

Bethlehem police promotions OK'd

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Festival of Trees returns to institute

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Holiday Gift Guide I

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November 21, 2001

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The Spotlight

How sweet it is!

By ROB JONAS

Under normal circumstances, the annual Bethlehem football team banquet celebrates the achievements of the season and gets the younger players pumped up for next year.

But, last Sunday's banquet was different. The players didn't assemble to talk about the season that ended because the season isn't over yet. Not by a long shot.

The Eagles advanced to the state semifinals for the first time in school history with a convincing 32-6 victory over Newburgh Free Academy (Section IX) in a Class AA regional game last Saturday at Dietz Stadium in Kingston.

"We prepared very well for (Newburgh) this week," senior wide receiver **Brendan Hughes** said. "We had two weeks of tape on them, including their loss to Shenendehowa, and we had a very good scouting report on them."

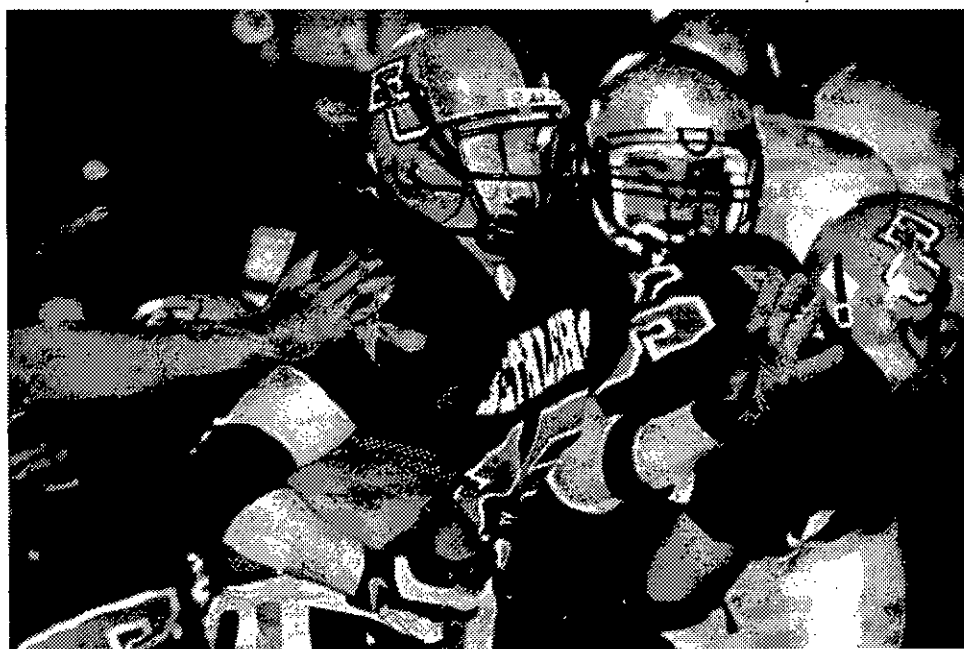
Bethlehem (10-1) jumped out to a 25-0 halftime lead on the strength of quarterback **Mark Bulger's** arm. The senior completed seven of eight passes for 201 yards and two touchdowns in the first half to earn the offensive most valuable player award.

"I think they definitely felt they had to stop our run and they could handle our pass guys," Bulger said. "And our pass guys just kept getting open."

The first touchdown pass caused some controversy. Bulger found Hughes open along the right sideline and threw a long pass that Hughes hauled in for a 73-yard scoring play midway through the first quarter.

Newburgh claimed that Hughes had stepped out of bounds and came back onto the field before catching the pass, and for a moment it looked like the play would be called back. However, after the referees consulted each other, it was determined that Hughes was a legal receiver and the play stood.

"What happened was (a Newburgh defender) pushed me out of bounds," Hughes said. "If you're pushed out of bounds, you can still come back in. If you voluntarily step out of bounds, then you



Running back Pat Heenan heads up field last Friday night in Kingston.

Jim Franco

can't."

Even before Hughes' touchdown catch, Bethlehem looked like it would have an easy time with Newburgh's defense. On the third play from scrimmage, running back **Pat Heenan** took off for a long run, but the play was called back due to a holding penalty on the Eagles. The next play, Bulger connected with Hughes.

"It was frustrating," Bethlehem coach **John Sodergren** said. "I'm certainly glad we got a score out of it because you hate to see a long run like the one Heenan had get called back."

Once the Eagles got the first touchdown, the floodgates opened.

Bulger opened the team's second offensive series with a 25-yard pass to **Jim Morrill**. Two plays later, Heenan broke free for a 20-yard run to Newburgh's 1-yard line. Heenan plowed into the end zone on the next snap to give the Eagles a 12-0 lead.

Newburgh (5-5) tried to get something on the scoreboard early in the second quarter. The Goldbacks drove to Bethlehem's 12-yard line, but their field goal attempt sailed low and to the right to end the series.

Once again, the Eagles offense moved down the field with little resistance. A 17-yard pass from Bulger to **Eric Zimmer**

□ SWEET/page 32

Town police release 2000 stats

By JOSEPH A. PHILLIPS

The 2000 Annual Report of the Bethlehem Police Department, presented to the town board by Chief **Richard LaChappelle**, reflects the growing pains of the most rapidly expanding bedroom community in Albany County. Added to that were the demands the department confronted in the wake of the 2000 landslide.

The role of law enforcement, especially in a suburban community, is more service oriented than in an urban setting.

Richard LaChappelle

The Normanskill hillside failure placed burdens on the police force that contributed to a drop in what LaChappelle characterized, in an interview last week, as "self-generated police activity" — overall patrol mileage, traffic enforcement stops, motor vehicle arrests and seat belt violations.

But calls for service from residents in 2000 were up by more than 18 percent, to nearly 22,000 calls — further reflected in a rising number of home security

□ POLICE/page 32

Ex-weapons chief: More humane policy

By ANN TREADWAY

There's a large American flag hanging in front of the yellow and brown house in a Delmar neighborhood, and a Marine Corps insignia on the welcome mat.

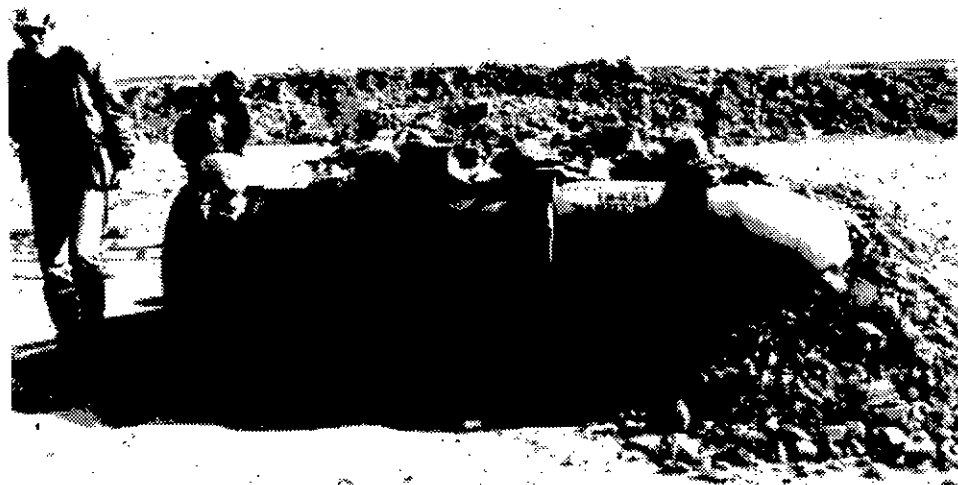
It's the home of **Scott Ritter**, 40, a former Marine and former head of the United Nations weapons inspection team in Iraq.

From late 1991, after the Gulf War to 1998 Ritter headed up UNSCOM, the United Nations task force sent to Iraq to make sure the country was disarmed. Iraq had started the war by invading Kuwait, and the inspections — along with economic sanctions — were approved by the U.N. Security Council.

Ritter left the chief inspection post three years ago, making no secret of his disagreement with the U.N. policy of continued sanctions against Iraq. By the mid-1990s, he said, Iraq's "weapons, factories and equipment were 95 percent destroyed."

His team was ordered to keep going forward, Ritter said recently, even though the country was largely disarmed, and its citizens were suffering due to the sanctions that prevented food and other needed supplies from being sent in.

Ritter blames domestic policies for



Scott Ritter stands next to a bomb his U.N. inspection team uncovered while on duty in Iraq after the Gulf War.

the continuation of the sanctions.

"All the politicians cared about was getting Saddam Hussein, he said, "and that couldn't be done because of his brutally efficient security system."

But in the meantime, millions of Iraqi civilians died because of the continuation of the UN sanctions, Ritter added.

Ritter has lobbied hard since 1998 for a more humane foreign policy, briefing White House aides, appearing on the "Today Show," and talking to anyone who

would listen to his concern for the terrible deprivation of life in the Middle East.

Today, Ritter is still speaking out with a new but related message. He said, "We

□ HUMANE/page 14

Town Squire development moves ahead

By JOSEPH A. PHILLIPS

The ongoing redevelopment of Glenmont's Town Squire Plaza reached several milestones in the past two weeks — including a green light from the planning board for construction of the proposed Price Chopper Super-Center, the grand opening of a new

□ SQUIRE/page 15

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THE SPOTLIGHT \$.75

Town police arrest four on DWI charges

By JOSEPH A. PHILLIPS

Bethlehem police arrested four individuals last week on charges of driving while intoxicated (DWI).

Three arrests took place on Sunday, Nov. 11, the first shortly after 1 a.m. Officer George Travis, patrolling River Road in Selkirk, observed a vehicle parked at the pulloff near Exit 22, its driver still seated inside. Travis continued his patrol, and minutes later observed the same vehicle southbound near Maple Avenue, weaving across the road.

He stopped the vehicle near the Coeymans town line, and with the assistance of Officer Adam Hornick, administered field sobriety tests on David Michael Geoghegan, 36, of 628 Route 143, Ravena. Geoghegan was arrested for DWI and cited for crossing hazard markings and failure to keep right.

Shortly before 3 a.m., officer Brian Hughes observed a westbound vehicle swerving on Kenwood Avenue near Borthwick Avenue.

Hughes stopped the vehicle near McCormack Road and, assisted by officer Craig Sleurs, administered field sobriety tests and a preliminary screening on the driver, Caroline Marie

Sombat, 20, of 1469 New Scotland Ave., Slingerlands. Sombat was then arrested for DWI, and cited for failure to keep right and crossing hazard markings.

At about 7:20 p.m., Travis confronted a man allegedly urinating behind Delaware Plaza and advised him to leave. When the man, identified as Jeffrey Ellsworth Miller, 23, of 107 Delaware Ave., Albany, failed to use his seatbelt as he drove away, Travis stopped him.

After administering field sobriety tests with the assistance of Officer David Caputo, Travis arrested Miller for DWI and cited him for a seatbelt violation.

Another arrest occurred on Thursday, Nov. 15, shortly after 1 a.m. Sleurs observed a vehicle running a stop sign at Schoolhouse and Krumkill roads, nearly striking another vehicle in the intersection. He pursued the offending vehicle, which pulled into a driveway on Krumkill.

Sleurs administered field sobriety tests and a preliminary screening on James Philip Hagadone, 46, of 25 Goodfellow Road, Westerlo, and arrested him for DWI.

All four individuals were ordered to appear in Town Court on Dec. 4.

Glenmont church slates budget workshop Nov. 29

Glenmont Community Reformed Church will host a budget workshop for single parents on Nov. 29, from 7 p.m. to 8:30 p.m.

Leading the program will be Lisa Verstandig from the Albany County Cooperative Extension Office.

The workshop will focus on helping single parents set up a family budget, set financial goals, target where expenses are really going and manage debt.

It will also help those who are newly single and are now faced with having to pay the bills for the first time or credit debt.

The cost to attend is three dollars per family. Children in second to fifth grade can participate in the church's Youth Group activity that evening.

Child care for other ages can be arranged.

For information, call 463-6806.

Pulling together



A Bethlehem resident on Wemple Road created this patriotic harvest display.

Jim Franco

Library programs set Police report incident

By JOSEPH A. PHILLIPS

Bethlehem Public Library, 451 Delaware Ave., Delmar, has scheduled a variety of programs for the upcoming weeks.

- Saturday, Dec. 1: A feast of winter stories, songs, flannel board fun and a crafts is at the library's "Saturday Storybreak" for children age 3 to 6 at 11 a.m.

- Sunday, Dec. 2: Speech and language professionals Emilia del Pino and Amy Von Fricken will present a "Play and Language Workshop" for parents, teachers and others who interact with children ages 2 to 5. The workshop is designed to enrich children's speech.

- Wednesday, Dec. 5: Mr. Old-Time Radio, aka Jack Keenan, will take his audience on a trip down memory lane at 2 p.m. His talk will be punctuated with sound recordings from radio's Golden Age.

For information about any of

An incident that began as a suspicious vehicle report and an apparent joyride on a power-line right-of-way off Feura Bush Road is now being investigated for possible stolen vehicle and arson charges, according to Bethlehem police.

Responding to reports of a suspicious vehicle on the Delmar bypass and Elsmere Avenue at about 7 a.m. on Saturday, Nov. 3, police observed the vehicle turning onto a Niagara Mohawk Power Corp. line right-of-way off Elsmere, heading east. The vehicle, a Pontiac Grand Am, was found abandoned several hundred yards from Feura Bush Road, with its back-seat interior on fire and its plates missing.

Delmar and Elsmere fire units responded to extinguish the fire, and burned aerosol cans were found in the rear of the vehicle.

Responding to a report of

several individuals emerging from the nearby woods into a residential back yard along Feura Bush Road, police later stopped four individuals walking along the road. After questioning, Theodore Matthew Hudson, 28, of 32 Central Ave., Albany, who was identified as the driver of the abandoned vehicle. A license check turned up an outstanding warrant for his arrest by State Police in Catskill on an unrelated stolen vehicle charge.

According to police, further investigation disclosed a questionable trail of ownership on the Grand Am, traced to a garage at Brookwood Mobil in Glenmont and equipped with plates previously removed for disposal at that garage from a vehicle belonging to another driver.

Hudson was ticketed for several vehicle and traffic violations, and along with his passengers — David A. Hobson, 25, of 54 Esplanade Street, Selkirk; Thomas Lee Panter, 19, of 146 Hudson Ave., Delmar; and Licia Maria Sbardella, 29, of 194 East 2nd St., New York City — was also cited for trespassing on the power line right-of-way.

Hudson was turned over to state police to be held on the previous stolen vehicle count while Bethlehem police complete their investigation.

Recycle this newspaper



*Good Samaritan
Senior Living*

by Lee Bormann
President/C.E.O.



Deal Yourself A Healthy Hand

One of the most enjoyable leisure pursuits among people of all ages is playing a good game of cards. And, perhaps no age group derives more benefit from getting together regularly at the card table than seniors. Recent research indicates that card playing fosters good health, well-being, and longevity by increasing social contact and stimulating the mind. Most recently, researchers at the University of California at Berkeley studied the effect of playing bridge on twelve women. They found that the game boosted disease-fighting T cells in two-thirds of the group. It is thought that playing bridge may stimulate the area of the brain behind the forehead, called the dorsolateral cortex, which may play a role in immune function.

Playing cards is also just plain fun and the social connection makes us laugh and enjoy life, all of which has a good effect on the brain, not to mention the spirit. At Good Samaritan Lutheran Health Care Center, 125 Rockefeller Road, our residents enjoy their time together, and cards is just one of many activities that people find pleasure in. Call us at 439-8116 for more information.



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Board OKs police promotions

By JOSEPH A. PHILLIPS

Bethlehem's police department continues to undergo what chief Richard LaChappelle characterizes as a transformation "from an old department to a very young department."

That transformation was marked by the town board's approval last week of five internal promotions.

Lt. Timothy Beebe, who currently heads the department's patrol division, and Lt. Lou Corsi, who heads the headquarters division and has supervised special services division, will both become deputy chiefs, and both will draw annual salaries of \$63,184. The appointments will take effect Dec. 15.

Corsi will assume command of the patrol division — and Beebe of the special services division, which includes overseeing departmental training and supervising the detective bureau and a youth services unit that will be transformed to a new family services structure, LaChappelle said.

That change will broaden the youth services bureau's responsibilities to include oversight of senior, family and domestic investigations, LaChappelle said — a change under consideration for the past year.

"The direction we're going in now is that the youth bureau will take on increasing emphasis on certain types of investigation, but the structure will be basically the same," LaChappelle said. A key step in furthering that new emphasis will be the promotion of two youth service officers to detective status, a plan first outlined in department's budget request for 2002 in September. The first of those appointments, officer Anthony Arduini, was also approved.

Sgt. Robert Berben was promoted to lieutenant, and officer Brian Hughes was promoted to sergeant to fill Berben's spot.

The promotions leave two spots for new patrol officers, the result of retirements announced in September. Another slot could open up soon, with the likely retirement of an officer who has been on long-term disability leave.

That leaves two remaining officers on disability leave whose cases have yet to be resolved, LaChappelle said.

As for new appointments to fill the roster vacancies, a new class is scheduled to begin training in January at the Zone 5 Law Enforcement Training Center,

LaChappelle said.

LaChappelle also said he anticipates retirements early next year of two more officers currently on active duty. Should all the anticipated retirements take place, seven new appointments to the 41-member force would continue a youth movement that has seen five new patrol officers added to the force since last October.

"The additional hires the town authorized last year and the retirements made possible these promotions and replenished the patrol schedule," he said. "Our manpower is certainly better than it has been in quite some time."

A vacancy remains in the family services division, he said, but will not be filled until the patrol division is fully brought up to strength, permitting a transfer of an officer from patrol division to the special services.

The influx of new blood on the force, he said, is "both so good and so bad, in different ways. We've lost a lot of good, experienced officers, but we've gained a lot of young, knowledgeable officers with more extensive training. I think it bodes well for our future."

He said the appointments of Beebe and Corsi were made with one eye on the department's future. LaChappelle will have 35 years' service in March 2003.

"I expect my retirement to be not too far before or after that," he said.

"My interest was not to steer in one person (as a likely successor)," he said. "My intent was to prepare the people in line to replace me with a much broader background. The people on the board will be able to consider men who have experience so that, no matter what they choose, the department will continue with the same level

of standards that have come to be expected.

"After 35 years, you have to think, do I still have 100 percent left to give? I think realistically at 35 years I'm going to have some decisions to make. And if I did retire in March 2003, I'm confident what I'm doing now will adequately prepare the department for the continuity of what's going on now."

Clearing the promotions backlog also comes against the backdrop of renewed negotiations between the Bethlehem Police Officers Union and the town over a new three-year contract, due for renewal at the end of December.

The Bethlehem local has since terminated its affiliation with Local 82, and officer Scott Anson is now president of the newly-independent union. Preliminary negotiations have been under way for several months, and the board adjourned to executive session after the meeting to discuss the current state of those talks.

"I'm very happy to be a part of this board to effectuate these promotions," said board member George Lenhardt, who is on the negotiating team for the town in the pending contract negotiations.

"I think the officers who were promoted were very well-deserving individuals and certainly have represented the town well," said Supervisor Sheila Fuller said. "I have recognized for years the excellent people in our police department." She particularly welcomed the promotions of Beebe and Corsi.

"Lt. Beebe and Lt. Corsi both act almost as deputy chiefs now, and I have certainly worked closely with both of them," she said. "I have a lot of respect for Lou and for Tim Beebe. They both have done an excellent, excellent job."

I have recognized for years the excellent people in our police department.

Sheila Fuller

Village to replace tank

By JOSEPH A. PHILLIPS

The Voorheesville village board, at two special meetings, has opted to move forward with proposed improvements in the village water district that are expected to cost up to \$1.5 million. The project includes construction of a new supplemental tank in New Salem and replacement of existing mains running along Route 85A.

The board met Nov. 8 to discuss the study by Lamont Engineers of Cobleskill, proposing construction of a new half-million gallon storage tank on the site of a now-abandoned reservoir near the intersection of 85A and New Scotland Road. The new tank will take the place of the water district's 1-million gallon storage tank on Woods Hill Road, as it undergoes much-needed renovations next year. It will then provide permanent reserve

storage.

The Lamont study also recommends replacing existing 4-inch mains with 10-inch mains.

At a second meeting last week, the board also decided to award an engineering design contract to Lamont without soliciting bids.

"The board reviewed our policy manuals with respect to awarding (the contract) without bidding, and determined it was not inconsistent with the law or village policy," said Mayor Ed Clark.

"We decided this qualified as (an emergency project) that had to be completed by the end of the next building season in order to perform the essential renovations on the old tank," he said. "What we're unanimous about is, we have to get this done, and we like the work that's been done so far (by Lamont). Time is of the essence."

Relief effort



Ben Conti and Matt Cleary sell snacks at Patriotic Day at Elsmere Elementary School last Saturday.

Jim Franco

Budget gets green light

By JOSEPH A. PHILLIPS

The Bethlehem town board approved its proposed 2002 budget and conducted two public hearings last week.

A hearing to permit residents to grieve their sewer tax assessments for the coming year passed without comment, and the town board quickly OK'd the proposed tax rolls. The town's proposed \$25.5 million budget for 2002 also passed.

So did the expenditure of \$28,000 out of capital reserves by the town Parks and Recreation Department, to underwrite a restroom addition on a snackbar planned by the Bethlehem Tom-boys boosters for the public ball field on Line Drive in Delmar.

A public hearing on the request by First Columbia Slingerlands LLC for rezoning of a 3/8-acre residential parcel on New Scotland Road, to be added to an existing 17-acre site already zoned as a Planned Commercial District, also proved uneventful.

"We currently own the 16-acre parcel that surrounds it," said First Columbia's Chris Bette.

First Columbia proposes to build 40,000 square feet of office space in two buildings on the combined site, and the town planning board last month endorsed the rezoning request.

"We don't have any tenants lined up at this point," Bette said in response to a question by board member Dan Plummer. "We're trying to get something that is shovel ready."

The board postponed a vote on the rezoning request, and the "negative declaration" on the project's likely environmental impact also recommended by the planning board, pending comment by officials of the state Department of Transportation on the project's driveway configuration and its impact on traffic on New Scotland Road.

Bette indicated he planned to speak to DOT officials, and anticipated no problems. Super-

visor Sheila Fuller said she hoped to conclude a rezoning vote at the board's Nov. 28 meeting — clearing the way for further site plan review by the planning board.

Between the two abbreviated hearings, the town board took up a request from Selkirk resident Kenneth Gonyea to renew his permit to dump clean fill on a piece of property at Route 9W and Old Town Road. Gonyea, under contract to remove clean soil from the construction site of ongoing renovations at the nearby A.W. Becker School, has used the soil as clean fill on the undeveloped Old Town property.

The permit renewal request, originally on the board's Oct. 24 agenda, was tabled to permit Town Clerk Kathleen Newkirk to notify owners of nearby properties. That notification brought a response from Michael Reynolds, the dumping site's next-door neighbor, who submitted a letter distributed to the board questioning Gonyea's plans.

He expressed concern about runoff implications of the dumping on his property, about possible inaccuracies in boundary-line maps between their parcels, and about Gonyea's long-range intentions for development.

"I wonder how this is going to affect our property and our home," he said.

Gonyea said he has no intentions of building on the site now, but that a proposed site map showing a small building and parking was just intended to satisfy the building department in connection with the dumping application of the feasibility of doing so without intruding on existing wetlands on his property. "I have no problem with moving the building somewhere else if someday I decide to build on there," he said.

Fuller recommended tabling the matter until the two land-owners could resolve any discrepancies in their survey maps, and the board voted to do so.

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Despite Sept. 11, there is much to be thankful for

By KATHERINE McCARTHY

There's a great German word for the sort of senseless complaining about little details that really shouldn't irk us so much. It's a verb, and its infinitive is "meckern," a relatively balanced mix of vowels and consonants for that Teutonic tongue.

We have adopted and Anglicized it in our household, as a reminder when we're feeling needlessly overwhelmed, by saying to each other, "Mecker, mecker, mecker." It's a handy reminder, in this autumn where too many people are facing real troubles, to let the little things slide off us.

Things like finding the hand mixer in the bread drawer instead of in the Lazy Susan cupboard where it belongs. Or running out of dishwashing detergent just when the next load is ready to be washed. A light bulb that burns out in the overhead fixture used to be worth a full five minutes of meckering; now, it's a chore to

COMMENTARY:

*Mom's
the
Word*



finish in under two minutes, or leave for another day, with no self-recrimination allowed.

It would have made a great New Year's Resolution: no more meckering! Tragic events, it seems, have a way of making us mostly behave as we long wish we always could have. Of course, weeks that bring family members together from near, far, and in between could test that resolve. We may curse the darkness from the broken lamp we meant to get fixed after the last family gathering, and the turnips that one family member can't live without are sure to provoke the ire of those who can't abide the thought — or smell — of them. Children used to spreading the bounty of their lives across the

whole house will panic when the toy they left right there on top of the bathroom radiator is suddenly nowhere to be found, all because 19 people are coming for dinner! Somehow, I think we will all look at each other with greater fondness this Thanksgiving, and along with the formal blessing that will precede our annual descent into gluttony, the babble of gathered family will also be a kind of unspoken prayer.

It will partly be a prayer of wishfulness, a wish that Sept. 11 had never happened, and an even more fervent wish that there be no more terrorist attacks and that the war in Afghanistan come to an end. Our gathering will pay homage to all the troops who are not with their families this Thanksgiving Day, as they do the work that will let us celebrate many Thanksgivings to come.

We will wish that the prosperity that has come so easily to so many in the last few years will remain, or return, and that the economic downturn could be just a momentary pause in a time of crisis. Should things stay hard, I hope all of us who have a little extra to spare remember the people in great need. We will wish for safe traveling for all of those who are flying anywhere this Thanksgiving.

For many families, this will be a Thanksgiving of great loss. The grandmothers, mothers, wives, grandfathers, husbands, fathers, children and siblings who are no longer with us will still hold a place in our hearts, even if they

are gone from our tables. That empty space will be far too big in too many families this year. Along with the sorrow, frustration and anger that go with that emptiness, I hope there is a memory that offers the comfort of a hug to the bereaved. There will be a lot of gratitude emanating from our house this Thanksgiving. We often wonder if we should have stayed in New York City instead of moving north for the quieter lifestyle we thought we craved.

I am grateful that on Sept. 11, I could turn to my husband for comfort; had we stayed in New York, he might have been trapped in his World Trade Center office. Let his efforts at playing Michael Jordan with the laundry hamper fail a million times over; we are together as a family, and really, nothing else matters. I am grateful for Cormac's quick smile, warm heart and explosive temper. He is a child who lives life to its fullest and shows us all the possibilities. I am grateful for Christopher, our quiet and intense child, who reminds us that sometimes you need to dig a little deeper, even with your own children; to see the people they really are. I am grateful for our dog, Mauve, who worships my children and lets them be goofily affectionate as they come into those pre-teen years when

anything that smacks of overt sentimentality is to be steadfastly avoided. I am grateful for the walks I take with the dog, that have let me enjoy this balmy autumn, a kind of counterbalance to the tragedies of the fall. The blue sky, piles of orange leaves by the side of the road and flash of red cardinal from the trees along the water line have been reason for celebration at the start of each day. I am grateful for last Sunday morning's meteor showers. Standing on

my deck with a parka over my bathrobe, they were a great reminder of the mysteries of the universe. What else is out there that we don't know about?

I am grateful for the comfort of my home, the cozy rooms that let me keep an eye on my kids' TV shows and computer games, without being overtly watchful. There may always be things we can mecker about, but there is much joy to celebrate this Thanksgiving, too. The fact that the kids consider the floor the world's biggest closet feels less like an irritation and more like a detail that lets us declare our joyful existence.

