

Brooks named
to Sen. Clinton's staff
O See Page 3

Celebrate winter
at Grafton park

Health, Diet
& Fitness
O Supplement inside

3043 10-08-05
2M 63P 32S
BETHLEHEM PUBLIC LIBRARY
451 DELAWARE AVE
DELMAR NY 12054-3042

The Spotlight

Serving the Towns of Bethlehem & New Scotland

Volume XLVIII No. 51 75 cents

January 19, 2005

Public to have say on EPA dewatering

By LIBBY SCHIRMER

Bethlehem residents will get the chance tonight to air concerns about the Hudson River dredging project to which their town was chosen to play host, and with construction for the dewatering facilities for the Hudson River dredging project estimated to begin sometime late

mitigation fees or other benefits.

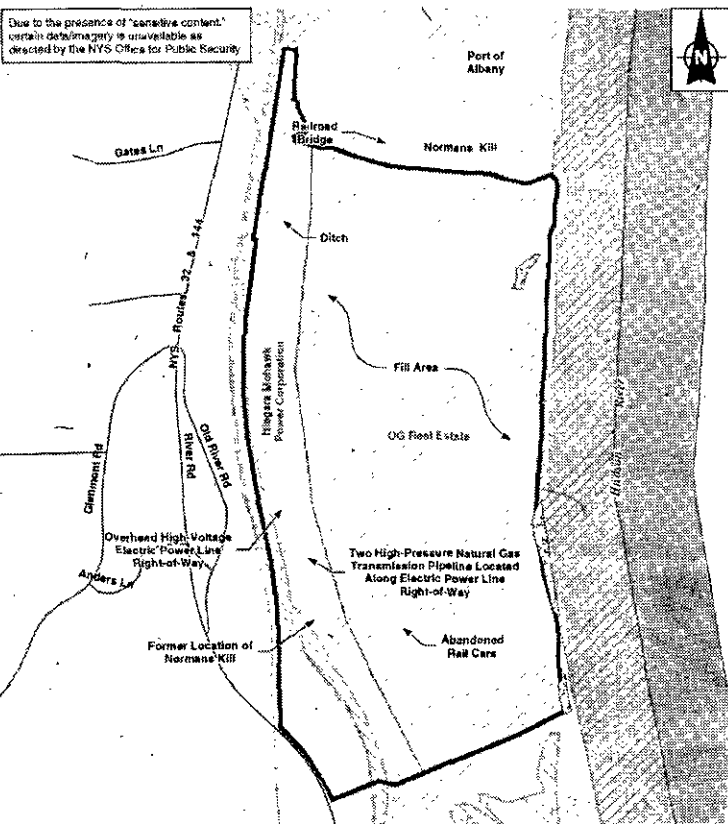
But the Department of Environmental Conservation and the governor's office, while in support of the project, appear committed to provide assistance to the two communities designated as finalists for the project.

Fort Edward, along with Bethlehem, was chosen as a host for the project before Christmas.

"DEC has agreed to pursue what kinds of funds are available to the town so we can hire our own experts to see what kinds of quality of life standards, community health and safety standards should be set standards," Supervisor Theresa Egan said. "There needs to be some kind of independent assessment so we can be sure they are appropriate, high enough standards so our residents continue to be safe."

Egan, who, along with Public Commissioner George

Due to the presence of "sensitive content," certain details may be unavailable as directed by the NYS Office for Public Security.



this year or early next year, town officials are busy making sure their town gets the best deal possible.

The \$500 million, six-year-plus endeavor to rid the Upper Hudson River of 30 years' worth, or 2.65 million cubic pounds of, PCBs is a Superfund project, so host communities stand no chance of

Egan logs one full year in office

By LIBBY SCHIRMER

The year of the monkey, 2004, was all business for Supervisor Theresa Egan. The close of the year marked the end of her inaugural year as town leader, but the beginning of fruition for things envisioned in 2004, she said.

"It's been a very, successful year, very fast," Egan said. "We accomplished a lot of what we set out to do."

A policy of professionalism, productivity and efficiency has set a bar for government operations

LEGAN/page 14

Board: Mining is allowable use

By LIBBY SCHIRMER

Limestone mining is an allowable use on a 4.6-acre piece of property zoned rural/not zoned, and is an activity that has been going on for years on the piece of property off of Old Quarry Road, the Zoning Board of Appeals determined at its Jan. 5 meeting.

The 4-0 decision affirmed a determination by Building Inspector Mark Platel that mining had occurred on the property owned by Peter Frueh before Aug. 7, 2004, making the mining an allowable procedure. Platel visited

the site in May 2004 and obtained a number of invoices and receipts that he reviewed, eventually deciding that mining had occurred before the August 2004 date. The Department of Environmental Conservation had already come to such a conclusion.

"Of course it's an allowable use; it's always been an allowable use," Frueh said Monday. "All kinds of mining goes on. That's what happens in rural lands."

Frueh said he's been mining on that land for years, a fact that a grassroots coalition of homeowners disputed, saying the proof he documented was not

sufficient for Platel's determination. At the public hearing regarding the appeal at the ZBA Oct. 20 meeting, the Fruehs said they have taken a number of materials from the ground of the 180-acre property, including clay, topsoil and rock that includes cobble rock and lime rock.

The Feura-Bethlehem Heights Alliance also said that any mining on that property, near the intersection of Collabek and Old Quarry roads, would harm the water supply to neighboring homes, which rely on well supply.

MINING/page 10

V'ville board plans to make repairs

By MARTIN J. BANNAN

If practice leads to perfection then it can be said that planning results in cost effectiveness. A least that's the recurring consensus among Voorheesville school officials and board members as they tackle a shopping list of repairs and big ticket item purchases

anticipated in the near future.

Leading the list are buses, which after so many miles and years of service become too costly to maintain. This year the district plans to purchase four of them, two 60 passenger buses and two smaller ones holding 20 passengers. School district business official, Sarita Winchell said the district plans to go out for bidding

in March and expects to have the buses by summer.

V'VILLE/page 16

Winter walk



John and Josselynn Roosenberg walk with their grandmother Ann Roosenberg at Five Rivers Sunday.

Jim Franco



Horror films to chill at Dead of Winter Festival

By DAMIAN PAGANO

As a child, Bruce G. Hallenbeck was drawn to the dark side of movies.

He loved horror films — the tales of vampires, werewolves and robot monsters. The movies' monsters had visual appeal and the storylines represented catharsis — the change that comes when a person goes toe to toe with something bad.

"It's escapism from things that are truly evil in the world," he said. "These films are about facing up to the dark side and being able to walk away from it."

Hallenbeck and his wife, Rosa, have organized a film festival for people who share that cinematic interest, and for anyone who has ever sat, fixated, while the celluloid boogey man moved in for the kill. The Dead of Winter

Film Festival will take place at the State Museum in Albany. The festival features 11 locally made films and starts at 10 a.m. on Jan. 22. It is not recommended for children under 17.

Hallenbeck, 52, of Kinderhook, is one of the filmmakers who will show his work. He has been making movies since he was 11 years old, and he plans to premier his most recent film during the festival. "London After Midnight" is a story about two people who fight the dark forces of evil, and it draws influence from the X-files and The Avengers TV series, as well as from the fiction of H.P. Lovecraft.

The title is the same as a classic Lon Chaney film, which is one of the movies that inspired Hallenbeck to become a filmmaker. Using a digital camera, Hallenbeck and his crew shot "London After Midnight" at The

Crooked Lake House in Averill Park, at local cemeteries and at various locales in Kinderhook. He said he was able to make the movie for "well under \$1 million." The actors were mostly volunteers with experience in acting on stage. Rosa, his wife, plays the character of a demon.

"But I'm not going to say it's typecasting, because it isn't," Hallenbeck said.

Rosa Hallenbeck, who uses the stage name Helen Black, said she made her own costume for the part. She has training as a toy maker and constructed a miniature set of goat legs to complement her costumed upper body, which was disguised with prosthetic makeup, horns and an exaggerated forehead. She also made a "demon larva" out of a knee-high stocking, latex and paint. She said her demon character gives birth to the larva

in one gruesome scene.

The horror film festival might seem a rarity for the State Museum, which is not usually associated with demonic larvae, disembodied heads or supernatural voices. But Bruce G. Hallenbeck said it was a godsend because Broadway Joe's, the Saratoga Springs dinner theater that initially agreed to host the festival, unexpectedly went out of business. The State Museum is interested because the filmmakers are all local and the 11 movies to be screened were all filmed in the Capital District.

"This is, after all, the state's museum, and we like to celebrate the art of New Yorkers," said Gary Ferris, the museum's development officer.

Brandon Bethmann and Eric Szmyr, both of Albany, shot the film "Raising Hell" around the Empire State Plaza and in Schenectady. It is the story of a corrupt incumbent governor who uses the mystical Keys of Solomon to summon a demon that destroys all who oppose him. The subject of an on-time state budget is not discussed, however.

Bethmann, who grew up in Rotterdam and graduated from Mohonassen High School, said he and Szmyr found the Capital District to be an ideal place to film the movie. The diversity of architecture and landscape gave richness to the visual aspects of production and, when filming on location, nobody ever bothered them. Parts of "Raising Hell" were filmed at the Schenectady County

Library and on the steps of City Hall.

He said the film has generated several compliments on the ambiance in "Raising Hell." The film, released in 2002, is commercially distributed by Sub Rosa Productions, a horror film genre-specific production company based in Syracuse. "Raising Hell" and "The Risen," which will also be shown during the Dead of Winter Film Festival, are commercially available on Internet sites like Netflix.com and Amazon.com. But good luck finding the films at major retailers or video rental stores. Those places usually do not deal with small distribution companies.

"You're basically competing for shelf space against Spiderman II. Who is going to win that?" Bethmann said.

For local filmmakers, what matters is giving people a chance to see their work. It is an added bonus for them to show films at the State Museum Theater, which boasts a large screen and a professional-quality sound system.

"We just want to get it out there any way possible," Bethmann said.

The Dead of Winter Film Festival starts Jan. 22 at 10 a.m. with a showing of the film "Vampyre." It will continue on Sunday, Jan. 23 at noon with the film "Night Therapy." The festival continues Saturday, Jan. 29 and Sunday, Jan. 30. It is free.

For information, call 474-5877.

Traditional Gallery Sale

HARDEN

Fine furniture from generation to generation



Free Delivery

ALL MATTRESSES & BOX SPRINGS ON SALE



Rt. 5S, Pattersonville (between Sch'dy & Amsterdam)
887-2741 Open Daily 10 to 5 • Thurs. & Fri. 'til 9 • Closed Sundays



Floor Samples & Special Orders
choose from a wide collection of
CLASSIC DESIGNS
living rooms, dining rooms,
bedrooms, occasional pieces

Our
69th
Year

PET SPA

Delmar

318 Delaware Ave.
Main Square Shops
439-3670

Grooming and Spa treatment for your pets

visit our website and
see your pet live at
petdaycare.info

LET THE PLAZA HELP YOU PLAY CUPID ...

Delaware

P • L • A • Z • A

Welcome Bronze Body Tanning

More than 30 Shoppes and Restaurants

Food

Hannaford
Bruegger's Bagels
Yan's Chinese Buffet
The Hidden Café
Pizza House
Subway

Services

Cingular Wireless
H&R Block

Special

Delaware Plaza Liquor
Friar Tuck Bookshop,
Newsroom & Tobacconist
GNC
K•B Toys
The Paper Mill Hallmark
Re/Max Premier
Tea Laden
Olympia Sports
Dollar Tree

OTB

Banks

Charter One Bank
Key Bank

Salons

Bronze Body Tanning
Choices Hair Studio
& Day Spa
Nail Design
Sally Beauty Supply
Scissor Society

Electronics

Coconuts
Radio Shack
Computer Renaissance
Video World

Clothing

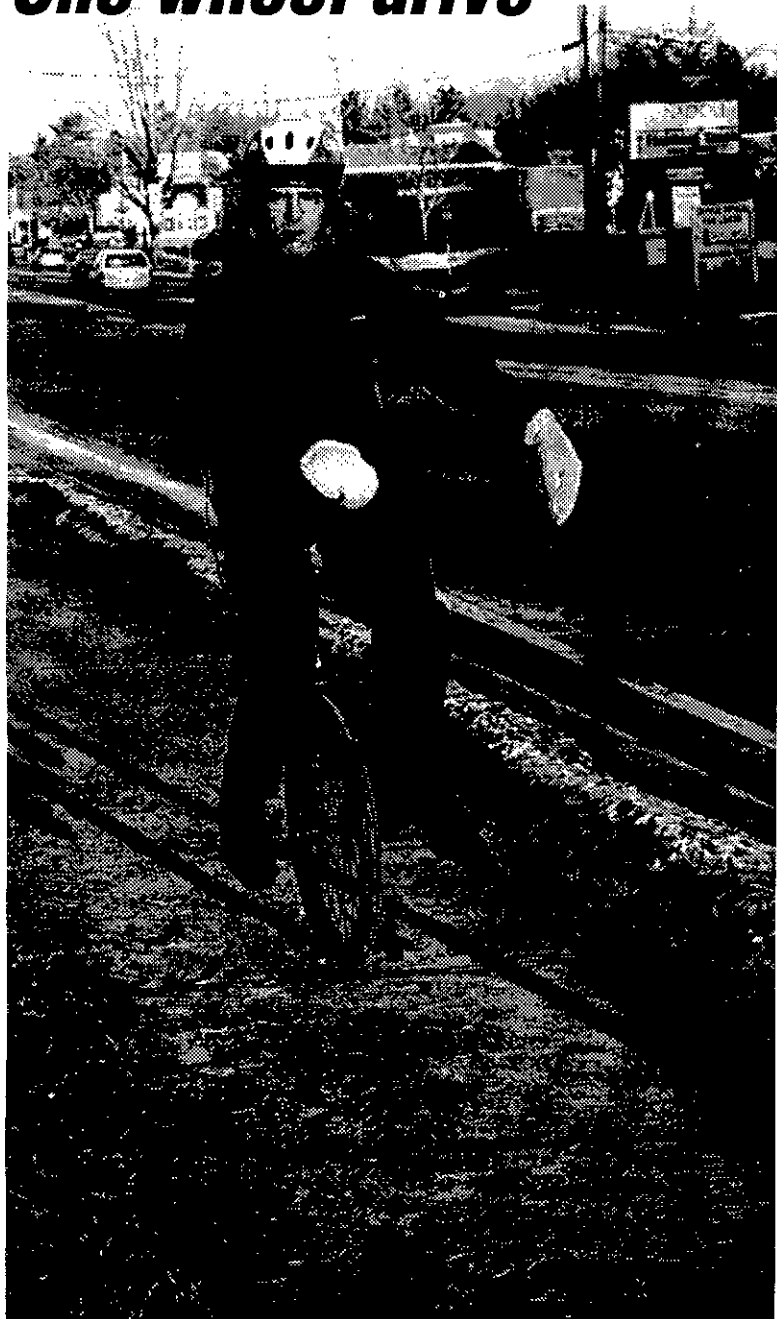
Fashion Bug Plus
Payless Shoe Source

Friendly service and convenience.

Plenty of free parking. All just around the corner.

180 DELAWARE AVE., DELMAR

One wheel drive



Steve Relles rides a unicycle along Delaware Avenue in Delmar Sunday.

Jim Franco

RCS senior is in running for national scholarship

An aspiring journalist at Ravena-Coeymans-Selkirk High School is among the top 1.2 percent of student scholars in the nation and as such, is a semifinalist for a prestigious national scholarship.

She will find out next month whether she is a finalist.

RCS senior Vanessa Persico, who boasts a 95.06 GPA, earned among the top 16,000 scores of the more than 1.3 million students nationally who took the SATs last year.

Her perfect score of 800 on the verbal portion of the SAT combined with a 670 score on the math portion, as well as a combined 1590 out of 1600 on the SAT II assessment, places her among the brightest of the bright and in contention for a National

Merit Scholarship.

Persico is active in RCS' band, drama club, chorus, natural helpers club, youth court, National Honor Society and student government and has also been a cheerleader and a member of the jazz band.

She is currently a student in the New Visions Program, where she is studying for a career in journalism.

The daughter of Rocky and Andrea Persico of Ravena, she hopes to attend Dartmouth College in the fall.

A list of 15,000 finalists will be named in February and they will compete for 2,500 National Merit Scholarships, 1,100 corporate-sponsored scholarships and 4,400 college-awarded scholarships and awards.

Scholarship and award winners will be announced in the spring.

The recognition is not only a testament to Persico's academic abilities.

She is the second national merit scholar semifinalist at RCS in two consecutive years.

Erin Leavitt, who graduated in June, achieved the honor last year.

New Scotland board seeks water sources

MARTIN J. BANNAN

New Scotland officials met in a closed session Jan. 12 to determine where future sources of water might come from. Nowhere is this need greater than along Route 85, where future commercial and residential development is sought and anticipated.

Running beneath this corridor lies the town of Bethlehem's water line.

As it traverses New Scotland, the line travels from the Vly Creek Reservoir to Slingerlands and the rest of the town.

Tentatively on tap for this year are plans to refurbish and expand capacity at Bethlehem's filtration plant and install a new 24-inch pipeline along Route 85.

"Something like this doesn't happen often, so we're interested in the long-term effects of water passing through our town," said New Scotland Supervisor Edward Clark.

Clark declined to discuss specifics regarding the executive session that followed the town's monthly board meeting.

"We're also interested in knowing what impact this project will have on property owners along the route as well as traffic patterns," Clark said.

According to Richard Sayward, Bethlehem's filtration plant supervisor, the project entails refurbishing the New Salem facility in order to increase its capacity in peak flows from 6 million to 10 million gallons per day.

To accommodate this expansion, the town plans to install 24-inch water mains to run in conjunction with the existing 16- and 10-inch pipes.

"We are still in the design phase and waiting for feedback from the town of New Scotland as well as state and county health officials before proceeding," Sayward said. "We haven't even determined what side of the road we might install the pipe."

Sayward said that the 16-inch pipe is the main distribution line into Bethlehem and the 10-inch pipe serves customers along the route.

When the new line is installed, both of the older pipes might

function as service pipes.

"We haven't seen this type of work along the route in more than 30 years," Sayward said, adding that the 10-inch pipe was installed in the 1950s while larger pipe was laid in the 1960s.

In the meantime, the town of New Scotland is reviewing plans and specifications regarding the projects and will offer any recommendations to Bethlehem should they see fit, Clark said.

He added, "These are engineering matters that will be decided by those with the appropriate expertise."

In other business, Clark announced the town's planning board need to fill a vacancy created after the departure of Gloria Ozimek, a 13-year board veteran who stepped down to devote more time to her real estate business.

All interested applicants should send their résumés and letters of interest to the town hall by Jan. 31.

Finally, the town approved Jonathan Fuglein as a new junior member of the New Salem Fire Department.

Coeyman's lawyer joins Clinton's staff as Capital District director

United States Senator Hilary Rodham Clinton, D-Chapqua, announced the addition of a Coeymans resident to her staff.

M. Tracey Brooks, a lifelong resident of the Capital District, will serve as Clinton's Capital Region/Hudson Valley Regional Director.

As regional director, Brooks will serve as chief point of contact for the senator in Albany and the surrounding areas, including counties in the Hudson Valley.

Most recently, Brooks has served in the state Assembly as counsel to the Justice Team for the Judiciary Committee, where

she researched issues, negotiated and drafted legislation and worked with legislative and agency staff, lobbyists and constituents.

Brooks was the Democratic candidate for the 108th Assembly District in 2002.

In addition to having practiced law in both the public and private sectors, Brooks has also served as a social worker for Schenectady Family Health Services.

Brooks currently sits on the board of directors of the Hudson Valley Girl Scout Council, Cystic Fibrosis Foundation and Minds of Steel. She also coaches a CYO

girls basketball team at St. Teresa of Avila in Albany.

After receiving a J.D. from Albany Law School of Union University, Brooks went on to hold a number of internships, including for Assemblywoman Helene Weinstein; for Wiley, Rein and Fielding in Washington D.C.; and for the Onondaga County Attorney's Office.

While at Albany Law School, Brooks was an Edgar and Margaret Sandman Fellow in aging law and policy, as well as a research assistant for the Government Law Center.

Science-minded scholars prepare for region-wide competition

Students from around the Capital District will descend on Ravena Coeymans Selkirk High School today to test their knowledge of the sciences and prepare for the regional Science Olympiad.

RCS High School's science department is hosting a mini-Science Olympiad featuring some of the events that students will take part in during the regional competition on Feb. 12 at St. Rose College.

The competitions range from lab events, to construction competition to pure knowledge testing, said RCS science teacher Scott Holdron, who also works on the regional Olympiad.

Today's session, which includes competitors from Albany, Shaker, Schalmont, Niskayuna, Galway and other high schools, will be the last mini-Olympiad prior to the all-important regional competition, he said.

Holdron said some regions, like the Capital District, host the mini-competitions because it gives the students an opportunity to hone their skills and practice, while other regions do not.

"It's a fun competition and it allows the kids to get a flavor, a practice run, for the main event," he added.

The top three school teams emerging from the Olympiad at St. Rose advance to the state competition at West Point; from there three finalists will be selected to advance to the National Science Olympiad at the University of Illinois.

High school students from around the Capital Region will compete in the mini-Olympiad beginning today at 4 p.m. at the high school.

In other news from RCS, a pair of sixth graders designed the winning logo/motto for the middle school in a competition designed to increase school spirit and focus student attention on academic success and building a "climate and culture" in the school that supports academic

success.

Andrew Lammly and Jordan Stella developed the winning logo and motto — RCS Spreads Respect Through the World — with a picture of the school sitting atop the earth amid a circle of people holding hands.

The pair received \$50 gift cards and will have their work displayed on a mural in the school cafeteria and on the inside cover of next year's student planner.

The first runner-up in the recently concluded contest was Katherine Makokha, a seventh-grade student. The second runner-up was Graham Bastian, another seventh-grade student.

The contest was the idea of school administrators and the Middle School Building Leadership Team, who developed two goals for this school year. The first goal involved building a climate of academic success for all students, while the second goal involves building a climate of respect within the middle school community, said Middle School Assistant Principal Anthony Sinacore.

Index

Editorial Pages	6-8
Sports	19, 20, 21
Obituaries	17, 23, 25
Weddings	13, 24
Neighborhood News	
Voorheesville	5
Family Entertainment	
At Your Service	29, 30
Calendar of Events	27
Classified	31-32
Crossword	27
Dining Guide	25
Legals	33-35
Real Estate	32

There's a new cookie monster in our faces

By KATHERINE MCCARTHY

So now the government has come out with new dietary guidelines, just as the all-points bulletin I put out for every cookie-selling Girl Scout is yielding fruit. Better than fruit — Trefoils, Thin Mints, Samoas, low-fat lemon drops and all those delightful delicacies that make me alert neighborhood Scouts that we're the house that could help make them their troops' leaders in cookie sales.

The cookies come at a tough time of year, when our just-got-it-buttoned waistbands still serve as a reminder of Christmas past. New dietary guidelines surely mean that my personal holiday

COMMENTARY:

*Mom's
the
Word*



policy — leave no cookie uneaten, no glass of eggnog undrunk — needs revamping. Now, the consequences of the holidays and the arrival of the Girl Scout cookies are being challenged by the Dietary Guidelines for Americans 2005, issued by the federal Department of Health and Human Services and the Department of Agriculture.

It's time to deep-six the Thin Mints, and replace them with four

cups of fruits and vegetables every day, along with an hour of exercise. The new food pyramid got a little revamping, but it's daunting to think about how to get moving, and how on earth to get that much fiber into a family that gravitates towards meat and rolls, not broccoli and couscous.

I live in a family where each person requires a different type of mustard; when it comes to fruits and vegetables, it's worse. Everybody likes carrots, but Chris will only eat them cooked, and Cormac will only eat them raw. Cormac and I love bananas; they make Chris and Christopher vomit. Celery can only be eaten raw; we all love berries, but in the winter, it's a choice between paying the mortgage or buying fresh raspberries; the boys eat Caesar salad only; only Mom likes squash; only Dad likes turnips; and nobody will eat Brussels sprouts.

So far, the recommendations are only guidelines, but I worry that they could lead to legislation. There's some talk of regulating vending machines in schools or requiring schools to provide healthier lunches. It seems natural to think that would be the case, but it turns out that most school lunch programs have to pay for themselves. Health and government officials talk about the cost of obesity in terms of increased health insurance costs, lost work time and higher hospital bills, but having to pay for apples instead of Doritos at school could add to the school tax bill. That's well worth paying for, really, but could junk food become the next cigarette?

Probably there will never be an outright ban on empty calories, but could it be against the law to eat potato chips in the workplace?

Will cookie monsters be forced to join smokers just outside the door of office buildings? This becomes a real case of "get your laws off my body." Go ahead and monitor my library books, my travel, my bank accounts, but what happens between me and a package of Oreos in a stressful moment is nobody's business but mine.

Then there's the whole exercise issue. We used to need 30 minutes every day; now it's 60. How am I ever going to do that now that I need to figure out who will eat what in my house, find new ways to cook it so people will eat it, and take the time to prepare good food?

I'm going to have to quit my job, which is just part-time, but somehow the days already feel too full to add one more thing. Maybe if all those scientists who created the food guidelines came to my house to pack school lunches, clean the bathrooms, do the dishes, the laundry, grocery shop, run out and buy the poster for the school project, I could go to work, cook for my family and get the exercise I need.

Of course, it's our kids we worry most about, the kids who sit in front of computers and TVs instead of going out to play — like we all did. Well, OK, I spent as much time as I could inside, reading, but I do remember going sliding at the country club with my parents and siblings, and I remember going to the neighborhood park to ice skate every day after school in the winter, from a very young age, without parental supervision.

There was a warming shack, and older siblings would help younger kids lace up their skates before we'd all head out to claim a piece of the ice far from the boys

playing their perpetual game of hockey. We'd stay till we knew we had to leave to meet the rule, "Be home before dark."

Not many kids get that much freedom any more, which is too bad physically, but also since it prevents our kids from developing independence and self-reliance. It's easy to see where our worries come from: news reports of abducted children, terrorist attacks, bullying, binge drinking, pedophile priests and any number of societal ills make us loathe to let our kids out the door alone. When I wandered off to skate, I'll bet at least 30 mothers saw me heading to the park with my siblings. The social network that kept an informal eye on the village's kids is smaller than it used to be. This is an issue that's hard to approach, for even those of us who left the work world to be full-time parents for any amount of time would be reluctant to say that every family should do the same. Still, it would be nice if we as a society could come up with a way to let our kids be kids, and have a lot more unstructured, active time than they're now getting. The new guidelines are a good wake-up jolt, even if they're something to grumble about, and the things that are hardest to do usually yield the greatest reward. They're a reminder that we parents need to shut off the TVs and computers sometimes.

We also need to swap the junk food for fruits and vegetables, and be tough in the face of opposition — even our own. There was one bright light in the new guidelines. Women apparently get five servings of sweets each week, and men only get two. So hands off the Girl Scout cookies, fellas. They're mine.

Delmar Carpet Care

QUALITY CARPET CLEANING

- WALL TO WALL
- UPHOLSTERY **439-0409**
- ORIENTALS AND AREA RUGS

Tim Barrett



Some day I will...



make my art.

Isn't it time?

- Convenient Schedules
- Inspiring Teachers
- State-of-the-Art Studios
- Dozens of classes each month for adults and kids

Call to learn about artful vacation camps for kids and teens!

This winter in the galleries Reality



(518) 273-0552
www.artscenteronline.org



PLEASE JOIN US!



OPEN HOUSE

Discover the Difference!

**ST. PIUS X
CATHOLIC
SCHOOL**

Personal Tours Available
Throughout the Year

SUNDAY, JANUARY 30th, 1-3 P.M.

Snow Date 2/13 • 1-3 p.m.

Christian Values & Academic Excellence
Within a Safe and Caring Environment
Middle States Association Accredited School

465-4539

A Middle States Association Accredited School

Upper Loudon Road, Loudonville, NY

1/2 Mile South of Siena College off Route 9

Website: www.stpiusx.nycap.rr.com

Email: office@nycap.rr.com

Serving over 600 Students from throughout the Capital Region
in Grades Pre-K thru 8 • Full Day Kindergarten • After School Care

Need help with your computer?

Repairs • Upgrades • Custom Built PCs
Virus/Spyware Removal • Dial Internet Service with Acceleration
Internet Domain Names & Web Hosting

LOCAL E-MAIL ADDRESSES SIMILAR TO:

@12054.com @ravena.org @delmar.ny.us @selkirk.ny.us @guilfordland.ny.us
@albany.ny.us @colonieny.us @niskayun.ny.us @latham.ny.us
@saratoga.ny.us @12158.com @sienafan.com and more!

Details Available at www.brickrow.net

BRICKROW EST. SINCE 1995
TECHNICAL SERVICES

518-767-3299 • service@brickrow.net

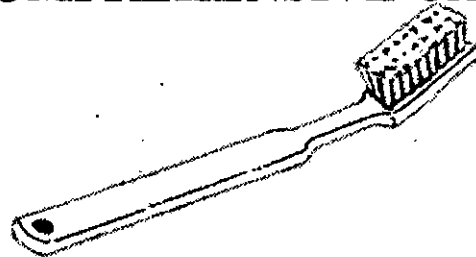


DELMAR DENTAL MEDICINE

THOMAS H. ABELE, D.M.D.

GEOFFREY B. EDMUNDS, D.D.S.

**COMPLETE FAMILY
DENTISTRY AND
COMPREHENSIVE CARE**



Most insurances accepted as partial payment.

439-4228

344 Delaware Avenue, Delmar
(next to St. Thomas Church)

MONDAY-THURSDAY 8-5

FRIDAY 8-3



Elsmere fifth graders go all out for troops

By LIBBY SCHIRMER

Kim Fusco's fifth-grade class at Elsmere Elementary School has set a lofty goal for itself of outfitting every one of the 110,000 National Guard and Army troops in Iraq with red, white and blue braided bracelets.

They're about 4,000 down.

The patriotic Fusco had last

year's class send a batch of bracelets out to a teacher's brother-in-law who was stationed in Iraq at the time. A poem was written to go with it and the troops sent a letter back.

This year's class saw the letter posted up and said they wanted to do it, Fusco said.

"It was their idea. They set it up, and I just guided them through," Fusco said. "I didn't know how we were going to fit one more thing into our crazy day. Our schedule is so tight."

With some wrangling of the schedule, the kids now settle in during read aloud time after lunch and make bracelets for the troops while Fusco reads a book.

The class keeps tally, and after 800 here, 900 there and 500 somewhere else, 110,000 doesn't seem like such a big number. With another 13,000 troops in Afghanistan and 23,000 in Kuwait, the kids could be busy through June.

"The kids are so into it," Fusco said. "I'll let them stay in from recess once in a while, and after school one day a week."

Strands for the bracelets are cut before the reading period, Fusco said, so the class can listen to stories in peace. Fusco then packages a certain number of bracelets, after an order is placed, and gets postage and sends them on their way. Postage runs about \$2 to \$3 a package and she estimates she's spent about \$100 on materials.

"You get a lot of bracelets out of three things of yarn," Fusco said.

Recipients of the bracelets, and the letters that are sent out with them, include members of the National Guard and Army. Some are relatives of the students, some are relatives of the teacher, and some are relatives of people who

contact the class who want their relatives' troops to receive the packages.

Patriotic décor has been a stronghold in Fusco's classroom since 2001, she said.

Her class participates in a Veterans bulletin board every year. Any child with a relative who is a veteran can design the case that's still up at the entrance of the school, Fusco said.

"It was their idea. They set it up, and I just guided them through." I didn't know how we were going to fit one more thing into our crazy day. Our schedule is so tight."

Kim Fusco

"I've always had a great sense of patriotism," said Fusco, whose grandfather served in World War II.

Last year's class, that perhaps, unwittingly started the bracelet trend for the troops in Iraq, got a visit

from Fusco's nephew, Craig.

"It was quite a thrill," said Fusco of the visit.

She hopes that this year's class can get a similar visit from another soldier they've adopted as a pen pal.

