

Spotlight acquires Clifton Park paper

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March 24, 1999

Spotlight

New citizen



Zachary John Tersian, 2, from Guatemala, is Delmar's newest citizen. He and his dad John celebrate after the naturalization ceremony at Menands School. *Debbie Eberle*

DOT to discuss Feura Bush \$9M road widening plan

By JOSEPH A. PHILLIPS

The state Department of Transportation (DOT) will discuss its plans for major roadwork near Feura Bush at a special informational open house on Tuesday, March 30, in the auditorium and cafeteria of Clarksville Elementary School.

The proposed \$9 million plan would upgrade a stretch of Route 32 between Route 301, near Mead's Corners, and Route 308 just west of Feura Bush.

Representatives of DOT's Region 1 Design Group and of Barton & Loguidice, engineering consultants on the project, will be on hand from 5 to 7 p.m. to answer questions and will make a full presentation of the plan at 7 p.m., following which they will entertain any further questions. The school is at 58 Verda Lane, a block off Route 443 in Clarksville.

Mark White, DOT project manager for the program, said the project will involve some strip-taking but no homes to be

taken in the project, which will add several turning lanes at various points and close of the northern end of Onesquethaw Creek Road, where it intersects with Route 32 near Feura

Bush. He also did not expect any road closures during the course of the project.

DOT expects design approval this summer. Construction will likely begin

□ ROAD/page 34

It's back to drawing board for First Columbia

By JOSEPH A. PHILLIPS

Faced with initial skepticism over its first choice of site for a new medical services building in Slingerlands, developer First Columbia has decided to test the waters with another nearby.

First Columbia will ask the Bethlehem town board tonight to consider a possible zoning change to permit development of a building that would provide satellite offices in Bethlehem for physicians affiliated with St. Peter's Hospital. The new site on New Scotland Road is in the same

area as the initial choice, 12 Maher Road, but not directly straddling the heavily trafficked Route 85 corridor.

First Columbia's Kevin Bette confirmed Monday that the developer is now considering part of a 16-acre tract in a planned residential district known as Terramere. While part of the site, which faces the former Blue Cross building across New Scotland, is being developed for residences, the portion closest to the Normanskill "was left vacant for future commercial uses," Bette said. "We have made a request of the town board (to) consider a commercial development on

that property."

The firm has requested that part of the Terramere site be rezoned from a planned residential district to a planned commercial district. The matter is scheduled for initial consideration at the town board meeting tonight, March 24, at 7:30 p.m. at town hall.

"We're going in to the town board (tonight) to gauge their feelings about possible rezoning of that site," Bette said.

Deputy town planner Janine

□ DRAWING/page 48

By JOSEPH A. PHILLIPS

The Bethlehem town board, in two unanimous votes taken at its March 10 meeting, has raised the eligibility levels of senior citizens and veterans to qualify for tax breaks.

Both amendments resulted from changes voted last year by the state Legislature. The existing veterans property-tax exemption provided a \$120,000 cap on home valuation as the basis of tax exemptions. The new state law gave municipalities the option of raising that cap to one of three new levels, and Bethlehem opted for the highest new

level, \$180,000. That raised the maximum total veterans exemption from \$90,000 to \$135,000, according to figures supplied by the town assessor's office.

The senior exemption law set a sliding scale of 10 eligibility levels, up to \$26,900, with the maximum 50 percent exemption available to those with incomes of \$18,500 or less.

The amended state law allowed communities to add \$1,000 to each level, thus making the maximum eligibility available to incomes up to \$19,500 and raising the top eligibility level to \$27,900. Bethlehem will now do so.

□ TAX/page 34

Walking distance to appear on BC May school ballot

By MAUREEN FREEMAN

Bethlehem's 1999 school budget ballot in May will contain a proposition that will let the community decide whether to lower the walking limit for both high school and middle school students to half a mile.

Currently, high school students who live within a mile and a half of the school and middle schoolers living within a mile

of their school cannot use the district's bus service.

Any changes in the rule must receive majority voter approval. If the proposition passes, \$125,265 will be added to the school budget to help pay for the increased service.

The school board estimates that four new buses will be needed to accommodate the increased number of students who would ride the bus.

This year, 178 middle school students live between one half and one mile from their school, and 261 high school students live between one half and one and a half miles from that school, said Superintendent Les Loomis. He figures that 62 percent of those students would

□ BALLOT/page 34

Bethlehem police arrest three on DWI charges

By Joseph A. Phillips

Three more arrests have recently been made by Bethlehem police involving charges of driving while intoxicated (DWI), one of those a felony charge resulting from a high-speed chase on Route 9W in Selkirk.

That arrest occurred at about 2:40 a.m. on Saturday, March 13. While on patrol Officer James Rexford observed a southbound vehicle without its headlights on in the vicinity of Stoffels Drive on Route 9W. Rexford gave chase but failed to stop the vehicle, which he reported was travelling in excess of 100 mph as it passed Creble Road.

Sgt. James Corsi prepared to

join the pursuit in another police car, but Rexford overtook the suspect vehicle after it hit a snowbank and a utility pole near the intersection of Route 396 and flipped over.

Albany County paramedics were called to assist the driver, identified as Cecil A. Davis, 39, of 148 Old Ravena Road, Selkirk. Davis, who sustained arm and head injuries, was transported to Albany Medical Center Hospital. Police were unable to conduct field sobriety tests.

Davis was later arrested on felony DWI charges, criminal mischief, and nine additional traffic infractions. He has been ordered to appear in Bethlehem Town Court on April 6.

A complaint was also filed with Coeymans police by Betty Willsey, the owner of the vehicle involved in the incident, charging Davis with unauthorized operation of an automobile.

The following morning, on Sunday, March 14, at about 1:15 a.m., Rexford observed a southbound vehicle near Stoffels Drive on Route 9W being driven erratically. He stopped the vehicle near Jericho Road. Sgt. Robert Berben provided backup at the scene.

After administering field sobriety tests, they arrested James Joseph Favicchio, 23, of 154 Mansion St., Coxsackie, and charged him with DWI, unlawful possession of marijuana, and several traffic citations. He was ordered to

appear in Bethlehem Court on April 6.

Police reported another DWI arrest March 14 when Officer Brian Hughes clocked a vehicle operating at excessive speed crossing the Albany city line at Delaware Avenue.

He stopped the vehicle near the Kenwood Avenue intersection. Following administration of field sobriety tests, with the assistance of Sgt. Berben, he arrested Kristy L. Riedhammer, 28, of 15 Gardner Terrace, Delmar. She was charged with DWI and ordered to make a court appearance on April 6.

Court case adjudicated

A Delmar man charged with driving while intoxicated (DWI) in the town of Bethlehem pleaded guilty on March 16 in Bethlehem Town Court to a lesser count of driving while ability impaired (DWAI).

James Robert Shawn, 21, of 72 Louise St., who was arrested Feb. 27, was fined \$300 and assessed an additional \$30 state-mandated surcharge. He also had his license suspended for 90 days, and was ordered to participate in a drinking-driver remediation program and a victim impact panel.

Deputies report arrests for DWI in N. Scotland

Albany County Sheriff's deputies from the Voorheesville substation recently arrested two individuals on charges of driving while intoxicated (DWI) in the town of New Scotland.

The first arrest was the result of a routine traffic stop Feb. 19 on Route 155. Joseph F. Addario, 31, of Pine Street, Delmar, was stopped for failure to keep right and for having an inoperative headlight.

A license check revealed a suspended license, and after administration of field sobriety tests, Addario was charged with felony

DWI, aggravated unlicensed operation and several traffic counts. He subsequently appeared in New Scotland Town Court on Feb. 25 to enter an initial plea to the charges. His case was adjourned until March 25.

A second DWI arrest occurred on Feb. 25, when Roger Stevens, 49, of Park Street, Altamont, was stopped on Route 85 for investigation of a possible inspection violation.

Deputies said Stevens failed field sobriety tests. He was ordered to appear in New Scotland Town Court on April 8.

S. Bethlehem church to present Lenten plays

Two dramatic presentations for the Lenten season will be offered during Holy Week at South Bethlehem United Methodist Church.

"Who are these men?" will be presented on Maundy Thursday, April 1, at 7:30 p.m. at the church, 65 Willowbrook Ave in South Bethlehem.

The drama will bring the Last Supper to life, as the disciples break bread together, and then

conclude with an enactment of the betrayal by Judas.

Following the presentation, Holy Communion will be served.

On Good Friday, April 2, at 7:30 p.m., the church will present "The Passion Play—The Life of Christ." The Crucifixion will be presented realistically and the drama is not recommended for young children.

For information, contact the church at 767-2281.

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Spotlight acquires Clifton Park paper

By Joseph A. Phillips

Spotlight Newspapers announced this week the acquisition of a publication that will give the growing newspaper group a foothold in southern Saratoga County.



Hancock

Publisher Stewart Hancock announced the purchase of the *Clifton Commentator*, a monthly, which will be renamed the *Clifton Park Spotlight* and published weekly, beginning April 8.

The new edition brings to seven the number of Capital District weeklies under the Spotlight group banner, including *The Spotlight*, its flagship paper in Bethlehem and New Scotland; the *Colonie Spotlight*; the *Loudonville Weekly*; and the three *Journal* newspapers, acquired last fall, in Rotterdam, Niskayuna and Scotia-Glenville.

The new paper also signals an ongoing Spotlight commitment to coverage of the area's growing suburban communities.

"Our philosophy is simple," said Hancock. "If it's local, it's news. We are committed to covering our communities in detail, from breaking news to Little League scores."

The addition of the new paper to the roster will bring to approximately 35,000 the combined circulation of all seven papers in the Spotlight group, which is owned by Eagle Newspapers of Syracuse.

In addition to its Spotlight group, Eagle publishes 18 newspapers in the greater Syracuse area, most of them weeklies, with a combined circulation of more than 130,000.

The monthly *Commentator* was purchased from publisher Jason B. Miller of Clifton Park. As the *Clifton Park Spotlight* it will broaden its editorial focus beyond features to broader news coverage, particularly of the

Shenendehowaschool district and the town of Clifton Park.

"Taking it weekly will enable us to really get into the meat and potatoes of Clifton Park life," said Spotlight General Manager John McIntyre Jr.

"We're really glad to be moving into southern Saratoga County," said McIntyre. "Clifton Park is a market our advertisers have asked for. It's a real positive that we're able to give them that. And we want to give our Clifton Park readers exactly what they would get in the other Spotlight papers — comprehensive local coverage focused on their community."

To increase the new paper's visibility, it will initially be distributed free to the *Commentator*'s current readers, as well as to any Clifton Park resident requesting it.

Bill Fonda, who has served as full-time reporter for the *Colonie* and *Loudonville* papers for the past year, has been named editor of the new weekly.

Spotlight Managing Editor Dev Tobin, who has overseen the *Colonie* and *Loudonville* editions, said of Fonda's appointment: "Bill's been a top-notch reporter and this new position will be a great opportunity for him. I'm confident he'll bring to our new Clifton Park readers the same high standards he reached here. *Colonie*'s loss will be Saratoga County's gain."

Health Dept. checking animals for rabies

By Joseph A. Phillips

The alert in the town of Bethlehem for rabies in the wild continues, with four more cases so far this month of town residents encountering potentially rabid animals.

The first case was reported March 3, when John B. Geurtze, responding to a disturbance in the livestock barn of his farm at 939 Route 9W, encountered an apparently sick raccoon and killed it with a shovel.

He alerted Bethlehem police, who transported the animal to Five Rivers Environmental Education Center for testing. Albany County Health Department officials later confirmed that the animal was rabid.

A ram and nine ewes in the barn, all vaccinated, were unharmed, and Geurtze reported no apparent contact with four lambs, barely a week old. No quarantine

BCMS to celebrate diversity

By Katherine McCarthy

African-American culture will come alive for team 8C at Bethlehem middle school on March 30.

The celebration is the result of a study unit created six years ago by social studies teacher Donna Varriale and then-English teacher Karen Cole. The curriculum continues to include English, now taught by JoAna Finger, but also cuts across other eighth-grade subjects. Science students, for instance, will take part in a peanut lab, in honor of George Washington Carver, who found more than 300 profitable uses for the peanut.

Guest speakers and performers will bring African-American culture to the students. New to the lineup this year is Albany's venerated bluesman, Ernie Williams, who, along with his Wildcats, will truly make the library media center an interactive place. Williams and the Wildcats will take their place alongside Kim and Reggie Harris, whose multimedia presentation "Dream Alive! A Celebration of Black History" has been the focal point of the program since its inception.

Local actor Lee Griffin will read the poetry of Paul Laurence Dunbar, one of the first great African-American poets, in a workshop for the students. John L. Howe will talk about Sergeant Henry Johnson, who, 80 years after receiving France's highest award for valor after serving in the all black 369th infantry division in World War I, has finally been nominated for the Medal of Honor.

Clarence Dart, a retired GE employee, will talk about his ex-

periences as a Tuskegee Airman, flying in the all-black 99th Fighter Squadron during World War II. The Tuskegee Airmen flew hundreds of missions over North Africa and Europe, never losing a bomber they escorted.

Students will also learn African drumming, and a dance of welcome. They will meet Rodney Smith, former professional athlete with the Albany Firebirds, and learn about baseball's Negro

In our school, there are very few African-Americans. This gives the kids a chance to see African-Americans in a positive note, and hopefully, gain appreciation of the fact that everyone has contributed to our society.

Donna Varriale

League from Frank Keetz, author of *Mohawk Colored Giants of Schenectady*.

Lunch will be African-American cuisine that the students will help prepare.

"This is a fun day, but also an important day," Varriale said. "In our school, there are very few African-Americans. This gives the kids a chance to see African-Americans in a positive note, and hopefully, gain appreciation of the fact that everyone has contributed to our society."

Varriale and Cole started the project six years ago with common

literature in their English and social studies classes. "We chose books about diversity and people who had faced obstacles," Varriale said, with students reading works about Harriet Tubman, factory workers, American Indians, Vietnamese refugees and Holocaust victims.

Cole and Varriale eventually put together a research paper about African-Americans and their achievements, focusing on 20th century figures like Stokeley Carmichael and Rosa Parks. When the two attended a workshop at the Rensselaerville Institute, they met Kim and Reggie Harris of Middleburgh, Schoharie County, and thought it would be great to bring them into the middle school. As time went on, the teachers found more African-Americans to come and spend the day with the students.

"We always hear that our students are well-prepared and kind," Varriale said proudly.

Some fund-raising takes place, including donut sales, dances, and funding from the Arts in Education program.

Many parents attend all or part of the program, and Varriale has invited senior citizens to attend. "I think they might be especially interested in the Tuskegee Airman," she said.

But Varriale is pleased at what the students get out of the day. "We cover a variety of ethnic groups in our curriculum," she said. "The kids are learning things they didn't know, like Dr. Martin Luther King's philosophy and why he chose civil disobedience."

V'ville election tallied

By Joseph A. Phillips

It's official: in elections held on March 16, incumbent Harvey Huth was re-elected for a four-year term, and William Hotaling was elected to his first term, on the Voorheesville board of trustees.

Hotaling will fill the seat being vacated by Kevin Garrity.

Of the 240 registered voters who turned out for the nonpartisan, uncontested election, 225 pulled the lever for Hotaling. Huth received 148 votes.

Village Clerk Lauren Hatch said the vote differential was most likely the result of some voters thinking they could only vote for a single candidate.

Hotaling's predecessor on the board, Garrity, received seven write-in votes. Hatch said no other write-ins were recorded.

The board's next meeting is set for next Tuesday, March 30, at 8 p.m. at village hall, 29 Voorheesville Ave.

An organizational meeting for the new board will be set and the preliminary village budget will be discussed.

The meeting will be preceded at 7:30 p.m. by a public hearing concerning proposed amendments to the town's zoning law.

Most of the amendments update definitions of terms used elsewhere in the zoning law, but portions of it also deal with revising zoning requirements related to keyhole lots — parcels of land with only narrow access to street frontage — and special use permits.

Copies of the proposed law can be obtained at the village offices prior to the hearing.

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Children's security a reminder of ultimate freedom

By Katherine McCarthy

The dysfunctional doctor father in Barbara Kingsolver's beautiful book *Animal Dreams* thinks "His girls are as light as birds," as he watches his daughters sleep all curled up together.

I have thought about that line a lot lately, as my boys have taken to sleeping together, their bodies separated only by their devoted dog who interrupts the flow of flannel-covered comforters.

It is amazing that they all fit in one space. Their beds are full of the stuff attendant to childhood: favorite quilts made for them as babies and loved nearly to tatters, Joey dolls, their beloved Cabbage Patch dolls whose absence at bedtime still sparks crises, Beanie Babies and stuffed animals of every ilk and hue, Luke Skywalker

COMMENTARY:

*Mom's
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Word*



and the Millennium Falcon, really a toy too big to sleep with, and, most oddly, the carrier we used when we traveled with our cat, who died three years ago.

The boys and the dog are still small enough to configure themselves comfortably in one crowded bed. One night, I found Christopher in his own bed with Cormac further down in it, one hand slung up on his brother's hip. Our dog Maeve lay comfortably between them. When I looked in, I saw

three heads like steps in the bed.

On weekends, when our tenacious grip on household order weakens altogether, they get creative. Recently, it was a cave, with mattresses pulled off the beds and angled up like walls descending into the abyss.

Christopher was the stalactite that night, head near the top of one mattress, feet towards the bottom. Cormac was a stalagmite, or perhaps a bat, sleeping upside down. Maeve was the ground in the middle, a black swath between one boy's head and another's feet.

It is touching to see them sleeping so close together — silent and convincing evidence that they love each other, daily protestations and sibling rivalry to the contrary.

Do they feel safer snuggled up

together? Is it warmer? Does it solve the fight about whose bed the dog will sleep on? Did they fall asleep plotting against the Controllers of Their Universe — parents and teachers?

Any mother will tell you that their children are at their most precious when asleep. Who hasn't taken a picture of their finally sleeping infant? It's peaceful perfection: a bald head turned sideways on a jersey knit sheet, perhaps a fist knotted up next to an alabaster cheek.

For a heartbeat, they are perfectly safe. Nothing can harm them when they are safely asleep in their cribs.

My children are growing older, and ever more independent. Chris and I have sought to make their world secure, by moving to a small

ish town where it is easy to get involved and know people. Sometimes when we cross the railroad tracks on our way to CVS, a small knot of young teens might jump up, looking vaguely guilty, but they always say a polite hello.

"What are they doing?" Christopher asked once.

"Nothing," I answered with a smile, "but they're hoping I don't know their mothers."

We lived in New York City for many years, where there are lots of people but it's easy to preserve your anonymity. We liked our privacy, but I love knowing that in this community there are many people who will recognize my boys, and when they're older, report to me if they see them in the wrong place at the wrong time.

I like living in a town where the community strives to provide healthy alternatives for young people, where PTA members organize family events and you're bound to run into at least three people you know at the library on a weekend afternoon.

I love things like last Friday's BOU auction, where everybody chips in a little so the whole community can get a lot. I like the school my boys attend, where all the teachers know them by name, and the school superintendent stopped by to celebrate the lunch aide, Mrs. Vet's, 80th birthday.

Someday, I know, all the safety and familiarity we strive to give our boys will seem tight and confining. They will be too old for mattress caves in their room, and not even their intense love for our dog will keep them at home.

When my birds are too big to hold in my hands, I will stroke their feathers and set them free. I hope they are able to fly straight and far, strengthened by the nest we have woven for them here. A nest I hope they will always recognize, and sometimes return to, telling tales of life in the clear blue beyond.

Glenmont doctor named to 'best' list

Dr. Joseph Sacco of Glenmont has been selected by his peers for listing in the book *The Best Doctors in America*.

Selection for the volume is based on ratings supplied by more than 35,000 doctors nationwide, to recognize their peers for their exceptional clinical abilities.

Sacco is chief of cardiology and director of the medical intensive care unit at Stratton VA Medical Center, and an assistant professor at Albany Medical College.

Dr. Sacco has also recently been listed in *Who's Who of American Doctors* and elected president of the Capital District Council of the American Heart Association.

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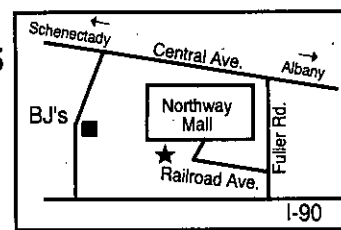
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Restoring old barn became couple's work in progress

By Lynn Finley

In the summer of 1981, Robin and Kevin Geery left Salt Lake City after living there for five years and headed east without jobs or a place to call home.

Kevin had graduated from the University of Utah and Robin was teaching sixth- and seventh-grade English when they decided to return to Delmar, Robin's hometown.

The couple had been encouraged by Robin's parents, Pete and Robin Schaap, and decided it would be nice to live closer to family, especially since they now had two daughters, 3-and-a-half-year-old Emily and 6-month-old Julia.

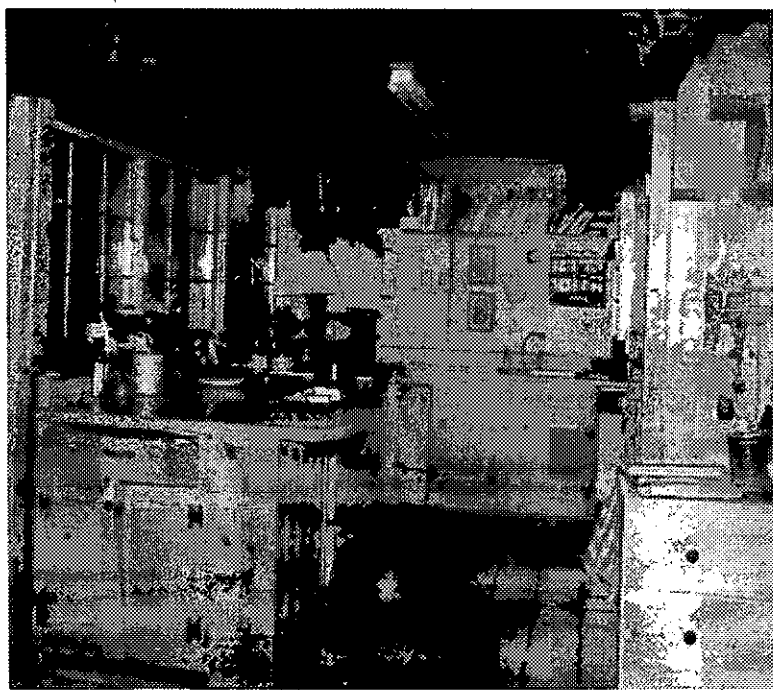
But several days after their arrival on the Fourth of July, they were already considering repacking their car and heading west. Sensing their change of heart, Robin's parents mentioned that there was a Dutch barn for sale in New Scotland. At one time, Betty Hotaling had owned the property and operated her antique business from Betty's Barn.

The Geerys decided to take a look. Quinten Weaver, a contractor, owned the barn and was using it for storage. Kevin and Robin recall that it was full of construction equipment and old wrecked cars.

Kevin remembers thinking that it would be a "really cool house." But Robin was only thinking about living someplace other than her parents'. Both wanted a place to call their own.

The 290-year-old barn was on a 260-acre parcel. It belonged to the Wands family in the 1700s, and didn't change hands until 1956 when Van Rensselaer Taylor, a Wand descendant, sold it to Betty Hotaling.

On Oct. 6, 1981, the Geerys wrote a \$10,000 check for the prop-



The kitchen area of Robin and Kevin Geery's restored barn. Lynn Finley

erty and vowed they would be living in their new home by spring. In the meantime the family continued to live with the Schaaps in Delmar.

During the next few months, Robin and Kevin spent nights and weekends working on the barn. Kevin was also working for Steve "The Handyman" Hotaling, Betty Hotaling's grandson.

Construction took longer than anticipated and conditions were still a bit primitive when the Geerys moved into their new home in October 1982. They didn't have central heating and relied on a wood stove in the living room.

"It was not unusual to wake up to 30 or 40 degrees," said Robin. One of their biggest challenges, besides keeping warm, was dealing with the wildlife that felt "put out we had moved into their territory," said Kevin.

"We were sitting in the living room, with our kids, sitting around having a nice family night... when a weasel comes running through

night, baseball bat in one hand, racquet in the other, suddenly saying, "Hey, it's Batman and Robin." Laughter helped fortify the couple to meet the daily challenges of living in a reclaimed barn.

But they discovered there were advantages to living in a nonconventional home.

Summers were pleasant and the south side of the house, which is mostly glass, created a passive solar design. The children also found play areas in the nooks and crannies created by ongoing construction.

Kevin, who has been a contractor for the last 16 years, views his home as "a work in progress." Robin feels they were able to turn the barn into a home through "the talent of the husband and forbear-

ing of the wife.

"I can't even tell you what a rough going it was for the first few years. When you're young and don't realize what you're getting into it's good... a protective thing. If I had known what I was getting into I never would have done it," she said.

Robin kept a journal during the initial phases, and its entries are telling. "Me, live in a barn? What if someone I know finds out? Me, clean this 200-year-old relic myself and maybe be stung by a bee? Forget it! Impossible!" she wrote.

Through hard work, the impossible became possible. The barn is now a real home for the Geerys; the site of family gatherings, parties and memories. And the wildlife has moved on to new quarters.



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Matters of Opinion

Drive responsibly

This week's Point of View and one letter to the editor are reminders of the importance of following the rules of the road.

The letter from Gloria Brilling about what was apparently thoroughly irresponsible driving on Route 32 last week was chilling.

Two teen-agers using excessive speed could have injured or even killed not only themselves but others.

Many teen-agers in the Bethlehem, Voorheesville, Ravena-Coeymans-Selkirk area drive to school and most do drive responsibly.

But those who use a car as a "plaything" are like little children playing with matches, and sooner or later someone will get hurt. The difference is that teen-agers should know better. Perhaps a group like Citizens for Pedestrian Safety is in order to help make the roadways safer. Recent fatal accidents in the Capital District where "the lack of experience of the driver" was cited as a probable cause are vivid reminders of what can happen.

Lisa Milette, an ambulance service volunteer, reminds all drivers about the proper way to yield for emergency vehicles. Drivers should be aware that the emergency vehicles' siren might not even be audible if the noise level in their car is high — radios and tapes should be played at a moderate range so that drivers can react appropriately.

Spring into shape

Pat yourself on the back! You've survived another winter in the great Northeast. It's officially spring, which for most of us means: getting in shape.

This week's special health and fitness supplement offers some articles with good advice on making the flab-shedding process as painless as possible. Just remember not to attempt running a marathon the first week you begin exercising again. Consider one of the many programs offered by local fitness clubs. It's the same thing as far as dieting is concerned; starvation is not the right or healthy approach. Fitness professionals and nutritionists will help design a program that's most effective for you and your goals.

There's still plenty of time between now and swimsuit weather to tone up those winter-neglected muscles.

Happy spring and good luck getting in shape.



Bethlehem Volunteer Ambulance Service headquarters in Selkirk.

Motorists should yield in emergencies

By Lisa Milette

The author is a member of Bethlehem Volunteer Ambulance Service.

Point of View

In an emergency, seconds may mean the difference between life and death. When an emergency vehicle is operating with lights and sirens, a life could be on the line.

The emergency call could be a heart attack, a child struck by a car, an elderly person trapped in a burning mobile home or an assault in progress. Whatever the case, emergency personnel need to get to the scene as quickly and as safely as possible. Critical seconds may be lost if the driving public doesn't make way for emergency vehicles. The life on the line might be a friend, a neighbor or a loved one.

EMS providers put their lives on the line every time they get in an emergency vehicle and make an emergency run. Every EMS

response does not require lights and sirens. Advances in the training and technology of EMS are now focused on stabilization not speed. Today there is less need for a lights and sirens response.

The public is now better educated on when and how to call EMS. Improved EMS systems and access to 911 have allowed dispatchers to give the caller instructions prior to the arrival of the EMS crew, prioritize calls and dispatch emergency vehicles with the aid of computers.

Advancements in radio communications allow EMS crews to use portable radios to communicate in the field and en route with area hospitals. Advancements in technology even allow the transfer of data from cardiac monitors and defibrillators directly to hospitals. With all these advancements in treatment and technology, running with red lights and sirens can be used as a last resort.

When a motorist sees an ambulance responding with lights and sirens it is often responding to a call, not necessarily transporting a patient. Many times operating an ambulance with lights and sirens while transporting a patient can add to the stress and aggravate a medical or trauma condition. Treatment while transporting a patient in an ambulance running lights and sirens can be risky to EMS providers who may be thrown off balance or struck by sliding equipment.

The following guidelines outline the proper steps a driver should take when encountering an emergency vehicle.

Motorists should begin by driving defensively and being aware of their surroundings at all times. A high noise level and distractions inside the car many mean that a driver may not be aware of what is going on outside the car.

Not all emergency vehicles approach cars from the front or back. With a high noise level and distractions inside the car it may be difficult to hear an ambulance approaching from a side street or merging onto a highway from an entrance ramp. Keep radios, tape and CD players at moderate levels. Sirens may be virtually silent in a car if music is played too loud.

Drivers must actively seek the source of the siren sound and/or lights and should keep their eyes on the road in front of them and quickly scan the area to the front and to the sides. Check the rear and side-view mirrors frequently. Use both sight and sound to identify the location and direction of travel of the emergency vehicle. Estimate distance and closing speed and plan your next move.

Drivers should react quickly but carefully. Remain calm and in control. Quickly scan all directions before pulling over. Don't slam on the brakes or suddenly pull over. That is the No. 1 complaint of most emergency vehicle operators.

When a driver slams on brakes, it endangers the driver and any passengers and it especially endangers the people in the emergency vehicle. Always use the turn signal when pulling off the road. This alerts the emergency vehicle operator and other drivers that you have seen them and will be pulling out of traffic. Motorists should pull to the nearest edge of roadway and stop.

When a driver is on the high-

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Your Opinion Matters

way in the left lane, he or she should signal and pull to the edge of the road or shoulder and come to a complete stop. If a physical barrier exists dividing the highway, the driver should signal and cross over to the right. If the driver pulls to the right, they should be sure to signal their intentions and carefully move across.

In the right lane, the driver should signal and pull as far off the road as safely possible, taking care to brake gradually as there may be loose gravel on the shoulder. The driver should come to a complete stop and remain stopped until the emergency vehicle has passed.

If the driver is in the center lane of a highway, they should signal and change lanes to reach the nearest edge of the roadway and come to a complete stop. Motorists should check the rear view mirror as the emergency vehicle approaches, because the emergency vehicle driver may signal you to pull off or to pull to the right or left.

Motorists approaching intersections should be aware of pedestrians who may be in crosswalks or on the edge of the roadway. The pedestrians may be looking at the emergency vehicle, and not where they are going.

Do not attempt to move through the intersection against the red light. This increases the chances of a crash and the driver may bear all or some of the responsibility. Do not block an intersection while attempting to move for an emergency vehicle. At a red light, remain stopped, signal, and then move as far over as possible to the nearest edge of the roadway. If the light turns green and the vehicle is still approaching, remain stopped until the vehicle has passed.

Try and stay clear of the left turn lane. Emergency vehicles often use this lane to get around traffic at an intersection. Beware of other emergency vehicles that may be entering the intersection from a different direction.

Re-entering the roadway is when the driver is at greatest risk. They may not see approaching traffic, or other drivers may not see them. Always signal when re-entering the roadway. Signal every time, all the time. Make a visual sweep in all directions before entering the roadway. Be especially alert for other emergency vehicles approaching. Gradually merge with traffic, checking behind and to the sides. "Go with the flow" of traffic. Show courtesy to other drivers and yield to oncoming traffic.

The risk of a crash is not worth the risk or the few seconds saved by rushing into traffic. Continue to be aware of other emergency vehicles that may be behind the one that just passed you.

Never follow an emergency vehicle. This is a very dangerous action and is illegal in every state.

Following an emergency vehicle puts the driver and passengers at great risk. If the driver strikes the back of an ambulance, the patient and EMS providers in the back could be severely injured or killed.

Stay back at least 500 feet. The vehicle may make a sudden stop or turn. Maintain a safe stopping distance, especially in bad road conditions—this allows plenty of time to react in an emergency.

Never try to outrun an emergency vehicle. This is very dangerous and the risk is not worth the few seconds you may save.

Never stop on a short or narrow bridge. Most bridges don't have sufficient room to safely pull over and allow an emergency vehicle to pass without pulling into

the oncoming traffic. On short or narrow bridges the driver should proceed forward until it is safe to pull over and stop.

Never stop in a curve with no shoulder or adequate room to fully exit the roadway. Stopping on a curve forces the driver of an emergency vehicle into a situation where they can not see oncoming traffic. In a curve with no shoulder, proceed forward until it is safe to pull over or fully exit the roadway.

Following these guidelines will help EMS personnel to respond to an emergency situation safely and timely. The next time you encounter an emergency vehicle, remember that a life may be on the line.

For information or to volunteer, contact the Bethlehem Volunteer Ambulance Service at 767-2301.

When you see an emergency vehicle, remember S-I-R-E-N.

S = stay alert

- Drive defensively
- Keep the noise level down in the car

- Beware of more than one emergency vehicle approaching

I = investigate

- Scan in front and to the sides
- Check the rear view mirror
- Estimate closing speed of emergency vehicle

- Plan your next move

R = react

- React quickly, calmly and

rationally

- Scan all directions before pulling over

- Don't slam on the brakes or suddenly pull over

E = enter

- Signal: signal every time — all the time

- Sweep: Make a visual sweep in all directions before entering the road.

- Steer: Gradually merge with traffic

N = never

- Follow or try and outrun an emergency vehicle.

Art show is spectacular

Editor, The Spotlight:

This community was enriched by an art exhibit of Bethlehem Central High School seniors this week. It's impossible to relate the excitement of the works that are now on exhibit.

To see the faces of the students whose works are on display and the faces of their teachers, one can only be taken by the talent, ability and dedication witnessed by those of us who attended the opening reception.

I applaud everyone involved

with the first Senior Art Exhibit and look forward again to the exhibit by all the students. I strongly urge the Bethlehem community to stop by and see the seniors' work. You will, no doubt, be awed by the work in all media by these young men and women.

A special thanks to the art department's Andrew Messino, George Dirolf, Kaaren Caron, Laura Dwight, Leslie Greist, Joyce Jones, Joleen Roe and Diane Segal.

Marge and Mike Kanuk

Delmar

Spotlight letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number. Unsigned letters will receive no consideration.

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Matters of Opinion

Reckless teen drivers put everyone at risk

Editor, The Spotlight:

One afternoon last week at about 3 p.m., we were on Route 9W and then on Route 32 we witnessed two automobiles, with high school age drivers, playing "Russian roulette" with their vehicles!

Several cars were on the road at that time. We were traveling home with our two young grandsons. These two cars, one a green VW, driven by a teen who was alone in the car, and a dark Jeep-type vehicle, with a driver and a passenger.

The drivers were cutting in front of each other and other cars, drag racing and behaving in a completely irresponsible manner. They used excessive speed on Route 32 and, we were only able to get their license number when they were forced to stop at a red light.

When are drivers going to learn that they have a tremendous responsibility when they get behind the wheel? Cars driven in such an uncaring manner are weapons which have caused countless deaths and severe injuries.

I sincerely hope that the parents of these boys will read this letter, recognize their vehicles (I

Letters

have the license numbers), and deal with this in an appropriate manner — for the good of their children and all the potential victims on the road.

Unfortunately, I waited until the next day to call the police to report the incident. I was told nothing could be done because I had not called immediately, when an officer might have been able to witness the "road show." This was disappointing.

However, I do have the license numbers, and if I witness a repeat of such driving, I'll definitely report it immediately.

There's an old saying, "The life you save may be your own," and we should take this a little more seriously.

I know I don't want to be endangered or have my loved ones put in that position. Let's all drive smarter!

