New Scotland board to discuss school plan O see page 3

State Museum folk\_art

Eagle swimmers keep winning ways

O see page 13

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Volume XLIV Number 6 Fifty Cents

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February 9, 2000

# Glenmont retail plan moves ahead

By JOSEPH A. PHILLIPS

A proposed 350,000-square-foot retail development targeted for Route 9W in Glenmont has a new name — and moved a step further through the planning approval process last week.

Developer John Nigro announced that his proposed complex on a 75-acre plot just north of Bender Lane - once the site of the controversial Southgate shopping center — will now be known as Bethlehem Town Center.

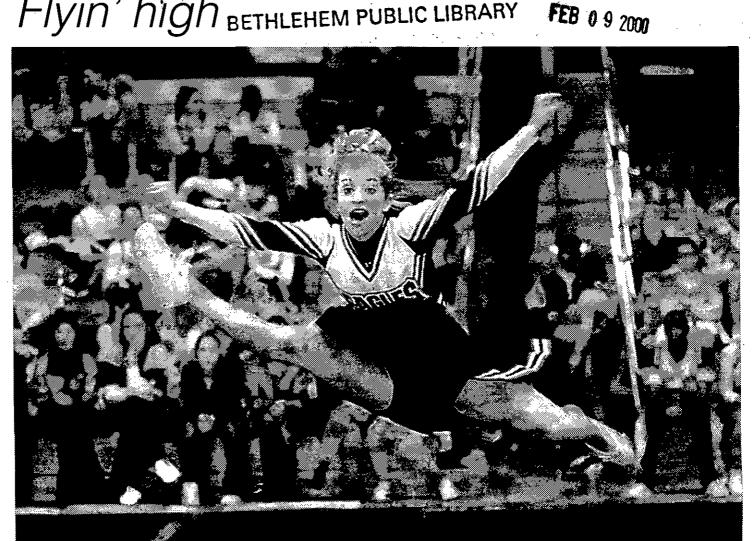
"We hope that that reflected several things about its location and what we're going to provide there," Nigro told the board after its unanimous resolution to recommend a "positive SEQR declaration" on the project to the town

That would require Nigro Companies to prepare a full draft environmental impact statement (DEIS) on the project, rather than addressing the proposal's various environmental impacts on a piecemeal basis.

In a memo to the planning board before its vote, Nigro had requested such a finding, which would very likely expedite the planning review process for the project.

"I think this is probably the most ☐ GLENMONT/page 17

# Flyin' high BETHLEHEM PUBLIC LIBRARY



Heather Cicone, a Bethlehem Central High School cheerleader, competes in the third annual Niskayuna Cheer Challenge.

# Mary McCarthy sails into millennium

By KATHERINE McCARTHY

Mary McCarthy of Bethlehem was born at the turn of the last century, and as the year 2000 stretches its legs, she's still smiling and full of humor.

"I was born in Montreal, Canada, in 1900," said McCarthy, whose maiden name is Cooney. "I grew up there and went to the Convent of the Sisters of Notre Dame. I was married at St. Anne's Church in Montreal and my two children were born there."

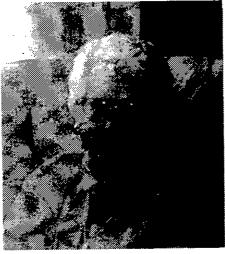
There was no electricity in the house McCartny grew up in with live sisters and one brother.

"First we had lamps, and we had to clean those chimneys all the time," she said. "Then we had some kind of a boiler, with things on the wall."

McCarthy remembered her childhood days as happy ones.

"My brother was the king of the whole group," she said. "He loved all of his sisters, and was proud of each of us. Instead of taking out girlfriends, he took out his sisters. When he finally found the girl of his dreams and married, she was a homebody. My brother liked to sing and dance and play cards, and his wife would say, 'take one of your sisters.'

McCarthy said her mother and father liked to sing and dance. "When my brother was 21 years old, my mother bought a piano, because she was going



**Mary McCarthy** 

to have a big 21st birthday party for him. From then on, we'd all go to Mom's and sing and dance, even after we were married. We never cared if we had outside interests, it was mostly all family," she said. "When Mom needed the house painted or something, we'd all get together. And Grandma was there, and she'd make the biscuits and put on the tea. We'd always have afternoon tea at 4 o'clock. It was a happy, happy family and we were always very close."

The Cooney family loved Christmas and decorating the living room. "But, the Christmas tree was never decorated or done up until after we went to bed," McCarthy said. "My mother did that all by herself. And then when we'd wake up, the stocking was hanging on the end of our beds, always with a doll sticking out at the top, and all the usual, nuts, candy and fruits. And always a piece of coal."

There were no supermarkets, and McCarthy remembers all the deliverymen who came to her house.

"My mother used to have an egg man deliver the eggs and the milk," she said. "A bread man delivered the bread; a vegetable man came with the vegetables, the tea man with the tea and coffee. There was no electric refrigerator, so the iceman put a brick of ice in the wooden icebox, and my mother covered it with papers to keep it from melting. Everything was delivered right to your door."

McCarthy remembered both World War I and the flu epidemic.

"My sister nursed those boys in the barracks, day and night," she said. "My mother had camphor ice or balls or something that we had to wear around our necks. My sister never got the flu, and she never brought it home to any

After finishing school, McCarthy worked at the telephone company in

"I was in the main office when the Armistice (ending World War I) was signed," she said. "It was a very busy

### V'ville schedules **March 28 vote** on expansion

By KATHERINE McCARTHY

The Voorheesville school board moved closer-to the expansion project it's been planning for more than a year by setting March 28 as the date for a public vote on a bond proposition to finance it.

Superintendent Alan McCartney outlined financing options at a special school board meeting last week.

McCartney said the district is no longer interested in purchasing John J. O'Connell's land for this project, as it has an agreement with the Edmunds family to purchase about 30 acres on Route 85A near the high school.

He recapped the educational goals. behind the need to renovate and expand the schools, in particular the addition of classrooms to move the sixth grade to the junior/senior high school, creating a cohesive middle level program.

"There's a state and national emphasis on results," McCartney said. "Our students are expected to meet new state standards, and along with this come unfunded mandates from the state. We're doing this construction and renovation because we need to expand our program and maintain the one we

□ OPTIONS/page 17

# HILL announces spring programs

The spring roster of eight-week course offerings by the Humanities Institute for Lifelong Learning (HILL) has been announced.

The centerpiece of the offerings: a meditation on the millennium from a variety of professional perspectives.

Bethlehem's community-based adult education program pairs instructors recruited from local educational and cultural institutions, primarily the University at Albany, to teach eight-session courses, open to Bethlehem residents for a nominal registration fee, in a variety of academic disciplines.

The courses meet at locations throughout the community, including Elm Avenue Park, town hall and Bethlehem Lutheran Church in Delmar.

The deadline to register for spring 2000 courses is Feb. 21.

"Viewing The Millennium" will Hartman. offer an unusual opportunity as eight different instructors, each of whom has previously taught one or more HILL offerings, will alternate as principal guest lec-

from 10 a.m. to noon at town hall starts. auditorium starting March 1, Will examine topics ranging from Na tionalism: The Incurable Virus" to the changing technology of assisted reproduction to political and social activism in the new cen-calling 439 9661.

"European Witchhunts, 1400-1700," beginning Feb. 28, will be taught by Union College professor of Renaissance history Steven Sargent. Feb 29 is the starting date for a class on "The History of Chinese Art from the eighth century" taught by SUNY professor

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A course sequence called of East Asian studies Charles

A program on "Opera and Shakespeare" taught by Siena professor emeritus Peter Haley begins on March 1, and on March 2, a series on "Contemporary British Short Fiction" taught by SUNY

Registration forms for HILL's spring courses are available at Bethlehem Public Library, Bethlehem-school district offices or by

HILL also offers occasional interim lectures at Bethlehem Public Library on various topics, and a frequent literature discussion group, "Books in the Morning," that meets at Bethlehem town hall. A recital is planned for May at the library, but the date and artist have not yet been announced.



remains hospitalized this week after a Jan. 29 accident resulting from an apparent stroke behind the wheel of her car.

According to Bethlehem po-The series, which will be held English professor Randall Craig lice, the Saturday accident occurred when Elvira Ronk of 20 Alden Court was approaching the intersection of Alden and Kenwood Avenue at about 12:55 p.m.

Ronk lost consciousness and her vehicle crossed the intersec-

A 90-year-old Delmar resident tion, plowing into the front porch of a home at 261 Kenwood Ave.

Bethlehem police and the rescue squad of Delmar Fire Corresponded, and Ronk was taken to Albany Medical Center Hospital.

She suffered severe head injuries and remains in critical condi-

Ronk's vehicle, which suffered severe damage to the front endand undercarriage, was towed

# **Judge fines snowmobiler** \$100 for trespassing

Two men facing charges following a snowmobile accident in Selkirk on Jan. 20 appeared in Bethlehem Town Court on Feb.

Richard Brian Boyer, 25, of 256 Glenmont Road, Glenmont, and Harry Joseph Marshall, 28, of 2079 Plum St., Schenectady, a former Delmar resident, were both charged with trespassing.

gate on Peel Street in the Elm on March 7. Estates subdivision.

At the time, the two men were snowmobiling along a right-of-way for the Albany City Water Department's transmission line from the Alcove Reservoir.

Boyer pleaded guilty to the charge and was fined \$100 and assessed a \$50 state-mandated surcharge by Town Justice Kenneth Munnelly.

The charges against Marshall The charges stemmed from an who suffered head and back injuincident in which Marshall was ries in the accident, were adinjured plowing into an access journed until a court appearance

# cases adjudicated

By Joseph A. Phillips

Three individuals facing charges of driving while intoxicated (DWI) in the town of Bethlehem pleaded guilty in Town Court on Feb. 1 to reduced charges of driving while ability impaired (DWAI).

10B Tice Lane, Delmar, pleaded guilty to DWAI in response to charges stemming from his DWI arrest on Sept. 4. He was fined \$300, assessed a \$30 state-mandated surcharge, and had his driver's license suspended for 90

Also pleading guilty to DWAL was Erika Ann Barkman, 21, of 165b Western Ave., Altamont, to charges lodged on Oct. 11. Her license was suspended for 90 days and she was fined \$300 and a \$30 surcharge.

A third case, stemming from Zane Jonathan Bathrick, 17, of an Aug. 30 incident, resulted in a similar guilty plea from Joseph DiTomasso, 49, of 1 Winne Place, Glenmont. His license was suspended for 90 days and he was fined \$500 with a \$30 surcharge. An additional count of leaving the scene of a personal damage accident was dismissed.

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### **Historical group** to hear speaker

Archaeological consultant Edwin Curtin will address the next meeting of the Bethlehem His torical Association on Thursday, Feb. 17, at 2 p.m. at Cedar Hill School at the corner of Route 155 and Clapper Road in Selkirk.

Curtin will discuss area archaeological diggings.

Members of the public are invited to attend.

The executive committee of the association will meet on Thurs day, Feb. 24, at 7 p.m. at Cedar Hill School.

MAUREEN O'BRIEN MSW, CSW-R, ACSW



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# V'ville nixes senior housing

By Joseph A. Phillips

board declining on Jan. 22 to endorse a proposed 48-unit senior housing facility in the heart of the village, the Albany County Rural Housing Alliance shelved the project last week.

The alliance, which builds housing for low-to-moderate-income seniors, let pass a Feb. 7 deadline to apply for a grant from the HOME program, a low-income housing initiative administered by the New York State Housing Trust Fund, to underwrite the \$1.5 million project. The alliance had sought a letter of support for that application from the village board.

"Without the village's support, the application would not be a strong application," alliance Executive Director Judy Eisgruber said. "Naturally, we're very disappointed."

In December, the alliance secured a purchase option agreement for an 18-acre site on Route 85A near the intersection with Route 156. But it first approached the village board in September seeking support for the project, to be built by Two Plus Four Construction Co. of East Syracuse.

The board's support for the project was particularly crucial because the site is zoned for singlefamily residential use, and would require an eventual zoning change in order to permit multi-unit development.

In a series of public meetings and discussions with the board, Eisgruber stressed the desirability of the parcel because of its proximity to public transportation and to village amenities such as shopping and banking.

the board raised a number of issues with the project.

"The village board is not opposed to a senior housing facility per se," said village Mayor Ed Clark. "We certainly understand

the need for it. It's that particular With the Voorheesville village site we have trouble with. We didn't think it needed to be as big as they were proposing, and we don't think it needs to be in that location."

> Among the board's concerns were traffic likely to be generated by the development at a crucial intersection and site drainage in an area that regularly experiences spring flooding problems related to the nearby Vly Creek.

> "In that particular area, we've had problems with water crossing 85A, and properties bordering the creek have tremendous cellar flooding problems," Clark said.

> With engineering design of the site only in the early stages, the board was not satisfied with assurances offered by the developers, Clark said. Barbara Lamphere of Two Plus Four conceded that these questions were legitimate, but insisted more time was needed to fully answer them.

> We heard all of those things too, and we were approaching them as issues, but it was a little premature," Lamphere said. "We never got to the point of letting our engineer design a solution and let people react to that."

> Village board members also expressed concern about whether there was sufficient demand for the project, initially presented last fall as aimed principally at seniors in the village and the nearby Hilltowns. But a preliminary market study presented in January suggested a 50-50 mix of Hilltowns and Guilderland residents — and Eisgruber said a more complete marketing study would not be complete until the grant deadline.

"Until they answered our gues-But in deliberations on Jan. 22, tions, we were reluctant to put in writing that we would advocate the project," Clark said. "It's not that they weren't being forthcoming, it's that their schedule didn't permit them to answer our questions in a timely way."

But the principal stumbling block was Two Plus Four's proposal to build an independent sewage treatment system for the project, "I myself have a problem with any facility in the village building its own sewage treatment plant, because it removes the possibility of connecting those homes with a broader sewer system," Clark said.

The village sewer committee is in the early stages of a review of the village's sewer system, the core of which was installed 35 years ago during construction of the Salem Hills development. "We have a sewer system that's well beyond its useful life," Clark said. 'It has been repaired many times over, to the point where its virtually unrepairable, economically."

To afford a thorough overhaul, the village hopes to expand the system to encompass more users.

"The village knows it needs to do something about the sewer system," Lamphere said. "Obviously, they're looking to increase the number of users to offset its

The developer was unwilling to wait for completion of that review, which is not expected anytime soon.

With the passing of the grant application deadline, Eisgruber said, "now it goes on the back burner. Maybe when an expanded sewer system come into the village, maybe in a couple years, you never know. It might work out in the long run."

But the builder is less optimistic. "It's probably pretty dead," Lamphere said. "I've basically pulled the plug on further expenditures on this project at this point. We have an option on the property for a year, but after that, we're not likely to renew it. There isn't any point in moving forward. We're not going to get past square one if the board isn't willing to make the zoning change."

# Happy trails



A lone cross country skier enjoys a snowy trail at Thacher Park.

Jim Franco

### **NS** to discuss schools parcels up to 2000-plus parcels,"

By Joseph A. Phillips

Education will be the chieftopic at the New Scotland town board meeting set for today, Feb. 9, at 7 p.m. at town hall, as Alan Mc-Cartney, superintendent of the Voorheesville school district, and school board president John Cole will participate in an open public discussion of the district's future plans.

With next month's anticipated referendum on expansion plans for the high school and middle school as a backdrop, town Supervisor Martha Pofit said, "We've invited them to lay out their vision for the future, and we anticipate that there will be questions about the layout and design of the proposed extension. We've also invited Mayor Ed Clark and the Voorheesville village board to join us, and hope this will be an exest."

The discussion will also provide a trial run for Pofit's restructured agenda, in which she plans to begin each monthly meeting with a public discussion of a topic of general interest before the board proceeds to its regular business.

The discussion is not intended as a forum specifically on the referendum, Pofit said, but on the district's overall future plans. And she anticipated that it is the beginning of what she hopes will be "a new partnership."

To that end, board member Andrea Gleason was named last month as liaison to the school districts, and she and Pofit have begun seeking a series of meeting with district officials.

There are six districts covering our town, ranging from six

Gleason said, Voorheesville's being the largest within the town. We plan to meet with the superintendents of all six to discuss their long-range goals and how we can help them through a better partnership with the town." Meetings with Bethlehem and

Guilderland school district officials, the next largest serving New Scotland, have not been arranged yet, she said. Small portions of the Greenville, Berne-Knox-Westerlo and Ravena-Coeymans-Selkirk districts lie within the town as well.

Gleason hoped the town's outreach to the district would provide a vehicle for cooperation, particularly in serving the needs of vouth.

Also on the agenda for Wednesday's meeting will be the ample of an open and participa- unveiling of the public service tory forum for our community to projects being undertaken at the discuss issues of common inter- town's request by student volunteers at Clayton A. Bouton Jr./Sr. High School, in fulfillment of mandatory community service requirements.

> Among the service initiatives the student volunteers will tackle are creation of a town Web site, preparing an inventory of New Scotland businesses and working on a master plan for the town's youth service programs.

"Martha got the ball rolling with the students at the high school in Voorheesville, and we hope to expand on the student service program as we get more ideas and talk to other school districts,' Gleason said.

Before the forum, the town board will conduct public hearings on proposed revisions to the zoning code and on proposed senior and handicapped property tax exemptions starting at 6 p.m.

# Bethlehem police arrest 4 for DWI

By Joseph A. Phillips

rested four individuals for driving while intoxicated (DWI).

Shortly after 3 a.m. on Saturday, Feb. 5. Officer David Harrington, on patrol on Route 85 in Slingerlands, observed a vehicle driving westbound at excessive speed, according to the police report.

Harrington pursued the vehicle across the New Scotland town line and observed it swerving across Route 32 weaving in the roadway the road and striking a snowbank and operating at very low speed. on the right shoulder before finally pulling to a stop near Olsen's more than a half mile before stop-Nursery.

/ horal hora
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Bethlehem police recently are ety tests on the driver, Christine Renee Porzucek, 21, of Philadelphia, Pa., he arrested her for DWI and ticketed her for speeding and failure to keep right.

She was ordered to appear March 7 in Bethlehem Town

A second arrest was made at about 4:15 a.m., when Officer James Rexford observed a vehicle southbound on Route 9W near

ping it near Magee Drive.

After administering field sobriety tests, Rexford arrested Michael Patrick Grady, 41, of 20 Wiggand Drive, Glenmont, and charged him with DWI.

Grady was also ticketed for failure to comply with a police officer, crossing hazard markings and failure to keep right, and ordered to appear in Town Court on March

A fender bender in the parking lot of Bethlehem Public Library led to a DWI arrest on Saturday, Feb. 5, when a vehicle struck by

After administering field sobri- Victoria Mary Donnelly, 67, of 1182 Route 9W, Selkirk, backed into another vehicle at about 4

> The driver of the struck vehicle attempted to stop Donnelly, but she drove away from the scene. Her vehicle was tracked to her

> After administering sobriety tests, Officer Christopher Hughes arrested Donnelly and charged her with leaving the scene of a accident and DWI.

Donnelly was also ordered to He pursued the vehicle for appear in Town Court on March

> An incident on Sunday, Feb. 6, at 7 p.m. led to the arrest of a Troy man on DWI charges when Sgt. Robert Berben halted a vehicle eastbound in the westbound lane of Route 32, near Kenwood Avenue in Glenmont.

> Berben summoned Officer Scott Anson to assist with the administration of field sobriety tests, and Anson arrested Kenneth James Rokjer, 53, of 461 Sixth Ave., Troy.

> Rokjer was ordered to appear in Town Court on Feb. 15.

The Spotlight (USPS 396-630) is published each Wednesday by Spotlight LLC, 125 Adams St., Delmar, N.Y. 12054. Periodicals postage paid at Delmar, N.Y., and at additional mailing offices. Postmaster: send address changes to The Spotlight, P.O. Box 100, Delmar, N.Y. 12054. Subscription rates: Albany County, one year \$24, two years \$48, elsewhere, one year \$32. Subscriptions are not refundable.

# Revisiting the ups and downs of life with baby

By Katherine McCarthy

Our species continues to exist because motherhood is a gradual process of forgetting. First you



forget the pain of childbirth, then what sleep deprivation does to you - nothing good, is my foggy recollection.

You forget the hell of teething,

infections, and the way your heart is in your throat the first time your toddler insists that he must go down the slide alone.

Perhaps most important, mothers forget the early weeks at home with their first baby; how isolated and overwhelmed you can feel as you check every two minutes to make sure that he or she is still breathing.

Iwas reminded of some of what I'd forgotten when our 7-week-old nephew came to spend the better part of the day with us recently. A snow day relieved us of the potential crush of getting kids off to school while tending a tiny baby.

for a while, reminding me that Chris is great with infants. He can patiently hum, rock and walk one for a long time.

But then, like when our boys were babies, he was off to work, in a nice suit and tie, and pressed shirt, and I was home in jeans and an I-don't-care-if-the-baby-pukeson-this sweatshirt.

Infants are so all encompassing! Another mother once said that with a new baby, you get nothing done all day, and it takes all day to do it. By the time I had fed Tadhg, burped him, laid him down for a nap, picked him up again because his eyes popped open as soon as he was horizontal, cooed and made funny faces at him, rocked him, walked him, and laid him down again successfully, nearly two hours had gone by.

Cormac had already registered his complaint: "You're only paying attention to Tadhg," which elicited an unsympathetic, "Now you know how I felt" from his older brother.

I headed into the kitchen to finally do the breakfast dishes,

the howling that accompanies ear My husband sat and rocked Tadhg hoping the baby would sleep long enough so that I could also feed my boys lunch, and maybe send them out to play in the snow.

> It took a long time to clean up that little bit of breakfast mess, because the biggest part of me kept listening for the baby, and like with my own, I checked on him constantly. I'd rinse a dish, check on the baby, put the dish in the dishwasher, check on the baby, answer my children's questions about their computer project, check on the baby, sweep the floor, check on the baby. Forget about going to the bathroom, catching my breath or reading the paper. As soon as I tried any of those, our little man was up again.

> It reminded me of the very first lesson of motherhood: your life is no longer your own when a child enters it. It's an obvious truth, and most of us think we're ready before our babies are born, but still, those first weeks with a new baby are completely disorienting.

> After all those months and weeks of somebody taking care of you, you become the caretaker for this precious new life. Your body leaks, it takes a while to figure out the baby, your husband eventually goes back to work, and your friends without children ask if you read romance novels and eat bonbons all day.

Taking a shower can be a major accomplishment, and any time you leave the house, you're loaded down with bags of baby stuff.

No wonder new mothers suffer the baby blues!

Obstetrician Naomi Bloomfield, a Slingerlands resident, said postpartum depression can be divided into three types. The most extreme is a full-blown psychosis, which affects one to three women. per 1,000 births. Postpartum depression affects 10 percent of women who've had babies, and the mildest case is postpartum blues, which affects approximately 50 percent of women.

"People with psychosis need hospital admission," Bloomfield said. "Some of the symptoms are insomnia, restlessness, mood changes, confusion, delirium and manic behavior. It develops between the third and 14th postpartum day."

Postpartum depression, Bloomfield said, is best helped with counseling or drugs.

"This one has some neurosis to go with it," she said. "These women often become depressed during pregnancy. There's a lot of controversy about whether postpartum depression is a separate. disease, or if an already depressed patient is made worse by the stress and anxiety of delivery."

Family or friends will often be the ones to notice postpartum depression or psychosis, Bloomfield said. Bottom line, she said, is that if you feel that you might harm your baby, seek help.

The more garden variety "baby blues," she said, probably peaks 10 days after giving birth, and can last for up to three weeks.

"It's attributable to the stress of a new baby," Bloomfield said.

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"You're up at night, not getting a .tices of the world. lot of sleep, and you might have some mild depression, anxiety, irritability and fatigue. It resolves spontaneously.'

Support from a husband, partner or family, usually helps new mothers get over it, Bloomfield said.

I found that the best cure for the baby blues was being with other new mothers. When Christopher was about 7 weeks old, I fell in with a playgroup that became my link to sanity. I could have cried (again!) the first time I met them, and someone stormed in, angry at her husband, whose biggest crime was that he went to work that day.

Over a few years, we saw each other through our children's illnesses, returns to the working world, departures from jobs, playground bumps and bruises, moves from apartments to houses, and countless birthday parties. We laughed, we raged, we shook our heads at the wonders and injus-

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bу Steve



#### THINK PINK

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Rosé wines can have great character. A world of great wines awaits you here at 340 Delaware Ave. (439-1725) where we specialize in fine imported wines and liquors. Let DELMAR WINE & LIQUOR assist you in your choice of the best wine to complement your favorite menu and to insure you get the best value. Count on us for many fine gift items also. Watch this column for news of upcoming wine tastings. Please don't drink and drive.

HINT: Rosé wine can be made from any single red grape variety or a combination.

Tadhg's cries shook me from my reverie, and I went to pick him up. Maybe it's human nature that lets you forget the unhappy stuff, because when I held him, I felt a pang of nostalgia for my boys' infancies. They have grown so quickly, something I didn't realize when I was still trying to figure out which cry meant "I'm hungry," and which cry meant "I'm

Tadhg reminded me of the intensity of my first weeks with motherhood, but he also reminded me of the best thing about new babies. They each carry their own love with them, the part of parenting that we don't ever for-

#### Zoning board sets hearings

of appeals has scheduled public hearings for Feb. 16.

The application of Pat and Renee Aiezza of 68 Harrison Ave., Delmar, will be heard at 7:30 p.m.

At 7:45 p.m., the board will hear the application of Haddon Field Associates New York Partnership, 15 Kenwood Ave., Glenmont/ Arnold and Rosemarie Mosemen, 45 Brockley Drive, Delmar, for property on the east side of Brockley Drive.

Hearings are at town hall, 445 Delaware Ave., Delmar.

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## **STAR deadline March 1**

The Bethlehem zoning board hanced STAR tax relief program comes — are automatically eli-1999 must be filed with the town assessor's office by March 1.

> The exemption is limited to who earn no more than \$60,000 a year as a family. It requires annual STAR benefits are urged to enroll renewal.

program — which is open to

Residents enrolled in the En- homeowners of all ages and inthat in order to remain eligible, gible for a school tax exemption proof of income for either 1998 or and are not subject to an annual renewal.

People who are not in the STAR program and/or people who have homeowners 65 years and older purchased homes within the past year and have not signed up for as soon as possible by contacting Enrollees in the Basic STAR the assessor's office at 439-4955, ext. 103.

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# Matters of Opinion

# Dead letter dept.

The Spotlight is fortunate to have readers who feel a sense of ownership in the paper, and an indication of this is the many letters to the editor we receive. We get letters on a myriad of topics. Readers e-mail, fax, mail and hand-

deliver letters, telling us what we do right, what we do wrong and offering suggestions as to what we could do to better serve the community.

Editorials

We appreciate all of this input and gladly publish all comments, be they positive or negative.

But every once in a while, we receive letters that are unsigned, or signed but with a note from the writer asking that his or her name be withheld. Usually these letters arrive without a way to contact the writer to explain our

Consequently these letters, though often on provocative topics, go nowhere. We say in our letters policy that unsigned letters receive no consideration, and that's exactly what they get. Submitting an unsigned missive is like writing on a bathroom wall.

We believe it is our responsibility to publish letters from readers who are willing to stand behind their views. Unsigned letters simply carry no validity. When we can't verify a letter, we won't publish it. Some readers may wonder why their letters never appear — it's probably because we had no way to contact them.

We encourage all our readers to take the opportunity to express their views on our opinion pages, just remember to sign your letters and include a telephone number where we can reach you.

## Millennium treasure

Kathy McCarthy's final millennium story on Mary McCarthy (no relation) who will turn 100 in October, is a sterling example of why we should relish the past.

Mary McCarthy is one of those treasures of the past and present, a living history lesson, but more than that an embodiment of grace, style and wit.

She truly is a living role model for all, illustrating the beauty of growing older. One of her crowning achievements, in fact, was being named the Capital District Senior Citizen Queen and first runner-up for Mrs. New York State when she was in her 90s. But that's only two of many awards she has amassed thus far.

Her charm and joie de vivre are a delight to behold. She has endured life's hardships, never allowing them to sour her outlook:

We salute her and wish her the happiest and healthiest of birthdays.

# 'Wait' isn't part of kids' vocabulary

By Lawrence S. Stallman

supervising member of the American Association of Marriage and Family Therapy.

Maybe you've seen the new promotions for teen sexual abstinence, "Not me, not now?"

It seems somehow incongruous with the message that kids get from every other talking wall in our civilization, namely, "Me, me, me, now, now, now!"

Many personal problems that our children will confront will be rooted in their inability to delay gratification: How can we help them avoid the danger of being hooked on immediacy?

Decades ago, our parents and grandparents used to have to wait. They had to wait for sex, money and mail. They had to wait for their books to come in at the library; they waited for the bus and for the phone to ring. They waited for meals to be cooked and they waited for dessert. They waited for a trip to the movies, they waited for snow, they waited for birthdays and holidays, they waited for their first car and apartment, and they waited for their favorite radio and TV shows.

Technology made them wait. Their parents made them wait. Everyone waited. They expected to wait. They understood waiting. They developed patience and the ability to work toward a goal.

When they were bored they were told to "find something to do." They studied Greek, learned the names of trees and flowers, gazed at stars, built model ships and had conversations. They told stories, read books, fixed broken objects and collected stamps. They didn't expect a quick fix.