The class, which keeps a surplus of bracelets so Fusco can send them out en masse when she gets an order, sends packages of them to anyone who places an order.

Give the gift of life, donate blood

The American Red Cross has announced blood drives through the month of January in Albany County. Donors must be at least 17 years old, weight at least 110 pounds and be in good health.

Donors can donate blood every 56 days. Though walk-ins are welcome, appointments are encouraged.

Dates, times, locations and contacts for the January blood drives are as follows:

Jan. 20, from 1 to 6 p.m. at Tina Marie's Dance Academy at 660 Park Ave. in Albany, Dance

Academy Office, 458-4855; Jan. 21, from 1:30 until 6:30 p.m. at Medusa Volunteer Fire Department on Main Street in Medusa, Wanda Bates at 239-4855; Jan. 22 from 8 a.m. until 1 p.m. at DeMar Reformed Church on 386 Delaware Ave. in Delmar, 439-9929.

And Jan. 24, from 9 a.m. until 2 p.m. at the Albany Marriott at 189 Wolf Road in Albany, 1-800-GIVE-LIFE; Jan. 26 from 9 a.m. until 4 p.m. at Albany Memorial Hospital at 600 Northern Blvd. in

Albany, Heather Knapp at 471-4961.

And Jan. 26, from 1 until 6 p.m. at Guiderland Public Library on Western Avenue in Guiderland, 456-6611; Jan. 28, from 2 until 7 p.m., at the Knights of Columbus at 1623 2nd Ave. in Watervliet, 1-800-GIVE-LIFE; and Jan. 29 from 8 a.m. until 1 p.m. at Helderberg Ambulance at 987 Cole Road in East Berne, Donna Carsten at 872-9572.

To sponsor a blood drive, call the American Red Cross at 1-800-514-4319, ext. 804.

Parents group to host transitioning forum

Parents for Excellence will sponsor an informational forum on transitioning to the high school on Monday, Jan. 24, at 7:30 p.m. at Bethlehem Central Middle School, room 108. A panel of parent and student "experts" will share information and answer questions about the high school.

Some of the topics to be addressed include:

- What is an enriched class?
- What is an SAT II?
- What is the two-year language track?
- Do students really miss lunch?
- What is Chem X?
- Will summer assignments ruin our family's vacation plans?

Shovel out hydrants

George W. Frueh

Fuel Oil • Kerosene • Diesel Fuel

**Call for today's prices
Quality Discount Special**

Cash Only
Prayer Line
462-5351

Mobil®
436-1050

Cash Only
Prayer Line
462-5351

Summer Teaching Opportunities



Heldeberg Workshop

... is now accepting class proposals (K-12) for general and natural science, high adventure, fine arts, and theatre. Classes are held outdoors in one and two week sessions, Mon.-Fri., 9 am till 12 noon.

Contact Bill Morrison at 765-2569, or write:

Heldeberg Workshop

PO Box 323

Voorheesville, NY 12816

Submit class proposals by January 30th

Why our windows cost you nothing!

Huff 'N' Puff custom replacement windows will save enough on heating and air conditioning to pay for themselves!*

*payback period will vary, conditions apply.



\$0 down
No payments or interest until 2005*

*with approved credit

- Lifetime Warranty
- Maintenance Free
- Heavy-duty locks
- Superior strength
- Tilt-in for easy cleaning
- Never paint or caulk again

First 25 Callers

\$39
Per Window
Trade In

Fall Sale!
Get rid of those drafty old windows now!

Volume Discount Example	
5 Windows	\$200
10 Windows	\$550
15 Windows	\$1050

"Your windows saved on our heating costs and they have improved the entire comfort level of our home."
—D.G., Scotia, NY

FREE No-Obligation Estimate!
Senior Citizens Discounts

The Capital District's most trusted name in window replacement for over 30 years!



Call Today! 888.425.6316 • www.huffpuffinc.com

BASES BOWS DOUBLE HUNG CASEMENT TILT AND SLIDE

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, PO Box 100, Delmar 12054. Letters can be faxed to 439-0609 or e-mailed to spotnews@nycap.rr.com.



TINA WILSON

8 years Travel Experience

(518) 371-3720

The Yachts of Seabourn
—INTIMATE SHIPS. UNCOMMON SENSE. LEGENDARY.

UNSPOILED CARIBBEAN PLAYGROUNDS

Ocean View Stateroom from: **\$4405pp**

Balcony Stateroom from: **\$5228pp**

INCLUDES: 7 night cruise from Charlotte Amalie, St. Thomas, on the "Seabourn Legend" visiting Martinique, St. Kitts, Nevis, St. Croix and St. John; air from Albany, NY; roundtrip transfers from airport to pier; all taxes and port charges; trip cancellation insurance.

Rates are per person, based on double occupancy from Albany, NY. Valid for March 12, 2005 sailing. Prices are capacity controlled and may be withdrawn/changed at any time without notice. Conditions and restrictions apply. Rates do not include other charges typically paid by customer. Additional vacation rates available. Please call (518) 371-3720 for details.



Carlson Wagonlit Travel

Your experience begins with ours.

19 Clifton Country Rd, Clifton Park, NY 12065
www.albanytravel.com

Matters of Opinion

Blueprints help

Some of the suburban towns in our coverage area are still grappling with land use and development questions during moratoria that are due to end soon. Many towns have used a moratorium to get input from residents about what they would like in terms of development and maintaining green space.

Not everyone will be satisfied or happy about decisions that will inevitably be made. We hope, though, that these decisions are fair to the residents and home and landowners in the affected towns.

What we've observed in the past is often a stalemate when any group perceives itself to be treated unfairly, so little is actually accomplished. Some master plans are never officially adopted, which simply prolongs the problem.

What makes more sense is to provide large landowners with an incentive to preserve the land and thus the character of rural areas that would otherwise be turned into suburban housing sprawl that does not come close to paying for itself in tax money to towns and school districts. More houses mean more kids and schools that must educate them and be big enough to house them.

Some of the attractiveness and charm of the region is a result of beautiful views and countryside we enjoy and are so proud of.

It's a fact that business is needed to support that tax base in suburban towns, and that causes problems since many residents don't usually like the idea of having businesses in their backyards. About the only acceptable "businesses" would be doctors and dentists' offices, but there are only so many of those that want to locate in suburbia.

Town leaders don't have an easy job of it, but they are obligated to make decisions to give the towns a blueprint for the future. Without a clear plan, confusion and discord will continue and stall growth of any kind, which is unfair.

We think town leaders should look at towns and cities that are successfully addressing land use and aesthetic needs. Saratoga Springs, for one, has done a bang up job of blending the old with the new. It has a thriving downtown, interesting restaurants and nightlife, malls to satisfy the fussiest of teenagers but not smack in the middle of town and glorious rural areas. We'd like to see all of our towns become such a showplace for what can be done.

Saratoga for the most part did not try to erase its history like Troy and Schenectady did to parts of their downtowns, but rather preserved and enhanced it.

Editorials

Local boards as regulatory agencies

By KEVIN M. BRONNER

This article poses the question of whether local governments in the Capital District act as regulatory agencies? The study of regulatory agencies usually centers on large and well known organizations such as the Environmental Protection Agency (EPA) or the Securities and Exchange Commission in Washington D.C.

Many communities throughout the Capital District have regulatory powers. One of the more prominent functions is the power to regulate land use. Many communities such as the towns of Bethlehem, Colonie, Guilderland, Clifton Park, Halfmoon and others have conducted work on highly visible comprehensive planning and/or land use moratorium implementation. This activity represents a form of environmental and land use regulation by local governments. Thus local governments can be viewed as important "service providers" in implementing regulation.

If you examine the field of regulation in a classical textbook such as *Economics of Regulation and Antitrust* by W. Kip Viscusi et. al., you will find that there is an enormous amount of regulation at the state and federal level in the United States.

There are two basic types of regulation. The first is *economic regulation*, which concerns market structures of price, quantity, entry and exit of firms and other considerations. Economic regulation often focuses on items such as the regulation of telephone, cable television, electricity, and natural gas prices.

The second area of regulation concerns *health, safety, and environmental issues*. This type of regulation attempts to protect the public from health issues such as unsafe prescription drugs, safety issues related to consumer goods, and environmental issues such as clean air and water.

Point of View

The two areas of regulation have been enforced by a myriad of regulatory agencies at the state and federal level. Currently there are 34 major regulatory agencies at the federal level. Some of the better known regulatory agencies are the Environmental Protection Agency, and the Securities and Exchange Commission.

New York state also has a large number of regulatory agencies as explained by Robert B. Ward in *New York State Government, What It Does, How It Works*. Some of the oldest and best known state regulatory agencies are located in New York including the New York State Banking Department formed in 1851, the New York State Insurance Department formed in 1860, and the Public Service Commission formed in 1907.

Other important regulatory and anti-trust functions concern the insurance and securities regulation being undertaken by New York State Attorney General Eliot Spitzer, and state Department of Environmental Conservation.

Local regulation

The research question here is to explore what type of system of regulation is inherent in local government? This question can be addressed by examining some of the legal processes and structures used by the town of Colonie. Many other local governments throughout the Capital District have similar types of functions. The town of Colonie has a town board, 30 major operating departments, and additional boards and committees. Colonie also has an extensive town code with statutes pertaining to numerous items such as planning and zoning, quality of life issues such as a noise ordinance and numerous other statutes. Taken together, these structures, processes, and laws represent a significant degree of regulation that affects the citizens and businesses in the community.

Town board

The Colonie town board has the power under the New York State Municipal Home Rule Law to pass local laws that affect the public. It acts, therefore, in a formal rulemaking and legislative capacity and can pass rules and regulations that represent a system of regulation. It also enforces state and federal laws.

The town board passes statutes to regulate land use and the operations of certain businesses.

Economic regulation

The town of Colonie has several organizations that can be viewed as a system of economic regulation. The planning and economic development department, a planning board, and a zoning board of appeals regulate land use. The land use management council is also involved in regulating land usage.

Working together these four organizations enforce the local

zoning code as well as any appropriate New York state laws pertaining to zoning. The hours of operation of certain businesses are also regulated. The economic value of the land is affected by the determinations of these entities so in theory this activity represents a form of economic regulation.

The town of Colonie building department, and a separate sign review board regulate building use and sign use in Colonie. These organizations enforce local building regulations and the New York state building code as well.

Environmental regulation

Many organizations in the town of Colonie are involved in aspects of environmental regulation. The environmental services department runs a landfill operation. This is a highly regulated entity that is subject to state and federal environmental laws. A separate pure waters department operates the town's sewer system. It enforces state and federal environmental laws and regulations also. There are other organizations in Colonie involved with environmental regulation including the conservation advisory council, the significant environmental areas management appeals board, the land use management council, the Latham water district, and the solid waste alternative planning committee.

Health & safety regulation

A number of organizations in the town of Colonie are involved with health and safety regulatory issues. The office of fire prevention sets guidelines to ensure that buildings and structures are safe from fires and other problems. The senior resources department and a town nurse work to provide a safe environment for seniors.

Other health and safety functions include the emergency services committee, and the highway safety committee. The town attorney's office has a consumer protection function, allowing residents to file a complaint against a business. The building department, the engineering department, the highway department, the police department, and the emergency medical services department are also concerned with health and safety issues.

Licensing

The Colonie town clerk issues numerous types of licenses to the public. Examples include marriage licenses, going-out-of-business permits, dog licenses and peddler's licenses. The building department and the sign review board also issue licenses.

Summary

It is apparent that local governments should be viewed as a full system of regulation. If you examine the functions of the town of Colonie, it is easy to illustrate how many regulatory functions are embedded in the operations of a town government in New York. This phenomena exists in many other local towns, cities, and villages throughout the Capital District.

The Spotlight

President and CEO — Richard K. Keene

Vice President and COO — John A. McIntyre Jr.

Executive Editor — Susan Graves

Associate Editors — Donna Bell, James Fazzone

Editorial Staff — Martin Bannan, Linda DeMattia, Betsy Glath, Katherine McCarthy, Libby Schirmer, Don Stake

Sports Editor — Rob Jonas

Photography — Jim Franco

Advertising Director — William A. Kellert

Advertising Representatives — Kim McKee, Dan O'Toole, Meg Roberts, John Salvione, Carol Sheldon

Production Manager — John Brent

Assistant Production Manager — David Abbott

Production Staff — Mel Jones, John Lenss, Kevin Whitney

Business Manager — John Skrobela

Classifieds & Business Directory — Julianne Hebert

Legals — Liza Cline

125 Adams St. P.O. Box 100, Delmar 12054

E-mail —

NEWS: spotnews@nycap.rr.com

ADVERTISING & CLASSIFIED:

spotads@nycap.rr.com

(518) 439-4949
FAX (518) 439-0609

OFFICE HOURS:
8:30 a.m. - 5 p.m. Mon.-Fri.

Matters of Opinion

BCUEA asks district for fairness, respect

Editor, The Spotlight:

We think everyone agrees that Bethlehem Central is a good school district, one that is always striving to improve. Part of the reason for the success of the school district is the hard work of its dedicated staff at all levels.

Our school district has programs to teach our children to respect others and to appreciate differences in people. What we say carries no weight if our actions speak otherwise.

The district is not dealing in a fair or respectful manner with the members of the BCUEA. We are your teachers' aides, clerical staff, noon aides, kitchen staff, maintenance, custodians and bus drivers. We are the smallest and

lowest paid group of employees in the school district.

Simple math tells us that the district will not balance its budget by taking away rights and benefits from this small group, as the district has proposed.

Every child benefits from the work we do. We challenge this school administration to show our children they respect all of its staff by giving a fair contract to BCUEA members. Any organization that treats its employees with respect is always made better for having done so.

Doreen Bellamy, Joyce Calaban, Karen Anthony, Kathy Gutman and Margaret Prastaro

BCUEA members

Assistant superintendent is grateful for support

Editor, The Spotlight:

As I conclude my tenure as assistant superintendent for educational programs and instruction at Bethlehem and transition to my new position as superintendent of the Greenwich Central School District, I want to thank you for your interest and support over the past six years.

It has been my personal and professional pleasure to experience the positive collaboration among diverse groups and individuals in the Bethlehem Central community on behalf of our children.

The many educational enhancements achieved by the district in recent years are

tangible products of the commitment and hard work of district staff, parents and community members. Those efforts continue, as evidenced by excellent student achievement coupled with continuous improvement work throughout the K-12 program related to teaching and learning.

The Bethlehem community can be proud of its accomplishments to date and confident of its future educational excellence.

Again, thank you for your efforts and your many personal kindnesses. I extend best wishes to each of you and to the Bethlehem Central schools.

John McGuire

Property rights are fundamental

Editor, The Spotlight:

During the meeting of the Planning Advisory Committee on Jan. 10, it was recommended by committee member Patricia Salkin that the guiding principle referring to property rights be removed from the comprehensive plan because "zoning does affect property rights."

I have attended just about every community forum and committee meeting that has been held with regard to this comprehensive plan. At almost every meeting the subject of protecting property rights has been discussed.

Different individuals at numerous meetings have expressed the importance of property rights. The consultants have even confirmed that this is an issue in this town. I would like to remind everyone that property rights have long been an issue in this town. The rural landowners of Bethlehem have stood for and fought for property rights for everyone for many years.

There are large and small landowners in this town that are disturbed by the rhetoric and hype that is guiding the direction of this comprehensive planning and subsequent zoning changes. Properties in rural areas of town are being targeted for new and very restrictive zoning.

Much of this zoning is opposed by people living and owning property in the affected areas. This, too, has been brought up at many meetings, yet seems to be disregarded in the draft plan. Now, with a request that a guiding principle of property rights be removed from the comprehensive plan, one certainly wonders what direction this plan is

really taking.

Since this comprehensive plan is supposed to reflect the desires and views of the community, I feel it would be a great injustice to the people of this town to remove this guiding principle.

All property owners, regardless of the size of their land, should have their property rights ensured.

The right of an individual to own property and to decide the best use of that property is essential to all of our liberties and basic to all our rights. It is not unreasonable to expect that the government will uphold the ideal

that this country was founded on, since it represents all people in the rights that are guaranteed to them in both our Constitution and Bill of Rights.

Removing this guiding principle from the comprehensive plan can only be symbolic of the disregard by the town for the rights and concerns of its citizens, residents who have repeatedly requested the protection of property rights.

Is this comprehensive plan really about our town's citizens?

Linda Jasinski

Selkirk

Purchase a Pedicure, get a Manicure **FREE!**

Anne's NAIL

Welcomes Any Nails

No electric drills used

* Personal nail file for every client*

* Specializing in Nails and Wax

* Special Senior Rates

Tuesday - Saturday

475-0759

257 Delaware Ave.

by appointment

Delmar

* offer good through 4/15/05 with this ad
First time clients only

CURRY ROAD
ROTTERDAM

ADAMS
Family Owned & Operated

Family Owned
and Operated
Since 1968

HEATING & COOLING CO. INC.

"Our Business is Your Comfort"
www.adams-heating.net

DUCT AND DRYER VENT CLEANING

• Sanitizing • Deodorizing **NEW** Now Offering
The area's premier duct cleaning machine. **Ultraviolet Air Purifiers**

**20,000 CFM
Vacuum**

**CALL THE PROFESSIONALS
FREE DUCT CONSULTATION**

Albany 465-0100 Schenectady 356-4730 Clifton Park 383-1881

Letters policy

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, *The Spotlight*, PO Box 100Delmar 12054. Letters can be faxed to 439-0609.

NYS Theatre Institute
NYSTI

Sat, Jan 22, 29 - 8 PM
Sun, Jan 23, 30* - 2 PM
Weekdays, Jan 20, 21,
25, 26, 27-10 AM
Fri, Jan 28 - 8 PM

*Sign language interpreted

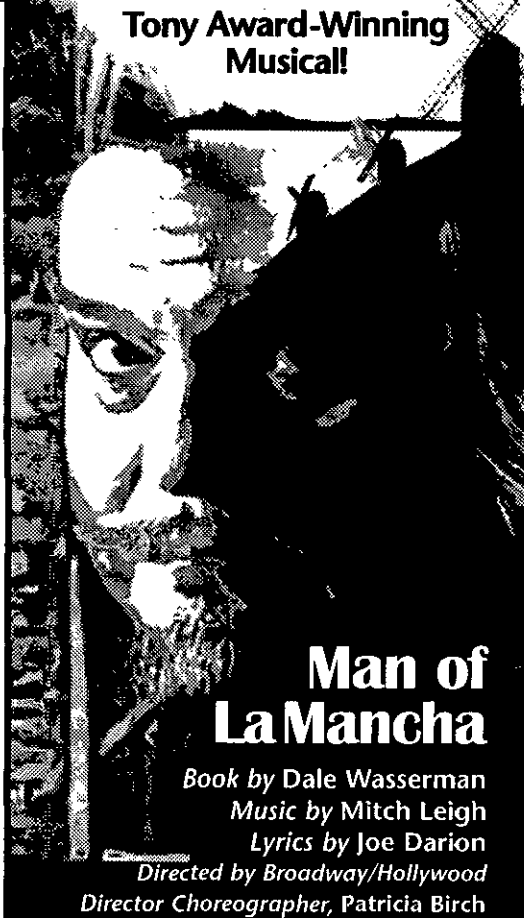
Recommended for
Age 11+

Tickets:
\$20 Adult
\$16 Senior/Student
\$10 Children
(to age 12)

All Performances in
Schacht Fine Arts
Center, Russell Sage
College, Troy, NY

Box Office:
(518) 274-3256
www.nysti.org

**Tony Award-Winning
Musical!**



**Man of
La Mancha**

Book by Dale Wasserman
Music by Mitch Leigh
Lyrics by Joe Darion

Directed by Broadway/Hollywood
Director Choreographer, Patricia Birch

Child-Centered Family-Focused

At Slingerlands Pediatric Center,
our board-certified physicians

Mark Osborn, MD;

Lisa Kamerling, MD;

Anuradha Krishnappa, MD;

Diane Tenenbaum, MD;

and nurse practitioner

Janet Carmody, NP;

Katie Cultrara, NP; and

Megan McCabe, NP are

specialty-trained in pediatrics.

We provide primary care from
birth through adolescence,
including children with medically
complex health needs.

Services include:

- Routine well-child care
- Sick-child visits
- Physicals
- Immunizations, health maintenance and education
- Behavioral support/social services
- Diagnosing/managing acute and chronic illnesses (i.e.: asthma, ADHD)

New patients welcome.

Evening and Saturday hours available.

For an appointment, call 518-475-7000.



**St. Peter's
Medical Group Practice**

A Member of St. Peter's Health Care Services

Slingerlands Pediatric Center

1240 New Scotland Road • Slingerlands, NY 12159 • www.stpetershealthcare.org

Most insurance accepted.



RIVER RATS PRESENT... LADIES NIGHT!

Saturday, Jan. 22 vs. Manchester @ 7:30pm

Great Prizes From:

MARY KAY

HANNOUSH

St. Croix Tam Win a pair of earrings!

- Carmine's Restaurant - Cravings of Albany
- Delmar Health & Fitness
- Rizzo's Florist - Comedy Works
- Butcher Block - Chameleon Salon
- George Hettie Massage

PEPSI ARENA

Wednesday, Jan. 26 vs. Worcester @ 7:00pm

** ALL SEATS JUST \$10! **

For more information call 487-2244 or online at www.albanyriverrats.com

RESIDENTIAL/COMMERCIAL

- FULLY INSURED
- REFERENCES
- FREE ESTIMATES

HRS
CONSTRUCTION, INC.

137 Columbia Turnpike - Rensselaer, NY 12144

KITCHENS • SIDING • REPLACEMENT WINDOWS • ADDITIONS
RENOVATIONS • DECKS • ENTRY DOORS • GARAGES • NEW HOMES



FREE LOW GLASS ON HARVEY VINYL
REPLACEMENT WINDOWS WITH THIS COUPON
OFFER EXPIRES 6/1/05



426-4107

www.hrsconstruction.com

Matters of Opinion

Mud slinging is unfair to reputable man

Editor The Spotlight:

I am writing in response to John Fuhrnam's comment, "We shouldn't be held hostage by Mr. Verstandig" in reference to having a real estate closing date on Dec. 31, 2004, in the Dec. 8 issue of *The Spotlight*.

If anyone is a victim in this situation, it is Bob Verstandig. Mr. Fuhrnam, just because you are angry with the Delmar Fire District members and their method of planning, why on earth would you bash such a respectable person as Bob Verstandig? You really need to get your facts straight before you make such comments. When one signs a real estate contract, one has to have a closing date stated in the contract.

One cannot leave that in-

formation out of the contract. That is basic law that most people understand.

I have worked for Bob Verstandig for eight years and not once have I heard a malicious comment such as yours. Shame on you, John Fuhrnam.

Bob's mother, Bertha, who I had the honor of knowing before her passing in 2002, started the business in 1932. I am blessed to have connected with such a wonderful family. They are one of the hardest-working families I have ever known.

They quietly give a lot to the community and seek nothing in return. It is interesting to see certain Delmar residents come out of the woodwork and all of a sudden look at Verstandig's Florist.

Are these the same people who opposed his adding greenhouses 10 years ago? If you check your records, the answer is yes. I should note I attended the first public hearing at the firehouse out of curiosity. (I live in the Elsmere Fire District). I was shocked at the maturity level of some of the people opposing the firehouse. They were interruptive, condescending and rude.

Another thing I would like to

point out is that I recognized only one family as regular customers of Verstandig's at the meeting. On man said he "cuts through" there every day to go to the library, but I have not once seen this man shop at the store or the greenhouse.

By the way, he is "cutting through" private property, thereby trespassing. I even witnessed someone from the Elsmere Fire District ask about the zoning of the Verstandig Property, and when he found out it was residential with special usage, he said something to the effect that there's probably no one else interested in buying it.

I really don't care about the battle between the Delmar Fire District and Delmar residents. What I do care about is dragging Bob Verstandig's name through the mud.

Barbara Ostroff
Delmar

Junk car ordinance should be enforced

Editor, The Spotlight:

I travel through the town of Bethlehem and could not help but notice several junk vehicles parked on property located on Meads Lane and Waldenmaier Road within the town of Bethlehem.

I recall a while ago, the *Altamont Enterprise* had several articles about issuing tickets to property owners within the town of Knox.

Doesn't the town of Bethlehem enforce its junk vehicle regulations? I feel sorry for property owners in the town of Bethlehem, as it must impact the value of their property.

Linda Newerla
Preston Hollow

Your New Year's Resolution... ...just came in!

2005 ES330

Demos

"5" to Choose

\$2,500 off MSRP

MSRP \$35,709

Attractive Savings!

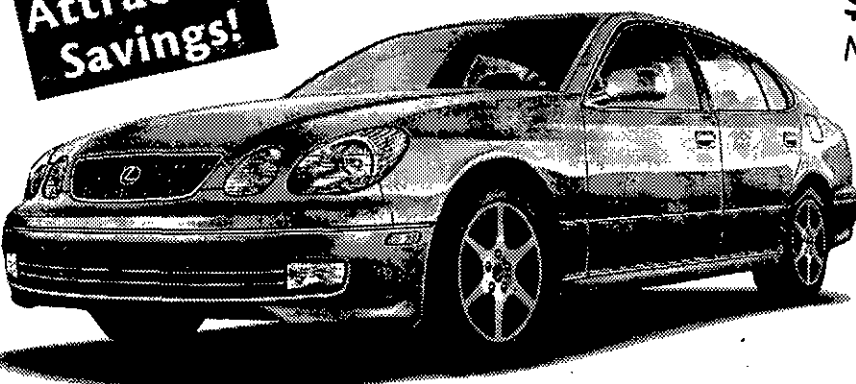


2005 GS300 Sedan

\$3,400 Off MSRP or \$479mo.*

MSRP \$41,819

Attractive Savings!



2005 ES330
\$349 mo.*

MSRP \$34,089

Lease Special



"4" to Choose



NEW COUNTRY
LEXUS OF LATHAM

*ES330, 36mo. Lease Special. \$3662 due at lease inception. GS300 39mo. Lease Special. \$3175 due at lease inception. 12K miles/year, \$0.25/mile thereafter. Tax, title and registration additional. Lessee responsible for maintenance and repairs. Credit qualified with chosen lender. Hurry in expires 1/31/2005.

999 New Loudon Road • Latham, NY • Route 9 (next to Century House), Off I-87, Northway Exit 7
FOR MORE INFORMATION OR A BROCHURE, CALL US TOLL-FREE AT 1-888-NC-LEXUS (1-888-625-3987) or (518) 786-1000

newcountrylexus.com

Letters policy

The *Spotlight* welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, *The Spotlight*, PO Box 100, Delmar 12054. Letters can be faxed to 439-0609 or e-mailed to spotnews@nycap.rr.com

Ireland

Aug. 29-Sept. 6
with tour hosts

ERNIE & ANN TETRAULT



- Fully guided vacation
- Airfare & 12 excellent meals
- Ring of Kerry ■ Dublin
- Cliffs of Moher ■ Galway
- Blarney & Kilkenny Castle

Call today for free brochure!
Holiday Vacations™
1-800-826-2266

Choosing a Bank that Works for You

By REGINALD FULLER,
Senior Vice President,
KeyBank

When I was a kid, opening my first bank account was easy. I went to the bank where my parents banked, signed a couple of papers and made a deposit.

Today, choosing a bank is not so simple. Our financial lives are a bit more complicated than trying to save a few dollars earned from a newspaper route or chores, and competition, loosened regulations, technology, as well as a more transient society, have changed the way banks do business. Also, the bank you grew up with, the bank that seemed to be an institution in your

hometown, is probably no longer your bank but a merged superbank that offers a broad array of convenient and cost-saving products and services. All of these changes make choosing a bank more difficult than it used to be. However, these changes can also mean that making the right banking choice now can be more rewarding than ever.

Why are you choosing a new bank?

You may be in the market for a new bank for two reasons: one, you may be a new banking customer, or two, your current bank does not offer the products and services you need.

If you are a new banking customer, chances are that you are looking to open a basic

checking or savings account. If you are an existing but not completely satisfied customer, you are more likely to be looking for an expanded range of products and services that can meet your growing financial needs, such as retirement accounts, credit services, mortgages and financial planning.

Either way, the most important factor to consider when choosing your new bank

is not what you want your bank to do for you today but what you may want your bank to do for you now and in the future. Do you have young children you plan to assist through college? Is relocation in your future? Maybe you are more rooted and live in a house you love but would love a little more with some updates. Whatever the case may be, a good bank can, and should, grow with you.



Reginald Fuller

What bank should you choose?

When shopping for a bank in today's market, you should consider four things: customer service, accessibility, technology and products/services.

1. CUSTOMER SERVICE. A bank is only as good as its people. This is particularly true in branches, where consumers rely on bank employees to be knowledgeable, responsive, professional and client-focused. So how do you, as a consumer, know which bank has the right people? Easy. Visit with different banks and ask open-ended questions, such as, "What can your bank do to meet my financial needs?" A professional banker will be able to give you an overview of the bank's products and services in language you can understand. A good banker will also work to understand your particular financial situation and make recommendations based upon your needs.

2. ACCESSIBILITY. Today's consumers are busier and more mobile than ever. Banks try to meet the demands of this trend by providing people with greater and more convenient access to their money through ATM networks, online banking, branches and customer service phone lines. Still, the needs of each consumer and the scope of services each bank offers vary. For instance, if you travel, larger banks provide a larger network of ATMs and branches, which can save you time and, more important, money. If you are a mother of young children or have a disability, drive-through windows and having access to a teller without getting out of your car can be a big stress reducer. Also, another thing to think about when evaluating a bank's accessibility is your local branch's operating hours. Do they have Saturday hours? Are they open when you need them to be open? Can you get a live voice?

3. TECHNOLOGY. According to a year 2000 report by the Comptroller of the Currency, only 2 percent of national banks offered transactional Internet banking in 1997. Today, financial services companies that are not at the cutting-edge of technology are being left behind, as customers realize the time-saving benefits of convenient access to their money 24 hours a day, seven days a week. For example, online banking, ATMs and customer service lines can provide customers with up-to-date financial information for all of their accounts. Online banking also offers the added convenience of transferring money between accounts, paying bills and applying for loans from the comfort of your home. Some financial institutions even allow you to access and manage accounts you may hold with other banks through online banking. In short, whatever you can do in a branch or at an ATM you can do online.

4. PRODUCTS/SERVICES. Arguably the greatest change in banking over the years is the transition from bank as depository to bank as a full-service financial institution. Therefore, when selecting a bank, evaluating your future hopes and dreams is as important as meeting your current financial needs. For instance, will you need a line of credit to secure important purchases? What are your retirement goals? Do you have or could you benefit from brokerage/investment services? Other products and services to consider are debit cards (a great alternative to cash), direct deposit, automatic transfers and all-in-one statements. Your banker should be able to help you determine which products and services work best for you.

In the end, the selection of which bank is right for you is your decision, and it comes down to your own personal values and preferences. There is no right or wrong answer. However, understanding your needs "for both today and tomorrow" will help you make a more informed decision. It will also help ensure that you grow with your bank and get more value from your banking relationship. You might even one day realize that your banker has become a trusted financial advisor who values your business and has helped you realize and achieve your dreams. What could be better than that?

About the author:
Reginald C. Fuller is senior vice president for KeyBank® Capital Region. He is located at Key's 66 S. Pearl St. location in Albany and can be reached at 518-257-8639 or Reginald_C_Fuller@KeyBank.com.

As your bank merges,
ours emerges.

KeyBank's 180-year commitment to the Capital Region stands alone.

Your bank and your accounts have been acquired...but you haven't been sold on a thing! Now's the time to switch to KeyBank, where our commitment to the Capital Region dates back to 1825.

You may already know us for our involvement in area schools, the arts, charities and economic development projects. And you should also know us for our commitment to meeting your diverse financial and banking needs.

If you're ready for a bank whose focus is putting the customer first, we invite you to experience the Key Difference.

Enjoy quick access to your KeyBank accounts with 51 KeyCenters and 90 ATM locations throughout the Capital Region. Stop by your nearby KeyCenter, call 1.800.KEY2YOU, or visit Key.com/switch.

Achieve anything.



