section

DONOIL

Eagles clinch Sectionals

Volume XLIV Number 39 Fifty Cents

O See Page 22

·A cut above



Pete Clemente uses a chain saw to turn a tree limb into a bear at the Folk Art Festival in Voorheesville last weekend.

Kids don't mind learning skills,

as long as there's relevance.

When they're not sold to the

have to sell it to them.

whole idea of education — you

Social studies teachers unhappy with policy

By KATHERINE McCARTHY

Although it was adopted as part of a general policy review, one teacher and two movies seem to have become the focus of the Voorheesville school district's new video policy.

Social studies teacher Tom Kurkjian has shown "Last of the Mohicans" and "Glory," both of which are R-rated, to his seventh-grade class for nearly 10 years.

Under the new policy, which the school board unanimously approved at its last meeting, only an edited version of an Rrated movie can be shown to seventh- and eighth-graders. R-rated movies will not be shown to sixth-graders.

Although there is an edited version of "Glory" (the story of the Union's all-black Massachusetts 54th Regiment during the Civil War) that Kurkjian will show his classes, he is unaware of an edited version of "Last of the Mohicans," the

movie that first drew protest from parent Art Thorman.

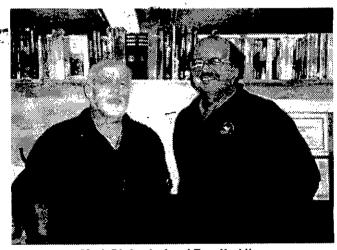
Kurkjian, Thorman and a group of faculty, administrators and parents later discussed the movie. Thorman, who is a longtime middle school social studies teacher in another district, had objected to his daughter viewing certain scenes of graphic violence (someone's heart is ripped out in one, and in another a person is repeatedly hacked) and to a romanticized suicide in "Last of the Mohicans."

Kurkjian said the movies in question work well as instructional tools and both

Kurkjian and social studies chairman Mark Diefendorf were disappointed with the board's decision.

October 11, 2000

"Last of the Mohicans' shows the Indians as they've never been seen before, with a full range of emotions,' Kurkjian said. "They're not just grunting and saying 'how.' The story grabs the kids' attention, teaches about the frontier, and the relationship between the British and the Colonials. This sets the kids up



Mark Diefendorf and Tom Kurkjian

for the American Revolution."

Diefendorf said: "Glory' is one of the most relevant films out there. It goes way beyond the Civil War, and brings up issues of race and civil rights. It gives you

☐ POLICY/page 17

Growth means challenge for town, district

By ETHAN SCHOOLMAN

Residential growth has always presented challenges for schools. and it is not the town's business to try to curtail or control it, but to help the school district prepare for new students, Bethlehem Supervisor Sheila Fuller said Wednesday.

Fuller, a former school board member for 13 years and president for eight, was responding to a recent report by school Superintendent Les Loomis, which showed that the district's total enrollment is approaching 5,000 students, and this year beat projections by about 1 percent.

When he presented his report at the Sept. 16 school board meeting, Loomis warned that most

☐ GROWTH/page 18



GE makes things better for RCS kids

By ETHAN SCHOOLMAN

Ravena-Selkirk-Coeymans Middle School is cooperating with local GE employees this year to show some of its most reluctant students a real-world rationale for taking school seriously.

Brian Sheldon, an alternative edu-

cation teacher at RCS Middle School, proached GE y with the idea of a mentorship program last spring.

"One of my neighbors works for GE, and it seemed

like a good idea," Sheldon said. "I'm really pleased with the quality of people who've signed

Mentoring at community schools is p nothing new at GE, which participates in similar programs at schools around the

state - including RCS Senior High School. At the middle school, where mentors will work with seventh- and eighth-graders, the strategy is to show students that math and science aren't just things you learn to do well on tests.

"The (GE program) is intended to teach kids that their work has real

implications,' middle said school Principal James Hoffman.

According to Hoffman, the GE mentors, in addition teaching the hard facts of their subjects, will also help reinforce basic

study habits that some students, for a variety of reasons, have a difficult time learning on their own.

James Hoffman

"Brian (Sheldon's) kids often have trouble dealing with the regulated structure of school," Hoffman said.

"Some kids can't handle freedom, and they can't organize themselves independently.

Often, Hoffman said, there was no "educational push from home."

Both Hoffman and Sheldon hope that professionals from a company with immediate ties to the community will provide their charges with role models that might otherwise be lacking.

This year, the middle school is starting out with three mentors. Each will work with a small group of three to four students, mostly in a tutorial setting. Mentors will meet with their charges in the school library, and be there for students to "show their homework to, ask real questions of, and spend time studying with," Sheldon said.

The idea behind this special attention isn't just to get students to learn facts and figures, but to show them what education is all about - and convince them that it's important.

"Kids don't mind learning skills, as

☐ RCS/page 18

Civil War program slated

The New Scotland Historical Association will sponsor a program on "Medical Practices During the Civil War" with Dr. Matthew Farina at its Nov. 8 meeting at the Wyman Osterhout Community Center in New Salem.

Meetings start at 8 p.m., preceded by tours of the historical museum at 7:15.

Farina is president of the Capital District Civil War Round Table

and has spoken on this topic both nationally and internationally.

"The Bells of New Scotland" will be the topic on Dec. 5, with guest speaker Joseph Connors.

Connors is a chime historian and has done extensive video taping of bell towers from the District of Columbia to Maine, including the town of New Scot-

District to celebrate 55th

Albany County Soil and Water Houghtaling's Market in Feura Conservation District will be cel- Bush. ebrate its 55th anniversary on Saturday, Oct. 14, at the Resource and reservations are required. Development Center at 24 Martin Road in Voorheesville.

The party will begin at 6:30 p.m. with a chicken and biscuit dinner, assorted vegetables and dessert, all provided

Tickets are \$11.50 per person

To attend, fill out a reservation form and return it by Oct. 11. Forms can be obtained from the Conservation District office, 24 Martin Road, Voorheesville.

For information, call 765-7923.

Bigger and better



Jim and Elaine Nichols, owners of SuperValu Foods in Voorheesville, celebrate the expansion of the store at an open house last Saturday. Jim Franco

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koom Sewice INTERIOR DECORATING

> By Susan Luria 518-296-8556

renovation forums

Bethlehem Public Library has scheduled several ópen forums to acquaint the public with its proposed renovation project.

Sessions are scheduled for Oct. 26 and Nov. 21 at 7 p.m. in the community room.

Architectural plans will be available for review.

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RCS teacher takes lead in anti-violence program

By Ethan Schoolman

A Ravena-Coeymans-Selkirk middle school teacher was among the first educators in the country to go to Washington for a six-day training in the new national Stop the Violence program.

On Oct. 2 he briefed the Ravena-Coeymans-Selkirk school board on how the program will play out

This program is designed for those 70 percent of students who remain silent when they hear their friends talking about bringing guns to school.

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Robert Lammly

in New York — starting at RCS Senior High School.

Robert Lammly, who teaches social studies at RCS middle school, told the board that the Stop the Violence program represents one of the educational establishment's most thoughtful attempts yet to convince students to take notice and speak out about big and small violent events happening at their school — before something terrible happens.

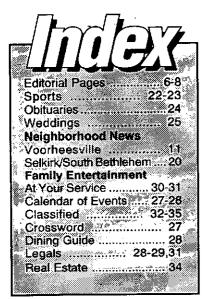
"This program is designed for those 70 percent of students who remain silent" when they hear their friends talking about bringing guns to school, Lammly said. "We want them to open their mouths.'

Stop the Violence was started in Kentucky, and expanded to include schools in 11 states. The week-long conference in Washington that Lammly attended included representatives from 49 states and two foreign countries.

According to Lammly, Stop the Violence focuses on using peer mediation groups and peer counseling to get students to discuss and take seriously the violence they see happening around them everything from playground bullying to guns in lockers.

There's a need for more prevention and foresight, not just more metal detectors all over schools," Lammly said.

Studies of students who doeventually lose control of their anger, Lammly said, show a pattern of long-standing emotional and sometimes physical abuse not just by their parents, but often by their peers in school.



The rage that manifested itself so violently at Columbine, and more recently at a high school in New Orleans, does not just happen, he said. Rather, it is the end result of a cycle of anger that usually takes months to reach the boiling point.

Lammly did not go to Washington just to learn more about the problem. He also went to learn how to train others, and in early November he will do just that.

Along with six RCS students, three from high school student government and three from the middle school, Lammly will hold a Stop the Violence training conference for teachers and students from around the state.

The conference is scheduled for Nov. 10 and 11. The location has yet to be determined.

Lammly has received word that Lt. Gov. Mary Donohue will most conference.

"We want to show kids that keeping people safe is more important than keeping secrets," Lammly said.

At the end of the conference. students, teachers and administrators will be qualified to start Stop the Violence programs in their home schools - as Lammly intends to do at Ravena.

Bethlehem Superintendent Les oomis said that he hasn't yet received word of the conference, but would consider asking some Bethlehem teachers to attend, if invited by organizers.

Some RCS high school students who attended the board meeting questioned what the program will be able to accomplish.

Senior Thomas Reinish criticized Lammly for only choosing high school representatives from student government.

"Why not take a broader cross section of students, leaders from all parts of the school, rather than just student government people?" Reinish asked.

Reinish also suggested that Lammly make attendance at future Stop the Violence meetings mandatory for at least some students, particularly those already in detention.

"You're already sitting there in study hall until 5 in the afternoon." Reinish said. "Why not spend that tion of Families." time in a meeting, instead?

Lammly appeared to reject Reinish's suggestions, saying that the students he had chosen were acknowledged leaders, and that these first leaders would then be able to train other students in peer counseling techniques.

School board President Gerald DeLuca praised Lammly's efforts, saying "It was an honor" for such an important event.

The conference will be paid for largely by a \$10,000 grant from the state.

Good gourd



likely attend at least part of the Andrea and isaac Lain take their time picking out a pumpkin at Red Horse Farm on Orchard Street in Slingerlands on Sunday.

Series to focus on family values

By Katherine McCarthy

Character. It's a word that's often forgotten, as we hurry from place to place with our children and try to make sense of the barrage of media that assaults us daily.

For five weeks beginning Thursday, Oct. 19, though, Delmar Presbyterian Church will focus on just that issue.

"Raising Children of Character: Parenting in a Troubled World," is open to parents of all denominations throughout the Capital District. Family therapist James McGuirk will start the series off by talking about "Successful Children, Successful Families."

The next three sessions — all on Thursday evenings - will address specific age groups. New Lebanon school psychologist and Bethlehem resident Daniel Sutherland will talk about "The Preschool Years: The Foundation of Character," "The Elementary/ Preteen Years: Defining the Boundaries" and "The Teen-age Years: Strategies for Communication."

McGuirk and the Rev. Larry Deyss, pastor of Delmar Presbyterian Church, will conclude the sessions by discussing "Moral and Spiritual Strength: The Founda-

This won't just be a lecture series," said Lynn Gasorowski, chair of the church's Christian education committee. "There will also be an open forum, with questions and discussion.'

Gasorowski said Delmar Presbyterian tries to host an annual community forum, and the general question of how to raise moral and spiritual children came up.

"This idea came up in our meet-Ravena to have been chosen for ings," Gasorowski said, "and this is a topic that comes up among parents a lot. There are so many things going on in children's lives, and we wondered how you can give children a good background

in how to go out into the community and be good people."

Deyss had read an article by McGuirk entitled "The Hurried Family," and some church members knew Sutherland. After meeting with the two men, Gasorowski · candidate," McGuirk said. "He said they were a good fit for the talks about his values, and stands program.

There's a lot of pressure on families. We give everything to our kids, and do everything for them, and tend to get overinvolved in their lives. We get so busy transporting our kids places, and worry

that if they're not involved, they're

James McGuirk

families," said McGuirk, who has a son at Bethlehem Central Middle School. "We give everything to our kids, and do everything for them, and tend to get overinvolved in their lives. We get so busy transporting our kids places, and worry that if they're not involved, they're missing things. Adults are also trying to do things for themselves, and we're getting away from the basics that families need."

missing things.

McGuirk has worked with children and families for more than 23 years, and been in private practice for the last 10. He is also assistant executive director of the Astor Home for Children in Duchess County.

"People in our society are trying to figure out how to develop character," McGuirk said. "There's a constant barrage of materials we can't control, that depict values that are not very positive, and can be very negative. No matter how hard we try to make decisions about what our kids watch, they'll come across things at friends' houses, on the radio, or on TV. Things parents might have had to face in high school are coming at a younger age."

McGuirk said that our society is turning away from the stories of the past years, things like O.I. Simpson's murder trial, and the Clinton scandals.

Look at Joe Lieberman as a for something. Look at some of "There's a lot of pressure on the recent popular books, like

Faith of Our Fathers, and The Greatest Generation.

In his first session, "Successful Children, Success-Families," McGuirk said he would look at what creates successful people.

"We'll take a look at positive traits like responsibility, trustworthiness, and re-

specting other people's points of view," McGuirk said. "We'll talk about drawing on kids' strength, parents staving firm in their beliefs, and helping kids do things

As the series continues. McGuirk said parents will be able to look at the different stages of childhood, and what issues children and parents face.

Programs are all on Thursdays at 7:30 p.m. at Delmar Presbyterian Church, 585 Delaware Ave., Delmar.

On Oct. 19, the topic will be "Successful Children, Successful Families." The Oct. 26 program will cover "The Preschool Years: The Foundation of Character." Nov. 2's session is "The Elementary/Preteen Years: Defining the Boundaries." Nov. 9 it's "The Teenage Years: Strategies for Communication."

The final session, "Moral and Spiritual Strength: The Foundation of Families" is scheduled for Nov. 16.

For information, contact Delmar Presbyterian Church at 439-9252.

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Board rating decision could lead to censorship

By Katherine McCarthy

I would like to publicly apologize to the father I admonished last spring for renting "Austin Powers, The Spy Who Shagged Me" for his elementary school children. It is his business what he lets his kids see and my business what I let mine see.

Part of my apology is due, of course, to the fact that my children have now seen that movie. I'm ashamed of that, and have to laugh at the irony of the situation. When Christopher was Cormac's age, we battled nearly to the death about whether he should see "Air Force One," an R-rated, and much less offensive, movie than the arguably funny Austin Powers.

That made me the unpopular parent in our house. But it was important to me, and I had to live with my children's protests, just as I must now deal with the raised eyebrows of other parents when my boys say, "Oh, behave."

Helping my children make sense of the many messages they receive seems to be the main parenting task of this information age. It is our job to help them make good choices in the framework of our family's values.

COMMENTARY: **∕∕∕**om's **(/)**ord



No parental instinct is as fierce as the desire to protect our children from harm, but sometimes, in a peaceful, prosperous era, we protect them too much. We have this sense that there are so many dangers in the outside world, sometimes we over-control the areas we can, what happens at home or school.

The Voorheesville school board, supported by a small group of parents, recently banned Rrated movies for sixth-graders, and is allowing only edited versions of R-rated movies for seventh- and eighth-graders. The decision was made based on the Motion Picture Association of America's rating guidelines, which says that people under 17 must be accompanied by a parent or guardian to see an R-rated

Stop for a minute, though, and think about some of the R-rated movies that you've seen, and some of the PG or PG-13 movies that you might just pop into the VCR for your kids to watch. The ratings often make little sense, and those R-rated movies might have good stories, good history, and good moral lessons our children can take into the future.

"Last of the Mohicans" and "Glory" were the R-rated movies cited in the Voorheesville debate, since a social studies teacher showed them to seventh-graders, most of whom are 12 years old.

Dutiful reporter — and loving a chance to curl up with a good story on these cold autumn days - I rented them. They are incredible and moving, and could have a great positive impact on 12-year-olds.

"Last of the Mohicans" brings alive local history from the French and Indian War, so easily overshadowed by the more consequential American Revolution. and reminds us that New York was once a wild frontier. It also provides some insight into the Indian way of life and mind-set, and how whites felt about them at that time, and there's a powerful story of love vowing to find a lost

Massachusetts Regiment, an allblack Union Army troop during the Civil War, should be required viewing. It is a powerful and moving account of loyalty, bravery and a quest for freedom. Particularly in this overwhelmingly white part of the world, it offers a glimpse of the history of a people that still fight daily prejudice.

Both movies are full of violence, and "Glory" contains some occasional rough language, and regular use of the hateful "n" word.

Some seventh-graders might not be able to deal with the violence, and that is when parents need to know their children, and let them do the alternative assignment instead of seeing the movie. But don't make the choice for all of us with an outright ban on movies that might provide valuable insight into the human condition for children who can handle it.

I want my children reminded that, in our nation's history, there were people who fought hard, and risked their own lives, to get us to the point where bondage is lack of a cell phone, and hardship is not having the right Abercrombie T-

I want my children to know about their ancestors' struggles, and have a sense of gratitude for

Letters policy

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racy, style and length.

and phone number.

"Glory." the story of the 54th their efforts. I want them to empathize with people who are different and respect the decisions of

I also want my children to feel the emotions these movies can elicit. The violence is horrible, brutal and real. In a way that video games never can, these depictions of the death of characters you've come to care about show that violence can have tragic results.

It has been a long time since ·Vietnam, and for children who have never know the horror of having Daddy or Brother march off to war, these movies remind us that war is not something to be entered into lightly.

Life will inevitably deal our children some harsh blows. I am not advocating exposure to film violence or celluloid emotion as a way to toughen them up. But where, as we shuttle them from school to soccer practice, do they get the chance to see some of the harsher realities of life and process their own reactions?

Watching movies in a classroom doesn't exactly leave them on their own to deal with their emotions. We entrust our kids to teachers for the bulk of each day. Most have been working with adolescents for a long time, and have proven themselves to be able and trustworthy guides.

Censorship is a dirty word. There are school districts in this country that ban significant pieces of literature, to the great detriment of our society, and our future. Let us be ever vigilant that it, on doesn't happen in our part of the IXI

The greatest tragedy that could befall us would be to lose our link 300 to the past, and to the common human experience.

There is an overriding democracy lesson in this controversy, not a bad reminder as we come up to Election Day. Our voices count, and when things matter to us, we need to speak up.



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History lesson



🖖 Tim Donoghue as Henry Kissinger and Keith Jochim as Richard Nixon rehearse for Capital Repertory's production of "Nixon's Nixon" that runs Oct. 13 through Nov.5. For tickets and information, call 462-4531.

To Life to present therapeutic program

The practice of therapeutic touch and its benefits for people living with anxiety, chronic pain and serious illness, will be discussed by registered nurse Shirley Gnacik in a two-part program hosted by To Life, a local resource for breast cancer education and support.

"Therapeutic Touch offers enormous healing benefits for the women and families we serve," said To Life President Mara Ginsberg.

"Reprieve from anxiety is what most people seek immediately following a diagnosis of breast cancer, and this technique is proven to reduce stress and promote relaxation. When we take angst out of the equation, the road to recovery is much smoother," she added.

Therapeutic Touch sessions be held on Oct. 19 and 26 from 6 to 9 p.m. at the To Life office at 278 Delaware Ave. in Delmar.

Participants will learn, among other things, how the hands can be used to balance the energy field and facilitate the body's self-

Program instructor Gnacik has 28 years of experience as a registered nurse.

For information and to register for the program, call or e-mail To Life at 439-5975, info@tolife.org.

Advance registration is required, as program space is lim-

Samaritans have new number

The Samaritans Suicide Prevention Center recently reopened its hot line. The new number is 689-HOPE or 689-4673.

The hot lines will cover Monday through Thursday from 4 to coverage from Friday at 4 p.m. call Mary Shaw at 454-5430 until Sunday night at 11 p.m.

The Samaritans will also be conducting training for new hot line volunteers on Monday and Wednesday evenings for three weeks, beginning Oct. 16.

For information about the hot 11 p.m., and will run continuous line or on becoming a volunteer,

Holiday workshop set at extension

The human ecology and hortifood preparation. culture departments of Cornell Cooperative Extension will sponsor a holiday workshop on Tuesday, Nov. 28, from 1 to 4 p.m., or from 6 to 9 p.m. at William F. Rice Extênsion Center, 24 Martin Road, Voorheesville.

The workshop will discuss lowcost ideas for gift-giving and

Each participant will be able to enjoy holiday treats, and take home a self-prepared craft/gift.

The fee is \$8 per person, and registration is required by Nov. 8. Class size is limited.

For information or to register, call Janet Johnson at 765-3500.

Singers to perform Delmar composer's work

The Octavo Singers of Schenectady, under the direction of George Moross, will present the world premiere of three works by Joseph Orietas of Delmar on Sunday, Nov. 5, at 3 p.m. at Memorial Chapel at Union College in Schenectady.

The concert will include "Fugue in D Minor" and the 'String Quartet No. 1" by Orietas. Octavo Singers will also perform his "Naos" from "Glory to God," and works by Thomas Savoy. The

Auxiliary selling Entertainment Books

Elsmere Fire Co.'s auxiliary is again selling Entertainment Books as a fund-raiser. They cost \$40 each and can be purchased from any auxiliary member or by calling Edie Pregent at 439-3797 or Daile Morrell at 439-5556.

singers will conclude the program with the performance of Rossini's "Stabat Mater."

For information, call 344-SING.

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439

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The best kept secret in Albany



Kelly Dennin, MD, FACS, Riaz A. Mirza, MD, FACS, and Barbara Brazis, DO, Albany Surgery Associates

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Sesame Street Live

"Let's Be Friends" This Weekend - October 13th-15th!

Matters of Opinion

Give seniors a hand

Just about everyone in Bethlehem with any sense of community knows how lucky this community is to have a Senior Services Department that is second to none. Its leaders, Karen Pellettier, Joyce Becker and Caroline Wirth, have championed programs that make life more pleasant for seniors.

Seniors who no longer drive have access to the Senior Van, and trips and programs. Seniors can socialize, and generally find

Editorials

all kinds of help at Senior Services.

What some people might not know, however, is how much the seniors do for the community. Bethlehem Senior Citizens recently knitted and distributed more than 500 hundred items to various groups, like Ronald McDonald House and St. Catherine's Home for Children in Albany.

And although the seniors prefer not to be "celebrities," (they declined to have their names used with their picture in this issue), they should know their labor is valued — and how much they still contribute to their community.

And that's not all they do. Many seniors volunteer — in the schools, driving the Senior Van and helping out whenever and wherever they can.

Hats off to our seniors. We are grateful for their important contributions to the community.

Help end violence

Kudos to Ravena-Coeymans-Selkirk teacher Robert Lammly for taking the initiative to bring the Stop the Violence program to the district.

We agree that prevention measures are needed to ensure a safe environment in our schools. We hope other local schools, like Voorheesville and Bethlehem, look into this program. Kids need to learn not to look the other way when their peers are exhibiting potentially dangerous actions.

At the same time, parents need to talk to their kids about violence and what it does to the entire community. Parents who have weapons should keep them in a locked, secure place in their homes.

Be sure to register

There's still time to register to vote in the Nov. 7 election. Through Friday, residents can arrange to register at local town halls.

This election will determine who will be the next president and who will be the next U.S. senator from New York, as well as who will represent us in Congress, the Assembly and state Senate.

Set a good example; register to vote and follow through at the polls next month.



Last year's participants in Making Strides Against Breast Cancer walk raised \$260,000.

Make strides against breast cancer

By Patricia Covell

The writer is regional executive of the American Cancer Society.

Every October we revisit the issue of breast cancer. With good reason, as October is National Breast Cancer Awareness Month.

It is also the month in which the American Cancer Society holds its annual Making Strides Against Breast Cancer walk to raise money that directly funds potentially life saving breast cancerresearch, local patient and family services, education programs and advocacy efforts.

The noncompetitive walk takes place in 80 sites across the country, including 12 in New York. Individuals and teams collect pledges in support of their participation, regardless of the distance walked. Since its inception in Massachusetts in 1993, Making Strides Against Breast Cancer has raised more than \$50 million.

This year's national fund-raising goal is \$27 million. But the more important goal is to double the number of lives saved from breast cancer.

While we welcome the abundant educational opportunities provided by an entire month dedicated to breast cancer, we have to Point of View

realize that this is an issue that warrants discussion year-round.

Unfortunately, breast cancer strikes one in eight women and it does not wait until October to do so. The American Cancer Society estimates that 13,700 women in the state will be diagnosed during 2000 and 3,100 women will lose their lives.

The good news is that since

The American Cancer Society

estimates that 13,700 women in the state will be diagnosed during 2000 and 3,100 women will lose their lives.

1985, when October was declared National Breast Cancer Awareness month, great progress has been made in the fight against this disease.

Recognition of the need for early detection and education campaigns that encourage women to follow the American Cancer Society's breast cancer detection guidelines have led to more consistently each year.

In New York, 86.7 percent of women over the age of 40 have had a mammogram. This increased awareness, along with improved treatments, has contributed to a 16 percent decrease in mortality rates in New York state between 1990 and 1997.

Much of this progress is a result of American Cancer Society funded research. The society allocates more money for cancer research than any other organization except for the federal govern-

Our funding has led to many exciting discoveries, including the Nobel prize-winning research showing breast cancer's link to sex hormones, the discovery that lumpectomy plus radiation treatin terms of survival, and that the Against Breast Cancer walk.

drug tamoxifen can help prevent recurrence in many breast cancer

On the political front, the American Cancer Society makes sure that women with breast cancer remain a high priority for our elected officials. Through our advocacy efforts we helped to secure an additional \$1.9 million in New York to fund the Breast and Cervical Cancer Screening program for this year. This significant increase over last year's budget will help meet the goal of providing screening for 5 percent

more uninsured women.

