

# Spotlight

Volume XLIV Number 31 Fifty Cents August 16, 2000

## Delaware Avenue open for business

By JOSEPH A. PHILLIPS

Without fanfare, two state Department of Transportation employees dragged the barrier at Delaware Avenue and Mason Road to the curb at 5 p.m. Sunday — reopening two lanes of Delaware Avenue to through traffic for the first time in nearly three months.

The decision Sunday to reopen the roadway, closed in May in the wake of the landslide in the Normanskill ravine, followed completion by emergency

contractor Reale Construction, shortly before dusk on Friday, of the third and final "lift" of temporary stone buttressing on the hillside. DOT spokeswoman Paula Kelly said officials waited out Saturday's intense rain and additional readings from the monitoring equipment on the hillside before alerting Supervisor Sheila Fuller of their intentions to reopen the road.

The limited reopening was welcome news to a business community on Delaware Avenue that has reported losses in the vicinity of 40 percent of normal volume in the wake of the road's closing. Some motorists passing the barricades after their removal honked horns and waved to DOT officials in celebration and craned for a first look at the formerly wooded hillside since roadblocks went up on May 18.

But while Fuller said she was "pleased" with the renewed flow of traffic, she added, "I did not want an elaborate opening. It's not elaborate until all four lanes are open. The time to celebrate will be November."

That remains the projected date for

completion of the final buttressing on the hillside by James Maloy Inc., the contractor now at work relocating the Normanskill. Work on the new creekbed on the Albany side of the Normanskill was slowed last week as the persistent rain required pumping out of the several hundred feet excavated so far. Only when the new and rearmored streambed is in

place will work begin on the final buttressing.

The temporary buttress completed last week contains more than 22.5 tons of stone, more than 10 meters high.

Though crews trucking and placing the stone were also hampered by the weather, "Reale finished this simply because they worked several 17 hour days at the end," said Kelly. "They were hauling in the dark, they were using 20 trucks at a time. They did a fantastic job."

There were, she said, some anxious moments in the last few days, particularly when forecasts Saturday called for as much as six inches of rain. A sloughing of part of the top edge of the scarp on Aug. 7, near the Albany Medical Center

**We always said we wouldn't want to reopen it until we can promise people, your family is safe going over it.**

Paula Kelly



Delaware Avenue is open after a three-month hiatus.

Joseph A. Phillips

office facility end of the slide area, also momentarily caused concern, but was quickly removed without slowing progress on the buttress.

"We have gotten so close so many times and had lousy weather or a big readjustment that we didn't think we'd

have this finished Friday," Kelly said. "We wanted to be extra cautious. The worst thing would be to open it in the morning and close it in the afternoon."

But when the weekend rains passed, and the inclinometers monitoring

OPEN/page 14

## Slingerlands man shines in Ironman

By ETHAN SCHOOLMAN

Slingerlands podiatrist Marc Ginsburg knows feet. After all, he has been treating them for 17 years.

But the last couple of years have taught the 46-year-old Ginsburg a thing or two he never learned in medical school. It was about two and a half year ago when he ran his first 5K race.

On July 30, he completed the Isuzu Ironman Lake Placid, placing 287th out of 1,438, and coming in near the top of his age group.

The Ironman Triathlon is possibly the most grueling physical event ever conceived: a 2.4-mile swim, then a 110-mile bike ride, all capped off by a full 26.2-mile marathon. It is an event that even marathoners fear and it's very unusual



Marc Ginsburg crosses the finish line.

for a comparative novice in endurance sports to complete a triathlon on the first try.

"It was an awesome experience," Ginsburg said. "One of the best of my life."

He describes himself as a "pick-up amateur and sports enthusiast," whose only high school sport was tennis and who never ran track.

One thing is clear — Ginsburg is not your average weekend warrior. An avid golfer and racquetball player, Ginsburg started running seriously a few years ago, mostly out of curiosity.

"I ran three miles and almost died," Ginsburg said.

He kept going, though, and ran a little

IRONMAN/page 5

## Town dog park gets go-ahead

By JOSEPH A. PHILLIPS

The Bethlehem town board, faced with a divided advisory committee, voted 4-1 last week to approve the controversial proposed dog park on Delmar Bypass Extension near Elm Avenue Park.

But the controversy isn't over yet, as the board sent proposed park rules back to the committee for further review — and set up the park on a one-year provisional basis only.

Proponents of the park turned out for last Wednesday night's board meeting but so did a vocal group of neighbors of the proposed facility, residents of Park Edge Lane, across the street from the 1.3-acre site targeted for development.

PARK/page 14

## Car scam artists bilk hundreds

By JOSEPH A. PHILLIPS

An investigative task force involving state agencies as well as State Police and Bethlehem police arrested four individuals last Friday for fraud. They were charged with operating a Glenmont based auto sales fraud ring for at least four years, with hundreds of likely victims of rolled-back odometers.

"We're hoping by making these arrests that we send a message to dealers and those who would sell used cars that this is a serious offense, and if they are caught, they will be prosecuted seriously," said Assistant Attorney

General Nancy Snyder, who prosecuted the case.

The 18-month investigation was spearheaded by the state Office of the Inspector General and also involved the departments of Motor Vehicles and Taxation and Finance, in addition to the police agencies and attorney general's office.

Timothy Shaffer, 32, and his wife Kimberly Shaffer, 30, of 190 Elsmere Ave., Delmar, and formerly of 11 Henderson Road, Glenmont, pleaded guilty in Albany County Court Friday to one count each of scheming to defraud and third-degree grand larceny, both

felonies, and a misdemeanor count of failure to file an income tax return on their illegal earnings.

As part of a plea bargain agreement, they admitted that between 1996 and February of this year they sold almost 200 used cars through individual private sales, all involving illegally altered odometer readings and other faulty title and registration paperwork.

Christine Saleh, 48, of East Greenbush, Kimberly Shaffer's stepmother, pleaded guilty to a single misdemeanor count of scheming to defraud. All three are cooperating with authorities in the

SCAM/page 5

# Delmar man faces additional child sexual abuse charges

By Joseph A. Phillips

A Delmar man arrested last week after an investigation by Albany County sheriff's deputies is likely to face multiple charges of sexual misconduct involving young boys with whom he came into contact as an employee of an Albany school and adult volunteer at several area group homes.

On Aug. 7, deputies arrested of Jeffrey R. Nickel, 32, of 36 Lansing Drive, Delmar, charged with a single felony count alleging that he had sexual contact with a boy who is a resident of St. Catherine's Center for Children in Albany. Nickel has been an adult volunteer at St. Catherine's since mid-May. He had accompanied the boy on unsupervised outings.

Two additional felony charges were also lodged against Nickel on Monday as he appeared at an evidentiary hearing in Bethlehem Town Court. The charges involve

a pair of Albany boys.

Investigators are pursuing additional leads that, Chief Deputy Sheriff Craig Apple said, pointed toward similar relationships with boys Nickel encountered as a teaching assistant at Albany's Public School of Humanities, as a senior counselor at the Time Tunnel Summer Camp at the State Museum, and as an adult volunteer at St. Colman's Home; Vanderheyden Hall in North Greenbush and Project Equinox in Albany.

Nickel remains in Albany County jail, denied bail in a hearing before County Court Judge Larry Rosen last Friday.

His case is likely to go before a county grand jury, Apple said, "but we still have a lot of homework to do before it reaches that point. We're getting inundated with phone calls. We have boys calling us from Vanderheyden, St. Colman's, from the summer camp program. And not all of the calls are victims. Many are citizens coming forward to report encounters they've observed."

Apple said, "We have confirmed three other victims so far, and we are in the process of interviewing others."

He added that he expected "five or six victims, at a minimum," of inappropriate sexual conduct by Nickel—some of them unwitting models for child pornography.

The arrest apparently surprised officials of some of the institutions at which Nickel was either an employee or volunteer.

"It's really been very disheartening. The atmosphere here has

been very sad. Here's somebody who came forward apparently with good intentions, supposedly to help a child, who not only betrayed the children's trust but those of the staff here at St. Catherine's," said center Director Helen Hayes.

The investigation of Nickel began on Aug. 3, Apple said, when an employee of the Albany County jail intercepted mail to an inmate, Matthew Peters, who was recently convicted of child sexual abuse.

"One of the letters that was sent to Mr. Peters contained a number of pictures of naked children. Below them there were subtexts of a sexually-explicit nature," Apple said.

Nickel's return address was on the mail. Questioned about the contraband, Peters said he had corresponded with Nickel since his incarceration—and told investigators he believed Nickel was a volunteer at numerous group homes in the region.

Interviews with directors of various schools and group homes led to St. Catherine's, where staff recognized one of the photographed youths as a client who had arrived at the home last winter. Nickel applied in January to volunteer for unsupervised visitation with the boy.

St. Catherine's has roughly 10 volunteers serving with its residential clients at any given time, Hayes said, escorting youngsters to outside activities such as movies, ball games and camping trips.

But these, as well as other volunteers for the center's foster home programs, shelters, com-

munity outreaches and special education programs, routinely undergo criminal background checks.

Hayes said Nickel's application was reviewed over the course of three months, during which time Nickel visited the victim only in supervised situations. His record was checked with the state Department of Social Services—and cleared.

"He had no prior criminal record or child abuse record," she said. "We even checked his driver's license, and that was clean as well."

He came well recommended with references from several other programs for which he has volunteered or been employed, she said, and "He was also extensively interviewed by staff, who are very much on top of that. For our purposes, he met our criteria."

At no time, she said, had the boy in question given staff any indication of foul play.

"A lot of our children come to us with a lot of problems," she said. "This may sound trite or ironic in hindsight, but a lot of what our children need is building trust and building self-esteem. This was an opportunity for this child to have some one-on-one attention."

She said Nickel had been acquainted with the boy prior to his arrival at St. Catherine's—and was uncertain how long improper conduct may have been going on, either before or after.

After interviewing the boy in the presence of St. Catherine's staff, sheriff's investigators con-

fronted Nickel. "He gave us a voluntary statement implicating himself," Apple said.

Nickel has since stopped cooperating with investigators and secured counsel.

Following Nickel's initial arraignment in New Scotland Town Court, Rosen issued a search warrant for his home, and deputies seized numerous videotapes, pictures and magazines "depicting young boys with sexual overtones," according to Apple.

Nickel's personal computer was also seized and turned over to the State Police Crime Laboratory for examination for additional sexually explicit material.

"This will almost certainly become a grand jury case unless some plea is reached prior to that, but that is unlikely," Apple said.

At last Friday's bail hearing, Rosen also ordered a psychiatric evaluation of Nickel.

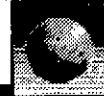
Hayes said St. Catherine's is now reviewing its procedures for evaluating volunteer applications. She also advised parents with children in unsupervised situations with an adult mentor to note whether their children are spending undue amounts of time with any specific adult, and to observe any change in a child's behavior.

"It's very important for a child to feel comfortable and able to talk about these things without feeling it's their fault," she said. "It's never the fault of a child."

Apple echoed those sentiments. "It's tough when you see cases like this," he said, "when you have a person in a position of responsibility who abuses it."

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# Bohl drops suit over slide contract

By Joseph A. Phillips

A contractor that recently sued the state Department of Transportation (DOT), asserting its right to perform work to relocate the Normanskill and complete repairs to the landslide-damaged ravine, withdrew that lawsuit last week.

But two Delaware Avenue businesses laid the groundwork for potential landslide-related lawsuits of their own — against the state, Albany County, city of Albany and town of Bethlehem.

August Bohl Contracting of Glenmont, named originally by DOT to relocate the streambed that caused the May landslide in Elsmere and the final buttressing of the hillside, and then denied the contract two days later in favor of a lower bidder, last Thursday announced the withdrawal of the suit filed on Aug. 1 in state Supreme Court.

In court papers filed by lawyer Brian Devane of the Albany firm Dreyer Boyajian, Bohl had sought to reclaim that contract and halt work by James H. Maloy, Inc. of Loudonville on the new streambed.

Bohl alleged that its previously accepted bid better served the public interest, and that the company would suffer monetary loss and harm to its reputation over the widely publicized contract withdrawal.

But last Thursday — the day the firm was due to reply to the state's response to their claim before Judge Thomas McNamara — Bohl issued a terse two-sentence statement withdrawing its injunction request.

It read: "Although we firmly believe that this project was improperly taken away from our company, we have decided it is in the best interest of all concerned to accept our losses and not pursue this litigation, which could possibly delay the completion of this very important local project."

Meanwhile, lawyer Peter Crummey, citing possible "wrongful, careless and negligent acts and omissions of the town of Bethlehem, its agents, servants and employees" in failing "to protect the real and personal property of claimants," filed a notice of claim against the town on Aug. 9 on behalf of California Produce Co. and owner Anthony Battaglia, whose stand was destroyed when it tumbled into the ravine on May 18.

Crummey also filed similar notices of claim against the city of Albany and New York state.

A day later, lawyer Steven Farer filed a claim against the same potential defendants and the county on behalf of James and Kim Sheldon, owners of Jim's Taste Freez, at Grant and Delaware. The claim alleged "damage to and loss of rents from" their property, specifically resulting from "loss of access to the business, loss of business and revenues" resulting from both past and "continuing negligence and nuisance" of the defendants in closing Delaware Avenue to traffic.

"A notice of claim," Crummey said, "is what it is, and merely what it is, and nothing more than that." Which is to say, not an actual suit for damages — yet.

Under state law, claimants must file a civil notice of claim within 90 days of a perceived injury — with today being three months to the day since the first landslide on May 16.

Once a notice is filed, a potential litigant has another year in

this point, we just want to protect our rights."

"We don't really know what our damages are, and we don't know how much of any damage might be caused by the negligence of any municipality," he added. But "events certainly occurred that resulted in monetary damages to my client, so I would be remiss in my duties as an attorney if I didn't advise them to do something."

As for California Produce, Crummey said: "I think it's fair to say that since the tremendous and catastrophic damage suffered by Mr. Battaglia, an ongoing investigation of the cause of that damage is taking place."

Last week's claim specifically cited allegations that an improper drainage system beneath the property at the site of the slide contributed to the disaster, and that the town "knew or should have known of the perils and dangers associated with the placement and approval of businesses, buildings and structures along the section of Delaware Avenue above the Normanskill Creek."

"I don't think there's any reason to further discuss where this may go from here," Crummey said, but he stressed that his client

**Although we firmly believe that this project was improperly taken away from our company, we have decided it is in the best interest of all concerned to accept our losses and not pursue this litigation, which could possibly delay the completion of this very important local project.**

August Bohl Contracting

which to take further action. Such notices of claim against municipalities often do not lead to legal action.

As of Monday, no other local businesses had followed suit.

"Jim Sheldon has always had a very good rapport with town officials, and at this point there's no intention to take any firm action against the town, the county, the city or the state," Farer said. "At

had no immediate plans for a lawsuit.

The town and the other defendants could conceivably settle the matter by agreeing to pay whatever monetary claims the two businesses eventually seek, but town Supervisor Sheila Fuller said, "One thing is for certain: we're paying nothing on these," and otherwise declined comment on the claims.

## Residents should beware of driveway paving scams

By Joseph A. Phillips

Bethlehem police are warning that a classic con — the fly-by-night driveway paver — may be at work in the Bethlehem area.

On July 31, an 84-year-old Glenmont resident reported to Bethlehem police that she paid \$1,000 cash to a man who asked for the money after sealing her driveway.

The woman had previously had her driveway repaved by a legitimate contractor, who had not yet applied sealant.

The stranger, not associated with the paving contractor, allegedly came to her door on July 25 and, without identifying himself, represented that he was there to seal the driveway.

After performing the work, he told the woman the bill would be more than \$1,100 — but that he would reduce it to \$1,000 if she would pay it in cash on the spot, saying he did not accept checks.

Though reportedly suspicious of the man and reluctant to comply, the woman accepted his offer of a ride to her bank to withdraw the cash, and paid him.

She later decided to report the matter to police at the original contractor's suggestion, and told police she felt intimidated by the man.

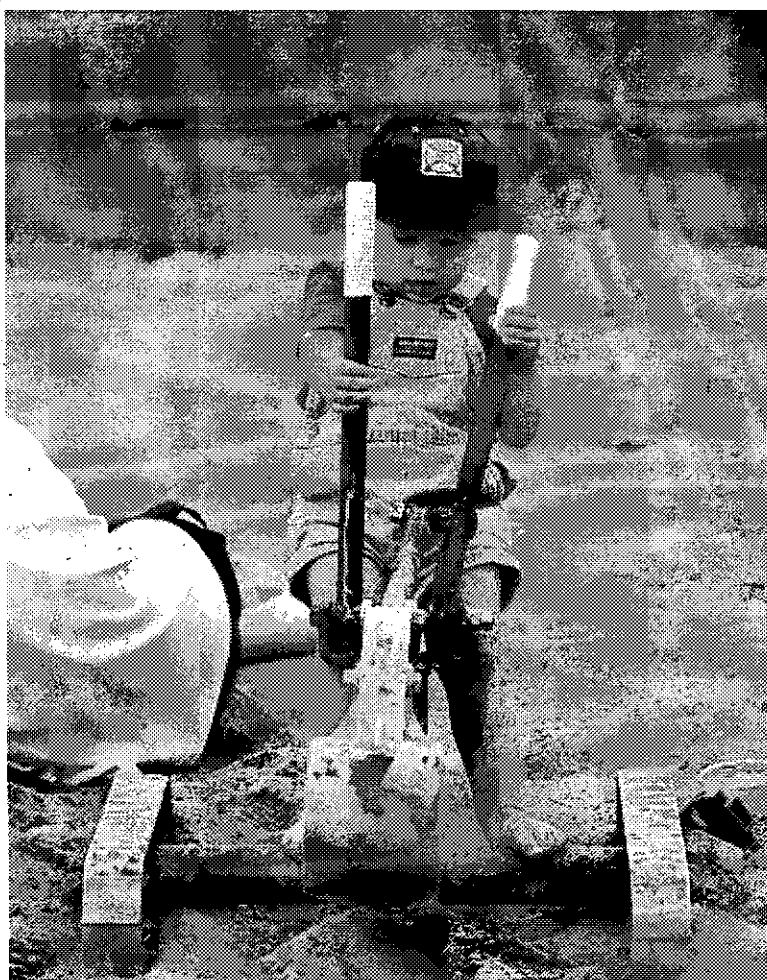
The contractor estimated the value of the sealing job at about \$150.

Bethlehem police detectives are pursuing leads in the case, and believe it resembles another recently reported in Coeymans.

Similar scams have frequently been reported in the past, with con artists preying particularly upon the elderly.

Bethlehem police recommend obtaining written estimates and documentation of a contractor's identity and professional qualifications before agreeing to such work — and never pay in cash.

## Earth mover



Steven DeGroff excavates the sand box recently at Elm Avenue Town Park on one of the rare sunny days of the summer.

Jim Franco

## RCS superintendent sets high goals for district

By Ethan Schoolman

The Ravena-Selkirk-Coeymans school district straddles two counties and four towns.

With a new superintendent and building going on all over the district, Bethlehem's next-door neighbor is on the move.

Robert Drake became RCS superintendent in January. A Capital District native, he had taught at Guilderland High School and was superintendent of the Berne-Knox-Westerlo school district for 17 years.

This year, Drake has set two major goals for the RCS district: higher student achievement and corresponding higher expectations from teachers, administrators and the community.

"In order to succeed in the 21st century you've got to have more than a high school diploma," Drake said.

In 1999 more than 70 percent of graduating seniors from RCS went to "a good cross section of colleges," Drake said, adding that he hopes to improve that number in the future.

One of the new superintendent's first initiatives was to move forward with school board President Jerry DeLuca's plans to forge closer ties between the district and the business community.

"We're going to hold community forums, bring in business and community leaders, really get them invested in how their schools are doing," Drake said.

Both Drake and DeLuca see community involvement as a critical component of the board's plans for raising achievement.

"The district is undergoing a fundamental change of attitude," DeLuca said. "We've got to send a message of higher expectations to students, administrators and

district staff, that we can and will do better."

Student success can be tricky to measure, but both men are keeping an eye on the district's standardized test scores.

"We're developing a standardized curriculum, preparing students equally — and getting results," DeLuca said.

On English and math Regents Exams, RCS did slightly better overall than other public schools in the state, but not quite as well as schools with similar district and student demographic characteristics.

Measured against itself, though, RCS has gained significant ground. Fifty-seven percent of RCS students graduated with a regents diploma in 1999, as opposed to 36 percent in 1993.

What makes Drake and DeLuca even prouder, though, are the achievements of district elementary students — whose progress bodes well for future success.

Student scores on state fourth-grade English and math tests have improved dramatically in the past few years.

On the English Language Arts test, 55 percent of RCS fourth-graders earned scores marking them as likely to pass the English Regents Exam in 10 years — as opposed to 47 percent for state public schools overall.

Diane Albano, RCS director of instruction, credited much of the fourth-graders' success to the district's new elementary coordinators — teachers who are granted a certain amount of release time by the district and work across grade levels to improve performance in their subject.

"Foundations are laid at the elementary level," Albano said.

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# Critics should cut stay-at-home dads some slack

By Donna J. Bell

"What kind of work does your husband do?"

I mentally cringe when I get that question. Not that my husband does anything illegal or immoral for a living. However, it seems people think that poaching endangered baby harbor seals is more suitable employment for a man than what I tell them — "He is a stay-at-home dad."

The arch of the eyebrow, the averted look, and inevitably there is a prolonged "Ah, really?"

Some will drop the subject as if it were embarrassing. Others will ask what he used to do before he became "the mom," as if determining his pre-parent status will redeem his current position.

One former male co-worker used to make comments to the effect that it must be nice to be "the one who wears the pants in the family." If I happened to call my husband to remind him of a little chore or errand that he promised to do, the co-worker would shake his head and say, "I wish I had a wife who was at home for me."

Being the "breadwinner" hasn't always been easy in a society that measures success by the position and title you hold and the amount of money you make. Even in our enlightened age of men sharing parenting responsibilities, the con-

cept of the father taking over the major duties still carries a certain social stigma.

An extreme version of this was played out prominently in the saga of Elian and his father Juan Miguel Gonzalez. This story would have been a lot different if it had been the father who had risked his son's life on a perilous sea escape. The father would have been seen as reckless just as the mother was portrayed as a tragic heroine.

If the father had taken the child without the mother's knowledge, it would have been perceived as kidnapping, not a desperate flight for freedom. And again, if it had been the mother who was alive and left in Cuba, it would have been mere hours before Elian was back home, not more than half a year.

I still don't understand how anyone could think that Elian's "self-adoptive" mother/cousin Marisleysis was a better guardian for Elian than his own father.

Of all the rhetoric, media posturing and quotes from "experts"

weighing in on the situation, nothing floored me more than an Associated Press article I read online in April. The article quoted one of the three psychologists assigned by Attorney General Janet Reno to evaluate the father and his son so they could give her information on the best place for the child.

The expert, Dr. Paulina Kernberg, a professor of psychiatry at Cornell University Medical College, recalled the conversation she had with Juan Miguel.

"What is really impressive to us, and what we did not expect to find," Kernberg said, "was such a commitment and fondness and longing of this father for his son."

Honestly, they did not expect to find a "commitment and fondness and longing" in the father? This man had been separated from his child for half a year. Did they expect an aloof man would come to the United States and brave a media gauntlet to plead for his own flesh and blood?

I'm sure they would have been shocked not to find these same emotions in a mother. Should fathers feel less strongly for their own children than the mother would?

My husband has felt the cold glaze of society on him several times. One weekday, when he was sitting on a bench at the town park watching our children play, a woman approached him and asked him what he was doing there.

He was surprised and asked why she wanted to know.

"I've seen you here before," she replied coldly, her arms crossed.

My husband answered, "Yes, you probably have, I come here quite often with my children."

Not satisfied, she asked, "Re-

ally, which ones are yours?" Flustered, he called out to them. With a still-suspicious look on her face, she turned and walked away without another word.

On another occasion, my husband was standing next to the jungle gym watching our then-5-year-old climb to the top. Another girl her age slipped and was hanging by one arm on a top bar, shrieking.

My husband, alarmed, reached up and scooped her into his arms, asking if she was OK. Suddenly, the girl's mother, raced up and snatched her daughter out of my husband's arms with an almost hysterical "Let go of her!"

My husband was hurt and dismayed that he was perceived as a threat.

A few times, in an attempt to make small talk with the other mothers at the park, his chit-chat or joke was met with a cold snub.

Lest you think it is just my husband who has encountered these type of problems, many stay-at-home fathers report the same treatment. For a while, to cope with some of the loneliness of being home with small children, he turned to a Internet chat room

filled with stay-at-home dads telling versions of the same tales.

There he found tales of the disbelief, put-downs and endless jokes about their parenting abilities from family and friends, shared remembrances of suspicious looks from doctors, teachers and busybodies, and stories of being turned away from moms with tots groups because of being male, not female.

In fact, there are several national organizations devoted to fathers who have found themselves on the short end of the legal system "stick" because they are men, not women. We have talked endlessly over the past 40 years about men developing their "feminine" side, as if only women are nurturing and men need to work on that aspect because it doesn't come naturally.

That's nonsense. It's time for society to stop putting fathers in the second banana seat. Men are equal in every way to mothers when it comes to having a "commitment and fondness and longing" for their children.

My children know that their father is, what better proof is there than that?

## Lifelong learning classes set

Bethlehem Humanities Institute for Lifelong Learning (HILL) starts its 15th semester on Sept. 25 with a five-course, eight-week series of two-hour classes taught by professors from local colleges.

• Mondays at 10 a.m. at Elm Avenue Park: "What Lessons Should we Learn from 20th Century History?" taught by Donald Birn of the University at Albany.

• Tuesdays at 9 a.m. at Delmar Reformed Church: "Politics in American Films," taught by Fred

Silva of the University at Albany.

• Wednesdays at 10 a.m. at Bethlehem town hall: "Other Chamber Music Combos," taught by Ann-Marie Barker-Schwartz of Siena College and Emma Willard School.

• Thursdays at 10 a.m. at Elm Avenue Park: "French History from the Renaissance to the Revolution," taught by Warren Roberts of the University at Albany.

Each course cost \$35. For information, call 463-0514.

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- (b) That such deposits, payments and refunds, together with interest due thereon and less lawful deductions, will be paid by it on or before the succeeding thirtieth day of September to persons establishing to its satisfaction their right to receive the same; and
- (c) That thereafter, in the month of October and on or before the tenth day thereof, such unclaimed deposits, payments and refunds, together with interest due thereon and less lawful deductions, still remaining will be paid to H. Carl McCall, Comptroller of the State of New York, and that Niagara Mohawk Power Corp. shall thereupon cease to be liable therefor.

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## Ironman

(From Page 1)

farther each day. First three miles, then five, then eight. He ran a couple of races around town, and got to like the feeling.

"For the first time I knew what runners meant when they talk about the whole endorphin thing," Ginsburg said. "It's not a one-time high — it's the energy you have all day long."

The foot doctor was hooked. And it wasn't just the fitness part of it that Ginsburg liked. As a member of the Capital District Runners Club, Ginsburg came to enjoy the company and camaraderie of his fellow runners as much the running itself.

"In squash or racquetball, you're always going out there and getting crushed by some 22 year old," Ginsburg said. "With running, after the race you just enjoy the revelry and common bond."

Of course, getting up in the morning to train wasn't all fun and games. But by the time Ginsburg ran his first marathon in Schenectady, the combination of hard training and fun paid off.

After running for less than a year, it took Ginsburg just over three and a half hours to swallow up 26.2 miles. Soon after, a friend approached him about adding swimming to his daily routine.

"After a few months in the water, I really got to like that, too," Ginsburg said. "Another endurance thing I could get used to."

And then the real fun began. "I had a bicycle I hadn't ridden in seven years," Ginsburg said, when the same friend suggested that he start training for the triathlon.

"The triathlon was something I'd always been in awe of," Ginsburg said. "You know, I'd

watch in on TV in Hawaii, and it'd be just incomprehensible that anybody like me could do it."

But he started biking anyway, and "fell in love" with it, too. Six months later, Ginsburg put himself to the test. He ran a half-Ironman in Montreal — a paltry mile swim, 50-mile bike and 13-mile run — and placed first in his age group.

"That was just a great feeling," Ginsburg said, "And then I knew I could do it."

Nine months before Lake Placid, Ginsburg registered — and started training in earnest.

At 4 a.m., he was up and running hard — wind chill or no. At 5:30 he'd be in the pool, swimming laps, or pumping out mile after mile on the exercise bike.

"I thought running in the winter would toughen me up," Ginsburg said.

And at 7:30, he was back in the office to see his first patients.

Eventually, it all paid off. When Ginsburg crossed the finish line at Lake Placid, 11 hours, 13 minutes and 20 seconds after starting out, he was welcomed by his wife, two daughters and more than 20 friends.

Responding to the half-day run, Ginsburg laughed and said, "I took a shower, got something to eat. When my wife and I went back to watch the late finishers, there were still people coming in at midnight. And the bleachers were packed!"

"I won't ever get to play on center court at Wimbledon, or play golf with Jack Nicklaus," Ginsburg said. "But that's the great thing about triathlons — I can compete with the pros!"

And they can compete with him.

## Scam

(From Page 1)

investigation and have agreed to pay restitution, in excess of \$200,000 so far.

A fourth defendant, Shaffer's uncle, William Saleh of 332 Glenmont Road, owner of Merit Auto Sales of Glenmont, was also arrested Friday. The Salehs also have ties to Shaker Auto of Loudonville — and the two used-car dealerships are believed to have been the conduit for many of the vehicles involved.

In a court appearance yesterday morning, William Saleh pleaded guilty to a felony scheme-to-defraud count. He faces sentencing in October to 60 days in jail and five years' probation.