Gloria Brilling
Delmar

PTA says thanks to DARE officers

Editor, The Spotlight:

The Slingerlands PTA would like to publicly thank the Delmar DARE officers for their continued support of our school and its students. On Feb. 25, we held our fourth annual volleyball tournament. The school's fifth-graders and our staff challenged the DARE team led by Officer Mike McMillen to an exciting to an exciting evening of volleyball. It was a wonderful night of active family fun and entertainment.

We appreciate all the DARE officers do to help our children grow into healthy, responsible young adults.

Deb Sheehan
Slingerlands PTA

Spring is now officially here

Editor, The Spotlight:

Every March I await with great anticipation the one true sign that spring has arrived in Bethlehem.

It has been a long four months of cold dreary weather, but I know that any day, my vigil will be over. I check impatiently for any signs of activity. The weather—oh, the weather. It never cooperates. We always get a big storm in March. But then—it turns warmer and, at long last, Jim's Tastee Freez reopens. Nothing beats a chocolate milkshake. Even if we have temporary setbacks, now I know spring is here.

Keith Silliman
Glenmont

BC board should take close look at needs

Editor, The Spotlight:

We are all aware of the difficult decisions facing our school board representatives as they review the upcoming school budget. We are fortunate to have a school board that works so hard to balance the needs of our children with their fiduciary responsibility to the community.

There are a number of items identified as "requests not addressed." We would like to see the following reconsidered as "priority" requests.

- Middle school custodian — There was a 22,000-square-foot increase at BCMS in 1997. As a result, the school per person custodial staff cleaning average square footage is approximately 6,000 square feet over the state average of 19,839 square feet.

- High school nurse — 4.5 hours.

The additional hours would create two full-time nurse positions. With a student body of 1,576 next year, the staffing is necessary for adequate nursing coverage. New York state recommends a ratio of one nurse per 750 students.

- High school cafeteria aide — 3.5 hours.

With 400 plus students in the cafeteria during periods four through seven, and only three aides, the ratio is too high. Additional staffing would help alleviate this situation.

All of these items are necessary to ensure the health, safety and well-being of our students.

- Additional elementary school staff.

With the growing number of families moving into our district, we ask that the board make provisions if the elementary school numbers over current projects.

To quote Helen Salamone from the most recent issue of *Highlights*, "Success in the elementary grades may not guarantee future success, but a student who is unsuccessful early on is likely to have trouble later. If you don't help them in the beginning, any help they get in high school won't make as much of a difference if they can't process, think, read and write effectively."

If our children have the benefit of small class sizes at the elementary school level, research indicates that fewer will need remedial services at the middle and high school levels.

Again, we commend our board on its commitment to our children and to our community.

Bonnie Turner, Patricia Quirk, Kathy McCarthy, Mary Brosnan, Paula O'Donnell, Sandra Ryther, Regina Hickey, Jan Facticeau, Karen Graziade, Anita Stein, Ted Smith, William Cushing, Maureen Geis, Marge Kanuk, Cathy Svenson, Phyllis Hillinger and Wendy Lefkovich.

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Your Opinion Matters

BOU auction scores biggest results ever

Editor, The Spotlight:

No one word is large enough. It's impossible to just say "thank you" to everyone who made the BOU Auction such a success. More than 350 people attended, bidding on the more than 250 items. We are very grateful for support for BOU.

The donors, primarily from our very own businesses, were more than generous. We applaud those who contributed as well as those who solicited donations and those who kindly baked desserts. You helped us raise more than \$13,500 to fund BOU's prevention programs and education for our families. This is important to the quality of life in Bethlehem, and you helped make it happen.

Most of all, we salute the hard-working individuals that put this auction together for its 13th year. These people are probably some of the busiest, yet they gave hours of their time to make the evening such a resounding success.

When you see them around

town, please give a pat on the back to these remarkable volunteers — Joe Schaefer, Dave Murphy, Kathy Betzhold, Ed and Judy Languish, Deborah Kopp, Beth Anderson, Ellen Kelly-Lind, Peter Xeller, Jane Lyman, Jane Sanders, Denise Minnear, Ann Purchase, Denise Cooper, Vicary Thomas, Betsy Tobin, Barbara McBride, Cathy Quackenbush, Pat Kane, Ellen Courtney, Bob Salamone, Joni Goldberg, Susan Backer, Carole and John Dorfman, Linda Drew, Lauri Rosmarin-Plattner, Jim and Robin Storey, Nan Lanahan, Chris Keneston, Mary Capobianco, Zach Gray and the BCHS custodians.

We hope everyone who made a purchase enjoys it. We know there will be grinning faces all over town, and especially on some special fire trucks in the Memorial Day parade. If you missed out, plan on coming to the BOU auction next March.

Phyllis Hillinger
BOU president

Library & TV 31 team up for April cooking show

Bethlehem Public Library and TV-31 will team up for a special program, "Chefs at the Library," on Monday, April 19, at 7 p.m. at the library.

Registration for the program is limited and closes March 26.

The first 12 students in grade two and up who sign up for the program will be invited to demonstrate their favorite no-bake recipe on-camera for a small studio audience.

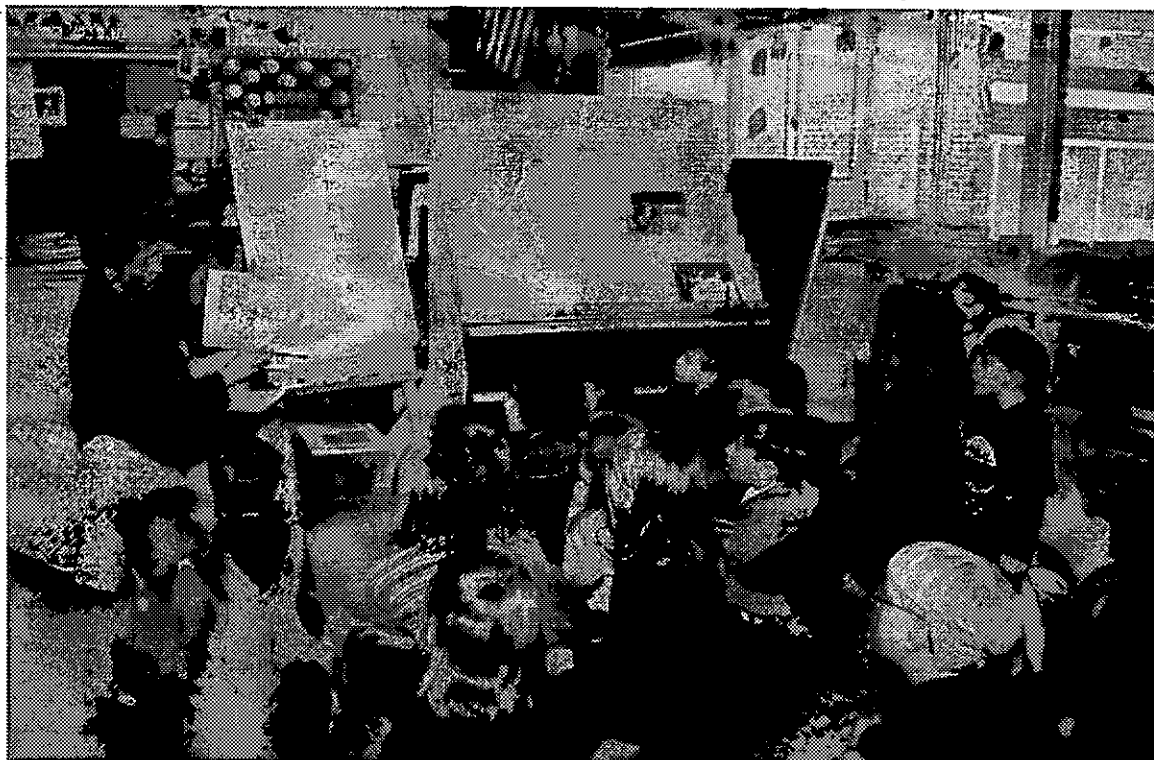
Rehearsal time and coaching

will help prepare the participants for a successful performance. Printed recipes and sample goodies will be available to take home.

The program will be taped for a later broadcast.

To register, call 439-9314.

A good read



Bethlehem Supervisor Sheila Fuller recently spent part of the day reading to Clarksville Elementary School students who gave her their full attention.

Elaine McLain

Students garner poster awards

Fifteen local students, including seven from two Bethlehem schools, have been named as award winners in this year's School Traffic Safety Poster/Communication Contest by AAA Hudson Valley.

They were selected from among 355 entries received in the contest, which is open to students in any public, parochial or private

school up to grade 12.

Two fifth-grade students at Clarksville Elementary School, Catie Vincent and Joseph DeGennaro, received Judge's Awards and a \$200 savings bond each for their contributions. Their classmate Lauren Quirk received a merit citation and a \$100 savings bond.

Four students from St. Thomas

School were named merit citation winners: third-grader Tyler Shreffler and three eighth-graders, Jaron Robetoy, Susannah Kelly and Jessica Murphy.

Murphy is a three-time winner in the competition, having won a certificate of recognition when in second-grade and a Judge's Award last year.

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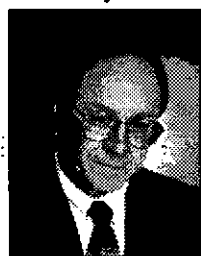
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Kids who own pets can get tips from vet

Young pet owners in grade three and up can learn from an expert in "Pets 'n' Vets" tonight, March 24, at 7 p.m.

Veterinarian Jennifer Bull will talk about proper pet nutrition, exercise, grooming and other



points of general pet care. An ask-the-vet session will follow the talk.

On Friday, March 26, at 10:30 a.m., tots 22 to 35 months old can sink their baby teeth into "Smile Crocodile," an hour of stories, songs and a craft. Call 439-9314 to register for these programs.

"Dr. Zhivago" initiates the library's new film series, Matinee at the Library, this Saturday, March 27, at 1 p.m. Based on Boris Pasternak's epic novel about the Bolshevik revolution, this classic family film stars Omar Sharif and Julie Christie. Admission and popcorn are free, and the film is closed-captioned for the hearing-impaired.

Mark your calendars for the next matinee on April 24, when Alfred Hitchcock's 1938 comedy thriller "The Lady Vanishes" comes to BPL's big screen.

"Look It Up: House and Yard," a practical introduction to the library's automated catalog, magazine database and public Internet

service, will be offered tomorrow, March 25, at 10 a.m. The program will be repeated in its entirety at 7 p.m., for the convenience of patrons. The workshop is third in a series of topical introductions to the library's electronic resources. Each 90-minute session includes a question-and-answer period. Registration is limited; please call ahead to see if there are any openings.

If the session is full, consider signing up for the next one, "Look It Up: How To Buy Anything," scheduled for April 28 at 1 and 7 p.m.

Nancy Parrella and Peter Luczak, certified financial planners with Luczak Financial in Voorheesville, will tell you everything you wanted to know about the Roth IRA next Monday, March 29, at 7:30 p.m. Call 439-9314 to register.

A reminder that the library will be closed on Sunday, April 4, for the Easter holiday.

Louise Grieco

Elks Lodge plans Tuesday night bingo

Bethlehem Elks Lodge 2233 at 1016 River Road in Selkirk hosts bingo every Tuesday night at 7 p.m.

Doors open at 5 p.m. and food will be available.

BCMS presents 'Charlotte's Web'

Staged Creations, a drama group for sixth- seventh- and eighth-grade students at Bethlehem Central Middle School, will present a stage version of the popular children's novel *Charlotte's Web* Thursday through Saturday, March 25 to 27, at 7 p.m. in the middle school auditorium on Kenwood Avenue in Delmar.

The production is directed by teachers Sara O'Connell and Jen Grand. For information, call the middle school at 439-7460.

Business women to host card party

Bethlehem Business Women will host a card party at Bethlehem town hall auditorium on Friday, March 26, from 7 to 10:30 p.m.

The evening of games is a fundraiser for the group's scholarship fund. Participants can bring cards and tallies, Scrabble or board games.

Tickets are \$2.50. For information, call 439-1817.

BCCO to sponsor dance at high school

Bethlehem Central Community Organization invites high school students and the community to "Swing the Night Away" at Bethlehem Central High School on Saturday, March 27, from 8 p.m. to midnight.

Admission is \$7 per person or \$12 per couple, and \$5 for students.

Dance demonstrations and instructions will be offered throughout the evening by students from the dance club.

Tickets can be purchased at McCarroll's The Village Butcher, I Love Books, or at the door.

*In Slingerlands
The Spotlight is sold at Falvo's
Price Chopper and Tollgate*

Educator to address scams and frauds

Consumer scams and frauds will be explored in a program at 1 p.m. on Friday, March 26. Lisa Verstandig, an educator from Cornell Cooperative Extension, will discuss how fraudulent business practices are becoming increasingly common in the marketplace.



Learn how to heighten your awareness of scams and how to avoid and properly report them.

On Monday, March 29, at 7 p.m., Tim Talmage of Delmar Chiropractic will discuss techniques for fighting stress, increasing productivity and reducing body aches and pains.

Everybody's talking about Y2K, but many don't seem to understand it. To get the lowdown on

Y2K, come and hear Norman Kurland, who is retired from the state Education Department and an avid follower of the Y2K issue. Kurland will be at the library on Tuesday, March 30, at 7 p.m.

The final lecture in our centennial series will be on Wednesday, March 31, at 7:30 p.m. Mark LaSalle will speak on the Hudson River School of painters and show original works from his collection. Sign-up is requested.

There are two vacancies on the library board for terms to begin on July 1. Anyone 18 years old or older is eligible to run in the May 18 election. Petitions are available at the library and must be returned with the required 25 signatures by Thursday, April 15.

Sally Ten Eyck, certified educational planner, will discuss the college search and other educational options for high school juniors at 7 p.m. on March 24.

Barbara Vink

School board petitions available

Nominating petitions are now available for seats on the Bethlehem school board. Elections will coincide with the district budget vote on May 18.

Seats currently held by board Chairwoman Happy Scherer and members James Schwab and Pamela Williams will be up for election. The new three-year terms

commence July 1.

Petitions are available at the district clerk's office at 90 Adams Place in Delmar.

Each submitted petition must contain a minimum of 62 valid signatures of registered voters and must be filed with the district clerk by 4:30 p.m. on April 16, which is 32 days before the budget vote.

Panel to address chamber meeting

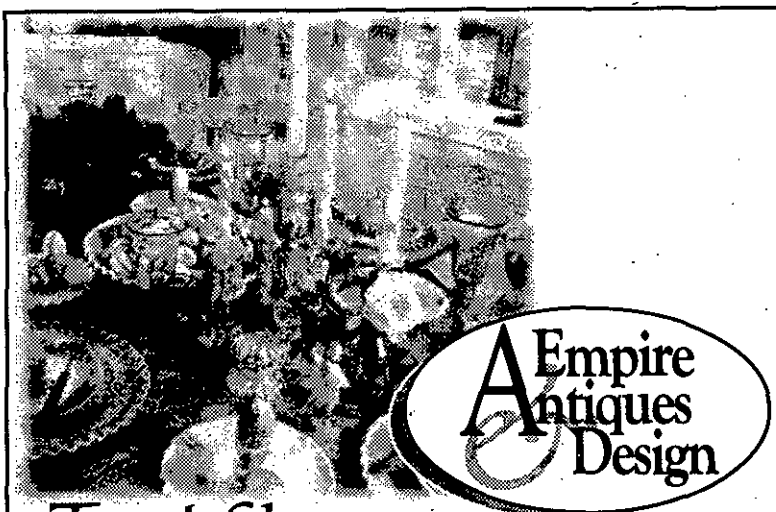
The monthly membership meeting of the Bethlehem Chamber of Commerce is on Friday, March 26, at 7:45 a.m. at Days Inn, Route 9W, Glenmont.

The topic of the breakfast meeting will be "Doing Business in Bethlehem," and the guest speakers will be Bethlehem Supervisor Sheila Fuller, planning board Chairman Doug Hasbrouck, and

Building Inspector John Flanigan. The buffet breakfast is \$7 with a reservation. For information, call 439-0512.

Library Easter hours

Bethlehem Public Library will close on Sunday, April 4, in observance of the Easter holiday, and resume regular hours on Monday, April 5, at 9 a.m.



Trunk Shows Saturday, March, 27th 10-2

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Ambulance volunteers to serve Sunday breakfast

Voorheesville Area Ambulance will serve its annual fund-raising breakfast, Sunday, March 28, from 7 a.m. to noon at American Legion Post 1493 on Voorheesville Avenue.

Full breakfasts are \$4 for adults and \$3 for children. Tickets will be sold at the door.

Fredonia Wind Symphony to perform at high school

Voorheesville Friends of Music will sponsor a concert by the Fredonia Wind Symphony on Thursday, March 25, at 7:30 p.m. at the high school.

Tickets will be sold at the door and cost \$3 for adults and \$2 for students and senior citizens.

For information, call the high school at 765-3314.

Art dealer to give final centennial lecture

Mark LaSalle will give a talk entitled "The Hudson River School of Painters: Reflectors of Regional Consciousness" on Wednesday, March 31, at 7:30 p.m. at the public library on School Road.

LaSalle is an important art dealer, student of 19th century paintings and former vice president of the board of trustees of Olana (painter Frederic Church's home overlooking the Hudson.)

He will show original works from his collection and discuss the meanings of the classics of the Hudson River School.

This is the final program in the Centennial Lecture Series. It is free and open to the public.

Refreshments will be served. To sign up, call the library at 765-2791.

Kiwanis to fire up chicken barbecue

New Scotland Kiwanis will serve a chicken and rib barbecue on Saturday, March 27, from 3 to 7 p.m. in the SuperValu parking lot on Maple Avenue.

Reservations are not required. Proceeds support youth activities and community services.

NEWS NOTES

Voorheesville
Elizabeth
Conniff-Dineen
765-2813



Fire department slates Las Vegas night

Voorheesville Volunteer Fire Department will host a Las Vegas Night on Saturday, March 27, from 8 p.m. to midnight at the firehouse on Altamont Road.

The evening features games of chance. Admission is open to the public and refreshments will be available.

St. Matthew's youth to hold flea market

St. Matthew's youth council will host a Springtime Flea Market on Saturday, March 27, from 9 a.m. to 3 p.m. at the parish center on Mountainview Road.

In addition to the main sale, with many items available for \$1, there will also be a bake sale, 50/50 raffle, face painting and other activities. The Easter Bunny will be on hand to pose with children.

The youth council is seeking donated items to sell. They will be accepted through Thursday, March 25, from 4 to 7 p.m. at the parish center.

Clothing, housewares, toys, bicycles and other items in clean, working condition will be accepted. Appliances of any kind, gas-powered tools, or anything in need of trucking cannot be accepted.

Proceeds of the sale will help send young people to the National Catholic Youth Conference in St. Louis in November.

Historical association slates Spaulding lecture

Artist Len Tantillo will present the annual Spaulding Seminar before the New Scotland Historical Association on Tuesday, April 6, at 8 p.m. at Wyman Osterhout Community Center in New Salem.

Tantillo's talk is entitled "Bringing a Canal to Downtown Albany."

In the first part of the slide program, he will discuss his historical paintings of the Albany waterfront, including depictions of The Trading House, Fort Orange and others. He will also introduce a new painting depicting the waterfront in 1790.

The second portion of his presentation will deal with the Albany Canal Project, proposed in 1996, including photos of the site, sketches and drawings.

The program is open to the public free of charge. Refreshments and a coffee hour will follow the program.

V'ville board to hold organizational meeting

The Voorheesville board of trustees next meeting is set for next Tuesday, March 30, at 8 p.m. at village hall, 29 Voorheesville Ave.

An organizational meeting for the new board will be held and the preliminary village budget will be discussed.

The meeting will be preceded at 7:30 p.m. by a public hearing concerning proposed amendments to the town's zoning law.

Firefighters dish up Lenten fish fry

New Salem Fire Department is sponsoring its annual Lenten Fish Fry on Fridays from 4:30 to 7 p.m. at the firehouse on Route 85A.

Eat-in or takeout meals will be available and senior citizens get a discount.

PTA to start magazine drive

The PTA will hold its ninth annual magazine subscription drive March 24 through April 4. Proceeds will go toward purchasing school programs and equipment.

Community members can stop by the main offices at the elementary or high schools to pick up a subscription packet.

Kindergarten screening set for March 30 & 31

Kindergarten screening is scheduled for Tuesday and Wednesday, March 30 and 31, at

Voorheesville Elementary School.

All students starting school in September should have an appointment. For information, call JoAnn Donohue at 765-2382.

Transportation requests due April 1

Parents of children who will attend private schools during the 1999-2000 school year must submit written transportation requests to the Voorheesville Central School District by April 1.

Call the business office at 765-3314 ext. 102 for an official request form.

Kiwanians to fete volunteer nurses

The Kiwanis Club of New Scotland will honor the volunteer nurses who serve at its monthly blood pressure screening clinic on Thursday, April 15, at 7 p.m. at New Scotland Presbyterian Church on Route 85.

Those planning to attend should contact Bob Hoffman at 765-4257 by April 12.

Assistant principal elected to fraternity

Linda Wolkenbreit, assistant principal and middle level coordinator at the junior/senior high school, was among 26 members recently installed by the University at Albany chapter of Phi Delta Kappa, the fraternity of education professionals.

Spotlight seeking new columnist

The Dineens are moving this week, so after nearly five years compiling this column, I won't have a deadline to meet.

We are only moving down the road, so to speak, and plan to keep up on events in Voorheesville, especially upcoming centennial celebrations.

The Spotlight is looking for someone to take over the Voorheesville column.

For information, contact Sue Graves at 439-4949.

V'ville library seeks art for upcoming show

The Voorheesville Public Library is seeking entries of fine art or photography for its first juried and judged art show. Entitled "Century Images," the exhibit will hang in the library during the month of May, as part of the village centennial celebration.

Pieces accepted for the show are eligible for cash and other prizes, including a People's Choice Award.

The show is jointly sponsored by the library, the Friends of the Library and the Village Centennial Committee.

For an entry form and guidelines, call 765-27691 or send a stamped, self-addressed envelope to the Voorheesville Public Library, 51 School Road, Voorheesville 12186.

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BCHS names 2nd quarter honor, merit roll students

Bethlehem Central High School recently announced its honor and merit rolls for the second quarter.

Grade nine honor roll

Christopher Abbott, Kathryn Adams, Madeleine Andersen, Ellen Bandel, Harold Barnard, Jeffrey Barnett, Geoffrey Bedrosian, Peter Bird, Katherine Bonafide, Sean Boyle, Nichole Bronson, Daniel Cohen, Nicole Comi, Kelley Curran, Ryan Dalton, Miranda Davis, Leslie Dipaolo, Katherine Donovan, Matthew Drislane, Andrew Eckel, Jason Fudin, Lauren Gordon-Fahn, Aaron Griffin, Andrew Grund and David Guo.

And Stephanie Halbedel, Eric Herd, Michael Hoghe, Stephen Hoghe, Jeremy Hosier, Kalin Jaffe, Melissa Jenks, Todd Joyce, Aaron Kaplan, Jozef Kopchick, Harris Kornstein, Kathryn Longley, Erik Lowery, Judith Mark, Alison McKee, Sandeep Murthy, Kevin Nagel, William Nathan, Marina Novack, Christine Owens, Timothy Palmieri, Stephen Perazzelli, Julie Polovina, Alissa Python, Jennifer Rodgers, Nitin Roper, Teresa Rosetti, Lauren Schucker, Michael Schwab, Hilary Shpeen, Marcy Shultes, Tara-Marie Silk, Meredith Singer, Jeffrey Sundram, Andrew Swiatowicz, Carter Thomas, Erik Turner, Kelly Vadney, Sara Virgil, Elizabeth Walker, Eric Wilcox, Emily Wistar, Benjamin Wolinsky and Eric Zimmer.

Grade nine merit roll

Christopher Affinati, Arno Alarcon, Elizabeth Alesse, Brad-

ley Alston, Johanna Anderson, Laura Baboulis, Noah Bacon, Megan Baldwin, Matthew Beauchaine, Rachel Bellizzi, Alec Betterley, Rebekah Beyer, Danielle Blanchard, Laura Blumenthal, Martin Bonventre, Robert Boughton, Tiffany Bowdish, Shannon Boynton, Parker Brown, Eric Buist, Mark Bulger, Elaine Carberry, Allison Carloni, Brandon Cary, Arthur Ceas, Chase Chaskey, Jonathan Clair, Quinn Coffey, Susan Collen, Peter Cooley, Rebecca Corson, Christine Coulon, Misty Crowder, Lindsey Crusan, Brendan Cullen, Laura Curtis, Meredith Depaulo, Megan Dole, Ally Duff, Patricia Eames, Lance Ellers, Jennafer Engelstein, Seth Erlich, Kelly Fuchs, Frederick Fuhrman, Stephanie Garbo, John Gardy, Celinda Gebhardt and Jennifer Gerstenzang.

Deborah Gordon-Messer, Nancy Gort, Aimee Gould, Katherine Gould, Hannah Gray, Zachary Gray, Benjamin Greenberg, Jaimie Haas, Shannon Halpin, John Hamm, Marisa Harrison, Laura Hayes, Patrick Heenan, Padraic Hennessy, Nicole Hill, Eric Hunter, Spencer Hutchins, Christopher Jensen, Joseph Kadish, Ryan Kahlbaugh, Max Kaplan, Josie Klersy, Garrett Koeppicus, Robert Kuhn, James Labarge, Colin Lacy, Diana Lajeunesse, Anne Lind, Sasha Lopresti, Stephen Maltzman, Jennifer Masker, Jessica Matthews, Keith Maurer, Kristin McElroy, Kelly McGrath, Brian McVoy, Matthew McWhinnie, Jessica

Menrath, Samuel Minassian, Chloe Morgan, James Morrill, Lisa Murray, Mallory Myers, Elizabeth Nehrbauser, Michael Nuttall, Jeanette O'Donoghue, Seth Odell, Amy O'Donnell, Joshua Okun, Amy Oldendorf, Matthew Olinzock, Wesley Patterson, Marc Perez, Jennifer Peters, Jaclyn Pilette, Caitlyn Plummer, Ashley Polverelli, Kenneth Porter, Adam Preusser, William Quimby, Padraic Reagan, Lauren Reis, Sarah Richardson, Katherine Roark, Adam Rodriguez, April Rooney, Rachel Ross, Jessica Russo-Cannone, Gerald Saliba, Steven Sanchez and Risa Sarachan.

And Blake Schipano, Christopher Sgroi, Kathleen Shaffer, Nicholas Shimkin, Ashley Smith, Meaghan Snyder, Jennifer Sokoler, Paul Stewart, Adam Stump, Nicholas Taylor, Sarah Thomas, Thomas Trimarchi, Christie Turner, Jessica Urschel, Sabina Vakhovsky, Kathryn Venezia, Elizabeth Vincent, Kristen Wagner, Brian Wasserstein, Andrew Wendth, Shawna Woodworth and David Zurenko.

Grade 10 honor roll

Robin Abelson, Samuel Abrams, Ashley Ackerman, Brian Andreson, Blaire Banagan, Alissa Bango, Edward Barnard, Rebecca Berlow, Matthew Bresin, Julianne Bub, Rodrigo Cerda, Kathryn Crookes, Beth Danziger, Mathieu Digeser, Clarke Doody, Kevin Duffy, David Elefante, Callen Fishman, James Foster, Shirong Gao, Caitlyn Gertz, Steven Guglielmo, Kenneth Hackman, Stephen Hallock, Niels Hansen, Samuel Holzman, Mason Jones, Gregory Jukins, Jared Kalman, Alison Laufer and Alan Lewis.

And Michael Medvesky, Anna Mojallali, Yu Niu, Cathryn Oakley, Hannah Olmstead, David Perlmutter, Richard Quimby, Jessica Rarick, Katie Richardson, Jed Rosenkrantz, Craig Saddlemire, Mark Shawhan, Stephanie Sherman, Daniel Smith, Lindsay Strogatz, Kara Strubel, Christopher Suozzo, Matthew Treadgold, Brian Waite, Michael Wan, Zhenxiang Zhao, Jennifer Zogg and Andrew Zox.

Grade 10 merit roll

Chelsea Adewunmi, Jonathan Albert, Sean Altimari, Shira Ar-

cus, Brian Axford, Richard Bailey, Anne Barrett, Benjamin Barrowman, Robin Betzhold, Matthew Bittner, Rebecca Botta, Shannon Boughton, Kelly Boyea, Heather Bradley, Susan Breaznell, Stephanie Breen, Erica Brunner, Bianca Buchanan, Michael Buff, Joshua Burnett, Dana Bushnell, Suzanne Cardona, Jacqueline Carona, Maria Catalano, Andrea Chorbajian, Pamela Coggins, David Cohen, William Combes, Sara-Melissa Conklin, Sondra Conti, Timothy Cooper, Alexander Courtney, Caitlin Crowley, Matthew Cunneen, Jeffrey Daniels, Mandy Darlington, Geoffrey Decker, Amy Deitz, Christopher Denkers, Irie Dunne, Jessica Eggleston, Kate Emminger, Sarah Emond, Willow Eyres, Laura Farley, Benjamin Felson, Justin Ferrentino, Lindsay Finlayson, Megan Fish, Daniel Flansburg, Molly Flynn, Clarke Foley, Brooke Ford, Joseph Gaitor, Julia Garfinkel, Theresa Gecowicz, Lisa Ginsburg, John Gluchowski and Morgan Gmelch.

And Adele Godfrey-Certner, Vanessa Graf, Heather Gross, James Guernsey, Katherine Gyory, Catherine Hartman, Kathleen Hermann, Kathleen Hicks, Amy Houghton, Randi Isaacs, Daniel Israel, Alexandra Itov, Tamara Jacobs, Kabir Jalal, David Jayez, Lindsey Johnson, Kara Kaplan, Sheila Kelle, Emily Kerwin, Laura Khoury, Rebecca Krohmal, Yuri Kubotera, Sarah Kundel, James Kurtessis, Kaitlin Lapierre, Oleg Levahenko, Eli Leveston, Ashley Levine, Scott Lipnick, Rebecca Lobel, Lauren Lohman and Christina Macmillan.

And Jennifer Macri, Ryan Mahon, Andrew Mahony, Lauren Marar, Jared Marsh, Kristin Martin, Kelly Mcglynn, Courtney McMahon, Terrance McNally, Andrew McNamara, Valerie Messina, John Meyer, Zahan Mistry, Meredith Monaco, Cheyenne Moore, Lauren Morehouse, Clare Morgan, Meghan Morris, Anna Noble, Edward O'Keefe, John Olsen, Jill Parsons, Matthew Perazzelli, Katherine Persing, Bryon Phelps, Christine Potter, Laura Puzio, Avi Rasowsky, Christopher Reddy, Brian Rhodes, Timothy Rice, Emily Riegel, Kristin Robinson, Chelsea Ryan,

Matthew Sargent, Andrea Schmit, Todd Segal, Rachael Shatsoff, Emily Silver, Eric Silverman, Julie Silverstein, Lucas Singleton, Rachel Sonne, Stacey Spagnola, Carley St. Lucia, Elisabeth Stambach, Stephen Stannard, Erica Stupp, Alison Suarato, Daniel Teitler, William Tierney, Daniel Tripp, Tyler Ursprung, Devin Van Riper, Timothy Veltman, Matthew Vnuk, Robert Wakeman, Jennifer Warner, Alexander Weber, Brandon Wiggand, Mark Willey, Edward Wyluda, Kelly Yates and Jeremiah Yourth.

Grade 11 honor roll

Charles Abba, Elizabeth Backer, Tanya Bailey, Melanie Baker, Christy Balluff, Joseph Bartley, Katherine Bayer, Danielle Blanch, Elizabeth Brookins, Lindsey Caldwell, Michael Campbell, Angela Caruso, Jason Chatterjee, Kelly Cheeseman, Gregory Ciprioni, Samuel Cook, Hillary Cooley, Rachael Copp, Timothy Corson, Christine Daleo, Brendan Dalton, Patrick Davis, Donna Dawson, Elizabeth Deilgiacco, Elizabeth Drake, Ellean Dunn, Deborah Eames, Lena Eson, Arthur Feldman, Elliot Freeman, Adam Frisch, Rachel Gajewski, Liam Gallagher, Benjamin Gnacik, Jenna Grant, Sloan Grenz, Sumeet Gupta and Andrew Hayes.

And Kimberly Hitter, Rebecca Hoghe, Stephanie Hollner, Timothy Kadish, Michelle Kagan, David Kieval, Alissa Kind, Jennifer King, Edward Laird, Sarah Lefkovich, Morris Levy, Emily Maher, Rion Marcy, Lisa Maxwell, Meredith McCarthy, Britany McGarra, Beth Mosall, Bridget Murray, Benjamin Odell, Elena Oldendorf, Amy Parsons, Whitney Patterson, David Philips, Lindsay Piechnik, Nicole Privitera, Andrea Prudente, Russell Pryba, Moira Pulitzer-Kennedy, Brian Rowan, Gordon Schmidt, Lisa Signorelli, Philip Slingerland, Sarah Szczech, Amy Turner, Claire Vancik, Samuel Volo, Steven Wagner, Yu Wang, Erika Wasserstein, Victoria Winkler, David Woodworth and Sarah Zimmer.

Grade 11 merit roll

Matthew Allegetti, Lauren Atwood, Kristen Bennett, Lynn



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9. Test run mower
10. Clean mower
11. Check, lube and adjust drive system (self propelled mowers)

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Friday, March 26 vs. Kentucky, 7:30pm

Saturday, March 27 vs. Cincinnati, 7:30pm

Wednesday, March 31 vs. Hershey, 7pm

Tickets are available at Pepsi Arena Box Office, at
TICKETMASTER locations or charge by phone at 476-1000



Berry, Edward Blumenthal, Sara Botta, Maura Boyle, Sarah Brandone, Joshua Brody, Matthew Burns, Paul Byron, Kathryn Carcich, Matthew Cardamone, Michael Cardamone, Sara Carlson, Kevin Carroll, Jennifer Ceas, Daniel Coccozza, Jamie Costanzo, Kathryn Coulon, Mae Craft, Michael Crowley, Mccacla Curran, Alix Czajka, Andrew Dawson, David DeLong, Catherine Dwyer, Lauren Falkenhainer, Katie Feller, Ryan Fitzpatrick, Tara Gerber, Alexander Gerou, Katie Gold, Sara Gold, John Hanley, Susan Harrison, Robert Hazen, Erin Hendron, Matthew Holmes, Thomas Hotaling, Timothy Hwang, Anna Itov, Katherine Jeffery-Martin, Theresa Kansas, Christopher Keneston, Matthew King, Michael Kotlow, Allison Kuta, Kristy Lagrange, Mitchell Lane, Mariesa Lefko, James Long, Ellen Lowrey, Kristen Lytle, Daniel Macarin, Eric Malhenzie, Elizabeth Malinowski, Rebecca Maskin and Krista Matuszek.

And Megan McBride, Elyse McDonough, Kyle McEwan, Aidan McManus, Kevin Moehring, Ian Morgan, Lauren Murray, William Noonan, Benjamin Norris, Rebecca Parafinczuk, Michael Pascone, Robert Pasquini, Lauren Peterson, Victoria Picarazzi, Kathrine Pietrykowski, Melissa Pinchback, Brian Pinga, Meredith Rauch, Christopher Reagan, Danielle Ricard, Laura Ricciardelli, Katie Riegel, Sonya Rook, Daniel Rosenthal, Karen Rossi, Patricia Sandison, Robyn Scherer, William Schipano, Adam Schoen, Trisha Seaburg, Christopher Seymour, Christopher Shaffer, Robert Shaye, Sara Sheikh, Christopher Sherin, Emily Sigal, Brian Singerle, Darren Skotnes, Christina Smith, Joshua Smith, Owen Smith, Molly Spooner, Ryan Stenson, Emily Sterrett, Kathryn Svenson, Ryan Sweeney, Matthew Thibdeau, Gregory Thomson, Daniel Traub, Anthony Trimarchi, Matthew Via, Richard Viglucci, Alex Voetsch, Christine Volpi, Elke Wagle, Michael Wahl, Brandi Walters and Connie Yang.