While our education, research funding and advocacy efforts will help continue the fight against breast cancer for the future, we are still faced with breast cancer in the

Our patient and family services department provides valuable support for patients through programs like Reach to Recovery, a one-on-one mentor program that matches up breast cancer survivors with women who have been recently diagnosed; Look Good-Feel Better a program designed to assist women with the appearwomen getting mammograms ance consequences of cancer treatment; and Road to Recovery which offers cancer patients free rides to and from their chemotherapy and radiation treatments.

> In addition, the society provides information and resources for patients and family members in the form of literature, books, a Web site www.cancer.org, and a toll free 24 hour hot line at 1-800-ACS-2345.

Each of the aforementioned efforts represent the society's goal of providing hope, progress and answers to breast cancer patients and the public.

But the American Cancer Society does not exist in a vacuum and in order to continue our efforts to reduce the burden of breast cancer, we must rely on the public's help. One of the ways we achieve ment is equivalent to mastectomy this is with our Making Strides



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Mour Opinion Matters

Last year at the Capital Against Breast Cancer. Just be District's fourth annual walk in sure to remember that breast can-Washington Park, we received an enormous amount of support from residents who raised \$260,000. More than 4,000 participants laced up their sneakers and walked three and a half miles to fight breast cancer. Many of the walkers were breast cancer survivors and brought friends, family and co-workers. Other participants walked to remember a loved one who lost her battle or celebrate the life of someone who has courageously survived.

This year marks the fifth time we will ask the Capital District to help us in the fight against breast cancer. Without the support of the residents who live in the communities we serve, we cannot continue to provide hope, progress and answers to those who need them the most, breast cancer patients and their families.

While the American Cancer Society engages in discussions about breast cancer throughout October, you can take this opportunity to schedule your yearly clinical breast exam and mammogram. start your monthly breast self-exams, or help raise funds and awareness by walking in Making Strides

3

3

cer remains a year-round disease.

For information about Making Editor, The Spotlight: Strides Against Breast Cancer, call the American Cancer Society at 1-800-725-3185.

American Cancer Society breast cancer detection guide-

- Women age 20-39 should have a clinical breast examination performed by a health care professional every three years and should perform monthly breast self-examinations
- Women age 40 and older should have an annual mammogram, an annual clinical breast examination by a health care professional and perform monthly breast self-examinations

Taxpayer resents gas bus mistake

I very much enjoyed your article about natural gas buses being phased out because of problems caused by the weather.

The article recounted that the BC school district plans on selling most of its eight natural gas buses "as soon as it can" because the vehicles turned out to be a failure for the district's transportation department.

The district purchased the buses, which cost "thousands" more than standard diesel buses. as part of a state program which subsidized about half of the cost of the buses.

What I found very puzzling, however, was the comment by Superintendent Les Loomis that the state program was a good idea, but it just didn't work out.

taxpayer dollars on a new type of school bus be a "good idea" when are being wisely spent. as the article states, finding a station where the buses can be refueled is problematic and in the winter, the buses chronically "just won't start," because they are illsuited to the cold?

I can only hope that any BC administrators who, in their environmental exuberance, decide to buy natural gas-powered cars for

see if the cars will start when they have to drive to work on a cold winter's day.

Without those administrators How could a program spending on the job, how could taxpayers rest assured that their tax dollars

> James Connelly Delmar

In Glenmont The Spotlight is sold at Cumberland Farms, CVS, Glenmont Beverage, Brookwood Mobil. Exit 23 Mobil. Grand Union, Stewart's and Van Allen Farms

Be sure to vote Nov. 7



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SPORTCOATS / BLAZERS Sale priced \$99-199 Reg. \$149-295

DRESS SHIRTS / SILK TIES 2 for \$40 Reg. \$27.95 each.

Mens Store & Tailor Shop Delaware Plaza, Delmar 478-0315 M-F 10-8, Sat 10-5 & Sun 11-4 (Coming soon www.RobertDaniels.net)





Matters of Upinion

Thanks to senior club for mitten project

Editor, The Spotlight:

On behalf of Bethlehem Senior Projects, and the Bethlehem Food Pantry, many thanks to Bethlehem Senior Citizens Club members and community residents who knitted and crocheted more than 500 pair of mittens, hats, scarves and booties for Project Mitten 2000.

Each year, the Bethlehem Senior Citizens Club undertakes

many worthwhile community projects, and like so many of the past projects, this year's mitten project was a great success.

Bethlehem senior volunteers will divide and distribute the mittens to area agencies.

> Karen Pellettier **Bethlehem Senior Services Bethlehem Senior Projects**

What's happened to common courtesy?

Editor, The Spotlight:

Today, on our way to work, a very disturbing. colleague and I witnessed four examples of public insensitivity example. With the sounding of and blatant discourtesy.

leashes were strained to go up on the property.

In each instance the dog urinated on flowers! I find this willful first to beg for a cleared route.

act of destruction disgusting and

Even more alarming is the next the fire alarm, volunteers were First, two dog owners allowed flashing their lights in order to their pets to relieve themselves rush to the firehouse. Unfortuon private property. This propnately, there were several drivers erty was not part of the town ease. who would not pull over and give ment; in fact, in both cases, the clearance to the volunteers. I'm sure if there were an emergency in one of these inconsiderate motorists' homes, they would be the

I truly don't understand these situations. I suppose common courtesy is currently even more uncommon. Do we now roll down our windows, shake our fists and scream out our disapproval?

Ihope if the offenders see themselves in this letter, they will stop acting stupidly and prevent us all from taking such actions.

> Peggy Nelson Delmar

State workers can donate to festival fund

Editor, The Spotlight:

For the first time in the history of the Bethlehem Festival Fund, New York state employees will have the opportunity to contrib- Fund (50-303). ute to this organization with their SEFA pledge.

spent entirely in the Bethlehem tral School District. Assistance is

to make a designation, state workers should simply write on the code for the Bethlehem Festival

The Bethlehem Festival Fund helps children, families and the The SEFA donation will be elderly within the Bethlehem Cen-

community. In the space indicated given quickly, quietly and with great respect for the individual's privacy.

> The Bethlehem Festival Fund is a true example of neighbor helping neighbor.

> > Eileen Perkins Bethlehem Festival Fund vice president

Raising Children of Character

First of a 5-part lecture series beginning Oct. 19th:

"Successful Children: Successful Families"

lecture and discussion led by James McGuirk, Ph.D--Family Therapist

Thursday, October 19th at 7:30 p.m. **Delmar Presbyterian Church**

at the corner of Cherry & Delaware Avenues Suggested RSVP: 439-9252



Editor, The Spotlight:

people, and when purchased be-

The new town budget outlines in the town. a 3 percent hike in the budget, in

Animals and pets are not park on the Bypass Extension.

Resident airs gripes about new dog park

I resent being forced to pay come the sole responsibility of additional taxes for other people's their owners for their own gratifi- personal pets. It's time to stop catering to every minority group

How many dog owners are go-

part for the newly created dog ing to drive or walk their pets to this facility?

Peter G. Kaiser Selkirk

Delmar church plans caregiving seminar

Delmar Reformed Church will host a seminar on caring for someone with Alzheimer's disease on Monday, Oct. 30, at 7:15 p.m.

Jane Sanders, a certified social worker at the CHOICES Program of St. Peter's Hospital, will talk about ways to get help and techniques for dealing with people with the disease.

The presentation will briefly outline the Umbrella Program of the Capital District, which is for people who need a little help maintaining their home because of age or disability.

The program is open to the public. The church is at 386 Delaware Ave. in Delmar. For information, call Iva Zornow at 439-1845.

DAR to sponsor music at library

Tawasentha Chapter, Daughters of the American Revolution, will sponsor a program of 18th century music on Wednesday, Oct. 18, at 7 p.m. in the community room of Bethlehem Public Library at 451 Delaware Ave. in Delmar.

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

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Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

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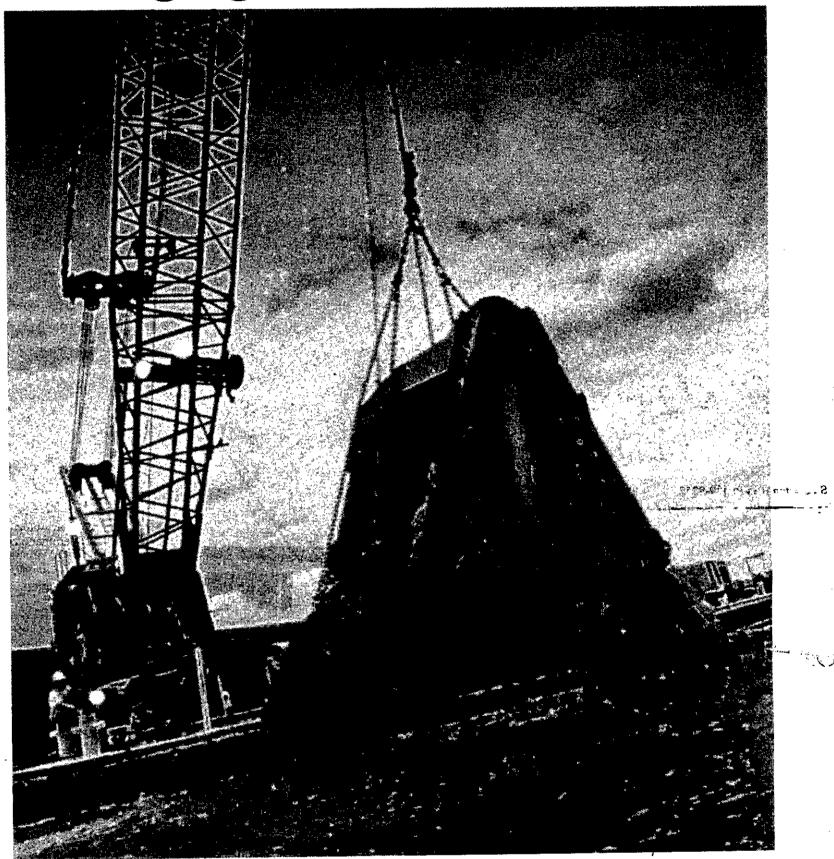
CULUGAN WATER COM

With the help of Spotlight Newspapers and its outstanding representative Ray Emerick, Culligan of the Culligan Hudson Valley was awarded the prestigious Culligan Cultivator Award at the Annual Culligan Convention held in Maui, Hawaii, in May of this year. In addition, Culligan of the Hudson Valley was inducted into the Culligan Circle of Excellence for the year 1999. The Culligan Cultivator Award is based on area demographics and presented to the Culligan Dealership that significantly increases their market share.

Sincerely, Michaelt

Michael J. Barone, Sales Supervisor

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Dredging the Hudson could take up to twenty years.

Millions of tons of sediment will be removed.

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And the EPA itself said dredging's effectiveness is uncertain.

The EPA rejected dredging once.

Why would they consider this drastic solution now?

A message from GE.

Concerned about dredging the Hudson? Visit www.hudsonvoice.com for more information.

Take a chance on Nimblefingers' handiwork

Library Friends raffle off a gor- user and supporter who is not geous handmade quilt donated by the library Nimblefingers group.



This beautiful blue and white full-sized covering (or wall hanging) will certainly become a family heirloom. Tickets are now on sale at the circulation desk for \$1 each or a book of six for \$5.

The Friends of the Library are seeking someone to fill the position of vice president, and assist in

It's that time again when the other areas. If you are a library currently active in the group, you can contribute to the vital role this group plays in the life of the library. Please call to volunteer your services.

> Nimblefingers are the women who meet weekly to work on sewing projects together in the library community room. If you would like to participate, stop by and visit them any Tuesday between 1 and 3 p.m.

Scrabble players will meet at the library on Monday, Oct. 16, at 6:30 p.m. Newcomers and novices are welcome. Bring a board if you have one.

Oct. 17. Bring the young ones in their pajamas to be entertained by youth services librarian Joyce Laiosa at 7 p.m.

If you are a fast reader, it's not too late to sign up for the Oct. 18 book discussion of *Plainsong* by Kent Haruf. The group will meet at 7 p.m. on Wednesday, Oct. 18.

The bridge group is in need of a coordinator. Play is scheduled for Oct. 12 at 12:30 p.m., but it will be the final session if no coordinator is found.

Mark Oct. 23 on your art calendars, as Bethlehem artist Joan

Families are welcome to attend Krathaus will be at the library to "Falling Funnies" on Tuesday, demonstrate her distinctive style of textured painting.

Sign-ups are being accepted for an Oct. 25 introduction to the Internet session.

Barbara Vink

Firefighters set open house

Onesquethaw Volunteer Fire Department will hold an open house and ice cream social on Saturday, Oct. 15, from 1 to 4 p.m. at Clarksville firehouse, 2178 Tarrytown Road.

The event is free and open to the public.

Cycle for life fund-raiser slated

Fitness enthusiasts of all ages are invited to participate in Cycle To Life on Monday, Oct. 16, and help support To Life, the Capital District's only nonprofit organization providing comprehensive breast cancer education and support services, free of charge.

Cycle To Life, now in its second year, will take place from 6 a.m. to 7 p.m. at the Steuben Athletic Club in Albany and Gold's Gym in Guilderland.

This annual fund-raising event is co-sponsored by these health and fitness centers and WRGB-TV/Channel 6.

Individuals who want to support Cycle To Life can either ride a stationary bike at any of the two participating gyms, or sponsor a rider by making a monetary pledge for each cycled mile.

All cyclists will receive a T-shirt and water bottle for their participation, and those who cycle the most miles will be eligible for prizes. The grand prize is round trip tickets for two on Southwest

Following the day of cycling, a "Gone the Distance" party will be held and prizes awarded at the Steuben Athletic Club from 7 to 8:30 p.m. Channel 10's health reporter Sue Nigra will be the mistress of ceremonies.

For information and to obtain registration and pledge forms, call To Life at 439-5975.

Church to fire up chicken barbecue to be a

Unionville Reformed Church will serve a chicken barbecue on Saturday, Oct. 14, from 4:30 to 6:30 p.m.

The menu includes chicken, potato salad, cole slaw, rolls and brownies.

The cost is \$8 and reservations are required.

For information, call 768-2183

Delmar Reformed plans family night 📑

Delmar Reformed Church will hosta community family fun night on Saturday, Oct. 28.

The event is open to all ages and will feature the music of a DJ. dancing, games and many more exciting activities.

Apple cider and popcorn will be available with desserts and spe cialty coffees.

Children 13 and under must be accompanied by an adult.

Costumes are recommended but not required.

For information, call 439-9929.

Letters policy

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All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

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she never taught you

was how to say "goodbye"

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isten up



att Rees pretends to drive a tractor as he carries on a conservation on cell phone at Indian Ladder Farms over the weekend. Jim Franco

Shoppers can save money with To Life discount card

olonie Center on Oct. 17, they discount card through To Life. ow through the sale date.

The cost of the card is \$6, and roceeds from card sales are do- or American Express. ated to To Life.

ducation and cancer awareness.

All programs and services are eë of charge, and include but are 439-5975

When consumers shop not limited to: monthly education oscov's Department Store in seminars, breast self-exam instruction, cancer mentoring, and an reap savings if they purchase complimentary fittings for prostheses, bras and other image enhancement products.

Discount cards can be purititles shoppers to a 20 percent chased with cash, personal check scount on up to five items. The or charged to MasterCard, Visa

To buy cards, visit the office at To Life is the Capital Region's 278 Delaware Ave., Delmar. Cards ersonal source for breast health purchased over the phone with a credit card will be mailed.

For information, call To Life at

Membership meeting slated at Cedar Hill

listorical Association will be on hursday, Oct. 19, at 7:30 p.m.

It will feature a presentation by f Preservation on "Historical Reg- public. try and Preservation.'

The meeting on Thursday, Redmond at 439-0632.

The next general membership Nov. 16, at 7:30 p.m. will feature a eeting of the Town of Bethlehem presentation by author and historian Allison Bennett.

Meetings are at the Cedar Hill Schoolhouse at 1003 River Road ohn Bonafide of the state Bureau in Selkirk and are open to the

For information, call Susan

Kiwanis to fire up barbecue

Kiwanians will serve a chicken NEWS NOTES barbecue on Saturday, Oct. 14, from 3 to 7 p.m. at SuperValu Foods on Maple Road.

The menu will include chicken halves, baked potato, corn on the cob, a dinner roll and dessert.

CYO sets b-ball registration

Registration for St. Matthew's youth basketball program is due by Friday, Oct. 13.

There is a third and fourth grade co-ed in-house league, a fourth-grade boys traveling team, ... and fifth- through eighth-grade boys and girls traveling teams.

Forms can be picked up at the elementary school main office or St. Matthew's church on Mountainview Road.

For information, call Buddy D'Arpino at 765-4228 or Chick Pritcher at 765-4320.

PTA to meet

The PTA will meet on Thursday, Oct. 12, at 7:30 p.m. in the elementary school cafeteria.

Friends of Music meeting -

Friends of Music will hold its next regular meeting on Tuesday

Voorheesville

Jane Norris 439-8532



Oct. 17, at 7 p.m. at the high school.

St. Matthew's men to meet

St. Matthew's Men's Association will meet on Sunday, Oct. 15, at 7 p.m. at the parish center on Mountainview Road.

Elementary roller-skating set for Oct. 12

PTA sponsored roller-skating will be held on Thursday, Oct. 12, from 3:15 to 5:15 p.m. at the elementary school.

Parents are reminded to sign their children out in the cafeteria.

PTA plans book sale

The PTA will hold its annual book sale on Wednesday and Thursday, Oct. 11 and 12, from 5:30 to 8:30 p.m. in the elementary school library.

Children can view the books

during library time but books may not be purchased during the school day.

Proceeds will be used to fund the Parents as Reading Partners

Town board to meet

The New Scotland town board meetstonight, Oct. 11, at 7 p.m. at town hall on Route 85.

Extension offers two courses

Cornell Cooperative Extension will sponsor classes on pesticide awareness and the West Nile virus on Tuesday, Oct. 17, from 7 to 9 p.m. at Rice Center on Martin

The classes will be presented by staff from the Environmental Protection Agency.

The pesticide course will include applications and safety is-

The West Nile virus class will discuss the disease history, current regional problems, and effective methods of prevention and

For information, call 765-3500.



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Stuyvesant Plaza, Albany • 438-8409 Mon, October 16, 10 A.M. til 3 P.M. & 5 P.M. til 9:00 P.M. Tues, Oct 17, 10 A.M. til 5 P.M.

St. Peter's Cancer Care Center Presents

We're here for you...free and open to the public, Cancer Care In Focus is a continuing series of informational presentations devoted to cancer issues. Patients, family and friends are all invited to attend. It's all part of the St. Peter's Community Education Series providing health-related answers and support for the people of the Capital Region.

This Month's Featured Lectures

"Gynecologic Cancer: Separating Fact From Fiction...What Every Woman Needs to Know"

Monday, Oct. 16, 7 p.m. to 9 p.m.

Cusack Auditorium. St. Peter's Hospital

Dr. Daniel Kredentser

Find out the risk factors, the warning signs and the latest treatments for cancers of the female reproductive

Upcoming lectures and events:

Nov. 6 7-9 p.m.

The Straight Facts on Lung Cancer: Diagnosis and Treatment

Nov. 16 7-9 p.m

Palliative Care: **Examining the New Focus** On Caring Without Curing

Please reserve your space prior to each presentation. Free parking in Cancer Care lot. Handicapped accessible. For more information or to register, please call the Cancer Care Hotline at 518-525-1547.



Free programs can help save money

College is expensive, but free and completing applications. library services and programs can help you get the most for your money. Next Tuesday, Oct. 17, at 7 p.m., "College Admissions the Essay" focuses on the written

Check It Out **Bethlehem Public Library**

narrative portion of the college application process.

Jeanne Jenkins, Rensselaer Polytechnic Institute's senior associate dean of admissions, returns with pointers on how to construct an effective essay.

The following Tuesday, Oct. 24, at 7 p.m., Jill Rifkin of College Options presents "College Admissions Demystified."

The program cuts a path through the jungle that is the college application process with tips on soliciting recommendations, preparing for interviews, selecting college prep courses, taking standardized tests, writing essays

Both programs are open to high school students and their parents. Call 439-9314 to register.

The Career Resource Center offers up-to-date print and online information about colleges nationwide.

Call Denise Coblish for information, or visit our Web site at www.uhls.org/bethlehm and click on "Library Services for Adults,"then on "Career Resource Center," and then on "College and Financial Aid."

Bethlehem Treasures

Our series of programs highlighting the folks and features of the community continues on Sunday, Oct. 22, at 2 p.m. with Ursula Mertz's presentation "Schoenhut Wooden Toys.'

The old Schoenhut Co. was founded in Philadelphia in 1872. In its long existence, it produced an extensive and varied line of toys, ranging from playable musical instruments to the enduring "Humpty Dumpty Circus." Inge-

nious and sturdy, they are now eagerly collected by men and women alike.

Mertz is a longtime Delmar resident who has collected wooden toys and dolls for 25 years. In January she presented a program here on American composition dolls.

Youth programs

"A Family Dance" this Sunday, Oct. 15, at 2 p.m. presents traditional songs, dances and games in a 90-minute event for children in kindergarten through fourth grade and adult family members. The youth services department requests that you not bring infants or preschoolers.

Next Wednesday, Oct. 18, at 3:30 p.m., the middle school craft club meets to make a seasonal craft. Materials and after-school snacks will be provided.

Call 439-9314 to register for all these programs.

Louise Grieco

Local band to present diabetes benefit concert

The Alternoyz Band will per- directed by Kevin Thompson. form a benefit concert to raise funds for the Juvenile Diabetes Foundation on Saturday, Oct. 14, at 7:30 p.m. in the fellowship hall at Delmar Reformed Church, 386 Delaware Ave., Delmar.

The concert will feature Christian contemporary music in a relaxed atmosphere. The band is

It includes Kristy Joedicke (vocals), Linda Drew (vocals and keyboard), David Bub (percussion), David Bittner (drums), Tom Lanahan (bass), Barry O'Keefe (guitar), Brian Axford (keyboard) and Jim Ackerman (guitar).

Everyone is invited to attend. For information, call 439-9929.

Five Rivers announces October activities, events

Five Rivers Environmental Education Center in Delmar offers a full schedule of free events.

- Today, Oct. 11 last day to pre-order bird seed for Five Rivers Limited annual bird seed sale. Order forms are available at Five Rivers, and the bird seed pickup date is Saturday, Oct. 21.
- Saturday, Oct. 14, 2 p.m. Fall foliage guided walk to learn how to identify hardwoods by color. Participants should dress for the outdoors.
- Saturday, Oct. 21, 2 p.m. Scoring deer antlers. An indoor discussion of deer racks and how to measure the Boone and Crockett score of a set of antlers. Bring a flexible measuring tape. Participants should feel free to bring in their own sets of antlers.Center staff will lead an indoor study of deer antlers to learn how and why they grow. :
- Friday, Oct. 27, 7 p.m. Hallowe'en Nightwalk. Nature walk to listen to owls and stargaze. Bring flashlights and dress warmly. Costumes are welcome.

For information, call 475-0291.

Breakfast at firehouse

Onesquethaw Volunteer Fire Co. will serve home-style breakfasts on Sundays, Oct. 29 and Nov. 26, from 7 a.m. to noon at the Clarksville firehouse.

Adult meals are \$5 and children's meals are \$3. Kids under 5 eat for free.



Watch Bracelets

One of the most important new trends in women's wristwatches in recent years is the watch bracelet. They come in two variations: the small, ultra-feminine types designed exclusively for women and the sporty, pared-down versions of men's watches. Regardless of size, the most popular shape is the round face. Deployant buckles are also very popular. These are clasps that fold over and click shut. Their bigs advantage over leather straps is that they hardly ever wear out. Women often prefer watch bracelets because they are versatile enough to be worn with either leans or business suits. In smaller styles, they may even be worn on casual evenings out. Larger, men's watch bracelets make a sportier fashion statement.

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Before The Paper Even

Small risks can trigger big payoff in the end

By Kristin McElroy

Ever since I was a little kid, I've known that not everyone has the same talents, interests and abilities. Even in kindergarten, there were visible distinctions; some of my peers were fantastic at coloring within the lines, others had a knack for putting on really dramatic puppet shows, and a few were able to name all 50 states and their capitals.

The wonderful thing about kindergarten, however, was that everyone's differences were observed, noted, and then generally era where nap time was acceptable and a paste shortage constituted a major crisis.

In middle school, differences resurfaced as individual skills and hobbies begin to separate people many high school students. Beinto the unfortunate, often crippling social dividers we know as cliques. Suddenly, it seems, the calm, easygoing atmosphere of elementary school is lost, and there is a rush to join a group, fit in, and stake claim to a piece of the popularity pie.

It is because of these groups that we often lose our sense of self, instead trying desperately to become part of the norm and be accepted not for our uniqueness but the utter conformity that seems so desirable at age 12.

Those daring to disregard the chaos and continue being themselves face a difficult road as a labeled loner, loser or nerd, struggling not with their own individuality, but with others' inability and unwillingness to accept it.

Thankfully, high school brings these social renegades together, allowing them to go on being individuals while having the support and comfort of a group with similar interests and values.

The labels, however, never seem to go away, as all of the "geeks" join clubs such as Science Olympiad or Speech and Debate and sit in certain isolated parts of the cafeteria, readjusting their stereotypical Coke-bottle glasses and checking their pocket protectors.

Although the assumptions and preconceived notions about these

leen scene

people are almost always entirely false, their collective identity as anti-social, computer obsessed, calculator carrying, textbook toting, 'Look-at-me, I Discovered a New Element' weirdos remains. They are recognized by many and known by few, as the rat race for acceptance rages on.

