

Fire destroys  
NiMo transformer

See Page 3

Jacques Brél comes  
to Cap Rep

Family entertainment

Health, Diet  
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Supplement inside

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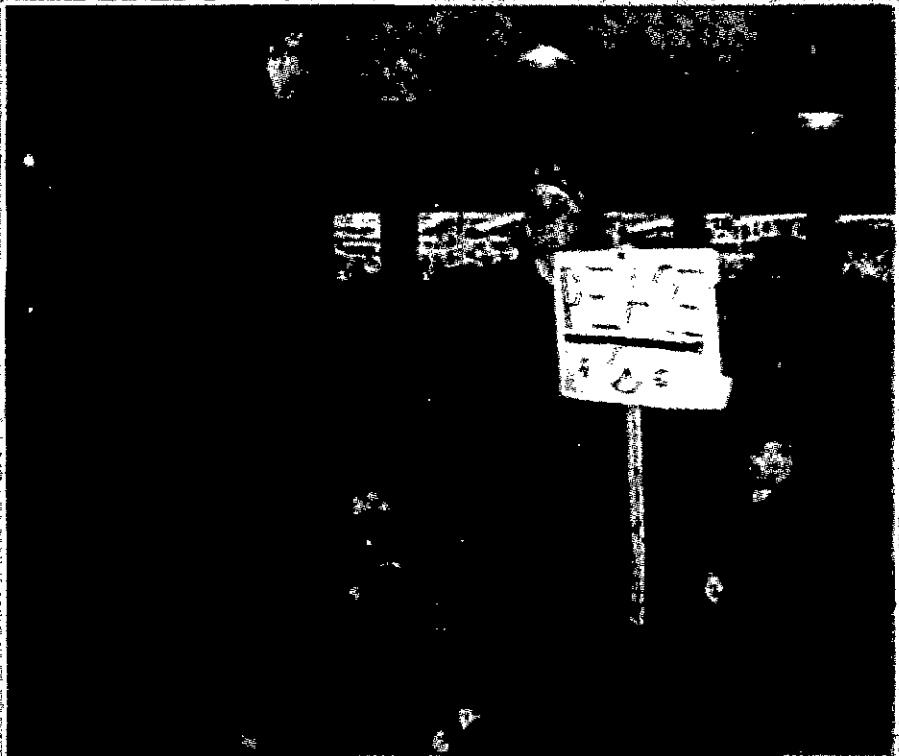
Spotlight

Serving the Towns of Bethlehem & New Scotland

Volume XLVIII No. 52 75 cents

January 21, 2004

## Pulling for peace



Dan and Sarah Rain and their son Cadao join a peace rally at the Four Corners in Delmar last Sunday. *Jim Franco*

## Clark: Albany water deal should ease town woes

By MARTIN J. BANNAN

At the Jan. 14 town board meeting, Supervisor Ed Clark said a water deal with Albany is on its way. The city is currently hammering out a deal with Bethlehem and once it is complete, it will focus on New Scotland.

Clark explained that the town is already buying water from Bethlehem through existing water main connections. Water purchased from Albany would be pumped into Bethlehem's system and then into New Scotland's, he said, adding that no new pipes are needed. Town Engineer Mark Dempf said, however, that the town needs to install a \$7,000 meter at Mason Lane.

"We want our agreement with Albany to model after Bethlehem's," Clark said. "In this way, our cost is based on our demand and thus we get a fair price for what we consume."

Adding to New Scotland's water problems, a leak was discovered in the Clarksville water main. Town Highway Superintendent Darrell Duncan estimated that the system is losing one-third of what is pumped from the ground.

The pipe runs 8 miles from Winnie Lane off Route 32 to Clarksville and travels beneath Lower Flat Rock Road. The porous bedrock and soil there caused the leaking water to flow

underground, preventing town officials from finding the source of the leak, according to Duncan and Dempf.

The two recommend contracting with the firm New York Leak Detection to find the leak. Dempf said that both Bethlehem and Guilderland have hired the firm and recommended them.

The board approved the recommendation. New York Leak Detection has estimated a cost of \$1,900 for the job.

"This is one-third of the water not getting paid for, even though we pay to pump and clean it," said board member Scott Houghtaling. "You figure out the math on this one."

The town could lose state revenues should local property assessments continue to fall below 100 percent of market value. The state Office of Real Property Services denied between \$6,000 and \$8,000 of maintenance aid to the town for 2003 because assessment calculations were not within state standards, according to Town Assessor Julie Nooney. Nooney reported that New Scotland has appealed the state's denial and requested a recalculation.

"We hope we have an answer by March," she said.

In future years, the state will require finalized assessment updates with

[1] WATER/page 17

**We want our agreement with Albany to model after Bethlehem's. In this way, our cost is based on our demand and thus we get a fair price for what we consume.**

Ed Clark

## Businesses come and go in Delmar

By KRISTEN OLBY

Two Delmar businesses are closing up shop as a third opens its doors to customers.

Delmar's Four Corners is losing a sweet spot. Sweet Melissa's is preparing to close after two years in business.

The candy and gift shop occupies the corner storefront at the intersection of Kenwood and Delaware avenues. Storeowner Melissa Steen attributes slow sales to a lack of foot traffic along Kenwood Avenue.

"People just don't walk down to the corner," said Steen, who noted that at least six businesses have come and gone in the location over the last decade. Steen also owns the bookstore I Love Books just three doors down on Delaware, where pedestrian traffic does not seem to be a problem, she said. "It sounds ridiculous that the few extra steps make a difference, but they certainly do."

Sales at the bookstore remain strong, and Steen has no plans to close I Love Books, which has been in business 11 years.

Unlike other stores along Delaware Avenue, Sweet Melissa's does not have a backdoor entrance, providing customers with access to a 30-car parking lot located behind the store. I Love Books and the neighboring coffee-shop Perfect Blend, each have rear door entrances, and Steen contends that helps facilitate a steady flow of customers.

She does not believe a second confectionary store located across the street on Kenwood Avenue contributed to

lackluster sales.

"Middle schoolers come in and spend \$1, but unfortunately that's not going to hold you," said Steen, who does wish to thank her loyal customers for their patronage.

Sweet Melissa's will close Jan. 24, and items are currently discounted by 50 percent.

Just off Kenwood Avenue, a second business is also calling it quits. Stephen A. Roehl, a goldsmith and jeweler located at 125 Adams St., will close at the end of the month. Roehl declined to comment on the closing. The business has occupied the 1,000-square-foot space for the last five years.

Further west on Kenwood, a new art gallery has opened its doors to the public. Blue Moon Gallery features a collection of works by area artisans including a variety of hand painted crafts and pottery.

"Everything is handcrafted and we do have some local artists, including some from Woodstock and Vermont," said owner Irene Greenberg.

A longtime craft fair enthusiast, Greenberg sought to gather a wide variety of art pieces and make them available to the public in one location.

"I wanted to be able to show people how much art there is out there and to know that it's available right here in town," she said.

Greenberg is looking to expand her collection with additional items from artists. The business is currently open afternoons from Wednesday through Saturday and will open on Sundays, beginning in February.

## Egan sticks to blueprint in State of Town address

By KRISTEN OLBY

Little more than two weeks into her term as town supervisor, Theresa Egan presented her first State of the Town address on Thursday afternoon before the Bethlehem Historical Association.

A crowd of about 30 gathered to hear Egan outline her plans for Bethlehem over the next two years.

Overall, Egan stuck to her "Blueprint for Bethlehem" a 10-page plan of action crafted during the campaign.

Egan hopes to make the proposed moratorium on residential growth a reality by February. Work on forming a bipartisan panel to evaluate land uses within Bethlehem has already begun.

"Part of that is upgrading the zoning ordinances," she said. "Our zoning ordinances date back to the 1940s and '50s and a lot has changed since then."

A comprehensive plan for future development will be created while the moratorium is in place, said Egan.

A temporary halt on residential construction was welcome news to some

in the audience who expressed concern about runaway growth.

"You can't stop development, but at least have organized and directed development," said Ursula Mertz who moved to Delmar from New York City 33 years ago, in part because of its rural setting. She fears Bethlehem will become "spread city," much like Clifton Park.

"We're not proactive, we're just reactive, there's no master plan," she said.

Last year, 155 new homes were built in Bethlehem, according to Egan, and she expects roughly 160 more to be constructed in 2004. Egan hopes to require builders to preserve more open space and trees when constructing

BLUEPRINT/page 17



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# Bethlehem police nab two on DWI charges

Bethlehem police recently arrested two individuals for driving while intoxicated (DWI).

On Jan. 17 at 1:53 p.m., police were called to Doc's Motel on River Road in Selkirk for a report of a domestic dispute. When they arrived, police found Dusan Uhac, 47, who resides at the motel, had driven off. Police located Uhac and his vehicle parked in a vacant residence on River Road. Police said Uhac tested positive for alcohol using a pre-screening device and placed him under arrest.

Uhac was charged with felony DWI and felony aggravated unlicensed operation of a motor vehicle. At the time of his arrest, Uhac was driving with a suspended license stemming from a felony DWI arrest in

Suffolk County.

He was arraigned in New Scotland Town Court before Judge Thomas Dolin and sent to the Albany County jail without bail. He will return to Bethlehem Town Court Jan. 20 at 4 p.m.

On Jan. 16 at 9:48 p.m., police were called to check on the welfare of an 11-year-old girl reportedly left home alone at 107-A Jefferson Road in Glenmont.

When police arrived, they found the girl was home alone. Her mother, Tina Murray, 38, arrived at the residence shortly after. When Murray exited the vehicle officers smelled a strong odor of alcohol and administered field sobriety tests, which they said Murray failed. She was charged with DWI and is scheduled to appear in Town Court Feb. 18 at 4 p.m.

## Nurturing nurses



Visiting Nurse Association of Albany/Rensselaer/Saratoga Executive Director Tom Buckley congratulates 20-year VNA employees Lura Correia of Albany, supervising public health nurse; and Paula Vein of Slingerlands, speech language pathologist, at the recent VNA staff recognition event.

## Board raises tax income minimum

By KRISTEN OLBY

The Bethlehem town board raised the minimum income levels at its meeting last week for low income seniors and those with disabilities to receive a tax break on their property tax bills.

The tax deduction is based on a sliding scale.

Senior citizens age 65 and over and those with disabilities are

eligible to have their tax bills reduced if they make under \$32,400. The income limit had been \$29,900 a year.

The ceiling for those eligible to receive the maximum 50 percent tax break has been increased to \$24,000 yearly salary, up from \$21,500.

Currently, 12 people with disabilities and 353 seniors

receive the exemption.

"Every couple of years the Legislature will raise its income levels to take into account that most of these people are on limited incomes and that the cost of living rises," explained Assessor David Leafer.

For information, contact the assessor's office at 439-4955 ext. 101.

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# Architect, builder update BC project

By LINDA DeMATTIA

At last week's meeting, the Bethlehem Central school board received the first of what will become monthly updates on the building project.

Project architect Richard Peckham of Collins & Scoville and project manager Dave Rubin, of Sano Rubin, made an extensive presentation that covered the scope of the entire project.

"There is a lot more work to go, and we will make a report at the first board meeting of the month to keep the board and community updated," Peckham said.

He said there would be seven phases in all, from design to completion.

One big consideration will be how to phase in the actual construction. In order to get the projects done more quickly, construction will have to take place during the school year. How to do that safely with a minimum amount of disruption to students must be worked out.

The way the projects are phased in may have an impact on

bids, according to Rubin, because contractors don't want to have to start and stop a lot of small projects over time.

"Those are the kinds of things we start to study and decide how many contracts to let," he said.

***We will schedule work over the summer, at night and during school shutdowns to minimize the loss of classroom space during the school year.***

Richard Peckham

"As construction managers, we are not allowed to bid or do anything with our own forces, except in an emergency situation. Our job is to guide the district through the building process. We are predicting what the marketplace will give as bids. We are trying to outguess the marketplace and the weather, so we try to develop a fallback position. It is not an exact science."

Rubin and Peckham will work with the principals to discover what kind of an impact con-

struction will have on school programs.

"We want to see how the proposed phasing might affect the students and the day-to-day operation of school," Peckham said. "We will schedule work over

the summer, at night and during school shutdowns to minimize the loss of classroom space during the school year."

Board members will have to make many decisions, ranging from what kind of

furniture they want to decisions related to technology, Peckham said.

"We are going to need more details from you, like what kind of lab tables you want in the science labs," he said.

"If technology changes and goes wireless, we can make adjustments until bids are awarded," Peckham added.

The next construction project update will be at the Feb. 4 meeting.

## Fed mandate forces RCS to cut aides

By KRISTEN OLBY

A local school district is cutting roughly 80 teacher's aides positions in an effort to comply with the federal No Child Left Behind Act.

The Ravena-Coeymans-Selkirk school district currently employs 102 teacher's aides, and no teaching assistants. At the start of the new school year in September, the district will be utilizing teaching assistants for the first time. The district anticipates hiring about 52 assistants and scaling back the number of aides to 22.

Teaching assistants will perform one-on-one tutoring and instructional support that aides can no longer perform under the 2001 federal education legislation. Assistants will also perform many of the same functions as teaching aides.

"It's never easy to make a decision that affects the lives of so many people so personally, but unfortunately, this is a decision that we have to make in order to ensure that the district doesn't violate education law and risk losing federal aid and other assistance," said school Superintendent Vicki Wright.

The district maintains the

staffing change will result in R-C-S students having access to more highly qualified personnel in the classroom. The changes will also free up some funds to allow additional teachers to be hired to reduce class sizes.

***This is a decision that we have to make in order to ensure that the district doesn't violate education law and risk losing federal aid.***

Vicki Wright

All current teacher's aides have the opportunity to take the mandated classes and/or tests to

become state certified assistants. Teaching assistants will earn \$11 an hour compared to the \$7.55-an-hour current starting salary of aides.

Aides interested in the new positions will be interviewed this month with recommendations for hires being brought to the school board later this month.

## 17 companies fight fire at NiMo substation in NS

By KRISTEN OLBY

Firefighters from 17 different companies battled an early morning fire at the Niagara Mohawk substation in New Scotland for several hours under extreme temperatures Friday morning.

Equipment failure is believed to have caused a transformer to catch fire on Game Farm Road around 2:30 a.m., according to NiMo officials.

Firefighters battled the blaze until 6 a.m., with wind chill temperatures hovering at 50 degrees below zero. In all, nearly 70 firefighters alternated shifts fighting the flames.

"Just because of the cold," Onesquethaw Fire Chief Jeff Houck said of the shifts. "You can only be out in it for so long before firefighters have to go in and get warmed up."

The transformer was carrying 9,000 gallons of heating oil, requiring firefighters to extinguish the fire using foam. Trucks from Albany International Airport hauled in foam. Hazardous materials crews and ambulances were also on standby in case of an explosion. As a precaution, the trains that normally pass by the plant were held back until the fire was under control.

No one lost power as a result of the fire, according to NiMo.

## Free-lancer needed

Spotlight Newspapers has an opening for a free-lance reporter to cover local town and school board meetings.

Send resume and cover letter to: Susan Graves, executive editor, Spotlight Newspapers, Box 100, Delmar, N.Y. 12054.

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## Tents and tests on V'ville agenda

By MARTIN J. BANNAN

At last week's Voorheesville school board meeting, the board approved a measure to restore local diplomas for students unable to pass state Regents exams.

"This allows that handful of pupils who otherwise wouldn't graduate to get their diplomas," said high school Principal Mark Diefendorf.

In 1992, New York began requiring all high school seniors to earn Regents diplomas. After complaints that testing and scoring were ambiguous, state Department of Education officials agreed to let schools continue to issue local diplomas.

"I'm glad the state Regents had the wisdom to allow schools to have local control, once again," said school board vice president Jim Coffin. "It has been done this way for more than 100 years."

With graduation six months away, the board approved funding for an outdoor commencement to include renting a tent, folding chairs and a sound system. Board members agreed that this would allow more guests to attend the ceremonies. Costs were estimated at \$5,500, with \$4,200 alone for the tent.

Board member Richard Brackett expressed concern about the cost of renting a tent.

"We never had a tent until Gov. Mario Cuomo spoke at the 1994 commencement," he said. "We now have the auditorium as back-up in case of rain. We do not need a tent."

Coffin disagreed. "With a \$17 million budget we should find the extra \$5,000 to give graduates a memorable welcoming into the community," he said.

In an effort to curb rising energy costs, the board also agreed to amend a resolution authorizing the district's participation in the New York School and Municipal Energy Consortium.

"We joined the consortium in July to purchase natural gas but we were still buying electricity from Select Energy," said Sarita Winchell, the district's business manager. "They charged 71 cents per kilowatt hour. With this amendment I will pay only 64 cents per kilowatt hour."

In other business, the board voted to increase high school/middle school psychologist Martha Kemp's schedule from three to four days a week. Both Kemp and Robin Jacob, director of special programs for the district, explained the need for increased staffing to test and identify students with learning difficulties.

The College Board, said Jacob, now requires additional psychological testing to specifically pinpoint problems before students are granted special accommodations while taking the SAT exam. These accommodations include an additional time allowance, a scribe to mark answers and proctors who read the questions to the students.

"We used to furnish original elementary school testing," Kemp said. "Now the College Board requires us to reevaluate learning problems at the high school level, shortly before students take the exam."

She added that as the process becomes more refined, more students are identified and the work gets increasingly time consuming.

"We now go through each case with a fine-tooth comb," she said. "It's more of an art than a science."

## Getty, Delmar lessees, close to new agreement

By KRISTEN OLBY

that will allow the station to again pump gas.

The owners of a Getty gas station in Delmar say they are close to reaching an agreement with their corporate company.

Amir and Faiza Salman stopped selling gasoline at their Delaware Avenue station more than two months ago.

An agreement will allow them to reopen their business.

The Salmans claimed their corporate parent, Lukoil USA, engaged in unfair business practices that drastically cut their profits.

The company had sought to evict the Salmans for failing to pay rent, but it appears the two sides will soon reach an agreement

"What we're trying to do is work out something that puts them back in business," said attorney Joseph Brennan, who is representing the couple.

He declined to comment on specifics of the new lease agreement.

The two sides appeared in Bethlehem town court last week and are scheduled to return again Feb. 11.

Brennan said he hopes to reach an agreement in the next two weeks.

"It seems to be going in a positive direction," said Faiza Salman of the negotiations.

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# The main joy of winter season is that it ends

By KATHERINE MCCARTHY

They've discovered their nose hairs. Apparently, I've been too overprotective, keeping my children out of the cold so that they have reached the ripe old ages of 13 and 11 before discovering that the cilia in their nostrils can flash freeze in the winter air.

They have made up for lost time, though, and spent the better part of last week inventing new and interesting expressions that center around clamping their nostrils shut. Add this to the long list of great boy accomplishments — most of which involve noisy emissions that make me wonder why I proclaim that I just love having sons — and the winter was a huge success even before the cold closed school in time for a four-day weekend.

The school closure happened while my mother and grandmother were visiting, and we three Vermont-born women agreed we'd never heard of such a thing. Although I was glad to not send the boys out in the chill winds, I remembered bitter mornings walking — one mile uphill, of course — to get to my high school. The skirts of our uniforms were short, but only in the bitterest cold would we pull on a pair of jeans on for the walk to school.

Before she climbed into her heated minivan for her three-hour trip to the colder temperatures in Burlington, Vt., my mother and I

conferred over the washing machine in my basement, listening to the whining sound of pipes that had frozen after too many consecutive nights of way below zero weather.

"For starters," my mother said, "you need some of that plastic over this window."

"The one with the quarter inch of ice on it?" I asked.

"And use your blow dryer on these pipes or they'll burst and you'll have a real mess," she advised.

Some mothers and daughters bond over manicures or shopping trips; my mother and I bond over home repairs and improvements. In early December, we had planned to visit Manhattan, and when a blizzard kept us home, we painted the guestroom together instead.

During last week's visit, we'd had to turn up the heat to keep my 87-year-old grandmother safe. All that lovely heat right at our fingertips got me thinking about the Bennington, Vt., home that both my mother and grandmother had grown up in. My grandmother's grandfather had built it in the 1860s, and it didn't have central heating till my own grandfather took out the first mortgage on it in the 1950s.

"How did you ever stay warm when you were growing up?" I asked my mother as we peered at the pipes, cobwebs and seven years' worth of missing socks behind my clothes dryer. "And

COMMENTARY:

Mom's  
the  
Word



how did you do laundry?"

"We had a coal stove in the middle room," my mother said. Grandma's house has many small rooms, all with doors that close. When my siblings and our cousins were young, it meant that we ran through the house and banged doors in each other's faces until our grandfather yelled to stop tearing around and get outside. When my mother was a child, those closed doors were the house's main form of insulation.

"It might sound perverted now," she said, "but we all dressed in front of that stove. And we didn't bathe every day, we just washed up and put on clean underwear, not freshly-washed clothes every day."

They also dressed in layers, she said, which meant something entirely different than the wicking fabrics that we love today. Life before fleece was very bulky, too, as long johns were surely the order of every winter day.

I couldn't imagine any coal stove sending heat up to the uninsulated second floor of bedrooms in the house built in the mid-1800s.

"There was a grate in the

floor," my mother told me, and I had the briefest memory of peering through a grate — although that could have been in another relative's house. "And we had feather beds, and we bundled up to sleep at night. We also didn't move around much."