We have been blessed with the gift of togetherness, and celebrating that feels like the best way we can honor all the people who are no longer with us.

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Delmar artist hopes work will promote peace

By KATHERINE MCCARTHY

The blue in the painting is vivid and arresting; some of the clouds seem to swirl, and others seem to float. What's most eye-catching, though, is what's there and not there at the same time: the World Trade Center towers.

What's clear, though, is the spire atop No. 1 World Trade Center, which has provided the name for local artist Sharon Fernandes' most recent work, "Beacon of Hope."

"Painting is a way for me to work through many intellectual and spiritual issues that arise in my life," Fernandes said. "For a few weeks after the World Trade Center attacks, I didn't do anything, like a lot of us."

But eventually, Fernandes, who owns Delmar's South Street Gallery along with her husband Mike, started painting again. The blue came first, she said, and then a picture she'd taken of clouds this past summer worked its way into the painting.

"After I painted the clouds, there was a clear spot," Fernandes said, "and it was in the shape of the World Trade Center. It more or less came together, but I was thinking that there had to be more." Fernandes realized that the spire was the focal point of the painting, and it evolved into a bright beacon, emitting rays of hope to the world. Fernandes added some words, not to express the sadness of the Sept. 11 tragedies, but the possibility of better things to come. Elegant lettering on the right side of the 40" by 60" acrylic painting reads, "May we, who are left behind, honor them, by dedicating our lives to bring about the dream of Peace on Earth, prosperity for all nations in the light of God's eternal love for all mankind."

Fernandes realized that she could make something good happen, and set about finding an organization that could help bring



Sharon Fernandes stands next to her 'Beacon of Hope.' Katherine McCarthy

about some peace on earth.

"Maybe one of the outcomes of this could be that we could raise people's consciousness, and become more globally aware," Fernandes said. Through the Internet, Fernandes found a volunteer group called Cross-Cultural Solutions. Based in New Rochelle, New York, they work in five foreign countries, following the local lead to develop health care, education and community development programs. Volunteers pay their own way in the program, and can volunteer in China, Ghana, India, Peru or Russia for as little as three weeks. Cross-Cultural Solutions also offers "insight" travel to a number of countries worldwide, where travelers visit sites including schools, hospitals and other non-

governmental institutions to get a look at the way people live.

"They're a very small organization, and only 12 percent

of their funds goes toward administrative costs," Fernandes said. "They're also doing a lot of volunteer work at ground zero."

"Beacon of Hope" will be on display at South Street Gallery beginning this Friday, Nov. 23. Fernandes is requesting a donation that will go to Cross-Cultural Solutions. If "Beacon of Hope" is sold, she said, half of the proceeds will go to that organization as well. The gallery will be given over to Fernandes' work this weekend, and 20 percent of the sale of any of her work will go to Cross-Cultural Solutions. The same will hold true between now and Christmas.

"We're thrilled that Sharon chose us to make this donation," Kristin Hegazy, marketing coordinator for Cross-Cultural Solutions, said. "We're a 501 c 3, begun in 1995, with 12 employees in New Rochelle and 80 worldwide. We send 1,000 volunteers overseas each year." Cross-Cultural Solutions hadn't done any domestic volunteering before Sept. 11, but since then, it has worked in partnership with the American Red Cross, Safe Horizons and the Salvation Army. It has also become the coordinators of volunteers at ground zero.

For Fernandes, painting

"Beacon of Hope," and making a contribution, has been a way for her to find some hope from the events of Sept. 11.

"I've been given a gift to have this work out," she said. "Hopefully, others will see the meaning, and if they don't contribute to this cause, they will contribute to their own cause." "Beacon of Hope" will be on display at South Street Gallery, at 379 Delaware Ave., this Friday, Nov. 23, from 10 a.m. to 6 p.m., and Saturday, Nov. 24, from 10 a.m. to 4 p.m. It will remain on display until Christmas.

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Matters of Opinion

Giving thanks

Thanksgiving is a time when Americans typically take stock of the previous year, recounting blessings that we often take for granted on a day-to-day basis.

This year it seems a little harder to focus on thankful thoughts with the enormity of Sept. 11 and its tragic loss of so many lives. Having said that, Kathy McCarthy in her Mom's the Word this week zeros in on our blessings and good fortune to be Americans.

Millions of us this year will enjoy the traditional turkey dinner with all the trimmings. We will spend the day with family and friends and celebrate the holiday in the usual fashion even as we continue to grieve for all those who were lost.

It is appropriate to celebrate Thanksgiving and the upcoming holidays. If we did not, terrorists would likely tout it as a victory in their quest to destroy our way of life. How wrong they are. If anything, the Thanksgiving holiday this year, will carry a deeper meaning for many of us than ever before.

We realize this year just how precious this way of life is, and we are willing to sacrifice to preserve it. Terrorists will never change the fabric of our beliefs and our commitment to preserve these beliefs for ourselves and future generations, and for this we are most thankful.

Be prepared

The November warm weather honeymoon is over. Now that the cold weather seems to be here in earnest, it's time to take precautionary measures around the house.

That means having the furnace cleaned and checked out. For those with fireplaces, it's time for the chimney sweep. In addition, filters in furnaces should also be replaced once a month throughout the winter.

It's also a good time to check smoke alarms and fire extinguishers. If there is any doubt about their effectiveness, replace them.

Check for drafts around windows and doors, and weatherstrip where necessary.

And don't neglect your vehicle. Having fluids, tires, windshield wipers and breaks checked now helps to avoid miserable breakdowns in freezing weather.

It's also a time to be aware of energy conservation at home. If no one is home during the day, make it a habit of turning the thermostat down. Thermostats can also be turned down when you go to bed. These measures save energy and money.

Taking these simple precautions now can save a lot of heartache in the dead of winter, when temperatures dip below zero.

Keep the thanks in Thanksgiving

By The Rev DAVID G. CORLETT

The writer is the senior pastor of Delmar Reformed Church.

Since the horrors of Sept. 11, our leaders have urged us "not to let the terrorists win." We have been spurred on not to give in to our fears nor let them damage our way of life.

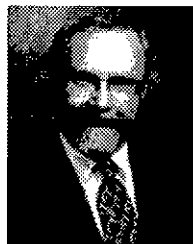
We have been called upon to do everything from buying cars to taking trips to going to theaters and shopping in malls. Live your normal lives, they implore; we can't be captive to our fears. If we are too frightened to open our mail or travel in planes, then the terrorists have us right where they want us.

We are trying hard to do as our leaders say. Most of us have returned to our "normal" patterns of living. Those of us who are employed work our regular schedules. If we have children, we are shuffling them off to their after-school lessons or games. We do our shopping and might even take in a movie. And if we are really brave, we'll get on a plane and venture on a trip. In many ways, we are "back to normal."

But for many of us, it doesn't feel normal. We may be going through our familiar routines, but the world in which we do them seems so different. Just beneath the surface, we are still a wreck. We are trying to cope, to grieve, to seek hope, faith and security in a world that no longer feels secure. First the crashes, now anthrax.

We collectively hold our breath in fear, wondering: What next? When? Where? Our world isn't the same, and it likely never will be.

All of this makes me wonder about Thanksgiving this year. I wonder how "normal" Thanksgiving will be in the wake of Sept. 11. I'm sure most of us will do those familiar with family things, like traveling to relatives' home and connect with family.



Point of View

(Thanksgiving with family seems particularly special and comforting this year).

Many will eat the turkey, watch football, and yes, some of us will even brave the stores on Black Friday. But it's hard to imagine that all these "normal" Thanksgiving observances will feel normal.

Thanksgiving may be a stretch for many of us this year. The true spirit of the holiday — that of thankfulness — might not come easily to us.

How can we be thankful in such terrible times? Our focus seems more on what we have lost,

But for many of us, it doesn't feel normal. We may be going through our familiar routines, but the world in which we do them seems so different. Just beneath the surface, we are still a wreck. We are trying to cope, to grieve, to seek hope, faith and security in a world that no longer feels secure. First the crashes, now anthrax.

than how we have been blessed. Gone is our sense of security, of safety. We have lost our robust economy and many have lost their jobs.

Most tragically, some of us have even lost the hope we once had for the future.

Many wonder if we can ever embrace again the bright possibilities that just a few weeks ago seemed so real, so promising. When we gather around the Thanksgiving table this year and begin to offer our prayers of thanks, will we be able to think of anything to say?

If we can't, then the terrorists really will have us right where they want us. Our national spirit will have been severely wounded. They will have frightened the thankfulness right out of us.

That is why this year, when things seem rather dark and foreboding in this world so marred by terror and war, it is important to remember that Thanksgiving depends more on the state of our soul than the condition of our world.

Giving thanks cannot rise or fall, depending on our mood or our circumstances. Gratitude that is spiritually grounded focuses on the wonder of life itself and acknowledges that it is all a gift — whether things happen to going well for us or not.

Good or bad, joyous or sad, each day is a special and wondrous gift of grace bestowed upon us by our Creator, and for that we can't be anything but thankful.

Sometimes we agree to be thankful only after we have added up all the "blessings" of our lives

and balance them against our sorrows and setbacks. If in this ledger of life we are ahead in the positive column, then we agree to be thankful. (Even then, we offer out thanks as if we're doing the Creator a big favor!)

But if the bleak side of our lives outweighs the bright, then forget thankfulness — it's then time to embrace indignation, outrage and cynicism.

These days, the ledger heavily lopsided on the doom and gloom side. Sorrow and sadness and loss seem to outweigh any joy and celebration we can muster lately.

We might be tempted to be ungrateful Scrooges on this Thanksgiving holiday. Thankful? Bah, humbug!

But we are alive and surviving. We are still surrounded by possibilities and wonders because we are surrounded by God. Out of the sadness and destruction can come new life and new hope. Already we are seeing that new life in so many and wondrous ways. The God who gives us this life walks with us through it, blessing us with love and grace.

The Old Testament prophet Habakkuk spoke to a people who were having a particularly severe run of bad luck.

Their nation was in danger, enemies were threatening the from all sides. Their lives were lived in terror.

To this defeated and frightened people, Habakkuk said, "Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the Lord, I will offer my thanks to God my savior."

That's the kind of gratitude that will get us through these fearful times.

That will be the prayer that ought to be on my lips — and in my heart — when I gather with my family around the turkey this year.

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest.

Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

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Your Opinion Matters

Friends of Five Rivers appreciate volunteers

Editor, The Spotlight:

Friends of Five Rivers, formerly Five Rivers Limited, is a nonprofit citizens group which supports and complements state Department of Environmental Conservation programs at Five Rivers Environmental Education Center in Delmar.

Friends of Five Rivers is supported by a strong membership, donations and fund-raising activities, such as the 2001 Annual Birdseed Sale.

But this letter of appreciation is not about Five Rivers of Friends of Five Rivers. It is about the volunteers that helped prepare for the sale, and it is about the more than 55 people that helped lift and load 55,000 pounds (that's two tractor-trailer loads) of birdseed. We are also writing about those people who fed the volunteers on Oct. 20 and 27.

As in many of the past years, *The Spotlight* wrote a wonderful article before the sale, and GE Plastics provided a large forklift and a skilled and much-appreciated operator to unload the heavy pallets from the truck on pick-up day.

Among the volunteers were dedicated Friends of Five Rivers board members, many general and always willing members and families, along with students from BCHS. Participation in

Government class all working toward the goal of a successful fund-raiser.

This dedicated mix of volunteers provides the living, working definition of community service, teamwork and volunteerism.

We all had fun and accomplished our goal. Friends of Five Rivers is proud and thankful that the volunteers felt our cause was important enough to give up a beautiful fall day to lift and load bags of birdseed into your cars and trucks.

While each volunteer will receive our personal thanks, they also deserve public recognition for their contribution. Also, if you are a friend, parent, teacher or leader of any of these volunteers, you are entitled to a bit of special pride in that person or group.

Thanks to those of you who bought birdseed for Friends of Five Rivers. We hope to see you all next year at the birdseed sale and throughout the year at Five Rivers, enjoying the environment and the excellent educational programs!

John Smolinsky

chairman, 2001 Birdseed Sale and

Leda Loux

Friends of Five Rivers administrator

Town justice is grateful for support

Editor, The Spotlight:

I would like to take this opportunity to thank all of you who exercised your right to vote Nov. 6 and especially those who so freely, energetically and willingly supported me and my candidacy for town justice throughout the last several months.

I have thoroughly enjoyed my position as town judge for the last four years, and I look forward to serving in that capacity again.

I hope to continue the tradition of an open, fair but firm, and expeditious judicial system for the town of Bethlehem. I am honored and thankful for your vote of confidence and wish you all happy and healthy holidays.

Theresa L. Egan

Bethlehem town justice

Board member-elect says thanks for support

Editor, The Spotlight:

My family and I would like to thank the voters in Bethlehem for electing me to the town board.

I enjoyed meeting so many of you on the campaign trail and

appreciated all the input and helpful suggestions.

I look forward to serving you on the town board.

Tom Marcelle

Delmar

ELC kids raise \$1.8K for relief

Editor, The Spotlight:

Kindergarten students at the Early Learning Center have just completed a very special patriotic pin sale to raise funds for the Disaster Relief Fund and the Fund for Afghan Children.

We would like to especially thank Lisa David of Picket Pottery for her generous donation of materials to make the pins, and for her time and expertise in firing and glazing them. She also came to the Early Learning Center and

patiently gave a demonstration on the correct technique to work with the clay we used to create our pins.

We would also like to thank the parent volunteers who helped the students with the project.

In addition, we would like to express our gratitude to the community for supporting our pin sale and helping us to achieve our target goal of \$1,800.

Helen Salamone

ELC supervisor

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Matters of Opinion

Dem candidates take issue with assessment

Editor, The Spotlight:

We were disappointed with Tim Gordon's assessment of this year's local election. His naivete is apparent. In his letter, Mr. Gordon mistakes the Democrats' inability to field a supervisor candidate as an endorsement of Mrs. Fuller's candidacy.

This is not the case. It is easy to find a body to run for any office. The difficulty arises when we search for qualified individuals who are able to effectively perform the duties of town supervisor. Prospective candidates for this office must consider the enormous impact a biennial election cycle has on one's life.

There are few qualified individuals who are prepared to give up high-paying jobs to assume a position that requires that level of commitment. Having recently completed a local campaign, we can attest to the level of energy and time this commitment requires.

Mr. Gordon's naivete is even more apparent when he discusses his defeat in the Independence Party primary. Although he lost by only 35 votes, his loss was significant when you consider that fewer than 400 votes were cast and that Mrs. Fuller did not campaign.

Equating this primary to Mrs. Fuller's vulnerability in the

general election is like comparing apples to tires. In the same primary, both of us enjoyed a significant victory over our opponents and yet we both lost the general election.

In our interview with Mr. (Joseph) Phillips, we were asked a question regarding our ability to work with the supervisor, and we answered appropriately. Despite the fact that Mrs. Fuller is from an opposing party, her service to this community should not be dismissed or ignored.

Mrs. Fuller has been in public service for more than 25 years and was elected to her current position long before Mr. Gordon even lived in Bethlehem. Had we

been elected, we were committed to making our town government inclusive. We are confident that most voters did not interpret our comments as an attempt to affiliate ourselves with the Republican Party.

It is unfortunate that Mr. Gordon fails to demonstrate a proper grasp of the electoral process and a temperament to govern. Should he choose to seek office again, we hope he will gain a better understanding of the process and the individuals involved.

Susan M. Burns
and John H. Cunningham
2001 Democratic candidates
for town board

Congrats to girls swim team

Editor, The Spotlight:

This letter is to congratulate and recognize the BCHS girls varsity swimming and diving team.

The team, under the guidance and support of their coaches, have spent the last three months preparing and accomplishing great things for themselves, their school and this community.

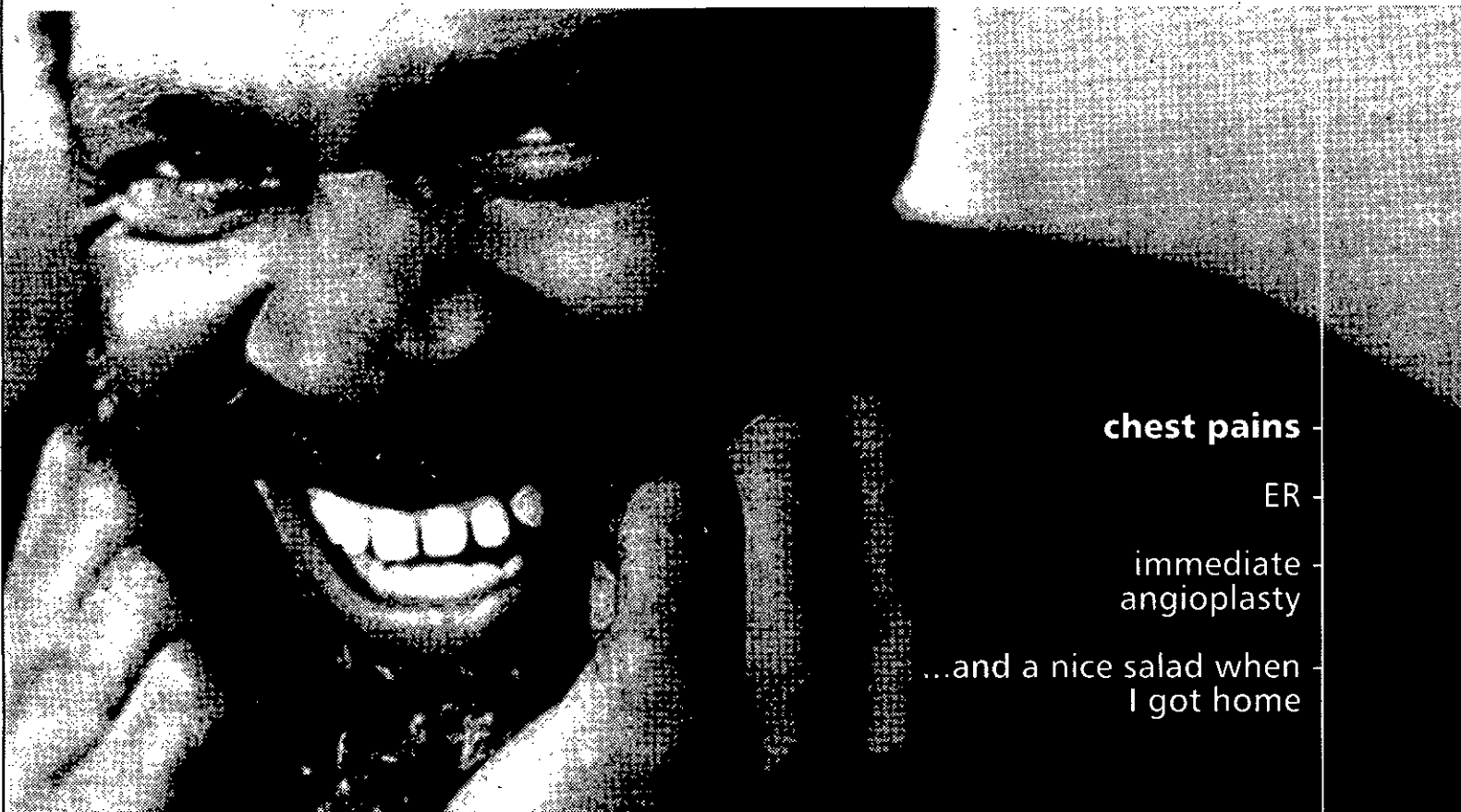
It is unfortunate that the community has heard so little (nothing) about this team through the media.

This dedicated group of young women has spent countless hours (including before-school practice) starting in mid-August and ending this past Saturday at the Section II Championships. Three of their teammates competed in the state finals in Buffalo on Nov. 17.

We applaud these young women and admire their determination. If anyone has doubt as to the future of our country, look no further than the Bethlehem Central girls varsity swimming and diving team. They are an inspiration to all.

Ray and Sue Walsh
Delmar

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Opinion Matters

RCS board member hopes for public input

Editor, The Spotlight:

On May 15, more than 1,050 residents took the time to vote and, in the process, defeated Ravena-Coeymans-Selkirk's (RCS) 2001-02 school budget 540 to 513.

On June 19, more than 1,675 citizens took the time to voice their opinion on the voting machines, again defeating the same budget 1,068 to 614.

But on Oct. 29 at Pieter B. Coeymans Elementary School, there was a public forum to address anything the members of the RCS community might ask about our schools and only a very very few opted to participate. I mean an extremely very few!

I offer praise to all those who regularly cast your ballots and a very special "thank you" to all those who have taken the time to attend our board of education's monthly meetings and, in person, directly provide us with your input.

I'd like to also say, "I missed you all who did not attend on the 29th, as I look forward to the community's participation and welcome input, be it from the students or electorate."

At the October forum, the

entire board of education along with the majority of the RCS's central administrative staff:

- presented the search process for a new high principal;
- outlined the capital construction project along with the annual budgeting process; and
- answered all the questions from those parents and students who were in attendance during a two-hour session.

For those of you reading this letter who did not attend, neither you nor I will know if your concerns are being addressed.

I am a strong believer in participatory governing, be it at the municipal, school district or political party level.

Needless to say, I was expecting a larger public showing at the October forum.

Therefore, I challenge you all to participate in any or all of our future board sessions.

Another public forum will be held at 7 p.m. on Tuesday, Nov. 27, at the RCS High School, 2025 Route 9W.

I'll be there, will I see you there? I sure hope so.

Howard A. Shafer

RCS school board member

To Life sponsors forum on new cancer treatments

Is there a new gold standard that physicians should follow and patients should expect when it comes to diagnosing and treating breast cancer? Answers to this and other related questions will be discussed on Thursday, Nov. 29, at a forum hosted by Delmar-based To Life.

The program, to be held from 6 to 8 p.m. at Chaucer's Banquet House on Route 9 in Clifton Park, is free of charge and open to the public. Program registration is required. To register, call To Life at 439-5975, or e-mail info@ToLife.org.

"Advanced diagnostic techniques and treatment protocols are helping women beat the odds

earlier and with greater assurance of survivorship," said To Life president Mara Ginsberg.

The program will be presented by two of the area's foremost experts in cancer diagnosis and treatment. Dr. David Ellis will lead a talk on cutting-edge diagnostic technologies. Ellis is the physician coordinator of nuclear medicine services at St. Peter's Hospital.

The newest standard of excellence in breast cancer treatment protocols will be discussed by Dr. Michael Castro, chief medical oncologist at the Charles R. Wood Foundation Cancer Center at Glens Falls Hospital.

Strike up the band



Eight Bethlethem Central High School students will attend the All-State Music Conference in Rochester this month. The students include, front row, from left, Sarah Richardson, Aaron Levy and Leslie DiPaolo, and, back row, Will Nathan, Ben Wolinsky, Ryan Kahlbaugh and Josh Modney. Hannah Lewis, who is not in the photo, will also attend the conference.

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Bethlehem Auto Service

AUTO FACTS

by John Quirk

All In A Line



The inline-6 (straight-6) engine, with its six cylinders arranged in one line, is one of the only naturally balanced engine configurations. It requires no counterbalances to keep the engine from vibrating harshly. An inline engine will not vibrate side-to-side because the pistons never move from side to side. There won't be any up-and-down vibration because an inline-6 always has as many pistons moving up as there are moving down. There also is no front-to-back vibration because the first piston always moves with the last piston in the line. Similarly, the second piston and the second-to-last piston move in tandem, while the middle two pistons move together. Inherent smoothness results from no net vibration in any direction.

If you are not enjoying a smooth drive, it may be a signal that something is wrong with the vehicle's engine. Your vehicle is a significant financial investment. BETHLEHEM AUTO SERVICE has the resources and staff to help protect that investment. When you bring your vehicle to us, an A.S.E. Certified Technician will inspect the engine, battery, brakes, belts and hoses, and heating systems. For customers' convenience, we are pleased to offer shuttle service. For reliable auto service, call 426-8414, or visit us at 62 Hannay Lane in Glenmont off Rt. 9W behind Stone Ends. Business hours are Mon. - Fri., 7-6. Happy Thanksgiving Day.

HINT: The V12 (two inline-6s coupled together) is another naturally balanced engine configuration. V6s are more popular, though, because they are more compact.

Fire Co. to dish up Brooks Barbecue

The Voorheesville Volunteer Fire Department will sponsor a Brooks Chicken Barbecue on Friday, Nov. 30, from 3:30 to 6:30 p.m. at SuperValu Foods on Maple Avenue.

The menu will include chicken, baked potato, coleslaw, dinner roll, beverage and dessert.

The cost of the dinner is \$8 for adults, \$8.50 for barbecue pork sparerib dinner. Chicken only will be sold for \$6 and barbecue pork spareribs only will be sold for \$6.50.

Village board to meet

The next Voorheesville board of trustees meeting will be Tuesday, Nov. 27, at 8 p.m. at village hall, 29 Voorheesville Ave.

Practice to begin for Christmas program

Rehearsals for the Dec. 23 Community Festival will be held Thursdays, Dec. 6, 13 and 20 at 7:30 p.m. at the Methodist Church on Voorheesville Ave. All interested area singers are invited to participate.

For information, call Ken

NEWS NOTES Voorheesville

Jane Norris
439-8532



George at 765-4442.

Schools to close for Thanksgiving

Schools in the district will be closed Thursday and Friday, Nov. 22 and 23, for Thanksgiving break.

Bricks to be sold at high school

The Voorheesville Community and School Foundation will sell bricks that will be used to pave a pathway to the entrance to the middle school and high school.

The personalized brick will be engraved with up to 14 characters per line and up to three lines per brick. A total of 1,000 bricks will be sold.

For information or for an order form, call John Schachne at 765-4881.

Thacher to hold turkey program

Thacher Park Nature Center will hold a wild turkey program on Saturday, Nov. 24, at 2 p.m. at the Nature Center.

For information or to confirm programs, call 872-0800.

BIG Arena slates luncheon series

The BIG Arena at 900 Delaware Ave. in Delmar will kick off a luncheon series on Wednesday, Dec. 12, from noon to 1:30 p.m.

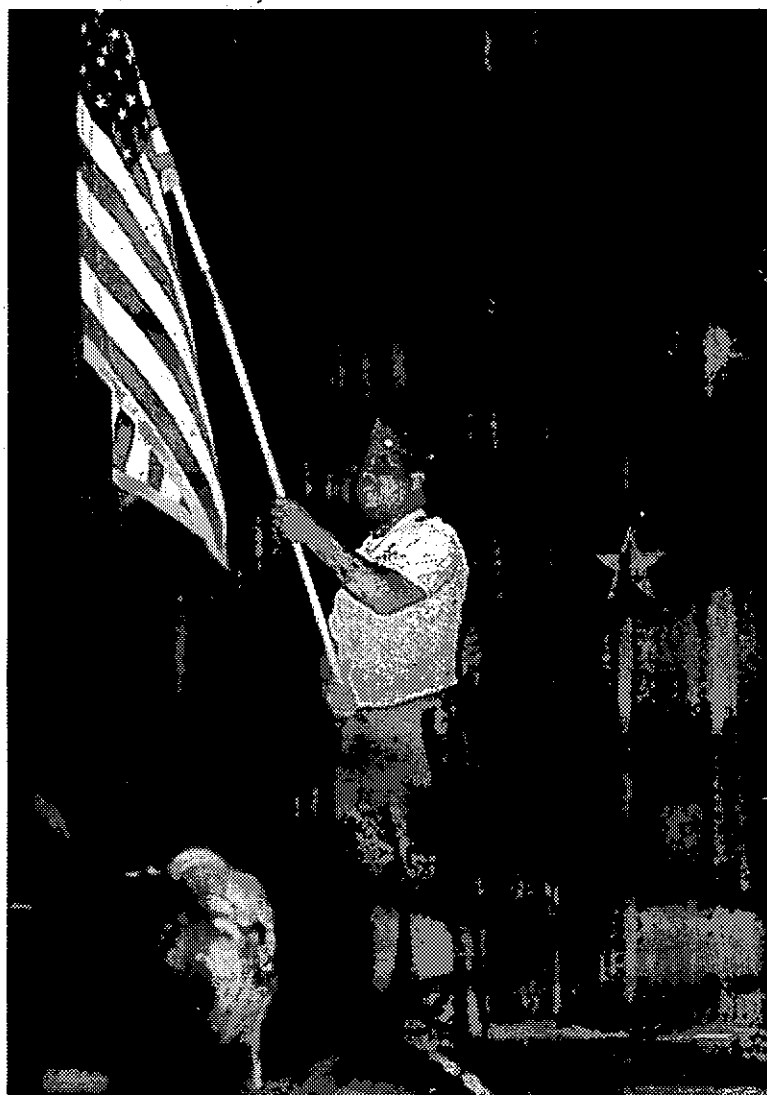
The first luncheon will feature a presentation by attorney Timothy Thornton, who will speak about the new estate and gift tax laws.