To many, the idea of reaching out to these individuals seems an ignored, pushed aside during an unacceptable risk and a dangerous road to travel, and so the symptoms (narrow-minded thinking and self-centered views) of the Popularity Plague continue.

The quest for coolness cripples cause they have confined themselves to associating with a certain, select few, many potential relationships are lost.

This is supposedly a time of maturation, and although the knowledge of mathematics, current events and foreign languages is celebrated, diversity is not. Unfortunately, high school also remains a time of fear, a difficult emotion to banish and forget as many of us still look to popularity and acceptance for happiness.

But for anyone who is considering broadening their horizons and seeing what lies outside the box, my advice, hands down, is to do it. Break out and take the risk of being the person underneath the mask of conformity. Those who have stood independent of the crowd in the face of rejection have already achieved the ultimate type of coolness without sacrificing the kindergarten virtues of uniqueness and unquestioning acceptance that so many lose.

Breaking away from the quest for popularity might be a bitter pill to swallow at first. But I guarantee that in the end, there are tastes much sweeter. Besides, that know-it-all, video game inventing, Tetris playing, nerd boy genius with a 149 IQ that passes you in the hall might also just be the most intelligent, humorous, and genuine person you've ever met.

Tree-mendous



Jim Grady of Grady Tree Service oversees the transplanting of several large white pines at the site of the new Bethlehem dog park in Delmar. The trees, which will serve as a buffer, were taken from an undeveloped area of Haswell Farms and donated by RSR Associates of Delmar.





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BIG arena brass make management changes at top

By Joseph A. Phillips

headed the building of the majority owners Chris Bast and Bethlehem Ice Group (BIG) Arenain Bethlehem, has resigned as BIG's president, in the wake of of the facility.

departure from the group's ex-

Kit Guntner to remove him from his day-to-day management role.

"Based on the way everything his dismissal as general manager happened, I decided I just wanted to be a part owner, like the rest of Mullen's resignation — and them, without having the responsibilities or liability of being presiecutive committee and three-man dent," Mullen said. "Based on my board of managers — came at a not having any input on the role I

Mike Mullen, who spear- reviewed the Sept. 12 decision by I figured being president was just last December. a figurehead position."

> Guntner, who is out of town, could not be reached for comment. But in an earlier interview, he said the decision to dismiss Mullen came down to "a difference of style. It's not that anything was being done incorrectly."

Mullen organized the BIG partnership five years ago and pre-

"He did a fantastic job of getting it open last year," Guntner said. "He's a fire starter. That's a valuable asset of Mike's, he's able to get people to believe in things. We never would have gotten this done without him."

Mullen's dismissal came just four days after opening observances for the facility's first full

"Could it have been handled better? I couldn't agree with you more, but it wasn't," Guntner said.

Mullen and Guntner agreed that their differences centered on Mullen's hands-on, handshake management style.

to do a lot of things at once, to take alot of things in house, programs, concessions ... Chris and I began to wonder, when is he ever going to write things all down?"

Last June, he said, "I sat down with Mike after talking to Chris Bast, and we talked about where we differed, and we agreed to dis-

"Kit and I had major style dif-ferences," Mullen said. "I basically always had the assumption that you can conduct business on a verbal agreement and go do the paperwork in due process. That's how we got the rink built. It comes down to two strong personalities both wanting to set the priorities - and the guy with the most money wins.'

Bast and Guntner, Mullen said, together own nearly four-fifths of the partnership. Moreover, Bast's construction company was lead contractor in building BIG — and Mullen felt that played a role in his dismissal.

Mullen said his dismissal followed a critical meeting with Bast

board meeting on Oct. 2, which was to have (following his ouster), sided over the building's opening overwhat Mullen called "outstanding issues in the construction process, particularly related to the parking lot."

He maintained that the parking lot had not been properly installed, and said he pressed Bast to make good on its installation without further cost.

"That two-hour meeting came just four or five days previous to Kit walking in and telling me they didn't want me there anymore,' he said.

While no explicit connection was made between the two, Mullen said the timing was no coincidence.

"Anytime you get into a situation where your contractor is also Said Guntner, "Mike's style was do a lot of things at once, to take ot of things in house, programs, always the rink."

your partner, it's a matter of priorities," he said. "My priority was always the rink."

For his part, Bast'said he is "very uncomfortable" talking about Mullen's ouster. "I'd prefer not to comment," he said. "I support whatever Kit has said. He's the senior partner. I'm the junior

"My biggest disappointment is, Ididn't get a chance to really make the BIG Arena as big as it can be," Mullen said. "For five years, my family sacrificed to let me chase my dream. Somebody just woke me up."

A former sales executive, he said he would now seek "employment where I can use my 30 years of experience. There's not a lot of jobs in the Capital District for people who build \$5 million ice rinks.'

Both Mullen and Guntner said BIG is in sound financial shape and expressed confidence that the dispute would have no effect on relationships with vendors, building users or the general public. If

"It's something we built for the benefit of the people of Bethlehem, not for the benefit of Mike Mullen," Mullen said. "Hopefully, people will continue to enjoy what we built."

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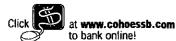
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Employment Classifieds

Quite a handful



Members of Bethlehem Senior Citizens Club recently completed the yearlong Mitten Project 2000. More than 500 pairs of mittens were knitted. Bethlehem Senior Citizens will distribute the mittens to several local agencies, including Bethlehem Food Pantry, Community Maternity Services, St. Catherine's Home for Children, St. Margaret's Home and Infant Center and Ronald McDonald House. Joseph A. Phillips

Financial planner attends conference

Management at 1280 New Scotland Road in Slingerlands, recently attended the 2000 Advanced Business Conference of Nathan and Lewis Securities, a national securities firm serving independent financial advisers.

'Bryant earned this selection across the United States in the

Mark Bryant, of Bryant Asset based on the growth and quality of financial services among his clients, many of whom are located in the Capital District.

> Financial professionals who are selected to attend the Advanced Business Conference participate with their professional peers from

forum designed to increase their perspectives on trends and issues in financial services.

Bryant is a certified financial planner who specializes in estate and retirement planning with more than 20 years of service to his clients.

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Albany County

Tues. Oct. 17	10:00 am	Albany Library	161 Washington Ave., Albany, NY 12210
Tues. Oct. 17 Tues. Oct. 31	10:00 am 10:00 am	76 Diner	722 Loudon Rd., Rte. 9, Latham, NY 12110
Tues. Oct. 17	1:00 pm	Colonie Diner	Rte. 5 Central Ave., Albany, NY 12205
Wed. Oct. 18	11:00 am	Mangia's	Stuyvesant Plaza, Albany, NY 12203
Tues. Oct. 24	10:00 am	Grandma's	1273 Central Ave., Albany, NY 12205
Wed. Oct. 25	9:00 am	Golden Krust Bakery	180 Ontario St., Cohoes, NY 12047
Tues. Oct. 31	2-3 pm	Sidney Albert Albany Jewish Community Center	340 Whitehall Rd., Albany, NY 12208

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FLYER2 10/98

Slingerlands college student interns at The Carter Center

and Sharon Whiting of Slingerlands, has been selected to be an intern at The Carter Center in At-

Whiting is pursuing a bachelor's degree in political science and economics at Emory University. He will work in the center's Democracy Program.

The Carter Center was founded by former President Jimmy Carter

Corey Whiting, son of Donald and Rosalynn Carter in 1982 to advance peace and health worldwide.

> A nonprofit, nongovernmental organization, the center works to alleviate suffering in many ways, including: fighting disease, increasing crop production in the developing world, protecting human rights, monitoring free elections, resolving conflicts and strengthening democracy.

Golf course receives award

Colonial Acres Golf Course in Glenmont was recently recognized for its environmental efforts by Gov. George Pataki.

Along with four other organizations, Colonial Acres was awarded the 2000 Governor's Award for Pollution Prevention.

The award recognizes pollution Sanctuary since 1998.

prevention practices that exceed the legal requirements of environmental protection and successfully reduce or eliminate the generation of pollution at its

Colonial Acres has also been a certified Audubon Cooperative

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Historical association selling 2001 calendars

The New Scotland Historical SuperValu, Indian Ladder Farms Association is selling 2001 calendars featuring historical photos of the town.

Included in the calendar are many previously unpublished photos from all parts of the town.

Calendars cost \$5 each, and are available at Phillip's Hardware, Bush is also selling them.

and village hall.

In New Scotland, calendars are being sold at Falvo's Meats, the Robin's Nest, Crafts and Fabrics Beyond the Tollgate, and town hall.

Houghtaling's Market in Feura



Views on **Dental** Health

Virginia Plaisted, D.D.S.

Halitosis (Bad Breath)

Americans spend millions of dollars on everything from mouth rinses and breath sprays to sugar filled mints, in a quest to improve their breath. Halitosis remains one of our oldest yet least discussed health problems today. Even in the dental office, patients are embarrassed to ask for help if they have bad breath.

Consumers go to the drugstore and buy products that temporarily mask their halitosis. This is unfortunate, as halitosis is often symptomatic of a more serious condition that is then left untreated. The cause can be dental disease, or problems with digestive track or even sinus problems.

So, don't be shy! Ask your dentist if you have concerns about your breath!

Virginia Plaisted, D.D.S.

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Thursday, October 19

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No referral needed. To register, call 525-6795





There's the beef



Sammy Giglio pets a Scottish Highland bull at Indian Ladder Farms over the weekend.

Library programs slated

scheduled a variety of programs.

• Sunday, Oct. 15, 2 p.m.: Traditional songs, dances and games are all part of the library's Family Dance Program. The 90-minute event is intended for children in tive college application essay. kindergarten through fourthgrade and their parents.

• Monday, Oct. 16, 1:30 p.m.: The library's adult book discussion continues with Wait Till Next Year by Doris Kearns Goodwin. Coffee and dessert will be served.

Bethlehem Public Library has Newcomers are always welcome.

• Tuesday, Oct. 17, 7 p.m.: Jeanne Jenkins, Rensselaer Polytechnic Institute's director of enrollment planning, will offer pointers on how to construct an effec-

• Wednesday, Oct. 18, 3:30 p.m.: Middle School Craft Club will make a seasonal craft. Materials and snacks will be provided.

For information, call 439-9314.

Progress Club announces events

The Progress Club has announced its schedule for Octo-

The club will mark its 100th anniversary in 2001, and many events have been planned.

Creative arts will meet in the library community room on Monday, Oct. 17, at 10 a.m. for "Century Hats — Ornaments for the Christmas Tree.'

The fall banquet will be on Tuesday, Oct. 18, at 5:30 p.m. at Albany Country Club on Route 155; in Guilderland.

The club's weekly bowling session will be on Wednesday, Oct. 19, at 1 p.m. at Del Lanes in Elsmere.

On Tuesday, Oct. 24, at 9:30 a.m. the garden group will meet in the library community room for 'Put Your Garden To Bed ---Winday, Oct. 25, the antique study group will meet at the town parking lot for a trip to Bennington, Vt.

For information, call Helen Smith at 439-3916.

Elks to host Halloween party

Bethlehem Elks Lodge on River Road in Selkirk will hold a Halloween party and buffet on Friday, Oct. 27, from 8 p.m. to mid-

There will be a cash bar.

The cost is \$25 per couple and \$12.50 per person.

Costumes are optional but en-

For reservations or information, call 439-1762.

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

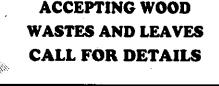
All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.



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Policy

(From Page 1)

a range of different types of black people during that time period, and reduces stereotypes to something laughable."

"I saw these movies when they were in the theater," Kurkjian said, "and thought they were worthwhile. I didn't think the nature of the ratings was a problem. In the 'Last of the Mohicans,' the language is clean, and there's no sex. In 'Glory,' we tell the kids there are problems, like a decapitation in the opening credits, and not to look if it will bother you. We tell them the sergeant says some things they shouldn't hear. I don't think the kids are shocked by it."

In accordance with district policy, Kurkjian always obtained custodial permission before showing the movies.

"All but two or three kids always saw it," Kurkjian said. "If, the first time I showed 'Glory,' I'd had seven or eight kids not see it, I would have stopped showing it, but it's never been more than a couple.'

Kurkjian and Diefendorf are concerned that a small group of people who object to R-rated movies for their children is making the decisions for a larger population. While respecting the parents and children who don't want to see R-rated movies, Kurkjian said he did have a problem with them deciding that nobody else's kids should see the movies either.

"It seems that parents are saying they don't want to decide,' Diefendorf said. "They want to be their children's friend. Parents Thave to take the hard road somentimes. The easy way out is to say no to everybody."

Kurkjian dismissed the notion that kids who don't see the movies are ostracized by their peers, or suffer because there are questions about the movie on tests.

"People who have confidence in their own values are not victimized," Kurkjian said. "If there was something from the movie on the test, we went over it in class.

Movies, both Kurkjian and Diefendorf said, help bring things to life, and often elicit emotions and make points in ways that both men find important. Diefendorf, who is a high school teacher, said he often shows snippets from "Coming Home," a movie about returning Vietnam vets.

"When Jon Voight's character is talking to high school seniors from his wheelchair, it brings a tear to your eye," Diefendorf said. "Hearing what he says is much more moving than reading Gen. Sherman's famous quote, War is Hell."



Kurkjian and Diefendorf both ited the document as they went. I said that teachers deal with children's emotions all the time, and good movies — like books, or kids' day-to-day lives — often prompt healthy discussion.

These emotions give kids a balance on good vs. bad,' Diefendorf said, "and helps them form a well-rounded view. We can talk about issues; when you conceal issues, it leads to conflict, sorrow and tragedy. A lot of the teachers live in this district, and we are always helping the kids sort out and deal with their emo-

Both men said they were unhappy with the board's decisionmaking process. Diefendorf said that not enough groups were included in the decision, nor enough time spent making it. The board notified staff that the issue would be on the July board meeting's agenda. It then waited until September to discuss the issue again, and moved the second reading and decision about whether or not to act on the new policy to the October meeting.

Superintendent Alan McCartheads to talk about the policy, and Diefendorf said their input was on the first draft of the policy.

"I objected to the second reading at the October meeting,"

was also disappointed that the students' voice was not listened to. We talk about participatory management, and we have a site-based team. Why wasn't this put to them? People said that democracy wins out, but it wasn't used here. There was no attempt to bring in the students, the administration or the teachers.'

Kurkjian and Diefendorf are Thompson. also both concerned about censorship issues.

"I feel like the 'R' rating has become the 'A' of The Scarlet Letter," Kurkjian said. "We're allowing a rating system to allow what kids see. It's too black and white. and too simple a solution. I'm hoping books don't come next. Is this what we want to do? Can we be assured that print won't go next?"

In real terms, the new policy will take away some of the flexibility Voorheesville teachers are used to, Kurkjian said. "When you're in a district where the teachers are considered good to excellent, they should have the power to choose the material.'

The new policy will be up for ney had met with department review in a year. Both Kurkjian and Diefendorf felt it might be hard to change a policy when it's been in place for a while.

But, "the board has left the door open by saying they'll look at it Diefendorf said. "The board ed-next year," Kurkjian added.

Hoedown dinner on tap

Tri-Village Squares will host a the dance will start at 8. harvest hoedown dinner with square and round dance in memory of Hobe Shanley and Paul Winne on Saturday, Oct. 21, at First United Methodist Church, 428 Kenwood Ave., Delmar.

Jim Ryan will be the caller and 7571 by Oct. 15. Delores Randall will be the cuer.

Dinner only will cost \$7 per

person, while the dance only is \$4.50 a person. Dinner and the dance are \$11 per person.

For dinner reservations, call Connie or George Tilroe at 439-

For information, call Joe or Dinner will be at 6:15 p.m. and Mary Helen Kunkel at 456-6987.

Correction

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rice:

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27 issue. What he said was that no under 15 to under 30.

Bethlehem Central school elementary school classes have board member Stuart Lyman was more than 25 students. High misquoted in a story in the Sept. school classes range in size from



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Sunday, February 25 The Adventures of Peter Rabbit Sunday, March 25

Little Red Ridinghood Friday, April 27

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Band to perform in fund-raiser

The Alternoyz Band will perform a benefit concert to raise funds for the Juvenile Diabetes Foundation on Saturday, Oct. 14, at 7:30 p.m. in the fellowship hall at Delmar Reformed Church, 386 Delaware Ave.

The concert will feature Christian contemporary music in a relaxed atmosphere.

The band is directed by Kevin

Band members include Kristy Joedicke (vocals), Linda Drew (vocals and keyboard), David Bub (percussion), David Bittner (drums), Tom Lanahan (bass), Barry O'Keefe (guitar), Brian Axford (keyboard) and Jim Ackerman (guitar).

Everyone is invited to attended.

For information, call 439-9929.

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Growth

(From Page 1)

of the district's schools, including the high school, are operating at near capacity. According to Loomis, the ever-increasing number of students make it a constant challenge to achieve a sense of community at the schools.

"The district is in a bind," Loomis said, "between maintaining the tax base on one hand, and keeping performance high on the other.

"Increased enrollment is not a new crises for the school district or the town," said Fuller.

have always moved here for that many hoops to locate in

reason, and we expect they will in Bethlehem. the future.

the elementary schools have undergone expansion in recent years.

"I understand very well that residential growth doesn't pay for student education," said Fuller, "but economic growth is important to the town of Bethlehem, and we need to support projects when they come, which has not always been the attitude here."

Fuller, who ran for office on a platform that emphasized eco-"Bethlehem's schools have an nomic growth, said that potential excellent reputation and people developers must jump through

"We take everything into con-Fuller pointed out that most of sideration — the environment, health and safety," said Fuller. "It is so tough, in this day and age, to get anything approved, and anything built, because of all the requirements.

.At the Sept. 19 meeting, school board members, noted that class size across the district averages about 23 students, but expressed concern that the elementary schools, in particular, are running out of room.

There are no more full-size classrooms at Slingerlands or Elsmere elementary schools. Loomis said Glenmont might have to turn its faculty lounge into a classroom.

According to Fuller, the main thing the town can do to help reduce the impact that increased enrollment has on schools is simply to give the school district plenty of time to prepare.

Big, 100-house developments like Haswell Farms on Feura Bush Road, and Terramere on New Scotland Road, can take as many as 15 years to reach completion, so that the school district has plenty of time to prepare for the influx of students that new developments

"The school district needs to be looking long range," Fuller said, "We always work very closely with them, and let them know

exactly what development is going to happen, in what way, and how many (people to expect)."

Fuller said she was opposed to any changes in zoning laws that would make it harder for owners to develop their land.

"Everyone has a right to develop their property," said Fuller. The town cannot tell a property owner that he should not develop his land, unless the town means to buy their land for itself."

As for changing zoning laws to make it easier for agricultural landowners to use their property for residential development, Fuller said the town would have to "deal with that when it occurred."

"We can't look in advance ... at open land and decide that it has to remain open, or that it has to be developed," Fuller said. "What really determines development is infrastructure — whether the sewers, water lines, and electricity are all there.'

Loomis suggested that the town try to encourage more commercial growth, since that would bring in more tax money without necessarily increasing the population, and Fuller wholeheartedly agreed.

Fuller said she was encouraging development of an office park near the intersection of Wemple Road and Route 9W, and that a medical or technical facility near the Slingerlands bypass would set at high school also be a good idea.

ASSOCIATES

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(From Page 1)

long as there's relevance," Hoffman said. "When they're not sold to the whole idea of education - you have to sell it to them."

Tutoring will be combined with field trips to the GE and Owens Corning plants in Selkirk, as well as to other professional offices in area. The field trips will involve between 15 and 20 students.

"Parents are excited that their kids are getting this kind of help,' Sheldon said. "Sometimes it's just so hard to get it done at home."

Hoffman agreed. "This is a critical age for kids," he said. "They've got places pulling for their attention from all over, and lots of it can seem more important than taking tests.'

Zoning board schedules hearings

The Bethlehem zoning board of appeals will hold a public hearing on Wednesday, Oct. 18, at 7:30 p.m. on the application of Independent Wireless One Leased Reality Corp., 504 Elm Ave., Delmar.

At 7:45 p.m., there will be a second hearing on the application of Albany Obedience Club, 535 Wemple Road, Glenmont.

Financial aid program

Parents of ninth-, 10th-, and 11th-grade students at Bethlehem Central High School are invited to attend a financial aid workshop on Thursday, Oct. 19, at 7 p.m. in the high school auditorium.

The workshop will be conducted by Robert Shorb, who has in 21 years of financial aid experience and to share with parents regarding financial planning for college.

Preregistration is not required and admission is free.

For information, call the high school at 439-4921.



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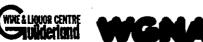
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Beauty salons are becoming havens for men of all walks

By Katherine McCarthy

It used to be the most 'adventurous thing a man would do with his hair was to shape it into a shampoo Mohawk, then briefly admire it in the steamy bathroom mirror before rinsing it away forever. A little bit of aftershave probably rounded out his grooming routine, and told the world what kind of guy he

Old Spice was for the traditional working class Joe, a little bit of Brut for the Burt Reynolds type, and English Leather was for the man hoping to soon be wearing nothing at all.

As our society has gotten more affluent and sophisticated, though, men are paying more attention to their looks and spending more time in salons and spas to look and feel good. There are so many hair and skin products that particular scents no longer categorize their individual wearers.

This may all seem trendy, but Nicole Zorian-McGuigan, daughter and sister of the coowners of Gregory's Barbershop in Delmar, said that really, everything old is just new again.

"My father (Gregory Zorian), is just taking what things used to be like when he started barbering 38 years ago," Zorian-McGuigan said.

"Guys used to come in every Saturday, for a haircut, straight razor shave and a manicure. I just finished giving a 70-year-old man a straight razor shave, and he said it brought him back about 50 years," she said.

These old-time delights are new to a generation that hasn't sexperienced a straight-razor shave, but Zorian-McGuigan said they're a big hit.

A straight razor shave involves a lot of facial massage and old-fashioned hot towel treatments. Gregory's has two private rooms for straight-razor shaves and the first step is to recline the customer's chair and dim the lights.

"We start off with a three- to four-minute face massage with a moisturizing lotion," Zorian-McGuigan said. "Men's skin is much thicker than women's. It feels rougher, too, since men don't use cleansers or take care of their skin the way women do. After the massage, we put a steaming hot towel over the whole face and around the neck. The heat soaks the moisturizer yinto the skin. It sits on the customer's face for one to two minutes. The hot steam feels good."

When the towel comes off. Gregory's barbers apply a product called Skin Food.

"It's a before and after skin

balm, which we apply with more massage," Zorian-McGuigan said. "It has a little rosewater in it, so it's good for sensitive or irritated skin, and it softens up the beard."

Then the straight razor, the knife-like instrument that conjures up images of singing barbers, is used to give a much closer shave than men get at home with their electric or safety razor.

"The shave itself lasts 20 or 30 minutes," Zorian-McGuigan said. "Then we backtrack all the steps, giving a two- to threeminute facial massage with each product we use. Believe it or not, nine out of ten men fall asleep during this,"she said.

Leeanne Shade of Choices Salon and Spa in Delmar's Delaware Plaza is also finding men more willing to put time into their appearance.

, A member survey from the International Spa and Fitness Association reported that men make up 24 percent of the total spa clients in the industry, and Choices is one of the 66 percent of this country's spas that offer packages tailored especially to men.

"Our 'Just For Men' packages includes a straight-edge shave, a mini-facial, a full-body massage, shampoo, haircut, style, and shaving gel to bring home," Shade said. The 2.5 to 3 hour treatment costs \$120.

Hair coloring is another area where men are being more creative, and both Choices and Gregory's offer private hair coloring rooms.

"A lot of men are coloring their hair," Shade said, "but they're still a little shy about it." The type of hair color, and the amount of shyness, seems to depend entirely on age

"Older men are coming in and covering their grey," Shade said, "and younger men are coming in and getting highlights.'

"We do hair coloring that ranges from putting blond streaks in a 10-year-old's hair, to older men covering the grey," Zorian-McGuigan said.

"It used to be that when you thought of men coloring their hair, you thought of them coming in with gray hair, and going out with black hair. It's not like that, though, we blend the natural color in with the grey. We had a 55-year-old man have it done, and his wife barely noticed. It's a really natural look," she said.

In the past year, Zorian-McGuigan said, they've had a lot of guys asking about hair coloring. Zorian-McGuigan said she never pushes hair coloring

on men, but if a man asks her to "cut out all the grey ones," she might suggest the color.

Former Spotlight sports editor Noah Feit, 25, belongs to the younger cohort of men who are coloring their hair. Going from brunette to blond was no problem for him; in high school he'd once colored his hair purple.

The media definitely made going from dark brown to blond easier," Feit said, referring to male music, television and film stars who have colored their

His father, he said, did ask him if it would grow out, and people who knew him noticed his change. For Feit, it was a chance to express himself. "People teased me, but they figured it was just my nature,"he said.

Among his friends, Feit said, he remains the only one who's colored their hair.

"I don't know if I inspired anyone," he said, "but I don't think I scared anyone away.'

Nail care is another service that more salons are offering. "When we were building," Shade, who moved Choices to its current location in June. said. "I had a lot of the men working here also tell me that they love pedicures.

A manicure is usually a 45minute service, with nail clipping, soaking, cuticle trimming, and a lot of hand massage.

"This is very relaxing," Zorian-McGuigan said. "Men are realizing this isn't just for women."

The number of hair and skin products available to men is growing, also. Gregory's is the only shop in the area that offers George Trumper products, first created in a barbershop in London in the late 1800s.

Gregory's also sells American Crew products, a line Shade hopes to have in her spa soon.

Both Zorian-McGuigan and Shade have barbering licenses, and anticipate that men will continue paying attention to their appearance.

