September through June, at Normanside Country Club in Elsmere.

Meetings start with a social time at 6 p.m. Dinner is served at 6:30 p.m., and a special program or guest speaker follows.

The group sponsors a scholarship fund, promotes fellowship among women and supports various community projects. Dues are \$15 per year.

This year's officers are: Dorothy Williams, president; Leslie Trosste, vice president; Mary Dobert, secretary; and Carol Jonas, treasurer.

The next meeting is set for Wednesday, Oct. 7. Gail Wells of Delmar Center for Therapeutic Massage will present a holistic approach to health care.

For information, call Williams at 439-2535 or Marilyn Peterson at 439-8012.

## Intern program open to students

The Albany County Government Intern Program is open to high school juniors and seniors living and attending school in Albany County.

Students are matched with local government officials to learn first hand how government works.

Guest speakers, independent projects, seminars, legislative meetings and field trips throughout the school year provide further information.

For information, call Cornell Cooperative Extension of Albany County at 765-3500.

## Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to 125 Adams St., Delmar 12054.



William and Lisa Paczkowski

## Myers, Paczkowski wed

Lisa C. Myers, daughter of Dr. Peter and Rosemary Myers of Selkirk, and William F. Paczkowski, son of William T. Paczkowski of Turin, Lewis County, and Margaret Osgood of San Mateo, Calif., were married May 23.

The Rev. James Walsh performed the ceremony at the Church of St. Thomas the Apostle in Delmar. A reception followed at Shaker Ridge Country Club.

The maid of honor was Betsy Edelstein. Bridesmaids were Laura Myers and Caroline Myers, both sisters of the bride, Eleanor Reali, sister of the groom, and Erin Leitman.

The best man was Christopher J. Paczkowski, brother of the groom. The ushers were Craig McAvoy, Brian Irwin, Cory Macdonald and Robert O'Donoghue.

The bride is a graduate of Bethlehem Central High School, Syracuse University and Albany Law School. She is a staff attorney for Ayco Co. in Clifton Park.

The groom is a graduate of St. Lawrence University and Albany Law School. He is also a staff attorney for Ayco Co.

After a wedding trip to Jamaica, the couple will reside in Pittsburgh, Pa.

## Seniors named semifinalists

Bethlehem Central High School seniors Calvin Miaw of Slingerlands, and Elizabeth Anderson and Allison Zucker, both of Delmar, have been named semi-

finalists in the 1999 National Merit Scholarship Competition.

The students qualified as semifinalists based on their strong PSAT scores.

Here's to a *Wonderful Wedding!*



### INVITATIONS

Paper Mill Delaware Plaza. 439-8123  
Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.

### JEWELRY

Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

### LIMOUSINE

Super Special!!!! 3 hours for only \$99. Advantage Limousine. 433-0100  
Some rest.

## Community



## Retirement party set for Oct. 3

A retirement party to honor Lt. Richard Vanderbilt, will be held Saturday, Oct. 3, starting at 6 p.m. at Normanside Country Club in Elsmere.

Vanderbilt recently retired from the Bethlehem Police Department after 24 years of service.

The \$35 ticket price includes food, beer and wine. For reservations, call 439-4955 ext. 223.

# Family ENTERTAINMENT

SPOTLIGHT ON  
CALENDARS ♦ ARTS & ENTERTAINMENT

## Irish music, contemporary & traditional, takes the stage for weekend festival



Two of the groups featured at Irish 2000 this weekend: Black 47 (top) an avant garde group who give Irish music a decidedly modern slant and Gaelic Storm, who performed in the blockbuster movie "Titanic."

### *Hibernians host Irish 2000 at Altamont Fairgrounds*

By Katherine McCarthy

A little bit of Hollywood comes to the Altamont Fairgrounds this weekend when Gaelic Storm blows in to recreate the music that helped Rose fall in love with Jack in "Titanic."

Gaelic Storm, a five-piece band from Santa Monica, Calif., was the "Steerage Band" during the blockbuster movie's exuberant below-decks party scene, and is one of the 25 acts scheduled to perform at the Irish 2000 Festival at the fairgrounds on Saturday, Sept. 26.

The positive response to last year's Irish 2000 convinced Albany's Ancient Order of Hibernians that this was an event worth repeating.

"Despite the deluge of rain last year, we had more than 4,000 people," Irish 2000 chairperson Matt Nelligan said of the decision to make the festival an annual event. "The enthusiasm of the crowd hit us hard."

The festival is part of the mission of the AOH, which Nelligan said is "to promote our culture. Music is the best way to do that, and with the rock bands we have, and the traditional music, we're reaching audiences young and old."

In addition to Gaelic Storm, headliners include Black 47, New York City's avant-garde Irish rock band, back for a repeat performance.

Seven Nations, another popular East Coast group, use electric guitars to add a modern edge to their traditional bagpipes and kilts.

Sean Keane, from Galway, Ireland, will play some of the music that earned his first album "All Heart, No Roses" the title debut album of the year from Q Magazine.

Local favorites like Hair of the Dog, the McKrells, Frank Jaklitsch, Jeff Strange and the Foothills Trio will also be among the stage performers. Local pipe and drum bands will add to the festive air, while local stepdancing schools will offer performances by fledgling Michael Flatleys and Jean Butlers.

"Gaelic Storm will be doing a special feature with the Farrell School of Irish Dancing," Nelligan said.

Vendors like Brunswick's Tipperary Trading Company and Celtic Treasures of Saratoga Springs will sell Irish jewelry, books, music and other goods. Those who want to not just feel Irish, but look Irish, can take in the fashion show, featuring knit sweaters, capes, caps, wax cotton coats, tweed jackets and more, beginning at 11:05 a.m. in the Guinness traditional music tent.

Pony rides, face painting, Mr. Bouncety Bounce, and children's songs by Frank Jaklitsch will keep the wee ones entertained. Food and beer will also be available.

This is Irish 2000's first year at the Altamont Fairgrounds, where Nelligan hopes the festival will become a regular event.

"The facilities are big, the parking is no problem, the power is close to the tents, and the staff is wonderful," he said.

Irish 2000 will take place, rain or shine, from 10 a.m. to 11 p.m. at the Altamont Fairgrounds on Route 146 in Altamont.

For information, contact the Albany Hibernians at 1-888-Ifest or visit their web page at [www.Hibernians.com](http://www.Hibernians.com).





## ARTS and ENTERTAINMENT

## THEATER

## "MOLLY SWEENEY"

by Irish playwright Brian Friel, Old Songs Dutch Barn, Altamont Fairgrounds, Route 146, Sept. 25, Oct. 2 and 3 at 8 p.m., Sept. 27 at 3 p.m., \$10, \$8 for seniors and students. Information, 861-3685.

## "ANNE OF GREEN GABLES"

new adaptation of classic children's story, New York State Theatre Institute, Schacht Fine Arts Center of Russell Sage College, Troy, Oct. 2, 6, 7, 8, 9, 13, 14, 15 and 16 at 10 a.m., Oct. 3, 9 and 10 at 8 p.m., Oct. 4 and 11 at 2 p.m., \$17 adult, \$14 senior/student, \$8 children under age 13. Information, 274-3256.

## "NUNSENSE"

musical comedy, Siena College Theatre Series, Foy Theatre, Oct. 2, 9, 10, 16, 17 and 18 at 8 p.m. and Oct. 11 at 2 p.m., \$12 adults, \$10 seniors/students. Information, 783-2527.

## MUSIC

## GEORGE WINSTON

solo piano concert, Troy Savings Bank Music Hall, Sept. 23, 7:30 p.m., \$22. Information 273-0038.

## ELECTRIC CITY CHORUS

54th annual barbershop harmony concert, Proctor's Theatre, State Street, Schenectady, Sept. 26, 2 and 8 p.m., \$12-\$14. Information, 399-3341.

## CAPITOL CHAMBER ARTISTS

concert featuring works by Mozart, Haydn, Vivaldi and Weber, First Congregational Church, 405 Quail St., Albany, Sept. 26, pre-concert recital at 7 p.m., concert at 8 p.m., \$16 adults, \$8 students. Information, 458-9231.

## TRIBUTE TO GEORGE GERSHWIN

by the Schenectady Symphony Orchestra, with pianist Anthony Molinaro, also Beethoven's Symphony No. 5 and Brahms' Academic Festival Overture, Proctor's Theatre, State Street, Schenectady, Oct. 1, 8 p.m., \$15, \$7 for students, children under 13 free when accompanied by adult paying full price. Information, 372-2500.

## CELTIC LUMINATIONS

music by Seven Nations, Shieling and Oran Mor, and championship Irish dancing, Troy Savings Bank Music Hall, Oct. 2, 8 p.m., \$15 advance, \$18 at the door. Information, 273-0038.

## JOHN ENTWISTLE BAND

Northern Lights, Route 146, Clifton Park, Oct. 2, 10 p.m., \$15 in advance, \$17 at the door. Information, 371-0012.

## ROY HARGROVE AND JAMES CARTER

young jazz stars, Troy Savings Bank Music Hall, Oct. 3, 8 p.m., \$23. Information, 273-0038.

## POINTER SISTERS

opening night gala at Proctor's Theatre, Oct. 3, 8 p.m., \$39.50-\$49.50. Information, 382-1083.

## PAVLINA DOKOVSKA AND VLADIMIR VALJAREVIC

duo pianists playing Bach, Paganini, Shostakovich and Porter, Siena College Chapel, Oct. 4, 3 p.m., \$10 adults, \$5 seniors/students. Information, 783-2527.

## FAMILY FUN

## IRISH 2000 MUSIC AND ARTS FESTIVAL

Black 47, Seven Nations, Gaelic Storm, Altamont Fairgrounds, Route 146, Sept. 26, noon to 11 p.m., \$10.

## WILDLIFE FESTIVAL

animals, crafts, music, etc., New York Power Authority Visitors' Center, Route 30, North Blenheim. Information, 1-800-724-0309.

## VISUAL ARTS

## NEW YORK STATE MUSEUM

Bears, through Jan. 3; Still Life: The Object in American Art, 1915-1995; Inside/Out, Outside/In, Community Views From the Collections, through Sept. 30; plus permanent collections, Empire State Plaza, Madison Avenue. Information, 474-5877.

## ALBANY INSTITUTE OF HISTORY AND ART

Three Centuries of Landscape Painting, through Sept. 27, Shining Objects from our Past, Silver from the institute Collection, through May, 125 Washington Ave. Information, 463-4478.

## ALBANY CENTER GALLERIES

paintings by Leigh Li-Yun Wen and Harry Orlyk, through Oct. 23, 23 Monroe St. Information, 462-4775.

## LEARNING RESOURCES GALLERY

at Hudson Valley Community College, Route 4, Troy, oil paintings by Barbara Hayward Clar, through Oct. 1. Information, 266-8072.

## CANTERBURY GALLERY

at Child's Hospital, 25 Hackett Blvd., Albany, oil pastel drawings by Claudia Dean, through Oct. 24. Information, 439-2955.

## RATHBONE GALLERY

at the Sage Colleges, 140 New Scotland Ave., Albany, drawings and lithographs by Diana Quinby, through Sept. 27.

## AROUND the AREA

WEDNESDAY  
SEPTEMBER 23

## ALBANY COUNTY

## PROSTATE CANCER SCREENING

Albany Memorial Hospital, 5:30 to 8 p.m. Information, 447-3578.

## FARMERS' MARKET

Holy Cross Church, Western Avenue and Brevator Street, Albany, 2 to 6 p.m. Information, 272-2972.

## FARMERS' MARKET

Evangelical Protestant Church, Alexander and Clinton streets, Albany, 11 a.m. to 2 p.m.

## FARMERS' MARKET

Stratton VA Medical Center Day Treatment Center, Myrtle Avenue, Albany, 9 a.m. to noon. Information, 462-3311, extension 2329.

## SQUARE DANCE

Single Squares of Albany, St. Michael's Community Center, Linden Street Extension, Cohoes, 7:30 p.m. Information, 459-2888.

## SCHENECTADY COUNTY

## RIVER VALLEY CHORUS MEETING

Glen Worden School, 34 Worden Road, Scotia, 7:30 p.m. Information, 355-4264.

THURSDAY  
SEPTEMBER 24

## ALBANY COUNTY

## DISCUSSION ON AFFIRMATIVE ACTION

McKownville United Methodist Church, 1565 Western Ave., Albany, 6 p.m. Information, 869-8796.

## PROSTATE CANCER SCREENING

Albany Memorial Hospital, 5:30 to 7 p.m. Information, 447-3578.

## CHORUS REHEARSAL

Capitaland Chorus of Sweet Adelines, New Covenant Church, 916 Western Ave., Albany, 7:30 p.m. Information, 237-4384.

## MENOPAUSE SUPPORT GROUP

office of Drs. Jacobs & Lee, 62 Hackett Blvd., Albany, 7 p.m. Information, 783-5656.

## LUNCHTIME SIDEWALK SALE

lawn sale of gift items from the Albany Institute of History & Art, 125 Washington Ave., 11:30 a.m. to 1:30 p.m. Information, 463-4478.

## FARMERS' MARKET

Third Reformed Church, Kate Street and Whitehall Road, Albany, 3 to 6 p.m.

## FARMERS' MARKET

Albany YWCA, 28 Colvin Ave., 11 a.m. to 2 p.m. Information, 438-6608.

## FARMERS' MARKET

corner of Pine Street and Broadway, Albany, 11 a.m. to 2 p.m. Information, 272-2972.

## SENIOR CHORALE

Albany Jewish Community Center, 340 Whitehall Road, 1 p.m. Information, 438-6651.

## SARATOGA COUNTY

## EATING DISORDERS SUPPORT GROUP

Four Winds Hospital, Algonquin Activities Building, Crescent Avenue, Saratoga Springs, 7:30 to 9 p.m. Information, 465-9550.

FRIDAY  
SEPTEMBER 25

## ALBANY COUNTY

## FARMERS' MARKET

Sacred Heart Church, Walter Street, Albany, 11 a.m. to 2 p.m.

## MOTHERS' DROP IN

sponsored by the Capital District Mothers' Center, First Congregational Church, Quail Street, Albany, 9:30 a.m. to noon. Information, 475-1897.

## SENIORS LUNCHEONS

Albany Jewish Community Center, 340 Whitehall Road, 12:30 p.m. Information, 438-6651.

## RENSSELAER COUNTY

## ATTIC TREASURES II EXHIBITION OPENS

Rensselaer County Historical Society, 57 Second Street, Troy, 5 p.m. to 9 p.m. Information, 272-7232.

SATURDAY  
SEPTEMBER 26

## ALBANY COUNTY

## HOMESTYLE BREAKFAST

Boyed Hilton Post, 7062 Mill Road, Altamont, 7 to 10 a.m.

## HISTORICAL WALKING TOUR

beginning at Albany Visitors Center, 25 Quackenbush Square, and continuing through downtown Albany, 11:30 a.m. to 1 p.m. Information, 434-6311.

## FARMERS' MARKET

First Congregational church, 405 Quail St., Albany, 9 a.m. to noon.

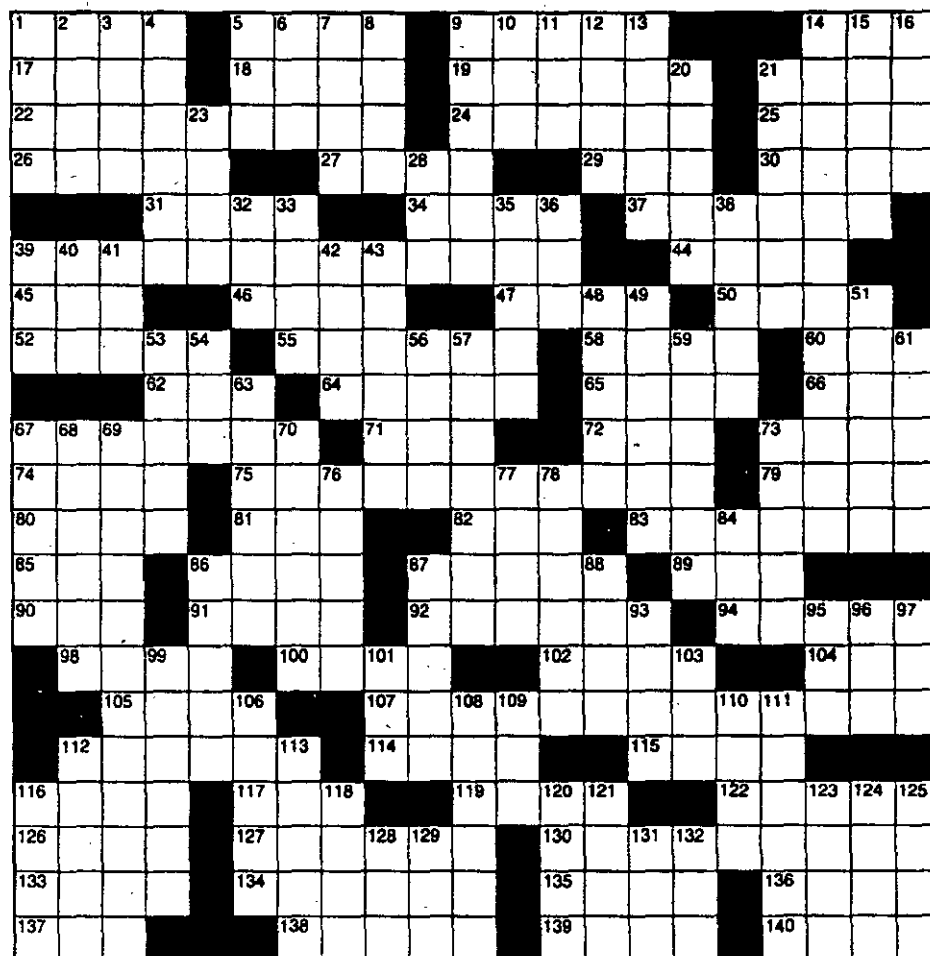
## SCHENECTADY COUNTY

## SHARE DAY

Faith United Methodist Church, Schenectady, 9 a.m. to 5 p.m. Information, 372-9446.