Mining

(From Page 1)

"We're disappointed with the decision, mostly because it doesn't reflect the realities of the situation," said Marc Gerstman, an attorney representing the FBHA.

Gerstman cited a Supreme Court decision made in 2003 that the town had some illegal zoning ordinances. Rather than penalize existing businesses, Gerstman said, the uses in existence prior to the 2003 decision became non-conforming uses, thanks to a decision by the town board. Frueh's lawyer Karen Moreau had said during the Oct. 20 public

hearing that the Supreme Court decision did not come into play; that the issue was whether mining had occurred before the August 2004 date, noting there was no definition of mining in the town code.

"Why the ZBA listened to the cloudy and vague recollections of the Fruehs is beyond me," Gerstman said.

According to the application to DEC, rock will be extracted several times a year by blasting the land with dynamite. Limestone acquired through that process will be sold, Frueh said.

The issue went through a lengthy appeals process within

the town's government, including a number of public hearings regarding the appeal.

"Both sides did a very good job presenting their sides," ZBA Chairman Michael Hodom said.

Hodom said the board was confident enough in the documents provided to Platel that the use was within the realm of Bethlehem's town code.

The board will adopt a formal resolution at its next meeting, scheduled for tonight.

"It's over, as far as we're concerned," Platel said. "We determined (limestone mining) was a permitted use."

After a number of public information sessions and hearings and a DEC-sponsored public comment period regarding the area, located about 1,500 feet west of Old Quarry Road and 1,000 feet east of Collabek Road, the FBHA members had said before the decision, their fight will not stop if the appeal doesn't go their way. From the day the decision is passed in resolution form, the group has 30 days to file another appeal with the Supreme Court.

Gerstman said he didn't know what would happen.

"We'll have to wait and see the written decision," he said.

FBHA and its lawyers have supported their arguments with case law and what they see as a foggy definition of mining. More than 20 affidavits from residents who live near the property saying they've never seen any indication of mining activities on the Frueh property were included as part of

the appeals process. They have also charged that the records Platel obtained and uses as a basis for his decision were inadequate.

FBHA used Environmental Conservation Law's definition of mining, which excludes "the excavation, removal and disposition of minerals from construction projects, or excavations in aid of agricultural activities," according to a letter from Gerstman to Hodom, dated Dec. 6, 2004.



Todd Vaccaro,
D.D.S.

Bethlehem Dental Arts

Virginia Plaisted, D.D.S.

Todd Vaccaro, D.D.S.

**Complete Family and Cosmetic Surgery
Our Comprehensive Care for Children
and Adults Includes:**

- Preventative Care
- Periodontal Therapy
- Tooth Whitening
- Bonding & Veneers
- Orthodontics
- Invisalign
- Comprehensive Cosmetic Reconstruction
- Advanced Oral Imaging and Diagnostics
- Participating with Delta Dental, Cigna PPO & Met Life



Virginia Plaisted,
D.D.S.

NEW PATIENTS WELCOME

74 DELAWARE AVENUE, DELMAR



439-3299

New Hours:

Monday, Wednesday, Thursday 7:30 a.m. - 4 p.m.
Tuesday 7:30 a.m. - 6 p.m.

www.bethlehemdentalarts.com

GET 1 FULL YEAR

(52 issues) for just **\$26.00**

If we don't cover your local news better,
we'll refund your money, **GUARANTEED!**

The Spotlight

In Albany County

☐ 1 Year — \$26.00

☐ 2 Years — \$50.00

Outside Albany County

☐ 1 Year — \$35.00

☐ 2 Years — \$68.00

Name _____

Address _____

City, State _____

Zip _____ Phone _____

Account # _____

Call 439-4949 and pay with Mastercard or VISA ☐ Mastercard ☐ VISA

Card# _____ Expiration Date _____

Signature _____

Mail Your Subscription To:

Spotlight Newspapers

P.O. Box 100, Delmar, NY 12054

PET SPA

OF
Delmar

318 Delaware Ave.
Main Square Shops
439-3670

visit our website and
see your pet live at
petdaycare.info

FREE

Day of

Doggie Daycare
with multiple day
Some restrictions apply.

Based upon availability
Valid with coupon. Expires 12/01/04

COMFORT WINDOW & DOOR CO.

Looking for experienced installers Aluminum
brake experience needed. Full time position. Paid
Holidays, Vacations, 401k, medical. Use our
trucks with complete set up

Rte. 7, Latham

Phone: (518) 783-3171

Fax: (518) 783-1137



Windows • Doors • Sliding • Sunrooms
THE NAME YOU KNOW AND TRUST



General Registration:

Saturday, January 22, 2005, Bethlehem Town Hall 10 a.m. - 12 p.m.

Cost:

\$65/child if received by January 22, 2005
\$85/child if received after January 22, 2005

Eligibility:

Children residing within the Town of Bethlehem or within the Bethlehem School District may participate at the appropriate age level. To be eligible, children must have been born prior to December 1, 2000

For more info, please visit or website www.bsc-online.org

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and a daytime telephone number for verification.

Unsigned letters receive no consideration. All letters that are published must carry a signature.

The deadline for submitting letters is Friday at noon.

The deadline for submitting letters is Friday at noon.

Write to Letters to the Editor: The Spotlight, PO Box 100, Delmar 12054. Letters can be faxed to 439-0609 or e-mailed to spotnews@nycap.rr.com.

Thacher Nature Center will host snowshoe nature trail walk

Fred Schroeder will take you for a walk in the woods on the nature center trails at Thacher Nature Center on Saturday, Jan. 22, from 10 a.m. to noon.

And, there will be hot chocolate available when you return. Snowshoes are available to rent and the program fee of \$1 is waived when renting snowshoes.

For information or to register, call 872-0800.

Village board to meet

The Voorheesville board of trustee's next regular meeting will be held on Tuesday, Jan. 25, at 7 p.m. at the village hall.

True geology revealed

The true geology of Thacher Park will be revealed at a presentation by Thom Engel, from the state Department of

NEWS NOTES

Voorheesville
Betsy Glath
765-4415



Environmental Conservation, and Ed Stander, a geologist at SUNY Cobleskill, on Saturday, Jan. 22, at 1 p.m.

They will present their recent research showing evidence of faulting and deformation of the rocks in the park.

For information, call 872-0800.

There will be a program fee of \$1.

Food for fines

The food for fines program will continue through January at the library.

Patrons can return any

overdue items during the month of January and replace each \$1 of their fine with a canned good or a non-perishable item up to a maximum of \$3.

This program will benefit the New Scotland Food Pantry.

Kindergarten meeting set

Parents who will have a child entering kindergarten at Voorheesville Elementary School in September must attend an informational meeting on Thursday, March 10, at 7:30 p.m. at the school.

School officials will answer questions about registration and the screening program, introduce school personnel and distribute and explain forms.

There also will be a time to sign your child up for a screening date. Children must be 5 on or before

Dec. 1 to register.

To confirm that your child is on the list, call Joanne Donohue at 765-2382 extension 514.

Garden club to meet

The next meeting of the Helderview Garden Club will be Thursday, Feb. 3, at 6:45 p.m. at Voorheesville Public Library.

The topic will be health issues for gardeners, presented by Barbara Gaige, master gardener from Cooperative Extension.

For information, call 765-2889.

PTA to meet

The Voorheesville PTA will hold its next meeting on Thursday, Jan. 20, at 7 p.m. in the elementary school library. The meeting is open to the public.

Preschool registration

General registration for the Voorheesville Community Preschool will be held on Saturday, Jan. 22, at First United Methodist Church in Voorheesville from 10 a.m. to 1 p.m.

For information, call 765-3675.

Library offers scrapbooking program

Are your family photographs unlabeled or unaccounted for? Are they misplaced and wrinkled?

This year, make them and yourself happy by "scrapbooking."

Scrapbooking is a hot hobby for cold winter days, and the library is ready to help you with a two-part instructional program.

Join us on Tuesday, Feb. 1, at 7 p.m. for an informational presentation on this exciting new trend for displaying your memories with Wendy Burke, a Creative Memories consultant.

Burke will show what types of materials are available and will provide examples of scrapbooks - some simple and some fancy.

Participants are encouraged to bring and share with the group any scrapbooks or pages they already have to illustrate a variety of styles.

On Thursday, Feb. 17, at 7 p.m., we will put all that information to good use at a scrapbooking workshop.

The workshop is open for beginners and experienced. Bring your scrapbooks and start working on those pictures.

Burke will bring tools for you to use and will offer her experience and talent to help you frame your pictures in some innovative ways.

You may attend either or both sessions. No signup is required.

These programs are sponsored by the Library Friends.

Voorheesville
Public Library



Yoga class planned

On Thursday, Jan. 20, instructor Mira Lechowicz will lead a group in Kripalu Yoga.

There is no signup or fee. Just dress comfortably, bring a pad or blanket, and be at the library at 7 p.m.

Book discussion

Adult Book Discussion will meet on Feb. 2 to discuss *True Notebooks* by Mark Salzman.

Signup is necessary.

Tax help available

Our tax display is up and ready to provide you with all the documents you need for income tax preparation.

If you need assistance, our reference librarian on duty will be happy to help you.

FAMILY RING LOST

Gold with the initials "MS" - Sentimental Value

Lost between 1984 and 1988,

Most likely at Bethlehem Central High School.

Please call and speak directly

to Richard at Mailboxes ETC. 439-0211

REWARD

Hip Hop Dance Classes!!!

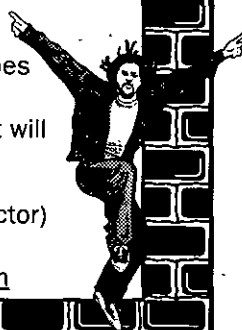
The All-Star Cheer & Dance co., home of the Extreme All-Star Cheer & Dance teams is currently holding registration for child, teen and adult hip-hop classes.

- Sessions begin in February
- Classes are held at Delmar or Cohoes locations

ASCADC has an exceptional staff that will provide you with the best instruction!

Call us today. Katie O'Brien (Director)
(518) 439-8450

www.allstarcheeranddance.com



Complete Duct Cleaning Special FREE Sanitizing*

FAMILY DANZ
HEATING & AIR CONDITIONING, INC.
"We Treat our Customers like Family"
427-8685
www.familydanz.com

* When you order the whole home duct cleaning service. Exp. 2/15/04

We'll warm the cockles of your heart...

January Thaw Sale

From tools to jewels, we've got it all.



We're
Ox sackie Antique
Center

10 - 50% Off
Everything In The Store
(through the end of January)

...the anything store.

Open 7 Days a Week 10 a.m. - 8 p.m. • 731-8888
Rt. 9W, West Coxsackie, 8/10 mi. from Thruway Exit 21B

In the Capital District, there isn't a single real estate agent providing the finest service.

There are two.

Ro Mosmen & Ann Manning

& MOSMEN
& MANNING

448-5340

448-5726



231 Delaware Ave, Delmar, NY 12054

Thanks for 15 great years Joelle.



Congratulations Joelle Swere on 15 years of dedicated service. Joelle began her career at Bethlehem Dental Arts as a dental assistant and after obtaining her degree returned as a Dental Hygienist.

Thanks for all your hard work and dedication... you are appreciated and loved by staff and patients alike. Here's to the next 15!

Bethlehem Dental Arts
74 DELAWARE AVENUE, DELMAR

439-3299

Pursue . . .

... comfort in
your retirement with
a plan to address
inflation

1979 US Stamp - 13 cents
2005 US Stamp - 37 cents



Mark T. Bryant, CFP®
www.bryantassetmgt.com

1280 New Scotland Rd.
Slingerlands
439-1141

Securities and Advisory Services offered through Commonwealth Financial Network, Member NASD/SIPC, A Registered Investment Advisor.

Asset Management



New investors minimum
account \$250,000

Got news or views?

The Spotlight welcomes announcements of programs or events occurring in your neighborhood.

All announcements should include the date, time, location and cost (if any) of the event, along with contact information. Announcements are published space and time permitting.

Submissions can be faxed to 439-0869, e-mailed to spotnews@nycap.rr.com, or mailed to *The Spotlight*, P.O. Box 100, Adams St., Delmar 12054.

The deadline for all editorial copy is noon on the Friday prior to publication.

The Spotlight also welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and phone number. Anonymous letters receive no consideration.

The Spotlight also welcomes longer opinion pieces for the Point of View column.

For information about submitting a Point of View, contact Susan Graves at 439-4949.

Bethlehem Public Library launches new self-serve computer signup

The Bethlehem Public Library is pleased to announce the launching of self-serve computer signup.

From now on, patrons who wish to use the public PCs for Internet access or word processing can sign up at any catalog station.

Signup is simple as on-screen and printed instructions are available at each catalog station.

Your ticket to ride

Use of this new service requires a valid library card. Residents of Albany and Rensselaer counties can sign up for a free card at the checkout desk. You will be required to produce identification and proof of residence.



If you've lost your card, the charge to replace it is \$3.

Patrons residing outside the library's service area should inquire at the information desk about other options.

Privacy policy

It is the policy of libraries everywhere to protect your privacy. Therefore, staff may not distribute your library card number in any form, including writing it on a slip of paper for your use.

Remember: without your library card, you will not be able to sign up for Internet or word processing at public computer stations.

However, privacy policy also means that this automated signup system does not gather or track

Just married, engaged or celebrating a milestone anniversary?
Call Spotlight at 439-4949 to request an announcement form.

patron information.

Your library card number is erased from the system at the end of each day.

Computer use policy

Public computer use will remain on a first come, first served basis. There are no advance reservations.

As usual, you will be allotted 60 minutes a session. Your session will automatically time out after 60 minutes. The computer will alert you as you near the end of your session.

For more information, refer to the informational Q and A sheet at each signup station.

As always, ask a librarian if you need further help.

Grondahl talk postponed

The author talk with Paul Grondahl scheduled for Sunday, Jan. 23, has been postponed.

I Rose Like A Rocket: the political education of Theodore Roosevelt has been rescheduled for March 20, at 2 p.m.

Louise Grieco

Announcing The Annual POP WARNER Board of Directors Meeting

January 20th at 8 p.m.
Bethlehem Town Hall



All members in good standing welcome.

For more information go to
www.bethlehempopwarner.com

PET SPA OF Delmar

318 Delaware Ave.
Main Square Shops
439-3670

visit our website and
see your pet live at
petdaycare.info

Largest Gattery In
the Capital District

FREE

night stay at our
Spa for your cat

Multiple night stay required
(\$15 value)

One coupon per customer
Expires 12/01/04

www.spotlightnews.com

It's about business.

It's about family.

It's about community.

It's about time.

Just a click away from your Capital District quality newspaper.

www.spotlightnews.com



Lauri and Brian Reichenbach

Stewart, Reichenbach marry

Lauri Christine Stewart, daughter of David and Merelyn Stewart of Delmar, and Brian Scott Reichenbach, son of David and Roberta Reichenbach of Lake George, were married May 15.

The Rev. John Barclay performed the ceremony at First Presbyterian Church in Glens Falls. A reception followed at Hiland Country Club in Queensbury.

The maid of honor was Deborah Stewart. The bridesmaids were Jenn McInerney, Kerry Hoenig, Stacey Bylsma, Robin Reichenbach and Rebecca Magers. The best men were Ed Reichenbach and Vinnie Crocitto.

Groomsmen were Mike Robinson, Duane Wood, Andy McMahon, Mike Congel and Mike Cone.

The bride is a graduate of Bethlehem Central High School and Junior College of Albany. She is an assistant to the New York state chief information officer.

The groom is a graduate of Lake George High School and University at Albany. He received his law degree from Albany Law School. He is chief counsel to the New York state Civil Service Department.

After a wedding trip to Disney World and Key West, Fla., the couple lives in Lake George.

Mitchell, Robinson wed

Megan Elizabeth Mitchell, daughter of John and Mary Ann Mitchell of Delmar, and Gregory Nathan Robinson, son of Wendell and Nancy Robinson of Charleston, S.C., were married Oct. 30.

Dr. Tonya Dodge and Rev. Lizbeth Groo, cousin of the groom, performed the ceremony at The National Museum of Dance in Saratoga Springs. A reception followed.

Brides attendants were Erin Mitchell, sister of the bride, and Brendan Mitchell, brother of the bride.

The best man was Adam Robinson, brother of the groom.

The bride is a graduate of Bethlehem Central High School and Dartmouth College. She received a master's from Pratt Institute. The groom is a graduate of Ohio State. He received his doctorate from University at Albany. The couple lives in San Francisco.



Gregory and Megan Robinson

Fine Dining In Your Neighborhood



Try our new
"Neighborhood Menu"
additions!

...these seasonal entrée
selections are light
on your wallet
and warm on your heart.

Bring the whole family!
We're not just for special occasions.

Take Out Available • Open Monday Beginning Jan. 17
614 Rt. 9w Glenmont
www.patroonhouse.com

463-5130

Recycle this paper

You are Invited

State of the Town Address

Bethlehem Town Supervisor

Terri Egan

Friday Feb. 4 – 8 a.m.

Bethlehem Town Hall

445 Delaware Ave., Delmar

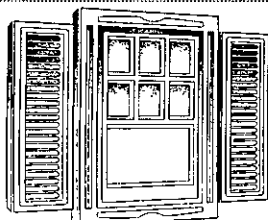
Open to Chamber of Commerce Members and the public

Bethlehem
Chamber of Commerce

To make reservations:
info@bethlehemchamber.org
or call 439-0512

GIUFFRE CONTRACTING

Energy Saving Home Improvements



VINYL WINDOWS/SIDING/ENTRY AND PATIO DOORS

Tired of those old drafty windows?

Sick of throwing money out the window every time your heat kicks on?

WE CAN HELP!

Save on energy costs. We furnish and install vinyl replacement windows that can make a world of difference in your heating bill.

Call Today For a FREE Estimate

365-4703 OR 426-5626

www.giuffrecontracting.com

Stephen J. Giuffre-Owner / Installer

Fully insured/ References available

IT'S ABOUT TODAY. IT'S ABOUT TOMORROW.



IT'S ABOUT FINDING THE RIGHT FIT FOR YOU.

You've worked hard to build your financial position. How can you both protect and make the most of it?

For over 100 years, people have relied on Trustco Bank to make the most of their money.

- ✘ Customized Investment Strategies
- ✘ Planning for Retirement
- ✘ Trust Administration
- ✘ Estate Settlement
- ✘ Bill Paying Services
- ✘ Frequent Personal Meetings
- ✘ FREE Account Consolidation Services
- ✘ FREE Portfolio Analysis

With Trustco, you have an institution that you *know* will be there for you.

IN THE END, IT'S ABOUT TRUST.

Free Review

Let us give you a free evaluation of your portfolio and a breakdown of the actual fees you're paying now.

Call Trustco's Trust Department today, at

518-381-3871 OR 1-800-670-3110

www.trustcobank.com

**TRUSTCO
BANK®**
Your Home Town Bank

Egan

(From Page 1)

a bar for government operations in the town that people have responded to, Egan said, mirrored in the overwhelming attendance of workshops and public meetings, perhaps most notably regarding the comprehensive planning process.

"The primary concern of residents, which really resonated in my campaign, was the moratorium, the comprehensive

plan," Egan said.

Egan expects to have the drafted plan adopted in the first quarter of 2005, to be quickly followed by new zoning codes. The lag between the two, Egan said, will allow developers time to get used to the new concepts.

The final draft of the comprehensive plan will be ready for review by residents on the town's Web site, www.townofbethlehem.org, Jan. 20. A townwide workshop, to allow for public comment on the plan will be held Feb. 3.

"We're hoping sometime in the middle of March for consideration (by the town board)," Egan said.

By the end of the process, the town will have held about 30 meetings, said Public Works Commissioner George Leveille, also finishing up his inaugural year as head of that department. That figure excludes all the impromptu meetings at automotive body shops, in grocery store parking lots and on soccer fields, Egan and Leveille laughed.

"This community demands, at this point, that type of approach. We've tried our best to be open and transparent and public," Egan said. "Everything's an open book, from the government we run to the policies we're trying to enact."

That value reverberated in the halls of the Delmar Fire District, Egan said, when residents defeated a \$6 million bond project in mid-December. A slew of residents, at public meetings, criticized the fire department for providing what they saw as a lack of information about the project.

"Unfortunately, what we saw with the Delmar Fire District, was that people felt they didn't have enough input. What we've found is that if you're up front, give them the facts, people are very reasonable, and they ask great questions."

Though some have publicly criticized the town board for holding its meetings at 5:30 p.m., Egan doesn't believe it's indicative of the majority of residents. At the organizational

meeting, two residents who attend most board meetings said the time prevented residents who want to participate from doing so.

Councilman Tim Gordon, an Independent, agreed.

"Five-thirty is convenient to me, but a hindrance to public participation," Gordon said, before he voted "no" to set board meetings on the second and fourth Wednesdays of every month at 5:30 p.m.

Egan said she's gotten no calls on the issue.

"Anyone who walks into my office or calls me up on the phone can talk to me," Egan said. "There's a level of trust that's developed. Someone who wants answers doesn't have to wait until a board meeting."

Leveille said the most contentious issues usually get a public forum, where residents can participate. Public forums are usually set for later in the evenings and, with regard to the comprehensive planning process, have been mostly well attended.

In 2005, residents can expect more public forums, Leveille said.


Town officials are awaiting word about a local waterfront revitalization plan (LWRP) grant that would put into place some sort of long-term vision for the Hudson River waterfront.

After what town officials deemed a successful open space, trailways and recreation focus group that was part of the comprehensive planning process, another group of landowners or open space advocates or both, will be assembled with the task of establishing a greenway system within town.

Capital District YMCA

Bethlehem Area Branch

900 Delaware Ave. Delmar
439-4394
www.edymca.org



Fitness Center • Aerobic Studio
Children's Corner • Ice Rink
Vacation Fun Club
Summer Day Camp

Ohav Sholom Senior Citizen Apartments

One Bedroom and Studio Apartments Available for Immediate Occupancy

115 New Krumkill Road
Albany, New York 12208

- Rents starting at \$372, Including heat/hot water/electric
- Scenic park-like setting
- City bus transportation at door
- Beautician and store on premises
- Weekly social activities
- Private, on-site parking

E-Mail: info@OhavSholomApts.org
Web: www.OhavSholomApts.org

 Equal Housing Opportunity **489-5531**

SPOTLIGHT ON SENIORS

Spotlight Newspapers, in conjunction with Senior Services of Albany, is proud to bring you **Capital District Senior Spotlight**. Right here, "at your fingertips," you will have access to information about today's hottest issues regarding health, travel, special events, and more! Plus learn what's happening in your own community.

Please look for us monthly at various Capital Region drop-off sites, including senior centers, physician offices, and community centers. Or call Eileen Handelman at 463-4381 for subscription information.

2nd Annual Health & Services Fair

the resource for seniors

Admission to this fair is free and the event is open to all adults. The fair provides free health screenings (see page 6 for details).

Volunteering - It's good for the soul

April is a time of renewal, a time when Spring is in the air, naps are coming up, and spirits are high. April is also a time when the country focuses on volunteerism. April 21-27 is National Volunteer Week. Many organizations locally will be recruiting those who are motivated to give so much of themselves all year long in order to help others in their own communities.

Senior BLUE

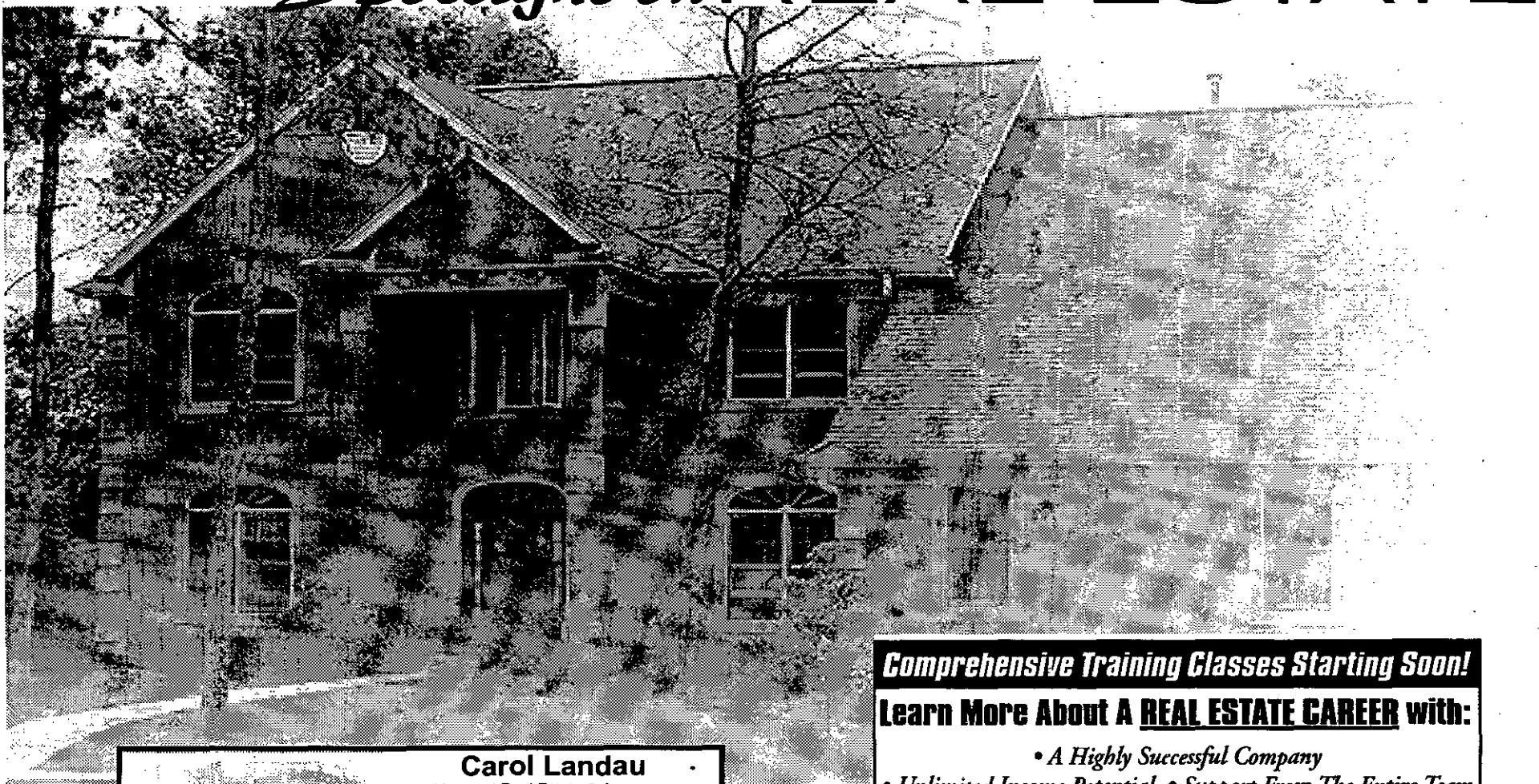
Senior BLUE is a new publication in cooperation with Senior Services of Albany. It's a monthly newsletter that provides information and resources for seniors. It's a free service for seniors and their families. For more information contact the Senior Adult Office, 439-4394.

Wellness

It's true - it's the best

Wellness is a state of being that can be achieved through a combination of physical, mental, and emotional health. It's a holistic approach to health that focuses on the whole person, not just the physical body. Wellness is a journey, not a destination. It's a way of life that can be practiced by anyone, at any age.

Spotlight on REAL ESTATE



Carol Landau
Licensed Real Estate Salesperson

ONE SMART MOVE
A Bethlehem Resident and Real Estate Professional with:

- Excellent market knowledge
- Integrity
- Superior proficient service

318 Delaware Avenue, Delmar
439-1900 x 217
clandau@weichertne.com
www.weichertne.com

Weichert Realtors
Northeast Group

Independently Owned and Operated

Comprehensive Training Classes Starting Soon!

Learn More About A **REAL ESTATE CAREER** with:

- A Highly Successful Company
- Unlimited Income Potential • Support From The Entire Team

Saturday, Jan. 28 10 a.m.-11a.m.



214 Delaware Avenue, Delmar
RSVP Ellen Mark 640-4619

Count on Cathy

Superior level of service and in-depth knowledge of The Capital Region allows Cathy to fulfill every clients dream.

Cathy Cooley
(518) 448-6121 vm
CCooley@RealtyUSA.com
CathyCooley.realtor.com

RealtyUSA.com

Serving Our Seniors

Thinking of retirement? Need a smaller home with less work? Does a retirement community fit your needs? Maybe you don't want to leave your home but need more in-home care. A reverse mortgage could be the way to go. Let us put our expertise to work to you.

Kirsten Blanchard
CBR, GRI, SRES
Associate Broker

Gloria Herkowitz
GRI, SRES

Call Kirsten or Gloria at 439-2888

RealtyUSA.com

PROPERTIES FOR SALE

Living' on Easy Street, Malta — \$224,900

This charming 3 bedroom, 2 bath colonial sits on a well-manicured lot of almost an acre. Living room, dining room, family room with built-in bookcases and a finished playroom in the basement finish off this gem. Off Northway Exit 11, Shenendehowa schools.



Loudonville Ranch — \$279,900

3 bedrooms, 2-1/2 baths, hardwood floors, fireplace, almost 1 acre.

Lakefront, Rensselaer County — \$439,000

50 Acres +/- on Lyons Lake. Property has over 1200 feet of lakefront with an ongoing seasonal cabin rental business. Quaint, no motorboat lake. Ideal for development. East Greenbush Schools.



Contact **PAUL EHMANN** at
Coldwell Banker Prime Properties
281-0770



V'ville

(From Page 1)

"We have a seven-year plan by which we rotate buses in our fleet each year because we don't want a fleet of old buses that is too costly to maintain," Winchell said. "This way we never have to go to the public asking to replace our entire fleet." She added that buses are retained or retired on the mechanics' recommendations.

In past years, the district bought buses outright to avoid paying debt service. According to Winchell, it was possible to do this because the state would reimburse the district for the total cost of the bus the following year

so each year they had revenue to offset bus purchases.

Last year, though, the state revised its school aid policy and will now amortize the cost of buses and pay districts partial reimbursement over a five-year period. Without an annual reimbursement of its total new bus expenditure, the district is forced to bond for upcoming purchases, Winchell said.

According to Superintendent Alan McCartney, the new policy saves the state money but ends up costing school districts more money in debt service. As a result, taxpayers in New York end up paying more so the state appears like it's spending less.

As for upgrades and repairs to buildings, Maintenance Superintendent Michael Goyer outlined projects in need of attention in the upcoming years.

Among his highest priorities is replacing asbestos tiles still in the elementary school.

"We have 20 classrooms in need of floor tile replacement," he said. "Some tiles are as old as the school."

According to McCartney, the tiles in no way present a health hazard. "I want to stress that the asbestos is not a danger to anyone's health," he said. "There is no asbestos flying around in the classroom." Goyer added that it would take a power sander to disperse asbestos particles into

the air.

Also high on Goyer's to do list are upgrades to the elementary school's antiquated vents.

The vents, installed 40 to 50 years ago, circulate outside air into the classrooms heating it as it enters the system. He said five of the 47 vents are broken and cannot be repaired because spare parts are unavailable. "The units are obsolete and are a drain on our energy costs," he said.

Other repairs include new ceiling tiles, locker and bathroom refurbishing, parking lot paving and a new roof over the library.

"We need to look into a plan and be proactive rather than wait for something to happen," Goyer said. "We organize, prioritize and synchronize."

code of ethics may not violate state or federal hiring laws.

"The commissioner of education prohibits school boards from not hiring on the basis of family or marital relations nor can individual members be barred from voting," McCartney said. "Any new code of ethics must meet all requirements of municipal law."

According to McCartney the only hiring limitation available to school districts is one restricting an employee from working directly for a relative. School districts may also adopt a disclosure policy by which job applicants must disclose any relatives they have working in the school district.

Board members agreed to further discuss the matter and vote on it at next month's meeting.

In other business, board member Tom McKenna, president of the Voorheesville Community and School Foundation, announced that the honoree for this year's spring gala and auction is McCartney, who after serving as superintendent since 1989, retires this spring.