The spa industry is driven by baby boomer clients," Shade said. "There's a projected increase of 90 percent in spa customers this year."

We see everyone here," Zorian-McGuigan said, "from construction workers to businessmen. Everyone's paying more attention to their appear-4 Days-7 --- ance, and they like it."

Natural cosmetics, natural beauty

By Jennifer Arsenault

Disodium hydrogenated, tallow glutamate, magnesium aluminum, polyoxyethylene sorbitan monooleate.

The names sound ominous, but you may be putting them on your face and lips everyday. Many cosmetic companies use these types of ingredients.

which can be absorbed into your skin.

Synergy, a full service salon in Saratoga Springs, carries the nature-based Aveda makeup line. Aveda, a Minneapolis based manufacturer of haircare, skincare, cosmetics, and lifestyle products uses pure plant and flower essences in everything they produce.

The makeup line includes blushes without mineral oil, eye liners without petrochemical waxes, eyeshadows with vitamins, pressed powder with antioxidants, lip gloss without lanolin and lip liners and lipsticks without petrochemicals.

Natural colorants, plant oils like jojoba and olive, natural waxes like carnuba and bees' wax are used to create the products. "It's as natural as it can get. You can actually bite and chew an Aveda lipstick and it'll taste good and your body can digest it," said Synergy owner Jacqueline Sipperly.

Organically grown plants · and other renewable resources around the globe are the basis of Aveda products.

Some ingredients come from

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cultures, as in the case of their partnership with the Yawanawa Indians of Brazil, who produce a red powder

from their Bixa trees, which is used as a coloring agent in the Uruku

Aveda's company policy is "to improve quality of life with humane business, social and ecological practices to foster a healthier lifestyle and environ-

To that end it joined the Coalition for Environmentally Responsible Economies in 1989, and they do not conduct or endorse animal testing and strive to avoid all animal byproducts as ingredients.

"Keeping in sync with nature is what it's all about," Sipperly said. "Not only are the products good for you, but you're using renewable resources too."

Sipperly expects that Aveda's newest makeup colors and Christmas releases will be available at Synergy starting in late October. The store also carries all of Aveda's hair, skin and lifestyle products.

Synergy is located at 18 Lake

Avenue in Saratoga Springs, one block off of Broadway. Aveda's Web-site is www.aveda.com.

Colourings, the cosmetics line from the international company indigenous ___ The Body Shop, looks for ways to avoid the use of petrochemicals and reformulates their products when they find viable alternatives.

> There's no animal testing, they're made with natural ingredients, and community trade is involved," said Jackie Rhodes, manager of the Colonie Center store.

> Tinted bronzing powder, conditioning mascara, eyebrow powder pencil, all-in-one face base, lip shine, and lip scuff are just a few products available in the Colourings line.

> Ingredients include macadamia nut oil , wheat germ, sweet almond oil, orchid oil, lavender, rosemary and thyme essential oils, among others.

> The Body Shop's mission states that the company is focused on"the pursuit of social and ecological change. We developed this policy as a constant reminder of our responsibilities to act in order to protect the environment both globally and locally, and to strive for continuous improvements in our performance."

> Colourings, and the entire line of Body Shop products, can be found at Colonie Center and Crossgates Mall. The company's Website, www.bodyshop.com features product descriptions and a virtual makeover.

Delmar beauty shop changes lives, not just looks

By Elizabeth Byrns

Tucked up on the second floor of an unassuming office building on Delaware Ave. is a beauty shop that is transforming lives. Impressions Exclusively Yours offers items found in many salons in the Capital District including make-up, wigs, makeovers, treatments and skin care products. However, some products they offer are rarely if ever seen in other beauty salons, including specialty bras, prosthetics and hats. That's because this business targets a certain group of women, breast cancer

The shop, opened in January, is owned and operated by lawyer Mara Ginsberg. The boutique is one of the many services offered through Ginsberg's breast cancer education and support network To Life! which she founded in 1998 after she was diagnosed with breast cancer.

Ginsberg said her clients have found it comforting to have a quiet private place to shop for beauty enhancement products.

"We just ask women to bring a friend for support and a sense of humor," said Ginsberg.

The services, including

shart consultation and fittings, are

free and the products are sold

at a discount.

For many women, the first outward sign that they have



To Life! founder Mara Ginsberg and project coordinator Nola Royce model some of the wide array of wigs.

breast cancer is that their hair is thinning or falling out, said Ginsberg. Because it is a visible

reminder of the disease, wigs that look and feel like real hair are very important. "Our wigs are made to order and are fitted in a private atmosphere," said Ginsberg.

Ginsberg also wanted clients to know that the cost of the wig will not be another blow. Wigs that Ginsberg and certified fitters custom order for each client start at around \$375. Ginsberg said when she was looking for a wig years ago, she was hard pressed to find one under \$1,000.

To Life! project coordinator Nola Royce, who also is a breast cancer survivor, remembers being walked through a specialty salon in front of other patrons and hidden away in the back when she got her wig.

Royce said one of the wonderful things about the To Life! beauty salon is its privacy. It consists of one chair, one mirror and women who understand what customers are going through and how much it sometimes hurts to see their own image in the mirror.

While hair is very important, there are other beauty issues for women going through breast cancer recovery. Ginsberg and Royce are both Mary Kay cosmetic consultants and dispense advice and makeup to clients. Ginsberg said often women's skin condition changes during treatment and they need an experienced beauty expert to steer them in the right direction.

As with the wigs, the money raised by the sale of the makeup goes back into To Life! to continue education and awareness programs.

In addition to makeup and wigs, women can also purchase scarves, hats and special bras and prosthetics. For information on Impressions Exclusively Yours or any To Life! programs or services call 439-5975 or visit their Web site at ww.ToLife.org.

Help teens learn about healthy body images

By Jennifer Arsenault

Eating disorders are now the third most common illness among adolescent girls in the United States, according to a recent report by the American Medical Association. A 1999 American Academy of Pediatrics (AAP) study detailed how pediatricians are seeing increasing numbers of children and teens with eating disorders, and young girls are suffering from negative body image and are

engaging in unhealthy behaviors as a result.

What's causing 10 year olds to think they need to diet? In large part, the media, according to the AAP.

In the study the AAP looked at a cross-section of more than 500 girls in fifth grade through high school to assess influence of the media on weight concerns, weight control behaviors and perceptions of body weight and shape.

Their findings were that 59 percent reported dissatisfaction with their body shape, and 66 percent expressed the desire to lose weight.

Nearly two thirds of those polled reported that appearance of models in the magazines influenced their image of a perfect female body, and almost half desired to lose weight because of the magazine pictures. The researchers concluded that society should realize the influence the media has on youth perception of ideal body shape and size.

"What young girls long for most at a young age is some kind of feeling that they're acceptable and lovable. The simplest ticket is looking good and in our society, skinny people are the most powerful," said Troy psychologist Dr. Lawrence Stallman.

"They (marketers) create insecurities for kids and then magically have the solution for them — if you buy our product, you'll fit in, you'll be popular — it's very powerful. The best minds of our culture go into creating these messages. They've got all the greatest resources at their disposal," he said.

Parents can combat these unrealistic messages by being tuned into their kids emotional state, Stallman said.

They should know what their kids are watching and reading, think about the values that they're immersed in, and most importantly, communicate and connect with their children.

Colonie psychotherapist Emily Gallagher agreed that magazine advertisements use beautiful, thin models to sell everything from insurance to cigarettes, and many television shows feature painfully slim actresses.

If you are concerned that someone you know already has a eating disorder, experts say confronting them is not always the best tactic. "Direct questioning will not necessarily get a direct answer because many people with eating disorders are ashamed or in denial," Gallagher said. "It needs to be handled by people who are specially sensitive to eating disorders."

Some signs that of an eating disorder like anorexia nervosa or bulimia include: obsession with appearance, a fear that eating will make them fat, pushing food around that plate at mealtimes instead of eating it, obsessive/compulsive exercise, blaming all problems on the fact that they're "fat", an obvious weight loss, skin and hair looking dull, a distorted body image, and a tendency to avoid mealtimes.

In the case of bulimia where a person binges and then forces themselves to vomit, additional cues include: seeing, hearing, or finding evidence that your child throws up after a meal, if a large amount of food, especially junk food, disappears from the house, and if your child's voice gets raspy.

Gallagher stated that it is important that parents understand that a child with an eating disorder is not being vindictive or rebellious. "An eating disorder is not the problem. It's the solution to the problem," she said. "A person who has an eating disorder is troubled about lots of things in life and uses negative behavior to cope with it like an addiction to drugs or alcohol. It also gives a sense of control to someone who needs to be in control, " she said.

For information about eating disorders, or referrals to local professionals, contact the Capital Region Association for Eating Disorders (CRAED) at 464-9043.

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Update your wardrobe with the latest colors and styles

By Leigh G. Kirtley

Regardless of the current fashion, most of want to be chic or hip. Even if we're not wearing the trendiest styles like orange shirts and wide bottom pants, you don't want to appear out of date. Unless you have unlimited closet space and an equally unlimited checking account, dressing in style can be challenging. There are, however, certain key points to keep in mind before you head for the shops.

First, take inventory. I like to do this while I am putting away shorts and pulling out

sweaters, my seasonal swap. Anything you have not worn in two seasons needs to go. Also, remove anything that's starting to show its age in terms of worn hems and thinning fabric. Clothes that just don't fit are another candidate for removal. When you are taking inventory, do not forget shoes. Worn shoes can make the newest outfit look old.

"If it doesn't fit right it just doesn't matter," said Sharon Fenno, owner of Circles Women's Fashions in Stuyvesant Plaza.

Whether they are too tight or too loose, clothes not tailored for you lose their appeal.

For this reason, Fenno believes that everyone should have at least one suit that fits perfectly.

Once you have taken inventory, and freed up some space, think about fortifying your wardrobe with a few, basic pieces in classic styles. Save the trendy stuff for accent pieces and accessories.

If you do not have a perfectly fitting suit, it is worth the

can create several outfits, especially if you select a neutral color or one that you wear often. Some other basics might include a few solid colored shirts that can be worn with or without the jacket.

A basic skirt, preferably one that is part of the suit, is another must-have for women. And at least one nice fitting pair of jeans — without faded knees - should be in everyone's closet.

Once you have the basics down, it is time to have some fun and take those basics from classic to trendy.

The key is adding a few "in" pieces that won't break your budget. This fall, orange and brown are two of the hottest colors and leather is back in a big way from vests to pants. Animal prints are also popular and designers are using them for purses, shoes and headbands.

 Orange not your best color? Not comfortable wearing a leather skirt with a zebrastriped top?

"You can incorporate the new looks with accessories like a belt or a scarf," Fenno said. Another trick is to wear a popular color away from your

Try brown pants, an orange belt or a purse with an animal

investment. From one suit, you print. That way you are wearing the latest fashion without compromising your own comfort level.

> "It's really very simple. Just change the shirt and the accessories and you've got a whole new look," Fenno said.

When you are out shopping, consider where you will be wearing your new outfit. You might want to project a different image at a party than at a business meeting. Bright or intense colors and vivid patterns will get more notice than basic black.

"Fashion is all about attitude," she said.

Fenno also offered some general tips on looking the best

"Remember, it's a package deal. You have to think about your hair, your makeup, even your body type," Fenno said.

For example, skirts can be any length, as long as they make you look good.

Someone who is petite might want to stay with shorter or ankle length skirts for an elongating appearance.

Dark colors on the bottomand lighter colors on top, matching colors exactly or contrasting completely are also good guidelines.

Of course, rules were made to be broken, especially if you want to make a statement.

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Dating back to ancient Egypt, women have tried every hair removal method possible, often with varying degrees of success.

For women, the desire to remove unwanted hair from the face, neck, abdomen, breasts, arms or bikini line starts at adolescence and continues though menopause.

Today, hair removal is big business. In fact, almost \$4 billion a year is spent by women (and a growing number of men) seeking hair removal products and services, according to the Mayo Health Clinic's Web site, www.mayohealth.com.

It's for that reason that many women are turning to the relatively new technology of laser hair removal, said Dr. John D. Noonan, one of seven board-certified plastic surgeons from The Plastic Surgery Group, an Albany-based practice with offices in Troy and Schodack.

"A laser produces a beam of highly concentrated light. The pigment located in the hair follicles absorbs the light emitted by the laser," he said. " Laser sessions can run from a few minutes to an hour or more, depending on the size of the area being treated," he said.

"The laser pulses for a fraction of a second, which is just long enough to vaporize the pigment. This disables several follicles at a time to eliminate or significantly impede the hair's regrowth," he said.

Is laser hair removal right for me?

Although laser hair removal is relatively painless and a quicker alternative to using the time honored razor and tweezers, Dr. Noonan maintained

that the procedure isn't for everyone.

For example, laser hair removal works best for people with fair skin and dark brown or black hair, and is less effective for white or very light blonde

"We like to schedule a consultation with our patients so that their skin and medical history can be examined for any conditions that could be worsened by laser hair removal treatment," Noonan said. "During the initial consultation, photos will be taken of the area to be treated. Also, several small test patches will be done to gauge the patient's reaction to laser hair removal treatment. This will allow for the selection of a treatment program that will ensure optimal results for each patient."

But does laser hair removal really remove hair painlessly and permanently?

"All effective hair removal techniques have some level of discomfort," said . Noonan, whose practice uses the LightSheer Diode, the only laser approved by the Federal Drug

Administration for hair removal.

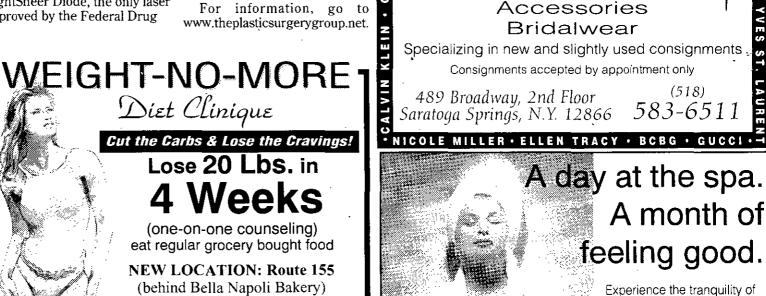
"However, the LightSheer system is fast and reduces treatment time. This provides long-lasting hair removal, reducing the need for repeated treatment."

Dr. Noonan also explained that immediately following treatment the site will be somewhat swollen, appears slightly red in color, and may feel like a mild sunburn. This natural reaction "subsides over a few hours" and then the treated areas usually return to their normal appearance, he said. The amount of discomfort following a treatment is usually minimal and does not limit most physical activities.

If you're thinking about having laser hair removal, Dr. Noonan said it's very important that you look for someone board-certified in a specialty dealing with cosmetic surgery such as a plastic surgeon.

For a consultation, call The Plastic Surgery Group with offices in Albany, Troy and Schodack, at 438-0505.

For information, go to



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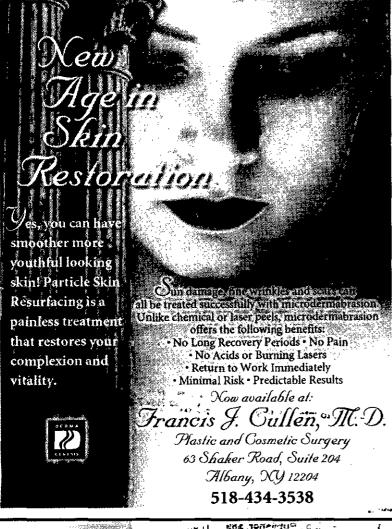
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MARY KAY



New hair color, new exciting

By Leigh G. Kirtley

Changing your hair color instantly creates a whole new you. You will look different, feel different and people may treat you differently.

If you have never colored your hair before, it can be

Supermarket shelves abound with hair color formulas, ranging from semi-permanent, which rinse out in several weeks, to colors that wash out almost as quickly as you apply

They are also not as easy to use as the directions would have you believe.

Your hair's texture and natural color play a large role in how your hair will absorb the new color. Temperature is another consideration. Hair coloring agents open the hair's cuticles, deposit the tone and

then close the cuticle. The warmer the hair, the longer the cuticle stays open, thereby absorbing more color.

A temperature difference as slight as the difference between your roots and your ends can give you two widely varying shades of color.

Is your home warm, or cool? That, too, can affect the ultimate outcome

Because ammonia is an active ingredient in any hair color formula, be prepared for the inevitable smell.

And it is a messy job. Some coloring gels appear clear until they oxidize so you may not realize you have gel all over the bathroom until the gel begins to change color.

Shelley Collins of The Salon Center in Clifton Park has been a hair stylist for more than seven years.

She feels that home coloring might be a good idea to let you test the waters and see if a color is right for you, provided you use a formula that rinses out quickly

"You should think of your skin tone and the favorite colors you like to wear before deciding on a hair color," Collins said. You may even want to change your makeup afterwards."

For first-timers, Collins recommends going with a subtle change. If you like the result, you can opt for something more dramatic the next time around.

The exciting aspect in all this is that just about anything goes,

from highlights to deep red hair. "It just depends on what someone likes," Collins.

She has many different techniques to choose from to help customers achieve the look they want, including the popular foiling.

The hair is divided into sections, the color applied and then wrapped in small pieces of

"Foiling lets you break the hair up and add any kind of color or multiple colors for subtle shading like you would see in natural hair," she said.

To get the most of your new

hair color, Collins suggested cutting your hair first, then using color to accent and compliment the cut.

Also, be careful with your hair up to two days after having it colored. It could take that long for the cuticle to close completely.

"And avoid the pool at all costs," she said.

If , for some reason, you are not happy with your new color, return to the salon. There is a are lot a good stylist can do for you.





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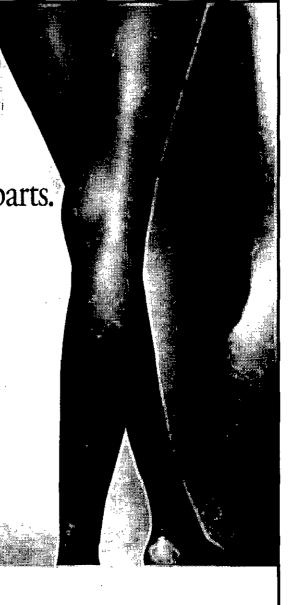
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Join us for a free seminar.

RSVP at 438-0505 early, as space is limited. Refreshments will be served.

Complimentary gift/samples and free physician consultation for attending. Call or visit our website for more information.



BCHS seniors named semifinalists in merit program

Nine Bethlehem Central High School seniors have been named semifinalists in national scholarship competitions conducted by the National Merit Scholarship

Eight students qualified as semifinalists in the 2001 National Merit Scholarship Program. They are Rodrigo Cerda, David Elefante, Gregory Jukins, Helena Kopchick, David Perlmutter, Mark Shawhan, Stephanie Sherman and Michael Wan.

They are among 16,000 semifinalists in the program who scored in the top 1 percent of the more than 1.2 million students who entered the program by taking the PSAT's as juniors.

Rodrigo Cerda has also achieved scholar status in the 2001 National Hispanic Recognition Program, also sponsored by the National Merit Corporation.

Matthew Treadgold has qualified as a semifinalist in the 2001 National Achievement Scholarship Program, which honors outstanding black students and seeks to increase their education opportunities.

Treadgold is one of 1,500 semifinalists chosen from more than 110,000 students who entered the NAS program by taking the PSAT's as juniors.

Eighteen Bethlehem Central High School seniors have also been named National Merit Commended Scholars.

These students scored in the top 5 percent of all the students who entered the National Merit Scholarship Program by taking the 1999 PSAT.

The students are Samuel



Bethlehem Central High School National Merit semifinalists, from left, include Rodrigo Cerda, Greg Jukins, Michael Wan, Stephanie Sherman, Helena Kopchick and Mark Shawhan. Missing from photo are David Elefante and David Perlmutter.

Abrams, Brian Axford, Edward Barnard, Rebecca Berlow, Matthew Bittner, Siobhan Burke, Alexander Courtney, Irie Dunne, Justin Ferrentino, James Foster, Adele Godfrey-Certner, Emily Kerwin, Anna Mojallali, Yu Niu, Cathryn Oakley, Daniel Teitler, Zhenxiang Zhao and Jennifer

Elks Lodge plans indoor flea markets

An indoor flea market and craft fair will be held at Bethlehem Elks Lodge, 1016 River Road., Selkirk, beginning Sunday, Oct.

The flea market and craft fair will run every fourth Sunday of the month from 8 a.m. to 3 p.m.

The kitchen will open at 8 a.m.

Vendors are wanted --- the lodge will provide tables and chairs.

The cost is \$12 per table, or \$10 if reserved before Oct. 27.

For reservations, call 767-2836.

Oct 17-18 9am-12 Oct 21,28 9am-12 Nov 1, 8,15 7-9pm

9am-12

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Nov 17 2 Fridays Oct 20,27

Nov 22

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Speaking







CYCLICAL CHANGES

Recent research has implicated women's vider pelvises for putting them at higher risk than men for knee injuries since their leg bones Interface with their knees at greater angles. Now, researchers at MedSport, the sports medicine center at the University of Michigan, have found that women are also more prone to knee injuries during ovulation. Their study of 28 women with torn ligaments shows that more women suffered tears while ovulating than at any other time in their men strual cycle because a surge in estrogen just before ovulation loosens muscle ligaments. Thus, women with a history if knee injuries are advised to wear knee sleeves while exercising during the ovulatory part of their cycles (normally days 10-14).

If you have been experiencing pain or stiff-ness, don't wait for a serious injury to develop, ask your physician for a referral. Our helpful, knowledgeable staff will create a treatment strategy to meet your individual recovery needs, as well as show you how to avoid injury and ligament damage once you're "back in the running." To learn more about our wide range of services (we also provide sports medicine, ultrasound and massage therapy), please call the number listed be-low. Free parking and wheelchair access available.

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to learn more or schedule a consultation Wheelchair access and plenty of free parking for your convenience. Please E-mail us your questions at BPT@ampireone.net

P.S. Because women who take oral contraceptives do not experience a peeking of estrogen levels at midcycle, they are not at increased risk of ligament damage.

Harvest Festival

5:30-8:30 PM - October 31, 2000 Delmar Full Gospel Church

Elsmere Avenue at Route 32, Delmar MMZ

Looking for a wholesome, fun-filled alternative to FREE _ the "dark" side of Halloween for your kids? Dress them in their costumes (no scary ones, please!) and bring them over for :

Games Galore: Fish For a Prize - Donut on a String Mr. Bouncy Bounce (Weather Permitting) - Golf Putt - Twisty Balloon Clowns Face Painting · Horse Drawn Carriage Rides · Pumpkin Painting

> · Free Food: Cotton Candy, Popcorn, Donuts & Cider And Much More!!!

If you RSVP by Oct 27, your child's name will be entered in 3 drawings for \$50 gift certificates to Kaybee Toys, Delmax, 3 copies of the pumpkin patch parable, and other small prizes. You must be present at the drawing to win. (Calling ahead helps us be better prepared with candy, donuts, etc.)

ALL KIDS SEET A FREE BAG OF BAG OF SCANDY

From your friends at Delmar Full Gospel & Bethlehem Community Church

This Event is Completely Free. All Are Welcome!

Register To Vote

478-9798

In this issue of the Spotlight, Mr. Howard A. Shafer has provided NEW YORK STATE voter registration cards for readers of The Spotlight to use. Mr. Shafer is urging all the citizens who will be eighteen on or before Tuesday November 7th, 2000 to complete the form. Howard is also urging those who complete a card to select a political party preference, as he knows that will allow them to participate in that party's primary process. This card can also be used to change your name, address, and/or party enrollment. (NO YOU CAN NOT CHANGE YOUR AGE!) To be valid for this presidential election, all forms need to be postmarked by Friday October 13, 2000.

Mr. Shafer is the Democratic Committee person from the Town of Bethlehem's 28th Election District, an Albany County Board of Elections Inspector, and 1st term Board of Education member for Ravena Coeymans Selkirk School District. 518-767-0808, HAShafer@aol.com

www.elections.state.ny.us

Extension to conduct composting workshop

Cornell Cooperative Extension available. The cost is \$5. of Albany County will sponsor a home composting workshop on Saturday, Oct. 21, at 10 a.m. at Rice Center at 24 Martin Road in Voorheesville.

The class will run for about 90 minutes, and will discuss the art and essentials of composting food and yard waste.

Additional topics will include compost biology and recipes, holding and turning bin construction and evaluation, troubleshooting and uses of compost.

Educational materials will be

The extension has constructed a home composting demonstration garden as an educational tool.

The self-tour demonstration site has 23 composting units which are suitable for handling yard and kitchen waste.

A self-tour booklet provides a guide to the site, and education handouts are available to get residents started and to answer any questions.

To register for the workshop or to receive directions to the demo site, call 765-3522.

K of C to fire up chicken barbecue

The Ravena Knights of Colum- NEWS NOIES bus will serve a chicken barbecue on Thursday, Oct. 12, from 4 to 6

Register to vote today

Voter registration will be held today, Oct. 11, from 5 to 9 p.m. at Coeymans town hall.

Speaker to address historical society

The Ravena-Coeymans Historical Society will hold its next meeting on Thursday, Oct. 12, at 7:30 p.m. at village hall on Mountain Road in Ravena.

Bill Johns, owner of the Coxsackie Antiques Center, will discuss the differences between antiques and collectibles.

He will also conduct a free appraisal of items brought in.

Book group to meet at library

Ravena-Coeymans-Selkirk Community Library's book discussion group will meet on Tuesday, Oct. 17.

Local Girls by Alice Hoffman will be discussed. The book may of special interest to anyone who grew up on Long Island.

Copies are available at the library desk.