Laundry, she said, was an ordeal. My mother grew up with her grandmother and an aunt living with them, and on Saturdays, her mother and grandmother pulled the washer tub into the kitchen and spent the day wringing laundry, and then hanging it on lines throughout the kitchen to dry. The collapsible rack that I put in my bathtub once a week for the few items I don't want to put in the dryer (Christopher's Hawaiian shirts and the knit sweaters I don't want to shrink) seems incredibly modern by comparison.

"You didn't have to help with laundry?" I asked, still recalling my own youth when my mother told me about the huge number of chores that she faced each Saturday.

"No, I went outside to avoid that chore," she said.

Outside, in all those non-wicking layers and homemade hats and mittens that would later surround the coal stove with their wet wool smell, and galoshes that needed buckling. The good news about sending kids outside in Bennington in the 1940s was that the kids probably went where they wanted with no supervision

and no fears of abductions or dangers beyond those they encountered sledding in the cemetery. The angels that guarded headstones must have watched out for children, for there isn't one story of a brain injury among all those helmetless children careening among tombstones on their Flexible Flyers.

Thinking about how my immediate forebears coped with cold like last week's put my own chill into perspective. When the mercury hit 10 degrees, the water started pouring into my washing machine, and for good measure, I inched the thermostat up another degree.

Later that day, I donned my nylon ski pants, Thermolite parka, fleece hat and Thinsulate gloves and took the dog for her first walk in days. That night, when I climbed under my flannel-covered down comforter, the programmable thermostat dropped to a balmy 62 degrees.

I knew that I would be able to roll over without touching icy sheets in the night and that the same thermostat would crank up the heat before I rose in the morning to an automatically-brewed pot of coffee.

Before dreams caught me, I promised myself that the next night, I'd show the boys how to make static electricity by rubbing their hair against their blankets, then running their fingers along the same place.

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### Wisdom Teeth

Wisdom teeth (third molars) are the last adult teeth to erupt. They generally develop between the ages of 16 and 25 years. Wisdom teeth do not develop in all people, and when they do develop they do not always erupt above the gum line. It is important that your dentist evaluate the position or existence of your wisdom teeth with radiographs (x-rays).

Many patients ask whether they should have their wisdom teeth extracted when they do not hurt. It is important to recognize that each case is different and factors such as the positioning of the patient's teeth and size of their mouth will all be taken into consideration.

The best time to remove wisdom teeth is during your teenage years. The roots at this age are not fully formed and therefore the procedure is much easier and causes the mouth and gums fewer traumas.

Remember if you have your wisdom teeth, brush and floss them carefully. They may not be necessary for chewing, but they can act as food traps, which cause food particles and plaque to harbor around the teeth and cause cavities and contribute to gum disease.

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# Friends pay tribute to late author

By LYNN ROTHENBERG

Last Sunday, friends, former colleagues and admirers gathered at Voorheesville Public Library to celebrate Bryce Butler and the recent posthumous publication of his memoirs entitled *The Traveled Road*. The book was published by his life partner Marilyn Mowry.

Butler died at age 56 on Dec. 4, 2001, after battling cancer for two years.

He was a writer at *The Enterprise* until shortly before he died, 19 years after he first joined the newspaper.

People took turns at the podium as they shared memories of Butler and read excerpts from *The Traveled Road* that were particularly meaningful to them or aptly exemplified Butler's expansive personality.

It was an audience filled with love for a man who could irritate as easily as charm those who knew him. And many present knew him well.

Dennis Sullivan of Voorheesville, a former writer at *The Enterprise*, spoke of the many times he and Butler sparred in the newsroom. He recounted the time Butler made a bet with him and declared that the loser would have to buy the winner a six-pack of beer. As Butler's confidence in his stance grew, he upped the ante from beer to wine, then to vintage wine, then to a specific year of wine, so sure was he of his assertion.

He lost the bet to Sullivan.

A member of Butler's church told of a potluck dinner Butler arranged in which he confidently told his friends he would provide the main course — freshly caught bluefish.

An avid fisherman, Butler was confident that he and his fishing partner, the minister, would bring back two large entries after their fishing expedition that day. Church members enthusiastically prepared appropriate side dishes. At the appointed dinner hour, Butler walked into the dining room — with kielbasa.

Laughter came easily to the group on Sunday as they listened to stories of Butler, yet a tinge of sadness was evident as friends spoke of how they missed him and how they think of him regularly.

One woman, a friend from his memoir group at the library where he worked on his essays, told of the day she passed Butler as he stood in the middle of Altamont Boulevard. When she stopped and asked what he was doing, he replied that he was taking a photograph of the nearby

cherry tree.

She drove on only to turn back after a short way as she worried that his tendency to become deeply absorbed in any project might place him in harm's way. She returned to the cherry tree and sat in her car by the side of the road ready to warn Butler of any approaching traffic as he took

woman who once wrote for *The Enterprise* who became ill and died. During her last days, Drowne called Butler to dictate a final column for the paper. When she finished, he asked her to do more work on the piece.

Recounting this to Hale Spencer, Butler wrote that Hale Spencer pointed out that Drowne was dying, to which he replied, "Yes. But she might as well live until she dies."

Which is what Butler did. He lived with all his heart and soul until he died. His memoirs were published

perhaps as a testament to Butler, but it was evident Sunday they are also a priceless gift to all who knew and loved him.

*The Traveled Road* is available for \$12.95 at Voorheesville Public Library and *The Enterprise*.

**Butler loved good food and wine, singing, good grammar, fishing and reading poetry. He despised television and loved stumping people with his many cleverly devised riddles.**

the photograph. Now, she said, whenever she passes that tree, she thinks of Butler.

Butler's friends watched out for him, fished with him, sang with him in the church choir, laughed and debated with him. They knew he could be irascible and they accepted it as part of the Butler package — a 6-foot, 4-inch tall man who gave up his Sunday mornings to teach fourth- and fifth-graders in Sunday school because no one else volunteered. He took them on fishing expeditions and made his mark on their young lives, just as he did on the lives of all who knew him.

People who didn't know him became familiar with him through his columns entitled "Dead Man Writing" which ran in *The Enterprise* and are included in his book. His columns were written while he traversed the sinuous and debilitating path of cancer, yet his humor and optimism continued to shine through his words.

Butler loved good food and wine, singing, good grammar, fishing and reading poetry. He despised television and loved stumping people with his many cleverly devised riddles.

Melissa Hale Spencer, editor of *The Enterprise*, spoke in a voice filled with emotion as she told of how Butler's essay entitled "Lorna Drowne" made an impact on her. He wrote of Drowne, a

# Delmar student to attend young leaders conference

Jenna Kilroy of Delmar has been selected to participate in the National Young Leaders Conference (NYLC) in Washington, D.C., from Feb. 24 to 29.

NYLC is a unique leadership development program for high schools students who have demonstrated leadership potential and scholastic merit. Kilroy will be one of approximately 400 student from around the country at the conference. The theme of NYLC is The Leaders of Tomorrow

meeting the Leaders of Today. Through six days, Kilroy will interact with a variety of personnel who operate within the three branches of government, the news media and the international community. The conference culminates with the Model Congress, in which scholars assume the roles of U.S. Representatives, and debate, amend and vote on proposed mock legislation. CYLC is a nonprofit, nonpartisan educational organization founded in 1985.

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## Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, *The Spotlight*, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

# Matters of Opinion

## Lend a hand

The elderly are especially vulnerable to the cold weather, which continues to plague the area. Many seniors don't even venture out during winter's harshest days, relying instead on the kindness of relatives to keep their pantries stocked with food.

But many senior citizens in suburban towns do not have relatives nearby to lend a hand, and that's when the good neighbor policy should come into play.

If you have elderly neighbors, don't assume that their needs are being met by someone else. Check in with them to be sure things are in working order in their homes and that they have ample food and medical supplies.

It's especially good to check if you notice that snow isn't being cleared from their walkways or driveways.

If you are unable to contact your neighbor, contact local police, who will be glad to check out the situation. It's better to risk being a little "pushy," if you're not sure whether or not a neighbor is OK.

Most seniors will appreciate your concern and thank you for taking the time to make sure they are all right.

Remember that all of us are affected in some way by winter conditions.

One of the ways winter affects us is Seasonal Affective Disorder (SAD). In some people, SAD, a mood disorder related to seasonal variations of light, causes symptoms of depression during the winter.

It's possible that melatonin, a sleep-related hormone, is linked to SAD. Melatonin is produced in greater levels in the dark, therefore, when the days are shorter and darker, the hormone increases, and we become depressed.

Since most of us who live in the Northeast can't afford the luxury of wintering in warmer climes, we must resort to other alternatives to combat SAD.

Many people respond favorably to phototherapy, or bright light therapy, to suppress the brain's secretion of melatonin.

For milder symptoms of SAD, many people spend more time outdoors during the day to receive more sunlight.

If you or someone you know is affected by SAD, contact your doctor to discuss your symptoms and possible treatment.

Who knows? Perhaps getting out to help one of your neighbors will help to relieve your own anxiety brought on by winter's dark and dreary presence.

Being a Good Samaritan does indeed offer its own rewards.

## Editorial

## Government ethics is no oxymoron

By KEVIN M. BRONNER

*The writer has a Ph.D. in public administration and is a Colonie town board member.*

During the past three years, there have been many issues that led to questions about the ethics of certain large corporations.

Other organizations, such as some large mutual fund companies and the New York Stock Exchange are suffering from ethics questions at this time. In the past, questions of ethics were discussed in terms of "corruption" but somewhere in the last 20 years, the harsher term was dropped.

Governments also have concerns about ethics, and this paper provides a short overview of how ethics can be addressed in the governmental setting.

For the past 70 years, many managerial scholars have discussed ethics problems. Much of this discussion began during the New Deal in the 1930s as a result of the many corporate and stock deal scandals. Joel Seligman discusses many of the New Deal era corporate scandals in his book entitled *The Transformation of Wall Street* from 1982. There he discusses the many abuses that occurred in the late 1920s and in the 1930s.

There are many famous books from the 1930s to the 1950s that discuss the need for ethics reform. For instance, Chester Bernard in the *Functions of the Executive* from 1938, and Herbert Simon in *Administrative Behavior* from 1945 discussed the need for managers to make decisions and take actions that were ethically correct. Also, Philip Selznick, in his *Leadership in Administration* book from 1957 discussed the concept of institutional integrity where leaders were expected to demonstrate ethical behavior.

These types of classical managerial textbooks are surely on the bookshelves of many trained managers. Yet, ethics problems still persist. Two former chairs of the Securities and Exchange Commission, Arthur Levitt Jr. and Richard C. Breeden

## Point of View

presented an article entitled "Our Ethical Erosion" in the *Wall Street Journal* during December. Levitt and Breeden take certain members of the mutual fund industry to task for not having strong ethics. Also, Loren Fox discusses Enron's ethics lapses in his 2003 book *Enron: The Rise and Fall*.

Where do we go in 2003 and 2004 if ethics questions persist and especially, how do these relate to government? I am working on my 34th year of governmental service and have seen first-hand ethics problems while serving as an auditor for the state.

During the 1990s, some of the public utility firms that we had to audit were suffering from ethical problems, and we had to expose the problems and help remove the management. Some of the issues were rather simple.

In one case, the chief executive officer of a major New York electric and gas company with assets in the hundreds of millions of dollars was caught misappropriating funds through its purchasing department. In another case, a utility in New York City and on Long Island was found to have ethical problems. They would collect taxes from the public and keep the money for the benefit of management. This company, with more than \$100 million in assets, had a management team that abused its function, and the entire management of the company had to be replaced.

Ethics are clearly important, and all organizations, including government, should consider their ethical structure. There is a good common place to start such a review in Peter F. Drucker's book from 2001 entitled *The Essential Drucker*.

Drucker begins by stating that ethics can begin by considering a simple statement contained in the Hippocratic oath of the Greek physician. The key phrase is *Primum non nocere* which is translated as "Above all, not knowingly to do harm." Drucker states that using this criteria requires that professionals must advocate that they will not knowingly do harm to others.

Drucker shows that individuals who go along with corruption simply to avoid being "unpopular in the club" are also guilty of ethical violations. This type of behavior, sort of looking the other way, is according to Drucker a "gross violation of professional ethics."

So how does one behave to demonstrate ethical behavior? Many local governments have ethics laws and standards. Also, the state of New York has the Public Officers Law that establishes ethical standards for government professionals.

Individual government agencies can also have special ethics requirements. Such a mechanism exists at the state

Public Service Commission to ensure that utilities do not affect the decisions of the staff. Thus, workers at that agency have a dual ethics requirement: the Public Officers Law and the internal departmental requirements. If one follows these types of standards, he or she can certainly avoid many ethical problems.

Another tool that can be used is a professional code of ethics. I am a long-term member of the American Society of Public Administration and we have a five-part code of ethics (ASPA Code) that is mailed to us every month in "Public Administration Review," which is our professional journal.

The ASPA code requires that we take action to serve the public interest, respect the Constitution and the law, demonstrate personal integrity, promote ethical organizations and strive for professional excellence.

This code of ethics has 32 specific recommendations that we must follow. For instance, in dealing with the public we must "Respond to the public in ways that are complete, clear, and easy to understand."

Also, we must "assist citizens in their dealings with government." There are other examples of how we must behave such as making sure that we understand and apply all legislation and regulations relevant to their (our) professional role, and to always maintain "truthfulness and honesty and not compromise them for advancement, honor, or personal gain."

These types of work prescriptions are useful to all government staff.

In 1993, I vividly remember testifying as a witness in a state administrative hearing where we demonstrated that the chief executive officer of a major utility company had essentially taken funds from the public. Our staff team was cross-examined for several days. The executive's defense attorney asked our audit team if the offense was an abuse if the gentleman stole \$100,000. We said yes.

The defense lawyer, not realizing how important ethics issues are, kept asking the same question with lower amounts of money. Finally, he asked us if the offense was considered abusive if the gentleman stole only \$1. We said yes because the ethics violation still occurred, and the scheme that was set up did harm to the company and its employees.

In summary, ethics is a key aspect in government. When confronted with an ethical dilemma, simply ask the question whether the action contemplated will knowingly cause you to do harm?

Peter Drucker and the long list of ethics writers over the past 70 years will be proud of you. If you fail this test, then worry — it is not hard for experienced auditors to find abuse in complex organizations.

## The Spotlight

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# Matters of Opinion

## Thanks to Young for high standards

Editor, The Spotlight:

I would like to thank David Young for eight great years as a member of the Albany County Legislature.

Twice David was elected by citizens to represent Bethlehem's 34<sup>th</sup> Legislative District.

I have known Dave for 11 years and served with him in government for the last three. As a legislator he was widely lauded for this leadership, for his intelligence and for the help he provided to constituents in need.

In recognition of his service, David was named Public Official of the Year by the Center for Independence.

Thank you David, for setting a standard for public service and integrity to which all elected officials should aspire.

Tom Marcelle  
Slingerlands

The writer is newly appointed chairman of the Bethlehem Republican Committee and a member of the town board.

## Help take bite out of home heating costs

Editor, The Spotlight:

With the Capital District embraced by frigid temperatures and higher natural gas and heating oil prices, local residents can expect to dig deeper into their pockets to pay for heat.

However, owners of newer and older homes can soften the blow of high energy bills by carrying out these easy no-or-low-cost energy efficiency steps:

- Keep furniture away from radiators and heating registers where they can block heat.
- Make sure your windows are shut and locked to maximize safety and air sealant.
- Place insulation around your hot water heater and lower the temperature to 125 degrees.
- Caulk and weatherstrip around doors and windows. If you can slide a playing card through the crevice of an outside door or window you need more weatherstripping.

• Clean or replace the air filter on your furnace once a month.

• Lower your thermostat which can save you 3 percent on your heating bill for each degree lowered.

Additional options include installing energy efficient cellular honeycomb shades which can help reduce heat inside a home from escaping through the windows up to 50 percent.

These window coverings provide an easy, affordable alternative to replacing all windows with the latest, double pane, double glazed variety, and can be installed with ease during winter months.

To increase the comfort of your home, reduce energy bills as much as 40 percent and improve the health and safety of your home, consider a Home Performance audit with Energy Star.

This public service, which helps consumers identify

products and services for energy efficiency (such as insulation and Energy Star-rated heating systems or appliances) was developed under the New York Energy Smart program.

A home's energy performance is checked from the attic to the cellar.

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Gary Goodman

Ravena

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## Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and a daytime telephone number for verification.

Unsigned letters receive no consideration, and all letters that are published must carry a signature.

The deadline for submitting letters is Friday at noon.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609 or e-mailed to spotnews@nycap.rr.com.

## Girl Scouts win Silver Award

The Girl Scouts, Hudson Valley Council recently announced that Brittany Hedderman, Claire Stiglmeier and Denise Feirstein all of Slingerlands, have earned the Girl Scout Silver Award, the second highest award in Girl Scouting.

The Girl Scout Silver Award is earned by Cadette Girl Scouts who are in grades six through nine, or ages 11 to 14, who have completed a wide range of Girl Scout and community experiences.

For their Silver Award Project, Hedderman, Stiglmeier and Feirstein created 350 craft kits for the pediatric unit at Albany Medical Center. The crafts that the girls made themselves included activity books, pipe cleaner animals and friendship bracelets.

The three girls are students at Bethlehem Central High School, members of Troop 757 and have been in Girl Scouting for 10 years.

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# Matters of Opinion

## Anti-abortion advertisement was misleading propaganda

Editor, The Spotlight,

I am writing in response to the paid advertising supplement included in *The Spotlight's* Dec. 17, issue entitled "It's My Life," which addresses the subject of abortion.

As the largest provider of abortions in the Capital District, Upper Hudson Planned Parenthood is an expert on the topic, and the organization most attacked by the misleading information in the advertisement.

As a nonprofit organization, we cannot commit our limited resources to responding to every piece of anti-choice propaganda that is published.

Nonetheless, since the publication of this advertising supplement, we have been urged by our supporters, donors and patients, many of whom reside in the area served by *The Spotlight*, to respond to this particularly

misleading and mean-spirited advertisement.

While the advertising supplement pretends to encourage discussion of the controversial issue of abortion, it presents an enormously one-sided view. The same is true at the "pregnancy resource centers" referenced. Only one point of view is presented at such centers and those who are inclined to choose abortion are told that they will be killing their unborn child.

Planned Parenthood does not force women to have abortions, nor does it discourage them. We provide our patients with safe, professional and affordable medical services including on-site abortion services, adoption referrals, and prenatal care.

We respect the intelligence and personal beliefs of each woman and trust women to make their own decisions about their sexual health.

The "Test Your Abortion IQ" section is incredibly misleading. The very first question asks through what month *Roe vs. Wade* legalized abortion.

The answer, the ninth month, is intended to alarm people and to support the contention that some women decide to abort in the ninth month, simply because they have changed their minds. This is beyond absurd.

In *Roe vs. Wade*, the U.S. Supreme Court held that the Constitution protects a woman's decision to terminate her pregnancy. After the fetus is viable (at around 24 weeks) and capable of sustained survival outside a woman's body with or without artificial aid, the states may ban abortion altogether.

Abortions necessary to preserve the woman's life or health must still be allowed, however, even after fetal viability.

Regarding maternal deaths — in 1973, the year the Supreme Court decided *Roe vs. Wade*, the risk of dying from an abortion was 3.4 deaths per 100,000 legal abortions. This rate fell to 1.3 by 1977. Today, abortion is one of the most commonly performed clinical procedures, and the current death rate from abortion at all stages of gestation of 0.6 per 100,000 procedures. This is 11 times safer than carrying a pregnancy to term and nearly twice as safe as a penicillin injection.

The article states that emergency contraception (EC), or the

morning after pill, is a high dosage of birth control and that it is an abortifacient. Pro-life hard liners also contend that controversial forms of birth control, which millions of women use, constitutes abortion. EC does not affect an established pregnancy, but rather prevents conception by either delaying ovulation or by changing the uterine lining to prevent implantation (the medical definition of pregnancy).

Research suggests that widespread use of EC could prevent as many as 1.7 million unintended pregnancies each year in the United States, including as many as 800,000 pregnancies which now result in abortion.

Margaret Sanger, the founder of the American birth control movement, and later the Planned Parenthood Federation of America, always believed that reproductive decisions should be made on an individual basis and not a social or cultural basis. She consistently repudiated any racial application of eugenics principles (including the Immigration Act of 1924). In the 1940s, Sanger worked with prominent African Americans who were committed to correcting the atrocious maternal morbidity and infant mortality rates among southern black women.

The goal of their work was to achieve true inclusiveness for the birth control movement, ensuring that it was not white middle-class women alone who benefited from the advances of family planning.

Sanger was so revered by the African American community that in 1966, the year Sanger died, the Rev. Martin Luther King, Jr. said:

"There is a striking kinship between our movement and Margaret Sanger's early efforts...Our sure beginning in the struggle for equality by non-violent direct action may not have been so resolute without the tradition established by Margaret Sanger and people like her."

By the time the FDA approved mifepristone (RU-486) for use in the U.S. in 2000, more than 600,000 women in Europe had had medical abortions using the mifepristone regimen.

Mifepristone has been used by more than 200,000 women in the U.S. and has proven to be a safe, effective, acceptable option for women seeking an abortion during the first several weeks of pregnancy.