## Super CROSSWORD

- ACROSS**
- 1 Soybean product  
5 Bismarck or Hahn  
9 Luau dances  
14 '70 Jackson 5 hit  
17 Neat as —  
18 Benedict of "The A-Team"  
19 Model Kim  
21 Banish bacteria  
22 "Your Show of Shows" regular  
24 Apex  
25 Mellow  
26 Capsizes, with "over"  
27 Summon electronically  
29 Reggae relative  
30 Jeff's companion  
31 He gave us a lift  
34 Actor Lincoln  
37 Put the cuffs on  
39 "Louisiana Story" score writer  
44 Well or Waldheim  
45 Boise's st.  
46 Actor Dullea
- 47 Hardy heroine  
50 Novelist Bellow  
52 Club creed  
55 Prosperity  
58 Greet the villain  
60 Observe  
62 Hound's "Hil"  
64 Tends the sauce  
65 Aware of  
66 Bread spread  
67 Irascible sort  
71 Inventor Whitney  
72 "The — Daba Honeymoon"  
73 Mediocre  
74 Pat on the buns?  
75 '60 Olympic boxing medalist  
79 Atkins or Huntley  
80 Swampland  
81 Khan opener?  
82 Bad beginning?  
83 TV's "Judd, for the —"  
85 Leading lady?  
86 Leading man?  
87 Bit of parsley  
89 Bear's lair  
90 Kyoto coin  
91 Floor model  
92 Complains
- 94 Hope's "The Prisoner of —"  
98 Swindle  
100 Concerning  
102 Spring flower  
104 Noun suffix  
105 Touch up the text  
107 New York Tribune founder  
112 '87 Warren Beatty film  
114 Artistic output  
115 — Scotia  
116 Poker stake  
117 Mine creature  
119 Salt serving  
122 Flynn of films  
126 Trauma aftermath  
127 Disney rabbit  
130 '61 Grammy-winning pianist  
133 Domesticated  
134 Home on the range?  
135 Inland sea  
136 Israeli diplomat  
137 Venomous snake  
138 Hook's look  
139 Monkee Peter  
140 Chip's churn  
DOWN  
1 Chore  
2 Mayberry
- moppel  
3 Bona —  
4 Use a plunger  
5 Keats composition  
6 "— the season ..."  
7 Pitfall  
8 Creole veggie  
9 Birch-family trees  
10 Suffix with "glob"  
11 Ford of football  
12 Geometry term  
13 New Archangel, now  
14 "The Smiling Woman" painter  
15 Actor Jeremy  
16 "— la vie"  
20 Remora's host  
21 Item for Avedon  
23 — Spumante  
28 Tiffany treasure  
32 Sort  
33 Prepare prunes  
35 They love to chew the rag  
36 "Wild —" ('60 hit)  
38 Rene of "Get Shorty"  
39 Vigor's
- partner  
40 Bachelor's last words  
41 Inform  
42 Hastens  
43 Speaks one's piece  
48 Shallow area  
49 Seafaring storyteller  
51 Rents  
53 Resort lake  
54 Trams  
56 Transport it  
58 Leslie Caron role  
57 Victory  
59 Hung around  
61 Ham up "Hamlet"  
63 Pretense  
67 Comfortable  
68 Spanish export  
69 "The Collector" star  
70 Vasco the voyager  
73 Tantrum  
76 Aegean island  
77 Danjeeling dress  
78 Healing place  
84 Red cap  
86 Come clean  
87 Fly like a falcon  
88 Richard of "Sommersby"
- 93 Omen  
95 Zilch  
96 Female goat  
97 "Ask — Girl" ('59 film)  
99 Stick fast informally  
101 Even if, informally  
103 Smash letters  
106 Card for Carmen  
108 Airplane feature  
109 Botanist Gray  
110 "If — I Would Leave You" ('60 song)  
111 Deserved  
112 Pizarro's victims  
113 Valentine's Day gift  
116 Dog star?  
118 Writer Wister  
120 Petty clash?  
121 Leander's love  
123 Mekdious McEntire  
124 Evangelist Roberts  
125 Un-accompanied  
128 Gibbon or gorilla  
129 Poe's  
131 Smoke component  
132 Lodge brother



# The Spotlight CALENDAR

**WEDNESDAY  
SEPTEMBER 23**
**BETHLEHEM**
**TOWN BOARD**

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

**BETHLEHEM TOASTMASTERS**  
The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

**NATURAL HEALTH SEMINAR FOR ADULTS**  
Voorheesville Public Library, 51 School Road, 7 p.m. information, 765-2791.

**BINGO**

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

**BOY SCOUT TROOP 58**  
Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m. information, 439-4205.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. information, 439-0503.

**WELCOME WAGON**  
newcomers, engaged women and new mothers, call for a Welcome Wagon visit, Monday to Saturday, 8:30 a.m. to 6 p.m. Information, 439-1531.

**TESTIMONY MEETING**  
First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

**SOLID ROCK CHURCH**  
1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

**NEW SCOTLAND**

**NEW SCOTLAND SENIOR CITIZENS**  
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

**AA MEETING**  
First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

**AL-ANON MEETING**  
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**MOUNTAINVIEW EVANGELICAL FREE CHURCH**  
evening service, Bible study and prayer, Route 155, 7:30 p.m. Information, 765-3390.

**THURSDAY  
SEPTEMBER 24**
**BETHLEHEM**

**POETS NIGHT**  
Voorheesville Public Library, 51 School Road, 7 p.m. Information, 765-2791.

**RECOVERY, INC.**  
self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. Information, 439-0503.

**BETHLEHEM SENIOR CITIZENS**  
town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

**AA MEETINGS**  
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

**BETHLEHEM LUTHERAN CHURCH**  
children's choir, 6:30 p.m., senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

**BETHLEHEM COMMUNITY CHURCH**  
women's Bible study, 9:30 to 11:15 a.m. in a local home, children's program and nursery provided for morning session, 201 Elm Ave. Information, 439-3135.

**CLASS IN JEWISH MYSTICISM**  
Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

**FRIDAY  
SEPTEMBER 25**
**BETHLEHEM**

**AA MEETING**  
First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

**CHABAD CENTER**  
Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

**NEW SCOTLAND**

**YOUTH GROUP MEETINGS**  
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

**SATURDAY  
SEPTEMBER 26**
**BETHLEHEM**

**HISTORICAL TOUR OF FIVE RIVERS**  
Department of Environmental Conservation's Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar, 10 a.m. Information, 475-0291.

**BONSAI SHOW**  
William Rice Cooperative Extension, Martin Road, Voorheesville, held through September 27, 11 a.m. to 5 p.m. Information, 882-1039.

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

**LIFESTORIES MEMORY WRITING WORKSHOP**  
Voorheesville Public Library, 51 School Road, 10 a.m. Information, 765-2791.

**AL-ANON MEETING**  
The Crossroads, 4 Normanskill Blvd., 5:30 p.m. Information, 489-6779.

**SUNDAY  
SEPTEMBER 27**
**BETHLEHEM**

**DELMAR REFORMED CHURCH**  
Sunday School and worship service, 9 and 11 a.m. T.G.I. Sunday contemporary worship at 5:30 p.m. with children's program. Nursery care Available at all worship times, 386 Delaware Ave. Information, 439-9929.

**UNITY OF FAITH CHRISTIAN FELLOWSHIP CHURCH**  
Sunday school and worship service, 10 a.m., 436 Krumkill Road. Information, 438-7740.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
Sunday school and worship service, 10 a.m., child care provided, 555 Delaware Ave. Information, 439-2512.

**BETHLEHEM COMMUNITY CHURCH**  
Sunday school and worship service, 10 a.m., nursery provided, 201 Elm Ave. Information, 439-3135.

**ST. STEPHEN'S EPISCOPAL CHURCH**  
Holy Eucharist, 8 and 10:30 a.m., coffee and fellowship, nursery care provided, church school, 9:25 a.m., Poplar Drive and Elsmere Avenue. Information, 439-3265.

**BETHLEHEM CONGREGATION OF JEHOVAH'S WITNESSES**  
Bible lecture, 10 a.m., Watchtower Bible study, 10:55 a.m., Elm Avenue and Feura Bush Road. Information, 439-0358.

**SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH**  
worship service and church school, 10 a.m., fellowship hour, nursery care provided, 1499 New Scotland Road. Information, 439-1766.

**SOUTH BETHLEHEM UNITED METHODIST CHURCH**

Sunday school, 9:30 a.m., worship service, 11 a.m., followed by coffee hour, Willowbrook Avenue. Information, 767-9953.

**DELMAR PRESBYTERIAN CHURCH**  
worship service, church school, nursery care, 10 a.m., fellowship and coffee, 11 a.m., adult education, 11:15 a.m., family communion service, first Sunday, 585 Delaware Ave. Information, 439-9252.

**DELMAR FULL GOSPEL CHURCH**  
Sunday service, 9:30 a.m., with Sunday school and nursery, home groups, women's Bible studies and youth group, 292 Elsmere Ave. Information, 439-4407.

**FIRST REFORMED CHURCH OF BETHLEHEM**  
church school, 9:30 a.m., worship service, 11 a.m., child care provided, Route 9W, Selkirk. Information, 767-2243.

**GLENMONT COMMUNITY CHURCH**  
Sunday school and worship service, 10:30 a.m., child care available, 1 Chapel Lane. Information, 436-7710.

**CHURCH OF ST. THOMAS THE APOSTLE**  
Masses — Saturday at 5 p.m. and Sunday at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Information, 439-4951.

**SOLID ROCK CHURCH**  
worship service, 11 a.m., 1 Kenwood Ave. Information, 439-4314.

**FIRST UNITED METHODIST CHURCH**  
church school, 9:45 a.m., worship service, 9:30 a.m., adult classes, 11 a.m., 428 Kenwood Ave. Information, 439-9976.

**BETHLEHEM LUTHERAN CHURCH**  
85 Elm Ave., Delmar, worship services 8 a.m. and 10:30 a.m. Sunday School and Bible classes 9:15 a.m., infant and nursery care, assistive listening devices, handicap accessible, coffee/fellowship. Information, 439-4328.

**MOUNT MORIAH MINISTRIES**  
Sunday school, 9:45 a.m., morning worship, 11 a.m., youth group, 6 p.m., evening service, 7 p.m., Route 9W, Glenmont. Information, 426-4510.

**NEW SCOTLAND**

**NEW SCOTLAND HISTORICAL ASSOCIATION MUSEUM**  
in the Wyman Osterhout Community Center, New Salem, 2 to 4 p.m. Information, 765-4446.

**BETHEL BAPTIST CHURCH**  
Sunday school, 9:15 a.m., worship service, 10:15 a.m., Auberge Suisse Restaurant, Route 85. Information, 475-9086.

**FAITH TEMPLE**  
Sunday school, 10 a.m., worship service, 7 p.m., New Salem. Information, 765-2870.

**ST. MATTHEW'S ROMAN CATHOLIC CHURCH**  
Masses Saturday at 5 p.m. and Sunday at 8:30 and 10:30 a.m., Mountain View Road, Voorheesville. Information, 765-2805.

**JERUSALEM REFORMED CHURCH**  
worship service, 10:30 a.m., followed by coffee hour, child care provided, Route 32, Feura Bush. Information, 439-0548.

**NEW SALEM REFORMED CHURCH**  
adult Bible study, 9 a.m., junior choir or chime choir practice, 9 a.m., worship service, 10 a.m., recorder group practice, 11 a.m., nursery care provided, Route 85. Information, 439-6179.

**ONESQUETHAW REFORMED CHURCH**  
worship service, 9:30 a.m., Sunday school, 10:45 a.m., Tarrytown Road, Feura Bush. Information, 768-2133.

**UNIONVILLE REFORMED CHURCH**  
Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by fellowship, Delaware Turnpike. Information, 439-5001.

**PRESBYTERIAN CHURCH IN NEW SCOTLAND**  
worship service, 10:30 a.m., Sunday School, 9:15 a.m., nursery care provided, Route 85. Information, 439-6454.

**UNITED PENTECOSTAL CHURCH**  
Sunday school and worship service, 10 a.m., choir rehearsal, 5 p.m., evening service, 6:45 p.m., Route 85, New Salem. Information, 765-4410.

**FIRST UNITED METHODIST CHURCH**  
early worship, 8:30 a.m., worship celebration, 10 a.m., church school classes for nursery through high school, 10 a.m., choir rehearsals, 11:15 a.m., 68 Maple Ave., Voorheesville. Information, 765-2895.

**MOUNTAINVIEW EVANGELICAL FREE CHURCH**  
worship service, 9:30 a.m., nursery care provided, Route 155, Voorheesville. Information, 765-3390.

**CLARKSVILLE COMMUNITY CHURCH**  
Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by coffee hour, nursery care provided, Route 443. Information, 768-2916.

**THE DRAGON'S EGG**  
Welsh language group of the Saint David's Society of the Capital District, New Scotland Presbyterian Church, 2010 New Scotland Road, 2:30 to 5 p.m. Information, 861-6976.

**MONDAY  
SEPTEMBER 28**
**BETHLEHEM**

**INDOOR PISTOL SHOOTING**  
Albany County Pistol Club, Winne Place, 7 to 9 p.m. Information, 439-0057.

**SAT PREVIEW FOR HIGHSCHOOLERS**  
Voorheesville Public Library, 51 School Road, 7 p.m. Information, 765-2791.

**MOTHERS' TIME OUT**  
Christian support group for mother's of preschool children, Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 10 to 11:30 a.m. Information, 439-9929.

**DELMAR KIWANIS**  
Days Inn, Route 9W, 6:15 p.m. Information, 439-5560.

**DELMAR COMMUNITY ORCHESTRA**  
rehearsal, town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-1603.

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

**NEW SCOTLAND**

**QUARTET REHEARSAL**  
United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

**TUESDAY  
SEPTEMBER 29**
**BETHLEHEM**

**INDOOR PISTOL SHOOTING**  
Albany County Pistol Club, Winne Place, 7 to 9 p.m. Information, 439-0057.

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a guide to services for your home

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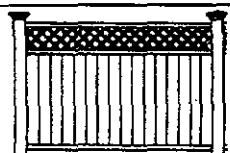
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## LEGAL NOTICE

**NOTICE OF FORMATION COLUMBIA GBB, LLC**  
**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).** The name of the LLC is Columbia GBB, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on August 17, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203. (September 23, 1998)

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**

The name of the LLC is LDB, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on August 5, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o John K. Sullivan, 52 Corporate Circle, P.O. Box 12753, Albany, New York 12212-2753. (September 23, 1998)

## LEGAL NOTICE

**NOTICE IS HEREBY GIVEN** that on August 18, 1998 Cart-away, LLC filed Articles of Organization of a limited liability company with the Secretary of State, effective that date. Its principal office is to be located in the County of Albany and State of New York. The purpose of Cart-Away, LLC is any purpose that is a lawful purpose for a limited liability company in the State of New York pursuant to Section 201 of the Limited Liability Company Law. The Secretary of State

## LEGAL NOTICE

is designated as agent of Cart-Away, LLC upon whom process against it may be served and the Secretary of State shall mail a copy of any such process to 44 Cousle Lane, Slingerlands, New York 12159. Dated: August 26, 1998 (September 23, 1998)

**NOTICE OF FORMATION INTERNATIONAL COMPANY LAWYERS NEW YORK LLC** was filed with SSNY 08/17/98. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: c/o The LLC, 30 E 40th St, Ste 605, NY NY 10016. Purpose: To engage in any lawful act/activity. (September 23, 1998)

**NOTICE OF FORMATION RIDGE COMPANY LLC** was filed with the SSNY 09/02/98. Office: Albany Co. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: c/o The LLC, 170 Washington Ave. Albany, NY 12210. Purpose: to engage in any lawful act/activity. (September 23, 1998)

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**

The name of the LLC is On The Lake Associates, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on August 25, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203. (September 23, 1998)

## LEGAL NOTICE

**ARTICLES OF ORGANIZATION OF CENTER ISLAND SOUTH, LLC**

Under Section 203 of the Limited Liability Company Law. FIRST: The name of the company is: CENTER ISLAND SOUTH, LLC.

SECOND: The county within the state in which the office of the limited liability company is to be located is Albany.

THIRD: The latest date on which the Limited Liability Company is to dissolve is December 31, 2047.

FOURTH: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the Limited Liability Company served upon him or her is:

105 Old Niskayuna Road Loudonville, New York 12211. FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.

SIXTH: The limited liability company is to be managed by 1 or more managers.

IN WITNESS WHEREOF, this certificate has been subscribed to on this 23rd day of June, 1998, by the undersigned who affirms that the statements made herein are true under the penalties of perjury. s/E.J.

Vandergift, Attorney in Fact. (September 23, 1998)

## LEGAL NOTICE

**PROCTOLOGY CENTER OF LATHAM, PLLC.** Articles of Organization filed by the NYS Secretary of State on 8/19/98. Principal office is located in Albany County. NYS Secretary of State designated as agent of the limited liability company upon whom process against it may be served and the Secretary of State shall mail a copy of any process against it to The PLLC, c/o Elsa Goldstein, M.D., 214 Forts Ferry Road, Latham, NY 12110. The purpose of the LLC is the practice of the profession of Medicine. (September 23, 1998)

## CLEANING SERVICES

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## LEGAL NOTICE

(September 23, 1998)

**Name of limited liability partnership: FERRARO CHIOASSOCIATES, NEW YORK, LLP.** Certificate of registration filed with the Secretary of State of New York (SSNY): 9/11/1998. Principal office located: Albany County. SSNY is designated as agent of LLP upon whom process against LLP may be served. SSNY shall mail a copy of any such process to c/o Fox, Charles & Kowalewski, LLP, P.O. Box 958, Clifton Park, N.Y. 12065-0802. LLP's business: architecture. (September 23, 1998)

**NOTICE OF FORMATION M.I.T.C.O. MALONEY INTERNATIONAL TRADING COMPANY LLC** was filed with SSNY 09/17/98. Office: Albany County, SSNY designated as agent of the LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: c/o The LLC, 170 Washington Ave., Albany, NY 12210. Purpose: to engage in any lawful act/ activity. (September 23, 1998)

**NOTICE OF FORMATION MEDICAL PAIN MANAGEMENT SERVICES, PLLC**  
 1. The name of the professional service limited liability company is Medical Pain Management Services, PLLC.  
 2. The articles of organization were filed with the New York State Secretary of State on May 7, 1998  
 3. The office of the company shall be located in Albany County.  
 4. The Secretary of State has been designated as agent of the company upon whom process against it may be served, and the address to which the Secretary of State shall mail a copy of any process served against him is 63 Shaker Road, Suite G05, Albany, New York 12203-1030.  
 5. The professional service limited liability company is formed for the purpose of practicing the profession of medicine. (September 23, 1998)

1. The name of the professional service limited liability company is Medical Pain Management Services, PLLC.

2. The articles of organization were filed with the New York State Secretary of State on May 7, 1998

3. The office of the company shall be located in Albany County.

4. The Secretary of State has been designated as agent of the company upon whom process against it may be served, and the address to which the Secretary of State shall mail a copy of any process served against him is 63 Shaker Road, Suite G05, Albany, New York 12203-1030.