Grade 12 honor roll

Elizabeth Andersen, Jeremy Arenos, Heather Axford, Caryn garnet, Mark Bassotti, Jessica Berlow, Larissa Blustein, Robert Bocala, Kimberly Comtois, Sonia Consentino, Lauren Conti, Lauren Englisbe, Elizabeth Fox-Solomon,

Rebecca Frank, Mary Gecewicz, Adam Guzik, Caitlin Ishister, Lisa Jacobs, Jeffrey Kaplan, Kristin Kvam, Schoherazade Lacy, Melissa Lobel, Calvin Miaw, Lily Rabinoff-Goldman, Lisa Ricciardelli, Melissa Rifkin, Sarah Sandison, Amy Shatsoff, William Thomas, Grace Ting and Grace Tsan.

Grade 12 merit roll

Robin Amiri, Radworth Anderson, Roxana Bahar, Erin Bailey, Helen Bailey, Joshua Baird, Robert Baldwin, Bari Banner, Ryan Bender, Molly Betzhold, Katya Black, John Bragle, Catherine Bresnahan, Calvin Brown, Jonathan Caplan, Rachel Carberry, Fawn Chiofalo, Denise Chisholm, Melissa Ciccone, Andrew Coker, Lily Corrigan, Tobias Cushing, Travis Davey, Gregory Demarco, Daniel Dipaolo, Jacqueline Donnaruma, Thomas Eaton, Jacob Erlich, Rachael Fein, Joshua Ferrentino, Dorothy Fibiger, Gabrielle Foley, John Ford, Justin Friedman, Rachel Frone, Adam Fryer, Ilya Furman, Ashley Gall, Ellen Gallagher, Tara Gardner and Christina Garver.

And Joseph Gerstenzang, Jason Gertz, David Geurtze, Catherine Glasheen, Laura Gluchowski, Alexis Grant, Lucas Gray, Nicole Greer, Elisabeth Guglin, John Halpin, Justin Har-

binger, Alexander Heiss, Leah Hennessy, Jason Hessberg, Suzanne Hillinger, Carrie Holligan, Patrick Hughes, Alissa Johnson, Melissa Kanuk, Stephanie Katz, Amanda Kelly, Stephen Kidera, Freeman Klopott, Tracy Kutey, Wendy Languish, Jennifer Leary, Michael Leczinsky, Caryn Leonardo, Vincent Livreri, Brian Lobel, Cecilia Logue, Collin Lusty, Jeremy Mandelkern, Christophe Masino, Lauren McCarroll, Anna McEneny, Trevor McNiven, Rebecca Minor, Rebecca Morris, Ajay Murthy, Joshua Myer, Kathryn O'Donoghue, Melissa Padula and Christopher Palmier.

And Daniel Persons, Virginia Petersen, Tanya Petrocine, David Piper, Thomas Pludrzenski, Alexandra Poole, Johnathan Porco, Kevin Powell, Kara Primomo, Michael Riedel, Danielle Rinaldi, Thomas Ringler, Monique Roberts, Paul Roberts, Amanda Root, Carman Rothfuss, Laura Ryan, Erika Schmit, Andrea Shaye, Jennifer Siniski, Samantha Stevens, Robert Storey, Katie Strait, Stephanie Stubbs, Andrew Switlyk, Colleen Tripp, Jeremy Vet, Karen Weatherwax, Julie Weber, Matthew Wereb, Elizabeth Wilcox-Suarez, Krista Wilkie, Jennifer Williams, Michelle Yates, Adam Zaranko and Allison Zucker.

Boards seek candidates

Three local public libraries are seeking nominations for terms on their boards of trustees commencing July 1. Elections for the various boards will coincide with school district budget votes in May, and in all three instances, petitions for candidacy are due in the coming weeks.

The Bethlehem Public Library's board has a single seat, which is currently vacant, up for election to a five-year term. Any resident of Central School District No. 6 of the towns of Bethlehem and New Scotland over the age of 18 is eligible.

Petitions must contain at least 62 signatures of voters residing in the district, and must be filed by April 16, which is 32 days before the annual district budget vote, with the district clerk at 90 Adams Place in Delmar. Those petitions are available at the clerk's office or at the library director's office at

451 Delaware Ave.

Two seats on the Voorheesville Public Library board are up for election this year, one for a five-year term, the other for four. Any school district resident over the age of 18 is eligible, and petitions must be returned with 25 signatures by Thursday, April 15, to be listed on the ballot. Petitions are available at the library at 51 School Road.

Three seats are available on the Ravena-Coeymans-Selkirk Community Library board of trustees, two for terms of one year, the other for five years. Candidates must be registered voters in the RCS Central School District. Completed and notarized petitions must be received at the library by Monday, April 19. For information, call board President Kathy Kelleher-Assael at 756-6998 or library Director Judy Felsten at 756-2053.

Joseph A. Phillips

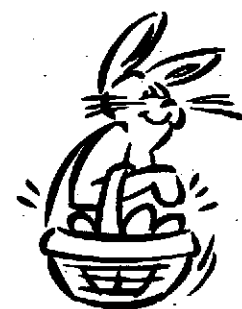
Good skate



It's steady as you go for Patrick Brousseau at Voorheesville Elementary School's skating party.

Elaine McLain

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Home on the Grange



Bethlehem Councilwoman Doris Davis, left, who served as emcee at the Bethlehem Grange's 125th anniversary celebration, and Supervisor Sheila Fuller present a proclamation to Grange Master Randall Drobner for the organization's achievements.

Becker whiz kids take stock market by storm

By Katherine McCarthy

If you're looking for a good stock investment tip, you might want to check with some of the fourth-graders at A.W. Becker Elementary School in Selkirk.

Two teams of three students each came in third and fourth place out of 61 regional teams (made up of fourth-through eighth-graders) in the stock market game sponsored by the *Times Union*.

Reach teacher Claudia Verga, who works on enrichment programs at Becker, has offered the stock market game for a few years now. "This was a particularly good year" for her teams, said Verga. She added that the program is voluntary and teams are self-selected. Participating students gave up one recess period a week for 12 weeks.

The students received sheets to fill out, choosing the transactions they wanted to make, and creating their own portfolios. They formed investment teams, role-playing different positions within a company, such as accountant, manager and research analyst.

Verga showed them how to scan the business section of the paper to follow individual stocks, and encouraged them to work on their own throughout the week. To keep track of the stocks, the students talked to people about different companies, watched television programs and read the newspaper. "It was a lot of fun," said student Marco DeSimone.

"It gives the students an introduction to basic economics," Verga said. "This is something that even adults are intimidated by. The also learn to work in cooperative roles, where they all have a job to do. It's a wonderful way to become involved with the stock market, since there's no risk. It can become a lifetime thing."

It was a good year to learn about the risks of the market as well as its pluses, as the students saw their stocks fall when the market took an autumnal dip.

"The kids had to use different computational skills," Verga said. "They needed to know the selling price, if the stocks were going up

or down, and what was yielding the most per share."

Verga said that the students were good at understanding different concepts, such as how to calculate yield per share. "The inclination would be to pick the stock that cost the most per share as the best one to buy," Verga said, "but the kids quickly understood yield per share."

As their prize, the students will travel to New York City to see the New York Stock Exchange in action. "That's a really big deal for the kids," said Verga.

The Becker whiz kids still follow the stock market, and most said they would play the game again. "I'd like to make lots of money," Joshua Wolfgang said of his plans to purchase real stock some day.

When they get to New York, the kids may have some tips for the traders based on what they've learned.

"I would probably buy AOL stock," Craig Schmidt-Lesser said. "That, and Yahoo, Mobil and TCBY made the most profit."

Historical group sets Spaulding Seminar

Artist Len Tantillo will present the annual Spaulding Seminar before the New Scotland Historical Association on April 6 at 8 p.m. at Wyman Osterhout Community Center in New Salem.

Tantillo's talk is entitled "Bringing a Canal to Downtown Albany."

In the first part of the slide program, he will discuss his historical paintings of the Albany waterfront, including depictions of The Trading House, Fort Orange and others. He will also introduce a new painting depicting the waterfront in 1790.

The second portion of his presentation will deal with the Albany Canal Project, proposed in 1996, including photos of the site, sketches and drawings.

The program is open to the public free of charge. Refreshments and a coffee hour will follow the program.



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Local psychiatrist edits new book on child care

By Katherine McCarthy

Local child psychiatrist Dr. James MacIntyre has edited a book that he hopes will find a place next to Dr. Spock's *Baby and Child Care* on any parent's shelf of essential books.

Titled *Your Child, What Every Parent Needs to Know: What's Normal, What's Not, and When to Seek Help*, the book is a comprehensive, authoritative and child-friendly guide to children's development through age 11. It takes the reader step-by-step through the milestones of childhood development and is designed to provide guidance for parents in their day-to-day interactions with their child. A companion piece, *Your Adolescent*, is also available. Both books were written by members of the American Academy of Child & Adolescent Psychiatry, and are published by Harper Collins.

MacIntyre's role as associate editor grew out of his work writing and producing "Facts for Families" public information sheets for the American Academy of Child & Adolescent Psychiatry. The fact sheets address specific topics, such as when to take children's threats seriously.

"Facts for Families" are written simply, usually on one sheet of paper, and are produced for our members, and some are sent to schools and libraries," said MacIntyre. "Our Web site (<http://www.aacap.org>), where they're available, receives about 1,000 hits per month. From 'Facts for Families,' we saw that there's a real need on the part of parents to know what to do in certain situations. That's something I had heard in my practice too, how do you know when to get help?"

In working on *Your Child*, MacIntyre, along with Dr. David Pruitt, editor in chief, and five other associate editors, sought the right tone for the book.

"We wanted to make a connection to parents," said MacIntyre. "We didn't want it too sound highfalutin', but we also didn't want it to sound mushy. We wanted it to be authoritative while being reader-friendly."

MacIntyre is satisfied that the book has a readable tone, and



Dr. James MacIntyre

feels that the organization of the book makes it accessible. *Your Child* is divided into four parts, The Life of the Child, Day-to-Day Behavior Problems, Serious Problems and Abnormalities, and Seeking Help.

Chapters are further divided and indexed so that readers can easily access an area of particular concern to them, be it whining, eating problems, or antisocial behavior. There are also appendixes with information about psychiatric drugs, tests and a glossary of terminology.

So far, MacIntyre said, feedback has been good.

"We're seeing grandparents buying it for their grown grandchildren, and some parenting classes are picking it up for prospective parents," he said.

As for knowing when to seek help for a child, MacIntyre refers to Dr. Spock's adage that parents should trust themselves.

"Parents are the experts on their own children," said MacIntyre. "If there's something you're troubled about, you should take the necessary steps. Everybody has bad days, but if a pattern develops, that's something to pay attention to. If a child is disrespectful, or acts out, or says they hate themselves, over and over, that shouldn't be ignored."

School, MacIntyre said, also serves as a trouble-shooter.

"If their grades deteriorate, or a child acts out there, you should talk to the school," he said. "Also, a change in a child's routine is a good indicator. If your previously

outgoing child now wants to stay home, you need to look for whether it's a flu or depression, or fears that interfere with normal activity."

Some behavior, MacIntyre said, might be dismissed as something a child will outgrow. "But if it's gnawing at parents, go back and get a second opinion," he said.

MacIntyre pointed out that troubled adolescent behavior is often analyzed as typical of the age.

"People used to say that all adolescents go crazy," he said. "Most get oppositional and test their limits, but most don't go crazy. I think we're doing a better job case-finding these days."

If parents perceive a problem, a family doctor or a child's school are good starting points, where parents can be put in touch with a social worker or psychologist.

"If a child needs therapy, they'll provide it," MacIntyre said. "If the child needs medication, they'll call me and I'll do an evaluation and follow any course of medication I might prescribe."

MacIntyre explained that the difference between a psychologist and psychiatrist is that a psychiatrist has attended medical school and can prescribe medication. Child psychiatry is a shrinking field, with only about 6,500 psychiatrists nationwide.

"It's a long row to hoe for child psychiatrists," he said. "There's four years of college, four of medical school, and six years of post-graduate work."

MacIntyre said when he started down this road, he didn't think of it as 14 years.

"I broke it into chunks of time," the Johnstown native said.

MacIntyre is a graduate of Hamilton College and Albany Medical College. He completed his post-graduate residency and a fellowship at the University of Southern California and Cedars-Sinai Hospital in Los Angeles.

He's lived in the town of Bethlehem for the last 20 years, and shortly after his return, took charge of children's services and child psychiatry at Albany Medical College. Four years ago, he

began directing the 12 children's centers run by the state Office of Mental Health's Bureau for Children and Families. He also teaches child psychiatry at Albany Medical College, works with residents and sees children.


MacIntyre is married to Priscilla Ross, acting director of SUNY Press, and has a ninth-grade daughter, Bonnie, and step-daughter, Rachel.

In addition to trying to recruit child psychiatrists, MacIntyre works to rid his profession of its stigma.

"I try to teach med students how to refer a patient to a psychiatrist," he said. "Things have changed a lot since *One Flew Over the Cuckoo's Nest*, but there's still a stigma attached to psychiatry. *Your Child* shows that there is help, whereas too many people feel there's nothing that can be done. We've come up with effective treatments, and there are better medicines today, that have more efficacy and fewer side effects. We've also gotten better at identifying problems."

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CHOICES sets parenting workshop

A parenting workshop entitled "Raising Responsible Children: Do Parents Expect Too Much?" will be offered on Thursday, March 25, from 7 to 8 p.m. at CHOICES in the Grand Union Plaza on Route 9W in Ravena.

Child-care will be provided. For information call 756-8650.

School board slates budget forum

The school board will hold a public forum on Monday, March 29, at 7 p.m. in the large group room at the middle school to discuss education issues and the upcoming budget.

Safe Schools Committee schedules meeting

The next meeting of the RCS Safe Schools Committee is on Tuesday, March 30, at 6:30 p.m. in the middle school library.

Community members are welcome to attend.

Library announces events

RCS Community Library's book discussion group will discuss Tony Hillerman's *Talking God* on Thursday, April 5, at 7 p.m.

Copies of the book are available at the library's main desk.

NEWS NOTES

Selkirk
South Bethlehem
Linda Marshall
756-3520



Preschool story hours will be held Thursdays at 1 p.m. through May. No registration is necessary.

The library board of trustees has three openings for terms beginning July 1. Two of the terms of office are for one year, the other for five years.

Candidates must be residents and registered voters in the Ravena-Coeymans-Selkirk Central School District.

For information, call board President Kathy Kelleher-Assael at 756-6998 or library Director Judy Felsten at 756-2053.

Completed and notarized petitions must be received at the library by Monday, April 19.

Church to host Lenten discussion

A soup and sandwich supper will be held on Wednesday, March 24, at 6:30 p.m. at First Reformed Church of Bethlehem on Church

Road, just off Route 9W in Selkirk.

Carol Hageman, elder of First Church in Albany (Reformed), will be the speaker.

Participants are asked to bring a sandwich; a beverage and soup will be provided.

Those who are coming only to hear the speaker (but not for supper) should arrive prior to 7 p.m.

For information, contact Donna Lasher at 767-9917.

RCS scientists take 4th

Congratulations to RCS Senior High School Science Bowl members for their fourth place win in National Science Bowl regional competition.

Team members were: Courtney Endres, Michael Hamilty, Matthew Collins, Jeffrey Andritz, and Emily Whalen. They were coached by science teacher Matthew Miller.

A hardy perennial returns

Bloomin' Luhmann's Perennial Farm on Route 9W in Ravena is open for the season. It sells old-fashioned perennials, annuals and gardening supplies.

For information, call 756-7363.

Local legislator named to state advisory board

Albany County legislator Robin Reed, who represents District 36, encompassing portions of Selkirk, South Bethlehem and Coeymans, has been appointed by Gov. George Pataki to serve on the newly-created Children and Family Services Advisory Board.

The board will advise Commissioner John Johnson of the new state Office of Children and Fam-

ily Services on shaping the policies and services of his agency.

Reed, an elementary school teacher in the Bethlehem Central School District, currently serves as a member of the Albany County Children's Task Force, working on creating a single operating agency in Albany County for children and their families.

New Scotland resident named to Vollmer associate post

R. Mark Dempf of New Scotland has been named an associate by Vollmer Associates, a major national engineering, landscape architecture and planning firm.

Dempf is director of engineering and manager of Vollmer's Capital District office in Albany.

Dempf has a bachelor's in civil engineering from the University of Vermont, is a member of the American Society of Civil Engi-

neers, the National Society of Professional Engineers, and several other professional associations.

His expertise includes all aspects of municipal and highway engineering with special emphasis on site planning and state Department of Transportation projects.

Dempf is a New Scotland town councilman and member of the water advisory committee.

County receives grant

Albany County has received a \$150,000 grant to provide voluntary conservation assistance to farmers in the county who face serious threats to soil, water and related natural resources.

The funds from the Environmental Quality Incentive Program will provide technical, financial and educational assistance to producers in the Vlomankill,

Onesquethaw, Hannacrois and Basic watersheds, sharing up to 75 percent of the cost of conservation practices including manure management, crop rotation, permanent seeding and pest-control management.

For information, contact the USDA Farm Service Agency at 24 Martin Road, Voorheesville or call 765-2326.

Loomis wins Appreciation Award

Bethlehem School Superintendent Les Loomis was recently honored by the New York State Council of School Superintendents with its Appreciation Award for his leadership in the council and his advocacy on behalf of children and education.

Loomis has been chair of the council's professional development committee for the past nine years, a member of the Superintendent's Academy, and he serves on the group's task force on teaching, learning and leadership.

Clarksville church hosts players

Clarksville Community Reformed Church on Route 443 will host a performance by the Hilltown Players of the three-act comedy "Beau Jest" on Saturday, March 27, at 7 p.m. Tickets are \$6 for adults, \$5 for seniors. Dessert and coffee will be served. For reservations, call 768-2121.

Firefighters to serve home-style breakfast

Onesquethaw Volunteer Fire Co. will serve a home-style breakfast on Sunday, March 28, from 7 a.m. to noon at the Clarksville firehouse on Route 301. Admission is \$4 for adults and \$3 for children. Kids under 5 eat free.

Lenten cantata set at Clarksville church

A special "Palm Sunday Cantata" featuring musicians from area churches will be performed at Clarksville Community Church, Route 443 in Clarksville, on Sunday, March 28, at 4 p.m.

The program is free of charge. For information, call 768-2916.

Agencies offer trees and shrubs

Two government agencies are conducting annual sales of spring trees and shrubs.

The Albany County Soil and Water Conservation District offers a spring tree and shrub program, with orders due by March 26. Four-year transplants of Norway spruce, Colorado blue spruce, Fraser fir, balsam fir, Douglas fir and white cedar are available. Also available are deciduous trees and shrubs, conservation packs, wild-

flower seeds, bird feeders, bluebird houses, fertilizer tablets, planting gel and marking flags.

Orders can be pick up April 23 and 24 at the Extension's Rice Center at 24 Martin Road in Voorheesville. For order forms, call 765-7923 between 7:30 a.m. and 3:30 p.m.

The state Department of Environmental Conservation (DEC) is conducting its annual sale of tree and shrub seedlings through May.

DEC's Saratoga Nursery provides more than 30 species of conifers, hardwoods and shrubs to be planted in public or private land.

The minimum order is 100 seedlings, requiring roughly a quarter acre of planting space. A mixed packet of 25 wildlife shrub species is also available for homeowners to attract songbirds to their yards.

Advice on selection and planting of these trees and shrubs is available from any DEC forestry office. A bulletin is available with helpful information on planting.

To order seedlings, call the Saratoga Nursery during business hours at 587-1120, or send orders in writing to: Saratoga Tree Nursery, 431 Route 50S, Saratoga Springs 12866. Seedlings will be shipped in April and after, and customers will be billed for their purchases.

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New Web site service good news for business

By Joseph A. Phillips

A two-year-old private venture to give the Bethlehem business community an online marketing presence will expand its services and hopes to expand its client list in the coming months.

Glenmont-based HAP Web Site Service, owned by Patricia Haskell, created the site, www.bethlehemfirst.com, two years ago, to help smaller town businesses gain a foothold on the World Wide Web to offer their products and services. The site has created Web pages for more than 100 individual businesses in the town, ranging from restaurants to health-care providers, and records an average of 100 "hits" a day from online users.

HAP has recently announced a joint venture with CyberHaus, a Delmar firm offering Computer Learning programs including training on Internet use and Web site creation, through its offices at 159 Delaware Ave. in Elsmere. To expand and improve the site, HAP will now concentrate on customer relations for the Web site, while CyberHaus will focus on management and maintenance of the Web pages listing individual company services, said CyberHaus President Ray Houghton.

Among other upgrades, CyberHaus will offer expanded pages to existing Web "tenants" and improve links between them, particularly in the main menu's listing of the different categories of participating businesses.

Business participants at the "bethlehemfirst" site currently have enough page space for what Houghton calls "a basic on-line business card," but under the expanded page listings they will be

able to offer more detailed listings of services. "We've already had a couple of (businesses) take us up on that," Houghton said.

Interest in the site from both business owners and online service users, Houghton said, "has been increasing at a regular rate over the years." But online shopping, he said, is still a relatively new phenomenon.

"It's gonna take some time, just like anything else, for people to get used to this," he said. But with Time Warner Cable now serving most of the town, and offering low introductory offers for its Road Runner cable-to-net interface, the public's awareness of net offerings and the ease for the average consumer of using them should improve.

Among the most popular early uses of the town site is for restaurants to post their menus on the Web, Houghton said, and the Road Runner connection will simplify takeout ordering online for the couch potato.

Just how much of an impact the Web sites have had on the bottom line for Bethlehem businesses so far is "really hard to get a handle on," Houghton said. Some of the listed businesses have reported inquiries for their products or services from as far away as California, where one net shopper sought a gift certificate from a Delmar massage therapist.

Web addresses are becoming as ubiquitous in traditional advertising as phone numbers once were, Houghton said. "It's starting to make more and more business sense for even small businesses to be online," he said. "That's definitely not going to go away."

Bethlehem recycling programs in action

By Sharon Fisher

The writer is the recycling coordinator for the town of Bethlehem.

Voluntary recycling collection programs are popular in the town of Bethlehem. The recycling bins for these collections will continue to be located at Elm Avenue Park 'n' Ride at the end of the bypass.

These are recyclables that are currently being collected:

Single-layer cardboard boxes, called paperboard or boxboard. All boxes should be flattened. Time and energy are saved when the recycling bin is filled vs. half empty because the boxes are not collapsed. Do not include pizza boxes, paper plates, paper cups or any other food-contaminated item, and do not include refrigerator or freezer boxes.

The town is accepting paperback books and hardcover textbooks. Do not include *Readers Digest* condensed books, moldy,

mildewed or metallic edged books. The books that are collected are not recycled, but rather donated to used book stores. The hardcover and paperback book bins will be available through April 9.

There is also a book bin at the Rupert Road Transfer Station during the year. A permit is needed to use the station. It costs \$1.

New telephone books are being distributed. The town has placed a third bin at the Park 'n' Ride for phone books. They can be dropped off until April 30.

Keep an eye out in future columns for details about this year's spring cleanup, yard waste collections, recycling instructions and House Hazardous Waste Collection Day on Saturday, May 1.

For information, call the recycling hot line at 767-9618, Monday through Friday from 8 a.m. to noon.

Good Scouts



Boy Scouts Mitchell Smith and Justin Van Zutphen served up hot cakes and sausage at a recent dinner at the Voorheesville American Legion Post. Elaine McLain

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BCHS students are No. 1 in science competition

For the second year in a row, Bethlehem Central High School placed first in the National Science Bowl Regionals, recently held at GE Power Systems in Schenectady.

Colonie High School placed second, Saratoga Springs High School placed third, and Ravena-Coeymans-Selkirk Senior High School placed fourth.

Calvin Miaw, Sam Volo, Robert Bocala Jr., Caryn Barnett and Julie Weber composed Bethlehem Central High School's winning team which was coached by Paul O'Reilly.

The Bethlehem team will head for Chevy Chase, Md., April 30 to May 3, for the national competition. The winners of the national competition will head for Sydney, Australia, for the International Science Bowl.

Team members from Ravena-Coeymans-Selkirk Senior High School, the fourth place team, were Courtney Endres, Michael Hamilton, Matthew Collins, Jeffrey Andritz, and Emily Whalen.

RCS' team was coached by Matthew Miller.

Similar to a sporting event, the fast-paced, question-and-answer tournament was set up in a round robin format, followed by a double elimination final tournament. Teams were quizzed on scientific topics in biology, chemistry, physics, astronomy, earth science, computer science, and mathematics. Sixty volunteers from GE Power Systems, GE Research & Development Center, and KAPL helped with the event.

Seventy regional high school students representing teams from 14 high schools throughout the region participated in the competition.

Regional competition is sponsored by GE Power Systems, the GE Research & Development Center, GE Elfun Society (an organization of GE employees committed to volunteerism), KAPL (a Lockheed Martin company), and the KAPL NOVA Society (an organization of KAPL employees committed to volunteerism).

Library to host program on Roth IRA

Nancy Parella and Peter Luczak, certified financial planners with Luczak Financial of Voorheesville, will present a talk on the Roth IRA on Monday, March 29, at 7:30 p.m. at the Bethlehem Public Library.

To register, call 439-9314.

RCS committee to meet at school

The next meeting of the Ravena-Coeymans-Selkirk Central School District's Safe Schools Committee is set for Tuesday, March 30, at 6:30 p.m. at the middle school library in Ravena.

For information, call 756-5200.

Auditions slated

Harlequin Players will hold auditions Tuesday, March 30, at 7 p.m. at Community United Methodist Church, Route 85, Slingerlands, for a June performance of a one-act children's play.

The group is looking for seven adult actors. For information, call 355-6694.

In the swim



These snowmen on Village Drive in Delmar skip spring altogether, as they appear to be headed to the beach complete with towel, shades and sun hat.

Elaine McLain



Issue Date: April 21, 1999

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Slingerlands play set

The fifth-grade choir at Slingerlands Elementary School will perform "Rock: Celebrate the History of Rock and Roll," on Thursday and Friday, April 8 and 9, at 7:30 p.m.

From the invention of the wheel to the death and rebirth of disco, the fifth-graders tell the story of rock and roll through music. The performance, directed by Julia

Smith-Blonk, is a showcase for the talents of 65 fifth-graders and has become an annual tradition at the school, at 25 Union Ave.

Tickets are \$3 and are available at the door or through choir members. Seniors will be admitted free to a special dress rehearsal to be held Wednesday, April 7, at 1:30 p.m. For information, call 439-7681.

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Top speller carries on family tradition

By Joseph A. Phillips

Successfully navigating the shoals of the word "beneficent" — which Webster's defines as "doing good" — Bethlehem Central Middle School seventh-grader Andrew Shawhan did very well, indeed.

With that final-round stumper under control, Shawhan won the Capital Region Spelling Bee at Empire State Plaza on March 15, and will now represent the region among more than 240 competitors assembling in Washington, D.C. for the National Spelling Bee in May.

Along with middle school classmate James Schwab and Hamagrael Elementary fifth-grader Meredith Lutz, Shawhan, who placed second at the regional last year, was one of three Bethlehem students among the 102 entrants at the competition.

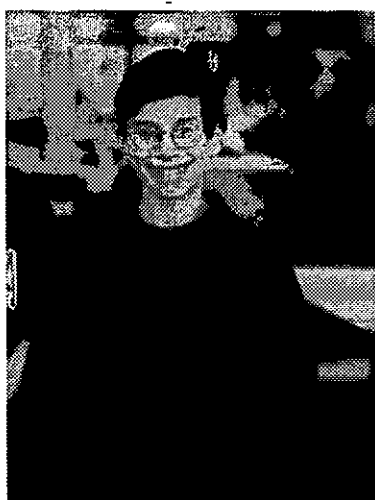
"This is the fifth straight year that a kid from Bethlehem was in the top five in the regional spelling bee," said Andrew's father Peter Shawhan. Better still, four of the last five winners were from Bethlehem — and two of the last three are named Shawhan.

Andrew's brother Mark was the titleist in 1997. He placed third the year before that behind winner Kate Ward, now an Emma Willard sophomore, then a defending champion representing the Academy of the Holy Names in Albany. Ward finished third in the nation that year.

"We're just very proud of our students for participating and representing the school," said Aosta Edelman, English and language arts coordinator at the middle school.

Andrew's father credits the school system in part for his sons' success. Like his brother, Andrew attended Clarksville Elementary before middle school; Ward attended Glenmont Elementary. "We just really had a lot of support from the teachers in the district," said Peter Shawhan. "We don't think (Andy would) have done this well without their help."

Andrew Shawhan agrees but also credits his father. "This year, my dad and I, we studied together a lot," he said. "Last year we didn't study so much. My dad helped me a lot. It's also because I like English and I like to read so



Andrew Shawhan

much." Andrew will participate this summer in the Center for Talented Youth program operated by Johns Hopkins University. He will study etymology: the origin of words.

One particular book that proved helpful is called *Paiteia* ("Want the spelling of that?" said Andrew), published by national bee sponsor Scripps-Howard Newspapers. The tome arranges hard-to-spell words by category, mirroring the format of the competition itself.

Andrew admits to an aversion to medical and insect terms in competition. But his toughest word at this year's regional? Oometer.

O-o-which? "It's a device for measuring eggs," he said. Oh.

He tends not to dwell on the competition. "It's really not that kind of thing at all," he said. "Even when it's the final rounds, you're not competing against the other kids, you're competing against the words." Former champ Ward concurred. "You don't really have to worry about the other spellers," she said. "You worry about the words and the other spellers take care of themselves."

Not everyone sees it that way. "When we got to the national level a few years ago with Mark, we found the top level of kids were really dedicated to the activity," said the boys' father. "They spent a couple hours a night studying and training. Andy doesn't do that." He's too busy reading science fiction, practicing judo, playing the trumpet.

Ward also downplays studying.

"It's like cramming before a test. It really doesn't help." But it can be helpful to know your etymology. "It helps to know the origins of words, at least a little," she said. "After that, it's a little intuition, and definitely a lot of luck. Sometimes you just have to take a stab at it." The word that stabbed back during her near-national championship run in '96? "Sidereal," she said, "something to do with stars."

In competition, contestants can ask for the definition, the use in a sentence, or the origin of their words. "Sometimes it helps," Andrew said, "maybe 50-50 or 60-40. But a lot of times it's just a means of stalling for time. You can run through a lot of things in your head while they're reading a definition to you."

Yes, both champs conceded, it can get a little intimidating. "Especially for the younger kids," said Ward. "You have all these bigger kids around you." The Spelling Bee is open to students in grades four through eight; Ward began spelling bees in fourth-grade.

"I think what's very bad for me is at the beginning of a competition, in the first round," said Andrew. "In the beginning I'm very nervous, but I get better as the rounds go on." It helps that he has the experience of previous Bethlehem champs to draw on; his brother before him, and Ward, whose dad and Andrew's are friends.

Win or lose for Andrew, the future of Bethlehem in the regional contest is in good hands. This year Hamagrael's Lutz lasted until the killer fourth round — the dreaded medical terms — in her first try. "I imagine we'll probably be seeing her again in seventh- or eighth-grade," said Edelman.

For now, Andrew Shawhan wears the mantle of Bethlehem and the regional championship lightly as he heads off to Washington in May. "Right now we're doing government in social studies," he said. "I just want to see Washington and tell my class about it when I get back."

BCHS student to study in Japan in YFU program

BCHS student Amy Houghton of Slingerlands has been accepted by Youth For Understanding International Exchange (YFU) for the summer 1999 student exchange program.

Houghton will live with a family in Japan.

YFU, established in 1951, is a nonprofit educational organization devoted to promoting under-

standing and world peace through exchange programs with high school students. It operates programs in more than two dozen countries, with a worldwide network of several thousand volunteers and 175,000 alumni.

YFU also offers American families the opportunity to host an international student. For information, call 1-800-833-6243.

Student attends conference

BCHS student Jessica Berlow of Delmar recently attended the National Young Leaders Conference in Washington, D.C.

The program invites students chosen on the basis of scholastic merit, community involvement and leadership to interact with national leaders.

They are received on the floor of Congress, take appointments with their representatives and senators, and participate in lead-

ership skill-building exercises and a Model Congress.

They also participated in a panel discussion on the role of media in shaping and reporting national events, which included prominent journalists such as UPI's Helen Thomas and Karen Tumulty of *Time*.

The conference is sponsored annually by the Congressional Youth Leadership Council.

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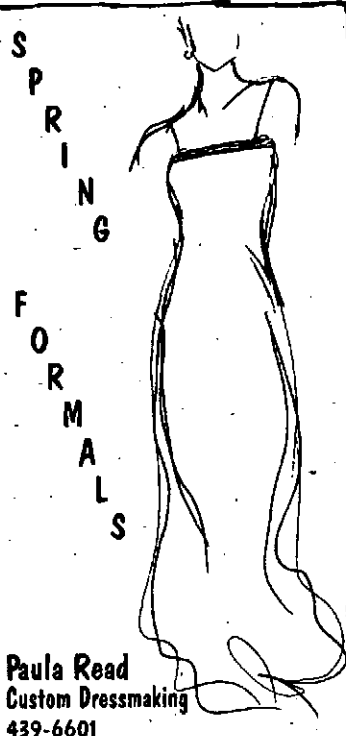
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Face off



Caroline Lang, Morgan Fluster and Julie Munro had a great time at the Girl Scout Bazaar last weekend at Delmar Presbyterian Church.

Elaine McLain

BC slates final info meeting

The last of a series of informational meetings planned by Bethlehem Central School District and the PTA presidents to discuss the new state learning standards and Regents for All requirements with parents, is set for Tuesday, March 30, from 7 to 9 p.m. at Bethlehem Central Middle School auditorium, 332 Kenwood Ave., Delmar.

It will begin with informational presentations by BC staff members and concentrate on English, language arts, social studies and second languages.

At least an hour will be reserved for questions from parents for a panel of subject supervisors and building administrators.

The meeting will be taped by Bethlehem TV-31 and broadcast at 2 p.m. on April 1.

For information, call 439-3102.

Business group sets Visitors Day

The Delmar/Bethlehem Chapter of Business Network International (BNI) will hold a Visitors Day on Wednesday, March 31, from 7 to 8:30 a.m. at Days Inn on Route 9W in Glenmont. Susan Stott, BNI's area director, will discuss word-of-mouth marketing. BNI is a business and professional networking organization.

Breakfast costs \$5. For information and reservations, call 478-0066 by March 26.

Passover Seder scheduled

Rabbi Nachman and Clara Simon, of Delmar Chabad Center at 109 Elsmere Ave., will host a community Passover seder on March 31 and April 1 at 6 p.m.

The seder will be conducted in English. A full-course dinner will be a part of the seder.

For information and reservations, call 439-8280.

Slingerlands man's suit moving through system

By Joseph A. Phillips

A class-action suit filed in November by a Slingerlands man, seeking Indian sovereignty over Liberty Island in New York harbor, is slowly working its way through the legal thicket.

Timothy J. Stoddard, acting as lead plaintiff, filed his suit on Nov. 18 in Federal District Court in New York, maintaining that the island upon which the Statue of Liberty stands had never been purchased from its original Indian inhabitants; the lawsuit sought sovereignty on behalf of all Indians.