While the mainstream press and the anti-choice legislators would like you to think otherwise, there have been only three known cases of fatal complications from medical abortion in women in North America.

There have been 130 deaths attributed to the use of Viagra, yet there has been no public outrage about the dangers of this prescription medication.

We at Planned Parenthood were outraged by the outright lies put forth in the paid insert and encourage readers of *The Spotlight* to demand truth in advertising.

Here is the truth: Planned Parenthood does not support forced childbirth or involuntary motherhood. We believe that every unborn child should be wanted and loved. We provide women with the information and resources to make their own informed choices about parenthood, adoption and abortion. We trust women to make moral decisions on their own behalf.

Patricia A. McGeown  
President and CEO  
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# Resolved: improve financial management for the new year

By THOMAS GEISEL,  
President, Capital Region,  
KeyBank N.A.

**M**any of us look to the New Year for fresh starts and new initiatives such as improving the management of personal finances. This should perhaps begin with the startling recognition that the decline in savings among Americans has broad economic implications and powerful impact on families.

In fact, increasing savings should top any list of financial management improvements for the New Year. Before outlining further suggestions for healthier finances in 2004, a few facts might provide perspective.

In 2002, the annual rate of personal savings by Americans was just 3.7 percent of income, down from 10.9 percent in 1982. Just 38 percent of senior income derives from personal savings. Lack of savings impacts families in many other ways besides intensifying the responsibility to support our elders; it also removes options that would enrich our lives. Simply, if and how we save will affect our ability to fulfill our hopes, whether for ourselves, such as a comfortable retirement, or for others, such as college for children or grandchildren.

Some financial observers blame lack of savings on a tax code widely perceived to favor consumption over investment and saving. Other analysts blame

the ease of obtaining credit, facilitating instant gratification.

Despite these macroeconomic factors, however, we can all take charge of our own microeconomic environment. If the tax code and easy credit feed a national appetite for immediate gratification, the antidote is planning, the key to control based on restraint and establishing priorities.

We should annually review and prioritize our obligations and opportunities in the following order:

**1. Maximize savings for retirement.** This means not only setting aside the maximum possible but also taking optimum advantage of such employer-based tax-deferred plans as 401(k)s and 403(b)s. These

efficient plans don't require us to allocate funds physically.

**2. Accumulate regularly planned short-term savings.** Saving even a small amount — such as \$25 per pay period — accumulates with gratifying speed in savings accounts or money market accounts.

**3. Prioritize prompt payment of your home mortgage and real estate taxes.** Mortgage rates have stabilized, so perhaps opportunities to save through refinancing have receded. However, paying early, if this can be done without penalty, will ultimately save on interest.

**4. Prioritize payment of other debt, such as auto loans and credit**

**cards.** Early payment of auto loans, if penalty free, will save on interest, as will payment of more than the minimum due on credit cards. In addition, reducing credit card debt by paying off completely those accounts with the highest interest will save.

**5. Live within your means.** Adopting these procedures to manage both savings and spending will enable us to understand the level of our discretionary funds and make informed decisions on how to use them.

The key to formulating and following a successful financial management plan is achieving a balance that suits our personalities and achieves our objectives. Savers are simply those who generally take care of saving first, while spenders will concentrate on the consumption side of the balance sheet.

The power of saving, however, should be paramount in our planning.

Tax laws allow such useful savings tools as tax-deferred retirement savings plans, education savings plans, medical savings plans and others.

Furthermore, it's never too early to educate our children about saving and the rewards of deferred gratification. Cash gifts for holidays or birthdays should go into savings rather than to the mall.

With these fresh initiatives in place, the New Year is also the ideal opportunity for realistically assessing current financial situations.

Record and safeguard information on the location and numbers of safe deposit boxes and bank accounts and the whereabouts of canceled checks, statements, and credit card numbers and issuing company information. Inventory pertinent information for stock certificates,

bonds, notes, bills, mutual funds, annuities and other investments. Include in this inventory any money expected from an employer, insurance companies, Social Security and other sources.

This asset inventory should also include real estate, with the initial buying price of residences, information on home improvements and the location of legal documents (such as the statement of closing, title insurance, deed and land survey), also vehicles and personal property. Use video or photographs to support information on these holdings and safeguard these visual materials with paperwork in your safe deposit box.

## The Details

Beyond these rather general suggestions, collaborating with a financial advisor in these specific areas will also improve family financial management.

1. Review investment asset allocation.
2. Take advantage of dollar-cost-averaging through regular investments.
3. Keep debt in check, especially credit cards.
4. Make sure that insurance coverage provides adequate protection, including homeowner's and long-term care insurance.
5. Draw up a will and comprehensive estate plan and a business succession plan, if necessary, or review existing plans.
6. Evaluate investment gains and losses for the year just ended, to maximize loss versus gain for tax purposes.
7. Review income tax strategies including investment moves that could help reduce your federal income tax bill.

Implementing these strategies will clearly require research and planning, but they will also provide significant rewards by increasing security and satisfaction in the future.

We've returned, not surprisingly, to the theme of safeguarding assets and saving. No single initiative could be more important in improving our family financial management in the New Year.

About the author: Thomas X. Geisel is president of KeyBank N.A.'s 10-county Capital Region. Mr. Geisel has more than 16 years' experience in corporate and investment banking. Before joining KeyBank, he cofounded the international venture capital firm South Street Capital. He also worked for Exito SA, Banco Mercantil and E.F. Hutton, and he represented the U.S. Department of Justice in Latin America and the Caribbean. His office is at 66 South Pearl St. in Albany, and he may be reached at 518-257-8618 or thomas.geisel@keybank.com.

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## Nursery school open house set

Slingerlands Cooperative Nursery School will host an open house on Sunday, Feb. 1, from 1 to 3 p.m.

The school is located at 1499 New Scotland Road in the rear of Slingerlands Community United

Methodist Church.

Registration is for the 2004-2005 school year for 3-year and 4-year old classes.

The program is non-denominational.

Call 439-0386 for information.

## Bethlehem leads library pack



### Check this out

On a weekday, the busiest checkout time is between 4 p.m. and closing. On weekends, the library is roughly twice as busy at the check-out counter during the last hour as during the first hour, although on Sundays volume is fairly heavy throughout business hours.

The busiest weekday at the checkout station is Tuesday, with Friday a close second. A good bet for shorter checkout lines is Thursday, the lightest weekday last year. Total weekend checkouts for the year came to about 23 percent of the total for weekdays.

### Always on Monday

On the other hand, most of our check-in processing happens on Mondays, when our curbside and garage book drops are opened after the weekend returns. On weekdays, check-ins are most plentiful between 4 and 5 p.m.,

Patrons have proven once again how much they love the library. They have generated the highest number of check-outs, check-ins, holds and renewals per library in the entire Upper Hudson Library System last year. That's the most activity of 29 public libraries in Albany and Rensselaer counties.

### A million and more

The library processed more than a million circulation transactions in 2003 — 17.5 percent of the total number for the Upper Hudson Library System. That's more than the circulation volume at Albany Public Library's Washington Avenue site, which handled a little over three-quarters of a million transactions.

Only the addition of Albany Main's five branches brought the total for the system's central library to 1,324,580, just a fraction more business at the circulation desk than Bethlehem's 1,073,330.

These statistics were made possible by the powerful reporting capability of our automated catalog — part of the technical workings of the Horizon automated circulation system installed by UHLS a year ago.

Other reports we have been able to generate pinpoint the hours of highest activity for each day over a year's time. That information allows us to tell you when you are more likely to stand in line at the check-out stations. It also allows us to see how much activity is generated in the off-hours, when holds and renewals are placed via the library Web site.

with the 9 o'clock hour rating a close second; on weekends our first open hour is overwhelmingly our busiest time to check in materials.

### The future is now

After-hours holds and renewals online came to about 1 percent of total circulation transactions last year — the first year the library offered this service. We anticipate a steady increase in this area, and it will be measurable. Head of Circulation and Technical Services Geoff Kirkpatrick is enthusiastic about the capability and value of the automated system he helped install and customize: "We have access to information about our collections and services like we never had before. This information will help us better serve our patrons."

Perhaps the most amazing thing about all this is that the renovation project didn't slow us down. Despite moving walls and shelves, fewer chairs and tables, and a fluid floor plan, you keep coming. And for that we heartily thank you.

Louise Grieco

## Tinsmithing program slated

The town of New Scotland Historical Association's meeting on Tuesday, Feb. 3, at 7:30 p.m. will feature a presentation by Arthur Thorman.

Thorman is a history teacher and a lifelong student of early American trades. He is a sutler at Revolutionary War re-enactments doing traditional tinsmithing. He

will speak on the history of tinsmithing in early America.

The free program will be at the Wyman Osterhout Community Center in New Salem. The public is invited and encouraged to visit the associations' museum, which will open at 7 p.m.

For information, call Marion Parmenter at 765-4652.

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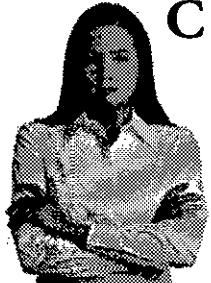
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**Sunday, January 25, 2004, Bethlehem Town Hall, 5 - 7 p.m.**

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\$85/child if received after January 25, 2004

**Eligibility:**

Children residing within the Town of Bethlehem or within the Bethlehem School District may participate at the appropriate age level. To be eligible, children must have been born prior to December 1, 1999

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It's fun with our favorite aardvark Arthur when we have "Afternoon Antics with Arthur" on Sunday, Jan. 25, at 1:30 p.m. Of course there will be Arthur books, but we'll add some of our other favorites, too — like a snack, an art activity and a short Arthur film. There will be Arthur bingo and a trivia contest to see how much you know about this adorable aardvark. No sign-up necessary.

"Get Up and Move!" with preschool friends at story times the week of Jan. 26. There will be no art activity this week, just a lot of fun movement and games to go with the stories.

No sign-up is necessary.

Kids book discussions: *Barkley's School for Dogs: Snow Day* is the selection for grades two and three on Jan. 23 at 7 p.m. Parents are welcome to join in for book-related activities and refreshments. Grades four to six can sign up and start reading *The Incredible Journey* by Sheila Burnford for Feb. 10.

Adult book discussion of *The Monk Downstairs* by Tim Farrigan will meet on Wednesday, Feb. 4, at 7 p.m.

Raffle tickets are on sale at the circulation desk for the Nimble-fingers quilt on display. The drawing will be held on March 21.

*The Traveled Road*, a little volume of essays by local writer and journalist Bryce Butler, is available for purchase at the library.

January Food for Fines is almost over. Hurry to return any overdue items with a canned good or non-perishable food item for credit off your fine. Donations go to the New Scotland Food Pantry.

Barbara Vink

## Dollars for Scholars slates fund-raiser

The Voorheesville chapter of Dollars for Scholars will hold a fund-raiser at McDonald's on Western Avenue in Gunderland today, Jan. 21.

Faculty, administration and community members from Voorheesville will be serving from 5 to 7 p.m.

### Thacher Nature Center hosts winter program

Thom Engel, cave cartographer and former vice president of the National Speleological Society, will present a program called "Caving the World's Second Longest Lava Tube" on Sunday, Jan. 25, at 1 p.m. at Thacher Nature Center.

This is the second in a series of slide shows and lectures about the outdoors.

For information or directions, call Laurel Tormey Cole at 872-0800.

This program is free and appropriate for all ages.

### Family Movie Night

Family Movie Night for children age 6 to 10 will be held at the Wyman Osterhout

### NEWS NOTES

#### Voorheesville Betsy Glath 765-4415



Community Center in New Salem on Friday, Jan. 23, at 6:30 p.m.

The movie "Freaky Friday" will be shown. Admission is free. Beverages and popcorn will be served.

### Nursery school openings

There are openings for the fall session of Voorheesville Community Nursery-School at First United Methodist Church of

Voorheesville.

There are openings in both the 3- and 4-year-old programs.

For information, call 765-2951.

### High school showcase

The high school will host the faculty showcase at the Performing Arts Center on Saturday, Feb. 7, at 7 p.m.

### Make a donation

Friends of Music has plaques available for a seat in the Performing Arts Center. Donations range from \$30 for an individual or family to \$100 for a corporation.

For information, contact Terri Berger at 765-2674.



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# Obituaries

## Lucy A. Roche

Lucy Akelewicz Roche, 78, of North Main Street in Voorheesville, died Friday, Jan. 16, at her home.

Born in Weedsport, she was a longtime resident of Voorheesville.

Mrs. Roche was a rural mail carrier for the Voorheesville Post Office.

She was a member and first president of the Voorheesville American Legion auxiliary. She was also chaplain and secretary of the auxiliary for many years and a member of the 8/40. She

was a past county president of the American Legion auxiliary and president of the Polish Community Center.

She was the widow of William J. Roche.

Survivors include three daughters, Kathleen Perlman of Auburn, Maine, Virginia O'Connor of Glenmont and Nancy Murtha of Green Island; three sons, Timothy Roche of Glenmont, Christopher Roche of Voorheesville and Matthew J. Roche of Green Island; and five grandchildren.

Services were from St. Paul the

Apostle Church in Troy.

Burial was in St. Agnes Cemetery in Menands.

Arrangements were by the Reilly & Son Funeral Home in Voorheesville.

Contributions may be made to the Voorheesville American Legion.

## Rudolfine Piurek

Rudolfine C. "Rudy" Piurek, 83, of Guilderland and formerly of Voorheesville, died on Saturday, Jan. 17, at St. Peter's Hospice Inn in Albany.

Born in Germany, she moved to Amsterdam at age 3 and had lived in Voorheesville from 1964 to 1995 before moving to Guilderland.

Mrs. Piurek was employed for many years as a bank teller for the former Bank of New York at Stuyvesant Plaza, retiring in 1980.

She was a former member of the Rosary societies at St. Matthew's and Christ the King churches.

She was the widow of Elmer Piurek.

Survivors include two daughters, Linda Piurek of Albany and

Christine Blackman of Voorheesville; and two grandsons.

Funeral services will be private.

Spring burial will be in Mont Pleasant Cemetery in New Salem.

Contributions may be made to the Inn at St. Peter's Hospice, 315 S. Manning Blvd., Albany 12208.

## Paul Galanka

Paul O. Galanka, of Ossining and formerly of Delmar, died Saturday, Jan. 17, at Phelps Memorial Hospital in Ossining.

Born in Lorain, Ohio, he attended Bowling Green University where he played on the football team. He moved to New York and received a master's degree at New York University and was appointed to a teaching fellowship in 1939. He was a member of Phi Delta Kappa.

Mr. Galanka taught industrial arts in the New York City School System, and in 1966 he moved to Delmar to serve as an associate supervisor with the state Department of Education, retiring in 1974.

During World War II, he was an instructor with the U.S. Maritime Service in New London, Conn., for three and a half years with rank of lieutenant.

He was active in Scouting for 20 years in Bronxville serving as a Scoutmaster and camping chairman. He received Boy Scouting's Order of the Arrow.

In Delmar, he was a founding member of the reconstituted Fourth Albany Regiment, Second Rensselaer Battalion, a Revolutionary Re-enactment Militia Unit.

Mr. Galanka was a member of Delmar Reformed Church, serving on the Consistory as a deacon and on the property committee for many years.

He was husband of the late Beatrice Galanka.

Survivors include a son, Michael Galanka of White Plains; and a daughter, Alice M. Galanka of White Plains.

Funeral services are scheduled at 11 a.m. today, Jan. 21, at the Delmar Reformed Church, 386 Delaware Ave., Delmar. Arrangements were by the Applebee Funeral Home in Delmar.

Interment will be in Bethlehem Cemetery in Delmar. Contributions may be made to the Capital City Rescue Mission, P.O. Box 1999, Albany 12201.

## Herbert Tompkins

Herbert Tompkins, Sr., 64, of Feura Bush died Friday, Jan. 16.

Born in South Bethlehem, he was employed by Conrail for 24 years.

Mr. Tompkins enjoyed car racing and farm animal auctions.

Survivors include his wife of 43 years, Helen C. Houghtaling Tompkins; two daughters, Catherine B. Huether of Selkirk and Helen M. Haslam of Feura Bush; a son, Herbert Tompkins Jr. of Feura Bush; and six grandchildren.

Services were from the Applebee Funeral Home in Delmar.

Spring burial will be in Mount Pleasant Cemetery in South Bethlehem.





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# Obituaries

## Harry Parks

Harry Parks, 81, of South Bethlehem, died Thursday, Jan. 15, at St. Peter's Hospital in Albany.

Born in Coxsackie, he had lived in South Bethlehem since 1950. He retired in 1987 after 40 years of service with Conrail in Selkirk.

Mr. Parks was an Army veteran of World War II, fighting with the 87th Infantry Division in the Battle of the Bulge.

He was a member of the 87th Infantry Division Association, World War II Memorial Society, American Legion, Willy's Overland Jeepster Club, Automobilist of Upper Hudson Valley Inc. and the Selkirk Fire Co.

He was husband of the late Irene Donar Parks.

Survivors include a daughter, Carol Neidlinger of South Bethlehem; a son, Larry Parks of Ohio; seven grandchildren and three great-grandchildren.

Services were from the Babcock Funeral Home in Ravena. Burial will take place in the spring.

Contributions may be made to South Bethlehem United Methodist Church, 65 Willowbrook Ave., S. Bethlehem 12161.

## Victor Foss

Victor G. Foss, 79, of Delmar died Wednesday, Jan. 14, at his home.

Born in Hallock, Minn., he attended the Minnesota Business School before becoming an agent for several international construction firms.

His responsibilities carried him to the Pacific Northwest, Newfoundland, Africa, the Middle East, Southeast Asia, the Philippines, Australia and New Zealand. He participated in the construction of the Alaskan Highway, provided support to U.S. military forces in the Aleutian Islands during World War II and managed the construction of highways, ports, military facilities and government buildings throughout the world for more than 30 years.

Mr. Foss came to the Capital District from Saudi Arabia with his family in 1969 to assist in managing the construction of the Cultural Education Center at the Empire State Plaza in Albany.

Survivors include a daughter, Shauna Peckham; two sisters, Helga Gillie and Florence Ristad, both of Hallock; and two grandchildren.

Arrangements were by the Meyers Funeral Home in Delmar.

Contributions may be made to the American Lung Association.

## Gertrude Callanan

Gertrude Callanan, 98, of Slingerlands, died Wednesday, Jan. 14, at Eddy Heritage Nursing Center.

She was born in Boston, but spent most of her life in the Albany area.

She was the widow of Keith M. Callanan, former president of Callanan Industries.

Mrs. Callanan was a graduate of Ellis Hospital School of Nursing in Schenectady.

She was a captain in the Army Nurse Corps during World War II.

Mrs. Callanan enjoyed cook-

ing, music, and traveling, but most of all she loved gardening. She was a member of the Garden Study Group.

Survivors include a stepson, John Callanan; a stepdaughter, Lynn Gardner; 10 grandchildren; and 19 great-grandchildren.

Burial was in Memory's Garden in Colonie.

Arrangements were by the Tebbutt Funeral Home in Albany.

Contributions may be made to Loudonville Christian School, 374 Loudonville Road, Loudonville 12211.

## Grant Bowman

Grant F. Bowman, 72, of Westerlo and formerly of Delmar, died Sunday, Jan. 11.

Mr. Bowman worked in the printing trade for many years with Clarity Publishing Co., retiring in 1997.

He was a member of Albany Typographical Union No. 4 and the Westerlo Historical Society.

Survivors include his wife, Peg Lilly Bowman; two daughters, Sonia Weimann and Janet Bowman; a son, Duane Bowman; two brothers and two grandchildren.

Services were from the Tebbutt Funeral Home in Albany.

Burial was in Bethlehem Cemetery.

Contributions may be made to Community Hospice Inn at St. Peter's Hospital, 315 S. Manning Blvd., Albany 12208 or to Cherokee Ridge Animal Rescue, 78 S. Jarvis Road, Ravena 12143.

## Judy Fisceletti

Judy A. Fisceletti, 80, of Slingerlands and formerly of

Albany, died Sunday, Jan. 11, at St. Peter's Hospital in Albany.

Born in Albany, she worked at the state Office of Facility Development for 20 years. She had also worked at the Toll Gate Restaurant in Slingerlands.

She was a former member of Cordial Greens in Elmsmere. Mrs. Fisceletti enjoyed bowling and golfing.

Survivors include her husband, Jerry J. Fisceletti Sr.; a daughter, Judy Ann Salisbury of Colonie; a son, Jerry J. Fisceletti Jr. of Altamont; a brother, Peter

Gerace; and four grandchildren.

Services were from the New Comer-Cannon Funeral Home in Colonie and St. Catherine of Siena Church in Albany.

Burial was in Saratoga National Cemetery.

Contributions may be made to the American Lung Association.

## Robert Deitz

Robert J. Deitz Sr., 82, of Voorheesville, died Tuesday, Jan. 13.

Born in Albany, he was an Army veteran of World War II.

Mr. Deitz worked for more than 25 years as an operating engineer with Local 106 in Albany.

Survivors include his wife, Angela Avellino Deitz; a daughter, Linda Hoyt of Latham; a son, Robert J. Deitz Jr. of Knox; and five grandchildren.

Services were from the New Comer-Cannon Funeral Home in Colonie and Christ the King Church in Guiderland.

Contributions may be made to Our Lady of Hope Residence, 1 Jeanne Jugan Lane, Latham 12110.