Funds raised through the auction go toward paying for a needed project of the honoree's choice. Last year's honoree, retired elementary school Principal Ed Deigel, chose that the proceeds to go toward an art welcome center in the elementary school.

McCartney is expected to make his recommendation to the foundation soon.

The gala and auction takes place June 4th at the Albany Country Club.

Office Administrator

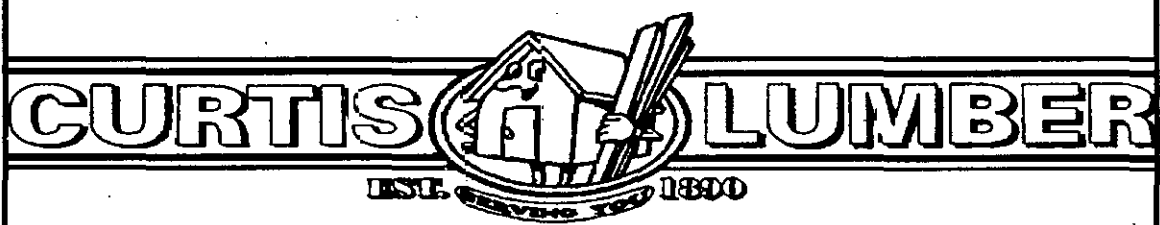
Bring your "take charge" attitude and your computer skills and join our team. We offer an exciting opportunity in our Delmar office.

Excellent starting wage and great benefits.

Apply in person at our Delmar office, 11 Grove St. Delmar, NY. Call 439-9968 for directions.

Or visit us on the web www.curtislumber.com.

EOE



DON'T START. BE FREE!

STRIKE BACK AGAINST TOBACCO with JACKIE CHAN

Cigarette makers are out to get you. They need to hook new customers like you to replace the 10,000 who die everyday. Don't start. Be free!

Shovel out hydrants

Bethlehem Chamber of Commerce In Business – For Business • Since 1957

Nominations Needed

Do you know someone special in our community?

- A volunteer who donates time helping others without seeking or expecting recognition?

The Chamber will soon select winners of the annual **COMMUNITY SPIRIT AWARD**

Send us your contact information and your nominee's name, spelling out the reasons why he/she/they deserve recognition.

Nominations accepted by fax, email or mail until 12 noon, January 28

318 Delaware Ave., Delmar, NY 12054

fax: 475-0910 • info@bethlehemchamber.com

Hudson Valley Little League 2005 Registration

January 22 from 9 a.m. - 12 noon at the R.C.S. High School Lobby

Registration Fees:

January 22, \$80 for 1st Child, \$15 for 2nd, \$10 for 3rd

Please bring original birth certificate and one copy for Hudson Valley Little League to retain in their files along with two proofs of residence (utility bills).

For more information & schedule for tryouts call Rose Marie 756-6821

TRYOUTS:

- March 4th 5 p.m. - 9 p.m.
- March 5th 8 a.m. - 1 p.m.

at the R.C.S. High School Gym

Obituaries

Madison Kern

Madison J. "Maddy" Kern, 88, of Delmar died Wednesday, Jan. 12, at his home.

Mr. Kern was born in Slatington, Pa. He was a longtime Delmar resident.

He was an Army veteran of World War II, having served with the 66th and 94th Divisions. He was in the Battle of the Bulge and was awarded a Bronze Star.

He co-owned and operated laundromats in Albany and at the Four Corners in Delmar. He retired from Kraft Foods in Albany in 1982, working there since 1947 as a salesman and then sales manager.

He was a member of the American Legion for 58 years and was a 32nd degree Mason, Scottish Rites Consistory and a member of the Irem Temple in Wilkes Barre, Pa. He was a member of First United Methodist Church, Delmar.

He was husband of the late Ruth Lillian Kern.

Survivors include his daughter, Georgia Kern Seeman; three grandchildren; and two great-grandchildren.

A memorial service will be held on Saturday, Jan. 29, at 11 a.m. in the Chapel of First United Methodist Church, 428 Kenwood Ave., Delmar.

Contributions may be made to Community Hospice of Albany, 445 New Karner Road, Colonie 12205.

Barbara Camley

Barbara A. Camley, 76, formerly of Ravena, died Wednesday, Jan. 12.

Mrs. Camley was born in Vermont, but lived most of her life in Ravena.

Survivors include her former husband, Maurice Camley of Ravena; two sons, George Camley and David Camley, both of

Coxsackie; three daughters, Linda Pigeon of Coxsackie, Sara Wagner of Ravena and Cindy Bogardus of Coeymans Hollow; a sister, Glenna Garner of North Carolina; a brother, Carl Bennett of South Bethlehem; nine grandchildren; and four great-grandchildren.

Services were from Babcock Funeral Home in Ravena.

Contributions may be made to the American Lung Association.

Joseph Miller Jr.

Joseph C. Miller Jr., 69, of Providence Street in McKownville died Saturday, Jan. 15, at his home.

Mr. Miller was born in Albany.

He was an Air Force veteran having served from 1954 to 1958.

He worked as an investigator at the Division of Human Rights in Albany, retiring in 1997.

A longtime musician, he was

the leader and pianist of the Twilight Trio for 30 years.

He was a communicant Church of St. Margaret Mary in Albany. He also was a member of the Guildland Elks Lodge 2480.

Survivors include his wife, Virginia Dominic Miller; three sons, Joseph C. Miller III of Averill Park, Glenn L. Miller of McKownville and Roy A. Miller of Colonie; a brother, John T. Miller

of Fair Haven, Vt.; and two grandchildren.

Services were from Reilly & Son Funeral Home in Colonie and Church of St. Margaret Mary.

Burial was in Memory's Garden in Colonie.

Contributions may be made to the Alzheimer's Treatment and Research Division of Neurological Associates of Albany, 760 Madison Ave., Albany 12208.

Death Notices

Spotlight Newspapers will print paid Death Notices for relatives and friends who do not or have not lived in the coverage area for each of our weeklies. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the coverage area for each of our weeklies at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.

FALVO'S "Quality Always Shows" PRIME BUTCHER SHOP WE SELL U.S. PRIME BEEF <small>Not Responsible For Typographical Errors</small>			
SLINGERLANDS, ROUTE 85A • PHONE/FAX ORDERS 439-9273			
USDA CHOICE & HIGHER FLANK STEAKS \$5.29 LB.	USDA PRIME BONELESS SIRLOIN STEAKS \$6.59 LB.	ALL NATURAL CHICKEN BREAST GRADE A \$1.29 U.	
3 LBS. OR MORE SIRLOIN CUBE STEAKS \$3.49 LB.	OUR OWN CHORIZO OR ANDOUILLE SAUSAGE \$2.79 LB.	DEPT. DEPT. SARA LEE OVENROASTED TURKEY BREAST \$5.49 LB.	WE CARRY BONELESS DUCK BREAST • BUFFALO STEAKS • RABBITS • QUAIL-PHEASANTS
U.S.D.A. CHOICE & HIGHER WHOLE N.Y. STRIP LOINS <small>15 Lbs. Avg. Weight</small> \$5.79 U.	U.S.D.A. CHOICE & HIGHER WHOLE TENDERLOINS PEELED <small>5 Lbs. Avg. Weight</small> \$12.59 U.	10 LBS. OR MORE GROUND CHUCK \$1.89 U. GROUND ROUND \$2.59 U. GROUND SIRLOIN Extra Lean \$2.79 U.	
<small>Prices Good Thru 1/22/05 • Tuesday-Friday 9-6, Saturday 8-5, Closed Sunday-Monday</small>			

A new name
for your
old friends at
The Bostwick Group

With the merger of First Niagara Financial Group and Hudson River Bancorp, Inc.
The Bostwick Group will also merge with First Niagara Risk Management.
We will offer an even broader range of insurance products, with the same personal service that you have come to expect.



First Niagara

RISK MANAGEMENT, INC.
Insurance • Claims Services • Financial Solutions

18 Corporate Woods
Albany, NY 12211
(518) 427-7155

One Hudson City Centre
Hudson, NY 12534
(518) 828-1551

1672 Route 7A (Church St.)
Copake, NY 12516
(518) 329-6561

All your insurance
in one place.

The Schulz Agency

We're there when you need us.
We're a single source for all your insurance needs.



Douglas Schulz

163 Delaware Avenue
Delmar, N.Y. 12054
schulzd2@nationwide.com

(518) 439-2492



Nationwide*
Insurance &
Financial Services

*Nationwide Is On Your Side.**

Life insurance underwritten by
Nationwide Life Insurance Company,
Nationwide Mutual Insurance Company
and Affiliated Companies. Home Office:
Columbus, OH 43215-2220.



Kalie was my baby sister.

She loved pink.

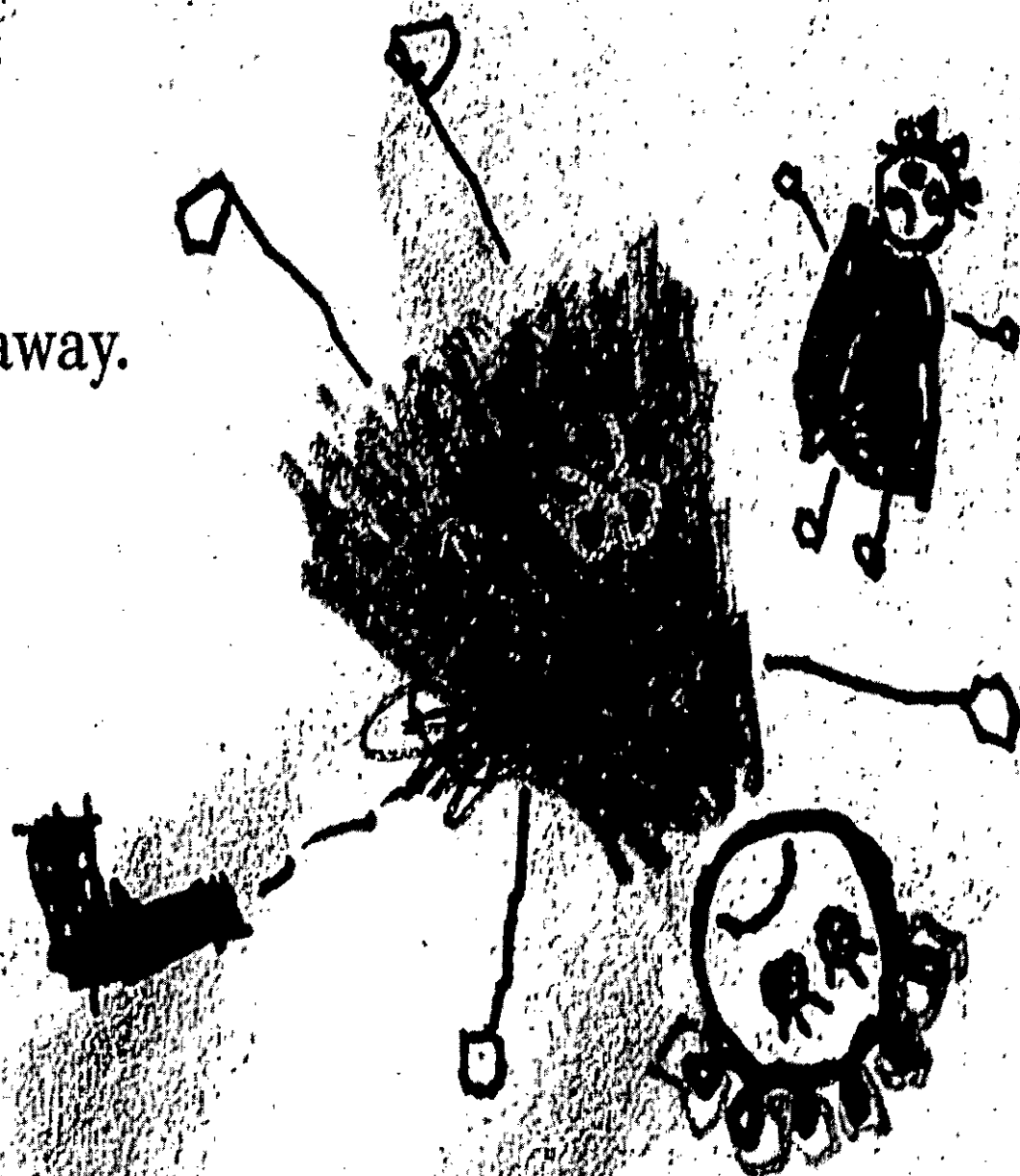
We were playing with her dolls.

I found a gun in the drawer.

It went off.

I made Kalie go away.

I hate me.



An unlocked gun could be the death of your family.
Please lock up your gun.

Health Diet and Fitness

Gearing up for demanding winter workouts

Even if you take your workouts seriously, it's easy to become sidetracked in the cold, dark days of winter. Weather, injury and lack of motivation can all keep you from performing at your best.

To avoid problems before they start, lay a solid foundation with the right equipment.

From the ground up

While runners need very little equipment for their sport, the right shoes makes all the difference.

That's why seasoned runners recommend buying shoes at a store that specializes in athletic wear, rather than a department or discount store.

Footwear experts at specialty stores can determine special features you may need based on your foot type and running conditions.

Remember, your feet will be hitting the ground with a lot of force, and that force will expand your foot during the run.

Make sure your shoes will fit properly at the end of a run by shopping for shoes late in the day, as there will be a slight increase in foot size from the morning. Experts agree that running shoes should be replaced every 400 miles or so, even sooner for heavy runners. It's important to use shoes with proper cushioning, so begin to monitor the wear at around the 300-mile mark.

If your winter workouts include training on icy or wet terrain, make sure you have a shoe with the proper tread to help avoid slips and falls.

Pump up the volume

Music is a great motivator, but runners like to be aware and track their pace and distance as well. New tools such as the Nike + Philips MP3RUN combine the best of both worlds. The MP3RUN is a small, lightweight MP3 player (with built-in FM radio) that straps to your arm

while a small wireless Bluetooth-enabled sensor attaches to your shoe, becoming the ultimate workout companion.

The sensor collects speed, pace and distance information and transmits it to the runner with on-demand audible feedback over the headphones.

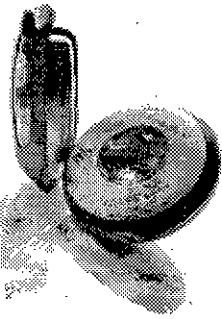
The unit features a strobe light for the low-light conditions of short winter days, a backlit LCD display and the 256MB memory can store up to 60 MP3 or 125 WMA music tracks.

The unit also stores workouts in its memory, so you can track your progress over time by downloading the data to your computer or uploading it to nikerunning.com.

Runners can also set the MP3RUN to announce time, speed and pace at regular intervals, to ensure you stay on track for your fitness goals.

For more information on the Nike + Philips MP3RUN, visit www.nikephilips.com.

Health
Diet &
Fitness



USDA ranks purple grape juice as top antioxidant drink

According to a newly published USDA database, purple grape juice made from Concord grapes tested higher in total proanthocyanidins – natural plant compounds that function as antioxidants and may contribute to good health in a variety of ways – than any of the juices or beverages it tested on a per serving basis, including red wine, tea, cranberry juice cocktail and apple juice.

The new database is part of a USDA effort to quantify some of the micronutrient properties of the foods Americans consume.

These plant compounds are of great interest because of their potent antioxidant capacity and possible protective effects on human health. Flavonoids in fruits, vegetables and juices appear to play a significant role in cancer and heart disease health benefits, and proanthocyanidins account for a significant portion of the total flavonoids ingested by Americans," says Ronald L. Prior, a nutritionist with the

USDA Agricultural Research Service at the Arkansas Children's Nutrition Center.

"Up until now, however, it has been difficult to compare the relative concentrations of these micronutrients in common foods. This database is an important step in that direction," he adds.

According to the database, grape juice topped the beverage list by containing 124 mg of proanthocyanidins per 8 ounce serving.

Compared to grape juice, red wine had 91mg/5 ounce serving, cranberry juice cocktail had 55mg/8 ounce serving, brewed tea had 32mg/8 ounce serving and apple juice had 30mg/8 ounce serving. Beer and chocolate milk trailed, each with about 7mg/serving (12 and 8 ounce servings, respectively).

"This is not surprising," adds Prior. "In a previous study we published, we measured the antioxidant capacity of several commercial juices and found

Concord grape juice to be more than two times higher than orange, apple, grapefruit or tomato juice."

Another researcher who has studied the cardiovascular health benefits of Concord grape juice,

John D. Folts, of the University of Wisconsin Medical School-Madison, notes, "These findings underscore what we know already about the potential benefits of Concord grape juice. In preliminary

studies, it reduced the tendency of blood platelets to aggregate, slowed the oxidation of LDL cholesterol, enhanced the flexibility of the arteries and reduced blood pressure."

While the authors recognize the interest in proanthocyanidins because of their potent antioxidant and potential protective effect, choosing foods high in these compounds is only one part of a healthy diet.



OUR LATHAM OFFICE IS MOVING JANUARY 12TH

to 713 Troy Schenectady Road
(In the New Latham Medical Group Suite)

CAPITAL REGION CARDIOLOGY ASSOCIATES

CAPITAL REGION
CARDIOLOGY
ASSOCIATES, P.C.

BOARD CERTIFIED IN
CARDIOVASCULAR
DISEASE

IGAL ZURAVICKY, M.D., F.A.C.C.
MICHAEL P. BERNSTEIN, M.D., F.A.C.C

Invasive & Non-Invasive Cardiology
Including Cardiac Stress Testing, Cardiac Catheterization,
Angioplasty, Cardiac Pacing, Nuclear Cardiology,
Echocardiography and Vascular Testing

WE ACCEPT MOST INSURANCE PLANS
INCLUDING MEDICARE AND HMO'S

438-6236
854 Madison Avenue,
Albany

785-0734
713 Troy-Schenectady Road,
Latham

383-2346
282 Grooms Road,
Clifton Park

www.capregcardio.com



Choose Sunnyview.

Don't know where to turn after an illness or injury? Did you know that Sunnyview Rehabilitation Hospital offers inpatient rehabilitation programs for spinal cord injury, stroke, pulmonary (breathing) problems and ventilator weaning, multiple sclerosis, orthopedic injuries and joint replacements, cardiac (heart) problems, brain injuries, arthritis, amputation, pediatrics, cancer, and circulation problems.

Choose
Sunnyview
Rehabilitation
Hospital



We can help. Call 382-4516
for more information or to
schedule a personal tour.

www.sunnyview.org

1270 Belmont Avenue
Schenectady, NY 12308

When you want to keep a close eye on the good health of your feet, bring them to Delmar's Podiatrist, Dr. Joseph Manzi, specializing in all aspects of podiatric medicine and foot surgery. Good foot health is just two feet away at Bethlehem Foot Care.

We're just two feet away

261 Delaware Ave.
Delmar • 439-0423



Medicare-covered Diabetic Shoes. Medicare and most insurances accepted.



Get the Facts to Fight Flu Symptoms

As the temperature drops and flu season arrives, people like you are starting to worry about getting sick — and with good reason.

With this year's major flu vaccine shortage more people may come down with the flu and it is important to get the facts about fighting flu symptoms.

If you do get the flu this year, you won't be alone. Experts say the flu, which is caused by a contagious respiratory virus, afflicts millions of people each year and it has already begun to take its toll this season.

In an average year, 5 percent to 20 percent of the population gets the flu, and

this season 28 states have already reported flu activity.

The flu season can begin as early as October and end as late as May. Knowing how to treat your symptoms early can prevent the spread of illness to friends and family.

The first step to effectively treating symptoms is to distinguish between flu and cold symptoms since they can easily be confused.

According to the Centers for Disease Control (CDC) with the flu, symptoms such as fever, body aches, extreme tiredness, and coughing are more common and severe.

Colds, however, are milder and more likely to cause a runny or stuffy nose.

Those who do come down with the flu may suffer from a range of symptoms, including high fever, headache, extreme tiredness, cough, sore throat, runny or stuffy nose, muscle aches and even nausea, vomiting and diarrhea.

Now that you know what the flu symptoms are, the second step is to be aware of how and when the virus can be spread. Droplets from coughing and sneezing spread the flu by person-to-person contact



Child-Centered Family-Focused

At Slingerlands Pediatric Center, our board-certified physicians

Mark Osborn, MD;

Lisa Kamerling, MD;

Anuradha Krishnappa, MD;

Diane Tenenbaum, MD; and nurse practitioner

Janet Carmody, NP;

Katie Cultrara, NP; and

Megan McCabe, NP are specialty-trained in pediatrics.

We provide primary care from birth through adolescence, including children with medically complex health needs.

Services include:

- Routine well-child care
- Sick-child visits
- Physicals
- Immunizations, health maintenance and education
- Behavioral support/social services
- Diagnosing/managing acute and chronic illnesses (i.e.: asthma, ADHD)

New patients welcome.

Evening and Saturday hours available.

For an appointment, call 518-475-7000.



**St. Peter's
Medical Group Practice**

A Member of St. Peter's Health Care Services

Slingerlands Pediatric Center

1240 New Scotland Road • Slingerlands, NY 12159 • www.stpetershealthcare.org

Most insurance accepted.



or by touching your nose or mouth after coming in contact with a surface that had the virus on it. People can pass the flu along even before they realize they're sick.

"Once symptoms start, it is important to treat them with over-the-counter medications — they make you feel better and can help to prevent the spread of the flu," says Dr. Holly Atkinson.

Advil Flu and Body Ache, for example, relieves body aches and pains, fever, headache and nasal congestion associated with the flu.

To help prevent the spread of the flu, Robitussin DM helps people with coughs that are more frequent and non-productive stop coughing.

If you have a cough plus other flu symptoms, Robitussin Flu treats the cough and symptoms such

as headache, fever and body aches.

In addition to over-the-counter medications, the following tips may help you fight the flu this year:

- Get lots of rest and avoid physical exertion.
 - Drink plenty of liquids.
 - Avoid using alcohol and tobacco.
 - Rub ointment on and around a nose that is red and raw from sniffing.
 - Use a humidifier in your bedroom and take hot showers to clear a stuffy nose.
 - Have some chicken soup — it has been proved to have a clinical benefit.
 - Dress in layers; when you feel warm remove a layer or two, and when you feel chilly, layers can be easily added.
 - Stay home and treat your symptoms to prevent spreading the flu to others.
- To find out when cough, cold and flu are in your area, sign up for Cough, Cold & Flu Alerts at www.robitussin.com.

Time for a change.

www.theplasticsurgerygroup.net

Our board-certified plastic surgeons can help you make some changes for the better. Call us today for your private consultation.

Gerald Colman, MD E. Scott Macomber, MD Steven Lynch, MD

John Noonan, MD William DeLuca, Jr., MD

Douglas Hargrave, MD Jeffrey Rockmore, MD



Confidence is Beautiful™

1365 Washington Avenue, Albany
Up to 100% Financing • 438-0505



FREE FACIAL REJUVENATION SEMINAR: Wednesday, January 19 at 7pm • Register online, call 438-0505 or just stop by.

CSSC announces Healthier Aging Campaign

By Edward Neary

Colonie Senior Service Centers has announced that it will be initiating a "Taking Steps to Healthier Aging Campaign."

Many individuals are living longer than any time in the history, but still far too many people need to improve their outlook on health and disease prevention.

Colonie Senior Services believes that together with our members we can do more, and our best weapons

are literally in our own hands: the foods we choose to eat, the activities that get us moving, and the knowledge we have on the prevention and treatment of such diseases as osteoporosis, arthritis, diabetes, cancer, heart disease, depression and bladder health issues.

Our "Taking Steps to Healthier Aging Campaign" will have an outreach and programmatic component designed to increase the number of older persons who stay active and healthy both mentally and physically.

A unique aspect of the new

program will be to create public awareness for those persons not yet reaching retirement age so that they may make healthier lifestyle choices.

As we age, the increase in chronic illness and decrease in mental and physical activity creates a vicious cycle in which many adults are trapped, losing their ability to remain independent and active.

The program will be modeled on our very successful Osteoporosis Exercise & Wellness Program run by Marion T. Lamar. The characteristics of success from that program to be replicated include:

1. A comprehensive approach to promoting lifestyle changes in diet, exercise, education and attitude.
2. A social or club-like environment, with groups limited to 12 to 15 plus two co-trainers.
3. Leadership opportunities to learn to be a trainer or develop program-related special activities.
4. Incentives to commit to an on-going program, not a just a one-time class.

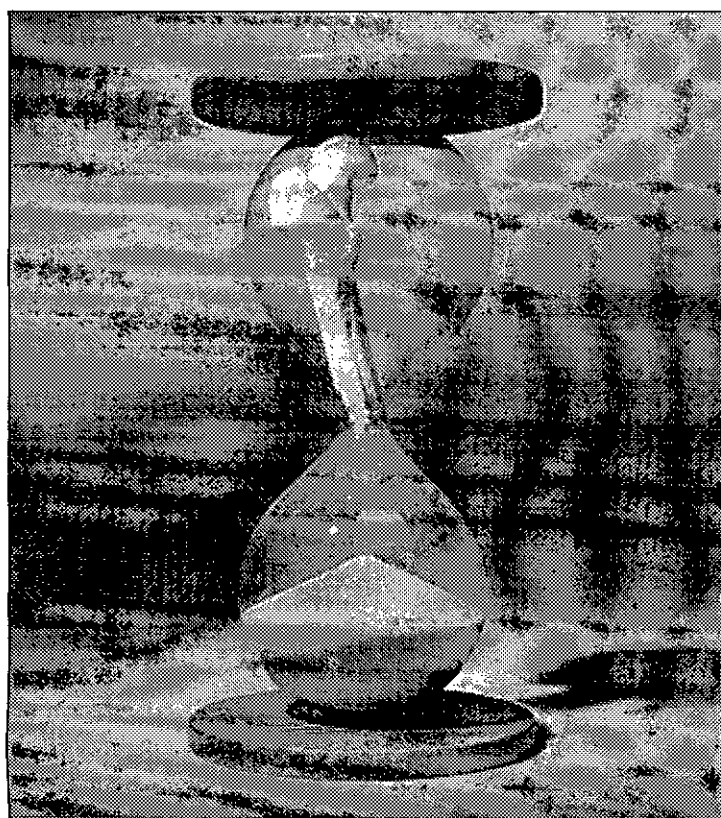
"Taking Steps to Healthier Aging" is based on the premise that one must respond to the needs of the whole person –

mind, body and spirit.

This new series of health and wellness programs, aimed at the most prevalent, chronic, age-related diseases, will be developed through "Taking Steps to Healthier Aging Campaign."

Colonie Senior Service Centers also will afford community partners the opportunity to join the campaign to help maintain, or even improve, the health and vitality of seniors and soon-to-be seniors in our community.

Watch for more information on the specific programs, times, dates and courses.



Will your bones live as long as you do?

Osteoporosis threatens 28 million American men and women, causing their bones to deteriorate and weaken. The scary part is, the disease can develop unnoticed over many years - so the time to prevent it is now. Include an abundance of calcium and vitamin D in your diet. Avoid smoking and excessive alcohol use. And perform weight-bearing exercises like walking, jogging or dancing, every day. To learn more, call 1-800-824-BONES, visit www.aaos.org, or visit www.nof.org.

American Academy of Orthopaedic Surgeons
We keep you well connected.

National Osteoporosis Foundation
Fighting Osteoporosis & Promoting Bone Health.

Gracious assisted living in The Massry Residence - part family, part old neighborhood, part resort.

- area's most spacious assisted living apartments
- personal care and assistance
- 24 hour wireless emergency response system
- free transportation to scheduled medical appointments
- 3 delicious meals daily
- at Daughters of Sarah Senior Community



www.massryresidence.org

Daughters of Sarah Senior Community is a beneficiary agency of
The United Jewish Federation of Northeastern NY

182 Washington Ave. Ext.
Albany, NY 12203
518-689-0453



www.NYOHPC.com

NEW YORK ONCOLOGY HEMATOLOGY, P.C.

*The Capital District's Premier Cancer Care Provider,
Close to home...*

**Specializing in: Medical Oncology • Radiation Oncology
GYN Oncology • Hematology • Clinical Research Trials
Stem Cell • P.E.T. Scans.**

13 Convenient Locations:

Albany:	317 So. Manning Blvd., 3 rd Fl 317 So. Manning Blvd., 2 nd Fl 43 New Scotland Avenue, Cancer Ctr.	(518) 489-0044 and 489-2607 GYN. Office: (518) 458-1390 (518) 262-6696
Amsterdam:	1700 Riverfront Center	(518) 843-0020
Catskill:	159 Jefferson Heights	(518) 943-5314
Hudson:	69 Prospect Avenue	(518) 822-8484
Latham:	1003 Loudon Road	Med. Onc.: (518) 786-3122 Hematology (518) 786-7723
Rexford:	896 Riverview Road	(518) 399-4600
Schenectady:	1101 Nott Street 624 McClellan Street, #204	(518) 243-4114 (518) 393-5809
Saratoga:	31 Myrtle Avenue	(518) 587-7670
Troy:	2215 Burdett Ave., Cancer Tx Ctr.	(518) 271-3231
Johnstown:	700 South Perry St., Johnstown	(518) 762-6900

"Where Women Always Come First"

Woman's Health Care Group

Accepting New Ob/Gyn Patients

Clarissa S. Westney, M.D.

Grace G. Jorgensen, M.D.

Barbara M. Salem, RN, MSN, FNP

Christina LaRonca, RN, MS, NP

2210 Troy Road, Route 7
The Mansion At Bellevue Hospital
Niskayuna, NY 12309

346-6400

*"Leaders Experienced And Committed
To Women's Health Since 1959"*

Bellevue Woman's Health

www.womanshealthcaregroup.com

How to choose a health fitness center

In many parts of the country, the onset of winter weather means a lot less time spent outdoors running, biking or swimming.

If you're looking to stay active, consider joining a fitness center. It can be a great way to vary your routine, add some new twists to your workout and even consult a personal trainer to take your fitness commitment to the next level. Most important, it allows you to ensure that fitness remains a part of your daily life.

However, with all the gyms, health clubs and fitness centers out there, how can you choose the

one that best fits your needs?

The experts at Life Time Fitness have offered some considerations to keep in mind before you make this important decision.



In order to make maximum use of the facilities at your fitness center, it must fit into your lifestyle—the location should be convenient and the hours should mesh with your schedule.

Choosing a gym that is close to either your home or your office typically is a good choice, since you won't have to go out of your way to work out. That also means fewer excuses.

"The more convenient the fitness center is, the more likely

you are to use it," says Mike Brown, senior vice president of operations for Life Time Fitness.

You'll also want to make sure the classes you're interested in are offered at times that fit your schedule.

The same holds true of the hours of operation. If you like to get your exercise in before work, does the facility open early enough for you to do that?

At Life Time Fitness, your schedule is their schedule—the facilities are open 24 hours a day, seven days a week.

If you plan to participate in classes at the fitness center, make sure the class lineup fits with your fitness level, needs and goals.

If you're especially interested in yoga, is there enough variety to keep you enthusiastic? If you

want a high intensity workout, does the center offer classes that will challenge you? Are classes included in the price of membership, or is there an extra charge? Also check to see if the classes are offered at times that fit into your daily routine.

Once you get these basics covered, it's time to look a little closer. Is the facility well maintained? Are the locker rooms clean and neat? Is the equipment up-to-date and in good repair?

If you haven't been to a gym in a while, you may be pleasantly surprised that a completely new approach to health and fitness exists.

Life Time Fitness, for example, has brought together sports and professional fitness programming, family recreation opportunities, and café and spa facilities and services all under one roof. With access to more than 400 pieces of cardio, resistance and free weight training equipment, multiple fitness studios and sport courts, large child care centers, large indoor and outdoor aquatic centers, nutritional products and services, and a full-service spa, Life Time Fitness offers its guests a complete health and fitness resort—not your typical health club.

"By making exercise and recreation experiences more entertaining, we find that it's easier for people to make fitness an integral part of their everyday lives," says Brown.

"At the same time, by delivering a large, beautiful and functional center, along with a comprehensive set of services and amenities, we deliver a complete health and fitness experience, not just a health club. The result is that people want to be here, as opposed to feeling like they have to be here," adds Brown.