5. The professional service limited liability company is formed for the purpose of practicing the profession of medicine. (September 23, 1998)

## LEGAL NOTICE

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)**

The name of the LLC is Mediterranean L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on August 27, 1998. The purpose of the LLC is to engage in any act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o John K. Sullivan, 52 Corporate Circle, Albany, New York 12212-2753. (September 23, 1998)

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**

The name of the LLC is MEMORIES INTERACTIVE, LLC. The Articles of Organization of the LLC were filed with NY Secretary of State on September 4, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 523 Western Avenue, Albany, New York 12203. (September 23, 1998)

**PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY**

FIRST: The name of the Limited Liability Company is NORTHROCK REALTY, LLC (hereinafter referred to as the "Company").

SECOND: The Articles of Organization of the Company were filed with the Secretary of State on July 15, 1998.

THIRD: The County within New York in which the office of the Company is to be located is Albany.

FOURTH: The Secretary of

## LEGAL NOTICE

State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is:

2 Birch Lane Voorheesville, NY 12186

FIFTH: The latest date on which the Company is to dissolve is based solely on events of dissolution set forth in the New York Limited Liability Company Law (the "Law").

SIXTH: The purpose of the business of the Company is to invest in real estate and engage in any lawful acts or activities for which limited liability companies may be formed under the Law. (September 23, 1998)

**PUBLICATION NOTICE OF LIMITED LIABILITY COMPANY**

FIRST: The name of the Limited Liability Company is GUARDIAN STORAGE OF BOYNTON BEACH, LLC (hereinafter referred to as the "Company").

SECOND: The Articles of Organization of the Company were filed with the Secretary of State on September 9, 1998.

THIRD: The county within New York State in which the office of the Company is to be located is Albany.

FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is: Guardian Storage of Boynton Beach, LLC, Building No. 2, Pine West Plaza, Washington Avenue Extension, Albany, New York 12205.

FIFTH: The latest date on which the Company is to dissolve is December 31, 2050.

SIXTH: The purpose of the business of the Company is any lawful activity pursuant to Section 203 of the New York Limited Liability Company Law. (September 23, 1998)

## CLASSIFIEDS

Individual rate minimum \$10.00 for 10 words. 30 cents for each additional word. payable in advance. Commercial rate minimum \$12.50 for 10 words. 30 cents for each additional word. payable in advance. Ad deadline 4 p.m. Friday for publication in Wednesday's newspaper. Box Reply \$3.00. Submit in person or by mail with check or money order to Spotlight Newspapers, 125 Adams Street, Delmar, New York 12054. Phone in and charge to your MasterCard or Visa.

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**STEEL BUILDINGS,** new, I-beam Straightwall, 40x60x12 was \$17,500 now \$11,500. 50x100x16 was \$27,900 now \$19,900. 60x150x16 was \$52,500 now \$34,900. 1-800-406-5126.

## BUSINESS OPPORTUNITIES

**INHERIT MY AUTO REPAIR BUSINESS,** busy shop, Empire State Plaza area. 439-8360.

**UNIQUE INFLATION PROOF** business opportunity. Be your own boss and make as much as you like with no investment cost. For more information send SASE to: NCC Dept. 9850B, P.O. Box 12815, Albany NY 12212-2815.

**\$1,000+/WK/PT.** Distribute proven, safe, natural anti-aging products used by celebrities. Look & feel much younger! Natural versions of Viagra, growth hormones/ more. Not MLM. Inv. \$1,000. Life Enhancement Resources. 800-955-8830.

**\$2000 START UP BONUS.** Fastest growing Company/Industry. 5 Reps immediately. Be your own boss. Part-time/Full-time. Flexible hours. \$245.00 investment. Unlimited earnings. Jerry 1-800-473-6351.

**DOUBLE YOUR MONEY POTENTIAL!** 200% return from 30 day period. \$5,000 invested could have returned as much as \$15,000. Call 1-800-380-3211. Capital Management International. Minimum investment \$5,000.

**LOCAL CANDY ROUTE.** 30 vending machines. Earn apx. \$800/day. All for \$9,995. Call 1-800-998-VEND.

**DRIVERS COMPANY AND OWNER OPERATORS.** Flatbed and Van opportunities. \$41,000.00/yr. average. Home weekends and during the week. Assigned late model equipment. Free medical. No NY city. Flatbeds - 1 yr exp req. Call 800-788-7357 LANDAIR TRANSPORT, INC.

**UNLIMITED EARNING POTENTIAL** processing Hud refunds for the government. Free details. Send SASE to: P.O. BOX 520 Lynbrook, NY 11563-0520.

## BUSINESS SERVICES

**RECYCLE TONER CARTRIDGES & SAVE!** Cartridges from \$45.00, including pickup and delivery. Guaranteed. Discounted toner for copiers available. We buy empties. 800-676-0749, www.nationaltoner.com

## CLEANING SERVICES

**AFFORDABLE CLEANING,** residential/ small business. Experienced, reliable, references. Reduced fee for Senior Apartments, 439-4032.

**ARE YOU BUSY?** Do you have time to clean your house? We can clean your house for you! Call 756-3291.

**NEED A HELPING HAND?** Call 768-8035, residential cleaning. Experienced, references.

**SWEET IT CLEAN** with "Clean Sweep". Fully insured, bonded. References. Call Dawn. 433-0417.

**WILL DO HOUSE CLEANING,** excellent references. \$12 per hour. 347-2630.

**CLEANING-residential/small business.** Free estimates. References. Call Rose 439-0350.

**HOUSECLEANING:** Weekly, bi-weekly, experienced with reasonable rates. Call Jackie at 452-5528.

**J'S CLEANING:** Experienced, personalized service, fully insured, bonded. Full estimates. 872-9269.

## CHILD CARE SERVICES

**EXPERIENCED MOM** has full-time/part-time. Fun, loving & learning. All ages. CPR & first aid certified. References. 438-4672.

## CHILD CARE NEEDED

**BABYSITTER,** dependable, experience preferred. For 2 & 8 year old. Tuesday & Thursday evenings & Saturday. Please call 475-1989.

**CHILD CARE:** 2 Children, 10 & 8, our Voorheesville home. Need mature, caring individual with dependable transportation for after school, school vacations & some evenings. Call Monday - Friday, 439-5500.

**CHILDCARE** for 5 year old Autistic boy & his 6 year old sister in our Glenmont home. 3:00 p.m. - 6:00 p.m., Monday - Friday, some weekend & evening hours available if interested. Special education or speech therapy student and/ or background preferred. 449-1618.

**PART-TIME NANNY** in my Delmar home, for 2 children, ages 4 years & 4 months. Afternoon hours. Salary negotiable 439-7207.

**WANTED:** Caring and responsible adult to provide child care in our Slingerlands home several hours 3 days a week. Generous compensation for the right person. Experience desirable, references required. Reliable transportation a must. Call 439-3086.

## FINANCIAL

**!!GET OUT OF DEBT FREE!!** Credit Counseling Centers of America ( member NFCC) Free debt consolidation, lower payments, interest. Stop collector calls. Non-profit 1-877-936-2222. Toll-free.

**"CASH IMMEDIATE" \$\$\$** for structured settlements and deferred insurance claims. J.G. Wentworth 1-888-231-5375.

**\$\$\$ WE BUY \$\$\$** \*Seller financed notes \*Insurance settlements \*Land note portfolios. Colonial Financial 1-800-969-1200 ext.49.

**\*\*SPECIAL FEDERAL PROGRAMS\*\*** Help homeowners consolidate & catchup bills, taxes, mortgages—refinance, remodel, or business purposes. Also Mobilehome, Veteran & private programs. (Bank rejects, can't show income, bankruptcy...) (o.k.) 1-800-844-7454.

**ARE YOU DROWNING IN DEBT?** Debt relief - free, immediate, confidential. Consolidate payments, lower interest. Call 1-888-BILL-FREE or (888)245-5373. American Credit Counselors, non-profit.

## HEALTH &amp; FITNESS

**CREDIT PROBLEM?? NO PROBLEM!!** Home loan purchases and refinances "FREE" credit analysis... Judgements, collections, bankruptcy... OK Self Employed and Investors... OK Call Today 1-888-LEND-BCD. Homestead Funding Corp. 8 Airline Drive, Albany NY 12205. Licensed NY Mortgage Bank.

**FEDERAL LAW ALLOWS YOU TO CORRECT** your credit report for free and prohibits credit-repair clinics from requesting or receiving payment until six months after they perform their services. For more information about credit repair, write: Public Reference, Federal Trade Commission, Washington, D.C. 20580.

**HOMEOWNERS-Credit card debt too high? Remodeling? Need cash? Equity no Equity? Poor or Good credit. Fast closings Power Funding; Subsidiary of Northwest Savings Bank 800-550-5344.**

**LOANS - BAD/GOOD CREDIT:** Cash for any reason. Homeowners only. 1-800-USA-6669. All Service Mortgage, 268 N. Broadway, Hicksville, N.Y. Registered Mtg broker, N.Y.S. Banking Dept. Loans provided through third party lenders.

**OVER YOUR HEAD IN DEBT?** Need more breathing room??? Avoid bankruptcy!! \*Debt Consolidation.\* No Qualifying. \*Licensed Not-For-Profit, National Company. www.anewhorizon.org 800-556-1548.

## FIREWOOD

**MIXED HARDWOODS:** Full cords, \$125; face cords, \$55. Jim Haslam, 439-9702.

## FURNITURE REPAIR &amp; REFINISHING

**FURNITURE REPAIR/refinishing.** Touch - up. 25 years experience. Kingsley Greene, 756-3764, evenings, weekends.

## HEALTH &amp; FITNESS

**MEDICARE RECIPIENTS** are you using a NEBULIZER MACHINE? Stop paying full price for Albuterol, Atrovent, etc. Solutions. MEDICARE will pay for them. We bill Medicare for you and ship directly to your door. MED-A-SAVE 1-800-538-9849.

## GARAGE SALES

**ALTAMONT- MOVING SALE:** 6319 Gun Club Road. October 3, 4 & 10, 11. Furniture, etc. 861-8575.

**COLONIE:** 22 Jules Drive, (off Grounds Place), Saturday, September 26, 9:00 a.m. Sports, hardware, household, children's.

**DELMAR:** 1 Greenwood Lane, Saturday, September 26, 8:00 a.m. - 1:00 p.m. Kids clothes, Little Tykes toys & household.

**DELMAR:** Grantwood Road (off Longmeadow, near the high school, left on Grantwood), Saturday, September 26, 10:00 a.m. - 3:00 p.m., multi-family. Bicycles, children's clothing & toys etc..

**DELMAR:** Wellington Road, multi-family, Saturday & Sunday, September 26 & 27, 9:00 a.m. - 3:00 p.m.

**DELMAR:** 45 & 47 Euclid Avenue, (off Delaware), Multi-family. Saturday, September 26, 9:00 a.m. - 1:00 p.m. Lots of children's toys & equipment, clothes, miscellaneous household.

**GLENMONT:** 3 Timber Lane (off Henderson), Saturday, September 26, 9:00 a.m. - 1:00 p.m., winter clothes, Christmas items, etc..

**NEIGHBORHOOD TAG SALE:** Eastmount Townhouses ( off Blessing Road) Saturday, September 26, 9:00 a.m. - 3:00 p.m.

**VOORHEESVILLE:** 293 Swift Road, September 26, 9:00 a.m. - 5:00 p.m. Winter clothes, stuff, books, kids skis, household.

## HOME IMPROVEMENT

**HOMEOWNERS WANTED:** To allow us to install vinyl siding and windows on an advertising basis. No money down. 100% financing available. Call 1-800-514-7222.

## INSTRUCTION

**GERMAN CLASSES** after school & evenings, preschool - adult. Regents credit available. 439-8003.

**TUTOR:** French, all levels, by native. Conversation, grammar, etc. 439-3341.

**TUTOR:** High school senior who has completed BC calculus, available to tutor all math levels up to and including course three. 439-0472.

**TUTORING:** Math, S.A.T., Courses 1,2 & 3, 27 years experience, NYS certified, many references. Save this number! 439-0610.

## MISCELLANEOUS FOR SALE

**WOLFF TANNING BEDS.** Tan at home. Buy direct and save! Commercial/Home units from \$199.00. Low monthly payments. Free color catalog. Call today 1-800-842-1310

**AQUARIUM:** 27 Gallon hexagon with mirror back, wooden cabinet stand, canister pump, conditioned water. 6 Tropical fish, artificial plants & decorations. Price negotiable. 439-4186.

**BEANIE BABIES:** New, current & retired. Any Beanie you want, we have. Call 462-3784.

## REAL ESTATE CLASSIFIEDS

## COMMERCIAL FOR LEASE

**OFFICES:** 1 or 2 rooms. Quiet victorian setting. \$250 - 300 per month. 439-9280, 765-3125.

**STOREFRONT,** 427 Kenwood Avenue, Delmar, ground level, parking, 600 sq. ft. \$420. 439-0981, 768-8208.

## LAND FOR SALE

**COASTAL NORTH CAROLINA.** Free list of waterfront bargains. Easy access Intracoastal Waterway, Pamlico Sound. Water access homesites with deeded boat slips as low as \$34,900. Excellent financing available. Coastal Marketing, New Bern, NC 800-566-5262, 263 www.coastaldevelopment.com

**PRIME THOUSAND ISLANDS WATERFRONT.** Gorgeous 20 acre lot - 400' WF. Must sell. \$49,900. Call Bluegreen 800-913-2299.

**SPECTACULAR WATERFRONT BARGAIN!** 3 + acres, 400 ft lakefront, \$59,900. New to market. Beautifully wooded w/ long pristine shoreline on spectacular Tennessee mountain lake. Next to 18 hole golf course. Paved roads, utilities, soils tested Perfect for vacation/retirement home. Excellent financing. Call now 800-704-3154 Ext. 9426

## LAND WANTED

**SERIOUS CASH BUYER** seeks quality rural acreage 200+ acres or subdivisions with/without approvals. Brokers welcome. For immediate response call Alan at 607-563-8875. Ext. 17.

## REAL ESTATE FOR RENT

**\$595- YOU'LL LOVE THE FREE HEAT & comfort** at this 2nd floor Delmar apartment. 2 Bedrooms, parking or easy walk to bus. Ask about our pet policy. Great landlord! Available mid-October. 439-9189.

**425+ SELKIRK,** one bedroom, quiet, suitable for one, 767-3076.

**425- FEURA BUSH,** 1 bedroom, no pets. 465-2239 or 765-3125.

**ALBANY:** 3 Bedrooms, 2 baths, washer/dryer, garage, small yard. \$650. 465-1644.

**ALBANY:** 500+ Utilities, 3 bedrooms, 2nd floor flat, washer/dryer included. Large living room, dining room & kitchen, enclosed porches. Security & references. 869-6497.

**DELMAR APARTMENT:** 45 Borthwick Avenue, \$625, nice neighborhood, near library, 2 bedrooms, basement, attic. Security. No pets. Ready now. More information, 695-5231.

**DELMAR DUPLEX:** 2 Bedrooms, large yard, \$625 per month. Available October 1. 439-5894.

**DELMAR:** \$425, 1 bedroom, second floor, bright, on bus line. Ann Warren, Noreast Real Estate Group, 439-3648 x 226.

**DELMAR:** \$525 +, Large 2 bedroom, upstairs. 439-4292.

**DELMAR:** \$650 including heat & hot water, 2nd floor, 2 bedroom apartment at Village Drive Apartments. Available immediately. Security & references required. 434-9783 or (212) 665-5251, leave message.

**DELMAR:** \$650, 2 bedrooms, garage, air conditioning, laundry. Applications- 448-5322.

**ELSMERE ARMS,** \$620. Spacious 2 bedroom apartment in Delmar, minutes from Albany. On a major bus line. Stop in at 5 Elsmere Avenue or call 465-4833.

**ELSMERE:** \$515, 1 bedroom, heat & hot water. Modern. 489-7583.

**GLENMONT DUPLEX,** \$650 plus, 3 bedrooms, country kitchen, no pets, security, deposit. Call for appointment, 436-1989.

**GLENMONT DUPLEX:** Large 2 Bedroom apartment, w/w, attached garage, air conditioning, gas heat, hookups for washer/dryer, very large yard, quiet neighborhood setting. Immediate availability. Security/ Lease. No pets. \$675 + utilities. 462-4780.

**LOUDONVILLE apartment,** 2 bedrooms, \$550 per month with garage. Security. 433-8757.

**RAVENA:** \$425, Nice 1 bedroom with heat & garage. No pets. 439-8356.

**SOUTH BETHLEHEM:** House for rent, small 2 bedroom, completely remodeled, washer/dryer hookup, fenced yard, 2 out buildings. No pets. \$650. 756-6372.

**VOORHEESVILLE APARTMENT:** 32 South Main Street, \$400 +, security, deposit. Off street parking. 478-0116.

**WATERVLIET (PORT SCHUYLER):** 3 Bedroom house, 1 1/2 bath, deck, fenced yard, in walking distance to everything. \$725 per month, available immediately. 465-8709.

