

Cole blasts state testing

Page 3

Family Orchestra

Family Entertainment

Update 99

supplement inside

7

DELMAR NY 12054-3042
451 DELAWARE AVE
BETHLEHEM PUBLIC LIBRARY
3043 09-01-99 10M
385 80P
*****FIRM 12054

Outlight

Serving the Towns of Litchfield & New Scotland

Volume XLIV Number 3 Fifty Cents

January 20, 1999

Fuller & Burns haggle over board procedures

By JOSEPH A. PHILLIPS

The lone Democrat on the Bethlehem town board, Susan Burns, announced an initiative that she said would advance the public accountability of town government at the board's annual organizational meeting on Jan. 13. But her remarks, at the end of the meeting, drew a rebuke from supervisor Sheila Fuller, as other board members sat in silence.



Fuller



Burns

Introducing what she called her "1999 Performance Plan", Burns said, "I think presenting a (written) plan is important, I think reviewing it through the months is important. I think being accountable to the residents is important."

Burns said she would submit an economic development initiative by the end of March, and declared that "the creation of an office of economic development (for the town) will be part of that initiative." Burns originally proposed such an office last November when the board approved the current year's budget.

Burns pledged to launch a bi-monthly public affairs TV program this April on TV-31, Bethlehem's public access cable channel, and to create an interactive web-site independent of the town's existing site. She also promised a "review of the town's by-laws and policies and review of the town's zoning laws," and a monthly "monitoring" of the town

□ HAGGLE/PAGE 12

Bethlehem board makes routine decisions for 1999

By JOSEPH A. PHILLIPS

The Bethlehem town board met on Jan. 13 to tackle a nine-page agenda that set the wheels in motion for town government in the coming year. Resolutions concerning assorted appointments and approvals produced few fireworks, but 1999 picked up where the preceding year left off with an impromptu 45-minute debate of a familiar issue, the town's water system.

Availing themselves of the public comment period at the end of the formal agenda, frequent critics of the town's public works department Sherwood Davies and Bill Kelleher again raised questions about the quality of the water coming from the town's Clapper Road treatment plant. And Davies renewed accusations that public works commissioner Bruce Secor is withholding test results allegedly supplied him months ago by consulting engineers O'Brien & Gere. Those test well results will be publicly presented at the board's next meeting on Jan. 27.

Davies' comments drew a reply from Secor, who said that the town is in compliance with all applicable state and county water quality and health regulations, adding, "It's unfortunate that

we have somebody (Davies) trying to prove that down is up... you can't invent facts."

Kelleher also advanced his argument that traces of ammonia in water samples taken from the Schermerhorn Island aquifer supplying Clapper Road

□ ROUTINE/page 12

Cup of kindness



Megan Perry takes a hot cocoa break from sledding at Elm Avenue Park. Elaine McLain

So far, STAR program passes muster

By JOSEPH A. PHILLIPS

The verdict from Bethlehem school and tax officials on the first year of New York state's School Tax Relief or STAR Program: so far, so good.

But the program, which replaces direct property tax revenue in school budgets with funds derived from state budget surpluses, did have a cost in 1998 from school district coffers, according to a Bethlehem district

This will require continual monitoring, if by nobody else than by the school districts.

official. As the application deadline for the expanded STAR program looms on March 1, the revenue impact in '99 could be even more significant. "This will require continual monitoring, if by nobody else than by the school districts," said Steven O'Shea, assistant superintendent for business affairs in the Bethlehem Central School District.

STAR, the brainchild of the Pataki administration, would permit citizens to apply for individual property tax

exemptions. Revenue lost by school districts through reduced property-tax collections would then be replaced by state funding. "It was intended to be a wash," said O'Shea, "by and large taking some pressure off property taxes as a revenue source."

To phase it in gradually, "the state program was put into effect in two parts," said Bethlehem tax assessor David Leifer: only senior citizens with incomes of less than \$60,000 were eligible for STAR relief in its first, or "enhanced STAR", round, which took effect last September.

But during last spring's budget

□ STAR/page 13

DWI cases adjudicated, 2 arrested

Two individuals charged with driving while intoxicated (DWI) in the town of Bethlehem pleaded guilty to lesser counts of driving while ability impaired (DWAI) on Jan. 5.

Bethlehem police later arrested two more individuals and charged them with DWI.

William M. Perry III, 32, of 135A Fairlawn Drive in Selkirk, pleaded guilty to the reduced charge stemming from his arrest on Dec. 17. He was fined \$300 and a \$30 state-mandated surcharge, and his license was suspended for 90 days.

Robert A. Kroez, 33, of 40 Roweland Ave., Delmar, arrested on Dec. 18 pleaded guilty to DWAI.

He also paid a \$300 fine and a \$30 assessment, and his license was suspended for 90 days.

In both cases, Bethlehem Town Court also required mandatory participation in a drinking-driver remediation program and a victim impact panel.

The first of the two recent arrests occurred on Jan. 8, shortly after noon. Bethlehem police officer Jeffrey Vunck observed a vehicle on Oakwood Road in Elsmere in the vicinity of Adams Place, and stopped the vehicle on suspicion of a seat-belt violation, according to the police report.

He administered field sobriety tests and arrested the driver,

Lawrence Karl Hammond, 36, of 2267 County Highway 39, Worcester, Otsego County. Hammond was charged with DWI and also with failure to wear a seat belt, and ordered to appear in Town Court on Feb. 2.

On Jan. 13, at approximately 12:20 a.m., Officer J.L. Rexford observed a vehicle northbound on Delaware Avenue that appeared to be swerving and which he witnessed crossing hazard markings. He stopped the vehicle near the bridge over the Normanskill, and called for assistance from Officer Thomas Heffernan in administering field sobriety tests.

Arrested and charged with DWI and a traffic citation was Jennifer Van Allen, 22, of 43 Eichyush Road in Kinderhook. She was ordered to appear in Town Court Feb. 2.

Bethlehem women's club to host well-known speaker

By Donna J. Bell

For the past 48 years, professional women of Bethlehem have joined together for support, information and business contacts.

Bethlehem Business and Professional Women's Club held its first meeting as a member of the New York State Federation of Business and Professional Women's Clubs in January of 1951. It broke away from the federation and became Bethlehem Business Women (BBW) in 1960.

The club supports civic projects and provides scholarships to graduating high school seniors. "We also participate in a variety of community projects," said club vice president Leslie Trosset. "We give donations to the food pantry every month and in December we adopted a family and stuffed

Christmas stockings for the Salvation Army."

BBW is open to a wide variety of women, said Trosset. Professional women and business owners, as well as retired women and those who have taken a few years off from the workplace, are welcome to join.

Trosset, a mother of two, works part time as the vice president for sales and recruiting at the computer consulting firm Intelligent System Solutions.

"I joined as a way to become more involved in the community and to network with other women," Trosset said.

BBW holds monthly dinner meetings at Normanside Country Club in Elsmere.

Sister Anne Bryan Smollin will be the guest speaker at the club's next meeting on Wednesday, Feb. 3, from 6 to 9 p.m. Smollin, a nationally known therapist, group facilitator, lecturer and consultant in communication skills workshops, is the author of *Jiggle Your Heart and Tickle Your Soul* and *Polish Your Soul and Spruce Up Your Heart*.

"People rave about her," said Trosset. "We were so flattered that she (Smollin) accepted the offer to speak because she is so busy." The program, titled "Life is a Balancing Act," is open to the public.

Reservations can be made by mailing a check (payable to BBW) to Dorothy Williams, 12 Euclid Drive, Delmar 12054 by Jan. 27.

The cost for the program and dinner, is \$18 for nonmembers and \$15 for members. For information about tickets or BBW, call Williams at 439-2535.

WHO SAYS YOU CAN'T GET MORE FOR LESS?

Find out how your benefits can grow for a plan premium \$35 of just **\$35** per month

Make the most of your Medicare Coverage with Partners Senior Gold

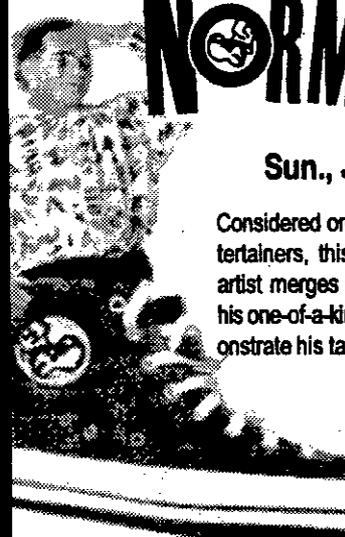
- Full Hospital Coverage as Medically Necessary (no deductible, no time limit)
- Prescription Drug Plan Discount (\$10 co-pay; pays up to \$500 per year; available through our pharmacy network)
- Routine Physical, Vision & Hearing Exams (\$10 co-pay)
- Hearing Aid Allowance (\$300 maximum benefit)
- Selected Frame & Lens Paid In Full (at participating Davis Vision Centers)
- Choice of Doctors and Hospitals (more than 800 providers are affiliated with the plan).
- Virtually No Paperwork

Join us at a community meeting during January to find out more.

DAY	LOCATION	TIME
Every Mon.	Menands Diner, Menands	2:30 pm
Every Tues.	Smith's, Cohoes	12:00 pm
Every Tues.	Tool's Restaurant, Delmar	2:30 pm
Every Wed.	Golden Corral, Colonie	12:00 pm
Every Thurs.	Voorheesville Diner, Voorheesville	10:00 am
Every Thurs.	Ponderosa, Western Ave., Albany	12:00 pm
Every Fri.	Denny's, Central Ave., Albany	10:30 am
Every Fri.	Starbuck's, Latham	2:30 pm

A plan representative will be present with enrollment applications. Partners Health Plans SENIOR GOLD is a Medicare-contracted HMO with continuous open enrollment and open to individuals entitled to Medicare. There is no obligation to join. You must have Medicare Parts A and B, or Part B only. You must continue to pay your Part B premium. SENIOR GOLD serves Albany, Essex, Hamilton, Rensselaer, Schenectady, Saratoga, Southern Franklin, Warren and Washington Counties.

Partners Call 1-800-447-8610
SENIOR GOLD PLAN Ext. 125
 from Partners Health Plans for reservations or information packet.
An affiliate of HUM HealthCare Systems, Inc.



NORMAN FOOTE

Sun., Jan. 24, 1pm & 4pm

Considered one of today's hottest children's entertainers, this Walt Disney Records recording artist merges music and stand-up comedy with his one-of-a-kind Foote puppets. His "songs demonstrate his talents for humor, wit and wordplay."
New York Parent

The Egg

Corporate Sponsor: GE Power Systems
 Exclusive Soft Drink Sponsor: Pepsi-Cola
 Media Sponsors: B95.5 and The Times Union

Box Office: 473-1845 TDD: 473-4168

DONT

miss this coupon!

"Cut here and bring this to our office!"

FREE GROCERIES!

- \$10 coupon when you open a new IRA or transfer an existing IRA from another institution
- Plus - no maintenance fee checking with direct deposit!

DELMAR • 478-0544 BETHLEHEM • 439-5000

197 Delaware Ave. Inside the new Price Chopper

Cohoes Savings Bank
MEMBER FDIC

Good only at our Delmar and Bethlehem office. Maximum one coupon per family for only one account. May not be combined with other offers, including Trimark Coupon Mailings. Offer can be withdrawn at any time. Expires April 15, 1999. Certain Account Minimums Apply.



EQUAL HOUSING LENDER

When ice is nice



Ice can turn trees into works of art that are a delight to the eyes. However, ice-covered roads this week made commuting a nightmare throughout the Capital District.

Elaine McLain

V'ville board pres blasts SED

By Katherine McCarthy

At its most recent school board meeting, board President John Cole criticized the first phase of the state Education Department's Regents for All: the English Language Assessment (ELA) tests for fourth-graders.

The tests were to have been given last week, but storms delayed part of the testing.

"I'm a skeptic," said Cole, "especially since most of the test was in the media over the weekend. I think SED are a bunch of chickens going to a four-point grading system. It should be graded on 100 points. They're gutless wonders. This is the biggest fraud perpetrated on the state in a long time. It was clear when the commissioner and his minions spoke about the new standards, that this was just the way it was going to be."

Cole said his biggest concern about the fourth-grade ELA was the passage that teachers read aloud to students. The students would then answer questions about the passage. "There will be unfamiliar names in that," Cole said. "The only good thing about

this is that there will now be one test instead of three, which means less testing for these poor kids."

The ELA contains some multiple-choice questions, a listening component and essay writing. The tests will be graded on a rubric of one to four, and the passing grade has not yet been established.

Schools throughout the state must send teachers to grade the tests on Jan. 27, 28 and 29. Three Voorheesville teachers will be part of that group.

The test replaces the reading PEP (pupil evaluation perfor-

Assistant principal Lisa DePaolo said that she did not think there would be a big discrepancy between what the school already knows about its at-risk students and what the new test will show.

Diegel shared Cole's concern that the state Education Department could use test results to put pressure on schools, but thought that the tests were a step in the right direction in terms of what information is being tested.

Teachers Frank Faber and John Lopez introduced the district's new Website: <http://vcasd.neric.org>

I think SED are a bunch of chickens going to a four-point grading system. It should be graded on 100 points. They're gutless wonders. This is the biggest fraud perpetrated on the state in a long time.

John Cole

mance) test usually given to grades three and six and, beginning next year, the grade five reading test will also be eliminated.

"There's a little anxiety on the part of the teachers," said elementary principal Ed Diegel. "It's the first time the tests have been given. Teachers and administrators have been to many workshops, and we met last year with the third-grade teachers to see how they can help prepare students. The test is a measure of K to four performance, so other teachers need to be familiar with it, and know the format. I think our students are prepared, and that the teachers have gotten them where they need to be."

The results, which the state Education Department hopes to return in time for the School Report Cards in April, are meant to identify students who need help, Diegel said.

vcasd.neric.org

The site contains information about district schools and courses, information on teaching and upcoming building projects, student work and electronic editions of district newsletters. The site's main menu is always on-screen to prevent the user from getting lost.

Lopez demonstrated the visual arts category, which displayed visuals and information from art museums.

Distance learning teacher Brian Hunt, whose AP Economics class is broadcast to students at many different schools, said that the site will ease communication with all of his students. "Because I teach to so many different kids, this makes it easier. It's hard to trace down kids all over the Capital District," Hunt said.

Senior housing project clears planning hurdle

By Joseph A. Phillips

A moderate-income senior-housing project, proposed for a site in Glenmont, has cleared municipal planning review hurdles and is on track for construction to begin in early April, according to an official for the project's developer.

The \$8 million Van Allen Senior Housing complex, projected for an 18-acre site on Route 9W near Hague Boulevard and Meyers Corners, won final approval from the Bethlehem planning board in December.

Since then the project has also secured a letter of commitment, pending final details, for a \$2.5 million no-interest loan from the New York State Housing Trust Fund Corp., along with bond authority of more than \$5.8 million from the Bethlehem Industrial Development Agency (IDA).

Garry Kearns, executive director of American Housing Foundation, the Albany-based non-profit that is developing the 110-apartment complex, said he hopes that final negotiations with prospective bond underwriters will be completed within the next 30 to 45 days. "It awaits only the final breakdown of numbers with regard to our costs and financing," he said.

Kearns said he anticipates a 12-month construction period which would begin on or about April 1.

Kent Construction of Warwick, R.I., has been secured as construction manager of the project. "Contractors are in the process of pricing plumbing, heating and electrical supplies," said Kearns.

He anticipated that the first

occupants would begin signing leases by March 2000 and full occupancy would follow within a six-month period after that. "Although that would need to be coordinated with the town planning and code enforcement people," he added.

The project is aimed primarily at seniors with modest incomes.

The first phase of the project will include 15 one-bedroom apartments and five, two-bedroom units. They will be priced at \$380 to \$440 a month. The target renter for the first phase: those making 50 percent of the median income for the area, Kearns said.

The second phase apartments, 59 single- and 21 double-bedroom units, will be more expensive, in the \$625 to \$695 range, and the final 10 units will be two-bedroom units at \$785 a month — still affordable for renters at below-median incomes.

"These are basically to help those seniors that are on fixed incomes that are above the poverty level," Kearns said of the pricing structure. "It's for seniors who have been working all their lives and don't have a great deal of savings. It's getting tougher and tougher out there for seniors to afford the market rate apartment."

He said the backing of the IDA and the planning board has been crucial to securing the state financing. "It's always important to be in a community that supports what your goals and objectives are, and Bethlehem has been very supportive," he said. "It's been very important to the Housing Trust Fund to know that this does have community support."

New Scotland addresses routine business Jan. 13

By Katherine McCarthy

At its Jan. 13 meeting, the New Scotland town board appointed John Amato of Slingerland's Krumkill Road to the town's zoning board of appeals. Amato took the seat vacated by Cynthia Elliott, who is now on the town planning board. Amato has lived in New Scotland for eight years, and has owned and operated Krumkill Nurseries since 1980. His term lasts until Dec. 31.

The board also discussed water for two different areas, Altamont and Flat Rock roads. The Altamont Road area includes portions of Altamont and Koontz Roads and covers a total of 37 lots. Wormer Road resident Theresa Flynn paid for a study by engineers C.T. Male, which showed costs to run at about \$900 per year for users in that district. This cost is well above the guideline cost of \$540 set by the state Department of Audit & Control for new water districts.

Flat Rock Road fared a little

better, with board member Scott Houghtaling reporting that he has received several phone calls from residents of that area interested in receiving water. Town supervisor Herb Reilly said that by backfeeding the pump house on Route 443, the lines can be charged as far as Flat Rock Road to potentially bring another 25 customers to the water line there.

"This could be a windfall for residents of Clarksville," Houghtaling said, since adding new users to an existing water district could reduce the costs to individual users. Houghtaling pointed out that issues remain, such as how to charge new residents, and how existing rates are affected. Reilly said that he will try to set up a meeting shortly for residents and C.T. Male to attend.

The board scheduled a special meeting on Jan. 25 at 6 p.m. to hammer out a job description for the town's animal control officer. Primarily at issue is the removal of dead animals in the town.

Index

Editorial Pages	6-8
Sports	11
Obituaries	14
Weddings	15
Neighborhood News	
Voorheesville	9
Seikirk/South Bethlehem	10
Family Entertainment	
At Your Service	20
Calendar of Events	17-18
Classified	21
Crossword	17
Dining Guide	18
Legals	19-20, 22
Real Estate	22

Fun lessons lighten up the daily grind

By Katherine McCarthy

My son, Christopher, has been giving me fun lessons lately. I don't know which is more frightening, that he thinks you can teach fun, or that he thinks I need them.

Fortunately, they're quite simple, and I've taken to them pretty well, if I do say so myself. The first lesson involved a plastic sled, the country club's hill, and his 8-year-old body in my lap. "You always just stand at the top," he said on one of the first snowy days. "Come down with me, it's a lot of fun."

I hadn't been on a sled with the boys since they were toddlers, and it was fun, hurtling and spinning down the hill, shrieking just for the fun of it, feeling the wet snow slap my face. Their doubled delight at my presence made it even more enjoyable.

The second lesson attempted to draw out my nonexistent Martha Stewart side. Ours is not a home with handmade quilts and sachets in the clothes drawers, but I hate to say "I can't" in front of my children, mostly because I always encourage them to try.

So I took a wad of fiberfill stuffing, sequins, clothespins and star

stickers and created Fluff Man. He fell apart the next morning. But no matter, I earned a "You have done well, Grasshopper," from my Zen master, and was pleased.

I was also impressed with the way Christopher taught the lessons, a reassuring presence letting me try things on my own. He was there for me on the sled, and he never tried to wrest Fluff Man from my grasp, even when it was clear that I couldn't get his clothespin arms anchored down.

Christopher spoke soothingly and encouraged me. And in the end, I was thrilled with my creation — an odd little man with blue spangly eyes.

I vowed on the spot to be have more fun with my children, which requires living in the moment, something that the minute and infinitesimal demands of motherhood conspire to prohibit.

I also decided to step back a little and let my children discover things on their own. From homework to the upcoming Cub Scout Pinewood Derby, I'll have to bite my tongue and let them do it their own way. Christopher won't line up his math problems like I do, because he finds the answer a different way, and his derby car may not be the sleekest, fastest and best-looking, but it will be his.

"The core issue in parenting," said local psychologist Laura Kagan, "is to help your child to be

self-sufficient, self-reliant and successful." It's also a balancing act, she said, letting kids create something that is theirs, and have the satisfaction of doing it independently, but perhaps having to deal with the disappointment of not being the best.

"You can sit back with your child and discuss this balance, maybe come up with some plans and strategy," Kagan said. "It takes a lot more time, energy and effort to do things in a way that's teaching, but that allows children to see their failure and success. If you do something for them, they're not learning the lesson. They are appearing to succeed, but sooner or later, they will have to do it alone."

So I'm trying to be there for my kids in ways that are less obtrusive — like letting them play outside without hovering, and letting them learn what kinds of behavior other children and adults will tolerate. I still sit with them when they do their homework, but try to be a resource, not the director.

I'm also trying to stop nagging them to tuck their shirts in, wash their faces, pick up toys, put homework in backpacks and dirty clothes in the hamper.

I feel caught between the proverbial rock and hard spot on this one. I get resentful when I'm the only one picking things up, even though I can tolerate a fair amount of disorder.

I hate the sound of my own

voice asking or explaining for the millionth time, so I end up issuing short, declarative directions: "towels go on the rack," "forks go on the left," "put your homework away now."

These directives are part of what often makes me the Anti-Fun person in our house, especially when we hit "Stunde Null" and I end up spending an entire day picking up, putting away and feeling furious.

I refuse to give in and be the only one who cleans up — which another mother in town pointed out teaches the children the lesson that mom will always take care of it — but maybe I can go for some lesson-teaching myself.

If the children don't put the toys where they want them, my mine-sweeping will land them in a random jumble in the toy box. If their clothes don't go into the hamper, their favorite shirt won't get washed. If homework doesn't get put in the backpack, they might lose free time at school.

It's hard for me to strike a balance between teaching, doing, and letting them learn about consequences. But it could have a huge reward for all of us. Because if I don't have to spend all my time cleaning up or issuing instructions, we'll have more time for fun lessons.

Smith's to aid local fire victims

Smith's Tavern in Voorheesville will conduct a benefit fundraiser for State Farm Road residents who lost their home in a fire this month.

The benefit is scheduled for Monday, Jan. 25, from 3 to 9 p.m.

Smith's owners Jon McClelland and John Mellen will donate half of the day's proceeds to the fire victims.

The tavern employees have also donated their time on the day.

Bottle refunds help Hamagrael Preschool

Proceeds of bottles returned in January at Slingerlands Price Chopper can be donated to Hamagrael Preschool at Delmar Reformed Church.

To participate, recycle bottles at the machines and deposit receipts in the box at the customer service desk.

Progress Club sets January meetings

Delmar Progress Club's evening group will meet on Wednesday, Jan. 20, from 7 to 9 p.m. in the community room of Bethlehem Public Library to emboss stationery.

There will be a legislative forum on Wednesday, Jan. 27, at 11:30 a.m.

For information on club activities, contact Helen Smith at 439-3916.

Delmar library plans story hours

Bethlehem Public Library will continue its series of Saturday morning story times for preschoolers through March.

The next session of Saturday Storybreak is set for January 23 at 10:30 a.m.

The program, which explores a theme through books, media and hands-on projects, is appropriate for ages 3 to 6. Parents must attend with children.

Additional sessions are set for Feb. 6 and 20, and March 6 and 27. To register, call 439-9314.

RCS committee to meet at school

The next meeting of the Ravena-Coeymans-Selkirk Central School District's Safe Schools Committee is set for Tuesday, Jan. 26, at 6:30 p.m. at the middle school library on Route 9W in Ravena.

For information, call 756-5200.



Children learn some pretty important things at Tutor Time.

Like how to feel good about themselves.

Tutor Time understands that nothing is more important than building a young child's self-esteem. So we have written our new curriculum, designed our facilities and trained our teachers to create a nurturing, developmentally appropriate learning environment. Children ages 6 weeks and up will not only acquire skills, but grow as people.

Come with your child and see for yourself.

TUTOR TIME
CHILD CARE/LEARNING CENTERS

ONE FREE WEEK!*

Where children learn to feel good about themselves.

180 Delaware Ave. (in rear of plaza) • Delmar • 518-478-9701

www.tutortime.com

*Fourth week free. Please present ad. Applicable to new enrollees only. Not valid with any other offer. Expires 3/31/99

Delmar Carpet Care

QUALITY CARPET CLEANING

- WALL TO WALL
- UPHOLSTERY **439-0409**
- ORIENTALS AND AREA RUGS

Tim Barrett



Slingerlands Cooperative Nursery School

(non-denominational)

OPEN HOUSE

Sunday, January 31, 1999
from 1:30-4:30 PM

Slingerlands Community Methodist Church
1499 New Scotland Rd. 423-7407



Registration for 1999/2000 School Year 3 & 4 year old classes

Learn how to become physically fit

From teen-agers to senior citizens, everyone can benefit from tips on physical fitness on Saturday, Jan. 23.

The program is called "Increasing Your Athletic Performance" and will be presented by Tamara Buono-Lund beginning at 1 p.m. It will include information on body hydration, nutrition and diet, preventing sports injuries and being the physical best you can be. All ages are welcome.

The basics of choosing an



Internet provider, browsers, finding informing, e-mail and freemail are among the topics which will be covered at an introduction to the Internet on Tuesday, Jan. 26, at 7 p.m. Sign up is necessary. Older people are especially welcome to keep up with what's going on in the world of computers.

A reminder for local history buffs — state Assemblyman Jack McEneny will be at the library on Thursday, Jan. 21, at 7:30 p.m. to present the first in a series of historical lectures in conjunction with Voorheesville's centennial celebration.

McEneny's presentation is called "Why They Came, Whence They Came: Ethnic Migration into Albany County."

The cookbooks are gone. More have been ordered and should be here sometime in February. Other centennial promotional items are on display this month in the showcase. Stop by for a look at the selection.

It's not too late to sign up for the winter adult reading club. Pick up an information packet at the reference desk.

Barbara Vink

Youth services helps kids and adults

The library's youth services department is for children — but also for the adults who nurture them.

Next time you visit the library with your child, take some time to explore the parent-teacher section (PTS) — a special collection dedicated to the care and educa-



tion of children in kindergarten through eighth-grade.

With more than a thousand books plus supporting periodicals and audio-visual materials, the library's PTS collection is one of the largest in the Capital District.

The classics are here — the most recent edition of Spock's *Baby and Child Care*, for instance, and Brazleton's *Caring For Your School Age Child*. But so is a book about the Oklahoma City bombing, written to help children deal with random violence.

You'll also find periodicals about home computers and home education, a simple parable about war, a picture book that deals with separation anxiety, a photo essay about a premature sibling and much more.

Beverly Provost, the head of

youth services, estimates that the idea took root in area libraries in the mid 1980s.

Provost, who served at the time as consultant for youth services with the Hudson-Mohawk Library System, helped introduce the concept locally by organizing a workshop with Long Island librarians Sandra Feinberg and Kathleen Deerr. Feinberg and Deerr were pioneers in the field and are currently regarded as leading authorities on parent-teacher collections in New York.

Of special interest to many entrusted with the care of very young children are the PTS Easy Picture Books, parent-child read-alongs which focus attention on serious topics such as death, AIDS, poverty and war, and situations such as blended families, new siblings or toilet training. One recent acquisition is *Grandmother's Dreamcatcher*, which deals with nightmares. The book's characters are American Indians, reflecting a growing trend toward multicultural settings that illustrate general child-rearing concerns.

PTS Easy Picture Books are shelved separately for convenient access. A complete list of titles arranged by subject is in the works and will be available to the public for quick reference.

The PTS collection is utilized by teachers, as well, whether they are librarians, home-schooling parents or preschool personnel.

Provost says that interaction with home-schooling parents has helped guide acquisitions away from curriculum planning resources, which are plentiful elsewhere. Home-schooling resources at the library are concentrated in such areas as assignment support, age-specific activities and teaching techniques.

The library's PTS materials are complemented by program offerings for parents such as "Healthy Snacks, Healthy Kids" next Wednesday, Jan. 27, at 7 p.m., and "Reading Readiness," planned for April.

Joint parent-child offerings include Saturday Storybreak, the new Library Babies venture and ongoing Bookchat and mother-

daughter book discussion groups.

For information on the collection or the programs, call Lisa Bouchard or Beverly Provost at 439-9314.

Louise Grieco

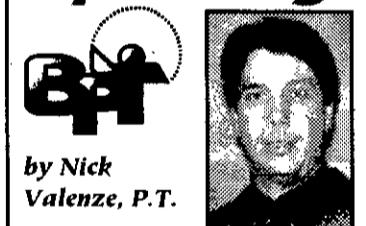
Bethlehem resident celebrates 100th

Bethlehem resident Martha (Daisy) Reid celebrated her 100th birthday on Jan. 6 and Supervisor Sheila Fuller issued a congratulatory proclamation in her honor.

Born in North Haven, Conn., she married Reginald O. Reid and moved to Bethlehem in the 1930s. They raised a son, Robert, and daughter, Susan, here. Reid has eight grandchildren and fourteen great-grandchildren.

She managed the cafeteria at Elsmere Elementary School for many years and has long been active in the Methodist Church and in community activities including 4-H and the Delmar Progress Club.

Physically Speaking



by Nick Valenze, P.T.

THE RIGHT TOUCH

Massage has the power to convey caring and nurturing, and to direct them for the purpose of attaining relaxation and pain relief. Thus, aside from making patients feel good, it reduces stress, relaxes muscles, and has many physiological benefits. Among these is the dilation of blood vessels, which improves circulation and, in turn, helps relieve congestion and spread nutrients throughout the body. Massage also stimulates lymph circulation, which otherwise moves by muscular contraction alone, and it hastens the elimination of metabolic and other wastes. By speeding up the lymph system, massage may increase the effectiveness of the immune system. On a muscular level, massage relaxes spasms and may help strengthen muscle tissue by reducing adhesions and realigning weak muscle fibers.

It is unfortunate that physical therapy has become synonymous with painful exercises when there are so many techniques, such as massage, that leave patients smiling and asking for more. But don't take our word for it, ask your physician or orthopedic surgeon for a referral. To learn more about our wide range of services, including massage therapy, please

Call: 436-3954

For your convenience, we will be glad to process your insurance claims. Our facilities are located at:

365 Feura Bush Road,
Glenmont Centre Square
Please E-mail us your questions at DPT at EmpireOne.com
P.S. According to one study, massage significantly reduced anxiety and the perception of pain among cancer patients.



Elaine Van De Carr
1569 New Scotland Road
Slingerlands, N.Y. 12159
439-1292



Jane M. Hans
471 Albany-Shaker Road
Loudonville, N.Y. 12211
459-1313

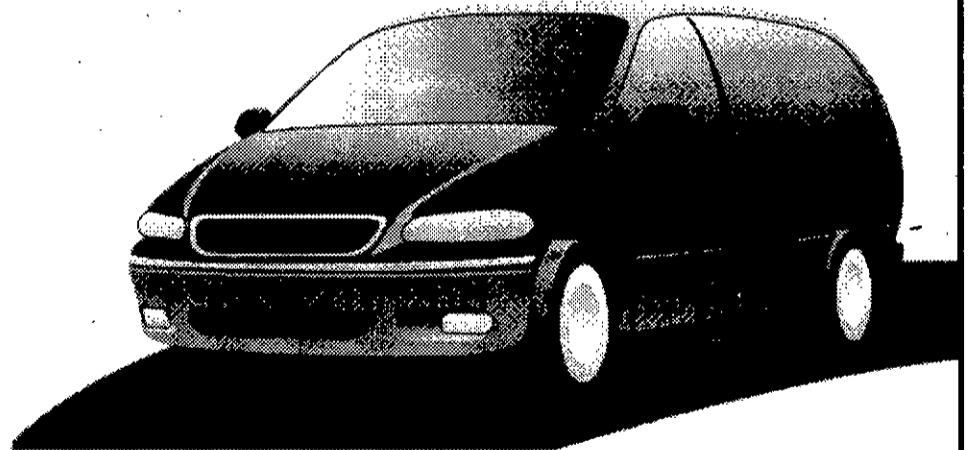


Jane Bonavita
264 Delaware Ave.
Delmar, N.Y. 12054
439-6222



Maryann Fazzone
578 New Loudon Rd., Rt. 9
(Near Maxwell Rd) Latham, N.Y. 12110
783-7897

"We can steer you toward a better value in car insurance."



Like a good neighbor, State Farm is there.®

State Farm Mutual Automobile Insurance Company • Home Office: Bloomington, Illinois

BECOME THE WORLD'S GREATEST PARENTS TO SOMEONE

Be foster parents.

Reimbursement, training and support.

Every child deserves a family™

Call KidsPeace
1-800-201-3005

Matters of Opinion

Homeowners beware

Homeowners: Beware. Don't fall prey to more headaches of the season by succumbing to door-to-door con artists. So far, police have not reported any attempts at this sort of scam, but that doesn't mean it can't or won't happen here. The brutal truth is that foul weather scams happen again and again.

A common approach used by unscrupulous "contractors" is the fear tactic where the pitchman cautions that a porch roof is in danger of caving in from the weight of the snow. The problem occurs when it comes to setting a price for the job. Scam artists charge outrageous fees, collect the cash and drive off, never to be seen again.

The best defense is to only hire people that you have called — reputable people in the community who charge fair rates and gladly provide references.

Very often those who get taken in by the rip-off artists are senior citizens — those who can least afford to spend hundreds of dollars for a shoveling job. If your parents are seniors, be sure to alert them to the dangers of contracting a job with a stranger; tell them to call you before making an agreement with anyone.

Good Samaritans

This week's Point of View by Delmar resident Kim Harvey and an act of kindness by a group of Bethlehem teens saved the last seven days from becoming the dreariest in history because of frigid weather and nerve-wracking road conditions.

Kim, just 20, is beginning to make her mark on the world by raising a puppy for Guiding Eyes for the Blind — a daunting task. She has taken on a year-long commitment on top of her rigorous academic program at Ithaca College. Since Kim visits the Spotlight office periodically (her mother Gail works here), we've come to know Pacer, the black lab puppy and to better know her caretaker. Kim is devoted, loving and exercises great patience with the pup. It's comforting to see a young person defying the stereotypical self-centered image of that age bracket.

In the second instance, a group of Bethlehem teens rescued a woman who had fallen on the ice while walking her dog. The teens not only helped her get her bearings, they insisted on escorting her home to make sure she got there without further mishap. These kids deserve a big thank you for looking out for their neighbor. They are truly this week's Bethlehem Good Samaritans.

Puppy puts 'mom' through her paces

By Kim Harvey

The author, a graduate of Bethlehem Central High School, is a junior at Ithaca College majoring in journalism.

I became a "mother" on Oct. 22, at the age of 20. I had come home after a day of classes at Ithaca College to find several messages on my answering machine. I fast-forwarded through the first several messages — the usual calls I receive as a resident assistant from students whose toilet, sink or bathtub are overflowing, and want it fixed immediately; to a call from my parents, who want to know how much money I squandered at the grocery store over the past week; one from my best friend, who wonders if we're still on for a late dinner and ER that night; and another from my boyfriend, who wants to know if I've heard back from the "dog lady" yet — a prelude to the message that was about to change my life. It went something like this, "Kim, this is Marsha from Guiding Eyes. We have a puppy that needs a home right away. Please call me as soon as you get in."

My heart was beating quickly and I shook as I picked up the phone to call back Marsha, the Finger Lakes area coordinator for Guiding Eyes for the Blind. She wasn't there, so I left a message, and then proceeded to call everyone I had told about my interest in raising a puppy for Guiding Eyes for the Blind to let them know that the pup was finally there, waiting to be picked up. I had been on the waiting list for months, and was eagerly anticipating the pup's arrival from the breeding center.

I could hardly settle in to study after that, jumping up to answer the phone every time it rang. Finally, she did call, and said that the pup was originally meant for a



Kim Harvey poses with Pacer who dons reindeer antlers for the holidays.

different family, but something had come up at the last minute, and they couldn't take her. Marsha described the pup as a smallish eight-week-old female black lab named Pacer.

Even though my apartment was a disaster zone, with books and papers all over the floor around my desk, clothes on the couch and dirty dishes in the sink (sometimes being a full-time student leaves you little time to clean), and even though I had no roommate to help me clean up, I said yes, I would take the pup immediately.

So, I called my best friend back, and asked her if she would mind coming over to help me puppy-proof my place, and then drive a couple of hours with me to go pick up Pacer later that evening. She brought over takeout food and we cleaned everything up as fast as we could.

I also had no puppy supplies — no food, bowls, toys, leash or crate. I was relieved when Marsha said she could loan me some things, and left school armed with a Tori Amos CD, blanket for the pup to sleep on, paper towels in case she had an accident in the car, and my best friend, who was also puppy holder and navigator.

After a seemingly endless drive, we finally reached Marsha's house, where Pacer was waiting. As we walked through her farmhouse kitchen, Marsha's lab Wymond, a "puppy" (he is full grown) in training for Guiding Eyes for the Blind, greeted us with his huge yellow tail wagging and big black nose busily sniffing us. Behind him sat a little black lab whose entire body was about as big as Wymond's head. She was sitting pertly on a red rug, staring up at me.

There was a lot of paperwork to be done before I could scoop her up and take her home. So I sat and filled out various forms promising not to lose her, to teach her the necessary commands that would make it easier for her to become a guide dog someday, and to abide by the strict rules that Guiding Eyes has for its puppies. After everything was signed and dated, and interim supplies had been loaded into the trunk of my car, we were off. Pacer slept the whole way home.

When we arrived back at my apartment, I began a ritual with her that I now repeat at least eight times a day. We went over to a small patch of grass (one of the few open spaces at Ithaca College that hasn't been turned into a parking lot) and I told her to "get busy." Nothing happened. Again I said, "Pacer, get busy." Still, nothing happened. I figured that she probably didn't have to go to the bathroom and brought her inside the apartment to settle in for the night. After sniffing around for a bit, she promptly peed on the floor.

So I cleaned up the mess, gave her another chance to "get busy" outside, and then tried to bed her down in the tiny crate that Guiding Eyes had supplied. She went inside to explore it willingly, and then proceeded to back out, diminishing my hopes for a possible reentry. When I finally got her back inside the crate and shut the door, she let out an ear-piercing yowl. Marsha had told me to ignore this at first, unless she persisted. Which, of course she did, probably because she knew I had an 8 a.m. class the next morning. I spent that first night in my sleeping bag on the hard, cold cement floor next to the crate in the back room. I brought her outside three

The Spotlight

Copy Editor — Elizabeth Conniff-Dineen

Editorial Staff — Donna Bell, Debbie Eberle, Bill Fonda, Ellen Gelting, Linda Marshall, Katherine McCarthy, Joseph Phillips

Sports Coordinator — Len Tarricone

Photography — Elaine McLain, Paul Deys

High School Interns — Katya Black, Nick Kutryb

Advertising Manager — Louise Havens

Publisher — Stewart Hancock

Vice President — Richard K. Keene

General Manager — John A. McIntyre Jr.

Executive Editor — Susan Graves

Managing Editor — Dev Tobin

Advertising Representatives — Corinne Blackman, Ray Emerick, Joan Jackman, John Salvione

Production Manager — John Brent

Assistant Production Manager — David Abbott

Production Staff — Matthew Green, Allison Person

Office Manager — Kathryn Olsen

Subscriptions — Gail Harvey

Classifieds — J.L. Williams

The Spotlight (USPS 396-630) is published each Wednesday by Spotlight LLC, 125 Adams St., Delmar, N.Y. 12054. Periodicals postage paid at Delmar, N.Y., and at additional mailing offices.

Postmaster: send address changes to The Spotlight, P.O. Box 100, Delmar, N.Y. 12054. Subscription rates: Albany County, one year \$24, two years \$48, elsewhere, one year \$32. Subscriptions are not refundable.

E-mail — NEWS: spotnews@albany.net ADVERTISING & CLASSIFIED: spotads@albany.net

(518) 439-4949
FAX (518) 439-0609

OFFICE HOURS:
8:30 a.m. - 5 p.m. Mon.-Fri.

Your Opinion Matters

times.

The next morning, when the pup awoke at 6 a.m. ready to start the day, I seriously wondered if I needed psychological help. I couldn't believe I was crazy enough to do this. I called my boyfriend and cried into the phone, "How am I ever going to pull this off by myself? How will I maintain my grade point average? How will I be able to run home after every class to let her out and then run back to my next class? What if ...?" He assured me that while I may be a little different from other students (who might be roaming outside Garden 25 in the middle of the night because they are drunk and can't find their way home, while I'm simply waiting for a puppy to hurry up and do its business), he had the upmost confidence in my ability to handle the puppy.

After a week of sleepless nights and early mornings, I wanted to call Marsha and tell her that I just couldn't handle it and would have to give the pup back. But I never made that call. Maybe it was because someone once asked me what my greatest accomplishment in life was, and I didn't really feel like I had one, or maybe it was because I knew that I would never have to come home to an empty apartment again. Whatever it was, Pacer has become my "baby" and will remain so for the next 12 months.

For information about Guiding Eyes for the Blind, contact the breeding center at 1-914-878-3330.

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

Thanks to helpful teen-agers Signs should be obeyed

Editor, The Spotlight:

As I was walking our dog, Buddy, on Saturday, Jan. 9, near the intersection of McGuffey Lane and Winne Road, I fell on a large patch of black ice striking my head. Unable to stand up while still clutching the dog's leash, a car approached filled with teenagers from Bethlehem Central High School. They stopped immediately to offer assistance and

insisted upon walking me safely home.

I do not know their names but hope this message of gratitude will be noticed by them. It is refreshing to live in a community filled with caring young people. Many thanks to all for your kindness.

Virginia Eells
Delmar

Town road crew does great work

Editor, The Spotlight:

I would like to say thanks to Gregg Sagendorph for the great job he and his staff are doing in the town to keep our roads clear this winter. I travel all over the Capital District, and I must say that the roads in Bethlehem are by far the best, when it comes to

snow removal. Gregg should be proud of his staff. The residents of Bethlehem are lucky to have a highway superintendent who serves the community as well as Gregg.

Tony Schwartz
Selkirk

Editor, The Spotlight:

During the more than 30 years we have lived in this community, only once last fall have I ever seen a police car near either the middle school or St. Thomas School enforcing the lower speed limit on Kenwood Avenue at these schools.

Shortly after, some additional warning signs were posted near both schools, alerting drivers to slow down. All the signs were gone within two days.

Similarly, the signs on Delaware Avenue telling motorists that pedestrians have the right of way at the crosswalk in front of the Delmar post office are ignored.

Letters

You take your life in your hands when using that crosswalk since almost every driver ignores the marking.

Why is there no police enforcement of all these signs?

Obviously, our police have many other duties, but enforcing the rules set by these signs should not be totally ignored either. Or do we have to wait until there is a fatality or serious injury?

Bertold E. Weinberg
Elsmere

SALE at ...
Aurora's Willow Creek
Take advantage of
"TAX FREE" Week

Take extra 30% off all winter clothing including hats, scarves, coats, furs, etc.

159 River Street, Troy • 266-1191

George W. Frueh
Fuel Oil • Kerosene • Diesel Fuel

66¢ gallon
Call for today's prices

Mobil®
Cash Only Prayer Line 462-1335
Cash Only Prayer Line 462-5351



Today's Weather ...
Sunny,
Blue Skies,
High 88°

for details call:
472-8171

Fort Orange Travel

Mary Ann & Gerry Marmillo

GRAND UNION presents

SIENA **WOMEN ASSISTING YOUTH** **W.A.Y.**

Sunday, January 24th
Sienna Men vs. Iona
4:30 pm
Sienna Women vs. Canisius
6:30 pm

WNBA Superstar Teresa Weatherspoon speaks to area youth at half time of the women's game. After the game, kids can take a foul shot on the Arena court!

PEPSI ARENA
www.pepsiarena.com

For More Information, Call 487-2000

Bethlehem G.O.P.

Cocktail Reception

NORMANSIDE COUNTRY CLUB
Elsmere, New York

Thursday Evening, January 28, 1999
5:30 to 8:30 p.m.

Carving & Pasta Stations • Cash Bar
\$25.00

CALL 439-1817 OR 439-5907 FOR TICKETS

Matters of Opinion

BCMS Team 7B did bang-up job on fund-raiser

Editor, The Spotlight:

We would like to thank the families, organizations and generous individuals who contributed to a toy drive Team 7B at Bethlehem Central Middle School ran this year. The drive was spearheaded by science teacher Candice Bosworth.

We made many children's hearts sing by connecting our own seventh-graders with them — and the toys brought the holiday spirit into the lives of many young children who otherwise would have had no gift.

In the past, Joey Gutman, now graduated from BCHS, took up our cause and canvassed garage

Letters

sales in the summer, fall and spring to pinpoint possible toys our boys and girls on the team could refurbish and present to nursery school children in area Head Start and community day care centers in late December.

This past year, our Cub Scout and Boy Scout troops took up the challenge and contributed many toys. Additionally, at our own garage sale held at the middle school in November, we were able to find many valuable contributions to the drive. We thank all who gave so

selflessly, and we want you to know how much your contribution meant to people you touched.

First, our own seventh-grade team learned a very valuable lesson about the simplicity of giving. They were involved in bringing in gifts, wrapping them, working out a strategy for meeting the children by bringing a warm-up toy that they themselves had made or purchased — all very important for the success of the drive.

Second, they saw how much the little children looked up to them.

Many times, seventh-graders are not given much credit. We know as teachers that when we tell someone we teach seventh-graders, we get the "roll of the eyes" or the "God bless you" reaction. The seventh graders are living through one of the most challenging ages of their lives, and they are very aware of the negative reactions they face as 12-year-olds. Yet, to see that a young child listened to them; to see that a young child hugged them fiercely after knowing them for an hour; to see that they made a difference in one life by a simple act of sharing

time — all these things are powerful lessons.

We appreciate so much the community that gave us the wherewithal to make this contribution. Thank you for remembering us when there were left-overs from your garage sales. Thank you for calling us to volunteer to drop off toys during the school year. Thank you for offering to make contributions for wrapping paper, bows and tape.

One of our students, Rose Norris, wrote the following poem the day after the toy distribution when we were trying to express what we'd discovered from our experience. We think it will touch you as it touched our entire class. The students applauded her expression of her heart, and we all felt she captured the sentiment we all experienced on this unusual day.

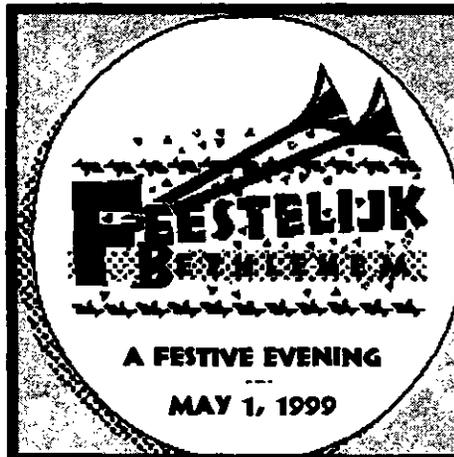
She hugged my legs so hard
I couldn't walk
But I still loved her.
I looked at her smiling face
Her teeth were brown and rotting
But I still loved her.

She crawled on my lap,
Made me read the same book
over and over again
But I still loved her.
She stole other kids' toys
But I still loved her.
I asked her if her mommy had
done her hair
"No," she replied,
"I don't have a mommy."
Then I wondered if she still
loved me
If she still loved me.

We ask you to continue to remember our efforts in the upcoming year. The need is great, and we have much to do. There is also a "miracle story." One teacher on the team was told there were 15 children she needed to bring presents for, and to have them on the bus for distribution after school. When the group from Bethlehem arrived at the center, the number was not 15, but rather 50 — somehow miraculously, there were exactly 50 presents on that bus — not one more, not one less.

Again, thank you and we wish you a safe and Happy New Year.

