

Senior facility
gets go-ahead

○ see page 3

Rollin' on the River

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JUL 14 1999

The Spotlight

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July 14, 1999

Bethlehem board to air water engineers' report

By JOSEPH A. PHILLIPS

Bethlehem's town board will be tackling a busier-than-usual agenda at its board meeting tonight.

The long-awaited report from O'Brien & Gere Engineers about whether

dredging can improve the yield of the town's controversial Schermerhorn Island water-infiltration system will be aired. The report, dated July 7, sifts through hundreds of pages of technical data gathered between December of 1998 and April of this year related to the dredging of the Hudson River bottom

adjacent to the infiltration gallery that feeds water the water-treatment facility.

The performance of that infiltration gallery is the focus of litigation between the town and the two engineering concerns that designed and built the system.

Designed to yield 6 million gallons of water a day, upgradeable to 12 million gallons, the infiltration system has yielded no more than 2 million gallons a day since it began operating three years ago. The dredging tested the theory that yields could be boosted by removing bottom sediments that might be clogging the intakes to the infiltration gallery.

The report's conclusion: While dredging does improve "the hydraulic connection between the system and river," the report stated, "The improvements are short lived, lasting from nine days to about two months." Thus dredging is "not effective," the report said, as a long-range option for boosting output. "It is estimated that vacuum dredging would have to be performed six or more times per year in order to maintain an enhanced hydraulic connection," the report stated.

The study will provide ammunition for the town's ongoing lawsuit against Rust Environment & Infrastructure and J. Kenneth Fraser & Associates about

whether the higher volume estimates for the plant at the time of its proposal were realistic.

Among the usual seasonal hirings and reports to be received will be several matters long on the board's back burner.

Among them is consideration of a possible settlement of longstanding litigation with the town of New Scotland over reassessment of town water district property at the Vly Creek reservoir.

Also on the agenda is a request from the overseers of the town's municipal training facility for firefighters, seeking the board's authorization to spend

\$180,000 from a capital reserve fund set aside by the town for the facility and an additional \$60,000 from funding sources yet to be identified to renovate the training site. If approved by the board, the expenditure would be subject to a 30-day "permissive referendum," allowing the project to proceed if no public objections are raised to it.

Proposed improvements include building simulators for training firefighters to combat blazes in enclosed spaces and on rooftops; a flammable-liquids training area and a new classroom training facility; and structural repairs to

It is estimated that vacuum dredging would have to be performed six or more times per year in order to maintain an enhanced hydraulic connection.

O'Brien & Gere Engineers

□ REPORT/page 21



Max Rosenberg, 2, enjoys the hat he made at 'Summer Fun' at Bethlehem Public Library.
Constance Lupe

Volunteers trying to shore up ranks

By JOSEPH A. PHILLIPS

Part one of a special report on recruiting and retention by local volunteer fire and EMS departments.

Albany County's volunteer fire and emergency medical service (EMS) companies launched a widely-publicized "Neighbors Helping Neighbors" recruiting campaign two months ago.

Discussing the promotional campaign last week, Steve Wright, vice president

of Elsmere Fire Company, coordinator of recruitment and retention for Bethlehem's emergency service organizations and a member of the committee overseeing it, brandished a sheaf of fliers bearing the campaign's logo, a stylized fireman holding a home in his hands.

"We're trying to get our brand out there in the public eye," he said.

The Albany County Recruitment and Retention Committee for Emergency

Service Volunteers, including representatives of the county's 36 volunteer fire companies and eight volunteer EMS units, was launched in June of last year and hit the ground running in May. It declared the month Emergency Services Volunteer Month with the backing of the county Legislature and local municipalities including the town of Bethlehem.

May was also the kickoff of the Neighbors campaign, including radio, print and poster advertising across the county, open houses and neighborhood mailings by local companies, and launching of a recruitment hot line, 475-2929, overseen by Wright.

This month, the first results of that effort are in — and they're modestly encouraging. As of July 8, 91 calls have come in on the hot line. Some were offers from local media, or organizations like the Albany Firebirds, of more promotional help. The attendant publicity has also brought more volunteers directly to local fire stations to sign up.

But emergency service providers
□ VOLUNTEERS/page 22

Adoptive parents grateful for special gifts

By KATHERINE McCARTHY

In 1995, Janice Serbalik Bergeron and her husband Mark Bergeron adopted a child from Ukraine. It changed their lives forever.

"Once we saw all those children," said Janice Bergeron, "we knew we would adopt another, and get other people to also."

True to their word, the couple adopted four more children, and founded an adoption agency to help others do the same thing. Formerly known as From the Heart Adoption Services, it is now called Children



Angela Warner with her children Liliya and Victor, who were adopted through Children at Heart.

at Heart Adoption Services.

Children at Heart takes credit for 111 adoptions, "and 12 more parents are going soon to adopt children," she said.

The Bergerons worked through social services in New York, then became licensed to do international adoptions.

When they first started their agency, Mark Bergeron spent half a year in Russia, setting up programs, visiting orphanages and hiring people to work for them in Russia.

Today, Children at Heart works

□ PARENTS/page 21

Bethlehem police report eight recent DWI arrests

By Joseph A. Phillips

The last week in June and the first in July proved busy ones for Bethlehem police. Police made eight arrests for driving while intoxicated, including a felony arrest; detained an underage driver under the state's zero tolerance drinking-driver law; and made another arrest that was allegedly alcohol-related.

The first arrest occurred on Friday, June 25, at about 7:30 p.m., when Officer Robert Markel spotted a vehicle westbound on Creble Road near Old School Road, operating at excessive speed.

Denise Stacey Digman, 28, of Ketchum Road, East Berne, was arrested for DWI after failing field sobriety tests. Digman was also charged with unlawful possession of marijuana. She was ordered to appear in Bethlehem Town Court on July 20.

At about 3:15 a.m., on Saturday, June 26, officer Thomas Heffernan reported observing a vehicle eastbound on Delaware Avenue, operating at excessive speed and crossing center line markings in the vicinity of Winslow and Lenox streets. He stopped the vehicle and adminis-

tered field sobriety tests. Stephanie Ann Heverly, 35, of 1312 Woodlawn Ave., Albany, was charged with DWI, speeding and failure to keep right, and ordered to appear in Town Court July 20.

That same morning at about 4:10 a.m., a Selkirk resident called police to report shouting near the intersection of River Road and Maple Avenue. Officer Christopher Hughes responded and found a vehicle off the road driven by Michael Charles Bliven, 39, of 197 Vanderzee Road, Ravena.

Bliven claimed to have lost control of his vehicle while avoiding a deer in the road, but after administration of field sobriety tests, Hughes arrested him and charged him with DWI. He was ordered to appear in Town Court on July 20.

At about 6:30 p.m. on June 26, a 911 call reported a truck northbound on Elm Avenue with a potentially drunk driver. Officer Anthony Arduini stopped a vehicle answering that description near Axebridge Road.

Officer Hughes arrived to assist in administering field sobriety tests, and Arduini arrested Brian Joseph Scaringe, 21, of 15 Graffin Drive in Latham, for DWI.

He was also charged with driving with a restricted license. He will appear in Town Court July 20.

At about 12:30 a.m. on June 27, Hughes clocked a vehicle southbound on the Delmar Bypass at excessive speed, and stopped it near Elm Avenue Park. He summoned Sgt. Robert Berben to assist in administering field sobriety tests, and subsequently arrested Pamela Beth Nelsen, 25, of 1117 Siver Road, Guilderland, and charged her with DWI. She was also charged with unlawful possession of marijuana. She will appear in Town Court on July 20.

A felony DWI charge resulted from an incident in Slingerlands on Wednesday, June 30. At about 1:10 a.m., Officer Brian Hughes stopped a vehicle, speeding on Route 85, near Blessing Road. He arrested Edward Joseph Schultz Jr., 37, of 12 Pleasant St., Voorheesville, after field tests.

A license check on Schultz revealed a suspended license due to a previous conviction for driving while ability impaired (DWAI) and several prior DWI arrests. Schultz was charged with felony counts of DWI and unlawful operation of a vehicle, and speeding. He was or-

dered to appear in Town Court on July 20.

In a DWI arrest on July 4, shortly before 5 a.m., Officer Brian Hughes was called to assist Sgt. Berben with a vehicle stopped on Route 85 in Slingerlands. After conducting field sobriety tests, Hughes arrested Jong Hak Kim, 30, of 26 Meadowbrook Drive, and charged him with DWI, answerable on Aug. 3.

An accident last Friday, July 9, in Selkirk led to another DWI arrest. Responding to several 911 calls shortly after 5 p.m., officers Markel and Christopher Hughes found a vehicle on its side off the road in a ditch near 251 Old Quarry Road. A witness at the scene reported to police that the vehicle, which had been northbound, veered across the road and struck an embankment before rolling onto the driver's side.

The driver, identified as Mark Michael Stewart, 50, of 29 McCulloch Road, Ravena, was apparently unharmed, but still trapped inside the vehicle. Selkirk Fire Department, Bethlehem Ambulance and Albany County Sheriff's paramedic units responding at the scene freed Stewart from the vehicle. Before he was transported to St. Peter's Hospital for evaluation, he submitted to field tests and agreed to have a blood sample drawn in evidence.

Stewart was charged with DWI, and with crossing hazard markings, and ordered to appear in town court on July 20.

An incident on July 5 led to detention of a Selkirk teen under

the zero tolerance law, which applies to drivers under the age of 21 found with any measurable amount of alcohol in their system.

At about 12:45 a.m. Hughes observed an erratically-driven vehicle southbound on Elmsmere Avenue, and stopped it when it turned south on Route 32. He ticketed Adam Paul Tafilowski, 17, of 81 Dorchester Ave., Selkirk, under the zero tolerance statute, and also ticketed him for operating on a restricted license.

Tafilowski faces a July 20 court appearance on the Bethlehem tickets and a July 26 hearing at the Department of Motor Vehicles, which may confiscate his license under zero tolerance provisions.

Another driver, Roger Thomas Fischer, 32, of 7 Milton St., Slingerlands, faces a host of traffic infractions after an incident on July 1 at 4:20 p.m.

Officer James Rexford spotted a vehicle which appeared to lack a valid inspection sticker, driven by Fischer in traffic on Yale Street at the intersection with Krumkill Road. Rexford turned his police car to halt the vehicle, but according to the police report, Fischer backed the vehicle up the street to avoid being stopped.

Pursued to his home by Rexford and Officer Charles Rudolph, Fischer subsequently surrendered, and was charged with consumption of alcohol in a vehicle, lack of insurance and registration, operating under a suspended license, unsafe backing and failure to comply with a police officer.

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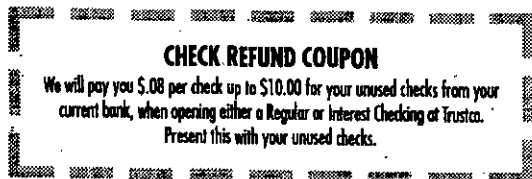
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Candidates line up for board seats

By Joseph A. Phillips

Joining incumbent Doris Davis on the ballot for a pair of Bethlehem town board seats this fall are three candidates, each of whom brings governmental experience to their campaigns.

Winning Republican and Conservative backing for the open board seat being vacated by Robert Johnson is Parker Mathusa, who is hoping to follow the same route to elective office as his party colleague Davis: following a stint as a member of the town's planning board.

Davis and Mathusa's Democratic opponents are George Harder, a computer programming analyst now employed by the state Department of Taxation & Finance, and Daniel Plummer, a lobbyist and governmental affairs consultant.

Plummer joins Davis in securing the endorsement of the Independence Party; Harder carries the backing of the smaller Liberal Party. All three are lifelong residents of Bethlehem. Harder has the longest political pedigree: the Elsmere resident, who worked for the Division of the Lottery for eight years before taking his current position two years ago, is the son and namesake of a former town supervisor from the early '70s and a Democratic committeeman in his own right for almost a decade.

"I have worked in every election year, doing the various things we have to do to run a campaign," he said. This year's race for the town board is not his first run for public office either: Harder has previously sought election to the state Senate.

He thinks the town's numerous neighborhood associations need a stronger link to town government.

"The neighborhood associations are not being heard," he said. "They need to be represented, to be heard, to have their opinions taken seriously by the town board." Harder cites the ongoing controversies over CMI and the truck traffic on Maple Avenue in Selkirk to bolster that view.

"Some things being planned for the town may have a negative impact on the quality of the neighboring community. I don't know if the neighbors are being listened to. They have a valid point that their neighborhood will be adversely impacted by these things," he said.

"I have a sincere desire to serve my community," he added. "As a lifelong resident I've seen the town grow and change." Harder noted the early signs of "suburban sprawl" in Bethlehem.

"That may not be a good thing," he said. "We need to carefully consider residential growth and we need to plan to expand the

community tax base, planning for the future — rather than just reacting to today's happenings. I'm prepared to do that," he said.

Business development is also on Mathusa's mind. Now retired from a 20-year career with the New York State Energy Research and Development Authority, where he was a specialist in new product development, he touts his "strong economic development background."

"I thought I could bring some of those strengths to the town board, so we could move ahead with prudence and sensitivity" on the economic development front, he said.

"The right type of economic development," he said, would involve "light industry that would not be a smokestack type. We have to be very sensitive to what we ask for."

His family's roots in the community stretch back more than a century and a half, in the old Selkirk neighborhood known as Cedar Hill. He attended the one-room schoolhouse that is currently home to the Bethlehem Historical Association, which Mathusa now serves as president-elect. He is a graduate of Ravena-Coeymans-Selkirk High, and feels his election would bring Selkirk stronger representation on the town board.

"I can't exactly say it's underrepresented, but the people down there would look to someone they can come to who would understand the needs and concerns of that end of town," he said. Topic A for Mathusa is managing the town's growth.

"We need to make sure Bethlehem is a safe and secure place to live and raise a family, and we need to assure that our seniors have the services and facilities they need so they won't be forced out of town," he said.

Plummer, with four children presently in the Bethlehem schools, echoes the concern about

the pace of growth for the town.

"I'm not opposed to residential growth, but what happens is, residential growth doesn't pay for itself. My issue with the town government is the way they have gone about it. I don't think it's been proactive, I think it's been reactive," he said.

He advocates assembling a task force of local business leaders to devise strategies for attracting new businesses to town and expand the tax base. Plummer takes a slightly different tack from that of his fellow Democrat, town board member Susan Burns, who advocates formation of a town Economic Development office.

"I'm not in favor of creating a new agency, but I do think we need a new point person for economic development that represents the town," he said. He also feels the need for "more balance" on the town board, where Burns is the lone Democrat at present.

Plummer's association with the town's Democratic party goes back to his college days at Siena, and his links to town business to the family-owned Price Greenleaf firm.

He is the former president of the governmental relations firm of Hennessy, Plummer & Griffin until its merger with his current employer, Featherstonhaugh, Conway, Wiley & Clyne. Town Democratic Chairman Matthew Clyne is a member of the same firm. Along the way he has served as a lobbyist for such clients as General Electric, Unisys and United Parcel Service.

"I know government. I know how government works. I know legislatures. I think I can help the town a lot in that regard," he said.

Though Plummer has not previously entered the electoral fray, he sees now as the time: "I'm 43 years old and at a point in my life where I'd like to give something back," he said. "The town board is the place where I thought I could contribute the best."

Developer hopes to break ground for new Glenmont senior housing

By Joseph A. Phillips

With its financing now firmly in line, the Albany-based nonprofit American Housing Federation (AHF) is hoping to break ground within a month on a moderate-income senior housing project, proposed for a site in Glenmont.

The final pieces are now falling into place for the launch of the \$8 million Van Allen Senior Housing complex, being developed by AHF on an 18-acre site on Route 9W near Hague Boulevard and Meyers Corners.

The project won final approval from the Bethlehem planning board in December and cleared state environmental quality review (SEQR) hurdles this spring.

Last month, AHF secured a \$2.5 million loan through the New York State Housing Trust Fund. It also won the backing of the town board and Bethlehem Industrial Development Agency (IDA), which authorized up to \$6 million in bonding to finance the project.

"Today not only marks an important step for the Van Allen housing project, but it marks an important step for the IDA," said IDA chairman Michael Tucker of his agency's efforts to secure funding for the project.

"It will confirm (for develop-

ers) that the town of Bethlehem is open for business," he added.

Garry Kearns, executive director of AHF, projected a groundbreaking by the end of July on the 110-apartment complex, and anticipates a 12-month construction period. Kent Construction of Warwick, R.I., will be construction manager of the project.

Prospective tenants for the complex are seniors on modest fixed incomes.

The first phase of the project will include 15 one-bedroom apartments and five, two-bedroom units, to be priced at \$380 to \$440 a month. The target renter for the first phase: those making 50 percent of the median income for the area, Kearns said.

The second phase apartments, 59 single- and 21 double-bedroom units, will be more expensive, in the \$625 to \$695 range, and the final 10 units will be two-bedroom units at \$785 a month.

"It's always important to be in a community that supports what your goals and objectives are, and Bethlehem has been very supportive," he said.

"It's been very important to the Housing Trust Fund to know that this does have community support."

Farm friend



Olivia Fay of Clifton Park enjoys a visit to Indian Ladder's petting zoo.

Constance Lupe

Planners slate hearing on new medical facility

By Joseph A. Phillips

Bethlehem's planning board has set a public hearing for July 20 on a proposal by developer First Columbia to construct a two-story medical office building on New Scotland Road in Slingerlands.

The proposed 16.9-acre site last month won approval of the town board to rezone from planned residential to planned commercial.

At the same time the town board also referred the matter to the planning board for further review.

Taking up the proposal at its July 6 meeting, the planning board sought several modifications to the plan, including reducing the height of the 30-foot pole lights for the facility's parking lot.

"The board has tried generally on commercial projects to keep the lights lower, to minimize off-site impacts," said assistant town planner Janine Saatman.

The board also sought refinements to the developers' plans for parking at the site.

Saatman reported last week

that First Columbia has already responded to the board's request on these issues, in anticipation of the forthcoming hearing.

"Some changes have already been made as a result of discussions at the meeting," she said. "They're already looking at the parking issues and responding."

Next Tuesday's hearing, open to the public, is set for 7:30 p.m. at town hall at 445 Delaware Ave. in Delmar.

Following the hearing, the planning board will review the proposal in the coming weeks and make a recommendation to the town board on final approval of the project.

First Columbia is seeking such approvals before the end of the summer building season, hoping to have the facility available for tenants by next spring.

The building's first floor would be for physicians affiliated with St. Peter's Hospital's Ambulatory Care Network, and the second for other medical providers.

Centennial concert scheduled for Voorheesville village park

Singer-songwriter Tom Fisch will perform a free concert as part of the ongoing Voorheesville centennial celebration. The concert will be on Saturday, July 17, at 7 p.m. in the village park behind town hall.

Fisch, a former Voorheesville resident and graduate of Voorheesville High School will perform "A Hundred Years Ago," a song written and produced in honor of the centennial.

Fisch and fellow Nashville songwriter Billy Montana wrote the music and lyrics for the song, which will be available in special limited-edition cassettes at the concert.

All are invited to attend the concert and picnic in the park. Bring a lawn chair or blanket.

Centennial memorabilia, including T-shirts, sweatshirts and cups will be available at the event and refreshments will be available from 6 to 9 p.m. provided by

SuperValu's deli. A centennial drawing will also be held for the following items:

- Quilted pillow, donated by the Voorheesville Quilters
- A limited edition Rabbit print, donated by Beverly Carhart
- A plant donated by Helderview Garden Club
- A centennial basket of memorabilia, including a T-shirt, yo-yo, paddle, coffee cup and centennial stuffed bear
- A centennial flag
- A centennial sweatshirt
- \$20 worth of car washes at Advanced Auto of Voorheesville
- A free oil change at Advanced Auto
- A free pizza and pitcher of soda at Smith's Tavern.

The rain date is Sunday at 3 p.m. For information, call village hall at 765-2692.

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Hackneyed advice to friend rings true in the end

By Katherine McCarthy

It was, of course, completely the wrong thing to say. Cammy — a dear pal since college days — sounded disheartened and a little desperate as she recounted the specific application of "having it all" to her daily life.

The routine of packing up juice, crackers, diapers for yet another trip to the playground with her 20-month-old daughter, a husband who works long hours and travels frequently, and the frustrating attempts to work from home while Anna tried her hardest to push all the buttons during her phone call to a client, were taking their toll.

I didn't mean to say it, really, it must just be some sort of automatic mother thing. It was like an out-of-body experience that I was horrified to witness when I heard myself say, "Someday you'll call these the best days of your life."

Cammy's silence was broken

COMMENTARY:

*Mom's
the
Word*



by a sigh of resignation. "How did I know you would say that?" she asked.

Do mothers mean to comfort when they impart that clichéd advice to mothers of children younger than theirs? Every time my toddlers pitched fits in the supermarket, a well-meaning woman, just slightly older than I, would smile and confide, "And these are the best years!"

Those comments only heightened my discomfort, making it even harder to convince myself that my currently less-than-perfect progeny were indulging in behavior typical of children just

told they can only have one box of animal crackers.

I also found it sobering every time it happened. All those years of education, work, and travel; and ear-splitting shrieks in Price Chopper's aisle seven were going to be the highlights of my life?

I know, of course, that they didn't mean that specific moment, but on some days it seemed like the temper tantrums in the cookie aisle were as good as it got.

Then I wondered about all the things parents don't tell non-parents — secrets we keep to make sure the propagation of the species continues. Parenting is such an emotional experience — and too often, all those emotions hit at the same time.

It's exhilarating, watching this little part of yourself turn into a person; it's tedious, changing that diaper one more time or picking

up the sippy cup that got hurled with glee for the fifth time from the high chair tray; it's alarming to think that the smart/business-like/flirty/articulate side of you may diminish forever into a Barney-watching, patty-cake playing imbecile.

It's frustrating, to only want to put your baby into the stroller, and suddenly be holding an arched-backed, shrieking incarnation of the child who so sweetly played blocks just five minutes ago. It's daunting, that the responsibility for this child is squarely yours.

"This is such a nice baby. You'd think his parents would come get him," Chris said in the days when we took our first stumbling steps into parenthood.

It's intimidating too. There's so much information and so many decisions to make, some small, some huge. Cloth or disposable diapers? Jars of baby food or homemade? Breast or bottle? When to start solids? Work full time, part time, not at all? At home babysitter or day care? McClaren, Aprica, Graco stroller?

And just reading the instructions for a Snuggly or a Baby Bjorn make you wonder if you're trying to take your baby for a walk or pass an engineer's final exam.

All of this leads to the primary feeling of parents of young children: exhaustion. Which is what I should have said to Cammy, "I know, it's exhausting."

But there's this process of forgetting that happens to mothers: first, you forget the pain of childbirth, then you forget that the DTP shots make babies sleepy, and

then you forget how constant and all-encompassing the care of a tiny person is.

The brief years since my own children were so little have erased my memory of that fatigue, and left me sighing over memories and pictures of my babies, and finding other toddlers' personality quirks endearing.

When I think about or look at pictures of my children as babies and toddlers, I feel a combination of emotions — like in those days, all at once. There's a physical ache that those days are gone, a moment of "Ahhh" at how very adorable they were, and a great pang of regret.

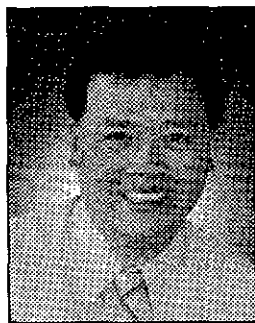
I feel regret that my children were so beautiful and perfect, and that there were a lot of humorous moments, and mostly I felt nervous, tired, and so obsessed with the details of caring for them that I didn't always enjoy them as much as I should have.

Perhaps it's that regret that I was trying to communicate to Cammy. These years with a toddler are intense, exhausting and all-encompassing. But they are so fleeting, and suddenly your child is tall enough to reach your chin, and is recounting everything he learned about Greece in a social studies project.

I wondered if it wasn't myself I was trying to remind, yet again, about savoring the moment.

The coming years will surely go as quickly as the ones since my children were born, and they will be out on their own. Then, I will truly feel these are the best years of my life.

The doctor will see you now.



Kaiser Permanente's Delmar Medical Office is proud to announce that **Richard Yan, MD**, a board-certified pediatrician, has returned to that location.

Dr. Yan has been a popular physician caring for families enrolled in Kaiser Permanente (formerly known as Community Health Plan) since 1984. Originally a provider at the Delmar Medical Office, he was with Kaiser Permanente's Warren Paley Medical Office for the past few years prior to his return to Delmar.

Dr. Yan joins David Krischer, MD, Adele Strominger, MD, Robert Quimby, MD, and Jackie Bredwood, RPA in their practice. They look forward to caring for new and existing patients.

The Delmar Medical Office accepts Kaiser Permanente and very soon will accept many other forms of insurance.

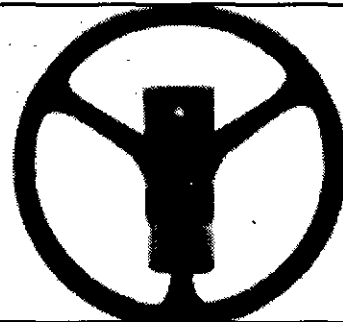
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News flash to zero-turning-radius mowers: some designs can't be improved. Case-in-point — the compact F725. Its steering wheel is simply the best way to point a mower where it needs to go. Awkward zero-turn handles simply don't come close. The F725 has plenty of other advantages too — like a differential lock and hydraulic weight transfer for increased traction. So consider the F725 — now only \$8,495.* Drive one, and you'll see why all the rest are spin-offs.

With a 10-inch turning radius and small size, the F725 matches zero-turn mowers in trimming and trailering. Yet, with the precision of a steering wheel, it's far more productive.



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UAlbany scholar wins Guggenheim

By Katherine McCarthy

Travel, except for religious pilgrimages or commerce, was rare in 1370, which makes the English writer Geoffrey Chaucer's journey to Italy in that year a remarkable event.

His travels, and interpretations of major Italian poets of his day, intrigued University at Albany English professor and Delmar resident Warren Ginsberg. He applied for and has received a John Simon Guggenheim Fellowship, which will allow him to spend the coming year writing a book to be titled "Chaucer's Italian Tradition."