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## Public hearing on mine set

By KRISTEN OLBY

The public will have a chance to speak out on a controversial limestone mine proposed near Feura Bush early next month.

The state Department of Environmental Conservation has scheduled a public hearing for Feb. 4 to discuss Peter Frueh's mining application.

The hearing will be at Bethlehem town hall, beginning at 7 p.m.

Frueh has applied to the state for a permit to operate a 5.3 acre quarry between Old Quarry and

Collabeck Roads. Limestone would be extracted through blasting which is expected to occur several times a year.

The mine is technically located in Bethlehem, but many neighbors who live just over the New Scotland town line are opposed to the project. Surrounding homeowners fear the mine will disrupt the quality of life in the area and threaten well water.

Comments regarding the project should be sent in writing to DEC no later than Feb. 6.

## Delmar native to perform at Valentine's

By KRISTEN OLBY

A Delmar native is returning to his roots — with his four-piece band in tow.

Zox, a Providence, R.I.-based band will perform Sunday, Jan. 25 at Valentine's in Albany, beginning at 8:45 p.m.

The band is named after drummer John Zox, a 1998 Bethlehem Central grad. Zox released its self-titled debut CD last year and has to date sold 5,000 copies.

The band describes its music as high-energy, reggae-infused rock combined with the searing melodies of classical violin.

For information, visit [www.zoxband.com](http://www.zoxband.com).

## Tax payments due Feb. 2

Bethlehem residents began receiving 2004 property tax bills early January. The bills are returnable on or before Monday, Feb. 2.

Because Jan. 31, the usual date for property tax bills, falls on a Saturday, the time to pay without penalty has been extended to Feb. 2. Property owners who do not have an escrow account will be billed directly. Those who have escrow accounts will have statements sent to the bank or lending institution holding the account. To avoid potential billing problems, property owners who have changed banks to refinance or are doing business with financial houses involved in mergers are asked to notify the tax office. This will assure that the bills will be mailed to the proper location.

The town is prohibited by state

law from waiving late payment penalties because of tardy paperwork by a lending institution or because a tax bill was mailed to a wrong address. No penalty will be assessed if payments are U.S. Post Office stamped by Feb. 2 or the bill is paid in person by that date. Postage meter indicia or foreign postmarks are not acceptable for determining timeliness of mailing. A 1 percent late fee will be levied through Feb. 29.

A 2 percent penalty will be imposed from March 1 through 31. On April 1, all delinquent accounts will be turned over to Albany County for collection, with additional fees assessed. To remit by mail, tear off the stub at the bottom of the form and return it with a check in the envelope provided.

The cancelled check is your receipt. If you want your tax bill to be stamped "paid" and returned, mail the entire bill with your payment. The back of the statement contains valuable information on exemptions, deadlines and third-party notification. Taxpayers are urged to look carefully to check if any of the provisions are applicable. If you do not receive a tax bill or you have an escrow account and were sent a bill in error, please contact Receiver of Taxes Nancy Mendick at 439-4955, ext. 177.

## Hudson Valley Little League 2004 Registration



January 24 from 11:00 a.m. - 1:00 p.m.  
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Registration Fees:

January 24, \$85 for 1<sup>st</sup> Child, \$15 for 2<sup>nd</sup>, \$10 for 3<sup>rd</sup>

Please bring original birth certificate and one copy for Hudson Valley Little League to retain in their files along with two proofs of residence (utility bills).

For further information, contact  
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The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

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# Health Diet Fitness

January 21, 2004



## Tips for keeping colds away

By LINDA DeMATTIA

**W**ith the peak of the cold and flu season still weeks away, a common-sense approach to hygiene and a change in health habits might see you through to the end and flu-free.

Hygiene habits, especially hand washing and covering the mouth and nose when coughing or sneezing, are at the top of the list of things you can do to prevent the spread of common viral and bacterial infections, according to Terry Storz, prevention team supervisor of the Saratoga County Health Department.

"We are looking at good hygiene as the first line of defense against the spread of colds and the flu," she said. "If you have a cold, use a tissue to cover your mouth and nose when you sneeze, then throw it away."

If a tissue is not handy when that sneeze bubbles up, don't sneeze into an unprotected hand, she said. The alternative? Use your elbow.

"Youngsters aren't the best at remembering to wash their hands so many school nurses are teaching children to cough or sneeze into the crook of their arm to avoid getting germs on their hands. Germs can't live long on the material and then you won't have the germs on your hands to spread them around."

While frequent hand washing is important to keep germs away, care must be taken to avoid recontamination right after hands are washed, Storz said.

"Germs can live long enough on surfaces to be transmitted from one person to the next. A wet water faucet can have germs on it. After you wash your hands, turn the faucet off with a paper towel to create a barrier between

your hand and the faucet," she said.

Keyboards and phones that are used by more than one person should be periodically disinfected with antibiotic wipes that will not only kill germs, but also provide a residual effect for some time afterwards.

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose or mouth, so avoid touching them, as well.

But hand washing and disinfecting alone won't keep you healthy until spring. Other good health habits that help your body stay strong enough to fight off an invasion of germs are also

important. Eating well, getting plenty of rest, fresh air and exercise are important to building up the body's immunity.

counter preparations, should be a discussion between you and your health care provider, she said.

If you do get a cold or the flu, Storz advises that you get plenty of rest, drink a lot of liquids, avoid using alcohol and tobacco and consider taking over-the-counter medications to relieve the symptoms of flu. Never give aspirin to children or teenagers who

have flu-like symptoms to avoid a rare but serious complication called Reye Syndrome.

Most of all think about others, Storz said.

"If you've got an illness, don't got to school or work, you really should stay home to avoid spreading it around."

**"If you've got an illness, don't got to school or work, you really should stay home to avoid spreading it around."**

— Terry Storz

"It's important to eat well, exercise and get fresh air," Storz said. "Air inside the home can get pretty stale, too, so a periodic airing might help. Fresh air is always good."

Whether or not to take vitamins, herbal remedies and supplements and over the

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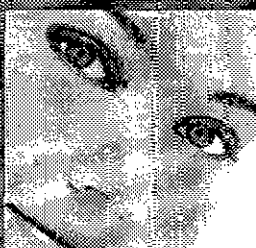
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# Patients don't need to suffer with dry eye

By Dr. SURESH G. KAMATH

**D**ry eye syndrome is becoming an epidemic among adults and especially the elderly. At least one out of every 10 adults suffers some degree of dry eyes. The symptoms can vary from occasional mild eye irritation to severe debilitating eye pain and blindness. In most cases, dry eye can be controlled to give the sufferer greater comfort and improved vision.

Normally our eyes are bathed in a thin and constantly flowing tear film. The tears emerge from tear glands around the eyes and exit the surface of the eyes by evaporation and through two small tear drainage ducts into the nose. This flow of tears washes away debris — including mucous, dust, pollen, germs and any other offending particulate matter from the

environment. This keeps the surface of the eye clean and free from infection and smooth so that light can be focused properly giving clear vision.

Tears are made up of three parts: oil, water and mucous. Different glands around the eyes make these parts in proper amounts and thickness. If these glands do not work properly one or more of these parts may be produced in the wrong amount or thickness. When this balance is upset the tears will not perform their duties to the surface of the eye. This deficiency in tear production is one of the causes of dry eyes. These glands may not work correctly because of: aging; menopause and other hormonal changes; scarring from infections or burns; inflammation from autoimmune disorders like Sjogren's, rheumatoid arthritis, Lupus, and scleroderma; or because of eye drops for glaucoma or allergies

or medications taken by mouth for high blood pressure, depression, irregular heart rhythms, Parkinson's, stomach ulcers, muscle spasm, decongestants, antihistamines and anesthetics.

Instead of a deficiency in tear production, dry eye can also be caused by increased tear evaporation. This is usually caused by a problem with the oily part of the tears. Normally the oil component of tears coats the wet surface of the eye and keeps the watery part from evaporating too quickly. Some dry eye patients suffer from irritated oil glands due to a condition called blepharitis. Blepharitis can occur on its own or in association with a skin disease like rosacea.

Increased tear evaporation can also be caused by other problems with the surface of the eye. Diseases that interfere with normal eyelid closure or blinking like Parkinson's, Bell's palsy and strokes keep the eyelids open wider and longer than usual resulting in greater tear evaporation.

Problems with sensation of the surface of the eye reduce the body's stimulation of tear

production. (A breeze or dust in the air would normally stimulate tearing). Contact lens wear or laser corrective eye surgery (PRK and LASIK) can cause decreased sensation of the surface of the eye and therefore less stimulation for tear production.

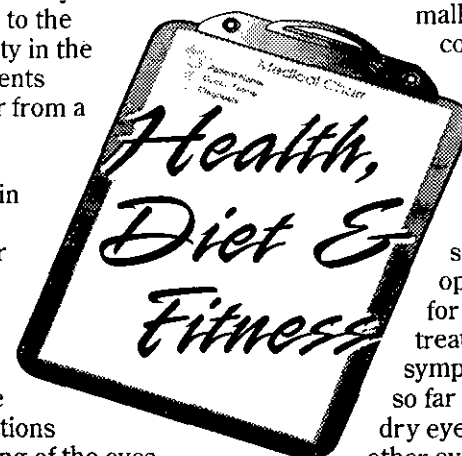
In any of these cases, the surface of the eye will suffer due to the abnormality in the tears. Patients may suffer from a sandy or gravelly sensation in the eyes, burning or dry eyes, light sensitivity, blurry vision, eye pain, infections and scarring of the eyes. Many patients with dry eyes will actually experience excess tearing due to the imbalance in the three components of the tears resulting in the tears dripping out of the eye instead of sticking to the surface of the eye. These people may have wet cheeks but have dry eyes!

Many patients with dry eyes will have fluctuating symptoms. These symptoms can be worse after using the eyes for extended periods of time (like reading) or towards the end of the day. Often symptoms are also worse in certain warm and dry environments like the dry heat in a car or house in winter, large office buildings or malls with climate control or in dry parts of the country.

Any patient with these symptoms should see an ophthalmologist for evaluation and treatment. The symptoms described so far can occur with dry eye or with certain other eye surface diseases or a

combination of both. An ophthalmologist can determine whether dry eye and/or other surface diseases are at play using the examining microscope (slit lamp). The physician will look for a poor tear film or debris on the surface of the eye and certain patterns of staining of the eye surface with special dyes. The Schirmer Test may be used to help in diagnosis. Sterile filter paper is placed over the edge of the eyelid to see how much wetness is produced over a few minutes. The ophthalmologist will also look for blepharitis, allergy, infections, and review the medical history for autoimmune diseases (like rheumatoid arthritis), dry mouth and medications that can cause dry eye.

Occasionally additional consultation with a rheumatologist, dermatologist,



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infectious disease specialist and/or ear nose throat specialist may be suggested if certain skin, infectious or immune system diseases (like Sjogren's which includes dry eye, dry mouth and an autoimmune disease like rheumatoid arthritis) are suspected.

Once this evaluation is complete, the treatment plan is based on the severity of the problem and the symptoms. Mild dry eye may be treated with artificial tear drops a few times a day or whenever symptoms occur. Warm compresses may be helpful, especially with blepharitis (oil gland irritation).

Moderate dry eye may require the addition of lubricant gels or ointments. A humidifier and turning down the thermostat can be of great benefit. Preservative-free artificial tear drops can reduce the risk of preservative irritation when these drops are used frequently.

Some patients still have trouble in spite of these measures. In these cases, we place plugs in those ducts that take the tears away from the eyes and drain them into the nose. Imagine the surface of the eye like a sink that one wants to fill to soak dishes. If one turns on the faucet, the water will enter the sink but most of it will leave the sink through the drain. If a stopper is placed in the drain the water level will rise. Remember that tears are produced by the tear glands, flow over the eyes and out through the two tear drainage ducts (one in the upper eyelid and one in the lower eyelid) into the nose. A plug in one of these drainage ducts of each eye will help tears to stay on the eyes longer. In the worst cases, when very little or no tears are produced both the tear drainage ducts of each eye can be plugged. This will also keep the artificial tear drops, gels and ointments from draining away quickly.

In some patients who cannot close the eye(s) properly because of Bell's palsy, stroke, or injury, dry eye can be reduced by partially closing the



eyelids surgically.

An exciting new development in dry eye therapy involves the use of a medication called cyclosporine A. Cyclosporine is a drug that has been used for inflammatory conditions like rheumatoid arthritis and to prevent rejection of organ transplants like kidneys. It works by slowing down the immune system to prevent it from damaging joints (inflammation) in arthritis and organ tissue in transplants.

Recent research has shown that there is a similar kind of immune system component (inflammation) in dry eye syndrome. Cyclosporine has recently become a valuable eye drop in severe cases of dry eye. It is used two to four times a day in addition to the previously described artificial tear drops, gels, ointments and/or plugs. Many patients will experience significant improvement in symptoms and may require less frequent use of tear drops.

Unfortunately, cyclosporine eye drops are extremely expensive, sometimes not covered by

prescription plans and need to be used regularly. The cost and need for long term use may keep many patients from the potential sight-saving benefits of this medication.

There are many other treatments for dry eye caused by other problems. The ophthalmologist must make a comprehensive review of the patient's medical history and health problems, medications, occupation, environment, hobbies, and lifestyle, and tailor therapy that will be best for that individual. Because of the many options available, most dry eye sufferers need not lose their sight and most can live relatively comfortably.

*S.G. Kamath, M.D.*

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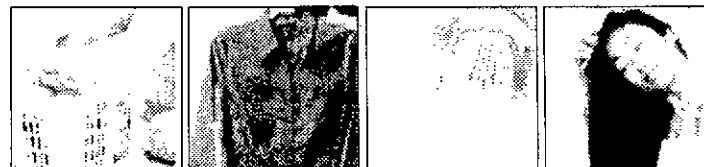
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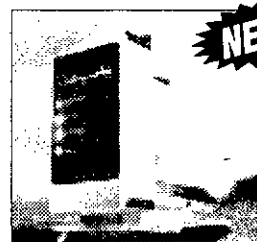
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# Time to get in shape for the new year

By MARTIN J. BANNAN

After the holidays, thoughts of diet, exercise, weight loss and fitness replace Yuletide sugarplums and feasting. That's not surprising considering that on average, Americans gain nine pounds between Thanksgiving and New Year's Day. Every January, we swear we mean it, but only some of us succeed in our resolution. For most people, the desire remains a good thought killed by procrastination or frustration despite evidence that pounds and flab may soon surpass cigarettes as the leading cause of preventable death in the United States.

The key to success, local fitness trainers say, is finding a plan that's right for you and sticking to it.

"A lot of people look for a quick fix. There is none," said John Guastella, general manager of Gold's Gym in Gunderland. "You must be consistent."

Today, the fitness business is bigger than ever offering new ways to get us to the gym. There are a wide variety of new machines includ-

ing low impact elliptical cross trainers and Swiss balls, as well as traditional weight training and

cardiovascular equipment, swimming pools, aerobic classes, karate and tennis.

Despite the gadgetry, 60 percent of those who join during the January surge drop out, according to Tom Wachunas, fitness director for Capital Region Tennis & Fitness in Glenmont.

"At this time of year, people have little to do and no excuse not to exercise. They join clubs but have unrealistic expectations," Wachunas said. "Ultimately, they lose interest and fail to achieve their goal."

Fitness experts agree that most of us need help getting fit. "People need company to get motivated," said Mike Mashuta, owner of Delmar Health & Fitness.

He said that more club members seek personal trainers to help them choose the tools that are right for them. "No one program works for everyone. Everybody's needs are different depending on their physical shape, age and past medical history."

Equally important to prescribing exercise regimens, personal trainers give feedback necessary to encourage success.

"Some people have no experience setting goals or



Carolyn keeps her get-up-and-go on the treadmill at Delmar Health and Fitness

monitoring their progress. Soon they get frustrated and lose focus," Mashuta said. "Personal trainers work one on one to help people meet their goal."

For those who can't afford a personal trainer, Guastella recommends getting a partner.

"You need a workout partner to keep you going," he said. "In addition to forcing you to keep on a schedule, having a partner gives you a sense of competition

that is motivating and rewarding."

If you are more socially minded, you may prefer working out in a group.

"It's motivational to come when people have friends expecting them," said Kathy Lloyd, membership director of Albany's Jewish Community Center. "We offer members a variety of exercise classes in a family atmosphere."

In addition to aerobic classes, the center offers hydro-slimnastics in its indoor pool as well Jazzercise, yoga, pilates and arthritis classes helping seniors stay active.

Children also benefit from regular workouts.

"Kids need to be sports skilled," Mashuta said. "We also find that kids, even athletes, lack enough cardiovascular exercise." He added that according to Boston YMCA Director Wayne Wescott, children as young as 8 benefit from weight training.

Working out consistently not only improves health and appearance but also eliminates stress, improves sleep and builds self-esteem.

Weight training is most important for women, both Mashuta and Guastella said, in order to sustain bone density and thus prevent osteoporosis. But all of this work is in vain if you don't eat right.

"Fitness is 60 percent nutrition, 20 percent cardiovascular exercise and 20 percent resistance, or weight training," Guastella said.

In addition to exercise, he recommends eating four to five small meals a day. When Guastella got serious about taking care of his body, it only took him three months to get in shape. Today, at 194 pounds, with a 34-inch waist, he is smoke free and has both healthy blood pressure and cholesterol readings. To top it all off, he pays only \$56 quarterly to stay fit at the gym.

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# Sports

## Junior River Rats already have playoff berth

By ROB JONAS

While the Albany River Rats remain mired at the bottom of the American Hockey League, the Albany Junior River Rats are soaring into a national championship tournament.

The Junior Rats, who are based out of Delmar's BIG Arena, have already clinched a berth in the National Junior C playoffs after winning the Mid-Atlantic Hockey League title.

"This is a very successful season, and the primary reason is this group came together as a team very early on," Junior Rats coach **Lee Bormann Jr.** said. "They work well together on the ice and help each other."

With three exceptions, the players are from the Capital District. Seven players, as well as Bormann, are from Delmar, with others hailing from Altamont, Clifton Park, Schenectady, Troy, East Greenbush and Averill Park.

Three players travel from neighboring states to play for the Junior Rats.

"Most of these kids' ambitions are to play college hockey," Bormann said. "Many of these kids are looking for Division I (college programs). Some of them are already attending college but aren't playing yet, so they're playing here to develop their skills for the next step."

**Mike Hickling**, a 15-year-old defenseman from Delmar, said he

joined the Junior Rats program three years ago because he enjoys the challenge of club hockey.

"I like the traveling, (and) the level of competition is better," he said.

Being associated with the Albany River Rats is another selling point for the junior club, Bormann said.

"For us, the name recognition for our recruiting process is very helpful," he said. "Also, I have direct access to their coaching staff for help and support."

The Junior Rats have a

schedule that is nearly as active as the AHL River Rats. Bormann said the team plays 65 games during the season, including such multi-team showcase tournaments as the one that wrapped up Monday at BIG Arena.

Besides the Mid-Atlantic Hockey League, the team also plays in the Liberty Division of the Continental Hockey Association, which keeps the team busy through the winter.

"In this league, part of the purpose is to develop talent for the next level," Bormann said.

## HIGH SCHOOL VARSITY SPORTS RESULTS JAN. 12-18

**Tuesday, Jan. 13**

### BOYS BASKETBALL

**Bethlehem 51, Burnt Hills 44**

Bethlehem leaders: Cameron Brown 19 points, Brendan Venter 16 points, Josh Lewis 10 points.

**Ravena 50, Cohoes 47**

Ravena leader: Ricky Rider 28 points.

**Voorheesville 62, Schalmont 56**

Voorheesville leaders: Greg Klopfer 22 points, Greg Delaney 17 points.

### GIRLS BASKETBALL

**Burnt Hills 45, Bethlehem 32**

Bethlehem leader: Kaity Conklin 11 points.

**Schalmont 45, Voorheesville 44**

Voorheesville leaders: Brittany Baron 18 points, Jackie Markert 13 points.

### BOYS BOWLING

Bethlehem 26, Niskayuna 6

### BOYS SWIMMING

Guilderville 91, Albany 72

### GYMNASTICS

Shenendehowa 152.65, Bethlehem 150.85

**Wednesday, Jan. 14**

### BOYS BOWLING

Saratoga 20.5, Bethlehem 11.5

Ravena 27, Cobleskill 5

Voorheesville 19, Lansingburgh 13

### GIRLS BOWLING

Ravena 31, Cobleskill 1

### WRESTLING

**Averill Park 38, Bethlehem 31**

Bethlehem winners: Tolin Sharlow (103 pounds), Josh Finkle (112), John Whitbeck (119), Chris Lee (135), Dave Denio (160), Dave Brewster (189), Chad Languish (275).

**Ravena 58,**

**Cobleskill 18**

Ravena winners: Nick Walker (103 pounds), Tyler Lane (119), Eoin Carroll (125), Alan Northrup (130), Justin McDonald (140), Mike Hennessey (145), Dillon Ruxton (160), Larry LaMountain (171), Shane Ecklund (189), Jeff Correll (215), Shawn Davis (275).

**Thursday, Jan. 15**

### BOYS BOWLING

Ravena 21, Lansingburgh 11

### GIRLS BOWLING

Ravena 21, Lansingburgh 11

### WRESTLING

**Columbia 50, Bethlehem 18**

Bethlehem winners: Tolin Sharlow (103 pounds), Josh Finkle (112),

Dan Mackey (145), Dave Denio (160), Chad Languish (275).