Although patience has always been a virtue (implying that we have always had to resist the impulse to be impatient), the term "instant gratification" has taken on a new dimension in our cul-

Times and "time" have changed. Never has the gap between impulse and gratification

The writer is a psychologist and Point of View

been so small. Nowhere is this more evident than in the evolving realm of techno-media. There is no longer a need to ever tolerate a moment without high voltage stimulation—TV, VCR, computer games, Nintendo, Sega, the Internet, the telephone.

Most parents' eves glaze over when the conversation comes around to kids and their technomedia addictions. Many of us are losing the battle. The children's demands for just one more show or one more Sega round, a message beeper or personal telephone are relentless.

They're like the pleas of any other junky who needs a fix. Can a box of Legos, with its demand for patience and creativity compete with the wham, bam thrill of a "Rug Rats" episode? How many kids would choose the extra-credit math problems over an extra half hour jolt of MTV? What about the daily grind of training for track? Isn't it easier, and more instantly gratifying to exercise your thumbs on the Gameboy?

We all know that other areas of life are reflecting the same compulsion for quick, intense, extreme, neurological satisfaction blasts. Why would anyone want to wait for a stew to be prepared from fresh ingredients and simmered for hours when they can gobble down a Big Mac, whose salt and fat saturated juices arrive at the body's pleasure centers in a matter of seconds?

Why work a job when you can maintain the fantasy of making millions playing in the NBA, or signing a recording contract with Warner Music? Hey, you can always be a day trader and experience the rush of watching your stocks rise.

Of course, the ultimate manifestation of instant gratification is drugs. Drug addicts tell us that

there is nothing in the straight world that compares with the rush of a drug hit.

If you can get a good feeling that easily, then why study algebra, African history or economics? Why spend time working out relationships, traveling to Maui or doing laps in the pool? Just score some "stuff" and shoot up (or snort, or smoke or drink up). Quick and easy, happiness without the wait.

We parents will probably never be free of the concern that our kids will be vulnerable to the scourge of drug or alcohol addiction, or that they will drive too fast or fail in their pursuit of love, good health or wealth.

But we can make efforts to provide our kids with an important foundation upon which all other personal strengths and accomplishments rest. That is the ability to delay gratification; to develop skills of practice, preparation, commitment, appreciation and creativ-

We can do this in a number of

- Help our children set short and long-term goals and develop strategies to meet them.
- · Model impulse control and gratification delay through our own lifestyles.
- Insist that our kids develop the ability to fill their time with independent activities and preparation toward goals (academic, musical, arts, sports, social service), not with high-stimulation, quick-gratification activities.
- Draw attention to role models who demonstrate the ability to achieve personal goals through self-discipline and commitment (sports and arts figures, historical heroes).
- Talk to them about the special challenges of their generation and the ubiquitousness of instant gratification opportunities.

# Parents begin planning 2000 graduation bash

Editor, The Spotlight:

out parents of high school stu ing on this year's Graduation Celebration for the class of 2000 at Bethlehem Central High School.

This alcohol-free event for all seniors on graduation night has become a Bethlehem tradition and a huge success thanks to the creativity of parent volunteers and financial support from the community.

It is an all-night event at the high school featuring music, dancing, games and prizes.

The school is decorated with a theme motif and with memorabilia of the graduating class.

At the meeting, Glenna Grant, co-chairwoman of the celebration steering committee, reviewed the

successes and themes of the past June may seem a long way off, several years as well as the organizational resources and chaldents met last week to start work- lenges and proposed a future meeting schedule.

> The next meeting will be on " Monday, Feb. 28, in the high school cafeteria.

Parents of this year's juniors are encouraged to get involved.

If you can't make the meeting but would like to get involved or volunteer to serve on a committee, e-mail Glenna Grant at crate8@aol.com or call 439-8228 or Jan Messina at 439-0346 or email Pat Waniewski at pwaniewski@aol. com or phone 🔍 her at 439-4333.

> Tom Hitter Graduation Celebration 🍜 publicity chairman



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# Jour Upinion M

## Thanks to Sister Fraser

Editor, The Spotlight:

like to thank Sister Mary Fraser of Maria College Campus School for making our son's preschool experience happy and safe.

Our son Daniel has a life-threatening allergy to peanuts. Unlike an allergy to pets or pollen. Daniel's peanut allergy is one that he will never outgrow.

If Daniel accidently eats any food containing peanuts, peanut oil or peanut flour, his throat could swell so severely that he could stop breathing.

Many parents do not understand the severity of this allergy.

Tom and I never asked Sister Mary to turn Maria College into a peanut-free environment, but she

Sister Mary's concern for our son's safety caused her to go beyond what was expected of her.

I hope you publish this letter

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not only to thank Sister Mary but My husband Tom and I would to also dispel any misunderstanding about this fatal allergy.

> Elena Marcelle Slingerlands

**Nursery school is grateful for business support** Editor: The Spotlight:

All of us at Slingerlands Cooperative Nursery School would like to send a sincere thank you to all the Bethlehem merchants who supported our recent open house.

We thank them for posting our fliers. We are a small nonprofit,

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family-run school and rely on the house was a huge success. community for support in such

Thanks to all of you our open

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# Matters of Opinion

## Town needs development Reflections on the 'old' millennium to defray tax burden

Editor, The Spotlight:

ing the need for commercial development in our town to defray taxes. I am very pleased, as are many others, I'm sure, to see this possibility.

I went around for about seven or eight years with a petition (before Price Chopper was built) advocating this type of development. I was lucky enough to get more than 300 signatures. This petition also included the need for some needed home goods as well as commercial building to defray taxes. We need it now more than

Just another opinion regard- was that it was met with some very strong opposition by some people, namely the NIMBYS, and it was rejected.

> I have spoken to so many people in our town over the past few years regarding the need for commercial development, and I hope sometime soon it will become a reality.

> It might be nice someday to be able to go to a store and purchase clothing.

> > Marilyn Picarazzi Selkirk

Editor, The Spotlight:

Having been born on Christ-However, the sad part of it all mas Day, I always thought I was someone special. I was born in a small town in upstate New York. My family was an average American Jewish middle class family.

> We lived in a very ethnic Jewish neighborhood. I was raised by my mother, sister and grandmother. Yiddish was spoken more often than English. I never really started to learn English until I was 5 years old.

Now that we are in a new millennium, I would like to reflect on some of the amazing things that have happened, as well as the things we take for granted.

The things we take for granted: our precious lives, the gift to breathe, walk, talk, taste, smell, hear, move and most of all our brain and heart.

We have parents, friends, brothers, sisters and grandchildren. What would we do if we didn't have technology, the car, the phone, television, computers, planes - and most of all - electricity? We could not live without food, clothing and a roof over us. We take all of this matter of factly, when there are people who are less fortunate in this country and

throughout the world. We should be thankful for love, compassion and the ability to help others.

I remember the start of World War II, which brought the loss of so many young lives. Families lost fathers and husbands. Brothers lost brothers, and many others lost dear ones.

I remember the Holocaust, when a race of people was almost totally lost. Korea and Vietnam a war where many lives were lost, a war we never should have been

This era saw the beginning of campus unrest. Presidential debates. For the first time, this country elected a Catholic president. Children had Howdy Doody, Kukla, Fran and Ollie, Mickey Mouse and Lassie.

Television made sports popular. The World Series. The Boston Celtics became a dynasty. College had the NCAA championship. UCLA reigned as national champs for 10 years. Football had the Super Bowl. Children made idols of sports figures. Arnold Palmer started the rage in golf. Michael Jordan became a superhero in basketball. The sports' world lost many of its heroes: Joe DiMaggio, Babe Ruth, Joe Louis to name a few.

We joined the race to reach outer space. We sent man to the moon. We lost one of the country's presidents by assassination. From all that this country suffered, we came back as a nation and learned that you can't take an eye for an eye. Families united as they watched the first family bury a loved one.

We witnessed two of the most publicized events that concerned freedom of speech and freedom of the press — the O.J. Simpson trial and the Monica Lewinsky affair with the president of the United States. These two events were followed throughout the world. The world lost a princess when Diana died in an accident. The entire world mourned-it was the end of a fairy tale.

I'm now retired and live in Florida. I think of what God has given me. He gave me a wife of 39 years, three beautiful children and three grandchildren. He gave me parents and a sister to love. I thank God for the gift of life and health and hope for a better world all in this new century.

> Kenneth Schenkel Boynton Beach, Fla. (formerly of Delmar)



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### Letters policy

The Spatlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number. Unsigned letters receive no consideration.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar, 12054. Letters can be faxed to 439-

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# Continuing ed course registration under way

Registration for programs offered by continuing education will be held on Monday and Tuesday, Feb. 14 and 15, from 7 to 9 p.m. in the high school cafeteria.

Registration forms can also be mailed and will be opened after the last person registers on Feb.

Included in the course listing are programs in recreational, arts and crafts, languages, business and special interest. Programs will be offered beginning the week of

Registration forms can be picked up at the high school main office. For information, call 439-

#### Mendelssohn Club to perform tonight

The Mendelssohn Club will perform tonight, Feb. 9, at 7:30 p.m. at the high school.

The club is a 75-member allmale chorus which has been in existence for 91 years.

Tickets cost \$5 for adults and \$3 for students and seniors. They can be purchased at the door.

The program is sponsored by Friends of Music.

#### Town board sets meeting

The New Scotland town board will meet tonight, Feb. 9, at 7 p.m. at town hall on Route 85 in Slingerlands.

#### PTA to meet at elementary school

The PTA's next regular meet-

The kindergarten program is

NEWS NOTES Voorheesville Jane Norris 439-8532



ing will be held Tuesday, Feb. 15, at 7:30 p.m. in the elementary school library.

#### **Junior high plans** semi-formal

Students in seventh and eighth grade will attend a semi-formal dance on Friday, Feb. 12 from 7 to 10 p.m. at the high school.

#### Village's final order for lap robes

The village office will submit its last order for centennial lap robes early next week.

The lap robes, which depict historical sites of Voorheesville, can be purchased for \$30 plus \$1 postage. Orders can be placed by calling the village office at 765-

#### Thacher Park has ski trails

Thacher Park has well-established cross country ski trails open to the public.

Skiers can chose from a ski trail off of Hop Field parking area or the Paint Mine trail, which is also a snowmobile trail.

A new beginners trail, which starts behind the park office, offers a view off the escarpment.

The trials range from 1.5 to 4 always welcome.

For information, call 872-1237.

#### **DAR** to host antiques show

The Tawasentha Chapter Daughters of the American Revolution will hold its 29th annual antiques show and sale on Saturday, Feb. 19, from 10 a.m. to 5 p.m. and Sunday, Feb. 20, from 11 a.m. to 4 p.m. at Academy of the Holy Names, 1075 New Scotland Road, Albany,

A donation of \$4.50 per person or \$4 with a discount coupon is requested.

The show is an invitational, featuring selected dealers with a wide range of furniture, clocks, stoneware, woodenware, tinware, glass, china, linens, silver, jewelry, books, prints, dolls, Shaker furniture and tools.

For a modest fee, Russell Carlson will appraise small portable items.

Proceeds from the show will be used to benefit various philanthropic projects.

For information, call Marion Jewell at 439-4142.

#### **Quilters to meet** at Delmar church

Quilters United in Learning Together (Q.U.I.L.T.) will meet Friday, Feb. 11, at First Methodist Church, 428 Kenwood Ave., Delmar.

There will be mini workshops and a vendors fair.

Doors open at 9:15 a.m. for social time and a business meeting prior to the program.

Visitors and new members are

For information, call 456-0552.

# School's Out programs on deck this month

means that a lot is going on at the and read silly stories. library for elementary age kids.

Sign up is necessary for all of the "School's Out" programs, so call now or e-mail us at voorefq@uhls.lib.ny.us to regis-

### **Voorheesville** *Public Librar*y

On Monday, Feb. 21, at 2 p.m., Joyce Laiosa, youth services librarian, has planned an unusual presentation on the Underground Railroad called "Follow the Drinking Gourd." Kids can learn more about the history of "the railroad that has no tracks," as well as Harriet Tubman, black freedom and other Civil War issues. Laiosa will teach some songs from the era and present a craft from Addy's Craft Book from the American Girl series.

The program is designed for kids in first grade and up.

Science Story Time for age 4 through 8 requires each child to bring an older partner to help perform experiments about gravitational forces, air pressure and aerodynamics. Stories are included in the evening which begins at 7 p.m. on Tuesday, Feb. 22.

We'll be flipping the flapjacks at a special "Rise 'n' Shine" breakfast on Wednesday, Feb. 23, at 10 a.m. for kids age 4 and up. Fruit juice and granola will also be on 439-9314.

February school vacation the menu, as we sing silly songs

You can sign up for these programs now.

Koonz Road photographer and outdoorsman Bob Shedd is displaying some of his travel photos in the hall gallery this month.

His work includes gorgeous sunsets and land and waterscapes from Nova Scotia to the Virgin Islands, as well as some shots from his Appalachian trail hiking. Shedd is a regular library user. and we are delighted to tap onto his talents.

A sampling of dolls from the collection of Mary Beth Burrill, including international dolls, heirloom baby dolls and some Madame Alexanders are in the show-

Library trustees meet on Sunday, Feb. 13, at 9 a.m., and the Library Friends will meet on Monday, Feb. 14, at 7:30 p.m. Both meetings are open to the public.

Adult book discussion meets on Feb. 16 at 7 p.m.

Barbara Vink

#### **Library to host** Valentine's party

Bethlehem Public Library will hold a "Happy Valentine's Day" party for children age 3 to 6 on Saturday, Feb. 12, at 4 p.m.

Stories, a craft and a short film are planned.

To register, call the library at

#### Bethlehem to hold kindergarten registration Got news? Children who will be 5 years families throughout the month of old by Dec. 1 are eligible to regis-February. Call 439-4949 ter for kindergarten for the 2000/

#### the Early Learning Center at Slingerlands Elementary School. The Bethlehem school district will mail registration packets to

**Girl Scouts plan** 

01 school year.

international fair Glenmont Girl Scout Neighborhood will host an international fair at Bethlehem town hall on Saturday, Feb. 12, from 2 to 5 p.m.

Fellow Girl Scouts and the general public are invited to attend. The suggested entry fee is a canned good which will be donated to a local food bank.

Foods, flags and customs each country will be featured.

For information, call the Hudson Valley Council at 439-

Call your home school if you do not receive a packet. Those who are unsure which is their half day, and all children attend home school should call the transportation department at 439-3830.



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ticketmaster

including Armory Center, or via Ticketmaster Charge-By-Phone at (518) 476-1000 For Group Discounts (20+), Call 487-2100. For Event Information, 487-2000

### **UPCOMING EVENTS**

River Rats vs. Louisville

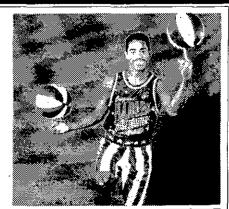
Attack vs. Philadelphia

River Rats vs. Philadelphia 10 Siena vs. Loyola 11 Attack vs. Syracuse River Rats vs. Hamilton 12 Grand Union Presents the Siena W.A.Y. Siena Women vs. St. Peter's Siena Men vs. Marist Backstreet Boys 14-15

2-6 HSBC MAAC Basketball Tournament Harlem Globetrotters 25-26 NCAA Hockey East Regionals

Target Stars On Ice

February 13th Siena Women vs. St. Peter's - 1:00 pm Siena Men vs. Marist - 4:00 pm



larlem Globetrotters

Coming March 9th!

www.pepsiarena.com

# RCS library announces programs

at RCS Community Library will feature sea creatures on Saturday, Feb. 12, at 11 a.m.

It is open to kids of all ages, though very small children will need the help of an adult.

Come and make a shark, whale, or even a manta ray. To register, call 756-2053.

Preschoolstory hour programs Tuesday, Feb. 15, at 7 p.m. continue at 11 a.m. every Thursday morning.

theme, with stories and a craft or activity.

TAKE TO THE ICE...

One of our River Rats fans will win this fabulous trip to Aruba sponsored

Stay at the beautiful Aruba Sonesta Resorts at Seaport Village, featuring their

own private island. Round-trip Airfare (from Newark) provided by Air Aruba.

487-2244 www.albanyriverrats.com

for the people of the Capital Region.

This Month's Featured Lecture

High Dose Chemo/Stem Cell

February 17, 7:00-9:00 p.m.

Transplant: Is It For Me?

General discussion of this

disease management

alternative, including

quality of life issues.

possible side effects and

Fred Shapiro, MD

by THE RIVER (WRVE) and MAIL BOXES Etc. Get a \$3 off adult ticket coupon for these games at your local MAIL BOXES Etc.

This month's origami project Harry Potter book, Harry Potter of the workshop. and the Sorcerer's Stone.

> It is full of memorable characters and entertaining plot twists.

Young people are welcome to attend.

We can find you a copy of this popular book if you want to be a part of the book group.

We will meet to talk about it on

The first of two fiction workshops for teens, seventh grade Each time there is a different and up, will begin on Monday, Feb. 21, at 3 p.m.

Enrollment is limited to 12, and This month, the book discus- a number of kids have already sion group is reading the first expressed interest in this session

All Rats Feb. Home Games -

ON-ICE CONTESTS at the Pepsi Arena to

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win an (8)Day (7)Night Trip for 2 to

We're here for you...free and open to the public, Cancer Care In Focus is a continuing series of

March 16

April 13

April 20

7:00-9:00 p.m.

7:00-9:00 p.m.

7:00-9:00 p.m.

Hotline at 518-525-1547.

informational presentations devoted to cancer issues. Patients, family and friends are all invited to attend.

It's all part of the St. Peter's Community Education Series - providing health-related answers and support

Aruba Getaway

HEAD FOR THE BEACH!

Wed.

Sat.

Wed.

Sat.

Mon.

St. Peter's Cancer Care Center Presents

ancer Care In Focus

Good Nutrition to

Minimize Cancer Risks

Why Am I So Tired!:

Fatigue Symptoms

and Management

Examining the

Special Needs of

Cancer Patients

All lectures are held in the Mercy Conference Rooms. Please reserve your

accessible. For more information or to register, please call the Cancer Care

space prior to each presentation. Free parking in Cancer Care lot. Handicapped

Pain Management:

The instructor, Mary Vigliante Szydlowski, is an author and teacher.

She will guide the group from rough draft to finished manuscript in six weekly sessions.

RCS Community Library's annual fund-raising dance is set for Saturday, Feb. 26, at the Knights of Columbus hall in Ravena.

There will be a band, prizes, food and drink.

Tickets are \$25 a couple, or \$15 per person. They are available at the library at 15 Mountain Road in

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Kentucky

Syracuse

7:00

7:30

7:00

7:30

2:00

Single Tickels: \$13 Adults \$7 Child/Student

Judith Siler, MS, RD, CDE

Dee DeLollo, RN, OCN

Julie Huss, RN, MS, OCN

Sanjay Chaudhry, MD

Peggy Cassidy, RN, MS

St. Peter's Cancer Care Center

Feb. 9

Feb. 12

Feb. 19

Feb. 21

♦ \$5 Wednesday – All Seats 5 bucks

Feb. 16 \*

# TV-31 has new moniker

TV-31, Bethlehem's public ac- Marty Haase's Take Care. cess cable station housed at the library, is now TV-18. The new channel number went into effect on Feb. 1 in the town of Bethlehem; other localities will see the change later in February.

sis for the station, which will cel- 'tries from eight countries.



ebrate its 16th birthday this June.

When TimeWarner acquired CableVision in October 1998, it initiated a series of enhancements. One improvement was the realignment of channel numbers, making for consistency across the region. In other words, no matter where you are in TimeWarner teraccess.

TimeWarner has brought our station to a larger market, including households in Bethlehem, New Scotland, North Greenbush, North Schodack, Valatie, Kinderhook, Nassau and the city of Rensselaer.

of a better signal, brought to you by new fiber optic cable, and a better place in the channel array, if you surf from low to high.

When the station was born 16 years ago, it was committed to three hours of programming a week. It now cablecasts an average of six hours a day, five days a week, plus a 24-hour community bulletin board.

Studio Manager Janice Irwin estimates that more than half of TV-18's programs are produced in-house. Some of our programs have been shared out-of-house, as well-among them Hogan on the Hill, Ray Blanchard's Conversations Regarding Healthcare and

And this just in — one of our shows has won honorable mention in a worldwide video competition. The Communicator Awards, based in Arlington, -Texas, recognized Larry Levine's This is the latest metamorpho- Drum-I-Stix — one of 3,275 en-

> TV-18 produces a variety of programs, encompassing the arts, religion, health, senior citizens' issues, children's shows and alternative fare. State and local government are included in the mix, through programs such as tapes from the state Assembly and WAMC's Media Project.

Library staff have produced orientations and overviews of various departments and services, including a sign-language interpretation of a library tour and last year's Electric Library Day ritory, Channel 18 means public cablecast featuring Bethlehem's community groups.

> The station's program guide is published every month and is available at the library and on our Web site: www.uhls.org/ bethlehem. Watch us!

> > Louise Grieco

#### TV-18 also has the advantage **Business group** announces schedule

The Business Assistance Group meets the first Tuesday of each month from 7 to 9 p.m. at Bethlehem Public Library.

The free get-togethers are sponsored by Bethlehem Chamber of Commerce and Bethlehem Public Library.

The program schedule is:

- March 7 Making money on the Web.
- April 4 Hiring and keeping good employees.
- May 2 Web site blunders, and how to avoid them.

Registration is not required.



On April 29, 2000, Feestelijk Bethlehem will highlight the artistic offerings of the town of Bethlehem To be considered, send a promotional package containing either individual and/or group biography, audio or video tape, photo and contact telephone number(s) to: eestelijk Bethlehem Entertainment P.O. Box # 1, Delmar, NY 12054. (\*Note: Solicitation materials will not be returned). Deadline for applications are: February 15, 2000.



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Valenze, P.T.



PROTECTING YOUR TENDONS

Those who regularly engage in high-impact exercise or who lift weights should take note of an unwanted potential side effect of some common antibiotics. According to a study reported in the American Journal of Sports Medicine, fluoroquinolone antibiotics (Cipro or ciprofloxacin), which are usually prescribed for intestinal, urinary, or urinary tract infections, are linked with cell changes leading to tendon weakness. As a result, anyone taking these antibiotics risks a painful rupture of the Achilles tendons or the tendons in their knees, quadriceps, or rotator cuffs. Although the effects are reversible, exercisers might be wise to cut back on their workouts while taking these prescription medications. The workout benefit hardly seems worth the risk.

Just as you would allow your car additional time to warm up in cold weather, so you need to take extra care when exercising due to compromised health, cold, stiff muscles, icy surfaces, and decreased visibility. Yet even the most cautious individual can find him or herself with an injury resulting from strain, overuse, or a slip and fall; that's why we offer all the latest physical therapy techniques in comfortable, state-of-the-art facilities. Ask your physician for a referral, or call the number listed below to learn what we can do for you. Free parking available.

#### BETHLEHEM PHYSICAL **THERAPY**

365 Feura Bush Road **Glenmont Centre Square** Ask your physician for a referral, or call 436-3954

Ĺ

to learn more or schedule a consultation.
Wheelchair access and plenty of free parking for your convenience.
Please E-mail us your questions at BPT@empireone.nel

P.S. Tendinitis pain usually precedes a rupture.

# Library to host fund-raising dance

nual fund-raising dance is planned for Saturday, Feb. 26, at the Knights of Columbus hall in

The event will feature dancing to a great band, prizes, food and

Tickets are available at the li-

#### **Library group to discuss** first Harry Potter book

This month's book discussion group at the library will focus on the first Harry Potter book, Harry Potter and the Sorcerer's Stone on Tuesday, Feb. 15, at 7 p.m.

Copies of the book will be available for those who would like to participate in the discussion se-

For information, call RCS Community Library at 756-2053.

#### Origami workshop set at library

Origami sea creatures will be created this month at the library's origami workshop on Saturday, Feb. 12, at 11 a.m.

Children of all ages are invited, although very small children are asked to bring an adult to help.

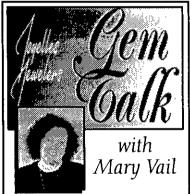
To register, call the library at

#### **Travel soccer team** to meet at middle school

RCS Youth Soccer travel team will meet on Wednesday, Feb. 16, at 7 p.m. at the middle school.

#### Parent groups sponsor talk on sleep disorders

The middle school PTSO and



#### TOURMALINE DE FORCE

While members of the tourmaline family of minerals possess the same crystal structure, they occur in a variety of colors. Rubelite derives its name from the Latin word for red. This red variety of tourmaline may show a cat's eye when cut en cabochon. Dark blue tourmaline is called indicolite, while dravite is a very darkcolored (usually brown) form of tourmaline. Achroite is a particularly rare, colorless form of tourmaline. And, yellow-green is the most common of all tourmaline color varieties. areen is much more rare and valuable. Most of these colored varieties of tourmaline are beautifully transparent, making them quite desirable for jeweled pieces. They should not be overlooked.

If you are not familiar with tourmaline and the many other kinds of gemstones of the world, their varied colors, cuts, and characteristics, it is even more important that you have confidence in your jeweler. Trust in our fine reputation and experience at JOYELLES JEWELERS and you'll nevergo wrong in your jewelry choices. We're not satisfied with your decisions until you are, and we stand behind everything we carry here at 318 Delaware Avenue, in the Main Square Shoppes.

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P.S. Watermelon tourmaline a pink and green variety of tourmaline that has coloring similar to that of the fruit for which it is named. oyelles will be open Valentine's Day, Monday, Feb 14th, for your convenience



Special Education Parent Support Group will meet on Wednesday, Feb. 16, at 7 p.m.

The topic will be sleep disorders. Community members are welcome to attend.

#### **Honor Society sets** Valentine flower sale

In honor of St. Valentine's Day, the National Honor Society chapter at the high school will hold a flower sale on Monday, Feb. 14. Proceeds will aid Honor Society projects.

#### PTSA to sponsor roller-skating at Guptill's

The PTSA will sponsor an

evening of roller-skating at Bethlehem, a student at Albany Guptill's Arena on Monday, Feb. 21.

#### **Restaurant to serve** Valentine feast

Yanni's Restaurant in Ravena will feature a special Valentine's Day dinner. For information, call 756-1766.

#### Night walk slated

A walk to explore the natural history of night will be offered on Friday, Feb. 18, at 7 p.m. at Five Rivers Environmental Education Center, 56 Game Farm Road. Delmar.

Participants will watch for constellations of the winter sky, if the weather is clear, and listen for the night sounds of nocturnal animals.

The program is free. Participants should dress warmly.

For information, call Five Rivers at 475-0291.

# Student travels to DC for program

Academy for Girls, is in Washington, D.C., this week for a behindthe-scenes look at federal government as a participant in the Presidential Classroom Scholars Program, a civic education program.

Joining hundreds of high school students from across the

Elizabeth Pulice of South country and abroad, Pulice will take part in seminars presented by leaders representing each branch of government, the military, media and business.

> Students are also scheduled for a private tour of the White House, appointments with their senators' and representatives' offices and a visit to a foreign embassy.

### Delmar man sworn in as deputy

recently sworn in as a deputy sheriff with the Albany County Sheriff's Department.

Hornick is currently attending a 22-week basic training course at the Zone Five Regional Law Enforcement Training Center at Hudson Valley Community College in Troy.

He will receive training in a multitude of areas, including the

Adam Hornick of Delmar was penal and criminal procedure laws, vehicle and traffic law, firearms, emergency vehicle operation and radar.

> Albany County Sheriff James Campbell swore in Hornick during January ceremonies in the rotunda of Albany County Court House.

In Slingerlands The Spotlight is sold at Falvo's Price Chopper and Tollgate



### Bethlehem Pap Weitner Newly-elected 2000 Board of Directors



#### **Executive Board Members:**

Kathleen Sullivan, Mark Eder - Co-Presidents Chris Mulhall, Donna Mosher – Co-Vice Presidents

> Linda Wheeler - Secretary Chris Cerone – *Treasurer*

Cathy DeCastro - Cheerleading Coordinator Linda Abriel/Jim Cerone - Football Coordinators

#### **Board Members:**

Joe Bonacci Pete Bukowski Jeff Deitz Will DeRuve Ken Geurtze

Julie Irving Fran Johnson Mike Murphy **Sharon Taber** Dan Wheeler

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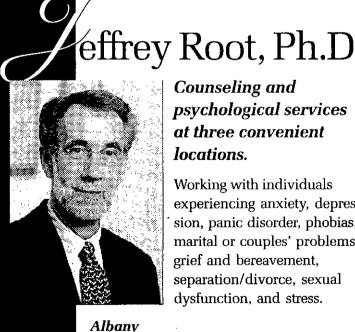
### **OPEN HOUSES**

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Sun. Mar. 5 1:30 - 3:30 PM

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Family Medical Group 498 North Greenbush Road (Rte. 4)

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Northeast Primary Care Network

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# Delmar's Cafe 333 comes with strong family ties

By Joseph A. Phillips
For Paul Hall, food service has long been a family affair. When Hall was 13, his parents purchased a French restaurant in Great Barrington, Mass.

a youngster was a bit like a restaurant, he said.

Coming from a family of 12 kids, my mom was always cooking," he said. "She's basically the one who influenced us all to become chefs and pursue food service as a career.'

Hall's latest gastronomic pursuit, a partnership with his sister Jean McMillen which opened last May, is Cafe 333 in Delmar. That's the street address on Delaware Avenue, a site formerly occupied by Cafe Mediterraneo. Another sister, Lois Forgea, handles the books.