You also should be sure to check out the staff. They should be friendly and inviting each and every time you visit and make your experience pleasant and enjoyable. And, ensure that the class instructors and personal trainers are certified by recognized fitness organizations.

In addition to your own observations, it's a good idea to talk to

people who are already members of the facility you're considering. Perhaps a friend, family member or co-worker is already a

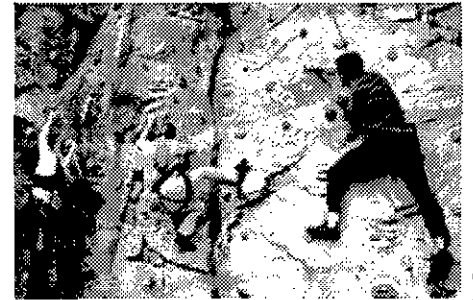
member—get their input. Does the reality of their day-to-day experience mesh with the glossy brochures you picked up during your visit?

When you are ready to sign on the dotted line, make sure you know what you're committing to. Aside from the expected enrollment fee and monthly dues, factor in any additional costs required. Do you have to pay for childcare each time you visit? Do you need to rent a locker, or pay for towels? How long is the duration of your contract? Can you cancel at any time?

Life Time Fitness offers dozens of extras. Towels are complimentary as are lockers. Even the supervised childcare and group exercise classes are provided free of charge, as are educational seminars on various health, fitness and wellness topics.

Memberships also are designed with member convenience in mind. The company offers a month-to-month membership program with no long-term contracts.

By doing some homework before you join a fitness center, you'll be sure that you are receiving the best deal and that the center will match your fitness needs and goals.



Check into Ávila...
it's the best strategy for
independent retirement living

Get in the game at Ávila,
call us! 452-4250

featuring Ávila residents

Ávila...a move in the right direction!

Ávila

in affiliation with the Roman Catholic Diocese of Albany

Now Open • Hurry for details or a tour!

Off Washington Ave. Ext at Columbia Circle Drive
100 White Pine Drive • Albany, New York 12203
www.avilaretirement.com

Offering Plan available from the Sponsor

Celebrating 26 Years of Practice in Albany & Troy Jacobs, Lee & Burack



Edward J. Jacobs, M.D., F.A.C.O.G.
Sean Lee, M.D., F.A.C.O.G.
Cheryl B. Burack, M.D., F.A.C.O.G.
MaryAnne Colalillo, M.D.
Kristine Newman, F.N.P.-C.
Annmarie C. Gaetani, R.N.C., F.N.P.-C.
Susan MackNair, WHCNP-C.

SPECIALIZING IN

Obstetrics • Gynecology • Infertility
Alternatives to Hysterectomy • Pelvic Pain
Minimally invasive surgery • Advanced Laparoscopic Surgery, Including
Laparoscopic Hysterectomy • Adolescent Gynecology
Menopause • In-Office Ultrasound • Preconception Counseling

62 Hackett Blvd. Professional Building,
Albany, 465-3318

Samaritan Medical Arts Building, 2231 Burdett Ave.,
Troy, 272-4231

▼ PARTICIPATING IN MOST MAJOR INSURANCE PLANS

S.G. Kamath, M.D.

BOARD CERTIFIED

Ophthalmology And Eye Plastic Surgery

Dry Eye Treatment
Routine Eye Exams
Motor Vehicle Eye Exams
Diabetic Eye Exams
Glaucoma
Eyelid (Plastic) Surgery
Botox Injections
Emergency Eye and Eyelid Care

1345 New Scotland Rd. • Slingerlands, NY 12159

(518) 439-1383

Sports

Second half struggles plague Lady Eagles

By ROB JONAS

Just when it seemed the Bethlehem girls basketball team had hit its stride, it ran into two of the top teams in the Suburban Council.

The Lady Eagles couldn't keep up with Columbia down the stretch in a 57-44 loss last Tuesday, and then they were dealt a 52-27 setback Friday by a Colonie Central squad that was smarting after back-to-back losses against Shenendehowa and Averill Park.

"Colonie is definitely an upper-tier team," Bethlehem coach Mark Nealon said. "I give my girls credit. They came out hard, but they just didn't get their shots to fall."

Unlike their first meeting — a 55-16 loss at the Bethlehem Tip-off Tournament in which Colonie jumped out to a 30-0 lead — Bethlehem challenged Colonie in the first half. The Lady Eagles (2-7 league, 3-10 overall) limited the Lady Raiders to five points in the first quarter and trailed 21-13 at halftime.

Colonie firmly established control in the third quarter, though. The Lady Raiders outscored Bethlehem 22-7 in the period to break the game open.

"We were in the game at halftime. The only problem when we have to work so hard defensively to stay in the game is something has to give, and in this case it was our shooting," Nealon said.

Leah Gillham led all scorers with 13 points, but her Bethlehem teammates had trouble providing her with offensive support. Kristina Dolan was the next highest scorer for the Lady Eagles with six points, and nobody else had more than three points. By contrast, Colonie had a balanced attack, led by 12-point efforts from Ola Shajuyigbe and Kelly VanValkenburgh.

"It takes a while, and there are bumps in the road," Nealon said. "It's tough, but the kids are sticking it out."

Bethlehem had better offensive balance in last Tuesday's loss

to Columbia. Katie Rowan scored 14 points, Samantha Feinberg contributed 12 points and Gillham and Liz Casline each added five points for the Lady Eagles, who trailed by one point at halftime before Columbia outscored them 36-24 in the second half.

The losses to Columbia and Colonie came after a stretch in which Bethlehem won three out of four games, including Suburban Council contests against Niskayuna and Mohonasen.

"I have no complaints about our work ethic. They come to the gym and work hard," Nealon said. "But when it comes to those (top) teams, we're not at their level yet."

Following Tuesday's game at Ballston Spa, Bethlehem has four contests left on its schedule before the Suburban Council Tournament. The Lady Eagles travel to Gold Division leader Guiderland Friday, and then they get a week off before hosting Shaker Jan. 28.

Offense struggles in two league losses

Bethlehem's boys basketball team put forth two solid defensive efforts last week, but neither resulted in victories.

The Eagles (2-7, 2-11) were outscored in every quarter — but never by more than five points — in a 57-47 loss to Columbia and a 46-36 loss to Colonie.

Kevin Stempsey was Bethlehem's top scorer in both games. He had 12 points to lead three

Eagles in double figures against Columbia last Tuesday, and he scored a game-high 15 points in last Friday's contest with Colonie.

After hosting Ballston Spa Tuesday, the Eagles get their third meeting of the season against Guiderland Friday. The Dutchmen defeated Bethlehem 42-32 in their first Suburban Council showdown Dec. 10 and posted a 54-39 victory Dec. 30 in the consolation game of Guiderland's holiday tournament.


verizonwireless
We never stop working for you.

RELIABLE MINUTES

NOW YOU GET 25% MORE MINUTES!
ON OUR NEW AMERICA'S CHOICESM FAMILY SHAREPLAN.[®]

ANYTIME MINUTES TO SHARE!	2 LINES	UNLIMITED:
500 1000	\$5999 <small>monthly access</small> \$7999 <small>monthly access</small>	MOBILE TO MOBILE to any Verizon Wireless customer with IN Calling. NIGHTS & WEEKENDS NATIONWIDE LONG DISTANCE <small>Airtime applies.</small>

All when calling from within the America's Choice Coverage Area. With 1 or 2-yr Customer Agreement on each line. Activation fees, taxes and other charges apply. *Roaming 5.69/min.

ADD EXTRA LINES \$999 EACH
monthly access

BUY 1 GET UP TO 3 FREE
COLOR FLIP
SAMSUNG SCH-W600
\$19.99



All phones require new 2-year Agreement. Shipping charges apply. While supplies last.



SWITCH TO AMERICA'S MOST RELIABLE WIRELESS

► **1-800-811-7600** ► visit any of our stores ► verizonwireless.com/offers

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest.

Letters are subject to editing for fairness, accuracy, style and length.

All letters must include the writer's name, address and phone number.

Unsigned letters will receive no consideration.

Write to Letters to the Editor, The Spotlight, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609 or e-mailed to graves@spotlightnews.com.

The Spotlight also accepts submissions for Points of View. Contact executive editor Sue Graves for details.

VERIZON WIRELESS COMMUNICATIONS STORES

Open Sundays. See store for Return/Exchange Policy.

ALBANY
1770 Central Ave.
518-452-8491
Crossgates Mall
518-862-6400

CLIFTON PARK
Shopper's World Plaza
Next to Kmart
518-373-6050

KINGSTON
Hudson Valley Mall
1300 Ulster Ave.
845-336-0111

NEWBURGH
Newburgh Mall
1401 Union Ave.
845-564-0888

NISKAYUNA
Mohawk Commons
402-404 Balltown Rd.
518-688-1444

QUEENSBURY
Aviation Mall
578 Aviation Rd.
518-615-0615

RENSSELAER
Shoppes at Greenbush Commons
600 N. Greenbush Rd.
518-687-0777

SARATOGA SPRINGS
Wilton Mall
3065 Rt. 50
518-691-2800

Or visit the new
Verizon Wireless
Store at



NOW OPEN
Albany
Syracuse
Vestal

AUTHORIZED RETAILERS Equipment prices, rebates and return policy vary by location. Authorized Retailers may impose additional equipment-related charges, including cancellation fees.

A WIRELESS SOLUTION
ALBANY
1121 Central Ave.
518-454-0008
GREENBUSH
449 N. Greenbush Rd.
518-286-3228

A WIRELESS SOLUTION
(Cont'd)
SCOTIA
Skyway Plaza, Rt. 50
518-399-8808

CCS TELECOM AND ENERGY CORP.
AMSTERDAM
120 Polar Plaza
518-843-2200

VISIT ANY LOCATION OF:



*Our Surcharges (incl. 2.31% Federal Universal Service (varies quarterly), 5¢ Regulatory/line/mo., and others by area) are not taxes (details: 1-888-684-1888); gov't. taxes and our Surcharges could add 7% to 33% to your bill. Activation fee/line: \$35/1 yr; \$15/2 yrs.

IMPORTANT CONSUMER INFORMATION: Subject to Customer Agreement, Calling Plan, credit approval and Get It Now[®] agreements. \$175 termination fee/line, up to 45¢/min. after allowance, other charges and restrictions. Usage rounded to next full minute. Offers and coverage not available everywhere. Network details, coverage limitations and maps at verizonwireless.com. Nights 9:01pm-5:59am M-F. Max. 5 lines, on same account. Limited time offer. All brand and product names not owned by Verizon Wireless are property of their owners. © 2005 20th Century Fox and its related entities.



Indians pull away from Blackbirds for key win

By ROB JONAS

The Ravena-Coeymans-Selkirk girls basketball team saw a large halftime lead nearly slip away before it pulled away to a 46-31 Colonial Council victory over Voorheesville last Friday.

The Blackbirds rallied from a 14-point halftime deficit and cut Ravena's lead to three points

before the Indians went on a tear of their own to secure the victory and avenge an earlier loss to Voorheesville.

"It was really big because it started the second half of the season, and we need to keep winning in order to get a home game for Sectionals," Ravena forward Molly McGuire said.

"We had too many turnovers,

and we missed too many free throws," Voorheesville coach Jon McClement said. "It was a situation where we beat ourselves by making too many turnovers."

Ravena (5-4 league, 8-5 overall) jumped out to a 16-5 lead in the first quarter and built a 27-13 halftime advantage.

"I think we just came out ready to play," said McGuire, who

finished with eight points.

Voorheesville (6-5, 6-7) chipped away at Ravena's lead in the third quarter before the Indians wrapped up the game with an 11-5 fourth quarter spurt.

"We didn't make any shots, and they hit a couple of key shots down the stretch," McClement said. "We just couldn't get over the hump."

Chantel McClure had a strong debut for Ravena. The transfer from the Poughkeepsie area scored 12 points to lead the Indians.

"She played really well for her first game, and she's going to be a great addition to the team," McGuire said.

Jessica Byerwalters contributed 10 points to the balanced Ravena attack. Alex Fish had 11 points to pace Voorheesville.

Ravena played Watervliet Tuesday, while Voorheesville visited Schalmont's new gym to face one of the top defensive teams in the league.

"Their (full-court) pressure is never the thing that's done us in. It's their zone that gives us trouble," McClement said. "You know going in that you have to be patient and look for your shots."

V'ville boys win Oneida Tournament

The Voorheesville boys basketball team concluded a busy week by winning last weekend's Oneida Tournament.

The Blackbirds (10-1, 14-1) downed Watervliet 72-37 Saturday and then used a big first quarter to get by Oneida 46-30 in Sunday's championship game.

The two wins concluded a stretch of three games in four days for Voorheesville — one which couldn't end sooner for

coach Don Catellier.

"We're worn down," Catellier said. "It's a lot of games and a lot of sickness (going through the team). Hopefully, we can get through this week. Get through these next two games (with Schalmont and Cohoes), and then we have a week off before Watervliet (Jan. 28)."

Watervliet provided little resistance for Voorheesville in Saturday's opening round. The Blackbirds built a 40-23 halftime lead, and Catellier was able to substitute generously in the second half to give his

starters a rest.

"Watervliet is not a bad team. They had an 8-2 record coming in, and they were in first place in their league," Catellier said.

Reserve guard Rob Bareis led Voorheesville with 15 points. Nick Duncan and Mark Carson each chipped in 14 points, and Greg Jones added 10 points against Watervliet.

Sunday's championship game against Oneida was ostensibly decided in the first quarter when Voorheesville jumped out to a 21-9 lead. The host school provided a mild challenge in the second quarter before the Blackbirds sealed the victory by outscoring Oneida 13-6 in the third quarter.

"The defense played well," Catellier said. "(Oneida has) a kid named Dan O'Neil. He had 26 points in the semifinal game (against Little Falls), and Duncan held him to four points."

Carson was named the tournament's most valuable player after scoring 15 points and hauling in 17 rebounds in the championship game.

"He had a great game. He did everything we asked of him," Catellier said.

THE DESMOND WINE DINNER SERIES

A Match Made in Heaven

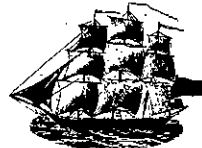
The finest international wines & delicious gourmet cuisine

Each month our executive chefs pair a fine wine from around the world with exquisitely prepared gourmet cuisine. The resulting chemistry is extraordinary.

Experience the perfect match

for \$54.95 per person.

For reservations call (518) 452-5801.



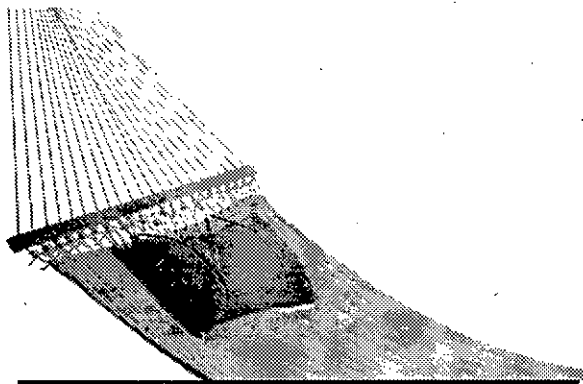
Scrimshaw
At The Desmond

Serving dinner Monday through Saturday 5:30 pm - 10:00 pm
660 Albany-Shaker Rd, Albany • www.desmondhotelsalbany.com

WHEN YOU RETIRE BE SURE TO MAKE THE MOST OF IT.

Enjoy guaranteed growth plus tax savings with an FDIC-insured IRA Certificate of Deposit from State Farm Bank®.

Call one of us today. WE LIVE WHERE YOU LIVE.™



3.25%
APY*
2-YR IRA CD

For information, call the State Farm agent near you:



Elaine VanDeCarr
848 Kenwood Avenue
Slingerlands, NY 12159
Bus: 518-439-1292

elaine.vandecarr.cklr@statefarm.com



Maryann Fazzone
619 New Loudon Road
Latham, NY 12110
Bus: 518-783-7897

maryann.fazzone.buj0@statefarm.com



Bank™

LIKE A GOOD NEIGHBOR, STATE FARM IS THERE.®



*Annual Percentage Yield as of 01/05/05 on a 2-Year IRA CD, rates subject to change without notice. Minimum balance to open an account and obtain the stated APY is \$500. A penalty may be imposed for a withdrawal prior to maturity. Certificates automatically renew at maturity at the then current rate for the same term. Some products and services not available in all areas. Insured by the FDIC up to the maximum allowable by law.

P039200

STATE FARM BANK • HOME OFFICE: BLOOMINGTON, IL • statefarm.com®

07/03

Kelleher leads BC hockey

Andrew Kelleher's four-goal performance led the Bethlehem hockey team to a 9-4 victory over Mohonasen/Schalmont last Saturday in a Capital District High School Hockey League game.

Tim Moriarty tallied and assisted on three of Kelleher's four goals for the Eagles, who were coming off a 12-1 loss to Glens Falls.

"We made some changes, moved some guys around and it seems to be working," Bethlehem coach Tom Dugan said.

The Eagles travel to the Albany County Hockey Facility to face Shaker/Colonie Friday.



Slingerlands Cooperative Nursery School

OPEN HOUSE

Sunday, January 23rd, 2005

1 - 3 p.m.

Slingerlands Community Methodist Church

1499 New Scotland Rd. 439-0386

Registration for 2005/2006 School Year 3- & 4-year old classes

HIGH SCHOOL VARSITY SPORTS RESULTS FOR THE WEEK OF JAN. 10-16

Tuesday, Jan. 11
BOYS BASKETBALL
Columbia 57, Bethlehem 47

Bethlehem leaders: Kevin Stempsey 12 points, John O'Brien-Carelli 11 points, Craig Orner 10 points.

Voorheesville 58,
Mechanicville 42

Voorheesville leaders: Nick Duncan 15 points, Mark Carson 13 points, Greg Delaney 13 points.

GIRLS BASKETBALL
Columbia 57, Bethlehem 44

Bethlehem leaders: Katie Rowan 14 points, Samantha Feinberg 12 points.

Voorheesville 44,
Mechanicville 40

Voorheesville leader: Brigit Feeney 11 points.

BOYS SWIMMING
Guilderville 94, Albany 78

Guilderville individual winners: Brendan Daley (200-yard freestyle), Bruce Maki (200 individual medley, 100 freestyle), Vadim Yafayev (100 butterfly, 100 backstroke), Andrew Gorczyca (500 freestyle), Philip Park (100 breaststroke).

WRESTLING
Colonie 61, Bethlehem 15

Bethlehem winners: Giles Chase (119 pounds), Brian Cooper (140), Sean Conway (275).

Thursday, Jan. 13
BOYS BASKETBALL
Voorheesville 48, Ravena 31

Voorheesville leader: Mark Carson 20 points. Ravena leader: Joe Fisk 8 points.

BOYS BOWLING
Shen 26, Bethlehem 6

Bethlehem leader: Nick Zautner 277 game, 743 series.

GIRLS BOWLING
Shen 29, Bethlehem 3

Bethlehem leader: Meaghan McGurn 209 game, 539 series.

BOYS SWIMMING
Bethlehem 109, Shaker 77

Bethlehem individual winners: Sean Kennedy (200-yard freestyle, 100 breaststroke), Larry Gloeckler (200 individual medley, 100 freestyle), Tim DeGross (50 freestyle, 100 backstroke), Aaron Brauner (100 butterfly).

WRESTLING
Ravena 55, Albany 7

Ravena winners: Emmanuel Hernandez (103 pounds), Doug Winnie (112), George LaMountain (125), Rob Radley (130), Tyler Lane (135), Cody Legg (140), Justin McDonald (145), Nate Graham (160), Dillon Ruxton (171), Nick LaMountain (189), Shane Ecklund (215).

Friday, Jan. 14
BOYS BASKETBALL
Colonie 46, Bethlehem 36

Bethlehem leader: Kevin Stempsey 15 points.

GIRLS BASKETBALL
Colonie 57, Bethlehem 27

Bethlehem leader: Leah Gillham 13 points.

Ravena 46, Voorheesville 31

Ravena leaders: Chantel McClure 12 points, Jessica Byerwalters 10 points. Voorheesville leader: Alex Fish 11 points.

Saturday, Jan. 15
BOYS BASKETBALL
Oneida Tournament
Voorheesville 72,
Waterville 37.

Voorheesville leaders: Rob Bareis

15 points, Nick Duncan 14 points, Mark Carson 14 points, Greg Jones 10 points.

WRESTLING
Galway Tournament

Team results: Duaneburg 186, Granville 171.5, Salem 141.5, Schenectady 133, Galway 132.5, Johnstown 113, Rensselaer 66, Broadalbin-Perth 65.5, Schoharie/Middleburgh 54, Pittsfield (Mass.) 51, Voorheesville 49, Saugerties 30, Mayfield 1.

UPCOMING BETHLEHEM SPORTS SCHEDULE

Wednesday, Jan. 19
WRESTLING

Guiderland at Bethlehem, 7 p.m.

Thursday, Jan. 20
BOYS BOWLING

Bethlehem at Burnt Hills, 4 p.m.

GIRLS BOWLING

Bethlehem at Burnt Hills, 4 p.m.

BOYS SWIMMING

Mohonasen/Schalmont at Bethlehem, 4:30 p.m.

Friday, Jan. 21
BOYS BASKETBALL

Voorheesville place finishers: Paul Hognestad (first place, 160 pounds), Steve Cardinal (fourth, 189).

Sunday, Jan. 16
BOYS BASKETBALL
Oneida Tournament
Championship game
Voorheesville 46, Oneida 30

Voorheesville leaders: Mark Carson 15 points, Greg Delaney 10 points.

Guiderland at Bethlehem, 7:30 p.m.

GIRLS BASKETBALL

Bethlehem at Guiderland, 7:30 p.m.

HOCKEY

Bethlehem at Shaker/Colonie @ Albany County Hockey Facility, 5 p.m.

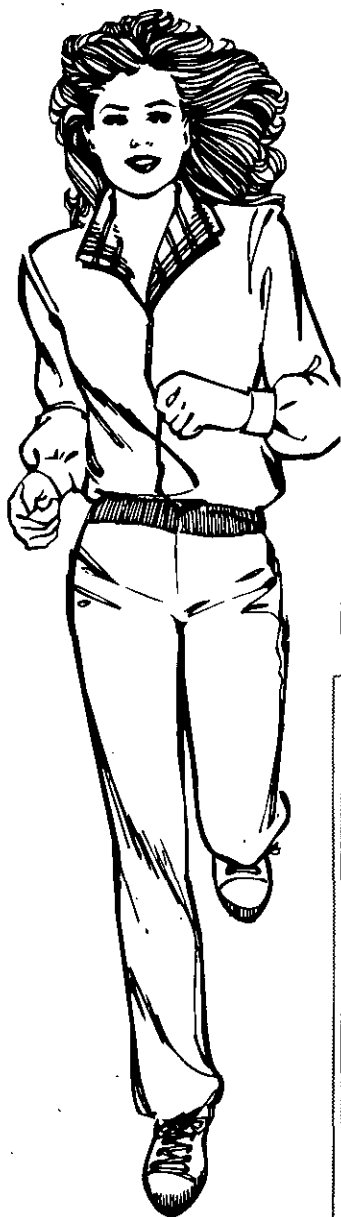
Saturday, Jan. 22
HOCKEY

South Glens Falls at Bethlehem @ Bethlehem Area YMCA, 7:55 p.m.

INDOOR TRACK

Bethlehem at New Balance Games, New York City Armory, 9 a.m.

Health, Diet & Fitness



Advanced Hearing Aid Centers


Toni Tiberi, BC-HIS*

BA Speech & Hearing Science

Hearing Solutions

To meet everyone's pocketbook


Digital Full Shell
\$890

offer expires 1/31/05


Custom Digital Canal
\$950

offer expires 1/31/05

Now at 1540 Central Ave., Albany

*Board certified by the National Board for Certification in Hearing Instrument Science


518-869-1544

It's better at Beltrone!


 Open Monday - Friday 8:00 to 4:30
Six Winners Circle, Colonie, New York

 Beautiful, Spacious Apartment Homes
for Adults 55+

Have you toured yet?

 We would like to formally invite
you for a tour of our

Beautiful Community!

 Call for a
personalized tour!

518.459.2711

 Owned and operated by the Colonie Senior Service Center, Inc.
Professionally Managed by United Realty Management Corp., AMO®

Assisted Living

There comes a time when we all need a little help for ourselves and our loved ones. Knowing where to turn can make all the difference. KingsWay can help in finding happiness and peace of mind. For a day. A month. A year. We're here when you need us. Experience the warmth and friendliness that is KingsWay. Come for a tour and see why so many people call KingsWay home.


KingsWay Community

323 Kings Road

Schenectady, NY 12304

(518) 393-8800

www.kingswaycommunity.com



- ◆ Senior Apartments
- ◆ Home Care
- ◆ Assisted Living
- ◆ Adult Day Services
- ◆ Respite
- ◆ Skilled Nursing
- ◆ Rehabilitation
- ◆ Child Day Care

Spotlight ~~News~~ Newspapers

The Capital District's Quality Weeklies.

We Cover The News



... That's
Important To You!

Obituaries

Caroline Rowe

Caroline Coons Rowe of Ravena, died Wednesday, Jan. 5.

She was the widow of Harold Rowe.

Survivors include two daughters, Nadine Cohen and Linda DiPerna; a son, Stanley Rowe; and a sister, Helen Quay.

Services were from Babcock Funeral Home in Ravena.

Contributions may be to the Cornell Hook & Ladder, P.O. Box 200, New Baltimore 12124.

Evelyn Carkner

Evelyn A. Rehberg Carkner, 94, died Tuesday, Jan. 11, at Good Samaritan Lutheran Care Center in Delmar.

Mrs. Carkner was born in St. Augustine, Fla. She was a lifelong resident of the town of Coeymans and attended the former Aquetuck School and the old Ravena High School.

She was a member of Trinity United Methodist Church in Coeymans Hollow and the United Methodist Workers. She also belonged to the Little Red School House Historical Society and the Coeymans Hollow Fire Corporation Auxiliary.

She was the widow of Floyd Carkner.

Survivors include two daughters, Nancy A. Morse of Coeymans Hollow and Linda J. Bennett of Cossackie; a brother, Delbert Rehberg of Buffalo; five grandchildren; and nine great-grandchildren.

Services were from Caswell Funeral Home in Ravena and Trinity United Methodist Church.

In Delmar,
The Spotlight is sold
at Delmar Marketplace,
Stewart's, Mobil, Getty and
Sunoco Elm Ave.

Spring burial will be in Chestnut Lawn Cemetery in New Baltimore.

Contributions may be made to Trinity United Methodist Church, P.O. Box 8, Coeymans Hollow 12046

Anne Travers

Anne G. Travers, 92, of Delmar died Tuesday, Jan. 11, at St. Peter's Hospital in Albany.

Mrs. Travers was born in Brooklyn.

She worked for the city of New York Finance Department.

She was the widow of John H. Travers.

Survivors include a stepdaughter, Eugenia Travers of Malverne, L.I.

Services were from Cathedral of the Immaculate Conception in Albany.

Burial will be Saturday, Jan. 22, at 11 a.m. in Holy Cross Cemetery in Brooklyn.

Joan Farr

Joan Marie Farr, 78, formerly of Delmar, died Thursday, Jan. 13, at Evergreen Commons in East Greenbush.

Survivors include her

husband, Edwin D. Farr Sr.; two sons, Edwin D. Farr Jr. of Colonie and Dennis Farr of Buffalo; a daughter, Kathy Neidrauer of East Greenbush; 17 grandchildren; and 17 great-grandchildren.

Services were from Durant Funeral Home in Glenmont.

Burial was in Bethlehem Cemetery in Delmar.

Robert Bangert

Robert E. Bangert, 75, of Delmar, died Thursday, Jan. 13, at Stratton Veterans Administration Medical Center in Albany.

Mr. Bangert was born in Albany. He graduated from Bethlehem Central High School.

He served in the military during the Korean War.

He owned and operated Bangert's Market in Albany.

He was a member of the Veterans Administration's music chorus.

Survivors include his wife, Veva M. Bangert; two sons, Carl R. Bangert of West Chester, Pa., and Roy W. Bangert of Poughkeepsie; four sisters, Marie Tompkins, Arlene Ableman, Marlene MacIntosh and Jean Reed; a brother, Frederick Bangert; and four grandchildren.

Services were from Applebee Funeral Home in Delmar and Glenmont Community Church.

Burial was in Saratoga National Cemetery in Schuylerville.

Contributions may be made to Glenmont Community Church, 3 Chapel Lane, Glenmont 12077.

Beryl Gonzales

Beryl Hill Gonzales, 85, of Feura Bush died Wednesday, Jan. 12, at St. Peter's Hospital in Albany.

Mrs. Gonzales was born in Fairfield, Pa.

She worked as secretary at

Elsmere School for a number of years.

She was a member of Jerusalem Reformed Church of Feura Bush.

Survivors include her husband, Charles Gonzales; and two sons, Chris Gonzales of Altamont and Jeff Gonzales of Delmar.

Services were from Applebee Funeral Home in Delmar.

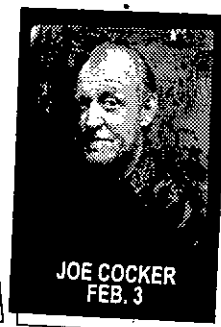
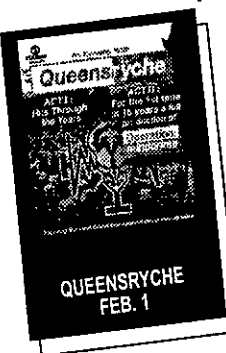
Spring burial will be in Jerusalem Cemetery in Feura Bush.

Contributions may be made to Jerusalem Reformed Church, Feura Bush 12067.

THE SHOWROOM SHOMBOON

TURNING STONE RESORT & CASINO

Choose...



...Entertainment

COMING IN MARCH

Colin Mochrie & Brad Sherwood - Mar. 4 • Jon Stewart - Mar. 5
Jerry Vale - Mar. 12 • The Irish Rovers - Mar. 17 • Capitol Steps - Mar. 19
Johnny Mathis - Mar. 20 • Beach Boys - Mar. 25 • Trick Pony - Mar. 26

★ ASK ABOUT OUR ROOM & SHOW PACKAGES AVAILABLE FOR SELECT SHOWS.

TICKETS ON SALE NOW AT THE SHOWROOM BOX OFFICE

CALL 1-877-833-SHOW (7469)

AND AT ALL TICKETMASTER OUTLETS AT 315-472-0700



Turning Stone
resort • casino

Exit 33 off the New York State Thruway - Verona, New York 13478
1-800-771-7711

MANAGEMENT RESERVES THE RIGHT TO CANCEL
OR MODIFY EVENTS AT ANY TIME.

www.turningstone.com

Mike Mashuta's DELMAR The Capital Region's Premier Fitness Facility

28 Hudson Avenue 439-1200

20% OFF
Golf Fitness Program
with Mike Mashuta
Winner of "Champion of Champions"
Training for Amateurs + Pro PGA Players

Exp. 2/28/05
www.delmarhealthandfitness.com

LATHAM MEDICAL GROUP
Proudly Announces That Our
Latham Medical Office Has Relocated To

The Capital Region Health Park
713 Troy-Schenectady Road, Latham
(across Troy-Schenectady Road from our former office)

Phone: 785-5881

Same great doctors
Same great care for all generations

Welcoming new & returning patients
Convenient hours & many
Services available at our new location

All major insurance plans accepted

COMMUNITY CARE
PHYSICIANS, P.C.
www.communitycare.com



Robin and Jeffrey Collette

Taft, Collette marry

Robin Taft, daughter of Dr. Edwin and Pamela Taft of Glenmont, and Jeffrey Collette, son of Joseph and Linda Collette of Brunswick, were married Oct. 9. The ceremony took place at Delmar Presbyterian Church in Delmar. A reception followed at the Desmond in Colonie.

The matron of honor was Heather Kurtz, sister of the bride. The flower girl was Ellie Kurtz, niece of the bride. The best man was Gregg Collette, brother of the groom. Groomsmen were John Treacy III, Douglas Treacy, David Treacy and Gregory Taft.