**Saturday, Jan. 17**

### HOCKEY

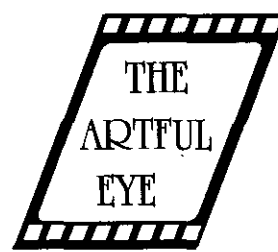
**Bethlehem 3, Indian River 0**

Bethlehem scoring: Chris Riccio 1-1, David Farber 1-0, Erik Russo 1-0, Andrew Kelleher 0-1.

Bethlehem saves: P.J. Pittman 18.

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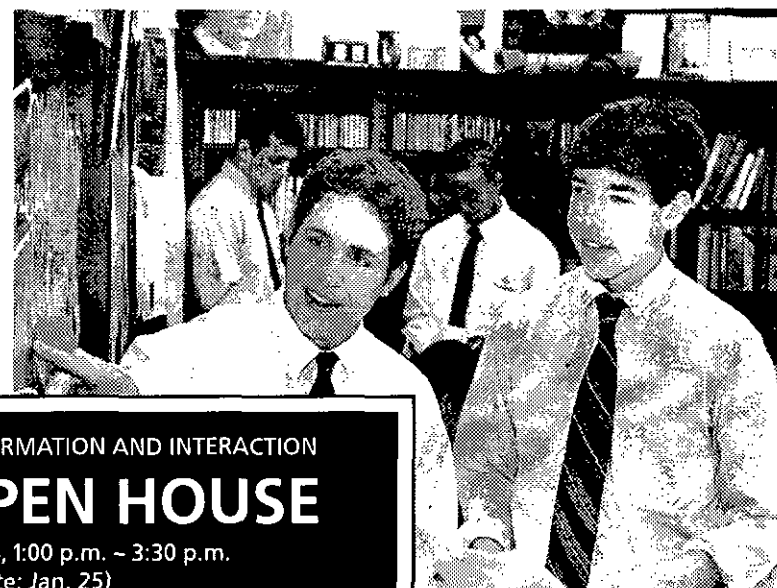
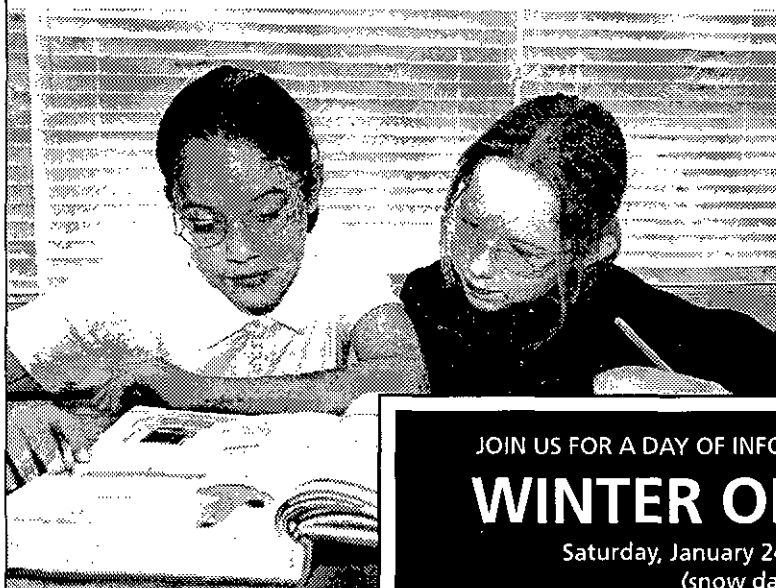
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## Malinowski leads Eagles at Yale Invitational

Emily Malinowski led a group of Bethlehem distance runners at last weekend's Yale Invitational in New Haven, Conn.

Malinowski placed fourth in the girls mile with a time of 5:10.30. Ashley Dwyer was 15th in the event with a time of 5:28.29, and Carly Magin finished 18th in a time of 5:32.07.

In other individual events, Emily Coles placed seventh in the 55-meter hurdles with a time of 9.72 seconds in the finals,

Johanna Marvin was 14th in the long jump with a distance of 16-feet, 2.25-inches and Roxanne Wegman finished 19th in the 3,000 with a time of 10:45.29.

Bethlehem placed third in the girls 3,200 relay, fifth in the girls 1,600 relay, sixth in the girls distance medley relay and seventh in the girls 800 relay.

In boys events, Steve Blanch captured fourth place in the long jump with a distance of 21-feet, 1.5-inches.

## Tigers take title



The Bethlehem Tigers under-10 soccer team won the Afrim's Indoor Soccer Complex Christmas Tournament. The team is, from left, (front) Peter Downey, Morgan Smith, Jeffrey Smith, Seth Partridge and Brett Kaplan; and (back) Joshua Smith, Nick Hess, Connor McMahon, Kyle Reilly, Zachary Rockmore, Henry Taylor, and Conor Oberlander.

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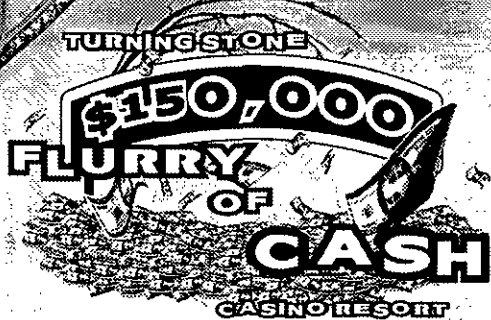


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### Dolphins host swim clinic

The Delmar Dolphins swim club is hosting a swim clinic Saturday, Feb. 21, at Bethlehem Central High School.

The featured guests at the clinic are Olympic medalist **Kristy Kowal** and Pan-American Games champion **Ben Michaelson**. They will instruct swimmers ages 8 and older from 9 to 11:30 a.m. and then give a motivational speech for swimmers and adults from 11:45 a.m. to 1:15 p.m.

Space is limited for the morning clinic, which includes stroke and dryland training, as well as in-pool demonstrations by Kowal and Michaelson.

Registration forms can be obtained from the club's Web site at [www.delmardolphins.com](http://www.delmardolphins.com) or by calling 439-3455.

### Local skaters place in Lake Placid

A group of figure skaters based out of BIG Arena in Delmar placed at a competition Jan. 8-11 in Lake Placid.

**Hannah Conroy**, **Stephanie Lombardi**, **Lukas Sotola** and **Monica Vink** won their age groups, while **Christina Lombardi**, **Isabelle Lombardi**, **Kate Rowlands**, **Sarah Rubin**, **Adrienne White** and **Jennifer White** placed second.

**Lindsey DeBerry** and **Kacie Weatherhead** finished third, **Gina DiNapoli** placed fourth and **Chelsea Rowlands** took fifth place. **Aislyn DiRosio** and **Katie Howard** also competed.

### Lacrosse leagues start Jan. 29

The Capitaland Lacrosse Club is starting indoor leagues for boys in grades three through 12 on Jan. 29.

Games will be played on Thursday nights through March 4 for the grade 10-12 league and through March 25 for the grade 3-6 and 7-9 leagues.

For information, call 383-3245.



## Water

(From Page 1)

assessments maintained at 100 percent, she reported, adding that any maintenance aid after 2005 will only go to those municipalities updating assessments annually or once every three years.

"If we want to meet these requirements, all planning must be completed this year and staffing and budget be in place by Jan. 1, 2005," Nooney explained. "We have until the 2006 roll to update our assessment."

The maintenance aid, according to Clark, is an incentive of \$5 per parcel to maintain assessments.

Maintaining assessments is getting increasingly difficult, Clark said.

"Last year the housing market went berserk," he said, citing as an example new homes built on Douglas Lane in Voorheesville that were resold the same year for \$42,000 more.

Clark agreed to meet with Nooney to work out a plan to present to the board.

In other business, Susan Weisz, who took over as senior outreach liaison replacing Elizabeth Bervy, outlined plans and accomplishments for the town's senior services outreach program.

Since November, she has prepared a map locating seniors that Community Caregivers sees and services. Weisz added that she has launched an effort seeking volunteers of all ages to

help work with seniors.

A former program director for Community Caregivers, Weisz intends to work closely with her past employer and has distributed a flyer asking seniors to contact her so she can help them in any way.

At the meeting, she reported that three local churches — New Scotland Presbyterian, First United Methodist of Voorheesville and St. Matthew's Church — donated money collected at an ecumenical service in November to help with senior outreach.

Finally, the board approved funding to train Sue Gruss, a new court clerk appointed by newly elected Town Justice Margaret Adkins. The class is held in New York City with costs for training, transportation, room and meals expected at around \$750.

Newly elected board member Deb Baron abstained from the vote.

## Blueprint

(From Page 1)

housing complexes and commercial businesses.

This year, Egan will oversee a budget of \$31,733,000, 13 town departments and about 240 employees.

She expects a donated leave benefit program for town employees to be launched later this year.

## Patriot Act foes to return to board

By KRISTEN OLBY

Opponents of the U.S.A. Patriot Act are hopeful that the shift in Bethlehem's political leadership will result in the town board taking a stance against the federal legislation.

The Patriot Act was designed to help law enforcement fight terrorism, but critics contend it violates multiple civil rights guaranteed under the Constitution.

Passage of a resolution formally reaffirming a protection of civil rights in Bethlehem will again be discussed at a February town board meeting. Members of the Bethlehem Bill of Rights Defense Committee (BBORDC) and town leaders hope to reach a compromise on the wording of a resolution that would formally oppose portions of the act.

The 70-member activist group presented the board with a draft resolution denouncing the act last October. None of the board members supported the resolution, nor does current Supervisor Theresa Egan.

However, Egan said that as a lawyer, she too finds fault with certain portions of the act, such as the search and seizure provision, which allows law enforcement to conduct secret searches without a court order.

"I would like to see a resolution passed," said Egan. "The original draft resolution was critical of the entire Patriot Act, and I do think there are parts of the act that

are very good."

Board members Tom Marcelle, a Republican, and Dan Plummer, a Democrat, had drafted an alternative, less aggressive resolution for BBORDC to consider. Group members did not support that resolution, calling it too vague.

Melanie Trimble, executive director of the Capital District New York Civil Liberties Union and a BBORDC member, met with Egan last week to rework the resolution.

"We're quite confident that a resolution will be passed at this point," Trimble said. "The problem now is, what will it say?"

A third resolution has been drafted by BBORDC, removing some portions of the original draft such as a provision that would have required police officers to

refrain from assisting other law enforcement agencies in interrogations and arrest procedures judged to be in violation of an individual's civil rights.

The symbolic document would affirm a commitment to the protection of civil rights in Bethlehem but would not be considered town law.

"There's nothing we as a town municipality can legally do to change the Patriot Act; it's not within our jurisdiction," Egan said.

Still, BBORDC is optimistic that the town will join the ranks of roughly 170 other communities nationwide, including Schenectady and Albany, that have passed resolutions opposing the act. Doing so, group members contend, will send a powerful message to federal lawmakers.

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## Woman's hike benefits Habitat for Humanity

Ellen Picotte, a sales associate with the Delmar office of Prudential Manor Homes, completed a 270-mile hike of Vermont's Long Trail with her 16-year-old nephew, Philip Picotte, in August and raised \$4,135 that benefited Capital District Habitat for Humanity.

Older than the Appalachian

Trail, the Long Trail traverses the Green Mountains of Vermont from the Massachusetts border north to the Canadian border and crosses over all of the major peaks of Vermont, including Mansfield, Killington, Camel's Hump, Abraham, Ellen, Jay and Stratton.

The funds raised by Picotte helped to finance the North Albany Neighborhood Revitalization Project, a \$1.4-million plan to build 20 homes in a five-block area of North Albany, the largest project undertaken to date by Capital District Habitat for Humanity.

Picotte has been active with Capital District Habitat for Humanity for six years and currently serves as vice president of the board of directors. The 12-member board was challenged to raise funds for the project, according to Paul Richer, executive director of Capital District Habitat for Humanity. The board raised more than \$21,000, and Picotte ranks second in overall director fund-raising for the project.

"Ellen has been a remarkable contributor," Richer said. "She gives unstintingly."

According to Richer, ground was broken for four, two-story homes on Emmett Street in the fall. All four were completely enclosed in November, and the goal is to have them finished by April 2004.



Melissa Costigan and Gerard Guilfoyle

## Costigan, Guilfoyle engaged

Melissa A. Costigan, daughter of Edward and Ann Marie Costigan of Glenmont, and Gerard Guilfoyle, son of Gerard and Carol Guilfoyle of Bellmore,

Long Island, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School and Iona College.

She is a speech pathologist for Theara Care Medical, Educational and Evaluation Service in New Rochelle, Westchester County, and a graduate student at St. John's University.

The future groom is a graduate of Kellenberg Memorial High School and Iona College.

He is a production assistant for ABC Sports in New York City.

The couple plans a July 2, 2005, wedding.

## Military news

Cadet John Davis, son of Robert and Eileen Davis and grandson of Mary Davis, all of Delmar, has completed cadet basic training at the U.S. Military Academy.

Davis entered the academy on June 30 after graduating from Bethlehem Central High School.

Marine Corps Pfc. Charles A. Reid III, son of Charles Reid II of Selkirk, recently completed basic training at Marine Corps Recruit Depot, Parris Island, S.C., and was promoted to his current rank.

Marine Pvt. Sean W. McManus, son of Mary and Anthony McManus of Delmar, recently completed 12 weeks of basic training at Marine Corps Recruit Depot, Parris Island, S.C. McManus is a 2003 graduate of Bethlehem Central High School.

Marine Pfc. Justin R. Contento, son of Roger and Debbie Contento of Feura Bush, recently completed 12 weeks of basic training at Marine Corps Recruit Depot, Parris Island, S.C. Contento is a 2003 graduate of Bethlehem Central High School.

Airman Johanna A. Anderson has graduated from basic military training at Lackland Air Force base in San Antonio, Texas. Anderson is the daughter of Tim and Claire Anderson of Delmar. She is a 2002 graduate of Bethlehem Central High School.

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Delmar/Bethlehem	Ellen Mark	640-4619
Clifton Park/Malta	Mary Huls	640-4211
Scotia/Glenville/Burnt Hills	Ed Wilson	640-4828





Lauri Stewart and Brian Reichenbach

## Stewart, Reichenbach to wed

Lauri Stewart, daughter of David and Merelyn Stewart of Delmar, and Brian Reichenbach, son of David and Roberta Reichenbach of Lake George, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School and the Junior College of Albany.

She is an assistant to the state's chief information officer in

Albany and a student at the University at Albany.

The future groom is a graduate of Lake George High School, the University at Albany and Albany Law School.

He is a lawyer for the state Department of Labor in Albany and a Lake George town justice.

The couple plans a May 15 wedding.

## Romp and Read program expands

The Romp and Read program will add another site to its schedule. Beginning today, Jan. 21, there will be a Romp and Read program at Choices in Ravena the third Wednesday of every month.

The program will be held Jan. 21, March 17, April 21, May 19 and June 16. There will be no program on Feb. 18.

Romp and Read Playtime will continue coming to Choices on benefit certification Wednesdays.

The weekly schedule for Romp and Read is as follows:

- Bethlehem Grange, Tuesdays at 10 a.m.
- A.W. Becker School Tuesdays at 6:30 p.m.
- Trinity United Methodist Church in Coeymans Hollow, Thursdays at 10 a.m.
- Pieter B. Coeymans School, Thursdays at 6:30 p.m.
- RCS Community Library,

Fridays at 10 a.m.

The programs follow the school calendar. To celebrate children's book week, children made books "about me." Parents took home disposable cameras to take photos of their children's daily routines, which were turned into books.

RCS Community Library brings a loan collection of children's books and parenting resources to every Romp and Read program. The program leader can issue library cards on the spot.

This program is an exciting addition to RCS Community Library services. This expansion of programming is made possible through a grant from the state Library's Parent and Child Library Services program.

For information, contact the library at 756-2053.

Judith Felsten

## Gilligan, St. John wed

Christine Ann Gilligan, daughter of Edward and Judith Gilligan of Delmar, and Thomas James St. John, son of Thomas and Lorraine St. John of Staten Island, were married Nov. 8.

The Revs. William Pape and Vincent Bartley performed the ceremony at the Cathedral of the Immaculate Conception in Albany.

A reception followed at the Desmond in Colonie.

The matron of honor was Suzanne Grassucci, sister of the bride.

Bridesmaids were Linda Gilligan, sister of the bride, Kelly Csizmadia, sister of the groom, Jill Notis, Megan Smyth, Rebecca Furman, Wendy Manning and Erika Batten.

The best man was Kevin Hearn.

Ushers were Edward Gilligan, brother of the bride, Brian Csizmadia, brother-in-law of the groom, Daniel Gatto, Thomas Richards, Christopher Kennedy, Charles Fleming and David Coffey.

The bride is a graduate of Bethlehem Central High School and Champlain College.

She is a program manager at E-Dialog in Lexington, Mass.

The groom is a graduate of Fairfield University.

He is a retirement plan coordinator at Massachusetts Financial Services in Boston.

After a wedding trip to Aruba, the couple lives in Somerville, Mass.

## Dean's List

**Albany College of Pharmacy**  
Tedi Hill of Slingerlands.

**Boston College**

Michael Nuttal of Delmar.

**Johnson & Wales University**

Heidi Wiesmaier of Voorheesville.

**Lafayette College**

Arno Martin Alarcon of Delmar.

**Syracuse University**

Gregory Bauer of Slingerlands.

**University of Rochester**

Megan Fish of Glenmont.



Christine and Thomas St. John

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# Wedding Directory

## for Bridal Services

<p style="text-align: center;"><b>FLORISTS</b></p> <p>Floral Garden Specializing in Weddings 339 Delaware Ave., Delmar, 478-7232 www.thefloralgarden.com Catering to all budgets</p>	<p style="text-align: center;"><b>INVITATIONS</b></p> <p>Paper Mill Delaware Plaza. 439-8123 Personalized invitations &amp; announcements for weddings, showers, bar mitzvah, new baby, graduation.</p>
<p style="text-align: center;"><b>JEWELRY</b></p> <p>Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings &amp; Attendant's Gifts.</p>	<p style="text-align: center;"><b>PHOTOGRAPHY</b></p> <p>Personal, Professional Photographic Services. - 469-6551.</p>
<p style="text-align: center;"><b>TOOTH WHITENING</b></p> <p>Dr. Kabinoff, 458-1892. 1465 Western Avenue, Guilderland. Professional Teeth Whitening.</p>	

# Family ENTERTAINMENT

SPOTLIGHT ON CALENDARS ♦ ARTS ENTERTAINMENT

## Brel musical hits high notes at Cap Rep

By DEV TOBIN

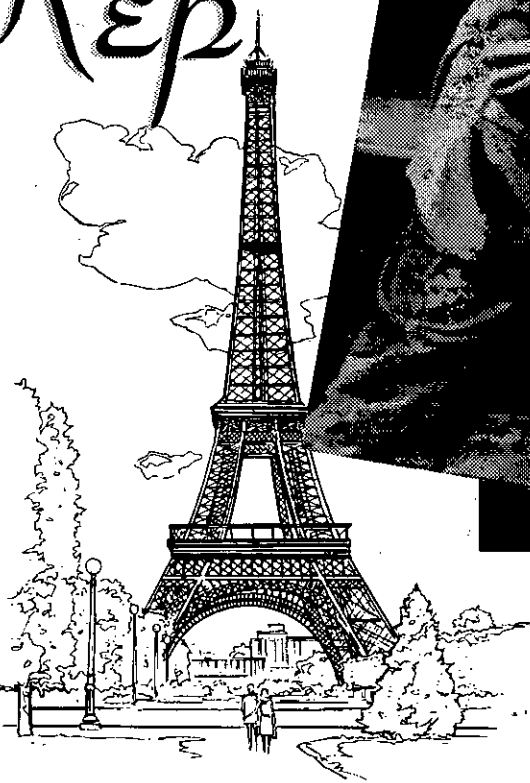
The cozy black-box theatre at Capital Repertory in Albany has been transformed into a 1950s Parisian cabaret for "Jacques Brel Is Alive and Well and Living in Paris," the 1960s revue tribute to the Belgian singer-songwriter-composer-actor.

The revue, conceived by Eric Blai and Mort Schuman, who also translated Brel's songs, was a big Broadway hit at the Village Gate Theatre in the late-1960s and early 1970s, as Brel's songs about love, war and war touched a nerve. They still do.

Cap Rep Producing Artistic Director Maggie Mancinelli-Cahill said the decision to put on the Brel revue was essentially made by Cap Rep patrons, who made it their top choice for a future play in a recent survey.

The four actor-singers - Gay Marshall, Lisa Capps (who sang and played the lead in last year's "Song of Singapore" at Cap Rep), Don Brewer and Jay Montgomery - play a variety of roles as they sing more than two dozen of Brel's best.

All four are Broadway veterans and it shows in their voices. They are so good one wonders why they need to be amplified in such a small theatre.



Paris resident Marshall's French fluency helps in "Ne Me Quitte Pas" ("Don't Leave Me"); her anguish can be sensed without knowing a word of French.

Capps is a charming "Timid Freida," in a song which requires a bit more acting than most.

Brewer does well in the anti-war

"Statue" and "The Bulls."