## REAL ESTATE FOR SALE

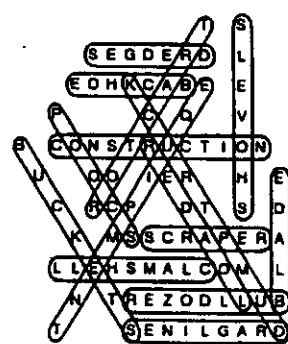
**SUNNY FLORIDA NAPLES/MARCO ISLAND...** 3 Luxurious manufactured homes retirement communities. Near beach and golf. Homes from \$49,000. Free information package. 1-800-428-1318. Monday-Saturday.

**BARGAIN HOMES** Low or \$0 Down! 1000's of foreclosed & repossessed properties liquidating now! Gov't financing available. Call now! 800-501-1777 Ext. 1099.

**DELMAR:** 3 Bedroom, 2 bath cape. \$116,500, excellent. Open Sunday, 1:00 p.m. - 3:00 p.m., 48 Nathaniel Street. 478-0967.

**DELMAR:** 3 Bedrooms, 1 1/2 baths, attached / detached garages, large lot, fireplace, screened porch, hot water baseboard heat, hardwood floors. \$114,900. 475-8025.

## EARTH MOVING



## We're really SOLD on our Sales Leaders



**Abbey Farbstein**  
Listing Leader  
448-5575



**Paula Rice**  
Sales Leader  
448-5607



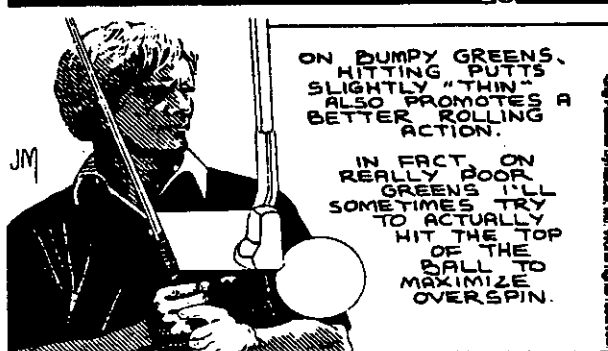
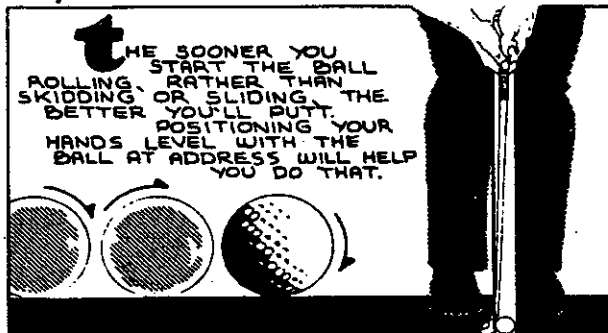
**Judie Janco**  
Special Achiever  
448-5586



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214 DELAWARE AVE.,  
DELMAR  
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Office: 439-2888

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## MAGIC MAZE

## EARTH MOVING

S F D A X V T Q O M T J S H F  
C A Y W S E G D E R D U L R P  
N L J E O H K C A B E H E F D  
B Z P X V T R C O Q O M V K I  
B H C O N S T R U C T I O N F  
G U D B O O Z I E R Y W H V E  
R T C R R C P Q O D T N S L D  
A K I K H M S S C R A P E R A  
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E C A N Z T R E Z O D L L U B  
R X T W V U S E N I L G A R D

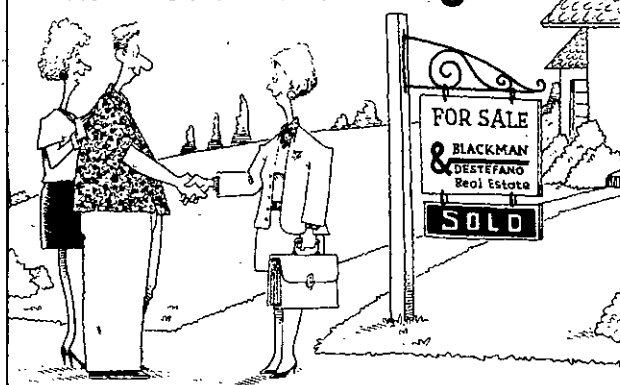
Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Backhoe	Clamshell	Dump truck	Scraper
Blade	Construction	Equipment	Shovels
Buckets	Draglines	Loader	Tractor
Bulldozer	Dredges	Scoop	

## Spectacular View of Albany

and Heldebergs from private 15.23 acre estate site at end of lovely drive with underground electric & phone. Bethlehem Schools. Delmar address. Town of New Scotland. 8 miles from Albany, \$125,000. Adjoining 6.22 acre lot with mountain views, \$49,000. By owner, 475-0912.

## We have openings that lead to closings...



Careers at  
**Blackman & DeStefano Real Estate**

**MISCELLANEOUS FOR SALE**

**CB RADIO ANTENNA:** You remove from roof. \$680. Lois, 439-8415.

**KITCHEN & BATH CLEARANCE CENTER:** Complete kitchen & bath floor model displays, odd lots, scratch and dents, countertops,

hoods, appliances, miscellaneous parts, lights, doors, windows, plumbing fixtures & more. SATURDAY ONLY, 10 a.m. - 4 p.m. The house of Kitchens, 1613 Route 9, Clifton Park.

**MISCELLANEOUS** household furniture & goods. 767-3488.

**SAWMILL \$3795.** Saws logs into boards, planks, beams. Large capacity. Best sawmill value anywhere. Free information. Norwood Sawmills, 90 Curtwright Drive #3, Amherst, NY 14221 1-800-578-1363.

**MORTGAGES**

**FAST CASH Refinance, Debt Consolidation, Home Improvements, Foreclosure, Purchases.** Lowest rates, etc. Contour Mortgage Corporation. Registered Mortgage Broker NYS Banking Department, 3rd Party providers. 1-800-263-4623.

**REFINANCE & SAVE \$100s EACH MONTH.** Consolidate debt, improve your home or get needed cash. Custom Programs for every need: Good & problem credit, no-income verification, self-employed & Bankruptcy. 24-hour pre-approvals, quick closings, competitive rates. We bend over backwards to approve your loan. COLONY MORTGAGE 1-888-767-8043 ext. 312 NY Lic: LMB 06804.

**MUSIC INSTRUCTION**

**PIANO, GUITAR, AND VIOLIN,** Magic of Music, 475-0215/ 393-7498.

**PIANO & KEYBOARD LESSONS,** my home or yours. Call Der Masis. 283-2860.

**EMPLOYMENT OPPORTUNITIES****HELP WANTED**

**AIRLINES NOW HIRING.** Will train Customer Service, Baggage, Clerical, Flight Attendant, Administrative and many more positions available. For application and information call 510-247-9398, Ext. 511 (10:00am - 8:00pm).

**RECEPTIONIST:** Busy local medical practice. Flexible hours, full or part-time. Competitive salary with benefits. People skills a must. Send resume to Attention: K. Disonell, 199 Delaware Avenue, Delmar, NY 12054.

**REPORTER,** meeting coverage, pagination a must. No phone calls please. Send resume, clips to: Spotlight Newspapers, P.O. Box 100, Delmar, NY 12054.

**ROOFERS,** laborers, apprentices-immediate steady work. 767-2712.

**SALES/ SERVICE, PART-TIME:** Busy Glenmont Insurance Agency seeks outgoing, detailed oriented person with computer skills. Hours 3:00 p.m. - 6:00 p.m. and Saturday 9:00 a.m. - 1:00 p.m. Call 371-0562.

**SAUTE LINE COOK:** Alter's, Main Square, Delmar. Apply in person.

**SERVICE ADVISOR** for customer satisfaction oriented dealership. Must have good communication & computer skills. All company benefits apply. Please apply in person - Marshall's Chrysler Jeep, Ravena. 756-6161.

**SUBSTITUTE TEACHERS:** Contact Ravena-Coeysmans-Selkirk Central School District. 767-2850.

**THACHER'S RESTAURANT:** Applications are now being accepted for part or full-time wait people. Ideal hours for parents with school age children. Be home when they leave, be home before they return! A nice way to enjoy the outside world. Experience helpful but not essential, for enthusiastic person, willing to learn. For interview appointment call 465-0115. Thacher's Restaurant is managed by Lillian's of Saratoga and is located just minutes from Delmar, on Delaware Avenue.

**WORK FROM HOME** my children come to the office every day. Earn \$500 - \$1500 part-time/ month or \$2000 - \$4000 full-time/ month. Call toll free 800 686-5924.

**AVON - NO DOOR TO DOOR NECESSARY.** Earn to 50%. Have fun and make money too. MLM available. Great money making opportunity. FT/PT. Independent Representative: 1-800-527-2866.

**AVON PRODUCTS-** Start your own business. Work flexible hours. Enjoy unlimited earnings. Call Toll Free (888) 561-2866.

**DRIVER -** Start up to 35c/mile. 85% drop-n-hook. Conventional freightliners. Weekly pay. Regional runs available. Contractors ask about 88c/mile! Heartland Express. 800-441-4953.

**DRIVER** Company drivers (flat/van) \*Top pay for experience \*Assigned conventionals \*Full benefits Owner/Operators (flat/van) \*New mileage contract \*Free plates/permits \*Tractor purchase program 800-241-8787-Anderson Trucking Service.

**DRIVERS...** Looking for a new career as an OTR driver? Call 1-800-243-9300 for training - Experienced OTR drivers call TRL 1-800-876-8754. 1st years earnings avg \$35,000.00 & up! EOE.

**MEDICAL BILLER** Work own hours, FT/PT. Excellent \$\$\$\$. Great opportunities. Full training. Computer required. Call 24 hrs! 1-800-550-5042 Ext. 305.

**TRUCK DRIVERS...** Swift Transportation Hiring! No experience necessary! 3 week company sponsored CDL training & trainee pay! Full benefits, consistent miles, job stability. 1-800-347-4485 (eoe-m/f)

**AFTER SCHOOL PROGRAM:** Coordinator & Staff. Monday - Friday (flexible for staff), 2:30 - 5:45 p.m. Great opportunity. Staff \$7 per hour, Coordinator up to \$10 per hour. Call 439-9751.

**ANDRIANO'S PIZZA:** Delivery drivers wanted. Flexible hours. Contact Pat Stever, 439-7669.

**CHURCH SECRETARY/ BOOK-KEEPER** part-time permanent position available immediately. Computer skills a must. Please apply with cover letter and resume, send to: Reverend Holly Cameron, Presbyterian Church in New Scotland, 2010 New Scotland Road, P.O. Box 129, New Scotland, NY 12159.

**11:00 A.M. - 3:00 P.M.** Driver/Counter help. Delaware Plaza Pizza Baron, Monday - Friday, 11:00 a.m. - 3:00 p.m., \$6 - 8 per hour. Apply in person.

**MAILBOXES ETC.,** Delmar. Position for our customer service. Days, approximately 30 hours per week. Days including most Saturdays. Flexibility preferred. 439-0211. Ask for Richard.

**MEDICAL RECEPTIONIST:** Fast paced Internal Medicine office seeking responsible individual with quality communication skills for an immediate part-time / full-time position, duties include meet & greet, answering phones, scheduling appointments & filing. Computer skills a plus. Please send resume to P.O. Box 610, Slingerlands, NY 12159 or fax to 439-1592.

**MERCHANDISERS** part-time. Merchandising company in need of experienced part-time people to do resets in super markets. 888-371-3778.

**PART-TIME** office work, clerical, computer. Tuesday, Thursday & Friday, 10 a.m. - 2 p.m., reliable & detail oriented. \$8 per hour. 765-5602.

**REAL ESTATE SALES CAREER OPPORTUNITY:** We need people with enthusiasm, motivation & ambition. We provide the support you can count on. Coldwell Banker Prime Properties Inc. Call David Evans, 439-9600.

**COMPUTER ENTRY:** Temporary, until December, accurate typing necessary. Will train. 489-8388.

**NEED CHRISTMAS MONEY?** Ideal for homemakers. Select & pack small fundraising orders until December. Monday - Friday, 8:30 a.m. - 5:00 p.m. 489-8388.

**MENTOR:** Assist individuals to retain employment. Must have knowledge of resources available. 25 hours a week; benefits. College, experience, and good communication skills required. Completed applications must be received by September 28, 1998. Call 756-8650. EOE.

**WINDHAM'S****FALL EVENTS**

☼ MOUNTAIN BIKING ☼

Sept. 26 & 27 Oct. 3 & 4 ~10 & 11

With Chairlift Access

**GREAT CATSKILL MT. QUILT SHOW**

Sept. 26 & 27 10AM to 4PM

☼ FOLIAGE FEST ☼

Oct. 3 & 4 11AM to 4PM

○ HARVEST FAIR ○

Oct. 10 & 11 11AM to 4PM

~Free Admission~

~Live Music~Scenic Chairlift Rides~BBQ~Fun For All~

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Call for Information



St. Catherine's Center  
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**Give Yourself  
To A Child**

St. Catherine's Center for Children needs people to become full and part-time Foster Parents for emotionally disturbed children. We provide training, 24 hour staff support and \$1,000/month. Training begins soon. For information call Lucy at

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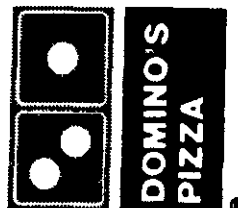
Start at \$6 per hour

Apply in Person

at

**DOMINO'S  
PIZZA**

Howard Johnson, Rt. 9W



# Stewart's Shops

## JOB OPPORTUNITIES

NEW SHOP  
Elm Ave, Delmar

**RETAIL POSITIONS****All Shifts**

Full and Part-time positions available. Stewart's needs experienced people to help us grow. We are looking for mature people who want to join a professional company which offers competitive salaries with raises based on performance.

We also offer a full range of benefits. If interested, call our District Office at (518) 785-0340

E.O.E.

**REAL ESTATE AUCTION**

On Site - Under Tent - Regardless of Weather

**TUES., OCT. 6, 1998 • 11:00am**

Inspection at 10:00 a.m.

Formerly: **PATRICK'S FLOWERS  
and GREENHOUSES**

330 North Mohawk St., Cohoes, NY

WARRANTY DEED - FREE & CLEAR

Tax Map No: A10.07-3-003

FORMERLY ZONED COMMERCIAL  
CONTAINS 20,368 SQUARE FEET  
OF LAND OUT OF TOWN OWNER MUST  
SELL NOW!! IDEAL OPPORTUNITY

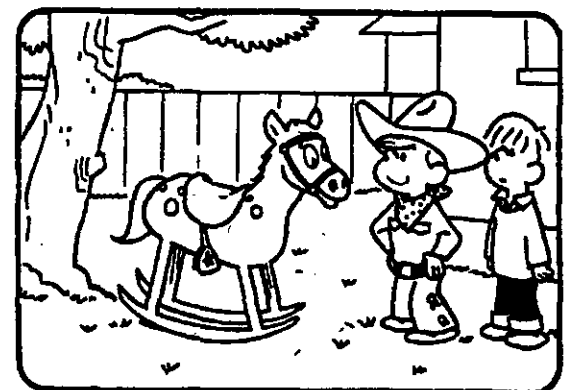
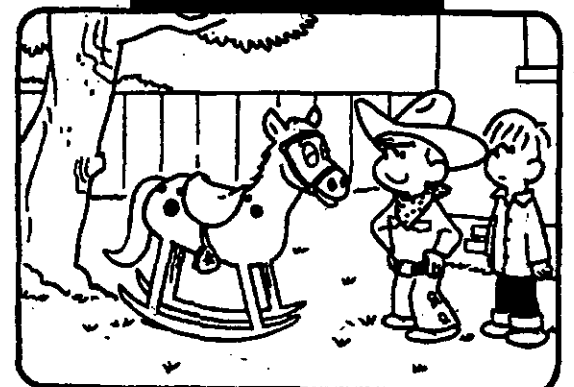
TERMS: \$5,000 Down Payment in cash or cashier's check made payable to the BUYER plus 10% Buyer's Premium in cash or personal check payable to CASH at "KNOCKDOWN". Balance in full at closing on or before Nov. 18, 1998, "Time Being of Essence".

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# Clinton

(From Page 1)

today belongs to that category of "where were you when" memories. I don't remember where I was when he was shot, but I remember Kennedy's funeral. I remember working in the corner store as a teen-ager and hearing on the radio that Nixon had resigned. I remember being at work and learning from the guy in the mail room that the space shuttle had exploded. Will I remember being home with my children and learning the lurid details of an affair that could eventually bring down the last president of the millennium?

Being home with the children, that's the key, and that's what is so demoralizing about this thing. I want to call the President on the phone and say, 'Hey, Bill, I'm trying to raise a family here. It's a hard job, and you're not making it any easier. Maybe in that village where you raised Chelsea, it was easy, but out here on the front lines it's a complex and tiring job.'

Most of us are trying to work, be involved with our children's schools, get to soccer practice on time, make sure homework gets done, get some sort of dinner on the table and have a few quality minutes with our children before bedtime.

There are so many things parents have to pay attention to — are our children getting 30 to 60 minutes of physical activity five days a week? Are they watching too much TV? Is my 8-year-old really the only one in class who wasn't allowed to see *Air Force One*? Are

they getting enough anti-oxidants and beta kerotene to prevent cancer when they're adults? Are their classmates carrying guns? Is whole language really better than phonics? Will they have sex as teen-agers and end up pregnant, or worse, with AIDS?

Sex. Well, Mr. President, you've rushed a lot of timetables on that front. We sugarcoated it for our young kids by saying that you had girlfriends, something a married man really shouldn't have. I know one mother who considered telling her children that oral sex is when you talk about it.

You've set a really bad example for those of us trying to teach our children that sex is for people who really love each other, and that people who love each other treat each other respectfully and honestly. Our TV is turned off these

days, because you never know what you might hear on the news, but older kids with more autonomy are picking up an earful. How many teen-age boys figure that if it's OK for the president to use a woman half his age for his own pleasure, there really can't be that much wrong with it? And girls, grappling with the power and confusion of changing bodies and raging hormones — how are they supposed to feel about this mess? Mr. President, you really should have told Monica that she was a young woman with her whole life ahead of her who deserved a caring relationship with a man her age. What if, Billy boy, this were Chelsea and one of her professors?