The bride is a graduate of Bethlehem Central High School and Lesley University. She received a master's degree from Sage Graduate School. She is a teacher for Bethlehem Central School District. The groom is a graduate of University of Arizona. He received a master's degree from Sage Graduate School. He is a senior business analyst for Davis Vision of Latham.

After a wedding trip to St. Lucia, the couple lives in Latham.



Melanie Mathews and Gregory Taft

Mathews, Taft wed

Melanie Mathews, daughter of Paul Mathews, Sr. of Santa Fe, N.M., and Juanita Armstrong of Hartford, Ala., and Gregory Taft, son of Dr. Edwin and Pamela Taft of Glenmont, were married April 3. The Rev. Gary Armstrong performed the ceremony at Oliver's Carriage house in Columbia, Md. A reception followed.

The bride attended Wallace College.

She is an orthodontic assistant for Orthodontic Centers of America in Bethesda, Md.

The groom is a graduate of Bethlehem Central High School and Hamilton College. He is currently attending George Mason University. He is a teacher for Fairfax County Public School in Fall Church, Va.

After a trip to Barcelona, Spain, the couple resides in Kensington, Md.

Wedding Directory

for Bridal Services



FLORISTS
Floral Garden Specializing in Weddings 339 Delaware Ave., Delmar, 478-7232 www.thefloralgarden.com Catering to all budgets

INVITATIONS
Paper Mill Delaware Plaza. 439-8123 Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.

JEWELRY
Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

PHOTOGRAPHY
Personal, Professional Photographic Services. - 469-6551.

TOOTH WHITENING
Dr. Kabinoff, 458-1892, 1465 Western Ave., Gunderland. Professional Teeth Whitening.

VIDEO SERVICE
Edward Thomas Productions — Digital Multimedia Services. Professional Video Service - Personalized Wedding Video on DVD. Customized for your special day. Call (518) 368-6131. E-mail: etprod@juno.com



Rabbi Elisa Izes and Jason Laks

Izes, Laks to marry

Elisa Sherri Izes, daughter of Dr. Jay and Lois Izes, of Ardsley, Westchester County, and Jason Robert Laks, son of Eugene and Cynthia Laks, of Delmar, are engaged to be married.

The bride-to-be is a graduate of the University of Pennsylvania. She received a master's degree and rabbinic ordination from Hebrew Union College in New York.

She is currently the interim rabbi at Woodlands Community Temple in White Plains.

The groom-to-be is a graduate of Bethlehem Central High School, the University of Connecticut and Cornell Law School.

He is an associate attorney at Goldfarb & Fleece in New York City.

The couple is planning a Sept. 4 wedding at the New York Botanical Gardens.



ALBANY ACADEMY for GIRLS | THE ALBANY ACADEMY

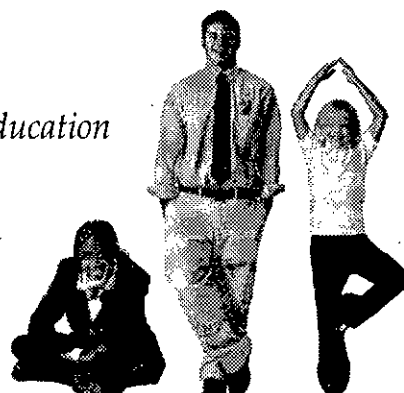
SATURDAY, JANUARY 22, 10 AM-12 PM

Snow Date: January 23, 1-3 PM

Intellectually vibrant schools offering unparalleled education for children from age 3 through grade 12.

Albany Academy for Girls
140 Academy Road, Albany, NY 12208
(518) 463-2201
www.albanyacademyforgirls.org

The Albany Academy
135 Academy Road, Albany, NY 12208
(518) 465-1461
www.albany-academy.org



Just married, engaged or celebrating a milestone anniversary?
Call Spotlight at 439-494 to request an announcement form.

Obituaries

Meigs Baxter

Meigs Kenneth "Ken" Baxter, 76, of Delmar, died Sunday, Jan. 9, at Community Hospice Inn of St. Peter's Hospital in Albany.

Mr. Baxter was born in Clarksburg, W.Va.

Survivors include his wife, Janet Baxter; a daughter, Valerie Slattery; two sons, James Baxter and John Baxter; and two grandchildren.

Services were from Applebee Funeral Home and St. Stephen's Episcopal Church, both in Delmar.

Burial was in Saratoga National Cemetery in Schuylerville.

Contributions may be made to Community Hospice Inn at St. Peter's Hospital, 315 S. Manning Blvd., Albany 12208.

Donald Alber

Donald A. Alber, 63, of Hannacroix died Monday, Jan. 10.

Mr. Alber was born in Troy, later lived in Watervliet and attended Watervliet High School.

He was a Navy veteran of the Vietnam War.

He worked as a boiler operator at General Analine and Film Corporation (later BASF Corp.) in Rensselaer for 38 years, retiring in 2002.

He was a member of the Melvin Roads VFW Post in Rensselaer and Ravena Coeymans Sportsman's Club.

He was the husband of the late Roberta Alter Alber.

Survivors include his wife, Nancy Narzynski Alber; a son, Michael A. Alber of South Carolina; and a brother, Robert E. Alber of Saddle Ridge, N.J.

Services were from Bowen Funeral Home in Latham.

Contributions may be made to the American Cancer Society, 260 Osborne Road, Loudonville 12211.

Beatrice Fazzio

Beatrice Tompkins Fazzio, 93, formerly of Tappan, died Monday, Jan. 10, at her home in Albany.

Mrs. Fazzio was born in Coxsack and raised in Ravena. She was the valedictorian of her high school class and graduated from the Albany State College for Teachers.

She worked for the New York State Library in Albany and later, for a time, worked as librarian and teacher at Christian Brothers

Academy in Albany, as a teacher at Hackett Middle School in Albany and as a librarian at the College of Saint Rose.

She was the widow of John J. Fazzio.

Survivors include three daughters, Eve Elizabeth Pappalau of Syracuse, Marianne P. Donovan of Albany and Beatrice F. Buckley of Gunderland; a son, John T.J. Fazzio of East Syracuse; 13 grandchildren; 17 great-grandchildren; and two great-grand-grandchildren.

Burial was in Calvary Cemetery in Glenmont.

Susan Redmond

Susan Virginia Graham Redmond, 83, of Delmar, died Tuesday, Jan. 11, at St. Peter's Hospital in Albany.

Mrs. Redmond was born in Palatka, Fla. She was raised in Charleston, W.Va. and, upon graduation from Charleston High School, attended Kanawha College, Charleston Business College, Morris Harvey College and West Virginia University. She returned to The College of Saint Rose in Albany in 1997, receiving a bachelor's in political science in 1999 and began work on her master's degree.

She worked for the state Senate, serving as clerk of the rules committee, a position she held through January 1995.

She had served as past president of the Republican Women of the Legislature and the Bethlehem Women's Republican Club. She was a member of the Town Republican Committee, the Bethlehem Republican Club and past secretary of the Albany County Women's Republican Club.

She also was a member and past president of Normanside Country Club, a member of the D.A.R., Tawasentha Chapter, a life member of the Bethlehem Historical Society and a member of St. Stephen's Episcopal Church in Delmar since 1959.

Survivors include four sons, William T. Redmond, Charles H. Redmond II, R. Graham Redmond and Barry J. Redmond; a brother, Earl L. Van Kirk; nine grandchildren; and six great-grandchildren.

Services were from Applebee Funeral Home and St. Stephen's

Episcopal Church, both in Delmar.

Burial was in Bethlehem Cemetery.

Contributions may be made to the Graham House Preservation Society, P.O. Box 218, Pence Springs, W.Va. 24962.

Robert Schmitt

Robert Schmitt, 62, of Delmar, died Monday, Jan. 10, at his home.

Mr. Schmitt was born in Bronx and raised in Plainview, L.I. He was a graduate of Plainview High School, received a bachelor's degree from Columbia College and master's degree from SUNY Binghamton.

He was an Air Force veteran, having served for 20 years in recruitment and public relations, until his retirement in 1979.

He then taught at the Bethlehem Central School District, Adult Education Program, was an instructor with the Sage College, Evening Division and at U.S. Job Corps in Glenmont. He later worked as a veterans counselor for the state Division of Veteran's Affairs, a position he held for over 10 years, before retiring in 2002.

Survivors include his wife, Kathleen C. Schmitt of Delmar; two sons, Andrew R. Schmitt of Menands and Jeffery D. Bielefeld of Forrest Grove, Ore.; a brother, George A. Schmitt of Delmar; and a grandson.

Services were from Applebee Funeral Home in Delmar.

Contributions may be made to the Mohawk & Hudson River Humane Society, Oakland Ave., Menands 12204.

Mildred Altimari

Mildred E. Cutler Altimari, 91, formerly of Ravena, died Wednesday, Jan. 12.

Mrs. Altimari was born in Greenville.

She worked for the State Department of Equalization & Assessment in Albany.

She was the widow of Patsy Altimari.

Survivors include two sons, Bernard Jones of West Coxsackie and Robert Jones of North Troy; a brother, Herbert Cutler of Cairo; three grandchildren; and four great-grandchildren.

Services were from Cunningham Funeral Home in Greenville.

Burial was in the Hannacroix Rural Cemetery.



元寶屋

DUMPLING HOUSE

Chinese Restaurant

Specializing in Dumplings, Lunches, Dinners, Cocktails, Mandarin, Szechuan, Hunan & Cantonese.

Eat in or Take Out. Open 7 days a week.

458-7044 or 458-8366

120 Everett Road, Albany • (Near Shaker Road)

Youth Network

A BETHLEHEM NETWORKS PROJECT

Thanks to a caring community

For the past two years, I have been fortunate to serve as prevention coordinator with the Bethlehem Networks Project. Our caring community has many citizens and organizations actively working to protect our children from the dangers of underage alcohol and tobacco use, use of illegal drugs, school-based violence and bullying.


As I move on to a new job, I would like to thank all of you who offered your ideas, your encouragement and your assistance with the many programs supported and coordinated through Networks. In particular, thanks to the following organizations which continue to provide funding for prevention program expenses and administration: NYS Office of Alcoholism and Substance Abuse Services; Albany County Departments of Mental Health Division for Children; Youth and Families; Bethlehem Opportunities Unlimited; Albany County Stop DWI; the Bethlehem Festival Fund; Families United Network; the Rotary Club of Delmar; the Bethlehem Central School District including many PTA groups, and GE/Selkirk Cogen, which has so generously funded this Youth Network Column in Spotlight Newspapers every other week for several years.

In addition, thanks to all who gave of themselves and their time including the Bethlehem Community Partnership members and task force leaders Debbie Kopp, Lisa Faist-Stanton and Elissa Zwiebach; student interns Lilach Epstein, Evan Kalman, Andy and Mark Shawhan, Amy Downey and Brittany Worgan; the Bethlehem Police with School Resource Officers Vince Rinaldi, Bruce Oliver and Charles Radliff; BCSD administrators Superintendent Les Loomis, Assistant Superintendent John McGuire, Joyce Jones and students of the High School Ad Agency class, and student counselors Judy Fruiterman, MaryAlice Svare and Peggy Palagyi. Thanks also to Albany County Prevention Specialist Margaret Diggs; the Bethlehem Chamber of Commerce; and the Bethlehem School Board.


Happily, the newly hired Bethlehem Networks Coordinator Connie Miller, will bring a wealth of prevention experience, successful grant writing and high energy to the position.

As a long-time resident of Delmar, I leave the position of Networks coordinator proud to be a member of such a caring community. Thank you so much.

Elaine McVoy



Column sponsored by



Corporate neighbors committed to serving the community

Drivers Wanted

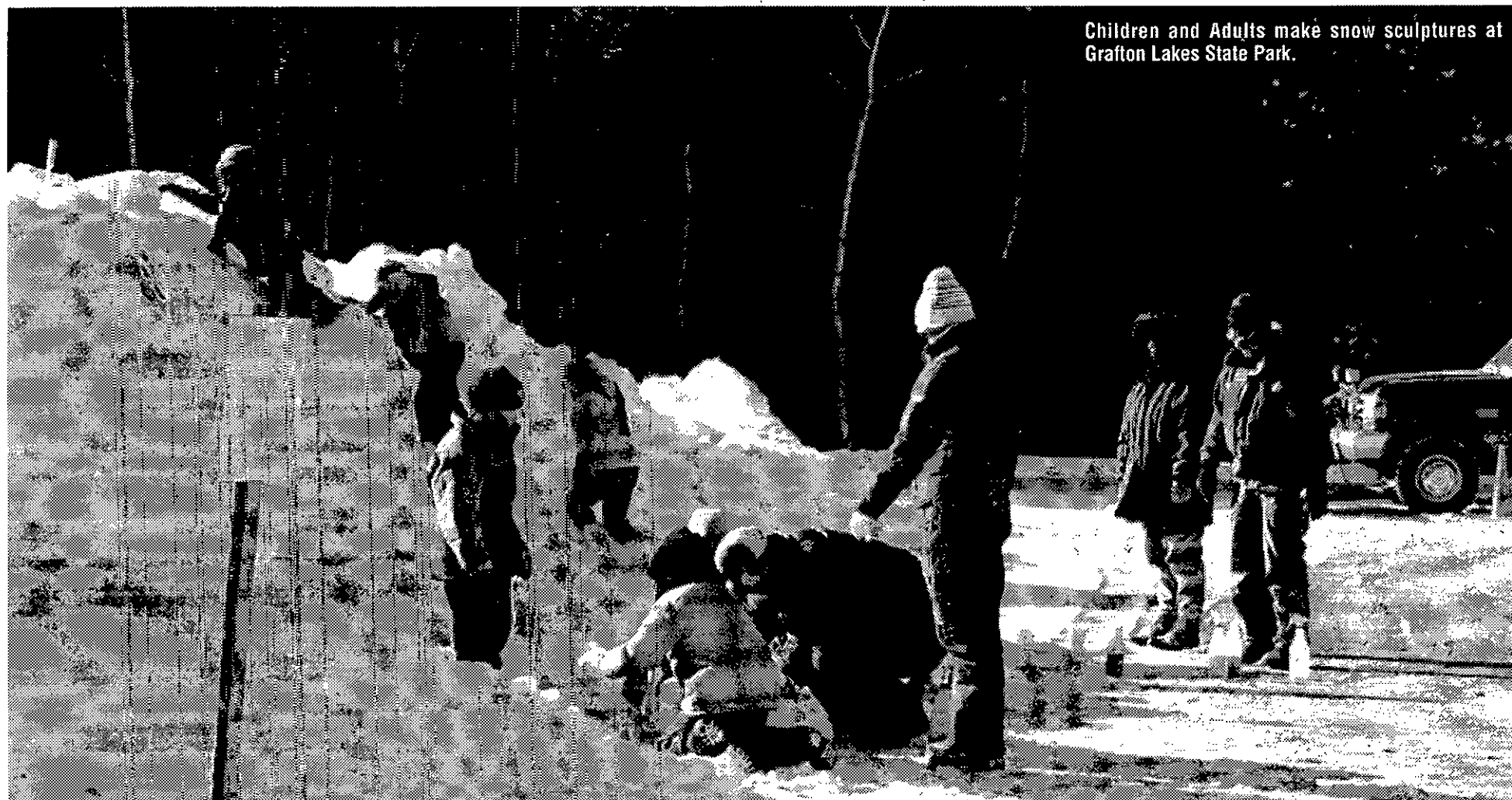
Spotlight Newspapers currently has openings for part-time drivers in the circulation department. Responsibilities include delivering newspapers to news stands, collecting remaining copies of the previous edition and recording number sold. Hours are during the day and applicant must have a clean, valid drivers license.

If interested
contact John Skrobela at
439-4940

Spotlight Newspapers

Family ENTERTAINMENT

CALENDARS ♦ ARTS & ENTERTAINMENT



Children and Adults make snow sculptures at Grafton Lakes State Park.

Snow's up at Grafton Lakes

By KATHERINE MCCARTHY

You can't change the weather, but you can enjoy it, and there's no better place to do it than at Grafton Lakes in Rensselaer County. This Saturday, Grafton Lakes State Park will be hosting its 20th annual Winter Festival.

"The park is on 2,357 acres," Park Naturalist Melissa Wright said. "The lakes are actually five ponds, and there are 25 miles of trails, all with different designations. You can cross-country ski, snowshoe, or hike. There are also horse trails."

The Winter Festival is a family-friendly event, and kids will love participating in the snowball-throwing contest and making snow sculptures. "We'll have bottles of dye so the kids can color their sculptures if they want," Wright said.

Representatives from Eastern

Mountain Sports will be on hand to give snowshoe and cross-country skiing demonstrations, and if you like it enough to try it, they'll have equipment you can rent during the Winter Festival. EMS will also offer winter camping advice and demonstrations.

During the festival, you can also take a ride in a horse-drawn sleigh, or a dog sled.

The early bird will get the worm at the festival — or the fish, since there will be an ice fishing on all five of the park's ponds will begin at 5:30 a.m. Conroy's Bait Supply will be on hand to sell bait, but you'll need to bring your own fishing gear.

The fishing tournament lasts until 3 p.m., and prizes will be awarded at 3:30 p.m. You can register for the fishing competition at the park, and there is a small fee. People aged 16 and older pay \$6 to participate; it's free for anyone under 15 years old.

"There are rainbow trout, brook trout, walleye, pickerel, bass and lots of sunfish in the ponds," Wright said.

Nearby at the Grafton Veterans of Foreign War, winter aficionados 10 years old and older can participate in a New York state certified snowmobile safety course from 8 a.m. to 4 p.m. The course is free, but participants need to register with the park by calling 229-1155.

There are also plenty of indoor activities, with a number of exhibitors on hand. Five Rivers Environmental Education Center will offer winter animal identification and tree identification programs; the Rensselaer Taconic Land Conservancy will talk about some of its land grants; the Taconic Hiking Club will have information on its hikes, plus a falconer and a red-tailed hawk; and there will be chainsaw wood carving demonstrations. There will be artists with nature crafts and face-painting for kids.

Rowdy, the Albany River Rats mascot, and Southpaw, the Tri-City Valleycats mascot, will add some local spirit to the outdoor fun. Park Manager Tom Conklin started the winter festival 20 years ago, and he's delighted to see it continue and grow.

"We've always tried to promote the park as a place to go for year-round activities," Conklin said. "The first year, we had half a dozen

exhibits, and between 200 and 300 people came out."

Last year, Wright estimated, about 1500 people came to the winter festival, and buses transport people to the different park areas.

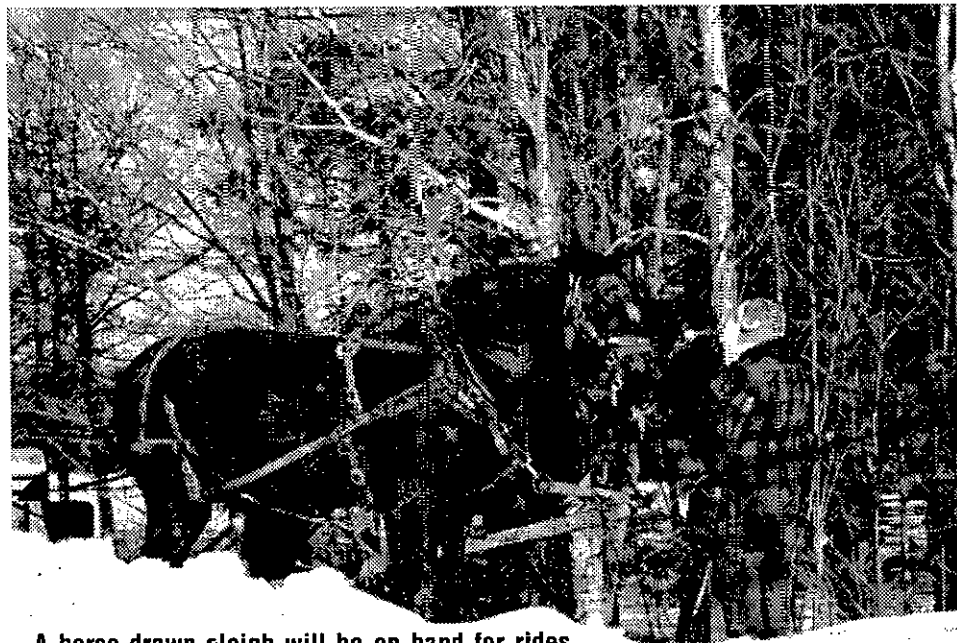
"I really look forward to this," Conklin said. "We're about halfway through our winter by Winter

Rowdy, the Albany River Rats mascot, and Southpaw, the Tri-City Valleycats mascot will be in attendance at the festival.



Festival. People also seem to enjoy winter more, and try to find ways to get out and enjoy it."

The festival will take place with or without snow, and Wright and Conklin are optimistic that this week's cooler temperatures will keep the lakes well frozen. "We've got excellent fishing," Conklin said. "Youngsters can skate on the lake, and their parents can drop a fishing line into the water." The Grafton Lakes State Park Winter Festival will take place on Saturday, Jan. 22, from 5 a.m. to 4 p.m. The park is in the town of Grafton, on Route 2. For information, call 279-1155.



A horse-drawn sleigh will be on hand for rides through the State Park.

ARTS and ENTERTAINMENT

Theater

TIMES LIKE THESE

Capital Repertory Theatre, 111 N. Pearl St., Albany, through Feb. 19, \$25-30. Runs concurrently with "A Walk in the Woods." Information, 445-7469.

A WALK IN THE WOODS

Capital Repertory Theatre, 111 N. Pearl St., Albany, through Feb. 20, \$25-30. Runs concurrently with "Times Like These." Information, 445-7469.

Music

MITCH KESSLER JAZZ QUARTET

Jan. 22, 8 p.m. "Yours" Pleasant Sounds/Jazz Nightclub, 145 Barrett St., Schenectady, \$15. Information 370-9865.

PIANO PERFORMANCE

University at Albany Dept. of Music presentation. Robert Gluck, piano and electronics, Jan. 30, 3 p.m., Recital Hall of the Performing Arts Center, uptown campus. Tickets \$8 and \$4 through Performing Arts Center Box Office. Information, 442-3997.

'CARNIVAL CELEBRATION!'

University at Albany Dept. of Music presentation. Max Lifchitz plays dance-inspired piano music written by composers from Brazil, Cuba and the United States, Feb. 3, 8 p.m., Recital Hall of the Performing Arts Center, uptown campus. Tickets \$8 and \$4 through Performing Arts Center Box Office. Information, 442-3997.

AN EVENING OF BRAHMS

University at Albany Dept. of Music presentation, Feb. 5, 8 p.m., Recital Hall of the Performing Arts Center, uptown campus. Tickets \$8 and \$4 through Performing Arts Center Box Office. Information, 442-3997.

THE G.E. SMITH BAND

Former "Saturday Night Live" band leader G.E. Smith brings his blues/rock band into town for two shows, Feb. 12, 7 and 9:30 p.m., The Van Dyck, Schenectady, \$20. Information, 381-1111.

IRISH 2000 "WINTERFEST"

With Danu, the McKrells, the Prodigals and Eileen Ivers, Feb. 12, 5 p.m. at the Empire State Plaza, Albany, \$39.50 to \$65. Information 476-1000.

LUCY KAPLANSKY

Singer/songwriter, Feb. 12, 8 p.m., WAMC Performing Arts Center, Albany, \$22. Information, 465-5233.

HOT CLUB OF COWTOWN

String jazz band, Feb. 13, 7 p.m. at the Egg, \$20. Information, 473-1845.

LEO KOTTKE

Acoustic guitarist, Feb. 17, 8 p.m. at the Troy Savings Bank Music Hall, \$24 to \$27. Information, 273-0038.

LE VENT DU NORD

Traditional Quebecois music, Feb. 18, 8 p.m., WAMC Performing Arts Center, Albany, \$15. Information, 465-5233.

TOM RUSH

Folk singer, Feb. 19, 8 p.m., WAMC Performing Arts Center, Albany, \$22. Information, 465-5233.

NEW YORK VOICES

Vocal jazz quartet, Feb. 25, 8 p.m. at The Egg, \$24. Information, 473-1845.

LISA LOEB AT EGG

Singer/songwriter, Feb. 27, 7 p.m. at The Egg. General ticket sale begins Jan. 10, \$22. Information, 473-1845.

Comedy

STEVEN WRIGHT

Feb. 12 at the Palace Theater, Albany, \$26.50 to \$29.50. Information, 465-3334.

JERRY SEINFELD

Feb. 18 at the Palace Theater, Albany, \$47 to \$77. Information, 465-3334.

Visual Arts

NEW YORK STATE MUSEUM

Permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

THE CLARK

Artist Cafe series. Intimate slide talk in cabaret-style setting, 6 to 8 p.m. Thursdays, Jan. 20: "The Passionate Life of Winslow Homer"; Feb. 3: "The Cowboy Life of Frederic Remington"; Feb. 17: "The Cosmopolitan Life of Mary Cassatt." Admission, \$15. Information, 413-458-0524.

ALBANY INTERNATIONAL AIRPORT GALLERY

Now You See It, an exhibit about magic, through Feb. 6, half-hour free parking. Information, 242-2241.

LOCAL COLOR ART GALLERY

Holiday exhibit, 961 Troy-Schenectady Road, Laham, through Jan. 31. Information, 786-6557.

ALBANY INSTITUTE OF ART

The Greatest Generation Goes to War, through Feb. 15, plus exhibits on Hudson River School painting, American sculpture, Egypt and the history of Albany, 125 Washington Ave. Information, 463-4478.

SCHENECTADY MUSEUM

Spirit of Schenectady, collection highlights and planetarium, Nott Terrace Heights. Information, 382-7890.

UNIVERSITY ART MUSEUM

Presents "Edward Mayer: Tracing Changes," an overview of his 30-year career plus three site-specific installations, Jan. 25 through April 3, University at Albany uptown campus, hours 10 a.m. to 5 p.m. Tuesday through Friday, noon to 4 p.m. Saturday and Sunday. Information, 442-4035.

OPALKA GALLERY

Presents "New York School: Another View," Jan. 24 through March 20, The Sage Colleges, 140 New Scotland Ave., Albany, hours 10 a.m. to 4:30 p.m. Monday through Friday, 6 to 8 p.m. Monday through Thursday, noon to 4 p.m. Sunday. Information, 292-7742.

UNION COLLEGE

Presents "Moku Hanga," an exhibition of contemporary Japanese woodcuts, through Feb. 14, Arts Atrium Gallery. Information, 388-6714.

THE HYDE COLLECTION

Presents "Carrie Mae Weems: The Louisiana Project," the artist's examination of the history of New Orleans through still photography, narratives and video projection, Feb. 6 through April 10, Charles R. Wood Gallery, 161 Warren St., Glens Falls, hours 10 a.m. to 5 p.m. Tuesday through Saturday, noon to 5 p.m. Sunday. Information, 792-1761.

Call for Artists

DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 439-7749.

COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guiderland. Information, 861-8000.

ALBANY TULIP FESTIVAL ARTISTS

Call for artists for an exhibition at the 57th Tulip Festival, May 7 & 8. Deadline for applications March 4, 2005. Contact City of Albany Special Events, Visual Arts Exhibition, City Hall Room 402, Albany 12207 or phone 434-5416.

FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Community United Methodist Church 1499 New Scotland Road, Slingerlands. Information, 439-2360.

A CAPPELLA

New, informal, coed a cappella group in Delmar, for adults and teens 16 and older. Information, 439-0130.

SIENA CHAMBER ORCHESTRA AND CHOIR

Rehearsals Thursdays at 7:30 p.m. for orchestra, Wednesdays at 6 p.m. for choir, Siena College, Route 9, Loudonville. Information, 783-2325.

THE ORCHESTRA ON THE COMMON

Openings in the string section, rehearsals Friday at 9 a.m.,

Shenendehowa Senior Center, Clifton Common, Clifton Park. Information, 372-5146.

ELECTRIC CITY CHORUS

Male singing group, training provided, rehearsals at Faith United Methodist Church, Brandywine Avenue and Eastern Parkway, Schenectady, Tuesdays, 7:30 p.m. Information, 785-4807.

RIVER VALLEY CHORUS

Sweet Adelines group, based in Scotia-Glenville area, rehearsals on Tuesdays, 7 to 9:30 p.m., call for location. Information, 399-9480.

'MAN OF LA MANCHA'

Auditions for RPI Players' spring production, Jan. 23 from 6 to 9 p.m. and Jan. 24 from 7 to 10 p.m., Mother's Wine Emporium, basement of the RPI Student Union. Production dates are April 8, 9, 10, 14, 15 and 16. No experience necessary. Information, 276-6503.

HOME MADE THEATER

Auditions for production of "To Kill a Mockingbird," Feb. 13 and 15, 7 to 9 p.m., Spa Little Theater, Saratoga Spa State Park. Cast calls for one 9-year-old girl, three boys between 9-14, roles for 18 to 25 men of various ages and roles for four to eight women between 20 and 60+. African-American actors are needed for various adult roles, good singers are a plus. Information, 587-4427.

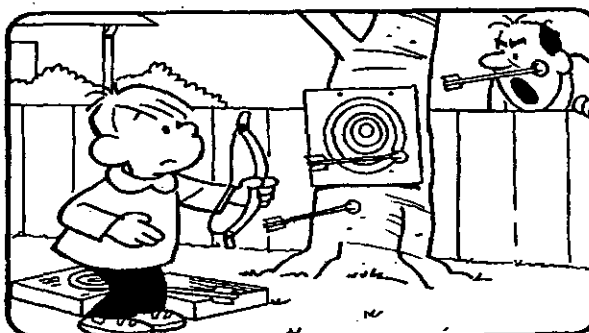
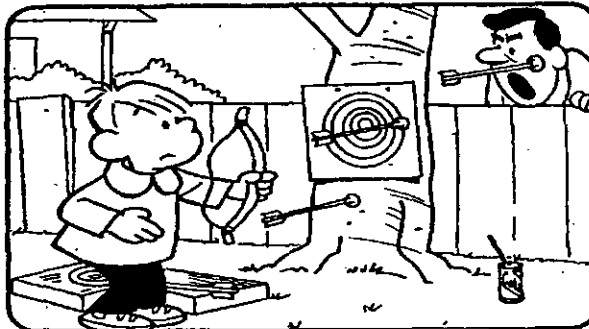
MAGIC MAZE • BUTTON

O O L I T F C Z T R I H S W T
Q N K I O F R E T A E W S C O
Z W U R P P K M J S H E E U C
Z X U S C C Q N U T T L R J G
E C Z R O X V T R N R L D P N
L J H P A N T Y W A I S T E C
A Y P W T L V T S P K F A R P
N I L K I G L E S E S U O L B
H C B T S E V O L G O Z C R X
W U S R P F F U C O M H L J M
I G E D B A Y X W U T S S Q P

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Blouse Hip pocket Shirt Topcoat
Coatdress Our lips Shoes Uniform
Collar Pants Skirt Vest
Gloves Pantywaist Sweater

HOCUS-FOCUS BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Fence board is moved. 2. Coat rack is different. 3. Bow string is different. 4. Arrow is moved. 5. Hair is different. 6. Can is missing.

©2005 by King Features Syndicate, Inc. World rights reserved.