A motion was filed in January on behalf of the U.S. Government to dismiss the suit, and the plaintiffs have filed a reply to that motion. But no ruling has been made yet by Judge Lawrence McKenna, who will hear the case.

The court "has not indicated when they will make a ruling," Stoddard said last week. "We're hoping something will come down soon."

In the meantime, Stoddard, a resident of Lagrange Road in Slingerlands, declined to comment on the case, his standing in it or why it was filed. "We are staying out of the media on all grounds until we see what happens," he said.

Employees in the court clerk's office indicated that no formal action on the suit is scheduled on the court docket.

In the initial filing, Stoddard listed himself as a member of the Mohegan Hudson River Tribe, and was joined in the suit by several other co-plaintiffs representing other tribes.

On Jan. 19, the U.S. Attorney's office in New York filed a motion that Stoddard's complaint "should be summarily dismissed." In the memorandum supporting their motion, the government argued that the plaintiffs lack standing to make such a complaint, as they

have not personally suffered any injury in the matter.

"Plaintiffs do not claim to be an Indian tribe, much less the specific Indian tribe that allegedly originally owned Liberty Island," the memorandum stated. Only tribes with a specific land claim and not individuals, the attorneys argued, can make such a claim.

The memorandum also challenged the plaintiffs' requested remedy: third-party adjudication outside of the Federal Courts. The government attorneys urged dismissal on the ground that no specific redress to the alleged injury was requested. The original motion did not seek any specific damages or action other than the third-party adjudication.

Stoddard and his co-plaintiffs responded to the U.S. Attorney's motion on Jan. 28, asserting their need for third-party arbitration, and stating the application of federal law to their complaint "is genocidally unconstitutional to all Indians including the plaintiffs."

Families needed to host students

Host families are needed for 30 foreign exchange students who will be coming to the Capital District for the 1999-2000 school year under the auspices of the American Field Service (AFS) exchange program.

Students from all over the world will attend local high school and participate in family, school and community life.

Families who apply early this spring have the best opportunity to review applications from students with special interests which match theirs, such as athletics or music.

AFS provides local family orientations and volunteer support, as well as social and educational events for students, host families and host siblings.

For information about hosting, or about intercultural opportunities for U.S. high school students to study abroad, contact Happy Scherer at 439-0016, Cathie Currin at 581-9199, or call 1-800-AFS-INFO.

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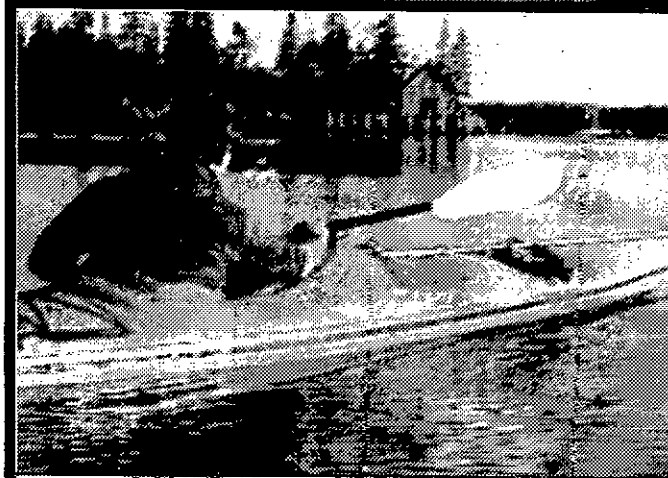
SPRING Sports & Fitness

Krazy for Kayaking

By Katherine McCarthy

If kayaking evokes images of fur-clad Eskimos polar bear hunting, it's time for an update. The double-pointed boat propelled by one paddle has become a popular form of boating, and there are many

□ KAYAKING/page 22



Kayaking

(from Page 21)

different ways to enjoy it.

"Generally, there are three areas of kayaking," Sally Halsey of The Boat House in Schenectady said. "There's whitewater, Olympic, and general touring."

Whitewater kayaking is a pretty skilled sport, Halsey said. "You need to have people who know what they're doing with this sport. Eskimo rolls — where the kayaker flips the boat around in the water while staying in it — are a significant part of the learning. The boats need to be designed for whitewater so you don't get stuck in them. It's a great sport," she said, "very exciting, like downhill skiing."

Olympic kayaking is a competitive sport. "These boats are very tippy," Halsey said. "They're fast, and meant for use on calm water. People in Olympic kayaks are out there to race."

"General touring kayaks," Halsey said, "are long boats with bulkheads, hatches, things like that. The figurehead for general touring are sea-touring kayaks, which can withstand big waves."

For the casual or first-time user, general purpose boats are probably the best bet. "These

start at about 9 foot long," Halsey said. "They often have large cockpits, so the fear of getting stuck in the boats is negligible. They're easy to control, and not particularly fast. They're very user-friendly, and you can use them in small streams or big open bodies of water. Most people use these with a spray skirt around the cockpit so they don't get wet."

A sub-chapter of kayaks are what Halsey called "sit-on-top kayaks," which are sort of a hybrid between a surfboard and a kayak. "These are more popular in warm weather places," Halsey said.

David Endy, manager of the Steiner's Sports branch in Valatie, called kayaking a relaxing, stress-reducing sport.

"The last time I went kayaking in the autumn, my wife and I paddled up the Catskill Creek," Endy said. "You get a chance to see wildlife in its natural habitat. It's not at all uncommon to get 8 to 10 feet away from wild birds. Kayaking is very non-threatening to wildlife, as opposed to a power boat or a jet ski, which clears out all the animals before you get there." Endy said that you can get into a starting kayak system, which includes the boat, a paddle, and everything you need for under \$400. Once you've purchased your gear,



Garrick Dardani of Steiner Boats enjoys his time on the river.

Endy pointed out, there are no further costs to actually get out there and kayak. Steiner's has a demo fleet of 15 boats, and will take people to the waterways to try out a boat before making a purchase. Steiner's has three branches: Delmar, Valatie and Hudson. "The Hudson River is probably one of the most popular places to kayak, as are some of its tributaries," Endy said. "A lot of people also go to the lakes in the southern Adirondacks."

Halsey said people can put right into the water near The Boat House, located at 2855

Aqueduct Road on the Mohawk River, adjacent to the Aqueduct River.

The 28-year-old business rents kayaks and canoes for \$12 for two hours. Life jackets and paddles are included in the rental. A paddling day with manufacturers letting people try out their boats is scheduled for May 8, from noon to 4 p.m.

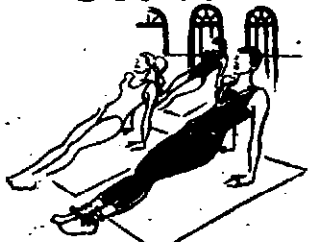
Both Steiner's and The Boat House sell a wide variety of kayaks, canoes, and the necessary gear to go with them.

"Kayaking is getting to be more and more popular," Halsey said. "Canoes and kayaks

matched each other in rentals last year. The light weight of the kayaks make it easy for an older person or woman to have some independence with this sport. People are seeing and buying kayaks more and more."

Kimberly Simon, a communications associate at the Red Cross, is taking the kayaking course the Red Cross offers annually. After just one class, she's enthused. By the end of the class — which could coincide with the arrival of spring — Simon is looking forward to joining the ranks of recreational kayakers.

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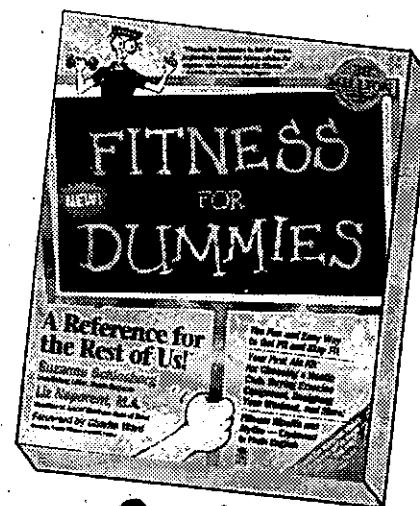
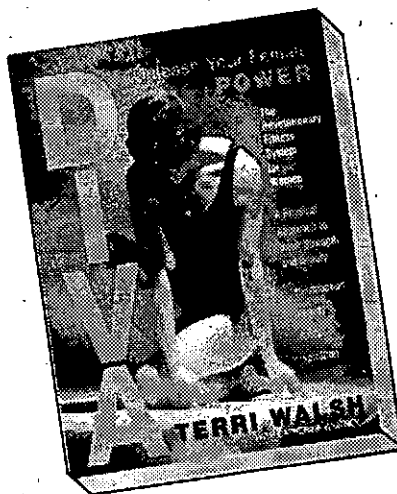
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Body composition test helps set dieters' goals

IF YOU'RE AMONG THOSE EAGER TO LOSE WEIGHT DURING 1999, YOU MAY DO yourself a favor by having a body fat assessment done.

Before you shy away from the idea, be aware that knowing your body fat percentage is a useful tool for determining appropriate weight loss goals and for monitoring real success.

A healthy weight is not always reflected by the bathroom scale. Knowing your body composition your ratio of fat to lean body mass is a much more accurate and objective measure of health and fitness.

There are several body composition testing methods available.

Hydrostatic (underwater) weighing, skin-fold calipers, bioelectrical impedance, near infrared interactance (NIR), and total body potassium are among the most popular.

They range in cost and accuracy, so you may want to research what's available locally before you make your choice.

Also, be sure to choose a method you'll be comfortable repeating. As you follow your weight loss program, you'll want to have your body fat measured periodically as an indicator of your progress.

You'll have a much more accurate assessment if you're comparing two skin-fold caliper measurements rather than a hydrostatic weighing and a skin-fold caliper measurement.

Here are some general tips to keep in mind when seeking body fat assessment:

- Choose a qualified technician with ample experience.
- Have follow-up evaluations performed by the same person.
- Don't concern yourself with decimals, fractions and error ranges. What you're looking for is a general trend of body fat reduction over time.

Fitness experts recommend ideal body fat ranges of:

- 18 to 22 percent for women under age 40
- 10 to 16 percent for men under age 40
- 23 to 27 percent for women ages 40 to 60+
- 19 to 20 percent for men ages 40 to 60+.

However, acceptable body fat percentages range as high as 30 percent for women and 20 percent for men.

Cooking Corner Tips To Help You

Shedding excess layers and emerging anew is a constant theme of spring. This year, when you cast off your bulky sweaters and corduroys, try leaving your unhealthy eating habits with them.

The New American Heart Association

Cookbook, 25th Anniversary Edition, is an anthology of heart-healthy eating. It's the season of spring training and spring cleaning, so why not spring eating? Try this recipe for lamb kebabs from the AHA as a zesty end-of-winter entrée.

Lamb kebabs

Serves 6

Marinade

- 1/2 cup cider vinegar
- 1/2 cup finely chopped onion (1 medium)
- 3 tablespoons finely chopped fresh rosemary or 1 tablespoon dried, crushed
- 3 tablespoons honey
- 2 tablespoons chopped fresh mint or 2 teaspoons dried, crumbled
- 3 medium cloves garlic, minced, or 1 1/2 teaspoons bottled minced garlic
- 1 teaspoon olive oil
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1 1/2 pounds leg of lamb (after boning and trimming), cut into 24 cubes
- 1 medium red onion, cut into 12 wedges
- 2 packages (9-ounce) frozen no-salt-added artichoke hearts, thawed
- 24 cherry tomatoes

In an airtight plastic bag, combine marinade ingredients. Add lamb and turn to coat. Seal and refrigerate for 1 to 4 hours, turning occasionally.

Soak six long bamboo skewers in cold water for at least 10 minutes.

Drain lamb and put marinade in a small saucepan. Bring to a boil over medium-high heat and boil, covered, for at least 5 minutes. Preheat grill on medium-high. Separate each red onion wedge vertically into two parts, making 24 wedges. Separate artichoke hearts into 24 pieces. For each kebab, thread a skewer as follows: 1 piece onion, 1 meat cube, 1 piece artichoke, 1 tomato.

Repeat three times for each skewer. Grill for 12 to 15 minutes, or until lamb is done to taste. Baste with hot marinade for last 5 minutes of cooking time.

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If the shoe fits — wear it

By Barbara Yax

HAVE YOU GONE SNEAKER SHOPPING LATELY? IF YOU HAVE, YOU WILL have found a wall of sneakers divided into categories for each sport under the sun. So which do you pick? It all depends on what you want to do. Whether it's running, hiking, basketball, tennis, or golf, there is a shoe for you.

Each athletic shoe is constructed according to its purpose. Running shoes are supportive for the up and down, heel-to-toe movement, where basketball and tennis shoes are built for lots of fast stops and turning and pivoting. Gail Sundling, owner of the Delmar Bootery, suggests whatever sport you are into, make sure that your shoe is suitable to that sport and is in good condition.

The condition of the shoe is

just as important as the fit and its suitability for the sport. The Delmar Bootery recommends runners get a new pair of sneakers every six months if they run 15 to 25 miles per week. For the runner who does 35 miles plus, you'll need a new pair every three months, mainly because with excessive use, the shoe's ability to absorb shock diminishes.

If you are an avid golfer and are on the course often, you probably want two pairs of shoes. Sundling says with proper care, golf shoes can last a long time, if you follow a few simple tips.

"Keep cedar shoe trees in them," Sundling said, "as soon as they come off your feet, the trees go in. If you do this they will last six times longer." Sundling explained that the many sweat glands in the foot produces a lot moisture and that

cedar trees not only eliminate the moisture but will help maintain the shape of the shoe. As with all athletic shoes, she says, "Keep them clean, wash them with soap and water and a scrub brush — but don't submerge them."



Barbara Yax

Whether it is a golf shoe or a running shoe, the proper fit is important.

running, nor do you want to play basketball in a running shoe — neither will provide the support you need to do the other," he said. He recommends that basketball players not wear their sneakers outside because gravel will make them smooth and the athlete won't get a proper grip on the court."

Another important issue both raise is "rotating" your pairs of shoes saying that there is an increased risk for fungal infection if you wear them everyday.

Both Crisafulli and Sundling agree that the structure of your foot is what dictates what type of shoe you need to wear.

Be careful to choose the right sneaker or shoe, you only have one pair of feet and they need to last you a lifetime.

stretch them out is a fallacy. The shoe should fit right the first time and should be comfortable," she said. "If it's doesn't, it's not the right shoe for you." Dr. Joseph Crisafulli, a local podiatrist, agrees.

"Every foot is different — your foot type should determine the type of shoe you buy," Crisafulli said, adding that he has seen problems that occur from using improper footwear for sports, including shin splints, hammer toes, and neuroma, which is scar tissue that develops around a nerve from pressure. Dr. Crisafulli suggests that you not wear your sneakers for a sport other than what they are intended for.

"Obviously you don't want to wear a basketball shoe for

Sundling also recommends that you change the comfort sole on the inside of the shoe. "It's a haven for germs."

If you want to waterproof your shoes Sundling recommends a natural product like bee's wax because it will not clog the pores of the leather. She also discourages the use of mink oil or silicone-based products because they tend to rot the stitching.

Once you've selected the right shoe for the sport you need to get the shoe fitted to your foot.

"Getting the right fit is crucial," Sundling said, adding that she has heard many misconceptions about buying the right shoe.

"Having to break them in or

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and Larry Yakubowski, USPTA, USPTR



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Secret running tips from 'Baywatch' star Alexandra Paul

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Alexandra Paul-internationally known for her five seasons

on the TV show, Baywatch, and appearances in more than 30 films and TV movies, is offering her secret tips for marathon training. She has been an athlete since childhood.

Paul is also one of the founders of the Suzuki Rock 'n' Roll Marathon, which is believed to be the first major new marathon to be produced in the United States in more than a

decade.

Scheduled for May 23, in San Diego, California, the Suzuki Rock 'n' Roll Marathon was created by running and entertainment celebrities.

Paul has competed in Hawaii's Ironman Triathlon World Championship and the inaugural Suzuki Rock 'n' Roll Marathon. To prepare, she worked out for up to seven hours a day, with one day off every 10. One of Paul's marathon training tips is to push on your hard days, rest on your easy days.

According to Paul, "Both are essential ingredients to a successful training program."

Paul also stresses the importance of stretching, both before and after running, to stay flexible.

To receive a free copy of



Alexandra Paul, marathoner and former Baywatch actress, offers training tips.

Paul's "Secret Marathon Training Tips," you can visit the Suzuki Rock'n' Roll Marathon on the Web at www.RnRmarathon.com or call toll-free 1-800-311-1255.

Increased heart rate: good or bad?

DISCUSSIONS OF CARDIOVASCULAR FITNESS INEVITABLY include discussions of heart rate and the need for individuals to increase theirs to the all-important "training zone". However, while experts encourage us to increase our heart rates during aerobic exercise, they are also quick to warn of the dangers associated with a resting heart rate that is too high.

Sound contradictory? Actually, there are sound physiological reasons why an increased heart rate is advantageous during exercise yet undesirable when the body is at rest. While you exercise, your heart beats faster to pump more blood (which contains important oxygen, fluids and nutrients) to

the working muscles.

In addition to strengthening your heart muscle, aerobic exercise trains your heart to pump more blood with every stroke — increasing your cardiac output up to eight times its resting capacity. Ultimately, your heart becomes more efficient at delivering oxygen and draining metabolic waste products away. Best of all, this improved efficiency is sustained even after exercise, translating into a lower resting heart rate.

A high resting heart rate (more than 85 beats per minute), on the other hand, often indicates medical problems, such as a weak heart that is struggling to do its job or thyroid complications. If you

have a high resting heart rate, exercise may be a practical prescription. However, you should always check with your physician before beginning an exercise program.

It should be noted that feelings of a fast or irregular heartbeat can be brought on through excessive use of caffeine or alcohol and/or smoking. Should you experience any symptoms related to a fast heartbeat or palpitation, especially if associated with a feeling of faintness, medical advice should be sought.

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Conditioning key to preventing injuries on the court

By Debbie W. Eberle

REGARDLESS IF YOU ARE PETE SAMPRAS OR IF YOU PLAY TENNIS JUST for fun, area experts agree it's important to condition your body properly before going out on the court.

"At any level, whether you are a beginner or advanced player, you definitely should be doing some additional exercise to avoid being hurt on the court," said Amy Targleson, director of player development at Capital Region Tennis & Fitness located on Route 9W in Glenmont.

Dr. Joy L. Meyer, from Physical Medicine and Rehabilitation in Albany, as well as a collegiate athlete and avid tennis player, recommends stretching, along with strengthening as part of your fitness program.

"In general, the biggest risk factor for injury is previous injury," said Meyer, "taking a week off after an injury is not enough. What put you at risk for the initial injury hasn't gone

away. The strength imbalances or incorrect form needs to be addressed."

"The most common tennis injuries are to the shoulder (rotator cuff), elbow (tennis elbow), back and knee," said Meyer.

She tells the athletes she trains that proper biomechanics is very important to prevent or heal previous injuries and feels that it makes sense to take lessons to get your technique up to par.

One problem is that people injure themselves, rest a week, and then go back on the court.

Not really healed, they compensate for the injury by using the wrong muscles, and as a result end up with different injury.

When working on the correct tennis stroke technique you need to consider are the size of your grip, the tightness of the strings, and the length of your racket.

"Sometimes it's as simple as stringing your racket differently



Fran Williams, an instructor at Capital Region Tennis & Fitness in Glenmont, demonstrates one of the stretches that tennis players should use to avoid injury.

Debbie Eberle

or investing in a new pair of sneakers," she said.

"My new racket made all the difference in the world in my ability to resume play after my injury," Meyers said.

There is a simple way to prevent being injured on the court.

"Stretch everything," Tarkelson said, adding that players should familiarize themselves with specific tennis stretching exercises.

She said that most tennis clubs have charts with diagrams of these exercises posted. Ten minutes of stretching before and after a game is the ideal.

Bob Rosenblum, director of tennis at Schenectady Racquet and Fitness Club would agree that stretching or some sort of proper warm-up before and after tennis is certainly important but also felt that proper stroke technique is also extremely important. Strength training goes hand in hand with proper form.

"The power for the serve should come from your legs and back and not your shoulder or you are putting yourself at risk for a rotator cuff injury" said

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Meyers.

"It is important to complement your tennis lessons with a routine workout program" said Fran Williams, an instructor at Capital Region Tennis and Fitness.

"Lunges and squats are good. They keep your legs strong and powerful," Williams said, noting that it's important to incorporate cardiovascular exercise so that the player can move quickly around the court for a long periods of time without tiring.

Targelson agreed that your legs, along with your torso is where your power comes from.

"Doing some cardio on a treadmill or stairstepper would increase your endurance as well as work out your legs which are so important to your game," Targelson said. So, before you run out on the court next time take the time to add 10 minutes of stretching to your routine.

While you're at it, consider taking some lessons and don't rule out the gym. By preventing an injury now you can stay on the court and keep off the sidelines.

Tips for UV protection

DURING ANY TIME OF THE YEAR, WHEN YOU'RE OUTDOORS, YOU should think of sunglasses as sunscreen for the eyes. According to the Better Vision Institute, a non-profit organization dedicated to educating the public about eye health and vision care, snow skiers especially must shield their eyes from harmful UV rays and choose sunglasses or goggles that will clarify the ski terrain.

"Glare and reflection are the two greatest eye health hazards to people who ski, snowmobile or snowboard, said Rene Soltis, an optician and BVI advisory council member. "Without proper protective eyewear, the eyes are vulnerable to harmful ultraviolet rays."

Over time, sun exposure can damage the cornea (the outer transparent part of the eye that transmits light to the retina), lens (the part of the eye responsible for focusing) and retina (the innermost layer of the eye, which transmits an image to the brain). For skiers, bright sunlight bouncing off the snow intensifies the potential danger.

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success with youngsters, whether they have "hoop dreams" or just a love of the game. Now, thanks to new portable technology, it's even easier for basketball enthusiasts to quickly and safely move their portable hoops around the yard.

A state-of-the-art portable system is now available, incorporating new multi-wheel technology that allows for safe and easy movement. Pick N' Roll™ is the first and only home portable basketball unit that can be moved without having to tip the unit.

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are over. Simply engage the wheels and push the unit into place — it's that easy."

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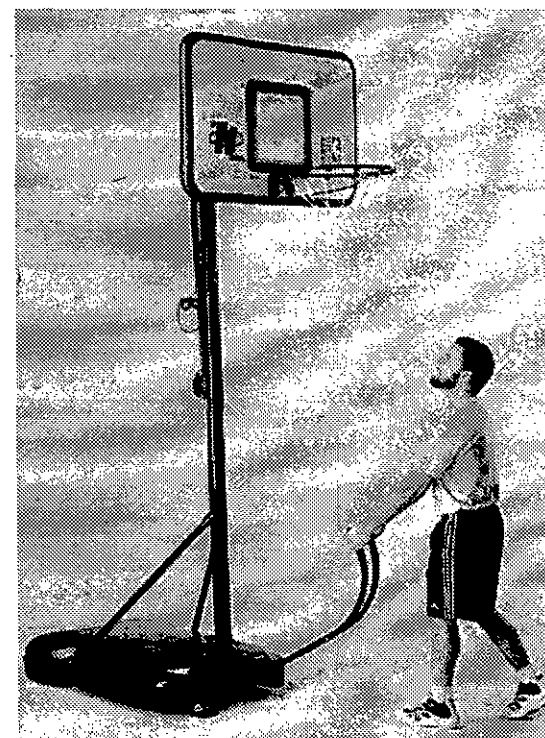
Pick N' Roll also comes with ExactaHeight™, an innovative lift mechanism that allows consumers to adjust the height of the basket between 7.5 and 10 feet with pin-point accuracy.

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Pick N' Roll was developed by Huffy Sports, the inventor of portable basketball systems. It is available at sporting goods throughout the country in various backboard configurations.

For information call 1-800-558-5234 or visit Huffy Sports' Web site at www.huffysports.com.



A new portable basketball system allows consumers to move the unit while it remains in an upright position.



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Getting in shape requires patience and persistence

By Leigh G. Kirtley

IN THIS WORLD OF INSTANT GRATIFICATION, BEGINNING A WORKOUT PROGRAM CAN seem discouraging at first. But with a little persistence and reasonable goals, the results are worth the effort.

If you're serious about charting your progress, Mike Mashuta of Delmar Health & Fitness suggested that you get a baseline for comparison. First, check your lean body mass and check how quickly your heart rate recovers after exercising. He also said that changes in weight can be misleading.

"Muscle is heavier than fat and after working out you might gain a few pounds of muscle," Mashuta said. "Muscle is seven times more dense than fat."

Computerized exercise machines like cycles and treadmills often contain a program which allows you to calculate your fitness level. But you can also figure it out at home. Once you record your normal heart rate, begin to

exercise. When you've reached about 70 percent above that, stop. Take your pulse one minute later and again after three minutes.

"It should come down anywhere between 20 and 50 percent," Mashuta said. "How the rate drops at one and three minutes shows your improvement." Mashuta used a simple formula for calculating the percent. Subtract your age from 220 and multiply that number by the percent. How long before you notice any improvement?

"For the average person working out three times a week, it takes about four to six weeks," Mashuta said. "But everyone is different." They key to success is finding a workout program that fits your needs and that you enjoy. Mashuta urged people to get with a trainer to develop a schedule using weights and an aerobic workout for maximum benefit and safety.

"The most important thing is to develop a habit and consistency, he said, "then all things

can be achieved.

Being overly enthusiastic in the beginning of a workout program can lead to burn out and possible injury. Nick Valenze, a licensed physical therapist at Bethlehem Physical Therapy said to start slowly.

"Don't start with a full-blown aerobics class or kick boxing," he said. "Walking 10 minutes is fine. You can build from there to jogging or running." Valenze said that initially, you should be able to talk while exercising. If you're too winded to talk, slow down. Using the formula above, Valenze said to start at 60 percent and gradually work toward 75 or 80.

Finally, to avoid a trip to his office, Valenze said that pain should never be part of your workout, especially joint pain.

"It's normal to be a little achy or sore in your muscles, but that should dissipate quickly."

"Find your personal level of fitness," Mashuta said. "There's only one way to do it, consistent, moderate exercise."



Mike Mashuta assists a customer.

Debbie Eberle

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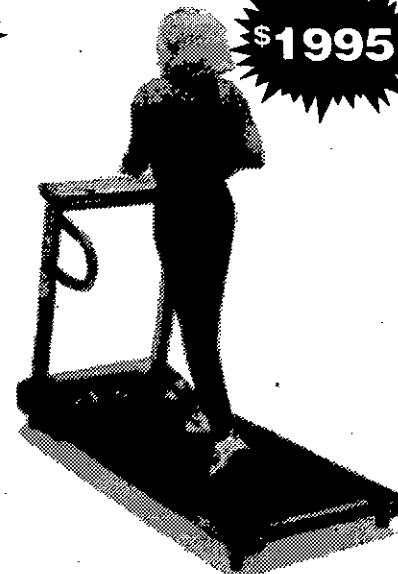
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RCS announces high honor, honor roll students

Ravena-Coeymans-Selkirk Middle School recently announced its honor and high honor roll for the first trimester.

High honor roll: Grade five

Neal Applebee, Catherine Bradshaw, Walter Brandom, Anna Brooks, Justin Bullis, Ashley Carboni, Joseph Carnibucci, Shannon Carpentier, Amanda Court, William Craven, Brianna Datri, Brittany Davis, Kayla DeFoe, Brianna Drexler, Kayla Firstiun, Keith Geraldson, Cody Haack, Matthew Haker, Miles Hamilton, Seana Hazelton, Scott Holbrook, Eyan Hotaling, Jaime Hotaling, Robert Hughes, Robert Hummel, Christos Jones, Dallas Jones, Timothy Jordan, Nathaniel Keezer, Colin King and Matthew Koonz.

Jaclyn Levie, Frank McDonagh, Francisca McFarlane, Bailey Miller, Lindsey Miller, Nicholas Morrow, Caitlin Myers, Megan Newell, Nicholas Noblett, Patricia Norton, Kari Philpott, Benjamin Raimo, Krista Raynor, Matthew Richardson, Gabrielle Rieth, Stacey Roberts, Randall Ross, Ryan Ruxton, Timothy Sanderson, Brianne Schomaker, Samantha Schools, Lauren Scott, Max Smith, Zachary Snide, Ashley Annie Snyder, Eric Stott, Nicole Sturtevant, Jennifer Van Etten, Vincent Vasto, Cassandra Volkheimer, Gabrielle Wertzbaugher, Tiffany Westervelt, Colleen Wolfe, Lucas Yurek and Devan Zelezniak.

High honor roll: Grade six

Melissa Ball, Matthew Buhrke, Sheena Childs, Jeffrey Correll, Moriah Cutro-Kelly, Allison Dibble, Elijah Fagan, Joshua Goff, Amy Goodine, Samuel Hafenstein, Melissa Hamilton, Jacob Henrikeson, Joshua Jones, Daisha King, Jeffrey Latter, Brandon LeFevre, Andrew Louis, Holly Martin, Sean McGrath, Joshua Meyer and Aric Mine, Michelle Montini.

And Gregory Myers, Katelin Nicholson, Andrew Norris, Alexander Orsi, Cassie Ostrander, Mandi Palmer, Patrick Peck, Laura Persico, Vanessa Persico, Allison Poetzsch, Roxanne Ribley, Lauren Sebert, Danielle Sousie, Matthew Stalker, Benjamin Stumbaugh, Brett Sykes, Christopher Tice, Erin Tracey, Susanna Wagner, William Weber and Sarah Wilsey.

High honor roll: Grade seven

Daniel Assael, Aimee Babcock-Ellis, Jill Breedlove, Casey Bridgeford, Ashley Byerwalters, Angela Datri, Gregory DeLuca, John Dibble, Alfred Fargione, Robert Fargione, Emily Faul, Megan Felter, Kimberly Finnigan, Valerie Gordon, Charles Haslam, A'Shon Hughes, Lillian Kowalski, Erin Leavitt, Evan Lesser-Schmidt, Elissa Long, Rebecca Machia, Julie Masa, Zachary Mayes, Chiara McKenney, Jacqueline Noblett, Allan Northrup, Erin O'Brien, Brendan Principato, Marcie Pry, Patricia

Rees, Ashley Ritzel, Stephanie Scalzo, Sarah Schools, Krystl Sherman, Sarah Sherman, Christie Shields, Nicole Sickler, Kyle Siy, Laura Spoor, Herbert Tompkins, Nicholas Van Dervossen, Kayla Vatalaro, Alexandra Volkheimer, Matthew Zaloga and Eric Zell.

High honor roll: Grade eight

Ian Applebee, Matthew Bolen, Jason Bonafide, Lauren Buhrke, Erin Clary, Nicole Corsi, James Craven, Nina Cutro-Kelly, Nichole DePaulo, Laura Delahaye, Sarah Dennis, Michael Duker, Amanda Farrant, Meaghan Furst, Jessalyn Hotaling, Jessica Ingraham, John F. Jones, Christopher Kot, Adam Lammy, Harrison Lehmann, Nicole Leonard, Courtney Longton, Andrea Lopez, Alyson Martin, Emily Miller, Rebecca Miller, James O'Connor, Joseph Orsino, Meredith Pascale, Jamie Philpott, Jessica Poetzsch, Victoria Pohlid, Jessica Pomakoy, Laura Rarick, Stacey Schwartz, Steven Shepard, Michael Smith, Katie Stott, Jill Stumbaugh, Kiernan Townley, Lorin Weidman, Jessica Whydra and Jennifer Wickens.

Honor roll: Grade five

Peter Anderson, Keith Ashley, Joseph Baldwin, Jordan Baumes, Sarah Bennett, Brittney Boehm, Ryan Brooks, Camille Carnevale, Brandi Carney, Gerard Carter, Katharine Clayton, Ryan Cross, Patrick Dare, Katrina Deering, David Disonell, Victoria Duncan, Michael Fastert, Emily Fleet, Amanda Geisel, Jessica Goff,

Laura Haskell, Katrina Hausmann, Jesse Hillmann, Jason Ingraham, Kyle Kleege, Cameron Lambert, Tyler Lane, Loren Libby, Staci Lydon, Katelyn Matousek, Kylie McNeilly, April Mevoli, Adrian Morehouse, Geoffrey Nulton, Corey O'Donnell, Thomas O'Hanlon, Robert Radley, Robert Rauch, Bryan Ribley, Kayla Robinson, Alicia Ross, Aaron Rybicki, Molly Salovitz, Jason Smith, Zachary Smith, Ashley Nicole Snyder, Jacquelyn Stark, Sarah Tesch, Johnna Thyrring, Brendan Van Dervossen, Danielle Van Hoesen, Meagan Vigilante, Julianna Visconti, Dawn Weidman, Douglas Winne and Amanda Zaloga.

Honor roll: Grade six

Derek Boprey, Ray Carhart, Jessica Covey, John Cramer, Myles DeBacco, Meaghan DePaula, Brittany Edelson, Amanda Eissing, Robyn Filkins, Joseph Fisk, Frank Fuller, Megan Gadani, Andrew Hamilton, Michael Hennessy, Jordan Herman, Justin Herne, Heather Herrington, Daniel Hillmann, Jason Hulett, Matthew Irving, Charles King and Edward Mero.

And Thomas Moore, Jason Nunziato, Jessamie O'Brien, Addison Osterhout, Donald Priest, Sabrina Pry, Joshua Quinn, Kathryn Raab, Adam Ross, Michael Sleeper, Jeffrey Sterling, Timothy Sugrue, Kaylee Thyrring, Sarah Trombley, Brian Wickham, Cassandra Wolfe, Amanda Yackel, Gilbert Zabeland William Zinzow.

Honor roll: Grade seven

Danielle Bohl, Matthew Breithaupt, Jennifer Bruno, Malachi Bryant, Joel Constantine, Evan DeForge, Sarah Disonell, Ajay Duncan, Ashley Finke, Kenneth Fuller, Jessica Hall, Nicholas Hall, Lauren Hein, Kristi Hildreth, Jeffrey Hoose, Lawrence LaMountain, Gladys Lugo, Michael McCue, Thomas McDonald, Martha Moon, Charles Olinger, Rebecca Priester, Clarissa Quackenbush, Richard Rider, Paul Spring, James Stalker, Chelsea Vautrin and Charles Williams.

Honor roll: Grade eight

Justin Ashley, Parker Beach,

Joseph Blondell, Candace BrookerThyrring, Dara Byrne, Marybeth Calabrese, Catherine Celella, Ashley Chicaretti, Holly Clifton, Krystal Geraldson, Christopher Jordan, Matthew Krzykowski, Sean LaMora, Krista Len', Carolyn Losee, Jennifer Masa, Jennifer Mero, Pamela Morrison, Stephanie Mulligan, Beckie Nowak, Richard Olinger, Desiree Palmatier, Catherine Parisi, Courtney Quackenbush, Benjamin Salovitz, Johanna Scalzo, Justina Schipano, Matthew Stott, Russell Thompson, Mark Wallace, Alana Williams and Brandon Winne.

Library group to meet

The Hudson Mohawk Library Association will hold its annual spring dinner on Friday, April 16, at 5:30 p.m. at the Herb Garden Restaurant in Slingerlands.

William Danko, associate professor of business at the University at Albany and co-author of *The Millionaire Next Door*, will talk about his study of affluence in America.

The program begins with a 5:30

p.m. social hour with cash bar, followed by a business meeting at 6:30. Dinner will be served at 6:45 p.m.

The buffet costs \$21 per person, including gratuities. Reservations can be made by contacting Phyllis Ochs at Schenectady County Public Library, 99 Clinton Ave., Schenectady, 12305 or by calling 388-4500. Reservations must be received by April 9.