Candice Bosworth, Jeff Klamka, Ann Kohler, Richard Nestlen, Johanna Shogan, Fran Vincent and Jason Wood
BCMS Team 7B teachers



FEESTELIJK BETHLEHEM
A FESTIVE EVENING
MAY 1, 1999

CALL FOR PERFORMING ARTISTS

Feestelijk Bethlehem will highlight the artistic offerings of the town of Bethlehem. In addition, this year, we hope to offer a swing band and swing dancing.

To be considered, send a promotional package containing biography, audio or video tape, photo, phone number to: Feestelijk Bethlehem, P.O. Box # 1, Delmar, NY 12054. (*Note: solicitation materials will not be returned). Questions call 439-0512. Application deadline: February 1st.



KUGLER'S RED BARN
FINE FURNITURE AND GIFTS

WINTER SALE
Now in Progress

Save up to 45%*

* Manufacturers suggested retail price
* Includes special orders

Quality Country, Shaker, Mission & Traditional Furniture, Gifts & Accessories
425 Consaul Road • Colonie, N.Y. 12304
(518) 370-2468

Corner of Consaul & Pearse Rd. Opposite Town of Colonie Golf Course
Free Delivery • Mastercard, Visa & Discover Accepted
Wed., Fri. & Sat. 10-5; Tues. & Thurs. 10-9

discover the secret of childhood...



montessori school of albany

children ages three through thirteen
50 herrick street • rensselaer • 455-8964

open house • saturday, january 23 • 12 noon to 2 pm

**St. Peter's Ambulatory Care Network
Is Pleased To Announce**

Steven Pinheiro, MD
Board Certified in Obstetrics and Gynecology
and the American Registry of Diagnostic Medical Sonography
has opened his practice to new OB patients,
high-risk OB patients
and established gynecology patients.

To make an appointment, call 453-0464
St. Peter's Maternal Fetal Medicine
523 Western Avenue • Albany, NY 12203

Most insurance accepted



St. Peter's Hospital
SPONSORED BY MERCY CARE

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609 or e-mailed to spotnews@albany.net.

**TV - VCR
PC Monitor
Phonograph - CD**

• Expert Repair •
90 Day Warranty on all Repairs.

10 Years Experience
• Major Credit Cards Accepted •
John's Electronic Repair
9W-Glenmont Centre Square
Open: Tue-Sat 10-6
465-1874

Nursery school to hold informational meeting

Community Nursery School of First United Methodist Church of Voorheesville will hold an informational meeting on Monday, Jan. 25, at 7:30 p.m. in the church social hall at 68 Maple Ave.

The meeting is for parents who would like to enroll their preschooler for the 1999-2000 school year.

School board members and teacher Rosemarie Pakenas will answer questions about the program.

The parent cooperative nursery school is celebrating its 32nd year as a nonprofit, nondenominational organization.

Children must be 4 years old by Dec. 1 to be eligible. The school accepts 16 children into each of its sessions (morning and afternoon). Classes are held Tuesdays, Wednesdays and Thursdays, October through May.

Applications will be available at the meeting or can be picked up at the church. They will be accepted until 7 p.m. the evening of the acceptance drawing, Monday, Feb. 8. The drawing will be at 7:30 p.m.

For information, call Christine Whiteley at 765-4019 or the church office at 765-2895.

Churches and Kiwanis plan ecumenical service

The churches of New Scotland invite everyone to a service in observance of the Week of Prayer for Christian Unity on Thursday, Jan. 21, at 7:30 p.m. at New Scotland Presbyterian Church on Route 85.

The service will include special music and a message by the Rev. George Klohck, pastor of First United Methodist Church of Voorheesville.

The service continues a tradition begun by the New Scotland Kiwanis Club 26 years ago.

St. Matthew's Church, First United Methodist Church of Voorheesville and New Scotland Presbyterian Church will participate.

McEneny to give first talk in centennial series

Assemblyman Jack McEneny

NEWS NOTES

Voorheesville

Elizabeth Conniff-Dineen
765-2813



will discuss the settlement of Albany County's towns and villages during the 19th century on Thursday, Jan. 21, at 7:30 p.m. in the community room of Voorheesville Public Library on School Road.

McEneny's presentation is entitled "Why They Came, Whence They Came: Ethnic Migration into Albany County."

This is the first in a series of historical talks being held in conjunction with the Voorheesville centennial celebration.

Sign up is requested and refreshments will be served. For information, call 765-2791.

Staff development day at elementary school

There will be a staff development day at the elementary school on Friday, Jan. 22. Students will be dismissed at 11:50 a.m.

Morning kindergarten students will be dismissed at their regular time, 11:35 a.m. and afternoon kindergarten will follow the normal schedule.

Roller-skating will be from 12:15 to 2:15 p.m. in the large gymnasium. Tickets will be sold at school for \$3.50 each. All children must be picked up in the cafeteria.

Church to dish up macaroni and cheese dinner

First United Methodist Church of Voorheesville will dish up a homemade baked macaroni and cheese dinner on Saturday, Jan. 23, from 5 to 7 p.m. in the social hall at 68 Maple Ave. (Route 85A).

Dinner includes a generous helping of baked macaroni and cheese, vegetables, salad, bread and butter, dessert and coffee, tea or milk.

The cost is \$5 for adults and \$3 for children ages 4 to 11. Children under 4 eat for free.

Proceeds benefit the Fund for Youth '99. For information, call 765-2895.

Singer/songwriter to visit school

Singer/songwriter Skip West will present an evening program of stories and songs for children and parents on Wednesday, Jan. 27, from 7 to 8 p.m. at the elementary school gymnasium.

The free program is cosponsored by the Humanities Committee and the PTA.

West will spend the day at the school, conducting an assembly for kindergarten and first-grade and in-class workshops for kindergarteners.

Centennial committee seeks sponsors

The village's centennial committee seeks sponsors to help support events planned to commemorate Voorheesville's 100th anniversary.

Voorheesville artist in group exhibit

Ten area printmakers are currently exhibiting their work in a show titled "Under Pressure" at the Arts Atrium at Union College in Schenectady. The show continues through Feb. 7.

The printmakers all studied under professor Thom O'Connor at the University at Albany. O'Connor, whose work will also be featured in the show, is a resident of Voorheesville.

The works on display offer a variety of printmaking techniques including monotype, etching, lithography, polymer gravure, mezzotint and computer-generated imagery.

For information on exhibit hours, call 388-6714.

In Voorheesville
The Spotlight is sold at
Stewart's, Voorheesville Mobil
and SuperValu

Suggested levels of participation are: Original Settler (leadership), more than \$5,000; Historian (sponsor), more than \$1,000; Station Master (golden), more than \$500; Conductor (silver), more than \$100; Railroader (bronze), more than \$50; and Granger (supporter), up to \$50.

Contributors will be listed in the program if donations are received by Feb. 15. All donations are tax deductible. Send to Village of Voorheesville Centennial Committee, 29 Voorheesville Ave., Voorheesville 12186.

For information, call Jack Stevens at 765-4350 or Diane Williams at 765-3681.

Village board to meet

The village board's next regular meeting is on Tuesday, Jan. 26, at 8 p.m. at village hall on Voorheesville Avenue.

Winter ART

Classes for kids and adults
Parent/Toddler & Pre-school Art Classes

Starting Jan. 22nd - Call today to register

⊗ Drawing ⊗ Painting ⊗ Poetry

For info. or our latest flyer, 478-0645

The Artists' Studio

325 Delaware Avenue - Delmar - behind Gochee's Garage

SWEETHEART OF A DEAL
Valentines Special

Now through the month of February, when you book you and your sweetheart (or a friend) together, you **both** receive \$10 off on a one hour massage. Also good for the purchase of two gift certificates.

DELMAR CENTER FOR MASSAGE

414 KENWOOD AVENUE 475-9456

FREE first-time homebuyers WORKSHOP

Wednesday, January 27 • 6-8 pm • 19 Aviation Road



Join our mortgage specialist Diana Miller to get all the answers to important questions like: How much can I afford? What are points? What programs are available to first-time homebuyers?

Call for reservations. Seating is limited.

800-841-3494

Ulster Savings

Albany 19 Aviation Road • 800-841-3494 • www.ulstersavings.com

ALL CLOTHING & EQUIPMENT On Sale Now!

Take advantage of
NO SALES TAX WEEK
until Sunday, Jan. 24th



STEINER'S SPORTS

Ski, Bike & Kayak Specialists

243 DELAWARE AVE., DELMAR • 475-9487

LOSE UP TO
10 lbs. IN
3 DAYS

WITH NATURALLY
FORMULATED **TENNEN III**

A Total Body
Maintenance Plan & Diet

Available at:
Vitamin Center 2000
257 Delaware Ave.
Delmar

1-888-892-6377

La Biblioteca String Quartet to perform at church

La Biblioteca String Quartet will present an afternoon of classical music on Sunday, Jan. 24, starting at 3 p.m. at Coeymans Reformed Church on Route 143.

Music by Beethoven, Gershwin and Haydn will be performed by musicians from the New York City Opera Orchestra and Albany Symphony.

The concert is sponsored by RCS Community Library and Coeymans Reformed Church. It is free and open to the public.

There will be a reception for the musicians following the concert.

For information, call the library at 756-2053.

High school students to present cultural evening

RCS Senior High School will present an evening of art exhibits and musical ensembles tonight, Jan. 20, starting at 6 p.m.

Everyone in the community is

NEWS NOTES

Selkirk
South Bethlehem
Linda Marshall
756-3520



invited to come and support student artists and musicians.

High school PTSA to meet in library

The high school PTSA will hold its next meeting on Thursday, Jan. 21, at 7 p.m. in the school library.

All parents, teachers and students are invited to attend.

Refreshments will be served.

Kindergarten registration set at elementary schools

Parents of next year's kindergarteners are asked to register their children for the upcoming school year.

Registration for children who will attend A.W. Becker Element-

tary School is today, Jan. 20, from 1 to 3 p.m.

P.B. Coeymans Elementary School will hold kindergarten registration on Thursday, Jan. 21, also from 1 to 3 p.m.

Children must be 5 years old by Dec. 1 to be eligible for next year's kindergarten class.

Birth certificates must be presented at the time of registration.

Bethlehem Elks to host dance

Bethlehem Elks Lodge on Route 144 in Cedar Hill will host a dance with music by Crooked Creek on Saturday, Jan. 23, from 8 p.m. to midnight.

The event is open to the public. For information, call 756-8187 or 756-1805.

Little League to hold registration

Little League will hold registration for spring baseball and softball on Saturday, Jan. 23, from 9 a.m. to 1 p.m. at Ravena Lanes on Main Street.

First-time players must bring proof of age.

Historical society slates program on dolls

Ursula Metz will present a program on American Dolls 1900 to 1950 on Thursday, Jan. 21, at 2 p.m. at Bethlehem Historical Society in the Little Red Schoolhouse on River Road in Cedar Hill.

The talk is free and open to the public.

Safe Schools Committee to meet at middle school

RCS Safe Schools Committee will hold its next meeting on Tuesday, Jan. 26, at 6:30 p.m. in the middle school library on Route 9W in Ravena.

PARP program starts at elementary schools

The ever-popular and successful Parents as Reading Partners (PARP) program will hold its kickoff event on Monday, Jan. 25.

The PARP program encourages children and their parents to read together each day. It continues through March 5.

Coeymans organizing townwide book swap

Coeymans recycling office is planning a townwide book swap for Saturday, Feb. 6.

It's a great opportunity to clear off your book shelves to make way for new books. Residents are invited to bring in books to swap and pick up books to read.

The recycling office will collect books Monday through Friday, Jan. 25 to 29, from 5:30 to 6:30 p.m. For information, call Dawn Harvey at 756-8862.

Eighth-graders to visit high school

RCS Senior High School will open its doors to eighth-graders for an incoming student orientation on Wednesday, Jan. 27, from noon to 1:45 p.m. The visit will provide students with a glimpse of high school life.

Five Rivers offers evening programs

Two upcoming programs at Five Rivers Environmental Education Center on Game Farm Road in Delmar explore natural history by night.

Saturn, Taurus, Polaris and a view of the horizon will be the subject of a program hosted by Albany Area Amateur Astronomers on the winter night sky on Saturday, Jan. 23, at 7:30 p.m. in the center's parking lot.

Club members will interpret seasonal constellations and deep sky objects with telescopes and the naked eye.

The program will be cancelled in the event of cloudy weather.

A Night Walk will be held on Friday, Jan. 29, at 7 p.m. Dress warmly and leave the flashlights at home, as center staff lead an exploration by the light of a full moon, including constellations of the winter sky, and the sights and sounds of nocturnal animals and owls.

Both programs are free. Register by Jan. 25 for the Night Walk. For information or to register, call 475-0291.

Girl Scout cookies ready for delivery

Girl Scout cookies ordered during November will be delivered during the month of January.

Cookies will also be available for sale at several locations in the Capital District through Feb. 28. Among the locations will be area Grand Union stores, including the Grand Union at Delaware Plaza in Delmar, where representatives will be on hand to sell the eight varieties on Jan. 23 and 24, and Feb. 6, 7, 27 and 28.

The cookies cost \$3 a box. For information, contact the Hudson Valley Girl Scout Council at 439-4936.

Hamagrael Preschool to hold open house

Hamagrael Preschool, a cooperative preschool located at Delmar Reformed Church at 386 Delaware Ave., will hold an open house on Wednesday, Jan. 27, from noon to 1 p.m.

For information, call 439-2815 or 439-8515.



Classes in Voorheesville

Beginning the Week of
Jan. 25th

A.M. & P.M. CLASSES

For More Information
Call 765-3123

AEROBIC PATTERNS
THE AEROBIC DANCE SPECIALISTS
Since 1979

interior expressions

OF BAYBERRY SQUARE

FLOOR SAMPLE SALE

Bayberry Square, Route 9 Latham, NY • 783-2000

GREAT SAVINGS

1/4 mile South of Watervliet-Shaker Rd.

It's Your Move



We've moved right up the street. Now, it's your turn.

Stop by to see our magnificent new studio. Or, call for an appointment. We still offer classic and contemporary Barbering with the Master touch. Plus, a new array of services including hair color, skin care, straight-razor shaves, manicures and much more.

Come and see how we've grown for our customers. **You're welcome!**

Gregory's BARBERSHOP
Masters of Barbering

Main Square • 318 Delaware Avenue in Delmar
New Hours: Open Monday and Friday 9 to 6 pm
Tuesday, Wednesday and Thursday 9 to 8 pm
Saturday 9 to 5 pm • 439-3525

IT'S NEVER TOO LATE TO ENROLL AT SUNY EMPIRE STATE COLLEGE

SUNY Empire State College offers busy adults the opportunity to earn a degree and still meet the demands of work and family. You, too, can earn your degree at the college again ranked #1 in SUNY for quality of instruction and overall student satisfaction! You may be eligible to use our Express Application Option and start your studies right away.

NEXT NEW STUDENT ORIENTATION WORKSHOP
TUESDAY, FEBRUARY 2, 1999
5:00-9:00 PM
NORTHEAST CENTER, 845 CENTRAL AVENUE, ALBANY

TO RECEIVE AN EXPRESS APPLICATION PACKET, CALL
485-5964

Or attend an information session on
January 21 at 5:00 PM, 845 Central Avenue, Albany

Also sessions at Hudson Valley CC, Columbia-Greene CC, Empire State Plaza Office, Fulton-Montgomery CC, SUNY Cobleskill, Schenectady and Saratoga Springs

Empire State College
State University of New York

www.esc.edu

Scharff's Oil

& Trucking Co., Inc.

For Heating Fuels Bulk Diesel Fuel

"Local People Serving Local People"

Glenmont So. Bethlehem
465-3861 767-9056

Sports

Delmar Dolphins swim in Amsterdam

Larry Gloeckler's four wins in the 10-and-under category paced the Delmar Dolphins at the Wilber Lynch Pool in Amsterdam Jan. 17. He captured the 50-yard freestyle, 50-yard breaststroke, 50-yard backstroke and the 100-yard individual medley.

In the 8-and-under division, Katie O'Donnell won the 25-yard backstroke (19.52), finished second in the 50-yard freestyle and fourth in both the 25-yard freestyle and 25-yard breaststroke. Alyssa Sullivan took third place in the 25-yard backstroke, fifth in both the 25-yard butterfly and 25-yard freestyle and sixth in the 25-yard butterfly. Kiersten Swete came in eighth in the 25-yard freestyle. Kristen Gloeckler took fifth in the 25-yard freestyle and seventh

in the 25-yard backstroke. Eleanor Grady swam personal best times in several races.

In the 10-and-under category, Justin Murphy came in second in the 50-yard breaststroke, third in the 50-yard butterfly and fifth in the 100-yard individual medley. Tyler Dudas took fourth in the 50-yard butterfly, fifth in the 50-yard breaststroke and sixth in the 100-yard individual medley. Ann Delucco came in second in the 50-yard butterfly, and Martha Grady finished third. Grady also took fourth in the 100-yard individual medley and seventh in the 50-yard breaststroke. Lauren Grady, Sydney Lane, Molly Moriarity, Barbara Pohl and Kyla Walsh swam personal bests and/or finished in the top 15.

In the 11- and 12-year-old category, David Richardson took sixth in the 50-yard freestyle and 200-yard individual medley and seventh in the 100-yard backstroke. Natalie Singer finished in the top 15 with some of her personal best times.

In the 13-and-over class, Teresa Rosetti won the 200-yard butterfly in 2:14.80. Courtney Arduini came in third in the 100-yard backstroke and the 200-yard individual medley and fourth in the 100-yard butterfly. Sarah Richardson finished seventh in the 200-yard backstroke. Ellen Bandel, Katie Richardson, Lauren Sullivan, Caleb Bonvel, Meredith Singer, and Larissa Suparmanto all finished in the top 15 and/or swam personal bests.

BBC season reaches halfway point

In Bethlehem Basketball Club NBA action Jan. 17, Nick Hasselbach's 10 points led the Rockets past the Magic 38-32, and James Carusone had nine in the Sonics' 52-42 win over the Colleen Plummer-led Lakers. Kevin Ungerer helped the Bulls beat the Celtics 32-30, and the Knicks rode Pat Farley's play to a 42-19 decision over the Spurs.

In ACC play, Mikhail Silk led Maryland past North Carolina 38-32, despite the play of Brian Greenberg. Samantha Weyant keyed Wake's 43-33 victory over FSU and Tom Rood. Lina Dzekciorius sparked Duke past Georgia Tech and Patrick Smith 34-28, and Jake Spencer helped Virginia beat Clemson, 35-23.

Chris Morrill and Vanessa Patry combined for 29 points as Providence downed BC 34-20 in Big East play, despite Rylan and Sean Conway's efforts. Michael Poletto and Emily Thomas could not prevent Pitt's 34-25 defeat to St. John's and Dan Felitte. The Hoyas' Brian Wendth and Matt Gerstanzang shone in a 34-29 win over Miami, which was led by

Mark Fitzsimmons. The Irish topped Seton Hall 34-32 behind Thomas Doyle. Conor Murphy had 14 in defeat. Syracuse got 27 points from Ethan Levine and Matt Turo to nip Villanova 29-27. Kipp Spencer and Ryan Eder teamed for 19 for the losers. UConn. beat West Virginia 23-19, as Shane Connors and Holly Storm teamed for 15 points.

**LOW COST HOME HEATING FUEL
WITHOUT SACRIFICING SERVICE**

FAMILY

OIL & K-1



OIL

Serving So. Albany & Greene Co. Areas

24 Hour Service (518) 767-0018

We accept Visa, MasterCard & HEAP

Ohav Sholom Senior Citizen Apartments

**One Bedroom Apartments
Available for Immediate Occupancy**

Rents starting at \$312 (including utilities)

Equal Housing Opportunity

115 New Krumkill Road, Albany • 489-5531

FREE BOATS!!! "Ultimate White Sale"

Buy your new Sea Ray now and watch the snow fall. The deeper the snow on February 10th, the deeper your discount! The right snowfall means the discounts snowball - all the way to a Free Boat! * Boat needs to be purchased by Jan. 31, 1999

STOP BY THIS SATURDAY & SUNDAY 10AM-5PM

Refreshments • Prizes • Details on the "Ultimate White Sale"

Grand Opening!



POWERED BY
merCruiser
The Only Logical Choice

Details on Ultimate White Sale at dealer.

More you shovel, more you save

899 Troy-Schenectady Rd., Latham • 785-6172



250 Sundancer

Bethlehem wrestlers finish third in tourney

The Bethlehem Central High School wrestlers could not keep up with Peru High School of Section VII at the Shenendehowa Tournament Jan. 16 but, then again, neither could anyone else.

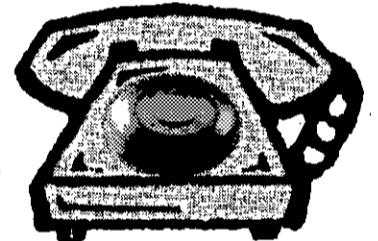
While the Indians ran away with team honors, the Eagles finished a solid third, six points behind the host Plainsmen, and placed seven finalists and two champions in the seven-team event in Clifton Park.

Sean Altimari won the 103-pound class with a pin in 55 seconds, and Dean Kawczak brought home top honors at 140 pounds with a 20-4 technical fall. Dave Woodworth (112), Tom Hotaling (125), Andrew Hayes (145), Jason Hessberg (171) and Dennis Lenhardt (215) all finished second in their weight classes for the Eagles.

Bethlehem will return to league action when it travels to Columbia High School to face the Blue Devils Jan. 21 for a 6 p.m. match.

NEED HELP TO PAY YOUR HEATING BILL?

If you are over 60, or disabled, or managing a household on a limited income, you may be eligible for the **Home Energy Assistance Program (HEAP)**, a federally funded program that could help with your energy costs during the winter.



**CALL 1-800-NIAGARA
(1-800-642-4272)**

AND ASK ABOUT HEAP.

Tri-Village Nursery School

OPEN HOUSE

Saturday, Jan. 23 • 1:00 - 3:00 p.m.

REGISTRATION

Saturday, Jan. 30 • 1:00 - 3:00 p.m.

Registration will begin promptly at 1:00 p.m.

Come and register your 3 and 4 year old for the '99-2000 school year.



Call Tri-Village Nursery School 439-1455
or Linda 439-5901 Gloria 439-5831

Registration is limited to 1 child per adult unless siblings

\$35 registration fee required

Located at First United Methodist Church (428 Kenwood Ave.)

Haggle

(From Page 1)

budget and budget transfers.

Earlier in the meeting, she had closely questioned deputy comptroller Rick Webster, public works commissioner Bruce Secor and highway department supervisor Gregg Sagendorph on various year-end budget transfers presented for board approval, though she voted with the rest of the board to approve them.

Burns' announcement of her initiatives, accompanied by a press release, drew an immediate reply from Fuller. "What is in your plan is something that's been going on here for a long time," said Fuller. "So perhaps you'll be able to have yourself participate more in town government (this year) ... it's a plan that should have been in place when you took office (last) January."

Burns spoke of her "expecta-

tions" for the coming year, to which Fuller shot back: "We'll have expectations for you as well, and that's holding up your commitment to this community."

"Which I most certainly do," Burns replied.

Fuller went on to criticize Burns' preparation for meetings. "When we're looking at budget questions again, you're acting like this is the first time you've seen it," Fuller said. "I personally have a problem with, you know, the publicity, which is what I'm afraid you're aiming for." "I respectfully disagree," Burns said.

The day after the meeting, Fuller dismissed the proposed initiative as grandstanding. "I'm concerned that this plan is just a press release," she said. "It struck me as, this is all brand new to Susan Burns, and yet it shouldn't be. This should be a part of her job as a town board member." She pointed to ongoing discussion of

town zoning laws in recent months, prompted by various specific issues before the board, and to the numerous board votes on budget-transfer questions at every meeting.

Fuller said she opposes creation of an economic development office as redundant of existing efforts by the town's Industrial Development Agency and other town officials. "It's not fair to the taxpayers to add an additional layer of government," she said.

Fuller praised Burns' board colleagues for addressing policy questions outside the bounds of board meetings, and said she has offered to meet regularly with Burns to discuss her concerns. As for review of town "bylaws", Fuller said, "there aren't any town bylaws, that's No. 1. Town law is set forth in state law and in the code of the town. She's spent a year not realizing that, I guess."

"I don't feel she is doing her homework," she said. "I don't feel she is prepared for town board meetings. When you're serving in town government, you need to

give 100 percent. It's not fair to the taxpayers to give any less."

Contacted later about Fuller's comments, Burns said, "Of course I've been continually reviewing, monitoring and analyzing the budget, budget transfer policies, zoning, and many other things. The difference is in my approach. It's more open, inclusive and independent." She said that the town board's attention to the budget should be more continual, and "I hope to make it more systematic, from my own perspective," she said, "and I hope to do that openly, and I hope to do so at town board meetings."

She and Fuller, she said, each have "a different idea about conducting business... I think supervisor Fuller wants me to make all my calls and discuss all my questions before the meetings. Sometimes I do, sometimes I don't have time, and sometimes I feel the process is served better by doing it at the meeting, where the public can hear what's going on, see what's going on, and fully understand it ... It's not about publicity, it's about accountability."

Routine

(From Page 1)

supported his contention that the nearby sewage-treatment plant is contaminating the aquifer, but Secor rebuffed that as well. "No one thinks you're in the realm of reality, no one," Secor said.

At the meeting, the board unanimously voted salary increases for all town employees in keeping with the town budget approved last fall. A series of resolutions also set salary grade and step schedules for the town's highway and public works departments, and reappointed various part-time employees, town boards and their respective counsel, and other positions, from crossing guards to fire marshals to the town's consultant chemist.

Chief among the re-appointments were George Lenhardt as deputy supervisor; Judith Kehoe to a two-year term as town comptroller; and Douglas Hasbrouck and Michael Hodom to one-year stints as chairs of the planning board and zoning board of appeals, respectively.

Without dissent, the board also voted Joseph Rooks a new six-year term on the planning board. But the reappointment of Richard Lewis to the zoning board drew concern about a perceived conflict of interest from town board member Susan Burns. Noting Lewis' part-time role as the town's director of community relations, Burns said, "I'm on the board of the town, and I wouldn't think of being an employee of the town. I'm just questioning the appearance of it."

Board member Doris Davis dismissed any conflict of interest, citing Lewis' public relations job as "not a policy position." The board then voted approval, with Burns neither assenting nor dissenting.

Among a host of other organizational resolutions, the town set official town hall building hours, the dates of town board meetings (on the second and fourth Wednesdays of each month), and designated *The Spotlight* the official town newspaper for publication of notices, resolutions and ordinances, with the *Times Union* and *Ravena News-Herald* as additional publications for some announcements.

Bethlehem Tomboys Girls Softball League 1999 REGISTRATION

The Bethlehem Girls Softball League will hold final registration for girls 6 to 18 from 9:00 am to 12:00 pm

Saturday, January 30
at the
Bethlehem Town Hall

The fee for the 1999 Season will be \$50 per child (\$75 per family) plus \$15 per child uniform deposit.

For information, please call
Barbara Stupp 439-0904

Rosie's
Fleet Cleaning Services

- HOMES • OFFICES • APARTMENTS • BUSINESS

Friendly Professional Cleaning Services
Dependable and Affordable
Weekly • Bi-Weekly • Monthly • Seasonal • One Time Visits
Customized Service Available!!!
Free Estimates - Bonded Guaranteed - Insured
(518) 346-8836
P.O. BOX 994, Schenecady, N.Y. 12301 • Serving Entire Capital District Area

FALVO'S "Quality Always Shows"
WE SELL U.S. PRIME BEEF
We Accept Food Stamps
Not Responsible For Typographical Errors

PRIME BUTCHER SHOP
SLINGERLANDS, ROUTE 85A • PHONE ORDERS 439-9273

U.S.D.A. PRIME TOP ROUND LONDON BROIL \$3.49 LB.	ALL NATURAL GRADE A CHICKEN BREAST \$1.19 LB.	U.S.D.A. PRIME RUMP ROAST \$2.39 LB.
3 LBS. OR MORE SIRLOIN SANDWICH STEAKS THIN SLICED \$2.99 LB.	3 LBS. OR MORE OUR OWN TURKEY SAUSAGE \$1.89 LB.	DELI DEPT. BOARS - HEAD • OVEN ROASTED TURKEY BREAST \$4.29 LB.
U.S.D.A. PRIME CHOICE 15 Lbs. Avg. Weight WHOLE N.Y. STRIP LOINS \$3.99 LB.	U.S.D.A. PRIME CHOICE 8 Lbs. Avg. Weight WHOLE TENDERLOINS \$6.49 LB.	10 LBS. OR MORE GROUND CHUCK \$1.49 LB. GROUND ROUND \$2.09 LB. GROUND SIRLOIN Extra Lean \$2.29 LB.

Prices Good Thru 1/23/99 • Tuesday-Friday 9-6, Saturday 8-5, Closed Sunday-Monday

texture. the new wave in perms

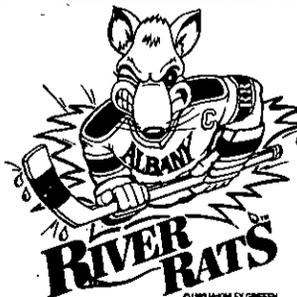
Matrix Perms. Today they're not about curl. They're about natural looking texture. Styling flexibility and ease of care.

PERM SALE
\$34.95*
SPIRALS
\$52.95*

* Long/Thick hair extra
Sale Valid Through 1/31/99

MATRIX
CHOICES HAIR STUDIO
Delaware Plaza Delmar **439-4619**
HOURS: M-F 9-8 Sat 9-5, Sun 10-3
Quality at a price you can afford.

SHOW YOUR RATTITUDE!



Your Albany River Rats are having another outstanding season! Come out and show your support as the Rats drive toward a Calder Cup Championship!

UPCOMING HOME GAMES

*Friday, Jan. 22 vs. Lowell
Saturday, Jan. 23 vs. Rochester
Wednesday, Jan. 27 vs. Hamilton



* Rat Pack Family Nights - 2 Adults and 2 Kids get in for \$36

STAR

(From Page 1)

negotiations the state legislature accelerated the original schedule for phasing in the full STAR program. "There wasn't anybody in elective office of either party that have not jumped on this baby," Leafer said.

Under this spring's "basic STAR" program, homeowners of all ages are eligible for at least a \$10,000 full value assessment exemption, which Leafer said could represent a savings of \$200 on a typical homeowner's tax bill. The program will grow to a \$30,000 exemption and as much as \$900 in tax savings by 2001.

The potential problem for school districts: while the bulk of property taxes are generally in hand by October, STAR payments are paid out to the districts over several months, beginning with a first payment, representing 35% of the lost revenue, on Oct. 15. Additional installments follow on Nov. 15, Dec. 15 and Jan. 4.

Even with last year's more limited "enhanced" program, "the schools were a touch worried that where normally a person gets an exemption, it comes after revenues are collected, but here they were getting it up-front," said Leafer. "But that got ironed out to everyone's satisfaction. I haven't heard any major screams coming from Adams Place" — the address of the Bethlehem district offices.

Early concerns by school district officials about the state's timeliness in meeting the payment schedule also proved groundless, O'Shea said. "It worked out fine for our district in terms of the schedule of money getting to us on time," he said.

But the new funding mechanism did have a hidden cost, according to O'Shea. "We did receive the full \$1.1 million in STAR payments (from the state)," he said. "But we lost about \$8,200 in interest simply because of the delay in payment." He was unable to project the impact of this year's STAR exemptions. "We haven't looked at that yet," he said. "But the problem, as it were, the loss of interest, will just be compounded

as the full STAR program is phased in."

The public is also somewhat confused about the program, Leafer said. "Things are starting to come in. Our fingers are crossed," he said. "But there's still a lot of people out there who haven't applied." He estimated that somewhere between six and seven thousand taxpayers in Bethlehem may be eligible this year — but less than half that many have applied so far.

"There was a wealth of information sent out," Leafer said, "but there has been confusion by people who didn't think they qualified because they were under 65, or their income wasn't under \$60,000."

Applicants who secured enhanced STAR exemptions last year must also re-apply every year. But once a basic STAR application is filed, a homeowner will automatically qualify in future years as long as they own the property, Leafer said. The exemption applies only to a homeowner's primary residence.

Leafer said STAR applications can be obtained at the town assessor's office, which will have extra help on hand to handle the anticipated last-minute wave of applicants before March 1.

"Next year won't be as bad, but I don't know what more we can do to get people in this year," he said.

Local girls earn Girls Scout Gold

Three local Girl Scouts have completed requirements for the Gold Award, Scouting's highest achievement.

Ravena-Coeymans-Selkirk High School students Helen Tompkins and Rebecca Whipple, both of Feura Bush and Nancy McClumpha of Selkirk have all earned the award.

To earn the Gold Award, a girl must complete an extensive program including earning four Interest Project Patches, the Career Exploration Pin, the Senior Girl Scout Challenge, the Senior Girl Scout Leadership Award, and complete a final Gold Award Project within a certain minimum time.

Tompkins' final project was to organize a Run For Your Life in conjunction with Ravena's Friendship Festival. Whipple planned and organized a Healthy Heart Awareness booth at the same festival.

McClumpha's project was to coordinate a Remember The Children program, helping to raise money and buy gifts for children with HIV/AIDS and their families through Albany Medical Center's Adopt-a-Family program.

Local lawyers named to committee

Slingerlands resident Henry M. Greenberg, who serves as general counsel to the state Health Department, has been named vice chair of a Committee on Attorneys in Public Service of the New York State Bar Association.

Lawyers Patricia Bucklin of Slingerlands and Rachel Kretser of Delmar will serve on the committee.

The 15-member committee will seek to make bar association membership more relevant to public service attorneys, identifying their professional needs and developing programs and services to address them.

Delmar man wins Saab vacation

New Salem Garage, a Saab dealer, recently announced that Dr. Harold Singer of Delmar won a driving vacation for two in a brand-new car from Trollhattan, Sweden, to Rome.

The prize includes two weeks' hotel accommodations, meal allowances and air travel, valued at approximately \$14,000.

The contest was sponsored by SaabCars USA. Contestants were invited to test-drive a new Saab 9-5S and fill out an entry form.

Center honors local drivers

Three local residents were among 13 individuals honored by the transportation department of the Center for the Disabled in Albany with its 10th annual Driver Awards.

The awards are given for safe driving records, attending to the special needs of their passengers and driver training.

Delmar residents Jeff Brown and Dave Rogers received gold awards, and Selkirk's Beauford Greb won a bronze award.

DEC selling trees

The state Department of Environmental Conservation (DEC) is conducting its annual sale of tree and shrub seedlings now through May.

DEC's Saratoga Nursery provides more than 30 species of conifers, hardwoods and shrubs to be planted in public or private land.

Ben Franklin Crafts®

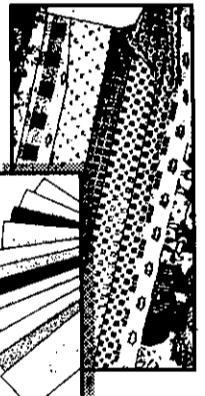
Your Creative Outlet



The SUPERBOWL of Fabric Sales

40% OFF reg. marked price

ALL FABRIC by the yard



Sale starts today through Sun., Jan. 24th

Tax Amnesty Week
Jan. 17-24
Save an additional 8% on yd. goods!

Includes Fabrics by: Ginny Beyer, Debbie Mum, VIP, South Seas, Marcus, Kunin Felt, Fabric Tradition, Fabric Country, Wamsutta & much more!

We now carry Upholstery, Drapery and Slipcover Fabrics for Home Dec.

COLUMBIA PLAZA, E. GREENBUSH • 479-4405
Mon-Sat 10am-9pm; Sun 11am-5pm

OPEN ALL YEAR
MON.-SAT. 8-4:30
CLOSED SUNDAY



STORY'S NURSERY
Greenhouses • Nursery
Landscaping

(518) 634-7754
CT. RT. 67
FREEHOLD, NY

WINTER SALE!

50% OFF - Tropical Plants
Amaryllis Bulbs - 25% OFF
Gilberties - Scents & Oils - 25% OFF
Other In Store Specials

COME IN AND VISIT
OVER 40 YEARS EXPERIENCE GROWING QUALITY PLANTS
TREES • SHRUBS • ROSES • PERENNIALS • HERBS
BEDDING & VEGETABLE PLANTS • WATER GARDEN PLANTS
GARDEN SHOP • LANDSCAPING • HOUSE PLANTS



Clock Repair Service

SERVICING THE CAPITAL DISTRICT FOR OVER 20 YEARS

**All Makes or Models
Antique or New**

- GRANDFATHER • WALL
- MANTEL • CUCKOO

LORRAINES COLLECTIBLES, LTD.
P.O. Box 4308, Clifton Park, N.Y. 12066

Call Toll Free at... 1-800-270-3436

FREE

Estimates
Delivery & Pick-up

Avoid Problems Lube Annually



Bethlehem Soccer Club Spring IntraClub Registration

\$56.00 per player
Town Hall 7PM to 9PM

Player Registration	Sunday, Jan 24	Auditorium
Player Registration	Sunday, Feb 7	Auditorium

- ⇒ Eligible players must have been born between 1985 and 1994.
- ⇒ New players must bring a copy of birth certificate for the Club to keep.
- ⇒ Players will be assigned by **GRADE** level, not age.
- ⇒ Spring 1999 season: May 1st to June 19th.
- ⇒ For more information please call 448-5904 and leave a message.



Obituaries

Mary Pratt Mladinov

A memorial service was held at All Souls Episcopal Church in Washington, D.C. on Sunday, Jan. 10, for Mary Pratt Mladinov who died Wednesday, Dec. 30, of ovarian cancer.

Ms. Mladinov was formerly associate secretary of Phi Beta Kappa, the second highest official of the national educational honorary society.

Ms. Mladinov earned a master's in business administration from the Darden School of the University of Virginia. She graduated from Wellesley College and attended Dartmouth College her junior year as part of the 12 college exchange. She was elected to Phi Beta Kappa as an alumna, for her achievement after graduation.

Born in Olympia, Wash., she moved to Delmar in 1967 and graduated from Bethlehem Central High School, where she was editor of the yearbook.

She was a member of the board of the Dartmouth College Club of Washington, D.C.; a volunteer for the Historic Area Building Survey in Washington, D.C.; a volunteer chairperson for 12 years for the men's and women's professional tennis tournaments held annually in Washington; a longtime member and president of the Washington's Women's Ice Hockey Club; and a student and member of the chorus at the Casa Italiana language school in Washington.

Survivors include her mother, Barbara Pratt Mladinov of Delmar; and a sister, Ann Lane Mladinov of Washington, D.C.

Edwin C. Hotaling

Edwin C. Hotaling, 78, of Fernbank Avenue in Delmar died Thursday, Jan. 14, at Stratton Veterans Administration Medical Center in Albany.

Born in Castleton, he was a longtime resident of Delmar.

Mr. Hotaling was a custodian at Watervliet Arsenal before he retired.

He was an Army veteran of World War II.

He was a life member of the Veterans of Foreign Wars Post 7337 in Castleton.

Survivors include his wife, Lorraine Hotaling; nine sons, Charles Hotaling of Schenectady, Daniel Hotaling of South Cairo, Glenn Hotaling, Richard Hotaling, Jeffrey Hotaling and Edwin Hotaling Jr., all of Delmar, Roger Hotaling of Albany and Wesley Hotaling of Ravena; two daughters, Marilyn Whitbeck of Berne and Beverly Gregory of Delmar; two brothers, William Hotaling and Stanley Hotaling, both of Castleton; 32 grandchildren; and three great-grandchildren.

Services were from the Ray Funeral Home in Castleton.

Contributions may be made to the Bethlehem Volunteer Ambulance, 445 Delaware Ave., Delmar 122054 or Stratton Veterans Administration Medical Center Hospital, 133 Holland Ave., Albany 12208.

Gwendolyn Busch

Gwendolyn Higgins Busch, 87, of Rockefeller Road in Delmar died Sunday, Jan. 10, at St. Peter's Hospital in Albany.

Born in Watertown, she had lived in Florida and Selkirk before moving to Delmar.

Mrs. Busch was a claims processor for Aetna Insurance in Delmar before she retired.

She was the widow of Walter Streeter II and Emil Busch.

Survivors include two daughters, Joyce Quay and Faye Bardin, both of Voorheesville; a sister, Jean Rooney of Tucson, Ariz.; 12 grandchildren and eight great-grandchildren.

Services were from the Reilly & Son Funeral Home in Voorheesville.

Spring burial will be in Elmwood Cemetery in Selkirk.

Contributions may be made to the American Heart Association.

Katherine S. Nolan

Katherine S. Nolan, 83, of Glenmont died Thursday, Jan. 14, at St. Peter's Hospital in Albany.

She was a retired senior clerk for the state Department of Taxation & Finance. Mrs. Nolan was a member of Glenmont Community Reformed Church and its women's guild.

She was the widow of Francis J. Nolan.

Survivors include a son, Frank J. Nolan of Liverpool; a daughter, Kathy M. Gombel of Delmar; a sister, Martha S. Brown of Glenmont; and four grandchildren.

Services were from Glenmont Community Reformed Church.

Burial was in Albany Rural Cemetery.

Arrangements were by the Applebee Funeral Home in Delmar.

Contributions may be made to Glenmont Community Reformed Church Memorial Fund, Chapel Lane, Glenmont.

Edna K. Pearson

Edna K. Pearson, 83, of Delmar and formerly of Westerlo, died Monday, Jan. 11, at Good Samaritan Health Care Center in Delmar.

Born in Grapeville, she was a longtime member of Westerlo Reformed Church and a member of the Oddity Club.

She was the widow of Kenneth J. Pearson.

Survivors include two daughters, Joan Keppler of Glenmont and Janice Slingerland of East Berne; four grandchildren; and five great-grandchildren.

Frederick L. Coombs

Frederick L. Coombs, 93, of Autumn Drive in North Bethlehem died Wednesday, Jan. 13, at Eddy Ford Rehabilitation Center in Cohoes.

Born in Brunswick, he was a graduate of Amherst College and a member of Phi Gamma Delta Fraternity.

Mr. Coombs was a commercial engineer for New York Telephone Co., retiring after 42 years of service.

He was an Army veteran of World War II.

He was a member of Westminster Presbyterian Church in Albany.

He was the husband of the late

Florence Coombs.

Survivors include a son, Donald H. Coombs of LaGrangeville, Dutchess County; a sister, Marion Tebbutt of Stony Brook, Suffolk County; three grandchildren; and nine great-grandchildren.

Mr. Coombs donated his remains to the Anatomical Gift Program at Albany Medical College.

A memorial service will be held at a later date.

Contributions may be made to the Beverwyck Elderfund, 40 Autumn Drive, Slingerlands 12159 or Westminster Presbyterian Church, 262 State St., Albany 12207.

Nora C. Cook

Nora C. Cook, 92, of Delmar died Thursday, Jan. 14, at Good Samaritan Lutheran Nursing Home in Delmar.

Born in Albany, she was educated there.

Mrs. Cook was a clerk for the state Department of Law for more than 40 years before she retired. She was a communicant of St. James Church in Albany and a member of its Rosary Society.

She was the widow of Thomas H. Cook.

Survivors include a son, Thomas H. Cook of Watervliet; two daughters, Margaret M. Cook of Schenectady and Norine A. Cook of Albany; six grandchildren; and several great-grandchildren.

Services were from St. James Church.

Burial was in St. Agnes Cemetery in Menands.

Contributions may be made to St. James Food Pantry, 391 Delaware Ave., Albany 12209.

Ethel E. Bagley

Ethel E. Bagley, 75, of Delmar died Wednesday, Jan. 13, at St. Peter's Hospital in Albany.

Survivors include her husband, LeRoy Bagley; six sons, John F. Bagley, Kevin Bagley, Dennis Bagley and Richard Bagley, all of Albany, LeRoy Bagley II of Coeymans Hollow and Charles Bagley of Selkirk; a daughter, Lucy Triffleti of Selkirk; two sisters, Stella Cudworth and Cozette Guy, both of Massachusetts; and many grandchildren and great-grandchildren.

Services were from the Dreis Funeral Home in Albany.

Burial was in Our Lady Help of Christians Cemetery.

February SONshine

Bethlehem Lutheran Church on 85 Elm Ave. in Delmar will conduct its 21st annual vacation Bible school, February SONshine, Tuesday through Thursday, Feb. 16 to 18, from 1 to 3:15 p.m..

To receive a registration form, call the church office at 439-4328 between 9 a.m. and noon.

Special on WMMT CHANNEL 17

Scientific American Frontiers:
Animal Einsteins
Wednesday, 8 p.m.

Ballykissangel
Thursday, 8 p.m.

New York Week in Review
Friday, 9 p.m.

Antiques Roadshow: Richmond, Va.
Saturday, 8 p.m., part one

Nature: Parrots
Sunday, 8 p.m.

Antiques Roadshow: Richmond, Va.
Monday, 8 p.m., part two

Upstate Edition Extra: Live call-in
Tuesday, 8 p.m.

Owens-Corning Fiberglas Corporation
supports public television
for a better community

Owens-Corning is Fiberglas



JANUARY CLEARANCE

Save up to \$500.00 on select stock memorials

STEFANAZZI & SPARGO
GRANITE CO., INC.

LETTERING & CARVING DONE ON PREMISES

3 miles North of Latham Circle on Route 9 • 785-4206

Open Daily • Sunday & Evenings By Appointment



PURCHASE NOW FOR SPRING DELIVERY



Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.



Stacey Parsons and David Plante

Parsons, Plante engaged

Stacey Lyn Parsons, daughter of Skip and Linda Parsons of Feura Bush, and David Anthony Plante, son of Richard and Patricia Plante of Salem, Mass., are engaged to be married.

The bride-to-be is a graduate of Salem State College. She is an operations analyst for New England Securities in Boston.

The future groom is a graduate of Bethlehem Central High School, Sage Junior College of Albany and Montserrat College of Art.

He is a graphic designer at Deloitte & Touche in Boston.

The couple plans a Nov. 6 wedding.

Births

Albany Medical Center
Girl, Sarah Ann Yates, to Amy and William Yates of Selkirk, Nov. 2.

Boy, Brendan Karl Mortensen, to Laurie and James Mortensen of Delmar, Nov. 4.

Boy, Justin Reed Cohen, to Amy and Brian Cohen of Slingerlands, Nov. 9.

Girl, Olivia Kimberly Healy, to Kimberly and John Healy of Delmar, Nov. 13.

Girl, Madeline Grace Brumsey, to Michele and Terry Brumsey of South Bethlehem, Nov. 16.

Twins, Matthew Alan Moore and Dawn Margaret Moore, to Sandra and Brian Moore of Glenmont, Nov. 20.

Boy, Daniel William Austin, to Kelliann and Howard Austin of Selkirk, Nov. 20.

Girl, Cheyenne Jordyn Weidman, to Krystal and Shane Weidman of Selkirk, Nov. 25.

Boy, Brian Daniel Harder, to Laurie and Daniel Harder of Delmar, Nov. 25.



Kelly and Michael Bailey

Ryan, Bailey marry

Kelly Marie Ryan, daughter of Eugene and Katherine Ryan of Delmar, and Michael Thomas Bailey, son of Dr. Thomas and Lynn Bailey of Slingerlands, were married Aug. 15.

The Rev. James Walsh performed the ceremony at the Church of St. Thomas the Apostle in Delmar.

A reception followed at The Desmond in Colonie.

The maid of honor was Jennifer Haug. Bridesmaids were Debra Tietjen, sister of the groom, Sandra Ducar, Tracy Gonzalez and Kathryn Robson. Sarah Ryan, cousin of the bride, was the flower girl.

The best man was Richard Bailey, brother of the groom. Ushers were Christopher Ryan, brother of the bride, Jamie Enos, Scott Gilchrist, Ted Hitchcock and Jeremy McInerney.

The bride is a graduate of Bethlehem Central High School and Ithaca College. She is a branch manager at Cohoes Saving Bank in Albany.

The groom is a graduate of Bethlehem Central High School and Springfield College. He is recreational therapist at Daughters of Sarah Nursing Home in Albany.

After a wedding trip to Aruba, the couple lives in Albany.