Open for weekday lunches, nightly dining (except Monday and Tuesday) and noon to 8 p.m. on Sunday, the cafe offers a diverse menu of specialties, complemented by McMillen's homebaked breads and homemade desserts, and a knowledgeable wine

"Being an American chef, I'm

really diversified in all different types of food, and I wanted to bring them all together in one' menu," Hall said. "But most of the menu is very low fat, high carb, and some of the items are very But evening dining at home as low in protein. It's a very healthy menu, with a lot of vegetarian items too.

> "I moved to Selkirk 15 years ago, and a lot of people told me there was a need for this type of a restaurant in Delmar," said Hall, who now lives in Loudonville. "I really don't feel I have any competition. I'm certainly not afraid of competition. I think we're a fair value for what we charge.'

Opening his own restaurant, said Hall, is "something I've always wanted to do. The time was ripe to see if I could do this on my

He's worked for others along the way, serving seven years as executive chef at a private club in Wilkes-Barre, Pa., and a stint at Ogden's Restaurant in Albany and at Albany Country Club.

McMillen, meanwhile, has been on the kitchen staff at J.J. Phillips in Ravena and Cheldan House in Altamont.

When the opportunity to lease



Siblings and business partners Jean McMillen and Paul Hall report brisk business for their new Delmar eatery, Cafe 333. Joseph A. Phillips

333 Delaware came up last spring, a staff of eight and gradually re-Hall iumped at the chance to locate his lifelong dream in the heart of Delmar.

spot, the sense of small merchants, photos of the old theater that once a kind of mom and pop feeling here," he said. "I like being a part of that,"

Hall and McMillen have hired

decorated the interior; new chairs are due for delivery soon. They've overhauled the decor to create a There's a good feeling to the homier feel, and continue to seek occupied the building. They've set a no-smoking policy, and decided to stick to an open kitchen format. to better market their fresh, lo-

cally bought produce and low fat cooking methods.

I think people like the atmosphere of the open air kitchen," Hall said. "It's a matter of showing off your cleanliness. You can't have a dirty kitchen:"

They will eventually add a wall to close off part of the kitchen area, but the open grill is here to

Trade for the new cafe has been building slowly.

"A lot of customers come in who had their first dates here," he said, recalling the location's movietheater days. "Business is doing better that I ever thought it would do. It's really taking off. I didn't expect some of the repeat business I've gotten."

He offers takeout for the homebound commuter, and hopes to further boost the supper crowd with the recent addition of Saturday night entertainment, and perhaps by creating some special invitation-only theme nights for favored patrons.

He has also taken up catering for private parties and institutional clients such as local hospitals seeking reception fare. About a quarter of his business, he guessed, is off-site catering.

"I leave cards and a little advertising at those affairs and people come back a few days later to find out where the great food came from," he said.

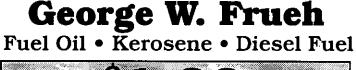
He is also hoping for greater. community support, though lunch time has been problematic.

This is not, so far, a business community, and it's a little tough to get the lunch trade, but we've stuck it out in the hope that it'll pick up" as businesses locate downtown, he said.

"I think the town could support local merchants a little more than they have." he added. "We need more of a sense of community. We're losing that, the sense of a small community, helping each other. I'm always in agreement that I'd rather spend a little more money and spend it at home."

Hall thinks his restaurant will in large measure sell itself. The menu of moderately priced staples and daily specials runs from woodfired pizza to Middle Eastern specialties.

We buy the best ingredients that money can buy, and I don't skimp on any products," said Hall. 'Good food — that's what brings 'emin, and that's what they'll come back for.'

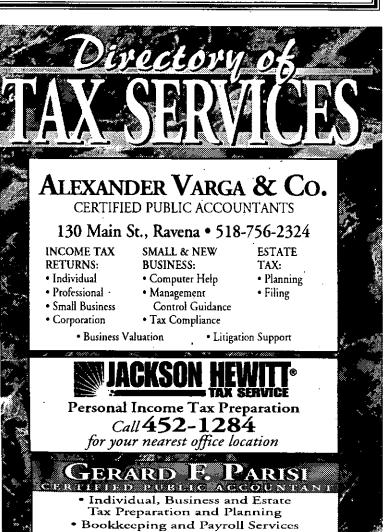


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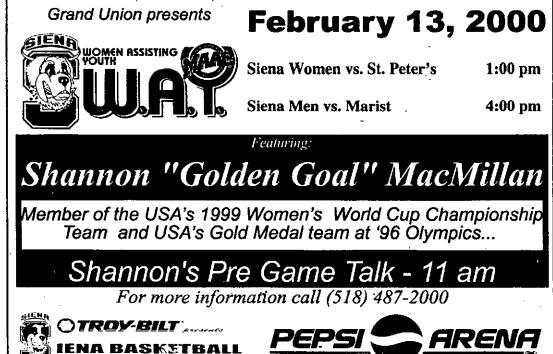
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# Bantam Eagles take first at St. Albans

The most frigid weather of the Pittz in the net. In the last game, Szoke and Bub, with one assist Contento, **Jon Sussman**, ar failed to stop the Bethlehem the Eagles defeated Saratoga 4-0, from Hager. Murray withstood 18 Nathaniel Drake, Riegel, and year failed to stop the Bethlehem Bantam Eagles from taking the St. Albans Hockey Tournament by storm for their second championship of the season. Played over the Jan. 21-23 weekend, outstanding goaltending by Greg Pittz and Jordan Murray, and the defense made the difference as the Eagles held their opponents to only two goals for the tournament.

On the opener Friday with Pittz in the net, the Eagles defeated St. Albans 4-1 with goals from Evan Gall, Shane Gray, Shaun McAvoy, Greg Sieme, and assists by Gall, Shaun Mullen, Mike Szoke and Chris Bub. Saturday, the Eagles let a 1-0 lead slip away with less than one minute remaining to tie Hanover 1-1, with goals by McAvoy and Bub, and an assist by Gall with Murray and

to lock up the tournament win on points. The game was a great defensive effort by the whole team, especially goaltender Murray. Goals were contributed by Mullen, Szoke, Justin Contento and Gall, with three assists from Bub, and one each from Mullen, Szoke, Kelly Rider and McAvoy.,

In other recent action the Eagles have tallied four wins, two losses and a tie. They beat Middlebury 8-1 at The BIG Arena led by Bub, with two goals, and Gray, Sieme, Mullen, Jeff Kattrein, Ben Hager, Szoke with one each. Assists were by Kattrein, McAvoy, Szoke (2), Mullen and Pat Riegel. The goaltenders stopped 9 out of 10 shots. Against North Berkshire away, goals were posted by Sieme, Hager, Kattrein,

of 23 shots on goal.

Back home against North Berkshire, the Eagles prevailed 2-1 with goals from Contento, assisted by Brian Maher, and Hager, The goaltenders stopped 24 out of 25 shots on goal. Against Skaneateles at home, the Eagles won 3-2, with goals by Szoke, Jon Bartow, and Hager, assists by Bartow and David Buckley, with the goaltenders stopping 25 out of 27 shots.

Against Manchester this past weekend, the Eagles won big at The BIG Arena, posting a 10-2 victory. Bub and Hager led the scoring with hat tricks while McAvoy tallied two. Other goals contributed were by, Szoke, and Mullen. Dan Conophy led the assists with three followed by Szoke with two, and Bub, Buckley,

Willey, Brown, Rudgers, Kevin

season before Qualifiers and

Sectionals, will be today, at 4:30

p.m. at Albany Academy.

The Eagles final meet of the

Gately; 3:22.76.

Sieme with one each. Murray made 13 saves from 15 shots on goal. The Eagles posted 52 shots on goal.

The losses came against Troy B 6-2 with goals from Bartow and Kattrein, assisted by Mullen and Sieme. The goaltenders stopped 27 of 33 shots. Against the Springfield Indians, the Eagles lost 6-2 with goals from Hager and Mullen, assisted by Szoke, with the Pittz saving 29 of 35 shots on goal.

The Eagles record stands at 15 wins 10 losses and 2 ties with 15 games remaining on the schedule. The Bantams are coached by Joe Szoke, assisted by Steven Bub and John Riegel.

### Tennis tourney set Feb. 11-13

From Feb. 11 to 13, nearly 300 of the top junior tennis players in the east will be traveling to the Capital District for a tournament.

The United States Tennis Association (USTA) will be holding the second in a series of sectional championships throughout the

Boys and girls will play in four age divisions, 12-and-under, 13to-14, 15-to-16 and 17-to-18.

Tri-City Guilderland, Tri-City Latham, Capital Region Tennis & Fitness and Schenectady Racquet & Fitness will all host the tourna-

Spectators are welcome, and no admission fee will be charged.

For information, call 356-0100, 436-3556 or 456-5050.

### **Red-hot BCHS swimmers remain undefeated** after Burnt Hills-Ballston Lake victory 400 free relay - (BH-BL) Tom

200 free relay - (BCHS) Shaffer,

Andrew Zox, Thomas, Davis;

100 back - (BH-BL) Brown; 57.51.

On Feb. 4, it was a clash of the 5:20.78. titans, when the undefeated boys swim team from Bethlehem Central High School squared off against the unbeaten boys of Burnt Hills-Ballston Lake. In the home 100 breast - (BH-BL) Sankowski; water, in front of a zealous crowd of ardent supporters, the Eagles made a major statement by besting the Spartans 71-55, keeping their perfect season intact.

With the win, the BCHS swimmers not only improved their record to 10-0, but clinched the Adirondack League title. Even though Eagles coach Ken Neff has a proven track record of excellence, it would not have been an upset to see the up and coming BH-BL boys pull out the win.

However, the Eagles came out on top thanks to a deep and consistent effort. By winning some events and finishing high enough in others, Bethlehem scored enough points to comfortably defeat the Spartans. The final results of the meet are:

200 medley relay - (BCHS) Mike Cardamone, Matt Cardamone, Richard Bailey, Carter Thomas; 1:42.97.

200 free- (BCHS) Chris Schaffer; 1:48.51.

200 IM - (BH-BL) Brian Sankowski; 2:03.01. 50 free-(BCHS) Pat Davis; 22.43.

Diving - (BCHS) Scott Lipnick;

100 fly - (BCHS) Shaffer; 52.95. 100 free (BH-BL) Bryan Brown;

500 free-(BH-BL) Judd Rudgers;

Go ahead and jump

Daniel Olson of Voor-

heesville, a junior at Albany Acad-

emy, jumped 6 feet 7 inches to win

the High Jump at the Tri County League Relay Meet at Hudson

him within the top 15 jumpers in the nation. Olson previously won

the Dartmouth Invitational, the

Princeton Invitational and the

York during the 1999-2000 indoor

Olson is undefeated within New

This was the highest jump in Section II this year, and places

Valley on Feb. 5.

Engineer Games.

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### Good Samaritan Senior Living

by Lee Bormann



#### SEEING IS BELIEVING

A recent study lent credence to the idea that older people may act in accordance with how they are perceived. In this case, unconscious exposure to words conveying a positive image of old age was found to improve the physical well-being of the elderly. In the study, researchers first measured the walking speeds of healthy individuals between ages 63 and 82. Then, half of the subjects saw positive words ("wise" and "accomplished") flashed in subliminal messages, while the other half got negative ("senile") subliminal reinforcement. The group shown the positive words walked significantly faster than before the study, while the other group's pace remained unchanged. Self-image, it seems, is important to quality of life as well as to physical function.

We understand how deeply attitude affects your quality of life, which is why our staff bends over backwards to treat our residents with respect and care. At GOOD SAMARITAN LUTHERAN HEALTH CENTER, 125 Rockefeller Road, we offer worship and counseling to all residents and hospital visitation. Give us a call at 439-8116.

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season.

# Level 2 junior tennis tournament results

Here are the results from the Jan. 16, Martin Luther King Weekend Level 2 Junior Singles Tennis Tournament at Schenectady Raquet & Fitness

Boys 12 - Quarterfinals Robert Hoffman[1], Glenmont d. Bringsjord, 6-1; 7-5 Chader[3] d. Reilly 6-0; 6-0 Patterson[4] d. Bartell 6-2; 6-2 Nick Rutherford[2], Clifton Park, NY d. Gioia 6-1; 6-3 Boys 12 - Semifinals Hoffman[1] d. Chader[3] 6-3; Rutherford[2] d. Patterson[4] 6-3; 6-2 Boys 12 - Finals Hoffman[1] d. Rutherford[2]

Boys 14 - Round of 16 Alexander Tedeschi, Amsterdam d. David Denio, Glenmont 6-3; 6-1

6-2; 7-5

Thomas Hackman, Delmar d. Christopher Bradt, Delmar Def (unex)

Boys 14 - Quarterfinals Gabe Wapner[1], Old Chatham d. Patrick Riley, Albany 6-1; 6-2

Chanwoo Park, Niskayuna d. David Graves, Albany 6-0; 6-0

Wei-Hsun Yuan[3], Troy d. Tedeschi 6-0: 6-2 Hackman, Delmar d. David Gould[2], Burnt Hills 6-7(5); 6-1

Ret (inj) Boys 14 - Semifinals Wapner[1] d. Park 6-1; 4-6;

Yuan[3] d. Hackman 6-0; 6-0 Bovs 14 - Finals Yuan[3] d. Wapner[1] 6-4; 6-0

Boys 16 - Round of 16 Dan Cohen, Delmar d. Ryan **Artis**, Albany 6-3; 6-2 Boys 16 - Quarterfinals

Adam Barelski [1], Rensselaer d. Cohen 6-0; 6-1 Jerod Liscom, Clifton Park d. Chris Lynch, Schenectady Def (unex)

Ken Hackman, Delmar d. Dave Nagengast, Rensselaer 64, 62

Brandon Flanagan[2], Scotia d. Elvis Omeragic, Albany 6-1; 6-0 Boys 16 - Semifinals Barelski[1] d. Liscom 6-4; 5-7;

6-3 Flanagan[2] d. Hackman 6-1; 6-2

Boys 16 - Finals Barelski[1] d. Flanagan[2] 3-6; 6-1; 6-2

Girls 14 - Quarterfinals Sugam Langer, Albany d. Karen Fein[1], East Greenbush Def (unex) Michelle Casillo, Niskayuna d. Cecilia Disney, Johnstown

Julie Hoffman, Glenmont d. Carrie Zurenko, Glenmont 6-4;

7-5 Marielle Behm. Castleton d. Jessica Schnell[2], Niskayuna 3-6; 6-0; 6-4

Girls 14 - Semifinals Langer d. Casillo 6-4; 6-4 Hoffman d. Behm 4-6; 6-4; 7-5 Girls 14 - Finals Hoffman d. Langer 5-7; 6-1;

Girls 18 - Semifinals Betsy Brookins[1], Delmar d. Nancy Matusiak, Loudonville 6-2; 6-0 Elizabeth Decurtis[2], Troy d. Trudy Hudson, Albany 6-7;

6-0; 6-1 Girls 18 - Finals Decurtis[2] d. Brookins[1] 6-0; 1-0 Ret (inj)

### Swimming lessons

The Albany-Voorheesville Starfish Swim Club is offering swimming lessons for children from age 4 to 14 this spring.

The lessons will be held on Saturday's at the University at Albany, Sunday's at Siena College, Monday's at Albany High School and Thursday and Friday's at Clayton A. Bouton Junior/Senior High School in Voorheesville.

The 45 minute long lessons start Thursday, Feb. 10, and continue until May. There will be 10 lessons in each series but schedules will vary based on holidays and limits on pool availability.

Lessons are structured in accordance with the Red Cross plan and with Red Cross certified instructors. Individual classes are kept small to maximixe instruction. All classes have varying levels so that all children in a family can come at the same time.

For information, call 765-4267.

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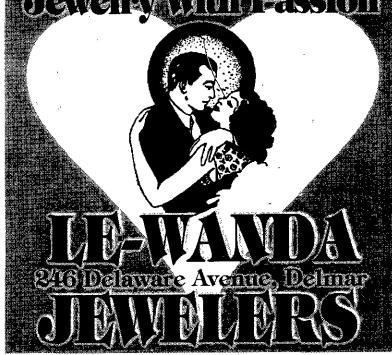
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# Varsity sports scoreboard and upcoming schedule

•Tuesday, Feb. 1 BOYS BASKETBALL Saratoga 52, BCHS 50 Averill Park 61, Voorheesville

GIRLS BASKETBALL Voorheesville 58, Averill Park 51 (OT) **GYMNASTICS** 

Shen 129.6, BCHS 111.8 Wednesday, Feb. 2 GIRLS BASKETBALL

Saratoga 51, BCHS 49 WRESTLING BCHS 54, Mohonasen 24 **BOYS VOLLEYBALL** Voorheesville def. Hawthorne Valley; 15-2, 15-5, 15-6

Thursday, Feb. 3 WRESTLING RCS 42, Albany Academy 37

Cohoes 39, Voorheesville 36

• Friday, Feb. 4 **BOYS BASKETBALL**  Watervliet 63, Voorheesville

Niskayuna 62, BCHS 60 GIRLS BASKETBALL Voorheesville 59, Watervliet

RCS 55, Lansingburgh 48 BCHS 48, Niskayuna 29 **BOYS VOLLEYBALL** Voorheesville def. Berlin; 15-

0, 15-10, 16-4 ICE HOCKEY BCHS 6, Rotterdam 1 **SWIMMING & DIVING** BCHS 71, BH-BL 55

 Saturday, Feb. 5 **BOYS BASKETBALL** RCS 52, Lansingburgh 46 ICE HOCKEY BCHS 4, Rotterdam 2

Games On-Tap This Week

•Wednesday, Feb. 9 GIRLS BASKETBALL SSC Tournament-First Round

WRESTLÍNG BCHS @ Columbia; 6:30 p.m. **SWIMMING & DIVING** Niskayuna @ Guilderville; 4:30 p.m.

**BOYS VOLLEYBALL** Cairo-Durham @ Voorheesville; 6 p.m.

•Thursday, Feb. 10 WRESTLING

RCS @ Mechanicville; 6 p.m. Voorheesville @ Watervliet; 6 p.m.

> •Friday, Feb. 11 BOYS BASKETBALL Mechanicville @ RCS;

7:30 p.m. Voorheesville @ Cohoes; 7:30 p.m.

SSC Tournament-Semifinals (BCHS)

GIRLS BASKETBALL

Cohoes @ Voorheesville: 7:30 p.m.

RCS @ Mechanicville: 7:30 p.m.

•Saturday, Feb. 12 GIRLS BASKETBALL SSC Tournament-Semifinals

(BCHS) ICE HOCKEY BCHS vs. CBA @ BIG Arena;

6:45 p.m. **SWIMMING & DIVING** Sectional Qualifiers @

Shaker; 10 a.m. (Guilderville, BCHS) INDOOR TRACK League Meet @ HVCC (RCS); 1:30 p.m.

**GYMNASTICS** All-Around Meet; 10 a.m. (BCHS) WRESTLING

Schoharie @ BCHS; noon Colonial Council Tournament @ Schalmont

(Voorheesville); 10 a.m.

•Monday, Feb. 14 ICE HOCKEY

BCHS vs. Glens Falls @ BIG Arena; 6:30 p.m.

**BOYS VOLLEYBALL** Germantown @ Voorheesville; 6 p.m. **BOWLING** 

Colonial Council Tournament @ Bowlers Club (RCS, Voorheesville); 4 p.m.

•Tuesday, Feb. 15 **BOYS BASKETBALL** SSC Tournament-Losers Bracket @ BH-BL\* (BCHS)

RCS @ Voorheesville; 7:30 p.m.

GIRLS BASKETBALL Voorheesville @ RCS; 7:30 p.m.

\* - If Neccessary



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· Top off your dinner with our Chocolate Love Pie, with French chocolate mousse and Godiva sauce

· Top off your evening with an overnight stay in our delightful Inn, and enjoy a complimentary country buffet breakfast in the morning! (just \$29.95 per person based on double occupancy)

 The Classic Century Caesar Salad for two



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(From Page 1)

McCarthy's job at the phone company ended when she married.

"My husband was the kind that believed mothers never worked," she said. "So I was never allowed to get tangled up in the business world after I married."

McCarthy met her husband after he came back from military service overseas, before he was discharged.

"I used to be quite a good dancer at one time," McCarthy said. "I was at a club dancing with a particular friend. He said, 'I have a friend of mine here, will you give him a dance?' I said yes, and that was my husband."-

McCarthy and her husband entered dance contests, and won waltzing competitions.

"I used to dance the Charleston, and everything," she said. " The foot doctor said I'm walking on the bones of my feet, because I wore all the pads down. I told him, I wore them down dancing."

then, she had electricity, but the radio was a crystal set.

"I couldn't wash the dishes or do anything if my husband was working on the crystal set, because it made too much noise," she said.

The McCarthys came to the United States in the early 1920s.

"My husband wanted to come here," McCarthy said. "In those days, your husband did everything. Today, the girls would say you were subservient. The man made all the decisions, what was what and what you were going to do. If he wanted to come, it was all right with me."

While her husband went ahead to the Detroit area, McCarthy organized their papers — among them doctor's certificates and proof that they had sufficient money to come and not be a burden on the state — and followed

Although the McCarthys were happy in their home on Lake St. Claire, they moved to, Brooklyn, during the Depression, something that changed their lives forever.

"My sister always wanted me to move to New York," McCarthy McCarthy's two children were said. "My husband was working

eventually got the contract for the PT boats in World War II, but we couldn't foresee any of that. During the Depression, everybody had to take a \$100 per month cut in their salary. My sister said we'd do better in New York City, and we should give it a try."

McCarthy paused for just a minute. "That was the worst move we ever made," she said. "We were living in a small town, and didn't realize how bad things were in other places. My husband couldn't find a job."

McCarthy named the Depression as the most important historical event of her life and has clear memories of the hardships people endured.

"You couldn't get a piece of meat," she said. "If you had stamps, the butcher didn't have a piece of meat. I often stood in line for hours at a time to try and buy things. Sometimes you'd get up to the head of the line, and there wasn't anything left. It was a terrible time trying to make something to eat."

McCarthy stood in line for hours on Fifth Avenue to try to buy her daughter a pair of hose.

"I very seldom got them, not matter how early I got there," she said. "I think those Depression years were terrible, terrible years.' Eventually, the McCarthys moved back to Montreal.

"My dad was the only one who was working during the Depression, and he was feeding everyone," McCarthy said. "The chil-

would put half soles on their shoes if they needed repair. There was no money for shoes. I made so many novenas to Our Lady of Perpetual Help at St. Anne's.

McCarthy said it was a relief when the brewery her husband had worked for called and asked him to go work in Albany,

"Thank the Blessed Mother," McCarthy said. "We came to Albany in 1932, right after Roosevelt was in and he started everything up again."

At 49, with her children grown and married, McCarthy decided to get a job.

"I was told to look for a job in the state," she said. "Somebody told me to go see a certain committeeman, that's how you get a iob. So Sunday after church, I went and rang this man's doorbell and asked if I could talk to him. I can't imagine I had such nerve!"

and the committeeman said he had to ask her what her politics

"I said, 'I've always been a Democrat, but if I need a job, I can be a Republican too." she said. "He said he liked my honesty, and he'd see what he could do for me."

By Monday, the committeeman had arranged an interview, and McCarthy worked for the next 16 and a half years in the state Registry. "I've been a Republican ever since," McCarthy said with a laugh.

Before returning to work, McCarthy was involved in a num-

born when she was 21 and 23. By for the boat manufacturer that dren had to go to school, and he ber of activities, among them the ladies auxiliary of the railroad, the Knights of Columbus, the Monday Musical Club, Retired Senior Volunteer Program, American Association of Retired Persons, and Bethlehem Senior Citizens. McCarthy remains active at the Church of St. Thomas the Apostle.

> McCarthy laughed about why she's lived 100 years and is still healthy.

> "The good Lord upstairs doesn't want me, I guess," she

> When McCarthy talks about how the ages of family members, it's clear that good genes must be at work too.

> "My mother was young, only 74, when she passed away, McCarthy said. "My dad was 83, Grandma was 99. My mother's sister was past 99, and I have a sister in Florida who's 101."

For a while after retiring, McCarthy stated her business McCarthy and her younger sister traveled, taking cruises or European tours. In between, she worked some for the state. Into her late 70s, she also worked at Bethlehem's town hall.

> Today, McCarthy says the biggest change she's seen in her lifetime is the pace of life.

> "The world is too fast," she said. "The stress is so much it's killing people. People are not going to live as long. The older people are living longer, but the younger people are not. Mothers and fathers both have to work to make a living. Children are born, and given to somebody else to raise.

"That's not right, I don't like any part of that. I think today, everybody wants too much. There's not time for Mom and Dad to stay home and play with the children and be a family. I think that's sad. It's because the parents have to make the living, but they're losing so much of what is beautiful when it comes to bringing up children. What's the point of having children and having someone else bring them up for

McCarthy also thinks separation and divorces are too easy to get today.

"It doesn't give people time to think things over," she said. "Young people are too impulsive. It's all or nothing. If two of them are working, they've got themselves so far down in the hole, they'll never get out. Two cars in a family today are a necessity. I don't like everything that's happening today. There's no family life. In our day, we didn't have everything we wanted. And if we did, we saved and saved and saved and we bought it. You don't do that to-

McCarthy is philosophical about today's world. "My daughter says, 'Mother, the world is changing. You have to change with

Change or not, McCarthy has remained upbeat, and her attitude has won accolades and prizes everywhere she goes. At 90, she became Senior Queen of the Capital District, a title she still holds. She went on to be named first runner-up for Mrs. New York State. A biography of her won her a Lifetime Achievement Award.

It's likely, though, that McCarthy's greatest achievement will come this October, when she celebrates her 100th birthday. It will be a five-generation party, since McCarthy has two children, six grandchildren, eight greatgrandchildren and three greatgreat grandchildren.

7





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# Views on

Dr. Thomas H. Abele, D.M.D. Dr. Geoffrey B. Edmunds, D.D.S.

efit in many companies. It is rapidly playing an increasingly larger role in helping information the insurance company repeople obtain dental treatment. Dental insurance is meant to aid people in obtaining dental treatment that will functionally restore the patients mouth to optimal dental

health. It must be considered only as a

subsidy for reconstructive dentistry. It has been the experience of many dentists, however, that patients have the impression that their plans will pay up to 90%, even 100% of their dental fees. This is simply not the case! Most plans cover from 30 - 50% of the average total fee. Some pay more - some less. The percentage of benefits you receive is determined by how much your employer has paid for

the less you will receive in benefits. Insurance benefits are determined by the type of plan chosen by your employer.

your coverage. The less paid for insurance,

**Dental Insurance - The Nature of the Benefits** Dental insurance is a major fringe ben- Some dental offices will submit claims for the patient and follow through with any quires to process the claim. This does not mean that they are involved with the insurance carrier in any way. Since dental services are rendered directly to the patient, the patient is responsible for payment. The insurance company, of course, is responsible to the patient. Most dental offices have knowledgeable staff to assist in anv problems the patient may encounter with their claims.

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### Glenmont

(From Page 1)

efficient way, to proceed to a DEIS," planning board chairman Doug Hasbrouck said. "I hope it works for you both economically and timewise."

Supervisor Sheila Fuller indicated Monday that she will schedule the matter for discussion on the board's Feb. 23 agenda, rather than at tonight's meeting.

Should the board approve the positive SEQR declaration, the Bethlehem Town Center proposal would be referred back to the planning board within 30 days to determine the scope of the environmental impact review.

That would then lead to a full public hearing, likely a joint one with the town board, on the draft statement, and if successfully adopted, to a full-scale site plan

Already slated for the agenda on Feb. 23 is a discussion of another proposed development project on Route 9W.

The planning board last month declined to recommend a change in the zoning code requested by Schenectady developer Robert Walsh that would permit him to build a 50,000-square-foot Bethlehem Self-Storage facility on the site of the former Glenmont post office, just south of the Nigro site.

The town board will vote on whether to accept that recommendation or grant a change in the list of acceptable uses for property zoned CC Commercial, as the post office site is, to include self-storage facilities.

#### **Tri-Village Squares** to host dance

Tri-Village Squares will sponsor a square and round dance on Saturday, Feb. 19, at First United Methodist Church, 428 Kenwood Ave., Delmar.

Dan Guin will be the caller and Walter Wall will be the cuer.

Admission will be \$9 per couple.

For information, call Connie and George Tilroe at 439-7571.

#### **Delmar library** sets toddler program

Bethlehem Public Library's next gathering of Library Babies is scheduled for Friday, Feb. 18, at 10 a.m.

This hour-long session for babies 15 to 21 months and their parents or caregivers features storytelling, songs and play.

Toys, books and puzzles are provided.

To register, call 439-9314. The library is at 451 Delaware

Church to dish up Friday dinner

Ave., Delmar.

South Bethlehem United Methodist Church will serve its second Friday dinner on Friday, Feb. 11, from 4:30 to 7 p.m. at the church's Willowbrook Cafe, Willowbrook Ave.

On the menu is meatloaf, mashed potatoes, peas and carrots, and a Valentine's Day dessert. Dinner is served family-style with takeouts available.

For information, call 767-2572.

# **Options**

(From Page 1)

have.'

The total cost of the proposal is \$17,352,000, which has increased by \$385,000 since it was presented at an August board meeting last

McCartney attributed the new figures to increased construction costs in the elapsed time, a planned connection to Voorheesville's sanitary system, and development of the Edmunds' land, which will include an access road, parking, toilet and storage facilities.

McCartney has proposed that the project be carried out in phases that will minimize interruptions to education, and soften the blow to taxpavers.

The first phase of work could begin in the summer of 2000, with the repair of the high school roof and the elementary school bridge. The fuel tank at the elementary school would also be removed during this time, and the district could purchase the Edmunds'

The total cost for the work is \$698,100. McCartney recommended paying for this portion with the capital reserve fund, and a statutory installment bond, which carries no interest.