For information, contact the li-

Selkirk South Bethlehem Linda Marshall 756-3520

brary at 756-2053.

Middle school PTSO schedules talk

Parents of students at RCS Middle School are invited to a PTSO meeting on Wednesday, Oct. 18, at 7 p.m. in the large a group visit, call 768-2344. group room.

The topic will be "Organization for Academic Achievement."

High school PTSA offers financial aid program

The high school PTSA will sponsor a program on College Financial Aid on Thursday, Oct. 19, at 7 p.m. at the high school.

Rescue squad plans CPR course

Ravena Rescue Squad is offering a full CPR course on Saturday, Nov. 4, starting at 8 a.m. It will include CPR for adults, children and infants.

The course is free and is being offered as a public service by the Ravena Rescue Squad.

To register, contact Ro Woodard at 765-3610.

Feura Farm slates October fun

Pick-your-own pumpkins, hayrides and a corn and hay maze are all part of the family fun at the Stanton's Feura Farm on Onesquethaw Creek Road in Feura Bush.

The farm is open weekends in October from 10 a.m. to 6 p.m. on Saturdays and from noon to 5 p.m. on Sundays.

For information or to schedule

New Selkirk post office

The Selkirk community bid a sorrowful adieu to the old post office, inscribing a sign that read The Selkirk Post Office is Dead.'

The new post office on Route 9W is twice the size of the former Maple Avenue location and, while no longer in the heart of downtown Selkirk, is centrally located in the 12158 zip code.

Library to host talk on wooden toys

Bethlehem resident and antique toy collector Ursula Mertz will talk about Schoenhut wooden toys on Sunday, Oct. 22, at 2 p.m. at Bethlehem Public Library.

Schoenhut Co. was founded in Philadelphia in 1872, and in its long existence produced an extensive and varied line of toys.

Mertz has been collecting wooden toys and dolls for 25 years.

To register, call the library at 439-9314.



OCTOBER 16TH-NOVEMBER 22, 2000

LAWN AND YARD DEBRIS: must be bagged in bio-degradable bags and placed at the curb. Bags can be purchased at the Highway Garage Mon.-Fri. 7:00a.m. - 3:30 p.m.. Cost is 3 for a \$1.00 or 35 cents each. Bags purchased at local grocery and department stores are also acceptable.

BRUSH AND TREE LIMBS: Must be stacked neatly at the curb with butts facing the road. Limbs no longer have to be cut into four foot lengths. Our new chipper will accept longer and larger limbs than in the past. Please be sure to stack brush and limbs as neatly as possible with butts facing road so that our crew can work in a safe and efficient

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By designating a beneficiary for your IRA, you can specify who has the right to your account if you die before withdrawing all the funds. You can change beneficiaries at any time. If you are over age 70¹/₂ and have already begun taking the required distributions, however, and your new beneficiary has a shorter life expectancy than your former one, you must refigure the annual distribution. Having a designated beneficiary affects how much money you are required to withdraw from the account each year, as required distributions are calculated based on the combined anticipated life expectancies of both you and your beneficiary. The result might be lower required annual distributions and more time for your IRA to grow tax-

Financial planning requires understanding your options and that often requires assistance. At Good Samaritan Lutheran Health Care Center, 125 Rockefeller Road, we understand the changing needs of seniors and offer numerous services to meet them as well as supportive staff. Our residential community features assisted and independent living. Call 439-8116 for more information.

Harvest Festival



5:30-8:30 PM · October 31, 2000

Delmar Full Gospel Church Elsmere Avenue at Route 32, Delmar



478-9442

Looking for a wholesome, fun-filled alternative to the "dark" side of Halloween for your kids? Dress them in their costumes (no scary ones, please!) and bring them over for :

Games Galore: Fish For a Prize - Donut on a String Mr. Bouncy Bounce (Weather Permitting) - Golf Putt - Twisty Balloon Clowns Face Painting · Horse Drawn Carriage Rides · Pumpkin Painting

> Free Food: Cotton Candy, Popcorn, Donuts & Cider And Much More!!!

If you RSVP by Oct 27, your child's name will be entered in 3 drawings for \$50 gift certificates to Kaybee Toys, Delmar, 3 copies of the pumpkin patch parable, and other small prizes. You must be present at the drawing to win. 🚄 (Calling ahead helps us be better prepared with candy, donuts, etc.)

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Bethlehem sophomore to compete in pageant

been selected as an entrant in the 2001 Miss Teen USA Pageant.

Switlyk is an honor student at Bethlehem Central High School. She is also in the ski club, is vice president of the art club and manages the boys varsoccer sity team.



Larysa Switlyk of Delmar has ing achievement award in social studies and math, the Johns Hopkins Talent Search award in mathematics, The Russian essay contest and the art award.

She is on the honor roll and is taking pre-calculus as a sopho-

She is the daughter of Dr. Stephen Switlyk and Theresa

The pageant will be held during the weekend of Nov. 24 at Crowne Plaza in Albany.

Friends are welcome to attend the pageant to support Switlyk. She has won many academic For information, call the pageant awards, including the outstand- office at 724 785-4648.

In Clarksville The Spotlight is sold at Clarksville Mini Mall and Stewart's

"When You

Can't Be There...

Your Child

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Parks & rec plans trip to Frightfest

The town of Bethlehem Parks and Recreation Department will sponsor a trip for middle school students to the Great Escape's "Frightfest" on Saturday, Oct. 28.

The cost is \$25 and includes admission and bus transportation.

Permission slips are available at Elm Avenue Park office or Bethlehem Central Middle School.

The deadline for permission slips is Oct. 16.

The trip is open to students who live in the town of Bethlehem or Bethlehem Central School District. For information, call 439-

Thacher Park sets geology walk

John Boyd Thacher State Park in New Scotland will offer a geology walk on Saturday, Očt. 28.

Learn about the geology of park lands off the beaten path with expert Thom Engel. Call 872-1237 for meeting time and place.

Group to hold card party

Bethlehem Historical Association in Selkirk. will hold its annual card party on Oct. 14 at 1:30 p.m. at the Normanside Country Club in Elsmere.

Bethlehem Historical Association's historical, preservational and community projects, especially the maintenance and opera- Zrelak at 767-9072.

Featuring a harvest table of tion of the Bethlehem Historical homemade items, the Town of Museum at the Cedar Hill School

The facility has served for years as a focal point for various community activities.

Participants are ask to bring The event benefits the Town of their own cards or games. There will be a variety of prizes and a

For information, call Marion

Student joins action program

member of the class of 2004 at ticipated in the school's 10th annual Urban Action program.

Blanch was among 150 freshmen who volunteered an estimated 3,100 hours of community service to their neighbors.

During a three-day period before classes began, students worked at three sites in Providence, R.I.

More than 100 students replaced windows, painted, orga-

Danielle Blanch of Delmar, a nized and performed carpentry repairs and landscaping at the Providence College, recently par- Providence City Arts for Youth center, which sponsors summer camps and after-school programs focusing on the arts.

The Urban Action program was initiated by Providence College in 1991 with 17 students volunteering the first year.

Since then, about 1,200 freshmen have participated, with many returning each year as upperclassmen leaders for the program.

Five Rivers receives grant

John Faso recently announced that Five Rivers Environmental Education Center in Delmar will receive \$225,000 in state funding to make visits to the center even more rewarding for community members

Gov. George Pataki recently announced that a total of \$9.5 million in Environmental Protection Fund funds statewide.

The money will be distributed jointly by the state Office of Parks, Recreation and Historic Preservation and the State Department of Environmental Conservation.

The funds will be used for infrastructure upgrades, state recreational lands and facilities management, education centers and youth camp improvements, parks and campground public access expansion, and wildlife habitatres ftoration.

The money for Five Rivers, made available through the fund, will be used to improve buildings and sanitary facilities to meet the needs of the public and ensure

Assembly Minority Leader compliance with health and safety standards.

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Bethlehem Auto Service

by John Quirk



REASONS TO FLUSH

With increasing amounts of aluminum components in today's engines, conventional antifreeze is formulated with phosphate and silicate additives that inhibit pitting and corrosion of aluminum. Over time, these additives can fall out of the solution and form abrasive, gel-like mixtures. These silicate dels can restrict coolant flow, form scales and deposits inside the system, and cause premature wear to water pump seals. Moreover, greater use of aluminum engine components poses the problem of electrolysis. The acids that form inside the system can turn into the equivalent of a weak battery that stores low levels of electricity. In this environment, aluminum can be stripped of ions and slowly erode. For

these reasons, coolant should be flushed at least every two years

As recommended by this week's column, make sure to have your vehicle's coolant flushed at least every two years. Your car is a significant financial investment. BETHLEHEM AUTO SERVICE encourages readers to protect that investment by having their vehicles professionally inspected at least every 3,000 miles. Our A.S.F. Certified Technicians inspect the battery, brakes, and all fluids. We are an AC Delco Master Technician Service Center, Business hours are Mon. - Fri., 7-6. Call us at 426-8414, or visit us at 62 Hannay Lane Glenmont for auto service with a personal touch.

HINT: Only distilled or soft water should be introduced into your engine's

cooling system



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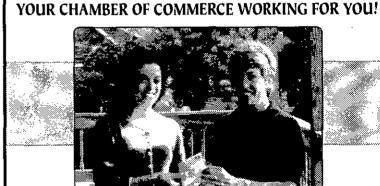
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BETHLEHEM CHAMBER OF COMMERCE 439-0512



Eagles survive first-half scare, clinch share of division crown

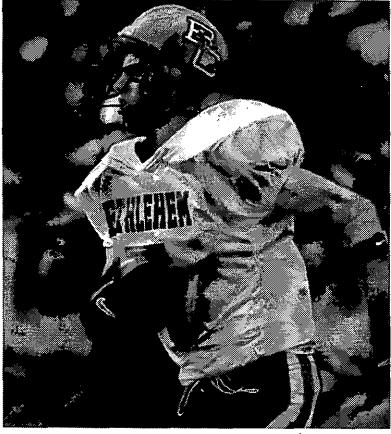
By Joseph A. Phillips

It's getting to be a habit for the Bethlehem Eagles football team: for the third time this season, this time in a critical road showdown with the Burnt Hills-Ballston Spa Spartans on Saturday, the Eagle gridders fell two scores behind in the first half, only to pull it out for

"It shows a lot of character," said coach John Sodergren of the latest challenge, which ended in a 16-10 Bethlehem victory.

"As coaches, you wonder what happens when you get behind right away," said Sodergren of spotting the Spartans a 10-0 halftime lead. "We had a really good week in practice, and then this happens. We didn't play very well in the first half, that's for sure, and I'm not sure why."

Storming back in the second before the Spartans' homecoming crowd, the Eagles sealed the deal with just under 11 minutes remaining as Tom Frackovic lugged the ball into the end zone from two yards out, adding a twopoint conversion moments later. The defense then shut down the



Bethlehem running back Brendon Hughes heads upfield in the Eagles' win Saturday over the Spartans. Jim Franco

Spartans the rest of the way.

The result guaranteed Bethlehem at least a share of first place in the Suburban Council's Gold Division. Only Colonie and Averill Park can catch the Eagles, now 4-2 (4-1 in the division), and BCHS coaching victory — as the RCS

can sew it up with a win this Satur- close the gap at 10-8. day in their regular season finale. facing Colonie at home.

"We didn't make any adjustment in the second half except we were playing with emotion, playing with intensity," Sodergren said. "And Mark Bulger stepped up and made some big plays."

Eating up much of the second half clock behind the rushing of Pat Heenan, who tallied a 21carry, 95-yard day, quarterback Bulger engineered drives in each of the last two quarters that struck pay dirt.

They broke the scoring ice with less than seven minutes to go in the third, when Eric Zimmer slipped behind the Spartan defense and gathered in Bulger's play-action pass for a 19-yard point run for the extra points to

That set up Frankovic's fourthquarter scoring heroics. And the defense, keyed by a pair of interceptions by Anthony Liveri and nine tackles and two assists by Heenan.

"We were never really threatened in the second half," said Sodergren. "We took charge of the line of scrimmage. We controlled the ball down to about 20 seconds to go and left them on their own 20.3

Bethlehem comes home this Friday for the first time since their triumph over Shenendehowa 🗦 three weeks ago. "It seems like three years ago," said Sodergren as he prepares his squad for "another distraction" — facing rival Colonie in a pivotal game before touchdown. Heenan added a two- the Eagles' own homecoming crowd at 7 p.m.

Indians blast Bulldogs

Still in the hunt for a sectional slot, the Indians of Ravena-Coeymans-Selkirk helped coach Gary Vanderzee achieve a personal milestone Friday before the home fans as his Indians shut down Cobleskill-Richmondville, 19-0, in a Capital Conference win.

VanDerzee reached the century mark — his 100th career

squad pulled their record to 3-3 on the season and dropped the visiting Bulldogs to 4-2.

Oscar Olmeda led the heroics for the Indians on a 141-yard rushing day and a pair of touchdowns, plunging into the end zone with a pair of one-yard runs in the first half to open up a 13-0 lead. Chris Leonardo tacked on a 6yarder in the final quarter to close it out.

by

Jim

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AREA #3—10/31 - 11/10 Glenmont, Selkirk

Some discoloration may be seen during this flushing program, which could result in staining of laundry. Run water until it clears.

V'ville captures berth in Section II tourney

By Joseph A. Phillips

Voorheesville's Clayton A. Bouton High School wrapped up at least a third seed in sectional play with a 23-14 Capital Conference gridiron victory over Canajoharie Saturday — thanks in large part to Collin Adalian's fancy footwork.

The Blackbird senior tied a school record with 10 receptions, two for touchdowns; booted two extra points; and capped the afternoon with a clutch field goal in the final seconds that broke a 14-14 tie, boosting the Blackbirds to 4-2, 4-1 in the conference.

That ties them with Watervliet (5-1 overall) behind 6-0 Fonda, as the Blackbirds wing their way to Watervilet for a regularseason final showdown for second place and home field for the first round of Sectional play.

We thought this was a really good test for us going into the playoffs," said coach Joe Sapienza of the clutch victory. "We wanted to go to Watervliet next week without the pressure of having to qualify. This gives us breathing room."

Adalian's scoring boots weren't all he kicked in Saturday.

"His kickoffs gave us great field position too," Sapienza said. "A couple times, he buried it deep. People only notice the PAT's and field goals, but his all-around kicking game does a lot for us."

The defense also shone, confronting the beefier Redskin offense with "our best half of the year defensively," Sapienza

Solid reads by linebackers Ryan McCartney and Matt Underwood and the efforts of sophomore defensive end Mike Carr and senior defensive tackle Jon Burquist held the visitors to just 17 total yards in the first half.

Meanwhile, Tim Hauser rumbled for 123 yards on the ground, mostly on two patient first-half drives put together by Blackbird quarterback Mark Murray.

We got to scoring territory but we couldn't pound it in," Sapienza said. "They kept keying on Collin and putting pressure on Mark." Each time, McCartney's stalwart blocking at fullback bought time for Murray's bootleg pitches outside to Adalian for touchdowns. Adalian converted both point-after attempts.

The defense wore down in the second half. Redskin quarterback Blake Wells ran in a 1-yarder late in the third quarter, and less than six minutes later tossed a 23-yard rainbow to Nate Fowler for a second TD. Mark Yager added a two-point conversion to knot the score.

Murray, who would finish the day a solid 11 of 19 in the air for 108 yards, then engineered the final drive setting up Adalian for a 19-yard field goal. Despite time-out calls intended to ice him, Adalian coolly delivered with eight seconds left.

His kickoff was deliberately short, and the Redskins gambled on a stunt pitch-around play. "They only had one shot," said Sapienza. Fortunately, McCartney had one shot left, too, laying a hit on the carrier just as he attempted to dump the ball — and junior Matt Bloomingdale scooped up the resulting fumble, dancing 23 yards for the final touchdown.

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BC runs for glory at Grout invitatio

By Joseph A. Phillips

Both the boys and girls crosscountry squads representing Bethlehem recorded top-10 finishes at the prestigious 62nd annual Everett T. Grout Memorial Invitational in Schenectady's Central Park last Saturday.

Eaglerunners Clark Foley and Katie Parafinczuk scored impressive individual finishes and teams.

With 62 schools participating in either boys or girls competition, or both, in the 4.4K event, the respective fields — 328 boys and 289 girls --- were each divided into four divisions. Bethlehem claimed second place overall in the boys divisions; tops among all Capital District teams entered, finishing second only to powerhouse Sayville of Long Island.

They won their own Division II

BCHS boosters set hoop clinics

The Bethlehem Central High School Basketball Booster Clubs are offering offensive skills development clinics for students in grades three to eight on four Saturdays beginning Oct. 14.

The clinics will stress shooting, passing, and ball handling fundamentals and will include game-type scrimmages. Sessions will run from 2 to 4 p.m. for girls, 4:15-6:15 p.m. for boys.

The \$40 fee covers all sessions. For information, call 439-8398 or 439-1917.

endehowa in a 13-team field.

Facing overall boys' winner Seton McAndrews of Queensbury in Division II, Foley crossed second in the race in 13:45.15, behind McAndrews' 13:13.17 and good enough for sixth overall. Though Foley was the only Eagle harrier to land in the overall top 10, the team's overall performance was led the way for their respective aided by top-10 divisional finishes by three of his teammates.

> Dan Kohler crossed in 13:59.49, just out of overall honors but fourth in Division I, and Geoff Decker (14:18.63) and

244 Delaware Ave.

Delmar, NY 12054

race, topping runner-up Shen- Doug DeMarco (14:29.35) ended in eighth and ninth in the race.

On the distaff side of the meet, Bethlehem landed in sixth place as Shaker claimed the overall girls'

The squad finished third in its Division I race behind divisional winner and overall runner-up Colonie, paced by Parafinczuk's 16:28.85, third and the squad's only individual top-10 finish in the division. Her time was good for seventh overall, with Niskayuna's Caitlin McTague the overall girls' winner in 15:41.08.



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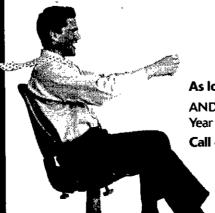
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Mary A. Hannaway

Mary Alice Hannaway, 72, of Delmar died Thursday, Oct. 5, at Maplewood Nursing Home in Webster, Monroe County.

A longtime Delmar resident, she was a clerk for the state Department of Health.

Mrs. Hannaway was a communicant of the Church of St. Thomas the Apostle in Delmar.

She was the widow of William Hannaway Sr.

Survivors include a son William Hannaway of Webster; a brother, Michael Kelly; three sisters, Catherine Daigneault, Ann Dimura and Norine Deguire; and a granddaughter.

Services were from the Church of St. Thomas the Apostle.

Burial was in St. Agnes Cemetery in Menands.

Arrangements were by the Applebee Funeral Home in Delmar.

Contributions may be made to the American Cancer Society, 1450 Western Ave., Albany 12203.

Carol "Sally" Winne

Carol "Sally" Wyckoff Winne. 70, of Feura Bush died Wednesday, Oct. 4, at St. Peter's Hospital in Albany.

Born in Copake Falls, she was a graduate of Roeliff Jansen Central School in Hillsdale. She attended Potsdam College.

Mrs. Winneworked for Copake etauatelephone Co., New York Telephone Co., and AT&T. She also before she retired.

moving to Feura Bush.

She was organist and choir director for St. John in the Wilder- Forest Hill Cemetery in Fredonia. ness Episcopal Church in Copake

Survivors include her husband, Clyde Winne; a daughter, Catherine DiLorenzo of Malta; two sons. Edward Peck of Rexford and John Peck of Canton, Pa.; two brothers, John Wyckoff of Fort Myers, Fla., and Donald Wyckoff of Walnut Creek, Calif.; and many grandchildren.

Services were from St. Stephen's Episcopal Church in Elsmere.

Arrangements were by the Applebee Funeral Home in Delmar.

Contributions may be made to St. Stephen's Episcopal Church, 16 Elsmere Ave., Delmar 12054 or the American Cancer Society, Albany County Unit, 1450 Western Ave., Room 101, Albany 12203.

Alice E. Slater

Alice Elizabeth Slater of Colo nial Acres in Glenmont, died Wednesday, Oct. 4, at Community Hospice of Albany County at St. Peter's Hospital in Albany.

Born in Dunkirk, Chautaugua County, she graduated from the former State Teachers College at Fredonia.

Mrs. Slater taught in Farnum. Survivors include her husband, Wilson Slater; a daughter, Susan worked as a teacher's aide at Blythe of Minneapolis, Minn., a

Roeliff Jansen and sold real estate son, Charles Slater of Elmhurst, Pines Country Club in Vero Beach Ill.; a brother, Franklin Hazzard of She lived in Clifton Park before Poughkeepsie; and three grandchildren.

> Graveside services were in Arrangements were by the

Meyers Funeral Home in Delmar. Contributions may be made to Community Hospice of Albany County, 315 S. Manning Blvd., Albany 12208.

Dorothy Green

Dorothy G. Green, 86, of Voorheesville died Thursday, Oct. 5, at Community Hospice of Albany County at St. Peter's Hospital in Albany.

Born in Newport, Vt., she was educated in Springfield, Mass.

She was a bookkeeper for Genesco Custom Tailors in Baltimore, Md.

She was the widow of James Green Sr.

Survivors include a son, James Green Jr.; and four grandchildren.

Arrangements were by the New Comer-Cannon Funeral Home in Colonie.

Rhona Boyd

Rhona A. Boyd, 75, of Vero Beach, Fla., and formerly of Slingerlands, died Wednesday, Oct. 4, at VNA Hospice in Vero

Born in Aylesbury, England, she was a secretary for the president of the former State Bank of Albany.

She was a member of Dodger

and Normanside Country Club in Elsmere.

Survivors include a son, Stephen Boyd of Averill Park; a daughter, Susan Boyd of Tobyhanna, Pa.; two grandchildren; and three great-grandchil-

Cremation services were by Indian River Cremations.

Contributions may be made to VNA Hospice House, 90137th St., Vero Beach, Fla. 32960.

Mildred Blackall

Mildred Specht Blackall, 92, of Loudonville and formerly of Delmar, died Wednesday, Oct. 4, at her daughter's home in Loudonville.

Born in Lockport, Niagara County, she was a graduate of Syracuse University.

She was an active volunteer for the Red Cross for many years.

Mrs. Blackall was a former Girl Scout leader in Tucson Ariz., and in Delmar.

She was a member of the American Association of University Women. She was a communicant of St. Pius X Church in Loudonville.

She was the widow of Frederick Blackall.

Survivors include two daughters, Ann Heck of Loudonville and Lynn Blackall of Albany; seven grandchildren; and eight greatgrandchildren.

Services were from St. Pius X

Burial was in Memory's Garden in Colonie.

Contributions may be made to the Farano Center for Children, 25 N. Main Ave., Albany 12203.

Anna Raibick

Anna Przybylowizc Raibick, 82, of Delmar died Tuesday, Oct. 3, at St. Peter's Hospital in Albany.

Born in New Jersey, she lived in Alcove for many years before moving to Delmar to live with her daughter.

Mrs. Raibick was a self-employed beautician.

She was a communicant of St. Patrick's Church in Ravena and the Church of St. Thomas the Apostle in Delmar.

She was the widow of Edward

Survivors include a daughter, Mary Ann Strom of Delmar; a sister, Albina Zassowski of Latham; and two grandchildren.

Services were from St. Patrick's Church in Ravena.

Arrangements were by the Babcock Funeral Home in Ravena.

Contributions may be made to Community Hospice of Albany County, 315 S. Manning Blvd., Albany 12208.

Mary DeClercq

Mary DeClercq, 77, of New Scotland Road in Slingerlands died Monday, Oct. 2, at Our Lady of Mercy Life Center in Guilderland.

Born in Berne, she was the widow of Albert DeClercq.

Survivors include a son, Jack DeClercq of Voorheesville; four grandchildren; two step-grandchildren; and seven great-grand-

Services were from the. Griswold Funeral Home and St. Madeline Sophie Church

Burial was in Woodlawn Cemetery in Berne.

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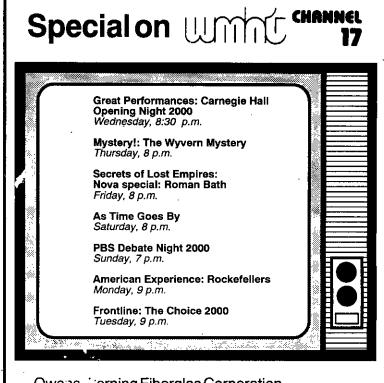
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Jason and Kimberly Edwards

Sullivan, Edwards wed

Kimberly Joy Sullivan, daugh- Edwards, father of the groom. ter of Gary and Joy Sullivan of son of Bobby and Ramona Edwards of Thomasville, N.C., Stephen Vipperman. were married Sept. 16.

The ceremony was performed by the Rev. Michael Vipperman and Joel Angel at Green Street Baptist Church in High Point, N.C.

A reception followed at Thomasville Women's Club.

The matron of honor was Dianne LaPlaine.

Bridesmaids were Cassandra Dowtin, Martha Henecke, Jennifer Loftus, Michelle Rainbow and Heather Stine.

flower girl.

The best man was Bobby

and Gail Moon of Glenmont, has

earned the Girl Scout Silver

Award, the second highest award

The Girl Scout Silver Award is

earned by Cadette Girl Scouts and

recognizes efforts in a wide range

of Girl Scout experiences and a

commitment by girls to work to

in Girl Scouting.

Ushers were Michael Sullivan, Delmar, and Brett Jason Edwards, brother of the bride, John Dawkins, Sean Vernon and

> The bride is a graduate of Bethlehem Central High School and the University at Buffalo.