"I'm interested in the relationship that Chaucer had with Italy and the literature he acquired there," said Ginsberg. "Chaucer was the only English person who knew the great Italian poets, like Petrarch and Boccaccio. King Richard had sent Chaucer on two missions to Italy in 1370. He went to Genoa, Florence and Milan. We know from his works that he acquired manuscripts while he was there, and people have been working on this for a long time."

In his proposed book, Ginsberg will write about Chaucer's interpretation of being in a foreign country.

"I'm trying to understand the strangeness Chaucer felt in a society with different municipal, economic and social principles," Ginsberg said. "I also want to assess the influence of the Italian poets' work on Chaucer's work, and how their strangeness affected his own work. His work is different after his trip to Italy."

At that time, English writers were more influenced by the French than by the Italians.

Chaucer worked for more than 10 years as a customs director in the port of London. "There was a colony of Italian merchants in London," Ginsberg said. "There's some debate about it, but Chaucer probably would have learned some Italian. The question is, why Chaucer was chosen to make the ambassadorship to Italy, and the logical supposition is that he knew Italian."

The Italian poet Boccaccio, Ginsberg explained, had particular influence on Chaucer. "Chaucer never took these works as translations," Ginsberg said, "but as engagements. Boccaccio's influence can be seen in 'The Knight's Tale' and 'The Troilus,' two of the *Canterbury Tales*."

As a professor of medieval literature, Ginsberg has taught classes on Chaucer, Petrarch, Boccaccio and Dante, and on the Roman poet Ovid. Although academic trends today may view these writers as "dead white men," Ginsberg said their works remain relevant to contemporary society.

"All great authors present a probing of issues that goes beyond the probing of the day," Ginsberg said. "Chaucer and Boccaccio, for instance, are raucous, funny and sly. They deal with fundamental issues like ethics, love, truth and belief."

"Chaucer has a series of *Canterbury tales* that deal with marriage and the issue of equality," Ginsberg said. "They present that lack of equality from different perspectives and present different solutions. The wife of Bath, for instance, says that women should



Warren Ginsberg

have mastery, a clerk says men should, and a third character says that people should be equal partners. Chaucer was of his age and thought that men had to be the head of the household, but he presents heated, multi-vocal opinions, and lets the reader make up his or her own mind."

The Guggenheim, which is awarded to 179 of 2,800 applicants, will allow Ginsberg to take the coming year off from teaching. He will spend part of the time in Italy. Ginsberg is modest about his foreign language abilities.

"To teach medieval literature, you need to read French, German, Italian and Latin," he said.

Ginsberg said that not enough emphasis is put on learning languages, literature and history.

"I'm worried about the attitudes of students about the relevance of languages, literature and world history," he said. "You can't know today if you don't know where today came from. You blinker

yourself if you only live in the present, and if you think the U.S. is the only country in the world. It's a form of provinciality that's not helpful."

To that end, Ginsberg and his wife, Judith Baskin, chairwoman of Judaic Studies at the University at Albany, have traveled with their children. Sam Ginsberg will be a senior at Brown University this fall, and Sheila Ginsberg will start at Emma Willard. The Ginsbergs have traveled to France, England, Czechoslovakia and Israel.

"We've tried to travel in countries where we both read the language," Ginsberg said. "It's important to do for the exposure, and to see how other people live."

The book Ginsberg will work on in Italy will be his third. The University of Michigan published Ginsberg's second book, *Dante's Aesthetics of Being*, earlier this year, and Ginsberg is also the author of *The Cast of Character*, about the representation of personality in ancient and medieval literature. He has also written many articles about Chaucer, Boccaccio,

Petrarch, Dante and Ovid, and spoken at many academic conferences.

Ginsberg is originally from Bayside, Queens. He has a bachelor's from SUNY Stony Brook and a doctorate from Yale, where he wrote his dissertation, "The Grande Traduttore," on Chaucer. Ginsberg taught English at Yale for 10 years. He has been on the faculty at the University at Albany for 15 years, serving as chairman of the English department from 1990 to '95.

Former U.S. Sen. Simon Guggenheim and his wife established the John Simon Guggenheim Memorial Foundation in 1952 to honor their late son.

Ginsberg's work seems tailor-made for the specifications of the fellowship, to promote the advancement and diffusion of knowledge and understanding and the appreciation of beauty, by adding to the educational, literary, artistic and scientific power of this country, and also provide for the cause of better international understanding.

Zoning hearings set July 21

Bethlehem zoning board of appeals has scheduled three public hearings on zoning variance applications for its next meeting on Wednesday, July 21, at town hall, 445 Delaware Ave., Delmar.

Beginning at 7:30 p.m. will be a hearing on an application by Leslie and Ruth Whitehead of 43 Trumpeter Place, Slingerlands.

It will be followed at 7:45 p.m. by another hearing on an applica-

tion by John and Jane McCann, 162 Murray Ave., Delmar, which will resume a hearing adjourned last month.

Finally, an application by Dominick and Celia Tocci of 14 Rita Court, Delmar, will be heard at 8 p.m. All three applications concern building projects at the applicants' residences.

For information, call 439-4955.

Church to serve Tuesday lunches

South Bethlehem United Methodist Church will serve a series of Tuesday lunches through August at the church hall on Willowbrook Avenue.

For information, call Dorothy Percival at 767-2764.

The church thrift shop is also open Tuesdays from 10 a.m. to 2 p.m.

Five Rivers plans insect program

Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar will offer an outdoor walk in search of insects and their homes on Tuesday, July 20, at 7 p.m.

The program is geared toward family audiences. Center naturalists will lead the walk, which will involve collecting, examining and releasing some of the common field and forest species found on the grounds.

Participants should dress for the outdoors. For information, call 475-0291.

Book group to meet at library

Bethlehem Public Library's Book Discussion Group will take up a short story collection by Donald Hall, *The Ideal Bakery*, on Tuesday, July 20.

The group meets the third Tuesday of each month at 7:30 p.m. in the library's adult lounge.

Copies of the current title are available at the reference desk, and new members are welcome at any time.

For information, call the library at 439-9314.



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Matters of Opinion

Volunteers are vital

From the many letters of thanks we receive from residents praising the work of fire and rescue personnel in Bethlehem, New Scotland and Voorheesville, we know how vital these volunteers are to the community.

The volunteers undergo many hours of training and perform life-saving services in a most professional manner. But recruiting volunteers to maintain these high standards isn't easy, and many companies are concerned about dwindling memberships.

In today's hectic society that's understandable, however. Many younger people are strapped for time because of career and family responsibilities, and are hesitant to make a commitment that requires both training and availability. On the plus side, there are the rewards that come with providing an important service to the community and the friendships that develop over the years.

In some communities, volunteer fire and rescue departments have been replaced by paid personnel because of the shortage of volunteers.

Rather than take this route, we hope the volunteer companies are able to offer incentives such as a long-term retirement package to prospective new members.

The tradition of volunteer fire and rescue companies is deeply rooted in suburban communities like ours and are worth preserving. The alternative, too, would prove costly for taxpayers.

A-1 entertainment

You don't have to go far to find top-notch entertainment for the whole family.

Tonight at Bethlehem Public Library, local favorite Skip Parsons will perform as part of the Evenings on the Green summer series.

And in Voorheesville, family entertainer Tom Sieling will also present a concert tonight, which includes a sing-along for the audience.

Every Friday and Saturday evening throughout the summer, there is live entertainment at Tom's Taste Treat in New Scotland.

And throughout the region, there are numerous art and folk festivals to enjoy.

We are indeed blessed to live in a region so replete with talent. Having SPAC practically in our back yard, with the New York City Ballet and the Philadelphia Symphony Orchestra, is another huge drawing card for the region.

SPAC also offers numerous popular music concerts throughout the season.

Don't let the summer go by without sampling some of these treasures. It's hard to believe they're all in our own back yard!

Get the facts on mental health services

By Jane Colquhoun and Susan Steinhart

The writers are clinical social workers practicing in the Capital District who are open to working with individuals and families on a fee-for-service basis.

What you should know when seeking counseling

The purpose of this article is to inform you about credentials of mental health professionals and costs of mental health services, to alert you to potential problems in using insurance benefits for mental health services and to suggest advantages of paying directly out of pocket for these services.

Credentials

Should you or a member of your family require professional help for marital, family or personal problems, you can obtain the names of qualified mental health professionals from your family physician, religious adviser or the customer relations department of your health insurer.

Qualified mental health providers include clinical social workers, psychologists, psychiatrists and others who are licensed or certified by the state Department of Education.

The majority of mental health services in this country are provided by clinical social workers. A clinical social worker in private practice has a master's degree from an accredited graduate school and a minimum of two years of additional, supervised experience.

Many clinical social workers in private practice have taken advanced training in various areas of specialization and may have additional certifications by the National Association of Social Workers (NASW). Some of these certifications include the Academy of Certified Social Workers (ACSW) and the Diplomate in Clinical Social Work (DCSW).

Costs

Health insurance companies often cover a portion of the cost of mental health treatment that meets the criteria for "medical necessity." Because health insurance policies vary, the wise consumers will become conversant with terms such as "yearly de-



Jane Colquhoun and Susan Steinhart

ductible," "variable copayments," and the "total number of visits per year allowed" by a policy. They should also be aware of the policy co-payment requirement which the person pays out of pocket and which is not covered by insurance benefits.

Some clinicians utilize a sliding scale for those who choose not to use their health insurance mental health benefits and elect to pay out of pocket. The sliding scale is negotiated based on what the person can reasonably pay without using his or her insurance benefits. Consumers should thoroughly discuss fee arrangements with the clinical provider of choice prior to making a decision about how to budget the cost of mental health treatment.

The remainder of this article deals with why someone might want to pay out of pocket rather than use mental health benefits provided through insurance policies.

Background

For the past 20 years, people have enjoyed partial coverage for mental health services through their health insurance policies. The system has worked reasonably well. But that is rapidly changing with the enormous growth of the managed care movement. Three problem areas may surface when using mental health benefits: loss of confidentiality, loss of treatment control and losses arising from having a psychiatric diagnosis.

Confidentiality

In the past, therapists only needed to provide insurance companies with a client identification, diagnostic code and dates of service. Now most insurers want a thorough description of patient problems and symptoms, a family/life history, employment records and more. This detailed information becomes available for review by employees of the insurance company, a separate managed care company, as well as by the patient's primary care physician and his or her office staff.

Large insurance companies send data about the insured members to clearing houses where health histories are stored and shared. At a time when managed care companies are engaging in mergers and acquisitions, it is difficult — if not impossible — to know everyone who may have access to this detailed personal information. Unfortunately, there

have been increasing numbers of reports of breaches or privacy throughout this communication chain.

Control

Insurance companies use the information a therapist provides to decide if treatment is "medically necessary." Moreover, if they decided for treatment, they determine the level of needed care, how many visits will be reimbursed, the frequency of those visits, and the time frame within which the treatment must be completed.

Insurance company reviewers must follow set formulas in making these decisions. These formulas are based on averages for similar case treatments and also on the need for making business profits.

These decisions were once determined by the mental health clinician and were based on careful, case-by-case analysis after thorough interviews and in-depth individual considerations. Now insurance companies control all of this remotely from central management.

Even more disturbing, managed care has begun to decline coverage for some types of services. A good example is marriage counseling. While this is a frequently sought-after service, it is often not covered by mental health policies. The effectiveness of counseling in this area is well documented.

Psychotherapy for chronic, disabling conditions is another valuable service that is not covered by most managed care organizations. So, one must ask, is it because of business economics — the need for insurance companies to make large profits — that these areas of coverage have been dropped?

Insurance companies usually agree to cover treatment only to the extent that it focuses on symptoms. Managed care companies focus on providing services for short-term, acute crises; they promote brief treatment and often mandate medication as part of the treatment if medical coverage continues. They object to covering treatment directed at the underlying causes of symptoms or problems.

However, if people do not come to terms with the underlying causes of these symptoms, new crises are likely to arise, making short-term treatments worthless.

□ SERVICES/page 20

The Spotlight

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Your Opinion Matters

Class pres offers a bit of advice to freshmen

Editor, The Spotlight:

You learn a lot in high school. Of course, there is the usual academic work associated with school. More important though, high school is one of the first times students begin to learn about the realities of life. Most of what you learn will be from trial and error. That's how my class learned much of what we know. We thought up some tips that might be helpful for freshmen who will spend their next four years at Bethlehem Central High School.

First, enjoy your time in the high school while still being responsible. There is so much fun ahead in the next four years. You'll soon be able to drive places to do things. This will open the door to any and every type of entertainment you can imagine. Just keep in mind that you are in school for a reason.

Second, you can have a much more rewarding high school experience by getting involved in school and sports clubs. You will soon see how powerful school spirit and atmosphere can be. Anyone can make a positive impact on the school if they are willing to make an effort.

Finally, perhaps the most important social lesson you can learn about high school is how truly admirable it is just to be yourself and not to judge others without first knowing them. It may not seem so at first, but in the end, the students who become the most popular are the ones who are most

comfortable with who they are. These students are also the most willing to accept others for who they are.

You will be getting plenty of lessons both in and out of the classroom over the next four years, many of which can only be learned through experience. As to those lessons and your entire high school career, the class of 1999 wishes you the best of luck.

Adam Fryer
Class of 1999

Vanguard is grateful for publicity

Editor, The Spotlight:

Once again, the Vanguard Showcase, which this year was located on Bullock Road in Slingerlands, was a financial and social success.

This activity is the main source of revenue for Vanguard and enables us to provide financial support to the Albany Symphony Orchestra.

We sincerely appreciate the publicity in *The Spotlight*.

Without the support of community-minded publications, it would be impossible to meet our goal.

Betty Gross
Vanguard Showcase
chairwoman

Correction

Emile Therrien was misquoted in his letter in last week's edition. Mr. Therrien said that he was "sure the DOT and other responsible people involved (in Selkirk Bypass options) will make the right, impartial and sensible decision on which alternative route to take."

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, *The Spotlight*, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

Whitings say thank you for community support

Editor, The Spotlight:

We would like to express our sincere appreciation to everyone who participated in the third annual Sarah Whiting Memorial Run-a-thon on June 12 at the high school track.

To the class of 2000, especially Maura Boyle, class president, a very special thank you for organizing another successful event. Thank you area businesses, for your generous donations of food and supplies.

Runners, walkers and supporters, thank you once again for your time, support and friendship.

More than \$1,400 was collected through pledges and donations, all to benefit Bethlehem Citizens for Pedestrian Safety, a grass-roots

organization formed to raise awareness and promote pedestrian safety in the town.

We would also like to recognize and thank two special people for their thoughtfulness and generosity.

Rob Shaye and Moira Pulitzer-Kennedy rode to the junior prom in their automobiles, instead of in a rented limousine, both choosing instead to donate the cost of the limousine rental, in Sarah's memory to Bethlehem Citizens for Pedestrian Safety.

We are deeply touched.

Shari, Don, Corey and
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For the past few years, under the auspices of the Bethlehem Hockey Boosters, we have fielded travel hockey teams at the Pee Wee and Bantam levels. This year we hope to add additional teams and are looking for players for the following teams. If sufficient interest exists, we anticipate further program expansion in coming years. However, whether we will be able to field these teams this season depends on: (1) the availability of adequate ice time; and (2) the degree of player/parental interest in participation.

- 1 Midget Travel Team - age 16 and under by June 30
- 1 Bantam Travel Team - age 14 and under by June 30
- 1 Pee wee Travel Team - age 12 and under by June 30
- 2 House Squirt Teams - age 10 and under by June 30
- 2 House Mite Teams - age 8 and under by June 30

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If you are interested in having your child play for Bethlehem Youth Hockey, or if you are interested in coaching, please fill out and return this form by Saturday, July 24. We are operating on an extremely short timetable so we can inform all interested families of our final plans in a timely manner that will not foreclose your child's options to participate in an area youth hockey program this winter.



Name Of Child _____
Parent's Name _____
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Date of Birth _____
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City _____
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Glenmont, NY 12077

or Email to Tykat@worldnet.att.net

Further Information: 439-3358

Cone prone



Rachael Melita and her brother Beau Melita take a break on their way to Toll Gate for ice cream cones. *Constance Lupe*

Photography workshops set

Professional photographers Tom Lindsay and Frank Knight are conducting workshops at Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar.

Workshops for beginning nature enthusiasts will focus on point and shoot photography July 17,

and on scenic photography on July 20.

There is a \$5 materials fee for each workshop. Five Rivers Limited members will receive a discount. Participants should bring their own camera, gear and film.

For information or to preregister, call Five Rivers at 475-0291.

Summer schedule is sizzling

Evenings on the Green

The library's summer concert series continues tonight, July 14, with Skip Parsons & Friends. Parsons has played on the national jazz circuit for more than 40 years, with his own band and with notables such as Cutty Cutshall, Jimmy McPartland, Doc



Cheatham and Joe Muranyi.

An Albany native, Parsons recently retired from proprietorship of Skippy's Music in Delmar, but continues a busy performance schedule throughout the Northeast.

The performance begins at 7:30 p.m. and admission is free. Bring a blanket or lawn chair. The concert will be held indoors in case of rain.

Youth services lineup

- Today, July 14, Book Buddies from 1 to 4 p.m. for kids in kindergarten and grade one.

- Thursday, July 15, ventriloquist Sylvia Markson at 7 p.m. for school age kids and families.

- Friday, July 16, Children's Writing Workshop from 9:30 to 11:30 a.m. for kids in grade three and up.

- Book Buddies from 1 to 4 p.m.

- Monday, July 19, Book Buddies from 1 to 4 p.m.

- Thread your way through summer at 1:30 p.m.

- Books Before Bed at 7 p.m. for ages 3 to 6.

- Tuesday, July 20, Thread your way through summer at 1:30 p.m.

- Craft Club at 3 p.m. for school-age kids.



Skip Parsons

- Wednesday, July 21, Book Buddies from 1 to 4 p.m.

- Thread your way through summer at 1:30 p.m.

- Call youth services at 439-9314 for information.

Summer reading

Vanishing Act by Thomas Perry. Native American wilderness guide Jane Whitefield leads her clients through hostile territory to sanctuary and new identities. When a man with a contract on his life shows up at her door, she is drawn into a dark and complex series of events that test her courage and skills. Set in the Adirondack wilderness, this fast-

paced suspense novel is packed with Indian lore and scenes of escape, chase and survival.

The Eye of Anna by Anne Wingate. Hurricane Anna is headed for a small town on the Texas Gulf Coast, and while most people are intent on boarding up their windows, one is intent on murder. Second in a series of mysteries featuring Police Chief Mark Shigata.

(Thanks to Nancy Pieri for these reviews.)

Louise Grieco

*In Feura Bush
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-New England Journal of Medicine

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Treat for tots



Carol Ann Hedderman, 4, and Andrew Hicks, 8 months, enjoy the performance at Tom's Taste Treat.

Constance Lupe

Film romp kicks off cool series

Classic Cinema and Cool Crafts fun begins on Thursday, July 15, at 2 p.m. with a showing of "Hold That Ghost," an old-fashioned black and white — and hilarious — romp with funny men Bud Abbott and Lou Costello.

Come for popcorn and laughs and a cool break on a hot day. The film runs for 86 minutes.

On Thursday, July 22, at 2 p.m.,

Voorheesville Public Library

there will be a craft program. Grades four through six will participate in a historic and hysterical fashion show on Monday, July 19, at 2 p.m. Monday at 7 p.m.

Middle schoolers are invited to sign up for some Reel Fun, learning how to draw on film and add music to create music to an animated video.

Tuesday, July 20, is the Jokester Jamboree for kids in kindergarten and first grade — put your shoes on the wrong feet and bring some jokes and riddles to share.

Second and third-graders will be exploring the plants and animals of our local wetlands with Agnes Rapoli of Eco-Line on Wednesday, July 21. All afternoon groups meet at 2 p.m.

It's not too late to join the club — enrollment is open all summer.

July 21 at 7 p.m. marks the beginning of a new concept in evening story times. This summer Joyce Laiosa will be targeting her stories toward 4 to 8-year olds, making literary connections to science.

The whole family is welcome to participate in some fun and easy experiments to introduce the process of scientific discovery.

For information on library programs or services, e-mail us at voorefq@uhs.lib.ny.us or visit our Web site at <http://>



Tom Seiling performs at 7 p.m. tonight in the Together at Twilight series.

family.knick.net/voorpl

It's a great display.

Baseball is the theme for the July display case with some of Kevin McCann's very old baseball memorabilia, including uniforms, gloves, balls and photos.

Rita Buttiker's paintings are on exhibit in the hall gallery this month.

Barbara Vink

Volunteers form Safe Haven

A group of volunteers in Altamont, Berne, Guiderland, Knox, Rensselaerville and New Scotland have joined forces to form the Helderberg Interfaith Safe Haven, to provide emergency temporary shelter for those suffering from family violence in rural Albany County.

BCHS grad selected as research scholar

Christopher Palmieri, the son of Barbara and Robert Palmieri of Delmar and a recent graduate of Bethlehem Central High School, has been selected as a Cornell Presidential Research Scholar.

Palmieri is one of 85 such scholars named in the incoming class of 3,100.

Delmar woman named to Who's Who

BCHS graduate Megan Gorman of Delmar is one of 37 students at Keene State College in New Hampshire named to the 1999 edition of "Who's Who Among Students in American Universities and Colleges."

Gorman, a recent graduate of Keene State, completed a bachelor's in music education and played trumpet with the KSC Concert Band.

She has been inducted into Kappa Delta Pi, the education honor society, and spent her junior year as an assistant in the school's music department.

Gorman was also vice president of the campus chapter of the Music Educators National Conference.

She is the daughter of Sheila and Richard Gorman.

The shelter, located in the area, will provide special attention particularly for children, the most frequent victims of family violence.

The Safe Haven group seeks additional volunteers as well as financial donations to pay for food, clothing, transportation and other necessities.

Donations can be sent to Helderberg Interfaith Community Safe Haven at PO Box 130, Westerlo 12193, and are tax-deductible.

For information, call 797-3927.

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Park concert continues centennial festivities

Singer-songwriter Tom Fisch will perform on Saturday, July 17, at 7 p.m. in the village park.

Fisch, a former Voorheesville resident and graduate of the high

NEWS NOTES

Voorheesville

Jane Norris
439-8532



school, will perform "A Hundred Years Ago," a song written and produced in honor of the centennial.

Fisch and fellow Nashville songwriter Billy Montana wrote the music and the lyrics for the centennial song.

Centennial memorabilia will be sold during the concert and refreshments provided by SuperValu will be available from 6 to 9 p.m.

A centennial raffle will be held during the concert. Items to be awarded include: a quilted pillow donated by Voorheesville Quilters; a limited edition Rabbit print, donated by Beverly Carhart of Lofty Eagle Gallery; a plant donated by Helderview Garden Club; a centennial basket of memorabilia; a centennial flag; a centennial sweatshirt; \$20 worth of car



Tom Fisch will perform at the village park on Saturday.

washes from Advanced Auto of Voorheesville; a free oil change at Advanced Auto; and a free pizza and pitcher of soda at Smith's Tavern.

The concert is free and open to the public. The rain date will be Sunday, July 18, at 3 p.m. For information, call village hall at 765-2692.

Town board to meet

The New Scotland town board will meet tonight, July 14, at 7 p.m. at the town hall on Route 85 in Slingerlands.

Library to host summer concert

Singer-songwriter Tom Sieling will perform today, July 14, at 7

p.m. at the public library on School Road.

Sieling, performing for both children and adults, accompanies himself on the guitar, banjo, harmonica and percussion instruments.

The concert is free and open to the public.

Men's Garden Club sets flower show

Albany Men's Garden Club will host its annual Flower and Garden Show on July 31 at William Rice Jr. Cooperative Extension Center on 24 Martin Road in Voorheesville.

Registration and setup is from 8 to 10:30 a.m., with the show and demonstrations from 11 a.m. to 3 p.m.

The show is free and open to the public. For information on exhibiting, contact Joe Huth at 439-5487.

Bookchat group to meet at library

The monthly Bookchat discussion group will meet on Monday, Aug. 4, at 7 p.m. to discuss *The Sign of the Beaver* by Elizabeth George Speare.

Bookchat is for children in grade five and up accompanied by an adult. The group meets at Bethlehem Public Library, 451 Delaware Ave., Delmar, and refreshments are served.

Copies of the book and accompanying questions to guide discussion are available at the young adult services desk. For information, call the library at 439-9314.

Church group plans Vermont trip

Rev's Tours, sponsored by South Bethlehem United Methodist Church on Willowbrook Avenue, is planning a trip on Aug. 12 for a train ride and murder mystery in the Green Mountains.

The group will travel by coach to Bellows Falls, Vt., where participants will board the Green Mountain Flyer train for a round-trip excursion to Chester, Vt.

A murder mystery, "Murder on the Dis-Oriented Express," will conclude over a maple-glazed ham dinner at the Putney Inn.

For information and reservations, call 767-2281; 495-0036 or 767-9611.

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Marissa Ann Aasan, age 7, enjoys a cone at Peanut Principle



Amanda Evans of Latham receives an ice cream cone from Shannon Vincent of Watervliet at the Peanut Principle.



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Sports

Delmar Dolphins swim at Colgate Wild winners

Twenty-four members of the Delmar Dolphin Swim Club attended the annual Colgate Classic Invitational Swim Meet on July 10 and 11. The Dolphins finished third.

Teresa Rosetti (100- and 200-meter butterfly), **Larry Gloeckler** (50 freestyle) and **Nick Lavada** (50 butterfly and 100 freestyle) all scored first-place finishes for the team.

In the 8-and-under category, Lavada came in first in the 50 butterfly and the 100 freestyle. **Eleanor Grady** took fifth in the 50 breaststroke and the 100 freestyle, and sixth in the 50 butterfly. **Mariah Kennedy** placed seventh in the 50 butterfly and the 50 freestyle. **Molly Moriarity** took third in the 50 backstroke. **Haley Caldwell** placed sixth in the 50 backstroke and **Molly Howland** placed third in the 50 backstroke.

In the 10-and-under boys category, Larry Gloeckler won the 50 freestyle in 34.46 seconds. He also placed second in the 200 freestyle, the 100 breaststroke and the individual medley. And Gloeckler took third in the 50 butterfly, the 100 backstroke, the 100 freestyle and the 50 backstroke.

Sean Kennedy took fourth in the 50 backstroke and the 100 butterfly, fifth in the 200 freestyle and 50 butterfly, and eighth in the 100 freestyle. **Paul Cafiero** was fifth in the 100 breaststroke.