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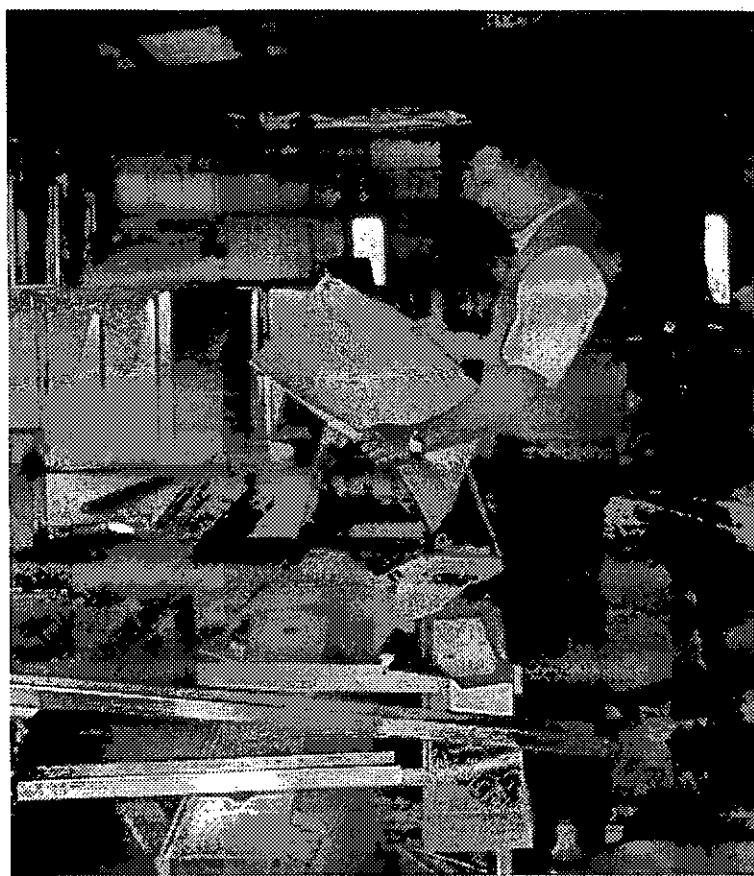
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Mashuta making room to flex business muscle

By Katherine McCarthy

Mike Mashuta plans to open his new facility, Delmar Health and Fitness, at 28 Hudson Ave. in April. The 11,000-square-foot facility has twice the space of the current gym on Delaware Avenue.

Walking through the new building, Mashuta can see beyond the steel beams that indicate where rooms will go. "We'll have a 1,000-foot aerobics floor," the soft-spoken former bodybuilder said. "We'll have room for stretching, jumping rope, punching a heavy bag. There will be a golf area, with an opportunity for videotaping. I'll have Nautilus equipment, 10 treadmills, 10 elliptical trainers, stair steppers and recumbent and upright bicycles. There will be three TVs for each cardiovascular section. There will be a massage room, a waiting room, and a large counter in the entrance area. The child-care room will have video games and a TV. I've also left room for a kids' circuit of exercise equipment."



Mike Mashuta looks over plans for the new facility on Hudson Avenue.

Katherine McCarthy

"This is something I've been working on for years," said Mashuta of his new facility. "I floated the idea past the building department a year ago. I needed to handle the overcrowding at my other space. I have a real square-foot-per-member issue there. I also wanted to expand services, to include aerobics classes and golf, and avoid crowding during the peak exercise times. Improving the kids' area so that moms would feel comfortable was important, too. I'm looking forward to being in a brand new, clean facility."

Mashuta opened his Delaware Avenue facility on March 15, 1985, with just 3,000 square feet. Within two years, he expanded by adding another 1200 square feet. Although his new facility is not yet open, he anticipates growth there as well.

"The new facility is on 7 acres," Mashuta said. "We'll see what member services dictate, particularly if the golf program takes off. I don't know if you can ever have enough space."

Delmar Health and Fitness will be the only area fitness center with indoor golf, Mashuta said.

"I'm a golfer," Mashuta said. "We've developed a method to improve your golf game with cardiovascular and strength training exercises. Pros from the local clubs will come and do video lessons with our clients. That'll be neat. People will have a chance to see their swing and have it analyzed."

Owning a health club was a goal Mashuta established early on in his fitness career. "I started in the math and science program for pharmacy at Hudson Valley," the Scotia native said.

While there, he met champion bodybuilder John Harms, and started bodybuilding himself, eventually becoming New York state's champion bodybuilder. "I took bodybuilding as far as my genetic potential would allow," Mashuta said. He continues to serve as one of 30 professional bodybuilding judges worldwide, travelling to up to four shows a year, hanging out with people like

Arnold Schwarzenegger in exotic locations like Prague, Helsinki and Rimini. He was the No. 1 judge at the Mr. Olympia contest in Helsinki, and coached the US world women's championship team to a gold medal in Seville, Spain.

Mashuta also met his wife, Cindy, through bodybuilding. "That was one of the most fun things," he said, "doing the couples competition with Cindy; training, dieting and meeting our goals together. Without her support, none of my business expansions would have been possible."

Today, the Mashutas have two sons, 10-year-old Michael and 3-year-old Nicholas. "I traveled more before they were born," Mashuta said. "It's hard to leave them."

In the late '70s and early '80s, Mashuta got involved in the as-yet undefined field of strength training, working with Arthur Jones of Nautilus and participating in strength training tests in Florida. "We did a lot of work with football players and twins," Mashuta said, "figuring out what kinds of strength training yield the best results."

Doing that crystallized things for Mashuta. "As I helped people achieve fitness goals and recover, I thought I'd have a more profound effect than in pharmacy, so I decided to pursue the health club business," he said.

Mashuta returned to the Capital District, worked in a health club in Clifton Park, and eventually managed a facility in Delmar before opening his own club in 1985. Today, he employs 10 staff members and is looking for more.

"If anybody wants to apply," Mashuta said, "they should do it now. I'm looking for certified aerobics instructors and personal trainers."

Mashuta hopes to keep membership prices close to what they are now. After a \$99 initial fee, a membership is \$39 per month for an individual, \$69 for a couple, and \$99 for a family. Mashuta suggests that people sign up for memberships at the grand opening he will be scheduling.

Mashuta is happy to be staying in Delmar. He has tried to hire people who live in the area, and was pleased that he was able to arrange some of the financing for the new facility through the Albany-Colonie Regional Chamber of Commerce's finance consortium. Cohoes Savings Bank provided construction financing and the permanent mortgage, with second mortgage financing coming from the chamber's AL Tech Loan Fund.

"This new gym is really exciting for me," said Mashuta. "I'm really looking forward to working with my clients in the new space."

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Mashuta is also researching Pilates, a specific exercise and stretching method, and spinning classes, an intense bicycle workout done to music.

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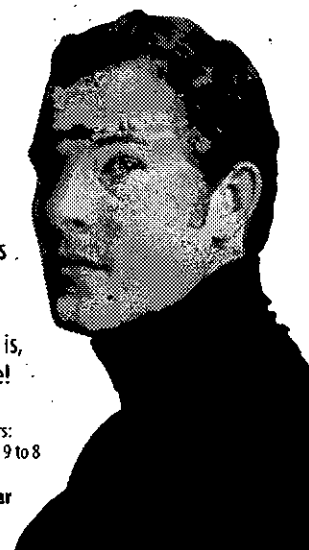
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Businesswoman's whereabouts unknown *Local doctors recertified*

By Joseph A. Phillips

Where is Carole Riley?

The Slingerlands resident and entrepreneur, who filed a racial discrimination lawsuit against the town of Bethlehem and various town officials more than a year ago, has apparently shut down her home-based business and vacated her home at 1545 New Scotland Road.

The current occupant confirmed that Riley left town on March 1 — for parts unknown. Her attorneys refuse or are unable to confirm her whereabouts, and mail addressed to Riley currently goes to a post office box in Guelderland. The various lawsuits she filed are still pending.

Riley was part-owner of Horizon Collective, manager of a number of fast-food franchises in upstate New York, including two dozen Pizza Huts in the Capital District.

She purchased her Slingerlands home two years ago and established Horizon offices there, until town Building Inspector John Flanagan served Riley with an order to shut the business down, because it violated zoning ordinances.

Subsequently denied a variance by the zoning board of appeals that would permit those operations to continue, Riley sued the town. Supervisor Sheila Fuller, Flanagan, the zoning board and its chairman, Michael Hodom, on grounds of racial discrimination. That suit, along with a flurry of motions by the town and the plaintiff seeking various summary judgments and injunctions, were refiled in U.S. District Court in August, to be heard by Judge Thomas McAvoy.

Riley also filed suit against Welbourne & Purdy, the real-estate broker who first found the Slingerlands home for her, and Coldwell Banker Prime Properties, the seller of the property, claiming their representatives had misled whether she could operate a business office in the home.

Horizon also filed for bankruptcy protection from its creditors a year ago. But negotiations

to restructure the business under Bankruptcy Court protection collapsed in December, forcing a pending sell-off of the company's franchise operations.

Since then, efforts to reach Riley by phone have been unsuccessful, and three weeks ago her business number was disconnected.

In December, her attorney Peter Pryor, withdrew Riley's motion for an injunction halting enforcement of the town order to shut down her business. The town's attorneys agreed to that withdrawal.

Attorneys familiar with the case say such an action would indicate that the question of enforcement was moot—that is, Riley intended to cease operating a business at her residence.

Late last month, neighbors along Mullens Road in Slingerlands reported seeing moving vans at the home, and two weeks ago, the new owner of the property, who identified herself as Anna Coyle, confirmed Riley's departure. She said she did not know where Riley was now. "I think she has some property in New Jersey," she said.

Though Riley has apparently left town, Pryor said the discrimination suit is still pending, and he did not anticipate that her bankruptcy proceedings or change of address would change the legal picture.

He declined to comment on Riley's whereabouts. "You would have to speak to her about that," he said.

Tom Daley, the attorney representing the Bethlehem defendants, confirmed that the case is pending before McAvoy. "We have made a dispositive motion, which seeks to dismiss the lawsuit in its entirety," he said. "Our position remains the same. Neither the town of Bethlehem nor any officers of the town of Bethlehem did anything wrong here."

But he said he is puzzled by the long wait for a ruling on that motion for summary dismissal.

"It is unusual for Judge McAvoy

for a decision to be this long in coming," he said. "I don't know what can be inferred from that one way or another, but that is his reputation and our experience with him, that he is very timely in his decisions."

Daley said he is "not engaged in any discussion" of the case with Pryor.

Riley also recently secured new legal representation in her suit against the Realtors. George Harder, of the Albany law firm of Harder Silber & Bergan, said he is still familiarizing himself with the case.

"Until I review that entire file, I'm not in a position to make any comment" at present on its status," he said. He maintained his firm is not in any way involved in the Bethlehem lawsuit.

Asked if he knew Riley's whereabouts, Harder said, "offhand, I don't. All of this is too new." Was she still in the area? "She may be, and she may not be," he said.

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The Spotlight is sold at
Grand Union,
Friar Tuck Books and CVS*

Several employees of Bethlehem Family Practice in Slingerlands have recently been re-certified by their professional licensing entities.

Doctors Philip Drew and Michael Piplani were recently certified as diplomates of the American Board of Family Practice after a certification examination.

For Drew, a 1974 graduate of Albany Medical College, who has been a member of the practice since 1982, the diploma was a re-certification.

Piplani is a 1995 Albany Medi-

cal College graduate who completed his residency at the medical center's hospital last year.

Practice administrator Anne Cook was recently named a certified member of the American College of Medical Practice Executives, also based on examination and a minimum number of continuing education hours in the field of medical administration.

Bethlehem Family Practice is in the Bethlehem Professional Building at Price Chopper Plaza at 1345 New Scotland Road in Slingerlands.

County conducting seedling sale

The Albany County Soil and Water Conservation District offers a spring tree and shrub program, with orders due by March 26. Four-year transplants of Norway spruce, Colorado blue spruce, Fraser fir, balsam fir, Douglas fir and white cedar are available.

Orders can be picked up April 23 and 24 at the Extension's Rice Center at 24 Martin Road in Voorheesville. For order forms, call 765-7923.

The state Department of Environmental Conservation (DEC) is conducting its annual sale of tree and shrub seedlings through May.

To order seedlings, call the Saratoga Nursery during business hours at 587-1120, or send orders in writing to: Saratoga Tree Nursery, 431 Route 50S, Saratoga Springs 12866. Seedlings will be shipped in April and after, and customers will be billed for their purchases.

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Sports

Dolphins swim well at championship meet

Teresa Rosetti, Courtney Arduini and Larry Gloeckler of the Delmar Dolphins swim club each qualified to swim in the Eastern Zone Championship Meet in New Jersey April 1-3 by finishing in the top two in their events during the recent Adirondack District Junior Olympic Swimming Championships at Rensselaer Polytechnic Institute.

Rosetti qualified in the 13- and 14-year-old 500-yard freestyle and 100- and 200-yard butterfly events. Arduini qualified in the 400-yard individual medley, 100-yard backstroke and 100-yard butterfly, while Gloeckler qualified in the 10-and-under 200-yard freestyle, the 50-, 100- and 200-yard individual medley and the 100-yard breaststroke.

They will swim against the top two qualifiers in 11 other districts from Maine to Virginia.

In other action from the Adirondack meet, **Kristen Gloeckler** took fourth place in the 8-and-under 50-yard backstroke, seventh in the 50-yard butterfly and eighth in the 50-yard breaststroke.

Katie O'Donnell finished fourth in the 100-yard freestyle and 50-yard backstroke, and

placed fifth in the 50-yard butterfly, 50-yard freestyle and 100-yard individual medley.

Alyssa Sullivan, Kyla Walsh, Kiersten Swete, Sydney Lane, Alexandra Scialdone and Jimmy Kivlin all swam personal bests.

In the 10-and-under category, Larry Gloeckler won the award for scoring the most points overall, as he won 200-yard freestyle with a time of 2:31.41, the 100-yard IM with a time of 1:17.65 and the 100-yard freestyle with a time of 1:07.58.

He also finished second in the 50-yard freestyle, 100-yard backstroke, 200-yard IM and 50-yard backstroke, and took fourth in the 50-yard butterfly.

Matt Shaffer scored the third-highest amount of points, as he finished first in the 50-yard freestyle with a time of 30.15 seconds, second in the 50-yard breaststroke, third in the 100-yard backstroke, 100-yard IM, 50-yard butterfly and 100-yard breaststroke and fourth in the 50-yard backstroke.

Martha Grady came in fifth in the 50-yard butterfly, sixth in the 100-yard breaststroke and seventh in the 100-yard IM.

Justin Murphy finished fourth in the 200-yard IM, and placed seventh in the 50-yard freestyle and 100-yard backstroke.

Tyler Dudas finished third in the 100-yard butterfly, fifth in the 200-yard IM, seventh in the 100-yard IM and eighth in the 50-yard breaststroke and 50-yard butterfly. **Ava Byer** took eighth in the 50-yard freestyle and 100-yard backstroke.

The 400-yard freestyle relay team of Murphy, Dudas, Gloeckler and Shaffer took first with a time of 5:03.93, and the same team finished second in the 200 medley relay. The team of **Emma Walsh, Grady, Laurel Heighton** and Byer finished second.

Sean Kennedy, Lisa Frangella, Heighton and Walsh swam personal-best times.

In the 11- and 12-year-old division, **Scott Solomon** came in seventh in the 100-yard IM and sixth in the 100-yard breaststroke. **Lizzie Walsh, Ann Delucco, Mackenzie Wagoner** and **Natalie Singer** swam personal bests and/or qualified for consolation final heats.

In the 13- and 14-year-old category, Rosetti won the 100-yard butterfly with a time of 1:01.07 and the 200-yard butterfly with a time of 2:13.17. She also came in second in the 500-yard freestyle and sixth in both the 200-yard IM and 100-yard freestyle.

Arduini came in second in the 100-yard backstroke, 100-yard butterfly and 400-yard IM, placed third in the 200-yard IM and 200-yard backstroke and finished sixth in the 100-yard breaststroke. **Meredith Singer** came in fourth in the 50-yard freestyle and seventh in the 100-yard freestyle and 100-yard breaststroke.

Thalis Orietas came in fourth in the 100-yard backstroke and

100-yard butterfly, and finished sixth in the 100-yard freestyle. **Larissa Suparmanto** finished sixth in the 1,650-yard freestyle.

The 200-yard freestyle relay team of **Sarah Richardson, Arduini, Singer and Rosetti** placed first, while the 400-yard relay team came in fourth.

James Traylor, Richardson, Caitlin Sousa, Jessie Szczech, Solomon and Lauren Sullivan each swam personal-best times and/or qualified for consolation finals.

In the 15- to 18-year-old category, **Ellen Bandel** came in sixth in the 200-yard individual medley and seventh in the 100-yard butterfly.

Pat Davis came in fifth in the 100-yard freestyle, while **Chris Shaffer** took third in the 100-yard freestyle.

Jon Sousa took second in the 100-yard butterfly, third in the 200-yard IM and seventh in the 200-yard backstroke, and **Jay Sousa** finished fifth in the 100-yard backstroke.

Katie Richardson, Sarah Szczech and Katie Gold swam personal bests and/or qualified for consolation final heats.

Tulip Fest tourney seeks entries

The third annual Tip-Toe Volleyball Tourney, which will take place during the 51st annual Albany Tulip Festival on Saturday, May 8, is seeking entries.

Coed teams of four are needed for the one-day tourney, which has a rain date of Sunday, May 9. All skill levels are welcome, and a team fee and roster are required. Prizes are awarded to the top two teams.

To register, call 434-5414, or fax an entry to 426-0759.

Lady Eagles win title

The Bethlehem Lady Eagles fifth- and sixth-grade basketball team finished 18-1 and recently won the league championship in its first year in the Albany Capitals Girls Basketball League.

Bethlehem finished the regular season 15-1, good for the second playoff seed. The top seed went to 16-0 Clifton Park North, which beat the Lady Eagles 22-19 during the regular season.

Bethlehem scored a 48-20 victory over Brunswick in the quarterfinal. **Vanessa Patry** led the scoring with 22 points, while **Lindsay Rood** added seven points. **Kelly Fitzsimmons, Becky Shufelt, Jessica Lawler** and **Kathleen McCarthy** had fine all-around games.

The semifinal pitted Bethlehem against Clifton Park South, and the Lady Eagles used aggressive defense to score a 61-25 win. **Katie Rowan** led the way with 23 points, while **Julie Hooper** finished with eight points and **Mackenzie Glannon** scored six. **Amanda Muncil, Katie Dombrowski** and **Leigh Collins** led the defense.

Clifton Park North provided the opposition in the final, and Bethlehem earned a 26-25 victory when **Katie Rowan** sank a foul shot with 15 seconds left. **Vanessa Patry** led the scoring with 10 points, and **Texas Leary** added five. Leary's defense, along with **Nicole Volpi's**, was key in the victory.

Aurelia Abba and Colleen Rarich were unavailable for most of the playoffs but contributed to the team's regular-season success.

The Lady Eagles were coached by **Mike Glannon** and assistants **Bob Muncil** and **Kathy Muncil**.

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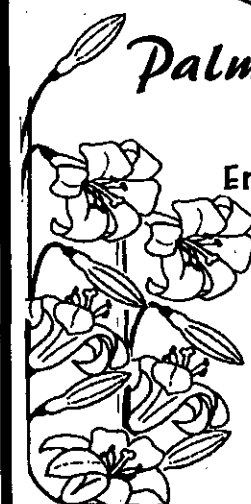
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Local stars to compete in tennis tourney

Over 400 of the best junior tennis players in the United States Tennis Association's Eastern Region will be playing in the Eastern Junior Grand Prix tournament March 26-28 at Tri-City Fitness clubs in Guilderland and Latham and Schenectady Racquet and Fitness.

The tournament is part of an ongoing series of events intended to give junior players a chance to earn points for national rankings

and invitations to national and international tournaments. Players are required to play in three of the six Grand Prix tournaments and two Endorsement tournaments, or four Grand Prix tournaments and one Endorsement tournament, to qualify for nationals.

The girls-18 draw includes Arizona State University-bound **Megan Yates** of Hudson High School, who won the state singles championship in November and

is ranked No. 22 in the country. Bethlehem Central High School's **Susan Harrison** is one of the many area players who will compete in the tournament. She will compete in the girls-16 tournament, while teammate **Masha Senic** is in the girls-14 draw.

Admission is free, and the majority of the matches will be at one of the two Tri-City Fitness locations. For information, call 456-6050 or 356-0100.

Ski champion



BCHS student wins Shakespeare contest

For the fourth time in the 16-year history of the competition, a Bethlehem Central High School senior has won the regional Shakespeare Recitation Competition sponsored by the English Speaking Union.

In the Capital District competition at Russell Sage College's Bush Memorial Hall, **Leah Hennessy** bested a field of 17 other semifinalists from area high schools with her recitation of the 29th Sonnet, "When in disgrace with fortune

and men's eyes."

Hennessy, who placed third in last year's competition, will now compete in the ESU National Finals at Lincoln Center in New York City on Shakespeare's birthday, April 23.

Local student earns Syracuse University honor

Moir Hughes of Delmar has received a senior scholarship program award from Syracuse University.

Hughes, a senior in the College of Visual and Performing

Arts, received the Jessie Armor Gaus Scholarship.

In order to be eligible for selection, a student must consistently attain dean's list honors during his or her first three years at

the college.

The senior scholarship program is funded by donations from alumni and friends of the college to honor outstanding students in their final year of studies.

Delmar collegian spending a semester in Israel

Michael Cohen of Delmar, a Bethlehem Central High School graduate and junior at Vassar College, is studying in Israel this

semester as part of a program with Hebrew University.

To qualify, Vassar students must have a good academic

record, a foreign language background, a compelling academic rationale and the support of his or her advisor and department.

Peter Drake of Delmar earned a berth on the national Rolex Junior Ski team based on his performance at the USSA/Rolux Junior Championships in Lake Placid. Drake, a 16-year-old sophomore at the Green Mountain School in Waitsfield, Vt., was the top American JII (ages 15-16) finisher in the men's slalom event and finished third in his age group in the combined competition.

V'ville senior starts CEIP internship

Clayton A. Bouton Junior/Senior High School senior Alison Leonard has begun an internship with Robert G. Williams Architects in Albany under the Career Exploration Internship Program (CEIP).

Leonard will study drafting, administration and marketing with the full-service architectural and engineering firm.

CEIP provides students with an opportunity to explore future career possibilities.

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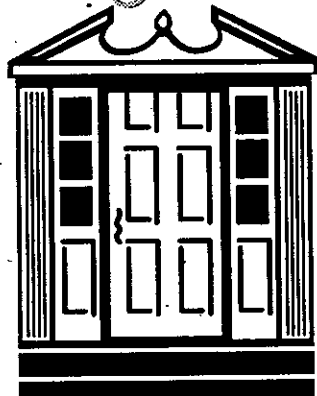
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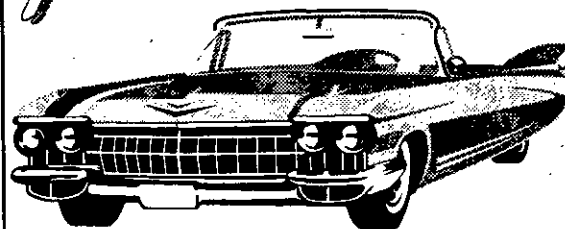
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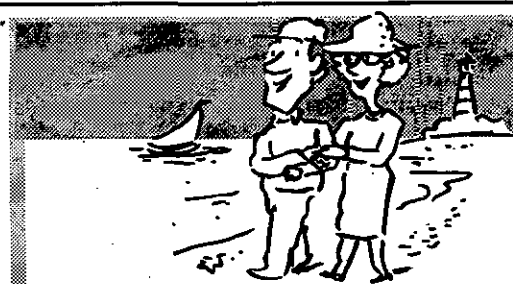


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☐ **Tax**

(From Page 1)

Neither of these increased tax breaks will have much impact on the town's tax revenues, Assessor David Leafer told the board. As a result of the senior exemption, each town taxpayer will see an increase on their bill of "about the price of a can of soda out of the machine upstairs," he said. The veterans' exemption increase will amount about 10 cents per tax bill.

"If I can pay an extra 10 cents to help keep somebody in their home, it's well worth it," Leafer said, and the board agreed. "It's an honor to make this motion," said board member Robert Johnson in moving the veterans exemption amendment.

☐ **Ballot**

(From Page 1)

ride the bus if the option became available.

He also said that the proposal needed to make clear the annual operating costs for the extra buses, which would include driver salaries, mileage costs and bus maintenance.

While the school board could only decide to put the proposition on the budget ballot, and the community has final say on its passage, board member Dennis Stevens spoke out in favor of approving the proposition.

"This would be a significant step forward on the walking safety of students going to school," he said. "It's the appropriate thing to do at an appropriate time. I am a clear advocate" of the measure, he said.

☐ **Road**

(From Page 1)

in spring of 2001 and be completed by the end of summer 2002. Anyone who wants to comment on the project but is not able to attend the public meeting, can contact DOT at 473-6612.

Students exhibit art

Artwork by more than 100 Bethlehem Central High School seniors will be on display in a special "Heart and Soul" exhibition at the high school through Apr. 16. For information, call Andy Masino at 439-4921.

In charge

Michelle Kennedy and James Kennedy enjoy being principal for the day at Clarksville Elementary School. They won the honor at last year's BOU auction.

Elaine McLain

Extension sets workshop on wastewater systems

A pair of workshops on on-site wastewater treatment systems will be offered in April at Rice Extension Center at 24 Martin Road in Voorheesville.

The workshops are scheduled for Tuesday, April 13, from 9 a.m. to noon, and Wednesday, April 14, from 6:30 p.m. to 9:30 p.m. Pre-registration is required.

The free workshops are for town planners, professional designers and installers, builders, and code enforcers, but homeowners are invited to attend.

Topics will include site selection and evaluation, soils, septic system designs, alternative systems and new products.

The workshops are cosponsored by Cornell Cooperative Extension of Albany County, the county Department of Health, and water quality coordinating committee.

For information, call 765-3529.

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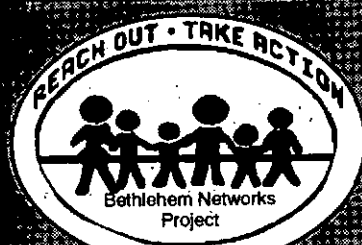
Have you thought about taking that big step of watching less or no television during Break Free From TV Week, Sunday to Friday, April 11 to 16? Will your family choose to watch less television for a week and explore other activities?

Have you thought about cutting back on your TV for the week but would like to hear more about what other people think on the topic? If you have considered changing your TV viewing habits you can learn more by joining others in the community for an informative and interesting panel discussion.

Three representatives, with various views about television and its value, will consider and discuss the TV issue, "TV or Not TV?" on Thursday, April 8, at 7 p.m. at the Bethlehem Central School District Ed Center at 90 Adams Place in Delmar.

The panel discussion on the influence of TV will be led by Sandy Damhof, pastor of Delmar Reformed Church. The panel members will be Jennifer Kupinse, WMHT's educational services manager; Abbe Kovacic of the Capital District Child Care Coordinating Council; and Mark McGuire, TV and radio columnist for the *Times Union*. There will be an opportunity for questions from the audience.

The discussion promises to be an exciting and important event for families in our community. Parents should make every effort to attend and participate.



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Drew Farber and Melissa Freeman

Freeman, Farber engaged

Melissa Jill Freeman, daughter of Robert and Felice Freeman of Delmar, and Dr. Drew Alexander Farber, son of Lee and Judy Farber of Paramus, N.J., are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School and Binghamton University. She is a second-year student at the University at Buffalo School of

Law.

The future groom is a graduate of Rutgers University and the New Jersey school of Medicine and Dentistry. He is completing an obstetrics and gynecology residency at The Children's Hospital in Buffalo.

The couple plans an August 2000 wedding.

Class of '98

The College of Saint Rose

Elizabeth Biggerstaff (bachelor of arts), Peter Branscombe (bachelor of science), Salvatore Ervolina (master of business administration), Ann Marie Mahoney (master of business administration), Benjamin Norris (master of business administration), Miriam Ginsburgh (master's in education), Amy Hansen (master's in education), Timothy Herron (master's in education), Glenn Jeffers (master's in education), Anne Marie Lawrence (master's in education) and Allan Lockwood (master's in education), all of Delmar.

Also BillieJo Leromain (bachelor of science) and Judith Nestlen (master of arts), both of Feura Bush; Jennifer Brown (bachelor of science) of Glenmont; and Michelle Craft (master's in education) and Elaine Griessler (master's in education), both of Selkirk.

Also Suzanne Forget (master's in education), Joan Link (master's in education), and May Shannon (master's in education), all of Slingerlands; and Debra Carson (master's in education), Michael Guerette (master's in education), Kristen Lashway (master's in education), Mary Ann Ryan (master's in education) and Kimberly Sullivan (master's in education), all of Voorheesville.

Dean's List

Boston University — Jatin Roper.

University at Buffalo — Heather Barclay, Anju Visweswarajah and Thomas Downes, all of Delmar.

University of Rochester — Michael Esmond, Nicole Gold and Jason Gutman, all of Delmar.

Births

St. Peter's Hospital

Girl, Gabrielle Alyssa Earing, to Kimberly and Wayne Earing of Albany, Dec. 17. Maternal grandparents are John and Maryln Messina of Delmar.



Tanya Toren and Scott Stefanik

Toren, Stefanik to wed

Tanya Toren of Albany, and Scott Stefanik, son of Richard and Sharon Stefanik of Delmar, are engaged to be married.

The bride-to-be is a student at The College of Saint Rose.

The groom is a graduate of

Bethlehem Central High School. He is student at Hudson Valley Community College and works at Albany International in East Greenbush.

The couple plans an Aug. 7 wedding.

BCHS student receives award

BCHS student Gordon Schmidt was recently honored at Junior Achievements annual Futures Unlimited Banquet at the Holiday Inn Turf in Colonie.

The banquet recognized high school students who participate in the Junior Achievement Com-

pany Program.

Schmidt received an award as outstanding vice president of marketing, and also was named recipient of a scholarship to attend the Lally School of Business and Technology at Rensselaer Polytechnic Institute.

Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to PO Box 100, Delmar 12054.

Here's to a Wonderful Wedding!



INVITATIONS

Paper Mill Delaware Plaza. 439-8123
Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.

JEWELRY

Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

LIMOUSINE

Super Special!!!! 3 hours for only \$99. Advantage Limousine. 433-0100. Some rest.

Community Corner



Business women to host card party

Bethlehem Business Women will host a card party at Bethlehem town hall auditorium on Friday, March 26, from 7 to 10:30 p.m.

The evening of games is a fund-raiser for the group's scholarship fund. Participants can bring cards and tally sheets, Scrabble or board games.

Tickets are \$2.50. For information, call 439-1817.

Obituaries

Margaret M. Shultz

Margaret M. Leonard Shultz, 45, of Wisconsin Avenue in Delmar died Thursday, March 18, at Glens Falls Hospital.

Born in Glens Falls, she was a graduate of Johnsbury Central School in North Creek. She majored in piano and education at the Hart School of Music. Mrs. Shultz performed with the Lake George Summer Theater.

In the late 1970s, she was a teacher in the Lake George school system. She worked for Mary Kay Cosmetic Co. for more than 10 years. She was a senior sales director of a sales force of more than 100 and helped develop the Albany-Glens Falls area. Mrs. Shultz won many awards from the company including trips to Hong Kong and Bermuda and five pink Cadillacs. She also worked for Merrill Lynch in Albany as a stockbroker and a financial consultant for McGinn Smith Inc. in Albany.

She studied with Findlay Cockrell. She was music director for Temple Gates of Heaven in Albany. She also coordinated the Johnsbury Central Schools' music program. Mrs. Shultz founded the Albany Institute of Music and initiated Schenectady County Community College's music program.

She was a communicant of the Church of St. Thomas the Apostle in Delmar.

Survivors include her mother, Nellie Mongeon Cramer of North Creek, Warren County; her husband Gary R. Shultz of Schenectady; two sons, Thomas Shea Leonard and Timothy Joseph Leonard of Delmar; her former husband, Joseph Leonard of New Jersey; a sister, Eva Mongeon of Chestertown; and two brothers, Thomas Mongeon and Dennis Mongeon of Chestertown, Warren County.

Services were from St. James Church in North Creek.

Spring burial will be in St. James Cemetery in North Creek.

Arrangements were by the Alexander Funeral Home in Warrensburg.

Contributions may be made to the Margaret Mongeon Leonard

Music Scholarship Fund, Johnsbury Central School, c/o the business office, North Creek 12853.

Joseph McCandless

Joseph C. "JoJo" McCandless, 29, of Slingerlands died Saturday, March 20.

Born and raised in Albany, he moved to Slingerlands four years ago.

Mr. McCandless was a resident instructor for Living Resources Corp. for 10 years.

Survivors include his wife, Laura Krolak McCandless; his father, Joseph P. McCandless of Jupiter, Fla.; his stepmother, Jan Koenig of Glenmont; a sister, Kara Koenig of Glenmont; and his paternal grandmother, Violet McCandless of Syracuse.

Services were from the Reilly & Son Funeral Home in Colonie.

Dora Thompson

Dora Cole Thompson, 81, of Albany and formerly of Clarksville died Thursday, March 18, at St. Peter's Hospital in Albany.

Survivors include her husband, Theodore Thompson; three sons Edward Cole of Albany, Gene Cole of Altamont and Donald Cole of Slingerlands; two daughters, Alice Anthony of Albany and Deby Storm of Clarksville; two sisters, Gladys Cole of Voorheesville and Dorothy Foland of Cobleskill; grandchildren; and great-grandchildren.

Services were from the Meyers Funeral Home in Delmar.

Burial will be in Onesquethaw Cemetery.

Isabelle Smith

Isabelle C. Rooney Smith, 72, of Selkirk died Friday, March 19, at Community Hospice of Albany County at St. Peter's Hospital in Albany.

Born in Albany, she was a communicant of Our Lady of Angels Church in Colonie.

Survivors include her husband, Henry Anthony Smith; three sons, Lawrence Smith, Stephen Smith and Andrew Smith; two daughters,

Ann Mary Smith and Kathleen Montesano; a sister, Mary McCabe; and six grandchildren.

Services were from the Daniel Keenan Funeral Home in Albany and Our Lady of Angels Church.

Burial was in Our Lady of Angels Cemetery in Colonie.

Contributions may be made to Community Hospice of Albany County, 315 S. Manning Blvd., Albany 12208.

Ruth Hall Flansburg

Ruth Hall Flansburg, 88, of Scotia Mansion died Friday, March 12, at St. Clare's Hospital in Schenectady.

Born in Huntington, Mass., she lived on New Scotland Road in Slingerlands for 50 years before moving to Scotia five years ago.

Mrs. Flansburg was a member of Guilderland Senior Citizens.

Survivors include a daughter, Frances L. Powell of Scotia; two sons, Gary A. Flansburg of Slingerlands and David M. Flansburg of Greenville; two sisters, Helen Polenz of Niskayuna and Andrea M. Ebert of Guilderland; 13 grandchildren; and 22 great-grandchildren.

Arrangements were by the Townley & Wheeler Funeral Home in Ballston Lake.

Contributions may be made to the Alzheimer's Disease & Related Disorders Association in Albany.

Sharon Anne Houser

Sharon Anne Houser, 55, of Delmar died Wednesday, March 17, at Community Hospice of Albany County at St. Peter's Hospital.

Born in Albany, she was a teacher at Albany's School 17 and from 1981 to 1996 at Arbor Hill Elementary School. She retired because of illness.

Survivors include her mother, Beatrice S. Houser of Colonie; and a brother, Michael Houser of Victor, Ulster County.

Graveside services were at Memory's Garden in Colonie.

A memorial service will be

scheduled at a later date.

Arrangements were by the Applebee Funeral Home in Delmar.