The cost is \$10 for the luncheon and beverages, and \$7 for senior citizens over age 65.

Call 447-3395 to reserve a seat by Tuesday, Dec. 4.

Future meetings will address financial, political, sports and media topics.

America sings



Ret. Army Major Lee Griffin waves the flag at a patriotic sing-along at Bethlehem Central Middle School last week.

Hamagrael PTA to host craft fair Dec. 1

Hamagrael Elementary School PTA will sponsor a craft fair on Saturday, Dec. 1, from 10 a.m. to 4 p.m. at the school on McGuffey Lane in Delmar.

There will be more than 75 vendors, a bake-sale and bucket auction. Admission is free and the public is welcome.

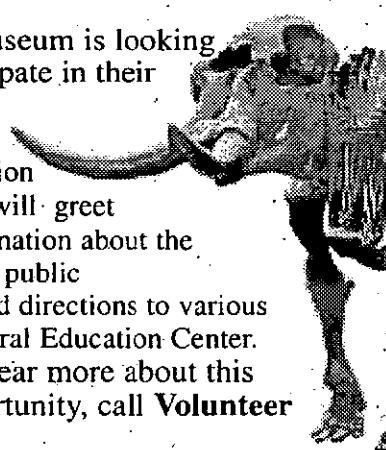
For information, call 475-0224.

NEW YORK STATE MUSEUM

The New York State Museum is looking for volunteers to participate in their "Museum Information Specialist Program."

As a Museum Information Specialist Volunteer, you will greet visitors and provide information about the institution, its exhibitions, public programs, membership and directions to various resources within the Cultural Education Center.

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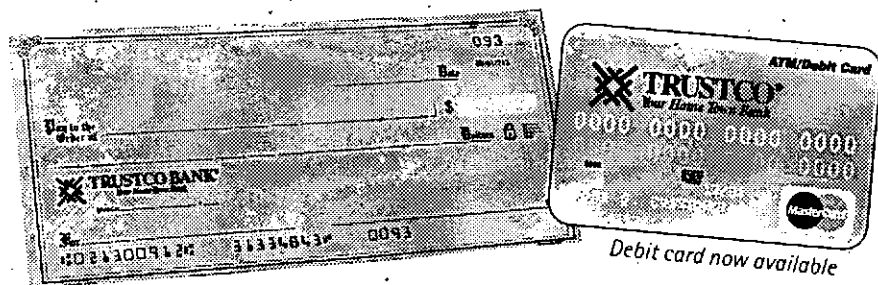
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Slingerlands woman creates cancer management planner

By KATHERINE MCCARTHY

Lynda Shrager of Slingerlands is an attractive and upbeat woman. The only outward sign of the huge difficulties she's faced is the binder with the rainbow cover she proffers proudly.

Otherwise Healthy: A Planner to Focus Your Thoughts on Organizing Life After Being Diagnosed with Breast Cancer grew out of Shrager's breast cancer, her daughter's Crohn's Disease and the cancer that claimed her mother's life.

On the same day in 1994 that her then 6-year-old daughter

Leslie was diagnosed with Crohn's Disease, Shrager's gynecologist found a lump in her breast that sent her for an immediate spot mammogram and ultrasound, and for a lumpectomy the next day.

"I was managing two illnesses at once," Shrager, who worked as she does now as an occupational therapist and social worker at five nursing homes, said. "I was at Northeast Medical Center in Boston with my daughter, getting a second opinion for her, and on the phone with my mother, having her get stuff together for me."

What got her through, Shrager

said, was that she has always been a "writer-downer." Her ability at keeping lists helped her keep things straight as she and her daughter faced diagnoses, tests and treatments. It also kept her sane, she recalled.

"It was either that I would apply this extreme focus, or I'd have a nervous breakdown," Shrager said. "So I started with my lists and notes. I always carried my notebook with me," she added. "I had Leslie's life on five pages, and mine on another five — our medical history, our bloods, everything. Doctors have a thousand patients, but you have only you."

When Shrager's mother, Joan Goldstein, was diagnosed with an aggressive form of cancer four years later, Shrager pulled out all her original notes, started creating the sheets that are the most important part of "Otherwise Healthy," and bought a zip-around organizer to hold everything.

"My mother and I talked," Shrager said. "This was crisis No. 3, and we realized that we could help others with this organizational system." After her mother's death, Shrager was giving a speech at a Junior League function, when its president, Maryann Riviello Brennan, encouraged Shrager to apply for a grant from the Susan G. Komen Foundation to put her unique organizational skills into a book to benefit others. In two weeks Shrager put together her application, and started working on Otherwise Healthy, which has been distributed free to doctors' offices. "My mother and I had talked about doing this," Shrager said. "Finishing it was a kind of therapy, a goal I could channel my grief towards."

Otherwise Healthy is divided into sections that range from the beginning, when a patient receives a diagnosis, to medical and lab tests, insurance coverage, and organizing help and coverage for the other people who have depended on the patients. A section about saying thank you is also included. After a brief introduction, specialized pages called "Focusheets," which Shrager has trademarked, fill out each section. The Medical History Focusheet provides space for history of major illness and diseases; history of major surgeries; and history related to childbirth, birth control usage, and menstrual history.

The Second Opinion Focusheet lets patients record the names of the doctor, specialty, and facility, as well as address and phone number. In addition,

there's room to write directions, parking procedures and check-in procedures. A checklist of what to bring (chart summary, lab results, slides and films) is also included, as well as the reminder to bring your films home again with you. Space for hotel and restaurant names are also on the Focusheets.

The Kids Coverage Focusheet provides information for school time and non-school time, beginning with the child's name, date of birth and Social Security number, then moves on to the child's daily schedule.

"When they say you have breast cancer, your brain goes dead," Shrager said. "You can't focus on all the little tasks that need doing. This does it for you."

Shrager has added humor and insight to the book, as with the Focusheet that lets you check off whether you have your own hair or a wig, and the update on the "No Soap Radio" joke. "If you're having radiation treatment, you can't use soap," Shrager said. "So I have two elephants in the bath tub, saying, 'No soap — radiation.'"

She grinned. "Sometimes, you just gotta laugh." Seven years after her diagnosis and treatment, Shrager remains cancer-free. Her daughter lives a full life while managing her Crohn's Disease. Shrager and her husband, Steve, who often joined Shrager after the house settled down by 11 p.m. to help type Otherwise Healthy, are looking to publish more copies of the book on their own. Shrager is working on other guides, one a general cancer management book, and another for healthy seniors. Shrager and her husband, have two daughters, 14-year-old Leslie and 11-year-old Samantha. Copies of Otherwise Healthy can be ordered by writing to P.O. Box 420, Slingerlands 12159, by calling 475-1792 or through the Web site, www.otherwisehealthy.com. The book costs \$29.99.

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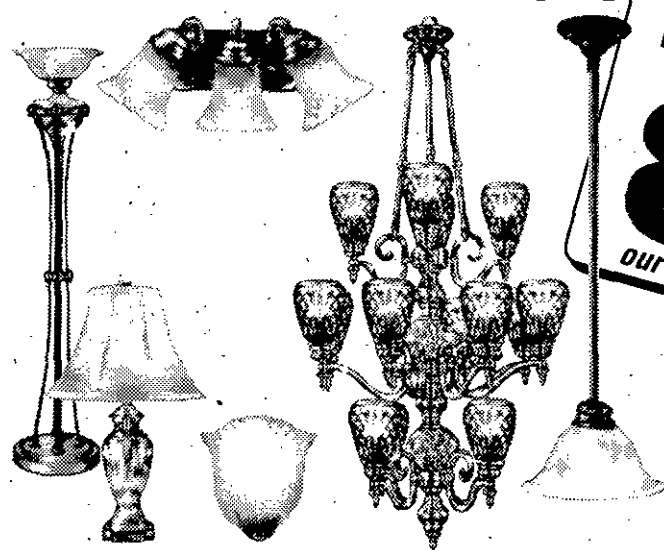
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spotlight on

Energy

Make sure furnaces are up to snuff

By KATHERINE MCCARTHY

Energy efficiency and thermal comfort are what people are looking for in their heating systems these days, according to William Parlapiano III of Crisafulli Bros.

How they achieve that can happen in any variety of ways. It used to be that you turned your single-speed furnace on, and the blower operated at full capacity.

"A lot of energy is wasted that way," Parlapiano said, "up the chimney or out the flue vents."

Crisafulli sells Trane Furnaces, many of which are two-stage furnaces, that function on low fire or high fire. A 100,000 BTU (British Thermal Unit, the heating and cooling measurement standard) furnace has an output of about 52,000 BTUs in its first, or low fire, stage, and 79,000 BTUs at the second, or high fire, stage.

"In stage one," Parlapiano said, "you use about half of the furnace's energy, or less energy to do the work. This saves fuel cost dollars."

Only when the temperatures go lower will the furnace kick up to the next stage. Two-stage thermostats allow the furnace to tell when the demand on the house is higher and cause it to increase its output. "From 75 to 85 percent of the time," Parlapiano said, "the furnace will function at the low fire rate. This allows maximum energy efficiency, since you're not putting out extra heat you don't need."

Variable speed furnaces are just becoming affordable. "The two-stage part of the system is coupled with a modulating blower," Parlapiano said. "This really lets the system be efficient and provide thermal comfort."

The variable speed furnace eliminates temperature swings by operating in the first stage more than 95 percent of the time. "The high heat stage only comes on when necessary," Parlapiano said. "The furnace may work longer, but it's more efficient."

It may be a little more expensive, but Parlapiano said that people often overlook value when considering furnaces.

"People think about gas or oil, but they don't think about the

costs of the electricity to run the motor," he said. "They're also willing to spend \$15,000 to 20,000 on a new car, which they might keep for four or five years. Some furnaces can cost between \$7,500 and \$10,000, which makes people about fall over, but look at the amount of use they get out of them and the comfort they offer."

Radiant heating is one of those expensive models, and also one of the latest types of heat available.

By moving warm water throughout a house's floors and walls, the floor to ceiling heating level remains very consistent for a long time.

"Your furnace will fail if it's not maintained," he said. "We recommend an annual check-up."

Moisture problems are another culprit, and are more likely to occur if a furnace is placed directly on a basement floor.

"The equipment and cabinet doors could rust, as could the electrical devices inside the equipment," Parlapiano said.

Parlapiano also stressed the importance of testing for carbon monoxide, and keeping a carbon monoxide detector in the home. When it's time to replace your furnace, there will be many

People think about gas or oil, but they don't think about the costs of the electricity to run the motor. They're also willing to spend \$15,000 to 20,000 on a new car, which they might keep for four or five years. Some furnaces can cost between \$7,500 and \$10,000, which makes people about fall over, but look at the amount of use they get out of them and the comfort they offer.

William Parlapiano

Crisafulli tends to all sorts of furnaces, as well as installing new ones. To know if a furnace needs replacing, Parlapiano said the company follows guidelines established by the American Society of Heating, Refrigeration and Air Conditioning Engineers.

The median age for a furnace is 18 years, while boilers should last 25 to 30 years. To maximize the life of a furnace, Parlapiano said maintenance is essential.

options—and many prices. A new installation, upgrade, or retrofitting a boiler system can run from \$2,500 to \$3,000, Parlapiano said. Furnaces that run at 80 percent capacity run from \$1800 to \$2500, and those that function at 90 percent, from \$2,000 to \$4,000.

"Price isn't everything," Parlapiano said. "Look at the quality, thermal comfort and energy efficiency."

Library announces holiday hours

Bethlehem Public Library will be closed from 5 p.m. today, Wednesday, Nov. 21, through Thursday, Nov. 22, for the Thanksgiving holiday.

The library will be open from

9 a.m. to 5 p.m. on Friday, Nov. 23.

Patrons may access the catalog and other on-line services via the library's Web site, www.bethlehempubliclibrary.org.

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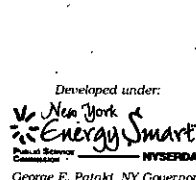
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Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

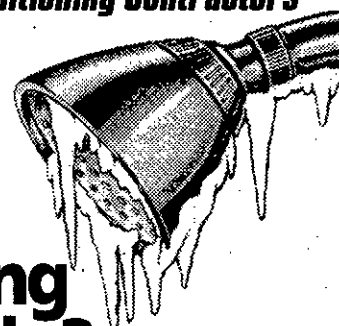
All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

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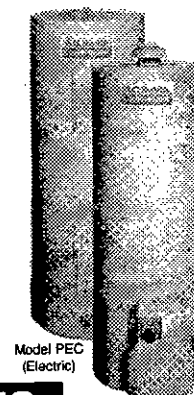
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Humane

(From Page 1)

shouldn't have been surprised by the terrorist attack of Sept. 11, because America is seen around the world as arrogant and unfeeling due to its diplomatic behavior," with Iraq as a prime example.

But Ritter is fiercely patriotic, in spite of his opposition to many American policies.

He's a Republican who voted for George W. Bush and greatly admires Secretary of State Colin Powell.

Since leaving the U.N. post, he struggled to patch together an income to support his wife Marina, twin daughters Patricia and Victoria and Marina's parents, who live with them. His in-laws are refugees from a village in Russia that was destroyed by civil war in 1993.

The Ritters moved to Delmar in 2000 from Hastings-on-Hudson in Westchester County, after scouting many upstate and New

England areas for a comfortable but less expensive place to live.

"I knew Albany from visiting college friends around here," Ritter said. "My wife loves New York City, but now we're happy here and plan to stay." Marina works as an office manager for brokerage firm in Albany.

A 1984 graduate of Franklin & Marshall College in Pennsylvania, Scott Ritter speaks about his foreign policy beliefs to many college, church and civic groups — accepting a fee only when he's sure it's affordable.

His main message is: "Hold your elected representatives responsible — speak out. If you don't agree with me fine, but at least go and find out for yourself what's going on."

Ritter said he's been mostly well-received from both local groups and larger audiences around the country. He accepts assignments from a speakers bureau. He said he's amazed at

the high fees charged, and sometimes feels uncomfortable about being paid for expressing his heartfelt beliefs.

He is in the final stages of writing his second book on his weapons inspection experiences. His first book, *Endgame*, was published by Simon and Schuster in 1999, and one reviewer called it "the best book on the market about modern Iraq."

Ritter also finished a full-length documentary titled "In Shifting Sands" that has caught the attention of PBS, HBO and some overseas networks. It was shown to an enthusiastic audience in Arkansas last month, he said.

To produce the film, he formed his own company and called it "5 Rivers Production Co.," a name that came to him while he was hiking with his daughters at Five Rivers Environmental Center.

Ritter said he will give talks on foreign policy toward the Middle East as long as "people are interested in what I have to say." But he is looking forward to a more stable career. He plans to return to college to pursue a doctoral degree in history or political science.

"And then I'll probably become a boring college professor," he said.

Sweet land



Elsmere Elementary School students sing the National Anthem at Praise America Day last Saturday at the school. *Jim Franco*

BCHS alumni supporters to meet

The annual meeting of the Bethlehem Central Alumni Endowment Fund will be held on

Tuesday, Dec. 7, at 7:30 p.m. in the media room at the high school on Delaware Avenue.

Officers and additions to the board of trustees will be voted on. Vicki Bylsma has been nominated for president; Bob Schoss, vice president; Joanne Davies, treasurer; and Maureen Geis, secretary.

The goal of the endowment fund is to enrich the overall educational process at Bethlehem Central schools by funding programs and capital projects that traditionally are not financed through local tax dollars or other public resources reflected in the annual school budget.

Money raised by the fund are used to finance new projects and programs, which fall outside the scope of the annual budget and cannot be initiated or continued without supplemental private funding.

Individuals, community groups and reuniting classes can make donations payable to the CFCR/Bethlehem Central Community and Alumni Endowment Fund, 90 Adams Place, Delmar 12054.

Anyone who would like to serve on the board can call Davies at the high school at 439-4921.

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Physically Speaking
by Nick Valenze, P.T.

BREAKING A SWEAT

Sweat is mainly water, with small amounts of sodium chloride, potassium, and other minerals (known as electrolytes) that play an important role in regulating blood pressure and the body's water balance. When exercisers do not replace water lost through perspiration, blood volume drops, they sweat less, and body temperature rises. This can hurt performance and lead to heat exhaustion or heat stroke (characterized by body temperatures of 104 degrees F or higher and, often, severe headache, rapid pulse, and possible loss of consciousness). In addition, exercisers can lose excessive amounts of sodium during severe and prolonged sweating, which can also impair performance. For these reasons, it is important to hydrate before, during and after exercise.

While the cold weather is approaching, it's not impossible to experience heat exhaustion or heat stroke; exercising in heated facilities and relaxing in heated pools or saunas all involve a risk of overheating. Some additional signs to watch for are abdominal cramping and nausea, agitation, and loss of consciousness, the last of which can result in a serious impact injury. If you are experiencing ongoing pain or reduced range of motion, ask your physician for a referral to our physical therapy practice. Free parking and wheelchair access available.

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Squire

(From Page 1)

full-service bank and an expanded storefront for an existing electronics retailer.

The planning board, in a Nov. 13 special meeting especially to consider the matter, granted site plan approval for the supermarket project to Town Squire's developer, Schuyler Companies.

Two existing structures — one of which encompassed a former Grand Union and CVS connected to the main retail strip, the other a one-time hardware store in a corner of the property — were razed in a make way for the new \$4 million supermarket and a reconfigured parking lot, providing about 30 additional spaces. Schuyler officials plan to begin construction before winter, aiming for a grand opening of the store, Price Chopper's 103rd, next May.

Meanwhile, Pioneer Savings Bank opened a new branch in the plaza, with ribbon-cutting ceremonies on Nov. 9.

"We have been basically Troy-based and to the north," said Bonnie Cerasaro, Pioneer's new Glenmont branch manager. "This is our first time out this way. Pioneer has always had a lot of customers from here. It's been thought for quite some time that they wanted to branch out and come this way" — to avail themselves of the residential growth taking place in the Route 9W corridor, she said.

The new branch office is located in a storefront previously occupied by a Fleet Bank that closed last year; Fleet continues to maintain an ATM outlet in the plaza. Cerasaro said Pioneer hopes to relocate, perhaps as early as next summer, to a drive-through branch Schuyler is contemplating building, near the Route 9W entrance of the plaza; that project, once included in the Price Chopper proposal but dropped in order to expedite site

plan approval for the market, has yet to be formally reviewed by the planning board.

And Radio Shack formally opened its new expanded storefront in the Plaza on Friday, Nov. 16. The branch shut down its operations 10 days earlier to make the move, but the store was still only partially unpacked last week.

"We're open for business, but right now, pardon my mess," said manager Dan Morin. "I'm hoping by Black Friday to have everything up and working for the holidays. A week and a half wasn't quite long enough to get it all done."

At 3,000 square feet, the new space nearly doubles that of their previous 1,800 square foot location. "Before, we certainly couldn't put as much out on display, because we just didn't have as much room," Morin said.

Both Morin and Cerasaro cited the new Price Chopper as a key factor in their expansion and relocation moves. "Since we're going to be right next to Price Chopper, it's probably one of the best moves we could do," said Morin. "We hope to double our volume in the next two years. With this market coming in, it should make a big difference for us."

Only three retail storefronts in the plaza remain vacant.

Iris Society to meet Sunday at library

The Capital Hudson Iris Society has invited Carol Warner to be their speaker on "Siberian Irises" at the 2: p.m. on Sunday, Nov. 25, meeting at Bethlehem Public Library community room.

Warner is president of the Society for Siberian Irises and vice president of the Society for Japanese Irises, both sections of the American Iris Society.

She won the Morgan Wood Medal in 1996 for her beloved Siberian iris "Shaker's Prayer," and is owner of Draycott Gardens, a mail-order nursery specializing in Siberian and Japanese irises located in Northern Maryland.

For information call 439-3758.

Christmas festival seeking singers

The 12th Voorheesville Community Christmas Festival will be presented on Sunday, Dec. 23, at 7 p.m., at Voorheesville Methodist Church.

All interested area singers are invited to join the community choir for the performance. Practice sessions will be on Thursdays in December at the Church.

For information, call 765-4442.

Shoes for Shoeless collecting for Appalachia

Gail Sundling, owner of the Delmar Bootery at Stuyvesant Plaza and local spokeswoman for this year's Shoes for the Shoeless campaign, estimates almost 10,000 pairs of wearable shoes are gathering dust in the bottom of people's closets in the Capital District.

They could instead be used to provide shoes for the needy in Appalachia through the campaign, now entering its seventh year.

"These shoes could be used to help families in need around the nation," said Sundling. "Over 5,000 pairs of shoes were collected during our sixth Annual Campaign last year and we are hoping to beat that mark. The target for our 2001 campaign is to bring in 10,000 pairs of shoes."

The idea began in 1995 with the Shoe Services Institute of America, (SSIA).

Each year, shoe repair shops across the nation accumulated shoes abandoned by their owners.

The shoes are fully repaired and reconditioned. Since 1995, the Delmar Bootery, the collection point for the campaign in the Capital District, has collected over 30,000 pairs of shoes.

The shoes will be distributed to families in need through the Lions Club of Glasgow, Delaware.

Shoes for the Shoeless will distribute the shoes through five Appalachian locations in Virginia, Kentucky, Ohio and West Virginia.

Donators should remove the shoes from their boxes and tie or rubber-band them together to expedite collection and distribution.

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The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

HOUSE PORTRAITS

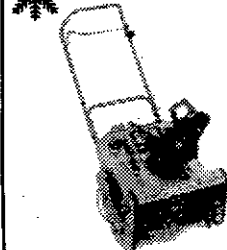


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VIEWS ON DENTAL HEALTH

Anxious About Thumbsucking?

Does your child have a thumb or fingersucking habit? Relax, it will probably disappear on its own. Hopefully the habit will cease before any damage occurs to the teeth or jaws.

Q.) What should you do if your 5 or 6 year old is still sucking their finger, and you're afraid they're not going to stop?

A.) At this age, the habit is well established and you will probably need some outside help. One effective method is to have a dentist make a special retainer for the

youngster. These retainers are made to comfortably fit in the palate where the thumb fits. Some retainers work by acting as a spacer to insulate the pleasurable sensation that researchers think kids derive from the finger touching the palate. Other retainers can undo the damage that thumbsucking may cause.

Q.) Should parents enforce the "No Thumbsucking Rule"?

A.) No! The child needs gentle positive reminders. Parents should not resort to pulling the thumb out - that will make matters worse.

Dr. Thomas H. Abele, D.M.D.
Dr. Geoffrey B. Edmunds, D.D.S.
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Sports

Malinowski leads BC at Federation meet

By ROB JONAS

If nothing else, the Bethlehem girls cross country team can claim that it is one of the top 20 squads in New York.

The Lady Eagles finished 16th in the team standings with 386 points at last Saturday's Federation meet at Bowdoin State Park near Poughkeepsie.

Competing against the top public and private school teams in the state, Bethlehem's young runners struggled to break away from the main pack. Only two Lady Eagles — **Emily Malinowski** and **Taylor Jackson** — finished among the top 100 overall.

"Basically, I think the kids ran well," Bethlehem coach **Jack Rightmyer** said. "I think they were a little intimidated by the

course and the competition."

Malinowski led the Lady Eagles with a 61st-place finish in a time of 20:13.84. Jackson was 66th, followed by **Ashley Dwyer** (145th), **Meg Anderson** (161st) and **Amy Cunningham** (173rd).

Despite falling short of a top-10 finish, Rightmyer said the experience will help his team next year.

"I think we'll make this an every year occurrence because we're only going to improve," he said.

Another local runner, **Anne Hessberg** of Slingerlands, competed as an individual at the Federation meet. Hessberg placed 51st with a time of 20:06.93.

Bethlehem's **Rob Kuhn** was 41st in the boys race with a time of 16:53.56.

Here you go



Bethlehem quarterback Mark Bulger hands off to tailback Pat Heenan during last Saturday's Class AA regional playoff game against Newburgh Free Academy (Section IX) at Kingston's Dietz Stadium. Heenan rushed for 68 yards and a touchdown in the Eagles' 32-6 victory over the Goldbacks. Bethlehem advances to meet Rockland (Section I) in Friday night's state semifinal game.

Jim Franco

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HMRRC announces winter race schedule

The Hudson Mohawk Road Runners Club announced the schedule for its annual winter racing series at the University at Albany.

The series begins Sunday, Dec. 16, with races of 5 and 15 kilometers. Both races begin at 10 a.m. from the physical education building and are open to runners of all ages and abilities.

Races of progressively longer distances will be held at two-week intervals through the winter, culminating in the HMRRC Winter Marathon Feb. 24.

Registration for the Dec. 16 race begins at 9 a.m. in the physical education building at the University at Albany. The entry fee is \$4 for club members and \$6 for non-members.

For information, call 435-4500.

Schaeffer, Hill place at Jr. Olympic race

Bethlehem's **Adam Hill** and **Matthew Schaeffer** placed in the top 20 for the Adirondack Runners A team at a Junior Olympics youth cross country race Nov. 18 on Long Island.

Schaeffer finished 13th overall, while Hill placed 19th in the 4-kilometer race.

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HOLIDAY



GIFT GUIDE

PART ONE

Planning helps families cope with holidays

Coping with the loss of a loved one can be difficult any time, but particularly so during the holidays. This year may be especially poignant for grieving families. Not only will they be dealing with their own loss, but also the losses suffered throughout the country.

For help managing grief during the holiday season, Vitas Healthcare Corp., the nation's leading provider of hospice services, recommends that you begin by planning ahead.

Plan ahead for all upcoming holidays. This includes all the times that family and friends join together for fun, not just the traditional days of

celebrations. Plan early and include your entire family when deciding how best to celebrate the events. Ask, do we really enjoy doing this or is it done out of habit? When planning, consider the following:

- Be realistic about what you can comfortably do to participate in the holiday. Decide if you can still handle the responsibilities held in the past. Consider shopping by phone, catalogs or the Internet. Ask friends and family for help.

- Do not be afraid to make changes. Let the children take over decorating. Open presents the night before the holiday rather than the day



of. Have dinner at a different time and change the seating arrangement. Burn a special candle in honor of your absent loved one.

- Draw comfort from doing

something for others. Consider giving a donation or gift in memory of your loved one. Invite a guest who would otherwise be alone to share in the celebration.

- Next, evaluate your coping plans. Make sure that you do not isolate yourself from those who love you and can provide support. Think about what the holiday means to you and your family. Do your plans allow you to express and celebrate the aspects of the holiday that are important?