In the 10-and-under girls category, **Martha Grady** took second in the 200 individual medley and 100 backstroke, and fourth in the 50 butterfly and the 100 freestyle. **Kristen Gloeckler** took eighth in the 50 breaststroke. **Martha Grady**, **Gloeckler**, **Sydney Lane** and **Katie O'Donnell** took second in the 200 medley relay. **Kristen Gloeckler**, **Kennedy**, **Howland** and **Moriarity** took second in the 200 freestyle relay. Swimming personal best times and coming in the top 20 were: Lane, **Danielle Kaplan**, and **O'Donnell**.

In the 11- and 12-year-old girls category, **Lauren Grady** posted several personal best times and finished in the top 20 overall.

In the 13- to 14-year-old girls category, Rosetti took first in the 100 butterfly (1:11.42) and the 200 butterfly (2:35.19). Rosetti also finished fifth in the 200 freestyle and the 200 individual medley, and seventh in the 100 freestyle. **Sarah Richardson** took fourth in the 200 backstroke.

rah Richardson took fourth in the 200 backstroke.

In the 13- to 14-year-old boys division, **David Richardson** took seventh in the 200 backstroke.

Larissa Suparmanto also swam personal best times and finished in the top 20.

In the open mens division, **Christopher Shaffer** came in second in the 200 individual medley and the 50 freestyle.

Ellen Bandel took seventh in the 200 breaststroke and eighth in the 100 butterfly. **Katie Richardson** came in seventh in the 200 backstroke. The 400 medley relay team of Sarah Richardson, Katie Richardson, Rosetti and **Ellen Bandel** took third place. **Lauren Sullivan** swam personal best times and finished in the top 20.

Bethlehem hoop camp scheduled for summer

The Bethlehem Boys Basketball Camp will be held this summer at Bethlehem Central High School.

Session I and II, for boys entering grades three through eight, will be held the week of July 26-30.

A third session, for boys entering grades nine and 10, will be held the week of Aug. 2-6, from 9 to 11:30 a.m.

Chuck Abba, Bethlehem's boys varsity basketball coach, will direct all three sessions.

For information, call 439-8938.



The Bethlehem Cheetahs Under-8 mixed soccer team captured first place at the Bethlehem Tournament on June 12. The Cheetahs posted an 11-0-1 record during the outdoor season. Pictured are: front from left, Max Kornstein, Thomas Matthews, Danny Maddock, Katy Barone, Zach McMahon, Danny Krzowski, middle row, Molly Howland, Taylor Teal, Gil Strizich, Alex Cooper, Ryan Prinzo, Ari Rodriguez, James Naughton, Alex Sobelicki, back row, assistant coach Lance Howland, head coach Pat Mastrianni McMahon and assistant coach John Sobiecki.

Burtis holds court again

By Jeffrey Foley

Delmar's Linda Burtis appears to be back on track after a long layoff from tennis. Burtis, 52, captured the women's 45 singles title this past weekend at the Abe Ponemon Memorial Tournament at the Ridgefield Tennis Club in Albany. The tourney



Burtis

was sanctioned by the USTA.

A former director at the Delmar Tennis Academy and a long-time head pro at the Capital Region Tennis Club, Burtis was ranked No. 23 in the country in women's 40 singles in 1989. She was sidelined from tennis in August of 1993

though, in part because she needed a hip replacement.

But now, Burtis is healthy and looking toward the future again.

In the quarterfinals of the Ponemon tournament, Burtis defeated Troy's Nancy Kutner 6-1, 6-1. She then downed Judy Merritt of New Scotland 6-1, 6-2 in the semifinals, and beat Delmar's Marie Stone 6-4, 6-2 in the title match.

"This has got me thinking about a comeback," Burtis said.

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By JEFFREY FOLEY

This is the second part of a two-part story. In the first part, Jeffrey Foley and his 16-year-old brother-in-law and racing partner, Andrew Streett, survived the first leg of the Robert Rogers Challenge, a triathlon. Jeffrey has been haunted throughout the race by the lyrics from a popular Ricky Martin song, and there are still two legs to go. Jeffrey and Andrew still have to canoe four miles across Lake George and bike 22 miles, including a climb to the top of Tongue Mountain.

Lake George

First I put my life preserver on inside out. No big deal though, I just turned it around. Then I couldn't open the Gatorade my wife Tina had left in the canoe. Again, it was no big deal. I tossed it to Andrew and he pulled off the plastic childproof wrapper for me. I gulped down two-thirds of the drink without pulling the container away from my lips.

"Try to stay to the left of Dome Island," said a race official as we pushed the canoe into Lake George. "You don't want to go to the right. It'll be a whole lot of extra distance."

I got in the front of the canoe, ready to do the grunt work. Andrew stepped into the back, where he could steer. The race official's advice sounded solid, but there was one small problem.

"So where do you think Dome Island is?" Andrew said.

It was 8:30, and the fog was still too heavy to see more than 100 yards out, let alone catch a glimpse of an island two-and-a-half miles away. But I knew that somewhere across the lake, my wife and friends were waiting for us.

"Let's just head that way," I said, pointing out to the great wide open of Lake George. "I'm sure we'll hit it eventually."

I hadn't been in a canoe since I was a 7-year-old kid attending some silly-named YMCA camp — 21 years ago — but I didn't think paddling could be too hard. I figured you just had to put your shoulders into it and row.

And for at least 30 seconds, I was right. I dipped the paddle in and out of Lake George as fast as I could, trying to blow away the competition. Then the feeling of muscle being separated from bone kicked in.

"Switch," I yelled, clutching my shoulder.

The left side wasn't any better, though. My arms tightened up, and my legs began to cramp from sitting in the boat right after running down Buck Mountain. My right thigh was twitching.

"I need to take a break," I said. We'd been rowing for all of five minutes. "I have to eat my PowerBar."

Andrew kept paddling while I unwrapped the energy-packed snack Tina had stowed away in the canoe. There was also one for Andrew. I took a bite of mine and almost fell in the water. It was supposed to taste like chocolate, but it was just plain disgusting. I used the rest of my Gatorade to wash down that one bite.

Then it was back to paddling, but at a much more relaxed pace. After about a half-hour, we hit Dome Island. We were placed almost perfectly on the left coast and we could see several canoes heading to the right side, also known as the wrong side. I was torn between



Jeffrey Foley and Andrew Streett cruise past the finish line at the Robert Rogers Challenge on June 26. They completed the triathlon in four hours, 51 minutes.

Triathlete's feat

Living the crazy life: a test for the body and spirit

shouting to them and cheering at our good fortune.

She'll make you take your clothes off and go dancing in the rain. She'll make you live the crazy life, or she'll take away your pain like a bullet to your brain.

Ricky Martin was right. I felt like I had a new lease on life. The pain in my arms was gone. I was feeling strong and the canoe was cruising along. Andrew steered us right into the check-in point at Rogers Memorial Park. We had crossed Lake George in 50 minutes. It was now 9:20. I looked back out across the water as we crashed into the sandy beach — the fog was lifting and I could see a row of three canoes we had overtaken. I smiled.

"You guys are doing so good," Tina said after she kissed me. "And you're not even in last place."

Tongue Mountain

Other racers were running about, completing the transition and hopping onto their bikes. Pale faces and empty-looking eyes ruled the scene. It didn't seem like stage three of the Robert Rogers Challenge was going to be an easy task for anyone.

But I was pumped up from catching people on the canoeing leg. My competitive fire was turned on high, blazing away with an intensity I hadn't felt in years. All I wanted to do was hop on my bike and go catch some more of my fellow competitors. Being in the mix felt good. Real good.

She will wear you wear you out, she's living la vida loca.

We slipped our life preservers off in a hurry and put helmets on. I inhaled a bottle of Gatorade and chased it down with several shots of water. I wisely declined a PowerBar and instead traded in my sweat-drenched T-shirt for a dry one. Then we were off, pedaling down Route 9N.

But there were still 22 miles separating us from glory. Not to mention a small beast that goes by the name Tongue Mountain (with a summit elevation of 1,748 feet).

Thank God Steiner's Sports loaned me a bike. I thought as we rolled

through the first mile. Their \$1,400 machine has to help me out here. It sure beats the heck the heck out the \$110 bike I have at home. That useless piece of equipment could double as a dumbbell.

"We're gonna make up a lot of time," I said to Andrew after about three miles.

It was 9:30 and we'd been in a state of perpetual motion for two-and-a-half hours, but I felt good. There'd been a few medium-sized hills to bike up so far, but nothing serious. Nothing I couldn't handle.

"This is fun," I said, my legs pumping at a furious rate.

However, there's a reason Tongue Mountain is called a mountain. I stumbled across that reason at about the seven-mile mark. The hills were no longer medium-sized. Route 9N seemed to lift up off the earth and shoot straight into the heavens.

A car drove by, its engine whining with effort. The driver navigated the steep, winding incline at the base of the mountain and shot Andrew and I a look that said he felt sorry for us. That said he thought we were crazy.

I pedaled another 50 feet before practically falling off the bike. My thighs didn't want to push anymore. They were as empty as a dry gas tank. I figured the only way I'd get to the top of Tongue Mountain now was if somebody attached a motor to the back of my bike.

I stretched and drank water for a couple minutes while Andrew waited. He was still feeling good. Another rider passed by and told us to hang in there. I looked for a stick to plunge in between his spokes.

Upside inside out, she's living la vida loca. She'll push and pull you down, she's living la vida loca.

I walked up most of Tongue Mountain. For four miles I plodded along, dragging the most expensive bike I'd ever touched with me. Rider after rider passed on my left, all grunting with each rotation of their legs and asking if I was OK. Andrew surged ahead a bit and then came back down. He did this again and again, refusing to leave me behind and finish the Robert

Rogers Challenge at his own pace.

"What's the point?" he asked. "We're doing this together. You're going to finish."

At the top of the mountain — 11 miles into the biking leg — I climbed on my bike again. We hit a long downhill stretch, followed by some flat terrain. I worked hard to stay on the bike. One poorly placed pebble would have done me in.

With six miles to go, I had to take another long walking break. I had just gotten back in the saddle and started to peddle again, in what was supposed to be the easiest gear, when a couple vehicles went by, beeping. It was Tina and our friends Stephani Winn and Michael Emery; they waved and smiled as they passed us. They probably thought I was doing fine. But I was crushed — I knew that if Tina had seen me walking with a pained expression on my face, she would have

picked me up. And she wouldn't have taken no for an answer.

Now I had to push through the pain. They'd be waiting for us. So for the rest of the way, I dismounted before almost every uphill. I pedaled as little as necessary and coasted whenever I could. I battled with dry heaves and lightheadedness. I drank as much water as Andrew and the race officials could get me. And I tried to quit, coming close to tears, but Andrew wouldn't let me. He wouldn't leave me out on Route 9N in the burning sun, all alone with the knowledge that I'd become a quitter so close to the finish.

And at 11:51, four hours and 51 minutes after our ordeal began, Andrew and I pedaled into Robert Rogers State Park in Hague as our friends and family screamed. I crossed the finish line as strong as I could, so glad to be done living the crazy life for a day.

Photos by Tina Streett Foley

Jeffrey Foley thanks STEINER'S SPORTS for contributing a bicycle to his effort at the Robert Rogers Challenge. Climbing Tongue Mountain would have been impossible without their wheels. The bike provided a great riding (and walking) partner.



Jeff Foley

Local women take the cake at Freihofer's

Saratoga Springs native Cheri Goddard-Kenah blazed through the Freihofer's Run for Women in downtown Albany on June 4, clocking 15 minutes, 31 seconds, and earning her first national 5K title, but thousands of other Capital Region women also put in an exceptional effort. The local finishers were (name, age, town, time): Katie Parafinczuk, 13, Delmar, 18:48; Veronica Armbruster, 33, Delmar, 19:59; Georgia Perkins-Miller, 41, Delmar, 20:46; Joy DeVries, 45, Delmar, 21:09; Susan Burns, 44, Selkirk, 21:37; Katherine Ambrosio, 48, Delmar, 21:49; JoAna Finger, 46, Glenmont, 22:24; Misty Cosmic, 23, Delmar, 22:30; Pamela Davis, 30, Glenmont, 22:39; Emily Wistar, 14, Delmar, 23:13; Catherine Reilly, 13, Delmar, 23:26; and Deborah MacFarlane, 31, Delmar, 23:52.

Also: Kristin Kvam, 18, Delmar, 23:54; Patricia Kane, 50, Delmar, 23:55; Kerry DeWitt, 43, Delmar, 24:00; Patricia Mastrianni McMahon, 37, Glenmont, 24:01; Amy Smith, 24, Delmar, 24:10; Christine Rampe, 26, Delmar, 24:31; Colleen O'Neill, 36, Delmar, 24:46; Ana O'Keefe, 14, Delmar, 24:47; Maria Peters, 34, Delmar, 24:55; Sandy Wimer, 47, Delmar, 25:27; Edie Miskewicz, 40, Delmar, 25:46; Michelle Gibbons, 29,

Delmar, 25:46; and Ro Halvorsen, 36, Glenmont, 25:54.

Also: Janet Carberry, 46, Delmar, 25:57; Leslie Cheu, 37, Glenmont, 25:59; Arlene Eggleston, 36, Glenmont, 26:11; Carol Slattery-Smith, 50, Delmar, 26:14; Linda Simkin, 52, Delmar, 26:15; Catherine Woller, 40, Delmar, 26:20; Hannah Morgan, 10, Delmar, 26:21; Kathleen Walsh, 41, Glenmont, 26:21; Benita Zahn, 45, Glenmont, 26:22; Kathleen LeForestier, 31, Delmar, 26:22; Ann Kieler, 54, Delmar, 26:35; and Joanne Wilson, 47, Glenmont, 26:37.

Also: Sonia Parikh, 26, Delmar, 26:37; Elaine Humphrey, 45, Glenmont, 26:42; Beth Ann Frese, 33, Delmar, 26:42; Jennifer Lalor, 29, Selkirk, 26:53; Jennifer Wayne, 25, Delmar, 26:55; Christine Eckardt, 46, Delmar, 27:07; Joyann Irish, 26, Delmar, 27:17; Debbie Luther, 30, Delmar, 27:30; Christie Turner, 15, Delmar, 27:32; Margaret Capozzola, 38, Delmar, 27:35; DJ Taylor, 35, Delmar, 27:51; Judith Stento, 30, Glenmont, 27:52; and Sandra Riccio, 45, Delmar, 28:04.

Also: Lisa Allendorph, 39, Delmar, 28:06; Jennifer Thomas, 38, Delmar, 28:12; Michele Moon, 31, Delmar, 28:16; Isabel Morgan, 13, Delmar, 28:23; Laura Cooper, 40, Delmar, 28:35; Mary



A steady stream of women push up Madison Avenue at the start of the Freihofer's Run for Women.

Skelly, 53, Delmar, 28:39; Alice Carpenter, 48, Delmar, 28:41; Asieh Shayegani, 59, Delmar, 28:44; Colleen Doody, 21, Delmar, 28:52; Kathy Johnston, 41, Delmar, 28:53; Jennifer Gerstenzang, 14, Delmar, 29:00; Chloe Morgan, 15, Delmar, 29:15; and Jane Sanders, 41, Delmar, 29:19.

Also: Jenny Lee, 39, Selkirk, 29:22; Lynn Shea-Marlowe, 29, Delmar, 29:26; Annie Cosgrove, 24, Delmar, 29:31; Amy Travis, 29, Delmar, 29:31; Deborah Maher, 45, Glenmont, 29:36; Kate Wilson, 13, Selkirk, 29:39; Terrie Wilson, 37, Selkirk, 29:46; Claudia Bendett, 31, Delmar, 29:48; Nancy Burke, 46,

Glenmont, 29:50; Pat Hamilton, 48, Selkirk, 29:55; Melissa Barada, 38, Delmar, 29:56; Esther Contento, 28, Delmar, 30:09; and Erica Hallock, 18, Delmar, 30:11.

Also: Mary Parafinczuk, 48, Delmar, 30:14; Jennifer Levine, 38, Delmar, 30:14; Janice Burriesci, 42, Delmar, 30:15; Pamela McMahon, 48, Glenmont, 30:16; Joan Savage, 42, Delmar, 30:18; Kelly Meisel, 35, Glenmont, 30:52; Frances Stevens, 51, Delmar, 30:58; Lauren Iselin, 41, Delmar, 31:00; Lois Smith, 57, Glenmont, 31:03; Anne Marie Carswell, 33, Delmar, 31:11; Leigh Bagg, 43, Delmar, 31:12; Lisa Finkle, 10, Delmar, 31:17; and Nancy

Lawson, 55, Feura Bush, 31:20.

Also: Whitney Thompson, 36, Glenmont, 31:23; Marcy Goedeke, 19, Delmar, 31:39; Deb Goedeke, 45, Delmar, 31:42; Mary Ann Hospodar, 38, Glenmont, 32:24; Teresa Kane, 37, Glenmont, 32:24; Donna Liquori, 32, Glenmont, 32:32; Donna Nicholson, 47, Delmar, 32:32; Gina Pelletier, 25, Glenmont, 32:44; Kristin Martin, 16, Delmar, 33:10; Kaitlin Lapierre, 16, Delmar, 33:12; Denise McHugh, 34, Selkirk, 33:12; and Theresa Johnson, 32, Glenmont, 33:52.

Also: Betsy Voetsch, 45, Delmar, 33:53; Connie Alesse, 47, Delmar, 34:02; Alisa Barror, 29, Selkirk, 34:04; Joyce Gannon, 45, Selkirk, 34:15; Terry Moskowitz, 49, Delmar, 34:32; Sandy Okun, 12, Glenmont, 34:36; Kimberly Deso, 38, Glenmont, 34:37; Lauren Turner, 12, Delmar, 35:07; Dianne Briggs, 43, Delmar, 35:19; and Caryl Shakshober, 45, Delmar, 35:20.

Also: Tracy Momrow, 27, Glenmont, 35:29; Patricia Synan, 26, Delmar, 35:30; Stacy Anderson, 25, Delmar, 35:38; Charlene Eggleston, 15, Glenmont, 35:45; Nancy Gort, 14, Delmar, 35:45; Susan Brennan, 29, Glenmont, 36:20; Karen Green, 36, Delmar, 37:00; Catyh Dambrosio, 41, Glenmont, 37:33; Jacqueline Jones-Alexander, 37, Delmar, 46:36; and Susan Volo, 40, Delmar, 50:40.

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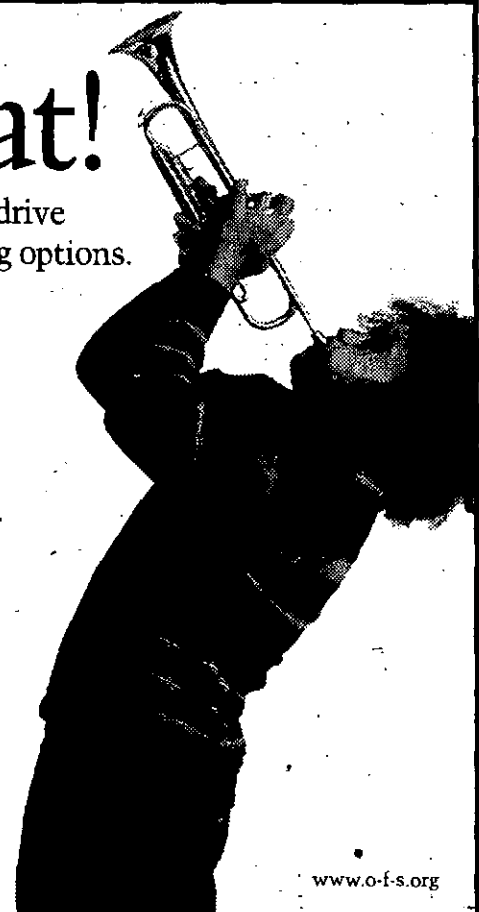
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Helderberg Aquatics capture Colgate crown

Riding the crest of powerful victories by **Beth Malinowski** and **Lindsey McKenny**, the Helderberg Aquatics swim team captured the trophy for first-place among small teams at the annual Colgate Classic Invitational Swim Meet on July 10 and 11. The Helderberg squad scored its fifth win of the season in competitions among teams with fewer than 20 swimmers. There were 13 teams vying for first at the Colgate Invitational.

Malinowski, competing in the senior girls division, cruised to wins in the 400- and 1,500-meter freestyles.

She also added a third in the 100 backstroke, a fourth in the 200 individual medley, and a fifth in the 100 freestyle.

McKenna, meanwhile, dominated the backstroke events in the girls 13- and 14-year-old division, capturing both the 100 and 200 races.

She also took top honors in the 200 freestyle. She added to her stellar day by finishing second in the 100 free and 200 individual medley.

Helderberg got another strong performance from **Schuyler Nachod** of Guilderland, who swam to the 50 butterfly title in the boys 11- and 12-year-old division (34.13). Nachod also finished second in the 100 free, the 50 breaststroke and the 100 breaststroke. He added a fourth-place finish in the 100 fly, and his overall effort at this meet qualified him for the 1999 Eastern Zone meet at the University of Pittsburgh.

Producing personal best times

for Helderberg were: **Hannah Gibson** in the girls 10-and-under division, whose 2:57:61 in the 200 free was good for a second place; **Justin Nachod** in the senior boys 200 breast; **Emily Malinowski** (girls 11- and 12-year old division) in the 200 individual medley and the 50 fly; and **Bruce Maki** in the 50 breaststroke (41.60).

Also contributing to the victory were: **Ed Sayer** (sixth in the 100 freestyle) and **Nathan Gibson** (seventh in the 100 freestyle and eighth in the 400 freestyle) in the senior boys division, and **Binky Sayer** and **Kristen Maki** in the girls 13- and 14-year-old division.

Bethlehem Sharks win home tourney

The Bethlehem Sharks captured the title in the Bethlehem Invitational Tournament on June 5-6.

In their first game of the tourney, the Sharks defeated the Bethlehem Under-16 squad 2-1. The Sharks' first goal came courtesy of a penalty kick. Their second score was also via a penalty shot.

The Sharks then fell behind Capital United 1-0 in their second game, but scored four goals in the second half en route to posting a 4-1 victory.

The Sharks received a bye in the first round of the tournament playoffs and faced Bethlehem Under-16 in the finals.

The Sharks tallied the game's only goal, claiming a 1-0 win and the tourney crown.

V'ville In-Line Hockey League

Mites standings:

Phantoms 3-1-0; Crunch 3-2-0; Ice Cats 1-4-0.

Recent games

Crunch 5, Ice Cats 2

Crunch goals — Alex Sotola (5), Crunch saves — Sotola (3), Eric Meyer (2), Giovanni Barr (3); Ice Cats goals — Mike Kelley, Matt Tice, Ice Cats saves — Sean Hognestad (4), Kelley (10).

Phantoms 7, Ice Cats 1

Phantoms goals — Chris Cowan (5), Ian McNaughton (2), Phantoms saves — Daniel Shoudy (5), Dylan Longton (5); Ice Cats goals — Mike Kelly.

Crunch 4, Ice Cats 1

Crunch goals — Sotola (4); Ice Cats goals — Kelly.

Crunch 7, Phantoms 4

Phantoms goals — McNaughton (3), Shoudy, Phantoms assists — McNaughton, Shoudy, Tom Cardinal. Phantoms saves — McNaughton (6), Longton (4), Cardinal (6).

Phantoms 6, Crunch 5

Phantoms goals — Cowan (4), McNaughton, Phantoms assists — Cowan, McNaughton, Phantoms saves — McNaughton (6), Shoudy (7), Cowan (16).

Phantoms 5, Ice Cats 4

Phantoms goals — McNaughton (2), Shoudy, Cowan (2), Phantoms assists — McNaughton, Cowan (2), Cardinal, Phantoms saves — Edward Joseph, Shoudy (7), Cowan (8); Ice Cats goals — Hognestad (3), Tice, Ice Cats saves — Kevin Miller (3), Hognestad (8), Tice (5).

Ice Cats 9, Crunch 3

Ice Cats goals — Dillon Perrillo (3), Tice (2), Hognestad (3), Matt Casolo, Ice Cats assists — Sarah Mahar (2), Ice Cats saves — Miller (5), Tice (3), Hognestad (8); Crunch goals — Sotola (3), Crunch saves — Sotola (3), Tony DeRosa (5), Meyer (2).

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Physically Speaking



by Nick Valenze, P.T.

WHEN EXPECTATIONS ARE TOO GREAT

While the goal of physical therapists is to return athletes (both professional and recreational) to action as soon as possible after an injury, rehabilitation cannot be rushed. Many physical therapists find that they must caution patients who have unrealistic expectations about getting back too quickly. To do so jeopardizes recovery and poses increased potential for reinjury. Take, for example, reconstruction of the anterior cruciate ligament, which helps control and stabilize the knee. While x-rays, magnetic resonance imaging, and other tests may suggest that a reconstructed knee is structurally sound, bone scans (which take a microscopic look at the knee's one trillion cells) may detect degeneration. Physical therapists know from experience never to rush an athlete back to action.

We understand your impatience to resume your normal physical activities. Our professional staff of physical therapists will devise the swiftest means to help you achieve your previous performance levels. We offer sports medicine and a full range of rehabilitation programs (including massage therapy). If you have recently undergone surgery or have incurred an injury, ask your physician for a referral.

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P.S. Injured athletes are encouraged to give their physical therapists an accurate understanding of the type of activities to which they expect to return.

Area students shine in Talent Search

In ceremonies last month at Union College in Schenectady, John Hopkins University's Institute for Academic Advancement of Youth recognized numerous local students in grades five through eight for their achievement in the institute's annual academic Talent Search—including a Bethlehem Central Middle School eighth-grader who achieved the top SAT mathematics score.

Using above-grade-level testing, administrators at public and private schools participating in the Talent Search helped identify approximately 67,200 students in 19 states and the District of Columbia to participate in the testing program, now in its 20th year.

Of those, fifth- and sixth-graders who took the PLUS Academic Abilities Assessment and scored in the top 30 percent received certificates of merit and special awards, as did seventh- and eighth-graders who took the College Board's SAT I: Reasoning Test and scored in the top 20 percent.

BCMS eighth-grader Zachary Levine of Delmar was among 21 students nationwide who achieved a first place SAT mathematics score, as well as overall SAT award honors.

SAT honors also went to Rich-

ard Bonventre of Delmar and David Schwab of Glenmont, students at the middle school, who were honored as mathematics talent search award recipients, having achieved scores between 700 and 800 before the age of 13.