"If we expend the money we have, and get the state aid on that portion, we can move the bonding into next year, and mitigate the tax impact," he said.

The following summer, McCartney recommended beginning additions at the high school, elementary school reconstruction,

cost of \$12,653,900.

He presented two options to the board: bond the full \$16,653,900 for maximum investment, or bond \$12,653,900 to minimize interest costs.

If the district bonded the lower amount, it would have to have a second bond of \$4 million for reconstruction of the high school building and fields in the summer

McCartney recommended that the board put forth two propositions for voter approval.

Proposition one would let voters approve reconstruction and additional work, the land purchase, an increase in the capital reserve fund, and expenditure of money in the capital reserve fund. It would also authorize the district to issue bonds up to \$15,984,000.

The second proposition, which is contingent upon the first one, would authorize construction of a \$1,368,000 swimming facility.

As for the tax rate, McCartney projected no impact on the tax levy for the year 2000, since the

and construction on the land, at a district could use the capital reserve fund to finance this year's part of the work. The impact on a home assessed at \$150,000 would be a 2.20 percent increase on the tax levy, or .426 cents per \$1,000 in the 2001/2002 school year; in 2002/2003, a 1.47 percent increase on the tax levy, or .284 cents per

> At the board's request, McCartney discussed the impact of operating and maintenance costs, which he estimated, for those in a \$150,000 house, would add another \$50 to the tax impact over the next three years.

> Larry Bonham of the Voorheesville Taxpayers Association expressed concern that the tax increases for the building project would be on top of a likely tax increase for this year's budget.

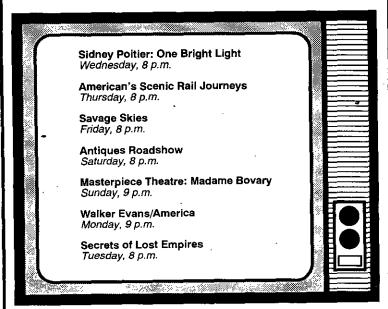
Both McCartney and board president John Cole stressed that the board and administration have worked hard to keep budget increases between 0 and 3 percent in the last few years. McCartney urged voters to consider the new funds an investment in the school



## Got news? Call 439-4949

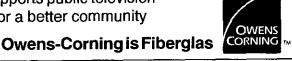






Owens-Corning Fiberglas Corporation supports public television for a better community

4



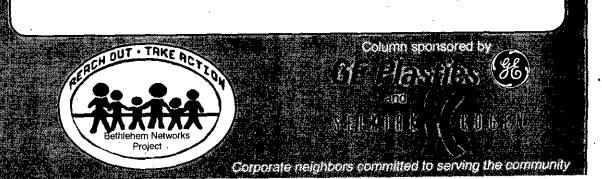


· Some ways to show you really care for your Valentine, and others, might include:

- 1. Be positive.
- 2. Never drink and drive.
- 3. Support local charities.
- 4. Vote in every election.
- 5. Be respectful of others. 6. Volunteer in your community.
- /. Take turns.
- 8. Be a good listener.
- 9. Always wear a seat belt.

Happy Valentine's Day!

- 10. Be a good neighbor.
- 11. Share.
- 12. Don't gossip.
- 13. Smile.
- 14. Be creative.
- 15. Never litter.
- 16. Don't stare
- 17. Have an open mind.
- 18. Count your blessings.



# bituaries

#### Thomas E. O'Connor

Thomas E. O'Connor, 62, of Latham and formerly of Delmar died Saturday, Jan. 29, at Albany Memorial Hospital.

Delmar for 50 years before moving to Latham.

Mr. O'Connor was a letter car-Delmar, before he retired.

He was a charter member of Bethlehem Elks and a communicant of the Church of St. Thomas the Apostle in Delmar.

Survivors include a son, Thomas O'Connor; two daughters, Erin DuBois of Earlton and Bridget Sessa of Norwalk, Conn.; a sister, Thelma Corbett of Duanesburg; a brother, Bruce O'Connor of Altamont; and four grandchildren.

Services were from the Church of St. Thomas the Apostle.

Arrangements were by the Applebee Funeral Home in Delmar.

Burialwas in Calvary Cemetery in Glenmont.

Contributions may be made to the National Kidney Foundation, 30 E. 33rd St., New York City, NY

#### Arthur A. Ekirch

Arthur A. Ekirch Jr., 84, of Delmar died Saturday, Feb. 5, at St. Peter's Hospital in Albany.

Born in New York City, he was a Phi Beta Kappa graduate of Dartmouth College. He received master's and doctoral degrees from Columbia University.

He taught at American University in Washington, D.C., for many years and was a professor of American history at the University at Albany from 1965 to 1986. A former Guggenheim fellow, he was the author of 10 books, including The Decline of American Liberalism and numerous articles.

Survivors include his wife, Dorothy Ekirch; a son, Roger Ekirch of Roanoke, Va.; two daughters, Cheryl Remley of Newbury. Mass., and Caryl E. Williams of Roanoke; a sister, Kathryn L. Ekirch of White Plains; and seven grandchildren.

Services are scheduled at noon on Saturday, Feb. 12, at the chapel of Ferncliffe Cemetery in Hartsdale.

Arrangements were by the Meyers Funeral Home in Delmar.

the Arthur A. Ekirch History Prize made out to The University at Albany Foundation, A. Ekirch History Prize, c/o Harriet Temps, Department of History, Univer-

sity at Albany, 1400 Washington Charlotte, Vt.; and two cousins, National Guard. Ave., Albany 12222.

#### Beryl E. Page

Beryl E. Page, 92, of Ocala, Born in Albany, he lived in Fla., and formerly of Slingerlands died Tuesday, Jan. 25, at Estelle's House hospice in Ocala.

Mrs. Page was a manager for rier for the Postal Service in First National grocery stores. She was a member of the Church of Jesus Christ the Latter Day Saints in Loudonville.

> She was the widow of Harold O. Page.

Survivors include two daughters, Pauline Agnew of Ocala and Linda Carter of Escalante, Utah; 15 grandchildren; and 22 greatgrandchildren.

Services were from the Church of Jesus Christ of Latter Day

Arrangements were by the Applebee Funeral Home in Delmar.

Burial was in Albany Rural Cemetery in Menands.

#### Edgar C. Schick

Dr. Edward C. Schick, 94, of Delmar died Tuesday, Feb. 1, at St. Peter's Hospital in Albany.

He was a graduate of Michigan School of Dentistry.

He practiced dentistry for 41 years before he retired.

Dr. Schick was a life member of the American Dental Association, a past president of the Dental Society of the State of New York and a past president of the Third District Dental Society.

He sang with the Niagara Hudson Choral Club, the Knights of Columbus Choral Club and St. Vincent de Paul Church Choir.

Suarvivors include his wife, Elizabeth Coogan Schick; a daughter, Margaret Mary Schick of Midlothian, Va.; a son, Dr. Edgar C. Schick of Lexington, Mass.; a brother, Dr. Walter H. Schick of Schenectady; and three grandchil-

#### N.L. Van Valkenburgh

Nancy L. Van Valkenburgh, 88, of Batesburg-Leesville, S.C., and formerly of Elsmere died Wednesday, Jan. 19.

Mrs. Van Valkenburgh was a supervisor for the New York State Liquor Authority for 30 years before she retired.

She was a member of Contributions may be made to Bethlehem Lutheran Church.

She was the widow of Leo L. an Valkenburgh Sr.

Survivors include a niece, Lorraine Diemelof Basking Ridge, N.J.; a nephew, Mark Smith of

Carol Smith and Ginger Cook, both of Delmar.

Services were from Bethlehem Lutheran Church.

Arrangements were by the Charles R. Shealy & Son Funeral Home in Batesburg-Leesville.

Contributions may be made to Bethlehem Lutheran Church.

#### Dorotha Heineman

Dorotha Warren Heineman, 94. of the Beverwyck in North Bethlehem died Sunday, Jan. 30.

Born in Benton, Ill., she lived in Mount Lebanon Ill., and Chesterfield, Mo., before moving to North Bethlehem.

She was the widow of Robert K. Heineman.

Mrs. Heineman was a legal secretary and a homemaker.

Survivors include two sons, Robert K. Heineman Jr. of Delmar. and Richard Warren Heineman of Grayson, Ga.; a sister, Jeanne W. Stiles of Indianapolis, Ind.; and four grandchildren.

Services were from the Frederick Funeral Home in Albany.

mausoleum in St. Louis, Mo.

Contributions may be made to the American heart Association, 440 New Karner Road, Colonie

#### James LeRoy Berry

James LeRoy Berry, 57, of Selkirk died Tuesday, Feb. 1, at Community Hospice of Albany County at St. Peter's Hospital.

Born in Mattydale, he was a graduate of North Syracuse High Funeral Home in Delmar. School. He was a member of the

Mr. Berry worked for UTC/ Carrier for 15 years and Mullen Industrial Handling as an inside sales coordinator.

He was a former president of and Roxboro Road Elementary School PTG.

Survivors include his wife, Lois-Ann Fiesinger Berry of Selkirk; his mother, Anna Martin Berry: three daughters, Suzette M. Berry of Selkirk, Marthana C. Green of Afton and Linda A. Coseo of Mattydale; two sisters, Marthana Kennedy and Joyce Forsythe, both of Florida; and a grandson.

Services were from St. Patrick's Church in Ravena.

Spring burial will be in Spruceton Cemetery Spruceton.

Contributions may be made to Community Hospice of Albany County, 315 S. Manning Blvd., Albany 12208.

Arrangements were by the Tebbutt Funeral Home in Albany.

#### Raymond P. Wiley

Raymond P. Wiley, 95, of Entombment was in the family Delmar died Tuesday, Jan. 25.

> Mr. Wiley worked for Associated Transport with the Teamsters Union in Albany.

He was the husband of the late Mildred Pluff Wiley.

Survivors include two daughters, Patricia A. Wiley of Albany and Doris Robinson of Rotterdam; five grandchildren; and seven great-grandchildren.

Services were from the Meyers

### Bethlehem chamber to honor winners at annual dinner

The Bethlehem Chamber of will be presented to Gary Robbins Commerce has announced the recipients of its 15th annual community awards, to be presented at the chamber's annual awards dinner on Friday, March 3, at the BIG Arena in Delmar.

The awards honor residents and businesses in Bethlehem for their voluntary service to the community.

Robert Johnson, who recently completed a term as a member of the Bethlehem town board, will be named Citizen of the Year by the group.

And former county legislator Dominick DeCecco and his wife Patricia, active in numerous community activities, will jointly receive a Lifetime Achievement Award.

Also being honored as Business Persons of the Year are Jill Ayers and Andy Michne of SiteWaves Internet Services.

Chamber Champion Awards

of Solutions By Design and to Glenmont-based Family Farm Insurance Company.

Christine McCarroll, who chairs the chamber, said this year's recipients "epitomize the selfless dedication that Bethlehem citizens and business people are famous for. They are concerned and committed to enhancing Bethlehem's image and promoting economic development. The winners have all provided time and energy to our organizations and residents in various ways over the past years.

"We choose these winners based on the fact they go above and beyond ordinary volunteers to help others," she added. "They serve as role models, consistently donating time and resources without thought of recognition."

For information on the award dinner, contact Marty DeLaney at the chamber at 439-0512.

#### Voorheesville man named to post

Richard Bader of Voorheesville will serve as assistant director for the Center of Science and Technology at Albany Law School.

Prior to opening his private law practice, he practiced with Hancock & Estabrook and then Roxboro Road Middle School PTO Rowley Forrest O'Donnell & Beaumont.

#### **Woman promoted** to vice president

Shelley Richter DePuy, formerly of Delmar, has been promoted to the position of vice president of marketing and sales at Robertson Worldwide in Blue Island, Ill.

The company manufactures ballasts and voltage transformers for the lighting industry.

DePuy joined Robertson Worldwide in June 1998.

She is responsible for all sales and marketing activities for the company on a global basis.

#### St. Matthew's wins **Nativity scene**

St. Matthew's Church in Voorheesville recently won a drawing for a Fontanini Nativity scene sponsored by Grandma's Country Corners.

The Nativity scene was donated by the store and local churches were entered in the drawing.

#### Voorheesville grad completes training

Airman Breina Cohn has graduated from basic military training at Lackland Air Force Base in San Antonio, Texas.

During the six week training, Cohn studied the Air Force mission, organization, customs and human relations.

She is the daughter of Jeff Cohn of Schenectady and Jill E. Cohn of Voorheesville, and a 1999 graduate of Clayton A. Bouton Jr./Sr. High School.

#### Student wins recipe contest

Gail D. Sokol of Slingerlands won first prize in the student category and \$1,000 as the American Egg Board's 1999 Great Egg Foodservice Recipe Contest.

Sokol attends Schenectady County Community College.

#### Delmar man publishes article

Michael Burgess of Delmar has an article in the February issue of Adirondack Life magazine about Názi and Italian prisoners of war who were confined at Pine Camp.

For information, call 439-4493.

#### College student to study abroad

Ethan Drake of Slingerlands is participating in St. Lawrence University's International Study Program.

Drake will be spending his time abroad in London.

St. Lawrence, a coeducational liberal arts and sciences institution of 2,000 students in Canton, St. Lawrence County, operates programs of study in Australia. Costa Rica, Denmark, England, France, India, Japan, Kenya, Spain and Washington D.C.

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.

### Empire Monument Co.

February Clearance Save up to \$500 on Select Stock Memorials **CEMETERY AVE., MENANDS** 

Located at the entrance of Albany Rural and St. Agnes Cemeteries

463-3323 



**Hollie and Erik Seward** 

## Steele, Seward wed

Hollie Renee Steele, daughter of Raymond and Rita Steel of New Seward, brother of the groom. Orleans, La., and Erik William Seward, son of William and Christine Seward of Selkirk, were married Sept. 19.

formed the ceremony at St. Teresa of Avila Church in Albany.

A reception followed at the Century House in Latham.

The maid of honor was Stephanie Rasch.

Bridesmaids were Debbie Seward, sister of the groom, and Amber Steele, sister of the bride.

The best man was Jason

Groomsmen were Sean Lozada, Michael Morsovillo and Charles Maguire.

The bride is a graduate of Arch-The Rev. Thomas Powers perbishop Blenk High School.

She served in the Navy for five

The groom is a graduate of Bethlehem Central High School.

He is a corporal in the Marine Corps stationed in Yokota, Japan.

The couple live in Yokota.

#### Albany Medical Center

Boy, Anré Ijamyel Butler, to Michelle Salazar and Raymond Butler of Delmar, Dec. 14.

#### St. Clare's Hospital

Boy, David Francis Smith, to Margaret and Frances Smith of Slingerlands.

# ean's List

Binghamton University — Jennifer Abelson, Madison Brookshire, Laura Gluchowski, Christopher Messina, Amy Nichols, Jill Pappalardi and Jennifer Piorkowski, all of Delmar; Edward-Bradley and Thomas Hitter, both of Glenmont.

Boston College — Courteny McGrath and Emily Spooner, both of Delmar.

Columbia University — Kathryn Sherwin of Delmar.

SUNY Brockport - Kimberly Comtois and Michael Leczinsky of Delmar.

SUNY Oneonta — Stephanie Goeldner, Joshua Hasselbach Kerry McGlynn and Tricia Sleasman (provost's list), all of Delmar; Jason Galea of Feura Bush; Daniel Cornell of Glenmont; Michael Mansky of Slingerlands; and Aimee Ellsworth of Voorheesville.

SUNY Geneseo — Caryn Leonardo of Selkirk.

University at Buffalo - Andrea Krieger of Delmar.

University of Rhode Island — Heidi Hewitt of Slingerlands and Elizabeth La Falce of Delmar.



#### **Louisiana State University**

Linda Heffernan of Delmar (doctorate).

#### Syracuse University

Carrie Bolduc of Delmar (bachelor's in art education).

#### St. Thomas student earns scholarship

Kevin Royo of Delmar, an eighth-grade student at St. Thomas School, has been awarded a \$10,000 scholarship to LaSalle Institute in Troy based upon the results of a competitive entrance

The scholarship will be paid over four years at \$2,500 a year. and will be in effect providing that Royo maintains Gold Honors in



Melanie Siewert

### Ulmer, Siewert marry

Melanie Eve Ulmer, daughter of Lawrence and Marsha Ulmer of Columbia, S.C., and Jeffry Patrick Siewert, son of James and Charlene Siewert of Delmar, were married Feb. 12.

The ceremony was performed by the Rev. Michael Walker at Windsor United Methodist Church in Columbia.

Wildewood Country Club, also in Columbia.

The matron of honor was Marcy Ulmer, sister of the bride.

Bridesmaids were Rebecca Livingston, niece of the bride, and bia. Gloria Parker.

bride, was the flower girl.

The best man was Brian Gordan.

Groomsmen were Jason Woodin, brother-in-law of the groom, and Todd Bain.

Adrian Woodin, nephew of the groom, was the ring bearer.

The bride is a graduate of the University of South Carolina. She is an actuarial analyst for Blue A reception followed at Cross and Blue Shield of South Carolina in Columbia.

The groom is a graduate of Bethlehem Central High School. He is a scale technician for C.C. Vaughan & Sons in West Colum-

After a wedding trip to Boone, Sarah Livingston, niece of the N.C., the couple lives in Colum-

### Recycle this newspaper

# ommunity, Girl Scouts plan international fair

Glenmont Girl Scout Neighborhood will host an international fair at Bethlehem town hall on Saturday, Feb. 12, from 2 to 5 p.m.

Fellow Girl Scouts and the general public are invited to attend. The suggested entry fee is a canned good which will be donated to a local food bank.

Approximately 12 countries will be represented at the fair, and foods, flags and customs will be featured.

Silk, Gertzberg engaged

Penny Heather Silk, daughter of Dr. Paul and Ann Silk of Delmar, ver. Colo. and Michael Andrew Gertzberg, son of Dr. Marvin and Kathy Gertzberg of Slingerlands, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School and George Washington UniverShe works at Nextel in Den-

The future groom is a graduate of Bethlehem Central High School and Regis University.

He works for Georgia Pacific in Denver.

The couple plan a fall wed-

# Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to PO Box 100, Delmar 12054.

# Here's Wonderful Wedding: **JEWELRY**

Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

3

Super Special!!!! 3 hours for only \$99. Advantage Limousine. 433-0100 Some rest.

#### INVITATIONS

Paper Mill Delaware Plaza, 439-8123 Personalized invitations & announcements for weddings, showers, bar. mitzvah, new baby, graduation.

# FOILIGHT OF FAMILY ENTERTAINMENT

Folk art exhibit brings 19th century to life
Paintings

Paintings at State Museum on loan from Metropolitan

ogether these beautiful and iconic works transport us to 19th century America through the eyes of these wonderful artists," said Mark Schaming, the State Museum's director of exhibitions. Schaming is referring to an exhibit opening Friday, Feb. 11, called American Folk Art from the Museum of Modern Art at the New York State Museum.

Some of the biggest name in American folk art — Rufus Hathaway, Edward Hicks, Joshua Johnson and Ammi Phillips — will be featured in the show. "This exhibit celebrates the first time this important collection of folk paintings has been seen outside the walls of the Metropolitan Museum," said Schaming.

More than 50 works from the Metropolitan's distinguished collection will be on display. Portraits, land-scapes, historical and religious scenes reflect the diversity of this school of art and the selections chosen for this particular show.

<sup>1</sup>Featured are such seminal works as Lady with her Pets (1790) by Rufus Hathaway, Peaceable Kingdom (from the early 1830s) and Falls of Niagara (1825), both by Edward Hicks, and Mrs. Mayer and Daughter (late 1840s) by Ammi Phillips.

Folk art is usually defined as art produced by artists with little or no formal training. The work reflects the standards of the communities in which they worked.

Often using a simplistic, unschooled style, the best of the paintings possess a power derived from the honesty and sincerity of the painter. In the portraits, the subjects stare at the viewer over the gulf of time communicating a sense of who they were.

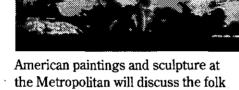
The landscapes reflect the splendor of the natural world as seen through the eyes of the artist.

A \$2 donation is suggested for those visiting the exhibit.

The folk art display is part of The Fleet Great Art Series and is made possible by a \$450,000 donation from Fleet Financial Group. The Hearst Foundation has given the museum an additional \$100,000 grant to strengthen the program.

The exhibit is scheduled to run through April 23 and in addition to the work on display, the Museum is sponsoring a series of lectures exploring various aspects of the paintings and folk art in general. Lectures will take place in the museum theater at 2 p.m. on their respective dates. The lectures are free and open to the public.

The series begins with a lecture on March 5 in the museum theater. Carrie Rebora Barratt, associate curator of



art collection.

On March 12, "Revisiting Ammi Phillips" will be the focus of the lecture. Stacy Hollander, curator at the Museum of American Folk Art will discuss Phillips' art through 50 years of portrait painting and his role in the society he was depicting.

Collecting Folk Art in America is the theme of the lecture slated for March 19. Elizabeth Stillinger, historian and author will discuss some early folk art collectors and their collections. Stillinger is known in collecting circles for her book *Collecting Folk Art in America* 1876-1976.

Paul D'Ambrosio, chief curator for the New York State Historical Association will present his lecture, "Folk Art of New York State" on March 26. D'Ambrosio will discuss folk art in the state from the 17th century to the present.

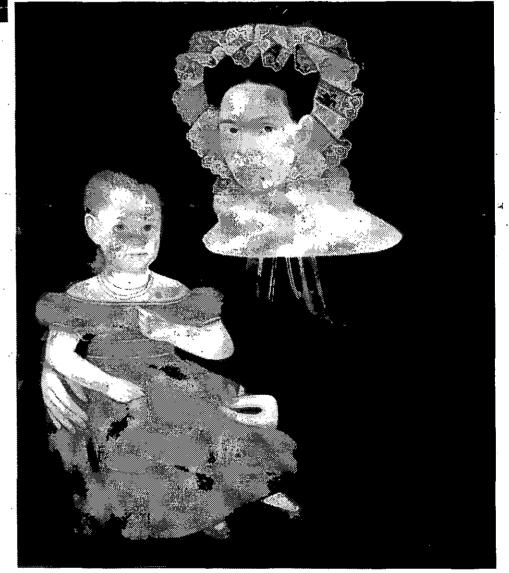
In addition, the museum will offer a Folk Art Quilting Workshop on March 11 and 18 from 10:30 to 12:30 each day. Instuctor Linda O'Connor will help participants design and stitch their own folk art quilt block to use as a pillow cover or wall hanging. Those

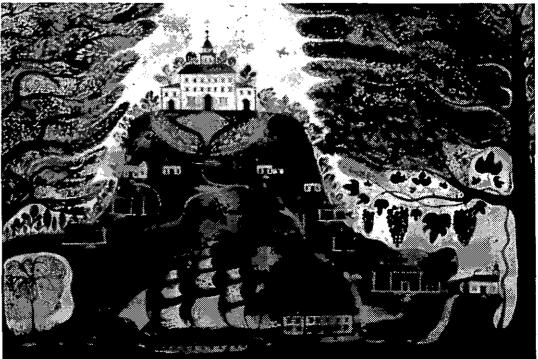
wishing to participate must register by Feb. 28. The cost of the workshop is \$41 (\$35 for museum members).

A list of needed materials will be sent following registration.

The museum, located on Madison Avenue in downtown Albany is open daily from 10 a.m. to 5 p.m. For information on the exhibit, the lectures or the workshop, call the museum at 474-5877.

Three of the paintings featured in the exhibit at the New York State Museum beginning Friday, Feb. 11. Top, *Peaceable Kingdom* by Edward Hicks, middle, *Mrs. Mayer and Daughter* by Ammi Phillips and bottom, *The Plantation*, artist unknown.





# S and [

#### THEATER

Bergman adaptation of Ibsen's "A Doll's House," Capital Repertory Theatre, 111 N. Pearl \$t., Albany, Feb. 4 to 27, \$25 to \$35. Information, 455-7469.

#### INTO THE WEST

Irish adventure drama with music, performed by Travelling Light Theatre Co., guest artist of the New York State Theatre Institute, Schacht Fine Arts Center of Russell Sage College, Troy, Feb. 16 at 11 a.m., Feb. 17 and 18 at 10 a.m., Feb. 18 and 19 at 8 p.m., Feb. 19 and 20 at 2 p.m., \$17, \$14 for seniors and students, \$8 for children under 13. Information, 274-3256.

#### THE OPHELIA PROJECT

original student-written play about teen-age girls, Performing Arts Center at University at Albany, Feb. 17, 18, 19, 23, 24, 25 and 26 at 8 p.m., Feb. 20 at 3 p.m., \$10, \$7 for students, staff and seniors

#### MUSIC

#### **ALBANY SYMPHONY ORCHESTRA**

**ACROSS** 

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Prize winner

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57 Bedroom

59 Elbow -

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48 Baseball's

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preposition

27 Asian

Valentine Serenade, with works by Elgar, Ravel, Stavinsky and Larsson, Feb. 11 at 8 p.m. at the Canfield Casino in Saratoga Springs, \$22, \$20 for seniors and students, Feb. 13 at 3 p.m. at the Troy Savings Bank Music Hall, \$14 to \$33. Information, 465-4755.

#### GEOFF MULDAUR

blues guitarist, The Van Dyck, 235 Union St., Schenectady, Feb. 11, 8 p.m., \$15. information, 381-1111.

#### **MAX LIFCHITZ**

pianist plays Latin American music, Memorial Chapel of Union College, Feb. 11, 12:30

#### KEN NAVARRO

with Slim Man and Bona Fide, Troy Savings Bank Music Hall, State and Second streets, Feb. 11, 8 p.m., \$20. Information, 273-0038.

#### SUSAN TRUMP

folksinger performs at dessert social. First United Methodist Church, 603 State St., Schenectady, Feb. 11, dessert at 7 p.m., concert at 8, free. Information, 399-8971.

#### A BRIEF HISTORY OF WHITE MUSIC

songs by Andrews Sisters, Beach Boys, Beatles, etc. performed by black singers, The Egg at Empire State Plaza, Albany, Feb. 11, 8 p.m., \$22, \$18 for seniors, \$14 for children under 13. Information, 473-1845.

#### **CATHIE RYAN**

with Lunasa and Susan Hamlin, Troy Savings Bank Music Hall, State and Second streets, Feb. 13, 8 p.m., \$20 in advance, \$25 at the door. Information, 273-

#### PHOEBE LEGERE

Check Automotive

jazz pianist, The Van Dyck, 237 Union St., Schenectady, Feb. 14, 6 p.m., \$8, Information, 381-

#### THE BACKSTREET BOYS

Pepsi Arena, Albany, Feb. 14 and 15, 7:30 p.m., \$37.50 and \$45. Information, 487-2000.

#### **LADYSMITH**

with Black Mambazo, Troy Savings Bank Music Hall, State and Second streets, Feb. 19, 8 p.m., \$22. Information, 273-0038.

#### GEM AND MINERAL SHOW

New York State Museum Terrace Gallery, Madison Avenue, Albany, Feb. 19 and 20, 10 a.m. to 5 p.m. Information, 486-2003

#### **VISUAL ARTS**

#### **NEW YORK STATE MUSEUM**

Looking Back: The New Yor State Museum in the Year 2000, through March 12; Trains that Passed in the Night, The Railroad Photographs of Winston O. Link, through March 12, plus permanent collections, Empire State Plaza, Madison Avenue. Information, 474-5877.

#### **ALBANY INSTITUTE OF HISTORY AND ART**

Milestones of the Millennium: Albany in the 20th Century, through March 24, 63 State St. Information, 463-4478.

**HOCUS-FOCUS** 

Find at least six differences in details between panels

#### **ALBANY CENTER GALLERIES**

Bill Botzow, Jeri Lynn Eisenberg, Shaw Fici and Nicole Peyrafitte, plus recent work by Laura Moriarty, through Feb. 25, 23 Monroe St. Information, 462-

#### ALBANY INTERNATIONAL AIRPORT GALLERY

Lake Placid: Winter Sports Capital, memorabilia of 1932 and 1980 Olympic Games, through March 25, reception Feb. 11, 5:30 to 7:30 p.m. Information, 242-2222.

#### **CALL FOR ARTISTS**

#### **DELMAR COMMUNITY ORCHESTRA**

openings in the string, horn and percussion sections. Information, 439-1603.

**COLONIE TOWN BAND** openings for percussion, tuba and bassoon players, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville.

#### Information, 356-4331. **COLONIE CENTENNIAL BRASS** CHOIR

openings for trumpet players, rehearsals on first Wednesday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville, Information, 384-1924.

HENRY BOLTINOFF

for Capitól Hill Choral Society. All voice parts. Information, 465-3328 or 374-4399.

#### MONDAY MUSICAL CLUB

**WOMEN'S CHORUS** invitation for new members to join in singing classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

#### SINGERS NEEDED

for upcoming David's Tabernacle 300-voice choir performance of Handel's "Messiah," Information, 459-3152.

#### **CAPITAL COMMUNITY VOICES**

rehearsals at Columbia High School, Luther Road, East Greenbush, 7 to 9 p.m., Tuesdays. Information, 477-

#### CLASSES/LECTURES

#### MUSIC CLASSES

in many folk instruments, Old Songs, ROI Center, Route 155, Guilderland, Information, 765-2815.

#### MUSEUM ART CLASSES

ongoing, Albany Institute of History & Art, 125 Washington Ave. Information, 463-4478.

#### **DANCE CLASSES**

ongoing, all levels, ballet, jazz and modern, New School of Ballet, 1098 Parkwood Blvd., Schenectady, Mondays to Thursdays and Saturdays. information, 346-1096.