Montgomery shines in "Fanette," "Amsterdam" and "Next."

And Marshall spins around the stage and hits every note in the joyous penultimate song, "Carousel," probably Brel's most recognizable work in the revue. ("Seasons in the Sun," Brel's most covered song, somehow didn't make it.)

Versatile band leader Eric Svejcar play piano, guitar and accordion, and also sings a little, too.

"Jacques Brel Is Alive and Well and

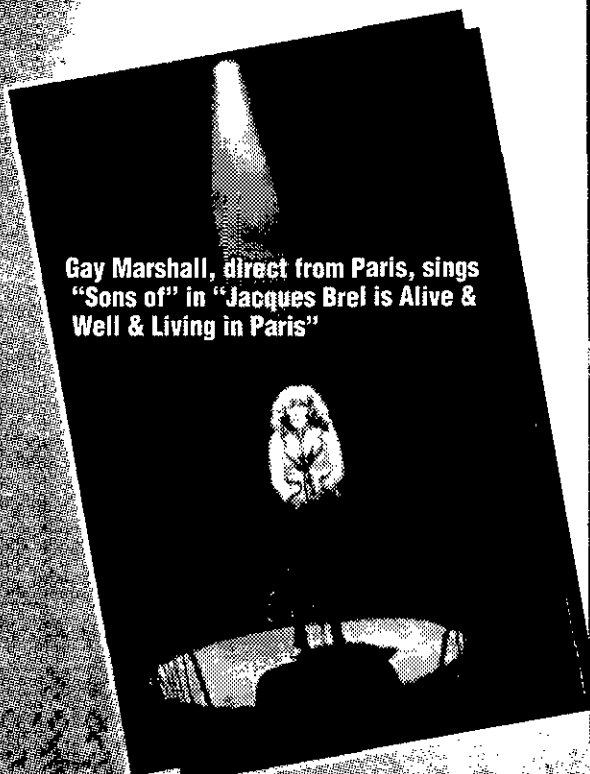
Living in Paris" is another excellent small musical for Cap Rep, following successes with "Cowgirls," "Woody Guthrie's American Song" and "Song of Singapore."

"Jacques Brel Is Alive and Well and Living in Paris" runs through Feb. 8. Performances are 7:30 p.m. Tuesdays through Thursdays, 8 p.m. on Fridays, 4 and 8:30 p.m. on Saturdays, and 2:30 p.m. on Sundays.

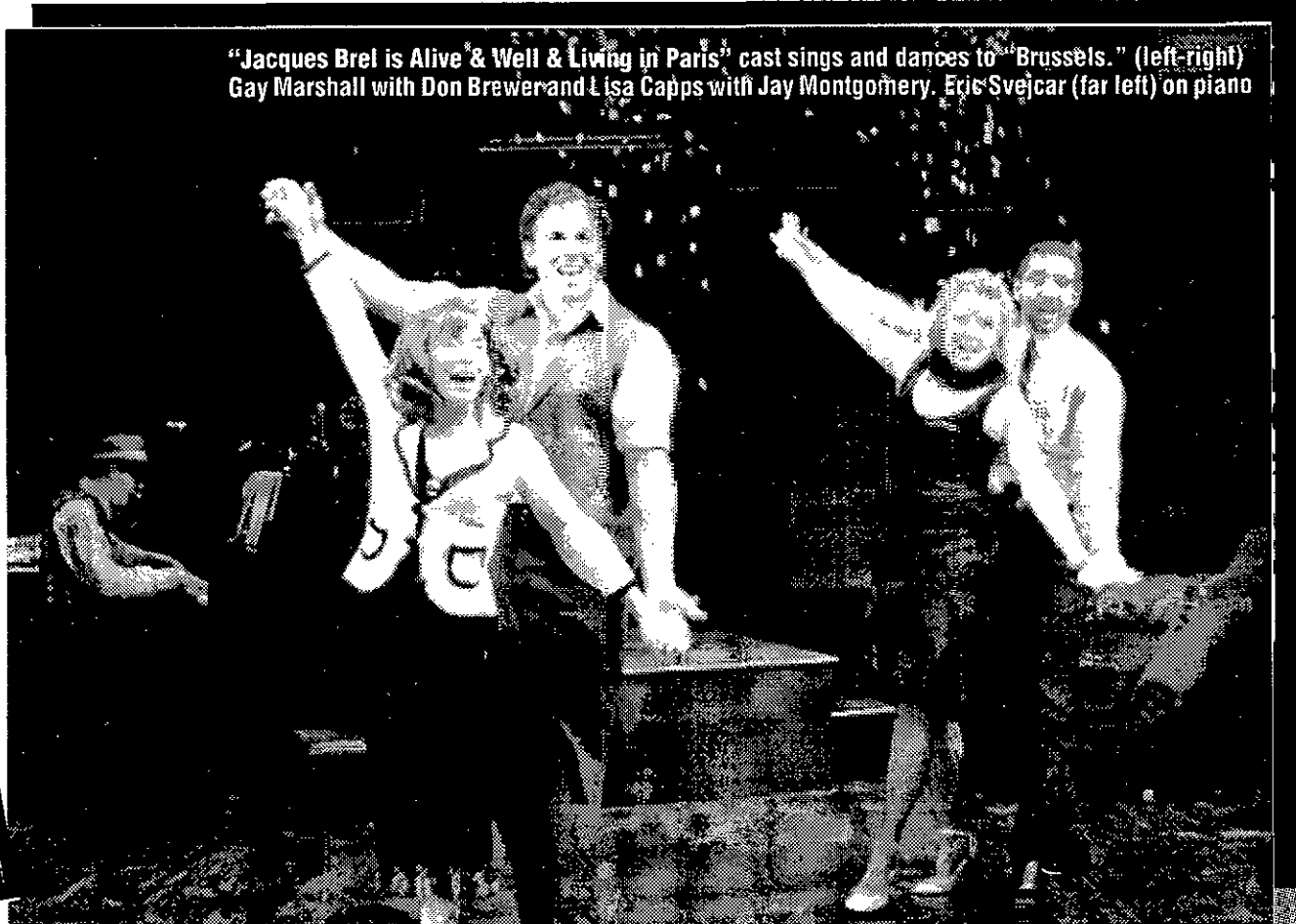
Capital Rep is at 111 N. Pearl St. Tickets are \$33 to \$38. For information or reservations, call 445-7469.



Lisa Capps sings "Timid Frieda" with Don Brewer (left) and Jay Montgomery (right).



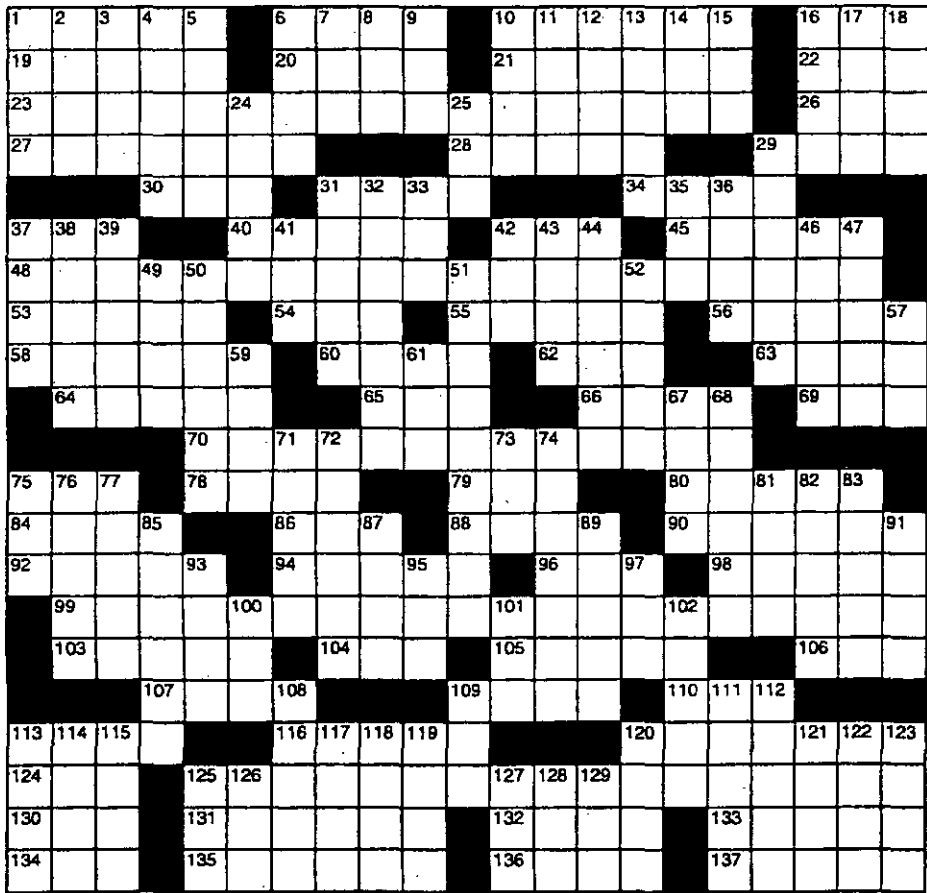
Gay Marshall, direct from Paris, sings "Sons of" in "Jacques Brel Is Alive & Well & Living in Paris"



"Jacques Brel Is Alive & Well & Living in Paris" cast sings and dances to "Brussels." (left-right) Gay Marshall with Don Brewer and Lisa Capps with Jay Montgomery. Eric Svejcar (far left) on piano



# The Super CROSSWORD



- ACROSS**

1 A lot  
6 Bungle  
10 Makes a touchdown  
16 Hen's hubby  
19 Deck type  
20 Ford or Grey  
21 Frolic  
22 Poster abbr.  
23 Start of a remark by Jack Simmons  
26 Distant  
27 Expensive appetizer  
28 Common contraction  
29 Charon's river  
30 Wallach or Whitney  
31 Moore of "G.I. Jane"  
34 Writer Paretsky  
37 Actor Tremayne  
40 Hangs tinsel  
42 Command to Fido  
45 Cries like a baby  
48 Part 2 of remark  
53 React to a pun  
54 Enthusiast  
55 "Dallas" matriarch  
56 Lummo-like  
58 Had a hankering  
60 Mister, in Munich  
62 Architect's add-on  
63 Harness part  
64 Radio and TV  
65 Duncan's denial  
66 "— a Song Go Out of My Heart" ('38 tune)  
69 — Bank, NJ  
70 Part 3 of HST's  
75 HST's successor  
78 On the briny  
79 Service charge  
80 Disconcert  
84 Cubist  
86 Business abbr.  
88 Starchy tuber  
90 Moved like a mouse  
92 — del Sol  
94 Teatime treat  
96 Tachometer meas.  
98 Lawn ornament  
99 Part 4 of remark  
103 Lots of laughter  
104 JFK lander  
105 Intense  
106 Vane letters  
107 Tend the garden  
109 Pipe part  
110 Cry of discovery  
113 Spanish dance  
116 Allen's partner  
120 Passed into law  
124 — Baba  
125 End of remark  
130 —  
131 Lunar spacecraft  
132 Skater  
133 Kovacs or Pyle  
134 Actress Caldwell  
135 Scrimshaw material  
136 Mr. Walesa  
137 Cassandra and Merlin

**DOWN**

1 Fountain order  
2 Nursery furniture  
3 Alan of "California Suite"  
4 Holmes' creator  
5 Reel  
6 Take off  
7 Tyler or Ullmann  
8 Colorado native  
9 Saloon  
10 Trauma aftermath  
11 Spelunker's spot  
12 It bakes the cake  
13 Alex Haley book  
14 Directional suffix  
15 Sault — Marie, MI  
16 27th president  
17 All right  
18 Chico or Karl  
24 Textbook headings  
25 "Ball —"  
29 Finn's friend  
31 See  
32 Distinguished  
33 Flavor enhancer: abbr.  
35 Honest name  
36 Durban dough  
37 Word form for "study"  
38 — Zimbalist, Jr.  
39 Rock's —  
40 Poneys  
41 Ring official  
42 Missouri airport abbr.  
43 Presque —, ME  
44 Dimly illuminated  
46 Solitary sort  
47 "Wake Up Little —" ('57 hit)  
49 Card collection  
50 Silverware city  
51 From now on  
52 Opening remark?  
57 Wrap up  
59 Place to pontificate  
61 Unrefined  
67 "Gracious me!"  
68 Trinidad's neighbor  
71 Voltaire, for one  
72 Reagan and Wilson  
73 Teachers' org.  
74 O'Hara's "From the —"  
75 Cal.  
76 Sag  
77 Follow  
81 "New Yorker" cartoonist  
82 Tend a fire  
83 Macho types  
85 Canada's capital  
87 Dovecote sounds  
89 Soporific substance  
91 With  
93 Down, '58 Frankie  
93 Qualified  
95 Squirrel's snack  
97 "The A-Team" actor  
100 Manipulate  
101 Toque or tam  
102 Hotelier  
103 Heimsley  
109 Silly Caesar  
111 Basketball's Elvin  
112 Paint pigment  
113 "All That —" ('79 film)  
114 Toast topper  
115 Prong  
117 Eye appreciatively  
118 Flatfish  
119 Before long  
120 Engrave  
121 Mood  
122 Kuwaili ruler  
123 Poor grades  
125 Zipper part  
126 — Locka, FL  
127 Form of comm.  
128 Mine find  
129 Incite Rover

**HOCUS-FOCUS** BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Apron is different. 2. Spoon is missing. 3. Left candlestick is taller. 4. Picture is moved. 5. Earring is different. 6. Man's nose is larger.

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F Y V S P M J H E B Y V T Q O  
L I G D W B Y C W T R P M K I  
F D B L K O Y W A U S Q O M K  
I F D B L R R Z X R E N Y A W  
W U S Q O E A R M S T R O N G  
L N L J G L W L U H I E F D C  
A L Y A E L P K C M K V R W V  
T S E D Q E P E C N N O L K I  
H Y N W H K L P C O O G F E C  
B A Z S O Y W O V K R C U S R  
M Q A P N P M H D L C M J I H

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Armstrong	Cronkite	Mandela	Rockwell
Ashe	Dole	McGovern	Wayne
Carter	Hope	Peck	Yeager
Clark	Keller	Powell	

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Clifton Park Spotlight • Burnt Hills Spotlight • Malta Spotlight*

# The Spotlight CALENDAR

## Wed. Jan. 21

### BETHLEHEM

#### DELMAR ROTARY

Quality Inn, Route 9W, 7:30 a.m.  
Information, 767-2930.

#### BETHLEHEM LIONS CLUB

Normanside Country Club, Delmar, 7 p.m.  
Information, 439-4857.

#### ALZHEIMER'S SUPPORT GROUP

Northeast NY Alzheimer's Association  
meetings for families, caregivers, and  
friends; Delmar Presbyterian Church, 585  
Delaware Ave., 7 p.m.

#### SOLID ROCK CHURCH

1 Kenwood Ave., evening prayer and Bible  
study, 7 p.m. Information, 439-4314.

#### ZONING BOARD OF APPEALS

Bethlehem Town Hall, 445 Delaware Ave.,  
Delmar, 7:30 p.m. Information, 439-4955.

#### BINGO

Blanchard American Legion Post, 16  
Poplar Drive, 7:30 p.m. Information, 439-  
9819.

#### BOY SCOUT TROOP 58

Elsmere Elementary School, 247 Delaware  
Ave., 7:30 to 9 p.m.

#### BC SCHOOL BOARD

district office, 90 Adams Place, 8 p.m.  
Information, 439-7098.

#### BETHLEHEM ELKS LODGE 2233

1016 River Road (Route 144), Cedar Hill,  
8 p.m. Information, 767-2886.

#### ORDER OF THE EASTERN STAR

Onesquethaw Chapter, Masonic Temple,  
421 Kenwood Ave., 8 p.m. Information,  
439-2181.

#### TESTIMONY MEETING

First Church of Christ, Scientist, 555  
Delaware Ave., 7:30 p.m. Information,  
439-2512.

#### NEW SCOTLAND

#### FAITH TEMPLE

Bible study, New Salem, 7:30 p.m.  
Information, 765-2870.

#### PRAYER MEETING

evening prayer meeting and Bible study,  
Mountainview Evangelical Free Church,  
Route 155, 7:30 p.m. Information, 765-  
3390.

#### NEW SCOTLAND SENIORS

Wyman Osterhout Community Center,  
New Salem, call for time. Information,  
765-2109.

#### AA MEETING

First United Methodist Church of  
Voorheesville, 68 Maple St., 8 p.m.  
Information, 489-6779.

#### PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library, 51  
School Road, 10:15 a.m. Information,  
765-2791.

## Thurs. Jan. 22

### BETHLEHEM

#### BETHLEHEM SENIOR CITIZENS

Bethlehem Town Hall, 445 Delaware Ave.,  
12:30 p.m. Information, 439-4955.

#### TAKE OFF POUNDS SENSIBLY

Weekly meeting at Delmar Reformed  
Church, 386 Delaware Ave., Delmar, 1-  
2:30 p.m. Information, 465-8732.

#### YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue  
Park, 2-5:30 p.m. Information, 439-0503.

#### ADULT BIBLE STUDY

First Reformed Church of Bethlehem,  
7 p.m., Route 9W, Selkirk. Information,  
767-2243.

### BETHLEHEM LUTHERAN

children's choir, 6:15 p.m., senior choir,  
7 p.m., 85 Elm Ave. Information, 439-  
4328.

#### AA MEETINGS

Slingerlands Community Church, 1499  
New Scotland Road, noon, and Delmar  
Reformed Church, 386 Delaware Ave.,  
8:30 p.m. Information, 489-6779.

#### NEW SCOTLAND

#### THE CLOTHING CLOSET

A service supported by area Reformed  
churches to provide clothing to those in  
need; volunteers welcome. Clarksville  
Reformed Church, Route 443,  
Clarksville, 8:30-11:30 a.m. and 4-7  
p.m. Information, 768-2916 or 439-  
5400.

#### POETS GROUP

Every Other Thursday Night Poets,  
Voorheesville Public Library, 7 p.m.,  
Information 765-2791.

## Fri. Jan. 23

### BETHLEHEM

#### VISUAL SUPPORT GROUP

Strategies to cope with visual  
impairment, led by Dr. Edwin Pesnel.  
Refreshments. Room 101, Bethlehem  
Town Hall, 445 Delaware Avenue,  
Delmar, 1-2 p.m. Sponsored by  
Bethlehem Senior Services. Information,  
439-4955, ext. 4.

#### AA MEETING

First Reformed Church of Bethlehem,  
Route 9W, 7:30 p.m. Information, 489-  
6779.

#### CHABAD CENTER

Friday services, discussion and kiddush  
at sunset, 109 Elsmere Ave. Information,  
439-8280.

#### NEW SCOTLAND

#### PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library,  
51 School Road, 10:15 a.m. Information,  
765-2791.

#### BOOK DISCUSSION

For grades 2 and 3, signup necessary,  
Voorheesville Public Library, 7 p.m., Call  
765-2791.

#### PIONEER CLUBS

For children grades 1 through junior  
high; Mountainview Evangelical Free  
Church, Route 155, 3:45 - 5 p.m.  
Information, 765-3390.

#### YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85,  
New Salem, 7 p.m. Information, 765-  
4410.

## Sat. Jan. 24

### BETHLEHEM

#### AA MEETING

Bethlehem Lutheran Church, 85 Elm  
Ave., 7:30 p.m. Information, 489-6779.

## Sun. Jan. 25

### BETHLEHEM

#### ST. THOMAS THE APOSTLE

Masses Saturday at 5 p.m. and Sunday at  
7:30, 9, 10:30 a.m. and noon, 35 Adams  
Place. Information, 439-4951.

#### ST. STEPHEN'S EPISCOPAL

Holy Eucharist, 8 and 10:30 a.m., coffee  
and fellowship, nursery care provided,  
youth education 9 a.m., church school 10  
a.m., Poplar Drive and Elsmere Avenue.  
Information, 439-3265.

#### BETHLEHEM LUTHERAN

85 Elm Ave., worship services 8 a.m. and

10:30 a.m., coffee/fellowship following  
worship. Sunday School and Bible  
classes 9:15 a.m., infant and nursery  
care, assistive listening devices. Bible  
class for developmentally disabled,  
second and fourth Sundays of each  
month. Information, 439-4328.

#### DELMAR REFORMED

Worship services, 9 & 11 a.m., with child  
care, Sunday school through grade 7,  
T.G.I. Sunday contemporary worship at  
5:30 p.m. with child care and children's  
program through grade 6. 386 Delaware  
Ave. Information, 439-9929 or  
INFO@DRCHURCH.ORG.

#### BETHLEHEM COMMUNITY CHURCH

Worship service 10 a.m.; nursery and  
Sunday school through grade 5 provided  
at both services. 201 Elm Ave.  
Information, 439-3135.

#### SOUTH BETHLEHEM UMC

Sunday school, 9:30 a.m., worship  
service, 11 a.m., followed by coffee hour,  
65 Willowbrook Ave. Information, 767-  
9953.

#### DELMAR FULL GOSPEL

Sunday service, 9:30 a.m., with Sunday  
school and nursery, home groups,  
women's Bible studies and youth group,  
292 Elsmere Ave. Information, 439-4407.

#### FIRST REFORMED OF BETHLEHEM

Church school 9:45 a.m., worship 11  
a.m., fellowship hour after worship; child  
care provided, Route 9W, Selkirk.  
Information 767-2243.