Contributions may be made to Arbor Hill Elementary School, 1 Arbor Drive, Albany 12210.

Anita C. McGann

Anita C. McGann, 78, of Delmar died Sunday, March 14, at Good Samaritan Nursing Facility.

Born in Staten Island, she lived in White Plains and in New Jersey before moving to the area.

Mrs. McGann was a portrait photographer before she retired.

She was a homemaker and a communicant of the Church of St. Thomas the Apostle in Delmar.

Survivors include her husband, Gerard F. McGann; two daughters, Maureen DeVitto of Yonkers and Kathy McGann of Bradenton, Fla.; two sons, Kevin McGann of Arlington, Mass., and David McGann of Glenmont; nine grandchildren; and a great-granddaughter.

Arrangements were by the Applebee Funeral Home.

Services were from the Church of St. Thomas the Apostle.

Donald Axelrod

Donald Axelrod, 83, of Slingerlands died Tuesday, March 16, at his home.

Born in New York City, he earned a doctorate from the Maxwell School of Syracuse University.

Mr. Axelrod retired as assistant budget director for the state. Following his retirement, he began a second career as professor of public administration at the University at Albany. He was also a consultant to several foreign governments and wrote several books including *Shadow Government: The Hidden World of Public Administration*.

Mr. Axelrod was a member of The American Society of Public Administrators.

Survivors include his wife, Selma Sachs Axelrod; a daughter, Rosemary Axelrod; a son, Jon P. Axelrod of Madison Wisc.; and

two grandchildren.

Services were private. Burial was in Beth Emeth Cemetery.

Arrangements were by the Levine Memorial Chapel in Albany.

Contributions may be made to Community Hospice of Albany County, 315 S. Manning Blvd., Albany 12208.

Sarah Riccardo

Sarah DiSanto Riccardo, 83, of Selkirk died Monday, March 15, at St. Peter's Hospital in Albany.

Born in Sicily, she was the widow of Anthony L. Riccardo.

Survivors include two sons, Frank J. Riccardo of Glenmont and Robert C. Riccardo of Selkirk; five grandchildren, and two great-grandchildren.

Services were from St. Patrick's Church in Ravena.

Burial was in Calvary Cemetery in Glenmont.

Arrangements were by the Babcock Funeral Home in Ravena.

Contributions may be made to Community Hospice of Albany County at St. Peter's Hospital, 315 S. Manning Blvd., Albany.

Lions to dish up annual breakfast

Bethlehem Lions Club will host its 38th annual pancake and sausage breakfast on Palm Sunday, March 28, from 8 a.m. to 1 p.m. at Blanchard American Legion Post on Poplar Drive in Elmsmere.

Proceeds will be used to support the Lions Eye Institute at Albany Medical Center and other community service projects. Pledge forms for donations of eye tissue for the Lions Eye Bank will be on hand, and used hearing aids can be brought to the breakfast for collection.

Tickets can be purchased in advance from any club member or at the door. The price is \$4 for adults, \$3.50 for seniors over 62, \$2.50 for children under 12; and free for preschoolers.

Lutheran church sets Holy Week services

Bethlehem Lutheran Church at 85 Elm Ave. has announced its schedule of Holy Week services.

Palm Sunday services will be held March 28 at 8 and 10:30 a.m. Maundy Thursday and a Holy Communion celebration of the Last Supper will take place April 1 at 7:30 p.m. There will be a Good Friday Tenebrae service of scripture and song on April 2 at 7:30 p.m.

Easter Sunday begins with a 6:30 a.m. sunrise service, and festival communion services are planned for 8 and 10:30 a.m. The community is welcome to all services.

For information, call 439-4

Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.

Stephen B. Burnett

Stephen B. Burnett, 51, of Geneva, Ontario County, died Thursday, March 18, at his home.

Born in Poughkeepsie, he lived in Fayetteville and Richmond, Va. before moving to Geneva.

Mr. Burnett was a graduate of Rochester Institute of Technology. He worked for Agway in DeWitt for more than 25 years and was employed at Griffith Oil Co. as a vice president of sales and marketing at the time of his death.

He served on the board of directors of Junior Achievement. Survivors include his wife, Francine Ward Burnett; his parents, Elaine C. and William F. Burnett of Voorheesville; a daughter, Megan Henson of Fayetteville; a son, Brooks Burnett of Fayetteville; a sister, Mary Elizabeth Regan of New York City; and a grandchild.

Services were from the Eaton-Tubbs-Schapp Funeral Home in Fayetteville.

Burial was private.

Contributions may be made to the Stephen B. Burnett Scholarship Fund, c/o Junior Achievement of CNY, PO Box 162, Liverpool 13088.

Family ENTERTAINMENT

CALENDARS ♦ ARTS & ENTERTAINMENT

By JOSEPH A. PHILLIPS

Chocolate festival offers slice of heaven

"I'm your basic chocolate-cake girl," said Patsy Carl, chairman of the New York State Chocolate Festival at the Empire State Plaza. "Nothing fancy-shmantzy for me. I just want something chocolate."

Then step right this way. For the seventh straight year, the festival will sweeten up a March weekend as a fund-raiser for Equinox Community Services, with more than 75 chocolate and craft vendors, culinary demonstrations, raffles, children's activities, an annual bake-off at the festival-opening gala on Friday and entertainment.

And did we mention chocolate? Chocolate molded, poured, curled and grated? Chocolate in cakes and in chili, chocolate frosting and chocolate truffles, candies and cakes and as a flavoring for coffee.

Dripped and dipped and drizzled. Fancy-shmantzy — and simple.

The festival is simplicity itself. Each March — just before Easter, naturally — the fest becomes the largest annual fund-raising event for the Albany-based service agency, which provides family-counseling, youth outreach and

domestic violence services. Their other major annual event is the community dinner it sponsors every holiday season, "to bring people together in the community," Carl says.

And few things are more communal than our love affair with chocolate. The average American downs some 11 pounds of the sweet stuff every year, and it's a good bet that the thousands of people who will



Just in time for Easter, vendors at the Festival load the display tables with all kinds of confections for the chocoholic. And the annual Bake-Off brings the area's finest chefs together to produce diet-busters like the one at left. To try your hand, the recipe's below.



Mr. Twisty is among the children's entertainers who keep the little ones busy while Mom and Dad get some shopping for the sweet stuff done.

tramp through the festival's exhibition hall on Saturday and Sunday will be doing their part to boost that average. The event has become one of the five most popular special events every year at the Convention Center.

A highlight of the festival is the Taste of Chocolate Gala that kicks off the festivities on Friday. "It's the grown-up night of the festival," Carl said, noting that many of the festival's exhibitors have their booths open during the gala for a sneak peek.

"I have a 5-year-old," she said. "You can be a little more selective and browse during the gala, without little ones saying, 'Mommy, can I have this? Mommy, can I have that?' It's a great opportunity."

On hand will be a buffet catered by the Creative Gourmet, a brace of celebrity

impersonators from Mae West to Elvis, a silent auction of cakes and confections, and the Karen Lawrence Band providing music to dance away the calories.

But the centerpiece of the evening's festivities will be the Empire State Chef's Association's annual Bake-Off featuring sinfully rich chocolate desserts, a competition the pros, 45 chefs from some of the area's finest eateries, take quite seriously from year to year. (How serious? Take a gander at last year's award-winning cake recipe by Gail Sokol of Slingerlands.)

"I'm a pathetic cook-chef at home," said Carl. "To be around these chefs is incredible." They maintain a group booth during the run of the festival and offer many mouth-watering samples.

If the ticket prices for the gala, at \$35 and up, are a little rich for your blood, the festival itself charges only \$5 admission, \$1 for children under 12. Hours are 10-6 Saturday, 11-5 Sunday, and in addition to the confectioneries there are crafts galore, demonstrations, rides and games for youngsters, raffles, and entertainment from magicians, musicians, Mr. Twisty and TV's Eek! the Cat.

All of these festivities are run, like Equinox, on volunteer power. "Equinox has a very strong volunteer corps that comes back every year," said Carl. "That's what keeps all of this going." This is Carl's second year with the festival; she signed on last year when she found herself between jobs with some spare time on her hands. "By the end of it, I did everything from delivering fliers to stuffing envelopes to wearing an M&M costume in the Plaza concourse the week before the festival. You have to be careful if you put on the M&M — they make you chairman."

It seems only fitting that for a family event for that universal craving in all of us, a piece of chocolate should wind up in charge.

Chocolate Truffle Turtle Cake By Pastry Chef Gail Sokol (a 1998 First Place Bake-Off Winner)

For the base:
3 tablespoons unsalted butter
2 tablespoons unsweetened cocoa powder
1/4 cup firmly packed light brown sugar
1 large egg, beaten lightly
2 tablespoons all-purpose flour
1/3 cup pecans, chopped fine
1/8 teaspoon salt
1/4 teaspoon vanilla

For the caramel:
3/4 cup firmly packed light brown sugar
3 tablespoons light corn syrup
3 tablespoons unsalted butter
1/4 teaspoon salt
1/4 cup heavy cream
1 teaspoon vanilla
1/2 teaspoon fresh lemon juice
about 1 1/3 cups pecan halves (about 5 oz.)

For the ganache:
1 cup heavy cream
12 ounces fine-quality bittersweet chocolate, chopped fine
1/4 teaspoon salt



Make the base:

Line the bottom of a buttered 8 1/2 in. spring form pan, or tart pan with a removable fluted rim, with a round of wax paper, and butter the paper. In a small, heavy saucepan, melt the butter over moderate heat and add the cocoa powder, stirring until the mixture is smooth. Remove the pan from the heat, stir in the brown sugar, and let the mixture cool completely. Beat in the egg and stir in the flour, the pecans, the salt, and the vanilla. Spread the batter in the prepared pan and bake the base in the middle of a pre-heated 350 degree oven for eight to ten minutes, or until it is firm to the touch and pulls away slightly from the side. Let the base cool in the pan on a rack for five minutes, or until it is just cool enough to handle but still warm. Remove the side of the pan, invert the base onto the rack and discard the wax paper. While the base is still warm fit it gently into an eight-inch spring form pan (it will slope up the side of the pan slightly) and let it cool completely in the pan on the rack.

Make the caramel:

In a heavy saucepan combine the brown sugar, the corn syrup, the butter, and the salt, cook the mixture over moderate heat, stirring and washing down any sugar crystals clinging to the side of the pan with a brush dipped in cold water, until the sugar is dissolved, and boil it, undisturbed, for eight to ten minutes, or

until a candy thermometer registers 280 degrees. Remove the pan from the heat and add the cream, the vanilla, and the lemon juice, stirring until the mixture is smooth. Let the caramel cool until it is room temperature. The caramel will thicken as it cools. While the caramel is cooling, beginning with the outer edge of the base, arrange enough of the pecan halves end to end in concentric circles to cover the base completely. When the caramel is cool, pour it onto the center of the pecan layer but do not try to spread it. The caramel will spread by itself to cover the pecans.

Make the ganache: in a small saucepan bring the cream just to a boil and remove the pan from the heat. Whisk in the chocolate and the salt, whisking until the chocolate is melted completely, and let the mixture cool to room temperature. With an electric mixer beat the ganache until it holds a soft peak, but do not all overbeat it or it will become granular. Spread the ganache evenly over the caramel layer and chill the cake for at least two hours or overnight. The cake can be made up to one week in advance and kept covered with plastic wrap and foil and chilled. Run a thin knife around the edge of the cake, remove the side of the pan, and transfer the cake with a large spatula to a plate. Let the cake stand for 20 to 30 minutes, or until the ganache softens slightly, before serving.

Serve with ganache or chocolate sauce. This is a very rich, dense torte, so serve in very thin slices. Serves 12 to 20.

ARTS and ENTERTAINMENT

THEATER

PYGMALION

Shaw play that inspired "My Fair Lady," New York State Theatre Institute, Schenectady Performing Arts Center, Russell Sage College, Troy, through March 27, \$17, \$14 seniors, \$8 children under 13. Information, 274-3256.

LETITICE AND LOVAGE

Schenectady Civic Players, 12 S. Church St., March 24, 25, 26 and 27 at 8 p.m., March 28 at 2:30 p.m., \$10. Information, 382-2081.

MONSTER

one-man show by Daniel MacIvor, Proctor's Too production, Yulman Theatre at Union College, Schenectady, April 2 and 3, 8 p.m., \$15, \$10 for students. Information, 346-6204

SLEEPING BEAUTY

Steamer No. 10 Theatre production, 500 Western Ave., Albany, March 27 and 28 at 2 p.m., April 19 at 10 a.m. and 1 p.m., \$10, \$8 for children and seniors. Information, 438-5503.

MOLLY SWEENEY

by Brian Friel, presented by D&M Productions, Steamer No. 10 Theatre, 500 Western Ave., Albany, March 26 and 27, 8 p.m., \$10. Information, 438-5503.

BEAU JEST

Hilltown Players production, Clarksville Community Church, Route 443, March 27, 7 p.m., \$6 includes dessert, \$5 for seniors. Information, 768-2121.

MUSIC

MARCUS ROBERTS TRIO

salutes Duke Ellington, Troy Savings Bank Music Hall, State and Second streets, March 26, 8 p.m., \$22. Information, 273-0038.

MANHATTAN STRING QUARTET

playing works by Beethoven, Barber and Lutoslawski, Kiggins Hall, Emma Willard School, March 26, 8 p.m., \$15, \$7 for students. Information, 273-8135.

BOBBY SHORT

cabaret star, Proctor's Theatre, State Street, Schenectady, April 3, 8 p.m., \$29.50-\$35.50. Information, 346-6204.

IAN BOSTRIDGE

acclaimed tenor, with Julius Drake on piano, Memorial Chapel of Union College, Schenectady, April 3, 8 p.m., \$20, \$10 for students. Information, 388-6131.

DANCE

STOMP

modern dance and percussive music show, Palace Theatre, March 26 at 8 p.m., March 27 at 5 and 9 p.m., March 28 at 3 p.m., Information, 465-4663.

DANCEBRAZIL

tradition to modern Brazilian dance, The Egg at Empire State Plaza, Albany, March 25, 10 a.m., March 26, 10 a.m. and 8 p.m., \$25, \$21 for seniors, \$15 for children under 13. Information, 473-1845.

SWAN LAKE

performed by Russian National Ballet, Proctor's Theatre, State Street, Schenectady, April 2, 8 p.m., \$32.50-\$36.50. Information, 346-6204.

FAMILY FUN

EGGS FOR EASTER: A BUNNY'S TALE

The Egg at Empire State Plaza, Albany, April 3, 2 p.m., free, ticket required, available at box office beginning at noon on April 3. Information, 473-1845.

VISUAL ARTS

NEW YORK STATE MUSEUM

Pop Art: Selections from the Museum of Modern Art, through May 2; stoneware and antique furniture exhibits; plus permanent collections, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE OF HISTORY AND ART

200 Years of Collecting, through May 30, Shining Objects from Our Past, silver from the Institute Collection, through May 30, The Iconography of George Washington, through May 30, 125 Washington Ave. Information, 463-4478.

SCHENECTADY MUSEUM

Designer Crafts Council Members Show, through May 2, plus permanent exhibits, Nott Terrace Heights. Information, 449-4756.

ALBANY CENTER GALLERIES

Sculptors Choose Sculptors, through April 16, 23 Monroe St. Information, 462-4775.

ETCHINGS ON BIBLICAL THEMES

by Joan Bohlig, Visions Gallery, 40 N. Main St., Albany, through May 3, 8 a.m. to 8 p.m., Monday through Friday. Information, 453-6600.

CALL FOR ARTISTS

DELMAR COMMUNITY ORCHESTRA

openings in the string, horn and percussion sections. Information, 439-1603.

COLONIE TOWN BAND

openings for percussion, tuba and bassoon players, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 356-4331.

COLONIE CENTENNIAL BRASS CHOIR

openings for trumpet players, rehearsals on first Wednesday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 384-1924.

AUDITION

for Capitol Hill Choral Society for the 1997-98 season. All voice parts. Information, 465-3328 or 374-4399.

MONDAY MUSICAL CLUB

WOMEN'S CHORUS invitation for new members to join in singing classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

COMMUNITY VOICES

singers needed, rehearsals at Columbia High School, Luther Road, East Greenbush, 7 to 9 p.m., Tuesdays. Information, 477-8308.

Area FREEBIES

Wednesday, March 31

■ Schenectady Symphony Orchestra Tots Concert, Proctor's Theatre, State Street, Schenectady, 9 a.m., adults must be accompanied by a child. Information, 399-5517.

■ "Gimme Shelter," famous Maysles documentary about 1970 Rolling Stones tour, Page Hall, 135 Western Ave., Albany, 7:30 p.m. Information, 442-5620.

Thursday, March 25

■ Filmmaker Albert Maysles discusses his work, following a screening of "Salesman," Page Hall, 135 Western Ave., Albany, 7 p.m. Information, 442-5620.

Friday, March 26

■ Teri Roiger and John Menegon, Borders Books & Music, 59 Wolf Road, Colonie, 8 p.m. Information, 482-5800.

Saturday, March 27

■ "Dr. Zhivago," classic film about Russian Revolution, Bethlehem Public Library, 451 Delaware Ave., 1 p.m. Information, 439-9314.

■ Michael Eck's Songwriters' Form, with Amy Collins, Denise Culhane, Gina Schahinian and Maria Zemantauski, Borders Books & Music, 59 Wolf Road, Colonie, 8 p.m. Information, 482-5800.

Sunday, March 28

■ Choral concert featuring Faure's "Requiem" and "Cantique de Jean Racine," First United Methodist Church, 603 State St., Schenectady, 4 p.m. Information, 374-9026.

Wednesday, March 31

■ "The Real Life Donnie Brasco," Joseph Pistone, speaks about his experiences as an undercover FBI agent, Carl B. Taylor Auditorium, Schenectady County Community College, 78 Washington Ave., 7 p.m.

Super CROSSWORD

ACROSS

1 Early serif
5 Forum garb
9 Moss on Broadway?
13 Witty sayings
17 Stick for George Szell
18 Actor Jack
19 Moslem ruler
20 Characteristic style
22 Mountain nymph
23 Land of Enchantment
25 Willy follower
26 Island group west of the Fijis
28 Site of the U.S. Coast Guard Academy
30 Periodontist's degree
31 Actor Baldwin
32 Definite article
34 Word with admiral or guard
35 Alfonso's queen
36 With, in Paris
37 Actor Christopher of "Superman"
39 Hi's wife, in comics
41 "I — tell a lie"
44 Buys or sells
46 The Rolling —
50 Close by, to a

DOWN

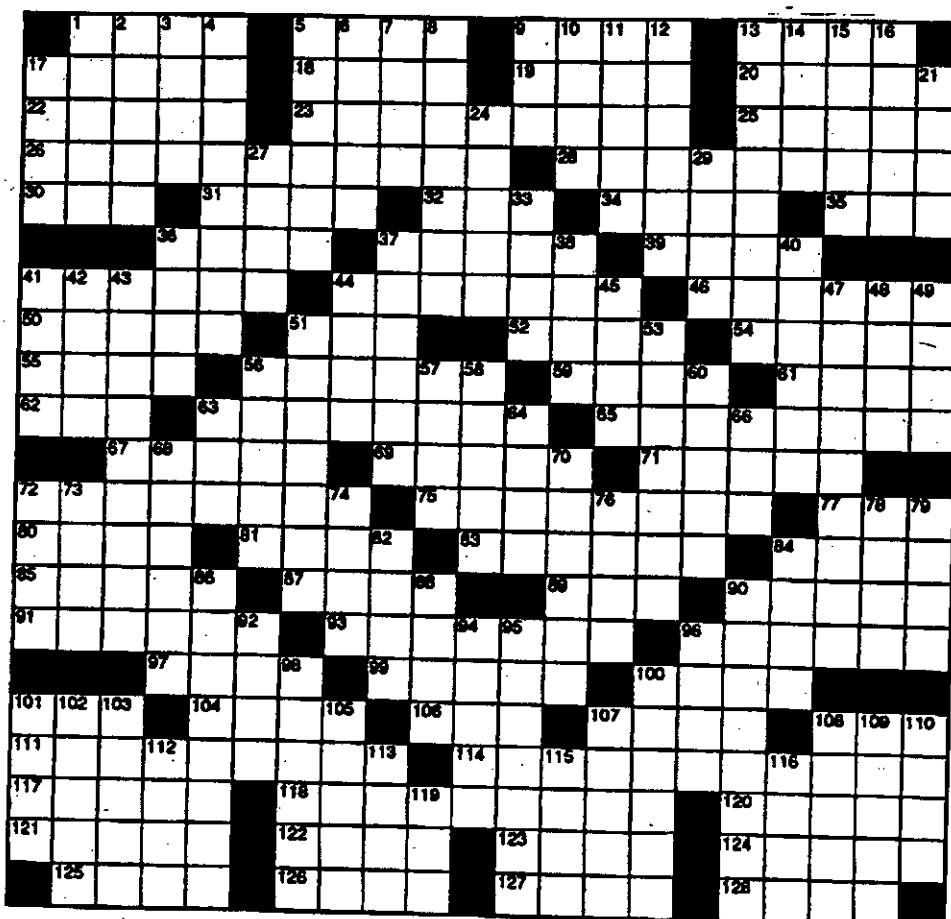
51 Operated
52 "Brevity is the — of wit"
54 French student
55 Farm breeders
56 Pestle's companion
59 Require
61 Large water pitcher
62 — Mahal
63 Dining room surface
65 Surrender vocally
67 Elicit
69 Wooden peg or pin
71 Historic vessel
72 Sailors
75 Fur piece covering the shoulders
77 Mrs. In Madrid
80 Force or drive out
81 Check
83 Nominating
84 Play the lead
85 City in New York
87 A short distance
89 Chang's brother
90 Rhythmic beat
91 Rod or Robert

93 Large snake
96 Slumbers
97 Flat-bottomed boat
99 Trace of corruption
100 Membership
101 Japanese national park
104 Stumble
106 Welcome square
107 Trick takers, often taken
108 One — time
111 Island north of Australia
114 Virginia seaport
117 Word with circle or city
118 District in Hampshire, England
120 Half diameters
121 Violinist Isaac
122 Spicy stew
123 Braeden or Blore
124 Unfolds
125 French weapon
126 Adam or Rebecca
127 Pan or rag lead-in
128 Monster's lock?
DOWN
1 Kind of seal

2 Frets
3 One of the Bearys
4 Make an earnest attempt
5 Animal of Madagascar
6 Kind of acid
7 Trick: var.
8 Instrument that measures amperes
9 Jinx
10 Idi —
11 Kitchen gadget
12 Garden tool
13 Franciscan friar
14 Norse god of war
15 Diacritical mark
16 Athenian statesman
17 "Let him look to his —" (Shakes.)
21 Tropical bird of Asia
24 Biblical name
27 Decay in overripe fruit
29 Indochinese kingdom
33 Arden et al.
36 Duck genus
37 Talked wildly
38 Harrow's rival
40 The —; part of the

channel off the Isle of Wight
41 Play person-nel
42 Wild ox
43 The Garden State
44 Loose, earthy deposit
45 Takes to court
47 English seaport
48 — Knievel
49 Withered
51 "Mister —" (role for Henry Fonda)
53 Bounding
56 Manufactures
57 Above
58 Mountain ash tree
60 "...rage against the — of the light"
63 Unit of weight
64 Chinese wax
66 One, in Paris
68 Heart, lungs, etc.
70 Regret deeply
72 Debatable
73 German hall
74 Defeats at bridge
76 Pale tinge

78 Coarse file
79 War god
82 " — Me in St. Louis"
84 Hard fat
86 Piano composition
88 Baby carriage
90 Metal breastplate
92 A Bantu-speaking people
94 Billy Joel's instrument
95 Pierced
96 Prophet
98 Sort out
100 Put an end to
101 Cuckoos
102 Actress Berger
103 Proprietor
105 English dramatist
107 Projection on church building
108 Yellow fever mosquito
109 Gemini
110 Tag on sale item
112 Origin
113 Pointed tools
115 New Zealand caterpillar
116 Back of the neck
119 Diet restriction



The Spotlight CALENDAR

WEDNESDAY
FEBRUARY 24
BETHLEHEM
YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. Information, 439-0503.

SOLID ROCK CHURCH

Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

TOWN BOARD

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS

The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

NEW SCOTLAND
NEW SCOTLAND SENIOR CITIZENS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

"MEDIA LITERACY" PROGRAM

Sponsored by Cornell Cooperative Extension, Voorheesville Public Library, 51 School Road, 7 p.m. Information 765-3500.

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

MOUNTAINVIEW EVANGELICAL FREE CHURCH

evening service, Bible study and prayer, Route 155, 7:30 p.m. Information, 765-3390.

AA MEETING

First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

AL-ANON MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

THURSDAY
FEBRUARY 25
BETHLEHEM
RECOVERY, INC.

self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

BETHLEHEM SENIOR CITIZENS

town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. Information, 439-0503.

VOLLEYBALL TOURNAMENT

fundraiser for Slingerlands Elementary School and DARE, sponsored by Slingerlands PTA, 6:30 p.m., \$2 adults, \$1 students, information 237-8572 or 438-7550.

ALBANY MEN'S GARDEN CLUB

Days Inn, Route 9W, Glenmont, 6:30 p.m. Dinner \$14. Information 237-8572 or 438-7550.

BETHLEHEM LUTHERAN CHURCH

children's choir, 6:30 p.m., senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328.

CLASS IN JEWISH MYSTICISM

Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

BETHLEHEM COMMUNITY CHURCH

women's Bible study, 9:30 to 11:15 a.m. in a local home, children's program and nursery provided for morning session, 201 Elm Ave. Information, 439-3135.

FRIDAY
FEBRUARY 26
BETHLEHEM
FYI FRIDAY AT LIBRARY

Program on Medicare and other health insurance options, Bethlehem Public Library, 451 Delaware Ave., Delmar, 10 a.m. Information, 439-9314.

FIVE RIVERS CENTER

"Hunger Moon" outing, program on nocturnal life in late winter; Five Rivers Environmental Education Center, Game Farm Road, Delmar, 7 p.m. Information, 475-0291.

AA MEETING

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

CHABAD CENTER

Friday services, discussion and Kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

OPEN GYM BASKETBALL

Bethlehem Central High School Lower Gym, sponsored by the Bethlehem Parks & Recreation Department, 8-11 p.m., \$1. Information, 439-4131.

NEW SCOTLAND
NUTRITION FOR SENIORS PROGRAM

Sponsored by Cornell Cooperative Extension, Voorheesville Public Library, 51 School Road, 1-2 p.m. Information 765-2791.

YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

SATURDAY
FEBRUARY 27
BETHLEHEM
REV'S COUNTRY KITCHEN

Country-Style Roast Ham Dinner, South Bethlehem United Methodist Church. Servings 4:30-6:30 p.m. Information, 767-2281.

AL-ANON MEETING

The Crossroads, 4 Normanskill Blvd., 5:30 p.m. Information, 489-6779.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

SUNDAY
FEBRUARY 28
BETHLEHEM
CHURCH OF ST. THOMAS THE APOSTLE

Masses — Saturday at 5 p.m. and Sunday at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Information, 439-4951.

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Holy Eucharist, 8 and 10:30 a.m., coffee and fellowship, nursery care provided, church school, 9:25 a.m., Poplar Drive and Elsmere Avenue. Information, 439-3265.

BETHLEHEM LUTHERAN CHURCH

85 Elm Ave., Delmar, worship services 8 a.m. and 10:30 a.m. Sunday School and Bible classes 9:15 a.m., infant and nursery care, assistive listening devices, handicap accessible, coffee/fellowship. Information, 439-4328.

DELMAR REFORMED CHURCH

Sunday School and worship service, 9 and 11 a.m. T.G.I. Sunday contemporary worship at 5:30 p.m. with children's program. Nursery care Available at all worship times. 386 Delaware Ave. Information, 439-9929.

SOUTH BETHLEHEM UNITED METHODIST CHURCH

Sunday school, 9:30 a.m., worship service, 11 a.m., followed by coffee hour, Willowbrook Avenue. Information, 767-9953.

MAGIC MAZE
— ARM

Y R N J F C Y U Q N J F C Y V
 R L O L H E G B X U R O L I E
 B Y L V S Q N N K H E B Y W T
 R O L A R T I F I C I A L J G
 E B Y W M E O U D W R P N G K
 I G D B Z S K N B R O K E N X
 V S Q O M K I C E W O R I O G
 E C A Y Y A R D O V W W H R U
 S Q P N L J N B E R O F S T H
 F E C A Y U E R I F F I T S X
 V U S Q P N M K J H F E C B Z

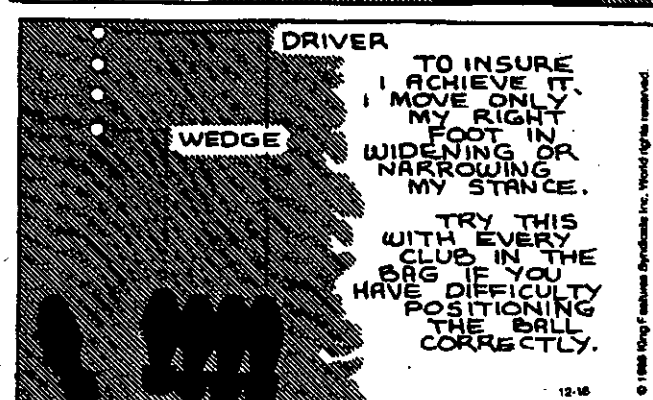
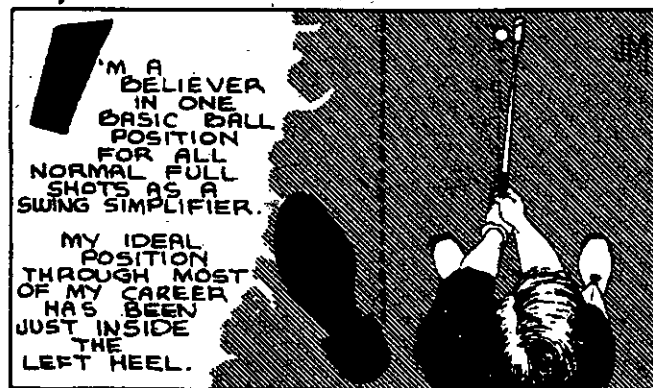
Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Artificial
Bow
Broken
Fire

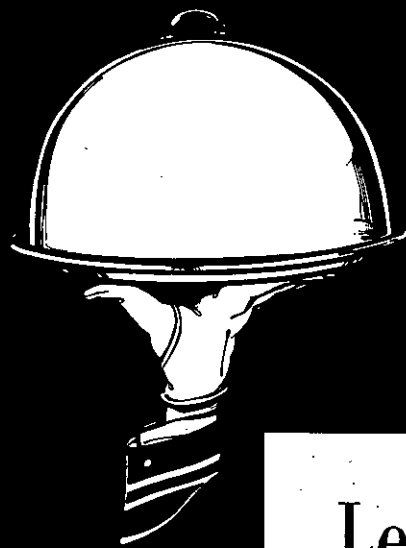
Fore
Over
Rocker
Side

Small
Stiff
Strong
Sword

Throwing
Tone
Under

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LEGAL NOTICE

APPLICATION FOR
AUTHORITY OF VATICAN
ENTERTAINMENT LLC

Under Section-802 of the Limited Liability Company Law

FIRST: The name of the limited liability company is Vatican Entertainment LLC.

SECOND: The jurisdiction of organization of the limited liability company is the State of Delaware. The date of its organization is February 2, 1999.

THIRD: The county within this state in which the office of the limited liability company is to be located is Albany.

FOURTH: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within this state to which the secretary of state shall mail a copy of any process served against him or her is 3 Airport Park Blvd., Latham, New York 12110.

FIFTH: The address of the limited liability company required to be maintained in the State of Delaware is 9 East Lookerman Street, Dover, Delaware.

SIXTH: The limited liability company is in existence in the State of Delaware.

SEVENTH: The Articles of Organization of the limited liability company have been filed with the Secretary of State of Delaware who has an address of 401 Federal Street, Suite 4, Dover, Delaware 19901.

IN WITNESS WHEREOF, this certificate has been subscribed this 11th day of February, 1999, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

Richard A. Langer,
Attorney-in-Fact
(March 24, 1999)

APPLICATION FOR
AUTHORITY OF MICROWARE
DISTRIBUTING LLC

Under Section 802 of the Limited Liability Company Law

FIRST: The name of the limited liability company is Microware Distributing LLC.

SECOND: The jurisdiction of organization of the limited liability company is the State of Delaware. The date of its organization is February 2, 1999.

THIRD: The county within this state in which the office of the limited liability company is to be located is Albany.

FOURTH: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within this state to which the secretary of state shall mail a copy of any process served against him or her is 3 Airport Park Blvd., Latham, New York 12110.

FIFTH: The address of the limited liability company required to be maintained in the State of Delaware is 9 Lookerman Street, Dover, Delaware.

SEVENTH: The articles of organization of the limited liability company have been filed with the Secretary of State of Delaware who has an address of 401 Federal Street, Suite 4, Dover, Delaware 19901.

IN WITNESS WHEREOF, this certificate has been subscribed this 11th day of February, 1999, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

Richard A. Langer,
Attorney-in-Fact
APPLICATION FOR AUTHORITY OF VISIONPLAY LLC
(March 24, 1999)

LEGAL NOTICE

Under Section 802 of the Limited Liability Company Law

FIRST: The name of the limited liability company is VisionPlay LLC.

SECOND: The jurisdiction of organization of the limited liability company is the State of Delaware. The date of its organization is February 2, 1999.

LEGAL NOTICE

nization of the limited liability company is the State of Delaware. The date of its organization is February 2, 1999.

THIRD: The county within this state in which the office of the limited liability company is to be located is Albany.

FOURTH: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within this state to which the Secretary of State shall mail a copy of any process served against him or her is 3 Airport Park Blvd., Latham, New York 12110.

FIFTH: The address of the limited liability company required to be maintained in the State of Delaware is 9 Lookerman Street, Dover, Delaware.

SIXTH: The limited liability company is in existence in the State of Delaware.

SEVENTH: The articles of organization of the limited liability company have been filed with the Secretary of State of Delaware who has an address of 401 Federal Street, Suite 4, Dover, Delaware 19901.

IN WITNESS WHEREOF, this certificate has been subscribed this 11th day of February, 1999, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

Richard A. Langer,
Attorney-in-Fact
(March 24, 1999)

APPLICATION FOR AUTHORITY OF THE MELLER FAMILY
LIMITED PARTNERSHIP
UNDER SECTION 121-902 OF
THE REVISED LIMITED
PARTNERSHIP ACT

1. The name of the foreign limited partnership is The Meller Family Limited (Partnership) Partnership.

2. The fictitious name the Partnership will use in New York State is The K.R. Mellen Family.

3. The Partnership was formed on December 8, 1998 under the laws of the State of Delaware.

4. The office of the Partnership will be located in the County of Albany, New York.

5. The Secretary of State is designated as its agent upon whom process against the Partnership may be served. The post office address within the state to which the Secretary of State shall mail a copy of any process against it served upon the Secretary of State is: The K.R. Mellen Family Limited Partnership, c/o Kathryn R. Mellen, 37 Buckingham Drive, Albany, New York 12208.

6. The address of the principal office of the Partnership is 37 Buckingham Drive, Albany, New York 12208.

7. The name and business address of all general partners is Albany KRM CORP., 37 Buckingham Drive, Albany, New York 12208.

8. The Partnership is in existence in Delaware at the time of filing of this certificate of existence.

9. The name and address of the authorized officer in Delaware where a copy of its certificate of limited partnership is filed is Secretary of State, Townsend Building, P.O. Box 898, Dover, Delaware 19903.