Additional arrests are expected, including at least one auto repair mechanic believed to be involved in tampering with odometers, according to Senior Investigator Dale Richter with the state Inspector-General's office. But the full extent of the fraud is still being determined, he said.

"About 400-some vehicles were suspected of being fraudulent, of which 176 were definitely odometer rollbacks, and the rest had suspicious paperwork of some sort. We're not sure how many there were altogether," he said. "We pulled records back to 1996, but we believe it went back a lot longer than that."

Richter said the investigation was launched in March 1999 when a complainant contacted officials at the Department of Motor Vehicles about problems with the

odometer on her car. "She said that she had bought this car from an individual named Kim," he said, "and that Kim had told her she had a sister at DMV who could take care of things."

That brought the inspector general's office, which investigates charges of fraud or corruption by state employees, into the case. No relative employed by the state was ever identified by investigators, but "The Inspector General's office did an initial investigation, and when it turned out to be a massive fraud, they called us in to coordinate the investigation," Snyder said.

Richter said the Shaffers would obtain used cars either through wholesale purchases or through one-on-one purchases from individuals. After altering the odometers, Richter said, "They would advertise in newspapers ... as a one-owner, private sale type," misrepresenting the age and condition of the vehicles, and sometimes claiming they had belonged to a recently-deceased relative.

Title documents often bore fictitious names. Investigators have identified almost 30 false names used by the duo, including Robert or Brian Livingston, Alice Carroll, Tina Snyder, Kim Castine, and variants of Shaffer, Hughes, DiNovo, Ryder, Resciniti or Williams, using such first names as Savannah, Gabriella, or Falon.

"Once we knew a lot of the fictitious names, we were able to establish" likely victims through address and vehicle identification number searches at DMV and searching through newspaper classified ads, Richter said. A search warrant executed in Feb-

ruary of this year by state and Bethlehem police turned up additional documentation.

Nearly all victims were in the Capital District, Richter said. Investigators believe the perpetrators raked in more than \$400,000 on vehicles worth half that.

According to the terms of the plea bargain, the Shaffers agreed to pay \$200,000 in restitution to victims, about half of that to be paid by the time of their sentencing, now set for Sept. 22. Christine Saleh agreed to contribute \$75,000 toward restitution and surrender her car dealer's license, and William Saleh will also surrender his license and pay restitution.

"We are getting additional calls" reporting possible victims, Snyder said; potential victims are encouraged to call her office at 474-4096.

"Any new victims that come to light, the restitution amount will go up. That's part of the understanding," she said.

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**AUTO FACTS**

by John Quirk



### The "Check Engine" Light

If the "check engine" light comes on briefly and then goes out without any unusual performance problems, drivers can usually ignore it. On the other hand, if the "check engine" light comes on intermittently and there is something unusual about the way the engine is running, a diagnostic checkup is absolutely required. This does not necessarily mean you have to pull your vehicle over and shut off the engine. If the light comes on then goes out when the engine is restarted, a diagnostic checkup is required if a performance problem is noted, particularly if the light comes on repeatedly.

"Check engine" lights are designed to help car owners determine what is wrong with their vehicles. When you bring your vehicle to BETHLEHEM AUTO SERVICE, our A.S.E. Certified Technicians inspect the brake fluid, engine oil, engine coolant, belts and hoses, and transmission fluid. We are an AC Delco Master Technician Service Center. Visit us for comprehensive and reasonably priced auto service. Business hours are Mon. - Fri., 7-6. Call us at 426-8414, or visit us at 62 Hannay Lane, Glenmont for auto service with a personal touch.

HINT: As part of the diagnostic checkup, the service technician will examine the vehicle's computer system for stored trouble codes.

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# Matters of Opinion

## Open at last

Hip hip hooray!

Delaware Avenue near the landslide site is open again after nearly three months of detours, losses for many businesses and general frustration for the community.

Although only two of the road's four lanes are now open, but that's enough to jump-start business owners' hopes of getting back on their feet.

On Sunday, DOT's Paula Kelly removed the barricade and the road was officially open, making it easier for Bethlehem residents to get to Albany and for city residents to come here.

Supervisor Sheila Fuller kept her cool during the long ordeal and was on top of the nerve-racking situation from the beginning. Town police were also able to keep the traffic situation under control, 24 hours a day, seven days a week.

With the road opening and the availability of grants and loans, affected businesses will be able to weather this trying period in the town's history.

Certainly, this is the best news Bethlehem has had in a long time. We now look forward to the remaining work to relocate the Normanskill, which is expected to be completed by the end of November.

## K-9s get park

After weeks of haggling about the merits or lack of same for a dog park in Bethlehem, the town board gave the project the green light last week.

Chalk one up for canines. If all goes as dog owners hope it will, the park should be a perfect place for pooches to romp and play.

Now, the town is drawing up rules and guidelines to help the park become a good neighbor. Park Edge Lane residents had expressed various concerns when the park was in the planning stages.

We like to think this park will succeed like many in cities throughout the United States and Canada. But that will only happen if dog owners cooperate and obey park rules.

Of course, news of the approved dog park has triggered a reaction from the feline contingent, who are charging discrimination. Well, we're not really sure how serious these folks are, but as far as we know cat parks are relatively nonexistent.

But this is Bethlehem, where almost anything can happen (or not) when residents put their minds behind a cause.

Wouldn't a park for felines be the cat's meow?

## Editorials

## Pesticide alternatives are out there

By Cay McEneny

*The writer is a member of Bethlehem Pesticide Watch.*

I was watching the butterflies, moths and bees gentling over my pesticide-free garden, considering how to think about the possibility of contracting the West Nile virus.

I wondered what the actual risk was of being infected by the disease and having it progress to life-threatening encephalitis. And assuming preventative action was warranted, could we mitigate the risk without resorting to the widespread spraying of insecticides?

I was all too aware of the hazards of pesticides, but I didn't know too much about West Nile or disease control. I turned to the Internet for more information — to the Centers for Disease Control and Prevention (CDC) at CDC.gov and to those good people at the New York Coalition for Alternatives to Pesticides (NYCAP) at [crisny.org/not-for-profit/nycap](http://crisny.org/not-for-profit/nycap).

I found a lot of information, and these seem to be the main points:

- The mosquito-borne disease is a threat to humans, horses and birds. In humans, the threat is greatest to people over age 50.

- Widespread spraying of insecticides is dangerous to humans, particularly children, and the environment.

- Widespread spraying of pesticides to kill adult mosquitoes is not only inefficient, but possibly counterproductive.

Our public health officials need to learn from other areas of the country and from other countries how to manage vector-borne diseases more effectively.

The CDC have stated that the virus, transmitted exclusively by specific species of mosquitoes, presents a threat to human health, equine health, and bird populations. Most humans and horses can survive the disease with relatively innocuous symptoms, but rarely, the virus will progress to serious brain inflammation, sometimes causing death. The virus kills birds. Eighteen species have been identified as vulnerable.

## Point of View

But the risks of West Nile virus are neither shockingly new nor unique. There are other equally dangerous vector-borne viruses in the United States — for example, the closely related St. Louis encephalitis and the hantavirus found in rodent droppings in the Southwest. Other areas of the country are successfully managing against outbreaks, and we can too.

The CDC's precise recommendation to the public regarding West Nile virus is this: "When the first virus activity is detected in a community, prior to the occurrence of human disease, rapid mosquito control measures, such as targeted application of adulticides and larvicides, should be implemented."

Notice, the CDC's recommendation assumes public health monitoring and surveillance to identify the risks before humans are infected. And notice also, that CDC speaks to targeted application of adulticides and larvicides. That's not what we're doing.

Now, about the widespread spraying being undertaken by local governments. Pesticides are directly and indirectly harmful to humans, particularly children, through contact, inhalation and ingestion. That would be sufficient reason for not resorting to widespread spraying. But other facts and experience say that aerial and ground adulticide spraying are acknowledged to be ineffective at controlling adult populations and affecting the course of epidemics.

In areas of this country where other mosquito-borne diseases occur, widespread aerial spraying of adulticides rarely occurs. And unfortunately, over-reliance on emergency spraying has been implicated in the resurgence of mosquito-borne diseases such as malaria and dengue fever in other parts of the world. Let's not repeat the mistake.

But what should we expect the government to do mitigate the risks of West Nile virus? Fortunately, there's a lot that can be done, but it needs to be coordinated among state and local health officials. Local governments should not be acting on their own, spraying large areas. The spraying isn't particularly effective, as

we know, and mosquitoes simply don't recognize political boundaries.

Effective mosquito control measures include removal of breeding habitat, (not tremendously effective for species which breed in confined or inaccessible water); the use of meteorologic data to identify weather patterns known to exacerbate specific vector-borne diseases, coupled with enhanced monitoring when such conditions exist; control of mosquito populations in the larval and pupal states, (BTI, mosquito-eating fish, natural predators); mechanical controls (smothering, e.g., rafts with light oils, controlling burns); trapping; the use of sentinel birds to detect disease before it reaches humans, to pinpoint precise areas where mosquito control is needed; and effective monitoring and surveillance.

I learned from NYCAP that "Harris County, Texas (Houston) which has one of the most active St. Louis encephalitis programs in the country, has not resorted to aerial spraying for years... its program can identify infected areas a month before any human comes down with the virus."

The real foundation of successful disease control seems to lie in monitoring and surveillance prior to human infection, with coordinated responses among all levels of government and with surrounding states. The Northeast seems to be somewhat inexperienced in this type of disease control. Other states have tiered response systems, and we should, too.

At present, the state Department of Health's "collaborative campaign with county health departments" doesn't include the biological or least toxic larvicides which are hallmarks of successful vector control programs across the country. And it doesn't seem to include a coordinated response with individual counties and localities resorting to spraying unscientifically calculated areas.

We should encourage the Department of Health to employ preventative health measures so to avoid that strategy of last resort. And needless to say, a comprehensive approach will include retrospective analysis of the epidemic and response, including whether or not the use of pesticides influenced the course of the disease, and the human and environmental costs associated with any pesticides used.

## Chesbro never dropped ball

Editor, The Spotlight:

As we go through life, most of us from time to time take our eyes off the ball. Our lives change — sometimes we adapt, sometimes we don't.

George Chesbro never took his eyes off the ball, and as far as I can tell, he never changed.

George, who passed away Aug. 4, gave selflessly to this community.

He was a founding member of Bethlehem Senior Projects, Inc., a community-based organization which serves Bethlehem seniors.

He helped me and the other board members through his insightful wisdom, his talent for cutting through the heart of an issue and his genuine concern and caring for others without the slightest pretense.

I join with my fellow members of Bethlehem Senior Projects board to express our heartfelt sympathy to George's family on the loss of our colleague and friend.

Charles "Tod" Tol  
Bethlehem Senior Projects  
president

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# Your Opinion Matters

## BCMS eighth-graders won't forget Russell

Editor, The Spotlight:

July 3 was a very devastating day. A friend of all Bethlehem eighth-graders, a spontaneous and friendly teen-ager named Russell Ellers died.

Russ was a friend to many. He was a funny, loving and caring person. I only knew him for one year. Every day in the hall, Russ would sing his favorite tune.

I live on Glenmont Road and when I found out Russ had passed on, I burst into tears. I could only remember the times when he would make someone laugh. Russ was a great friend, student and peer. He always encouraged others to stay focused.

In home base, he always wanted to hang out with his friends. When one of our home rooms was selling doughnuts,

Russ would come in with a smile on his face and greet his friends. Russell was a great role model for some and a great friend to many.

Even though he is dead, he will always be a part of our lives. My regards to his close friends and family. Russell will never be forgotten.

Jacqueline Kurtessis  
Glenmont

## Harry Potter stirs imagination

Editor, The Spotlight:

I have just finished the article written by Kathleen Moore on Harry Potter.

Frankly, I am disgusted! Harry Potter is the Tom Sawyer, the Macbeth of the millennium.

The Potter books are making kids turn off the TV and READ! How can someone be against that?

Harry Potter is not meant to

frighten children. It is meant to get their imaginations going. It makes teens feel like kids again.

If people start with, 'Ah no, Harry Potter is violent and we shouldn't be letting our kids read it,' it will be just as bad as the book burnings of the '50s and '60s.

The Harry Potter series has kids as main characters, so children see themselves doing things just like Harry. I don't mean doing

magic or riding brooms. I mean taking a stand and fighting evil.

Yes, people die and experience pain in these books, but that also happens in the real world.

I'm not saying that this book should be read to a 3-year-old, but it is a classic. And if your child wants to read a classic, why not let them?

Alexandra Stewart McCarroll

age 13

### Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

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with  
**Jaye Sprinkle**

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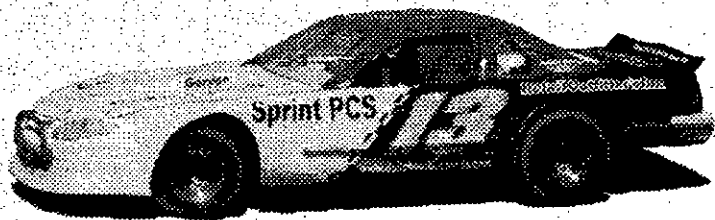
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# Matters of Opinion

## Library proposal raises questions

Editor, The Spotlight:

The Bethlehem library board of trustees intends to propose an \$8.5 million bond issue for library renovations. An article in regard to the proposal appeared in the July 26 issue of *The Spotlight* raised several questions.

Part of the proposed money is for renovations to the infrastructure. The trustee president states: 'The need to replace carpeting and the need to accommodate new technology.' Another proposed use calls for improvements in furnishings.

Bethlehem voters consistently have approved an increased budget for the library. Doesn't the library include a "capital improvements" component in its annual budget? If so, what is it used for?

It would seem that some of the carpet and furnishings could and should be replaced annually on a rotating basis, as most organizations and firms do. This would eliminate or at least minimize the potential for the deteriorated state the president says currently exists. If there is not such an item in the library budget, then why not?

Another stated need is to improve computer access. The library currently has 19 workstations and eight have Internet access. Yet not one penny of the proposed \$8.5 million will be used to buy additional computers! For this purpose, grant monies are sought. Are grants a "sure thing?"

How long are the intervals between grant application, grant award, reception of grant money, purchase of additional computers and installation?

How many new computer workstations will be purchased? To create all the wiring and space for additional computers and then not to coordinate the timely inclusion of compatible hardware seems puzzling to say the least.

One would also hope there is documentation showing how the Bethlehem library budget and budget items compares with its contemporary libraries in the area.

The article states the library has more than 1,000 daily visitors. How does this number compare with other libraries in the region on a per resident basis?

Are the services provided equal to, more than or more limited than comparable libraries? For example, what are the number of books checked out per resident? What are the number of collections available (CDs, videos)?

How does the Bethlehem library budget compare with comparable libraries on a per item basis? That is, what proportion is spent on acquisitions and what types? What proportion is spent on support staff? On administrative staff and other overhead? On capital improvements?

How many administrators and staff does the library have and what are the salaries? Is our li-

brary understaffed and underpaid compared to others?

Budget items should not only be listed on percent of budget and total amount but also on a per capita basis comparison. For example, perhaps Bethlehem library acquires seven new books per resident per year and other libraries only acquire five and the cost is only \$15.57 per book compared to \$18.10. Perhaps Bethlehem has 15 part-time student librarians at \$5.95 per hour and one administrator while another library has only eight part-time student interns but has two administrators.

To place the \$8.5 million in perspective, it should be noted that the cost of the contract awarded to repair the Normanskill (\$9.3 million) is only 9.4 percent more than the library bond request. The latter amount will re-route the Normanskill, move a natural gas line, install a new water line to Albany and move and reopen a four-lane road. The proposed library renovation must be impressive indeed to be of similar cost magnitude.

The continued support of the library calls for well-documented and prudent spending to assure that residents receive the most and best use of their money. The last major attempt at addition one recalls, included some very expensive parking spaces.

Gayle J. Henderson  
Delmar

## Library staffers are great

Editor, The Spotlight:

In the July 19 issue *The Spotlight* published a letter I wrote expressing my annoyance over the construction and its results around the corner of Delaware, Cherry and Elm avenues. I still find it annoying, but if I take the time to complain about what irritates me, I must also take time to compliment what pleases me.

On Aug. 7, between the hours of 10:45 and 11:30 a.m., I was at Bethlehem Public Library doing some research. I am precise about the day and time because in my concern over my little project, I did not get the names of those who were so helpful. And I do want them to know how much I appreciate their help.

It is unimportant what I was researching; no one else in the universe would be interested in the subject. Yet the two women at the reference desk — each in her own turn — dropped what they were doing to help me, first at the

computer I was attempting to use, then in the stacks and reference area, followed by a brief interlude on the Internet, and some research of their own while I browsed. These two women treated me as if my research were of some real significance in this world.

In the end, they ordered a book from Albany, located a video in another library and gave me the phone number and directions to get there. One even walked to the circulation desk to get a book I had on hold that had just come in. The gentleman in the media room treated me much the same, but on a different, less complex matter.

I was not surprised. This is the way I am always treated at the library. 'Go out of your way to help' has got to be their motto. There is no doubt that customer service, which seems to be very near death in the business world, is alive and well at the library.

William H. Bender  
Delmar

## Library renovation not timely

Editor, The Spotlight:

I read the article about another bond issue in November for major renovations to our library.

Now, \$8.5 million more dollars is being requested from Bethlehem taxpayers despite the fact that the library is already the most expensive per capita in the Capital District, if not in the state. Also, in *The Spotlight* recently a number of letter writers insist that we need to pay for sidewalks on a variety of streets.

It seems to me that these people have forgotten about the sale of the NiMo steam plant and the multi-million dollar impact this will

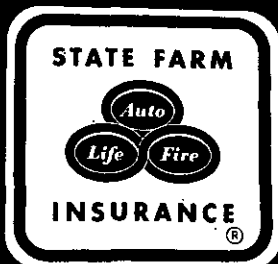
have on our school and property taxes. In itself, we're talking about \$210 million less in our tax base.

Until the size of the NiMo tax increase issue is determined, it seems very premature to approve any new large expenses for the town.

The landslide is also taking a large toll. Taxes that could be raised from the proposed Wal-Mart/Home Depot project would be a significant help and are crucial to overcome the huge loss of NiMo tax revenue.

James Murray  
Selkirk

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The year 2000 is one of great advances, with computer technology and the Internet craze. The World Wide Web has created access to information that once would have required hours of research to accumulate. As a consumer you must discriminate against misrepresentations and invalid, unsupported information. Television newsmagazines tend to provide similar pigeon holed information. The topic is narrowed and limited research is provided to support the findings. A recent television program aired information about the danger of the water lines in dental offices. This type

of programming can become irresponsible if viewers do not follow up and question the source for the programming or newsprint.

The new millennium is the time of the more informed consumer. Stay informed; ask your dentist or doctor for answers to any questions you may have. You have an obligation to yourself to stay healthy. Remember that your questions should be applauded, if faced with opposition, it is time to find a dentist or physician that will answer your questions in an up front and professional manner.

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## **FACT:**

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## **FACT:**

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## **FACT:**

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# Lustre Kings to pay tribute to Elvis Presley

Do you remember rock 'n' roll before the Beatles — when the rhythms were strong and the guitars a little twangy? If you do,



you're going to love tonight's (Aug. 16) Together at Twilight concert on the library lawn when we recognize the anniversary of the death of Elvis Presley with a tribute performance by the Lustre Kings.

The Lustre Kings have been taking the the Capital District by storm this summer. Led by Mark Gamsjager, the group performs down-and-dirty vintage rock 'n' roll tunes.

A portion of the parking lot will be available for dancing so you may want to wear your dancing shoes and leave the lawn chairs at home. The party starts at 7 p.m. and everyone has a responsibility to cross their fingers for good weather. (We will move indoors if necessary).

Bring the whole family and be ready to party!

Concerts are sponsored by Friends of the library, who will be selling beverages at the event.

Scrabble players are invited to stop by for a game at 6:30 p.m. on Thursday, Aug. 17. No sign-up is necessary.

High school juniors can sign up for an SAT preview by the Princeton Review on Tuesday, Aug. 22, at 7 p.m. Parents are welcome to attend the free 90-minute session on effective strategies for maximizing test scores.

Sharing the display case this month are a collection of corn husk figures and small houses from Ruth Mesick and a sampling of the projects from teens in the Summer Reading Club. You can see silk paintings, poetry, stenciling and cartoons.

Barbara Vink



The Lustre Kings

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## Police charge teens for Kmart robbery

By Joseph A. Phillips

Two Selkirk teens face robbery and other charges following an incident on Saturday, July 29, at the Big Kmart store at Town Center Plaza in Glenmont.

Bethlehem police arrested Joseph A. Farrell, 16, of 22 Cottage Lane, and Joseph E. Skipper, 17, of 64 Jarvis Road, and charged them with third-degree robbery and conspiracy, both felonies, and a misdemeanor count of petty larceny after they were apprehended by Kmart employees.

According to police shortly after 2:30 p.m., security officers at

the store observed the two young men allegedly pocketing several items, worth less than \$30 altogether, and leaving the store without paying for them.

Confronting the two in the parking lot, Skipper struggled with the employees, precipitating a scuffle, according to police.

The robbery charge stems from the alleged use of force in attempting to flee after the theft.

Arraigned before Town Justice Kenneth Munnely, the teens were each released on \$1,000 bail and ordered to appear in Bethlehem Town Court on Sept. 5.

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## Special materials, services available for disabled patrons

The library offers a variety of materials and services for persons with disabilities. Large-print books are added regularly to the collection and new arrivals are listed quarterly on oversized bookmarks located on the rack near the reference desk.



A wide range of audiobooks is also available. Homebound borrowers who live in the Bethlehem Central School District can sign up for personal delivery service through our Books-To-People program.

Last year, the library purchased an Optelec magnifying viewer with funds from the Community Foundation for the Capital Region.

This easy-to-operate machine is available free of charge and accommodates all sorts of materials, including books and periodicals, maps, prescription labels, small pictures, and hard-to-read penmanship. The viewer is located in the periodicals area.

A sign-language tour of the library building, produced here at TV-18, can be borrowed from the media department (VHS419SIG). Media can also loan a closed-circuit receiver dedicated to WMHT-RISE, a radio reading service for the disabled and visually impaired.

### Back to school

"SAT Strategies," a recurring workshop on how to improve PSAT and SAT scores, is offered once again this Saturday, Aug. 19, at 2 p.m.

A representative from Princeton Review will present this free,

90-minute program, which is open to high school sophomores and juniors and their parents.

In the same vein, Kaplan Educational Centers will administer a mock PSAT at the library next Tuesday, Aug. 22, at 5:30 p.m. The session will benefit high school juniors preparing to take the PSAT in October.

Both these programs require registration. Call 439-9314.

For students on the other side of 55, school days begin soon for the Bethlehem Humanities Institute for Lifelong Learning.

Senior citizens can get information about this organization's offerings by checking out the bulletin board display.

Visit our Web site at [www.uhls.org/bethlehem](http://www.uhls.org/bethlehem) for news and features about the library, and links to other useful and interesting sites ranging from local weather to local history and beyond.

Louise Grieco

## BBC annual meeting

Bethlehem Basketball Club will hold its annual meeting on Tuesday, Aug. 22, at 7 p.m. at Bethlehem Central School District offices on 90 Adams Place in Delmar.

To be considered for a board slot, submit a written request, with a brief summary of his or her qualifications to BBC at 74 Meadowland St., Delmar 12054.

## Plum Fest on tap

The New Scotland Historical Association will sponsor a Plum Fest in New Salem on Saturday, Sept. 16, featuring exhibits, crafts, meals, contests and garage sales.

For information, call Ann Eberle at 765-2071.

## RCS school board schedules meetings

The Ravena-Coeymans-Selkirk district recently announced dates for school board meetings for the coming academic year. The board generally meets the first and third Monday of the month except for vacations and holidays.

It will meet Aug. 21, Sept. 18, Oct. 2, Oct. 16 (at P.B. Coeymans School), Nov. 6 and 20, Dec. 4, Dec. 18 (at A.W. Becker School), Jan. 8 and 22, Feb. 12 and 26, and March 12, and March 26 (at the high school).

All meetings start at 7:30 p.m. Curriculum and instruction meetings are scheduled for Sept. 18, Oct. 2, Nov. 6, Dec. 4, Jan. 8, Feb. 12 and March 12, all at 4:30 p.m.

Meetings are held at district offices in Selkirk unless otherwise noted.

## Preschool offers federal food program

Bethlehem Preschool in Glenmont participates in the federal Department of Agriculture's Child and Adult Care Food Program.

All children will be offered the same meals with no physical segregation of, or other discriminatory action against, any child because of race, color, age, nation, origin, sex or handicap.

For information about income eligibility requirements, call the school at 463-8091.

## St. Thomas to hold Red Cross blood drive

The Church of St. Thomas the Apostle on Adams Place in Delmar will host a Red Cross blood drive on Saturday, Aug. 19, from 8 a.m. to 1 p.m.

Donors must be 17 or older. To make an appointment, call Doris Walker at 439-6354. Walk-ins are welcome.

## Five Rivers programs on deck

Five Rivers Environmental Education Center in Delmar recently announced its upcoming programs.

They include the following:

- Tuesday Aug. 22, from 9 a.m. to noon: Project Wild teacher workshop (preregister by Aug. 18).

- Tuesday Aug. 22, at 7 p.m.: Watchable Wildlife: Beaver.

- Wednesday Aug. 23, from 9 a.m. to noon: Aquatic Project Wild (pre-register by Aug. 18).

- Thursday Aug. 24, from 9 a.m. to 1 p.m.: Project WET (Water Education for Teachers) workshop; \$12 registration fee covers teacher's manual and materials. Preregistration by Aug. 18 is required.

- Thursday Aug. 29, at 7 p.m.: Insects by Ear and Eye.

For information or to register, call Five Rivers at 475-0291.

Five Rivers is at 56 Game Farm Road.

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## Physically Speaking

by Nick Valenze, P.T.



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Aquatic therapy is particularly useful for the rehabilitation of the lower back because of the unique physical properties of water. The incidence of low back pain is reaching epidemic proportions. It is estimated that more than 80 percent of the population will suffer from low back pain during their lifetimes. The key to aquatic therapy's beneficial effect is buoyancy, which works in the opposite direction of Earth's gravity. This force supports the submerged portion of the body from the downward pull of gravity. This relative weightlessness produced by water's buoyancy results in less stress to the bones and joints, and provides the opportunity for patients to perform exercises without back pain that may not be feasible on land.

Now that summer is here, individuals who wish to speed recovery from accident, overuse, or a surgical procedure, can learn specific exercises that may be performed in the pool that will help them to achieve their goals. Ask your physician for a referral, or call the number listed below to learn more about our wide range of services which include sports medicine, massage therapy, and ultrasound. For your convenience, we offer free parking, wheelchair access and evening treatment hours.

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**My Romance: An Evening with Jim Brickman**  
Saturday, 7:55 p.m.

**WMHT Plays Favorites**  
Sunday, 7:30 p.m.

**WMHT Plays Favorites**  
Monday, 7:30 p.m.

**Kilimanjaro: Naked Planet Special**  
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# Visit extension exhibits at Altamont Fair

Cornell Cooperative Extension is sponsoring a memorial garden exhibit and home composting demonstrations at the Altamont Fair Tuesday through Sunday, Aug. 15 to 20, from 11 a.m. to 5 p.m.

Demonstrations will be in the 4-H building.

## Lustre Kings to perform

The Lustre Kings, with their vintage rock 'n' roll sound, will perform tonight, Aug. 16, at 7 p.m. at the public library on School Road.

The free concert is sponsored

## NEWS NOTES

### Voorheesville

Jane Norris  
439-8532



by the Friends of the Library.

## School board to meet

The school board will hold its next regular meeting on Monday, Aug. 14, at 7:30 p.m. in the large instructional room at the high school.

## Sixth-grade teachers to host book discussion

Sixth-grade language arts

teachers Sheila Lobel and Nancy Szakats will hold a book review tonight, Aug. 16, at 7:30 p.m. at the elementary school.

Students, accompanied by a parent, should bring their summer reading selections and any questions.

## Heldeberg Workshop plans star party

Albany Area Astronomers will hold a night under the stars on Monday, Aug. 21, at 9 p.m. at Heldeberg Workshop on Picard Road in New Scotland.

The program will include viewing the stars through a variety of telescopes and discussing the constellations.

The rain date is Tuesday, Aug. 22.

For information, call 765-2777 between 9 a.m. and noon.

## Thacher Park plans Indian Ladder trail tour

Thacher Park will offer a tour of the Indian Ladder Trail on Sunday, Aug. 20, at 2 p.m.

The tour will introduce hikers to the geological and cultural history of the trail.

Hikers will meet at Indian Ladder picnic area. There is a \$5 parking fee.

## Thacher to host night sky program

Thacher Park will sponsor a star party with the Albany Area Amateur Astronomers on Saturday, Aug. 19, at 9:30 p.m.

Telescopes will be set up at the nature center site off of Ketchum Road.

The program will be canceled if skies are cloudy. For information, call 872-1237.

## Local team to walk for diabetes cure

Many people, both children and adults, in our community live with diabetes each day.

Many take insulin (up to three or four shots daily) just to survive, and measure all the food they eat. They must test their blood sugar by pricking their fingers up to seven or more times each day.

Still, they run a great risk of developing some or all of the life-threatening complications that strike people who have had diabetes for a number of years.

Individuals can help change the future for people who have diabetes. On Sept. 24, a townwide team of walkers called "Bethlehem Cares" will participate in the Walk to Cure Diabetes at Corporate Woods in Albany.