The sex part is disgusting, reprehensible, self-serving, etc., etc., but I'd like to borrow a line of

yours and get to the heart of the matter, Mr. President. It's the lying, stupid.

I keep seeing you wag your finger in our faces and tell us you did not have sexual relations with that woman. I didn't believe you then, but now I'm just livid with you, and it's because of my children.

The main thing we try to teach them every day is that honesty is important and that actions have consequences. It's a thankless, never-ending job, but we have to stay with it. If you hit someone with a toy, the toy gets taken away. If you can't speak politely to me, you can't be with me. If you don't study for your spelling test, you won't get many rights. If you don't brush your teeth, you'll have to get a shot of novocaine right in

your gum before the dentist fills the cavity.

If you lie ... well, Mr. President, you've made that one tough for us. If you lie, go on national TV and bite your lip, maybe you'll be forgiven? If you lie, and hire a team of lawyers, maybe you can redefine the meaning of your words? Oh, yeah, those are examples I want my children to see.

It might be too late to look to you for leadership, but we could ask you to think carefully about your words and actions in the next few weeks. You're a smart man, but we're smart people, and we're starting to feel a little used. Please don't get your lawyers to further lie and distort the truth. Be honest for all the kids in this village we call America.

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# HOME

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Far left, this three-quarter bed and bureau were purchased 15 years ago at an antique store for \$120. They are now worth three times that amount. Left, this marble top table would work well with any decor. It is a family antique three generations old.

# Antiques: A decorative investment

By Kathryn Caggianelli

**T**HE CHARM OF A COZY BED-AND-BREAKFAST LINGERS LONG AFTER YOUR STAY. The reason for that might be the furnishings, according to a local entrepreneur.

Before you go out and spend several hundred or several thousand dollars to furnish even one room in your home, consider spending some time at a handful of antique shows or estate sales.

William Johnson and his wife Lucille live in Delmar, and have been collecting and selling

antiques for 23 years. They got into the business primarily because they thought it would be a fun thing to do.

For many of those years, they ran Bill and Lou's Antiques at 154B Delaware Ave. Their love of antiques grew as the business did. Today, they do shows in Brimfield, Mass. and are a little more picky about what they'll buy. But the fact that antiques appreciate rather than depreciate has served them in good stead, said William recently.

"Over the years I have always

told young people that before they spend \$3,500 on a bedroom or dining room, they should try to find a Victorian set that might run them one-third that price but will only go up in value," he said.

Marble-top tables, leaded lamps, mirrors with decorative gild frames will appreciate in value and will be beautiful to look at, as well.

Floor coverings are also worth considering. "A good oriental rug that you'll pay \$2,000 for now will wear like

iron and will be worth \$5,000 - 6,000 if you ever want to sell it," Johnson said.

Young people should consider these things an investment, he said, adding that today's furniture usually comes with cardboard backing and little charm.

"I buy exquisite furniture and glassware like R.S. Prussia, Lomoges and the fancier Nippon," he said.

He's always in the market for marble-top dressers and tables but these days stays away from more common pieces.

Still, Johnson encourages people to look around at shops and shows before making a large purchase. Sometimes you can even happen upon a beautiful item at a bargain price.

Keep the appliances modern, he suggests, but go with antiques for everything else.

"That is unless you don't like the look of antiques. Another great thing about them is you'll always have a story to share where your treasures came from," he said.

## Do-it-yourself tips on Internet

**P**UT YOURSELF ON-LINE. THAT'S WHAT MANY HOME DO-IT-YOURSELFERS ARE doing to find all the information they need to start and complete home and garden projects.

The Internet is proving to be a valuable resource for do-it-yourselfers.

Among the Web sites you may want to bookmark is [www.ryobi.com](http://www.ryobi.com), where Ryobi has logged plenty of helpful information about the company's power tools and lawn and garden products.

### Power tools

In the power tools category, net surfers will find the complete tool company catalog, project tips and an on-line forum to share ideas and pick-up tips from other power tool users.

### Lawn and garden

Lawn and garden enthusiasts can log on to find a complete catalog of lawn and garden tools, as well as lawn care tips. Wondering what the weekend weather will be like? Log on to find the forecast for any part of the country.

### Feedback

Both the power tool and lawn and garden Web sites offer direct e-mail to customer service representatives.

Want to know which power tool is best for the job?

Want to know where to find the new 4-Cycle trimmer? Just ask.

Now, much of the information you need to make your home your castle is right at your fingertips. To log on, type [www.ryobi.com](http://www.ryobi.com).

## Free things to send for

For information on food safety, call the United States Department of Agriculture Meat and Poultry Hotline at 1-800-535-4555.

For a free brochure, You And Your New Puppy, call the Iams Pet Nutrition Center & Hotline, 800-525-4267, ext. 44.

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## New upholstery is worth the effort

By Donna J. Bell

**W**HY REUPHOLSTER A PIECE OF FURNITURE WHEN YOU CAN GO TO ANY HOME furnishings or department store and purchase a brand-new stylish couch or chair?

Michael Sirois, the proprietor of Capital Upholstery in Voorheesville, cites several good reasons to update your old furniture. For example, you may have an original piece you really love or an heirloom that has sentimental value for you or your family.

Or you may want to avoid the hassle of trying to find a new piece that fits into your home—especially if the space you need to fill is extra small, large or angular.

The convenience of home shopping is another reason. Dianne Wozniak, a sales and decorating consultant at Capital Upholstery, says that you can expect your upholsterer to offer many beneficial services.

"We go out and meet the person at their home to see the furniture," Wozniak said. "When you are in the house you get a feeling of the style of the house that people are comfortable with. You can match the colors to the wood or the home décor."

Once the consultant has seen your piece of furniture and you have discussed options and

fabrics, you will receive a cost estimate for work. The price to reupholster depends on many factors including the condition of the piece and how much needs to be replaced inside (springs, wood or foam). Another variable would be the quality and amount of the fabric you choose or if the couch has multiple cushions.

"Working on a newer piece keeps the price the down," Wozniak said. "Other times all we get to work with is a frame and a bag full of springs."

Dave Oberting of Rothbards in Voorheesville, feels that much of the older furniture people now have in their home is made with superior materials.

"Furniture is not the same quality as it used to be. You can tell the quality of a piece of furniture by its weight," Oberting said. "What customers are getting when they reupholster is their well-made piece with new materials of their choice on that construction."

Oberting says that customers are often amazed when they get their furniture back. "We can change the style, build the back or the arms out if they want to update the furniture to today's styles," said Oberting. "We've been in business since 1925 and we have done some customer's furniture four or five

times over the years."

Repairs to your furniture are more than just cosmetic. Shaky joints should be repaired and scratched wood surfaces refinished. Coil springs can be retied, padding replaced and cushions restuffed for better comfort. You can also choose to have stain-resistant treatment applied. Expect to have your piece returned to you in two to three weeks depending on the amount of work it requires.

Once you have your "new" couch, sectional or recliner back in your home Wozniak offers a few suggestions to keep looking like the day it came back home.

"Vacuuming helps a lot," Wozniak said. "Once the soil gets in it acts as an abrasive. Keep it out of direct sunlight to prevent fading, if it fades enough it can break the fiber down and, keep pets away." Upholstery proves the adage "everything old is new again."

## Smooth top ranges offer easy clean-ups

**I**T'S NO LONGER YOUR MOM'S KITCHEN. EVEN IF THE DESIGN CHOSEN FOR YOUR KITCHEN IS cozy and traditional, today's appliances can make clean-up much easier than when you helped Mom lick the cake batter off spoons.

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Sleek smooth top ranges are easy to clean because there are no places for spills to run or drip into. They stay new-looking and attractive for years.

extremely abusive conditions, the panels hold up beautifully.

For a free copy of *Your Pocket Guide to Ceran Glass-Ceramic Ranges*, write to Schott Corp., 3 Odell Plaza, Yonkers, NY 10701.

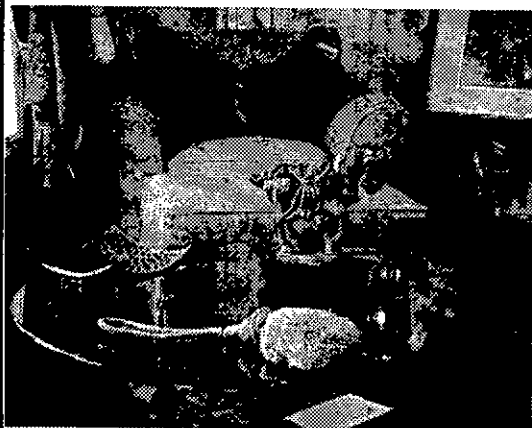
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# Painting or wallpapering — what's a homeowner to do?

By Bill Fonda

**A**MONG THE MOST IMPORTANT DECORATING DECISIONS PEOPLE CAN MAKE IS whether to paint or wallpaper their walls, but which one is best?

Gil Flansburg of Delmar, who performs both painting and wallpapering services, said painting is generally more expensive, but is faster and offers more flexibility.

"Painting can enhance a room a lot if you coordinate your colors right," he said.

For people who choose to paint, Flansburg suggested getting help from a painter or paint store to help ensure a well-coordinated job.

Although wallpapering can save money, Flansburg said hiring a paperhanger could actually make it more expensive than painting. If people want to cut costs by doing their own wallpapering, Flansburg has a few hints.

His first instruction is probably the simplest — follow the directions — but after that, Flansburg said people need to

prepare their walls for papering by spackling any bumps, sanding and applying vinyl prep.

Vinyl prep is a substance that is rolled onto the wall and allows the paper to be moved and adjusted into proper alignment.

"If you don't use vinyl prep, the paper will just stick to the walls," Flansburg said.

Although most wallpaper is pre-pasted, Flansburg still recommends learning about paste, just in case.

"If you don't know how to use the paste, it's going to fall off the wall," he said.

People who have painted walls and want to switch to wallpaper need to follow the steps mentioned above, but changing from wallpaper to paint is a little more complicated because the wallpaper needs to be removed.

To do so, mix glue-thinner with lukewarm water, spray it on the wall and let it sit for five minutes. The backing will peel off after a second spraying, but Flansburg said, "You've got to douse it pretty good."

The paste can then be washed



Left, this bedroom is heavily wallpapered, and the repeated pattern gives it an intimate and inviting look. Above, this wallpaper pattern is Grandeur's Pageantry Scroll, a refined design in a buttercream color that will mix well with checked or striped fabric.

off with the thinner or warm water and then the wall is ready for painting.

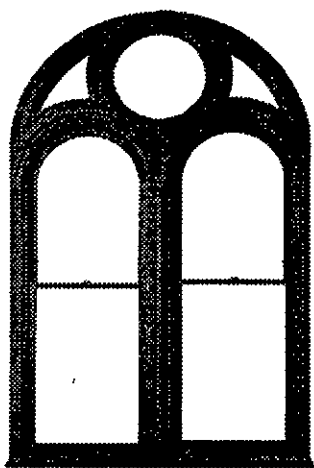
So what would Flansburg, who has been in the business over 25 years, recommend?

While he said consulting with a decorator is useful either way, Flansburg does not favor one over the other.

"It depends on what kind of decorative ideas you have," he said.

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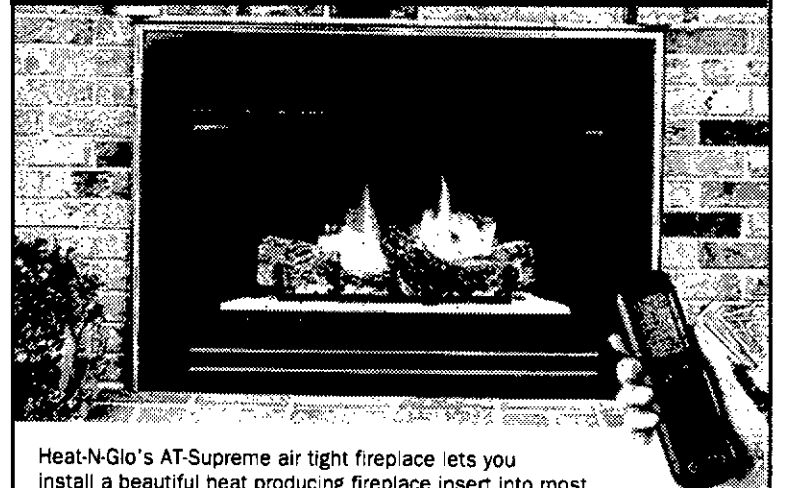
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## Innovative bathroom products

While many Americans nervously giggle whenever the topic of toilets and other bathroom fixtures surfaces among friends, families or co-workers, many would shudder at the thought of not having such conveniences. In fact, less than a hundred years ago, most Americans went without many bathroom conveniences. According to the *Reeve's Journal of Plumbing, Heating and Cooling*, only five percent of the homes in America contained a bathtub in 1930.

American Standard was at the forefront of many of today's conveniences, notes Frank Vecchio, a coordinator with American Standard's Architectural and Engineering Service Group, who has worked for the company for more than 34 years.

"American Standard played a big part in not only making lives

of Americans more convenient and sanitary," Vecchio says, "but for giving many people a reason to actually enjoy their bathrooms."

American Standard's roots reach back more than 130 years to 1860, when a small brass foundry was opened in Louisville, Ky., under the name of Ahrens & Ott Manufacturing Co. Over the

can Standard's archives, which date back to 1888, it's clear that American Standard and its predecessors were instrumental in developing many innovative new features that have become standard in today's modern bathroom.

In the early years of the company's history, engineers focused their attention on the

vitreous china lavatory. Vitreous china is a type of condensed china (pottery) that forms the basis for most toilets and bathroom sinks today. Thomas Maddock also is credited for being the first person to successfully marry a toilet with a flushing water supply line.

"Vitreous china was revolutionary," Vecchio says. "The key was the glazing process which made it impervious to bacteria and staining. It dramatically reduced health problems."

In the early 1920s, American Standard pioneered a combina-

tion fitting that for the first time allowed hot and cold water to mix together through one tap. Later, in 1928, American Standard introduced the first built-in bathtub with an integral apron. This development led to the replacement of many claw-foot bathtubs, which were smaller and more difficult to clean.

The company also was a pioneer in marketing color plumbing fixtures, which hadn't been available until the late

**Less than a hundred years ago, most Americans went without many bathroom conveniences. According to *Reeve's Journal of Plumbing, Heating and Cooling*, only five percent of the homes in America contained a bathtub in 1930.**

next 60 years, a number of small companies, including American Radiator and Standard Sanitary, merged with Ahrens & Ott to eventually form American Standard. The American Standard brand name dates back to 1899, when the word "Standard" was stamped on plumbing fixtures and faucets made by Standard Sanitary.

As America grew, so grew its appetite for household conveniences, including more luxurious, yet dependable, bathroom fixtures. American Standard fed that hunger and in the process became a household name. Today, the company is a leading global, multi-faceted enterprise with 108 manufacturing facilities in 35 countries, 1997 sales of more than \$7 billion and employment in excess of 51,000.

Looking back through Ameri-

practical aspects of bathroom life, the most challenging of which was the disposing of toilet waste water - a problem that vexed societies for centuries. Coinciding with this challenge was the much broader and even more challenging aspects of installing modern sewer and water systems in towns and cities across the United States.

One of the earliest records of American Standard's innovative heritage dates back to 1895 when Thomas Maddock's Sons Co., New Jersey manufacturer of sanitary pottery ware that was later acquired by American Standard, produced the first

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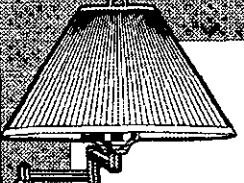



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## Baths

1920s. Before then, bathroom fixtures were available in white, white and white, according to Gail Casky Winkler, author of the 1989 book, *The Well-Appointed Bath*. The efforts of American Standard and other bathroom fixture companies forever transformed the bathroom — it actually could be a room that one could enjoy.

Like most American manufacturers, American Standard shifted its operations in support of the Allied war effort during World War II. Following the war, American Standard created a new breed of bathroom fixtures that met the demands of millions of new post-war homes.

As the size and quantity of new homes expanded, so did the number of bathrooms in each home. By the 1960s, powder

rooms were commonplace and master bathrooms were a popular feature in larger homes.

### Ahead of its time

Many of today's most popular bathroom amenities — including whirlpools and steam rooms — were actually first introduced by American Standard. In fact, American Standard was often years ahead of its time.

Invented by American Standard in 1969, the whirlpool consisted of a pump system with one main jet that created invigorating water action. However, the product was abandoned for lack of consumer interest. The whirlpool was revisited and popularized by a number of companies in the late 1970s. Today, American Standard offers a full line of whirlpools.

The Shower Tower also was ahead of its time. Introduced in



This beautiful bathroom features a whirlpool tub, one of the many products introduced by American Standard.

1969, the Shower Tower featured dual adjustable fixed shower-heads plus a hand-held one — all integrated into a pre-plumbed wall system. The Shower Tower also included a pressure balanced system that for the first time prevented unanticipated scalding (a feature that later

would be mandated by local, state and national housing regulations.) It wasn't until the late 1980s that multiple-head shower systems became popular.

### A tradition of innovation

One of American Standard's most popular innovations came in 1963, when the company marketed its toilets with the Vent-Away (TM) feature, which vented unpleasant odors with a jet-water action with the press of an actuating button on the side of the toilet bowl. The Vent-Away feature was popular until new water conservation regulations forced its discontinuation.

American Standard also was the first to develop an alternative to rubber faucet washers. In 1968, the company pioneered Ceramic Disc Valving, the plumbing industry's standard for drip-free faucets.