Let your plans and limits be known. Once you've made plans for the holiday, share them with friends and family. Let them know of any intended changes and explain how they can best help you through this difficult time.

Finally, don't be afraid to have fun. Give yourself and

Helping Others Cope with Grief

Knowing the right thing to say to a friend coping with the loss of a loved one might seem difficult, particularly around the holidays. But, VITAS Healthcare Corporation recommends being straightforward and telling your friend that you're concerned. Other suggestions include:

- Reach out to him or her. Don't wait for your friend to call you.
- Be direct. Ask, "How are you coping?" Then be prepared to really listen.
- Encourage your friend to do what makes him or her most comfortable.
- Respect different cultures. Ask your friend what is done in his or her culture.

your family permission to celebrate and take pleasure in the holiday. Experiencing joy and laughter does not mean that you have forgotten your loved one. Do not feel guilty over any enjoyment you experience.

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Managing your holiday debt

If your holiday spending has you thinking about juggling bills instead of singing holiday tunes, don't despair. With discipline and a change in your spending habits, you can manage your way out of debt, says the New York State Society of CPAs.

Here are some steps to help you get started.

FIND OUT HOW MUCH YOU OWE

A surprising number of people don't even know how much they owe. The first step in any effective debt reduction program is to restrict your credit card use to emergencies only. The next step is to gather all your loan statements and credit card records and starting with the debt carrying the highest interest rate, add up the outstanding balance on each account. Finding out how much you owe can serve as a real wake-up call to the need to stop running up bills. Then make a record of the interest rates you are paying on all your outstanding debt. This will help you with repayment priorities.

RESTRUCTURE YOUR DEBT TO REDUCE INTEREST EXPENSES

If you are a homeowner, a low-interest home equity loan is one of the cheapest ways to consolidate your debt and pay off high-interest credit card balances. Because the interest you pay on home equity loans, unlike credit card interest, is almost always tax-deductible, your cost of borrowing is lower. However, it is important to keep in mind that a home equity loan puts your home at risk should you default.

You also can lower your interest costs by transferring credit card balances to a lower-rate card. But before you go through the trouble of changing credit cards, check with your current card issuer to see if it is willing to lower your rate.

PAY OFF AS MUCH AS YOU CAN

Don't fall into the trap of paying just the minimum due on your credit cards or it will take you forever to become debt-free. Be willing to bite the bullet and pay off as much as you can each month. If you have outstanding balances on a number of cards, your first priority should be to eliminate your most expensive debt. Pay as much as you can toward the debt with the highest interest rate and when that is paid off, move on to the next highest.

MAKE A BIGGER DENT IN YOUR OUTSTANDING BALANCES

Withdrawing funds from low-interest savings accounts to pay off high-interest loans and credit cards almost always makes good financial sense, as long as you keep the equivalent of six months' worth of living expenses in a liquid account for emergencies. Remember that paying off a credit card carrying a 14 percent interest rate is equivalent to earning 14 percent on an investment, an attractive rate of return in today's economic environment. You also should make it a point to use any windfalls such as a bonus, tax refund or even the proceeds of a garage sale to pay down your debt.

CONTACT YOUR CREDITORS

Sometimes outstanding debt can become so overwhelming that instead of tackling it head-on,

Continued on page 3

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Antipasto salad serves as tomato holiday treat

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There are four new products that can make preparing meals with tomatoes easier. The products are diced tomatoes

with balsamic vinegar, basil and olive oil — tangy and robust, especially for salads or with pasta; petite diced tomatoes — extra small, good for toppings; diced

tomatoes with sweet onions — mild and sweet; and diced tomatoes in sauce, can all be used in a variety of ways to add color,

flavor and nutrition to family meals.

In addition, tomatoes are good sources of vitamins A and B-complex, are low in fat and cholesterol and are nature's most abundant source of the antioxidant lycopene.

Tomatoes are versatile and they keep their nutritional value and

great flavor when they are processed.

That means easy-to-prepare, canned tomato products can be invaluable to cooks.

Try this recipe for delicious antipasto style pasta:

ANTIPASTO STYLE PASTA

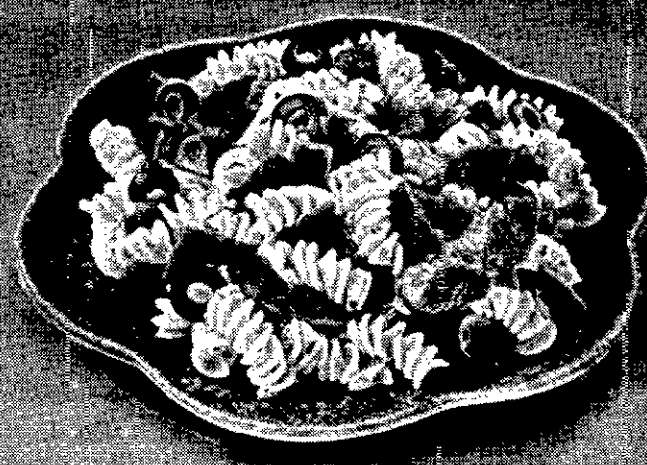
Ingredients needed:

- 2 cups pepperoni, sliced and quartered*
- 1 can (14.5 oz.) Diced Tomatoes with Balsamic Vinegar, Basil and Olive Oil
- 1 to 2 cups each: finely chopped green bell pepper and shredded mozzarella cheese
- 1 can (2.25 oz.) sliced ripe olives, drained
- 2 garlic cloves, minced
- salt and ground black pepper, to taste
- 1 pound rotini pasta
- 1/2 cup chopped fresh mint (optional)
- *2 cups of cooked and cubed meat or fish (ham, chicken and tuna) may be substituted for the pepperoni

Steps to prepare:

Combine and mix pepperoni,

Good for the holidays



Antipasto style pasta salad

tomatoes, green pepper, cheese, olives, garlic, salt and pepper in a large serving bowl; set aside.

Cook pasta according to package directions; drain. Do not rinse.

Add hot pasta and mint, if desired, to tomato mixture in bowl; toss to coat. Serve

immediately.

Preparation time: 5 minutes

Cooking time: 12 minutes

Makes 6 to 8 servings.

Antipasto style pasta, made with delicious and nutritious tomatoes can be a colorful way to please your family's palate.

Continued from page 2

we try to avoid it, a strategy that is sure to make matters worse. If you fall behind on payments and are having trouble coping with your growing debt, call your credit card companies and other lenders and try to work out an acceptable payment schedule. Avoid quick-fix "credit-repair" services — many are nothing more than costly scams.

CHANGE YOUR WAYS

After working hard to pay off your debt, the last thing you want to do is run up your balances again. It would be nice to think we could live without credit, but in this day and age, every now and then, you're going to need it. The key is to live within your budget

and to use credit wisely. Shop around for a card with the lowest possible interest rate and resolve never to charge more than you can pay off at the end of the month.

For further suggestions, you could attend the NYSSCPA Credit Card Debt Seminar on Jan. 16, at the society's office, 530 Fifth Ave., 5th floor, New York City.

Call 212-719-8405 to reserve your spot.

SEEK PROFESSIONAL HELP

If your debt is too much to handle on your own, you may want to contact the Consumer Credit Counseling Service (CCCS), a nonprofit agency that helps consumers deal with credit

problems.

Some clients just need help curbing their spending and setting up and sticking to a budget.

For others, the CCCS will negotiate with creditors — often getting concessions that clients may not be able to get on their own — and set up a repayment plan.

To find the office closest to you, call 1-800-388-2227.

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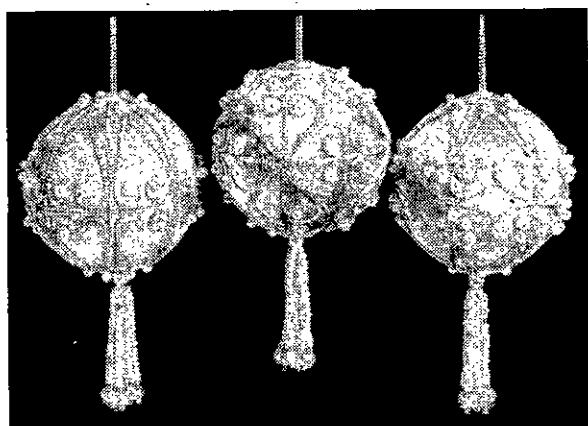
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Cherries add festive color to holiday treats

The holidays are a fun time to celebrate with family and friends. Of course, food is always a big part of holiday celebrations. Maraschino cherries with their bright red color are a festive addition to holiday cookies, desserts and drinks.

One festive idea is to let the kids in the family help make chocolate-covered cherries. Just melt semisweet or white chocolate chips. Dip maraschino cherries with stems in the melted chocolate, then set them on waxed paper. Refrigerate until set.

Stock up on maraschino cherries during the holidays to



decorate cookies—these can be colorful gifts as well as tasty party fare. Cherries are a fun garnish for holiday platters. Combine them with sprigs of mint and slices of oranges or lemons. In addition, no holiday drink is complete without at least one maraschino cherry.



You can easily turn that perennial holiday favorite — eggnog—into a special treat by adding maraschino cherries.

Here's how: Use prepared eggnog (available at supermarkets during the holiday season). Drain a jar of maraschino

cherries, reserving the juice. Put cherries in ice cube trays (one in each compartment) then fill the trays with about one cup of eggnog. Freeze until solid. Meanwhile, stir reserved cherry juice into one quart eggnog; refrigerate until ready to use. When serving, place eggnog ice cubes in glasses, then fill with cherry-flavored eggnog.

You will get rave reviews from family and friends when you prepare holiday coffee cake. It's an easy-to-prepare treat that is ideal for holiday brunch or a special breakfast. Maraschino cherries add a pink hue to the filling and are the perfect decoration on top. Keep the ingredients on hand so you can prepare this recipe more than once during the holiday season.

For more taste-tempting maraschino cherry recipes, send a post card with your name and address to Cherry Marketing Institute, P.O. Box 30285, Dept. M, Lansing, Mich. 48909-7785.

This holiday sweet roll is likely to please family and friends. It's

easy to prepare with crescent rolls, cream cheese and bright red maraschino cherries.

Holiday Coffee Cake

- 1 (10-ounce) jar maraschino cherries
- 1 (8-ounce) package cream cheese, softened
- 1/2 cup slivered almonds
- 1/2 cup granulated sugar
- 1/2 teaspoon almond extract
- 2 (8-ounce) packages crescent rolls
- 1/2 cup confectioners' sugar
- 1 to 2 teaspoons milk
- 1/4 teaspoon almond extract

Drain maraschino cherries; discard juice or save for another use. Reserve 10 maraschino cherries for garnish; chop remaining cherries. Combine chopped cherries, cream cheese, almonds, sugar and almond extract. Mix well.

Separate each can of crescent roll dough into 2 rectangles; press firmly at edges and perforations to make one large rectangle. Roll or pat into a rectangle about 15x13 inches.

Spread cream cheese mixture over dough. Roll up dough starting at long side of rectangle. Place seam-side down on greased baking sheet. Form into a ring, firmly pressing ends together. With scissors or a sharp knife, cut almost through ring at 1-inch intervals. Turn each section slightly on its side.

Bake in a preheated 350-degree oven 20 to 25 minutes or until golden brown. If necessary, cover with foil during last 5 minutes to prevent over browning. Carefully remove from pan to wire rack.

Combine confectioners' sugar, milk and almond extract to make a glaze. Drizzle over coffee cake. Garnish with reserved whole cherries. Refrigerate leftovers.

Makes about 15 servings.

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IT ALL STARTS WITH A VISION

The Inn offers an alternative to holiday madness

By ANDREW GREGORY

With the holiday season right around the corner, a few wintry images come to mind: busy shopping malls, crowded parking lots, and the inevitable task of shoveling snow. Despite the overwhelming feeling of these daunting tasks, the holiday season is indeed a time of giving gifts. While the majority of Americans are carefully considering what items to include on this year's wish list, the Inn & Meeting Place at the Rensselaerville Institute offers a viable alternative to the usual holiday request: rest and relaxation.

Tucked away in the small town of Rensselaerville, the inn provides its guests with a chance to get away from cell phones, fax

machines and e-mail. Established in 1970, the Inn & Meeting Place was a welcome addition to the



Rensselaerville Institute, which had already garnered international acclaim as a center for peace and social development.

Over the years, the Inn & Meeting Place has hosted several high profile events featuring notable names including famous sci-fi writer Isaac Asimov. Weddings, family reunions and holiday parties are welcomed as well.

As far as lodging and food is concerned, the Inn & Meeting Place has covered all bases. The Ford and Straus residence halls, built in the late 1960s, offer guests the finest in class and elegance. Huyck House, with its brilliant 19th century interior, is a perfect example of the accommodations that await its guests. These lodgings along with several other properties, have been well-

preserved and remain an integral part of the Inn & Meeting Place experience.

Once an old carriage house, the Weathervane Restaurant is a place where a meal isn't only a meal, it's a truly visceral experience. Executive Chef John Marzilli is the man behind the food at Weathervane.

"Everyone who works here is genuinely interested in providing the ultimate dining experience for every single guest," he said.

One of the most creative elements of the Weathervane is that Marzilli creates a different menu for every meal.

"We love to mix it up in the kitchen. We'll serve rack of lamb one meal and then chicken sea bass the next. It's our job to excite our guests with food and

atmosphere; and we love every minute of it."

If you have any dietary restrictions, he has no problem cooking up some accommodating dishes. The only thing that Marzilli asks of his guests is to call ahead because seats at the Weathervane are made by reservation only.

If all that isn't enough to tempt the senses, why not travel out to the Inn & Meeting Place and see for yourself what others have already experienced? The lodging and banquet staff of the Inn & Meeting place take pride in serving their guests. So whether you're looking for a romantic weekend getaway or a nice spot for a family outing, consider adding the Inn & Meeting Place to your holiday wish list.

View new products on the web before you hit the stores

If you're nuts for gadgets and gizmos, you're not alone. Americans just love all the devices that bring us information, entertainment and connections from anywhere and everywhere.

The Consumer Electronics Association (CEA) reports that 58 percent of Americans own a personal computer; 39 percent own a camcorder; 23 percent of all households own all the audio and video equipment needed to create a surround-sound movie theater experience in their home; and 15 percent own a DVD player.

To capitalize on demand, consumer electronics products have now gone "trendy" by infiltrating the fashion industry. There's now a market for devices that allow consumers to express their individuality. Apple was one of the first manufacturers to offer

consumers a color choice when it introduced its iMac computer. (If you can't stop bragging about your blueberry iMac, you know the phenomenon.)

These gadgets are cute and appealing so it's hard not to go overboard. But before you blow your savings, determine what you really need. It may not be the most expensive digital organizer or laptop computer with all the bells and whistles. A less expensive model may offer all the functionality you require.

For example, do you need a desktop or laptop computer? How important is portability? Some laptops let you add full-size monitors and keyboards for home or office use. What do you want your computer to do: word processing; home finances; games? What other features do

you need: soundcard, modem, CD-ROM? Decide what features and software you need, and then start comparison-shopping.

PC Magazine and beststuff.com are great resources for finding "best in category" ratings. Consumer

REVIEW.com offers thousands of product reviews all written by consumers, and by simply answering a handful of questions, Active Buyer's Guide (www.activedecisions.com) will provide a product recommendation based on the information you provide and the requirements you identify.

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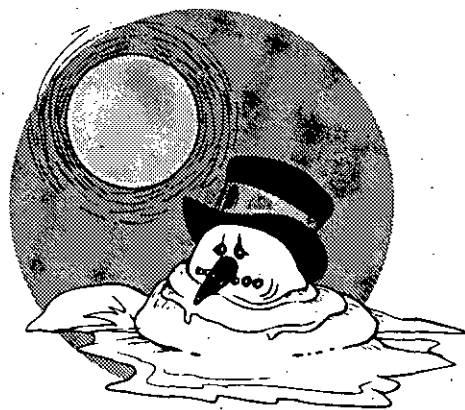
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Albany JCC offers The Holiday Hoopla

By KATHERINE MCCARTHY

If you're looking for a family day, and a chance to get some holiday shopping done, check out The Holiday Hoopla, scheduled for Sunday, Dec. 2, at the Sidney Albert Albany Jewish Community Center.

Most of the proceeds from the day will benefit the Early Childhood Center at the JCC, made up

of the pre-school, the kindergarten and the day care center.

Faith Zenker, chairwomen of the fund-raising committee, explained that the Holiday Hoopla has been divided into three parts—shopping, entertainment and activities.

"We've got a Lucky Lotto," Zenker said, "with gifts donated by area merchants, and ranging in value from \$40 to \$60. It includes things like themed gift baskets, gift certificates, movie passes and

videos." Shoppers purchase tickets and drop them into buckets near the item they wish to have, and wait to see if their name is drawn. Tickets are \$1 each; \$10 for 12; \$30 for 20; and \$25 for 40.

The silent auction offers more than 20 different unique items, including a private plane ride to Nantucket, a spa package and jewelry. There will also be merchant booths, with 20 different vendors offering crafts, jewelry, toys and all sorts of holiday goods. It wouldn't be hoopla if there weren't entertainment, and at 12:30, a belly-dancing troupe that evolved

We've got a Lucky Lotto with gifts donated by area merchants, and ranging in value from \$40 to \$60. It includes things like themed gift baskets, gift certificates, movie passes and videos.

Faith Zenker

from a local exercise class, Belly Jam, will perform.

"These aren't people from exotic locales," Zenker said, "but ordinary mothers, grandmothers and kids."

At 1:45, Andy Morse, known as The Music Man, will get kids groovin' to his tunes. And at 2:30, the Holiday Hoopla will pay homage to and raise money for

Continued on next page



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Holiday moves



Dancers from Shazadi Belly Dancers will perform at The Holiday Hoopla at the Albany Jewish Community Center on Dec. 2.

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the victims of the World Trade Center disaster. For \$1, people can purchase a picture of a dove, to be hung on a wall of peace at the JCC. For \$200, families can sponsor the hand release of a dove.

"Wings of Serenity has volunteered their time and service," Zenker said. "They'll have 50 doves in cages out in our field. The families who sponsor a hand release will stand on either side, and set their dove free. Then Wings of Serenity will let the other doves free." Zenker said the JCC is still looking into an appropriate fund to receive the



money they receive from the wall of peace, and the dove release. To make sure everybody in the family can participate in all the hoopla, there will be a number of activities specifically geared toward kids. JoAnn Stores contributed enough material for four "make and take" crafts.

Kids can also play games -- the Dreidel game, a Mike and Ike counting game -- and their will be face painting, clowns, balloons and tattoos. A family scavenger hunt will give kids something to do, while letting parents get a tour of the spacious and recently renovated JCC. A "tot stop" will let kids under four exercise those gross motor muscles, while parents can take five on nearby couches or tables.

Last but not least, to give people the energy to take full advantage of all the offerings, there will be food. Uri Saati of the Albany restaurant, The Bagel Bite, will be catering from noon until 2 p.m. -- or until the food runs out.

"We're so excited about this," Zenker said of the day. The Holiday Hoopla is scheduled from noon to 4:30 p.m. at the JCC, located at 340 Whitehall Road in Albany.

For information, contact Beth Monaco at 689-0039 or e-mail her at Bethm@saajcc.org.

Kids can also play games -- the Dreidel game, a Mike and Ike counting game -- and their will be face painting, clowns, balloons and tattoos. A family scavenger hunt will give kids something to do.

Faith Zenker

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Holiday season decorating on a budget

Deck the halls this holiday season-and don't let a tight holiday decorating budget turn you into a Scrooge. It can be easy and affordable to decorate a lot, without spending a lot. Heeding these hints from the experts may help you save money and have some holiday fun:

- Decorate your own wreath: Craft wreaths come in many varieties, from realistic looking PVC to willow. Buy a holiday floral bush and cut the heads off (they're all individually wired) and fasten them to the wreath. Add some baby's breath as snow and you have a beautiful wreath.

- Drape a garland: To easily bring a festive look to a room, drape a garland over doors and windows. Make a centerpiece from candles. Combine several

pillar candles of various heights on a ceramic or other nonflammable dish; surround with inexpensive pine garland stems to hide the dish. Add some glitter or snow.

- A mini tree-one to three feet tall-can add a holiday touch to your desktop or table. Decorate your own or buy an inexpensive, predecorated tree. After the holidays, just place in a plastic bag for storage-no need to undecorate. If you're tired of stringing Christmas lights on your full-size tree, buy a prelit artificial tree.

- Shop smart. You can find many holiday decorations at prices lower than wholesale at popular closeout retailers such as Big Lots, Pic 'N' Save and Mac Frugal's. Among the largest seasonal retailers in the country,



these stores have a huge selection of fall and holiday decorating items, decorative pieces you won't find elsewhere. Due to their buying power and sources, these closeout stores can get custom-made merchandise in large quantities at rock bottom pricing from nut dishes and figurines to ceramic houses and crafts. The savings are passed on to shoppers.

- Think theme. Studies show that the average person wraps 35 gifts for Christmas. With

unique matching lines of tins, bags and gift bags, including the whimsical "Barnyard Christmas" selection, it's easy and affordable to coordinate your holiday wrapping and decorating. Imagine buying gift bags for just 69 cents, 6-foot artificial trees for only \$14.99, and holiday cards at

"day after Christmas" prices! Decorate from room to room using different themes. Highlight your favorite sport or your passion for teddy bears. When prices are this low, there's no limit to where your holiday imagination can take you.

Holidays can be more delightful with budget-stretching decorating ideas.



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Men willing to learn about electronics

A national survey of men 25 to 49 years old shows that they don't know as much about purchasing home electronics as they profess to in public—but they are willing to learn.

According to the Circuit City Technology Thermometer, 77 percent of men feel they are up to date with the latest advances in computer, television and stereo equipment—but are they really? Only 12 percent of the respondents knew the size ratio of HDTV (16:9) and 71 percent didn't know what PVR stands for (personal video recorder). With the holidays just around the corner (men purchase 70 percent of the home technology holiday gifts), Santa may need a refresher course.

"With a never-ending supply of new electronics hitting the shelves, most men can't keep up to date with what's hip for the home, even though many think they know everything," says David Gregg, the Discovery Channel's "Techknow Guy."

However, one consumer electronics retailer is hoping to change that. This October, Circuit City is hosting Circuit

City EXPO 2001, a month-long celebration of the hottest technologies shoppers are looking for.

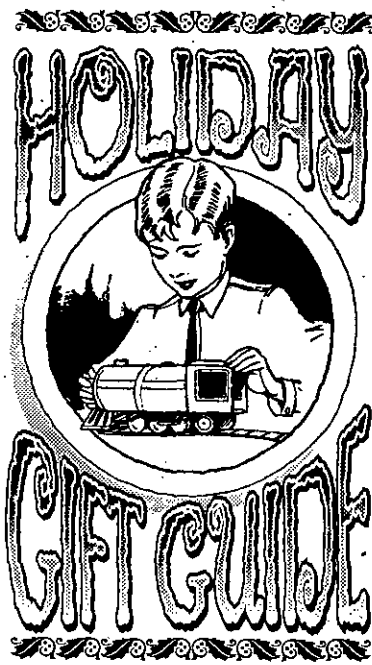
According to the Technology Thermometer, 30 percent of men still don't know how to program all their home electronics and 43 percent are unfamiliar with broadband technology. During EXPO 2001, Circuit City's 40,000+ associates will reach out to shoppers, answering questions and dispelling the mysteries behind the magic of this year's sizzling electronics goodies.

"Before men scurry out into the wilderness of consumer electronics this holiday season, they need to educate themselves about the newest technologies. It's easy to be intimidated by new technologies. It's easy to be intimidated by all the new products and services out there and we want to alleviate all that confusion," says John Froman, Circuit City's executive vice president of merchandising.

According to Gregg, broadband Internet access, Wireless Web, digital darkrooms, home theater systems, Windows XP and HDTV are some of this year's hottest home technologies. However, many men are unfamiliar with some or all of these technologies; just eight percent of those surveyed are familiar with digital darkrooms.

"What I hear the most often is, 'I want the biggest and the best,'" says Gregg. "But what everyone needs to know, especially men, is that the biggest and best may not be for you. Unless you're replacing your entire audio system or buying a new computer, you need to make sure what you really want will work with what you already have. And if it doesn't, get what works best with your existing equipment or begin planning for a new system. But you can't be afraid to ask questions."

Fortunately, men say they are willing to ask questions in order to get the right answers. Of the men surveyed, 78 percent said they have no problem asking questions when shopping.



Men and Home Electronics

Results from the Circuit City Technology Thermometer survey

In Control of Remotes

A man's desire for control doesn't stop at the store purchase. Seventy-three percent said it's important or very important that they have control of the remote when watching television.

It's a Man's Job

When it comes to buying home electronics for the holidays, men do the bulk of the buying. Nearly three out of four (71 percent) report that they are the member of the household responsible for purchasing home electronics.

Size Doesn't Matter...

Men aren't all that concerned with the size of their electronics. Less than 20 percent said that bigger remote controls were better than smaller ones.

...Or Maybe It Does

Thirty-six percent of men said it would take a 52" television to get a woman to say, "Wow, he's got a big TV!"

Time for a Techknow Tutor

While 63 percent of men claimed to be somewhat or very familiar with home electronics, 81 percent didn't know what a digital darkroom is and 42 percent were unfamiliar with broadband technology.

®

"It may be genetic, but men see home electronics as magical," says Froman. "But because home electronics have become so complex—with different features, modes and settings, the average man looks at his remote control as a mysterious wand with a power

button. EXPO 2001 is a time for men who want to know to come in and ask questions."

For more information about EXPO 2001 or this year's hottest consumer electronics, log onto www.circuitcity.com or stop into any one of the nearly 600 Circuit City stores nationwide.



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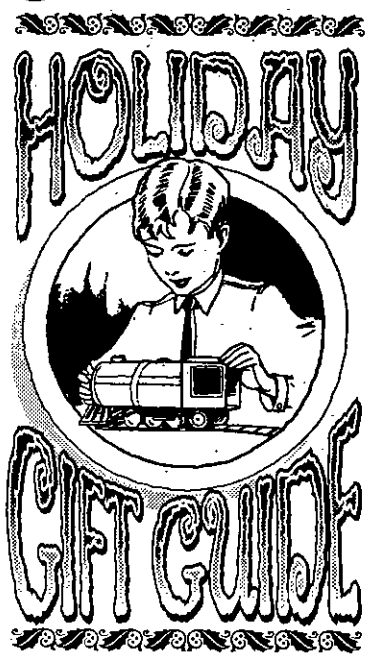
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Share the gift of home food safety this season

Enjoying food with family and friends is one of the highlights of the holiday season and frequently, everyone wants to join in to help, but too many cooks in the kitchen can result in an increased risk of foodborne illness. The American Dietetic Association and ConAgra Foods offer 10 tips to avoid common kitchen blunders when preparing meals, buffets and even homemade food gifts this holiday season.

"During the holidays, food is at the center of many celebrations and festivities," said Carolyn O'Neil, registered dietitian and national spokesperson for the ADA/ConAgra Foods Home Food Safety program. "No one wants to get sick during this season, so it's important to take extra precautions when preparing, cooking, serving and storing food."



10 Tips For Holiday Home Food Safety

- Wash hands before, during and after food preparation.

Proper hand washing may eliminate nearly half of all cases of foodborne illnesses. Remember to wash hands when switching tasks, such as handling raw meat and then cutting vegetables.