#### FAMILY OF GOD COMMUNITY CHURCH

Church of the Nazarene; Sunday school  
9:45 a.m., worship 11 a.m. and 6 p.m.  
Krumkill Road at Schoolhouse Road,  
North Bethlehem.

#### FIRST UMC OF DELMAR

Sunday school 9:30, Worship service  
9:30 & 11 a.m. (in chapel); adult classes  
and fellowship 11 a.m., child-care  
provided, 428 Kenwood Ave. Information,  
439-9976.

#### MOUNT MORIAH MINISTRIES

Sunday school, 9:45 a.m., morning  
worship, 11 a.m., youth group, 6 p.m.,  
evening service, 7 p.m., Route 9W,  
Glenmont. Information, 426-4510.

#### UNITY OF FAITH CHRISTIAN FELLOWSHIP

Sunday school and worship service, 10  
a.m., 436 Krumkill Road. Information,  
438-7740.

#### FIRST CHURCH OF CHRIST, SCIENTIST

Sunday school and worship service, 10  
a.m., child-care provided, 555 Delaware  
Ave. Information, 439-2512.

#### KING'S CHAPEL

Traditional Baptist Bible service, 10 a.m.;  
434 Route 9W, just south of Glenmont  
Road, Glenmont. Information, 426-9955.

#### BETHLEHEM CONGREGATION OF JEHOVAH'S WITNESSES

Bible lecture, 10 a.m., Watchtower Bible  
Study, 10:55 a.m., Elm Avenue and Feura  
Bush Road. Information, 439-0358.

#### SLINGERLANDS COMMUNITY UMC

Worship service and church school, 10  
a.m., fellowship hour, nursery care  
provided, 1499 New Scotland Road.  
Information, 439-1766.

#### DELMAR PRESBYTERIAN

Worship service, church school, nursery  
care, 10 a.m., fellowship and coffee, 11  
a.m., adult education, 11:15 a.m., family  
communion service, first Sunday, 585  
Delaware Ave. Information, 439-9252.

#### GLENMONT COMMUNITY CHURCH

Sunday school and worship service,  
10:30 a.m., child-care available, 1  
Chapel Lane. Information, 436-7710.

#### SOLID ROCK CHURCH

Worship service, 11 a.m., 1 Kenwood  
Ave. Information, 439-4314.

#### NORMANSVILLE COMMUNITY CHURCH

Worship service, 10 a.m. and 7 p.m.,  
beneath the Normanskill Bridge on

Delaware Ave., Delmar. Information 482-  
2132.

### NEW SCOTLAND

#### ST. MATTHEW'S CHURCH

Masses Saturday at 5 p.m. and Sunday at  
8:30 and 10:30 a.m., Mountain View  
Road, Voorheesville. Information 765-  
2805.

#### FIRST UNITED METHODIST

Early worship, 8:30 a.m., worship  
celebration, 10 a.m., church school  
classes for nursery through high school,  
10 a.m., choir rehearsals, 11:15 a.m., 68  
Maple Ave., Voorheesville. Information  
765-2895.

#### BETHEL BAPTIST CHURCH

Sunday school, 9:15 a.m., worship  
service, 10:15 a.m., Auberge Suisse  
Restaurant, Route 85. Information 475-  
9086.

#### UNIONVILLE REFORMED

Sunday school, 9:15 a.m., worship  
service, 10:30 a.m., followed by  
fellowship, Delaware Turnpike.  
Information 439-5001.

#### CLARKSVILLE COMMUNITY CHURCH

Sunday school, 9:15 a.m., worship  
service, 10:30 a.m., followed by coffee  
hour, nursery care provided, Route 443.  
Information 768-2916.

#### MOUNTAINVIEW EVANGELICAL FREE CHURCH

Family Bible Hour, 9:15 a.m.; worship  
service, 10:30 a.m., nursery care  
provided, Route 155, Voorheesville.  
Information, 765-3390.

#### ONESQUETHAW REFORMED

Worship service, 9:30 a.m., Sunday  
school, 10:45 a.m., Tarrytown Road,  
Feura Bush. Information, 768-2133.

#### FAITH TEMPLE

Sunday school, 10 a.m., worship service,  
7 p.m., New Salem. Information, 765-  
2870.

#### NEW SCOTLAND PRESBYTERIAN CHURCH

Worship service, 10:30 a.m., fellowship  
following worship service; Sunday  
school, 9:15 a.m., nursery care provided;  
2010 New Scotland Road, New Scotland.  
Information, 439-6454.

#### UNITED PENTECOSTAL CHURCH

Sunday school and worship service, 10  
a.m., choir rehearsal, 5 p.m., evening  
service, 6:45 p.m., Route 85, New Salem.  
Information, 765-4410.

#### JERUSALEM REFORMED

Worship service, 10:30 a.m., followed by  
coffee hour, child-care provided, Route  
32, Feura Bush. Information, 439-0548.

#### FAMILY WORSHIP CENTER

Sunday Worship 10:30 a.m., nursery and  
Sunday School available, Thursday night  
prayer and praise at 7 p.m. 92 Lower  
Copeland Hill Road, Feura Bush.  
Information, 768-2021.

#### LIBRARY EVENT

"Afternoon Antics with Arthur," for  
preschoolers, Voorheesville Public  
Library, 1:30 p.m., no signup necessary.

#### EXPLORING LAVA TUBES

Thom Engel shares his experience  
exploring the world's longest lava tubes  
located in Hawaii, slide presentation,  
discussion, Thatcher Nature Center, free.  
Information 872-0800.

## Mon. Jan. 26

### BETHLEHEM

#### PEACE VIGIL

Bethlehem Neighbors For Peace, weekly  
peace vigil, Four Corners intersection,  
Delmar, 5-6 p.m., Information, 439-  
1968.

#### MOTHERS' TIME OUT

Christian fellowship group for mothers of  
preschool children, Delmar Reformed

Church, 386 Delaware Ave., nursery care  
provided, 9:30 to 11 a.m. Information,  
439-9929.

#### DELMAR KIWANIS

Quality Inn, Route 9W, 6:15 p.m.  
Information, 439-2437 or 439-6952.

#### CLASS IN JEWISH MYSTICISM

Delmar Chabad Center, 109 Elsmere  
Ave., 7 p.m. Information, 439-8280.

#### INDOOR PISTOL SHOOTING

Albany County Pistol Club, Winne Place,  
7 to 9 p.m. Also Tuesday. Information,  
439-0057.

#### EXPLORER POST 157

For boys and girls 14-21, focusing on  
environmental conservation, 310  
Kenwood Ave., 7:30-9 p.m. Information,  
439-4205.

#### DELMAR COMM. ORCHESTRA

Rehearsal, Bethlehem Town Hall, 445  
Delaware Ave., 7:30 p.m. Information,  
439-7749.

#### AA MEETING

Bethlehem Lutheran Church, 85 Elm  
Ave., 8:30 p.m. Information, 489-6779.

### NEW SCOTLAND

#### PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library,  
51 School Road, 10:15 a.m. Information,  
765-2791.

#### QUARTET REHEARSAL

United Pentecostal Church, Route 85,  
New Salem, 7:15 p.m. Information, 765-  
4410.

## Tues. Jan. 27

### BETHLEHEM

#### TREASURE COVE THRIFT SHOP

First United Methodist Church, 428  
Kenwood Ave., 9 a.m. to 6 p.m.

#### BINGO

at the Bethlehem Elks Lodge, Route 144,  
7:30 p.m.

#### YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue  
Park, 2-5:30 p.m. Also Thurs. 2-5:30  
p.m. Information, 439-0503.

### NEW SCOTLAND

#### PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library,  
51 School Road, 10:15 a.m. Information,  
765-2791.

#### NIMBLEFINGERS/QUILTERS

Voorheesville Public Library, 51 School

### ZONING BOARD OF APPEALS

New Scotland Town Hall, Route 85, 7  
p.m. Information, 765-3356.

### V'VILLE VILLAGE BOARD

Village Hall, 29 Voorheesville Ave., 7  
p.m. (6 p.m. workshop meeting).  
Information, 765-2692.

## Wed. Jan. 28

### BETHLEHEM

#### DELMAR ROTARY

Quality Inn, Route 9W, 7:30 a.m.  
Information, 767-2930.

#### SOLID ROCK CHURCH

1 Kenwood Ave., evening prayer and  
Bible study, 7 p.m. Information, 439-  
4314.

### TOWN BOARD

Bethlehem Town Hall, 445 Delaware  
Ave., 6:30 p.m. Information, 439-4955.

#### BETHLEHEM TOASTMASTERS

The Clubhouse, Adams Station Apts., 1  
Juniper Drive, Delmar, 7:30 p.m.  
Information, 439-0871.

#### BINGO

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a guide to services for your home

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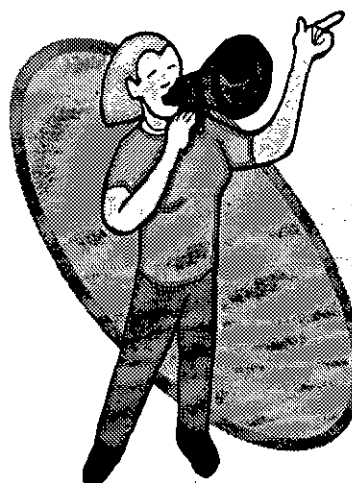
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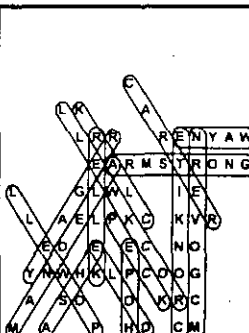
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8:30 AM - 5 PM  
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**Deadline:** Thursday at 5PM for following week



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The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight

### In Schenectady County

Niskayuna Spotlight • Scotia-Glenville Spotlight • Rotterdam Spotlight

### In Saratoga County

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Amount Enclosed: \_\_\_\_\_ Number of Weeks: \_\_\_\_\_

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# Employment CLASSIFIEDS

## HELP WANTED

**CLEANING-** Part Time, Various Locations And Times Available Throughout The Capital District. Offices Only. \$8.00 Per Hour. Must Have Transportation. OMEX- 348-0555.

**CLERK/SECRETARY-** PT, Small Albany environmental law office is looking for a Clerk/Secretary to assist in all aspects of environmental law and land use practice. Hours

are flexible. Send resumes to Law Office, 313 Hamilton St., Albany, NY 12210.

**DRIVER-** We are seeking an experienced driver to join our transportation group. Our van drivers transport adults with developmental disabilities to and from our day treatment program. CDL preferred. Hours are 7-9 a.m. and 3-5 p.m., M-F (20 hours/week). We offer comprehensive benefits, a competitive salary, and a

friendly team environment. Apply to: Transportation Coordinator, New Visions of Albany, 334 Krumkill Road, Slingerlands, NY 12159 518-459-0750, [www.newvisionsofalbany.org](http://www.newvisionsofalbany.org) EOE/AAMF/D/V

**High-Paying Postal Jobs!** No Experience Required! DON'T PAY for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit [www.ftc.gov](http://www.ftc.gov)

to learn more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

**SENIOR TYPIST/RECEPTIONIST:** Shaker Jun or High School 12-month position available asap, starting salary range \$23,918-\$24,396. Apply in writing, including resume to Dr. Russell B. Moore, 475 Watervliet-Shaker Road, Latham, NY 12110 by January 26, 2004.

**EARN UP TO \$550 WEEKLY** Working through the government part-time. No experience. A lot of opportunities. 1-800-493-3688 Code V-95

**\*\*GOVERNMENT & POSTAL JOBS\*\*** PUBLIC ANNOUNCEMENT Now hiring up to \$47,578. Full/ Part positions. Benefits & training. For application and info: (800)573-8555 Dept P-377 8am-11pm/ 7 days.

\$500.00 WEEKLY pos-

sible mailing sales letters from home. Genuine opportunity. Supplies provided. Limited time offer. Call 1-708-536-7040 (24 hours)

**AMERICA'S AIR FORCE** Jobs available in over 150 careers, plus: \*Enlistment bonus for certain careers \*Up to \$10,000 Student loan repayment \*Up to 100% tuition assistance \*High Tech training. High school grads 17-27 or prior service members from any branch, call 1-800-423-USA or visit [AIRFORCE.COM](http://AIRFORCE.COM) U.S. AIR FORCE CROSS INTO THE BLUE.

Assembly/Delivery Techs

Local Stores. Central Region area. Truck/ cargo van req. Great pay/ Benefits. Call toll-free 1-877-250-4791 [www.bike-techinc.com](http://www.bike-techinc.com)

**DATA ENTRY** - Work from home - Flexible hours! Great Pay! Computer required. 1-800-382-4282 ext#11

**Driver - COVENANT TRANSPORT.** Teams and Solos check out our new pay plan. Ask about our Regional Runs. Owner Operators, Experienced Drivers, Solos, Teams and Graduate Students. Call 1-888-MOREPAY (1-888-667-3729)

**DRIVERS: BEST gets BETTER!** Company up to .45. Teams up to .53. 0/0 up to .93 per mile! Also, New Lease Purchase Plan w/ \$0 down! 1-800-CFI-DRIVE [www.cfidrive.com](http://www.cfidrive.com)

**Drivers... MORE CASH, NEW YEAR, NEW PAY!** Dedicated & N.E. Regional runs! HOME WEEKLY! Sign-on bonus. Van & Autohaul. Min 6 mo exp & CDL(A) required. Swift Transportation 800-347-4485 [www.SwiftTruckingJobs.com](http://www.SwiftTruckingJobs.com)

Get a job or Go to college. How about both? Part-time jobs available with full time benefits! Tuition assistance - Cash bonuses and skill training. Have it all in the New York Army National Guard! Our phone number is the same as our web site: [www.1-800-GO-GUARD](http://www.1-800-GO-GUARD).

# Real Estate CLASSIFIEDS

## REAL ESTATE

Lake Redfield access-state land 5 acres- \$9,900. Lake Altmar access- 20ac- \$19,900 Lake Pleasant- 1600' Lake/ 100ac- \$180K 40 NY snowmobiling/ hunting properties. Financing 1-888-683-2626 [www.land-first.com](http://www.land-first.com)

## REAL ESTATE FOR RENT

**DELMAR-** 3 Bedroom. Near Four Corners. \$1,000/month. + Utilities. With Garage. Available 2/1. 439-8229.

**DELMAR:** Large Colonial, 4 bedrooms, 2 1/2 bathrooms, living room, family room and sunroom, \$1,500+ utilities. Call- 433-0162.

**DOWNTOWN ALBANY-** \$575, 5 Minute Walk To Plaza. 2 Bedroom, Kitchen With W/D Hookup, Dishwasher. 475-9983.

**DUPLEX FOR RENT-** 2-

Bedroom 1-Bath, Eat-in Kitchen, Living Room, Private Deck, Washer/Dryer, Heated Garage. Near Crossgates, No Pets. \$875. 765-4219.

**STOP FORECLOSURES TODAY!** We Buy Your Problem. Call Today! 378-1771.

**UNFURNISHED APARTMENT-** 2 Bedroom, 2 Bath, \$885+. Shaker Run Sublet 2 Months or Longer. Jan 23rd- April 1st. 588-2427 Or 452-0715.

**WATERVLIET-** \$600+, 1 Bedroom Many Extras, Big, Quiet, Clean, Close To 787, Latham. 271-6060

## REAL ESTATE FOR SALE

**GUILDERLAND-** 3 Bedroom, 2 Baths, Fireplace, Hardwood Floors, 1 Acre, Excellent Location. \$179,000. 872-2154.

**ROTTERDAM-** 2 Bedrooms, 1 Bath, LR, Large Family Room, Sunny En-

closed Porch, Large Yard. \$89,900. 355-8480.

## HOUSES FOR SALE

**FORECLOSED GOV'T HOMES \$0 or Low down!** Tax repos and bankruptcies! No Credit O.K. \$0 to low down. For listings (800)501-1777 ext 1099

## REAL ESTATE WANTED

3-4 Bedroom House Wanted To Rent In Colonie Or Latham Rent No More Than \$1,100. 470-0192.

## COMMERCIAL FOR LEASE

**DELAWARE PLAZA - DELMAR** - Retail space available. For leasing information call Delaware Plaza Associates at 439-9030.

**DELMAR:** front office/retail space for rent, 1,000 sq. ft., Spotlight Building, 125 Adams St., Delmar, 439-0568.

Prime 1st Floor Offices, 264 Delaware Ave. Excellent Visibility, Signage And Parking. Either 500, 1390 or 1890 Sq. Ft. 439-4294.

## VACATION PROPERTIES

New golf front home \$199,900. Spectacular Carolina Mtn home on 18 hole course near Asheville NC. Enjoy mild climate, great golf, low taxes & low cost of living! Huge savings going on now. FREE VIDEO Call toll-free 1-866-334-3253 X 610

## VACATION RENTALS

**FLORIDA,** Bradenton-Villa, 2/2, Min To Beach, Close To Everything. Available April-. \$1,800. 573-1920 Or (941) 795-5443.

**FT. MYERS BEACH,** SPACIOUS, IMMACULATE FURNISHED HOUSE On Beach, 2 +BR, 2 Baths, A/C, \$1100/

week, \$3800/month. Available Immediately. (239)-481-7803.

**MYRTLE BEACH/ North, SC- OCEANFRONT!** To \$150 Discount Summer Beach Rental. Private homes/ condos. Spring/ Summer Get-A-Ways! Free Brochure. Call 1-800-525-0225, or [www.elliottrealty.com](http://www.elliottrealty.com) - Preview Properties!

**OCEAN CITY, MARYLAND.** Best selection of affordable rentals. Daily weekly. Call now for free brochure. Open seven days. Holiday Real Estate. 1-800-638-2102 [www.holidayoc.com](http://www.holidayoc.com)

**OUTER BANKS, NC** - Vacation Corolla w/ family. Pine Island North - Ocean Sound. Accommodate 8-24 people pools, elevators, golf, pets. Corolla Classic Vacation, brochure, call toll-free 866-453-9660 or corolla classicvacations.com

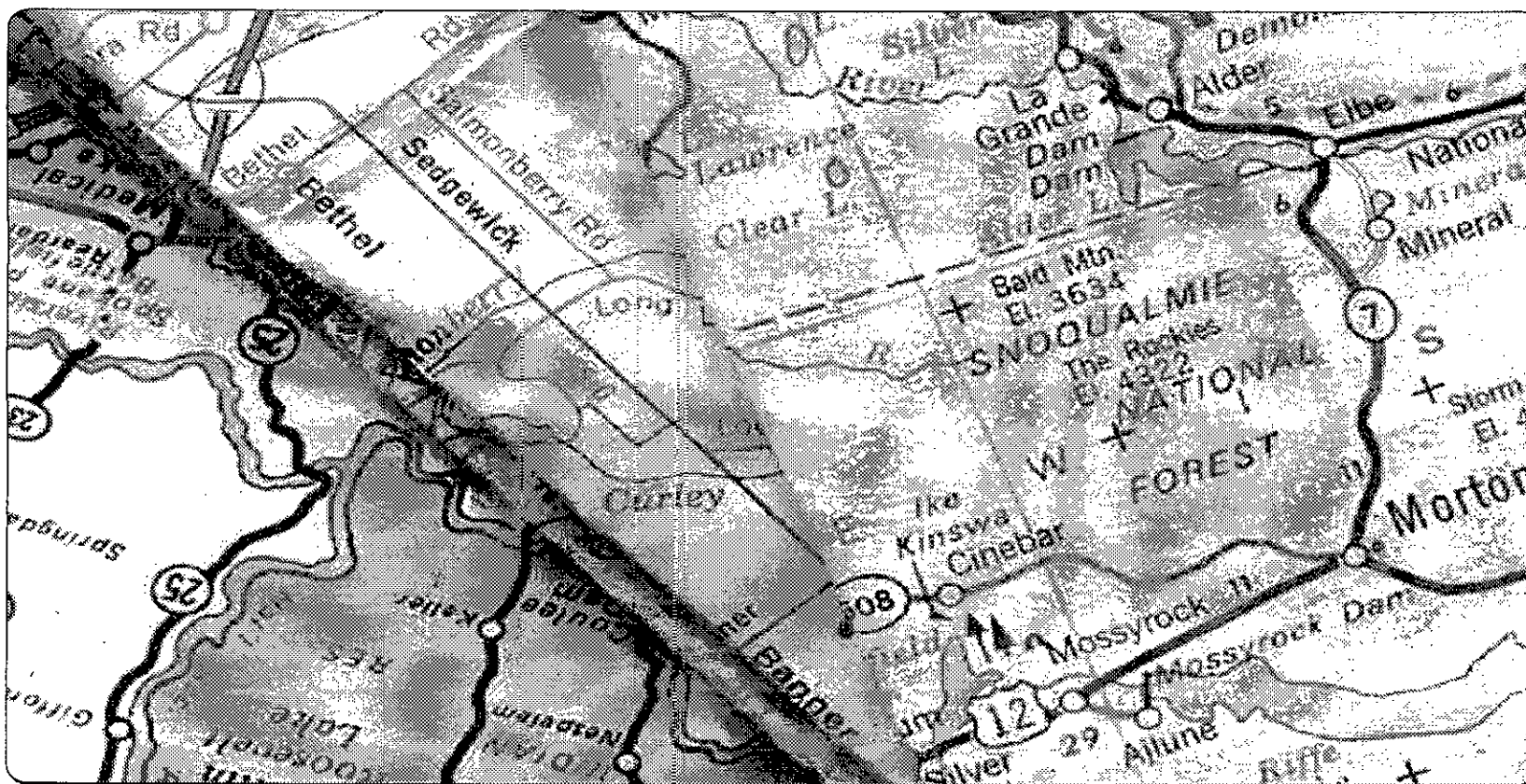
## Automotive CLASSIFIEDS

## AUTOMOTIVE FOR SALE

1999 CHEVY LUMINA - A Gem Of A Car, Serviced Very Well. Quiet, Spacious, Comfortable. Deluxe Package Including CD/ Cruise, Running Lights, 83K, Asking \$4,900. 439-5831 or 542-9557.