She is a physical therapist and manager of the rehabilitation department at Piedmont Home Care in Lexington, N.C.

The groom is a graduate of Davidson County Community College.

He is warehouse manager for Grady Fabrics in High Point.

After a wedding trip to the Ba-Mackenzie Allred was the hamas, the couple lives in High Point.

For her Silver Award, Moon

planned and led activities for a

Girl Scout spring encampment

weekend. She also planned a suc-

cessful Brownie Girl Scoutrecruit-

ment night. Moon is a member of

Troop 155. She attends Bethlehem

Central High School and is a mem-

ber of the school choir and year-

Girths

St. Peter's Hospital

Boy, Collin LeRoy Dorsey, to Michelle Craft and Stephen Dorsey of Delmar, June 13.

Bellevue Hospital

Boy, Jaoquim Tyler Soares, to Tina Pantuso and P. David Soares of Delmar, Sept. 23.

Tass of 00

SUNY Geneseo

Shauna Dowd of Glenmont (bachelor's in management) and Elizabeth Norton of Delmar (bachelor's in management).

Delmar woman joins Peace Corps

Shannon Cornelius of Delmar recently departed for Ghana to begin two years as a Peace Corps volunteer.

She will be among the first volunteers to participate in a new initiative to fight HIV/AIDS in Africa. Cornelius will work to improve water sanitation in rural communities through construction of water systems and health

In Ghana, the Peace Corps will train Cornelius and the other volunteers in HIV/AIDS education.

For the first time ever, all 2,400 Peace Corps volunteers serving in 24 countries in Africa will be trained to teach about HIV/AIDS prevention and care.

By the end of the year 2000, the number of volunteers engaged in HIV/AIDS work is expected to increase by more than six-fold.

Woman named to post

The New York State Court Appointed Special Advocates Association has announced that Barbara Backus of Delmar has joined the statewide organization as program services assistant and office manager.

She was formerly with the Scanlan Communications Group, and has served as a project coordinator for the Muscular Dystrophy Association, promotion and services coordinator for Central Jersey Regional Library Cooperative, and director of public relations at Community Medical Center.

She was also previously the president of Backus Communications, which provided advertising and public relations support to a number of businesses and nonprofit organizations.

Darcy Blackmer and Hank Mahaffy

Blackmer, Mahaffy engaged

Darcy Blackmer, daughter of SUNY Cortland. Edward and Peggy Blackmer of Voorheesville, and Hank Miller Mahaffy, son of Andrew and Janice Mahaffy of Cape Vincent, Jefferson County, are engaged to be married.

The bride-to-be is a graduate of Clayton A. Bouton Junior-Senior High School in Voorheesville and

She works at Key Bank in Al-

The future groom is a graduate of SUNY Cortland Should

He is a photographer for WTEN in Albany.

The couple plans an October wedding.

Slingerlands man part of delegation

Ray Houghton of Slingerlands, owner of Cyber Haus Computer Learning Centers in Elsmere, was a member of the Information Systems and Technology Delegation to the People's Republic of China.

The delegation is part of the People to People Ambassador Program, founded by President Dwight D. Eisenhower to promote international understanding and professional exchange.

Houghton spent 10 days in the ware Pioneers.

cities of Beijing and Xi'an participating in meetings at major universities and corporations.

Houghton, who has a doctorate from Duke University, is a former computer scientist at the U.S. Department of Commerce and a former professor at Augusta State University.

He recently was recognized as a software pioneer in the book, In the Beginning: Recollections of Soft-

Mail weddings, engagements

BCHS student earns Girl Scout Silver Award

Molly Moon, daughter of Mike the lives of others.

better their own lives as well as book committee.

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white photos are preferred, but color photos are acceptable. Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to PO Box 100, Delmar 12054.

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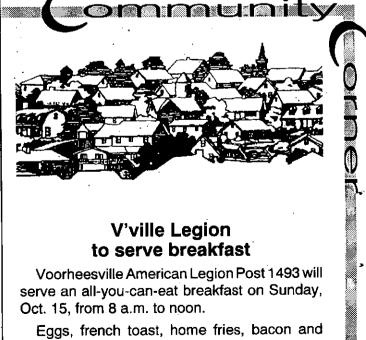
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unny day, chasing the clouds away. I'm on my way to where the air is sweet."

Unless you've been locked away without access to public TV for the past several decades, you are mentally humming the tune to these lyrics and already singing the next line "Can you tell me how to get, how to get to Sesame Street?"

This week getting to Sesame Street is as easy as driving to downtown Albany because the home of Big Bird and Elmo will be making a magical appearance at the Pepsi Arena.

The Sesame Street Live show, "Let's Be Friends," will be stopping in Albany, one of the 160 cities in North American that the tour will visit this year, for six performances. The longest running tour for children on record, Sesame Street Live has been seen worldwide by over 46 million children and their parents since it first premiered in 1980.

According to Nielsen Media
Research more than 99 percent of
preschoolers recognize the lovable
Sesame Street personalities featured in
"Let's Be Friends." My 2-year old is
indeed one of the 99 percent of Muppet
aficionados who can sing all the words
to "Elmo's World." Unfortunately, for us
however, Cookie Monster has not been
a good influence on her style of cookie
eating.

Besides Elmo and Cookie Monster, many other familiar characters will be hitting the stage, such as Big Bird, Bert, Ernie, Oscar the Grouch, Elmo, Zoe, Cookie Monster and my personal favorite — Snuffelupagus.

grew up on Sesame Street may remember that for many years Mr. Snufflelupagus was Big Bird's "imaginary" friend and as such was invisible. Since his first "appearance" Snuffy, who enjoys roller-skating, eating cabbage and spaghetti and being with his best friend Big Bird, has become a crowd

Nobody knows that better than Eric Carillo, the actor who gets the pleasure of playing both Snuffelupagus and Oscar the Grouch to hoards of excited children six to nine times a week.

favorite.

"The kids' enthusiasm is intoxicating," said Carillo describing how at each show the children (and a

the children (and a few parents) yell, scream and clap for the character's entrances.

We are basically like rock

city we go to they are screaming out our names.

stars to these kids-in each

"I love the characters that I'm associated with," Carillo said. "Oscar the Grouch is a great crowd pleaser, too. We are basically like rock stars to these kids-in each city we go to the they are screaming out our names."

Carillo says that "Let's Be Friends,"

is "edutainment," basically a combination of education and entertainment. The plot of the show is simple but endearing. Elmo and Zoe form an exclusive friendship club — but soon everyone wants to join and they and the audience learn a valuable lesson about accepting people and about what friendship really means.

Carillo described one of his favorite moments in the show. "There is a nice number where Snuffy gets a cold and can't go with his friends to the circus so Big Bird decides to stay behind to keep him company," Carillo said. "Big Bird says "You are my best friend Snuffy," and Snuffy says" I know.'

The show is designed to be fun for not only the preschoolers, but their parents and grandparents as well Carillo said. While the kids will thrill to seeing their favorite TV friends come to life, the adults will jive to familiar tunes (with specially customized lyrics) such as "Wipe Out," "Yacky Yack," and "LaBomba."

Eric Carillo

"Adults will especially like the Broadway-style production," Carillo said. "The quality of the production is outstanding along with the creative team behind it. The technology has advanced in the last few years and even the lightening is spectacular."

Carillo gets great pleasure from introducing young children to live theater. He loves seeing the preschoolers giggle and join in on familiar songs as they dance in their seats to the snappy tunes and the enthusiasm of the cast. The action is as big as the performers and the kids seems to naturally accept that their favorite TV characters have come to town just to visit them.

"Children have an incredible sense of wonder and excitement and they are willing to go down that path with the actors," Carillo said of the kids' willingness to believe that the hand puppet they see on the small screen every morning is suddenly singing and dancing.

And what makes the magic of make believe so thrilling is that we don't have to be under 3 feet tall to be able to escape the confines of the Pepsi Arena and be, for a short time, live on Sesame Street dancing hand in hand with our little ones.

Sesame Street Live will run for six performances from Friday to Sunday, Oct. 13 to 15, and tickets are on sale now. Ticket prices are \$11, \$14 or \$19 and can be purchased at the Pepsi Arena box office, all Ticketmaster outlets, including Armory Center or via Ticketmaster Charge-by-phone at 476-1000. For group discounts of 20 or more people should call 487-2100.

HOCUS - FOCUS HENRY BOLTINOFF

Find at least six differences in details between panels

Theater

CARDS ON THE TABLE

Hercule Poirot thriller by Agatha Christie, New York State Theater Institute, Schacht Fine Arts Center of Russell Sage College, Troy, Oct. 13 to 28, \$17, \$14 for seniors and students, \$8 for children under 13. Information, 274-3256.

NIXON'S NIXON

new play about Nixon's last night in office, Capital Repertory, 111 N. Pearl St., Albany, Oct. 13 to Nov. 4, \$21 to \$34. Information, 445-7469.

CHAPTER TWO

Neil Simon comedy, Curtain Call Theater, 210 Old Loudon Road, Latham, Oct. 13 to Nov. 5, \$15. Information, 877-7529.

GODSPELL

Proctor's Theater, State Street, Schenectady, Oct. 11 and 12, 8 p.m., \$36.50 to \$42.50. Information, 346-

THE WHO'S TOMMY

rock opera, Schenectady Light Opera Co., 826 State St., Oct. 13 to 22, \$18, \$9 for children under 13. Information, 377-5101.

TURN OF THE SCREW

based on Henry James novel. Albany Civic Theater, 235 Second Ave., Oct. 13 to 29, \$12, Information, 462-1297.

FORBIDDEN BROADWAY

musical spoof, Empire Center at the Egg, Albany, Oct. 13, 8 p.m., \$23, \$19 for seniors, \$15 for children under 13. Information, 473-1845.

SIN SONGS

Theater Barn, Route 20, New Lebanon, Oct. 13 to 15, \$12 to \$15. Information,

THE MERRY WIDOW

light opera performed by Opera Northeast, Empire Center at the Egg, Albany, Oct. 14, 8 p.m., \$23, \$19 for seniors, \$12 for children under 13. Information, 473-1845.

WALLY'S CAFÉ

Lake George Dinner Theater, Holiday Inn, Route 9, through Oct. 21, \$42.95. Information, 677-5626.

Music

RICHIE HAVENS

The Van Dyck, 235 Union St., Schenectady, Oct. 13, 7 and 9:30 p.m., \$29. Information, 381-1111.

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PAUL GEREMIA

with John Herald, The Eighth Step at Cohoes Music Half, Oct. 13, 8 p.m., \$15. Information, 434-1703.

ENSEMBLE CORUND

with Capriccio Basel, Troy Savings Bank Music Hall, State and Second streets. Oct. 13, 8 p.m., \$20 and \$22. Information, 273-0038

ALBANY SYMPHONY ORCHESTRA

opera concert, Troy Savings Bank Music Hall, State and Second streets, Oct. 14 at 7 p.m., Oct. 15 at 4 p.m., \$16 to \$35. Information, 273-0038.

EMMANUEL PAHUD

flutist, with Ensemble Haydn-Berlin, Union College Memorial Chapel, Schenectady, Oct. 14, 8 p.m., \$25, \$12.50 for students. Information, 372-

TOM HARRELL QUINTET

The Van Dyck, 235 Union St., Schenectady, Oct. 14, 7 and 9:30 p.m., \$22. Information, 381-1111.

JOAN OSBORNE

with Lina, Saratoga Winners, Route 9, Latham, Oct. 14, 8 p.m., \$15 in advance, \$17 at the door. Information, 783-1010.

DAVID BROMBERG AND PETER ECKLUND

Troy Savings Bank Music Hall, State and Second streets, Oct. 15, 8 p.m., \$24. Information, 273-0038.

Oisual Arts

NEW YORK STATE MUSEUM

A Shaker Legacy, through Oct. 22, plus permanent collections, Empire State Plaza, Madison Avenue. Information, 474-5877.

A MONUMENT OF PROGRESS

exhibits about the Erie Canal on its 175th anniversary, Nott Memorial of Union College and Schenectady Museum, through Oct. 29. Information, 386-6004.

ALBANY CENTER GALLERIES

Book/End exhibition, 23 Monroe St., through Oct. 15. Information, 462-4775.

ALBANY INSTITUTE OF HISTORY AND ART

exhibit of artifacts used for serving coffee, tea and chocolate, 63 State St. through Nov. 3. Information, 463-4478.

ALBANY INTERNATIONAL AIRPORT GALLERY

Sankofa: 25 Years of Black Dimensions in Art, through Nov. 27. Information, 242-2240.

HYDE COLLECTION

Warren Street, Glens Falls, "Picturing Gentility: Portraits of Women in American Art," through Dec. 3. Information, 792-

LOCAL COLOR ART GALLERY

961 Troy-Schenectady Road, Latham, grand opening exhibit featuring works by 28 Colonie Art League artists, through Oct. 31. Information, 786-6557.



DELMAR COMMUNITY ORCHES-TRA

openings in the string, horn and percussion sections. Information, 439-

COLONIE TOWN BAND

several openings, rehearsals on Mondays at 7:30 p.m. at town hall. Route 9. Newtonville, Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR

openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SIENA CHAMBER ORCHESTRA AND CHOIR

rehearsals Thursdays at 7:30 p.m. for orchestra, Wednesdays at 6 p.m. for choir, Siena College, Route 9, Loudonville. Information, 783-2325.

CLIFTON PARK COMMUNITY ORCHESTRA

openings in all sections, especially strings, rehearsals Tuesdays at 7:30 p.m., Clifton Common Senior Center. Information, 783-2511.

SINGERS NEEDED

for Electric City Chorus, training provided, rehearsals at Faith United Methodist Church, Brandywine Avenue and Eastern Parkway, Schenectady, Tuesdays, 7:30 p.m. Information, 785-

MONDAY MUSICAL CLUB WOMEN'S CHORUS

invitation for new members to join in singing classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

CAPITAL COMMUNITY VOICES

rehearsals at Columbia High School, Luther Road, East Greenbush, 7 to 9 p.m., Tuesdays. Information, 477-8308.

lasses/Lectures

MUSIC CLASSES

in many folk instruments, Old Songs, ROI Center, Route 155, Guilderland. Information, 765-2815.

Enhancing Independent Lifestyles Since 1937

WWW.STAIRLIFT.COM





NAMES OF **PLANES**

į S

CZXVTYRPNLJHEEC A Y W V.E T X R P N L R D E K IMGSYEEACBTERGS

Differences: 1. Feather is removed. 2. Hair is different. 3. Pocket is added. 4. Word is moved. 5. Card is missing. 6. Mouth is smaller.

V(CONSTELLATION)S

ZONTAXWKCAFRCAE

GEYCNUFROTGRNTR_ J S M A R A A L I R P A O S T

OOMLGEHPYJEHCUR

TIGEBESPDEBHAMO

YXWUTSRIASROCQF

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Saturday's unlisted clue hint: B-17 FLYING —

Cherokee Concorde Constellation

Fiver Galaxy Goose

Jenny Mustano Phantom . \ Tomcat Voyager

C2000 King Features, Inc.

The Super CROSSWC



The Spotlight CALENI

Slingerlands Community UMC, 1499 New Scotland Road, 439-1766.

Solid Rock Church 1 Kenwood Ave.,

Elsmere Ave., Delmar, 439-3265;

Place, Delmar, 439-4951.

South Bethlehem UMC, 65 Willowbrook

St. Stephen's Episcopal, Poplar Drive and

St. Thomas The Apostle R.C., 35 Adams

Unity of Faith Christian Fellowship, 436

PROJECT WILD WORKSHOPS

Teacher workshops --- Project WILD 9

a.m., Aquatic WILD afternoon; call for

Rivers Environmental Education Center,

Game Farm Road, Delmar. Information,

NEW SCOTLAND

SUNDAY WORSHIP INFO

Suisse Restaurant, Route 85, 475-9086.

Clarksville Community Church, Route

Bethel Baptist, meeting at Auberge

Family Worship Center, 92 Lower

Copland Hill Road, Feura Bush, 768-

Faith Temple, New Salem, 765-2870.

First United Methodist, 68 Maple Ave.,

Jerusalem Reformed, Route 32, Feura

Mountainview Evangetical Free Church,

Onesquethaw Reformed, Tarrytown Road,

St. Matthew's R.C., Mountain View Road,

Unionville Reformed, Delaware Turnpike,

NEW SCOTLAND HISTORICAL

ASSOC,

<u> Mon. 10/16</u>

BETHLEHEM

MOTHERS' TIME OUT

Christian fellowship group for mother's

of preschool children, Delmar Reformed

Church, 386 Delaware Ave., nursery care

provided, 10 to 11:30 a.m. Information,

in the Wyman Osterhout Community

Center, New Salem, 2 to 4 p.m.

Information, 765-4446.

United Pentecostal, Route 85, New

Route 155. Voorheesville, 765-3390.

Presbyterian Church in New Scotland,

Voorheesville, 765-2895.

Feura Bush, 768-2133.

Route 85, 439-6454.

Salem, 765-4410.

Voorheesville, 765-2805.

Bush, 439-0548.

details. Preregister by Oct. 10. Five

Krumkill Road, North Bethlehem, 438-

Glenmont 439-4314

Avenue, 767-9953.

475-0291.

443, 768-2916.

Wed. 10/11

BETHLEHEM YOUTH EMPLOYMENT SVCS.

Parks and Recreation Office, Elm Avenue Park, 6:30 - 9 p.m. Also Tues., Thurs., 2-4:30 p.m. Information, 439-0503.

SOLID ROCK CHURCH

evening prayer and Bible study, 7 p.m., 1 Kenwood Ave. Information, 439-4314.

TOWN BOARD

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS

The Clubhouse, Adams Station Apts.,1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

BINGO

Blanchard American Legion Post; 16 Poplar Drive, 7:30 p.m. Information, 439-

BOY SCOUT TROOP 58

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

RED MEN

St. Stephen's Church, Elsmere, 7:30 p.m. Information, 439-3265.

DELMAR FIRE COMMISSION

firehouse, Adams Place, 7:30 p.m. Information, 439-3851.

TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

NEW SCOTLAND TOWN COUNCIL

town hall, Route 85, 7 p.m. Information, 439-4889.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

ARTICLES OF

PROFESSIONALS ONLY, LLC

Under Section 203 of the Limited Liability Company Law of the State of New York THE UNDERSIGNED, being a

natural person of at least eighteen

(18) years of age and acting as the organizer of For Profession-als Only, LLC the limited liability

company (the "Company") hereby being formed under Section 203 of the Limited Liability Company

420

LEGAL NOTICE

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

hurs. 10/12

BETHLEHEM RECOVERY, INC.

self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-

BETHLEHEM SENIOR CITIZENS

town hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955

HOMEWORK HELP CENTER

Bethlehem Public Library, 451 Delaware Ave., 6 to 8 p.m. p.m. Information, 439-

CAREGIVER SUPPORT GROUP

Church of St. Thomas the Apostle, 35 Adams Place, 7 p.m. Information, 439-

DELMAR FIRE DEPT. LADIES AUX. firehouse, Adams Place, 7:30 p.m.

ELSMERE FIRE CO. AUX.

firehouse, Poplar Drive, 7:30 p.m. **BETHLEHEM LUTHERAN**

children's choir, 6:30 p.m., senior choir, 7:30 p.m., 85 Elm Ave. Information, 439-

CLASS IN JEWISH MYSTICISM

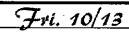
Delmar Chabad Center, 109 Elsmere Ave., 8 p.m. Information, 439-8280.

BETHLEHEM MEMORIAL VFW

Post 3185, 404 Delaware Ave., 8 p.m. Information, 439-9836.

AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779:*--



BETHLEHEM **AA MEETING**

First Reformed Church of Bethlehem. Route 9W, 7:30 p.m. Information, 489-

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

NEW SCOTLAND PIONEER CLUBS

For children grades 1 through junior high; Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-

Sat. 10/14

BETHLEHEM **FALL FOLIAGE PROGRAM**

Call for details. Preregister by Oct. 10. Five Rivers Environmental Education Center, Game Farm Road, Delmar, 2 p.m. Information, 475-0291.

ANNUAL CARD PARTY

Fundraiser for Town of Bethlehem Historical Association: bring cards or games: door prizes and raffle. Normanside Country Club, Salisbury Road, Delmar, 1:30 p.m. Information. 767-9072.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

<u>Sun. 10/15</u>

BETHLEHEM WORSHIP INFORMATION

Bethlehem Community Church, 201 Elm Ave., Delmar, 439-3135. Bethlehem Congregation of Jehovah's Witnesses, Elm Avenue and Feura Bush Road, 439-0358.

Bethlehem Lutheran, 5 Elm Ave., Delmar, 439-4328. Delmar Full Gospel, 292 Elsmere Ave.,

Delmar, 439-4407... -Delmar Presbyterian, 585 Delaware Ave.,

439-9252. Delmar Reformed, 386 Delaware Ave.,

Delmar, 439-9929. First Church of Christ, Scientist, 555 Delaware Ave., Delmar, 439-2512. First Reformed of Bethlehem, Route 9W, Selkirk, 767-2243

First UMC of Delmar, 428 Kenwood Ave, 439-9976.

Glenmont Community Church, 1 Chapel Lane, Glenmont, 436-7710. Mount Morian Ministries, Route 9W, Glenmont, 426-4510.

439-9929.

"Company").
SECOND: The county within the State of New York in which the office of the Company is to be lo-

Company upon whom process against the Company may be served. The post office address within or without the State of New York to which the Secretary of State may mail a copy of any process against the Company served upon such Secretary of State 90 North Pearl Street, Albany, New

nanaged by one .

extent permitted by the LLCL, as amended from time to time, all persons whom it is permitted to

indemnify pursuant thereto.

SIXTH: The purpose of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the LTC.

subscribed this certificate and do hereby affirm the foregoing as true under the penalties of perjury, this 5th day of September, 2000. S/ STÉPHEN J. WAITE, ESQ.

Sole Organizer 90 North Pearl Street Albany, New York 12207 (518) 463-4257

DELMAR KIWANIS

Days Inn, Route 9W, 6:15 p.m. Information, 439-24377 or 439-6952.

INDOOR PISTOL SHOOTING

Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

EXPLORER POST 157

For boys and girls 14-21, focusing on environmental conservation. Weekly, 310 Kenwood Ave., Delmar, 7:30-9 p.m. Information, 439-4205.

DELMAR COMM. ORCHESTRA rehearsal, town hall, 445 Delaware Ave.,

7:30 p.m. Information, 439-7749. **TEMPLE CHAPTER 5 RAM** Masonic Temple, 421 Kenwood Ave.

AÀ MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND QUARTET REHEARSAL

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

ues. 10/17

BETHLEHEM TREASURE COVE THRIFT SHOP

First United Methodist Church, 428 Kenwood Ave., 9 a.m. to 6 p.m.

SOUTH BETHLEHEM THRIFT SHOP

South Bethlehem United Methodist Church 65 Willowbrook Ave., South Bethlehem, 10 a.m. - 2 p.m.

TAKE POUNDS OFF SENSIBLY Glenmont Community Church, Weiser

Street, 6 p.m. weigh-in, 6:30 p.m. meeting. Information, 449-2210. PLANNING BOARD

town hall, 7:30 p.m. Information, 439-

BINGO

at the Bethlehem Elks Lodge, Route 144,

DELMAR ROTARY Howard Johnson's, Route 9W.

Information, 439-9988.

7:30 p.m.

ONESQUETHAU LODGE 1096 F&AM

Masonic Temple, 421 Kenwood Ave.

NEW SCOTLAND STORY HOUR

Voorheesville Public Library, 51 School Road, 10 a.m. Information, 765-2791.

NIMBLEFINGERS/QUILTERS Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

WEST NILE AWARENESS

Program on pesticides and West Nile; history, regional pronblems, prevention. Cornell Cooperative Extension, 24 Martin Road, Voorheesville. 7-9 p.m. \$5 per person, Information, 765-3500.

VOORHEESVILLE PTA

in the elementary school cateteria, 7:30 p.m. Information, 765-3644.

Wed. 10/18

BETHLEHEM YOUTH EMPLOYMENT SVCS.

Parks and Recreation Office, Elm Avenue Park, 6:30 - 9 p.m. Also Tues., Thurs., 2-4:30 p.m. Information, 439-0503.

BETHLEHEM LIONS CLUB

Days Inn, Route 9W, Glenmont, 7 p.m. Information, 439-4857.

BETHLEHEM ELKS LODGE 2233

Route 144, Cedar Hill, 8 p.m. Information, 767-2886.

SOLID ROCK CHURCH

1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-

ZONING BOARD OF APPEALS

town hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-

BOY SCOUT TROOP 58

Eismere Elementary School, 247

Delaware Ave., 7:30 to 9 p.m. **BC SCHOOL BOARD**

district office, 90 Adams Place, 8 p.m. Information, 439-7098. **ONESQUETHAU CHAPTER, ORDER**

OF THE EASTERN STAR Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

LEGAL NOTICE. LEGAL NOTICE.

2. The county is which the office of the limited partnership is located is Albany County, New York. 3. The Secretary of State is hereby designated as agent of the limited partnership upon whom process against it may be served. and the office address to which the Secretary of State shall mail a copy of any process against the ersnip servea upon

. The name and business address of the sole general partner

1500 Second Avenue Watervliet, New York 12189 5. The latest date upon which the limited partnership is to dissolve

undersigned have executed this Certificate of Limited Partnership on the 31st day of August, 2000, and verify and affirm under penalties of perjury that the forego-ing is true and correct as of the

PATEL WELLNESS OPPORTU-NITIES, L.P. BY: R. PATEL ENTERPRISES.

CERTIFICATE OF LIMITED PARTNERSHIP OF TEXAS BBL, L.P.