Andrew Shawhan of Delmar, a student at BCMS, also received similar honors as a verbal talent search award winner and overall SAT honoree.

Other seventh- and eighth-graders from the middle school receiving recognition were: Arthur Barnard, Cara Ferrentino, Thomas Hackman, Kathleen Hanley, Rachel Hathaway, Kathryn Himmelfarb, Michael Labate, Emily Langner, Michelle Martin, Christopher McFarland, Matthew McVoy, Caitlin O'Brien-Carelli, Keelin Purcell, Patrick Shaffer, Evan Siegel, Paul Sypek, Matthew Tymann, Brenda Venter, David Ward and Ashli Winter, all of Delmar; Daniel Keefer, Jonathan Micklos and Joseph Nedy, all of Glenmont; Marianne DiNapoli, Johann Kwan, Dennis Miaw, Seth Reinhardt, Luke Sullivan and Steven Szebenyi, all of Slingerlands; and Christopher Lee of Selkirk.

Local students attending other schools were also honored, including Emmalie Dropkin of Delmar and Rebecca Toseland of Selkirk,

both of whom attend Albany Academy for Girls; Daniel Fuchs of Delmar, who attends Albany Academy; and Minji Kim and William Raible, both of Slingerlands, who attend Farnsworth Middle School.

Sixth-graders cited as award recipients included Lindey Adewummi, Emma Gordon and Kelly Hughes, all of Delmar; Tessa Gadomski and Christopher Olsen, both of Glenmont and Kyra Swartz of Slingerlands, all of whom attend Bethlehem Central Middle School.

Fifth-grade students from the Bethlehem school district were also recognized.

They were: Glenmont Elementary School students Sue Ding, Robert Hoffman, Rebecca Kolakoski, Ryan Quinn and Gregory Wong, all of Glenmont; Aaron Dorman and David Peterson, both of Delmar; and Matthew Baboulis of Selkirk.

And Slingerlands Elementary School students Nicholas Cassaro and Caroline Heinbuch, both of Delmar, and Natalie Singer of Slingerlands.

Also, Hamagrael Elementary School students Kelly Fitzsimmons and Meredith Lutz, both of Glenmont; and Benjamin Finkle, Abigail Fisher, Nicholas Giordano, Emily Greenstein, Marcus Hauf, David Looney, Robin Meyers and Mark Sarachan, all of Delmar.

And Elsmere Elementary School students Douglas Lang and John O'Brien-Carelli, both of Delmar.

For the record



Michael Laccetti shows off his medal at Tri-Village Little League closing ceremonies at Magee Park.
Katherine McCarthy

Punkintown Fair to start July 29

The 57th annual Punkintown Fair, sponsored by New Salem Volunteer Fire Department, will take place July 29 through 31 at the fairgrounds on Route 85A in New Salem.

Admission to the fair, which opens each night at 6 p.m., is free.

Green Mountain Amusements will provide rides and games, including a 40-foot Ferris wheel and a bouncety bounce.

Food will include pizza from Smith's Tavern; clam chowder provided by Picard's Grove, and Tony's Philly steak and chicken sandwiches.

There will also be drawings and wood carving demonstrations; Dean Davis and his reptiles on Thursday and Friday; a K-9 demonstration on Friday at 7:30 p.m.; and Lady Bug's Clown Show on Saturday from 6:30 to 8:30 p.m.

The Punkintown Rod Show, sponsored by the Empire State Specialty Car Association, will be on Saturday, July 31.

Registration is from 9 a.m. to noon, with an awards presentation at 3 p.m. Admission is \$5 in advance and \$8 the day of show.

For information on the rod show, call Bill Connelly or Craig Shufelt at 765-4771, or Mark Phillips at 237-0748.

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RCS names honor roll students

Carl Heiner, principal at Ravena-Coeymans-Selkirk High School, has announced the names of those students who have achieved honor roll and high honor roll status for the fourth quarter of the school year. Students placed on the honor roll must have a cumulative average of 85 to 89 percent and those on the high honor roll must have a cumulative average of 90 percent or higher in academic subjects.

Honor roll Grade nine

Robert Babcock-Ellis, Amy Billetts, Katy Boomer, Brian Britton, Marc Caprara, Shannon Coale, Mandy Conners, Tanya Conrad, David Cross, Christopher Currey, James Currey, Stephanie Davison, Amy Densson, Anthony Ferrusi, Michael Frodyma, Jessica Gadani, Jesse Gladney, Fallon Haldane, Jeremy Irwin, Rachael Kuhnunch, Rachelle Luchkiw, Megan McGraw, Stefanie McLaren, Conor Morgan, Stephanie Morse, Karly Mosher, Thomas Nevinger, Andrea Previle, Darrick Priestner, Courtney Ross, Adam Sugrue, Nicole Vasquez, Sarah Weisheit, Philip Whalen, David Whydra, Robert Williams and Rebecca Wolfe.

Grade 10

Karlotta Carter, Dale Childs, Jeffrey Conrad, Matthew Deyo, Joseph Doherty, Carrie Griffin, Andrew LeBlanc, Ashley Maki, Abigail Moon, Ryan Morse, Drew Morsellino, Sarah Nestlen, Heather Parmelee, Justin Reuter, Michael Rienti, Ariel Schaible and Joshua Stumbaugh.

Grade 11

Akra Boomer, Christopher Calabrese, Rodney Carpentier, Amanda Carrk, Denis Cheney, Thomas Connell, Sarah Cross, Diane Currey, Kathleen Finnigan, Casey Firstiun, Joshua Hotaling, Joy Hudspath, Laura Irwin, Thomas Johnson, Candace Keezer, Cara LaPlante, Jacob Lehmann, David Norkun, Jonathan Parker, Samuel Pitts, Katrina Ross, Nathan Seaburg, Jessica Slater, Katrina Springer, Sarah Stewart, Charles Stumpf and Charles Williams.

Grade 12

Anthony Celella, David Crocoll, Ryan Doherty, Kyleen Domery, Heather Doyle, Shannah Ernst, Anthony Fahrenkopf, Zachary Felter, Michael Fernald, Kristyn Gordon, Melody Hamilton, Danielle Kellam, Nichole Moore,

Christopher Music, Timothy Nevinger, Daniel Ostrander, Sarah Ostrander, Colleen Prior, Tabatha Quackenbush, Kevin Reinisch, Jarrod Rivituso, Rebecca Rohl, Jeffrey Ross, Mary Shannon, Shayla Townley, Luis Vasquez, Lisa Von Schenk and Sabrina Wilson.

High honor roll Grade nine

Melissa Andritz, Ashley Armer, Carly Assael, Charles Biers, Katherine Bishop, Dorayne Boprey, Carla Borrelli, Paul Buhrke, Anna Cross, Justin Cross, Craig Danz, Matthew Dardani, Adrienne Davis, Dustin Deering, Kathryn Edler, Caitlin Fansler, Amy Fernald, Elizabeth Glassnos, Jacob Hafensteiner, Christina Latter, Aubrey Maki, Tara McGrath, Sharon O'Brien, William Orsi, John Poirier, Stephanie Przybylowicz, Rachel Quimby, Aubrey Spaulding, Sarah Stott, Megan Tracey, Lorelei Wagner, Tera Weddell, Rebecca Wilsey and Jennifer Yurek.

Grade 10

Jessica Best, Chanda Brown-Bryant, Daniel Capron, Rhiannon Cramer, Lori Crocoll, Gabriel Jones, Sophia McKenney, Theresa O'Connor, Pritesh Shah, Cheyenne Simmons-Moore, Stephanie Slingerland, Andrew Wilsey, Alison Zaloga and Louis Zell.

Grade 11

Harold Babcock-Ellis, Kimberly Brown, Sarah Burke, Tina Conners, Katerina Fagan, Jesse Felter, Beth Filkins, Megan Gorham, Sean Haught, Stefanie Hostetter, Joshua Houle, Bethany Kriss, James Latter, Brian Lichorowicz, April Matott, Kathryn McDonald, Maria McGraw, Michael Moore, Colleen Nicholson, Laura Orsi, Nathan Orsino, Bradford Palmer, Gabriel Perez-Sanchez, Brandon Roth, Allysa Sebert, Carrie Siy, Robert-Thompson, Cori Tice, Brandy Van Dorn, Catherine Wilsey and Dustin Wolfe.

Grade 12

Jeffrey Andritz, Debra Boissy, Patrick Christiana, Erin Collins, Matthew Collins, Stephanie Dardani, Teri Darlington, Rachel Dolan, Diana Doppelhofer, Melissa Eissing, Courtney Endres, Christina Fahrenkopf, Jens Peter Falk, Christopher Glassanos, Benjamin Hafensteiner, Raquel Haldane, Christine Hardisty, Neil Hinds, Danika Kapusta, Denis Kim, Noah Lamoree, John McNeilly, Richard Nestlen, Amy Nevins, Cristal Northrup, Kathryn Orsino, Rebecca Ostrander, Rose Puchales, Tammy Quenneville, Jason Reuter, Michael Salisbury, Smita Shah, Erin Smith, Helen Tompkins, Laura Tombley, Emily Whaley, Paul Yackel and Heather Zinzow.

Music continues at Tom's Tastee Treat

Tom's Tastee Treat on Route 85 in Slingerlands continues a weekly series of live acoustical music performances, every Friday and Saturday from 6 to 9 p.m. through Sept. 5.

The featured performers for July 16 and 17 are Mark Rabin on Friday and Gloria Jean on Saturday.

For information or a schedule of upcoming concerts, call 439-3344.

Adoption service to host picnic

Children at Heart Adoption Services will hold its fourth annual family picnic on Sunday, July 18, from noon to 5 p.m., rain or shine, at the Slingerlands Fire Station at 1520 New Scotland Road.

Seventy or more adoptive families from the Capital District and as far away as New Jersey and Pennsylvania are expected to attend the gathering.

Taste lush raspberries at Dean's Mill Farm

The first of this season's raspberries are ready to go at Dean's Mill Farm.

Encore raspberries ripen in July and are New York's newest premium raspberry.

The farm market is on Aquetuck Road in Ravena, a quarter mile off Route 9W. Look for signs.

New health center opens in Ravena

Maple Grove Healing Awareness Center recently opened on Main Street in Ravena.

The health-oriented center offers acupuncture, hypnotherapy, massage, polarity therapy, Reiki, therapeutic touch and other healing therapies.

The center is at 149 Main St. The phone number is 756-1660 or 756-9667.

Tinkle Farm Antique Shop sets summer hours

Tinkle Farm Antique Shop on Route 9W just south of Ravena, is open Wednesdays through Saturdays from 11 a.m. to 3 p.m.

Tools, books, furniture and sewing notions are for sale in addition to antiques.

For information, call 756-9221.

RCS lunch program to distribute food

The Brown Bag-It Project is an effort to assist families dependent upon school lunch programs to provide meals for youngsters in

NEWS NOTES

Selkirk
South Bethlehem
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the Ravena-Coeymans-Selkirk School District.

Lunches are distributed free on a first-come, first-served basis from four different locations in the area.

Bethlehem Grange Hall on Route 396 in Selkirk will be open on Tuesdays, July 27 and Aug. 24, from 6 to 7 p.m. to distribute lunches.

The charitable program is supported by children at several churches in the Ravena-Coeymans-Selkirk area.

For information on the program and other distribution locations and times, call Melanie Collins at 756-8059.

Send in news for publication

If your community group or church is having an event that you would like to share, please fax the information to 756-3520.

Be sure to send the information at least two weeks prior to the event. Thank you.

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Bethlehem Central students receive awards

The following students were recognized at the Bethlehem Central High School annual awards ceremony in May.

Art Department Awards

Advanced Art Awards — Claire Vancik and Timothy Kadish

Advanced Photography — Lindsay Piechnik and Becca Maskin

Photography Award — Timothy Kadish and Katie Jeffrey-Martin

Photo Portfolio Workshop — Erin O'Connell

Advertising Design Award — Mandy Mason and Amy Parsons

Painting and Drawing Award — Daniel Smith, Valerie Messina, Avi Rasowsky and Kate Svenson

Illustration Award — Bob Hazen and Daniel Heenan

Sculpture Award — Betsy Drake and Grace Ting

Ceramics Award — Alison Laufer

Fibers and Fashions Award — Susan Gola

Video Art Award — Frank Macarilla and Aidan McManus

Supervisor's Young Artist Award — Lisa Chang, Avi Rasowsky, Lauren McCarroll and Ashley Gall

English Department Awards

National Council of Teachers

of English Writing Award — Lily Rabinoff-Goldman

English Department Writing Contest Awards — Lily Corrigan, Elliot Freeman, Kelly Cheeseman, Sasha LoPresti, Rebecca Ashley Krohmal and Jill Parsons

Survey of Shakespeare Award — Sloan Grenz, Leah Hennessey, Alissa Johnson, Owen Smith, Adam Guzik and Jacqueline Donnaruma

Theater Arts Award — Robin Amiri

Comedies Award — Lauren Englisbe and Nicole Privitera

Mathematics Department Awards

Mathematics Department/Bethlehem Chamber of Commerce Award — Calvin Miaw and Julie Weber

Music Department Awards

Presented by the Bethlehem Music Association.

John Philip Sousa Band Award — Justin Friedman

Director's Award For Band — Daniel DiPaolo

Louis Armstrong Jazz Award — Justin Friedman

Woody Herman Jazz Award — Matthew Hough

National School Orchestra Award — Thomas Smith

National School Choral Award

— John Bragle and Rebecca Minor

Senior Service Award for Choir — Lisa Jacobs

American Choral Director Association Award — John Bragle

The 'Semper Fidelis' Award for Music Excellence — presented by the U.S. Marine Youth Foundation to Christopher Palmieri

Memorial Day Parade Band Leaders — Justin Friedman and Stephen Kidera

Bethlehem Music Association Award — Justin Friedman, Daniel DiPaolo and Thomas Smith

New York State School Music Association (NYSSMA) All Eastern Conference — Justin Friedman and Christopher Palmieri

All-State Conference — Samuel Cook, Daniel DiPaolo, Justin Friedman, John Bragle, Christopher Palmieri and Thomas Smith

Occupational Education Awards

Excellence In Technology Education Award — Paul Valente

Excellence in Culinary Arts Award — Tara Gardner

Excellence in Child and Family Learning — Jennifer Leary

Excellence in Apprenticeship — Travis Davey and Amy Fortuin

Physical Education Awards

Marine Corps Distinctive Athlete Award — Kristin Kvam

Army Scholar-Athlete Award — Toby Cushing and Jessica Berlow

Second Language Awards

Excellence in Spanish — Rebecca Frank and Jessica Berlow

Outstanding Achievement in Spanish — Chuck Abba

Excellence in French — Claire Vancik

Outstanding Achievement in French — Yu Wang

The American Classical League and The National Junior Classical League Awards presented to top scoring students on the National Latin Exam. Gold medal and certificate — Rachael Copp, Elliot Freeman, Andrew Hayes, Emily Kerwin, Morris Levy, Lindsay Piechnik and William White.

Silver medal and certificate — Chelsea Adewunmi, Danielle Blanch, Pamela Coggins, Lily Corrigan, Lauren Englisbe, Megan Fish, Kimberly Hitter, Caitlin Isbister, Alissa Kind, Nicole Privitera and Moira Pullitzer-Kennedy.

Certificates presented in class to students with excellent achievement on the National Latin Exam — Kathleen Carcich, Celinda Gebhardt, David Jayez, Colin Lacy, Kelly McGrath, Erika Wasserstein, Irie Dunne, Kathy Hermann, Michelle Kagan, Kristen Lytle and Janice Nieves.

New York State Olympiads of Spoken Russian Awards: Gold medals — Edward Barnard, Jeff Barnett, Anna Itov, Peter Bird and Jozek Kopchick.

Silver medals — David Elefante, Quinn Coffey, Tyler Ursprung, Jessica Rarick, Harris Kornstein and Clarke Doody.

Bronze medal — Lindsey Crusan.

U.S. National Russian Essay Contest: Gold medals — Anna Itov and Harris Kornstein.

Silver medals — Harold Barnard, Jeff Barnett, Robin Betzholt, Peter Bird, Kathy Crookes, Clarke Doody, David Elefante, Sam Holzman, Jozef Kopchick, Jessica Rarick and Tyler Ursprung.

Bronze medals — Edward Barnard, Quinn Coffey, Lindsey Crusan, Ian Hickey, Kabir Jalal,

Andy McNamara, Emilie Miller, Thalys Orietas, Marc Perez, William Quimby, David Reilly, Michael Schwab, Nick Shimkin, Tara-Marie Silk and David Zurenko.

Social Studies Department Awards

Karner Psychological Association/Eugene Debs Award — \$100 to Ellen Gallagher

The DAR American History Award/Tawasentha Chapter — \$100 and a medal to Jessica Berlow

Bethlehem Republican Club Citizenship Award — \$100 to Adam Fryer

Social Studies Department Awards: Seniors — Lily Corrigan, Tobias Cushing, Elizabeth Fox-Solomon, Jeffrey Kaplan, Scheherazade Lacy, Lily Rabinoff-Goldman, Sarah Sandison, Jennifer Siniski and Grace Ting.

Juniors — Chuck Abba, Tany Bailey, Danielle Blanch, Sara Botta, Elizabeth Brookins, Angela Caruso, Jason Chatterjee, Gregory Ciprioni, Benjamin Gnacik, Sloan Grenz, Benjamin Kowalik, Emily Maher, Benjamin Norris, Benjamin O'Dell, Lauren Peterson, Lindsay Piechnik, Russel Pryba, Daniel Rosenthal, Gordon Schmidt, Sarah Szczech, Daniel Traub, Claire Vancik and Erika Wasserstein.

Sophomores — Ashley Ackerman, Erica Brunner, David Elefante, David Ginsberg, Tamara Jacobs, Mason Jones, Jared Kalman, Jared Marsh, Kristin Robinson, Craig Saddlemire, Mark Shawhan, Daniel Smith, Devon VanRiper and Brian Waite

Freshman — Peter Bird, Nicole Comi, Brendan Cullen, Patricia Eames, Lauren Gordon-Fahn, Jeremy Hosier, Matthew McWhinnie and Jessica Menrath.

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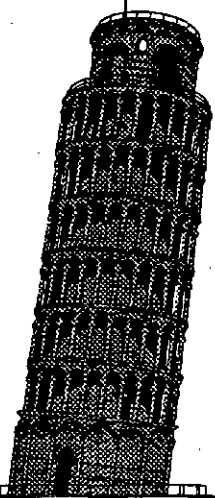


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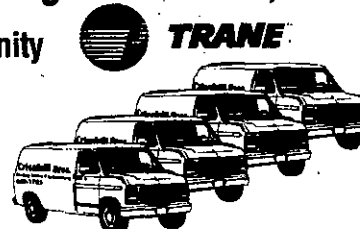
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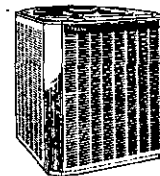


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A supplement to Spotlight Newspapers

July 14, 1999



Spotlight Newspapers

Golf

Where have all the caddies gone?

By Barbara Owens

THEY ARE BEING CALLED THE LAST OF A DYING BREED. IN FACT, OF THE more than 50 golf courses in the Capital District, there are only two left where you will find caddies - Wolfert's Roost and Schuyler Meadows. The caddie programs at both of these clubs are quite small, so small that the Roost only offers caddie services on weekends. So where have they all gone? It looks like progress is the culprit. Between the invention of the golf cart, and the idea that walking the course just takes too long in this "time crunched" world, golfers just aren't using these services.

Another big factor in the demise of the caddie is profit. While no one was willing to be quoted on the topic, the facts are simple. If a golfer is using a caddie, he is not using a cart. When carts are not used, the club is not making extra revenue. One golf pro said, "you need the support of the club to have a caddie program, if you don't have that support, the program will not succeed." Another pro said, "Technically we still have a caddie program, but no one asks for a caddie. When they do, we send out one of the kids in our bag room or pull someone off the driving range." The same pro commented that more so than the simple popularity of the golf cart or the pull cart, "golfers don't

want a caddie because they don't want someone watching them while they play." He added, "The only time we get a request for a caddie is when the better players want one and it's usually only during a tournament."

What does the average caddie look like? The average caddie is not so average. Amongst these gentlemen you will find retirees, high school students, college kids home on summer break, and 30-something guys who just enjoy caddying because they enjoy the game. Being a caddie has certain perks. "Monday is caddie day," said Steve Jensen, golf pro at Schuyler Meadows, "Our caddies get to play free."

Traditionally a caddie only works once a day. They wait by the clubhouse hoping to get a "loop" (caddie language for a round of golf). Some wait all day, others just a few moments. While no one was willing to comment on exactly how much a caddie can bring home for a day's work, it is estimated to be around \$20 for a single bag, \$50 to \$60 for a double. A bargain compared to cart fees that run anywhere from \$20 to \$30. Why a bargain? Because you're not just getting someone to carry your bag, your getting a course guide who potentially can lower your score. Think about it. These guys are out on the course more than anyone else



Caddie Donnie Boyajian waits (and waits) for a loop.

Barbara Owens

is. They know the way the greens slope. They know the exact distance to the cup. And they know which is the best club to use on that hard shot from the rough when the only thing between you and the green is a 100-foot oak tree and two sand traps.

Becoming a caddie is not an easy task and once you've done it you won't easily give it up. Jim Tureskis, golf pro at Wolferts,

"We have a few guys who have caddied here for 30 years," said Roost. Other club pros report that they have to turn

aspiring caddies away, or refer them to either Schuyler Meadows or Wolfert's Roost where they are likely to be turned away as well.

"Unfortunately there are too many applicants and not enough spots," said Jensen.

Is there a future for caddies?

As it looks now, caddies may be nearing extinction. In the future we may only see them on TV with the PGA players, who by rule must walk the course. As technology forces golf to evolve, we will see many other changes as well. New designs of

irons and woods will enable balls to travel farther as a result of innovative materials and computer aided design. Assistance in club selection will no longer be the domain of an experienced caddie. Golf carts equipped with geographic information systems (GIS) are making their way onto the course now, and could be available everywhere in the next few years. These systems will display the length of your drive, the remaining distance to the pin, and recommend which club is the best to get you there.

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Duffer offers reflections on being a lousy golfer

By Bill Fonda

I HAVE BEEN KNOWN TO RESEMBLE TIGER ON THE GOLF COURSE ... TONY THE Tiger, that is.

Actually, if this article ever makes its way to Battle Creek, Mich., home of the Kellogg's Corp., Tony might get upset with me for disparaging his golf game.

Yes, I must admit; I am a very bad golfer. If any of my colleagues here at Spotlight Newspapers ever saw me on the links, they would find my threats to beat them with the pitching wedge behind my desk even more hilarious than they currently do.

I can see it now, "Bill, put it away. Just the other day I saw you miss the ground while you were trying to slam your putter down in disgust. You've got no chance at my head."

Growing up, I never had any interest in playing golf. As far as I was concerned, it was that game that was really boring to watch on TV. I certainly knew who Jack Nicklaus and Arnold Palmer were, but my golfing consisted either of miniature golf or taking a whack at a whiffle ball lying on the ground.

Then my brother Dan started playing when he was in ninth or

10th grade, which would have made me a freshman or sophomore in college. He joined the golf team because he was looking for something to do with his friends in the fall, and it piqued my interest.

Thanks, little brother.

One of the first times we went golfing, we were at Whispering Pines, a little par-3 course in Rotterdam. Dan and I were on the second hole, a straight shot with trees on either side.

I stood at the tee, ready to uncork a blast to the green, but instead reeled off a vicious, head-high left-handed slice that neatly bisected the group of four elderly women preparing to putt on the neighboring green.

Dan, charmer that he is, decided I needed to learn a real quick etiquette lesson.

"Go get it," he said.

I did. I think I would have been less embarrassed had I been playing naked.

Since then, I've improved a little. While most of my shots are still threats to squirrels and low-flying birds, they at least go fairly straight most of the time.

I even have a favorite shot — my three-iron that actually gets both distance and height when I hit it right. Heck, you might even think I know what I'm



The author admires his drive, but forgot about one small detail... hitting the ball.
Jim Wegielewski

my head away.

However, for all of my trouble getting the ball to the green, it actually gets worse when I get there. I think I've tried every putting stroke there is — regular, cross-handed, right-handed, pool cue, backwards-between-the-legs, kicking the ball — but none of them have ever worked.

My current method is to practically implant the shaft of the putter into my right forearm while wrapping my left hand around both in a death grip. I figure that if I can just swing my arm like a pendulum, the ball will roll straight. In theory, it works, but Earth's (or the course architect's) contours get me every time. If I ever own a golf course, I'm going to tear up all of the greens and replace them with large, flat, smooth greens made out of artificial turf, just like miniature golf courses.

All of this begs the question, "Why do I bother?"

The answer is, "That's a good question."

I don't know exactly why people like me who have trouble breaking 90 on a par-3 course keep beating our heads against the wall, but I think it's because of some intoxicating quality about the game. In my case, it's because my hectic, stressed-out nature and absurdly short attention span keeps me from actually getting out and enjoying the outdoors for more than a couple minutes.

When I golf, even if it's just on a par-3, I know I'm going to be out in the sunshine for at least a couple hours, often alone, away from everything that's bothering me in the "real world."

So even as I fret over yet another missed putt or scour the weeds for my latest ill-placed worm-burner, golf is frequently the best way for me to relax.

doing out there.

But alas, I still have yet to find the secret to the smooth, effortless swing of a Fred Couples or Phil Mickelson. My swing still looks like that of a former high-school baseball player trying to hit a golf ball, which is exactly what I am.