- Keep kitchen surfaces such as appliances, countertops, cutting boards and utensils clean throughout meal preparation with hot, soapy water.
- Always use two cutting boards: one for raw meat, poultry and fish and the other for ready-to-eat foods, like fruits and vegetables. Make it easy to remember by using color-coded cutting boards, one for raw meats and one for ready-to-eat foods.
- Use separate spoons and forks to taste, stir and serve food.
- Use a meat thermometer. It is the ONLY reliable way to determine the doneness of your food and ensure that food is cooked to proper temperatures. (Do not rely on "clear juices" to tell that the turkey is done.)
- Refrigerate food within two hours of being served to prevent the growth of harmful bacteria that can lead to food poisoning. This is especially



important when serving buffets.

- Use a refrigerator thermometer and make sure

it's set at below 40 degrees Fahrenheit.

- Never allow foods to defrost at room temperature, on the counter or in warm water. Defrost food only in the refrigerator or in the microwave. When defrosting food in the refrigerator, remember to cover raw meat and place it on the bottom shelf so juices won't drip onto other foods. When defrosting food in the microwave, cook it immediately afterward.
- If taking food to parties, make sure to observe the same safety habits as at home—keep foods well-refrigerated and cook them to proper temperatures.
- When baking, avoid eating foods containing raw eggs like cookie dough or cake batter. Raw eggs may contain harmful bacteria that can lead to food poisoning.

Joy to the Leftovers

Holiday meals often result in tasty leftovers. Follow these tips to make sure you don't get sick the second time around.

- Store leftovers in shallow containers (2 inches or less).
- Refrigerate/freeze leftovers within two hours of cooking the food.
- Remove turkey from the bone and store it separately from the stuffing and gravy; slice breast meat; legs and wings may be left whole.
- Use turkey within 3-4 days; stuffing and gravy, within 1-2 days.
- Reheat leftovers to 165°F.
- When in doubt, throw it out!

To help reduce foodborne illness, the American Dietetic Association and the ConAgra Foods Foundation are partners in a national education initiative, Home Food Safety...It's in Your Hands®. Visit www.homefoodsafety.org, or call ADA's Consumer Nutrition Information Line at 800/366-1655 for more simple home food safety tips.

During the holidays, food is at the center of many celebrations and festivities. No one wants to get sick during this season, so it's important to take extra precautions when preparing, cooking, serving and storing food.

Carolyn O'Neil

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On your mark, get ready — shop!

By DONNA J. BELL

The holidays are here, the holidays are here! If you have kids on your holiday gift list there is no shortage of toys to buy — from the hip and new like the Groovy Girls and Harry Potter to old perennials like train sets and Raggedy Ann and Andy dolls.

"The hottest thing for girls 5 and up are the Groovy Girls," said Karen Heath, owner of The Toy Chest in Slingerlands.

Groovy Girls are 12-inch teenage dolls with trendy clothes and even trendier names like Solana; Siri and Sesilia. Designed with an eye for style, these playmates sport funky removable outfits.

In addition to the figures, there are also lots of fun accessories to collect like new clothes, furniture and more. With the dolls at about \$10 each and accessories ranging from \$3 to \$30 Groovy Girls are priced for anyone's budget.

Of course, the coolest boy wizard in town is showing up in almost every toy store in town. Because the book series appeals to both boys and girls Harry Potter products make it easy for muggles, parents, grandparents and other adults to shop.



Legos have an entire series of Harry Potter products ranging from \$7.99 up to \$89. With Legos you can build the HogWarts Express and many other scenes from the books. There are also journals, books, games, figurines and a host of other products adorned with Harry's image.

For the toddler on your list Jumbo Music Blocks, by Neurosmith, are an award-winner Heath said. Just featured on the Today Show, the soft, giant cube plays a different song for each side like Twinkle, Twinkle and Ring Around the Rosy. There is an activity on each side also that teaches children how to open zippers, play hide and seek, open and shut doors and more as it teaches ABCs and 123s. When you child gets tired of one set of songs you can purchase additional music cartridges with titles like "Disney's Cinderella," "Winnie the Pooh" and "Nutcracker," to name a few.

The suggested price for the block is \$59.95. A new edition to toddler toys that is also big this year is the favorite, Bob the Builder said Marie Visconti, a salesperson for the Parent Teacher Store in Latham. Children love the ever-friendly builder Bob and his helpful team



Harry Potter items, such as Legos and movie action figures, will surely be hot items. Expect to see his name on many wish lists this Holiday season.


of construction machines in the strong this year with new sets like the Sodor Airport with Tiger Moth the plane. Thomas products, by Learning Curve, range in price from \$9.95 for a single train or track pieces to \$299 and up for complete track sets with train tables. An old, old favorite Lincoln Logs is also making a comeback in both plastic and wooden versions.

Thomas the Tank Engine is still going strong. "This year fire engines, police cars and rescue vehicles are very popular,"

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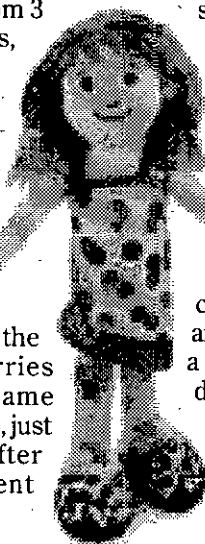
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said Visconti. Playmobile, which have toys that cover from 3 year olds to teen-agers, never goes out of style.

"This year they have a pirate ship that is absolutely fantastic," said Walter McCarol, a clerk at The Toy Maker in Stuyvesant Plaza. "It floats and has cannons."

McCarol said that the Toy Maker also carries collectible Madame Alexander dolls. In 1923, just three years after the 19th Amendment granted women the right to vote, Madame (Beatrice) Alexander started a cottage industry business,



which subsequently moved to a studio in downtown Manhattan.

Although Madame died in 1990 at the age of 95, the company continued and is currently celebrating its 76th anniversary and still offers fine quality, handcrafted collectible dolls, baby dolls and play dolls. Expect to pay a starting cost of \$70 and up depending on the doll.

Whether you are looking for popular and cool, or always-in-style, gift local toy stores are now stocked and ready to help you complete your gift list.

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Involve the children in holiday food prep

Whether enjoying roasted turkey with a glass of cranberry punch or pumpkin pie with a cup of eggnog, holiday meals are a wonderful time for families to come together to celebrate the season.

However, for many families, preparing a memorable holiday meal can be a stressful experience, especially when the kids are home from school during the

holiday break. Rather than trying to keep them occupied so you can cook, bring your children into the kitchen to serve as your helpers and to create a new family tradition.

"Traditions establish ties that bind families together," said Angie De La Cruz, a family and child therapist based in Dallas. "They provide continuity for children and help establish fond



memories of their childhood, allowing them to re-create this sense of happiness when they have their own families later in life."

With the holiday meal often serving as a cornerstone during the seasonal festivities, allowing children to help with food and beverages and add their own creativity in the kitchen is a great way to establish lasting traditions.

Start early. Begin making plans at least one week in advance



Cooking with children can be fun.

by deciding what you will be cooking and determining what part of the meal will be prepared by each family member. Poll the kids to see if they have a specific dish or drink they'd like to make.

Shop 'til you drop. Sit with the kids and make a list of

all the necessary items for the meal, and consider taking the children with you shopping. This will guarantee the kids are involved from the start in preparing the meal.

Establish one-on-one time. To keep the experience as stress-free as possible, schedule specific cooking times with each child. This allows you both to pay special attention to the dish or drink you're preparing as well as spend some quality time together.

Involve the little ones. Ensure that all the kids—regardless of age—are included in the preparations. Older children will certainly enjoy making their own special dishes, but for the little ones, assign specific tasks such as cracking eggs, pouring juice or stirring and mashing potatoes.

Add a personal touch. Encourage your kids to personalize their dishes—either by naming them or by adding their own special ingredients. To prevent junior from adding hot sauce to the holiday punch, create a taste-testing party before serving dinner. Everyone will love getting a sneak peek before the big event.

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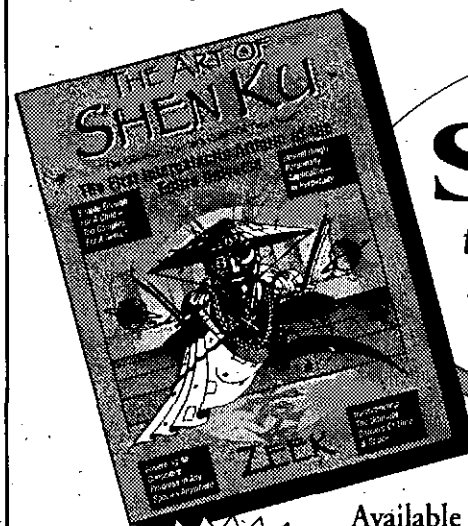
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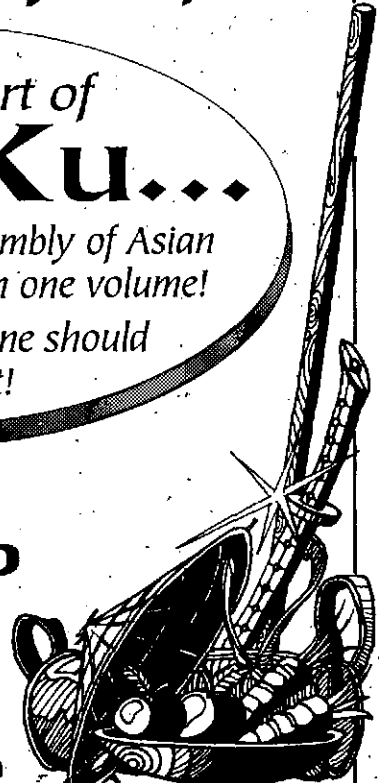
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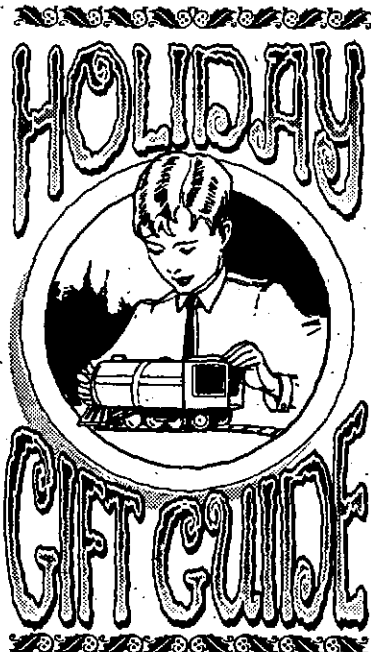
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Simple recipes balance holiday meals

Families and guests can enjoy great tasting meals and appetizers that are quick to prepare, even during the busy holiday season. Keeping the freezer stocked with frozen vegetables may be the hardest part of preparing a



holiday feast thanks to these easy to follow, few-ingredient recipes. Meals can become more appealing just by adding unique vegetable varieties such as Birds Eye® Baby Corn Blend or Gourmet Potato Blend as a side dish or as part of the main course.

For special occasions, the Baby Beans with Walnuts and Craisins recipe can be a colorful addition to the holiday table and offers a great combination of mouthwatering tastes. It's excellent to serve at home or take to holiday parties. Another traditional party favorite is spinach dip and this recipe makes it a great-tasting low-fat appetizer. Turkey with Mustard Sauce is a creative and delicious way to use those holiday leftovers.

For more great-tasting recipes and easy entertaining ideas, visit www.birdseye.com.



Turkey with Mustard Sauce

1 cup mixed vegetables
1 teaspoon spicy brown mustard
1 box onions with cream
2 cups cooked turkey or cooked turkey cutlets

In a large non-stick skillet, add mixed vegetables, mustard and onions with cream sauce; bring to boil.

Reduce heat to medium-low; cover and simmer 6 to 8 minutes until tender.

Add turkey and continue cooking 2 to 3 minutes until heated through. Serve hot as a main course.

Recipe serves 4

Prep Time: 5 minutes

Cooking Time: 10 to 12 minutes

Happy
Holidays from
Spotlight
Newspapers

Spinach Dip

1 box (10 oz.) frozen chopped spinach
3 tablespoons grated parmesan cheese
3 tablespoons low-fat ranch dressing
1/2 cup light sour cream or plain yogurt
1/2 teaspoon dried basil
1/2 teaspoon garlic powder

Cook spinach according to package directions; drain well and chill. Combine all ingredients in bowl; mix well. Serve chilled.

Recipe makes about 1 3/4 cups
Prep Time: 10 minutes

Baby Beans with Walnuts & Craisins

1 package baby bean and carrot blend
1 tablespoon butter
1/2 teaspoon salt
2 tablespoons craisins
2 tablespoons walnuts

Cook vegetables according to package directions and drain. In saucepan, add butter, salt, craisins, and walnuts to cooked vegetables; toss to combine. Serve hot.

Recipe serves 6
Prep Time: 2 minutes
Cooking Time: 5 to 6 minutes

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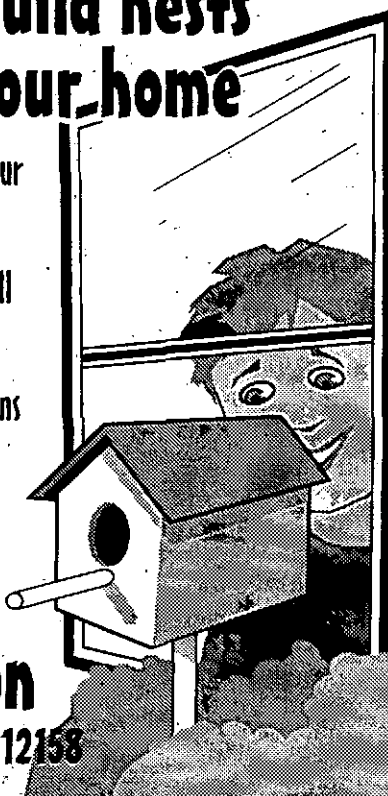
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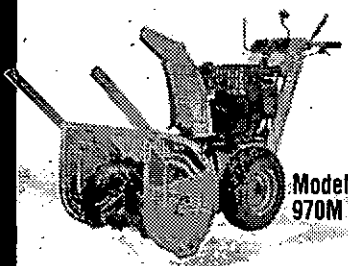
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Hosting a cookie exchange-how sweet it is

The holiday season often means that time is tighter than ever, making it difficult to bake a large variety of cookies for your holiday table. A cookie exchange offers a simple solution for today's busy bakers.

A cookie exchange is usually held at someone's house, where the guests bring enough of their home-baked cookies to share with the entire group. As a result, participants can bring home a wide variety of cookies with less effort and time.

On the invitation, clearly state the rules of a cookie exchange:

- Make it clear that each guest will be baking a dozen cookies for each participant (let them know the number of people you have invited, including yourself).

- Sturdy cookies without icings tend to survive the transport better than softer cookies.

- Guests should provide enough recipe cards to share at the party.

- Remind guests to bring containers so they can take their goodies home.

Schedules fill up fast during the holiday season, so it's a good idea to hold the party at an "off-peak" time, such as a weekend morning or a weeknight. You can also host a Pampered Chef cookie show, where a Kitchen Consultant can demonstrate easy cookie preparation and decorating techniques for baking delicious cookies with the All-Occasion Cookie Dough recipe.

ALL-OCCASION COOKIES

1 package (18.25 oz.) white cake mix
2-3/4 cups all-purpose flour
1 pound (4 sticks) butter or margarine, divided (do not use vegetable oil spread)
Milk or beaten egg whites (optional)

Optional decorations:

Colored sugar crystals
Sprinkles
Chopped nuts
Icing
Melted chocolate
Powdered sugar

1. Preheat oven to 350° F. In Small Batter Bowl, microwave 2 sticks of butter on High 1 minute or until melted. Slice remaining butter into 1/2-inch pieces; add to melted butter, tossing to coat. Let stand 3-5 minutes or until

softened.

2. Meanwhile, in large bowl, combine cake mix and flour;



blend well using Stainless Steel Whisk, breaking up any large

lumps. Whisk butter until smooth and free of lumps. If necessary, microwave butter an additional 10-20 seconds or until creamy and pourable. Do not melt completely.

3. Pour butter all at once into dry ingredients. Mix until dry ingredients are incorporated and dough is smooth. (If dough is too stiff to stir, knead by hand until smooth.)

4. Form cookies as desired. To decorate cookies before baking, brush unbaked cookies lightly with milk or egg whites using Pastry Brush and sprinkle with colored sugar crystals, sprinkles or finely chopped nuts.

5. Bake cookies on flat Baking Stone 15-17 minutes or until very light golden brown. Cool 3 minutes on baking stone; remove to Stackable Cooling Rack. Cool completely. To decorate cookies after baking, use icing or melted chocolate, or sprinkle with powdered sugar.

Forming Cookies

Pressed cookies: Fill Cookie Press, fitted with disk of your

choice, with dough. Press dough onto flat baking stone, 1 inch apart. Yield: 8 dozen cookies.

Cutout cookies: Turn dough out onto well-floured Cutting Board. With floured hands, gently knead dough, adding up to 1/2 cup additional flour as needed to form a firm dough. Divide dough into 3 equal portions. Shape each portion of dough into an 8-inch disk. Generously flour surface of cutting board or countertop. Roll one disk of dough out evenly to 1/8-inch thickness using Baker's Roller. Cut cookie shapes using Bread Tubes; transfer to flat baking stone, 1 inch apart. Yield 21/2 dozen cookies.

Drop cookies: If desired, stir 1/2 to 1 cup (any combination) of the following ingredients into the dough: chocolate morsels or miniature candy-coated chocolate pieces; toffee bits; chopped nuts or candies; or dried fruit. Using Small Scoop, drop level scoops of cookie dough onto flat baking stone, 2 inches apart. Yield: 7 dozen cookies.

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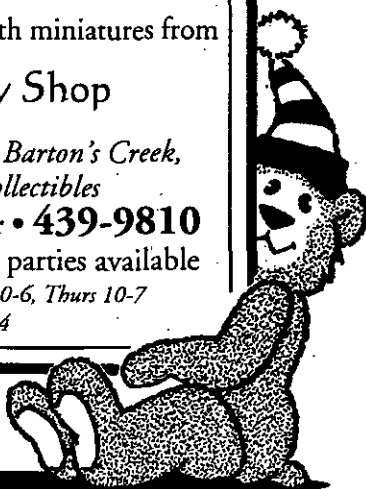
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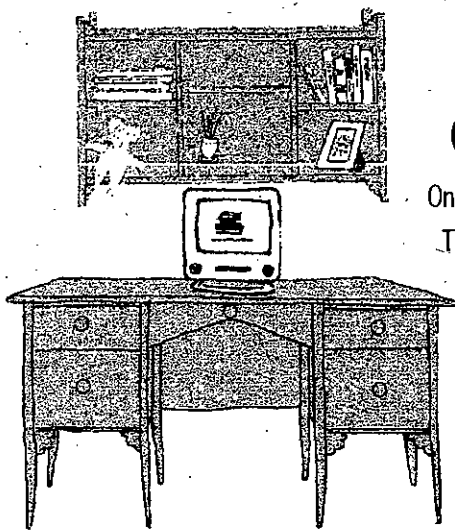
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Creating holiday fun can be as easy as popping popcorn. Throughout fall and winter holiday celebrations, you can always turn to popcorn for fun snacking. It's quick, easy, versatile and sure to be a hit with guests.

The following suggestions are fun and creative ways to make any occasion special with popcorn:

- Popcorn balls are a popular favorite. Color them to match the holiday by wrapping them in brightly

colored plastic wrap for festive fun. Visit www.popcorn.org for super-easy popcorn ball recipes as well as other terrific ideas for edible popcorn creations.

- Take a popcorn break. If the holidays have you harried, take comfort with a bowl of freshly popped corn and hot apple cider.
- As you gear up for the playoffs, create your own "Popcorn Bowl." Combine your own special mix of spices, nuts, cheese and, of

course, delicious popcorn for a unique treat the entire gang will gobble up. For added convenience, mix your masterpiece in advance and store in a resealable bag for instant game-time snacking.

- Need a perfectly portable gift? Try popcorn. Out-of-town gift recipients will enjoy popcorn kernels, microwave popcorn, seasonings and perhaps a special popcorn bowl for the entire family to enjoy.
- Looking for an easy holiday

entertaining idea for young and old alike? Create your own popcorn bar. Offer large bowls of popped popcorn along with small bowls of spices, dried fruit, dry dressing mixes, nuts, candies and more, and let your guests go wild creating their own pop-a-rific concoctions.

- The holidays mean parties, so don't forget your hosts—surprise them with popcorn. They'll appreciate the gesture and will enjoy this treat long after the parties are over.



- After the holidays have passed, turn to nutritious, delicious popcorn as you head into the New Year. One cup of air-popped popcorn contains just 31 calories, only a trace of fat and is truly satisfying. Healthy snacking with popcorn is a resolution that's easy to keep.

For free popcorn ideas and recipes for holiday fun from the Popcorn Board, visit www.popcorn.org or call 1-877-POP-A-LOT.

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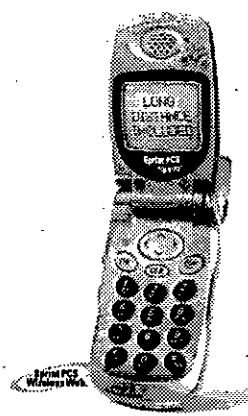


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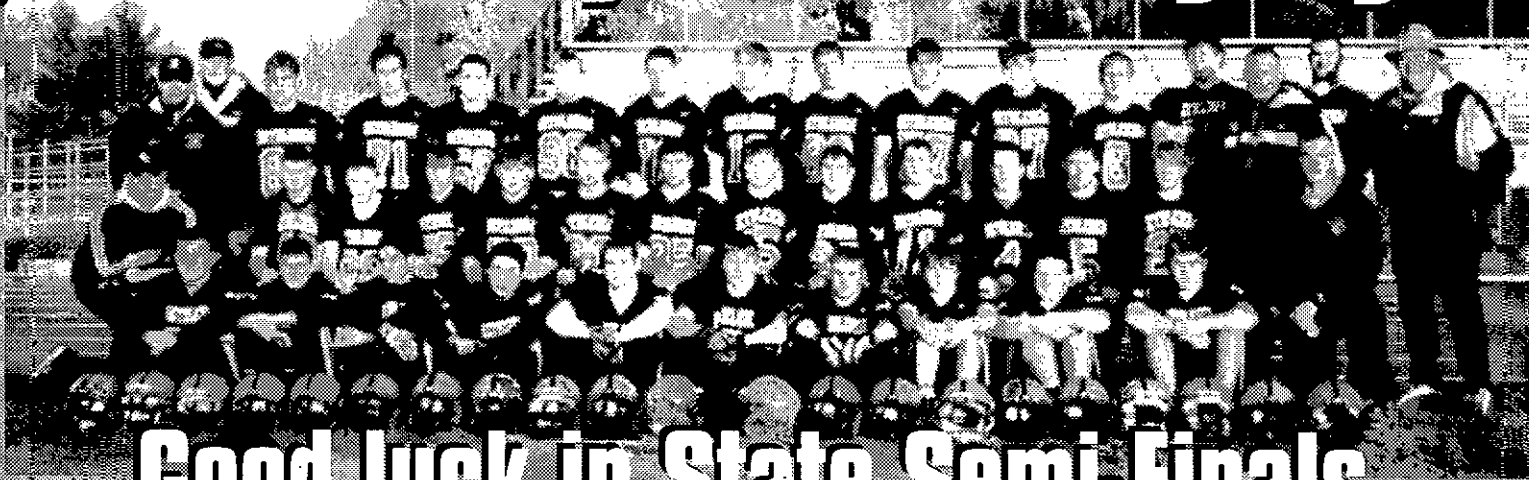
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Girls basketball teams ready for 2001-02 season

By ROB JONAS

If there is one good thing about having a basketball team with six sophomores on the roster, it's that they grow up to be juniors.

The Bethlehem girls basketball team was able to win the Suburban Council Gold Division title last year with a half-dozen sophomores playing key roles. Now, the Lady Eagles are geared up for another championship run with their veteran lineup.

"I think there should be a lot of parity in the Suburban Council," Bethlehem coach **Kim Wise** said. "Last year, there was the top four (Colonie Central, Guilderland, Shenendehowa and Bethlehem) and then everybody else. I'm not sure it will be defined quite like that this year."

The starting lineup will feature three returning players — guard **Sara Homer**, forward **Sue Kelly** and center **Kaitlin Foley**. Two more veterans, senior **Megan Baldwin** and junior **Jamie Mooney**, are battling for the other starting forward position vacated by the graduation of **Megan Fish** and **Sara Conklin**.

The return of Foley, Baldwin and Mooney will give the Lady Eagles a height advantage over most of their opponents. Foley, a junior, is 6-feet, 3-inches tall, while Mooney stands at 5-11 and Baldwin is 5-10.

"I think overall, we are a bigger team than the rest of the Suburban Council," Wise said. "I

think there are teams that will be equal to us, but I don't think there are any that are bigger than us."

Junior guards **Emily Bango** and **Kristen Link** are the other returning veterans for Bethlehem. The rest of the team is comprised of junior **Megan Kindlon**, sophomore **Kaitly Conklin** and freshmen **Vanessa Patry** and **Katie Rowan** — all of whom played on the junior varsity team last season.

"I feel that most of my team will play, and if we play the way I want them to, then we will need just about all of them," Wise said.

The way Wise wants her Lady Eagles to play is to have the guards get the ball upcourt quickly and get the forwards involved as much in the offense as possible.

"I don't think (our style has) changed much from my philosophy," Wise said. "We're still going to push the ball, but we're going to try to get it in (side) and out."

Bethlehem opens its season Nov. 30 with its annual tipoff tournament. The three other teams taking part in the festival-style tournament are defending Class A Federation champion Colonie Central, Guilderland and Catholic Central. Bethlehem meets Guilderland in the opener Nov. 30 and Catholic Central Dec. 1.

Though the Lady Eagles avoid Colonie in the tournament, Wise said her team will have to contend



The Bethlehem girls basketball team looks to repeat as Suburban Council Gold Division champions this season. The Lady Eagles are, from left to right, (front) **Vanessa Patry**, **Sue Kelly**, **Katie Rowan**, **Kaitly Conklin**, (middle) **Emily Bango**, **Kristen Link**, **Sara Homer**, (back) assistant coach **John Hooper**, **Megan Kindlon**, **Megan Baldwin**, **Kaitlin Foley**, **Jamie Mooney** and head coach **Kim Wise**.

with the Lady Raiders to win the Section II title.

"They lost **Kim (Corbitt)**, but they have a lot of key players back," Wise said of Colonie. "They'll be back on top again."

Blackbirds aim for more in 2001-02

The Voorheesville girls basketball team may have lost more than half of last year's lineup to graduation, but that isn't stopping the Blackbirds from dreaming of

a return trip to the state tournament.

"You always want to achieve more than you did last year, and I think that's what they want to do," Voorheesville coach **Jon McClement** said.