Another pioneering breakthrough occurred 20 years later when American Standard introduced Americast (R) as an alternative to cast iron tubs and sinks. Americast is a patented



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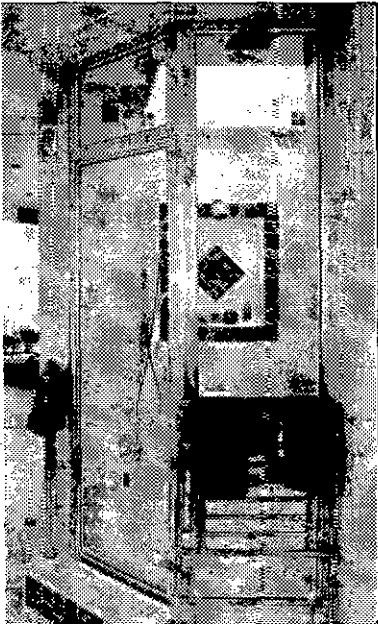
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Above, this modern bath retains an old-home feeling while using the latest in bathroom fixtures. Right, this bath features a large, multi-headed shower.



process that bonds a lead-free porcelain surface to a metal base and a structural composite backing. Americast sinks and tubs have become so popular that American Standard stopped manufacturing cast iron tubs and sinks in 1997.

Not all American Standard innovations have been as practical as Ceramic Disc Valving or Americast. For example, American Standard's Ambiance 2500 featured Sensorium - an electronic bathing system offering the ultimate in bathing pleasure. Corresponding with the growing use of computers and home electronics, the Ambiance 2500 was introduced as a concept product in 1988 with a pricetag of more than \$40,000. Just a few were sold, but oh what they received - a bathtub wired with a telephone, TV and stereo system. The Ambiance 2500 even featured a

closed-circuit TV system that allowed the bather to see who's at the front door. And, with the press of a few buttons on the telephone, the Ambiance 2500

could be instructed to fill the bathing pool - from any location (imagine having a hot bath awaiting at the end of a long hard day).

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### Bathroom of Tomorrow

"As we go into the next century, our challenge is to make the bathroom less sterile and more a room that is in keeping with changing lifestyles and designs," says Lance Nordell, team leader, chinaware at American Standard. "Consumers can expect to see bath fixtures more closely reflect the design themes of the home." Nordell says bath decor will be warmer and friendlier.

American Standard has responded to these trends with the recent introduction of new collections like the Savona (TM) and Reminiscence (TM) collec-

tions, which reflect home design themes such as traditional, vintage or contemporary.

"Bathrooms should be practical, but they also need to be comfortable havens," adds Nordell. "And that's why we're constantly seeking to enhance the performance, quality and design of our products."

As for functional aspects, the quest among American Standard's engineers and other bathroom fixture manufacturers is to ensure that 1.6-gallon toilets, as regulated by national housing regulations, flush like the 5- or 3.5-gallon toilets of yesteryear.

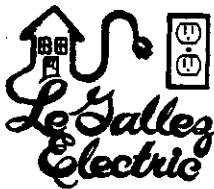
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# Don't lunch on my landscaping! Homeowners find safe ways to keep deer, rabbits away

**A**S SMALL TOWNS GROW BIGGER AND NEW RESIDENTIAL DEVELOPMENTS continue to infringe upon previously unpopulated areas, the incidence of deer and rabbit damage to homeowners' trees, flowers, and vegetable gardens is sky rocketing across the country. Commercial tree farms and orchards are dealing with the problem as well.

"As people move further into the country, our new homes start to encroach into the territory of deer and rabbits, not to mention elk, moose, antelope and other grazing animals," says Amar Grewal, president of ASG Consultants, makers of a non-toxic, completely natural product that repels animals from landscape foliage. "Our goal has been to produce an effective and cost conscious animal repellent that will keep the animals from eating the landscape of the homeowner without hurting the animals."

The product, exported from British Columbia, Canada, keeps grazing animals away from trees, shrubs, flowers and other food sources typically found in a homeowner's yard.

"We recently started using

Repellex and the results were almost immediate," says David White, president of Inland Environments of Hilton Head Island, S.C. "It's been reported in recent national news coverage that the deer situation on Hilton Head Island has reached epidemic proportions, and I can't agree more.

"Beautiful blooming plants and shrubs are planted one day, and they are gone the next. When we tried this product, reports began coming into our office almost immediately of deer actually taking a few sniffs, turning up their noses and walking away," White said with a smile.

According to Grewal, it is important to use any animal repellent before the problem starts to get out of hand. He recommends applying liquid animal repellents when it is calm and there isn't a chance of rain for the next few days. This gives the product a chance to dry and set on the plants. Don't use repellents on vegetables or fruit that is intended for human consumption. If you spray an apple tree or a vegetable garden, the deer won't eat your fruits of

labor, but you won't either.

Always wear gloves when applying repellents, and don't spray when it is windy. Even non-toxic repellents will leave a foul taste in your mouth if they come into contact with your skin. Don't touch your lips with your gloves, either.

It is important to note that repellents won't stop deer from rubbing their antlers on the trees to remove their velvet in the fall, although the odor may be strong enough to prompt the animals to choose another rubbing post. Grewal adds that because Repellex is effective on evergreens as well as deciduous trees, it will slow or stop the damage incurred by porcupines, too.

In addition to trees and shrubs, finding an effective animal repellent for flowers can be tough. Sweet flowers in the spring can be a treat for browsing animals, as Cullen Gardens and Miniature Village in Whitby, Ontario, Canada knows.

"We produce 70-80 thousand tulips for our spring festival, and we had a terrible time keeping the deer away from this food



Is your home's lovely landscaping being ravaged by wildlife? If so, you may want to try Repellex.

source," Garden Designer and Horticulturist Rowland Cave-Browne-Cave wrote in a letter. "We tried Repellex in a test area and instantly the deer stopped feeding in this area. With this, we applied it to all of the tulips and had little or no damage. And when I say little, I mean we had a 98 percent control on the feeding. Another great thing about this repellent is we only had to apply it once. It saved us a lot of time and money in that regard."

"Repellex comes in two forms, a latex based liquid that is mixed with water and sprayed on the plants that are being damaged or that will be eaten when other food sources are gone, and a tablet that is placed below the surface of the soil," Grewal said. "The tablets are systemic and the product is taken up through the plant's root structure into the tissue of the plant. The tablet works well for the gopher and mole problems some rural homeowners have, as well as for deer and rabbits."

Repellex is available in the United States from Specialty Garden Supply, Inc. based in Colorado Springs.


"We have carried many different products to deter

predation from the deer and other grazing animals that can stunt the growth of trees and in many instances kill young trees," says Paul Warnecke, warehouse manager for Specialty Garden Supply.

"Our Repellex customers are amazed at how quickly it works and how effective it is on the trees and flowers. For gopher or other under ground rodents that bother young trees, I don't know of another product that will keep the critters away without killing them," Warnecke said.

Latex-based Repellex will last up to four months. One quart provides a gallon of repellent spray when mixed, which will cover about 100 four to five foot trees. The tablets last about the same amount of time, and are used at a ratio of three to one tree.

If you would like information about Repellex, call Specialty Garden Supply at 1-800-635-8969 or visit their Web site at [www.rmausa.com](http://www.rmausa.com).

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- Almost all homeowners (94 percent) say they would make at least one change in the furnishings of their favorite room.
- Three in four people (74 percent) say they would furnish their favorite room with a carpet or rug.
- Eighty-three percent of those surveyed say they look for comfort, durability, and ease of maintenance in home furnishings. Additional findings show

the following:

- One in three Americans say they would select blues and teals over any other color if they redecorate with carpet.
- The television has become the home's electronic hearth. Ninety-one percent of Americans polled say watching television is the most common activity in their favorite room. Eighty-four percent say they simply spend time together there, and 76 percent say they entertain friends in their favorite room.

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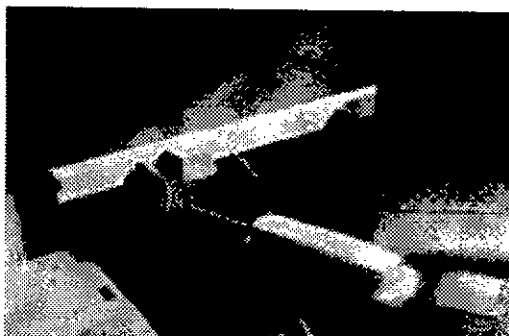
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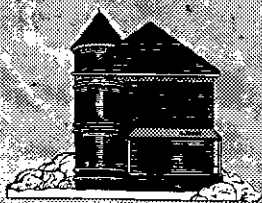
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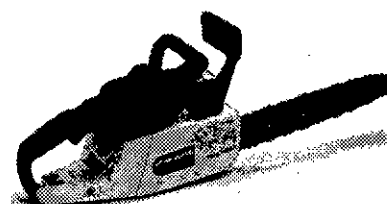
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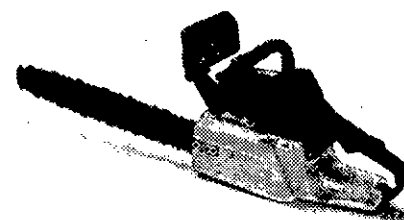
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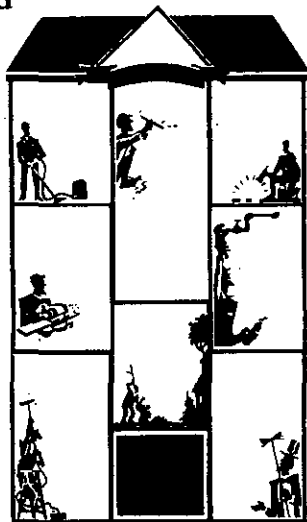
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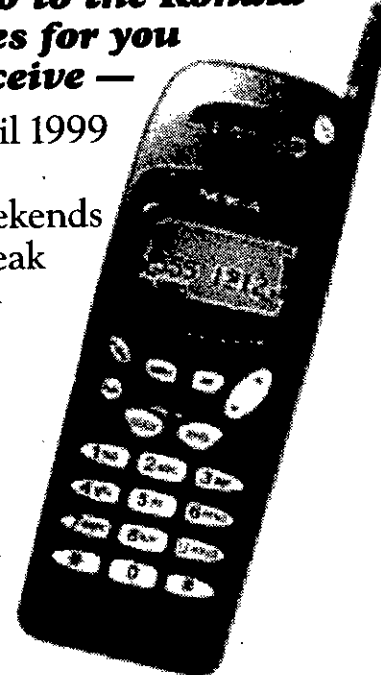
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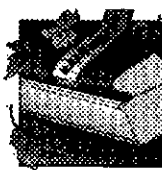
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**T**HE TOYOSTOVE LASER UNIT IS THE LATEST DESIGN IN HIGH-TECH HEATING systems. The Laser is the first heating system to combine the economy of kerosene heating with the comfort and convenience of central heating. It's a major advance designed to give maximum comfort and control.

## Specifications

The Toyostove Laser system is a single compact unit approximately 30 inches wide, 17 inches deep and 28 inches high. It weighs almost 90 pounds and is capable of heating an area 1,670-2,000 square feet. The heat rating is 40,000 BTU/hr on high; 27,000 BTU/hr on medium; and, 15,000 BTU on low.

Unlike traditional central heating systems, the unit is installed in a living area of a home where heat can be easily

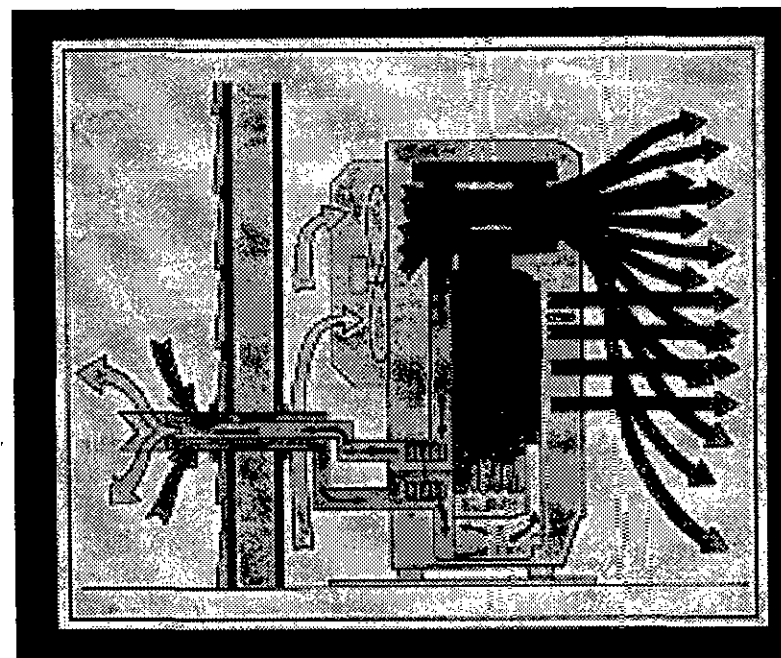
dispersed throughout the house. Interestingly, the system is independent of a preexisting heating system and does not require ductwork. There are two installation options. One is directly through the wall. The other option is to install through a sliding window with a special accessory kit.

The Laser's unique pipe-within-a-pipe forced flue venting system requires that it be placed by an exterior wall. The outside pipe of the venting system brings in outside air for combustion while the inner pipe exhausts all combustion by-products to the outside. The heat is removed through a heat chamber by a circulation fan. The result is smokeless, odorless and clean heating with 93 percent efficiency. To put this in perspective, oil is 60 percent

efficient, gas is 65 percent efficient and wood/coal is 50 percent efficient. Also, the heater is equipped with a flame rod sensor, an overheat protector and a fusible link valve for safe heating.

The Laser's large circulation fan distributes heat quickly and evenly. It automatically regulates between low, medium and high temperature settings and turns itself off when the desired temperature is reached. The design of the unit is such that it never becomes hot to the touch and poses no danger of burns to children or pets.

It has a power failure recovery system, a shut-off safety system, temperature and clock display and a set back thermostat. Operation of the Laser heater can be manual or automatic. Automatic operation is estab-



This diagram shows the Laser's pipe-within-a-pipe forced flue venting system. The outside pipe brings outside air for combustion while the inner pipe exhausts all by-products to the outside, creating odorless, clean heat.

lished by programming the time and temperature settings. It also has a set-back mode designed for energy efficiency by automatically deferring to a lower temperature setting, generally at night.

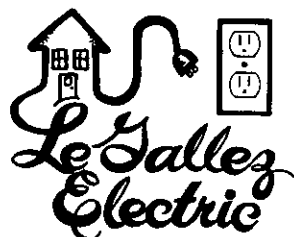
Although the unit is perfectly

capable of heating entire homes, it is ideal for large additions, basement conversions, vacation homes or apartments.

If you would like information on Toyostove Laser heating units, call Connections, Etc. of Delmar at 475-1328.

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## Tips to help find right pros

Your home is likely to be the largest investment of your life. So when the time comes to make repairs, you'll want to hire a contractor who is professional, trustworthy and courteous, rather than the first handyman who happens along.

The National Association of Plumbing-Heating-Cooling Contractors, a trade association for professional plumbing, heating and cooling contracting firms, is a good source of consumer information that can help you check out a prospective company. The association offers these tips:

- Find out how long the contractor has been in business. Is this the contractor's primary business or is the work done "on the side?"
- If your town requires plumbing, heating and cooling contractors to be licensed, ask to see the contractor's license number. Call your local consumer affairs department or building commission to check the records of the contractor.

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# Do-it-yourself tips on Internet

**P**UT YOURSELF ON-LINE. THAT'S WHAT MANY HOME DO-IT-YOURSELFERS ARE DOING TO FIND ALL the information they need to start and complete home and garden projects.

The Internet is proving to be a valuable resource for do-it-yourselfers.

Among the Web sites you may want to bookmark is [www.ryobi.com](http://www.ryobi.com), where Ryobi has logged plenty of helpful information about the company's power tools and lawn and garden products.

## Power tools

In the power tools category, net surfers will find the complete tool company catalog, project tips and an on-line forum to share ideas and pick-up tips from other power tool users.

## Lawn and garden

Lawn and garden enthusiasts can log on to find a complete catalog of lawn and garden tools, as well as lawn care tips. Wondering what the weekend weather will be like? Log on to find the forecast for any part of the country.

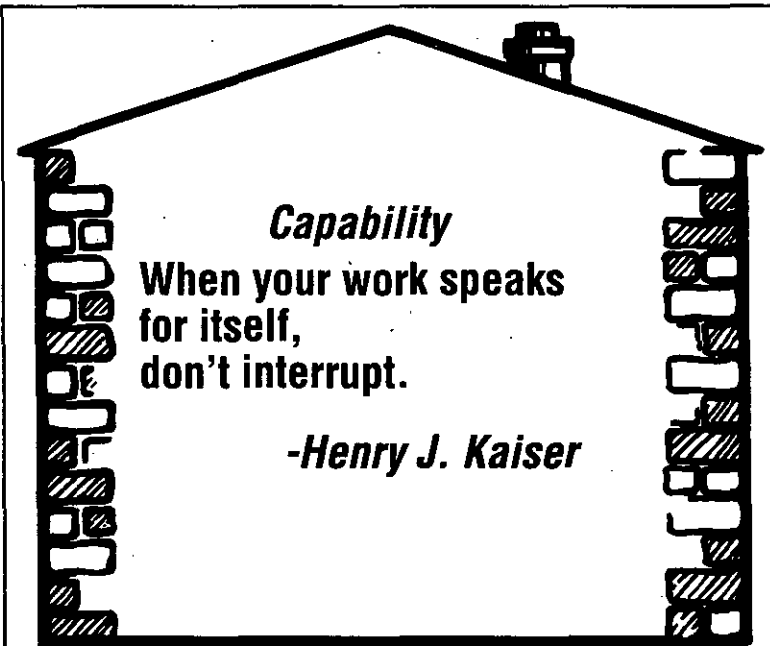
## Feedback

Both the power tool and lawn and garden Web sites offer direct e-mail to customer service representatives.

Want to know which power tool is best for the job?

Want to know where to find the new 4-Cycle trimmer? Just ask.

Now, much of the information you need to make your home your castle is right at your fingertips. To log on, type [www.ryobi.com](http://www.ryobi.com).