2000 HONDA CIVIC EX AUTO, AM/FM/CD, AC/ CRUISECONT., POWER MOON ROOF, REMOTE ENTRY, ABS 38,000, STILL UNDER DEALER WARRANTY PLUS ADDITIONAL 100,000 MI WARRANTY. \$11,800. WHITE W/BUE INT. EXCELLENT CONDITION. 439-3966, 424-8604.

# Let Your Business Be Found



Call Spotlight Newspapers at 439-4949 to place your ad.

*The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight  
Niskayuna Spotlight • Rotterdam Spotlight • Scotia-Glenville Spotlight  
Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight • Malta Spotlight*



**LEGAL NOTICE****LEGAL NOTICE****ARTICLES OF ORGANIZATION OF BYLSMA, LLC**

Under Section 203 of the Limited Liability Company Law of the State of New York

THE UNDERSIGNED, being a natural person of at least eighteen (18) years of age and acting as the organizer of BYLSMA, LLC, the limited liability company (the "Company") hereby being formed under Section 203 of the Limited Liability Company Law of the State of New York (the "LLCL"), certifies that:

FIRST: The name of the Company is BYLSMA, LLC (hereinafter referred to as the "Company").

SECOND: The county within the State of New York in which the office of the Company is to be located is Albany County.

THIRD: The Secretary of State is designated as the agent of the Company upon whom process against the Company may be served. The post office address within or without the State of New York to which the Secretary of State may mail a copy of any process against the Company served upon such Secretary of State, c/o Waite & Associates, P.C., 90 North Pearl Street, Albany, NY 12207.

FOURTH: The Company is to be managed by one or more members.

FIFTH: The Company shall have the power to indemnify, to the full extent permitted by the LLCL, as amended from time to time, all persons whom it is permitted to indemnify pursuant thereto.

SIXTH: The purpose of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the LLCL.

IN WITNESS WHEREOF, I have subscribed this certificate and do hereby affirm the foregoing as true under the penalties of perjury, this 20th day of November, 2003.

JOHN R. BYLSMA  
Sole Organizer  
LD-9294  
(January 21, 2004)

**LEGAL NOTICE**

Domenica/Michael's, LLC

Notice of Formation of the Above Limited Liability Company (LLC) Articles of Organization filed with the Secretary of State of NY ("SSNY") on December 17, 2003. Office Location: Rensselaer County, SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC, 85 Sherman Ave Troy NY, 12180 No registered agent. For all legal purposes.

LCD-9298  
(January 21, 2004)

**LEGAL NOTICE**

NOEL E. GEBAUER, LLC

Notice of formation of Noel E. Gebauer, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 12/1/03. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be

**LEGAL NOTICE**

served. The SSNY shall mail a copy of any process to the LLC, 150 Salisbury Road, Delmar, New York 12054. The purposes of the LLC are to act in connection with retailing of golf merchandise and service to those interested in golfing; and to incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the Limited Liability Company. LCD-9255 (January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the Town of Bethlehem Elm Avenue Park Pool Complex - Pool Wall/Gutter Joint Repair.

The work includes providing all labor, materials, machinery, tools equipment and other means of construction necessary and incidental to the completion of work shown on the plans and specifications including, but not necessarily limited to the following: The pool wall/gutter joint repair for three existing swimming pools, (diving pool, main pool and learn to swim pool).

Bids will be received up to 3:00 p.m. on the 12th day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Mrs. Theresa Egan, Supervisor of the Town of Bethlehem, 445 Delaware Avenue, Delmar, New York. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9387  
(January 21, 2004)

**LEGAL NOTICE**

Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 6055 Rockside Woods Blvd., Independence, OH 44131. Arts. of Org. filed with DE Sec'y. of State, John G. Townsend Bldg., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-9376 (January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for Utility Repair Crews for the use of said Town for the year 2004.

Bids will be received up to 2:55 p.m. on the 4th day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9385  
(January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the rental of heavy construction equipment for use by the Highway Department and the Department of Public Works, as and when required.

Bids will be received up to 2:40 p.m. on the 4th day of February 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in and/or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9388  
(January 21, 2004)

**LEGAL NOTICE**

Notice of Qualification of Linde Gas LLC. Authority filed with Sec'y. of State of N.Y. (SSNY) on 12/16/03. Office location: Albany County. LLC formed in Delaware (DE) on 11/5/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service

**LEGAL NOTICE**

Dated: January 14, 2004  
LD-9386  
(January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the Rental of Track Excavator for the use of said Town for the year 2004.

Bids will be received up to 2:30 p.m. on the 4th day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9382  
(January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Topsoil for the use of said Town for the year 2004.

Bids will be received up to 3:20 p.m. on the 4th day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9381  
(January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town

**LEGAL NOTICE**

Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Milling for the use of said Town for the year 2004.

Bids will be received up to 3:10 p.m. on the 4th day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9380

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Heating Oil for the use of said Town for the year 2004.

Bids will be received up to 2:40 p.m. on the 3rd day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9382  
(January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of In-Place Paving for the use of said Town for the year 2004.

Bids will be received up to 3:20 p.m. on the 4th day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9379  
(January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Gravel for the use of said Town for the year 2004.

Bids will be received up to 3:00 p.m. on the 3rd day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9381  
(January 21, 2004)

**LEGAL NOTICE**

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Washed Crushed Stone for the use of said Town for the year 2004.

Bids will be received up to 2:50 p.m. on the 3rd day of February,

**LEGAL NOTICE**

2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9378  
(January 21, 2004)

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Gasoline and Diesel Fuel for the use of said Town for the year 2004.

Bids will be received up to 2:30 p.m. on the 3rd day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9380

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Heating Oil for the use of said Town for the year 2004.

Bids will be received up to 2:40 p.m. on the 3rd day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9377  
(January 21, 2004)

LEGAL NOTICE

NOTICE OF APPLICATION FOR AUTHORITY OF LLC

EGL Realty Partnership L.P., a limited liability company organized under the laws of Delaware whose Certificate of Formation was filed on December 29, 2003 with the Delaware Secretary of State whose address is 615 South DuPont Highway, in the City of Dover, County of Kent, 19901, filed an Application for Authority to do Business in New York State with the New York Secretary of State on January 8, 2004. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company served upon such Secretary of State is Michael J. Mulvaney, MD, 18 McKown Road, Albany, New York 12209. LD-9364 (January 21, 2004)

LEGAL NOTICE

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LEGAL NOTICE

NOTICE OF APPLICATION FOR AUTHORITY OF LLC

EGL Realty Partnership L.P., a limited liability company organized under the laws of Delaware whose Certificate of Formation was filed on December 29, 2003 with the Delaware Secretary of State whose address is 615 South DuPont Highway, in the City of Dover, County of Kent, 19901, filed an Application for Authority to do Business in New York State with the New York Secretary of State on January 8, 2004. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company served upon such Secretary of State is Michael J. Mulvaney, MD, 18 McKown Road, Albany, New York 12209. LD-9364 (January 21, 2004)

**LEGAL NOTICE**

New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9378  
(January 21, 2004)

LEGAL NOTICE

NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Gasoline and Diesel Fuel for the use of said Town for the year 2004.

Bids will be received up to 2:30 p.m. on the 3rd day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York.

Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York.

The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 14, 2004  
LD-9377  
(January 21, 2004)

LEGAL NOTICE

NOTICE OF APPLICATION FOR AUTHORITY OF LLC

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LEGAL NOTICE

NOTICE OF APPLICATION FOR AUTHORITY OF LLC

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## LEGAL NOTICE

## LEGAL NOTICE

Notice of Qualification of Suburban Albany Property, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 1/2/04. Office location: Albany County. LLC formed in Delaware (DE) on 12/17/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Janice Meola, 1 Suburban Plaza, 240 Rt. 10W, Whippany, NJ 07981, principal office of LLC. Cert. of Form. filed with DE Secy. of State, Div. of Corps., 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-9349 (January 21, 2004)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Name: Comfort Living Realty Group, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on September 29, 2003. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 9 Clare Castle Dr., Albany, NY 12205. Purpose: Property Management and Rentals. LCD-9336 (January 21, 2004)

## LEGAL NOTICE

Notice of Publication S & L DELUXE HOMES, LLC was filed with SSNY on 01/02/2004. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: THE LLC, PO BOX 492, MONSEY, NY 10952. Purpose: any lawful purpose. LCD-9325 (January 21, 2004)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: SHELROCK HOMES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on January 2, 2004. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 4 Walker Way, Albany, New York 12205. For any lawful purpose. LCD-9319 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of Financial Service Solutions Information Systems, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/18/03. Office location: Albany County. LLC

## LEGAL NOTICE

formed in Delaware (DE) on 4/22/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Principal office of LLC: 100 North Tryon St., 37th Fl., Charlotte, NC 28202. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: technology services and development. LD-9318 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of Financial Service Solutions, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/18/03. Office location: Albany County. LLC formed in Delaware (DE) on 4/22/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Principal office of LLC: 214 North Tryon St., Suite 2300, Charlotte, NC 28202. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: provider of fulfillment technology and services for lenders of residential first mortgages. LD-9317 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of Poughkeepsie Building Associates, L.L.C. Authority filed with Secy. of State of N.Y. (SSNY) on 12/29/03. Office location: Albany County. LLC formed in New Jersey (NJ) on 12/1/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. NJ address of LLC: 18 Columbia Tpke., Florham Park, NJ 07932. Arts. of Org. filed with NJ Secy. of State, Div. of Revenue, 225 W. State St., Trenton, NJ 08608. Purpose: any lawful activities. LD-9316 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of Wells 60 Broad Street, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 12/24/03. Office location: Albany County. LLC formed in Delaware (DE) on 12/9/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-9282 (January 21, 2004)

## LEGAL NOTICE

cess may be served. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-9314 (January 21, 2004)

## LEGAL NOTICE

Notice of Formation of 547 Broadway LLC, Art. of Org. filed Sec'y of State (SSNY) 12/18/03, with an exist date of 1/1/04. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process: 547 Broadway, Watervliet, NY 12189. Purpose: any lawful purpose. LCD-9311 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of Claas of America LLC. Authority filed with Secy. of State of NY (SSNY) on 12/12/03. Office location: Albany County. LLC formed in Delaware (DE) on 10/1/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207, registered agent upon whom process may be served. DE address of LLC: c/o CSC, 2711 Centerville Rd., Suite 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, P.O. Box 898, Dover, DE 19903. Purpose: any lawful activities. LD-9297 (January 21, 2004)

## LEGAL NOTICE

Notice of formation of L.A.B. SERVICES, LLC a NYS limited liability company (L.L.C.). Formation filed with SSNY on 11/04/2003. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 1213 Avenue Z, Unit #E-9, Brooklyn, NY 11235. Purpose: All lawful purposes. LD-9296 (January 21, 2004)

## LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is 20 COLUMBIA COUNTY COMMERCE CENTER, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 22, 2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary

## LEGAL NOTICE

of State shall mail a copy of any process against the LLC is 9 Washington Square, Albany, New York 12205. LD-9295 (January 21, 2004)

## LEGAL NOTICE

Notice of formation of TBB WEALTH ADVISORS, LLC a NYS limited liability company (L.L.C.). Formation filed with SSNY on 11/24/2003. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 4 Executive Park Drive, Albany, NY 12203. Purpose: All Lawful purposes. LD-9284 (January 21, 2004)

## LEGAL NOTICE

Notice of Publication 129 REALTY ASSOCIATES, LLC was filed with SSNY on 12/10/2003. Office: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 580 5TH AVENUE, NEW YORK, NY 10036. Purpose: any lawful purpose. LCD-9286 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of Security National Properties Funding, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 12/10/03. Office location: Albany County. LLC formed in Alaska (AK) on 10/7/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 323 Fifth St., Eureka, CA 95501. Arts. of Org. filed with AK Dept. of Community & Economic Development, 150 Third St., Juneau, AK 99801. Purpose: any lawful activity. LD-9283 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of Perot Systems Healthcare Services LLC. Authority filed with Secy. of State on N.Y. (SSNY) on 12/9/2003. Fictitious name in NY State: PSHS. Office location: Albany County. LLC formed in Delaware (DE) on 6/4/1999. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 494 Washington Avenue, Albany, New York 12203. Purpose: For any lawful purpose. LD-9269 (January 21, 2004)

## LEGAL NOTICE

pose: any lawful activity. LD-9282 (January 21, 2004)

## LEGAL NOTICE

Notice of formation of ALMONTE & BRATKOVSKY, P.L.L.C. a NYS professional limited liability company (P.L.L.C.). Formation filed with SSNY on 12/19/2003, existence date 01/01/2004. Off. Loc.: Albany Co. SSNY designated as agt. of PLLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 41 State Street, Ste. 408, Albany, NY 12207. Purpose: All Lawful purposes. LD-9284 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of RD AIR, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 11/26/03. Office location: Albany County. LLC formed in Michigan (MI) on 1/30/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: 4949 Harrison Ave., Ste. 200, Rockford, IL 61108. Arts. of Org. filed with MI Secy. of State, 208 N. Capitol Ave., Lansing, MI 48933. Purpose: any lawful activity. LD-9277 (January 21, 2004)

## LEGAL NOTICE

Notice of Formation of California Avenue Hotel Associates, L.L.C., Art. of Org. filed Sec'y of State (SSNY) 11/21/03. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process: Edward S. Knapp c/o Stulamke Kohn & Richardson LLP, 524 Broadway, Albany, NY 12207. Purpose: any lawful purpose. LCD-9273 (January 21, 2004)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 494 WASHINGTON, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/26/02. The latest date of dissolution is 12/31/2101. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 494 Washington Avenue, Albany, New York 12203. Purpose: For any lawful purpose. LD-9269 (January 21, 2004)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MOBILE DIAGNOSTIC INSTRUMENTS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/17/03. The latest date of dissolution is 12/31/2102. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 395 Sheridan Avenue, Albany, New York 12206. Purpose: For any lawful purpose. LD-9256 (January 21, 2004)

## LEGAL NOTICE

MENTS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/05/03. The latest date of dissolution is 12/31/2103. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 100 Willow Street, Guilford, New York 12084. Purpose: For any lawful purpose. LD-9265 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of PGA SAFEGUARD 2, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 12/3/03. Office location: Albany County. LLC formed in Delaware (DE) on 11/12/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207, registered agent upon whom process may be served. DE address of LLC: c/o CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Federal & Duke of York St., Dover, DE 19901. Purpose: any lawful activity. LD-9260 (January 21, 2004)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: FRADANA, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/05/03. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 217 Wolf Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-9257 (January 21, 2004)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: UNGERMAN REALTY, L.L.C.. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/17/03. The latest date of dissolution is 12/31/2102. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 395 Sheridan Avenue, Albany, New York 12206. Purpose: For any lawful purpose. LD-9256 (January 21, 2004)

## LEGAL NOTICE

Notice of Formation of Arroyo Copland & Associates, PLLC, Art. of Org. filed Sec'y of State (SSNY) 11/19/03. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207, registered agent upon whom process may be served. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-9282 (January 21, 2004)

## LEGAL NOTICE

03. Office location: Albany County. SSNY designated as agent of PLLC upon whom process may be served. SSNY shall mail copy of process: 219 Great Oaks Blvd., Albany, NY 12203. Purpose: any lawful purpose. LCD-9250 (January 21, 2004)

## LEGAL NOTICE

Notice of Qualification of Rubloff Jet Express, L.L.C. Authority filed with Secy. of State of N.Y. (SSNY) on 12/1/03. Office location: Albany County. LLC formed in Illinois (IL) on 1/31/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Co., 80 State St., Albany, NY 12207. IL address of LLC: 4949 Harrison Ave., Ste. 200, Rockford, IL 61108. Arts. of Org. filed with IL Secy. of State, Howlett Bldg., Rm 351, Springfield, IL 62756. Purpose: any lawful activity. LD-9251 (January 21, 2004)

## LEGAL NOTICE

Notice of Formation of 151 4th Street Associates, LLC, Art. of Org. filed Sec'y of State (SSNY) 11/20/03. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process: c/o Mercer Development, LLC, Three E-Comm Square, Albany, NY 12207. Purpose: any lawful purpose. LCD-9249 (January 21, 2004)

## LEGAL NOTICE

SURE GLOW REALTY OF ALBANY, LLC, Notice of formation of a domestic Limited Liability Company (LLC) Articles of Organization filed with the New York Secretary of State on December 22, 2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 23 Nicholas Drive, Albany, New York 12205. LCD-9312 (January 21, 2004)

## LEGAL NOTICE

THE GODFREY FINANCIAL GUIDES, LLC. Notice of Formation of Limited Liability Company. Articles of Organization of The Godfrey Financial Guides, LLC ("LLC") were filed with the Department of State of New York ("SSNY") on January 7, 2004. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207, registered agent upon whom process may be served. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-9282 (January 21, 2004)

## LEGAL NOTICE

it may be served. SSNY shall mail a copy of any process to the Godfrey Financial Guides, LLC, c/o 11 British American Boulevard, Latham, New York 12110. LLC does not have a specific date of dissolution. Purpose: All legal purposes.

Filer: Law Office of Kara Conway Love  
Address: 450 New Karner Road, Suite 203  
Albany, New York 12205-3898  
LCD-9371 (January 21, 2004)

## LEGAL NOTICE

TOWN OF BETHLEHEM. NOTICE OF RECEIPT OF TAX ROLL AND WARRANT. TAKE NOTICE, that I, Nancy Mendick, the undersigned Receiver of Taxes and Assessments for the Town of Bethlehem, have received the tax roll and warrant for the collection of taxes and will receive payments thereon Monday through Friday from 8:30 A.M. to 4:30 P.M. and on Saturday, January 31st from 9:00 a.m. to the Bethlehem Town Hall, 445 Delaware Avenue, Delmar, New York for the properties assessed upon such roll. NO COLLECTION FEE DURING JANUARY 1% collection fee during February 2% collection fee during March. TAKE FURTHER NOTICE, that pursuant to the provisions of law the tax roll of the Town of Bethlehem will be returned to the County of Albany Director of Finance on April 1, 2004.

Nancy Mendick  
Town of Bethlehem  
Receiver of Taxes & Assessments  
LD-9357 (January 21, 2004)

## LEGAL NOTICE

TPO REALTY, LLC, Notice of formation of a domestic Limited Liability Company (LLC) Articles of Organization filed with the New York Secretary of State on December 19, 2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 704 Elm Avenue, Selkirk, New York 12158. LCD-9306 (January 21, 2004)

## LEGAL NOTICE

TPO, LLC, Notice of formation of a domestic Limited Liability Company (LLC) Articles of Organization filed with the New York Secretary of State on December 19, 2003. The purpose of the LLC is to engage in any lawful act or activity. The office of the

## LEGAL NOTICE

LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 704 Elm Avenue, Selkirk, New York 12158. LCD-9305 (January 21, 2004)

## LEGAL NOTICE

WOLF ROAD PARK II, LLC. Notice of Formation of Limited Liability Company. Certificate of Conversion of WOLF ROAD PARK, a Partnership, to WOLF ROAD PARK II, LLC ("LLC") was filed with the Department of State of New York ("SSNY") on January 12, 2004. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process to Wolf Road Park II, LLC, 14 Hemlock Street, P.O. Box 517, Latham, New York 12110. LLC does not have a specific date of dissolution. Purpose: All legal purposes. Filer: Law Office of Kara Conway Love  
Address: 450 New Karner Road, Suite 203  
Albany, New York 12205-3898  
LCD-9390 (January 21, 2004)

## LEGAL NOTICE

NOTICE TO BIDDERS. NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Guide Rail for the use of said Town for the year 2004. Bids will be received up to 3:20 p.m. on the 3rd day of February, 2004 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM  
KATHLEEN A. NEWKIRK, CMC.  
RMC  
TOWN CLERK  
Dated: January 14, 2004  
LD-9384 (January 21, 2004)

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# Sometimes good food just comes naturally

At Hannaford, we make it easy to find the things you need to maintain a fit and healthy lifestyle.

Throughout our store you'll discover a huge selection of natural and organic products that you'd normally have to go to a health store to find.

While making your rounds, stop by our **Pharmacy** to meet Steve Corson, our friendly pharmacist. He'll be happy to tell you about our convenient products and services that will help keep you on a healthy path.

Join us Saturday,  
January 24th for

## Wellness Day

- Sample natural and organic foods
- Health & Beauty care samples & demos
- Kids Healthy Eating giveaways
- Mega Gift Basket raffle
- Meet pharmacist Steve Corson
- Pharmacy giveaways



Discover the Wonders