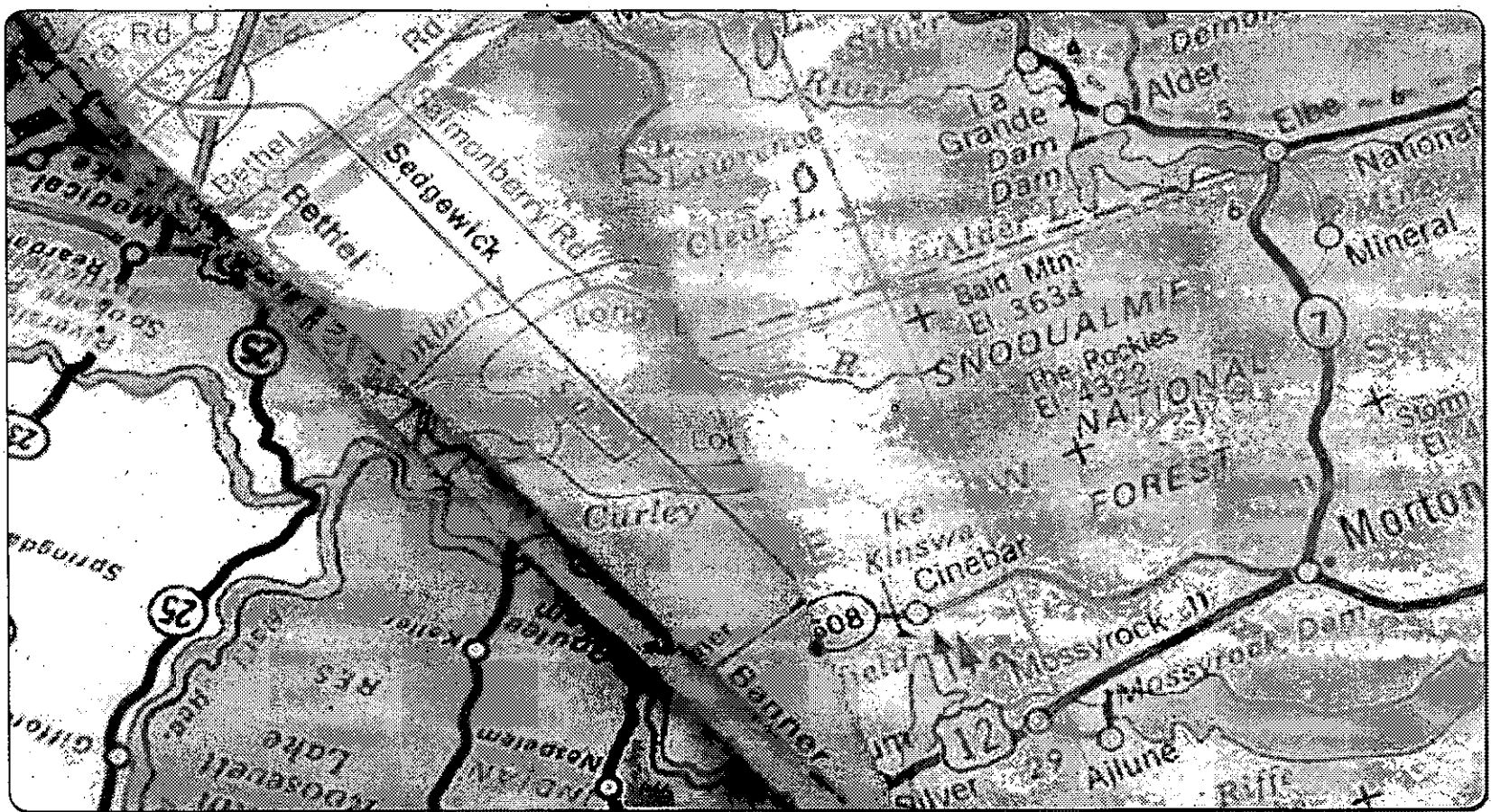
The defending Section II and regional Class C champion Blackbirds welcome seven players from last year's 20-0 junior varsity team — juniors **Katie Inglis**, **Catherine Nicholson**, **Justine Moreau** and **Dana Herchenroder**,

and sophomores **Jackie Markert**, **Michelle Nadratowski** and **Ashley Schultz**.

"They're all ready to be on varsity," McClement said. "They all want to work hard and want to improve every day. That's all you can ask."

Another player from last year's junior varsity team, **Brittany Baron**, was a key figure in Voorheesville's playoff run last year. Called upon to start in place of guard **Katelyn Berger** after the

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senior was sidelined with an injury, Baron ran the offense like a seasoned veteran and was one of the leading scorers for the Blackbirds.

"She fit in nice," McClement said. "That's part of the reason you bring up people — to give them experience. And she got a lot of it."

Baron will help comprise the veteran core of the Blackbirds, along with senior center **Annie Burch** and senior guard **Michelle DeLaCruz**.

Voorheesville won't start its season until Dec. 4, when it hosts Ravena-Coeymans-Selkirk in a Colonial Council game.

"They're always going to be well-prepared and well-coached," McClement said of RCS.

Size is an issue for Indians

When RCS meets Voorheesville Dec. 4, the Indians will begin a stretch of four league games against some of the top contenders for the Colonial Council title.

"Our first four games are against Voorheesville, Holy Names, Lansingburgh and Schalmont," RCS coach **Bruce Stott** said. "So, we'll jump right in."

Stott has a lot of respect for his first league opponent.

"I think Voorheesville is going to be outstanding," he said. "The two guards they brought up for

the playoffs last year are outstanding, and they've got an outstanding foundation inside with Burch."

The Indians will be one of the smaller teams in the league. They don't have a player more than 6-feet tall, and most of their forwards are 5-feet, 9-inches or shorter.

"Until we prove differently, we have to show everyone and prove we can handle ourselves on the boards," Stott said. "We average about 5-8.5 up front. So, we're going to have a tough time matching up inside."

RCS will be bolstered by the return of eight players, including point guard **Rachel Matousek**, forward/center **Fallon Haldane** and forwards **Kim Gardner**, **Sarah Stott** and **Katie Stott**. Guards **Lorin Weidman**, **Megan McGraw** and **Courtney Ross** are also back.

Though the team's lack of height may make it difficult to get points and rebounds inside, Stott is hopeful that his guards will provide a boost with their outside shooting ability.

"At times, it will create some difficulty (for opponents) because our kids can step out and shoot," Stott said.

The Indians open the 2001-02 season at the Scotia Tournament Nov. 27 and 29 at Scotia-Glenville High School.

Celebration



Bethlehem football fans storm the field after the Eagles defeated Newburgh Free Academy (Section IX) 32-6 in last Saturday's Class AA regional playoff game at Kingston's Dietz Stadium. Bethlehem meets North Rockland Friday night at Dietz Stadium.

Jim Franco

Local swimmers place at state meet

Four local swimmers participated in last weekend's New York State Public High School Athletic Association Swimming and Diving Championships at Erie Com-

Little Lady Eagles fall to N. Colonie

The Bethlehem Little Lady Eagles girls basketball program had a tough weekend, as its teams struggled against North Colonie and Scotia.

The fifth- and sixth-grade Biddy B team was the only squad to earn a victory last weekend, as it defeated Scotia 27-19 Sunday. **Allison Greenberg** had 15 points to lead the Little Lady Eagles.

The Biddy B team opened the weekend with a 35-17 loss to North Colonie Saturday. **Jessica Piccinni** was the leading rebounder for Bethlehem.

The fifth- and sixth-grade Biddy A team lost to North Colonie 25-17 last Saturday and was beaten by Scotia 31-20 last Sunday. **Molly McCann** had six points against North Colonie, and **Chrissy Hoffman** scored four points against Scotia.

The seventh- and eighth-grade Junior B team lost to North Colonie 46-3 last Saturday and was edged by Scotia 22-21 last Sunday. **Jessie Taber** had several rebounds for the Little Lady Eagles against Scotia.

The seventh- and eighth-grade Junior A team was beaten by North Colonie 71-21 last Saturday and by Scotia 41-26 last Sunday. **Alyssa Strohecker** had four points and **Heather McHugh** added three points against North Colonie, while **Liz Casline** scored six points against Scotia.

The Little Lady Eagles are off until Saturday, Dec. 1, when they host Clifton Park at Bethlehem Central Middle School. They then travel to Amsterdam Sunday, Dec. 2.

munity College in Buffalo.

The contingent was led by Bethlehem diver **Jen Rodgers**. She finished ninth with a score of 391.15 points for 11 dives.

Guilfordland-Voorheesville swimmer **Lindsay McKenna** reached the consolation finals in the 200-yard freestyle and the bonus finals in the 500-yard freestyle. McKenna, a Voorheesville high school student, placed 16th in the 200 freestyle with a time of 1:59.21 and finished 24th in the 500 free-style in a time of 5:19.00.

Two Bethlehem swimmers —

Becky Corson and **Meredith Singer** — also participated in the state swim meet.

Corson just missed qualifying for the finals in the 100 butterfly. She swam a time of 1:02.16 in the preliminaries to earn a 25th-place finish.

Singer also missed qualifying for the finals. She had a preliminary time of 25.14 seconds in the 50 freestyle to finish 29th overall.

Meagan Wos, a Guilfordville swimmer, was 27th overall in the 100 backstroke. She had a time of 1:04.08 in the preliminaries.

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Obituaries

Alice Boutelle

Alice P. Boutelle, 81, of Delmar died Wednesday, Nov. 14, at St. Peter's Hospital in Albany.

Mrs. Boutelle was a former president of the Bethlehem Women's Association. She was a member of the Delmar Progress Club, the Descendants of the Mayflower Society, Bethlehem Senior Citizens, the Bethlehem Republican Committee and the Bethlehem Historical Society.

Survivors include two sons, Richard Boutelle of Queensbury and David Boutelle of Bellevue, Idaho; and two grandsons.

Services were from the Applebee Funeral Home in Delmar.

Burial will be at a later date in Upper Lisle Cemetery.

Contributions may be made to the American Lung Association, 3 Winners Circle, Colonie 12205.

Wayne Harwood

Wayne Preston Harwood, 82, of Delmar died Friday, Nov. 16.

Mr. Harwood was a sales engineer for Albany International before he retired.

He was a mason and a member of the Nathaniel Adams Blanchard American Legion Post 1040. He was an avid golfer at Normanside Country Club.

Survivors include his wife, Phyllis Leavitt Harwood; a daughter, Jayne Preston Filler of Airmont; a brother, Dean Harwood of Topsfield, Mass.; four

grandchildren; and three great-grandchildren.

Services were from the Meyers Funeral Home in Delmar.

Contributions may be made to Good Samaritan Lutheran Nursing Home, 125 Rockefeller Road, Delmar 12054.

George Jay Kay

George Jay Kay Jr. of Feura Bush died Sunday, Nov. 11, at Stratton Veterans Affairs Medical Center Hospital in Albany.

Born in Methuen, Mass., he worked for the Civilian Conservation Corps during the Depression.

He was a veteran of the Coast Guard.

Mr. Kay attended the Culinary Institute of America and eventually became a gourmet chef. He ran a catering firm in New York City.

Survivors include his wife, Janice Elizabeth O'Reilly Kay; four children; and six grandsons.

A memorial Mass is scheduled at 10 a.m. on Friday, Nov. 23, at the Church of St. Thomas the Apostle in Delmar.

Mr. Kay donated his body to the Anatomical Gift Program at Albany Medical College.

Robert VanRavenswaay

Robert VanRavenswaay, 77 of Voorheesville died Thursday, Nov. 15, at the Stratton Veterans

Administration Medical Center Hospital. Mr. VanRavenswaay was a Navy veteran of World War II.

He worked for the Sheetmetal Workers Local 83 before he retired.

He was a past master of the Berne Masons Lodge 684, a member of the Voorheesville American Legion and the Voorheesville Rod & Gun Club. He was a life member of the Disabled American Veterans and the Veterans of Foreign Wars Post in Delmar.

He was husband of the late Betty Lou VanRavenswaay.

Survivors include four daughters; Ellen Scoons of Slingerlands, Virginia Rickert of Menands and Karen Magrum and Linda VanRavenswaay, both of Voorheesville; a son, Robert VanRavenswaay of Berne; two brothers, Frank VanRavenswaay of Grand Rapids, Mich., and Ernie VanRavenswaay of Mesquite, Texas; a sister, Marie Stehower of Grand Rapids; 11 grandchildren; and two great-grandchildren.

Arrangements were by the Fredendall Funeral Home in Altamont.

Contributions may be made to Voorheesville Area Ambulance, 21 Voorheesville Ave., Voorheesville 12186.

Virginia Mead

Virginia A. Mead, 65, of Willimantic, Conn., and formerly of Selkirk, died Monday, Nov. 12. Born in Troy, she was the

widow of Douglas Mead.

Survivors include a daughter, Susan Mead of Willimantic; two brothers, Donald Harrigan of Charlestown, W.V., and James Harrigan of New York; three grandchildren; and two great-grandchildren.

Services were from the Applebee Funeral Home in Delmar.

Burial was in Memory's Garden in Colonie.

Contributions may be made to the American Cancer Society, 1450 Western Ave., Albany 12203.

Lucille Smarro

Lucille Bourget Smarro, 91, of Selkirk died Saturday, Nov. 10.

She was the widow of James Smarro.

Survivors include a daughter, Linda O'Toole of Selkirk; two sisters, Lillian LaMaire of Florida and Jennette Wayne of Vermont; six grandchildren; and 10 great-grandchildren.

Arrangements were by the Meyers Funeral Home in Delmar.

Contributions may be made to Community Hospice of Albany County, 445 New Karner Road, Colonie 12205.

Margaret Willard

Margaret Jean Lewis Willard, 81, of Delmar died Wednesday, Nov. 7.

She was the widow of Kenneth Willard.

Survivors include a daughter, Diane Pickett of Greenville; six grandchildren; and nine great-grandchildren.

Services were from the Meyers Funeral Home in Delmar.

Contributions may be made to Community Hospice at Memorial Hospital, 600 Northern Blvd., Albany 12204.

Auxiliary fund-raiser

The auxiliary of Elsmere Fire Company A is selling Entertainment Books at a cost of \$40.

Books can be purchased by calling Edrie Pregent at 439-3797.

Youth to perform in dinner theater

South Bethlehem United Methodist Church on Willowbrook Avenue in South Bethlehem, will host the comedy mystery dinner theater "And So They Had None" by Robert Alan Ward on Saturday, Dec. 1, at 6 p.m., and on Sunday, Dec. 2, at 3 p.m.

The youth of the congregation will perform this show with a portion of the proceeds to benefit the children of Afghanistan.

For information, call 756-9560.

Youth to host Holiday Fair

Albany County 4-Hers in Voorheesville will present a Holiday Fair at Guilderland Public Library on Friday, Nov. 30, from 10:30 a.m. to 8:30 p.m., and Sunday, Dec. 1, from 10 a.m. to 3 p.m.

Over 300 items made by members will be on display.

For information, call 765-3500.

Church offers service for parents

Delmar Reformed Church, 386 Delaware Ave., Delmar, will offer child-free shopping time for adults and fun for children at Advent Adventure 2001.

Children, ages 3 to grade six, are welcome to attend any or all Saturdays in December for Bible lessons, crafts, recreation music, snacks and lunch.

For information, call 439-9929.

Scout creates hiking trail

A new hiking trail has been opened at the Emma Treadwell Thacher Nature Center on Thompson's Lake as an Eagle Scout project of Peter Primavera, a member of Delmar's Boy Scout Troop 75.

Primavera organized the work needed to complete the trail, designed the course, recruited fellow Scouts for the work and finished by marking the trail for public use.

For information, call the Center at 872-0800.

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In Loving Memory of
Nancy Lynn Hoffa

who left us suddenly 11/9/01.

She was a loving friend, co-worker,
and employee and will be missed greatly.

— DJ Taylor and Fitness For Her Staff

Death Notices

The Spotlight will print paid Death Notices for relatives and friends who do not or have not lived in the Towns of Bethlehem and New Scotland. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the Towns of Bethlehem and New Scotland at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.



Carolyn and Thomas Daggett

Crary, Daggett wed

Carolyn Crary, daughter of Grace and John Crary of Delmar, and Thomas Daggett III, son of Susan and Thomas Daggett Jr. of Chatham, were married on June 30.

The Rev. Dale L. Webb performed the ceremony at First Presbyterian Church in Albany.

A reception followed at Albany Country Club in Voorheesville.

Elizabeth Robinson, cousin of the bride, was matron of honor.

Bridesmaids were Katherine Daggett, sister of the groom, Kelly Miller, Courtney Moore, Lorie Banks and Kara Kosoc.

Timothy Daggett, brother of the groom, was best man.

Ushers were Duncan Crary, brother of the bride, Brian Hoven, Raymond Crosta, Joseph Youngblood III and Vaughn Bigelow.

The bride is a graduate of Bethlehem Central High School, St. Lawrence University and Lesley College.

She is a second grade teacher at Wheeler School in Providence, R.I.

The groom is a graduate of Chatham High School, Lehigh University and Boston College.

He is a consultant for Price-WaterhouseCoopers in Boston, Mass.

Following a wedding trip to St. Lucia, the couple resides in Attleboro, Mass.

Births

Bellevue Woman's Hospital

Girl, Isabella Maria Geesler, to Maria and Dean Geesler of Glenmont, Oct. 28.

Girl, Olivia Jane Farney, to Mary Jane and Lawrence Farney of Voorheesville, Oct. 28.

Out of town

Girl, Zoey Rose Collea, to Marnie and Steve Collea of Raleigh, N.C., June 13 at Rex Hospital.

Maternal grandmother is Janice Harvith of Delmar.

Girl Scouts taking cookie orders

Girl Scouts throughout Bethlehem are taking orders for Girl Scout cookies now through Nov. 25.

The public can place orders for cookies at \$3 per box, with proceeds benefiting local community Girl Scout Troops. Customers can choose from eight varieties including Capital District favorites Thin Mints and Samoas.

This year, there are also All Abouts, which are shortbread cookies with a rich fudge coating on the bottom of each cookie and Ole Ole, reduced fat bit sized vanilla cookies with pecans and coconut covered in powdered sugar.

Girl Scout cookies can be ordered directly from participating troops or by calling the Girl Scout Hudson Valley Council at 489-8110. Girl Scouts will deliver cookies in mid-January.

BCHS grad awarded Houghton scholarship

Ithaca College has awarded the Kathleen Kimple Houghton Memorial Scholarship to Sara Hughes of Delmar.

The scholarship is given to an outstanding junior or senior violinist who has demonstrated excellence in performance and who has a minimum cumulative grade point average of at least 3.0.

Sara is a majoring in performance/music education at the School of Music.

Local resident earns certification

Kim Sheldon of Slingerlands recently earned her Physician Assistant certification on Nov. 1.

Sheldon recently graduated from Hudson Valley Community College/Albany Medical Center with honors.



Annette and Benjamin Lazarus

Tague, Lazarus marry

Annette Tague, daughter of the late Jeannette Tague of Utica and Joseph Tague Jr. of Troy, and Benjamin Lazarus, son of Martha and Stuart Lazarus of Delmar, were married on Aug. 26.

Judge Doris Appel performed the ceremony at Birch Hill in Schodack.

Cynthia Grabski was the maid of honor.

Louis Lazarus, brother of the groom, was the best man.

The bride is a graduate of Utica College and The College of Saint Rose.

She is a special education teacher at Gunderland High School.

The groom is a graduate of Bethlehem Central High School and SUNY Geneseo.

He is a probation officer for Albany County.

Following a wedding trip to St. John, Virgin Islands, the couple resides in Voorheesville.

Voorheesville service woman graduates

Army Reserve Pfc. Danielle Ruby of Voorheesville recently graduated from the food service specialist advanced individual training course at Fort Lee, Petersburg, Va.

The service woman was trained to perform preliminary food preparation procedures according to Army production schedules and recipes.

Also included in her training was cooking, baking and serving food in large and small quantities,

field and garrison kitchen operations.

Ruby also learned the general operation of Army dining facilities, including cleaning and housekeeping, sanitation measures and storage of subsistence items.

Ruby is the daughter of Alice and Richard Ruby of Voorheesville.

She is a 2001 graduate of Clayton A. Bouton Junior-Senior High School.

Mail weddings, engagements

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo. There is no charge for this community service.

Black and white and color photos are acceptable, however Polaroid photos cannot be printed.

For information and submission forms, call 439-4949. Mail announcements to P.O. Box 100, Delmar 12054.

Here's to a Wonderful Wedding!



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JEWELRY

Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

Community



Trail walk offered at Five Rivers

A guided trail walk will be offered on Saturday, November 24, at 2 p.m. at the Department of Environmental Conservation's Five Rivers Center, 56 Game Farm Road, Delmar.

Led by Center naturalists, this will be an exploration walk of about two miles, on the Wild Turkey Trail, highlighting the lifestyle of the wild turkey.

Participants should dress for the outdoors and wear comfortable walking shoes.

For information on the free program, call Five Rivers Center at 475-0291.

Family ENTERTAINMENT

ARTS & ENTERTAINMENT



Festival of Trees returns to Institute

By BILL FONDA

After a successful three-year stay at Hudson Valley Community College, the annual Festival of Trees has returned to its home, the Albany Institute of History & Art, and will take place Nov. 23 to 25.

"We're very appreciative of Hudson Valley Community College for allowing us to have the festival on their campus," said Bonnie Taylor, president of the Council of the Albany Institute of History & Art, which puts on the festival as a fund-raiser for the museum.

However, with the institute's renovation project now complete, Taylor said there's no place like home.

"Everyone is thrilled," she said. "The public is thrilled. The sponsors

are thrilled. The Council of AIHA is thrilled, and the staff is thrilled."

Christine Miles, the museum's director, agreed.

"We're delighted it's coming back," she said. "It'll bring a lot of audiences through, and hopefully a lot of people into downtown Albany."

Festival of Trees, which is in its 18th year, is a collection of trees sponsored by individuals, businesses and not-for-profit companies. This year's theme is "A Child's Fantasy."

"It's always a surprise," Taylor said. "They're very innovative designs. People are very artistic. It's going to allow people to come and get away from the stress of the last couple months and enter a world of fantasy."

The 43 trees entered in this year's festival are displayed in the glass atrium areas of the museum, and the public votes on which trees receive the first through fourth prizes.

The festival also features Gingerbread Lane, with gingerbread houses that are judged by HVCC culinary arts professor Paul Krebs and *Times Union* features writer Frances Ingraham Heins.

"It is an art to make these," Taylor said. "They are beautiful, and they are a favorite of the Festival of Trees."

The Gingerbread House and Festival Café will be in the museum's Rice House, along with a train display from the Mohawk and Hudson chapter of the National Railway Historical Society.

In addition, the museum will

be offering art-making activities and storytelling for children, and the museum shop will be expanded for the festival.

Miles said attendance has been as high as 25,000 back in the 1980s, when the festival was 10 days, and would be happy to have between 7,000 and 8,000 visitors this year.

"I think that would be a really, really good count," she said.

Along with the fund-raising aspects, Miles hopes Festival of Trees will help promote the museum.

"We've had great attendance since we reopened, but this is going to be great incentive for people to get out and enjoy the holidays," she said.

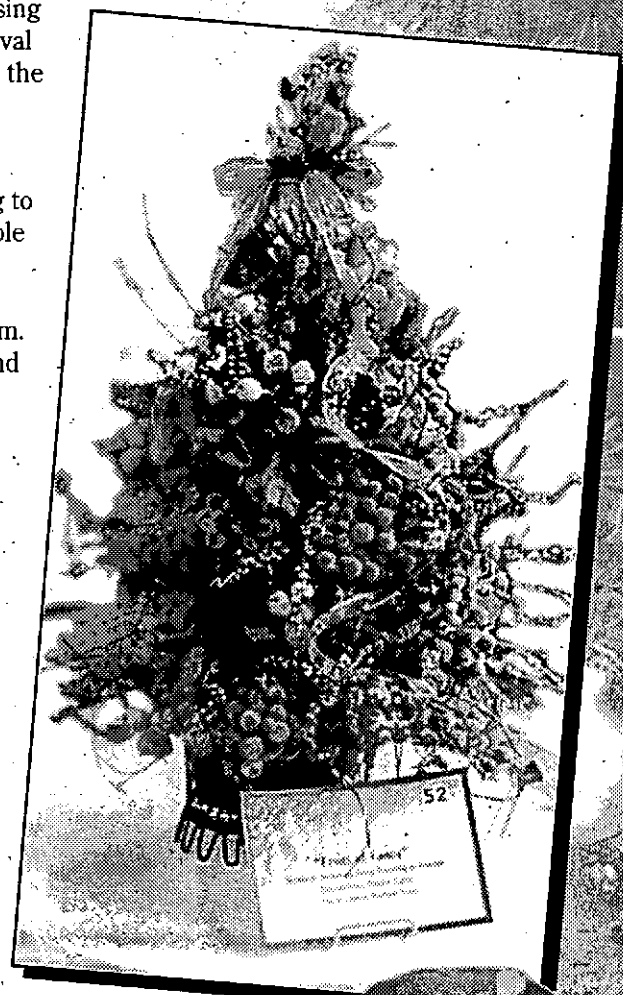
Festival hours are 10 a.m. to 9 p.m. Nov. 23 and 24 and 10 a.m. to 5 p.m. Nov. 25. The last entries into the festival will be a half-hour before closing each day.

Admission for the festival only is \$5 for adults, \$4 for AIHA members, \$3 for children 4 to 12 and free for children 3 and under. Tickets for the festival and museum galleries is \$8 for adults, \$5 for children 4 to 12 and free for children 3 and under.

"I think it's a really nice package for people," Miles said of the combined festival and museum tickets.

Parking will be free at 99 Washington Ave., also known as One Commerce Plaza.

For information, call 463-4478 or log on to www.albanyinstitute.org.



ARTS and ENTERTAINMENT

Theater

SLEUTH

Anthony Shaffer thriller, Capital Repertory Theatre, 111, N. Pearl St., Albany, through Nov. 25, \$28 to \$36. Information, 445-7469.

MIRACLE ON 34TH STREET

New York State Theatre Institute, Schacht Fine Arts Center, Russell Sage College, Troy, Nov. 30 to Dec. 13, \$17, \$14 for seniors and students, \$8 for children under 13. Information, 274-3256.

GUYS AND DOLLS

starring Maurice Hines, Proctor's Theatre, 432 State St., Schenectady, Nov. 27 to Dec. 2, \$42 to \$49. Information, 346-6204.

A TUNA CHRISTMAS

small-town comedy, Curtain Call Theatre, 210 Old Loudon Road, Latham, Nov. 30 to Dec. 22, \$15. Information, 877-7529.

THE MELODY LINGERS ON

Irving Berlin revue, Schenectady Light Opera Company, 826 State St.,

weekends, Nov. 30 to Dec. 9, \$18. Information, 355-1699.

Music

LIVINGSTON TAYLOR

The Van Dyck, 235 Union St., Schenectady, Nov. 23, 7 and 9:30 p.m., \$25. Information, 381-1111.

BILL KEITH
AND UPSTATE BLUEGRASS

Caffe Lena, 47 Phila St., Saratoga Springs, Nov. 24, 6:30 and 9:30 p.m., \$12. Information, 583-0022.

JEZ LOWE AND JAMES
KEELAGHAN

Old Songs Concert at Altamont Masonic Temple, Route 146, Nov. 29, 8 p.m., \$15, \$5 for children. Information, 765-2815.

JEN DURKIN'S CONSCIOUS
UNDERGROUND

Northern Lights, Route 146, Clifton Park, Nov. 29, 9 p.m., \$12. Information, 371-0012.

THE THREE MARYS

Eighth Step at Cohoes Music Hall, 58 Remsen St., Nov. 30, 8 p.m., \$17. Information, 434-1703.

moe.

Siena College ARC, Route 9, Loudonville, Nov. 30, 8 p.m., \$22. Information, 783-4242.

JOHN HAMMOND

The Van Dyck, 235 Union St., Schenectady, Nov. 30, 7 and 9:30 p.m., \$17. Information, 381-1111.

ZEHEMIR STRING QUARTET

playing works by Haydn, Hartmann and Schumann, Memorial Chapel of Union College, Schenectady, Nov. 30, 8 p.m., \$20. Information, 372-3651.

JERRY GONZALEZ
AND THE FORT APACHE BAND

Troy Savings Bank Music Hall, State and Second streets, Nov. 30, 8 p.m., \$23. Information, 273-0038.

RORY BLOCK

North Pointe, Route 9, Kinderhook, Dec. 1, 6 p.m., \$15. Information, 758-9234.

DANA

Irish singer, launch party for Eamonn McGirr's new CD, Eamonn's, Menand Road, Loudonville, 5 p.m., \$15. Information, 463-2414.