Class of '98

University of Michigan — Charles Kawas of Delmar (master of arts).

Dean's List

SUNY Potsdam — Mary Katherine Abba and Leah Everhart, both of Delmar.

Delmar student earns certificate

BCHS graduate Marcus Anderson of Delmar recently received a certificate of merit for outstanding achievement in illustration from the art department at the SUNY Fredonia.

Anderson was presented with the award upon completion of a bachelor's degree program in art at the college in December.

Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to PO Box 100, Delmar 12054.

Recycle this newspaper

Here's to a Wonderful Wedding!



INVITATIONS

Paper Mill Delaware Plaza. 439-8123
Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.

JEWELRY

Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

LIMOUSINE

Super Special!!!! 3 hours for only \$99. Advantage Limousine. 433-0100 Some rest.

Community



Corner

String quartet to play at Coeymans church

La Biblioteca String Quartet will present a program of works by Beethoven, Gershwin and Haydn in its third annual concert on Sunday, Jan. 24, at 3 p.m. at Coeymans Reformed Church on Route 143.

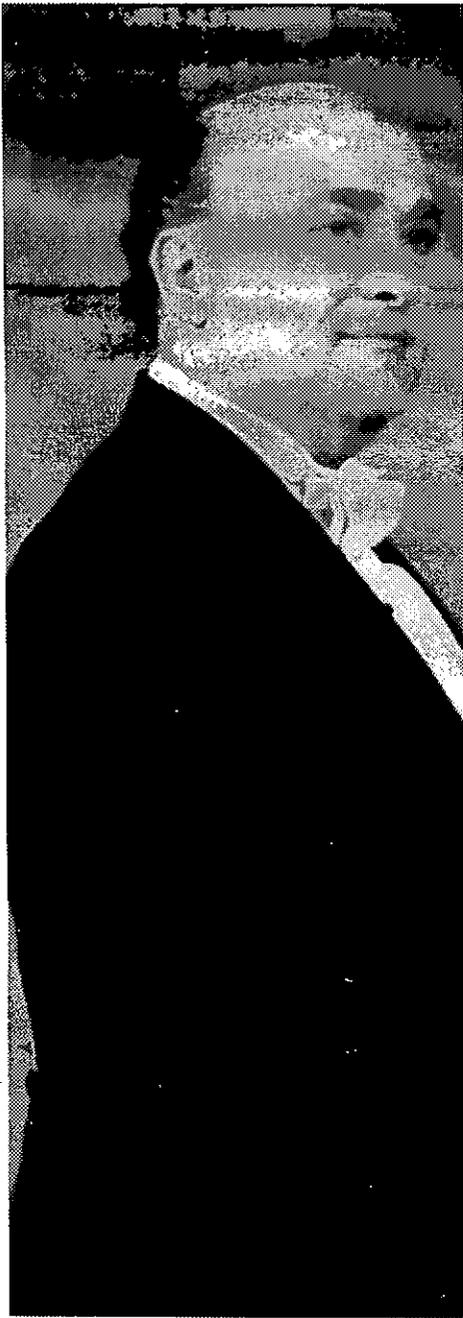
The concert is jointly sponsored by the church and RCS Community Library.

Parking is available behind the church, and the concert is free and open to all.

A reception for the musicians will follow the performance. For information, contact the library at 756-2053.

Family ENTERTAINMENT

SPOTLIGHT ON CALENDARS ♦ ARTS & ENTERTAINMENT



Coincidence gives Orchestra 'paws' for celebration

Conductor Charles Schneider will lead the Schenectady Symphony through its first family concert this weekend. The Orchestra will be joined by guest artists Olga (right foreground) and Margarita Malinova, sisters who will play dual pianos on Sain Saens' "Carnival of the Animals".



By JOSEPH A. PHILLIPS

The Schenectady Symphony Orchestra's programming for families and young people is growing by design, with a helping hand from coincidence.

In recent seasons, the orchestra, which is in residence at Proctor's Theater, has expanded its programs to include weekday children's concerts for a bussed-in school audience (the next one is set for March 24) and a special "mentoring concert" every spring that enables local student musicians from Schenectady High School, which supports only a string section, to sit in with the full orchestra.

For some time, the orchestra board has also been mulling the possibility of adding a family concert to their schedule, to encourage youngsters and parents to share in the orchestral experience. And here's where coincidence comes into play: there just happens to be a pair of available performers in the neighborhood for just such a program.

Olga and Margarita Malinova, sisters who specialize in dual-piano concerts, are booked this month for an appearance with the Utica Symphony, for a family concert to be conducted by Schenectady Symphony artistic director Charles Schneider.

So, as long as they're upstate, how about a visit to Schenectady? "It seemed like kind of a good opportunity for us," says Dr. Charles Stamm, president of the symphony board.

And so, this Saturday at 4 p.m., the Schenectady Symphony will present its first special family concert. The group is pulling out all the stops to make the event a success. The concert program features two family-friendly classics, Camille Saint-Saens' "Carnival of the Animals" and Sergei Prokofiev's beloved "Peter and the Wolf."

"Our ambition is to make classical music attractive to the young," said Stamm. "Particularly with these two pieces."

Both works create narrative tone poems about animals. Prokofiev's work tells the story of a Russian youngster hunting in the woods for the big, bad wolf menacing his village. Each of the tale's characters is represented by a particular element of the orchestra —

Peter by jaunty strings, the hunters by a muscular Russian march underscored by timpani; a bassoon for Peter's grandfather, a clarinet for his cat, a friendly bird and duck by flute and oboe. Eventually

they confront a trio of ominous French horns — the Wolf.

The Malinova sisters, who last performed with the symphony in 1992, will perform on side-by-side grand pianos for "Carnival of the Animals", a musical celebration of humorous verse by poet Ogden Nash.

Its musical verses evoke everything from the "Royal March of the Lions" to an aquarium full of fish to "The Swan", the work's most famous piece. It even pokes satirical fun at stubborn piano students who play more correctly than musically with "The Mules."

Both works are narrated by actor Austin Sears, Olga Malinova's husband and artistic director of the summertime Cooperstown Theatre Festival.

To get youngsters into the spirit of the event, they're encouraged to attend costumed as their favorite animal. The idea is the brainchild of board member Ricki Shapiro, an educator, trained clown and veteran of children's theater in the area.

"We want children to be actively involved in learning about the animals featured in 'Carnival of the Animals' and 'Peter and the Wolf' and have fun at the same time," Shapiro said.

The symphony is encouraging a low-key approach to costuming: make your own and keep it simple.

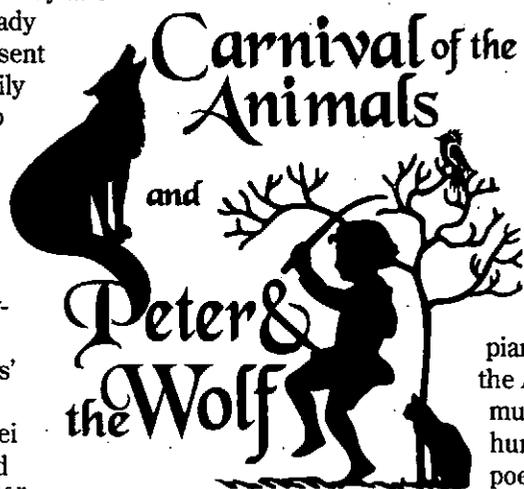
"It's an informal thing we're hoping for," Stamm said. "We don't have a contest or anything."

Shapiro added, "We want the emphasis to be on learning and fun, not costly, complicated costumes."

And each child will receive a commemorative sticker to take home from the concert.

"The idea is to have an opportunity for families to come to the symphony together," Stamm said, "so we may make this a yearly thing."

To encourage a family crowd, tickets are priced at \$8, and are available from the symphony box office, 372-2500, or Proctor's box office in the Arcade.



ARTS and ENTERTAINMENT

THEATER

GRACE AND GLORIE
comedy by Tom Ziegler,
Capital Rep, 111 N. Pearl St.,
Albany, through Feb. 14.
Information, 462-4531.

DIAL 'M' FOR MURDER
murder mystery, New York
State Theatre Institute, Schacht
Fine Arts Center of Russell Sage
College, Troy, Jan. 28 to Feb.
13, \$17, \$14 for students and
seniors, \$8 for children.
Information, 274-3256.

KINDERTRANSPORT
World War II drama by Diane
Samuels, Albany Civic Theatre,
235 Second Ave., Jan. 22 and
23 at 8 p.m., Jan. 24 at 3 p.m.,
Jan. 23 at 3 p.m., \$12.
Information, 462-1297.

ARSENIC AND OLD LACE
performed by Spotlight
Community Players, Columbia
High School, Luther Road, East
Greenbush, Jan. 22, 23, 28 and
29 at 8 p.m., Jan. 23 at 2 p.m.,
\$10, \$8, for students and
seniors. Information, 477-8330.

MOON OVER BUFFALO
starring Gavin MacLeod,
Proctor's Theatre, State Street,
Schenectady, Jan. 30, 8 p.m.,
\$32.50-\$36.50. Information, 346-
6204.

THE SENSELESS KILLING
modern drama set in Boston,
North Pointe, Route 9,
Kinderhook, Jan. 30, 8 p.m.,
\$10. Information, 851-6840.

MUSIC

THE KINSEY REPORT
with Ernie Williams & the
Wildcats opening, The Egg at
Empire State Plaza, Jan. 23, 8
p.m., \$14. Information, 473-
1845.

SPYRO GYRO
Palace Theatre, Clinton
Avenue and North Pearl Street,
Albany, Jan. 23, 8 p.m., \$30.
Information, 465-4663.

CLASSICAL COLONIAL TEA
songs and arias by Opera
Excelsior in Slingerlands home,
Jan. 24, 3 p.m., \$18 in
advance, \$20 at the door.
Information, 346-4187.

L'ENSEMBLE

chamber music concert,
followed by reception,
Saratoga Golf & Polo Club, 301
Church St., Saratoga Springs,
Jan. 24, 5 p.m., \$15. Informa-
tion, 436-532.

WYNTON MARSALIS

jazz concert to benefit music
education, Troy Savings Bank
Music Hall, State and Second
streets, Jan. 29, 7 p.m., \$40 and
\$75. Information, 273-0038.

STEPHEN HOUGH

pianist performs works by Liszt
and Tsonakis, Troy Savings
Bank Music Hall, State and
Second streets, Jan. 30, 8 p.m.,
\$22. Information, 273-0038.

OLD SONGS SAMPLER

CONCERT
with John Roberts, Bill Spence,
Whoopie Jazz, Allen Folklife,
Hoppin' John, Curragh, Fixation
and Fiddle Free Zone, Altamont
Masonic Temple, Route 146,
Jan. 30, 8 p.m., \$12. Informa-
tion, 765-2815.

DIE FLEDERMAUS

Strauss operetta performed by
London City Opera, Proctor's
Theatre, State Street,
Schenectady, Jan. 31, 8 p.m.,
\$34.50-\$39.50. Information, 346-
6204.

DANCE

THE SPLENDOR OF BAROQUE DANCE

18th-century dances per-
formed by the Ken Pierce
Baroque Dance Co., Memorial
Chapel of Union College,
Schenectady, Jan. 22, 8 p.m.,
free. Information, 388-6201.

FAMILY FUN

NORMAN FOOTE

music, witty wordplay and
puppets, The Egg at Empire
State Plaza, Jan. 24, 1 and 4
p.m., \$10, \$8 for students and
seniors. Information, 473-1845.

VISUAL ARTS

NEW YORK STATE MUSEUM

We Shall Overcome: Photo-
graphs from America's Civil
Rights Era, through Feb. 28,
stoneware and antique
furniture exhibits; plus perma-
nent collections, Empire State
Plaza, Madison Avenue,
Information, 474-5877.

ALBANY INSTITUTE OF HISTORY AND ART

200 Years of Collecting,
through May 30, Shining
Objects from Our Past, silver
from the Institute Collection,
through May 30, The Iconogra-
phy of George Washington,
Jan. 23 to May 30, 125
Washington Ave. Information,
463-4478.

SCHENECTADY MUSEUM

Model Train Village, through
Jan. 31, Curator's Choice,
through Feb. 14, Recent
Acquisitions, through March
15, plus permanent exhibits,
Nott Terrace Heights. Informa-
tion, 449-4756.

ALBANY CENTER GALLERIES

Mohawk-Hudson Regional
Invitational, through Feb. 26,
23 Monroe St. Information, 462-
4775.

PAT CAHILL

paintings, Learning Resources
Center Gallery at Hudson
Valley Community College,
through Jan. 28. Information,
266-8072.

CALL FOR ARTISTS

AUDITION

for all roles in March Opera
Excelsior production of "The
Magic Flute," by appointment
only. Information, 372-7455.

DELMAR COMMUNITY ORCHESTRA

openings in the string, horn and
percussion sections. Informa-
tion, 439-1603.

COLONIE TOWN BAND

openings for percussion, tuba
and bassoon players, rehears-
als on Mondays at 7:30 p.m. at
town hall, Route 9, Newtonville.
Information, 356-4331.

CLASSES/LECTURES

COLONIE CENTENNIAL BRASS CHOIR

openings for trumpet players,
rehearsals on first Wednesday
and third Tuesday of the month,
at 7:15 p.m., town hall, Route 9,
Newtonville. Information, 384-
1924.

AUDITION

for Capitol Hill Choral Society
for the 1997-98 season. All
voice parts. Information, 465-
3328 or 374-4399.

MONDAY MUSICAL CLUB WOMEN'S CHORUS

invitation for new members to
join in singing classical and
popular songs, Third Reformed
Church, 20 Ten Eyck Ave.,
Albany, Tuesdays, 7:30 p.m.
Information, 477-4454.

CAPITAL COMMUNITY VOICES

singers needed, rehearsals at
Columbia High School, 7 to 9
p.m., Tuesdays. Information,
477-8308.

MUSEUM ART CLASSES

ongoing, Albany Institute of
History & Art, 125 Washington
Ave., \$25. Information, 463-
4478.

DANCE CLASSES

ongoing, all levels, ballet, jazz
and modern, New School of
Ballet, 1098 Parkwood Blvd.,
Schenectady, Mondays to
Thursdays and Saturdays.
Information, 346-1096.

ART CLASSES

watercolor and oil, beginner
and advanced, taught by
Kristin Woodward. Information,
783-1828.

DANCE CLASSES

all forms of dance, winter
session, Jan. 18 to April 1,
registration Jan. 13 and 14
from 6 to 8 p.m., eba Center
for Dance & Movement, 351
Hudson Ave., Albany,
Information, 465-9916.

TO LIST AN ITEM

of community
interest in the
The Spotlight,
send all
pertinent
information —

**WHO,
WHAT,
WHERE,
WHY,
WHEN**
and
HOW

to
The Spotlight Calendar
P.O. Box 100
Delmar, NY 12054
by 5 pm Thursday

Area FREEBIES

Thursday, Jan. 21

■ Lecture on the civil rights struggle by professor and author
Johnnetta Cole, Alumni Recreation Center of Siena College,
Route 9, Loudonville, 7 p.m.

Friday, Jan. 22

■ "Quartermaine's Terms," staged reading by Theatre Voices,
Albany Center Gallery, Chapel and Orange streets, 8 p.m.
• Kelly Moore, Borders Books & Music, 59 Wolf Road, Colonie,
8 p.m. Information, 482-5800.

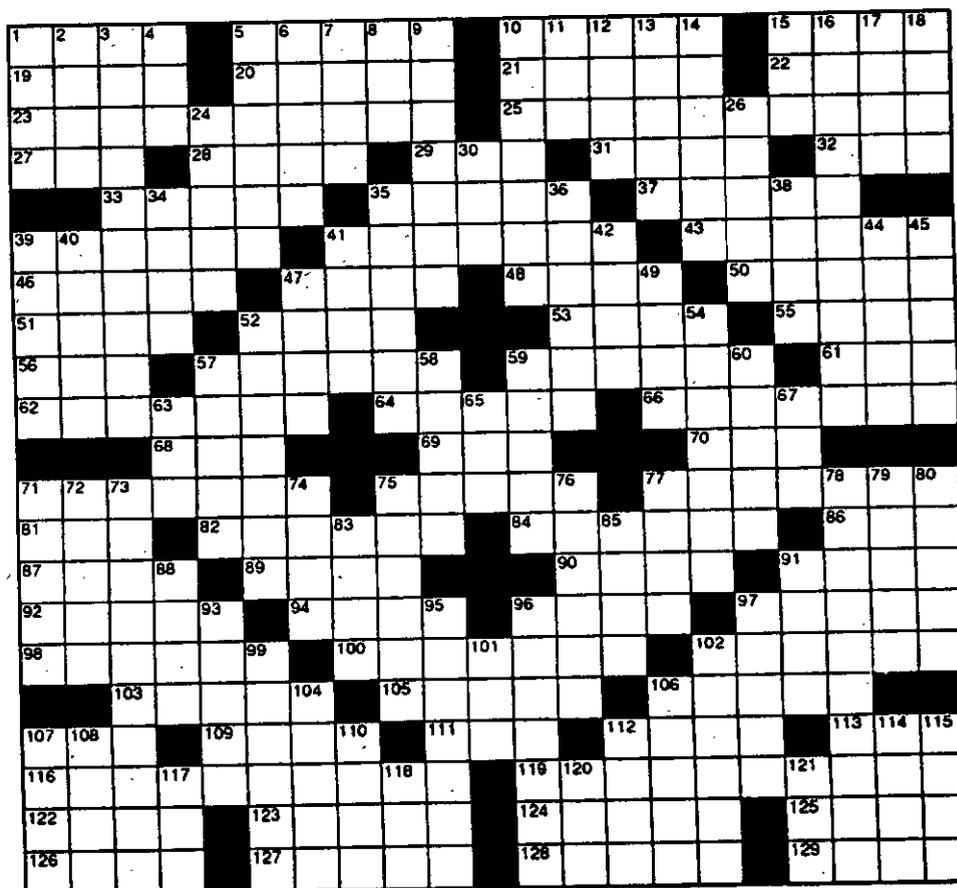
Saturday, Jan. 23

■ "Quartermaine's Terms," staged reading by Theatre Voices,
Albany Center Gallery, Chapel and Orange streets, 3 and 8
p.m.
■ Fred Gillen Jr., Borders Books & Music, 59 Wolf Road,
Colonie, 8 p.m. Information, 482-5800.

Super CROSSWORD

ACROSS

- 1 Doc's Mat. teammate
- 5 Root
- 10 Former Egyptian VIP
- 15 Anagram of soar
- 19 Draft or drive lead-in
- 20 Jazz musician W.C.
- 21 Remain
- 22 Gudrun's husband
- 23 Kingsley's historical romance
- 25 Ward Bond TV series
- 27 Printer's measures
- 28 Seine sights
- 29 Note or stone lead-in
- 31 Lumberjack's climbing iron
- 32 Joke
- 33 Sea birds
- 35 Noted penologist
- 37 Figure of speech
- 39 Refuse to believe
- 41 Widespread
- 43 Makes into law
- 46 Shaped like an egg
- 47 Let sleeping — lie
- 48 Indecent talk
- 50 Worship
- 51 Apple or pear
- 52 Subtle
- 53 — school
- 55 Sore, in Scotland
- 56 Supplement
- 57 Says "Hello!"
- 59 Becomes unclouded
- 61 Game-show prize
- 62 Dutiful regard
- 64 French school
- 66 More or less
- 68 Alfonso's queen
- 69 Dolores Dal —
- 70 Golf Instruc-tor
- 71 Thrust forward
- 75 Complete the crossword
- 77 Dogmatic teacher
- 81 Stadium cheer
- 82 Duellist's aide
- 84 Surpasses
- 86 French digit
- 87 Sweet, pulpy fruit
- 89 FDR's mother
- 90 Writes a scathing review
- 91 Handle
- 92 Piece
- 94 Speaker's platform
- 96 Makes a wager
- 97 Draw a conclusion
- 98 Proposed union of Cyprus and Greece
- 100 South American cowboy
- 102 Braids of hair
- 103 Imperfections
- 105 Deep-blue pigment
- 106 "The Importance of — Earnest"
- 107 One of the tides
- 109 Actor Estrada
- 111 WWII org.
- 112 Naomi's chosen name
- 113 FDR's successor
- 116 John Wayne/ Lauren Bacall opus
- 119 Henry Fonda's '57 Western
- 122 Bolger and Millard
- 123 List of candidates
- 124 Atelier feature
- 125 Withered
- 126 Greek mountain
- 127 Church council
- 128 Pairs
- 129 Sister of Ares
- 130 Ram's mate
- 134 Network
- 135 Official envoy
- 136 Take a taste
- 138 Water lily leaves
- 139 Working
- 2 Pizzeria fixture
- 3 Tyrone
- 4 Table scrap
- 5 Swiss house
- 6 Hounds chase them
- 7 Football players
- 8 Anglo-Saxon inns
- 10 Tom and Diane
- 11 Legal org.
- 12 Hunts for buried treasure
- 13 Take as one's own
- 14 Right of holding
- 15 Rower
- 16 Classic Western film of '39
- 17 Other, to
- 18 Start for master or leader
- 24 Shrink in pain
- 26 Sodium carbonate
- 30 Ram's mate
- 34 Network
- 35 Official envoy
- 36 Take a taste
- 38 Water lily leaves
- 39 Working
- 40 Conjure up
- 41 Author Vidal
- 42 Artificial bait
- 44 Courtroom drama
- 45 Press together in ranks
- 47 Composition for two
- 49 Lacerate
- 52 Covered shopping areas
- 54 Drives forward
- 57 Biological classification
- 58 Young haddock
- 59 Pungent spice
- 60 Irrational numbers
- 63 Through
- 65 Salad dressing ingredient
- 67 Tibetan gazelle
- 71 Papal vestment
- 72 Relay-race need
- 73 John Wayne oater
- 74 Modified plant formation
- 75 Slow creatures
- 76 Very skillful
- 77 Female swans
- 78 1950
- Gregory Peck film, with "The"
- 79 Beginning
- 80 High, low and reverse
- 83 Evangelist Roberts
- 85 Roman statesman
- 88 Ruined city in Iran
- 91 Philippine sumac
- 93 Fathered
- 95 Breed of Siberian dog
- 96 Tardy
- 97 Of ancient Troy
- 98 Basis of paste jewelry
- 101 Rug pile
- 102 "The — of Pauline"
- 104 Having little sense
- 106 Lessened
- 107 River in Spain
- 108 "Gil —"
- 110 Part of KKK
- 112 High tableland
- 114 Calcutta garb
- 115 Very, in Versailles
- 117 Explorer Johnson
- 118 DDE's command
- 120 Make — while the sun shines
- 121 Vane letters



The Spotlight CALENDAR

**WEDNESDAY
JANUARY 20**

BETHLEHEM

BC SCHOOL BOARD
district office, 90 Adams Place,
8 p.m. Information, 439-7098.

ZONING BOARD OF APPEALS
town hall, 445 Delaware Ave.,
7:30 p.m. Information, 439-
4955.

BINGO

Blanchard American Legion
Post, 16 Poplar Drive, 7:30 p.m.
Information, 439-9819.

BOY SCOUT TROOP 58
Elsmere Elementary School,
247 Delaware Ave., 7:30 to 9
p.m.

**YOUTH EMPLOYMENT
SERVICES**

Parks and Recreation Office,
Elm Avenue Park, 2 to 4:30
p.m. Information, 439-0503.

WELCOME WAGON

newcomers, engaged women
and new mothers, call for a
Welcome Wagon visit,
Monday to Saturday, 8:30 a.m.
to 6 p.m. Information, 439-
8009.

BETHLEHEM LIONS CLUB

Days Inn, Route 9W,
Glenmont, 7 p.m. Information,
439-4857.

BETHLEHEM ELKS LODGE 2233
Route 144, Cedar Hill, 8 p.m.
Information, 767-2886.

Play Better Golf with JACK NICKLAUS



HITTING GOLF SHOTS LONG AND STRAIGHT REQUIRES BUILDING REAL "SNAP" INTO YOUR SWING. THE EASIEST WAY TO DO THAT IS TO CREATE SPRING-LIKE TORSION BETWEEN YOUR UPPER AND LOWER BODY.



THE TIGHTER YOU COIL ABOVE THE WAIST AGAINST RESISTANCE FROM BELOW THE WAIST THE MORE TORSION YOU CREATE TO DELIVER AS CLUBHEAD SPEED AT IMPACT. THAT'S WHY "TUAN" IS ALWAYS SUCH A KEY WORD FOR TOP PLAYERS.

STAN SMITH'S TENNIS CLASS



DRIVING THE BACKHAND
To unleash your power on the backhand, turn your upper body as you prepare to hit. Shift your weight forward as you stroke, driving through the ball without any hesitation in your stroke.



As you uncoil your upper body, your weight will transfer to your front foot. As you do that, bend your front knee and keep your center of gravity down low as you swing through the ball.

ONESQUETHAU CHAPTER, ORDER OF THE EASTERN STAR
Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

TESTIMONY MEETING
First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

SOLID ROCK CHURCH
1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

NEW SCOTLAND

VOORHEESVILLE PLANNING COMMISSION
village hall, 29 Voorheesville Ave., 7:30 p.m. Information, 765-2692.

NEW SCOTLAND SENIOR CITIZENS
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING
First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

AL-ANON MEETING
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

FAITH TEMPLE
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

MOUNTAINVIEW EVANGELICAL FREE CHURCH
evening service, Bible study and prayer, Route 155, 7:30 p.m. Information, 765-3390.

**THURSDAY
JANUARY 21**

BETHLEHEM

BETHLEHEM HISTORICAL ASSOCIATION
Route 144 and Clapper Road, Selkirk, 8 p.m. Information, 439-3916.

RECOVERY, INC.
self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. Information, 439-0503.

BETHLEHEM SENIOR CITIZENS
town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

AMERICAN LEGION LUNCHEON
for members, guests and membership applicants, Blanchard Post, 16 Poplar Drive, noon.

AA MEETINGS
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

BETHLEHEM LUTHERAN CHURCH
children's choir, 6:30 p.m., senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

BETHLEHEM COMMUNITY CHURCH
women's Bible study, 9:30 to 11:15 a.m. in a local home, children's program and nursery provided for morning session, 201 Elm Ave. Information, 439-3135.

CLASS IN JEWISH MYSTICISM
Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

NEW SCOTLAND

NEW SCOTLAND KIWANIS CLUB
New Scotland Presbyterian Church, Route 85, 7 p.m.

**FRIDAY
JANUARY 22**

BETHLEHEM

NATURALIZATION CEREMONY
Bethlehem Central Middle School Auditorium, 10 a.m. Information, 439-7460.

AA MEETING
First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

CHABAD CENTER
Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

NEW SCOTLAND

YOUTH GROUP MEETINGS
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

**SATURDAY
JANUARY 23**

BETHLEHEM

PROJECT WILD WORKSHOP
Department of Environmental Conservation's Five Rivers Environmental Education Center, Game Farm Road, Delmar, 9:30 a.m. to 12:30 p.m. Information, 475-0291.

AA MEETING
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

AL-ANON MEETING
The Crossroads, 4 Normanskill Blvd., 5:30 p.m. Information, 489-6779.

**SUNDAY
JANUARY 24**

BETHLEHEM

DELMAR REFORMED CHURCH
Sunday School and worship service, 9 and 11 a.m. T.G.I. Sunday contemporary worship at 5:30 p.m. with children's program. Nursery care Available at all worship times. 386 Delaware Ave. Information, 439-9929.

UNITY OF FAITH CHRISTIAN FELLOWSHIP CHURCH
Sunday school and worship service, 10 a.m., 436 Krumkill Road. Information, 438-7740.

FIRST CHURCH OF CHRIST, SCIENTIST
Sunday school and worship service, 10 a.m., child-care provided, 555 Delaware Ave. Information, 439-2512.

BETHLEHEM COMMUNITY CHURCH
Sunday school and worship service, 10 a.m., nursery provided, 201 Elm Ave. Information, 439-3135.

ST. STEPHEN'S EPISCOPAL CHURCH
Holy Eucharist, 8 and 10:30 a.m., coffee and fellowship, nursery care provided, church school, 9:25 a.m., Poplar Drive and Elsmere Avenue. Information, 439-3265.

BETHLEHEM CONGREGATION OF JEHOVAH'S WITNESSES
Bible lecture, 10 a.m., Watchtower Bible study, 10:55 a.m., Elm Avenue and Feura Bush Road. Information, 439-0358.

SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH
worship service and church school, 10 a.m., fellowship hour, nursery care provided, 1499 New Scotland Road. Information, 439-1766.

SOUTH BETHLEHEM UNITED METHODIST CHURCH
Sunday school, 9:30 a.m., worship service, 11 a.m., followed by coffee hour, Willowbrook Avenue. Information, 767-9953.

DELMAR PRESBYTERIAN CHURCH
worship service, church school, nursery care, 10 a.m., fellowship and coffee, 11 a.m., adult education, 11:15 a.m., family communion service, first Sunday, 585 Delaware Ave. Information, 439-9252.

DELMAR FULL GOSPEL CHURCH
Sunday service, 9:30 a.m., with Sunday school and nursery, home groups, women's Bible studies and youth group, 292 Elsmere Ave. Information, 439-4407.

FIRST REFORMED CHURCH OF BETHLEHEM
church school, 9:30 a.m., worship service, 11 a.m., child-care provided, Route 9W, Selkirk. Information, 767-2243.

GLENMONT COMMUNITY CHURCH
Sunday school and worship service, 10:30 a.m., child-care available, 1 Chapel Lane. Information, 436-7710.

CHURCH OF ST. THOMAS THE APOSTLE
Masses — Saturday at 5 p.m. and Sunday at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Information, 439-4951.

SOLID ROCK CHURCH
worship service, 11 a.m., 1 Kenwood Ave. Information, 439-4314.

FIRST UNITED METHODIST CHURCH OF DELMAR
Sunday school and worship service, 9:30 a.m., adult classes and fellowship 11 a.m., child-care provided, 428 Kenwood Ave. Information, 439-9976.

BETHLEHEM LUTHERAN CHURCH
85 Elm Ave., Delmar, worship services 8 a.m. and 10:30 a.m. Sunday School and Bible classes 9:15 a.m., infant and nursery care, assistive listening devices, handicap accessible, coffee/fellowship. Information, 439-4328.

MOUNT MORIAH MINISTRIES
Sunday school, 9:45 a.m., morning worship, 11 a.m., youth group, 6 p.m., evening service, 7 p.m., Route 9W, Glenmont. Information, 426-4510.

NEW SCOTLAND

FAMILY WORSHIP CENTER CHURCH
Sunday Worship 10:30 a.m., nursery and Sunday School available, Thursday night prayer and praise at 7 p.m. Information, 768-2021.

NEW SCOTLAND HISTORICAL ASSOCIATION MUSEUM (SEPTEMBER AND OCTOBER)
in the Wyman Osterhout Community Center, New Salem, 2 to 4 p.m. Information, 765-4446.

BETHEL BAPTIST CHURCH
Sunday school, 9:15 a.m., worship service, 10:15 a.m., Auberge Suisse Restaurant, Route 85. Information, 475-9086.

MAGIC MAZE

RELATIVE POSITIONS

H E B Y V S Q W N K H T E B Y
W T R O A D J O I N I N G L J
G E B Y W U R L R P N E K D I
G D B Z X V S E Q O M C R K I
G E C A Y W U B H S Q A P N Y
L J H F E C R R A T W J E B A
Y X R V U S E G Q P R D R T W
P N M A K T D N U O R A O U D
J H F E F C N O B Z E Y F O I
X V U A T A O M D N I H E B M
R O P O M L Y A K E V O B A I

Find the listed words in the diagram. They run in all directions—forward, backward, up, down and diagonally.

- About
- Afar
- Before
- Nearby
- Above
- After
- Behind
- Upward
- Adjacent
- Among
- Below
- Yonder
- Adjoining
- Around
- Farther



**元寶屋
DUMPLING HOUSE**
Chinese Restaurant

Specializing in Dumplings, Lunches, Dinners, Cocktails, Mandarin, Szechuan, Hunan & Cantonese. Eat in or Take Out. Open 7 days a week.

458-7044 or 458-8366
120 Everett Road, Albany • (Near Shaker Road)

LEGAL NOTICE

ARTICLES OF ORGANIZATION OF PEERLESS MANAGEMENT, LLC

Under Section 203 of the Limited Liability Company Law of the State of New York

THE UNDERSIGNED, being a natural person of at least eighteen (18) years of age and acting as the organizer of the limited liability company (the "Company") hereby being formed under Section 203 of the Limited Liability Company Law of the State of New York (the "LLCL") certifies that:

FIRST: The name of the Company is Peerless Management, LLC.

Second: The purpose of the Company is to engage in any lawful act/activity from which limited liability companies may be organized under the LLCL.

THIRD: The county within the State of New York in which the office of the company is to be located is Albany.

FOURTH: The Secretary of State is designated as the agent of the Company upon whom process against the Company may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the Company served upon such Secretary of State is Richard A. Langer, Esq., McNamee, Lochner, Titus & Williams, P.C., 75 State Street, P.O. Box 459, Albany, New York 12201-0459.

FIFTH: The Company is to be managed by one or more members.

SIXTH: The Company shall have the power to indemnify, to the full extent permitted by the LLCL, as amended from time to time, all persons whom it is permitted to indemnify pursuant thereto.

IN WITNESS WHEREOF, I have subscribed this certificate and do hereby affirm the foregoing as true under the penalties of perjury, this 14th day of December, 1998.

Richard A. Langer
Attorney-in-Fact
(January 20, 1999)

ARTICLES OF ORGANIZATION OF CZAR PROPERTIES, LLC

Under Section 203 of the Limited Liability Company Law of the State of New York

THE UNDERSIGNED, being a natural person of at least eighteen (18) years of age and acting as the organizer of the limited liability company (the "Company") hereby being formed under Section 203 of the Limited Liability Company Law of the State of New York (the "LLCL"), certifies that:

FIRST: The name of the Company is CZAR PROPERTIES, LLC (hereinafter referred to as the "Company").

SECOND: The business of the Company is to engage in the ownership, leasing renovating and managing of real estate and any and all things necessary, convenient or incidental to that purpose.

THIRD: The county within the State of New York in which the office of the Company is to be located in Albany County.

FOURTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.

FIFTH: The Company does not have a specific date of dissolution in addition to the events of dissolution set forth by law.

SIXTH: The Secretary of State is designated as the agent of the Company upon whom process against the company may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the Company served upon such Secretary of State shall be CZAR PROPERTIES, LLC, c/o Waite & Associates, P.C., 90 North Pearl Street, Albany, New York 12207.

LEGAL NOTICE

SEVENTH: The name and street address within the State of New York of the registered agent of the Company upon whom process against the Company may be served is:

Waite & Associates, P.C., 90 North Pearl Street, Albany, New York 12207

EIGHTH: The Company is to be managed by one or more members.

NINTH: None of the members of the company, in their respective capacities as members, shall be personally or individually liable for any debts, obligations or liabilities of the Company.

TENTH: A member, acting in his or her capacity as a manager of the Company, shall not be personally liable to the Company or its members for damages for any breach of duty as a manager, except for damages that, in addition to any and all other requirements for such liability, are found to have come about by any reason of one or more act(s) or omission(s) of such manager and proximately resulting in a judgment or other final adjudication which establishes that: (a) such manager's acts or omissions were in bad faith or involved intentional misconduct or a knowing violation of law; (b) such manager personally gained, in fact, a financial profit or other advantage to which such manager was not otherwise legally entitled; or (c) with respect to a distribution which is the subject of Section 508 of the Limited Liability Company Law of the State of New York (the "LLCL"), such managers acts were not performed in accordance with Section 409 of the LLCL. Neither the amendment nor the repeal of this Article "TENTH" shall eliminate or reduce its effect relative to any matter occurring, or any cause of action, suit or claim that, but for Article "TENTH", would accrue or arise, prior to such amendment, repeal or adoption of an inconsistent provision. This Article "TENTH" shall neither eliminate nor limit the liability of a manager for any act or omission occurring prior to its adoption.

ELEVENTH: the Company shall have the power to indemnify, to the full extent permitted by the LLCL, as amended from time to time, all persons whom it is permitted to indemnify pursuant thereto.

IN WITNESS WHEREOF, I have subscribed these Articles and do hereby affirm the foregoing as true under the penalties of perjury, this 17th day of November, 1998.

s/ THERESA L. EGAN, ESQ.
Waite & Associates, P.C.
Attorneys for CZAR PROPERTIES, LLC, 90 North Pearl Street, Albany, New York 12207
(518) 463-4257
(January 20, 1999)

ARTICLES OF ORGANIZATION OF BEST TILE OF VERMONT, LLC

Under Section 203 of the Limited Liability Company Law of the State of New York

THE UNDERSIGNED, being a natural person of at least eighteen (18) years of age and acting as the organizer of the limited liability company (the "Company") hereby being formed under Section 203 of the Limited Liability Company Law of the State of New York (the "LLCL"), certifies that:

FIRST: The name of the Company is BEST TILE OF VERMONT, LLC.

SECOND: The county within the State of New York in which the principal office of the Company is to be located is ALBANY.

THIRD: The Secretary of State is designated as the agent of the Company upon whom process against the Company may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the Company served upon such Secretary of State is STEPHEN MARCUS, 2241 CENTRAL AVE.,

LEGAL NOTICE

SCHENECTADY, NY 12304.

FOURTH: The Company is to be managed by MEMBERS.

IN WITNESS WHEREOF, I have subscribed these Articles of Organization and do hereby affirm the foregoing as true under penalties of perjury, this 07/31/98.

s/ SHARON BABALA
Sole Organizer
c/o BLUMBERGEXCELSIOR
CORPORATE SERVICES, INC.
488 Broadway, Suite 106
Albany, NY 12207
(January 20, 1999)

CERTIFICATE OF LIMITED PARTNERSHIP OF HARRY WILBUR, SR. FAMILY LIMITED PARTNERSHIP UNDER SECTION 121-201 OF THE REVISED LIMITED PARTNERSHIP ACT

I, the General Partner, having executed a partnership agreement, now execute a certificate of limited partnership in accordance with New York Partnership Law Sections 121-201 and 121-204. Consequently, I certify that:

1. The name of the limited partnership is HARRY WILBUR, SR. FAMILY LIMITED PARTNERSHIP;

2. The county in the State of New York in which the office of the limited partnership is to be located will be Albany County;

3. The Secretary of State is designated as agent of HARRY WILBUR, SR. FAMILY LIMITED PARTNERSHIP, upon whom process against this limited partnership may be served. The Secretary of State shall mail a copy of any process served upon it against this limited partnership to the following post office address: c/o Harry J. Wilbur, Sr., 222 Van Wies Point, P.O. Box 31, Glenmont, New York 12077;

4. The name and business or residence street address of the sole general partner is:

Name: Harry J. Wilbur, Sr.
Address: 222 Van Wies Point, P.O. Box 31, Glenmont, New York 12077

5. The latest date upon which the partnership is to dissolve is December 31, 2030;

IN WITNESS WHEREOF, on October 2, 1998, the General Partner affirms this Certificate as true under penalties of perjury.

s/ Harry J. Wilbur Sr., General Partner by Harry J. Wilbur as Attorney-in-Fact for Harry J. Wilbur, Sr.

STATE OF NEW YORK)

)ss:

COUNTY OF ALBANY)

On the 2nd day of October in the year 1998 before me, the undersigned, a notary public in and for said state, personally appeared Harry J. Wilbur, as Attorney-in-Fact for Harry J. Wilbur, Sr., personally known to me or provided to me on the basis of satisfactory evidence to be the individual whose name is subscribed to or within instrument and acknowledged to me that he executed the same in his capacity, and that by his signature on the instrument, the individual, or the person upon behalf of which the individual acted, executed the instrument.

s/ Suzanne M. Wareing
Notary Public, State of New York
No. 01WE5031602
Qualified in Saratoga County
Commission expires Aug. 8, 2000.

(January 20, 1999)

NOTICE

NOTICE IS HEREBY GIVEN that on January 5, 1999 HMT ASSOCIATES, LLC

filed Articles of Organization with the Secretary of State, of a limited liability company, effective January 1, 1999, its principal office is to be located in Albany County. The purpose of HMT ASSOCIATES, LLC, is Business is to engage in all lawful business for which a limited

LEGAL NOTICE

liability company can be formed pursuant to Section 201 of the Limited Liability Company Law. The Secretary of State is Designated as agent of HMT ASSOCIATES, LLC upon whom process against it may be served and the Secretary of State shall mail a copy of any such process to Pine West Plaza, Bldg. 2, Albany, New York 12205.

(January 20, 1999)

NOTICE OF APPLICATION

for the Bennett Firm, LLC, a limited liability company (LLC). App. for authority files with Secretary of State (SSNY) on 11/30/98. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: President, The Bennett Firm, LLC, Suite 1100, 30 South Pearl Street, Albany, NY 12207. Date of dissolution 12/31/2051. Purpose: law firm.

(January 20, 1999)

NOTICE OF ARTICLES OF ORGANIZATION OF LIMITED LIABILITY COMPANY

Please take notice that (1) a limited liability company named "EAC MRC, LLC" has been formed under the New York Limited Liability Company Law; (2) the office of such company is located in Albany County; (3) the New York State Secretary of State has been designated as agent of such company upon whom process against the company may be served; (4) the post office address of such company to which the Secretary of State shall mail a copy of any process against the Company served upon the Secretary of State is 79 North Pearl Street, Albany, New York 12207; (5) the purpose of the business of such company is to acquire a partnership interest in Materials Recovery Company, a New York partnership, and to hold and otherwise deal in such interest and participate in such partnership and do all things necessary, convenient or incidental to the foregoing.

(January 20, 1999)

NOTICE OF FORMATION OF A FOREIGN LIMITED PARTNERSHIP (FLP)

The name of the FLP is Rosewood Plaza, L.P. The application for authority to do business in New York State of the FLP was filed with the NY Secretary of State on December 22, 1998. The jurisdiction of organization of the FLP is the State of Georgia. The date of organization of the FLP is December 14, 1998. The principal office of the FLP is located at 427 New Karner Road in the County of Albany. The NY Secretary of State is designated as the agent of the FLP upon whom process against the FLP may be served. The address to which the Secretary of State shall mail a copy of any process against the FLP is c/o Rosetti Associates, L.L.C., 427 New Karner Road, Albany, New York 12205. The purpose of the FLP is to engage in any lawful act or activity. A list of the names and addresses of all general partners of the FLP is to be engaged in lawful act or activity. A list of the names and addresses of all general partners of the FLP are available from the Secretary of State. The name and address of the authorized officer of the FLP in the State of Georgia where a copy of its Certificate of Limited Partnership is filed is the Georgia Secretary of State, Suite 315, West Tower, 2 Martin Luther King, Jr. Drive, Atlanta, Georgia 30334-1530.

(January 20, 1999)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is First Columbia Plank, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 17, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The address to which the Secretary of State shall

LEGAL NOTICE

mail a copy of any process against the LLC is 210 Washington Ave. Extension, Albany, New York 12203

(January 20, 1999)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is a First Columbia Clifton Park, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 17, 1998. The purpose of the LLC is to engage in any lawful act/activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as agent of the LLC upon whom process against may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 210 Washington Avenue extension, Albany, New York 12203.

(January 20, 1999)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is First Columbia Plank, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 17, 1998. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The address to which the Secretary of State shall mail a copy of any process against the LLC is 210 Washington Ave. Extension, Albany, New York 12203.

(January 20, 1999)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is Columbia Delaware Group, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 14, 1998. The Purpose of the LLC is to engage in any lawful act/activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203.

(January 20, 1999)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

NAME: 153 SOUTH PEARL STREET, LLC.

Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/01/98. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 207 North Pearl Street, Albany, New York 12207. Purpose: For any lawful purpose.

(January 20, 1999)

NOTICE OF FORMATION OF REGISTERED LIMITED LIABILITY COMPANY OF BREAK DEVELOPMENT, LLC

BREAK DEVELOPMENT, LLC has been formed as a limited liability company in New York. The Articles of Organization were filed on November 13, 1998 with the Secretary of State. The office is located in Albany County. The Secretary of State is designated as Agent upon whom process may be served. The Secretary of State shall mail a copy of any process served upon him/her to 527 Western Avenue, Albany, NY 12203 ATTN: Lamont Hungershafer.

(January 20, 1999)

NOTICE OF FORMATION OF RAMAPO GARDENS COMPANY, LLC

Under Section 203 of the Limited Liability Company Law

NOTICE IS HEREBY

LEGAL NOTICE

GIVEN that on November 23, 1998, RAMAPO GARDENS COMPANY, LLC filed its Articles of Organization with the New York Secretary of State. The principal office is located in Albany County. The Secretary of State is designated as agent upon whom process against Ramapo Gardens Company, LLC, may be served and the Secretary of State shall mail a copy of any process to 74 Huntersfield Road, Delmar, New York 12054. The purpose of Ramapo Gardens Company, LLC, is to engage in any lawful business for which a limited liability company can be formed pursuant to Section 201 of the Limited Liability Company Law.

(January 20, 1999)

NOTICE OF RECEIPT OF TAX ROLL AND WARRANT

TAKE NOTICE, that I, Nancy Mendick, the undersigned Receiver of Taxes and Assessments for the Town of Bethlehem, have received the tax roll and warrant for the collection of taxes and will receive payments thereon Monday through Friday from 8:30 A.M. to 4:30 P.M. at the Bethlehem Town Hall, 445 Delaware Avenue, Delmar, New York for the properties assessed upon such roll.

NO COLLECTION FEE DURING JANUARY

1% collection fee during February

2% collection fee during March

TAKE FURTHER NOTICE, that pursuant to the provisions of law the tax roll of the Town of Bethlehem will be returned to the County of Albany Director of Finance on April 1, 1999. Dated: January 1, 1999
Nancy Mendick
Town of Bethlehem
Receiver of Taxes & Assessments
(January 20, 1999)

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Gasoline and Diesel Fuel for the use of said Town for the year 1999. Bids will be received up to 3:00 p.m. on the 1st day of February, 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be in the sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
KATHLEEN A. NEWKIRK
CMC/A&E
TOWN CLERK

Dated: January 13, 1999
(January 20, 1999)

**TO PLACE
YOUR
LEGAL
CALL
439-4940
ASK FOR
JAIMIE**

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the purchase of materials and chemicals to be used in the Water and Sewer Departments for the coming year 1999 for the said Town.

Bids will be received up to 2:00 p.m. for materials and 2:30 p.m. for chemicals on the 9th day of February 1999, at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, NY 12054. Bids shall be addressed to Mrs. Sheila Fuller, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York

LEGAL NOTICE

12054. Bids shall be in sealed envelopes which shall bear on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids submitted.

BY ORDER OF THE TOWN BOARD
TOWN OF BETHLEHEM
Kathleen A. Newkirk, CMC/AEE
Town Clerk
Dated: January 13, 1999
(January 20, 1999)

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN THAT the Town board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Washed Crushed Stone for the year 1999 for the use of said Town, as and when required.

Bids will be received up to 3:00 p.m. on the 2nd day of February 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Mrs. Sheila Fuller, Supervisor, Town of Bethlehem, 445 Delaware Ave., Delmar New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof,

LEGAL NOTICE

the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specification s may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM

Kathleen A. Newkirk, CMC/AEE
Town Clerk
Dated: January 13, 1999
(January 20, 1999)

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the purchase and installation of Guide Rails to be used by the Highway Department along various roads throughout the Town of Bethlehem.

Bids will be received up to 3:30 p.m. on the 3rd day of February 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, NY. Bids shall be addressed to Mrs. Sheila Fuller, Supervisor of the Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054.

LEGAL NOTICE

Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each bid shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, NY.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD
TOWN OF BETHLEHEM
Kathleen A. Newkirk, CMC/AEE
TOWN CLERK
Dated: January, 13, 1999
(January 20, 1999)

At Your **SERVICE**
a guide to services for your home

APPLIANCE REPAIR

Joseph T. Hogan
Appliance & Electric Service
756-9670

AUTO BODY

TACS
AUTO BODY SERVICE
FREE LOANER CARS
Glenmont - 462-3977

BATHROOMS

TILE REGROUTING & REPAIR
• Complete Bathroom Remodeling
Call about out \$99 special
Call SPARKLIN' JOHN • 372-9849

CONTRACTORS

D.P. ESTEY CONSTRUCTION & REMODELING
All types of Interior & Exterior Carpentry, Home Improvements & General Contracting
Insured-Professional Reasonable-Experienced
Don Estey (518) 465-7642 Glenmont

Business Directory Ads Work For You!