To walk, call 439-6894 or pre-register using one of the brochures found at many area businesses. All of the money raised will benefit diabetes research.

The first 175 people to turn in at least \$25 for diabetes research will receive a free team T-shirt. Free food and entertainment will be provided for all participants on the day of the walk.

Thanks to the following businesses for sponsoring the T-shirts this year: Allen & Taub Plumbing and Heating, Angela's Pizza & Pasta Restaurant, Blackman & DeStefano Real Estate, Callanan Industries, Capital Cities Imported Cars, Capital District Oral & Maxillofacial Surgeons, Choices Hair Studio and Day Spa, D'Agostino, Krackeler, Baynes & Maguire, Robert M. Deitz, DDS and Thomas P. Doolittle DDS.

Also, Farm Family Life & Casualty Insurance Cos., First Care of Delmar, Kiwanis Club of Delmar, Klersy Building Corp., Northeastern Dental Laboratory Corp., Mr. Subb, Papa John's Pizza, Tangora Technologies and Serling, Decker, Sbuttoni, Boghosian & DiCerro.

If you can't walk, mail a donation, made payable to the Juvenile Diabetes Foundation, to "Bethlehem Cares" at 65 Boylston Drive, Delmar 12054.

For information, call 439-6894.

## BCHS grad chosen as scholar athlete

Michael Leczinsky of Delmar, a 1999 graduate of BCBS, and a student at SUNY Brockport, has been chosen as a Scholar Athlete for the 1999-2000 school year.

Leczinsky, who maintained a dean's list average throughout his freshman year, placed sixth in the high jump at the New York State College Track and Field Championship meet in May. He is also a performing member of Brockport's Student Jazz Ensemble.

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## BCBS student wins scholarship

Kevin Moehringer of Glenmont recently won a Presidential Scholarship from Wake Forest University for distinguished achievement in music.

Moehringer attends Bethlehem Central High School and

plays the trombone.

The Presidential Scholarship's four-year value is \$44,800. It recognizes extraordinary achievement in art, community service, dance, debate, entrepreneurship, music, theater or writing.

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### WHAT TO EXPECT

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Planning to live a long time is a good idea because then you are more likely to have the resources to support your lifestyle if you imagine that, yes, indeed, you will be around to enjoy those grandchildren and friends for a long time! At Good Samaritan Lutheran Health Care Center, 125 Rockefeller Road, we are here to help you with each stage of your life's journey, and cope with its challenges and joys. Our residential community features assisted and independent living. Call 439-8116 for more information.

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# Sports

## Bethlehem Babe Ruth 2000 All-Stars

At the end of the regular season, Bethlehem Babe Ruth selected its 13, 14 and 15 year old All-Star teams for the 2000 season. Additionally, the 13 year olds won the championship game in their 13 year-old District All-Stars competition. The team was coached by Tony Felitte, Ken Hasselbach, Jim Morrill, Paul Parker and Mark Lyons.

The 14 and 15 year-olds played inspired baseball in memory of Russell Ellers. Both teams

### 2000 U.S. Open bus trips scheduled

Two, one day bus trips to the 2000 US OPEN at Flushing Meadows are set for Sunday, Sept. 3, and Monday, Sept. 4 (Labor Day).

The tournament features the world's top men, women, juniors and living tennis legends.

The air-conditioned chartered coaches will depart from the 8 Airline Drive, near Albany Airport at 7:30 a.m. and return to the Albany area by 10:30 p.m. each day.

There is free parking.

The total price including transportation and a reserved center court ticket is \$95. Seating is limited and offered on a first come first served basis.

For information, contact Tom Gould at 441-8623.

### Saab dealership slates golf tourney

New Salem Saab of Slingerlands will sponsor the New Salem Saab Classic Golf Tournament at Albany Country Club on Monday, Sept. 25.

This tournament will benefit the Neonatal Intensive Care Unit of Children's Hospital at Albany Medical Center.

For information, call 478-7222.

battled hard throughout their tournaments. The 15 year olds were coached by Jeff Young, Tony McManus and Dan Colacino.

The individual players selected for All-Star play were as follows:

#### 13 year-olds

sponsored by Davies Office Refurbishing:

Shawn Bukowski  
Shane Connors  
Logan Crusan  
Dan Felitte  
Andrew Hasselbach  
Mike Manzione  
Sean Manning  
Chriss Morrill  
Paul Parker  
Andrew Stanton  
Brian Trombley  
Geoffrey Wilcox

#### 14 year-olds

sponsored by Houghtaling's Market:

Jeff Boynton  
Evan Marsh

Matt Young  
Matt McKenna  
Scott Sajdak  
Bobby McGrath  
Kevin Manilenko  
Rusty Ellers  
Marcus Kaplan  
Josh Frank  
John Necroto  
Brian Mahar  
Dan Seeber  
Rick Rodgers

#### 15 year-olds

sponsored by Grand Union:

Matt Drislane  
Jeff Young  
Eric Hunter  
Jason Colacino  
Chris Bub  
Brian Biche  
Sean McManus  
Mike McGeown-Walker  
Shawn Green  
Dan Stevens  
Sal Signorelli  
Chris Rooney  
Jeff Kattrein

## Players court honors in tennis tournament

At the recent Eastside Clay Court Classic held in Manlius, just outside of Syracuse, a pair of area tennis players made their mark by capturing first place in their respective divisions.

The event which attracted almost 80 players who competed for championship trophies as well as USTA rankings was highlighted by the performance of Capital District stars Amanda O'Hearn and Matt Treadgold.

O'Hearn, of Menands, a top ranked player on the 1999 Suburban Council and Section II champion Shaker High School girls tennis team captured the top honors in the girls 16 year-old division.

After knocking off Laurie Dorschied of Rochester, 7-5, 6-1 in the semifinals, O'Hearn needed three sets (3-6, 6-1, 6-2) to eliminate hometown favorite Andrea Root in the finals.

On the boys side of the draw, Glenmont's Treadgold breezed through the boys 16 year-old bracket without losing a set en route to the title.

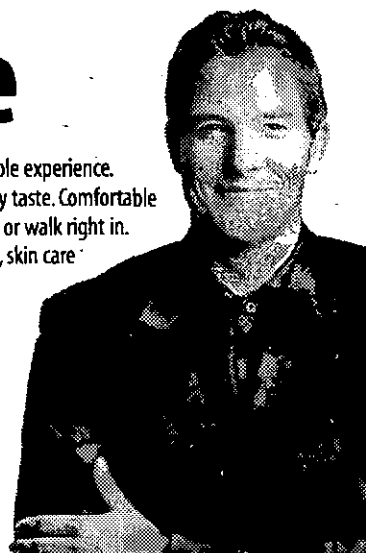
Treadgold, who was a member of Bethlehem Central High School's 16-0 Suburban Council and Section II championship team this past season crushed Manlius' Ryan DePuit 6-2, 6-0 in the finals after ousting Oneida's Mark Thoma 6-4, 7-5 in the semifinals.

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## Open

(From Page 1)

and the inclinometers monitoring movement and piezometers measuring water pressure in the hillside showed no reason for concern, the decision was made to reopen.

"We always said we wouldn't want to reopen it until we can promise people, your family is safe



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going over it," she said. To underscore the point, DOT workers test-drove the road Sunday afternoon — and Susan Burnett, wife of DOT chief geotechnical engineer Rob Burnett, was the first driver to cross the formerly closed stretch of road Sunday night, accompanied by their son.

Fuller said the access pass system adopted for the blockaded road would now be lifted, and the temporary detours that have been in force as well. "It'll be nice driving through town and not seeing these detour signs and variable message boards. And thank God — no more orange passes," she said. Fuller spent time Sunday visiting businesses in Delaware Plaza and leafletting nearby residents door-to-door to spread the word. "They were ecstatic, of course," she said.

For now, police will remain posted at either end of the constricted two-lane roadway, mostly to monitor traffic and assist motorists attempting to exit Grant and Mason roads, exits that will continue to be difficult with only two lanes open. Temporary caution signals have been placed at both intersections, and the speed limit through the area will remain restricted to 30 miles per hour.

"We'll have to see how traffic flows during peak hours," Fuller said. "I'm sure there'll have to be adjustments."

DOT will maintain a 24-hour watch at the site and install trip counters to monitor volume.

In addition, the two side streets between Mason and Grant — Lenox and Winslow streets — will remain closed at Delaware Avenue, and the safety fence in place along the affected sidewalk will remain for now. DOT crews have painted a temporary bicycle-and-pedestrian strip along the western, barricaded edge of the road.

Kelly and Fuller both emphasized the need for drivers and pedestrians to remain attentive in the zone, and cautioned against the curious.

"Because the road is open does not mean the site is now open to the public," Fuller said. "It is a construction site and it remains dangerous. We ask everyone to stay out for their own safety and that of the workers."

And until the streambed is relocated in its new channel, Kelly said, "The site remains at risk" and the possibility of temporary closures of the road remains if events warrant. DOT continues to monitor the behavior of the buttressed slope, and a severe rainfall of more than four inches in 48 hours could still cause renewed slippage, she said.

"Right now, this road is safe and can carry traffic," said Kelly Sunday night. "The thing we're concerned about is that stream down there."

Fuller said, "the state of emergency will remain in place until the buttress is finished and all four lanes are open."

## Police make DWI arrest

By Joseph A. Phillips

A South Bethlehem resident faces multiple charges, including driving while intoxicated (DWI) and endangering the welfare of a minor, in connection with an accident on July 29.

Donald J. Albright, 22, of Spawn Hollow Road, was arrested after the motorcycle he was driving struck an automobile at 9:54 p.m. on South Albany Road at Bell's Crossing.

According to Bethlehem police, James J. Fitzpatrick, 30, of Colonie, was en route to work, making a left-hand turn when his

eastbound vehicle was struck on the passenger side by the motorcycle.

Police said there was no headlight and the used Kawasaki motorcycle, recently purchased by Albright, was unregistered, uninspected, uninsured, had inadequate brakes and lacked a license plate.

Officer Peter Resnick found Albright lying in the road with the motorcycle on top of him. Albright was transported to Albany Medical Center Hospital, where he was treated for minor injuries, and where blood was drawn as evidence.

Neither Albright nor his 12-year-old passenger, who was not seriously injured, was wearing a helmet. In addition to DWI, Albright was cited for reckless driving, endangering the welfare of a minor, and for unauthorized operation of a motor vehicle when a license check determined his license had previously been suspended. He also received eight separate traffic citations for other infractions.

Albright is due in Bethlehem Town Court on Sept. 5.

## Park

(From Page 1)

In an effort to shorten debate on the topic, Supervisor Sheila Fuller appealed to both sides to limit discussion to new information on a proposal that was previously aired at length at the board's June 26 meeting.

But the Park Edge residents, who opposed the designated location on grounds ranging from safety to noise, offered a last-ditch argument against the park on zoning grounds, advanced by Barbara Scheuermann, an attorney and the resident whose home is closest to the park. Arguing that a facility with three or more dogs constituted a "kennel," she questioned whether such a use was intended by the town's land-use reference documents or was in the town's best interest at all.

"I am concerned from a zoning point of view that in weighing the balance of these interests, the zoning code should (prevail)," she said. But proponents questioned that argument. "I don't think this is a dog kennel," said Mark Anson. "I think this is just confusing the issue."

Fuller invited each of the town board members to outline their thinking on the proposal. The lone opponent, Dan Plummer, though supporting the concept in principle, sided with neighbors against the proposed location. "I think it's unsafe," he said, calling for a more rural site.

But George Lenhardt endorsed both concept — "Why not a dog park for responsible dog owners?" — and location.

"In a perfect world, everything would be placed where no one

else lives, and everyone would be seemingly happier," he said. "Also in a perfect world, this town would be a little more rural, like I remember it as a kid. Things have changed."

Somewhere in between were board members Susan Burns and Doris Davis. Burns initially worried about the potential traffic impact of cars arriving and departing from the nearby Park & Ride lot, at what she said the town traffic safety committee has identified as a heavily congested intersection at Elm Avenue. But when Davis proposed a one-year trial for the park concept, Burns joined her in favor.

"If it negatively impacts the neighbors, we need to say, it's time to give it up," Davis said. And Fuller, though declaring her strong support for the park, agreed. "I assure you, if there are problems, it won't be there," she said. "But it deserves a try."

Nearly 45 minutes of contentious discussion followed on the proposed park rules drafted by the advisory committee, debating issues from the proposed dawn-to-dusk hours to the use of dog treats inside the park. Fuller finally halted discussion and sent the proposed rules back to the committee, which includes Park Edge representatives, for another review. No date was set for their return, but Fuller expressed hope that a vote on the rules would come in September.

In the meantime, the board agreed to set the annual use fee at \$20, and a public hearing date will be set by the board next week for proposed parking restrictions in the vicinity.

## Town historical association open to public on Sundays

The town of Bethlehem Historical Association museum is open to the public on Sundays from 2 to 4 p.m. through August.

Items on display in the two-room red school house include artifacts from the 1700s and 1800s. Historic items and information concerning the town's past are gathered and preserved in this building by the association.

Exhibits feature the home, farm, river, ice harvesting and the school.

The collection features homes, farms, buildings, river boats and clothes of the town of Bethlehem since the landing of Henry Hudson in 1609. In addition, there is voluminous material on the history of individuals who founded and developed this area.

The museum is at 1003 River Road, five miles south of Albany, at the corner of Clapper Road and Route 144. It has been listed on the National Register of Historic Places.

There is no charge for admission, and visitors are welcome. The museum is also open by appointment. To make an appointment, call 767-9432 or 439-2403.

## RCS schools to host open houses

Pieter B. Coeymans and A.W. Becker elementary schools will both host open houses on Thursday, Aug. 31, from 9 to 11 a.m. for parents and students who would like to see the location of their fall classrooms.

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# BACK TO SCHOOL



*Backpacks:*

*Weighty matters for your kids*

See Page S-2

# Make sure back to school is easy on your child's back

By Leigh G. Kirtley

Perhaps my memory is weak, but I don't remember carrying a 25-pound backpack to and from school. In fact, we didn't carry backpacks; those were for the L.L. Bean types. We used tote bags or just carried books in our arms.

When my middle schooler walks through the door and drops his pack on the floor, I'm amazed it doesn't fall through to the basement.

What is in there?

Lead weights?

Textbooks. Library books. And a binder for each of his seven academic subjects.

Like any parent, I worry that such a heavy load could injure

his neck or spine.

Because most middle school students can experience rapid growth spurts, their bodies lack the stability typical of their older peers.

This puts them at greater risk for possible injuries.

Dr. Joseph Gulyas, of Center Road Chiropractic in Clifton Park, believes that we need to work together to limit the damage backpacks are causing today's youth.

"It has to be a coordinated effort between administrators, teachers, parents and students," he said. "We need to take an active role."

According to a study by Cornell University, 85 percent of

students complained of symptoms like headaches from spending too much time on the computer.

Gulyas worries that heavy

**For 8- to 9-year-olds, Gulyas recommends that students should not carry more than 15 percent of their body weight. Teens can handle up to 25 percent.**

backpacks could be adding to our children's aches and pains. As the parent of an eighth grade student, he knows that not all children will tell their parents when they hurt.

He said it is up to parents to be aware of changes in their child's general health. Neck and shoulder pain are obvious signs, as well as lower back pain.

None of these is normal for an otherwise healthy young person. More subtle symptoms could include headaches, loss of sleep, changes in posture and even dizziness. "There's no such thing as a normal, everyday headache," Gulyas said. Some advocates propose that students have two of every textbook, one for homework, one to stay at school.

In a time when taxpayers balk at ever-increasing school budgets, that solution is unrealistic. Backpacks with wheels and extending handles like carry-on luggage are another alternative.

Unfortunately, they, too, are expensive and students have not yet accepted the luggage concept.

Until a viable solution can be found, Gulyas offers some tips to avoid unnecessary muscle strain.

Limiting the weight any way you can is the first goal. Carrying one or two textbooks in your arms can help take the load off your back. This also

helps to distribute the weight more evenly, Gulyas' second tip.

Always carry your backpack on both shoulders and use backpacks with a waist strap.

The strap has the added benefit of stabilizing the pack.

Messenger bags are popular and help balance the weight.

It also helps to switch shoulders if you will be carrying the bag for a long time. "Messenger bags are a step in the right direction, but weight is the bottom line," Gulyas said. "Excessive weight no matter how it's carried can cause problems," he said.

For 8- to 9-year-olds, Gulyas recommends that students should not carry more than 15 percent of their body weight. Teens can handle up to 25 percent.

Of course, his favorite tip is to use the wheeled backpacks. They take the weight off your shoulders, neck and spine. His daughter is one of a handful of students using this type of backpack.

Heavy backpacks may be part of our children's school years, but aches and pains are not.

## Teach kids to win against test anxiety

Standardized tests are now an integral part of every child's school career. As parents, it's important to be supportive of your children as they face an array of assessment measures that will critically affect their future.

Try these test-taking techniques from the education professionals.

### Before the Test

- Practice with similar sample tests.
- Review, but don't cram, the night before. Pace your studying over days or weeks.
- Get a good night's sleep and a good breakfast.

### During the Test

- Read all directions carefully.
- Budget your time. Try to go through the test three times,

a first pass for what you know easily, a second pass to work through the difficult questions and a final check.

- Read all questions carefully and read all answers before choosing one. Compare them to the answer in your head.
- Look for clues in the questions or the types of answers given.
- Erase stray or misleading marks from your answer sheet.
- Check for careless mistakes, skipped questions or misinterpreted directions.
- Guess, especially if there's no penalty for a wrong answer. You won't get credit for leaving blanks.

With these tips any child can approach tests with more confidence from kindergarten to college.



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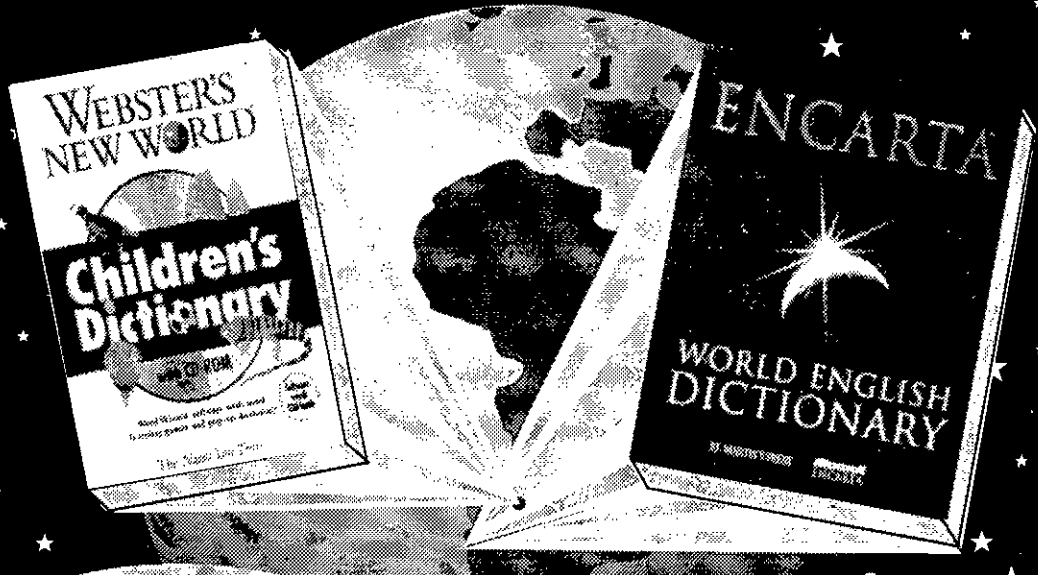
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# Help yourself to successful snack and lunch packing ideas

Tasty, nutritious and tempting. These are three qualities kids' lunches and snacks need to have.

Nutritious is a quality that makes parents happy, but tasty and tempting are qualities that

and a flavorful, colorful fruitsalad.

Keep it cool.

To prevent spoilage, use an insulated lunch bag. Or choose snacks that require no can opener or refrigeration, such as granola, trail mix, raw chopped vegetables,

bite-sized fruit in convenient bowls.

Varieties include diced peaches, mixed fruit (peaches, pears and pineapple), pineapple, and tropical (pineapple and papaya).

Cut it up.

Fruit kabobs are a delicious, refreshing treat and easy to pack for summer adventures.

Assemble using skewers and a variety of healthful treats, including strawberries, pineapple, melon, and marshmallows.

After lunch, the containers can be used to collect sea shells and create sand castles.

Give kids the vote.

Take your child with you to the grocery store. Let your child help pick out and prepare healthful meals and snacks.

Children have a greater chance of eating the lunch if they picked it out themselves.

Think small. Children have smaller appetites than many adults. Small-portioned lunch box stuffers include pretzels, string cheese, hard boiled eggs or peanut butter and jelly crackers.

**Think small. Children have smaller appetites than many adults. Small-portioned lunch box stuffers include pretzels, string cheese, hard boiled eggs or peanut butter and jelly crackers.**

mean lunches are more likely to get eaten.

Fortunately, packing nutritious lunches and snacks that tempt tastebuds can be easier with a few tips from the experts:

Get creative with colors.

Include foods with varied colors, textures and flavors.

Try red, green, orange, yellow and purple foods for contrast. For example, bag a veggie and bologna sandwich on pita bread, blue-corn baked chips,

pretzels or fruit bowls.

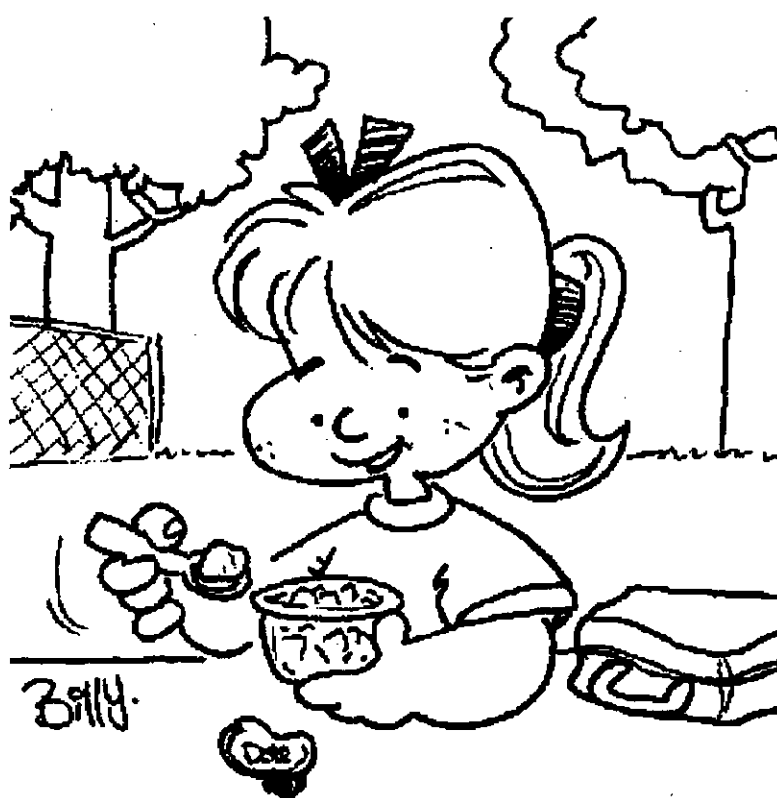
Another alternative is to place fruit salads in the bag frozen.

They'll keep lunch cool until they melt at lunchtime.

Creative does it.

Add sliced bananas instead of jelly to a peanut butter sandwich; fill celery sticks with flavored cream cheese; include a fruit smoothie; add popcorn instead of chips.

Homemade fruit bowls contain



Keep it cool. Placing a frozen fruit salad in your child's lunch will keep the other ingredients cool. Also remember to think small. Kids appetites are usually proportional to their size.

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## On your marks



Activities like this Father's Day run can keep kids busy during those after school hours.

## Activities entertain and enlighten

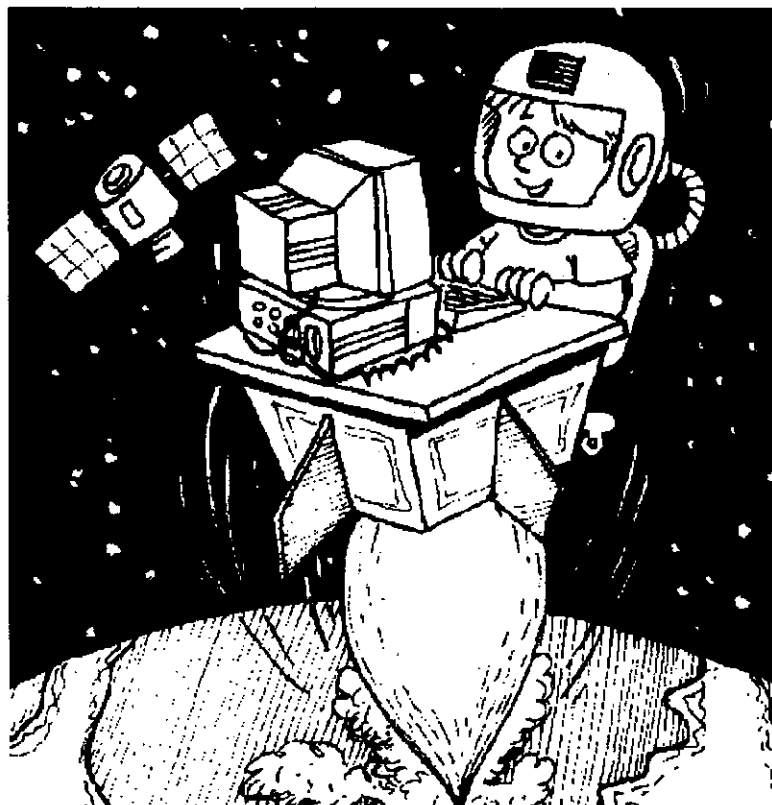
By Jennifer Arsenault

Whether your work hours don't mesh with you child's school schedule, or your budding Picasso wants some artistic instruction, the Capital District has plenty of after school activities to choose from. Sports programs abound at the Parkside YMCA in Scotia.

They offer a pre-sports program for children 4-5, peewee sports for 5-6 year olds, gymnastics for ages 6 and up, soccer for 7-12 year olds, indoor tennis, karate for 7-15 year olds, all levels of swim lessons, and a youth running club for two ages groups: 6-10 year olds and 11 and up.

The Y also has a "Fit Kids" program for ages 8-11. "It's kind of an introduction to working out in a fitness center geared toward teaching the fundamentals of exercise," said Membership Director Donna Prabel. Registration for programs begin on Aug. 19, and the session starts Sept. 18.

For members, the classes run from \$38 to \$40 for seven weeks. Non-members must purchase a \$25 program



A variety of after school activities can widen a child's horizons.

membership which lasts a year.

School's Out, Inc. of Delmar provides before and after school activities through

school cafeteria, or church. School buses transport students where the programs are being held if none is available in their school.

Participating students get to choose from a variety of activities, including arts & crafts, sewing, cooking, drama, woodworking, computers, board games, outdoor play or homework.

Schenectady County's Boys and Girls Club, located in Rotterdam, also has a wide variety of classes after school starting Sept. 18.

Their programs run the gamut from acting workshops to sports and fitness, along with tutoring, career development, and arts and crafts.

Red Cross swim lessons, levels 1-7, will also be taught. "We're exploring some other opportunities down the road," said director John Vacarro. All events are included with a \$5 yearly membership fee.

If your children crave some more stimulation on weekends, the Arts Center for the Capital Region (formerly the Rensselaer County Council for the Arts) in Troy has painting, drawing and ceramic classes starting at age 5.

"If a child has an interest, we nurture and develop it and teach basic skills," said Administrative Assistant Ethan Roy. The Arts Center's fall catalog will be available soon

**If a child has an interest, we nurture and develop it and teach basic skills.**

**Ethan Roy**

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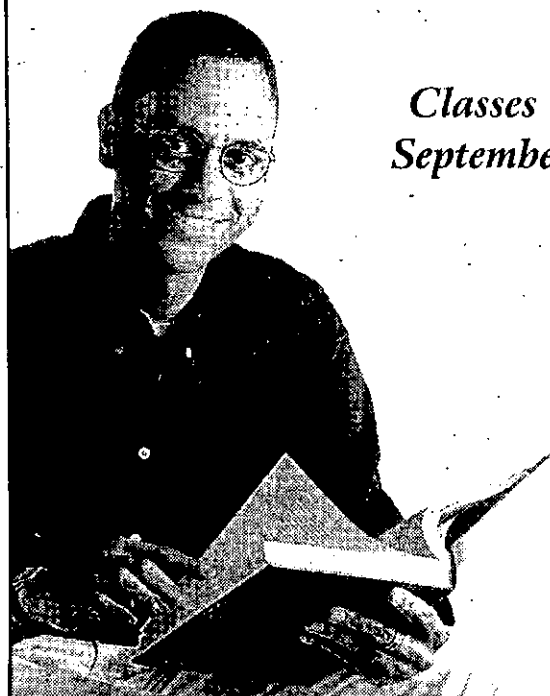
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# Start children off on the right foot this school year

For most elementary school students, going back to school means an opportunity to learn new skills.

No matter what subject from understanding the alphabet in kindergarten to memorizing multiplication tables in third grade children's minds develop at incredible rates.

And, as most parents know, their feet seem to grow almost as quickly.

Although often overlooked, children's growing feet and the shoes they wear are important to their health.

According to pediatrician

Steven Parker, co-author of the current edition of Dr. Spock's Baby & Child Care, children who consistently wear shoes that provide a good fit are more likely to have healthy feet as adults.

"Nearly 75 percent of Americans will experience minor to serious foot problems during their lifetime," Parker said.

"Children who wear supportive, properly fitting shoes may avoid becoming part of that statistic," he said.