The undersigned general partner has executed this application for authority on February 4, 1999 and affirms under penalties of perjury the truth of all the foregoing statements contained herein.

ALBANY KRM CORP.
By: s/ Susan L. Mellen,
Secretary
General Partner
(March 24, 1999)

ARTICLES OF ORGANIZATION
OF COLUMBIA CARMAN
HOLDINGS, L.L.C.

Under Section 203 of the Limited Liability Company Law of the State of New York

LEGAL NOTICE

FIRST: The name of the limited liability company is "Columbia Carman Holdings, L.L.C." (the "Company").

SECOND: The Company's business and purpose shall consist solely of the following:

(i) To act as and exercise all of the authority of the manager of Columbia Carman Group, L.L.C., (the "LLC"), and to be a member of the LLC, which is engaged solely in the ownership, operation and management of a commercial real estate project known as Rite Aid Drug store located at 3912 Carman Road, Town of Guilderland, New York (the "Mortgaged Premises"), pursuant to an in accordance with these Articles of Organization and the LLC's Operating Agreement; and

(ii) To engage in such other lawful activities permitted to companies by the Limited Liability Company Law of the State of New York as are necessary or incidental to the foregoing.

(iii) The Company shall be prohibited from incurring indebtedness of any kind except in its capacity as manager of the LLC.

THIRD: The County within the State of New York in which the office of the Company is to be located is Albany County.

FOURTH: The Secretary of State is designated as agent of the Company upon whom process against the Company may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the Company served upon the Secretary of State is c/o JRN Development LLC, 30 Corporate Circle, Albany, New York 12203, Attention: President.

FIFTH: The Company shall have the power to indemnify, to the full extent permitted by the LLC, as amended from time to time, all persons whom it is permitted to indemnify pursuant thereto.

SIXTH: The Company shall have the following powers and limitations:

In the event of death, withdrawal, retirement, removal, insolvency, dissolution, liquidation, termination, resignation, incapacity, assignment for the benefit of creditors or adjudication of bankruptcy or incompetency of any Member, the Company shall continue, and shall not dissolve.

SEVENTH: The following provisions regulate the internal affairs of the Corporation:

1) A unanimous vote of all Members, is required to take on its own behalf or cause the Company to take the following actions:

(a) Causing the Company or the LLC to become insolvent;

(b) Commencing any case, proceeding or other action on behalf of any jurisdiction relating to bankruptcy, insolvency, reorganization or relief of debtors;

(c) instituting proceedings to have the Company or the LLC adjudicated as bankrupt or insolvent;

(d) consenting to the institution of bankruptcy or insolvency proceedings against the Company or the LLC;

(e) filing a petition or consent to petition seeking reorganization, arrangement, adjustment, winding-up, dissolution, composition, liquidation or other relief on behalf of the Company or the LLC of its debts under any federal or state law relating to bankruptcy;

(f) seeking or consenting to the appointment of a receiver, liquidator, assignee, trustee, sequestrator, custodian or any similar official for the Company or the LLC or a substantial portion of the properties of the Company or the LLC;

(g) making any assignment for the benefit of the Company's or the LLC's creditors; or

(h) taking any action or causing the LLC to take any action in furtherance of any of the foregoing;

2) For so long that certain loan between Lehman Brothers Hold-

LEGAL NOTICE

ings Inc., d/b/a Lehman Capital, a division of Lehman Brothers Holdings Inc. and the LLC (the "Loan") is outstanding, the Company shall not:

(a) amend the Articles of Organization or cause the LLC to amend its Articles of Organization without the consent of the holder of the Loan;

(b) engage in any business activity other than as set forth in Article SECOND;

(c) withdraw as a member of the LLC;

(d) dissolve, liquidate, merge, or sell the Company's assets, or cause the LLC to dissolve, liquidate, consolidate, merge, or sell the LLC's assets; or

(e) transfer its interest or a portion thereof in the LLC, except as expressly permitted in the Loan Agreement;

(f) permit any transfer of any direct or indirect ownership interest in the LLC such that the transferee own in the aggregate with the ownership interests of its affiliates and family members in the LLC, more than a 49% interest in the LLC, unless such transfer is conditioned upon delivery of an acceptable non-consolidation opinion to the holder of the Mortgage Loan and to any applicable rating agency concerning, as applicable, the LLC, the new transferee and/or their respective owners.

3) All property owned by the LLC shall be owned by the LLC as an entity and, insofar as permitted by applicable law, no Member shall have any ownership interests in any LLC property in its individual name or right, and each Member's Membership Interest shall be personal property for all purposes.

4) The Company shall, and the Company shall require the LLC to conduct its business and operation in accordance with the following provisions:

(a) not commingle its assets with those of any other entity and hold its assets in its own name;

(b) conduct its own business in its own name;

(c) maintain bank accounts, books, records, accounts and financial statements separate from any other entity;

(d) maintain its books, records, resolutions and agreements as official records and separate from any other entity;

(e) pay its own liabilities out of its own funds.

(f) maintain adequate capital in light of contemplated business operations;

(g) observe all limited liability or other organizational formalities;

(h) maintain an arm's length relationship with its affiliates; with any transactions entered into with affiliates being on commercially reasonable terms;

(i) pay the salaries of its own employees from its own funds and maintain a sufficient number of employees in light of contemplated business operations;

(j) not guarantee or become obligated for the debts of any other entity or hold out its credit as being available to satisfy the obligations of others;

(k) not acquire obligations or securities of affiliates or shareholders;

(l) not make loans to any other person or entity;

(m) allocate fairly and reasonably any overhead expenses that are shared with an affiliate, including paying for shared office space and services performed by any employee of an affiliate;

(n) use separate stationary, invoices, and checks bearing its own name;

(o) not pledge its assets for the benefit of any other entity;

(p) hold itself out as a separate entity and correct any known misunderstanding regarding its status as a separate entity;

(q) not identify itself or any of its affiliates as a division or part of the

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other; and

(r) file its tax returns separate from those of any other entity and not to file a consolidated federal income tax return with any other company.

As used herein, "affiliate" means any person controlling, under common control with or controlled by the person in question, and the term "control" means the possession, directly or indirectly, of the power to direct or cause the direction of the management and policies of a person, whether through ownership of voting securities, by contract otherwise.

(5) The members of the Company are to consider the interests of the Company's creditors and the LLC's creditors in connection with all company actions.

IN WITNESS WHEREOF,

the undersigned has certified this Articles of Organization and does hereby affirm the foregoing as true under penalties of perjury this 24th day of February, 1999.

MANAGER
s/ Joseph R. Nicolla
(March 24, 1999)

ARTICLES OF ORGANIZATION
OF 4296 ALBANY STREET,
LLC

Under Section 203 of the Limited Liability Company Law

FIRST: The name of the limited liability company is:

4296 ALBANY STREET, LLC
("Company")

SECOND: The county within the state in which the office of the limited liability company is to be located is Albany.

THIRD: The latest date on which the Company is to dissolve is December 31, 2049.

FOURTH: A) Purpose.

The nature of the business and of the purposes to be conducted and promoted by the Company, is to engage solely in the following activities:

1) To acquire that certain parcel of real property, together with all improvements located thereon, in the Town of Colonie, State of New York, commonly known as 4296 Albany Street (the "Premises").

2) To own, hold, sell, assign, transfer, operate, lease, mortgage, pledge and otherwise deal with the Premises, including, but not limited to, borrow \$3,050,000.00 (the "Loan Amount") from Principal Life Insurance Company (together successors and assigns, the "Lender"), to be evidenced by a secured promissory note, whereby the Company promises to pay Lender the Loan Amount together with all accrued and unpaid interest thereon and all other obligations and liabilities due or to become due to Lender pursuant to the documents, instruments and agreements executed and delivered in connection with such loan (Collectively, the "Loan Documents") and all other amounts, sums and expenses paid or payable to Lender pursuant to all such documents (collectively, the "Indebtedness").

3) To exercise all powers enumerated in the Limited Liability Company Law of New York necessary or convenient to the conduct, promotion or attainment of the business or purposes otherwise set forth herein.

4) Notwithstanding anything to the contrary set forth in paragraphs 1 and 3 above, for so long as any Indebtedness remains outstanding, the Company will continue to (i) be organized solely for the purpose of owning the Premises, (ii) not engage in any business unrelated to the ownership of the Premises, (iii) not have any assets other than those related to the Premises.

B. Certain Prohibited Activities

Notwithstanding anything contained herein to the contrary, until the Indebtedness is paid in full, the Company: (i) will not materially amend its operating agreement or the Company's Articles of Organization without first obtaining approval of the Lender; (ii) will not engage in, seek or consent to any

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dissolution, winding up, liquidation, consolidation or merger, and, except as otherwise expressly permitted by the Loan Documents, will not engage in, seek or consent to any asset sale or transfer of partnership interests; (iii) without the unanimous consent of all of the Company's members, will not with respect to itself or applicable, to any other corporation, limited partnership, limited liability company, or trust (each, an "Entity") in which it has a direct or indirect legal or beneficial ownership interest (a) file a bankruptcy, insolvency or reorganization petition or otherwise institute insolvency proceedings or otherwise seek any relief under any laws relating to he relief from debts or the protection of debtors generally; (b) seek or consent to the appointment of a receiver, liquidator, assignee, trustee, sequestrator, custodian or any similar official for such Entity or all or any portion of such Entity's properties; (c) make any assignment for the benefit of such Entity's creditors; or (d) take any action that might cause such Entity to become insolvent; (iv) will have no indebtedness other than the Indebtedness and unsecured trade payables in the ordinary course of business relating to the ownership and operation of the Premises which (1) do not exceed, at any time, a maximum amount of one percent (1%) of the Loan Amount and (2) are paid within thirty (30) days of the date incurred; (v) will not assume or guarantee or become obligated for the debts of any other person or Entity or hold out its credit as being available to satisfy the obligations of any other person or Entity, except for the Indebtedness; (vi) will not pledge its assets for the benefit of any other person or Entity; and (vii) will not make loans to any person or.

C) Indemnification

The Company shall have the power to indemnify, to the full extent permitted by the Limited Liability Company Law, as amended from time to time, all persons whom it is permitted to indemnify pursuant thereto. Notwithstanding the foregoing, any indemnification of the Company's members shall be fully subordinated to any obligations respecting the Premises (including, without limitation, the mortgage which secures the Indebtedness) and such indemnification shall not constitute a claim against the Company in the event that cash flow in excess amounts necessary to pay holders of such obligations is insufficient to pay such obligations.

D) Separateness Covenants.

Notwithstanding anything contained herein to the contrary, in order to preserve and ensure its separate and distinct Company identity, the Company, for so long as any Indebtedness remains outstanding (i) will not fail to correct any known misunderstanding regarding the separate identity of such Entity, (ii) will maintain its accounts, books, records separate from any other person or Entity, (iii) will maintain its books, records, resolutions and agreements as official records, (iv) will not commingle its funds or assets with those of any other person or Entity, (v) will hold its assets in its own name, (vi) will conduct its business in its name, (vii) will maintain its financial statements, accounting records and other Entity documents separate from any other person or Entity, (viii) will pay its own liabilities out of its own funds and assets, (ix) will observe all Company formalities, (x) will maintain an arm's-length relationship with any other person or Entity directly or indirectly controlling, controlled by, or under common control with the Company or any person or Entity owning a material interest in the Company, either directly or indirectly (collectively, the "Affiliates"), (xi) will not acquire obligations or securities of its beneficial owners or members, (xii) will allocate fairly and reasonably shared expenses, including, without limitation, shared office space and uses separate stationary, invoices and checks, (xiii) will hold itself out and identify itself as a separate and distinct Entity under

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its own name and not as a division or part of any other person or Entity, (xiv) will not identify its members or any Affiliates as a division or part of it, (xv) will not enter into or be a party to, any transaction with its members or its Affiliates except in the ordinary course of its business and on terms which are intrinsically fair and are no less favorable to it than would be obtained in a comparable arms-length transaction with an unrelated third party, (xvi) will pay the salaries of its own employees from its own funds, and (xvii) will maintain adequate capital in light of its contemplated business operation.

E. Dissolution

Notwithstanding anything contained herein to the contrary, to the extent permissible under applicable federal and state tax law, the vote of a majority-in-interest of the remaining members is sufficient to continue the existence of the Company. If such vote is not obtained, for so long as the indebtedness remains outstanding, the company shall not liquidate the premises without first obtaining approval of the Lender. The Lender may continue to exercise all of its rights under their existing security agreements, deed of trust or mortgage until the Indebtedness has been paid in full or otherwise completely discharged.

FIFTH: Voting.

Notwithstanding anything contained herein to the contrary, when acting on matters subject to the vote of the members, notwithstanding that the Company is not then insolvent, the members and the managing member shall take into account the interest of the Company's creditors, as well as those of the members.

SIXTH: The secretary of state is designated as agent of the Company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the Company served upon him or her is:

387 State Street
Albany, New York 12210

ATTN.: Mr. William F. McLaughlin

SEVENTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.

EIGHTH: The Company is to be managed by its sole member, The McLaughlin Limited Partnership.

IN WITNESS WHEREOF, this certificate has been subscribed to this 5th day of March, 1999, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

s/ E.J. Vandergrift,
Attorney-in-Fact
(March 24, 1999)

ARTICLES OF ORGANIZATION
OF THE TOY CHEST, LLC

Under Section 203 of the Limited Liability Company Law of the State of New York

THE UNDERSIGNED, being a natural person of at least eighteen (18) years of age and acting as the organizer of the limited liability company (the "Company") hereby being formed under Section 203 of the Limited Liability Company Law of the State of New York (the "LLCL"), certifies that:

FIRST: The name of the company is THE TOY CHEST, LLC (hereinafter referred to as the "Company").

SECOND: The business of the Company is to engage in the sale of toys, leasing, owning and operating retail space and any and all things necessary, convenient or incidental to that purpose.

THIRD: The county within the State of New York in which the office of the Company is to be located is Albany County.

FOURTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.

FIFTH: The Company does not have a specific date of dissolution

LEGAL NOTICE

in addition to the events of dissolution set forth by law.

SIXTH: The Secretary of State is designated as the agent of the Company upon whom process against the Company may be served. The post office address within or without the State of New York to which the Secretary of State may mail a copy of any process against the Company served upon such Secretary of State shall be The Toy Chest, LLC, c/o Waite Associates, P.C., 90 North Pearl Street, Albany, New York 12207.

SEVENTH: The name and street address within the State of New York of the registered agent of the Company upon whom and at which process against the Company can be served is:

Waite & Associates, P.C.
90 North Pearl Street
Albany, NY 12207

EIGHTH: The Company is to be managed by one or more members.

NINTH: None of the members of the Company, in their respective capacities as members, shall be personally or individually liable for any debts, obligations or liabilities of the Company.

TENTH: A member, acting in his or her capacity as a manager of the Company, shall not be personally liable to the Company or its members for damages for any breach of duty as a manager, except for damages that, in addition to any and all other requirements for such liability, are found to have come about by reason of one or more act(s) or omission(s) of such manager and proximately resulting in a judgment or other final adjudication which establishes that: (a) such manager's acts or omissions were in bad faith or involved intentional misconduct or a knowing violation of law; (b) such manager personally gained, in fact, a financial profit or other advantage to which such manager was not otherwise legally entitled; or (c) with respect to a distribution which is the subject of Section 508 of the Limited Liability Company Law

of the State of New York (the "LLCL"), such manager's acts were not performed in accordance with section 409 of the LLCL. Neither the amendment nor repeal of this Article "TENTH" shall eliminate or reduce its effect relative to any matter occurring, or any cause of action, suit or claim that, but for this Article "TENTH", would accrue or arise, prior to such amendment, repeal or adoption of an inconsistent provision. This Article "TENTH" shall neither eliminate nor limit the liability of a manager for any act or omission occurring prior to its adoption.

ELEVENTH: The Company shall have the power to indemnify, to the full extent permitted by the LLCL, as amended from time to time, all persons whom it is permitted to indemnify pursuant thereto.

IN WITNESS WHEREOF, I have subscribed these Articles and do hereby affirm the foregoing as true under the penalties of perjury, this 2nd day of March, 1999.

s/THERESA L. EGAN, ESQ.
Waite & Associates, P.C.
Attorneys for CZAR Properties, LLC
90 North Pearl Street
Albany, New York 12207
(518) 463-4257
(March 24, 1999)

ARTICLES OF ORGANIZATION
OF VIDEO VALUES, LLC

UNDER SECTION 203 OF THE LIMITED LIABILITY COMPANY LAW

FIRST: The name of the limited liability company is Video Values, LLC.

SECOND: The County within this state in which the office of the limited liability company is to be located is Albany County.

THIRD: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or with-

out this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is:

159 Delaware Avenue
No. 224
Delmar, New York 12054

FOURTH: The name and street address within this state of the registered agent of the limited liability company upon whom and at which process against the limited liability company can be served is:

David W. Meyers, Esq.
Meyers & Meyers
1734 Western Avenue
Albany, New York 12203

FIFTH: The effective date of the Articles of Organization is upon filing.

SIXTH: The limited liability company is to be managed by one or more managers.

SEVENTH: All or specified members are not to be liable in their capacity as members for all or specified debts, obligations or liabilities of the limited liability company as authorized pursuant to Section 609 of the Limited Liability Company Law, as such, a statement that all or specified members are so liable is not provided.

IN WITNESS WHEREOF, this certificate has been subscribed this 19th day of February, 1999 by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

s/ David W. Meyers, Esq.
Attorneys for Video Values, LLC
Meyers & Meyers
1734 Western Avenue
Albany, New York 12203
(518) 464-9075
(March 24, 1999)

ARTICLES OF ORGANIZATION
OF VILLAGE CENTRE LLC

Under Section of the Limited Liability Company Law

FIRST: The name of limited liability company is: VILLAGE CENTRE LLC.

SECOND: The county within the state in which the office of the limited liability company is to be located is Albany.

THIRD: The latest date on which the limited liability company is to dissolve is December 31, 2049.

FOURTH: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is:

23A Walker Way
Albany, New York 12205

FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.

SIXTH: The limited liability company is to be managed by 1 or more members.

IN WITNESS WHEREOF, this certificate has been subscribed to this 4th day of March, 1999, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

s/ E.J. Vandergrift,
Attorney-in-Fact
(March 24, 1999)

ARTICLES OF ORGANIZATION
OF ROSETTI HOLDING COMPANIES LLC

Under Section 203 of the Limited Liability Company Law

FIRST: The name of the limited liability company is:

ROSETTI HOLDING COMPANIES LLC

SECOND: The county within the state in which the office of the limited liability company is to be located is Albany.

THIRD: The latest date on which the limited liability company is to dissolve is December 31, 2049.

FOURTH: The Secretary of State is designated as agent of the lim-

ited liability company upon whom process against it may be served. The post office address within or without this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is:

427 New Karner Road
Albany, New York 12205

FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.

SIXTH: The limited liability company is to be managed by one manager.

IN WITNESS WHEREOF, this certificate has been subscribed to this 17th day of February, 1999, by the undersigned who affirms that the statements made herein are true under penalties of perjury.

s/E.J. Vandergrift,
Attorney in Fact
(March 24, 1999)

CERTIFICATE OF
REGISTRATION OF A
DOMESTIC REGISTERED
LIMITED LIABILITY
PARTNERSHIP OF Troidle &
Delehanty, L.L.P.

under Section 121-1500 (a) of the New York State Partnership Law It is certified that:

1. The name of the registered limited liability partnership is: Troidle & Delehanty, L.L.P.

2. The address of the principal office of the partnership without limited partners is:

Troidle & Delehanty, L.L.P.
1484 Western Avenue
Albany, New York 12203

3. The partnership without limited partners practices the profession of dentistry, each partner of which is a professional authorized by law and the New York State Education Department to render professional dental services within New York State. The partnership without limited partners is eligible to register as a registered limited liability partnership pursuant to Section 121-1500 (a) of the Revised Limited Partnership Act.

4. The Department of State is hereby designated as an agent of the Partnership upon whom process against said Partnership may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the Partnership served upon the Secretary of State is:

Troidle & Delehanty, L.L.P.
1484 Western Avenue
Albany, New York 12203

5. The Partnership without limited partners is filing this registration for status as a registered limited liability partnership.

6. The registration of the partnership without limited partners is to be effective at the time of filing.

7. All partners of the Partnership are to be liable in their capacity as partners for all or specified debts, obligations or liabilities of the registered limited liability partnership as authorized pursuant to Section 26(d) of the New York Partnership Law.

IN WITNESS WHEREOF, the undersigned have executed this Limited Liability Partnership Registration of Troidle & Delehanty, L.L.P. this 10th day of December 1998.

s/ Paul E. Troidle, D.D.S.,
Partner
s/ Janice M. Delehanty, D.D.S.,
Partner
(March 24, 1999)

LEGAL NOTICE KEVIN
CLEARY GOVERNMENT
RELATIONS, LLC

1. The name of the limited liability company is KEVIN CLEARY GOVERNMENT RELATIONS, LLC.

2. The Articles of Organization creating the limited liability company were filed in the Office of the New York Secretary of State on December 4, 1998 and became effective on said date.

3. The principal office of the limited liability company is in Albany

County.

4. The Secretary of State is designated as the agent of the limited liability company upon whom process against it may be served and the post office address to which the Secretary of State shall mail any copy of process against it is Kevin Cleary Government Relations, LLC, 39 North Pearl Street, 4th Floor, Albany, New York 12207.

5. The limited liability company is formed for the purpose of engaging in the business of government relations, and any business purposes permitted by law.

Dated: February 25, 1999
(March 24, 1999)

NOTICE

The Annual Meeting of the Bethlehem Soccer Club will be held on April 5, 1999 at 7:00 p.m. at the Bethlehem Town hall. Members will be asked to vote on the election of several Directors.

Anyone interested in serving on the Board of Directors should submit their name, address, phone number and a statement of why they are interested in serving on the board in writing, ASAP, to:

Bethlehem Soccer Club
c/o Lynne Thibdeau
Post Office Box 305
Delmar, NY 12054
(March 24, 1999)

NOTICE OF FORMATION OF
MPG CONSTRUCTION, LLC
(PURSUANT TO SECTION 203
OF THE LIMITED LIABILITY
COMPANY LAW)

NOTICE IS HEREBY GIVEN that the Articles of organization of MPG CONSTRUCTION, LLC (the "Company") were filed with the Secretary of State of the State of New York on February 18, 1999.

The Company is being formed to (1) engage in the real estate business as principal, agent, broker, and in any lawful capacity, and generally to take, lease, purchase, or otherwise acquire, and to own, use, hold, sell, convey, exchange, lease, mortgage, work, clear, improve, develop, divide, and otherwise handle, manage, operate, deal in, and dispose of real estate, real property, lands, multiple-dwelling structures, houses, buildings and other works and any interest or right therein; to take, lease, purchase, or otherwise acquire, and to own, use, hold, sell, convey, exchange, hire, lease, pledge, mortgage, and otherwise handle, and deal in and dispose of, as principal, agent, broker, and in any lawful capacity, such personal property, chattels, real rights, easements, privileges, choses in action, notes, bonds, mortgages and securities as may lawfully be acquired, held, or disposed of; and to acquire, purchase, sell assign, transfer, dispose of, and generally deal in and with, as principal, agent, broker, and in any lawful capacity, mortgages and other interests in real, personal, and mixed properties; to carry on a general construction, contracting, building, and realty management business as principal, agent, representative, contractors, subcontractor, and in any other lawful capacity;

(2) To carry on a general mercantile, industrial, investing, and trading business in all its branches; to devise, invent, manufacture, fabricate, assemble, install, service, maintain, alter, buy, sell import, license as licensor or licensee, lease or lessor or lessee, distribute, job, enter into, negotiates, execute, acquire, and assign contracts in respect of, acquire, receive, grant, and assign licensing arrangements, options, franchises, and other rights in respect of, at wholesale and retail, as principal, or as sales, business, special, or general agent, representative, broker, factor, merchant, distributor, jobber, advisor, and in any other lawful capacity, goods, wares, merchandise, commodities, and unimproved, improved, finished, processed, and other real, personal, and mixed property of any

and all kinds, together with the components, resultants, and by-products thereof; to acquire by purchase or otherwise own, hold, lease, mortgage, sell, or otherwise dispose of, erect, construct, make alter, enlarge, improve, and to aid or subscribe toward the construction, acquisition, or improvement of any factories, shops, storehouses, buildings, and commercial and retail establishments of every character including all equipment, fixtures, machinery, implements and supplies necessary, or incidental to, or connected with any of the purposes of business of the corporation; and generally to perform any and all acts connected therewith or arising therefrom or incidental thereto, and all acts proper or necessary for the purpose of the business;

(3) To apply for, register, obtain, purchase, lease, take licenses in respect of or otherwise acquire, and to hold, own, use, operate, develop, enjoy, turn to account, grant licenses and immunities in respect of, manufacture under, and to introduce, sell, assign, mortgage, pledge or otherwise dispose of and in any manner deal with and contract with reference to:

(a) inventions, devices, formulae, processes, and any improvements and modifications thereof;

(b) letters patent, patent rights, patent processors, copyrights, designs, and similar rights, trademarks, trade symbols, and other indications of origin and ownership granted by or recognized under the laws of the United States of America or of any state or subdivision thereof, or of any foreign country or subdivision thereof, and all rights connected therewith or appertaining thereunto;

franchises, licenses, grants, and concessions.

(4) To conduct any activities necessary or incidental to such purpose and any other lawful act or activity for which limited liability companies may be organized under the LLCL, to engage in any other lawful act or activity for which limited liability companies may be organized under the LLCL.

The office of the Company is to be located in the County of Albany, State of New York. The Secretary of State has been designated as the agent of the Company upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company served upon such Secretary of State is 50 State Street, Albany, New York 12207.

(March 24, 1999)

NOTICE OF FORMATION
OF A DOMESTIC LIMITED
LIABILITY COMPANY (LLC).

The name of the LLC is Y2K Commerce, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on March 3, 1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 14 Anne Drive, Schenectady, New York 12303.

(March 24, 1999)

NOTICE OF FORMATION
OF A DOMESTIC LIMITED
LIABILITY COMPANY (LLC).

The name of the LLC is Montalcino Associates, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on March 3, 1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 3900 State Street, Schenectady, New York 12304.

(March 24, 1999)

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NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is CATSKILL ASSOCIATES, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on February 10, 1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 582 New Loudon Road, Latham, New York 12110. (March 24, 1999)

NOTICE OF FORMATION OF THE MCLAUGHLIN LIMITED PARTNERSHIP UNDER SECTION 121-201 OF THE REVISED LIMITED PARTNERSHIP ACT

Notice is hereby given that the persons named below have formed a limited partnership for the transaction of business in the State of New York by filing a Certificate of Limited Partnership of which the substance is as follows:

1. The name of the limited partnership is The McLaughlin Limited Partnership (the "Limited partnership").

2. The office of the Limited partnership is to be located in Albany County.

3. The Certificate of limited Partnership of the McLaughlin Limited Partnership was filed on the 4th day of February, 1999.

4. The Secretary of State is designated as agent of the Limited partnership upon whom process against it may be served. The post office address to which the Secretary of State shall mail a copy of any process served on him against the Limited Partnership is 389 State Street, Albany, New York 12210.

5. The name and the street address of the general partner is:

Name

William F. McLaughlin

Address

389 State Street

Albany, New York 12210

6. The latest date upon which the Limited Partnership is to dissolve is December 31, 2049 unless sooner terminated at a prior time in accordance with the Limited partnership Agreement.

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7. The Certificate referred to above has been sworn to by the general partner. (March 24, 1999)

NOTICE OF FORMATION OF SOMMER FOUR, LLC

Under Section 203 of the Limited Liability Company Law

Sommer Four, LLC has been formed as a domestic limited liability company and states the following:

1. The name of the limited liability company is Sommer Four, LLC.

2. The date of filing of the Articles of Organization of the Limited Liability Company with the Secretary of State is February 10, 1999.

3. The county within the State of New York in which the office of the limited liability company is to be located is Albany County.

4. The Secretary of State is designated as the agent of the limited liability company upon whom process against it may be served. The post office address within or without the State to which the Department of State shall mail a copy of any process served against it is c/o Donald Sommer, 2056 Central Avenue, Albany, New York 12205.

5. The purpose of the business of the limited liability company is to provide engineering services and to engage in any lawful act or activity for which limited liability companies may be organized under applicable law.

(March 24, 1999)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of Ekstein Consulting, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on February 1, 1999, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o 25 Partridge Road, Delmar, New York 12054. The purpose for the which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLCL.

(March 24, 1999)

NOTICE PURSUANT TO SECTION 802(b) OF THE NY LLC LAW

LEGAL NOTICE

1. Name: TWEC.com LLC
2. Filing Date: 2/12/99
3. Organized in Delaware on 5/29/98.

4. County in which office is located: Albany

5. The secretary of state has been designated as agent of the foreign limited liability company upon whom process against it may be served. The post office address to which the secretary of state shall mail a copy of any process against it served upon him or her is: Trans World, 38 Corporate Circle, Albany, New York 12203.

6. The address of the office in the jurisdiction of the limited liability company is: Corporation Trust Center, 1209 Orange Street, in the City of Wilmington, County of New Castle.

7. The name and address of the authorized officer in the jurisdiction of the limited liability company's formation where a copy of its articles of organization is filed is: State of Delaware, Division of Corporations, 401 Federal Street, Suite 4, Dover, Delaware 19901.

8. The purpose of TWEC.com LLC is to conduct any business permitted under the laws of the state of New York.

STATE OF NEW YORK

SUPREME COURT

COUNTY OF ALBANY

REFEREE'S NOTICE OF SALE IN FORECLOSURE

Index No. 4364-97

FLEET BANK, formerly known as Fleet Bank of Upstate New York, formerly known as Norstar Bank of Upstate NY,

Plaintiff,

v.

JOHN G. MYERS CO., INC.,

ROBERT N. IRISH,

PEOPLE OF THE STATE OF NEW YORK,

by and through the Department of Tax and Finance,

JOHN G. MYERS CO., INC., as tenant,

Defendants

Pursuant to the Judgment of Foreclosure and Sale in the above entitled foreclosure action dated February 4, 1998, and entered in the Albany County Clerk's Office, I, the Referee named in said judgment, will sell in one parcel at public auction at 10:00 a.m. on Wednesday, March 31, 1999, in the

LEGAL NOTICE

front vestibule of the Albany County Courthouse, City of Albany, New York, the premises described as follows:

SEE ATTACHED SCHEDULE "A" FOR DESCRIPTION

Subject to all covenants, easements and restrictions of record affecting said premises.

Together with fixtures attached to or used in connection with premises and appurtenant rights and interests.

The premises are also known as 210 Delaware Avenue, Town of Bethlehem, New York.

The premises is being sold subject to the provisions of the filed judgment.

Judgment amount: \$140,924.50, plus, but not limited to, legal interest.

Jeffrey S. Berkun- Referee

HARRIS BEACH & WILCOX, LLP

Dated: February 24, 1999

All that tract, piece or parcel of land with the buildings and improvements thereon, situate, lying and being in the Town of Bethlehem, County of Albany and State of New York, bounded and described as follows, to wit: BEGINNING at a point in the center line of the Delaware Turnpike at the northeast corner of the parcel of land conveyed by J. Edward Bender and wife to Edward J. Bedell and Sara X.S. Bedell, his wife, and running thence from said point of beginning along the northeast boundary line between said lands so conveyed and distance of two hundred fourteen (214) feet; thence at right angles to said last mentioned line fifty (50) feet to an iron bar thence parallel to the first mentioned line and in a northerly direction a distance of about two hundred five (205) feet to the center line of said Delaware Turnpike; thence easterly through the center of the Delaware Turnpike about fifty-one (51) feet to the point of place of beginning.

ALSO, ALL that certain other lot, piece or parcel of land adjoining the above described parcel on the west, bounded and described as follows: BEGINNING at a point in the center line of the Delaware Turnpike at the northwest corner of the lot herein before described and running thence in a southerly direction along the westerly boundary line of said lot a distance of about two hundred five (205) feet to the southwest corner of said lot; thence on a straight line and in a northerly direction to a point in the

LEGAL NOTICE

center line of the Delaware Turnpike, which point is distant (5) feet westerly from the point of beginning; thence on an easterly course through the center of the said Delaware Turnpike five (5) feet to the point of beginning.

HARRIS BEACH & WILCOX, LLP
s/ Thomas E. Taylor, of Counsel
ATTN.: FORECLOSURE DEPARTMENT
Attorneys for plaintiff
Office and P.O. Address
One Park Place
300 S. State St.
Syracuse, New York 13202
Telephone No. : 315-423-7100
(March 24, 1999)

VOORHEESVILLE CENTRAL SCHOOL DISTRICT NOTICE REGARDING ABSENTEE BALLOT PROCEDURE

NOTICE IS HEREBY GIVEN that pursuant to Board of Education action taken December 9, 1991, the following procedures must be followed to procure an absentee ballot to be used for elections conducted by the Voorheesville Central School District.

An absentee ballot and application will be mailed to each qualified voters who requests such in a signed letter provided the voter meets the criteria listed below:

a) a patient in a hospital, or unable to appear personally at the polling place because of illness or physical disability or;

b) because his/her duties, occupation or business will require him/her to be outside of the county or city of his/her residence on that day;

1) Where such duties, occupation or business are of such a nature as ordinarily to require such absence, a brief description of such duties, occupation or business shall be set forth in the affidavit.

LEGAL NOTICE

2) Where such duties, occupation, or business are not of such a nature as ordinarily to require such absence, the application shall contain a statement of the special circumstances that such absence is required; or

c) because he/she will be on vacation outside the county or city of his/her residence on that day. The application shall also contain the dates which he/she expects to begin and end the vacation, the place or places where he/she expects to be on vacation, the name and address of his/her employer, if any, and if self-employed, a statement to that effect; or

d) absent from his/her voting residence because he/she is detained in jail awaiting action by a grand jury or awaiting trial or is confined in prison after conviction for an offense other than a felony.

Letters requesting applications for absentee ballots may be received by the District Clerk not earlier than the thirtieth (30th) day nor later than the seventh (7th) day before the election. Requests should be addressed to:

Clerk, Board of Education

Voorheesville Central School District

Voorheesville, New York 12186

The Clerk shall post the list in a conspicuous place or places during the election, and any qualified voter may challenge the acceptance of the absentee voter's ballot of any person on the list at that time, by making a challenge and the reasons known to the inspectors of election before the close of polls.

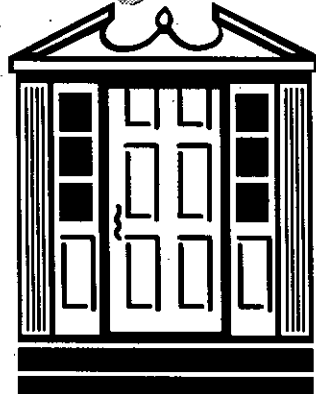
Dated: March 17, 1999

Dorothea Pfeleiderer,
District Clerk
Voorheesville
Central School District
(March 24, 1999)

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Jaimie: 439-4940**

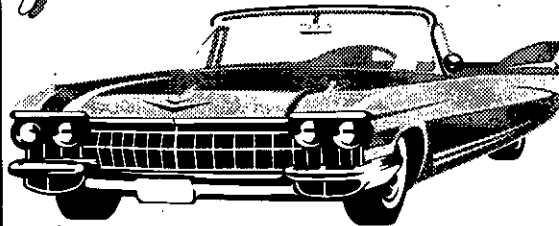
UPCOMING SECTIONS

Home & Garden



Issue Date: April 7th
Ad Deadline: March 24th

*Spring
Automotive*



Issue Date: April 21st
Ad Deadline: April 14th



**SENIOR
SCENE**

Issue Date: April 28th
Ad Deadline: April 14th

Call your advertising representative today!
439-4940 • FAX 439-0609

Spotlight Newspapers
125 Adams St., Delmar, NY 12054

The Spotlight CALENDAR

FIRST UNITED METHODIST CHURCH OF DELMAR

Sunday school and worship service, 9:30 a.m., adult classes and fellowship 11 a.m., child-care provided, 428 Kenwood Ave. Information, 439-9976.