PHIL COULTER

with Aiofe, The Egg at Empire State Plaza, Albany, Dec. 4, 8 p.m., \$25. Information, 432-6598.

Comedy

JUST GOOD FRIENDS

improvisational comedy, Hilton Art Center Mini Mall Theater, Russell Road, next to Westgate, Albany, Nov. 24, 8 p.m., \$10, \$8 in advance, for seniors and students. Information, 453-1048.

Visual Arts

NEW YORK STATE MUSEUM

Ancient Life of New York, through March 31, plus permanent collections, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE
OF HISTORY AND ART

Scenes of American Life, through Dec. 9, exhibits on Hudson River School painting, the Albany Army Bazaar of 1864, American sculpture, Egypt and the history of Albany, 125 Washington Ave. Information, 463-4478.

SCHENECTADY MUSEUM

exhibit on the American Locomotive Co., through Nov. 25, plus permanent collections, Nott Terrace Heights. Information, 382-7890.

ALBANY CENTER GALLERIES

works by Taff Fitterer, Anthony Cafriz and Nancy Engel, 161 Washington Ave., through Dec. 28. Information, 462-4775.

ALBANY INTERNATIONAL
AIRPORT GALLERY

Private Eye, unusual local collections, third floor of terminal building, through March 17, two hours free parking. Information, 242-2241.

LOCAL COLOR ART GALLERY

961 Troy-Schenectady Road, Latham, "It's Warm Inside," through Jan. 27; Holiday Art Shoppe, through Dec. 22; Wednesday to Sunday. Information, 786-6557.

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ArtistsDELMAR COMMUNITY
ORCHESTRA

openings in the string, horn and percussion sections. Information, 439-7749.

COLONIE TOWN BAND

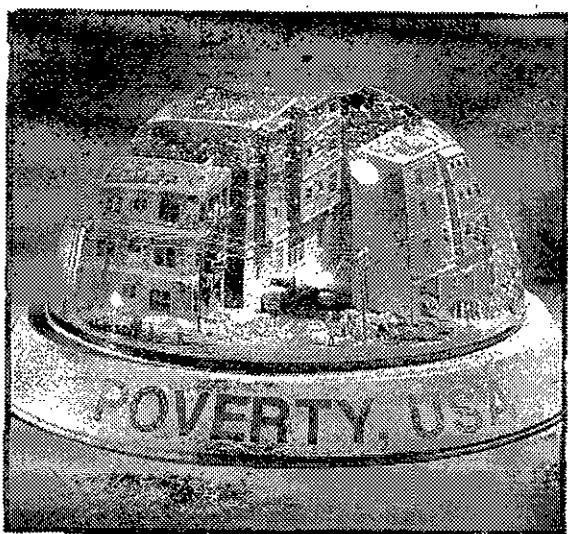
several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL
BRASS CHOIR

openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SIENA CHAMBER
ORCHESTRA AND CHOIR

rehearsals Thursdays at 7:30 p.m. for orchestra, Wednesdays at 6 p.m. for choir, Siena College, Route 9, Loudonville. Information, 783-2325.



Look closely and you'll find 32,000,000 trapped inside.

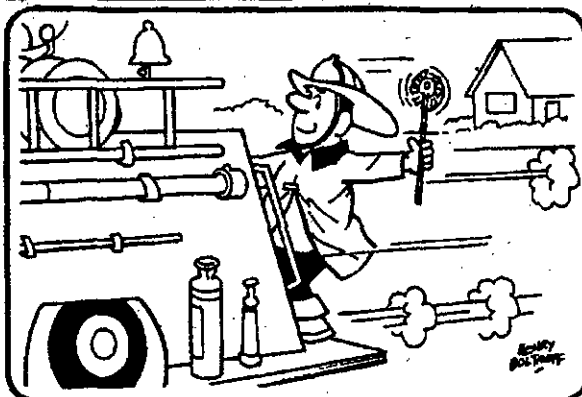
Here's a souvenir from a place the good times left behind. A hard place where one out of every eleven families in America is still struggling to survive. A cold place where one out of every six children still goes to bed wanting more, but fears awakening to even less. A little memento — but not for Americans caught in the grip of poverty. Because there are 32 million people who are desperately trying to break free.

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America's forgotten state.

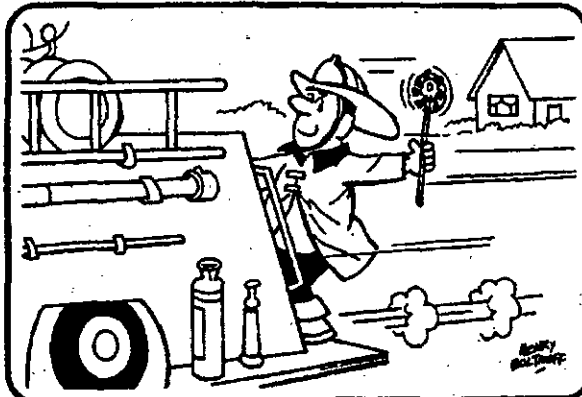
Catholic Campaign for Human Development
1-800-946-4243
www.povertyusa.org

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bell is missing. 2. Coat has extra clasp. 3. Window has curtains. 4. Hose is shorter. 5. Puff of smoke is missing. 6. Pinwheel is different.

MAGIC MAZE — CHANNEL

DCZXUBSYSQNLJEG
ECZXNVAERTRLNN
LJHECOHCGOAOYGY
WVTRPTINKRTLKLR
IGECRBFSSASOSRIE
ZXMOZAMBIQUEISV
WUNSMRIRWVHPGHO
OMLIJZBIITEAGTC
EDLBNYRRAPALTYS
XYWAUTYENSIDEAI
SQZPONWLKJHGFTD

Find the listed words in the diagram. They run in all directions — forward, backward, up, down and diagonally.

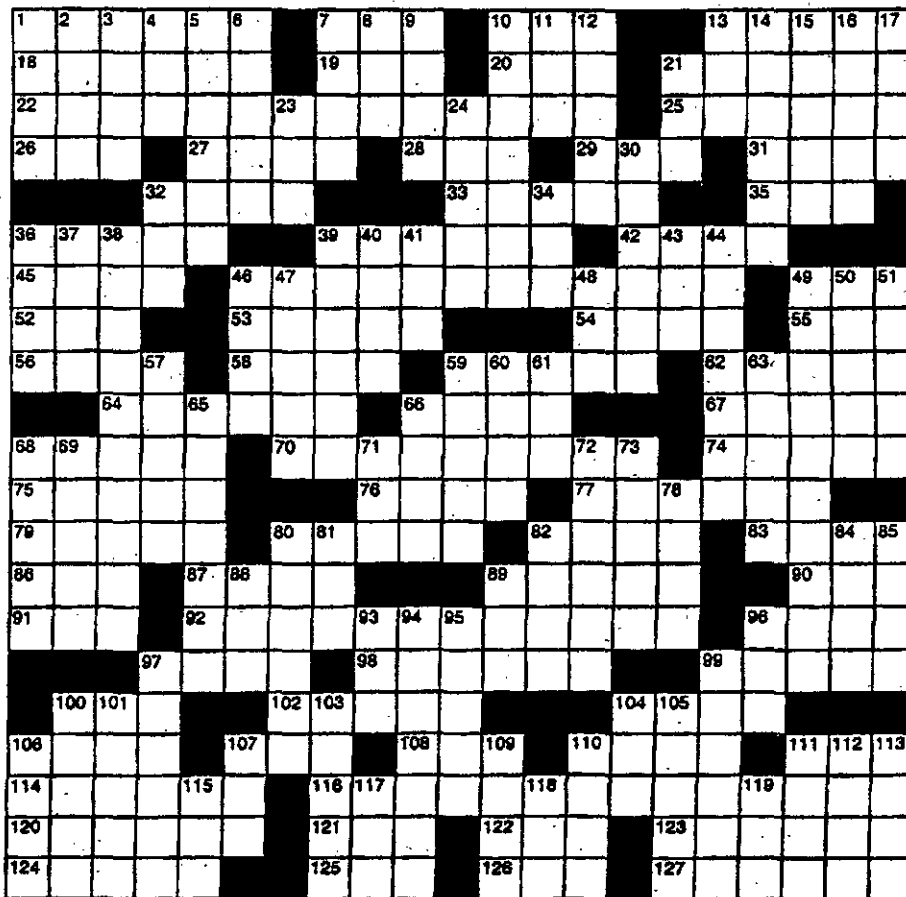
Back Disney Mozambique Television
Bristol Family North Weather
Data History Parry Zanzibar
Discovery Kaiwi St. George's

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The Super CROSSWORD

Super Crossword SOFT TOUCH

- ACROSS**
- 1 Picker-uppers
 - 7 Mr. Ziegfeld
 - 10 Bread spread
 - 13 Actress Laurie
 - 16 Conductor Toscanini
 - 19 Word with corn or snake
 - 20 Mr. Baba
 - 21 Scavullo's equipment
 - 22 Elizabeth Taylor movie
 - 25 Hudson River city
 - 26 Day —
 - 27 Rock's — Floyd
 - 28 "Holy cow!"
 - 29 Use the microwave
 - 31 "Topaz" author
 - 32 Gab
 - 33 Football's Matson
 - 35 Pupils' place
 - 36 Energetic
 - 39 '64 Hitchcock film
 - 42 Way
 - 45 Steber solo
 - 46 English racer
 - 49 Arkansas hrs.
 - 52 West's "Diamond"
 - 53 Presses
 - 54 Help in a heist
 - 55 Cry of discovery
 - 56 Blend
 - 58 — chef
 - 59 "Die Flodamaus" maid
 - 62 Word form for "bone"
 - 64 Fancy
 - 66 Sailing
 - 67 "Wait — Dark" ('87 film)
 - 68 Comic Mandel
 - 70 Bribe-to-be
 - 74 Recesses
 - 75 Pays to play
 - 76 Manuscript imperative
 - 77 Peter's partner
 - 79 Smallest
 - 80 Fiery felony
 - 82 Atmosphere
 - 83 Ridicule
 - 86 Bisoglio or Kilmer
 - 87 Perry's creator
 - 89 "—, you'll like it!"
 - 90 Laudatory verse
 - 91 Wapiti
 - 92 Jason's quest
 - 96 "Uptown Girl" singer
 - 97 Screenwriter James
 - 98 Big-billed bird
 - 99 Power a trike
 - 100 On the — (fleeing)
 - 102 Composer Telemann
 - 104 Mora
 - 106 Mrs. Zeus
 - 107 Sniggler's quarry
 - 108 Humor
 - 110 Actress Arlene
 - 111 Salon request
 - 114 Hammed up "Hamlet"
 - 116 Some boxers
 - 120 Helen Hunt Jackson novel
 - 121 Unwell
 - 122 Hosp. area
 - 123 Layers
 - 124 Musty
 - 125 Relative of —
 - 126 — de plume
 - 127 Tailor's apparatus
 - DOWN**
 - 1 Din from dynamite
 - 2 Articulated
 - 3 Director Preminger
 - 4 "— genres"
 - 5 Award
 - 6 Sanchez or Braga
 - 7 — dance
 - 8 Actress Ullmann
 - 9 First name in fashion
 - 10 Field event
 - 11 Flagon filler
 - 12 Actress Gaynor
 - 13 Crony
 - 14 Permeated
 - 15 Pole star?
 - 16 Banks of baseball
 - 17 Sunshine, slangily
 - 21 Mushroom part
 - 23 Farm animal
 - 24 Tea of "Deep Impact"
 - 30 Certain bacterium
 - 32 Numbers man?
 - 34 Part of a triangle
 - 36 Reading matter?
 - 37 Part of HOMES
 - 38 Doris Day movie
 - 39 Writer de Cervantes
 - 40 Olympic hawk
 - 41 "Kidnapped" monogram
 - 43 Sugary suffix
 - 44 Flabbergast
 - 46 Iranian city
 - 47 Moves like a Morgan
 - 48 "— de mer"
 - 49 Certain poplar
 - 50 Arabian chieftain
 - 51 Hoes and hammers
 - 57 Produces prunes
 - 58 Wan
 - 60 Adroit
 - 61 — Claire, WI
 - 63 A nose that shows
 - 65 IRA, e.g.
 - 66 Concerning
 - 68 Bisect
 - 69 Hoopster Shaquille
 - 71 Nav. designation
 - 72 Vietnam's — Van Thieu
 - 73 Column style
 - 78 Figure of interest?
 - 80 Accuse tentatively
 - 81 Florid
 - 82 Length X width
 - 84 Scheme
 - 85 Relate
 - 88 Salty spread
 - 89 PIN's specialty
 - 93 Ike's domain
 - 94 Connecticut city
 - 95 "Tompus —"
 - 96 Gush
 - 97 Explosive mixture
 - 99 Considerate
 - 100 Paul of "American Graffiti"
 - 101 Lunch-eonette lure
 - 103 Wee
 - 104 Shorten a slat
 - 105 Karpov's game
 - 106 Towel word
 - 107 Author LeShan
 - 109 Svelte
 - 110 Grass' "The Tin —"
 - 111 Kind of carpet
 - 112 Major conclusion
 - 113 Obsolete title
 - 115 Chemical ending
 - 117 Ivy Leaguer
 - 118 Author Umberto
 - 119 Kennel threat



The Spotlight CALENDAR

Wed. 11/21

BETHLEHEM

ZONING BOARD OF APPEALS

Cancelled; next meeting Dec. 5.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-4:30 p.m. *Also Mon.* Information, 439-0503.

HOLIDAY LIBRARY CLOSING

In observance of Thanksgiving; closed 5 p.m., through 9 a.m. Friday. Bethlehem Public Library, 451 Delaware Ave. 439-9314.

BETHLEHEM LIONS CLUB

Days Inn, Route 9W, Glenmont, 7 p.m. Information, 439-4857.

ALZHEIMER'S SUPPORT GROUP

Northeast NY Alzheimer's Association meetings for families, caregivers, and friends; Delmar Presbyterian Church, 585 Delaware Ave., 7 p.m.

SOLID ROCK CHURCH

1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

BC SCHOOL BOARD

district office, 90 Adams Place, 8 p.m. Information, 439-7098.

BETHLEHEM ELKS LODGE 2233

Route 144, Cedar Hill, 8 p.m. Information, 767-2886.

ORDER OF THE EASTERN STAR

Onesquethaw Chapter, Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

NEW SCOTLAND

V'VILLE PLANNING COMMISSION
Village Hall, 29 Voorheesville Ave., 7:30 p.m. Information, 765-2692.

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

Thurs. 11/22
Happy Thanksgiving

BETHLEHEM

HOLIDAY LIBRARY CLOSING

Closed all day in observance of Thanksgiving; reopens Friday, 9 a.m. Bethlehem Public Library, 451 Delaware Ave. 439-9314.

AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

Fri. 11/23

BETHLEHEM

HOLIDAY LIBRARY HOURS
Open 9 a.m. - 5 p.m. today. Bethlehem Public Library, 451 Delaware Ave. 439-9314.

AA MEETING

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

CHABAD CENTER

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

NEW SCOTLAND

PIONEER CLUBS

For children grades 1 through junior high; Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

Sat. 11/24

BETHLEHEM

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

Sun. 11/25

BETHLEHEM

ST. THOMAS THE APOSTLE

Masses — Saturday at 5 p.m. and Sunday at 7:30, 9, 10:30 a.m. and noon, 35 Adams Place. Information, 439-4951.

ST. STEPHEN'S EPISCOPAL

Holy Eucharist, 8 and 10:30 a.m., coffee and fellowship, nursery care provided, church school, 9:25 a.m., Poplar Drive and Elsmere Avenue. Information, 439-3265.

BETHLEHEM LUTHERAN

85 Elm Ave., Delmar, worship services 8 a.m. and 10:30 a.m., Sunday School and Bible classes 9:15 a.m., infant and nursery care, assistive listening devices, handicap accessible, coffee/fellowship. Information, 439-4328.

DELMAR REFORMED

Sunday School and worship service, 9 and 11 a.m. T.G.I. Sunday contemporary worship at 5:30 p.m. with children's program. Nursery care available at all worship times, 386 Delaware Ave. Information, 439-9929.

BETHLEHEM COMM. CHURCH

Worship services 9 & 10:45 a.m.; nursery and Sunday School through 5th grade provided at both services. 201 Elm Ave., Delmar. Information, 439-3135.

SOUTH BETHLEHEM UMC

Sunday school, 9:30 a.m., worship service, 11 a.m., followed by coffee hour, 65 Willowbrook Avenue. Information, 767-9953.

DELMAR FULL GOSPEL

Sunday service, 9:30 a.m., with Sunday school and nursery, home groups, women's Bible studies and youth group, 292 Elsmere Ave. Information, 439-4407.

FIRST REFORMED OF BETHLEHEM

Church school 9:30 a.m., worship 11 a.m., fellowship hour after worship; child-care provided, Vespers 7 p.m. Wednesdays, Route 9W, Selkirk. Information, 767-2243.

CHURCH OF THE NAZARENE

Sunday school 9:45 a.m., worship 11 a.m. and 6 p.m. Krumkill Road at Schoolhouse Road, North Bethlehem.

FIRST UMC OF DELMAR

Sunday school and worship service, 9:30 a.m., adult classes and fellowship 11 a.m., child-care provided, 428 Kenwood Ave. Information, 439-9976.

MOUNT MORIAH MINISTRIES

Sunday school, 9:45 a.m., morning worship, 11 a.m., youth group, 6 p.m., evening service, 7 p.m., Route 9W, Glenmont. Information, 426-4510.

UNITY OF FAITH CHRISTIAN FELLOWSHIP

Sunday school and worship service, 10 a.m., 436 Krumkill Road. Information, 438-7740.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday school and worship service, 10 a.m., child-care provided, 555 Delaware Ave. Information, 439-2512.

ST. MICHAEL'S SHRINE

Traditional Latin Catholic mass, 10 a.m., 1 Beacon Road at Route 9W, Glenmont. Information, 462-2016.

KING'S CHAPEL

Traditional Baptist Bible service, 10 a.m., 434 Route 9W, just south of Glenmont Road, Glenmont. Information, 426-9955.

BETHLEHEM CONGREGATION OF JEHOVAH'S WITNESSES

Bible lecture, 10 a.m., Watchtower Bible study, 10:55 a.m., Elm Avenue and Feura Bush Road. Information, 439-0358.

SLINGERLANDS COMMUNITY UMC

worship service and church school, 10 a.m., fellowship hour, nursery care provided, 1499 New Scotland Road. Information, 439-1766.

DELMAR PRESBYTERIAN

worship service, church school, nursery care, 10 a.m., fellowship and coffee, 11 a.m., adult education, 11:15 a.m., family communion service, first Sunday, 585 Delaware Ave. Information, 439-9252.

GLENMONT COMM. CHURCH

Sunday school and worship service, 10:30 a.m., child-care available, 1 Chapel Lane. Information, 436-7710.

SOLID ROCK CHURCH

worship service, 11 a.m., 1 Kenwood Ave. Information, 439-4314.

NEW SCOTLAND

ST. MATTHEW'S RC CHURCH

Masses Saturday at 5 p.m. and Sunday at 8:30 and 10:30 a.m., Mountain View Road, Voorheesville. Information, 765-2805.

FIRST UNITED METHODIST

early worship, 8:30 a.m., worship celebration, 10 a.m., church school classes for nursery through high school, 10 a.m., choir rehearsals, 11:15 a.m., 68 Maple Ave., Voorheesville. Information, 765-2895.

BETHEL BAPTIST CHURCH

Sunday school, 9:15 a.m., worship service, 10:15 a.m., Auberge Suisse Restaurant, Route 85. Information, 475-9086.

UNIONVILLE REFORMED

Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by fellowship, Delaware Turnpike. Information, 439-5001.

CLARKSVILLE COMM. CHURCH

Sunday school, 9:15 a.m., worship service, 10:30 a.m., followed by coffee hour, nursery care provided, Route 443, Information, 768-2916.

MOUNTAINVIEW EVANGELICAL FREE CHURCH

Family Bible Hour, 9:15 a.m.; worship service, 10:30 a.m., nursery care provided, Route 155, Voorheesville. Information, 765-3390.

ONESQUETHAW REFORMED

worship service, 9:30 a.m., Sunday school, 10:45 a.m., Tarrytown Road, Feura Bush. Information, 768-2133.

FAITH TEMPLE

Sunday school, 10 a.m., worship service, 7 p.m., New Salem. Information, 765-2870.

JERUSALEM REFORMED

worship service, 10:30 a.m., followed by coffee hour, child-care provided, Route 32, Feura Bush. Information, 439-0548.

PRESBYTERIAN CHURCH IN NS

worship service, 10:30 a.m., Sunday school, 9:15 a.m., nursery care provided, 2010 New Scotland Road. Information, 439-6454.

UNITED PENTECOSTAL CHURCH

Sunday school and worship service, 10 a.m., choir rehearsal, 5 p.m., evening service, 6:45 p.m., Route 85, New Salem. Information, 765-4410.

FAMILY WORSHIP CENTER

Sunday Worship 10:30 a.m., nursery and Sunday School available, Thursday night prayer and praise at 7 p.m. 92 Lower Copland Hill Road, Feura Bush. Information, 768-2021.

Mon. 11/26

BETHLEHEM

MOTHERS' TIME OUT

Christian fellowship group for mothers of preschool children, Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 to 11 a.m. Information, 439-9929.

DELMAR KIWANIS

Quality Inn, Route 9W, 6:15 p.m. Information, 439-2437 or 439-6952.

INDOOR PISTOL SHOOTING

Albany County Pistol Club, Winne Place, 7 to 9 p.m. *Also Tuesday.* Information, 439-0057.

EXPLORER POST 157

For boys and girls 14-21, focusing on environmental conservation, 310 Kenwood Ave., 7:30-9 p.m. Information, 439-4205.

DELMAR COMM. ORCHESTRA

rehearsal, Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-7749.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND

QUARTET REHEARSAL

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

Tues. 11/27

BETHLEHEM

TREASURE COVE THRIFT SHOP

First United Methodist Church, 428 Kenwood Ave., 9 a.m. to 6 p.m.

COMPUTER WORKSHOP AT LIBRARY

For the complete beginner — hands on training on how to turn it on, use the mouse, explore the Internet. Bethlehem Public Library, 451 Delaware Ave., Separate sessions at 9:30 a.m. and 11 a.m. Limited registration, 439-9314.

TAKE OFF POUNDS SENSIBLY

Glenmont Community Church, Weiser Street, 6 p.m. weigh-in, 6:30 p.m. meeting. Information, 449-2210.

BINGO

at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

DELMAR ROTARY

Howard Johnson's, Route 9W. Information, 439-9988.

NEW SCOTLAND

NIMBLEFINGERS/QUILTERS

Voorheesville Public Library, 51 School Road, 1 to 3 p.m.

ZONING BOARD OF APPEALS

New Scotland Town Hall, Route 85, 7 p.m. Information, 765-3356.

V'VILLE VILLAGE BOARD

Village Hall, 29 Voorheesville Ave., 8 p.m. Information, 765-2692.

Wed. 11/28

BETHLEHEM

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-4:30 p.m. *Also Mon.* Information, 439-0503.

SOLID ROCK CHURCH

1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

TOWN BOARD

Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS

The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58

Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 8 p.m. Information, 439-2512.

NEW SCOTLAND

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

Thurs. 11/29

BETHLEHEM

RECOVERY, INC.

self-help for chronic nervous symptoms, First United Methodist Church, 428 Kenwood Ave., 10 a.m. Information, 439-9976.

BETHLEHEM SENIOR CITIZENS

Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

TAKE OFF POUNDS SENSIBLY

Weekly meeting at Delmar Reformed Church, 386 Delaware Ave., Delmar, 1-2:30 p.m. Information, 465-8732.