MISTER FIX-ALL

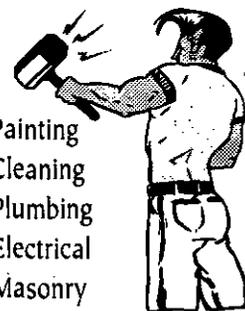
All Types of Repairs
Specializing in the Bethlehem Area
Senior Citizens Discounts
Dependable & Reasonable
30 Years Experience
Free Estimates
Ask For Tony Sr.
439-9589

GUTTERS

JOE MARKS
BUILDING & REMODELING
Additions • Roofing
Framing • Concrete Work
Free Estimates • Fully Insured
872-0645

CONTRACTORS

STRUCTURES
Constuction Management



- Painting
- Cleaning
- Plumbing
- Electrical
- Masonry
- Apartment Turnovers
- 24 Hr. Emergencies
- General Maintenance
- Home Improvements
- New Construction

One Call Does It All!
465-3242
Free Est.

For less than \$10 a week, \$8.75* to be exact, your Spotlight ad could be here.
(* 4 Week Minimum)

Robert B. Miller & Sons General Contractors, Inc.
For the best workmanship in bathrooms, kitchens, porches, additions, painting, decks, ceramic tile work or papering at reasonable prices call
R. B. Miller & Sons
25 Years Experience 439-2990

ELECTRICAL

GINSBURG ELECTRIC
All Residential Work
Large or Small
FREE ESTIMATES
Fully Insured • Guaranteed
459-4702

FUNERAL HOMES

Chicorelli Funeral Home
Being Part of the Neighborhood Since 1938
Still Independently Owned
331 Delaware Ave. • 463-6656
Arthur P. Fagnoli, Owner

THE HANDYMAN

"We Do It All!"
Gutters cleaned for snow & ice
Save costly water damage repairs
478-0405 CURT

HANDYMAN

HOME REPAIRS
Doors, Windows, Plumbing Electric, Leaks, Baths, Dens
We do it all - Guaranteed
Curt 478-0405

PJ'S HOME MAINTENANCE & IMPROVEMENTS
Local Family Owned
Over 20 Years Experience
Insured
Paul J. DuBois
Phone# 475-1967
Beeper 228-7374
Handyman Services Welcome

HEALTH & FITNESS

Ultra-Fit Personal Training Service
Offers you a private exercise session with a Certified Trainer. Beginner to advanced programs. No distractions, people looking on, or waiting for equipment. Free trial workout.
399-7419

HOME IMPROVEMENT

VIKING HOME REPAIR & MAINTENANCE, LTD.
• Minor Repairs • Painting
• Wall Repairs • Masonry • Carpentry
• Plumbing & Electrical
No Job Too Small 439-6863
FREE ESTIMATES • FULLY INSURED

Renaissance Kitchens & Baths

(518) 238-0867
♦ Custom Kitchens & Baths
♦ Brick Patios & Footpaths
♦ Affordable ♦ Reliable
Call Today for a FREE consultation

FREE Estimates Insured

BILL STANNARD CONTRACTORS • 768-2893
RD. 1 Delmar, N.Y. 12054
Masonry and Carpentry
New and Repairs
Concrete - Block - Brick - Stone
Roofing - Decks - Garages etc.

C.L. HUMMEL CONSTRUCTION, INC.

— 25 Years Experience —
NEW HOME CONSTRUCTION/ADDITIONS
Custom Remodeling, Renovation, Restoration, Custom Kitchen and Baths
(518) 767-9653

HOME IMPROVEMENT

JOHN VRBANAC GENERAL CONTRACTOR
For the best workmanship in roofing, siding, replacement windows, kitchens & baths, decks and gutters systems, at reasonable prices, call...

J.E. VRBANAC
20 Years Experience **861-6763**

FARINA CONSTRUCTION
Kitchen • Baths • Tiling
Interior Painting • Windows
Doors • Finished Basements
Fully Insured
Work Guaranteed
381-4357
Niskayuna, NY

HOUSE REPAIRS

HOUSE MEDIC AFFORDABLE HOME REPAIRS
Save money by using America's largest handymanservice.
Insured, bonded, guaranteed.
783-9531
OFFICES IN 30 STATES

INTERIOR DESIGN

Window Treatments
Drapes, Toppers, Swag/Jabot, Sheers, Blinds, Spreads, Throw Pillows
Raye Saddlemire
966-4114

LAWN CARE

Trees • Shrubs
Seeding • Mowing
Pruning Edging • Mulching
Spring Cleanup

Picture Perfect Landscaping
David Slaver (518) 768-4636

Business Directory Ads Work For You!

MOVING

Weekend Movers
Apartments • Condos
Deliveries • Cleanouts
Free Estimates References
Also Weekdays
482-5012

PAINTING

Suburban Painting Company
Interior & Exterior Painting
Wallpaper Hanging and Power Washing
(518) 945-1136 • 822-7414

R.A.S. PAINTING
INTERIOR-EXTERIOR
FREE Estimates Fully Insured
Staining & Trim Work
439-2459 • 432-7920

GIL FLANSBURG
Painting & Paperhanging Plastering
27 Years - Reliable Service
439-2348

VOGEL Painting Contractor
Free Estimates
• RESIDENTIAL SPECIALIST
• WALLPAPER APPLIED
Interior — Exterior **INSURED**
439-7922

Jared DeFazio Painting
Commercial & Residential Interior & Exterior
Free Estimates • Fully Insured
FEURA BUSH
768-8280

L.M. CURTIN Painting & Paper Hanging
RESIDENTIAL INTERIOR • EXTERIOR
20 Years Of Excellence
381-6579
Fully Insured • References Available

PLUMBING

WMD Plumbing
Michael Dempf
475-0475

ROOFING

GRADY ROOFING
Shingles, Flat, Slate, Copper
Free Estimates Fully Insured
439-1515
Kevin Grady

SNOWPLOWING

SNOWPLOWING & SNOWBLOWING
24 Hour Service
Contract or Per Plow
439-5855
Ask for Paul

Season Contracts, Per Storm
439-1515
Kevin Grady

SNOWPLOWING
Seasonal Contracts or Per Storm
Call **475-1419**
For Free Estimates within 24 Hours
Keith Patterson
DELMAR LAWN CARE

PET CARE

Cornell's Cat Boarding
767-9095
Heated • Air Conditioned
Your choice of food
Route 9W, Glenmont
Reservations required
Eleanor Cornell

TREE SERVICE

TIMBERLAND TREE SERVICE
Complete Removals
Deadwood Removal
Stump Removal • Pruning
Cabling • Land Clearing
• Reasonable Rates
• Free Estimates
• Fully Insured
Scott Norton Owner
767-2595

For less than \$10 a week, \$8.75* to be exact, your Spotlight ad
(* 4 Week Minimum)

Pandy's Tree Service
Since 1977
459-4702 FREE ESTIMATES FULLY INSURED

Spotlight CLASSIFIEDS

ACUPUNCTURE

MICHAEL WAYNE, Licensed Acupuncturist, announces opening of acupuncture practice in Latham. 50% off initial visit. 782-073.

ADOPTION

ADOPTION. Our home is filled with love, laughter /wonderful opportunities. We promise to cherish and adore your precious gift of life. Call Debbie/Tom. 1-800-449-5009.

ADOPT: A happily married couple wishes to adopt newborn. Will provide lifetime of happiness and love. Medical/Legal expenses paid. Call anytime. Carol/Steve 1-800-277-5003.

BOOKS AND PUBLICATIONS

Written a Book? Submit your work. For possible publication. Company with 75 -year tradition assists authors to circulate writing samples to publishers. FREE brochure 1-800-598-7654.

BUSINESS OPPORTUNITIES

LOCAL CANDY ROUTE. 30 Vending machines. Earn apx. \$800/day. All for \$9,995. Call 1-800-998-VEND.

CHILD CARE NEEDED

FREE Capital District Childcare seeker directory. Home daycare/Centers, Preschools. 346-9712. (24 hours)

NANNY NEEDED: Loving and experienced person, non-smoker, own transportation with references to care for 4 month and 2 year old in my home. 40 hour week. Call Tricia, 374-8341.

NANNY NEEDED: Loving, experienced, non-smoker needed to care for 10 month old and 3 year old. Full-time in my Delmar home. References required. 478-0806.

CHILDCARE SERVICES

CHILDCARE, Niskayuna/Schenectady area. Call 377-5340.

LOVING MOM will provide quality care in my Latham home. Meals and snacks provided. Lots of Love and fun with arts and crafts. Imaginative play and learning. All ages. 783-0909. Very affordable.

MY VOORHEESVILLE HOME, experienced, references. Toys for all ages. 765-4015.

CLEANING SERVICES

CLEANING- residential/ small business. Free estimates. References. Call Rose 439-0350.

J'S CLEANING: Experienced, personalized service, fully insured, bonded. Full estimates. 872-9269.

SWEEP IT CLEAN with "Clean Sweep". Fully insured, bonded. References. Call Dawn. 433-0417.

CONSTRUCTION

EAST STREET CONSTRUCTION: Total home repairs, property maintenance, renovations, baths & kitchens, door & window replacements. Custom decks, siding & masonry. No job too big or small! 436-9343.

EDUCATION

EARN ACCREDITED COLLEGE DEGREE QUICKLY. Bachelors, Masters, Doctorate, by correspondence based upon life experiences, knowledge already attained, prior education and short study course. For free information catalog phone: Cambridge State University (800)964-8316 (24 hrs).

EQUIPMENT FOR SALE

SAWMILL \$3795. Saws logs into boards, planks, beams. Large capacity. Best sawmill values anywhere. Free information. Norwood Sawmills, 90 Curtwright Drive #3, Amherst, NY 14221. 1-800-578-1363.

FINANCIAL OPPORTUNITIES

HOMEOWNERS NEED CASH? Start off 1999 by getting your finances in order. Credit problems? Self-employed, even bankruptcies. Fast approvals, no application fee's personal service. Optimal Funding Inc., licensed mortgage banker, NYS Banking Department. 383-6168, ask for Jim Parvis.

REFINANCE & SAVE \$100s EACH MONTH! Consolidate debt, improve your home or get needed cash. Custom programs for every need: Good & problem credit, no income verification, self-employed & bankruptcy. 24 hour pre-approvals, quick closings, competitive rates. We bend over backwards to approve your loan. Colony Mortgage 1-888-767-8043, ext. 312. NY Lic:LMB 04804.

\$\$\$FEDERAL PROGRAMS\$\$\$ Helping homeowners payoff creditcards /catch-up back taxes; overdue bills; late mortgage payments... Other programs include remodeling; refinancing; grants / private agency /business assistance. 1-800-844-7454.

\$\$\$ for a variety of long-term income streams. J.G. Wentworth. 1-888-231-5375.

HOMEOWNERS...HOME BUYERS. 150 MORTGAGE PROGRAMS. Refinance, consolidate good credit /bank competitive, bankruptcy ok. No income check. North American Funding Corp. Toll-Free 1-888-700-4264. Licensed Mortgage Broker. A husband / wife team at your service.

\$\$\$ WE BUY \$\$\$ *Seller financed notes *Insurance settlements *Land note portfolios. Colonial Financial 1-800-969-1200, ext. 49.

OVER YOUR HEAD IN DEBT? Credit cards/bills? *Cut payments up to 60%!!! *Maintain good credit. *Free consultation (800)556-1548. www.anewhorizon.org Licensed, Bonded, Non-profit /National Co.

NEED CASH? Receiving payments from mortgages, structured settlement, lottery, business note? We'll buy your payments for cash. Professional, courteous service. Free report. 1-800-330-0212 ext. 61.

FIREWOOD

FIREWOOD seasoned, \$45 face cord. Call 767-2342.

MIXED HARDWOODS: Full cords, \$125; face cords, \$55. Jim Haslam, 439-9702.

FOUND

CAT: Gray tabby, female. Found on January 1st., Wemple/ Beacon Road area. 439-3631.

FURNITURE REPAIR/ REFINISHING

FURNITURE REPAIR/ REFINISHING. Touch-up. 25 years experience. Kingsley Greene, 756-3764, evenings, weekends.

HEALTH & DIET

STOP SMOKING! Now you can kick the habit in 7 days with all natural "Smoke Away". Guaranteed. Call 1-800-611-5930, ext. NY47632.

HOME IMPROVEMENT

Weather and emergency related repairs of barns, houses, garages. Call Woodford Bros., Inc. for straightening, leveling, foundation repairs. 1-800-653-2276. www.dreamscape.com/woodford.

MISCELLANEOUS FOR SALE

WOLFF TANNING BEDSTAN AT HOME. Buy Direct and Save! Commercial /Home units from \$199.00. Low monthly payments. Free color catalog. Call Today 1-800-842-1310.

DRUMS: Tama Rock Star DX, symbols and accessories. Cost \$1,200, sell \$750. Mint condition. 439-2530.

ENERGY HARVESTER Woodburning Stove, back or top installation. High efficiency. 355-6106.

FULL LENGTH beaver coat, mint condition. Appraised at \$4,000, sell for \$1,500. 489-8979.

GENUINE PERSIAN 25' Runner, excellent condition, original owner. \$1,000. 439-6317.

GUITAR AMPLIFIER: Pignose G4V. Mint condition. \$200. 439-2530.

MASON & HAMLIN Console piano. Very good condition. \$800. Call 439-2530.

NIKKEN MAGNETIC MAGSTEPS, women's, medium, new. \$50. 439-6317.

UPRIGHT PIANO: Good condition. \$600. 432-3625.

NEW STEEL BUILDINGS... All roof pitches, example 4:12; 25x30 \$3,300.00; 25x40 \$3,900.00; 30x40 \$5,300.00; 35x50 \$6,700.00; 40x60 \$8,200.00; 45x80 \$12,000.00. Others. Pioneer... 1-800-813-1358. www.usmb.com.

MORTGAGES

SOURCE ONE MORTGAGE SERVICE CORP. Debt consolidations, refinance, purchase BKs, problem credit, 100% purchase 2nd mtg, owner and no-owner occupied. 2nd year free refinance, 24 hr approval. Call Joe /Marcia 1-800-582-4633.

MUSIC INSTRUCTION

PIANO LESSONS, my home or yours. Call Der Massis. 283-2860.

MUSIC

STRING INSTRUMENT REPAIR, Bow rehairing, instruments bought and sold. 439-6757.

NOTICES

Hi, when I was 37 years old and a GE manager, I had a chronic problem with alcohol and drugs. Today I have been sober and drug free for 20 years, and I will never drink or drug again. If you need help with a drug or alcohol problem call The Hagaman Guest House at 842-2204. Jerry.

Hi, at age 12, I started drinking and drugging. The youngest of 12 kids, I grew up on a successful farm. By 13 years old I used drugs and alcohol nearly every day. Today, at 28 years old, I have been sober and drug free for 10 years. I am the President of a successful business, which I helped build. I will never drink or drug again. If you need help with a drug or alcohol problem call The Hagaman Guest House at 842-2204. Mark.

Hi, at age 20 I failed out of SUNY in my third year because of drug and alcohol use. Today I am married and the mother of two boys. I have been sober and drug free for more than 8 years, and I will never drink or drug again. If you need help with a drug or alcohol problem call The Hagaman Guest House at 842-2204. Michelle.

Hi, I am from a wonderfully loving family, but at age 18 I was on the street and on drugs. I have been sober and drug free for two years. Today, I have a three year old son, I have a good job, my own apartment and a close loving relationship with my dad, mom and brother. I will never drink or drug again. If you need help with a drug or alcohol problem call the Hagaman Guest House at 842-2204.

WIN TICKETS TO an area sporting event! Mail your Name, Address & Telephone # to: Classified Contest, c/o Jaimie, Spotlight Newspapers, P.O. Box 100, Delmar, NY 12054.

Hi, I started drinking and drugging when I was 12. At 16 years old, my parents sent me to a 9 month long therapeutic community. The therapeutic Community did little to persuade me not to drink and drug which I planned to do just as soon as I got out. However, I didn't drink or drug. Instead I found a solution for my drug and alcohol problem that no therapeutic community could offer - a solution that will last a lifetime. Today I am 26 year old law student. I have been sober and drug free for 10 years and will never drink or drug again. If you need help with a drug or

alcohol problem call The Hagaman Guest House at 842-2204. Jim.

PAINTING

WANT TO CHANGE the colors of the rooms in your home? Hire a man with 15 years experience in painting, wallpapering etc.. Call today for free estimates and prompt, professional service. Bruce Hughes, 767-3634.

PETS AND PET PRODUCTS

For a few pennies more, get latest technology in liquid wormers. HAPPY JACK LIQUI-VICT delivers actives better than older formulas. Farm & Hardware Stores. (www.happyjackinc.com)

PIANO TUNING & REPAIR

ACTRONIC PIANO SERVICES: Piano tuning & reconditioning, fully insured, P.T.G. member. Steve Ostrander, 370-3282.

Classified Information



OFFICE HOURS • DEADLINE
8:30AM-5PM Monday-Friday
Deadline: Friday at noon



PHONE • FAX
(518) 439-4940
(518) 439-0609 Fax



MAIL ADDRESS • IN PERSON
Spotlight Newspapers
PO Box 100 125 Adams Street
Delmar, NY 12054 Delmar



READERSHIP
6 Newspapers
80,000 Readers

CLASSIFIED ADS APPEAR IN ALL SIX PAPERS

IN ALBANY COUNTY

Delmar Spotlight • Colonie Spotlight • Loudonville Weekly

IN SCHENECTADY COUNTY

Niskayuna Journal • Scotia-Glenville Journal • Rotterdam Journal

Classified Rates

- Private Party Classifieds - Line Ads - Six paper combo \$10 for 10 words 30 cents for each additional word.
- Merchandise for Sale - 4 lines • 4 weeks • \$4 (one item per ad. Must be priced under \$1000. Price must be stated in ad. Private party ads only. No vehicles, garage, lawn or antique sales. Price is for a 16 word ad. Add \$1 for each additional line.)
- Commercial Classifieds - Line Ads - Six paper combo - \$13.50 for 10 words 30 cents for each additional word. Multiple insertion discounts available. Please call for information.
- Display Classifieds - Several combination rates are available - please call for information.
- Business Directory - Several combination rates are available - please call for information.

Ads will appear in all six newspapers, as well as on the internet for the number of weeks requested.

Order Form

1 word per blank, please.

Name _____
Address _____
City _____ State _____ Zip _____
Home Phone _____ Work Phone _____
Amount Enclosed _____ Number of Weeks _____
MasterCard or Visa # _____
Expiration Date: _____ Signature _____

PIANO TUNING & REPAIR

PROFESSIONAL PIANO tuning and repair, Michael T. Lamkin, Registered Piano Technician, Piano Technicians Guild. 427-1903.

POSITION WANTED

LOVING RELIABLE AIDE seeks position Monday- Friday. Experienced. Excellent references. Call Margaret 767-0071.

SENIOR SITTING, geriatric care, hospice care. Experienced. 861-5476, leave message.

PROFESSIONAL TEACHER available for private tutoring in your home. 382-9387.

EXPERIENCED TUTOR: Certified, master's degree, elementary K-8. Contact Gayle, 475-7509.

RESORT SALES

GOT A CAMPGROUND MEMBERSHIP OR TIMESHARE? We'll take it! America's largest resale clearing house. Call Resorts Sales International. 1-800-423-5967.

WANTED

BUYING: All old costume and better jewelry. Call 439-6129.

BOOKS WANTED: Cash for your unwanted books, old magazines and catalogs, any old paper items, etc. 478-7822.

LOOKING FOR A sheet of 1996 American Lung Association Christmas Seals. 439-2776.

WANTED: Pre 1920 Golf Clubs, golf balls, baseball bats, gloves, tennis rackets, cigarette cards with sporting figures on them. Also wanted: Pre 1920 electric fans, light bulbs, telephones, old volt meters, any pre 1920 electric item, pre 1950 television sets, plastic table radios (without clocks/ with them) Also pre 1950 cameras, microphones. Please phone with any of these items, even if they're broken or rusty. I may still be able to use them. 745-8897.

AUTOMOTIVE

1991 IZUZU TROOPER: 5 speed, towing package, runs good. \$6150. 439-7000.

Spotlight Newspapers Classifieds Work For You!
439-4940

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Gravel for the year 1999 for the use of said Town, as and when required.

Bids will be received up to 3:10 p.m. on the 2nd day of February 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each shall be submitted. Copies of the specification may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
Kathleen A. Newkirk, CMC/AEE TOWN CLERK
Dated: January 13, 1999 (January 20, 1999)

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the rental of heavy construction equipment for use by the Highway Department and the Department of Public Works, as and when required.

Bids will be received up to 3:10 p.m. on the 3rd day of February 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Ave., Delmar, New York. Bids shall be addressed to Mrs. Sheila Fuller, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the sub-

LEGAL NOTICE

ject of the bid. Original and one copy of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
Kathleen A. Newkirk, CMC/AEE TOWN CLERK
Dated: January 13, 1999 (January 20, 1999)

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of TOPSOIL for the use of said Town for the year 1999 as and when required.

Bids will be received up to 3:20 p.m. on the 2nd day of February 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Ave., Delmar, New York. Bids shall be addressed to Mrs. Sheila Fuller, Supervisor of the Town of Bethlehem, 445 Delaware Avenue, Delmar, New York. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each bid shall be submitted. Copies of the Specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
Kathleen A. Newkirk, CMC/AEE TOWN CLERK
Dated: January 13, 1999 (January 20, 1999)

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the rental of a Large Track Excavator for use of the Highway Department of said Town, as and when required.

Bids will be received up to 3:00 p.m. on the 3rd day of February 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, NY 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each shall be submitted. Copies of the Specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
KATHLEEN A. NEWKIRK, CMC/AEE TOWN CLERK
Dated: January 13, 1999 (January 20, 1999)

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for MILLING for the Town of Bethlehem for the year 1999 as and when required.

Bids will be received up to 3:30 p.m. on the 2nd day of February 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Mrs. Sheila Fuller, Supervisor of the Town of Bethlehem, 445 Delaware Avenue, Delmar, New York. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and

LEGAL NOTICE

address of the bidder and the subject of the bid. Original and one copy of each bid shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
Kathleen A. Newkirk, CMC/AEE TOWN CLERK
Dated: January 13, 1999 (January 20, 1999)

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town board of the Town of Bethlehem hereby invites sealed bids for the use of said Town, including Water District No. 1, during the year 1999, as and when needed.

Bids will be received up to 3:10 p.m. on the 1st day of February, 1999 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each shall be submitted. Copies of the Specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM
Kathleen A. Newkirk, CMC TOWN CLERK
Dated: January 13, 1999 (January 20, 1999)

REAL ESTATE CLASSIFIEDS

REAL ESTATE SERVICES

PROPERTY MAINTENANCE: Apartment turnovers, general maintenance. *24 hour service A-Z. Free estimates. 465-3242.

REAL ESTATE FOR RENT

3 BEDROOM RANCH with garage & large yard. Gas heat, modern appliances, recently renovated. \$875 per month with option

to buy. Available NOW. 439-4556.

\$425- FEURA BUSH, 1 bedroom, no pets. 465-2239 or 765-3125.
CLIFTON PARK: 1 person, private entrance, all utilities. No pets. \$475 plus security. 371-7456.

REAL ESTATE FOR SALE

CLARKSVILLE: 4 bedrooms, attached 2 and 1/2 car garage, 2 plus acres. \$128,000. 768-2944.
DELMAR DUPLEX: 2 bedrooms each unit, excellent location, good income. \$121,500. No brokers. 439-6724.

FORECLOSED HOMES. Gov't & Bank repossessions. Financing available. For current listings, Call Now! (800)501-1777, ext. 1099.

COMMERCIAL TOWN LEASE

DELMAR: 1,000 Square Feet in Spotlight Building for office or retail. 439-0568.

OFFICE SPACE: Professional office space available, various options including private office with reception area. Call 439-9958.

OFFICES: 1 or 2 rooms. Quiet victorian setting. Bright. 439-9280, 765-3753.

VACATION RENTALS

DELAWARE: Bethany Beach, 3 bedroom, 2.5 bath townhouse. 0.5 mile to Bethany Beach. Pool and tennis courts. All amenities. Occupancy 6-8. \$400-800 per week. 439-2810.

MARTHA'S VINYARD: New, 4 bedroom, 2 baths, sleeps 8-10, summer & off season rates. Call for brochure. 439-6269.

CAPE COD -DENNISPORT - WEST DENNIS. 1-5 bedroom homes on and near beach. \$350 to \$4100 per week. Thinking of buying? Call for free guide. 1-800-326-2114.

OCEAN CITY, MARYLAND. Best selection of affordable rentals. Daily and weekly. Call now for Free brochure. Open seven days. Evenings 5pm -8pm. Holiday Real Estate. 1-800-638-2102.

DELMAR DUPLEX: 2 Bedrooms, gas heat, garage, yard, \$625. February 1st. 439-4904.

DELMAR: \$650 including heat & hot water, 2nd floor, 2 bedroom apartment at Village Drive Apartments. Available immediately. Security & references required. 434-9783 or (212) 665-5251.

DELMAR: \$655 plus utilities. 2 Bedroom duplex, 1 and 1/2 baths, large yard. 11 Clermont Street. Security and references required. Available January 15th. (518) 434-9783 or (212) 665-5251.

DELMAR: \$660, 2 bedroom apartment, 1st floor, including heat and garage, on bus line. No pets. Available immediately. Security deposit and references required. 434-4946 or 475-1173.

LOUDONVILLE: 3 bedrooms, attached garage, central air, finished basement, in-ground pool. No pets. \$900 per month plus. 355-1303.

SCOTIA VILLAGE: 4 plus bedroom, 1 car garage with private yard. \$850+ per month. Available March 1st. 877-0300.

SELKIRK: \$750 + 3 bedroom Ranch, security references. Freshly painted. After 5 p.m. 767-3320 or 475-7649.

UPSTAIRS APARTMENT: 2 Bedrooms, garage, yard. \$585. 439-0981 or 768-8208.

VOORHEESVILLE AREA: 2 Bedrooms, upstairs with heat. \$650 plus security, pets?. 765-3670, leave message.

VOORHEESVILLE: Unique one bedroom apartment with loft, skylights and deck. \$550+. No pets. 765-3649, 439-8309.

Former Print Shop for Lease

DELMAR
• ±1,700 SF
• 3 private offices
• Display area & production area
• Near Kenwood & Delaware intersection
• Variety of uses possible

For more information call Jeff Sperry, SIOR ext. 114

518.452.2700
CB Richard Ellis
Robert Cohn Associates

DELMAR \$155,900
3 Br, 2 Bth Ranch, FR, fp, stone & cedar ext, lg private lot 439-2888

SELKIRK \$125,900
3Br, 1.5 Bth Split, hwd flrs, Fr, lg yd, gas ht, C/A, 439-2888

NEW SCOTLAND \$275,000
4 Br, 2.5 Bth Custom Ranch, 0.9 acre lot, 3000 SF, pond, Voorth Schls 439-2888

GLENMONT \$119,900
3 Br Ranch with in-law apt, Fr, fp, 1 car garage 439-2888

Browse our web site at:
<http://www.bdrealestate.com>

BLACKMAN & DESTEFANO Real Estate

Experience • Integrity • The Personal Touch



Marie Bettini, GRI
Licensed Real Estate Broker

If you agree that bigger is not always better.

Call me, I can help.

MB Properties 478-0420

Read between the signs



Sharon Sells A House Every 3.5 Days... Your Home Can Be Next!!

Sharon Hoorwitz "Sharin' In Your Dreams"

(518) 448-6188
(518) 370-1166

Specializing in You!

Valentine's Day Love Lines

Celebrate this Valentine's Day with a message to your loved one! For only \$6, your greeting will appear in all six of our publications!

Deadline: Febuary 5th, 1999, to appear in the issues of the 10th and 12th.

EXAMPLE:
Happy Valentine's Day, Diane hope you have a great day.
I love you.
Love, Jack

Call Jaimie at 439-4940, or mail to: Valentine's Day Greetings c/o Jaimie Spotlight Newspapers P.O. Box 100 • Delmar, NY 12054
Spotlight Newspapers reserves the right to reject any advertising.
The Spotlight, The Colonie Spotlight, The Loudonville Weekly, The Rotterdam Journal, The Niskayuna Journal, The Scotia-Glenville Journal.

EMPLOYMENT OPPORTUNITIES

HELP WANTED

ASSIST THE ELDERLY: Join us in making a real difference in the lives of the elderly in this area. Non-medical companionship and home care duties. Flexible part-time day, evenings and weekend shifts available. Home Instead Senior Care. 437-0014.

GOVT POSTAL JOBS- To \$17.24 hour, free application -Examination information. Federal hire -Full benefits, 1-800-598-4504, extension 130, 24 hrs.

BUILD YOUR OWN HOME BUSINESS! Are you tired of working for someone else's dream? Would you like to be your own boss part-time or full-time? If you're looking for an opportunity that can afford you more freedom and financial independence, than request a free info. packet. Only those with a sincere desire for success and financial freedom need apply. Complete training and support provided. Call 439-9715.

CAN WE TALK? Licensed Realtor wanted for full-time position. Excellent opportunity for active or former realtor to work with buyers. Leads provided. Great potential income. Send resume in strict confidence to: Faye F. Rispoli, c/o RE/MAX Property Professionals, One Marcus Boulevard, Albany, NY 12205.

CAREER OPPORTUNITY- SUPERVISORS: Commercial Cleaning Company is in need of motivated, self-starters to join our supervisory team for 2nd shift. We are seeking qualified applicants to direct personnel, oversee work routes or buildings and maintain customer relations. Salary commensurate with experience, full benefits package, 401K, performance bonus. For a personal in-

terview call 449-8240, extension 114. Fax resume 449-8293 or send to: Environmental Service Systems, Inc., 141 Broadway, Rensselaer, New York 12144.

CLEANING/ OFFICE BUILDINGS/ NIGHTLY, Environmental Service Systems, Inc. is seeking part-time and full-time staff. Openings throughout the Capital District. Apply in person Monday-Friday: 141 Broadway, Rensselaer, New York 12144 or call: 449-8240, extension 114.

DENTAL ASSISTANT/ OFFICE MANAGER: Guilderland office seeks reliable energetic person, capable of working independently. Computer skills a plus, flexible schedule, up to 32 hours per week, benefits. Willing to train the right individual. Non-smokers only please. 478-9921.

DETECTIVE- Private Investigator Trainees. Good Wages. (518) 435-4226.

HAIRSTYLIST NEEDED: Full-time/ part-time. Very busy salon seeking professional energetic stylist. 439-8460.

BETHLEHEM AREA DAYCARE seeks infant/toddler teachers and a cook. Benefits. 478-0787.

OFFICE MANAGER for growing contracting company. Experience preferred. 489-3260.

PART-TIME Accounts payable/ personnel position, flexible hours, Peachtree accounting system, experience preferred. Send resume by February 5th to Gail Sacco, Voorheesville Public Library, 51 School Road, Voorheesville, NY 12186.

PART-TIME FUND RAISING POSITION: Professional position involving fund-raising with schools. Details include: Contact-

ing, consulting, and presenting 3 product lines (gift wrap, candy & magazines) to local schools. 6-10 hours per week. PTA or school fundraising experience a plus but not necessary. All training and facilitation provided! Very easy product to learn, while getting paid! \$9.00 per hour plus liberal commission. School day hours mostly. Work when you want. Long term territorial possibilities. Call Scott in Loudonville at 465-7432.

PART-TIME STOREROOM ASSISTANT needed in food service department. North Colonie Central School District, Blue Creek Elementary School. 3 hours per day. Applications available at Shaker Junior High School food service department, 475 Watervliet-Shaker Road. 786-8856.

PAYROLL/ HUMAN RESOURCES: Established and rapidly growing company with Corporate headquarters in Delmar, New York has entry level full-time/part-time opportunity. Experience a plus but not required. Keen attention to detail, strong organizational & computer skills required. Enthusiasm and ability to work as part of a team in a fast paced environment are a must! great working conditions include flexible work schedule. Fax/ E-mail cover letter, salary requirements and resume to TAG, one of the Fastest growing companies in the Northeast. Attention D. Pelers, 475-0909 or Dpelers@TAGSolutions.com.

PIZZA MAKERS & DELIVERY DRIVERS: Immediate openings, full or part-time. Apply at Domino's, Route 9W Albany. 465-7219.

REAL ESTATE ASSISTANT: Part-time, four weekdays including Friday, 2:30-6, Saturday 9-12.

Responsibilities include answering phones, setting up appointments, data input, promotional mailings. Send resume to: Faye F. Rispoli, c/o RE/MAX Property Professionals, One Marcus Boulevard, Albany, NY 12205.

SALON MANAGER needed, professional, assertive and leadership qualities a must. Full-time, commission plus salary. Laura, 439-8046.

SCHOOL BUS MECHANIC, available immediately. \$24,408 plus excellent benefits. Contact Donna Sickles, Ravenna School District. 756-5241.

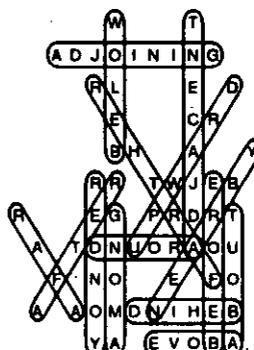
SECONDARY PART-TIME income, work from home. Part-time or full-time income earning opportunity. No inventory, no boss. No paperwork. 24 hour message. 439-9715.

SUBSTITUTE TEACHERS: Contact Ravenna- Coeymans- Selkirk Central School District. 767-2850.

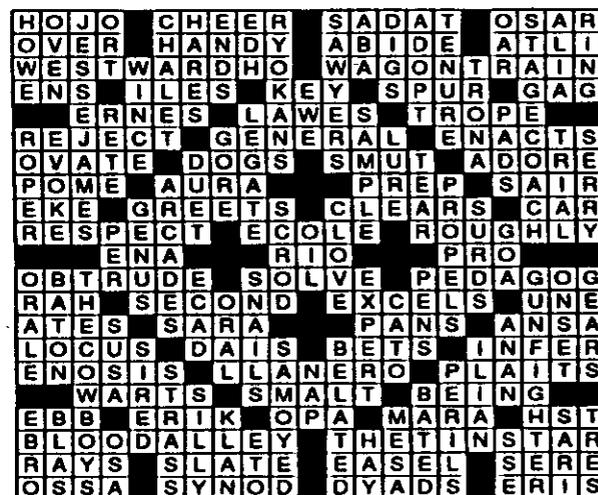
TEACHER AIDE substitutes for all schools at RCS Call 756-5204 for application.

AVON PRODUCTS: Start your

RELATIVE POSITIONS



Answers to Super Crossword



THE BAD NEWS:

The Times Union is not covering your local school board meeting this week.

THE GOOD NEWS:

The Spotlight is!

You'll get stories on your village board, town board, and school board meetings. You'll also get stories about your neighbors and neighborhood — stories about the community!



SUBSCRIBE TODAY!

GET 1 FULL YEAR
(52 issues) for just **\$24.00**

If we don't cover your local news better, we'll refund your money, **GUARANTEED!**

THE SPOTLIGHT

- | | |
|---|--|
| In Albany County | Outside Albany County |
| <input type="checkbox"/> 1 Year — \$24.00 | <input type="checkbox"/> 1 Year — \$32.00 |
| <input type="checkbox"/> 2 Years — \$48.00 | <input type="checkbox"/> 2 Years — \$64.00 |
| <input type="checkbox"/> New Subscription <input type="checkbox"/> Renewal subscription | |

Name _____

Address _____

City, State, Zip _____

Phone _____ Account # _____

Call 439-4949 and pay with Mastercard or VISA Mastercard VISA

Card# _____ Expiration Date _____

MAIL YOUR SUBSCRIPTION TO:
The Spotlight, P.O. Box 100, Delmar, NY 12054

Little Caesars® Pizza

DELMAR
Delaware Plaza
439-5200

LATHAM
Newton Plaza
783-2222



AUTHENTIC 1959 RECIPE

PIZZA!PIZZA!®

AUTHENTIC 1959 RECIPE

\$9.99
carryout
plus tax

Get two 12" Medium Pizzas with cheese and 1 topping plus Crazy Bread

Expires 2/15/99
Excludes extra cheese.
Offer valid only at participating locations.
©1998 L.C.E., Inc.



Little Caesars

AUTHENTIC 1959 RECIPE

DEEP DISH **PIZZA!PIZZA!®**

AUTHENTIC 1959 RECIPE

\$12.99
carryout
plus tax

Get two 14" Big!Big!® Deep Dish Pizzas with cheese and 1 topping

Expires 2/15/99
Excludes extra cheese.
Offer valid only at participating locations.
©1998 L.C.E., Inc.



Little Caesars

We Honor ALL Competitors Coupons

AUTHENTIC 1959 RECIPE

BIG!BIG!® PIZZA

AUTHENTIC 1959 RECIPE

\$6.99
carryout
plus tax

Get one 14" Large Pizza with cheese and 1 topping

Expires 2/15/99
Excludes extra cheese.
Offer valid only at participating locations.
©1998 L.C.E., Inc.



Little Caesars

AUTHENTIC 1959 RECIPE

SUPER BOWL SPECIAL

AUTHENTIC 1959 RECIPE

\$19.99
carryout
plus tax

Get three 14" Large Pizzas with cheese and 1 topping on each plus two orders Crazy Bread®

Expires 1/31/99
Excludes extra cheese.
Offer valid only at participating locations.
©1998 L.C.E., Inc.



Little Caesars

Deep Dish Available at No Extra Cost

INDEX

AAA Hudson Valley Auto Club
 Academy of the Holy Names
 Albany Academy for Girls
 Albany Colonie Chamber of Commerce
 Albany Guardian Society
 Albany Jewish Community Center
 Alternative Living Services
 Andriano's Pizza
 Arthur Place & Company
 Gary Barkman, CFP
 Best Fire
 Bethlehem Chamber of Commerce
 The Beverwyck
 Blackman & DeStefano
 Blairhouse Interiors Group
 Bryant Asset Protection
 Buenau's Opticians
 CAP COM Financial Services
 Capital Communications Federal Credit Union
 Consignment Shops
 Capital District Eye Surgery
 Capital District Urologic Surgeons
 Capital Region Tennis & Fitness
 Capital Upholstery
 Carr Jewelers
 Children's School at Emma Willard
 Christian Brothers Academy
 Coldwell Banker Delmar
 Colonie Senior Center
 Cramer's
 Delmar Auto Radiator
 Delmar Chiropractic
 Delmar Dental Medicine
 Destiny Threads
 E&S Detailing
 Engel's Farm & Market
 Excelsior Credit Union
 Family Danz Heating & Air Conditioning
 Family Funeral Care
 First National Bank of Scotia
 First United Mortgage
 Fitness for Her
 Friar Tuck Books
 From the Heart Adoption Services
 Gendron's Truck Center
 Hope House
 Indian Ladder Farms
 Italian American Community Center
 Jackie Loves John
 Jack Byrne
 Kaplowitz Company
 Kingsway Arms Nursing Center
 Latham Chamber of Commerce
 Marshall's Garage
 Mike Mashuta's Training Center
 Mohawk & Hudson River Humane Society
 Orange Motors
 The Peanut Principle
 Virginia A. Plaisted, DDS
 Play it Again Sports
 Pleasant Valley Exquisitum
 Prestige Photo Studio
 Schools Out
 Service Solutions
 SPARC
 St. Peter's/Bender Lab
 State Employees Federal Credit Union
 Sylvan Learning Center
 Weisheit Engine Works
 W.M. Biers
 Women's Health Care Plus
 Yury's School of Gymnastics

Dear Readers,
 Spotlight Journal newspapers is dedicated to serving the community, with comprehensive coverage of local town and school boards and features about people and their accomplishments. We plan to increase our coverage this year and to add more special sections to showcase our local businesses.

This week's special update section should give you a good idea of our local business community. Our news stories focus on their accomplishments and plans for the future.

We welcome your suggestions and invite you to call (439-4949), fax (439-0609) or e-mail us spotnews@albany.net.

Send us your birth, engagement and wedding announcements. Keep in mind, we still publish these very important events in your life for free.

We are here to serve you, and we value your support.

John A. McIntyre
 General Manager

BENDER-ST. PETER'S LABORATORY CONTINUES A NEW ERA IN QUALITY LABORATORY SERVICES.

Bender-St. Peter's provides the quality, convenience and customer service you've come to expect from laboratory services. Bender-St. Peter's offers a full range of services including clinical and environmental testing at five convenient locations.

Bender-St. Peter's Lab Patient Service Centers:

■ ST. PETER'S HOSPITAL
 315 South Manning Boulevard
 Entrance A • Albany, NY 12208
 (518) 525-1475 or (518) 525-1478
 Hours: Mon.-Fri. 7AM to 9:45PM
 Sat. 8AM to 9:45PM

■ STUYVESANT PLAZA
 6 Executive Park Drive
 Building B, 1st Floor
 Albany, NY 12203 (518) 525-1475
 Hours: Mon.-Fri. 7AM to 4PM
 Sat. 8AM to Noon

Grand Opening
 January 25, 1999

■ CLIFTON PARK
 963 Rt. 146
 Clifton Park, NY 12065
 (518) 348-0639
 Hours: Mon.-Fri. 8AM to 4PM

■ 9 SAMARITAN DRIVE
 Albany, NY 12208
 (518) 472-9124
 Hours: Mon.-Fri. 7AM to 5PM
 Sat. 8AM to Noon

■ MERCYCARE MEDICAL OFFICE
 BUILDING CAMPUS CENTER
 319 South Manning Boulevard
 Albany, NY 12208 (518) 525-6912
 Hours: Mon.-Fri. 8AM to 4:30PM

For more information on Bender-St. Peter's Laboratory, please call Deanna Tiberia at 525-6860.

CAP COM clients have good year

By Bill Fonda

According to CAP COM Financial Services marketing specialist Nicole Crosier, 1998 was a "very beneficial" year for CAP COM clients.

"Despite the stock market's ups and downs, we advised them to hold fast because historically the market has always bounced back, and, lo and behold, here we are," she said, referring to recent record highs in the Dow Jones Industrial Average.

CAP COM, headquartered at 4 Century Hill Drive in Latham, offers investment advice, financial planning, insurance, income tax preparation, estate planning and employer/employee

benefit services.

It is a subsidiary of Capital Communications Federal Credit Union, but its services are not limited to just credit union members.

The company increased the number of reviews it did with customers from one to four per year, as part of its commitment to customer service, Crosier noted.

We advised them to hold fast because historically the market has always bounced back, and, lo and behold, here we are.

Nicole Crosier

"We like to be able to talk to people on a one-to-one basis, so they know as much about their investments as we do, but we put it in layman's terms," she said.

Crosier noted that that commitment is evident in CAP COM's new vision statement, which reads, "CAP COM Financial Ser-

vices will be recognized by our clients as a value-added partner in the development of their financial success, known in the community for its excellence and involvement, and for providing for the needs of the most important people in our lives."

Another major portion of the company's strategy in 1998 was to educate its clients, so it held seven free seminars during the year.

This year, CAP COM will repeat the ones that drew the most interest — long-term care, estate planning, investment needs and retirement.

Holding seminars within the business community will also be high on the agenda for 1999.

"There's a lot of miseducation out there. We just want to get in there, to talk to people and let them know what avenues are available," Crosier said.

For information, call 782-0209.

Engel's maintains 130-year-old tradition of fresh produce, flowers and plants

For more than 100 years, folks have been heading out to Engel's Farm & Market to buy their produce.

Ed Engel, the family company's president, said, "It's a tradition that is here to stay."

The business has been at 681 Albany-Shaker Road in Colonie since 1870. In fact, Engel's Farm was honored as the town's oldest business during Colonie's centennial celebration.

The farm and market is run by Ed and his brother John, with a lot of help from their dad, "Big Ed."

It will again be opening for the season in early May, featuring "beautiful hanging baskets and lovely bedding plants, both annual and perennial, all grown in our own greenhouses, all winter long," Engel said.

No matter what veggie you're in the mood for, Engel's probably

has it until the market closes for their winter in November. And Engel's also carries a full line of fruits.

The farm and market offers something to tempt the sweet tooth in everyone, featuring homemade pies, brownies, chocolate-chip and peanut-butter and raisin cookies.

"We also offer carrot cake made with our own carrots, grown on the farm," Engel said.

Some of the other home-grown vegetables and baked goods Engel's sells include potted tomato plants, fresh corn, Vermont cheese, fresh strawberries and Heidelberg breads.

Seasonal items featured at

Engel's include fall favorites like apple cider and cider donuts, plus pumpkins and mums.

He attributed the business's success to service, the goods offered and its convenient location on Albany-Shaker Road, just off Exit 4 of the Northway, on the way to the Albany County Airport.

"We haven't given in to development," Engel said. "We've had many offers and declined them all — this is our home."

After more than 100 years, there's a closeness between the owners and their customers.

"We look forward to seeing our customers every year," Engel said. "Many have become like friends."

We look forward to seeing our customers every year. Many have become like friends.

Ed Engel

How can YOU help your business and your community?

the CHAMBER

The Chamber is the answer!

Benefits of Membership in the Bethlehem Chamber of Commerce:

- Gain exposure in the business community
- Increase your knowledge on how to become more effective in your business
- Support the Bethlehem Community

Receive reduced rates on ...
 Health insurance
 Cellular phone air time
 Dental insurance

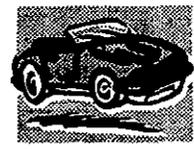
call us at 439-0512 for more details

NEED CASH?

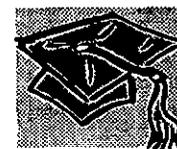
Looking for money to:



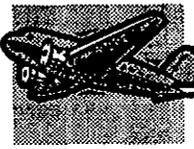
MAKE HOME IMPROVEMENTS



FINANCE A CAR, BOAT OR RV



PAY FOR TUITION



GO ON VACATION

With a home equity loan from 1st National Bank of Scotia, you can get the cash you need.

6.95% APR*

Fixed Rate Up to 36 Months (Longer Terms Available)

- Fast local decisions
- No prepayment penalty
- Interest may be tax deductible: ask your tax advisor
- No closing costs (only NYS mortgage tax)**
- Borrow as little as \$4,000

AMOUNT FINANCED	TERM	APR*	MONTHLY PAYMENT
\$10,000	36 months	6.95%	\$308.54
\$10,000	48 months	7.5%	\$241.78
\$10,000	60 months	7.95%	\$202.52
\$10,000	72 months	8.25%	\$176.55
\$10,000	84 months	8.25%	\$157.11

Call 370-7200

for more details and an application, or stop by or call the branch office nearest you.

* Annual percentage rate is subject to change
 **On loans of \$50,000 or less

75 years
1ST NATIONAL BANK OF SCOTIA
 The Family Bank

Scotia 201 Mohawk Ave., 370-7200 Niskayuna 1476 Balltown Rd., 370-7245
 GER&D 1 River Rd., Bldg. KW, 370-7217 Colonie 1705 Central Ave., 370-7250
 Guilderland 8 Karner Rd., 370-7255 Glenville 240 Saratoga Rd., 370-7260
 Schenectady 120 Eric Blvd., 370-7265 Saratoga 3013 Route 50, 370-7270 or 587-1611
 Rotterdam 2695 Hamburg St., 370-7285
<http://www.firstscotia.com>



Bethlehem Chamber businesses move, expand

Bethlehem Chamber of Commerce continued its growth by adding and expanding services and expertise to its members and the community.

Following are the many businesses that opened, moved and/or expanded in 1998.

- Janet Gough expanded her floral and wedding business, moving the Floral Garden to 339 Delaware Ave.