MOUNT MORIAH MINISTRIES

Sunday school, 9:45 a.m., morning worship, 11 a.m., youth group, 6 p.m., evening service, 7 p.m., Route 9W, Glenmont. Information, 426-4510.

UNITY OF FAITH CHRISTIAN FELLOWSHIP CHURCH

Sunday school and worship service, 10 a.m., 436 Krumkill Road. Information, 438-7740.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday school and worship service, 10 a.m., child-care provided, 555 Delaware Ave. Information, 439-2512.

BETHLEHEM COMMUNITY CHURCH

Sunday school and worship service, 10 a.m., nursery provided, 201 Elm Ave. Information, 439-3135.

BETHLEHEM CONGREGATION OF JEHOVAH'S WITNESSES

Bible lecture, 10 a.m., Watchtower Bible study, 10:55 a.m., Elm Avenue and Feura Bush Road. Information, 439-0358.

SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH

worship service and church school, 10 a.m., fellowship hour, nursery care provided, 1499 New Scotland Road. Information, 439-1766.

DELMAR PRESBYTERIAN CHURCH

worship service, church school, nursery care, 10 a.m., fellowship and coffee, 11 a.m., adult education, 11:15 a.m., family communion service, first Sunday, 585 Delaware Ave. Information, 439-9252.

GLENMONT COMMUNITY CHURCH

Sunday school and worship service, 10:30 a.m., child-care available, 1 Chapel Lane. Information, 436-7710.

SOLID ROCK CHURCH

worship service, 11 a.m., 1 Kenwood Ave. Information, 439-4314.

NEW SCOTLAND

ST. MATTHEW'S ROMAN CATHOLIC CHURCH

Masses Saturday at 5 p.m. and Sunday at 8:30 and 10:30 a.m., Mountain View Road, Voorheesville. Information, 765-2805.

FIRST UNITED METHODIST CHURCH

early worship, 8:30 a.m., worship celebration, 10 a.m., church school classes for nursery through high school, 10 a.m., choir rehearsals, 11:15 a.m., 68 Maple Ave., Voorheesville. Information, 765-2895.

BETHEL BAPTIST CHURCH

Sunday school, 9:15 a.m., worship service, 10:15 a.m., Auberge Suisse Restaurant, Route 85. Information, 475-9086.

UNIONVILLE REFORMED CHURCH

Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by fellowship, Delaware Turnpike. Information, 439-5001.

CLARKSVILLE COMMUNITY CHURCH

Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by coffee hour, nursery care provided, Route 443. Information, 768-2916.

MOUNTAINVIEW EVANGELICAL FREE CHURCH

worship service, 9:30 a.m., nursery care provided, Route 155, Voorheesville. Information, 765-3390.

ONESQUETHAW REFORMED CHURCH

worship service, 9:30 a.m., Sunday school, 10:45 a.m., Tarrytown Road, Feura Bush. Information, 768-2133.

FAITH TEMPLE

Sunday school, 10 a.m., worship service, 7 p.m., New Salem. Information, 765-2870.

THE DRAGON'S EGG

Welsh language group of the Saint David's Society of the Capital District, New Scotland Presbyterian Church, 2010 New Scotland Road, 2:30 to 5 p.m. Information, 861-6976.

HOME-STYLE BREAKFAST

Clarksville Fire House, County Route 301, Clarksville, 7 a.m. to noon. Adults \$4, children \$3, under 5 free.

**MONDAY
MARCH**

BETHLEHEM

ST. THOMAS THE APOSTLE SCHOOL

Registration grades K-8, 42 Adams Place, Delmar, information 439-5573.

Spotlight CLASSIFIEDS

Classified Information



OFFICE HOURS • DEADLINE

8:30AM-5PM Monday-Friday
Deadline: Friday at noon



PHONE • FAX

(518) 439-4940
(518) 439-0609 Fax



MAIL ADDRESS • IN PERSON

Spotlight Newspapers
PO Box 100 125 Adams Street
Delmar, NY 12054 Delmar



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6 Newspapers
80,000 Readers

CLASSIFIED ADS APPEAR IN ALL SIX PAPERS

IN ALBANY COUNTY

Delmar Spotlight • Colonie Spotlight • Loudonville Weekly

IN SCHENECTADY COUNTY

Niskayuna Journal • Scotia-Glenville Journal • Rotterdam Journal

Classified Rates

- **Private Party Classifieds** - Line Ads - Six paper combo \$10 for 10 words 30 cents for each additional word.
- **Merchandise for Sale** - 4 lines • 4 weeks • \$4 (one item per ad. Must be priced under \$1000. Price must be stated in ad. Private party ads only. No vehicles, garage, lawn or antique sales. Price is for a 16 word ad. Add \$1 for each additional line.)
- **Commercial Classifieds** - Line Ads - Six paper combo - \$13.50 for 10 words 30 cents for each additional word. Multiple insertion discounts available. Please call for information.
- **Display Classifieds** - Several combination rates are available - please call for information.
- **Business Directory** - Several combination rates are available - please call for information.

Ads will appear in all six newspapers, as well as on the internet for the number of weeks requested.

Order Form

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

1 word per blank, please.

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Amount Enclosed _____ Number of Weeks _____

MasterCard or Visa # _____

Expiration Date: _____ Signature _____

ADOPTION

A HAPPILY MARRIED COUPLE will provide a loving home, a lifetime of happiness and secure future for your newborn. Expenses paid. Please call Diane/Jerry at 1-800-331-8170.

ADOPT: Loving, financially secure couple will give your baby the best life, can offer love, warmth & great opportunities. Expenses Generously Paid. 1-800-990-7667.

ADOPT: Together we'll give your baby all the best in life-love, nurturing & financial security. Expenses paid. carol 1-800-561-9323.

ADOPT: Devoted couple dreams of cherishing, nurturing and educating a very lucky baby with love and warmth. Let's help each other. Call us, ANYTIME 1-800-249-7746.

ANNOUNCEMENTS

SAVE! JOIN! SAVE! Wholesale savings benefits package. Guaranteed lowest prices. Over 250,000 popular name brand items. Home delivered. Protected with double the price difference money-back guarantee. Advertise this number, receive commissions. 1 (800) 811-2141. Code #78463

AUCTIONS

LOG HOME AUCTION. ALBANY, NY-SATURDAY April 17th, 11am.

21 new Log home packages to be offered. 1 absolute to the highest bidder. May take delivery within one year. Packages include logs, roofing, rafters, windows, doors, trusses, etc. Call for auction info: Old-Timer Log Homes 1-800-766-9474.

BUSINESS OPPORTUNITIES

ESTABLISHED PIZZABUSINESS, North Colonie. 175+ gross, asking 38K terms. P.O. Box 31, Newtonville, NY 12128.

LOCAL CANDY ROUTE. 30 Vending machines. Earn apx. \$800/day. All for \$9,995. Call 1-800-998-VEND.

BUSINESS SERVICES

RECYCLE TONER CARTRIDGES and Save! Cartridges from \$45.00, including pickup and delivery. Guaranteed. Discounted toner for copiers available. We buy empties. 800-676-0749, www.nationaltoner.com.

CHILD CARE NEEDED

DELMAR MOM looking for mature woman to provide childcare in her home, Tuesdays & Thursdays. Salary negotiable. Call 475-0926.

DESPERATELY SEEKING MARY... POPPINS THAT IS! Nanny needed for 2 girls, 6 months

and three years in our Niskayuna home. Prefer Part-time, 25-30 hours per week, but flexible. 372-8741.

NANNY: 2-3 days per week in our Delmar Home. Care for 3 year old and one year old. Experience, excellent references required. 475-7879.

CHILDCARE SERVICES

EXPERIENCED MOM to watch children full-time in my Selkirk home. 439-8649.

PARENTS LOVE THIS DAY CARE! The warmth of home care, the security of a day care! Eastern Parkway Infant Day Care Center has openings for children 8 weeks to 3 years. Parents love this safe, supervised center for its caring staff, developmental approach, high adult/child ratio, small class size, and cozy, clean environment. Call parents, 370-0570 or the Center, 374-6411.

V.I.P. DAYCARE/ GUILDERLAND, (near Crossgates) has several openings in all age groups (18 months to 5 years). Weekly tuition is \$120 for full-time. Hours are 7:00 a.m.-6:00 p.m., snacks & lunches served daily, security cameras, nurses on site daily. Call or come see us anytime. 869-2957.

CLEANING SERVICES

AFFORDABLE QUALITY CLEANING, satisfaction guaranteed, dependable, hardworking, conscientious, experienced. 439-2796.

CLEANING: Half-days, weekly, bi-weekly, monthly, Saturdays. Call Barbara, 439-8020.

CLEANING: Weekly or bi-weekly. Reliable with references. Marcy, 373-0717.

EXPERIENCED, HONEST, reliable house cleaner with excellent references. Call 872-9560.

SWEEP IT CLEAN with "Clean Sweep". Fully insured, bonded. References. Call Dawn. 433-0417.

CLEANING-residential/small business. Free estimates. References. Call Rose 439-0350.

J'S CLEANING: Experienced, personalized service, fully insured, bonded. Full estimates. 872-9269.

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FURNITURE REPAIR/ REFINISHING. Touch-up. 25 years experience. Kingsley Greene, 756-3764, evenings, weekends.

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DELMAR



**New Construction
\$118,900**

3 Bedroom, 1-1/2 Baths,
Dead End St.

HANIFIN CONSTRUCTION, INC.
439-9033

CRAFT FAIR

GRAMMY'S COUNTRY FARM CREATIONS: Spring Craft Show, March 19, 20, 21st and 26th, 27th & 28th, 10:00 a.m. - 5:00 p.m. Authentic 1830 farmhouse filled with many crafters with spring-time seasonal gifts. Large variety, many one of a kind creations. Come enjoy refreshments by our fireplace. East Berne - Thatcher Park, 157 to Beaver Dam Road to Elm to Triangle or Clarksville, 443 to Pinnacle to Elm Drive to Triangle. Follow signs. 797-3468 or 872-1723.

EDUCATION

EARN LEGAL COLLEGE DEGREE QUICKLY. Bachelors, Masters, Doctorate, by correspondence based upon life experiences, knowledge already attained, prior education and short study course. For free information catalog phone: Cambridge State University (800)964-8316 (24 hrs).

FINANCIAL OPPORTUNITIES

CASH FOR YOUR REAL ESTATE NOTE. If you receive mortgage payments, call us for best price. Residential and land. Nationwide buyer. First Capital Mortgage. 1-800-289-4687.

REFINANCE & SAVE \$100s EACH MONTH! Consolidate debt, improve your home or get needed cash. Custom programs for every need: Good & problem credit, no income verification, self-employed & bankruptcy. 24 hour pre-approvals, quick closings, competitive rates. We bend over backwards to approve your loan. Colony Mortgage 1-888-767-8043, ext. 312. NY Lic: LMB 04804.

\$\$\$FEDERAL PROGRAMS\$\$\$. Helping homeowners payoff credit cards/catch-up back taxes; overdue bills; late mortgage payments... Other programs include remodeling; refinancing; grants / private agency / business assistance. 1-800-844-7454.

FINANCIAL RELIEF. If you're living with terminal illness and have a life insurance policy, obtain a settlement for its face value. Enhance Life Benefits 1-800-887-2849.

\$\$\$ WE BUY \$\$\$ *Seller financed notes *Insurance settlements *Land note portfolios. *Business Notes. Colonial Financial 1-800-969-1200, ext. 49.

OVER YOUR HEAD IN DEBT??? Do you need more breathing room???

Debt consolidation, no qualifying!!! *Free consultation (800)556-1548. www.anewhorizon.org Licensed, Bonded, Non-profit / National Co.

CONSOLIDATE YOUR BILLS - low rates, no up front fees. Bad credit accepted, bankruptcies accepted. 24 hour approval. Toll free 1-877-378-0424.

HOMEOWNERS NEED CASH? Consolidate debt and lower payments. Credit problems? Self-employed, even bankruptcies. Fast approvals, no application fee's personal service. Good people have hard times too. Optimal Funding Inc., licensed mortgage banker, NYS Banking Department. 383-6168, ask for Jim Parvis.

FREE ITEMS

AVON: Call for free brochure. 469-8895.

FOUND

WATCH FOUND: Delaware Plaza, Delmar. Call Donald to identify. 768-2101.

GARAGES FOR RENT

GARAGES FOR RENT, all sizes. 438-6836.

GARAGE SALES

GLENMONT ESTATE SALE: 35 West Bayberry Road, Colonial Acres, March 26th, 8-4, 27th, 8-12. Glassware, antiques, furniture, household, plus.

HORSEBACK RIDING

LOOKING FOR SOMETHING SPECIAL for your child to do this summer? If so, consider The Walden Farm **ULTIMATE SUMMER EQUINE EXPERIENCE.** Enjoy a week of Everything Equine-

riding, feeding, grooming and even a mock horse show with prizes at the end of each week. No experience needed, but space is limited. We are located 4 miles from Delmar 4 corners. **GIFT CERTIFICATES** available for this and/or weekly lessons. All new sign-ups and re-registers are invited to a "get acquainted" Easter Egg hunt on April 3, 1999. (518) 439-8472.

SIGN UP NOW for Walden Farm's 12 week Spring Horseback riding lesson series featuring hunt and balance seat instruction for beginning riders through those interested

in showing and competing. Gift Certificates available. Children or adults welcome. This session begins April 5, and new sessions are added continuously. All new sign-ups and re-registers are invited to a "get acquainted" Easter Egg Hunt on April 3, 1999. Located 4 miles from Delmar 4 corners. For more information (518) 439-8472.

MISCELLANEOUS FOR SALE

27" COLOR TV, Panasonic, wood console, 4 speaker stereo, like new, cable ready, excellent picture. \$175. 482-2221.

SAWMILL \$3795. Saws logs into boards, planks, beams. Large capacity. Best sawmill values anywhere. Free information. Norwood Sawmills, 90 Curtwright Drive #3, Amherst, NY 14221. 1-800-578-1363.

30 IN. HOTPOINT electric range. Almond/black, auto clean, oven timer. \$125. 372-5534, after 5.

61/2' SILVER FIBERGLASS CAP, off 1996 F-150 pickup, 3rd light. \$450 or better offer. Excellent condition. 767-2528.

BASEBALL CARDS: 800 com-

mon cards at \$4.00 per box. Also sets at \$5.00 per box and up. 355-1854.

BLUE & WHITE STRIPED COUCH, excellent condition, \$100. Moving, must sell! 427-1124, after 5.

COUCH- Sectional with full sized sofa-bed. Great for finished basement or family room. \$200. Moving, must sell. 427-1124, after 5.

CUISINART LITTLEPRO PLUS food processor/juicer. New, in box, unused, \$100 new, now \$65 obo. Call 439-2489.

EMPLOYMENT OPPORTUNITIES

HELP WANTED

ACTIVITIES AIDE needed every other Friday, 9am-3:15 p.m., hours may increase. No prior experience necessary. Must enjoy working with the elderly. Apply in person to: Rae Ann Rieping, Activities Director, Good Samaritan Lutheran Health Care Center, 125 Rockefeller Road, Delmar, NY 12054. Telephone: (518) 439-8116. E.O.E.

ADMINISTRATIVE ASSISTANT for growing statewide not-for-profit serving abused children. Flexible hours, strong organizational skills, attention to detail required. Computer skills a plus. \$7/hour. Send resume, cover letter, c/o Spotlight Newspapers, P.O. Box 100 A, Delmar, NY 12054.

ADVERTISING SALES REPRESENTATIVE - Full time position with many company benefits.

Salary

Commission

Auto Allowance

Experience helpful but not necessary, we will train. Call: Louise Havens, Display Advertising Director at 439-4940.

ATTENTION: WORK AT HOME! our children come to the office everyday. Earn an extra \$500-\$1500/month part-time and \$2000-\$7000+ full-time. (800) 816-2353.

HAIRDRESSERS: Booth Rentals available in 1200 sq. ft. busy shop. Delmar. 439-6066. After 5, 452-3689.

CAREER CHANGE? Are you in teaching, health care, human resources, sales, etc.? have you thought about a career change? You may have the skills that we are looking for. Call for a free packet or interview. Cathy Griffin, 448-8815. Prudential Manor Homes, Realtors.

CHILDCARE ACTIVITY leaders. Before school 7:30-9:30 am. School's Out Inc., 439-9300.

COMPANION, in-home for senior woman. Monday-Thursday, 5 p.m. - 8 p.m. Call 235-0074 between 4 p.m. & 9 p.m.

DECORATING CENTER seeks full or part-time help for Albany and Clifton Park locations. Experience in paint, wallpaper and window treatment preferred but not required. Please call 459-2244.

FULL-TIME & PART-TIME waitstaff available, experience preferred. Apply in person to Normanside Country Club, 150 Salisbury Road, Delmar.

LANDSCAPING/LAWN MAINTENANCE experience preferred. 449-7229.

MEDICAL RECEPTIONIST: Fast paced Internal Medicine office seeking responsible individual with quality communication skills for an immediate part-time position, duties include meet & greet, answering phones, scheduling appointments & filing. Computer skills a plus. Please send resume to P.O. Box 610, Slingerlands, NY 12159 or fax to 439-1592.

MERCHANDISERS part-time. In need of experienced people to do resets & merchandising super markets. 888-371-3778.

OUTSTANDING PROFESSIONAL to create new special sections and sell retail advertising for one of the most respectful area newspapers. Part-time, July & August off, Salary + 17% commission-exp+full benefits. Full-time to develop. Legislative Gazette, P.O. Box 7032, Albany N.Y. 12225.

PART-TIME RECEPTIONIST: 3 days per week, Slingerlands insurance office, prefer clerical background, typing, friendly atmosphere, established business, good telephone answering skills. \$10 per hour. 439-1141.

PART-TIME TEACHER: Fun preschool, computer enrichment program. 10 hours per week. ECE or ED degree required. No computer experience necessary. \$10 per hour. COMPUTERTOTS, 370-1835.

PHONE PROFESSIONALS: Work from home, day or evening. You get \$25 commission on every sale. Sell 3 to 4 per day. Get paid twice a week. Fun work. Fast money. 888-728-8726.

PROGRAMMER/ ANALYST: Town of Bethlehem, Albany County, seeks AS/400 programmer/Analyst. Maintain/enhance current software and develop new applications. Provide technical assistance to users. requires Bachelor's degree computer science and minimum one-year experience, or equivalent. Knowledge of AS/400, RPG and PC's required. 35 hours per week, occasional overtime, great benefits. Send resume with salary requirements to: Town of Bethlehem, Data Processing, 445 Delaware Avenue, Delmar, NY 12054. Fax, 439-1699. E-mail bethdata@emi.com EOE

SALESPERSON: full-time, Verstandig's Florist, 454 Delaware Avenue, Delmar. 439-4946.

SECRETARY: Part-time, Monday - Friday, 12:30 - 4:30. Eventually full-time. Must be proficient in WordPerfect, Windows and office skills. Send resume to: School's Out Inc., 239 Delaware Avenue, Delmar, New York 12054.

SEEKING A LABORER with construction/landscaping experience needed full-time to work in Tri-city area, also out of town. Must have valid drivers' license. Please fax resume to 456-4478.

SUBSTITUTE TEACHERS: Contact Ravena-Coeymans-Selkirk Central School District. 756-5213.

TEACHER AIDE substitutes for all schools at RCS Call 756-5204 for application.

THE MOHONASEN SCHOOL DISTRICT is looking for Part-time bus drivers. Will train. 356-8260.

THIS IS YOUR OPPORTUNITY to start a career with Mailboxes, Etc., Latham, location, the nation's largest franchise of business & postal services. Requires retail experience, outstanding customer service skills and a willingness to work hard. Part-time & full-time positions available. Wage plus incentives. 899-2569.

WRITERS WANTED to cover Niskayuna, Rotterdam & Scotia-Glenville board meetings and feature events. News writing experience required. Send resume & cover letter to: Jennifer Miller, Spotlight Newspapers, P.O. Box 100, Delmar, NY 12054.

AVON PRODUCTS: Start your own business. Work flexible hours. Enjoy unlimited earnings. Call toll free 888-942-4053.

Truck Drivers... No Experience Necessary! 3 week company sponsored CDLA training, trainee pay! Full benefits, consistent miles, assigned equipment. Swift transportation 1-800-347-4485 (eoe-m/f: min.23)

DRIVERS: OWNER operators and temporary company drivers

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Looking For A Change?
You Make The Call

That's Right! Make the call & put yourself into a great job with tremendous advantages!

- * Take charge of your future with a 20 year old, 20 million dollar company.
- * Take control of your own income.

Come join our team as an **Outside Sales Representative** in our Albany, New York territory. Previous sales experience helpful but not necessary.

- * Entry level position with \$24 - 28,000 earning potential the first year
- * Draw vs. Commission + Bonus
- * Full Benefit Package
- * Our sales representatives are employees.

**Century Marketing
Sales Recruiter
(800) 537-9429 ext. 3725**

Accepting calls 3/29-3/31,
(Monday-Wednesday)
8:30 am to 12:30 pm
Eastern Standard Time
www.centurylabel.com

RESTAURANT

Exclusive area country club has the following full and part-time positions available:

**Food Servers
Bartenders
Buspersons
Hot Food/Pantry Cooks
Dishwashers**

Excellent wages and benefits. Apply in person Wednesday-Saturday 10am-6pm or call 765-2851

Albany Country Club
300 Wormer Road
Voorheesville, NY
EOE

Drivers
Wanted.

Part-time.
Must have own vehicle.

Apply in person at:

Pizza Hut.

159 Delaware Ave.,
DELMAR

11am-11pm daily

STAN SMITH'S TENNIS CLASS

HITTING WITH
EXTRA TOPSPIN

A semi-western grip is very effective when you are hitting a heavy topspin forehand. Prepare with your palm facing down. Drop the racket head below the ball's level and swing from low to high.



Your racket head should be perpendicular to the court on impact. On your follow-through, your racket should finish above your shoulders.

12-19
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Join an organization dedicated
to helping seniors keep their
homes & independence.

A nonprofit agency providing home repair, housekeeping, 24-hour emergency assistance and more for \$8.00 per hr.

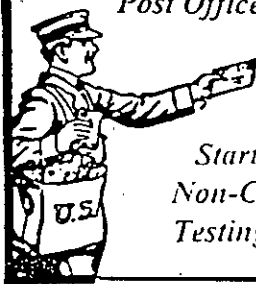
346-5249

Membership required.

The
Umbrella
of the Capital District
More than home maintenance...
it's peace of mind.

The U.S. Postal Service Announces

*The Rural Carrier Test 460.
Applications May Be Picked Up
And Returned At All Local Area
Post Offices.*



*Starting Salary Is \$11.70
Non-Career On Call Position
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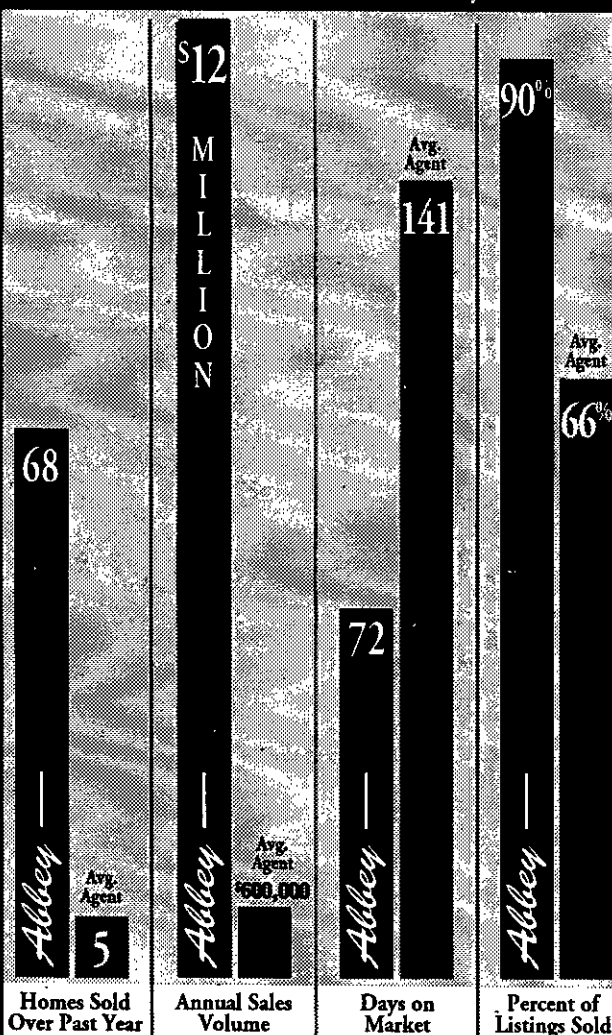
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MISCELLANEOUS FOR SALE 4 Weeks, 4 Lines, \$4.00! One item per ad. Price must be stated in ad, item must be under \$1,000. Call Jaimie at 439-4940.

OLD L.P. RECORDS & Original covers. 1,000's big Band, Jazz, Country, Dixieland, Popular vocalists, 30's, 40's, 50's, 60's. \$1.00 each. 393-7223.

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REAL ESTATE CLASSIFIEDS

REAL ESTATE FOR RENT

DELMAR - VILLAGE GREEN, 2 bedroom, garage, balcony. Available May 1st. \$675 +, 230-0501 (pager).

DELMAR: 2 bedroom apartment, 74 Delaware Avenue. No pets. New and very clean! \$650 & \$700 plus utilities. Call 439-3299.

DELMAR: 2 bedroom apartment, upstairs, 427 Kenwood Avenue. \$590 plus utilities. 439-0981, 768-8208.

DELMAR: One bedroom apartment. Heat, yard. \$435. New Scotland: 2 Bedroom house. \$475. 475-0617.

DELMAR: Spacious 2 bedroom in small complex. Minutes to down-

town by car or bus. Bethlehem Schools. \$620. 356-1535.

NEW BALTIMORE: Mint 2 bedroom flat. Quiet, river view. \$525+. 756-8672.

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SELKIRK: 2 bedroom, quiet country setting, wall-to-wall carpeting, washer/dryer hookup. \$560+ utility-

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VOORHEESVILLE: 32 South Main Street, \$375 plus security deposit. Off street parking. 478-0116.

VOORHEESVILLE AREA: 2 Bedrooms, upstairs. Wall to wall carpeting. \$650 with heat. Security. Pets? 765-3670.

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BETHLEHEM SCHOOLS: 3 bedroom, 3 bath floors on nearly 1 acre. Hardwood finish, fire place, family room, walk-out basement, 2 car attached + detached garage. Much more. Reduced to \$123,900. Ozimek Realty, 439-1398.

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OFFICE SPACE: Professional office space available, various options including private office with reception area. Call 439-9958.

LAND/LOTS

CARLISLE: 8.44 acres, woods, stream & field. Cobleskill schools. \$14,900. 356-6337.

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CAPE COD HOUSE on National Seashore. Sleeps 8-10, \$900 per week. July 17th - 24th. Call 434-0469.

DELAWARE: Bethany Beach, 3 bedroom, 2.5 bath townhouse. 0.5 mile to Bethany Beach. Pool and tennis courts. All amenities. Occupancy 6-8. \$400-800 per week. 439-2810.

FRIENDS LAKE: Lakefront home, sleeps 6, fully equipped, boat, \$950/week. 439-4138.

GREAT SACANDAGA LAKE, waterfront, dock, sleeps 6, conveniences nearby. No pets. \$550 / week. 458-7465.

SUMMER HOME : Lake Champlain, Willsboro. Sleeps 6, knotty pine interior, equipped, beach rights. \$400/ week. 371-7119.

O'Connor, Piper & Flynn ERA Vacation rentals. Free color catalog. Ocean City, MD 1-800-633-1000. Bethany Beach, DE 1-800-856-5947. Rehoboth Beach, DE 1-800-441-8090.

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WANTED: Pre 1920 Golf Clubs, golf balls, baseball bats, gloves, tennis rackets, cigarette cards with sporting figures on them. Also wanted: Pre 1920 electric fans, light bulbs, telephones, old volt meters, any pre 1920 electric item, pre 1950 television sets, plastic table radios (without clocks/ with them) Also pre 1950 cameras, microphones. Please phone with any of these items, even if they're broken or rusty. I may still be able to use them. 745-8897.

BOOKS WANTED: Cash for your unwanted books, old magazines and catalogs, any old paper items, etc. 478-7822.

ANTIQUE LIGHTING FIXTURES: Lamps, chandeliers, ceiling fixtures, wall sconces, gaslight fixtures, oil lamps, shades & globes. Tom Jardas, 356-0292.

CASH PAID! From your attic or basement for my collection. Old fishing lures & tackle. Mike, 370-8796.

BUYING: All old costume and better jewelry. Call 439-6129.

Answers to Super Crossword

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BATON ELAM EMIR IDIOM
OREAD NEWMEXICO NILLY
NEWHEBRIDES NEWLONDON
ODS ALEC THE REAR ENA
AVEC REEVE LOIS
CANNOT MARKETS STONES
ANEAR RAN SOUL ELEVE
SOWS MORTAR NEED EWER
TAJ TABLETOP SAYUNCLE
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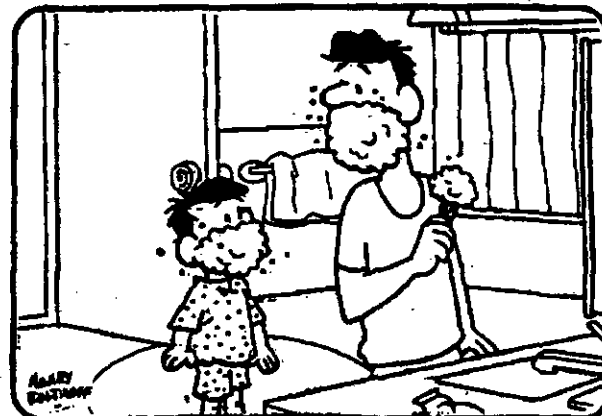
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BY HENRY SOLTINOFF



Find at least six differences in details between panels.



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Polka dots are added. 2. Knob is different. 3. Towel is shorter. 4. Shirt is different. 5. Cup is missing. 6. Water is off.

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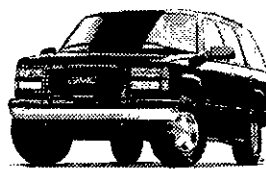
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Drawing

(From Page 1)

Saatman said the town board is likely to "refer the matter to the planning board for a recommendation, and for SEQR, obviously" before setting any kind of public hearing on First Columbia's rezoning request. "It's the town board that gives the ultimate approval or disapproval," she said.

Bette had previously declared the 12 Maher Road site "really the only available site" suitable for their proposed medical building. "We haven't given up on anything," Bette now says. "There are actually several other pieces we're investigating, and Maher Road is still one of them. That whole section of town has been really focused on by ourselves for this type of facility."

But he stressed that his firm's interest now in Terramere is still somewhat preliminary.

"We're trying to evaluate all of our options so we can make a decision and get going," he said. "The town has been very cooperative."

The town board took up First Columbia's request to consider a

re-zoning of the Maher Road location in December, referring it to the planning board for its consideration. But members of both boards expressed doubts about the suitability of the site for this type of commercial development because of high-volume traffic on Route 85, and urged the developer to broaden its site selection process.

"When (the town board) points out problems and suggests some alternatives, that exactly what we do, consider the alternatives," Bette said. "We're looking for a suitable site from our standpoint and the community's standpoint."

Five Rivers offers outdoor program

Five Rivers Environmental Education Center on Game Farm

Road in Delmar will host an outdoor search for signs of spring on Friday, March 26, at 7 p.m.

Participants will search the grounds at dusk for geese, peepers, woodcock and other harbingers of spring.

For information, call 475-0291.

Wind ensemble to perform in V'ville

The SUNY Fredonia Wind Symphony will perform in concert on Thursday, March 25, at 7:30 p.m. at Clayton A. Bouton Junior/Senior High School auditorium on Route 85A in Voorheesville.

Tickets are \$3 for adults and \$2 for students and senior citizens. For information, call 765-2406 or 765-3314, ext. 315.

Delmar library sets story time for tots

Bethlehem Public Library, 451 Delaware Ave., Delmar, will present an hour of stories, songs and crafts for tots 22 to 35 months old entitled "Smile Crocodile" on Friday, March 26, at 10:30 a.m.

To register, call 439-9314.

Business women to host card party

Bethlehem Business Women will host a card party at Bethlehem town hall auditorium on Friday, March 26, from 7 to 10:30 p.m.

The evening of games is a fundraiser for the group's scholarship fund. Participants can bring cards and tallies, Scrabble or board games.

Tickets are \$2.50. For information, call 439-1817.

Winners



Michael Sanders, left, and Adam Marcal show off their spoils from the BOU Auction last Friday.

Elaine McLair.



Celebrate Holy Week at
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3/28 Palm Sunday Procession 10:15 AM
 4/1 Maundy Thursday Communion 7:30 PM
 4/2 Good Friday Tenebrae Service 7:30 PM
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Physically Speaking



by Nick
Valenze, P.T.



PEOPLE IN KNEAD

Aside from enjoying Swedish massage because it feels good, people use massage to obtain relief from complaints that range from chronic muscle tension and stiff joints to sciatica and sprains. Thus, dancers, athletes, and tradespeople regularly seek out the services of therapists trained in this healing art. While massage will not dissolve fat or increase muscle atrophy in patients who are forced to become inactive due to injury, illness, or age. And, aside from its physiological effects, massage can induce a relaxed state of alertness. In fact, many liken its effects to meditation for its ability to bring about a calmer mind and clearer thinking.

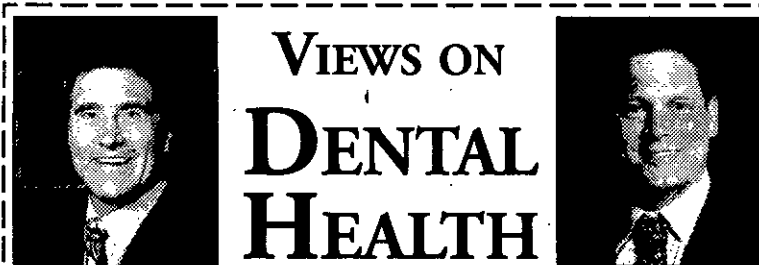
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You are comfortably reclined, imagining a beautiful sunset on a Caribbean island, a warm breeze gently caressing your hair. Friendly islanders offer you tropical punches. You wish you could be here forever! You are interrupted by a brief reality check as your dentist asks you to rinse. As you prepare to recapture your island image, you wonder what they (dentist and assistant) are doing now, but you don't really care.

The above scenario is acted out daily in dental offices everywhere. The patient is probably breathing nitrous oxide gas through a nosepiece. If the patient was unusually anxious, the dentist may have recommended

some Valium along with the nitrous oxide. It is a normal response to be anxious for some dental procedures. Premedicating patients is one way a dentist can offer the fearful patient an "easier ride". Both nitrous oxide and Valium have long safety records. The next time you consider putting off the much needed work in your mouth because you are anxious, ask your dentist if he can give you something. Maybe you'll find your own secret island spot instead of having a stressful dental visit.

Dr. Thomas H. Abele, D.M.D.
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344 Delaware Avenue
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Book series continues

The Books in the Morning series, hosted by Helen Adler, will discuss *All the King's Men* by Robert Penn Warren on Friday, April 2, from 10:30 a.m. to 12:30 p.m. at Bethlehem town hall on Delaware Avenue. For information, call 439-9661.



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