#### **ART CLASSES**

watercolor and oil, beginner and advanced, taught by Kristin Woodward, Information, 783-1828



#### ASSOCIATED MAGIC MAZE WITH JEWELRY

WGDSKZWTQNKHDAX URPMLN(D) JEGDAXVS QNKIFRIICDAXVTQO MJHFDCALAYWTRUR PNL J P L M E F H F E T D B ZXHVKEOTPFVLERO TEKCOLNGOLUEKMK I HEFOIDD I DBCNZS YNWVAO(S)SAARAITM TRQHONRLGNIRRAE KICHFDCBAZTBTXG

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Bracelet Brooch

Locket Necklace Pendant Ring

Silver Tiara Trinket

C2000 King Features, Inc.

#### Diamonds Earring Gems Chain is missing. 4. Tree is bigger. 5. Shovel is smaller. 6. Mittens are dif-Gold **Cuff link** Differences: I. Arm is not showing. 2. Light is moved. 3. Window The Super

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# Spotlight CALENDA

#### WEDNESDAY **FEBRUARY**



#### BETHLEHEM

#### YOUTH EMPLOYMENT SVCS.

Parks and Recreation Office, Elm Avenue Park, 6:30 - 9 p.m See also Tues., Thurs. Information, 439-0503.

#### **OPPORTUNITIES UNLIMITED**

Board meetings second Wednesday of each month, open to public. Bethlehem Public Library, 451 Delaware Ave., Delmar, 7 p.m.

#### ANTIQUES DISCUSSION

Slide discussion of Shaker history. Delmar Progress Club Antiques & Evening Groups, Community Room, Bethlehem Public Library, 451 Delaware Ave., 7 p.m. Information, 439-

### **SOLID ROCK CHURCH**

evening prayer and Bible study, 7 p.m., 1 Kenwood Ave. Information, 439-4314.

#### **TOWN BOARD**

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

TOASTMASTERS' "TALL TALES" International Tall Tales Contest, sponsored by Bethlehem Toastmasters; winners eligible for regional competition. Open to public. Adams Station Apartments clubhouse, Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

#### **BOY SCOUT TROOP 58**

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

St. Stephen's Church, Elsmere, 7:30 p.m. Information, 439-3265.

#### **DELMAR FIRE COMMISSION**

firehouse, Adams Place, 7:30 p.m. Information, 439-3851.

#### **TESTIMONY MEETING**

First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

#### **NEW SCOTLAND**

#### **TOWN COUNCIL**

town hall, Route 85, 7 p.m. Public hearings, 6 p.m. Information, 439-4889.

#### MOUNTAINVIEW EVANGELI-CAL FREE CHURCH

evening service. Bible study and prayer, Route 155, 7:30 p.m. Information, 765-3390.

#### **FAITH TEMPLE**

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

#### **NEW SCOTLAND SENIORS**

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

#### AA MEETING

First Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

#### **AL-ANON MEETING**

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779

#### **THURSDAY FEBRUARY**



#### BETHLEHEM

RECOVERY, INC. self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

#### **BETHLEHEM SENIOR CITIZENS**

town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-

#### YOUTH EMPLOYMENT SVCS.

Parks and Recreation Office. Elm Avenue Park, 2 to 4:30 p.m. Also Tues. Information, 439-

#### D.O.T. PUBLIC INFO. MEETING

Information on Slingerlands Bypass proposal; Rescheduled from Jan. 25. Bethlehem Town Hall, 445 Delaware Ave., Delmar, 6-9 p.m. Information, 473-7034.

#### **HOMEWORK HELP CENTER**

Bethlehem Public Library, 451 Delaware Ave., 6 to 8 p.m. p.m. Information, 439-0503.

#### **CHP DELMAR HEALTH CENTER** open house, 250 Delaware

Ave., 6 and 8 p.m. Information, 783-1864

#### **CAREGIVER SUPPORT GROUP**

Church of St. Thomas the Apostle, 35 Adams Place, 7 p.m. Information, 439-7387.

#### **DELMAR FIRE DEPT. LADIES** AUX.

firehouse, Adams Place, 7:30 p.m.

#### **ELSMERE FIRE CO. AUX.** firehouse, Poplar Drive, 7:30

**BETHLEHEM LUTHERAN** 

#### children's cholr, 6:30 p.m.,

senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-4328. **CLASS IN JEWISH MYSTICISM** 

#### Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

BETHLEHEM MEMORIAL VFW Post 3185, 404 Delaware Ave., 8 p.m. Information, 439-9836.

# Spotlight on Dining



Cocktails, Mandarin, Szechuan, Hunan & Cantonese. Eat in or Take Out. Open 7 days a week. 458-7044 or 458-8366

120 Everett Road, Albany • (Near Shaker Road)



at the Italian American

Community Center

#### For Over 25 Years Open to the Public **Serving Traditional Italian Cuisine**

Open Daily for Lunch & Dinner (Closed Mondays)

Full Banquet Facility serving from 20-350 guests

257 Washington Avenue Extension, Albany (518) 456-0292

~ Reservations Recommended ~

--- COUPON ---

Italian American Community Center

### LE CARAVELLE RISTORANTE Buy 1 Dinner, Get 2nd at Half Price

Good for Parties of up to 4 guests • Not to be used with any other discounts/coupons • Offer Ends 6/30/2000

#### **LEGAL NOTICE**

#### NOTICE OF PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, February 16, 2000, at 7:30 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Pat and Renee Aliezza, 68 Harrision Avenue, Delmar, New York 12054 for Area Variance under Article XII, Percent of Lot Occupancy, Section 128-50, Article XVII, Side Yards, Section 128-73, Required Widths of the Code of the Town of Bethlehem for construction of an attached garage, family room and bedroom additions which would exceed allowable Percent of Lot Occupancy and encroach into the Front Yard and Side Yard setback requirements at premises 68 Harrison Avenue, Delmar, New

Michael C. Hodom Chairman **Board of Appeals** (February 9, 2000)

#### NOTICE OF PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold

a public hearing on Wednesday, February 16, 2000, at 7:45 p.m., at the Town Offices, 445 Delaware Avenue, Delmar New York to take action on application of Haddon Field Associates New York Partnership, 15 Kenwood Avenue, Glenmont, New York 12077 and Arnold and Rosemarie Mosemen, 45 Brockley Drive, Delmar, New York 12054 for Area Variance under Article X, Highway Frontage and Access, Section 128-39, Residential lots to abut accepted highway or street and Article 128-. Distance between access strips on flag lots of the Code of the Town of Bethlehem to provide access for construction of a single family dwelling and provide access to adjoining lot for future construction on the east side of Brockley Drive, Delmar, New

Michael C. Hodom Chairman **Board of Appeals** (February 9, 2000)

#### NOTICE OF PUBLICATION

ADDEX IT SERVICES LLC was filed with SSNY on 1/25/00. Office: Albany County. SSNY des-

#### LEGAL NOTICE.

ignated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him:THE LLC, 46 State Street, 3rd Floor, Albany, NY 12207.

Purpose: any lawful purpose. (February 9, 2000)

#### NOTICE OF PUBLICATION

DYNAMIC FISHING MANAGE-MENT LLC was filed with SSNY on 1/25/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: THE LLC, 46 State St., 3rd Floor, Albany NY 12207. Purpose: any lawful purpose (February 9, 2000)

#### NOTICE OF PUBLICATION

INTERPROGRESS LLC was filed with SSNY on 1/20/00. Office: Albany county. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: THE LLC, 48 State St., 3rd Floor, Albany, NY

Purpose: any lawful purpose. (February 9, 2000)

#### **NOTICE OF PUBLICATION**

LTB. International Tyre Business LLC was filed with SSNY on 1/14/

Office: Albany County. SSNY designated as agent of LLC whom process against it may be served. The P. O. address which SSNY shall mail any process against the LLC served upon him: c/o The LLC, 46 State St., Albany, NY 12207. Purpose: any lawful pur-

(February 9, 2000)

#### NOTICE OF PUBLICATION

NEW CENTURY GARDENS, LLC was filed with SSNY on 1/7/ 00 Office: Albany County, SSNY designated as agent of LLC whom process against may be served. The P. O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 589 Fifth Avenue, New York, NY 10017. Purpose:any lawful pur-

pose. (February 9, 2000)

#### **LEGAL NOTICE**

#### NOTICE OF SPECIAL DISTRICT MEETING

Voorheesville Central School District, Albany County, New York The Board of Education of Voorheesville Central School District, Albany County, New York, HEREBY GIVES NOTICE that a special district meeting of the qualified voters of said School District will be held in the Foyer at the High School Building, in Voorheesville, New York, in said School District, on the 28th day of March, 2000, at 2:00 o'clock P.M., Prevailing Time, for the purpose of voting by voting machine upon the propositions bereinafter. upon the propositions hereinafter set forth. Polls for the purpose of voting will be kept open between the hours of 2:00 o'clock P.M. and 9:30 o'clock P.M., Prevailing Time. PROPOSITION NO. 1

Shall the following resolution be adopted, to-wit: RESOLVED, that the Board of Education of Voorheesville Central School District, Albany County, New York, is hereby authorized:

a) To construct additions to and reconstruct School District build-ings, including site improvement, original furnishings, equipment, machinery, apparatus and other improvements and costs inciden-

tal thereto, at a maximum esti-mated cost of \$15,734,000; b) To purchase a parcel of real property for School District purposes, at a maximum estimated cost of \$250,000, including certain incidental cos

c) To transfer to the Capital Reserve Fund of said School District from year to year up to \$200,000 legally available current funds of said School District for the aforesaid additions and reconstruction;

d) To expend for the aforesaid additions and reconstruction up to \$608,000, plus accrued interest, from the Capital Reserve Fund of said School District; and that the sum of \$15,984,000,

being the aggregate of the costs set forth in items a and b above, or so much thereof as may be necessary after deducting the expenditure of Capital Reserve Fund monies, shall be raised by the levy of a tax upon the taxable property of said School District and collected in annual installments as provided by Section 416 of the Education Law; and, in anticipation of such tax, obligations of said School District shall be issued.

PROPOSITION NO. 2 IN THE EVENT THAT PROPOSI-TION NO. 1 SUBMITTED HERE-WITH IS APPROVED, Shall the

#### LEGAL NOTICE\_

#### following resolution be adopted,

to-wit: RESOLVED, that the Board of Education of Voorheesville Central School District, Albany County, New York, is hereby authorized to construct a swimming pool facility at the Junior-Senior High School, including site improvement, original furnishings, equipment, machinery, apparatus and other improvements and costs incidental thereto at a maximum estimated cost of \$1,368,000; and that such sum, or so much thereof as may be necessary, shall be raised by the levy of a tax upon the taxable property of said School Eistrict and collected in annual installments as provided by Section 416 of the Education Law; and, in anticipation of such tax, obligations of said School District shall be is-

sued. NOTICE IS HEREBY FURTHER GIVEN that the aforesaid propositions will appear on the ballot labels of the voting machines used at such special district neeting in the following abbreviated

Shall Proposition No. 1 set forth

#### PROPOSITION NO. 1

in the notice of this meeting au-thorizing the construction of ad-ditions to and reconstruction and equipment of School District buildings, including site improvement, at a maximum cost of \$15,734,000; the purchase of real property at a maximum cost of \$250,000; the transfer from year to year of up to \$200,000 to the Capital Reserve Fund for the additions and reconstruction; the expenditure of up to \$608,000, plus accrued interest, from the Capital Reserve Fund for the additions and reconstruction; and providing that the sum of \$15,984,000, to be reduced to the extent of expenditures from the Capital Reserve Fund, shall be raised by the levy of a tax to be collected annually, with District obligations to be issued in anticipation thereof, be approved?

PROPOSITION NO.2 In the event that Proposition No. 1 submitted herewith is approved, shall Proposition No. 2 set forth in the notice of this meeting authorizing the construction and equipment of a swimming pool facility at the Junior-Senior High School, including site improve ment, at a maximum cost of \$1,368,000; and providing that such sum shall be raised by the levy of a tax to be collected annually, with District obligations to be issued in anticipation thereof, be

NOTICE IS ALSO HEREBY

#### LEGAL NOTICE

GIVEN that applications for absentee ballots may be applied for at the office of the School District Clerk. Any such application must be received by the District Clerk at least seven days before the date of the aforesaid special district meeting if the ballot is to be mailed to the voter, or the day before such special district meet ing, if the ballot is to be delivered personally to the voter. A list of all persons to whom absentee voter's ballots shall have been issued shall be available for public inspection in the office of the School District Clerk not less than five days prior to the date of the special district meeting (excluding Saturdays and Sundays) during regular office hours until the date of the aforesaid special district meeting. In addition, such list shall also be posted conspicuously at the place of voting during the hours of such special district

meeting.
Dated: February 7, 2000
Voorheesville, New York
BY ORDER OF THE BOARD OF EDUCATION VOORHEESVILLE CENTRAL SCHOOL DISTRICT, ALBANY COUNTY, NEW YORK By Dorothea Pfleiderer School District Clerk (February 9, 2000)

#### **NOTICE PURSUANT TO** SECTION 206 OF THE LIMITED LIABILITY COMPANY LAW IN REFERENCE TO HOLLAND TRUCKING, LLC.

1. The name of the Limited Liability Company is Holland Trucking,

2. The date of filing of the Articles of Organization with the Secretary of State was December 22, 1999.

3. The County within the State in which the Limited Liability is to be located in Albany County.
4. The Secretary of State has

been designated as Agent of the Limited Liability Company upon process against it may be served and the Post Office address within the State to which the Secretary of State shall mail a copy of any process against it is Terry A. Rupert, 34 Green Meadows Drive, Loudonville, New York

. The purpose of the business if such Limited Liability Company is to engage on any lawful act or activity for which Limited Liability Companies may be organized under the Limited Liability Com-

pany Law. Dated: December 30, 1999 (February 9, 2000)

#### **LEGAL NOTICE.**

The Board of Fire Commissioners of the Selkirk Fire District will conduct an auction for the sale of a 1954 MACK Pumper, as is, at Selkirk Firehouse No. 2, Glenmont Road, Glenmont, New York, on February 21, 2000 at 8:00 P.M. The minimum opening

**NOTICE TO BIDDERS** 

bid shall be \$1,750.00 The apparatus may be seen by contacting Chairman Joseph Keller (518) 465-3193 or District Chief Harlen Metz (518) 436-

0534 The Board of Fire Commissioners reserves the right to reject any and all bids.

Dated: January 17, 2000 By Order of the Board of Fire Commissioners of the Selkirk Fire District, Selkirk, New York 12158 By Frank A. With, Secretary (February 9, 2000)

#### **PUBLICATION NOTICE OF** ORGANIZATION OF LIMITED LIABILITY COMPANY

FIRST: The name of the Limited Liability Company is B. A. PARK GROUP, LLC (hereinafter re-ferred to as the "Company"). SECOND: The Articles of Organization of the Company were filed with the Secretary of State on December 29, 1999.

THIRD: The county within New York State in which the office of the Company is to be located is Albany. FOURTH: The Secretary of State

has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail pro-cess is: B. A. PARK GROUP, LLC, c/o British American Development Corp., 4 British American Boulevard, Latham, New York 12110. FIFTH: The latest date on which the Company is to dissolve is December 31, 2050, unless said period is further extended by amendment of this Agreement or sooner terminated in accordance with this Agreement.

SIXTH: The purpose of the business of the Company is any law-ful activity pursuant to Section 203 of the New York Limited Liability Company Law.

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(February 9, 2000)



#### LEGAL NOTICE\_

#### ARTICLES OF ORGANIZATION OF UNIBLACK LLC

Pursuant to Section 203 of the Limited Liability Company Law 1. The name of the Limited Liability Company is Uniblack LLC. 2. The county within this state in which the office of the Limited Liability Company is to be located

is Albany.

3. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against the Limited Liability Company may be served. The Post Office address within or without this state to which the Secretary of State shall mail a copy of any such process against the Limited Liability Company served upon him or her is:

805 Third Avenue, 7th Floor New York , NY 10022

4. The name of the Registered Agent upon whom process against the Limited Liability Company may be served in the State of New York:
USA Corporate Services, Inc.
46 State Street, 3rd Floor

46 State Street, 3rd Floor Albany, New York 12207 5. The Limited Liability Company is to be managed by one or more

managers. In Witness, Whereof, this certificate has been subscribed this December 20, 1999, by the undersigned who affirms that the statements made herein are true under the penalties of perjury. S/John Gordon

Organizer (February 9, 2000)

#### ARTICLES OF ORGANIZATION OF CONWAY FIN LLC

Pursuant to Section 203 of the Limited Liability Company Law 1. The name of the Limited Liability Company is Conway Fin LLC. 2. The county within this state in which the office of the Limited Liability Company is to be located is Albany.

3. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against the Limited Liability Company may be served. The Post Office address within or without this state to which the Secretary of State shall mail a copy of any such process against the Limited Liability Company served upon him or her is:

, c/o The LLC 805 Third Avenue, 7th Floor New York , NY 10022

4. The name of the Registered Agent upon whom process against the Limited Liability Company may be served in the State of New York:

USA Corporate Services, Inc. 46 State Street, 3rd Floor Albany, New York 12207 5. The Limited Liability Company is to be managed by one or more

managers.
In Witness, Whereof, this certificate has been subscribed this

In Witness, Whereof, this certificate has been subscribed this December 20, 1999, by the undersigned who affirms that the statements made herein are true under the penalties of perjury. S/John Gordon Organizer

(February 9, 2000)

#### ARTICLES OF ORGANIZATION OF BELLE PROPERTIES, LLC.

Under Section 203 of the Limited Liability Company Law FIRST: The name of the limited liability company is "Belle Properties, LLC."

SECOND: The county within the State in which the office of the limited company is located is Albany

County. THIRD: The latest date on which the limited liability company is to dissolve is November 1, 2055. FOURTH: The Secretary of State is designated as agent of the limited liability company upon which process against it may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: Blacksmith Properties, LLC., 1698 Central Avenue, Albany, NY

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12205.
FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.

SIXTH: The limited liability company is to be managed by one or more of its members.

IN WITNESS WHEREOF, these Articles of Organization have been subscribed to this 22nd day of December, 1999 by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

#### LEGAL NOTICE\_

S/Timothy Frederick, Manager (February 9, 2000)

# ARTICLES OF `ORGANIZATION OF BLACKSMITH PROPERTIES, LLC.

Under Section 203 of the Limited Liability Company Law FIRST: The name of the limited liability company is "Blacksmith Properties, LLC."

SECOND: The county within the State in which the office of the limited company is located is Albany

County.
THIRD: The latest date on which the limited liability company is to dissolve is November 1, 2055.
FOURTH: The Secretary of State is designated as agent of the limited liability company upon which process against it may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: Blacksmith Properties, LLC., 1698 Central Avenue, Albany, NY 12205.

FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.

SIXTH: The limited liability company is to be managed by one or more of its members.

IN WITNESS WHEREOF, these Articles of Organization have been subscribed to this 22nd day of December, 1999 by the undersigned who affirms that the statements made herein are true under the penalties of perjury. S/Timothy Frederick, Manager (February 9, 2000)

#### **LEGAL NOTICE**

EXECUTIVE WOODS AMBULATORY SURGERY CENTER, LLC has been formed as a limited liability company in NY. The Articles of Organization were filed with the Secretary of State of New York (SSNY) on January 11, 2000. The company's office is in Albany County. SSNY has been designated as agent of the company upon whom process against it may be served. SSNY shall mail a copy of any process to c/o The Company, 3 Atrium Drive, Executive Woods, Albany, NY 12205. The company has been formed to engage in any lawful business purpose or purposes for which limited liability companies may be formed.

(February 9, 2000)

### LEGAL NOTICE MOHAWK VIDEO LLC

The name of the limited liability company is MOHAWK VIDEO LLC.

2. The Articles of Organization creating the limited liability company were filed in the Office of the New York Secretary of State on December 27, 1999 and became effective on said date.

3. The principal office of the lim-

 The principal office of the limited liability company is in Albany County.

County.

4. The Secretary of State is designated as the agent of the limited liability company upon whom process against it may be served and the post office address to which the Secretary of State shall mail any copy of process against it is MOHAWK VIDEO LLC, c/o Mark L. Heller, 33 Aspinwall Road, Loudonville, New York 12211.

5. The purpose of the limited li-

ability company is to engage in any lawful activity. Dated: January 3, 2000 COOPER, ERVING, SAVAGE, NOLAN & HELLER, LLP Attorneys for MOHAWK VIDEO

Attorneys for MOHAWK V LLC 39 North Pearl Street Albany, New York 12207 (518)449-3100

(February 9, 2000)

#### LEGAL NOTICE

Notice of formation of Verona LLC a NYS limited liability company (LLC). Formation filed with SSNY on 01/20/2000. Off. Loc.:Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: 65-08 Boelsen Crescent, Rego Park, NY 11374. Purpose: All Lawful purposes. (February 9, 2000)

#### NAME OF THE LIMITED LIABILITY COMPANY: ELECTROCHEMICAL PROCESSES, L.L.C.

Date of filing Articles of Organization: December 15, 1999
County in which L.L.C. is located:

#### LEGAL NOTICE\_

Albany The Secretary of State has been designated as agent of the L.L.C. upon whom process against it may be served. The secretary of state shall mail a copy of any pro-cess against it to P.O. address The Law Offices of James T. Towne, Jr., P.C., 18 Computer Drive West, Albany, N. Y. 12205. The registered agent of the L. L. C. is:The Law Offices of James T. Towne, Jr., P.C., 18 Computer Drive West, Albany, N.Y. 12205. The registered agent is to be agent of the limited liability company upon whom process against it may be served. The character and purpose of the business is the purchase and development of polluted land ("brownfields"). (February 9, 2000)

#### **LEGAL NOTICE**

Notice of App. for Auth. of Medalist Entertainment, L. I. C., a foreign limited liability company (LLC) App. for Auth. filed with SSNY on 9/30/99. LLC org. in DE on 8/31/99. NY Off. Loc.; Albany Co. SSNY designated as agt. upon whom process may be served. SSNY shall mail copy of process to:c/o Corp. Service Co., 80 State St., Albany, NY 12207. Off. address in jurisdiction of org.: S/SDE, Div. of Corp., P. O. Box 898, Dover, DE 19901. Copy of Cert. of Org. on file with S/SDE. Purpose: all lawful purposes. (February 9, 2000)

#### NOTICE OF ARTICLES OF ORGANIZATION OF NORTHEAST NATURAL RESOURCES, LLC

Under Section 203 of the Limited Liability Company Law First: The name of the limited liability company is:Northeast Natural Resources, LLC.

Second: The county within this state in which the office of the limited liability company is to be located is: Albany.

Third: The Articles of Organization of the Limited Liability Company were filed with the Secretary of State on the 14th day of December. 1999.

Fourth: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. Fifth: The post office address within or without this state to which the secretary of state will mail a copy of any process against the limited liability company served on him or her is: PMB: 1164, 1971 Western Avenue, Albany, New York 12203-

5011.
Sixth: The business of the limited liability company is to hold and administer gas, oil, timber, mineral and other natural resources and for any other lawful purpose. Peter H. Baker, Esq.

Attorney for LLC PO Box 398 51 Main Street Hammondsport, New York 14840 (February 9, 2000)

#### NOTICE OF FILING OF ARTICLES OF ORGANIZATION OF C.R. WASHINGTON ASSOCIATES, LLC

SECTION 206 OF THE NEW YORK LIMITED LIABILITY COM-PANY LAW

1. The name of the Limited Liability Company is C. R. Washington Associates, LLC (the "Company").

2. Articles of Organization were filed with the New York Secretary of State on January 27, 2000.

3. The County within the state in which the office of the Company is to be located is Albany County.

4. The Secretary of State is designated as the agent of the Company upon whom any process against it may be served. The post office address within the state to which the Secretary of State shall mail a copy of any process against the Company served upon him is Peter J. Millock, Esq., Nixon Peabody LLP, One Key Corp Plaza, 9th Floor, Albany,

5. The business purpose for which the Company is formed is to engage in any lawful act or activity for which limited liability companies may be formed under the Limited Liability Company Law. (February 9, 2000)

New York 12203.

#### NOTICE OF FILING OF ARTICLES OF ORGANIZATION OF ELIZABETH C. BARRA, D.D.S., PLLC

Under Section 203 of the Limited Liability Company Law of the State of New York

#### LEGAL NOTICE.

 The name of the Company is Elizabeth C. Barra, D.D.S., PLLC.
 The articles of organization were filed on December 15, 1999.
 The office of the Limited Liability Company is located in Albany County.

4. The Secretary of State is designated as the agent of the Company upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company served upon him is: 1070 Loudon Road, Cohoes, New York 12047

There will be no specific date of dissolution.

The purposes for which the Company is formed are as follows:

For the practice of the profession of Dentistry, or any interest therein, wherever situated; and To engage in any lawful act or activity for which limited liability company may be organized under the PLLC of the State of New York. The Company is not formed to engage in any act requiring the consent of any state agency without such consent first being obtained.

7. The organizer of the limited liability company was Elizabeth C. Barra, as sole organizer, 1070 Loudon Road, Cohoes, New York 12047.

(February 9, 2000)

#### NOTICE OF FORMATION OF LIMITED LIABILITY PARTNERSHIP

NAME: Knapek & Gabriele, LLP. Certificate of Registration was filed with the Secretary of State of New York (SSNY) on 1/24/00 with an existence date of 1/24/00. Office location: Albany County. SSNY has been designated as agent of the LLP upon whom process against it may be served. SSNY shall mail a copy of process to the LLP, 21 Everett Road Ext., Albany, New York 12205. Purpose: For the practice of certified public accounting. (February 9, 2000)

#### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY ("LLC")

Name: Pay Docs Now, com, LLC Articles of Organization filed with Sec. of State of NY ("SOS") on 1/7/2000. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to LLC, c/o David N. Goldin, Esq., c/o McClung, Peters, and Simon, 41 State Street, Albany, New York 12207. Purpose: any lawful business purpose. (February 9, 2000)

# NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC if ARMART, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on January 20, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 135 Euclid Avenue, Albany, New York 12203. (February 9, 2000)

#### NOTICE OF FORMATION OF PROFESSIONAL LIMITED LIABILITY COMPANY.

Name: TODAY'S DENTAL CARE PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/07/99. The latest date of dissolution is 12/31/2098. Office location: Schenectady County. SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC, 2310 Nott Street East, Niskayuna, New York 12309. Purpose: For the practice of the profession of Dentistry. (February 9, 2000)

### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of UNITED PANEL & TRUSS COM-PANY, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on January 7, 2000, efrective upon the date of filing. Office location: Albany County, SSNY has been designated as

4 8

#### LEGAL NOTICE\_

agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o 4 Norman Drive, Albany, New York 12205. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLCL. (February 9, 2000)

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY.

NAME: CAP COM FINANCIAL SERVICES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/17/99, having an existence date of 12/31/1999. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, Four Century Hill Drive, Latham, New York 12110. Purpose: For any lawful purpose. (February 9, 2000)

### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of TNT Landscaping, Excavation & Blacktopping, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on January 14, 2000, effective upon the date of filing. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o 89 Consaul Road, Albany, New York 12205. The purpose for which the LLC is formed is to engage in the conduct of a landscaping, blacktopping and excavation business and for any lawful act or activity in furtherance thereof, in connec tion therewith, or incidental thereto, for which limited liability companies may be formed under the Limited Liability Law of the State of New York. (February 9, 2000)

#### NOTICE OF FORMATION OF M. C. HANDICRAFTS, LLC A NYS LIMITED LIABILITY COMPANY(LLC).

Formation filed with SSNY on 01/ 06/00. Off Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: 46 State St., 5th Fl., Albany, NY 12207. Purpose: All Lawful purposes. (February 9, 2000)

#### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

Name: R. Beck Associates, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on 11/29/99. Office Location: Albany, County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to R. Beck Associates, LLC, 800 North Pearl Street, Albany, New York, 12204. Purpose: any lawful purpose. (February 9, 2000)

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

The name is QUALITY REHA-BILITATION SERVICES, OCCU-PATIONAL AND PHYSICAL THERAPY ASSOCIATES, PRO-IONAL LIMITED LIABILITY COMPANY. The Articles of Organization were filed with the Sec-retary of State on November 8, 1999. The office of the Company is located in Albany County. The Secretary of State has been designated as Agent upon whom process against it may be served and the Post Office address to which the Secretary of State shall mail a copy of any process against the Professional Service Limited Liability Company is 1531 Central Avenué, Albany, New York 12205. The purpose is to engage in the practice of the professions Occupational Therapy and Physical Therapy as authorized under Articles 136 and 156 of the Education Law. (February 9, 2000)

#### NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY.

The name of the professional service limited liability company is Suzanne E. Kreienberg, M.D., LLC("LLC").

#### LEGAL NOTICE

The Articles of Organization of the LLC were filed with the NY Secretary of State ("NYSS") on December 31, 1999. The office of the LLC is located in Albany County, NY. The NYSS is designated as the agent of the LLC upon whom process against it may be served. The address to which the NYSS shall mail a copy of any such process is: 70 Mosher Road, Glenmont, New York 12077. Its business purpose is to engage in the practice of medicine. William L. Kreienberg, Esq. Harter, Secrest & Emery LLP 700 Midtown Tower Rochester, NY 14604 (February 9, 2000)

# NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is COLUM-BIA DOLSON,L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 28, 1999. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203. (February 9, 2000)

#### NOTICE OF FORMATION OF GORDON OPERATING, LLC(PURSUANT TO SECTION 203 OF THE LIMITED LIABILITY COMPANY LAW

NOTICE IS HEREBY GIVEN that the Articles of Organization of Gordon Operating, LLC (the "Company") were filed with the Secretary of State of the State of New York on December 8, 1999. The Company is being formed to engage in the ownership, management, leasing, purchasing, selling, development, and mortgaging of property and any activities necessary or incidental to such purpose and any other lawful act or activity for which limited liability companies may be organized under the LLCL.