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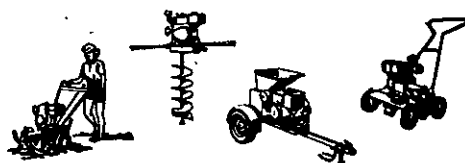
For a free brochure, *You And Your New Puppy*, call the Iams Pet Nutrition Center & Hotline, 800-525-4267, ext. 44.

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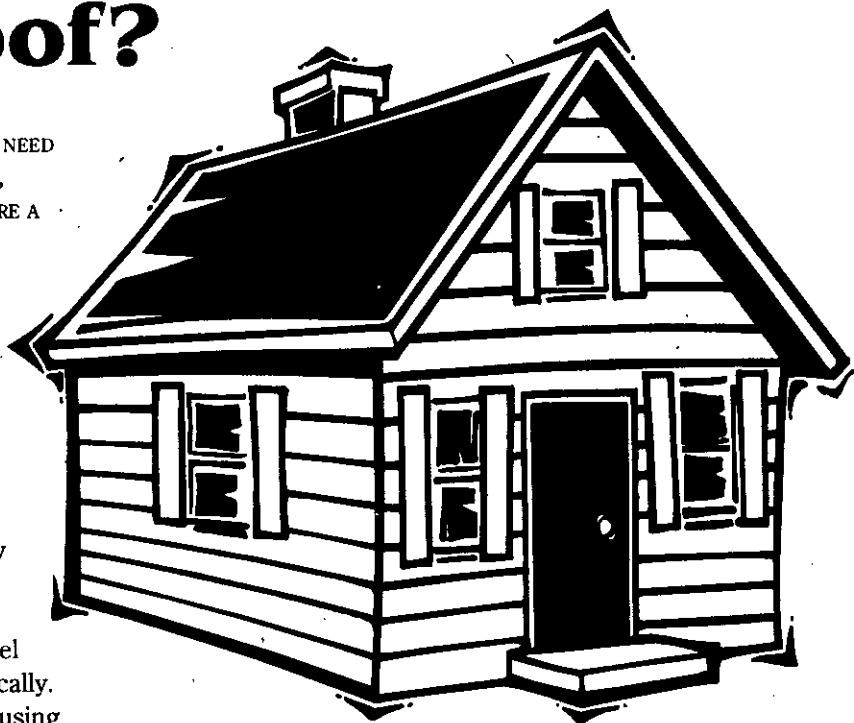
# Does your house need a new roof?

**F**OR HOMEOWNERS WHO NEED TO REPLACE THEIR OLD, LEAKY ROOFS, THERE ARE A MYRIAD OF OPTIONS AVAILABLE. Only one alternative, however, provides the optimum combination of strength and durability with a good environmental record. That's steel.

Thanks to the latest steel-making technologies, steel roofing offers an array of advantages for today's homeowners. And as a result, the popularity of steel roofing has grown dramatically. Thousands of builders are using attractive, durable steel for all types of single family homes, multi-family dwellings, retirement homes and affordable housing projects.

A roof made with steel is resistant to decay, discoloration and mildew. Other roofing materials can rot and crack during the winter freeze/thaw cycle, but not steel.

Steel is considered a green building material because it is 100-percent recyclable and produced in an environmentally friendly process. When used for roofing, steel saves valuable landfill space because it can be placed on top of an existing asphalt roof that would otherwise be garbage. (This also saves the homeowner money on labor to replace the old roof.)




## Steel roofing provides numerous benefits:

- **Attractive appearance:** Painted steel roofs are available in a rainbow of colors to enhance the style and beauty of any home.
- **Long-lasting durability:** This increases the value of a home and leads to savings down the road.
- **Superior wind resistance and fire protection:** Steel is non-combustible and provides protection from wind-blown sparks as a result of lightning or fireplace flues.
- **Lower energy bills:** Light colors reflect heat in warm climates to provide a savings in

cooling costs.

The strength of steel is legendary, but many people do not realize that "The New Steel" is stronger than ever. Now anything made with steel can be made with less material and produced more cost effectively.

Consider this: the new parameters of steel's strength are such that the Sears Tower in Chicago (one of the world's tallest buildings) could be erected today with 35 percent less steel than was needed when it went up in 1974.

For information about steel in residential roofing, visit [www.thenewsteel.org](http://www.thenewsteel.org) or ask a roofing professional. 



Mirrored can add elegance to a room while making it look and feel larger.

## How to pick the right door

**Y**OU CAN DRESS UP YOUR HOME WITH A MINIMUM OF FUSS AND EXPENSE MERELY by changing your doors.

But there is a staggering array of decorative door models to choose from. Each style lends a special personality to a room.

Do you know how to select the door that's right for the space and light requirements of the room? The experts at Wing Industries offer the following suggestions:

- **Frosted glass panels** provide privacy while allowing more light to flow into a room—ideal for the bedroom and bath.
- **Decorative glass doors** add interesting textures to the walls of a long hallway.
- **Louvered doors** help air circulate and are a good choice for laundry rooms or large pantries. They also provide "breathing room" to separate sections of a master bathroom.
- **Mirrored doors** are an ideal way to cover long expanses of wall space and make a small room seem larger and brighter.
- **Cafe doors** are a great way to divide dining rooms and kitchens, dressing rooms and

bathrooms, and hallways and family rooms.

• **French-style doors** add elegance to a room and provide soundproofing while sharing light between rooms. Frosted models provide additional privacy.

Once you've selected the door style you want, then choose the door type. Bifold doors and sliders provide additional room in tight spaces. Solid passage doors provide better sound proofing, have a more sturdy feel and can be locked.

Next, if you are choosing a prehung passage door, determine the door swing you need. When the door opens toward you and the knob is on the left, it is a left-hand swing.

When the door opens toward you and the knob is on the right, it is a right-hand swing.

Measure both the height and width of your finished opening in two places and record the smaller of each pair of measurements.

Many doors are stocked in standard sizes at your local home improvement store. If not, they can be special ordered.

## Cure for an indoor-winter's day

**T**HE APPROACH OF COLDER WEATHER MAY REVIVE MEMORIES OF COZY EVENINGS WITH SWEATERS, HOT CHOCOLATE AND LOGS BLAZING IN THE HEARTH. BUT FOR MANY, THE FALLING MERCURY ALSO SIGNALS THE RETURN OF DRY SKIN, NOSEBLEEDS AND NAGGING COUGHS.

Cold weather is not the cause of these ills. Too-dry indoor air is. As soon as the thermostat wakens the furnace, your heating system starts warming and drying the air in your home. Before long, the air in your home can be tinder-dry with relative humidity as low as 10 percent. (Compare that to the 25-percent average relative humidity in the Sahara Desert.)

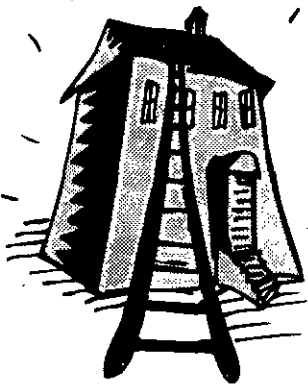
When the air in your home is that parched, the air literally sucks moisture from your body. Your skin and the membranes in your nose and throat can develop microscopic cracks. These open cracks can lead to itching, dry coughs and nosebleeds, all of which increase your risk of infection from viruses or bacteria.

Proper indoor humidity is important year-round. Honeywell, a leading provider of home comfort products and systems, recommends maintaining an indoor relative humidity of 35 to 50 percent.

A growing number of homeowners have cured dry indoor air with a simple, effective solution: a whole-house humidifier. As a companion to your heating system, a whole-house humidifier circulates moistened air throughout the house. The most popular models from Honeywell need little attention or maintenance: no filling, no cleaning—just an annual replacement of the humidifier pad.

Getting control of indoor humidity can help you stay healthier and more comfortable this winter. It also can help you save money. A home heated to 69 degrees at 35-percent relative humidity feels as warm as a home at 72 degrees and 19-percent relative humidity. With humidity control, you can lower the thermostat three degrees and cut your heating bills up to five percent or more without sacrificing comfort.

# Help for the homeowners biggest challenge



**S**O YOU'VE DECIDED TO TAKE ON THE MOST CHALLENGING OF ALL HOME IMPROVEMENT projects: painting your house's exterior.

What you'll find is that the most challenging part of the job may not be dangling from a 25-foot ladder or scraping away of years of peeled paint, but rather selecting what kind of paint to use.

Fortunately, one aspect of the paint-selection process has just been simplified with the introduction of regional, climate-specific paint from Dutch Boy.

"If you live in Miami you need a paint that protects against harsh UV rays and humidity, not freezing temperatures. But those in Kansas do care about wide temperature swings and the seasonal weather extremes," said Tom Rapps, brand manager for Dutch Boy Paints. "Of course you want beautiful color, but you also want a paint that won't crack or warp."

## Doing something about the weather

Sensing the need for a paint that combats the varying — and extreme — weather conditions that batter homes throughout the country, Dutch Boy launched Climate Guard, an exterior paint that is actually five different paints, each one specially formulated for specific regions of the country.

"Unlike traditional 'all weather' paints that claim to be all things to all people, Climate Guard is

formulated to address the particular weather-related problems of a certain area," says Rapps. "What works against the blistering sun in one place may not be the best defense against daily downpours somewhere else."

## The need for climate-specific paint

The fact is, you need a paint that not only adds value to your house and makes your neighbors green with envy, but addresses the specific weather conditions faced by your home's exterior.

In the past, homes in soggy Seattle were getting the same protection as those in sun-baked Phoenix and those along the muggy Carolina coast. It became obvious that American homeowners needed more choices in selecting paint than just between hues and shades of color.

Developed with the help of meteorologists, Climate Guard protects against the harsh climates in the country's five geographical regions: Northwest,

Northeast, Southeast, Sun Belt and Heartland.

Climate Guard Northwest resists blistering and peeling caused by heavy rainfall; the Northeast version provides a mildew-resistant coating and won't crack or peel under wide temperature swings; the Southeast contains mildewcides and algacides to battle periods of extremely high humidity; the Sunbelt is formulated to withstand damaging UV rays; and the Heartland is made to prevent cracking and peeling when houses expand and contract as the mercury rises and falls.

## Spinning the color wheel

If the process of choosing a climate-specific paint has been simplified, the same cannot be said for color selection.

Choosing what color to paint your exterior is not as simple as black and white, as homeowners are faced with a full spectrum of questions.

Do you want a conservative facade or one that shows your true inner psyche? Do you want dark colors that make your house look larger, or light colors

that make it seem smaller? How will it mesh with you lawn and neighboring trees? And how will it look compared with the rest of the houses on the street?

"As you begin a house-painting project, think first about the colors that make you feel comfortable and fit in nicely with your surrounding environment," says Rapps.

Ask yourself if you prefer cool, restful sea colors, warm earth tones, energetic hues or restrained neutrals. And no matter which you choose, you can always accent them with totally different trim colors to make your house stand out or sit back.

"You'll probably want to emphasize features such as the front entry and windows with contrasting colors. Using several hues — one for the door and shutters, another for window and door frames — personalizes your exterior," Rapps says.

## Color makes your house fit in or stand out

Also, consider your home's "color givens," such as the roof and masonry or metal trim.

These can be viewed as separate and distinct palettes that stand out on their own, or as surfaces that can blend in nicely with the overall look of the house.

If your yard is heavily landscaped or wooded, you will need to use some special considerations.

A house that is heavily trees will seem to disappear if painted in light-absorbing dark colors. It's best to save dark colors for houses that tend to dominate their setting and get plenty of sunlight.

Let the colors of the foliage and surrounding landscape guide your color selection. A coral pink house looks out of place in a New York suburb, but appears fresh and breezy set against an azure sea.

Faded pink or orange pastels would settle comfortably into a desert climate and Midwestern palettes need to mix well with a verdant lawn in summer, blazing autumn foliage and winter's snow-white backdrop.

For any paint question, call the Dutch Boy help line at (800) 600-3269.

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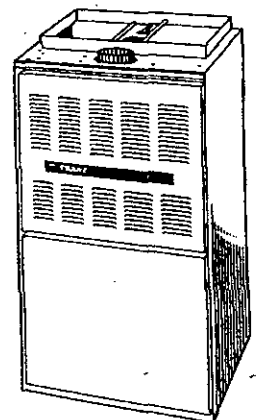
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# For \$1,800, I wanted something bigger

By Katherine McCarthy

**B**Y THE SECOND AUTUMN WE OWNED OUR HOUSE, SOME TRUTHS HAD BECOME evident. The beautiful woodwork around the windows would not be Murphy Oil-soaped every week, and the curtains wouldn't be washed until they were grimy or my mother was coming to visit.

However, I vowed, the structure and the machinery in the house would be maintained—mostly because those things involved only a phone call on my part to summon the requisite guy. Did you ever notice that? Nobody ever says "Mr. Smith is repairing my dishwasher;" they just refer to "The Guy."

"Better call the plumbing guy, the Drano won't unclog the sink." "Let's get the chimney guy out so we can build a fire to-night." "The roof guy is coming over later."

So here it was, December, and the chimney guy had come and gone, and now it was the Furnace Guy's turn.

We'd chosen Family Danz for

the simple reason that their sticker was on the furnace, they were local, and I hadn't heard anything bad about them. Their maintenance check the first year we bought the house yielded no problems; now, two weeks before Christmas, I expected the same.

"Well," the furnace guy said when he emerged from the cellar, "you're emitting really high levels of carbon-monoxide."

Not what you want to hear when you have two young children, a dog, and Christmas dinner planned at your house. Action was required.

"What does a new furnace run?"

"Well, around \$2,000, but," he added quickly as my face blanched, "you'll recoup those savings almost immediately in fuel savings."

As-yet-unwrapped Christmas presents were hidden under our bed, in our closet, and being shipped to my mother-in-law's house even as I received the news that we'd need to shell out even more money so that our house wouldn't silently kill the

extended family passing around the turkey and the pumpkin pie.

An hour later, we were sealed, I was admonished to make sure the carbon-monoxide detector was placed next to the chimney and had fresh batteries, and I called the Husband Guy.

"Oh, yeah," he said calmly, "when the engineer inspected the house, he said we'd need a new furnace pretty soon."

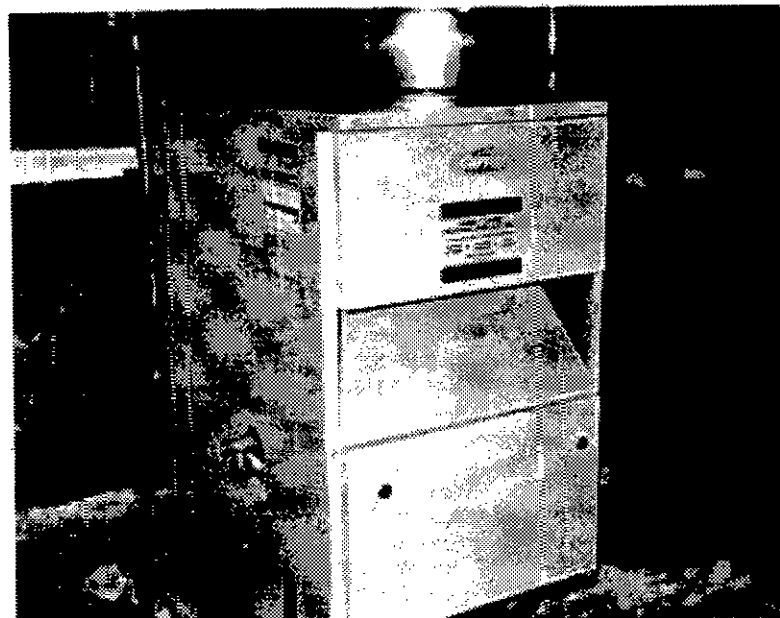
Well, that had gotten by me, but here we were. I started calling for estimates. I also called the engineer (why does he get to use his title, and not just be a Guy?), plus an architect friend for advice. The money seemed bound to go up in smoke: both advised a new furnace

On the last day of the year, two Furnace Guys came, shut everything down, and clanked away in the basement while, inspired by the structural work happening below, I washed windows and dusted woodwork. By 3 p.m., it was cold in the house, and I thought about roasting a chicken just to warm us up.

By 4 p.m., they were done. "Come see it," the furnace guys invited me. They looked proud of their handiwork. "Isn't it great? It's small and compact compared to the other one."

I laughed. "For \$1,800," I said, "I kind of wanted something huge and shiny."

They looked at me oddly and showed me all its features, including a brand-new thermostat in the dining room, which we could program to go to certain



The \$1,800 furnace—a trip to Disney Land would have been more fun. Katherine McCarthy

temperatures at certain times. They set it at 78 degrees, and an hour after they were gone, the children were down to t-shirts, and I was wishing I'd sent out for pizza instead of heating my oven. I put the thermostat back down to the 65 degrees we proudly kept our house, and discovered that our old thermostat must have been off by quite a few degrees, as we were soon freezing again.


When we went to bed that night, there was a new sound in our upstairs bedroom: heat was actually getting up to the radiators. That, too, would take some adjusting, as we'd grown to like burrowing under our down comforter in the Arctic chill of our room just below the roof.

I'd set my new fancy thermostat for 68 degrees at 8 a.m., imagining us waking up to a cozy house. At 8:15, we threw the

covers off, irritated at the light sweat that the new furnace (and a little New Year celebrating) caused.

Change comes hard, but within a week, things were going well—55 degrees at 11 p.m., 65 at 7 a.m., 62 at 8:30 a.m., 68 at 3:15 p.m., as the house heated and cooled to the rhythms of our needs. And the utility bill did go down; in a mere six years, I'll bet we recoup the cost of the furnace.

Minus, of course, the servicing, which it's time for once again. "Check it now, before there are problems," Jack Hogan of Crisafulli Brothers said.

I expect an uneventful check-up. Which is good, because the dishwasher's been making a weird sound lately. Anybody know a reputable dishwasher Guy? 

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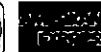
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# Local company offers home safety seminar

**A** NEW CONCEPT IN HOME SAFETY IS CURRENTLY BEING OFFERED IN THE CAPITAL Region through an innovative company called American Safety.