Most children are born with perfect feet, and childhood marks a critical phase in foot development.



Steven Parker

In the first two years, a child's foot changes dramatically and much of the permanent development occurs.

By the time a child is 8 years old, the soft cartilage in the foot matures and the supporting elements are permanently set.

By age 10, 85 percent of a child's foot size is developed.

Parents can ensure the entire process goes smoothly by working with their pediatrician and providing their child with properly fitting shoes.

To ensure correct growth and development, Parker recommends parents have their children's feet examined at every check-up.

When shopping for shoes for their children, parents should pay attention to more than just the length of the shoe.

Parker recommends the following tips to ensure kids feet are safe and happy.

Be sure shoes provide sufficient arch support for comfort and stability.

Check for ample cushioning. Don't expect children to break in shoes.

If your child feels some discomfort, the shoes are not properly fitted to your child's feet.

Look for shoes that provide plenty of toe room.

Allow an index finger's width from the end of the longest toe to the end of the shoe for growth.

Ensure that the shoes are durable and flexible in the sole and ball of the foot

Remember if the child gets off on the right foot right away, the rest of the school transitions can be a lot easier.

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Founded in 1971, the college focuses on the relationship between the student and a faculty "mentor" who guides the student from the planning stages of their college program through graduation.

Now that even more adult learners are going back to school to advance their careers or for personal satisfaction, programs such as Empire State College's are proving even more attractive. In fact, in the 21st century higher education in general may increasingly come to resemble what Empire State College pioneered nearly 30 years ago.

For example, many observers believe that as the new communications technologies become more readily available the modern university will not necessarily be a place where people come together for scheduled classroom lectures, but a place where information flows and people sometimes meet, but that reaches out in ways that wouldn't have been possible in the past.

Empire State College with more than 40 locations state-wide, as well as distance learning options, offers opportunities at the associate bachelor's and master's degree levels throughout New York State and beyond. Locally these locations include its Northeast Center in Albany and locations in Cobleskill, Hudson, Johnstown, Saratoga Springs, Schenectady and Troy.

For information visit the


Web site at [www.esc.edu/Northeast](http://www.esc.edu/Northeast).

Students may cross register in formal courses at other New York state colleges and Universities.

Field experiences, internships and on-the-job training may also be incorporated into learning contracts in many professional areas.

Most of the College's students are 25-55 years old and are employed as professionals, managers or as skilled workers. More than 50 percent are women and 82 percent study part-time.

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# Adults can join children as they go back to school this year

By Leigh G. Kirtley

Adults eager to continue their education can select from a wide variety of programs.

From evening and weekend continuing education classes, to online degree programs, there is no limit to the type of courses or learning styles available.

High schools and community centers offer classes in everything from ballroom dance to foreign language study and MBA programs. In the Capital District, higher learning institutions like the State University of New York, Siena, Union College and Schenectady Community College offer courses and degrees for adult students including online courses.

For example, Hudson Valley Community College (HVCC) offers two basic programs for adults.

One is its Continuing Education, which offers accredited courses and degrees.

The other program is the Community and Professional Education program with a wide range of non-credit classes. "We have something for everyone, from kids to seniors," said Debbie Shoemaker, coordinator for the program.

You can broaden your horizons with classes like floral arranging or drawing, or you can improve your business skills through financial and communication courses.

Looking for a new career? They also have an interior design class where you can receive a non-credit certificate.

"People tend to sign up for whatever catches their eye," Shoemaker said. If you are interested in a degree program, Skidmore College offers a unique program called University Without Walls.

Adult students have an opportunity to create their own degree based on their interests. "It changed my life," said Jude Winters, vice president for sales and marketing for Carlson Wagonlit Travel.

At first, she was not sure what type of degree she would work toward. But with guidance from an academic adviser and a University Without Walls adviser, she will receive an American Studies degree in Culture and History next May. Originally, Winters sought continuing education for personal enrichment.

Now she feels that the

learning process has made her an asset not only to her career, but also to her community.

"I'm working on me so I can give back when I'm done," she said. Winters' final project is a paper on the history of women travelers. It has stirred a passion to help other women.

***I'm working on me so I can give back when I am done.***

Jude Winters

If, on the other hand, you to look higher education to further your career, The College of Saint Rose offers a program that can give you college credits and possibly save you time and money.

Since 1972, the Experiential Learning program has been giving matriculating students college credits for demonstrated knowledge.

This might include military training, on-the-job-training like computer programming or even extensive knowledge in a hobby, like photography. "It's very affirming to a person who has been working," said Anne Tully, dean for graduate, adult and

continuing education. "The tricky part is to articulate that knowledge."

Students take a three-hour portfolio course and are encouraged to take a writing course to help them through the process.

They can receive up to 12 credits for a one-time fee ranging from \$300 to \$475. Normally, one three-credit course would cost almost \$900.

For information on adult learning opportunities, visit your local library where you will find course catalogs for colleges and universities.



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# Parents use on-line location to plan and pay for college

Most of America's teens have more on their minds this summer than beach parties and part-time jobs.

More than 82 percent of students are likely to spend part of their vacations planning for college, and many will turn to the Web for help.

One relatively new site, [wiredscholar.com](http://wiredscholar.com), contains interactive tools and online information for college preparation, evaluation, selection, application and financing, all in one location.

Developed by Sallie Mae, which is one of the nation's leading providers of education funding, [wiredscholar.com](http://wiredscholar.com) is the only online resource to provide comprehensive and objective tools for the entire "going-to-college" process.

"Wiredscholar.com is an extension of Sallie Mae's commitment to helping students achieve a higher education," said Paul Carey, executive vice president of Sallie Mae.

"Since more than nine out of ten teenagers are online regularly, the Internet is the ideal place for such an extensive college preparation resource," said Carey.

The free resource was developed with recommendations from students, parents and guidance professionals.

"Guidance counselors assist hundreds of high school students in making their post-graduation plans each year," said Audrey Hill, former president of the National Association of College Admissions Counselors (NACAC).

"I am always looking to direct my students to free resources with easy to use objective and valuable information. [Wiredscholar.com](http://Wiredscholar.com) will help them make the best decision about their education."

The site provides detailed information for the six phases of the going-to-college process:



Looking on-line for information can save parents time and money. It also offers parents and college students a chance to work together to find solutions and ideas.

## Preparing

The site offers online self-assessment tools, test-preparation tips and sample test questions for the SAT and ACT.

## Selecting

The Website creators have put together information on more than 4,000 post-secondary institutions.

## Applying

Contained in the site are details on how to obtain recommendations, highlight accomplishments and write effective college application essays.

## Paying

Expect to get free access to one of the largest scholarship databases containing more than \$1

billion in scholarship funds.

## Deciding

The site has invaluable tools to help families understand, evaluate and compare acceptance and financial aid award letters.

## Financing

Lastly there is information about the student loan process, how to choose a loan program and apply for funds online.

Once you make the investment of time it makes sense to make the most of it. Working on-line helps parents and teens find all the answers to their questions in one place.

Visit [www.wiredscholar.com](http://www.wiredscholar.com) for information about planning and paying for college.



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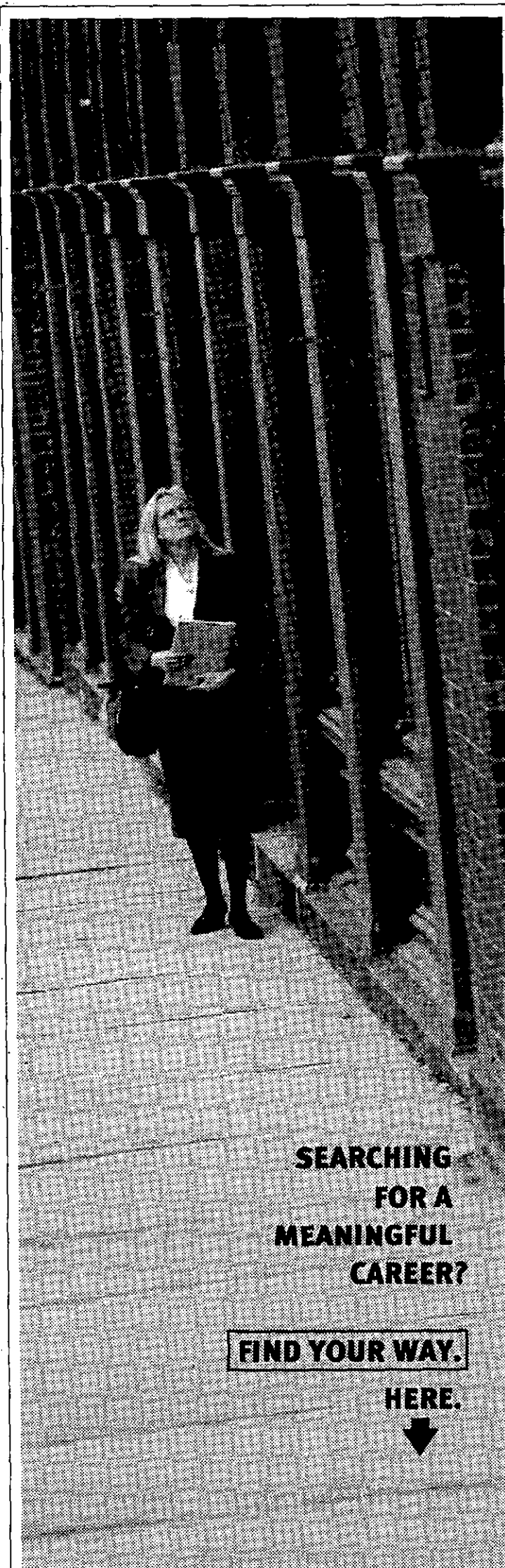
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# Make the first day of school easy on kids and moms

By Jennifer Arsenault

It's a moment captured on film for most of us: a 5 year old, knapsack in hand, getting on the big yellow bus for their first

day of kindergarten. Local schools have put a lot of effort into making a child's transition from pre-schooler to elementary student a smooth one and make sure the expression on your child's face is one of excitement, not fright.

The North Colonie School District hosts several events,

including an ice cream party where the new students meet their teachers, a scavenger hunt that helps kids get oriented to the school building, and a practice bus-ride.

"That's the hardest part for a lot of kids at the beginning of the year, riding a bus," said Principal James Martin of

Latham Ridge Elementary School.

On the first day of school, each kindergarten classroom in North Colonie has a theme complete with footprints that lead the way there.

Adults are positioned throughout the buildings to ensure that no one gets lost.

The Niskayuna School district also plans activities to make the entry into kindergarten less dramatic, said Superintendent of School J. Briggs McAndrews.

Families are invited to attend classes with their children for the first three days of the school year.

There are also orientations to the school and the buses beforehand. Parents can help set a calm tone by preparing children at home.

Martin said that parents should talk to their kids about school, bring the child in to see the school and the playground beyond the initial orientation.

Craig Elementary School teacher Trish O'Sullivan recommended establishing a routine for the evenings before school. And most important stick to it.

Her suggestions for evening routines are varied.

For instance she suggests parents help children to wind down by stating that it's close to bed time.

Additionally if you work with the child instead of against that may help.

Help them pack a backpack and talk about handing in homework to the teacher the next day.

It is helpful is to work with the child to select clothes for the next day.

Most important, according to O'Sullivan, is an early and consistent bedtime.

Morning rituals could include a nice greeting, family breakfast, washing up for the day and getting dressed.

"Stay in the same room as your child dresses himself/herself," O'Sullivan said

"Dressing themselves should be a kindergarten kid's responsibility," she said.

Also, make sure your child is wearing his or her bus tag and gets out to the bus stop in time.

While the first day of school is never easy for parents, following some of the above advice can make the transition a little easier on children.

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## Soccer moms score big as coaches



Olympic and World Cup champion Joy Fawcett with daughters, Carli (left) and Katey, is the spokesperson for C'mon Mom!, a campaign to get more moms involved in their children's sporting lives.

If you're like most people, when you hear the words "soccer mom" you probably think of kid-toting car pools and sideline cheerleaders — anything but coaches.

But a new campaign called C'mon Mom! is raising awareness of the special role mothers play in their children's sporting lives.

The program encourages moms to get off the sidelines and into the game by providing them with the tools they need to become volunteer coaches, as well as more knowledgeable and supportive spectators.

According to the National Alliance for Youth Sports, only eight to 10 percent of the 3 million volunteer coaches expected to participate in youth sports this year will be women.

Far fewer will actually be moms, despite the fact that 85 percent of all volunteer coaches are parents with a child on the team.

"Moms are the last untapped resource for volunteer coaches," said John Hartigan, director of the Alliance's Start Smart Soccer program for children ages 3 to 5, which launches nationally this fall.

Kid-e-sport's C'mon Mom! is described by World Cup soccer champion Joy Fawcett, the campaign's spokesperson and the mother of two young girls, as the first national sports education program exclusively for mothers.

"Providing moms with everything they need to know about soccer right at their fingertips is key to getting them into the game," Fawcett said. "If they know more, they might feel more comfortable about coaching."

The program, created by kid-e-

sport.com, a children's sporting goods Web site, in partnership with the National Alliance for Youth Sports and the Women's Sports Foundation, focuses on soccer — one of the fastest-growing youth sports in America.

"Although dads are traditionally the volunteer team coaches, off the field, soccer moms are the 'everyday' coaches in their children's lives," said Donna Lopiano, executive director of the Women's Sports Foundation.

"Organizing kids into cooperative groups, keeping the boredom out and the fun in, and motivating children to be healthy participants in the 'game of life' ideally positions moms to be great sports coaches."

In fact, C'mon Mom! was inspired by a real mom. Despite her daily involvement in the children's sporting goods industry, Lauren Sveen, founder of kid-e-sport.com,

found herself apprehensive about coaching her daughter's kindergarten team.

"I wanted to do something to make myself and other moms feel more confident about getting involved," said Sveen.

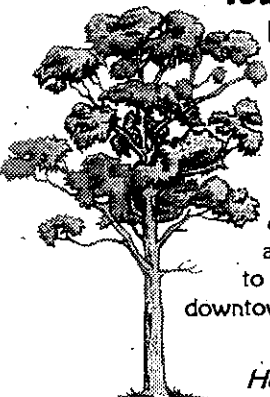
C'mon Mom! hopes to dissipate any self-doubt mothers may feel about coaching.

"Just as team sports are no longer just for boys, coaching is no longer just for dads," said Sveen.

A free soccer starter kit, containing a brochure of youth soccer facts, coaching tips and backyard games, as well as a Soccer Made EZ CD-Rom sports software created by women for women is available by registering online at [www.comeonmom.com](http://www.comeonmom.com) or by calling, toll free, 1-877-955-CMON (2666). C'mon Mom! will be expanding into other sports as well.

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## SEFCU starts car loan program for first timers

SEFCU has a new loan program designed to help first time borrowers get the cash they need to purchase a car and establish a good credit history.

These car loans are available to any SEFCU member who has no borrowing history and meets financial qualifications.

In particular this loan was designed for young credit union members (18 years and older) in need of a car loan as well as for those who have always used cash rather than credit.

SEFCU realizes that first-time borrowers are often at a disadvantage because many banks are reluctant to lend to someone who does not have a demonstrated history of loan repayment.

First loans at SEFCU combine the opportunity to obtain the initial car loan and an optional \$500 line of credit, with the ability to help new borrowers establish a good credit history.

The First Loan program offers a maximum secured loan amount

of \$10,000 with a \$500 line of credit in the form of a Cash Reserve. Borrowers must have or open a SEFCU checking account with a CheckCard and make payments through payroll deduction or direct deposit (or if not available, through automatic transfer).

Borrowers obtain their loan at a slightly higher interest rate than SEFCU's regular loan rates.

The interest rate on the car loan will decrease after six months of on-time payments and the completion of a Home Study Course, available on SEFCU's Web site, or at any branch.

Members who request a First Loan Cash Reserve in addition to their car loan will be offered a higher borrowing limit after timely payments over the six-month period, and then may qualify for additional loan products.

You can apply by completing an application at [sefcu.com](http://sefcu.com), contacting the call center or visit any SEFCU branch.

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# Choices abound for those rejoining the work force

By Leigh G. Kirtley

When you wave goodbye as the school bus takes your youngest child off to first grade, you think it's time to re-start your career.

Do you work in a traditional office setting or do you start a home business?

The answer depends more on what kind of person you are than the job skills you possess.

"You have to be very passionate and optimistic about what you do," said Christina Anderson, owner of Van Antwerp Pottery in Niskayuna and author of "Working While They Nap."

Eight years ago, this mother of four saw the need for a second family income.

She believed a home business was her best option.

She decided to make pottery because she had taken a class and enjoyed the craft.

"It took me about a year of practice before I got it right," she said. Besides getting the pottery design right, Anderson had to create a balance among working, running a household and raising her children.

"I plan everything and you have to be very organized and disciplined to make it work," Anderson said.

Today, her home business has grown to include corporate clients, two sales associates and

a Web site, [www.vapottery.com](http://www.vapottery.com). When her youngest goes to school full time this fall, she plans to stay focused despite the freedom of being home alone for eight hours.

Lynda

Kinns, owner of Kinns and Associates e-Publishing and Design in Clifton Park, started her career in corporate America then opted for a home business 11 years ago.

Like Anderson, she stressed the need for discipline and organization.

"It must be in you to run a business from home. You have to be focused and disciplined," she said.

"And remember, there is no such thing as normal office hours." Kinns stays active in school activities during the day and helps her two children with homework and projects.

She often works late in the evening to meet clients' deadlines. This kind of flexibility is one advantage of running your own businesses.

On the other hand, your income could be as flexible as your schedule so budgeting

becomes critical.

You also need to set aside a portion of your earnings for self-employment taxes.

If being an entrepreneur is not in your plans, then finding

the right job could be challenging. Chances are your resume, if you have one, is out of date and your interview skills are a little

rusty.

Working with a recruiter can help overcome these obstacles. Not only can a recruiter build

your resume, but also evaluate all your skills and point you in the right direction.

Pat Lederman, an Albany recruiter, works with candidates at all levels from entry-level to corporate executives. "I can add color to a resume and explain gaps and lower red flags," she said.

In addition, Lederman can suggest adding more marketable skills to your resume like computer and Internet knowledge, which are currently hot items. She can also prepare you for an interview and give you background information on the

company. Another advantage to working with some like Lederman is that she may have access to positions you won't find in the classified ads.

And while she can't guarantee you will get hired, she can recommend positions well suited to your talents. "My goal is to find the right match," Lederman said.

Whether the right match for you is corporate America or an office in the basement, consider your personality and expectations as well as your job skills.

A satisfying career is more than a paycheck.

**Your income could be as flexible as your schedule so you need to budget.**

## Simple rules can keep playgrounds safe for all at school or at home

By Peggy Mermelstein

Play is an essential part of healthy development in children, and playgrounds provide chances for children to develop motor, cognitive, perceptual and social skills.

Often, however, playgrounds are the sites of unintentional injuries. The leading cause of playground equipment-related deaths is strangulation; the majority of these deaths occur on home playgrounds.

The majority of nonfatal playground equipment-related injuries, which are most often due to falls, take place on public playgrounds, including school, day care and park

playgrounds. In a 1998 survey, U.S. playgrounds received a grade of C- when rated on physical hazards and behavioral elements, including supervision and age-appropriate design.

Adults must create playgrounds that are challenging for children and reasonably safe. In fact, playground injuries can be reduced by 40 percent just by always providing adult supervision and by maintaining visual and auditory contact.

Using age-appropriate equipment, following a regular maintenance schedule, limiting equipment height and maintaining adequate surfacing, combined with adult supervision, can also greatly reduce the

incidence and severity of injuries.

The National SAFE KIDS Campaign and the Capital Region SAFE KIDS Coalition offer these guidelines for playground safety:

Check the playground's surface.

Asphalt and concrete are too dangerous for children. Grass and soil are better, but if they become compacted and hard, they are dangerous as well.

Twelve inches of shredded mulch, pea gravel, crushed stone and other loose surfaces are safe if well maintained.

These materials require continuous maintenance: leveling, grading, raking and sifting to maintain cushioning ability.

A close eye on the playground can keep things safe and fun as kids return to school.

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# Keep the lines of communication open with your caregiver

By Karen J. Bond

You drop your kids off in the morning and pick them up after work.

Inbetween those hours they are inhabiting a world that you don't get to be a part of very often.

Your window into that world are the lines of communication that you open between you and your child's daycare provider.

That dialog can be the key to understanding your child's day and for the caregiver, communicating with the parents helps them to understand the child's life at home; away from the group setting.

There are many ways available for parents and childcare providers to communicate: verbal, written, formal or informal and you can use any of these way to bring around an effective rapport.

To avoid any misunderstandings be sure to establish communications and preferred methods of communicating immediately. Parents should know that it is never too early to confirm how information

will be shared.

To understand the guidelines in which your caregiver works begin by reading the parent handbook you should receive which will outline the center's policies.

Read all the literature your child brings home.

Be sure to respond to requests from you, even if it is a negative, this will let them know how best to accommodate all the children.

One question that parents repeatedly ask caregivers is when is the best time the parent to talk with the caregiver?

The answer is that there is no "best" time.

That is to say that the best time is dependent on your caregiver

and their schedule.

Ask your careprovider—they will gladly tell you which times are better and which times to avoid.

Should you call or visit during the caregiver's lunch?

Often, the teacher will say yes, but remember to use this time carefully, teachers need to eat too.

Visiting your child at the center is the best way to see and feel your child's experiences. It is important to note that in New York, you may drop by anytime to visit your child at the center.

You may want to know which times are best for your caregiver, but you do not need an appointment to visit your child.

However, you may need an appointment to meet with the teacher in a formal way.

Caregiver and parents agree that simple miscommunication can be the source of many frustrations between provider and parent.

It is important to be clear with your expectations and instructions.

Any kind dietary requests must be given verbally and also written out.

Give the caregiver a list of what are acceptable and what are not acceptable food choices.

Requests for different people to pick up your child must also be written.

Remind the person picking up the child of the center's rules for pick-up.

Tell them if there is a sign-out sheet or if they must give photo identification or a written note from you?

You should always tell your caregiver if your child is on medication.

Often, medications may affect more than just symptoms of illness. They also affect behavior, mood, sleep patterns and appetite.

It may also be helpful to the teacher if, when you drop off

your child, you let them know if your child had an unusual night.

Did they stay up late?

Was there a family emergency or is the family experiencing changes that may affect the child's behavior?

Many factors can affect a child's behavior and if the provider is prepared they can offer additional assistance to your son or daughter.

Of course information is exchanged not only from you to the caregiver, but from the center back to you.

You can use the information you get from the day care to communicate with your child.

Ask the providers what happened during the day: activities, what was for lunch, did they play outside?

This will give you specific information that you can then use to talk to your child about their day.

This is especially important if your child is too young to discuss his or her day with you.

Good communication is an important aspect to the overall relationship you will foster with your child's caregiver.

An open dialogue between you and your caregiver will lead to a rewarding relationship with your child care professional.

## What is the chain of command?

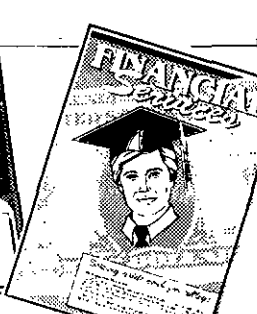
◆ If you have a concern or problem with your child's classroom, speak to your child's teacher first. She or he should be your first contact.

◆ If you feel that your concerns have not been addressed, next go to the director.

◆ If you still do not feel that you were helped or

that the problem has been alleviated or with any other child care questions, contact the New York State Office of Children and Family Services at 518-402-3038.

◆ In addition to that Office, you may also get information on child care from the Capital District Child Care Coordinating Council. They can be reached at 518-426-7181.



### JANUARY

#### Spring & Summer Brides

Issue Date: Jan. 5, Deadline: Dec. 22

#### Update 2000 Part 1 - Services

Issue Date: Jan. 26, Deadline: Jan. 12

### FEBRUARY

#### Update 2000 Part 2 - Finance

Issue Date: Feb. 9, Deadline: Jan. 26

#### Update 2000 Part 3 - Business

Issue Date: Feb. 23, Deadline: Feb. 9

### MARCH

#### Food

Issue Date: March 8, Deadline: Feb. 23

#### Spring Fashion

Issue Date: March 22, Deadline: Mar. 8

### APRIL

#### Home & Garden

Issue Date: April 5, Deadline: Mar. 22

#### Automotive

Issue Date: April 19, Deadline: April 10

### MAY

#### Senior Scene

Issue Date: May 3, Deadline: April 19

#### Welcome Summer

Issue Date: May 24, Deadline: May 10

### JUNE

#### Building & Remodeling

Issue Date: June 7, Deadline: May 24

#### Class of 2000

Issue Date: June 28, Deadline: June 14

### JULY

#### Summer Arts & Entertainment

Issue Date: July 5, Deadline: June 21

#### Senior Scene

Issue Date: July 26, Deadline: July 12

### AUGUST

#### Back to School

Issue Date: August 16, Deadline: Aug. 2

#### Health Care

Issue Date: Aug. 30, Deadline: Aug. 16

### SEPTEMBER

#### Community Guides

Issue Date: Sept. 13, Deadline: Aug. 30

#### Home Decorating & Remodeling

Issue Date: Sept. 27, Deadline: Sept. 13

### OCTOBER

#### Beauty Guide

Issue Date: Oct. 11, Deadline: Sept. 27

#### Fall Automotive

Issue Date: Oct. 25, Deadline: Oct. 16

### NOVEMBER

#### Party Guide

Issue Date: Nov. 8, Deadline: Oct. 25

#### Holiday Gift Guide I

Issue Date: Nov. 22, Deadline: Nov. 15

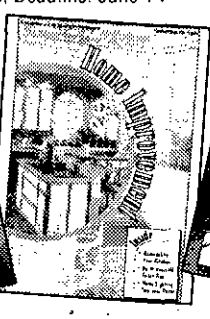
### DECEMBER

#### Holiday Gift Guide II

Issue Date: Dec. 6, Deadline: Nov. 29

#### Last Minute Gift Guide

Issue Date: Dec. 20, Deadline: Dec. 13



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# Parents can help children improve study and life skills

By Cathy Hull

Remember when you were a student, did you ever ask, "What good is grammar (or geometry or social studies) going to do for me later in life?" Be honest.

Now, return to today.

When was the last time you took notes at a meeting?

Or prioritized your "to-do" list? Or organized a project start to finish?

The skills you use to do such tasks at work and at home today are the same skills you learned and honed in English class (and geometry and social studies).

Now, your children are developing those skills which will enable them to read analytically, write and speak expressively and think strategically. And when they ask,

"What good is this going to do me?", you know that it all starts with taking notes in history class, studying for that

bio exam and juggling time to accommodate school, sports and social calendars!

Organization, time management, note taking, test taking and strategic reading are all essential study skills that are first introduced to young people in the classroom, but ultimately transfer far beyond school.

To help your children develop these skills in a way that is meaningful to them, mainly applying them to their "job," which is school, here are some tips which parents can follow:

## Organization and time management

Have your child use a planning calendar to track daily, weekly and monthly assignments and responsibilities.

Encourage him/her to break down large, complex tasks into manageable pieces.



Cathy Hull is the director of Sylvan Learning Centers in Clifton Park and Albany.

Teach your children to prioritize homework and other tasks when they get home from school, then complete the tasks in that order.

## Note taking

Don't panic if a child's notes look sloppy and disorganized. It's often just a sign of a child with an active mind organizing things in ways that work best for him or her.

Encourage children to review their notes and even rewrite them if necessary to be sure they make sense.

As they review their notes, have children identify the most important points and highlight them.

## Test taking

Urge a child to study over a period of days or weeks instead of cramming the night before.

Be sure they go in to the test with the right equipment, whether that means a calculator, class notes, textbooks or simply a pencil.

Encourage them to answer test questions they know first and then go on to the more challenging questions.

## Reading

Encourage young readers to use all the clues available to them while reading, such as headlines, pictures, captions, charts, tables and graphs.

Urge them to read different types of writing, such as books of fiction and nonfiction, newspapers and magazine articles, letters, and Websites.

Talk with kids after they read a book or article. Have them tell you what the story was about, why it did or didn't interest them, how it related to their life.

Studies show that the more involved parents are with their children's education, the better the children do in school. What the studies don't say is that this involvement is not just with children's school but with children's lives.

Because life is a balance of basic core skills such as reading and math, personal skills such as communication, and responsibility skills such as organization and time management, parents need to nourish all these skills, not just the ones that yield a grade.

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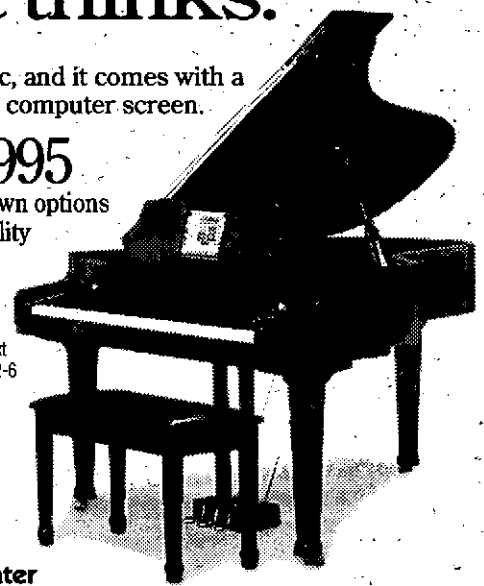
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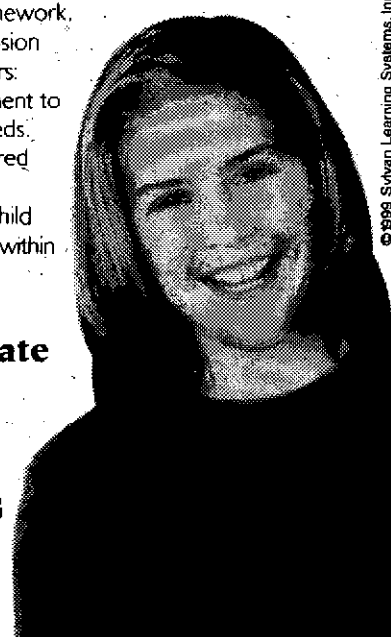
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Anne and Glenn Davis

## Weber, Davis marry

Anne Fredricka Weber, daughter of William and Mary Ellen Weber of Delmar, and Glenn Alan Davis, son of H. Lee Davis of Catskill and the late Pauline Davis, were married Nov. 13.