The office of the Company is to

The office of the Company is to be located in the County of Albany, State of New York. The Secretary of State has been designated as the agent of the Company upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company served upon such Secretary of State is 50 State Street, Albany, New York 12207. (February 9, 2000)

### NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of Sterling Management, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on December 17, 1999, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any process to the LLC c/o 25 Mason Lane, Slingerlands, NY 12159. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC. (February 9, 2000)

#### NOTICE OF FORMATION OF LIMITED LIABILITY PARTNERSHIP.

NAME: POWERS & SANTOLA, LLP. Certificate of Registration was filed with the Secretary of State of New York (SSNY) on 12./ 01/99, with an existence date of 01/01/2000. Office location: Albany County. Office location: Albany County. SSNY has been designated as agent of the LLP upon whom process against it may be served. SSNY shall mail a copy of process to the LLP, 39, North Pearl Street, Albany, New York 12207. Purpose: For the practice of the profession of law. (February 9, 2000)



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# Spotlight on EMPLOYMENT

HELP WANTED

ACCOUNTANT/ TAX PRE-PARER: Flexible hours. Fax resume to (518) 374-7949.

ADMINISTRATIVE ASSISTANT: Immediate opening at educational association. Good Macintosh computer and organizational skills. Part-time, 15-20 hours per week. Albany, near Capitol/parking. Call 436-4781. EOE.

BOOTH RENTAL: Reasonable. Hairstylist & Nail Tech. Everything included, large shop, Prime location, parking, Delmar. 439-6066, days; 452-3689, evenings.

CAREER CHANGE? Are you in teaching, health care, human resources, sales, etc.? have you thought about a career change? You may have the skills that we are looking for. Call for a free packet or interview. Cathy Griffin, 448-8815. Prudential Manor Homes, Realtors.

Certified WATER SAFETY IN-STRUCTOR needed for the Mohonasen Central School District, after school, Continuing Education Program, \$15-\$20/ hour. Send resume and copy of certification to Dr. L. Oliver Robinson, Assistant Superintendent for Business, Mohonasen Central School District, 2072 Curry Road, Schenectady, NY 12303. APPLY IMMEDIATELY.

CHILD CARE ACTIVITY LEAD-ERS: Now hiring for shifts 7:30 -9:30 a.m. and/or 3:00 - 6:00 p.m., Monday - Friday. Experience working with children required. Must plan and run large group activities. Call School's Out, Inc., at 439-9300 for an application.

CHILDCARE POSITIONS: Full time/ part-time. Experience and car required. A NEW ENGLAND NANNY, 437-9198.

DRIVERS WANTED: Spotlight Newspapers currently has openings for part-time drivers in its circulation department. Responsibilities include delivering newspapers to news stands, collecting remaining copies of the previous edition and recording number sold. Hours are during the day and one must have a clean, valid driver's license. If interested, contact John McIntyre at 439-4940.

HAIR STYLIST with client base, full time booth rental. Reds Hair Salon, Colleen, 456-1866.

HOUSECLEANER WANTED: Biweekly, South Colonie. References, Insured, Dependable Quality, 869-2489. NURSE: LPN, full time, busy primary care office. Must be patient oriented. Monday - Friday, 966-8786

PART/ FULL TIME: Local company has several openings to fill by March 2. \$12 base appointment, with advancement possible. Days, evenings, weekends available. Notelemarketing. 782-1560. CALL NOW!

RECEPTIONIST: Part-time, Delmar, Latham and Clifton Park optical offices. Tuesday/ Thursday evenings and Saturdays. Administrative experience helpful. Call for interview, 449-3200, or Fax resume to 449-1165.

REGISTERED NURSE: Internal Medicine Office, Slingerlands, 3 days per week. Please send resume to Joanne H VanWoert, MD, PO Box 610, Slingerlands, NY 12159 or fax to 439-1592.

RETIRED HEALTHY PERSON: Part-time household helper, Niskayuna. References, 372-7725.

SUBSTITUTE TEACHERS: Contact Ravena- Coeymans- Selkirk Central School District. 756-5213.

TEACHER AIDE substitutes for all schools at RCS Call 756-5204 for application.

VETERINARY TECHNICIAN (full time) and VETERINARY ASSIS-TANT (Part-time): Experience preferred, 2764 Troy Road, Niskayuna or Fax 785-9741.

VISTA Volunteer: Full time year long paid position. Will coordinate community program to benefit disadvantaged youth in the city of

Albany. Volunteer will be working with, and in the community to foster and monitor the initiatives of a Federal Program. VISTA members earn an \$8,300 living allowance and are eligible for an education award of up to \$9,450. Health Insurance is also provided. VISTA is open to people of all ages and welcomes retirees and recent college graduates. Interested individuals may send cover letter and resume to The Volunteer Center of the Capital Region, 350 New Scotland Avenue, Albany, New York 12208.

WAITSTAFF: For growing Friendly's Restaurant. Flexible hours, great tips, benefits for all. Experience preferred, but will train friendly, outgoing people. Apply in person 60 Nott Terrace, downtown Schenectady or 9 Troy Road, East Greenbush. EOE.

WE ARE LOOKING for a person who can make simple, healthy meals once a week, regularly, for our family at our home in Delmar. Your recipes or ours. Call 475-

EARN \$1200 NEXT WEEK And a Free Computer! Will train. For details, 1-800-896-5742 code 53.

WRITERS WANTED to cover Niskayuna, Rotterdam & Scotia-Glenville board meetings and feature events. News writing experience required. Send resume & cover letter to: Jennifer Miller, Spotlight Newspapers, P.O. Box 100, Delmar, NY 12054.

YOUTH and ADULT SERVICES LIBRARIAN: Responsible for programming, reader's advisory and general reference. 20 - 25 hours

ASSOCIATED WITH JEWELRY

per week. Knowledge of DRA preferred. MLS required. Send resume by March 15, to Director Gail Sacco, Voorheesville Public Library, 51 School House Road, Voorheesville, NY 12186.

AlM HIGH Career opportunities for High School Grads! If you're between 17-27, the AirForce can prepare you for a career in life. Benefits include: \*High-Tech Training. \*Tuition Assistance. \*Medical & Dental Care. \*Excellent Pay. \*Up to \$12,000 Enlistment Bonus for those who qualify. For an information packet, call 1-800-423-USAF or visit our wedsite at www.airforce.com.

AN EDUCATION THAT WORKS. Right here! Right now! The New York Army National Guard offers up to \$45,000 for a college education that starts right now! Work with us part time in your local community, and get skill training and benefits that will last a lifetime. 1-800-GO-GUARD.

AVON PRODUCTS: Start your own business. Work flexible hours. Enjoy unlimited earnings. Call toll free 888-942-4053.

COMPUTER USERS NEEDED. WORKOWNHOURS, \$25k-\$80k/yr. 1-800-476-8653 x1106.

DRIVER COVENANT TRANS-PORT \*Coast to Coast runs \*Teams start \$.35 -\$.37 \*\$1000 sign on bonus for experienced companydrivers. For experienced drivers and owner operators 1-800-441-4394. For graduate students 1-800-338-6428.

Drivers... HIRING DRIVERS! SWIFT TRANSPORTATION. ASK about sign-on bonus! Excelent benefits & pay, assigned equipment, consistent miles, 3wk company sponsored CDLA training, trainee pay! 1-800-347-4485(eoe-m/f).

Drivers-MARTENTRANSPORT, LTD. Marten Transport can pay you-\*1 year -\$.29 \*2 years -\$.30 \*3 years -\$.31 \*4 years -\$.32 \*5 years -\$.33. Call 1-800-395-3331 www.marten.com

Drivers -New 2K Pay! OTR: 6 mo. exp. -.30/cpm. Top pay -.40/cpm. Regional: .36/ cpm. Jump start lease program! MS Carriers 1-800-231-5209 EOE.

MEDICAL BILLING. EARN EX-CELLENT INCOME! FULL training, computer required. Call toll free! 1-800-540-6333, ext 2070.

# Part-Time Sportswriter & Stringer

for Spotlight*Newspapers*Call Noah Feit or Sue Graves
at 439-4949

## Classified INFORMATION



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Office Hours • Deadline 8:30 AM - 5 PM Monday-Friday Dead Line: Friday at noon

Mail Address • In Person

Spotlight Newspapers P.O. Box 100 125 Adams St. Delmar, NY 12054 Delmar



Phone - Fax (518) 439-4940 (518) 439-0609 Fax



Readership 7 Newspapers 93,500 Reader

#### Classified Ads Appear In All Seven Papers

In Albany County
The Spotlight • Colonie Spotlight • Loudonville Weekly

In Schenectady County
Niskayuna Journal • Scotia-Glenville Journal • Rotterdam Journal

In Saratoga County Clifton Park Spotlight

#### Classified Rates

Private Party Classifieds - Line Ads - Seven paper combo \$10 for 10 words 30 cents for each additional word.

10 words 30 cents for each additional word.

Merchandise for Sale - \$10 for 2 weeks, 1 week free (One item per ad.)

Must be priced under \$1000. Price must be stated in ad. Private party ads only. No vehicles, garage, lawn or antique sales. Price is for a 16 word ad. Add \$1 for each additional line.)

Commercial Classifieds - Line Ads - Seven paper combo - \$13.50 for 10 words 30 cents for each additional word. Multiple insertion discounts available. Please call for information.

Display Classifieds - Several combination rates are available - please call for information.

Business Directory - Several combination rates are available - please call for information.

Ads will appear in all seven newspapers, as well as on the internet for the number of weeks requested.

# Order Form 1 word per line • 4 line minimum Name: Address: City: State Zip Home Phone Work Phone Amount Enclosed Number of Weeks MasterCard or Visa# Expiration date: Signature:

#### Home Care Nurse:

"Where you can take care of one patient at a time"

Sign On Bonus available

Eddy VNA is currently seeking nurses with strong assessment and patient education skills to provide home care to patients in Albany, Rensselaer and Saratoga Counties. Full time, part-time, per diem, weekend, evenings and alternate schedules available. Working with cardiac, wound care, diabetes, respiratory, orthopedic, HIV, geriatric, and IV therapy patients.

All RN candidates must have a current NYS nursing license and required to have at least one year of recent acute care experience.

Please forward resume or call 270-1344.

#### **Human Resources**

433 River Street, Suite 3000 Troy, NY 12180 or fax to: (518) 274-2908

**Eddy Visiting Nurse Association** 



E.O.E. Please call our Job Hotline 271-3340

### Answer to Super Crossword

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#### **ARE YOU LAID OFF?**

A DISLOCATED WORKER? UNEMPLOYED?

HAVE YOU THOUGHT OF STARTING A BUSINESS ...

THEN COME TO AN INFORMATIONAL SESSION

To learn about a FREE Small Business Training Program\*

Date: February 17th Time: 11:00 AM

Where: Best Western Rotterdam Inn, 2788 Hamburg Street, Schenectady

Training Provided by The Entrepreneur Center

To register, call: (518) 436-0023 between 8 am - 4:30 pm

\*SPONSORED BY NYS EDUCATION DEPT. IN CONJUNCTION WITH SCHENECTADY COUNTY JOB TRAINING

## Real Estate CLASSIFIE

#### **REAL ESTATE FOR RENT**

DELMAR: \$660, heat & hot water included, 2 bedrooms, first or second floor. Village Drive Apartments, available February 1st, 434-9783 or (212)665-5251.

DELMAR: 3 bedroom duplex, freshly painted. Living room, dining room, backyard, garage. Quiet street near bus line, \$750+, 439-

FEURA BUSH: \$525, 2 bedroom; no pets, security. \$400, 1 bedroom, no pets, security. 465-2239 or 765-3125

RAVENA: Duplex apartment, living room, kitchen, 2 bedrooms, 1 1/2 baths, basement, Residential area, no pets, \$625+. Available May 1st, 756-8685.

ROOM for RENT: Country home Glenmont, Available Now, \$300. 427-7653, after 7:00 p.m..

#### **REAL ESTATE FOR SALE**

ALBANY: 425 3rd Street, near Quail. 2 family, new electric, gas heat. Four floors, appraised at \$51,000, sell for \$39,000. Good condition, 475-1500.

COLONIE VILLAGE: Excellent starter home, convenient location. 2 bedroom, 1 bath, 2 car detached garage, \$78,000. Owner, 439-

LAKE GEORGE Property sales: Cabins/ Castles, Land. Also, other Lakes. Real Estate Innovations, (518) 448-8874.

RAVENA: For Sale by Owner. 4 bedroom Cape on beautifully landscaped tree-lined yard in private neighborhood. 3/4 acre, large inground pool, 11'x22' poolside enclosed patio, 2 full ceramic tile baths, finished basement with family room (carpeted and paneled), heated garage and laundry area. Low taxes. Must Sell, \$129,900. Call days, 756-6161, ask for Bob Albano. After 7:00 p.m., 756-2756.

FORECLOSED HOMES. LOW OR \$0 DOWN! Gov't & bank repos being sold now! Fantastic savings! Financing available ·(800)501-1777, ext 1099.

GORGEOUS HOME WITH MOUNTAIN VIEW on 2 acres. Additional 15 acres available-Ararat, NC -Near 74 Connector -\$269,900. Country home with 230+ -acre farm -river -pond-restorable house 2-bedroom house -beautiful -Westfield, NC. \$1,500,000.00 Rogers Realty 1-800-442-7906.



#### **ROOMMATE WANTED**

MALE ROOMMATE: Clifton Park. Rent free private room for male roommate in exchange for a.m. assistance (9:00-11:00 a.m.) for disabled male, some lifting. Available March 1st. References, 371-

#### COMMERCIAL FOR LEASE

DELMAR: 1000 sq. ft. office located next to Town Hall, \$1500/ month, 767-3272

#### LAND/LOTS

SLINGERLANDS: Building lot, 100'x300'. Town water. Call before 8:00 p.m., 765-9026.

#### **LAND WANTED**

LAND WANTED: Serious cash buyer seeks quality rural acreage 200 acres and up for immediate purchase in the Central /Southern Tier or Catskills region of NY state. Fast closings! Broker inquiries welcome. Call 607-563-8875, ext. 24 anytime.

#### STORAGE SPACE

**DELMAR/ ALBANY: Secure Self** Storage, Varied sizes, also outdoor. Boats, trailers, mobile homes, 461-8963.

#### **VACATION RENTALS**

MARTHA'S VINEYARD: Charming cottage in woods, sleeps 5.

# Automotive

**AUTOS FOR SALE** 

MAZDA: Work truck, 1987, B2000, \$900. Call 439-4949, ext.

GMC SUBURBAN: 1990, 4 wheel drive, 8 passenger, cargo doors, rear heat & A/C. Excellent condition, \$6,750. 439-7458.

VOLVO: 1985, 760 Turbo, 4 door sedan, 5 speed, sun-roof, gray, \$2,300, or best offer, 475-1271.

Call 439-6473, evenings.

CAPE COD -DENNISPORT -WEST DENNIS. 1-4 bedroom homes on /near beach, \$350 -\$4900 per week. Thinking of buying? Call for free guide. Murray Real Estate 1-800-326-2114.

MYRTLE BEACH, SC. OCEAN-FRONT PROPERTY. Spring Special. 2 Bedroom efficiency \$199. 5 nights. Arrive Sunday -depart Friday. Call Firebird Motor Inn at 800-582-7032 today.

OCEAN CITY, MARYLAND, Best selection of affordable rentals. Daily and weekly. Call now for Free brochure. Open seven days. Holiday Real Estate, 1-800-638-

MARTHA'S VINEYARD: Charming cottage in woods, sleeps 5. Call 439-6473, evenings.

MARTHA'S VINEYARD: 4 bedroom, 2 bath home, sleeps 8-10, 2 miles from beach, \$1500 per week. Some Ferry tickets available. Call 439-7356.

SKI KILLINGTON PRESIDENTS WEEK: Fully equipped, hot tub, sleeps 6-8. Other times available, call 439-8593.

MARTHA'S VINEYARD: Four bedroom house near Edgartown, available weekly, June - September, \$850 - \$1400. Call for flyer,

#### **REALTY WANTED**

OLD DELMAR/ SLINGER-LANDS: \$250,000- \$350,000. Eliminate Realtor fees. Call 385-

VOORHEESVILLE: 4 bedroom house wanted in Voorheesville school district, 765-4761.



#### Ready to Move On?

Whether You're Buying, Selling or Relocating,

we can help you get started! Give us a call, and we'll mail you one of our helpful "How To" handbooks!

.1-800-304-9889

Buyers - ext. 2014 • Sellers - ext. 2024 • Relocation - ext. 2034





FOR CHARTER: 1998 Privilege 42' Catamaran Sailing Yacht located in Tortola, BVI. Comfortably sleeps 8 with 4 cabins and 4 heads. Available as either a bareboat or with captain. For additional information, call 475-9677.

#### RLAL ESTATE FOR SALE

LAKE GEORGE Property sales: Cabins/ Castles, Land. Also, other Lakes. Real Estate Innovations, (518) 448-8874.

#### VACATION DENTALS

MARTHA'S VINEYARD: Charming cottage in woods, sleeps 5. Call 439 6473, evenings.

MĀRTHA'S VINEYARD: Four bedroom house near Edgartown, available weekly, June - September, \$850 - \$1400. Call for flyer, 439-5287

#### **VACATION PENTALS**

SKI KILLINGTON PRESI-DENTS WEEK: Fully equipped, hot tub, sleeps 6-8. Other times available. call 439-8593.

#### VACATION DENTALS

MARTHA'S VINEYARD: 4 bedroom, 2 bath home, sleeps 8-10, 2 miles from beach, \$1500 per week. Some Ferry tickets available. Call 439-7356.

### Selling or renting Vacation Property?

To advertise call Susan at 439-4940



- Starting in the 180's
- · Great Family Community in Delmar
- Top-rated Bethlehem Schools Distinctive & Spacious Home Designs
- · Superb Craftsmanship
- Over 41 Acres of Natural Green Space
- 1.2 Miles from Elm Avenue Park & Recreation Areas
- 10 Minutes to Downtown Albany
- Great Shopping Nearby

From downtown Albany - take 787S to 9W, to Rt. 32 (Delmar Bypass), left on Elsmere Ave., right on Feura Bush Rd., site is on left across from Murray.



Building Quality Homes I. Neighborhoods

Visit our

designer model!

Open Daily

12-5 pm.

Closed Weds.

For more information call 439-5627





CD Player, Tachometer, 60/40 Split, Bench Seat Lease for only er month

3yr. 36,000 miles, first payment, security deposit. Tax due at signing

### New 1999 Left Over Savana Cargo Van

1/2 Ton. V-8 Vortec 5.000. Adrian Steel Bin Package Free to Commercial Customer.

MSRP \$21.679

2,420 Discount



### New 1999 GMC Sierra Ext Cab 4x4

Vortec 4,800 V-8, AM / FM Cassette Bed Liner, Running Board



\$28,212 **MSRP** - 3,023 discount \$25,189 1,000 rebate \*24,18**9** 



## **Home Sellers:**

29 Essential Tips That Get Homes Sold Fast (And For Top Dollar)

Rosemarie Mosmen is offering her special report "29 Essential Tips That Get Homes Sold Fast - And For Top Dollar." Vital reading for anyone selling a home now or in the near future.

In this special report Rosemarie shares many of the tips that professionals utilize to help maximize a home's potential and actual worth - and most importantly help you drive up the selling price. You'll learn many important things you need to do, but more important may be the things it tells you not to do - things that could cost you dearly at the negotiating table.



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To get your free copy of this report, call 448-5340. There's no obligation.



Rosemarie Mosmen

### Delmar man admitted to bar

formally licensed and admitted to sided over by justices of the Apthe practice of law in New York on pellate Division, Third Depart-Jan. 25.

Drexler took part in the lawyer admissions ceremony at the Em-

#### Pedestrian safety group to meet

Bethlehem Citizens for Pedestrian Safety will hold its next meeting on Tuesday, Feb. 15, at 7:30 p.m. at the Bethlehem Chamber of Commerce office at 318 Delaware Ave.

Events will be planned for this year. All are welcome to attend.

Stevens at 439-7232.

David Drexler of Delmar was pire State Plaza, which was pre-

Drexler is a graduate of Albany Law School, where he was associate editor of the Law Review and managing editor of the school's environmental publication, The

He is also a graduate of the University at Buffalo and Bethlehem Central High School.

He is an assistant counsel to the Public Service Commission in Albany.

don Drexler of Delmar and grand-For information, call Fran son of the late state Sen. Bernard fifth-grade on Tuesday, Feb. 22, at

### V'ville library plans winter break programs

School Road will hold three programs during February break.

Youth services librarian Joyce Laiosa will tell Civil War era stories to parents and kids of all ages on Monday, Feb. 21, at 2 p.m. New songs will be learned and there will be crafts from Addy's Craft Book.

Science story time will be held

Voorheesville Public Library on for children age 4 to 8 on Tuesday, Feb. 22, at 7 p.m. The program will feature gravitational forces, air pressure and aerodynamics. All young people must have an adult partner to conduct experi-

> Silly stories and songs, a video, juice and fruit will be part of breakfast at the library on Wednesday, Feb. 23, at 10 a.m.

# Library to hold vacation craft club

Bethlehem Public Library will spring" project is planned. All ma-Drexler is the son of Elyse Gorhold a vacation week craft club for children in kindergarten through 3 p.m. A "goodbye winter, hello

terials will be provided.

To register, call 439-9314.

The library is at 451 Delaware Ave. in Delmar.

Pancakes will be served. The breakfast is for children age 4 and

For information, call 765-2791.

#### HILL sets art talk

Bethlehem Institute for Lifelong Learning will sponsor a free lecture by University at Albany professor Warren Roberts on the Hudson River painters on Monday, Feb. 14, at 10 a.m. in the community room at Bethlehem Public Library in Delmar.

For information, call 439-9661.

In Voorheesville The Spotlight is sold at Stewart's, Voorheesville Mobil and SuperValu

# We're Kicking Our New Cars Out of the Showroom

& Filling It up with Used Cars for This Special Event.

All of our used cars come with a 12 month, 12000 mile warranty and the same free loaner car when you have service with us.



## Here are Some Examples of the Savings You'll Find.

96 Volkswagen **Jetta GLS** #G9C22A 52,854 miles

SPECIAL

Now Only \$8,995

95 Ford Escort Wagon

#GV58A 41,505 miles Priced At \$6,495

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95 Mercury Sable 4DR #9PC78MA 59,000 miles

Now \$7,495

98 Subaru Legacy GT 4DR #\$33A 41,000 miles

Now \$15,995 **94 GMC** Jimmy 4DR SLE #9PC138MA 65,000 miles

Only \$11,995

97 Jeep Grand Cherokee Laredo #G9PC30 29.700 miles Specially \$18,995

97 Ford Escort

**Wagon LX** 

#G9PC17A 36,600 miles

only \$7,995

97 Chrysler

Concorde

#G9C46A 26,000 miles

Now \$13,995

**97 GMC** Conv. Van #\$13A 30,000 miles Only \$22,995

95 Mercury Villager #GV34A 57,509 miles

Priced to Sell \$9,995 95 Ford Aerostar

#G9PC2 45.517 miles A Deal at \$8,995

94 Pontiac **Grand AM 2DR** 9\$286A 69,000 miles Now Only \$6,495

97 Chevy **S10** #9PC144M 53,000 miles A Low \$7,995

97 Jeep Grand #GGC10A 30,634 miles wow! \$18,995

96 Eagle Vision TSi #G9M13A 80.882 miles

A Low <sup>\$</sup>6,995 99 Chevy Cavalier 2DR #S76A 21,000 miles only \$9,995

97 Subaru Impreza 2DR #9PC127M 50,000 miles Now Only \$10,995

97 Chevy C1500 V-6 **#T18A 75,000 miles** 

For Only \$8,995

SPECIAL 94 Plymouth Cherokee Laredo Sundance Duster #9T179A 72,000 miles

Now Only \$3,495

96 Dodge Avenger #9PC134M 53.000 miles Now \$8,995

96 Subaru Legacy Outback #S14A 29,000 miles only \$15,995

**98 GMC** Sonoma #9T37A 33,000 miles Now Only \$9,995

98 GMC Safari AWD #9PC105M 40,000 miles A Low \$15,995



SETULEHEM PUBLIC LIBRARY

UPDATE 2000

PART TWC

# Spotlighton FINANCE.

A supplement to Spotlight Newspapers

February 9, 2000

# Financial world embraces high-tech future

he Internet, computer technology and multimedia resources have revolutionized both the financial world and the field of real estate. More and more people are doing their banking on the Internet and looking for a car or a house is a lot less taxing on the shoe leather than it was even 10 years ago.

Investment firms like
Edward Jones have offices in
smaller cities and towns
around the globe. People
from diverse economic
backgrounds have been able
to access professional help
for their financial planning.
Representatives from Edward
Jones agree that technology
has improved their business.

Clifton Park's representative Jeff King, says, "Our firm had always invested in technology, allowing our

☐ HIGH-TECH page 2



# Blackman & DeStefano adds technology

By Elizabeth Byrns

lackman & DeStefano Real
Estate is unveiling new
technology designed to equip
its offices with a state-of-the-art
marketing tool. The program is a
CD-ROM multi-media relocation
presentation.



According to Blackman & DeStefano partner William Alston Jr., the 20- minute package that describes the Capital District to those looking to relocate has all the bells and whistles.

"It has music, photos and a written presentation," he said.

About nine months of research and planning went into the CD-ROM that was produced in-house by owner Bob Blackman and partner Miguel Berger. The CD-ROM details the educational,

recreational and employment opportunities in the Capital District.

Alston said the buyer benefits from the new technology because the CD-ROM is sleek, easy to access and full necessary details. "The buyer can see more photos than any relocation package. And a CD is not cumbersome. The buyer gets by far more

information for its size than you can get anywhere else."

The technology was designed also to help the realtor.

"The realtor has an electronic piece of information that they can get to a potential buyer anywhere. Or they can have a presentation they can make to a large group. The program is convenient and cost effective," said Alston.

Blackman and
DeStefano unveiled the CD-ROM at a
company meeting at the end of January
and Alston says the reception was
positive.

Blackman and DeStefano has other technology in addition to the CD-ROM presentation. Alston said their locally managed and designed website (www.bdrealestate.com) is accessible through all the larger search engines and has received many awards. Additionally, Blackman & DeStefano is a member of

We serve our

clients in the

traditional

way and we

are linked

nationally

and globally.

William Alston

RELO, the largest national relocation service.

Although he credits technology with helping the local real estate group reach clients around the world Alston said one- on- one service also remains an important part of his business.

"As our millennium slogan 2000 and Beyond Leading with Tradition and Technology suggests, while we serve our clients in the traditional way we are also linked nationally and globally," he said.

Blackman & DeStefano is celebrating its 15th anniversary this year. The firm was started by Bob Blackman and Paul DeStefano.

### A MESSAGE FROM THE SPOTLIGHT

Dear Readers:

Spotlight Newspapers is proud to introduce *Update 2000: Finance*, the second of three supplements examining businesses and organizations that affect our local communities at the dawn of the new century. The stories focus on their accomplishments and plans for the future in the Capital District.

There is no doubt that the areas of banking, financial services and real estate attracted attention in 1999 with bank consolidations and IPO's, financial markets on a tear and bursts of new construction. I have noticed that people now talk about trading stocks in places reserved for other gossip: at the water cooler, over coffee, or in the grocery-store. With all this heightened awareness on finance, it only increases the need and importance of quality financial services. This supplement highlights many of the best organizations gated to serve the financial needs of businesses and individuals in our community.

As with many local businesses, 1999 was a year of growth for Spotlight Newspapers and we are planning more in 2000. The addition of the *Clifton Park Spotlight* in April and *Capital District Parent Pages* in July highlighted our busy year.

Throughout all our growth, we remain dedicated to comprehensive coverage of local town and school boards and features on local residents and their accomplishments.

In 2000, we will unveil an enhanced Web site, www.spotlightnews.com, with news and pictures about our community.

As always, we publish notices of events that are important to you — birth, engagement and wedding announcements, honor rolls, church dinners, etc., and all free of charge.

We look forward to your comments and letters about the issues that affect you and your community.

When we say "your news, your town, that what we do," we really mean it. Thank you for your support.

John A. McIntyre, General Manager Spotlight Newspapers 7

# spotlight FINANCE

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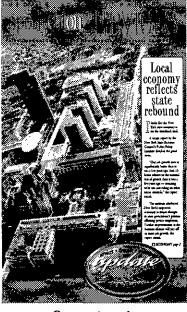
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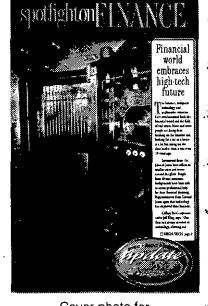
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## ] HI-TECH

from page 1

investment representatives to provide realtime stock quotes and up-to the minute financial information."

Businesses rely on the Internet and multimedia packages to increase their circle of influence and potential clients.

But many local realtors and bankers say the heart of the business is still the

William Alston Jr., a partner in Blackman and DeStefano real estate says even with the global nature of his business these days some things should not change.

All the technology is a wonderful tool but servicing your people, representing them and being there for them. That will always be the keystone of a real estate person and company."