- Dog Guard expanded and moved to Glenmont Plaza.

- Gregory's barbershop is expanding and will soon move to Main Square.

- Papa John's plans to open a takeout pizza shop at 22 Delaware Ave.

- GNC health store opened in Delaware Plaza.

- Tutor Time child-care facility plans to open in former Woolworth's site at Delaware Plaza.

- Breugger's Bagels moved to larger quarters at Delaware Plaza.

- Prestige Photo opened a full-service photo studio at 340 Delaware Ave. next to Delmar Wine & Liquor Store.

- Chiropractor Lee Masterson expanded and moved his Delmar Chiropractic offices to 204 Delaware Ave.

- The Bookworm expanded and moved to 239 Delaware Ave.

- Rick Kaplowitz moved his Kaplowitz Co. Building, Remodeling and Design to a larger space at Main Square.

- Mike Mashuta is building a new facility on Hudson Avenue for Mashuta's Training Center.

- Mannings Menu opened at its new location at 340 Glenmont Road in Glenmont.

- Mercato's Restaurant in Delmar celebrated its first anniversary.

- Hewitt's Garden Centers opened in the former Garden Shop on Feura Bush Road in Glenmont.

- Dentist Virginia Plaisted enlarged her facilities at 74 Delaware Ave.

- Peter Harris renovated the exterior of its building on Kenwood Avenue.

- Delmar Center for Therapeutic Massage opened at 414 Kenwood Ave.

- Mitchie's children's clothing and accessories store opened at 399 Kenwood Ave.

- Andrew Michne started a new business called "Bethlehem SiteWaves."

His goal is to put all town businesses on the Internet by networking through the chamber's Web page. This will give businesses a platform to advertise on the Internet through a professionally designed high-tech medium.

Mashuta's looks forward to opening new facility

By Joseph A. Phillips

The recent warm December was good news for Mike Mashuta's Training Center, the Delmar-based health and fitness business presently at 160 Delaware Ave. A few extra weeks of good weather helped the workers at Mashuta's new facility, under construction at 28 Hudson Ave.

The roof is done, and workmen are roughing in the windows. As long as winter stays mostly at bay, all signals are go for an April 1 opening of the new center, which will mean stepping up services for what is a growing market.

Mashuta's offers state-of-the-art low-impact training and cardiovascular fitness for clients from Ravena to Albany. Under the current roof are exercise bikes, cross-training equipment, free weights, a renowned off-season exercise-for-golf program and special fitness programs for fitness, from youngsters to seniors — even for special-needs children.

But even as demand for personal fitness services has grown, the membership of the Delmar center in recent years has leveled off, in part because the older facility was bursting at the seams. But the new facility will be two and a half times the size of the current one.

"We're expecting a 40 percent increase in membership," Mashuta said, "yet we'll have 50 percent more space per member. In the new facility, there's going to be plenty of space."

Mashuta plans to expand staff at the new location, and more personal trainers will be coming aboard. An expanded aerobic-dance area is part of the new facility, and the extra space will ac-

commodate offerings from Tae Aerobics to Boxercise to yoga. A new indoor golf area with at least two stations will allow golfer to get ready for the upcoming season, with strength training, cardiovascular workouts and even golf pros on staff to straighten out swing problems.

The new facility will also continue Mashuta's commitment to handicapped access, with new bathrooms, showers and locker areas, and will reach out for the busy working parent with a day care area equipped with computers and non-violent video games and new baby-changing areas.

If you think a busy lifestyle means you haven't got time for fitness, think again. The workout areas will be equipped with up to 10 cinema-quality broadcast televisions tunable to CNN, business channels, and the like.

"During the aerobic portion of your training, the time will fly by," Mashuta said.

A quarter-mile fitness trail is being installed on the property, but not just for the power-walkers and the summertime jog. Mashuta's plans to acquire sneaker-fit snowshoes and make the trail accessible for cross-country training as well.

"Our new facility will have the versatility to serve the fitness needs of three generations," Mashuta said.

And he remains firmly committed to Delmar. "I've been in this business for 14 years as an owner and for six years before that as a manager of a health facility, and I love this town," Mashuta said. "I'm looking forward to having a positive impact on the community's health."

Looking for a hot investment opportunity with a guaranteed return?

Here's one: your daughter.

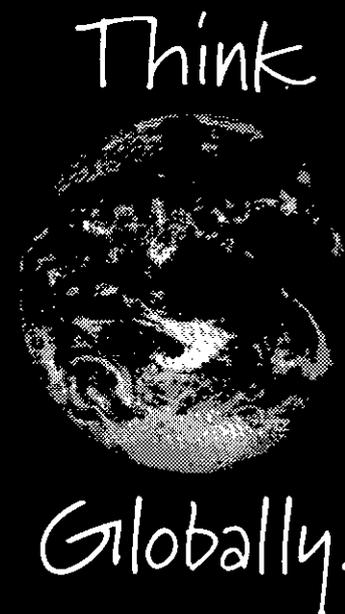
OPEN HOUSE

Sunday, January 31, 1:00 to 3:00 p.m.
Information Sessions at 1:45 p.m.
Snow Date: Sunday, February 7,
1:00 to 3:00 p.m.

Albany Academy for Girls.

Pre-K through grade 12. From here girls can go anywhere.
(518) 463-2201. www.albanyacademyforgirls.org

ALBANY ACADEMY
/OR GIRLS



Advertise Locally.

Call 439-4940

SPOTLIGHT NEWSPAPERS

Society offers packages of love

By Katherine McCarthy

Our children had been asking for a dog for years, and we were out of excuses. We enlisted our friend and Spotlight editor Sue Graves' help; she's an animal person and would surely be able to find the dog at the Mohawk & Hudson River Humane Society that was meant for us.

The Humane Society is on a beautiful piece of land near the Hudson River in Menands. It's clean, and the staff is friendly. Twenty-two municipalities depend on it for assistance with abused and abandoned animals. It cares for 12,000 animals each year at its shelter. A vet on site checks the animals for adoption. It also has a gift shop, provides grooming services, and offers obedience classes, something that helps people and animals stay together.

The woman at the desk gave Sue a leash, and we went in search of a dog. We almost didn't make it past the kitten room; how can an animal so potentially aloof and uncaring look so cute and cuddly, and mew so pathetically?

"Your kids don't want a cat," Sue reminded us, and we pushed open the door to the din of the dog room. The noise of all those dogs eager for some love and attention was overwhelming. But Sue confidently approached the kennels, reading the attached information

cards, talking calmly to the dogs and letting them lick her hand.

We took one for a walk, and she was delighted to be out in the air with real live people. We worried, though, that her enthusiasm would completely overwhelm our then 4-year-old, who was still a little shy around large, jumpy animals. We retreated to the puppy room, where one black ball of fur lay curled up on the straw. It was

I thought we were only getting a pet; I didn't realize when we left the Mohawk & Hudson River Humane Society that we would end up with a full-blown case of puppy love.

love at first sight. This will be better, Chris assured me, for I still felt bad for the older, less likely to be adopted dogs, — she can grow up with the children.

The boys were thrilled beyond all reason with their dog, holding her, playing with her, and just loving her. When she curled up to sleep with them, it was a true Kodak moment.

Housebreaking was less cute. We watched her carefully for sniff-

ing and squatting, hollered no, and scooped her up to go outside. We went through boxes of carpet deodorizer until one day I noticed I hadn't needed any for about a week.

Nights were tough at first. She cried; we took her out or comforted her, and tried to get back to sleep.

"If I'd known I was going to have to be up in the night, I would have had another baby," I told Chris. "You don't have to pay for puppies to go to college," he said. But she did go to obedience school, where she and I immediately understood that I was the one who needed training. She did OK, and watching her try so hard to please me won my heart fully.

Her only remaining conquest was Chris, who professed to hate her barking, food-stealing and shoe-chewing. She began an all-out campaign of affection: laying her head in his lap in the evenings; curling up at his feet when he sat reading in the Big Chair.

It must have worked: last week, I caught him sneaking her some table scraps.

I thought we were only getting a pet; I didn't realize when we left the Mohawk & Hudson River Humane Society that we would end up with a full-blown case of puppy love.

Local color



Jackie Loves John Company Store on 594 New Loudon Road in Latham is a unique women's clothing boutique. The clothes are designed and manufactured in the Capital District. The store also carries select designer clothing and accessories. Constance Pakatar

CRAMER'S

CLOTHES THAT WORK



8" Workboot - Style 80089
Insulated & Waterproof
\$79.99
reg. \$99.98



Pack Boots
\$49.99
reg. \$64.98 - \$86.98



Gortex® Insulated Workboots
\$89.99
reg. \$109.98 - \$124.98



6" Workboot - Style 6310
Insulated
\$49.98



8" Insulated Workboots
Style 813 - **\$84.98**
Style 8381 - **\$89.98**

Hurry In For Best Selection!

CRAMER'S

CLOTHES THAT WORK

Crossroads Center • 4 Johnson Rd., Latham • 782-0200
Mon., Tues. 9:30-5:30 • Wed., Thurs. Fri. 9:30-8:30 • Sat. 9:30-5:30 • Sun. 10:00-5:00
OFFER ENDS 1 • 30 • 99 or WHILE SUPPLY LASTS

You'll earn more at Excelsior... See For Yourself!

12 Month Certificate

5.25%

Annual Percentage Yield

18 Month Certificate

5.35%

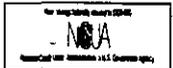
Annual Percentage Yield

If you live or work in the Capital District, YOU are eligible to join Excelsior. Yes, YOU can take advantage of all the benefits of membership, including our special savings certificates. Other rates/terms available. For more info. call 456-7144!

Minimum deposit required is \$500. Advertised rates subject to change without notice. APY assumes principal & interest remain on deposit for a full year. Penalty may apply for early withdrawal. Funds insured up to \$100,000 per member by NCUSIF. APYs accurate as of 1/15/99.

 **Excelsior
Credit Union**

341 New Karner Road, Albany, NY 12205
e-mail: info@excelsiorcu.com • www.excelsiorcu.com



JCC breaks new ground with site renovations

By Joseph A. Phillips

Last year was a ground-breaking one for Albany's Jewish Community Center (AJCC), and 1999 will be the year the results go on display.

The crown jewel of the rebuilding program is the new early childhood wing, and the programs it will accommodate.

The center, which currently offers a kindergarten program and a variety of after-school programs for youngsters, launched a new \$3 million capital campaign on the theme "Building Our Future, Preserving Our Past," which culminated in the September ground-breaking of the Raymond and Ruth D. Laven Early Childhood Center, representing a new direction for the community center's programs.

Carol Maguire, director of children's services for the center, said she expects the new Laven wing to be completed by March. Following its connection to the existing classroom wing, the older facility will receive extensive renovations, including air conditioning, new furniture and equipment, new lockers and bathrooms, and a new entrance off the parking lot. Extensive renovations are also on the drawing board for the center's auditorium and kitchen facilities, the completion of the outdoor pool deck, and expansion of parking on the site at 340 Whitehall Road.

The crown jewel of the rebuild-

ing program is the new early childhood wing, and the programs it will accommodate. The center already offers a full-day kindergarten program for 18, and a "kindercenter" for after-school activities for the 5-year-olds. But the new center will allow the expansion of the center's day care programs, the morning-only nursery, the "Rompers Program" for 2-year-olds, and a new addition starting next fall — infant care for 6- to 12-month-olds. With the addition of the new services, AJCC will be the second-largest provider of preschool services in the Capital District. Altogether, 350 children participate in the center's programs.

"Our early childhood programs not only need to be excellent, which we are," said Maguire, "but they also need to be educationally licensed by the state."

The center's kindergarten staff are fully certified by the state Education Department, and the early childhood staff meet or exceed all requirements, too.

"You're only as good as your staff, and our staff is excellent," said Maguire. "Our retention rate in the preschool programs is 92 percent; nationally, it's around 60."

Also on tap for 1999 is a new Parenting Center program, offering lectures and literature on a variety of topics related to early childhood development.

Registration for all of the center's early childhood programs begins on Jan. 29, and AJCC membership is required.

Information on membership benefits can be obtained by calling 438-6651, ext 127.

Books and more



Friar Tuck Bookshop in Delaware Plaza in Elmsere has a wide selection of specialty gifts, including Beanie Babies, along with the latest best sellers and best-selling authors. Friar Tuck stresses personal service and is happy to take care of special orders for its customers.

Elaine McLain

Academy showcases media center

By Bill Fonda

Albany Academy for Girls, located at 140 Academy Road in Albany, has a new look, thanks to a successful "Building Toward Our Third Century" capital campaign that raised \$1 million more than the \$2.5 million goal.

The centerpiece of the campaign is the new 5,000-square-foot library/media center that opened in November. It contains 12 computers that are linked through six miles of computer cable in the ceiling to any of the school's 300 other computers.

It also features an international full-text online service for magazines and newspapers through the school library system of Albany,

Schoharie, Schenectady and Schoharie counties and a research classroom to allow teachers to bring an entire class to work on a research project.

"It's really a phenomenal, state-of-the-art facility. We had a small library before, so the students feel it's been a strong academic setting," said Joan Lewis, director of institutional advancement.

The school also has five totally rebuilt science labs, two new seminar classrooms, two new artrooms and a renovated cafeteria. In addition, the athletic fields will be renovated this year and a new gymnasium is in the planning stages.

"Our enrollment has been

growing, so we're trying to find ways to create more space and accommodate our students," Lewis said.

Albany Academy for Girls has an enrollment of 320 this year, up from 298 in 1997-98 and 252 five years ago.

"We've done a better job about getting the message out about the quality of education we provide. There's been a renewed interest in girls' schools and I think the economic climate is favorable as well," Lewis said.

Another factor leading to the enrollment increase, according to Lewis, is dissatisfaction with public schools.

"I think some people who traditionally would not have left public schools, have in the last five years," she said.

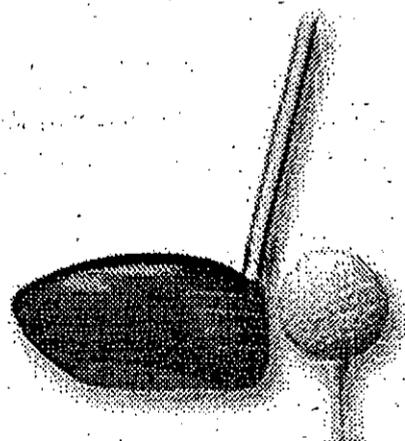
The new computers have benefited the school's technology program offerings, including a new Advanced Placement computer science course. The science program features a tissue culture center in its biology lab, and the school is offering new classes in drama and visual arts.

The school's brand-new swimming team qualified several girls for the state meet last fall, and track and tennis teams could be added in the future.

When the site for the new state Dormitory Authority building between Pearl Street and Broadway was being excavated, workers uncovered the foundation of Albany Academy for Girls' first building, which dates back to 1814. Pieces from the foundation are now on display at the school.

"We now have a piece from all five of our buildings in our school. It's a nice link to the past," Lewis said.

For information, call 463-2201.



SAVE THIS DATE!

August 9, 1999

for the

6TH ANNUAL GOLF CLASSIC

at Schuyler Meadows Club

Sponsors and golfers
please call 783-2823
for information.

All proceeds to benefit the programs and services of CSSC, Inc.

COLONIE
SENIOR
Service
Centers, Inc.

Indian Ladder Farm in full swing throughout the seasons

By Debbie Eberle

Less than seven miles from the edge of Delmar are window boxes filled with pine branches and red bows, holiday lights, an old-fashioned sleigh decorated to fit the season, and a Christmas tree flag hanging off Indian Ladder Farm's sign that says, "Yes, we are open."

Long before the sweet scent of apple blossoms fill the air in early spring, the folks at Indian Ladder Farm on Altamont Road outside Voorheesville are in full swing, in fact, they never stop.

Many people think that going to Indian Ladder Farm is a "fall thing." You know, pile the kids and grandma in the car, pick some apples, buy some cider and definitely taste their famous donuts. Few people seem to realize that

they are open seven days a week all year long.

Who would have thought that in the middle of winter I could step out of my car onto freshly fallen snow to have the scent of cinnamon apple cider donuts fill the crisp air? My senses have not failed me, I am really smelling freshly baked cinnamon donuts. My reward for braving the cold of the morning is a steaming cup of hot apple cider to accompany two cinnamon donuts at the Yellow Rock Cafe.

The cafe serves an unusual array of delicious lunches from 11 a.m. to 2 p.m. daily and on Saturday and Sunday from 10 a.m. to 3 p.m. The cafe is stocked with shelves of homemade jellies, preserves, gourmet sauces and syr-

ups, any of which may be purchased for your own pleasure or your favorite connoisseur.

Not only is Indian Ladder Farm open for lunch throughout the winter, they also sell the supermarket basics ranging from fancy pastas and gourmet soups, salsa and sauces to lots of different honeys, teas, coffee beans, applesauce and milk, and eggs and cheese. If you're the athletic type, you have more than seven miles of cross-country ski trails, ranging from beginner to expert to choose from.

After lunch you can shop for that unique birthday gift, pick up the card and even the wrapping paper.

Laura Ten Eyck, Indian Ladder Farm's retail manager, was excited about expanding their

current animal exhibit this spring to include a walk in petting zoo. "Baby Animal Week" will start on April 2 and run through April 11.

"We are planning on chicks, ducks, geese, turkey's, baby goats (kids), lambs, calves and piglets," Ten Eyck said. "And if Mother Nature cooperates, we may have a foal too."

The cost is just \$1 per person. Pony rides will also be available.

Other activities geared toward early April are an Easter brunch, an egg hunt and classes for children as well as adults on "how to take care of your Easter Bunny," Ten Eyck said. "A lot of people buy Easter bunnies for their kids and then really don't know much about taking care of them."

A host of regular customers

stop in weekly to check in on the farm's regulars—the animals that is. You'll find Rosie the cow, an angora goat, a pygmy goat, a sheep and, of course, the rabbits.

"They all have names and distinct personalities," Ten Eyck said. "Customers love to feed them apple slices and carrot sticks. If you don't go to Catskill Game Farm, how will your children learn firsthand about farm animals?"

Ten Eyck said Indian Ladder Farms would eventually like to open a farm animal museum.

If you've never been to Indian Ladder Farm, take a ride out to the fun family spot. Drink some coffee or hot cider at a table outside while letting the kids entertain themselves with the animals.

Blackman & DeStefano thinks locally with service and selection

By Joseph A. Phillips

Think globally, goes the maxim, but act locally.

Case in point: Blackman & DeStefano, the realtor with offices in suburban locales including Saratoga Springs, Delmar, Clifton Park, East Greenbush and Loudonville.

"We blanket the Capital District," said Bill Alston, manager of the Delmar office at 231 Delaware Ave. "But we're linked globally."

The Delmar office employs 22 agents and, "We make an effort to hire people who live in the immediate area, who know the area,

who have a knowledge of what it means to live in this community," Alston said.

His sales force has lived in Bethlehem for an average of 20 years apiece.

"I don't think anybody knows this town like us," Alston said. "The knowledge of the market is invaluable. When you have lived here for that long, you can price a home properly."

But the local business belongs to the largest independent realty network in the country, Relo, and takes references from all over the

country, employing a relocation director to help place out-of-towner's new to the community.

One new feature of Blackman & DeStefano's service is an award-winning website, but typically, "It's managed entirely locally," said Alston. "A lot of larger companies, the web site is managed by the parent company or national network."

"What we offer," said Alston, "is all the advantages of a national presence, with the service of a local realtor."

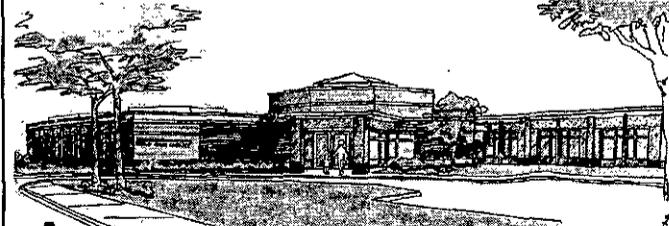


NOW!

is the time to
REGISTER
for
FALL 1999!

at the **New**

Raymond and Ruth D. Laven Early Childhood Center



AJCC Albany Jewish Community Center
340 Whitehall Rd., Albany, NY 12208

AJCC is a constituent agency of the United Jewish Federation of Northeastern New York, the United Way of Northeastern New York and the Albany County Department for the Aging.









CALL
438-6651
ext. 119 or 118
for information or
to arrange a visit.

**DON'T GET
CLOSED OUT!**

nursery
rompers
daycare
(6 mos-4 yrs)
kindercenter
kindergarten

When you need...

**Books... The New York Times
Best Sellers**



...News



Magazines...



**PORTAL
Notecards.**
BLANK CARDS FOR NOTES AND LETTERS

...Greeting Cards

Everyday...

Discounts off best sellers

25% OFF paperbacks

15% OFF hardcovers



Book Buddy



The itty bitty
book light

**Great Gift
Ideas...**

you need the *friar*

friar **TRUCK**

BOOKSHOP

WE'RE BOOKS AND MORE!

Delaware Plaza, 439-3742
Gift Certificates Available, Special Orders Welcome

Pleasant Valley Exquisitum has world-class merchandise

Knox store features fine European crystal, porcelain and art works

By Mel Hyman

It's hard to believe that you can find some of the finest porcelain and glassware in the world in a rural town just 20 or 25 minutes from Albany.

Gudrun Bellerjeau, owner of Pleasant Valley Exquisitum in Knox, has lived in Germany, Saudi Arabia and Holland and during her journeys has managed to put together a collection of crystal, dinnerware, artwork and jewelry that would be difficult to find outside of Manhattan, London or Paris.

The most valuable items do cost some

money, but there are less expensive items as well, so a trip to the Hilltowns does not mean that you have to come home empty-handed.

"I have porcelain place settings for \$20 or you can spend whatever," she said. "The most important thing for me is that when people leave here they are well-informed and comfortable with their purchase, when they make one."

"I do a tremendous amount of research on every piece," she noted. "If someone just wants to know why hard porcelain is better than pottery, I'm happy to explain it to them."

An international banker by trade and the mother of four grown sons, Bellerjeau is no conventional businesswoman. She evaluates merchandise both its artistic merit and for its potential to increase in value.

If you have a particular question about something in the shop, she can expound at length on its origin, history and value as an art object.

You'd have to travel all over the world to find some of the items that are in my store.

Gudrun Bellerjeau

"I do not believe in carrying mass-produced junk," she says. "You'd have to travel all over the world to find some of the items that are in my

store."

For example, the Exquisitum contains Meissen and Dresden porcelain, Herends figurines and dinnerware, Opus Czech crystal, Limoges and Haviland-Parlon dinnerware. And the list goes on.

There's Royal Copenhagen porcelain, Reuge music boxes (from the oldest music box maker in the world), rare Lithophane lamps, Ray Tracey jewelry and Theresienthal crystal, from a company dating back to 1421 that supplied crystal to the royal courts in Europe, including the Russian czars.

For the more contemporary-minded, there are sculptures from

Armani (who chose Bellerjeau's store as one of 50 in the world that sell his Masterworks), signed pieces of Murano crystal from Italy and art by the late Gianni Versace (of fashion world fame), who also

personally selected her gallery to present his work.

So if you're interested in buying something a little out of the ordinary as part of an excursion

into the beautiful Helderbergs southwest of Albany, Bellerjeau will gladly give you a tour of her 200-year-old barn and its many worldly treasures, located at Rt. 254 Pleasant Valley Road, Knox.

AAA offers more than tows and jumps

By Bill Fonda

There is a nonprofit group that offers cellular phones with one-touch dialing for emergency services, discounts to restaurants, movie theaters and amusement parks, credit cards, home and auto insurance and travel information.

But most people know this group as the car-saver who will tow your car when it breaks down and give it a jump when it won't start.

That group is AAA Hudson Valley, located at 618 Delaware Ave. in Albany.

"What we're trying to do is create as much value and discount opportunities for our customers as possible. Increasingly, we're seeing members join for the discounts," said club President and Chief Executive Officer Robert Seroka Jr.

Seroka's goal is to have 100,000 members by the end of the year, and AAA Hudson Valley is well on its way to meeting it. There are around 97,000 members, up from 93,000 last year.

Both new and old members may have a new service to utilize in July, when Seroka hopes that the club's Website — www.aaa.com — will soon include a totally interactive airline ticket reservation service.

"If you look at the world in general, some people will like personal services, which we will always have, but some people will want to sit behind a computer and bang away. We intend to

offer both," he said.

Club members not only receive discounts to amusement parks such as Disney World, Six Flags and Kings Dominion, but AAA's "Show Your Card and Save" program has been expanded to include LensCrafters and the Pepsi Arena.

"It's just gained in popularity because members are looking for value, and establishments are looking for customers," Seroka said.

Not only is AAA Hudson Valley providing a wide variety of services, it has done well enough to become fully accredited in 1998 by the national office for meeting or exceeding performance standards, including auto services, travel quality services, technology, auto travel and member services and operations and management.

Some companies may use the expanded services menu and awards they have won to raise prices, but not AAA Hudson Valley. A basic membership is \$43 per year, and AAA-Plus is \$64 per year — the same rates for the last five years.

AAA-Plus is available to members who have been enrolled for one year, and offers 100 miles of free towing, instead of the three miles for basic members.

For information, call 426-1000.

Christian Brothers Academy



12 Airline Drive
Colonie, New York 12205-1004



For information or to schedule a school visit call
(518) 452-9809 ext 3
or email: mcgrawm@cba-albany.org

Give your son the Education to succeed in the 21st Century

From The Heart
Adoption Services, Inc.



Boy 1-1/2 Years Old



Sister & Brother
6 & 8-1/2 Years old

From The Heart Adoption Services, Inc.
A Not-For-Profit Agency specializing in foreign adoptions (Russia, Ukraine) has children ages 6 months to 12 years available for immediate adoption to qualified parents.

145 North Main Street • Mechanicville, N.Y. 12118

Phone: 518-664-5988 • Fax: 518-664-1220

E-Mail: fh143@aol.com

First National Bank of Scotia focuses on their customers

By Bill Fonda

It sounds so simple.

"Without the customers, we don't have any jobs," said John Wyatt of First National Bank of Scotia.

That is the philosophy that First National has maintained for its first 75 years, and as it moves into its next 75, the focus will continue to be on the customer, particularly as mergers and acquisitions in the banking industry have pushed service to the back burner.

"We saw an onslaught of people coming over from larger banks because they were unhappy. Once they get in here, they stay with us forever," said Wyatt, who manages the Rotterdam branch and also the bank's advertising.

One of the primary ways First

National serves its customers is by keeping its interest rates low on auto, commercial and home equity loans, and by writing a lot of them.

"We feel that it's our job to make money, not by charging high fees, but by using our customers' money and lending it out in the community," Wyatt said.

While many other banks tie their commercial loan rates to the prime rate, First National offers a fixed-rate loan, and Wyatt said the bank has the fastest turnaround time in the area on home equity loans. "We do everything in-house, and that's the kind of service we want to give to our customers," he said.

First National's future customer-service initiatives include a

new check-imaging system, which will allow the bank to send customers images of their checks and lead to less paperwork, and the introduction of debit cards.

Wyatt said another of First National's strengths is its long-term employees; many have been there more than 20 years and some more than 30 or 40 years.

"That makes it nice for the customers and the employees, because everybody has a feel about how it's done," he said, adding that the veterans are also valuable in training new employees.

First National's main office is at 201 Mohawk Ave. in Scotia, and it has branches in Niskayuna, Colonie, Guilderland, Glenville, Schenectady, Wilton, Rotterdam and in the General Electric Research & Development Center. Its drive-up windows are open from 8:30 a.m. to 5 p.m. Monday through Thursday, 8:30 a.m. to 6 p.m. Friday and 8:30 a.m. to 1 p.m. Saturday.

Wyatt noted that the Rotterdam office, which spent its first full year at 2695 Hamburg St. in 1998, "fits in real well with our residential and small business customers."

For information, call the main office at 370-7200.

Arthur Place & Co. helps businesses plan

By Bill Fonda

According to Arthur Place, co-owner of Arthur Place & Co. at 1218 Central Ave. in Colonie, 1998 was not the certified public accounting firm's best year, but was definitely in the top five.

"There's more construction going on, and a lot of our clients key off of that," he said.

The firm offers auditing, computer services, tax planning and business consulting for businesses, and tax and financial planning for individuals.

Place said about 90 percent of its clients are family-owned, small professional businesses, and that the company has in-depth knowledge of six areas — newspapers, retail lumber companies, real estate, automotive businesses, construction and the professions, which he defined as engineers, doctors, architects and attorneys.

While those kinds of businesses may seem completely different from one another, Place said that is not the case.

"They're all looking for strong bottom lines. We all want that sense of, 'We're going to be OK.' In business, there are no safety nets," he said.

By utilizing computers, software and training, Place said his staff can efficiently and creatively help companies not only with finances and tax preparation, but also with management issues.

"They do what they do best, and we wrap around that. The whole idea is to raise everybody to a higher level — the client, his employees and your own people. Everything then seems to take care of itself," he said.

Place said the firm will not be introducing any new services in 1999, but instead will concentrate on quality service for its more than 300 business and 100 individual clients.

"We're running pretty hard just to completely service our clients. The growing client needs more services. If we continue to satisfy our clients, we get referrals and business comes in," he said.

For information, call 459-8395.

Why wait for the Millennium?



It's Here!

Don't wait for the year 2000 to manage your finances at home! Capital Communications FCU offers:

world wide web access (calculate loan payments, obtain full amortization schedules, informational inquiries) • loans by phone • Touch-24 with free telephone account access • VISA Check Card and more!

Present this to a Member Services Specialist and receive a free gift.

Contact a Member Services Specialist for more information and to discuss membership eligibility.



Capital Communications
Federal Credit Union

Century Hill Drive & Route 9 • Latham, NY
18 Computer Drive East • Albany, NY 12205-1168
(518) 458-2195 or (800) 468-5500
www.capcomfcu.org
mkt@capcomfcu.org • loans@capcomfcu.org



Hope House targets teens

By Kevin Mitchell

As it enters its 32nd year, the area's premier drug and alcohol rehabilitation program is expanding again. Hope House, located in Albany, served more than 1,000 patients last year at its out-patient facility, residential adult clinic and adolescent program.

"This year, our Project Hope will provide more out-patient counseling to teen-agers and their families," said Maureen O'Brien-Thornton, Hope House development director.

According to O'Brien-Thornton, "Project Hope is a program that will offer out-patient services to troubled teens and their families. The goal of the program is to prevent teens from having to go into residential treatment or to jail. The program also focuses on helping young people stay in school. It's important to work in conjunction with families and schools who might refer a teen-ager to us."

Project Hope was founded in 1977 and last year, served 169 persons.

O'Brien-Thornton said, "When someone is involved with Project Hope, the entire family receives counseling. This usually means parents and, occasionally, siblings. Referrals usually come from our social workers, but they may also come from teachers and other school officials."

This year, Hope House plans to open a shelter for women and children. "We want to get pregnant women into treatment as quickly as possible," O'Brien-Thornton said. "This is often difficult because women fear they will lose their children if they enter treatment."

In a residential facility, they will have a place to be with their children. This facility, which will have about 32 beds is expected to open by the end of the year, O'Brien-Thornton noted.

Hope House is supported by Albany County Department of Social Services, the state Office of Alcohol and Substance Abuse Services and local fund-raising — the Basis of Hope Campaign, a golf tournament and a dinner, O'Brien-Thornton said.



**Pleasant Valley
Exquisitum**
872-0394

*Best Selection of unusual, high quality
merchandise in the Capital District*

Meissen, Fine Jewelry, Cuckoo Clocks,
Dresden Figurines, Murano Crystal, Swiss Musicboxes,
Rosenthal (including Versace), Legends Sculptures,
Herend Handpainted Porcelain (figurines and dinnerware),
Belleek, Galway, Royal Copenhagen, Limoge, Hibel,
Armani, Hummels, Crystal, Humidors, Chess Sets,
Beer Steins, Jewelry Boxes, Silverchests,
Handinlaid and Marble-top Furniture,
Handwoven Tapestries, Tablerunners,
Unusual Sterling Silver Pieces, Extensive Selection of
Russian Miniature Paintings & Matryushkas,
Oriental Art, Limited Edition Lithophane Lamps,
Exquisite Cased Crystal Collection
and more.

We specialize in bridal registries,
expert advice. Wonderful selection of
the best - everything in stock.

Rt. 254 Pleasant Valley Road, Knox
Tues. - Sat. 10 - 6, Sun. 12 - 5
www.exquisitum.com

Consignment shops make sense

By Donna J. Bell

Are you looking for a beautiful evening gown for a one-time occasion? Perhaps you'd like to expand your children's or husband's wardrobe, or find a unique piece of furniture at a reasonable price. Three area consignment shops offer all that and more.

Something Olde, Something New, located in the Stonewell Plaza in Slingerlands, has become so popular over the last 18 months that it expanded in 1998 to more than double its original size.

"In addition to men's and women's clothing, we can now feature great furniture, glassware, linen and gift items," said co-owner Julie Hilland.

Hilland and partner Karen Frisch work with antique dealers in the area to find the value of some of the older pieces that they carry on consignment. The owners are proud of their large selection, the unique "treasures" they offer and the customer-friendly store layout.

"Our store has a very nice appearance," Hilland said. "We only accept items that are in excellent condition. We want our customers to be confident that they will get excellent quality."

Another store in the consignment network is In and Out the Window, which recently moved to 266 Delaware Ave. Co-owned by Anita Stein and Deirdre Jameson, the store specializes in maternity clothes and children's clothes from infant to size 14, and also carries a selection of children's toys and furniture. They

have also found a brisk business in slightly-used shoes, especially tap, ballet, and sports footwear such as football, soccer and basketball shoes.

Need something that In and Out the Window doesn't carry — perhaps that evening gown? Jameson is happy to refer you to another consignment store.

In fact, in the very next shop over, Lillian Downes runs Past Perfect, a boutique that features women's upscale designer clothes. Downes' store carries one-third new and two-thirds used.

We only accept items that are in excellent condition. We want our customers to be confident that they will get excellent quality.

Julie Hilland

"They use them one season and then outgrow them, and they still look brand new," Jameson said. "In fact many customers just consign the old ones and purchase a bigger size right here."

Buying slightly used products is just good common sense, Jameson said. She likened it to purchasing a used car or home because you get more for the money.

As an added bonus, Jameson and Stein publish a quarterly newsletter called "Motherspeak" that they send free to all their consignors and customers.

The newsletter has articles on parenting perspectives, hints on what to do with your kids after school, consumer notices, cleaning tips and recipes.

"We care about our customers and pride ourselves on making sure that everyone is satisfied, whether it is a first time mother or a grandmother shopping for grandkids in another part of the country," Jameson said.

"I have everything from casual, business attire, evening attire and fine furs and jewelry," Downes said. "Most is worn only once or twice and it is in mint condition."

Downes feels that buying barely-used clothing allows everyone to have affordable luxury. She worked for 15 years as a model, and uses that background to serve as a personal shopper and help customers select the right outfits.

Have you gained or lost a few pounds? With Past Perfect, not only can you buy a new wardrobe at a fraction of the cost, but you can consign the outfits that are in your closet that are just too nice or expensive to give away.

All three shops feel that their network works well because they cater to different needs, and they are happy to work together to help people find the shop that will be able to suit them.

For information, call In and Out the Window at 439-8913, Past Perfect at 478-9383 or Something Olde, Something New at 475-0663.

Upscale designers have new home

By Donna J. Bell

Is your home and family ready for a change? How does faux-marble finishing sound? How about an exceptional area rug to highlight that special room?

Blairhouse Interiors Group (formerly Dominic Carota Design) can give you a unique look that will not only set your home apart from others, but reflect your own style and personality.

"When a customer comes to us they know they are going to get the attention that they need," said co-owner Pat Richards. "We really listen to our customers and hear what they want."

Richards, who has been in the business since 1981, is a member of the American Society of Interior Designers. Her partner, Dominic Carota, has 13 years of design experience under his belt. Both are excited to have recently completed a new design studio 428 Loudon Road in Loudonville where clients can drop by to talk about their design needs.

"We want to welcome people to stop in our new studio to chat and to see some of the projects we offer," Richards said.

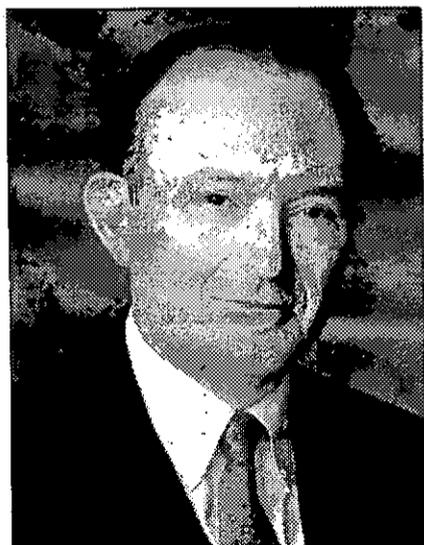
A full-service design firm, Blairhouse Interiors specializes in residential interiors. It offers a broad spectrum of choices — including upscale rugs, artwork, antiques and furniture — that can't be found at the average furniture retailer.

One of its specialties is custom-window treatments that feature rich fabrics and trims. Each design is done especially for the needs and personality of individual clients and their living space.

Richards and Carota are happy to create detailed floor plans and sketches so that the customer can see how the design will work for them.

"Many times customers tell us that they haven't been able to find someone who listens to what they like and need," Richards said. "We work to do what makes them happy. Often they don't know what the answer is, but they know the feeling they want to create."

Potential clients will get an opportunity to see the type of work that Richards and Carota do in person, when Blairhouse Interiors will be featured at the Vanguard Showhouse in Slingerlands in May. The house will be open for the public for three weeks, and all proceeds will benefit the Albany Symphony Orchestra.



Dr. Peter G. Kansas, MD, FACS.

The
Capital Region's
most experienced
**REFRACTIVE
SURGEON**

Onsite LASER Correction
Cataract Surgery Glaucoma Treatment
Eye Examinations

KANSAS EYE SURGERY ASSOC., P.C.

747 Madison Ave., Albany, NY

462-6441

Offices in Albany, Schenectady & Troy



Mohawk & Hudson River Humane Society

Thanks everyone who responded in any way to our 1998 Fund drive. Our "guests" (and we have many) thank you, too!

NO! IT'S NOT TOO LATE TO HELP A HOMELESS PET! SEND YOUR DONATION TODAY! EVERY DOLLAR HELPS!

NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP _____

Receipt Required YES NO
AMOUNT \$ _____

Mohawk & Hudson River Humane Society

Oakland Avenue
Menands, New York 12204
518-434-8128

"Serving every living creature since 1887"



The Terrace

at Beverwyck

"She used to help me tie my shoes..."



now it's my turn to help her."

*An
Assistive
Living
Residence.*

It seems your mother was always there when you needed her most. Every time she wiped your tears away and gave you the best hug in the whole world... all the fears disappeared and all your problems were easier to face. Now that it's your turn to be there for her, are you more than a little afraid again? Does it seem unfair that your own life is so demanding that it's impossible to be there for her just when she may need you most?

You know a nursing home is not the answer. So where can you turn?

The Terrace at Beverwyck

An exceptional residence with the perfect combination of professional, caring assistance together with privacy and independence! Your mother's care will be tailored to meet all her individual needs and preferences.

The Terrace at Beverwyck provides a stimulating environment in an elegant, residential setting, with fine dining and enriching activities to guarantee a satisfying lifestyle for safety, dignity and security.

At The Terrace at Beverwyck we'll always remember the little things, from her morning coffee, to her evening tea. Maybe it'll help you sleep better, too.

41 Beverwyck Lane • Slingerlands, NY 12159
(518) 459-4062 • www.NEHealth.com/Beverwyck
Call now to confidentially discuss your specific concerns.



Beverwyck

Setting the Standard in Independent Retirement and Assistive Living
A joint initiative of Albany Guardian Society and The Eddy, a Member of Northeast Health



BEV 9ZEED

CBA begins new era in Colonie

By Maureen Freeman

Sixty years ago, Christian Brothers Academy's new building at 1 De LaSalle Road was considered to be a state-of-the-art, ahead-of-its-time school, representing what education could provide in the late 20th century.

At the end of the 20th century, it seemed high time for the academy to forge ahead again. This time, it pulled up stakes from De LaSalle Road and built a new school packed with enough technology and design to restore its state-of-the-art status.

"The old building had served its purpose," said Principal Brother Matthew Michelini. "This one provides what's expected for the 21st century."

The sprawling 127-acre campus at 12 Airline Drive in Colonie came with a price tag of about \$12 million, with about \$1 million spent on computer technology alone. The 402 boys in grades 6-12 have 244 Compaq computers at their disposal, as every classroom in the building is equipped with access for up to 18 terminals.

The new building was ready for the start of the 1998-99 school year. Students needed a few days of orientation to become accustomed to their new surroundings, though, and with maps of the grounds and building layout in hand, they trekked in groups from room to room, exploring the new classrooms and equipment.

One highlight of the new school is the main lecture hall, a bright, open room with seats and desks tiered around a podium that has a touch panel wired for almost any audio-visual presentation. Anyone teaching a class or leading a meeting can jump from medium to medium using a wireless microphone, laser pointer or, at the touch of a button, a video screen that drops from the ceiling.

Many of the boys worked over last summer to help ready the school for its July opening, and in the wet, snowy winter months, no one seems to need the sign by the front doors asking them to clean their shoes before proceeding; students bang off slush and dirt after coming through the doors.

"The students seem to know that they have a good thing," Michelini said. "The students feel the building is gorgeous, and they're very protective of it."

All the new space and equipment is allowing CBA to expand and improve both academics and other activities. The school now can integrate computer technology as well as reading and writing across its curriculum.

CBA will also host a soccer tournament for teams from as far away as Syracuse and Buffalo, and plans are in the works for using the new gym for a wrestling tournament. The campus also features a three-mile cross country trail, a football field and a fully irrigated,

sodded baseball field that Michelini said "would rival Heritage Park," in addition to the two soccer/lacrosse fields, practice fields and basketball courts.

Already educational programs have been available to parents and the general public, making use of the main lecture hall. One program, on bridging the differences and perspectives between parents and teens, featured a clinical psychologist from Manhattan College, where Michelini is a former associate professor of computer information systems. Other offerings include lectures on financial planning for education, word processing, computer concepts and the Internet and personal prayer.

"We're trying to reach out and not be just a 8 a.m. to 3 p.m. school. We'll be more like a 8 a.m. to 8 or 11 p.m. school," Michelini said.

In some cases, it may be an overnight school, holding sleepovers for middle school students, who can stay up late playing basketball in the gym, playing Internet games in one of the two computer labs or kicking back in the main lecture room to watch movies.

From the new potter's wheel and kiln in the art room to the media center where students can tape daily news broadcasts, the facilities and equipment at the new CBA have impressed visitors and returning alumni alike.

"One alumnus told me, 'I went to high school nine years too early,'" Michelini said.

Cramer's finds success after narrowing focus

By Bill Fonda

Less proved to be more for Cramer's after the clothing store moved to a 5,500-square-foot location at 4 Johnson Road in Latham in the summer of 1997 from a site more than five times larger in Cohoes.

The move forced Cramer's to streamline its offerings to its current inventory of work clothes and boots for men and women, along with uniforms and footwear.

Cramer's had carried a wide range of sporting goods and hunting equipment in the Cohoes facility, which Marketing Manager Michael Lopez said made it more of a department store.

"When you've got 30,000 square feet, you've got to fill it or else you look like you don't have anything," Lopez said. "You just can't compete in that world today. Right now we have wall-to-wall products. It's a perfect size."

Just as important, the move to a site near Northway Exit 7 made Cramer's more accessible to customers from throughout the Capital District.

"We had always gotten a lot of feedback from customers that downtown Cohoes is kind of out-of-the-way. Since we moved, we've seen an increase in traffic," Lopez said.

The store still carries manufacturers such as Carhart, Dickies, Lee, Herman, Wolverine, Timberland, Red Wing and Sorel. Although other department and sporting goods stores carry the same items, Lopez said, "They don't have near the selection we do. It's a one-stop shop."

As part of its uniform service, which Lopez said a lot of people do not realize the store has, Cramer's does free alterations, applies logos and does embroidery.

Cramer's is open from 10 a.m. to 5 p.m. Sunday, 9:30 a.m. to 5:30 p.m. Monday, Tuesday and Saturday and 9:30 a.m. to 8:30 p.m. Wednesday through Friday.

For information, call 782-0200.

204

DELMAR CHIROPRACTIC OFFICE

Lee Masterson, DC
Jeffrey Riker, DC
Jean Hafler, DC
Tim Talmage, DC
439-7644

MASSAGE THERAPY

Frank Mugrace, LMT
Sally Nietupski, LMT
Marjorie Dwoskin, LMT
439-0208

HOLISTIC MEDICINE

Lionel D. Alboum, MD
581-7605

NUTRITIONAL COUNSELING

Lynn Edmunds, RD, CDN
439-2063

YOGA CLASSES

Gerry McDonald
438-2557
Joan Haggerty
732-2175

Albany Kripalu Yoga Center
454-9642

BRADLEY NATURAL CHILDBIRTH

Lee Gabilovitch
439-9498

TAI CHI

Cindy Pizzuco
783-8730

204 DELAWARE AVENUE



439-0522 Albany • 371-3207 Capital District
Call Now To Schedule Your FREE Painting Estimate
• FULLY INSURED • GUARANTEED • RELIABLE • NEAT
Painting & Staining 

<p>FREE HALLWAY</p> <p>WITH THE FIRST THREE ROOMS PAINTED with coupon • expires 4/30/99</p>	<p>\$150⁰⁰ OFF</p> <p>ANY INTERIOR PAINT JOB (OF \$1000 OR MORE) with coupon • expires 4/30/99</p>
<p>10% OFF</p> <p>ANY INTERIOR PAINT JOB (UNDER \$1000) with coupon • expires 4/30/99</p>	<p>BONUS</p> <p><i>Call by Feb. 15th or bring this ad to the Home Show for Additional Specials</i> with coupon • expires 4/30/99</p>

Kansas Associates has it all

Experience, innovation are key factors

By Katherine McCarthy

Dr. Peter Kansas has been in practice for more than 30 years in the Capital District, but there's nothing old-fashioned about Kansas Eye Surgery Associates, located at 747 Madison Ave. in Albany. Along with Dr. Christopher Gabriels, Kansas is at the cutting edge of his field.

In 1998, Kansas Eye Surgery Associates partnered with Laser Vision Centers of America, bringing the area's first mobile laser treatment center to their office.

"The mobile laser treatment center is a very high-tech 18-wheel vehicle with a laser surgical room inside it," spokesman George Kansas explained. "It is available when we have enough interest to warrant scheduling it. So far, that's been one or two times a month."

Laser treatment is the latest method for improving eyesight, and it is no surprise that Kansas Eye Surgery Associates is making the treatment available to their patients. Dr. Peter Kansas has been a pioneer in refractive surgery since 1980.

"Refractive surgery is the whole concept of changing the way the eye focuses, or the prescriptive strength of the eye," George Kansas said. "Dr. Kansas started working with RK, radial keratotomy, then ALK, automated almelar keratectomy, which led to PRK, photorefractive keratectomy. That's when lasers first came into play. The culmination of all this is Laser Assisted In Situ

Keratomeileusis, known more simply as LASIK."

LASIK, Kansas explained, creates a flap from the epithelial layer of eye cells that the surgeon pulls back, then allows him to guide a cool light beam that vaporizes cells, changing the curvature of

The mobile laser treatment center is a very high-tech 18-wheel vehicle with a laser surgical room inside it. It is available when we have enough interest to warrant scheduling it. So far, that's been one or two times a month.

George Kansas

the cornea. The flap is put back on top, and the eye heals quickly. All of this is done with a topical anesthetic, without incisions, and when a patient stands up, they can read the clock on the wall.

Changing the curvature of the cornea eliminates the need for corrective lenses.

"Refractive surgery has been popular since 1980 because of people's desire to live without the encumbrance of glasses or contact lenses," George Kansas said.