The Rev. James Walsh performed the ceremony at the chapel at Academy of the Holy Names in Albany.

A reception followed at Wolfert's Roost Country Club in Loudonville.

The maid of honor was Emily Weber, sister of the bride. Bridesmaids were Tricia Donohue, Jane Nickodemus and Maura Chapey.

The best man was Scott Davis, brother of the groom. Ushers were Tom DeBerry, Mark Ellis and Michael Meo.

The bride is a graduate of Bethlehem Central High School and Providence College.

She has a master's degree from The College of Saint Rose and is a special education teacher at Altamont Elementary School.

The groom is a graduate of Catskill High School and Syracuse University.

He is director of golf at Albany Country Club in Gunderland.

After a wedding trip to Aruba, the couple lives in Delmar.

## Glenmont student receives honors

Christine Cedilotte of Glenmont has been selected to represent Russell Sage College in the year 2000 issues of *Who's Who in American Universities and Colleges* and *The United States Achievement Academy's All-American Scholar Collegiate Directory*.

Her ongoing participation, leadership and service to the college community, as well as her overall academic excellence, was recognized this spring by induction into the college's Athenian and Sage Circle honor societies.

Cedilotte, a senior majoring in physical therapy, is also vice president of the class of 2001.

## Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to P.O. Box 100, Delmar 12054.

## Births

### Bellevue Hospital

Girl, Phair Elizabeth Haldin, to Patricia and Kurt Haldin of Selkirk, July 21.

Girl, Isabella Helen-Teri Tinsmon, to Jennifer and Michael Tinsmon of Slingerlands, July 29.

### St. Peter's Hospital

Girl, Laurel Rose Anson, to Jennifer and Scott Anson of Delmar, June 9.

## Dean's List

Eastern Connecticut State University — Elizabeth Clement of Delmar.

St. Bonaventure University — Robert Nelson of Delmar.

SUNY Brockport — Michael Leccinsky of Delmar.

SUNY Plattsburgh — Carolyn Clement of Delmar.

University of Rochester — Brandon Freeman and Kathryn Daley, both of Delmar.

University of Vermont — Dana Perlmutter of Slingerlands.

William Smith College — Jill Dugas of Glenmont.

## BCHS grad named to All Academic Team

The State University of New York Athletic Conference (SUNYAC) has named Carolyn Clement of Delmar to the Spring 2000 All Academic team.

This honor is reserved for those varsity student athletes who completed the season and achieved a minimum of a 3.3 semester grade point average.

Clement, who just finished her freshman year, was the starting catcher on the SUNY Plattsburgh softball team. She was second in batting and had the highest fielding percentage of all starters on the team.

ABCHS graduate, Clement was a member of the varsity softball team for two years and part of the program for six.

## Delmar woman wins music scholarship

Lauren Rice, a junior communications and music major at SUNY Geneseo, has been awarded the school's annual music scholarship for the coming academic year.

The award is based on her excellence in French horn performance and overall musicianship.

She is the daughter of Frank and Ruth Rice of Delmar.



John Di Anni and Brooke Short

## Short, Di Anni engaged

Brooke Erin Short, daughter of Douglas and Judith Short of Orlando, Fla., and John Michael Di Anni, son of John and Maureen Di Anni of Selkirk, are engaged to be married.

The bride-to-be is a graduate of the University of Florida.

She is a graduate student at

Nova Southeastern University College of Osteopathic Medicine.

The future groom is a graduate of Bethlehem Central High School and the University of Florida.

He is a senior automated specialist at NABI in Boca Raton.

The couple plans a Jan. 6 wedding.

## College student earns department award

Elizabeth Clement of Delmar, a student at Eastern Connecticut State University, recently won an award for having the highest grade point average of all freshman in

the physical education department.

She was also an outfielder on the varsity softball team.

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## Community



## Parks & Rec to host free skating at arena

Bethlehem Parks and Recreation night at the B.I.G Arena is set for Saturday, Aug. 19.

There will be free skating on both rinks from 6 to 9 p.m. All are welcome.

# Obituaries

## Craig Warren Baker

Craig Warren Baker, 81, of Slingerlands died Friday, Aug. 11.

Born in Albany, he was a graduate of Williston Academy and Lehigh University.

He was a former co-owner of Baker Bros. Oil Co.

Mr. Baker retired from the state Thruway Authority purchasing department.

He was a member of the University Club, Bridge Line Historical Society, Mohawk & Hudson Chapter of the National Railroad Society, Steamship Historical Society, Shriners Cyprus Temple and the Wadsworth Masonic Lodge.

Survivors include his wife, Elizabeth Brown Baker; two daughters, Donna Baker Holley of Delmar and Caroline Ribelin of Arden, N.C.; three granddaughters; and a great-grandson.

Services were from the Tebbutt Funeral Home in Delmar.

Burial was in Memory's Garden in Colonie.

Contributions may be made to Bethlehem Volunteer Ambulance, 1121 Route 9W, Selkirk 12158.

## Lillian Silverman

Lillian Lerner Silverman, 89, of Autumn Drive in North Bethlehem died Saturday, Aug. 12.

Born in Albany, she was the widow of Harry Silverman.

Survivors include two sons, Marvin Silverman of Albany and Norman Silverman of Naples, Fla.; a sister, Sarah Kahn of Albany; two grandchildren; and a great-granddaughter.

Services were from the Independent Benevolent Cemetery in Guilderland.

Arrangements were by the Levine Memorial Chapel in Albany.

Contributions may be made to Daughters of Sarah Nursing Home, Washington Avenue Extension, Albany 12203.

## Alvah Sturtevant

Alvah F. Sturtevant, 93, of Daytona Beach, Fla., and formerly of Delmar died Friday, Aug. 11, at Halifax Medical Center.

Born in Ontario, Canada, she was a registered nurse.

She worked for Albany Medi-

cal Center Hospital before she retired.

Mrs. Sturtevant was a member of the Albany Nurses Association.

She was the widow of Leo J. Sturtevant.

Survivors include a son, James Sturtevant of Port Orange, Fla.; two daughters, Patricia Whitehead of Chicopee, Mass., and Jean Conklin of Port Orange, Fla.; a sister, Velma Wallace of Ontario; three grandchildren; and five great-grandchildren.

Services are scheduled for 11 a.m. today, Aug. 16, at the Applebee Funeral Home, 403 Kenwood Ave., Delmar. A calling hour will precede the service.

Burial will be in Memory's Garden in Colonie.

Contributions may be made to the Alzheimer's Association, 310 Nova Road, Ormond Beach, Fla. 32174.

## Jean Cohen

Jean A. Cohen, 87, of Autumn Drive in North Bethlehem died Saturday, Aug. 12, at St. Peter's Hospital in Albany.

Born in Albany, she was a member of Congregation Beth Emeth in Albany.

She was a member of Colonie Country Club and was a volunteer at Albany Medical Center Hospital thrift shop.

She was the widow of Walter Cohen.

Survivors include two sons, Henry Cohen of Delmar and James Cohen of Guilderland; a brother, Henry Alexander of Myrtle Beach, S.C.; eight grandchildren; and a great-grandson.

Services were from Congregation Beth Emeth.

Burial was in Beth Emeth Cemetery in Loudonville.

Arrangements were by the Levine Memorial Chapel.

Contributions may be made to Congregation Beth Emeth, 100 Academy Road, Albany 12209 or Wildwood School, 2995 Curry Road Extension, Schenectady 12303.

## John Devine

John R. Devine, 74, of Delmar died Wednesday, Aug. 9, at St. Peter's Hospital in Albany.

Born in Albany, he was a graduate of the former Vincentian Institute and Siena College.

He was an Army veteran of World War II.

Mr. Devine worked for the Thruway Authority finance department before he retired.

He was a communicant of the Church of St. Thomas the Apostle in Delmar. He was a life member of the Elsmere Fire Co., and a member of the Nathaniel Adams Blanchard American Legion Post 1040 in Delmar.

He was the husband of the late Diana Daly Devine.

Survivors include his wife, Sara "Sally" Devine; a daughter, Mary Mulchy of Guilderland; a son Gregory Devine of Exeter, N.H.; a sister, Marian Devine of Albany; a brother, Raymond Devine of Albany; and two grandchildren.

Services were from the Church of St. Thomas the Apostle.

Arrangements were by the Applebee Funeral Home in Delmar.

Contributions may be made to the Red Cross, 33 Everett Road, Colonie 12205 or the Mohawk & Hudson Humane Society, Oakland Avenue, Menands 12204.

## Beatrice Schwager

Beatrice Bloom Schwager of Delmar died Saturday, Aug. 5, at Good Samaritan Lutheran Health Care Center.

Mrs. Schwager was a longtime resident of Teaneck, N.J. before moving to Delmar in 1992.

She was a member of Congregation Beth Emeth in Albany.

Mrs. Schwager was a legal secretary for the federal Department of Labor and Department of Justice for 25 years. She was executive assistant to the chief prosecutor for the IBM anti-trust suit, the longest federal anti-trust litigation on record.

Survivors include her husband, Edward Schwager; a daughter, Marian Schwager of Delmar; and two grandchildren.

Services were private.

Burial was in Wellwood Cemetery in Farmingdale, Long Island.

Contributions may be made to Bethlehem Senior Projects, 445 Delaware Ave., Delmar 12054.

## Ruth Long

Ruth B. Long, 92, of Albany and formerly of Delmar, died Monday, Aug. 7, at Child's Nursing Home in Albany.

She was born in New Scotland.

Survivors include two nephews, Albert Mead of Delmar and Richard Marley of Albany; and two nieces, Betty Strause of Schenectady and Norma Hertzog of Florida.

Services were from the Applebee Funeral Home.

Burial was in Jerusalem Cemetery in Feura Bush.

Contributions may be made to Unionville Reformed Church, 1134 Delaware Turnpike, Delmar 12054.

## Delmar library slates programs

Bethlehem Public Library has planned educational programs scheduled this month.

• Friday, Aug. 18, at 10:30 a.m. children 22 to 35 months can explore all kinds of flying through stories, songs and crafts in "Come Fly With Us".

• Saturday, Aug. 19, at 2 p.m. a representative from Princeton Review will present "SAT Strategies," a 90-minute program that offers techniques to improve PSAT and SAT scores.

• Thursday, Aug. 24, at 2:30 p.m. preschoolers 3 to 6 years old will celebrate the gift of nature with stories and songs.

For information, call 439-9314.

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### Albany County

|               |          |  |  |
|---------------|----------|--|--|
| Tues. Aug. 22 | 10:00 am | 76 Diner                                     | 722 Loudon Rd., Rte. 9, Latham, NY 12110 |
| Tues. Aug. 29 | 10:00 am | Albany Library                               | 161 Washington Ave., Albany, NY 12210    |
| Tues. Aug. 29 | 10:00 am | Grandma's                                    | 1273 Central Ave., Albany, NY 12205      |
| Tues. Aug. 29 | 2-4 pm   | Sidney Albert Albany Jewish Community Center | 340 Whitehall Rd., Albany, NY 12208      |
| Thur. Aug. 31 | 10:00 am | McDonald's                                   | 16th & Broadway, Watervliet, NY 12189    |

Senior Blue is a coordinated care health plan operating under a Medicare+Choice contract between HealthNow NY, Inc. and the Health Care Financing Administration (HCFA), with continuous open enrollment in Albany, Fulton, Montgomery, Rensselaer, Saratoga, Schenectady & Warren counties. Senior Blue applicants must be entitled to Part A, enrolled in Part B, pay all required plan premiums and continue to pay any required Medicare premiums. All Medicare beneficiaries residing in the Senior Blue service area may apply. All care must be received through the Senior Blue network of contracted medical providers, with the exception of emergency and out-of-area urgently needed services. FLYER2 10/98



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# Family ENTERTAINMENT

## CAL S ♦ ARTS & ENTERTAINMENT

### Area art venues offer unique exhibits

By JOHN BRENT

For art lovers, it isn't always necessary to travel to New York or other big cities to see impressive collections of painting, sculpture and other works of art.

As our rainy Capital District summer quickly draws to a close, there are a couple of art shows, one right in town and the other only a short drive away.

Individuals, groups and families can plan an outing to the great indoors that overcast skies and wet weather can't put a damper on.

In Colonie, Albany International Airport is featuring an exhibit in its third floor gallery entitled

**The Albany International Airport Gallery is presenting "Sankofa: Celebrating 25 Years of Black Dimensions in Art Inc." The exhibit features the work of African-American artists including Fern Cunningham whose bust of Harriet Tubman is shown, left, and painter Barbara Zuber whose "Ball Players" is shown below.**

"Sankofa: Celebrating 25 Years of Black Dimensions in Art, Inc."

The exhibit marks the anniversary of BDA, a nonprofit organization that celebrates the rich cultural legacy of art from the African Diaspora through exhibits, publications and educational programs.

The show presents works from the past three decades — the 70s, 80s and 90s — and includes pieces by renown artists Romare Bearden, Hale Woodruff and Jacob Lawrence. Also included in the exhibit are paintings, sculpture and textiles from more than 25 contemporary artists.

Sankofa is a mythical bird originating within the cultural history of the Akan ethnic group in West Africa.

"This legendary creature is often characterized in sculpture and prints as a bird that moves forward while facing backward. It is said that this image represents the importance of retrieving the wisdom and knowledge of the past in preparation for effectively moving forward into the future," said Stephen J. Tyson, Sr., co-curator of the exhibit.

In addition to the exhibit, there will be a series of programs held in the community room on concourse B, second floor.

The first program is scheduled for Friday, Aug. 18, at 1 p.m. "Step on Board: The Emergence of African-American Sculpture," will be hosted by Fern Cunningham. The artist and educator will discuss her recent commission in Boston's Harriet Tubman Park and the efforts of African-American artists to participate in the world of public art.

On Wednesday, Sept. 27, at 7 p.m., Stephen J. Tyson will host "Sankofa: A Cultural Legacy." The visual artist and educator will present an overview of events and artists who have contributed to the BDA in the Capital District.

The final program features Ademola Olugebefola, activist and artist, who will discuss the impact the Black Arts movement of the 1960s had on his artistic development. This program will be presented on Thursday, Oct. 12, at 7 p.m.

The exhibit will run through Nov. 27. The Albany International Airport Gallery hours are from 6 a.m. to 11 p.m. daily. There is no charge for admission. For information, call 242-2240.

The Norman Rockwell Museum in Stockbridge, Mass., is currently presenting a exhibit of the work of a different Rockwell. Rockwell Kent, an American artist and illustrator was a contemporary of Norman Rockwell but his work was quite different in style from the museum's namesake. The exhibit, "Distant Shores: The Odyssey of Rockwell Kent," offers visitors a rare opportunity to see a large collection of the artist's work.

More than 80 paintings, watercolors, drawings and wood engravings are presented in the exhibit. The pieces were brought in from many museums and private collections and include works from the State Hermitage Museum in St. Petersburg, Russia.

Kent's adventures to remote areas inspired works of stylized beauty. His work depicts the people and places of Maine, Alaska, Newfoundland, Tierra del Fuego and Greenland.

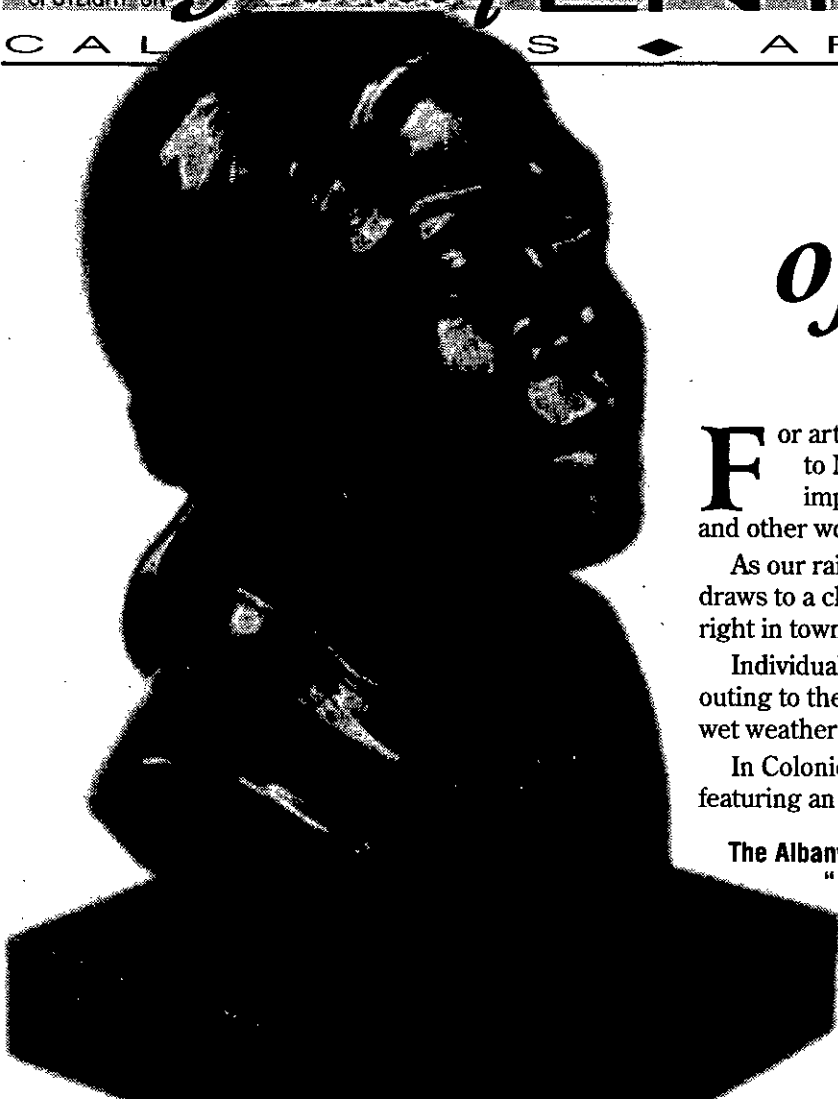
In addition to works depicting his travels, the exhibit also features a fascinating series of black and white illustrations Kent created for Herman Melville's *Moby Dick*.

The Rockwell Kent exhibit runs through Oct. 29.

As always, the museum also offers standing exhibits of works by Norman Rockwell.

Located on Route 183 in Stockbridge, Mass., the museum is open daily, year round. The current hours are 10 a.m. to 5 p.m.

Adult admission is \$9, children under 18, with an adult, are admitted free. Call (413) 298-4100 for information.



Two of the Rockwell Kent works on display at the Norman Rockwell Museum in Stockbridge, Mass., are "Greenland Courtship," left, and "God Bless the Greenlanders," right.



## Theater

Mac-Haydn Theater, Route 203,  
Chatham, through Aug. 20, \$18.90 and  
\$20.90, \$9 for children under 12.  
Information, 392-9292.

Theater Barn, Route 20, New Lebanon, through Aug. 20, \$17, \$15 matinees. Information, 794-8989.

Broadway musical, Park Playhouse, Washington Park Lakehouse, Albany, 8 p.m., through Aug. 17, reserved seats, \$10 and \$12, amphitheater seats, free. Information, 434-0776.

relationship comedy, Capital Rep., 111 N. Pearl St., Albany, through Aug. 27, \$25 to \$35. Information, 445-7469.

family mystery, Stageworks at North Pointe Cultural Center, Route 9, Kinderhook, through Aug. 27, \$16 to \$18. Information, 822-9667.

Moss Hart comedy, Williamstown Theater Festival, Route 2, through Aug. 27, \$25 to \$40. Information, 413-458-3200.

world premiere of religious musical, Schenectady County Community College, 78 Washington Ave., Aug. 17 to 19, 7:30 p.m., \$15, \$10 for seniors and students. Information, 869-3030.

## Music

Saratoga Performing Arts Center, Saratoga Springs, Aug. 16 — Wine, Women & Song, Aug. 17 — Perlman Plays and Conducts, Aug. 18 — "Porgy and Bess," Aug. 19, Those Fabulous Philadelphians, all shows at 8:15 p.m., \$19.50 to \$38. Information, 587-3330.

Spa Little Theater at Saratoga Performing Arts Center, Saratoga Springs, Aug. 20, The Romantics, 2:15 p.m., Aug. 21, Young Artist Concert, 8:15 p.m.  
Information: 587-3330

with 10,000 Maniacs, Empire State Plaza, Albany, Aug. 16, 6:30 p.m., free.  
Information, 473-0559.

McGeary's, 4 Clinton Square, Albany,  
Aug. 17, 10 p.m., \$10 in advance, \$15 at  
the door. Information: 463-1455.

jazz guitar, The Van Dyck, 235 Union St., Schenectady, Aug. 18 and 19, 7 and 9:30 p.m., \$20. Information, 473-0559.

former Eagle, Pepsi Arena, South Pearl Street, Albany, Aug. 23, 8 p.m., \$35 to \$55. Information: 487-2000.

## Visual Arts

A Shaker Legacy, through Oct. 22, Treasures from the Wunsch Americana Foundation and the Weitsman Stoneware Collection, through Sept. 13, plus permanent collections, Empire State Plaza, Madison Avenue. Information, 474-5877

**Sankofa: 25 Years of Black Dimensions in Art**, through Nov. 27. Information, 242-2240.

in Standish Library of Siena College,  
Route 9, Loudonville, exhibit on the Irish  
in religion, through Sept. 15.  
Information 783-2517

invitation for new members to join in singing classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

rehearsals at Columbia High School, Luther Road, East Greenbush, 7 to 9 p.m.; Tuesdays. Information: 477-8308.

Classes/Lectures

in many folk instruments, Old Songs, ROI  
Center, Route 155, Guilderland.  
Information, 765-2815.

ongoing, Albany Institute of History &  
Art Information 463-4478

ongoing, all levels, ballet, jazz and modern, New School of Ballet, 1098 Parkwood Blvd., Schenectady, Mondays to Thursdays and Saturdays. Information, 346-1096

watercolor, oil and drawing, beginner and intermediate, Wednesdays and Thursdays, taught by Kristin Woodward. Information, 783-1828.

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I E G H P E P N C B G Z P P P  
X T S A W H T A U S N P N E N  
R E A R P A S P O A I M A K I  
L R M D I J U I P R Y I P A F  
G P P P E D D A D B R A L C F  
Y A A A X W J S U T F S I Q U  
P N N N A P I A G O O G O O M

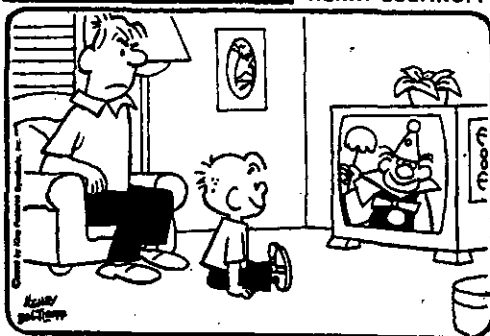
**Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.**

|          |            |                 |          |
|----------|------------|-----------------|----------|
| Cake pan | Dustpan    | Moo goo gai pan | Sampan   |
| Deadpan  | Frying pan | Muffin pan      | Saucepan |
| Dishpan  | Hardpan    | Oil pan         | Taipan   |
| Drip pan | Japan      | Saipan          |          |

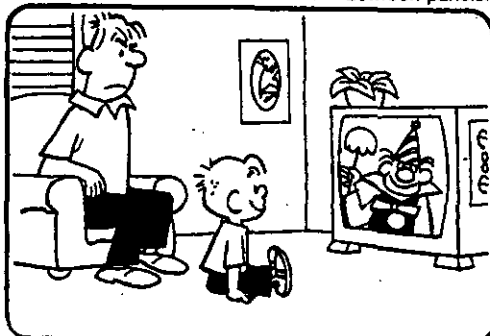
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## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



Find at least six differences in details between panels.

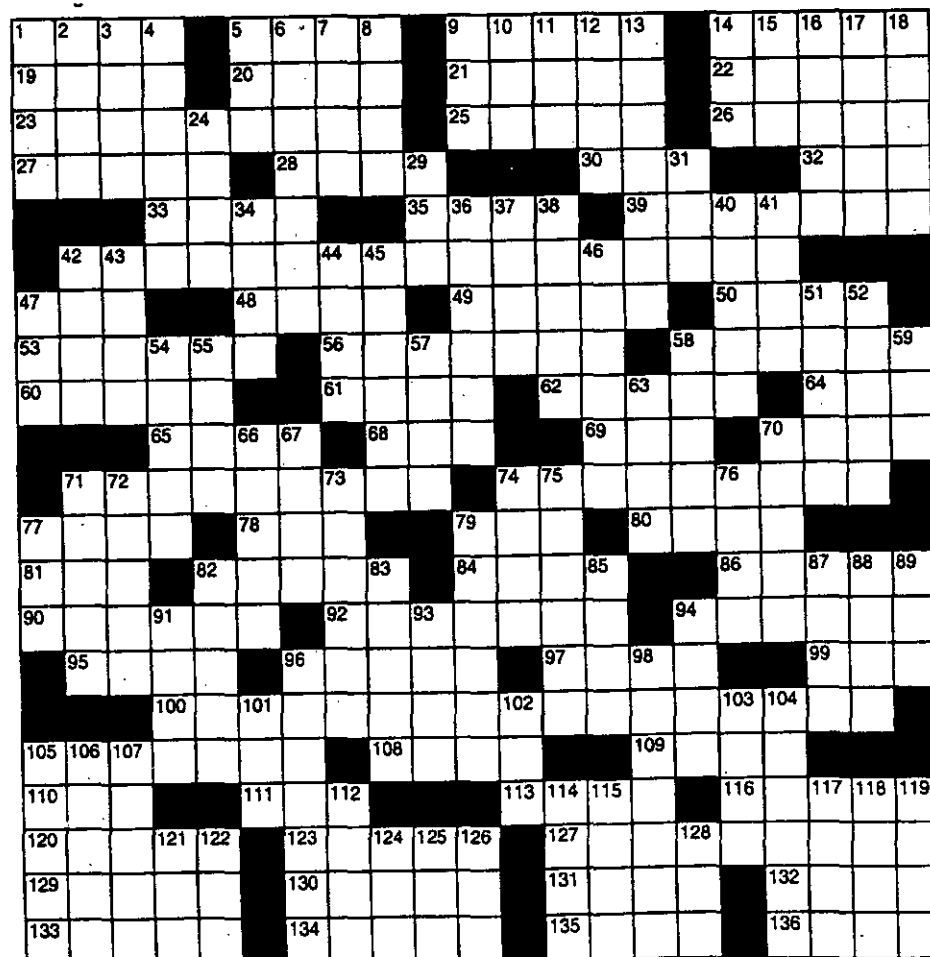


1. Plant is moved. 2. Picture is moved. 3. Lamp is missing. 4. Pillow is removed. 5. Clown hat is different. 6. Hassock is missing.