I've been told that "weight shift" and "hip rotation" are important to developing a good swing, but I just figure that's more moving parts to mess up. So I stick with pulling my arms back, then pushing them forward and hoping I don't pull

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CAPITAL DISTRICT GOLF COURSES

Course	Location	Phone	Yds.	Holes	Par	Carts	Spikeless
Airway Meadows	Brownville Road, Gansevoort	792-4144	6,427	18	72	yes	yes
Alban Hills	Alban Hills Drive, Johnstown	762-3717	6,000	18	n/a	no	no
Albany Country Club	Wormer Road, Guilderland	765-2854	6,758	18	72	yes	yes
Amsterdam Municipal	Upper VanDyke, Amsterdam	842-4265	6,370	18	n/a	n/a	n/a
Antlers Country Club	Route 5, Fort Johnson	829-7423	6,450	18	70	no	no
Ballston Spa Country Club	Route 67, Ballston Spa	885-7935	6,165	18	71	yes	yes
Battenkill Country Club	Route 29, Greenwich	692-9179	2,967	9	35	no	no
Bay Meadows	Cronin Road, Glen Falls	792-1650	3,155	9	35	yes	yes
Bend of the River	Park Avenue, Hadley	696-3415	2,720	9	35	yes	yes
Blackhead Mountain	Blackhead Mountain Road, Round Top	662-3157	6,076	18	72	no	no
Briar Creek	Pangburn Road, Duanesburg	355-6145	5,667	18	n/a	yes	yes
Brookhaven	Alpine Meadow Road, Greenfield Center	893-7484	6,527	18	71	yes	yes
Brunswick Greens	Hoosick Street, Brunswick	279-3848	2,715	9	29	yes	yes
Burden Lake	Totem Lodge Road, Burden Lake	674-8917	6,200	9	36	yes	yes
Canajoharie Country Club	Route 163, Canajoharie	673-8183	6,146	18	71	yes	yes
Catskill Golf Club	Brooks Lane, Catskill	343-6322	3,138	9	36	yes	yes
Cobleskill Golf & Country Club	Route 7, Cobleskill	234-4045	6,133	18	n/a	n/a	n/a
Colonial Acres	Saybrook Drive, Glenmont	439-2089	1,317	9	27	yes	yes
Colonial	Route 23A, Tannersville	589-9807	2,681	9	35	yes	yes
Colonie Country Club	Route 85A, Voorheesville	765-4103	6,477	18	72	yes	yes
Columbia Golf & Country Club	Route 217, Claverack	851-9894	6,034	18	n/a	yes	yes
Country Club of Troy	Route 2, Troy	274-4207	6,084	18	71	yes	yes
Clifton Knolls	Barney Road, Clifton Park	373-1435	1,331	9	28	no	no
Craig Wood	Cascade Road, Lake Placid	523-9811	6,554	18	n/a	n/a	n/a
Dutchaven	Route 67, Buskirk	753-7533	1,500	9	29	yes	yes
Eagle Crest	Route 146A, Ballston Lake	877-7082	6,263	18	72	yes	yes
Evergreen	1400 Schuurman Road, Schodack	477-6224	7,244	36	n/a	n/a	n/a
Frear Park	Oakwood Avenue, Troy	270-4553	6,234	18	n/a	n/a	n/a
French's Hollow	Hurst Road, Guilderland	861-8837	n/a	18	n/a	no	no
Galway Golf Club	Jockey Street, Galway	882-6395	1,722	9	30	no	no
Glen Falls Country Club	Round Pond Road, Glen Falls	793-0021	6,476	18	71	yes	yes
Hiawatha Trails	Route 155, Guilderland	456-9512	n/a	18	n/a	yes	yes
Hiland	Haviland Road, Queensbury	761-4653	6,373	18	72	yes	yes
Holland Meadows	Routes 29 & 29A, Gloversville	883-3318	3,333	18	59	yes	yes
Hoosick Falls	Richmond Avenue Extension, Hoosick Falls	686-1967	2,750	9	n/a	n/a	n/a
Hillcrest	Gifford's Church Road, Duanesburg	355-9817	3,132	9	37	yes	yes
Kingboro	North Kingboro Avenue, Gloversville	773-4600	3,005	9	37	no	no
Kingswood Links	Notre Dame Street Extension, Hudson Falls	747-8888	6,571	18	71	yes	yes
Leatherstocking	Nelson Avenue, Cooperstown	547-5257	n/a	18	n/a	n/a	n/a
Maria Mountain	Churches Road, Delanson	864-5142	3,360	9	71	yes	no
McGregor Links	Northern Pine Springs, Wilton	584-6664	6,349	18	72	yes	yes
Mechanicville	Route 67, East Mechanicville	664-3866	6,141	9	n/a	n/a	n/a
Meadowgreens	Route 9H, Ghent	828-0663	3,011	9	36	n/a	n/a
Mill Road Acres	Mill Road, Latham	785-4653	n/a	18	n/a	yes	yes
Mohawk Golf Club	Union Street, Niskayuna	374-9124	6,671	18	71	yes	yes
New Course at Albany	New Scotland Avenue, Albany	489-3526	6,230	18	71	yes	no
Nick Stoner	Routes 10 & 829A, Caroga Lake	835-4220	6,275	18	70	yes	no
Normanside Country Club	Salisbury Road, Delmar	439-2117	6,310	18	70	yes	yes
Pine Brook	South Main Street, Gloversville	725-1621	6,125	18	71	yes	no
Pinehaven Country Club	Siver Road, Guilderland	456-7111	6,514	18	71	yes	yes
Pheasant Hollow	Phillips Road, East Greenbush	479-GOLF	3,315	18	n/a	n/a	n/a
Pleasantview	Route 67, Freehold	634-7816	3,363	9	36	yes	yes
Pioneer Hills	Galway Road, Ballston Spa	885-7000	5,500	18	70	yes	yes
Queensbury	Route 149, Queensbury	793-3711	5,536	18	70	yes	no
Rainbow	Route 26, East Greenville	966-5343	5,792	18	71	yes	yes
Rip Van Winkle	Route 23A, Palenville	678-9779	3,005	9	36	n/a	n/a
Riverview	Riverview Road, Rexford	399-1920	6,490	18	73	yes	yes
Sacandaga	Sacandaga Park, Northville	863-4887	6,007	9	n/a	yes	no
Sagamore Resort	Federal Hill Road, Bolton Landing	644-9400	6,490	18	70	yes	yes
Saratoga Spa	Roosevelt Drive, Saratoga Springs	584-2006	7,078	18	72	yes	no
Saratoga Golf & Polo	Church Street, Saratoga Springs	584-8122	3,046	9	35	yes	n/a
Shaker Ridge Country Club	Albany-Shaker Road, Loudonville	869-5101	6,743	18	71	yes	yes
Schenectady Municipal	Golf Road, Schenectady	382-5155	6,255	18	n/a	n/a	n/a
Schuyler Meadows	Schuyler Meadows Road, Loudonville	785-8191	6,567	18	72	yes	yes
Stadium	Jackson Avenue, Schenectady	374-9104	6,136	18	71	yes	yes
Sycamore	Route 143, Ravena	756-9555	6,147	18	71	yes	no
Sunnyside	Sunnyside Road, Queensbury	792-0148	n/a	9	n/a	no	no
Tee Bird	Reservoir Road, Fort Edward	792-7727	6,164	18	n/a	yes	no
Tee Bird South	Route 197, Fort Edward	747-0280	2,975	9	34	yes	no
The Edison Club	Riverview Road, Rexford	399-2992	6,500	27	n/a	yes	no
Thousand Acres	Route 418, Stony Creek	696-5246	3,000	9	35	yes	yes
Top of the World	Lockhart Mountain Road, Lake George	668-2062	2,829	9	36	n/a	n/a
Town of Colonie	Consaul Road, Colonie	374-4181	6,342	36	72	yes	yes
Van Patten	Main Street, Jonesville	877-5400	6,500	27	73	yes	no
Van Schaick	Continental Avenue, Cohoes	237-6127	n/a	9	n/a	n/a	n/a
Western Turnpike	Route 20, Guilderland	456-0786	9,374	27	72	yes	yes
Whispering Pines	Helderberg Avenue, Rotterdam	355-2724	2,315	18	55	no	yes
Windham	South Street, Windham	734-3887	6,088	18	71	yes	no

Special Awards

Clarksville PTA Senior Award — \$300 awards to Elizabeth Andersen and Jeremy Arenos

Elsmere PTA Senior Award — \$300 awards to Kristin Kvam and Joshua Ferrentino

Glenmont PTA Senior Award — \$250 awards to Tracy Kutey and Brian Hahn

Hamagrael PTA Senior Award — \$250 awards to Melissa Lobel and Brian Lobel

Slingerlands PTA Senior Award — \$500 award to Gabrielle Foley

Delmar Progress Club Scholarship Award — \$900 to Ryan Venter

NYS Federation of Women's Club 3rd District — Blaire Banagan, Robin Betzhold, Jessica Menrath, Kara Rightmyer, Lucas Gray, Yaffa Rasowsky, Michael Bredderman, Ashley Gall, Khalid Umar, Claire Vancik, Timothy Kadish, Kerry Hicks, Tiffany Bowdish

School Systems Federal Credit Union Award — \$100 to Sarah Sandison

Bethlehem Business Women's Award — \$1000 to Carrie Holligan

National Society Daughters of the American Revolution General Peter Gansevoort Chapter Marion Lewis Smith Music Scholarship — \$1500 and certificate to Rebecca Minor

Bethlehem Women's Garden Club — \$500 to Susannah Gordon-Messer

Bethlehem Teachers Association — Four \$600 awards, one in memory of Gordon Molyneux — to Larissa Bluestein, Tobias Cushing, Travis Davey and Erica Schmit

The Charles A. Gunner BCCO Scholarship — John Gombel

Abigail Miller "It Can Be Done" Award — \$1,000 to Rebecca Johnston

Student Senate Award — \$500 awards to Sarah Sandison, Amy Shatsoff, William Thomas and Adam Fryer

Key Club Citizenship Award — \$200 to Tobias Cushing

Julia O. Wells Memorial Educational Foundation — \$750 to Kristina Fournier

Bethlehem Humanities Institute For Lifelong Learning — \$500 to Lily Rabinoff-Goldman

Triple "C" Award — Lisa Jacobs and William Thomas

Marine Corp Award for Scholastic Excellence — Melissa Lobel

Air Force Math and Science Award — Caryn Barnet and Edward Laird

Semi-finalists 1998 Merit Scholarship Competition — Elizabeth Andersen, Calvin Miaw and

Allison Zucker

National Merit Scholarship winner — Calvin Miaw

Tandy Scholarship — Awards presented rewarding academic excellence. Outstanding students: rewarding academic excellence in math, science and computer science — Calvin Miaw and Cullen Blake

The following students finished within the top two percent of the senior class: Calvin Miaw, Elizabeth Fox-Solomon, Caryn Barnet, Rebecca Frank, Jeffrey Kaplan and Lily Rabinoff-Goldman.

Award to an outstanding teacher rewarding academic excellence in mathematics, science and computer science. This year's "Champion of the Classroom" teacher award was presented to Thomas J. Cunningham Jr.

The New York State Attorney General Award — presented to seniors in recognition of outstanding achievement at the Greater Capital Region Science and Engineering Fair at Rensselaer Polytechnic Institute

1st place — Cullen Blake

1st place honorable mention — Calvin Miaw

2nd place honorable mention — Susannah Gordon-Messer

Westinghouse Science Talent Search — \$100 and certificate presented by the New York State Science Talent Search, conducted in cooperation with Science Service and the National Westinghouse Science Search to Cullen Blake

The Westinghouse Science Talent Search honors teacher, Jane King, in recognition of supervising a state award-winning project by Cullen Blake.

Memorial Awards

Cathleen M. Quinn Memorial Award — \$500 to Elizabeth Andersen

Judge Peter C. Wenger Memorial Award — \$500 awards to Amy Napper and Elizabeth Fox-Solomon

Lynn Apicelli Memorial Scholarship — \$700 to Jonathan Porco

T.J. Smith Memorial Scholarship — \$300 awards to Mark Bassotti, Christopher Palmieri and Robert Paisley

Lindsey Baron "Bubba" Foundation Scholarship — \$750 awards to Carrie Holligan, Kyleita Williams and Sarah Franklin

Bethlehem Lions Club Award — The Wallace H. Erlichman Memorial Scholarship awards of \$500 to Scheherazade Lacy and Laura Ryan

G. May Blackmore Memorial Scholarship — \$1000 award presented by the Delmar Progress Club to Sarah Sandison

T. Henry Klein Memorial Award — \$500 award presented by the Tawasentha Chapter DAR to Rebecca Minor

Bethlehem Central United Employees Association Larry Prater Memorial Scholarship — \$200 scholarships to Elizabeth Wilcox-Suarez and Robert Verhagen

James Furlong, Class of 1980 Dollars for Scholars Award — \$500 is presented in memory of James Furlong, class of 1980 to Grace Tsan

The Anne Gibson Elbow Memorial Award — \$1,000 to Rebecca Frank

Bernard Evans Harvith Environmental Awareness Scholarship — \$1000 to Noah Pollock

May L. Polikoff Memorial Scholarship — Jesse Braverman has established this scholarship to be presented annually to an outstanding athlete in memory of May L. Polikoff to Patrick Hughes

Al Young Memorial Photography Award — \$100 award presented to a student in memory of Al Young, by the Monarch Club of Albany for black and white photography to Lisa Chang

Floyd Walter Memorial Award/Bethlehem Chamber of Commerce — Calvin Miaw

The 1999 Sports Foundation Scholarship/Athlete Award — Lily Corrigan and Tobias Cushing

Junior Awards

Dartmouth College Book Award — Sloan Grenz

Hamilton College Book Award — Sam Volo

Harvard Book Award — Moira Pulitzer-Kennedy

Williams College Book Award — Jason Chatterjee

Smith College Book Award — Danielle Blanch

Wellesley College Book Award — Lindsay Piechnik

Clarkson High School Leadership Award — Robert Shaye

Rensselaer Polytechnic Institute Award — David Philips

Bausch and Lomb Science Award — Moira Pulitzer-Kennedy

Wendy's High School Heisman Award — Jenna Grant and Chuck Abba

Society of the Mayflower Descendants Award — \$100 savings bonds and certificates to Lindsay Piechnik and Gordon Schmidt

Wells College 21st Century Leadership Award — Claire Vancik

RIT/USA Today Quality Cup Medal And Scholarship Program — Tim Corson

Xerox Award — Danielle Blanch

Library sets program on healthy snacks

A workshop titled Healthy Snacks, Healthy Kids is set for Tuesday, July 27, at 10:30 a.m. at Bethlehem Public Library, 451 Delaware Ave., Delmar.

Cosponsored by the library and Cornell Cooperative Extension of Albany County, the program is for children in first grade and up.

There will be a workshop on the food pyramid, serving sizes and better food choices, and participants will make and share some nutritious snacks.

Extension educator Barbara Stevens will lead the program. For information, call 439-9314.

Great Books group to meet at library

The Great Books Discussion Group will focus its attention on the Gospel of Mark on Thursday, Aug. 12, at 7:30 p.m. at Bethlehem Public Library, 451 Delaware Ave., Delmar.

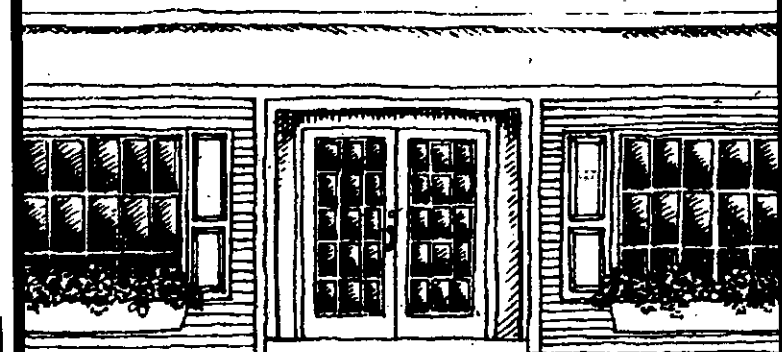
New members are welcome, but must have read the Gospel, which is available at the reference desk. For information, call Jim Cornell at 439-2305.

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Police make arrests

Bethlehem police recently made three more arrests in an ongoing campaign to enforce laws against the sale of alcohol and cigarettes to minors, while three earlier arrests in that campaign led last week to guilty pleas in Town Court.

Two store clerks were arrested on the evening of Wednesday, June 30, for selling alcoholic beverages to an 18-year-old police informant, both arrests at businesses in Price Chopper Plaza in Slingerlands.

Zara Lyn Carkner, 16, of 83 Elsmere Ave., Delmar, was arrested at about 6:30 p.m. for selling beer to a minor at Price Chopper. Less than an hour later, John Robert Franconere, 54, of 220 Whitehall Road, Albany, a clerk at Wine & Spirits of Slingerlands, was also arrested for selling a bottle of vodka to the same informant. Ticketed for alcoholic beverage law violations, both were ordered to appear in Bethlehem Town Court on July 20.

A July 1 arrest involved the sale of cigarettes to a minor. At 7 p.m. at the Getty station at 308

Delaware Ave., Elsmere, Arthur Joseph Lyman, 64, of 2 Hawley Court, Delmar, was arrested and charged with unlawful dealing with a minor, a misdemeanor. He is also due in Bethlehem Town Court on July 20.

Meanwhile, three individuals arrested back on June 9 for illegal alcohol sales to minors entered guilty pleas in Town Court on July 6. Jose Ramon Baez, 17, of Albany, Joseph Francis Davis, 20, of Fuera Bush, and John Anthony Van, 70, of Selkirk were each sentenced to 10 hours of community service in exchange for the conditional discharge of their respective charges.

Library to host Books Before Bed

Bethlehem Public Library, 451 Delaware Avenue in Delmar will hold a program of stories for children ages 3 to 6 on Monday evenings at 7 p.m. from July 19 to Aug. 2.

Children should be accompanied by an adult. For information, call the library at 439-9314.

Vincentian class plans 50th reunion

Vincentian Institute's class of 1949 will hold a 50th reunion weekend Sept. 17 through 19 at the Ramada Inn in Albany.

An informal mixer will kick off the weekend on Friday from 5 to 10 p.m. Saturday's events will include a trolley tour of downtown Albany at 10 a.m., Mass in the Grotto of Our Lady of Lourdes at 4:30 p.m. and cocktails at 6 followed by a dinner dance.

For information, contact Mary Dyer Pearson at 482-7006.

Five Rivers plans wildflower walk

Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar, will offer a program and outdoor walk focusing on wildflowers on Thursday, July 15 at 10 a.m.

Center naturalists will lead the walk, and participants should dress for the outdoors. For information, call 475-0291.

Bethlehem library slates family dance

An old-time family dance for school-aged children and their families is set for Thursday, July 22, at 7 p.m. at Bethlehem Public Library, 451 Delaware Ave., Delmar.

Paul Rosenberg, founder of Saratoga's Dance Flurry Festival, will teach the Virginia reels, square and circle dancing, and folk dances, backed by a live string band. For information, call the library at 439-9314.

Services

(From Page 6)

Effects

Health insurance benefits can only be used for the treatment of medical illness. Consequently, a therapist must make a psychiatric diagnosis to confirm that treatment is medically necessary so that services can be covered.

The diagnostic criteria for mental disorders are described in a manual, DSM IV. It offers guidelines for making the diagnoses. Interestingly, the authors of DSM IV clearly state that these categories do not encompass all conditions for which people may be treated and that use of the criteria requires specialized clinical training. Nevertheless, reviewers at insurance companies, who often lack this training, do make important control decisions based solely on the DSM IV criteria.

The requirement that everyone engaged in psychotherapy must have a psychiatric diagnosis in order to receive benefits creates a false impression. The false impression is that anyone with a psychiatric diagnosis is defective in comparison to the general population which sails smoothly through life without any significant emotional disturbances.

The stigma associated with a psychiatric diagnosis is that only the seriously ill use professional intervention. The truth is, all of us need professional help at some time. We live in a fast paced, highly stressful society with lots of demands. None of us can be expected to have all the coping skills and understanding when they have not yet had a chance to develop in those areas.

Unfortunately, psychiatric diagnoses have come back to haunt clients. People report that using health insurance benefits for psychotherapy has actually cost them money. After making a claim, people found that their premiums went up. Despite overwhelming evidence that therapy improves general health and reduces medical bills, there are reports that life and disability insurance applications have been negatively affected by having a psychiatric diagnosis.

Some individuals have been denied coverage. Others have had their rates increased after receiving a psychiatric diagnosis. Applications to the military and for security clearances have been held up. And, in some cases, employers have reviewed job applicants' medical case histories provided by insurance companies. Is it unreasonable to think that businesses might partially base their hiring decisions on those records?

Advantages

Choosing not to use health insurance benefits for mental health services and to pay out-of-pocket instead, means the patient and therapist gain control over the treatment and full confidentiality is ensured. A psychiatric diagnosis is no longer required, so any repercussions that might arise from such a diagnosis are avoided.

Many therapists in the Capital District are eager to regain control over their work and to protect the privacy of their clients. They are open to setting flexible fee schedules. And they advocate excluding third-party payments in order to ensure your freedom of choice in treatment and the privacy of your medical information.

Susan S. Steinhart practices at 274 Delaware Ave. in Delmar and can be reached at 439-2743. Jane Colquhoun practices at 384 Kenwood Ave. in Delmar. She can be reached at 475-9733.

V'ville class of '89 planning reunion

The reunion committee of Clayton A. Bouton High School's class of 1989 is trying to locate classmates to notify them of 10th reunion festivities planned for Aug. 21 and 22.

The committee has been unable to locate the following classmates: Jon Benoit, Ron Carl, Laine DeSouza Carvalho, Tai-Wei Chiu (Bruce), Pwo-Lwu Chou (Leslie), Kevin Davis, Mike Dugan, Koren Gibbs, Kevin Germain, Tracy McFate, Peter Melinger and Claudia Paz Molina.

Anyone with information on these missing classmates can call Kristina Flanders at 465-7916.

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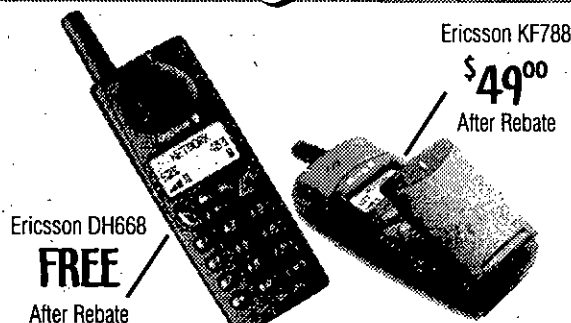
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Library craft club meets on Tuesdays

A craft club for school-age children, teaching a new craft at each session, will meet at Bethlehem Public Library on Tuesdays at 3 p.m. through Aug. 3.

For information, call the library at 439-9314.

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Parents

(From Page 1)

in three oblasts, entities similar to states. Many of the children come from orphanages in Murmansk, Kurgan or Omsk in Russia. The Bergerons have also set up programs in Ukraine and Kazakhstan, and are starting one in Moldova.

Mark Bergeron, who retired from teaching in Stillwater, still spends a great deal of time visiting orphanages and bureaucrats in areas where Children at Heart has programs. Janice Bergeron believes that is part of the reason adoptions through their agency run so smoothly.

"Mark will go to a new area and fine tune all the details," she said. "He also accompanies the first couple that goes to one of our new areas to adopt a child. We're received very well there, and I think it's because Mark goes personally. It makes them trust us and our facilitators."

Most adoptions take place within six months.

"The adoptive parents have to be approved through Immigration and Naturalization Services," Bergeron said. "Then their fingerprints are cleared through the FBI, we do a home study, and they're cleared through the Central Child Abuse Registry. They also have to put together an overseas file, with their passports, and letters from their doctors and employers."

While all the paperwork is being completed, the prospective parents receive a referral of a child, which includes photos, possibly a video, and a court date.

Bergeron hesitated to name the cost of an adoption, saying that it depends on many factors. In general, adoptions can cost up to \$23,000. Currently, there's a \$5,000 tax credit, and the Bergerons are encouraging people to write to their representatives in Congress, urging them to pass the "Hope for Children" bill, which will increase that amount. To help parents with expenses, Dave Shakow advises people on how to finance the adoption.

"Dave and his wife adopted an infant more than 20 years ago from Vietnam," Bergeron said. "This was something we needed, and Dave can offer advice about fi-

nancing to prospective parents."

Adoptive parents travel to their child's country to complete the adoption. Many of the towns now have hotels, although sometimes the parents stay with facilitators for Children at Heart. Bergeron said most of the parents are pleasantly surprised at the conditions in the orphanages.

"Often," she said, "when people call us, they have heard about bad situations in the orphanages. When parents get there, they are usually pleasantly surprised. The children are always playing, and clothed, and well taken care of. The orphanage workers do the best they can with what they have."

Parents receive a fair amount of medical information about the children.

"We tell parents to take it to their own pediatrician for an evaluation," said Bergeron.

After the adoption, Russia requires four post-placement visits, at 6 months, and at 1, 2 and 3 years. A social worker visits, and sends back photos and a report. The post-placement visits keep Children at Heart in touch with all of their families, as does the agency's annual picnic for families. This year's is scheduled for Sunday, July 18, from noon to 5 p.m. at the Slingerlands Firehouse on New Scotland Road.

"It's very informal," Bergeron said. "Bring your kids, some toys and your own food."

The picnic is also a great place for interested parents to meet with current families.

"Word of mouth, or meeting some of these children, is the best advertisement we have," Bergeron said.

In addition to its adoption and financial advice services, Children at Heart also raises fund to benefit orphanages.

"Twenty dollars clothes a child," Bergeron said. "We send the money to our facilitators, who give it to the orphanages, or buy things for them. The products are often in the country, it's just the money that's lacking."

Janice Bergeron, a lawyer formerly in private practice, said Children at Heart takes up most of her time. Since the agency is located in her home, she combines her professional life with

caring for her own family. In addition to her five adopted children, ages 9, 7, 6, 4 and 2, the Bergerons have three biological children, ages 22, 20 and 18.

"This is such a wonderful experience," she said. "People think we're crazy, but Mark and I sit and comment that we can't imagine what our lives would be like without this."

Slingerlands residents Mark and Angela Warner adopted two children through Children at Heart — 18-month-old Liliya was adopted in November 1998 and 14-month-old Victor, Children at Heart's 100th child, was adopted in February 1999.

"We went to a presentation by other adoptive parents," said Angela Warner. "Because the process is so long, one parent recommended that you indicate that you want two children. When you go over, you may want to adopt another child, and then you don't have to repeat the whole process ... When we got the video and pictures, how could we say no? You just fall in love with these children."

Travelling to Russia immersed the Warners in what Angela called "a totally different culture."

"We tried to take into account their life experiences, and where they were coming from," she said.

Both judges were concerned that, married only three years, the Warners' marriage might not last. And, the judge who conducted Victor's adoption was concerned that Angela would not be home full-time with the children.

"Parents who are already work-

ing in Russia receive half pay to stay home with their children," Warner said. "To them, Americans seem to earn a lot of money, but they don't understand that our cost of living is higher, too."

At ages 40 and 41, the Warners have become instant parents, something they are pleased about.