The downside is that medical

insurance rarely covers any kind of laser treatment, as it is considered cosmetic surgery.

In addition to laser treatment, Kansas' practice also specializes in cataract surgery. Kansas is the author of an important manual about phacoemulsification, a small incision cataract removal technique.

"This technique allows cataracts to be removed quickly, which is often important in poorer countries, where there might be limited medical treatment," Kansas said.

Dr. Kansas has also been involved in Orbis, a flying surgical center. He recently went to Jamaica and performed eye surgery for some of the indigent population there.

Kansas received his medical degree from Albany Medical College, and did his internship and residency at Upstate Medical Center in Syracuse

. He is a fellow of the American College of Surgeons, and chief of ophthalmology at Century Same Day Surgery in Latham. He lectures and teaches, and is a frequent keynote speaker.

Kansas Eye Surgery Associates, P.C., also performs general eye exams and glaucoma treatment.

Jack Byrne ranks No. 1 in Ford sales in 1998

By Kevin Mitchell

This year an area automobile dealership is marking 30 years of outstanding service. Jack Byrne Ford & Mercury, located at the junction of routes 4 and 32 in Mechanicville, has earned a reputation for outstanding quality sales and service.

"Last year, we sold more Fords than any other dealer in New York state. That made us the No. 1 volume dealer and we're pretty excited about it. We sell other kinds of cars in addition to Fords," said general sales manager Raymond Skiba, who has worked for Jack Byrne since 1987.

"We don't believe in pressuring or hassling potential customers. We like them to make their own decisions," Skiba said. "Our master technicians have helped our service department to be rated one of the best in the Capital District." Skiba added that all Jack Byrne Ford's technicians and sales consultants are certified. Customers can also benefit from convenient business hours.

"Our sales department is open Monday through Thursday, 9 a.m. to 9 p.m., Friday from 9 a.m. to 6 p.m., and Saturday's from 9 a.m. to 5 p.m. The service department is open from Monday through Friday 7:30 to 6 p.m. and on Saturday they are open from 8 a.m. to 5:30 p.m. We also offer a free loaner car to a customer who brings a vehicle in for service. However, we only can only provide this service on an appointment basis."

These are just some of the factors that have contributed to Jack Byrne Ford and Mercury 30 years of successful business dealings.

Recycle this newspapers

The Capital District's Premier Assisted Living & Memory Care Residences...

When someone you love needs personal assistance, consider Alternative Living Services. We provide individually tailored services in a beautiful homelike environment. Most importantly, we adapt our services to individual needs as they change.

Alternative Living Services offers specially designed residential accommodations for older adults, including those in need of special care because of memory impairments such as Alzheimer's disease.

CLARE BRIDGE MEMORY CARE RESIDENCES

(Assisted living for individuals with dementia and Alzheimer's disease)

1 Emma Lane
Clifton Park, NY 12065
518-371-2200

2861 Troy-Schenectady Road
Niskayuna, NY 12309
518-782-7381

WYNWOOD COMMONS ASSISTED LIVING RESIDENCE

1786 Union Street ~ Niskayuna, NY 12309
518-346-6935

 ALTERNATIVE LIVING SERVICES

The Standard for Quality of Life in Assisted Living



 BUENAU'S OPTICIANS INC.

228 DELAWARE AVENUE
DELMAR

439-7012

A Family Business Since 1915

Quality & Service
We Stand Behind



Michael & Jeffrey Buenau

- Eye Examinations • Emergency Service
- Laser Vision Correction
- Chic Designer Frames • Children's Eyewear
- Transition Lenses • Evening and Saturday Hours
- CDPHP, MVP and Most Insurances Accepted

ACUVUE Bifocal Contact Lenses Now Available

DEMAND BETTER VISION™

VARILUX
COMFORT®

DEMAND VARILUX LENSES™

*Varilux Comfort is a registered trademark of Essilor International.

A "WELCOME" AND "THANK YOU" OFFER*
\$25.00 OFF EYEGLASS LENSES
With Frame Purchase or
Contact Lens Package

(*For New Patients And Much Appreciated Regular Clients)
Offer Valid With This Ad • Thru 6/30/99 • May Not Be Combined With Other Offers

Weisheit Engine Works owner loves, hates winter

By Joseph A. Phillips

"As much as I hate to shovel snow," said Bill Weisheit, "I love to see it. It's good for business."

And the recent deluge of snow and ice was very, very good for Weisheit's business.

Weisheit Engine Works of Glenmont is a full service dealer for several premium lines of home power equipment, everything from chain saws to lawn mowers to snow blowers.

They are an independent dealer for Simplicity snowblowers and tractors, for the Snapper line and for Lawn Boy.

And just as important is their parts and service department. Not only is Weisheit a licensed service rep for the above dealers, as well as Briggs & Stratton, Tecumseh and Kohler equipment, they also are an authorized dealer for Murray Power Equipment and

MTD.

Never heard of those last two? "They're the companies who build most all of the equipment retailed by the discounters," Weisheit said. And thereby hangs a tale about the changes that have taken place in the home power equipment business in recent years — and why a blizzard means a blizzard of service calls for Weisheit.

Weisheit Motor Works is one of the last of a dying breed. "We've lost a lot of other independent dealers and suppliers in the area," Weisheit said. "Twenty five to thirty years ago, 75 percent of all power equipment sold in the U.S. was sold through independents like us. Today, 80 percent is sold through the discounters — Home Depot, Builders Square, Kmart, Wal-Mart. And most of what they sell is not the same quality as what the independents sell. If the automobile business went the way the

power equipment industry was going today, 80 percent of the cars on the road would be Yugos."

Hence, all those buyers of Yugo-equivalent lawn and driveway products need Weisheit's 16,000-items-plus parts department.

"To keep the prices of their equipment low, they're building this equipment pretty much to get through the warranty period, which is about two years," Weisheit said. After that, a good parts supplier is a must.

Moreover, Weisheit said the kid working in the local mall who

sold you your snow-blower can't match the knowledge of a long-time dealer like himself — in business since 1985, with almost 30 years' experience in sales and repair under his belt.

In a busy week like last week, he said, many service customers have failed to do the routine maintenance ahead of time.

If that gas-powered blower was fired up last week after sitting in the garage with a half a tankful since last winter, well, chances are you will soon be paying your service dealer a call.

"Gasoline in the summertime

has a shelf life of roughly 30 days, then it starts to varnish up," he said. "That's the cause of most of the dirty carbs I see."

Not to mention fouled plugs, gummed up valves and desperately needed oil changes.

So Weisheit recommends regular preventive maintenance for all your power equipment by a reputable service dealer.

"It saves a lot of grief when you go to use the machinery," he says. "Like in the storm we just had."

In other words, he'd love to see your business — long before the next winter storm.

Delmar Chiropractic offers 'complementary' therapies

By Joseph A. Phillips

The secret is out, and the interest in so-called "alternative therapies" is exploding, and chiropractic is leading the way.

"People are just starting to tune in to the FM station, but we've been broadcasting on this wavelength for years," said Lee Masterson, one of the principals of Delmar Chiropractic, the core business in a medical facility at 204 Delaware Ave. that combines a full range of alternative therapeutic services under one roof, from holistic medicine to massage therapy to a certified nutritionist.

Masterson, however, prefers a term other than "alternative" to describe the once-controversial spinal-hygiene technique. He prefers, he says, "complementary" or "integrative." For chiropractors are not out to replace traditional medicine —

only to fill in the gaps left by the so-called "allopathic" approach to health, which is to say, countering an existing sickness.

More and more people are accessing so-called alternative care because there's a movement toward wellness instead of just reactive medicine.

Lee Masterson

"Dentists pioneered something called 'preventive hygiene' years ago," said Masterson. "You don't go to a dentist to cure cavities, but to prevent them."

Most of us, Masterson said, only seek a doctor's attention when we're sick.

But with medical costs rising, the health consumer is focusing

more and more on getting out in front with proper diet and nutrition, physical fitness training and preventive medical care. And as the National Institutes of Health have given alternative medicine growing legitimacy by focusing research on it, Masterson said his practice has "a wonderful relationship with the allopaths in the area."

"More and more people are

accessing so-called alternative care because there's a movement toward wellness instead of just reactive medicine," said Masterson. "Since 1996, more people have sought care from alternative practitioners than there were going to traditional practitioners."

Chiropractic has been at the center of that medical revolution, he said. Its central principle is that proper spinal symmetry is integral to good health. The first to recognize its therapeutic value were athletes, but "we now have a whole gamut of patients," he said. "I can walk through my waiting room full of patients and go from a 9-month-old baby to a 90-year-old, from the refined athlete to the weekend warrior."

Spinal-manipulative therapy recognizes that the nervous system plays a regulatory role in a great many bodily functions, he explained. Many of his practice's patients are coming long before the aches and pains arise, he noted.

Since they moved into the current location last March, the practice has expanded to four licensed chiropractors, he added.



**Apples Fresh from our
Controlled Atmosphere Storage**

MacIntosh, Cortland, Empire,
Mutsu, Macoun,

A Great Time to Ship Apple Gift Packs!

Winter Sale

All Holiday Merchandise & Selected Gifts 50% Off
All Gifts & Fancy Foods 20% Off



INDIAN LADDER FARMS 342 Altamont Rd.
Altamont, NY 12009
(518) 765-2956

Store Open 9:00-5:00, 7 Days, Year-Round
Yellow Rock Cafe
Serving 11:00-2:00 Weekdays, 10:00-3:00 Weekends

**We're Here to
Save Your Smile!**



Complete Family Dentistry for All Ages

NEW PATIENTS WELCOME

■ IMPLANTS ■ ORTHODONTICS ■ ORAL RECONSTRUCTION
■ PERIODONTAL THERAPY ■ COSMETIC DENTISTRY ■ DENTURES

Most Insurance Plans Accepted As Partial Payment

Delmar Dental Medicine

Thomas H. Abele, D.M.D. • Geoffrey B. Edmunds, D.D.S.

344 Delaware Ave., Delmar (next door to St. Thomas Church)
Hours: Mon.-Fri. 8 a.m.-5 p.m. • 439-4228

E&S enjoys new home

By Bill Fonda

In 1998, E&S Detailing reaffirmed the adage about the three keys to business success — location, location, location.

After moving from Corning Hill, E&S just spent its first full year at 62 Hannay Lane in Glenmont, where it shares a building with Bethlehem Auto Service, and owner Ed Ciccone said it was the shop's best year ever.

"This location is more convenient because I'm hooked up with Bethlehem Auto Service. They do repair work, and I do body work. It's a good trade-off," he said.

The move also led to enhancements in E&S Detailing's service. The shop installed the Martin Senour paint mixing system and the high-volume, low-pressure (HVLP) spray system, which combine to make painting more cost-effective.

The Senour system allows employees to mix only the paint that is needed for a job, and the HVLP system is cleaner because it applies more paint to a car with less overspray.

The other major upgrade occurred when E&S Detailing became the Capital District's only NAPA Autocare Collision Center, providing customers with a high-quality repair service using NAPA parts.

"NAPA is a big company, very reputable with parts, and people recognize the NAPA logo as one they can trust with their car," Ciccone said.

Although the changes have increased the quality of the work done at E&S Detailing, Ciccone strives to keep prices low.

"We like to provide a good, honest price for our customers. We don't have to retire on every job we do," he said.

For information, call 432-9681.

Delmar Dental offers peace of mind

By Maureen O'Connell

If you're looking for a dentist that can treat your teeth with the most advanced technology, you don't have to head to New York or Los Angeles. Delmar Dental has this technology and can get your smile looking great faster than you can say "cheese."

Thomas Abele, DDM, and his partner, Geoffrey Edmunds, DDS, operate one of the most intensive practices in the state, right in Delmar. Delmar Dental has just finished renovating its facility, adding the most modern technology to enhance your dental experience. Among these is a totally integrated education system, which shows patients what the dentist sees when he examines. Each room has TVs which allow the patients to work with the doctors to choose the procedures that are right for them.

"We use inter-oral cameras to point out areas that might be of concern," said Abele.

Being able to see the problem and what will be done to fix it gives many patients peace of mind. Even the most timid patients feel more at ease, being able to see what is being done to their teeth. Abele said Delmar Dental hopes to be adding more of this technology in the near future.

Delmar Dental is also unique in that its laboratories are located directly upstairs, as opposed to downstate or across the country, as many dentists' labs are. All work, whether crowns or implants, is done at Delmar Dental.

"We're about the only practice in the area that does that," said Abele. When Abele graduated from the University of Pittsburgh in 1969, he joined in practice with his father, who was a lab techni-

cian to create this unique opportunity for patients. His father has since retired, but Abele continues to offer patients a laboratory right on the premises.

"If a patient wants cosmetic work done, we bring a technician who does cosmetic work down and they can do the shading right there," said Abele. "This way if there's a question about color or shade it can be discussed more directly."

Having the technicians on the spot can also make the repair of dentures quicker and cause less hassle for the patient.

Abele feels having the technician on site gives patients peace of mind.

"Patients can communicate more effectively with the technician," he said. "There is no middle man."

Jump Into Spring

with ...

Easy to Wear,
Unique Fashions

...for woman by

Jackie ♥s John

and other select designers

Jackie ♥s John Company Store

594 New Loudon Road, Newton Plaza
Latham, NY 12110

783-3805



Look for our Spring ad for our new line of products!

**QUALITY
LANDSCAPE
SUPPLIES**
RESIDENTIAL and COMMERCIAL

BAGGED • Large and Small Nuggets • Red Hemlock Mulch
• Dark Bark Mulch • Peat Moss Bales • Cedar.

BULK • Double Ground Dark Cherry Mulch • Cedar Mulch
• Red Hemlock Bark Mulch • Recycled Wood Chips

New Items for 1999

Ruby Red Mulch • Lava Rocks
Colored Stone Products

We carry Salt/Sand Mix

SCREENED TOP SOIL • SAND • DECORATIVE STONE
CLEAN WOOD WASTE RECYCLING

EXCELLENT DELIVERY SERVICE AVAILABLE
from a minimum of 2 cubic yards to 80 cubic yard -
tractor trailer loads ... or you can pick up at our yard.

EQUIPMENT SALES • RENTALS and REPAIRS
We represent the following lines: Brush Bandit Chippers,
Carlton Stump Grinders, McCloskey Brothers Trommel Screens,
West Salem Machinery Wood Hogs, W.H.O. Tub Grinders

★ WE BUY AND SELL USED EQUIPMENT ★

Call **W.M. BIERS, INC.**

For all your landscaping needs

(518) 434-2747

Located at the Port of Albany
off Route 787, Albany, NY

HOURS: Monday-Friday 7am-4:30pm

Independence
& Freedom

145 Years of Service to the Elderly

Independence and Freedom
without the worries of living alone ...

- All rooms are private with individual in-room emergency response systems.
- Screened-in porches overlook the gardens and courtyard.
- Home cooked meals are served in our spacious dining room.
- Daily housekeeping and laundry/linen services are provided.
- Activities Coordinator schedules daily activities — entertainment, games, parties and social events.
- Respite Program allows you to try or utilize our services on a temporary basis.

THE ALBANY
GUARDIAN
SOCIETY
HOME

465-6395

553 Clinton Ave., Albany, NY 12206



Latham chamber to celebrate 15th

By Bill Fonda

Coming off a successful 1998, the Latham Area Chamber of Commerce is preparing to celebrate its 15th anniversary in style this year.

"We're all pumped and excited about this year, especially since it's our 15th year," said Communication Director Traci Stewart.

The chamber added 105 new members last year, thanks to a successful membership drive in November and referrals from existing members. The new members include Latham Motor, Plug Power, Residential Opportunities and Central Service Center.

"It was a good mix of small and large business," Stewart said.

Last year also saw the return of Executive Director Nancy Kruegler from a short-lived retirement that began Jan. 15 and ended April 30. Stewart said Kruegler was originally going to return on a temporary basis, but has since decided to stay.

"We're all very excited, considering she helped start the chamber," she said.

The chamber offers health and dental insurance, cellular phone and pager discounts, mandatory disability insurance, Internet services, networking mixers and the monthly "Good Morning, Colonie!" breakfast seminars.

The Feb. 4 breakfast will feature Dale Carnegie Training sponsor Glen Harrison and is called "Speaking Made Easy." Topics for future breakfasts will include press and media relations, advertising and marketing, the Internet, and hiring and firing.

"We try and mix business and fun," Stewart said.

According to Stewart, one of the chamber's major focuses under new chairperson Teresa Scicchitano of New York Life Insurance is to continue get to know its members on a one-on-one basis.

"They've developed into being friends. It's more like a fraternity

than a business organization" she said.

The chamber will hold its annual dinner Friday, Jan. 29, at the Century House. This year's theme is "An Evening of Elegance."

"We've never done that before; we've always had costume parties," Stewart said.

Office Appreciation Day will be held in April, and the chamber's golf day will be in June. The 15th anniversary membership directory will include pictures highlighting the chamber's growth, and the Buyer's Guide will be revamped so it is more like the Yellow Pages.

"It's going to be easy to use; that's what we're aiming for," Stewart said.

The chamber will also be hosting a professional clothing drive, collecting and distributing clothes for agencies like Equinox, Community Maternity Services and El Centro that are looking to get people back into the work force.

For information, call 785-6995.

Know your assets



Mark Bryant and Jeff Bryant of Bryant Asset Protection on 1280 New Scotland Road in Slingerlands pride themselves on personal service and professional support staff. The firm brings two distinct disciplines to its customers, financial planning and investment expertise. Individuals who are looking for a family business they can rely on to develop a professional relationship will find Bryant Asset most helpful. To learn more about the firm and the types of services it offers, check out its Website at www.bryantasset.com. For information, call 439-1141.

Elaine McLain

ENGEL'S FARM and MARKET

— SINCE 1870 —

Colonie's Oldest Business in the Heart of Colonie

Don't forget us this Spring!

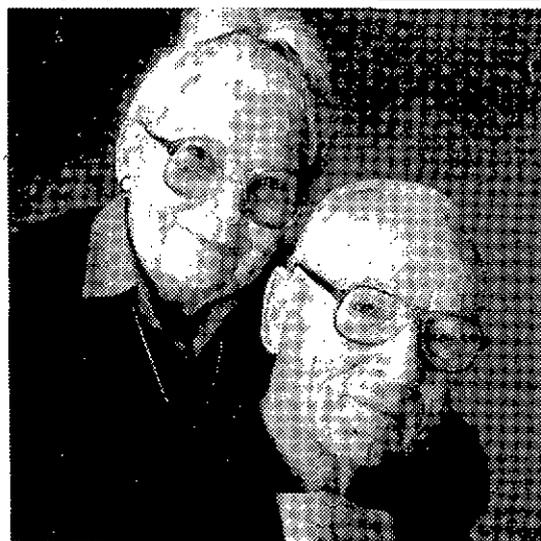
For Fresh Home-Grown Vegetables and Baked Goods

- | | | |
|------------------------|---------------------------|-----------------------|
| • Bedding Plants | • Potted Tomato Plants | <i>Seasonal Items</i> |
| • Fruits & Vegetables | • Home Grown Corn | • Pumpkins |
| • Annuals & Perennials | • Vermont Cheese | • Apple Cider |
| • Hanging Baskets | • Home Grown Strawberries | • Cider Donuts |
| • Home Made Pies | • Heidelberg Breads | • Mums |

Oscars Smokehouse Products

Albany Shaker Road, Exit 4 off the Northway (opposite the Desmond) 869-5653

Recycle this newspaper



Family. Discount.

At Family Funeral Care, we discount the price of our funerals by as much as \$1,000 or more*. You choose only the options you want. And you only pay for those items. What we never discount is the fact that your family wants convenience, quality, professionalism and peace of mind. The highest standards. The lowest costs. That's what we're committed to. We invite you to compare.

Call us at 382-5440. We'll be happy to send your family our complimentary video tape.

*Based on the 1996 NFDA Survey of the national average, \$4,782.00.

Family FUNERAL CARE
 "Quality Service at an Affordable Price."
 40 North Brandywine Ave, Schenectady
 Toll free 877-508-CARE (2273)

Sylvan Learning Center helps students learn how to learn

By Katherine McCarthy

The Sylvan Learning Center at Pine West Plaza in Albany is in its third successful year, and is about to open a second center in Clifton Park.

The second facility will be at 56 Clifton Country Road, and director Cathy Hull is excited about the expansion.

"This will help us to reach students further north of the Capital District," Hull said.

"We specialize in private remedial and supplemental education in basic academic skills for students from kindergarten through adult," Hull said.

The local Sylvan branches are just two of 700 Sylvan Learning Centers worldwide.

"The purpose of the Sylvan program is to complement and supplement existing educational programs," Hull said. "Our instruction takes place after school, and we have regular meetings with parents, and with the parents' permission, we work closely with the student's classroom teacher and guidance counselor."

Hull said Sylvan has been very successful in Albany, with an en-

rollment of nearly 300 students last year. Hull was hesitant to attribute the increase to anxiety over New York State's new Regents for All mandates.

"We're still in the initial stages of growth," Hull said, "so it's hard to say if the increase is due to Regents for All or is just part of a

Part of our emphasis is on being ready for college, and this includes study skills as well as college testing. It's important to teach students how to be independent workers, so we teach things like time management and advanced reading and writing skills.

Cathy Hull

regular growth curve. Both students and parents are in tune with the need to have strong reading and math skills, and we are hearing parents ask what they need to do for the Regents. Strong study skills will definitely help students prepare for those

tests."

Sylvan's emphasis on critical thinking skills and effective learning strategies will help students reach their academic goals.

"Our students learn how to learn," Hull said, "and that's a skill that lasts a lifetime."

Sylvan's course offerings include reading, basic math, high school math, writing, study skills and SAT prep and college preparations.

"Part of our emphasis is on being ready for college," Hull said, "and this includes study skills as

well as college testing. It's important to teach students how to be independent workers, so we teach things like time management and advanced reading and writing skills."

Students who enroll at Sylvan at any level begin with a diagnostic assessment to identify each student's academic strengths and weaknesses.

Sylvan then prepares an educational prescription, which goes hand-in-hand with a motivational program designed to build positive learning attitudes

The addition of progress assessments with parents and teachers rounds out the Sylvan pro-

gram.

All of the instructional staff are certified teachers, and the student-teacher ratio is 3:1.

Sylvan also works in partnership with the Johns Hopkins Institute for the Academically Able Youth to provide instruction in writing and math for high-achieving middle school students in the Capital District.

"Johns Hopkins used to do summer residential programs for academically able youth," Hull said. "They wanted to reach out to localities, and formed a partnership with Sylvan, which now brings together higher students from across the area. Students qualify

by being in the top 15 percentile on standardized tests."

Some of the writing programs include journalism courses and writing courses that involve peer critique. Trips to art museums or nature centers could result in writing projects on those topics.

"In all our programs, we provide a lot of individual attention, and students can progress at their own rate of speed," Hull said. "All of this happens in a very positive environment, which in turn bolsters a student's self-esteem."

For information about Sylvan Learning Centers, call 869-6005 or visit the web site at www.educate.com.

Prestige Photo & Studio

50 Years of Experience!

- Enlargements
- Digital Imaging
- Wedding Service
- Portraits
- Fax Service
- 1-Hour Photo
- New and Used Camera Equipment

PASSPORT PHOTOS
Only \$9.95 /pair

Valid through 2/28/99

30% OFF
on all DEVELOPING PRINTS

Valid through 2/28/99

Every Wednesday, Second Set of Prints FREE!*

* Not Valid with any other offer.

340 Delaware Ave., Delmar • 478-7213

HOURS: Mon.-Fri. 10-6, Sat. 10-3

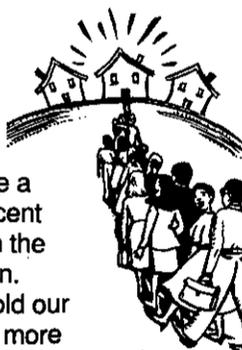
Our Bethlehem Listings Sell Faster & At a Higher Price

That's right! Our listings for 1998 sold on average a full 20 percent faster than the competition. Plus we sold our homes for more \$\$\$, a full 1% more selling price to list price than the area average! Thank you for making Coldwell Banker Prime Properties the leading real estate company in Bethlehem with more listings taken and sold in 1998 than any other broker.

Get your home sold fast!
Call 439-9600

COLDWELL BANKER

PRIME PROPERTIES, INC.
214 Delaware Avenue



104 Days on Market

The Competition

Coldwell Banker Prime Properties 81 Days on Market

Source: CRMIS Listings Sold for 1998, area 150

431-1400

Your Lucky Number.

Your luck is about to change.

A membership in the Albany-Colonie Regional Chamber of Commerce will pay-off with networking opportunities that connect you with potential customers through events such as Monthly Breakfasts, Luncheons, Committee Involvements and Annual Dinners. Along with those connections, you will win great discounts and savings on services from cellular to train fares!

Why Gamble with your Business? Join The Chamber today.

The Chamber
ALBANY-COLONIE
REGIONAL
CHAMBER OF
COMMERCE

Cozy corner



Warm up with a stove from Best Fire at 1760 Central Ave. in Colonie. Vermont Castings gas products are on sale through February.

Elaine McLain

Family-owned Hughes Opticians puts emphasis on friendly service

By Kevin Mitchell

Hughes Opticians, a family-owned eye-care facility, is planning to provide more patient-friendly services this year.

The Hughes family, whose office is at 411 Kenwood Ave. in Delmar, has been serving the public since 1987.

"We've added a new in-house laboratory with an edging machine that enables us to cut down lenses in our office instead of sending them out. This allows us to fill prescriptions in one day," said Thomas Hughes Jr.

According to Hughes, "We've also started offering bifocal disposable contacts, so those who use bifocal glasses can now try

contacts that can be disposed of after about two weeks. We provide free trials in the office for anyone who is interested. The cost depends on how often the patient uses them, but our prices are reasonable. We don't charge initial fitting fees for the lenses."

Patients may also take advantage of evening hours for eye exams. "We administer exams daily and up until 7 p.m. on Tuesdays and Thursdays. We're open Monday, Wednesday and Friday from 9 a.m. to 5:30 p.m. and Tuesday and Thursday from 9 a.m. to 7 p.m. We also have hours on Saturday from 9 a.m. until 1 p.m.," Hughes said.

The Delmar facility, which has four employees, is also reaching

out to youngsters.

"We've renovated the front of our office and added an area for children. We have a play area and a section featuring about 50 children's frames. I've heard many parents say it's cool to have glasses now, so that makes it easier for us. There are a lot of special designs kids can choose from. Some of the selections we have are Disney, Crayola and Nintendo. Since everybody's designing their own frames, kids can get whatever they want," Hughes said.

Hughes is optimistic about the future. "As new technology develops, we'll keep our patients informed about changing trends. We're looking forward to a great year," he said.

Coldwell Banker Prime Properties offers cutting-edge technology

By Kim Harvey

By offering cutting-edge technology and top customer service, Coldwell Banker Prime Properties in Delmar was able to achieve the status of the No. 1 broker in the market in the town of Bethlehem by listing and selling more homes than any other brokerage during 1998.

The Delmar office saw a more than 50 percent increase in business in 1998. Delmar manager David Evans attributes the growth to the aggressive marketing campaign that Coldwell Banker Prime Properties agents employ when selling a house.

Part of that campaign includes a Buyers Guide, which is exclusive to Coldwell Bankers Prime Properties. The magazine guar-

antees that the client's home will be advertised "every day until it is sold," according to Evans.

"The Buyers Guide has been the home buyer's bible when looking for a new home", said Evans. The magazine is distributed widely in the Capital District and is free of charge.

Evans also attributes the office's success to the improved real estate market in Delmar in 1998. Although about the same number of homes were listed for sale in 1998, about 25 percent more homes actually sold, Evans said.

The increase in sales, combined with the fact that not many homes are currently on the market, makes Evans hopeful that people who might be thinking of selling their home in 1999 will

take advantage of what may be a sellers' market.

Evans said "quite amazing" new technology added this year will further assist clients in selling their homes.

The new technology, called One Place, is a sophisticated computer program which instantly delivers the name and phone number of someone who is interested in a home to the sales agent's personal paging system.

The prospective buyer obtains the phone number from a newspaper advertisement, buyer's guide, for sale sign in front of the property, or from the Internet, and pages the agent directly, guaranteeing an immediate response, he said.

EVERYTHING A WOMAN NEEDS FOR TOTAL BODY FITNESS

FITNESS FOR HER

333 Delaware Ave., Delmar • 518-478-0237

A Fitness Center For Women of All Ages & Fitness Levels

**WORK-OUT
GET HEALTHY
GET STRONG
FEEL GREAT**

Owned and Operated
by D.J. Taylor

- Nationally Certified Aerobics Instructor
- Bachelor of Science in Sports Medicine
- CPR & First Aid Instructor

OFFERING:

- A full range of cardio classes daily (all levels), including aero boxing & cardio-kickboxing
- Body Sculpting Classes
- New "Cybex" Circuit
- 22 single station universal circuit
- "Paramount" Crossover system
- Separate free weight room, with glute press, hack squat & more
- Full range cardio network, more elliptical trainers
- Heavy bag & punching bag
- Spotlessly clean locker room and showers.
- Free towel service
- Free coffee bar
- Lots of friendly faces in a fun, nurturing environment

HOURS:
Mon. - Fri.
4:30 AM - 9:00 PM
Sat. - Sun.
9:00 AM - 5:00 PM

Wheelchair
Accessible



A gym designed especially for women who care about themselves.

All for \$35/month.

No contract to sign • No sign up fee • Unlimited use.

Call or stop in for FREE one day pass

THIS TIME OF YEAR CAN BE TAXING.

**ARTHUR PLACE
& COMPANY, P.C.**

Certified Public Accountants

FOR ALL YOUR ACCOUNTING NEEDS

1218 Central Avenue, Albany, New York 12205

(518) 459-8395

Bethlehem chamber serves businesses

By Donna J. Bell

The buck stops at the Bethlehem Chamber of Commerce, according to the philosophy of chamber president Marty DeLaney.

DeLaney said that her staff emphasizes getting business people whatever they need.

"That is that is what is unique about our business; we are small enough to do that," she said.

The chamber, which began in 1957 and is celebrating its 42nd anniversary this year, provides a large range of services, including helping businesses expand or hire new people, writing ads or arranging for one-on-one counseling.

The chamber represents all areas of the business community, including mom-and-pop stores, home-based businesses, churches and not-for-profit organizations, firms with a handful of employees and large corporations.

"When a member calls, we try to find the right person for them," said DeLaney.

If a local resident wants to open a business, the chamber will put the potential owner in touch with a marketing expert, a banker and a financial consultant to help do the "homework" that should be done before the business opens.

The chamber can also act as a

liaison between businesses and governmental bodies.

"People often don't know where to turn to if there is a question with the building, zoning, or town boards," DeLaney said. "Whatever the issue, we try to eliminate the frustrations of people who don't know where to turn by acting as an ombudsman."

There has been a recent infusion of new blood in the chamber with the addition of four new members of board of directors — Cohoes Savings Bank manager Kathy Gela, Delaware Plaza owner Howard Nolan, Spotlight Newspapers general manager John McIntyre and Mannings Menu co-owner Patricia Manning.

"The new directors will bring a fresh perspective to the board and new ideas," said DeLaney. "They are going to provide us in expertise in the different areas that they represent in the community."

The chamber's new officers include Frank Venezia, who was chosen as chairman. Christine McCarroll was selected vice-chairwoman, while Elisabeth Ruthman and Judith Kehoe were named secretary and treasurer, respectively. All will serve one-year terms.

"These volunteers should be commended," DeLaney said. "They donate a lot of time and energy."

W.M. Biers delivers



W.M. Biers, located at the Port of Albany, off route 787, offers quality landscape supplies for residential and commercial customers and buys and sells new and used equipment.

Gary W. Barkman MS, CFP

Master of Science – Financial Planning
Certified Financial Planner

15 Years Experience Retirement Planning

229 Elm Ave. East Selkirk, NY 12158



FINANCIAL SERVICES

478-7204 office 478-0498 fax

Linsco/Private Ledger Member NASD/SIPC

CARR JEWELERS

*Serving the Capital Region
for 80 years*

1919 — 1999

*Our staff provides in-store jewelers with
30-40 years experience to serve all your jewelry needs.*

Estate Jewelry Bought and Sold
Custom Jewelry Designed
Jewelry Repair & Ring Sizing
Watch Repair, Batteries and Watch Bands
Remounts — Change your old jewelry
into something new!

Come in, browse and see our selection of fine jewelry.
Quality Diamonds and other gemstones.
Platinum, 14K - 18K white & yellow gold rings,
bracelets, pendants

*We also have a nice selection of silver jewelry, gold and silver Charms,
children's jewelry and a full line of silver and 14K imported Claddagh Jewelry*

FAIR COMPETITIVE PRICES • QUALITY MERCHANDISE
SATISFACTION GUARANTEED!



Hours: M-T-W-F 10-5,
Th. 10-8, Sat. 10-4
783-2277

Bayberry Square
Rt. 9, Loudon Road
Latham, NY

Blackman & DeStefano Real Estate

would like to congratulate the agents and staff of the Delmar office on their 2nd consecutive record-breaking year - 1998.

Their commitment and professionalism set an all-time office record for both sales volume and number of sales in Bethlehem.

CHARLES BASSETT
ISABEL HERD
SALLY IZZARD
MARTHA MARTLEY
DORIS REED
LEAH ARONOWITZ
FRAN FITZPATRICK
RO MOSMEN

PHYLLIS RICHARDS
RUDY TROEGER
CATHY COOLEY
MARGRET HAZAPIS
MARGE KANUK
GRACE LAIDLAW

CATHERINE PARENTEAU
JANET SHAYE
DORIS VINEBERG
KEVIN DANIELS
LYNNE HANSEN
HELEN HOOLE
JACK HORAN
CONNIE SHUPP

WILLIAM B. ALSTON, JR.
PARTNER

WHEN YOU WANT TO BUY OR SELL A HOME IN BETHLEHEM,
RELY ON THE PEOPLE WHO SELL THE MOST HOMES IN BETHLEHEM.

BLACKMAN & DESTEFANO Real Estate • 231 Delaware Ave., Delmar • 439-2888

Buenau Opticians has all eye services

By Joseph A. Phillips

What makes Buenau Opticians of Delmar special? "Us," says proprietor Michael Buenau.

Michael carries the standard for the third generation engaged in a family business that dates back to his grandfather, J. Peter Buenau, who launched the optometry practice in 1915.

"My grandfather did everything," said Michael. But the founder's three sons specialized, two becoming licensed optometrists, the third an optician. Michael's son Jeffrey is carrying on the family tradition into a fourth generation.

Today, with four physicians on staff, all affiliated with Albany Medical Center, Buenau offers a full range of eyewear and eye care services, including examinations, custom contact lens fittings, and custom and lifestyle fittings of eyeglasses.

A new service launched last year is corrective laser surgery, in a co-management agreement with LCA Vision of Albany. Examinations and pre-surgical workups of eligible patients take place at the offices at 228 Delaware Ave., as do follow-up examinations. The high-tech procedure itself takes place at the LCA's Corporate Woods laser facility.

On the contact lens front, Buenau now offers the latest in contact technology, the new Acuvue bifocal disposable lenses.

Buenau opened its Delmar office in 1970, and with the closing three years ago of its Albany branch, the practice is now exclusively located in the suburban community.

Their services include seminars educating their clients in changes in the field of eye care. The next such seminar is set for Jan. 28 at 6 p.m. in the Delmar office.

Buenau Opticians are open weekdays, 9 a.m. to 5:30 p.m., Thursdays until 7 p.m. Saturday hours are 9 a.m. to 1 p.m. For information, call 439-7012.

Brown School sets open house Feb. 4

By Katherine McCarthy

Brown School, located at 150 Corlaer Ave. in Schenectady, was that town's only non-sectarian, independent school when it opened in 1893.

In 1998, it had 250 students, including its first eighth grade class. Although the school has added grade levels in the last three years to create a middle school, spokeswoman Joanne DeVoe said eighth will be the final grade at the school.

With only 250 students in the whole school, students can get individualized attention. Brown School utilizes an integrated approach to language arts and social studies.

Spanish language classes meet daily, and extended blocks of time are scheduled for science and art labs and there is a state-of-the-art technology lab.

There are also before and after school programs available and private lessons in subjects like music or taekwon do.

"The Brown School curriculum

is based on a continuum from nursery through eighth grade," said Amy Vegter, chairwoman of the school's board of trustees. "Still, new students transferring in from other schools are readily accommodated and settle in very quickly."

DeVoe attributed that ease to the General Electric legacy.

"Brown School was once predominantly for the children of GE executives," she said. "They were from all over the U.S., and from other countries. The Brown School was always very accommodating and welcoming. Maybe it's the smaller classes, and people are eager for new friends. The children here have a kindness and welcoming about them, and there's a lack of cliqueishness. Maybe their experiences have been broader, and the students are able to assimilate more easily into the mainstream."

Valerie DeSorbo, whose daughter Nicole is an eighth-grader at Brown School, agreed.

"Brown School provides a won-

derful balance of vigorous academics within a supportive environment," DeSorbo said. "Our students are more at ease with themselves and very motivated to learn. There's a freedom from some of the social pressures you see on larger campuses. This very comfortable atmosphere is very conducive to learning — our teachers love to teach and our students love to learn."

Located in the former Notre Dame high school in Schenectady, the Brown School is convenient to most of the Capital District. "We're off Balltown Road and Consaul Road, in the Hannaford Plaza/Mohawk Mall area" DeVoe said.

Brown School will hold an open house on Thursday, Feb. 4, at 7 p.m.

Parents will meet Brown School parents, hear about the school, and visit classrooms and meet teachers.

For information, call 370-0366, or visit the school's Website at <http://www.brownschool.org>.

Family Danz emphasizes local focus

In this age of corporate mergers and huge faceless companies sending you a bill each month, it's more the exception than the rule to find a business that's locally based, and which reaches out to its customers.

One such business is Family Danz Heating and Air Conditioning of Delmar.

Owner Tim Danz and his staff take great pride in offering the best in products and services to residents throughout the Capital District.

"We pride ourselves on good quality and honest service," said service manager Todd Danz. "We

are available 24 hours a day. If you call us at 1 a.m., you will get a call back right away."

Things have been hopping as a result of the recent cold snap, but whether it's teeth-chattering cold or searing hot outside, company representatives will do their best to keep it moderate and comfortable inside.

Running a family-owned business with local roots, Tim and Todd Danz try to maintain good relations with the community by generously sponsoring the Bethlehem Tomboys girls softball league, which at once time was in danger of folding due to lack of

financial support.

Family Danz is also involved in Babe Ruth baseball, Little League, Mickey Mantle baseball, the Senior Celebration and the Slingerlands playground project.

Civic involvement is not just a way of connecting to people, however, since lasting relationships and friendships have resulted from the company's support of local organizations.

For your heating and air conditioning needs, Family Danz can be reached at 427-8685.

The company also has branch offices in Albany, Clifton Park and Troy.

Free Information From the Latham Area Chamber of Commerce

Small
Business
Owners! Get
information for
your business
on saving
money and
time!

Take Advantage of:

- Group health & dental insurance
- Discount payroll services
- Discount cellular phone service
- Discount advertising
- Free conference room/fax machine/copier use
- Networking & educational opportunities
- Much, much MORE!

Contact the Chamber today!

LACC
849 New Loudon Road
Latham NY 12110
785-6995
Fax: 785-7173



CAPITAL REGION TENNIS & FITNESS

A Full Service Fitness Center for Men and Women

Serving the Capital Region for 25 Years

Featuring:

- * 6 Indoor Hard Courts
- * Full Circuit of Bodymaster Equipment
- * Certified Professional Tennis Staff
- * Certified Fitness Trainers
- * Tennis Programs for All Ages & Skill Levels
- * Personalized Fitness Programs
- * Tennis Leagues for Men, Women & Juniors
- * Full Line of Cardio-Equipment

Call 436-3556 for your

FREE Trial Workout or **FREE** Tennis Clinic

205 Southern Boulevard, Albany, NY 12209 (Behind Howard Johnson's Restaurant)



Orange



MAZDA

Now! Together In Our
Brand New Showroom
799 CENTRAL AVENUE • ALBANY, NY



- ★ 83 Years In Business
- ★ Free Lifetime Oil Changes When You Purchase Here
- ★ Over 400 New Vehicles To Choose From
- ★ Huge Pre-Owned Selection Starting at \$3,995
- ★ Commercial Accounts Dept. To Serve Your Business
- ★ Heavy Duty Truck Dept.
- ★ Hassle Free - Benchmark Pricing

489-5414

799 CENTRAL AVE. • ALBANY, NY

Italian-American Community Center offers special restaurant

By Maureen O'Connell

Where can you find real Italian food and fun in the Capital District? Where else? The Italian-American Community Center.

The Italian American Community Center in Albany has been a part of the community since it was founded in 1971. It's been in its current location on Washington Avenue Extension since 1973, when members of the Sons of Italy sold their downtown building to finance construction of the current facility.

"Italian business owners that were all involved with the Sons of Italy sold the Sons of Italy building downtown," said Paul Franchini, general manager. Charter members also contributed to the expenses of the building.

"A little more than 200 people chipped in \$500 each," Franchini said. The building was supposed to be something similar to the Jewish Community Center on Whitehall Road in Albany, with a pool and space for activities, such as banquets and parties. The restaurant part came later.

"Someone decided to open the restaurant as a way to support the building," said Franchini. The restaurant is open to the public, and brings in people from all over the area, both members and non-members.

The menu itself is very intensive. We do try a little bit of everything. We try to hit different regions of Italy with our specials.

Paul Franchini

The restaurant was given the name Le Caravelle Ristorante in 1994, to distinguish it from the community center. Le Caravelle was chosen after a type of ship that Christopher Columbus sailed on in his voyage to the Americas.

Franchini said Le Caravelle is privileged to have Chef Scott Euvrard, a graduate of the Culinary Institute of America and member of the American Culinary Federation, in charge of the kitchen. Although most fare is Italian, Franchini said the restaurant

offers a wide selection.

"The menu itself is very intensive," said Franchini. "We do try a little bit of everything. We try to hit different regions of Italy with our specials."

Franchini said past specials have also included some German dishes, as well as those from other parts of Europe.

Besides the restaurant, the Community Center provides its mem-

bers with space for banquets and parties, including a pavilion area outside. There is also a pool and bocce courts for use in the summer.

Members of the club can take advantage of specials at Le Caravelle Ristorante, including Family Day Sunday and half price pasta on Tuesdays. On Family Day, meals are buy one, get one free.

The Community Center also offers a women's league, women's,

men's and mixed bocce leagues, and senior groups and trips. Annual events include sponsoring the Columbus Day Parade, and a family festival in August, including rides, crafts, art, music, and of course, food.

To become a member, one

must be able to provide proof of Italian heritage on at least one side of the family within the last three generations. For information, contact the Italian American Community Center's membership office or visit the center online at www.italianamerican.com.

Peanut Principle is nut-lovers' paradise

By Katherine McCarthy

If things seem a little nutty up in Latham, maybe you've run into The Peanut Principle at 1158 New Loudon Road.

"We're in our 11th year," said Kathryn Cassimeris, who owns The Peanut Principle with her husband Nick.

She noted that the store with the greatest variety of nuts in the Capital District. "We offer everything from A to Z; well, A to W - almonds to walnuts."

In addition to nuts, the Peanut Principle sells homemade candies, gourmet jams, and coffee beans.

"We've been here since November 1988," Cassimeris said. "We opened this as a retirement business. Nick had been in the wholesale nut business, and my father was a candymaker. We started this because we were a little bit bored. It turned out to be a lot of fun and a lot of work."

Part of the fun came in tasting and choosing the products they

would sell.

"We tasted a lot of jams before opening," Cassimeris said. "We ended up going with Clearbrook Farms from Ohio; they were the closest to homemade."

The Peanut Principle also makes up custom gift baskets.

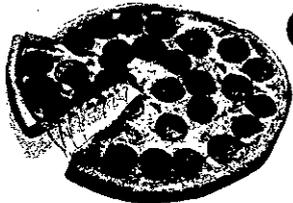
"They've become very popular at holidays or for birthdays," Cassimeris said. "We specialize in custom-made baskets. Sometimes our customers will come in and tell us exactly what they want in the basket, or give us a price range and we'll make up the basket."

The Peanut Principle can also ship baskets for its customers.

At home in Latham, the Cassimerises make sure things are fun.

"Our employees are 'special nuts,'" Cassimeris said. "They have name tags with names like 'Little Peanut,' 'Big Nut,' 'Kooky Nut,' and 'Plain Nut.' Our principle is that if we can make it nutty, we will."

**Pizza, Wings, Hot/Cold Subs,
Calzones & Salads**
**Fresh Dough
Made Daily**
Cheese Grinded Daily



Only the freshest products • All fresh vegetables

14", 16" & 18" Pizzas Available

Locally owned and operated

365 Delaware Ave., Delmar • 439-7669

Free Local Delivery!

**Open Noon
Super-Bowl
Sunday**

FIRST UNITED
MORTGAGE COMPANY

MAIN SQUARE
318 Delaware Avenue,
Delmar
Steve Gally

Purchases • Debt Consolidation • Home Improvements
Property Tax Escrows Available • Loans for self-employed
Loans up to 125% of the value of your home
Cash For ANY PURPOSE!

439-9515

Fax **439-9533** • Toll Free **(800) 580-5363**

smgally@ibm.net

"All programs subject to underwriter approval"

Licensed Mortgage Banker - NYS Banking Department

**Soccer coach. Track coach.
Swimming coach.
How about a study coach?**

Even the brightest students can have poor study skills. At Sylvan, we have a unique program designed to help students do better in school by teaching them effective time management, goal-setting, note-taking and test-taking techniques. Call Sylvan today to help prepare for greater academic and personal success.

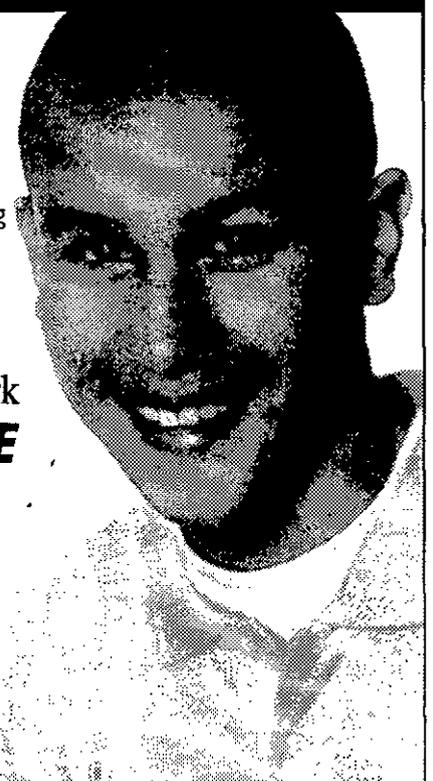
Albany & Clifton Park
1-800-EDUCATE



Success is learned.SM
www.educate.com

©1998 Sylvan Learning Systems, Inc.

READING WRITING MATH SAT ACT STUDY SKILLS COURSES FOR CREDIT



Guardian Society Home provides quality care

By Mel Hyman

To be in business for 145 years, you must be doing something right.

The Albany Guardian Society Home is unique in quite a few ways. First off, it's an independent nonprofit not aligned with a corporation or company based hundreds of miles away. At a time when adult care and nursing home businesses are charging up to \$60,000 a year, that's more the exception than the rule.

"We're in our own little world," said Guardian Society Assistant Administrator Vernice Brown. "We're not corporate-owned, and we don't get subsidized by anyone."

Nestled in an 1870s Victorian-style mansion at 553 Clinton Ave., the Guardian Society building hardly has the look of an institution or retirement home.

"I know people who have passed the building a hundred times and don't know we're an adult home," Brown said. "We try to maintain a home-like atmosphere and fit in with the neighborhood."

Besides the comfortable setting — the mansion looks much the way it did 129 years ago when it was built. It is also affordable for seniors who no longer want to live on their own, but don't yet need the services provided by a skilled nursing home.