UNDER SECTION 121-201 OF THE REVISED LIMITED PART-NERSHIP ACT

1. The name of the limited partnership is "TEXAS BBL, L.P."
2. The county in which the office of the limited partnership is located is Albany County, New York.
3. The Secretary of State is hereby designated as agent of the limited partnership upon whom process against it may be served, and the office address to which the Secretary of State shall mail a copy of any process against the limited partnership served upon him is 52 Corporate Circle, Al-

4. The name and business address of the sole general partner

MFB, LLC 52 Corporate Circle

Albany, New York 12203 5. The latest date upon which the

limited partnership is to dissolve is August 31, 2100. IN WITNESS WHEREOF, the undersigned have executed this Certificate of Limited Partnership on the 8th day of September, 2000, and verify and affirm under penalties of perjury that the fore-

going is true and correct as of the date hereof. TEXAS, BBL, L.P. BY: MFB, LLC, General Partner BY: S/ Michael F. Bette, Member

(October 11, 2000)

Spotlight for on Dining 元實屋 **DUMPLING HOUSE** Chinese Restaurant Specializing in Dumplings, Lunches, Dinners, Cocktails, Mandarin, Szechuan, Hunan & Cantonese. Eat in or Take Out. Open 7 days a week. 458-7044 or 458-8366 120 Everett Road, Albany • (Near Shaker Road)

Law of the State of New York (the **ORGANIZATION OF FOR**

"LLCL"), certifies that: FIRST: The name of the Company

designated as the agent of the Company upon whom process against the Company may be served. The post office address

LEGAL NOTICE

"Company").
SECOND: The county within the State of New York in which the office of the Company is to be located in the County within the State of the Company is to be located in the County in the State of the Stat

is For Professionals Only, LLĆ (hereinafter referred to as the

LEGAL NOTICE

cated is Albany County. THIRD: The Secretary of State is

within or without the State of New York to which the Secretary of State may mail a copy of any pro-

cess against the Company served upon such Secretary of State, c/o Waite & Associates, P.C., 90 North Pearl Street, Albany, New York 12207. FOURTH: The Company is to be managed by one or more mem-

> FIFTH: The Company shall have the power to indemnify, to the full extent permitted by the LLCL, as amended from time to time, all persons whom it is permitted to indemnify pursuant thereto. SIXTH: The purpose of the Com-

> pany is to engage in any lawful act or activity for which limited liability companies may be organized under the LLCL. IN WITNESS WHEREOF, I have subscribed this certificate and do hereby affirm the foregoing as true under the penalties of perjury, this 18th day of September, 2000. S/STEPHEN J. WAITE, ESQ.

(518)463-4257 (October 11, 2000) **ARTICLES OF**

Sole Organizer

90 North Pearl Street

Albany, New York 12207

LLC Under Section 203 of the Limited Liability Law of the State of New York THE UNDERSIGNED, being a

ORGANIZATION OF DENTECH

DIVERSIFIED SOLUTIONS,

natural person of at least eighteen (18) years of age, and acting as the organizer of DenTech Diversified Solutions, LLC, the limited liability company (the "Company") hereby being formed under Section 203 of the Limited Liability. tion 203 of the Limited Liability Company Law of the State of New York (the "LLCL"), certifies that:

LEGAL NOTICE.

FIRST: The name of the Company is DenTech Diversified Solutions, LLC (hereinafter referred to as the

cated is Albany County. THIRD: The Secretary of State is designated as the agent of the

York 12207. FOURTH: The Company is to be

FIFTH: The Company shall have the power to indemnify, to the full

nized under the LLCL.
IN WITNESS WHEREOF, I have

(October 11, 2000)

CERTIFICATE OF LIMITED PARTNERSHIP OF PATEL WELLNESS OPPORTUNITIES,

UNDER SECTION 121-201 OF THE REVISED LIMITED PART-NERSHIP ACT 1. The name of the limited part-nership is "PATEL WELLNESS OPPORTUNITIES, L.P."

him is 1500 Second Avenue, Watervliet, New York 12189.

R. PATEL ENTERPRISES, LLC is August 31, 2100. IN WITNESS WHEREOF, the

date hereof.

BY S/Rajendra Patel, Member (October 11, 2000)

www.społlightnews.com

LEGAL NOTICE

LEGAL NOTICE

Notice of Application for Authority of Nelson Brothers, LLC, a foreign limited liability company (LLC). App. for Auth. filed with Secy. of State of N.Y. (SSNY) on 9/20/00. LLC organized in Delaware (DE) on 4/4/00. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to : c/o Corporation Service Company, 80 State St., Albany, NY 12207-2543. Principal office ad-dress of LLC: 820 Shades Creek Parkway, Suite 2000, Birming-ham, AL 35209. Copy of Arts. of Org. on file with DE Secy. of State, Loockerman & Federal St., Dover, DE 19901. Purpose: Manufacture, distribution, sale and use of (October 11, 2000)

LEGAL NOTICE

Notice of formation of 3-S Realty, LLC, a limited liability company (the "LLC"). Articles of Organiza-tion filed with the Secretary of State of New York (the "SSNY") on 8/14/00. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, c/o Richard E. Rowland,s Esq., 26 Computer Drive West, Albany, New York 12205, the Registered Agent. The purposes of the LLC are to acquire, own, manage, lease, develop and operate real estate and personal property and to acquire, own, buy, sell, invest in, trade, manage, finance, refi-nance, exchange, or otherwise dispose of stocks, securities, partnership interests, CDs. mutual funds, and commodities. (October 11, 2000)

LEGAL NOTICE.

B. LARNER LLC, Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Secretary of State on September 12, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any pro-cess against the LLC is 596 New Loudon Road, Latham, New York

LEGAL NOTICE

(October 11, 2000)

LEGAL NOTICE

KBS LLC, Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Sec-retary of State on September 12, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o Segel, Goldman, Mazzotta & Siegel, 5 Washington Square, Albany, New York 12205. (October 11, 2000)

LEGAL NOTICE

Notice of App. for Auth. of Sullivanhayes Companies North-east, LLC, a foreign limited liabil-ity company (LLC). App. for Auth. filed with SSNY on 8/15/00. LLC

LEGAL NOTICE.

org. in CT on 12./16/99. NY Off. Loc.,: Albany Co. SSNY designated as agt. upon whom process may be served. SSNY shall mail copy of process to: The LLC, 10 Waterside Dr., Ste. 200 Farmington, CT 06032. Off. address in jurisdiction of org.: CT SOS, Div. of Corp., P.O. Box 150470, Hartford, CT 06115. Copy of Cert. of Org. on file with S/SCT. Purpose: all lawful pur-(October 11, 2000)

LEGAL NOTICE

Notice of Application for Authority of WUS Holding, L.L.C., a foreign limited liability company, (LLC). Authority filed with NY Secretary of State (SSNY): 9/20/2000. LLC organized in Delaware on December 23, 1999. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to c/o Corporation Service Com-pany, 80 State Street, Albany, New York 12207. Corporation Service Company, 80 State Street, Albany, New York 12207, is the registered agent of LLC upon who process against it may be served. Office address in Delaware: 1013 Centre Road, Wilmington, Delaware 19805. Copy of the Cert. of Org. on file with the Delaware Secretary of State, John G. Townsend Bldg., Duke of York & Federal Street, Dover, Delaware 19901. Purpose: All lawful purposes. (October 11, 2000)

LEGAL NOTICE

Notice of formation of limited liability company (LLC). Name: CHA Southern Holdings, LLC. Articles of Organization filed with Secy. of State of N.Y. (SSNY) on 6/30/00.

LEGAL NOTICE.

Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: P.O. Box 5269, Albany, NY 12205-0269. Purpose: any lawful activity. (October 11, 2000)

LEGAL NOTICE

Notice is hereby given that a li-cense, number TBA, for beer, liquor, and wine has been applied for by the Undersigned to sell beer, liquor and wine at retail in a restaurant under the Alcohol Beverage Control Law at 388 Feura Bush Road, in the City of glenmont, County of Albany, State of New York, for On-Premises consumption. LVJ Paljusaj, Inc.

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388 Feura Bush Road Glenmont, NY 12077 (October 11, 2000)

LEGAL NOTICE

Notice of Certificate of Registration of Staten Island Center for Alternative Therapies, L.L.P., a Professional Service, a registered limited liability partnership (RLLP). Certificate filed with Secy. of State of N.Y. (SSNY) on 9/12/ 00. Office location: Albany County SSNY designated as agent of RLLP upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, the registered agent of RLLP upon whom process against it may be served. Purpose: physical therapy and massage therapy. (October 11, 2000)

LEGAL NOTICE.

Notice of Formation PSEG Power Hudson LLC art. of org. filed SSNY 7/14/00. Off. loc. in Orange Co. amended to Albany Co. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: Edward J. Biggins, Jr. Corporate Secretary Public Service Enterprise Group Incorporated, 80 Park Plaza T4, Newark, NJ 07102. Registered Agent: CT Corp Systems, 111 Eighth Ave, NY, NY 10011. Purpose: Any lawful purpose. (October 11, 2000)

LEGAL NOTICE

LEGAL NOTICE

NOTICE OF FORMATION of Cambrian Communications, LLC, a Foreign Limited Liability Company. Application for Authority was filed

with the Secretary of State of New York on August 16, 2000. The office of the Limited Liability Company in the State of New York is located in the County of Albany. The Secretary of State is designated in the Secretary of State is designated.

nated as agent for the LLC upon whom process against the LLC may be served and the address to which the Secretary of State shall mail any such process is 12801 Fair Lakes Parkway, Lower

Level, Fairfax, VA 22033. The Limited Liability Company was organized for any lawful pur-LeBoeuf, Lamb, Greene & MacRae, LLP

One Commerce Plaza 99 Washington Avenue Albany, NY 12210 (518) 626-9000 (October 11, 2000)

LEGAL NOTICE.

LEGAL NOTICE Notice of Application for Authority of O/K Automation Company, LLC, a foreign limited liability com-pany (LLC). App. for Auth. filed with Secretary of State of New York (SSNY) on 8/21/2000. LLC organized in Massachusetts (MA) on 9/3/1998. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: The LLC, 25 Industrial Park Rd., Albany, NY 12206. The registered agent of LLC upon whom process against it may be served is: CT Corporation System, 111 Eighth Ave., NY, NY 10011. Office address in jurisdiction of organi-zation: 73 Bartlett St., Marlborough, MA 01752. Copy of Cert. of Org. on file with Secy. of the Commonwealth of MA, State-House, Boston, MA 02133. Purpose: ownership of real property.

LEGAL NOTICE

(October 11, 2000)

Notice of Application for Authority of NT MEDIA, LLC, a foreign limited liability company (LLC). App. for Auth. filed with Secy. of State of N.Y. (SSNY) on 8/18/00. LLC organized in Delaware (DE) on 7/24/00. NY office location: Albany 24/00. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: Cor-poration Service Co., 80 State St., Albany, NY 12207. Office address in DE: 30 Old Rudnick Lane, Dover, DE 19901. Copy of Arts. of Org. on file with DE Secy. of State, Federal & Duke of York Sts., Dover, DE 19901. Purpose: any lawful purpose. (October 11, 2000)

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LEGAL NOTICE

R. PATEL ENTERPRISES, L8, Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Secretary of State on September 11, 2000. The purpose of the LLC is to engage in any lawful act or activity. The of-fice of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 1500 Second Avenue, Watervliet, New York 12189. (October 11, 2000)

LEGAL NOTICE

WESTERN & ALLEN LLC, Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Secretary of State on September 11, 2000. The purpose of the LLC is to engage in any law-ful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any pro-cess against the LLC is 582 New Loudon Road, Latham, New York

(October 11, 2000)

LEGAL NOTICE

PATELS & RAY LLC, Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Secretary of State on September 11, 2000. The purpose of the LLC is to engage in any law-ful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any pro-cess against the LLC is 1500 Second Avenue, Watervliet, New York 12189. (October 11, 2000)

LEGAL NOTICE __

TDR REALTY, LLC, Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Secretary of State on Sep-tember 11, 2000. The purpose of the LLC is to engage in any law-ful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any pro-cess against the LLC is 5939 Curry Road Extension, Schenectady, New York 12303. (October 11, 2000)

LEGAL NOTICE

NORTHERN STUD WELDING, LLC, Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Secretary of State on September 11, 2000.

LEGAL NOTICE.

The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is Star Plaza, Room 202, Guilderland, New York 12084. (October 11, 2000)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

OBERHEIM FAMILY LLC NOTICE IS HEREBY GIVEN, that the above named Limited Liability Company has been formed for the transaction of business in the State of New York and elsewhere. The name of the Limited Liabil-Company is Oberheim Family

2. The Articles of Organization were filed with the Secretary of State for the State of New York on September 13, 2000.

3. The county within the State of New York in which the office of the Limited Liability Company is to be located is Albany.

4. The Secretary of State of the State of New York is designated as the agent for the Limited Liability Company upon whom process in any action or proceeding against it may be served and the address within the State to which the Secretary of State shall mail a copy of the process in any action of proceeding against the Limited Liability Company which may be served upon him is c/o the company, Upper Font Grove Road, Slingerlands, New York 12159. The Limited Liability Com-pany does not have a registered agent within the State of New

York.
5. The character of the business to be transacted by the Limited Liability Company is to engage in any activity for which a limited liability company may be lawfully engaged under the laws of the State of New York. (October 11, 2000)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY(LLC)

The name of the LLC is HYDE LAND COMPANY, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on September 26, 2000. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Sec-retary of State is designated as the agent of the LLC upon whom process against the LLC may be served, the address to which the Secretary of State shall mail a copy of any process against the LLC is 30 Corporate Circle, Albany, New York 12203. (October 11, 2000)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of BUSINESS TECHNOLOGY SOLU-TIONS CONSULTING, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on September 19, 2000, effective upon the date of filing. Office Lo-cation: Albany County. SSNY has been designated as agent of the

LEGAL NOTICE

LLC upon whom process against it may be served. SSNY shall mail a copy of any process to the LLC at 273 Sand Creek Road, Albany, New York 12205. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the

(October 11, 2000)

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY (LLC)

Name: 120 ALBANY BROAD-WAY, LLC, Articles of Organiza-tion filed with Secretary of State of New York (SSNY) on August 24, 2000. Office Location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 3 Hemlock Street, Latham, NY 12110. Purpose: Any lawful pur-

(October 11, 2000)

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY (LLC)

Name: CAMPITO PROPERTIES LLC, Articles of Organization filed with Secretary of State of New York (SSNY) on August 15, 2000. Office Location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 3 Hemlock Street, Latham, NY 12110. Pur-pose: Any lawful purpose. (October 11, 2000)

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Name: HARRISON GERARD COMPANY, LLC, Articles of Organization filed with Secretary of State of New York (SSNY) on August 14, 2000. Office Location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 3 Hemlock Street, Latham, NY 12110, Purpose; Any lawful pur-

(October 11, 2000)

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY (LLC)

Name: 30 WATERVLIET AVENUE, LLC, Articles of Organization filed with Secretary of State of New York (SSNY) on August 14, 2000. Office Location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 3 Hemlock Street, Latham, NY 12110. Purpose: Any lawful pur-

(October 11, 2000)

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY (LLC)

Name: 5 HEMLOCK STREET, LLC, Articles of Organization filed with Secretary of State of New York (SSNY) on August 14, 2000. Office Location: Albany County, SSNY designated as agent of LLC

LEGAL NOTICE.

upon whom process against it may be served. SSNY shall mail copy of process to 3 Hemlock Street, Latham, NY 12110. Purpose: Any lawful purpose. (October 11, 2000)

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY (LLC)

Name: MSLP II, LLC, Articles of Organization filed with Secretary of State of New York (SSNY) on August 11, 2000. Office Location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 3 Hemlock Street, Latham, NY 12110. Purpose: Any lawful pur-

(October 11, 2000)

NOTICE OF PUBLICATION

TARGET SERVICE LLC was filed with SSNY on 10/2/00. Office: Al-bany County. SSNY designated as agent of LLC whom process against may be served: The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State St., 3rd Fl., Albany, NY 12207. The Registered Agent is USA Corporate Services Inc. at the same address. Purpose: any (October 11, 2000)

NOTICE OF PUBLICATION

404 PROPERTIES, LLC was filed with SSNY on 9/11/00. Office: Al-bany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: c/o PMB 229, 543 Bedford Ave., Brooklyn, NY 11211. Purpose: any lawful pur-

(October 11, 2000)

NOTICE OF PUBLICATION

GS REALTY OF NY LLC was filed with SSNY on 8/25/00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 3419 Quentin Rd., Brooklyn, NY 11235. Purpose: any lawful purpose. (October 11, 2000)

NOTICE OF PUBLICATION !

M J V REALTY ASSOCIATES. LLC was filed with SSNY on 9/1/ 00. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 1956 McDonald Ave., Brooklyn, NY 11230. Purpose: any lawful (October 11, 2000)

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LEGAL NOTICE.

NOTICE IS HEREBY GIVEN that the fiscal affairs of the Voorheesville Central School District of Voorheesville, New York, for the period beginning on July 1, 1999 and ending June 30, 2000 have been examined by an independent public accountant and that the report of examination performed by Michelle L. Rudolph, the Independent Public Accountant, has been filed in my office where it is available as a public record for inspection by all interested persons. Pursuant to section thirty-five of the general mu-nicipal law, the governing board of the Board of Education of Voorheesville Central School District may in its discretion, prepare a written response in my office as a public record for inspection by all interested persons not later than January 1, 2000 which is the last date of which response may be filed - this is 90 days after presentation to the Board of Educa-

Dated: October 3, 2000 Dorothea Pfleiderer, Clerk Board of Education (October 11, 2000)

PUBLIC NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY

FIRST: The name of the Limited Liability Company is Carl J. Koeppel, LLC (hereinafter referred to as the "Company"). SECOND: The Articles of Organization of the Company were filed with the Secretary of State on September 8, 2000.

THIRD: The county within New York State in which the office of the Company is to be located is Albany

FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is Carl J. Koeppel, LLC, 9 Carol Ann Drive, Albany, New York 12205.

FIFTH: The purpose of the business of the Company is to own real property, lease real property, and borrow money, and to conduct any other lawful business permitted by the LLC Law or the law of other states in which the Company may conduct its busi-

(October 11, 2000)

PUBLICATION NOTICE OF REGISTRATION OF LIMITED LIABILITY PARTNERSHIP

FIRST: The name of the Registered Limited Liability Partnership is TOBIN AND DEMPF, LLP (hereinafter referred to as the "Partnership").
SECOND: The Partnership is fil-

ing a registration for status as a Registered Limited Liability Partnership, under Section 121-1500(a) of the Partnership Law. THIRD: The Certificate of Registration of the Partnership was filed with the Secretary of State on September 29, 2000.

FOURTH: The county within New York State in which the office of the Partnership is to be located is

Albany.
FIFTH: The Secretary of State has been designated as agent upon whom process against the Partnership may be served. The

LEGAL NOTICE.

Secretary of State shall mail pro-cess is: Tobin and Dempf, LLP, 33 Elk Street, Albany, New York

SIXTH: The purpose of the Limited Liability Partnership is to practice the profession of Law. (October 11, 2000)

PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY

FIRST: The name of the Limited Liability Company is AXIOM RE-ALTY MANAGEMENT, LLC (hereinafter referred to as the "Company"). SECOND: The Articles of Orga-

nization of the Company were filed with the Secretary of State on September 15, 2000.

THIRD: The county within New York in which the office of the Company is to be located is Al-

FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail pro-

cess is: Albany, NY 12205 FIFTH: The latest date on which

the Company is to dissolve is based solely on events of dissolution set forth in the New York Limited Liability Company Law (the "Law"). SIXTH: The purpose of the busi-

ness of the Company is to engage in any lawful acts or activities for which limited liability companies may be formed under the Law. (October 11, 2000)

Your Dream Job . Awaits

In the Spotlight Newspapers **Employment Classifieds**

At your SERVICE a guide to services for your home

THRIFT SHOP YANKEE PEDDLER Antiques, Furniture, Jewelry,

Quality Clothes for Men. 265 Osborne Road, Loudonville • 459-9353

TOPSOIL

TOPSOIL AND COMPOST

FALL SPECIAL

Buy 4 yards receive the Fifth yard free! (a \$20 value)

Capital 🕰 Compost The Organic Advantage!

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434-2713

Is your ad here? Do you want to advertise with us?

Get Your Business Noticed

in the

Spotlight Newspapers Service Directory

Call 439-4940 TREE SERVICE

TIMBERLAND TREE SERVICE

Complete Removals Deadwood Removal Stump Removal • Pruning Cabling . Land Clearing



• Free Estimates • Fully Insured Scott Norton

767-2595

Advertise in the Spotlight Newspapers Service Directory

Call 439-4940 TREE SERVICES

Mike's STUMPREMOVAL Free Estimates/Insured
Reliable Service

Reliable Service 439-8707

WINDOW WASHING Shiny Window Wash Co.

Residential & Commercial amily Owned & Operated For Over 15 Years 346-5190

Fully Insured • Free Estimates Ultra-sonic blind cleaning

Get Your Business **Noticed**

In The Spotlight Newspapers **Business Directory**

potlight

ADULT CARE SERVICE

DAYHAVEN: For disabled older adults; day services, respite, alzheimer's specialty, 346-1852.

ANTIQUES

CASH PAID for your ANTIQUES. Furniture, toys, glassware, china. One item or household full. Hamilton House Antiques, 862-0001

BUILDINGS FOR SALE

4 UNDELIVERED BUILDING! MUST GO IMMEDIATELY! Factory direct! Save thousands 25x32, 30x44, 40x50, 50x110. Perfect for shops, garages, storage. Call 1-800-341-7007 www.steelmasterusa.com

MUST SELL CONTRACTOR'S PACKAGES. All Steel Buildings. 24x30x9= \$3,799; 30x40x10= \$4,895; 30x60x10= \$5,990; 50x100x12= \$11,550. United Structures. 1-800-332-6430 ext 100. www.usmb.com.

STEEL BUILDINGS Sale: 5,000+ sizes. 40x60x14, \$10,122; 50x75x14, \$13,286; 50x100x16, \$17,387; 60x100x16, \$19,028. Mini-storage buildings, 40x160, 32 units, \$17,228. Free brochures. www.sentinelbuildings.com. SentinelBuildings, 800-327-0790ext 79.



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A PERFECT EQUAL business opportunity for women & men. 1997, 1998 & 1999 People's Choice award winning HOME BASED BUSINESS. 2 hours per day earns you more free TIME & FINANCIAL FREEDOM. 24 hour message, toll-free. (888) 573-3689. Call TODAY... Your someday is NOW!

NYC STYLE DELI in upscale Shopping Center. Latham. Turn Key, Seats 24, Long Term Lease RLF Realty 489-7474.

BECOME A SUBWAY FRAN-CHISE in your area. #1 submarine sandwich franchise. Low startup cost. National Advertising, 1-888-487-5387, ext. 15.

DO YOU EARN \$800 IN A DAY? Your own local candy route. Includes 30 machines and free candy. All for \$9,995. Call 1-800-998-VEND.

CHILD CARE NEEDED

NANNY WANTED: Caring Nanny wanted in our Niskayuna home for girls, aged 3 years and aged 18 months. Full-time salary, paid vacation and personal days. Nonsmoker, car required. Call 372-

NANNY, Our Bethlehem home, 3 children, 4 days a week. Reliable transportation, excellent salary and benefits. Call for details. 475

Classified INFORMATION

125 Adams St. ---

Classified Ads Appear In All Eight Papers

In Albany County

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight

In Schenectady County

Niskayuna Journal • Scotia-Glenville Journal • Rotterdam Journal

Clifton Park Spotlight

In Saratoga County

Office Hours • Deadline

8:30 AM - 5 PM Monday-Friday

Mail Address • In Person

Delmar, NY 12054 Delmar NE 12054

Deadline: Friday at noon

Spotlight Newspapers

LP.0. Box 100

e rowis

for information.

CHILDCARE SERVICES

AFFORDABLE BABYSITTING: In my Albany home. Infant to Kindergarten, full time or part-time, 869-

INFANT & TODDLER: Very clean, safe home environment. Full/part-time, Niskayuna, 382-2456.

CLEANING SERVICES

CLEANING- residential/ small business/industrial. Free estimates. References, Call Rose 439-0350.

CORNERSTONE CLEANING: Professional, reliable. Free estimates. References. Call 439-0121.

HOUSECLEANING you can trust, excellent service, competitive rate. references, 356-5073

M & E CLEANING SERVICES: Residential, small commercial. Many references, 465-3099. SQUEAKY CLEANING Service:

4 years quality service, Call Tally, 427-2846. WILL DO HOUSE CLEANING: Excellent References, \$12 per hour, 377-2332.

CRAFT FAIR

CLARKSVILLE: School Craft Fair, Saturday, October 14th, 10AM-4PM, Raffles, Bake Sale. 768-



Phone • Fax

Readership

8 Newspapers

(518) 439-4940 (518) 439-0609 Fax

EDUCATION

EARN YOUR COLLEGE DE-GREE QUICKLY. Bachelors, Masters Doctorate by correspondence based upon prior education, life experience, and short study course. For free information, catalog, call: Cambridge State University (800)964-8316.

GET YOUR COLLEGE DEGREE TUITION FREE. That's right, get your degree tuition free at all SUNY, CUNY, Community Col-leges and Universities or up to SUNY tuition at all participating private colleges. To qualify: Non-prior service ages 17-34, prior US Military service bonus available, US Citizens or Resident Aliens, High School Grads or GED holders. You can get your degree tu-ition free with the New York Army National Guard: Call today: 1-800-GO-GUARD,

FINANCIAL

ADVANCE-FEE LOANS or CREDIT OFFERS: Companies that do business by phone can't ask you to pay for credit BEFORE you get it. For more information, toll-free 1-(877)-FTC-HELP. A public service message from the Spotlight Newspapers and the Federal Trade Commission.