# The Super CROSSWORD

## Super Crossword

|                        |                       |                        |                        |                       |                        |
|------------------------|-----------------------|------------------------|------------------------|-----------------------|------------------------|
| <b>ACROSS</b>          | <b>10</b> — lily      | <b>39</b> Fuss and     | <b>7</b> Punjabi       | <b>47</b> Tic — toe   | <b>88</b> Shiva and    |
| <b>1</b> Commedia      | <b>61</b> Raison d'—  | <b>feathers</b>        | <b>princess</b>        | <b>51</b> Islamic     | <b>Ganesha</b>         |
| <b>dell'—</b>          | <b>62</b> Big hit?    | <b>100</b> Part 5 of   | <b>8</b> Anklebiter    | <b>51</b> deify       | <b>89</b> Conceit      |
| <b>5</b> One of the    | <b>64</b> Creepy      | <b>remark</b>          | <b>9</b> Behave like   | <b>52</b> Muralist    | <b>91</b> See          |
| <b>Mavericks</b>       | <b>Christopher</b>    | <b>105</b> Patron      | <b>a bunny</b>         | <b>Rivera</b>         | <b>96</b> Across       |
| <b>9</b> Seraglio      | <b>65</b> Word on a   | <b>108</b> Chore       | <b>10</b> "Gotcha!"    | <b>54</b> Point the   | <b>93</b> —            |
| <b>14</b> Telescope    | <b>fuse</b>           | <b>109</b> "The        | <b>11</b> Sought       | <b>finger at</b>      | <b>California</b>      |
| <b>view</b>            | <b>68</b> Suffix with | <b>Longest</b>         | <b>office</b>          | <b>55</b> Reverse's   | <b>94</b> Discern      |
| <b>19</b> Clark's      | <b>racket</b>         | <b>Day</b> author      | <b>12</b> "— go        | <b>signal</b>         | <b>96</b> "Message     |
| <b>co-worker</b>       | <b>69</b> Farm        | <b>110</b> Baby rat    | <b>brag!)"</b>         | <b>57</b> Bailiwick   | <b>to Michael"</b>     |
| <b>20</b> "An apple    | <b>feature</b>        | <b>111</b> Lady of     | <b>13</b> A la King?   | <b>58</b> Elfman of   | <b>singer</b>          |
| <b>— ...</b>           | <b>70</b> Spice-rack  | <b>the lea</b>         | <b>14</b> Leader       | <b>"Dharma &amp;</b>  | <b>98</b> Bible        |
| <b>21</b> Catherine of | <b>item</b>           | <b>113</b> Eastern     | <b>Calloway</b>        | <b>Greg"</b>          | <b>feature</b>         |
| <b>"Home</b>           | <b>71</b> Part 3 of   | <b>discipline</b>      | <b>15</b> Be in debt   | <b>59</b> Born        | <b>101</b> Affliction  |
| <b>Alone"</b>          | <b>remark</b>         | <b>116</b> Furious     | <b>16</b> Hyper        | <b>63</b> Proper      | <b>102</b> Overhead    |
| <b>22</b> Mindful      | <b>74</b> Part 4 of   | <b>120</b> Part owner? | <b>17</b> Fromm or     | <b>66</b> Wilder      | <b>item?"</b>          |
| <b>23</b> Start of a   | <b>remark</b>         | <b>123</b> Tower       | <b>Segal</b>           | <b>works</b>          | <b>103</b> Couple      |
| <b>remark by</b>       | <b>77</b> Skin        | <b>material?</b>       | <b>18</b> Doctrine     | <b>67</b> Wd.         | <b>104</b> Add         |
| <b>John Yeck</b>       | <b>problem</b>        | <b>127</b> End of      | <b>24</b> Biggest part | <b>segment</b>        | <b>nutrients</b>       |
| <b>25</b> — button     | <b>78</b> Monte       | <b>remark</b>          | <b>of a fish?"</b>     | <b>70</b> Wise guy    | <b>105</b> Tic         |
| <b>26</b> Neighbor of  | <b>Rosa, for</b>      | <b>129</b> Tantrum     | <b>29</b> Recipe       | <b>71</b> Descendant  | <b>106</b> Designer    |
| <b>Nigeria</b>         | <b>one</b>            | <b>130</b> Johnson of  | <b>abbr.</b>           | <b>72</b> Prelim      | <b>Emilio</b>          |
| <b>27</b> Confused     | <b>79</b> Dion's      | <b>"Brief</b>          | <b>31</b> Reggae's     | <b>73</b> Lack of     | <b>107</b> Made a      |
| <b>28</b> Artist       | <b>"Runaround"</b>    | <b>Encounter"</b>      | <b>Marley</b>          | <b>feeling</b>        | <b>choice</b>          |
| <b>Mondrian</b>        | <b>girl</b>           | <b>131</b> Sometimes   | <b>34</b> Female       | <b>74</b> Feed a fire | <b>112</b> Get —       |
| <b>30</b> Apprehend    | <b>80</b> Mitchell    | <b>it's sweet</b>      | <b>zebra</b>           | <b>75</b> Use another | <b>(retaliate)</b>     |
| <b>32</b> Winter       | <b>homestead</b>      | <b>132</b> Stylish     | <b>36</b> German       | <b>blue pencil?</b>   | <b>114</b> Bismarck or |
| <b>hazard</b>          | <b>81</b> Glowing     | <b>133</b> Gold bug?   | <b>astronomer</b>      | <b>76</b> Faucet      | <b>Kruger</b>          |
| <b>33</b> Lincoln or   | <b>82</b> Rule        | <b>134</b> Talent      | <b>37</b> New York     | <b>problem</b>        | <b>115</b> Purpose     |
| <b>Zumwalt</b>         | <b>84</b> "— Angel"   | <b>135</b> Couturier   | <b>county</b>          | <b>77</b> Landon or   | <b>117</b> Turkish     |
| <b>35</b> Swerve       | <b>('60 smash)</b>    | <b>Cassini</b>         | <b>38</b> Tow truck    | <b>Kjellin</b>        | <b>title</b>           |
| <b>39</b> Slavic soup  | <b>86</b> Persona     | <b>136</b> Diner fare  | <b>feature</b>         | <b>79</b> Position    | <b>118</b> "— can't    |
| <b>42</b> Part 2 of    | <b>90</b> Publishing  | <b>DOWN</b>            | <b>40</b> Hearsay      | <b>82</b> Jennifer of | <b>bel"</b>            |
| <b>remark</b>          | <b>magnate</b>        | <b>1</b> See           | <b>41</b> TV's "One    | <b>"Flash-</b>        | <b>119</b> Impress     |
| <b>47</b> Ring stat    | <b>92</b> Diva        | <b>87</b> Down         | <b>— Beyond"</b>       | <b>dance"</b>         | <b>121</b> — roll      |
| <b>48</b> Pull the     | <b>Renata</b>         | <b>2</b> Carrot or     | <b>42</b> Gumbo        | <b>83</b> Most minute | <b>122</b> Legal       |
| <b>Trigger?</b>        | <b>94</b> Author's    | <b>parsnip</b>         | <b>veggie</b>          | <b>85</b> "The Secret | <b>matter of</b>       |
| <b>49</b> — nez        | <b>afterthought</b>   | <b>3</b> Canterbury    | <b>43</b> Stable       | <b>of —"</b>          | <b>124</b> Stangy      |
| <b>50</b> Western      | <b>95</b> Asta's      | <b>cans</b>            | <b>youngster</b>       | <b>('82 film)</b>     | <b>suffix</b>          |
| <b>lake</b>            | <b>mistress</b>       | <b>4</b> Value         | <b>44</b> Aspect       | <b>87</b> With        | <b>125</b> Rocker      |
| <b>53</b> Fit for      | <b>96</b> With 91     | <b>5</b> Humbug        | <b>45</b> Pulls        | <b>1</b> Down,        | <b>Ocasek</b>          |
| <b>farming</b>         | <b>Down, fiber</b>    | <b>lead-in</b>         | <b>together</b>        | <b>"Sweet</b>         | <b>126</b> Babbie      |
| <b>56</b> Patois       | <b>source</b>         | <b>6</b> Fatty         | <b>46</b> They're very | <b>Liberty"</b>       | <b>128</b> Med.        |
| <b>58</b> Rag man?     | <b>97</b> Urchins     |                        | <b>well-armed</b>      | <b>director</b>       | <b>test</b>            |



# The Spotlight CALENDAR

**Wed. 8/16**
**BETHLEHEM  
YOUTH EMPLOYMENT SVCS.**

Parks and Recreation Office, Elm Avenue Park, 9:30 - noon. Also Thurs., 2-4:30 p.m. Information, 439-0503.

**"BOOKSTART" AT LIBRARY**

Workshop for parents of children ages 1-5 on selecting books for young children, how to share stories, and use of the library for support. Bethlehem Public Library, 451 Delaware Ave., Delmar, 7 p.m. Registration, 439-9314.

**SOLID ROCK CHURCH**

1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

**ZONING BOARD OF APPEALS**

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

**BINGO**

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

**BC SCHOOL BOARD**

district office, 90 Adams Place, 8 p.m. Information, 439-7098.

**BETHLEHEM ELKS LODGE 2233**

Route 144, Cedar Hill, 8 p.m. Information, 767-2886.

**ONESQUETHAU CHAPTER, ORDER  
OF THE EASTERN STAR**

Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

**TESTIMONY MEETING**

First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

**LEGAL NOTICE**
**ARTICLES OF  
ORGANIZATION OF DIAMOND  
VIEW, LLC  
UNDER SECTION 203 OF THE  
LIMITED LIABILITY COMPANY  
LAW OF THE STATE OF NEW  
YORK**

1. The name of the Limited Liability Company is DIAMOND VIEW, LLC (the "Limited Liability Company").  
2. The principal office of the Limited Liability Company is to be located in the County of Albany, State of New York.  
3. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The Post Office address within or without this state to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her is: 1227 Central Avenue, Albany, New York 12205.  
4. The Limited Liability Company is to be managed by one or more of its members.  
5. None of the members of the Limited Liability Company (the "Members") in their capacity as Members, shall be personally or individually liable for any debts, obligations or liabilities of the Limited Liability Company.  
6. The Limited Liability Company shall have all powers and purposes allowed it by law.  
(August 16, 2000)

**ARTICLES OF  
ORGANIZATION OF PRIME  
MANAGEMENT LLC**

Under Section 203 of the Limited Liability Company Law  
FIRST: The name of the limited liability company is: Prime Management LLC.  
SECOND: The county within the state in which the office of the limited liability company is to be located is Albany.  
THIRD: The latest date on which the limited liability company is to dissolve is December 31, 2050.  
FOURTH: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served.  
The post office address within or without this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is:

**NEW SCOTLAND  
LIBRARY LAWN CONCERT**

An Elvis tribute by the Lustre Kings, Voorheesville Public Library, 51 School Road, 7 p.m. Information, 765-2791.

**V'VILLE PLANNING COMMISSION**

village hall, 29 Voorheesville Ave., 7:30 p.m. Information, 765-2692.

**FAITH TEMPLE**

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**PRAYER MEETING**

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

**NEW SCOTLAND SENIORS**

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

**AA MEETING**

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

**Thurs. 8/17**
**BETHLEHEM  
RECOVERY, INC.**

self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

**AMERICAN LEGION LUNCHEON**

for members, guests and membership applicants, Blanchard Post, 16 Poplar Drive, noon.

**BETHLEHEM SENIOR CITIZENS**

town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

**LEGAL NOTICE**

12 Century Hill Drive  
Latham, New York 12110  
FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.  
SIXTH: The limited liability company is to be managed by 1 or more Managers.  
IN WITNESS WHEREOF, this certificate has been subscribed to this 20th day of July, 2000, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.  
S/ E. J. Vandergrift,  
Attorney in Fact  
(August 16, 2000)

**ARTICLES OF  
ORGANIZATION OF KAYAN  
HOLDINGS, L.L.C.**

Under Section 203 of the Limited Liability Company Law The name of the limited liability company is: Kayan Holdings, L.L.C. The county within this state in which the office of the limited liability company is to be located is: Albany County.  
The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: Kayan Holdings, L.L.C., 5 Harrowgate Way, Latham, New York 12110. If all or specified members are to be liable in their capacity as members for all or specified debts, obligations or liabilities of the professional service limited liability company as authorized pursuant to Section 609 of the Limited Liability Company Law, a statement that all or specified member are so liable.  
IN WITNESS WHEREOF, this certificate has been subscribed this 6 day of July, 2000, by the undersigned who affirm that the statements made herein are true under the penalties of perjury.  
S/ Tami Callister, Organizer  
S/ James Callister, Organizer  
(August 16, 2000)

**CERTIFICATE OF LIMITED  
PARTNERSHIP OF SWF VII,  
L.P.  
UNDER SECTION 121-201 OF  
THE REVISED LIMITED**
**ALTERNATIVE WORSHIP**

Contemporary-worship service throughout summer, 7 p.m. Sermon series "Ten Values That Build Families." Nursery care provided. Assistive listening devices, handicap accessible. Bethlehem Lutheran Church, 85 Elm Ave., Delmar. Information, 439-6217.

**AA MEETINGS**

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

**CLASS IN JEWISH MYSTICISM**

Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

**AA MEETINGS**

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

**NEW SCOTLAND  
NEW SCOTLAND KIWANIS CLUB**

New Scotland Presbyterian Church, Route 85, 7 p.m.

**Fri. 8/18**
**"COME FLY WITH US" AT LIBRARY**

For children ages 22-35 months, exploring flying through stories, songs and crafts; Bethlehem Public Library, 451 Delaware Ave., Delmar, 10:30 a.m. Registration, 439-9314.

**AA MEETING**

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

**CHABAD CENTER**

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

**LEGAL NOTICE**
**PARTNERSHIP ACT**

1. The name of the limited partnership is "SWF VIII, L.P."  
2. The county in which the office of the limited partnership is located is Albany County, New York.  
3. The Secretary of State is hereby designated as agent of the limited partnership upon whom process against it may be served, and the office address to which the Secretary of State shall mail a copy of any process against the limited partnership served upon him is 52 Corporate Circle, Albany, New York 12203.  
4. The name and business address of the sole general partner is:  
DRL, LLC  
52 Corporate Circle  
Albany, New York 12203  
5. The latest date upon which the limited partnership is to dissolve is May 31, 2100.  
IN WITNESS WHEREOF, the undersigned have executed this Certificate of Limited Partnership on the 3rd day of May, 2000, and verify and affirm under penalties of perjury that the foregoing is true and correct as of the date hereof.  
SWF VIII, L.P.  
BY: DRL, LLC, General Partner  
By: S/ Donald R. Led Duke,  
Member  
(August 16, 2000)

**CERTIFICATE OF LIMITED  
PARTNERSHIP OF SWF VII,  
L.P.  
UNDER SECTION 121-201 OF  
THE REVISED LIMITED  
PARTNERSHIP ACT**

1. The name of the limited partnership is "SWF VII, L.P."  
2. The county in which the office of the limited partnership is located is Albany County, New York.  
3. The Secretary of State is hereby designated as agent of the limited partnership upon whom process against it may be served, and the office address to which the Secretary of State shall mail a copy of any process against the limited partnership served upon him is 52 Corporate Circle, Albany, New York 12203.  
4. The name and business address of the sole general partner is:  
DRL, LLC  
52 Corporate Circle  
Albany, New York 12203  
5. The latest date upon which the

**NEW SCOTLAND  
PIONEER CLUBS**

For children grades 1 through junior high; Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

**YOUTH GROUP MEETINGS**

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

**Sat. 8/19**
**BETHLEHEM  
SAT PREP AT LIBRARY**

A representative of Princeton Review presents program on "SAT Strategies," techniques to improve scores; Bethlehem Public Library, 451 Delaware Ave., Delmar, 2 p.m. Registration, 439-9314.

**AA MEETING**

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

**Sun. 8/20**
**BETHLEHEM  
WORSHIP INFORMATION**

Bethlehem Community Church, 201 Elm Ave., Delmar, 439-3135.  
Bethlehem Congregation of Jehovah's Witnesses, Elm Avenue and Feura Bush Road, 439-0358.  
Bethlehem Lutheran, 5 Elm Ave., Delmar, 439-4328.  
Delmar Full Gospel, 292 Elsmere Ave., Delmar, 439-4407.  
Delmar Presbyterian, 585 Delaware Ave., 439-9252.  
Delmar Reformed, 386 Delaware Ave., Delmar, 439-9929.  
First Church of Christ, Scientist, 555 Delaware Ave., Delmar, 439-2512.  
First Reformed of Bethlehem, Route 9W, Selkirk, 767-2243.  
First UMC of Delmar, 428 Kenwood Ave., 439-9976.

**LEGAL NOTICE**

limited partnership is to dissolve is May 31, 2100.  
IN WITNESS WHEREOF, the undersigned have executed this Certificate of Limited Partnership on the 3rd day of May, 2000, and verify and affirm under penalties of perjury that the foregoing is true and correct as of the date hereof.  
SWF VII, L.P.  
BY: DRL, LLC, General Partner  
By: S/ Donald R. Led Duke,  
Member  
(August 16, 2000)

**LEGAL NOTICE**

Notice of formation of American Dental Arts, P.L.L.C. a NYS limited liability company (LLC). Formation filed with SSNY on 07/14/2000. Off. Loc. Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 420 West 23rd Street, New York, NY 10011. Purpose: All Lawful purposes.  
(August 16, 2000)

**LEGAL NOTICE**

Notice of Conversion of C McD Partnership, a general partnership to a limited liability company (LLC). Name: C McD Properties, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on June 21, 2000. Office Location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 3 Hemlock Street, Latham, NY 12110. Purpose: Any lawful acts or activity for which a limited liability company may be formed.  
(August 16, 2000)

**LEGAL NOTICE**

Palisades Group, LLC. Art. of Org. filed SSNY 7/19/00. Albany Co., SSNY designated as agt. upon whom process may be served & shall mail copy of process: 99 Pine St., 5th Fl., Albany, NY 12207. Purpose: any lawful purpose.  
(August 16, 2000)

**NOTICE OF COMPLETE  
APPLICATION**

Date: JULY 31, 2000

Glenmont Community Church, 1 Chapel Lane, Glenmont, 436-7710.  
Mount Moriah Ministries, Route 9W, Glenmont, 426-4510.  
Slingerlands Community UMC, 1499 New Scotland Road, 439-1766.  
Solid Rock Church, 1 Kenwood Ave., Glenmont, 439-4314.  
South Bethlehem UMC, 65 Willowbrook Avenue, 767-9953.  
St. Stephen's Episcopal, Poplar Drive and Elsmere Ave., Delmar, 439-3265;  
St. Thomas The Apostle R.C., 35 Adams Place, Delmar, 439-4951;  
Unity of Faith Christian Fellowship, 436 Krumkill Road, North Bethlehem, 438-7740.

**NEW SCOTLAND  
SUNDAY WORSHIP INFO**

Bethel Baptist, meeting at Auberge Suisse Restaurant, Route 85, 475-9086.  
Clarksville Community Church, Route 443, 768-2916.  
Family Worship Center, 92 Lower Copland Hill Road, Feura Bush, 768-2021.  
Faith Temple, New Salem, 765-2870.  
First United Methodist, 68 Maple Ave., Voorheesville, 765-2895.  
Jerusalem Reformed, Route 32, Feura Bush, 439-0548.  
Mountainview Evangelical Free Church, Route 155, Voorheesville, 765-3390.  
Onesquethaw Reformed, Tarrytown Road, Feura Bush, 768-2133.  
Presbyterian Church in New Scotland, Route 85, 439-6454.  
St. Matthew's R.C., Mountain View Road, Voorheesville, 765-2805.  
Unionville Reformed, Delaware Turnpike, 439-5001.  
United Pentecostal, Route 85, New Salem, 765-4410.

**Mon. 8/21**
**BETHLEHEM  
DELMAR KIWANIS**

Days Inn, Route 9W, 6:15 p.m. Information, 439-24377 or 439-6952.  
R-C-S SCHOOL BOARD MEETING

**LEGAL NOTICE**

Applicant: AUBERGE SWISSE RESTAURANT  
1903 NEW SCOTLAND RD  
SLINGERLANDS NY 12059-3630  
Application ID: 4-0134-00030/00001  
Permit(s) Applied: 1 - ARTICLE 17, TITLES 7 & 8: PRIVATE/COMMERCIAL/INSTITUTIONAL SPDES  
Project is located: in NEW SCOTLAND in ALBANY COUNTY.  
Project Description: The Department of Environmental Conservation (DEC) has received an application to re-issue the following EPA minor Private/Commercial/Institutional State Pollutant Discharge Elimination System (P/C/I SPDES) permit. DEC has made a tentative determination to re-issue this permit for a five-year period, maintaining the current effluent limitations and monitoring and reporting requirements. This permit involves the surface discharge of 1950 gallons per day of treated sanitary waste to Phillipine Kill, applications, and supporting documentation may be obtained from or inspected at the NYSDEC central office in Albany. Substantive comments on the permit or requests for hearing or both must be submitted in writing

School district offices, 26 Thacher St., Selkirk, 7:30 p.m. Information, 756-8190.

**INDOOR PISTOL SHOOTING**

Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

**EXPLORER POST 157**

For boys and girls 14-21, focusing on environmental conservation. Weekly, 310 Kenwood Ave., Delmar, 7:30-9 p.m. Information, 439-4205.

**DELMAR COMM. ORCHESTRA**

rehearsal, town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-1603.

**TEMPLE CHAPTER 5 RAM**

Masonic Temple, 421 Kenwood Ave.

**AA MEETING**

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

**NEW SCOTLAND  
QUARTET REHEARSAL**

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

**Tues. 8/22**
**BETHLEHEM**
**"PROJECT WILD" WORKSHOP**

Workshop for teachers on integrating wildlife and environmental themes in classrooms; pre-register by Aug. 18. Five Rivers Environmental Education Center, Game Farm Road, Delmar, 9 a.m.-noon. Free. Information, 475-0291.

**TREASURE COVE THRIFT SHOP**

First United Methodist Church, 428 Kenwood Ave., 9 a.m. to 6 p.m.

**LEGAL NOTICE**

to the contact person.  
SPDES Number: NY 0100714  
State Environmental Quality Review (SEQR) Determination: SEQR - 1 Project is not subject to SEQR because it is a Type II action.  
SEQR Lead Agency: None Designated  
State Historic Preservation Act (SHPA) Determination: SHPA - 0 The proposed activity is not subject to review in accordance with SHPA. The permit type is exempt or the activity is being reviewed in accordance with federal historic preservation regulations.  
Availability For Public Comment: Comments on this project must be submitted in writing to the Contact Person no later than 09/15/00.

Contact Person:  
DEBORAH J. KNIGHT,  
NYSDEC  
50 WOLF ROAD  
ALBANY NY 12233  
(518) 457-2224  
(August 16, 2000)



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## LEGAL NOTICE

## NOTICE OF FORMATION OF LIMITED PARTNERSHIP

NAME: PINE TREE PARTNERS LP. Application for Authority was filed with the Secretary of State of New York (SSNY) on 07/26/00. The date of duration is perpetual. Office location: Albany County. SSNY has been designated as agent of the LP upon whom process against it may be served. SSNY shall mail a copy of process to the LP, 708 Third Avenue, 23rd Floor, New York, New York 10017. (August 16, 2000)

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

NAME: PINE TREE CAPITAL LLC. Application for Authority was filed with the Secretary of State of New York (SSNY) on 07/26/00. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 708 Third Avenue, 23rd Floor, New York, New York 10017. Purpose: For any lawful purpose. (August 16, 2000)

## NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is FIRST COLUMBIA AIRPORT CENTER-33, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on August 1, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 210 Washington Avenue Extension, Albany, New York 12203. (August 16, 2000)

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

NAME: TECH2 ENTERPRISES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/31/00. The latest date of dissolution is 12/31/2099. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Paul V. Garrand, 2343 Western Avenue, Guilford, New York 12084. Purpose: for any lawful purpose. (August 16, 2000)

## NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is COLUMBIA INNOVATION II, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 25, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the

## LEGAL NOTICE

LLC is 30 Corporate Circle, Albany, New York 12203. (August 16, 2000)

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is PERSONAL SAFETY, ARMOR AND EQUIPMENT, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 11, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 17 British American Blvd., Latham, NY 12110. (August 16, 2000)

## NOTICE OF FORMATION OF A DOMESTIC PROFESSIONAL LIMITED LIABILITY COMPANY (PLLC)

The name of the PLLC is WILLIAM H. MILLER, P.E., PLLC. The Articles of Organization of the PLLC were filed with the NY Secretary of State on July 5, 2000. The purpose of the PLLC is to engage in any lawful act or activity. The office of the PLLC is to be located in Albany County. The Secretary of State is designated as the agent of the PLLC upon whom process against the PLLC may be served. The address to which the Secretary of State shall mail a copy of any process against the PLLC is 14 Loudon Heights North, Loudonville, New York 12211. (August 16, 2000)

## NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is COLUMBIA LLOYD, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 30, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203. (August 16, 2000)

## NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is Games of Wilton, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 16, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 650 Central Avenue, Albany, New York 12206. (August 16, 2000)

## LEGAL NOTICE

## NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is RENNELAER ASSOCIATES I, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on June 20, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 596 New Loudon Road, Latham, New York 12110. (August 16, 2000)

## NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of 403-405 Third Avenue, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on June 6, 2000, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC c/o 403 3rd Avenue, Watervliet, New York 12189. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC. (August 16, 2000)

## NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is COLUMBIA MONTICELLO II, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on May 10, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203. (August 16, 2000)

## NOTICE OF PUBLICATION

WORLD TRADE FASHION LLC was filed with SSNY on 8/7/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 East 40th Street, Suite 605, New York, NY 10016. The Registered Agent is Company Filings International LLC at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

SILVER SANDS LLC was filed with SSNY on 8/3/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 E. 40th St., NY, NY 10016. The Reg-

## LEGAL NOTICE

istered Agent is Company Filings Int'l LLC at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

SEARCH-MANAGER, LLC was filed with SSNY on 8/2/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 E. 40th St., NY, NY 10016. The Registered Agent is Company Filings Int'l LLC at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

BLUEBIRD LLC was filed with SSNY on 8/2/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 E. 40th St., NY, NY 10016. The Registered Agent is Company Filings Int'l LLC at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

HOPEDALE LLC was filed with SSNY on 8/2/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 E. 40th St., NY, NY 10016. The Registered Agent is Company Filings Int'l LLC at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

DOLPHIN CAPITAL LLC was filed with SSNY on 6/13/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State St., 3rd Fl., Albany, NY 12207. The Registered Agent is USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

Goldman Morgenstern and Partners Consulting LLC was filed with SSNY on 7/18/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State St., 3rd Fl., Albany, NY 12207. The Registered Agent is USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

MAXUS L.L.C. was filed with SSNY on 7/21/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail

## LEGAL NOTICE

any process against the LLC served upon him: The LLC, 46 State St., 3rd Fl., Albany, New York 12207. The Registered Agent is USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

VERTEC LLC was filed with SSNY on 7/19/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 E. 40th St., NY, NY 10016. The Registered Agent is Company Filings Int'l LLC at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

LINDA FINE ART & DECORATION LLC was filed with SSNY on 7/17/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State St., 3rd Fl., Albany, NY 12207. The Registered Agent is USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

GOAL MARKETING, LLC was filed with SSNY on 7/10/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 226 East 81st Street, New York, NY 10028. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

BIJOUX PRINCE LLC was filed with SSNY on 7/10/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 E. 40th St., New York, NY 10016. The Registered Agent is Company Filings Int'l LLC at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

OMINA CONSULTING LLC was filed with SSNY on 7/7/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State St., 3rd Fl., Albany, NY 12207. The Registered Agent is USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE OF PUBLICATION

R.R. Reserve Resorts LLC was filed with SSNY on 7/6/00. Office: Albany County. SSNY designated

## LEGAL NOTICE

as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 E. 40th St., NY, NY 10016. The Registered Agent is Company Filings Int'l LLC at the same address. Purpose: any lawful purpose. (August 16, 2000)

## NOTICE TO BIDDERS

Contractors are invited to submit separate prime contract sealed bids in duplicate for the renovations and addition for the existing Slingerlands Fire District, Fire Hall No. 1, located at 1520 New Scotland Road (Route 85), Slingerlands, New York, until 2:00 p.m. local time on September 18, 2000. The Owner will publicly open the bids at the same address at approximately 2:30 p.m., on the same day. The project includes a new 3,100 SF addition and renovation within the existing building. All work must be completed under the "WICKS" law, §101 of the General Municipal Law, using the Prevailing Wage Rates. The Owner is a "municipal district corporation" and is sales tax exempt. It is critical for the Owner to have all work completed and to obtain a Certificate of Occupancy by January 1, 2001. Bidding documents must be examined at the office of Keystone Architectural Services, William F. Matuszek, Architect, Main Square, 318 Delaware Avenue, Delmar, New York 12045, (518) 439-4795. Bidding documents may be obtained on or after September 1, 2000, at Keystone Architectural Services, William F. Matuszek, Main Square, 318 Delaware Avenue, Delmar, New York 12054, upon deposit of 100.00 per set. Contractors may obtain a maximum of two (2) sets. SLINGERLANDS BOARD OF FIRE COMMISSIONERS By: James McCarroll (August 16, 2000)

## NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of one (1) portable trommel screen for use at the Town's composting facility on Feura Bush Road, Delmar. Bids will be received up to 3:00 p.m. on the 29th day of August, 2000 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Mrs. Sheila Fuller, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York. The Town Board reserves the right to waive any informalities in and/or to reject any of all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM Kathleen A. Newkirk, CMC/RMC TOWN CLERK Dated: August 9, 2000 (August 16, 2000)

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## TOPSOIL AND COMPOST

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## ADULT CARE SERVICE

DAYHAVEN: For disabled older adults; day services, respite, alzheimer's specialty, 346-1852.

## AUCTIONS

TAX FORECLOSURE AUCTION 700 Sullivan County, NY Properties! Sept. 12- 14. Free Info. 800-243-0061. Absolute & Haroff Auction & Realty. www.nysauctions.com.

## BARTER

REPUTABLE residential building contractor seeks dentist to barter services, 439-9033.

## BUILDINGS FOR SALE

INVENTORY REDUCTION SALE! Arch Steel Buildings. Factory Direct! Save thousands! 25x38, 30x44, 40x50, 50x110. Perfect backyard, shops, garages, storage. Call 1-800-341-7007. www.steelmasterusa.com.

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\$16,330; 60x100x16, \$18,075. Mini-storage buildings, 40x160, 32 units, \$16,845. Free brochures. www.sentinelbuildings.com. Sentinel Buildings, 800-327-0790ext 79.

## BUSINESS OPPORTUNITIES

AUTO REPAIR SHOP: Fully equipped & licensed, near Empire State Plaza. Call 439-8360.

SKIN CARE CONSULTANTS: Needed to help launch new science based skin care line in the Capital District. Part to full time, generous commissions plus bonuses plus residual pay plan. Must be coachable, bright, ambitious and friendly. (877)-211-7735.

DO YOU EARN \$800 IN A DAY? Your own local candy route. Includes 30 machines and free candy. All for \$9,995. Call 1-800-998-VEND.

FABULOUS GREETING CARD RTE. 30 Hi-traffic locations. Dependable income. E-Z Money. Free info 1-800-462-5813.

## CHILD CARE NEEDED

AFTER SCHOOL: Care needed for 11 year old boy off Bethlehem school bus, until 5:30 p.m. Great with kids- can help with younger children, 248-1300.

CHILD CARE: Hamagrael & Middle School bus route, before/ after school & vacations, 478-9775.

CHILD CARE: In our Delmar home. Full time, days, 3.5 year old & 1 month old, beginning September. Non-smoker, own transportation, references, 439-6245.

IN OUR DELMAR HOME: Part-time days, 4 year old, beginning end August. Non-smoker, own transportation, references, 439-2366.