This second of three supplements designed to highlight the growth and progress of area businesses and show how the local economy is adapting to the 21st

# ompany shows small business owners

BY BILL FONDA

mall businesses, particularly new small businesses, have a million and one things to worry about every day.

It can get overwhelming, but that's where Arthur Place & Company, located at 1218 Central Ave. in Albany, comes in. Arthur Place offers services that include accounting systems design, installation of computer systems, business valuations, tax planning, pension help, succession planning, litigation support and team building. Its primary clients are businesses that range from \$500,000 to \$50 million in annual sales.

"We're in the information services business," company founder Arthur Place 🛪 said. "We're providing comprehensive client assistance. There's a lot of

mentoring. The amount of assistance we can render is substantial."

Because of the crush of information businesses have to sort through, Arthur Place & Company also looks to help determine what is important.

"You have to have 'intelligent ignorance,' meaning knowing where not to go and where not to waste your time,"

But the company does more than look strictly at the bottom line. During the strategic planning process, it asks businesses how they see themselves as part of the communities they serve.

"I think that's where the future is. I'm not sure all our clients see that yet," Place said. "If you can fill a need, you'll get a benefit."

The company celebrates its 20th anniversary April 1, but Place has not yet decided if there will be any kind of celebration.

"I'm noodling on it," he said. "April 1 is a tough time for us, but we may do something subsequent to that.'



Place said last year was a good one for the company, as business increased by 10 percent. "We've added a lot of tech clients - smaller, with lots of needs so we're encouraged by that," he said.

Thanks to the emergence of new types of businesses and the continuation of what he called the "grass roots recovery" of the Capital District after a

downturn in the early 1990s, Place feels this year's outlook is excellent as well.

"I would say 2000 will probably be another 10 percent if everything holds

Normal weekday hours are from

8:30 a.m. to 5:30 p.m. During tax season, which Place said is from roughly the middle of January to the middle of April, it is also open from 9 a.m. to 1 p.m. Saturdays.

For information, call 459-8395.

# Sunmark Financial Services continues to grow

unmark Financial Services LLC a registered investment advisory firm has made a name for itself by focusing on providing great service to its clients.

As a wholly-owned subsidiary of Sunmark Federal Credit Union, Sunmark Financial Services' emphasis on service is no surprise since it is the cornerstone of the credit union's philosophy toward its

This philosophy has been eagerly embraced by clients of Sunmark Financial

Since its introduction in January of 1995 the firm has grown rapidly to its

current client base of more than 650, with \$28 million under management.

As Sunmark Federal Credit Union Vice President Sean Rathjen explains, "The tremendous success of Sunmark Financial Services is primarily due to the fact that clients' best interests are placed first. The firm is uniquely structured so that our representatives who are all salaried employees, focus on their clients needs instead of their paychecks."

Sunmark Financial Services differs from any other investment firms by offering free financial services, lower brokerage fees and free seminars.

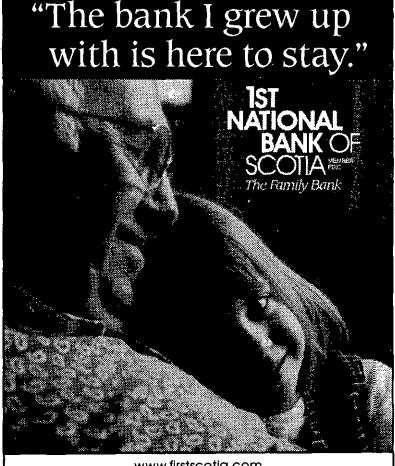
The firm offers a variety of services,

including financial planning, full-service investment brokerage insurance income tax preparation and tax consulting, and discounted legal services.

Securities are offered through LINSCO/PRIVATE LEDGER by onstaff, registered representataives.

Sunmark Financial Services is open to both members of Sunmark Federal Credit Union and non-members, and is located at 251 Saratoga Road in Glenville.

For more information, or for an appointment for a free consultation, please call (518) 384-1502.



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Clifton Park call Henri Langevin at 393-9120 ext.104 Saratoga Springs call John McDonald at 581-8734

Watch for our opening in February at our new Halfmoon office, Route 9 and Guideboard Road!



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BY REBECCA LANE

he Capital Communications Federal Credit Union, located on 18 Computer Drive East in Colonie, services a full range of financial needs.

New Advisor of the Year

Barbara Adler

Established in 1953, the range of services provided by the credit union has broadened over the years to include and incorporate a variety of technological advancements. A customer can now apply for a loan over the phone rather than by traveling to the branch to fill out

an application. Information on an established checking or savings account can now be accessed at any time by phone with Touch 24, an automated line. This service can also allow the customer to transfer funds from one account to another. Through an Internet service

dubbed Connect 24, a customer can manage his accounts via computer, with the ability to view their account history, transfer It's a real

funds or download financial software.

Capital Communications is currently providing Bill Payment, a new service designed to help customers manage their monthly bills with convenience. With Bill Payment a customer can automatically pay up to 10 bills a month through accounts established at the credit union.

Vicki Ouimet, a marketing associate, described the advantages of this service.

"For a minimum fee of \$4.95 a month, a customer can set up accounts to anyone they need to pay - NIMO, the

garbage man, the babysitter,"Ouimet said, "and we can either electronically

to that payee."

send a payment on a specified date or cut a check

Ouimet explained that any number of checks can be issued within the month at a cost of 30 cents per check after the initial ten. The account is established with a password given to the customer to protect the privacy and safety of each transaction.

"It's a brand new service, so we're really starting to push and advertise it," she said. "It's a real convenience for people, they don't have to worry

about envelopes or stamps or running to the post office. People have found it to be a much easier alternative."



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# Financial firm has team approach.

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they don't

worry about

envelopes or

Vicki Oumet

have to

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he Latham office of Raymond James Financial Services is locally owned, yet part of a national financial services firm with more

than 2,500 financial advisers in more than 1,200 offices throughout the U.S.

Supported by the resources of its nationally recognized parent company, Raymond James Financial Inc., no other investment firm offers the unique combination of quality investments and unparalleled service, said Scott Ferguson, financial adviser in the Latham branch.



A graduate of Siena College in Loudonville, Ferguson brings eight years experience to the table and a focus on what he calls the team approach.

What makes us different is that we understand the importance of working with all the parties involved," he said. "Especially in estate planning," working closely with a client's attorney and accountant is important.

"We understand the importance of all the relationships that should be

We provide

a level of

service that

purchase or

involved in planning your financial matters, Ferguson said. "We understand that putting the financial wellbeing of our clients first ultimately allows us to serve the best beyond the interests of our firm and our community.

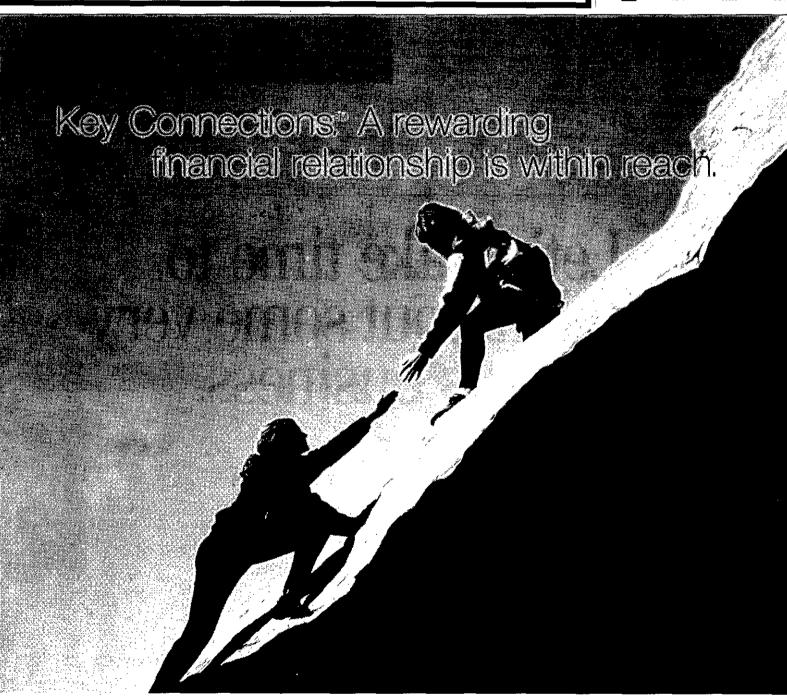
sale of an "That's why we at Raymond investment James Financial Services believe in Scott Ferguson providing a level of service that goes far beyond the

purchase or sale of an investment," he

Besides estate planning; Ferguson ? focuses on financial planning for small businesses and individuals.

'We work with both individuals as well as small business owners to assist them in creating a plan designed to achieve their financial, retirement and 3 estate planning goals," he said.

Retirement planning these days .. "seems to the big attention-getter," Ferguson said, "Because most people have realized that Social Security may not be there in the same way for them in the next 20 years."



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# Marshall & Sterling Upstate builds its legacy and its business

When you get good horses,

BY BILL FONDA

he roots of Marshall & Sterling Upstate, located at 113 Saratoga Road in Glenville, date back to the early days of the 20th century.

The insurance brokerage company was founded as Ter Bush & Powell in Schenectady in 1906, and was purchased in 1994 by Poughkeepsie's Marshall & Sterling, itself a 135-year-old company. The Glenville office is one of five in the upstate region of the 34th-largest insurance agency in the United States along with Greene County, Mechanicville, Hoosick Falls and Syracuse — and writes

mostly property and casualty insurace.

"We're predominantly business. but we do our fair share of individual insurance," upstate president Benjamin Round said.

Businesses and individuals have different insurance needs, you win the horse race. so Marshall & Sterling provides different kinds of services for each

For example, Round explained that each business has its own manufacturing methods, so Marshall & Sterling tailors its offerings accordingly.

"We try to design a product that will meet their needs, rather than try to take something off the shelf," he said.

Policies for individuals are handled in the opposite manner, in part because the

smaller premiums do not allow for tailored policies, and in part because the 12 carriers Marshall & Sterling represent provide

a variety of options from which to choose.

Benjamin Round

"There's some pretty broad insurance policies to fit their needs," Round said.

Marshall & Sterling Upstate

experienced 13 percent growth last year, and Round said the outlook for 2000 is bright, mostly because of the company's aggressive, knowledgeable staff.

"When you get good horses, you win the horse race," he said.



Those "horses" also have a stake in the stable, as Marshall & Sterling has

been employee-owned for the past 20

"There's a pride of ownership," Round said. "If people are happy with their job, they're going to show their professionalism and happiness to the customers that they serve."

In addition to the business growth that Round envisions for this year, Marshall & Sterling Upstate has already grown physically, as the Mechanicville and Hoosick Falls offices joined the group Jan. 1.

"We go where the businesses are, rather than trying to stay local," Round

# Fleet - bank on it



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# By the book



Friar Tuck Bookshop in the Delaware Plaza offers a wide variety of financial books to make investing easy or buying a home hassle-free. Along with books, Friar Tuck also offers specialty gifts and stresses personal services and is happy to take care of special orders for its customers. Friar Tuck employees pictured here are Kim Scofield, Suzanne Celella and Liz Hildebrant.

# Edward Jones financial firm continues to pick up steam

he financial services firm Edward Jones has had a very good couple of years. This year, in Forbes magazine's ranking of the 500 largest private companies Edward

Jones came in at number 116.

"That's 45 places higher than the firm's 1998 ranking. And 92 positions higher than its raking in 1997," said Jerry Pittz, a Delmar Edward Jones investment

"For several years now growth had been one of our main objectives, so this ranking is very important to our firm."

Deborah A. Christopher, a representative from the Halfmoon office, agrees. "We believe that in today's

environment of merger mania, we must keep size on our side to remain a significant player in the financial-services

Because of this growth, we can continue our tradition of personal, convenient services to our clients," she

Edward Jones has experienced significant growth, particularly in the past year. The firm opened its 5,000th office in August, having started 1999 with just over 4,300.

That milestone was not only representative of the firm's aggressive growth initiatives but also of its international expansion efforts.

The 5,000th office is in the firm's United Kingdom affiliate.

Growth has

been one of

objectives so

our main

Edward Jones expanded to the United Kingdom in 1998 with just eight offices there. Now there are 59. The firm's Canadian presence has grown from its original 24 offices in 1995 to more than 220 today.

"Edward

Jones plans to

reach 10,000

this ranking is important to us. offices in the next Jerry Pittz

four years which will make us even more convenient to individual investors who need the services we offer," said George N. Brown; a representative from the Colonie office.

Edward Jones is based in St. Louis Mo., and employs 19,000 people.

The firm is known for its single broker offices traditional located in the nations small towns and suburbs. Clifton Park's representative Jeff King, said the firm's small town reputation can be

"Even though we are not on Wall Street, our state-of-the-art satellite network gives us access to as much or more information as someone standing on the floor of the New York Stock Exchange," he said, adding, "Our firm had always invested in technology, allowing our investment representatives to provide real-time stock quotes and upto the minute financial information."

Edward Jones is one of the fastest growing investment firms in the nation and markets itself as the only firm that serves individual investors exclusively.

The firm's investment representatives offer individual investors a mix of securities including mutual funds, insured tax-free bonds, certificates of deposit and common stocks of companies with histories of solid growth and sound management.

The firm's philosophy revolves around personal service aimed at helping customers achieve their long-term goals.

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Spotlight on BUSINESS .

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Issue Date February 23 Ad Deadline Feb. 9

# Excelsior Credit Union goes high-tech with virtual branch

BY HEATHER BROCKBANK

xcelsior Credit Union is moving into the new millennium with confidence. For the 19th consecutive year, Bauer Financial Reports gave Excelsion a five-star superior rating for its financial performance. Excelsion representatives say the benefits of such high performance are passed on to its members through a wide range of

We pride ourselves with very personalized service, very competitive loan rates and free checking accounts," said Robyn Alrelia, marketing director at

Because Excelsior is memberowned, all programs of the credit union are tailored to the members' needs.

One of the newest additions to Excelsior is virtual branch on-line banking that allows members the convenience of banking from their own personal computer at any location. The virtual branch can be easily accessed through their Web site.

We're changing with the times with our virtual branch on-line banking," said Aurelia. "Our members really seem to

Aurelia says that is just one of the many benefits offered by Excelsior.

During the year 2000, Excelsion plans to also acid a bill payment option over their web site, Aurelia :a.d.

They also have a 24-hour telephone system, no-surcharge ATM, on-line loan applications and direct deposit options. Excelsior now offers a Visa check card and a Visa platinum card with a fixed 9.9 percent APR.

"We're a full-service financial institution in every sense of the word," said Aurelia.

Excelsior's tradition of service is long-standing. The credit union has served members since it was first chartered in 1915. For the individual looking for an alternative to traditional Danking, Excelsior has proven to be a dependable choice.

Becoming a member of Excelsior is easier than one might expect. Unlike

some other credit unions, Excelsior can offer their services to anyone living in the Capital District, regardless of their place of employment. And for businesses, Excelsior can offer their services to employees at no cost to the employer. Excelsior serves more than 11,000 members and over 225 local companies including CDPHP, Empire Blue Cross and Blue Shield, Albany Molecular Research Inc. and the Albany Police Department.

Excelsior is located on 341 New Karner Road in Albany. For more information call 456-7144 or visit their web site at www.excelsiorcu.com.

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Douglas J. Bauer, ChFC, CFP District Supervisor 1719 Central Ave. Albany, NY 12205

Todd A. Slingerland, ChFC, CMFC, CFP Division Manager 1 Executive Centre Drive, Suite 205 Albany, NY 12203 The notion that

long-term care

for the elderly

segment of the

population is

quickly fading.

Philip C. Gallant.

insurance is only

# New York Long Term Care Brokers help investors with future planning

BY JENNIFER ARSENAULT

lanning for your long-term financial security may seem like something that can wait until far in the future, but

the average age of people purchasing longterm care insurance is 🛶 dropping.

"The notion that long-term care insurance is only for the elderly segment of the population is quickly fading," according to New York Long-Term Care Brokers, Ltd. Executive Vice President Philip C. Gallant.

New York Long-Term Care Brokers, Ltd., is a nationally recognized award-winning brokerage

firm that focuses exclusively on long-term on-site seminars for associations, civic, care insurance consulting and sales.

The firm offers a portfolio of longterm insurance policies for individual people, employer-sponsored groups and professional associations. Additionally, firm staff help the general public preserve assets and independence.

> The diverse client list includes major universities, trade associations, health maintenance organizations, and individual consumers in more than six states. From the corporate home office in Clifton Park, the firm offers services such as toll-free consumer help lines, a professional executive support team, a comprehensive portfolio of long-term care policies, licensed enrollers, multistate subscriber groups,

retirement and other employee groups,

and payroll deduction/list bill capabilities insurance to evaluate its suitability for with Affinity discounts.

They represent a variety of companies, including Travelers, CAN, GE Capital, American Progressive, John Hancock, Finger Lakers, AIG, American Travelers (Conseco), UNUM, U.S. Life, Banker's Life, Commercial Union, Aetna, Presidential Life, 1st Alexander Hamilton, Royal, Security Mutual, 1st Safeco, Fortis, National Integrity and Penn Treaty.

The firm recently expanded its range of services with the addition of a Web site.

The site features interactive tests and worksheets that can be used by those interested in buying long-term care

"Our goal was not to have a site like so many others where you just add information about long-term care. We wanted it to be a resource where people who are considering the purchase of longterm care insurance could actually get some help with the buying decision," said Vice President Kevin Johnson.

He added, "Everyday we hear clients express concerns about how to decide whether or not they should purchase long term care insurance. We believe our interactive response tests, as well as our underwriting questionnaire, will help prospective clients to make the allimportant buying decision."

The firm also provides community services with programs like public workshops on long-term-care-related issues, and a fully accredited continuing education program for financial services industry professionals



The New York Long-Term Care Brokers, Ltd. Web site is located at www.NYLTCB.com. Their offices are at 11 Halfmoon Executive Park, Clifton Park, NY, 371-5522 or 1-800-695-8224.

# Area's largest credit union offers full range of services

BY JENNIFER B. MILLER

he largest credit union in the Capital District, State Employees Federal Credit Union, has been serving the financial needs of its members 🦩 for more than 65 years.

SEFCU operates 12 branches and maintains nearly 30 ATMs in Albany, Syracuse and Binghamton service areas. Locally, there are branches in East Greenbush, Clifton Park, Troy, in Colonieon New Karner Road, and in

> Albany on State Street, the

Empire State Plaza and the

New York state campus. SEFCU

employees more than 200

individuals, has

Kilburn, vice

We are introducing on-line tax computing for our members.

100,000 members and assets in excess of \$600 million. It is figures Christine like these that Hogan-Kilburn Christine Hogan-

president of marketing, said set SEFCU • apart from other banks and credit

"Being the largest credit union with • so many members and assets over \$600 million, we can provide a broad range of products and services," she said. "Also, our phone and on-line access makes it convenient for people with busy schedules."

Originally, SEFCU membership was available only to state employees and their families but that has recently changed. SEFCU currently serves 400 employer group members and their staff, retirees and volunteers.

Beyond the traditional savings and checking products, Hogan-Kilburn said SEFCU offers extremely competitive rates on long-term savings products and \$ consumer, auto and home loans.

Members also have access to 24hour banking by phone and the Internet, debit and credit cards, Internet loan applications, and information any time at SEFCU's Web site — www.sefcu.com.

SEFCU also recently introduced on-line banking in its lobby at the New Karner R ad and Troy branches.

"If the lines are long and a customer is in a hurry, they can access on-line services in our lobby," Hogan-Kilburn said. "This is something we are looking to expand in other branches in the coming year. We are also introducing online tax computing for our members.

To contact SEFCU, visit the Web site or call 452-8183.

# **OFFICE SPACE FOR LEASE**

### **NEW CONSTRUCTION • 596 New Loudon Road**

**Description:** Offered for lease is 1,761 useable square feet of Class A office space in the new Schuyler Office Building at Newton Plaza. The building, a single story brick structure, is currently under construction. The available space will be configured as needed. The building is fully handicap accessible. There is abundant on site parking.

Occupancy:

April 2000 based on tenant buildout specifications.

LOCATION:

Situated in a park-like setting the new Schuyler Office Building is located at the northern end of Newton Plaza behind Starbuck's Coffee. The access road runs in next to Starbuck's and a monument sign is planned at the plaza entrance for easy reference to building location.

For further information, please contact:



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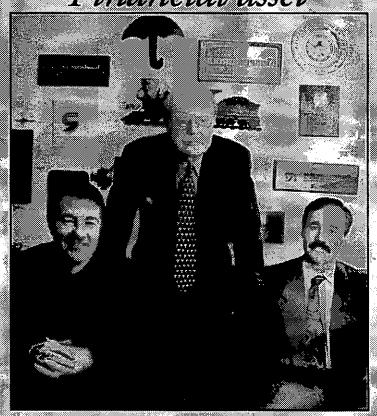
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Bryant Asset Protection A.W. Schemerhorn Agency Inc., offers a variety of services. Mark and Jeff Bryant pictured here with Al Schemerhorn can meet the clients insurance financial planning and investment needs The firm was started in 1951 by Charles Bryant. Jim Franco

# Central National Bank expands into Saratoga

By Jennifer B. Miller

n today's high-tech world of banking, Central National Bank continues to offer its customers that old-fashioned personal touch. Established in 1855, CNB is headquartered in Canajoharie with 30 offices in nine counties throughout eastern, central and southern New York state. CNB is a full-service commercial bank offering deposit and loan products, car leasing, trust services and a full array of commercial banking products and services to area consumers, businesses and government entities.

With banks seemingly popping up left and right these days, it takes something special to sustain customers and attract new ones - something bank president Don Brass says CNB has.

"It boils down to our commitment to high-tech and high-touch — our personal service offered to our customers," Brass said.

'We offer a high quality of personal service but are up-to-date with today's high-tech banking. We have a commitment to remaining a community bank with the services of the bigger banks," he added.

On the personal side, Brass said they have staffed drive-through windows, not just ATM machines, and also have a call center to answer customer's questions and inquiries. On the high-tech end, CNB offers telephone services with a voice response unit and on-line banking services at its Web site at www.canajo



CNB is also expanding into Saratoga County, most recently with an in-store location at Price Chopper in Clifton Park. A new branch in Halfmoon is expected to open by the end of the month and Brass said they are looking at additional Saratoga County sites including one in Greenfield.

"The general business climate in Saratoga County encouraged our move there," Brass said.

"And, we also had many commercial lending customers who expressed an

interest for more local branches.

Looking ahead to the new year, Brass said CNB's marketing department is working on an exciting new product that will be unveiled in the next couple of months.

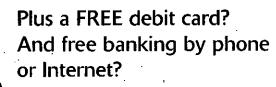
addition, he said they will continue to offer additional insurance products for their customers

including a new title insurance company. To contact CNB, call 673-3243.

## We have a commitment to remaining a community bank with the services of the bigger Don Brass

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Representatives say their only agenda is to assist clients in developing and fully implementing a plan that addresses a client's particular need.

Waddell and Reed represents more than 100 fund families and many insurance companies so firm representatives say clients receive objective financial advice and product recommendations.

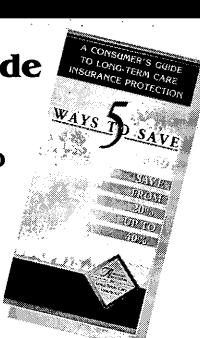
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#### FINANCE

# Bank of Scotia combines small town tradition with latest innovations

BY KATHERINE MCCARTHY

hen the First National
Bank of Scotia opened
in 1923, the 3-person office
was called the Glenville
Bank. Three years later, the bank moved
from 124 Mohawk Avenue in Scotia to its
current location at 201 Mohawk Avenue.
There are now 10 branches of the First
National Bank of Scotia, with 150
employees, but it is still an independent,
family bank.

"We have no plans to merge with
any other bank, now, or in the future,"
Rebecca Dashnaw, who manages
advertising for the bank, said. "We're
small enough to know our customers, and
we want to remain a family bank."

Which doesn't mean that the First National Bank of Scotia is behind the times. In fact, they've long been innovators in the bankin'g area. In 1948, the bank opened the area's first drive-in window. In 1962, they were the first bank in the United States to use an electronic

computer to service savings accounts.

To continue their improvements, the bank most recently went to an imaging system, whereby they photocopy checks to

whereby they photocopy checks to send back to their customers. "We furnish our customers with a 3-ring binder," Dashnaw said, "to keep the copies of their checks. They can use these pictures for the same things they'd use cancelled checks for, and they don't have to worry about misplacing individual checks. This also helps

us keep our costs down, in terms of storage and postage, which means we can keep our fees to our customers down."

The First National Bank of Scotia offers checking accounts, deposit accounts and business accounts that all

offer good rates and low fees, Dashnaw said. Many of the branches have ATMs, and they offer VISA and Mastercard.

"We have competitive C.D. and car loan rates," Dashnaw said, "and since we're a commercial bank, we do commercial mortgages." Three of the bank's branches have full-time brokers who can assist with financial planning.

Another of the bank's newest programs is a program called Business Manager, designed to help businesses in a growth mode handle

their receivables.

Rebecca Dashnaw

to merge with any

other bank. Were

know our customers,

small enough to

and we want to

remain a family

bank.

The First National Bank of Scotia keeps a hand in the community, through employees involved in different organizations, and its art program. In this program, students submit work to the bank, which chooses one design to use on its Christmas cards.

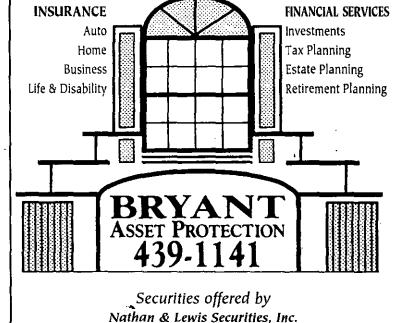
This year, the bank is sponsoring Olympic athlete Jason Morris, a Glenville resident who will compete in judo in the August games.

The main office of the First National Bank of Scotia is at 201 Mohawk Avenue in Scotia. There are also branches in Clifton Park-Halfmoon, Colonie, GE R& D, Glenville, Guilderland, Niskayuna, Rotterdam, Saratoga, and Schenectady.



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# Schuyler offers complete real estate service

fter a number of years in the same spot a Schuyler Companies is moving down the road in Colonie. Officials say the move from 582 to 596 New Loudon road won't change their way of operating.

Schuyler companies is a full service commercial real estate organization based in New York Capital District. For more than 20 years they have been meeting the total real estate needs of clients throughout upstate new York and western new England. Schuyler can provide assistance to landlords tenants sellers or buyers, in the areas of site selection and sale leas negotiation and construction and property management.

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Representatives say they provide the highest degree of professional personalized service for all their clients. They do this buy delivering excellent products and services.

Schuyler representatives say they keep attuned to the needs of and concerns of the market they serve through membership in professional organizations including the International Shopping Center council and the commercial and industrial Real Estate Board and the Albany Board of Realtors. They provide real estate solutions through a staff of specialists.

Schuyler companies offers a comprehensive real estate service.

Through four integrated divisions, Real

Estate Brokerage, Construction Management, Property management and Real Estate Development they offer the convenience and efficiency of a turnkey service

Representatives say their clients range from individual owner/operators to national franchises requiring extensive site planning, location, renovation, and management assistance, All receive the customized, attentive service that representatives say is their hallmark.

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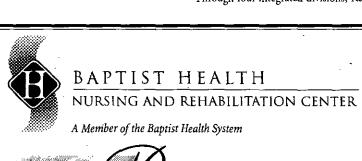
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\*Rate comparison from the Capital District Business Review as of 1/24/00.



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a town and

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part of the

community.

Jeff Rivenburg

# Evergreen Bank branches out into Captial Region communities

BY JOSEPH A. PHILLIPS

vergreen Bank, a subsidiary of Banknorth Financial, is a growing regional presence in upstate New York.

The opening back in December of its 29th branch, and ninth in the immediate Capital District, at 343 Delaware Ave. in Delmar is testimony to

That office joins other local branches in Clifton Park, Latham, Mechanicville, Niskayuna and Colonie, and Evergreen is looking to open another within the next year, at a location yet to be identified.

Yet don't expect Evergreen to become a 40-or-50 branch behemoth anytime

Headquartered in Glens Falls, Evergreen remains rooted in its tradition as a hometown

banking institution. "We're continuing to look to expand in the Capital Region," says Evergreen Senior Marketing Manager Maureen Vedder. "It's a good market for us. But we still are a true community bank. We typically go into areas where our style of

banking is needed." Vice president Jeff Rivenburg, who oversees commercial banking operations for the company agrees.

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"Rather than having a branch on just any corner, or every corner, in a community, we have concentrated on locating in the heart of the business community in which we locate," he said.



At its regional branches, Evergreen offers a host of commercial banking products and services, particularly geared toward small-to-medium-sized businesses, local municipalities and governmental entities, and the home-

based entrepreneur.

As a preferred lender for the Federal Small Business Administration, they are one of the leading small-business lenders in the region, from fast-turnaround, reduced-paperwork lines of credit to real estate financing to supplemental commercial financing and customized corporate credit card services. They also offer a number of products facilitating import-export operations.

Evergreen's Business Advantage and Business Advantage Plus checking offers daily transaction checking services for high-activity accounts, including daily reporting by fax if desired.

And among the new products

offered by Evergreen are PC-based desktop banking giving businesses instant Daniel J. Burke. access to account information, wire-

transfer capability and online paydown and advances on their lines of credit.

Investment and assetmanagement services include employee-benefits products from 401(k) plans and IRAS to profit sharing. They also include a host of private banking services, trust and portfolio custodial services, and estate settlement services.