At \$1,140 per month, the cost of living in the Guardian Society Home is less the half of what most similar facilities in the area charge. All of the rooms are private and as long as you don't mind a shared bathroom, it's a pretty good deal.

Three meals a day are included, along with laundry service, housekeeping, 24-hour medical supervision and an array of social activities. Frequent excursions are made to Washington Park, citywide festivals, trolley rides and fall foliage trips.

The median age of residents is about 79; the youngest is 58 and the oldest is 103.

Arbor Hill in Albany is probably not the first place that comes to mind as far as a home for older adults, but Brown sees signs that the neighborhood is staging a comeback.

And even with the hustle and bustle of Clinton and Central avenues just a few short blocks away, once you enter the Guardian Society Home with its stately decor, grand pianos and elegant staircases, it's like another world, Brown noted.

Plaisted keeps up with dental trends

By Mel Hyman

Dentistry has changed dramatically over the past 10 years and Dr. Virginia Plaisted — a Delmar practitioner for the past 17 years — has made sure she has kept up with the times.

"It's totally different than when I started," she said. "Today, for the most part, you don't use silver fillings. Our new materials are much better, look nicer and last longer, whether it's fillings, crowns or root canals. We also do a lot of bleaching today."

Plaisted earned her bachelor's degree from SUNY Buffalo and her dental degree from Case Western Reserve University in Ohio.

But her education didn't end there. In order to keep up with the latest techniques and procedures in dentistry, she recently completed a continuing education program that brought her up to speed on all aspects of the field.

Besides advances made in surgical dentistry and the treatment of periodontal disease, "Cosmetic dentistry has made great strides. You can have major work done on your front teeth now, including a cap, and no one would know what was done," she said.

Despite the seeming high cost of dental care, Plaisted said "dentistry is cheaper than it was 50 years ago" after inflation.

There is one development that does concern Plaisted — the lack of closeness between doctor and patient, especially "in a clinic setting where you're accepting a lot of insurance, and you have to be like a machine sometimes."

Plaisted prides herself on the

fact that some of her patients have been with her for the last 16 or 17 years.

"I see them more often that they see their own doctor," she said, "so many times I can spot things or tell them if I don't think they look well. I value the relationship I have with my patients and the entire family for that matter."

Dr. Virginia Plaisted

While some people prefer to talk about politics, sports or their favorite movie, Plaisted readily admits to being more than pleased to talk about her profession. She recently taped a program on the Bethlehem public access station Channel 31.

"I could talk about dentistry forever," she said.

Our new materials are much better, look nicer and last longer, whether it's fillings, crowns or root canals.

• school's out, inc. •

— a non-profit, school age childcare program —

239 Delaware Avenue • Delmar, N.Y. 12054

- Before and After School Care in all Bethlehem Public Elementary Schools and Churches (7:30-9:30 a.m.) (3:00-6:00 p.m.)
- Transportation and Care on 1/2 Days of School (12:00 - 6:00 p.m.)
- Field Trip Program on Full Vacation Days (7:30 a.m. - 6:00 p.m.)
- Half Day Kindergarten Enrichment Program that complements Public School Kindergarten. (7:30 a.m. - 12 Noon) (12 Noon - 6:00 p.m.)
- Family Support and Special Needs Program.

439-9300

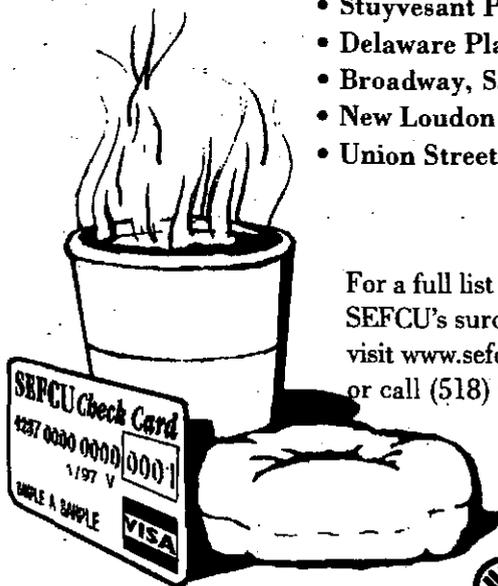
Licensed by the New York State Department of Children & Family Services

Hot Javahh!

fresh Bagels,
and FAST CASH!

SEFCU announces five new ATMs at the following Bruegger's Bagel Bakery locations:

- Stuyvesant Plaza, Albany
- Delaware Plaza, Delmar
- Broadway, Saratoga Springs
- New Loudon Road, Latham
- Union Street, Schenectady



For a full list of SEFCU's surcharge-free ATMs, visit www.sefcu.com or call (518) 452-8183.

SEFCU
A Federal Credit Union

INDOOR WEATHER FACTOR

"Just add water."

If you think comfort is just a matter of putting the right amount of heat into the air, your Carrier indoor Weather Expert would like to introduce you to water. A little humidity is the secret ingredient that can make you, your woodwork, your electronic equipment and even a sore throat more comfortable... even at energy saving temperatures. Ask us about our special offer on Carrier humidifiers.

Carrier

CUSTOM MADE INDOOR WEATHER™



FAMILY DANZ
HEATING & AIR CONDITIONING INC.
Neighbors You Can Trust
DELMAR 439-2549
ALBANY/COLONIE 427-8685

RESIDENTIAL • COMMERCIAL
SALES • SERVICE • INSTALLATION
FREE ESTIMATES • FINANCING AVAILABLE
We Service & Clean All Makes
Niagara Mohawk Participating Contractor
Air Duct Cleaning Available

FIND US FAST IN THE YELLOW PAGES



From the Heart continues to find homes for orphans

By Katherine McCarthy

It started as a project that Mark and Janice Serbalk Bergeron were only going to dabble in, but came so entirely from their hearts that a full-fledged business was born.

From the Heart Adoption Services in Mechanicville has helped place 100 children, mostly from Russia and Ukraine, in homes in the Capital District since it was first licensed in 1995.

Five years ago, the Bergeron's biological children were 15, 14, and 12, and the Bergerons watched a TV program on Romania, whose political and social upheaval drew worldwide attention to children neglected in orphanages.

"Mark had airplane tickets to Romania," Janice Serbalk Bergeron said. "Then the Gulf War

broke out, and Mark delayed his flight. By the time the war was over, Romania was closed down. Our contact referred us to Ukraine. My grandparents were from there, and we adopted Laura."

Although Laura had one poorly functioning kidney and a heart problem when the Bergerons adopted the 8-month-old girl, it was such a positive experience, they were ready to adopt another child a year later.

"We realized that getting one more child wouldn't save enough kids," Bergeron said. "Knowing that we could not adopt all of the world's orphaned children prompted us toward starting our own adoption agency so that we might find more families to adopt these children."

Mark Bergeron began the leg

work, spending half a year in Russia. Today, the Bergerons work with orphanages in a number of Russian cities, and employ independent facilitators to assist them and adoptive parents.

Knowing that we could not adopt all of the world's orphaned children prompted us toward starting our own adoption agency so that we might find more families to adopt these children.

Janice Serbalk Bergeron

Adopting a foreign child is an involved process.

"Parents start with Immigration and Naturalization Services

(INS)," Bergeron explained. "They have fingerprints done, which get FBI clearance. That can take 30 to 60 days. In the meantime, they can begin the home study, which involves filling out

papers about work and their lives, getting a physical, and having a social worker visit the home. In New York, parents also have to be cleared by the Central Child Abuse Registry."

When all of that checks out,

the parents can prepare the documentation for the trip to Russia that they both are required to take.

"They need a passport, an OK from the local police department, a deed to their home or a copy of their lease, letters from a doctor and their employer, and pictures of themselves," Bergeron said.

At that point, parents have received a video, pictures, and medical information about the child they might adopt.

Then comes the trip to Russia, where they go to court to finalize the adoption.

Once home again, Russia requires four post-placement reports. Social workers visit the families in their homes, and offer resources and answer questions families might have.

"The adoptions usually work out so well," Bergeron said. "The

families send us photos of their children, and we have an annual get-together."

Bergeron hesitated to name the cost of a foreign adoption, countering with a question of her own.

"I always ask parents, do you know what the price of a car is, and it only lasts a couple of years?" she said.

To help defray the costs parents incur when adopting children, David Shakow, Bergeron's cousin who also works with From the Heart, is working on finding grant money.

From the Heart also keeps a fund used to purchase medical supplies, food and other necessities for the orphanages in Russia.

Bergeron said that in addition to Russia and Ukraine, the agency has established programs in Guatemala, Chile and Haiti.

With its proven track record, however, Russia remains the most popular country for From the Heart.

The Bergerons are a living testament to the success of From the Heart. After adopting Laura, whom Bergeron described as "the smartest, most wonderful child," they went on to adopt three other Russian children, and are currently at work to adopt another child.

"The kids are all so wonderful," Bergeron said. "If I could take them all, I would."

For information, call 664-5988.

Two Services — One Convenient Location

EXPERT, FRIENDLY SERVICE
Specializing in

- Cooling Systems • Fuel Systems
- Heating & Air Conditioning
- Tune-ups • Computer Diagnostics
- Brakes & Suspensions • General Repair
- NYS Inspections & More!!!

Call for an appointment **439-0311**
Doug Shanley



DELMAR AUTO RADIATOR



Autobody & Collision Repair

Specializing in

COLLISION BODY WORK GLASSWORK

439-2574

90 Adams Street, Delmar



St. Peter's

Addiction Recovery Center

SPONSORED BY MERCYCARE

Providing a complete continuum of treatment for those affected by alcohol and substance abuse

- 24 hours/7 day-a-week access
- Confidential evaluation
- Medical detoxification
- Inpatient rehabilitation
- Outpatient treatment programs

- Women's programs
- Family education and therapy
- Community education/Prevention/Outreach
- Gay and Lesbian-specific programs

For more information call SPARC
(518) 458-8888
Toll free out of area — 1-888-44-SPARC

Certified by OASAS — Accredited by JCAHO

OUT WITH THE OLD, IN WITH THE NEW.

Trade in your used to buy new sport & exercise equipment

At Play It Again Sports, we offer the region's largest selection of used sports equipment. The good stuff you've always wanted. At prices you've only dreamed of. You name it, and we've probably got it. In your size. At sizable savings, too. Stop in soon for the best selection.

- Golf
- Baseball
- Softball
- Hockey

- In-line skates
- Ice skates
- Exercise equipment

- Weights
- XC ski
- Downhill ski
- Snowboards

- Football
- Soccer



Sports Equipment That's Used. But Not Used Up.
Monday - Saturday 10 am - 9 pm • Sunday 11 am - 5 pm
Peter Harris Plaza, 952 Troy-Schenectady Road, Latham, NY 12110
(Route 7, just 2 miles west of the Northway)

518-785-6587

SEFCU 65 years strong

By Katherine McCarthy

State Employees Federal Credit Union (SEFCU) is one of the oldest and largest credit unions in New York state. Like any bank, it offers a full range of financial services from standard checking and savings accounts to surcharge-free ATMs, and 24-hour telephone and Internet banking.

Unlike a bank, it is a not-for-profit organization, and excess revenues go back into services. Two new services that SEFCU added in 1998 were SEFCU Online SM and WebTV.

"SEFCU Online provides the easiest access to account information possible," said Christine Hogan-Kilburn, vice president for marketing. "It's a free and secure website that requires a PIN to access. You can view balances on a minute-by-minute basis to see if a check has cleared, or to check ATM transactions. You can also transfer funds between accounts, and get the new balances on your accounts. Since the service was initiated in June 1998, 10,000 members have enrolled.

WebTV was added in December, and provides the same services as SEFCU Online to members who have Internet access through their televisions. SEFCU also offers DIAL, an automated telephone transaction system, and SEFCU's Call Center allows members to get one-on-one assistance with their financial transactions six days a week.

SEFCU membership is available through employers, and the Credit Union Membership Access Act, signed by President Clinton last fall, means that for the first time in two years, SEFCU can add additional employers to the 350 groups eligible for credit union membership.

"There is no minimum number of employees necessary," Hogan-Kilburn explained. "This new law has expedited the membership process. For an employer to join, they need to send a letter of request to the credit union, stating why they want to join, how many employees they have, and how close they are to a credit union facility." Since the law went into effect on Jan. 1, the credit union administration has approved nearly 70 new groups to credit unions in general.

Hogan-Kilburn touted SEFCU's excellent rates. "I think we have the best rate on 18-month CDs, at 5.02 percent APY," she said, and the same rate is available on 24-month CDs.

Until the end of January, SEFCU is offering 3 percent off personal loans used to purchase new computers.

"If you bought a computer for Christmas, you can still get this lower rate now," Hogan-Kilburn said. SEFCU has been in business for 65 years, and has more than 88,000 members in the Capital District, Syracuse and the Binghamton area. There are seven branches in the Capital District, and with the recent installation of cash machines at Bruegger's Bagel Bakeries, 25 ATMs.

There's no need to fear working out at Capital Region Tennis & Fitness

By Bill Ponda

Between the complicated equipment and the workout warriors in their fancy outfits, a health club can be a pretty intimidating place, but Capital Region Tennis & Fitness is looking to make the experience a little less stressful.

"It's kind of a low-key feel, especially for new people. It's not a chrome-and-spandex kind of club," said the club's fitness director Tom Wachunas.

The gym includes steppers, treadmills, bikes and rowers, along with plate-loaded and free weights.

However, new members will have three to five one-on-one sessions with one of the three staff members to get acclimated to the equipment, compared to one or two at most clubs.

In addition, members are re-evaluated by the staff approximately every 10 weeks.

"Most places would call that personal training

and charge the members for that. We don't do that," said Wachunas.

Meanwhile, Capital Region Tennis and Fitness' six indoor tennis courts and one practice court give players of all ages and ability levels the opportunity to take lessons from the club's five full-time and six part-time professional staff members or participate in leagues.

"People can come in on a weekly basis or for six weeks without making any long-term commitments," Wachunas said.

The club is located behind Howard Johnson's Restaurant at the corner of Route 9W and Southern Boulevard in Albany.

It is open daily from 7 a.m. to 11 p.m. for tennis, and fitness hours are from 6 a.m. to 10 p.m. Monday through Friday and 7 a.m. to 7 p.m. Saturday and Sunday.

For information, including rates, call 436-3556.

ACADEMY of the HOLY NAMES

A Tradition of Excellence in Education since 1884

Girls' Kindergarten through Grade 12 • Co-ed Pre-Kindergarten

A NATIONALLY RECOGNIZED SCHOOL OF EXCELLENCE!



"I have found a very positive and supportive atmosphere at A.H.N.. Everyone is allowed to be herself, and originality is given special consideration."

— Elizabeth Walker, grade 9

1073 New Scotland Road • Albany, NY 12208
(518) 438-7895

Since 1967, Hope House, Inc. has been engaged in serving the needs of chemically addicted persons in the Capital Region. Hope House provides fully staffed residential as well as medically supervised outpatient treatment.

All programs of Hope House, Inc. are accredited by the Joint Commission on Accreditation of Healthcare Organizations and the American Association of Psychiatric Services for Children.



**H O P E
H O U S E**

IS HERE FOR YOU!
To Give or Get Help
Call

482-4673

HERE COMES THE SNOW!

... AND WE HAVE THE SKI PASSES FOR YOU!

Purchase or lease a NEW ('98 or '99) GMC Jimmy, Envoy, Yukon, Denali or Suburban and get a free season ski pass to either Loon Mountain, New Hampshire or Okemo Mountain in Vermont, YOU DECIDE!

NOW THERE'S AN AVALANCHE OF SAVINGS ON THESE SUV VEHICLES



\$2,000 REBATE
1998 4DR. JIMMY'S OR
0.9% FOR 36 MONTHS, 2.9% FOR 48 MONTHS
3.9% FOR 60 MONTHS
THRU JANUARY 31, 1999



SAVE \$3,000
1998
ENVOYS IN STOCK



Also receive
a Thule
Multi-Sports
Rack System and One
FREE in-stock Thule
Attachment complements
of the Ski Market.

• DENALI IS HERE! • DENALI IS HERE! • DENALI IS HERE! •

See Dealer for Details

Stop in today and test drive these vehicles to help you get thru the snow and to the slopes this season.

#1 GMC Dealer in the Northeast!
GENDRON'S
TRUCK CENTER
2702 Sixth Ave., Troy, N.Y. 12181
274-7240 www.gt.com

The Leader
of the Pack!
THE TRUCK
SPECIALIST
#1 IN THE
NORTHEAST!
GMC 5-STAR
PERFORMER

Bender-St. Peter's Laboratory opens fifth clinic next week

By Maureen Freeman

Getting the doctor's order to have blood drawn for lab work may soon be a little easier to take, if only for reasons of convenience.

Bender-St. Peter's Laboratory will open its fifth phlebotomy clinic in Clifton Park Jan. 25, with a sixth scheduled to begin service in Albany in March.

Patients needing blood tests not available at their doctor's office can use the clinics for the routine blood-drawing procedure.

The Clifton Park location, at 963 Route 146, reoccupies the Bender Laboratory office that was closed in September 1997, when Bender Laboratory merged with St. Peter's Hospital of Albany.

Veteran phlebotomist Jean Tranka, who has 20 years' experience helping roll up sleeves and gently sliding needles in veins, will work at that site.

The sixth clinic, to open in March, will be at 1365 Washington Ave. in Albany. The clinics accept all types of health insurance.

In addition to providing medical lab tests to patients, Bender-St. Peter's Laboratory sites have water supply testing services available to the general public.

Whether for a legal requirement or simply for peace of mind, home- or business owners can pick up the testing kits at the laboratory, collect water samples, and return them to the laboratory.

Samples are then sent to the Bender-St. Peter's lab at 9 Samaritan Drive in Albany for analysis, where they may be tested for the presence of scores of types of bacteria, lead or other contaminants.

The water testing can be especially useful for homes supplied with well water, newly purchased homes, or any building whose water supply develops an inexplicable taste, smell or color.

Besides the Clifton Park, Washington Avenue and Samaritan Drive sites, Bender-St. Peter's has clinics at 6 Executive Park (behind Stuyvesant Plaza), 315 S. Manning Blvd. (in St. Peter's Hospital) and 319 S. Manning Blvd. (in the Mercycare Medical Office Building) in Albany.

Children's School offers small classes

One of the most important decisions you may ever make for your child is where they will begin their education.

The early years are vital in forming the foundation of literacy, art, science, mathematics, language development and social skills. At the Children's School at Emma Willard in Troy, teachers focus on the whole child, creating memorable learning experiences each day.

The Children's School at Emma Willard, on Pawling Avenue in Troy, is in its 26th year providing children ages six weeks through kindergarten with innovative learning opportunities that are essential in building a lifelong love of learning.

The school features small classes where children forge special relationships with classmates and teachers. Your child will have the opportunity for one-on-one attention that will give him or her the confidence to explore and understand the world around them. The Children's School offers half-day and full-day programs where a child's unique learning style and interests are fostered providing the building blocks for a successful future in learning.

Twice a month, children at the Children's School donate food to Troy's Unity House. Through this program, children learn the gift of giving to those less fortunate than themselves. They learn community spirit and commitment to a sustained project following through to conclusion with a monthly delivery to Unity House. When the children actually put the food on the empty pantry shelves, they truly appreciate what they have accomplished.

Experts from the Children's School have developed a reading list for pre-school-age children. This list features tips for parents building an appreciation for literature in their children as well as a list of books their children may enjoy. These books range from classics like "Goodnight Moon" by Margaret Wise Brown to information books like "Jack's Garden" by Henry Cole.

The Children's School experts have also put together a "Top 10 New Year's Resolution List" for parents to jump start their young child's education. This list recommends everything from family game night to turning grocery shopping into a learning experience.

For information on either of these pieces or to learn more about the Children's School, contact Meighan Rask, director of admissions at 274-3476.



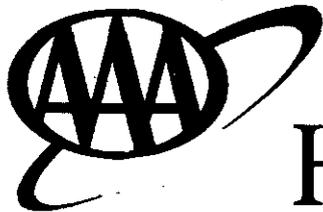
For Over 25 Years Open to the Public

Serving Traditional Italian Cuisine

Open Daily for Lunch & Dinner
(Closed Mondays)

Full Banquet Facility serving from 20-350 guests

257 Washington Avenue Extension, Albany
(518) 456-0292
~ Reservations Recommended ~



Hudson Valley

Travel With Someone You Trust™

Serving the Capital District's traveling needs since 1901.

- ✈ 24-Hour Emergency Road Service
- 📖 Maps, Tourbooks, and Triptiks
- ✈ Expert travel agency for all your airline, cruise, tour, and rail needs.
- 🏠 No-fee American Express Travelers Cheques
- 🎫 Discounted tickets and amusement admissions
- ✂ Show Your Card and Save™

For more information or to join, call or visit one of our conveniently located offices.

Albany 618 Delaware Ave. 426-1000	Hudson 179 Healy Blvd. 828-4537	Troy 514 Congress St. 426-1000
---	---------------------------------------	--------------------------------------

www.aaahv.com



Interior Design

BLAIRHOUSE INTERIORS GROUP

428 LOUDON ROAD
LOUDONVILLE, NEW YORK 12211
TEL: 518-436-1700
FAX: 518-436-1900
Photography: Randall Perry

Destiny Threads features unique handmade textiles

By Elizabeth Conniff-Dineen

Motorists driving past Delmar's Four Corners inevitably slow down to check out the eye-catching handmade quilts and clothes that grace the large display windows at Destiny Threads at 374 Delaware Ave. Instead of creating a traffic jam, why not stop in and get a closer view of the unique merchandise?

Now in its third year in business, Destiny Threads offers a broad mix of textile products, including jackets, sweaters, pillows, rugs and baskets. The shop also offers gift lines and accessories, such as paper-bead jewelry, hats, hand-sewn greeting cards and silk scarves and ties.

All of the items are made by hand, most by American craftspeople and artists. Some are one of a kind, and many can be made to custom order.

Susan Marcus, who co-owns the store with her husband Larry, said, "The two years since we opened have shown that our customers know quality when they see it, and they have definite taste in working with the textile artists to create just the jacket or bedcover they want."

Browsers often comment the store is "like a museum," said Larry Marcus. He said some people may be surprised at the prices on what he describes as "top of the line stuff," but added that the store really "has a wide range of items."

"Ninety percent of the items are made in the United States," Marcus said.

"Some area stores carry some of the same items we do," said Marcus, "but we have a unique, eclectic mix."

In keeping with the Four Corners reputation for excellent service businesses, the couple opened The Sweater Doctor about two months ago.

The Sweater Doctor mends moth holes, shortens collars and sews torn seams. Its goal, according to Susan Marcus, is to "reunite people with their favorite sweaters."

In February, the couple will travel to the American Crafts Council show in Baltimore and the Buyer's Market for American Crafts in Philadelphia to scout out new merchandise, ensuring a new year filled with tempting window displays.

Destiny Threads is open Monday to Friday from 11:30 a.m. to 6 p.m., and Saturday from 10 a.m. to 5 p.m. It is closed Sundays. The Marcuses will also open the shop by appointment. To reach them, call 478-9467.

Kaplowitz Company grows again

By Joseph A. Phillips

These are good times for the home remodeling industry—and especially for the Kaplowitz Company of Delmar.

Heading into its fifth building season this year, Kaplowitz has grown to nine employees, six of them out in the field, including two new lead carpenters and an apprentice. They've upgraded their office space, still at Main Square, but in new quarters above the jewelry store.

They have customers just about everywhere within a 20-mile radius of the Delmar location, and they offer a full range of remodeling services from additions and basements to decks and porches.

"We pretty much cover the entire residential remodeling market," said Ric Kaplowitz.

"The remodeling market is just booming now," Kaplowitz explained. "It's amazing how much work there is out there. A lot of people are comfortable with the economy, so they're spending money. And one of the best places to spend money is in our homes,

which generally hold their value. People are taking advantage of good times to add that dream room they've always wanted."

The remodeling craze has brought a lot of newcomers to the business, and it can be hard for the consumer to sort through the professionals from the fly-by-nighters.

"You just can't get away from the typical image of a remodeler as a guy in a rusty pickup with a triangle hanging in the back window and Rover in the seat next to him," Kaplowitz said.

Kaplowitz has striven for professionalism, proud of a reputation for on-time, on-budget service.

"Our real niche is in design/build, where people come to us with a job, but they don't know how to go about it, or even how to start the process," he said. "They don't know what materials are available. We can package the whole project for them, taking them through from plan to completion."

Kaplowitz offers clients access

to a private design studio, complete material-selection guidelines, and a full-time sales and office staff, "so there's always somebody here to answer to people's needs as they occur."

They handle all phases of the project, from permitting to debris removal when the job is done, and they provide each customer an on-site manager and a detailed job schedule of start and completion dates and every step in between.

They also put a three-year warranty on all materials and service, and back it up with a guarantee of \$500 cash for any customer not completely satisfied with the results.

All of which was enough to boost Kaplowitz Company into Remodeling Magazine's Big 50 list of remodeling contractors for 1997.

"The average-sized job is \$20,000," Kaplowitz said. "When you're spending those big bucks, it's comforting to know that not only does your remodeler offer a warranty, but they carry through and stand behind their work."



Children's School at Emma Willard

Open House—Sunday, February 7
1–2:30 p.m.

The building blocks for a successful future begin here! Meet our teachers, visit our classrooms, and see how we incorporate math, science, art, language arts, and memorable learning into the daily lives of our children, ages six weeks through kindergarten.

285 Pawling Avenue, Troy
Call Meighan Rask, 274-3476, for information.

Looking for a Name to

TRUST

for **AUTO BODY REPAIRS?**

Here Are Two.

**E&S Detailing
Auto Body Shop**



We're your local NAPA AutoCare Collision Center. That means we meet or exceed NAPA's strict quality standards. And we can meet yours. Count on us for estimates and auto body repairs you can trust, top-quality NAPA AUTO PARTS and a beautiful finish with NAPA Martin-Senour paints.

62 Hannay Lane, Glenmont • 432-9681



We are pleased to announce the
formation of

Capital District Urologic Surgeons, LLP

Theodore T. Chang, M.D. • Daniel J. Finn, M.D.
Michael E. Moran, M.D. • G. Michael Ortiz, M.D.
Stuart A. Rosenberg, M.D. • Charles Schwartz, M.D.
David H. Zornow, M.D.

Visit our web site at www.gusurgeons.com

Albany
438-1019

Saratoga
583-0111

Clifton Park
783-7570

Latham
783-7570

Schodack
477-2297

Colonie Senior Service Center moves on

By Maureen Freeman

Colonie Senior Service Center has long given Colonie residents plenty of reasons to look forward to their golden years, and it's adding a few more big ones this year.

For starters, the center will move from its current location at 91 Fiddlers Lane to a brand-new facility at 6 Winners Circle. The new Ralph E. and Elsie K. Douty Senior Center, as the new building will be called, will expand the center's space for a variety of senior programs, dining, educational and recreational.

A multi-purpose room will be able to accommodate larger groups than the center can now. Its expanse can be separated into two or even three rooms, where seniors can attend, for example, a special-event theme dinner or luncheon, a lecture on osteoporosis prevention, a tap dance class, a line dance class or a lesson in

watercolor painting.

There will be so much going on at the new facility that the center estimates it will see about 2,500 seniors a week after it opens in the fall.

The Douty Senior Center will be only part of a new senior apartment complex at 6 Winners Circle, off Wolf Road behind the Marriott hotel. The complex, called the

Beltrone Living Center, will have 245 one- and two-bedroom apartments for seniors.

More than 100 units in one wing of the complex will be

ready at the same time the Douty Senior Center opens this fall. Resident hopefuls can still submit applications for those apartments, some of which are still available.

In March 1998, the center opened Sheehy Manor, a housing facility for low-income residents. All units there quickly filled and applicants are now put on a waiting list.

In the past year, Sheehy Manor, along with the Cabrini Apartments and Bishop Broderick Apartments, became an additional site for the center's regular congregating dining every week.

While the center provides meals five days a week at 91 Fiddlers Lane, it also provides well-attended meals at eight other senior housing locations throughout Colonie on a rotating basis.

The center's new Saturday shopping bus service travels to and from many of these senior housing areas. Begun early in December, the bus trips bring seniors from their homes to area malls and back from late morning through mid-afternoon on Saturdays.

For seniors who need transportation to a specific place at a specific time during the week — to make a Tuesday doctor appointment at 10:45 a.m., for example — the center has its regular bus service, which is by appointment only.

For information about Colonie Senior Service Center and its programs, call 783-2823.

The Douty Senior Center will be part of a new senior apartment complex at 6 Winners Circle.

Capital Upholstery
A CUSTOMER SERVICE BUSINESS and repairs!

FREE
In Home Consultation
FREE
Pick-Up & Delivery

Visit Our Website ejj.net/upholstery.com

CALL 765-2169

First United opens office

By Bill Fonda

Talk about a perk. When New Jersey-based First United Mortgage Co. chose Steven Gally to run its New York state office, they let him choose where the office would be.

Gally, who had been mortgage counselor at Tri-City Funding in Latham after 11 years as a computer programmer for the state, chose 318 Delaware Ave. in Delmar, less than a mile from his home. The office opened in early October.

"That's where I've always wanted office space. Our signs give us good representation, and people who've worked with me at previous locations have followed me," he said.

First United offers a variety of home equity loan products, and Gally said the company works with a lot of people the banks have turned down.

"We'll give them the special attention they need to get into a program," he said.

Another service First United provides is the 125 Program, allowing people to borrow 125 percent of the value of their homes, minus what they owe. This allows for lower payments, interest rates, amortization and a tax write-off.

"It's a good way to get out of a lot of credit card debt," Gally said.

First United was founded in 1992 and has 16 offices, six in New Jersey and the rest in Ohio, New York, Pennsylvania and Maryland. In spite of its relative newness, it has become the biggest Federal Housing Administration lender in New Jersey.

"They're not afraid to give me the support I need," Gally said.

That support will soon include a mortgage processor and more loan officers in about six months, which should end Gally's days as a veritable one-man band.

"It's not unusual for me to go back to the office for a couple hours after I put my kids to bed," he said.

Gally does a lot of traveling as well, but he can do a lot of work over the phone. "I've done many loans for people I've never met face-to-face," he said.

However, Gally always offers to meet with people either at their home or his office, and when he does, he can use his laptop computer to call up information and fill out applications. This allows for less paperwork and saves time because the same information does not have to be handwritten on multiple forms.

"Being a computer person, it's a natural to do it that way," he said.

For information, call 439-9515.

Prestige continues upgrades

By Joseph A. Phillips

What's developing down at Prestige Photo and Studio for 1999? How about a new darkroom?

"We're painting it as we speak," said proprietor Paul DeSarbo of the new black-and-white facility, which will be available next month.

The new room is part of the ongoing effort of the Delmar studio, a family business at 340 Delaware Ave., to offer the latest in equipment and services to the hobbyist but also to the everyday customer looking for a portrait or a photo restoration.

Though DeSarbo is fascinated by yesterday's technology — he runs the camera museum at the Altamont Fair, and his shop is replete with old-fashioned equipment like the 1930s Eastman View Camera just inside the front door — he's on the cutting edge of products and service in the booming personal photography market.

Prestige offers everything from classes for the photo novice to processing services for nine local police agencies.

"They recognize the value of good photographic processing," DeSarbo said. "Fifty years of background in this business is quite a bit, and it shows."

Most of Prestige's customers have less demanding needs. His firm offers a new portrait package, only \$29.95 and ready in an hour. But Prestige is also one of the leading aerial-photography businesses in the area, serving contractors and casual hobbyists.

Recent upgrades in its equipment will afford the opportunity to create contact sheets to clients and to copy negatives; they can help produce digital photo IDs and the Nova Touch restoration system that allows customers to digitally enhance worn old photos. Hobbyists in the darkroom — which will be available to walk-ins, DeSarbo said, for a nominal fee — can take advantage of an knowledgeable staff of technicians who won't get in the way.

Prestige also offers on-site repair services for photographic equipment for all but the most complicated work, and an extensive line of new and used camera equipment in the shop's showroom.

"What people are looking for in photography is professionalism, and that's what we're all about," DeSarbo said. "It's important to take pride in what we do."

THANKS CAPITAL DISTRICT

Jack Byrne is the area's #1 volume Ford Dealer 3rd Consecutive Year

Come in and see why everyone likes Jack Byrne,
NO HASSLE, PRESSURE FREE, FAIR DEALING Sales Associates

SPECIAL SAVINGS IN JANUARY

All Fords in-stock including Contour, Escort, Taurus, Trucks and SUVs see dealer for all details **SAVE** on all Mercurys in-stock Mystiques, Tracer, Cougars, Villagers and Mountaineers.

Kathy Banta	Joe Gilbert	Al Noel
Carl Barton	Todd Kasner	Bill Phelan
John Esposito	Kurt Kennedy	Jodi Schecter
Frank Fox	David Miller	Michael Raucci
Ed Wilcove	Ray Skiba	Jack Byrne

Ford Credit

Jack BYRNE

Rts. 4 & 32, Mechanicville Sales: 664-9841
Service: 664-2571 • www.jackbyrne.com

FORD MERCURY See our ad in the Bell Atlantic Yellow Pages

HOURS: Mon.-Thurs. 9-9 Fri. 9-6, Sat. 9-5

Play It Again Sports looks to expand

By Casey Cannistraci

Play It Again Sports on Troy-Schenectady Road in Latham is the only store in the Capital District where you can import and export your used sporting equipment.

As Play It Again embarks on their third year of business, consumers can look forward to the store's expansion in March, when the size and stock will double.

"In addition to expanding our inventory, we will offer more services

such as custom-fitting golf clubs and snowboard tuning," said Dottie Vork, who co-owns the store with her husband Steve.

"We give people three options when they bring something in," Vork explained. "They can leave items on consignment, trade them for something else in the store, or take the cash value which is what I call 'take the money and run.'"

A consignment agreement is when a customer leaves their equipment in the store until it sells. When the equipment does sell, the customer is given 60 per cent of the sale price. This option pays sellers the most money.

The store's inventory is about half new and half used, Vork said, adding that it is the official retailer for USA Hockey equipment.

"The people around here are extremely receptive to our concept, word-of-mouth has been really helpful." Vork also said that the fact that they are a "one-stop-shop" adds to their allure.

"The quality of customer service is something we pride ourselves on," she added. "We'll spend an hour fitting a kid into full skiing gear if that's what it takes."

The idea for Play It Again Sports came when Vork spotted a similar business elsewhere in the country.

"I thought the Capital District could use a place like that, so here we are. We know lots of people in the area," Vork said of herself and her husband, both life-long area resi-

dents. "We feel we're pretty in tune with what folks around here need for their kids."

Play It Again is the sponsor of several Little League, softball and hockey teams. They also donate items to local teams, sponsor tournaments and allow leagues to hold registration in their store, so the kids can have their pick of the newest equipment for their upcoming seasons.

Vork said the store's in-house expertise contributes to their success but that the simplicity of having fun is their real secret.

"We enjoy what we do," Vork said. "We're not just going through the motions."

You can shop for 28 different sporting activities at Play It Again Sports in the Peter Harris Plaza on Route 7 in Latham any day of the week.

"This is an invitation for people to come in and check us out if they haven't been over yet," Vork concluded.

We feel we're pretty in tune with what folks around here need for their kids.

Dottie Vork

Holy Names technology



The Academy of the Holy Names at 1073 New Scotland Ave., Albany, provides excellent academic and enrichment opportunities, including technology instruction, within a positive and caring environment.

GYMNASTIC CLASSES



YURY'S SCHOOL OF GYMNASTICS



REGISTER NOW!

Pre-School 1 1/2 - 5 1/2 • Girls & Boys 6-18 • Adults

Tumbling for Cheerleaders
Fitness Classes and Aerobics

49 Railroad Ave., Albany

Call **438-4932**

**SPECIAL
GYMNASTICS BIRTHDAY PARTIES**

First Class Remodeling That's On Time, On Budget and Hassle Free! GUARANTEED!



Ric Kaplowitz,
Owner

Here's how we do it ...

1. You get fair, honest pricing. No hassles, no gimmicks and no hidden costs.
2. Your proposal will be complete and written in detail you can understand so you know exactly what you will be getting.
3. You will only get skilled technicians on your job, no "kids" or "part-timers".
4. Unlike other contractors that leave a mess, your home will be left clean & neat.
5. You get a detailed, written schedule so your project stays on time and on budget.
6. Your entire project is guaranteed for 3 full years! To the best of my knowledge, this is the only warranty of its type in the entire Capital Region!
7. We specialize in serving Capital Region business professionals with your busy lifestyles and hectic schedule.

Plus, You'll get my personal "You'll be thrilled" pledge ... "If you are not completely **thrilled** with your remodeling project, I will pay you \$500.00 CASH!! x Ric Kaplowitz, Owner

You Get First Class:
• Major Renovations
• Additions
• Kitchens
• Basements
• Bathrooms
• Decks and Porches

To get all of your remodeling questions answered for FREE ...

Call Now: 439-6919

Kaplowitz Company - Remodeling and Design, 318 Delaware Ave., Delmar
All projects come complete with design!

Think

Globally.

Advertise Locally.

Call 439-4940

Spotlight Newspapers

Suburban Albany's Quality Community Newspapers

SPARC offers variety of rehab options to fit every need

By Bill Fonda

Drug and alcohol rehabilitation techniques vary depending on the situation, so St. Peter's Addiction Recovery Center (SPARC) provides a variety of programs at its five locations.

An 18-bed detox center at St. Peter's Hospital gives people a chance to physically withdraw from the drug that they are using. The average stay is two or three days.

"That's a starting point for most people," SPARC clinical director Martin Wakesberg said.

The detox center is open to anyone, and does not require an

emergency room visit to be admitted.

For men with a more serious condition and have no place to stay or a living environment that is not conducive to get better, SPARC has a 22-bed halfway house upstairs from its day treatment program at 64 Second Ave. in Albany.

Residents of the halfway house attend the day treatment program from 9 a.m. to 3:30 p.m., Monday through Friday, for four to six months. Day treatment is open to men and women over the age of 18, even if they are not staying in the halfway house.

SPARC has two outpatient clinics, at 875 Central Ave. in Albany and 75 Remsen St. in Cohoes. Patients are placed in one of three "tracks," depending on the severity of their problems.

Track one is for people who think they have a problem or have been referred to the program. Twelve 90-minute sessions are designed to identify if there is a problem and what to do about it.

Wakesberg said a key element at this stage is that if a person has a problem, he or she recognizes that fact.

"It's not enough for us to say, 'You've got a problem; agree with

us,'" he said.

Track two is for people who are more dependent and need more treatment. Those people go to meetings two times a week for

abuse counselors, activities therapists, psychiatrists, physicians and nurse practitioners.

Treatment consists of education, medical and psychological consultation and Alcoholics Anonymous or Narcotics Anonymous meetings. Acupuncture treatment is also available five

If you talk to most people who have a drug or alcohol problem, they say they can stop from time to time. It's maintaining abstinence that's difficult

approximately 10 weeks and then once per week for a few months as needed.

Track three is the most intense, four weeks of meeting three times a week for three hours each time, followed by one 90-minute meeting a week for 12 weeks.

The Central Avenue outpatient center now also includes a program for people who have been dually diagnosed with a substance abuse and mental health problem. The program, which includes daily meetings for several hours, had been at St. Peter's Hospital for the past two years.

People with severe problems who have unsuccessfully tried outpatient programs take part in the in-patient rehabilitation program at 3 Mercycare Lane in Guilderland.

The 40-bed center includes men's and women's units, and accepts pregnant women in any trimester. Wakesberg said most rehab centers only accept pregnant women in the first trimester.

The center is staffed by social workers, alcohol and substance

days a week.

If treatment were as simple as dealing with the physical effects of stopping abuse, then the detox center would probably be sufficient. However, Wakesberg said that is not the case.

"If you talk to most people who have a drug or alcohol problem, they say they can stop from time to time. It's maintaining abstinence that's difficult," he said.

Therefore, much of the treatment is based on identifying relapse triggers and dealing with peer pressure, which Wakesberg said is most prevalent when people first stop.

Another aspect of the treatment is re-establishing what Wakesberg called "spiritual connections."

"Many of the people who come in have lost their connections in life. We all need a community, and many people come in scared, even if they're not acting scared because it's hard to face some of the demons they've been suppressing for many years," he said.

For information, call 458-8888.



Virginia Plaisted, D.D.S. Complete Family and Cosmetic Dentistry



Virginia Plaisted

A growing practice with emphasis on New Technology and Continued Education to better serve our valued patients

- Offering Seniors 5% Discount on All Services
- New Patients Always Welcome

74 DELAWARE AVENUE, DELMAR • 439-3299



CAP COM Financial Services, Inc.

A Registered Investment Advisory Firm.

Securities offered through Linsco/Private Ledger

INVESTMENT MANAGERS SPECIALIZING IN IRA'S, RETIREMENT PLAN DISTRIBUTIONS & ESTATE PLANNING

Today's financial world is more complex and volatile than it has ever been before. With an increasing array of investment alternatives to choose from and an ever changing tax structure, successfully reaching your financial goals can not be done without the guidance of a professional advisor. It is our goal to analyze, evaluate and create long-term focused investment plans for each individual's capital accumulation, appreciation, and preservation.

OUR PROFESSIONALS SPECIALIZE IN:

- ◆ Financial Planning
- ◆ Retirement Planning
- ◆ Investment Services*
- ◆ Estate Planning
- ◆ Pension/ 401(k) Plans and Distributions
- ◆ Co-Sponsored Employer Workshops

Take advantage of the opportunities and overcome the challenges of investing. CAP COM Financial Services, Inc. can help you to achieve your financial goals and fully understand the risks, as well as the rewards which accompany your investments. For a No-Cost, No-Obligation Consultation, contact a representative for an appointment.

* Available through LINSKO/PRIVATE LEDGER, a Registered Investment Advisor, member NASD/ SIPC. CAP COM is a wholly owned subsidiary of Capital Communications Federal Credit Union. Investments are not NCUA insured, are not obligations of the Credit Union and are not guaranteed by the Credit Union. They may involve risk, including loss of principal. Consult our on-staff representatives of Linsco/Private Ledger to determine a suitable investment for your needs. 1/99

4 Century Hill Drive ◆ Latham, New York 12110
(518) 782-0209 ◆ (800) 688-1045 ◆ Fax (518) 782-5433
www.lpl.com/david.fenelon ◆ www.lpl.com/john.shartrand

Pizzeria returns to its roots

By Joseph A. Phillips

A grand old name in the Delmar business community made a comeback last year as Delmar Pizzeria switched back to its original handle of more than 20 years' vintage — Andriano's Pizzeria.

But customers can still consider "Delmar" their middle name. Pat and Diane Stever, proprietors of the local landmark since 1997, have committed firmly to quality hometown service.

One mark of that commitment is that nearly every employee is a current Bethlehem Central High School student or alumni.

Diane Stever was herself a teenager working at Andriano's when her brother, Phil Giaccone, owned the business at 365 Delaware Ave. more than a decade ago, following in the footsteps of founder Frank Andriano. Though for a time under different management (hence the different name), Phil persuaded his sister and brother-in-law to purchase the business — and to bring back the original recipes.

"Things have really gone strong for us since we took it on," Diane said.

Now the special ed teacher works weekends at the pizzeria,

which is managed full-time by her husband Pat.

"He's the one that's always there," she says. "But it's in my blood too. My whole family are business owners. I grew up with it."

The coverage area for deliveries of the store extends from Elsmere and Slingerlands as far south as Waldenmaier Road and east to Glenmont. They've gone from three full-timers when they started two years ago to eight at present.

"It's really hard work with all the competition," Diane said, "but we're holding our own."

She added that they're also holding the line on prices, despite a recent jump in the price of that essential ingredient, cheese.

"We're just trying to keep it consistent, to continue to try to give out our best product," she says. "We really are trying to be community-oriented," with special discounts for school and/or church groups.

All of which is fitting for a business run by a couple of local kids, staffed by natives. Frank Andriano would be proud to have his name back on the building.

School's Out celebrates 15th anniversary year

Program caters to working parents

By Casey Cannistraci

School's Out will celebrate its 15th anniversary this year and the child-care center's staff has a hefty list of resolutions to work on.

"We want to continue to reach out to the community," said Executive Director Bonny Curry. "We have a lot on our plate this year but we're here to keep up with the needs of working parents."

We hire employees who love children and enjoy working with them. We'll work on staff retention and benefits this year, because the people are good for the children.

Bonny Curry

School's Out is a nonprofit, before- and after-school child-care organization that works with 500 children everyday at five elementary schools in the Bethlehem Central School District. It operates out of three community churches as well.

"That is a real plus for parents because they can drop off their kids and pick them up in the same place," said Curry.

The basic program includes arts and crafts, gym, music, outdoor play, games and a snack. There has also been a half-day program for kindergarteners for the past six years.

Jessica Thorne, who has a master's degree, is the program's teacher at Hamagrael Elementary School.

"We hire employees who love children and enjoy working with them," Curry said. "We'll work on staff retention and benefits this year, because the people are good for the children."

School's Out hopes to add parent workshops and special needs programs.

"The special-needs program helps integrate kids with special needs into our program, so that they are among typical settings and they can socialize with other children," Curry said.

In addition, School's Out has a vacation-care program that includes nine half days of care when school is not in session, such as over February and April breaks.

The School's Out board of directors include community leaders and parents. The board is headed by Bethlehem Town Justice Theresa Egan, who has two children who attend School's Out.

The directors know what children need and enjoy, which allows them to offer appropriate activities that are fun.

Curry added that Les Loomis, superintendent of the Bethlehem school district, and all of the principals have been very supportive of the program.

"We have a low ratio per activity leader. It's not a day care center, where there are preschoolers running around," Curry said. "They feel like they are big kids. The children enjoy it, they have fun, and so do we."

For information about School's Out, call 478-0897.

Trouble shooters



Doug Shanley, left, and Chris Williams of Delmar Auto Radiator on Adams Street in Delmar are excited about the upcoming year. They have implemented expanded services, including updated diagnostic equipment to deal with the complex problems of today's newer cars.

Elaine McLain

Adoptive group receives grant from citizens coalition

Glenmont-based Adoptive Families Coalition, a local nonprofit support group, has been awarded a grant from the New York State Citizens Coalition for Children.

It will be used to bring a nationally known adoption expert to address an educational workshop entitled Networking Tools in Domestic Adoption on Thursday, Jan. 28, at 7 p.m. at the Center for the Development of Human Services at 3 Marcus Blvd. in Colonie.

The Adoptive Families Coalition offers monthly educational workshops and social activities for adoptive families and individuals who want to build a family through adoption.

For information, call 448-5295.

Get the word out, advertise

Options - the choice is yours at KingsWay

An affordable, luxurious rental apartment may be just what you're looking for. Or maybe you need some assistance with activities of daily living. Or maybe you'd like someone else to do the cooking for a change. Whatever your wishes or needs, you have options at KingsWay!

You are always welcome to participate in our daily social activities. Or take our shuttle bus to the mall. Or how about a relaxing stroll around our beautiful 15 acre campus? Hear the birds sing or see the children play, or watch the golfers on the course next door. Experience the KingsWay Community. Where there's never an entrance fee. Call 393-4117 for a personal tour.



Residents since 1994



Fireplace Dining Room in apt. building



Resident since 1997

KingsWay Community

"Caring In The Family Tradition"

323 Kings Road
Schenectady, NY 12304
(518) 393-4117



What life was meant to be!

- ◆ Senior Apartments 393-9551
- ◆ Assisted Living 393-4304
- ◆ Nursing Center 393-4117
- ◆ Home Care 382-8187

SAVE \$99.00 & 3 MONTH FREE

Don't Miss Out On Our Best Offer



DELMAR HEALTH AND FITNESS

FITNESS FOR FAMILIES

— Personal Training —

- Gravitron • Versaclimber • EFX Cross Trainers
- Olympic Weights • Treadmills • Golf • Massage
- Large New Facility • We now have Aerobics

FREE TRIAL WORKOUTS ARE AVAILABLE

SPECIAL PROGRAMS FOR OVER 40 BABYSITTING AVAILABLE

439-1200

28 Hudson Ave., Delmar Owned & Operated by Mike & Cindy Mashuta

Some Restrictions Apply

Check Out Our New Location!