SITTER: Mature, own transportation. 3 days/ week, 6:30- 9:00 a.m., 439-9962.

## CHILDCARE SERVICES

CHILD CARE: My Slingerlands School District home, after school/ after morning Kindergarten, 475-0403.

My ALBANY/ DELMAR home ~ 2 openings. Experienced with references, 449-4853.

INFANT & TODDLER: Very clean, safe home environment. Full/ part-time, Niskayuna, 382-2456.

OPENINGS ~ ROTTERDAM: Experienced, Educational, Affordable, with Lots of TLC, 356-1776.

QUALIFIED DAY CARE: Limited space available. Full time spot, evening hours only. References, 456-1746.

WILL CARE for your child/ children in my Selkirk home. Call 767-0302, leave message.

## CLEANING SERVICES

CLEANING- residential/ small business/industrial. Free estimates. References. Call Rose 439-0350.

14 YEARS EXPERIENCE: Satisfaction Guaranteed, Excellent References. Colonials only. 439-2796.

BC CLEANING: Honest, Dependable & Experienced. Call 432-6224.

WILL DO HOUSE CLEANING, excellent references, \$12 per hour, 347-2630 or 271-1114.

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HOMEOWNERS- CALL NOW! Refinancing- Debt Consolidation. No income/ bad credit. FHA approved. Multi-family- mixed use. Registered mortgage broker NY Dana Funding, Inc. 356 Veteran Highway, Commack, NY 11725 1-800-994-3262 Loans through 3rd party providers.

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OWE IRS?? GET INSTANT RELIEF! Paid IRS penalties? Get refund! Federal Tax Negotiators. Nationwide- 12 years experience. Oct. 15 deadline. (800)487-1992. Call to qualify.

## FOUND

FIND SOMETHING? Advertise it free. Call 439-4940.

## GARAGE SALES

SCHENECTADY: 1781 Randolph Road (near Ellis Hospital), Friday & Saturday August 18th & 19th, 9:00 a.m.- 5:00 p.m. Antique Singer treadle sewing machine in cabinet, antique wood stove, kerosene heater. Photo, movie and boating equipment.

DELMAR: 35 Fernbank Avenue, Friday, Saturday, August 18th & 19th, 9:00 a.m.- 2:00 p.m. HUGH SALE! Electronics, books, toys, clothes, kid's drum set, household... and Much More!

DELMAR: 4 Winding Road (Elsmere To Herber Avenue), Saturday & Sunday, August 19th & 20th, 9:00 a.m.- 5:00 p.m. Furniture, rugs, tools, sports equipment, books, children's clothes, toys... and Much More!

DELMAR: 63 Carson Road (Cherry Avenue to Huron), Friday & Saturday, August 18th & 19th, 9:00 a.m.- 2:00 p.m. & Sunday, August 20th, 9:00 a.m.- 12:00 Noon. Pool table, refrigerator, microwave, lots of furniture, baby stuff, computers

DELMAR: Dumbarose, Crossway, Greenock, Montrose (off Kenwood Avenue), Friday & Saturday, August 18th & 19th, 9:00 a.m.- 1:00 p.m. MULTI FAMILY - Furniture, toys, books, clothing, household... Much More, must see!

DELMAR: Westchester Woods, 30 Huntersfield. MOVING SALE! Saturday, August 19th, 8:00 a.m.- 3:00 p.m. Furniture, carpets, microwave, executive desk, lathe with stand, pierced lamp shades/ bases. Lamp shades & toile painting supplies, hardware, books... Much More!

ELSMERE: ESTATE SALE, Werner Avenue (FROM Elsmere Avenue, East on Kenwood, right on Alden, left on Werner), Saturday, August 19th, 8:00 a.m.- 3:00 p.m. Furniture, dishes, household goods, tools, decorations, chest freezer, bikes. CASH ONLY.

GLENMONT: 606 Rt 9W (across from Capitol Cities), Friday & Saturday, August 18th & 19th, 9:00 a.m.- 2:00 p.m. Furniture, baby & household... MOVING SALE! No Early Birds.

SLINGERLANDS: 1592 New Scotland Road, Saturday & Sunday, August 19th & 20th, 10:00 a.m.- 5:00 p.m. Books, tools, toys, household items.

## HEALTH AND FITNESS

MEDICARE NEBULIZER PATIENTS! Stop paying cash for Albuterol, Atrovent, etc. Medicare pays for them. We bill Medicare and deliver to you. MED-A-SAVE 1-800-538-9849 ext. 18R.

## HOME/PET SITTING

ENJOY your Summer vacation! I will take care of your Home/Pets while you are away. Local school teacher ~ References. Call 478-0506.

## HORSEBACK RIDING

SUMMER SPECIALS: Going on now through the end of August, for Autumn horseback riding lessons at WALDEN FARM. For more information call (518)-439-8472.

## LOST

FIND SOMETHING? Advertise it free. Call 439-4940.

## MISCELLANEOUS FOR SALE

12054.COM DOMAIN NAME the zip code. Think about it! Search eBay for Delmar. tomjman@mindspring.com.

AIR CONDITIONER: \$55 ~ GARAGE DOOR OPENERS: Electric, \$45 each. Call 12:00 Noon- 11:00 p.m., 346-0015.

ALTO SAX: Yamaha. Good condition, \$700, 439-3538.

CAN'T USE IT? SELL IT... and look for the treasures YOU can find in Spotlight CLASSIFIEDS! Call Susan, 439-4940.

CELEBRITY VIDEO: Free photos of famous females. Free celebrity list & information. BISCO, Box 405, Cohoes, NY 12047. Fax: (518)-348-0970.

COMPACT DISC PLAYER: Excellent condition, \$55. Call 364-6048.

COMPUTER DESK: Large with hutch. Excellent condition, \$75. RANGE: GE electric, almond. Good condition, \$75. Call 475-0239.

COMPUTER: Macintosh with laser printer & 2 Sony speakers, \$1,500, 477-4864.

COMPUTER: Macintosh Powerbook, \$400, obo. Call 372-2711.

DINING ROOM SET: Contemporary Danish walnut table extends to 104", 6 chairs, 78" credenza with curio, \$750, 765-2795.

FISHING EQUIPMENT: 8 poles with reels, \$20-\$50; 8 lures with boxes, \$20-\$120; 2 bait cans, \$3 each; 2 nets, \$5 each; vest/ life preserver, \$35. LOTS MORE! 862-9940.

FITNESS EQUIPMENT: Rower, \$50; skier, \$125. Excellent condition, 374-1392, Niskayuna.

FREEZER: Upright Gibson heavy duty commercial, 13.5 cu. ft. Perfect, \$250, 439-5144.

HANDICAP STAIRCLIMBER: Motorized ~ Cost \$2,000, sell for \$1,200. Call 475-1927.

HOMETHEATER: Complete Surround Sound System with powered sub-woofer. Never used, \$785. Call 364-6048.

KAYAK: New, hand made plywood and epoxy. Strong, lightweight, stable, unsinkable. Great flatwater paddling, \$350, 475-1124.

MERCHANDISE FOR SALE: \$10 for 2 weeks, 1 week free (One item per ad. Must be priced under \$1000. Price must be stated in ad. Private party ads only. No vehicles, garage, lawn or antique sales. Price is for a 16 word ad. Add \$1 for each additional line.)

PIANO: Kimball upright, Walnut, with bench. Excellent condition, \$1,400, 439-9021

PICNIC TABLE: Heavy duty with 4 benches, seats 6-8. Excellent condition, \$125, 374-1392, Niskayuna.

RANGE: GE electric, 2 ovens. Ideal for camp, \$50, obo. Call 372-2711.

ROOFING SLATE: 800 shingles, 10"x16", Elsmere, 50¢ per slate shingle, circa 1938, 439-7926.

SOFA & CHAIR: Broyhill, 1960's vintage, original upholstery, cherry trim. Excellent condition, \$750. Call 438-3626.

TRUNDLE BED: With 2 mattresses and matching dresser ~ Young-Hinckle. Excellent condition, \$400, 439-9015.

WICKER PATIO SET: Love seat & table, \$65. Call 364-6048.

CIGARETTES \$1.20 to \$2.69 per pack! All major credit cards accepted. Money orders or checks! Home delivery 1-800-378-7193.

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WOLFF TANNING BEDSTANAT HOME. Buy Direct and Save! Commercial /Home units from \$199.00. Low monthly payments. Free color catalog. Call Today 1-800-842-1310.

KISS CABLE GOODBYE! Free Dish Network Satellite TV and 3 free months of HBO, Showtime, Cinemax. Top 40 channels. \$19.99/ month. FedEx delivery/ install kit! 1-888-292-4836.

## MUSIC

STRING INSTRUMENT REPAIR: Bow rehairing, instruments bought and sold, 439-6757.

## PAINTING

WANT TO CHANGE the colors of the rooms in your home? Hire a man with 15 years experience in painting, wallpapering etc.. Call today for free estimates and prompt, professional service. Bruce Hughes, 767-3634.

## PENNY SOCIAL

KEEPERS of the Circle: Rt 5S, Rotterdam Junction, follow signs, Saturday, August 19th, 12:00 Noon- 4:00 p.m.

## PETS FOR ADOPTION

BIG HEARTED COLLIE MIX: Needs companion ~ Great for active adult. Also, BOXER, TERRIER, LAB (all ages), GREAT TEMPERAMENT, in Foster Care. Please call 371-2991 or 664-1237.

## PIANO TUNING & REPAIR

PROFESSIONAL PIANO tuning and repair, Michael T. Lamkin, Registered Piano Technician, Piano Technicians Guild. 427-1903.

## POSITION WANTED

AIDE: Certified, mature, excellent references. Transportation, reliable, reasonable rates, 456-1995.

CERTIFIED AIDE: Honest and sincere. Excellent references, reasonable rates, 10 years experience, 273-3116.

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## WANTED

ABSOLUTE BEST prices for old costume jewelry and real jewelry, antiques of all types and contents of estates. Call ROSE, 233-1195.

FOR MY COLLECTION: Old fishing lures. Cash paid. Mike 370-8796.

WANTED TO BUY Pre-1920 telephones, telegraph items, electric fans, sewing machines, microscopes, volt meters, amp meters, pre-1950 television sets, plastic table radios, microphones, radio tubes; pre-1960 men's wrist watches, cameras; pre-1920 postcards, tin pictures; pre-1960 old metal airplane models, or toy motorcycles, or race cars, or toy boats. Any condition for above items. Please call 745-8897.

## WARNING

SEVEN CATS POISONED: At Orchard Street & New Scotland Road in Feura Bush.

## Classified INFORMATION



### Office Hours • Deadline

8:30 AM - 5 PM Monday-Friday  
Dead Line: Friday at noon



### Mail Address • In Person

Spotlight Newspapers  
P.O. Box 100 125 Adams St.  
Delmar, NY 12054 Delmar



### Phone • Fax

(518) 439-4940  
(518) 439-0609 Fax



### Readership

7 Newspapers  
93,500 Reader

## Classified Ads Appear In All Seven Papers

### In Albany County

The Spotlight • Colonie Spotlight • Loudonville Weekly

### In Schenectady County

Niskayuna Journal • Scotia-Glenville Journal • Rotterdam Journal

### In Saratoga County

Clifton Park Spotlight

## Classified Rates

Private Party Classifieds - Line Ads - Seven paper combo \$10 for 10 words 30 cents for each additional word.

Merchandise for Sale - \$10 for 2 weeks, 1 week free (One item per ad. Must be priced under \$1000. Price must be stated in ad. Private party ads only. No vehicles, garage, lawn or antique sales. Price is for a 16 word ad. Add \$1 for each additional line.)

Commercial Classifieds - Line Ads - Seven paper combo - \$13.50 for 10 words 30 cents for each additional word. Multiple insertion discounts available. Please call for information.

Display Classifieds - Several combination rates are available - please call for information.

Business Directory - Several combination rates are available - please call for information.

Ads will appear in all seven newspapers, as well as on the internet for the number of weeks requested.

## Order Form

|                           |              |                        |  |
|---------------------------|--------------|------------------------|--|
| Name: _____               |              |                        |  |
| Address: _____            |              |                        |  |
| City: _____               | State: _____ | Zip: _____             |  |
| Home Phone: _____         |              | Work Phone: _____      |  |
| Amount Enclosed: _____    |              | Number of Weeks: _____ |  |
| MasterCard or Visa# _____ |              |                        |  |
| Expiration date: _____    |              | Signature: _____       |  |

1 word per line • 4 line minimum

# Real Estate CLASSIFIEDS

## REAL ESTATE FOR RENT

**DELMAR:** \$450, one bedroom furnished apartment, private home, garage, 439-5334.

**ALBANY:** Downtown, 2 bedroom, living room, dining room, dishwasher, washer/dryer hookup. \$525+, 475-9983.

**DELMAR:** \$485+, large 1 bedroom, upstairs, on bus line, garage. 439-5093.

**DELMAR:** \$550 Large 1 bedroom apartment, includes heat, hot water & electricity, one bedroom, den. Available September 1st, no pets, 439-1468.

**ELSMERE:** 1 bedroom, modern, heat & hot water included, \$525, 489-7583.

**SMALL APARTMENT:** \$485, suitable for 1. Available September 1st. references. 439-5354.

## REAL ESTATE FOR SALE

**LATHAM:** Year 'round cottage on Blaine's Bay (Mohawk River), 2 bedroom, North Colonie schools. Lovely Town Park & fitness trails 1 mile away, \$65,000. Call 229-5077, or 434-2583.

**ALBANY:** Lease with OPTION to buy. Wonderfully spacious 5 bedroom, 3.5 bath ranch. 3000 square feet plus full basement, radiant heat, central air, 2 car garage. Nice Albany neighborhood, dead end street, near St. Peter's Hospital, Maria College. \$1750/month, \$195,000. Call (518)-437-1348.

Are you Selling Your Castle? ADVERTISE in the CLASSIFIEDS! Buy Two Weeks... Get Two Weeks FREE! All Seven Spotlight Papers, Including the Website. Call Susan at 439-4940, before Noon on Friday. Ads are for Private Parties only and must be pre-paid.

**\*FORECLOSED HOMES\*** Low or \$0 down. Gov't & bank repos being sold now! Financing available. Call for listings. 1-800-501-1777 ext. 1095.

**DELMAR:** Just listed Country Meadows subdivision, 4 bedroom Colonial. Master suite, hardwood floors, air-conditioned, fenced yard. Immediate possession, \$299,900, 475-0239.

**GLENMONT:** 3 bedroom Colonial, 2.5 bath, new kitchen, finished basement, 1 car garage, new furnace, new roof & new windows. Gas heat, central air. Great neighborhood with pool, tennis and playground, \$130,500. Call 767-9632.

**NISKAYUNA:** 5 bedroom, living room, dining room, kitchen, bath, large lot, \$81,900, 374-0086.

**NISKAYUNA:** 5 bedroom, living

room, dining room, kitchen, bath, large lot, \$81,900, 374-0086.

**ROTTERDAM:** HOUSE and BUSINESS, zone B1. 3 bedroom split ranch. 920 sq. ft. 5 chair Hair Salon. Can be used for other business, 355-6143.

**SCOTIA GLENVILLE:** TO SETTLE ESTATE - Enclosed porches, huge backyard, 3 bedroom + Bungalow. "Classic One of a Kind!" \$72,900/ best offer. Veronica W. Lynch, Inc. (VM) 448-5128.

## ROOMMATE WANTED

**DELMAR:** \$350, utilities and digital cable included. Share this 4 bedroom raised ranch, on busline, with owner & 2 other male roommates. Call 475-1500.

## COMMERCIAL FOR LEASE

**ATTORNEY's** professional office for rent; heat, lights, a/c, law library, fax, photocopier, conference room & off-street parking included. Nice atmosphere, \$475/month. Reply to P.O. Box 552, Delmar, New York 12054.

## LAND FOR SALE

**LAND BARGAIN!** 3 + ACRES - \$24,900 WITH BOAT SLIP! Beautifully wooded, spectacular views, deeded access to crystal clear 35,000 acre recreational lake in Tennessee - next to 18 hole golf course! Paved roads, utilities, soils tested. Excellent financing. Call now 800-704-3154.

## LAND WANTED

**BUILDING LOT** in Bethlehem School District. Ask for Patty, 475-0034.

**LAND WANTED.** 500 acres & up in NY. Suitable for hunting, fishing, recreation, more. Lakes, rivers, timberland a plus! Improved or unimproved. I'm ready to buy! Call Al: 518-966-5647 or mail info to: PO Box 611, Greenville, NY 12083.

## MOBILE HOMES

**MOBILE HOME:** Breckenridge Village. Immaculate 3 bedroom, 1.5 bath, enclosed porch, carport, all appliances. Excellent condition, \$18,500, 475-7679.

## STORAGE SPACE

**DELMAR/ALBANY:** Nomanskill Self Storage. Varied sizes, also outdoor, boats, trailers, mobile homes. Secure, 461-8963.

## VACATION RENTALS

**BUCCANEER COUNTRY LODGE:** Retreat to the majestic

mountains of Stowe, VT. Experience genuine warm hospitality at cozy lodge that blends the atmosphere of country inn with privacy and convenience of contemporary lodging. Charming mountain-view rooms or suites with full kitchens. Scrumptious breakfasts. Outdoor heated pool and Jacuzzi. Call for special mid-week discounts and weekend packages. PHONE (800)-543-1293 or [www.buccaneerlodge.com](http://www.buccaneerlodge.com)

**GREAT SACANDAGA LAKE:** Waterfront, private dock, sleeps 6. Terrific view, secluded... walk to everything. \$650 per week - Available August 19th-26th. Call 458-7465 or 863-8477.

**OGUNQUIT, MAINE CONDO:** Near beaches & Marginal Way. 1 bedroom, 2 baths, living room, kitchen, deck with ocean view. Tennis & gardens - Reduced Fall rates. Call 482-1210.

**NORTH WILDWOOD, NJ FLORENTINE FAMILY MOTEL.** Beach /boardwalk block, heated pools, efficiency /motel units, refrigerators, elevator, maid service, cable /HBO. Color brochure /specials 609-522-4075 ext. 76 [www.florentinemotel.com](http://www.florentinemotel.com).

## Thinking of Selling?

Let me show you how to take advantage of today's market conditions.

**Call Paula L. Rice**  
865-1444 - Pager  
439-9600 - Office  
[price@cbpp.com](mailto:price@cbpp.com)



## Selling Your Castle?

ADVERTISE YOUR HOME IN THE CLASSIFIEDS!

Buy 2 Weeks ...

... Get 2

**FREE!**

ALL SEVEN PAPERS Including the Website!

Call Susan Downey at

**439-4940**

Ads Must be pre-paid. Not applicable to commercial accounts.

## VACATION GETAWAYS

### VACATION RENTALS

**OGUNQUIT, MAINE CONDO:** Near beaches & Marginal Way. 1 bedroom, 2 baths, living room, kitchen, deck with ocean view. Tennis & gardens - Reduced Fall rates. Call 482-1210.

### VACATION RENTAL

**GREAT SACANDAGA LAKE:** Waterfront, private dock, sleeps 6. Terrific view, secluded... walk to everything. \$650 per week - Available August 19th-26th. Call 458-7465 or 863-8477.

### SAILING

**SAILBOAT CRUISE:** Tired of watching sailboats from shore?? Sail on beautiful Saratoga Lake, 2 hour

cruise, \$25 per person. Also, Sailing Lessons. Call Westwind Sailing, 869-9801 or 584-9125. Come Catch the Wind!

### VACATION RENTALS

**BUCCANEER COUNTRY LODGE:** Retreat to the majestic mountains of Stowe, VT. Experience genuine warm hospitality at cozy lodge that blends the atmosphere of country inn with privacy and convenience of contemporary lodging. Charming mountain-view rooms or suites with full kitchens. Scrumptious breakfasts. Outdoor heated pool and Jacuzzi. Call for special mid-week discounts and weekend packages. PHONE (800)-543-1293 or [www.buccaneerlodge.com](http://www.buccaneerlodge.com)

## PROFESSIONAL OFFICE SPACE AVAILABLE CONVENIENT SLINGERLANDS LOCATION

Choose from 329 sq. ft. to 2000 sq. ft.

Brokers Protected  
For details call  
439-5411 or 439-0114

## Wonderful Family Neighborhood ...



... this home features lots of hardwood and loads of charm. Large rooms throughout, great back yard with beautiful perennial and herb gardens. Slingerlands.

For more information please call ... **JANET J. SHAYE** vm 339-2200

**BLACKMAN & DESTEFANO Real Estate**

## Congratulations to our Stars!



Helen Harris



Janet Carberry



Nancy Klopfer



Ruthe Levin

Star - Minimum of 4 transactions in one month.

Delmar - 439-1900 • Loudonville - 435-1700 • Guilderland - 456-0400



**Noreast Real Estate Group**  
[www.noreastrealestate.com](http://www.noreastrealestate.com)



**spotlightnews.com**

## Selling or renting Vacation Property?

To advertise call Susan at 439-4940



# Spotlight on EMPLOYMENT

## HELP WANTED

**APPRENTICE DRIVERS/ LABORERS:** High school graduates apply Now! Selkirk area company now accepting applications. Comparative starting pay, health insurance, Full time employment, will train. Call for interview, 767-9322.

**ATTENTION:** Growing company needs help! Work from home, \$500/ month part-time to \$4500/ month full time. Full training, free booklet. (608)-849-1395, or website [www.gmoneytalks.com](http://www.gmoneytalks.com)

**BAKER and DONUT MAKERS:** Part-time ~ Indian Ladder Farms, 765-2956.

**BOOTH RENTAL or ROOMS for RENT:** In very large shop ~ Prime location, parking, busline. Hairdresser, skin care specialist and nail techs welcome. All utilities included. Call 452-3689.

**LINE COOK:** Experienced. Weekends a Must ~ Windowbox Cafe, 439-5812.

**BUS DRIVERS:** Bethlehem Central School District, Transportation

Department is seeking people who wish to have weekends & holidays off and who love children. Come join our School Bus Driver Team ~ Paid Training ~ Earn Top Wages! See Wayne Sipperly at the Transportation Center on VanDyke Road (behind the high school) in Delmar, where applications are available.

**CAREER CHANGE?** Are you in teaching, health care, human resources, sales, etc.? have you thought about a career change? You may have the skills that we are looking for. Call for a free packet or interview. Cathy Griffin, 448-8815. Prudential Manor Homes, Realtors.

**CHILD CARE ACTIVITY LEADERS:** Before &/or After School Program in Delmar. Experience with children, 25 hours/ week. Excellent pay & benefits. School's Out, Inc. — Call for application... 439-9300.

**CHILDCARE POSITIONS:** Full time, part-time, temporary. Experience and car required. A NEW ENGLAND NANNY, 437-9198.

**CHILDCARE SITE MANAGERS:** 30 hours/ week, Before &/or After School Program in Delmar. Excellent pay & benefits. Associate Degree in related field. School's Out, Inc. — Call 439-9300.

**CHILD CARE:** Before & After School Program Supervisor in Delmar. BA in related field, 7:00-11:00 a.m., Monday- Friday. Excellent pay & benefits. Resume to School's Out, Inc. 239 Delaware Avenue, Delmar 12054.

**CLERICAL:** Secretary to the principal at the Bethlehem Central Middle School. Excellent clerical, organizational, supervisory skills and strong work ethic required. Experience working in an environment with early adolescents desired. This is a full time, 12 month position, 7.5 hour day. Send letter of interest and resume to Dr. Stephen J. Lobban, BCMS, 332 Kenwood Avenue, Delmar, NY 12054, by August 21st, 2000.

**COOK:** Farm market cafe serving lunch and brunch, part-time. Indian Ladder Farms, 765-2956.

**CUSTOMER SERVICE ~ RETAIL:** Mail Boxes Etc. Delmar.

Approximately 30 hours per week, Monday- Friday, 10:00 a.m. - 4:00 p.m., year round; interesting responsibilities, co-workers, and customers. If this is right for you, it will be interesting for you. Call Richard, 439-0211.

**CUSTOMER SERVICE/ SALES:** 20+ openings in fun, youthful environment. \$12.75 base appointment. No telemarketing. Must fill immediately. 10-25+ hours/week. Great for students, 2nd income, homemakers. 782-2776.

**DATA ENTRY/ GENERAL OFFICE:** for medical laboratory, 1:00-5:30 p.m., Monday- Friday. Call 783-9189.

**DATA ENTRY/ Light office Work:** Flexible part-time, Latham. Call Sherri, 783-6602.

**DRIVER:** We are seeking experienced individuals who want to make a difference in their own lives by making a difference in the lives of others. Our van drivers transport adults with developmental disabilities to and from our day treatment program. CDL preferred, but not required. Hours are 7:00 - 9:00 a.m. and 3:00 - 5:00 p.m., Monday- Friday, (20 hours/ week). We offer a competitive salary, full benefits and a friendly team environment. Apply to: Human Resource Coordinator, Albany County Association for Retarded Citizens, 334 Krumkill Road, Slingerlands, NY 12159, (518)-459-0750. Equal Opportunity Employer.

**DRIVERS WANTED:** Spotlight Newspapers currently has openings for part-time drivers in its circulation department. Responsibilities include delivering news-

papers to news stands, collecting remaining copies of the previous edition and recording number sold. Hours are during the day and one must have a clean, valid driver's license. If interested, contact Gail Harvey at 439-4940.

**EXECUTIVE ASSISTANT:** For statewide non-profit office. Experience with public relations, fund-raising and events planning a plus. Must be detail-oriented, and have strong organizational, communication and computer skills. Send letter and resume to: Spotlight Newspapers, PO Box 100Ex, Delmar, NY 12054.

**FOOD SERVICE:** NORTH COLONIE CSD is now accepting applications for the cafeterias. Please apply at Shaker Junior High School or call 786-8856.

**FREE MASTER'S DEGREE:** Alfred University seeks a Sports Information Graduate Assistant for this Fall. Call (607)-871-2103 or [whitehouse@alfred.edu](mailto:whitehouse@alfred.edu) for more information.

**Government Wildlife Jobs!** Great Pay and Benefits! No Experience Necessary! The ticket to a dream job might really be a SCAM. To protect yourself, CALL the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit [www.ftc.gov](http://www.ftc.gov) to learn more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

**HAIRSTYLIST/ NAIL TECHNICIAN:** Booth rental ~ Remodeled shop ~ Retail commission. 765-3083, Voorheesville.

**High-Paying Postal Jobs! No Experience Required! DON'T PAY**

for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit [www.ftc.gov](http://www.ftc.gov) to learn more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

**HOME HEALTH AIDES:** Are you interested in working 2 days per week and having the other 5 off? Call Concepts of Health Care, regarding immediate live-in aide positions, 383-3898.

**HOUSEBOUND?? LOOKING FOR A JOB?** 8:00 a.m. - 5:00 p.m. telephone and scheduling. Call 458-1091 for further details.

**LINE COOK/ BAKER:** Full time for Farm Market. Indian Ladder Farms, 765-2956, ask for Kelly.

**MOBILE FOOD VENDOR ASSISTANT:** Full time/ Temporary, through October 31st. Albany area, \$8/hour, 439-0933, leave message.

**MODIFIED GIRLS VOLLEYBALL COACH:** The Ravena Coeymans Selkirk High School is seeking this coaching position for the 2000-2001, Fall season. Qualifications needed: First Aid for Coaches, Adult CPR, Coaching and/or playing experience; NYS Coaching Certification preferred. Reply in writing or call: Gary VanDerzee, Athletic Director, Ravena Coeymans Selkirk High School, 12143 U.S. Route 924, Ravena, NY 12153 (518)-756-5244.

**Now Hiring! Federal and Postal Jobs!** CALL the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, to find out how to avoid job placement scams. Or visit [www.ftc.gov](http://www.ftc.gov). A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

**NOW HIRING:** All shifts ~ On time bonuses, Free meals, Insurance. McDONALD's Scotia & Glenville.

**OFFICE ASSISTANT:** Part-time flexible hours in Colonie. Call 372-0418.

**OFFICE POSITION:** Telephones, accounts receivable/ payable, radio dispatching, computer skills, benefits, full time. Call for an interview, 767-9322.

**SEASONAL employment:** Set your own hours, any 4-6 hours between 6:00 p.m. and midnight that suit your schedule; you set the days of the week. If you like packing presents for Christmas, you'll love this darling work packing Christmas orders for shipment. Call 452-0085.

**SEASONAL:** Full time & part-time workforce for busy farm market. Cashiers, counter clerks, donut makers, cook, baker, waitress, dishwashers, produce stockers, apple packers, pick-your-own and petting zoo attendants. Indian Ladder Farms. 765-2956.

**SUBSTITUTE TEACHERS:** Contact Ravena- Coeymans- Selkirk Central School District. 756-5213.

**TEACHER AIDE** substitutes for all schools at RCS Call 756-5204 for application.

**TEACHER:** MATH grades 8-10. Full time, private residential school. Join a supportive & progressive team of educators working with a special population of girls. Small classes, good salary and benefits. Must have or be eligible for NYS Certification in Math. Letter of interest & resume to: Dr. Michael Tucker, The Charlton School, PO Box 47, Burnt Hills, NY 12027.

**TEACHER:** Nursery school - Mornings, Monday- Friday, beginning September. Degree and experience required, 439-1455.

**SECRETARY - (Full-Time)** a busy office, answering phones, assisting customers, proficient in Microsoft Office is essential.