The Super CROSSWORD

ACROSS

1 Pinza or Chaliapin

5 Basilica feature

8 Page

12 — pants

17 Relative of PDQ

18 Crude cartel

20 Comic Radner

21 It's down in the mouth

22 Connecticut senator

25 Cottonou's country

26 Swiss miss?

27 Rustic sight

28 Villainous Luthor

30 Bit

31 "Nightmare" street

33 "Pelleas et Melisande" composer

38 Intrude

43 About

44 Sky light?

45 August one

46 Watchband

48 Say "Hey!"

50 Drummer Buddy

53 Cold-war accord

55 Scrabble piece

56 Ring site?

58 Hero's horse

60 Actress Slezak

62 Stopped in one's tracks

66 Singer Elvis

68 Scandinavian

71 Handy bit of Latin

72 — Jima

73 Window part

74 "— Eyes" ('79 hit)

76 "New Look" couturier

80 Cambodia's Lon —

81 Articulated

83 Gridiron position

84 Art deco name

85 Clementi composition

87 Fit neatly

89 Philharmonic section

91 He had a gift complex

94 Pennsylvanias sect

95 Velvet finish

97 Tragic fate

100 They squeak for themselves

101 Vito center

102 Crucifix

105 Photo book

107 Trams

108 Subordinate

110 Football's Aikman

112 Architect, for instance

114 "The Descent of Man" author

120 Fumble

121 Empty (of)

122 Wagner's —

123 Sneaks

126 Carries

130 Removes the cork

133 1974 Tony-winning actress

137 "Killer Tomatoes" sound

138 Fiddled (with)

139 Screenwriter

140 Talbot or Naldi

141 Like the kitchen sink

142 Risked a ticket

143 Scrape by, with "out"

144 Action figure

DOWN

1 Big name in Baroque

2 '68 US Open winner

3 Amritsar attire

4 Miss Muffet's nemesis

5 Word with cheese or roast

6 Homer's field

7 Bawled

8 Cover

9 "Evil Woman" rockers

10 Confuse

11 Lost luster

12 Wheel part

13 "Hi, Horace!"

14 Puniest pups

15 Inventor Howe

16 Actor Patinkin

19 Stylish

20 Bathed in butter

23 Corn holders

24 Actress Joyce

29 Makes one's mark

32 Swimmer Biondi

34 Multi-purpose vehicle

35 Lamebrain

36 Pop

37 Joins forces

38 Different

39 Around the corner

40 Covent Garden conductor

41 Dernier —

42 Grapefruit serving

47 Shimon of Israel

49 Clear

51 "The Power of Love" singer

52 Opening remark?

54 Tyson stat

57 Crockett colleague

59 TV's "My Living —"

61 Eyebrow shape

63 Aquatic mammal

64 Former African nation

65 Bring bliss

67 Santa's problem

69 Mets' milieu

70 Singer Maresca

74 Fountain order

75 Luncheonette lure

77 Gentleman of leisure?

78 "Pagliacci" soprano

79 Pirate's quaff

82 Flatt or Pearson

86 Indistinct

88 Tenor Georges

90 Auctioneer's cry

92 43,560 square feet

93 Cassandra, for one

96 Part of NB

98 UK honor

99 Ruminate

103 Legendary Bruin

104 Used a divining rod

106 High spirits

109 Nourished

111 Surprised shout

113 Terra firma

114 Misfortune

115 Huffy herbivore

116 Writer Rogers St. Johns

117 Factions

118 Sag

119 1492 vessel

124 Brink

125 Pursue

127 The Chipmunks, e.g.

128 Ferrara first family

129 Galaxy glitterer

131 Short snooze

132 Hog heaven?

134 Caustic substance

135 Rock's — Zeppelin

136 Diminutive

**No
appointment
necessary.**

**Visit us,
we re just a
click away**



www.spotlightnews.com

your quality weekly newspapers on-line

At Your SERVICE

a guide to services for your home

ANTIQUES

Period Furniture,
Early Ceramics,
Staffordshire, Flint Glass,
Stoneware, Quilts, Coverlets,
Baskets, Prints, Dolls,
and other early
accessories



James K. VanDervort Antiques
895 Delaware Ave., Delmar, NY 12054
518-439-2143, 518-439-6576
Open Afternoons

APPLIANCE REPAIR

Joseph T. Hogan
Appliance &
Electric Service
756-9670

BASEMENTS

T. Mullaney Contracting
BASEMENT FINISHING
• Bathrooms • Attics
• Kitchens • Local References
• Free Estimates
439-2833 or 378-8760

BUILDING MAINTENANCE

HANDY MAN OR HANDY WOMAN

Complete Building
Maintenance & Cleaning
• Painting • Roofing • Windows
• Plumbing • Siding • Masonry
Interior/ Exterior
Commercial/ Residential
427-8441

CABINET MAKER

Custom Cabinetry 3-D Design
Kitchens, Baths, Libraries
Entertainment & Kids Centers •
CORIAN® - Best Prices & Free Sinks
TOM 785-7460 • homestructuresetc.com

CONTRACTORS

D.P. ESTEY CONSTRUCTION
& REMODELING
All types of Interior & Exterior
Carpentry, Home Improvements
& General Contracting
Insured-Professional
Reasonable-Experienced
Don Estey (518) 465-7642 Glenmont

BASHANT RENOVATIONS

All Phases of Residential Construction
Additions, New Construction
436-9556 - Glenmont

TORRES CONTRACTING

• Roofing • Pressure Washing
• Painting • Windows
• Siding • Decks & More
Free Estimates - Fully Insured
(518) 631-0572 or 229-4720

ELECTRICAL

GRAVES

ELECTRICAL CONTRACTING

Over 20 Years Experience - Licensed & Insured
439-0352 • 424-7224

FIREWOOD

FIREWOOD
SEASONED HARDWOOD
Cut Split and Delivered
\$175 Full Cord
PINE \$90 Cord
859-3676

426-WOOD.com
(9663)

Face/ 1/2 Face Cord
Dry
Cut Split
Free Delivery
\$65 1/2+ face cord
- Box, Cover & Pallet -

Wood Heat - For Home Warmth

FIREWOOD

• Seasoned Hardwood • \$125 Face Cord
• \$25 extra for stacking
• Free Delivery
Call: Jim Stanton
528-3719 or 365-7334 or 365-8205

FLOORING

Best Value Hardwood
House Closings • Installation
Refinishing • Interior Painting
Collin
439-5782

Call to
place your ad today!
BUSINESS DIRECTORY
439-4949

Will's Hardwood Floors
• Sanding • Refinishing
Fully Insured • Installations
(518) 526-1527

Try to contain yourself...
it's just our website.



www.spotlightnews.com
your quality weekly newspapers on-line

FURNITURE REPAIR

EXPERT CHAIR GLUING
REPAIRS,
CHAIR
CANING &
MORE

Repairs include-broken backs, legs,
spindles, stretchers, seats
& more. All work guaranteed.
For Your Free Estimate and Pick-Up
Call 518-943-5205

THE CHAIRMAN
Serving the Capital District

Kingsley Greene

• Furniture Repair & Restoration
• Stripping & Refinishing
• Free Estimates & Pick-Up
— SINCE 1974 —
756-3764 (eves. & weekends)

LOOKING TO BRING IN
NEW CUSTOMERS?



Call Spotlight/Newspapers at
439-4949
to place your ad today.

An Economical Way to Advertise
YOUR
BUSINESS
AD HERE!
Call 439-4940

HANDYMAN

Handyman - Plus
Painting, Repairs, Remodeling
Inside and out. You name it!
Plus...
Estate Sales, moves, clean-outs
References from your neighbors
Richard Longley 439-5831

Communicate
to
Our Readers

Advertise in the
Business Directory

Call Today!
439-4940

RECYCLE

HOME IMPROVEMENT

Stephen E. Colfels

Carpentry
Remodeling
Kitchens &
Bathrooms
Painting
Masonry

No Job Too Small
Fully Insured Ceramic Tile
469-1973 or 732-3302

VIKING

**HOME REPAIR &
MAINTENANCE, LTD.**
• Minor Repairs • Painting
• Wall Repairs • Masonry • Carpentry
• Gutter Cleaning • Electrical
No Job Too Small 439-6863
FREE ESTIMATES • FULLY INSURED

FREE Estimates Insured
WM. STANNARD & SONS
CONTRACTORS
768-2893 or 768-8307
RD. 1 Delmar, N.Y. 12054
Masonry and Carpentry
New and Repairs
Concrete • Block • Brick • Stone
Roofing • Decks • Garages etc.

Albany Area Artisans Group
RW. Hughes, Jr.
8 Willowbrook Ave.
Selkirk, NY 12158
Phone: 588-9991
Fax: 767-3710
Drywall@aol.com

**SCARE UP
SOME
BUSINESS!**
PLACE AN AD IN THE
SPOTLIGHT NEWSPAPERS
BUSINESS DIRECTORY



Affordable Advertising
A Great Idea for
Local Businesses



The Business Directory
Call **439-4940**

HOT TUB & SPA REPAIR

SPA WORKS

Hot Tub & Spa Repair
Servicing all makes & models
leak repair, electric repair, covers
**Winterization
Specials**

DELMAR, NY
253-6162

GET YOUR
BUSINESS NOTICED
IN THE
SPOTLIGHT/NEWSPAPERS
BUSINESS DIRECTORY

INTERIOR DESIGN

Johan Interiors
• Slipcovers • Window
• Upholstery • Coverings
• Draperies • Hardware
24 years • Cushions
Experience • Pillows
785-1576
Joan S. Bauer
Designer • Fabricator

**Business
Directory**
Advertising
Call 439-4940

MASONRY

Rifeway Masonry
Brick, Block, Stone,
• Masonry Repairs
• Basement Waterproofing
• All Types of Masonry
861-5996 Leave Message

CHIMNEY & FOUNDATION

REPAIRS

• All Types of Concrete Work
• Free Estimates
Call 356-5729 • Leave Message

A Quick & Easy
way to...

ADVERTISE
The Business Directory
CALL 439-4940

Spotlight Newspapers
Getting the News to You

PAINTING

ASAP PAINTING
Professional Painting Service

Residential Painting
for over 20 years
Holiday Discounts
Call now for a FREE estimate
Insured - References
(518) 756-8438

MURRAY PAINTING

Free Estimates
Interior & Exterior
Residential • Commercial • Industrial
If you count on quality count on us
439-4466
All Calls Returned • Fully Insured

VOGEL

Painting Contractor
Free Estimates
• RESIDENTIAL SPECIALIST
• WALLPAPER APPLIED
Interior - Exterior INSURED
439-7922

Michael Mooney

Fine Painting & Restoration
• Residential & Commercial
• Carpentry & Masonry Repairs
• Faux Finishes • Free Estimate
• Fully Insured
Call **482-8106**

WM H. ROTHER

PAINTING

INTERIOR - EXTERIOR
Fine Quality Workmanship
INSURED • REFERENCES • FREE ESTIMATES
381-6618 364-2007

Mike's Painting

& Home Repairs
Interior/Exterior
Residential & Commercial
Schenectady, NY
Fully Insured/Free Estimates • Senior Discount
(518) 370-5965

L.M. CURTIN

Painting

& Paper Hanging
RESIDENTIAL
INTERIOR • EXTERIOR
20 Years
Of Excellence
381-6579
Fully Insured • References Available

PETS

The Dog Trainer, LLC

Dog Training for the Real World

Private one on one instruction
bathing & supplies
355-2488
2568 Western Ave., Guilderland, NY

Advertise your business with Spotlight Newspapers - Call us today at 439-4949

At Your SERVICE

a guide to services for your home

PET SERVICES

DELMAR DOG BUTLER

Pet Waste Removal
Weekly Service:
\$10/week (one dog)
\$15/week (two dogs)
Free estimates for
one-time clean-ups.

Steve Relles, Owner • 475-9808

PLUMBING

SUNY Certified Fully Insured
Your Local Plumber

Bill Frisbee
PLUMBING

In Business Since 1986
861-8060 Voorheesville

REMODELING

Kitchen
Bathrooms
Home Repair
Painting

T.J.'S
Building & Remodeling
Fully Insured

635 Rt. 9W Tom Johnson
Glenmont NY 12077 432-1617

SNOW PLOWING

SNOW PLOWING

Residential &
Commercial Driveways

Per Storm or
Season Contracts

Contact Aaron Petteys
(518) 431-0727

TREE SERVICES

HASLAM TREE SERVICE

- Complete Tree & Stump Removal
- Storm Damage Repair

Winter rates now in effect

FREE Estimates Jim Haslam
Fully Insured Owner
439-9702

ATTENTION CAPITAL AREA BUSINESSES

ADVERTISE WITH THE SPOTLIGHT!

Call: 439-4940

PET CARE

Cornell's Cat Boarding

767-9095

Heated • Air Conditioned
Your choice of food
Route 9W, Glenmont
Reservations required
Eleanor Cornell

Do you want to
advertise with us?
Call: 439-4940

WMD Plumbing

Plumbing Michael
REPAIR DEMPF
SERVICE 475-0475

ROOFING

GRADY ROOFING Inc.

For All Your
Roofing Needs

439-1515

Kevin Grady
Free Estimates Fully Insured

TILEWORK

HERITAGE TILEWORKS

- Professional Installation of Ceramic and Natural Stone Tile
- Complete Bathroom Design and Remodeling

Feura Bush 768-8018 Fully Insured

WALLPAPERING

Wallpaper Installation Free Estimates
Insured

Creative Walls
By Lori

Transform your House into a Home with wallpaper!
Lori Tracey
(518) 279-1235

Business Directory Advertising

Call 439-4940

PHOTOGRAPHY

New Heights Photo

Stock • Décor • Assignment Photography

Available For:
Commercial • Advertising • Promotional Materials • Training Materials • Web Sites • Events
Residential • Vehicles • Pets • Insurance Claims • Items For Sale • Decorative Art

and more...

256-5522
infoNHP@aol.com
PO Box 249 Delmar, New York 12054
(Fax) 475-7789

REMODELING

Best Choice
Painting & Remodeling

Drywall & Taping, Wallpapering, Custom
Carpentry & Trim, Windows, Doors,
Kitchens, Baths, Additions & More
15 Yrs. Exp • Free Estimates • Fully Insured
446-6132

"The Original Grady Roofing"

GRADY ROOFING

439-2205

Since 1984
Brian Grady

VISA MasterCard
www.gradyroofing.com

TREE SERVICES

TREE SERVICE

- COMPLETE REMOVAL • TRIMMING
- BRUSH CLEARING • STUMP GRINDING
- GUTTER CLEANING

FREE ESTIMATES FULLY INSURED
OUTDOOR PROFESSIONALS
295-8985

ADVERTISERS: Please note our AT-YOUR-SERVICE Deadline is ...

Thursday at 5 P.M.

Call 439-4940

A Quick & Easy way to...

ADVERTISE

The Business Directory
CALL 439-4940

RECYCLE

Communicate
to
Our Readers

Advertise in the Business Directory

Call Today!
439-4940

Do you want to
advertise with us?
Call:
439-4940

Spotlight Newspapers
Getting the News to You

Picture Your Ad Here

THE BUSINESS DIRECTORY
Call 439-4940

Ring up more \$ales!

When you call us and put our
AT YOUR SERVICE guide ads to work for you!
These little ads can make a **BIG** difference for your business!
Call **439-4940** to place your ad today.

At Your SERVICE

a guide to services for your home

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight
Niskayuna Spotlight • Rotterdam Spotlight • Scotia Glenville Spotlight • Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight • Malta Spotlight

Name: _____

Address: _____

City: _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Amount Enclosed _____ Number of Weeks _____

MasterCard or Visa# _____

Expiration date: _____ Signature: _____

*The Spotlight • Colonie Spotlight • Loudonville Spotlight
Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight
Burnt Hills Spotlight • Malta Spotlight*

Spotlight CLASSIFIEDS

PIANO TUNING & REPAIR

PROFESSIONAL PIANO tuning and repair, Michael T. Lamkin, Registered Piano Technician, Piano Technicians Guild. 427-1903.

SITUATION WANTED

Aide/Companion available for 24 hour care of elderly female. 522-4574.

SPACE FOR RENT

OFFICE/RETAIL 1,000

sq. ft. space in front of Spotlight Building, 125 Adams St. Delmar. 439-0568.

SPECIAL EVENTS

ARE YOU HAVING A SPECIAL EVENT- Let Everybody know about it in the Spotlight Newspapers. DEADLINE is Thursday by 4 PM. Call Juli 439-4940.

TUTORING

ALL SUBJECTS, K-6.

NYS Certified Teacher. Experienced with various levels & abilities. 439-5456.

MATH TUTORING HIGH SCHOOL All Subjects Including SAT Prep. 35 Years Experience. NYS Certified. Also Interested in Albany Academy Students. 439-0610. SAVE THIS NUMBER!

TV SYSTEMS

FREE 4-ROOM DIRECTV SYSTEM IN-

CLUDES STANDARD INSTALLATION! 3 months free HBO - Cinemax. Access to over 225 channels! Limited time offer S&H, restrictions apply. 1-800-208-4645

WANTED

BUYING: All old costume and better jewelry. Call 439-6129.

Motorcycles, Japanese, Harley Davidson, Triumph, BSA, Norton.

1960-2004. Cash paid. Wholesale prices only. (518)461-0294.

WANTED TO BUY Pre-1955 telephones, radios, microphones, television sets, tube amplifiers, cameras, pocket lighters, pre-1960 Comic Books, pre-1920 crocks, jugs, firemen hats, badges, photos, pre-1965 toy cars, trucks, boats, or model boats, gasoline-powered toy cars, any condition, all plastic toys, Pre-1920

photographs, postcards, penny banks, Pre 1950 Fountain Pens, Teddy Bears, Dolls, shaving mugs, straight razors, World War II/American or Nazi items, Civil War swords, pictures, etc.. Any condition, even broken or rusty. Call 745-8897.

WANTED: EARLY NEW YORK STATE CONSERVATION DEPT. MEMORABILIA. 518-765-4963.

WORK WANTED

24 HR A DAY ELDERLY AND HOSPICE CARE. \$240/Day. 756-1595; NYS cert.

INDEPENDENT CAREGIVERS- Private Duty, Hospice, Long-term Insurance Accepted. 24Hr Elder Care. Reasonable. Linda 312-7404. Alice 573-6399.

Employment CLASSIFIEDS

HELP WANTED

ATTENTION STUDENTS. Part-time work, \$14 base-appt, training provided, fun/easy customer sales/service work, set own schedule around classes, ages 18+, conditions apply. 464-0200.

ATTENTION STUDENTS: Immediate openings in customer sales/service, no experience needed, \$14 base-appt, set schedules around class or other job, conditions apply, all ages 18+ considered. 464-0200.

Capital Region Soccer Club requests bids for 2 yr. contract for Fertilization, Pesticide Control and

Aeration (plug method) applications for an approx. 10-acre site on Wemple Rd. in Bethlehem. Submit bids to Bethlehem Soccer Club P.O. Box 305, Delmar, NY 12054 by Jan. 28, 2004.

Capital Region Soccer Club requests bids for 2 yr. contract for Field Maintenance and Mowing Services (excluding Fertilization, Aeration, Pesticide Control) of approx. 10 acre site on Wemple Rd. in Bethlehem, including a Spring and Fall clean-up. Submit bids to Bethlehem Soccer Club P.O. Box 305, Delmar, NY 12054 by Jan. 28, 2004.

EARN MONEY AND HAVE FUN- Pay off Christmas Debts! Become a Home & Garden Party Representative. Get started now! Call Cheryl at 464-4731.

Facials and Skin Care Specialist. Position available for NYS lic. esthetician in small, but growing practice in Greenville, NY (25 mins. South of Albany area). Individual must be self-starter, mature in nature, and highly motivated to build clientele in community based holistic practice. Hours are negotiable, but plan to work days, some evenings and some Saturdays. Room fully

equipped. Rent/Commission to be discussed. Serious inquiries to Barbara Hollis at 518-966-5811.

HHA's, CNA's, PCA's: Home care- daytime. Car required- Solid work history. Apply online or call Interim HealthCare. www.interimhealthcare.com 452-3655.

High-Paying Postal Jobs! No Experience Required! DON'T PAY for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit www.ftc.gov to learn more. A public service message from the SPOT-

LIGHT Newspapers and the Federal Trade Commission.

OFFICE CLERK NEEDED- January through March. Weekday, Flexible Hours. \$8.75/hr. PSIA-E 1-A Lincoln Ave. Albany 12205 stamer@psia-e.org

PAYROLL CLERK (Full Time)- Includes day-to-day clerical functions and data entry for support staff payroll, including but not limited to health insurance, employee contracts, ERS reporting, month-end and year-end reconciliation. Strong payroll and accounting background with a 2-year accounting or business de-

gree preferred, 4 years of payroll experience (preferably in a school district), or a suitable combination of education and experience. Self starter, team player, solid computer background (including but not limited to MS, Excel and MS Word.) Ability to multitask is a must. Please send your resume and cover letter to: Mrs Diane Malecki, Assistant School Business Official, Bethlehem Central School District, 90 Adams Place, Delmar NY 12054, by January 24, 2005.

Driver- COVENANT TRANSPORT. Regional Runs Available. Home Weekly. Excellent Pay & Benefits. Exp. Drivers. O/O, & Students Welcome. Equal Opportunity Employer 888-MORE Pay (888-667-3729)

Earn Up To \$600 WEEKLY Helping the government part-time. No experience. A lot of Opportunities. 1-800-493-3688 Code V95

NOW HIRING 2005 Postal Positions Federal, State & Local. \$14.80/\$48+/hour. No experience necessary. Entry levels - Full benefits. Paid training. Call 1-888-826-2513 ext. 404

SECRET SHOPPERS NEEDED Pose as customers for store evaluations. Local stores, restaurants & theaters. Train-

ing provided. Flexible hours. Email Required Call Now! 1-800-585-9024 ext 6146

\$525.00 WEEKLY INCOME POSSIBLE mailing sales letters. Genuine opportunity to work with our wellness company. Supplies provided. No selling. FT/PT Call 1-708-536-7040 (24 hours)

AMERICA'S AIR FORCE Jobs available in over 150 careers, plus: *Enlistment bonus for certain careers *Up to \$10,000 Student Loan Repayment *Up to 100% tuition assistance *High Tech training. High school grads 17-27 Call 1-800-423-USA or visit AIRFORCE.COM U.S. AIR FORCE CROSS INTO THE BLUE.

AWESOME CAREER \$16-\$39/hr. potential We Guarantee You Will PASS the Postal Exam Or your money back Federal Hire/ full benefits Green Card O.K. Call 1-866-317-0558 Ext. 318 Not Affiliated with USPS

DATA ENTRY - Flexible hours! \$\$\$Great Pay!\$\$\$ Personal Computer required. 1-800-873-0345 ext # 202

HELP WANTED Earn up to \$409 a week assembling CD cases at home. No experience necessary. Start immediately! Call 1-800-811-0347 Ext 556 www.easyswork-greatpay.com

Real Estate CLASSIFIEDS

REAL ESTATE

NO DOWN PAYMENT? PROBLEM CREDIT? Own a New Home without the BIG down payment. If you're motivated w/ \$40K+ income call American Home Partners 1-800-830-2006, visit www.AmericanHomePartners.com

REAL ESTATE FOR RENT

\$1000 DELMAR, plus Utilities. Charming 3 bedroom, 2 bath, 2 Story house on dead-end street. Short term lease. Available approx. Jan. 1. Please call Karin at 1-877-351-8571.

2 BR- Slingerlands. West 1/2 of 2-family house Font Grove Rd. Private entry, LR/DR, kitchen (w/dishwasher), Washer/dryer, hardwood floors, large windows, large bathroom (jacuzzi tub), storage, \$850/month. Call Scott at 439-1405.

DELMAR- 3 BR, 1 BA Quiet Dead End Street. W/D& Fridge included. 2 car garage, finished basement. \$1,095. 518-439-2235.

DELMAR: \$585, 1-bedroom, includes heat/hot water, 2nd floor with deck. Suitable for one person. No pets, nonsmoker. Nice quiet neighborhood... Available immediately, Deposit required. 439-7245.

Single Family House, 2

Bedroom, 1 Bath, excellent condition, immediate occupancy, carpeting, 2 car attached garage, screened porch, private yard, lawn and snow maintenance included. No pets; \$1200+ utilities. 518-439-1871.

HOMES FOR RENT

FORECLOSED GOV'T HOMES \$0 or Low Down! Tax repos and bankruptcies! No Credit O.K. \$0 to Low Down. For listings, 800-501-1777 ext 1099

REAL ESTATE FOR SALE

MUST SEE! 2 BR+ raised ranch. New Scotland Ave. area, near Albany City line, school bus to School 19. Peggy Reagan Realty 463-9230.

HOUSES FOR SALE

FORECLOSED GOV'T HOMES \$0 or Low Down! Tax repos and bankruptcies! No Credit O.K. \$0 to Low Down. For listings, 800-501-1777 ext 1093

GOT LAND? BUILDING HOME(S)? BUILDING SYSTEMS LIQUIDATION Must Sell: Ready-Build Homes Factory Disposal. 4-Brand New Pre-Cut Packages. Easy Assembly. Super-Insulated Panels. Details 1-866-636-9339 SACRIFICE

COMMERCIAL FOR LEASE

DELAWARE PLAZA - DELMAR - Retail space available. For leasing in-

formation call Delaware Plaza Associates at 439-9030.

OFFICE/RETAIL 1,000 sq. ft. space in front of Spotlight Building, 125 Adams St. Delmar. 439-0568.

Professional Office Space for Rent, 212 Delaware Ave., Delmar, \$1200 monthly. Please call 439-9600 (Coldwell Banker Prime Properties, Inc.) for further information and ask for Hazel.

Professional office space for rent: 1000 sq. ft., all new interior & exterior, 8 car parking, excellent location, 420 Kenwood Ave. \$1000/month 439-9033.

LAND FOR SALE

"ADIRONDACK SPORTSMAN'S BARGAIN" 114 acres - \$69,900. Woods, field, lg. pond, adjoins State Land! Town rd, survey, EZ terms! Other lg parcels avail! Call now! 877-926-5263 www.mooseland.com

Lake Altmar Access-5 acres- \$13,900. Lake Pleasant- 35 Acres, 400' Lake, Borders State- \$59,900. Trout Lake- 300' Lake \$39,900. 40 new properties. Financing available. 1-888-683-2626 www.land-first.com

LAND WANTED Serious Cash buyer seeks hunting/recreational acreage 200-2,000 acres in New York State. Brokers protected. For Immediate

response Call 607-563-8870

LAND WANTED

LAND WANTED. Immediate Cash Buyer. Highest prices paid for farmland or woodlands. Vacant, unused property or cutover land acceptable. Highest integrity, references available. All properties considered. Find more information @ www.nyslandwanted.com or call 1-800-229-7843.

VACATION PROPERTIES

ORLANDO AREA PRECONSTRUCTION SINGLE FAMILY HOMES in a Luxury Resort Community - 3 & 4 bedrooms from the \$180's- extensive amenities, close to attractions. Sales (888)-382-0088, www.lakemarion.net

VACATION RENTALS

DISNEY VACATION HOME: 4 bedroom, 3 bath, pool, hot tub, sleeps 10. Available weekly or monthly. In desirable Oak Island Cove, Kissimmee. (518) 383-4984.

FLA CONDO- 2 mi from Disney. 2 BR, 2 BA- sleeps 8. 4/16/05-4/23/05. \$900. 370-1712 after 5pm.

FLORIDA CONDO- Sanibel Island. 2 bedroom, 2 bath; steps to beach. Newly redecorated; pool, tennis. Christmas to 2/5, \$1100/wk; 2/5 - 4/15, \$1400/wk; then

\$600/wk. www.sanibelcondo.biz. Long-term discounts available. 475-9950.

FLORIDA HOUSE- BRADENTON. Lg. 2 BR, Screened pool, garage. Mins. to sandy beaches and golf. Available March. \$3,000. 464-9526.

Great Sacandaga Lake, Private waterfront cottage and dock, Prime location and view, No pets please. \$1200/wk. 518-458-7465.

MARTHA'S VINEYARD- Charming cottage in woods, sleeps five. \$1,000/week. 439-6473. http://home.nycap.rr.com/huckleberrylodge/ "Disney - Closeout Sale...BOOK NOW!!" Hotels-Suites-Condos-Resorts and Homes As low as \$39.00!! Call 1.800.749.4045 ext 605 www.trip2usa.com

OCEAN CITY, MARYLAND. Best selection of affordable rentals. Full/partial weeks. Call for FREE brochure. Open daily. Holiday Real Estate. 1-800-638-2102. Online registration: www.holidayoc.com

OUTER BANKS, NC - Vacation with family in Corolla. Pine Island North - Ocean Sound. Accommodate 8-24 people pools, elevators, golf, pets. Corolla Classic Vacation, brochure, call toll-free 866-453-9660 or corollaclassicvacations.com

Automotive CLASSIFIEDS

AUTOMOBILES

AAA Rated Donation. Donate Your Car, Boat or Real Estate. IRS Deductible. Free Pickup/Tow Any Model/ Condition. Help Underprivileged Children 1-800-939-4543 Outreachcenter.org

MAXIMIZE YOUR DEDUCTIONS UNDER THE NEW TAX LAW. Donate vehicles, boats, real estate, collectables & merchandise. Help teenagers in crisis! Prompt Pickup. D'Var Institute-800-33-TORAH - 800-338-6724/1207.

AUTOMOTIVE FOR SALE

'03 Honda Civic, Black 2-door, 54k miles, new tires, like new. \$11,000. 439-6905.

1991 NISSAN 240SX Fastback Automatic, AM/FM Cassette, no tires included, looks/ runs great, \$1500. 475-9896.

1995 Grand AM, Auto, V6, AM/FM/Cassette, power windows/locks, cruise, good condition, blue, 92k, asking \$2,800. 785-8751.