"It's what we've wanted," said Warner. "Like every parent, our life is about them. Every decision we make, everything we do, is scheduled around them."

Warner found Children at Heart to be very helpful.

"They prepared us as best they could," she said. "I feel like the adoption process is complicated and emotional, and Janice and Mark tried to support us without telling us what to do."

Warner also discussed the bad press foreign adoptions often receive.

"Don't believe everything you hear," she said. "If you work with an agency you trust, your children will be your greatest gift. Every child deserves to have a family, and you can't know the risks your own biological children might face."

"For us, it didn't matter how we'd have a family. People were worried about Liliya and Victor, but for us, it was a non-issue, and we would have dealt with whatever happened. Liliya and Victor are these two gifts we've gotten," said Warner.

Children at Heart is located at 145 N. Main St. in Mechanicville. The agency can be reached at 664-5988, or at its Web site at www.childrenatheart.com.

Report

(From Page 1)

the fire tower at the site.

The board will also consider final project approval of the 221-unit, 180-acre third section of the Dowerskill Village planned residential development, off Elm Avenue East. The board approved a state environmental quality review of the project two years ago, and the town's planning board recommended final project approval at its June 15 meeting.

Also facing action is a recommendation from Comptroller Judith Kehoe to seek potentially less costly longer-term contracts for insurance coverage for the town, instead of putting those contracts up for annual bidding. And the board will vote on appointing the Albany-based firm of McNamee, Lochner, Titus & Williams as the town's bond attorneys, replacing its long-standing bond counsel, the New York office of LeBoeuf, Lamb, Greene & MacRae. LeBoeuf, Lamb has decided to discontinue its bond service practice.

Officers named

The Community Foundation for the Capital Region has chosen William Caster of Slingerlands, senior vice president of Key Bank, as treasurer of the organization.

The foundation administers charitable funds established by individuals, families, businesses and private foundations.

Roberta Bastow of Glenmont, senior vice president and team leader for the Albany office of Fleet Private Clients Group, was named a new board member.

Youth Network

Play and stay safe this summer

We're officially in the summer season, when kids are home and have more time for leisure activities. It's time to hop on a bike, visit friends, and head to the park or nearest playground.

While you're being active I'd like to remind you to do it safely. We recently talked with kids and their parents as part of the Networks' Home and On Your Own series, and a number of questions continue to arise.

- Where should you Rollerblade? Hopefully, on a sidewalk or bike path. If there is none, Rollerblade on the right side of the road, with traffic.
- Why should you walk on the left facing traffic? You can see cars approaching and would have some time if you needed to take evasive action.
- Why should you ride your bike with traffic, on the right side of the road? Bikes can move pretty fast and it is better to be moving in the same direction as the cars because the impact of a crash between a car and bike would be less than if they collided head-on.
- What about one friend who is walking and one who is biking? There is no rule, but hopefully this pair would use a sidewalk, because they should be going slowly enough to not cause a problem. If there is no sidewalk, I'd suggest they stay on the left side of the road.
- What if I see someone starting to cross the street in a designated crosswalk? The law says to yield to the pedestrian in your half of the road.
- Is there a law about wearing reflective clothing or devices at night? It makes common sense that your chances of a car crashing into you is highly increased if the driver can't see you.

The next meeting of Bethlehem Citizens for Pedestrian Safety is July 19 at 7:30 p.m. at chamber of commerce offices in Main Square. We're eager for your input.

Thanks to Bethlehem Networks for giving BCPS a chance to help you play and stay safe. Have a safe summer.

Fran Stevens
Bethlehem Citizens for Pedestrian Safety

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Obituaries

Elizabeth W. Quirk

Elizabeth W. Quirk, 79, of Delmar died Sunday, July 11, at Our Lady of Mercy Life Center in Guilderland.

Born in Albany, Mrs. Quirk worked for the State Thruway Authority.

She was the widow of William J. Quirk.

Survivors include two daughters, Cathy Smith of Clarksville and Ann Quirk of Keene, N.H.; two sisters, Helen T. Wilkinson and Marcia W. Nelson; and a grandson.

A Memorial Mass will be celebrated at 9:30 a.m. today, July 14, at the Church of St. Thomas the Apostle, Adams Place, Delmar.

Arrangements were by the Tebbutt Funeral Home in Albany.

Contributions may be made to the American Diabetes Association, 50 Colvin Ave., Albany 12206.

Burial was in Mt. Pleasant Cemetery in New Salem.

Harry C. Oliver

Harry C. Oliver, 97, of New Salem died Wednesday, July 7, at his home.

Born in Guilderland, Mr. Oliver was a self-employed farmer for more than 50 years.

Survivors include two sisters, Mildred G. Oliver and Bertha Higgins, both of New Salem.

Services were private.

Arrangements were by the Fredendall Funeral Home in Altamont.

Contributions may be made to New Salem Fire Department, 705 New Salem Road, Voorheesville 12186 or Voorheesville Fire Department, 12 Altamont Road, Voorheesville 12186.

Stephen Ames

Stephen Charles Ames, 55, of Delmar died Tuesday, July 6, at Eden Park Nursing Home in Albany.

Mr. Ames worked for the Cerebral Palsy Center in Albany.

Survivors include two sisters, Beverly Phillips of Glenmont and Carolyn Halsdorf of Delmar.

Services were from the Applebee Funeral Home in Delmar.

Burial was in Westerlo Rural Cemetery.

Jessie Ness Ray

Jessie Ness Ray of Glenmont died Saturday, July 3, at Community Hospice of Albany County at St. Peter's Hospital.

Born in Lowell, Mass., she was a longtime resident of the Capital District.

She was a graduate of Mount Pleasant High School.

Mrs. Ray was a member of Glenmont Community Church.

She was the widow of Myron F. Ray.

Survivors include a daughter, Paula Ray; two sons Robert Ray and David Ray; a sister, Bella Feulner; and four grandchildren.

Arrangements were by the Magin & Keegan Funeral Home in Albany.

Services were in Parkview Cemetery in Schenectady.

Dorothy E. Rexroad

Dorothy E. Rexroad, 86, of Worcester, Otsego County, and formerly of Selkirk and Westford, died Tuesday, July 6.

She was a graduate of Westford

Union School and Syracuse Memorial Hospital School of Nursing.

Born in Worcester, she was a registered nurse. She worked for Albany Medical Center Hospital as a nursing supervisor before she retired.

Mrs. Rexroad was a member of Westford United Methodist Church and the Worcester Women's Club.

She was the widow of James E. Rexroad.

Survivors include two sisters, Nellie Bush of Westford and Georgia Sawyer of Worcester.

Services were from Westford United Methodist Church.

Burial was in Maple Grove Cemetery in Worcester.

Arrangements were by E.J. Skinner Co. Funeral Chapel in Worcester.

Contributions may be made to Westford United Methodist Church.

Memorial service

A memorial service for Ruth Hinkelman, formerly of Delmar, who died on June 28, has been scheduled for Saturday, July 17, at 11:30 a.m. at First Presbyterian Church, on State and Willett streets in Albany.

Financial planner named to council

Fidelity Investments announced that Mark Bryant of Bryant Asset Management has been named a member of the 1999 Fidelity Advisor Council (FAC).

The FAC recognizes and supports the exceptional achievements of investment professionals who offer Fidelity Advisor Funds, and offers benefits customized to its members' specific business situations and shareholder needs.

Mark Bryant is a certified financial planner who specializes in estate and retirement planning with over 18 years of service to his clients.

Correction

A story in the July 7 issue reported several businesses winning revaluations of 1999 Bethlehem property assessments. Owens-Corning, Sears Petroleum and Barker Steel had requested revaluations but were denied them by the Board of Assessment Review; they are now seeking them through the certiorari process in state Supreme Court.

Performance slated

Ventriloquist Sylvia Markson will entertain school-age children and their families in "Sylvia Markson and the Magic Trunk" on Thursday, July 15, at 7 p.m. at Bethlehem Public Library, 451 Delaware Ave., Delmar.

Volunteers

(From Page 1)

have a long way to go to reverse their enrollment decline. For one thing, 31 of the hot line callers were turned away, residents of service areas not served by one of the county volunteer units. That doesn't count a handful that Wright was able to route to other out-of-county companies, from Troy to Montgomery County to Rock City Falls on the outskirts of Saratoga Springs. And of the rest, 24 were potential Colonie volunteers, 14 in Guilderland and just 9 prospects for Bethlehem, New Scotland or the Hilltowns.

Still, any gain is a positive one. But such numbers are a drop in the bucket in combatting a potentially serious public safety problem. According to Wright, as recently as a dozen years ago, more than 4,000 volunteers were on volunteer fire and EMS rolls countywide.

Today, the count is somewhere between 1,900 and 2,500. That dwindling corps of volunteers answers a growing number of calls — more than 5,300 fire calls last year, Wright said.

Similarly, volunteer EMS units, about 500 strong, handle approximately 6,000 calls a year. And even those numbers mask the full extent of the problem.

A good many on those rosters are "social members," who rarely, if at all, go on emergency calls. Wright estimates that "active responders" across the county number about 800.

His own department in Elmsire, he said, counts upwards of 80 members, but an active core of about 30 frequent responders.

The problem is everywhere, according to Mike Rutnick, the newly-elected chief of Onesquethaw Volunteer Fire Company, which provides both fire and EMT service to a 42-square-mile area with 3,500 residents in southernmost New Scotland. An active force of 40 to 45 (out of 160 socials) answered almost 100 fire calls and between 250 and 300 EMS calls last year, he said.

"We're probably understaffed by at least 10 to 15 percent," he said. "It's making life difficult on those still around and active. It's not shortchanging us on calls at the moment. It's not hampering our delivery of services yet. But if we don't do something about it, down the road that could be a possibility."

"We know there's a problem," said Wright. "The question is, does everyone see it?"

County Legislator David Young conceded that he did not — until he began attending meetings of the county Recruitment and Retention Committee. The Delmar resident sits on the Legislature's Public Safety Committee, and has made the volunteer shortage something of a personal crusade since he sat in with the group

almost a year ago.

"That's when I realized we had a real serious problem," said Young, "and the only people who seemed aware of it were the firemen."

"I think the public doesn't even know if they're covered by a paid or volunteer fire department," said Wright. "Clearly some educating needs to be done."

Ironically, part of the problem is too much education of a very narrow sort.

"Thanks to TV shows, the public is more aware of the fact that there is a lot of training involved, and of the level of professionalism and care people get," Rutnick said. "They know an ambulance ride is not just a taxi ride anymore."

The proliferation of 911 service, and the public's increasing regard for emergency workers' professionalism, boosts demand.

"People who in the old days would bundle up somebody in their car and take them to the hospital themselves are taking the time now to call 911 and do it the right way," said Rutnick.

"When people call 911, they have a high expectation of that service. They don't really know or care who's delivering that service. When the fire department rolls up to fight a fire, folks have no idea if they're volunteers or not," he added.

For the record, all of the fire companies that serve Bethlehem and New Scotland are volunteer, along with volunteer ambulance services and rescue squads.

In fact, roughly 80 percent of Albany County's first-line emergency services are provided not by paid firefighters and EMTs, but by volunteers.

"When that horn goes off, people are leaving their jobs, people are leaving their homes, to answer the call," said Wright. The problem is, fewer and fewer are answering the bell.

Next week, Part Two. Local volunteer companies face a hard time recruiting, and a harder time holding on to, new recruits. What can be done to put out the brush fire?

Local lawyer elected to board

Barry A. Gold of Slingerlands has been elected to a three year term on the national board of directors of the Myasthenia Gravis Foundation of America.

He was unanimously selected by voting members at the group's annual meeting held in Atlanta, Ga.

Gold is a health lawyer and partner in the Albany firm of Thuillez, Ford, Gold & Johnson. He is also an adjunct associate professor at Albany Medical College.

Gold has a statewide practice representing health care professionals, patients and hospitals in cases involving professional misconduct, access to health care, medical malpractice and managed care issues.

He is married to Sherry Gold, and is the father of Sari and Ben Gold.

The Myasthenia Gravis Foundation of America is a nonprofit health association, which with its network of 35 chapters, serves the 35,000 Americans with Myasthenia Gravis — an incurable chronic autoimmune neuromuscular disease.

Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.

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Julie and Christopher Daniels

Schaeffer, Daniels marry

Julie Fay Schaeffer, daughter of Roger and Terrie Schaeffer of Ipswich, Mass., and Christopher Daniels, son of John and Joan Daniels of Slingerlands, were married Oct. 17.

The ceremony was performed by the Rev. Timothy Ziegenhals at First Congregational Church in Essex, Mass.

A reception followed at Rowley Country Club.

The matron of honor was Kristen Ganley, sister of the bride. Bridesmaids were Elizabeth Swindell, cousin of the bride, Colleen Fitzgerald, cousin of the groom, and Laurie Reed.

The best man was Jeffrey Daniels, brother of the groom. Ushers were Rick Ganley, brother-in-law of the bride, and Lars Allanson.

The bride is a graduate of Northern Essex Community College. She works in accounts payable at HPSC in Boston.

The groom is a graduate of Bethlehem Central High School and Johnson & Wales University. He is a meeting coordinator for Harrison Conference Center in Boston.

After a cruise to the Virgin Islands, the couple lives in Beverly, Mass.

Delmar lawyer named to PERB

John T. Mitchell of Delmar has been nominated to the Public Employment Relations Board of the state of New York by Gov. George Pataki and confirmed by the state Senate.

Mitchell is a partner in the Albany law firm of Tobin & Dempf, and has been in private law practice in Albany for the past 32 years.

The Public Employment Relations Board oversees labor relations involving public employers and employees and has its main office on Wolf Road in Colonie.

Mitchell is a past president of the Albany County Bar Association, a former member of the House of Delegates of the New York State Bar Association, a founding member of the Albany County Bar Foundation and was formerly counsel to the Bethlehem planning board.

A native of Amsterdam, Mitchell is a graduate of Canisius College and Albany Law School, and attended University College in Dublin, Ireland.

Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to PO Box 100, Delmar 12054.

Births

St. Peter's Hospital

Girl, Zoe Dolores Zuelsdorf, to Terri and Timothy Zuelsdorf of Glenmont, June 23.

Girl, Lauren Garman Randles, to Angela and Jeffrey Randles of Delmar, July 1.

Out of town

Boy, Joseph Peter Cunningham, to former Delmar resident Daniel and Ann Cunningham of Carlisle Springs, Pa., June 13.

Dean's List

Bates College — Christian McTighe of Delmar.

Bryant & Stratton Business Institute — Catherine Kaufman of Glenmont.

Georgia Tech — Trafton Drew of Delmar.

Keuka College — Justina Bidell of Delmar.

Middlebury College — Bradley Pryba of Delmar.

Rochester Institute of Technology — Carrie Brown of Glenmont.

Russell Sage College — Christine Cedilotte of Glenmont.

SUNY Cortland — Kelly Dobbett of Delmar.

University at Albany — Nikki Royne of Delmar.

University of Delaware — Stephen Fiato of Selkirk and Emily Fireovid, Jodi Heim and Kerry VanRiper, all of Delmar.

Class of '99

Case Western Reserve University

David Wolpaw of Delmar (doctor of medicine).

College of the Holy Cross

Matthew Nuttall of Delmar (bachelor of arts).

Connecticut College

Dana Leveston of Delmar (bachelor's in Hispanic studies).

Purdue University

Cheryl Goeldner of Delmar (bachelor of science).

SUNY Geneseo

Julie Davidson formerly of Glenmont (bachelor's in elementary and special education).

University of Chicago

Shayna Klopott of Delmar (bachelor of arts with honors).



John Eudy and Linda Brown

Brown, Eudy engaged

Linda Catherine Brown, daughter of Richard and Janet Brown of Delmar, and John DeWayne Eudy, son of John Eudy of Locust, N.C., and Debbie Eudy of Spruce Pine, N.C., are engaged to be married.

The bride-to-be is a graduate of Ravena-Coeymans-Selkirk Senior High School and SUNY Oneonta. She is a second-grade teacher at

Shawtown Elementary School in Lillington, N.C.

The future groom is a graduate of Mitchell High School. He is a C-130 Loadmaster in the Air Force stationed at Fort Bragg in Fayetteville, N.C.

The couple plans an Oct. 30 wedding.

BCHS student wins vocal award

The Burnt Hills Oratorio Society recently announced the winners of its second annual vocal awards audition, held in May at Emma Willard School in Troy.

The awards are given to two high school juniors or seniors who exhibit outstanding vocal performing skills during an audition in front of three qualified judges.

McCaella Curran, a junior at Bethlehem Central High School, received one of the awards.

Curran has performed in musical theater, including "Oklahoma" and "Pirates of Penzance." She has appeared in Park Playhouse II Youth Theater for four years,

most recently starring as the narrator in "Joseph and the Amazing Technicolor Dreamcoat." She participates in choir and select singing groups at BCBS, and was chosen to sing in the 1998 Area All State Choir and the Empire State Youth Chorale in 1997 and 1998.

This summer she will be touring Europe with American Music Abroad Honors Choir.

She has studied piano with Pat Healy for 10 years, and voice with Anne Turner for three years.

Curran will sing a solo at the Burnt Hills Oratorio Society's Dec. 5 concert at St. Clement's Church in Saratoga Springs.



Elm Avenue Park to host juggler

Bethlehem Parks and Recreation Department will sponsor a performance by unicyclist and juggler Mike McCrea at Elm Avenue Park on Monday, July 19, at 7 p.m.

If it rains, the free performance will be at Bethlehem Public Library at 451 Delaware Ave., Delmar.

Here's to a Wonderful Wedding!



INVITATIONS

Paper Mill Delaware Plaza. 439-8123
Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.

JEWELRY

Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

LIMOUSINE

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SPOTLIGHT ON **Family ENTERTAINMENT**
 CALENDARS ♦ ARTS & ENTERTAINMENT

Rollin' on the River

Second Albany Riverfest brings entertainment potpourri to the Corning Preserve

By JOSEPH A. PHILLIPS

Fleet's Albany Riverfest returns to Albany's Corning Preserve on July 17 and 18 for a second year — with a bit of fine-tuning that strengthens the event's focus on the river it is designed to celebrate.

Make no mistake: the family-oriented mini-fest was a hit last summer with its mix of live entertainment, carnival excitement and a host of water-related activities. There was just one hitch, says Susan Clear of the city's Department of Special Events and Volunteer Services, who's coordinating this year's Riverfest: "Last year we had a lot of carnival rides, but they tend to obscure people's view of the river. So we're scaling that down a bit and focusing more on interactive activities, live entertainment and events on the river."

It is, after all, called Riverfest. So goodbye, Ferris wheel; hello, Hudson.

Not that the carnival atmosphere is a goner. The Reactor virtual-reality ride will be on hand, along with a climbing wall, and other rides and games.

There will be plenty more for landlubbers to do during the two day fest. A craft show and farmer's market will set up shop in the preserve for the duration of the festival, and plenty of food will be on hand, from such Albany eateries as Clayton's Caribbean, Yorkstone Pub and others. And there's lots of entertainment on hand on the festival's two stages and roaming the crowd.

But the highlight this year is clearly the fest's on-the-water spectacles. Saturday night will feature a lighted boat parade, organized by members of the Albany Yacht Club just south of the Corning Preserve and involving members of the Castleton Yacht Club as well. More than 30 boats are expected to participate this year, assembling about an hour before the procession northward sets sail along the far bank of the Hudson shore at dusk.

"It's really quite pretty, with boats of all sizes, decorated with Christmas lights," said Cleary. And decorated with some other outlandish displays, too: "Even Elvis participated in Riverfest last year!" said Cleary of the enthusiastic impersonator who performed from the fantail of his yacht for the onshore crowd.

When the procession reaches the north end of the preserve, the parade boats tie up together to give way for a fireworks display over the water, at about 9:15 p.m., depending on the length of the procession. Then the boats proceed southward along the near shore for a second look.

Sunday, the focal event is an elaborate ski show by the Coors Light U.S. Water Ski Show Team. They've built up a fan following for their frequent performances on the Mohawk, where they summer in Scotia.

Beginning at 2 p.m. Sunday they'll launch one of their ambitious themed performances — built around the fictitious tale of the legendary adventurer Scotia Jones taking on Nasty Norman and his henchmen in a battle to recapture a rare diamond. Featuring a jumping team, high speed barefoot skiing and a four-tier human pyramid, the show's a crowd pleaser.

Sport fisherman George Boyce will also be on hand to talk with fellow anglers about his adventures in New

York's great fishing locations, sign autographs and show off his 1999 Astro custom-made bass boat.

At a stage on the northern end of the preserve, performances will alternate both afternoons between The Puppet People, a locally-based ensemble offering several different shows in a variety of styles and lots of interaction for the youngsters; and the Autry sisters, Barbara and Joslyn, practitioners of the declining art of rope-spinning

at rodeos, state fairs and festivals everywhere. (Yes, little doggie, they are related to that Autry and carry on the family cowboy tradition.)

Roaming the crowd during the festival will be performing unicyclist Mike McCrea, the madcap Henry the Juggler, and Bubbles the Clown, facepainting for the youngsters. And there will be music. Throughout the fest, the Andean musical ensemble Sacha, favorite at Tulip Fests of recent years and last summer's Riverfest, will roam the riverside crowd with their acoustic New Age sound.

The main stage in the heart of the festivities will feature a number of local acts on Saturday, beginning at 2:30 p.m. with the Irish-traditional ensemble Teanga NA Gael; the four-piece rock band, luckymartin; a '60s-style club favorite, Susan and the Surftones; Alive at Five rockabilly swing act Rocky Velvet; and the house band at Albany's Metro dance club, Jill Hughes and the Institute for Soul Research.

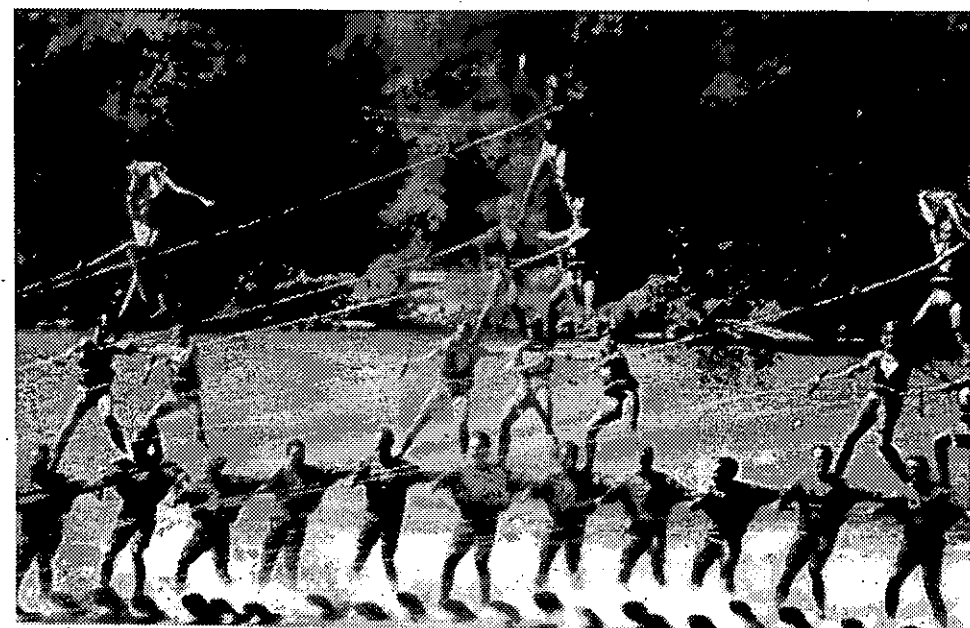
Sunday's main stage acts include a Reggae/world music master from Massachusetts, Abdul Baki; local blues-R&B guitar virtuoso Chuck D'Aloia; and saving the best for last, the headliner at 4 p.m., legendary blues rocker, Leon Russell.

The free Fleet's Albany Riverfest is set for noon to 9:30 p.m. on Saturday and noon to 6 p.m. on Sunday.

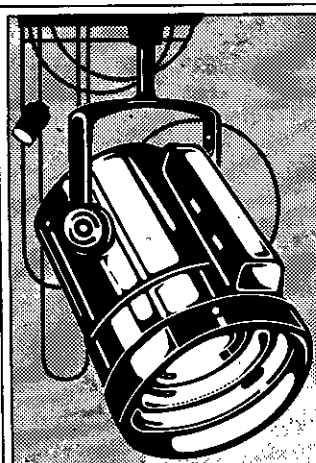
Joslyn Autry along with her sister Barbara will perform rope spinning tricks on Sunday.



Legendary blues rocker Leon Russell appears on the main stage late Sunday afternoon.



Beginning at 2 p.m. on Sunday, the Coors Light U.S. Water Ski Show Team will perform aquatic feats of derring-do.



You're the Winner!

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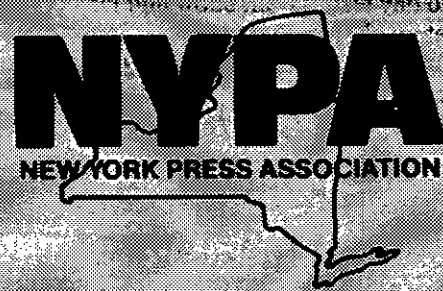
You can't blame us for feeling proud. We won seven awards at the New York State Press Association convention this year. Against stiff competition from weekly newspapers throughout the state, we were cited for excellence in a number of categories.

And while winning awards is nice, our ultimate objective is to please you, our readers, by providing local news coverage and entertainment that you won't find anywhere else.

So when we win awards we feel that our hard work is paying off and that you win with the best coverage and most interesting features we can provide.

Our 1999 NYPA Awards

- Katherine McCarthy's Mom's the Word
1st Place - Best Column
3rd Place - Best Humor Column
- 1st Place - Best Editorial Page - The Spotlight
- 2nd Place - Best Editorial - The Colonie Spotlight
- 2nd Place - Len Tarricone - Best Sports Feature
- 2nd Place - Best Local Government Coverage - The Spotlight
- Honorable Mention - Peter Hanson - Best Spot News Coverage



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The Spotlight • Colonie Spotlight • Loudonville Weekly • Clifton Park Spotlight
Niskayuna Journal • Rotterdam Journal • Scotia-Glenville Journal

ARTS and ENTERTAINMENT

THEATER

WEST SIDE STORY

Broadway musical, Mac-Haydn Theatre, Route 203, Chatham, through July 25, \$17.90 to \$19.90, \$9 for children under 12. Information, 392-9292.