Please fax resume to  
**The Rensselaerville Institute  
Conference Center**  
at (518) 797-3692

**McDonald's**  
is now hiring!



WOLF ROAD AND FUTURE LOCATION : COLONIE CENTER

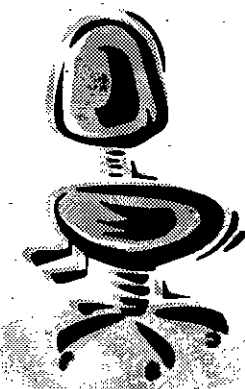
### WE OFFER:

- Up to \$8.00 per hour to start
- Friendly, Positive Atmosphere
- Advancement Opportunities
- Flexible Hours
- Paid Training
- Free Uniforms
- Performance/Merit Reviews
- 401(k) Plan + Health Benefits Available
- CDTA swipers

**All Positions Available**

CALL TERRY CAMP @ 283-2634  
OR APPLY @ WOLF ROAD McDONALD'S

**Your  
Dream Job  
Awaits  
You!**



**In the Spotlight Newspapers  
Employment Classifieds**

**WANTED**  
**WORK FOR THE UNITED STATES**  
**POSTAL SERVICE —**  
**IN GLENMONT**

**NOW HIRING RCA'S AND TRC'S!**

- \*RURAL CARRIER ASSOCIATES - \$12.87 PER HOUR (Exam Required)
- \*TEMPORARY RELIEF CARRIERS - \$11.55 PER HOUR (No Exam Required)

**DUTIES:** substitute for the regular carrier, days off, sick days, vacations. To sort mail and deliver to designated addresses. MUST BE AVAILABLE ON AN AS NEEDED BASIS.

**REQUIREMENTS:** Minimum age 18, pass physical exam, and lift up to 70 lb., possess valid NYS driver's license w/ safe driving record. REQUIRED TO SUPPLY A VEHICLE - COMPENSATION IS GIVEN.

Apply at Glenmont Post Office  
United States Postal Service - An Equal Opportunity Employer

## NURSES

### EVE/NIGHT SHIFTS

**Capital District Psychiatric Center**, a NYS psychiatric hospital affiliated with Albany Medical College, seeks candidates for unique and challenging nursing positions available on the eve/night shifts.

Psychiatric nursing experience preferred but not essential, as a unique and thorough education and training orientation is provided.

**SALARY RANGE:** \$33,112 - 47,392. Also included is a very comprehensive NYS Benefit Package.

Interested candidates should send resume or file an application with:

• Human Resources Office  
Capital District Psychiatric Center  
75 New Scotland Avenue  
Albany, NY 12208



**CAPITAL DISTRICT  
PSYCHIATRIC  
CENTER**

## KEY CARRIERS, AND PART-TIME CUSTOMER ASSISTANTS WANTED

We are now recruiting for a part-time Key Carrier, and Customer Assistants for our

**Champion Factory Outlet**  
Store in Albany, NY

- As a Sara Lee Direct employee, you are eligible for
- Company Product Discounts • Educational Assistance
  - Supplemental Savings (401K) Plan • Stock Ownership
  - Credit Union Benefits and lots more!

### KEY CARRIERS

As a Key Carrier you will provide all basic functions: customer service, assist with merchandise displays, basic housekeeping duties and operate the cash register. In addition you will be responsible for opening and closing the store in the absence of store management.

### PART-TIME CUSTOMER ASSISTANTS

As a Customer Assistant you will provide customer service, assist with merchandise displays, general housekeeping duties, and operate the cash register.

If you are interested in becoming a part of our winning team, apply in person at:

**Champion Factory Outlet**  
Westgate Plaza

911 Central Avenue • Albany, NY 12206  
(518) 489-8215

**AN EQUAL OPPORTUNITY EMPLOYER**



**spotlightnews**  
.com

# Spotlight on EMPLOYMENT

**TEACHERS:** Full/part-time teaching positions available working with 3 year old & after school age children. Experience required. Paid holidays & vacation. Call V.I.P. Daycare, Guilford, for more information, 869-2957.

**TOUR GUIDES:** To lead educational farm tours; Birthday party HOSTS; Petting zoo ATTENDANTS; part-time. Indian Ladder Farms, 765-2956.

**VENDING ROUTE DRIVERS:** Excellent pay & benefits package. Must have clean drivers license, be self motivated and neat in appearance. Route experience helpful, but not necessary, starting time 5:00 a.m. Call for application 1-(888)-697-9694, or send resume to All Seasons Services, Inc., 1 Mount Pleasant Road, Canastota, NY 13032.

**WAITSTAFF:** Outgoing & dependable person wanted for daytime position. Pleasant, family-oriented environment. Call 439-3242, for information.

**AIM HIGH.** Jobs available in over 150 specialties, plus: \*Up to \$12,000 Enlistment Bonus \*Up to \$10,000 Student Repayment \*Prior Service Openings. High school grads age 17 - 27, or prior service members from any branch, call 1-800-423-USA for an informational letter or visit [www.airforce.com](http://www.airforce.com) AIR FORCE.

**AVON.** Start your own business. Work flexible hours. Enjoy unlimited earnings. Call toll free. 888-942-4053.

**CLAIMS PROCESSOR!** \$20-40/hr potential. Processing claims is easy! Training provided. Must own PC. Call now! 1-888-707-6735 ext. 679.

**COUNSELORS. GROUP HOME WORK** with the DEVELOPMENTALLY DISABLED in Suffolk, Nassau and Queens. Experienced or non-experienced welcome. We train. Permanent and on call work available. WORC, 516-327-9562, ext. 232 or 275.

**Driver- Covenant Transport** \*Coast to coast runs\* Teams start \$42 - \$46 \*\$1000.00 sign-on bonus for exp. co. drivers. For experienced drivers 1-800-441-4394 For Owner operators 1-877-848-6615 Graduate students 1-800-338-6428.

**Drivers -NEW PAY PACKAGE!** OTR: 6 mo. exp. -.30/mi. Top pay -.40/ mi. Regional: .36/mi. Lease program. New/ Used! M S Carriers 1-800-231-5209 EOE.

FedEx Custom Critical is seeking owner/operator of straight trucks.

We offer excellent pay per mile, cash advances, paid permits, group rates for truck insurance and more! 1-800-323-9256.

**FRIENDLY TOYS AND GIFTS** has openings for party demonstrators & managers! Home decor, gifts, toys, Christmas. Earn cash, trips, recognition. Free catalog information 1-800-488-4875.

**MEDICAL BILLER -GREAT INCOME POTENTIAL!** Earn up to 45k per year. Full training provided. Home computer required. Call Titan toll free! 888-660-6693, ext. 4312.

**RETAIL SUPERVISOR-** Hickory Farms has Area Supervisor openings for locations near you. Training programs, competitive salary, bonuses, mileage reimbursement, 40% employee discount. Call 1-800-228-8229 EOE.

## Customer Service - Car Wash Attendants.

We have openings for Full time weekdays and Part time weekends. Duties include assisting customers and light maintenance.

Single health insurance available for full time employees. Great positions for anyone. Male, female, young or not so young welcome to apply. Call 765-2078 or 865-3447

## MOTOPHOTO™

**POSITIONS (FULL TIME-LATHAM & PART TIME-COLONIE)**

**Sales Associate/Lab Technician:** Position includes customer service, add-on selling, lab production, and light computer work, etc. **Qualifications:** Sales, service, photo lab, or photography experience a plus! We will train the right person!

**Benefits:** Competitive wages, selling bonuses, strong training program, and health benefits available.

*High School & College students' schedules work well.*

Please call Michele in Latham at 783-0076  
Debbie in Colonie at 456-2680

email: [tdemeter@spa.net](mailto:tdemeter@spa.net)

For voting registration info, see [www.y2vote.org](http://www.y2vote.org)



If you don't do it, who will?

## Restaurant Experience

### NO NIGHTS

### NO SUNDAYS,

HoneyBaked Ham, Colonie,

seeks entry level hands-on Assistant Manager, 5 day week, \$1k signing bonus, 22-25k,

Fax (781) 639-1086, or mail AS, PO Box 1289, Marblehead, MA 01945

The Rensselaerville Institute & Conference Center

## BARTENDER NEEDED

for part-time evenings

Call Joe Maloney for interview at  
**797-3222**



Federal Voting Assistance Program



Let your career

# SOAR!

With the Spotlight Newspapers  
Employment Classifieds!

## Drivers Wanted

### Spotlight Newspapers

currently has openings for part-time drivers in the circulation department. Responsibilities include delivering newspapers to news stands, collecting remaining copies of the previous edition and recording number sold. Hours are during the day and one must have a clean, valid drivers license.

If interested  
contact Gail Harvey at

# 439-4940

# Spotlight on AUTOMOTIVE

## The Sudden Impact Of Neglected Roads

A childhood memory is having your wind knocked out when you fell off a swing in mid-air, or your buddy laughingly slid off his end of the seesaw when he was down and you were up.

POW! That's the kind of jolt your car

feels when one wheel hits a pothole at 40 mph. If your springs and shocks are weak, you feel it in your back too. There are all too many opportunities for this to happen, according to new statistics from The Road Information Program

(T.R.I.P.), who monitor the condition of our nation's highways.

Diminishing funds allocated for road maintenance is felt in the motorist's pocket in terms of wear and tear on their vehicles. Tires, springs, shock absorbers and other under-car parts damaged as a result of neglected road conditions cost the average vehicle owner \$143 per year, according to T.R.I.P.

Don't treat your car like the drivers in TV commercials who pound their vehicles

over rocks and other obstacles, cautions the Car Care Council. Instead, try to slow down before impacting deep ruts, releasing

properly inflated and that your vehicle's suspension parts are in good condition. They're more likely to survive the impact if

they're up to the task. Worn shock absorbers afford little protection against an encounter

bruised. Suspension parts, such as shock absorbers or springs may have been damaged or wheels could have been knocked out of alignment.

Also, suggests the Council, check the rubber boots that protect the CV joints. They're vulnerable to puncture by flying rocks.

Learn more about car care on the Council's web site: <http://www.carcarecouncil.org>

Brought to you as a public service by the Car Care Council. Visit our web site: [www.carcarecouncil.org](http://www.carcarecouncil.org)

**Be sure your tires are properly inflated and that your vehicle's suspension parts are in good condition.**

the brakes before you hit. This allows the wheel to roll through rather than lock up when it drops into the hole.

Another recommendation to minimize damage from potholes: be sure your tires are

with a rut or pothole.

Finally, if you think the impact may have caused some trauma underneath your vehicle, take it to a professional for a closer look. It's not unusual for a tire to be cut or the sidewall

## Automotive CLASSIFIEDS

### AUTOS FOR SALE

HONDA: Accord LX. Automatic, green, one owner. Loaded, Excellent condition, 78K. Retail \$12,600, asking \$11,000, 432-9206.

OLDSMOBILE: 1987 Cutlass Ciera. 77K, one owner, \$1,600, 439-4891.

PLYMOUTH: 1987 Sundance. 90K, original owner, maintenance records. Excellent condition, \$Make offer, 765-2768.

TOYOTA: 1989 Corolla. Tape deck, air-conditioned. Excellent condition, \$1,500. Call 475-0546.

**We are FIVE STAR**

**It's better. We'll prove it.**

### Oil and Filter Change

#### INCLUDES:

- Engine Oil Replacement (Cars/Minivans 5 qt)
- New Mopar oil filter
- Fluid level inspection
- Vehicles requiring special/extra oil slightly higher
- Prices apply to non-turbo only. Prices for other vehicles may vary
- \$.70 charge for fluid disposal

**\$19<sup>65</sup>**

Car/Minivan

### Wheel Balance and Tire Rotation

**\$25<sup>95</sup>**

#### INCLUDES:

- Remove four wheels from vehicle
- Balance and rotate wheels
- Place wheels on vehicle

This coupon offer expires 8/31/00

Special wheels slightly higher. Present when order is written. Cannot be used with other coupon specials or like services. Customer responsible for sales tax. Chrysler Corporation vehicles only.

GET REAL. GET MOPAR.

### Mopar Battery

**\$65<sup>00</sup>**

Mopar 60

#### INCLUDES:

- Limited warranty available at Chrysler Corporation Dealerships nationwide

This coupon offer expires 8/31/00

Electrical and old battery inspection, installation, diesel and oversized batteries extra. Warranty and prorated adjustments not included. Present when order is written. Cannot be used with any other coupon specials or like service. Customer responsible for sales tax. Chrysler Corporation vehicles only.

GET REAL. GET MOPAR.

**MARSHALL'S**

CHRYSLER Jeep

ROUTE 9W • RAVENA • 766-6161

### Answer to Super Crossword

|         |          |         |       |
|---------|----------|---------|-------|
| ARTE    | BART     | HAREM   | COMET |
| LOIS    | ADAY     | OHARA   | AWARE |
| DONT    | THINK    | PANIC   | BENIN |
| ATSEA   | PIET     | NAB     | ICE   |
| ELMO    | SKEW     | BORSCHT |       |
| OFMEAS  | SUPERIOR | BUT     |       |
| TKO     | REIN     | PINCE   | MEAD  |
| ARABLE  | DIALECT  | JOPLIN  |       |
| CALLA   | ETRE     | HOMER   | LEE   |
| AMPS    | EER      | PEN     | SAGE  |
| SIMPLY  | ASA      | FRIEND  | WHO   |
| ACNE    | ALP      | SUE     | TARA  |
| LIT     | BYLAW    | TEEN    | IMAGE |
| FORBES  | TEBALDI  | EPILOG  |       |
| NORA    | WHEAT    | IMPS    | ADO   |
| ALWAYS  | SJUST    | HAPPENS |       |
| SPONSOR | TASK     | RYAN    |       |
| PUP     | EWE      | YOGA    | IRATE |
| ACTOR   | IVORY    | TOBER   | RIGHT |
| SCENE   | CELIA    | TALK    | CHIC  |
| MIDAS   | KNACK    | OLEG    | HASH  |

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**CAN'T FIND ONE?**

**Great Selection of Trucks for Sale!**

**NEW 2000 GMC 1-TON 4X4**

\$MSRP ..... **\$28,357\***

**SAVE \$3,648<sup>50</sup>**

**YOUR COST ..... \$22,699<sup>00\*</sup>**

\*Tax, title and Reg. excluded. Savings include Gendron's discount & factory rebates to Dealer. Offer ends 8/31/00.

**NEW 2000 GMC JIMMY SUV 2 DOOR**

**Gotta Hurry, Only One at This Price!**

Stk. # 0L474 **YOUR COST ..... \$22,099<sup>00\*</sup>**

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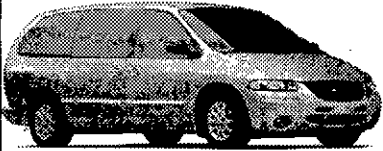
# MiniVan Explosion

## 2000 CHRYSLER TOWN & COUNTRY LX

3.3 V6, Power Windows, Power Locks, Power Mirror, Keyless Entry, Illuminated Entry, A/C, Anti Lock Brakes #TC18

MSRP \$27,695  
Marshall's Price \$24,790  
Less Rebate -\$3,000

**NOW \$21,790\***



## 2000 CHRYSLER TOWN & COUNTRY LX

3.3 V6, Power Windows, Power Locks, Power Mirrors, Keyless Entry, Illuminated Entry, AM/FM/Cass./CD and more. 4 available.

MSRP \$28,790  
Marshall's Price \$25,890  
Less Rebate -\$3,000

**NOW \$22,890\***



## REBATES UP TO \$3,000

Due to a National **OVERSTOCK** of The World's Most **POPULAR** Minivan, Marshall's Garage has joined hands with Chrysler Corp. to bring **YOU** the **Most EXPLOSIVE** Savings Ever!

**0.9% FINANCING IN LIEU OF REBATES**



## 2000 PLYMOUTH VOYAGER

22T Package, A/C, Rear Wiper Washer, Rear Defroster and More. 3 Available.

MSRP \$19,636  
Marshall's Price \$17,190  
Less Rebate -\$2,500

**NOW \$14,690\***



## 2000 PLYMOUTH VOYAGER

3.3L V6, Automatic, A/C, 7 Pass. Seating, AM/FM Cassette, Full Size Spare, Lockable Storage and More! 3 Available.

MSRP \$21,590  
Marshall's Price \$19,299  
Less Rebate -\$2,500

**NOW \$16,799\***



Over 40 MiniVans to choose from at similar savings!



# MARSHALL'S

RT. 9W RAVENA, NY • 756-6161

\*Sales Tax, DMV Fees Extra. \*\* Low financing available in lieu of rebate. Financing through Chrysler Financial if credit qualified. Prices include all Dealer Discounts and Incentives. Sale Ends 8/26/00. Prior sales excluded.

## MARSHALL'S SUMMER SAVINGS!

Save on these and more top quality used vehicles

| STK#             | YR/MAKE    | MODEL                  | MILES | WAS    | NOW             |
|------------------|------------|------------------------|-------|--------|-----------------|
| <b>CARS/VANS</b> |            |                        |       |        |                 |
| S242A            | 95 OLDS    | CUTLASS CIERRA         | 51K   | 7,995  | <b>\$6,495</b>  |
| T71B             | 94 CHEVY   | LUMINA Z34             | 71K   | 8,995  | <b>\$6,995</b>  |
| T191A            | 97 BUICK   | SKYLARK                | 45K   | 9,995  | <b>\$7,995</b>  |
| PC22M            | 98 CHEVY   | MALIBU 4DR             | 42K   | 11,995 | <b>\$10,495</b> |
| 1S5A             | 96 SUBARU  | LEGACY SW (SOLD)       | 62K   | 11,995 | <b>\$10,995</b> |
| PC9M             | 99 PONTIAC | GRAN AM 2DR            | 30K   | 14,995 | <b>\$12,995</b> |
| PC32M            | 97 SUBARU  | IMPREZA 4DR            | 35K   | 13,995 | <b>\$12,995</b> |
| PC27M            | 99 CHEVY   | LUMINA 4DR             | 17K   | 15,995 | <b>\$13,995</b> |
| S236A            | 97 SUBARU  | SUBARU LEG SW AWD      | 51K   | 14,995 | <b>\$13,995</b> |
| PC18M            | 99 PONTIAC | GRAN AM 4DR            | 18K   | 15,995 | <b>\$14,495</b> |
| S64A             | 98 SUBARU  | FORESTER               | 51K   | 16,995 | <b>\$14,995</b> |
| S237A            | 97 SUBARU  | OUTBACK LTD            | 76K   | 15,995 | <b>\$14,995</b> |
| PC33M            | 97 SUBARU  | OUTBACK SPT            | 19K   | 16,995 | <b>\$15,995</b> |
| S224A            | 98 SUBARU  | OUTBACK                | 58K   | 17,995 | <b>\$16,995</b> |
| S211A            | 98 SUBARU  | OUTBACK                | 41K   | 17,995 | <b>\$16,995</b> |
| PC35M            | 97 SUBARU  | OUTBACK SUS            | 45K   | 17,995 | <b>\$16,995</b> |
| PC34M            | 98 SUBARU  | LEGACY GT 4DR          | 35K   | 18,995 | <b>\$17,995</b> |
| S65AA            | 98 SUBARU  | LEGACY GT              | 26K   | 19,995 | <b>\$17,995</b> |
| PC30M            | 98 SUBARU  | OUTBACK                | 34K   | 19,995 | <b>\$18,995</b> |
| S108A            | 99 SUBARU  | OUTBACK                | 21K   | 20,995 | <b>\$19,995</b> |
| <b>TRUCKS</b>    |            |                        |       |        |                 |
| PC7MA            | 94 GMC     | JIMMY 4DR SLE          | 81K   | 10,995 | <b>\$8,995</b>  |
| S139A            | 93 JEEP    | GRAND CHER. LTD (SOLD) | 73K   | 11,995 | <b>\$9,995</b>  |
| 9PCMA            | 95 CHEVY   | S10 BLAZER 4 DR        | 72K   | 14,995 | <b>\$11,995</b> |
| T23A             | 97 GMC     | SONOMA EXT (SOLD)      | 49K   | 14,995 | <b>\$12,995</b> |
| S248A            | 98 DODGE   | CARAVAN (SOLD)         | 12K   | 14,995 | <b>\$13,995</b> |
| 9PC142M          | 96 GMC     | JIMMY 4DR SLE          | 44K   | 18,995 | <b>\$15,995</b> |
| T122A            | 95 FORD    | F250 UTILITY 4X4 PLOW  | 95K   | 16,995 | <b>\$15,995</b> |
| T73A             | 97 GMC     | JIMMY 4DR SLE (SOLD)   | 38K   | 18,995 | <b>\$16,995</b> |
| T99A             | 97 GMC     | SIERRA EXT (SOLD)      | 54K   | 17,995 | <b>\$16,995</b> |
| PC28M            | 99 CHEVY   | ASTRO AWD (SOLD)       | 20K   | 18,995 | <b>\$17,995</b> |
| T153A            | 96 CHEVY   | K1500 PLOW 4X4         | 49K   | 18,995 | <b>\$17,995</b> |
| PC29M            | 97 GMC     | SIERRA EXT 4X4         | 45K   | 20,995 | <b>\$19,995</b> |
| 9T293A           | 98 GMC     | K1500 EXT 4X4 (SOLD)   | 16K   | 20,995 | <b>\$19,995</b> |
| S13A             | 97 GMC     | CONVERSION VAN         | 30K   | 24,995 | <b>\$20,995</b> |
| T145A            | 98 GMC     | SIERRA 4X4 Z71 (SOLD)  | 22K   | 22,995 | <b>\$21,995</b> |
| T15A             | 97 GMC     | SIERRA 1 TON 4X4 DSL   | 35K   | 24,995 | <b>\$21,995</b> |

\*Tax, Title & DMV Fees Not Included In Prices

## MARSHALL'S



ROUTE 9W • RAVENA • 756-6161

## MARSHALL'S GMC

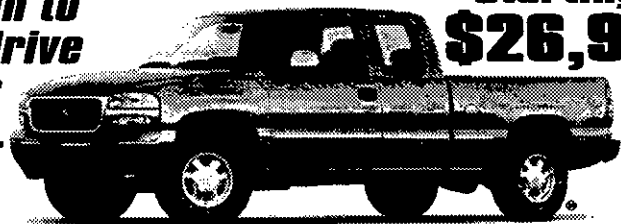
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## THE NEW GMC 2001'S NOW AVAILABLE ARRIVING DAILY!

### Come See The All New GMC SIERRA 4 DR. 4WD

Stop in to test drive yours today.

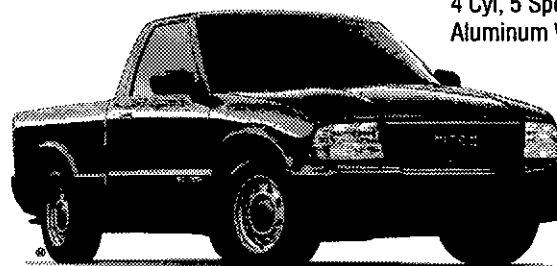
Starting at **\$26,990.**



Stk #T224

### 2000 GMC SONOMA REG. CAB. 2WD

4 Cyl, 5 Spd, A/C, Cruise, Tilt, CD Player, Aluminum Wheels. Black. Stk #225



MSRP \$15,228

Discount -838

Marshall's Price \$14,390

Rebate -2,000

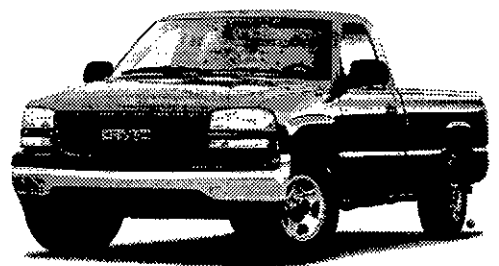
**\$12,390**

### 2000 GMC SIERRA REG. CAB.

2WD, 5 Spd., Vortec 6 Cyl., Bench Seat, Step Bumper, Dual Air Bags, Anti-lock Brakes, Red, Stk#T154.

Now only **\$14,495**

Includes \$500 Rebate



## MARSHALL'S GMC TRUCKS

ROUTE 9W • RAVENA • 756-6161

## Student receives trophy

Matthew Walenta of Delmar, a charter member of the Empire Chapter of the Order of DeMolay, received a trophy at the youth organization's state convention in July for his recruitment efforts.

The Order of DeMolay is a worldwide organization for boys between the ages of 12 and 21, affiliated with Masonic organizations.

The Empire Chapter was

launched a year ago, and the 6-foot-high trophy presented to Walenta at a banquet in Utica honored him for recruiting the most members into the organization in the state in the past year.

The Empire Chapter, made up mostly of Delmar residents, meets at the Albany Masonic Temple at 67 Maiden Lane in Albany.

For information, see the Web site at [www.nydemolay.org](http://www.nydemolay.org).

## Kiwanis seeking craft fair vendors

Delmar Kiwanis Club will hold its ninth annual Flea Market and Craft Fair on Saturday, Sept. 16, from 8 a.m. to 4 p.m. on the grounds of the Days Inn on Route 9W.

The grounds will be open at 7 a.m. for vendors.

Vendors offer antiques, collectibles, crafts, new merchandise, plants, jewelry and household goods.

Spaces of 20-feet by 20-feet each can be reserved for \$20 if payment is received by Sept. 7. After that and on-site spaces will be \$25.

For information, call Jim Krathaus at 439-6808.

## Library slates renovation forums

Bethlehem Public Library has scheduled several open forums to acquaint the public with its proposed renovation project.

Sessions are scheduled for Sept. 20, Oct. 26 and Nov. 21, all at 7 p.m. in the community room.

Architectural plans will be available for review.

## Chamber sets annual golf classic

Bethlehem Chamber of Commerce is looking for sponsors for its 14th annual Chamber Golf Classic at Normanside Country Club on Oct. 2.

Several sponsor categories are available: Eagle Sponsor for \$500 includes one ticket to golf day, your banner displayed all day, a tee flag and program listing; Birdie Sponsor for \$250 includes a tee flag and program listing; and tee flags are \$75 each or two for \$125.

For information, e-mail [info@bethlehemchamber.com](mailto:info@bethlehemchamber.com).

## St. Patrick's to host Thursday barbecue

St. Patrick's Church on Main Street in Ravena will serve a chicken barbecue on Thursday, Aug. 17, from 4 to 6 p.m.

The menu will include chicken, baked potatoes, corn-on-the-cob, cole slaw, rolls and dessert.

All meals are takeout. For tickets and information, call the church rectory at 756-3145.

## Crooked Creek Band to perform at gazebo

The country and western group Crooked Creek Band will perform on Thursday, Aug. 17, at 7 p.m. at Coeymans Landing gazebo. The concert is free and open to the public.

On Friday, Aug. 18, at 7 p.m. there will be a musical revue entitled "Romance On Wry" at the gazebo. It is being sponsored by Callanan Industries in conjunction with the town of Coeymans.

The musical is suitable for the entire family. Bring lawn chairs or a blanket. Picnickers are welcome.

## Library slates family and friends reception

RCS Community Library will host a family and friends reception on Thursday, Aug. 17.

At the reception, a mural designed and painted this summer by local children will be presented to the library and installed in the children's corner.

In addition, participants in the Young Writers Workshop will present their works.

## Historical society to hear speaker

The Greene County Historical Society invites historians and treasure-hunters to a presentation by Edward Fedoryszyn entitled

## NEWS NOTES

**Selkirk**  
**South Bethlehem**  
Linda Marshall  
756-3520



"Relic Hunting in Greene County" today, Aug. 16, at 7:30 p.m. at the Bronck House in Coxsackie.

## Schools plan open houses

Pieter B. Coeymans Elementary School will hold an open house for all students and parents who would like to see the location of their rooms on Thursday, Aug. 31, from 9 to 11 a.m.

A.W. Becker Elementary School will host an open house for kindergarten students and parents the same day, Thursday, Aug. 31, from 9 to 11 a.m.

Students and their families are invited to tour the school, meet the teachers and familiarize themselves with their new academic home.

## Realtor to visit chip fab plant

Peter Staniels of Noreast Realty will visit a chip fab plant in Burlington, Vt., on Tuesday, Aug. 22, at 7:30 a.m.

He invites anyone who would like to see the plant to join him.

He will tour the facility and meet with members of the local chamber of commerce to learn more about how a chip fab plant might work in our area.

To accompany Staniels, contact him at 456-0400.

## YMCA offers backyard swim lessons

The Capital District YMCA is offering a backyard pool program from Aug. 14 to 25, where swimming instructors will come to your pool and teach swimming skills to youth.

The program is taught by experienced swim instructors who are certified lifeguards.

The cost is \$275 for eight, 40-minute sessions. For information, and to register, call 869-350.

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- ❖ 20% Discount on check orders
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- ❖ Overdraft Protection (with credit approval)
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- ❖ Free combined monthly statements, for the convenience of reviewing all related accounts and transactions

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\*Sanford Farms 843-5006 • Gloversville Route 30A 773-7502

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Guilderland 452-1165 • Latham 782-0497 • Norwich 336-5899

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Visit [www.mohawkcommunitybank.com](http://www.mohawkcommunitybank.com) for product information, current rates and our great office hours.

\$15 monthly service charge if balance falls below required minimum. Annual Percentage Yield (APY) effective 8/1/00. Checks must be ordered through the bank. Shipping & accessories not discounted. Check buyback offer good for a limited time. Unused checks must be from a bank other than Mohawk Community Bank. Please ask for more details.

**Yury's School of Gymnastics**

**FALL REGISTRATION OPEN HOUSE**

Wednesday, September 13 - 4 to 7pm  
Thursday, September 14 - 4 to 7pm  
Friday, September 15 - 4 to 7pm

**CLASSES START MONDAY, SEPTEMBER 18<sup>TH</sup>**  
Gymnastics Classes for Pre-School, School age, Adults  
Tumbling For Cheerleaders

**FANTASTIC GYMNASTICS BIRTHDAY PARTIES**

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