24th ANNUAL INDIAN RIVER CITRUS FRUIT SALE
 • NAVEL ORANGES
 • PINK GRAPEFRUIT
 • ORLANDO TANGELOS
 2/5 and 4/5 Bushels and Mesh Bags and Gift Boxes available
 For information on prices and pickup Call: June Tidd 767-9927
 or Alice Haskell 767-2259 Available about December 5th
UNITED METHODIST CHURCH
 Willowbrook Avenue, South Bethlehem, New York

JEAN MARIE'S RESTAURANT
(in the Delaware Plaza)
Will be open for Dinner starting Friday, 11/23/01 from 5pm-8pm.
Some of our Specials will be:
Fish Fry Dinner: \$10.95
Meat Balls & Spaghetti: \$8.95
Salmon Cakes and Macaroni & Cheese: \$8.95
All entrees served with bread & salad
— HOURS —
BREAKFAST (Tues. thru Fri.) 9:30am to 11:30am
LUNCH (Tues. thru Fri.) 11:30am to 4:00pm
BRUNCH (Sat. & Sun.) 8:00am to 2:00pm

Spotlight on Dining

元寶屋 DUMPLING HOUSE
 Chinese Restaurant
 Specializing in Dumplings, Lunches, Dinners, Cocktails, Mandarin, Szechuan, Hunan & Cantonese.
 Eat in or Take Out. Open 7 days a week.
458-7044 or 458-8366
 120 Everett Road, Albany • (Near Shaker Road)

LEGAL NOTICE

NOTICE OF PUBLICATION

147 FLATBUSH REALTY, LLC was filed with SSNY on 11/08/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Waterview, 119-15 27th Ave., Flushing, NY 11354. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

Name: 1843 Central Avenue Associate, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 10/04/01. Office Location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 1843 Central Avenue Associates, LLC, 1843 Central Avenue, Albany, New York 12205. Purpose: any lawful purpose. (November 21, 2001)

ARTICLES OF ORGANIZATION OF 3356 CARMEN ROAD, LLC

(Under Section 203 of the Limited Liability Company Law of the State of New York)
The undersigned, being natural persons of at least eighteen (18) years of age and acting as the organizers of the Limited Liability Company (the "Company") hereby being formed under Section 203 of the Limited Liability Company Law of the State of New York (the "LLCL"), certify that:
FIRST: The name of the Company is 3356 Carmen Road, LLC.
SECOND: The purpose of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the LLCL.
THIRD: The county within the State of New York in which the office of the Company is to be located is Albany County.
FOURTH: In addition to the events of the dissolution set forth in Section 701 of the LLCL, the latest date on which the Company may dissolve is August 31, 2049.
FIFTH: The Secretary of State is designated as the Agent of the Company upon whom process against the Company may be served. The Post Office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the Company served upon the Secretary of State is c/o Jeremiah F. Manning, 27 Brookman Avenue, Delmar, New York 12054.
SIXTH: The Company is to be managed by one or more members.
SEVENTH: A manager shall not be personally liable to the Company or its members for damages for any breach of duty as a manager, except for any matter in respect of which such manager shall be liable by reason that, in addition to any and all other requirements for such liability, there shall have been a judgment or other final adjudication adverse to such manager that establishes that such manager's acts or omissions were in bad faith or involved intentional misconduct or a knowing violation of law that such manager personally gained in fact a financial profit or other advantage to which such manager was not legally entitled or that with respect to a distribution the subject of \$508 of the LLCL, such manager's act were not performed in accordance with \$409 of the LLCL. Neither the amendment nor the repeal of this Article shall eliminate or reduce the effect of this Article in respect to any matter occurring or any cause of action, suit or claim that, but for this Article, would accrue or arise, prior to such amendment, repeal or adoption of an inconsistent provision. This Article shall neither eliminate nor limit the liability of a manager for any act or omission occurring prior to the adoption of this Article.
EIGHTH: The Company shall indemnify, to the full extent permitted by the LLCL, as amended from time to time, all persons whom it is permitted to indemnify pursuant thereto.
IN WITNESS WHEREOF, I have subscribed this certificate and do hereby affirm the foregoing as true under the penalties of perjury, this 27th day of September, 2001.
Muzafer Cecunjanin
126 Cherry Avenue
Delmar, New York 12054
(518)475-7777
Hasan Cecunjanin

LEGAL NOTICE

131 Cherry Avenue
Delmar, New York 12054
(518)475-7777
(November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of ACC Telecommunications, LLC, a foreign limited liability company (LLC). Auth. filed with Secy. of State of N.Y. (SSNY) on 9/27/01. LLC organized in Delaware (DE) on 1/2/01. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent of LLC upon whom process may be served. Principal office address of LLC: One North Main St., Coudersport, PA 16915. Copy of Arts. on file with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: telecommunications. (November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of Administaff Client Services, L.P., a foreign limited partnership (LP). Auth. filed with Secy. of State of N.Y. (SSNY) on 10/11/01. LP formed in Delaware (DE) on 9/7/01. NY office location: Albany County. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office address of L.P.: 19001 Crescent Springs Dr., Kingwood, TX 77339. Name/address of each general partner available from SSNY. Cert. of LP on file with DE Secy. of State, Corp. Div., 401 Federal St., Suite 4, Dover, DE 19901. Purpose: any lawful activity. (November 21, 2001)

LEGAL NOTICE

Notice of Qualification of Administaff Insurance Services, L.L.C. Authority filed with Secy. of State of N.Y. (SSNY) on 10/24/01. Fictitious name in NY State: Administaff Insurance Agency. LLC formed in Delaware (DE) on 2/13/01. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. on file with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: conducting business as an insurance agency. (November 21, 2001)

NOTICE OF PUBLICATION

BELFORD LLC was filed with SSNY on 11/08/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is BERKSHIRE PARTNERS, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on November 6, 2001. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 302 Washington Avenue Extension, Albany, New York 12203. (November 21, 2001)

NOTICE OF PUBLICATION

BFA GLOBAL ADVISORS LLC was filed with SSNY on 10/22/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him:

LEGAL NOTICE

The LLC, 30 E. 40th Street, Ste. #605, New York, NY 10016. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF LLC

Articles of Organization for BROWN & WEINRAUB LLC were filed with the Secretary of State of New York on September 27, 2001. Office located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at 12 Sheridan Avenue, Albany, New York 12207. Purpose: for any lawful activity for which limited liability companies may be formed under the law. (November 21, 2001)

NOTICE OF FORMATION OF LLC

Articles of Organization for BROWN VIDAL & WEINRAUB LLC were filed with the Secretary of State of New York on October 10, 2001. Office located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at 12 Sheridan Avenue, Albany, New York 12207. Purpose: for any lawful activity for which limited liability companies may be formed under the law. (November 21, 2001)

NOTICE OF PUBLICATION

CATTON INTERNATIONAL LLC was filed with SSNY on 11/06/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of CED CAPITAL HOLDINGS XVI, LTD., a foreign limited partnership (LP). Fictitious name in NY State: CED CAPITAL HOLDINGS XVI, LTD. LIMITED PARTNERSHIP. Auth. filed with Secy. of State of N.Y. (SSNY) on 10/10/2001. LP formed in Florida (FL) on 12/1/1999. NY office location: Albany County. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail copy of process to: Corporation Service Co., 80 State St., Albany, NY 12207, registered agent of LP upon whom process may be served. FL address of LP: 1551 Sandspur Rd., Maitland, FL 32751. Name/address of each general partner available from SSNY. Cert. of LP on file with FL Secy. of State, Div. of Corps., P.O. Box 6327, Tallahassee, FL 32314. Purpose: any lawful activity. (November 21, 2001)

LEGAL NOTICE

Notice of Qualification of CED CONSTRUCTION MANAGEMENT, L.L.C. Authority filed with Secy. of State of N.Y. (SSNY) on 10/9/01. Office location: Albany County. LLC formed in Florida (FL) on 6/20/00. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. FL address of LLC: 1551 Sandspur Rd., Maitland, FL 32751. Arts. of Org. on file with FL Secy. of State, Div. of Corps., P.O. Box 6327, Tallahassee, FL 32314. Purpose: any lawful activity. (November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of Circular Wireless Employee Services, LLC, a foreign limited liability company (LLC). Auth. filed with Secy. of State of N.Y. (SSNY) on 10/15/01. LLC formed in Delaware (DE) on 10/1/01. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Ser-

LEGAL NOTICE

vice Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office address of LLC: 5565 Glenridge Connector, Atlanta GA 30342. Arts. of Org. on file with DE Secy. of State, Federal & Duke of York St., Dover, DE 19901. Purpose: any lawful activity. (November 21, 2001)

LEGAL NOTICE

Comfort Homes, LLC, Art. of Org. filed SSNY 8/17/01. Albany County. SSNY designated as agt. upon whom process may be served and shall mail copy of process: c/o Jan Woodcock, 8 W. Hamilton Pl., Jersey City, NJ 07302. Purpose: any lawful purpose. (November 21, 2001)

BETHLEHEM CENTRAL SCHOOL DISTRICT ADVERTISEMENT FOR COOPERATIVE BIDS

Sealed bids are requested by the Monroe 2-Orleans Board of Cooperative Education Services for: Bid # 1054 Computers, Software, Technology Engineering Equipment & Supplies
Bids will be received until 2:00 p.m., 12/06/01 in the Business Office, 3599 Big Ridge Rd., Spencerport, NY 14559 at which time and place they will be publicly opened and read.
Specifications and bid forms may be obtained at the same office.
Kenneth J. Kofod, C.P.M.
Purchasing Agent
Phone: (716) 352-2418
FAX: (716)352-2756
(November 21, 2001)

NOTICE OF PUBLICATION

CREATIVE DESIGN LLC was filed with SSNY on 10/18/01. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

LEGAL NOTICE

Creative Resources Broker Services, LLC, App. for Auth. filed SSNY 10/11/01. Albany Co. LLC org. in RI 6/23/98. SSNY designated as agt. upon whom process may be served and shall mail copy of proc.: Richard M. Spaziano, 250F Centerville Rd., Warwick, RI 02886, the principal office addr. in RI. Art. of Org. on file: SSRI, 100 N. Main St., Providence, RI 02903. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF PUBLICATION

CROSSHEAD LLC was filed with SSNY on 11/06/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF D. A. YOUNG, LLC

PLEASE TAKE NOTICE that D. A. Young, LLC filed its Articles of Organization with the Department of State on September 4, 2001, pursuant to Limited Liability Company Law Section 203. The name of the limited liability company (the "Company") is D. A. Young, LLC. The office of the Company is to be located in Albany County. The Secretary of State is designated as agent of the Company upon whom process against it may be served. The post office address within this state to which the Secretary of State shall mail a copy of any process served against it is 11 Palmer Avenue, Delmar, New York 12054. The Company is authorized to engage in all businesses permitted by the Limited Liability Company Law of the State of New York. The character or purpose of the business of the Company is to engage in any lawful activity. (November 21, 2001)

LEGAL NOTICE

NOTICE OF PUBLICATION

ELMFORD LLC was filed with SSNY on 11/08/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF PUBLICATION

EUROMATEX LLC was filed with SSNY on 10/18/01. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF PUBLICATION

EXPERTLINK LLC was filed with SSNY on 11/13/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 30 E. 40th Street, Ste 605, New York, NY 10016. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is FIRST COLUMBIA 575 HVA, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on November 6, 2001. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 26 Century Hill Drive, Suite 101, Latham, New York 12110-2128. (November 21, 2001)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is FIRST COLUMBIA CENTURY-30, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on November 6, 2001. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 26 Century Hill Drive, Suite 101, Latham, New York 12110-2128. (November 21, 2001)

LEGAL NOTICE

Notice of Qualification of Five-O Staffing, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 11/5/01. LLC formed in Delaware (DE) on 3/22/01. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to the principal office of LLC: 1128 Pennsylvania Ave., Suite 110, Albuquerque, NM 87110. Arts. of Org. on file with DE Secy. of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: any lawful activity. (November 21, 2001)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Name: GCAP EQUITY ASSOCIATES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/19/01. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Herrick, Feinstein LLP, Attn: Lawrence M.

LEGAL NOTICE

Levinson, Esq., 111 Washington Avenue, Albany, New York 12210-2210. Purpose: For any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

NAME: GI'DEVELOPMENT LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/26/01. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 30 Trumpeter Place, Slingerlands, New York 12159. Purpose: For any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF GIO REALTY, LLC

Notice is hereby given of the formation of GIO Realty, LLC, a limited liability company. The date of filing of the Articles of Organization with the Secretary of State is October 22, 2001. The county in which the office of the limited liability company is to be located is Albany. The Secretary of State has been designated as the agent of the limited liability company upon whom process against it may be served and the post office address within this state of the limited liability company is 3 Groesbeck Place, Elmsmere, New York 12054. The limited liability company has no specific date of dissolution. The limited liability company is organized for the purpose of carrying on rental real estate activities and for any and all business activities permitted under the laws of the State of New York. DeFabio, Tommaney and Legnard, Professional Corporation, attorneys for GIO Realty, LLC, 4 Automation Lane, Albany, New York 12205. (November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of Greyhawk Gas Storage Company, L.L.C., a foreign limited liability company (LLC). Auth. filed with Secy. of State of N.Y. (SSNY) on 9/27/01. LLC organized in Delaware (DE) on 8/15/01. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: Attn: Falcon Northeast Holdings, L.L.C., c/o Falcon Gas Storage Company, Inc., 1776 Yorktown, Ste. 500, Houston, TX 77056. Office address of LLC in DE: c/o The Corporation Trust Co., 1209 Orange St., Wilmington, DE 19801. Arts. of Org. on file with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purpose. (November 21, 2001)

NOTICE OF PUBLICATION

HALSALL LLC was filed with SSNY on 11/06/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

LEGAL NOTICE

Notice of formation of limited liability company (LLC). Name: HARD HATS FOR AMERICA, LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 10/10/01. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 8 Country Club Drive, Annandale, NJ 08801. Purpose: any lawful activity. (November 21, 2001)

NOTICE OF PUBLICATION

HEARN LLC was filed with SSNY on 11/06/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

LEGAL NOTICE**NOTICE OF PUBLICATION**

HEPSCOTT SERVICES LLC was filed with SSNY on 11/06/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

NAME: HIGH YIELD LIQUIDITY FUND LLC. Application for Authority was filed with the Secretary of State of New York (SSNY) on 11/05/01. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o One Capitol Center, 99 Pine Street, Albany, New York 12201. Purpose: For any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF LLC

JGH, LLC, filed Articles of Organization with the New York Secretary of State on October 19, 2001. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to JGH, LLC, 148 Kent St., Albany, NY 12206. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. (November 21, 2001)

NOTICE OF PUBLIC HEARING

Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, December 5, 2001, at 7:30 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Joel Spiro, 16 Devonshire Drive, Slingerlands, New York 12159 for Area Variance under Article IX, Accessory Uses, Section 128-36, Private garages in Residence Districts, of the Code of the Town of Bethlehem for construction of a two-car detached garage which would exceed allowable amount of garages permitted in a residential zone at premises 16 Devonshire Drive, Slingerlands, New York.

Michael C. Hodom
Chairman
Board of Appeals
(November 21, 2001)

NOTICE PURSUANT TO LIMITED LIABILITY COMPANY LAW §206

(1) The name of the Limited Liability Company is: K.O. LLC.
(2) The Articles of Organization were filed with the Secretary of State on October 19, 2001.
(3) The limited liability company is located in Albany County.
(4) The Secretary of State has been designated as agent of the limited liability company upon whom process against it may be served and the following is the post office address to which the Secretary of State shall mail a copy of any process against it served upon him or her:
61 Columbia Street, Suite 210
Albany, New York 12210
(5) The character and/or purpose of the limited liability company is to act as an internet directory by obtaining and distributing information regarding internet providers. (November 21, 2001)

NOTICE OF FORMATION OF LLC

Articles of Organization for LAST-ING IMAGES, LLC were filed with the Secretary of State of New York on October 11, 2001. Office lo-

LEGAL NOTICE

cated in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at 112 State Street, Suite 1314, Albany, New York 12207. Purpose: for any lawful activity for which limited liability companies may be formed under the law. (November 21, 2001)

NOTICE OF PUBLICATION

LIBERTY LIGHTHOUSE GROUP LLC was filed with SSNY on 11/14/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 122 East 42nd Street, Suite 2210, New York, NY 10168. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

NAME: MARJO, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/11/00. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, ATTN: Jeffrey Feinman, 137 Lark Street, P.O. Box 1428, Albany, New York 12201. Purpose: For any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is **MDS SPORTS & ENTERTAINMENT PRODUCTIONS, LLC.** The Articles of Organization of the LLC were filed with the NY Secretary of State on November 6, 2001. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 36 Park Hill Drive, Albany, New York 12204.. (November 21, 2001)

NOTICE OF PUBLICATION

MOVING TECHNOLOGY SYSTEM LLC was filed with SSNY on 10/30/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF PUBLICATION

NORTH SIDE STUDIOS, LLC was filed with SSNY on 10/30/01. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 543 Bedford Avenue, PMD 299, Brooklyn, NY 11211. Purpose: any lawful purpose. (November 21, 2001)

ARTICLES OF ORGANIZATION OF O'KEEFE DEVELOPMENT LLC

Under Section 203 of the Limited Liability Company Law
FIRST: The name of the limited liability company is: O'Keefe Development LLC.
SECOND: The county within the state in which the office of the limited liability company is to be located is Albany.
THIRD: The latest date on which the limited liability company is to dissolve is December 31, 2051.
FOURTH: The secretary of state

LEGAL NOTICE

is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is:
P. O. Box 26
Newtonville, New York 12128
FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.
SIXTH: The limited liability company is to be managed by 1 of more members.
IN WITNESS WHEREOF, this certificate has been subscribed to this 1st day of November, 2001, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

S/ Robert J. Sneeringer,
Attorney in Fact
(November 21, 2001)

ARTICLES OF ORGANIZATION OF O'KEEFE PROPERTIES LLC

Under Section 203 of the Limited Liability Company Law
FIRST: The name of the limited liability company is: O'Keefe Properties LLC.
SECOND: The county within the state in which the office of the limited liability company is to be located is Albany.
THIRD: The latest date on which the limited liability company is to dissolve is December 31, 2051.
FOURTH: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is:
P. O. Box 26
Newtonville, New York 12128
FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.
SIXTH: The limited liability company is to be managed by 1 of more members.
IN WITNESS WHEREOF, this certificate has been subscribed to this 1st day of November, 2001, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.

S/ Robert J. Sneeringer,
Attorney in Fact
(November 21, 2001)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

Name: Oakwood Terrace Apartments LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 9/19/01. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent of LLC upon whom process may be served. Purpose: solely to own, operate, manage, and lease the Oakwood Terrace Apartments in the Village of Elmira Heights, Chemung County, New York and activities incidental thereto. (November 21, 2001)

NOTICE OF PUBLICATION

OXTOBY LLC was filed with SSNY on 11/06/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

LEGAL NOTICE

Notice of Qualification of PCP Acquisitions, LLC. Authority filed with Secy. of State of N.Y. (SSNY)

LEGAL NOTICE

on 10/26/01. LLC formed in Delaware (DE) on 10/22/01. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: c/o Investcorp, 280 Park Ave., 36 W NY, NY 10017. Arts. of Org. on file with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. (November 21, 2001)

NOTICE OF FORMATION

The name of the limited liability company is Philip F. McGuire, LLC. The Articles of Organization were filed with the Secretary of State on October 24, 2001. The principal place of business of the LLC shall be located in Albany County. The Secretary of State has been designated as the agent of the LLC upon whom process against it may be served. The post office address to which the Secretary of State shall mail a copy of any process is Philip F. McGuire, LLC., 1980 Central Avenue, Albany, New York 12205. The purpose of the LLC is to engage in any lawful activity for which a limited liability company may be organized under New York law.

Filed by:
Sullivan, McBride, Hess &
Youngblood, PC
4 Tower Place
Albany, New York 12203
(518) 438-5364
(November 21, 2001).

NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY

The name of the professional service limited liability company is Registered Professional Nursing and Clinical Consulting, LLC. The Articles of Organization were filed on August 6, 2001 with the NYS Department of State. The County within this State in which the office of the professional service limited liability company is to be located is Albany County. The Secretary of State is designated as agent of the professional service limited liability company upon whom process against it may be served. The post-office address within or without this State to which the Secretary of State will mail a copy of any process against the professional service limited liability company served upon him or her is: 6 Lincoln Avenue, Delmar, New York 12054. The specific date upon which the LLC is to dissolve is: April 30, 3051. The purpose of the business of the LLC is registered professional nursing. (November 21, 2001)

LEGAL NOTICE

Riverfront Café, LLC filed SSNY 9/21/01. Albany Co., SSNY designated as agt. upon whom process may be served & shall mail any process against the LLC: 330 Broadway, Albany, NY 12207. Purpose: any lawful purpose. (November 21, 2001)

LEGAL NOTICE

ROUTE 9W ASSOCIATES, LLC. Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Secretary of State on October 24, 2001. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 596 New Loudon Road, Latham, New York 12110. (November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of SANDSPUR HOUSING PARTNERS, LTD., a foreign limited partnership (LP). Fictitious name

LEGAL NOTICE

in NY State: SANDSPUR HOUSING PARTNERS, LTD. LIMITED PARTNERSHIP. Auth. filed with Secy. of State of N.Y. (SSNY) on 10/2/2001. LP organized in Florida (FL) on 9/30/1998. NY office location: Albany County. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail copy of process to: Corporation Service Co., 80 State St., Albany, NY 12207. Office address of LP in FL: 1551 Sandspur Rd., Maitland, FL 32751. Name/address of each general partner available from SSNY. Copy of Cert. of LP on file with FL Secy. of State, Div. of Corps., P.O. Box 6327, Tallahassee, FL 32314. Purpose: any lawful activity. (November 21, 2001)

LEGAL NOTICE

Notice of Qualification of Sentinel Offender Services, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/20/00. Office location: Albany County. LLC formed in Delaware (DE) on 9/29/00. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to the principal office of LLC: 220 Technology Drive, Suite 200, Irvine, CA 92618. Arts. of Org. on file with DE Secy. of State, Div. of Corps., P.O. Box 898, Dover, DE 19903. Purpose: services related to probation process. (November 21, 2001)

ARTICLES OF ORGANIZATION OF T & W DEVELOPMENT LLC

Under Section 203 of the Limited Liability Company Law
FIRST: The name of the limited liability company is: T & W DEVELOPMENT LLC.
SECOND: The county within the state in which the office of the limited liability company is to be located is Albany.
THIRD: The latest date on which the limited liability company is to dissolve is December 31, 2050.
FOURTH: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is:
19 Catherine Place
Latham, New York 12110
FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.
SIXTH: The limited liability company is to be managed by 1 or more members.
IN WITNESS WHEREOF, this certificate has been subscribed to this 9th day of November, 2001, by the undersigned who affirms that the statements made herein are true under the penalties of perjury.
S. Jesse Vandergrift, Attorney in Fact
(November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of The Harbour Group, L.L.C., a foreign limited liability company (LLC). Auth. filed with Secy. of State of N.Y. (SSNY) on 10/18/2001. LLC formed in Virginia (VA) on 8/23/1995. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: Corporation Service Co., 80 State St., 6th Fl., Albany, NY 12207. Office address of LLC in VA: 1800 Michael Faraday Dr., Ste. 201, Reston, VA 20171. Arts. of Org. on file with VA Secy. of State, State Corp. Commission, P.O. Box 1197, Richmond, VA 23209. Purpose: to provide insurance products and services for students. (November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of Thermo Process Instruments, L.P., a foreign limited partnership

LEGAL NOTICE

(LP). Auth. filed with Secy. of State of N.Y. (SSNY) on 9/27/01. LP organized in Texas (TX) on 7/24/01. NY office location: Albany County. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail copy of process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Office address of LP in TX: 9303 W. Sam Houston Pkwy., S. Houston, TX 77099. Name/address of each general partner available from SSNY. Cert. of LP on file with TX Secy. of State, 1019 Brazos St., Austin, TX 78701. Purpose: sales and service of process measurement instrumentation. (November 21, 2001)

NOTICE OF PUBLICATION

VENTURES ASIA LLC was filed with SSNY on 11/06/2001. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: The LLC, 46 State Street, 3rd Flr, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: any lawful purpose. (November 21, 2001)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

Name: Wealth Strategies Group, LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 8/28/01. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: Daniel L. Kramer, 1044 New Loudon Rd., Cohoes, NY 12047, registered agent of LLC upon whom process may be served. Purpose: any lawful activity. (November 21, 2001)

LEGAL NOTICE

Notice of Application for Authority of WHITEHOUSE POST PRODUCTIONS, LLC, a foreign limited liability company (LLC). Auth. filed with Secy. of State of N.Y. (SSNY) on 10/17/01. LLC formed in Delaware (DE) on 12/7/00. NY office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office address of LLC: 54 W. Hubbard St., Chicago, IL 60610. Arts. of Org. on file with DE Secy. of State, Div. of Corps., 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. (November 21, 2001)

LEGAL NOTICE

Notice of registered limited liability partnership ("LLP"). Name: Whiteman Osterman & Hanna LLP. Registration filed with sec. of state of NY ("SOS") on 10/16/01. Office location: Albany County. SOS is designated as agent of LLP for service of process. SOS to mail copy of process to the LLP: 1 Commerce Plaza, Albany, NY 12260. Purpose: Practice of Law. (November 21, 2001)

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

Name: Yorkshire Apartments LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 9/19/01. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent of LLC upon whom process may be served. Purpose: solely to own, operate, manage, and lease the Yorkshire Apartments in the Town of Big Flats, Chemung County, New York and activities incidental thereto. (November 21, 2001)



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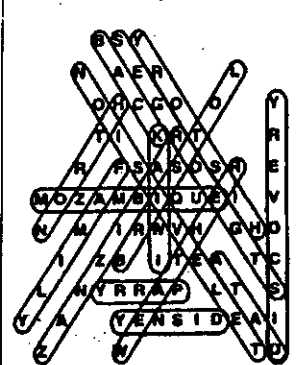
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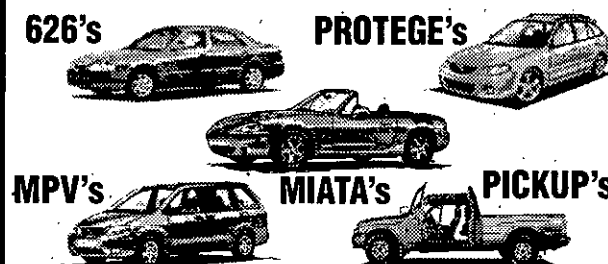
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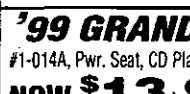
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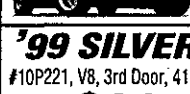
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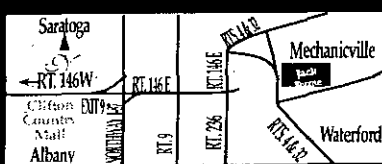
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Sweet

(From Page 1)

got Bethlehem into Newburgh territory. A few plays later, Bulger threw a short pass to **Brian Geurtze**, who turned it into a 28-yard touchdown play. The Eagles missed the two-point conversion, but they had an 18-0 lead with 6:15 left in the second quarter.

Even when Newburgh thought it had some momentum, it didn't. The Goldbacks intercepted Bulger on Bethlehem's fourth series, but the Eagles defense pushed Newburgh back on three consecutive plays, including a sack by Geurtze and a combined sack from **Chris Bourey** and **John Cameron**.

"We put an awful lot of pressure on their quarterback," Sodergren said.

Bulger made up for the interception in the final minute of the second quarter when he threw a 24-yard touchdown pass to Hughes. Bulger kicked the extra point — his first after two failed attempts — to make the score 25-0.

Newburgh attempted to surprise Bethlehem when it tried a squib kick to open the second half, but **Tim Donahue** picked up the ball and returned it to the Eagles' 43-yard line. Fullback **Aaron Griffin** then capped a six-

play drive with a 17-yard touchdown run to put Bethlehem ahead 32-0.

The Goldbacks broke up the shutout bid on a 4-yard touchdown run by **Mike Riullano** in the first minute of the fourth quarter, but that was all the Eagles allowed on their way to the 26-point victory.

"We played essentially bend-but-don't-break defense because we didn't want them to get a big play," Sodergren said.

Bethlehem will return to Dietz Stadium Friday night for the Class AA semifinals against North Rockland. The kickoff is slated for 8 p.m.

"We had a thing at the beginning of the season where we wanted to spend Thanksgiving together," Sodergren said. "So, we'll practice Thanksgiving morning and then do something together after that."

The Red Raiders, who beat Carmel 21-12 in last weekend's Section I championship game, are the top-ranked team in New York, but that doesn't faze the Eagles.

"We'll give them hell, just like Troy," Hughes said. "They were on top for five years."

"They think they can play with anybody and right now, we've got something good going," Sodergren said.

Police

(From Page 1)

checks and increased calls for EMS support. "The role of law enforcement, especially in a suburban community, is more service-oriented than in an urban setting," said LaChappelle.

Ironically, service calls were slightly down in most categories that one might regard as standard police work. These included a nearly one-quarter drop in vehicle incident calls — from disabled vehicle calls to parking complaints to car lockouts — as well as slight drops in general calls for police checks on such things as traffic hazards and dangerous road conditions.

But property-related calls rose — criminal mischief and larceny calls leading the way — though they remain below historic highs of the mid-90s. The biggest rise came in the catch-all categories — calls regarding town services, and "other calls for service."

"We're the ones who pick up the phone for just about everything," LaChappelle said. "Most of those calls end up being referrals elsewhere."

Some dramatic changes in service call numbers, he said, are somewhat misleading, reflecting changes in the reporting categories rather than an actual

shift in activity; for instance, a sharp drop in disorderly conduct calls corresponds closely to a rise in "persons annoying" calls.

One number of some concern was a sharp rise in domestic violence calls. They jumped by more than 35 percent last year, from 233 to 316.

In criminal activity generally, the town in 2000 reflected national trends in suburbia — a slight rise in reported incidents and arrests, after several years of decline. In Bethlehem's case, the town experienced an 11.5 percent hike in the most serious categories, what the Justice Department's Uniform Crime Reports call "Part I" offenses including murder and attempted murder, manslaughter, rape, robbery, assault, burglary, larceny and motor vehicle theft.

"This little spike bothers me," said LaChappelle. "If that continues, we're going to have to pay closer attention to Part I offenses than we normally do." Crime is not concentrated, he said: "We don't have a particular area of crime anywhere. We have incidents of crime spread throughout the town."

The good news is that the most violent categories were steady and small numbers generally. Nearly all of the increase came in larcenies — almost 500 incidents

last year, up more than 15 percent

LaChappelle cautioned that even those numbers can be misleading. "It can reflect a small number of people doing multiple larcenies," he said. 2000's statistics include two individuals charged with nearly 100 thefts from parked vehicles, and a regional spree of nearly identical larcenies from construction sites.

Part II categories, from arson to criminal mischief to drug and alcohol offenses — the number of 2000 incidents was nearly identical to the previous year. Some Part II categories rose sharply — DWI incidents from 60 in 1999 to 106 in 2000; assaults up by more than half; and a slight rise in criminal mischief complaints.

"A lot of the youth-type increases are a result of activity of the school resource officers and their acceptance by kids and parents," he said. "A lot more things get reported than before."

November was the latest submission of an annual report in LaChappelle's tenure. The delay, he said, was due in part to the lag in receiving state and federal statistical data necessary for its completion. Still, LaChappelle conceded, "It's a pretty benign document and I'm embarrassed by its untimeliness."

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