OLIVER

Family Players production, Guiderland Performing Arts Center, Tawasentha Park, Route 146, July 14 to 18, \$8, \$4 for students and seniors. Information, 456-8604.

THE TAMING OF THE SHREW

Williamstown Theatre Festival, Route 2, Williamstown, through July 18, \$20 to \$37. Information, 413-597-3399.

ALWAYS ... PATSY CLINE

Capital Rep, 111 N. Pearl St., Albany, July 19 to Aug. 16, \$25 and \$29. Information, 445-7469.

MUSIC

RICHIE HAVENS

The Van Dyck, 237 Union St., Schenectady, July 16, 7 and 9:30 p.m., \$25. Information, 381-1111.

CHER

with Cyndi Lauper and Wild Orchid, Pepsi Arena, South Pearl Street, Albany, July 16, 7:30 p.m., \$45 and \$55. Information, 487-2000.

THE IRISH TENORS

with James Galway, Pepsi Arena, South Pearl Street, Albany, July 17, 8 p.m., \$35 and \$45. Information, 487-2000.

ZIGGY MARLEY AND THE MELODYMAKERS

Saratoga Performing Arts Center, Saratoga Springs, July 18, 8:15 p.m., \$12.50 and \$20. Information, 587-3330.

BOB DYLAN and PAUL SIMON

Pepsi Arena, South Pearl Street, Albany, July 20, 7:30 p.m., \$40 and \$50. Information, 487-2000.

VICTOR HERBERT FESTIVAL

cabaret concert of light opera music, Arts Council Theater, 320 Broadway, Saratoga Springs, July 16, 17, 23 and 24, 8 p.m., \$12.50. Information, 584-7469.

DANCE

NEW YORK CITY BALLET

Saratoga Performing Arts Center, Saratoga Springs, "American Tribute," "Interplay," "Tarantella," "Barber Violin Concerto" and "Stars & Stripes," July 14 at 8:15 p.m.; "American Tribute," "Interplay," "Tarantella," "Barber Violin Concerto" and "Stars & Stripes," July 15 at 2 p.m.; Balanchine Tribute -- "Apollo," "Orpheus" and "Agon," July 15 at 8:15 p.m.; Robbins Tribute -- "Circus Polka," "2 & 3 Part Innovations," "Les Noces" and "I'm Old Fashioned," July 16 at 8:15 p.m.; "American Tribute," "Interplay," "Tarantella," "Barber Violin Concerto" and "Stars & Stripes," July 17 at 2 p.m.; Gala -- "Therm Twos," "I'm Old Fashioned" and "Duke!" July 17 at 8:15 p.m.; Stravinsky Tribute -- "Suite from L'Histoire du Soldat," "Firebird" and "Stravinsky Violin Concerto," July 20 at 8:15 p.m.; "Irish Fantasy," "Fearful Symmetries" and "Tchaikovsky Suite No. 3," July 21 at 8:15 p.m.; \$5 to \$45, except for gala. Information, 587-3330.

FAMILY FUN

PARABLE OF THE GREAT FISH

Arm-of-the-Sea Theater production, Proctor's Theatre, State Street, Schenectady, July 20, 10 a.m., \$4. Information, 346-6204.

VISUAL ARTS

NEW YORK STATE MUSEUM

Looking Back: The New York State Museum in the Year 2000, through March 12; Crossroad Images: Postcard Views of Rural New York, through Jan. 2; Treasures from the Wunsch Americana Foundation, through Sept. 13; the Weitsman Stoneware Collection, through Sept. 13; plus permanent collections, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE OF HISTORY & ART

artists of the Hudson-Mohawk Region, Harmanus Bleecker Library, Washington Avenue at Dove Street, noon to 4 p.m., except Mondays, through Aug. 22. Information, 463-4478.

SCHENECTADY MUSEUM

Silk: Variations on a Thread, through Sept. 5, plus permanent exhibits, Nott Terrace Heights. Information, 382-7890.

ALBANY CENTER GALLERIES

Berkshire Artists and Lisa Yetz: Recent Work, 23 Monroe St. Information, 462-4775.

ENVIRONMENTAL ART: SCULPTURE IN THE GARDEN

Albany Center Galleries outdoor sculpture show at Ten Broeck Mansion, 9 Ten Broeck Place, Albany, through Aug. 27. Information, 462-4775.

MILL COTTAGE GALLERY

Architectural Cathedrals -- barns as art, Main Street, Rensselaerville, through July 25. Information, 797-5191.

CALL FOR ARTISTS

DELMAR COMMUNITY ORCHESTRA

openings in the string, horn and percussion sections. Information, 439-1603.

COLONIE TOWN BAND

openings for percussion, tuba and bassoon players, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 356-4331.

COLONIE CENTENNIAL BRASS CHOIR

openings for trumpet players, rehearsals on first Wednesday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 384-1924.

AUDITION

for Capitol Hill Choral Society for the 1997-98 season. All voice parts. Information, 465-3328 or 374-4399.

MONDAY MUSICAL CLUB WOMEN'S CHORUS

invitation for new members to join in singing classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

SINGERS NEEDED

for upcoming David's Tabernacle 300-voice choir performance of Handel's "Messiah." Information, 459-3152.

CAPITAL COMMUNITY VOICES

singers needed, rehearsals at Columbia High School, Luther Road, East Greenbush, 7 to 9 p.m., Tuesdays. Information, 477-8308.

CLASSES/LECTURES

MUSIC CLASSES

in many folk instruments, Old Songs, ROI Center, Route 155, Guiderland. Information, 765-2815.

MUSEUM ART CLASSES

ongoing, Albany Institute of History & Art, 125 Washington Ave. Information, 463-4478.

DANCE CLASSES

ongoing, all levels, ballet, jazz and modern, New School of Ballet, 1098 Parkwood Blvd., Schenectady, Mondays to Thursdays and Saturdays. Information, 346-1096.

ART CLASSES

watercolor and oil, beginner and advanced, taught by Kristin Woodward. Information, 783-1828.

www.spotlightnews.com

Area FREEBIES

Wednesday, July 14

- Ray Jung Trio, Jay Street, Schenectady, noon. Information, 382-3884.
- "Gypsy," Park Playhouse, Washington Park, Albany, 8 p.m.

Thursday, July 15

- The Refrigerators, with Larry Lewis and Sound Smoke, Corning Preserve, Albany, 5 p.m.
- "Gypsy," Park Playhouse, Washington Park, Albany, 8 p.m.

Friday, July 16

- Mark Rabin, Tom's Taste Treat, Route 85, New Scotland, 6 to 9 p.m.
- Jonathan Bright, Borders Books & Music, 59 Wolf Road, Colonie, 8 p.m.
- "Gypsy," Park Playhouse, Washington Park, Albany, 8 p.m.

Saturday, July 17

- Fleet Albany Riverfest, Corning Preserve, music from 2:30 to 9:15 p.m. by Teanga Na Gael, Lucky Martin, Susan and the Surftones, Rocky Velvet and Jill Hughes and the Institute for Soul Research, fireworks at dusk.
- Gloria Jean, Tom's Taste Treat, Route 85, New Scotland, 6 to 9 p.m.
- Amy Abdou, Borders Books & Music, 59 Wolf Road, Colonie, 8 p.m.
- "Gypsy," Park Playhouse, Washington Park, Albany, 8 p.m.

Sunday, July 18

- Fleet Albany Riverfest, Corning Preserve, music from 1 to 5:15 p.m. by Abdul Baki, Chuck D'Aloia and Leon Russell.
- Hart Rouge, Central Park, Schenectady, 3 p.m.
- "Gypsy," Park Playhouse, Washington Park, Albany, 8 p.m.

Monday, July 19

- Samba Ngo, with Umoja Dance and Drumming Co., Park Playhouse, Washington Park, Albany, 7:30 p.m.

Tuesday, July 20

- "Gypsy," Park Playhouse, Washington Park, Albany, 8 p.m.

Wednesday, July 21

- Rosie and the Riveters, Jay Street, Schenectady, noon. Information, 382-3884.
- Indigo Swing, The Camaros and Teresa Broadwell's Thrivin' on a Riff, Empire State Plaza, 6:30 p.m.
- "Gypsy," Park Playhouse, Washington Park, Albany, 8 p.m.

Super CROSSWORD

ACROSS

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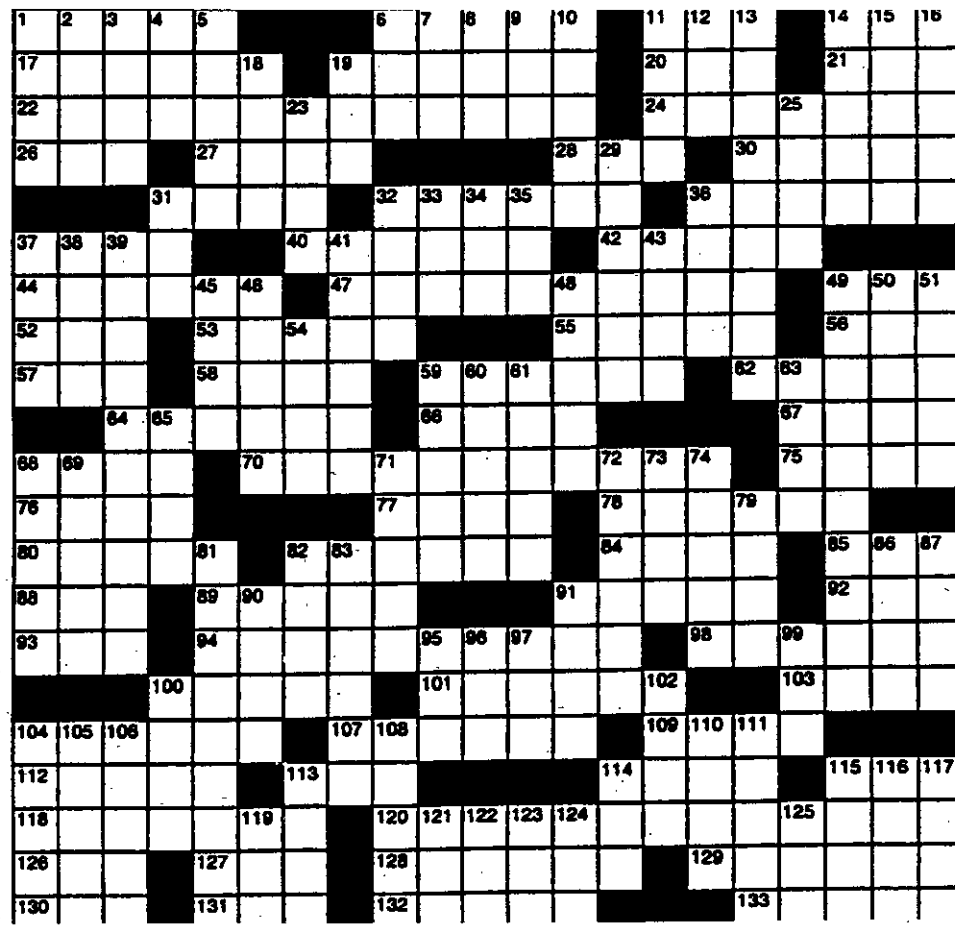
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- 98 Saddle sore
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- 100 Surrendered
- 101 Plains native

- 103 Rainbow goddess
- 104 Repeat performance
- 107 Pleased as Punch
- 109 Middle-weight Tony
- 112 Pick up
- 113 In favor of
- 114 Cheeseboard choice
- 115 Baseball's Ripken
- 118 Trattoria
- 120 End of remark
- 126 Japanese statesman
- 127 It may be crude
- 128 Erato's sister
- 129 Soup spot
- 130 Buck's beloved
- 131 Society page word
- 132 Opening remark?
- 133 Black-and-white delight

- 5 Snicker sound
- 6 Legal matter
- 7 Significant years
- 8 Comic
- 9 Claire or Balin
- 10 He went through hell
- 11 Covenant
- 12 Lyricist
- 13 Play girls?
- 14 Rover's restraint
- 15 "Jaws" setting
- 16 Drilling site?
- 18 Bruce or Laura
- 19 Tayback of "Alice"
- 23 Clears (of)
- 25 Cassette
- 29 Pier of "The Silver Chalice"
- 31 August one?
- 32 Cowardly
- 33 Rock producer
- 34 Master
- 35 Trouble
- 36 Fligatoni relative
- 37 Leave port
- 38 Lot size
- 39 Brawl
- 41 Acts like ivy

- 43 West-Coast sch.
- 45 Agitated state
- 46 Jessica Parker
- 48 Laid a road
- 49 Wagner opera
- 50 Bicker
- 51 "The Sun Also Rises"
- 54 Spanish surrealist
- 59 "The Merry Widow"
- 60 composer
- 61 Greet Eos
- 63 Desire
- 65 Like of bricks
- 68 Strawberry stat
- 69 Comedian
- 71 Bow or Barton
- 72 Live
- 73 See 89
- 74 Across
- 79 "Smooth Operator"
- 81 "Delight" ("76 smash)
- 82 Woods dweller?
- 83 Schubert songs
- 86 Soprano Te Kanawa

- 87 Former spouses
- 90 Big vein
- 91 Little lake
- 95 Health concern
- 96 "Good-Fellas" gun
- 97 Be in debt
- 99 Compete
- 100 Succotash ingredient
- 102 Taft
- 104 Spanish hero
- 105 Peachy-keen
- 106 Kayak, for one
- 108 Reluctant
- 110 "it the truth?"
- 111 Abate
- 113 Velvet feature
- 114 Arthur of "Maude"
- 115 "Fargo" director
- 116 In the sack
- 117 Singer
- 119 Inexactitude
- 121 Hen or pen
- 122 Producer
- 123 Architect's add-on
- 124 "O Sole "
- 125 La-la lead-i





Recreating Spa music history

Light operetta composer Victor Herbert conducts on the porch of the Grand Union Hotel in Saratoga Springs in 1902. For the eighth summer, the Victor Herbert Festival will present a musical cabaret featuring Herbert's music. Concerts will be in the Arts Council Theater, 320 Broadway, Saratoga Springs, on July 16, 17, 23 and 24 at 8 p.m. Tickets are \$12.50. For info, call 584-7469.

Photo by M. J. Voss

THE BAD NEWS:

The *Times Union* is not covering your local school board meeting this week.

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Spotlight CALENDAR

WEDNESDAY
JULY 14

BETHLEHEM

CHILDREN'S BIBLE STORIES
"Who wasn't afraid of lions — even hungry ones?" Program for children aged 4 to 10, accompanied by adult, Christian Science Reading Room, 397 Kenwood Avenue, Delmar, 10 a.m., Free. Information, 439-2512 or 439-2922.

YOUTH EMPLOYMENT SVCS.
Parks and Recreation Office, Elm Avenue Park, 2 to 4:30 p.m. Also Tues., Thurs. Information, 439-0503.

TOWN BOARD
town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS
The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

BINGO
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

RED MEN
St. Stephen's Church, Elsmere, 7:30 p.m. Information, 439-3265.

DELMAR FIRE COMMISSION
firehouse, Adams Place, 7:30 p.m. Information, 439-3851.

NEW SCOTLAND

NUTRITION PROGRAM
"ABC's of Infant & Toddler Nutrition", William J. Rice Cornell Cooperative Extension Center, 24 Martin Road, Voorheesville, 6:30-8 p.m. Registration, 765-3500.

CONCERT AT V'VILLE LIBRARY
Tom Seiling, Voorheesville Public Library, 51 Schoolhouse Road, Voorheesville, 7 p.m., Free. Information, 765-2791.

NEW SCOTLAND SENIORS
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING
First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

AL-ANON MEETING
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

THURSDAY
JULY 15

BETHLEHEM

OUTDOOR PROGRAM
Wildflower walk, Five Rivers Environmental Education Center, Game Farm Road, Delmar, 10 a.m. Dress for outdoors. Information, 475-0291.

RECOVERY, INC.
self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

AM. LEGION LUNCHEON
for members, guests and membership applicants, Blanchard Post, 16 Poplar Drive, noon.

BETHLEHEM SENIOR CITIZENS
town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

Lindsay Auction

Saturday, July 24th
10am preview
12 pm start.

Bethlehem Elks Lodge
Rt. 144 Selkirk and
Every 4th Sunday of
the month except Dec.
(south on 1787 to left onto
No. Pearl (Rt. 144) to Selkirk)

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10% Buyer's Premium

Contact
D. Lindsay Carrk,
Auctioneer
with questions and consignments
439-5022 or 448-5464 (pager)

BETHLEHEM ART ASSOC.
Bethlehem Public Library, 451 Delaware Ave., 6:45 p.m. p.m. Information, 768-2624.

SPECIAL EVENT AT LIBRARY
"Sylvia Markson and the Magic Trunk," ventriloquist and friends talk up reading for school-age children and their families; Bethlehem Public Library, 451 Delaware Avenue, Delmar, 7 p.m. Information, 439-9314.

AA MEETINGS
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

CLASS IN JEWISH MYSTICISM
Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

AA MEETINGS
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND

NEW SCOTLAND KIWANIS CLUB
New Scotland Presbyterian Church, Route 85, 7 p.m.

FRIDAY
JULY 16

BETHLEHEM

"LIBRARY BABIES"
Monthly social gathering for babies 15-21 months and their parents or caregivers; toys, board games, puzzles available. Bethlehem Public Library, 451 Delaware Ave., Delmar, 10 a.m. Registration, 439-9314.

DUPLICATE BRIDGE
all levels, St. Stephen's Church, Elsmere, 7:30 p.m. Information, 462-4504.

AA MEETING
First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

OPEN GYM BASKETBALL
Bethlehem Central High School Lower Gym, sponsored by the Bethlehem Parks & Recreation Department, 8-11 p.m., \$1. Information, 439-4131.

NEW SCOTLAND

YOUTH GROUP MEETINGS
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

SATURDAY
JULY 17

BETHLEHEM

AA MEETING
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

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is sold at Clarksville Mini
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JULY 18

SUMMER WORSHIP CHANGES

BETHLEHEM LUTHERAN
85 Elm Ave., Delmar, Summer worship schedule: 8:15 a.m. breakfast; 9:30 p.m. worship; 10:30 a.m. coffee and fellowship. Infant and nursery care, assistive listening devices, handicap accessible. Information, 439-4328.

FIRST REFORMED CHURCH
Route 9W, Selkirk. Summer hours, worship service, 10 a.m., child-care provided, no church school for summer. Information, 767-2243.

PRESBYTERIAN CHURCH IN NS
2010 New Scotland Road, New Scotland; summer worship service, 9 a.m., nursery care provided. Information, 439-6454.

MONDAY
JULY 19

BETHLEHEM

DELMAR KIWANIS
Days Inn, Route 9W, 6:15 p.m. Information, 439-24377 or 439-6952.

"BOOKS BEFORE BED"
Program for children aged 3-6; pj's optional. Bethlehem Public Library, 451 Delaware Avenue, Delmar, 7 p.m., weekly through Aug. 2. Information, 439-9314.

INDOOR PISTOL SHOOTING
Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

DELMAR COMM. ORCHESTRA
rehearsal, town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-1603.

TEMPLE CHAPTER 5 RAM
Masonic Temple, 421 Kenwood Ave.

AA MEETING
Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND

SUMMER READING CLUB
For mid-teens, Voorheesville Public Library, 51 Schoolhouse Road, Voorheesville, 7 p.m. Information, 765-2791.

QUARTET REHEARSAL
United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

TUESDAY
JULY 20

BETHLEHEM

TREASURE COVE THRIFT SHOP
First United Methodist Church, 428 Kenwood Ave., 9 a.m. to 6 p.m.

'THRIFT SHOP AND LUNCH
sponsored by the South Bethlehem United Methodist Women's Organization, at the church on Willowbrook Avenue, 10 a.m. to 4 p.m., with lunch from 11 a.m. to 1 p.m. Information, 767-9953.

CRAFT CLUB AT LIBRARY
For school aged children; Bethlehem Public Library, 451 Delaware Avenue, Delmar, 3 p.m. Information, 439-9314.

TAKE POUNDS OFF SENSIBLY
Glenmont Community Church, Weiser Street, 6 p.m. weigh-in, 6:30 p.m. meeting. Information, 449-2210.

OUTDOOR PROGRAM
Walk in search of insects and their homes, geared to family audience, Five Rivers Environmental Education Center, Game Farm Road, Delmar, 7 p.m. Dress for outdoors. Information, 475-0291.

PLANNING BOARD
Including public hearing on First Columbia project on New Scotland road; town hall, 7:30 p.m. Information, 439-4955.

BOOK DISCUSSION GROUP
Discussing "The Ideal Bakery," short stories by Donald Hall; Bethlehem Public Library, 451 Delaware Avenue, Delmar, 7:30 p.m. New members welcome. Information, 439-9314.

BINGO
at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

DELMAR ROTARY
Howard Johnson's, Route 9W. Information, 439-9988.

ONESQUETHAU LODGE 1096 F&AM
Masonic Temple, 421 Kenwood Ave.

NEW SCOTLAND

STORY HOUR
Voorheesville Public Library, 51 School Road, 10 a.m. Information, 765-2791.

NIMBLEFINGERS/QUILTERS
Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

VOORHEESVILLE PTA
in the elementary school cafeteria, 7:30 p.m. Information, 765-3644.

WEDNESDAY
JULY 21

BETHLEHEM

CHILDREN'S BIBLE STORIES
"Who put two elephants into a boat with lots of other animals?" Program for children aged 4 to 10, accompanied by adult, Christian Science Reading Room, 397 Kenwood Avenue, Delmar, 10 a.m., Free. Information, 439-2512 or 439-2922.

BETHLEHEM ELKS LODGE 2233
Route 144, Cedar Hill, 8 p.m. Information, 767-2886.

ZONING BOARD OF APPEALS
Three public hearings scheduled on homeowners' zoning variance applications; town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BINGO
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BC SCHOOL BOARD
district office, 90 Adams Place, 8 p.m. Information, 439-7098.

ONESQUETHAU CHAPTER, OES
Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

NEW SCOTLAND

SCIENCE STORY TIME
Voorheesville Public Library, 51 Schoolhouse Road, Voorheesville, 7 p.m. Information, 765-2791.

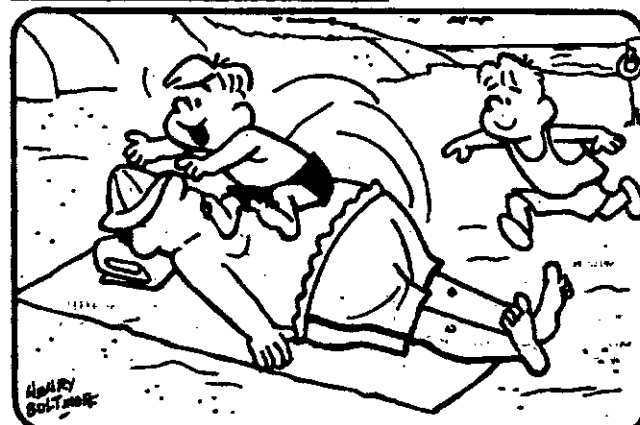
V'VILLE PLANNING COMMISSION
village hall, 29 Voorheesville Ave., 7:30 p.m. Information, 765-2692.

NEW SCOTLAND SENIORS
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

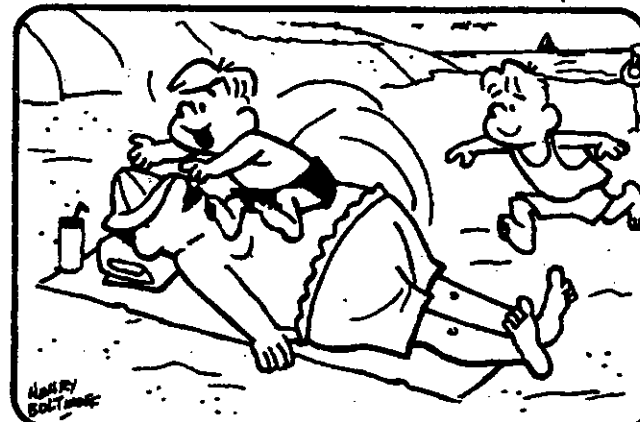
AA MEETING
First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

AL-ANON MEETING
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Boy is barefoot. 2. Blanket is narrower. 3. Man has mustache. 4. Water bottle has been added. 5. Swim trunks have no stripe. 6. Boat is on horizon.

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LEGAL NOTICE**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**

The name of the LLC is First Columbia Management, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 17, 1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 210 Washington Avenue Extension, Albany, New York 12203.

(July 14, 1999)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is CEJ HOLDINGS, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 11, 1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o Edward R. Keis 83 Pico Road, Clifton Park, New York 12065.

(July 14, 1999)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is Columbia 215, L.L.C. The

Articles of Organization of the LLC were filed with the NY Secretary of State on June 1, 1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203.

(July 14, 1999)

NOTICE OF PUBLICATION

Nest-Resort Development LLC was filed with SSNY 6/16/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Hawk Marketing Dev. LLC was filed with SSNY 6/16/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Granistone LLC was filed with SSNY 6/25/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC

LEGAL NOTICE

served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Leida Holdings LLC was filed with SSNY 6/22/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Clover Securities LLC was filed with SSNY 6/22/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Tigerman Fish, LLC was filed with SSNY 6/25/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Rutini LLC was filed with SSNY 6/22/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Ferransville LLC was filed with SSNY 6/25/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Fun World LLC was filed with SSNY 6/11/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process

LEGAL NOTICE

against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Alaskan Overseas Trading LLC was filed with SSNY 5/20/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

M.D. Mansel Developments LLC was filed with SSNY 5/20/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Wynter Trading LLC was filed with SSNY 5/24/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Wynter Trading LLC was filed with SSNY 5/24/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Wynter Trading LLC was filed with SSNY 5/24/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

C.M. East West marketing Services LLC was filed with SSNY 6/16/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207.