American Safety was created in January of 1997 by Loudonville resident and safety specialist Jeff Malo. Since then, American Safety has been offering home safety seminars to groups of homeowners on such topics as fire prevention, burglary, crime prevention and basic home safety.

Several endorsements from local and state organizations praising American Safety's accomplishments have helped boost its reputation.

"This course is a great way to help educate families on how to prevent, minimize and react to emergency situations in the home," Colonie Police Chief John Grebert said.

American Safety is in turn working with these organizations to get legislation passed in New York State that will allow a percentage reduction in homeowner's insurance premiums to participants attending a home safety course certified through the state Insurance Department.

Most Americans credit their knowledge of home safety and fire prevention to their early elementary school education. In many cases, limited knowledge is not enough when an emergency situation arises.

"The Residential Home Safety Bill will provide the appropriate incentives for families to take more action and attend a home safety course. These days, it is virtually impossible to watch the local news or read a newspaper without seeing some type of fire or crime in our local area that could threaten our homes and our neighborhoods," Malo said.

Although such problems exist, very few people ever try to seek a solution or increase prevention to help eliminate or minimize potentially-threatening situations. For this reason, the American Safety course was established to help educate the public and raise the overall level of awareness of home safety and accident prevention in the home.

Trained specialists in various fields of the emergency services teach each two-hour course,

which covers such topics as fire prevention, burglary and crime deterrents and basic safety around the home.

The uniqueness of the program is that it serves the needs of the entire family as a unit, and not just adults. All family members are invited to attend and the success of the course is greatly influenced by the participation of all family members.

support of many lawmakers in both houses. It passed unanimously in the Assembly but was never brought to the Senate floor due to time restrictions.

With the approval of such legislation, and a possible incentive ahead of the program, Malo said things are looking really good for the American Safety program and the future of family safety in New York.

This fall, the public can look

***The Residential Home Safety Bill will provide the appropriate incentives for families to take more action and attend a home safety course.***

Looking ahead into the new year, Malo has high hopes for the upcoming 1999 legislative session, in which he is counting on more support from the insurance industries who pride themselves on the importance of prevention.

"Every New York state homeowner and their family should be given the opportunity with an added incentive to help make their neighborhood, homes and family safer," he said.

The Residential Home Safety Bill is sponsored by State Senator Guy J. Veella and Assemblyman Ivan C. Lafayette.

In the 1998 Legislative session, this bill carried the

forward to one American safety course being held in the area. It will take place Wednesday, Nov. 16 at 7 p.m. through the Knowledge Network. The fee is \$6 per family and covers all necessary materials.

Call 438-5669 for reservations and location site.

Anyone who favors the Residential Home Safety Bill and would like to see this bill become state law can contact either, Senator Veella at 455-3264, Assemblyman Lafayette at 455-4545 or their local legislator.

Views can also be expressed at the American Safety Web site at <http://members.aol.com/amlsafety/home.htm>.

## Help available for winter worries

**W**ith fall fast approaching it is now time to think about weatherizing your home.

Albany County Opportunity Inc. participates in the New York State Weatherization Assistance Program which aims to make homes and apartments as energy efficient as possible.

According to Mark DeChiro Weatherization Director low income families find themselves paying thousands of dollars for unneeded heating and cooling costs because their dwellings aren't properly weatherized.

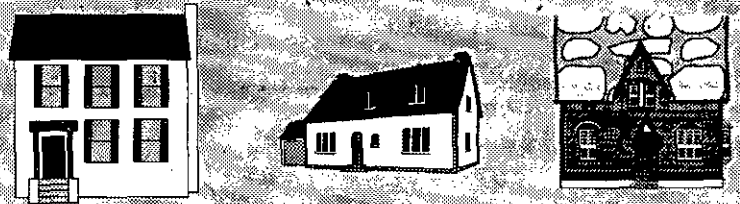
ACOI provided free energy analysis and energy conservation service to qualifying applicants to see what is needed and provide cost efficient services within N. Y. State Division of Housing and Community Renewal Energy Services Bureau policy and procedures.

These improvements cut costs and save money, and are available to homeowners and renters. Eligibility is determined by income and family size in accordance with federal guidelines.

To be income eligible for the program households must be at or below the following monthly gross amount:

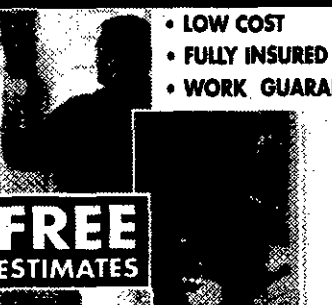
Family of one: \$986 Family of two: \$1,326 Family of three: \$1,666 Family of four: \$2,006 Family of five: \$2,346 Family of six: \$2,686 Family of seven: \$3,026 Family of eight: \$3,366 For each additional person add \$340.

If your family income is within these guidelines, contact ACOI, 35 Clinton Ave., Albany or call 463-3175 to obtain an application.



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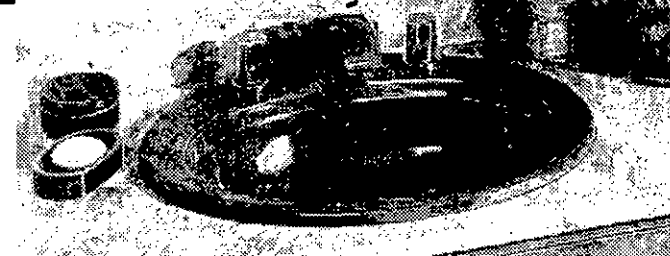
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## Tile walls need strength beneath the surface

**P**LANNING ON REMODELING THAT OLD BATHROOM, MAYBE EVEN ADDING A JACUZZI? IF SO, THERE IS A good chance you are considering using ceramic tile. After all, tile delivers an upscale designer look, it's exceptionally durable, and easy to clean. But as the saying goes, beauty is only skin deep. Many an otherwise sound tile installation has been ruined because of problems with the wall surface behind the tile.

The key to any successful tile installation is to choose a substrate which delivers a strong, uniform surface and provides moisture durability so that the integrity of the wall or floor will not be degraded if exposed to moisture.

Years ago, the preferred choice for tile substrate construction was trowel-applied portland cement. Because of its core strength and moisture resistance, portland cement is an excellent tile substrate.

The only drawback with portland cement is that it is relatively difficult and time-consuming to install. The installation should be handled only by an experienced trowel-trade contractor; it is not a do-it-

yourself job.

There is an alternative though, which provides virtually the same levels of water durability and structural stability as portland cement...and can be easily installed by either a remodeling contractor or proficient do-it-yourselfer. It's called DUROCK™ Cement Board.

Cement board panels, first introduced in the mid-1980s, have grown rapidly in market share over the past 10 years and are now considered the simplest—and the best—means of ensuring a long-lasting tile application.

DUROCK Cement Board panels, manufactured by USG, a leading building products manufacturer, consist of a core of portland cement with a glass fiber mesh embedded in front and back surfaces and along one edge.

The boards are available in one and two inch and 5/8-inch thicknesses for floor, wall and countertop applications; and 5/16-inch thick for floors and countertops only. The panels are nailed to wood studs using hot-dipped galvanized roofing nails



**DUROCK Cement Board panels are considered the best means of ensuring a long life for your ceramic tile installation.**

or screw—attached with special 11/4-inch wood screws.

Once the panels are attached, the joints are treated with glass fiber mesh tape and organic adhesive or latex-fortified mortar (depending on the bond coat being used for the tile) to form a continuous surface which is ready to accept tile.

USG publishes a helpful illustrated brochure which provides step-by-step instructions for installing DUROCK Cement Board and ceramic tile. For a free copy, write to USG, P.O. Box 806278, Chicago, IL 60680-4124, or call 1-800-USG-4YOU. Information is also posted on the company's Internet site at [www.usg.com](http://www.usg.com).

## Luxury mattresses are latest trend

**T**HE POPULARITY OF MASTER BEDROOM SUITES AND THE SEARCH FOR A BETTER NIGHT'S SLEEP have spurred the latest trend in beds: the luxury mattress. Defined as sets costing more than \$1,500, high-end mattresses are the fastest-growing segment of the market. Plush, thick and covered in silky fabric, luxury mattresses lure consumers with the promise of ultimate comfort and an escape from hectic lifestyles.

"The bedroom has really become a sanctuary to people," says Janet Waddell, a Minneapolis interior designer. "More and more attention is being paid to the furnishings and function of the master suite. And the bed is the focal point, so people want something that is beautiful and comfortable."

One of the new luxury mattresses is the Imperial from Select Comfort, the leading manufacturer of air beds. Using air cushioning that conforms to the shape and curves of the body, air bed technology helps eliminate pressure points, resulting in less tossing and turning and a more comfortable night's sleep.

The Imperial mattress is 13 inches deep, with three different

layers of foam over Select Comfort's patented design air chambers. The bed is covered with Belgian damask fabric in a vintage pattern and includes a cashmere-blend pillowtop. The price ranges from \$2,250 to \$3,000.

"When we introduced the Imperial in test markets this spring, the results exceeded our expectations," says David Beres, director of Product Management at Select Comfort headquarters in Plymouth, Minn.

"Consumers really responded to the luxurious look and feel of the bed. And people who purchased the Imperial had a wide range of income levels. The response to the Imperial confirmed for us that people place a high value on comfort and sleep, and they are willing to pay for it," Beres said.

Some luxury mattresses are priced as high as \$7,000. Many come with longer warranties than standard innerspring mattresses.

Select Comfort air beds also feature the ability to adjust firmness independently on each side of the bed using a handheld control that activates a compact air compressor that sits under the head of the bed.

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Polk Audio's Web site lets consumers custom build a home theater system

# Sound advice about speakers found on The Web

SEARCHING FOR THE PROPER SPEAKERS FOR YOUR HOME THEATER SYSTEM CAN ALMOST be a science in itself.

Speakers that are too small might not do justice to powerful movie sound. Speakers that are too big could overwhelm you—physically and aurally—not to mention draw complaints from neighbors.

Fortunately, there are Web sites available to assist budding audiophiles. One of those sites, [www.polkaudio.com](http://www.polkaudio.com), actually lets consumers “custom build” a home theater system to fit their needs.

All they have to do is type in

variables such as the size of the room, budget available, what TV/VCR equipment is on hand and the Web site can come up with a solution.

The interactive, step-by-step site also offers choices, advice and information about speakers, as well as background on recent industry advances such as surround sound technology.

Home theater speakers can envelop listeners with incredibly lifelike and thrilling music, dialogue and surround effects.

The family will derive plenty of enjoyment from the movie theater caliber audio, and you will certainly enjoy having a top

quality system.

For more about Polk Audio and its products, visit its comprehensive and innovative Web site at [www.polkaudio.com](http://www.polkaudio.com), or call 1-800-377-7655.



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# Prepare your home to beat winter blahs

DON'T JUST WEATHERPROOF YOUR HOME THIS FALL, WEATHERPROOF YOUR MOOD! FRESH PAINT AND window caulk are great for protecting your house, but they don't do anything to protect your family from the winter blahs.

While taking the troops to the beach for a few weeks each winter might be ideal, it's not practical. But here is an idea that is: consider adding a sunroom to your home. The entire family will reap the benefits of increased light and it's always there when you need it (without the packing).

Nothing can create a cheery mood like a sunny day - right inside your home. Sunrooms fill the house with light and connect it to its earthly surroundings. The Europeans have coined these glass-walled rooms wintergardens, because they offer a refuge of spring and summer cheer year round.

A wintergarden, more commonly called a sunroom in the United States, is a glass enclosed room that creates a sunny haven in which to relax even when cooler temperatures keep you inside for extended periods of time.

Scientific studies have shown

that natural sunlight can actually help put you in a good mood, improve your health, and boost your energy level by 24 percent more than artificial light, according to *Men's Health* and Current Health magazines.

An economical way to create a sunroom is by enclosing an existing porch or a patio overhang with rolling glass doors and windows. Sunrooms can also be built on an existing deck or concrete pad.

Another idea is to construct a sunroom on the outside wall of your home with a solid insulated foam roof. As an option, glass roof panels can be integrated into the roof systems. This will allow light to come into your home and provide a more open feeling in your sunroom. The most dramatic option is the all glass solarium with either a curved or straight eave roof.

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# Drip, drip, drip means time for new gutters

**L**IKE MANY HOMEOWNERS, LLOYD AND DELORIS RAFTSETH REALIZED THEY NEEDED NEW GUTTERS WHEN they noticed their old ones leaking.

Leaking is just one sign that your gutters may need replacing. Other indications include: damage from winter ice, rust and/or peeling paint.

Basically, homeowners have two options when replacing gutters: do it yourself or have a professional home improvement company do it for you. "If you're going to do a home improvement project like this yourself, plan to take three to four days to tear off your old gutters and put up the new ones," advises lumberyard foreman John Hanson. "Then you need to figure out how many downspouts, extensions and elbows you will need to purchase. Next, measure to determine the length of the downspouts and extensions and where they'll be positioned around your house. "You can install vinyl gutters yourself, however they have a short life

span and need to be replaced after a few years because they become brittle," Hanson cautions. "Make sure you purchase a sturdy ladder and have two or three people helping you, so you don't fall and injure yourself."

Lloyd and DeLoris looked at many options before deciding to hire a professional team to install their gutters. Lloyd thought about doing it himself, but quickly realized all of the work and time that was involved and began contacting professionals instead.

By hiring a professional team of installers to replace your gutters, you won't have to deal with all the worry, work and clean up that comes with a home improvement project, notes Jarod Whitley, gutter specialist with ABC Seamless, makers of seamless siding and related products. "Gutters are an essential part of the home," states Whitley. "Without them, you risk damaging your lawn and your home's foundation. Also, the moisture from the rain can warp and rot doors and window frames. The seamless steel found

in ABC's Designer Gutter is durable and much stronger than vinyl. This design also carries more water than the average gutter, which helps reduce the chance of basement flooding."

With their new seamless gutters in place, DeLoris says, "It's great we didn't have to do the work ourselves. ABC Seamless had the old gutters removed and the new ones

mented on the color change and the clean, seamless look," adds DeLoris. "They asked where we got our work done, and now they're making improvements on their homes, too!"

ABC Seamless manufactures seamless gutters and seamless siding on the job site. The company also installs soffit, fascia and replacement windows on residential and commercial buildings. Based in Fargo, N.D., ABC Seamless has 125 franchises in 38 states. To find a franchise near you, visit the ABC Seamless Web site at: [www.abcseamless.com](http://www.abcseamless.com) or call (800) 732-6577.

**As for new trends in gutters, the flip-up extensions are popular, because when you mow your lawn, you flip them up and secure them, mow the lawn and go back and flip them down again. This prevents the problem of extensions laying all around on the driveway and lawn and getting run over.**

Jarod Whitley

According to Whitley, the larger gutter is especially beneficial during downpours, because it carries the water away from the home faster.

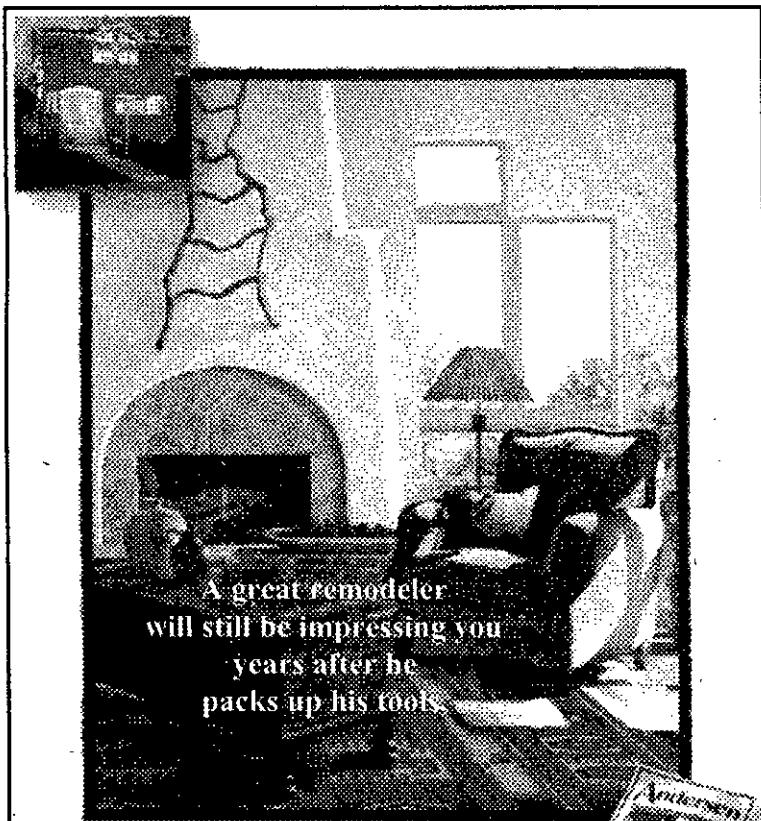
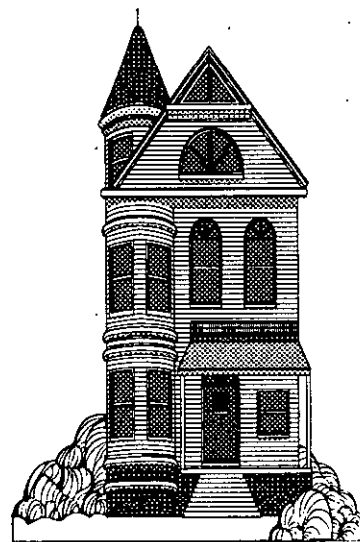
As for new trends in gutters, Whitley says, "The flip-up extensions are popular, because when you mow your lawn, you flip them up and secure them, mow the lawn and go back and flip them down again. This prevents the problem of extensions laying all around on the driveway and lawn and getting run over."

installed in a day. Best of all, I never had to clean up the mess. They did it all."

"We drove around and looked at other houses to get ideas of what colors to use and what would look nice," says Lloyd. "It helped us feel confident in the color we chose. By redoing our gutters, it increases

the value of our home. If a buyer came along and saw the improvements, it would be a selling point."

"After the job was completed, our friends and relatives com-



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