Representatives at each of the branches handle many of these services, but there's also knowledgeable support for small businesses just up the Northway in the Glens Falls headquarters.

A new area of service for Evergreen: commercial equipment-leasing programs and financing, covering.

"Anything that's not vehicular --- everything from copiers and computer setups to equipment that a contractor might use. Anything you would normally finance through a term Ioan," said Rivenburg.

At the new Delmar branch, says Vedder, "The community has embraced us, and we're doing great down there."

In the near future, she says, Evergreen will be looking to launch its 30th branch in a similar locations, perhaps in suburban Schenectady or southern Saratoga County.

"Like all of our branches," says Evergreen President and Chief Executive Officer

"Delmar is a great fit for the bank,

and we think we're a good fit for the town. We move into a town and become a part of the community," he said.



The recently opened Delmar Branch of Evergreen Bank located on Delaware Ave.

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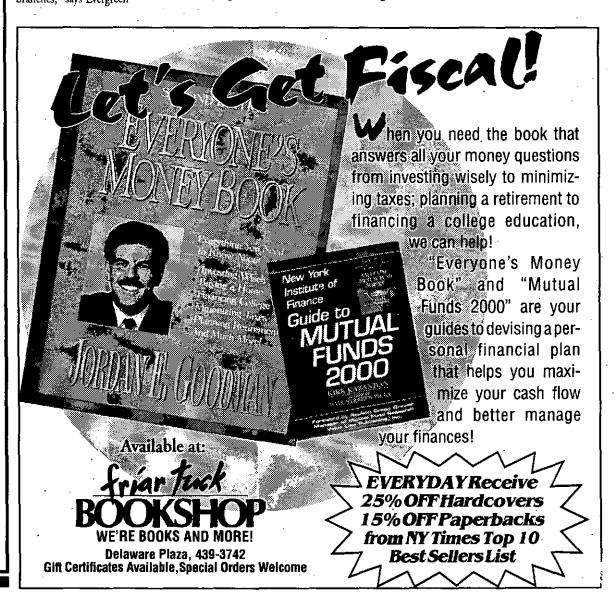


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# Key Bank takes pride in rich history while looking to the future

ey Bank has a rich and diverse history that is woven from the archives of more than 100 financial institutions around

## History

While Key's origins date back to 1825, its most important modern milestone took place on March 1, 1994, when KeyCorp in Albany, New York, and Society Corporation in Cleveland, Ohio, merged to form a "new" KeyCorp.

The merger, one of the largest financial institution mergers in U.S. history, was successfully completed only five months after the definitive merger agreement was announced. The resulting company, now with assets of \$74 billion, is headquartered in Cleveland and is the nation's 14th largest bank-holding company.



One of KeyCorp's early predecessors was the Commercial Bank of Albany founded in 1825. Another was Society for Savings in Cleveland in Cleveland founded in 1849 as a mutual savings

From these two ancestor companies, KeyCorp has maintained a tradition of being one of the highest performing and innovative financial institutions in the

KeyCorp was a pioneer in establishing branch banks and was one of the first banks to advertise aggressively its products and services.

In 1945 the bank was a forerunner of international banking and in the 1950's it was the first commercial bank in the United States to use an online teller terminal.

During the 1970s Key premiered the first automated teller machines (ATMs) and cards in the Midwest and point-of-sale electronic debit services in upstate New York.

In 1979 the corporation adopted the Key name to develop a consistent identity among the holding company and its subsidiaries. In 1983 KeyCorp's common stock was listed on the New York Stock Exchange under the symbol KEY.

### Mergers and acquisitions

One growth strategy Key has successfully pursued is growth through mergers and acquisitions. In doing so, Key has acquired community banks and thrifts as a means of expanding its presence in certain markets and establishing itself in others. Key's first interstate acquisition occurred in 1984 when Key entered the State of Maine.

Over the next few years, Key broadened its base through entries into the states of Alaska, Idaho, Indiana, Michigan, Oregon, Utah, and Washington. In 1987 Key Bank USA NA was formed to provide banking services by mail to customers nationwide.

è

The 1990s brought new potential for growth by acquisition when, through regulator-assisted acquisitions, Key acquired several banks and thrifts. The largest of these was the 1991 acquisition of Golddome Savings Bank with in excess of \$7 billion in assets.

Key's largest non-regulator-assisted acquisition was the 1992 acquisition of Ameritrust Corporation, a \$10.5 billion bank holding company with retail and trust offices in Ohio, Indiana, Michigan, Florida, and New York.

Since 1992 KeyCorp has enhanced its presence in its markets with additional acquisitions in Idaho, Michigan, New York, and Washington. Key also acquired banking operations in Colorado, Florida and Vermont, and established a banking presence in New Hampshire

On August 11, 1997 Key became the first bank in the northeastern United -States to offer nationwide banking services to its customers.

Key consolidated its twelve bank subsidiaries into one national banking enables Key to provide consistency of products service, and accessibility to customers both in existing and new geographic areas.

### Branches

Key has 61 branch locations and 92 ATMs in the eleven-county area: Albany, Columbia, Fulton, Greene, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, and Warren.

### New Technology

In addition to its offices Key operates a network of 2,600 ATMs and telephone banking centers (1-800-KEY2YOU) that provide access and financial products 24 hours a day.

Key's Web site is WWW.Key.com.

In recent years Key was the first nationwide bank to offer four-channel

real time banking service including branches, ATMs telephone service and internet access. Key's

technology allowed customers transactions to happen in real time that is funds immediately at an ATM.

a customer could transfer funds via internet or telephone from one account

On August 11, 1997, Key became the first bank in the northeastern United States to offer nationwide banking

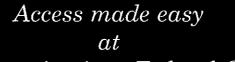
servies to its customers.

to another and be able to access those

Some of the latest technology includes a service called personalized

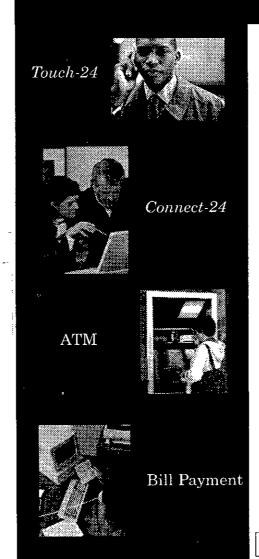
> customization. With that service customers fill out a personal profile

information about their financial and personal interests and needs on-line.



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Front Row Left to Right: Charles Spinnato, Susan Phillips, Jason MacGregor.

Back Row: Sean Moloney, Kelly Anderson, Jonathan Tellstone, Douglas Moynihan, Becky Carey-Hirsch

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# Beverwyck retirement community offers all the comforts of home

BY REBECCA LANE

everwyck Retirement Community located at 40 Autumn Drive in North Bethlehem opened in 993 as Albany County's first full service retirement community.



The community provides 187 oneand-two bedroom apartments as well as 15 cottage homes of independent living. units for assistive living residents, seniors

The

Beverwyck

provides a

residential

home-like

environment

who require some assistance with their daily care. Doug Miller, vice president executive director of the Beverwyck, described the goal of this 🔍 residential community.

"The Beverwyck is not meant to replace a nursing home," Miller said.

"It's meant to fill the gap between living completely independent being able to self-manage all of your needs — and

having to go into a nursing home. It falls

In 1999, the community opened 41 between the two, providing a very residential, home-like environment."

> Residents of the Beverwyck receive a meal plan program set in a restaurant dining area. Transportation services are available for doctor and medical appointments. The community provides social activities seven days a week, a library, an auditorium with a movie theater system and a health Doug Miller spa. The grounds surrounding the residence harbors nature trails, a pro-

golf green, shuffle board and a community garden.

"Often seniors take the tour with their children," Miller said. "When they see what we have to offer, the children say, When can I move in?"

The Beverwyck offers the security of an environment that provides any level of assistance for the resident when needed.

As a resident ages, they have the availability of assistive living which matches the level of care required by each individual.

Assistive living provides 24-hour care for residents needing help with bathing, ambulating, medicine or dressings. While this care is available, the resident is still able to maintain a relatively independent lifestyle.

"We provide a worry-free environment for seniors to live in," Miller said. "Beverwyck is for someone who wants to get out of home ownership someone who can't maintain that home, who needs to find a way to mow the lawn or shovel the driveway.

Moving to Beverwyck allows them to continue an independent life full of choices while maintaining the security of an environment that provides any assistance they might need."

The Beverwyck Retirement Community provides tours by appointment. To view the grounds, call

## Delmar health professional provides Neurofeedback THIS TIME OF Y eurofeedback, or brain wave

biofeedback, a nonpharmacological treatment for Attention Deficit/ Hyperactivity Disorder, has recently become

available in the Capital District for the first time.

The treatment is being offered by Cindy Perlin, a certified social worker and certified biofeedback practitioner in private practice in Delmar.

Cindy Perlin Perlin owns and operates The Wellness Center on Delaware Ave. in ADHD is new to the Capital District it

Neurofeedback has been shown to improve attention, focus, concentration, task completion, organizational skills, impulsiveness and hyperactivity.

Treatment with this approach

improves behavior, learning and school grades or job performance.

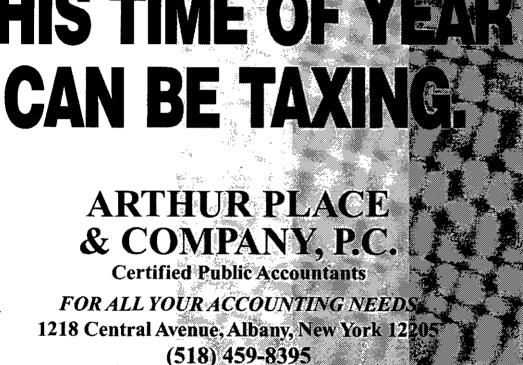
> It also results in increased selfesteem, higher intelligence scores and improved scores on Parent-Teacher rating scales. Neurofeedback treatment of AD/HD can prevent the need for medication or allow individuals already on

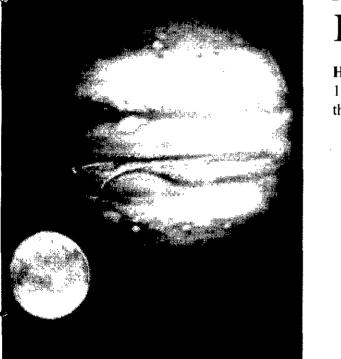
> > medication to reduce or discontinue its use. Although neurofeedback treatment of

more than 15 years. Follow-up studies done after 14 years of its use show that gains made with this treatment are maintained over time.

has been in use in the United States for

For info, call Perlin at 439-6431.





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# STAR has March 1 deadline

ethlehem Town Assessor David Leafer reminds residents enrolled in the Enhanced STAR tax relief program that in order to remain eligible, proof of income for either 1998 or 1999 must be filed with the town assessor's office by March 1.

The exemption is limited to homeowners 65 years and older who earn no more than \$60,000 a year as a family. It requires annual renewal.

Enrollees in the Basic STAR program — which is open to homeowners of all ages and incomes are automatically eligible for a school tax exemption and are not subject to an annual renewal.

People who are not in the STAR program and/or people who have purchased homes within the past year and have not signed up for STAR benefits are urged to enroll as soon as possible by contacting the assessor's office at 439-4955, ext. 103.

# Family Funeral Care offers quality service at an affordable price

BY DONNA J. BELL

uality service at an affordable price" is the motto of Family Funeral Care at 40 N. Brandywine Ave. in Schenectady. In sibusiness since

 January 1999, Family Funeral Care offers the same dignified services as other funeral homes, but at a price about 30 percent less than the national average.

"We offer the highest quality service at the lowest price in the Capital District,"

said manager Tom Verret.

One of the reasons that Family Funeral Care

services are so affordable is that the company does not keep costly inventory at the mortuary. Instead, customers can choose from a wide range of products,

including caskets, urns and memorials from a specialized computer system

They can see the money and the family members select what they would

"After

like, we have

it delivered

within hours," Verret said.

know how it was allocated.

Family Funeral Care also offers their clients the ability to prearrange and

on by kids and residents of the center.

Tickets are \$8 for seniors, \$9 for adults

For information on Baptist Health

and \$6 for students. Tickets can be

purchased by calling 370-4700.

System, visit the Web site at

www.bapthealth.com.

prepay for their funeral needs. Clients can arrange in advance everything from the calling hours, to the choice of church or facility, to the selection of a casket or



"It gives people peace of mind, knowing that they are not passing on the burdens of funeral decisions and funeral costs to their family," Verret said.

"And family members don't have to say 'I wish I knew what mom or dad wanted,' they know those decisions have already been made."

"They can spend the time they would have taken making arrangements to be with their friends and family,"he added.

Verret said that customers often tell him after they have made the prearrangements they feel relieved to have completed an important aspect of their estate planning.

"When they sit down to look at their estate and want to get the highest possible care at the lowest price — that is where Family Funeral Care comes into play. They can see the money they have and how they want those dollars allocated," said Verret.

Family Funeral Care also prides itself in keeping the needs of its clients in mind.-It accommodates families with young children by offering a child's play room, where parents can comfortable, supervise their children while watching the funeral on closed-circuit TV.

It also offers a free conference room for groups and organizations to hold

For information, call 382-5440.

# Baptist Health System serves the community

BY JENNIFER B. MILLER

aptist Health System has been operating in the area since 1977 and continues to serve the needs of the community through new products and services.

We are

constantly

trying to

update our

services to

meet the

needs of the

community.

**Betty Phillips** 

Originally named Baptist Retirement Center, the 180-bed nursing home in Scotia recently expanded with a new 85-bed wing. According to Betty Phillips, director of public relations and marketing, the new wing enabled the center to expand rehabilitation services and provide short-term as well as long-term care.

Now named Baptist Health Nursing and Retirement Center, it is the second largest nursing home in Schenectady County and one of the largest employers.

In late 1998, Baptist Health added another entity, Baptist Health Family Medical Care, offering both primary and urgent care. The facility is located behind 🔪 the Baptist Health System

According to Phillips, there was no medical facility in Scotia, so it was something the community needed.

Phillips said Baptist Health is special because they are "people caring for people."

"We are constantly trying to update our services to meet the needs of the community," Phillips said.

> Updating and expanding services is important, but what really sets Baptist Health apart is

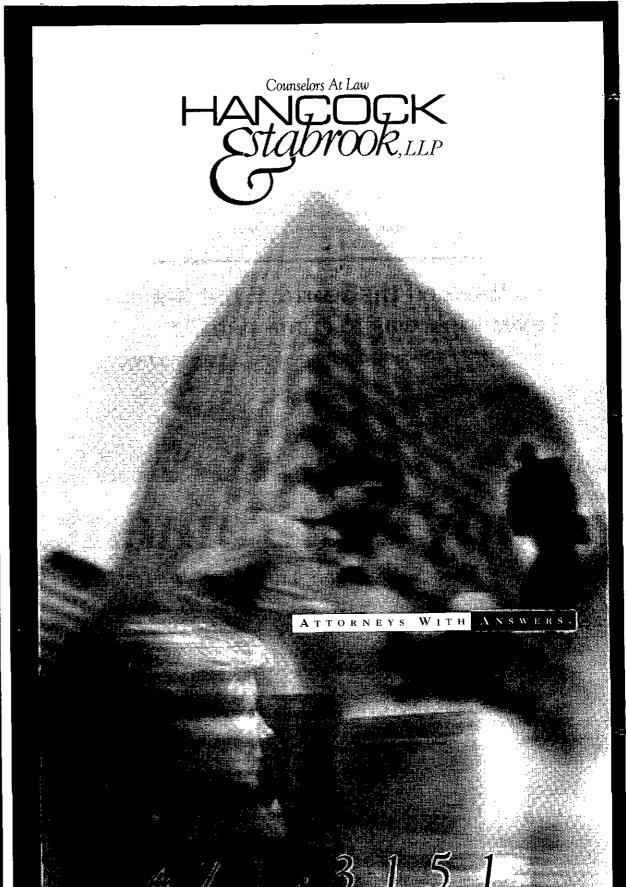
"We have turnover as does every nursing home, but we have great success with longevity," Phillips said. "Our managers have all been here for 15 years or more and that affects the running of the facility and makes us

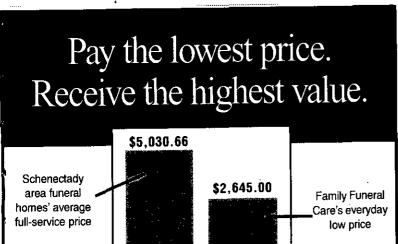
Baptist Health is religiously-affiliated and although they are multidenominational, Phillips said the religious aspect makes

Baptist Health a "wee-bit better than the

Baptist Health is a non profit organization which relies on donations and fund-raisers to operate. Coming up March 31 is the center's annual Kids

This year it is titled "Young at Heart" an intergenerational program put





When you compare our services, convenience, staff, experience and selection, the only difference between Family Funeral Care and other Schenectady area funeral homes is our price.

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Kom- 1. Vene 7 Thomas A. Verret



40 North Brandywine Avenue, Schenectady (518) 382-5440

Based on data compiled from Schenectady area funeral homes price lists received September, 1999 with 18-gauge Primrose casket (or comparable). Full-service includes: transfer of remains; embalming; dressing and casketing; cosmetology; basic arrangements; use of facilities for visitation and funeral service; supervision of visitation and funeral service and hearse.

# Historic Central New York law firm continues with plans for growth

ancock & Estabrook, LLP, Central New York's fastest growing law firm, currently employs 70 lawyers and 95 paralegals and support personnel.

The firm is a traditional leader in the areas of business and tax law, litigation, labor and employment law, intellectual property law, health care law, environmental law and trusts and estates.

The firm occupies four floors of MONY (Mutual Of New York) Tower I, a major landmark in the heart of downtown Syracuse.

A satellite office in Albany enables the firm to stay in touch with the seat of Estabrook is tied inextricably to the lives state government.

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Donald Denton

unique

The firm originated in 1889 when Theodore E. Hancock founded Hancock, Beach, Peck and Devine, with offices in the White Memorial Building in downtown Syracuse. In doing so, he laid the groundwork for the law firm today known as Hancock & Estabrook,

The history of today's Hancock & of the Hancocks: Theodore

E. Hancock; his son Stewart F. Hancock, who succeeded him and guided the law firm into the modern age; and Stewart F. Hancock, Jr., a recipient of the state Bar Association's Gold Medal for distinguished service in law, recently rejoined the firm after a successful career

serving on New York's highest tribunal, the Court of Appeals.

The Hancock name is similarly interwoven into the fabric of the Syracuse attributed to youthful competitiveness community and its history and development.

Whether in private industry, public service or the arts, Hancock & Estabrook plays a major role in Central New York.

From the moment visitors to Syracuse arrive at Hancock International Airport named after Clarence E. Hancock, the founder's son and former partner, the firm's impact is readily

The firm's attorneys are active in dozens of local charities and community organizations and represent many of the region's largest employers, including businesses, financial institutions, manufacturers, health care organizations and educational institutions.

Hancock & Estabrook enters the new millennium with an energetic and aggressive pool of attorneys committed to its founding philosophy: to provide quality legal services in a timely and costeffective manner.

The firm's continued success can be and a pro-active approach to client

"We listen carefully to each client's unique circumstances and then we deliver responsive service," said Donald A. Denton, the firm's managing partner.



Hancock & Estabrook's strategic plan calls for continued growth, excellence of service, and a strong commitment to its clients and community.

The plan reflects the philosophy that has served Hancock & Estabrook for more than 110 years and will guide it well into the new century.

# An industrial real estate company branches out

BY KATHERINE MCCARTHY

n 1979, Robert Cohn set out to create an industrial and commercial real estate agency. In the ensuing years, the company helped businesses like Ford Motor Company, Price Chopper, Albany Medical Center, and area colleges find places to build or expand their businesses.

Today's president and principal, Jeffrey Sperry, is proud of his company's reputation.

"For the past six years," he said, Capital District Business Review has ranked us as the #1 commercial real estate firm in the area."

In November of 1998, Robert Cohn formed an alliance with CB Richard Ellis, the world's largest commercial real estate provider, to create today's firm, CB Richard Ellis/Robert Cohn. They do no

residential real estate, but have been instrumental in the sale of many office buildings and small retail spaces.

"We partnered with CB Richard Ellis to bring more business to the Capital Region," Sperry said. "This gives us the opportunity to have the technology and education offered by a larger group of professionals. It also lets us do a lot of networking."

The past few years, Sperry pointed out, have been good ones in the Capital District, which means that CB Richard Ellis/Robert Cohn is now working in a larger geographical area. "We're not so micro anymore," Sperry said. "We work from Orange to Clinton counties. We offer market knowledge and the negotiating skills necessary to complete commercial real estate transactions.'

There are 12 associates at CB Richard Ellis/Robert Cohn, along with 7 staff members. "There's a great breadth of experience at the firm," Sperry said. "You go to a doctor for his knowledge and experience, and that's why people should use us for their commercial real estate

Sperry outlined the company's goals for the year 2000. "We'd like to become more proficient with technology," Sperry said. "We plan on expanding our coverage in the general marketplace, and get a foothold on the potential users of commercial real estate. We also want to make sure that we continually update our database, so that it's the most accurate and current one in the region."

CB Richard Ellis/Robert Cohn is located at 255 Washington Avenue Extension in Albany. Their phone number is 452-2700, or you can visit them on the web at www.Robertcohn.com.



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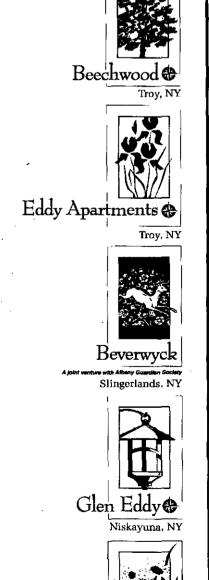
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# Experience is key to growth and service for Prudential Manor Homes

By Elizabeth Byrns

t has been à good year for Prudential Manor Homes Realtors in Delmar. The family-owned office saw a 20 percent increase in properties bought and sold in 1999, according to broker manager Cathy Griffin.

Griffin attributes the increase in sales to her experienced full-time staff and the healthy real estate market in the Capital District.



"It is a good time for sellers and buyers. There is a lack of good properties on the market, and mortgage rates are still reasonable," she said.

Griffin has been the manager of the office in Delmar for a little over a decade and has seen how technology, including the Internet, has revolutionized the real estate business. With a more informed buyer armed with the descriptions and locations of properties readily available on the Internet, Griffin believes the realtor's role is even more important that it was in years past.

gatekeepers of the information, they are

the managers," she said.

Griffin sees the new role of the realtor as one of an advocate. "The buyer or seller still needs someone on their side to help them interpret information," she

For many people purchasing a home is their biggest investment and because Prudential Manor Homes Realtors in Delmar is affiliated with a national

company can offer the services needed to Prudential in 1993.

ensure the entire process is done to the client's satisfaction.

> "Many closings are taking place in 20 to 30 days because all the services from buying insurance, to securing a mortgage or searching for a title are done here. That is one of the biggest benefits of a national affiliation," she

Prudential Manor Homes

Realtors, in Delmar has Cathy Griffin been in existence since 1922. It affiliated with

# Coldwell Banker offers a new moving service

BY JENNIFER ARSENAULT

ith its nationally recognized name and strong local presence, Coldwell Banker Prime Properties has been helping Capital District residents successfully find their dream home for over a decade.

The company opened its doors in the Capital District 14 years ago, when owners Kenneth Raymond and R. James Long established a Guilderland office.

Since then, their starting staff of four sales associates has swelled to more than 300 operating out of 13 Capital District locations.

"Coldwell Banker Prime Properties" continued vision and growth is based on our commitment to meeting the needs and exceeding the expectations of our customers and clients," said Vicepresident Estelle Momrow.

Buyers and sellers are offered a full range of services for residential, investment, and commercial real estate.

A new service offered by Coldwell Banker Prime Properties in this area is the concierge service department. "The concierge service takes the stress out of a move," Momrow said. The service was established to help buyers and sellers deal with any issues in the sale or purchase of a property.

Coldwell Banker Prime Properties is also a member of Cendant Mobility, the largest relocation network in the country. They also offer auction and home warranty services.

Last year Coldwell banker Prime Properties Commercial Division moved into a new office in Latham and expanded its operation as well. The company's "Everyday, Everywhere Until It's Sold" approach includes marketing strategies unique to Coldwell Banker Prime Properties, Momrow said.

The company has a presence on five Web sites, including their own at www.coldwellbankerprime.com.The 24 hour Homeline system (456-HOME) provides phone access to information about all of the company's listings.

Representatives say 1999 was the company's most productive business year

ever. More than 5,300 properties were sold.

Raymond and Long attribute the company's growth over the last several years to dedicated sales associates and a progressive approach to management headed by general sales manager John McNamara.

Community involvement is also important to Coldwell Banker. Their playhouse sized trailer, known as the Fire Safety house, is used by local fire departments to teach children all about

fire safety. The Guilderland office has been a major supporter of the Friends of the Schoolcraft House, while the Colonie office has been involved with building senior housing.

The company also supports local charities such as the Daffodils for Cancer in Bethlehem, the Making Strides for Breast

and the Make A Wish Foundation.

# Estelle Momrow Cancer Walk, Habitat for Humanity, Is it time to sell your very fine house and

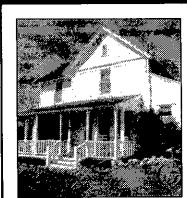
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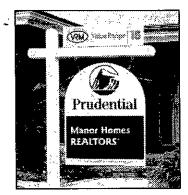
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# Noreast Real Estate Group means good neighbor

neighbors

neighbors.

Peter Staniels...

helping

BY HEATHER BROCKBANK

hen Peter Staniels and Doug Engels first opened Noreast Real Estate Group more than 10 years ago, they weren't looking to out-size other competitors in the



"We never sought to be the biggest, just to become the best," said Staniels. Now, the Noreast Real Estate owners feel they are accomplishing

Noreast has grown to fill offices in Delmar, Guilderland and Loudonville making it the largest of the small to midsized real estate companies in the Capital District. In addition to growth, Noreast is recognized for its superior service and roductivity.

Last year's Capital District Business Review named it the 6th most productive real estate company in the region. And recently the company's founders received honors for their stellar performance in real estate and community service.

The Greater Capital Association of Realtors, consisting of 2,000 members from 11 counties, named Engels "Realtor of the Year" and gave Staniels the "Community Service Award," for his work to provide improved housing

options for the elderly and disabled. Staniels was also elected president of the board for the year 2000.

As Noreast's co-owner, Staniels involves himself with projects to help homeowners with special needs such as the elderly, disabled and those with lower

Staniels is president of the Glen Eddy Retirement Community, currently being constructed in Niskayuna. He is also president of Homes for All a group that is an advocate for those with disabilities who need housing

As a member of the board of directors of Christmas in April, Staniels joins the efforts of this national organization to fix homes of low-income taxpayers. Volunteers and business donate their time and supplies to repair such things as leaky faucets and broken fixtures.

> They also install ramps and grab bars for the elderly.

"It's not charity," said Staniels of the project, "It's neighbors helping neighbors.'

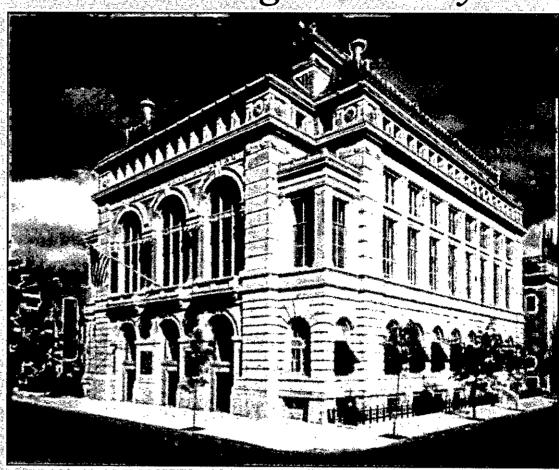
It is this philosophy, perhaps, that trickles down to the everyday customer hoping to buy or sell a home.

Noreast's founders work so that each customer will receive the best individualized service from their staff of tenured, full-time agents.

Agents participate in an ongoing training program in areas of customer service, sales technique, relocation services and the latest in computer technology.

Noreast is also a member of RELO, the largest independent relocation service

# Celebrating a birthday



The main office of the Troy Savings Bank located at Second and State streets in Downtown Troy this year is celebrating its 125 anniversary. Although the bank was founded in 1823, it wasn't until 1875 that its "new" main office was completed at a cost of approximately \$500,000. The bank is also the home of the Troy Savings Bank Music Hall, which is regarded as one of the finest acoustical concert halls in the world. Over the years, many of the most famous names in classical, contemporary, jazz, blues and country music have played or recorded at the hall. The Music Hall sits atop the bank and has a capacity of 1,250. Over the past years Troy Savings Bank has spent millions of dollars to restore the hall and the building to the way it was in 1875. An elevator was also installed, something not possible when the building and the music hall were constructed.

in the world, which gives Noreast the ability to reach out to people around the world and to serve those who may be moving into or out of the Albany area.

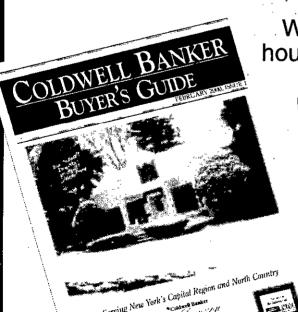
Noreast's main office is located at 1973 Western Ave. in Guilderland. Call at 456-0400 for information or check its Website at www.noreastrealestate.com.

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