LEGAL NOTICE

LEGAL NOTICE

CAI Financial LLC, was filed with the SSNY on 11/29/04. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Michael J. Cavalier, CAI Financial LLC, 2815 Townsgate Rd., #215, Westlake Village, CA 91361. Purpose: Any lawful purpose. LCD-10829 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Articles of Organization of Essence of Xpression, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on October 1, 2004, effective upon the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC, 12 Petra Lane, Albany, New York 12205. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC. LCD-10832 (January 19, 2005)

LEGAL NOTICE

TOSCA WOODWORKING, LLC. Notice of formation of the above Limited Liability Company (LLC). Articles of Organization filed with Secretary of State of New York (SSNY) on 11/18/2004. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copies of any process against it to the LLC, 54 Central Ave., Ravena, NY 12143. LLC is member-managed. Purpose: any lawful business. LCD-10835 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY PARTNERSHIP (LLP). The name of the LLP is PHELAN, PHELAN & DANEK, LLP. The Certificate of Registration of the LLP was filed with the NY Secretary of State on November 30, 2004. The purpose of the LLP is to engage in any lawful act or activity. The office of the LLP is to be located in Albany County. The Secretary of State is designated as the agent of the LLP upon whom process against the LLP may be served. The address to which the Secretary of State shall mail a copy of any process against the LLP is 302 Washington Avenue Extension, Albany, New York 12203. LCD-10836 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is FIRST COLUMBIA 1200 NSR, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on November 18, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 26 Century Hill Drive, Latham, New York 12110. LCD-10837 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of PrimeZone LLC. Articles of Org. filed w/ the Secretary of State of NY (SSNY) on 11/3/

LEGAL NOTICE

04. Office in Albany Co. SSNY desig. Agent of LLC upon whom process may be served. SSNY shall mail copy of process to 16 Cavalier Way, Latham, NY 12110. Purpose: any lawful activity. LCD-10838 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is GIBBS COURT ASSOCIATES, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 7, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 302 Washington Avenue Extension, Albany, New York 12203. LCD-10845 (January 19, 2005)

LEGAL NOTICE

Eurofilm LLC was filed with the SSNY on 12/10/04. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: 307 Hamilton Street, Albany, NY 12210. Purpose: any lawful purpose. LCD-10865 (January 19, 2005)

LEGAL NOTICE

WHITEHALL PROPERTIES OF ALBANY, LLC. Notice of formation of a domestic Limited Liability Company (LLC). Articles of Organization filed with the New York Secretary of State on December 18, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 596 New Loudon Road, Latham, New York 12110. LCD-10867 (January 19, 2005)

LEGAL NOTICE

MIG Technologies LLC was filed with the SSNY on 01/15/04. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Vanguard Corporate Services, 307 Hamilton Street, Albany, NY 12210. Purpose: any lawful purpose. LCD-10868 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is Envo Construction, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 13, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 5545 Depot Road, Voorheesville, New York 12186. LCD-10912 (January 19, 2005)

LEGAL NOTICE

MORRIS INFORMATION, LLC

LEGAL NOTICE

1. Notice of formation of Morris Information, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 11/22/2004. Office location: Schenectady County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, c/o 26 Computer Drive West, Albany, New York 12205. The purposes of the LLC is consulting and to engage in any lawful business; incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the LLC; and to carry on any other activities necessary to, in connection with or incidental to the foregoing, as the Members in their discretion may deem desirable. LCD-10927 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is BBL SPORTS, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 16, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 302 Washington Avenue Extension, Albany, New York 12203. LCD-10928 (January 19, 2005)

LEGAL NOTICE

CSS TECHNOLOGIES, LLC. 1. Notice of formation of CSS Technologies, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 02/10/2004. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, c/o 26 Computer Drive West, Albany, New York 12205. The purposes of the LLC is software development and to engage in any lawful business; incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the LLC; and to carry on any other activities necessary to, in connection with or incidental to the foregoing, as the Members in their discretion may deem desirable. LCD-10934 (January 19, 2005)

LEGAL NOTICE

NORTHAMERICAN FINANCIAL STRATEGIES, LLC

1. Notice of formation of North American Financial Strategies, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 02/24/2004. Office location: Saratoga County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, c/o 26 Computer Drive West, Albany, New York 12205. The purposes of the LLC is cost segregation consulting and to engage in any lawful business; incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the LLC; and to carry on any other activities necessary to, in connection with or incidental to the foregoing, as the

LEGAL NOTICE

Members in their discretion may deem desirable. LCD-10935 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Articles of Organization of Alan Lobel Enterprises, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on December 31, 2004, effective January 1, 2005. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC, 301 South Allen Street, Albany, NY 12208. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC. LCD-10936 (January 19, 2005)

LEGAL NOTICE

AMSTERDAM STABLES I, LLC. 1. Notice of formation of Amsterdam Stables I, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 12/16/2004. Office location: Montgomery County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, c/o 26 Computer Drive West, Albany, New York 12205. The purposes of the LLC is horse racing and breeding and to engage in any lawful business; incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the LLC; and to carry on any other activities necessary to, in connection with or incidental to the foregoing, as the Members in their discretion may deem desirable. LCD-10943 (January 19, 2005)

LEGAL NOTICE

AMSTERDAM STABLES II, LLC. 1. Notice of formation of Amsterdam Stables II, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 12/16/2004. Office location: Montgomery County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, c/o 26 Computer Drive West, Albany, New York 12205. The purposes of the LLC is horse racing and breeding and to engage in any lawful business; incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the LLC; and to carry on any other activities necessary to, in connection with or incidental to the foregoing, as the Members in their discretion may deem desirable. LCD-10944 (January 19, 2005)

LEGAL NOTICE

NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY. FIRST: The name of the limited liability company is: TerraNOVA International, LLC. SECOND: The county within this state in which the office of the limited liability company is to be located is: Albany. THIRD: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is: 23 Pinehurst Lane, Slingerlands, New York 12159. FOURTH: The purpose of the Company is to engage in any lawful business acts or activities for which limited liability companies may be formed under law. FIFTH: The Articles of Organization were filed with the Secretary of State on January 5, 2005. LCD-11001 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of The Gilbert Family LLC, Art. of Org. filed Sec'y of State (SSNY) 12/13/04. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process: c/o Patricia G. Keane, 209 Wellman Ave., N. Chelmsford, MA 08103-1360. Purpose: any lawful purpose. LCD-10953 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of D R Property Development, LLC, Art. of Org. filed Sec'y of

LEGAL NOTICE

State (SSNY) 12/16/04. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process: 831 Creek Ct., Slingerlands, NY 12159. Purpose: any lawful purpose. LCD-10954 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is J.T. KARRAT & SONS TRUCKING, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on January 7, 2005. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o Capital District Regional Market, 381 Broadway, Menands, New York 12204. LCD-10975 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Name: Catena Properties, LLC (LLC). Articles of organization filed with sec. of state of NY (SOS) on 12/28/04. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to The LLC, 9 Hartwood Road, Delmar, New York 12054. Purpose: Any lawful business purpose. LCD-10981 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is FIRST COLUMBIA 555 HVA, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on January 7, 2005. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 26 Century Hill Drive, Suite 101, Latham, New York 12110. LCD-10982 (January 19, 2005)

LEGAL NOTICE

NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY. FIRST: The name of the limited liability company is: TerraNOVA International, LLC. SECOND: The county within this state in which the office of the limited liability company is to be located is: Albany. THIRD: The secretary of state is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state to which the secretary of state shall mail a copy of any process against the limited liability company served upon him or her is: 23 Pinehurst Lane, Slingerlands, New York 12159. FOURTH: The purpose of the Company is to engage in any lawful business acts or activities for which limited liability companies may be formed under law. FIFTH: The Articles of Organization were filed with the Secretary of State on January 5, 2005. LCD-11001 (January 19, 2005)

LEGAL NOTICE

"Madison Garden LLC" was filed with the SSNY on 12/17/04. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon them: Vanguard Corporate Services, Ltd., 307 Hamilton Street, Albany, NY 12210. Purpose: any lawful purpose. LCD-11004 (January 19, 2005)

LEGAL NOTICE

NOTICE OF PUBLICATION PURSUANT TO NY LLC LAW SECTION 206. The name of the limited liability company is KCB REALTY, LLC. The date of the filing of the Articles of Organization was 11/08/04. The County in which the office of the LLC is to be located is Albany. The agent of the LLC upon whom process against it may be served is the Secretary of State and such shall mail a copy of any process to: Burke & Casserly, PC, 255 Washington Ave Ext, Albany, NY 12205. The purpose of the Company is to engage in any lawful act or activity for which limited liability companies may be formed under the Limited Liability Company Law. LD-10830 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BRANDLE MEADOWS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/15/04. The latest date of dissolution is 12/31/2104. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 2880 Curry Road, Schenectady, New York 12303. Purpose: For any lawful purpose. LD-10834 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Indirect Consulting Services, LLC. Authority filed with Sec'y of State of N.Y. (SSNY) on 10/20/04. Office location: Albany County. LLC formed in Massachusetts (MA) on 5/14/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. MA address of LLC: 25 Cedar Point, Norwell, MA 02061. Arts. of Org. filed with Commonwealth of Massachusetts, 1 Ashburton Pl., Boston, MA 02109. Purpose: consulting. LD-10839 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of SHF IX, LLC. Authority filed with Sec'y of State of N.Y. (SSNY) on 11/22/04. Office location: Albany County. LLC formed in Delaware (DE) on 10/6/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: c/o Corporation Service Co., 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Sec'y of State, PO Box 898, Dover, DE 19903. Purpose: any lawful activity. LD-10840 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of 715 Park Avenue Associates, L.P. Authority filed with Sec'y of State of N.Y. (SSNY) on 12/1/04. Office location: Albany County. LP formed in New Jersey (NJ) on 11/18/04. SSNY designated as agent of LP upon whom process

LEGAL NOTICE

against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. NJ address of LP: 18 Columbia Tpke., Florham Park, NJ 07932. Name/address of each genl. ptr. available from SSNY. Cert. of LP filed with NY Sec'y of State, 225 West State St., Trenton, NJ 08608. Purpose: any lawful activity. LD-10841 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of 827 PHILLIPS ROAD, LLC. Arts. of Org. filed with Sec'y of State of N.Y. (SSNY) on 12/1/04. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Co., 80 State St., 6th Fl., Albany, NY 12207, registered agent upon whom process may be served. Purpose: any lawful activity. LD-10842 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of I.M.S. International Marketing Services LLC. Arts. of Org. filed with Sec'y of State of N.Y. (SSNY) on 12/2/04 as amended. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services, Inc., registered agent upon whom process may be served. Purpose: any lawful activity. LD-10854 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of First Avenue Licenses, LLC. Authority filed with Sec'y of State of NY (SSNY) on 11/10/04. Office location: Albany County. LLC formed in Delaware (DE) on 11/3/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: c/o First Avenue Networks, Inc., 230 Court Square, Suite 202, Charlottesville, VA 22902. Arts. of Org. filed with DE Sec'y of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: any lawful activities. LD-10856 (January 19, 2005)

LEGAL NOTICE

The limited liability company of University Development LLC was formed on November 12, 2004 by David H. Hayes. The address of the company is 22 Clinton Avenue, Albany, New York 12207 in the County of Albany. The Secretary of State is designated as agent of the company on whom process can be served. LD-10857 (January 19, 2005)

LEGAL NOTICE

NOTICE OF ORGANIZATION OF INDEPENDENT TOWERS, LLC. On December 7, 2004, Independent Towers, LLC (the "LLC") filed Articles of Organization with the New York State Department of State. The office of the LLC is to be located in Albany County. The New York Secretary of State is designated as the agent upon whom process against the LLC may be served. The post office address to which the Secretary of State shall mail a copy of any process against the LLC served upon him or her to the LLC, c/o John S. Stevens, 99 Pine Street, Albany, New York 12207. The LLC is organized for the purpose of real property development and management. LD-10860 (January 19, 2005)

LEGAL NOTICE

LEGAL NOTICE

Notice of Qualification of Centex Construction, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 10/21/04. Office location: Albany County. LLC formed in Delaware (DE) on 9/16/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-10868 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of The ML Private Opportunities Fund, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/10/04. Office location: Albany County. LLC formed in Delaware (DE) on 5/14/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-10869 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Renaissance Hotel Management Company, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/8/2004. Office location: Albany County. LLC formed in Delaware (DE) on 11/10/1999. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The Prentice-Hall Corporation System, Inc., 80 State St., Albany, NY 12207. Principal office of LLC: Dept. 924.13, 10400 Fernwood Rd., Bethesda, MD 20817. Arts. of Org. filed with DE Secy. of State, Lookerman & Federal Sts., Dover, DE 19901. Purpose: any lawful activities. LD-10870 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: PARTRIDGE HILL LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/13/04. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-10872 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HAWTHORNE GARDENS OF GUILDERLAND LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/13/04. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-10873 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: THE WOODLANDS OF LATHAM LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/13/04. Office location: Albany County. SSNY has

LEGAL NOTICE

been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-10874 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: WILLIAMSBURG COURT APARTMENTS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/13/04. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 427 New Karner Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-10875 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of Richmond Riverhead Realty LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/18/2004. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State Street, Albany, NY 12207-2543, registered agent upon whom process may be served. Purpose: any lawful activities. LD-10882 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Nobel Biocare USA, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/2/04. Office location: Albany County. LLC formed in Delaware (DE) on 6/29/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 22715 Savi Ranch Parkway, Yorba Linda, CA 92887. Arts. of Org. filed with DE Secy. of State, John G. Townsend Bldg., 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-10883 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of GROVENDALE LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/16/2004. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 25 Greystone Manor, Lewes, DE 19958. Purpose: any lawful activities. LD-10884 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Sunstone M2 L.L.C. Authority filed with Secy. of State of NY (SSNY) on 11/13/04. Office location: Albany County. LLC formed in Illinois (IL) on 10/11/2000. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 350 N. Orleans, Chicago, IL 60654. Arts. of Org. filed with IL Secy. of State, Howlett Bldg., Rm 329, Springfield, IL 62756. Purpose: any lawful activities. LD-10885 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of RCG-UA Eastchester, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/15/04. Office location: Albany

LEGAL NOTICE

County. LLC formed in Delaware (DE) on 11/15/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: The London Yam Bldg., 590 56th St., West New York, NJ 07093. Arts. of Org. filed with DE Secy. of State, Dover, DE 19901. Purpose: any lawful activities. LD-10896 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Eastchester Heights NYC, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/16/04. Office location: Albany County. LLC formed in Delaware (DE) on 11/15/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: The London Yam Bldg., 590 56th St., West New York, NJ 07093. Arts. of Org. filed with DE Secy. of State, Dover, DE 19901. Purpose: any lawful activities. LD-10897 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC. Articles of Organization for PAUL PERRY KITCHENS, LLC were filed with the Secretary of State of New York on November 23, 2004. Office located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at III Winners Circle, Albany, New York 12205. Purpose: for any lawful activity for which limited liability companies may be formed under the law. LD-10899 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Deerfield Triarc Capital LLC. Authority filed with Secy. of State of NY (SSNY) on 12/17/04. NYS fictitious name: Deerfield Triarc Capital Subsidiary. Office location: Albany County. LLC formed in Delaware (DE) on 12/14/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: 8700 Bryn Mawr Ave., 12th Fl., Chicago, IL 60631. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activities. LD-10908 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Deerfield Triarc TRS Holdings, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/17/04. NYS fictitious name: Deerfield Triarc TRS Holdings Subsidiary. Office location: Albany County. LLC formed in Delaware (DE) on 12/15/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: 8700 Bryn Mawr Ave., 12th Fl., Chicago, IL 60631. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activities. LD-10909 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Chesterfield Hill, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/14/04. Office location: Albany County. LLC formed in Delaware (DE) on 10/12/04. SSNY designated as agent

LEGAL NOTICE

of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Roger G. Halfhide, Esq., Weinstein, Boldt, Halfhide & Camel, 1925 Century Park East, Suite 1050, Los Angeles, CA 90067. Address required to be maintained in home jurisdiction: 3500 South Dupont Highway, Dover, Kent County, DE 19901. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activities. LD-10913 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of Latham Noodles, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/6/2004. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Jennifer Matteo, 2050 Western Ave. #101, Guilford, NY 12084, registered agent upon whom process may be served. Purpose: any lawful activities. LD-10916 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of SORIS LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/14/2004. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 25 Greystone Manor, Lewes, DE 19958. Purpose: any lawful activities. LD-10917 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC. Articles of Organization for NO MAN'S LAND, LLC were filed with the Secretary of State of New York on December 21, 2004. Office located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at 27 Woodlawn Avenue, Albany, New York 12208. Purpose: for any lawful activity for which limited liability companies may be formed under the law. LD-10918 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Boise Packaging & Newsprint, L.L.C. Authority filed with Secy. of State of NY (SSNY) on 9/17/04. Office location: Albany County. LLC formed in Delaware (DE) on 8/9/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Avenue of the Americas, Suite 501, New York, NY 10001. The principal office of the LLC: 9 East Lookerman Street, Suite 1B, Dover, DE 19901. Arts. of Org. filed with Secy. of State, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activities. LD-10920 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of LENDERS PROTECTION, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/2/04. Office location: Albany County. LLC formed in Delaware (DE) on 12/19/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Irvin Hitts, 19 British American Blvd., Latham, NY 12110. Principal office of LLC: 5508 Highway 290 West, Suite 202, Austin, TX 78735. Arts. of Org. filed with DE Secy. of State, Lookerman & Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-10921

LEGAL NOTICE

(January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Regus Management Group, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/21/04. Office location: Albany County. LLC formed in Delaware (DE) on 12/8/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: 15305 Dallas Pkwy., Suite 1400, Addison, TX 75001. Arts. of Org. filed with DE Secy. of State, Federal & Duke of York St., Dover, DE 19901. Purpose: any lawful activities. LD-10922 (January 19, 2005)

LEGAL NOTICE

PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY FIRST: The name of the Limited Liability Company is FOUR CORNERS PHARMACY, LLC (hereinafter referred to as the "Company"). SECOND: The Articles of Organization of the Company were filed with the Secretary of State on December 6, 2004. THIRD: The county within New York State in which the office of the Company is to be located is Albany. FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is: Four Corners Pharmacy, LLC, 340 Delaware Avenue, Delmar, New York 12054. FIFTH: The existence of the Company is to be perpetual. SIXTH: The purpose of the business of the Company is any lawful activity pursuant to Section 203 of the New York Limited Liability Company Law. LD-10923 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of Cairo Prime Site, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/16/2004. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 5 County Route 358, Medusa, NY 12120. Term: until 9/12/104. Purpose: any lawful activities. LD-10924 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of Fashion District Real Estate LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/15/2004. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, #0001 Incorporators LLC, 140 Highway One, Lewes, DE 19958. Purpose: any lawful activities. LD-10929 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of Aspen Provider LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/3/2004. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 25 Greystone Manor, Lewes, DE 19958. Purpose: any lawful activities. LD-10930 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of 40 Scott Ave LLC. Authority filed with Secy. of State of NY (SSNY) on 12/15/04. Office location: Albany County. LLC formed in Delaware (DE) on 12/10/04. SSNY designated

LEGAL NOTICE

as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 25 Greystone Manor, Lewes, DE 19958. Address required to be maintained in home jurisdiction: 25 Greystone Manor, Lewes, DE 19958. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-10931 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of AFP International, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/14/04. Office location: Albany County. LLC formed in California (CA) on 4/22/98. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Henry N. Jannol, 10350 Santa Monica Blvd., Ste 350, Los Angeles, CA 90025. Address required to be maintained in home jurisdiction: 10131 National Blvd., Los Angeles, CA 90034. Arts. of Org. filed with CA Secy. of State, 1500 11th Street, 3rd Fl., Sacramento, CA 95814. Purpose: any lawful activities. LD-10932 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of Benham Constructors, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/28/04. Office location: Albany County. LLC formed in Oklahoma (OK) on 9/2/94. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 9400 North Broadway, Oklahoma City, OK 73114. Arts. of Org. filed with Secy. of State of OK, 101 State Capitol Building, Oklahoma City, OK 73105. Purpose: any lawful activities. LD-10933 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of The Benham Companies, LLC. Authority filed with Secy. of State of NY (SSNY) on 10/13/04. Office location: Albany County. LLC formed in Delaware (DE) on 2/11/70. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 9400 North Broadway, Oklahoma City, OK 73114, Attn: Legal Department. Arts. of Org. filed with Secy. of State of DE, Federal and Duke of York St., Dover, DE 19901. Purpose: any lawful activities. LD-10937 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of limited liability company (LLC). Name: Conway Circle of Performing Arts, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 4/20/04. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to Conway Circle of Performing Arts, LLC, 1283 Rugby Road, Schenectady, New York 12308. LD-10949 (January 19, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC. Articles of Organization for TIA D. OLDS, M.D., LLC were filed with the Secretary of State of New York on December 23, 2004. Office located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Sec-

LEGAL NOTICE

retary of State to the LLC at 24 Riverwalk Way, Cohoes, NY 12047. Purpose: for any lawful activity for which limited liability companies may be formed under the law. LD-10950 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of TRUE NOW, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/3/05. Office location: Albany County. LLC formed in Delaware (DE) on 11/16/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Corps. Dept., Lookerman & Federal Sts., Dover, DE 19901. Purpose: any lawful activities. LD-10964 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of NETPORTATION, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/4/05. Office location: Albany County. LLC formed in Delaware (DE) on 12/15/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Corps. Dept., Lookerman & Federal Sts., Dover, DE 19901. Purpose: any lawful activities. LD-10965 (January 19, 2005)

LEGAL NOTICE

Notice of Formation of J.J. Seymour, L.L.C. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/17/04. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Urban Development Consultants, 4 Saybrook Drive, Bethlehem, NY 12077. Purpose: any lawful act or activity. LD-10966 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of EDGE COLOCATION, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/4/05. Office location: Albany County. LLC formed in Delaware (DE) on 11/29/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Corps. Dept., Lookerman & Federal Sts., Dover, DE 19901. Purpose: any lawful activities. LD-10967 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of CLEAR NETPOINT, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/3/05. Office location: Albany County. LLC formed in Delaware (DE) on 11/16/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Corps. Dept., Lookerman & Federal Sts., Dover, DE 19901. Purpose: any lawful activities. LD-10968 (January 19, 2005)

LEGAL NOTICE

LEGAL NOTICE

Notice of Qualification of NY-CLEC LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 12/24/04. Office location: Albany County, LLC formed in Delaware (DE) on 12/6/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Principal office of LLC: 510 Bering, Ste. 500, Houston, TX 77057. Cert. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: wireless telecommunications infrastructure and related activities. LD-10973 (January 19, 2005)

LEGAL NOTICE

NOTICE OF RECEIPT OF TAX ROLL AND WARRANT TAKE NOTICE, that I, Nancy Mendick, the undersigned Receiver of Taxes and Assessments for the Town of Bethlehem, have received the tax roll and warrant for the collection of taxes and will receive payments thereon Monday through Friday from 8:30 A.M. to 4:30 P.M. and on Saturday, January 29th from 9-noon at the Bethlehem Town Hall, 445 Delaware Avenue, Delmar, New York for the properties assessed upon such roll. NO COLLECTION FEE DURING JANUARY 1% collection fee during February 2% collection fee during March TAKE FURTHER NOTICE, that pursuant to the provisions of law the tax roll of the Town of Bethlehem will be returned to the County of Albany Director of Finance on April 1, 2005. Dated January 1, 2005 Nancy Mendick Town of Bethlehem Receiver of Taxes & Assessments LD-10977 (January 19, 2005)

LEGAL NOTICE

Notice of Qualification of International Paint LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 1/6/05. Office location: Albany County, LLC formed in Delaware (DE) on 1/1/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purposes. LD-10980 (January 19, 2005)

LEGAL NOTICE

TO ALL INTERESTED AGENCIES, GROUPS AND PERSONS: Notice of Finding of No Significant Impact The Town of Bethlehem at 445 Delaware Avenue, Delmar, N.Y. 12054 gives notice that it has been determined that the project described below will not constitute an action significantly affecting the quality of the human environment and accordingly, the Town of Bethlehem has decided not to prepare an Environmental Impact Statement under the National Environmental Policy Act of 1969 (NEPA, 42 USC 4321). The Town of Bethlehem is assuming NEPA environmental review responsibilities for this project from the U.S. Department of Housing and Urban Development (HUD) according to HUD environmental review regulations at 24 CFR Part 58. Program Title: South Albany Water and Sanitary Sewer Improvements Location: Currey Avenue and Scott Boulevard, South Bethlehem, New York.

LEGAL NOTICE

Purpose of Project: To improve the existing water and sewer utilities in a small subdivision involving 24 homes. The proposed utilities will be located within the Town right-of-way. Estimated Cost: \$318,010, funded through the New York State CDBG Small Cities program. The reasons for the decision not to prepare such Statement are as follows: The project is not of sufficient size, scale or mass and does not exceed the threshold criteria established for the environment under NEPA. An Environmental Review Record respecting the abovementioned project has been made by the Town of Bethlehem, which documents the environmental review of the project, and more fully sets forth the reasons why such Statement is not required. This Environmental Review Record is on file and available for public inspection during normal business hours at the following location: Town of Bethlehem Department of Public Works 445 Delaware Avenue, Delmar, N.Y. 12054 No further environmental review of this project is proposed to be conducted, prior to release of funds. The Town of Bethlehem will accept written comments on the substance or procedure of the environmental review until February 4, 2005 at the following address: George Leveille 445 Delaware Avenue, Delmar, N.Y. 12054 All such comments so received will be considered and the Town of Bethlehem will not request the release of Federal funds or take any administrative action on the abovementioned project prior to the expiration of the comment period as indicated above. Note of Intent to Request Release of Funds This notice allows for procedural objections to the New York State Governor's Office for Small Cities (GOSC) and is separate from the findings notice printed above. Town of Bethlehem must certify to GOSC that it has complied with all requirements of HUD environmental review regulations at 24 CFR Part 58, including receipt of public comments, before federal funds can be released for the project described above. Town of Bethlehem will submit a request for release of grant funds and an environmental certification to GOSC on or about February 7, 2005. Town of Bethlehem will undertake the program with CDBG funds from GOSC. Town of Bethlehem is certifying to GOSC that the Town of Bethlehem and Commissioner of Public Works George Leveille, Certifying Officer consent to accept the jurisdiction of the Federal courts if an action is brought to enforce responsibilities in relation to environmental reviews, decision-making, and action; and that these responsibilities have been satisfied. The legal effect of the certification is that upon GOSC's approval, funds may be used for this program, and HUD will have satisfied its responsibilities under the National Environmental Policy Act of 1969 and other related laws and authorities. GOSC will accept an objection to its approval of the release of funds and acceptance of the certification only if it is on one of the following bases: a) that the certification was not in fact executed by the chief executive officer or another officer of applicant approved by HUD; or b) that applicant's environmental review to the RROF for the project omitted a required decision, finding, or step applicable to the project in the environmental

LEGAL NOTICE

review process or c) other specific grounds in HUD regulations at 24 CFR 58.75. An Environmental Review Record is on file at the address below and is available for public examination and copying, upon request, during normal business hours. Town of Bethlehem Department of Public Works 445 Delaware Avenue, Delmar, NY 12054 Objections must be prepared and submitted in accordance with the required procedure (24 CFR Part 58), and may be addressed to: Mr. Glen King, Governor's Office for Small Cities, Agency Building #4 - 6th Floor, Empire State Plaza, Albany, New York 12223. No objection after February 24, 2005 will be considered. George Leveille Certifying Officer January 19, 2005 LD-10984 (January 19, 2005)

LEGAL NOTICE

Public Notice of Hearing The Town of New Scotland Zoning Board Notice is hereby given that the Zoning Board of Town of New Scotland, New York will hold a public hearing pursuant to Chapter 190, Article IX, Section 190-73 E of the Zoning Law on the following proposition: A Public Hearing for Area Variance #330. Variance request #330: Application submitted Jacob and Peter Van Zetten for an area variance to allow for the construction of a 2200 foot cul-de-sac street extension of Great View Terrace. The applicants are proposing to subdivide a parcel owned by them into 12 building lots with the access coming from the requested cul-de-sac extension of Great View Terrace. The parcel, identified as New Scotland tax parcel id # 72-3-40.1, lies within the Residential Agricultural District and is located at the end of Yeomans Road on west side of the CSX tracks. This application is for a variance to Article IV, Section 164-32 of the Town Subdivision Law which requires that cul-de-sac streets permanently designated as such shall not exceed 1000 feet in length and shall furnish access to not more than 24 nor fewer than 6 dwelling units. Said hearing will take place on January 25, 2005 at the New Scotland Town Hall beginning at 7:00 P.M. Ronald Von Ronne Zoning Board of Appeals The Town of New Scotland is an equal opportunity provider and employer LD-10987 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the Rental of Track Excavator for the use of said Town for the year 2005. Bids will be received up to 2:30 p.m. on the 2nd day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10992 (January 19, 2005)

LEGAL NOTICE

The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10990 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Guide Rail for the use of said Town for the year 2005. Bids will be received up to 3:20 p.m. on the 1st day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10991 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Topsoil for the use of said Town for the year 2005. Bids will be received up to 3:10 p.m. on the 1st day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10992 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of In-Place Paving for the use of said Town for the year 2005. Bids will be received up to 3:20 p.m. on the 2nd day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10993 (January 19, 2005)

LEGAL NOTICE

Bids will be received up to 3:20 p.m. on the 2nd day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10993 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Milling for the use of said Town for the Year 2005. Bids will be received up to 3:10 p.m. on the 2nd day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10994 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Washed Crushed Stone for the use of said Town for the Year 2005. Bids will be received up to 2:50 p.m. on the 1st day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10997 (January 19, 2005)

LEGAL NOTICE

the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10995 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Gravel for the use of said Town for the Year 2005. Bids will be received up to 3:00 p.m. on the 1st day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10996 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Heating Oil for the use of said Town for the Year 2005. Bids will be received up to 2:40 p.m. on the 1st day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10997 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Gasoline and Diesel Fuel for the use of said Town for the Year 2005. Bids will be received up to 3:00 p.m. on the 1st day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-11000 (January 19, 2005)

LEGAL NOTICE

2:30 p.m. on the 1st day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10998 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for Utility Repair Crews for the use of said Town for the Year 2005. Bids will be received up to 2:55 p.m. on the 2nd day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-10999 (January 19, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the rental of heavy construction equipment for use by the Highway Department and the Department of Public Works, as and when required. Bids will be received up to 2:40 p.m. on the 2nd day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, 445 Delaware Avenue, Delmar, New York. The Town Board reserves the right to waive any informalities in or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 12, 2005 LD-11000 (January 19, 2005)

Advertise Your Business
- in -
Spotlight Newspapers

Give us a Call at:

439-4949

EPA

(From Page 1)

met with DEC Commissioner Erin Crotty and another DEC official last Wednesday, characterized DEC's role as that of a "watchdog."

DEC spokeswoman Gabrielle Done noted a Community Health and Safety Plan being developed in both communities chosen as hosts for the project for which state agencies, including the DEC and the Department of Health are providing guidance.

"The plan will be released for public review. DEC will monitor the plan's development and provide input along with EPA and

DOH to ensure that both the environment and human health are properly and completely protected," Done said.

Tonight's meeting, scheduled for 6:30 p.m. at the Delmar Reformed Church at 386 Delaware Ave., will consist of an EPA-sponsored presentation of what residents can expect with the project, said EPA Community Involvement Coordinator Leo Rosales.

Construction of the facilities will be a five- or six-month process, Rosales said, with the first dredging set to take place in the summer and fall seasons of 2006. Dredging of the river will not take place during the winter

months.

The presentation should include details about why the 94-acre OG Real Estate site was chosen, pictures of other, ongoing dewatering projects and the ways the site will be monitored to keep noise and odor to a minimum.

"DEC will work to minimize the project's impacts on the environment and human health, striving to consistently achieve levels below the set standards," Done said, noting quality of life standards EPA established in June 2004, which DEC helped formulate.

Residents will also be able to ask questions.

Last week, Fort Edward residents had a similar presentation.

"We had a good turnout, about 85 people," Rosales said. "They asked good questions, mostly about what's next for their community, the schedule for construction of the facilities, concerns about noise and air emissions."

Rosales said they were all issues he had expected to hear.

About 3,500 residents, mostly within a couple mile radius of the site, which is south of the Port of Albany, received mailings after the site was chosen and then again a couple of weeks ago, alerting them to the meeting.

Some details are still sketchy, Rosales said, noting that the determination of whether Bethlehem's site gets a full dewatering facility hinges upon information that GE will provide.

"We don't know at this point (whether Bethlehem will have a dewatering facility). GE is looking at travel routes and disposal locations," Rosales said. "When they determine what's at that site and decide what route to take, we'll know whether OG will be a full dewatering site."

As more information emerges, Egan said, a subsequent town meeting will probably happen, possibly with representatives from DEC and/or the governor's office in attendance. DEC representatives will likely be at tonight's public meeting, Done said.

English tutors needed

Nearly 20 percent of the adult population in Albany and Schenectady counties are reading at or below a fifth-grade reading level.

Literacy Volunteers Mohawk Hudson serve the two counties are always looking for adult volunteers. The organization serves about 500 people out of an estimated 60,000 whose reading, writing and speaking skills are not where they should be.

Volunteers are needed for two programs: one that serves English-speaking adults with poor reading skills and another to non-English-speaking adults who are interested in improving their knowledge of and skills in the language.

Volunteers are typically asked to commit to at least one year of tutoring; about one to two hours a week after completing a 15-hour training course. Tutors are matched up with students in a geographically convenient fashion.

To volunteer, call the organization's executive director, Bob Stevens at 452-3382. The office is located at 1510 Central Ave. in Albany. For information, contact Stevens via e-mail at Rstevens@LVAMohawkHudson.org.

"Where your dream kitchen becomes reality..."

- ♦ Your local source for quality built to order Cabinetry, Countertops and more.
- ♦ Personalized layouts and designs by experienced professional kitchen and bath designers.
- ♦ Installations performed by highly skilled craftsmen.

CREATIVE KITCHENS OF GLENMONT, LTD.

NKBA The National Kitchen & Bath Association

Visit our beautiful showroom located in Glenmont Plaza, corner of Rt. 9W and Feura Bush Rd.

432-1320

www.creativekitchensofglenmont.com

Come see us at the Home Show on Feb. 4-6 at Pepsi Arena



SimplyFree Checking makes you feel warm and fuzzy.

(In more ways than one.)

Get a FREE L.L.Bean® fleece blanket¹ from Evergreen Bank.

SimplyFree Checking offers everything you need, with no catches. And when you get a free VISA® Debit Card,² we'll give you a free L.L.Bean fleece blanket. It's just another way Banknorth goes above and beyond. **Go to EvergreenNY.com, visit your local branch or call 800 211-1979 x101. Hurry, offer ends March 31.**

SimplyFree Checking

- No direct deposit requirement or monthly maintenance fee
- Starts free and stays free
- FREE Online Banking with FREE online check images



L.L.Bean fleece blanket

 **Evergreen Bank**

Above and Beyond®

A division of Banknorth, N.A.

BANKING | INSURANCE | INVESTMENTS | MORTGAGES | SMALL BUSINESS SERVICES