LEGAL NOTICE

Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

A.W.T. Afro Wood Trading LLC was filed with SSNY 6/14/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

Kilda Marketing LLC was filed with SSNY 6/8/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLICATION

STG Bolex Construction LLC was filed with SSNY 6/24/99. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 46 State St., Albany, NY 12207. The registered agent of the company, designated to accept process against the company, is USA Corporate Services Inc., 46 State St., Albany, NY 12207. Purpose: any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLIC HEARING

Notice is here by given that the Planning Board of The Town of Bethlehem, Albany County, New York, will hold a public hearing on Tuesday, July 20, 1999, at the Town Office, 445 Delaware Ave., Delmar, New York, at 7:30 p.m., to give consideration of an application for BUILDING PROJECT APPROVAL in PLANNED COMMERCIAL DISTRICT #6, for First Columbia, LLC, 210 Washington Ave. Ext., Albany, NY, to construct a 40,000sq. ft., 2 story community health care facility at 1240 New Scotland Rd., Slingerlands, NY, as shown on plans entitled, "New Scotland Road Medical Arts Building, Building Project Approval Plan - Planned Commercial District No. 6, Town of Bethlehem - Albany County, New York" Sheets SP1-SP4, dated June 1999, AS REVISED, and prepared by David Sanders, PC, Engineers, E. Greenbush, NY & Kleink Assoc., LA, Delmar, NY.

Douglas Hasbrouk

LEGAL NOTICE

Chairman, PLANNING Board

NOTE: Disabled individuals who are in need of assistance in order to participate in the public hearing should contact David Austin at 439-4131. Advance notice is requested.

(July 14, 1999)

NOTICE

Notice is hereby given that an Order entered by the Supreme Court, County of Albany, on the 7th day of July, 1999 bearing Index Number 3797-99 a copy of which may be examined at the office of the Clerk of the County of Albany, located at the Albany County Courthouse, 1st floor, Albany, New York 12207, grants me the right to assume the name NOREEN SEAPHOENIX. My present address is 542 Madison Avenue, Albany, New York 12206. The date of my birth is January 20th 1945. The place of my birth is Albany, New York; my present name is NOREEN O'TOOLE.

(July 14, 1999)

NOTICE

Aunt Glo's Southern Kitchen, LLC 72 N. Lake Ave, Albany, NY

Notice of formation of limited liability company

Articles of Organization filed with the Department of State of New York on 06/28/99. Restaurant location, Albany County. Secretary of State of New York (SSNY) is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, P.O. Box 13272, Albany, NY 12212-3272. Purpose: for any lawful purpose.

(July 14, 1999)

NOTICE OF PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, July 21, 1999, at 8:00 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Dominick and Celia Tocci, 14 Rita Court, Delmar, New York 12054 for Area Variance under Article XVIII, Rear Yards, Section 128-79, Required Widths, A (2) of the Code of the Town of Bethlehem for construction of a

LEGAL NOTICE

patio enclosure addition which would encroach into the rear yard setback requirement at premises 14 Rita Court, Delmar, New York.

Michael C. Hodom

Chairman

Board of Appeals

(July 14, 1999)

NOTICE OF PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, July 21, 1999, at 7:45 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of John and Jane McCann, 162 Murray Avenue, Delmar, New York 12054 for Area Variance under Article XVII, Side Yards, Section 128-73, Required Widths, A (1) (b) of the Code of the Town of Bethlehem to construct an extension to existing attached one car garage to make a two car garage which would encroach into the side yard setback requirement at premises 162 Murray Avenue, Delmar, New York.

Michael C. Hodom

Chairman

Board of Appeals

(July 14, 1999)

NOTICE OF PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, July 21, 1999, at 7:30 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Leslie and Ruth Whitehead, 43 Trumpeter Place, Slingerlands, New York 12159 for Area Variance under Article XII, Percent of Lot Occupancy, Section 128-50, of the Code of the Town of Bethlehem for construction of a three season sun room addition which would exceed allowable Percent of Lot Occupancy at premises 43 Trumpeter Place, Slingerlands, New York.

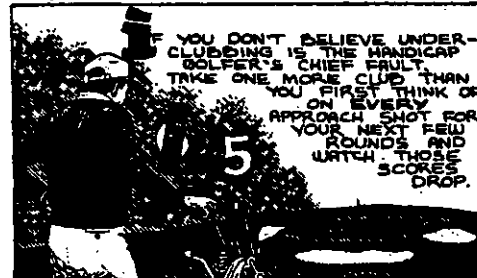
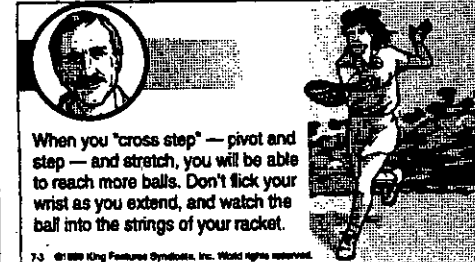
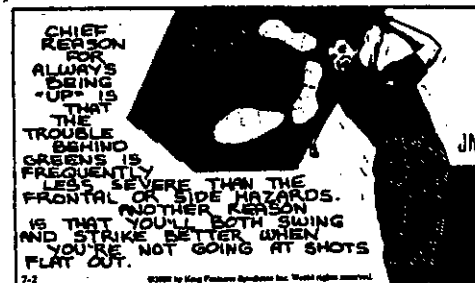
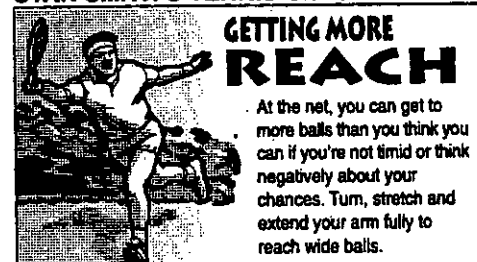
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Chairman

Board of Appeals

(July 14, 1999)

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 Q P N M L J I H T A L F F H R

Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Acre	Club	Hand	Trench
Athlete's	Crow's	Rabbit's	Under
Board	Elephant's	Right	Wrong
Cloven	Flat	Running	

LEGAL NOTICE

ARTICLES OF ORGANIZATION OF MARKAN ASSOCIATES LLC

Under Section 203 of the Limited Liability Company Law

FIRST: The name of the limited liability company(hereinafter referred to as the "Company") is MARKAN ASSOCIATES LLC.

SECOND: The county within the state in which the office of the Company is to be located is Albany.

THIRD: The latest date upon which the limited liability company is to dissolve is December 31,2049.

FOURTH: The Secretary of State is designated as agent of the Company upon whom process against the Company served upon him or her is:

23A Walker Way

Albany, New York 12205

FIFTH: The effective date of the Articles of Organization shall be the date filing with the Secretary of State.

SIXTH: The company is to be managed by its members.

IN WITNESS WHEREOF, this certificate has been subscribed to this 11th day of June, 1999, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

s/ E.J. Vandergriff, Attorney in Fact

(July 14, 1999)

LEGAL NOTICE

ARTICLES OF ORGANIZATION OF TURF & SNOW, LLC

Pursuant to Section 203 of the Limited Liability Company Law:

FIRST: The name of the limited liability company is Turf & Snow, LLC.

SECOND: The county within this state in which the principal office of the limited liability company is to be located is Albany.

THIRD: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office mailing address within this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is 1198 New Scotland Road, Albany, NY 12208.

FOURTH: The effective date of these Articles of Organization is the date of filing, May 20, 1999 a date which does not exceed sixty days from the date of filing.

FIFTH: The Limited Liability Company is to be managed by one or more members.

IN WITNESS WHEREOF, this certificate has been subscribed this 14th day of May, 1999 by the undersigned who affirms that the statements made herein are true herein under the penalties of perjury.

s/ Floyd Silvernelli, Organizer and Member

Filed by: Robert E. Molloy, Esq.

200 Broadway

6th Floor

Troy, NY 12180

(July 14, 1999)

NOTICE OF FILING OF ARTICLES OF ORGANIZATION OF ST. LAWRENCE LTD,LLC

Under Section 203 of the Limited Liability Company Law of the State of New York

LEGAL NOTICE

1. The name of the Company is St. Lawrence Ltd., LLC.

2. The articles of organization were filed on April 16, 1999.

3. The office of the Limited Liability Company is located in Albany County.

4. The Secretary of State is designated as the agent of the Company upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company served upon him is: c/o Archer Brown Corporation, 159 Delaware Avenue, Delmar, NY 12054

5. The latest date on which the Company may dissolve is December 31, 2040.

6. The purposes for which the Company is formed are as follows:

To purchase , receive, take by grant, gift, sell, devise, bequest or otherwise, lease or otherwise acquire, own, hold, improve, employ, use and otherwise deal in and with real or personal property, or any interest therein, wherever situated;and

To engage in any lawful act or activity for which limited liability company may be organized under the LLCL of the State of New York. The Company is not formed to engage in any act requiring the consent of any state agency without such consent first being obtained.

7. The organizer of the limited liability company was Brian H. Bronsther, as sole organizer, 6 Chelsea Place- P.O. Box 674, Clifton Park, New York 12065.

(July 14, 1999)

NOTICE OF FORMATION OF A REGISTERED LIMITED LIABILITY PARTNERSHIP (LLP).

The name of the LLP is HATCH COLEMAN PATANE L.L.P. The Certificate of Registration of the LLP was filed with the NY Secretary of State on June

LEGAL NOTICE

22,1999. The purpose of the LLP is to practice the profession of Architecture. The office of the LLP is to be located in Albany County. The Secretary of State is designated as the agent of the LLP upon whom process against the LLP may be served. The address to which the Secretary of State shall mail a copy of any process against the LLP is 52 Corporate Circle Albany, New York 12203.

(July 14, 1999)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is First MANNIX ROAD ASSOCIATES L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 15,1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle Albany, New York 12203.

(July 14, 1999)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is First Columbia Gordon Rose L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 17,1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle Albany, New York 12203.

(July 14, 1999)

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Deadline: Friday at noon



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PART-TIME, Delmar Warehouse, daily, Monday - Friday, about 1:30 - 4:00, packing, shipping & receiving of UPS shipments & odd jobs. Accuracy & dependability important. 439-1158.

PART-TIME MANAGER/ Senior Housing. Albany. Weekend and floating positions. Call Monday - Friday, 9 a.m. - 3 p.m. 436-4018.

PART-TIME, Customer Service Retail. Mailboxes Etc. Delmar. Approximately 30 hours per week, year round, days including most Saturdays. Work in a pleasant atmosphere with congenial staff, diverse responsibilities and interesting customers. Flexibility in availability preferred. 439-0211. Richard.

PORTER: Full-time position with local retirement community. Duties include floor cleaning and miscellaneous cleaning tasks. Experience preferred but not necessary, will train. We offer a pleasant working environment, excellent benefits package and competitive salary. Apply in person at Beverwyck, 40 Autumn Drive, Slingerlands between the hours of 9:00 a.m. and 4:00 p.m. weekdays or call David at 451-2115 for more details. Beverwyck: A joint venture of the Albany Guardian Society and The Eddy. Job Hotline 271-3340. www.NEHealth.com EOE.

RESTAURANT/COFFEE HOUSE, experienced counter person/ food prep. Seattle Sub, Delmar. Scott, 439-1727.

SUBSTITUTE TEACHERS: Contact Ravena-Coeymans-Selkirk Central School District. 756-5213.

TEACHER AIDE substitutes for all schools at RCS Call 756-5204 for application.

ORGANIST: 1st Church of Christ, Scientist, Delmar. Sunday Service only. 439-7158.

WRITERS WANTED to cover Niskayuna, Rotterdam & Scotia-Glenville board meetings and feature events. News writing experience required. Send resume & cover letter to: Jennifer Miller, Spotlight Newspapers, P.O. Box 100, Delmar, NY 12054.

Help Wanted

The Weathervane Restaurant At the Rensselaerville Institute

COOK - Breakfast & Lunch, for upscale conference center restaurant. Must have strong kitchen & supervision skills. Experience necessary. Good Pay. Year round position.

Call the Rensselaerville Institute & Conference Center/Exec. Chef Joe Maloney At

797-3222

Help Wanted

The Weathervane Restaurant At the Rensselaerville Institute

Kitchen Utility Person After School/Weekends
Duties Include Dishwashing, Cleaning, Food Prep.

For Interview Call Chef Joe Maloney
At **797-3222**

HOUSEKEEPER: Full-time position in the Schenectady area. We offer competitive wages, paid time off and an extensive benefits package. A car is required for this position. Please call Jennifer Arul at 382-3290 for more information or apply between the hours of 9:00 a.m. and 3:00 p.m. at Eddy SeniorCare, 504 State Street, Schenectady, NY. EOE.

\$20-\$40 Hr. Medical/Dental billing. Software company looking for people to process claims/training provided. Must have computer. Call 7 days! 1-800-223-1149, ext 457.

ADMINISTRATIVE ASSISTANT CAREERS: Career for the future. Learn word processing, bookkeeping, filing and typing. No tuition, get your GED. Room, meals, clothing provided. Earn while you learn. Females, males, ages 16-24. Train for your future. A.W.S. Department of Labor Program. Call 1-800-733-JOBS.

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DRIVERS - Earn \$700 to \$1,200 per week. Be home weekends and holidays. BC/BS 401K and paid vacations after 1 year. Don't just be a number, be part of a family. Call Bolus Freight Systems, Inc. 1-800-577-2458 ext 721. CDLA required.

Drivers - New Pay Pkg. Solos: \$850 +/- wk. Teams: \$2,000 +/-wk. CDLA Required. O/O's welcome. EOE. Call TRL 1-800-876-8754. No CDL/A? Call 1-800-243-9300.

Drivers... SWIFT TRANSPORTATION Excellent benefits & pay, assigned equipment, consistent miles, 3 week company sponsored

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EXPERT FURNITURE REPAIRS, craftsmanship at a comfortable price. Many references. 393-0144 or 696-3369.

GARAGE SALE

BERNE: Townwide Garage Sale. Saturday, July 17th, 9 a.m. - 4 p.m. Maps available.

DELMAR: Moving Sale, 16 Phasant Lane. July 17th, 8:00 a.m. - 2:00 p.m. Furniture, speakers, corvette cover, exercise equipment, household.

DELMAR: 13 Tamarack Drive, Saturday, July 17th, 9:00 a.m. - 3:00 p.m. Toys, clothing, holiday decorations, books, jewelry. Something for everyone!

DELMAR: 383 Wellington Road, July 16th & 17th, 9:00

a.m. - 3:00 p.m. Miscellaneous, particular large sized ladies clothes, Tecline single bed with headboard.

ELSMERE: 165 Delaware Avenue between Trustco Bank & Normanskill Boulevard. July 15 & 16. Estate Sale. Over 50 years accumulation.

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90' GREEN COUCH, good condition. \$75 or best offer. 355-4007.

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BASEBALL COMPLETE SETS, \$5 each. Topps 88, Topps 90, Topps 91, Donruss 88, Donruss 91, Donruss 92, 800 ct. boxes assorted \$3. 355-1854.

BEDROOM SET, adult, hardwood, medium color. Very good condition. \$800 or best offer. 489-6726.

BINOCULARS, Oshman's 7X50. \$50. 785-6375.

BOOK CASE, full of books, \$250. 355-5993.

DIAMOND RING, 14 karat gold, woman's size 7, marquis setting, 1/4 karat. \$200. 377-4685.

DRUMS: Huge set with symbols. Asking \$1000. To arrange appointment call 393-6309.

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VETOED	VERONA	ARC	EMO
AFATHERISAMAN	CATTAIL		
NFL	ERIC	TAT	RASTA
LEND	LEAVEN	ZEPHYR	
SAFE	STANCE	GUISE	
ACROSS	WHO EXPECTS	TAB	
IRE	NADIR	ALLIE	ARR
LEE	IRAN	LATVIA	SINGE
FATALE	ERIE	TNUT	
AHOT	HIS CHILDREN	CHET	
TORO	LAST	ELISHA	
BWANA	BLARES	SAGA	UKE
AIL	FLAIR	PINED	SIX
TEL	TO BE AS GOOD	REVERE	
CEDED	PAWNEE	IRIS	
ENCORE	ELATED	ZALE	
LEARN	PRO	BRIE	CAL
CANNOLI	ASHEMEANT	TOBE	
ITO	OIL	THALIA	TUREEN
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OFFICE/RETAIL, Niskayuna, 500 sq. ft. \$550/month includes heat. 382-1591.

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THOUSAND ISLANDS. Prime waterfront bargain on Carleton Island, 20 acre lot with 300' waterfront. Power /phone. Only \$39,900. Owner financing available. Call 800-913-2299 ext. 5127. A Bluegreen Property.

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DELMAR: One Bedroom, heat & garage. 10 Snowden Avenue. Available August 1st. 439-1030.

DELMAR: \$475 including utilities. Small private 1 bedroom apartment. Parking, security. No pets. Suitable 1 person. 439-6888.

GLENMONT, 500+, quiet county setting, 1 bedroom. No pets. 463-2598.

ROTTERDAM: Female preferred to share single family house. \$375 with all utilities included. 357-2877.

SLINGERLANDS: Quiet, secure neighborhood, 2 bedroom carriage house. Available August 1st. \$800 + utilities. 439-3738, please leave message.

TOWN OF BETHLEHEM, 2 bedroom apartment, garage, washer/dryer, air conditioned, trash and snow removal. No pets. Security deposit. \$575 plus utilities. 767-2933.

VOORHEESVILLE: 32 South Main Street. \$375 plus security deposit. Off street parking. 478-0116.

REAL ESTATE FOR SALE

DELMAR: Wellington Road, \$149,000. Renovated 3 bedroom, 1.5 bath Cape on corner lot, fireplace, hardwood floors, gas heat, 2 car garage. 475-9071.

SLINGERLANDS: First Time By Owner! 2 story, 3 bedrooms, 1 1/2 baths, full dining room & living room, 27' family room with fireplace, 3 car garage, \$175,000. 439-2120.

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GALWAY LAKE CAMP: Kitchen, living room, 3 bedrooms. 1 1/2 bath, porch, deck, sailboat, furnished. \$60,000. Call 356-5475.

MELBOURNE, FLORIDA. 12 rental units on intercoastal plus 2700 sq. ft. residence/pool/dock. \$960,000. Dale Young, Realtor, National Realty. 407-951-8370, 800-258-2993, fax 407-951-3844, e-mail: daybet@aol.

MENANDS: North Colonie Schools, 2 lot's, Brookside Avenue & Kenmar Road. Information 434-2098 or 494-7882.

NORTHERN LAKE GEORGE: Properties, land, cottages, waterfront for sale. Jim Hudson, Prudential 448-8874.

ONDERDONK LAKE CAMP. 30 minutes from Albany. By owner. 3 bedrooms, 130 ft. lake frontage, fully furnished, new water filtration system, new electric. \$89,000. 439-9282.

REDUCED TO \$89,500, RAVENA AREA: + family house, 2 separate properties, 66 Apple Tree orchard, 2 extra buildings; 1 approved for 3rd apartment, 1 has 14 ft. sunroom, stream, surrounded by woods, 1 mile to Ravenna. ALL NEW- 3 complete electric systems, windows, doors, insulation, heating, 3 new decks, vinyl sided, etc., etc., Virtual complete rebuild by shop teacher (8+ years). Relocating. Must Sell! Call 756-6609 for information or fact sheet.

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1998 SUZUKI WAGON, 5900 miles. Like new, must sell. \$10,800. 462-3704.

1986 MAZDA PICK-UP, 8' bed with bed liner, 5 speed. \$600 firm. 767-2864.

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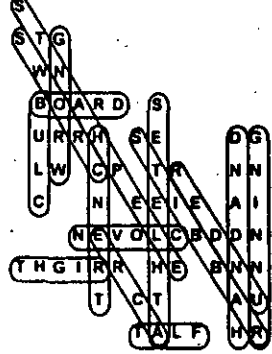
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GOLF CLUBS: Men's, full set with putter and bag. \$60. 439-6339.

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LIVING ROOM SET, light blue, rose & ivory. Excellent condition. \$675 or best offer. Call 489-6726, leave message.

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MOUNTAIN BIKE, Trek 800, very good condition. New chain. \$150. Call after 5 p.m. 765-2996.

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RECORDS, Jazz, 50's and up. Large serious collection. Priced \$5 and up. 439-9730.

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WEDDING BAND, 14 karat gold, woman's size 7. \$75. 377-4685.

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9PC85M	96 GMC	JIMMY 4DR.	40K	15,995
9T156A	95 GMC	JIMMY 4DR.	59K	17,495
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1995 FORD CROWN VICTORIA LX #9829A, champagne met., 67,737 miles, V8, auto, AC, full power, tilt, cruise, alloys, am/fm cassette. \$10,995	1995 OLDS CUTLASS SUPREME SL #9489B, white, 43,313 miles, V6, auto, AC, full power, tilt, cruise, alloys, am/fm cassette. \$10,995
1994 MERCURY SABLE LS #9890A, dark green, 63,229 miles, V6, auto, ABS, AC, full power, tilt, cruise, alloys, P/moonroof, airbags, am/fm cassette. \$8,994	1992 CHRYSLER LEBARON CONVERTIBLE #9609B, white, 73,111 miles, V6, auto, AC, full power, tilt, cruise, am/fm cassette. \$5,992
1983 LINCOLN CONTINENTAL MARK VI Sig. Series. #92011A2, teal, 90,126 miles, V8, auto, AC, full power, tilt, cruise, alloys, am/fm cassette. \$5,983	1997 HYUNDAI ELANTRA WAGON #A543113, green, 21,436 miles, auto, AC, PS, PB, cruise, am/fm cassette, roof rack, telephone. \$8,997

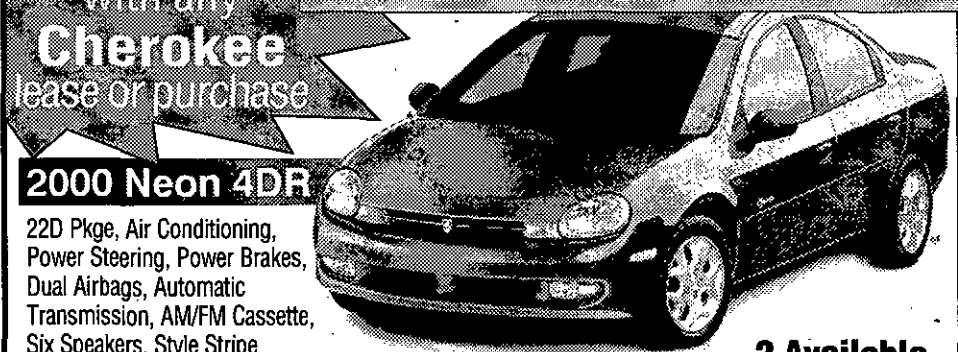
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MSRP	14,569
Marshall's Price	12,955
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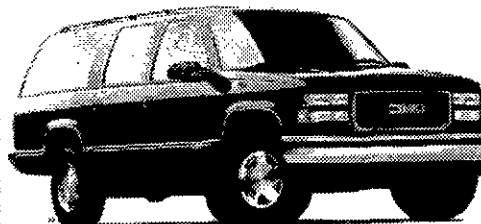
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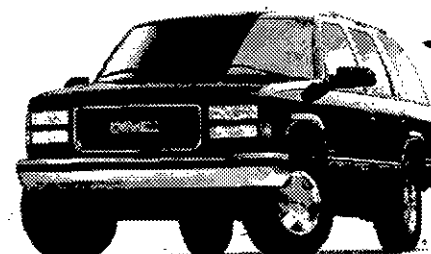
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10 Total

60/40 Split Bench Seat, Sicle Full Length Running Boards, Cruise, Tilt, Power Locks, Windows, AM/FM Cassette, Remote Keyless Entry, 6 Way Power Drivers Seat, Emerald Green Solid Paint. STK# 9T255

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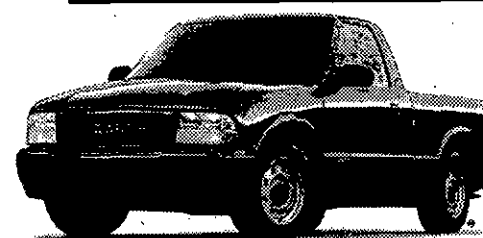
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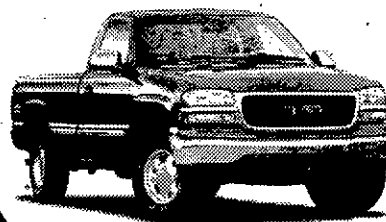
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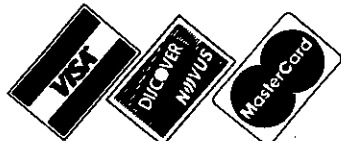
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Boy rescued from river

Selkirk firefighters and Bethlehem police teamed up on the evening of July 7 to rescue from the Hudson River a 15-year-old who had fled from a Glenmont group home.

According to police, the youngster, who had arrived that afternoon at the Samaritan Shelter for Boys at 593 River Road, was reported missing from the facility shortly after vowing to flee and return to his Watervliet home.

A police search of the area found him at about 7 p.m. walking along the bank of the Hudson

River near the Niagara Mohawk Albany Steam Generator facility.

When approached by police, he jumped into the river to escape, but became trapped at the plant's water intake. NiMo operators were unable to shut down the plant, so Bethlehem police called out a river rescue boat operated by the Selkirk Fire Department, to pull the young man to safety.

He was transported to Albany Medical Center, where he was treated for a minor ankle injury. No charges were filed.

Joseph A. Phillips

Police investigate robbery

Bethlehem police are investigating an armed robbery at an Elsmere service station that may have netted the robber about \$460 in cash.

The incident, shortly before 11 p.m. on Sunday, June 20, took place at the Hess station at 154 Delaware Ave. An attendant at the station reported to police that he was approached by a mustachioed man, described as being in his 30s, black, about 5-feet 8-inches

tall and weighing 150 pounds, dressed in a white stocking cap.

The man brandished what appeared to be a handgun, and forced the attendant to open a cash drawer, which the assailant then emptied. He fled in the direction of Albany, the report indicated.

A police K-9 patrol summoned to the scene was unable to locate a scent to track. Investigation of the incident is continuing.

Joseph A. Phillips

Government interns recognized

A recent reception at Albany County Courthouse honored high school students, their parents, teachers from area high schools, and county legislators involved in Cornell Cooperative Extension's Government Intern Program.

Students honored at the program included: Crystal Conrad, Zach Felter, Chris Glassanos, Daniel Ostrander and Steve Vedder, all from Ravena-Coeymans-Selkirk Senior High School; and Sarah Carr, Meghan

Conway, Deborah Freihofer, Jan Rissacher, Jessica Steward and Darcy Veeder, all from Clayton A. Bouton High School.

The intern program is open to high school juniors and seniors attending schools in Albany County, who receive credit for the school-year-long program.

Students are matched with a county legislator and attend meetings of the Legislature. They also complete an independent project. For information, call 765-3500.

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