PRE-OPENING EXTRAVAGANZA

This Valentine's Day, eat your heart out!



The Peanut Principle



Open Daily 10 - 6
Closed Monday Rt. 9 (3 miles North of Latham Circle) 783-8239

THE PEANUT PRINCIPLE

ASSORTED CHOCOLATES (Gift Boxed)	Lb.	\$7.59
ASSORTED SUGAR FREE CHOCOLATES	Lb.	\$8.59
WHOLE CASHEWS Salted/Unsalted	Lb.	\$4.99
FANCY MIXED NUTS (No Peanuts)	Lb.	\$4.99
CASHEW PIECES Salted/Unsalted	Lb.	\$3.99
WALNUT MEATS	Lb.	\$3.99
PISTACHIOS Red/Natural	Lb.	\$3.99
HAZELS/FILBERTS	1/2 Lb.	\$2.79
JUMBO PEANUTS Salted/Unsalted	Lb.	\$2.19
MACADAMIA NUTS Salted/Unsalted	1/2 Lb.	\$4.39
APRICOTS	Lb.	\$2.69
CINNAMON SQUARES	Lb.	\$3.49
PEANUT CLUSTERS	Lb.	\$4.69
BRAZIL NUTS	1/2 Lb.	\$1.89
VALENTINES CINNAMON HEARTS, CONVERSATION HEARTS & VALENTINE CREMES	1/2 Lb.	.99¢
HOMEMADE PEANUT BRITTLE	Lb.	\$3.99
CLEARBROOK FARMS JAM	FROM	\$2.39

UPS Delivery Available • Gift Baskets Made to Order!
"If it can be nutty — we'll make it nutty!"

KingsWay's new lobby



KingsWay Arms Nursing Center residents, from left, Marion Pangburn, Sadle Imfeld and Clara Olsen, enjoy a get-together in the center's new garden lobby. The room is used for activities, relaxation, special programs and visits with family and friends at the center at 323 Kings Road in Schenectady. *Constance Pakatar*

Gendron's Truck Center leads in sales, service

By Donna J. Bell

If you are looking to buy a vehicle from a business that is family-oriented, look no further than Gendron's Truck Center on Sixth Avenue in Troy.

The staff and employees have worked for Gendron's for so long that are almost family by default.

"All of our factory-trained technicians have been working for us for eight years or more," said co-owner Don Gendron. "And our service manager and service writers have been in their positions for 10 years or more."

Gendron's Truck Center has been in business for more than 30 years and the owners attribute part of their success to their numerous returning customers.

"We thrive on repeat business and the word-of-mouth of our loyal customers," Gendron said. "Our sales people are ready to serve you and sell you any vehicle in the GMC line-up."

Gendron added that Gendron's is No. 1 in service and is proud of having the best service department in the area.

"Our factory-trained technicians do the job right the first time," he said.

Gendron's Truck Center also carries a full stock of parts in the parts department to keep your vehicle rolling down the road.

In 1998, the Pontiac-GMC Division of General Motors presented Don Gendron with a prestigious Leaders of Distinction award, recognizing outstanding

Our factory-trained technicians do the job right the first time.

Don Gendron

dealer performance in critical business areas, including sales, service and profitability. Only 5 percent of the more than 3,600 Pontiac and GMC dealers earn this award.

"Our Leaders of Distinction dealers are significant contributors to the success of Pontiac-GMC," said GM vice-president Roy Roberts. "Though their strong focus, they are at the top in dealer performance."

While proud of past accomplishments, Gendron is also looking forward to what is new in 1999 including the exclusive four-door Denali sport-utility that Gendron foresees will be a big hit with his customers and the all new-style 1999 Sierra pick-up.

The Sierra is equipped with all new engines and drive trains, featuring the 4.9 liter, V-8 engine and the 5.3 liter V-8 engine with the new auto-rack 4 wheel drive.

Capital Upholstery stresses workmanship

By Debbie Eberle

At a time when many large companies are merging, Michael Sirois, owner and operator of Capital Upholstery, has been in business for more than 11 years.

Sirois said he has put his emphasis on "quality workmanship, service and small town friendliness."

Located at 713 New Salem Road in Voorheesville, Capital Upholstery offers custom upholstery and all types of window treatments, shades and bedding.

They specialize in anything that can be created with fabric for your decor.

"Sometimes people think that a broken up antique probably can't be salvaged, but antiques are never too far gone," Sirois said. "Between the woodworker we work with and what we can do with the rest, we can always bring it back to life."

Often the questions arises, "Is this worth reupholstering or should we just buy a new one?"

Sirois has three good reasons to reupholster.

The first is if you love the original, because Sirois feels that some-

thing you really like is worth holding onto. Eventually, even the most expensive, well-made piece of furniture that used every day will wear out.

"It only takes two weeks to refurbish your old treasure into a new favorite," he noted.

Basically, if you have a good, solid hardwood frame to start with, everything else down to the coils can be rebuilt and or replaced for less money than it would cost you to replace the piece of furniture with one of the same quality.

The second reason to reupholster is if the piece has sentimental value to you.

Some things just can't be replaced by something new. Reupholstering the original then becomes your personal investment in sustaining a part of your family history.

Finally, if you currently have a good solid sofa or chair that fits your room, why go through the headache of shopping around for a new piece? If you've ever shopped for new furniture, you know how difficult and time consuming it can be, especially if your space to fill is extra small, large or angular, Sirois explained.

FINANCIAL SERVICES

Issue Date: Feb. 17th

Ad Deadline: Feb. 10th

Call your advertising representative today!

Louise Havens — Advertising Manager
Corinne Blackman • Ray Emerick • John Salvione • Joan Jackman

439-4940

FAX 439-0609

SN Spotlight Newspapers *SN*
The Capital District's Quality Weeklies

The Spotlight Colonie Spotlight Loudonville Weekly
Niskayuna Journal Scotia-Glenville Journal Rotterdam Journal

125 Adams Street, Delmar, New York 12054 (518) 439-4940 Fax (518) 439-0609

Simply beaming



Chloe Clark, 5, rear, of Latham and Ariela Greenberg-Nielson, 4, of Old Chatham get a helping hand from Karen Leggett of Yury's School of Gymnastics at 49 Railroad Ave. in Colonie. In addition to gymnastics, Yury's offers tumbling for cheerleaders, fitness classes and aerobics. *Constance Pakatar*

Financial planner savvy to latest investment info

By Donna J. Bell

If you're looking for a financial adviser who puts your best interests first, consider certified financial planner Gary Barkman, who says some of the best investment ideas come from listening to clients

"This is my 15th year in retirement planning," Barkman said. "Every year, I try to listen more to try and understand what my clients want to accomplish with their investment portfolios, businesses or estates."

An adviser affiliated with LPL (Linsco Private Ledger) Financial Services, an independent brokerage company, Barkman said that in many ways his relationship with the client is a partnership.

"Understanding a client's perspective is just as important as their net worth when it comes to managing an investment portfolio," Barkman said.

LPL, rated the No. 1 independent brokerage company according to *Financial Planning* magazine, serves more than 25,000 LPL advisers throughout the country that pride themselves on accurate, fast, day-to-day serving of accounts.

LPL offers access to all stock exchanges, including the New York Stock Exchange, the American Stock Exchange, NASDAQ

and Over the Counter markets.

Barkman said he keeps up with the latest trends in investing.

"The growth in the Internet has dramatically increased the quality of investment information available today," Barkman said. "I try to act as a funnel for all that information, always looking for value, putting money to work in a portfolio suitable for the particular client."

Barkman said he develops a lot

The growth in the Internet has dramatically increased the quality of investment information available today.

Gary Barkman

of great relationships with "terrific people" and takes pride in being able to recommend what's truly in their best interests.

"It's a rewarding feeling knowing you have played a part in helping someone fulfill a financial goal," he said.

For information, visit Barkman at his office at 229 Elm Ave. in Selkirk or call him at 478-7204.

Got a news tip?
Call us at 439-4949

Think Globally.
 Advertise Locally.
 Call 439-4940
Spotlight Newspapers
 Suburban Albany's Quality Community Newspapers

"Where Brighter Futures Begin"

- ◆ Small Class Sizes
- ◆ Extensive Art, Music & Technology Programs
- ◆ Individualized Instruction
- ◆ Spanish Instruction
- ◆ Full-Day Kindergarten
- ◆ Extended Day Program
- ◆ Affordable Tuition

Behind the doors of Brown School you'll find a stimulating environment that fosters individual achievement and personal growth.

Nursery / Pre-K through 8th grade

Brown School
 SINCE 1893

Schenectady's only independent, non-sectarian school
 150 Corlaer Ave.
 Schenectady, NY 12304

Call for information:
518-370-0366
 fax 370-1514
www.brownschool.org
brownschool@cityusa.net

Come to our OPEN HOUSE for parents
 Thursday February 4th at 7:00 pm

GRAVITRON • VERSACLIMBER • 10 STAIRMASTERS • 3 NAUTILUS CIRCUITS

Take that first step to better health
Individually Designed Exercise Programs Special Programs For Over 40

- Women's Nautilus • Personal Training Available • Tanning Booth & Sauna
- Babysitting • Friendly, Clean Environment
- Courteous, Knowledgeable Staff

OPEN 7 DAYS! HOURS: MWF 5am-9pm, Tu & Th 7am-9pm, SAT 9am-5pm, SUN 9am-3pm

MIKE MASHUTA'S
 160 Delaware Ave. • Delmar (Behind Grand Union) 439-1200

2 MONTHS FREE and SAVE \$20 on one of our 6 Month Programs
 WITH THIS AD - Some restrictions apply

EFX - CROSS ROBICS • 5 TREADMILLS • OLYMPIC WEIGHTS • 10 COMPUTER BIKES

Marshall's scores with five-star service award

By Maureen O'Connell

Tired of getting the runaround when it comes to buying and servicing your car? Marshall's Transmission Center can help.

Marshall's, an automotive dealership on Route 9W in Ravena that sells Chrysler, Plymouth, Jeep, Subaru and GMC vehicles, has once again been honored with Chrysler Corp.'s Five Star Award for Sales and Service.

The award is given to dealerships nationwide who have proven their dedication to building long-lasting relationships with their customers. This is measured by customer comments and suggestions, and the how the dealership adapts to the customer's needs. Winning the award is a Marshall's tradition.

"We're the second most honored dealership," said Jim Driscoll, general manager. "We've received the award 38 out of 42 years."

Five Star dealerships follow a strict set of training, facility and employee requirements, aimed at providing the customer with sales

and service satisfaction. At Marshall's, however, these requirements have been the norm for years.

Marshall's not only has a superior sales and service staff, but they also have a full-time maintenance person who keeps the facility in shape.

Marshall's has also received the American Motor Car Leaders of Distinction Award for sales performance and quality of service. Just 100 out of close to 1800 dealerships nationwide are selected for this award.

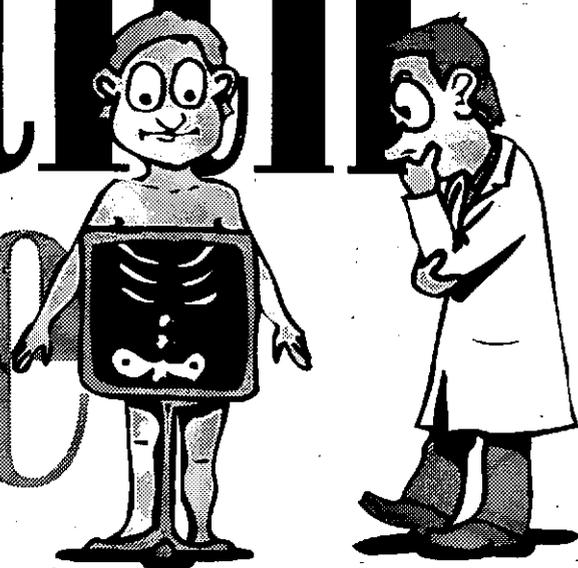
Contributing to this quality of service is technology like a new front end alignment machine, which allows Marshall's to do most alignments on the spot, instead of having to make an appointment days in advance.

"There's not such a backup," said Craig Albano, vice president of Marshall's. "It cuts the time it takes to do the alignment in half." Albano believes Marshall's long-time reputation for sales and service is the main reason for the dealership's success.



John Sterrett, Subaru sales manager, left, and Craig Albano, Marshall's vice president, are no strangers to accolades. Above, they display one of Marshall's many awards.

Health Care



Issue Date: Feb. 3rd

Ad Deadline: Jan. 27th

Call your advertising representative today!

Louise Havens — Advertising Manager
Corinne Blackman • Ray Emerick • John Salvione • Joan Jackman

439-4940

FAX 439-0609

Spotlight Newspapers

The Capital District's Quality Weeklies

The Spotlight Colonie Spotlight Loudonville Weekly

Niskayuna Journal Scotia-Glenville Journal Rotterdam Journal

125 Adams Street, Delmar, New York 12054 (518) 439-4940 Fax (518) 439-0609

"We have the experience of being here since 1932," he said. "Being locally owned and operated, it's not some company that comes in and is primarily concerned with profit."

Albano said he feels this commitment to service makes the customer more comfortable doing business with Marshall's. "If the customer is comfortable he is more likely to come back, instead of going somewhere else for his

next car," he said.

Having a wide variety of vehicles to choose from helps, too.

"A customer can look for a sport utility, luxury or foreign car all in one location," said Albano.

Year after year, Marshall's proves that quality, service, selection, and family are what their business is all about.

"We take care of our customers," said Driscoll. "We don't forget about the person."

Family Funeral Care big on quality, low price

By Donna J. Bell

"Quality service at an affordable price" is the motto of Family Funeral Care at 40 N. Brandywine Ave. in Schenectady.

In business since December, Family Funeral Care offers the same dignified services as other

Funeral Care services are so affordable is that there is not a large and costly inventory of caskets, urns and memorials at the mortuary. Instead, customers can choose from a wide range of products on a 30-inch screen that is hooked up to a computer.

"After the family members select what they would like, we have it delivered within hours," Doran said.

In addition, the funeral home has a videotape that highlights its services, which people can take home and view at their leisure.

Family Funeral Care also prides itself in keeping the needs of its clients in mind. It accommodates families with young children by offering a child's play room, where parents can comfortably supervise their children while watching the funeral on closed-circuit TV.

It also offers a free conference room for groups and organizations to hold meetings.

For information, call 382-5440.

I want to invite people to drop by and see what services we offer. ... They will find that we are thousands less.

Dan Duran

funeral homes, but at a price about 30 percent less than the national average.

"I want to invite people to drop by and see what services we offer. We will let them know our prices and they can shop around to other funeral home. They will find that we are thousands less," said managing director Dan Doran.

One of the reasons that Family

Excelsior Credit Union

Clare Bridge trademark is custom care

Clare Bridge of Niskayuna is a residence dedicated to providing an ideal environment for individuals with memory impairments.

The physical environment at Clare Bridge minimizes confusion and maximizes independence, without the need for pharmaceutical or physical restraints. Alternative Living Service, the proprietor of Clare Bridge, has been serving residents with Alzheimer's disease and dementia since 1981.

Clare Bridge residents and their families take comfort in knowing that personal care assistance, mealtime assistance and medication monitoring are provided by a well-trained, professional staff.

Staff members assist residents

with all of their daily needs, which helps them identify physical and emotional changes in residents and quickly modify care.

Clare Bridge uses personalized Life Enrichment Programs to help residents enjoy new experiences and participate in lifelong rituals.

These programs improve the self-esteem of residents by nurturing independence and self-help skills. Continuing to feel useful and purposeful allows residents to stay connected to life experiences and helps them age with dignity.

The suites and common areas at Clare Bridge create a reassuring and secure environment. Residents decorate their suites with personal mementos and favorite furnishings to stimulate memo-

ries while creating a comfortable and familiar surrounding.

Residents are aided by visual cues. Neighborhoods are color-coded and a memory box, filled with photos and mementos, is placed outside each resident's bedroom.

Clare Bridge was designed with an interior walking circuit and garden areas allow residents to explore safely without becoming overwhelmed. Community rooms are designed like rooms in a single family home, with living rooms, dining rooms, family rooms, dens, offices and a varied of activity rooms.

At Clare Bridge, individuals can age with dignity while continuing to enjoy meaningful lives. To learn more, call 782-7381.

Urologic Surgeons use high-tech techniques

By Donna J. Bell

When it comes to surgical techniques, everyone agrees that "minimally invasive" is good.

Instead of traditional surgery that includes a large incision to allow doctors access into the body, minimally invasive procedures require only a small incision big enough to let a scope pass through.

"Patients can go back to work faster, and there is less pain and no scars," said Dr. Stuart Rosenberg of Capital District Urologic Surgeons.

Rosenberg said that in the past year the office implemented and used a number of these new procedures to remove diseased kidneys, ligate varicoceles, and to

reposition undescended testicles.

In January 1999, the practice performed the first laparoscopic adrenalectomy in the Capital District.

Patients can go back to work faster, and there is less pain and no scar.

Dr. Stuart Rosenberg

Men with prostate enlargement can now be treated with a new technique that uses microwave therapy to shrink the

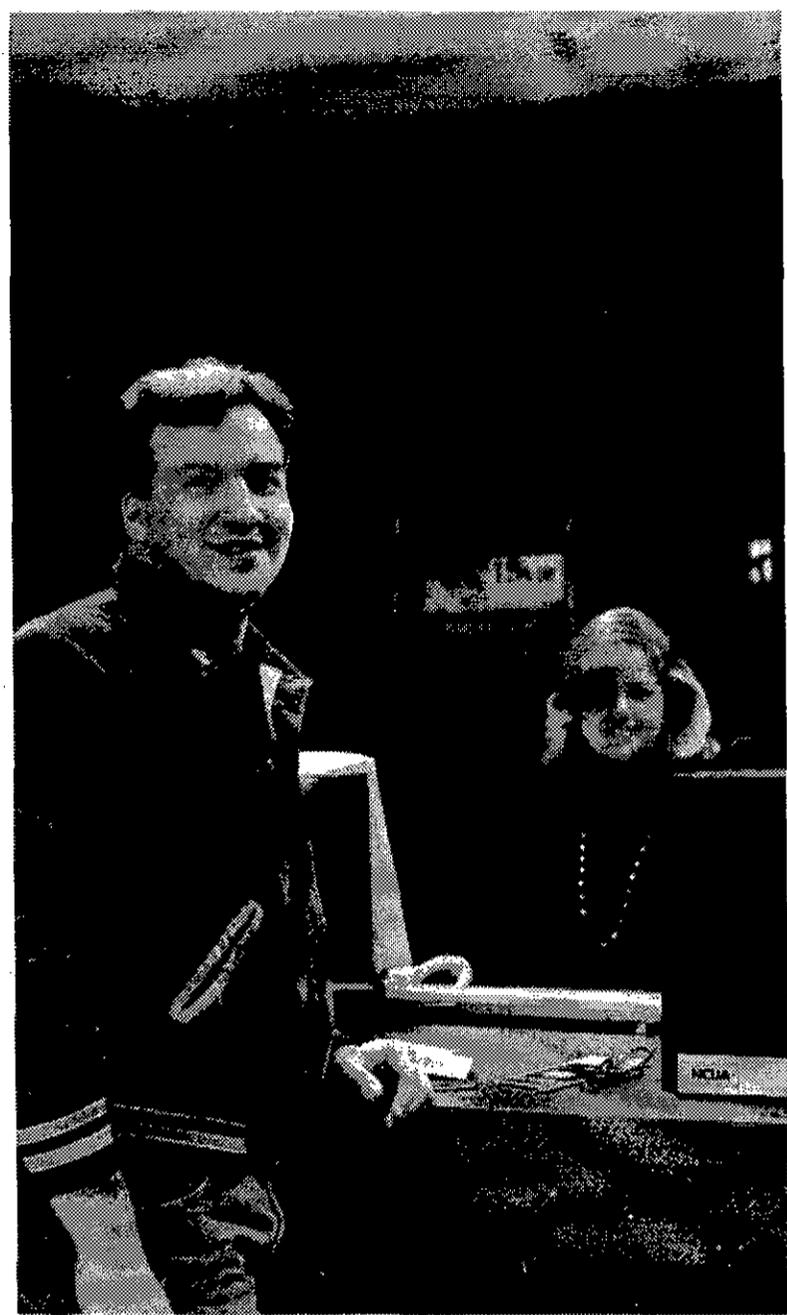
prostate, Rosenberg said. This technique eliminates the need for traditional surgery or lifelong medication.

For the treatment of prostate cancer, doctors have now begun

to treat patients with I-125 radioactive seeds. Last year, 15 men were treated and they expect that number to increase in 1999.

1998 was a busy year for the office. Drs. Theodore Chang, Daniel Finn, Michael Moran, Stuart Rosenberg and David Zornow joined with Drs. Michael Ortiz and Charles Schwartz to form Capital District Urologic Surgeons. This group can now offer five office locations in Albany, Schodack, Saratoga, Latham and Clifton Park. The doctors hope that their new affiliation will give patients easier access to treatment in their area.

For information, call the main office at 438-1019.



Customer Matt Peterson asks head teller Christine Wagner about Excelsior Credit Union credit rates, which are credit union officials say are some of the best in the area. The five-star-rated credit union, with an office at 341 New Karner Road, Colonie, currently has more than 11,000 members from 225 groups and also offers membership to anyone who lives or works in the Capital District. *Constance Pakatar*

SNAPPER KNOWS SNOW!

Many Models Available
From 3 HP to 10HP

Prices Starting at **\$419.00**

- Hard-working models to choose from for jobs of all sizes.
- Winterized engines with electric start options.
- Swivel chutes with deflector caps put snow in its place.
- Rubber-lined steel augers clear right down to the pavement.
- Backed by a 2-year limited warranty for parts and service.

SNAPPER
"LEGENDARY QUALITY"

WEISHEIT ENGINE WORKS INC.

LOCAL PICK-UP & DELIVERY **767-2380**

MON.-FRI. 8:30-6:00
SAT 8:30-5:00
WEISHEIT ROAD
GLENMONT, N.Y.

Think

Globally.

Advertise Locally.
Call 439-4940

Spotlight Newspapers
Suburban Albany's Quality Community Newspapers

A-C Chamber promotes region for tech growth

By Debbie Eberle

The Albany-Colonie Regional Chamber of Commerce is the third largest chamber in New York state, with 2,700 member businesses representing over 70,000 employees.

Its programs and services are run out of its downtown Albany location at 540 Broadway and their Colonie office on Computer Drive South.

Some of the more traditional chamber programs and services include member discount programs, networking events, health

attract high-technology firms to the area, to promote the upper Hudson River Valley as "Tech Valley."

"The Hudson Valley region is becoming widely recognized as the site for the development of innovative, high tech firms that will lead us into the next century," said Chamber President Wallace Altes.

"California may have its Silicon Valley and New York City may have its Silicon Alley, but this region can rightfully claim to be 'Technurial Valley,' where high-

tech, entrepreneurial companies are experiencing record-breaking growth in terms of sales and number of employees," Altes said.

Not only is the Albany-Colonie Regional Chamber playing a key role in

Wallace Altes

California may have its Silicon Valley and New York City may have its Silicon Alley, but this region can rightfully claim to be 'Technurial Valley,' where high-tech, entrepreneurial companies are experiencing record-breaking growth in terms of sales and number of employees.

insurance coverage, a monthly newsletter and several meetings, breakfasts and other get-togethers every month.

The chamber also runs an Entrepreneurial Assistance Center, with several loan programs capitalized at more than \$1,000,000, and the Capital Region Re-Employment Center.

As Albany-Colonie Chamber officials look toward the coming millennium, what they're most excited about is the combined effort of state and local government agencies with area businesses to

making this happen, but member businesses are getting on the bandwagon as well.

Key Bank and Fleet Bank are committed to helping high-tech companies secure the financing they need to start up a new business or to expand an existing firm.

"Fleet has a national specialty lending group for high-technology companies with more than 300 customers and \$1.75 billion in loan commitments to those companies," said Hermes Ames, president of Fleet Bank.

Robert Smyth, president of Key

Clean machine



Service Solutions, located in Clifton Park, is a service-oriented business providing quality high-pressure cleaning, driveway seal-coating and painting and staining for residential and small business customers. For information, call 371-3207.

Bank, added that there are more than 100 high-technology companies in the Capital District for which KeyBank has helped obtain funding.

"We find ways to facilitate the development of these firms by working with government agencies and entities such as the AltTech Loan Fund and the RPI Incubator Program," Smyth said.

"We definitely see high-tech as a growth industry for this area," he added.

-Lyn Dolan Taylor, chamber

executive vice president, feels that the area offers great opportunities for businesses.

"A strong economic development infrastructure and a diverse economy provide all of the resources necessary to support long-term growth and expansion,"

Taylor explained.

If you run a "technurial business" or have expertise in providing services specifically for technurial companies, call the chamber at 458-9851 to be added to the chamber registry of high-tech firms or service providers.

Recycle this newspaper

UPCOMING SECTIONS

HEALTH CARE

Issue Date: Feb 3rd
Ad Deadline: Jan 27th

FINANCIAL SERVICES

Issue Date: Feb 17th
Ad Deadline: Feb 10th

BOATS & RV'S

Issue Date: March 3rd
Ad Deadline: Feb 24th

Call your advertising representative today!
439-4940 • FAX 439-0609
Spotlight Newspapers
125 Adams St., Delmar, NY 12054

Orange Motors renovates showroom and extends hours

By Joseph A. Phillips

There are few businesses in the Capital District more familiar, more sturdy, than Orange Motors, at 799 Central Ave. in Albany.

One doesn't lightly tinker with a fixture on Albany's Automobile Row, with more than 80 years of tradition in the hands of a single family, the Touhey family, since its inception.

But tradition doesn't mean there isn't change in the offing.

"We had an 18 percent increase in new vehicle business last year," said marketing vice president Jim Howlan. "And our core business is doing great. We're selling a lot of trucks."

Trucks? Yes, for a firm virtually synonymous with passenger vehicles, new and used ("What color Orange Ford do you want?"), with more than 200 used cars in stock and extensive day- and week-rental customers, trucks are now the centerpiece of the business. And "Ford" isn't always the nameplate rolling out the door.

Ever since Sterling Motors bought out Ford's heavy-duty truck line several years ago, Orange Motors has had both model lines in their showroom.

And this past year, Orange Mazda's operations were moved to 799 Central as well.

To make room for the new prod-



A drawing shows the expanded Orange Motors showroom, currently under construction at 799 Central Ave.

uct lines, Orange Motors has added 3,800 square feet of renovated showroom, has extended showroom hours to midnight on weekdays and to 5 p.m. on Saturdays.

They have also gone to a benchmark pricing system—the sticker price you see on the win-

dow is the price you get from the dealer, without the haggling and hidden costs that strike fear into new vehicle buyers.

"Our products are all pre-packaged and pre-discounted," said Howlan. "We try to work on a fair margin, but with no hassles."

Some things, however, don't

change.

Orange Motors is rightly proud of its award-winning service department under parts and service vice president Carl Keegan, offering free oil changes and factory-interval service for new vehicle purchases. And a new commercial accounts department is up

and running.

Altogether, more than 140 employees are on the payroll, offering the promise that no matter what changes the new millennium brings to the automobile business, Orange Motors will be a force to reckon with for years to come.

Fitness for Her customers enjoy personalized service

By Katherine McCarthy

As Delmar's for-women-only gym has expanded and updated in the five years it's been open at 333 Delaware Ave., its purpose has remained the same.

"Our mission is to introduce women of all ages, abilities and health levels to fitness programs they can perform and benefit from," owner DJ Taylor said. "Fitness for Her was founded around the notion that women prefer a clean, friendly, non-competitive atmosphere to work out in. We want our members to feel comfortable, wear what they want and know that no one is judging them for it. Getting our members healthy is our goal."

To that end, the trainers at Fitness for Her are nationally certified and able to deal specifically with health issues as they relate to women, be it aging, heart disease, osteoporosis or diabetes.

Taylor herself has a degree in sports medicine, and considers it imperative that her staff be professional, well educated and aware of women's health issues.

"In the past year, 11 of our

members have been diagnosed with breast cancer," Taylor said. "This has caused our staff to search out and learn as much as they can about the effects of fitness and nutrition on breast cancer."

Taylor said the staff at Fitness for Her has also been researching fitness and nutrition goals for expectant mothers.

"We have 17 members in various stages of pregnancy, and 16 new babies were born to members this past year," Taylor said.

Fitness for Her has expanded five times in the last four years, but Taylor is cautious about increasing the size of the gym.

"We would not be able to give the amount of one-on-one attention we currently do if our facility was much larger," she said. "What we have done is add new workout areas, and always new and better equipment."

This year, Fitness for Her will replace its current resistance equipment with a new circuit by Cyber, and add two elliptical crosstrainers. A comprehensive

class schedule will expand to include aeroboxing and cardio kickboxing.

For the Fitness for Her clients looking to lose weight, Taylor avoids fad diets or "cutesy" methods of training.

"We use medically sound programs recommended by the medical establishment," she said. "Our programs for weight loss, muscle toning and nutrition are a conglomeration of our experience and research from

places like the Harvard Medical School Newsletter, The Cooper Institute Newsletter and the American Council on Exercise and Work."

Taylor pointed out that the \$35 monthly fee—with discounts for purchasing blocks of months at one time—has not changed since the gym opened five years ago.

For that fee, clients are working out in a gym with the highest trainer/instructor ratio in the

area. Taylor feels that Fitness for Her remains true to its original goal of being the best at what they do, and that's why the gym is so successful.

"Our clients do not come here to be looked at, nor do most of them come here so they can wear a thong next summer," Taylor said. "They come here because when it comes to women's health, fitness and sports training, we are exceptional at what we do, and our rates are reasonable and fair."

Our mission is to introduce women of all ages, abilities and health levels to fitness programs they can perform and benefit from.

DJ Taylor

The Sweater Doctor

restoring people and their favorite sweaters to warmth and happiness



is conveniently located at



DESTINY THREADS

adventure in handmade home and personal fashion

offering jackets to pillows, quilts and rugs to purses and ties (and, currently, one llama)

— all made by hand —

374 Delaware Avenue, The Four Corners, Delmar, NY 12054

M-F 11:30-6 Sat 10-5 And by appointment 518. 478. 9467 destinythr@aol.com

Beverwyck Terrace has all the comforts of home

By Joseph A. Phillips

With a ribbon-cutting ceremony on Jan. 12 involving a host of public officials and representatives of Northeast Health and the Albany Guardian Society, The Terrace at Beverwyck, the North Bethlehem-based senior living community, opened its doors.

Only a handful of tenants are in residence at the Terrace, but according to Amy Kennedy, the newly-named program director, full occupancy is anticipated by April. "We probably have 52 people on the list to come in," said Kennedy, "and probably 20 I'm actively working on to come in in the next two weeks."

The Terrace provides 40 apartments, three of them doubles. The building includes a "wellness center" that includes exercise equipment and a fully-wheelchair-accessible hydrotherapy tub; a small library on the main floor; and a community room for everything from meetings to performances to worship. The community room will also be available for community groups, from church organizations to the Boy Scouts, to use for meetings. "The idea is to keep the residents here actively living in their community," Kennedy said.

Apartments in the two story building are organized into four Y-shaped wings, each with a common room containing a kitchenette; community laundry and storage areas; and "at the base of each Y, a care station staffed by a 24-hour nursing staff," Kennedy said. Three tiers of care are offered



The living area in one of the Bethlehem Terrace assistive-living apartments in North Bethlehem.

Elaine McLain

depending on the degree of assistance required by clients.

Every space of the building, Kennedy said, is equipped with emergency pull cords that activate silent alarms in the care sta-

tions, so nursing response is "immediate and discreet," she said.

Each apartment includes ample closet space, bathroom, bedroom and living room; the three double units have two bedrooms and bathrooms apiece. The rental packages also include three meals a day and a full calendar of community events. The basic monthly costs range from \$2,595 to \$4,528.

The new facility is not simply an addition to the existing Beverwyck campus, but offers a new wrinkle, Kennedy said. Where the existing apartments on the campus are independent living units, the new facility is an

"assistive living" environment for those who remain independent but need some modest degree of help with the details of daily living. It is an intermediate step between low-impact senior housing and a full-scale nursing home.

The concept of assistive living communities is relatively new in the northeast, Kennedy said. "In the south and the Midwest, they've been around for years," she said. "But in the Northeast, a facility like The Terrace was not available. This is so new." What is the difference between "assistive" and "assisted" living? "A matter of licensure," said Kennedy, explaining that, rather than a nursing

home license, such a facility is regarded as "enriched housing."

Being in close proximity to the existing Beverwyck apartments, Kennedy anticipates that many of those residents will be among the applicant pool for The Terrace in the future.

But she estimates that half of the current applicants are non-Beverwyck residents. "The majority are tri-cities residents or have a local connection, family in the area," she said. The Terrace staff are actively involved in presentations to discharge planners from local hospitals and area physicians to acquaint them with the facility.

Come visit
our new web site at
bryantasset.com

<p>INSURANCE</p> <ul style="list-style-type: none"> Auto Home Business Life & Disability 		<p>FINANCIAL SERVICES</p> <ul style="list-style-type: none"> Investments Tax Planning Estate Planning Retirement Planning
<p>1280 BRYANT ASSET PROTECTION 439-1141</p>		

Securities offered by
Nathan & Lewis Securities, Inc.
Member NASD/SIPC

Ta Dah... She's BACK!

All proceeds to benefit the Bellevue Research Foundation, Inc. a Non-Profit Organization, committed to helping women stay healthier as a result of research on common health issues, including ovarian health, breast health and adolescent pregnancy.

Capital Communications Something special offers range of services

In 1953, a credit union was formed for New York Telephone employees. The primary goal was to provide an alternative to traditional banking as an employee

and Traditional and Investor's Choice Money Market Accounts.

Features such as low-cost checking, low loan rates, high certificate of deposit yields and free audio response service show that members can take advantage of necessary services, without being burdened by high fees.

A full spectrum of accounts and services are available from savings to certificates, mortgages to auto loans, IRAs to financial planning (provided by CAP COM Financial Services), youth programs to discounts at amusement parks and so on. Capital Communications provides members the convenience to maintain all of their financial affairs under one roof.

"In 1999, we will increase convenience to our members through the implementation of a PC banking service and the development of three credit union owned ATMs," said president and chief executive officer Dennis Halpin.

"We are also confident that all our services and access programs will be compliant on the year 2000 issues."

Over the next year, Capital Communication FCU will be a corporate sponsor of Special Olympics, the WMHT Great TV Auction and the American Cancer Society's Making Strides Against Breast Cancer.

Capital Communications is introducing a new line of checking account products to its members this year to maximize convenience and account earnings — the Consumers' Choice and Members' Advantage Checking Accounts and Traditional and Investor's Choice Money Market Accounts.

benefit. Each member who joined had a "share" of rather than a "say" as to how the credit union operated.

That was 46 years ago. That once small credit union, now called Capital Communications Federal Credit Union, has grown to a full-service financial institution owned by its 38,200 members.

What began as a New York Telephone (now Bell Atlantic) employee benefit is now a benefit shared by more than 100 employer groups.

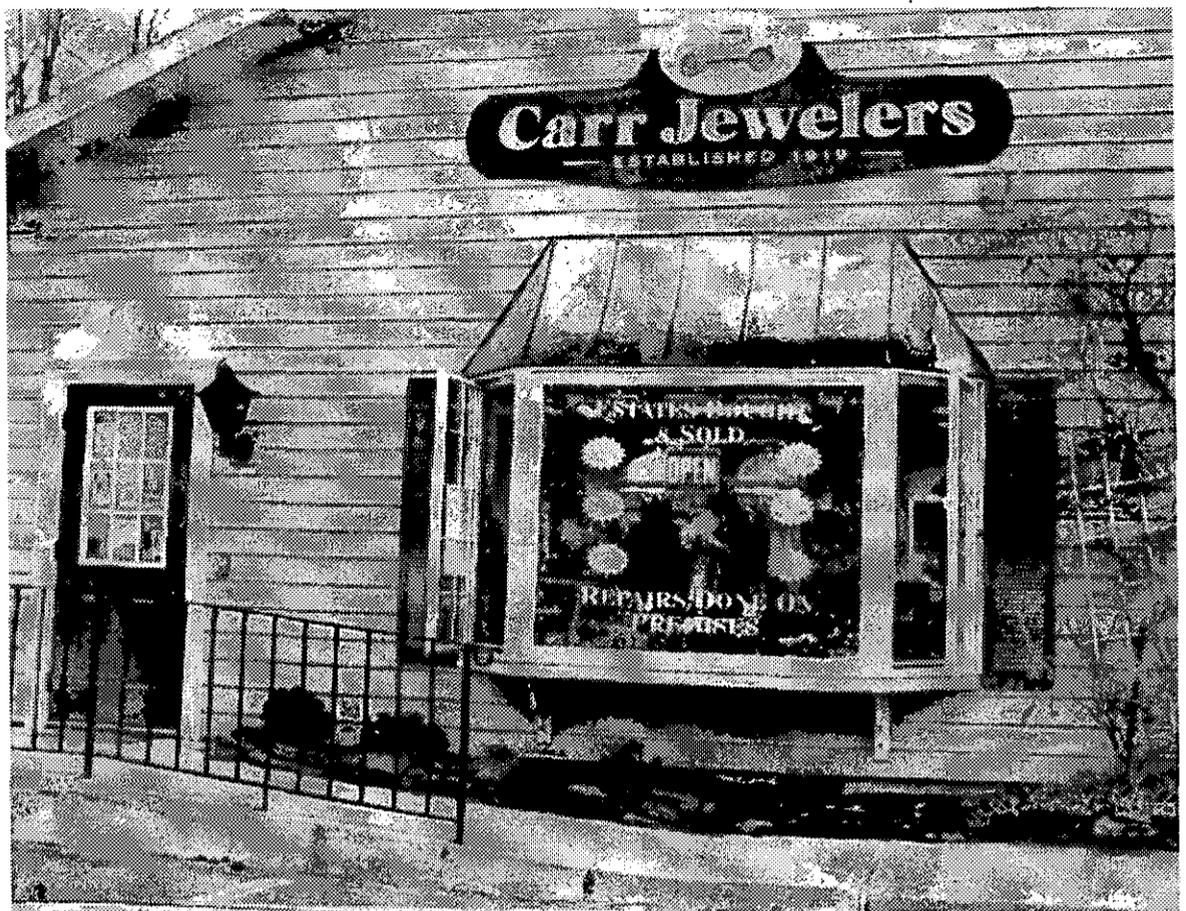
And, once someone joins the credit union, they are a lifetime member regardless of job change or relocation. Some of Capital Communications' larger member groups include C.T. Male, Garden Way, Transworld Entertainment and Clough Harbour and Associates.

The credit union's offices are located at 18 Computer Drive East in Colonie and 4 Century Hill Drive in Latham. The Latham branch is equipped with two drive-through lanes and a deposit-taking ATM lane.

The 1990s have marked record progress at Capital Communications FCU, with \$200 million in assets, 110 employees and a subsidiary, CAP COM Financial Services, which celebrates its 10th year in 1999.

The credit union has kept up with technological advances, going online at www.capcomfcu.org. Numerous other changes have occurred, all to service the growing membership.

Capital Communications is introducing a new line of checking account products to its members this year to maximize convenience and account earnings — the Consumers' Choice and Members' Advantage Checking Accounts



Carr Jewelers has an 80 year history of serving the Capital District community. The Dixes who own the business have attempted to provide jewelry that is not available in the mass market. Carr Jewelers specializes in full-service on-site repairs, specially designed pieces and made to order pieces.

Elaine McLain

Drive with care

Save up to \$365 on Vermont Castings Stoves



The New Radiance™ Gas Stove

- Warmth of a wood stove without the work.
- Realistic wood like flames.
- Up to 80% efficient, and 30,000 B.T.U. of heat.
- Easy direct venting through the wall, no chimney.
- Installs in less than a day.

Best Fire
Hearth Home and Beyond ... since 1977

1760 Central Avenue, Colonie, NY 12205 869-9600
1.5 miles west of exit 2W off I-87, Northway
Mon. - Fri. 10-6, Wed. & Thurs. til 8, Sat. 9-4

Something Olde, Something New

CONSIGNMENT & RESALE SHOP

Clearance Sale
50% OFF

Clothing, Accessories & Shoes
Take Advantage of NYS Tax Free Week!

Selected markdowns on furniture, linens & collectibles

STONEWELL PLAZA, CORNER OF RT. 85 & 85A
SLINGERLANDS • 475-0663

IN and OUT THE WINDOW

Quality Consignment Shop
for Maternity and Children's Clothing,
Toys, Furniture and Equipment

Once Loved Clothing

266 DELAWARE AVE., DELMAR • 439-8913

TAX FREE SAVINGS ALL WEEK!

WINTER CLOTHING NOW ON SALE!

Visit
Our New
Location!

Past & Perfect

Casual to elegant upscale ladies fashions.

A large selection of fine furs,
new & pre-owned consignment.
The latest fashions at a fraction of the cost!

Casual, business and formal

TAX FREE WEEK, JAN. 17-24

Call Lillian Downes

266 Delaware Ave., Delmar • 478-9383

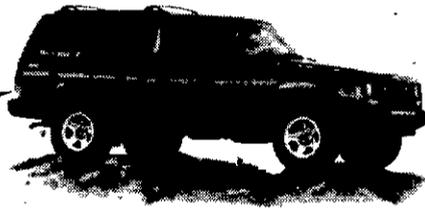
Open Tues. - Wed. 11-5:30, Thurs. 11-7, Fri. 11-5:30, Sat. 10-3.

MARSHALL'S MAKES IT HAPPEN!

For 65 years we've been doing only one thing, that's selling & servicing top quality new & used vehicles

'98 JEEP CHEROKEE

4.0L 6 Cyl., Automatic, A/C, AM/FM Cassette, Roof Rack, Floor Mats, Rear Window Washer, Rear Defroster, Full Spare #8CH12



College Graduates Take an additional \$400 OFF!

SAVE \$3,400! NOW \$17,990*

'99 GMC JIMMY 4 DR. SLE 4X4

V-6, Auto., Full Power, 3 To Choose From

\$299 /MO. LEASE



36 Month/36K Miles \$2216. C.O.D. Plus Tax

'99 PLYMOUTH VOYAGER

3.3L, V-6, Rear Window Defroster, Windshield Wiper De-Icer, Full Size Spare, 7 Pass., A/C, Lockable Storage. 2 Available.

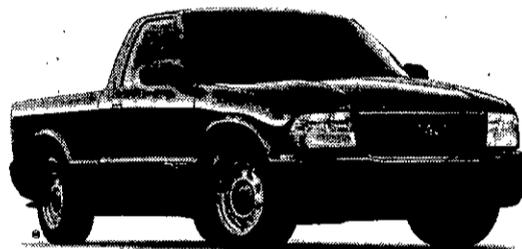


36 MO. LEASE \$287²³* Includes sales tax

Total Due at Inception \$287²³*

**36 Mo/36,000 mile lease. Total due at inception is 1st mo., \$287.23. Total of payment \$10,340.28. purchase option \$10,667.50. Thru primary lending source. Credit qualified. DMV fee extra. Lessee responsible for maintenance. * Sales tax, DMV Fees extra, Price includes all rebates and incentives.

'99 GMC SONOMA 1/2 TON



Topaz Gold, AM/FM Stereo, ABS, Smooth Ride Suspension, Daytime Running Lights.

M.S.R.P. \$13,002
Marshall's Discount \$758
Factory Rebate \$750

2.9% financing for 36 Mos. available on most GMC's

NOW \$11,494

Expires 1/31/99

MARSHALL'S Winter Survival "Gotta Have" Check List

- Hats, Boots, Gloves **SUBARU** The Beauty of All-Wheel
- Shovel
- Subaru 4x4 from MARSHALL'S**
- Salt



NEW '99 OUTBACK SPORT

AWD, ABS, A/C, Cassette, Full Power & More.

In Stock Now!

ONLY \$217⁷⁹ PER MO.+TAX

Stk. #9S52

\$1500 Total Down * 48 Month Lease, 12,000 miles per year. 15¢ excess mileage charge



NEW '99 OUTBACK WAGON

AWD, ABS, Cruise, Our Biggest Subaru and Our Biggest Seller Drive Away Today. \$1,500 Total Down

Stk. #9S51

ONLY \$249⁸³ PER MO.+TAX

In Stock: Ready to Roll! * 48 Month Lease, 12,000 miles per year. 15¢ excess mileage charge

MARSHALL'S ALL WHEEL DRIVES FOR LESS!

97 LEGACY AWD WAGON	5 Spd. - Full Power, A/C, 53,907 miles	Special \$12,490
97 OUTBACK SPORT	5 Spd., Loaded, 21,688 miles	Reduced \$14,995
96 LEGACY WAGON	5 Spd., Wagon 53,654 miles	Go in the snow \$12,450
95 IMPREZA AWD COUPE	54,932 miles	Only \$8,495
96 IMPREZA AWD SEDAN	39,322 miles	Special \$10,995
96 OUTBACK WAGON	Auto., 27,602 miles	Special \$16,995

0% FINANCING ON NEON UP TO 60 MONTHS!

PRE-OWNED VEHICLES

Over 140 Top Quality Used Vehicles Available

STK#	YR/MAKE	MODEL	MILEAGE	PRICE
9S24A	95 CHEVY	LUMINA 4 DR.	58K	\$7,995
8PC82MA	92 INFINITY	G-20 4 DR.	68K	\$7,995
8PC73M	96 PLYMOUTH	NEON 4 DR.	44K	\$7,995
8PC76M	97 PLYMOUTH	NEON 4 DR.	25K	\$8,995
88V61A	94 DODGE	INTREPID	45K	\$9,995
8S299A	96 DODGE	STRATUS	49K	\$9,995
G8C22A	95 BUICK	REGAL 4 DR.	59K	\$10,995
G8V66A	96 FORD	TAURUS 4 DR.	47K	\$11,995
8S294BB	95 SUBARU	LEGACY 4 DR. AWD	48K	\$12,495
9S64A	96 SUBARU	LEGACY SW OUTBACK	69K	\$13,995
8PC130M	95 SUBARU	LEGACY SW LSI	37K	\$14,995
8PC114M	97 SUBARU	OUTBACK SPORT	24K	\$14,995
8PC86M	97 SUBARU	OUTBACK SPORT	21K	\$14,995
8PC89M	96 MERCURY	VILLAGER	25K	\$14,995
9PC78M	98 SUBARU	LEGACY 4 DR. AWD	8K	\$16,995
8PC109M	98 SUBARU	LEGACY SW AWD	7K	\$17,995
8PC117M	98 SUBARU	LEGACY OUTBACK	24K	\$18,995
8PC115M	98 SUBARU	LEGACY OUTBACK	14K	\$19,995
8PC105M	98 SUBARU	LEGACY OUTBACK	10K	\$19,995
G8PC30	98 PLYMOUTH	GRAND VOYAGER	31K	\$19,995
CARS/VANS				
7C120B	94 CHEVY	S-10	72K	\$6,495
8T68A	89 FORD	F150	65K	\$6,995
8T205A	96 GMC	SONOMA	43K	\$9,995
8PC129M	93 DODGE	3/4 TON SNOWPLOW	54K	\$12,995
8PC95M	95 DODGE	DAKOTA 4X4 EXT.	52K	\$16,495
G8CR22A	95 GMC	JIMMY 4 DR.	40K	\$16,995
8T185A	97 GMC	SIERRA 4X4	50K	\$16,995
9T39A	95 GMC	JIMMY 4 DR.	49K	\$17,995
8PC58M	97 CHEVY	1 TON DUALY.	10K	\$19,995
8PC92M	98 GMC	JIMMY 4 DR.	29K	\$21,995
TRUCKS				

Tax, Title and registration extra. Prices include dealer discounts and all applicable rebates. Previous orders excluded, DMV fees extra

MARSHALL'S SUBARU

ROUTE 9W • RAVENA • 756-6161

MARSHALL'S

ROUTE 9W • RAVENA • 756-6161