FEE LOANS: It's illegal for com-panies doing business by phone o promise you a loan and ask you to pay for it before they deliver. For more information, call toll-free 1-(877)-FTC-HELP. A public service message from the Spotlight Newspapers and the Federal

PURCHASE OR REFINANCE THE "MORTGAGE PROFES-SIONALS" Buy a home, consolidate debt, home improvement, cash for any need. Best products. rates and service! Free approvals and consultation! Northern Star 1-888-253-5626. Funding www.northernstarfunding.comNY License #LMBC06272

SEASONED FIREWOOD for sale. Call 797-5106.

hardwood, \$100 face cord, delivered; stacking extra. Call 756-6902 or 365-7334.

FOUND

Salisbury Road in Delmar in August. 439-8610

kitten - Black & gray, 7-8 months old. Found in early August, Al-bany Shaker Road area, Loudonville, 3 blocks above the Albany city line. Please call... this kitty needs to find a family BE-FORE the cold weather sets in, 463-7042.

FIND SOMETHING? Advertise it free. Call 439-4940.

FURNITURE REPAIR

ISHING: Touch-up, 25 years experience. Free estimates, free pickup and delivery. Kingsley Greene, 756-3764, evenings, weekends.

GARAGE SALES

Saturday, October 14th, 9AM -4PM. Cleaning out attic, lots of everything.

DELMAR: 195 Adams Street, Saturday, October 14th, 9AM 4PM, Multi-family, toys, clothes, stereo equipment, antiques, &

Avenue, off South Albany Road, Thursday, Friday, Saturday, October 12, 13, 14, 9AM-4PM. Complete house contents; antiques, furniture, glassware, and more.

MEDICARE NEBULIZER PA-TIENTS! Stop paying cash for Albuterol, Atrovent, etc. Medicare pays for them. We bill Medicare and deliver to you. MED-A-SAVE 1-800-538-9849 ext. 18Z.

Structural repairs of barns, houses, garages. Call WoodfordBros., Inc. for straightening, jacking, cabling, founda-tion andweather related repairs. Free estimates 1-800-653-2276www.1-800-OldBarn.com.



HOME/PET SITTING

I will take care of your Home/Pets while you are away. Local substitute school teacher/ grad student ~ References. Call 478-0506.

INSURANCE

SNOWMOBILE AND A.T.V. IN-SURANCE. For lowest prices, call1-800-427-3232, 8:30am -7:00pm, Monday - Friday, 9am - 12noon, Saturday. The Getzoni Agency, Inc.

LOST

FIND SOMETHING? Advertise it free, Call 439-4940.

MISCELLANEOUS FOR SALE

AWNING: Burgundy Canvas 14' wide x 10' projection, side crank, New, asking \$1000, 591-0221.

BED: Twin, wooden. Excellent condition, \$130. ANTIQUE BUFFET: \$25. BOOKCASE: With doors, \$25... and other items. 475-9206.

BICYCLE: Nishiki 17" girls. Nearly new ~ Excellent condition, \$100, 377-8687.

CAN'T USE IT? SELL IT... and look for the treasures YOU can find in Spotlight CLASSIFIEDS! Call Susan, 439-4940.

DINING ROOM SET: Solid cherry, oval table, 2 leaves (to 78"), 6 chairs, buffet. Excellent condition, \$500., 475-1851.

FIREWOOD BRACE, holds 1/2 face cord. Handsome and sturdy design, keeps your wood dry and ready to burn. \$52.00. 861-5503.

FISH POND SET-UP, includes liner, pump filter, etc. Come see it set up. \$300. 439-6619

FURNITURE, Ethan Allen, Excellent condition, Country Crossings, maple 4 post full bed \$900, Armoire\$1700, upholstered wood armchair \$400, Farmhouse pine hutch & buffet \$1750. Legacy, double arch bookcase \$1850, Desk \$1200, Spider-back arm-chair \$450, Henredon roll arm green sofa \$1650. 438-3894.

GE UPRIGHT FREEZER, 10 Cubic foot, good condition, asking \$50. UPHOLSTERED SOFA, Gold, 7' long, 30" wide, excellent condition, asking \$300, LAZY BOY RECLINER/ROCKER, Brown tweed, excellent condition, asking \$250. LADIES UPHOL-STERED CHAIR, Slip-covered black/gold chinese motif, good condition, asking \$50. Phone 765-

LITTLE TYKES KITCHEN, \$40, House \$30, Bike \$20. Good condition. 439-8202.

MERCHANDISE FOR SALE: \$10 for 2 weeks, 1 week free (One item per ad. Must be priced under \$1000. Price must be stated in ad. Private party ads only. No vehicles, garage, lawn or antique sales. Price is for a 16 word ad. Add \$1 for each additional line.)

PHONE: Qualcomm Dual-Bands phone, 7 months old. Works perfectly, \$60. Call 484-2659, leave message.

RANGE: GE 4 burner electric "Range-Grill" with down draft, 8 years old. Remodeling ~ Must sell, \$250, 475-1104.

REFRIGERATOR/FREEZER, GE almond, 19 cubic feet, 10 years old, excellent condition. \$150. Call 765-3052.

RING: Diamond engagement, .85 ct., 14 kt. gold mounting. Appraised at \$3,300, 439-0390.

ROLLER BLADES, Blade Runner, size 4, used twice, excellent condition, \$30.00. Phone 475-3008.

SOFA BED, Queen size, from Lazy Boy Store, excellent condition, \$275. Call 357-0256.

SOFA BED: Beige, double size. Excellent condition, \$100, 439-

STAIRMASTER, Great condition, \$1500, Call 862-1867.

TROMBONE; KING, Excellent condition, used 2 years, one owner, \$325.00. Call 475-3008. DIRT CHEAP CIGARETTES!

FROM \$11.49/CT www.dirtcheapcig.com1-888-808-CIGS(2447).

SAWMILL \$3795. NEW SUPER LUMBERMATE 2000. Large capacities, more option. Manufacturer of sawmills, edger's and skidders.Norwood Sawmills, 252 Sonwil Drive, Buffalo, NY 14225.1-800-578-1363.

WOLFFTANNING BEDSTAN AT HOME. Buy Direct and Save! Commercial/Home units from \$199.00. Low monthly payments. Free colorcatalog. Call Today 1 800-842-1310.

MUSIC

STRING INSTRUMENT REPAIR: Bow rehairing, instruments bought and sold, 439-6757.

MUSIC LESSONS

GUITAR LESSONS, guitarist available for private instruction, 20+ years experience. Bass lessons also available. 372-5077.

MUSIC LESSONS/ THEORY: 3 Keyboard, string instruments and percussion. All ages ~ Beginners. to advanced. Over 30 years experience, 489-7883.

PAINTING

WANT TO CHANGE the colors of the rooms in your home? Hire a man with 15 years experience in painting, wallpapering etc.. Call today for free estimates and prompt, professional service. Bruce Hughes, 767-3634.

PETS FOR ADOPTION

DOGS: SHEPPARD mix, Foster dog "Wish I could keep him!" "Gentle" ~ "Quiet" Mature, neutered and all shots. Ideal for retiree, adult, teen. LOVING FAM-ILY PETS: 4 year BEAGLE (spayed) & 6 year BEAGLE (neutered). TWO-for-ONE: Mature, active LAB mix brothers, 371-2991. URGENT: Playful LAB/ DALMATIAN mix, 8 months, 393-

FAMILY PET ADOPTIONS, lost/ given up because of family circumstances. Ballston Spa 885-4113. Rotterdam/Schenectady

PIANO TUNING & REPAIR

PROFESSIONAL PIANO tuning and repair, Michael T. Lamkin Registered Piano Technician, Piano Technicians Guild. 427-1903.

POSITION WANTED

ALZHEIMER'S RESPITE CARE PROVIDER: Your home, experienced ~ Completed Alzheimer's Associations Respite/ Complain q ion Training Program. Linda, 788 .. LPC AH 4

SPECIAL SERVICES

LINOLEUM FLOOR REFINISHING: DOUG'S STRIP AND WAX. I will make your kitchen floor look new again, guaranteed. Specializing in no-wax and linoleum floors. 20 years experience, but new to your area. Call for estimate. You'll be glad you did. Doug. 370-2631.

'SPEEDING TICKET? You don't have to plead guilty! If you are a new driver or have a relatively clean driver's record, you can avoid insurance rate hikes and points on your license. You may not even have to appear in Court. All for less than you might think! Save your money, call me. George P. Kansas - Attorney: 475-2828.

TUTOR

EXPERIENCED: Certified teacher will tutor grades K-6, all subjects, 785-6674.

TUTOR, High School Math and Physics. 346-3862.

WANTED

ABSOLUTE BEST prices for old costume jewelry and real jewelry, antiques of all types and contents of estates. Call ROSE, 233-1195.

ANTIQUE PAPER ITEMS: autographs, photographs, steroviews, daguerreotypes; sports programs, auto and motorcycle sales literature; road maps, travel brochures, airline and oceanliner schedules; political items; General Electric Edison-Mazda calendars, posters, scrap books, sheet music, billheads, stocks; maps and globes, post cards, children's books; Halloween and Christmas decorations; games and puzzles, old advertising signs, et cetera. Tom Jardas, 356-0292.

DISHES: Private Collector buying Stangl, Quimper, Blue-Ridge, Villeroy and Boch, Lenox, Johnson Bros., Portmeirion, Metlox ~ Any and All! No Dealers, 475-1104.

FOR MY COLLECTION: Old fishing lures. Cash paid. Mike 370-

WANTED TO BUY, Wooden playground set with swings, slides and climbing structure, 475-1067.



Order Form

1 word per line • 4 line minimum

____ State _ City: __ Zip ____

_____ Work Phone ___ Home Phone _ Amount Enclosed ____

MasterCard or Visa# ___

Classified Rates Private Party Classifieds - Line Ads - Eight paper combo \$10 for

10 words 30 cents for each additional word. Merchandise for Sale - \$10 for 2 weeks, 1 week free (One item per ad. Must be priced under \$1000. Price must be stated in ad. Private party ads only. No vehicles, garage, lawn or antique sales. Price is for a 16 word ad.

Add \$1 for each additional line.) Commercial Classifieds - Line Ads - Eight paper combo - \$13.50 for 10 words 30 cents for each additional word. Multiple insertion discounts

available. Please call for information. Display Classifieds - Several combination rates are available - please call

Business Directory - Several combination rates are available - please call

for information. Ads will appear in all eight newspapers, as well as on the internet for the number of weeks requested.

_ Number of Weeks _

Expiration date:

Signature:

CREDIT OFFERS or ADVANCE-

Trade Commission.

FIREWOOD

SEASONED FIREWOOD: Mixed

CAT, large, long-haired, black, found near Delaware Avenue and

CAT: Young adult. Beautiful tiger

FURNITURE REPAIR/ REFIN-

DELMAR, 92 Hudson Avenue,

ESTATE SALE: Selkirk, 18 Currey

HEALTH AND FITNESS

HOME IMPROVEMENT



Spotlight on EMPLOYMENT

HELP WANTED

"Stay at home moms! GREAT AT-TITUDE A MUST...Wanted; Professional Personal Assistant. Experience a plus, healthy attitude a must, discretion and good judgment essential. Work from home and/or my office starting out about five hours a week and building up. Lots of telephone work, some clerical, some sales. Get ready to grow! Call 475-0489 - leave 30 second message of why we should work together and a daytime telephone number where I can reach you".

*TOYS*TOYS*TOYS* The Toy Maker specialty toy store in Newton Plaza, Latham, is seeking full and part time associates. Work in a fun, enjoyable environment. Flexible hours and generous employee discount. A position you will love! Call 220-9838.

ABSOLUTELY GREAT EMPLOY-MENT! Train to be a professional tax preparer. Employment to fit any schedule. Homemakers welcome. Jackson Hewitt, 452-1284.

ALTIERI'S OF GLENMONT, Full and Part-Time Waitstaff, Benefits available. Apply in person.

Are you connected? Internet users wanted. \$500-\$7500/month. www.BESTeBiz4u.com

BILLING CLERK: Main-Care Energy, an Employee-Owned, Energy Sales & Service Company is looking for a PART-TIME/SEASONAL Billing Clerk. Hours are Monday Friday, 9AM-3PM, starting now through April 30. Candidates are required to process and reconcile accounts receivables. Data entry required. We're a progressive company with competitive salary. Please send resume to: Main-Care Energy, Attn: Lynn, PO Box 11029, Albany, NY 12211

BOOKKEEPER, Part-time, Mailboxes, Etc., Delmar, Knowledge of QuickBooks through to General Ledger, Customer service experience a plus. Richard 439-0211.

BOOKKEEPER: Fast-paced local research firm, 30-40 hours/wk. Experience required in computerized accounting and spreadsheets. Low 20's with benefits. Send resume: PRA, 345 Delaware Avenue, Delmar, 12054 or fax 439-7612.

BOOTH RENTAL: In a very busy, large shop ~ Prime location, parking, busline. Hairdresser and Nail Tech Specialist welcome. All utilities included. Call 452-3689.

BOOTH RENTER Wanted: Hair stylist, Nail tech or skin care specialist. Great location, very busy shop. Ask for Linda or Joanne, 455-

CAREER CHANGE? Are you in teaching , health care, human resources, sales, etc.? have you thought about a career change? You may have the skills that we are looking for. Call for a free packet or interview. Cathy Griffin, 448-8815. Prudential Manor Homes, Real-

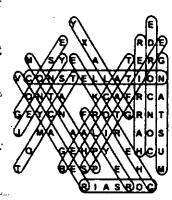
CHILDCARE: Do you enjoy working with children? Before school program staff needed, 7:15-9:15 AM, \$6.50 plus benefits. School's Out, Inc. 439-9300.

CLEANER: Environmental Service Systems, Inc. has immediate parttime openings in Clifton Park. Positions are evenings (2-4 hrs/night), Monday - Friday. Duties include vacuuming, dusting, and other commercial cleaning tasks. (518) 438-8059 or (800) 805-6599 or apply in person at 85 Watervliet Avenue in Albany.

CLEANING PERSON NEEDED: Experience preferred. For more information, call 436-3534.

COLONIE SEASONAL BUSI-NESS: Seeks motivated individual for computer data entry and varied duties. Monday thru Friday, 8:30 a.m.- 5:00 p.m. (flex hours available). Call 489-8389.

Names of Planes



COPY EDITOR: Part-time copy editor position for 8 weekly newspapers in the suburban Capital District. Editing experience desirable. Pagination experience a plus. 16-20 hours a week. Forward resume to Susan Graves, Executive Editor, 125 Adams Street, Delmar, NY 12054, 439-4949 or fax 439-0609.

CUSTODIAL: 3 to 8 hours, parttime, could lead to full time. Starting pay \$8+ per hour. Applications accepted 735 Watervliet Shaker Road, Latham, NY. NO PHONE CALLS

CUSTOMER SERVICE ~ RETAIL: Mail Boxes Etc. Delmar. Approximately 30 hours per week,days, year round; interesting responsibilities, co-workers, and customers. If this is right for you, it will be interesting for you. Call Richard, 439-0211.

DATA ENTRY: Part-time (20 hours per week). Human services research and consulting firm seeks data entry coordinator to provide data entry and clerical support to 2 federally funded research studies. Computer experience and ability to work independently required. \$10 / hour. Please contact abracken@ahpnet.com or fax a.bracken (518)475-7654.

DELIMANAGER: Experience, reliable. Monday- Friday, 7:00 a.m.-3:00 p.m. Call Houghtaling's Market, 439-0028.

DENTAL OFFICE, Part-time/Fulltime, front desk staff needed for busy dental office. Experience preferred, however will train right person. Call 439-3299 or fax resume 439-3589.

DISHWASHERS: Full or part-time. Good pay... Apply in person Alteri's, 318 Delaware Avenue, Delmar.

DRIVERS: Part-time or full time drivers with their own vans or pick-ups (with caps), maybe a car. We have work available 24 hours/day, 7 days a week. Local and long distance deliveries. Call (518)-438-3286, Tuesdays to Thursdays, 10:00 a.m.- 4:00 p.m.

EMPLOYMENT/FULL-TIME, Administrative Assistant for busy Delmar Real Estate Agent. Organized & positive person with excellent communication skills & computer experience. Fax resume to 439-0728 or email to jrosen10@aol.com.

GARDENER, Bethlehem area, 439-0793.

Government Wildlife Jobs! Great Pay and Benefits! No Experience Necessary! The ticket to a dream job might really be a SCAM. To protect yourself, CALL the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit www.ftc.govtolearn.more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

HANDYMAN, Bethlehem Area. 439-0793.

High-Paying Postal Jobs! No Experience Required! DON'TPAY for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit www.ftc.gov to learn more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commis-

MIDDLE SCHOOL, afterschool program in the Pit, seeking adult supervisor and local college students, High School Seniors, Monday Friday, 2:30PM - 4PM. Apply at Parks and Recreations office or call 439-4131

NEED CHRISTMAS MONEY? Ideal for homemakers/ mothers: Select and pack small fund raising

orders until December, Monday thru Friday, 8:30 a.m.- 5:00 p.m. (flex hours available). Call 489-8389.

Now Hiring! Federal and Postal Jobs! CALL the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, to find out how to avoid job placement scams. Or visit www.ftc.gov. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

OFFICE ADMINISTRATOR: Halftime, Hours flexible. Reduced summer schedule. Salary commensurate with experience and qualifications. Methodist Church, Voorheesville. Call 765-2895.

OFFICE POSITION, Selkirk area, telephones, accounts receivable/ payable, radio dispatching, computer skills, benefits, full-time. Starting pay rate \$7.50/hour. Call for an interview. 767-8322.

PART-TIME CHURCH SECRE-TARY, Monday through Friday, Computer skills helpful. Send resume to Pastor Ward, Immanuel Lutheran Church, 1850 Union Street, Niskayuna, NY 12309.

PIZZA MAKER, Experienced, hardworking. Good pay, part-time nights and week-ends. Apply in person 2PM to 6PM.

PROCESS SERVER ~ Part-time: Attorney Service Company seeks very responsible individual for delivery of legal documents throughout the Capital District. Reliable car, clean NYS license, and flexible schedule with some evenings and Saturdays required. Experience preferred, but will train. Very good earning potential for ambitious person. Forward resume and letter of interest to: LLS, PO Box 9132, Albany, NY 12209 or fax to (518) 463-3681.

REGISTERED NURSE: Slingerlands Internal Medicine Office. Triage 3-5 days per week, clerical. Fax resume to 478-0716 or mail to PO Box 610, Slingerlands.

REGISTERED NURSE: Slingerlands Internal Medicine Office, 2 days per week. Fax resume to 478-0716 or mail to PO Box 610, Slingerlands.

SALES ASSOCIATES: Full time/ part-time sales associates wanted, days and weekends. Join other dedicated and hard working individuals in a fun and unique retail environment. Competitive wages. Apply in person, Pearl Grant Richmans, Stuyvesant Plaza, Alhanv.

SPORTS EDITOR: Full time position to coordinate sports coverage for 8 weekly newspapers in the suburban Capital District. Writing, editing and pagination experience desirable. Compensation includes salary and full time benefit package. Forward resume to Susan Graves, Executive Editor, 125 Adams Street, Delmar, NY 12054, 439-4949 or fax 439-0609.

SUBSTITUTE TEACHERS: Contact Ravena- Coeymans- Selkirk

Central School District. 756-5213.

TEACHER - Toddler Room, Child Care Center in Niskayuna. Must Have degree/CDA, Great benefits, 370-7333 EOE.

ADULT CARE WANTED: Care person for elderly woman, our Colonie home, Live-in or flexible schedule. 439-0793.

TEACHER AIDE substitutes for all schools at RCS Call 756-5204 for application.

WAITRESS, Experienced, Good pay, hard-working, part-time nights and week-ends. Apply in person 2PM to 6PM.

Flexible schedule. Stop in for application Friendly's, Elsmere. Call 439-3242 for more information.

WORK FROM HOME, Growing

Communications Company, seeking outgoing representative. Earn

WAITSTAFF, GRILL POSITIONS.

serious income, full-time/part-time. 1-888-308-6198 Code 04. \$40K TO \$60K YR. POTENTIAL! data entry: We need claim processors now! No experience needed.

Will train. Computer required: 1-

888-314-1033 dept. 310.'

AIM HIGH. Jobs available in over 150 specialties, plus: *Up to \$12,000 Enlistment Bonus *Up to \$10,000 Student Repayment*Prior Service Openings. High school grads age 17 - 27, or prior service members from any branch, call 1-800-423-USAF to request additional information or visit www.airforce.com AIR FORCE.

ATTN: COMPUTER, INTERNET PERSONS WORK ONLINE! \$125.00 to \$175.00/hour from your own PC! Free training! Vacations, bonuses. Incentives! Bi-linguals also needed! Free E-Book: www.richnfree.com. (863)993-1031

AVON- Start your own business. Work flexible hours. Enjoy unlimited earnings. Call toll free. (888)942-4053.

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Part-Time
Positions
Available
Flexible hours,
Free food

Great for moms & students.
Apply in person. (518) 456-0266

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DRIVERS: OWNER OPERA-TORS/ COMPANY (singles & teams), leasepuchase program available. No money down & no credit check. Fule incentives, new pay scale & more! Call Burlington Motor Carriers 1-800-583-9504.

LEADING MARKETING COM-PANY SEEKS REPRESENTA-TIVES To executein-store coupon/ sample distributions and productdemostrations. Must be responsible, outgoing, energetic, personable and available Thursday through Sundays. Excellentpay. Call (800) 866-2399ext.324.EOC.

MANAGER OPPORTUNITIES -HICKORY FARMS has seasonal manageropenings in a mall near you. Easy training programs, competitive salary, bonuses, 40% employee discount. Call1-800-228-8229 EOE.

\$505 WEEKLY GUARANTEED working for the government, at your leisure. Part-time. No experience required. 1-800-748-5716 X109

Driver/ KLLM N.E. REGIONAL \$.40/mi.- All Miles! Home weekly, Teams/ Solo's OTR to \$.41/mile. Condo's. \$10,000 bonus. CDL/A EOE 1-800-925-5556.

Drivers-Experienced drivers start at \$.34/ mile, top pay- \$.40/ mile. Regional \$.36/ mile. Lease Program, New/ Used! M.S. Carriers. 1-800-231-5209 EOE.

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Glenville Branch, seeks individuals with outstanding customer service skills. We offer competitive compensation, excellent benefits, training and opportunity for advancement.

MEMBER SERVICE REPRESENTATIVE

Financial institution experience required for full-time Member Service position. Starting \$8.65 per hours.

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Answer to Super Crossword

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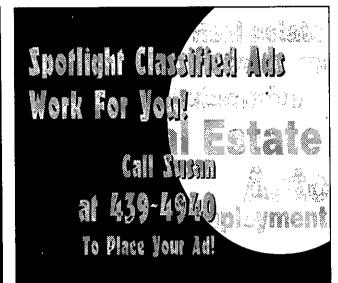
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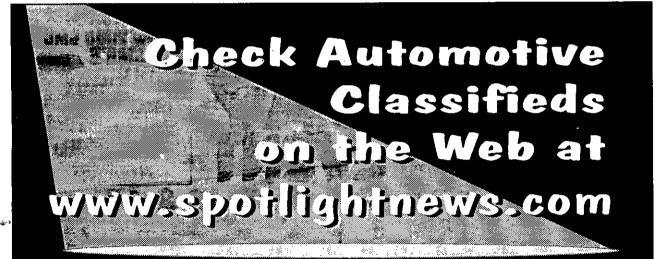
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Spotlight on AUTOMO

Repair and Restoration

You say you need a new car? The old one is shot? It could be a state of mind, says the Car Care Council, who contends that most vehicles today lend themselves to "R & R" (repair and restoration) as opposed to retirement or a ride to the recycling yard. Thanks to technology, even a badly accident-damaged car can be given new life.

It's a matter of improved materials: better upholstery fabrics, for example, which clean and wear better, improved paint and trim, advanced mechanical design that has extended the average age of a car from about 6 years. in the early '60's to nearly 10 years today. In the same time frame we've tripled the miles driven.

So why do people buy new or newer vehicles? Advanced safety features and fresh styling are two good reasons. Another is that a major component in the old car has

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gone bad. An engine that's badly overheated, for example, can self-destruct in the time it takes to read this article. The transmission, whose cooling is derived from the engine cooling system, soon may be severely damaged if the engine is seriously overheated.

But that's not always a valid reason to trade, says the Car Care Council. An engine, transmission or virtually any component of a vehicle can be replaced with a new or rebuilt counterpart. Even older cars, although depreciated in dollar value, still provide excellent transportation. Is it worth putting a \$2,000 rebuilt engine in a \$5,000 car? Absolutely, if the car is basically sound and your objective is good transportation rather than status.

In fact, says the Council, there are some who consider a good

old car a status symbol in its own right.





Like your home, your vehicle represents a major investment. As such, there's a lot to be said for redecorating, improving and sticking with it. The least attractive accessory is a thick monthly payment book.

Free information about rebuilt engines is available in a pamphlet. For your copy send a stamped, self-addressed envelope to the Car Care Council, Dept. PKO-NEPMA, 42 Park Drive, Port Clinton, OH 43452. Additional information is available on the Council's web site at www.carcarecouncil.org



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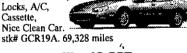
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